

Reston CONNECTION

Vinita Rhodes with children, Sonny, 7, Sabina, 4, (standing) and Shyla, 2 1/2, were able to meet their husband and father, Lt. Col. Lewis Rhodes, of Reston, at the gate on Feb. 13. Rhodes was returning home from a 7-month deployment to Afghanistan.

Reston Marine Comes Home

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Telling Tales Of the Rail

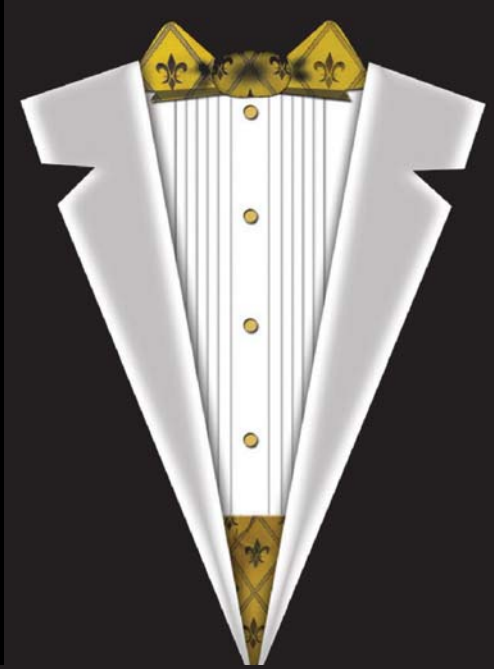
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Vinita and Lewis Rhodes with their children, Sabina (on left), Sonny, and Shyla at their home in reston. Cub Scout Pack 913 ordered the blue banner that adorned the family lawn when Lewis returned home. Other neighbors and friends also made lawn signs, welcoming Lewis home.

PHOTOS BY
AMIEE FREEMAN/
THE CONNECTION



Reston Marine Comes Home

Community support eases burden of local marine family.

BY AMIEE FREEMAN
THE CONNECTION

The Rhodes family of Reston received the best Valentine's gift. Lt. Col. Lewis Rhodes returned home safely from seven months' deployment in Afghanistan on Monday, Feb. 13. Vinita Rhodes said that the support she received from her friends and neighbors and the strength she gained from her children helped her and her family get through her husband's deployment.

Lewis Rhodes is a Marine Corps Reservist in the 4th Civil Affairs Group based at Anacostia Naval Base in Washington, D.C. His unit deployed to Forward Operating Base Delaram in Helmand Province in August. As is the case with Marines, Rhodes had the choice of a one-year deployment with two weeks of home leave or a deployment of seven months. Wanting to complete his deployment quickly and return to his family without the disruption of home leave, Rhodes chose the 7-month deployment. As a result, when his family, Vinita and their three children, Sonny, 7, Sabina, 4 and Shyla, 2 1/2, said good-bye to him Aug. 1, they knew they would not see him until February.

This was Lewis' fifth deployment, but his first with children. Prior to joining the Reserves, Rhodes, a 1994 U.S. Naval Academy graduate, spent seven years in active duty. He left active duty in September 2001. While working toward his law degree at Georgetown Law, he was deployed to Iraq in 2003 with the 1st Marine Division.

Prior to this deployment, Lewis explained to his children what he was doing.

"Sonny was old enough to understand. I told him I was going to help people and to make our country safe. Sabina just knew I was going. Shyla was barely talking when I left," said Lewis.

Despite this talk, the children had difficulties with

their father's absence. They had trouble sleeping at night and had night terrors. As Lewis left in August, the children still had a month of summer vacation, then the start of school and all the ensuing holidays and events that occur between August and February. Vinita suddenly became a single mom to three busy, but somewhat anxious children. In addition, the day his unit left Ft. Bragg for Afghanistan, Vinita found out that she was pregnant.

"Being pregnant was the hardest thing," said Vinita. "Three kids I can handle; pregnancy was a challenge. I'm an educational psychologist, I thought I knew how kids would react to this, but his being gone was very hard for them. Not sleeping well at night and night terrors, but they are very resilient. Sonny was remarkable. During the first trimester, he really stepped up and helped out around the house and with his sisters. It's amazing to see them handle it. I gained all my strength from my children. We actually thrived. We can do this. We also had a lot of support."

Lewis said that having to deploy as a reservist is harder than deploying as an active duty service member.

"No one will take care of a Marine family like another Marine family. The closest family from my unit lives in Pennsylvania. It is much harder for a reservist to leave his or her family, not knowing if anyone is going to help take care of them," said Lewis. "That being said, our neighbors and friends really came through for us and helped Vinita and the kids so much."

Neighbors and friends from school and church came forward to set up play dates, shuttle the children to their various after school activities, to provide meals and to babysit. Janice Spillan, a mother to a friend of Sonny, offered to drive Sonny to Cub Scouts.

"I knew Cub Scouts was something Vinita probably would not be able to do. With Cub Scouts, you can't go back and get a badge that you missed. There would be a hole there, and it would be a reminder of the time his dad was gone. I wanted to lessen the blow of his dad being gone and also in our way thank his dad for his service. It was what I could do to



Lewis Rhodes with two of his three children, Sonny and Shyla.

SEE HOMECOMING, PAGE 7



PHOTO BY ALEX MCVEIGH/THE CONNECTION

From left, Ron Beavers and Paul McCray tell the story of the Washington and Old Dominion Railroad at the Reston Community Center Lake Anne Thursday, Feb. 23.

Telling Tales of the Rail

Historic Trusts hosts program on railroad history.

BY ALEX MCVEIGH
THE CONNECTION

The Reston Historic Trust presented the story of the Alexandria Loudoun and Hampshire Railroad, which later became the Washington and Old Dominion Railroad at the Reston Community Center Lake Anne Thursday, Feb. 23. Local historians Ron Beavers and Paul McCray told the story of the line, which began in Alexandria in 1847.

The story of the railroad began in 1846, when 31 acres of what was then Washington, D.C. was the subject of retrocession and returned to Virginia. The Virginia General Assembly approved the retrocession in February 1846, and congress approved it in July.

Virginia formally accepted the retrocession on March 3, 1847, and 17 days later, the General Assembly approved the charter of the Alexandria and Harper's Ferry Railroad Company.

"Had Alexandria City stayed as part of the District of Columbia, to get a rail line going in Alexandria would have required Virginia, the District of Columbia and the Federal Government all to concur, which wasn't likely to happen," Beavers said. "Once it went back to Virginia, they were able to put that rail line in."

IN MARCH 1853, the railroad re-chartered as the Alexandria Loudoun and Hampshire Railroad, running from Alexandria to Leesburg to Hampshire

County, located in western Virginia.

By 1859, three engines were delivered, and by 1860 there was service to Vienna and Farmwell (now known as Ashburn). But in May 1861 Virginia voted to secede from the Union and the day after the vote, the Federal Army occupied Alexandria and confiscated an engine and eight miles of track.

As the Confederate Army fled the area, they destroyed the line west of Vienna and most of the railcars.

Beavers presented copies of correspondence from Confederate Gen. Robert E. Lee from May 1861, when he ordered one of his generals to destroy all bridges of the railroad "as far down towards Alexandria as possible."

Lee's concern was evident by another letter written the next month, when he expressed his hope to one of his colonels that the rail had been destroyed.

McCray took over to tell the story of the railroad after the Civil War.

"The railroad was mainstream in Northern Virginia for a long time, many of the communities that grew up around the railroad are ones that are still around," he said. "Dunn Loring, Vienna, Ashburn, Sterling, that's where people wanted to be because they could ride the railroad to work, they could get their farm products to the market quicker."

He talked about how Fairfax and Loudoun Counties became

SEE HISTORY, PAGE 13

THE COUNTY LINE

Former Virginia Gov. Tim Kaine, who is campaigning for the U.S. Senate seat vacated by Democrat Jim Webb, visited Multivision in Fairfax on Thursday, Feb. 23. He spoke with students and staff, and said he was motivated to visit the workforce development company after meeting founder and president Srikanth Ramachandran (right) last fall.



PHOTOS BY VICTORIA ROSS/THE CONNECTION

Kaine Touts 'Talent Economy'

In bid for U.S. Senate seat, Kaine holds economic roundtables.

BY VICTORIA ROSS
THE CONNECTION

During a campaign stop at a Fairfax workforce development company on Thursday, former Virginia Gov. Tim Kaine (D) emphasized the need to foster a "talent economy" that will reboot America's drive to the top of the economic ladder.

Kaine spoke to about 50 staff and students at Multivision, Inc., an information technology (IT) consulting company, about giving American workers opportunities to acquire 21st century technical skills to keep pace with the evolving demands of global employers.

"I really believe - big-picture, national-policy now - that America will be stronger if we win the talent war, and we will have problems if we lose the talent war, to put it bluntly," Kaine said.

THE VISIT was one of several economic roundtables Kaine has been holding across the state in his bid to fill the seat vacated by Democratic U.S. Sen. Jim Webb. Kaine is being challenged by former Republican Governor George Allen.

Kaine said his focus on "talent issues," means three things: ensuring that education systems are world class from pre-K to higher-education; providing opportunities for retraining and workforce development; and an immigration system that allows the best and brightest to come to America to create jobs and contribute to the economy.

"For many years our country was number one in the world in percentage of our adult population getting some kind of degree after high school, but today we're 16th and we're slipping," he said.

Kaine told the group that Multivision caught his attention last fall when he met founder and president Srikanth Ramachandran, who came to America 14 years ago from India to pursue the "American Dream." Kaine said he was impressed that, since 2009, Multivision has provided training and job coaching that resulted in jobs for more than 45 unemployed Americans.

"What you're doing here at Multivision is a wonderful bridge for people who have the talent and desire, but not always the sufficient skills to be successful," Kaine said, adding that bridging the gap requires a scaled-up partnership between business, government and educational institutions.

Now a U.S. citizen, Ramachandran said he started



Former Virginia Gov. Tim Kaine, who is campaigning for the U.S. Senate seat vacated by Democrat Jim Webb, visited Multivision, Inc. in Fairfax on Thursday, Feb. 23. He spoke with student Charles Snow about the need to build a "talent economy."

the Fairfax-based Multivision in 2002; by 2007, the company employed 200 people and netted \$32 million a year. But when the economy started to sputter in late 2008, Multivision struggled to find veteran talent in the rapidly evolving IT industry.

"We were astounded to find out how many unemployed did not have skills in the latest technologies. There was a huge gap between their skills and the required skills," Ramachandran said. "There was clearly a need to retrain workers in the latest technologies."

The company tackles unemployment by providing free, full-time IT programming to unemployed and underemployed during an intense 8-week, 40-hour program that Ramachandran described as "much like a boot camp."

"We provide training across different age-groups and ethnicity. About 40 percent of our students are above 50...The success of our training model depends on constant retraining," he said.

Ramachandran said it was "a pleasant surprise to talk to politician who is totally in touch with reality. I was impressed by his humility, intellect and clear understanding of the unemployed."

Kaine said one of the most common stories he hears in his travels across the Commonwealth is from unemployed workers who have a degree but not the advanced technology skills to find a job.

KAINE DESCRIBED a recent visit to a Kraft Foods plant in Winchester, where he talked to a manager who said he had five jobs available but could not find someone with the right skills to hire.

"There are a lot of companies that have manufacturing jobs and want to hire. I hear from people who say they know how to work the machines, but com

SEE Kaine, PAGE 11



PHOTO: CONTRIBUTED

Michael Artson, chief planner with the County's Neighborhood and Community Services (NCS) Department, shows his appreciation for the record amount of donations when the bus was parked at the McLean Giant.

The Bus Was Stuffed

Local food pantries receive record donations from 2nd annual Stuff the Bus campaign.

BY VICTORIA ROSS
THE CONNECTION

Fairfax County's second annual Stuff the Bus campaign roared to the finish line last week, collecting more than 25,604 pounds of food and \$3,483 - a 26 percent increase in food, and a 236 percent increase in cash over 2011 totals.

All donations went directly to local nonprofit organizations that help feed needy families and individuals in the Fairfax-Falls Church Community.

"The residents of Fairfax and our partners, like MV Transportation and Frank & Co., have really come out in support of the food pantries this year," said Michael Artson, chief planner

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FOOD TOTALS FOR

STUFF THE BUS CAMPAIGN

JANUARY 16

Mount Vernon Plaza Shoppers Food Warehouse
7660 Richmond Highway, Alexandria
1,320 pounds of food was collected and donated to United Community Ministries.

JANUARY 21

Vienna Giant
359 Maple Avenue East, Vienna
1,198 pounds of food was collected and donated to Committee for Helping Others.
Village Center at Dulles Shoppers Food Warehouse
2425 Centreville Road, Herndon
1,907 pounds of food was collected and donated to Reston Interfaith.

JANUARY 28

Fox Mill Giant
2551 John Milton Drive, Herndon
1,746 pounds of food was collected and donated to Helping Hungry Kids.
Lorton Giant
8941 Ox Road, Lorton
2,158 pounds of food was collected and donated to Lorton Community Action Center.

FEBRUARY 4

McLean Giant
1454 Chain Bridge Road, McLean
6,221 pounds of food was collected and donated to Share, Inc.
Clifton Giant
5740 Union Mill Road, Clifton
3,487 pounds of food was collected and donated to Western Fairfax Christian Ministries.

FEBRUARY 11

Fair City Mall Shoppers Food Warehouse
9622 Main Street, Fairfax
2,708 pounds of food was collected and donated to Food for Others.
Kingstowne Giant
5870 Kingstowne Blvd., Alexandria
1,574 pounds of food was collected and donated to Koinonia Foundation.

FEBRUARY 18

Fair City Mall Shoppers Food Warehouse
9622 Main Street, Fairfax
2,009 pounds of food was collected and donated to Our Daily Bread.
Seven Corners Center Shoppers Food Warehouse
6360 Seven Corners Center, Falls Church
1,274 pounds of food was collected and donated to Falls Church Community Service Council.

COMMENTARY

A Budget Divide

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

Work on a budget for the FY 2013-2014 biennium occupied most of the General Assembly's time this past week. Two budgets – one to complete FY 2012 and another for the FY 2013-2014 biennium – were proposed by the Governor and were introduced on his behalf in both houses of the legislature. The bill for FY 2012 is essentially a reconciliation of actual and projected revenues with a cash revenue exceeding projections by over \$600 million. This amount will be carried forward to the next biennium. As I have stated before, it is a mistake to call the amount "surplus" as many drastic cuts had been made to programs to ensure that the budget was balanced without a deficit.

Since the beginning of the session, members of the House Appropriations and Senate Finance Committees have been going over the Governor's proposals independently of each other. Last week both committees reported their revisions to the Governor's budget based on policy differences with the Governor and their own assumptions on all aspects of spending. The Governor's budget proposal effectively goes away as the revisions adopted by the two committees are before the legislature.

While both committees start at the same point with the governor's proposal, their versions are very different. As soon as both houses adopt their versions and reject the other house's budget, a conference



committee of about 10-12 legislators is appointed to come up with a budget acceptable to both houses of the legislature and the Governor, who must sign it.

The budgets of the two houses differ markedly in the amounts provided for education and safety net funding and the way transportation is to be funded. Clearly there is not enough money to go

around to meet all the needs that have been identified. Some members' votes on the final conference committee report reflect the view that monies have been dispersed among needs about as effectively as can be within the revenue limitations we have. Others including myself may vote against the budget because it leaves too many needs unmet.

Action on the budget in the Senate took place just before I filed this column. An expected 20-20 tie resulted with the Lieutenant Governor not authorized constitutionally to cast a tie-breaking vote. Negotiations to approve the budget may well include some compromise on the reorganization and power-sharing in the body. That process could extend past the planned date for adjournment of the session.

The details of the conference committee will not be known until the issues in the Senate are resolved, but it is clear that the adopted budget will leave many programs underfunded and many needs unmet. Some of the unmet needs will be felt by everyone as there will be little relief for traffic congestion and the safety net for our most vulnerable citizens will have some really big holes in it.

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State Shirks Transportation Responsibility

BY SHARON BULOVA
CHAIRMAN OF THE BOARD
AND JEFF MCKAY

LEE DISTRICT SUPERVISOR AND TRANSPORTATION COMMITTEE CHAIRMAN

COMMENTARY

Maybe we should rename our County The Bank of Last Resort. At our Board of Supervisors retreat in early February, board members and staff discussed the tools available to local government to narrow the chasm between growing needs and shrinking resources. As the state and federal governments continue to slash programs and funds to localities, the needs in areas like human services, education, public safety, and transportation continue to grow.

Fairfax County is at ground zero in all these areas. We're home to a growing population of seniors in need of basic services; our top notch schools are growing fast; and our first responders keep our community safe despite being asked to do more with less.

The current debate over transportation responsibilities is instructive. The Commonwealth of Virginia has primary transportation responsibilities that go back to the years of the Great Depression when the state took on all public road maintenance and construction for all counties except for Arlington and Henrico. In recent years, we've seen the fraying of this traditional responsibility and core function of state government as the state's failure to act has left many of our most well-traveled roads in deplorable condition. Saying, "Can't afford it anymore, it's your problem" seems to be the General Assembly's solution. That's not reasonable and it's certainly not responsible governance.

The current proposals in the General Assembly are either devolution-lite or the camel's nose under the tent. Either way, they amount to an abdication of the state's moral and legal responsibility to maintain our roads. Any effort by the state that does not result in a long-term dedicated revenue stream is a decision

to sidestep our transportation challenges. Fairfax County should not be forced to choose between its citizens' important needs simply because the state government is looking to take the easy way out. And keep in mind — as Fairfax County's fortunes go, so goes the Commonwealth. Our economic vitality supports and funds the rest of the state. A crumbling transportation infrastructure here will ultimately show up on the wrong side of the ledger downstate.

As elected leaders, we have the responsibility to listen and respond to the needs of our constituents. Time after time we hear that transportation is one of our residents' top concerns and key to our economic fortunes. Fairfax County has a creative and solutions-oriented local government. We believe that our transportation problems can be solved. Identifying a dedicated transportation revenue stream is the first and most important step in finding that solution and we ask that the Governor and the General Assembly meet their responsibility and identify that stream.

LETTERS TO THE EDITOR

Wolf's Crusade Article

To the Editor:

Alex McVeigh's article on Rep. Wolf's book "Prisoner of Conscience" ["Wolf's Crusade," Connection, February 15-21, 2012] is very much worth acknowledging as his constituents and other constituents of neighboring districts are not well informed about Rep. Wolf's commitment to this issue of global human rights. I have lived here in Northern Virginia for 30 years and that is how long Rep. Wolf has been in Congress representing the 10th district. It is also parallel to my 30 years of citizen activism and being a responsible citizen. Through the years I have lived in Arlington, Oakton and Reston. Rep. Wolf has been my congressman for many of those years. Due to boundary changes etc, I am not in the 10th District now. Our citizen advocacy organization has worked closely with Rep. Wolf over these 30 years. We recall his life changing visit to Ethiopia and how we were very proud of him. He has supported programs of UNICEF and Child Survival funding that really make a difference.

In 1984, in the "State of the World's Children Report" published annually by UNICEF, the number of child deaths (preventable) was 40,000 daily. In these past 30 years the number currently according to UNICEF is down to 24,000 daily. That is still a scandalous number but also shows progress in fighting human rights violations of hunger and disease that is preventable. Rep. Wolf says in your article that back in the '80s

there was more bipartisan support for human rights in Congress than he sees now. Isn't that shameful that "partisan politics" negates the commitment we all have to such fundamental rights.

Len Chorazy
RESULTS Coordinator, Virginia
Reston

Equal Human Rights for All

To the Editor:

The most recent edition of The Connection [Feb 15-21, 2012], included an article about Rep. Frank Wolf's humanitarian crusade, and highlighted a book he has written about his experiences. Rep. Wolf's work is exemplary, and worthy of our praise. However, it behooves me to point out a glaring void in Mr. Wolf's work: as strong an advocate for human rights as Mr. Wolf has been, he has been an equally staunch opponent of equal human rights for gays and lesbians here in this country.

The Connection article ends with a quote from Rep. Wolf:

"The Declaration of Independence says all men are created equal, and have a right to life, liberty and the pursuit of happiness," he said. "I think when we advocate and speak out, it really can make a tremendous difference to people all over the world, as we would want someone to do if we were in the same situation."

I would say to Rep. Wolf, we ARE in the same situation. A large group of Americans, who are expected to pay taxes and adhere to

the laws of this land, are consistently being denied the most basic privileges and protections of those laws. The Declaration of Independence says "all" men, not just those that you prefer. I urge Rep. Wolf to consider his own words, and follow the course that he himself advocates for other countries. Be a true humanitarian, Rep. Wolf, not a selective one.

Sarah O'Neil
Great Falls

The Contraceptive Controversy

To the Editor:

The federal rule requiring that large employers cover contraceptive services prompted an outcry. Arguing in the name of religious liberty, religious leaders argued that the requirement violates their First Amendment rights. This argument is misguided for a number of reasons. Contraceptives play an important role in women's health and religious liberty does not extend that far.

Religious liberty does not allow religious groups the freedom not to follow rules or laws that have compelling benefits to society. For example, religious liberty did not exempt religious groups from laws that ban the practice of polygamy (*Reynolds v. US*, 1878) and did not allow Native Americans who used peyote in religious ceremonies to be exempt from employment rules against drug use (*Employment Division of Oregon v. Smith*, 1990).

Conservatives argue that religious groups that object to contra-

ceptives should not be required to pay for it. This argument is also misguided. We are all required to pay taxes and in turn inadvertently support policies we don't agree with. Co-pays act as a deterrent for the insured — especially the low income. Inability to pay for contraceptives could result in a range of detrimental health consequences and choices that are more objectionable than contraceptives.

The Obama administration compromised when the first version of the rule caused controversy. The new version requires that insurers not charge more for plans that cover contraceptives, to avoid requiring direct payment by a religious institution of coverage they find objectionable. While this was welcomed by the insurance industry, it was called an "accounting gimmick" by those who continue to rally against required contraceptive coverage. Religious leaders are still free to preach against contraceptive use. Since insurers and doctors are providing the service, not religious leaders, there is no interference with religious liberty. Religious women are also free to refuse the service for any reason. However, since large employers employ women from a range of faiths contraceptives should be a covered benefit.

Title VI of the Civil Rights Act prohibits sex discrimination. Since contraceptives are exclusive to women it is inarguable that this is a women's issue. To prevent these medicines from being as readily available as any man's medicine violates our nation's anti discrimination laws.

Rebecca Small
Herndon

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NEWS

Homecoming

FROM PAGE 3

thank Lewis and help Vinita, and it was an honor and pleasure," said Spillan.

"Vinita is so hilarious," said Alison Malzhan, another friend's mother. "All we did was have Sonny over a few times and bring her some meals. It wasn't very much. It was her family that was helping ours. It was her husband who was gone for seven months in Afghanistan, keeping our country safe. It should be us thanking them."

Vinita also received support from Shyla's preschool teacher, Ginger O'Rourke, who is a military wife herself.

"I shared many at-home deployment strategies with Vinita, like making paper chains to count-down the days, books about Daddy with pictures of fun things they've done together, calendars, Daddy pillows made from t-shirts," said O'Rourke. "Luckily for Vinita, there are now things like Skype and email, not to mention more opportunities to call. When my husband was deployed, those things weren't around. I do know that having a husband deployed in the Washington, D.C. area is exceptionally challenging when it comes to support or having people around who know what you are going through. The area is so large, and you don't have the support of a post or base. Your neighbor isn't military, your friends aren't military. It's very hard. I think Vinita has reached out in such a positive way and found the support she needed exceptionally well," O'Rourke said.

SINCE RETURNING HOME, Lewis is trying to return to his routines while at the same time share some of his experiences by visiting his children's schools. He visited Sabina's preschool and moved his picture from Afghanistan back to Virginia. He visited Sonny's class at Fox Mill and talked about his experiences.

Lewis said this deployment is not something he would want to do again, but is proud of the transformation he has seen in his children and the help they received from the community.

"The kids' transformation has been tremendous, and the support we received from the community was exceptional. There's nothing like a deployment to know who your friends are," said Lewis.

"I am truly humbled by the support we received from our community. I can't thank them enough," said Vinita.

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NEWS

History Through Advertisements

Jay Paull runs website featuring thousands of vintage ads.

By ALEX McVEIGH
THE CONNECTION

Jay Paull's love of advertisements is practically genetic. His great-grandfather was an early publisher in West Virginia, and his daughter (Paull's grandmother) started to collect those early publications. They've been passed down from generation to generation, with each one adding more advertisements to the collection.

As a child, Paull, who lives in Reston, would collect ads, even writing companies to ask them for prints. Now 42, Paull has a collection of almost 10,000 ads from around the mid 1800s to 1923 that he's decided to share with the world.

Last September he launched a website featuring scanned advertisements, and he already has more than 2,900 on the site.

"I've always loved the collection, but I never really did anything with them," he said. "I thought about a website because most sites with these types of ads are trying to sell them, and they're not large collections and once they're sold, they're gone. I wanted my site to be more of a representation of how people lived through advertising back then."

Paull designed the site and hired a programmer, says the ads on his site are just for people to look at, he's not interested in selling, just sharing his collection.

"I've gotten attention from all around the world, whether a Spanish daily newspaper of bloggers in the Netherlands, it's just fascin-

ating to think of people all over the world who are interested in old American print ads," he said.

Paull's collection is divided into 36 different categories, such as communication, food, home products, tableware and more. He says one of the more interesting categories is the carriage and automobile one.

"In the mid-1800s you saw a lot of carriage ads, but by 1910 the automobile was coming into its own, and that's reflected in the ads," he said. "You can see the evolution of the product, from its early beginnings to claims made about a certain automobile's superior power or structure."

ONE AD FROM 1900 features the Automobile Company of America's Gasmobile, "the finest gasoline touring carriage in America," available then for \$1,600.

Another trend Paull noticed was in the clothing ads.

"In the mid to late 1800s, the ads were for tailors, or for places to get clothes tailor-made," he said. "But around 1910-1915, the ads started coming out for ready to wear, pre-made clothing, and it's fascinating to watch the definite progression."

An 1834 ad for Arnett Tailoring speaks to the company's "arrangement to receive the latest fashions from the Eastern cities."

Paull says he also enjoys many of the medicinal advertisements, which are clearly outdated in their claims.

"There are ads that make a lot of outlandish claims, which I think probably led to more regulation of

the industry," he said. "There is one for a pipe company that describes how the pipe itself siphons off the nicotine from the tobacco before it reaches the smoker. I don't think that would even make it out of the room today. There's also a lot of remedies, like beef juice, which the ad claims will cure almost any ailment under the sun."

While many products in Paull's collection don't exist any more, equally interesting are the ones that still permeate our advertising culture. Kellogg's, Coca Cola, American Express Traveler's Cheques and Quaker Oats are all present in his collection.

Many of Paull's advertisements, especially the early ones, are hand drawn by famous artists such as Joseph Leyendecker and Edward Penfield. Leyendecker painted more than 400 magazine covers between 1896 and 1950, including 322 for the Saturday Evening Post. Penfield is considered the father of the American poster and a major figure in the history of graphic design.

Paull says the process of scanning in several ads at a time over many months has taught him many nuances of advertisements.

"A lot of the older ads would include the name and logo of the ad agency right in the advertisement, which would not happen today," he said. "It's almost like these agencies were creating a brand of their own."

WITH ALMOST 3,000 ADS on his site, Paull says he has plenty more in his collection to go over the coming years. Since the site isn't his full-time job, he scans a few ads at a time when he has time, often researching the company or product.

"I'd like to keep expanding as

Kisses are Sweetest

when taken from mouths that know delicious

Arnica Tooth Soap

Preserves and whitens the teeth, strengthens the gums, sweetens the breath. Is antiseptic, cooling, refreshing.

The standard dentifrice for 30 years. 25c at all druggists or by mail.

C. H. STRONG & CO., CHICAGO, U. S. A.

An 1899 advertisement for tooth soap, one of thousands in Reston resident Jay Paull's collection.

long as I possibly can, and at the rate I'm going, I have years worth of ads," he said. "I'm hesitant to take any other ads than what I have in my collection, because I have mine in hard copy and can verify when and where it came from, I think anything else would just dilute the quality of the site."

Paull's library can be found at [www.jaypaull.com](#) and on Facebook and Twitter.

PHOTOS COURTESY OF JAYPAULL.COM

See the

Jamestown Exposition

from

Newport News, Va.

Nearest City to Exposition Grounds.

RIGHT in sight of the exposition grounds with splendid view of the great naval displays and nightly illuminations. A delightful resting place after the day's sightseeing.

Newport News is directly across the famous, historical Hampton Roads from the Exposition, and is quickly reached by steamers, which give one in crossing a fine, refreshing little trip in and out among the mighty battleships of the world's navies.

To get the very most out of your trip—to combine the delights of the great Exposition with the pleasure, comfort, health and reasonable rates of one of the most attractive resorts on the Atlantic seaboard—you must stop in Newport News.

Ten miles of water front. Finest harbor in the world. Eighteen regular steamship lines. Electric and steam railroads make transportation facilities perfect.

Before making plans send a card asking for specific information to Secretary, Chamber of Commerce, Newport News, Va.

This ad from the Jamestown Exposition in 1907 is one of thousands in Reston resident Jay Paull's collection, which are featured on his website.

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General Passenger Agent, Washington, D. C.

A 1906 advertisement for Virginia's vacation spots, one of thousands of vintage ads in Reston resident Jay Paull's collection.

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Select Double-Shredded Hardwood Delivered in Reston, Herndon, Oak Hill

Free delivery in 3-cu. ft bags, Sat., March 24, 2012

10-44 bags @ \$4.70 / bag. Pallets of 45 bags @ \$202.50. Min. order 10 bags. Support hearing & eye exams, glasses & hearing aids, diabetes prevention!

Mail checks with name, address, phone, email and delivery instructions, payable to Reston Lions Charities, Inc., for receipt by Friday, March 9, 2012 to Reston Lions Club, SPB, 1511 Farsta Ct., Reston, VA 20190-4911

# bags	@ \$4.70 / bag	\$
# pallets	@ \$202.50 / pallet	\$
Total \$		

Visit [www.restonlions.org](#), call 703-318-0768 or 703-439-7046 for mulch sale info and order form or 703-507-8679 for info on Reston Lions Club membership.

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8 ♦ RESTON CONNECTION ♦ FEBRUARY 29 - MARCH 6, 2012

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RESTON CONNECTION ♦ FEBRUARY 29 - MARCH 6, 2012 ♦ 9



Fairfax County Public Schools: Food and Nutrition News

Coming in March: Go Inside the Classroom with Teachers

Recognized for Food Safety

Food safety and sanitation are critical processes that require strict procedures and training. All FCPS food service managers have successfully completed the Fairfax County Sanitation Certification requirements and a manager training course. As a second safety measure, all FCPS schools have implemented a Hazard Analysis Critical Control Point (HACCP) program, which requires managers to follow a purchased food product from the moment the food is received to the time it is served to ensure proper handling and temperature control. The Fairfax County Board of Supervisors recognized the Office of Food and Nutrition Services for maintaining the highest levels of food safety and cleanliness in its food preparation areas.

Learn the 9-5-2-1-0 Zip Code for Your Health

- 9** Get 9 hours of sleep each night
- 5** Eat 5 servings of fruits and vegetables each day
- 2** Limit screen time to no more than 2 hours each day
- 1** Get at least 1 hour of exercise each day
- 0** No sugary drinks

Right: First Lady Michelle Obama visited Parklawn Elementary School in Alexandria recently to unveil new federal standards for school meals which will require reducing sodium and fat levels, and increasing fruits, vegetables, whole grains, and legumes in school lunches and breakfasts.

Healthy School Environment Starts with Nutritious Meals and Exercise

What are your memories of school lunches? Today's students look forward to lunch not just because they're hungry, but because of the variety of foods offered: baked chicken, fish tacos, pork egg rolls, spaghetti, hummus, whole wheat pretzels and yogurt, chef's salad with tuna, assorted fruits and vegetables, and much more.

Fairfax County Public Schools (FCPS) is recognized as a leader in creating a healthy school environment by teaching children about the importance of eating a variety of healthy foods and getting regular exercise.

The U.S. Department of Agriculture established the HealthierUS School Challenge (HUSC) award to recognize schools that have created healthier school environments through promotion of nutrition and physical activity. This year 160, or more than 80 percent, of FCPS schools will receive the HUSC award for enhancing the quality of school meals, increasing physical activity, and providing nutrition education to students.

"FCPS school meals exceed the HUSC standards and offer students a variety of daily options including fresh fruits and vegetables, whole grain products, fat free milk, and foods with zero trans fats,"

said Penny McConnell, RD, Director of Food and Nutrition Services.

"We value the important role we play in our students' nutritional well-being and contribution to the reduction of childhood obesity," she said.

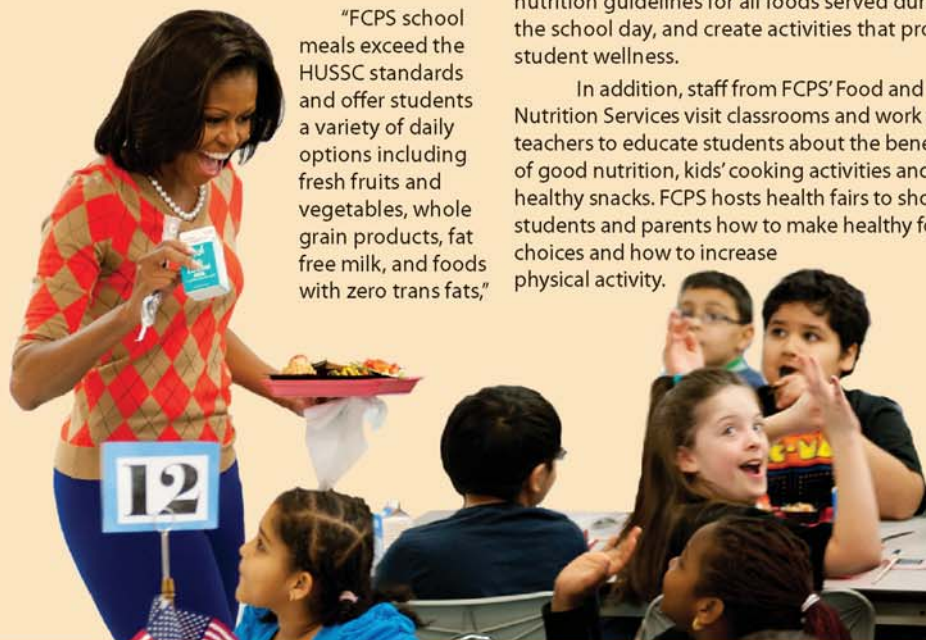
FCPS' Food and Nutrition Services program also places special emphasis on purchasing locally grown seasonal produce and supporting school learning gardens.

"We've talked to different groups within our community and share their desire to offer a wide variety of locally grown foods on our menu," said McConnell.

More than 30 FCPS schools have planted learning gardens that provide spring and fall produce for school lunches as well as a great learning experience for students.

A wellness policy guides FCPS Food and Nutrition staff as they develop programs in nutrition education and physical education, determine nutrition guidelines for all foods served during the school day, and create activities that promote student wellness.

In addition, staff from FCPS' Food and Nutrition Services visit classrooms and work with teachers to educate students about the benefits of good nutrition, kids' cooking activities and healthy snacks. FCPS hosts health fairs to show students and parents how to make healthy food choices and how to increase physical activity.



Getting To Know Us

**FCPS Operations Coordinator,
Food and Nutrition Services
Amy Hubal**

Seeing the smiling faces of students as they go through the lunch line is one of the perks of the job for Amy Hubal, Operations Coordinator in Food and Nutrition Services.

Hubal supervises the eight central distribution centers, or central kitchens, for the school district. The distribution centers prepare and deliver food to more than 200 schools and community organizations on a daily basis.

Her passion for food began at an early age, working in the restaurant business when she was 16.

"I enjoy feeding my family and friends and I am fortunate to be able to work with food for my job as well," she said. "Everyone loves to eat and preparing healthy food is so rewarding."

Hubal is interested in the process of garden-to-table and educating others about how to have a healthy relationship with food.

"Learning to grow and prepare food is a life-long skill that promotes health and wellness," she said.

Hubal serves on the district's menu committee helping to develop new recipes for Food and Nutrition Services.

The one aspect of Hubal's job she enjoys most? Her team of 180 staff, 24 managers, and 32 van drivers.

"I work with a dedicated, hard-working team of nutritional professionals that really care about what they do and the impact they make on a student's school day."

Want to learn more about FCPS school nutrition? Visit www.fcps.edu and click on the A-Z index for Food at School.

Did You Know?
FCPS Office of Food and Nutrition Services is a nonprofit business. The program is self-supporting and receives no local real estate tax dollars.

Providing Nutritious Meals to Students, Community

Food and Nutrition Services employees take pride in preparing and serving more than 140,000 meals each day. Eight distribution centers (central kitchens), two secondary school production kitchens, a vending center, a central warehouse, and elementary, middle, and high school finishing kitchens, under the direction of highly trained managers, provide nutritious meals in all public schools and centers. Free and reduced-price meals are provided to needy students. In addition, food is catered to day care locations, senior citizen programs, Alzheimer centers and Meals on Wheels.

"Meals are planned by registered dietitians to reflect the 2010 Dietary Guidelines for Americans," said McConnell. "But we also make sure that the menus reflect student cultural and personal preferences by conducting monthly student taste parties. Our goal is to plan menus that are affordable and provide students with several nutritious choices that they will select and eat."

Food and Nutrition Services Revenue Sources



This year's State of Schools Report courtesy of Apple Federal Credit Union



www.AppleFCU.org
703-788-4800



2011 BUSINESS PARTNER OF THE YEAR

THE COUNTY LINE

Former Virginia Gov. Tim Kaine, who is campaigning for the U.S. Senate seat vacated by Democrat Jim Webb, visited Multivision in Fairfax on Thursday, Feb. 23. Kaine addressed students and staff at the IT workforce development company.

PHOTO BY
VICTORIA ROSS/
THE CONNECTION



Kaine Comes to Area

FROM PAGE 4

panies want to hire people to program the machines, so the old skills are not sufficient. This is what made me want to come to MultiVision," Kaine told the group.

Kaine said he was particularly moved by the story of a 55-year-old man he met that afternoon who is completing Multivision's training program.

"That was a poignant story. This man is unemployed and his son is going to Thomas Jefferson High School for Science and Technology. That is the kind of talent story we should be telling," Kaine said.

Instead, he said the Virginia talent story is getting obscured by the GOP's focus on social issues.

"I am worried...Are we really talking about the legality of birth control," Kaine said after his visit

to Multivision.

"This is no time to be complacent about the economy. When I said to the group that Virginia went from 38th in the nation (in per capita income) to being 7th, it's clear we didn't excel by getting bogged down in divisive social issues."

Kaine noted that when he was governor from 2006 to 2010, companies such as Northrop Grumman and Volkswagen of North America, decided to headquarter in Virginia, mainly because of people and talent.

"What I hear from our business leaders and owners is that they are tired of partisan games and distractions causing uncertainty and making it hard to be successful," Kaine said in a recent conference call with reporters.

Record Donations

FROM PAGE 4

with the County's Neighborhood and Community Services (NCS) Department, one of the food drive's organizers.

The annual campaign is a partnership between NCS, Fairfax County's Office of Public Private Partnerships (OP3) and MV Transportation Inc., which operates the FASTRAN buses and provides volunteers, as well as local grocery store chains Giant and Shoppers Food Warehouse.

"In our first year, 2011, we collected more than 20,000 pounds of food valued at more than \$34,000; the total value of the food, goods and services donated by all the public and private partners was valued at more than \$56,000," said Patricia Stevens, executive director of OP3.

She said the "Stuff the Bus" campaign is intentionally scheduled between Martin Luther King Day in January and

Presidents Day in February, because donations typically decrease during the first few months of the new year, after the seasonal dose of good will.

Many Fairfax County pantries, including Our Daily Bread, FACETS, the Lorton Action Community Center and Food for Others, report that during the fall and holiday season, food pantries are stocked and brimming with donations from the community.

"But by February, our supplies are often running low even though the need for food is greater than ever," said Lisa Whetzel, executive director of Our Daily Bread in Fairfax.

She said ODB collected 2,000 pounds of food and more than \$500 in cash and grocery cards when Stuff the Bus was parked at Shoppers Food Warehouse at Fair City Mall on Feb. 18, and much of the food went directly to clients the next day.

FAITH

The Miracle of Life

BY RABBI LEIBEL FAJNLAND
DIRECTOR OF CHABAD OF
RESTON-HERNDON

Did you know that the Book of Esther read every year on the holiday of Purim (Thursday March 8), is the only book in the entire Bible in which a reference to God is not made even once? Why?

Reading through the narrative, we discover another most interesting fact. Throughout the entire story we find precious little that we can even identify as miraculous. In fact, most of it seems to be quite coincidental, as though it were the work of a novelist, with all loose ends eventually coming together.

The tale opens with the death of Queen Vashti, and King Ahasuerus (Xerxes of Persia) choosing Esther - her Jewish lineage unbeknown to the king, as his new wife. Soon after, we read of a Jewish sage and royal advisor named Mordechai, and his foiling of a plot to assassinate the king. This is followed by the meteoric rise to power of a virulent anti-Semite named Haman. Through Haman's subsequent scheme to annihilate the Jews, the king discovers that Esther was in fact Jewish and that Haman's plan would have included her, as well as Mordechai, his onetime savior.

Thus miraculously the tables are turned. The hunter becomes the hunted and the tyrant is eliminated by the very noose he prepared for the now victor.

It is a wonderful story by any measure, but a great miracle? Hardly! No sea splitting or manna falling from heaven here. No oil lasting for eight days, nor were any firstborns smitten. All we have is one coincidental occurrence after another.

Yet that is precisely what makes the story of Purim so special.

Take a look at the world around you. Everything seems so "normal." The sun rises every morning in the east, and sets in the west at dusk. Trees and plants grow when they are properly tended to, and will wither and die when neglected.

All this, and much more, is what we have come to regard as nature. Yet, like everything else in the world, nature, too, was created by God. Nature is God's most incredible miracle. By waking up every morning, we experience this most miraculous event ourselves - the miracle of life.

So although we do not feel the Godliness or the miracle in it all, it is there nonetheless.

In fact, the very name of this book we speak of, "Megillat Esther," makes this point. The name "Esther" translates as "hidden." The true miracle of Purim, as well as

Shtetel Themed Community Purim Party

Thursday, March 8, 5:30 p.m. at The Reston Community Center Hunters Woods, 2310 Colts Neck Road in Reston.
Delicious buffet dinner including classic "traditional dishes."
Celebrate the four Mitzvot of Purim. Hear the Megillah. Enjoy a Party. Food basket sharing. Giving charity. All under one roof!
Cost: Adult \$20. Child \$12. Family Cap \$65. Evening Sponsor \$180. RSVP to Rabbi@chabadrh.org.

that of our daily lives, remains hidden. It is up to us to peel back the veneer, to reveal the miracle within the mundane. And that is perhaps the greatest miracle of all.

My friends, this choice of perspectives presents itself every day of our lives. We must ask ourselves, will we recognize God's

presence and gifts in our lives or will we attribute every event to luck, coincidence, and our own brilliance? The miracles happen. How we interpret them is entirely our choice.

For all Purim related questions and information visit www.chabadrh.org/purim

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other weekly services
5:30 PM Saturdays: Relax & Renew, Casual Worship Service
701 Bennett St., Herndon, VA
703-707-6271

Jenna Van Camp, of Herndon High School, is a new state champion swimmer in the girls' 100-breaststroke event. The Virginia State AAA Swim and Dive Championships took place Feb. 17-18 at George Mason University.

Van Camp, a senior, had a winning time of 29.48 seconds in the 100-breaststroke finals, as she finished ahead of second place Ali Stephens-Pickeral of George Washington High (Danville). South County's Brooke Malone finished third.

Also at states for the Hornets, Conor Cudahy placed ninth in the boys' 200 free event and fourth in the 500 free with a new school record in the latter.

The Herndon girls' 200 medley relay, seeded 24th going in, placed 11th in the state with a season-best time. Ryan Murphy, Jenna Van Camp, Elizabeth McNulty, and Karly Giniezki made up the relay foursome.

The Herndon boys' 400 free relay, seeded 22nd, placed 16th overall with a season-best time. Making up the Hornets' relay were Jonathan Nguyen, Chris Fronczak, Brett Petty, and Conor Cudahy.

In the team standings, the Herndon girls finished in 23rd place overall among a field of 48 teams represented.

Oakton Wins Team Title

The Oakton High girls' swim team captured the state title with 183 team points, finishing ahead of second place Osbourn Park High (166) of Manassas. West Potomac High finished third overall, while Battlefield High and Langley finished fourth and fifth, respectively.

Along with Oakton, West Potomac, and Langley, other top placing teams from the Northern Region included eighth place Woodson, ninth place Madison, 10th place Yorktown, 11th place Lake Braddock, 12th place Robinson, 13th place South County, 15th place McLean, 17th place West Springfield, and 20th place Jefferson. Among the top 30 teams from the Northern Region were Chantilly (21st place), Stone Bridge and Herndon (both tied for 23rd), Falls Church (25th), and Fairfax (30th).

First place individual girls swimmers from the Northern Region included Oakton's Janet Hu (100-fly and 100-back); Langley High's Abi Speers (50-free); Katherine Van Winkle (1-meter dive); and Jenna Van Camp (100-breaststroke).

ON THE BOYS' SIDE, the Oakton Cougars finished second place overall at the state swim championships. The Cougars (168 points) finished behind first place

Frank W. Cox High (246) of Virginia Beach. Top 10 Northern Region teams, along with Oakton, were third place Jefferson (146), fourth place Woodson (130), fifth place West Springfield (125), sixth place South County (tied with Princess Anne High with 114 points), eighth place Chantilly (110), ninth place Madison (101), and 10th place Marshall (88).

Forty-six boys' teams from across the state were represented. Other Northern Region top 20 finishers were 12th place Westfield, 13th place Robinson, and 19th place Langley.

First place boys' individual finishers from the Northern Region were: Marshall High's Cyrus Hashemi (100 free and 200-free); Jefferson's Andrew Seliskar (100-fly, 100-back, and 200-IM); and Robinson's Cory Bowersox (1-meter dive).

Registration for Reston Youth Association's popular Flag Football league is now open for Spring 2012. RYA Flag Football is coed, non-contact flag football designed for boys and girls between the ages of five and 16. All teams will practice once a week followed by a game on Saturday. Registration fees are \$75 for the first child and \$65 for a second child. Families can register on site at the first Skills Assessment on March 10. Coaches are also needed for the youngest age group. Please visit the registration page at <http://restonseahawks.org/Registration> to register your child today.



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

South Lakes junior guard Mary Severin goes up for a shot during the Seahawks' Liberty District girls' basketball tournament finals game against Madison on Feb. 17. South Lakes, which lost that night, still advanced to the following week's Northern Region tournament. There, the Seahawks fell in a first round game versus visiting Annandale on Feb. 20. For the season overall, it was a successful winter as South Lakes finished 16-9.

Indoor Track Season Wraps Up at State Meet

Local Northern Region athletes compete in Hampton.

A number of local athletes put together strong showings at last weekend's Virginia State AAA Indoor Track and Field Championships, held Friday and Saturday (Feb. 24-25) at the Boo Williams Sportsplex in Hampton.

On the boys' side, Westfield High finished third overall and was the top finisher from out of the Northern Region. The Bulldogs finished with 27 team points. The team champion was Western Branch (48) of Chesapeake, a member of the Eastern Region. Finishing second was Grassfield (34 points) of Chesapeake.

Other top 10 Northern Region team finishers along with Westfield were fourth place Annandale (22 points) and fifth place Oakton (21). Top 20 finishers from the Northern Region were Chantilly, which was 15th place, and South Lakes and T.C. Williams, who were part of a three-way group of teams (along with Stafford High of Fredericksburg) which finished tied for 16th place. Lake Braddock finished 20th overall in the field of 58 teams represented.

First place individual boys' finishers

from the Northern Region were Annandale's Ahmed Bile (1,000 race) and Chantilly's Logan Miller (1,600).

Other top individual boys' finishers from Northern Region schools included: Robinson's Ayo Raymond (fourth place, 55 dash); Mount Vernon's Michael Thomas-Brown (sixth in 55, eighth in long jump); Westfield's Nathan Kiley (third place, 500 dash); Oakton's Michael McNamee (third in both the 1,000 and 1,600); Edison's Louis Colson (sixth in 1,600); Oakton's Greg Petruncio (eighth in 1,600); Lake Braddock's Nick Tuck (fifth in 3,200); Chantilly's Sean McGorty (sixth in 3,200); Woodson's Paul Gates (seventh in 3,200); South Lakes' Rashaan Jones (second in high jump); T.C. Williams' Kahron Lee (third in high jump); Langley's Logan Besougloff (second in pole vault); Lake Braddock's Sean Daugherty (third in pole vault); Herndon's Austin Miller (fifth in pole vault); West Potomac's Tyrone Jenkins (sixth in triple jump); Westfield's Justin Little (eighth in triple jump); and T.C. Williams' Jonathan Anderson (third in shot put).

Westfield's 4x400-boys' relay team of Max Chambers, Troy Sevachko, Nathan Kiley, and Tyrone Walker finished first in the state, ahead of second place Annandale. South Lakes finished fifth in the same relay. The Seahawks' foursome was made up of Ian Angara, Corey Gilmore, Jacob Grundahl, and Armando Drain.

Westfield's 4x800 relay team of Max

Chambers, Jeff Edmondson, Nathan Kiley, and Tyrone Walker finished first overall. Oakton High's team, made up of Oliver Lopez-Gomez, Greg Petruncio, Chris Sprague, and Michael McNamee finished second.

ON THE GIRLS' SIDE, South County Secondary finished in fifth place overall - the best showing from the Northern Region. The top four team finishers were Cosby High (Midlothian), Western Branch (Chesapeake), Nansemond River (Suffolk), and Landstown (Virginia Beach).

Other top teams from the Northern Region, along with South County, were sixth place Lake Braddock (tied with Phoebus High), Robinson and Herndon (both tied for 11th place), 15th place West Potomac, and 16th place Oakton.

South County's Felecia Majors took first place in both the pole vault and long jump events.

Other top individual girls' finishers from the Northern Region were: Herndon's Carina Peter (second in triple jump, fourth in 55 dash, sixth in long jump); Robinson's Genamaria McCant (third in 500, seventh in 300); West Potomac's Sarah Jane Underwood (fifth in 1,000); T.C. Williams' Sydney Schaedel (sixth in 1,000); Lake Braddock's Hannah Christian (fourth in 1,600, fifth in 3,200); West Springfield's Caroline Alcorta (fifth in 1,600); Oakton's Hailey Dougherty (sixth in 1,600); Lake

Braddock's Sophie Chase (second place in 3,200); Oakton's Allie Klimkiewicz (fourth in 3,200); Lee High's Bailey Kolonich (seventh in 3,200); Washington-Lee's Isabell Amend (eighth in 3,200); South County's Felecia Majors (tied for seventh in high jump); Lake Braddock's Rachel Fasana (fourth in pole vault); T.C. Williams' Sydney Schaedel (fifth in pole vault); South Lakes' Damielle Hale (fourth in long jump); Edison's Anna Williams (third in triple jump); Edison's Kristina Brown (eighth in triple jump); and Robinson's Chioma Onyekwere (second in shotput).

The South County girls' 4x400 relay team of Felecia Majors, Widney Dubuisson, Kierra Roundtree, and EnNijah Majors finished seventh in the state.

In the 4x800 relay, the West Potomac girls finished second overall, and Lake Braddock was third. The Lake Braddock foursome was made up of Hannah Christen, Sophie Chase, Ally Robinson, and Katie Roche. Oakton's girls finished in sixth place in the 4x800. The Cougars' four runners were Allie Klimkiewicz, Hailey Dougherty, Kristi Carrigan, and Briana Stewart. West Springfield's foursome of Alexis McEntire, Caroline Alcorta, Maddie Wittich, and Erin Falk finished eighth.

— RICH SANDERS

ENTERTAINMENT

Send announcements to reston@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

WEDNESDAY/FEB. 29

American Cancer Society Relay For Life Kickoff. 6:30 p.m. Reston Association, 12001 Sunrise Valley Drive, Reston. Participants, sponsors, cancer survivors and event volunteers gather for a kickoff celebration to launch fundraising efforts for the year. www.restonrelay.org or 703-938-5550.

THURSDAY/MARCH 1

Welcome Club of Northern Virginia Monthly Luncheon. 11 a.m. Sheraton Reston Hotel, 11810 Sunrise Valley Drive, Reston. "Starting Your Genealogy Research" by genealogy teacher Phyllis Legare. \$30. Registration required at www.welcomeclubnvirginia.com.
Peter Yarrow with Mustard's Retreat. 8 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Folk music. \$25. www.wolftap.org.

FRIDAY/MARCH 2

"I Love You Because." 8 p.m. Reston Community Players, 266 Sunset Park Drive, Herndon. Tickets \$15-\$21. 703-476-4500 or restonplayers.org.

SATURDAY/MARCH 3

Ballet Folklórico De Antioquia, Colombia. 8 p.m. George Mason University's Center for the Arts Concert Hall, 4400 University Drive, Fairfax. Sharing the richness and diversity of Colombian culture

through authentic music, ritualistic dance, and physical theater accentuated with brilliantly-colored costumes. \$23-\$46. www.gmu.edu.
"I Love You Because." 8 p.m. Reston Community Players, 266 Sunset Park Drive, Herndon. Tickets \$15-\$21. 703-476-4500 or restonplayers.org.
Fairfax Chocolate Lovers Festival. Various locations in Old Town Fairfax. The Taste of Chocolate, featuring chocolate vendors selling their wares; the Chocolate Challenge, an arts extravaganza where the medium is chocolate; the Kiwanis Pancake Breakfast featuring chocolate chip pancakes, historic re-enactments, children's activities, open houses at historic buildings and more. www.chocolatefestival.net.

Buskin & Batteau. 7:30 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Folk duo. \$22. www.wolftap.org.

Celtic Woman. 8 p.m. George Mason University Patriot Center, 4500 Patriot Circle, Fairfax. Celtic music. Tickets \$43-\$73, available at www.ticketmaster.com or 703-573-SEAT. Accessible seating available for patrons with disabilities at 703-993-3035.

26th Annual Fairfax Jazz & Tap Dance Festival. 8 p.m. Northern Virginia Community College Annandale Campus Theatre, 8333 Little River Turnpike, Annandale. With performances by the Dancin' Unlimited Jazz Dance Company, Encore Performers, Center Stage Dance, Capitol Movement, Impulse and MYTE. Supported and funded in part by the Arts Council of Fairfax County. \$20 in advance, \$22 at the door. www.dujdc.org.

The Mozart Requiem. 7 p.m. Trinity Presbyterian Church, 651 Dranesville Road Herndon. Herndon Ecumenical Choir, with choir members from Herndon United Methodist, Trinity

Presbyterian, St. Timothy's Episcopal, St. Joseph's Catholic, and Holy Cross Lutheran combined with chamber orchestra and soloists. Free, donations accepted for LINK. 703-437-5500 or www.trinityherndon.org.

Youth Art Month Artists' Reception. 5-7 p.m. Greater Reston ArtsCenter, 12001 Market St., Suite 103, Reston. Students from Herndon, South Lakes, and Thomas Jefferson High Schools created all works in the "Emerging Visions: Invisible Cities" exhibition, an annual show offering high school artists the experience of exhibiting in a professional gallery. 703-471-9242 or www.restonarts.org.

SUNDAY/MARCH 4

Fairfax Chocolate Lovers Festival. Various locations in Old Town Fairfax. The Taste of Chocolate, featuring chocolate vendors selling their wares; the Chocolate Challenge, an arts extravaganza where the medium is chocolate; the Kiwanis Pancake Breakfast featuring chocolate chip pancakes, historic re-enactments, children's activities, open houses at historic buildings and more. www.chocolatefestival.net.

Reston Fiber Artists Show and Sale. Reston Museum. 1639 Washington Plaza, Reston. Including the work of Reston fiber artists Lois Salazar, Luann Sievers, Anna Hayoz, Cynthia Hull, and Alice Abrash, demonstrating the variety of the art form as well as the techniques of these artists. A portion of sales proceeds benefits Reston Museum. 703-709-7700 or restonmuseum@gmail.com.

Glen Phillips. 7:30 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Formerly of Toad the Wet Sprocket. \$20. www.wolftap.org.

Railroad History Revisited

FROM PAGE 3

huge milk producing areas because of the railroad, which allowed the milk to be shipped quickly to the market, which was especially important during the summer months.

As the rail was rebuilt after the Civil War, tons of dirt had to be hauled in to support the tracks.

"Railroads couldn't pull up steep grades, so they snaked this railroad through the low lands as best they could, but there were some areas that were too low, and some too high. When it was high they had to cut it out, when it was low they had to build it up," McCray said.

The railroad was renamed the Washington and Ohio Railroad in 1870, which McCray called "ambitious" because it never made it to the Ohio River. It went through several names and owners over the next quarter century before being purchased by Southern Railway in June 1894.

"They were buying every railroad they could at that point, they were flush with cash. This was the railroad baron era, and they were just buying up everything in the area," he said. "They didn't care if

it made money, they liked it when it did, but they weren't real worried about it."

In 1904 the Great Falls and Old Dominion Railroad was using electric technology to transport people from Georgetown to Great Falls, and eventually the Washington and Old Dominion Railroad was formed in 1911.

"The two gentlemen who started the railway died within a year of the W and OD Railroad being formed, and the way the railroad company was set up, their heirs could not sell the railroad," McCray said. "They had to own it whether they liked it or not, so what they had was absentee ownership. They really didn't want to run a railroad, but couldn't get rid of it."

As the company's disinterest grew, the train began running late and got a reputation as the "Old Devil" railroad, "Walk Over and Die" railroad and "Wobbly and Old Dilapidated" railroad, among others. It later went bankrupt and went through several changes.

"The passenger service gave up in 1941, and part of what did that was the railroad lost it's mail contact," McCray said. "Now the mail was hauled out to Leesburg and

Purcellville by trucks, and it wasn't worth it and ridership was declining."

ALMOST 100 PEOPLE attended the presentation Thursday night, many of whom had no idea the bike trail that they use on a regular basis was such an integral part of local history.

"I knew it was a railroad at some point, but had no idea of its story, and the fact that Robert E. Lee felt such a need to destroy it, and all the changes it went through over the next 80 years was fascinating," said Harold Vogel of Reston. "I know the next time I go on a bike ride down the trail with my family, I'll have a story or two to tell them about what went on there."

Steve Telfair of Reston said he came into the presentation looking to confirm things he already knew, but soon found himself outgunned.

"I love to study the history in this area, and thought I had a pretty good grasp on it, but Paul and Ron really dropped some nuggets that I had never heard before," he said after the presentation. "I can't wait to pick their brains and find out what I should start reading next."

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"Battling Cancer"



By KENNETH B. LOURIE

I suppose, as a cancer patient, there's a presumption/understanding that not giving into cancer and its potential ravages is an ongoing battle – to the death, if you will. And I imagine, on many levels, some truer than others, it is. War is indeed waged – so to speak, in hopes of defeating this horrible disease (enemy).

Personally, I don't view what I do – surviving as a cancer patient: following doctor's orders, filling prescriptions, ingesting medications, enduring chemotherapy, scheduling and then being diagnostically scanned, making food and lifestyle changes, adding miscellaneous supplements to my diet; in general, trying to live healthier and be a "compliant" patient, as anything more than common sense. It's not a battle – to me, it's simply what you do. As the South Korean widow said to Hawkeye Pierce on a M*A*S*H episode way back when, responding to his question about how she could walk so far to get water: "Because that's where the water is," she answered.

And so a while back, it struck me as odd that a woman to whom I was introduced – and who knew of my less-than-ideal health circumstances, straight-forwardly and most sincerely (having recently been widowed herself when her husband succumbed to a cancer diagnosis) asked: "I understand you're battling cancer." It was in fact the first time in my nearly three years of being a cancer patient/survivor that I had ever been asked that exact question.

It was not her directness that was off-putting. Nor was it her presuming a familiarity – between us, that did not exist, that such a potentially intrusive, certainly private/personal subject could be so casually raised – by a relative stranger, in the middle of a 27-person Christmas dinner. No. It simply caught me by surprise, and I believe my answer/reaction likewise caught her by surprise and may have even made her a bit uncomfortable and apologetic for having inquired (although it was certainly not my intention). I laughed at her question and said: "I suppose so." To which she replied: "I didn't mean to" "No problem," I said, as the commotion of the occasion sort of ended our conversation.

One other time I was present when this "battling cancer" phrase was invoked. Although this time, it was a former female co-worker greeted by another former co-worker at our company Christmas party who asked, innocently enough of her, how she was doing: "I'm battling cancer" came her reply. I snickered then when I heard it, and even commented to our Publisher, Mary Kimm, also a cancer survivor, who was standing alongside me at the time and witnessed the entire exchange: "You know Mary, I've never said that – or felt that." A year later this "battling cancer" answer was questioned to me.

I don't really have any objections to either of these exchanges. I guess if had to summarize my feelings, however, about what I heard answered and what I was asked, I would say it's probably me trying to make light of a very heavy set of circumstances, and on some occasions, the less said about it, the better. It's awkward, sort of. Although, I don't really mind. Still; sometimes, I just don't feel the need.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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21 Announcements

21 Announcements

OBITUARY MORAN, C.M.F., REV. THOMAS

Rev. Thomas D. Moran, died on Thursday, February 23, 2012 at Resurrection Medical Center in Chicago, IL, after complications from pneumonia. Father Moran was born on January 27, 1928, in Chicago, Illinois. The son of Thomas and Mary (nee Roach) Moran, he grew up in a family of four children on the south side of Chicago. Fr. Moran is survived by his two remaining living sisters, Joan McGoldrick and Marie Tarpey; beloved uncle of many. The fourth sibling, his brother Roger is also deceased. Father made his first profession as a Claretian Missionary in 1947, perpetual profession in 1950 and was ordained a priest on June 9, 1955.

After his ordination, Fr. Moran served as a teacher and Principal at the Saint Jude High School Seminary in Mokena, Illinois from 1955-1967. At the suggestion of his then Superior, Fr. Moran was assigned to mission in Guatemala, where he spent approximately 25 years of his religious life as a missionary. During his time in Central America, he constantly championed for the rights of the indigenous and working people of the towns of El Estor and Livingston. Fr. Moran says his ministry on behalf of the impoverished Indian families encompassed "the happiest and some of the saddest years of my life as a priest." He was instrumental in helping to establish and promote an elementary school for children who could not write or speak in Spanish, the country's native language. His work in advancing the cause of education resulted in a new Indian school being named in his honor in Livingston.

After returning from Guatemala in 1982, and taking a 2 year sabbatical, Fr. Moran was then assigned to St. Mary of Sorrows Church in Fairfax, Virginia as parish priest from 1984-1990. In 1990, he returned to Guatemala for a second tour of duty for nine years. In 1999 when he returned to the United States, he was assigned as an associate pastor at Our Lady of Guadalupe Church on the south side of Chicago, where he served until December of 2011. Visitation on Tuesday, February 27 from 2-9pm at Our Lady of Guadalupe Church 3200 E. 91st Street, Chicago, IL 60617 with a prayer service at 8pm. On Wednesday, February 28 viewing at 9:00 a.m. until time of Mass of the Resurrection at 9:30 a.m. Interment Queen of Heaven Cemetery - Hillside, IL. Elmwood Chapel Chicago, IL in charge of arrangement. 773-731-2749. www.elmwoodchapel.com

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