

Girl Scouts Celebrate 100th Anniversary

girl scouts
**Thinking Day
Celebration**

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Members of Junior Troop 3503 from Laurel Hill Elementary and Halley Elementary Schools in Lorton perform a Colombian cumbia dance on the main stage at Springfield Mall on Saturday, Feb. 18.

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Striking poses, Gracy Redding, Amelie Mohn, Autumn Arencibia and Camila Lopez, members of Brownie Troop 6320 from Rolling Valley Elementary School in Springfield, enjoyed performing a skit about Germany on the main stage when area Girl Scouts recognized their 100th Anniversary during a special Thinking Day Celebration at Springfield Mall on Saturday, Feb. 18.

PHOTOS BY
DENNIS WOKECK



With an armful of leis, Victoria Ruano, a member of Daisy Troop 2460 from St. Bernadette's School in Springfield, welcomes everyone to the troop's display about Hawaii with a lei.



Members of Junior Troop 6120 from White Oaks Elementary School in Burke (from left) Bailey Blake, Kendra Bangura and Alexa Houck check out the Chinese dragon masks and get their passports stamped by Isabella Aguilar Fricke and her mother Katie Fricke of Lorton while visiting the China display by Daisy Troop 1735 from Laurel Hill Elementary in Lorton. The display was part the area Girl Scouts' 100th anniversary Thinking Day Celebration at Springfield Mall on Saturday, Feb. 18.



Annie Sneed of Ambassador Girl Scout Troop 4001 in Springfield teaches the chicken dance to Daniella Rajwan, Samantha Gelfand, Audrey Goldman and Keira Newlon of Brownie Troop 1335 of Burke during a break in troop performances as area Girl Scouts recognized their 100th Anniversary celebration at Springfield Mall on Feb. 18. Sneed was a member of the planning committee for the celebration.

Girl Scouts Celebrate 100th Anniversary

Springfield Mall Event draws more than 2,000 participants.

To mark the 100th anniversary of Girls Scouts of the USA, the South Central Fairfax Association of the Girl Scouts of the Nation's Capital (GSCNC) hosted a celebration that drew more than 2,000 participants to Springfield Mall on Saturday, Feb. 18.

"The 100th Anniversary Thinking Day Celebration offered something for everyone," said Carol Ann Cunningham, chair of the CSCNC's Fairfax chapter. "We had 1,100-plus current Girl Scouts in attendance, which made it the largest local gathering of girls for the 100th anniversary celebration to date in the Nation's Capital Council."

Throughout the four-hour event, 25 local Girl Scout troops performed on stages and displayed information they learned about countries with Girl Scouts and Girl Guides around the world at more than 75 display tables.

There was also a flag ceremony and international parade of flags through the mall, an international fashion show by members from 15 local troops, a presentation by re-enactors portraying the founders of Girl Scouts and Boy Scouts – Juliette Gordon Low and Lord Robert Baden-Powell – and a closing prom-

More Information

For more information on the event, contact Carol Ann Cunningham, Chair of GSCNC's South Central Fairfax Association, at carolanncunningham@verizon.net or 703-863-5263. For more information about Girl Scouts, visit www.gscnc.org. To join or volunteer with Girl Scouts, contact Elizabeth Assenza at eassenza@gscnc.org or 202-274-3334.

About GSCNC: The South Central Fairfax Association of the Girl Scouts of the Nation's Capital (GSCNC) includes the area of eastern Burke, south Fairfax Station, Hunt Valley, Lorton, Springfield and West Springfield. The association represents more than 175 troops of girls ages 5 to 18.

ise circle at 2:15 p.m.

The event also included trading swaps, as well as booths featuring Girl Scout history, local Girl Scout camp opportunities, Girl Scout cookie booth sale locations, and information about joining Girl Scouts as a girl or an adult volunteer. Girl Scouts – whether they were local, national or alumni – were invited to share their favorite memories on videotape at a booth recognizing the contributions of Girl Scouts to leadership and community service through the years.

"It was great to have such a good turnout to watch the troops on stage, because we had Girl Scouts in high school who served as the entertainment coordinators, emcees, stage managers, and fashion show coordinators to make the event a success," Cunningham said.

— VICTORIA ROSS

Lulu Gloninger and Noelia Vargas, members of Junior Troop 4235 of Springfield, share interesting facts and information at their display about Chile as area Girl Scouts recognized their 100th Anniversary during a special Thinking Day Celebration at Springfield Mall on Saturday, Feb. 18.



Morgan Poppenberger, Lulu Gloninger and Noelia Vargas, members of Junior Troop 4235 of Springfield, show off the Easter Island Head replica they created for their display about Chile during the Girl Scouts 100th Anniversary Thinking Day Celebration at Springfield Mall on Saturday, Feb. 18.



PHOTO BY VICTORIA ROSS/THE CONNECTION

Fairfax County's 16 newly-trained court-appointed special advocate (CASA) volunteers raise their hands to take the CASA oath during a swearing-in ceremony at the Jennings Judicial Center in Fairfax on Feb. 21. From left, Diane Brody, Rebecca Burke, Susan Chibnall, Susan Evans, Lynn Foster, Anne Havlovick, Lauren Janik, Sheila Kinderman, Patricia Larsen, Peggy McGannon, Denise Hall, Alicia Richie, Kitchy Sawets, Ann Sherwood, Joanne Shumpert and Nicki Watts.

A Voice for Children

"Promise-keepers" advocate for Fairfax County's abused, neglected children.

BY VICTORIA ROSS
THE CONNECTION

Each child who comes before Judge Thomas Mann's Fairfax courtroom is loveable and vulnerable. There is the precocious three-year-old whose parents are drug-addicted. A seven-year-old boy whose mentally-ill mother left him home alone to care for his infant sibling. A 12-year-old girl whose stepfather sexually abused her.

Last year in Fairfax County, there were 500 similar stories of abuse and neglect so severe they ended up in court. And while each child's story is different, the one thing they all share is: the adults in their lives broke a sacred promise to take care of them.

"When the Court gets involved when there is abuse, not only have the promises been broken; they've been shattered," said Mann, Chief Judge of Fairfax County's Juvenile and Domestic Relations Court. "Broken promises are like glass, and [these children] are surrounded by it, 360 degrees of broken glass, and their feet are bare."

Mann gave his remarks during the Feb. 21 swearing-in ceremony at the Jennings Judicial Center for a group of 16 newly-trained volunteers he calls the "promise keepers:" Court-Appointed Special Advocates (CASA) volunteers who make recommendations to the court on the best interest of the child. Volunteers submit a fact-based report to the judge based on an objective investigation involving social workers, county attorneys, teachers, etc.

CASA VOLUNTEERS are often the only adults who keep their promises, Mann said, and their objective reports are vital in helping him gain insight into the child's circumstances.

"Imagine going to bed and you wake up on Mars,

How to Become a CASA Volunteer

"Volunteers listen first, then they act," said Elisa Kosarin, associate director of recruitment and training. She said volunteers get to know the child by talking with everyone in that child's life: parents, relatives, foster parents, teachers, medical professionals, attorneys, social workers and others. They use the information they gather to inform judges what the child needs and what will be the best permanent home for that child.

"You don't have to be a lawyer or social worker to volunteer," Kosarin said. "We welcome people from all walks of life. We are simply looking for people who care about children and have common sense."

To get started, Kosarin said prospective volunteers should attend one of CASA's information sessions. The next information session is Saturday, March 17, 11 a.m. to noon, at Burke Centre Library. For more information about volunteer opportunities, or general information about CASA, go to Fairfax CASA's website at www.casafairfax.org.

multiply that times a zillion and add it to infinity, and that's the quantum of despair. CASA's make that Mars landing possible for these children," Mann said.

Lisa Banks, executive director of Fairfax CASA, said volunteers are the constant and focused voice for abused and neglected children in court, and the only adult working exclusively as the child's advocate. She said volunteers work to ensure that each child is safe from further abuse and help obtain a safe and permanent home where that child can thrive.

"Every 38 hours, an abused or neglected child in Fairfax County is placed under court protection," Banks said. "These children need advocates to protect their fundamental rights. We are truly grateful to those who choose to give their time to these children."

Fairfax CASA, which was named "One of the Best" area nonprofits by Catalogue for Philanthropy 2011-2012, has a reputation for being a critical component of Fairfax County's abuse and neglect cases.

"They have well-deserved reputation for being rigorous and objective," said Sen. Dave Marsden (D-

SEE FAIRFAX CASA. PAGE 4



PHOTO COURTESY OF FAIRFAX COUNTY

Board of Supervisors Chairman Sharon Bulova (center), accepts a \$280,000 check from Bill Hanbury (next to the chairman, on her left), President of the United Way of the National Capital Area. Front row, from: Marcia DiTrapani, Herndon-Reston FISH, Inc.; Krista Osterthaler, The National Capital Poison Center; Jaime Farrant, Ayuda; Carol Loftur-Thun, The Women's Center; Joel Bedknoski, Alzheimer's Family Day Center; Kimberly Jappell, NOVAM; Elizabeth Doherty, KEEN Greater DC; United Way Fairfax Regional Council Co-Chair Paul Taffe of Wells Fargo; United Way Regional Council member Jeff Lear of Lear Communications; and Jim Shelton of Orange Panda.

Nonprofits Awarded United Way Grants

23 local organizations receive more than \$280K to continue work.

The United Way of the National Capital Area (United Way NCA) awarded 27 grants totaling \$288,013 to 23 local nonprofits during the Fairfax County Board of Supervisors meeting Tuesday, March 6.

The funds were raised through designations to the Fairfax/Falls Church Community Impact Fund in United Way NCA's annual workplace giving campaign. Each of the grants directly addresses United Way NCA's focus areas of education, health and financial stability.

"United Way's Community Impact Fund has served thousands of Fairfax County residents by helping to provide essential services to those fighting to survive," said Paul Taffe, United Way NCA's Fairfax Regional Council Co-Chair. "As the region continues to struggle with slow economic recovery, there are an unprecedented number of people and families facing hunger, homelessness and the most difficult of life challenges."

David Hunn, President and CEO of The SkillSource Group, said the Vienna workforce development company will use its grant to expand the Ticket to Work program by hiring a part-time job-developer who will serve as an advocate and employment placement coordinator for disabled job-seekers enrolled in the program.

"The job developer will work to match the skills and interest of our adult job seekers with private sector employees throughout Fairfax County," Hunn said.

Another grantee was the Northern Virginia Dental Clinic, which provides oral health care to low-income residents age 18 or older.

Oral health care for adults is not a mandated service under the Virginia Medicaid program, so a significant number of the adult population who are very close to the poverty level do not typically have access to dental care.

"Being awarded a Community Impact Fund grant assists the clinic with operating expenses, such as materials and staffing," said Thomas Wilson, the clinic's executive director.

"The contributions from the Fairfax/Falls Church community demonstrate a commitment to joining together to ensure that programs in education, health and financial stability can continue their essential work," said Bill Hanbury, President and CEO of United Way NCA. "Each of the Community Impact Fund grants will have an immediate and positive impact on each of these vital organizations."

For more information about United Way of the National Capital Area, visit www.unitedwaynca.org.

— VICTORIA ROSS

Fairfax CASA Helps Children

FROM PAGE 3

37), who served as Superintendent of Fairfax County's Juvenile Detention Center and Chief Deputy of the Virginia Department of Juvenile Justice. "CASAs are technically volunteers, but these are highly-trained, highly-qualified volunteers who are passionate about what they do."

According to Banks, many volunteers are well-educated empty-nesters searching for a way to help children.

Pam Jones, a longtime CASA volunteer from Fairfax, who has recruited others into the program, fits the CASA volunteer profile.

"I was a highly involved elementary school parent, and began looking for alternative volunteer opportunities when my son, an only child, moved to middle school," Jones said.

Jones said while volunteering in her son's school, she was often taken aback by children whose parents showed little support of their children's learning beyond getting them to school.

"Many kids had no one reading to them or making a fuss when they brought home good grades. These things are superficial but I realized that children need champions in all aspects of their lives," Jones said.

Jones said CASA volunteers have to be tenacious, and a thick skin is helpful.

"To be blunt, CASA work brings very little obvious reward. There are many hours spent seeking information from often uncooperative or even hostile people...who don't always appreciate why I'm being so nosy," Jones said.

Jones said her most rewarding case was that of a toddler girl whose parents were very loving but emotionally and developmentally incapable of caring for her.

"Finding an appropriate family member to care for her was a challenge, but she eventually joined the loving home of family members in Pennsylvania; and she gained a big sister in the process," Jones said.

Pat Casciato, who worked as a CASA volunteer in Pittsburgh before moving to Reston, said she had always been interested in social work, but ended up as an executive in the business sector.

She said the most rewarding aspect of being a CASA volunteer is realizing how important the CASA report is to a judge facing competing interests.

"Judges rely on our reports for case detail that helps them make decisions that affect the children's wellbeing...I feel that CASA's involvement in this process is key," Casciato said.

She said all of the cases are challenging, but one case was especially rewarding.

"(It involved) the severe physical abuse of a nine-year-old.

AFTER THREE YEARS, several foster homes, and several social workers, the child was adopted into a loving home. The child became successful in school, even making the honor roll many times," she said.

Susan Chibnall of Fairfax, a clinical psychologist and new Fairfax CASA volunteer, said she thought CASA was a worthwhile way to give back.



Judge Thomas Mann, Chief Judge of Fairfax County's Juvenile and Domestic Relations Court, swears in the 2012 class of court-appointed special advocate (CASA) volunteers during a ceremony at the Jennings Judicial Center in Fairfax on Feb. 21.



From left, Pam Jones of Fairfax and Pat Casciato of Reston are longtime CASA volunteers and often recruit friends to volunteer. Both agree tenacity and a thick skin are essential for successful volunteers.

Run for the Children

On April 28, Fairfax CASA will host its second annual Run for the Children. Sponsored by Verizon, the combination 10K race and 3K run/walk offers serious runners as well as families the opportunity to enjoy the charm of the historic City of Fairfax. All funds raised will support Fairfax CASA and the work of CASA volunteers, who advocate for the best interests of over 500 abused and neglected children each year.

"This is our most important awareness-raising event and it brings in much needed funds to support the work of our volunteers," said Lisa Banks, executive director of Fairfax CASA.

Race day start is 8:30 a.m. for 10K runners and 9 a.m. for 3K run/walk participants. Runners and walkers can register before the race at www.fairfaxrunforthechildren.com

To learn more, visit the race website www.fairfaxrunforthechildren.com/sponsors, or contact Lisa Banks at (703) 273-3526 or lbanks@casafairfax.org.

"I don't have children of my own, and I have a little time to give. I think this will be a good fit."

Ann Sherwood of Great Falls, who recently retired as a pediatric nurse of 45 years, said she wanted something to do that would allow her to work with children. "I like the fact that I can make a difference, but I know it's going to be difficult working with abused and neglected children."

"I am so proud of her," said daughter, Kathy Brown of Vienna, who brought her family to the swearing-in ceremony. "I didn't realize the level of commitment it takes to be a volunteer, but my mom has what it takes to help these children."

Mann and Banks both stressed that CASA volunteers become their own family unit.

"I don't want to scare you, but you will change," Mann said to the 16 volunteers at the Feb. 21 ceremony who were about to take an oath pledging their allegiance to the "best interest of the child."

"It's going to be hard for you; be prepared," Mann said. "Your CASA family understands. All of these people are here for you," Mann said. "When the tears really start coming and the pain gets hard, you know this is not just work; it can be life and death."

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THE COUNTY LINE

Dancers Demand Right to 'Move Like Jagger'

Fairfax Supervisors table dance hall regulations after dance fans kick up a fuss.

By VICTORIA ROSS
THE CONNECTION

After dance fans protested by blog, email, Facebook and local radio, the Fairfax County Board of Supervisors sidestepped discussion Tuesday of a law regulating dancing in restaurants, tossing the measure back to the planning commission for revisions.

But Supervisor Jeff McKay (D-Lee) said he has not changed his tune about the need for clear-cut zoning regulations regarding restaurants that serve food by day and morph into raucous dance halls at night. McKay said he agreed to put off further discussion of the matter with the assurance that the board would reconsider a revised ordinance in July, before the August recess.

"We don't need more analysis. We need action," McKay said after the board voted to table the measure. "I think we let those folks down who have lived next door to this for years."

County zoning staff proposed a requirement that would limit the maximum size of the dance floor at a restaurant to 150 square feet. Under current zoning regulations, restaurants can use up to an eighth of its floor space for dancing without having to apply for a dance hall permit, which costs approximately \$16,000.

Last Thursday, the Fairfax County Planning Commission told supervisors they needed more time to revise county staff's proposal, contending the 150 square foot limitation was too restrictive.

McKay said he originally asked county staff to review zoning regulations three years ago after police, local business owners and other constituents complained about overcrowding, noise and safety issues at several restaurants in central Springfield. The first complaint, he said, concerned a Chinese buffet that masqueraded as a restaurant by day and turned into a troublesome dancing club at night, with noise and alcohol-fueled brawls that required police action.

McKay said his intent is not to ban dancing, but to update 1975 zoning regulations and make them meaningful, fair and relevant today.

"I think every single one of our board members would be singing a different tune if we had a tragedy because of the overcrowding and drinking," McKay said. "I've walked the walk. I was out at midnight with police and zoning officials at these clubs. They're overcrowded because they shove all the tables out of the way, there's drinking...All I could think of what would happen if someone yelled 'fire.' There would be a stampede and people would get trampled."

During Tuesday's meeting, supervisors said they want to make it clear they are not banning dancing or dancers.

"We're not anti-dancing," said Chairman Sharon Bulova (D-At-large). "We just needed to give a little more time to the issue, and to make sure that we're solving a problem that does exist and not unfairly affecting places that aren't part of the problem."

Supervisor Pat Herrity (R-Springfield) said he had planned to bring in a dance floor that met the proposed regulations to show "how ridiculous the regulations are. You can't dance on 150 square feet," he said.

On Facebook Monday night, dancers said they were prepared to show up en masse at the government center Tuesday to demonstrate that 150 square feet is inadequate to "move like Jagger," tango, rumba, rave or salsa.

Hundreds of dancing fans quickly reposted "The Herrity Report," Supervisor Herrity's monthly e-newsletter, when he sent it out Monday night with the following headline: "Regulatory Overload (Part IV) No Dancing Allowed."

In the report, he called the new regulations "cumbersome and a costly barrier to responsible businesses."

"This is where things always blow up, because we are not looking at the impact on citizens and businesses," Herrity said on Tuesday. "I haven't seen the case yet for the regulatory changes that were presented. We still haven't defined the problem we're trying to solve."

After Tuesday's meeting, McKay said he thought 150-feet was too confining for dancing, but that doesn't mean the regulations should not be revised.

"We could enact a more flexible standard, and we should," McKay said. "I'm for entertainment and dancing, but I also believe there needs to be a lever of control to protect our citizens and other businesses."

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OPINION

Reenacting a Dark History?

Turning back the clock in Richmond.

Who could have anticipated that our elected officials would take African-American History month and Women's History month so seriously that they would literally try to turn back the clock?

First in February, African-American History Month, the assembly voted to make it harder to vote, knowing that the bill would make it less likely that some African-Americans in Virginia would vote.

The bill, which "eliminates the provision that allows a voter to sign a sworn statement that he is the named registered voter he claims to be in lieu of showing identification." There is no evidence that this longstanding provision has been abused.

In an action that reminds many of the poll tax, the General Assembly voted to require specific forms of identification at the polls in order to vote, knowing that this will disproportionately affect minority voters, poor voters and older voters, knowing that 15 percent or more of minority voters and older voters do not have such ID.

In the House of Delegates, the measure passed 69-30, with Northern Virginia delegates Dave Albo, Barbara Comstock, Tim Hugo, Jim LeMunyon and Tom Rust voting in favor; voting against were Robert Brink, David Bulova, David Englin, Eileen Filler-Corn, Mark Herring, Patrick Hope, Mark Keam, Kay Kory, Alfonso Lopez, Ken Plum, Mark Sickles, Scott Surovell

and Vivian Watts.

All Fairfax, Arlington and Alexandria senators voted against the bill that forces voters to provide one of a short list of identification in order to vote, but the bill passed 20-to-20. Senators George Barker, Adam Ebbin, Barbara Favola, Mark Herring, Janet Howell, Dave Marsden, Chap Petersen, Toddy Puller and Dick Saslaw voted against.

Now on to Women's History.

Northern Virginia holds a special place in women's struggle for the right to vote.

From the Workhouse Museum in Lorton: "In 1917, women began demonstrating in front of the White House for the right to vote. They decided they would rather be imprisoned than be quiet. In response to their outspoken protests during World War I, they were sentenced to fines or imprisonment. They chose imprisonment. Some of those arrested were sentenced to the Women's Workhouse at Lorton. The protestors were held under deplorable conditions. As news of the sentences spread, sympathy for the suffragists was aroused. ... Finally the 19th amendment to the Constitution was ratified in 1919 and for the first time women were allowed to vote in the November 1920 national election."

Women's right to self-determination and equality has not come easily, and the transformation to full equality is not complete.

The Virginia General Assembly nevertheless became the butt of jokes and a source of outrage as it pursued a variety of bills that seek to deny women the right to have control over their own bodies.

We don't need to revisit the many references to "transvaginal ultrasound." The literal inva-

sive parts of this bill were deleted, but still the assembly passed legislation that will require women to have an ultrasound view of their fetus before having an abortion.

A bill that would provide "that unborn children at every stage of development enjoy all the rights, privileges, and immunities available to other persons, citizens, and residents of the Commonwealth," passed the House of Delegates 66-32. Local delegates Dave Albo, Barbara Comstock, Tim Hugo, Jim LeMunyon voted in favor; and voting against, Robert Brink, David Bulova, David Englin, Eileen Filler-Corn, Mark Herring, Patrick Hope, Mark Keam, Kay Kory, Alfonso Lopez, Ken Plum, Tom Rust, Jim Scott, Mark Sickles, Scott Surovell, and Vivian Watts.

This bill died in the Senate at least for this year. Northern Virginia senators voting to kill this bill were George Barker, Adam Ebbin, Barbara Favola, Mark Herring, Janet Howell, David Marsden, Chap Petersen, Toddy Puller and Dick Saslaw. No senator from Fairfax, Arlington or Alexandria voted to keep the bill alive.

Outrage over these bills, assaults on women's rights, sparked demonstrations over the weekend.

Apparently the protest that ensued, with hundreds descending on Richmond, was darn scary; scary enough to turn out the riot squad and to prompt police to arrest protesters for sitting on the Capitol steps.

"Our state Capitol is becoming an armed garrison," said state Sen. Janet Howell. "Not since the massive resistance days in the '60s have I seen such a disgraceful display of excessive police presence in my state."

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

Why We Voted Against the Budgets

BY DAVID MARSDEN
STATE SENATOR (D-41)



David Marsden

There has been much written this past week about Democrats voting down the Senate and House budgets. The Washington Post and other writers seem to think that this is the end of the world as we know it. Under both Mark Warner and Time Kaine we had budgets that were not completed until June and May respectively. Why? Because those budgets did not accomplish what many members of the General Assembly, both Republican and Democrat, wanted for the people they represent.

So why did we vote against the budgets at this stage of the process? The answer is twofold.

First, Virginia chose an evenly split Senate, 20 Democrats and 20 Republicans. The Senate budget is better than the House budget for

my constituents, but better does not mean good. I was elected to fight for things that my constituents elected me to stand for. To this end I have used the only leverage I have, which is the budget, to do that which I was hired to do. Did you want someone to go to Richmond and roll over and play dead? This is our state and I will not stop fighting for a budget that will strengthen our economy, create jobs and take care of our most vulnerable citizens. These budgets fall short.

I have worked closely and productively with Republicans on a myriad of issues this year. But a budget that takes 4500 seniors off of Medicaid, gives \$25 million in private school vouchers to families making 70K per year, or transfers

general funds from schools to transportation. What upsets me even more is that the Governor reneged on a promise to introduce a sustainable source of transportation funding into the budget. I was told that if I voted for his transportation bond acceleration package last year he would solve our long term transportation funding problem. He did zero. (By the way, when his representative asked what transportation earmark I wanted for my district to get my vote I told him no! I am not going to circumvent the lawful role of the Commonwealth Transportation Board in distributing transportation funds. Politics should not enter into those decisions. Earmarks are wrong!)

Second, if Republicans had observed the existing Rules of the Senate when we convened this session they would have been in charge and we would have had some level of parity with them as we are evenly split. They are in

charge because the Lieutenant Governor can break the tie votes. I understand that. But with parity, we would have been in position on committees to kill the right wing bills that have made Virginia a national laughingstock and severely damaged our image. Best State for business? Not for long. Best managed State? That's heading south. Best State to raise a child for future success and happiness? A soon to be memory if we keep pulling resources out of schools. Yes, it was hard to be taken off of committees as parity was written out of the rules that we honored when we were in charge. But to think we are killing the budget out of petulance is ridiculous. Everyone uses the rules to fight for what they believe in. That is all we are doing.

We will get a budget this year. But I will not vote for it until we fix the problems and the ill advised process that Republicans have created. We have the time and I have the resolve. Let's get it right.

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Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Amna Rehmatulla
Editorial Assistant
703-778-9410 ext.427
arehmatulla@connectionnewspapers.com

Victoria Ross
Community Reporter
703-752-4014
vross@connectionnewspapers.com
@ConnectVictoria

Bonnie Hobbs
Community Reporter
703-778-9438
south@connectionnewspapers.com

Nick Horrock
County & Projects
nhorrock@connectionnewspapers.com

Jon Roetman
Sports Editor
703-778-9410
jroetman@connectionnewspapers.com
@jonroetman

ADVERTISING:
For advertising information
e-mail:
sales@connectionnewspapers.com

Steve Hogan
Display Advertising, 703-778-9418
shogan@connectionnewspapers.com

Andrea Smith
Classified Advertising, 703-778-9411
classified@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

Editor & Publisher
Mary Kimm
703-778-9433
mkimm@connectionnewspapers.com
@MaryKimm

Executive Vice President
Jerry Vernon
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Photography:
Deb Cobb, Louise Krafft,
Craig Sterbutzel
Art/Design:
Laurence Foong, John Heinly,
John Smith
Production Manager:
Jean Card
Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
703-778-9436
jtheismann@connectionnewspapers.com
@TheismannMedia

CIRCULATION: 703-778-9427
Circulation Manager:
Ann Oliver
circulation@connectionnewspapers.com

NEWS



Claudia Donaldson-Selby painted this bold and colorful "Bird of Paradise" on silk.



Jack Pardue's "Autumn on the Lake" is an example of what the Art Guild of Clifton has to offer.

A Place for Artists

The Art Guild of Clifton is forming.

BY BONNIE HOBBS
THE CONNECTION

The members of the Art Guild of Clifton don't yet have a permanent space or funding, but both are in the works. They've got participating artists, talent and enthusiasm and, on Saturday, March 17, they're having a grand opening in the Town of Clifton.

"We're forming a new, nonprofit organization to support area artists by providing some studio space and a gallery," said Clifton's Mary Lee Peterson, the group's vice president, secretary and treasurer. "It'll be a place where they can work, display their art and meet with the public – which can view them at work and buy their art, if they want to."

The grand opening, which includes refreshments, will be from 6-9 p.m. in a borrowed space upstairs in the NOVA Music Center, 12704 Chapel Road in Clifton. Some 20 artists will participate and their work will be on display there through Sunday, March 18.

Attendees will see a variety of art, including oil, acrylic and watercolor paintings – landscapes, portraits, still lifes, etc. – as well as sculptures, jewelry, pottery and photography.

"We're excited about the Art Guild because we believe it adds another dimension to the town," said Peterson. "People could come to Clifton for lunch and visit the gallery while they're here. We'll give classes and hold events, such as "en plein aire," which means, 'in the outdoors,' so people can see the artists painting town scenes outside."

She said the group will also hold art shows in other places, such as Clifton's Paradise Springs Winery.



Mary Lee Peterson designed and made these turquoise and sterling silver earrings.

And eventually, it might even be part of a combined event with the performing arts, such as actors, dancers and musicians.

Meanwhile, said Peterson, "We're trying to raise funds to rent a gallery space as soon as possible. We found a space in Clifton that we like, but nothing's settled, yet."

ANYONE INTERESTED in donating to the cause may contact the art guild's president, Merle Engel, at 703-815-2716 or merle@mindspring.com. Besides Peterson and Engel, Clifton's Chuck Rusnak is an at-large board member, but the idea for the guild was Engel's and Peterson's.

"Merle has a background in art, knows a lot of artists and saw a need for something like this in Clifton," explained Peterson. "I was an art major in college and I make jewelry, but I'm too busy to lug it from show to show. So we thought, 'Wouldn't it be nice to have a place where people could see and buy a variety of art that would be in one spot all the time?'"

For example, she said, "We have a really amazing person who paints on silk and it's just fabulous – very detailed and delicate with blazing colors. We also have a chainsaw sculptor who does wonderful things with wood." Regarding her own jewelry, Peterson said it's all made with real, precious and semiprecious gemstones and sterling silver. "I wrap wire around the stones, and necklaces and ear-

rings are my specialty," she said.

As for Engle, she describes her art as eclectic with an international flair. "The pieces are all one of a kind," she said. "I make large necklaces and earrings and my stones are often from China and Egypt. I also make pottery plates and bowls with an Italian, Tuscan flair."

ENGLE, who taught art years ago at Clifton Elementary, is delighted with the birth of the new art guild. "This has been a dream of mine almost since I first looked at Clifton as a place to live, 15 years ago," she said. "I wanted to open a gallery here where artists could display, show and sell their work. And I'd like each artist to teach [their craft] so young people from Clifton and the surrounding areas could come and explore their talents, express themselves and learn a little more about art."

"We envision it as a mini Torpedo Factory or Lorton Workhouse," she continued. "We're not in competition with them; we're just serving a different population in a walkable community." More artists are also welcome to join. Currently, said Engel, "I'm looking for weavers and people who make art to wear."

Peterson said they hope the new art guild will really enhance and complement the town. "I also want us to support one another as artists to reach whatever goals we set," Engel added.

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WELLBEING

Cleaning Up One's Plate

Local nutrition experts encourage healthy eating during National Nutrition Month and always.

BY MARILYN CAMPBELL
THE CONNECTION

When it comes to healthy eating, Alexandria wellness educator Cheryl Mirabella encourages her clients to load up during meals, but she offers a caveat. "Crowd out your plate with good stuff," said Mirabella who has offices in Alexandria and Warrenton. "If you're eating nutrient and fiber rich foods, you're naturally going to be more full and more satisfied and therefore you might not be reaching for the junk food as often."

In observance of National Nutrition Month, Mirabella is offering suggestions for

making wise food choices. She and other health experts say that that while trading in salt-laden potato chips for potassium-packed baked spuds might be challenging, making positive dietary changes is easier than one might think, and is worth the effort.

"I believe that food is medicine and we can use it as a way to prevent diseases and heal our body," said Mirabella "If we eat foods that are full of nutrients we're going to give our body everything it needs to do what it does naturally. Food can be a very powerful medicine in terms of disease prevention and reversal."

Begin by simplifying food choices. "The first step is focusing on what isn't food and then finding cleaner options," said Nina



Alexandria-based wellness educator Cheryl Mirabella creates a nutrient-dense salad with avocados and spinach. Dieticians recommend eating fiber and antioxidant-rich fruits and vegetables with every meal.

Elliot, an Arlington-based personal trainer. "All the additives ... that are in many of our favorite foods can contribute to obesity and health challenges. Replacing processed foods with whole foods may take a bit more work in the kitchen and a little more grocery money, but the health benefits are tremendous."

Add fresh fruits and vegetables to each meal. "Vegetables are high in antioxidants," said Mirabella. "Frozen fruits and vegetables are an excellent choice too. They are affordable and they're nutrient rich because they've been picked at the peak of their freshness. They went from the field to the freezer, so the nutrients are locked-in."

Watch for hidden sodium. "Deli meat for example, is highly processed and high in sodium," said Paulette Helman, a registered dietitian in Potomac, Md. "You're better off baking a chicken breast with a little lemon juice."

Choose whole grains. "Whole grains are healthier than plain, white processed grains," said Jean Glossa, M.D., medical director, Fairfax Community Health Care Network and Molina Healthcare. "The closer the food is to the way that it came out of the ground and the less processed it is the healthier it is. But that doesn't mean than by switching to whole grains you can eat an unlimited amount of it. Portion size is still important."

When it comes to protein, keep it lean. "Ideally with every meal and snack, you want to have protein," said Mirabella. "For example, you might have eggs for breakfast and toss in spinach or broccoli and a little feta cheese. If



Alexandria-based wellness educator Cheryl Mirabella grows vibrantly colored, vitamin-packed vegetables in her garden. She believes that nutrient-rich food is medicine for the body.

you have an apple for a snack you might dip it in a little bit of peanut butter so that you get protein and healthy fat along with carbohydrates from the apple. Lean cuts of meat are good, but you want to stay away from saturated fat.

Nutritionists say gradual adjustments work best. "Making small changes is more manageable than overhauling one's diet all

at once," said Elliot. "[They are] more likely to lead to the next positive change ... which means people are [more] likely to want to continue improving ... their diet."

Plan ahead. "Try to eat three meals and two healthy snacks each day," said Mirabella. "That is a great way to keep your blood sugar in balance so you can make healthier food choices all day long."

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BULLETIN BOARD

Send notes to the Connection at
south@connectionnewspapers.com or call
703-778-9416. Deadline is Friday. Dated
announcements should be submitted at
least two weeks prior to the event.

WEDNESDAY/MARCH 14

**Supervisor Pat Herrity's St.
Patrick's Day Party.** 7 p.m.
Springfield Golf and Country Club,
8301 Old Keene Mill Road,
Springfield. Irish band, Irish dancers,
Irish beer and corned beef & cabbage.
\$25-\$35 per family. 703-451-5515 or
ja.michael.nolan@gmail.com.

**NARFE Springfield Chapter
Meeting.** 1 p.m. American Legion
Post 176, 6520 Amherst Ave,
Springfield. With a presentation on
the policies and programs affecting
older adults in Fairfax County by
Tanya Erway, Fairfax Area Agency on
Aging. Free. Guests welcome. 703
313-9387 or jkadelg@yahoo.com.
**Springfield Christian Women's
Connection.** 11:30 a.m. Springfield
Golf and Country Club, 8301 Old
Keene Mill Road, Springfield. With
musician, songwriter, portrait artist
and author Tempe Brown. Childcare
available. \$17. Reserve at 703-590-
6562 or SpringWmConn@yahoo.com.

TUESDAY/MARCH 20

Mount Vernon Genealogy Society.
1 p.m. Room 112 of Hollin Hall
Senior Center, 1500 Shenandoah
Road, Alexandria. Marie Varrelman
Melchiori, professional genealogist
specializing in military records at the
National Archives Records
Administration, will describe aids to
finding NARA records. Free and open
to the public. 703-660-6969 or
publicity@mvgenealogy.org.

TUESDAY/APRIL 3

South County Federation Meeting.
7:30 p.m. South County Secondary
School, 8501 Silverbrook Road,
Fairfax. Southcountyfederation.com.

TUESDAY/MAY 1

South County Federation Meeting.
7:30 p.m. South County Secondary
School, 8501 Silverbrook Road,
Fairfax. Southcountyfederation.com.

TUESDAY/JUNE 5

South County Federation Meeting.
7:30 p.m. South County Secondary
School, 8501 Silverbrook Road,
Fairfax. Southcountyfederation.com.

TUESDAY/JULY 3

South County Federation Meeting.
7:30 p.m. South County Secondary
School, 8501 Silverbrook Road,
Fairfax. Southcountyfederation.com.

TUESDAY/SEPT. 11

South County Federation Meeting.
7:30 p.m. South County Secondary
School, 8501 Silverbrook Road,
Fairfax. Southcountyfederation.com.

TUESDAY/OCT. 2

South County Federation Meeting.
7:30 p.m. South County Secondary
School, 8501 Silverbrook Road,
Fairfax. Southcountyfederation.com.

TUESDAY/NOV. 6

South County Federation Meeting.
7:30 p.m. South County Secondary
School, 8501 Silverbrook Road,
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NEWS

Real Estate Tax Rate 1 Cent Higher

Each one-cent increase raises taxpayer bill by \$45.

The Fairfax County Board of Supervisors voted 6-3 Tuesday, March 6, to advertise the real estate tax rate for FY 2013 as \$1.08 per \$100 of assessed value. The current FY 2012 rate is \$1.07.

Supervisor Cathy Hudgins (D-Hunter Mill) was not present for the vote, and Republican Supervisors Pat Herrity (Springfield), Michael Frey (Sully) and John Cook (Braddock) voted against it.

Chairman Sharon Bulova (D-At-large) noted that advertising an increase in the rate does not prevent the board from lowering any advertised tax rate, but a higher tax rate cannot be imposed without advertising the higher rate.

"This gives us the flexibility we need, depending what happens with the General Assembly," said Bulova.

Supervisor Linda Smyth (D-Providence) called the one penny increase "insurance" that could mitigate potential shortfalls from the state or federal government.

But Frey said the additional stormwater management fee increase already hikes the tax rate by two cents to \$1.10 per \$100 of assessed value. "I cannot support this. I don't want to get people's hopes up that they will see more money because of uptick in property assessments."

This \$1.08 rate will provide flexibility of 1 cent or \$19.95 million above the county executive's FY 2013 proposed budget. Each 1 cent increase in the real

estate tax rate impacts the average residential taxpayer's annual bill by approximately \$45.

In addition, the board authorized the advertisement of a Stormwater Management Service fee of \$0.025 per \$100 of assessed value to support stormwater management programs and services and capital project requirements. The FY 2012 rate is \$0.015. This rate increase is required to meet the increasing federal and state regulatory requirements pertaining to the Municipal Separate Storm Sewer System (MS4) Permit requirements, and state and federal mandates associated with the Chesapeake Bay, according to Bulova.

A separate public hearing on the effective tax rate will be held on Tuesday, April 10, 3:30 p.m., Fairfax County Government Center Board Auditorium, as required by Virginia Code. In addition, public hearings on the FY 2013 budget, the advertised capital improvement plan (CIP) and proposed tax rates for tax year 2012 have been set for Tuesday, April 10, at 6 p.m., and Wednesday and Thursday, April 11-12, at 3 p.m. also at the Fairfax County Government Center Board Auditorium.

Those wishing to speak at any of the public hearings should contact the Office of the Clerk to the Board at 703-324-3151, TTY 703-324-3903, to place their name on the speakers list or sign up online. The Board of Supervisors will adopt the budget on May 1. Key budget dates are available online.

Town hall meetings are being held throughout the county to give residents the opportunity to ask questions and discuss specific concerns. The complete schedule is available online.

— VICTORIA ROSS

CALENDAR

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY/MARCH 8

Friends Book Sale. 1 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Used book sale. 703-249-1520.

Learning English. 7 p.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. Conversation group for adults learning English. 703-339-4610.

Library, 6209 Rose Hill Drive, Alexandria. Music, science and movement with Wendy and Flumpa the tree frog. All ages. 703-971-0010.

Paws to Read. 11 a.m. Lorton Library, 9520 Richmond Highway, Lorton. Practice reading aloud to a trained therapy dog. 15-minute sessions. 703-339-7385.

Friends Book Sale. 10 a.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. All ages. 703-339-4610.

VITA Tax Assistance. 10 a.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. IRS-certified volunteers help taxpayers who earned up to \$50K. Adults. 703-339-4610.

VITA Tax Assistance. 10 a.m. Richard Byrd Library, 7250 Commerce St., Springfield. IRS-certified volunteers help taxpayers who earned up to \$50K. Adults. 703-451-8055.

MONDAY/MARCH 12

Book Bunch. 3:30 p.m. John Marshall Library, 6209 Rose Hill Drive, Alexandria. Book discussion. Call for title. Age 7-8 with adult. 703-971-0010.

Animals, Animals! 10:30 a.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. Stories, songs and fun about animals. Age 2-3 years with adult. 703-339-4610.

TUESDAY/MARCH 13

Second Tuesday Book Discussion. 7 p.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. Those Who Save Us by Jenna Blum. Visit

secondtuesdaybookgroup.blogspot.com. Adults. 703-339-4610.

English Conversation Group. 7 p.m. Richard Byrd Library, 7250 Commerce St., Springfield. Practice and improve your English. Adults. 703-451-8055.

WEDNESDAY/MARCH 14

Science Stories: Rocks, Rock. 11 a.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Stories and experiments about rocks. Bring a favorite rock to share. Age 3-5 with adult. 703-249-1520.

Toddler Time. 10:30 a.m. John Marshall Library, 6209 Rose Hill Drive, Alexandria. Stories and activities. Age 13-23 months with adult. 703-971-0010.

Learning English. 10:15 a.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. Conversation group for adults learning English. 703-339-4610.

Older Adult Book Group. 2 p.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. The Imperial Cruise by James Bradley. Meet next door at Kingstowne Center for Active Adults (KNCAA.) Cosponsored by KNCAA. Adults. 703-339-4610.

Time for Twos. 10:30 a.m. Richard Byrd Library, 7250 Commerce St., Springfield. Storytime. Age 2 with adult. 703-451-8055.

THURSDAY/MARCH 15

Shakespeare's "Twelfth Night." 7 p.m. South County Secondary School, 8501 Silverbrook Road, Lorton. A

SEE CALENDAR, PAGE 11



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CALENDAR

FROM PAGE 10

comedy of mischief and mayhem. \$6, \$4 seniors and students. Get tickets at the door or discounted tickets online at southcountytheatre.org.

National Trumpet Competition.

1:30 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. Featuring The U.S. Army Band & Herald Trumpets with guest soloists. Free and open to the public.

www.nationaltrumpetcomp.org.

English Conversation Group.

7 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Practice English and improve your skills. Adults. 703-

249-1520.

Book Discussion Group. 7:15 p.m. John Marshall Library, 6209 Rose Hill Drive, Alexandria. Call for title. Adults. 703-971-0010.

Fun with Science. 4 p.m. Lorton Library, 9520 Richmond Highway, Lorton. Easy experiments with common household items. Age 6-12. 703-339-7385.

Lorton Library Book Club. 7 p.m. Lorton Library, 9520 Richmond Highway, Lorton. Mudbound by Hillary Jordan. Adults. 703-339-7385.

Learning English. 7 p.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. Conversation group for

adults learning English. 703-339-4610.

Springfield Writers' Group.

7 p.m. Richard Byrd Library, 7250 Commerce St., Springfield. Share your work, give and receive feedback in a supportive setting. Adults. 703-451-8055.

FRIDAY/MARCH 16

Shakespeare's "Twelfth Night."

7 p.m. South County Secondary School, 8501 Silverbrook Road, Lorton. A comedy of mischief and mayhem. \$6, \$4 seniors and students. Get tickets at the door or discounted tickets online at southcountytheatre.org.

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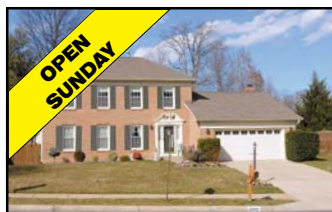


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Open Sunday 3/11 1-4

Immac home w/ 3000+ sq ft w/ large kit w/ island w/ granite cntns, dramatic familyrm w/ vaulted clngs & skylts, recently fin bsmt, MBA w/ double sinks & sep tub & shower, deck, fenced yard, replaced roof, siding, a/c, some windows, garage drs & much more.



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Burke \$489,950
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Sold in 4 Days

Dramatic sun filled condo w/ 2 lvls, balcony, open floor plan w/ 9 ft clngs, open kit w/ granite cntns w/ breakfast bar, exotic bamboo hrdwd flrs, spacious MBR w/ walk-in closet, MBA w/ sep tub & shower, frplc, walk to pool & shops & 1 mile metro.



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Fairfax Station \$879,950
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Burke/Longwood Knolls \$539,950
Sold in 3 Days

Immac home on quiet cul-de-sac w/ remodeled eat-in kit w/ granite cntns, tile splash, custom pantry & slide out shelves, fin bsmt w/ blt-ins, lovely hrdwd flrs, remodeled baths, newer windows, MBR w/ walk-in closet, MBA w/ double sinks, generator, walk to school & more.

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7300 Compass Ct.....\$415,000.....Sat 1-4.....Aaron Roth.....ERA..703-494-3000
9500 Waterline Dr.....\$569,950.....Sun 1-4.....Kathleen Quintarelli.....Weichert..703-862-8808

Centreville

13937 Malcolm Jameson Way.....\$535,000.....Sat 1:30-4.....Ann Richardson.....Golston..703-880-3143
15466 Meherrin Dr.....\$554,900.....Sun 1-4.....Pat Bogenn.....Long & Foster..703-961-7104
5221 Woodleaf Ct.....\$549,900.....Sun 1-4.....Dennis Hogge.....RE/MAX..703-830-2233

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6701 Rock Fall Ct.....\$749,000.....Sun 1-4.....Debbie Kent.....Cottage Street..703-740-7654

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10212 Stratford Ave.....\$419,900.....Sun 1-4.....Jay Andrews.....Fairfax..703-766-2710
9712 Saint Andrews Dr.....\$500,000.....Sun 1-4.....Zarif Sahin.....Long & Foster..703-430-1000
8880 Olive Mae Cir.....\$849,900.....Sun 1-4.....Debbie Tittle.....Weichert..703-821-8300
9032 Lee Hwy.....\$724,900.....Sun 1-4.....Diane Quigley.....Jobin..703-830-6973
13129 Willoughby Point Dr..\$494,500.....Sun 1-4.....Faye Fava.....Samson Props..703-608-7897

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11125 Henderson Rd.....\$865,000.....Sun 2-4.....Pat Fales.....RE/MAX..703-503-4365
11808 Winterway Ln.....\$824,900.....Sun 1-4.....Cristina Dougherty.....Long & Foster..703-969-0471
6917 Winners Cir.....\$789,000.....Sun 1-4.....Carol Hermandorfer.....Long & Foster..703-503-1812
8607 Larkhaven Terr.....\$759,900.....Sat/Sun 1-4.....Mary Beth Eisenhard.....Long & Foster..571-723-7653

Great Falls

1103 Challedon Rd.....\$759,000.....Sun 2-5.....Eve Shapiro.....Keller Williams..703-517-7511

Kingstowne/Alexandria

5704 Brookview Ct.....\$339,950.....Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..703-822-0207
6026 Mayfair Ln.....\$569,000.....Sun 1-4.....Bridget McGovern.....Long & Foster..210-833-6156
6282 Willis St.....\$387,000.....Sun 1-4.....Bob Dooley.....Samson Props..703-581-5758
5613 Marble Arch Way N.....\$439,000.....Sun 1-4.....Daphne Meillo.....Weichert..703-360-7400
6192 Windham Hill Run.....\$524,950.....Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..703-822-0207
6904 Ellingham Cir. #E.....\$320,000.....Sun 1-4.....Brian Murphy.....Coldwell Banker..703-731-5799
7460 Gillingham Row.....\$484,000.....Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..703-822-0207
7629 Hayfield Rd.....\$479,950.....Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..703-822-0207
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10190 Chinkapin Dr.....\$569,995.....Sun 1-4.....Diane Lenahan.....Wolf Run..703-283-7328

Springfield

6430 Melia St.....\$609,900.....Sun 1-4.....Sheryl Lambson.....Long & Foster..703-518-8768
6103 Roxbury Ave.....\$559,900.....Sun 1-4.....Julia Avent.....RE/MAX..703-525-4993
6401 Wainfleet Ct.....\$467,700.....Sun 1-4.....Karen McGavin.....Keller Williams..703-562-1800
7588 Woodstown Dr.....\$474,900.....Sun 1-4.....Jeff Osborne.....Century 21..703-822-2436
7714 Hickory Glen Way.....\$369,900.....Sun 1-4.....Sean McDonough.....Long & Foster..703-819-5330
7960 Pebble Brook Ct.....\$355,000.....Sun 2-5.....Lisa Schlichtig.....Weichert..609-495-5923
8008 West Point Dr.....\$489,900.....Sun 1-4.....Cindy Ikard.....Long & Foster..703-994-0768
8301 Covington Woods Ct.....\$819,900.....Sat 11-3.....Charter Wells.....Keller Williams..703-475-4704
8305 Covington Woods Ct.....\$819,900.....Sun 1-4.....Patrick Kessler.....Keller Williams..703-405-6540
8432 Ambrose Ct.....\$679,000.....Sun 2-4.....Pat Fales.....RE/MAX..703-503-4365

Vienna

2534 Babcock Rd.....\$939,900.....Sun 1-4.....Dan Mleziva.....RE/MAX..703-380-9915

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All listings due by Tuesday at 3 P.M.

Edison Boys Enjoy Wonderful Breakthrough Season

Region runner-up Eagles fall to Petersburg at state quarterfinals.

BY RICH SANDERS
THE CONNECTION

In the end, it proved to be one of the best seasons in the history of the Edison High boys' basketball program. The Eagles, part of the less-heralded National District, were not one of the teams most Northern Region hoops followers were taking seriously at the start of the 16-team regional playoffs.

Perhaps coaches and players within the National District saw it coming, but others throughout the region did not necessarily consider Edison to be one of the teams which would make a strong run at the region title. But that is exactly what happened.

EDISON'S IMPROBABLE breakthrough season came to an end last Friday night at the Siegel Center in Richmond where the Eagles, under head coach Terry Henderson, lost their Virginia State AAA quarterfinals round playoff game to Petersburg High (Central Region), 68-61. With the loss, Edison concluded the season with a 19-10 record.

Edison, at the recent region tournament, had reached the championship game before losing to Westfield, 62-49, on Feb. 27 at Robinson Secondary. Even so, the Eagles, by having made it to the region title game, qualified for the eight-team state tournament field. The fact that Edison lost its final two games of the season - to Westfield and then to Petersburg - hardly diminishes what the team accomplished over the course of the winter season.

IN THE REGION FINALS, Westfield was going up against a red-hot Edison squad which had struggled early in the season with records of 1-3 and 4-5 before turning it on and ultimately capturing its district tournament title with a 63-54 finals win over Washington-Lee on Feb. 16. The Eagles had reached the district tournament finals with wins over Falls Church, 72-47, and Yorktown, 64-52.

In the district title game win over the Generals, Edison's Tyrone Mackall scored 24 points and teammate Matt Murphy contributed 14 in a game in which W-L nearly came back from a 43-23 deficit after three quarters. Despite being outscored by 11 points in the final quarter, the Eagles held on to capture the district crown, giving them plenty of momentum going into the following week's region tournament.

At regionals, the high flying Eagles defeated Herndon, Langley, and Fairfax, the latter win over the Rebels coming in overtime, to reach the meeting with Westfield. Edison, going into the championship, was carrying an eight-game win streak.

BUT WHILE THE UNDERDOG Edison team had proven its merit by reaching the region championship, the Eagles were not able to defeat a defensive-minded Westfield squad known for its strength both inside and outside of the paint.

In the championship game, Edison trailed Westfield, 22-21, at the intermission. But the Bulldogs, leading 24-23 early in the third quarter, then broke the game open with a game-defining 18-4 stretch over the final six-and-a-half minutes of the quarter.

Westfield senior forward Quentin Basil was the Bulldogs' key player in the quarter. After Edison got within 30-25 on a steal and breakaway layup by Mackall, Basil began a 10-0 Westfield spurt by nailing consecutive three-point shots from the left corner.



PHOTOS BY CRAIG STERBUTZEL/CENTRE VIEW

Edison High sophomore guard Chief Amoah goes up for two of his seven points in the Eagles' Northern Region tournament finals game versus Westfield on Feb. 27 at Robinson Secondary.

"Quentin hit some big shots," said Westfield center Zach Elcano, of the back-to-back treys which gave Westfield momentum it never lost.

Edison trailed 42-27 going into the final quarter and was never seriously in the game after that. The Eagles did get as close as 50-43 on a free throw by Marcus Brunsey with 2:18 left to play. But Westfield baskets by senior guard Mark Gibson and Basil, the latter score by Basil - a two-handed dunk shot off a drive from the left side - making the score 54-43 and bringing the loudest roar of the night from the Westfield faithful on hand. The game was well in hand at that point.

EDISON HAD TWO players named to All-Northern Region Tournament Team - big

man Murphy and guard/forward Mackall, who led Edison with 17 points in the championship. Edison, as a team, earned the region tournament Sportsmanship Award.

Westfield's Elcano, the 6-foot-11 inch pivot player, scored 17 points in the title game and earned tournament MVP honors. Basil (16 points, 7 rebounds) and Gibson (10 points) also made the seven-member All-Tournament Team.

In Edison's state playoff game against Petersburg on Friday, three Edison players - Mackall (19 points, 11 rebounds), Chief Amoah (16 points), and Murphy (10 points, 8 rebounds) - scored in double figures. Brunsey added eight points for the Eagles, who led 19-16 after one quarter, trailed 34-29 at halftime, and were behind 50-42 after three quarters.



Edison head coach Terry Henderson, talking to his squad during the region title game, led the Eagles to the National District crown, the region finals, and a trip to the state AAA playoffs this season.

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21 Announcements

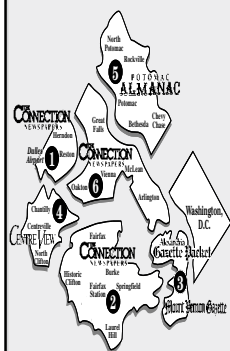
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Storage Mart 1851
11325 Lee Highway
Fairfax, Va, 22030

Unit 1119 - Eun Ji Kim - tables, night stand, dvd player

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but I never walk back.
-Abraham Lincoln

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21 Announcements

21 Announcements

LEGAL NOTICE
MainStreet Bank, 727 Elden Street, Herndon, VA 20170 intends to apply to the Federal Reserve Board for permission to establish a branch at 10089 Fairfax Boulevard, Fairfax, VA 22030.

The Federal Reserve considers a number of factors in deciding whether to approve the application including the record of performance of applicant banks in helping to meet local credit needs. You are invited to submit comments in writing on this application to the Federal Reserve Bank of Richmond, P.O. Box 27622, Richmond, VA 23261. The comment period will not end before March 29, 2012. The Board's procedures for processing applications may be found at 12 C.F.R. Part 262. Procedures for processing protested applications may be found at 12 C.F.R. 262.25. To obtain a copy of the Federal Reserve Board's procedures, or if you need more information about how to submit your comments on the application, contact Adam M. Drimer, Assistant Vice President, at (804) 697-8980. The Federal Reserve will consider your comments and any request for a public meeting or formal hearing on the application if they are received in writing by the Reserve Bank on or before the last day of the comment period.

21 Announcements

21 Announcements

21 Announcements

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21 Announcements

21 Announcements

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21 Announcements

21 Announcements

21 Announcements

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Springfield
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Call Judy 703.503.1885



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Brick rambler on .74 acre lot * Wood floors * Enclosed porch * 4 bedrms & 3 baths * Fireplace in living rm * Finished walk-out basement * Oversized garage with extra driveway parking
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Rental near Historic Clifton \$3,000/mo.
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Woodbridge
\$389,900
Excellent location, Fantastic Home! For commute to Ft Belvoir or Quantico or Pentagon, many nearby commuting options including Bus, VRE, Car Pool lots near 395. 4 BR, 2.5 BA, 2 Car gar. Gas cooking, FP, etc. The renovations are SPECTACULAR. Come and see the pizzazz bathroom with heated tile floor for starters, Spacious Rooms, Fenced Back Yard on a quiet cul-de-sac. What a beauty!!
Call Kay for a special appointment: 703-503-1860



Clifton
\$574,900
Room to roam in this all brick rambler on 5 of the prettiest acres in Clifton! Four upper level bedrooms, 3 baths, 2 car garage! Refinished hardwoods on main level! NO HOA - 3 outbuildings for your hobbies! Waiting for a new owner to add their special touches - it is priced to sell! Sought after Union Mill ES, Robinson School District. Call Marsha to see!



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BURKE CENTRE \$524,900
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Fairfax \$559,900
This lovely home welcomes you to beautiful Fairfax Club Estates where quiet neighborhood charm meets treed lined streets and this lovely home awaits you. Stunning Colonial featuring 4 nice size Bedrooms, 2 1/2 Baths, Hardwood Floors on main level, Updated Kitchen and Baths, New windows, and much more.
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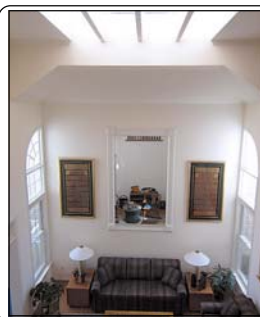
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Fairfax
\$499,000
One level living at its Best! This Rambler has it all - updated eat-in kitchen with 42" cabinets & silestone, updated baths, hardwood flooring, new carpeting and fabulous family room addition. Freshly painted throughout with decorator touches! Close to VRE, Metrobus & top-tier schools!



Vienna \$825,000
Stunning Architectural Elements
Quality construction and decorator inspired updates combine in this 4 BR, 4.5 BA home. Open floor plan with dramatic light from windows and skylights. Kit w/SS appl. and Granite! Finished LL. Call soon!



Richard Esposito

703-503-4035

Richard@LNF.com

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Fairfax Station \$995,000
This stunning colonial has over 5,000 sq. ft on 3 levels. It has 5 BR's 4.5 BA's and sits on 5 wooded acres. The spacious rooms are highlighted by the breath-taking views. One that must be seen!
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Fairfax Station \$795,000
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