

Helping Individuals With Mental Illness

News, Page 6

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#### News



Allison Klem, Eva Muszynski, Tricia Leano, Caroline Keating, Frankie Zito, Gennie Gilson, Clara Balestrieri and Anna Merlene help out with the refreshments during a break in the dance.

## 'Square Off with the R-Word'

he Yorktown High School chapter of Best Buddies hosted a square dance on Saturday, March 10 collaborating with Arlington's Department of Parks and Recreation in addition to the Arlington Partnership for Youth and Family and the Teen Network Board.

More than 100 guests danced in the cafeteria at Yorktown High school as caller Butch Adams introduced new square dance steps. Yorktown's Best Buddy Chapter currently has 86 members, 13 of whom have disabilities. Chapter president Kelly Willner said, "Our chapter has led an awareness initiative through our peer education committee. Our 'awareness educators' give disability awareness trainings to other groups

at Yorktown and in the larger Arlington community. This March, we took part in the spread the word to end the word campaign, an initiative to generate awareness about the hurtful and derogatory implications of the word 'retarded.' Our square dance was themed 'square off with the r-word."

Best Buddies is a nonprofit that promotes the acceptance and inclusion of people with intellectual and developmental disabilities. There are chapters in middle schools, high schools, and colleges. The Yorktown chapter sponsors three events each month that students with and without disabilities can enjoy together, such as cookie decorating or basketball.

Louise Krafft



Sophie
Zidlicky and
buddy Daisy
Starr join
hands and
promenade
their group
around the
room.



Yorktown High School Best Buddy president Kelly Willner.



"Join hands and circle left."



Grant Gwadz and Mallory Bonanno move into the line-up for the start of the kids race.

## On the Fast Track

#### Diamond Derby racers cycle for sport, glory.

"The goal was to

create a race for

anyone even if

By Montie Martin The Connection

peed demons and adrenaline addicts stormed the parking garage at 1850 Crystal Drive for the in

augural Diamond Derby in Crystal City on March 10. The Saturday event boasted a turnout of more than 100 cyclists from across the region in a first-ofits-kind indoor competition.

race has never happened before, it was a huge success," said James Kerns, event or-

they never followed racing." "An indoor garage - Eric Brewer, Diamond **Derby event organizer** 

ganizer. "Nobody came without being

surprised, it exceed everyone's expectation."

Unlike a standard bicycle course with open terrain, Diamond Derby challenged riders with tight turns relevant to a converted indoor garage. Kids events and bike polo games kicked off the event, followed

by non-competitive open course rides open to all.

Around 400 cyclists from the DC-based Dandies & Quaintrelles sported their signature tweed outfits and enjoyed a ride in style along the Potomac to Crystal City. The ride exposed many of the cyclists to the benefits of the city's accessibility, which includes a bike friendly environment, metro access and free evening parking.

SEE FAST TRACK, PAGE 19



**Brian and David Chamowitz stop** in from a ride to take a look at the course.

## Hatching **New Policy**

County to reconsider longstanding rules regulating backyard hens.

> BY MICHAEL LEE POPE The Connection

s Carmen Miller pulled the weeds from her plot at the 10th and Barton community garden, she stopped for a minute to consider the idea of easing restrictions on backyard hens. Asked if she thought it was a good idea, Miller's almost immediately began shaking her head. Although she's a longtime Arlington resident, Miller said that she once lived in a different urban environment that had widespread backyard chickens — and she hated it.

"It wasn't really a great experience because when we saw them get killed, they were running around without their heads,"

On the other side of the garden is Billy Grasmeder. He used to live in Harrisonburg, where many residents have backyard hens. His experience with backyard chickens was opposite, and he said he believed the county should become part of the growing urban agriculture movement by reconsidering the longstanding restrictions against backyard hens.

"I've had backyard hens while I lived there, and we had no trouble," Grasmeder said. "They are pretty clean animals, and they are not loud. You can keep them as pets and they provide eggs for you."

ARLINGTON COUNTY Board member Walter Tejada identified urban agriculture as one of his top priorities for the year dur-SEE HATCHING POLICY, PAGE 4

## A Story of Three Irish Cows — Tuning in to St. Patrick and More

#### From garage band to "Irish musicians."

BY MICHAEL MCMORROW The Connection

or a couple weeks each March, "Irish musicians" sprout like crabgrass. Many assume an imperfect brogue to hide bluegrass or country western underpinnings. It is not held against them, though. Caught up in the spirit of St. Patrick, they do the best they can and listeners appreciate a good try. On the other hand, some have earned the title "Irish musician" through years of practice in this special genre and on a circuit of local music venues. People easily tell the difference.

"A family that plays together, stays together," the saying goes. So it is with the brothers

Walthall — Tim and Jeff and James — also known as www.ConnectionNewspapers.com

The Flying Cows of Ventry. Without question, they are "Irish

James Walthall, youngest of the trio, was first to take an interest in music. The family noticed when he hand-made a guitar. Twin brother Jeff Walthall was attracted to the drums but, when James Walthall moved on to the fiddle, he moved on to the guitar. The eldest by two years, Tim Walthall, now residing in Arlington, arrived last and in the role of principal vocalist, while doubling with the banjo.

A musical foundation was laid within the family, particularly as the aunt from Cincinnati led sing-alongs around the piano in the McLean home. Irish tunes, certainly, but mixed with old ballads and folk songs when everyone knew the words. The brothers developed their skills beginning with the "garage band" stage playing together and with others of their age. An invitation from some "older guys" at Fairfax County's Marshall High School was the first "pay for play." Slowly stage sense was garnered at weddings, SEE FLYINGCOWS, PAGE 7



The Flying Cows of Ventry: From left are James, Tim and Jeff Walthall.



## Hatching New Policy

From Page 3

ing his inaugural address in January. Tejada says the county should take another look at its current restriction, which limits backyard hens to a 100-foot distance between hens and the neighbor's property. Tejada says many local governments have taken action to reduce those kinds of restrictions, which were implemented in an earlier era.

"We are not reinventing the wheel here," says Tejada. "There are places that already have successful urban agriculture initia-

Some jurisdictions have a 4-foot space restriction. Others have a 10-foot restriction. Many have no restrictions at all, opening the door to all kinds of livestock roaming around the urban jungle. As a child in El Salvador, Tejada remembers of a chicken and hanging it upside

"It would eventually bleed to death," he said. "And then we went on with our lives."

**OVER THE COURSE** of the next year, the task force will take a crack at figuring out whether backyard chickens are a good idea in the county. One issue that could prove to be a sticking point is sex - chicken sex. Tejada is adamant that the revised policy will not allow roosters, only hens. That means that some kind of conjugal visits might have to be arranged if advocates of urban agriculture want to enjoy an Arlington-produced omelet.

"We just found out recently that in some places where they are not allowing roosters," said Tejada, "there are visitation hours for the his grandmother slitting the throat roosters at times of the year."

"We just found out recently that in some places where they are not allowing roosters, there are visitation hours for the roosters at times of the year."

— County Board member Walter Tejada

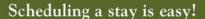
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## Join Urban Agriculture Task Force

comprehensive urban agriculture policy. That is what Arlington County board member Walter Tejada wants to create for Arlington. A policy that he says "could lead to health and fitness benefits, environmental sustainability and reduced obesity.

A part of this policy would be the "Arlington Egg project," founded by Ed Fendley. Its objective is to modify the county's ordinances so that people would have the possibility to keep a limited number of hens in their backyard. "More than 1,000 people have signed a petition for our cause," Fendley said. "We want to give people the freedom to produce eggs in their own backyards." He says that backyard hens produce healthier eggs than commercially farmed hens, which would lead to health benefits for the families with backyard hens.

Both Fendley and Tejada says they want to start a community conversation, and both feel that they have much community sup-

Tejada wants to create an Urban Agriculture Task Force for Arlington, which would be named officially at some point during March. It could take up to a year before this task force would be able to make any recommendations.

To join the Urban Agriculture Task Force, call 703-228-3130.

- Daniel Elséus

#### "Flourishing After 55"

"Flourishing After 55" from Arlington's Office of Senior Adult Programs for March

Arlington senior centers: Aurora Hills, 735 S. 18th St.; Walter Reed, 2909 S. 16th St.; Culpepper Garden, 4435 N. Pershing Dr.; Langston-Brown, 2121 N. Culpeper St.; Lee, 5722 Lee Hwy.; Arlington Mill at Fairlington, 3308 S. Stafford St.; also Madison Community Center, 3829 N. Stafford St.; TJ Comm. Center, 3501 S. 2nd St.

**Senior Trips**: FedEx Field, Landover, Md., Tuesday, March 27, \$51 (including lunch); Frank Lloyd Wright's Pope Leighey House, Alexandria, Thursday, March 29, \$18. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

Fixed income investing, Monday, March 26, / p.m., Langston-Brown. Free. Register, 703-228-6300.

Cooking with spices, Monday, March 26, 1 p.m., Lee. Free. Register, 703-228-0555

Emergency preparedness, Tuesday, March 27, 11 a.m., Langston-Brown. Free. Register, 703-228-6300.

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## Helping Individuals with Mental Illness As understanding grows, so does programming.

By Ashley Simpson The Connection

ith an increase in awareness and understanding of mental illness, the Northern Virginia Chapter of the National Alliance on Mental Illness continues to experience growth in funding and membership. In the upcoming year, its leadership expects NAMI-NoVA to reach record

levels in funding and participation in events.

Robert Cluck, treasurer of NAMI-NoVA, said he attributes its bustling expansion with the organization being able to hire the organization's first program director in 2010.

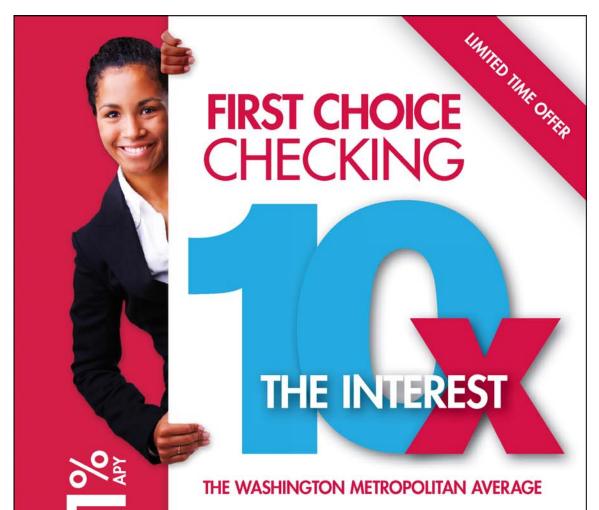
"Under [Arlington resident] Kristen Duda's leadership as program director, our programs have grown in number and participation has increased," he said. "For example, In Our Own Voice has become a regular program at two local hospitals for individuals living with a mental illness, offering encouragement and understanding to the patients."

He added that Duda has been instrumental in adding to the chapter's volunteer base.

"Very important to the programs, Kristen has developed a strong group of volunteers who are involved in making presentations and facilitating programs," Cluck said. "Her outreach to schools has resulted in a number of NAMI-related events. She has also been exceptionally effective in getting word out to the community about the availability of these and other NAMI programs and has established close coordination with other organizations that help individuals with disabilities."

Duda became the first program director of NAMI-NoVA in June 2010. She was the organization's first paid employee; before

SEE MENTAL ILLNESS, PAGE 19





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# NOTICE TO THE PUBLIC

# Flying Cows

FROM PAGE 3

anniversaries, office events and appearances in local restaurants. After graduating from McLean High School, all went to Virginia Commonwealth University where they became known on the college circuit and across the Richmond area

Well into their 20s, the Walthalls performed whatever type of song appealed to their audience. They had begun with rock and roll, moved through surfer sounds into country western and arrived at rockabilly, without overlooking ballads from various sources. Irish music was there, but only incidentally. Around 1994 that changed.

**VOCALIST** Tim Walthall discovered a personal interest in singing Irish songs, and the other two went along. For one performance the program was heavily laden with such numbers and audience reaction was enthusiastic. "We figured that we had found something," said Jeff Walthall. A year or so later, Irish music exploded thanks to Riverdance and with it came more performance venues in the form of Irish pubs, restaurants and song-and-dance festivals.

"We caught the Irish wave as it broke and happily have been riding it ever since," James Walthall said.

Instrumental skills honed over the years were adaptable to the new sound. Playfully, a hint of brogue was developed for the vocals. The trio found much to love in Irish music and playing it came naturally. They also could see that much more needed to be learned. They were no longer once-a-year-St.-Patrick's-Day players. They were in competition with growing numbers of musicians attracted to the Irish scene. Thus began visits to Ireland to absorb the sounds in the cultural settings of the source.

Doolin in County Clare and the Dingle Peninsula in County Kerry are known around the world for

#### **Know This**

The Auld Shebeen, Old Chain Bridge Road at North Street, Fairfax City, is one block from the historic courthouse. See www.auldshebeenva.com. Call 703-293-9600.

Management reports that reservations for this year's St. Patrick's Day celebration are fully booked. However, The Flying Cows of Ventry will perform the preceding evening, Friday, March 16. The group can be heard year-round in monthly weekend appearances.

Recordings are not available at retail in the area, but can be found in www.amazon.com and www.cdbaby.com.

festivals and gatherings and schools of Irish musicians. It was on the latter the brothers found themselves a name. Ventry is a small village some few miles east of Dingle town. A manager of the national radio network (the Irish equivalent of PBS) heard the brothers play and invited them to their first radio broadcast. On route to the

station early one morning, they stopped the automobile for a breath of air overlooking the village below. Banter about the passing farms and animals had led these city boys into silliness leading up to the expression "flying cows." On the spot, they became "The Flying Cows of Ventry."

INDIVIDUAL PATHS divided after graduation from VCU. Tim Walthall went on to Northeastern University School of Law in Boston and is a trial attorney with the U. S. Department of Justice, Washington, D.C. James Walthall continued at VCU and is a doctor of optometry with offices in

Annandale. Jeff Walthall alone pursues a musical career, performing solo and with a changing cast of friends in small groups. While able to work with all types of music, Jeff Walthall admits the favorite kind remains Irish, especially when on stage with his part-time musician brothers.

The Auld Shebeen in Fairfax prides itself on offering "Traditional Irish" music. Booking The Flying Cows of Ventry as centerpiece for this coming weekend's festivities in honor of St. Patrick

leaves nothing more to say about the group's reputation. Dublin native Michael "Mick" Boyle is the man in charge. "I cannot judge if the Cows are the best Irish musical group in the area, but I can judge that they are one of the best Irish musical groups for the area," he said. "They offer a fine blend of well-played older traditional tunes and the songs that our customers want to hear. Friendly with the customers, they always treat their audience with respect," he said

#### NOTICE TO THE PUBLIC OF AN APPLICATION BY WASHINGTON GAS LIGHT COMPANY FOR APPROVAL TO RECOVER HEXANE COSTS CASE NO. PUE-2012-00014

On February 3, 2012, Washington Gas Light Company ("WGL" or "Company") filed an application with the State Corporation Commission ("Commission") requesting approval to recover \$1,252,580 of costs relating to the non-Btu component of hexane injections for the fiscal year ended September 30, 2010, and \$12,908 of costs related to the actual under-collection of non-Btu related hexane costs incurred during the fiscal year ended September 30, 2009 ("Application"). In its Application, WGL explains that it has been injecting hexane into its system since February 2006 to replace heavy hydrocarbons in liquefied natural gas that enters the Company's distribution system. WGL's Application advises that pursuant to a Stipulation accepted by the Commission in Case No. PUE-2006-00059, the Company's performance-based rate regulation ("PBR") plan docket, the Company may request approval to recover the non-Btu portion of hexane costs in excess of \$400,000 if the Company's return on equity is less than 10% in any PBR annual period. Under the terms of the Stipulation accepted in Case No. PUE-2006-00059, the cost recovery of the non-Btu component of hexane will be limited to that amount in excess of \$400,000 required for the Company to achieve an earned return on equity of 10.0% for that PBR period under WGL's PBR Plan. The Company's Application advises that for the fiscal year ended September 30, 2010, the Company earned less than a 10% return on equity. WGL therefore proposes to collect its actual Virginia-jurisdictional non-Btu hexane costs in excess of \$400,000, or \$1,252,580, as well as an additional \$12,908 of non-Btu hexane costs under-collected for the fiscal year ended September 30, 2009.

WGL proposes to collect the non-Btu hexane costs from its customers receiving service under Rate Schedule Nos. 1-Residential Service, 1A-Residential Delivery Service, 2-Commercial and Industrial Service, 2A-Commercial and Industrial Delivery Service, 3-Group Metered Apartment Service, 3A-Group Metered Apartment Delivery Service, 4-Interruptible Service, and 7-Interruptible Delivery Service, 8-Developmental Natural Gas Vehicle Service, and 10-Large Volume Delivery Service. The Company's Application further notes that it proposed new Rate Schedule Nos. 5-Large Commercial and Industrial Service, 5A-Large Commercial and Industrial Delivery Service, 6-Large Group Metered Apartment Service, and 6A-Large Group Metered Apartment Delivery Service in its currently pending general rate case, Case No. PUE-2010-00139. If the Commission approves the Company's proposed rate schedules in its general rate case, the Company will also recover the non-Btu hexane costs from customers receiving service pursuant to these new rate schedules.

WGL proposes to collect its non-Btu hexane costs through an adjustment to the distribution charge for these rate schedules. WGL's Application advises that the hexane charge will be computed on a cents-per-therm basis comprising a current and a reconciling factor. According to the Company's Application, the current factor, if applicable, will be calculated annually by dividing the non-Btu portion of hexane costs approved by the Commission by the total weather normalized throughput for the year. The reconciling factor proposed by WGL will be the difference between the actual amount to be charged and the actual amount collected during the twelve-month period. WGL proposes to implement the current factor as an adjustment to the distribution charge in the first billing cycle month following the Commission's approval of the Company's Application to recover the non-Btu portion of the costs of its hexane injections. The Company's Application also includes testimony and exhibits showing the computation of a proposed charge of \$0.0020 per therm, which will allow the Company to collect the proposed \$1,252,580 of non-Btu hexane costs expensed in fiscal year 2010 and the \$12,908 of non-Btu hexane costs under-recovered in fiscal year 2009.

The details of WGL's proposals are set out in the Company's Application. Interested persons are encouraged to review the Application and other materials filed with the Application for the details of these proposals. Interested persons should also be advised that after considering the record in this case, the Commission may change the tariff revisions proposed by the Company or take other actions with respect to the recovery of the non-Btu component of hexane costs that differ from the proposals set out in the Company's Application.

The Commission has entered an Order for Notice and Comment that, among other things, docketed the Application as Case No. PUE-2012-00014 and established a procedural schedule for the filing of comments, requests for hearing, and the filing of testimony or a Report by the Commission Staff. Interested persons are encouraged to review the Commission's Order for Notice and Comment for details on how to participate in this proceeding.

Interested persons may also review a copy of the Application, the Commission's Order for Notice and Comment, as well as other documents now or hereinafter filed in this matter, in the Commission's Document Control Center located on the First Floor of the Tyler Building, 1300 East Main Street, Richmond, Virginia 23219, between the hours of 8:15 a.m. and 5:00 p.m., Monday through Friday, excluding holidays. A copy of the Application may also be obtained at no cost to interested persons by making a written request to the Company's counsel at the following address: Meera Ahamed, Esquire, Washington Gas Light Company, 101 Constitution Avenue, N.W., Washington, D.C. 20080. If acceptable to the requesting party, the Company provide the Application, with or without attachments, by electronic means. In addition, the Company's Application, the Commission's Order for Notice and Comment, other orders entered in this docket, the Commission's Rules of Practice and Procedure, and other information concerning the Commission and the statutes it administers, may be viewed on the Commission's website at: http://www.scc.virginia.gov/case.

Pursuant to the Commission's Order for Notice and Comment, interested persons may file written comments or requests for hearing with the Clerk of the Commission on the proposals set out in the Company's Application on or before April 27, 2012. An original and fifteen (15) copies of all written comments and requests for hearing must be filed with Joel H. Peck, Clerk, State Corporation Commission, c/o Document Control Center, P.O. Box 2118, Richmond, Virginia 23218-2118. Any request for hearing must state with specificity why the issues raised in the request for hearing cannot be adequately addressed in written comments. If no sufficient request for hearing is received, the Commission may consider the Application based on the papers filed without convening a hearing at which oral testimony is received.

Persons filing a request for hearing and expecting to participate as a respondent in any hearing that may be scheduled in this case shall also file, on or before April 27, 2012, an original and fifteen (15) copies of a notice of participation as required by 5 VAC 5-20-80 B of the Commission's Rules of Practice and Procedure, 5 VAC 5-20-10 et seq., with the Clerk of the Commission at the address set forth above. Any notice of participation shall set forth: (i) a statement of the interest of the respondent; (ii) a statement of the specific action sought to the extent then known; and (iii) the factual and legal basis for the action. Interested persons should refer to the Commission's Order for Notice and Comment for more information on how to participate as a respondent.

Interested persons desiring to submit comments electronically may do so on or before April 27, 2012, by following the instructions available at the Commission's website: http://www.scc.virginia.gov/case and referring to Case No. PUE-2012-00014. Interested persons shall refer in their comments, requests for hearing, and notices of participation to Case No. PUE-2012-00014, and shall serve a copy of any such document filed with the Commission upon counsel for the Company at the address set forth above.

#### WASHINGTON GAS LIGHT COMPANY

## OPINION

## So Hard to Imagine?

#### Poor families face challenges that officials and many of the rest of us have trouble envisioning.

even Northern Virginia includes many poor families and individuals. But officials seem to have trouble wrapping their brains around some of the difficulties this can cause.

In Fairfax, Arlington and Alexandria, some analysis of the effect of budget cuts and service cuts on families in the bottom 20 percent of income would be appropriate and reveal-

Cutting library hours and Editorials service again? Consider that for many, the public libraries

are their only source of computer and internet access. This has a significant impact on school performance, the ability to hunt for a job, the ability to access services and more.

It's hard for many of us to imagine, check-

he Commonwealth of Virginia and ing email at stop lights on our smart phones, that there are families who need to go the library to check theirs. If anything, in the current environment, the libraries should be open more hours, not fewer.

When Fairfax County Public Schools eliminated the year-round school calendar, followed by some of the county's poorest schools, and summer school, poor students were most affected, losing access to meals in the summer as well as a needed boost in

Similarly, some schools systems eliminated the telephone hotline to find out if schools are closed in inclement weather. Everyone checks that online, right? Or gets their daily email update?

Requirements to present a variety of identification to do a variety of things also present bigger challenges to poorer residents.

#### Veto Voter ID Bill

Gov. Bob McDonnell should read the handwriting on the wall from the U.S. Justice Department about making it harder to vote.

More than 600,000 registered voters in Texas do not have the identification that the voter identification law would require, according to Tom Perez of the Justice Department, including a disproportionate number of minority voters, and more than 10 percent of Latino registered voters.

The analysis will reveal similar disparities in Virginia. The Governor can save Virginia money, time and trouble by vetoing the bill now.

MARY KIMM, MKIMM@CONNECTIONNEWSPAPERS.COM

Correction: Last week's editorial failed to correctly identify Del. Charniele Herring (D-46). The full editorial has been corrected online.



Tami Faram hands out free vintage t-shirts.

#### Marine Corp Marathon Says Thank-you

he Marine Corp Marathon Roadshow visited Metro Park in Rosslyn on Wednesday, March 7, to thank the community for being the finish line host for the upcoming 37th annual race. Later in the day, the marathon registration opened and closed two hours and 41 minutes later with 30,000 registration spots sold. The 37th MCM will be held on Oct. 28.



MCM Roadshow announcer Marc Goldman welcomes all to Metro Park.



Miles the mascot bulldog poses for photos with Major Derek Poteet, Chris Dorsett and Sandy Sandbakken.



Sandy Sandbakken, a five-time marathon runner joins in the festivities.

## Arlington

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## Home Life Style

## Local Designers Selected to Make Over DC Design House

## Annual event raises money for Children's National Medical Center.

By Marilyn Campbell
The Connection

ome of the Washington area's top interior design ers are unleashing their creative talent all in the name of charity. Organizers of the 2012 Washington, D.C. Design House announced the designers who will make over the 2012 D.C. Design Home.

"The selection [was] open to all area designers who wanted to apply," said Susan Hayes Long, chairperson of D.C. Design House. "They started by coming to a design walk-through to get a feel for the space, and then [submitted] up to three proposals for rooms, with at least one presentation board. The board [included] their floor plan, color selections, and finishes they would use. Our design team selected the final 23 designers. We had more than 80 proposals this year, and so many fantastic presentation boards. The competition was really tough."

The D.C. Design House serves as a bellwether of local design trends. "Being selected to design for the show house is a bit like being crowned homecoming queen then having to run a marathon in your ball gown while collecting items for a scavenger hunt," said Shazalynn Cavin-Winfrey of SCW Interiors in Alexandria, who was

#### **Local Designers**

Some of the local designers who were selected to make over the home offer a preview of their plans.

#### Potomac-based designer Sharon Kleinman of Transitions will decorate the master bedroom.

"The room is architecturally challenging with many doors and minimum wall space," she said. "The focal point in the room becomes the sliding glass doors that look out into the garden. I use the garden view as my inspiration. Choosing fabrics in lush greens and warm browns, I brought the colors of the garden indoors. I believe master bedrooms should be serene so I used lots of different textures and very little pattern."

Great Falls-based designer Susan Nelson of Susan Nelson Interiors designed a teenage girl's bedroom. "I combined a variety of block and geometric prints in greens, yellows, pinks, brown and cream to create a cozy haven. By using a mix of new and repurposed furniture, the room has the quality of

> See Local Designers, Page 11

one of the designers selected. "It is the most prestigious invitation. .. For a committee of veteran designers and industry leaders to select a designer is truly one of the highlights of one's career."

With no paying clients to please, the designers unleash their creative talent. "I love participating in show houses for the freedom it allows me," said Annette Hannon of Annette Hannon Interior Design in Burke, who was also one of the designers selected. "For each house I've had the opportunity to engage in, I've gotten to conjure up an imaginary 'perfect' client and design according to their needs and desires. It's a bit like celebrating one's birthday and getting to create your perfect party."

The Washington, D.C. Design House, a nonprofit entity, began in 2008 as a design event in which some of the region's most sought-

See Design House, Page 12



PHOTO BY ROBERT RADIEER

This is a "before" photo of the dining room in the 2012 D.C. Design House. Alexandria-based interior designer Shazalynn Cavin-Winfrey of SCW Interiors, in Alexandria, will transform the room into a space for festive celebrations.



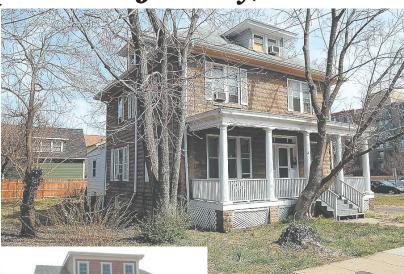
Photos by Louise Krafft/The Connection

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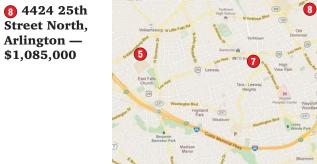
🗿 1305 Herndon Street, **Arlington** —\$1,650,000



4 2604 12th Street North, Arlington —\$1,480,000



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.... BR FB HB . Postal City .. Sold Price ... Type ..... Lot AC . PostalCode ....... Subdivision .......... Date Sold 1881 NASH ST N #PH01 .. 3 .. 4 .. 1 .. ARLINGTON ... \$4,200,000 .... Hi-Rise 9+ Floors ....... 22209 ....... TURNBERRY TOWER .

Source: MRIS, Inc. For more information on MRIS, visit www.mris.com



2 1415 Nash Street, Arlington — \$1,730,000

<sup>.. 3 .. 2 ..</sup> ARLINGTON ... \$1,730,000 .... Townhouse .0.02 ...... 22209 . BROMPTONS AT MONUMENT PL ... 01/06/12

<sup>3 1305</sup> HERNDON ST ....... 4 .. 2 .. 0 .. ARLINGTON ... \$1,650,000 .... Detached .... 0.26 ...... 22201 ...... IYON VILLAGE .

<sup>6617</sup> LTTLE FALLS RD N . 5 .. 4 .. 1 .. ARLINGTON ... \$1,359,000 .... Detached .... 0.24 ...... 22213 ....... BERKSHIRE OAKWOOD .

#### **Local Designers**

From Page 9 changing along with the girl," she said. "For instance, the coverlet fabric is a sophisticated fabric with a water color quality to the flowers on it, but the club chair is slip covered in a fun confetti print in pinks and purples that she might have had as a child.

Shazalynn Cavin-Winfrey of SCW Interiors in Alexandria is charged with transforming the dining room. "I anticipate wonderful parties and celebrations in the dining room I will be creating this year and my use of color and pattern is a play on this celebratory mode. I am thrilled to help people who see the space take away some element in the design that might fit their home or their lifestyle," she said.

Victoria Sanchez of Victoria Sanchez Interiors in Alexandria is creating a teenager's retreat. "I have chosen a very lively, colorful design scheme from Missoni and will be using Mid-Century modern furniture," said Sanchez. "This room is designed to be a perfect hangout for teenagers and will reflect the energy teenagers create."

Nancy Twomey of Finnian's Moon Interiors in Alexandria will design a boy's bedroom. "I love good design, but I also know children. Children's rooms are messy places, so it is best if there is an inherent order in the design elements, starting with the palette," said Twomey. "My 2012 D.C. Design House room has a serene quietude in its bones, but it isn't sleepy. It has timeless, classic ingredients such as menswear fabrics, juxtaposed with modern, playful ones.'

Elizabeth Krial of Elizabeth Krial Design in Reston will create a modern nursery. "The most afforded luxury in my space is the natural sunlight that washes the room," she said. "As a designer, I have added luxurious layers of softness and comfort through textiles. The modern nursery has a lightness that will remind you of the hope and joy that a new baby brings.

**Matthew Moore of John Mat**thew Moore Fine Art in McLean will decorate the foyer and **staircase.** "My design philosophy is clean, classic spaces. My favorite period in design is the late fifties and sixties," he said. "I feel that that is the time when American design came into its own. I've chosen this style for the entrance and reception hall [because] the home was built in that period. It's a sophisticated design that would be as much at home in the fifties as it is now in the present."

**Annette Hannon of Annette** Hannon Interior Design in Burke designed the parlor. "The [parlor] is the first living area a visitor will enter," said Hannon. "My goal was to create a comfortable, luxurious space someone would want to linger in long after the party's over. I felt it was essential to add layers of interest

#### Where & When

The DC Design House opens to the public on Saturday, April 14 and remains open until Sunday, May 13. Times are: Saturday and Sunday noon to 5 p.m. and Tuesday through Friday 10 a.m. to 3 p.m. Tickets are \$20 and can be purchased online or at the door.



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## Home Life Style



Shanon Munn, of Ambi Design Studio in McLean, was one of 23 designers selected to make over the 2012 D.C. Design House. She will decorate the master deck.

## Design House

From Page 9

after designers decorate a luxury home to raise funds for a local charity. After completion, the home is opened to the public for tours. Now in its fifth year, the D.C. Design House has attracted more than 30,000 visitors and raised nearly \$600,000 for Children's National Medical Center (CNMC). Proceeds will go to CNMC again this year.

Built in 1956, the 2012 D.C. Design House is located in Washington, D.C.'s Spring Valley neighborhood. It is currently on the market for \$3.9 million.



Krial Design in Reston, was one of 23 designers selected to make over the 2012 D.C. Design House. Krial will design a modern nursery.

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#### Wednesday, MARCH 28, 2012 at 9:30 a.m.

the following property being the property contained in said Deed of Trust, described as follows:

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IN THE SUPERIOR COURT OF THE VIRGIN ISLANDS DIVISION OF ST. THOMAS AND

 $\begin{array}{l} {\rm VIRGIN\,GRAND\,VILLAS-ST.\,JOHN)CONDOMINIUM\,OWNERS)} \\ {\rm ASSOCIATION,)} \\ {\rm )Plaintiff,)} \end{array}$ ST - 11 -CV - 544 ACTION FOR DEBT FORECLOSURE OF

LIEN AND BREACH OF CONTRACT

CRYSTAL DENUNZIO,)

SUMMONS

TO: CRYSTAL A. DENUNZIO 6820 McLean Street McLean, Virginia 22101

Within the time limited by law (see note below) you are hereby required to appear before this Court and answer to acomplaint filed against you in this action and in case of your failure to appear or answer, judgment by default will be takenagainst you as demanded in the Complaint, for DEBT, FORECLOSURE OF LIEN AND BREACH OF CONTRACT. Witness my hand And the Seal of this Court this 16thday of February, 2012. HON. MICHAEL C. DUNSTONJUDGE OF THE SUPERIOR COURTOF THE U.S. VIRGIN ISLANDSRichard H. Dollison, Esq.Attorney for Plaintiff, Virgin Grand Villas – St. John Condominium Owners AssociationDuensing, Casner, Dollison & FitzsimmonsElectra House, 5060 Forts Straede P.O. Box 6785St. Thomas, U.S. Virgin Islands 00804NOTE: This defendant, if served personally, is required to file his answer or other defenses with the Clerk of this Court, and toserve a copy thereof upon the plaintiff sattorney within twenty (20) days after service of this summons, excluding the date ofservice. The defendant, if served by publication or by personal service outside of the jurisdiction, is required to file his answer or other defense with the Clerk of this Court, and to serve a copy thereof upon the attorney for the plaintiff within this type of the personal service outside of the purisdiction of the personal service outside of the purisdiction. within thirty (30) days after the completion of the period of publication or personal service outside of the jurisdiction.

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#### "Early Results Show Stable Disease"



By KENNETH B. LOURIE

There's five words e-mailed from my oncologist that I can live with (Duh!). Certainly better than the previous nine words e-mailed eight weeks ago regarding my then current CT Scan: "Scan results show progression. We'll talk more on Friday." Not that early results (I think 'early results' means after the first two infusions) guarantee any future results, but half good is better than all bad. Continued 'progression' (growth and/or movement; meaning the chemotherapy was having zero effect) would have been disappointing (you think?), so reading 'stable' in my doctor's message was welcome news indeed; any port in a storm, as they say. And make no mistake about it, when you're diagnosed as a terminal patient, who's now outlived your original prognosis - by years - every day is a storm, and any place of refuge, leaky or otherwise, is a welcome sight. Just as pilots say: "Any landing you walk away from is a good one," I'm going to create a corollary for cancer patients: any scan that doesn't cause your oncologist to advise you to get your things in order ("Five Wishes") is a good one. And so Tuesday, February 18th was real good – for "Kenny-with-cancer." Alive and reasonably well.

However, just as life goes on, so too do the diagnostic scans and all the associated anxiety and hopes and prayers as well. It's a balancing act to be sure, to be always living on the edge (make that precipice), but obviously I'm grateful to be doing so - despite the emotional upheaval. Though I've been there – and still doing it, it doesn't make any of it easier going forward. Being familiar with the chemotherapy (the "second line" I'm now enduring) - and its side effects from three years ago when I was originally diagnosed and treated, doesn't really lesson the anxiety of it, it more reinforces the fear of it. Regardless of the success I've had fending off cancer's ravages, it's difficult to rid yourself of the inevitability of its

At least now there are e-mails (and Web sites to access) between doctor and patient to maintain the lines of communication and facilitate the prompt exchange of information, and to shortcut the previously interminable waits patients had waiting for scan/lab results. The results are not immediate, let's be realistic; but they are sort of predictable, time-wise, and in that predictability evolves a certain calm. And however 'calm' can be introduced into the doctor/cancer patient equation, it exponentially improves the patient's quality of life.

Now when you have your follow-up appointments - and certain information has already been communicated, these appointments can be more productive, less emotional and more strategic moving forward rather than spent reacting to medical facts only recently in evidence. After all, the oncologist is trying to keep you alive, and any methodology that enhances that relationship and improves the quality of the time between doctor and patient is better for all concerned. The emails blunt some of that unproductive but predictable emotion, which then enables the doctor and patient to more intelligently and dispassionately consider the options/treatments available. At some point, however, reality has to be addressed (I wouldn't say embraced, though). Way back when, my oncologist advised us that none of this was going to be easy, and he was right. But his honesty – and treatment has made it a bit more bearable for me. I wouldn't characterize or dare say that there's a recipe for success in anything he or I have done together or that I've done independently of him; so far, so good though. I am alive three years post-diagnosis after originally receiving a less than encouraging prognosis: "13 months to two years."

Within the next month, I will have had two more chemotherapy infusions followed up by yet another CT Scan, and this fun will begin all over again. I can't really say that I'm looking forward to it, but being terminal is all it's cracked up to be, and looking forward is still better than not being able to look at all.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

#### ENTERTAINMENT

#### **FEB. 13 TO APRIL 14**

"Think Like a Child." A juried art show sponsored by the Arlington Artists Alliance. The show was juried by Lisa Semrad. After hanging at the Arlington Cultural Affairs office the show will move to Cassatt's Cafe and Gallery on April 15 where a reception will be held on April 22. The Arlington County Board offices will host the show from May 7th until June 25 and then the Arlington County Central Library from July 1st - July 31st.

#### **FEB. 13 TO APRIL 13**

Equalizers Exhibition. 5 to 7 p.m. reception.
Enjoy the opening of the Founders Hall Art
Gallery's newest exhibition, "Equalizers." The
exhibition includes three print makers who explore
natural equalizers inducing equality, equilibrium,
and balance in society. At George Mason
University Founders Hall Art Gallery, 3351 Fairfax
Drive, Arlington. Contact the Arts Management
office at 703-993-8926.

#### FRIDAY MORNINGS

Line Dancing Class. 10 to 11 a.m. Line dancing with Barbara Allen. Covers the basic steps, then combines them to music for a gentle, social, aerobic workout. More experienced line dancers are welcome as they can assist the newer dancers. At Aurora Hills Senior Center. Call 703-228-5722.

#### FEBRUARY TO APRIL

Artwork by Tweety Thuy Dong. 9 a.m. to 5 p.m. At 300 Park Ave., first floor hallway, Falls Church. Artist's reception is Feb. 8 from 3 to 5 p.m. and April 11 from 3 to 5 p.m.

#### **NOW THROUGH MARCH 17**

El Abrazo Lunar (The Moon's Embrace). A performance season featuring four plays from four countries — from Costa Rica, Spain, Argentina and Uruguay. With Thursday, Friday and Saturday evening performances at 8 p.m. and Saturday matinees at 3 p.m. Tickets are \$35/regular; \$30/students and seniors. At Teatro de la Luna. At Gunston Arts Center, Theater Two, Arlington. Visit www.teatrodelaluna.org or reserved in advance for pickup at will call. Call 703-548-3092.

#### \* March 15 to 1/ — Uruguay's "Solo Petri THROUGH MARCH 18

"The Magical Lamp of Aladdin." Tickets are \$12/adults; \$10/students and seniors; Saturday, March 17 at 11 a.m. and 3 p.m.; and Sunday, March 18 at 3 p.m. At Kenmore Middle School, 200 S. Carlin Springs Road, Arlington. Visit www.encorestage.org.

#### MARCH 14 AND 15

Auditions - A Little Night Music. 7 to 9:30 p.m. Cast will be between 14 singing actors and 4 non-singing actors. There are parts for both men (5) and women (9), ages 12-70. At Theater on the Run, 3700 S. Four Mile Run Drive, Arlington. Visit http://www.thearlingtonplayers.org/drupal-6.20/node/4661/show For insight into the director's vision and approach, go to the director's blog at Directorctd.wordpress.com

#### THURSDAY/MARCH 15

Arlington's Commercial History. 7:30 p.m. Charlie Clark, longtime contributor to the Arlington Historical Magazine, will present "Do You Remember? An Interactive Journey Through Arlington's Commercial History." Be prepared to share your recollections of the county's oncebeloved hardware stores, eateries, haberdasheries and more. Hosted by the Arlington Historical Society. At Arlington Central Library.

Finding Greener Ways to Live and Garden. 11 a.m. Free. With Arlington Environmentalist Elenor Hodges speaking to the Rock Spring Garden Club. At Little Falls Presbyterian Church, 6025 Little Falls Road, Arlington. RSVP by March 8 to 703-533-2942. http://rockspringgardenclub.com/

533-2942. http://rockspringgardenclub.com/ **Mokey Doris.** 9 p.m. Tickets are \$10. At Iota Club in Arlington.

Arlington Egg Project. 7 p.m. The Arlington 4H youth program seeks local volunteers for a new embryo project. Families will receive fertilized eggs, hatch and nurture the chicks, and then return the youngsters to 4H for re-homing. Meeting at Fairlington Community Center, 3308 South Stafford St., Arlington. Visit www.ArlingtonEggProject.org

Two Films. 7 p.m. "Red-End and The Seemingly Symbiotic Society" and "Garden in the Sea." At Artisphere's Dome Theater. Part of the 2012 Environmental Film Festival. Visit http://dcenvironmentalfilmfest org

dcenvironmentalfilmfest.org. **Holistic Moms Network Arlington/Alexandria Chapter Meeting.** 7 to 9 p.m. Navigating Public



PHOTO BY LARRY McCLEMONS

#### Andrew Ruhnke ("Aladdin") and Abby Huston ("Princess Jasmine").

#### **THROUGH MARCH 18**

"The Magical Lamp of Aladdin." Tickets are \$12/adults; \$10/students and seniors; Saturday, March 17 at 11 a.m. and 3 p.m.; and Sunday, March 18 at 3 p.m. At Kenmore Middle School, 200 S. Carlin Springs Road, Arlington. Visit www.encorestage.org.

School as a Holistic Parent. Panel with Katherine Sumner, ACPS parent and co-founder of Nourish Schools, Elaine Tholen, FCPS environmental educator and co-founder of NoVa Outside, and Miriam Gennari, APS parent and Sustainability Committee member and founder of StyrofoamMom. At Arlington United Methodist Church, 716 S. Glebe Road, Arlington. Visit http://holisticmomsarlalex.blogspot.com. Contact: HolisticMomsArlAlex (at) gmail (dot) com or call Jessica at 703-824-6167

#### FRIDAY/MARCH 16

Harlem Wizards. 7 to 9 p.m. Play against the Arlington Elite. At Thomas Jefferson Community Center, 3501 South 2<sup>nd</sup> St., Arlington. Call 703-228-7781 or visit www.harlemwizards.com.

Neuroscience and Neuroethics: Considering Nature, Nurture and Norms. 8 a.m. to 6 p.m. Free but RSVP required. At the Potomac Institute for Policy Studies, 901 North Stuart St., Suite 200, Arlington. Visit www.potomacinstitute.org. RSVP to Laurie Kinney at lkinney@potomacinstitute.org.

#### SATURDAY/MARCH 17

Benefit Concert. 7 p.m. "Remembering Haiti—A Night of Inspiration." Featuring Snuhgie & Friends, with Guest Performances by Soulfire & Sound of Influence. At Trinity Presbyterian Church, 5533 N. 16<sup>th</sup> St., Arlington. Call 703-536-5600. Visit www.trinityarlington.org

ShamRock Cycle. 10 a.m. Before you hit the bar for

ShamRock Cycle. 10 a.m. Before you hit the bar fo St. Patrick's Day, hit up Revolve's Barre Ride with Grant! Start off the day in a healthy way, cycling to Irish themed music. After class, hang out and snack on some green treats from Revolve's neighbor Red Mango! At Revolve, 1025 N. Fillmore Street, Arlington. Call 703-567-4516. Visit www.revolvefitness.com.

Monte Carlo Night. 7 p.m. An Evening of Elegance and Emeralds. Hosted by Leadership Arlington. Tickets are \$195/person, includes dinner, dancing, open bar, gaming and silent auction. At Reagan National Airport, Historic Terminal A.

World Children's Choir. 7 p.m. A Celtic Celebration. Tickets are \$20/adults; \$10/seniors and students. At St. Peter's Episcopal Church, 4250 N. Glebe Road, Arlington. Call 703-883-0920; info@worldchildrenschoir.org;

www.worldchildrenschoir.org.

Panel Discussion. 3 to 5 p.m. Join curator Jeffry
Cudlin for a panel discussion on the topic, "She
Got Game" with artists Holly Bass, Sarada
Conaway and Gillian Schroeder. At the Arlington
Arts Center in Arlington.

A Girl Scout 100th Birthday Celebration. 10 a.m. The Arlington Branch of the American Association of University Women will celebrate 100 years of girl scouting. At Goodwin House, 3440 South Jefferson Street, Falls Church. The speaker will be Julie Robben Lineberry, Chair of the Archives and History Committee of the Girl Scout Council of the Nation's Capital. A junior girl



PHOTO BY ARTSTREAM

Rehearsing "Oh My, An Invasion" (left to right): Nick Kramp - S.H.H. Agent Zander Dukes; Sheryl Messenger - S.H.H. Agent Crystal Crow; Jessica Dempsey - S.H.H. Agent Amanda Armstrong; Steve Corn - Archeologist Stephen Radcliffe III "Harry"; and Thomas Davis - Captain Archeon.

#### **MARCH 15-24**

**Two Musicals.** Presented by the Inclusive Theatre Companies of ArtStream, a D.C.-area non-profit that brings meaningful artistic experiences to people with disabilities, the plays are "Star Corps IV: The Search for Mind Zap" and "Oh My, An Invasion!" Performances are Thursday, March 15 at 8 p.m.; Friday, March 16 at 8 p.m.; Saturday, March 17 at 3 p.m.; Thursday, March 22 at 8 p.m.; Friday, March 23 at 8 p.m.; Saturday, March 24th at 3 p.m. Tickets: \$10 and \$5 for students and children, available at the door (cash, check, credit card) and online at www.art-stream.org; call 301-565-4567. At Gunston Theatre One, 2700 South Lang St., Arlington.

scout troop will perform some favorite songs and assist Mrs. Lineberry in a flag ceremony. The meeting is free and the public is invited.

Green Living Expo. 10 a.m. to 4 p.m. Come learn how to green your home, apartment, community and lifestyle. Featuring green vendors, seminars, a raffle, children's activities and more. At Washington-Lee High School, 1301 N. Stafford St., Arlington. More information: www.arlingtonenvironment.org/expo or 703-228-6427

St. Patrick's Day Dinner. 7 to 9 p.m. Corned beef and cabbage, boiled potatoes and carrots, assorted mustards, dark rye and Irish soda bread, coffee and dessert, a variety of beverages. Singing waiters and waitresses, pot of gold raffle, and Irish music sing-along. All are welcome. Tickets are \$15/adults; \$7.50/children. At St. Andrew's Episcopal Church, 4000 Lorcom Lane at Military Road, Arlington. Call 703-522-1600. To reserve, call 703 241-7586 or email jwmassant@verizon.net

Country Western Dance. The Northern Virginia Country Western Dance Association will hold its smoke-free, alcohol-free dance at Luther Jackson Middle School, 3020 Gallows Rd., Falls Church. This is a St. Patrick's dance. There will be a DJ. Eileen Scott will teach "Stealing the Best" line dance and Karen Johnson will review the "Irish Stew" line dance beginning at 7:30 p.m. Linda Bloyer will teach Beginning East Coast Swing beginning at 8 p.m. Open dancing is from 8:30-11 p.m. and includes Two Step, Waltz, line, Swing Cha Cha, and specialty dances. Couples and singles are welcome. Admission for NVCWDA members \$10; non-members \$12; children under 18 accompanied by a paying adult \$5; PSDC members \$10. Snacks and drinks will be available Visit www.nvcwda.org, or call 703-860-4941.

Leadership Conference. 8 a.m. to 4 p.m. The Color of Leadership Conference: A Male Perspective will feature Erik Cork, a nationallyrecognized writing consultant and creator of the lively workshop, "Rap, Rhythm & Rhyme: Rebuilding the Writing Foundation." For middle school minority boys. At the Arlington campus of George Mason University in Founders Hall, 3351 Fairfax Drive, Arlington.

Women in Uniform Performance. 3 to 5 p.m.
Join curator Jeffry Cudlin for a panel discussion
with "She Got Game" artists Holly Bass and Sarada
Conaway, and AAC Resident Artist Gillian
Schroeder. This panel discussion and performance
event will unpack issues around role-playing with

gender and identity; subject/object confusion; and how — in the case of AAC's "She Got Game" — sometimes the right clothes really do make the art. At Arlington Arts Center, 3550 Wilson Blvd., Arlington. Visit www.arlingtonartscenter.

#### SUNDAY/MARCH 18

Cosmic Collisions. 5 to 6 p.m. Sunday Science Lecture, "Cosmic Collisions," presented by Jessica Rosenberg, Ph.D. Presented by the Friends of Arlington's David M. Brown Planetarium. At the Conference Room at Walter Reed Recreation Center, Arlington. Visit www.saveplanetarium.org.

Pops Concert. 4 p.m. With the Arlington Youth Orchestra string musicians in grades 5 to 10. At Artisphere's Spectrum Theatre, 1611 North Kent St., Arlington. Visit PreludeVA.org or call 571-249-5884.

Christ in the Passover Seder. 6 to 8 p.m.

Conducting the seder will be Karl deSouza, a missionary with Jews for Jesus, a San Franciscobased organization that proclaims Jesus as the Messiah of Israel and Savior of the world. At Clarendon United Methodist Church, Corry Social Hall, 606 N. Irving St., Arlington.

#### MONDAY/MARCH 19

Rehearsals Begin. 7 to 9 p.m. NoVA Lights Chorale is in search of singers for its spring season and its "Summer Sojourn" concert on June 10. All are welcome and no auditions are required. Rehearsals are Mondays, 7-9 p.m., beginning at Arlington Presbyterian Church, 3507 Columbia Pike in Arlington. The June 10 concert will include folk, jazz, gospel, and swing era songs, such as "Route 66," "Freedom Train," "Come Fly with Me," "Summertime," and "Sing Your Way Home." Visit the NoVA Lights website at www.novalightschorale.jigsy.com, or call Barbara Stefan, Music Director, at 703-347-3512.

#### TUESDAY/MARCH 20

Sunny Side Up Benefit Breakfast. 8:30 a.m. Encore Stage & Studio celebrates its 45<sup>th</sup> anniversary serving area kids. At Washington Golf and Country Club, Arlington. To RSVP to the event, email info@encorestage.org or call 703-548-1154. Visit www.encorestage.org.

#### THURSDAY/MARCH 22

**The Brew.** 9 p.m. At Iota Club & Café, Arlington. **Microchipping your Pets Clinic.** 6:30 to 8:30 p.m. Cost is \$30 for the 24PetWatch MiniChip. At 2650 S. Arlington Mill Dr., Arlington.



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#### Theater



Kate Rohr thanks her fellow TAP members in accepting the award for Outstanding Set Painting in a Play for "The Seagull."



hotos by Jeanne Theismann/The Connection

Avery Burns accepts her award for Outstanding Properties in a Play for the TAP production of "The Seagull."

## TAP Honored at WATCH Awards

#### "The Seagull," "42nd Street" take home top prizes.

By Jeanne Theismann THE CONNECTION

tandout productions of "The Seagull" and "42nd Street" earned The Arlington Players top honors from the Washington Area Theatre Community Honors awards, taking home five trophies during the WATCH Awards ceremony March 11 at the Birchmere Music Hall in Alexandria.

Last year's production of "The Seagull" garnered four awards: Outstanding Properties in a Play - Avery Burns - "The Seagull"; Outstanding Set Decoration in a Play - Lindsey Hays - "The Seagull"; Outstanding Set Design in a Play - Amanda Acker - "The Seagull"; and Outstanding Set Painting in a Play -Kate Rohr - "The Seagull."

John K. Monnett took home the award for Outstanding Choreography in a Musical for his work in

Sue Pinkman, a founding member of the WATCH Awards, was nominated for her hair and makeup work in "The Seagull" and took home the award for Outstanding Direction of a Musical for "Hairspray"

at The Little Theatre of Alexandria.

"This is a very exciting night for everyone," Pinkman said. "While it's nice to be recognized, no one does community theatre for the awards. We do it because we are part of a very special family of community theatre members across the region."

Nominees were selected from 127 productions that were adjudicated at 32 community theatre companies. For more information on The Arlington Players, visit www.thearlingtonplayers.org.

#### ARLINGTON PLAYERS

Outstanding Choreography - John K. Monnett -"42nd Street;"

Outstanding Properties in a Play - Avery Burns -"The Seagull;"

Hays - "The Seagull;"

Outstanding Set Decoration in a Play - Lindsey

Outstanding Set Design in a Play - Amanda Acker "The Seagull;"

Outstanding Set Painting in a Play - Kate Rohr -"The Seagull."

#### SCHOOL NOTES

The Yorktown Band Boosters are running a series of restaurant events to raise funds for the Yorktown High School Band. Significant funds beyond the fees already paid by the students and their families are needed every year to purchase and maintain instruments and finance programs. Band fans and restaurant fans alike are encouraged to attend these events, where a portion of the proceeds will be donated to the Yorktown Band Program!

The dates include the following:

- ♦ Monday, March 19, 5-8 p.m. at Oriental Gourmet, 2503 N Harrison Street (Harrison Shopping Center). Music will be provided by the Yorktown Jazz Ensemble.
- Sunday March 25, 5-7 p.m. at Cassatt's Kiwi Cafe, 4536 Lee Highway, Jazz "Happy Hour" Enjoy good music, light snacks and soft drinks.

TBD at Elevation Burger, 2447 N Harrison Street (Harrison Shopping Center).

TBD at Backyard Barbeque, 2910 N Sycamore Street (Williamsburg Shopping Center).

The founding classes of Yorktown High School will hold a joint reunion Oct. 19 - 21, at the Key Bridge Marriott Arlington. Alumni from Yorktown High School 1963 are participating in a Class Reunion Website at http:// classreport.org/usa/va/arlington/yhs/1963/ There are no registration fees required to join in the fun. Each class member has full participation privileges.

This Class-Based Reunion Website features dynamic changing content daily. Stop in to view current Class News. Exchange opinions and stay up to date with the Message Board. View the Featured Alumni Biography of the day. Send a birthday greeting to a class member listed in the Upcoming Birthdays panel. Reunion Announcements, Book and Movie Reviews, Favorite Recipes and Featured Links will keep one checking in regularly to see what's new. Other alumni classes from Yorktown High School may be accessed at http:// classreport.org/usa/va/arlington/yhs/.

The following Arlington students enrolled at Virginia Tech were named to the dean's list for the spring 2011 semester.

- Courtney V. Scarborough is a sophomore majoring in animal and poultry sciences in the College of Agriculture and Life Sciences
- ❖ Alexa L. Slade is a senior majoring in communication in the College of Liberal Arts and Human Sciences.
- \* Anna C. Taylor is a senior majoring in communication in the College of Liberal Arts and Human Sciences.
- Timothy L. Tishman is a senior majoring in accounting and information systems in the Pamplin College of
- \* Allison H. Wilkes is a senior majoring in English in the College of Liberal Arts and Human Sciences.
- \* Madeline E. Williams is a junior majoring in biochemistry in the College of Agriculture and Life Sciences. \* Martha H. Woldu is a junior majoring in international
- studies in the College of Liberal Arts and Human Sciences. \* Thomas W. Yu is a sophomore majoring in university
- studies at Virginia Tech. \* Erica L. Wiles is a freshman majoring in marketing management in the Pamplin College of Business.
- **Devin J. McCue Emery** is a senior majoring in marketing management in the Pamplin College of Business.

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#### THURSDAY/MARCH 15

**"Jardin en El Mar" (A Garden in the Sea).** 7 p.m. Free. A new film by Thomas Reidelsheimer about an underwater installation in the Mexican Sea of Cortez by the Spanish artist Cristina Iglesias, commissioned by the Mexican millionaire philanthropist Manuel Arango. At the Dome Theater at The Artisphere.



#### SUNDAY/MARCH 18

Northern Virginia Int'l Jewish Film Festival: "Melting Away." 4:30 p.m. Admission is \$11/adults; \$8/students. Shlomo discovers women's clothing in his son Assaf's room. With his wife's consent, Shlomo locks Assaf out. Four years later, Gallia hires an agency to find her son and bring him to see Shlomo, who is dying of cancer. He is found performing as a transgender singer. A private nurse visits Shlomo in the hospital. It is really Assaf, who develops a relationship with his dying father as Anna, the nurse. At the Dome Theater at the Artisphere.

#### **SATURDAY NIGHTS AT 11:01**

11:01 Saturday Nights. Starts at 11:01 p.m. Late-night dance party. Tickets are \$15/\$12 students. At the Ballroom at Artisphere, 1101 Wilson Blvd., Arlington. Call 703-228-1850.

#### DANCE WEDNESDAYS

**Dance Wednesdays.** 7:30 to 8:30 p.m. dance classes; 8:30 to 11 p.m. dancing. Tickets are \$15/\$12 at door. On Wednesdays, dance the night away at Artisphere to zydeco, cajun, rock, R&B and swing. The new center features a 3,000 square foot dance floor, one of the best in the area. At the Ballroom at Artisphere, 1101 Wilson Blvd., Arlington. Call 703-228-1850.

#### SALSA TUESDAYS

**Salsa Tuesdays.** 7:30 to 8:30 p.m. dance class; 8:30 p.m. to 11 p.m. dancing. At the Ballroom @ Artisphere, 1101 Wilson Boulevard, Arlington. Call 703-228-1850.

#### NOW THROUGH MARCH 31

**Everitt Clark: Night and Day — The Suburbs of Northern Virginia.** In two recent series of photographs — one taken during the day, the other at night — Everitt Clark has uncovered the beauty of northern Virginia's suburban landscape. Opening reception is Thursday, Feb. 2 from 5:30 to 7:30 p.m. At the Artisphere.

#### NOW THROUGH APRIL 15

Luis Sierra: Somewhere Over the Digital Prism. Somewhere Over the Digital Prism (SODP) hacks Dorothy's most famous ballad from "The Wizard of Oz" through a series of mimicked glitches. At the Artisphere.

#### WEDNESDAY/MARCH 14

**Robert Rodriguez Film Series: "Desperado.**" 8 p.m. Tickets are \$8. The sequel to "El Mariachi," this film continues the story as El Mariachi is out to avenge the murder of his lover and the maiming of his fretting hand. At the Dome Theater at the Artisphere.

#### MARCH 14 TO APRIL 15

**Art by Jenny Sidhu Mullins**. Jenny creates paintings and electronic, interactive sculptures that explore ideas related to national identity, American spirituality and corporate mythology. At the Works in Progress Gallery at the Artisphere.

#### THURSDAY/MARCH 15

**Open House for PLACE**. 6 p.m. (Participation, Leadership and Civic Engagement), a county initiative to actively engage all sectors in making key decisions for the community.



#### **SUNDAY/MARCH 18**

**Northern Virginia Int'l Jewish Film Festival: "The Wave."** 7:30 p.m. Admission is \$11/adults; \$8/seniors. A teacher's class lesson about dictatorship turns into an experiment with his students. The lesson escalates out of control when he forms a social unit of students. Beginning with innocent conformity, the class becomes increasingly aggressive and, eventually, violent and out-of control. Based on a true story, this film offers a chilling lesson in mob mentality and mob violence. At the Dome Theater at the Artisphere.



#### WEDNESDAY/MARCH 21

**Urban Arias: Positions 1956 Workshop**. 7:30 p.m. Tickets are \$17. Join minimodern opera and Artisphere resident company UrbanArias for a public read/workshop of Positions 1956, a 90-minute opera in three parts created by composer Conrad Cummings and librettist Michael Korie ("Grey Gardens"). At the Ballroom at the Artisphere.

Representatives of community organizations and groups are invited to register on-line for this free event at http://place.eventbrite.com/ or call 703-228-3249. At the Artisphere, 1101 Wilson Blvd., Arlington.

#### SATURDAY/MARCH 17

**Mexican Institute of Sound.** 8 p.m. Tickets are \$20/\$18. At the Ballroom at the Artisphere. DJ and producer Camilo Lara is the one-man dynamo behind the electronic music project, the Mexican Institute of Sound. At the Artisphere.

the Mexican Institute of Sound. At the Artisphere.

Open House for PLACE. 6 p.m. (Participation, Leadership and Civic Engagement), a county initiative to actively engage all sectors in making key decisions for the community. Representatives of community organizations and groups are invited to register on-line for this free event at http://place.eventbrite.com/ or call 703-228-3249. At the Artisphere, 1101 Wilson Blvd., Arlington.

#### WEDNESDAY/MARCH 21

**Robert Rodriguez Film Series: "Once Upon a Time in Mexico."** 8 p.m. Tickets are \$8. In this sequel to "Desperado," a Mexican drug lord pretends to overthrow the Mexican government, and is connected to a corrupt CIA agent who at that time, demands retribution from his worst enemy to carry out the drug lord's uprising against the government. At the Dome Theater at the Artisphere.

#### THURSDAY/MARCH 22

**Northern Virginia Int'l Jewish Film Festival: "My Australia."** 7:30 p.m. Tickets are \$11/adults; \$8/seniors. In 1960s Poland, a single mother struggles to provide for her two teenage sons. The boys join a Neo Nazi gang who vandalize a Jewish neighborhood and beat up young Jews. Following this incident, the mother decides to tell her sons the truth — she is Jewish and a Holocaust survivor. At the Dome Theater at the Artisphere.

#### FRIDAY/MARCH 23

Musician Becca Stevens. 8 p.m. Tickets are \$12/advance; \$15/door. At the Dome Theater at the Artisphere, 1101 Wilson Blvd., Arlington. Visit www.artisphere.com.

#### SATURDAY/MARCH 24

Northern Virginia Int'l Jewish Film Festival: "Trembling Before G-D." 8 p.m.
Tickets are \$11/adults; \$8/seniors. The film follows gay and lesbian Orthodox Jews trying
to reconcile their sexuality with their Orthodox Jewish faith and includes interviews with
rabbis and psychotherapists about Jewish attitudes towards homosexuality. At the Dome
Theater at the Artisphere.

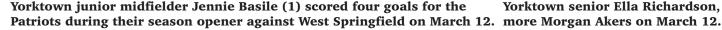
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## Sports







Yorktown senior Ella Richardson, right, defends West Springfield sophomore Morgan Akers on March 12.

## Yorktown Girls' Lax Searching for Regional Respect

# Patriots have won six consecutive National District titles.

By Jon Roetman
The Connection

he Yorktown girls' lacrosse program has dominated the National District to the tune of six consecutive championships. While keeping the streak alive is important to the Patriots, Yorktown enters the 2012 season with a bigger goal in mind: be competitive against teams outside of the district.

The Patriots got their first crack at a nondistrict opponent on March 12 when they traveled to West Springfield for their season opener. Facing a program that lost in overtime of the 2011 Patriot District final, Yorktown controlled the first 17-plus minutes and jumped out to a 6-2 advantage. But the Spartans proved resilient, responding with five consecutive goals and 10 of the next 13 en route to a 12-10 victory. Yorktown head coach Crystal Morgan said she was pleased with the way the Patriots opened the game and, while she wanted the win, a two-goal margin showed "we could have had them." Last year, Yorktown went 2-7 against non-district opponents, including a 17-7 loss to Robinson in the opening round of regionals. In 2010, the Patriots were 7-2 outside of the district, including a win against Marshall in the opening round of regionals, but lost to Annandale by one goal in the quarterfinals.

"I know there are a lot of [National District] teams that are going to be gunning for us this year," Morgan said. "I think our main team goal this year is to prove to the region that we're a contender and that we can compete with those teams that are outside of our district. A lot of people don't give our district respect. I feel like we're right there to compete with a lot of these region teams and we just need to prove it to them."

Morgan enters her second season as Yorktown head coach. She was the program's third head coach in three years when she took over in 2011, but kept alive the Patriots' streak of district titles.

"I'm here to stay," Morgan said.

Senior midfielder Ella Richardson is playing for the same head coach for consecutive seasons for the first time in her four-year varsity career.

"The dynamic, it's definitely more settled," Richardson said. "You don't expect something new. Out of all of them, obviously I know [Morgan] the best, so I guess it's easier to work with her because I've known her two years."

Richardson is one of three senior captains, along with attack Maddy Ernesto and defender Rachel Kappel. Richardson and Ernesto each scored a goal against West Springfield.

Junior midfielder Jennie Basile led Yorktown with four goals.

"I always expect for [Basile] to be an offensive threat," Morgan said. "She plays offense, defense, she can see the field, she's always there for the connection passes and she's a great shooter, too."

Basile's second goal gave Yorktown a 6-2 lead with 7:16 remaining in the first half. Her third goal tied the score at 7-7 less than two minutes into the second half.

"Inside the region, not many teams know we're a team to be fought with," Basile said, "but we really bring it." Junior Meaghan Galvin scored two goals for Yorktown and junior Tori Haling and sophomore Emily Spack each scored one.

Junior defender Sarah Acs is also expected to be a key contributor this season. Freshman Erin Morrissey started in goal for the Patriots.

"A lot of people don't give our district respect. I feel like we're right there to compete with a lot of these region teams and we just need to prove it to them."

> — Yorktown girls' lacrosse coach Crystal Morgan

Yorktown will host Centreville at 6:45 p.m. on Wednesday, March 14. The Patriots will open district play a home against Mount Vernon at 7:15 p.m. on Friday, March 16.

## Yorktown Baseball Looks to Return to Top of National District

he Yorktown baseball team had its streak of three consecutive National District championships snapped with a 17-16 loss to Hayfield in the 2011 district final. But the Patriots responded by beating Chantilly in the opening round of the Northern Region tournament, giving Yorktown its first regional win since 2004.

Led by the battery of pitcher John Yoest and catcher Red Dowdell, Yorktown enters the 2012 season with hopes of returning to the top of the district and advancing past the regional quarterfinals.

Dowdell is a senior who will play his col-

lege ball at Virginia Military Institute.

"Red brings a lot of experience out there, brings a ton of ability. [He's a] great catcher," head coach Mike Ruck said. "[Offensively], he drives the ball well and he's the consummate team player. He's the kind of guy you want to be the leader because he's among the most talented guys on the team and the district, yet he likes every kid whether the kid plays on varsity or the kid plays on JV."

Yoest is a junior right-hander who started last year as the team's No. 3 starting pitcher before working his way into the role of staff

ace. This year, Yoest enters the season in the rotation's top spot.

"We had no choice," Ruck said, "but to give him the ball in big games."

Yoest said his approach would be the same no matter what spot in the rotation he occupied. However, there is additional pressure to perform during his junior season for recruiting purposes.

"It's the same mindset," Yoest said. "Coaches put who they want on the mound, who they feel most comfortable with, and this year I just happen to be filling the role [of No. 1 starter]. ... Your

junior year is your recruiting season. You definitely need to put up the numbers. There's definitely a different element to it — to being on the mound as a junior. ... I enjoy the pressure."

Shortstop Will Young and center fielder Daniel Whitaker are also expected to be key contributors for the Patriots.

Yorktown will open the season on the road against Oakton at 6 p.m. on Thursday, March 15. The Patriots start district play on March 20 at Falls Church.

— Jon Roetman

## Helping Individuals with Mental Illness

From Page 6

her hire, NAMI-NoVA was governed solely by a volunteer board of directors.

WITH A MASTER'S degree in social work from the University of Michigan, Duda said she decided to step on board as program director because she was eager to apply her community organizing skills and passion for helping individuals and families.

Jeanne Comeau, the president of NAMI's board of directors, said it is "the nation's largest grassroots mental health organization."

"It is dedicated to building better lives for the millions of Americans affected by mental illness," she said. "NAMI advocates for improved access to services, supports research, raises awareness and develops educational programs about mental illness."

Comeau added that NAMI carries out its programs through state-level organizations and local affiliates.

"The local affiliates, such as NAMI-NoVA, deliver NAMI programs such as In Our Own Voice, Peer to Peer, and Family to Family, to individuals living with a mental illness and to those who care about them," Comeau said.

Duda said that since she began her tenure, she has been overwhelmed with the amount of community support that keeps NAMI-NoVA's programs alive.

"Since I accepted the position of program director, I have had the privilege of working with mission-

driven volunteers to educate our community about mental illness, and bring hope to individuals and families that recovery is possible," Duda said. "My work with NAMI has taught me that there is nothing more powerful than a community motivated by personal stories, and made stronger through peer and family support."

The Northern Virginia Chapter of NAMI has been in existence since 1977, according to Cluck.

"At the time, the organization was called Pathways to Independence," Cluck said. "It had several name changes over the years."

Comeau said she attributes the growth of the over the past few decades to an increasing acknowledgment that mental disorders are just as biological and serious as physical disorders.

"Clearly our understanding of what causes mental illness has dramatically advanced through scientific research in recent decades," Comeau said. "Understanding mental illness as a brain disorder, biologically based, has helped take the mystery away and reduce stigma. And with advances in treating mental illness, life has often improved for many individuals. With hope comes action, and NAMI-NoVA has seen increased interest in our programs and positive responses to community outreach to help those living with a mental illness and their families, friends, neighbors and co-work-

Duda said the organization is growing so rapidly that she looks forward to potentially bringing on more paid employees, and certainly more volunteers.

**UPCOMING EVENTS** include a Peer-to-Peer program, which is a free 10-week recovery education course for adults with mental illnesses. This program, Duda said, involves mentally impaired individuals coupled with peers to help them maintain their recovery and wellness.

The classes start Thursday, March 15, from 6:30 - 8:30 p.m. at Woodburn Mental Health Center in Annandale. Participants must register ahead of time.

The program is also offered in Spanish under the name "Personaa-Persona." It will start Sunday, April 15, from 12:30 - 2:30 p.m. at Annandale United Methodist Church in Annandale. Participants must also register ahead of time for this version.

NAMI-NoVa hosts a free speaker's meetings throughout the year, where highlighted speakers talk about topics on mental illness.

"Every fourth Monday of the month (except July, August and December), NAMI-Northern Virginia hosts a public speaker's BY NATHAN MITCHELL PHOTOGRAPHY

Stigma Stompers community team from NAMIWalks Northern Virginia 2011.

meeting from 7 - 9 p.m. at the First Christian Church in Falls Church," Duda said. "These monthly meetings offer an opportunity for members, friends, and the public to learn more about NAMI's free education programs, support groups and community events. Each meeting offers time for snacks and socializing, and features a guest speaker who presents on a topic related to mental illness. Speaker's meetings and all NAMI-Northern Virginia events aim to educate the community about mental illness and the different resources available for individuals and families."

On Monday, March 26, from 7 -9 p.m., Fairfax County's Wellness Recovery Action Plan (WRAP) team will host a presentation at First Christian Church in Falls Church on classes being prepared that will take place throughout the region.

Duda said NAMI-NoVA also hosts a free Family-to-Family program, which is a 12-week education and support program for family members of individuals with mental illness. Classes start Thursday, April 12 from 6:30 - 8:30 p.m. at Saint John Neumann Church in Reston. Participants must register ahead of time.

To register for Peer-to-Peer or Family-to-Family, NAMINorthernVA@gmail.com or visit its website: www.NAMI-NorthernVirginia.org to become a member and learn more about NAMI-NoVA's programs.

## On the Fast Track

From Page 3

"I always thought it would be a great ride; people who don't usually cross the Potomac really enjoyed it," said Eric Brewer, an event organizer and D&Q group leader. "The goal was to create a race for anyone even if they never followed racing.'

The fiercest competition occurred in the relay and 4X Comp categories, where amateur cyclists had the opportunity to go headto-head against the pros.

"It was great seeing kids go out, the level of competition was exciting," said Brewer.

Accomplished cyclist Mike Esmonde of D.C. led his team to victory in the relay race category, and scored a first place finish in the 4X Comp competition. The champion embraced the challenge posed by the nature of an indoor venue, and after a careful bike analysis scored a coup across the major categories.



Mike Esmonde took first place in the 4X Comp category at the inaugural Diamond Derby in Crystal City.

"It was a fantastic event, I'll absolutely do it again," said Esmonde. "Anything dangerous is good."



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