

The three winners of the Fairfax Symphony Orchestra's Feuer Competition. From left - Third Prize: Cory Riviera, violin, home schooled, lives in Falls Church. Second Prize: Michael Lewis, bass, West Potomac. First Prize: Fedor Ouspensky, violin, South Lakes.



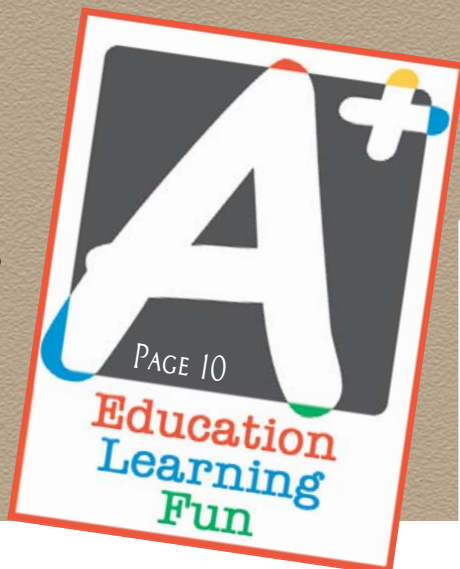
## South Lakes Sophomore Wins Music Competition

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## NEWS

# Top Virginia Leaders to Discuss Impact of Rail on Economy

Fairfax and Loudoun Counties have entered the 90-day period to decide how they will fund Phase II of the Silver Line Metrorail Project - a decision that will have a major impact on local businesses. The Greater Reston Chamber of Commerce announced that Virginia Secretary of Transportation Sean T. Connaughton will join other notable panelists on March 28, including Chairman Sharon Bulova of the Fairfax County Board of Supervisors, Chairman Scott York of the Loudoun County Board of Supervisors and Jack Potter, President of the Metropolitan Washington Airports Authority to

### More Information

When: March 28  
 11 a.m. - 11:30 a.m. Registration & Networking  
 11:30 a.m. - 1 p.m. Lunch & Program  
 Where: Sheraton Reston Hotel, 11810 Sunrise Valley Drive, Reston VA 20190  
 Tickets - to register visit <http://www.restonchamber.org/silverlineevent>  
 \$45 for Current Chamber Members; \$60 for Future Chamber Members.

discuss the latest progress and pending funding decisions on the Silver Line Metrorail Project. The event, Silver Line: On Track to Loudoun, is presented by the Greater Reston Chamber of Commerce and sponsored by Dominion and the Reston Hospital Center. The panelists will also explore the results of a recent survey conducted by the

Reston Chamber on the Dulles Corridor business community's perspective on Rail to Dulles/Loudoun.

The full panel will include:

Sean T. Connaughton, Virginia Secretary of Transportation;

Sharon Bulova, Chairman, Fairfax County Board of Supervisors; Scott York, Chairman, Loudoun County Board of Supervisors;

General John E. (Jack) Potter, President & CEO, Metropolitan Washington Airports Authority; Mark C. Looney Cooley LLP, Panel Moderator; Mark S. Ingrao, President & CEO, Greater Reston Chamber of Commerce.

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Faith Notes are for announcements and events in the faith community, including special holiday services. Send to [herndon@connectionnewspapers.com](mailto:herndon@connectionnewspapers.com). Deadline is Thursday.

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 The Rev. Jacqueline Thomson  
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[www.stannes-reston.org](http://www.stannes-reston.org)  
 1700 Wainwright Dr., Reston

### Herndon United Methodist Church

[www.HerndonUMC.org](http://www.HerndonUMC.org)

#### Sundays

8:30 AM Sanctuary, Traditional Worship Service  
 10:00 AM Garden, Traditional Worship Service  
 11:00 AM Connection, Contemporary Worship Service

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### FAITH NOTES

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**Floris United Methodist Church**, 13600 Frying Pan Road in Herndon, has worship services at 8 a.m., 9:15 a.m., 11 a.m. and 5 p.m. on Sundays, with a Latino service on Saturdays at 7 p.m. Floris UMC has been ministering to Herndon and the surrounding community for more than 100 years, and numerous opportunities are available to worship, grow, and serve. 703-793-0026 or [www.florisumc.org](http://www.florisumc.org).

**Vajrayogini Buddhist Center**, Brown's Chapel, 11450 Baron Cameron Ave., Reston, holds monthly classes for the general public. Gen Kelsang Varahi, an American Buddhist nun, will teach 'Living Meditation: Meditation for Relaxation,' teachings and guided meditations that teach students how to relax their body and mind. \$12. [www.meditation-dc.org](http://www.meditation-dc.org) or 202-986-2257.

**St. Anne's Episcopal Church**, 1700 Wainwright Drive in Reston, holds Sunday services at 7:45 a.m., 9 a.m., 11:15 a.m. and contemporary service at 5 p.m. Nursery, Sunday School and Adult Education available. Morning Prayer on Monday at 9:30, Holy Eucharist Wednesday at 8:15 a.m. 703-437-6530 or [www.stannes-reston.org](http://www.stannes-reston.org).

Nondenominational **Christian businessmen** meet for prayer, Biblical discussion and fellowship 7 p.m. Fridays at Anita's, 1051 Elden St., Herndon and 12 p.m. Thursdays at 555 Grove St., Suite 200, Herndon. Call 703-795-1257.

# NEWS

**From left, Reston Association board of directors candidates Richard Chew, Eve Thompson, John Farrell, Michael Sanio, Donna Miller Rostant and Tom Vis at the RA headquarters Wednesday, March 14. Thompson, Farrell, Sanio, Miller Rostant and Vis are running for two open at-large seats, while Chew is running unopposed for the South Lakes district seat.**

PHOTO BY ALEX McVEIGH / THE CONNECTION



## Candidates Sound Off at RA Forum

**Five vie for two at-large seats, one for South Lakes district.**

BY ALEX McVEIGH  
THE CONNECTION

**F**ive residents are running for two open at-large seats on the Reston Association Board of directors, while past board member Richard Chew is running unopposed for the South Lakes District. Current Vice President Paul Thomas will not be running for re-election, opening up one seat, and incumbent Tom Vis is hoping to keep his seat.

John Farrell, Donna Miller Rostant, Michael Sanio, Eve Thompson and Vis are the candidates for the two at-large spots.

Farrell has lived in Reston since 1984, and has served on cluster boards and homeowners associations all around the area. He has also been president of Candlelighters Childhood Cancer Foundation and the president of Fairfax Girls Softball.

He said if elected, he hopes to end bickering among directors, as well as push for more transparency in its dealings.

"There are too many secret deliberations, too many secret discussions and decisions," he said. "There shouldn't be any surprises in our association, you should know what's coming well in advance of the board actually deciding on it."

He also said he is a proponent of receiving recreational proffers to finance facilities that the RA is hoping to eventually build.

"We need to get them from developers around the two Metro stations. If we don't get them, we're not going to be able to build the two facilities that I hear most about when I'm walking house to house. That is, a 50-meter indoor pool and indoor tennis," he said. "We can finance those if we get the proffers, but if we don't, we're probably going to never be able to build them, it would require too much in terms of assessments."

Miller Rostant moved to Northern Virginia in 1997, and become involved with events such as the Reston Triathlon and Reston Runners Women's Distance Festival (which she serves as director) before moving to Reston two years ago.

"We have a lot of positive changes coming with the Metro Silver Line and also a lot of challenges,"

### Chew Runs Unopposed in South Lakes

Richard Chew, who served on the Reston Association Board as an at-large member until 2011, is running unopposed for the South Lakes district director's seat. The seat is currently held by RA president Kathleen Driscoll McKee, but she is term limited and unable to run again in this year's election.

"As a director, I will challenge the board to be great, to better position itself to meet the challenges ahead," he said. "The board must take its governance to a higher level. We must introduce ways for RA members to participate constructively ... to reach a broad consensus on what is best for the association."

Chew said that RA's annual assessment is always a hot button issue in the community, and that it is incumbent on every board to make sure they are maximizing the value paid by the members.

"We need to recognize that there are members who don't think their assessment dollars are being spent wisely, and in this economic environment it's not a surprise," he said. "The board's responsibility is to be fiscally responsible and respect every dollar we take from our members. We need to be smart about our spending on essential services and more cautious about expenses that do not directly support our mission."

she said. "Reston is great, but we're at a crossroads, and Reston can be greater. We need to make sure that with the coming of Metro we retain what is Reston about Reston."

She said that, if elected, she is fully prepared to work with any number of local and county agencies to make sure Reston is represented when it comes to the benefits of redevelopment.

"I would work and coordinate with the Reston Community Center and the other Fairfax County authorities, because the reality is, we're an association, but Fairfax County is involved in a lot of development as well," she said. "Working together is how we will get things done. A cooperative effort to work with the county so that Reston Association will get the money, instead of fooling ourselves and thinking we can go and demand all this stuff."

Sanio moved to Reston with his family in 2004. He has been involved with the RA Environmental Advisory Committee, and has 25 years of experience in non-profit management. He also serves as director of sustainability for the American Society of Civil Engineers and the Sustainable Committees Award Foundation.

"Growth can bring new services to Reston, but also more traffic, noise and congestion," he said. "That's why I'm driving for the idea of sustainability. Sustainability is growth that meets the needs of all

SEE CANDIDATES, PAGE 4



PHOTOS BY AMIEE FREEMAN / THE CONNECTION

**Second grade Hunters Woods student, Nandita Venkataraman, stands next to her picture of herself and a friend on display at RCC Lake Anne.**

**Justin Yudhistira, a fifth grader at Dogwood, with his art work featuring symmetrical design.**

## Youth Art Celebrated at RCC Lake Anne

**Students' art attracts a large crowd.**

BY AMIEE FREEMAN  
THE CONNECTION

**S**unny, spring-like weather brought out a large crowd Sunday, March 11 to attend a reception in celebration of Youth Art Month at Reston Community Center Lake Anne. More than 100 pieces of art is on display at RCC Lake Anne representing work done by Reston elementary students of all grades, in a variety of mediums.

Framed student art work done in paint, chalk, watercolor, collage, oil pastel and yarn covers the walls of the JoAnn Rose Gallery at RCC Lake Anne. The 3-D gallery, which was part of an expansion of RCC Lake Anne completed this past summer, features two long display cases of work done in clay, including teapots, animals, and masks.

Invitations to attend the reception were sent home with students whose art is on display the week previous. Sunrise Valley art teacher Heather Warstler surmises that the children whipped out their invitations to show their parents as soon as they got home.

"When the students walk through that door," said Warstler, indicating the doors to RCC Lake Anne, "they are grinning from ear to ear. They are so very excited to have their work on display. Art and the displaying of art work like this is so important for their development. It is so wonderful that RCC gives us the space to do this."

Cheri Danaher, arts education director for RCC, said this display of student artwork has been held every year for as long as she can remember. "I have been at RCC for 21 years and in this position for 16 and every year we have had the schools display their work. This year, thanks to RCC's expansion, we now have additional space for 3-D art."

Ian Matthews, a third grader at Hunters Woods, who had a swan-shaped clay vessel on display, said that having his work on display was "very, very special." Ian's mother, Dawn Matthews, agreed and said that it was "impressive that his piece was chosen."

Nandita Venkataraman, a second grader at Hunters Woods, had a picture she painted of herself and a friend on display. "I feel good that my picture is up there," she said.

Justin Yudhistira, a fifth grader at Dogwood, had a piece done with cut-out paper and paint showing symmetrical design on display.

"This event shows how important art is in our schools. A lot of this work is connected to what the students study. It is a different type of learning, using creative talents. This event is a great way to bring the community together and show them what their children are doing in art. It's just a lovely event," said Terraset art teacher, Mary Wehle.

The eight elementary schools participating in the exhibit are: Buzz Aldrin, Armstrong, Dogwood, Forest Edge, Hunters Woods, Lake Anne, Sunrise Valley and Terraset.

Pieces in the JoAnn Rose Art gallery will remain on display through March 25; 3-dimensional art will remain on display through April 23.

**Fairfax County Board of Supervisors Chair Sharon Bulova welcomes local business leaders and elected officials to the grand opening of the new headquarters and branch for John Marshall Bank in Reston Thursday, March 15.**

PHOTOS BY  
ALEX MCVEIGH/  
THE CONNECTION



## John Marshall Bank Comes to Reston

**Corporate Headquarters, new branch opens.**

BY ALEX MCVEIGH  
THE CONNECTION

**R**eston welcomed the latest addition to its business community Thursday, March 15 with the grand opening of the John Marshall Bank branch and headquarters. Members of local chambers of commerce as well as several elected officials were in attendance.

"We looked at spaces all over Fairfax, and settled on Reston because of its central locality and how wonderful and vibrant the business community is here," said John Maxwell, chairman and CEO. "We're excited to be in Reston, which we now consider to be the heart of Fairfax County, and we continue to look forward to great things."

John Marshall Bank is the second fastest growing bank in the country, since 2008 they've grown from a \$40 million bank to a \$440 million bank at the end of 2011. They also saw 40 percent growth last year and gave out more than \$120 million in loans.

Jim Corcoran, president and CEO of the Fairfax County Chamber of Commerce, said he was thrilled to welcome John Marshall Bank headquarters to the area.

"The Fairfax Chamber congratulates John Marshall Bank on the opening of their new headquarters in Reston," he said. "John Marshall Bank is a longtime Fairfax Chamber member and a dedicated business in our community. Reston is lucky to get them."



**From left, Del. Ken Plum (D-36), Del. Jim LeMunyon (R-67), Fairfax County Board of Supervisors Chair Sharon Bulova and State Sen. Janet Howell (D-32) prepare to cut the ribbon at the John Marshall Bank opening in Reston Thursday, March 15.**

Fairfax County Board of Supervisors Chair Sharon Bulova said she was excited for the growth of John Marshall and what the new opportunity meant to both them and the county's business community.

"This has been a tough time for the banking industry, but what we're seeing is that the smaller community banks really recover," she said. "I want to compliment them on their location here, a short distance from the Wiehle Avenue Station, which is on its way, so this is a really exciting place to be putting roots down."

Mark Ingrao, president of the Greater Reston Chamber of Commerce, spoke on behalf of his counterparts from other chambers about how pleased they were.



PHOTO BY MARY KIMM/THE CONNECTION

**Music Director of the Fairfax Symphony Chris Zimmerman gives first prize for the 2012 Dorothy Farnham Feuer Memorial String Competition to Fedor Ouspensky, violin, South Lakes. The awards were give at the Fairfax Symphony performance on Saturday, March 17.**

## South Lakes Sophomore Wins Music Competition

Fedor Ouspensky, violin, a sophomore at South Lakes High School (Reston), along with Michael Lewis, bass, a junior at West Potomac High School (Alexandria) and Cory Rivera, violin, an eighteen-year-old high school senior took the stage Saturday night at the Fairfax Symphony Orchestra's Masterworks concert to receive their awards and recognition as the three winners of the FSO's 2012 Feuer Memorial String Competition.

Former FSO board chairman Tom Brownell and music director Christopher Zimmerman presented the students with their awards in front of the Fairfax Symphony's concert audience of 1,200 people at the Center for the Arts in Fairfax.

❖ Fedor Ouspensky, violin, first place winner, received \$1,000 which he will use toward a summer music camp.

❖ Michael Lewis, bass, second place, will apply his \$750 award toward tuition at a conservatory.

❖ Cory Riviera, violin, third place, will use his \$500 award for tuition at music school next year.

Fedor Ouspensky, violin, is a sophomore at South Lakes High School in Reston. He studies with Oleg Rylatko, concertmaster of the Washington National Opera House Orchestra. Fedor is a first violin in the American Youth Philharmonic Orchestra, and the concertmaster of the top orchestra at South Lakes.

The three Feuer winners will be the featured artists at the FSO's 2012-2013 Season Preview Event, to be held on Wednesday, May 2 at 7 p.m. at the Sherwood Center in Fairfax. Tickets to this event are \$10 and available through the FSO office, 703-563-1990.

## Candidates Discuss Reston Priorities

FROM PAGE 3

residents of Reston, protects our natural areas and ensures our long-term economic viability."

Sanio also said he would push for the RA to take a greater role in the redevelopment process going on in this area.

"I would work to proactively engage the association in the development that is occurring and will occur in the next five years," he said. "It's absolutely essential for us to get in front of the process so we can shape it to benefit all of us. It's important to become knowledgeable and educate the entire community, and frankly, we have to start now."

Thompson has lived in Reston for the past 25 years, and served two years as chair of

Lake Anne Merchants Association, where she now leads marketing and events efforts. She also serves on the Reston Historic Trust board of directors.

"The next five to ten years will be really important to Reston's future," she said. "I think it will be during this time that we secure our immediate legacy or lose hold of it. I think it will be challenging to manage the growth that Metro will bring, and we'll have to draw a tight line in the sand around our guiding principles."

She said her experiences with the ongoing plan for redeveloping the Lake Anne Village Center has given her a glimpse of what might be in store for Reston as a whole.

"It encapsulates properly the risky place Reston is in," she said. "When I see the scope

and the potential for the redevelopment, it's exciting thinking about what it could be. But when I think about how wrong it could go, it's terrifying to me. Reston is special, and we're going to have to insist in keeping our standards high."

Vis, who is running for a second term, has lived in Reston since 1979. He said he is concerned with the actions of previous boards, who he believes might have kept assessments low at the cost of neglecting long-term costs.

"Prior boards may have somewhat compromised our ability to find long-term maintenance of the pools, the pathways, the lakes and dams," he said. "The way the budget cycle is run, looking at only a two-year picture, sometimes we may have jeopardized the long-term picture, but over my

last term I have worked to change the way we look at that."

Vis also said he hoped to improve biking access around the community. He said he lived about two miles from the RA headquarters, but he drives most of the time.

"When I first moved here, I had a bike, but I never rode it because I never felt comfortable riding on streets that had no shoulder. I never felt comfortable riding on pathways that seem to be more about walking than riding," he said. "Right now, I personally don't think Reston is especially bikable. How do we fix that? I know a lot of biking experts in the area, and I'd be mindful and listen to them."

The election is open until 5 p.m. Friday, March 30, which is when paper ballots must be received, or online votes must be cast.

# OBITUARY



**Dick Warren Hays**

## Dick Warren Hays, 78, of Reston, Dies

Dick Warren Hays, 78, died Feb. 25, 2012 in Castle Rock, Colo. Hays is survived by his brother Jess Hays of Sacramento, Calif.; grandsons: Jeffrey (Akiko) Hays and Granddaughter Saya, of Saga, Japan; Steven (Daphne) Hays, grandchildren Jessica and Austin of Buenos Aires, Argentina; and Michael (Gazala) Hays, grandsons Gibran and Faaris of Castle Rock, Colo. A memorial service will be held at the Reston Community Center in Hunters Woods at 2310 Colts Neck Road in Reston at 1 p.m. on Friday, March 23. Arrangements care of Parker Funeral Home in Parker, Colo. In lieu of flowers, a memorial contribution may be made to Lance Armstrong Live Strong - National Mail Processing Center, P.O. Box 6003, Albert Lea, MN 56007-6603; Alzheimer's Association - P.O. Box 96011, Washington, DC 20090-6011; Colorado Hospice, LLC - 4891 Independence, Suite 215, Wheat Ridge, CO 80033.

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## 'Practices That Undermine Trust'

### Virginia gets a failing grade on ethics rules.

EDITORIAL

The State Integrity Investigation is “designed to expose practices that undermine trust in state capitols — and spotlight the states that are doing things right.”

Virginia got a failing grade, ranking 47 out of 50 states for vulnerability to corruption. Corruption in the Commonwealth is probably not any more rampant than voter fraud. But in terms of practices that could undermine trust, Virginia has vast room for improvement.

Here are a few comments about Virginia from the investigation (can't call them highlights):

“The Old Dominion is one of nine states with no statewide ethics commission, one of four states with no campaign finance limits and one of only two states (South Carolina is the other) where the part-time legislators handpick the judges before whom many of them practice law.

“With 8.1 million residents, Virginia is the 12th most populous state in the union. But its part-time lawmakers have one of the shortest meeting schedules in the country — 30 days in odd-numbered years and 60 days in even-numbered years. At that speed, lobbyists of necessity have been elevated from influence peddlers to trusted advisers and authors of laws.”

Virginia has admirable disclosure of campaign contributions, earning a near perfect grade on citizen access to campaign finance records. The credit on the transparency of actual contributions to candidates belongs to the Virginia Public Access Project, vpap.org, more than the Commonwealth.

But the benefit of access to information on campaign finance is overshadowed by “lax oversight rules, weak consumer representation protections, dwindling capitol press corps and coziness between political and economic elites. ... Meanwhile, the few ethics and disclosure requirements that do exist tend to be flawed,

limited or fraught with exemptions and qualifications,” according to the report.

A couple of examples of laws and practices that could undermine trust:

❖ Virginia has no limits on financial contributions to political candidates. Literally. Companies and individuals can give unlimited amounts to any and all state and local elected officials, with some very limited restriction on timing.

❖ The licensing of car title loan companies, and allowing those companies in Virginia to lend to out-of-state car owners is clearly not in the interests of consumers or the communities where these storefronts are located.

❖ Despite a groundswell of indignation about a state law that sets the start date for public schools rather than allowing local school districts to set their own calendar, the entertainment industry prevailed this year again.

❖ Votes in subcommittees, where many important reforms go to die, are not recorded and not available to the public.

See Virginia's report card (overall grade: F) <http://www.stateintegrity.org/virginia>

## Balancing the Budget Spring has Sprung

BY KENNETH R. “KEN” PLUM  
STATE DELEGATE (D-36)



COMMENTARY

Adjourning a 60-day legislative session without approving a biennial budget may seem like Washington-style failure to some, but to those who work closely with the process taking more time to balance the budget reflects the realities and limitations of the tremendous task involved. Contrasted to federal budget-making, there are no continuing resolutions or the ability to print or borrow money.

Budget-making reform a couple of decades ago required the Governor to present his budget in mid-December before the holidays; but with the General Assembly meeting in early January, the amount of time to balance the budget is less than three months for two very different legislative bodies and the governor to agree.

The state Constitution requires that the budget must be balanced. The amount of money we are talking about is nearly \$85 billion for a two-year spending plan.

Virginia as a state continues to grow in wealth; we are 7th wealthiest among the states. Our population is increasing (12th among the states), and we are becoming more diverse and older. Demands on state services increase with all these factors.

Public school and college enrollments are increasing. Diversity and longer life spans present new challenges. At the same time the state works with a revenue system that is decades old. Its income tax was last adjusted in 1974. Its sales tax has had minor adjustments but continues to be among the lowest in the nation.

The Virginia highway system is second largest in the country and is funded with revenue plan that was last adjusted in a meaningful way in 1986. More federal mandates such as Medicaid put pressure on the state budget.

The General Assembly adjourned its regular session on March 10 and immediately went into a special session to complete the budget. I believe the task will be finished in a couple of weeks. At least there will be a spending plan in which expenditures are met by available revenue. There is likely to be a big sigh of relief as the cranky old budget procedure has once again turned out a budget. Amid the

celebration must also be recognition of what the budget does not provide.

The elastic band of revenue will

SEE PLUM, PAGE 7

BY JOHN LOVAAS  
RESTON IMPACT  
PRODUCER/HOST



INDEPENDENT  
PROGRESSIVE

It is officially spring — “a time of growth and renewal.” Indeed, it seems this year that growth and renewal are upon us almost before we are ready. Normal April Cherry blossoms are already at their peak, and will likely be gone before the Cherry Blossom Festival in Washington even begins. So much for my wonderful Groupon discount tickets for a Cherry Blossom Potomac Cruise next week. Now, when we take the cruise with visiting friends from Brazil, we'll be able to point out to them where the cherry trees once bloomed along the Potomac.

But, we are enjoying the visual renewal all around us in Reston. People are getting in sync with the accelerated pace of the manifestations of early warming. As we walk Mr. Angus (our Scottie) around Lake Anne, people stop us and ask, “when is the Reston Farmers Market going to open?” The implied question seems to be—will it be this Saturday or next? They are disappointed when we reply, “It will open on May 5th.” It's true—even with the early warmth, the strawberries are still about six weeks away.

Some neighbors are beginning to fear an early onset of real sum-

mer heat. For many living around Lake Anne, they are particularly sensitive to heat because of their antiquated, many would say failing, chilled water air conditioning system dating back to the construction of Reston's first settlement. The system's users, hostages to a corporate monopoly called RELAC (Reston-Lake Anne Air Conditioning), receive varying degrees of cooled air at wildly varying costs. I say “hostages” because Reston's own covenants bar those served by RELAC from using alternative A/C. When it began, RELAC was a competitive innovation providing cooling without noisy A/C units disturbing lakeside tranquility. Forty-five years later, the cooling for many is ineffective, even unhealthy because of the dampness of the air circulated in homes. In fact, neighbors with health problems are envied—for they can be freed, granted an exception so they can buy real A/C.

Renewal that goes way beyond spring, i.e., major redevelopment, now seems just around the corner for Lake Anne. With the prospect of Metro arriving at nearby Wiehle Avenue next year, there is sud-

SEE LOVAAS, PAGE 7

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# OPINION

## Plum

FROM PAGE 6

be stretched as far as possible, but it is not great enough to reach around all the needs. There will be a small increase in k-12 funding, but localities will still be required to pick up a disproportionate share of costs. Higher education will get a bump in state revenue, but parents will still have to pay the higher tuition rates that have come with shrinking state revenue.

Our highway system with the worst congestion in the nation will

not get new revenue unless some business wants to buy naming rights to a road or intersection. The number of our most vulnerable citizens on waiting lists for services will not decline.

Many of the votes on the budget including mine will be cast on the basis that we have done about as well as we might with the money we have to spend. That will not stop us from working in the future on a budget that is finished on time but also is more adequate to meet the needs.

## Lovaas

FROM PAGE 6

denly lively developers' (30+) response to Fairfax County's recent Request for Proposals to redevelop the affordable Crescent Apartments and, in fact, all of the properties along the arc of North Shore Drive extending from the Heron

House apartment tower (next to my house) to the Lake Anne Fellowship House and all the way to the former Good Shepherd Lutheran Church, now Buddhist Temple site. There is a sudden disturbance in the force (the market). This time it is for real and in sight. More later.

### LETTER TO THE EDITOR

## Democrats Default on their Duty

To the Editor:

With a lot of our attention focused on the Presidential and Congressional races this year, we need to keep in mind what has been happening in the Virginia General Assembly session in Richmond.

In short, the Senate Democrats failed in their constitutional duty to pass a state budget. The session adjourned without approving a budget, which is the first time that this has happened that anyone can remember. So, an upcoming special session is required to pass a budget.

Importantly, one of our newest senators, Barbara Favola, who represents parts of Arlington, Fairfax, and Loudoun

Counties (and also my Senator), was AWOL in the Senate when the budget vote was taken. Where was she you ask? She was taping a TV show with a national media outlet. That shows where her priorities lie — not with her constituents.

This is a disgrace to all Virginians. Please let Senator Favola know how displeased you are with her behavior of holding the budget hostage and harming our local governments, schools, and kids, just for reasons of raw political power.

**Howie Lind**

Chairman, 10th Congressional District  
Republican Committee

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# A Wrong Way to Feel Cool

Area high school students discuss risky behaviors.

## Viewpoints

The Connection high school interns – **Nikki Cheshire** (Langley High), **Monika Bapna** (Marshall High) and **Mary Grace Oakes** (Madeira) – asked area high school students:

- ◆ What type of risky behaviors do some youth engage in and what do you think poses the greatest risk?
- ◆ Are there certain activities that can lend themselves more to risky behavior because of the nature of the group?

Here are their responses.



**Sherwin Zahirieh, Grade: 12, Langley High School**  
 “People drive recklessly, risking their life, which can obviously result in disaster. People do all sorts of drugs and drink alcohol every weekend. Drunk driving definitely poses the greatest risk, since people think they’re invincible.”



**Meigan McManus, Grade: 12, Langley High School**  
 “I think something like drunk driving is especially risky. If a person is using drugs, it only really affects them, but drunk driving poses a highly dangerous situation toward other people.”



**Adrienne Schmidt, Grade: 11, Langley High School**  
 “When parents aren’t close with their child, they have the tendency to rebel. It depends on the person, but if you have a better relationship with your parents then risky behavior is less likely.”



**Magne Bugten, Grade: 12, Langley High School**  
 “Parties outside of school-related activities, definitely cause risky behavior. I feel like people who don’t do extracurriculars are more likely to party.”

—NIKKI CHESHIRE

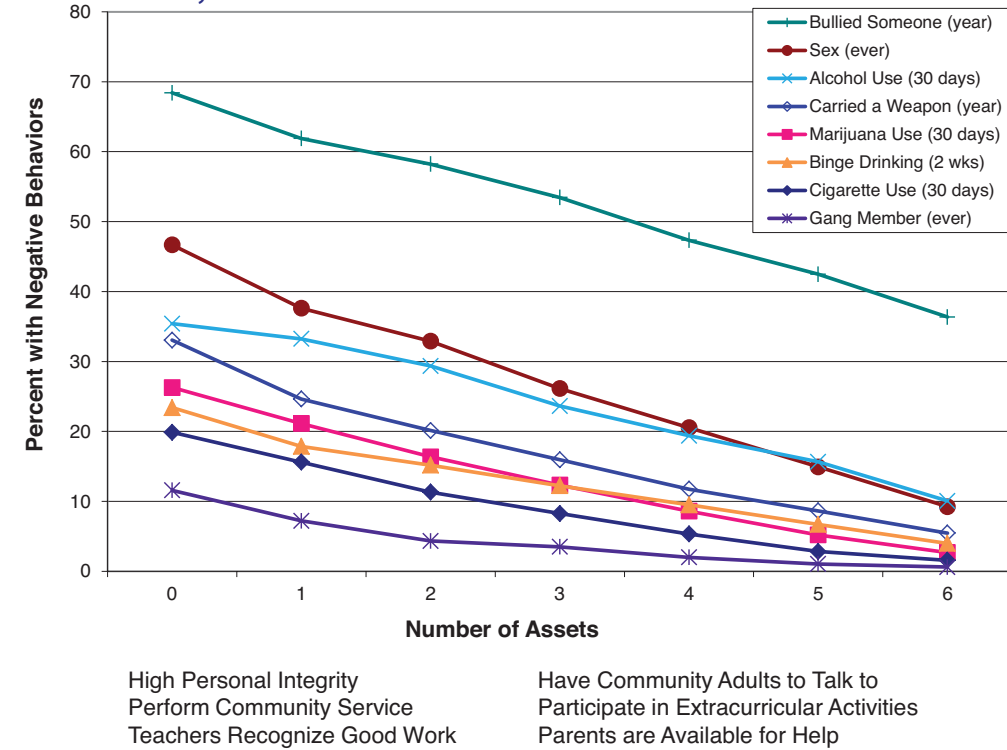


**Sam Kyung, Grade: 11, Marshall High School**  
 “The most risky behaviors in my opinion are drinking, and drinking and driving. Drinking and driving, though, poses the greater risk because it affects everybody.”

SEE VIEWPOINT, PAGE 11

## Asset Graph for Fairfax County (Grades 8, 10, 12)

Three to Succeed: Youth who have three assets are less likely to engage in risky behavior than youth who have none.



The 2010 Fairfax County Youth Survey shows how the presence of at least three “assets” can dramatically reduce the odds of students engaging in risky behaviors such as sex, drug abuse and violent behaviors. Six assets are: high personal integrity, performing community service, being recognized by teachers for good work, having adults in the community to talk to, participating in extracurricular activities and having parents available to help.

# Risky Behavior by the Numbers

Youth Survey highlights risks, assets for students.

BY ALEX McVEIGH  
 THE CONNECTION

## FIRST IN A THREE PART SERIES.

Periodically, Fairfax County conducts a youth survey which polls thousands of students to get a glimpse into issues of substance abuse, antisocial behaviors as well as factors such as mental health and civic engagements. This is the sixth year the survey has been conducted (the first was in 2001), and in the 2010 Fairfax County Youth Survey was completed by 32,953 students in eighth, 10<sup>th</sup> and 12<sup>th</sup> grade, representing 85.6 percent of enrolled students in those grades.

The survey was previously conducted in 2001, 2003, 2005, 2008, 2009 and 2010. Over time, more specific questions regarding risk factors and general health questions have been included. In 2008, the survey was administered in random English classrooms in every school, but in 2009 the county adopted a census-like approach, where all students in the targeted grades were encouraged to participate.

“For the last few years, we’ve conducted the survey every year, because it helps us learn about certain behaviors our youth are doing, and that’s information we can use to plan our prevention efforts,” said Marcus Allen of the county’s Department of Neighborhood and Community Services. “The data shows us the way behaviors are trending and we use that for short and long-term planning.”

Of the completed surveys, 2,554 were rejected due to fewer than eight questions answered, information

was missing, the student reported a use of a fictitious drug called BTM that was mentioned or a student answered “I was not honest at all” on the final question.

The survey itself consisted of 203 questions, which were derived from such sources as the U.S. Substance Abuse and Mental Health Administration’s Communities That Care Youth Survey, the Center for Disease Control and Prevention’s Youth Risk Behavior Survey and others.

**A PRIMARY FOCUS** of the 2010 survey was on “assets” by students, which, according to the survey are “strengths in young people, their families, schools and communities that help them thrive in health, in school and daily life and in a safe environment.”

The county polled students on six of these: personal integrity, regular community service, recognition by teachers for good work, having adults to talk to, extracurricular activity participation and having parents available for help.

“We’ve found that the presence of three of these assets dramatically reduces the risk of these students engaging in risky behavior. It’s simple really: the more assets they have, the less likely it is they’re going to engage in these behaviors,” Allen said. “It’s not all negative, we want to make sure we’re reinforcing how important these assets are, because it directly affects the likelihood of success.”

For example, students with at least three assets are almost half as likely to have had sex, used marijuana in the last 30 days, binged on alcohol in the past two weeks, smoked a cigarette within the last 30 days or

joined a gang.

Other risky behaviors such as bullying someone, carrying a weapon and using alcohol within the last 30 days were also reduced by having at least three assets.

Extracurricular activities and civic involvement are two of the assets that students can control. According to the survey, 55.8 percent of students reported being involved in some sort of extracurricular activity once a week, while only 9.2 percent reported never having been involved in an extracurricular activity.

The survey also found that as grade level increases, so does the likelihood of a student getting involved in activities.

Many community groups use the survey to shape their programming and outreach efforts from year to year. Debbie Withey of the Safe Community Coalition, which hosts programs designed to raise awareness of issues mostly in the Langley and McLean high school pyramids, says it’s a very useful tool to have.

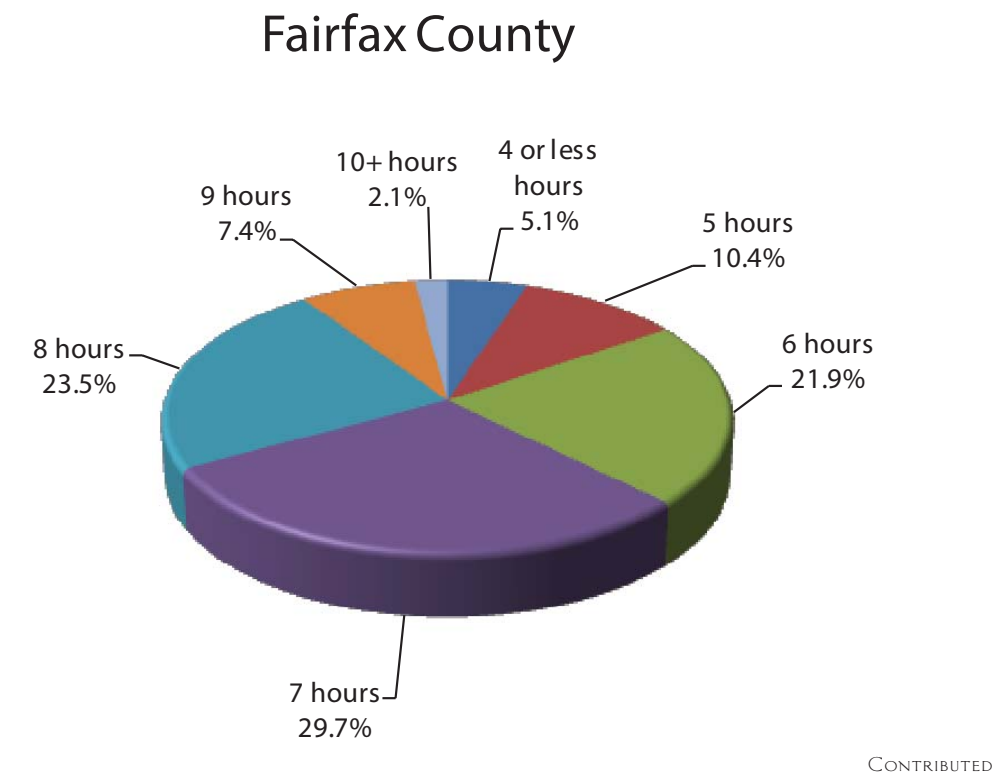
“We look at trends to see what areas of risk are increasing, particularly in areas where the numbers are higher than the rest of the local community or the national average,” she said. “We decided a few years ago that the survey was going to be our primary resource when it comes to programming. We feel like it’s quantifiable, empirical data that is very helpful when trying to compare statistics with the rest of the county.”

Withey also said that they make sure to keep the data in context.

“The survey isn’t the be-all, end-all in terms of what we do, we also do exit surveys at all of our programs and make sure we’re keeping in touch with teachers and administrators,” she said.

The SCC recently hosted a forum covering all as-

## Hours of Sleep per School Night (Grades 8, 10, 12)



CONTRIBUTED

## Viewpoints



**Nick Nelson, Grade: 11, Marshall High School**  
 “Fatigue, I think, is the biggest problem with teens these days. When students drive to school, for example, it can lead to so many accidents in the morning if they are tired.”  
 “Procrastination, extracurricular activities, and all the things that teenagers have to do these days causes fatigue.”



**Joey Phoon, Grade: 11, Marshall High School**  
 “Teenage parties are where most kids get access to these things, so any events that have a lot of teenagers together and no parent supervision lend themselves to alcohol and drug use.”

—MONIKA BAPNA



**Annie Wattenmaker, Grade: 12, The Madeira School**  
 “The most common risky behavior is drinking and driving. So many kids in this area drink and drive all the time without thinking of the risks.”



**Kristen Bilowus, Grade: 12, The Madeira School**  
 “I think DUIs pose the greatest risk to kids because so many deaths are caused by this every year, and the legal repercussions are so severe.”



**Makenzie Parent, Grade: 12, The Madeira School**  
 “Binge drinking is probably the most dangerous behavior because it can easily and rapidly get out of hand, causing hospitalizations.”  
 “I think when there is a big group involved, that group mentality creates more peer pressure, so kids might feel forced to do something they would not if they were just with a small group of friends.”



**Jennifer Oler, Grade: 12, McLean High School**  
 “I think drunk driving definitely poses the greatest risk because you’re not only putting yourself in danger but everyone else driving then too.”  
 “When there is a larger group of people, teenagers tend to do stupid things that they most likely wouldn’t do if they were by themselves or just with a couple of people.”

—MARY GRACE OAKES



PHOTO COURTESY OF THE FAIRFAX SYMPHONY ORCHESTRA



Students from Westgate Elementary School in Falls Church joined members of the Fairfax Symphony Orchestra for the “Overture to Orchestra” program. The program introduces elementary school students to the instruments and sounds of a symphony orchestra. Students (from left): Aidan Ordovery, Agnes Holmberg, Adam Haizoun, Matteo Betancourt, Katrina Maranon, Tharini Vayuvegula and Yusra Adan. FSO members (from left): Ashley Batten, narrator; Eric Moore, horn; Paul Johnson, trumpet; Mike Bunn, tuba; Andrew Skaggs, trombone; Chris Ferrari, trumpet.



PHOTO COURTESY OF THE MCLEAN YOUTH ORCHESTRA

Oboist Elise Favia plays a solo during a McLean Youth Orchestra concert. Experts say playing music can develop analytical thinking and boost reading and math skills.

# Does Music Make Children Smarter?

**During Music In Our Schools Month, musicians raise awareness of the impact of music education on the lives of students.**

BY MARILYN CAMPBELL  
THE CONNECTION

Can playing the piano strengthen a child’s reading and math skills? Can joining a school band be a catalyst for building self-confidence? Does one develop strong analytical abilities by taking violin lessons? Some music experts say yes.

“Every minute that you’re engaged in music, you’re applying more than one concept or one knowledge,” said Dr. Kevin Strogher, Head of Music at The Heights School in Potomac. “Music develops analytical thinking because it requires students to be creative. They don’t just regurgitate memorized facts. They have to apply those facts.”

March is Music in Our Schools Month and some music aficionados are trying to raise awareness about impact of music education on the lives of students. The National Association of Music Education in Reston cites a strong body of evidence which shows that participation in musical activities can enhance a student’s education. “For today’s



PHOTO COURTESY OF THE FAIRFAX SYMPHONY ORCHESTRA

Helen Fall of the Fairfax Symphony Orchestra mentors students from the Sandburg Area Orchestra. Experts say students can benefit from exposure to professional musicians through educational programs sponsored by local symphony orchestras.

## Considering Private Music Lessons?

**When should students start taking music lessons?**

Between the ages of 5 and 6 for piano. Between the ages of nine and ten for wind instruments or band instruments because students have to have the lung capacity and the finger stretch to perform on the instrument.

**What is a good first step?**

The piano is a great instrument to start on because it plays in every key and gives students a deep understanding of musical harmony and how music works in terms of cords, melody and harmony.

— HOLLY VESILIND,

MUSIC INSTRUCTOR AT WESTGATE ELEMENTARY SCHOOL

## McLean Youth Orchestra

The McLean Youth Orchestra presents MYO Rocks! Sunday, March 25 at 3 p.m. at Oakcrest School, 850 Balls Hill Road in McLean. Admission is \$10 (free admission for children under 13). Visit <http://mcleanyouthorchestra.org>.

students to succeed tomorrow, they need a comprehensive education that includes music taught by exemplary music educators,” said Elizabeth Lasko, Assistant Executive Director, NAME. “Music In Our Schools Month gives music teachers the chance to...let everyone know how learning music benefits kids, and how it contributes to their growth and development both as students and as future adult citizens.”

Instructors say playing music can boost brain power. “Music helps build and develop cognitive skills because you have to do three or four things at the same time to perform music,” said Holly Vesilind, music instructor at Westgate Elementary School in Falls Church and a private flute instructor in Fairfax. “It builds math skills because it involves counting and fractions.

Experts say music activities can affect social development. “Music ensembles work much like team sports, students learn the necessity of teamwork and collaboration,” said Dr. James Criswell, director of the Middle School advanced band and Upper School wind ensemble and orchestra at St. Stephen’s & St. Agnes School in Alexandria.

Strogher dispels the notion that the discipline attracts social misfits. “It is not just the choir geeks or the band nerds,” he said. “When [The Heights Men’s Chorus] was

SEE MUSIC, PAGE 11

# Music in Our Schools Enhances Education

FROM PAGE 10

performing in Austria recently, we had the [school's] best lacrosse player with us, we had baseball players, basketball players. In fact, most of our top athletes are also in the music program. It is actually a cool thing to be in music."

So, what do students think? "Music allows people from different social groups to bond and come together over a common interest," said Connor Ortman, a sophomore at St. Stephen's & St. Agnes.

"Regardless of a student's level, participation in music education teaches the importance of teamwork and collaboration as a group as well as individual discipline and preparation, much like athletics," added St. Stephen's & St. Agnes School sophomore Kathryn Cavallo.

**EXPERTS SAY** early musical experiences benefit even the youngest musicians. "We focus on experiences, the process and overall music making through movement, singing and instrument playing," said Julie Mueller, a music teacher at Arlington's Jamestown Elementary School.

Earlier this month, the Jamestown Elementary School chorus joined other student choral groups from around the world

for the "Concert for Music in Our School's Month," an annual musical experience sponsored by The National Association of Music Education. "Events like these are wonderful opportunities to encourage the students to develop their musical abilities and to be part of activities with musicians from all over," said Dr. Maritza Sadowsky, a music teacher at Jamestown.

Music educators want musical interest to extend beyond a month-long effort. "We hope that because of advocacy efforts such as [Music in Our School's Month]...that parents will encourage their children to get and stay involved in music," said Lasko.

One means of involvement say educators is exposure to professional musicians through educational programs sponsored by local symphony orchestras. "Having been a school strings and band teacher, myself, I understand how the voices of professional musicians who come into the classroom can reinforce the instruction the teachers give," said Helen Fall, a Fairfax Symphony Orchestra Violist.

Hall and other FSO members mentor students as part of programs like Symphony Creating Outreach Resources for Educators (SCORE) and Overture to Orchestra. Overture to Orchestra is designed to introduce elementary school students to the instru-

ments and sounds of a symphony orchestra through in-school concerts performed by chamber ensembles from the FSO. The SCORE program offers extensive master classes, individual sectional instruction, and "side-by-side" rehearsals to middle and high school bands and orchestras.

"The students are always excited to have us come. They feel they are getting extra special attention, and having a pro on every instrument makes them all feel important," said Fall who teaches violin and viola in her home studio in Fairfax.

The FSO allows students ages 6-18 to join the Student Passport Club where members get \$5 tickets to symphony performances. Young music enthusiasts also have an opportunity to play symphonic instruments and meet members of the orchestra.

"The FSO concentrates on providing its programs to areas where students have limited access to private music instruction or consistent support for their music studies in the home," said Elizabeth Murphy, FSO President and CEO. "These are the students who will benefit most from one-on-one exposure to the instruments and professional musicians."

**OFFICIALS FROM THE MCLEAN ORCHESTRA** created the McLean Youth Or-

chestra (MYO) to cultivate the talent of musically advanced middle and high school students. "MYO students not only learn to read and play music better, but working with our conductors and section coaches, they also learn the discipline, team work, self-reliance and confidence required to be an effective ensemble member," said Aileen Pisciotta, President-Elect of the McLean Orchestra.

On Sunday, March 25, MYO musicians will present MYO Rocks! "This is [the orchestra's] first-ever 'fusion' concert," said Pisciotta. "The students will perform a couple of classical selections as well as accompany accomplished rock musicians on some current as well as classic rock favorites. This is an MYO outreach effort intended to be a really fun exposure to symphony music for teens who don't normally go to classical concerts."

MYO oboist and Vienna resident Elise Favia, believes the concert will be a hit with her peers. "I am really big on modern songs," said Favia, who is a 10<sup>th</sup> Grade Student at Thomas Jefferson High School for Science and Technology in Alexandria. "I actually don't like classical music as much as I do the others, but classical music on the oboe is fun because the oboe is used a lot."

## BULLETIN BOARD

To have community events listed in the Connection, send to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). Deadline is Friday.

### WEDNESDAY/MARCH 21

**Stroke and Osteoporosis Screenings.** Sugarland Hill Senior Apartments, 1100 Dranesvilles Road, Herndon. Five screenings available, including cardiovascular, bone density screening, cholesterol and glucose. Packages from \$149. Schedule appointments at 1-800-697-9721 or [www.lifelinescreening.com](http://www.lifelinescreening.com).

### SATURDAY/MARCH 24

**Protect Trees: Remove English Ivy.** Meet at Christ the Servant Lutheran Church, Glade Drive, Reston. Join RA environmental resource staff to help restore the natural area between Hunters Woods Plaza and Hunters Woods Condominiums. Volunteers will remove English Ivy that is threatening trees and reducing biodiversity. [ha@reston.org](mailto:ha@reston.org) or 703-435-7986.

### SUNDAY/MARCH 25

**This Will Change Everything.** 12:45 p.m. Fairfax Unitarian Church, 2709 Hunter Mill Road, Oakton. How visions of the future will affect society and our relation with each other as the gap between the haves and the have nots likely widens.

### MONDAY/MARCH 26

**Water Exercise Classes for Seniors.** Oak Marr Recreation Center, 3200 Jermantown Road, Oakton. \$68 for ten Monday sessions, March 26-June 4. Register at 703-273-6090 or [anne.chase@fairfaxva.gov](mailto:anne.chase@fairfaxva.gov).

### TUESDAY/MARCH 27

**March Network Night.** 5:30-7:30 p.m. M&T Bank Reston, 1861 Wiehle Ave., Suite 100, Reston. Join members, prospective members and guests of the Greater Reston Chamber of Commerce. \$15-\$40. 703-707-9045 or [www.restonchamber.org](http://www.restonchamber.org).

### WEDNESDAY/MARCH 28

**Legislative Luncheon: Silver Line: On Track to Loudoun.** 11 a.m. Sheraton Reston Hotel, 11810 Sunrise Valley Drive, Reston. Results of a survey of the Dulles Corridor business community on the Silver Line Metrorail project, with Virginia Secretary of Transportation Sean T. Connaughton, Chairman of the Fairfax County Board of Supervisors Sharon Bulova, Chairman of the Loudoun County Board of Supervisors Scott York, Mark Looney of Cooley LLP and more. \$45 Greater Reston chamber of Commerce members, \$60 non-members. Register at 703-707-9045 or [www.restonchamber.org](http://www.restonchamber.org).

### SATURDAY/MARCH 31

**Hunter Mill District Democratic Committee Lasagna Dinner & Auction.** 5 p.m. Reston Community Center, 2310 Colts Neck Road, Reston. [HunterMill@fairfaxdemocrats.org](mailto:HunterMill@fairfaxdemocrats.org).

### SUNDAY/APRIL 1

**Gospel music for atheists.** 12:45 p.m. Fairfax Unitarian Church, 2709 Hunter Mill Road, Oakton. With Stephen Baird and The Galapagos Mountain Boys.

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# ENTERTAINMENT

Send announcements to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com).

## THURSDAY/MARCH 22

- Beverly Cosham Sings.** 2 p.m. Reston Community Center Hunters Woods, 2310 Colts Neck Road, Reston. Cabaret singer Beverly Cosham, accompanied by pianist Felicia Kessel Crawley. 703-503-3384 or 703-476-4500.
- The Second City: Laugh Out Loud.** 8 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Comedy. \$24. [www.wolftrap.org](http://www.wolftrap.org).
- Children's and Teen Book Sale.** 10 a.m.-5 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. 703-689-2700.
- David Andrews Smith.** 8:30 p.m. O'Sullivan's Irish Pub, 754 Elden St., Herndon. Live music. 703-464-0522 or [www.osullivanirishpub.com](http://www.osullivanirishpub.com).
- Comedy Night.** 8:30 p.m. Sully's, 14513 Lee Jackson Highway, Chantilly. Every Thursday. 703-818-9292 or [mysullys.com](http://mysullys.com).

## FRIDAY/MARCH 23

- Virginia Opera: The Mikado.** 8 p.m. George Mason University's Center for the Arts Concert Hall, 4400 University Drive, Fairfax. Gilbert and Sullivan's masterpiece, set in the fictional Japanese town of Tiputu. Sung in English with English supertitles. \$48-\$98. 888-945-2468 or [www.gmu.edu](http://www.gmu.edu).
- "I Love You Because."** 8 p.m. Reston Community Players, 266 Sunset Park Drive, Herndon. Tickets \$15-\$21. 703-476-4500 or [restonplayers.org](http://restonplayers.org).
- Children's Theatre Production: The Princess & the Pea.** 7:30 p.m. Herndon High School Auditorium, 700 Bennett St., Herndon. Based on Hans Christian Andersen's short story. Tickets \$5. [www.herndonrama.org](http://www.herndonrama.org).
- Gather Round the Campfire.** 6:30 p.m. WNEC Campfire Ring, Soapstone Drive, between Glade Drive and Lawyers Road, Reston. All ages. Sing songs and be a part of a frog chorus. Make popcorn in the fire and more. \$5-\$8. [naturecenter@reston.org](mailto:naturecenter@reston.org) or 703-476-9689.
- Children's and Teen Book Sale.** 10 a.m.-5 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. 703-689-2700.
- The Second City: Laugh Out Loud.** 8 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Comedy. \$24. [www.wolftrap.org](http://www.wolftrap.org).
- Rocky Guttman.** 9:30 p.m. O'Sullivan's Irish Pub, 754 Elden St., Herndon. Live music. 703-464-0522 or [www.osullivanirishpub.com](http://www.osullivanirishpub.com).

## SATURDAY/MARCH 24

- "I Love You Because."** 8 p.m. Reston Community Players, 266 Sunset Park Drive, Herndon. Tickets \$15-\$21. 703-476-4500 or [restonplayers.org](http://restonplayers.org).
- Children's Theatre Production: The Princess & the Pea.** 10 a.m. Herndon High School Auditorium, 700 Bennett St., Herndon. Based on Hans Christian Andersen's short story. Tickets \$5. [www.herndonrama.org](http://www.herndonrama.org).
- Fairfax County Mega Job Fair.** 10 a.m.-3 p.m. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. This year's event includes a training vouchers program for veterans to enhance their job skills, a section for youth employment services plus recruiters from a wide variety of employers and government agencies. Co-hosted by Congressman Gerry Connolly, the Fairfax County SkillSource Centers and Business



PHOTO COURTESY OF VIRGINIA OPERA

**Bass Kevin Burdette as Ko-Ko in Virginia Opera's production of Gilbert and Sullivan's "The Mikado". The Virginia Opera will present "The Mikado" on Friday, March 23 at 8 p.m. and again on Sunday, March 25 at 2 p.m. in George Mason University's Center for the Arts Concert Hall, 4400 University Drive, Fairfax. Gilbert and Sullivan's masterpiece, set in the fictional Japanese town of Tiputu, will be sung in English with English supertitles. Tickets are \$48-\$98. 888-945-2468 or [www.gmu.edu](http://www.gmu.edu).**

- Development Assistance Group. Participating employers, business resources partners, and program agenda at [www.fairfaxmegajobfair.com](http://www.fairfaxmegajobfair.com).
- Children's and Teen Book Sale.** 10 a.m.-4 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. 703-689-2700.
- Harlem Globetrotters.** 7:30 p.m. George Mason University Patriot Center, 4500 Patriot Circle, Fairfax. Tickets available at [www.harlemglobetrotters.com](http://www.harlemglobetrotters.com) or 1-800-745-3000.
- Pete Baker.** 8:30 p.m. O'Sullivan's Irish Pub, 754 Elden St., Herndon. Live music. 703-464-0522 or [www.osullivanirishpub.com](http://www.osullivanirishpub.com).
- DC/VA 2012 MDA Muscle Walk.** 8 a.m. George Mason University, 4400 University Drive, Fairfax. Help raise funds to fight muscular dystrophy, ALS and related muscle diseases. Register at 703-476-5780 or [musclewalkmda.org/DCVirginia](http://musclewalkmda.org/DCVirginia).
- Meet and Greet the Authors.** 2-4 p.m. Barnes and Noble, Spectrum Center, 1851 Fountain Drive, Reston. With Karen Cantwell, author of "Take the Monkeys and Run"; Eric Gardner, author "God's Will Blood Line" and John B. Wren, author of "To Probe a Beating Heart". [lfwren54@aol.com](mailto:lfwren54@aol.com) or 703-503-7955.
- Easter Egg Hunt.** 1-3 p.m. Sully Historic Site, 3650 Historic Sully Way, Chantilly. Hunt for filled Easter Eggs, participate in Sully's egg roll, make a spring craft and visit baby animals. \$5 per child. Take a tractor-drawn wagon ride around the grounds for \$2, weather permitting. Reserve at 703-437-1794.
- Ballet and Bordeaux Fundraiser.** 6-9 p.m. Center for Innovative Technology, 2214 Rock Hill Road, Herndon. Classical Ballet Theatre's annual fundraiser and silent auction. Catered meal and wine, live music. [www.cbntva.org/bordeaux](http://www.cbntva.org/bordeaux).
- SUNDAY/MARCH 25**
- Reston Community Orchestra: Mostly Baroque.** 4 p.m. Reston Community Center Hunters Woods, 2310 Colts Neck Road, Reston. With concertmaster Fred Rupert, principal flautist Stephanie Fouse, principal cellist Kurt Usowski and Dingwall Fleary on harpsicord. Bach's Brandenburg Concerto No. 5 in D, BWV 1050, Vivaldi's Violin Concerto in E minor, RV 273, Handel's Royal Fireworks Music and Scheidt's Canzona. Free, donations accepted. [www.restoncommunityorchestra.org](http://www.restoncommunityorchestra.org).
- Virginia Opera: The Mikado.** 2 p.m. George Mason University's Center for the Arts Concert Hall, 4400 University Drive, Fairfax. Gilbert and Sullivan's masterpiece, set in the fictional Japanese town of Tiputu. Sung in English with English supertitles. \$48-\$98. 888-945-2468 or [www.gmu.edu](http://www.gmu.edu).
- Children's and Teen Book Sale.** 1-4 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. 703-689-2700.
- Ronald McDonald House Charities Red Shoe 5K Run & Walk.** 9 a.m. 2303 Dulles Station Blvd., Herndon. Kids Fun Run at 8:45 a.m. Racers awarded cash prizes. Children can get community service hours. Adults \$35-\$40, children \$25. Team and family discounts. Register at [www.redshoe5k.org](http://www.redshoe5k.org) or 703-698-7080.
- Harlem Globetrotters.** 2 p.m. George Mason University Patriot Center, 4500 Patriot Circle, Fairfax. Tickets available at [www.harlemglobetrotters.com](http://www.harlemglobetrotters.com) or 1-800-745-3000.
- Oberlin College Conservatory of Music Concert.** 7:30 p.m. Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. Violinist Zou Yu and pianist Shuyi Guan perform Sonata in D minor by Claude Debussy & Valse Scherzo, Op.34 by Pyotr Tchaikovsky. Violinists Dorothea Chatzigeorgiou and Yuri Popowycz, violists Batmyagmar Erdenebat and Aaron Mossburg, and cellist Zizai Ning, cello perform String Quintet No.2 G Major, Op.111 by Johannes Brahms. Free. 703-842-3156.
- Craftsmen's Spring Classic Art & Craft Festival.** 10 a.m.-5 p.m. Dulles Expo Center, Chantilly. Contemporary to traditional, functional to whimsical hand-made crafts. Adults \$8, age 6-12 \$1. 336-282-5550 or [www.CraftShow.com](http://www.CraftShow.com).
- Red Shoe Run & Walk 5K.** 2303 Dulles Station Blvd., Herndon. Packet pickup 7:30 a.m., race starts at 9 a.m., Kids' Run starts 8:45 a.m. Proceeds benefit the Ronald McDonald House Charities of Greater Washington D.C. [www.rmhc.greaterdc.org](http://www.rmhc.greaterdc.org).



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## Exciting All-Star Afternoon

Concorde/Patriot All-Stars beat the Liberty/National team 109-108 in overtime.

BY JON ROETMAN  
THE CONNECTION

**B**ryant Fultz wasn't among the top performers in the dunk contest during NVABBC all-star festivities on March 17, but the West Potomac senior made his mark during the main event.

Fultz threw down a fourth-quarter alley-oop dunk from fellow Wolverine Randall Brobbey, scored a team-high 15 points and earned game MVP honors as the Concorde/Patriot All-Stars defeated the Liberty/National team 109-108 in overtime at Wakefield High School. The all-star game featured some of the top players from the Northern Region, and matched a team composed of athletes from the Concorde and Patriot districts against players from the Liberty and National districts.

"With the dunk contest, it was really hard because I'm not really a trick dunker," Fultz said. "I'm more of a go-up-and-do-it kind of guy."

Fultz made up for any lack of flair in his dunk-contest performance. With the Concorde/Patriot squad leading by four late in regulation, Brobbey threw an alley-oop pass off the backboard, which Fultz slammed home for a 99-93 advantage.

"In practice," Fultz said, "we do it all the time for fun." After the 3-point shootout, South County's Oren Burks held off Lake Braddock's Tyler Snow to win the dunk contest. Jumping over a human prop became the unofficial theme of the event. T.C. Williams' T.J. Huggins was one of the first to attempt the maneuver, leaping over fellow Titan Jordan Byrd, who stands 6 feet.

"It was his idea at the last minute," Byrd said. "I was just supposed to throw the [alley-oop]. He missed it a couple times and then at that time he just changed it and said, 'Can I dunk over you?' I said, 'Go ahead, I'll give it a try, but you better not hurt me.'"

**THE ALL-STAR GAME** provided an exciting end to the afternoon. The Liberty/National team overcame an 11-point second-half deficit to force overtime and held a one-point lead late in the extra period. But after allowing the go-ahead bucket to Hayfield's Nate McShay of the Liberty/National team, Huggins, the region Player of the Year, drove to the rim and scored the game-winner for the Concorde/Patriot team.

The Concorde/Patriot All-Stars, led by Woodson head coach Doug Craig, featured a balanced scoring attack. South County's Marquice Johnson and Westfield's Quentin Basil each scored 11 points, and Lake Braddock's Snow had 10. Centreville's Evan Fuller and Robinson's Robert Pillow each tallied nine points, while Huggins added eight.

Johnson, a rebounding force for the Stallions, said it took some time to settle into a rhythm while playing with athletes from other schools, but the teams eventually found a groove. He also said there was a relaxed approach in terms of competition, but that didn't stop hip from hustling.

Chantilly's Brady Caslavka (7 points), Robinson's Tristian Crenshaw (7), T.C. Williams' Byrd (6), Centreville's Robert Coker (5) and Lake Braddock's Brendan McHale (2) also competed for the



South Lakes' JD Wallace scored 15 points for the Liberty/National All-Stars.

Concorde/Patriot team.

Edison head coach Terry Henderson led the Liberty/National All-Stars. Henderson received a good-natured ribbing for calling a timeout in the closing seconds of the first half to design a play for Langley's Daniel Dixon. The play worked, as Dixon buried a 25-foot 3-pointer at the buzzer to give his team a 49-48 halftime lead.

"It's fun. You get some talent you don't normally have," Henderson said. "It's kind of like coaching at a private school or something. You've got your shooters, you've got big men [and] you've got ball handlers. I was like a kid in a candy store; I didn't know what to do and what to call."

Dixon, who also had the ball in his hands near the end of regulation and overtime, said he enjoyed having opportunities during crunch time.

The play prior to halftime "was drawn up to get me the ball, but probably in a different spot than near half-court," Dixon said. "But I just pulled it from there."

Hayfield's McShay led the Liberty/National team with 20 points. Dixon scored 17 points, South Lakes' J.D. Wallace finished with 15 and McLean's Gordon Rogo added 11.

Edison's Tyrone Mackall (9), Wakefield's Justin Glenn (8) and Corey Aldrich (5), McLean's Sango Amolo (7) and Thomas Van Wazer (6), South Lakes' Jordan Francis (4), Langley's Joey Robinson (4) and Marshall's Latrell Watkins (2) also competed.

Wakefield head coach Tony Bentley hosted the festivities for the third consecutive year. He said the all-star game was the best it has been and he enjoyed watching his players — Glenn and Aldrich — participate.

## Huge Turnout for South Lakes Baseball

Seahawks fall to Herndon in local rival game, 13-3.

**T**he South Lakes Seahawks varsity baseball team kicked off their 2012 high school season Friday night, March 16 against rival Herndon High. The rain cleared and the stands at South Lakes were packed with a large contingent of fans, including students and little leaguers. Reston Little League was well represented on both teams with 18 alumni participating.

Herndon, which won the cross-town, non-district game 13-3, jumped out on top in the second inning after a three-run homer by Austin Schnarrs. After Herndon tacked on another run in the third, South Lakes battled back against Herndon senior starting pitcher Addison Wright with three runs, all coming with two outs, in the bottom of the fifth inning.

Junior Hayden Hall started the rally with a double and senior Ryan Forrest added a key RBI single.

South Lakes senior Billy McLaughlin pitched a solid game, going six strong innings. Unfortunately for South Lakes, the wheels came off in the seventh inning and the barn-burner turned into a decisive win for Herndon.

South Lakes, in the Friday game, hosted the first of its four '4 Free Admission Fridays,' where youngsters are allowed in free of cost as long as they are accompanied by a paying adult. All youth ball players, on these special nights, are encouraged to wear their team baseball jerseys (Little League, Cal Ripken) or the Kelly green and royal blue attire of the Seahawk team colors.

The next South Lakes Free Admission Friday is this upcoming Friday night, March 23 when the Seahawks face Liberty District opponent Jefferson at 6:30.

Another big night for South Lakes baseball is scheduled for Friday, April 13, which will be 'Youth Baseball Night,' where players not only get into the game for free, but will enjoy special activities and gifts. The



PHOTO BY JOE McDERMOTT

Billy McLaughlin pitched six innings for South Lakes last Friday night.

opponent that evening will be district rival Fairfax High.

The Seahawks will be migrating south this spring break to participate in the BATRUP tournament near Hilton Head, S.C., against teams. The Seahawks, on the trip scheduled for April 1-5, will be playing their spring break games at Bluffton High School. Check out the schedule at [www.southlakesathletics.org](http://www.southlakesathletics.org). — CONTRIBUTED BY MATT ALBELSON

### Oakton Baseball Wins First Three

The Oakton High baseball team (3-0) opened their new season last week with wins over Yorktown, 8-3, McLean, 8-7, and West Potomac, 15-4.

"We are very solid throughout our roster this year," said Oakton head coach Justin Janis. "I've been very pleased with how our players are preparing. If we throw strikes and play good defense, I think we have a chance to be successful this year."

Key members on the Oakton roster include senior Tyler Carroll, who is set to play collegiately at James Madison University next school year; senior outfielder Mason Hauser; and senior catcher Austin Lamon.

Oakton is coming off a successful 2011 season in which the Cougars went 18-6 overall and captured the Concorde District title. They advanced to the Northern Region tournament quarterfinals before losing to Lake Braddock.

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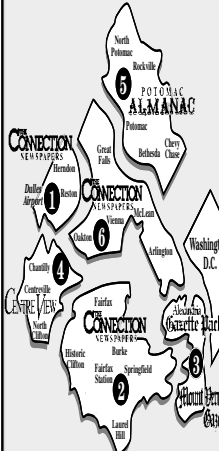
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## "Here, There And Everywhere"



By KENNETH B. LOURIE

The Beatles sang it on their "Revolver" album back in the mid 60s. My wife and I danced to it in the late 70s when we selected it as "first song as husband and wife" – in 1978. And recently we felt it, three years after my stage IV lung cancer diagnosis, as our reaction/assessment to the many similarly diagnosed individuals who've shared their lung cancer stories with us. Who knew? All of a sudden – or so it seems, people with whom we thought we had little in common – and even less of a connection, have selflessly offered up their lung cancer experiences, journeys, associations, etc. One-hundred, sixty-thousand deaths per year attributed to lung cancer, the leading cause of cancer-related deaths in this country – by far, is reason enough for what initially seemed like a random coincidence but now feels more like an inevitability. Apparently, where there are overwhelming numbers, so too is there an overwhelming capacity for empathy and understanding.

Any lung cancer story I hear is more evidence and reinforcement to boost my own survival. Not that any experiences of what other cancer patients have endured/survived is necessarily related to my survival, still; it beats the alternative, as I like to say. Living is its own reward and surviving lung cancer is exponentially more rewarding than anything else I do. It's the first thing I think of when I wake in the morning and the last thing I think before I fall asleep at night. And on those many nights when I'm unable to fall asleep, or sleep soundly – or enough, you can be sure the culprit is cancer. Certainly, I have physical challenges related to my diagnosis, but mostly the problem I face is mental: how do you not obsess on the thing that is most likely killing you and one for which you have minimal control or defense? My solution, or rather an attempt at a solution: I try to compartmentalize – and/or pretend, but cancer is insidious and tricky: an enemy of the people if there ever was one.

More specifically, trying to make the best of a bad situation is what I do best. When you're characterized as "terminal" at age 54 and a half – not even three months after you buried your widowed mother at age 86 – of a disease for which there was no immediate-family history, combined with the fact that you were a lifelong non-smoker (85 percent of lung cancer patients have been smokers), the breaks don't exactly feel as if they're going your way. Nevertheless, dwelling on that fact or feeling sorry for myself or "woeing" is me is not reflective of the positive mental attitude that my parents instilled in me. I saw how they lived their lives and more importantly, I observed their dignity and perseverance when their health deteriorated. Somehow, they never made it about them, it was more about others.

Likewise, as I regularly receive communications from and occasionally meet other cancer survivors, I only hope that I am doing for them what they are doing for me. A cancer diagnosis was not exactly what I had anticipated hearing from my Internal Medicine doctor three years ago when he made "the call" to me. However, now that I've lived the cancer life for three-plus years and met the people I have and read the many stories sent to me, I feel privileged to be part of such a brave and courageous group. Thanks for reaching out to us. Because of you, we've never felt alone.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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\*Date subject to change. Please check website prior to attending.

**Board of Governors Finance Committee Meeting\***

Monday, April 2 • 6:30 p.m.

**Board of Governors Meeting\***

Monday, April 2 • 8:00 p.m.

Reston Community Center and Reston Association Jointly Present

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AGES 1-8

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