

NO FOOD OR BEVERAGES IN THE AUDITORIUM

From left, Kelly Chen, 14, and Isabel Robles, 12, students at the Classical Ballet Theatre in Herndon welcome guests to their annual Ballet and Bordeaux fundraiser Saturday, March 24.

PHOTO BY ALEX McVEIGH/ THE CONNECTION
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Fairfax County Public Schools: Go Inside the Classroom with Teachers

Coming in April: Visual and Performing Arts

When was the last time you visited a classroom? You may remember the desks, the chalkboard, or even the heavy copy of the dictionary sitting on top of the bookshelf.

Today's classrooms are dynamic and interactive settings where students learn from teachers who use a wide variety of resources and tools in the classroom to engage and empower students. Whether they are creating unique lesson plans or

This Just In:

Michelle Henry, health specialist and physical education teacher at Liberty Middle School, has been named the National K-12 Health Teacher of the Year by the American Association for Health Education.

inviting professionals into the classroom to share their experience with students, teachers provide opportunities for students to be curious and stimulate thoughts and ideas.

Sometimes the art of teaching requires the use of unique methods

to engage students. Jeff Lonnett, an art resource teacher at Mosby Woods Elementary School, is doing just that. Mosby Woods in Fairfax is one of 16 schools in the Washington, D.C., area that partners with the Kennedy Center for Performing Arts as part of its Changing Education Through the Arts (CETA) program.

Through CETA, Lonnett works with teachers throughout the school to help them develop knowledge and skills to integrate the arts into other subjects such as history, math, language arts, and science.

"Our sixth graders recently completed a unit on the Revolutionary War and were asked to design propaganda posters promoting a real political position of the Revolutionary War," explained Lonnett.

"Art highlights the importance of learning at every opportunity," said Lonnett. "You can probably get through life without being an artist, but art teaches storytelling, problem solving, and creative thinking that you need for so many other things in life."

Teaching students the skills they need to lead responsible, fulfilling, and respectful lives is one student achievement goal in Fairfax County Public Schools. Tom Harlow works with more than 50 physically disabled students from around the county to help them develop the resilience and self-confidence required to deal effectively with life's challenges. He's the adapted physical education teacher at Falls Church High School.

Harlow started a program to bring general education students into the adapted PE classes to work with his students. It is called the Peer Teaching Program.

"At the beginning of the year, I have my students introduce themselves in front of the whole class and talk about what they can do," said Harlow. "Self-advocacy is an important skill and it makes them more confident."



The peer teachers get to know the other students helping by them participate in activities such as fishing, kite flying, in-line skating, archery, and much more.

"It's a win-win situation," said Harlow. "The students who serve as peer teachers come in to help, but by the time the class is finished, they have learned a lot about each other, especially about the ability of the other students. The physically disabled students enjoy working with their peers and have a lot of fun."

Every year, more and more students ask to be a part of the Peer Teaching Program.

"The Peer Teaching Program helps knock down walls that should never be there," said Harlow.

Knocking down walls on the other side of the county is Linda Martin, a resource teacher for the advanced academic program at Dogwood Elementary School in Reston. She is passionate about fostering interest in science, technology, engineering, and mathematics (STEM).

"Children are naturally curious and should be given simulated opportunities to innovate, create, and resolve unique problems," said Martin. "That's what we try to do through our clubs, camp, and classes."

Martin sponsors the Girls Excelling in Math and Science (GEMS) club at Dogwood and organizes the GEMS conferences annually.

"I believe very strongly in bringing professionals into the classroom to give us authentic experiences. Our students need to meet people in the field who are doing these things now. Suddenly their work is elevated. It has purpose, relevance, and there is a vision that starts to take shape in their minds."

"I never forget that this is their childhood and I am their teacher and I am creating indelible memories for them. I don't want them to just learn and remember things. I want their learning to be unforgettable."



Getting To Know Us

School-Based Technology Specialist Patrick Ledesma

"These are exciting times to be a teacher," says Patrick Ledesma, school-based technology specialist and special education department chair at Holmes Middle School in Alexandria.

"The greatest fulfillment as a teacher is helping students learn. The wide availability of technology tools today, when combined with effective teaching practices, provides almost unlimited ways to inspire students."

Whether students use mobile computing devices such as netbooks, tablets, and iPads in the classroom or teachers use interactive whiteboards and classroom response systems, Ledesma says it will be the technology advances promoting more equitable student access to technology, rather than a specific brand or device, that will allow us to "inspire, enable, and empower all students to meet high academic standards, lead ethical lives, and demonstrate responsible citizenship," which are FCPS student achievement goals.

Ledesma says it is critical for students to be able to use technology to prepare for careers.

"Technology is seamlessly integrated into many job procedures and responsibilities today. Walk around any workplace or office, technology is evident somewhere in the background. To prepare students to use technology, we must continue to give students as many opportunities as possible to use technology in the learning process," he said.

"More importantly, we must focus on empowering students to be successful in applying higher level thinking skills. The more students are successful in activities that promote these skills, the more prepared they will be to use any technology available to them in the future."

Did You Know?

More than 10,000 (70 percent) of FCPS teachers have master's degrees and more than 370 FCPS teachers are certified by the National Board of Professional Teaching Standards, the highest credential a teacher can earn.

Students Engaged Through Technology

It may sound like something from a James Bond movie, but the Smart Pen is a teaching tool that is helping students of all ages.

The Smart Pen contains a computer that can capture handwriting and simultaneously record audio. The user taps a specially made sticker placed in a Smart Pen notebook to record the writing and audio.

"My students are extremely excited and motivated when they use the Smart Pen," said Courtney Taylor, a kindergarten teacher at Parklawn Elementary School.

Taylor has multiple uses for the Smart Pen in her classroom.

"Recently each student wrote a report about polar animals and recorded themselves reading what they wrote," said Taylor. "Now any student can pick up the reports, use a Smart Pen to tap on the special dot in the notebook and listen to their classmates read their reports. It is a technology that fosters independence and engagement."

Taylor also records herself reading stories so her students can use free time to listen to a story on the Smart Pen and follow along in the book.

"The pens are very user friendly and my students love using them. They are even generating their own ideas on how we can use them!"

This year's State of Schools Report courtesy of Apple Federal Credit Union



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From left, Sydney Sasser, Peter Bacenet and Kaley Thornton perform the Hungarian Variation from "Swan Lake" during the Classical Ballet Theatre's annual Ballet and Bordeaux fundraiser Saturday, March 24.

Dancers On the Move

Classical Ballet Theatre hosts annual fundraiser, move to Reston.

BY ALEX McVEIGH
THE CONNECTION

When Cynthia Donavin, executive director of the Classical Ballet Theatre, was searching for inspiration to find a new location for the studio, she turned to one of the area's most famous patrons of the arts: Reston founder Robert Simon.

"I gave Mr. Simon a ride to our studio, he checked it out and said he knew the perfect place to relocate," Donavin said. "And sure enough, the spot he picked will be our new location. He said he chose it because of its proximity to two future Metro stops."

The Classical Ballet Theatre, a nonprofit dance studio dedicated to providing education, performance and outreach throughout the area, will be moving August a little more than a mile east in Sunset Hill Road, next to the Plaza America shopping center. To help facilitate their expanded facilities, the theatre hosted their annual Ballet and Bordeaux fundraiser at the Center for Innovative Technology in Herndon Saturday, March 24.

"We exist for one reason, and that's to raise young



Sonia Boroday, 13, a student at the Classical Ballet Theatre in Herndon introduces guests to items up for auction at the theatre's annual Ballet and Bordeaux fundraiser Saturday, March 24.

dancers in a way that not only prepares them to dance well, but to succeed in many aspects of life," said Richard Thayer, chairman of the CBT's board. "This is where you can get the best regional training in the Mid-Atlantic."

Thayer said he was "thrilled at the possibilities" of the new space, which will feature a third studio to help the CBT increase their program offerings.

"We're bursting at the seams at our current location, and the move to Reston will ensure the continuation of our quality programs," he said. "We want to continue everything positive we do, which includes reaching out to dancers, students, families and the community at large."

The CBT hopes their new location will encourage people to take a look and see what happens on a daily basis.

"We're growing by leaps and bounds, and this move will help us provide more offerings to the communities of Herndon, Reston and beyond," said Patricia McCabe, the CBT's director of development. "We want to open ourselves up more to the community, so we'll have a lot of windows and open space."

The CBT was founded in 1991, and since then more than 30 of its alumni have gone on to professional dance careers around the country, on Broadway and around the globe in Russia and Germany.



Shanna Gayer, an alumna of the Classical Ballet Theatre in Herndon, performs the Variation from "Carmen".



Hannah Markowitz, a student at the Classical Ballet Theatre in Herndon performs as the Black Swan.



PHOTOS BY ALEX McVEIGH/THE CONNECTION

Mary Wheeler of Reston helps her 16-month-old daughter Hailey sort through her egg basket after the conclusion of the Egnormous Egg Hunt. This year's hunt will take place Saturday, March 31.

Springtime in Reston Egg hunt, Founder's Day highlight Spring festivities.

BY ALEX McVEIGH
THE CONNECTION

Brown's Chapel Park will be the site of Reston's annual Egnormous Egg Hunt Saturday, March 31, which kicks off a Spring brimming with events. The hunt will also feature carnival rides, games and a performance by magician Eric Henning, who has performed around the area including the White House.

"I'm not usually a crowd person, but the egg hunt is an event where it seems like the more the merrier," said Monica Perlo of Reston. "It's a chance for the kids to see their friends in a setting outside of school, all together, and they can battle over eggs, play games and line up together to meet the Easter Bunny."

While the eggs usually get snapped up quickly, some children just like to play the games.

"It's fun to look for eggs, but it can be hard with so many people around, and I'm not very fast," said Cristobal Figueroa, 8, of Reston. "But I like playing the games with my mom and dad, and it's fun to be outside in the warm weather."

The Egnormous Egg Hunt will take place at Brown's Chapel Park, 11300 Baron Cameron Avenue from 10 to 11:30 a.m., with the hunt starting at 10:30 sharp. If there is inclement weather, the hunt will take place Saturday, April 7.

Reston is also in the unique position of being able to celebrate its birthday with its founder. Bob Simon will be celebrating his 98th birthday, while the community he



Adina Akhmerov greets the Easter Bunny after the Egnormous Egg Hunt at Brown's Chapel Park.

founded will turn 48.

"One of the coolest parts about living in Reston is, almost anytime during the year, being able to walk around Lake Anne and seeing Bob Simon walking, the man who founded this place with such a focused, admirable vision," said Thomas Edwards of Reston. "The annual birthday celebration is just icing on the cake."

This will be the second year that Founder's Day festivities will feature the Treasure Hunt, a two-hour quest that requires participants to visit 10 locations unique to Reston.

"Last year was a bit of a challenge, I started the hunt, but it became a little much for me," said Amelia Jones of Reston. "But when I told my kids, fans of 'The Amazing Race' that their mom didn't make it to the finish line, they sure let me hear about it, so I'm aiming to do the whole thing this year."

Founder's Day will take place Saturday, April 14 from noon to 4 p.m. at the Lake Anne Village Center. For more information, visit www.restonmuseum.org.

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COMMENTARY

Reversing Bad Fortune

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

The Virginia General Assembly is not having a very good year. After making the national evening news shows and late-night comedy programs for weeks about which ultrasound to require of women, the Assembly joined many other states in passing voter suppression bills that might affect the outcome of the presidential election. The Governor signed the ultrasound bill but could help the state save face by vetoing the voting bills. A veto of these bills might also distract attention from his transportation plan that has been reduced to selling naming rights to highways and bridges. Certainly one's name would get lots of exposure to slow moving traffic in the worst congestion in the nation. The Assembly at least in the short run averted tragedy by defeating amendments to the hundreds of years old common law "castle doctrine" that allows one to use the force necessary to protect oneself to a broadened law as exists in Florida that allows force to be used for anyone getting in your way and that led to the unfortunate Trayvon Martin incident.

As if all that was not bad enough, the State Integrity Investigation organization gave Virginia an F on its corruption risk report card, making it 47th worst among the states. It did not say the state was corrupt; it pointed out the lack of laws to prevent or detect corruption. "The Old Dominion is one of nine states with no statewide ethics commission, one of four states with no campaign finance limits and one



of only two states (South Carolina is the other) where the part-time legislators handpick the judges before whom many of them practice law."

Virginia disclosure laws are strong. Campaign contributions over \$100 must be reported as well as campaign expenditures. Reports for challengers and incumbents are available for public inspection at the Virginia Public Access Project at www.vpap.org. All gifts, economic interests, and income must be reported annually by incumbent office holders. They are publicly available at www.vpap.org. None of these reports are regularly audited as they should be, but their accuracy could be publicly challenged.

Changes to bring about reforms in the state are given an unfriendly reception by legislators who run in districts made safe by the redistricting process. As one who has introduced bills to provide for merit selection of judges, the independent redistricting commission, recorded votes in all committees, and expansion of reporting requirements, I have concluded that in order for the Commonwealth to reverse its fortunes it needs a state constitutional revision that would address these issues that legislators have refused to reform. It also would provide for a two-term governor more interested in serving the state than running for the next national election.

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RCO Presents 'Mostly Baroque'

Late Sunday, the Reston Community Orchestra pulled in a large and enthusiastic audience to the Reston Community Center. Maestro Dingwall Fleary presented a program that he called "Mostly Baroque," with Handel, Vivaldi and Bach featured. Then, as though to remind us of his term "Mostly," he concluded with a sociologically marginal, very modern composer, Edward Elgar. Here was a true "odd man out." A self taught man surrounded by academics, a Catholic in Anglican England and a person of quite humble origins in an elitist society, he lived until 1934. Elgar nevertheless made himself become successful (we know him for his Pomp and Circumstance) and perhaps that is why Maestro Fleary chose to conclude with

this Modernist.

RCO President Beverly Cosham introduced the program, and following intermission, the Bach "Brandenburg Concerto" featured three soloists from the orchestra. Concertmaster Fred Rupert was on violin, Stephanie Fouse on flute, Maestro Fleary switched over to harpsichord and percussionist David Tiller handled the conducting. But it was Fouse that captivated the audience.

Her intonation was perfect, her fingering technique flawless and her phrasing always remarkable. A relative newcomer to the RCO, she is already well known for both her popular and religious music as well.

— MICHAEL MCKEE



RCO President Beverly Cosham introduces the program and announces an RCO Fund Raiser.



Maestro Dingwall Fleary, RCO Music Director, promises "Music from Within."

FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com. Deadline is Thursday.

United Christian Parish, 11508 North Shore Drive in Reston, has announced their holy week events. The United Christian Parish is an ecumenical church uniting Christian Church (Disciples of Christ), Presbyterian Church (USA), United Church of Christ and the United Methodist Church. 703-620-3065 or www.ucpreston.org.

♦**Palm Sunday Services**. Sunday, April 1, 8:30 a.m. and 11 a.m. Holy Communion, distribution of palms and collection of non-perishable food for local food pantries. Childcare available.

♦**Soup-and-salad Supper and Maundy Thursday Worship Service**. Thursday, April 5, 6 p.m. Holy Communion and optional foot-washing.

♦**Good Friday Vigil**. Friday, April 6, 1-7 p.m. The church sanctuary will be open, all are invited to spend time in individual prayer and reflection. Sacred music will be played at intervals and parish members will be present to assist.

♦**Easter Sunrise Service**. Sunday, April 8, 6:30 a.m. Planned and

conducted by the United Christian Parish youth.

♦**Easter Services**. Sunday, April 8, 8:30 a.m. and 11 a.m. With vocal and bell choirs and Holy Communion. Childcare available.

Trinity Presbyterian Church, 651 Dranesville Road in Herndon, has Sunday Worship Service at 8:30 a.m. and 11 a.m. Nursery and childcare are available during worship services. Youth and Adult Sunday School is held Sundays from 9:40-10:45 a.m. 703-437-5500 or www.trinityherndon.org.

Dranesville United Methodist Church, 1089 Liberty Meeting Court in Herndon, has announced their Palm Sunday, April 1 and Easter Sunday, April 8 services. There will be Traditional Worship services at 9 a.m. and Contemporary Worship services at 11:15. An Easter Egg Hunt will be held after each service on Easter Sunday. The Holy Thursday Service will be 7:30 p.m. April 5.

Floris United Methodist Church, 13600 Frying Pan Road in Herndon, has worship services at 8 a.m., 9:15 a.m., 11 a.m. and 5 p.m. on Sundays, with a Latino service on Saturdays at 7 p.m. 703-793-0026 or www.florisumc.org.

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OPINION

Interrupting Harassment and Bullying

Empowering bystanders to intervene, students to set boundaries.

With a controversial and much discussed new movie, "Bully," coming out this week, local school districts continue to wrestle with the issue of bullying in the schools.

And while school officials are still looking at "cyber-bullying" as novel and separate phenomena, it's fair to say that for students, there is little distinction between the teasing, harassment and worse that happens on school grounds and the school bus and the nastiness, rumors and character assassination that takes place online. The combined effect, including the graphic, lasting, visceral attacks that are possible online, can make school literally unbearable for some, and more than unpleasant for others.

As adults, we can only be thankful that we escaped this environment before the advent of cell phone cameras and videos, instant posting to websites and other technological "ad-

vances." (I have long believed that middle school, by its very existence, is unconstitutionally cruel and unusual punishment.)

Fairfax County undertakes an annual survey of all students in grades 8, 10 and 12 that gives insight into the lives of teens.

More than 30 percent of Fairfax County students recently surveyed reported being depressed in the past year.

This is probably not unrelated to the fact that 56 percent of students surveyed reported being bullied while 43 percent admitted to bullying others. This is consistent with findings from other areas, with 8th grade as a bullying "hot-spot." In Fairfax County, 62 percent of 8th graders said they had been bullied and 55 percent admitted to bullying others. Of course there is some overlap in the two groups.

"We've seen that over 40 percent of the students who say they have been bullied have themselves bullied someone," Mary Ann Panarelli, director of Fairfax County Public School's Intervention and Prevention Services department told Connection reporter Alex McVeigh. "It's not a matter of punishing it out of the system, it's a matter of enacting a culture change."

In seeking that culture change, much of the outreach is dedicated to the bystander, the person witnessing someone being bullied, and their ability to make the bullying behavior less acceptable.

Students who witness bullying can say to the perpetrator: "Why would you say something like that? Why would you do that?"

Panarelli added: "Things like going up to the victim after, saying 'I saw what happened, and don't agree with it,' helps that victim from feeling isolated."

It's the sort of lesson that can start very young. We can learn to say: "This is not right," even in the face of fierce peer pressure. This ability to set boundaries which can begin in preschool will serve our children well later in life when they are resisting being a passenger in a car driven by someone who has been drinking or refusing to participate in rumors and ostracizing.

This starts with learning empathy, to care for animals, people and things who vulnerable and face challenges.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM, ON

TWITTER @MARYKIMM

COMMENTARY

Creating a Need

BY JACK KENNY
PAST PRESIDENT, REPUBLICAN
CLUB OF GREATER RESTON

Creating a need or entitlement is a favorite occupation for socialists. An unmet need is fodder for growing the government and expanding its reach into our lives. Delegate Ken Plum continually writes about unmet needs. ("A Budget Divide," The Reston Connection, February 29-March 6, 2012). A recent example of the creation of an entitlement involved a 30-year old single woman testifying before a Congressional Committee. Portraying herself as a law student struggling to make ends meet, she presented the idea that all women were entitled to healthcare insurance to pay for birth control pills. The Republican-led committee, knowing her background initially struck her off the testifying list. Through back-door political maneuvering, she was afforded the opportunity to testify. Of course, she failed to mention her previous ten years as an outspoken activist of women's rights. The most offensive point of her commentary is the idea that recreational sex is included in reproductive rights: a right given to us by our Creator. (No. The earth is not flat).

Of course, the nationally syndicated radio talk show host, Rush Limbaugh stirred the pot with some ill-chosen words describing her in less than flattering terms. Immediately, the national media, on cue from the White House took exception to Rush's terms in attacking this poor law student. Ignored by the media, Rush's observation was that this was a ploy for an entitlement to be added to healthcare coverage – the idea that it was the taxpayer who would be paying for recreational sex. Few bothered to quote all of Rush's colorful description. To wit: and we taxpayers are pimps. This writer is not particularly bothered by being

A DIFFERING POINT OF VIEW



called a name, ergo: Sticks and stones will break my bones but... Birth control should be between the woman, her pastor, and her husband. The government has no business in that relationship.

Once that fact was realized, most of the media quieted down having been had. The law student had her 15 minutes of fame (paid her law school fees) and the White House maneuver back-fired. Taxpayers were exposed to the slippery slope of Obamacare. The question continues to boggle the Solomon minds who have been pushing nationalized healthcare: where do we draw the line on entitlements or needs? Will health insurance pay for new pair of Nike Super-Airs for Reston Runners with a doctor's prescription? At how many pounds overweight are the obese entitled to prescription diet-pills or stomach stapling? Which addictions are covered and which are not?

There will always be unmet needs and each of us have one or more to a lesser or greater degree. Most of us cope well. The idea that the dwindling number of taxpayers are obligated to pay for them has a built-in, self-correcting mechanism: we will all soon be living below the poverty-line except for the chosen few living the opulent life style we see by the occupants of the White House.

Beware of the current impasse created by the Senate of Virginia Democrats. It's an over-reaching ploy to gather back some political power so that they can continue to throw money at the endless list of unmet needs. The national Senate Democrats will pay this November. Next year, we will see another budget impasse in The Senate of Virginia. We taxpayers expect better of our elected representatives.

LETTER TO THE EDITOR

It's Discrimination and It's Wrong

To the Editor:

The League of Women Voters was born more than 90 years ago from the long fight to get women the right to vote. Since 1992, when League members studied health care policy, we have worked to ensure access to quality health care for all. The League also has a strong commitment and belief that public policy in a diverse society must affirm the right of all individuals to make their own reproductive choices.

That's why the League is so deeply concerned about recent proposals that would allow employers and health plans to block contraceptive services and discriminate against women.

By a narrow margin, the U.S. Senate recently defeated an amendment that would limit access to contraception for women if any employer or insurance plan has an undefined "religious or moral objection" to it. A couple's decision about whether and how to limit the size of their family is a personal one and theirs alone to make. Giving employers the authority to limit available options is an inappropriate intrusion into the private lives of their employees.

We understand that not everyone agrees with the League on this

SEE LETTER, PAGE 7

Reston CONNECTION

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LETTERS

FROM PAGE 6

subject. But we strongly believe that public institutions, including schools and hospitals that receive substantial federal assistance, should not limit the health care choices available to their employees. While no organization should be forced to violate its religious principles, institutions that serve the public at large should show the same respect for their employees' differing beliefs that they demand the community show for their own

principles.

The League of Women Voters believes that all persons, regardless of gender, should be eligible for preventive health services. Allowing employers to exclude contraceptive services is discrimination based on sex, and it's wrong.

Jane E. George
Julia Jones
Co-Presidents
League of Women Voters of the
Fairfax Area

Write Us

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

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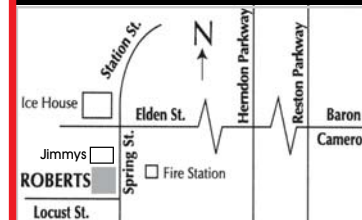
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Persian Very Old Kerman	3' x 5'	\$2,500	\$1,999
Chinese Flora	3' x 5'	\$495	\$325
120 Line Persian Kashan	3' x 5'	\$1,800	\$1,300
Old Persian	3'7" x 5'4"	\$495	\$250
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Pakistan	4'1" x 5'10"	\$750	\$600
Bokhara	4' x 6'	\$750	\$600
Pakistan Bokhara Very Fine	4' x 6'	\$1,600	\$1,199
Persian Kazak	4' x 6'7"	\$2,900	\$2,300
Kilem	6'2" x 9'9"	\$1,830	\$1,580
Old Persian Bijar	9'4" x 13'4"	\$5,700	\$4,000
Persian/Joshaghan	10'9" x 14'2"	\$6,000	\$4,500
Pakistan Bokhara	9'2" x 11'9"	\$3,200	\$2,700
Persian Silk	8' x 10'	\$4,000	\$2,800
Turkey Heriz	8'10" x 12'6"	\$5,999	\$4,999
China Floral	10' x 8'	\$1,600	\$969
India	8' x 11'3"	\$3,100	\$1,899
Persian	9' x 12'	\$9,000	\$7,000
India Rug	9'1" x 12'2"	\$3,520	\$2,500
Persian	9' x 12'	\$1,299	\$899
Bokhara Pakistan	8'3" x 10'3"	\$2,500	\$2,200
India Rug	8' x 10'	\$3,520	\$2,200
Very Old Chinese	8' x 10'2"	\$3,200	\$2,700
Kilem Persian	7'6" x 8'7"	\$2,200	\$1,600
India Rug	8' x 10'10"	\$3,520	\$2,200
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Hurtful Exchanges

Area high school students discuss cyber bullying.

VIEWPOINTS

The Connection high school interns – Nikki Cheshire (Langley High), Monika Bapna (Marshall High) and Mary Grace Oakes (Madeira) – asked area high school students:

- ❖ Do you think cyber bullying is more damaging than regular bullying? Does the fact that it's online make it more hurtful or easier to ignore?
- ❖ Have you or your friends experienced cyber bullying? What was it and what was your response?



Anna Fahlberg,
Grade: 12, Langley High School

"You can't erase cyber bullying, and it's more hurtful because you see it over and over again. It's easy to ignore if it's a private message, but it becomes worse than regular bullying if it's posted for the whole world to see."

"I've definitely seen people posting sly statuses on Facebook that are clearly directed at certain people. It's definitely not acceptable, but I ... scrolled past it."

Cody Jones,
Grade: 11, Langley High School

"Cyber bullying is worse, because you can say meaner things. It's easier to say something rude online than face-to-face. It's harder to ignore since it's much easier to access."

"There were a few cases I heard about, kids making fun of each other and ganging up on groups of five or more kids. I was never involved in any of it, though."



Thomas Blazon,
Grade: 10, Langley High School

"Cyber bullying is on the Internet, so everyone can see that. Physical bullying can be kept secret. It's more cowardly to cyber bully, and it's emotionally more hurtful since it's hard to know where to get help for it."

"This guy started cussing at me online a few years ago, but I just unfriended and blocked him."



Ian Lagoe,
Grade: 9, Langley High School

"Cyber bullying can be more hurtful since it's so easy to see. Everyone can see Facebook posts, which makes it worse than regular bullying."

"I haven't seen any cyber bullying, but I've heard of it happening."

— NIKKI CHESHIRE



Michael Orndoff,
Grade: 11, Marshall High School

"I think that the fact that it's online makes it easier to ignore. With cyber bullying, it's easy to simply block or ignore what someone keeps telling you. But when someone bullies you in person, you actually know them, which makes it hurt more. You can stop someone from sending texts or posting on your wall on Facebook, but you can't stop someone from talking."

"I've never personally experienced cyber bullying, and I don't know anyone that's experienced it either. Bullying someone in person seems to be more common than cyber bullying."

Kevin Lam,
Grade: 11, Marshall High School

"I think cyber bullying is more damaging than regular bullying by a lot. The Internet is a big place that's filled with lots of people you may not know. That element of being 'unknown' makes it easier for people to be bullied and be the bully. In a cyber bully's mind, in my opinion, by being unknown on the Internet would allow a cyber bully no restrictions on what the bully would have to say. As for being more hurtful or easier to ignore, it really depends on the means of receiving the cyber bullying."

"Yes, my friends and I have definitely experienced cyber bullying, typically though it would really fall under the title of flame wars, which are basically comment wars between people on a topic. Usually I tend to ignore the whole situation once I feel no need to be part of it or if I don't see an out to it."



THE COUNTY LINE

	Prevalence		Frequency						
	Never	1-2 times	3-5 times	6-9 times	10-19 times	20-29 times	30-39 times	40+ times	
Overall	56.2	43.8	24.1	10.9	6.1	4.5	2.8	1.3	6.5
Grade									
8 th	61.8	38.2	26.6	12.2	7.2	5.0	3.0	1.5	6.4
10 th	55.8	44.2	24.3	10.6	6.1	4.2	2.8	1.4	6.4
12 th	50.6	49.4	21.3	9.7	5.1	4.2	2.7	1.0	6.6
Gender									
Female	56.0	44.0	26.4	11.8	6.1	4.0	2.4	1.1	4.2
Male	56.4	43.6	21.8	9.9	6.2	4.9	3.3	1.5	8.7
Race/Ethnicity^a									
White	58.9	41.1	24.6	11.6	6.7	4.9	3.2	1.5	6.5
Black	49.8	50.2	20.4	9.6	5.5	4.2	2.3	1.5	6.3
Hispanic	51.7	48.3	24.2	10.5	5.4	3.5	2.1	1.0	5.0
Asian	55.6	44.4	25.0	10.2	5.9	4.2	2.4	1.2	6.8
Other/ Multiple	60.8	39.2	23.5	10.8	6.4	5.6	3.9	1.3	9.3

Notes. All percentages were calculated from valid cases (missing responses were not included). Frequency percentages may not sum to 100% due to rounding.

^aRacial categories do not include Hispanic students who are treated as a separate category in this table.

The 2010 Fairfax County Youth Survey table on the prevalence and frequency of students being bullied, taunted, ridiculed or teased by someone in the past year. Numbers are percentages.

County Takes

Survey helps county create bullying outreach, cyber bullying prevention.

By ALEX McVEIGH
THE CONNECTION

SECOND IN A THREE PART SERIES.

Monitoring aggressive behavior is a primary concern of Fairfax County when conducting the annual Youth Survey. While fewer than 5 percent of students report gang activity or carrying a weapon, a majority of students have experienced bullying from one side or the other.

According to the survey, 49.4 percent of students reported "bullying, taunting, ridiculing or teasing" someone in the past year. More than 8 percent said they did so 20 or more times.

THE SURVEY also shows that 56.2 percent of students reported being bullied, taunted, ridiculed or teased in the past year, and more than 10 percent more than 20 times.

"We've seen that over 40 percent of the students who say they have been bullied have themselves bullied someone," said Mary Ann Panarelli, director of Fairfax County Public School's Intervention and Prevention Services department. "So we're not talking about a clear-cut case of 'good guy-bad guy.' It's not a matter of

punishing it out of the system, it's a matter of enacting a culture change."

Since the question is phrased to include "teasing," which isn't regarded as seriously as bullying, the county focuses more on the victims and perpetrators involved in more than 20 incidents per year.

The county currently conducts a variety of awareness programs, and is working on a system-wide bullying intervention and prevention group. Panarelli says much of the outreach is dedicated to the bystander, the person witnessing someone being bullied.

"We've found in talking to students that in the moment, there really isn't a comfortable way to identify what is happening, and try and stop it," Panarelli said. "But things like going up to the victim after, saying 'I saw what happened, and don't agree with it' helps that victim from feeling isolated."

With the emergence of social media, bullying hasn't been limited to school hours. With access to fellow students' profiles and information online, bullying can happen online too. Cyberbullying is defined by the survey as "bullying through email, chat rooms, instant messaging, websites or text messaging."

Almost one in seven, 14.1 percent, of students said they were cyberbullied over the last year, with 12.5 percent saying it was someone from their school. One third of students said they knew someone who has been "really hurt" by cyber bullying.

While cyber bullying most often stems from interactions at school, Fairfax County Public Schools has a limited authority over what happens off school grounds. But when it becomes harassment or worse, that's where the Fairfax County

VIEWPOINTS

CONTRIBUTED

	Prevalence		Frequency						
	Never	1-2 times	3-5 times	6-9 times	10-19 times	20-29 times	30-39 times	40+ times	
Overall	49.4	50.6	24.9	8.5	4.2	3.4	2.0	0.9	5.4
Grade									
8 th	54.5	45.5	28.9	9.5	4.9	3.5	2.0	1.0	4.6
10 th	48.8	51.2	25.0	8.2	3.9	3.5	1.9	0.9	5.4
12 th	44.5	55.5	20.6	7.7	3.6	3.3	2.0	0.9	6.3
Gender									
Female	43.8	56.2	24.8	7.5	3.6	2.5	1.4	0.6	3.2
Male	55.0	45.0	25.0	9.4	4.7	4.4	2.5	1.2	7.7
Race/Ethnicity^a									
White	49.2	50.8	26.1	8.4	4.0	3.4	1.9	0.9	4.6
Black	51.0	49.0	23.0	8.4	4.6	3.9	2.9	1.1	7.0
Hispanic	49.5	50.5	24.3	8.9	4.5	3.4	1.9	1.0	5.5
Asian	46.9	53.1	23.6	8.2	3.7	3.1	1.6	0.8	6.0
Other/ Multiple	55.3	44.7	25.5	8.9	5.6	4.7	2.6	1.2	6.8

Notes. All percentages were calculated from valid cases (missing responses were not included). Frequency percentages may not sum to 100% due to rounding.

^aRacial categories do not include Hispanic students who are treated as a separate category in this table.

The 2010 Fairfax County Youth Survey's table on the number of students who have admitted to bullying, taunting, ridiculing or teasing someone in the past year. Numbers are percentages.

Aim at Bullying

Police become involved.

"It used to be you only had to worry about this happening at school, but now it follows people home on their computers," said Capt. Bruce Ferguson, commander of the county's Community Resources Division. "While we're a little behind, we're working hard to get our officers trained on identifying who is being bullied, and to find out if there are any criminal aspects to it."

"It used to be you only had to worry about this happening at school, but now it follows people home on their computers."

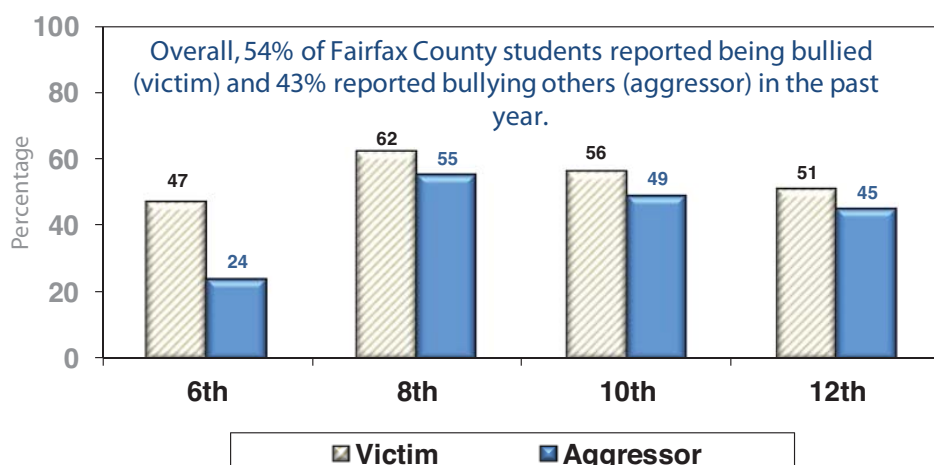
— Capt. Bruce Ferguson

UNDER VIRGINIA LAW, intent to coerce, intimidate or harass someone using a computer network to communicate obscene, vulgar or indecent language or threaten any immoral or illegal act may be a Class One misdemeanor.

Ferguson said training and prevention are key if the county wants to prevent a tragedy such as the recent one at Chardon High School in Ohio, or Columbine.

"We can't be scouring everyone's Facebook page to see what's happening, we need the kids who are going through this to come to us," Ferguson said. "Any enforcement is simply trying to put someone on notice, we're not concerned with punishment as much as we are with changing the destructive behavior."

More than 70 percent of students said they would report cyber bullying incidents if it could be done anonymously.

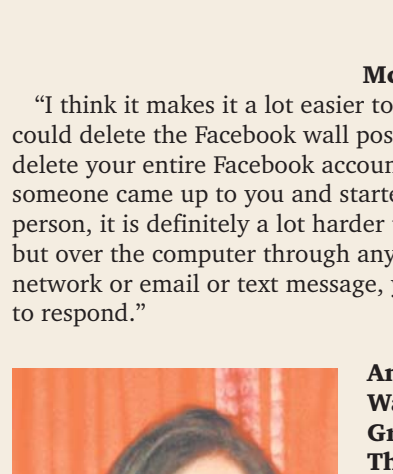


**Ash Abbas,
Grade: 11,
Marshall High School**

"I think cyber bullying isn't more damaging than regular bullying. Since it is online, I feel as if it is easier to ignore because it's indirect unlike regular bullying."

"Obviously, playing online games consists of a lot of cyber bullying. After playing many games, it just gets me irritated sometimes. But, most of the times I just ignore it."

— MONIKA BAPNA



**Jennifer Oler,
Grade: 12,
McLean High School**

"I think it makes it a lot easier to ignore because you could delete the Facebook wall post for instance or delete your entire Facebook account for that matter. If someone came up to you and started bullying you in person, it is definitely a lot harder to not say anything but over the computer through any sort of social network or email or text message, you just don't have to respond."



**Annie Wattenmaker,
Grade: 12,
The Madeira School**

"I'd say cyber bullying is more damaging because it can be done in sneaky and mean ways. When someone is cyber bullied, others can often see it online, which makes it way more harmful. If a bully confronts you directly, their words aren't as planned out and they're likely to say something less hurtful. With cyber bullying, kids have time to plan out what they're going to say and plan a systematic way to hurt others. Also, cyber bullying can go viral. One post or video can be sent to thousands of people within a minute, unlike face-to-face confrontation, which only lasts for a certain

amount of time."

"No I haven't experienced cyber bullying myself but I've watched girls say horrible things about other girls on Facebook."

**Kristen Bilowus,
Grade: 12,
The Madeira School**

"I think cyber bullying can be more dangerous because it is more public than in-person bullying. If it happens online, the whole world can access it and perpetuate the abuse. It is harder to ignore something that you are reading in front of you than something that you experience that you can block out of your mind."



"I have not, but I have heard stories of how negatively it can affect kids. I would delete my social networking sites and move on from the incident if I were cyber bullied."



**Makenzie Parent,
Grade: 12,
The Madeira School**

"Cyber bullying is more damaging because its on display for a wider audience, can last for a longer time, and can take a lot more forms, such as online posts, photos, etc."

— MARY GRACE OAKES

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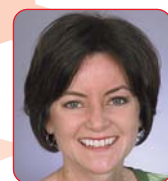
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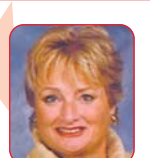
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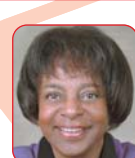
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10152 Marshall Pond Rd....\$484,000..Sun 1-4.....Ingrid Talbot.....Avery-Hess..703-451-9797
 9523 Burning Branch Rd....\$489,950..Sun 1-4.....Kathleen Quintarelli.....Weichert..703-862-8808

Centreville

14507 Battery Ridge Ln\$304,950..Sun 1-4.....Mitchell Schneider.....McEneaney..703- 851-4416

Clifton

7004 Balmoral Forest Rd..\$1,150,000..Sun 1-4..Carol Hermandorfer.....Long & Foster..703-503-1812

Fairfax

2515 Foxcroft Way.....\$675,000..Sun 1-4.....Scott Koval.....Samson Props..703-625-3446
 12814 Holly Grove Ct.....\$1,159,000..Sun 1-3.....Nora Ahlijanian.....Samson Props..703-964-7367
 13522 Springhaven Dr.....\$569,900..Sun 1-4.....Ann York.....Samson Props..571-237-7985

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10817 Windermere Ln.....\$1,398,000..Sun 1-4..Carol Hermandorfer.....Long & Foster..703-503-1812
 6917 Winners Cir.....\$789,000..Sun 1-4..Carol Hermandorfer.....Long & Foster..703-503-1812
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1760 Wainwright Dr.....\$370,000..Sun 1-4.....Todd Cerino.....RE/MAX..703-318-0067
 1308 Pavilion Club Way.....\$769,000..Sun 2-4.....Tena Nauheim.....Long & Foster..703-873-3500
 11659 Mediterranean Ct....\$ 549,900..Sun 1-4.....Karen Swanson.....Long & Foster..703-795-9970

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7326 Glendower Ct.....\$374,950..Sun 1-4.....Kathleen Quintarelli.....Weichert..703-862-8808

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 23253 Meadowvale Glen Ct.\$814,500..Sat 10-2.....Melanie Coughlan.....Keller Williams..703-435-5325

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116 Cherry Cir., SW.....\$1,325,000..Sun 1-4.....Susan Fadoul.....Long & Foster..703-402-1717
 205 Tapawingo Rd., SW.....\$549,999..Sun 1-3.....Jenny Robles.....NBI..703-597-9771
 408 Park St., SE.....\$1,189,000..Sun 1-3.....Gary Alcorn.....Long & Foster..703-556-8600
 9802 Meadow Knoll Ct.....\$740,000..Sun 1-4.....Rowena Poingue..Northern VA Homes..703-435-0776
 1410 Celesta Ct.....\$650,000..Sun 1-4.....Paula Stewart.....Weichert..703-408-5854
 1819 Midlothian Ct.....\$739,000..Sun 2-4.....Sharon Nilsen.....Prudential..703-281-8500

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NEWS

Celebrating Nowruz in Reston

The Persian New Year was greeted by a day-long celebration at the Reston Town Center on Sunday. Folk musicians played traditional music in the Pavilion, adults ate, talked and shopped and children played everywhere.

Nowruz is special to many because it does not engender any sectarian strife. This is a festival of early Spring, of renewal and of the future. The vernal equinox, or "Tahvil," can be enjoyed by all. There are even seven separate food dishes that prepare Iranians ("Persians") for Nowruz. They represent rebirth, health, happiness, prosperity, joy, patience and beauty.

The full annual Nowruz celebration actually encompasses thirteen days and has many rituals, all having to do with aspects of hope and renewal. For example, on "Red Wednesday," everyone goes outside where several little potted fires are lit. Then, carefully, the family members run and quickly jump over the fires. While doing this, in Farsi, they say "Give me your redness and take away my wintry sallow complexion!"

— MICHAEL MCKEE



Iranian-American folk musicians performed traditional music for the large crowd.



Parmiss Akbari, of Focus Fine Photography, discussed her work with admirers.

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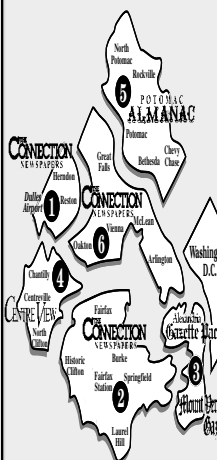
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By KENNETH B. LOURIE

In the last few months, out of the blue, I have received electronic correspondence from each of my three oldest childhood friends (none of whom have remained adulthood friends, though all three remain of interest to me) commenting on my cancer diagnosis; each having stumbled across one of my cancer columns online, presumably after initiating a Google-type search for yours truly. This reconnection with my past has empowered me, sort of, to deal with the present. Feeling there are people – in other cities and states, thinking positive, supportive and encouraging thoughts about me, maybe even sending prayers my way as well, is powerful stuff. The stuff of which dreams are made, and let me tell you, when you're terminal, you dream. The associated vibe I feel is somewhere between not being alone and anything is possible.

Not that any of the three were offering insights on fighting cancer or presuming certain familiarities which no longer exist; theirs was more a general inquiry about a specific set of circumstances (my cancer diagnosis), simply letting me know that they recently became aware of my situation and were thinking about me and wishing me well; a "random act of kindness," if you will. And as a cancer patient, I can assure you, any thoughts of kindness, random or otherwise, are much appreciated. Certainly I corresponded back and expressed my gratitude for their having reached out to me. It was great to reconnect; these three friends were my friends at the beginning: Bowen Elementary School. Given our current ages, we're talking 50 years ago, even before Little League. That's heavy; heck, that's historical.

But all three looking for me, and finding me, at the same time, seems more than just a coincidence. And it's not as if they have any independent contact with one another, because they don't. Nor are any of the three in touch/connected with my best friend, Cary, (who lives in Needham, Mass.) and who is my conduit of sorts for all my adolescent/pre-college friends and acquaintances, should any inquiries be made – which I welcome and are no problem for me, but that's not what happened here. What happened here happened on its own; in Barnstable, Mass., Greenwich, Conn. and Sharon, Mass., without any communication or contact between the interested parties.

The cumulative effect – on me, as a result of this "three-for" has been sobering, and I don't even drink. I don't want to get existential here, but when multiple unrelated influences all of a sudden intersect, and the intersection is you, (meaning me), it does give one pause: Why me? Why now? The answer is partially, I would guess, that my situation (my less than enviable health circumstances) is fairly serious (Duh!), maybe even grave. (Although that's more a play on words than how I actually feel). And somehow, the seriousness of my circumstances has been realized by this triumvirate of extremely important people – from my earliest days, who now have found me again, hopefully not at the end. It's difficult – for me, to not notice the symmetry here. Sure, there's a randomness to the universe, but there's also a part of me that believes things happen for a reason. Then again, maybe not.

Originally I was given a "13-month to two-year" prognosis and advised by my oncologist to consider taking that vacation I always dreamed of. Yet here I am, three-plus years later, alive and reasonably well (and still not having taken that vacation). I'm not cured by any means, but neither am I a distant memory. In fact, given these three most recent inquiries, I'm a fairly current memory, and for that, I am most appreciative. Thanks for all your kind thoughts. I need every one of them.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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A highly skilled group of junior golfers competed in the 36-hole International Junior Golf Tour (IJGT), the Clifton Classic, at Westfields Golf Club over the St. Patrick's Day weekend. This was the first Northeast event of the spring season and the fast greens made the Fred Couples designed course quite a test for the juniors.

SPORTS ROUNDUPS

In the Girls Division, Julie Luo of Herndon took home the trophy in her first IJGT event with a tournament total of 159, eight strokes better than her competition. Entering the final round four strokes back, Luo was able to hit almost every fairway, which led to rounds of 13-over-par 84 and four-over-par 75. Luo was able to card two birdies en route to her solid second round score.

Stephanie Bosdosh of Clarksburg, Md., and Adrienne Schmidt of McLean tied for second, both posting a tournament total of 167. Bosdosh, who had the first round lead with a nine-over-par 80 finished the tournament shooting an 87. Schmidt had similar success for the tournament with rounds of 86 and 81.

Rij Patel of Hunt Valley, Md., took home the Boys 14 and Under Division trophy with a tournament total of 154. Gus Minkin of York, Pa., took second in the Boys 14 and Under Division with a tournament total of 156, just two strokes back from Patel. Vishal Giri of Chantilly carded a tournament total of 157 to take third.

Hundreds of the best 11 and 12-year-old ice hockey players from across the country will descend upon Northern Virginia to compete in the USA Hockey 12 and Under Tier II National Championships, Wednesday, March 28 through Sunday, April 1, at the twin rink Ashburn Ice House and SkateQuest Reston facilities.

Two local squads – the Reston Raiders and Ashburn Xtreme – will be among the 38 teams, representing 36 different states, set to participate in the five-day tournament. Each team qualified for the national championships by having won their own respective league, state championships or qualifying tournaments.

While Ashburn received an automatic berth as the official host team, the Xtreme 99 Pee Wee squad is well deserving of the honor, having compiled a 23-1 mark during the 2011-12 Chesapeake Bay Hockey League (CBHL) regular season and playoffs, in-



Herndon's Julie Luo, competing in her first International Junior Golf Tour event, took home the title on the women's side.

PHOTO CONTRIBUTED

cluding a two-game sweep at the Virginia State Championships over local rival Reston, who will represent Virginia as the state runners-up.

All games will be open to the public. Tickets are available for purchase at both the Reston and Ashburn rinks throughout the course of the five-day tournament. Week-long tournament passes cost \$35 (ages 13 and older) or \$25 (youngsters ages 5 to 12). Single day passes are \$15 (ages 13 and older) and \$7 (youngsters ages 5 to 12). Admission is free for children ages four and under. For more information on the USA Hockey National Championships, visit www.usahockey.com or contact Brian Bishop at 703-533-4830 or brian.bishop@aboutbwf.com.

The Dominion Speedskating Club, based out of Reston SkateQuest, recently competed at the US Speedskating Short Track Age Group National Championships, held at the Cornerstone Arena in Green Bay. Several Dominion skaters won awards and broke records.

The Dominion team is under the direction of co-coaches Jimmy Jang and Choi Kwang-Bok, who have trained world class Olympians and World Class champions.

One member of the team, Maame Biney of Reston, is a sixth grader at Terraset Elementary. In Green Bay, she won all of her races

and was awarded the overall winner for her age group (Midget Ladies). She also broke a record in the 500 meters event. Another team member, Luca Lim of Annandale, broke several Pony Boys records. He smashed four National Pony age class records – in 222-meters (22.935), 333 (33.866), 500 (49.783) and 777 (1:19.251).

His twin sister, Siobhan Lim, won all her races and was a short track National Champion in Pony Ladies.

Over 240 skaters, from Alaska to Florida and points in between, traveled to Green Bay to close the season.

Herndon resident Ashley McMahon to Play Volleyball at NOVA. On March 16, Northern Virginia Community College (NOVA) women's volleyball coach Marcus Robinson inked the inaugural signing of four student athletes to letters of intent to play for one of the nation's newest intercollegiate athletic programs. The four high school signees represent NOVA's first-ever class as new members of the National Junior College Athletic Association (NJCAA). The signing event took place on the NOVA Annandale Campus.

"This is an excellent recruiting class coming in that will provide us some strong net play and gives us a very big presence," said

Robinson. "They are all pretty versatile and that will give us good opportunities to be flexible which will make us even more competitive."

Taylor Laksbergs (Alexandria) brings three years of varsity experience to NOVA out of Edison High School. As a freshman, she was selected the Most Valuable Player (MVP) of the junior varsity program. Laksbergs, a 5-foot-9 setter, earned a starting role with the Eagles as a sophomore and received the Edison program's 'Coaches Award' in both her sophomore and junior seasons. As a senior, she was also the starting setter and co-captain. She was named the team MVP and received second team National District awards. She was her volleyball club co-captain as well.

Ashley McMahon (Herndon) has been a two-year starter as a junior and senior on the Westfield High varsity team. As a co-captain, the 5-foot-8 outside hitter led her team to the Northern Regional tournament in 2011. She played in 140 matches with career stats of 120 kills, 18 aces, 175 digs and 31 solo blocks.

Chelsea Dudley (Millsboro, Va.) brings three years of varsity experience to the NOVA squad and a state championship. As a senior, she helped lead Bath County to the Virginia Group A, Div. I state title with a 26-4 record.

Moriah Ryans (Ashburn), a 5-foot-11 middle and outside hitter, competed on the XCVB volleyball club. She attended Briar Woods High School.

The All-Virginia State Girls' Basketball Team was named recently. Caroline Coyer, the Oakton High senior guard who helped the Cougars capture their first-ever state AAA title this past season, was named Co-Player of the Year, along with Woodside's Adrienne Motley. Katherine Coyer, meanwhile, was named to the Second Team, as was West Springfield High's Logan Battle. Katherine Coyer, twin sister of Caroline, was this year's Northern Region Tournament MVP. Two other Northern Region players made the All-State Team – Fairfax High's Liz McNaughton (Honorable Mention) and Edison High's Ruth Sherrill (Honorable Mention). In all, seven players made first team, five made second team, and eight made honorable mention.

Fairfax Adult Softball (FAS) honored its dedicated volunteers in ceremonies on Sunday, Feb. 26 as FAS President John Carney pre-

sented the Ron Bullock Volunteer of the Year award (for 2011) to Bill Sikes of Fairfax.

Sikes, who has served on the FAS Board of Directors for nearly 30 years, devotes countless hours to the promotion of the Men's Masters League (35-plus) in Fairfax County. His innovative ideas and passion for the development of the program are demonstrated in the annual improvements to FAS. Sikes continually displays his commitment to the program by his ongoing tenure as Masters League Coordinator, working on committees and also supporting the program on the field.

Sikes has played ball at every level of competition but to him only one aspect is most important.

"The camaraderie has always been the most significant reason I continue," said Sikes. "I have had the pleasure of playing with some truly remarkable people over the years."

He also participates in the Special Olympics softball league and has been doing so for 20 years.

"Playing in the Special Olympics league is one of the most rewarding experiences of my life," he said.

Fairfax Adult Softball, a non-profit organization, prides itself on the success of its program from the continued support of its volunteers. The Ron Bullock Volunteer of the Year award was created to recognize individuals who make a substantial commitment to volunteering and improving the FAS program. The award is given to those that demonstrate outstanding volunteer service over the course of 12 months.

To learn more about FAS, to enter a team into the program, or to become a volunteer, please visit the FAS website at www.fairfaxadultsoftball.com.

Alexandria's Earl Lloyd, the first African-American to ever play in the NBA, is set to be inducted into the Washington, D.C. Metropolitan Basketball Hall of Fame on May 5 at Capital Hylton. Lloyd, a forward who played collegiately at West Virginia State, was originally selected in the ninth round of the NBA Draft by the old Washington Capitols in 1950. Later in his career, he was a member of the old Syracuse team that won the NBA title in 1955. Following his playing days, Lloyd enjoyed a stint as head coach of the Detroit Pistons. In 2003, he was inducted into the Naismith Memorial Basketball Hall of Fame. In recent years, the T.C. Williams High basketball court was named in Lloyd's honor.



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ENTERTAINMENT

Send announcements to reston@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

WEDNESDAY/MARCH 28

Open Mic Night. 9:30 p.m.-1:30 a.m. Jimmy's Old Town Tavern, 697 Spring St., Herndon. Every Wednesday. Register your band at BluesSlide@aol.com or 703-593-5206. www.jimmystavern.com.

THURSDAY/MARCH 29

Living With Wild Neighbors. 7 p.m. Walker Nature Center, 11450 Glade Drive, Reston. Adults. Fairfax County Wildlife Biologist Victoria Monroe will discuss wildlife issues and how to live harmoniously with nature. \$5-\$8. naturecenter@reston.org or 703-476-9689.

Annual 10th District Congressional Art Show. 6-8 p.m. George Washington University Loudoun County Campus, Bldg. 2, 44983 Knoll Square, Ashburn. Hosted by Rep. Frank Wolf (R-10th). Featuring works by area high school students. All submitted artwork will remain on display at the GWU campus until April 19. The winning piece will be displayed in the U.S. Capitol for a year alongside other "Best in Show" entries from congressional districts across the country. 540-667-0990 or Wolf.house.gov.

Ronan Kavanagh. 9:30 p.m. O'Sullivan's Irish Pub, 754 Elden St., Herndon. Live music. 703-464-0522 or www.osullivanirishpub.com.

Chamasayan Sisters Play German Masterworks. 2 p.m. Reston



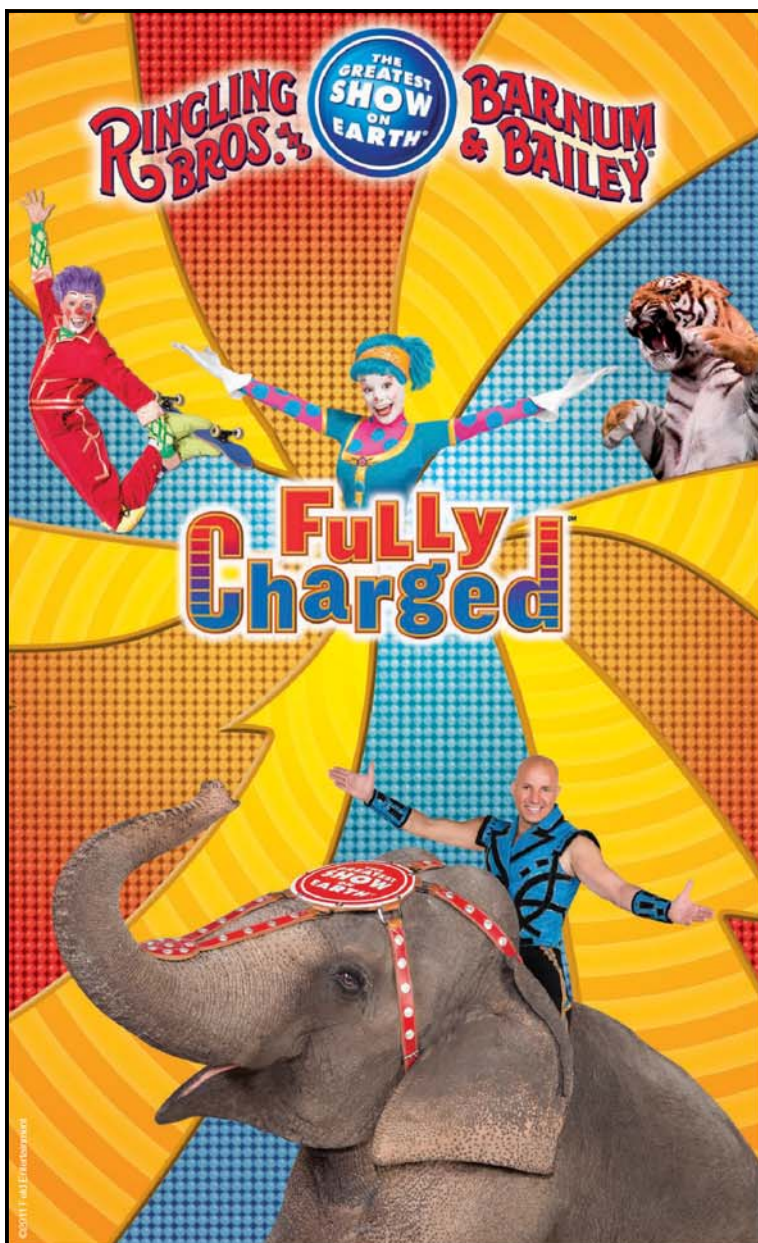
"Quiet Harbor", watercolor by Lou Negri. The Northern Virginia Artists League 10th Anniversary Art Show will be on exhibit from March 27-April 29 at ArtSpace Herndon, 750 Center Street, Herndon, with an Artists' Reception on Saturday, March 31 from 7-9 p.m. The exhibit features creative works in a variety of media from Yvette Burton, Carolyn Figueiredo, Meredith Hannon, Lorrie Herman, William Kay, Laura Lavarney, Mary Moon, Lou Negri, Mary Elyn Perkowski, Donna Robinson, Beri Rothschild and Chris Wise. www.novalart.com.

Community Center, Hunters Woods, Center Stage, 2310 Colts Neck Road, Reston. Works by Mozart, Bach and Strauss. Meet the artists after the performance. Free. 703-503-3384 or 703-476-4500.

Ask the Expert Lecture Series: Robotic Partial Knee Replacement. 3 p.m. Reston Regional Library, 11925 Bowman

Towne Drive, Reston. Light refreshments. Register at 855-694-6682 or inova.org/asktheexpert. **We R Fashion: An Evening of Fashion and Dance.** 7 p.m. South Lakes High School, 11400 South Lakes Drive, Reston. Students and teachers modeling professional and

SEE ENTERTAINMENT, PAGE 19



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ENTERTAINMENT

FROM PAGE 18

casual wear. Proceeds benefit SLHS Best Buddies for students with intellectual disabilities, and Amy's Amigos, fighting pediatric cancer. www.bestbuddies.org.

FRIDAY/MARCH 30

Brian Franke. 9:30 p.m. O'Sullivan's Irish Pub, 754 Elden St., Herndon. Live music. 703-464-0522 or www.osullivansirishpub.com.

Never Was. 7 p.m. Sully's, 14513 Lee Jackson Highway, Chantilly. 703-818-9292 or mysullys.com.

SATURDAY/MARCH 31

Virginia/DC Percussive Arts Society Day of Percussion. 8:30 a.m.-6 p.m. South Lakes High School, 11400 South Lakes Drive, Reston. With drum set artist/historian Daniel Glass, marimbist Rebecca Kite, the US Airforce Band Percussion Section, the Washington Pipe Band, the Youth Orchestra of Prince William Percussion ensemble and more. Door prizes, exhibit hall and more. \$7-\$15. 571-335-4289 or www.pas.org/Chapters/VirginiaDC.

Mac Miller with The Cool Kids and The Come Ups. 8 p.m. George Mason University Patriot Center, 4500 Patriot Circle, Fairfax. A rapper from Pittsburgh, Pa. Tickets \$25-\$35 at www.ticketmaster.com or 703-573-SEAT. Accessible seating is available for patrons with disabilities at 703-993-3035. www.patriotcenter.com.

Switched at Birth and Kat Atomic. 8:30 p.m. Sully's, 14513 Lee Jackson Highway, Chantilly. 703-818-9292 or mysullys.com.

Mega Match-a-thon Adoption Event. 10 a.m.-5 p.m. Fairfax County Animal Shelter, 4500 West Ox Road, Fairfax. All cats and dogs will receive a free spay/neuter prior to being adopted. Dog adoptions for the event will cost \$40 and cat adoption \$20. Sponsored by the American Society for the Prevention of Cruelty to Animals. 703-830-1100.

Artists' Reception. 7-9 p.m. ArtSpace Herndon, 750 Center Street, Herndon. The Northern Virginia Artists League 10th Anniversary Art Show, with local artists working in a variety of media. www.novalart.com.

"Aladdin and the Wonderful Lamp." 11 a.m. and 2 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. The Elden Street Players in a story about Aladdin, a poor boy who gets tricked by an evil magician. www.eldenstreetplayers.org.

"Glengarry Glen Ross" by David Mamet. 8 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. Four small-time real estate agents making questionable business deals. \$20. www.eldenstreetplayers.org.

Family Easter Festival. 3-5 p.m. Floris United Methodist Church, 13600 Frying Pan Road, Herndon. For preschoolers, elementary aged children and their parents. Crafts, games, face painting, inflatables and an Easter egg hunt. All are welcome. Children should bring Easter baskets. 703-793-0026 or www.florisumc.org/easter.

SUNDAY/APRIL 1

Mega Match-a-thon Adoption Event. 11 a.m.-5 p.m. Fairfax County Animal Shelter, 4500 West Ox Road, Fairfax. All cats and dogs will receive a free spay/neuter prior to being adopted. Dog adoptions for the event will cost \$40 and cat adoption \$20. Sponsored by the American Society for the Prevention of Cruelty to Animals. 703-830-1100.

"Aladdin and the Wonderful

Lamp." 2 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. The Elden Street Players in a story about Aladdin, a poor boy who gets tricked by an evil magician. www.eldenstreetplayers.org.

"Glengarry Glen Ross" by David Mamet. 7 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. Four small-time real estate agents making questionable business deals. \$20. www.eldenstreetplayers.org.

MONDAY/APRIL 2

10th District Job Fair. 10:30 a.m.-1:30 p.m. Harper Park Middle School, 701 Potomac Station Drive, Leesburg. Hosted by Rep. Frank Wolf (R-10th). Participants include American Systems, AXA Advisors, Cox Communications, Cubic Corp, George Washington University, Janelia Farm Medical Research Institute, Metropolitan Washington Airports Authority, MAIS, Serco Inc., STG Inc., Synteras, Telos Corp, Thermo Fisher Scientific, the U.S. Secret Service and the Virginia State Police. Free. 703-709-5800 or wolf.house.gov.

TUESDAY/APRIL 3

Bob Gaynor Solo Acoustic. 6 p.m. Sully's, 14513 Lee Jackson Highway, Chantilly. 703-818-9292 or mysullys.com.

Reston Garden Club. 1 p.m. Walker Nature Center, 11450 Glade Drive, Reston. With Lynn Cohen of Merrifield Nursery on "Composing Beautiful Container Gardens" with an emphasis on year round compositions. Guests welcome. therestongardenclub.org.

WEDNESDAY/APRIL 4

Bunny Bonanza. 10 a.m.-1 p.m. Heritage Farm Museum, Claude Moore Park, 21668 Heritage Farm Lane, Sterling. Interact with live rabbits, meet the Easter Bunny, and enjoy hands-on exhibits and crafts for all ages. Discover opportunities to volunteer to work with animals in our area. \$3-\$5. www.heritagefarmmuseum.org.

Ringling Bros. and Barnum & Bailey Circus. 7 p.m. George Mason University Patriot Center, 4500 Patriot circle, Fairfax. "Fully Charged." Pre-show Party one hour before show time, free to ticket holders. \$14-\$30. 800-551-SEAT or www.ticketmaster.com.

Open Mic Night. 9:30 p.m.-1:30 a.m. Jimmy's Old Town Tavern, 697 Spring St., Herndon. Every Wednesday. Register your band at BluesSlide@aol.com or 703-593-5206. www.jimmystavern.com.

George Winston. 8 p.m. The Barns at Wolf Trap, 1551 Trap Road, Vienna. New Orleans R&B oriented, melodic folk piano and stride piano. Includes canned food drive. \$35. www.wolftrap.org.

THURSDAY/APRIL 5

"Glengarry Glen Ross" by David Mamet. 8 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. Four small-time real estate agents making questionable business deals. \$20. www.eldenstreetplayers.org.

Ringling Bros. and Barnum & Bailey Circus. 7 p.m. George Mason University Patriot Center, 4500 Patriot circle, Fairfax. "Fully Charged." Pre-show Party one hour before show time, free to ticket holders. \$14-\$30. 800-551-SEAT or www.ticketmaster.com.

Comedy Night. 8:30 p.m. Sully's, 14513 Lee Jackson Highway, Chantilly. Every Thursday. 703-818-9292 or mysullys.com.

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March 30, 2012 5 p.m.

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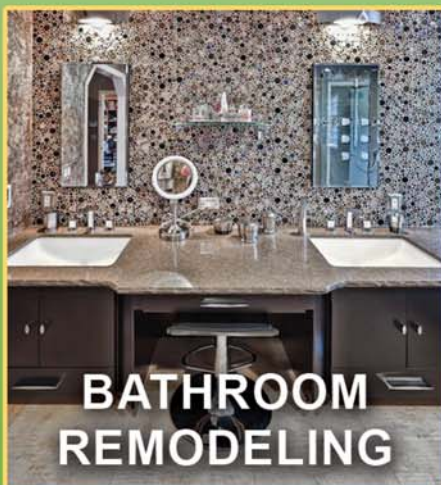
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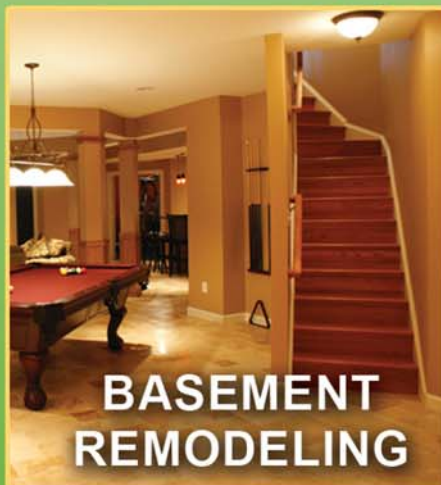
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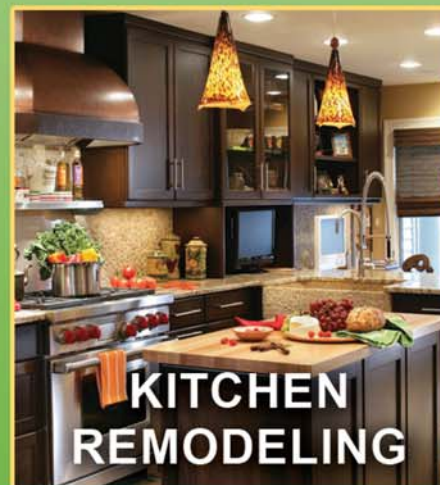
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