

Best of Reston co-chairs
Michael Clarke and Cathy
Vivona welcome guests to
the annual awards gala
Thursday, April 12.

Recognizing Reston's Best

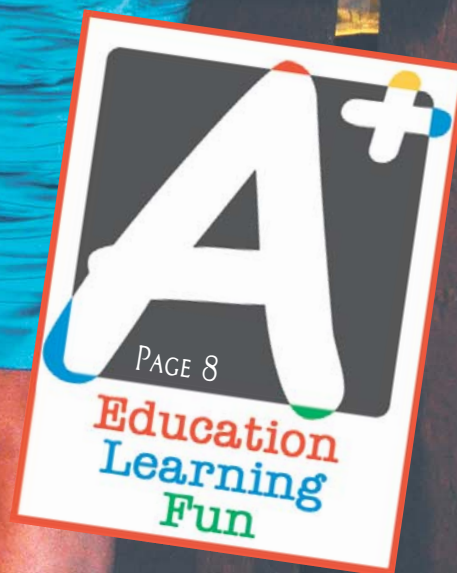
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Reston Celebrates
48th Birthday,
Simon's 98th

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Love, in Black
And White

NEWS, PAGE 3



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NEWS

Janet Bolton accepts a Best of Reston award for her and her husband Wade, who passed away in December 2011. The Boltons have volunteered with many local organizations throughout the years.



PHOTOS BY ALEX McVEIGH/THE CONNECTION



From left, Anne Strange, Karen Hale and Jean Boston, founders of Graceful Spaces, accept their Best of Reston award Thursday, April 12 at the Hyatt Regency Reston.

Recognizing Reston's Best

Reston Interfaith, Greater Reston Chamber of Commerce hosts annual awards gala.

BY ALEX McVEIGH
THE CONNECTION

The annual Best of Reston awards recognized four individuals, two organizations and two businesses Thursday, April 12 at the Reston Hyatt. Reston Interfaith and the Greater Reston Chamber of commerce host the awards, which celebrated their 21st year.

JANET AND VADE BOLTON were recognized as "volunteer champions" for their efforts. Wade, who passed away last December, served on the Reston Interfaith Board of Directors, as well as at the Embry Rucker Community Shelter.

Janet Bolton volunteers with The Closet thrift store in Herndon, at the FACETS Hypothermia Shelter program and has been a bike captain for the Reston Sprint Triathlon.

"They bring a real sense of goodwill in terms of how they work with people," said Supervisors Cathy Hudgins (D-Hunter Mill).

They both worked to persuade their Beth Embeth congregation to fund dental work for shelter clients and were able to negotiate reduced rates with local dentists. After accepting the award, Janet Bolton offered advice to her fellow volunteers.

"Volunteer with enthusiasm and feel the joy of every moment," she said. "Mentor and encourage volunteers who are younger, we need more energy devoted to addressing poverty and homelessness."

Wade Bolton had a tangible presence at the ceremony, as a video was shown of him talking about the couple's service efforts.

"As it is often said, and has proved true for us, we may help others but in turn we probably get more back than those that we help," he said.

Boofie and Joe O'Gorman have left their fingerprints on everything from youth basketball, soccer and swimming to the YMCA Reston, Habitat for Humanity and HomeAid of Northern Virginia.

"They've been in Reston for almost 40 years, they've found a community they really love and one of the things that I just think is part of their nature is wherever they live, they give back," said Larry Butler, director of Parks and Recreation for the Reston Association. "Their tradition they've established in giving back to Reston is tough to rival."

Joe helped create the Reston Sprint Triathlon, which has raised more than \$100,000 for Reston Interfaith, and Boofie helped create the Reston Kids Triathlon. Their daughters Margaret and Elizabeth said their natures and interest complement each other perfectly.

"In working with these various community organizations, we have the good fortune of meeting wonderful friends with the common goal of contributing to the people of the region," Boofie O'Gorman said. "These people strengthen the fabric of all our lives and help create a wonderful environment where we all prosper."

Anne Strange, Jean Boston and Karen Hale started Graceful Spaces, an organization dedicated to finding furniture and decorating homes for individuals and families transitioning out of homelessness. They have contributed more than 2,700 hours of community service and have served 143 families since 2008.

"They were there for me from day one when it came to fixing my place up," said Luella Brown, a former client of Graceful Spaces. "They showed me how much they cared and enjoyed their work, which made me feel good. They made my home feel open."

The group said they want to reinforce the idea of living simply to their clients, but also instill a sense of pride for those who haven't had a place to call their own in a while, if ever.

"Our goal is to create a household that everybody in the family can be proud of," said Strange. "We try to meet with the families before bringing them furnishings and try and meet their lifestyle and tastes



Philip Sandino of Dominion Virginia Power accepts the company's Best of Reston award Thursday, April 12.



Boofie and Joe O'Gorman are named Best of Reston due to their volunteer efforts with local and regional charities Thursday, April 12 at the Hyatt Regency Reston.



Kathy Brennan, owner and director of Wee Play, is named Best of Reston for her efforts providing children's activities to families at the Embry Rucker Community Shelter.



Members of the state champion Reston Little League team accept the organization's Best of Reston award Thursday, April 12 at the Hyatt Regency Reston.



From left, Angela Harpalani, chair of Reston Interfaith and Kerrie Wilson, CEO of Reston Interfaith receive a check for \$405,049 for Reston Interfaith from Tim Sargeant, chair of the Greater Reston Chamber of Commerce and Mark Ingrao, president and CEO of the Greater Reston Chamber of Commerce during the Best of Reston awards Thursday, April 12.

SEE RESTON HONORS. PAGE 11

Wiehle Ave. in Reston is the final station in Phase I of the Dulles Metrorail Project.



PHOTO COURTESY
OF VDOT

Board Opts In for Dulles Rail

Obstacles still ahead for \$2.7 billion project.

BY VICTORIA ROSS
THE CONNECTION

The Fairfax County Board of Supervisors voted unanimously Tuesday, April 10, to approve the county's participation in Phase 2 of the \$2.7 billion Dulles Metrorail Project.

Chairman Sharon Bulova (D-At-large) said she hopes Phase 2 will move forward as planned, and the county "will all be able to take advantage of the enormous economic development opportunities the Silver Line extension will present."

Board members said completion of the project will bolster the economy, relieve traffic congestion and ensure the viability of Tysons Corner redevelopment.

"This is our biggest transportation improvement for decades to come. Tysons will not work without the rail line going all the way to Loudoun," said Linda Smyth (D-Providence). "This needs to get finished."

"Dulles Rail will be a great economic development tool for the county," said John Cook (R-Braddock). "It will generate millions in tax revenue for schools, public safety, parks and libraries and reduce pressure on homeowners' property taxes."

THE PROJECT was faltering last summer when U.S. Transportation Secretary Ray LaHood stepped in and brokered a funding deal between stakeholders - Metro, the Metropolitan Washington Airports Authority (MWAA), Virginia, and Fairfax and Loudoun counties - that cut costs from \$3.8 billion to \$2.7 billion.

According to county officials, significant savings were achieved by eliminating the underground station at Dulles Airport as well as project scope changes agreed to by all the funding partners.

The county's cost of Phase 2 is expected to be about \$330 million to build the extension past Wiehle Avenue in Reston to Washington Dulles International Airport. When complete, the Silver Line will provide a one-seat, no-transfer ride from the airport to downtown Washington.

The county's share for the entire Dulles Rail project is estimated to be \$900 to \$965 million. Of this amount, \$730 million—or approximately 80 percent—will be paid for by voluntary, special tax districts. In the Phase 1 Tax District, landowners agreed to pay up to 29 cents per \$100 of the assessed value

of commercial and industrial properties, up to a total of \$400 million. In Phase 2, landowners agreed to pay up to 25 cents per \$100, up to a total of \$330 million.

As part of the financial deal, Fairfax County agreed to make its "best efforts" to pay for building the Route 28 Station, along with the parking garage at this station and at Herndon Monroe, outside of the project.

County officials said they are looking at several options that include using a public-private partnership, developer contributions, parking revenue, and/or federal or state grants. If the county is not successful in funding the two garages and station outside of the project, Fairfax will only pay for 16.1 percent of the cost for these facilities.

"We need to continue to be vigilant in overseeing management of the project by the Airport Authority to continue to drive down costs," Cook said.

The rail project's second phase includes six stations along its 11.4 mile run, stretching from Wiehle Avenue in Fairfax County to Route 772 in Loudoun County. Construction is expected to begin in early 2013, and the project is estimated to be completed in 2017. The first phase of the project is currently under construction, and is expected to be completed in late 2013.

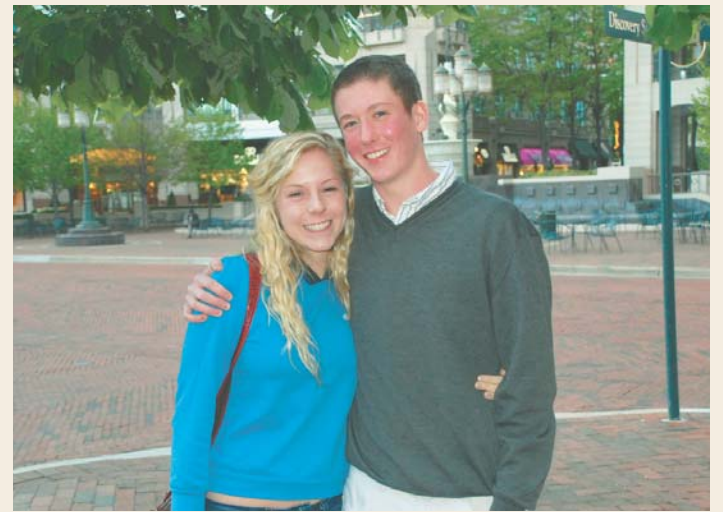
ALL EYES are now on the Loudoun County Board of Supervisors, who are currently debating pulling out of their share - \$260 million of the second phase of the project. They have until July to decide whether to commit to the project.

Prior to Tuesday's board action, the county sought public input on the cost and financing for the project's second phase. County officials conducted four public meetings and an online chat, and the board held a public hearing on March 20.

During a March 19 online public hearing on the project, one resident asked if Fairfax County could reconsider its vote if Loudoun opted out.

"It would require everyone to restart and renegotiate. The project may still go forward but we would have some challenges. For example, how do we reconfigure Wiehle Avenue to be the end of the line? The tax districts, contributions, etc. would change. You can't just cut off the Loudoun stations. You have to redo the PE, environmental documents. It would be a dramatic shift," county officials responded during the chat.

For more information on the Dulles Corridor Metrorail Project, go to www.dullesmetro.com or call 703-572-0506.



South Lakes junior Erin Flattery and South Lakes senior Jeff Church pose together at Reston Town Center. Church placed an ad in The Connection to ask Flattery to go to prom with him.

Love, in Black and White

South Lakes senior places ad in The Connection to ask girlfriend to prom.

BY AMIEE FREEMAN
THE CONNECTION

Before the dress, the corsage, the dinner, way before the last dance, there is the question. And the question is how to ask that someone special to go to prom with you.

South Lake senior Jeff Church of Reston wanted to ask his girlfriend, South Lakes junior Erin Flattery of Herndon, in a different way.

"I wanted it to be something unique. I wanted a lot of people to see it. I also wanted it to be a surprise," said Church.

So, Church took out an ad in The Oak Hill/Herndon Connection.

Spelled out in black and white, with a red heart in the center, the ad read: "Erin Flattery, I love you. Will you go to prom with me? Jeff."

Shortly after making the decision to place the ad, Church discovered that Flattery's family does not receive The Connection at their home.

Church had to come up with a way to make sure Flattery saw the ad.

"My deepest fear was that one of Erin's neighbors would see the ad and tell her about it. I really wanted to be there, to see her face when she saw the ad," said Church.

SEE FIRST DATE, PAGE 13



South Lakes junior Erin Flattery holds up the ad placed in The Oak Hill/Herndon Connection by her boyfriend, South Lakes senior Jeff Church, asking her to prom. Flattery happily said yes.

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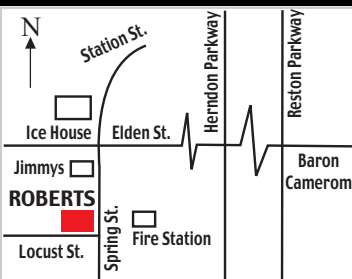
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NEWS



Reston residents sing "Happy Birthday" to Reston founder Robert Simon on the occasion of his 98th birthday.



PHOTOS BY ALEX McVEIGH/THE CONNECTION

Students from South Lakes High School perform a song from "West Side Story" at Reston's annual Founder's Day celebration Saturday, April 14.

Reston Celebrates 48th Birthday, Simon's 98th

Lake Anne hosts annual Founder's Day activities.

BY ALEX McVEIGH
THE CONNECTION

Reston founder Robert Simon officially founded the community that bears his name in his 50th year, in 1964. Forty-eight years later, Simon celebrated his 98th birthday at the Lake Anne Plaza Saturday, April 14.

The annual Founder's Day celebration featured performances from South Lakes and Park View High School students, festivities at the nearby Reston Museum and Simon's birthday cake.

Chuck Veatch, a member of Simon's sales staff in the early sixties, served as master of ceremonies for the event, and he spoke about Reston's history.

"We come to celebrate Reston's history as starting in 1964. But there are a lot of other dates prior to then as well: in 1961 Bob bought the property, in 1962 it was being zoned and planned, in 1963 development actually started," Veatch said. "Reston had been known throughout the world as a very exciting project, but in October 1964 we opened our doors and allowed the world to see what it was actually about."

The press showing for Reston was Oct. 4, 1964, and a month later the first business moved in. The official "first family" of Reston, Sam and Katie Furcron, moved in December 1964.

Supervisor Cathy Hudgins (D-Hunter Mill) came to Reston 43 years ago for its reputation, and said she doesn't have any regrets.

"We wanted a place that we



Robert Simon cuts the birthday cake at the annual Founder's Day celebration at Lake Anne Saturday, April 14.

could raise our children and have them be accepted and learn to give back, and I think it's been a perfect experience for them and for us," she said. "We want to make sure Bob Simon's dream is transferred to everyone who decides to set foot in Reston. Bob built a structure to connect us and remind us how to live together as a community."

Gabriel Baerga moved to Reston

10 years ago, shortly after getting married and moving to the area from California. During his decade here, he's witnessed some of Simon's principles in action.

"I've had two kids here, I've walked with them on the paths, to the playgrounds, to the community center and it's been a wonderful experience," he said. "This community's priorities are very

much in line with the way I've hoped to live, with the dedication to green space and community involvement, and I think it's an easy path for anyone here who makes those things a priority."

One of the day's distinguished guests was Rep. Gerry Connolly (D-11), who said he has attended many of the Founder's Day celebrations, but will always remember the first one.

"We celebrated Bob's 90th birthday and dedicated the statue, and it was a very memorable evening not only because of Bob, but because of the incredible community outpouring of spirit that came out that day," he said. "It really epitomized what a special place Reston is, and in my 18 years of public life, it's probably the most memorable event I've been to."

After members of the South Lakes Theater department performed a song from their upcoming production of "West Side Story," Park View High School's international musical ensemble performed a few classic rock and international songs.

"I think it's only appropriate to celebrate what this community has become by recognizing what our students are capable of," said Ed McCay of Reston. "Those kids weren't even born when this community was put together, but here they are with the people who literally built it, all here for the same thing."

State Sen. Janet Howell (D-32) said she comes every year to "say thank you Bob, you put together a community with your vision and determination against all odds, which has attracted so many people to this community."

After the performances, Simon cut the first slice of his own birthday cake, and was rewarded with everyone in attendance singing "Happy Birthday."

NEWS

Reston Association Board Elects Officers

The Reston Association Board of Directors elected officers who will each serve one-year terms.

Ken Knueven was elected president. He is also the director for the Lake Anne/Tall Oaks district and has been on the board since 2010. His term expires next year and he is eligible to run for another three-year term on the board. Knueven also is on the following committees: Board Administration, Legal, Initiative for Public Art in Reston and Communications.

Andy Sigle was elected as vice-president. He is an at-large director who was elected to the board last year. He serves on the following committees: Fiscal, Parks & Planning.

Joe Leighton was re-elected to serve as secretary. He is an at-large director who has been on the board since 2010. He serves on the following committees: Board Administration, Seniors, and Tennis Advisory. Leighton served the past two years as board secretary.



Knueven



Sigle



Leighton

John Higgins was re-elected to the office of treasurer.

The nine members of the Board of the Reston Association set the policy and direction for the community. They are elected for three-year terms and can run for a second term. Three new members were elected to the board on Tuesday, April 10. They are at-large directors Michael Sanio and Donna Miller Rostant and South Lakes District director Richard Chew.

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OPINION

Every Day Is Earth Day

BY DANIEL WHITE
THE NATURE CONSERVANCY

In celebration of Earth Day on April 22, I asked fellow Nature Conservancy staff from Maryland, D.C. and Virginia to offer their favorite ways of going green. Here are some responses that can help you save money, energy and maybe even the planet. To share your tips for living green every day, join us at [facebook.com/dc.md.va.nature.conservancy](https://www.facebook.com/dc.md.va.nature.conservancy).

THE RUN DIARY

Arlington's Kate Hougen, our marketing director, invites anyone who cares about the environment and healthy living to join her on Team Nature: "the team shares tips like how to recycle your running shoes, and raises money for environmental causes, join us and run for a healthier you, and a healthier planet." For more info, visit us online at nature.org/runde.

HANG 'EM DRY

New mother Kristin Bramell, a fundraiser in Bethesda, prefers to air-dry her laundry: "Why not save energy by using a clothesline at least for your large items? I put up a clothesline in my backyard and love to hang my towels, sheets and t-shirts outside. It takes just five minutes, and there's nothing better than that fresh, natural smell. Now that the weather's nice, I'll probably start hanging up my cloth diapers too!"

THE THRIFTERS

Philanthropy Coordinator Karen Schuyler, who lived in Alexandria prior to settling in Barboursville, shops for clothes at thrift stores: "It's very green since the clothing is being used again, thus saving the energy costs in growing

and harvesting plant-based fibers, as well as saving energy in the production and transport of new factory-made garments. Most exciting of all, it's like a treasure hunt and you never know what you'll find."

INSPECT YOUR GADGETS

Lyle Solla-Yates of Charlottesville manages our technology systems and suggests responsible recycling and purchasing of electronics: "Goodwill has partnered with Dell to recycle computer equipment, making them a good place to bring old equipment and to pick up used equipment that still works for a great price. When you do buy, choose greener electronics or consider a smaller device. You can do a lot more now with less machine, which can save money, hassle and the environment."

SOIL, IT'S GREEN

Brian van Eerden directs our Southern Rivers Program in Richmond and is an avid composter: "Composting helps the environment by reducing solid waste and the greenhouse gas emissions such as methane it produces in landfills. Compost is also a great low-cost source of organic fertilizer for your garden."

SUPPORT YOUR LOCAL SHARES

Jennifer Donovan, donor relations manager in Charlottesville, grows her own vegetables and buys from local farmers: "My family pays a fixed price per month to obtain a CSA share of organic vegetables, beef, chicken and fish. By purchasing food directly from local farmers, you are putting all the proceeds from the sale directly in their pockets. The food I buy locally also tastes much better. We really are what we eat, so eat healthy, local and fresh!"

MR. BEAN

Allegheny Highlands director Marek Smith of Lexington chooses coffee from shade-grown

beans: "Growing coffee under the shade of trees in the Central and South American rainforests not only produces a richer flavor, but also helps protect critical wintering habitat for neotropical migratory songbirds such as scarlet tanagers and cerulean warblers. These same bird species nest here in the broadleaf forests of our Central Appalachians, including Warm Springs Mountain Preserve in western Virginia."

ENERGY AT THE GATES

By following recommendations from a comprehensive home energy audit, Charlottesville preserve steward Tim Sanjule reduced his energy use. "Energy usage of any kind has an impact on our environment. Heating and cooling a house that is not well-insulated or well-sealed will waste your money and precious resources."

MAN ON A HEDGE

Clinch Valley ecologist Braven Beaty of Abingdon says, "If you have a creek on your property, don't mow right up to the bank. Leaving a strip of taller plants and shrubs can help stabilize the bank and provide wildlife habitat. The root systems help keep banks from eroding during high water, and the shade and structure provide shelter and food for fish, birds, salamanders, and other wildlife that need cool, moist areas to live. Try it and see if you don't notice more critters."

LAWN & ORDER

For a lawn that's green in more than color, use less water and fertilizer, says Richmond's Michael Lipford, our Virginia executive director: "A significant amount of nitrogen is put back in the soil if you leave your clippings on the grass. Don't water every day, and don't fret if the grass goes dormant when the heat of summer comes. Using less fertilizer is good for the Chesapeake Bay."

Taking Care of the Newborn

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

I am in Richmond on April 18 for the Reconvened Session of the General Assembly to consider vetoes and amendments proposed by the Governor to legislation passed in the regular session of the General Assembly. This session that is most often referred to as the "veto" session deals mostly with technical amendments that the executive branch feels are important to be made to bills before they become law. The session also deals with bills that the Governor has vetoed and that cannot become law unless passed over his veto by a two-thirds vote in each house.

One particular veto by the Governor is of special concern to me

because of the importance I attribute to the bill and to the meaning that could be inferred from its veto. House Bill 99 introduced by Delegate Patrick Hope and passed unanimously by both houses of the legislature creating a statewide process to implement newborn screening for critical congenital heart disease (CCHD) was vetoed by the Governor. Congenital heart defects account for 24 percent of infant deaths due to birth defects, according to the Center for Disease Control. A simple, non-invasive, screening process recommended by the federal Department of Health and Human Services and the American Academy of Pediatrics is available using pulse oximetry screening. When detected as early as possible, CCHD can be

treated without further health risks.

Already in Virginia we require hearing tests for infants, and our infant screening tests for 28 different metabolic disorders using the same spot of blood taken from the infant's heel. During my legislative career I have been involved in the legislation adding the new screenings as research made them available. My bill adding biotinidase deficiency screening to the list was based on research done at the Medical College of Virginia by Dr. Barry Wolfe. It was the first such screening required in the world. The outcomes of these screenings can prevent permanent, mental disability or death.

The CCHD screening can have the same results for children.

Maryland is putting such a program in place. The Governor's explanation for vetoing the bill is that the work group needed to implement the program would expand the size of government when he is trying to reduce it. It says the Health Department can do the work, but past experience shows, as I experienced with infant screening, that it does not get done unless the legislature directs it. The Governor and many legislators spent a great deal of time this legislative session working on their concerns about the unborn. This bill reflects a realistic and responsible concern for the newborn. I will be voting to override the Governor's veto, and I will be encouraging my colleagues to do the same.

Reston
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Culinary Classes for Children

Little gourmands cook up fun in the kitchen.

BY MARILYN CAMPBELL
THE CONNECTION

If you lick your hands you have to wash them,” said instructor Beth Bigler as she teaches a class of kindergarten students how to make vegetable pizzas.

“Are these pickles?” asks a 6-year-old student as she clutches a dark-green, cylindrical vegetable in her tiny fingers.

“No, these are baby cucumbers,” said Bigler. “We need to cut the ends off and then chop them up very, very finely. Always put it on a cutting board so you don’t cut your hands. We’re going to do the same thing with the celery and carrots. We have lots of vegetables to cut.”

Soon the click-clop of plastic knives hitting cutting boards fills the air,

along with the giggles and squeals of curious young foodies.

This is a typical session for Tiny Chefs, one of a handful of local culinary schools that cater to children. In these classes, pint-sized gourmands are introduced to all things epicurean. They also learn about kitchen safety and the importance of eating healthy food. Instructors say the lessons extend beyond the edible.

“Cooking classes for kids build and instill confidence,” said Anna Reeves, founder of Tiny Chefs. “Children get to do things that they didn’t think they were able to do. A 4 or 5-year-old may not be used to someone handing them a bowl or spoon and saying ‘Stir this all by yourself.’”

In addition to after school classes like the one at Norwood, local culinary schools offer parent-child classes, seasonal classes, holiday classes, cooking birthday parties and cooking summer camps. The level of complexity depends on the age and interest of the children.

“We teach simple techniques like sautéing and braising,” said Stephen Sands CEO of Culinaría Cooking

School in Vienna. “Students make full meals in our summer camps. We have other classes during the year. We do a pasta class where kids make fresh pasta. They learn what goes into it instead of just seeing it come out of a box. They learn how to make sauce instead of just opening a jar.”

DURING A TYPICAL CLASS, pint-sized culinary enthusiasts come in, wash their hands and don aprons. Then begin the prep work for the dish they are preparing.

Classes are often divided by theme and culinary discussions are intermixed with food preparation. “The theme this session is ‘On the Farm,’” said Bigler, an instructor with Tiny Chefs. “Students learn about fresh vegetables and where they come from.”

Students are introduced to new ingredients or get hands-on experience with familiar food items. “Maybe they’ve heard of cinnamon, but have never smelled or touched a cinnamon stick,” said Reeves. “They’ve probably heard of eggs, but they’ve never actually cracked one.”

Instructors say the lessons can also be academics disguised as recreation. “They have so much fun that they don’t even realize that they are working on math and reading skills,” said Arlington resident Whitney Gray, director of auxiliary programs at The Langley School.

“Students learn how to use cooking tools and they get to add and subtract fractions by using measuring cups,” said Jennifer McInroy, a Tiny Chefs instructor who teaches classes and summer camps at The Langley School in McLean.

Social skills are also enhanced. “With five or seven kids in a group they learn to wait their turn and cooperate work together and have patience,” said Reeves.

An increasing number of local schools are offering cooking classes as an afterschool activity for students.

“Cooking is an important life skill,” Liz Holland, Afterschool Activities Coordinator at Alexandria Country Day School. “Children definitely need to be making healthy choices for themselves and having those skills is definitely enriching.”



Students at Culinaría Cooking School in Vienna learn to grate a lemon. Experts say cooking classes can help children develop healthy eating habits.



Young food enthusiasts get a lesson from Chef Brian Batsel of Culinaría Cooking School in Vienna. Some local culinary schools now offer cooking birthday parties and summer camps for children.

PHOTOS COURTESY OF CULINARIA COOKING SCHOOL

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CALENDAR

Send announcements to reston@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/APRIL 19

"Pride and Prejudice." 7:30 p.m. Herndon High School Auditorium, 700 Bennett St., Herndon. Dramatized from Jane Austen's novel by Jane Kendall. Tickets \$10. www.herndondrama.org.

Comedy Night. 8:30 p.m. Sully's, 14513 Lee Jackson Highway, Chantilly. Every Thursday. 703-818-9292 or mysullys.com.

GMU Piano Recital. 2 p.m. Reston Community Center, Hunters Woods, Center Stage, 2310 Colts Neck Road, Reston. Dr. Linda Apple Monson, director of keyboard studies at George Mason University School of Music, presents student pianists. Free. 703-503-3384 or -476-4500.

Toddler Storytime. 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Stories, songs and fingerplays. Age 2-3 with adult. 703-689-2700.

Jim Brickman. 8 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Pop pianist. \$35. www.wolftrap.org.

Holocaust Remembrance Program. 7 p.m. United Christian Parish of Reston, 11508 North Shore

Drive, Reston. An evening of remembrance and witness for the victims of Nazi Germany, 69 years to the day after the start of the Warsaw Ghetto Uprising. Kay Rodgers, seminarian at Wesley Theological Seminary, will narrate a slide show describing ghetto life, instances of resistance, and seeds of hope. Child care available. 703-620-3065.

FRIDAY/APRIL 20

"Pride and Prejudice." 7:30 p.m. Herndon High School Auditorium, 700 Bennett St., Herndon. Dramatized from Jane Austen's novel by Jane Kendall. Tickets \$10. www.herndondrama.org.

Weekend Bluegrass Concert

Series: Wayne Taylor & Appaloosa. 8 p.m. Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. \$15, age 12 and under free. www.holycrosslutheranchurch.net.

Oakton Vocalist Sarah Jebian. 7:30 p.m. Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. CD release concert of Jebian's debut album, "Love Songs & Lullabies." With Dashboard Divas. 703-725-0651.

Jim Brickman. 8 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Pop pianist. \$35. www.wolftrap.org.

Earth: The Operator's Manual. 7 p.m. Walker Nature Center, 11450

Glade Drive, Reston. Documentary film. \$5. For adults. Reserve at 703-476-9689 or naturecenter@reston.org.

SATURDAY/APRIL 21

"Pride and Prejudice." 7:30 p.m. Herndon High School Auditorium, 700 Bennett St., Herndon. Dramatized from Jane Austen's novel by Jane Kendall. Tickets \$10. www.herndondrama.org.

Jeri Sager. 7:30 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Broadway performer and Northern Virginia native \$25. www.wolftrap.org.

Meet the Authors. 1-3 p.m. Barnes & Noble, 1851 Fountain Drive, Reston. Great Falls author Sophie Perinot (The Sister Queens) with Kate Quinn (Empress of the Seven Hills) and Stephanie Dray (Song of the Nile). Free and open to the public. www.thesisterqueens.com.

Car Seat Check. 2-5 p.m. Lake Anne Plaza Parking Lot, 1609 Washington Plaza, Reston. Checks performed by nationally certified car seat technicians. Free. <http://babyblossom.homestead.com>.

Ride To Provide with Redskins. Reston Town Center Pavilion, 1830 Discovery St., Reston. Check-in/Registration at 8 a.m., program begins at 9 a.m., riders depart 9:15-10 a.m. Post-ride celebration 11 a.m.-2:30 p.m. Hosted by Washington Redskin Lorenzo Alexander. A 10, 20, 35 or 53 mile bike ride that begins and ends at Reston Town Center. All proceeds will benefit Lorenzo's ACES Foundation serving area youth as well as healing military heroes from Ride 2 Recovery, Project Hero-Bethesda. www.RideToProvide.org, www.lorenzoalexander.org or www.Ride2Recovery.com.

SUNDAY/APRIL 22

Cars For A Cause. 11 a.m.-5 p.m. George Mason University Parking Lot K, 4400 University Drive, Fairfax. Car show, horsepower challenge, children's activities, trophies, raffles and prizes. Proceeds benefit the Isabel Warrior Princess Foundation (raising funds for a child diagnosed with Non-Hodgkins Lymphoma) and the Children's National Medical Center. \$15. www.teamunclassified.com.

Northern Virginia 2012 Holocaust Commemoration. 2-5:30 p.m. Gesher Jewish Day School, 4800 Mattie Moore Court, Fairfax. Ambassador Stuart Eizenstat, readings, music, commemorations and more. 703-893-4007.

Earth Fun Day. 2 p.m. Walker Nature Center, 11450 Glade Drive, Reston. Age 5-12. Make nature journal, participate in a recycle relay and plant seeds. \$4-\$6. 703-476-9689 or naturecenter@reston.org.

TUESDAY/APRIL 24

Reading with Hope's Hedges. 3:30 p.m. Herndon Fortnightly Library, 768 Center St., Herndon. Stories read by a volunteer from the Hedgehog Welfare Society and live hedgehogs. Age 6-10. 703-437-8855.

Folk Club of Reston/Herndon. 7:15 p.m. Amphora's Diner Deluxe Herndon, 1151 Elden St., Herndon. Acoustic folk and blues with Steve James. \$11-\$12. www.restonherndonfolkclub.com.

WEDNESDAY/APRIL 25

Open Mic Night. 9:30 p.m.-1:30 a.m. Jimmy's Old Town Tavern, 697 Spring St., Herndon. Every Wednesday. Register your band at BluesSlide@aol.com or 703-593-5206. www.jimmystavern.com.



PHOTO COURTESY OF RESTON COMMUNITY PLAYERS

Seated first row, from left: Dino Coppa, Marisa Johnson, KJ Jacks, Andra Dindzans, Lee Slivka; second row: Gayle Nichols-Grimes, Rich Bird, Mary Suib, Mark Yeager; back row standing: Randall Baughman, David Gorsline, Matt Williams, Leta Hall.

Big Happy Musical

Reston Community Players present 'The Drowsy Chaperone.'

BY DAVID SIEGEL
THE CONNECTION

Where and When

"Come disappear for a while into the decadent world of the 1920s; when champagne flowed, the caviar was chilled and all the world was a party - for the wealthy anyway," said director Josh Redford of the Reston Community Players 2011-12 season opening "The Drowsy Chaperone." "All with plenty of mix-ups, mayhem and a fun wedding."

"The Drowsy Chaperone" was nominated for multiple 2006 Tony Awards and won for Best Score by Lisa Lambert and Greg Morrison and Best Book by Bob Martin and Don McKellar, "The Drowsy Chaperone" begins as a man, alone in his home one evening, spins his long-playing show tune albums remembering a particular Jazz Age musical. His rich imagination then crafts a musical comedy evening.

For Redford "this is a big cast show with something for everyone to sink their teeth into. The delightful score helps tell the fictional story move along as elaborate scenes come into the audience's view. In preparing to direct the show, Redford said he "researched the Jazz Age for its pacing, physicality and stylized dance movements. He also delved into the comedy of the 1920s for "their word play, skits and how comics worked seamlessly together."

Mark V. Deal will handle the musical direction with its pastiche score of more than a

dozen songs. The more than 10 member orchestra includes keyboards, drum-set, trumpet, trombone and reeds. "I fell in love with the score and loved the idea that this musical comedy is about someone, in this case a man in chair, who is both outside watching the action on stage and at the same time part of the production," said Deal.

Andrew JM Regiec is the central character, known as "the Man in the Chair." Regiec said he is "passionate about musical theater and can relate to the character as one who likes to listen to show tunes and restage them in his head. His character "takes you to another place and time as an escape from real life. This is such a fun, fluffy, love letter to musical theater."

Colleen Arnold, a newcomer to the Reston Community Players, has a central role, the glamorous, celebrity bride-to-be struggling along as her wedding day nears while veteran Jennifer Lambert is in the "Drowsy Chaperone" role. With a bright big smile, Arnold described her character as "not the brightest crayon in the box, but is just not stupid as she struggles."

Colleen Arnold, a newcomer to the Reston Community Players, has a central role, the glamorous, celebrity bride-to-be struggling along as her wedding day nears while veteran Jennifer Lambert is in the "Drowsy Chaperone" role. With a bright big smile, Arnold described her character as "not the brightest crayon in the box, but is just not stupid as she struggles."

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OPINION

Where the Bison Roam—RFM 2012

BY JOHN LOVAAS
RESTON IMPACT PRODUCER/HOST



INDEPENDENT PROGRESSIVE

Let's make it official. Northern Virginia's number one farmers market, the Reston Farmers Market, will sound its opening bell of the 2012 season at 8 a.m. Saturday, May 5. Less than three weeks from now.

A little background. The Reston Farmers Market, at Lake Anne again this year, is one of 11 farmers markets sponsored by Fairfax County's Park Authority. All county-sponsored markets are producer-only markets, meaning that all those fruits, veggies, and meats must be grown by the folks selling them to you. Further, everything at the market is grown or produced within 125 miles of here—local and fresh. These are the characteristics of a real farmers market.

This will be our 15th season and promises to be one of our best. There will be 29 vendors, a new high. In addition to the favorites you'll recognize from past years, we've got some terrific new additions and a couple of returning favorites.

Three new vendors offer added variety. First, there is Blue Ridge Gardens, from west of us as the name suggests. Proprietor Jon VanSice sells upscale annuals and perennials as well as attractive flowering shrubs. Toya Tanis of New Family Naturals brings healthy vegetarian and gluten-free taste treats such

as kale chips. Then there's our top off-season recruit, Gunpowder Bison and Trading Company. Late last year, Fran and I heard about a highly regarded bison (proper name for buffalo) ranch west of Baltimore. So we trekked up to visit Trey Lewis and his bison one morning. We were most impressed with his ranch and his products. Turns out he'd heard of the Reston Farmers Market, too! We are delighted to welcome these wonderful new additions.

More good news. Two long-time former RFM favorite surprised us by asking to return this season. The returning RFM veterans are Robin Collins of Virginia Vistas and Valentine Miller of Valentine's Country Bakery and Meats. Virginia Vistas is the premiere plant vendor in the region. Valentine's previously was known for baked goods including his legendary whoopee pie, but now also offers a large array of meats, including occasionally rabbit and goat.

Add dazzling new RFM T-shirts with artwork by Lake Anne's Sarah Gerould, the wonderful Master Gardeners, plus appearances by the Split String Soup bluegrass band and 2012 should be a very good year. See our website, www.restonfarmersmarket.com, updated by Webmaster Sue Merk, for more info.

The Progressive is travelling. His column will return May 16.

Reston Honors Its Best

FROM PAGE 2

whenever possible."

Kathy Brennan was awarded Best of Reston as owner and director of Wee Play, a children's play studio. She has also turned one side of her 3,000 square foot studio into an area where families from the Embury Rucker Community Shelter can bring their children.

"Cathy brings low or no cost ways to play, maybe a cardboard carpeting rube to roll cars through, or wooden mallets for kids to hammer wooden mallets into Styrofoam, things you wouldn't think of to keep them occupied," said Susan Alger, a volunteer manager at the shelter. "She teaches parents how to interact with their children in a positive way, instead of focusing on the stresses of being without money or a home."

Wee Play was founded by Brennan in 2000, and she said she does it because of her philosophy on parenting.

"I believe that a parent is a child's best teacher," she said. "Watching these parents and children in my classes made me think of the families that didn't have that opportunity, so it was a natural fit for me to reach out to Reston Interfaith to help support these families."

WHILE RESTON LITTLE LEAGUE celebrated a state championship last year, their efforts extend much further than what ends up on the scoreboard. They use a "common pool" placement policy for all players, which allows players to be drafted once and remain on the same team throughout their career.

"Going to states and winning embodies everything that Reston Little League is set up for, no one was looked at for what they could bring to the table except for good sportsmanship," said Cate Fulkerson,

Reston Association director of administration and member services. "After they won to watch the magic on the kids faces, they were so proud of themselves, yet unbelievable humble, because that's what they were taught."

They also started a Challenger Division, which allows children with mental and physical disabilities to play, and it was the first of its kind in the state.

"While we are focused on baseball as our passion, what we're really about is community and building young lives," said Frank Lynch, president of Reston Little League. "Through my many years of coaching, I always remember the wins and losses, but the moments I'm always impacted by is seeing our children grow up so many ways in front of our eyes."

Dominion Virginia Power was recognized as the corporate business leader for their efforts to promote volunteerism and corporate philanthropy. They provide emergency financial assistance to clients as well as educational grants and partnerships.

"Their energy share program helped me to pay for electricity and avoid a disconnection," said Rhina Ganados, one of their philanthropy clients. "Living in this community, I have learned to help my share and teach my children to not only appreciate what they receive, but to give back."

Dominion has contributed more than \$30,000 to local schools and groups, including a grant to the Girls Excelling at Math and Science Club at Dogwood Elementary School, the Future Renewable Energy Effort at Rachel Carson Middle School and the Northern Virginia Regional Park Foundation.

"We could not be more honored to receive this award from two organizations that we hold in such high regard," said Philip Sandino, director of Customer Solutions at Dominion. "For us, one thing has always remained constant, our commitment to the communities we're in."

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Herndon High Sports Update: Girls' lacrosse just completed a successful spring break road trip with a victory over Laney High in Wilmington, N.C. The Hornets were scheduled to begin their competition within the tough Concorde District this week. ...The boys' varsity soccer team (4-0-2) is off to a good start. ESPN has the Hornets ranked 10th in the nation and second in Virginia. ...The varsity baseball team was 3-0 over spring break in Myrtle Beach. Their record is now 6-0 on the season. The Hornets had a tough schedule ahead with home games versus Oakton and Loudoun Valley, and a road game at Centreville. ...The boys' lacrosse team, after dropping their first game of the season, has won seven straight to give them a record of 7-1. Quality wins have come over Lake Braddock, Bishop Ireton and Yorktown.

The **39th Annual Capital Classic** high school basketball event is set to take place this Saturday, April 21. The event will consist of a full day of All Star hoops games at T.C. Williams High in Alexandria.

The day's first game, a girls' contest, will be at noon time between the Virginia All Stars versus the Maryland All Stars. The local Virginia squad will be under the direction of head coach Fred Priester, who led the Cougars to the Virginia State AAA crown a few weeks ago. At 2 p.m., another girls' game, between the Prep/Private School All Stars versus the Inner High Stars will be played.

In the evening, there will be a boys' All

Star double-header, beginning at 6 with a preliminary contest between the Suburban All Stars versus the D.C. All Stars. The Suburban All Stars will include Northern Region players such as Westfield's Zach Elcano (American University), Langley's Daniel Dixon, Yorktown's Jack Earley, and Edison's Matt Murphy. The District All Star team will include Paul VI High (Fairfax City) players Patrick Holloway (George Mason recruit), Tilman Dunbar (Navy), and Coleman Johnson (Fairfield); Episcopal's Kethan Savage, a former Chantilly High player who will play at George Washington; and Potomac School (McLean) player Cullen Hamilton.

After the first evening game, the main event Capital Classic Showcase, scheduled for around 8, will take place between the US All Stars versus the Capital All Stars. The US All Stars team will consist of five University of Maryland recruits along with recruits from North Carolina, Virginia, Clemson, Virginia Tech, and men's NCAA tournament runner-up Kansas. The Capital All Stars, meanwhile, will include recruits from Wake Forest, George Mason, George Washington, and Navy.

For more information on all the day's basketball action, go to www.TheCapitalClassic.com.

The All-Virginia State Girls' Basketball Team was named recently. Caroline Coyer, the Oakton High senior guard who helped the Cougars capture their first-ever



PHOTO/COURTESY OF FLINT HILL ATHLETICS

Marlo Sweatman of Flint Hill School has accepted an offer to play women's soccer at Florida State University.

state AAA title this past season, was named Co-Player of the Year, along with Woodside's Adrienne Motley. Katherine Coyer, meanwhile, was named to the Second Team, as was West Springfield High's Logan Battle. Katherine Coyer, twin sister of Caroline, was this year's Northern Region Tournament MVP. Two other Northern Region players

made the All-State Team - Fairfax High's Liz McNaughton (Honorable Mention) and Edison High's Ruth Sherrill (Honorable Mention). In all, seven players made first team, five made second team, and eight made honorable mention.

The Dominion Speedskating Club, based out of Reston SkateQuest, recently competed at the US Speedskating Short Track Age Group National Championships, held at the Cornerstone Arena in Green Bay. Several Dominion skaters won awards and broke records.

The Dominion team is under the direction of co-coaches Jimmy Jang and Choi Kwang-Bok, who have trained world class Olympians and World Class champions.

One member of the team, Maame Biney of Reston, is a sixth grader at Terraset Elementary. In Green Bay, she won all of her races and was awarded the overall winner for her age group (Midget Ladies). She also broke a record in the 500 meters event. Another team member, Luca Lim of Annandale, broke several Pony Boys records. He smashed four National Pony age class records - in 222-meters (22.935), 333 (33.866), 500 (49.783) and 777 (1:19.251).

His twin sister, Siobhan Lim, won all her races and was a short track National Champion in Pony Ladies.

Over 240 skaters, from Alaska to Florida and points in between, traveled to Green Bay to close the season.

Herndon Softball Impressive Over Season's First Half

Young Hornets team set to host defending region champs Westfield this Friday night.

BY RICH SANDERS
THE CONNECTION

The Herndon High girls' softball team, under the direction of head coach Jourdan Coombs, has played with a freshness and vibrancy which has resulted in numerous wins this spring season. Despite having an overall inexperienced and young varsity roster made up mostly of freshmen and sophomores, the Hornets have proven to be a handful for their opponents to handle on way to winning seven of their first 11 games thus far, going into this week's action.

"The team may be a small, young group, but the determination and character are what makes us stand out," said Coombs, in his first season as the Hornets' head coach. "This is a new program, and a new outlook to softball and what our goals are. We work hard, and we play hard."

"The season is going well, despite having a new coach and trying to turn the

program around," said Coombs. "The girls are willing to work hard for what they want and it shows in their games and practices."

Over the recent spring break week (April 2-6), Herndon played six games locally at the Northern Virginia Spring Break Tournament. There, the Hornets went 4-2 and had an overall solid, positive showing.

Herndon, going into the spring break week, held a 2-1 record, not including the team's pre-season exhibition wins over Annandale, 3-1, and cross-town rival South Lakes, 8-4, on March 7 and 8, respectively.

IN THE HORNETS' official season opener on March 13, they won a high-scoring affair over local rival and guest Park View High, 11-9. The Patriots are members of the Dulles District.

Three days later, in another home game, Herndon had a tough outing in a 19-4 loss to Stone Bridge High of the Liberty District.

But Herndon, which competes in the Concorde District, came right back from that setback to the Bulldogs with an impressive

home win over Washington-Lee High (National District) of Arlington three days later on April 19.

That win over the Generals put Herndon's official record (not including the exhibition games) at 2-1 and gave the Hornets good momentum going into spring break week.

OVER THE SPRING BREAK week, Herndon, in the Northern Virginia Tournament hosted by Hayfield High School, won games over Marshall, Edison, Hayfield, and West Springfield. The losses came to South County and Jefferson Forest High, a team from out of the area and a member of Region III in Virginia.

Following the full schedule of games over spring break, Herndon opened up its Concorde District schedule last Tuesday, April 10 with a home game versus the Oakton Cougars. Herndon lost the contest, 8-2. However, the Hornets came back two days later and defeated Woodson (Patriot District), 10-0, in a non-district road game. That victory over the Cavaliers improved Herndon's overall record on the spring to 7-4.

COACH COOMBS, who was at the helm of the Herndon High girls' JV field hockey

team last year, was named the new varsity softball coach last December. Over the course of the spring season he has been pleased with his players' attitudes and their overall production on the field.

Herndon's lineup consists of power hitters, such as junior Heather Ferguson, sophomores Sarah Kurtz and Mary Dugan, and freshmen Melanie Martire and Ashley Scnharris. On the mound, the Hornets have received stellar outings from senior Michelle Le.

The coach has stressed team chemistry, hard work, and a good mindset to games and the season as a whole.

"Our goals for this season would be to have a better attitude and perspective when it comes to this new growing program," he said. "Also, we want to win district games and make it into the regional tournament. We have a lot of work to do, but I am confident our team has what it takes to succeed."

Herndon was scheduled to play district home games this week against Chantilly (Tuesday, April 17) and Westfield (Friday, April 20). Friday's night game against defending district and Northern Region champion Westfield is scheduled for 6:30.

HOME SALES

In March 2012, 58 Reston homes sold between \$889,000-\$108,000.

Address	BR	FB	HB	...	Postal City	Sold Price	...	Type	Lot AC	.	PostalCode	Subdivision
1425 WATERFRONT RD	4	3	1		RESTON	\$889,000	Detached	0.21	..	20194	RESTON
1310 PAVILION CLUB WAY	4	3	1		RESTON	\$795,000	Detached	0.11	..	20194	RESTON
12019 CANTER LN	5	3	1		RESTON	\$765,000	Detached	1.78	..	20191	RESTON
1338 DASHER LN	5	3	1		RESTON	\$760,000	Detached	0.33	..	20190	HUNT AT LAKE FAIRFAX
1307 MURRAY DOWNS WAY	5	3	1		RESTON	\$731,250	Detached	0.25	..	20194	CRIPPENS CORNER
1616 WOODSTOCK LN	3	2	1		RESTON	\$729,900	Detached	0.14	..	20194	RESTON
12130 STIRRUP RD	5	3	1		RESTON	\$705,000	Detached	0.48	..	20191	RESTON
1424 BELCASTLE CT	4	2	1		RESTON	\$660,500	Detached	0.14	..	20194	RESTON
11219 SOUTH SHORE RD	4	3	0		RESTON	\$550,000	Detached	0.27	..	20190	RESTON
1505 DEER POINT WAY	4	3	1		RESTON	\$529,000	Townhouse	0.05	..	20194	RESTON
1310 MARCHMONT CT	4	3	1		RESTON	\$518,300	Detached	0.57	..	20190	RESTON
1645 BENNINGTON HOLLOW LN	3	3	1		RESTON	\$507,500	Detached	0.17	..	20194	RESTON
2327 COLT'S BROOK DR	4	2	1		RESTON	\$495,000	Detached	0.23	..	20191	POLO FIELDS
2306 DARIUS LN	5	2	1		RESTON	\$477,000	Detached	0.34	..	20191	POLO FIELDS
1306 WEDGEWOOD MANOR WAY	3	2	1		RESTON	\$472,500	Townhouse	0.06	..	20194	RESTON
12052 EDGEMERE CIR	3	2	2		RESTON	\$470,000	Townhouse	0.04	..	20190	RESTON
2509 FAUQUIER LN	4	2	0		RESTON	\$424,000	Detached	0.39	..	20191	RESTON
12081 TRUMBULL WAY	2	2	1		RESTON	\$415,000	Townhouse	20190	LINCOLN PARK
2180 GREENKEEPERS CT	3	3	1		RESTON	\$415,000	Townhouse	0.06	..	20191	RESTON
11324 LINKS CT	5	3	0		RESTON	\$409,000	Townhouse	0.07	..	20190	RESTON
2237 DOUBLE EAGLE CT	3	2	2		RESTON	\$400,000	Townhouse	0.03	..	20191	RESTON
1505 CHATHAM COLONY CT	3	3	1		RESTON	\$399,000	Townhouse	0.04	..	20190	RESTON
11703 NORTH SHORE DR	3	2	2		RESTON	\$390,000	Townhouse	0.04	..	20190	RESTON
11800 SUNSET HILLS RD #307	2	2	0		RESTON	\$386,000	Hi-Rise 9+ Floors	20190	CARLTON HOUSE
12160 ABINGTON HALL PL #301	3	2	0		RESTON	\$385,000	Garden 1-4 Floors	20190	MADISON PARK AT WEST MARKET
2385 GENERATION DR	3	3	1		RESTON	\$380,000	Townhouse	0.04	..	20191	GENERATION
1603 AUTUMN RIDGE CIR	3	2	2		RESTON	\$380,000	Townhouse	0.04	..	20194	RESTON
11186 FOREST EDGE DR	3	2	1		RESTON	\$375,000	Townhouse	0.07	..	20190	RESTON
1564 POPLAR GROVE DR	3	2	2		RESTON	\$375,000	Townhouse	0.03	..	20194	RESTON
12025 NEW DOMINION PKWY #505	1	1	0		RESTON	\$364,900	Mid-Rise 5-8 Floors	20190	MIDTOWN NORTH
11774 BAYFIELD CT	3	2	1		RESTON	\$362,500	Townhouse	0.03	..	20194	RESTON
12025 NEW DOMINION PKWY #507	1	1	0		RESTON	\$360,500	Mid-Rise 5-8 Floors	20190	MIDTOWN NORTH
11407 GATE HILL PL #108	2	2	0		RESTON	\$337,500	Garden 1-4 Floors	20194	SUTTON RIDGE
2292 EMERALD HEIGHTS CT	3	3	1		RESTON	\$299,950	Townhouse	0.04	..	20191	RESTON
11305 SUNDIAL CT #108	2	2	0		RESTON	\$299,500	Garden 1-4 Floors	20194	BALDWIN GROVE
1566 WOODCREST DR	2	2	0		RESTON	\$290,000	Townhouse	0.02	..	20194	RESTON
1716 LAKE SHORE CREST DR #15	2	2	0		RESTON	\$285,000	Garden 1-4 Floors	20190	EDGEWATER AT TOWN CNTR
2157 WHISPER WAY	2	2	1		RESTON	\$285,000	Townhouse	0.03	..	20191	RESTON
1344 NORTHGATE SQ	4	2	0		RESTON	\$270,000	Townhouse	0.06	..	20190	RESTON
12104 PURPLE SAGE CT	3	1	1		RESTON	\$269,000	Townhouse	0.03	..	20194	RESTON
12001 MARKET ST #148	1	1	0		RESTON	\$265,000	Mid-Rise 5-8 Floors	20190	MARKET STREET TOWN CENTR
11825 COOPERS CT	2	1	1		RESTON	\$264,000	Townhouse	0.03	..	20191	RESTON
1720 LAKE SHORE CREST DR #5	2	2	0		RESTON	\$260,500	Garden 1-4 Floors	20190	EDGEWATER AT TOWN CNTR
2284 WHITE CORNUS LN	3	1	1		RESTON	\$253,000	Townhouse	0.03	..	20191	RESTON
2371 SOUTHGATE SQ	3	1	1		RESTON	\$245,000	Townhouse	0.03	..	20191	RESTON
2437 SOUTHGATE SQ	3	2	1		RESTON	\$230,000	Townhouse	0.03	..	20191	RESTON
11148 BEAVER TRAIL CT #148	1	1	0		RESTON	\$225,000	Garden 1-4 Floors	20191	NANTUCKET AT RESTON
11760 SUNRISE VALLEY DR #612	1	1	0		RESTON	\$225,000	Hi-Rise 9+ Floors	0.00	20191	MERCER
2380 CLOUDCROFT SQ	4	2	1		RESTON	\$225,000	Townhouse	0.03	..	20191	RESTON
2256 SOUTHGATE SQ	3	1	1		RESTON	\$210,500	Townhouse	0.03	..	20191	RESTON
1542 MOORINGS DR #6A/21C	3	2	1		RESTON	\$210,000	Garden 1-4 Floors	20190	LAKEVIEW
1986B VILLARIDGE DR	2	1	0		RESTON	\$209,500	Townhouse	20191	VILLARIDGE
11801 BRETON CT #32C	2	1	1		RESTON	\$175,000	Garden 1-4 Floors	20191	HUNTERS WOODS VILLAGE
11659 STONEVIEW SQ #99/11C	3	2	0		RESTON	\$154,000	Garden 1-4 Floors	20191	SHADOWOOD
1542 NORTHGATE SQ #42/12A	1	1	0		RESTON	\$137,500	Garden 1-4 Floors	20190	NORTHGATE
11629 STONEVIEW SQ #79/2B	2	2	0		RESTON	\$131,000	Garden 1-4 Floors	20191	SHADOWOOD
1951 SAGEWOOD LN #208	1	1	0		RESTON	\$109,900	Mid-Rise 5-8 Floors	20191	THOREAU PLACE
11621 STONEVIEW SQ #75/2B	2	2	0		RESTON	\$108,000	Garden 1-4 Floors	20191	SHADOWOOD

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First Date Remembered

FROM PAGE 3

Church decided to leave the newspaper on the seat of his car. After school, Church offered Flattery a ride home, but first he asked, as casually as he could, to flip to page seven of the newspaper that was so nonchalantly resting on the passenger seat.

“I had no idea why he asked me to look at page seven. I flipped to that page and there it was. I had to read it over twice. Then I started screaming. Jeff was still standing outside the car, with a big smile,” said Flattery.

Flattery happily said yes to the question posed by the ad. Asked if he thought the answer would be any different, Church smiled a bit shyly, and said no.

CHURCH AND FLATTERY MET last year through a mu-

tual friend. In fact, the two went to prom with the same group of friends last year, but didn’t know each other at the time. Both said looking back at the photos from last year’s prom, it seems odd to see the other in the photos as they didn’t really know each other at the time.

A rather somber event was the occasion of their first date. During last May’s Relay for Life, a fundraiser for the American Cancer Society which is held at South Lakes, Church said he first asked to hold Flattery’s hand. Flattery remembers that during the event it started to rain and they were moved into the gym, but still she and Church spent the whole time chatting and getting to know one another.

Both Church and Flattery are in South Lakes International Baccalaureate program. Flattery actually transferred to South Lakes from Langley High following her fresh-

man year to participate in the program.

Church is a varsity lacrosse player; he plays midfield. In the fall, he runs cross country and in the winter he does indoor track.

Flattery is a member of the Dance Team. Both participate in Fellowship of Christian Athletes events.

Church will be attending Christopher Newport in Newport News, Va., next fall. But first, this Friday night at the Reston Sheraton, there is prom.

Flattery said she will be wearing a long, pink dress from BCBG; Church said he will be wearing a tux with a matching cummerbund and bowtie. They will have dinner together with friends at Paper Moon in Georgetown.

“I am so excited to go with Erin this year. I think it will be a great memory,” said Church.

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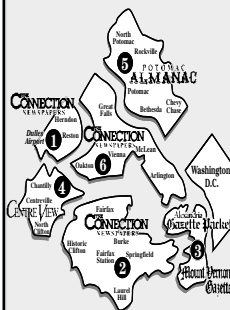
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"Meagulpa"



By KENNETH B. LOURIE

As a veteran of the chemo wars, I should have been better prepared mentally for the food/taste challenges often caused by the infusion of such cancer-fighting chemicals, but I wasn't. Oh, I was ready for the hair loss, the fatigue, the diabetic-type neuropathy, the overall aches and pains (general feeling of discomfort/feeling out of sorts), but for some inexplicable reason, I wasn't ready for the food issue. Specifically, I refer to its lack of taste, and a directly-related effect: minimal interest in eating. Whether the effect/cause was in my head or in my taste buds, it was most definitely an effect from a cause.

Not that I appear, at present, to be the least bit undernourished (disheveled, maybe), or not in need of a modest reduction in weight; nevertheless, not being able to enjoy my daily bread, as but one example, was/is disappointing. Moreover, being one of the many individuals who uses food as a stress-reducer and oral-fixator, not being satisfied by any of my staples has made for a very dull boy. Not cranky. Not irritable. More like miserable. And this misery doesn't like company, and has made this four-time infusion much less palatable than I had anticipated. I had anticipated: been there done that; no problem. However, as experienced as I thought I was; having survived/endured six infusions (round one) three years ago, my overconfidence for this second round seems to have led me to a bit of an emotional thud. I thought I was going to slide through this treatment unscathed. Unfortunately, I have been scathed.

What upsets me most about my circumstances is that I think I should have known better, especially since I take such pride in trying to know better/be prepared (I'm not exactly a Boy Scout, but I am usually more on the ball). Yet I wasn't. And when the food began to taste bad a week or two after my second infusion (as if it were a surprise), emotionally I went south. Not only was I "disappointed" in the taste of food, I was more disappointed in my lack of awareness of a fairly likely/predictable occurrence when chemotherapy is infused. If Hostess Brands, the makers of Twinkies, Ding Dongs, Ho Hos, Cupcakes, etc., had not already filed for bankruptcy protection back in January, 2012; given my modest - and uncharacteristic - first quarter consumption of such delicacies, they likely would have been forced to file for bankruptcy in April of 2012. I wouldn't say however, that as an adult I've maintained the pace of my indulgent adolescence (almost a box a day); who could? But I have eaten my share (and a few others' shares, no doubt) and am proud of the hours I've spent satiated and of the product knowledge I've gained as a direct result. This second round of chemotherapy ended all of that. No taste, no pleasure. No pleasure, no patience. No patience, no happiness. And it's all my fault. I have been down this road before, bumpy as it was, and I should have been better prepared, mentally.

If there's one thing I believe I've learned during this whole cancer trip, and some wisdom I feel I can impart, it would be: managing expectations, both good and bad. Control what you can, don't worry about what you can't. Remember what you know and be mindful of what you don't. Expect the unexpected and don't take anything for granted. And though this food/lack of taste thing will pass soon enough, my arrogance in not preparing for/anticipating it will linger. I'll get over it, I suppose, but not before I've told you readers about it first.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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