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- Actual ClearChoice patien

< 3D CAT Scan





Actual ClearChoice Patient

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- Kurt C., real ClearChoice patient

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TYSONS CORNER: Stuart L. Graves, DDS, MS • Debora Armellini, DDS, MS • Samantha Siranli, DMD, PhD ROCKVILLE: Stuart L. Graves, DDS, MS • Ben Javid, DDS

ClearChoice Dental Implant Centers are locally owned and operated by licensed local dentists, and are part of a professional affiliation of implant practices operated by oral surgeons, prosthodontists and restorative dentists across the U.S. *Qualified patients can have their procedure in one day after initial workup without additional bone graft surgery. Results may vary in individual cases. Limited services available at satellite offices. *Independent Dental Implant Survey March 2011. America's #1 Choice determined by an Independent Patient Survey 2011.

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NEWS

Artist's sketch of the interior view of one of the stations along the Silver Line.



PHOTO COURTES

Board Opts In for Dulles Rail

Obstacles still ahead for \$2.7 billion project.

By Victoria Ross The Connection

he Fairfax County Board of Suvoted pervisors unanimously Tuesday, April 10, to approve the county's participation in Phase 2 of the \$2.7 billion Dulles Metrorail Project.

Chairman Sharon Bulova (D-At-large) said she hopes Phase 2 will move forward as planned, and the county "will all be able to take advantage of the enormous economic development opportunities the Silver Line extension will present."

Board members said completion of the project will bolster the economy, relieve traffic congestion and ensure the viability of Tysons Corner redevelopment.

"This is our biggest transportation improvement for decades to come. Tysons will not work without the rail line going all the way to Loudoun," said Linda Smyth (D-Providence). "This needs to get finished."

"Dulles Rail will be a great economic development tool for the county," said John Cook (R-Braddock). "It will generate millions in tax revenue for schools, public safety, parks and libraries and reduce pressure on homeowners' property taxes."

THE PROJECT was faltering last summer when U.S. Transportation Secretary Ray LaHood stepped in and brokered a funding deal between stakeholders -Metro, the Metropolitan Washington Airports Authority (MWAA), Virginia, and Fairfax and Loudoun counties - that cut costs from \$3.8 billion to \$2.7 billion.

According to county officials, significant savings were achieved by eliminating the underground station at Dulles Airport as well as project scope changes agreed to by all the funding partners.

The county's cost of Phase 2 is expected to be about \$330 million to build the extension past Wiehle Avenue in Reston to Washington Dulles International Airport. When complete, the Silver Line will provide a one-seat, no-transfer ride from the airport to down-

The county's share for the entire Dulles Rail project is estimated to be \$900 to \$965 million. Of this amount, \$730 million—or approximately 80 percent-will be paid for by voluntary, special tax districts. In the Phase 1 Tax District, landowners agreed to pay up to 29 cents per \$100 of the assessed value

of commercial and industrial properties, up to a total of \$400 million. In Phase 2, landowners agreed to pay up to 25 cents per \$100, up to a total of \$330

As part of the financial deal, Fairfax County agreed to make its "best efforts" to pay for building the Route 28 Station, along with the parking garage at this station and at Herndon Monroe, outside of the project.

County officials said they are looking at several options that include using a public-private partnership, developer contributions, parking revenue, and/ or federal or state grants. If the county is not successful in funding the two garages and station outside of the project, Fairfax will only pay for 16.1 percent of the cost for these facilities.

"We need to continue to be vigilant in overseeing management of the project by the Airport Authority to continue to drive down costs," Cook said.

The rail project's second phase includes six stations along its 11.4 mile run, stretching from Wiehle Avenue in Fairfax County to Route 772 in Loudoun County. Construction is expected to begin in early 2013, and the project is estimated to be completed in 2017. The first phase of the project is currently under construction, and is expected to be completed in late 2013.

ALL EYES are now on the Loudoun County Board of Supervisors, who are currently debating pulling out of their share - \$260 million of the second phase of the project. They have until July to decide whether to commit to the project.

Prior to Tuesday's board action, the county sought public input on the cost and financing for the project's second phase. County officials conducted four public meetings and an online chat, and the board held a public hearing on March 20.

During a March 19 online public hearing on the project, one resident asked if Fairfax County could reconsider its vote if Loudoun opted out.

"It would require everyone to restart and renegotiate. The project may still go forward but we would have some challenges. For example, how do we reconfigure Wiehle Avenue to be the end of the line? The tax districts, contributions, etc. would change. You can't just cut off the Loudoun stations. You have to redo the PE, environmental documents. It would be a dramatic shift," county officials responded during the chat.

For more information on the Dulles Corridor Metrorail Project, go to www.dullesmetro.com or call



The ten couples that were finalists in the Hilton McLean \$28,000 wedding giveaway, presented on April 4 at the hotel.

Hilton McLean Hosts Wedding Giveaway

Ten couple vie for free wedding package, honeymoon in Barbados.

McLean, ten couples vied to win a wedding package valued at \$28,000. And all each couple had to do was to convince a panel of judges, through video or live performance, that they deserved to win the contest. An earlier essay competition narrowed the finalists to ten. Contestants had to tie-in their love to Fairfax County and Tysons Corner.

Contestants came from Vienna, McLean, Great Falls and Herndon, as well as points north and south. Hilton McLean, in partnership with local businesses, including Vienna's Karin's Florist, offered a wedding reception complete with photography and flowers. Hilton Barbados provided a four-night honeymoon and U.S. Airways offered complimentary air travel to Barbados.

"I found out about the contest two days before the essay contest ended," said Dominque Best, who graduated from James Madison High School in 2000. She and her fiancée Duc Pham live and work in Vienna. The money they have been saving will go toward their wedding or a house. "We're gravitating more toward saving for the house, now," said Best.

Christina Wong and Peter Huang met at Virginia Tech, from which the two graduated in 2010. They returned to campus on 2011; Huang proposed to Wong on the Virginia Tech gazebo that sits alongside the the Hilton to do this. We had duck pond. They live in Great fun doing it. Falls and Tysons Corner is a familiar spot to them.

Danielle Proulx, a veterinarian, and Victor Sanguanboon,

n April 4 at the Hilton a federal agent, met at a doggy happy hour. Sanguanboon hid the engagement ring in the limbs of their Christmas tree on Dec. 11. They and their pets live happily in McLean, planning a summer wedding of their own making at the McLean Hilton.

> While many couples aired videos of their lives together, some tried a different approach, from creating a live in-the-future scenario to a talk-show. Several of the couples had children, another couple was awaiting the prospective groom's Afghanistan deployment. Each couple had a story to tell and most of the stories included a family dog or two. The winning couple, from Alexandria, are expecting their second child, both miracle ba-

> Hilton McLean served drinks and laid out a small-plate spread. Nobody left a loser. Every couple received a goodybag with certificates for discounts, including ten percent off a Hilton wedding, a free night at the property and dinner for two at Harth, the hotel's restaurant that specializes in locally-produced ingredients. The chef grows his own herbs and peppers and tends to a beehive on the roof.

> As disappointed as many couples were, most thought it was a good experience.

"It was a contest," said Proulx. "There was one winner and nine losers. It was nice of

"All we really want is a wedding with family at it."

— Donna Manz

THE COUNTY LINE

Restoring Funding for Human Services

Residents, agencies testify to need for community services.

By Victoria Ross

THE CONNECTION

fter three years of deep budget cuts and declining revenue, Fairfax County is showing signs of fiscal equilibrium as property values and revenues begin a slow uphill climb.

But human service agencies in the county are still feeling pinched by three years of cumulative cuts to their budgets, shrinking state and federal dollars, and increased demand on services.

More than 30 agencies and individuals showed up to testify during last week's public hearings on the proposed \$6.7 billion fiscal year 2013 budget to deliver a unified message to the Board of Supervisors.

"The proposed cuts in human services funding are relatively small dollar amounts," said Frank Blechman, vice chair of the Fairfax County Alliance for Human Services (AHS), who testified before the board on Wednesday, April 11, "but the impact these cuts will have on programs and the vulnerable families and individuals who need them will be severe."

County Executive Anthony Griffin's proposed budget assumes no increase in current real property tax rates; however, the AHS - a non-partisan partnership that advocates for dozens of local public and private human service providers - urged board members to adopt the county's advertised tax rate 1-cent tax increase to \$1.08 per \$100 of assessed value, which would add nearly \$20 million to the budget coffers.

To avoid raising tax rates, Griffin has proposed a 2013 budget with approximately \$3 million in various human services cuts,

*Eliminating the Adult Dental Program (Savings: \$50,000) - This program provides discounted basic dental care to low income adults. According to AHS, eliminating the program will result in 500 adults not receiving services. Instead, says AHS, they will have to seek care at the Northern Virginia Dental Clinic, which has a waiting list of six months to 4 years.

*Reduce home-based care funding (Savings: \$300,000) - These services are provided to low-income adults to help them continue independent living in their own homes. In fiscal years 2010 and 2011, funding for this program was cut by a total of \$1.7 million. To deal with that reduced funding, the County's Department of Family Services has tightened screening and services. According to AHS, the proposed fiscal year 2013 cut would lead to a waiting list for services.

*Decreased funding for Student Assistance Programs (Savings: \$99,500) - These services, offered through the Community Services Board (CSB), provide year-round



Human Service Advocates testified before the Fairfax County Board of Supervisors during a public hearing on Wednesday, April 11, urging the board to increase funding for community programs that serve the homeless population and other vulnerable residents. From left, Kerri Wilson of Reston Interfaith; Gerald Poje of Reston Interfaith; Kathy Albarado, Governing Board of Office to Prevent and End Homelessness; Cheryl Simpkins of United Christian Ministries; Conrad Egan, Governing Board of Office to Prevent and End Homelessness; Michael O'Reilly, Governing Board Chair of Office to Prevent and End Homelessness; Amanda Andere of FACETS; Meredith Magwire of Habitat for Humanity and Judith **Dittman of Alternative House.**

Recommended Funding Increases

Fairfax County Alliance for Human Services recommended funding increases in FY 2013 Budget

- Partners in Prevention Fund, which funds various organizations, including Safe Dates programs run by FACETS, The Lorton Community Action Center, United Community Ministries and Reston Interfaith - \$400,000
- $\ \, \mbox{$\ \, $$}$ Additional funding for the Consolidated Community Funding Pool. During 2011, more than 119,000 people in 61,300 households was
- ❖ Restoring funding for Access Fairfax \$75,000 Restoring funding for two Computer Learning
- Centers **\$90.000**
- Restoring funding for the Department of Family Services Rent Relief Program - \$275,000
- * Restoring funding for seven School Health Aide Substitutes - **\$110,997**

school-based alcohol and drug screening, assessment and early intervention. This reduction eliminates one position and, says

- Restoring funding for one contracted Nurse Practitioner with the Community Health Care Network - **\$130,000**
- * Restoring funding and providing additional funding for the Adult Dental Program \$100,000
- Restoring funding for the Home Based Care program \$300,000
 Restoring funding for Student Assistance Services
- Providing funding for residential services for voung adults with autism and mental illness \$663,721
- Therapeutic Recreation Summer Program and Adult Social Club Program - **\$35,000**
- * TOTAL \$2,828,252

AHS, will cause 81 youths to be shut out of the program.

"Funding human services is never easy,"

Blechman said, joking with supervisors that they could afford to demonstrate their "profiles in courage" during a non-election year by approving the county executive's advertised tax rate to fund "unmet human service needs."

"This is the year to turn the corner from survival mode to growth," Blechman said.

Several supervisors indicated their support of restoring funding to human service programs.

"These programs serve the homeless, the elderly, people suffering with drug and alcohol addictions, young and old residents with serious physical and mental disabilities, victims of domestic violence, and many other county residents who need help from their community," said supervisor John Foust (D-Dranesville).

"Because of their circumstances, many of these people live in poverty," Foust said, adding that Fairfax County has a number of active non-profits and faith-based groups providing services.

"But the sheer numbers of residents needing help means the county must play a large role in ensuring that needed services are provided," Foust said.

While Fairfax County's poverty rate is better than most — 5.08 percent in 2011° — it still translates to nearly 63,000 people living below the poverty level, according to county officials.

The Alliance for Human Services provided board members with a list of budget recommendations regarding the proposed cuts as well as restoring certain other programs cut in prior years.

AHS acknowledged that Griffin's proposed budget does include some increases in several human services programs.

"We can't stress enough how important it is to approve the county executive's recommendations for increased human services funding. Anything less will further weaken the human services net that is already frayed," Blechman said.

*CSB's Infant and Toddler Connection:

One of Griffin's recommended increases that generated emotional testimony was the \$823,456 for the CSB Infant and Toddler Connection, which provides families screening and programs for children with possible developmental delays.

Lisa Arlt Escoto of Vienna brought her daughter Elena, 5, who has a neuro-genetic syndrome that causes severe global delays, seizures and drastically limits speech.

"I was shocked to learn that the (proposed budget) does not include increased funding for the Infant and Toddler Connection," Arlt Escoto said.

She said she and her husband were working in China for the U.S. Consulate when they discovered Elena was severely developmentally delayed and required immediate intervention therapy. So the couple returned to Fairfax County to get Elena the help she needed.

"I was already feeling overwhelmed and terrified by the discovery of Elena's disabil

SEE SUPERVISORS, PAGE 16



Marshall High Presents 'The Drowsy Chaperone'

GC Marshall High School Theater presents "The Drowsy Chaperone", a singing and dancing musical within a comedy, on April 26, 27, 28 at 7:30 p.m.; April 28 & 29 at 2 p.m. Tickets at the Door, \$5 Students & Seniors, \$10 Adults. Free parking. GC Marshall High School, 7731 Leesburg Pike, Falls Church. http://theatreatmarshall.tumblr.com

Colvin Run to Host Annual Fun Run

olvin Run Elementary School will be holding its Sixth Annual Fun Run on Saturday, May 5, from 8:30 until 10 a.m. It is being billed as "a super event that provides exercise to participants and financial support to charitable organizations." Participants will run as many loops as they can through the tree-lined streets of Shouse Village, raising money for a charity of each runner's choice. The CRES Fun Run is a Character Education program created to encourage physical activity and acts of charitable contribution by the school and community.

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"Me and My Mom"

To honor Mom on Mother's Day, send us your favor ite snapshots of you with your Mom and The Connection wil publish them in our Mother's Day issue. Be sure to include some information about what's going on in the photo, plus your name and phone number and town of residence. To e-mail digital photos, send to:

vienna@connec tionnewspapers.com Or to mail photo prints, send to: The Vienna/Oakton Connection, "Me and My Mom Photo Gallery," 1606 King St., Alexandria, VA 22314 Photo prints will be returned to you if you

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OPINION

Opinion Every Day Is Earth Day

The Nature Conservancy

n celebration of Earth Day on April 22, I asked fellow Nature Conservancy staff from Maryland, D.C. and Virginia to offer their favorite ways of going green. Here are some responses that can help you save money, energy and maybe even the planet. To share your tips for living green every day, join us at facebook.com/dc.md.va.nature.conservancy.

THE RUN DIARY

Arlington's Kate Hougen, our marketing director, invites anyone who cares about the environment and healthy liv-

COMMENTARY

ing to join her on Team Nature: "the team shares tips like how to recycle your running shoes, and raises

money for environmental causes, join us and run for a healthier you, and a healthier planet." For more info, visit us online at nature.org/ rundc.

HANG 'EM DRY

New mother Kristin Bramell, a fundraiser in Bethesda, prefers to air-dry her laundry: "Why not save energy by using a clothesline at least for your large items? I put up a clothesline in my backyard and love to hang my towels, sheets and t-shirts outside. It takes just five minutes, and there's nothing better than that fresh, natural smell. Now that the weather's nice, I'll probably start hanging up my cloth diapers too!"

THE THRIFTERS

Philanthropy Coordinator Karen Schuyler, who lived in Alexandria prior to settling in Barboursville, shops for clothes at thrift stores: "It's very green since the clothing is being used again, thus saving the energy costs in growing and harvesting plant-based fibers, as well as saving energy in the production and transport of new factory-made garments. Most exciting of all, it's like a treasure hunt and you never know what you'll find."

INSPECT YOUR GADGETS

Lyle Solla-Yates of Charlottesville manages our technology systems and suggests responsible recycling and purchasing of electronics: "Goodwill has partnered with Dell to recycle computer equipment, making them a good place to bring old equipment and to pick up used equipment that still works for a great price. When you do buy, choose greener electronics or consider a smaller device. You can do a lot more now with less machine, which can save money, hassle and the environment."

SOIL, IT'S GREEN

Brian van Eerden directs our Southern Rivers Program in Richmond and is an avid composter: "Composting helps the environment by reducing solid waste and the greenhouse gas emissions such as methane it produces in landfills. Compost is also a great lowcost source of organic fertilizer for your gar-

SUPPORT YOUR LOCAL SHARES

Jennifer Donovan, donor relations manager in Charlottesville, grows her own vegetables and buys from local farmers: "My family pays a fixed price per month to obtain a CSA share of organic vegetables, beef, chicken and fish. By purchasing food directly from local farmers, you are putting all the proceeds from the sale directly in their pockets. The food I buy locally also tastes much better. We really are what we eat, so eat healthy, local and fresh!"

MR. BEAN

Allegheny Highlands director Marek Smith of Lexington chooses coffee from shade-grown beans: "Growing coffee under the shade of trees in the Central and South American rainforests not only produces a richer flavor, but also helps protect critical wintering habitat for neotropical migratory songbirds such

as scarlet tanagers and cerulean warblers. These same bird species nest here in the broadleaf forests of our Central Appalachians, including Warm Springs Mountain Preserve in western Virginia.

ENERGY AT THE GATES

By following recommendations from a comprehensive home energy audit, Charlottesville preserve steward Tim Sanjule reduced his energy use. "Energy usage of any kind has an impact on our environment. Heating and cooling a house that is not well-insulated or wellsealed will waste your money and precious resources."

MAN ON A HEDGE

Clinch Valley ecologist Braven Beaty of Abingdon says, "If you have a creek on your property, don't mow right up to the bank. Leaving a strip of taller plants and shrubs can help stabilize the bank and provide wildlife habitat. The root systems help keep banks from eroding during high water, and the shade and structure provide shelter and food for fish, birds, salamanders, and other wildlife that need cool, moist areas to live. Try it and see if you don't notice more critters."

LAWN & ORDER

For a lawn that's green in more than color, use less water and fertilizer, says Richmond's Michael Lipford, our Virginia executive director: "A significant amount of nitrogen is put back in the soil if you leave your clippings on the grass. Don't water every day, and don't fret if the grass goes dormant when the heat of summer comes. Using less fertilizer is good for the Chesapeake Bay. Nutrients are the main problem in the bay, and a significant portion comes from residential fertilizers. Use low-nitrogen and low-phosphate fertilizers, fertilize less, and wisely - not before a heavy rain. Many stores now supply low-nitrogen organic fertilizers that can also reduce your carbon

LETTERS TO THE EDITOR

Fighting for Women's Rights

To the Editor:

It is time to pay attention to the serious threats to women's rights that are taking place in our state and across the nation. At stake are fundamental liberties that affect everyone, not just women.

At least 39 state legislatures in recent session and the US Congress have proposed laws restricting women's basic health care rights. Among them:

- Allowing employers to fire women who use contraception.
- **❖**Denying insurance coverage for contraception.
- ❖Requiring doctors to lie to women about established medical

❖Prohibiting malpractice suits against doctors who lie to women about the health of a fetus.

- Forcing women to carry a fetus to term even if it will be stillborn or threatens the mother's
- *Requiring women to have invasive, medically unnecessary procedures which they have to pay for out of pocket.
- Criminalizing miscarriage and
- ❖Taking funding away from organizations that provide the full range of health services to poor women.
- ❖"Personhood" legislation that elevates the rights of a single cell over that of existing human be-

This isn't about abortion. Many of these measures were written specifically to coerce, humiliate and discourage women considering an abortion. But they go much further than that. They restrict a woman's choice or control in becoming pregnant. They restrict how pregnant women must behave. They force women and physicians to ignore medical reality, putting life and liberty at risk.

The pushback against basic rights isn't stopping there. The conversation in the public arena has taken on a very ugly, very antiwomen tone. It's not just Rush Limbaugh calling a Georgetown law student a "slut." It's the Idaho lawmaker who said that women are not able to tell if they have "really" been raped. It's the Georgia lawmaker who compared women giving birth to "cows and pigs." It's the Wisconsin lawmaker who

thinks abused wives should "remember why they got married in the first place." It's the Virginia lawmaker who couldn't bring himself to say the word "vagina" but was happy to mock women's concerns (and his own wife) in a suggestive speech at the state Assembly.

Yes, Virginia, it's happening here. On March 3, 2012, there was a peaceful rally held in Richmond to protest the Virginia ultrasound bill. There were over 1,000 demonstrators of all ages. Babies, children in strollers, parents and grandparents. There was nothing threatening about the crowd. No demonstrator carried so much as a stick. How do I know? I was there. I saw the massive police presence that included riot police and dogs. Thirty people were ar

SEE LETTER, PAGE 7

Vienna & Oakton

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An independent, locally owned weekly newspaper delivered to homes and businesses Published by Local Media Connection LLC

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News

Freeman Store Unveils Historic Designation

Church Street building recognized for role in Civil War.

> By Donna Manz The Connection

istoric Vienna, Inc. volunteers, Town officials and other Fairfax County elected officials will gather at Freeman Store on April 21, 2 to 3 p.m., to unveil the plaque designating Freeman Store's historic status. U.S. Rep. Gerry Connolly, Virginia Senator Chap Petersen, Del. Mark Keam and Mayor M. Jane Seeman are scheduled to make remarks at the plaque dedication. Dignitaries unveil the plaque at 2:45 p.m. on the Freeman Store's porch. The 17th Virginia Infantry Regiment, Co. D, presents the colors.

The Freeman Store, whose history goes back to the Civil War, became the first historic landmark in Vienna to be named to the Virginia Historic Register. The recognition was approved by the Virginia Department of Historic Resources [DHR] on Sept. 22, 2011.

"Any time a building in a community gets historic designation, it's a sign of pride in the community," said Sarah Jane Brady, a Freeman Store advocate instrumental in the pursuit of historic status for the property. "For Freeman Store, it reminds us of the role the building played in our history during the Civil War and beyond."

THE FREEMAN STORE AND MUSEUM, at 131 Church Street NE, is owned by the Town of Vienna and its operation administered by Historic Vienna, Inc. under a lease with the town.

What is now known as the Freeman Store was built in 1859 as Lydecker Store. During the Civil War Lydecker Store was used as a base for both the Union and Confederate armies, including its use as a hospital. Vienna, unlike most of Virginia, voted against secession in 1861.

After the Lydeckers and Freemans were joined in business through marriage, the Freeman family eventually took over the building. Leon Lydecker Freeman, took over the store from his father in 1894. He held several "firsts" in Vienna. Freeman was the first president of Vienna's volunteer fire department. He was elected Fairfax County's first Republican Delegate to the Virginia General Assembly since the Civil War. Freeman Store, dating back to the Civil War, has played a role in Vienna history for 150 years.

For reasons unknown - Brady speculated the Great Depression or retail competition - Freeman closed the family store in 1929, but the building remained as an insurance agency and home.

Leon Lydecker Freeman died on Sunday, Feb. 9, 1941 at 69 years old. His funeral was held at Vienna Presbyterian Church, with burial in the Flint Hill Cemetery in Oakton. Freeman's wife Hattie Belle survived him.

Leon's oldest daughter Dorothy and her husband Lauris Sherburne lived in the house, operating their insurance business from it until the mid-1950s. In 1969, Dorothy sold the house for \$72,000 to the Town of Vienna. It was used as residence into the mid-1970s.

ARMED WITH EXTENSIVE RESEARCH and a \$200,000 grant from the Town of Vienna, renovation work began in January, 1975, on Freeman's house, restored by the Town in 1976 as a United States Bicentennial project. Freeman Store and Museum was dedicated in 1976 and formally opened in April 1977. Freeman Store and Museum serves the community as a general store, museum, and educational focal point of the town's heritage. The interior of the Freeman Store and Museum is owned by Historic Vienna, Inc., which operates the facility through a lease with the Town of Vienna. HVI volunteers have administered and run the Freeman Store and Museum since 1976.

The plaque dedication program begins at 2 p.m. on the front porch of The Freeman Store and Museum, 131 Church Street NE.

The 17th Virginia Infantry Regiment, Co. D, presents colors, followed by remarks, music by the Vienna Community Band and unveiling of plaque by dignitaries.

The 17th Virginia Infantry Regiment, Co. D, closes ceremony with a rifle volley.

Following the unveiling ceremony, Historic Vienna, Inc., and the Town of Vienna, will serve refreshments on Freeman Store lawn.

LETTER TO THE EDITOR

From Page 6

rested and handcuffed for simply sitting on the steps of the Capitol. They were kept cuffed with their hands behind their backs some of them for over seven hours, on hot buses with no access to water, toilets, or legal counsel. The state plans to prosecute them and they may face jail time.

What all this adds up to is a sysematic attack on women, and on men who care about women. women's group Unite Women Those of us who marched for women's equality in the 60s and 70s are relearning the lesson that our rights and our freedoms have to be fought for again and again.

As a mother of four daughters, it's a bitter reality to face that my children are still not considered equal in our society.

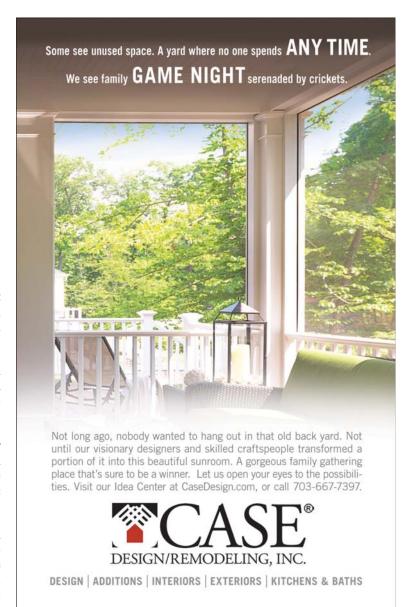
Thankfully, more and more people are becoming aware of what's going on, and are trying to do something about it:

Women's rights rallies will be held in 50 states and the District of Columbia on Saturday, April 28 sponsored by the grassroots (www.wearewomenmarch.net/). The rallies are open to everyone. Those who can't attend can still help by donating to the group to defray the costs of permits, insurance, and security.

Concerned Virginians have formed the Women's Strike Force (www.womensstrikeforce.org/), a PAC created with the goal of defeating in the next election the Virginia legislators who promoted the most recent anti-women legislation in the state Assembly.

I hope that those who read this will take the time to learn more about these issues, and will join in taking action and in donating to these two groups. If not us, who will do it? And if not now, when?

> Ann Aoki McLean







Culinary Classes for Children

Little gourmands cook up fun in the kitchen.

f you lick your hands you tend beyond the edible. have to wash them," said instructor Beth Bigler as she teaches a class of kindergartens students how to make vegetable to do things that they didn't think they

old student as she clutches a dark- a bowl or spoon and saying 'Stir this green, cylindrical vegetable in her tiny all by yourself."

"No, these are baby cucumbers," like the one at Norwood, local culisaid Bigler. "We need to cut the ends nary schools offer parent-child off and then chop them up very, very classes, seasonal classes, holiday finely. Always put it on a cutting board classes, cooking birthday parties and so you don't cut your hands. We're cooking summer camps. The level of going to do the same thing with the complexity depends on the age and celery and carrots. We have lots of interest of the children. vegetables to cut."

hitting cutting boards fills the air, Sands CEO of Culinaria Cooking tually cracked one."

along with the giggles and squeals of School in Vienna. "Students make full curious young foodies.

Chefs, one of a handful of local culiar pasta class where kids make fresh nary schools that cater to children. In these classes, pint-sized gourmands They also learn about kitchen safety THE CONNECTION and the importance of eating healthy food. Instructors say the lessons ex-

"Cooking classes for kids build and instill confidence," said Anna Reeves, founder of Tiny Chefs. "Children get were able to do. A 4 or 5-year-old may "Are these pickles?" asks a 6-year- not be used to someone handing them

In addition to after school classes

"We teach simple techniques like

instead of just opening a jar."

Then begin the prep work for the dish they are preparing.

Classes are often divided by theme and culinary discussions are intermixed with food preparation. "The theme this session is 'On the Farm," said Bigler, an instructor with Tiny Chefs. "Students learn about fresh vegetables and where they come

gredients or get hands-on experience with familiar food items. "Maybe they've heard of cinnamon, but have never smelled or touched a cinnamon

Instructors say the lessons can also meals in our summer camps. We have be academics disguised as recreation. This is a typical session for Tiny other classes during the year. We do "They have so much fun that they don't even realize that they are workpasta. They learn what goes into it ing on math and reading skills," said instead of just seeing it come out of a Arlington resident Whitney Gray, diare introduced to all things epicurean. box. They learn how to make sauce rector of auxiliary programs at The Langley School.

"Students learn how to use cook-**DURING A TYPICAL CLASS**, pint- ing tools and they get to add and subsized culinary enthusiasts come in, tract fractions by using measuring wash their hands and don aprons. cups," said Jennifer McInroy, a Tiny Chefs instructor who teaches classes and summer camps at The Langley School in McLean.

Social skills are also enhanced. "With five or seven kids in a group they learn to wait their turn and cooperate work together and have patience," said Reeves.

An increasing number of local schools are offering cooking classes Students are introduced to new in- as an afterschool activity for students.

"Cooking is an important life skill," Liz Holland, Afterschool Activities Coordinator at Alexandria Country Day School. "Children definitely need definitely enriching."



stick," said Reeves. "They've probably to be making healthy choices for Students at Culinaria Cooking School in Vienna learn to Soon the click-clop of plastic knives sautéing and braising," said Stephen heard of eggs, but they've never acthemselves and having those skills is grate a lemon. Experts say cooking classes can help children develop healthy eating habits.



Young food enthusiasts get a lesson from Chef Brian Batsel of Culinaria Cooking School in Vienna. Some local culinary schools now offer cooking birthday parties and summer camps for children.

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703-821-3345 Global Mission Church 703-757-0877 Peace Baptist Church ... 703-560-8462

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Fellowship Baptist Church First Baptist Church 703-938-8525

The Light Mission Church Vienna Baptist Church 703-281-4400 New Union Baptist Church. 703-281-2556

Vajrayogini Buddhist Center 202-331-2122 Church of the Bretheri Oakton Church of the Brether 703-281-4411

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St. Athanasius Catholic Church 703-759-4555 St. Mark's Catholic Church ... 703-281-9100

Christian Assembly ... 703-698-9777 Church of Christ

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Disciples of Christ Antioch Christian Church ... 703-938-6753

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Lutheran Emmanuel Lutheran Church...703-938-2119 Christ The King Lutheran Church.. 703-759-6068 St. Athanasius Lutheran Church...

703-455-4003 Methodist Andrew Chapel United Methodist . 703-759-3509 Church of the Good Shepherd . The Vine Methodist Church ... 703-573-5336 Ephiphany United Methodist . 703-938-3494

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703-698-5577 Vienna Presbyterian .. 703-938-9050 Langley Hills Friends...703-442-8394

Seventh-Day Adventist Northern Virginia Christian Fellowship ... 703-242-9001 Vienna Seventh Day Adventists . 703-938-8383 Congregation of Fairfax . 703-281-4230

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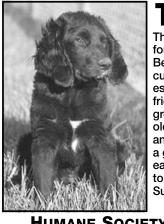
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'The Fantasticks' Plays in Vienna

Longest-running musical in country opens April 20 for three weekends.

> By Donna Manz THE CONNECTION

he longest-running show in New York City - 50 years old and going strong comes to Vienna on April 20. It's not the off-Broadway edition, but, it's the next best thing. "The Fantasticks," as brought to life by the Vienna Theatre Company [VTC], opens

for three weekends at the Vienna Community Center with evening and matinee performances.

The storyline centers on the chicanery used by two fathers to "match" their children in marriage. It's a complex plot, says VTC artistic director Su-

Devine moved the locale from a rural environment to a more urban one, but retained the book and music of the original play. "Try to Remember" kicks off the production.

"The thing about 'The Fantasticks' is that there's everything in it, music, magic, lightning," said Devine. "Just changing the setting makes a big difference."

EVERYONE INVOLVED with the production is a volunteer, from actors to musicians and effects. "Community theatre is a healthy hobby for a community," said Devine.

Josh Goldman plays the romantic lead man -Matt – and Molly Nuss of Vienna the female lead, that of Louisa. "I love to sing, I love to act," said Nuss. Molly is a Herndon High School junior, active in the drama department. In theatre since she was just 7 years old, Molly has played roles in "Man of La Mancha" and "Les Miserables." This year, Molly played Belle in her school's production of "Beauty and the Beast." She loves musical theatre and has been taking voice lessons since

she was in the seventh grade. Molly's dream is to play on Broadway, some day.

"I can't imagine doing anything other than this in my life," Molly said.

Philip Baedecker, of Vienna, describes his character Henry as "old actor." Baedecker, an experienced actor, does not sing, he plays characters who have only to speak. And Henry is a character he has played in two previous Northern Virginia productions of "The Fantasticks."

"Henry's a delightful character role," said Baedecker. "He's lots of fun to do.

Baedecker comes by his affection for "The Fantasticks" naturally. His father played in a production of the play in the 1960s. Since he retired from the U.S.



Molly Nuss, as Louisa, and Josh Goldman, as Matt, share a romantic - and musical - moment in the Vienna Theatre Company's production of 'The Fantasticks.'

The Fantasticks

Produced by the Vienna Theatre Company. Performances at the Vienna Community Center, 120 Cherry Street, S.E., April 20, 21, 27, 28, May 4 and 5, at 8 p.m. and on Sundays, April 29 and May 6, at 2 p.m. Tickets sell for \$14, general admission, and \$12 for seniors aged 65 and over, and students, and can be purchased at the Vienna Community Center in advance or at the door, if available.

For more information, call 703-255-6360 or visit www.viennatheatrecompany.com.

Geological Survey as a research chemist, Baedecker has been concentrating on acting.

"I love the show, the music is charming," Baedecker said.

The singing narrator El Gallo, or "villainous" hero as Michael Schlesinger calls his character, is hired by the fathers of the love interests to pretend to kidnap Louisa so that Matt can save her. As Devine says, it's a complex plot. There's love come, love lost, love returned ... a complex plot with a happy musical ending.

"It's a show that evokes nostalgia," said Schlesinger, who has been in theatre most of his life and loves singing even more than he loves acting. "We have such vibrant community theatre in Northern Virginia. It's always a pleasure to work in a caring, nurturing theatre like Vienna. It's great to learn from the cast, crew and Susan."

Baedecker says that the reason that actors enjoy doing "The Fantasticks" is the presentational character of the show. "There's a lot of interaction between the cast and the audience.

"The simplicity of the play and the interaction it gives show the

VTC'S PRODUCTION of "The Fantasticks" features Vienna residents Philip Baedecker and Molly Nuss, and Keith Flores, Josh Goldman, Donna Naybor, Steve Nixon, Michael Schlesinger and Jacob Wittenaurer. Susan Devine directs. Production staff include musical director Paul Nasto, assistant musical director Francine Krasowska, choreographer Laura Fargotstein and producer Doodie Brethwaite.



www.connectionnewspapers.com

Send

4th Annual Green Expo. 6:30-9 p.m. Vienna Community Center, 120 Cherry St., S.E., Vienna. Presentations and discussions for children and adults from 35 organizations and businesses will include information on energy efficiency, purchasing local organic products, creating green gardens, recycling options and more ideas to save money and help the environment. Free admission. 703-255-6356 or csalgado@viennava.gov.

announcements vienna@connectionnewspapers.com.

Deadline is Thursday for the following week's paper. Photos/artwork encour-

aged. For additional listings, visit

Green River Ordinance and Graham Colton. 7 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. www.jamminjava.com.

Chapter 227, Vietnam Veterans of **America Inc.** 7:30 p.m. Neighbor's Restaurant, 262D Cedar Lane, Cedar Lane Shopping Center, Vienna. Edward J. LaClare, Vietnam War veteran, will share his father's, Col. Edward F. LaClare, WWII experiences as an Army Air Force combat fighter pilot. Free admission. 703-255-0353 or www.vva227.org.

One-on-One Computer Tutoring. 2 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn the basics of the Internet, Word and Excel. Call for appointment. Adults. 703-242-4020.

One-on-One English Practice. $\boldsymbol{2}$ p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Call for appointment with an ESL volunteer. Adults. 703-242-4020.

Book Discussion. 7 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Cutting for Stone by Abraham Verghese. Adults. 703-242-

Bedtime Storytime. 7:30 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Stories and songs. Age 2-5 with adult. 703-242-4020.

eBook/eReader Instruction. 7:30 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn about library ebooks and how to access them with your compatible device. Call for appointment. Adults. 703-242-4020.

Jim Brickman. 8 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Pop pianist. \$35. www.wolftrap.org.

"The Crucible" by Arthur Miller. 7:30 p.m. Langley High School, 6520 Georgetown Pike, McLean. Limited seating. 703-287-2821 or www.saxonstage.com

FRIDAY/APRIL 20

"Side Man." 8 p.m. 1st Stage, 1524 Spring Hill Road, Tyson's Corner. Turmoil in a jazz musician's family as his career crumbles at the dawn of rock-and-roll. \$25. 703-854-1856 or www.1ststagetysons.org.

Kindlewood and Duke Walker at 7

p.m.; Dub City Renegades, Feed God Cabbage and Nappy Riddem at 10 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. www.jamminjava.com.

English Conversation Group. 10 a.m. Patrick Henry Library, 101 Maple Ave. East, Vienna. English conversation group. Adults. 703-938-

Friday Flicks. 10:30 a.m. Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. Call for title. All Ages. 703-790-8088.

Jim Brickman. 8 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Pop pianist. \$35. www.wolftrap.org.

Oakton Vocalist Sarah Jebian. 7:30 p.m. Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. CD release concert of Jebian's debut album,

"Love Songs & Lullabies." With Dashboard Divas. 703-725-0651.

Entertainment

"The Fantasticks." 8 p.m. Vienna Community Center, 120 Cherry St. S.E., Vienna. Musical comedy. \$14, \$12 students and seniors. 703-255-6360 or

www.viennatheatrecompany.org. **"Deathtrap."** 8 p.m. McLean Community Center Alden Theatre, 1234 Ingleside Ave., McLean. Comedy-thriller about a play within a play. \$14-\$16, group rates available. 866-811-4111 or

www.mcleanplayers.org.
"The Crucible" by Arthur Miller. 7:30 p.m. Langley High School, 6520 Georgetown Pike, McLean. Limited seating. 703-287-2821 or www.saxonstage.com.

SATURDAY/APRIL 21

MCCP Foundation Dress Up with **Grown-Ups Gala.** 6-10 p.m. McLean Hilton, 7920 Jones Branch Drive, McLean. Sit-down dinner, dancing and a DJ. Proceeds benefit the Medical Care for Children Partnership Foundation, providing health care for the children of uninsured working families in Fairfax County. Family Ticket \$375 (2 adults and 2 children). \$150 per extra adult, \$75 per extra child. Black Tie Optional.

"Side Man." 2 p.m. and 8 p.m. 1st Stage, 1524 Spring Hill Road, Tyson's Corner. Turmoil in a jazz musician's family as his career crumbles at the dawn of rock-and-roll. \$25. 703-854-1856 or www.1ststagetysons.org.

Children's Show: The Diggity **Dudes.** 10:30 a.m. Jammin' Java, 227 Maple Ave. E., Vienna. www.jamminjava.com.

The Deanna Bogart Band. 7 p.m. Jammin' Java, 227 Maple Ave. E., Vienna, www.iamminiava.com.

Mother's Day Craft Show. 9 a.m.-3 p.m. Providence RECenter, 7525 Marc Drive, Falls Church. Free admissison. 703-698-1351.

Magic Show. 2 p.m. Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. Enjoy a performance by magician Mike Rose. All Ages. 703-790-8088.

Jeri Sager. 7:30 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Broadway performer and Northern Virginia native \$25.

www.wolftrap.org.
Sixth Annual Spring Art Festival. 10 a.m.-5 p.m. Village Green Day School, 790 Walker Road, Great Falls. Paintings, photography, pottery, jewelry, weaving, woodcarving and more. Free admission. 703-442-9251.

"The Fantasticks." 8 p.m. Vienna Community Center, 120 Cherry St. S.E., Vienna. Musical comedy. \$14, \$12 students and seniors. 703-255-

www.viennatheatrecompany.org. "Deathtrap." 8 p.m. McLean Community Center Alden Theatre, 1234 Ingleside Ave., McLean. Comedy-thriller about a play within a

play. \$14-\$16, group rates available. 866-811-4111 or www.mcleanplayers.org.

Concert in the Park: "Under the Big Top." Clemyjontri Park, 6317 Georgetown Pike, McLean. Black-tie concert and dinner featuring a performance by the Fairfax Symphony Orchestra. 703-506-8980 or www.friendsofclemy.com.

Rummage Sale. 8 a.m.-1 p.m. Church of the Good Shepherd (United Methodist), 2351 Hunter Mill Rd, Vienna. All proceeds support local and national charities, including Facets Hot Meals and Stop Hunger Now. 703-281-3987 or www.GoodShepherdVA.org.

Northern Virginia Country Western Dance Association. Luther Jackson Middle School, 3020

SEE ENTERTAINMENT, PAGE 11



Philip Baedecker of Vienna

hired to pretend to kidnap

as "Henry," the old actor

the heroine.

Entertainment

From Page 10

Gallows Road, Falls Church. Proceeds benefit Fisher House Foundation. Line dance lesson at 7:30 p.m., beginning West Coast Swing at 8 p.m. Open dancing 8:30-11 p.m. \$20. Potluck and silent auction. www.nvcwda.org or 703-860-4941.

Meet the Authors. 1-3 p.m. Barnes & Noble, 1851 Fountain Drive, Reston. Great Falls author Sophie Perinot (The Sister Queens) with Kate Quinn (Empress of the Seven Hills) and Stephanie Dray (Song of the Nile). Free and open to the public. www.thesisterqueens.com.

"The Crucible" by Arthur Miller. 2 p.m. and 7:30 p.m. Langley High School, 6520 Georgetown Pike, McLean. Limited seating. 703-287-2821 or www.saxonstage.com.

SUNDAY/APRIL 22

Cars For A Cause. 11 a.m.-5 p.m. George Mason University Parking Lot K, 4400 University Drive, Fairfax. Car show, horsepower challenge, children's activities, trophies, raffles and prizes. Proceeds benefit the Isabel Warrior Princess Foundation (raising funds for a child diagnosed with Non-Hodgkins Lymphoma) and the Children's National Medical Center. \$15. www.teamunclassified.com.

Wolftrap 5K & Fun Run and Bike Rodeo. Wolftrap Elementary School, 1903 Beulah Road, Vienna. Chip timing. Music, a cake walk, face and arm painting, giveaways and prizes. Following the run will be a Bike Rodeo: bring a bike and helmet, get tips on riding safety and more. funrun@wolftrappta.org.

"Side Man." 2 p.m. and 7 p.m. 1st Stage, 1524 Spring Hill Road, Tyson's Corner. Turmoil in a jazz musician's family as his career crumbles at the dawn of rock-and-roll. \$25. 703-854-1856 or www.1ststagetysons.org.

Crash Concept, Metacomet's
Vision and Meganova at 1 p.m.;
The Lumineers and Kopecky
Family Band at 7:30 p.m. Jammin'
Java, 227 Maple Ave. E., Vienna.
www.jamminjava.com.

"Deathtrap." 2 p.m. McLean Community Center Alden Theatre, 1234 Ingleside Ave., McLean. Comedy-thriller about a play within a play. \$14-\$16, group rates available. 866-811-4111 or

www.mcleanplayers.org.

Sixth Annual Spring Art Festival.

10 a.m.-5 p.m. Village Green Day
School, 790 Walker Road, Great
Falls. Paintings, photography,
pottery, jewelry, weaving,
woodcarving and more. Free
admission. 703-442-9251.

Flute Recital. 7 p.m. Vienna
Presbyterian Church 124 Park St, NE
Vienna. Reston resident Pamela
Daniels performing pieces by
Debussy, Brahms, Sancan, and
Francaix, with pianist Anna
Ouspenskaya and guitarist Robert
Hanson. Free, donations accepted.
703-435-8588.

MONDAY/APRIL 23

Bowling For Soup, Patent Pending, Freshman 15 and Sandlot Heroes. 7 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. www.jamminjava.com.

Tiny Tot Time. 10:30 a.m. Dolley Madison Library, 1244 Oak Ridge Ave., McLean. Songs, rhymes and activities. Age 13-23 months with

Lift Me Up! Fundraising Event. 5-8 p.m. Pulcinella Italian, 6852 Old Dominion Drive, McLean.
Approximately 60% of sales will benefit Lift Me Up!, a therapeutic horseback riding program in Great Falls. 703-734-0192.



"Betty's Daffodils" by Karen Bateman. Great Falls Studios presents the sixth annual Spring Art Festival, April 21-22,10 a.m.-5 p.m. at Village Green Day School, 790 Walker Road, Great Falls. All of the artwork is created by Great Falls artists. The show includes oil and watercolor paintings, photography, pottery, digital art, jewelry, weaving, and woodcarving and more. A portion of the sale proceeds will go to the school. Free admission. 703-442-9251.

TUESDAY/APRIL 24

Ron Pope with Josiah Leming, Jesse Ruben & Amy Lennard. 7:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. www.jamminjava.com.

Tuesday Storytime. 10:30 a.m. Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. Stories, songs and activities. Ages 1-2 with adult. 703-790-8088.





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703-942-8148

OpenKitchen-dcmetro.com



SPORTS

n Wednesday April 11, at Madison High School, the undefeated McLean High boys' tennis team defeated Madison 8-1. Madison was competitive in all three doubles matches and three of the singles matches against a deep and impressive Highlander team.

"I believe McLean has an excellent chance to win the Northern Region Championship this year," said Madison head coach Glenn Adams.

McLean won all six singles matches - Nik Padmanabhan over John Adam at No. 1; Kayvon Mobarakeh over John Nothaft at No. 2; Kyle Chisu Edwards over Alec Ostapovicz at No. 3; Ahmed Skaljic over Matt Bosco at No. 4; Mike Padmanabhan over Albert Chang at No. 5; and Bing Waid over Alex Russell at No. 6.

In doubles, McLean's No. 1 team of Nik Padmanabhan and Kyle Chisu Edwards defeated Madison's John Adam and Gunnar Baskin, 10-6; and McLean's No. 2 team of Ahmed Skaljic and Big Waid defeated Madison's John Nothaft and Alec Ostapovicz, 10-8.

Madison's No. 3 doubles team of Aaron Plymack and Alex Dondershine defeated the McLean duo of Mark Martinkov and Joon Lee, 10-

McLean improved to 6-0 while Madison fell to 3-3.

Two days later, Madison defeated Fairfax High, 9-0, on Friday, April 13 at Madison. The Warhawks were missing their No. 4 and 5 singles players, while Fairfax was missing its No. 1 and 4 singles players. Whereas Madison simply moved singles players up in its lineup in the No. 4 though No. 6 singles slots, Fairfax had substitutes play in its No. 1 singles and doubles positions.

Madison won all six singles matches. Those individual singles winners for the Warhawks were: No. 1 senior John Adam, who defeated Sai Chindapalli: No. 2 senior John Nothaft, who won over Jisoo Kim; No. 3 Alec Ostapovicz, who defeated Tyler Zane; No. 4 Alex Russell, who won over Mike Rayder; No. 5 Aaron Plymack, a victor over Shiv Shah; and No. 6



This past Friday, Madison High boys' tennis player Alec Ostapovicz, shown here during an earlier season match this spring, won his No. 3 singles outing over a Fairfax High opponent and was also part of a victory at No. 2 doubles play, where he teamed with John Nothaft.



Marlo Sweatman of Flint Hill School has accepted an offer to play women's soccer at Florida State University.

Aaron Plymack and Alex Dondershine at No. 3.

Madison, with the team win, improved to 4-3 on the season.

Marlo Sweatman, a junior midfielder standout for the Flint Hill School girls' soccer team, has made a commitment to attend Florida State University on a soccer scholarship. Although just an Ben Haines, who was a tie- 11th grader, Sweatman has atbreaker winner over Andrew tracted attention from top college soccer programs such as the Uni-Madison's doubles winners versity of Tennessee and the Uniwere: John Adam and Gunnar versity of Maryland. But following Baskin at No. 1; John Nothaft and a recent official visit to Tallahas-Alec Ostapovicz at No. 2; and see, Sweatman decided to become a Seminole.

Madison The High girls' softball **team**, following spring break week, traveled to Langley High to take on the Saxons in an important Liberty District match-up last Tuesday, April 10. Warhawks, who won the hard-fought contest 5-4, found themselves in an early hole, trailing 4-1 after three innings of play. The defense, during those early innings, committed three errors and gave up two unearned runs before settling down. Madison fought from behind and ultimately won the game in nine innings.

Madison's Kelsey Ross started on the mound for the Warhawks and, over five innings of work,

gave up four hits and two earned runs while striking out three. She also intentionally walked a batter. Elizabeth Fallas came on to pitch the final four innings for the win, giving up three hits, striking out two, and issuing one walk.

Tori Lipnicky was the offensive star of the game for Madison, going 3-for-5 with three RBIs. Ross (2-for-5, RBI) and Fallas (2-for-3, walk) each contributed two hits with Ross driving in the go-ahead run in the ninth inning. Kat Olson (1-for-3, walk) and Brittany Powers (1-for-3, walk) added Madison's other hits on the night.

Grant Massey's Madison High girls' soccer team has wins thus far over West Springfield, Falls Church, and Hayfield.



Madison Girls Looking To Get on a Soccer Roll

3-2-1 Warhawks aiming for their first district win this Friday night at Marshall.

By Rich Sanders

The Connection

ith the second half of the high school girls' soccer season having started up with district play last week, the Madison High Warhawks, while having played stretches of good soccer at 3-2-1, are still working to achieve bigger and better

"Up to this point in the season, the team is still a work in progress," said Madison head coach Grant Massey.

Madison had a tough start to the Liberty District schedule last Thursday, April 12 when it lost a home game to Stone Bridge,

Madison has not played a game since but is scheduled to play its second district game of the season this Friday night at cross-town rival Marshall. Game time is set for 7.

Massey has a good mix of seniors and underclassmen players on his roster. There is an expectation that sooner or later, the Warhawks will take off and put together their best soccer of the spring. Hopefully for Madison, the team will jell by the time the district playoffs begin on May 14. Massey is still working to piece together the best lineup as possible for his team.

"I don't think I have found our best formation yet, nor the right players to play in each spot," he said. "I know we can compete with the best in the region, but so far, we haven't been able to beat those teams."

BACK ON MARCH 13, Madison opened its season with a down-to-the-wire 2-1 overtime victory over guest West Springfield, a team from the Patriot District. The Warhawks followed that up with a definitive 5-0 road win at Falls Church High (National District) the following day.

A week later, in a non-district game against traditional Vienna-area rival Oakton (Concorde District), the Warhawks lost a 1-0 decision in the contest played at Oakton High School on March 21. That was Madison's first loss of the season and put it at 2-1.

Two days later, in another road game versus a Concorde District team, Madison played host Herndon to a 1-1 deadlock on March 23.

Madison got back into the win column on March 27 with a lopsided 8-0 win at Hayfield High (Patriot District) in its final game before spring break.

The Warhawks' only game since the Hayfield game was its Liberty opener late last week against the Bulldogs of Stone

The team is working hard to get better and better.

"I'm hoping by the end of the season we'll be settled with our line-up and will be able to win these close games," said Massey, referring to the nonwin close contests against Oakton, Herndon, and Stone

Madison's top players this season have been senior defender Vivian Le, sophomore defender Susie Carter, and senior forward Shaydah Naraghi.

Madison's next home game is scheduled for next Tuesday night, April 24 at 7 against district opponent Jefferson High.

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"Meagulpa"



By KENNETH B. LOURIE

As a veteran of the chemo wars, I should have been better prepared mentally for the food/taste challenges often caused by the infusion of such cancer-fighting chemicals, but I wasn't. Oh, I was ready for the hair loss, the fatigue, the diabetic-type neuropathy, the overall aches and pains (general feeling of discomfort/feeling out of sorts), but for some inexplicable reason, I wasn't ready for the food issue. Specifically, I refer to its lack of taste, and a directly-related effect: minimal interest in eating. Whether the effect/cause was in my head or in my taste buds, it was most definitely an effect from a cause.

Not that I appear, at present, to be the least bit undernourished (disheveled, maybe), or not in need of a modest reduction in weight; nevertheless, not being able to enjoy my daily bread, as but one example, was/is disappointing. Moreover, being one of the many individuals who uses food as a stress-reducer and oral-fixator, not being satisfied by any of my staples has made for a very dull boy. Not cranky. Not irritable. More like miserable. And this misery doesn't like company, and has made this four-time infusion much less palatable than I had anticipated. I had anticipated: been there done that; no problem. However, as experienced as I thought I was; having survived/endured six infusions (round one) three years ago, my overconfidence for this second round seems to have led me to a bit of an emotional thud. I thought I was going to slide through this treatment unscathed. Unfortunately, I have been scathed.

What upsets me most about my circumstances is that I think I should have known better, especially since I take such pride in trying to know better/be prepared (I'm not exactly a Boy Scout, but I am usually more on the ball). Yet I wasn't. And when the food began to taste bad a week or two after my second infusion (as if it were a surprise), emotionally I went south. Not only was I "disappointed" in the taste of food, I was more disappointed in my lack of awareness of a fairly likely/predictable occurrence when chemotherapy is infused. If Hostess Brands, the makers of Twinkies, Ding Dongs, Ho Hos, Cupcakes, etc., had not already filed for bankruptcy protection back in January, 2012; given my modest - and uncharacteristic – first quarter consumption of such delicacies, they likely would have been forced to file for bankruptcy in April of 2012. I wouldn't say however, that as an adult I've maintained the pace of my indulgent adolescence (almost a box a day); who could? But I have eaten my share (and a few others' shares. no doubt) and am proud of the hours I've spent satiated and of the product knowledge I've gained as a direct result. This second round of chemotherapy ended all of that. No taste, no pleasure. No pleasure, no patience. No patience, no happiness. And it's all my fault. I have been down this road before, bumpy as it was, and I should have been better prepared, mentally.

If there's one thing I believe I've learned during this whole cancer trip, and some wisdom I feel I can impart, it would be: managing expectations, both good and bad. Control what you can, don't worry about what you can't. Remember what you know and be mindful of what you don't. Expect the unexpected and don't take anything for granted. And though this food/lack of taste thing will pass soon enough, my arrogance in not preparing for/anticipating it will linger. I'll get over it, I suppose, but not before I've told you readers about it first.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

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News

Supervisors Urged to Restore Funding

From Page 4

ity, and being unable to find private therapists who didn't have a one or twoyear wait list nearly drove me over the edge," she said.

When one of Elena's doctors referred her to the ITC, Arlt Escoto said it was a lifeline for her and her daughter.º"They provided several therapy programs as well as a mom support group ... I am convinced that without ITC, Elena would not be nearly as functional as she is today." o

"I support a big chunk of those cuts being restored. Some are totally unacceptable, like ITC," said Supervisor Jeff McKay (D-Lee).

McKay said that the county's Infant and Toddler Connection touched his family in a profound and personal way. When his daughter Leann was 2 1/2, she stopped talking. At the time, she was attending the Bryant Early Learning (BEL) Center day care program in Alexandria, which referred her to the ITC. Through ITC, McKay's daughter received intense speech therapy for six month, and she completely regained her ability to speak. McKay said she is as chatty now as any fouryear-old.

"It was one of those eyeopening moments when you appreciate that much more where you live. It's such a small budgetary item, and I'm glad most people never need these services," McKay said.º "But it was a lifeline

McKay said alarm bells went off when he learned that the ITC was going to stop admitting early intervention clients because of budget cuts, especially when referrals to the agency are up 38 percent in the past two years.

"When I saw it on the cut list, my jaw dropped ... I am more than appalled; I am outraged," McKay said.

"Not only are these budget cuts abdication of our moral responsibility to our children but they are a poor financial decision."

Chairman Sharon Bulova (D-At-large) said individual testimony that demonstrates the value of the county's human services programs is always compelling.

"It absolutely matters when people are courageous enough to come before us to share their personal stories and experiences," Bulova said. o



Lisa Arlt Escoto of Vienna brought her daughter, Elena, 5, to testify during the Fairfax County Board of Supervisors public hearing on Wednesday April 11 about the "lifeline" the county provides through its Infant and Toddler Connection Program. "I was shocked to learn that the proposed Fairfax County budget does not include increased funding for the ITC," Arlt Escoto said.

"The sheer numbers of residents needing help means the county must play a large role in ensuring that needed services are provided."

-Supervisor John Foust (D-Dranesville)

"It is also important for us to identify efficiencies and delivery methods that best leverage our county investments in human services programs and services," Bulova said.

"Ultimately, our job is to listen, care and weigh all of the options," said Supervisor Linda Smyth, (D-Providence). "We always end up with more requests than money. We're in a much better place than most of the country, but that doesn't mean people are not still hurting."



U.S. Rep. Gerry Connolly (D-11) meets James McDonough of Vienna at his office.

Purple Heart for Vienna Veteran

Connolly presents Iraq veteran with Purple Heart Award.

Connolly (D-11) pre-

sented USMC CPL James McDonough of Vienna with the Purple Heart at his Annandale office. McDonough, who was injured by an IED attack on Sept. 27, 2005, has been waiting since March 2011 for the award.

In April 2011, DoD and the Marine Corps changed the eligibility requirements for the Purple Heart to include soldiers who were treated after an IED attack for traumatic brain injury. Under these new guidelines James qualified for the service award.

After struggling for nearly a year to get the Department of Defense to award his Purple

Rep. Gerry Heart, McDonough contacted Connolly's office in January, 2012. Connolly's office, led by Wounded Warrior staffer and Iraq War veteran Joe Weeren, contacted the USMC and explained that Mr. McDonough's service merited the award. After a series of phone calls with USMC, Connolly's office was notified in February 2012 that McDonough was approved for the Purple Heart.

> "We have a sacred obligation to the men and women who answer the call of duty," said "USMC CPL Connolly. McDonough proudly and courageously served our country. I am honored that my office was able to assist Mr. McDonough in receiving this distinguished award that he was rightfully due."

