Springfield Franconia * Kingstowne * Newington

From left, Emily Domingue of Lake Braddock Secondary School, Ji Young Lee of West Springfield High School, Alishia Sampene of Annandale High School and Sophia Kim of Robert E. Lee High School. The high school juniors were all American Association of University Women (AAUW) Diversity Award Winners during a ceremony at Braddock Hall in Burke on Thursday, April 26. Domingue creates Origami art (pictured) and sells it to support diversity programs.

pringtiel

Teens Promote Diversity

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Volunteer Police Officers Saluted At Ceremony News, Page 4

Ross/The Connection ORIA βΥ VICT Рното і

May 3-9, 2012

If you're happy with your dentures, *don't read this!*

WHY SUFFER WITH DENTURES?

For centuries, removable false teeth, or dentures, have been used to replace missing teeth. But denturewearers report that many undesirable side effects come along with this less-than-ideal solution: Dentures are uncomfortable to wear and often slip or click; they can cause bad breath, and require ongoing and inconvenient maintenance; they often result in a weak bite, a fake-looking smile and an overly active gagging reflex.

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I had friends who had dentures, so knowing what they had to deal with, I just refused to go down that road. ClearChoice was absolutely the best option for me!

- Joseph W., ClearChoice patient

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TYSONS CORNER: Stuart L. Graves, DDS, MS • Debora Armellini, DDS, MS • Samantha Siranli, DMD, PhD ROCKVILLE: Stuart L. Graves, DDS, MS • Ben Javid, DDS

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Breakfast of Champions: Fairfax County Supervisors stand with their nominees for the Community Champion award for outstanding community leadership at the 20th annual Volunteer Service Awards ceremony Friday, April 27 at the Waterford in Springfield. The event was sponsored by UnitedHealthcare.

Value of Volunteer Hours: \$4.5 million

Legacy of Community Service? Priceless.

By Victoria Ross The Connection

olunteers aren't paid, not because they are worthless, but because they are priceless." Eleanor Roosevelt's famous sentiment was echoed by numerous community and civic leaders who gathered at the Waterford in Springfield Friday, April 27, to celebrate 118 Fairfax County volunteers during the 20th annual Volunteer Service Awards hosted by Volunteer Fairfax.

"When you volunteer, you vote every day about the kind of community you want to live in," said Congressman Gerry Connolly (D-11), who delivered a short address to the more than 400 guests attending the region's largest celebration of volunteers.

"Even when the earth shakes us, we stand behind the enduring legacy of service in this community," said Jeanne Sanders, Volunteer Fairfax executive director, who showed

Supervisor Pat

for community

April 27 at the

sponsored by

a slide of the small bungalow on Page Street in Fairfax that serves as the nonprofit's headquarters. The building remained standing even after last summer's magnitude-5.8 quake rattled the region. "Nothing shakes our volunteer spirit," Sanders said.

Established in 1993, the Fairfax County Volunteer Service Awards honors individuals, groups and organizations which have donated time and energy to a broad range of activities and programs.

"Whether they are helping neighbors in need or building communities, volunteers are always finding new ways to continue the legacy of service," Sanders said, adding that this year's nominees volunteered 205,688 hours of service to the community, equivalent of eight hours a day, five days a week for one year, totaling \$4.5 million.

Volunteers were nominated in three categories: a competitive Volunteer Service Award; a Community Champion Award for outstanding community leadership, submitted by each member of the Fairfax County Board of Supervisors; and a Benchmark Award for volunteers who achieve a certain number of service hours performed in a calendar year.



Community Champions

Julie Clemente - nominated by **Chairman Sharon Bulova (D-At-large)**

Julie Clemente founded Friends of Clemyjontri Inc. in 2006 to raise money for park improvements. In 2011, Clemente organized and headed the effort to create the Friends of Clemyjontri website; worked with CapitalOne to create a credit card with a photo of Clemyjontri on the front to help raise funds for the park, and has created opportunities to raise additional funds. She raised nearly \$100,000 with the 2010 Concert in the Park (the 2nd Concert in the Park had been rescheduled from 2011 to April 21, 2012). The funds raised in 2010 and 2011 have allowed the park to purchase new equipment including a Liberty Swing (a wheelchair accessible swing), a new picnic structure, shade canopies, a new bike rack, musical drum circle, and other improvements. Her volunteer service has impacted many people, including local civic groups, local Boy Scouts earning badges and completing Eagle Scout projects, returning veterans known as 'wounded warriors,' and parents who have physically-disabled children.

The success of Clemyjontri Park has inspired the creation of the Family Recreation area at Lee District Park, including the Our Special Harbor playground and Chessie's BIG



Supervisor John Cook (R-Braddock) awards **Greg Sykes Commu**nity Champion for the **Braddock District for** his efforts supporting habitat preservation, sustainability, natural resource protection and Chesapeake Bay Watershed cleanups.

zen we hold up in Braddock as a great example to his neighbors. He has a passion for the environment and he's not afraid to get his hands dirty working on projects to make our community more in concert with Mother Earth," Cook said.

Don Hakenson - nominated by Supervisor Jeff McKay (D-Lee)

It has been said that you can't know where you're going, if you don't know where you've been. As a founding member of the Franconia Museum, Hakenson currently serves as the organization's Vice President of History. Particularly known for his "Both Sides" Civil War bus tours, he has utilized his passion

See Champions, Page 17



Fairfax County Board of **Supervisors Chair Sharon Bulova awards** Julie Clemente of McLean the at large **Community Champion** award at the 20th annual Fairfax County **Volunteer Service** Awards Friday, April 27.

and accessible tree house

Backyard playground

"Julie Clemente has touched many lives in Fairfax County," said Bulova. "Thanks to Julie's energy, dedication, generosity and compassion people of all abilities have the opportunity to share in recreational activities and enjoy the beauty of our community."

Greg Sykes - nominated by Supervisor John Cook (R-Braddock)

Always wanting to learn more about nature, Greg Sykes has been a prominent face of Royal Lake Park as a volunteer leader for more than five years with the Invasive Management Area Volunteer Program. An environmentalist in both his personal and professional life, Sykes is involved with additional causes such as habitat restoration, sustainability, natural resource protection, and Chesapeake Bay watershed

clean-up efforts. His work as a volunteer leader has received recognition through the 2008 Volunteer Excellence Award and the Elly Doyle Special Recognition Award in 2010.





Volunt

Fairfax County Board of Supervisors Chairman Sharon Bulova (D-Atlarge) awards Don Hakenson Community Champion for the Lee **District for his** volunteerism for numerous historical and civic organizations.

News



From left, back row: Lt. Paul Cuzzolino, APO Thomas Oliver, APO Athena Caul, APO Curtis Velasquez. Front row: APO Richard Majauskas, APO Ben Migiliaccio, APO Steve Smith, and APO Robert Reece.

Volunteer Police Officers Saluted at Ceremony

West Springfield, Franconia volunteers receive awards.

By Victoria Ross The Connection

e need a big golden arch, like McDonald's, and a sign that says more than one million served." Fairfax County Police Chief, Col. David Rohrer, was referring to the milestone achieved

by the county's Auxiliary Police Officers (APOs) during a recent ceremony honoring FCPD volunteers.

"You are part of our family," Rohrer said to the nearly 50 volunteers at the April 13 ceremony held in the Fairfax County Government Center. "We have great people and we're blessed to serve such a caring and engaged community." He noted that volunteers at police stations throughout the county complete the tasks of 31 full time jobs.

THE CEREMONY, which included remarks by Virginia Attorney General Ken Cuccinelli, saluted APOs as well as Volunteers in Police Service (VIPS) officers. Volunteer hours for 2011 totaled 64,670 hours.

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"I always try to attend these ceremonies," said Cuccinelli, who was late to the ceremony because he was stuck in traffic coming from Richmond. "They absolutely deserve to be recognized for the special service they provide to enhance the safety of our community."

Rohrer said surpassing one million hours of service for the APO program was a significant achievement for the FCPD.

"The milestone highlights the dedication and sacrifices these exceptional volunteers have made and continue to make to improve the department and the community," Rohrer said. Since the program was

established in 1983, a total of 446 APOS have served. "These men and women have answered the call to assist in all manner of events and natural disasters to ease the burden on paid officers," Rohrer said. Greenspring resident George White, who has spent more than four years volunteering at the West Springfield District police station as a VIPS, was one of only two volunteers who were awarded a special commendation recognizing exemplary performance. White volunteers approximately 70-80 hours per month working under a logistics specialist at the West Springfield police station. He helps to maintain more than 85 police vehicles at the station by doing mi-

nor maintenance on-site at the sta

See Police, Page 5



From left: Scott Inouye, number one of the first 100 in line; Joe Engert, owner of Chick-fil-A, cutting the ribbon; Daniel Engert, Joe's wife; Juliet Hall, business consultant of Chick-fil-A; and Gerry Webb, number 100 from the first 100 in line.

Chick-fil-A Opens in Springfield

ne hundred people camped outside of Chick-fil-A's newest store in Springfield for 24 hours before its opening, starting from 6 a.m. on April 25 through 6 a.m. on April 26, to receive a year's worth of free food (52 coupons) as part of Chick-fil-A's "First 100 Celebration."

Canopies were spread throughout the parking lot where campers spent the day playing cards, reading books, socializing and dancing the evening away. One couple, Jake and Libby Knupp, traveled all the way from St. Petersburg, Fla., for the opening celebration. They have been to 86 Chick-fil-A openings in 17 states. The Springfield location made it number 87 for them now. "Chick-fil-A got me out of the kitchen!" Libby Knupp exclaimed. Outside of their canopy, Libby had a large board displaying free meal coupons from each of the openings the couple attended.

Chick-fil-A is located at 6681 Backlick Road in Springfield.

— Amna Rehmatulla





Photos by Amna Rehmatulla/The Connection

Jake and Libby Knupp came from St. Petersburg, Fla., to attend Chick-fil-A's "First 100 Celebration" in Springfield. They have been to 86 Chick-fil-A openings in 17 states. The Springfield location celebration made it #87 for them now.

www.ConnectionNewspapers.com



Greenspring resident

George White has spent

more than four years volun-

teering at the West Spring-

field District police station.

News **Police Volunteers Honored**

From Page 4

tion - changing tires, replacing batteries and lights.

"These cruisers are essentially their offices, where the officers conduct their business," White said, stating the importance of operating vehicles that perform as expected. His service doesn't end there; White is willing and able to step in with whatever is needed at the station including setting up electronic signal boards or helping with general projects around the station.

After having spent 30 years in the Air Force, White finds that there are similarities to police and military work. "I volunteer because I like the similarities to my military background and I feel like I'm doing something important to the police mission," White said.

"I've liked the work very much," said White. "And the commanders are really appreciative and caring." One example of the concern for the volunteers is evident through the requirement by the West Springfield station commander that the VIPS wear bullet-proof vests for safety while driving police vehicles to the garage.

Franconia Station Assistant Commander Lieutenant William "Jake" Jacoby said he was proud that seven APOS assigned to the station were recognized during the ceremony.

"It was great to see all the men and women being honored for their hard work, dedication and sacrifice in serving the citizens of Fairfax County," Jacoby said. Lead APO Athena Caul was presented with the award for Auxiliary Police Officer of the Year; Thomas Oliver was awarded APO of the Year in the Crime Prevention category, and also was recognized for completion of 7,500 service hours; Anthony Butera received APO of the Year in the Training category for his hours of teaching officers about prescription drug abuse and laws; APO Curtis Velasquez was awarded a Commendation.

Be a Volunteer **Police Officer**

Interested in assisting law enforcement officers? Learn more about the duties and rewards of becoming one of these essential volunteer officers. The Fairfax County Auxiliary Police Unit is oting app ication next APO Basic Academy is set to begin January of 2013. If you are interested in applying, or learning more, email AuxiliaryPolice@Fairfaxcounty.gov or go to http://www.fairfaxcounty.gov/ police/jobs/auxiliarypoliceofficer.htm, and a member of the Auxiliary Police Unit will contact you.

States Air Force Lieutenant Colonel and pilot and has provided many hours of service assisting officers in active shooter training, according to Jacoby.

COMPLETION OF MILE-STONES in service hours were also awarded to APO Richard Majauskas with 2,500 hours, and

Velasquez is an active duty United APO Gary Gaal and APO Robert Reece both with 5,000.

> Virginia Attorney General Ken Cuccinelli lauded the volunteers for their sacrifice to the community during the Volunteer Awards Ceremony held at the Fairfax County Government Center on April 13.



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Springfield Connection & May 3-9, 2012 & 5

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Schools

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Eight Fairfax County Public Schools (FCPS) students have been awarded corporate-sponsored scholarships from the National Merit Scholarship Corporation. The students are part of a group of approximately 1,000 National Merit finalists chosen to receive scholarships financed by companies, foundations, and other business organizations.

Winners of the corporate-sponsored scholarships, with their probable career fields in parentheses, are:

Kristin Edwards of Lake Braddock Secondary School (conservation research), National Merit CSC Scholarship.

◆ Debbie Pan of Langley High School (medicine), National Merit CSC Scholarship.

 Lindsey Joost of Madison High School (journalism), National Merit General Dynamics Scholarship.

Weina Bao of Thomas Jefferson High School for Science and Technology (TJHSST) (engineering), National Merit Lockheed Martin Academic Scholarship.

Robert Campion of TJHSST (aerospace engineering), National Merit Honeywell Scholarship

Honeywell Scholarship.
 George Liang of TJHSST (biological engineering), National Merit Macy's Inc. Scholarship.

 Marvin Qian of TJHSST (medicine), National Merit Northrop Grumman Scholarship.

Mihir Srivastava of TJHSST (engineering), National Merit Accenture Scholarship.

The 2012 Robinson All Night Grad Party has designed commemorative ornaments in honor of the school's 40th anniversary and fleece blankets in blue or gold with embroidered "Robinson Rams" on the cornerCost for each is \$20. Visit www.robinson2012angp.org/ fundraising for links to order forms, or e-mail LBroadbent@aol.com.

Daniel Barnes of Thomas Jefferson High School for Science and Technology (engineering) has won the Achievement Scholarship from the 2011 National Achievement Scholarship program (NASP). The Achievement Scholarships are awarded to Black American high school seniors to be used for undergraduate study at any regionally accredited United States college or university.

Kelli Keith of Thomas Jefferson High School for Science and Technology (business) has won the Achievement Scholarship from the 2011 National Achievement Scholarship program (NASP). The Achievement Scholarships are awarded to Black American high school seniors to be used for undergraduate study at any regionally accredited United States college or university.

Michael Poussard of Thomas Jefferson High School for Science and Technology is one of the 28 Fairfax County Public Schools students performing Sunday, Feb. 20, at Carnegie Hall in New York City, as part of the wind ensemble Flutopia. The students will perform in A Breath of Fresh Air presented by the Distinguished Concerts International New York series as part of a larger concert. Among the pieces they will perform are "Eyes Wide Open" (Eric Jackson), "October" (Eric Whitacre), "Heaven's Light and Fate of the Gods," (Steven Reineke) and the overture to the "Marriage of Figaro" (Mozart).



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OPINION Reminders to Press Ahead for Housing

Spring discussion on hypothermia shelters could help preparations for winter.

n February, 2007, 59-year-old Robert Bruce Miller was found dead outdoors in Chantilly. Miller was homeless, known to businesses and residents in the area. He died of hypothermia, exposure to the cold.

Since that time, houses of worship and nonprofit organizations have stepped into the gap, providing shelter from the storm on a "no-turnaway" basis from November to March.

In Fairfax County, about 35 houses of worship provide shelter to approximately 1,000 homeless men and women during the winter months. Each year, various churches, synagogues, mosques and temples take turns providing space to provide food and shelter for the homeless population during the winter months. Last year, there were no hypothermiarelated deaths reported. Similar programs operate in Arlington and Alexandria.

An alarm went up over the past month as

some churches that have been providing hy- churches cannot make the changes needed by pothermia shelter heard that they could be barred from providing the service due to firecode violations. While some faith leaders said they had heard as many as 18 would be unable to reopen, Sharon Bulova

said that just four might have Editorial insurmountable fire code viola-

tions for serving as emergency shelters. Obviously no one wants to put both church volunteers and those seeking shelter at risk.

"Fairfax County has a unique partnership with our faith communities and non-profits. We are committed to serving the homeless population in a way that is compassionate and ensures their safety," Bulova said.

It's important to recognize that providing shelter from life-threatening conditions is in fact a government function. Faith-based organizations and nonprofits are stepping in on this issue and many others to provide leadership, inspiration and services, saving local governments enormous sums of money.

The county should consider if it might be appropriate for firehouses with capacity might be open in rotation as hypothermia shelters, staffed with church volunteers, if some fire code regulations.

More important is to recognize the need for hypothermia shelters as an indicator that we have not ended homelessness. Providing housing first to people who need a variety of services saves money and makes the most effective use of scarce resources.

Amanda Andere, head of FACETS, Catherine Hudgins, member of the Board of Supervisors, and others reminded the group concerned about the shelters that the real issue is housing

"Shelter is a temporary solution. We need housing," Andere said.

It is telling that many services are provided to the homeless men and women who come to the hypothermia shelters.

Housing advocates continue to press for more affordable housing. It's a goal that is urgent to keep in mind as Fairfax County looks at what is likely to be its last massive growth in development, the increased density and building around the county's coming Metrorail stations.

> MARY KIMM. MKIMM@CONNECTIONNEWSPAPERS.COM

Protecting Student Loan Rate

Interest rates for student loans will double on July 1 unless Congress acts soon.

> By Gerry Connolly U.S. Rep (D-11)

arely do I attend a gathering that in cludes Northern Virginia parents or high school and college-age students where I don't hear concerns about the rising cost of attending college and the financial strain it puts on so many families. Those concerns are magnified at the moment because interest rates for student loans will double on July 1 unless Congress acts soon to renew the current 3.4 percent interest rate.

I have cosponsored legislation in the House to retain the lower interest rate so today's college students and future students are not weighed down with additional interest debt, equaling about \$1,000 per year, as they strive to repay their loans for years after they graduate. Many young men and women are already struggling with repayment of their student loans for years after they enter the workforce. We shouldn't put an additional financial burden on their shoulders.

The current interest rate for Stafford direct student loans was locked in 2007 when a bipartisan majority in Congress passed the loan bill and President Bush signed it into law. That legislation expires on July 1 and the rate will jump from 3.4 percent to 6.8 percent on July 1 unless Congress acts to block the increase. Unfortunately, the House majority's Ryan budget plan, which I opposed, specifically includes an increase in the rate.

Late last week, the House Republican leadership reversed itself and pushed through a 8 Springfield Connection & May 3-9, 2012



bill to maintain the lower rate for just one year. Unfortunately, they added a poison pill to the legislation that would cut health screening and prevention programs for women and children, including breast and cervical cancer screenings. This will never

make it into law.

If Congress fails to renew the lower interest rate, the ramifications will harm not only 7 million student borrowers nationally, but it also will slow the momentum of our economic recovery from the worst recession since the Great Depression. In Virginia alone, 177,000 students will face increased financing costs of \$145 million next year. That is on top of the average 8.3 percent increase in college tuition costs last year.

Further increasing out-of-pocket costs for higher education will siphon money away from other activities that stimulate the economy, and it will depress enrollment in our colleges and universities at the very time we need to spur greater interest in higher education and innovation to remain competitive. Already, U.S. colleges and universities rank 27th globally for the number of graduates they turn out with science or engineering degrees.

I am committed in ensuring that Congress stops this rate increase. We cannot afford to scale back the historic investments our nation has made to make college more accessible to students and their families.

I was proud to support increasing the maximum Pell Grant award to the current level of \$5,550, and I opposed the recent House majority budget proposal to cut Pell Grant funding by \$166 billion and reduce benefits for 9 million students. In addition, I was pleased to help pass an increase in the tuition tax credit from \$1,800 to \$2,500. That tax credit alone has helped 4 million low-income students and their families achieve their dreams of attending college. Further, I supported legislation to allow qualified borrowers to deduct up to \$2,500 on interest paid on their student loans.

Congress must act soon to preserve the American dream of attending college. Access to higher education is essential for today's young people if they are to succeed in the modern, global economy.

Expanding access to and the affordability of higher education benefits is important not only for our young people and their families, but also for our nation's economic competitiveness and security.

Write Us

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors.

Letters to the Editor The Connection 1606 King St. Alexandria VĂ 22314 Call: 703-917-6444. By e-mail: south@connectionnewspapers.com



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SATURDAY/MAY 5

- **Braddock District Dems Derby Day** Celebration. 4-6:30 p.m. Kilroy's Restaurant & Sports Bar, 5250 Port Royal Road, Springfield. Celebrate the 138th running of the Kentucky Derby. Food, silent auction and more. \$40-\$2,500. Miller@marshall.org or 301-404-1221
- Benefit Buffet Luncheon. 11 a.m. Springfield Outback Steakhouse, 6651 Backlick Road, Springfield. An all-you-can-eat buffet including sliced steak, chicken, side dishes, non alcoholic beverages and dessert to benefit the Friedreich's Ataxia Research Alliance (FARA), an inherited disease that damages the nervous system. Live entertainment by Ocean Drive. \$20. www.curefa.org.

TUESDAY/MAY 8

Photo

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and

My

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Interfaith Communities for **Dialogue: Coming to America:** The Jewish, Christian, and Muslim Experience. 6:30 p.m. John Calvin Presbyterian Church. 6531 Columbia Pike, Annandale. With Rabbi David Kalendar, Imam Johari Abdul-Malik, Fr. Horace Grinnell. 703-324-3453.



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Springfield Connection & May 3-9, 2012 & 9

Wellbeing

Northern Virginia Residents Honored for Volunteer Efforts

Four locals receive Community Champions Awards for Health Care and Social Services to the Community.

By Marilyn Campbell

our Northern Virginia volcently. Edward Shahin of dria and Mattie Palmore and Kari Warren of Mt. Vernon received the Molina Healthcare Community Champions Award during a ceremony at the at the Stacy C. Sherwood Community Center in Group of Mt. Vernon. Fairfax.

Marie, Ed, Mattie and Kari — indipositive impact in the lives of others through their selfless work." said Dr. Jean Glossa, medical dimunity Health Care Network chair for the group's Family Emer- while pursuits. I have taken up of Mt. Vernon.

THE CONNECTION "Each of their stories is so inspir- tired physical therapist, she also past because it is giving of myself ing, and the work that they do to provides free physical therapy for better the health and well-being of clients at local free clinics. unteers were honored for their communities is so important. their charitable efforts re- It is our pleasure to not only rec- what one should do if one has the ognize these four winners, but also time and the opportunity," she said. McLean, Marie Markey of Alexan- to be able to support their worthy "The 'haves' should help causes."

Palmore and Warren were honored for their work to support vic- zen from McLean who tims of domestic violence through advocates on behalf of their organization, the Women's other Fairfax County se-

"This award means that the work teer work at Lewinsville "We are pleased to celebrate that we do is not done in vain," said Palmore. "We don't do the work one of the elected members of the their choice. Markey donated her viduals who have made such a that we do for recognition. We do McLean Community Center Govit to help the victims."

Markey, a volunteer at

(CHCN) for Molina Healthcare. gency Assistance program. As a re-

"I believe that helping people is

the 'have-nots." Shahin is a senior citiniors through his volun-Senior Center and as

erning Board.

causes on behalf of seniors and it is the most worthwhile thing that I have done. I am more proud of this award than any award that I have received for anything in the to help others."

The winners were nominated by community-based organizations and received \$1,000 grants to donate to nonprofit organizations of

"We don't do the work that we do for recognition. We do it to help the victims." - Mattie Palmore, Mount Vernon

grant to Annandale Christian Community for Action. Shahin gave his "I retired three times," said to the McLean Rotary Club Foun-Annandale Christian Community Shahin. "I was afraid to retire un- dation. Palmore and Warren gifted rector of the Fairfax County Com- for Action, is the coordinator and til I could fill my life with worth- their grant to the Women's Group



Four Northern Virginia volunteers receive Community Champions Awards for their service to the community. Pictured are: Dr. Jean Glossa of Fairfax County Community Health Care Network; Mattie Palmore and Kari Warren of Mount Vernon; Marie Markey of Alexandria; Ed Shahin of McLean; and Gloria Calderon of Molina Medical Group.

Local Safety Net Clinics Seek a Few Good Doctors

Specialty care physicians and other medical professionals needed to serve low income, uninsured patients.

> BY MARILYN CAMPBELL his job." THE CONNECTION

she rolled up her sleeves and went to to low-income, uninsured patients from work helping those in need. Markey local "safety-net" clinics. The project works as a volunteer twice each week at matches patients with local medical spethe Arlington Free Clinic, offering physi- cialists who volunteer their services. cal therapy to the clinic's low income and uninsured patients.

sure and diabetes."

munity. "If everyone did their part, the nutrition counseling and audiology testworld would be better place," she said. ing. "I had a patient once who was a con-"The event is ... an important initiahadn't received free therapeutic services munity Health Care Network. to help him recover, he would have lost Project officials say their most urgent diatrists and ophthalmologists," said a clinic that is right for them.

NOVA SPECIALTY ACCESS, a project hen Marie Markey of Alex- of the Northern Virginia Health Services andria retired from U.S. Air Coalition is looking for more volunteers Force as a physical therapist, like Markey to provide medical services

The coalition has reserved several days in May and June for medical profession-"The clinic fills a huge gap," said als, such as specialty care doctors, nurses, Markey. "We have people who walk in and nurse practitioners, to volunteer at who don't have access to medical care Head to Toe Specialty Clinics. The clinics for basic illnesses like high blood pres- will give patients enrolled at area safetynet clinics an opportunity to receive spe-Markey is motivated by a sense of cialty health care services, including diaresponsibility to give back to the com- betic eye screening, foot care, diabetic

struction worker. He'd had back surgery tive where community members have the and needed physical therapy to recover opportunity to get the health screenings fully. He didn't have insurance and they need," said Sterling resident Karen couldn't afford to pay for therapy. If he Rudat, nurse manager for Fairfax Com- shortage is of physicians: "Our greatest suggested that those interested in the

Volunteers Needed

"Head to Toe" Specialty Clinic for low income, uninsured patients. ♦ Saturday, May 19th- : Loudoun Free Clinic,

224-B Cornwall St, Leesburg

- Saturday, June 2nd-2: Community Health Care Network, Bailey's Crossroads - - 6196 Arlington Blvd, Falls Church, Va.
- Saturday- , June 30:0th- Prince William Area Free Clinic, St. Margaret's Clinic, (also for patients of the Family Health Connection) 13900 Church Hill Drive, Woodbridge,Va.
- Two volunteer shifts: 8:30 a.m. 12:00 p.m.noon and 11:00 a.m. - 2:30
- p.m.Volunteers needed to fill the following Registration Volunteers
- Translators
- Audiologists
- Nursing Volunteer Podiatrists
- * Volunteers must be 16 years or older. For medical professional roles, volunteers will need a valid Virginia license. On-site entation provided. To volunteer, email

TO VOLUNTEER CONTACT:

manager@novaspecialtyaccess.org or call (5/1-) 235-35/

volunteer needs are for audiologists, po- services visit http://novaclinics.org to find

Ulrich. "If there are other specialists that come forward, we would add other services as well. The program is ongoing and we're hoping to generate interest even if it is not on these specific dates." Health care professionals must hold a

Virginia license and volunteer in an area that is consistent with their licensure.

VOLUNTEERS ARE CRITICAL to the mission of the clinics.

"We work with a fantastic group of volunteer physicians, mostly specialists. We are so grateful for their generosity as they give their time and talent to increase the quality and access to care," said Dr. Jean Glossa, medical director, Community Health Care Network of Fairfax County and Molina Healthcareo "Without them, I don't know how some of our most vulnerable patients would be able to get the specialty care they need when they need it the most."o

Services and availability vary from clinic to clinic. To be eligible for service at the safety-net clinics, patients must be adults who have a household income of 200 percent or less than the federal poverty level and no health insurance.^o Ulrich

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Alexandria resident, Marie Markey, volunteers her time to low-income uninsured patients at the Arlington Free Clinic. Local safety-net clinics are looking for volunteers particularly specialty care doctors and nurses.

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Springfield Connection & May 3-9, 2012 & 11

Calendar

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

FRIDAY/MAY 4

- "West Side Story." 7:30 p.m. South County Secondary School, 8501 Silverbrook Road, Lorton. Musical drama about two rival gangs, the Sharks and the Jets. \$10, \$9 students
- and seniors. southcountytheatre.org. **"Oklahoma!"** 7 p.m. Edison High School, 5801 Franconia Road, Alexandria. Rogers & Hammerstein's musical drama. Adults \$8, students and seniors \$6. 703-924-8014 or www.edisondrama.com.
- "Wizard of Oz." 7 p.m. West Springfield High School, 6100 Rolling Road, Springfield. Based on L. Frank Baum's book. \$5-\$10 mjlevesque@fcps.edu.
- Robinson Crew Team Annual Plant Sale. 10 a.m.-8 p.m. Burke Nursery & Garden Center, 9401 Burke Road, Burke. Proceeds benefit the Robinson Crew Team, a nonfunded Fairfax County sport. Prepurchase \$10 certificates from a rower or print out a flyer at www.robinsoncrew.com.

SATURDAY/MAY 5

- **Public Reception: Creature Comforts.** 5-7 p.m. Workhouse Arts Center, 9601 Ox Road, Lorton. An installation and sculpture exhibition that explores the idea of things that make people comfortable in everyday life. Exhibit open May 4-27. www.workhousearts.org.
- Public Reception: Microwave **Project.** 5-7 p.m. Workhouse Arts Center, 9601 Ox Road, Lorton.



Molly Keeter as Glinda the Good Witch with Brittany Morgan as the Wicked Witch. Based on L. Frank Baum's book, "The Wizard of Oz" will be performed at West Springfield High School, 6100 Rolling Road in Springfield, at 7 p.m. on May 4-5. There will also be a 2 p.m. ASL interpreted matinee performance on May 5. \$10 adults, \$5 age six or younger and age 65 or older, with the May 5 ASL performance \$8 general admission. mjlevesque@fcps.edu.

- Temporary pop-up, "micro" galleries, focusing on site-specific installation art. Exhibit open May 4-27. www.workhousearts.org. Public Reception: Urban Decay. 3.
 - 7-11 p.m. Workhouse Arts Center, 9601 Ox Road, Lorton. The aesthetics of urban low-brow art, an underground visual art movement.
- The exhibit will be open June 1-24. www.workhousearts.org. "West Side Story." 7:30 p.m. South County Secondary School, 8501
- Silverbrook Road, Lorton. Musical drama about two rival gangs, the Sharks and the Jets. \$10, \$9 students and seniors. southcountytheatre.org. "Oklahoma!" 2 p.m. and 7 p.m. Edison High School, 5801 Franconia Road, Alexandria. Rogers & Hammerstein's musical drama. Adults
- \$8. students and seniors \$6. 703-924 8014 or www.edisondrama.com. HO Scale Model Trains and Lego Model Trains. 12-5 p.m. Fairfax Station Railroad Museum, 11200

Fairfax Station Road, Fairfax Station. Displays and running trains. \$3 adults, \$1 children. www.fairfax-

- station.org or 703-425-9225. New Dominion Chorale. 4 p.m. George Mason University Center for the Arts Concert Hall, 4400 University Drive, Fairfax. Mendelssohn's Elijah, featuring soprano Esther Heideman, alto Laura Zuiderveen, baritone Timothy LeFebvre, tenor Issachah Savage and the New Dominion Chorale. Tickets \$5-\$30, available at cfa.gmu.edu/ tickets, 703-993-2787, www.tickets.com or 888-945-2468.
- Book Talk and Signing. 1 p.m. Sully Government Center, 4900 Stonecroft Blvd., Chantilly. Fairfax County Alumnae Chapter of Delta Sigma Theta Sorority, Inc present Victoria Christopher Murray, author of "Sinners and Saints."
- artsandletters@fcacdst.org. **"Home."** 10 a.m. and 1 p.m. Studio 3 Theatre for Young Audiences, Workhouse Arts Center, 9601 Ox Road, Lorton. The story of footloose travelers, Florrie and Todd, searching for a home of their own. www.WorkhouseArts.org.
- **"Wizard of Oz."** 2 p.m. and 7 p.m. West Springfield High School, 6100 Rolling Road, Springfield. Based on L. Frank Baum's book. \$5-\$10. The 2 p.m. show will be an ASL interpreted performance for \$8.
- mjlevesque@fcps.edu. U.S. Navy Band Chamber Recital. 3 p.m. Westwood Baptist Church, 8200 Old Keene Mill Road, Springfield. Free. 703-451-5120.
- Family Fun: Art is in the Air. 2 p.m. Green Spring Gardens 4603 Green Spring Road, Alexandria. Use natural objects to create works of art. \$6. Register at 703-642-5173 Designer Collection in a Pot. 9:30

a.m. Green Spring Gardens 4603 Green Spring Road, Alexandria. Tips for container gardening, plants and soil included in fee. \$45. Register at 703-642-5173.

Off-trail Birding. 7 a.m. Huntley Meadows Park, Harrison Lane and Lockheed Blvd. in Alexandria. Binoculars and field guides recommended. \$6. Register at 703-768-2525.

SUNDAY/MAY 6

- HO Scale Model Trains and Lego Model Trains. 1-4 p.m. Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Displays and running trains. \$3 adults, \$1 children. www.fairfaxstation.org or 703-425-9225.
- Wetlands Awareness Day. 12-3 p.m. Huntley Meadows Park, Harrison Lane and Lockheed Blvd. in Alexandria. Celebrate the importance of wetlands. Register at 703-222-4664
- Choral Evensong. 5 p.m. St. Andrew's Episcopal Church, 6509 Sydenstricker Road, Burke. A service of music, contemplation and prayer. Music of Herbert Howells and Craig Phillips by the St. Andrew's Adult Choir and organist Jay Wilcox. Free will offering. 703-975-5583 or libbyfike@speakeasy.net.

MONDAY/MAY 7

Garden Sprouts: Showers of Seeds. 11 a.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. For ages 3-5. Learn how seeds grow, travel and adapt. Snacks. crafts and more. \$5. Register at 703-642-5173.

See Calendar, Page 13

Worship The LOWA Board and GM invite you to: Lake of the Woods Realtors' Open House May 6 • 1:00 P.M. to 4:00 P.M. Locust Grove, VA 22508

(Rt. 3 between Culpeper & Fredericksburg) Visit www.LOWA.org for more information The best-kept secret on the East Coast! A Gated, Recreational Community with 24/7 security. Two lakes, clubhouse, restaurant, 18-hole PGA golf course, community center, teen center, nine beaches, equestrian center, fitness center, walking trails, campground, and much more.

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much expression in his face and it makes your day when he looks at you. This German Shepherd mix is so sweet you'll want to snuggle with him all day, but give him the chance to wow you with his personality some of the time. He and his brother were thrown from a car and left to fend for themselves. His hind leg was broken in three places, however, he has had surgery and is totally healed now. This 3-year-old boy is ready for a new home and someone special to love. Send in your dog application to us today and be the first in line to meet a wonderful new friend. Attri-

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From Page 12

THURSDAY/MAY 10

- **National Foster Care Month** Appreciation. 6:15 p.m. Adolescent and Family Growth Center, Inc., 8000 Forbes Place, Springfield. In honor of National Foster Care Month, paying tribute to families and the work of therapeutic foster parents. 703-425-9200 or www.afgcinc.com.
- Belle Haven Women's Club 2012 **Spring Fashion Show.** 7:30 p.m. Belle Haven Country Club, Fort Hunt Road, Alexandria. \$60-\$70 pre-paid. 202-302-0357.
- Garden Stroll and Tea. 1-3 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. An elegant English afternoon tea. For age 13 and up. \$27. Register at 703-941-7987.
- Story Time. 10 a.m. Caribou Coffee, 11947 Grand Commons Ave., Fairfax. With Miss Elise, children's director at Fairfax Circle Church, reading "Old Bear" by Jane Hissey. 703-815-2001.

FRIDAY/MAY 11

- An Evening with The Avett **Brothers.** 8 p.m. George Mason University Patriot Center, 4500 Patriot Circle, Fairfax. \$39, available at www.ticketmaster.com or 1-800-745-3000. Accessible seating is available for patrons with disabilities at 703-993-3035.
- Overkill. 6 p.m. Empire, 6355 Rolling Road, Springfield. \$22-\$25. www.empire-nova.com
- **Overkill Belphegor, Aborted, Black** Guard, System Divide and Diamond Plate. 8 p.m. Empire, 6355 Rolling Road, Springfield. 703-569-5940 or www.empire-nova.com.
- "West Side Story." 7:30 p.m. South County Secondary School, 8501 Silverbrook Road, Lorton. Musical drama about two rival gangs, the Sharks and the Jets. \$10, \$9 students and seniors. southcountytheatre.org.
- Basic Gardening: Plants with a Punch. 1:30 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Soil preparation, mass plantings and more. \$10. Register at 703-642-5173.

SATURDAY/MAY 12

- Fairfax Symphony Orchestra. 8 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. With pianist Adam Golka. Britten's Sinfonia da Requiem, Debussy's La Mer, Ravel's Concerto for the Left Hand, and Elgar's Enigma Variations. Free pre-concert discussion for ticketholders at 7 p.m. Tickets \$25-\$55. info@fairfaxsymphony.org.
- 2nd Saturday Art Walk. 6-9 p.m. Workhouse Art Center, 9601 Ox Road, Lorton. Meet each building's

SEPA

featured artist, a reception in W-16 from 6-7 p.m. and more. www.WorkhouseArts.org Celebrate Communication 2012.

- 10 a.m.-3 p.m. George Mason University's Center for the Arts, 4400 University Drive, Fairfax. The area's
 - premier expo for the deaf and hard of hearing communities, with 50+ exhibitors on all topics relating to deafness and hearing loss, including the latest in hearing assistive technologies and wireless technologies. Free.
- boleary@nvrc.org.
 Clifton Caboose Twilight Run. 6
 p.m. The Big Red Barn, 7139 Main St., Clifton. 5K & 1 Mile Fun Run/ Walk. \$15-\$21, 703-968-0740 or
- www.cliftonva.org. "West Side Story." 7:30 p.m. South County Secondary School, 8501 Silverbrook Road, Lorton. Musical drama about two rival gangs, the Sharks and the Jets. \$10, \$9 students and seniors. southcountytheatre.org.
- Symposium on Historic Clothing. 9:30 a.m.-4 p.m. Pohick Episcopal Church, 9301 Richmond Highway, Lorton. Topics include "The 18th Century Woman" with a display of original clothing and accessories, "The Federal Era's Virginia First Ladies-Martha Washington, Dolley Madison, and Elizabeth Monroe" and "The Ceaseless 18th Century: How 18th Century Fashion Influenced Dress in the 19th, 20th, and 21st Centuries." Tickets \$65-\$75, including lunch and a tour of the historic church. Register at 703-339-
- 8196 Art on the Block. 2-6 p.m. Historic Occoquan. Over 55 local artists will be participating, with a reception at each participating gallery. janemernst@verizon.net
- * Art A La Carte, 310 Mill St. Artwork by 20 artists. Artists' Undertaking Gallery, 309 Mill
- St. The works of 16 local artists. Kelly's Artbox, 304 Mill St. Works by
- Kelly Statbox, Soft Mill St. Works by Kelly Campbell.
 The Loft Gallery, 313 Mill St. Artwork by 21 local artists.
- Meet the Artist Reception. 1-4 p.m.
- Studio 3 Theatre for Young Audiences, Workhouse Arts Center, a two-headed monster, an unscrupulous baker, a lonely witch
- www.WorkhouseArts.org. Community Yard Sale. 8 a.m.-1 p.m. Robert E. Lee High School Main Parking Lot, 6540 Franconia Road, Springfield. Proceeds benefit R.E. Lee High School athletics programs. 703-440-4015 or

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Park Manager Walk and Talk. 5-7 p.m. Huntley Meadows Park, Harrison Lane and Lockheed Blvd. in Alexandria. Talk with Park Manager Kevin Munroe. Free. Ages 12 and up. 703-768-2525.

Evening Walk. 7:30 p.m. Huntley Meadows Park, Harrison Lane and Lockheed Blvd. in Alexandria. Hike the trails after dark, listen for owls and frogs. \$6. 703-768-2525.

Fairfax Jubil-Aires Barbershop **Chorus: A Salute to the Troops** and Moms. 2 p.m. and 7 p.m. Ernst Theater, NVCC Annandale Campus, 8333 Little River Turnpike, Annandale. Barbershop chorus and quartet singing. \$20, military in uniform half price. www.fairfaxjubilaires.org or 703-975-7844.

SUNDAY/MAY 13

- Virginia Chamber Orchestra Spring Concert "Sunday in the Woods". 4 p.m. Ernst Community Cultural Center, Northern Virginia Community College – Annandale Campus, 8333 Little River Turnpike, Annandale. Emil de Cou, Music Director. Two Debussy works as arranged for orchestra: Diane Overture and Operatic Love Duet from Diane au bois. Adults \$25, seniors \$20, students free. Reception to follow. 703-758-0179 or www.virginiachamberorchestra.org.
- D.R.I. 6 p.m. Empire, 6355 Rolling Road, Springfield. \$17-\$20. www.jaxxroxx.com.
- Mother's Day Cruises. 1 p.m., 3 p.m., 5 p.m. and 6 p.m. Lake Accotink Park, 7500 Accotink Park Road, Springfield. Cruiser the shores of Lake Accotink. \$5 Moms, \$6 other adults, \$5 children age 3 and up Register at 703-569-0285.
- Mother's Day Tea. 1-3 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. For ages 8 and up. \$27. Reserve at 703-941-7987.
- Rythms Around the World. 1 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Virginia Virtuosi string trio. For age 5 and up. \$2. Register at 703-642-5173.

MONDAY/MAY 14

Kittie. 5 p.m. Empire, 6355 Rolling Road, Springfield. Springfield. \$15-\$17. www.empire-nova.com.

THURSDAY/MAY 17

40th Annual Charity Homes Tour and Silent Auction. 9:30 a.m.-6 p.m. Historic Clifton. Live music and silent auction. Lunch available at Clifton eateries or Paradise Springs Winery will offer box lunches with prior reservation. \$10-\$30. Proceeds support the Clifton Community Woman's Club Charitable Trust. www.cliftoncwc.org.

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News

Teens Promote Diversity

Students find creative ways to promote diversity through volunteering.

By Victoria Ross The Connection

oanna Shows remembers what it was like to be held back, just because she was a woman.

In the late 1940s, she told her college advisor that she wanted to be a world history teacher. He told her to stick to something "more appropriate for a woman," insisting she could not possibly teach world history because she had not fought in any war.

The rebuke stung.

"It was that moment, and I think everyone has those moments, when I knew I wanted to do something to level the playing field," Shows said.

To level the playing field, Shows, a retired Lake Braddock world history teacher, launched the annual American Association of University Women (AAUW) Diversity Awards ceremony for the Springfield-Annandale AAUW chapter.

"The community should be proud to know many high school girls, on a significant level, are consistently working to promote better understanding and appreciation of the differences among people in our society," Shows said.

This year's awards went to four high school juniors, who received grants from Apple Federal Credit Union. The ceremony was held Thursday, April 26, at the Braddock Hall in Burke.

The Winners:

Alishia Sampene – Annandale High School

Sampene works with fourth graders at Bren Mar Park Elementary School. "I help with their homework, and I love the fact that they only look at inside of a person, not at the outside," Sampene said. She also tutors students in Friends from Ghana two to three times each week. "I try to challenge them to make friends and give a helping hand," she said. "I like to teach that when you give, it will be given back to you."

*** Emily Domingue** – Lake Braddock Secondary School

Domingue, who has traveled the globe with her military family, recently lived in Indonesia before enrolling at Lake Braddock last year. "I went to an International School where there were most Korean students, so I was the minority. Diversity is such an amazing thing to me," she said. To support various nonprofits that emphasize cultural diversity, she creates and sells origami art. She also created wristbands to help flood victims from Indonesia.



Diversity Award Winners: From left, back row: Emily Domingue and Sophia Kim; front row: Ji Young Lee and Alishia Sampene. The high school juniors were all American Association of University Women (AAUW) Diversity Award Winners during a ceremony at Braddock Hall in Burke on Thursday, April 26.

"The community should be proud to know many high school girls, on a significant level, are consistently working to promote better understanding and appreciation of the differences among people in our society." — Joanna Shows

* Sophia Kim – Robert E. Lee

Kim volunteers her time with a social

and recreation club that helps teens

with special needs that meets at Wash-

ington Irving Middle School. "It's a very diverse group. The stu-

dents have taught me to be open-minded, and open my eyes to all

* Ji Young Lee –West Spring-

the great people around me.

High School

. . .

field High School Lee volunteers her time giving tours with the Smithsonian's Korean Arts Foundation. Since 2010, she has given tours to promote the culture and language of Korea.

"It's thrilling to think of people walking out of the tours with new information," Lee said. "I give tours to all ages and nationalities – children, bored teens, adults, and grandparents, who usually give me a treat. It's a wonderful way to broaden people's views on other cultures."

Area Students Win Top Honors in Virginia History Day Competition

airfax County Public Schools (FCPS) students from Springfield Estates Elementary School and West Springfield High School won top honors in their respective groups in the 2012 Virginia History Day competition, held recently in Williamsburg.

First place winners for their entry in the Junior Group Website category were Mekedas Belayneh and Michael Krause of Springfield Estates Elementary School for "What Hath God Wrought?" Deborah Witt is their teacher.

First place winner for her entry in the Senior Individual Exhibit category was Samantha Perlstein of West Springfield High School for "The Haitian Revolution." Cathleen Boivin and Brian Plancich are her teachers.

Also winning awards at the Virginia History Day competition were:

♦Karen Adjei of West Springfield High School, second place for "Black Panther Movement," and Kris Kang of West Springfield High School, third place for "Dorothea Dix and the Asylum Movement" in Senior Individual Website.

◆Drake Dixon and Andrew Park, in June.

Burke Residents Recognized

olunteer Fairfax, along with the Fairfax County Board of Supervisors, honored 117 local volunteers during the 20th Anniversary Fairfax County Volunteer Service Awards sponsored by UnitedHealthcare on Friday, April 27, at the Waterford at Springfield in Springfield. The Awards is one of the largest community-wide recognition events for volunteers.

In Burke, the following residents have been nominated for a Fairfax County Volunteer Service Award:

Shavonn Austin volunteered at Shelter House, and is nominated for the Adult Volunteer 250 Hours & Under Award.

Doris Crawford volunteered at Special Olympics Virginia, Northern Virginia, and is nominated for the Senior Volunteer Award.

Carol Devery volunteered at Northern Virginia Training Center, and is nominated for the Adult Volunteer 250 Hours & Under Award.

 Peggy Emery volunteered at Northern Virginia Therapeutic
 Riding Program, and is nominated for the Adult Volunteer
 250 Hours & Under Award.

Denise Kaelin volunteered

airfax County Public Han of West Springfield High Schools (FCPS) students from Springfield otics" in Senior Group Website.

Amanda Nguyen, Morgan Akers, and Maggie Rabe of West Springfield High School, second place for "China's One Child Policy" in Senior Group Exhibit.
Kylee Bush of Whitman Middle School, second place for "Suck It Up and Drive on Soldier—PTSD" in Junior Individual Exhibit.

Madeleine Poisson of Fairfax High School, second place for "We Will Not Be Silent: the German Student Resistance" and Megan Kitts of West Springfield High School, third place for "Baroque Music" in Senior Individual Documentary.

Lauren Miller, Miranda Grier-Spratley, and Marjorie Mika of Springfield Estates Elementary School, won a special award the Naval Order of the United States Award in Naval History in the Junior Division—for their entry, "The Revolution of the Steamboat."

Students who earned a first or second place award are eligible to compete in the National History Day competition at the University of Maryland, College Park, in June.

at MVLE, Inc., and is nominated for the Adult Volunteer 250 Hours & Under Award.

Sandra Koontz volunteered at Fairfax CASA, and is nominated for the Adult Volunteer 250 Hours & Under Award and the Benchmark 250 Award.

Ralph Soto volunteered at South Run RECenter, and is nominated for the Benchmark 250 Award.

Allison Wulff volunteered at Special Olympics Virginia, Northern Virginia, and is nominated for the Youth Benchmark 100 Award.

The Fairfax County Volunteer Service Awards honors volunteers who are dedicated to improving life in Fairfax County. Whether they are helping neighbors in need, or building communities, volunteers are always finding new ways to continue the Legacy of Service, the theme of this year's event. Individuals and groups will be honored for their work supporting such causes as mentoring children, the arts, healthcare programs, therapeutic recrerescue, homelessness and hunger.

For more information about this year's nominees, or to purchase tickets, visit volunteerfairfax.org.





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News Community Champions

From Page 3

of the past to educate others by presenting to numerous historical and civic organizations throughout the region. We are lucky to have Don Hackenson—his thorough and precise historical scholarship AND his ability to make our history come alive is a wonderful asset," McKay said.

Ned Foster – nominated by Supervisor Pat Herrity (R-Springfield)

Whether removing numerous tires, a truck cab, or various sized mattresses, Foster's work with the Friends of Little Rocky Run has had a positive effect on all residents of Fairfax County. His clean-up efforts have removed more than 3,000 garbage bags— that's more than 50 tons of discarded waste being cleared from Little Rocky Run's watershed, providing the community with cleaner water and a beautiful landscape.

Adult Over 250 hours -Terri Baker of Fairfax

To volunteer in the Fairfax County Animal Shelter, it is a given that the person should love animals. However, it is important to enjoy working with people as well. To ensure a match, Baker spends as much time as necessary so that each animal has created a strong bond with their potential adopter. Along with her volunteering on site, she also takes her work home. In 2011 alone, she fostered 15 pit bull pups; more than any other dog foster at the shelter. Baker's impact has been, and continues to be far-reaching. New volunteers benefit from her years of experience and thorough knowledge of the shelter. Members of the public receive top-notch customer service and detailed advice on shelter dogs. Each dog receives the kind and caring attention of a tireless canine advocate.

"Terri's passionate advocacy for shelter dogs is tempered by the realities of the challenges we face. She has wisdom and grace, and I have found myself admiring her more and more with each interaction," said Rebecca Jewell, Volunteer Coordinator at the shelter.

Fairfax Volunteer Program -Fairfax County Animal Shelter Foster Program

Whether bottle-feeding neonatal animals, training puppies, or caring for turtles, the Fairfax County Animal Shelter can always depend on their Foster Program

volunteers. In 2011, 410 animals were loved and cared for by dedicated foster volunteers in their own homes, many whose health would have been challenged had they stayed at the shelter until they reached adoption age. Because of the foster program, the shelter is no longer constrained to helping animals just within its four walls. Through their efforts, these animals are returned to the shelter and adopted into loving homes. Residents of Fairfax County who adopt a fostered animal benefit from the labor of love that is foster care.



Supervisor Pat Herrity (R-Springfield) awards Ned Foster Community Champion for the Springfield District for his efforts helping remove more than 3,000 garbage bags from Little Rocky Run.



From left: Fairfax County Board of Supervisors Chairman Sharon Bulova (D-At-large) and Chris Mullens, executive director of UnitedHealthCare, present Terri Baker of Fairfax with a Volunteer Service Award. Baker was recognized for volunteering more than 250 hours last year at the Fairfax County Animal Shelter.



Members of the Fairfax County Board of Supervisors award Rebecca Jewel and Kat Cornell a Volunteer Service Award. Jewel and Cornell accepted the award on behalf of the Fairfax County Animal Shelter Foster Program, which helped foster 410 animals in 2011.

> "I see all the wonderful things that volunteers do for the animals in our care. For four and a half years, I managed the foster program and truly believe that each foster volunteer is a personal hero to the animals in their care. At times, I find it almost unbelievable that our organization is so lucky to benefit from such truly compassionate, selfless and giving individuals. The lives saved through their efforts number in the hundreds," said Rebecca Jewel, Volunteer Coordinator of the Fairfax County Animal Shelter.

OPEN HOUSES SATURDAY & SUNDAY, MAY 5 & 6



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				RE/MAX 703-289-6763
4307 Kenwyn Ct	\$655,000	Sun 1-5	Kathy Bradshaw.	Weichert 703-893-1500
9103 Meadow Rue Ln	\$575.000	Sun 1-4	Kris Walker.	Weichert703-821-8300
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19841 Rethnage Ct	\$674 900	Sun 1-4	Deh Gorham	Long & Foster 703-581-9005
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10863 Oak Green Ct	\$319,000	Sun 1-4	Monica Adams.	RE/MAX703-434-9400
				Weichert703-862-8808
6109 Eagle Landing Rd	\$679,500	Sun 1-4	Carol Hermandorfer.	Long & Foster 703-503-1812
6117 Windward Dr	\$425,000	Sun 1-4	Jeremy Cunningham.	Redfin 703-955-1832
9013 Parliament Dr	\$547,777	Sun 1-4	Bev Tull.	RE/MAX 703-963-0163
Centreville				
15072 Stillfield Pl.	\$699.900	Sun 1-4	Larry Swanson.	Long & Foster 703-850-9813
15237 Surrey House Way	\$569,900	Sun 1-4	Donny Samson	Samson Props 703-864-4894
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				Long & Foster 703-503-1812
12662 Braddock Farms Ct.	\$949,900	Sun 1-4	Jamil Mourtaza.	Weichert703-472-3819
13602 Union Village Cir	\$559,900	Sun 1-4	Damon Nicholas.	.Coldwell Banker 703-502-8787
7529 Evans Ford Rd	\$749,900	Sun 1-4	Carol Hermandorfer.	Long & Foster 703-503-1812
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10526 James Wren Way	\$599,000	Sat 1-4	Blase Berner.	Weichert703-934-0400
11124 Popes Head Rd	\$820,000	Sun 1-4	Monica Adams.	RE/MAX 703-434-9400
11310 Bulova Ln	\$649,900	Sun 1-4	Chris Lail.	Red House 703-623-1173
4036 Chestnut St	\$415,000	Sun 1-4	Barbara Noll	E-Realtors 703-795-2516
2926 Savre Bd	\$1 795 000	Sun 1-4	Milt Drewer	TTR Sothebys 703-319-3344
5536 Payford Ct	\$363,000	Sun 1.30-/	Cris Dean	
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				Long & Foster 703-969-0471
				Long & Foster 703-503-1812
8303 Pinyon Pine Ct	\$767,900	Sun 1-4	Christine Shevock.	RE/MAX 703-475-3986
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6668 Roderick Loop	\$255,000	Sun 1-4	Larry Askins.	Keller Williams 703-850-8176
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				McEnearney 703-960-5858
				Long & Foster 703-822-0207
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				Long & Foster 703-822-0207
//U/G Haynes Pt. Way #6.	\$282,000	Sat 11-3		. Tristate Premier 703-658-8790
			orton	
8863 Bennington Blvd	\$568,900	Sun 1-3	Terri Bolduc.	.Coldwell Banker 703-763-1950
7583 Aspenpark Rd	\$289,999	Sat 1-3	La Greta Gibson.	Weichert 866-441-4649
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919 Swinks Mill Rd	\$1,449.000	Sun 1-4		Weichert 703-201-7723
		Spri	ngfield	
7414 Exmore St	\$329,000	Sun 1-/	Michael Anastacia	Keller Williams 703-501-1000
7720 Jewelweed Ct	\$300 000	Sun 1./	Michael Malferrari	
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Sports



Lake Braddock junior Alex Gransback hit a grand slam against Woodson on May 1 during the Bruins' 9-2 victory.

LB Baseball Versatile in Victory Bruins beat Woodson with power, pitching and execution.

By Jon Roetman The Connection

fter falling behind early in Tuesday's game at Woodson, the Lake Braddock baseball team put on a third-inning display of offensive versatility.

First it was sophomore Jack Owens loading the bases by laying down a sacrifice bunt so well-placed it turned into a hit. Two batters later, junior Alex Gransback cranked a grand slam over the center-field fence. Junior Alex Lewis then doubled off the fence in center and later stole third. After junior Mitch Spille delivered an RBI single, senior Matt Spruill executed a perfect hit-and-run, rolling a single through the right side of the infield where the Cavaliers' second baseman once stood.

LAKE BRADDOCK tallied six runs in the frame and cruised to a 9-2 victory on May 1 in Fairfax. The win improved Lake Braddock's record to a Northern Region-best 16-1, and showed how many different ways the Bruins can beat an opponent in the batter's box and on the base paths.

"We have the opportunity on offense to be able to win games in a lot of different ways," head coach Jody Rutherford said. "Tonight, we were able to do a couple things. Really, the situation of the game dictates what we're going to do. It's good to have options offensively.'

With so many weapons at his disposal, Rutherford faces the challenge of not over-thinking his options.

"It's one of those things where you feel like you overdo it every time you get thrown out stealing a base or something like that," Rutherford said. "It's great when the hit-and-run works, but if the guy swings through it and we get thrown out, it doesn't work. You've got to not force the issue and let it come to you in the right situations based upon who's at bat and who's on the bases.'

While craftiness and execution played a role in the Bruins' offensive output, the most influential blow delivered by the Lake Braddock lineup was a product of power. With the bases loaded and one out in the top of the third, Woodson pitcher Mike Thomas was one strike away from inching closer to escaping 18 Springfield Connection Star 3-9, 2012

a monumental jam. Instead, Gransback launched a 3-2 fastball to deep center, giving the Bruins a lead they would not relinquish.

"I think it just really changed the momentum of the game," Gransback said. "We were down [by two runs], not as loud and intense ... and it just shifted from there."

WOODSON ENTERED each of the first four innings with a different pitcher and used seven throughout the contest. Head coach Chris Warren said spreading the workload among the Cavaliers' staff was a way to deal with a three-game schedule this week. The strategy didn't stop Lake Braddock from producing at the plate.

"They're a good team and they put the ball in play," Warren said. "... We didn't really do the things we needed to do to stay in the game. At the end of the day, when you play a good team, you have to make plays, you have to eliminate mistakes and unfortunately, we just didn't do that tonight."

Lake Braddock senior Dylan O'Connor, Owens, Spille and Spruill each had two hits.

"I thought it was kind of a good idea," Gransback said of Woodson's pitching strategy. "I've never seen it. It worked for a few innings."

While the Lake Braddock offense produced nine runs, starting pitcher Michael Church bounced back from allowing two in the second. Woodson had five hits in the frame, including a pair of infield singles, but Church wasn't rattled. After the Bruins took the lead with six runs in the top of the third, Church retired the next seven batters he faced and 11 of the final 13. He pitched six innings, allowing seven hits and two walks while striking out five on his way to a win.

"I've always been taught to keep my composure on the mound," said Church, who will play at James Madison University next season. "If you show emotions on the mound, [an opponent is] just going to feed off that. ... [Gransback's grand slam] was huge. Down 2-0 — and I had a lot of pressure on me before that — but then after that it gave me a two-run lead, gave me some insurance runs. I'm just happy to have such a good offense to work with."

Woodson will travel to face Lee at 6:30 p.m. on Friday, May 4. Lake Braddock will host Annandale.



Lee High junior pitcher Will Smith has worked his way into the Lancers' starting rotation this season.

Smith Leads Lancers to Win Junior right-hander leads Lee High to their first Patriot win.

"Will did an

outstanding

locations."

– John Dowling,

Lancers' head

coach

job of

By Rich Sanders The Connection

ee High baseball pitcher Will Smith threw a complete game shutout for the Lancers in their 3-0 Patriot District home win over T.C. Williams last Friday night, April 27.

The win was the fourth of the district triumph.

The Lancers' other wins this spring have come over Edison High, Wakefield, and Brentsville District (Nokesville).

changing Smith, over seven innings against the speeds and Titans, allowed three hits, walked two, and struck out three.

Lee's offense was buoyed by Nick Atwell (2 hits, 2 RBI, 1 run) and Jack

Milewski (2 hits, 1 run).

Smith, on the mound, kept T.C. batters off balance much of the game.

"Will did an outstanding job of changing speeds and locations," said John Dowling, who is in his first year as the Lancers' head coach. "He was able to get in on the hands of righties with his fastball and keep the lefties off balance with his curveball, which is really improved from the beginning of the year."

Smith, a junior right-hander, had just the three strikeouts but often made the Titans hit his pitch, meaning he was pinpointing his pitches well and hitting the corners. The Lancers' played a good game defensively as well.

"He pitched to contact and we played good defense behind season for Lee (4-12) and first him which was critical as we've been inconsistent

> defensively this year," said Dowling. "When we play solid defense and throw strikes we can compete in our district. The challenge now is to do that night in and night out against some very good teams. Will has thrown well for us all year. He pounds the zone and I think he's growing more confident each outing.

He's a different player when he's pitching."

Smith was utilized out of the bullpen earlier in the season.

"We were primarily using him in a relief role but he has worked his way into the rotation with his last few outings," said Dowling.

Lee was scheduled to play district games this week at West Springfield on Tuesday, May 1 and home against Woodson this Friday night, May 4 at 6:30.



High-risk obstetrician Cara Heuser of Springfield won first place in the amateur division of the Ms. Virginia Pole Dance America Fitness Competition held on April 28 at the Crystal City Hilton.



Erin Ries Haydu of Fairfax competes in the April 28 Ms. Virginia Pole Dance America Fitness Competition held at the Hilton Crystal City. Haydu is a personal trainer and group fitness instructor and was looking for a challenging workout: "I spend all day teaching others to be fit and I needed something for myself."

Displaying Strength and Flexibility

Twenty competitors — 14 amateurs and six professional pole dancers participated in the Ms. Virginia Pole Dance Fitness Competition held Saturday, April 28 at the Hilton Crystal City. The event comprised three rounds, the compulsory round during which competitors performed pole routines without music to demonstrate strength, flexibility, stamina, balance and overall athletic ability; a second round during

which competitors are interviewed and asked to answer questions posed by the judges, demonstrating their communication skills, and a second performance round with a longer routine set to music and judged on technique and theatrical skills.

Competitors use two poles in their routines — a static pole and a spinning pole. Certain skill sets and moves must be demonstrated during a routine on

both poles for competitors to receive high scores, much like gymnastics or ice skating competitions. Winners advance to regional competition.

Moses Carroll, the producer of the event, said that pole dancing is a rapidly growing sport: "It is another way to do fitness and to do gymnastics," with numbers of fitness pole dance studios growing significantly in the past 10 vears.

— Deb Cobb

Three Years Probation For Marriage Fraud

Yong Hyon Kim, 50, was sentenced in federal court to probation following his conviction for conspiracy to commit marriage fraud and making false statements to federal agents.

Kim – both a Korean national and a lawful, permanent U.S. resident - was indicted Nov. 17, 2011 by a federal grand jury on those two charges, as well as alien harboring, inducing an alien to come to the United States and immigration document fraud.

Kim owns the 395 Collision Center in Springfield and, in a statement of facts filed Jan. 19 with his plea agreement, he admitted recruiting his general manager to enter into a fraudulent marriage with his (Kim's) girlfriend so she could remain in the U.S. She was actually an illegal alien from South Korea, but Kim claimed she worked at his business.

However, according to the statement, she really worked as a madam at a Korean room sa-

entreville resident lon in Falls Church known as "Tomato." After the marriage, Kim then helped his girlfriend obtain immigration benefits and purposely misled U.S. Citizenship and Immigration Services into believing that the marriage was legitimate.

> In addition, Kim lied to federal agents who were investigating the fraudulent marriage when he claimed that he was not dating his girlfriend. Authorities said he agreed to forfeit more than \$29,000, as well as the Mercedes that he used for transporting his girlfriend.

> Kim pleaded guilty, Jan. 19, in U.S. District Court in Alexandria before Judge Anthony J. Trenga. He returned for sentencing on April 13 and, at that time, he was placed on three years probation.

> U.S. Immigration and Customs Enforcement investigated this case. Special Assistant U.S. Attorneys Michael J. Frank and James S. Yoon prosecuted it on behalf of the United States.

> > — Bonnie Hobbs



Fairfax County COMUNITY CLEAN-UP					
<u>SATURDAY, MAY 5</u>					
Household Hazardous					
Waste Disposal					
from 9 a.m. to 2 p.m. at the Mason Governmental Center (6507 Columbia Pike, Annandale).					
Household Hazardous Waste from residents will be accepted at no charge. We will <u>not</u> accept business or commercial waste, lead acid batteries, automobile batteries or propane tanks.					
For complete details, go online to www.fairfaxcounty.gov/recycling,					
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