

The  
Arling

# Prom Night

SCHOOLS, PAGE 2

Washington-Lee  
High School students  
Jessica Berrios and  
Jose Vasquez dance at  
their Prom on Satur-  
day evening, June 2  
at the Key Bridge  
Marriott.

## Wellbeing

PAGE 13

## Riding for MS

NEWS, PAGE 3

## Yorktown Girls' Soccer Falls in Region Semifinals

SPORTS, PAGE 11

## On the Ballot

NEWS, PAGE 3

## Honoring WW II Veterans

NEWS, PAGE 3

ATTENTION POSTMASTER:  
TIME SENSITIVE MATERIAL.  
REQUESTED IN HOME 6-7-12

PRST STD  
U.S. POSTAGE  
PAID  
EASTON, MD  
PERMIT #322

CIRCULATION  
VERIFICATION  
COUNCIL



## Hanging Baskets

Buy 1,  
Get 1 - 1/2 price



## Japanese Maples

**30% OFF**  
Over 200 Varieties

**25% OFF**  
All Trees & Shrubs  
2011 Stock Only



## Early Blooming Shrubs and Perennials 25% Off



Bulk Mulch  
Playground Chips  
Organic Compost  
**\$24.99/Sq. yd.**

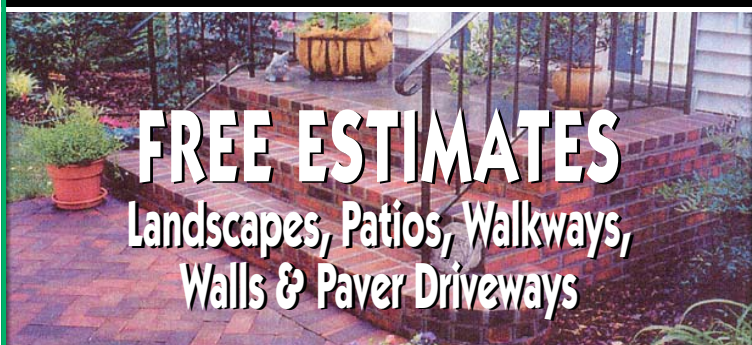
**Impatiens**  
**97¢**  
Reg. \$1.89



**50-65% Off**  
**Pottery**

Washington Area's Biggest Selection

**Shredded Hardwood Mulch**  
3 cu. ft. bags **Only \$3.49** Additional delivery charge



**FREE ESTIMATES**  
Landscapes, Patios, Walkways,  
Walls & Paver Driveways

[www.cravensnursery.com](http://www.cravensnursery.com)

Like us on  for special offers!

**Cravens  
Nursery &  
Pottery**

9023 Arlington Blvd.,  
Fairfax, Virginia  
2 miles west of I-495 on Rt. 50.  
1 mile from I-66 (Vienna Metro)  
**703-573-5025**  
Open 7 days a week

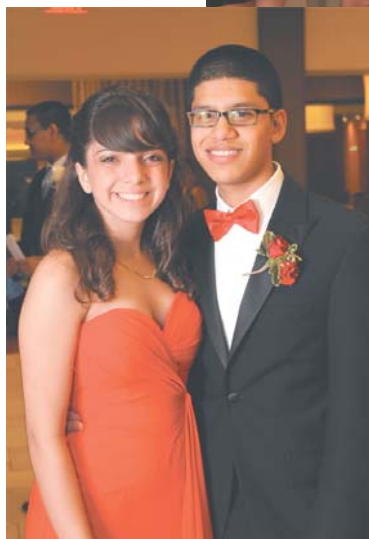
## SCHOOLS

### Prom Night

PHOTOS BY  
LOUISE KRAFFT/  
THE CONNECTION



Washington-Lee High School students are greeted in the lobby of the Key Bridge Marriott by teachers and staff at Prom on Saturday, June 2.



Sheila and Christian Urbian



Rigo Salgubro and Daniella Penaranda.



Waseef Syed and Caroline Fitzgerald



Jose Benitez,  
Mary Weinar  
and Gazal  
Amer.



Jocelyn  
Carbao and  
Jhoxelin  
Portillo.



Daphne Bascope and Maite Calderon.





Phil Franke and Bruce Stanly, Springfield; Fred Marcellus, Alexandria; Andrew Hitz, Centreville; and Agustin Faundez, Reston; with leader Roger Whitworth on right.

## Knights Host Texas Veterans

World War II  
visitors honored.

BY MICHAEL MCMORROW  
THE CONNECTION

**M**ore than one person asked why the Knights of Columbus in Northern Virginia would extend dinner invitations to more than 50 visiting World War II veterans from Texas.

The answer provided by one of the Edward Douglass White Council 2473 leaders, Owen Beirne, is "Why not? The dates are close to Memorial Day when we all should be thanking our veterans. With modern banquet facilities and willing member-volunteers, we easily — and gladly — can accommodate dinners for special guests like these."

Sam Anderson is group leader for the independently-sponsored visit. The sponsor is Brookshire Grocery Company of Tyler, Texas. Although independent, the company fully coordinates its annual flights with Honor Flight Network, the nationwide organization that has brought thousands of WWII veterans to see their memorial in Washington. "Our company considers it a privilege to honor the men and women who stepped forward to sacrifice for us and who made possible the good life that we all enjoy to this very day," said Anderson.

Anderson also voiced pleasure at the way the Knights of Columbus pitched in to help, dealt with bad weather and schedule delays, and brought an enthusiasm to the event that matched that of Brookshire.

Several entertainments were provided over two evenings. The first, Whitworth Brass Quintet, greeted the visitors with marches and ragtime tunes. Throughout the year, the ensemble meets

SEE HONORING WWII VETERANS, PAGE 7

## On the Ballot

Voters to determine Republican and Democratic candidates for House and Senate.

BY MICHAEL LEE POPE  
THE CONNECTION

**E**lection officials are expecting an extremely low turnout for the June 12 primary, ranging from 3 percent in Arlington to 15 percent in Alexandria. Fairfax County election officials don't make predictions, although requests for absentee ballots indicates next week's election is not expected to bring large numbers of voters to the polls.

"It's not quite dead," said Fairfax County Registrar Cameron Quinn. "But on the other hand, the door is not exactly being pulled off the hinges with people coming in our office to vote."

Republican voters will be choosing between four candidates to be their nominee for the November election, when the winner of next week's election will face former Gov. Tim Kaine to fill the seat vacated by incumbent Sen. Jim Webb. The frontrunner in the race is former Gov. George Allen, who lost the seat to Webb six years ago. But Allen has three challengers — tea party favorite Jamie Radtke, Del. Bob Marshall (R-13) and Chesapeake minister E.W. Jackson.

"Having three opponents is good for Allen because all of the anti-Allen vote will be splintered, and there's been no indication that he's in any trouble in the primary," said Kyle Kondik, analyst with the University of Virginia Center for Poli-

### REPUBLICAN CANDIDATES FOR SENATE

♦ Jamie Radtke  
♦ George Allen  
♦ Bob Marshall  
♦ E.W. Jackson

### DEMOCRATIC CANDIDATES FOR HOUSE

♦ Jim Moran  
♦ Bruce Shuttleworth

tics. "We can read the tea leaves all we want about what percentage of the vote he gets, but it would be a shock if he didn't win."

Democratic voters will be choosing between longtime incumbent U.S. Rep. Jim Moran (D-8) and challenger Bruce Shuttleworth, a first-time candidate. Shuttleworth has attempted to attack Moran on many of the same themes as several of his recent challengers, accusing the 10-term congressman of using his power as an elected official to help campaign contributors and himself. Some Moran supporters were concerned that a Texas-based, anti-incumbent political action committee known as Campaign for Primary Accountability would help Shuttleworth. But that financial support never seemed to materialize.

"It doesn't seem like Campaign for Primary Accountability has put much of a commitment into this race, which probably means they don't think there's much of a potential for Moran to lose," said Kondik. "So my assumption is that Moran is fine."

Election officials in Alexandria are predicting the highest turnout, SEE BALLOT, PAGE 5

## Area Residents Ride To Support MS Research

Helping to raise awareness as well as funds.

BY SARAH CARROLL  
THE CONNECTION

**O**n June 9, the National Multiple Sclerosis Society's local chapter will host Bike MS, the 30th annual event in which bikers seek sponsors to raise money and awareness for multiple sclerosis research. This year's event, called Ride the Riverside, begins and ends at the National Harbor and lasts overnight. Participants can ride between 30 and 150 miles.

MS is an autoimmune disease whose symptoms often include muscle weakness, lack of balance and coordination and difficulty speaking and swallowing, among

other things. The event has drawn residents of Alexandria and Arlington, many of whom have friends or family members with MS or have been diagnosed with the disease themselves.

Laurie Erdman, a holistic health coach from Arlington, initially participated in Bike MS three years ago. Her friend had previously been diagnosed with MS and her husband, Bennett Minton, was sponsoring a team. Her experience with MS changed when she was diagnosed two years ago. "It became personal after that," she said via telephone.

Minton, who works for KPMG, has participated in Bike MS since 2009. "I did pretty well, raised a lot of money," he said via tele-

phone. "Six months later my wife got MS. Then we got serious about it."

Minton said that his wife has treated her symptoms by changing her lifestyle. She took a nutrition course online and now helps people who have autoimmune diseases, which in addition to MS include diabetes, Parkinson's disease and other illnesses.

John Edwards, a software engineer in Alexandria, also has MS; he was diagnosed in 2006 after a climbing trip. Before his diagnosis, he was an avid cyclist, rock climber, mountaineer and kayaker. Although he considers himself lucky that he does not have limited mobility or loss of motor control, he experiences pain, numbness and spasms. "I wanted to do things to help find a cure

SEE MS BIKE FUNDRAISER, PAGE 5

PHOTO CONTRIBUTED



Laurie Erdman and Bennett Minton of Arlington



# OPEN HOUSES IN ARLINGTON JUNE 9 & 10

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com) and click on the "This Week in Real Estate" link.  
**Call Specific Agents to Confirm Dates & Times**

## 22201

213 N. Fillmore St.....\$1,495,000..Sun 1-4.....Ron Cathell.....Keller Williams..703-975-2500  
2437 13th Ct, N.....\$899,900..Sun 1-4.....Julia Avent.....RE/MAX..703-850-6606  
2502B Fairfax Dr.....\$699,000..Sun 1-4.....Michelle Sagatov.....Fall Properties..703-402-9361  
2503 18th St, N.....\$1,295,000..Sun 2-4.....Francis O'Dea.....American Realty..703-981-8597  
3118 17th St, N.....\$1,629,000..Sun 2-4.....Ruth Boyer O'Dea.....American Realty..703-338-2277  
316 N. Kenmore St.....\$990,000..Sun 2-4.....Agnes Davis.....American Realty..703-508-3235  
3211 N. 1st Rd.....\$720,000..Sun 1-4.....Ron Cathell.....Keller Williams..703-975-2500  
823 N. Lincoln St.....\$1,149,000..Sun 1-4.....Ron Cathell.....Keller Williams..703-975-2500

## 22203

3706 6th Rd., N.....\$1,275,000..Sun 2-4.....Nancy Manning.....American Realty..703-850-9476  
5870 N. 1st St.....\$1,095,000..Sun 1-4.....Dave Lloyd & Assoc.....Weichert..703-593-3204

## 22204

20 S. Aberdeen St.....\$587,500..Sun 1-4.....Jim McGarity.....Long & Foster..703-283-7509  
3829 7th St S.....\$575,000..Sun 1-4.....Christina Wood.....Keller Williams..202-714-9817  
5138 S. 12th St.....\$385,000..Sun 1-4.....Natalie Garcia.....McEneaney..703-525-1900

## 22205

1616 N. George Mason Dr..\$699,900..Sun 1-4.....Dave Lloyd & Assoc.....Weichert..703-593-3204

## 22207

4390 Lorcom Ln #402.....\$210,000..Sun 1-4.....Moira McCormick.....Coldwell Banker..571-244-6767

## 22213

6918 N. 30th St.....Mid \$600's..Sun 1-4.....Mara Gemond.....Fall Properties..703-585-2430

**For an Open House Listing Form,  
call Deb Funk at 703-778-9444 or e-mail  
[debfunk@connectionnewspapers.com](mailto:debfunk@connectionnewspapers.com)**

**All listings due by Monday at 3 P.M.**

## PEOPLE

# Stacker in Summer Junior Olympics

**Eleven year old is current  
U.S. National Champion, a  
two-time World Champion.**

BY ASHLEY SIMPSON  
THE CONNECTION

While some pre-teen boys are playing in house league basketball and soccer games, 11-year-old William Polly of Arlington is gearing up for the AAU Junior Olympics in Houston, Texas, to take place July 25-27. He will be competing in sport stacking, which Polly said he began when he was nine years old.

"When I was in kindergarten, what they call after-care [at my school], they had it [the cups for stacking], and then I got a set for Christmas," William said. "I never used it because it wasn't interesting to me at the time. But then there was a commercial for it, and there was a kid who was really fast on the commercial, and that encouraged me to start again. And I wanted to beat him."

And that, William did.

Sport stacking is not as well known as other sports in the Junior Olympics, and William said this will be the first year stacking is a Junior Olympic sport. Sport stacking involves stacking small plastic cups in different structures series of pyramids. There are three events: the 3-3-3, which involves nine cups; the 3-6-3, which involves 12 cups; and then there is "a routine called the cycle, which is a little bit more complicated," said William.

Tournaments are promoted and sanctioned by the World Sport Stacking Association, William's mom, Laura, said, and "anyone can participate."

"You just have to register, and then you can compete," she added. "There are tournaments all over the world, and this association sanctions them. If a tournament is sanctioned, stackers can set records — from state to world. So the kids go to the website for this association to find tournaments. If you do well enough at the state and regional level, you can be invited to be a member of Team USA."

It was William's second-ever tournament in which he was invited to become a member of Team USA.

"It was my Mid- Atlantic Regional Tournament in Delaware, my second tournament ever. It was a year after my first tournament, so I was new to it. So I



**William Polly, son of Kris and Laura Polly of Arlington, competes in sport stacking.**

tried my hardest there and won two events, and the judges invited me to be on Team USA," he said.

He was 10 years old at the time, he said. Now at 11, after two and a half years of stacking, he is the current U.S. National Champion, a two-time World Champion, and will be a Junior Olympian in the sport this summer.

Laura Polly said that "certain tournaments have been designated as Junior Olympics qualifiers, so kids who finish in the top five in any event for in their age division at a qualifying tournament are invited to go to the Junior Olympics."

William said the feeling of excelling at the sport is indescribable.

"It feels really good to know that I've accomplished something that I didn't know I could accomplish," he said. He added that he practices three to four hours a day, but enjoys every minute of it.

His success has led to appearances on the Tonight Show With Jay Leno last summer, and last month on Live! With Kelly.

As an ambassador of the sport, he said he tries to spread the love of stacking. "Once I teach one person, I hope they teach another person, and it just progressively gets bigger and bigger. I want the sport to be as well known as tennis and basketball."

"There's a huge YouTube community all over the country, and all over the world really," Laura Polly said. "The kids are keeping up with each other mostly on a daily basis through the Internet, which is really the way they constantly drive each other to improve; competitions can be few and far between."

While William said he will be practicing more with the Olympics coming up, his father, Kris, said, "It's a very good- natured sport among the kids and their families."

## ARE YOU DREAMING OF SUMMER?

SPENDING TIME ON A  
LADDER IS A DREAM  
COME TRUE FOR US.  
CALL US FOR A FREE  
ESTIMATE.



**703-684-7702**

[www.techpainting.com](http://www.techpainting.com)

## TWO POOR TEACHERS

**Kitchen and Bathroom Remodeling**

**We Bring the Showroom to YOU!!**



**Free Estimates  
703-969-1179**

Select your remodeling products from our Mobile  
Kitchen and Bathroom Showroom and Design Center!!



[www.twopoorteachers.com](http://www.twopoorteachers.com)

Fully Insured & Class A Licensed  
EST. 1999

**Standard & Premium  
Bath Specials!**

**Starting at  
\$4,950**

**Visit our website  
for details!**



## Joining in Bike MS Fundraiser

FROM PAGE 3

mostly because it's so difficult to deal with," he said via telephone. "I wouldn't want anyone else to go through the same thing I do.

Edwards' fundraising has received support from his friends and colleagues, with whom he has formed a team. His company provided team jerseys.

In April, he sponsored a fundraising event at his home, where he showed a documentary on MS. According to Edwards, he received "really good support from the local cycling community."

As of June 4, Minton is ranked third on the Top 10 Participants list with \$12,005 and Edwards is ranked fifth with \$5,510.

Like Edwards, Jennifer Weiss of Arlington started

a team to participate in Bike MS. Weiss initially rode with a group called Babes on Bikes, then recruited men and women to join her team, which has raised almost \$500,000. "It's amazing how many people have actually been touched by the disease," she said via telephone. "I [ride] because I care about [curing it]. In the 12 years since I've been involved MS has gotten some actual advances in treatments so we feel like we're really making a difference."

In 2011 the National Multiple Sclerosis Society simplified the criteria used to diagnose MS, which will expedite future diagnoses, and is seeking marketing approval for new drug therapies. It also helped fund a study that identified genetic factors associated with the development of MS.

## Ballot for Congressional Candidates

FROM PAGE 3

in part because of the hotly contested primary for Alexandria City Council. That race features 14 candidates seeking six slots on the Democratic ticket for November. Alexandria registrar Tom Parkins says the city could see as much as a 15 percent turnout, which would translate to about 12,000 voters. That's based on turnout from the last time Moran had a closely contested primary race in 2004, when he faced a challenge from Andrew Rosenberg. Alexandria Democrats have traditionally used a firehouse caucus to determine its slate of City Council candidates, which brought about 2,000 voters to the polls. That means next week's election is expected to have about six times as many voters.

"Because there are so many candidates, that could

make a difference," said Parkins. "If you have several candidates that really organize and get people out, we could see those numbers go up."

Arlington, by contrast, is expecting an extremely light showing at the polls. Although Arlington voters had 12 percent turnout for a special election in March for the Arlington County Board, Registrar Linda Lindberg says next week's primary is not expected to draw nearly as many voters. So far, requests for absentee ballots have been sparse. So she's expecting turnout on Election Day to follow that trend. That could mean anywhere from 3 percent to 8 percent.

"Interest in this election has been pretty light," said Lindberg. "But who knows? Things could change between now and June 12."

## If you suffer from both chronic GOUT & HEART DISEASE



local doctors need your help with a research study testing an investigational medication.

This research study needs men at least 50, and women at least 55, who suffer chronic gout and have experienced a heart attack, hospitalized unstable angina, stroke or complications due to diabetes.

If you have chronic gout and a history of cardiovascular disease call or log on to our web site to learn more about this study. The information we learn from this study could help millions.

**GOUTSTUDYNOW.COM**  
**(571) 210-1830**

## Free Remodeling & Design Seminars!

Sat., June 9<sup>th</sup> — 10am-2pm

Where: 5795B Burke Centre Pkwy, Burke, VA 22015 (behind Kohl's)

Thinking of remodeling? This event is the perfect opportunity to take advantage of free expert advice with no obligation. Learn about the hot topics you should consider when remodeling.

### Saturday's Seminars:

- 10 Tips for a Stress-Free Remodel
- How to Finance Your Remodel
- Reinventing Your Home for Today's Lifestyle

Seminars run from 10am-Noon.

Lunch to follow.

Please arrive at 9:45am for check-in.

Seating is limited. Call Sara at 703.425.5588 to reserve your seats!

Special thanks to our sponsors:

**tailored living**

CLOSETS • GARAGES • PANTRIES

TailoredLiving.com/Reston

Todd Carter | 703-707-0009



DecorAndYouDC.com

Sandra Hambley

703-599-0648

**SUN DESIGN**

design/build | additions | kitchens | baths | basements | outdoor spaces

703-425-5588 SunDesignInc.com info@SunDesignInc.com



**KAPPA**



**Scholarship Endowment Fund**

ALEXANDRIA-FAIRFAX (VA) ALUMNI CHAPTER  
OF KAPPA ALPHA PSI FRATERNITY, INC.

**WIN DREAM BMW  
FOR ONLY \$100**

**DONATED BY BMW OF STERLING  
THOMAS A. MOOREHEAD  
CEO/PRESIDENT**



OTHER PRIZES INCLUDE  
**CASH, LUXURY WEEKEND  
GETAWAYS & SPA PACKAGE**  
MONTHLY DRAWING OF \$250 PER ELIGIBILITY

DONATED BY BMW OF STERLING  
THOMAS A. MOOREHEAD  
CEO/PRESIDENT

**\$100 CONTRIBUTION REQUIRED**  
PROCEEDS TO BENEFIT SCHOLARSHIP PROGRAM

MORE INFORMATION:  
**703.765.6343 EXT. 8**  
email: afksefbmw@afkapsi.com  
**WWW.AFKSEFBMW.COM**



# OPINION

## Primary Voting

Statewide primary on  
Tuesday, June 12.

**O**n Tuesday, June 12, Virginia will hold a statewide Republican primary for U.S. Senate, plus numerous more local primaries for U.S. House of Representatives and localities.

In the City of Alexandria, there is a critical and hotly contested contest for City Council, which has been chronicled by Alexandria Gazette Packet reporter Mike Pope. You can read the coverage online here: <http://www.alexandriagazette.com/news/Election/Alexandria>

Alexandria, Arlington and parts of Fairfax County are affected by the Democratic primary for the 8th district of U.S. House of Representatives, with U.S. Rep. Jim Moran facing former Navy pilot Bruce Shuttlesworth. The winner will face Republican Patrick Murray of Alexandria in November.

Reston and some other parts of Fairfax County, represented by Moran for the past 10 years, will now be in District 11; incumbent Gerry Connolly will face the winner of next week's Republican primary in November. Voters in the Republican primary in district 11 will choose between Ken Vaughn and Chris Perkins.

There is no primary for either party in the 10th Congressional District. U.S. Rep. Frank Wolf (R) will face Democrat Kristin Cabral in November.

In the U.S. Senate Republican Primary, George Allen faces Bob Marshall, Jaime Radtke and E.W. Jackson. The winner will face Democrat Tim Kaine in November.

Connection coverage of the Senate and Congressional races so far is available at <http://www.connectionnewspapers.com/news/Election/National/>

EDITORIAL

### UPCOMING ELECTIONS AND VOTER INFORMATION

❖ Virginia State Board of Elections website at [www.sbe.virginia.gov/](http://www.sbe.virginia.gov/)

❖ Fairfax County Office of Elections website at [www.fairfaxcounty.gov/elections](http://www.fairfaxcounty.gov/elections) or contact the Office of Elections at 703-222-0776, TTY 711.

❖ Arlington County Office of Voter Registration, 2100 Clarendon Blvd., Suite 320, Arlington, 703.228.3456, TTY 703.228.4611. <http://www.arlingtonva.us/departments/voterregistration/voterregistrationmain.aspx>

❖ Alexandria Board of Elections, 132 North Royal Street, Alexandria; 703.746.4050. <http://alexandriava.gov/Elections>.

## TAPS Supports Loved Ones on Memorial Day

Connecting those who lost loved ones in war.

BY DENISE LEW  
THE CONNECTION

**D**espite being one of the hottest days in the spring so far this year, thousands from all over the country paid tribute to the fallen on Memorial Day at Arlington National Cemetery.

Under the sweltering sun, TAPS (Tragedy Assistance Program for Survivors) handed out fans to spectators to keep everyone from developing hyperthermia, as area forecasts warned. TAPS was founded in 1994 in D.C. as a tragedy assistance resource for anyone who has suffered the loss of a military loved one, through compre-

hensive services and programs including peer based emotional support, case work assistance, connections to community-based care, and grief and trauma resources.

"This special weekend connects survivors of our fallen military with each other, linking widows to widows, mothers to mothers, children to children — where they find people who understand what they are going through," said Ami Neiberger-Miller, public affairs officer of TAPS. She joined TAPS after losing her brother, U.S. Army Spc. Christopher Neiberger, who was killed in action in Iraq in August 2007.

TAPS members sat together in unity at the Amphitheater. Pat

Jenkins from New Jersey spoke of her grandson, Spc Benjamin Moore, a Sapper 693 on the Engineer Corps of the Army. "My daughter calls it his angel-versary and celebration. She started a scholarship fund called the Benjamin Moore S. Fund. It's amazing how his friends remember him. It always looks like there's a party from all the trinkets they leave [at his memorial site]. He was a free spirit, that's for sure," said Jenkins. Not only did he serve his country overseas, but was a hometown hero as an EMT and firefighter.

Some TAPS members are very young, having lost a parent. Wyatt McCain from Alaska recalls his father, Bryant McCain, 1st Sergeant, 1st class who was killed in Afghanistan in 2011. "They called him 'Johnny Mac.' He was the leader of the Bobcats," McCain said. When asked how he remembers his father, he said, "All the fun times ... squirrel hunting, and going on trips ... just me and him."

Others present at the event have lost their child. Chuck and Twyla Roberts from Oklahoma commemorate their son, Trevor Roberts, who was in the Marine Reserves but got called to duty in Iraq in 2006. He was killed in March of 2007. "His goal in life was to be a foreign missionary ... so we set up the Trevor Roberts Memorial Mission Foundation, using his life insurance to help young adults to go on short term missions trips, like the types of trips Trevor had so often been on as a teenager," they said. His friends remember his deep faith and say he was al-

More

TAPS is the national organization providing compassionate care for the families of America's fallen military heroes. TAPS provides peer-based emotional support, grief and trauma resources, seminars, case work assistance and a 24/7 resource and information helpline for all who have been affected by a death in the Armed Forces. Services are provided free of charge. TAPS was founded in 1994 by surviving military families following the deaths of their loved ones in a military plane crash. TAPS has offered comfort and care to more than 35,000 survivor and caregivers since its founding. For more information go to [www.taps.org](http://www.taps.org) or call the toll-free 24-7 resource and information helpline at 800-959-TAPS.

ready "being the missionary he was called to be in Iraq."

"That's how fast life can change, in the blink of an eye. Over here, it might be a firefight or a roadside bomb that makes a normal drive a stir of chaos," Trevor had written a few months before he was killed. "Things most definitely don't always work out the way we dream and hope, but we have to keep going, for you never know what tomorrow might bring."

### Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Send to:

Letters to the Editor  
The Connection  
1606 King St.  
Alexandria VA 22314  
Call: 703-917-6444.  
By e-mail:  
[arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com)

The  
**Arlington**  
Connection

[www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by  
Local Media Connection LLC

1606 King Street  
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to [connectionnewspapers.com/subscribe](http://connectionnewspapers.com/subscribe)

**NEWS DEPARTMENT:**  
To discuss ideas and concerns, call: 703-778-9410  
[arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com)

**Steven Mauren**  
Editor  
703-778-9415  
[smauren@connectionnewspapers.com](mailto:smauren@connectionnewspapers.com)

**Michael Lee Pope**  
Reporter  
703-615-0960  
[@MichaelLeePope](mailto:mpope@connectionnewspapers.com)

**Steve Hibbard**  
Associate Editor  
703-778-9412  
[shibbard@connectionnewspapers.com](mailto:shibbard@connectionnewspapers.com)

**Jon Roetman**  
Sports Editor  
703-224-3015  
[@jonroetman](mailto:jroetman@connectionnewspapers.com)

**ADVERTISING:**  
For advertising information  
e-mail:  
[sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com)

**Debbie Funk**  
Display Advertising/National Sales  
703-778-9444  
[debfunk@connectionnewspapers.com](mailto:debfunk@connectionnewspapers.com)

**Andrea Smith**  
Classified & Employment Advertising  
703-778-9411  
[asmith@connectionnewspapers.com](mailto:asmith@connectionnewspapers.com)

**Editor & Publisher**  
Mary Kimm  
703-778-9433  
[@MaryKimm](mailto:mkimm@connectionnewspapers.com)

**Executive Vice President**  
Jerry Vernon  
[jvernon@connectionnewspapers.com](mailto:jvernon@connectionnewspapers.com)

**Editor in Chief**  
Steven Mauren  
**Managing Editor**  
Kemal Kurspahic  
**Photography:**  
Deb Cobb, Louise Krafft,  
Craig Sterbutzel  
**Art/Design:**  
Laurence Foong, John Heinly,  
John Smith  
**Production Manager:**  
Jean Card  
Geovani Flores

**Special Assistant to the Publisher**  
Jeanne Theismann  
703-778-9436  
[@TheismannMedia](mailto:jtheismann@connectionnewspapers.com)

**CIRCULATION: 703-778-9426**  
**Circulation Manager:**  
Linda Pecquex  
[circulation@connectionnewspapers.com](mailto:circulation@connectionnewspapers.com)



PHOTO BY LOUISE KRAFFT/THE CONNECTION

### Snapshot

**Matt McCormick and Laura Flisnik celebrate with the Georgetown University classmates Saturday evening, June 2 at the Key Bridge Marriott.**



# Honoring WWII Veterans

FROM PAGE 3

arriving groups at Reagan and Dulles airports. "We cannot honor our veterans enough," said leader Roger Whitworth.

Two dozen members of the West Point Alumni Glee Club sang the National Anthem, and a selection of other works for entertainment. It is comprised of about 200 West Point graduates who sang in the glee club or one of the chapel choirs. Terry Ryan, its spokesman, said, "We sing at a number of patriotic events. However, appearing at any gathering of WWII veterans is the easiest to get the guys out for. They are our heroes."

Two dance groups performed. Cardinal Cloggers, centered in Herndon, displayed skill with the Appalachian art form under the direction of Theresa Werner. Gottaswing, demonstrating "swing" and "lindy hop" from the 1940s, brought back memories for the guests. Several visitors were moved to try a twirl or two around the dance floor.

There were serious moments. Invocations were offered by the council chaplain, the Rev. Joseph Giordano. Bugles Across America arranged for "Taps" in memory of the dead who have served the country. Bugler David Shuma observed that a large number of "our missions" involve funerals, so the chance to attend a gathering of senior veterans is very appealing.

As one veteran was leaving, he said "thanks" and then explained why he was so grateful: "In today's wars you are deployed for six months or whatever and you know when you are coming home. I was in WW II for four years; you never knew when you were coming home ... You guys made it all worth it tonight; it is good to be home."

Hosting distant guests but ignoring its own WW II veterans did not sit right with the local council. The remedy was "to add our own dozen or so WW II veterans as guests," said Beirne.

Words of American humorist Will Rogers serve as motto of Honor Flight Network: "We can't all be heroes. Some of us have to stand on the curb and clap as they go by."

## "FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington's Office of Senior Adult Programs for June 18-23.

**Arlington senior centers:** Aurora Hills, 735 S. 18th St.; Walter Reed, 2909 S. 16th St.; Culpepper Garden, 4435 N. Pershing Dr.; Langston-Brown, 2121 N. Culpeper St.; Lee, 5722 Lee Hwy.; Arlington Mill at Fairlington, 3308 S. Stafford St.; also Madison Community Center, 3829 N. Stafford St.; TJ Comm. Center, 3501 S. 2nd St.

**Senior trips:** National Zoo Tour, Mon., June 18, \$17; National Cathedral Tour & Tea, D.C., Tues., June 19, \$34; Historic Christ Church Tour & buffet lunch, Irvington, VA, Thurs., June 21, \$91; Newseum Tour, D.C., intergenerational, Sat., June 23, \$28. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

## Visit These Houses of Worship

Join A Club, Make New Friends, or Expand Your Horizons...

**Assemblies of God**  
Arlington Assembly of God...703-524-1667  
Calvary Gospel Church...703-525-6636

**Baptist**  
Bon Air Baptist Church...703-525-8079  
McLean Baptist Church...703-556-8080  
Memorial Baptist Church...703-538-7000

**Buddhism**  
The Vajrayogini Buddhist Center  
202-331-2122

**Churches - Catholic**  
St. Agnes Catholic Church...703-525-1166  
Cathedral of St Thomas More...703-525-1300  
Holy Transfiguration Melkite Greek  
Catholic Church...703-734-9566  
Our Lady of Lourdes...703-684-9261  
Our Lady Queen of Peace Catholic  
703-979-5580

St Ann Catholic Church...703-528-6276  
St. Charles Catholic Church...703-527-5500

**Vatican II Catholic Community**  
NOVA Catholic Community...703-852-7907

**Church of Christ**  
Arlington Church of Christ...703-528-0535

**Church of God - Anderson, Indiana**  
Church of God...703-671-6726

**Churches - Episcopal**  
St. Andrew Episcopal Church...703-522-1600  
St. George Episcopal Church...703-525-8286  
St Johns Episcopal Church...703-671-6834  
St Mary Episcopal Church...703-527-6800  
St Michael S Episcopal Church  
...703-241-2474

St Paul Episcopal Church...703-820-2625  
St Peter's Episcopal Church...703-536-6606  
St Thomas Episcopal Church...703-442-0330  
Trinity Episcopal Church...703-920-7077

**Churches - Lutheran (ELCA)**  
Advent Lutheran Church...703-521-7010  
Faith Lutheran Church...703-525-9283  
German Lutheran Church...703-276-8952  
Lutheran Church of The Redeemer  
...703-356-3346

Resurrection Lutheran Church...703-532-5991

**Churches - Lutheran (Missouri Synod)**  
Our Savior Lutheran Church...703-892-4846

**Churches - Nazarene**  
Arlington First Church of the Nazarene  
...703-525-2516

**Church - Brethren**  
Church of The Brethren...703-524-4100

**Churches - Baptist**  
Arlington Baptist Church...703-979-7344  
Cherrydale Baptist Church...703-525-8210

First Baptist of Ballston...703-525-7824  
Mt. Zion Baptist Church...703-979-7411

**Churches - Baptist-Free Will**  
Bloss Memorial Free Will  
Baptist Church...703-527-7040

**Churches - Christian Science**  
McLean - First Church of Christ,  
Scientist...703-356-1391  
First Church of Christ,  
Scientist, Arlington...  
703-534-0020

**Churches - Presbyterian**  
Arlington Presbyterian Church...  
703-920-5660

Church of the Covenant...703-524-4115  
Clarendon Presbyterian Church  
703-527-9513

Little Falls Presbyterian Church  
703-538-5230

Trinity Presbyterian Church...703-536-5600  
Westminster Presbyterian ...703-549-4766

**Churches - Unitarian Universalist**  
Unitarian Universalist Church  
of Arlington...703-892-2565

**Churches - United Methodist**  
Arlington United Methodist Church  
...703-979-7527

Trinity United Methodist Church  
of McLean...703-356-3312

Charles Wesley United Methodist...  
703-356-6336

Calvary United Methodist...703-892-5185  
Cherrydale United Methodist...703-527-2621

Chesterbrook United Methodist  
...703-356-7100

Clarendon United Methodist...703-527-8574  
Community United Methodist...703-527-1085

Mt. Olivet United Methodist...703-527-3934  
Walker Chapel United Methodist  
...703-538-5200

**Churches - United Church of Christ**  
Bethel United Church of Christ...703-528-0937  
Rock Spring Congregational  
United Church of Christ...703-538-4886

**Non-Denominational**  
New Life Christian Church -  
McLean Campus  
...571-294-8306

Celebration Center  
for Spiritual Living...  
703-560-2030

**Metaphysical**  
Arlington Metaphysical Chapel ...  
703-276-8738

**Presbyterian Church in America**  
Christ Church of Arlington...  
703-527-0420

**Synagogues - Conservative**  
Congregation Etz Hayim...  
703-979-4466

**Synagogues - Orthodox**  
Fort Myer Minyan...703-863-4520  
Chabad Lubavitch  
of Alexandria-Arlington  
...703-370-2774

**Synagogue - Reconstructionist**  
Kol Ami, the Northern Virginia  
Reconstructionist Community  
... 571-271-8387

## Saint Ann Catholic Church

### SUNDAY LITURGY SCHEDULE:

Saturday Vigil: 5:30 PM  
Sunday: 8:00, 9:30, 11:00 AM  
1:30 PM Spanish Liturgy  
5312 North 10th Street  
Arlington Virginia 22205  
Parish Office: (703) 528-6276

### DAILY EUCHARIST:

Weekdays  
Monday-Friday, 6:30 AM & 8:30 AM  
Saturday, 8:30 AM

All Are  
Welcome!



PARISH WEBSITE:  
[www.rc.net/arlington/stann](http://www.rc.net/arlington/stann)

To highlight your Faith Community, call Karen at 703-778-9422

# JUNE 12 Vote Jim Moran



*"I am honored to represent Virginia's 8th District. I work hard to be deserving of this privilege because I believe deeply in the American dream and in the essential role the Federal Government can serve in the fulfillment of that dream. Well-paying jobs, world-class schools, and a clean, healthy environment are what matter most. That's what motivates me to work for you."*

- Congressman Jim Moran

# VOTE FOR JIM Tuesday, June 12

## Working for What Matters Most!

Authorized and Paid for by Moran for Congress



# ENTERTAINMENT

## Art Overload

A sampling of artists at this year's Artomatic.

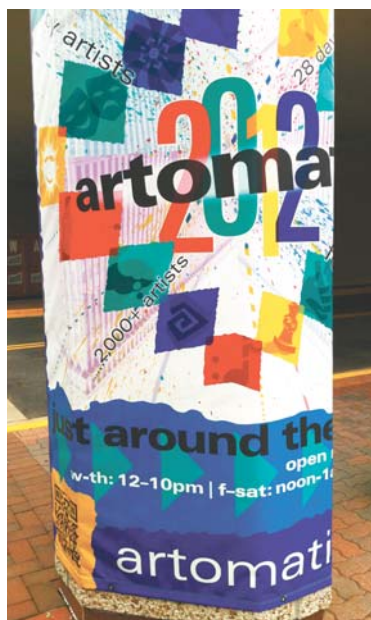
BY GENEVIE HERRERA  
THE CONNECTION

**S**ardar Aziz hovers over a large canvas as he adds with a paintbrush in hand, final touches to his oil painting. He is mostly comfortable with creating portraits but recently has been exploring with landscape images. He is excited to be one out of 1,300 artists at this year's Artomatic event in Crystal City. Aziz studied painting at the Lahore Arts Counsel in Pakistan before moving to the D.C. metro area five years ago.

In-between this time gap he has had a successful career as an artist by selling his paintings and making a comfortable living off of his work. When asked if art runs in his family, Aziz said, "I think so, I might have inherited my artistic side from my mother. She does wonderful embroidery images of flowers."

Artomatic, the arts festival, fills all 11 stories of the building at 1851 S. Bell Street. The best approach to see everything is to take the elevator to the top and work one's way down.

Being among so many artists might be overwhelming and competitive to artists whose work is on display, but not for Edward Steven Perry, a photographer who's lived in the D.C. area for about five years. He finds being around so many artists inspirational: "It's great. You get to see so many different types of cross media inspiration. It's almost like you have an instant connection with everyone and best of all everyone is eager to share their experience as an artist."



Perry, a photographer of seven years, originally attended college in University of California Santa Barbara to pursue a degree in music but later discovered his attraction to photography in one of his curriculum courses. He lived abroad in Togo for two years where he photographed the residents in their everyday lives. He was invited to many intimate events including, weddings, birthdays, and funerals.

"I thought it was great, I felt like an anthropologist amongst the people and felt very privileged that they allowed me to photograph their most intimate moments," Perry said.

His photographs at the Artomatic show are of landscapes of different places he's traveled each containing some sort of human interaction in the spacious shot.

Other photographs are surreal; such as one, which has a woman's face cropped out and filled with earthy textures, in this case a rusted street lamp. Perry explains that he did not want to leave the face hollow and thought that it would be a great idea to incorporate natural textures to give it a different feel.

As unique as the images that cover the walls at Artomatic so are the sounds that come from live performances of independent bands. Lumo and The Dirty Bag of Tricks is one of many bands tuning their instruments and preparing for their evening performance. They mostly play Americana, folk, and rock. The group heard of Artomatic through a mutual friend whose artwork had



**Lumo and The Dirty Bag of Tricks (from left) Greg Upwall, Sylvia Tan, Mike Pearson, Dave Wagoner, Kaori Niina, and Miami Niina.**



**Edward Steven Perry, photographer**



**Sardar Aziz, painter**

been on display in the past. The band meets every Sunday at Sylvia Tan's house for a jam session; she plays the keyboard for the group. The band is made up of five members but as time goes by it grows and shrinks.

Tan compares the fluctuating number of band members to a train: "There's always someone hoping on and off." She admits that the spontaneity is what makes it exciting.

When they are not performing, most of the band members are making a living as teachers, government employees or in retail.

Dave Wagoner, a member of the group, explains that playing for the band is mostly for fun: "Performing is a release, its good for the soul." Wagoner plays many instruments, sings and writes. His band mates deem him a jack of all trades.

When asked to describe the band as a whole Tan said, "Our playing is whatever we are feeling at the moment, our charming imperfections is something our charming audience can relate to."

Greg Upwall, one of the singers for the group, said, "Thank God they do this; it's like an outpour of talent everywhere you look."

## CALENDAR

Know of something missing from our community entertainment Calendar? Send it to The Arlington Connection, e-mail it to [arlington@connectionnews.com](mailto:arlington@connectionnews.com). Deadline is 2 p.m. the Thursday before publication. Photos welcome.

### FRIDAY MORNINGS

**Line Dancing Class.** 10 to 11 a.m. Line dancing with Barbara Allen. Covers basic steps, then combines them for a gentle, social, aerobic workout. More experienced line dancers are welcome. At Aurora Hills Senior Center. Call 703-228-5722.

### NOW THROUGH JUNE 10

**This is My City.** Local and international student photography show. The show provides students

with an opportunity to learn photography fundamentals while exploring their own communities and to have their best works exhibited at the Arlington Arts Center (AAC). At Arlington Arts Center, 3550 Wilson Blvd, Arlington. Call 703-248-6800.

### NOW THROUGH JUNE 10

**"Charlotte's Web."** Tickets are \$12/adults; \$10/children, students, seniors. Performances are Friday, June 1 at 7:30 p.m.; Saturday, June 2 at 11 a.m. and 3 p.m.; Sunday, June 3 at 3 p.m.; Friday, June 8 at 7:30 p.m.; Saturday, June 9 at 11 a.m. and 3 p.m.; Sunday, June 10 at 3 p.m. At the Thomas Jefferson Community Theatre, 125 S. Old Glebe Road, Arlington. For tickets, visit [www.encorestage.org](http://www.encorestage.org).

### NOW THROUGH JULY 3

**"Eternal Washington: Black and White Photographs by Greg Embree"**, At Cherrydale Branch Library, 2190 Military Road, Arlington (703-228-6330); through July 3. Hours: Mon.: 10 a.m.-9 p.m.; Tue.: Closed; Wed.: 1 p.m.-9 p.m.; Thu.: 10 a.m.-9 p.m.; Fri. & Sat.: 10 a.m.-5 p.m. Free.

### FRIDAY/JUNE 8

**Artist Talk.** 7 p.m. Featuring Patti Dobrowolski's "Drawing Solutions: How Visual Goal Setting Will Change Your Life." Free. At One More Page Books, 2200 N. Westmoreland St., Arlington.

### JUNE 8 TO JULY 7

**"Sister Mary Ignatius Explains It**

**All for You."** Presented by The American Century Theater. Show times are Thursdays through Saturday evenings at 8 p.m. and Saturday/Sunday matinees at 2:30 p.m. No matinee on Saturday, June 9. Tickets can be ordered online at [americancentury.org](http://americancentury.org) or by calling 703-998-4555. At Gunston Theatre II, 2700 South Lang St., Arlington.

### SATURDAY/JUNE 9

**Arlington History Bike Tour.** 9 a.m. Bike from one to 23 miles visiting Arlington parks and historic sites. Meets at the Ballston Metro Station (Top of Escalator at the S.E. Corner of N. Stuart St. and Fairfax Drive). Bring lunch, water, and any type of bike. Cost is \$2. Sponsored by Center Hiking Club

([www.centerhikingclub.org](http://www.centerhikingclub.org)). Contact Bernie Berne at 703-243-0179 or [bberne@yahoo.com](mailto:bberne@yahoo.com).

### SATURDAY/JUNE 9

**Margot MacDonald.** 7:30 p.m. Tickets are \$8. Part of "Encore Presents." At Thomas Jefferson Community Theatre, 125 S. Old Glebe Road, Arlington. Visit [www.encorestage.org](http://www.encorestage.org).

### SUNDAY/JUNE 10

**WalkArlington.** 3 to 5 p.m. Free. Through Arlington Ridge-Aurora Highlands neighborhoods. Begins and ends at the Aurora Hills Community Center, 735 18th St. South, Arlington, and covers the

SEE CALENDAR, PAGE 9



# CALENDAR

FROM PAGE 8

North Loop of the full route, stopping at an array of neighborhood destinations, from historic sites and scenic overlooks to world-class shopping and popular parks. Visit <http://www.walkarlington.com>

**Dona Nobis Pacem** by Ralph Vaughan Williams. 4 p.m. Freewill offering. Soprano soloists are Phyllis Liner, Bea Ann Phillips, and Lori Rottenberg. Baritone soloists are Hal Cleary and John Bohman. At the Unitarian Universalist Church of Arlington, 4444 Arlington Blvd., Arlington. Visit [www.uucava.org/page/music-1](http://www.uucava.org/page/music-1) or contact Bob Griffith, Music Director, at [bob.griffith@uucava.org](mailto:bob.griffith@uucava.org) or 703-892-2135.

**NOVA Lights Chorale.** 4 p.m. Free. Performing "Summer Sojourn" with songs like Route 66, Summertime, Ease on Down the Road and Big Easy on My Mind and the Japanese Song of the Beach." At Arlington Presbyterian Church, 3507 Columbia Pike, Arlington. Details at [www.novalightschorale.jigsy.com/](http://www.novalightschorale.jigsy.com/)

**Guided Tours** of all five VCE/Master Gardener Demonstration Gardens. 1:00 P.M.- 4:00 P.M. The tours will highlight sustainable approaches to gardening in Northern Virginia that provide a wealth of health and environmental benefits. For more information go to [mgmv.org](http://mgmv.org)

## MONDAY/JUNE 11

**"The Luftwaffe"** 2 to 3:30 p.m. Free. Dr. Alfred Beck, a retired historian with the Department of Defense, will lecture on "The Luftwaffe: The Rise and Fall of the German Air Force of World War II." At the Arlington Central Library, 1015 Quincy Street, Arlington. Call 703-228-2144.

## Air Force Cycling Classic Rolls In

Thousands of spectators are expected to watch cyclists soar through courses as The Air Force Cycling Classic returns to Arlington from June 9 – 10. Cyclists will speed past familiar landmarks, such as the Pentagon and Air Force Memorial, while they make their way from Clarendon to Crystal City.

The two-day event features world-class professional races, amateur cycling, and special courses for children. Presented by The Boeing Company, the cycling extravaganza kicks off in Clarendon on Saturday, June 9, and then moves to Crystal City on Sunday for a second day of riding and reveling.

### SATURDAY, JUNE 9

The weekend's races begin in Clarendon on Saturday, June 9, with the Air Force Cycling Classic's Clarendon Cup, an event that consists of various races throughout the day:

**8 a.m.** Men's Masters Amateur Race: For racers over 40. Cyclists must have a valid USA Cycling Category 1 – 4 racing license to participate.

**8:55 a.m.** Men's Elite Amateur Race: For elite amateurs holding a valid USA Cycling Category 1 – 3 racing license.

**9:55 a.m.** Women's Elite Race: For professional cyclists holding a valid USA Cycling Category 1 – 2 racing license.

**11:35 a.m.** Kids' Race: Free and open to all children, ages nine and under.

**12 p.m.** Men's Pro Race: This race, now in its 15th year, highlights some of the world's top cycling professionals who will battle to complete 100 laps on a short course.

### SUNDAY, JUNE 10

Sunday events move from Clarendon to Crystal City, showcasing the shops and restaurants of the area with the non-competitive Crystal Ride, as well as a series of races that make up the Crystal Cup. The events of the day include:

**7:30 a.m.** Crystal Ride: This amateur, non-competitive ride, sponsored in part by the Crystal City Business Improvement District, takes cyclists through a closed, 15km circuit in and around the Pentagon, Crystal City and the Air Force Memorial. Riders have the option to simply participate or use the ride to raise money for the Air Force Association's Wounded Airman Initiative.

**11:15 a.m.** Kids' Race: Free and open to all children, ages nine and under.

**11:30 a.m.** Men's Pro Race: This race, including some of the top pros in the world, begins with a ceremonial start at the Air Force Memorial, immediately following an Air Force Flyover, though the official start takes place in Crystal City.

**1:25 p.m.** Women's Elite Race: For professional cyclists holding a valid USA Cycling Category 1 – 2 racing license.

**2:30 p.m.** Men's Elite Amateur Race: For elite amateurs holding a valid USA Cycling Category 3 racing license.

**3:25 p.m.** Men's Elite Amateur Race: For elite amateurs holding a valid USA Cycling Category 4 racing license.

**Sister Mary Ignatius**  
*explains it all For you*  
by Christopher Durang  
Directed by Joe Banno

**June 8–July 7, 2012**

Tickets [AmericanCentury.org](http://AmericanCentury.org) or 703.998.4555  
Use Code **SISTER** for a **\$5 discount!**  
(cannot be combined with other discounts)

**Gunston Arts Center**  
2700 S Lang St.  
Arlington, VA 22206



**California Paints Summer Sale**

**20% OFF**  
Any Retail Purchase of California Paint  
With this coupon. Expires 7/8/12

Exceptional quality. Environmentally preferred.  
**A FLAWLESS COMBINATION**

**5701 N. Lee Hwy.**  
**Arlington, VA 22207**  
**703-534-4477**

**Potomac Paint & Design Center**



**Discover something amazing here... your family.**



**Rediscover what makes your family spectacular at the beautiful Gaylord National® Resort!**

Experience a vacation destination like no other. Lush indoor gardens offer adventure come rain or shine, while stunning views of the Potomac River invite you to explore the wonders right outside our door. We offer easy access to D.C. and Old Town Alexandria, along with world-class service, entertainment and dining. *The only thing missing is you!*

**Book your getaway today! [GaylordNational.com](http://GaylordNational.com)**  
or call (301) 965-4122



**SATURDAY JUNE 16**  
**1pm - 8pm**

**COLUMBIA PIKE**

**FREE BLUES FESTIVAL**

★ **Peter Karp & Sue Foley**  
★ **Karl Stoll & The Danger Zone**  
★ **Moondog Medicine Show**  
★ **Danny Blew & The Blues Crew**  
★ **Chris Polk**

**Columbia Pike and S. Walter Reed Dr. ★ Arlington VA 22204**  
**FOOD ★ MUSIC ★ FUN ★ FREE ADMISSION**  
**[www.columbiapikebluesfest.org](http://www.columbiapikebluesfest.org)**



# ORANGE LINE CONNECTION

East Falls Church

Ballston-MU

Virginia Sq-GMU

Clarendon

Court House

Rosslyn

## NOW THROUGH JUNE 30

**Andrew Thomas Huang: The Making of Solipsist.** Free. This short documentary complements Andrew Thomas Huang's Solipsist, appearing on Artisphere's video screens this summer, providing a closer look at his process. At the Bijou Theatre at The Artisphere.

## NOW THROUGH NOV. 11

**Beth Baldwin: Artist in Residence.** Opening reception is June 14 from 6 to 9 p.m. Free. In a 500 square-foot studio located off of Artisphere's main entrance lobby, Baldwin will create her one-of-a-kind animals and houses made from recycled materials in full view of the public eye. Patrons are welcome and encouraged to walk through her studio, watch her work and ask questions during her residency hours: Wednesdays - Fridays from 6 to 10 p.m. and Saturdays from noon to 6 p.m. A free public opening will be held on Thursday, June 14 from 6 to 9 p.m.

## NOW THROUGH AUG. 26

### Robin Bell: Projections for Televisions.

Free. Robin Bell is multimedia artist based in Washington, D.C. Building upon his formal training as a classical printmaker, Robin is also known for his unique style of video collage, which he has performed and exhibited at venues ranging from 930 Club to the Phillips Collection. Bell combines his commitment to social change through the dissemination of information via video and his artistic vision as a live video artist. At the Artisphere.



## NOW THROUGH JULY 1

**"The Bacchae" by Euripides.** Part of the WSC Avant Bard Spring Repertory. Mixing history with myth to recount by the story of the God Dionysus's arrival in Greece, this tragedy centers on King Pentheus of Thebes and his mother Agaue and their punishment by Dionysus for refusing to worship him. Regular Performances: Saturday, May 19 - Sunday, July 1. Tickets: Previews: All Pay-What-You-Can; Regular run: Thursday, \$25 7:30 p.m. / Friday, \$30 7:30 p.m. / Saturday, Matinee, Pay-What-You-Can 2 p.m. / Saturday, \$35 7:30 p.m. / Sunday, Mat. \$30 2 p.m. / Sunday \$25 7:30 p.m. At the Artisphere.

## NOW THROUGH JULY 1

**"The Tooth of the Crime."** By Sam Shepard. Part of the WSC Avant Bard spring Repertory. This play with music tells the tale of the battle between two rock stars, Hoss, and his young rival, Crow. It is a style war in which each battles for psychic territory. A combination of a heavyweight prizefight, a showdown, and the conventional gunfight in Westerns, the confrontation between Hoss and Crow is fought with music and competing styles. Shepard wrote both lyrics and music. Tickets: All Pay-What-You-Can; Regular run: Thursday, \$25 7:30 p.m. / Friday \$30 7:30 p.m. / Saturday Mat Pay-What-You-Can 2 p.m. / Saturday \$35 7:30 p.m. / Sunday Mat \$30 2 p.m. / Sunday \$25 7:30 p.m. At the Artisphere.

## NOW THROUGH JUNE 17

**The Congressional Art Competition.** 5:30 to 7:30 p.m. Free. Hosted by Congressman James P. Moran as part of the National Congressional Program. The exhibition recognizes the creative talents of Northern Virginia's young artists. At the Works in Progress Gallery at the Artisphere.

## Dancing

**11:01 Saturday Nights.** Starts at 11:01 p.m. Late-night dance party. Tickets are \$15/\$12 students. At the Ballroom at Artisphere, 1101 Wilson Blvd., Arlington. Call 703-228-1850.

**Dance Wednesdays.** 7:30 to 8:30 p.m. dance classes; 8:30 to 11 p.m. dancing. Tickets are \$15/\$12 at door. On Wednesdays, dance the night away at Artisphere to zydeco, cajun, rock, R&B and swing. The new center features a 3,000 square foot dance floor, one of the best in the area. At the Ballroom at Artisphere, 1101 Wilson Blvd., Arlington. Call 703-228-1850.

**Salsa Tuesdays.** 7:30 to 8:30 p.m. dance class; 8:30 p.m. to 11 p.m. dancing. At the Ballroom @ Artisphere, 1101 Wilson Boulevard, Arlington. Call 703-228-1850.

## WEDNESDAY/MAY 30

**Feufollet.** Feufollet is a band both deeply rooted in the francophone soil of Louisiana and pushing boldly into unexplored yet utterly natural varieties of Cajun experience. In partnership with Dancing by the Bayou. 8 p.m. Cost is \$15. Dance lesson 7:30 p.m.; 8:30 p.m. live music + dance. At the Ballroom at the Artisphere.

## THURSDAY/MAY 31

**Cultures of Resistance.** 8 p.m. Free. Cultures of Resistance explores how art and creativity can be the ammunition in the battle for peace and justice. At the Dome Theater at the Artisphere.

## SATURDAY/JUNE 2

### National Chamber

**Ensemble: All That Jazz.** 7:30 p.m. Chamber Music Concert (Jazz) by the National Chamber Ensemble. Featuring acclaimed pianist Burnett Thomson. Tickets are \$28/general; \$15/students. At the Spectrum at Artisphere, 1611 N. Kent St., Arlington. Tickets by phone 888-841-2787; Info Only: 703-685-7590; Visit [www.Artisphere.com](http://www.Artisphere.com)

## WEDNESDAY/JUNE 6

**Spring Fashion Show.** 4 p.m. Transitions: Runway to Awareness. At the Artisphere, 1101 Wilson Blvd., Arlington.

## JUNE 7 TO JULY 29

### Suzanne: Work from the 2012-13 Vcuarts Sculpture MFA Graduate Class.

Free. Opening reception is Thursday, June 7 from 7 to 10 p.m. Curated by Kendall Buster (sculptor and professor in the VCUArts Sculpture Department) and Amy Hauft (sculptor and chair of the department), Suzanne features eclectic works by the 12 sculptors from Virginia Commonwealth University's Department of Sculpture + Extended Media MFA program who will earn their Masters of Fine Arts in Sculpture in May 2013.

## THURSDAY/JUNE 7

**"Paris Is Burning."** 8 p.m. Cost is \$8. In honor of Capital Pride Week. An unblinking behind-the-scenes story of fashion obsessed New Yorkers who created "voguing" and drag balls and turned these raucous celebrations into a powerful expression of personal pride. At the Dome Theatre at the Artisphere.



**Sculpture Art Making: eight Saturdays from noon to 2 p.m. at the Education Lab at Artisphere, cost is \$280.**

Thalhammer, Artisphere Education Director via email at [lthalhammer@arlingtonva.us](mailto:lthalhammer@arlingtonva.us) or by fax (703-875-1187) or mail: 1101 Wilson Blvd, Ste. 932, Arlington, Virginia 22209. Apply to Lisa Marie Thalhammer or at 703-875-1137.

## JUNE 9 TO JULY 28

**Sculpture Art Making.** Ages 8-12. Eight Saturdays from 3 to 5 p.m. Cost is \$280. At the Education Lab at Artisphere. Sculpture Art Making will combine environmental science and various innovative sculptural techniques to create art from found materials. Return registration form to Lisa Marie Thalhammer, Artisphere Education Director via email at [lthalhammer@arlingtonva.us](mailto:lthalhammer@arlingtonva.us) or by fax (703-875-1187) or mail: 1101 Wilson Blvd, Ste. 932, Arlington, Virginia 22209. Apply to Lisa Marie Thalhammer or at 703-875-1137.

## SUNDAY/JUNE 10

**"Music from the Big House."** 2 p.m. Cost is \$10. Followed by Q&A and performance by the film's star blues musician Rita Chiarelli. At the Dome Theatre at the Artisphere.

## WEDNESDAY/JUNE 13

**Steve Riley & The Mamou Playboys.** 7:30 p.m. dance lesson; 8:30 p.m. music and dance. Cost is \$15. Multiple Grammy-nominees Steve Riley and the Mamou Playboys began over 20 years ago and perform Cajun French music from the backwaters of Southwest Louisiana. At the Ballroom at the Artisphere.

## JUNE 13 TO AUG. 18

**Kevin Krapf: Retratos Compartidos/Shared Portraits.** Free. Opening reception is Thursday, June 28 from 5:30 to 7:30 p.m. An interactive performance/display project in which visitors participate by using a specially designed double-sided drawing table in the gallery to make and exhibit portraits. The shared portraits are displayed on the wall to track the growth of the project and the moments of exchange that occur during its run. At the Artisphere.

## Free Lunchtime Concerts in Rosslyn

### TUESDAYS AT FREEDOM PARK

Enter on N. Kent St. or N. Lynn St.  
June 5 - July 31  
11:45 a.m. - 1:30 p.m.

### WEDNESDAYS AT CENTRALSPACE

Wilson Blvd. & N. Moore St.  
June 6 - August 29  
11:45 a.m. - 1:30 p.m.  
❖ No concert on July 4.

### THURSDAYS AT THE FARMERS MARKET

Wilson Blvd. & N. Oak St.  
June 7 - October 25  
11:45 a.m. - 1:30 p.m.

## JUNE 9 TO JULY 28

### Sculpture Art Making.

Ages 5 to 7. Eight Saturdays from noon to 2 p.m. Cost is \$280. At the Education Lab at Artisphere. Sculpture Art Making will combine environmental science and various innovative sculptural techniques to create art from found materials. Return registration form to Lisa Marie





Sophomore Meghan Flynn was one of the Yorktown girls' soccer team's top offensive threats in 2012.



Sophomore Kendall Logan will be one of the Yorktown girls' soccer team's top returners in 2013.

## Yorktown Girls' Soccer Falls in Region Semifinals

**T**he Yorktown girls' soccer team's 2012 season came to an end on May 30 with a 4-2 loss to Stone Bridge in the Northern Region semifinals. The Patriots finished one win shy of a berth in the state tournament after defeating Annandale, 10-1, and Robinson, 2-1, during regionals.

Yorktown also won its second consecutive National District championship with a 5-0 victory against Edison on May 18.

"I think everyone's really proud of us and how far we've come," senior Isabel Arnold said. "I definitely think it's a step in the right direction. ... Next year, the team is going to keep doing really well."

Yorktown finished the season with a 16-2-3 record, losing only to non-district opponents Oakton and Stone Bridge. The Pa-

triotics found success with a roster composed primarily of non-seniors, including sophomore goal-scoring threats Meghan Flynn and Kendall Logan. Junior goalkeeper Sophie Frank and midfielder Innis Hitt will also be back next season, along with sophomores Alex Puletti and Emma Shumway, and freshman Audrey Denkler.

"Our team definitely had a lot of strong [young players]," Arnold said. "... It was really fun to be able to play on a team with a lot of young kids who were really excited to be out there. I think next year they're going to continue to build on the success we've had and it's nice to think I might have played a part [in their development]. ... Now it's their turn to take the reins."

Yorktown will lose seniors Arnold, Melissa Hunt and Rachel Brooke.



Yorktown senior Isabel Arnold helped the Patriots reach the regional girls' soccer semifinals.

PHOTOS BY  
GREG DENKLER

### SPORTS BRIEFS

#### All-National District Baseball Teams

The Yorktown, Washington-Lee and Wakefield baseball teams were well represented by the All-National District awards.

From Yorktown, catcher Red Dowdell was named Player of the Year and John Yoest earned Pitcher of the Year honors. Dowdell was also a first-team all-region selection, while Yoest made the second team.

Outfielder Daniel Whitaker, third baseman Ben Criswell, shortstop Will Young and pitcher Matt Lowen were also first-team all-district selections. Whitaker was a first-team all-region pick and Young made the second team.

From W-L, first baseman David Palmer earned first-team all-district recognition. Wakefield's Ivan Lopez also made the first team.

Second-team honors went to Yorktown's Jordan Smith (outfield), W-L's Justin Snow (third base), Lucas Dolan (utility), Hunter Gray (outfield) and Matt Brower (pitcher), and Wakefield's Alex Molina (catcher).

#### Adult Soccer Clinics

Arlington County is offering soccer clinics for adults this summer, for total novices who would like to learn to play, and beginning/intermediate players who want to improve their soccer skills. The six-week clinics will be run from late June through late July. Two nights are offered: Sunday evenings from 7:30 to 9:30 p.m. at Washington-Lee High School, and Monday evenings from 8:30 to 10 p.m. at Greenbrier Stadium (Yorktown High School).

The cost for the six 90-minute clinic sessions is \$110 for Arlington residents, \$130 for non-residents. Online registration is now open at <https://registration.arlingtonva.us/wsc/cgiip.exe/WSservice=wsrtlive/wb1000.html?wbp=1>. For more information, contact Marta Cahill at [mcahill@arlingtonva.us](mailto:mcahill@arlingtonva.us) or 703-228-1818.

#### Register Early for Senior Olympics

Registration is open for the 2012 Northern Virginia Senior Olympics, to be held Sept. 15-26. Participants can register online by going to [www.nvso.us](http://www.nvso.us) and signing up to

compete in more than 40 events that will take place at 18 different venues throughout Northern Virginia. Registration forms are also available at senior centers, community centers and senior residences or by calling 703-228-4721.

NVSO is celebrating its 30th Anniversary. Senior adults 50 years of age by Dec. 30, 2012 residing in a sponsoring jurisdiction are eligible to compete. Deadline to register is Sept. 1. The fee is \$12, which covers multiple events. There are additional facility fees for golf and bowling. Most events are divided into age categories and some by gender. Winners will be awarded gold, silver and bronze medals after each event.

Events include badminton, volleyball, cycling, track and field, swimming, diving, tennis, table tennis, golf, miniature golf, 10-pin bowling, Wii bowling, pickleball, bocce, racquetball, scrabble, cribbage, duplicate bridge, bunco, horseshoes, men's 3-on-3 basketball, men's and women's basketball free throw, team line dancing, yo-yo tricks, eight ball pool, Frisbee throw, softball hit and throw, football throw and Mexican Train dominos.

NVSO is sponsored by the cities of Alexandria, Fairfax and Falls Church, and the counties of Arlington, Fairfax, Fauquier, Loudoun and Prince William.



# You're Invited

## FREE Wellness Events in June 2012 at Commonwealth Medical Center

- **Thursday, June 14<sup>th</sup>** - 7:00-8:30pm: SEMINAR: Eating Well  
(RSVP to [carolerashid@commonwealthMC.net](mailto:carolerashid@commonwealthMC.net))
- **Monday, June 18<sup>th</sup>** - 6:30-7:30pm: Evening Yoga – NEW!
- **Tuesday, June 19<sup>th</sup>** - 5:00-8:00pm: Health Screenings  
(Blood Pressure, Cholesterol, and Blood sugar)
- **Tuesday, June 26<sup>th</sup>** - 5:00-8:00pm – SEMINAR: Eating Well  
(RSVP to [carolerashid@comonwealthMC.net](mailto:carolerashid@comonwealthMC.net))
- **Thursday, June 28<sup>th</sup>** - 5:00-8:00pm: Health Screening  
(NEW: Bone Density Testing)

### Commonwealth Medical Center

is a primary care doctor's office that supplements high quality medical care with wellness activities and health education. We believe that a healthy lifestyle goes hand in hand with your medical care. Dr. Rashid and staff are here to assist you with your medical needs and wellness goals. Medical insurance accepted.

3535 S. Ball St. Suite A  
Arlington, VA 22202

703-558-4922

[commonwealthMC.net](http://commonwealthMC.net)





# WELLBEING



Reiki Masters Christine Mosley, of Springfield, and Marion Werner, of Chevy Chase, perform a Reiki treatment.



Reiki Master Naning Sugeng of Potomac, performs a Reiki self-treatment.

PHOTOS BY MARILYN CAMPBELL/THE CONNECTION

## The Power of Touch

Reiki masters credit the practice with promoting healing.

BY MARILYN CAMPBELL  
THE CONNECTION

“May I touch you?” asks Marion Werner, a willowy woman with shoulder-length blonde hair. Her hands descend lightly on her patient’s chest.

This is Reiki, a decades-old, Japanese mind-body technique used for relaxation and stress relief that is gaining acceptance in the United States. During a session, a client lies on a massage table, fully clothed. Practitioners rest their hands on or just above the client’s body, palms down. They use a set of eight to 12 hand positions, each held for about two to five minutes.

While some healthcare professionals dismiss the practice as quackery, major medical centers including those at the National Institutes of Health (NIH) and George Washington Hospital’s Center for Integrative Medicine now offer it to patients, and medical schools have integrated mind-body courses into their curriculum.

Reiki is credited with promoting healing and addressing a host of ailments from post-traumatic stress disorder (PTSD), depression and anxiety to infertility, heart disease and the side effects of cancer treatment.

“A relaxed body and mind gives us a foundation for healing,” said Springfield, resident Christine Mosley, a Reiki master who also practices in Fairfax Station.

However, practitioners don’t claim to be

healers. “It’s like when you get a cut, the body responds and heals the cut. You might get stitches to help the healing, but your body is actually doing the healing,” said Werner, a Reiki master in Chevy Chase. “It is a capacity that we’re all born with but, stress can make it difficult for the natural healing process to work. Reiki treatment encourages relaxation and balance in the system.”

**SOME PRACTITIONERS** believe that Reiki is a mechanism for tapping into a universal energy that supports the body’s natural ability to heal itself, but this notion is not commonly accepted among physicians in the United States.

“In China and Japan they know it works and they don’t care how it works,” said Dr. David Rosenthal, medical director of the Leonard P. Zakim Center for Integrative Therapies at Dana-Farber Cancer Institute in Boston and a professor of medicine at Harvard Medical School. “In this country we have to show not only that it works, but how it works. ... I think the evidence is getting there, but I don’t think it is totally there yet.”

Reiki can be given to those who are dying and to their families. “It can help impart a sense of peace and acceptance,” said Naning Sugeng, a practitioner in Potomac, who, along with Werner and Mosley, offers free services to cancer patients and wounded veterans.

Comfort for America’s Uniformed Services (CAUSE), a non-profit organization that offers respite to wounded members of the military, provides free Reiki treatments to

battle-weary soldiers and their family members and caretakers. “It is so gentle that it can be used on shrapnel wounds and recent amputations to improve wound healing and relieve phantom pain,” said Mosley who is also the coordinator for CAUSE’s Reiki program at Fort Belvoir in Virginia.

**PRIVATE SESSIONS** with a Reiki master can cost between \$75 and \$100 an hour. The profession is not regulated, but traditional Reiki training and certification has three levels of expertise. While classes for the first two levels can be completed in two-day classes, preparation for the third, or master, level can take years.

Locally, Reiki treatments are offered at the Pain and Palliative Care Service at the NIH Clinical Center in Bethesda, Inova Loudoun Hospital’s Life with Cancer program and the

Center for Integrative Medicine at George Washington University Hospital in Washington, D.C.

Still, doctors say more large-scale studies are needed before Reiki becomes a mainstream practice. “Not only is there not enough research, but a lot of the Reiki research has been criticized for not being rigorous enough compared to the standards that are in place to study other medical interventions,” said Dr. John Pan, founder of the Center for Integrative Medicine at the George Washington University Medical Center in Washington and a faculty member at the George Washington University School of Medicine and Health Sciences.

Researchers at George Mason University conducted a study of patients in Inova’s Life with Cancer program to determine whether

yoga, Reiki, or meditation would help alleviate symptoms of chemotherapy-induced peripheral neuropathy (CIPN).

“At the conclusion of the study, each group, with the exception of the control group, showed [improvement], but the results were not statistically significant,” said Paul G. Clark, PhD, LCSW, assistant professor of social work. “What we did learn was that these therapies are worth studying on a larger scale.”

In 2011, Rosenthal co-authored a study of 18 men with prostate cancer and found that Reiki helped ease their anxiety. “It does relax people, it does decrease stress acutely,” he said, adding that Reiki can be an alternative for patients who have an aversion to relaxation techniques such as massage or acupuncture. “There are some people who do not like their bodies being rubbed and do not like needles being put into their skin.”

Reiki is also credited with calming jittery preoperative patients. Kate Snipes, a 41-year-old wife and mother of two, received Reiki treatments before and after a prophylactic double mastectomy. She recalls feeling tranquil post-treatment, void of the anxiety that had gripped her before the procedure.

“I felt more at peace with [the surgery],” said Snipes. “I felt pain relief, and I felt more comfortable and relaxed in the parts of my body that were kind of tense.”

**REIKI IS GENERALLY SAFE** and NIH’s National Center for Complementary and Alternative Medicine says that that no serious side effects have been reported.

“It won’t cause harm, but some people may not respond to it,” said Pan. “It is an individualized process. What works for one patient may not work for another.”

“A relaxed body and mind gives us a foundation for healing.”

— Christine Mosley



ZONE 6: • ARLINGTON • GREAT FALLS  
• McLEAN • VIENNA/OAKTON

# HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

703-917-6400

ZONE 6 AD DEADLINE:  
MONDAY NOON

# EMPLOYMENT

## CLEANING

### A CLEANING SERVICE

Since 1985/Ins & Bonded

Quality Service at a Fair Price

Satisfaction Guaranteed-

Angies List 2011-Super Service Award!

Comm/Res. MD VA DC

[acleansingserviceinc.com](http://acleansingserviceinc.com)

703-892-8648

## CLEANING

## IMPROVEMENTS

## IMPROVEMENTS

### The HANDYMAN

A DIVISION OF NURSE CONSTRUCTION

BATHROOM REMODELING, DRYWALL,  
PAINTING, CERAMIC TILE, CARPENTRY,  
POWER WASHING & MUCH MORE

You have tried the rest - NOW CALL THE BEST!!

Proudly serving Northern VA - 46 yrs. exp.

Licensed  
Insured

We Accept VISA/MC  
703-441-8811



## HAULING

ANGEL'S  
TRASH REMOVAL  
•Junk & Rubbish •Furn.,  
Yard, Construction  
Debris • Garage &  
Basement Clean Up  
703-863-1086  
703-582-3709  
240-603-6182

AL'S HAULING  
Junk & Rubbish  
Concrete, furn., office,  
yard, construction debris  
Low Rates NOVA  
703-360-4364  
703-304-4798 cell

7 DAYS A WEEK

## MASONRY

### ALBA CONSTRUCTION INC.

#### CONCRETE WORK

Licensed • Insured

Driveways • Patios • Exposed Aggregate  
Sidewalks • Carports • Pool Decks • Garages  
Flagstone • Brick • Stonework

703-204-0733

## BUSINESS OPP

## BUSINESS OPP

TELEPHONE  
A great opportunity to  
WORK AT HOME!

NATIONAL CHILDRENS CENTER  
No sell! Salary + Bonus + Benefits!

301-333-1900

Weekdays 9-4

TELEPHONE  
A great opportunity to  
WORK AT HOME!

NATIONAL CHILDRENS CENTER  
No sell! Salary + Bonus + Benefits!

301-333-1900

Weekdays 9-4

## ELECTRICAL

## ELECTRICAL

### K & D ELECTRIC

COMMERCIAL / RESIDENTIAL SERVICE  
Family Owned & Operated

Recessed Lighting

Ceiling Fans

Phone/CATV

Computer Network Cabeling

Service Upgrades

Hot Tubs, etc...

Licensed/Bonded/Insured

Office 703-335-0654

Mobile 703-499-0522

### R.N. CONTRACTORS, INC.

Remodeling Homes, Flooring,  
Kitchen & Bath, Windows,  
Siding, Roofing, Additions &  
Patios, Custom Deck, Painting

We Accept All Major Credit Cards

Licensed, Insured, Bonded • Free Estimates • Class A Lic  
Phone: 703-887-3827 Fax: 703-830-3849

E-mail: [rncontractorsinc@gmail.com](mailto:rncontractorsinc@gmail.com)



## LANDSCAPING

## LANDSCAPING

### JUAN'S LANDSCAPING

Since 1987

• COMPLETE TREE SERVICE • MASONRY • HAULING  
• BACKHOE • EXCAVATING • POWER WASHING  
• HANDYMAN • PAINTING • TRASH REMOVAL • DRYWAL



Res./Com. • Free Estimates

• CELL 703-732-7175

### O'GRADY'S

SINCE 1991

### LANDSCAPE

Lawn Maintenance - Landscape Design  
Hardscapes

703-533-5001

[www.ogradyslandscape.com](http://www.ogradyslandscape.com)

### LAWN MOWING

MOWING TRIMMING EDGING,  
HEDGE TRIMMING, MULCHING,  
SODDING, GUTTER CLEANING

### PINNACLE SERVICES

lic/ins 703-802-0483 free est.  
email: [jamie@lawnsandgutters.com](mailto:jamie@lawnsandgutters.com)

web: [lawnsandgutters.com](http://lawnsandgutters.com)  
Friendly Service with a Friendly Price!

### Flower Garden Delight

Est 1995

Prompt Reliable Service  
Seasonal plantings & garden  
maintenance to suite your  
personal taste

Stacey 703-242-2421

Lic & Ins

### J.E.S Services

LANDSCAPE & CONSTRUCTION

• Patios • Walkways  
• Retaining Walls  
• Drainage Problems  
• Landscape Makeovers

Call: 703-912-6886  
Free Estimates



### Potomac Masonry

703-498-8526

New Installations & Repairs

Stone - Flagstone - Brick - Concrete

FREE ESTIMATES!!

Lic. & Ins

[potomacmasonry.net](http://potomacmasonry.net)



### BRICK AND STONE

### Custom Masonry

703-768-3900

[www.custommasonry.info](http://www.custommasonry.info)

Patios, Walkways, Stoops, Steps, Driveways

Repairs & New Installs • All Work Guranteed

3rd Generation Masonry Company  
Family Owned & Operated Since the 1950s

### MASONRY SPECIALIST, LLC

For All of Your Masonry Needs  
Custom Design, Installation, Repairs & Restoration

BRICK - FIELDSTONE  
FLAGSTONE - CONCRETE

EP Henry & Belgard Pavers  
Patios, Walkways, Driveways, Retaining & Decorative Walls

703-443-2308

Go to [www.masonryspecialist.com](http://www.masonryspecialist.com) for ideas, pictures & coupons!  
All Work Guaranteed - Licensed & Fully Insured  
Class A License #VA2705087240A

## ROOFING

## ROOFING

### Falcon Roofing

Roofing & Siding (All Types)

Soffit & Fascia Wrapping

New Gutters • Chimney Crowns

Leaks Repaired

No job too small

703-975-2375

[falconroofinginc.com](http://falconroofinginc.com)

## TREE SERVICE

## TREE SERVICE

### Charles Jenkins TREE SERVICE

Mulching & Edging  
10% off with Seniors w/ad

ALSO MULCH DELIVERY Lic. & Ins!  
540-829-9917 or 540-422-9721

# HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

## LANDSCAPING

## PAVING

### A&S LANDSCAPING

Planting • Mulching • Sodding  
Patios • Decks • Driveway Sealing,  
Asphalt • Retaining Walls  
Erosion Control • Drainage Solutions  
703-863-7465

### Joseph Sealcoating Specialist

### PAVING

35 Years  
Experience! Free  
Estimates!  
703-494-5443

### ANGEL'S LAWN MOWING

•Trimming •Leaf & Snow  
•Removal •Yard Clearing  
•Hauling •Tree Work  
703-863-1086  
703-582-3709  
240-603-6182

## TREE SERVICE

### ANGEL'S TREE REMOVAL

Brush & Yard Debris  
• Trimming & Topping  
• Gutters & Hauling  
[Angeltreeslandscaping-hauling.com](http://Angeltreeslandscaping-hauling.com)  
703-863-1086  
703-582-3709  
240-603-6182

## PAINTING

### PATRIOT PAINTING

[www.PatriotPainting.net](http://www.PatriotPainting.net)

Wallpaper Removal,  
Carpentry,  
Power Washing,  
Int/Ext Painting

Free Est. • Satisfaction Guar.!

Lic./Ins. Int./Ext.

703-502-7840

Cell

571-283-4883

An expert  
is someone  
who knows  
some of the  
worst mistakes  
that can be  
made in his  
subject and how  
to avoid them.  
-Werner  
Heisenberg



# EMPLOYMENT

ZONE G • ARLINGTON • GREAT FALLS  
• McLEAN • VIENNA/OAKTON

# CLASSIFIED

703-917-6400  
ZONE G Ad DEADLINE:  
MONDAY NOON

## BEST CHILDCARE JOBS!

F/T, P/T, On-Call, Top Salaries  
No Fees, Must be 21, Legal & Drive  
References Req'd  
 **703-838-2100**   
**White House Nannies, Inc**

## Childcare Positions

4 No VA Locations  
Full & PT Positions Available  
Experienced & Matured. Must be 18 yrs.  
Children 8 wks -12 yrs. Med & Dental  
Benefits, 401K, Earned Leave Offered.  
CDL Bus Drivers Needed &  
Summer Camp Counselors.  
Email resume: childinc2@aol.com  
Or Fax: 703.425.2703

## Economists

PricewaterhouseCoopers, LLP has an opportunity for the following position in McLean, VA.

Sr. Associate. Reqs. recent exp w/in the following: Transfer pricing concepts, incl transfer of intellectual property, transfers of tangible goods & other financial transactions. Reqs. incl. Master's deg in Economics or rel & 3 yrs recent exp.

Mail resume to Attn: HR SSC/Talent Mgt, 3109 W. MLK Jr. Blvd., Tampa, FL 33607, Ref #MCLDGH. Must be legally authorized to work in the U.S. w/out sponsorship. EOE

## Architect

needed by AECOM Technology Corporation in Arlington, VA, to provide programming, design, construction detailing and master planning services for a variety of renovation and new construction project types in museum, cultural and government facilities. Requires Masters or foreign equivalent in Architecture or a related field and 2 years experience performing architectural design for museum renovation, re-use and construction utilizing AutoCAD, MicroStation, and Revit Architecture including content, family and detail library development, and template file management. Experience to include therein production of graphic presentations and 3D rendering utilizing SketchUp, 3D Max, InDesign, Photoshop, Illustrator, and MS Office software. Also requires certification of LEED Accredited Professional. To apply, mail resume to Dajuanna Doss, HR Specialist, AECOM, 4840 Cox Road, Glen Allen, VA 23060. Refer to Job #16-L.

## THE CONNECTION CLASSIFIED

Classified or Home • Lawn • Garden:  
**703-917-6400**

Employment: 703-917-6464

E-mail: classified@connectionnewspapers.com

## 21 Announcements

**ABC LICENSE**  
Lotus Grill & Noodles, LLC, 4041 Campbell Avenue, Arlington, VA 22206. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Beer & Wine on Premises and mixed beverages on premises license to sell or manufacture alcoholic beverages.  
Thuan T. Nguyen, President  
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200

**ABC LICENSE**  
Public Links, Inc trading as Jefferson District Golf Course, 7900 Lee Highway, Falls Church, VA 22042. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Beer and Wine on Premises license to sell or manufacture alcoholic beverages.  
Barbara Cosgrove, Treasurer  
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200

## 26 Antiques

We pay top \$ for antique furniture and mid-century Danish/modern teak furniture, STERLING, MEN'S WATCHES, jewelry and costume jewelry, paintings/art glass/clocks. Schefer Antiques @ 703-241-0790. Email:theschefer@cox.net

## 28 Yard Sales

**Annual "Miller Heights Neighborhood Association" Multi-Family Yard Sale.** Dates June 9th and June 10th from 8:00 am to 2:00 pm each day. Location Miller Heights Road, Oakton VA.

**Estate/Moving Sale**  
Sat. June 9 & Sun. June 10, 7am-5pm  
11245 Handlebar Rd, Reston, VA 20191

## 21 Announcements

## -Virginia Seaside Lots-

Spectacular 3+ acre estate lots in the most exclusive development on the seaside (the mainland) overlooking Chincoteague Bay, islands and ocean beyond. Gated entrance, caretaker, private paved roads, community pier, boat ramp, pool and club house which includes 2 bdrm. guest suites for property owners. Great climate, fishing, clamming and National Seashore beaches nearby. Just 30 miles south of Ocean City, Md. Absolute buy of a lifetime, recent bank sale makes these lots available at 1/3 original price! Priced at only \$49,000 to \$65,000.

For more info call (757) 824-5284  
or email: [oceanlandtrust@yahoo.com](mailto:oceanlandtrust@yahoo.com)  
website with pictures: [www.corbinhall.com](http://www.corbinhall.com)

## 21 Announcements

**First Annual VIETNAMESE HERITAGE FESTIVAL**  
**Saturday June 23, 2012**  
**George Mason University, Lot K**  
**10am - 8pm**

- VIETNAMESE HISTORY AND ART EXHIBITS
- CULTURAL DANCE / MUSIC PERFORMANCES
- PHO EATING CONTEST
- FASHION SHOW
- CARNIVAL GAMES
- MISS VIETFEST PAGEANT

**www.VietFest.com**  
E: [info@vietfest.com](mailto:info@vietfest.com)  
T: 202-670-5370

## 21 Announcements

**Set your sails for success!**

You'll have smooth sailing when you advertise through Virginia Press Services' Statewide Display Advertising Network!

Place your business card-size ad in more than 65 newspapers and your message will reach more than 800,000 Virginians.

**CONTACT THIS NEWSPAPER**  
or Adriane Long, Virginia Press Services,  
**804-521-7585** or [adrianel@vpa.net](mailto:adrianel@vpa.net).

## 21 Announcements

**REVERSE MORTGAGES**  
*Let Your Home Pay You*  
**800-416-8785**  
**Security One Lending**  
Based in Virginia • Local to You  
**www.Age62plus.com**  
Virginia State Corporation Commission • License Number MC5508

## 21 Announcements

## 24 Metaphysics



## Psychic Readings

by Tony Hart

If you are worried or troubled and are looking for clear caring answers It's only a phone call away.

Call now for your real answers  
**469-260-9135**

## THE CONNECTION CLASSIFIED

Classified or Home • Lawn • Garden:  
**703-917-6400**

Employment: 703-917-6464

E-mail: classified@connectionnewspapers.com

## Haven't I Learned Anything?



By KENNETH B. LOURIE

I'm not going to beat myself up too badly; after all, I do have terminal cancer. However, I am disappointed in my behavior of late, especially as it relates to my status as a still-active (thank God!) cancer patient/survivor undergoing treatment. Here I thought I was "Mr. Experience," a three-years-plus cancer survivor having endured all the ups and downs associated with the diagnosis, prognosis, chemotherapy, diagnostic scans, appointments with my oncologist, lab work, etc., so that blips in any or all of the aforementioned categories wouldn't faze me, understanding that there's no future in overreacting to any of it; taking it all in stride and maintaining an even keel as the key to surviving the unrelenting pressure.

And yet, I've overreacted; anticipated a negative outcome and worried about a result that has not been confirmed; heck, it hasn't even been tested for. It's not even time for it to be tested. Moreover, there are not even indications that when tested, the problem will arise. Still, I'm planning for a negative result and trying to circumvent its treatment and financial impact. In summary, I'm trying to control the uncontrollable (cancer) and in so doing I am making myself miserable. Rather than deal with the consequences as they present themselves, I am attempting to solve them in advance – before they are actual consequences. Part of me feels this is prudent, given my underlying diagnosis, and part of me (I am a Libra) feels that I am putting the cart before the horse, as they say, and creating a problem where as yet one doesn't exist.

If a problem with my lab work does present itself, it will be bad/complicated enough then. It doesn't need to be bad/complicated before it actually happens, does it? I'm supposed to be able to deal with the punches. I've been punched – so to speak – for over three years now; this is nothing new. Sure, the drug is new, and its potential complication is new, but it's really just more of the same stuff: cancer, only different. So why am I struggling emotionally? I have been there and I have been doing it. What's changed?

I would have thought that year one, especially the first few weeks and months of treatment, entering the unknown world of heavy-duty chemotherapy, would have generated more anxiety and deeper emotional troughs than year four: less heavy-duty chemotherapy, more experience being a cancer patient. But that has not been the case. Perhaps the unexpected change in treatment – for better or worse (to be determined) is causing this reaction. Though I'm not in any pain as a result, I do sense a change in momentum, sort of. I imagine I'll get over it, but I shouldn't have to "get over it." I should never have gotten under it. I should have recognized the signs/circumstances and not allowed myself to fall victim to its emotional tentacles. Having been diagnosed with terminal cancer at age 54 is bad enough on its own. I don't need to make it any worse.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



TOYOTA  
**sign&drive.**

AT ALEXANDRIA TOYOTA WITH  
nothing out of pocket  
TAX, TAGS, FEES, THEY'RE ALL INCLUDED.

I ♥ ALEXANDRIA TOYOTA/SCION

From Sales to Service, Jack Taylor's Alexandria Toyota has offered an experience unlike any dealership I've ever seen. My family has been buying and servicing our cars there for over 20 years. There's truly no better way to get a new car than Alexandria Toyota's Sign & Drive. I went online and picked the car I wanted, with a payment I was comfortable with. When I got to the dealership there were no hidden fees or games. I simply got the car I wanted, at the price I wanted. I've also always gotten the service I needed in an efficient and in a professionally competent way.

Tell us your story at [facebook.com](https://www.facebook.com)

*Jack Taylor*

**0% APR**  
FINANCING  
ON SELECT NEW MODELS<sup>3</sup>

PLUS

**\$1,500**  
UP TO

OVER KELLEY BLUE BOOK<sup>2</sup>  
FAIR VALUE FOR YOUR TRADE

UPGRADE TO A NEW TOYOTA AND LOWER YOUR MONTHLY PAYMENT

BRAND NEW 2012 TOYOTA  
**COROLLA LE**  
4DR SEDAN, 4-SPD AUTO

OR \$500 BONUS CASH<sup>8</sup>

**\$0 DUE AT SIGNING**  
\$249 PER MO. LEASE<sup>1</sup>



BRAND NEW 2012 TOYOTA  
**CAMRY LE**  
4DR SEDAN, 6-SPD AUTO

**\$0 DUE AT SIGNING**  
\$289 PER MO. LEASE<sup>1</sup>



BRAND NEW 2012 TOYOTA  
**RAV4**  
4DR SUV, ELECTRONIC 4-SPD AUTO

OR \$500 BONUS CASH<sup>8</sup>

**\$0 DUE AT SIGNING**  
\$289 PER MO. LEASE<sup>1</sup>



**PRIUS FAMILY  
IN-STOCK NOW!**



WELCOME TO THE FAMILY.  
BRINGING THE SPORT BACK TO THE CAR.



**\$1,000 MILITARY REBATE<sup>9</sup>**

*Jack Taylor's*

**ALEXANDRIA**

TOYOTA / SCION

**Alexandria Toyota**

3750 Jefferson Davis HWY, Alexandria, VA 22305

1-866-616-8420 | [AlexandriaToyota.com](http://AlexandriaToyota.com)



The Best New Cars Make The Best Used Cars

- 7YR/100K MILE ROADSIDE ASSISTANCE PLAN<sup>†</sup>
- 160 POINT QUALITY ASSURANCE INSPECTION<sup>††</sup>
- CARFAX VEHICLE HISTORY REPORT
- 2.9% APR FINANCING AVAILABLE<sup>4</sup>
- 12 MO./12K MI COMPREHENSIVE WARRANTY
- 7 YR./100K MI LIMITED POWERTRAIN WARRANTY



**ToyotaCare**

**2 YEAR COMPLIMENTARY  
MAINTENANCE PLAN**

WITH ROADSIDE ASSISTANCE<sup>5</sup>  
ON EVERY NEW VEHICLE

COVERS 2 YEARS OR 25K MILES, OIL & FILTER,  
TIRE ROTATION, MULTIPOINT INSPECTION

**\$1,000 REBATE FOR  
RECENT COLLEGE GRADS<sup>6</sup>**

**\$500 MILITARY REBATE INCENTIVE  
FOR ACTIVE MILITARY PERSONNEL.<sup>7</sup>**

<sup>1</sup>INCLUDES TAX, TAGS, FREIGHT, \$399 PROCESSING FEE, ACQUISITION FEE AND \$0 SECURITY DEPOSIT. 36-MONTH LEASE W/12K MILES PER YEAR. EXAMPLE CAMRY L. <sup>2</sup>BASED ON KELLEY BLUE BOOK FAIR TRADE VALUE MINUS EXCESS MILEAGE AND RECONDITIONING. <sup>3</sup>0% APR FOR A LIMITED TIME ON SELECT NEW TOYOTAS WITH APPROVED TIER1+ CREDIT THROUGH TFS. EXCLUDES \$379 DEALER DOC FEE. <sup>4</sup>WHICHEVER COMES FIRST FROM DATE OF TCUV PURCHASE. <sup>5</sup>FROM DATE OF TCUV PURCHASE. <sup>6</sup>WITH APPROVED CREDIT ON SELECT MODELS THRU TFS. SEE DEALER FOR COMPLETE FINANCING DETAILS. <sup>7</sup>WITH PURCHASE OF A NEW VEHICLE. COVERS NORMAL FACTORY SCHEDULED SERVICE. PLAN IS FOR 2 YEARS OR 25K MILES, WHICHEVER COMES FIRST. THE NEW TOYOTA VEHICLE CANNOT BE PART OF A RENTAL OR COMMERCIAL FLEET, OR A DELIVERY OR TAXI VEHICLE. SEE PARTICIPATING TOYOTA DEALER FOR DETAILS. <sup>8</sup>TOYOTA FINANCIAL SERVICES COLLEGE GRADUATE PROGRAM IS AVAILABLE ON APPROVED CREDIT THROUGH A PARTICIPATING TOYOTA DEALER AND TOYOTA FINANCIAL SERVICES. NOT ALL APPLICANTS WILL QUALIFY. REBATE OFFERED BY TOYOTA MOTOR SALES, U.S.A., INC. REBATE WILL BE APPLIED ON LEASE CONTRACTS, FIRST TOWARD THE AMOUNTS DUE AT LEASE SIGNING OR DELIVERY, WITH ANY REMAINDER TO THE CAPITALIZED COST REDUCTION OR TOWARD THE DOWN PAYMENT ON FINANCE CONTRACTS. ONE REBATE PER LEASE OR FINANCE TRANSACTION. <sup>9</sup>REBATE OFFERED BY TOYOTA MOTOR SALES, U.S.A., INC. REBATE WILL BE APPLIED ON LEASE CONTRACTS, FIRST TOWARD DUE AT SIGNING OR DELIVERY, WITH ANY REMAINDER TO THE CAPITALIZED COST REDUCTION, OR TOWARD THE DOWN PAYMENT ON FINANCE CONTRACTS. ONE REBATE PER FINANCE OR LEASE TRANSACTION. NOT COMPATIBLE WITH THE TOYOTA COLLEGE GRADUATE REBATE PROGRAM. SEE DEALER FOR COMPLETE DETAILS. <sup>10</sup>BONUS CASH FROM TOYOTA MOTOR SALES USA, INC ON QUALIFIED TFS LEASE CONTRACTS ONLY. MUST BE APPLIED TO THE TRANSACTION. NO CASH PAYMENT WILL BE MADE TO CONSUMER. <sup>11</sup>ELIGIBLE CUSTOMERS MUST BE IN CURRENT ACTIVE DUTY STATUS IN THE U.S. MILITARY. VERIFIABLE PROOF OF MILITARY STATUS OR PROOF OF ACTIVE SERVICE IS REQUIRED AT TIME OF PURCHASE. CANNOT BE COMBINED WITH OTHER REBATES. ALL OFFERS EXPIRE 7/2/12.

**ALEXANDRIATOYOTA.COM**