

Bird Ladies Katie Rogers (Fairfax), Courtney Ashmore (Fairfax) and Carol St. Germaine (Burke) strike one of their signature poses in rehearsal for their upcoming musical production "Seussical" at The Church of the Good Shepherd in Burke.

PAXTON/THE CONNECTION

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June 7-13, 2012



Celebrate Fairfax Honors 2012 'Lords and Ladies'

Honorees saluted for community volunteerism.

By Victoria Ross The Connection

elebrate Fairfax kicked off its 30th anniversary with a salute to the 2012 Lord and Lady Fairfax Honorees during a dinner and awards ceremony at the Fairfax County Government Center Tuesday, June 5.

"The tradition of honoring Lords and Ladies Fairfax began in 1984 as a unique way to recognize exceptional citizens of Fairfax County," said Lynne Strobel, chair of Celebrate Fairfax Board of Directors.

Each year, the Fairfax County Board of Supervisors selects two people from their district who have demonstrated superior volunteer service, heroism, or other special accomplishments to receive the award.

"Volunteerism is what sets Fairfax County apart," said Tessie Wilson, a former Fairfax County School Board member and the Braddock District honoree. "I'm very honored. Celebrate Fairfax recognizes the extra value of volunteerism in our society."

The event drew several hundred people, including community and business leaders as well as state and local elected officials.

"Tonight, we are honoring the stars of each district who make our communities strong," said Pete Murphy, a Celebrate Fairfax board member and the event's master of ceremonies. "John Quincy Adams said it best: 'If your actions inspire others to dream more, learn more, do more and become more, you are a leader."

2012 Lord and Lady Fairfax Honorees

*Profiles provided by Celebrate Fairfax

Nominated by Chairman Sharon Bulova (D- At-large) :

* Kathy Albarado, President and CEO of Helios HR, an awardwinning Human Resource firm based in Reston. She has volunteered her time and resources with Reston Interfaith, leading a winter coat drive; food drives and walks for the homeless. In 2009



The Brown family (from left) Josh, Mary Beth, Liza, Ava, Jack, Craig and "Lord" Robert Brown with Supervisor Pat Herrity (R-Springfield) at the 30th anniversary of Celebrate Fairfax.



"Lady" Martha Lloyd and "Lord" Don Hinman stand with Supervisor Jeff McKay (D-Lee), center, at the award ceremony.

Kathy was honored by the Washington Business Journal for her dedication to Community and Philanthropy. Helios was also recognized by the Reston Chamber as the "Best of Reston, corporate category." Albarado is an enthusiastic member of the Governing Board to Prevent and End Homelessness. In an opinion piece in The Connection Newspapers, Albarado wrote, "I am fortunate to now be in a position to support and give back to my community and I view it as a privilege to do so. Community outreach can and should become a part of an organization's culture."

"On the Fairfax County seal are the Latin words 'Fare Fac,' roughly translated as 'speak and act.' Kathy is a real example of backing up her words with action," Bulova said.

Delbert (Bill) Sheads, born in 1921, is a lifelong resident of Fairfax County. As a child, Sheads, whose father Cam operated a portable saw mill in the area, helped out by hauling logs, sand and gravel. During high school (1938-

1941), he left home at 3:30 a.m. every Monday to pick up saw mill workers in Page and Fauquier County. At 18, Sheads joined the volunteer fire department, later becoming its Chief. He was at Ossian Hall, one of the grand Fitzhugh manor homes in Annandale, when it was burned as training exercise, and he remembers the fire fighters shedding tears as the magnificent home burned. For years, Sheads has been documenting his life story which is also the community's story - with extraordinary detail. He draws detailed maps and pictures to preserve the past.

"Bill has led a fascinating life and is gifted with amazing recall," Bulova said. "He has generously shared his memories through his writings, oral histories and work with the Burke Historical Society and the A Look Back at Braddock History Project."

Braddock District - Nominated by Supervisor John Cook:

* **Tessie Wilson** came to the area as a student at American Univer-



Bill Wilson, "Lady" Tessie Wilson, and Superintendent of Fairfax County Public Schools Jack Dale at the 30th anniversary of Celebrate Fairfax honoring the 2012 Lord and Lady Fairfax nominees. The event was held at the Fairfax County Government Center Tuesday, June 6.



From left - Carly Coho, Petre Snegireff, Supervisor Pat Herrity (R-Springfield), "Lady" Breeana Bornhorst, Linda Aikey and Rhonda VanLowe at the event.

sity and earned a degree in Overseas Business. As the mother of a son and daughter, she naturally gravitated toward activities involving her children. She has been active in both the Girls Scouts and Boy Scouts, served as an officer on the PTA of both Bonnie Brae Elementary School and Robinson Secondary School, served as the treasurer of the Education Foundation for Fairfax County Public Schools. This led her to serve as the Braddock district representative to the Fairfax County School Board from 1999-2011. She is the Chairman and Founder of College Access Fairfax, a non-profit organization that assists parents and students in completing the FAFSA (Free Application for Federal Student Aid). She currently serves on Civic Association, and runs her own business, CW Accounting. Fairfax.

* Doug Brammer serves as Verizon's Government Affairs Manager in Northern Virginia. In his current position, Brammer is responsible for representing Verizon at the local and state government level as well as managing corporate philanthropy. He currently serves in leadership positions with a number of community organizations, including the Northern Virginia Community College Education Foundation, the Fairfax Chamber of Commerce, the Arlington Chamber of Commerce, Leadership Arlington, and the Boy Scouts of America. He also currently serves as Chairman of the Board of the Fairfax County Chamber of Commerce VALOR Foundation. The Valor Awards ceremony was established in 1979 to honor and the board of the Woodbury Woods recognize Fairfax County's First Responders for their heroic acts. The Valor Scholarship Fund was She and her husband live in established in 1989. The Scholar

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'Whatever I Do Will Only Make Me Stronger'

Robinson student wins Hispanic Leadership Alliance scholarship.

> By Bonnie Hobbs The Connection

orn in Bolivia, Lucia Maldonado came to the U.S. at age 7 with her mother and younger sister. Now 18, she's about to graduate from Robinson Secondary School and is the recipient of a Hispanic Leadership Alliance (HLA) scholarship.

"I was surprised and happy," she said. "It was a huge blessing. I've had a wonderful experience at Robinson because of all the opportunities and extracurricular activities at this school."

Maldonado's president of the National Art Honor Society and an IB diploma candidate. "IB classes allow you to challenge yourself academically and as a thinker and become more well-rounded," she said.

But her favorite thing at Robinson has been participating this year in the school's reopened Latin American Student Association (LASA). "It encourages leadership in Latino students and giving back to their communities so students coming in won't have to face the same challenges I did," she said. "I was one of the only Hispanic students or Hispanic girls in upper-level classes."

AS A RESULT, Maldonado felt intimidated by her classmates' intelligence. But, she said, "That challenged me even more to



Lucia Maldonado (center) with LASA co-sponsors Enrique Fernandez and ⁷ Ruth Azimi.

prove to myself and others that I could do it." To win the \$1,000 HLA scholarship, she had to write about the person who inspired her most.

"I wrote about my mom – she's the best example of strength and humility I know," she said. "She's a single mom and she's worked really hard to come to this country and raise my sister and I. Sometimes, she had to work three jobs to get us through." Maldonado said her mother taught her

how to be strong in tough times and always be thankful for what she has. "But the most important thing I've learned from her is never giving up on my dreams," she said. "Sometimes, the things we want most take longer to attain. But what matters is the destination and not the path you take to get there. My mom's always taught me that, as long as you try your hardest, the right doors will always open."

Maldonado's mother didn't know her daughter was writing about her until she won the scholarship. "She was honored that I think of her that way," said Maldonado. "She was also thankful because it's not easy to have a good relationship with your parents as a teenager." Ruth Azimi is the co-sponsor of LASA at Robinson and had the honor of presenting Maldonado's scholarship at the recent HLA awards banquet. "I was very proud because I encouraged Lucia to apply for this scholarship," said Azimi. "She needed it and deserved it. I was so excited to learn she'd won, after all her hard work, commitment, dedication and challenges."

Maldonado has had several, serious medical problems the past two years, including a fractured ankle requiring surgery. And after graduation, she'll have surgery on her adenoids to relieve her severe headaches. "The doctors are also concerned about my liver, but I don't want to sulk about it," she said. "Instead, I want to stay positive."

"I won a scholarship, I'm graduating and going to college – something my parents never did," continued Maldonado. "It proves that all my mom's efforts, late nights working and physical and emotional difficulties were worth it. Someday, I hope to provide for my mom the way she provided for me."

THIS FALL, she'll attend NOVA in Alexandria, and she's already started taking online classes. "I want to study film and, hopefully, one day be a director," she said. "I plan to move to Argentina in two years because college is cheaper there and I'll graduate as a creative director – which will allow me to enter any directing field I want."

Maldonado said her biggest reward is making her mother proud of her and seeing her smile. "I feel like whatever I do will only make me stronger," she said. "Whatever I go through will help me learn and God will get me through."

Bulletin Board

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

SATURDAY/JUNE 9

- Fairfax County Women in the NAACP Meeting. 10 a.m. Kings Park Library, 9000 Burke Lake Road, Burke. Help plan for upcoming events. New members welcome. 703-470-2137 or www.fairfaxvawin.org.
- **Dog Adoptions.** 1-4 p.m. PetSmart, 12971 Fair Lakes Center, Fairfax. Every Saturday. Sponsored by Lost Dog & Cat Rescue Foundation. www.lostdogrescue.org.
- **Divorce Workshop.** 9 a.m. Fair Oaks Courtyard Marriott, 11220 Lee Jackson Memorial Highway, Fairfax. The legal, financial, family, property and personal issues of divorce. Free. www.secondsaturdayfairfax.com.

MONDAY/JUNE 11

Senior Fall Prevention Classes. 2 p.m. The Woodlands Retirement Community, 4320 Forest Hill Drive, Fairfax. Classes designed to work on balance and core muscles to prevent injuries and falls; Instructor certified in back and hip rehab. Every Monday and Friday in a heated indoor pool. \$10. Registration required at 703-667-9800.

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Planning for the Future Robinson's Latin American Student Association is growing.

By Bonnie Hobbs The Connection

o encourage leader ship among Robinson Secondary School's Hispanic population, Ruth Azimi and Enrique Fernandez co-sponsor LASA, the Latin American Students Association. It's helping the students' parents, as well.

Azimi holds monthly meetings for the parents to inform them about opportunities for themselves and their children. She lets them know what's going on at school and provides them with information about scholarships.

"The parents feel included in their kids' lives," said senior Lucia Maldonado. "One of Hispanic parents' fears is that they won't be able to guide their children through the college-

application process." Now, though, Robinson's Hispanic parents learn how to advocate for their children at school. And when NOVA's Hispanic Student Union recently visited Robinson, its members spoke in Spanish and told parents ways they could get involved in school.

All these things delight Robinson parent liaison Azimi. "Tve been working here for eight years, and I always wanted a club for Spanish students," she said. "They don't always participate in clubs, but we do have a lot of Hispanic leaders."

Last year, Azimi went to the Hispanic Leadership Alliance (HLA) awards banquet and saw teachers present Hispanic students with scholarships. "I wanted to do that at Robinson, too," she said. "So I talked to HLA President Idi Duncan about establishing a partnership with them for a club here."

She then discussed the idea with several students, including Maldonado, then a junior. Azimi wanted to revive LASA, which was once active at Robinson, but had disappeared the past three years.

So when Fernandez joined Robinson in January as a counselor, she recruited him to help. Since then, said Azimi, "He's been our right hand in every aspect of LASA. And the fact that he's fluent in Spanish helped the kids."

"I like LASA," said Fernandez. "The members are really passionate about the group and want to do lots of things. So we're deciding what we want LASA to be and to do for the community. We worked on an international talent show in March, with all the cultures here. It included a fashion show and food from different countries."

LASA's leadership board has already presented activity ideas to Fernandez for the next school year. "We want it to be mostly student-run," he said. "We'd like it to be more than social – a support system for all ESOL students and students new to the middle and high school. We'd also like to set up a tutoring system for students needing help with their schoolwork. We want to make them all feel like they belong here at Robinson."



Area Volunteers Honored

Neighborhood Advisory Board since 2007, on the Laurel Grove School Association Board since 2009, and a member of The Links, Inc. since 2011. She has served on the Lee District Citizen Budget Advisory Board during our most difficult budget years and on the Workforce Committee for the Fairfax County Executive Strategic Plan. Martha also finds time to work with organizations that support our troops and provide mentoring, scholarships, and

* Don Hinman has been president of the Huntington Grove HOA since 2002. An active board member of the Lee District Association of Civic Organizations since 2009, Hinman also represents Lee District on the Board of the Fairfax County Federation of Citizens Associations. He was vice



Fairfax County Board of Supervisors Chairman Sharon Bulova (D-At-large) gives "Lord" Delbert "Bill" Sheads a congratulatory kiss after Lynne Strobel, chair of Celebrate Fairfax Board of Directors, recognizes Sheads at the 30th anniversary of Celebrate Fairfax.

> president of the Federation for two years and now chairs its Citizen Association Services Committee. He is also in his third year on the statewide board of the Virginia Legislative Action Committee of the Community Associations Institute. As HOA president, he advocates for increased use of native plants in landscaping and has helped obtain a county NEPP grant and coordinated installation of native plants in his townhouse community. Additionally, for almost every election since 2005, Hinman has served as Chief Election Officer in Lee District precincts. More recently, he represented HOA on the Penn Daw Special Study Task Force.

> Springfield District - Nominated by Supervisor Pat Herrity

Breeana Bornhorst is the Executive Director of the Northern Virginia Therapeutic Riding Pro-

State Farm

gram located in Clifton. During the past 11 years, Bornhorst's skills have served to energize and grow a program with two horses, 15 riders, one instructor, and limited volunteers to one with 14 horses, more than 100 riders per week, nine instructors, three therapists, and a database of 700-plus volunteers. NVTRP offers therapeutic riding and hippotherapy to children and adults with disabilities, youth-at-risk, and military service personnel and their families in an inclusive community setting. NVTRP also offers therapeutic riding and community lessons through the Fairfax County Partakes. In 2011, NVTRP provided more than 3,100 lessons to 262 riders with more than 20,000 volunteer hours. As Chairman of the County's Equestrian Task Force, Bornhorst has become a champion for the equestrian community by identifying opportunities for horses and their riders.

* Robert Scott Brown, owner of Cardinal Plaza Shell and former West Springfield High School graduate, is a hero for the community. Whether it's through his station's elaborate seasonal décor, enjoyed by the young and old, or providing the water and space for fundraising car washes, or giving his time and money to the local Little League, Brown loves to give back to his neighbors. Additionally, he has worked with local organizations such as the Springfield Youth Club, First Responders of Springfield, and West Springfield High School. He has also raised money for national and international charities, which include Fisher House, Operation Starfish, and St. Jude's Children's Hospital. By upholding the long-held values and traditions of our area, he has continued to make West Springfield a wonderful place to live.

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COMMUNITY

Celebrating a Silent Revolution for Women's Right

Ann Dexter Gordon receives 2012 Silent Sentinel Award.

By Victoria Ross The Connection

omen's history was front and center in Vienna last week at a gala reception announcing the 2012 recipient of the Turning Point Suffragist Memorial Silent Sentinel Award.

More than 200 people, from local politicians to nationally-known journalists, attended the event held at Meadowlark Botanical Gardens on May 30.

Award-winning political reporter Eleanor Clift of McLean, a panelist for "The McLaughlin Group" and a contributing editor for "Newsweek," was the event's keynote speaker.

"It's great to be able to speak without being interrupted," Clift said to the crowd

before announcing scholar Ann Dexter Gordon as the 2012 Silent Sentinel Award winner. "Her work will inform feminist scholarship for decades," Clift said.

A graduate of Smith College and history professor at Rutgers University, Gordon was recognized for her work editing the papers of wellknown suffragists and early women's rights activists Elizabeth Cady Stanton and Susan B. Anthony. Gordon has authored a number of other books about the history of the women's suffrage movement, and served as a consultant to Ken Burns' PBS documentary, "Not For Ourselves Alone: The Elizabeth Cady Stanton and Susan B. Anthony Story." Burns was unable to attend, but he served as the Honorary Patron of the event and sent a letter of congratulations. Gordon joined previous honorees Congresswoman Eleanor Holmes Norton and award-winning journalist and author Helen Thomas.

"The award honors women who exemplify the traits of women suffragists," said Jane Barker, chair of the TPSM Association.

"Here's to Ann (Gordon), a not-so-silent Sentinel for the Stanton and Anthony safe **TPSM Association.** from obscurity or false inter-

pretations," wrote ABC News' Lynn Scherr, who nominated Gordon for the award. State Sen. Barbara Favola (D-31) said she





Standing Up for Women's Rights - Anne Stuntz, president of Historic Vienna, Inc.; Leigh Kitcher, treasurer of Historic Vienna, Inc.; and Paula Elsey stand with the Silent Sentinels reenacting a picket at the 2012 Turning Point Suffragist Memorial award ceremony held at Meadowlark **Botanical Gardens in Vienna on** Wednesday, May 30.

Photos by Victoria Ross/The Connection



Members of the Fairfax County Commission for Women attended the 2012 TPSM award ceremony held at Meadowlark Botanical Gardens in Vienna on Wednesday, May 30. (From left) Lee Ellen Helfrich (vice-chair, Mason District); Cathy Baum (Hunter Mill 21st century, keeping guard **District**); and Jeanie Jew (chair, Springfield over our history and keeping District) stand with Jane Barker, chair of the

attended the event as a way to support the legacy of the suffragists. "Women today are standing on the shoulders of the courageous



Jane Barker of Clifton, chair of the TPSM Association, stands with Nancy Lyons Sargeant of Lorton, marketing chair of the TPSM and 2012 award recipient Dr. Ann Gordon. Gordon was honored at the event, held at Meadowlark Botanical Gardens in Vienna on Wednesday, May 30, for her decades of research on suffragists Elizabeth Cady Stanton and Susan B. Anthony.

women who fought for the right to vote," Favola said.

Jane Hilder of Springfield, a member of

About The Turning Point **Suffragist Memorial**

The Turning Point Suffragist Memorial (TPSM) Association is currently fundraising for the creation of a \$9 million memorial at Occoquan Regional Park in Lorton. The group is working with the Northern Virginia Regional Park Authority to see the memorial built before 2020, the 100th anniversary of the ratification of the 19th Amendment. Architect Robert Beach said the memorial will be located directly across from the former Occoquan workhouse. For more information, go to www.suffragistmemorial.org

Some of the design features for the Turning Point Suffragist Memorial include:

A memorial wall with 120 plaques for the women incarcerated for the cause.

Entrance plaza gates duplicating the White House gates where suffragists stood as "silent sentinels" in protest.

A footbridge into a memorial garden symbolizing the advancement of the movement.

For more information about the Turning Point Suffragist Memorial Association, go to www.suffragistmemorial.org.

the Fairfax County League of Women Voters, said suffragist history is still not well-

> known. "When I was in school, the story of suffragists was just a paragraph in the history books, a footnote to history," Hilder said. "I think what surprises people is that key events took place here."

> The event was organized by the Turing Point Suffragist Memorial Association, which is planning a \$9 million suffragist memorial in Lorton. "We want to keep history alive so that future generations know that women have done this, have been there," Barker said.

> Barker said the memorial will honor the sacrifices of the "silent sentinels," more than 200 women who, in 1917, stood silently in front of The White House for months, carrying signs that read: "Mr. President, what will you do for Woman Suffrage? How Long Must Women Wait for Liberty?"

> After months of escalating tension - and after 200 suffragists were jailed, beaten and force-fed at the Occoquan Workhouse - Congress passed the 19th Amendment on Aug. 18, 1920, which gave women the right to vote.

Occoquan Mayor Earnie Porta, a member of the TPSM board, said he frequently tells local visitors the story of the suffragists during tours of the Lorton area. "The memorial will give women today an appreciation of what it means to have a voice," Porta said. "It's a memorial that's long overdue."

"The whole story of the suffragist's contribution to history is mostly invisible," said John Houser, manager of Occoquan Park, and liaison to the TPSM association. "I always say the suffragists are American heroes, not

just heroes for women, and they just haven't been given their due in our history books or monuments. We plan to change that. "

OPINION Primary Voting

n Tuesday, June 12, Virginia will hold a statewide Republican primary for U.S. Senate, plus numerous more local primaries for U.S. House of Representatives and localities.

In the City of Alexandria, there is a critical and hotly contested contest for City Council, which has been chronicled by Alexandria Gazette Packet reporter Mike Pope. You can read the coverage online here: Editorial http://www.alexandriagazette.com/ news/Election/Alexandria

Alexandria, Arlington and parts of Fairfax County are affected by the Democratic primary for the 8th district of U.S. House of Representatives, with U.S. Rep. Jim Moran facing former Navy pilot Bruce Shuttleworth. The winner will face Republican Patrick Murray of Arlington in November.

Letters to the Editor

Running for U.S. Senate

To the Editor:

I am a 21-year member of Virginia's General Assembly who never voted for a tax increase. I would like to ask your readers to vote for me in the June 12 Republican U.S. Senate primary.

I wrote the 2010 law challenging Obamacare which gave Attorney General Cuccinelli legal sanding to sue the Obama Administration. I voted against adding "stimulus" money to Virginia's Budget in 2009, and against "borrowing" \$620 million from the Virginia Retirement Fund to pay general obligations, and I oppose Congress shifting Social Security funds.

This year my bill passed to prevent Virginia from participating in a 2011 federal law, which allowed "detaining' American citizens without proof, trial, legal counsel or ability to face an accuser on mere suspicion of supporting terrorism. Japanese Americans heavily supported my bill. I oppose America moving toward a police surveillance state.

In 2006 I devised the oneman, one-woman Marriage Amendment to Virginia's Constitution, approved by voters. I recently led the effort to block the appointment of a social liberal activist who wanted to be a Virginia judge.

In 1976, I devised the Hyde Amendment blocking federal taxes for abortion. I support protecting the lives of all children before birth.

In 2007, I was the only cur-

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rent state legislator to sue Richmond's entire political establishment: Democrat Governor Tim Kaine, the Republican Attorney General and the Republican Speaker, for supporting a law establishing unelected taxing authorities. In 2008, the Virginia Supreme Court unanimously struck down the 14 new taxes imposed by these appointed bodies.

Without my successful suit Virginians would have likely seen more unelected taxing bodies violating the principle of "no taxation without representation."

Now I am suing UVA for Michael Mann's global warming papers being used by Barack Obama to cripple America's manufacturing and energy production with needless regulations and many hundreds of billions in taxes.

I will fight to develop America's vast Coal, Oil Shale, Oil and Natural Gas resources to stop the flight of almost \$770 billion a year to foreign regimes, many hostile to America, and promote jobs, improve our economy and prevent war.

I know how to play political hardball with the parliamentary rules from my 6 years as a congressional staffer and 21 years in the Assembly.

My website is bobmarshall2012.com. My cell phone, 201-259-3756. Please vote for me at your regular poll June 12 and ask your family and friends around Virginia to do likewise. Thank you.

Del. Bob Marshall

(R - Manassas)

Gerry Connolly will face the winner of next week's Republican primary in November. Voters in the Republican primary in district 11 will choose between Ken Vaughn and Chris Perkins. There is no primary for either party in the 10th Congressional District. U.S. Rep. Frank Wolf (R) will face Democrat

Endorsing Moran

As someone who is active in the

community and the democratic can-

didate for delegate from Virginia's

42nd district in last year's election, I

offer my enthusiastic endorsement of

Congressman Jim Moran in the

In his many years of public service,

Congressman Moran has shown that

he shares our values and fights for

our community. As a senior member

of the Defense Appropriation Sub-

Committee, he is in a unique posi-

tion to help our community thrive.

He secured \$180 million to widen

Route 1 through Fort Belvoir and

mitigate traffic cause by BRAC relo-

cations. It was Congressman Moran's

in additional funding for improve-

ments to the area around the MARC

Center that staved off a potentially

Congressman Moran knows that the

congestion, pollution, and safety con-

cerns. However, it's impossible to rely

solely on a metro stop to reshape a

community into a walkable urban liv-

ing space. There are an innumerable

amount of factors that mold the

shape and nature of a community -

and public transit is only one factor.

stops has a significant impact on how

transit shapes communities. By hav-

ing closer metro stations – you give

pedestrians more options without

having to use a car. That is in part

what makes Clarendon, Court House,

However, the placing of metro

Always a friend of federal workers,

Metro Stations Shape Communities

nightmarish traffic situation.

fast action in securing \$20 million

democratic primary on June 12.

Kristin Cabral in November. Mount Vernon, Lorton and Mason

Reston and some other parts of Fairfax

County, represented by Moran for the past 10

years, will now be in District 11; incumbent

Neck voters who were previously in District 11 (Connolly) are now in District 8 (Moran). For maps that show the old and new congressional district boundaries:

District 8: http://www.vpap.org/elections/district/31 District 11: http://www.vpap.org/elections/district/43 District 10: http://www.vpap.org/elections/district/39

To the Editor:

Statewide primary on Tuesday, June 12.

- In the U.S. Senate Republican Primary, George Allen faces Bob Marshall, Jaime Radtke and E.W. Jackson. The winner will face Democrat Tim Kaine in November.
- Connection coverage of the Senate and Congressional races so far is available at http:// www.connectionnewspapers.com/news/Election/ National/

Upcoming Elections and Voter Information

- Virginia State Board of Elections website at www.sbe.virginia.gov/
- Fairfax County Office of Elections website at www.fairfaxcounty.gov/elections or contact the
- Office of Elections at 703-222-0776, TTY 711 Arlington County Office of Voter Registration, 2100 Clarendon Blvd., Suite 320, Arlington,
- 703.228.3456, TTY 703.228.4611. http:// www.arlingtonva.us/departments/voterregistration/ voterregistrationmain.aspx ♦ Alexandria Board of Elections, 132 North Royal
- Street, Alexandria; 703.746.4050. http:// alexandriava.gov/Elections

economic stability of Northern Virginia is tied to the health of our federal workforce and the private businesses that flock to do business here.

As a progressive champion Congressman Moran has been recognized many times for his work in advocacy for human rights, the abolishment of animal cruelty and as an environmental steward. He understands that in an economic downturn it is the worst time to cut the social safety net on our hard working Americans. He is one of Congress' fiercest warriors against Tea Party extremism.

As a result of congressional redistricting many more citizens in Southern Fairfax County are now part of the VA 8th Congressional District. If you vote at Gunston Elementary, Lorton Library, Lorton Station Elementary, Grace Bible Church or Saratoga Elementary, you are now in the VA 8th district.

I urge you to get out and vote for Congressman Moran on June 12.

Jack Dobbyn Alexandria

Part of what makes the metro so Ballston, and Rosslyn so successful. beneficial to local communities is its It's also the reason more isolated ability to reduce dependence on automobiles - automobiles that cause

stops, like Dunn Loring and Vienna, are only surrounded by parking garages. Dense stations allow for greater building density without large amounts of congestion. This is in-part why the Silver Line

will make Tysons a successful walkable community. Providing multiple stops allow pedestrians to move around more quickly than if they had a car. However, this also means that the Silver Line will have a smaller impact on Reston and Herndon in creating walkable urban communities – as their metro stops are more spaced out. **Frank Muraca** Fairfax



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Faith

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Franconia United Methodist Church, 6037 Franconia Road, Alexandria, offers traditional Sunday church services at 8:30 a.m. and 11 a.m. plus Sunday School classes for all ages at 9:45 a.m. Childcare is available 8:15 a.m.-12:15 p.m. There will be a Terry Hall Concert on Saturday, April 14 at 4 p.m. with old spirituals, classic hymns, southern gospel favorites and more. 703-971-5151 or admin@franconiaumc.org or www.franconiaumc.org.

Clifton Presbyterian Church, 12748 Richards Lane, Clifton, offers Sunday worship services at 8:30 a.m. and 11 a.m. Nursery care is provided. Christian education for all ages is at 9:45 a.m. 703-830-3175.

St. Andrew the Apostle Catholic Church, 6720 Union Mill Road, Clifton, conducts Sunday masses at 7:30 a.m., 8:45 a.m., 10:30 a.m. and 12:30 p.m. It also offers a Saturday vigil at 5:30 p.m. and a Thursday Latin mass at 7 p.m. 703-817-1770 or www.st-andrew.org.

Messiah United Methodist Church, 6215 Rolling Road, Springfield, will host a National Day of Prayer Breakfast on Thursday, May 3 at 7 a.m. with Rev. Dr. Karis K. Graham, an Air Force Reserve chaplain with multiple tours in Iraq and Afghanistan as well as service during the first Gulf War. \$12 per person. Reserve at 703-569-9862. Childcare available upon request.

Prince of Peace Lutheran Church, 8304 Old Keene Mill Road, Springfield, offers casual worship services on Saturday evenings at 5:30 p.m. featuring contemporary music. More traditional services take place on Sunday mornings at 8:15 and 11 a.m. Sunday School is at 9:45-10:45 a.m. for children and adults. The church also offers discussion groups for adults. 703-451-5855 or www.poplc.org.

Kirkwood Presbyterian Church, 8336 Carrleigh Parkway in Springfield, supports a Mothers of Preschoolers (MOPS) program on the first and third Wednesday of each month. Meetings are 9:30-11:30 a.m. at the church. All mothers and children are welcome. The program provides mothers an opportunity to get to know other mothers through discussions and craft activities. Register at 703-451-5320.

JCCNV Mother's Circle program, for women who are not Jewish but are raising Jewish children. Free education in Jewish rituals, practices and values, while respecting the participant's choice to retain her own religious identity. Jewish Community Center of Northern Virginia, 8900 Little River Turnpike in Fairfax. Contact Laurie Albert, 703-537-3064 or LaurieA@jccnv.org.

RCIA (Rite of Christian Initiation of Adults) is for people interested in becoming Catholic or learning about the Catholic Church. A group meets at 7:30 p.m. on July 6 and 20 at St. Leo the Great Catholic Church, 3700 Old Lee Highway, Fairfax. A group will begin meeting every Wednesday starting September. Sessions are in the Old Parish Hall. All are welcome. Contact Carolyn Smith at 703-273-5369 or carolynsmith.stleos@gmail.com.





To honor dad on Father's Day, send us your favorite snapshots of you with your dad and The Connection will publish them in our Father's Day issue. Be sure to include some information about what's going on in the photo, plus your name and phone number and town of residence. To e-mail photos, send to:

> burke@connection newspapers.com

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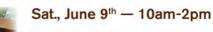
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News

County Board Expands CSB Audit

Social service agency scrutinized for projected \$9 million shortfall that threatens services to children and disabled.

> By Victoria Ross The Connection

he Fairfax County Board of Supervisors unanimously agreed to take a closer look at the financially-troubled Fairfax-Falls Church Community Services Board at its June 6 board meeting.

Supervisors agreed to expand the scope of a financial audit for the CSB, an agency which provides social services to thousands of the county's most vulnerable residents and has come under fire for an \$8 million budget shortfall.

"As we all know, the (CSB) is facing serious fiscal challenges. This board has taken several actions to deal with those challenges and has directed the Human Services Council to facilitate a public review process to prioritize, review and evaluate the impact of the CSB's proposed Budget Management Plan," according to a motion made by Supervisors John Foust (D-Dranesville), Jeff McKay (D-Lee), Cathy Hudgins (D-Hunter Mill) and Chairman Sharon Bulova (D-At-Large.)

Relations between the CSB and the board have been strained since the agency revealed a larger-thanexpected budget deficit in early May. Some supervisors suggested the information about the financialtroubled agency came too late in the budget process to adequately explore the reasons behind the shortfall and develop viable solutions.

At its May 22 meeting, the second tense meeting with CSB director George Braunstein, board members expressed unanimous frustration and disappointment that the agency was considering scaling back services for at-risk children, people with intellectual disabilities and substance abuse problems to address the current \$8 million shortfall that is projected to increase to \$9.4 million in the fiscal year 2013.

"It troubles me that we're stuck with this here, stuck with this now, and we're not in budget (discussions) where we can do anything about it," said Supervisor Pat Herrity (R-Springfield) at the meeting.

Herrity called for a financial review of the agency "to ensure that the CSB is not unnecessarily wasting money, considering their looming budgetary problems."

"We hit a rough patch this year," said CSB executive director George Braunstein. He said the agency is caught between skyrocketing demands for services - especially services for children diagnosed on the autism spectrum and young adults with intellectual disabilities - and dwindling state and federal dollars.

"The CSB, at least during first three years, man SEE CSB, PAGE 9

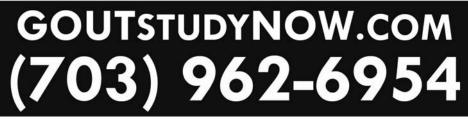
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8 🔹 Burke Connection 🔹 June 7-13, 2012

CSB Audit Expanded

From Page 8

aged to absorb local budget reductions and not reduce access to services, "Braunstein said. "The strategies we used the last three years just didn't work this past year."

In fiscal year 2011, CSB expenditures totaled approximately \$155 million dollars. In February, the CSB notified the county of a potential \$8.3 million hole in its current budget, which prompted the board to establish a \$4.2 million cushion during the budget discussions.

Bulova noted that CSB programs in other parts of Virginia are funded with a combination of federal and state dollars, but in Fairfax County, 70 percent – or approximately \$100 million dollars - comes from the county.

Supervisor Jeff McKay (D-Lee) said the CSB's convoluted revenue structure complicates issues.

The CSB's funding and revenue structure comprises federal, state and local funding, with Medicaid, private insurance and consumer fees as revenues.

"Because of the magnitude and complexity of the issues, we believe it is important that a comprehensive plan be prepared and that staff and this board refrain from pursuing the CSB review in a piecemeal manner," McKay said in the motion. In a June 1 memo, County Executive Edward Long directed senior staff in the Department of Management and Budget and the Department of Human Services to work with the CSB to address fiscal and accountability concerns raised by the board.

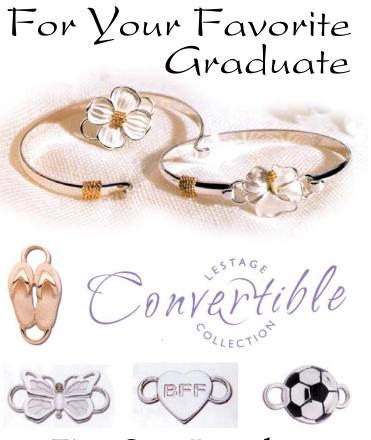
Within the next three weeks, Long said he will present the board with a specific plan that outlines an approach for addressing the CSB's fiscal and accountability issues, including concerns related to cost-effective service delivery; financial management oversight; revenue collections, including Medicaid, private insurance, and consumer fees; outsourcing opportunities; and provider rate negotiation processes.

In the interim, the motion approved Tuesday directs the Auditor of the Board to:

 Conduct a cost/benefit analysis of the current CSB contracting and billing strategies

Analyze existing co-pay and fee-for-service policies and practices to identify potential enhancements.

"The CSB serves our most vulnerable neighbors, those who often cannot make it without a caring hand," said Supervisor John Cook (R-Braddock). "We are going to need to shift some resources from those programs serving less needy folks, so we can help those most in need."



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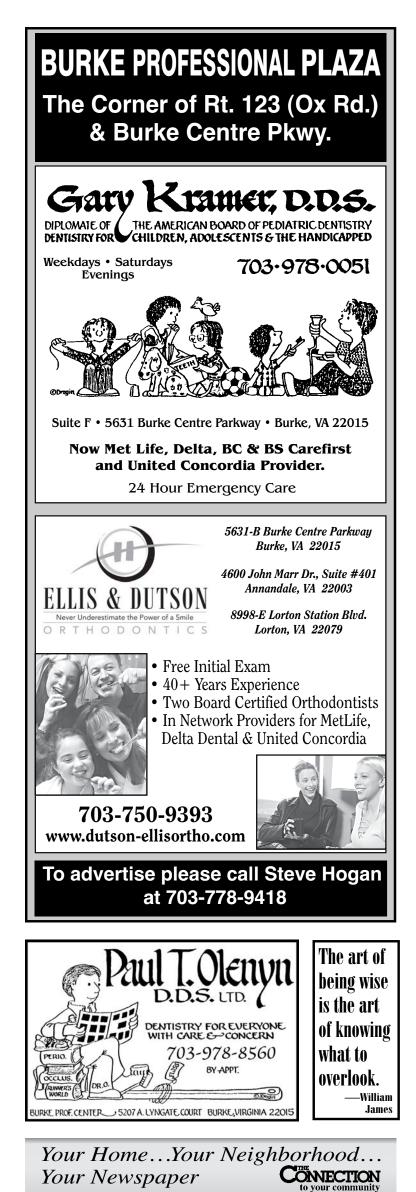
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WELLBEING



The Power of Touch

Reiki masters credit the practice with promoting healing.

The Connection

Marion Werner, a willowy woman with hair. Her hands descend lightly on her patient's chest.

mind-body technique used for relaxation and stress relief that is gaining acceptance in the United States. During a session, a client lies on a massage table, fully clothed. above the client's body, palms down. They use a set of eight to 12 hand positions, each held for about two to five minutes.

While some healthcare professionals dismiss the practice as quackery, major medical centers including those at the National Institutes of Health (NIH) and George Washington Hospital's Center for Integrative Medicine now offer it to patients, and there yet." medical schools have integrated mind-body courses into their curriculum.

Reiki is credited with promoting healing and addressing a host of ailments from posttraumatic stress disorder (PTSD), depression and anxiety to infertility, heart disease and the side effects of cancer treatment.

"A relaxed body and mind gives us a foundation for healing," said Springfield, resident Christine Mosley, a Reiki master who also practices in Fairfax Station.

BY MARILYN CAMPBELL is a capacity that we're all born with but stress can make it difficult for the natural healing process to work. Reiki treatment can cost between \$75 and \$100 an hour. ay I touch you?" asks encourages relaxation and balance in the system.

shoulder-length blonde **SOME PRACTITIONERS** believe that Reiki is a mechanism for tapping into a universal energy that supports the body's natu-This is Reiki, a decades-old, Japanese ral ability to heal itself, but this notion is not commonly accepted among physicians in the United States.

and they don't care how it works," said Dr. Practitioners rest their hands on or just David Rosenthal, medical director of the Leonard P. Zakim Center for Integrative ton, D.C. Therapies at Dana-Farber Cancer In-

stitute in Boston and a professor of medicine at Harvard Medical School. "In this country we have to show not only that it works, but how it works. . I think the evidence is getting there, but I don't think it is totally

Reiki can be given to those who are dying and to their families. "It can help impart a sense of peace and acceptance," said Naning Sugeng, a practitioner in Potomac, who, along with Werner and Mosley, offers free services to cancer patients and wounded veterans

(CAUSE), a non-profit organization that the George Washington University Medioffers respite to wounded members of the cal Center in Washington and a faculty REIKI IS GENERALLY SAFE and NIH's However, practitioners don't claim to be battle-weary soldiers and their family mem- sity School of Medicine and Health Scihealers. "It's like when you get a cut, the bers and caretakers. "It is so gentle that it ences. body responds and heals the cut. You might can be used on shrapnel wounds and re- Researchers at George Mason University get stitches to help the healing, but your cent amputations to improve wound heal- conducted a study of patients in Inova's Life may not respond to it," said Pan. "It is an body is actually doing the healing," said ing and relieve phantom pain," said Mosley with Cancer program to determine whether individualized process. What works for one Werner, a Reiki master in Chevy Chase. "It who is also the coordinator for CAUSE's yoga, Reiki, or meditation would help alle- patient may not work for another."

Reiki program at Fort Belvoir in Virginia.

PRIVATE SESSIONS with a Reiki master The profession is not regulated, but traditional Reiki training and certification has three levels of expertise. While classes for the first two levels can be completed in twomaster, level can take years.

Locally, Reiki treatments are offered at the Pain and Palliative Care Service at the NIH Clinical Center in Bethesda, Inova Loudoun Washington University Hospital in Washing- native for patients who have an aversion to

"A relaxed body and mind gives us a foundation for healing." - Christine Mosley

Still, doctors say more large-scale stud- of two, received Reiki treatments before and ies are needed before Reiki becomes a after a prophylactic double mastectomy. She mainstream practice. "Not only is there not recalls feeling tranquil post-treatment, void enough research, but a lot of the Reiki research has been criticized for not being rigorous enough compared to the standards that are in place to study other medical Comfort for America's Uniformed Services of the Center for Integrative Medicine at body that were kind of tense."

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peripheral neuropathy (CIPN). "At the conclusion of the study, each group, with the exception of the control group, showed [improvement], but the results were not statistically significant," said Paul G. Clark, PhD, LCSW, assistant profes-

sor of social work. "What we did learn was day classes, preparation for the third, or that these therapies are worth studying on a larger scale." In 2011, Rosenthal co-authored a study of 18 men with prostate cancer and found that Reiki helped ease their anxiety. "It does "In China and Japan they know it works Hospital's Life with Cancer program and the relax people, it does decrease stress acutely," Center for Integrative Medicine at George he said, adding that Reiki can be an alter-

viate symptoms of chemotherapy-induced

relaxation techniques such as massage or acupuncture. "There are some people who do not like their bodies being

rubbed and do not like needles being put into their skin." Reiki is also credited with calming jittery preoperative patients. Kate

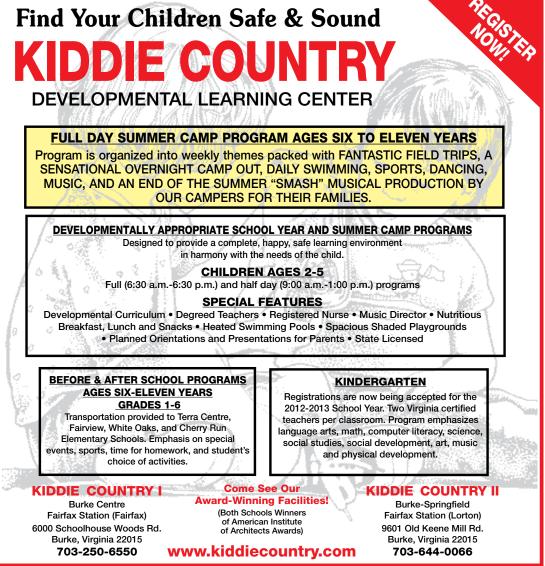
Snipes, a 41-year-old wife and mother of the anxiety that had gripped her before the procedure.

"I felt more at peace with [the surgery]," said Snipes. "I felt pain relief, and I felt more interventions," said Dr. John Pan, founder comfortable and relaxed in the parts of my

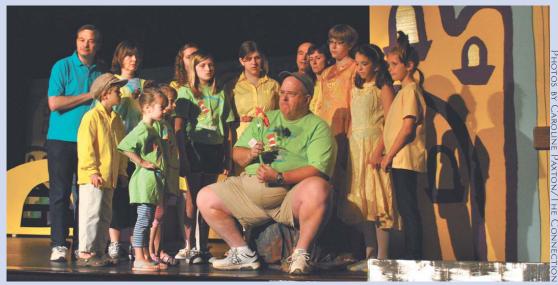
military, provides free Reiki treatments to member at the George Washington Univer- National Center for Complementary and Alternative Medicine says that that no serious side effects have been reported.

"It won't cause harm, but some people





Burke Connection & June 7-13, 2012 ♦ 11



Playing a group of jungle animals, the younger members of the cast gather on stage around Horton the Elephant played by Samuel Conner Sr. (Fairfax) and his infamous clover.

Whoville Hits Fairfax

Premiere set for June 8.

By Caroline Paxton The Connection

group of over 70 performers made up of everything from former Coast Guard members to financial planners, will all take on different roles of characters from some of the most beloved children's literature of all time.

In their upcoming musical production "Seussical," The Good Shepherd Players, a normally grounded troupe of performers aged 4-74, will assume the roles of jungle creatures, Whos, Circus Mcgurkus members. For Debbi Miller (Fairfax) the show's musical director, "the experience has been fantastic, it's a show full of whimsy and bright colors and nonsense, but added-in are some truly beautiful themes."

Sara Breaux who doubles as the show's Sour Kangaroo said "it's such a good family show with so many really important messages about friendship, loyalty and independent thinking." The family aspect does not only percolate within the show's messages but also within the bond of the entire cast. The cast features over 20 families that have two or more members in the show. "Horton the Elephant is the father of Jojo and my daughter is The where we are able to trust one another."

The Good Shepherd Players are all people who love and ap-



Four-year-old Cosia Herisonghips and 6-year-old Kai Henrisonghips (Fairfax) wait patiently to be called on stage during their Monday morning rehearsal.

it's their first show experience" said Breaux, "but for all of us its been an escape from everyday reality to the fantastic land of Dr. Seuss."

In charge of the entire set design process is 18-year-old Maggie Rogers (Fairfax) who has created such elaborate scenes as Whoville, The Jungle of Nool, Jojo's Bedroom and Circus Mcgurkus. Rogers said of the production, "It's an amazing show and it's a really talented group of people. It's going to be so much fun, especially if you like Dr. Seuss. And who doesn't like Dr. Seuss?"

Two of the show's youngest cast members, 4-year-old Cosia Herisonghips and 6-year-old Kai Henrisonghips, said their favorite part of the show is "when we get to crawl through the tunnels! It's so fun!" the girls said. The tunnels, created by Rogers, are set pieces Cat in The Hat just to name a in the Jungle of Nool scene, that few" said Miller. "It creates a the jungle animals crawl though fabulous sense of community as a part of their entrance. Kai added "but sometimes people www.goodshepherdplayers.com. crowd me and I'm still a little shaky on stage."

But with rehearsal schedules preciate community musical that last up to eight hours a week theater. "For a lot of the kids the troupe will be more than ready



Juliette Dills (Fairfax) confidently sports her "Who Hair" around the Good Shepherd theater during rehearsal.

for their debut Friday, June 8 at 8 p.m. All performances will take place at The Church of the Good Shepherd, in Burke. Tickets can be purchased online at

A word of advice to any future audience members from Debbi Miller: "Without giving too much away, sit in the front row. It will be a great time."

Calendar



Relax aboard the Inova Trackelss Train and enjoy the view as you tour all that Celebrate Fairfax! has in store for your family.

To have community events listed, send to south@connectionnewspapers.com or call 703-778-9416 with questions. Deadline for calendar listings is two weeks prior to event.

THURSDAY/JUNE 7

- **Alvin Youngblood Hart's Muscle Theory.** 8 p.m. Jammin' Java, 227 Maple Ave. East, Vienna. www.janmminjava.com.
- Friends of the Library Used Book Sale. 1-9 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. 703-249-1520.
- Get the Led Out. 8 p.m. Wolf Trap Center for the Performing Arts, 1551 Trap Road, Vienna. Rock music. www.wolftrap.org. Mother Goose. 10:30 a.m. City of
- Fairfax Regional Library, 10360 North St., Fairfax. Stories, songs and fingerplays. Birth to 23 months with adult. 703-293-6227.
- Computer Basics Training. 10 a.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. One-hour session with a technology volunteer for help with basic computer skills and navigating the Internet. Adults. 703-644-7333

FRIDAY/JUNE 8

- 30th Celebrate Fairfax! Festival. 6 p.m.-12 a.m. Fairfax County Government Center, 12000
 - Government Center Parkway, Fairfax, Live concerts on seven stages, with Legends of Hip-Hop at 8 p.m. More than 300 exhibitors, food vendors, crafters and interactive activities. ExxonMobil Children's Avenue, a petting zoo, the Fairfax County Karaoke Championship, carnival rides, festival foods, the Inova Train Ride to Good Health and nightly fireworks, www.celebratefairfax.com
- Friends of the Library Used Book Sale. 10 a.m.-6 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. 703-249-1520.
- "Seussical The Musical." 8 p.m. Church of the Good Shepherd, 9350 Braddock Road, Burke. Based on classic works by Dr. Seuss. \$15 adult, \$10 student, age 4 and under free. 703-323-5400 or
- www.goodshepherdplayers.com. English Conversation Group. 10 a.m. Kings Park Library, 9000 Burke Lake Road, Burke, Practice vour English conversation skills. Adults. 703-978-5600

SATURDAY/JUNE 9

30th Celebrate Fairfax! Festival. a.m. Fairfax Coun Government Center, 12000 Government Center Parkway, Fairfax. Live concerts on seven stages, with Pat Benatar & Neil Geraldo at 8 p.m. More than 300 exhibitors, food vendors, crafters and interactive activities. ExxonMobil Children's

Avenue, a petting zoo, the Fairfax

County Karaoke Championship,

carnival rides, festival foods, the Inova Train Ride to Good Health and nightly fireworks. www.celebratefairfax.com.

- **McLean High School and** Longfellow Middle School Big Band Jam. 1:30 p.m. Jammin' Java, 227 Maple Ave. East, Vienna. www.janmminjava.com.
- Gospel Program. 6 p.m. Greater Little Zion Baptist Church, 10185 Zion Drive, Fairfax. Gospel artist Tanya Dallas Lewis, comedienne Simply Shirley and jazz with Rev. Dr. Dred Scott. \$20 in advance, \$25 at the door. 703-764-9111.
- Alexandria Harmonizers. 7:30 p.m. George Mason University's Center for the Performing Arts, 4400 University Drive, Fairfax. Spring barbershop concert and show of a 100+ member all-male a capella group. \$29-\$34. cfa.gmu.edu/calendar/1134/ or www.harmonizers.org.
- White Elephant Sale. 8 a.m.-6:30 p.m. St. Mary of Sorrows Church, 5222 Sideburn Road, Fairfax. 703-323-0345.
- Friends of the Library Used Book **Sale.** 10 a.m.-5 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. 703-249-1520.
- "Seussical The Musical." 3 p.m. Church of the Good Shepherd, 9350 Braddock Road, Burke. Based on classic works by Dr. Seuss. \$15 adult. \$10 student, age 4 and under free. 703-323-5400 or
- www.goodshepherdplayers.com. **City of Fairfax Band.** 7:30 p.m. Mary Louise Jackson Amphitheater, Northern Virginia Community College, 6901 Sudley Road, Manassas. "Springtime Pops," an evening of light classics. 703-530-8298.
- "Annie Jr." 7:30 p.m. George Mason University Harris Theater, 4400 University Drive, Fairfax. With almost 60 local students. \$5-\$10. www.stagepresencenow.com
- Family Bingo Fundraiser. 1 p.m. Parish Center Gym, St. Leo the Great Catholic Church, 3700 Old Lee Highway, Fairfax. All proceeds benefit the Shepherd's Center of Fairfax-Burke. Complimentary beverages and snacks. \$10. 703-426-2824 or www.fairfax-burkesc.org.
- Master Gardeners. 10 a.m. City of Fairfax Regional Library, 10360 North St., Fairfax. Horticultural tips, information, techniques and advice for home gardeners. Adults. 703-293-6227.
- Microsoft Word. 2:30 p.m. City of Fairfax Regional Library, 10360 North St., Fairfax. Learn the basics of word processing with Microsoft Word. Adults. 703-293-6227.
- Master Gardeners. 10 a.m. Kings Park Library, 9000 Burke Lake Road, Burke. Plant clinics to answer your gardening questions. Adults. 703-978-5600

eBook clinic. 11 a.m. Kings Park

SEE CALENDAR, PAGE 13 www.ConnectionNewspapers.com

12 BURKE CONNECTION JUNE 7-13, 2012

CALENDAR

From Page 12

Library, 9000 Burke Lake Road, Burke. Learn to use the library's eBook collection and compatible e-book readers with a one-on-one technology volunteer. Registration required. Adults. 703-978-5600.

SUNDAY/JUNE 10

- **30th Celebrate Fairfax! Festival.** 11 a.m. - 7 p.m. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Live concerts on seven stages, with the Legwarmers at 4:30 p.m. More than 300 exhibitors, food vendors, crafters and interactive activities. ExxonMobil Children's Avenue, a petting zoo, the Fairfax County Karaoke Championship, carnival rides, festival foods, the Inova Train Ride to Good Health and nightly fireworks. www.celebratefairfax.com.
- Fairfax County's Agricultural Roots. 2 p.m. Fairfax Museum and Visitor Center, 10029 Main St., Fairfax. Historian Yvonne Johnson from Fairfax County Park Authority's Frying Pan Park in Herndon on various phases of Fairfax's agricultural history, from tobacco to dairy farming. Free. 703-385-8414.
- Rachel Platten and Madi Diaz. 8 p.m. Jammin' Java, 227 Maple Ave. East, Vienna.
- www.janmminjava.com.
- White Elephant Sale. 8 a.m.-12 p.m. St. Mary of Sorrows Church, 5222 Sideburn Road, Fairfax. 703-323-0345.
- "Annie Jr." 3 p.m. George Mason University Harris Theater, 4400 University Drive, Fairfax. With almost 60 local students. \$5-\$10. www.stagepresencenow.com.
- www.stagepresencenow.com. **Fairfax County Watershed Friendly Garden Tour.** 1-5 p.m. Visit gardens throughout Fairfax County featuring vegetated roofs, rain barrels, backyard wildlife habitat, composting, native plant species and more. Local residents open gardens and share experiences landscaping with water resources in mind. Free. 703-324-1423, TTY 711 or www.fairfaxcounty.gov/nvswcd/
- gardentour.htm. Neighborhood Plant Clinic. 1-4 p.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. The Fairfax County Master Gardeners Association gives tips and advice. Adults. 703-644-7333.

MONDAY/JUNE 11

- Gary Jules CD Release and Mike Bram. 8 p.m. Jammin' Java, 227 Maple Ave. East, Vienna. www.janmminjava.com.
- Things That Go "Vroom!" Storytime. 10:30 a.m. Kings Park Library, 9000 Burke Lake Road, Burke. Stories about vehicles and transportation. Age 3-5 with adult. 703-978-5600.

TUESDAY/JUNE 12

- **English Conversation Group.** 7 p.m. City of Fairfax Regional Library, 10360 North St., Fairfax. Conversation group for adults
- learning English. 703-293-6227. **Paws to Read.** 4 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Practice reading with Ralph, a trained therapy dog. Call or sign up online for a 15-minute session. Age 6-12 with adult. 703-978-5600.
- Let's Hear It For The Girls. 7 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. All girls book discussion group. The Mother-Daughter Book Club by Heather Vogel Frederick. Age 9-12 with adult female. 703-978-5600.



Josh Rose of Lorton as Shang and Jenny Twaddell of Springfield as Mulan.

Mulan Delights Crowds in Northern Virginia Players Production

orthern Virginia Players performed to sell out crowds during a two-week run of Disney's Mulan Jr. at Burke Community Church. The production featured 64 actors ranging in age from 6 to 18, said Ann Eul, the show's co-director along with Kate Wittig. "This was an amazing production," Wittig said. Northern Virginia Players is an all home school theatre troupe giving young people from all backgrounds, cultures and lifestyles the opportunity to produce professional quality plays while providing outstanding entertainment to the community. In honor of those who serve, Northern Virginia Players donated 10 percent of the ticket proceeds for the Memorial Day weekend shows to the Wounded Warrior Project. For more information about upcoming productions, visit www.NVPlayers.com or call 703-866-3546.



Elizabeth Wittig of Fairfax Station as Mushu.



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Home Sales

In April 2012, 61 Burke homes sold between \$622,500-\$190,000.

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5919 OAKLAND PARK DR						
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7100 STANCHION LN						
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5905 VERNONS OAK CT						
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5982 BRIDGETOWN CT #113						
6360 BIRCH LEAF CT						
5963 FIRST LANDING WAY #83						
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School Notes

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Michael McVay of Burke has been named to the fall 2011 dean's list at the University of Northwestern Ohio in the College of Applied Technologies. He is a 2009 graduate of Lake Braddock Secondary School.

Monica Zinn of Burke has been named to the fall 2011 dean's list at the Savannah College of Art and Design, Savannah, Ga.

Natchanon Ketram of Burke is among the Marymount University undergraduate students who have been selected as national outstanding campus leaders and are included in the 2012 edition of Who's Who among Students in American Universities and Colleges. Ketram is majoring in Biology.

Kelsey Zinck of Burke has been named to the fall 2011 dean's list at The College of New Jersey of Ewing, N.J.

Jonathan Austin Kilbourn of Burke has been named to the fall 2011 dean's list at Clemson University of Clemson, S.C. Kilbourn is majoring in history. **Franklin Shakespeare** of Burke was named to the fall 2011 dean's list at Bryant University of Smithfield, R.I. He is a senior accounting major.

Caitlin Landsman of Burke has been named to the fall 2011 dean's list at Marist College of Poughkeepsie, N.Y. She is majoring in communications/ public relations.

Alexandra Marie Froede of Burke has been named to the fall 2011 dean's list at Miami University, Oxford, Oh.

Mohit Nagaraja Iyyer of Burke has been named to the fall 2011 dean's list at Washington University School of Engineering and Applied Science in St. Louis, Mo.

Michael Del Toral of Burke has been named to the fall 2011 dean's list at Randolph-Macon College in Ashland. He is the son of Mr. and Mrs. Jose Del Toral.

Burke residents **Sarah Hughes, Mina Hamblet** and **Tester Test** have been nominated as National Youth Correspondents at George Mason University's Washington Journalism and Media Conference.

Joanna Peter of Burke has been

named to the fall 2011 dean's list at Geneva College, Beaver Falls, Pa.

Israel Kassim of Burke has been named to the fall 2011 dean's list at Harpur College of Arts and Sciences at Binghamton University, Binghamton, N.Y.

The following Burke residents have been named to the fall 2011 dean's list at Virginia tech: Valentina J. Alaasam (wildlife science), Karoy E. Alba (general engineering), Nema A. Arvin (business), Jason J. Arze (biological systems engineering), Emilia A. Baker (architecture), Jonathan L. Baker (aerospace engineering), Joseph S. Belcher (civil engineering), Morgan L. Bell (animal and poultry sciences), Nathan D. Brown (English), Justin T. Burns (university studies), Marcus B. Cadman (civil engineering), Enoch Cha (accounting and information systems), Gayathri Cheran (human development), Austin M. Chong (business), Candice N. Chu (fine arts), Yueh R. Chung man nutrition, food and exercise), Ariana R. Colligan (psychology) and Patrick N. Conner (international studies).

The following Burke residents have been named to the fall 2011 dean's list at Virginia tech: **Ashley K. Danielsen**

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14 Burke Connection June 7-13, 2012

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All listings due by Tuesday at 3 P.M.



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BURKE CONNECTION SPORTS EDITOR JON ROETMAN Sports 703-224-3015 or jroetman@connectionnewspapers.com West Springfield Upsets Lake Braddock

Senior pitcher Tobin leads Spartans to victory with 8 1/3-inning effort.

By Jon Roetman The Connection

he Lake Braddock baseball team domi nated West Spring field during the teams' first three meetings this season, winning each contest by a combined score of 27-3. After two pitches to Lake Braddock leadoff hitter Jack Owens in the Northern Region final on June 2, the Bruins showed no signs of slowing down.

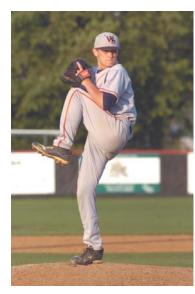
Owens smashed the second pitch he saw from West Springfield pitcher Tyler Tobin for an oppositefield home run to right-center, giving the Bruins a 1-0 lead in the bottom of the first. Tobin's next delivery sizzled behind Lake Braddock's Garett Driscoll.

Was there a message behind the pitch?

"There's no message," Tobin said after the game, cracking a smile. "I was a little wild."

While Tobin wouldn't say it, the senior's pitch placement appeared to announce West Springfield wouldn't be pushed around a fourth time. Tobin spent the next 8 1/3 innings making sure the Spartans stood their ground.

Tobin shut down the Lake Braddock lineup in an extra-inning



West Springfield senior Tyler Tobin allowed two runs in 8 1/3 innings, leading the Spartans to a 3-2, nine-inning victory against Lake Braddock in the Northern Region baseball final on June 2 at Madison High School.

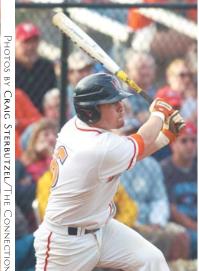
affair, leading West Springfield to a 3-2, nine-inning victory and the Northern Region championship at Madison High School. The righthander allowed two runs and five hits in 8 1/3 innings. He walked six, including one intentional pass,



West Springfield shortstop Taylor Boyd, seen during a state playoff game on June 5 at WSHS, delivered the game-tying hit in the seventh inning of the region final on June 2 against Lake Braddock.

and struck out two. He threw 126 pitches.

"Tyler was phenomenal," West Springfield head coach Jason Olms said. "He gave up a leadoff home run to a heck of a hitter and didn't give anything else up the rest of the game. Tyler just competed."



West Springfield catcher **Donny Haeuptle earned** first-team All-Patriot District honors this season.

West Springfield's season ended three days later with a 6-1 loss to James River in the state quarterfinals on June 5 at WSHS. The Spartans struggled against Rapids pitcher Nathan Kirby, who struck out 15 in six innings. The left-hander received state Gatorade Player of the Year honors and will pitch for the University of Virginia.

"It was fun. It's also tough at the

same time, but you live for that," said Haeuptle, a first-team all-district selection. "You live to face [Division I] pitching and pro prospects. That's what you want to see as a baseball player. You want to see the best, you want to face the best."

Haeuptle said the fondest memory of his Spartan career will be this season's region title. While he was part of West Springfield's 2010 state championship team, the fact this year's Spartan squad accomplished what they did with no Division I athletes makes the region title special.

"No one gave us a chance at winning that [region championship] game," Haeuptle said. "Losing three games [to Lake Braddock] by a combined score of 27-3, no one gave us as shot in the world. Just to upset them like that in nine innings, it was the greatest feeling in the world."

West Springfield finished the season 18-10.

"They accomplished a heck of a lot this year," Olms said. "They weren't one of the preseason favorites and nobody gave these guys a chance, except I think we knew in our locker room. We knew what we could do and we knew if we played baseball the right way and we worked hard that good things could happen."

In Region Soccer Title Game, Robinson Boys Prevail

Yardley's overtime goal lifts Rams past local rival Lake Braddock.

By Rich Sanders The Connection

n a tense, back and forth championship game last Sat urday night at Robinson Secondary, local high school boys' soccer opponents Robinson and Lake Braddock played with emotion, grit, and determination through an entire 80 minutes of regulation play and nearly 10 more minutes of overtime before the region title game's first and only goal was scored.

With 1 minute, 33 seconds remaining in a second five minute fort, fell just short. overtime session, Robinson midfielder Sam Yardley scored on a follow-up shot off the left side, breaking the scoreless tie and putting his team on the verge of victory. Following the goal, Robinson held off Lake Braddock over the

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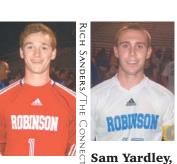
final 93 seconds of play to clinch the win and give the Rams the region crown.

Robinson students swarmed the field in ecstasy at the final whistle, mobbing the Robinson players in spontaneous celebration.

For the Robinson program, it was the fifth region championship in the Rams' soccer history and first since 2009. Lake Braddock, which has captured eight region championships in its history, was looking to win No. 9 on Saturday night and its second in a row. But the Bruins, despite their best ef-

It felt unreal, like I was in the movies," said Yardley, of his gamewinning score and fourth goal of the year. "It was in front of the home fans and the crowd went crazy."

On the goal sequence, Yardley



who netted goalie Josh the gamewinner.

Robinson

Penn.

took the ball down the left side of the field before taking a shot on goal from about 20 yards out. The ball was blocked with both hands by Bruin goalie Aaron Fausser. It caromed back towards Yardley who gained possession of the ball, made a dribble or two to position for a shot, then sent a short range chance into the left side of the net.

"I kicked it, the goalie blocked it with both hands and it came back to me," said Yardley. "I got the ball in open space [off the rebound]. I saw the goal in front of me and there was no defender [around me]. But they came in quickly."

Yardley, before the defense converged on him, scored off his left foot.

For Robinson (13-4-2), the finals win capped a region tournament in which the Rams won all four of their games in overtime - wins over Jefferson, Mount Vernon, Langley, and the Bruins.

We worked our tails off at regionals, playing four overtime Joe Soos, are next slated to meet games," said Robinson senior goalie Josh Penn, who will play the in a state semifinals contest this sport collegiately on scholarship next school year at Virginia Tech. "We had endurance, stamina, and Westfield High School.

we pulled through."

Both Robinson and Lake Braddock, by reaching the region title game, qualified for this week's eight-team state tournament. There, Robinson saw its season end with a 1-0 state quarterfinals loss at home to Thomas Dale High (Chester) on Tuesday, June 5. Lake Braddock (11-9-1), meanwhile, won its first round game at Cosby High (Midlothian), 2-1.

It has been an up and down season for the Bruins, who endured a five-game losing streak earlier in the season but have gone 9-2-1 since. At regionals, Lake Braddock reached the finals with wins over Yorktown, South Lakes, and West Springfield.

The Bruins, under head coach Albemarle High (Charlottesville) Friday afternoon, June 8 at 2 p.m. The game will take place at

Keene Mill Elementary **Celebrates 50th Birthday**

Keene Mill Kangaroos marks half century milestone.

eene Mill Elementary School welcomed more than 300 students, parents, teachers and guests for its 50th "birthday" celebration Monday, June 4.

"The memories started flooding back the minute I walked down the halls," said Peggy Fox, a KMES alum, who went on to become a three-time Emmy award winning multi-media journalist who reports and anchors the news for WUSA 9 TV.

During a formal recognition ceremony, Fox entertained the crowd with stories of KMES when she attended the school, from 1969 to 1976.

"Listen, when I attended school here. Springfield was in the boonies. This was country. There was no Springfield Mall, no mixing bowl, no way," she said. She said Springfield was "so country" that her father bought her chickens as pets when she was in 5th grade. "But I have great memories of this school. I can remember every single teacher I had here, and I'm going to tell you."

Pat Nalitz, a former third-grade teacher who is known as the school's poet laureate, read a special poem she wrote for the 50th birthday celebration:

"Listen my friends and you shall hear, of Keene Mill's ride thru 50 years.

Remember when: P.E. didn't have its unique space,

Music and Library in no special place

Art just roamed about on a cart, Computers hadn't even been given a start!"

Nalitz, who taught at the school from 1987 to 2007, said the "camaraderie and spirit" of the school is something she will always remember. "People wanted to transfer here because it was so great," Nalitz said.

The Keene Mill Kangaroo, the school's mascot, roamed the celebration, giving hugs and kisses to guests. The event featured a moon bounce, bowling, and a dunk tank where longtime P.E. teacher Stan Bragg and principal Renee Miller took turns getting dunked by stu-18 ♣ Burke Connection ♣ June 7-13, 2012



From left, Supervisor John Cook (R-Braddock), Carol Millar, instructional assistant; Cluster 6 Superintendent Leslie Butz; Pat Nalitz, poet and former teacher; Peggy Ryan, WUSA 9 TV anchor and former KMES student; and Principal Renee Miller, kneeling.

Splashdown! The highlight of the 50th anniversary celebration of Keene Mill Elementary School was the chance to dunk Principal **Renee Miller**, who was dropped in the water tank about a dozen times before the night was over. "These kids have great aim." Miller said.

Rousos, who served from 2008 to 2011, said KMES will always be a special place for him.

"The kids here are so sweet and

dents. Former principal Nick eager to learn. The parents weren't just involved. They were involved and supportive. It doesn't get any better than Keene Mill," Rousos –Victoria Ross said.

VIEWPOINTS

What's Cool About Keene Mill Elementary?

Photos by Victoria Ross/The Connection



Debbie Geiger holds up a 50th anniversary t-shirt for Keene Mill Elementary School's "Happy Birthday" celebration Monday, June 4.

"We've been here for six years, and my kids love this school. It's a real community school where everyone gets involved." Debbie Geiger



Immediate past PTA President Lucy Sinkular gives KMES Principal Renee Miller a hug.

"Keene Mill Elementary School is celebrating its wonderful legacy this year. Our school's greatest accomplishment over the past 50 years is the positive influence it has had on the lives of so many stufamilies, and dents, community members. I am proud to be the principal of such an excellent school." Renee Miller

"One thing that makes this a wonderful school is the parents. They volunteer for anything and everything. Just ask and they will be there." Lucy Sinkular



From left, sixth-graders Madison Brey and Juri Candelaria get frontrow seats for Keene Mill Elementary School's 50th "Happy Birthday" celebration Monday, June 4 at the school.

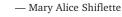
"The best thing about our school is all the cool events, like this festival and the Kanga Carnival." Juri Candelaria



Mary Alice Shiflette, who has been teaching at Keene Mill Elemen-tary School for 28 years, gets a hug from first-grade student C.J. Perkins.

"What's so cool about the school is the teachers. She's the best teacher ever!" – C.J. Perkins

"What's so great is seeing the children I've taught evolve into happy, successful young men and women. It's a very supportive environment here."





"What's cool is I'm going to start kindergarten here next year, and be with my friends." - Helen Alemahyu, 5 1/2

–Victoria Ross



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