

Reston CONNECTION

South Lakes High School senior, Ariana Kruszewski, won a Female Vocalist Award at Sunday night's 13th annual Cappie Awards at The Kennedy Center in Washington, D.C. for her role in the school's production of the "West Side Story."

South Lakes Wins Two Cappie Awards

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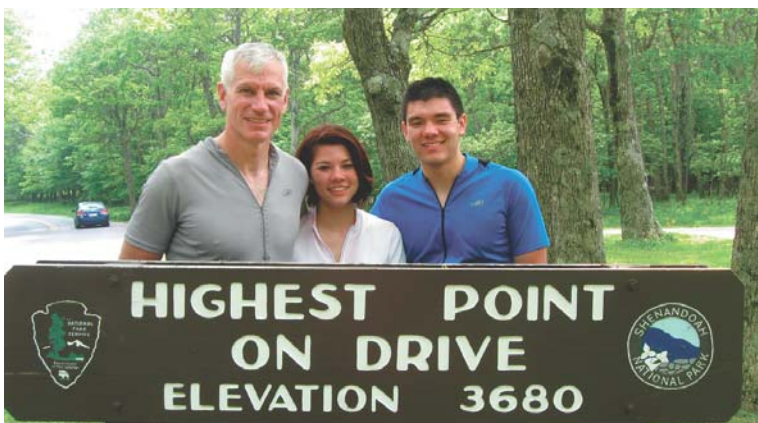
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Paul Kolling, of Reston, with daughter Lauren, 5, and son Nathan, 11, kayaking at Hilton Hawaiian Village, Oahu Hawaii - Summer 2011.



Parents and three brothers were dropping off the oldest brother, Richard, for freshman year of college at VCU. "The college freshman is the one farthest right with the huge, huge smile," writes Julia Sullivan of Reston.



"Mark (Dad), Joshua, and Rachel Johnstone Saturday, May 26 at the highest point on the Skyline Drive, Shenandoah National Park...biking the 105 miles of the Skyline Drive for a weekend fun with the best father in the world!" writes Elizabeth Johnstone of Reston.



Eric Falk with children Evan, Caroline and Brady at grandparent's house in Reston, Easter 2012.

Get on Board, Virginia

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

The Metropolitan Washington Airports Authority (MWAA) dropped a provision last week from its procurement documents for construction of Phase 2 of the Silver Line that would have rewarded bonus points to bidders who included a project labor agreement (PLA) in their proposals. The bonus point incentives provision replaced an earlier requirement that a PLA would have to be used. The Governor of Virginia and some state legislators and Loudoun County officials had been stamping their feet insisting that such a provision be removed. It was a requirement that the Governor had told U.S. Secretary of Transportation LaHood must be removed in order for the state to make available \$150 million in cash for the project. All of the opponents of the PLA pointed out that Virginia is a right to work state ignoring the consensus opinion of lawyers that the PLA does not violate the state's right to work law.

Ironically, after all the temper tantrums that have been thrown by the opponents of the PLA requirement, there is a high likelihood that the contractor chosen to build Phase 2 will voluntarily use a PLA. That's what happened on Phase 1. Those who are more knowledgeable about PLAs than Virginia officials point out that federal construction contracts require or incentivize the use of PLAs because they help ensure that a qualified work force can be recruited, that safety training and rules will be en-



COMMENTARY

forced, that there will not be work slowdowns or strikes, and that projects are much more likely to be completed on time.

The Loudoun County Board of Supervisors is doing its due diligence about its future involvement. The benefits to the County are so significant that I believe the Board is likely to approve the extension into the County. The ball is back in the court of the Commonwealth.

The \$150 million promised for Phase 2 needs to be released in a timely way to keep the procurement process going forward. Budget amendments introduced in the House by me and Delegate Tom Rust and Senators Howell and Herring this year to add an additional \$300 million would lighten the load on toll payers and keep the Commonwealth as a major participant in the largest economic development effort underway in the Commonwealth. The Governor needs to get behind this increased state funding for Phase 2. As much as the \$150 million the Commonwealth is providing is needed, it should be a downpayment on future investment.

Issues remain about MWAA board membership, but these need to be worked out with the District of Columbia outside the building of Phase 2. They do not relate to the Phase 2 project and should have no impact on it. The big sticking point on the PLA has been resolved. Time now for Virginia to get on board with the project. Time now for the Commonwealth to show the same level of support for the project as has been shown by Northern Virginia jurisdictions.

Governance at the Real Grass Roots

BY JOHN LOVAAS
RESTON IMPACT PRODUCER/HOST

A lot of us these days are not thrilled with the quality of governance at the county, state or federal levels. In fact, that is an understatement. We wonder who on earth voted for these people in the first place! Then there are those thousands who work for those governments—the engineers, road builders, teachers, police, diplomats, scientists, etc. Who are they and where do they come from? We know they are evil and not like us—Republicans tell us so every day.

It turns out the people whom the Tea Party and their ilk want to throw overboard are us—and our friends and neighbors. Further, it occurs to me that folks who make up "government" get their training right here in Reston, in camps which train government types to tax, spend and regulate.

These camps are called cluster associations and condominium associations. You know who they are—you are probably in training yourself. Don't believe me? Let me give you actual examples of training in skullduggery underway even as I write this column—all within 100 yards of my home on Lake Anne.

In cluster association X in the woods near Lake Anne, two weeks ago a group of militants in training flooded a cluster Board election with scores of so-called proxies in an attempt to overthrow the democratically elected Board. Fortunately, the agents of



INDEPENDENT PROGRESSIVE

good governance blocked this liberal-pinko coup by requiring all voters to submit 12 forms of photo IDs and a DNA profile.

In a neighboring condo association, the neo-con Board incumbents are threatening to withhold social security checks and walkers if recalcitrant seniors don't vote for radical changes to the condo constitution. The revised constitution grants the Board incumbents lifelong tenure and the power to sell property owned in common to developers who pay tribute to the Supervisors of the realm. The outcome of this fiendish scheme will be known shortly.

Right here in my own cluster, Reston's first, the residents and owners have retreated into their townhomes fearing a pending inspection by the autocratic Board of Directors holding sway in the land of Reston. In a scarcely concealed plot to seize properties of the good people of Reston's original cluster, the trainees for future roles in county and federal bureaucracies plan to use the inspection for "violations of RHOA standards" as a pretext for seizing and redistributing our modest homes to cronies. Imagine—a door that is judged insufficiently brown to qualify as "Reston brown" will surely mean another family out on the streets.

Is it clearer now where the people who are our "government" come from?

Dominion Power's Mobile Command Center, which provides field crews with a link to corporate facilities during emergencies. The center was deployed to Norfolk during Tropical Storm Ida, as well as Richmond, Charlottesville and North Carolina during recent events.



PHOTO BY
ALEX McVEIGH/
THE CONNECTION

Dominion Simulates Hurricane

Exercise allows Dominion Power to practice for severe storm events.

BY ALEX McVEIGH
THE CONNECTION

Dominion Power hosted a hurricane drill Wednesday, June 6, simulating the effects of fictional Hurricane Joseph and showing how they would manage such a storm. The Herndon headquarters serves about 900,000 customers.

The simulated Hurricane Joseph left 800,000 customers without power, a number similar to the real Hurricane Irene, which hit the area in 2011. Phillip Sandino, director of customer solutions, said that the customer number, which is used by Dominion, is a different measurement than numbers quoted by places like the governor's office.

"The governor's office uses a people without power number, which is a head count," he said. "We use a customer numbers, which is households without power, and we estimate about 2.5 people per home, which is why sometimes the numbers are different depending on where you look."

As power outages become wider, Dominion uses a list of priorities when they start repairs, based on a descending order of customers effected. First they look at the transmission lines, which affect more than 10,000 customers. From there, they work down to substations (which serve around 6,000 customers), main circuits (which serve 1,500), residential lines (which serve around 50 customers), individual transformers (which serve one to eight customers) down to individual households.

FACILITIES LIKE HOSPITALS, water treatment plants and public safety facilities are in the first wave of restorations.

"Our priority list is why at first it seems like the number of customers without power begins to get smaller very early, but takes a while to get everyone back online," Sandino said.

Sandino also said it was very important for customers to report outages, because depending on the damaged equipment and how many people it serves, they might not know about outages.

He also urged anyone to use extreme caution if they should see downed power lines.

"Never, ever approach a power line, even if it's been down for 10 days," he said. "The smartest thing to do in that situation is to always assume that there's power running through it."

Dominion does not start repairs until the storm or other event is over and the roads are clear, though trucks are often dispatched to gather information about outages.

Deborah Johnson, Dominion's manager of Regional, State and Local affairs said that they went through all the precautions during the heavy storms on Friday, June 1.

"We didn't know if it would be a multi-day event, so we sent notices of warning to our contacts, state and local officials who can get the information out via e-mail, Twitter and Facebook," she said.

Lynn Chaffin, director of New Media and Communications Planning, said that customers are increasingly looking at social media for information.

"Social media is mobile, so when the power is out and the laptop batteries are dead, people are using their phones to stay updated," he said. "We try to start posting information two days ahead of a storm and during it we'll share pictures and other information about damages."

Chaffin added that while social media allows them to get information out, it isn't particularly helpful to perform account-level services for customers, since most social media information is public, meaning account numbers cannot be used.

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DOMINION'S CALL SYSTEM can handle up to 10,000 calls per hour, and Le-Ha Anderson, Media and Community Relations manager, says that the wait time for customers calling about outages comes when people want to report outages to a person, automated reporting works much faster.

More information on Dominion can be found at dom.com, and information is also published on their Facebook, Twitter and YouTube accounts.

"Social media is mobile, so when the power is out and the laptop batteries are dead, people are using their phones to stay updated."

— Lynn Chaffin,
director of New Media and
Communications Planning



PHOTOS BY ALEX McVEIGH/THE CONNECTION

A group of volunteers from the Reston Long & Foster office on Wiehle Avenue, who helped clean and prepare a townhouse owned by Reston Interfaith for new residents Wednesday, June 6.

Volunteers Prep Townhouse

Long & Foster employees ready townhouse for occupation by family in need.

BY ALEX McVEIGH
THE CONNECTION

Members of the Long & Foster Reston office on Wiehle Avenue became handymen for the day, as almost a dozen employees gathered at a Reston townhouse owned by Reston Interfaith to prepare it for a family in need.

Employees spent the day at the townhouse, ripping out carpets and other flooring, painting, mulching, power washing and doing anything else they could to get the place ready for new residents.

"We're just trying to give back to this community, it's where we earn our money from, so it's nice to help out," said Donna Shaffer of Long & Foster.

"They're helping us get this place ready for a family move in, most likely a family that will be transitioning out of homelessness," said Abby Kimble of Reston Interfaith. "We'll also be getting them started in our programs to help them get back on their feet again, so we're grateful for all the help we can get."

The townhouse has two bedrooms, and a front and back porch as well as several flowerbeds throughout the properties, which volunteers filled with begonias and other plants.

The Wiehle Avenue Long &



Volunteers from the Reston Long & Foster office on Wiehle Avenue paint the fence at a townhouse owned by Reston Interfaith Wednesday, June 6, a house which will soon be used by a family in need.

Foster office does several charitable events throughout the year, collecting money for the Friends of Reston scholarships to send local children to camp.

Reston Interfaith is a non-profit that was founded in 1970 and has since served more than 250,000 people struggling to meet their housing, childcare, food or financial needs. They own many houses in the area, which are used to provide shelter and stability to people coming out of homelessness or other dire circumstances.

More information is available at www.restoninterfaith.org.

THE COUNTY LINE



PHOTOS BY VICTORIA ROSS/THE CONNECTION

Social worker Calvin Robertson, with Fairfax County's Department of Family Services, teaches the Fathers in Touch class at South Gate Community Center in Reston. The 12-week program, a partnership with Fairfax County and the Capital Youth Empowerment Program (CYEP) in Alexandria, helps men become more engaged and loving fathers.

The Father Factor

Fairfax County's "Fathers In Touch" program teaches men how to be fathers.

BY VICTORIA ROSS
THE CONNECTION

Calvin Robertson slams his fist down on the table and barks instructions to the 11 fathers seated around the table at the South Gate Community Center in Reston.

A large black man with a booming voice, Robertson wants them get a sheet of paper and start writing. Now.

"Did you hear what I said? I'm not telling you twice. Let's go! I just told you what to do," he yells, sounding like a drill sergeant.

The men, ranging in age from 20 to 46, look startled.

Robertson takes a deep breath, pauses, and then asks in a quiet voice.

"Okay, so how did all that anger and rage make you feel?"

"It stresses us out, man," said one young father.

"It gets us in trouble," ventured another.

"You say things you don't mean..." one man said quietly. "You hurt people you care for."

"Is it productive? I mean, imagine how a child feels when you talk like that," Robertson said.

THE MEN, who call Robertson "Mr. Calvin," are part of the Fairfax County's Fathers in Touch (FIT) program, a 12-week parenting class designed to develop committed, responsible fathers – men who are learning they can just as easily give their children a hug instead of a slap.

In addition to the weekly two-hour sessions, the program includes three supervised visitation activities with children designed to promote strong relationships between fathers and their children.

"I know I'm successful when I see them

interacting with their children in positive way," Robertson said. "That's really the heart of this program. Watching these men show love and attention to their children."

Launched in 2010 through the Fairfax County's Office of Public Private Partnerships (OP3) in partnership with the Department of Family Services, the FIT program was created by the Capital Youth Empowerment Program (CYEP) to address the "fatherless home epidemic prevalent in our society," according to CYEP literature.

Held three times a year throughout Fairfax County, the FIT program draws men from various walks of life, for many different reasons. Some men participate because they have to; a family court judge has mandated the program before they can visit their children again.

Some fathers are involved in vicious custody battles and want the FIT certificate to expand their custody and visitation rights. Some volunteer for the program because they want to be better fathers.

"I want my family back," said Joe Apkarian of Springfield, a 42-year-old father of three who, after serving a jail term, is fighting to regain custody of his young children from foster care. Apkarian has a 3-year-old biological daughter and two stepchildren. His goal is to show a judge that he is responsible and caring enough to raise all three together.

"This is for me to say I've done everything possible to get my kids back," Apkarian said. "My word is my promise, and I told my children I'd never let them be separated, but I had to hand my son over to a social worker when he was 9-months-old. You know how a lot of people say they wish they could win the lottery, win a million bucks? I don't care. I just want my kids back."

Marc Dixon of Reston, who has a 5-year-



Calvin Robertson (center), a social worker with Fairfax County's Department of Family Services, teaches the Fathers in Touch class at South Gate Community Center in Reston. He is standing with participants, from left, Marc Dixon of Reston, Jim Henson of Springfield, Joe Apkarian of Springfield and Mohamed Osman of Annandale.

About Fathers in Touch (FIT) Fatherhood Classes

From January 2010 to April 2012, 59 fathers with 120 children graduated from Fairfax County's FIT program.

Results of pre and post inventories completed by 2010 FIT graduates revealed:

❖ 94 percent of the fathers reported significant increases in positive involvement with their

children over a 12-week period.

❖ 100 percent reported significant improvements in their perception of their role as fathers (i.e., improvement in at least two of four areas: investment, integration, competence, satisfaction).

For more information on FIT, go to www.cyep.org

old son, said he wanted to be a better father, and to show his son the love he rarely got from his own father. "My son means the world to me. I want him to know that I'm here for him," Dixon said.

Robertson, who was a probation officer before becoming a social worker, is also a single father of three daughters. "I can relate to these guys. I know how stressful it gets, but I try to teach them how to calm down, and to listen and to see things from a child's perspective," Robertson said. "With three daughters, you can bet I'm a good listener."

BEFORE EACH SESSION, Robertson calls the fathers several times to establish a rapport with them, and to make sure they are committed to the program.

He said each session addresses a theme, such as male stereotypes, self-esteem or anger management. But the first session always tackles the biggest elephant in the room: the men's relationship – or lack of relationship – with their own fathers.

"Sometimes there are tears, and a lot of pain, when we explore that relationship," Robertson said. "Many of the men have to overcome what they've been taught, 'don't show emotion,' 'only girls cry,' 'a man can't show weakness.'"

Robertson said some of the men come from abusive homes or homes where the father was absent, so they have no role models.

According to the U.S. Census Bureau, 24

million children in America, about one in three, lived apart from their biological fathers in 2009, up from 11 percent in 1967. For African-American children, the figure was 64 percent in 2009.

Research from the National Fatherhood Initiative (NFI) has demonstrated father absence has a negative impact on many areas of a child's life, including crime, teen pregnancy, child abuse, drug and alcohol abuse, education, and childhood obesity.

The NFI also reported that adolescents who have lived apart from one of their parents at some point in their childhood are twice as likely to drop out of high school, twice as likely to have a child before age 20 and 1.5 times as likely to be out of school or work by their late teens or early 20s.

Acknowledging the critical role fathers' play in a child's life, President Barack Obama asked U.S. Attorney General Eric Holder to create a "Fatherhood Re-Entry Court" that would help fathers leaving prison get jobs and services they need to start making child support payments and reconnecting with families.

"Our children don't need us to be superheroes," Obama said, when he announced the program in 2011. "They don't need us to be perfect. They do need us to be present. They need us to show up and give it our best shot, no matter what else is going on in our lives. They need us to show them — not just with words, but with deeds — that they, those kids, are always our first priority," he said.



PHOTOS BY STEVE HIBBARD/THE CONNECTION

Marketing and Publicity, Jenny Rubin, Michelle Slivinski, Caitlyn Herron and Kyle Norfleet, South Lakes High School, "West Side Story."



South Lakes High School senior, Ariana Kruszewski, won a Female Vocalist Award.

South Lakes Wins Two Cappie Awards

BY BONNIE HOBBS
THE CONNECTION

South Lakes High won two starry statuettes at Sunday night's 13th annual Cappie Awards at The Kennedy Center in Washington, D.C. It received the honors for Female Vocalist for its production of "West Side Story," plus the new category of Marketing & Publicity.

Overall, Westfield High won the most Cappies, garnering 10, including Best Musical, for "Crazy for You." The Best Play winner, McLean High, took home five awards, including Lead Actor and Lead Actress in a Play, for its production of "A View from the Bridge."

South Lakes senior Ariana Kruszewski won the Female Vocalist Cappie. "I'm shocked," she said afterward. "I wasn't expecting anything; I can't believe it. But I'm very honored and just so grateful to everyone – all my teachers and vocal coaches – who've

helped me and taught me everything." Lifting her award, she added, "It's heavier than I thought it would be – it's a solid, granite block."

The Marketing & Publicity winners were seniors Jenny Rubin and Kyle Norfleet and juniors Michelle Slivinski and Caitlyn Herron. "I'm so thrilled," said Rubin. "We all worked so hard to get this, and it's amazing."

To publicize their show, said Norfleet, they put on flash mobs in the school cafeteria and participated in Spirit Week. "We also organized performances at Reston Founders Day and had Google ads," said Slivinski.

"And since we were doing 'West Side Story,' we also held a sock hop and a classic car show," said Herron. Delighted with their Cappies victory, Norfleet said, "It's wonderful; two of us are seniors, so it's a great way to end our senior year."

— BONNIE HOBBS

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OPINION

Partnerships That Make a Difference

Strategic partnerships with businesses, community organizations, benefit public good and fill gaps since government cannot do it all.

A few weeks ago, the Connection was lucky enough to be included in a group of Fairfax County organizations honored for their efforts in giving back to the community.

Fairfax County and the Fairfax County Public Schools recognized their business and community partners for their continued contributions to the community at the Celebrate Partnerships awards ceremonies on May 21 at the Mason Inn. More than 55 businesses and community groups were nominated for these annual awards which focus on individuals and groups who partner with the County and FCPS to give back to the community.

The mission: "The Office of Public Private Partnerships (OP3) develops partnerships between the business community and local community organizations that address critical

needs in Fairfax County. ... to stimulate positive change in the community and encourage civic involvement and responsibility. One of the goals of OP3 is to bring together resources between the public and private sectors to effectively transform the quality of life in the community."

Those efforts in the county and in the schools were on display at the awards. It was remarkable to hear about how partnerships between organizations, schools, businesses led to thousands of hours of volunteer work and millions of dollars raised. The benefits are tangible, significant and a part of what makes Fairfax County a leader in many areas.

The Connection award was based significantly on our special edition on homelessness in Fairfax County, but also cited the Connection's dedication to covering the com-

munities we serve.

This year Anthony Griffin was given a special award for his work with partnerships. Other business honorees include MV Transportation, Helios HR, Nadar por Vida, Great Falls Friends and Neighbors, Fairfax County Chamber of Commerce and Doug Brammer of Verizon.

The event was attended by more than 380 people who heard from Fairfax County Chairman Sharon Bulova; Fairfax County Schools Chair Janie Strauss; Jorge Haddock, Dean of the School of Management, George Mason University; Fairfax County Executive Ed Long, and Superintendent of Schools Jack D. Dale. To find out more, visit <http://www.fairfaxcountypartnerships.org>

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

Partnering with Communities

The Connection was nominated by Dean Klein, Executive Director of the Fairfax County Office to Prevent and End Homelessness, and the award springs from the Nov. 13 special edition coverage about the complex challenges of the homeless in Fairfax. Coverage of the issues included a "moving array of impactful photos and informative articles" that conveyed the scope of the challenges faced by those who are homeless in our community and the collaborative work of Partnership to End Homelessness. The award also cited other examples of the Connection's community partnership including "weekly highlights of neighborhood school activities and events, Thanksgiving story called 'Season of Giving' that featured 12 gifts that give back to the community, and extensive coverage of the Stuff the Bus Food campaign."

Media/Communications Partner,
Connection Newspapers
In photo, Sharon Bulova, Victoria
Ross, Mary Kimm, Deb Cobb, Ed Long.



PHOTOS COURTESY OF THE FAIRFAX COUNTY OFFICE OF PARTNERSHIPS



Small Business Resource Champion, Helios HR, Reston.
Helios HR of Reston is named Small Business Resource Champion for a variety of contributions that have raised awareness and leveraged resources to help end homelessness and to provide services for those who are currently homeless. CEO Kathy Albarado shares her personal story of homelessness to engage other businesses and her colleagues to get involved and give back. She supports and encourages her employees' involvement by providing volunteer time and hosting employment workshops and drives for coats, professional clothing, and food items that go those served by Reston Interfaith and Fairfax County.

Reston CONNECTION

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Home Life Style

Trends in Landscape Design

Local tastemakers offer suggestions for making the most of backyard space.

BY MARILYN CAMPBELL
THE CONNECTION

Whether creating a tapestry of bold colors, a sanctuary to escape stress or simply a low maintenance landscape, local designers say taking a backyard from dull to dazzling is easier than one might think, and offer insight into hottest landscape elements as well as trends in sustainable design.

“The biggest overall trend is that people are cocooning — that is, people are staying at home and creating multi-use spaces,” said landscape architect Mark White, owner of Garden Wise in Arlington. “They want to be able to cook outdoors and have a dining area. They might want a water feature. They are creating a place for a mini-vacation in their backyard.”

“Given the state of the economy and the fact that people are leading hectic lives, many are wanting calm spaces in their backyards.”

— Mark White

WATER, WATER EVERYWHERE. From custom waterfalls to simple, self-contained systems in an urn, fountains and ornamental water features are surging in popularity as homeowners strive to create a tranquil oasis in their backyards.

“Given the state of the economy and the fact that people are leading hectic lives, many are wanting calm spaces in their backyards,” said White.



PHOTO BY MARILYN CAMPBELL/THE CONNECTION

Landscape designers say yards that incorporate both edible and decorative plants are popular. Herbs and patio vegetables are ideal for small outdoor areas.



Landscape architect Mark White uses ornamental water features to create a soothing space in the backyard of this Arlington home.



PHOTOS COURTESY OF GARDEN WISE

“They are using water elements to create soothing sounds.”

LET IT RAIN. Rain gardens are popular as eco-minded homeowners look for ways to decrease water pollution. Rain gardens allow rainwater runoff from surfaces like roofs, driveways and walkways to be absorbed into the ground instead of storm drains.

Landscapers at George Mason University in Fairfax, created rain gardens across campus using water-loving, native plants. The gardens help alleviate storm-water runoff and pollution.

“Also, rain gardens help to eliminate standing pools of water that might otherwise have been the perfect breeding ground for mosquitoes,” said Archie Nesbitt, landscape supervisor at George Mason.

HARVESTING RAINWATER.

SEE BACKYARD TIPS,
PAGE 9

Local REAL ESTATE

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION



1 406 Chain Bridge Road, McLean — \$3,100,000

April 2012 Top Sales in Great Falls, McLean, Reston and Vienna



3 931 Douglass Drive, McLean — \$2,370,000



2 10707 Milkweed Drive, Great Falls — \$2,450,000



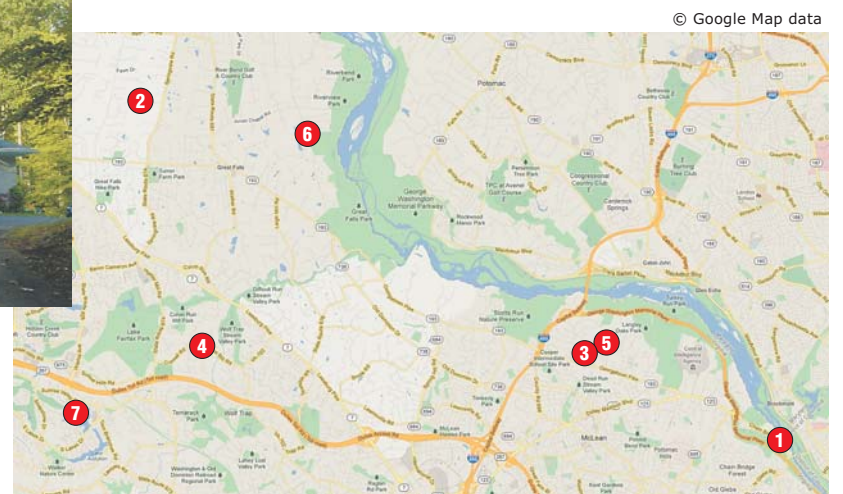
5 901 Whann Avenue, McLean — \$2,250,000



6 433 River Bend Road, Great Falls — \$2,000,000



7 1938 Upper Lake Drive, Reston — \$1,200,000



© Google Map data

Address	BR	FB	HB	Postal City ...	Sold Price	Type	Lot AC ..	PostalCode	Subdivision	Date Sold	
1 406 CHAIN BRIDGE RD	6	..	6	.	3	MCLEAN	\$3,100,000	Detached	0.46	22101	ARLINGWOOD	04/25/12
2 10707 MILKWEED DR	5	..	7	.	2	GREAT FALLS ..	\$2,450,000	Detached	5.00	22066	WOODSFIELD	04/18/12
3 931 DOUGLASS DR	5	..	5	.	2	MCLEAN	\$2,370,000	Detached	0.84	22101	LANGLEY FOREST	04/20/12
4 10203 BROWNS MILL RD	5	..	4	.	2	VIENNA	\$2,350,000	Detached	2.28	22182	WINDSTONE	04/11/12
5 901 WHANN AVE	6	..	6	.	1	MCLEAN	\$2,250,000	Detached	0.95	22101	LANGLEY FOREST	04/20/12
6 433 RIVER BEND RD	6	..	7	.	2	GREAT FALLS ..	\$2,000,000	Detached	2.00	22066	DEER PARK	04/24/12
7 1938 UPPER LAKE DR	5	..	3	.	1	RESTON	\$1,200,000	Detached	0.40	20191	RESTON	04/16/12

SOURCE: MRIS, INC. FOR MORE INFORMATION ON MRIS, VISIT WWW.MRIS.COM

Home Life Style

Backyard Tips from Local Tastemakers

FROM PAGE 7

"Many people are now collecting rainwater in rain barrels and using it to water their plants," White said. "You can connect a hose to the barrel and use it to water your garden."

HOW DOES ONE'S GARDEN GROW? Landscapes that incorporate both edible and decorative plants are popular now and serve dual purposes: providing both food and beauty. "There has been a huge interest in vegetable gardens, container gardens and fruit gardens, especially dwarf fruit trees, tomatoes, peppers and herbs," said Sherrye Schenk of Potomac Garden Center in North Potomac.

MAKING ROOM. Designers can make accommodations when space is scarce.

"Because many of the yards in this area are small, people don't have the space to dedicate to a larger garden, so we're putting plants in containers and growing what is known as 'patio vegetables,' which don't get as large," said White. "For example, there are certain varieties of tomatoes and eggplants that are suitable for a smaller space."

KEEPING BAMBI AT BAY. Homeowners who live in areas where deer abound also search for plants that don't attract these four-legged friends. "Anything that is deer resistant is popular now," said Alex Dencker of Behnke Nurseries in Potomac. "Nandina and cherry laurel are deer resistant. 'Green giant arborvitae' works if you're looking for screen plants to create privacy. They grow tall very quickly."

GOING NATIVE. Designers say indigenous plants often grow beautifully with little maintenance and no fertilizer. "Whenever possible, allow things to be what they want to be ... the more a planted area can be self-sustaining [and] not require upkeep, the better," said Nesbitt.

Drought tolerance is another bonus that makes native plants favorites among homeowners and landscape designers. "Purple cone flower are popular, as are creeping phlox which blooms early, provides great ground cover and requires little maintenance," said Dencker. "Black-eyed Susans and redbud trees are also native plants that have colorful buds. There are so many birds and other critters that need our native plants to survive. That is another reason why our native plants are so important."

Herndon's Gardens on Display

Annual garden tour highlights creativity of local gardeners.

The Town of Herndon's Cultivating Communities initiative will host their annual Garden Tour Sunday, June 24 from noon to 4 p.m. The tour will feature five different stops within the town borders, all representing a variety of approaches to suburban residential gardening.

"There will be a variety of looks at gardens, and they're all ones that don't require huge yards," said Diane D'Amico, committee chair for the tour. "People tend to enjoy seeing how realistic it is to put a beautiful garden in a regular neighborhood, you don't need a sprawling property in Middleburg."

Tickets are \$10 in advance and can be purchased at the Herndon Community Center (814 Ferndale Avenue), the Herndon Florist (716 Lynn Street) and ArtSpace Herndon (750 Center Street). They can also be purchased for \$15 on the day of the tour from the community center and ArtSpace.



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OPEN HOUSES
SATURDAY/SUNDAY, JUNE 16 & 17

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click on the "This Week in Real Estate" link. **Call Specific Agents to Confirm Dates & Times**

Centreville
7104 Ordway Rd.....\$899,999..Sun 1-4...Lisa Clayborne...Long & Foster..703-502-8145

Chantilly
41994 Kudu Ct.....\$737,000...Sat 1-4.....Rich Triplett....Samson Props..703-217-1348

Clifton
13206 Kilby Landing Ct.....\$795,000...Sun 1-4.....Ed Duggan.....Century 21..703-989-7735
6609 Rock Lawn Dr.....\$669,000...Sun 1-4.....Ed Duggan.....Century 21..703-989-7735

Herndon
13108 Frog Hollow Ct.....\$549,900..Sun 1-4...Troy Sponaugle....Samson Props..703-408-5560
2815 Otsego Dr.....TBD...Sun 1-4.....Glynis Canto....Keller Williams..703-636-7300

McLean
1497 Teague Dr.....\$1,750,000..Sun 1-4.....Pat Buck.....McEneaney..703-395-9625
6010 Balsam Dr.....\$1,069,000..Sun 1-4.....Jane Price.....Weichert..703-628-0470

Oakton
10173 Castlewood Ln.....\$699,000..Sun 1-4....Mary Foerster.....Weichert..703-760-8880
3204 Wheatland Farm Dr..\$1,199,000..Sun 1-4.....Glynis Canto....Keller Williams..703-636-7300

Sterling
46793 Backwater Dr.....\$589,900..Sun 1-4.....Rob Allen.....Long & Foster..703-824-7601
47350 Westwood Pl.....\$610,000...Sat 1-4...George Azzouz....Samson Props..703-728-0843
47350 Westwood Pl.....\$610,000...Sun 1-4...George Azzouz....Samson Props..703-728-0843

Vienna
1016 Moorefield Hill Pl.....\$522,000..Sun 1-4.....Pat Samson.....Century 21..703-380-7025
220 Lawyers Rd NW.....\$899,000..Sun 1-4...Casey Samson....Samson Props..703-508-2535
10423 Lawyers Rd.....\$1,790,000..Sun 1-4.....Yassi Nasserri..Coldwell Banker..703-938-5600

To add your Realtor represented Open House to these weekly listings, please call Karen Pechacek-Washburn at 703-778-9422 or E-Mail the info to kwashburn@connectionnewspapers.com All listings due by Monday at 3 P.M.

Staving Off Mosquitoes

BY MARILYN CAMPBELL
THE CONNECTION

Nothing spoils a backyard barbecue like a swarm of blood thirsty mosquitoes. How does one keep bugs at bay without harsh chemicals? Local experts offer tips.

FANS. Landscape architect Mark White of Garden Wise in Arlington, says installing a ceiling fan on a covered patio is an effective method. "They create enough air current to keep mosquitoes from lighting on top of your skin," he said.

ALL-NATURAL SPRAYS. Alex Dencker of Behnke Nurseries in Potomac, says oil-based sprays help keep the mosquito population under control. "Oil-based sprays like cedar oil and clover oil keep

critters off without using nasty chemicals," he said. "Most of these repellants come in sprays or granules."

LEMON. White recommends a lemon-scented plant called lemon bomb as a barrier for repelling mosquitoes. "Lemon scented plants do a bang-up job of keeping mosquitoes [away]," he said. "They provide a scent all over your garden and mosquitoes don't like it. I have it planted all over my yard and on Memorial Day we had no mosquitoes,

which is unheard of in Northern Virginia." He added that citronella geranium plants are also effective mosquito repellants.

INSECTS AS WEAPONS. Sherrye Schenk of Potomac Garden Center in North Potomac, says that preying insects can keep mosquitoes and other pests under control. "Praying mantis and lady bugs work well."

Chemical-free methods for controlling backyard pests.

Herndon to Recognize Yard of the Month

Springtime's rejuvenating spirit is in the air – and the Town of Herndon's Yard of the Month award season is officially under way.

Yard of the Month is an opportunity to recognize the efforts of town residents whose yards contribute to the beautification of the town and its neighborhoods. Citizens may nominate their own or their neighbors' yards for the award. Winners receive gift certificates from Meadows Farms and are recognized by the Mayor and Town Council at public meetings.

Nominations are due June 15 for the July award and September 15 for the October award.

Judges for the Yard of the Month Awards program are members of the Town of Herndon's Cultivating Community committee, a group of citizen volunteers formed to encourage beautification and to enrich the quality of life in the town's neighborhoods.

Nomination forms for the Yard of the Month Awards are available on the Cultivating Community page of the town's Web site, www.herndon-va.gov; see the link off of the homepage at "featured this month." Forms are also available at the at the Herndon Municipal Center and the Herndon Community Center. For more information, call 703/435-6800 X2084 or email information@herndon-va.gov.

Town Of Herndon Advises On Proper Lawn Care

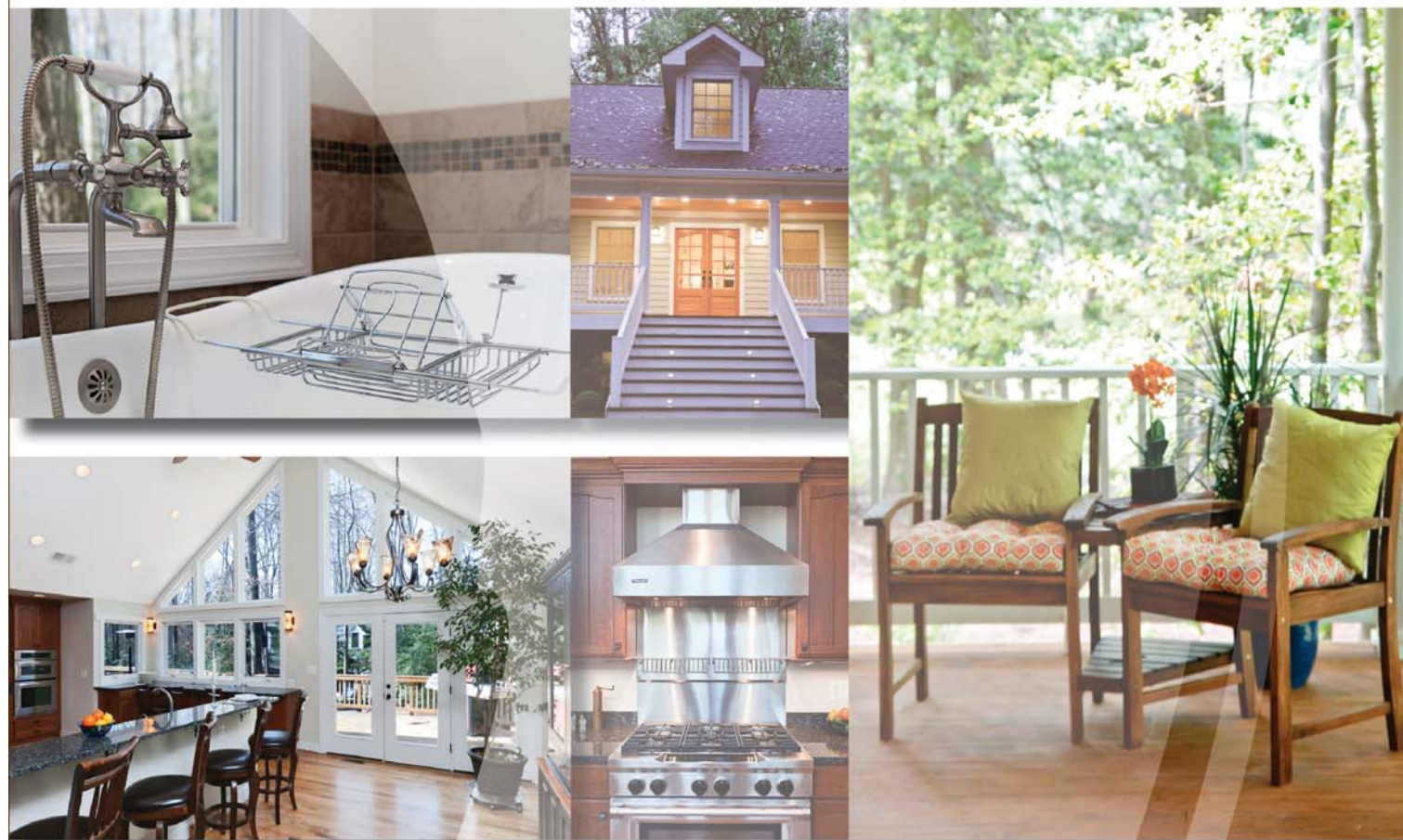
The Town of Herndon's Department of Public Works advises homeowners who fertilize their lawns to wait until fall, the best time to fertilize, when the roots that will sustain the plants through the following summer are actively growing. Spring fertilization should be limited to a light feeding after the initial flush of growth has subsided in May or early June.

"Lime, on the other hand, should be applied in early spring if soil tests show it is necessary," said Bob Boxer, director of Public Works. "Most lawn grasses grow best at a soil pH between six and seven. A soil test report will provide recommendations on how much lime to apply as well as how much fertilizer to apply in the fall. Too much fertilizer, or spillage on sidewalks and driveways, can cause stream pollution."

Soil testing kits may be obtained from all Fairfax County public libraries or from the Virginia Cooperative Extension office in the Government Center (Pennino building, 10th Floor). There is a small fee for the soil analyses.



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NEWS



PHOTO CONTRIBUTED

Joseph Letteri, 12, has been teaching violin to five children at Forest Edge Elementary School throughout this school year.

Langston Hughes Student Gets STARS Recognition

Langston Hughes Middle School STARS Program has recognized Joseph Letteri, 12, who has been teaching violin to five children at Forest Edge Elementary School throughout this school year. He has been working with these children to improve their intonation, bowing, tone and posture. With his dedication and love for music, Joseph has helped these students to improve their confidence, technique and understanding of music. As a reward for their hard work, Joseph bought the students shoulder sponges with his own money, which he had saved over the summer.

Joseph hopes to continue teaching more children in the coming school year.

The STARS Program recognizes students for participation/ accomplishments in activities other than those required as part of regular classroom work.

SCHOOL NOTES

Melissa Tran of Reston has been named to the 2012 Who's Who Among Students in American Universities and Colleges. Tran is majoring in quantitative economics at Providence College, Providence, R.I.

Cailin Clinton of Reston has been named a member of the Marching Virginians at Virginia Tech.

Julia Springfield of Reston has been named a member of Sigma Alpha Lambda, National Leadership and Honors Organization at the University of Virginia. Springfield is a 2010 graduate of South Lakes High School.

Marisa L. Shannon of Reston has been named to the fall 2011 dean's list at Boston University of Boston, Mass.

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Reston Swimmers Kick Off 40th Season

The sun shined brightly last Saturday morning as hundred of swimmers gathered for the first meet of the Reston Swim Team Association's (RSTA) fortieth season. And while the first meet brings back old friends and introduces new swimmers to the joy of the 'summer season,' for those that have been associated with RSTA for any length of time this season opened with a bitter sweet feeling because an 'old friend' wasn't there to share the good times.

Kim Klarman, past president of RSTA, who was involved with the league in some way, shape or form for 18 years, died last February.

"Kim embodied everything that we in the league strive for," said Gail Romansky, close friend of Kim's and current president. "She reveled in the way that the league brought kids together - not just for a good time but for the life-long lessons that it taught - teamwork, good sportsmanship and compassion. She was truly an inspiration to the board members, team managers of RSTA and to the swimmers as well. She is sorely missed, but I believe she would be proud of the way we have carried on without her."

Against this backdrop, a moment of silence was held for Kim at each of the RSTA meets immediately preceding the playing of the National Anthem. Following that, the season began - with the focus exactly where Kim would have wanted it; on the swimmers.

HIGHLIGHTS from last Saturday's meets included the following records being set. For Glade, Emily Landeryou broke a record that had stood for more than a decade. In the girls 11-12,



PHOTO/COURTESY RSTA

Siena Shannon of Lake Newport goes all out in the girls' 13-14, 50-meter butterfly. In one of the biggest surprises of the day, Lake Newport defeated defending co-champion Lake Audubon.

Remembering Kim Klarman

Almost four months to the day after her death, the Reston Swim Team Association (RSTA) kicked off its 40th season this past Saturday, June 9. Kim Klarman, who died earlier this year on Feb. 7 following a long battle with cancer, was remembered with a moment of silence prior to the beginning of each swim meet. Recognizing the almost two decades of service that she gave to RSTA, the past president was remembered for her zest for life, her compassion and her tireless efforts on behalf of the league. She may be gone but she will never be forgotten.



50-meter butterfly, her time of 31.55 bested a time of 32.02 that was set by former South Lakes High standout Mei Christensen back in 2001. For Lake Newport, Anna Redican's 50-backstroke time of 39.32 in girls' 9-10 bested the record of 40.00 that was set by Carolyn Kristo back in 1997. For Newbridge, Ryan Ha set two individual records. In the boys 11-12 freestyle, his time of 29.19 easily

outpaced the old mark of 30.12 set by Myles O'Keefe in 1999; and in the boys 11-12 breaststroke, his time of 37.92 outpaced the mark of 38.34 set by Kyle Standiford in 2001. Finally, Rachel Swarts of North Hills continued her assault on the record books in the girls' 15-18 butterfly with a time of 31.63, beating her old record of 31.80 set last year.

Scores of Saturday's meets and

multiple event winners follow:

North Hills Hurricanes 593, Autumnwood Piranhas 388: For North Hills, triple event winners were Lucas Abousleiman, Courtner Clark, Ryan Luczak, Joseph Sciortino, Rachel Swarts and Miles Yang. Double event winners were Alexander Boelcskev, Michelle Boone, Ilayda Boucher, Katie Cazenias, Emily Decker, Nicole Flint, Ishan Ganjoo, Lindsey Hill, Benjamin Livaudais and Julian Pardo.

Autumnwood's triple event winner was Diya Murthy. Double event winners were Joanie Belo, Haley Brazier, Michael Hellstern, Anne Kennedy and Kalista Majoros.

Lake Newport Lightning 571, Lake Audubon Barracudas 527: For Lake Newport, triple event winners were Jack Edgemond, Christina George, Alexander Liu, Anna Redican, Emi Redican, Deja Rothschild, Siena Shannon, Meghna Sharma and Avery

Wauben. Double event winners were Alina Shannon, Andrew Shedlock, Casey Storch and Omar Zaki.

Lake Audubon's triple event winner was Sabrina Groves. Double event winners were Brian Ball, Madeline Bennett, Elizabeth Crump, Matt Crump, Augusta Durham, Catherine Evans, Winston Evans, Dean Huber, John Hughes, Conor McBride, Bryce Onozuka and Aidan Scanlan.

Ridge Heights Sharks 505, Glade Gators 467: For Ridge Heights, triple event winners were Kati Imel, Emily Sennett and Hailey Wang. Double event winners were Jared Decker, Harrison Hughes, Shannon Murry, Mac Sogandares, Paige Sogandares, Rory Stobie, Aaron Wang and Maggie With.

For Glade, triple event winners were Hunter Ellis, Tyler Ellis, Andrew Huang, Emily Landeryou, Sophia Landeryou and Yangian Xu. Double event winners were Meghan Benedetto, Noah DiLisio, Mackenzie Evans, Aaron Letteri, Joseph Letteri, Webb Nims, Noah Smith and Jack Thomas.

Newbridge Dolphins 553, Hunters Woods Blue Marlins 493: For Newbridge, triple event winners were Stephen Baldwin, Niki Chava, Eric Compton, Ryan Ha and Jocelyn Wulf. Double event winners were Elise Baldwin, Celia Compton, Emma Grossback, Adam Hvitfeldt-Matthews, David Joyner, Ian Meikle and Taylor Panneck.

For Hunters Woods, triple event winners were Kathryn Evans, Philip Pan, Zack Peng, Ashley Thai, Ashley Turner and Isabella Wnek. Double event winners were Greg Blanpied, Nolan Dunkel, Christopher Jiang, Daniel Li, Shine Peng, Eric Tang, Victoria Thai and Joseph Wang.

SPORTS ROUNDUPS

The **rising U14 Reston United '98** travel girls' soccer team (WAGS, Div. 2) is looking to add several players for the 2012-13 season. The team will be holding tryouts during its regular practice sessions on Mondays, Wednesdays and Fridays or Saturdays. For more info about the schedule and last minute changes visit the team website at www.eteamz.com/RestonUnitedGirls98/; Or contact coach Apostolos Georgiou at tolisg2@gmail.com, or at 703-689-2506. Or contact team manager Maureen Lalor at maureen@lalorfamilys.us

The United team is professionally coached and participates in year-round conditioning and tournaments. Any committed girl interested in the team with a birth date after Aug. 1, 1998 is

welcome to join any training sessions.

Cougar Baseball Summer Camp will take place throughout July on the following dates: July 9-12 (Little Leaguers ages 6 to 11); July 16-19 (ages 11-through high school); July 23-26 (Little Leaguers ages 6 to 11). Camp sessions will be held at Oakton High's Tom Hall Baseball Field; with daily camp times from 9 a.m. to 1 p.m. The Camp Director is Oakton High varsity baseball coach Justin Janis. Cost is \$140 per camper, with all funds being used to support Oakton High baseball. Checks should be made to OHSABC, and sent to: Oakton High School, 2900 Sutton Rd., Vienna, Va. 22181. The Oakton Cougar Baseball Camp is intended to teach players solid fundamental baseball skills. The primary goal is to provide each player with the instruction, knowledge, and

evaluation necessary to raise their level of play. Instruction will emphasize the core values of Oakton Cougar Baseball: Excellence, Teamwork, and Integrity.

Herndon High announced that Mary Miller will serve as the athletic program's new girls' field hockey coach. Miller is a 1983 graduate of Falls Church High School where she was a multi-sport athlete. She is a 1987 graduate of the University of Virginia.

Miller previously taught history and coached field hockey and soccer at McLean High School. While with the Highlanders, she worked with two stellar field hockey coaches - Marsha Ehrsam (currently at Madison High) and Demby Banbury (currently at Centreville) - while serving as a top varsity assistant and the head JV coach (1993-2001). She also led the varsity

soccer program as McLean's head coach for eight seasons (1995-2002).

Miller said she welcomes the opportunity and challenge of coaching fall season field hockey at Herndon and looks to bring a combination of experience and excitement to the program.

The Virginia Renegades, a college baseball prep/showcase program, has teamed with Steve Johnson of the National Hitting Association to create a college baseball development program for high school players.

Johnson helped develop a program that combines functional strength training, with cross-specific motor learning drills. The program emphasizes the Four Corners of Performance: biomechanical efficiency, functional strength development, mental/emotional support, and nutrition/hydration supplementation.

All are necessary components in maximizing player performance.

The Renegades have been invited to participate in the World Scout League (WSL), a national level organization that works with colleges nationwide to enhance the college recruiting experience. All WSL teams from across the country compete locally, regionally, and in a National World Series Showcase held at the Roger Dean facility in Jupiter, FL.

The Renegades' primary goal for players is to 'Find Your Best.' All players who make the Renegades will only need to pay for their uniforms. The Renegades can be contacted through GM Pat Gaffney at 703-559-2181 or at pgaffney@virginiarenegades.org. For more team information, go to virginiarenegades.org.



PHOTOS BY KATHERINE HEATH/THE CONNECTION

Sydney Solis teaching the Storytime Yoga to children and parents.

Beloved Yoga Comes to Reston

Love Your Body Events at Reston Town Center kicks off Virginia Yoga Week.

BY KATHERINE HEATH
THE CONNECTION

Despite the 90 degree weather, hundreds of yoga enthusiasts gathered Sunday for the Love Your Body event in Reston Town Center. This annual event was organized by Beloved Yoga, which has studios in Reston and Great Falls.

The event lasted until 4 p.m. and throughout the whole day there were a variety of activities available; free yoga classes, live music, complimentary massages; energy healing demonstrations; and healthy food samples, as well as the opportunity to ask questions about alternative healing therapies.

Michelle Mallo-Esposito, of Herndon, said, "This is a fabulous opportunity to bring like-minded people together to celebrate the art of an alternative cure."

New this year to event was a kids' tent that also offered yoga classes such as story time yoga and awaken the superhero.

Ramdep Kaur, first time to the event, said, "This event is a great way to bring enthusiast of yoga together to share knowledge and experience."

Love Your Body Day is a kick off for Virginia Yoga Week, June 10 -17. In celebration of yoga throughout the Commonwealth, Virginia yoga studios and teachers will be offering free classes along with special workshops and karma yoga events throughout the week.

For more information contact Beloved Yoga at belovedyoga@yahoo.com or call them at 703-860-9642.



Instructor from Bikram of Great Falls teaching Bikram to patrons at the event.

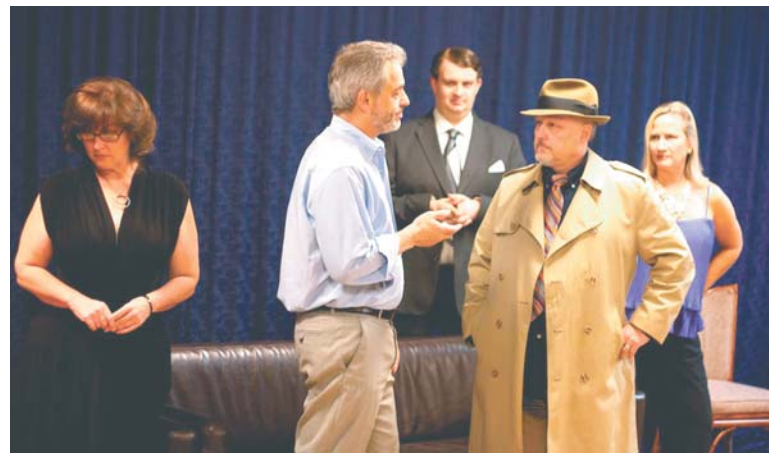


Michelle Mallo-Esposito, of Herndon, a therapeutic yoga instructor for Life Wellness Centre.



Diana Falk, left, of Centreville, said, "It's my first time coming out to the Love Your Body event, I think it's great and a great way to bring people together."

ENTERTAINMENT



A rehearsal of "Fake" by Reston Community Players, with cast members Gay Freese, Dan Beckhard, Phillip Archery, Rich Claar and Amy Treat. "Fake" by Jim Gordon will be performed on June 15-16 at 8 p.m. at CenterStage Theatre, Reston Community Center, 2310 Colts Neck Road in Reston.

Send announcements to reston@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/JUNE 14

Chaise Lounge Band. 7:30 p.m. Frying Pan Park, 2709 West Ox Road, Herndon. Jazz and swing. Free. 703-324-7469.

Stars of the Summer Night. 7 p.m. Walker Nature Center, 11450 Glade Drive, Reston. For ages 5 and up with one adult per 1-2 children. \$4-\$6. Learn about stars and what tools can help locate and view them. Reserve at 703-476-9689 or naturecenter@reston.org.

FRIDAY/JUNE 15

"Flowers for Algernon." 8 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. After experimental surgery to dramatically increase his IQ, a man's life is changed forever. \$20. www.eldenstreetplayers.org.

Riverdance. 8 p.m. Wolf Trap National Park for the Performing Arts, 1551 Trap Road, Vienna. Final performances. www.riverdance.com or www.wolftrap.org.

Taste of Reston 2012 and Carnival. 3-11 p.m. Market St. Reston. Restaurant samples, community vendors, cooking demonstrations and wine pairings, carnival rides, live entertainment on four stages and a Family Fun Zone. Sponsored by the Greater Reston Chamber of Commerce. 703-707-9045 or communications@restonchamber.org.

"Fake" by Jim Gordon. 8 p.m. CenterStage Theatre, Reston Community Center, 2310 Colts Neck Road, Reston. Reston Community Players in their first fully-staged New Play Project production, about secrets and scandals in the world of high-priced art. \$12-20. 703-476-4500 or www.restonplayers.org.

SATURDAY/JUNE 16

"Flowers for Algernon." 8 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. After experimental surgery to dramatically increase his IQ, a man's life is changed forever. \$20. www.eldenstreetplayers.org.

"Fairy Tale Courtroom" by Dana Proulx. 11 a.m. and 2 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. The audience is the judge and jury for the Wolf and the Witch in this interactive comedy. \$8. www.eldenstreetplayers.org.

Riverdance. 8 p.m. Wolf Trap National

Park for the Performing Arts, 1551 Trap Road, Vienna. Final performances. www.riverdance.com or www.wolftrap.org.

Rocknoceros. 10 a.m. Lake Fairfax Park Amphitheater, 1400 Lake Fairfax Drive, Reston. Children's music featuring Boogie Bennie, Coach Cotton and Williebob. Free. 703-324-7469.

Taste of Reston 2012 and Carnival. 12-11 p.m. Market St. Reston. Restaurant samples, community vendors, cooking demonstrations and wine pairings, carnival rides, live entertainment on four stages and a Family Fun Zone. Sponsored by the Greater Reston Chamber of Commerce. 703-707-9045 or communications@restonchamber.org.

"Fake" by Jim Gordon. 8 p.m. CenterStage Theatre, Reston Community Center, 2310 Colts Neck Road, Reston. Reston Community Players in their first fully-staged New Play Project production, about secrets and scandals in the world of high-priced art. \$12-20. 703-476-4500 or www.restonplayers.org.

Fishing with Fathers. 10:30 a.m. Walker Nature Center, 11450 Glade Drive, Reston. Fish at Lake Audubon. Learn fish facts, fishing basics and practice casting. Rods and bait provided. \$5-\$8. All ages. Under 12 must be accompanied by adult. Reservations required by June 13. Reserve at 703-476-9689 or naturecenter@reston.org.

SUNDAY/JUNE 17

Father's Day Concert. 4 p.m. and 7 p.m. ArtSpace Herndon, 750 Center St., Herndon. The Al Robertson Quintet featuring Mauricio Salguero on sax/clarinet presents caribbean jazz, afro cuban, bossa nova and latin rhythms. \$18-\$27. Complimentary Sangria and Salsa Bar. www.brownpapertickets.com/event/249349

"Flowers for Algernon." 3 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. After experimental surgery to dramatically increase his IQ, a man's life is changed forever. \$20. www.eldenstreetplayers.org.

"Fairy Tale Courtroom" by Dana Proulx. 12 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. The audience is the judge and jury for the Wolf and the Witch in this interactive comedy. \$8. www.eldenstreetplayers.org.

Riverdance. 8 p.m. Wolf Trap National Park for the Performing Arts, 1551 Trap Road, Vienna. Final performances. www.riverdance.com or www.wolftrap.org.

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For more information email: susan.greene@csi-va.org or call 703-913-3150. Our website can be accessed at www.csi-va.org our office is located at 8136 Old Keene Mill Road, Suite B-300, Springfield, VA 22152.

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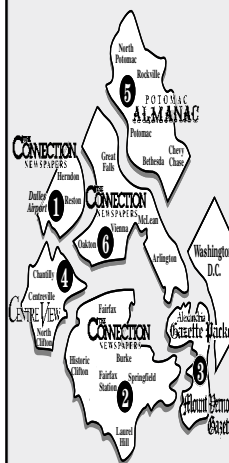
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Apparent, Now More Than Ever



By KENNETH B. LOURIE

I last celebrated my father's day six years ago, in 2006. Six months later, in early December, he finally succumbed to that which had been ailing him: old age for sure, the effects of two strokes for certain and the realization that it was, as we like to say in our family: "Enough already." Pain and suffering is all it's anticipated to be, so when my father died in his sleep that early Saturday morning in late fall, 2006, it was a blessing; one occasionally in disguise, but one nonetheless. He wasn't ever getting better, he was already in hospice care, it was time. He was 87.

"Barnet, Barnet, Barnet," I would call out to my father in my best from-Boston accent when I would first enter the residence my parents maintained in Leisure World in Silver Spring.

"Yo! Yo! Yo!," my father would respond, specifically, as he had for as long as I could remember. (I don't think my generation uses the word/expression "Yo" to account for one's presence.) "Barnet," his adolescent given name; "Benet," on his birth certificate; "Barry" (later in life) to his friends, family and business associates; and "Beez," a nickname given to him by a fellow member of a knothole gang in the 1920s/30s (who said everybody had to have a nickname), to me; the name that I respectfully called him my entire life. My brother, Richard and I miss him very much, as we do our mother, Celia, who died nearly two years later, also in early December.

Our parents, and for the focus of this column, our father, was devoted to his children and family. We were very fortunate. Let me try to explain.

My father was the father who, for years, every morning, drove about a dozen Elementary School kids to school, crammed into his Oldsmobile. If I heard the word "laps," once, I heard it a thousand times, maybe literally. My father was the father always present at Little League games, sitting in the grandstand rooting for his son and his son's team (the Little League Red Sox as it happened to be) and behaving. Never once did he engage or enrage an umpire or another team's coach. He did, however, often come down behind the bench where I would be sitting between innings to offer fatherly advice – and encouragement about my pitching: "Don't drag your right leg." "Take a deep breath between pitches." And of course, the constant throughout my entire life: "Stop biting your nails!" My father was the father who played catch with his son – at every opportunity, and on weekends would drive me to the local Junior High School where he would stand me up against the baseball backstop and hit me grounders, fly balls and pop-ups – for practice. My father was the father who took his kids to baseball games at Fenway Park and basketball games at the old Boston Garden. The Red Sox games would usually be on Saturday afternoons (or Sundays, depending on the time of year) so as not to interfere with my mother's standing hair appointment at her Beauty Salon. The Celtics game was typically the first Sunday afternoon game of the season (my father owned a jewelry store in downtown Boston and other than July and August, only had Sundays off), usually against the Philadelphia 76ers, which meant Bill Russell against Wilt Chamberlain; it didn't get any better than that. My father was the father who, after driving his son (yours truly) to my driver's license driving test (which I passed the first time), had me drive him to the subway just so I could drive myself to school that very first day and have a car – without waiting one extra day, despite the obvious inconvenience to him and my mother (there was only one car in the family).

My father was the most positive, supportive, encouraging and enthusiastic person I knew. His influence on his children while he was alive is only surpassed by his continuing influence on us after his death. He lives on in our hearts and minds despite his absence, and so we honor him, especially on Father's day. He is gone, but certainly not forgotten. He was one-of-a-kind, and his two children were lucky he lived as long as he did.

Happy Father's Day, Beez. I'll see you at the cemetery on Sunday.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

FATHER'S DAY PHOTO GALLERY

—MORE FATHER'S DAY PHOTOS – PAGE 2



Grandfather Kropp “Poppa” and four grandsons. From left: Andrew Kropp-Sullivan, CPT Walter Kropp, U.S. Army, WWII (age 88) a.k.a. “Poppa,” Patrick Kropp-Sullivan, Aidan Kropp-Sullivan, 10, and Richard Kropp-Sullivan.



“Granpa” Jim Sullivan and his four grandsons. From left: Aidan Kropp-Sullivan, Richard Kropp-Sullivan, Patrick Kropp-Sullivan, Jim Sullivan (Granpa) and Andrew Kropp-Sullivan.



Mark Rutledge with Brooklyn, 5, Zach, 8, and Jackson, 12.

April Stettner and her dad Will Stettner celebrate her graduation from George Mason University on May 18.



Alayna Brumberg and Gerard Rugel at Reston Town Center, 2010. “My Zeyde always helps me to reach for the sky.”



Sean Murray and Kelly Murray of Reston. Sean’s goal is to one day beat his dad at golf. This picture was taken at Algonkian Golf Club where dad works on St. Patrick’s Day 2012.



“This is my husband Essex Finney and our kids EJ, Sumi and Emerson. This picture was taken in our home in Reston’s Hawkridge neighborhood in 2011,” writes Jennifer Arias-Finney of Reston.



“This sweet dad is my husband, Rob, on a walk around Lake Anne, Reston with our two daughters, Georgia, 3.5, and Annabelle, 1 (in the stroller). May 2012,” writes Morgan Norwood.

Joshua, Ilana, and Julia Levy enjoying the riverfront in Savannah, Ga., with dad (David Levy) last April during spring break.