

COMMUNITY

Local Interfaith Group Raises \$200,000 for Full-Time Dentist

By Amiee Freeman
The Connection

OICE, a local interfaith group, has raised \$200,000 to fund a full-time dentist at the western Fairfax County branch of the Northern Virginia Dental Clinic, low-income dental clinic. VOICE, which stands for Virginians Organized for Interfaith Community Engagement, is a collection of members from four Reston congregations: Northern Virginia Hebrew Congregation, St. John Neumann's Catholic Church, Trinity Presbyterian, and the United Universalist Congregation of Reston. The money raised will ensure funding for the clinic for two years. The full-time dentist will begin seeing patients July 1.

"Dental health affects how you get a job, it affects your confidence. By having access to proper oral health care, it becomes a domino effect to other things, such as finding work," said Dr. Kristen Donahue, a local dentist who has a practice in Burke and has volunteered at the low income clinic.

The western Fairfax County branch of the Northern Virginia Dental Clinic, located in the Countryside Shopping Plaza in Sterling, has been in operation for over a year. The facility has space for four dentists to work; however, as the clinic relied on local dentists volunteering their time, only one dental chair was in use at any given time.

According to Joan Kasprowicz, a parishioner at St. John Neumman and a lead VOICE fundraiser, the hope is that providing a full time dentist a better, more consistent level of care can be provided.

"There is such a need for this kind of service in western Fairfax County. Dental health care for children up to the age of 18 is covered by the state. Once a person turns 18, they must find their own coverage for dental care. Once we saw this beautiful facility in Sterling and heard that it was under-staffed, we knew we had to do something," said Kasprowicz.

THE VOICE TEAM raised funds from area health and dental care providers including: Delta Dental of Virginia, INOVA Health System, Jon C. Burr Foundation, and Reston Hospital Center. In January, VOICE received a \$100,000 anonymous gift.

"Virginia, historically, is one of seven states in the nation that does not provide oral health care for adults. If an individual cannot afford access to a safe heath care, they may end up pulling their own teeth or going to one of the underground clinics where there is a high risk of infection. Also, it's important to keep in mind, a lot of people who do not have proper dental care access, end up in the emergency room, incurring greater taxpayer costs," said Tom Wilson, executive director of the Northern



VOICE members cut a ceremonial red tape Sunday at St. John Neumann Catholic Church to celebrate the hiring of a full-time dentist for the western Fairfax County branch of the Northern Virginia Dental Clinic, located in Sterling. VOICE solicited local dental and health care institutions for funds plus received a \$100,000 anonymous donation to meet their goal of \$200,000 to fund a full-time dentist for two years.

Virginia Dental Clinic.

The Northern Virginia Dental Clinic is a private, non-profit organization that was established in 1994 by members of the Northern Virginia Dental Society who wanted to

contribute dental services to the community. The Falls Church location opened in 1994. The Sterling location opened in 2010. Until now, both locations have been fully staffed

SEE VOICE, PAGE 4







Graduating Herndon High School seniors chuckle during beloved Social Studies teacher Terri Hoisington's speech at their graduation on June 14, held at the George Mason University Patriot Center.

Saying Goodbye at Herndon High

Graduation 2012 ceremony held at the George Mason University Patriot Center.

Brothers Quinn
Emery (left) and
Mac Emery receive a
candy lei from aunt
Sue Connelly after
their Herndon High
School graduation
on June 14.
Connelly said the
tradition of giving
candy leis at graduation hearkens from
California.

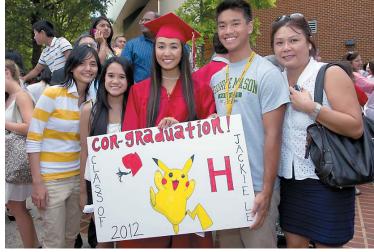




The relief is palpable on the faces of Nathan Wei and Brian Talbert who moments before this photo was taken were declared graduates of Herndon High School during the June 14 commencement ceremony at the George Mason University Patriot Center.

Herndon High School graduate Jacqueline Le is surrounded by friends and family after her June 14 commencement ceremony held at the George Mason University Patriot Center. The most memorable moment for Le during the ceremony: "When the last person's name was called."

Pictured from left: Mina Phan, Lilly Phan, Jacqueline Le, Long Nguyen and Le's mother, Swan Le.





Graduating Herndon High School senior Jack Hamrick gives the thumbs up after receiving his diploma from Principal William Bates at the June 14 commencement held at the George Mason University Patriot Center.



A Herndon High School senior takes a closer look at her freshly minted diploma moments after receiving it from Principal William Bates at the school's June 14 commencement held at the George Mason University Patriot Center.

Quality Items at Reasonable Prices and Customer Service with a Smile!



That's the WFCM THRIFT STORE,

located at 13989 Metrotech Drive in Chantilly. Questions? Comments? Call us today at (703) 988-9656, x. 109 or check out our website at www.wfcmva.org.

Premium & Used Clothing * Shoes * Accessories * Furniture * Music * Accessories * Gift Certificates (\$5, \$10, \$20 & \$30)...and more!



20% OFF!! Bring a friend and each receive 20% off all PREMIUM clothing for all ages. This coupon expires July 31, 2012.

COMMUNITIES OF WORSHIP

Progressive & Welcoming

ST. ANNE'S **EPISCOPAL CHURCH • Reston**



8:00 a.m. Holy Eucharist, Rite I 10:00 a.m. Holy Eucharist, Rite II

5:00 p.m. Come Just as You Are Contemporary Service

Nursery care provided at 10:00 a.m. service

The Rev. James Papile, Rector The Rev. Jacqueline Thomson

703-437-6530

www.stannes-reston.org 1700 Wainwright Dr., Reston



Herndon United Methodist Church www.HerndonUMC.org

Sundays

8:30 AM Sanctuary, Traditional Worship Service 10:00 AM Garden, Traditional Worship Service 11:00 AM Connection, Contemporary Worship Service

other weekly services

5:30 PM Saturdays: Relax & Renew, Casual Worship Service

701 Bennett St., Herndon, VA 703-707-6271

To Highlight your Faith Community, Call Karen at 703-917-6468



Be Part of The **Pet** Connection in July

Send Your Photos & Stories Now to

herndon@connectionnewspapers.com or complete our online form at herndonconnection.com Be sure to include your name, address and phone number, and identify all people and pets in photos. Submission deadline is July 20.

News

Herndon Teacher Charged: Possession of Child Pornography

airfax County police have charged a special-education teacher at Poplar Tree Elementary with 10 counts of possession of child pornography. He is Robert C. Fenn, 26, of 3031 Emerald Chase Drive in Herndon.

Detectives arrested him Tuesday, June 12, at the school, capping a week-long, joint investigation by members of the police department's Child Exploitation Unit and U.S. Immigration and Customs Enforcement's (ICE) Homeland Security Investigations (HSI) agents.

Fenn had been a substitute teacher with Fairfax County Pub-

lic Schools since 2009 and was hired full-time last or directly affected." summer. He was just completing his first year at



Fenn

Poplar Tree, where he taught special-ed students in kindergarten through third grade. Following his arrest, the school system suspended him without pay.

"Police have indicated to us that no images of students were found on his computer and school computers were not used," said FCPS spokesman John Torre. "The principal [Sharon Williams] sent a letter to parents [Wednesday] morning, explaining the circumstances and assuring them that, 'At this point, we have no reason to believe that any of our students are in any way involved

Bonnie Hobbs

VOICE Raise's Money for Dentist

From Page 2

by volunteer dentists.

The NVDC accepts only those individuals deemed eligible through an established network of referring social service agencies. Individuals seeking treatment must call Coordinated Services Planning (703-222-0880) to schedule their first appointment and to provide the \$40 co-pay, which according to Wilson helps keep the no-show cases down.

IN ITS FIRST YEAR OF OP-**ERATION**, the Sterling location handled 3,200 appointments. It is anticipated that a full-time dentist will bring in an additional 1,500 appointments, increasing the annual appointment amount to 5,000, said Wilson.



Tom Wilson, executive director of the Nothern Virginia Dental Clinic and Dr. Kristen Donahue, a St. John Neumann parishioner and volunteer dentist with a private practice in Burke, take part in the ceremonial red tape cutting.

-Bulletin Board –

To have community events listed in Connection, send herndon@connectionnewspapers.com. Deadline is Friday.

THURSDAY/JUNE 21

Committee for Dulles

Luncheon, 11:30 a.m. Dulles Airport Marriott, 2200 Centreville Road, Herndon. Annual update on the Metrorail Silver Line with John E. Potter, President/CEO of the Metropolitan Washington Airports Authority. \$50-\$70. Reserve at 703-430-8749 or info@committeefordulles.org

SUNDAY/JUNE 24

11860 Spectrum Center, Reston. Every Sunday. Sponsored by Lost Dog & Cat Rescue Foundation. www.lostdogrescue.org.

MONDAY/JUNE 25

Grand Young Actors Drama Camp

9 a.m.-12 p.m. Herndon High School, 700 Bennett St., Herndon. For rising 3rd-6th grades. The camp will run June 25-29. 703-810-2341 or www.herndondrama.org.

TUESDAY/JUNE 26

Rooftop Networking. 5:30-7 p.m. The Metropolitan at Reston Town Center 1855 St. Frances Street,

WEDNESDAY/JUNE 27

Evolution of Fairfax Series. 7:30

p.m. The Mason Inn and Conference Center, George Mason University, Fairfax. Last of a three part series on where we were, where we are, and where we want to be. Presented by Chairman Sharon Bulova in partnership with the Fairfax County Chamber of Commerce and Fairfax County Federation of Citizens Associations. Free and open to the public. Reserve at 703-324-2321 or

chairman@fairfaxcounty.gov.

THURSDAY/JUNE 28

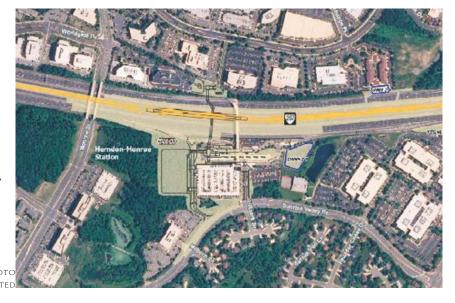
Annual Meeting and Awards Luncheon. 11:30 a.m. Hyatt Regency Reston, 1800 Presidents

St., Reston. Presention of Annual Awards for Chamber Excellence (ACE Awards) to the member companies that have demonstrated excellence innovation and community involvement over the past year and transition of Chamber board leadership from Tim Sargeant of Dominion to Michael Ferraro of Training Solutions. With speaker Paul Hewitt, Head Coach of George Mason University's Men's Basketball team. 703-707-9045 or communications@restonchamber.org.

The Early History of Reston - The Building of Lake Anne Village Center and Construction of the Dam at Lake Anne. 7 p.m. - 9 p.m. Reston Community Center, Lake Anne, 1609 Washington Plaza, Reston.

News

The updated design for the proposed Herndon-Monroe Metrorail station, which includes one larger parking structure instead of two smaller ones.



Metro Station Design Revised

Public hearing held at Herndon High School.

BY ALEX MCVEIGH
THE CONNECTION

he Metropolitan Washington Airports Authority and the Washington Metropolitan Airport Authority hosted a public hear ing on design refinements to the Dulles Metrorail Phase Two Environmental Assessment Wednesday, June 13 at Herndon High School.

In 2005, the Federal Transit Administration and Federal Aviation Administration issued records of decision (formal document stating a decision) about the project and its effects. The terms of both decisions stated that an environmental assessment would be needed if changes to the project were made and the effects were unknown.

"As preliminary engineering progressed, several design refinements were identified that required additional environmental review in order to comply with federal regulations and environmental statues," said Karl Rohrer, deputy project director of Phase Two for MWAA. "The environmental assessment document was prepared to describe and document the changes in environmental effects and to compare those effects to those previously disclosed."

Rohrer said most changes were the result of more detailed engineering, additional engineering about site conditions, the planned construction approach, additional design criteria and permit requirements and efforts to reduce project costs.

For the proposed Herndon-Monroe station changes, they will all occur on the south side of the Dulles

Toll Road. The facilities were modified to include a single parking structure on the west side of the station, instead of the previously planned two structures.

"The total number of new parking spaces will remain the same, 1,750, but because the new structure would accommodate more parking, it has a larger footprint and will be slightly taller," Rohrer said.

Other changes along Phase Two include reconfiguration of station entrances, access roadways and bus facilities, location of storm water management facilities and traction power substations and a reduction in tail track length.

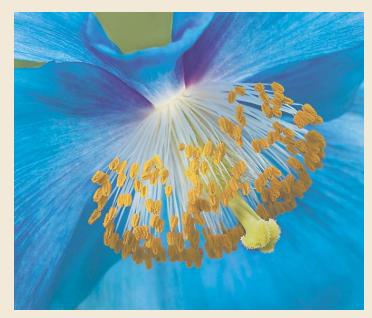
Rohrer said that none of the changes would involve neighborhoods, park and recreation areas, geologic resources or air quality.

Most attendees at the hearing said they were in favor of the proposed changes.

"I think it's a good sign that, while they're trying to reduce costs and make Phase Two an efficient project, that they're not doing it at the expense of the land around it," said Jay Ghent of Reston.

Jeff Fairfield of Herndon said "shepherding the limited resources we have to make available to make this Phase Two project a reality in a method that's most consistent with the public interest."

Public comment on the changes can be made until June 25, by e-mailing eacomments@dullesmetro.com, or writtentestimony@wmata.com. Letters can also be mailed to Karl A. Rohrer, 1593 Spring Hill Road, Suite 300, Vienna, Va. 22182; or Office of Secretary, Washington Metropolitan Area Transit Authority, 600 Fifth Street NW, Washington, DC, 20001. They can also be faxed to 202-962-1133.



Carla Steckley of Herndon was recognized for "Himalayan Poppy."

ArtSpace Herndon Announces Art Photography Competition Winners

ArtSpace Herndon and the Herndon Foundation for the Cultural Arts have announced the winners of the 2012 Fine Art Photography Competition.

This year first place prize of \$300 went to Sharon Eisenzopf of Woodbridge for "Passing Through." Juror Mary Louise Ravese commented that this image brought together all the elements of a fine art black and white photograph; line and composition, texture, and tonal range.

The second place winner for a cash prize of \$200 was "Library of Congress Arches" by Larry Dean of Damascus, Md. The photograph shows many arches meeting at interesting angles that help draw the viewer's eye into the image.

"In Flight" by Michael Kane was the third place winner re-

ceiving a cash prize of \$100.

Additional photographs were recognized with honorable mentions and the photographers were awarded prizes of \$50 each. Sharon Kennedy of Reston was recognized with an honorable mention for "Phantom of the Opera Mask;" Jeff Miller of Sterling was recognized for "Twisted Tree;" Carla Steckley of Herndon was recognized for "Himalayan Poppy;" and Beamie Young of Dickerson, Md. was recognized for "Roxanne".

The winners were announced at the opening reception and awards ceremony held Saturday, May 12 to an overflow audience of over 130 people. This year's competition attracted over 75 photographers from Virginia, West Virginia, D.C. and Maryland.



Diocese of Arlington

Victim Assistance Coordinators For Sexually Abused Minors **703-841-2530 • 703-841-2537**

The Diocese of Arlington provides comprehensive assistance to anyone who as a minor was sexually abused by a priest, deacon, teacher, employee or representative of the diocese. Parents, guardians, children and survivors of sexual abuse are invited and encouraged to contact the diocesan Victim Assistance Coordinators, experienced social workers, who will provide a confidential consultation.

THE DIOCESE OF ARLINGTON IS COMMITTED TO ASSISTING VICTIMS/SURVIVORS THROUGHOUT THE HEALING PROCESS.

For further information, see www.arlingtondiocese.org



OPINION

Summer Projects

he summer is in full swing at the Connection, with many interns and staff members focused on some light and some more serious summer projects.

At the end of July, we'll print our summer "Pet Connection," and we invite readers to send in stories and photos of your pets, and any story ideas you might have. We love to have photos of you or other family members with

your pets. Please include your name, pet's name, town name and contact phone number, and identify the people in any photos.

You can see some of the photos we've received for past Pet Connections at Herndon http://www.connectionnewspapers.com/ news/2012/feb/23/pet-connection/.

Email editors@connectionnewspapers.com. Through July we will be working on our annual Insider's Edition: Newcomers and Com-

Reader input needed for community guides, Pet Connection.

munity Guide, which will publish Aug. 22. We need input from our readers on many aspects of this guide.

Through narrative, tips from readers, listings, viewpoints and photographs, we endeavor to capture what it means to live here. We'll compile highlights of places to visit and things to do, a snapshot of local history, help finding

community resources and tips on lesser known wonders in our communities.

As a local, weekly newspaper, the

Connection's mission is to bring the news you need about your community, to give you the information you need to enjoy the best things in and near your community, to advocate for community good, to provide a forum for dialogue on local concerns, and to celebrate and record milestones and events in commu-

We invite newcomers to the area and long-

more reader input.

We appreciate readers' ideas. If you see something that you think might be a story, or something you have a question about, give us a call, or drop us a line. If you know of a person or an organization doing important work, something that might make a good feature story, let us know.

For our Insider's Guide, we are looking for your tips. What is one place you think is a "must see" for newcomers? What's your suggestion for ways to get involved in the community?

What are you most concerned about in your community? What do you think the top news stories will be in the coming months?

We also need input from community organizations to update listings and upcoming events. Send information by Aug. 1 to editors@connectionnewspapers.com.

time residents alike to be a part of providing

NEWS DEPARTMENT: To discuss ideas and concerns. Call: 703-778-9410

Oak Hill & Herndon

www.ConnectionNewspapers.com

An independent, locally owned weekly newspaper delivered to homes and businesses

Published by

Local Media Connection LLC

1606 King Street

Alexandria, Virginia 22314

Free digital edition delivered to

your email box. Go to

connection newspapers. com/subscribe

e-mail: herndon@connectionnewspapers.com

Kemal Kurspahic Editor * 703-778-9414 kemal@connectionnewspapers.com

Amna Rehmatulla Editorial Assistant 703-778-9410 ext.427

arehmatulla@connectionnewspapers.com

Alex McVeigh Community Reporter ❖ 703-778-9441 amcveigh@connectionnewspapers.com @AMcVeighConnect

Victoria Ross County Reporter ***** 301-502-6027

rosspinning@yahoo.com **Rich Sanders** Sports Editor

703-224-3031 rsanders@connectionnewspapers.com ADVERTISING:

For advertising information e-mail: sales@connectionnewspapers.com

> **Janis Swanson** Display Advertising 703-778-9423

Andrea Smith Classified Advertising, 703-778-9411classified@connectionnewspapers.com

Debbie Funk National Sales 703-778-9444 debfunk@connectionnewspapers.com

> **Editor & Publisher** Mary Kimm 703-778-9433

Executive Vice President Jerry Vernon jvernon@connectionnewspapers.com

mkimm@connectionnewspapers.com

@MaryKimm

Editor in Chief Steven Mauren **Managing Editor** Photography: Deb Cobb. Louise Krafft. Craig Sterbutzel Art/Design: Laurence Foong, John Heinly, John Smith

Production Manager: Jean Card Geovani Flores

Special Assistant to the Publisher

Jeanne Theismann 703-778-9436 jtheismann@connectionnewspapers.com @TheismannMedia

CIRCULATION: 703-778-9426 **Circulation Manager:** Linda Pecquex circulation@connectionnewspapers.com

www.ConnectionNewspapers.com

LETTERS TO THE EDITOR

Fearful and Alarmed Over Tysons

To the Editor:

Residents of Northern Virginia need to pay attention to what is happening at Tysons Corner. Board of Supervisors Chairperson Bulova and others recently detailed the near-term future of Tysons Corner. The Comprehensive Plan for Tysons redevelopment calls for its current 47 million square feet of development, with 17,000 residents and 150,000 jobs, to increase to 91 million square feet, 100,000 residents, and 200,000 jobs over the next 10-30 years. The plan transforms Tysons from an "edge" city—one to which people commute to work but do not live in—into a true urban city.

Two issues were singled out as most critical: a) synchronizing new development with building requisite infrastructure, and b) financing, that is, allocating costs between private developers and public taxpayers. Having expected only 5-6 redevelopment proposals, the Planning Commission received 16-17, six of which will come before the Board for approval this year, including a 26 story building on the corner of Route 7 and Spring Hill Road, a project that is to become a community of high rises. A Walmart already is under construction on Route 7 with more to come.

Infrastructure improvements to support the massive development projects include internal ones such as a grid of small streets to connect Tysons, bike and pedestrian paths, and external ones such as widening Route 7 and connections

to the Toll Road. New schools, libraries, post offices, police stations, also will be needed.

nity and people's lives.

EDITORIAL

Earlier plans gave us the Tysons traffic nightmare we have today. While the current plan aims to mitigate this problem, even with new high density residential units, it is estimated that 70 percent of the Tysons workforce still will commute there from outside. There is debate as to how much the Silver Line Metro will ease traffic congestion.

Tysons Corner has been studied for decades and the current Comprehensive Plan sounds lovely. But do we really want a city of 100,000 at Tysons Corner? Are we sure we are not turning a "traffic Three Mile Island" into a "traffic Chernobyl?'

As a McLean resident and property owner, I am fearful. As a taxpayer, I am alarmed.

> **Anne Gruner** McLean

Right-to-Work Violated

To the Editor:

Let me get this straight. Virginia Governor Bob McDonnell and the Loudoun County Board of Supervisors will pony up \$4 million and \$2 million, respectively, to keep Washington Redskins training facilities in Virginia. But wait, these same public officials balked at funding the Silver Line extension of Metro Rail because a project labor agreement included in the plan supposedly violated Virginia's right-to-work laws. Last time I checked, pro football's agreement with the NFL Players Association requires that all players be members of the players' union, a clear violation of right-to-work requirements. I guess collective bargaining with \$12 an hour laborers is a greater threat to the Commonwealth than a union where beginning salaries are denominated in the hundreds of thousands of dol-

> **Rob Abbot** Arlington

Welcoming High-Tech Jobs

To the Editor:

My name is Alison Neary and I am a rising sophomore at Virginia Tech. Growing up in a Navy family, we moved multiple times in Virginia, so I have experienced living in various parts of this great state, from Northern Virginia, to Stafford, to Virginia Beach, and now Blacksburg. Living in all of these places has made me fall in love with these different locations in Virginia, each with their own charm. All of the time I have spent here has made me wish to continue to reside here for my days after graduating college.

Governor Bob McDonnell has recently signed six bills to make Virginia a more competitive state in creating and retaining high-tech jobs. This is music to my ears, and the ears of my classmates at Virginia Tech, as we will be heading into the workforce in the coming years. Already, it can be difficult to find even a summer job in the current economy, so my hope is that more jobs will be available with these new bills, as I leave college with my degree in hand.

The new bills expand a data center sales tax exemption, encourage

investment in technology startups and extend the Virginia telework tax credit. Following the signing of these bills, Governor McDonnell cut the ribbon for the new corporate headquarters of Acentia, which will be moving from Silver Spring, Md. to Falls Church in January. This project is expected to create 60 new jobs in the region. As more companies take advantage of these new bills, the number of new jobs can only continue to grow, opening up more jobs for recent college graduates.

Technology is here to stay. It has become intertwined in many of our everyday activities and business practices. The Governor's new bills are catering to the needs of technology's development in our state to create jobs for the future. I applaud the Governor for signing bills to help create more jobs that can be taken by college graduates. There is hope that I could settle down with a job after college, here in Virginia.

> **Alison Neary** Burke

Write The Connection welcomes views

on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

> Letters to the Editor The Connection 1606 King St. Alexandria VA 22314 Call: 703-917-6444. By e-mail:

herndon@connectionnewspapers.com

Entertainment

Send announcements to herndon@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

WEDNESDAY/JUNE 20

Counting Crows with Good Old War, Foreign Fields and

Filligar. 7 p.m. Wolftrap Center for the Performing Arts, 1551 Trap Road, Vienna. Rock and folk music. \$48 inhouse, \$30 lawn. www.wolftrap.org or 703-255-1868.

THURSDAY/JUNE 21

U.S. Navy Band "Cruisers." 7:30 p.m. Frying Pan Park, 2709 West Ox Road, Herndon. Classic rock, rhythm and blues, Motown and more. Free. 703-324-7469.

One-on-One Computer Tutoring. 2 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn the basics of the Internet, Word and Excel. Call for appointment. Adults. 703-242-4020.

One-on-One English Practice. 2 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Call for appointment with an ESL volunteer. Adults. 703-242-4020.

Book Discussion. 7 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Imperium: A Novel of Ancient Rome by Robert Harris. Adults. 703-242-4020.

eBook/eReader Instruction. 7:30 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn about library eBooks and how to access them with your compatible device. Call for an appointment. Adults. 703-242-4020.

Creature Teacher. 7 p.m. Herndon



Matt Baughman as Charle Gordon and Lauren Kiesling as Alice Kinnian in the Elden Street Players production of "Flowers for Algernon," which runs through June 30 at the Industrial Strength Theater.

Fortnightly Library, 768 Center St., Herndon. Meet and learn about all kinds of animals. Presented by Bar C Ranch. All ages. Sign up each child and adult separately. 703-437-8855.

Diana Krall with Denzal Sinclaire. 8 p.m. Wolftrap Center for the Performing Arts, 1551 Trap Road, Vienna. Jazz vocalists. \$50 in-house, \$35 lawn. www.wolftrap.org or 703-255-1868.

Take a Break Concert Series: Chris Vadala Band. 7-9 p.m. Lake Anne Plaza. Free. 703-476-4500.

FRIDAY/JUNE 22

"Flowers for Algernon." 8 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. After experimental surgery to dramatically increase his IQ, a man's life is changed forever. \$20. www.eldenstreetplayers.org.

Joan Sebastian and Pepe Aguilar. 9 p.m. Patriot Center, 4500 Patriot Circle, Fairfax. Latin music equestrian show. \$64-\$144, available at www.ticketmaster.com or 1-800745-3000.

Rain: A Tribute to the Beatles. 8 p.m. Wolftrap Center for the Performing Arts, 1551 Trap Road, Vienna. Performing from the Beatles catalogue \$42 in-house, \$25 lawn. www.wolftrap.org or 703-255-1868.

School's Out Luau. 4-8 p.m. Golf Course Island Pool, 11301 Links Drive. Free. 703-476-4500.

SATURDAY/JUNE 23

"Fairy Tale Courtroom" by Dana Proulx. 11 a.m. and 2 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. The audience is the judge and jury for the Wolf and the Witch in this interactive comedy. \$8. www.eldenstreetplayers.org.

"Flowers for Algernon." 8 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. After experimental surgery to dramatically increase his IQ, a man's life is changed forever. \$20. www.eldenstreetplayers.org.

U.S. Air Force Band "Max Impact." 7 p.m. Arrowbrook Centre Park, 2351 Field Point Road, Herndon. Rock music. Free. 703-324-7469.

Rocknoceros. 6 p.m. Arrowbrook Centre Park, 2351 Field Point Road, Herndon. Children's music featuring Boogie Bennie, Coach Cotton and Williebob. Free. 703-324-7469.

Fairfax Symphony Orchestra OTO Woodwind Quartet. 10 a.m. Lake Fairfax Park Amphitheater, 1400 Lake Fairfax Drive, Reston. Showcasing five reed instruments. Free. 703-324-7469.

Dinosaurs Galore. 2 p.m. Cub Run Rec Center, 4630 Stonecroft Blvd., Chantilly. Age 3-7. Follow a naturalist and explore the prehistoric world. \$5. Register at 703-817-9407. **The Fabulettes.** 7:30 p.m. Reston Town Center Pavilion, Market St., Reston. Pop, rock and soul of the 1960s. www.restontowncenter.com.

Creature Teacher. 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Meet and learn about all kinds of animals. Presented by Bar C Ranch. All ages. Sign up each child and adult separately. 703-689-2700.

Rain: A Tribute to the Beatles. 8 p.m. Wolftrap Center for the Performing Arts, 1551 Trap Road, Vienna. Performing from the Beatles catalogue \$42 in-house, \$25 lawn. www.wolftrap.org or 703-255-1868.

Author Bryan Gruley. 5 p.m. Barnes & Noble in Reston, 1851 Fountain Drive, Reston. Signing for "The Skeleton Box", by the author of the Starvation Lake mystery series. www.bryangruley.com.

www.bryangruley.com.

Family Fun Entertainment Series:
Percussion Discussion. 10-10:45
a.m. Reston Town Square Park,
Corner of Market Street and Explorer
Street. This show snares you into
learning about the world of
percussion with comedic
demonstrations and audience
participation. Free. 703-476-4500.

SUNDAY/JUNE 24

"Flowers for Algernon." 7 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. After experimental surgery to dramatically increase his IQ, a man's life is changed forever. \$20. www.eldenstreetplayers.org.

"Fairy Tale Courtroom" by Dana Proulx. 2 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. The audience is the judge and jury for the Wolf and the Witch in this interactive comedy. \$8. www.eldenstreetplayers.org.



Come see what people are talking about in Alexandria, Chantilly and Sterling!

OWN

YOUR



BUILD

Kingstowne 7001-F Manchester Blvd. #120 Alexandria, VA 22310 (703) 313-4781



Chantilly 14412 Chantilly Crossing Ln., Chantilly, VA 20151 **(703)** 961-1825



STIR

Sterling 46300 Potomac Run Plaza Sterling, VA 20164 **(703) 651-2000**

*Please present this offer at time of purchase. Limit, one offer per table. Offer expires 7/5/12.





Call for a Pick-Up! 703-360-6700



ALEXANDRIA 703-360-6700 7770 Richmond Hwy CHANTILLY 703-953-3747 4262 Entre Court

restorenova.org habitatnova.org



Making the Most of Summer

By Marilyn Campbell The Connection

'm bored, there's nothing to do," is a phrase often uttered by children during the summer. The end of the school year leaves many parents scrambling for activities to keep their young ones active and

Advice for planning warm weather activities for children.

stimulated. Experts say it is impor- balance between fun and learning tant to plan activities to keep children safe and out of trouble.

"Adult supervision is important, especially for the younger age groups. Make sure there is a good

Have fun learning yoga for tots to teens! No experience necessary. Since 1997,

Radiant Child Yoga has trained thousands of successful yoga teachers, and many

more happy, focused, and calm children.

July 14 -16, 2012

Montessori Peace School

730 Jackson St., • Herndon, VA 20170

Give Children The Gift of Yoga

Contact: www.childrensyoga.com

info@childrensyoga.com

in the activities chosen," said Chantilly resident Maria Londono, a mental health therapist for Fairfax County Community Health Care Network and Molina Health Care in Falls Church, Alexandria and Reston. "Children should also have some down time, so don't kill yourself trying to fill every minute of the day with activities.'

WHEN IT COMES TO CAMPS,

think outside the box. While traditional day camps often fill as soon as registration opens, specialty camps such as cooking camps, yoga camps, sports camps and art camps frequently offer more availability.

"With specialty camps you can have a clear idea of what your child will be doing and your child will know what to expect," said Linda Feldman, director of Budding Yogis camp. "Like traditional camps, specialty camps usually



Photo by Marilyn Campbell/The Connection

Instructor Linda Feldman leads a group of yoga campers in a downward dog tunnel at Budding Yogis. Specialty camps could be an option for parents still searching for summer activities for their children.

include crafts and outdoor activi-

"Specialty camps provide an opportunity for campers to explore particular areas of interest and foster discovery, adventure and learning," said Jim Supple, director of summer programs at St. Stephen's & St. Agnes School in Alexandria.

George Mason University's Summer Camps and Youth Programs 2012 offers a variety of activities ranging from sports to academics.

"Each of [our] camps is run in-

dividually and all of the camps are listed on our website," said Angelique LeBlanc, an event coordinator at the school's office of University Information. "One of the most popular of our camps is the George Mason University Forensics Camp. Also popular are all of the camps that are held at the aquatics center, and our performing arts and music camps."

KEEP LEARNING IN THE MIX.

The National Summer Learning Association reports that most students fall more than two months behind in math skills during the summer. Ron Fairchild, the association's chief executive officer, encourages parents to "make sure kids have access to high-quality programs that help them keep learning during the summer."

Susan Goldberg, principal of Potomac Elementary School in Potomac, says that educational tools are all around. "Make math a part of everyday experiences. There are interesting and fun websites, games and problem solving activities that can insure that your child continues their love of learning," she said.

Don't forget literature. Experts say that children should read every day. "If you take time to read alongside or to your children, they will make it a life-long habit, and they'll enrich their lives at the same time," said Goldberg.

Take advantage of summer programs at local libraries.

LEAVE TIME FOR FAMILY AC-TIVITIES. "Keep in mind that summer is a time for fun and a break from the routine," said Susan DeLaurentis, director of counseling at St. Stephen's & St. Agnes School. "Whatever activities parents plan for their children, they should be enjoyable and stressfree. When it's too hot outside, or on a rainy day, pitch a tent in the living room and go 'camping' indoors. Have a bag ready, filled with new board games and books."

Thank You

to all of the businesses, organizations, friends and parents who made the 2012 Herndon High School All Night Grad Celebration a huge success. We rocked the red and black! Congrats Graduates!

Julie's Sweets

Business Donations \$500+:

Burger's Cabinet Shop Herndon Dulles Chamber of Commerce HHS PTSA Herndon Women's Club St. Thomas a Becket Town of Herndon Reston Association Rockwell Collins

Business Donations \$100-\$499:

Adam Green Funeral Home Armstrong Elementary PTA Costco Dranesville Elementary PTA Freddie Mac Griffin-Owens Ins. Herndon Fortnightly Club Main Street Bank Marilyn & Michael Fitzgerald Santini's, Reston

Business Donations Under \$100:

Glory Days Grill Great Falls Ecumenical Council Herndon Masonic Lodge Merrifield Garden Center Shoppers Food Warehouse Veronica Hensley/Tastefully Simple Jiffy Lube Live

Donations of Goods &

Services: Anita's Baja Fresh The Barns at Hamilton Station Vineyards Barrel Oak Winery Briar Patch Bed & Breakfast Buffalo Wild Wings California Tortilla Calvert Rejuvenations Chick-fil-A, Sterling Choice Hotels Cindy Wei, Tupperware Costco Dunkin Donuts Einstein Bagels Federal Blackbox Full Moon Pottery Giant Food Glory Days Go Ape Treetop Adventure Great American Restaurants Great Harvest Bread Green Mountain Coffee Roasters

HHS Sports Boosters

Houlihan's

Jammin Java

JJ Deli

Herndon Optimist Club

On The Border Massanutten Maude's Mayflowers Meadows Farms Mon Ami Gabi Mount Vernon Pev's Paintball Principal Bates Pro Football Hall of Fame Reston Limousine Reston National Golf Course Reston Therapeutic Massage River Riders, Inc. Rossen Landscaping Dr Craig Scimeca Shenandoah River Outfitters, Inc Shoppers Food Warehouse Stone's Cove Kit Bar Taggarts and Kennedy BBQ Tangerine Dream Trader Joes Tri Therapeutic Massage Two Laughing Ladies Vamoose Bus Virginia Gold Cup Association Virginia Oaks Golf Club Washington Capitals Washington Nationals Washington Redskins

Whole Foods The Wine Cabinet WMZQ Worldgate Sport and Health Worldgate Theatres

Many thanks to the HHS freshman, sophomore & junior parents who helped with the set-up for our ANG Party so that the senior parents could enjoy graduation day. The ANG Planning Committee would also like to thank the dozens of senior parents who helped to make the night possible by contributing food, drinks, gift cards, monetary donations, and, of course, their time. Please visit our website www.herndonang.org to see a complete list of all who donated.



Home Sales

In May 2012, 98 homes sold between \$1,160,000-\$79,149 in the Herndon and Oak Hill area.

Address	RR E	R F	IR Poetal City	Sold Price	Time	Lot At	n Poetai	Code Subdivision
11661 PREFERENCE WAY	. 4 4	4	1 HERNDON .	\$1,160,000	Detache	d 0.83	201	70 CARIS GLENNE
12116 BENNETT RD								
12796 OWLSLEY WAY 2893 OAK SHADOW DR								
2901 OAK SHADOW DR								
12018 HEATHER DOWN DR								
12916 HARRINGTON CT								
1310 SHAKER WOODS RD 103 ADELE GARDEN WAY								
3104 PINE OAKS WAY								
1211 SHAKER DR								
705 BENNETT ST 11668 GILMAN LN								
2550 FOX HOUND CT								
402 MADISON MANOR CT								
12874 WILLIAMS MEADOW CT								
12526 RIDGEGATE DR 13524 COPPER BED RD	. 6 4	4	1 HERNDON .	\$675,000	Detache	d 0.26	201	70 RIDGEGATE WOODS
3027 FRANKLIN CORNER LN								
3117 HARRISON HOLLOW LN	4 :	2 :	2 OAK HILL	\$661,000	Detache	1 0.34	201	71 FRANKLIN FARM
12534 PHILMONT DR W								
13387 GLEN TAYLOR LN 3307 WELLHOUSE CT								
2603 IRON FORGE RD								
3205 BRYNWOOD PL	. 4 :	3	1 OAK HILL	\$639,900	Detache	d 0.27	201	71 FRANKLIN FARM
3224 BRYNWOOD PL								
2725 ROBALEED WAY 1279 SHAKER WOODS RD								
13147 ROUNDING RUN CIR								
13163 ROUNDING RUN CIR	. 4 :	3	1 HERNDON .	\$625,000	Detache	d 0.20	201	71 FRANKLIN FARM
3311 APPLEGROVE CT	. 5 :	2 :	2 HERNDON .	\$600,000	Detache	d 0.20	201	71 FRANKLIN FARM
2774 MELCHESTER DR 12211 SUGAR CREEK CT								
11900 SHADY MILL LN								
13302 GLEN TAYLOR LN	. 4 :	2	1 OAK HILL	\$580,000	Detache	d 0.20	201	71 CHANTILLY HIGHLANDS
2920 MOTHER WELL CT								
3205 RAVENSCRAIG CT 3329 BITTER SWEET CT								
12551 MARY POWELL IN								
13113 APPLEGROVE LN								
13020 GREG ROY LN								
13041 FARTHINGALE DR 2347 STONE FENCE LN	. 4 :	2 :	2 HERNDON .	\$535,000	Detache	d 0.33	201	71 BRADLEY ACRES
3201 RAVENSCRAIG CT								
13126 DEER WOOD WAY								
3258 WHITE BARN CT								
11990 STAR CT 12814 TURBERVILLE LN								
13646 CEDAR RUN LN								
2942 ASHDOWN FOREST DR								
13011 NEW PARKLAND DR								
3007 EMERALD CHASE DR 204 MEETING HOUSE STATION SQ .								
2452 ROLLING PLAINS DR								
1618 HIDDENBROOK DR	. 4 :	3	1 HERNDON .	\$453,000	Detache	d 0.24	201	70 KINGSTON CHASE
508 KENSINGTON PL								
12521 CLIFF EDGE DR 12707 CARLSBAD CT								
2503 POLLY JEFFERSON WAY								
13226 COPPER COVE WAY	. 3 :	2	2 HERNDON .	\$426,500	Townho	use 0.04	201	71 COPPERMILL
2479 WHEAT MEADOW CIR								
12505 WEYERS CAVE CT 13308 ZACHARY TAYLOR CIR								
13665 STRATFORD GLEN PL								
13036 MONTEREY ESTATES DR								
13177 ASHNUT LN								
2553 JAMES MONROE CIR								
1129 BICKSLER DR 1535 YOUNGS POINT PL								
1610 HIDDENBROOK DR	. 3 :	2	0 HERNDON .	\$378,000	Detache	d 0.22	201	70 KINGSTON CHASE
12313 STREAMVALE CIR								
502 FILLMORE ST								
13401 HAMER CT								
13424 ELEVATION LN	. 3 3	3	1 HERNDON .	\$355,000	Townho	use 0.05	201	71 FRANKLIN FARM
657 MISSISSIPPI DR								
1106 WINTROL CT 700 BRUCE CT								
654 MISSISSIPPI DR								
12600 WESTLODGE CT								
13542 DAVINCI LN #47								
411 PATRICK LN 1464 KINGSTREAM DR								
708 ALABAMA DR								
1104 CYPRESS TREE PL	. 2 :	2 :	2 HERNDON .	\$292,000	Townho	use 0.04	201	70 PARKWAY PLAZA
12921 CENTRE PARK CIR #102								
12925 CENTRE PARK CIR #404 931 LONGFELLOW CT								
609 SPRING ST								
205 MEETING HSE STATION SQ#202	.2 :	2	0 HERNDON .	\$259,500	Garden	1-4 Floors	201	70 FORTNIGHTLY SQUARE
2178 MONAGHAN DR								
13305 APGAR PL 1073 KNIGHT LN								
1107 SHANNON PL								
2204 WESTCOURT LN #101	. 1	1	0 HERNDON .	\$169,000	Garden	1-4 Floors	201	70 WORLDGATE
2204 JENSEN PL								
611 CENTER ST #102 507 FLORIDA AVE #203								
		• •••			Juden			

Copyright 2012 RealEstate Business Intelligence. Source: MRIS as of June 15, 2012.





ZONE 1: • RESTON Herndon • Loudoun

EMPLOYMENT

703-917-6464

Zone 1 Ad Deadline: TUESDAY 4 P.M.

ZONE 1: • RESTON • Herndon • Loudoun

Employers:

Are your

recruiting ads

not working in

other papers?

way to fill

your

employment

openings

Target your best job

candidates where

Reach readers in

addition to those

who are currently

looking for a job.

Proven readership.

CONVECTION

703-917-6464

classified@connection

newspapers.com

Proven results.

they live.

Try a better



703-917-6400

ZONE I AD DEADLINE: Monday Noon

ADMIN ASSISTANT

Herndon Builder looking for Admin AssistantP/T - 20 hrs per week -Flexibly Time - Fluent in English - Fast Typing Min. 2 yrs experience – Send resume to: ikgoldeneagle@aol.com

Education **Clinical Director**

Community Systems, Inc. Springfield

Community Systems Inc. Virginia, a not for profit company helping persons with Intellectual Disabilities in their homes and communities, is looking for a Clinical Director with a Master Degree in Psychology or related field. One or more years experience with behavior support planning is necessary. Knowledge of psychotropic medications, VA State Human Rights regulations, Medicaid Waiver regulations and State Licensing regulations. Person must have the ability to work with individuals, staff, families and other service agencies. They must be willing to have a flexible work schedule and be available for emergencies.

For more information email: susan.greene@csi-va.org or call 703-913-3150. Our website can be accessed at www.csi-va.org our office is located at 8136 Old Keene Mill Road, Suite B-300, Springfield, VA 22152.

Deadline to send Resumes: June 20, 2012

Administrative Assistant

Full time \$30k w/ full benefits including

ESOP. Small office serving construction

contractors. Phone/data entry a key

component. MS Office, oral & written

English at post-high-school level. 3 yr

work history in a fast paced

environment. Construction Bonds, Inc.

an EEO employer

Italian Restaurant in Great Falls

Now Hiring Exp. FT & PT Cashiers/Hosts/Pizza Cooks/ Servers/Dishwashers/Salad Prep **Delivery Drivers** (Clean Record)

Apply in person 3:30- 5:30pm Mon-Sun @ 9899 Georgetown Pike, Great Falls. For Interview 703-757-0002 Otman or Alex Transportation Req./Great pay

CAMPAIGN JOBS!

WORK FOR CLEAN AIR!

Work on behalf of the League of Conservation Voters to: FIGHT GLOBAL WARMING **SAVE LIVES** MAKE A DIFFERENCE

\$9-\$11/hour

Call Sam @ Grassroots Campaigns: 571-732-0065

Air Conditioning

SSI is currently seeking an experienced installer for Residential work in NoVA. Benefit package including med, vac and



holidays as well as competitive salary offered. Must have valid drivers license, provide good driving record & submit to drug screening. Email resume to rmurphy@ssihvac.com.

Educational Internships

NEWS PAPERS

Unusual opportunity to learn many aspects of the newspaper business. Internships available in reporting, photography, research, graphics. Opportunities for students, and for adults consid-

ering change of career. Unpaid. E-mail internship@connec

tionnewspapers.com

HOW TO SUBMIT ADS TO INVECTION

Newspapers & Online

CLASSIFIED

DEADLINES

Zones 1, 5, 6......Mon @ noon Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to: classified@connection newspapers.com or call Andrea @ 703-778-9411

EMPLOYMENT

DEADLINES

Zones 5, 6......Tues @ 11:00 Zones 1, 3......Tues @ 4:00 Zone 2......Wed @ 11:00 Zone 4......Wed @ 1:00

E-mail ad with zone choices to: classified@connection newspapers.com or call Andrea @ 703-778-9411

ZONES

Zone 1: The Reston Connection The Oak Hill/Herndon Connection

The Springfield Connection
The Burke Connection

The Fairfax Connection

The Fairfax Station/Clifton/

Lorton Connection The Alexandria Gazette Packet The Mount Vernon Gazette

Zone 4: Centre View North Centre View South Zone 5: The Potomac Almanac Zone 6:

The Arlington Connection The Vienna/Oakton Connection

The McLean Connection The Great Falls Connection

Great Papers • Great Readers Great Results!

26 Antiques

We pay top \$ for antique furniture and mid-century Danish/modern teak furniture, STERLING, MEN'S WATCHES, jewelry and costume jewelry, paintings/art glass/clocks. Schefer Antiques @ 703-241-0790. Email:theschefers@cox.net

For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnews papers.com/subscribe

Complete digital replica of the print edition including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: goinggreen@connection newspapers.com

CÖNNECTION

27 Hobbies & Crafts 27 Hobbies & Crafts

Attention Christmas Crafters!

Special Santa **Craft Class** on 7/29/2012 ~9-4pm

Reston Art Gallery ~ Lake Anne Plaza View examples: annesoldworldsantas.com Class:\$145 Craft Kit \$25 Total: \$170 Call Winslow @ 703-996-8990 to register

21 Announcements 21 Announcements

Amazing Waterfront Lots

Dock your boat right at your own back



21 Announcements 21 Announcements

21 Announcements

Donate A Boat or Car Today!



"2-Night Free Vacation!"

www.boatangel.com STOP CRIMES AGAINST CHILDREN

sponsored by boat angel outreach centers

21 Announcements

21 Announcements

Set your sails for success!

You'll have smooth sailing when you advertise through Virginia Press Services' Statewide Display Advertising Network!

Place your business card-size ad in more than 65 newspapers and your message will reach more than 800,000 Virginians.

CONTACT THIS NEWSPAPER

or Adriane Long, Virginia Press Services,

804-521-7585 or adrianel@vpa.net.

Zone 1: • Reston Herndon • Loudoun

HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

HAULING

ANGEL'S TRASH REMOVAL

Yard, Construction

AL'S HAULING

Junk & Rubbish

Concrete, furn.,office, yard, construction debris

703-360-4364 703-304-4798 cell

unk & Rubbish •Furn.,

Debris • Garage & Basement Clean Up

3-863-1086 3-582-3709 0-603-6182

703-917-6400 ZONE 1 AD DEADLINE:

IMPROVEMENTS IMPROVEMENTS

The HANDYMAN A DIVISION OF NURSE CONSTRUCTION

BATHROOM REMODELING, DRYWALL, PAINTING, CERAMIC TILE, CARPENTRY, POWER WASHING & MUCH MORE

You have tried the rest - NOW CALL THE BEST!! Proudly serving Northern VA - 46 yrs. exp

We Accept VISA/MC 703-441-8811

PAINTING

PATRIOT PAINTING www.PatriotPainting.net

Monday Noon

Wallpaper Removal. Carpentry, Power Washing. Int/Ext Painting

ee Est. • Satisfaction Guar. Int./Ext

VISA CO 703-502-7840 571-283-4883

7 DAYS A WEEK

PAVING

oseph Sealcoating

Specialist

PAVING

35 Years Free Experience! Estimates

LANDSCAPING

A&S LANDSCAPING

Planting • Mulching • Sodding Patios • Decks • Driveway Sealing Asphalt • Retaining Walls sion Control • Drainage Solution 703-863-7465

ANGEL'S

LAWN MOWING

TREE SERVICE

703-494-5443

ANGEL'S TREE REMOVAL Brush & Yard Debris Trimming & Topping Gutters & Hauling

Trimming •Leaf & Snow •Removal •Yard Clearing •Hauling •Tree Work

Falcon Roofing

Roofing & Siding (All Types) Soffit & Fascia Wrapping New Gutters • Chimney Crowns
Leaks Repaired No iob too small

703-975-2375 falconroofinginc.com

TREE SERVICE TREE SERVICE

Charles Jenkins TREE SERVICE

Mulching & Edging 10% off with Seniors w/ad

ALSO MULCH DELIVERY Lic. & Ins! 540-829-9917 or 540-422-9721

703-917-6400

Employment: 703-917-6464

E-mail: classified@connectionnewspapers.com

A CLEANING SERVICE Since 1985/Ins & Bonded

Quality Service at a Fair Price Satisfaction Guaranteed-

Angies List 2011-Super Service Award! Comm/Res. MD VA DC

acleaningserviceinc.com

703-892-8648

LANDSCAPING

K & D ELECTRIC COMMERCIAL / RESIDENTIAL SERVICE Family Owned & Operated

UTTER CLEANING

Gutters and Downspouts Cleaned Small Repairs • Gutter Guards

Recessed Lighting Ceiling Fans Phone/CATV

Computer Network Cabeling Service Upgrades Hot Tubs, etc.

Licensed/Bonded/Insured

Office 703-335-0654 Mobile 703-499-0522

GUTTER

Res./Com. • Free Estimates CELL 703-732-7175

JUAN'S LANDSCAPING

• COMPLETE TREE SERVICE • MASONRY • HAULING

HANDYMAN • PAINTING • TRASH REMOVAL • DRYWAL

BACKHOE • EXCAVATING • POWER WASHING

MOWING TRIMMING EDGING, HEDGE TRIMMING, MULCHING, SODDING, GUTTER CLEANING PINNACLE SERVICES

lic/ins 703-802-0483 free est email:jamie@lawnsandgutters.com web: lawnsandgutters.com Friendly Service with a Friendly Price!

I.E.S Services

LANDSCAPE & CONSTRUCTION

PatiosWalkways

• Retaining Walls

• Drainage Problems

• Landscape Makeovers

Call: 703-912-6886

Free Estimates

lic/ins 703-802-0483 free est. email jamie@lawnsandgutters.com

PINNACLE SERVICES

Friendly Service with a Friendly Price!

IMPROVEMENTS



R&N Carpentry

+BASEMENTS →BATHS →KITCHENS Foreclosure specialist/Power washing **◆Exterior Wood Rot More!**

Deck & Fence repair, Screen Porches No jobs too large or small
Free est. 37 yrs exp. Licensed, Insured
703-987-5096

R.N. CONTRACTORS, INC.

Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting

We Accept All Major Credit Cards Licensed, Insured, Bonded • Free Estimates • Class A Lic Phone: 703-887-3827 Fax: 703-830-3849 E-mail: rncontractorsinc@gmail

MASONRY

MASONRY

Potomac Masonry 703-498-8526

New Installations & Repairs Stone - Flagstone - Brick - Concrete FREE ESTIMATES!!

Lic. & Ins potomac-masonry.com

Custom Design, Installation, Repairs & Restoration

BRICK - FIELDSTONE

EP Henry & Belgard Pavers Patios, Walkways, Driveways, Retaining & Decorative Walls

703-443-2308

All Work Guaranteed - Licensed & Fully Insured Class A License #VA2705087240A

Landscaping All Concrete work

- Retaining Walls Patios
- Decks Porches (incl. screened) • Erosion & **Grading Solutions**
- French Drains Sump Pump
- Driveway Asphalt Sealing

<u>703-863-7465</u> **LICENSED** Serving All of N. Virginia

........

For All of Your Masonry Needs

FLAGSTONE - CONCRETE 📠

nasonryspecialist.com for ideas, pictures & coupons!

CONECTION CLASSIFIED

Classified or Home • Lawn • Garden:

By KENNETH B. LOURIE

Where

To Begin?

I realize this admission may sound weird, but having cancer is boring. Don't get me wrong, I'm lucky to be alive, and quite happy about it, too. But waiting for the other shoe to drop, i.e. some bad cancer news to appear (lab work, scan, advisory from my oncologist), is tiresome because it's always so worrisome. Since I've been told by my oncologist that he "can't cure me, he can only treat me," in spite of what above-average and atypical results and life expectancy I've experienced diagnosis-to-date (three years and three months, approximately), I don't, nor have I ever, enjoyed the luxury of time, even though I was diagnosed at a relatively early age: 54 and five months.

As much as I have assimilated this new reality into my current and future plans, its severity is difficult to ignore, despite my best efforts. The "inescapability" of the diagnosis and prognosis wears on me. Though relatively asymptomatic, there are still daily reminders, and recurring responsibilities: appointments, lab work, diagnostic scans, pills, diet, lifestyle changes, etc., which reinforce the facts of my case: though I have now outlived my original "13-month to two-year" prognosis by a substantial amount of time, the percentage of stage IV lung cancer patients who survive beyond five years (from date of diagnosis) is hardly worth mentioning, because it's extremely discouraging (quite a bit less in fact than those who are fortunate enough to outlive their original diagnosis). And so whatever luxury of time I may have naively felt 39 months ago when first diagnosed, I no longer feel, naively or otherwise. The other shoe has not exactly dropped, nor is it fitting comfortably, if you know what I mean.

And grateful as I am that life goes on, so too do all the associated fears and anxieties. Outliving your prognosis is one thing; managing all the emotions that come with exceeding that prognosis is quite another. It's impossible – for me, to leave well enough alone. Surviving for as long as I have creates a sort of inevitability; at some point, sooner rather than later presumably, a metaphorical fan is going to be involved and I'll be in a great deal more trouble than I've been in diagnosis-todate. Understanding and expecting it are the currency I've utilized in a never-ending effort to not cash-in my chips prematurely. However, there are certain forces at work here that are likely out of my control, and probably even uncontrollable on my best day, despite my most vigorous efforts and intentions, that are likely greasing the skids on which every day I try to stand and deliver. There's only so much I can do, though.

Accepting my limitations and not worrying about them makes for a perplexing existence. Giving it to them may be a sign of weakness or submission, but not doing so might be a sign of stupidity. Either way, my goal should be about limiting the stress brought on by all this cancer-related/cancer-driven emotional churning. If only it were that simple.

Of late though, for the first part of year four post-diagnosis, focusing on the future without considering the present – as it relates to my original prognosis, seems irresponsible somehow. I can't ignore the facts all the time, can I? Cancer is a serious, often times terminal business (don't I know it) and pretending that life goes merrily along without any wear, especially wear that's been worn for threeplus years, seems a fool's errand. But maybe not? Who knows? I certainly don't. And that's what really worries me.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

SPORTS



Tag - you're it! North Hills' Greyson Decker takes off as Wesley Miller touches in the Boys 8-and-under freestyle relay.



Neck and neck are Carly Shaffer and Allison Boone of North Hills as they compete in the girls 11-12 breaststroke event.

Do the Swimmers As the Sun Shines, So

In week two RSTA action, five different pool records fall.

ast Saturday, June 16 was the kind of summer day that most Northern Virginia area residents dream about but seldom see - a beautiful sunny day with nary a cloud in the sky, temperature in the eighties and little humidity. It was the perfect day for any number of activities, including swimming. And for the Reston Swim Team Association (RSTA) swimmers the day was a perfect omen for the type of performances that took place. In all, five different pool records were set and an all-time league record was broken.

For Lake Anne, Joanne Fu continued her assault on the record books. In the girls 11-12, 50-meter freestyle she set a new mark of 30.71, eclipsing a record that had been set back in 2001 by Krista Berndt. And in the girls 11-12 butterfly she broke her own record set last year with a new time of 33.25. In the girls 13-14 backstroke, Emily Meilus broke a record that had been set back in 2006 by Sophie Hartmann. Meilus' time of 32.81 easily broke the old mark of 34.64. For Ridge Heights, Hailey Wang set a new mark in the girls 8-and-under 25 butterfly with a time of 19.52. The old pool record of 19.54, which was set by Rhiannon Shaub, had stood since 1987. And Ryan Ha of Newbridge had quite a day for himself. While setting a new mark of 32.79 in the boys 11-12, 50 backstroke, he not only broke his old record which he set last year, he set a new league mark as well. His time shattered the old league record of 34.18 which was set by Adam Orton of Ridge Heights back in 1993.

In other league news, Lake Newport continued its winning ways against a strong North Hills squad. Jim Mizner, one of the Board of Directors representing Lake Newport, was philosophical about his team's two early season wins. (Lake Newport defeated perennial powerhouse Lake Audubon in week one action on June 9.

Mizner, who is heavily involved in the scheduling of RSTA meets, remarked that, "No one can ever accuse me of rigging the schedule. When it was announced that our first two meets were against Lake Audubon and North Hills many thought that we would be starting out the season at 0 and 2."

He attributes his teams' wins to its depth. "We certainly have talented boys and girls swimming in every age group," he said.

Indeed, that depth manifested itself on Saturday. While 18 Lake Newport swimmers won two or three individual events which contributed 210 points, the bulk of the scoring came from outside of that group. Multiple swimmers placed in the top three individually and contributions from many other swimmers in the relays tallied the additional points needed for the victory.

"Not sure how the rest of the season will go but we are certainly very happy with the start," said Mizner.

Scores and highlights from Saturday's meets follow:

Glade Gators 557, Autumnwood Piranhas 429: For Glade, triple event winners were Andrew Draganov, Hunter Ellis, Tyler Ellis, Andrew Huang, Emily Landeryou, Sophia Landeryou and Olivia Wolfe. Double event Shedlock Casey Storch and Katie Storch. winners were Meghan Benedetto, Alec Brown, Noah DiLisio, Mackenzie Evans, Dean Hartke, Nicholas Kapani, Clara Landeryou, Aidan O'Donovan and Noah Smith.

For Autumnwood, triple event winners were Kalista Majoros and Kayla Rolph. Double event winners were Paolo Arbid, Deirdre Barron, Stephanie Brininstool, Mikayla Kirr, Hannah Overton and Andrey Smiryagin.

Hunters Woods Blue Marlins 542, Lake Anne Stingrays 509: For Hunters Woods, triple event winners were Philip Pan, Shine Peng, Zack Peng, Eric Tang, Ashley Thai and Alex Wang. Double event winners were Matthew Beach, Nina Dawson, William Harvey, Marissa Jerome, Melissa Le, Spencer Line, Dylann Nasr, Joseph Wang and Isabella Wnek.

For Lake Anne, triple event winners were Patrick Fouse, Joanne Fu and Emily Meilus. Double event winners were Patrick Dealey, John Gilbert, Molly Mescall, Nathan Miller, Tope Oladimeji, Sage Raphael, Morgan Stup and Fred Zhang.

Lake Newport Lightning 568, North Hills Hurricanes 487: For Lake Newport, triple event winners were Jack Edgemond, Alexander Liu, Siena Shannon, Andrew Double event winners were Fabricio Alvarez, Jeffrey George, Jimmy Keys, Greta Larne, Dan Ni, Anna Redican, Emi Redican, Deja Rothschild, Meghna Sharma, Zoe Van Winckel, Zach Wang and Alan Yu.

For North Hills, their triple event winner was Courtner Clark. Double event winners were Katie Cazenas, Ishan Ganjoo, Lindsey Hill, Arnav Kachroo, Haley Lobsenz, RJ Lutz, Julian Pardo, Page Schiavone, Anna Stoops and Rachel Swarts.

Newbridge Dolphins 575, Ridge Heights Sharks 442: For Newbridge, triple event winners were Celia Compton, Eric Compton, Ryan Ha and Abby Panneck. Double event winners were Elise Baldwin, Stephen Baldwin, Theo Burton, Andy Carro, Melanie Ford, Ethan Ha, Megan Ha, Adam Hvitfeldt-Matthews, Sam Joyner, Greg Mayo, Taylor Panneck, Megan Slater and Parker Tremaine.

For Ridge Heights, triple event winners were Ethan Boswell, Emily Sennett and Hailey Wang. Double event winners were Eva Decker, Ryan Ferzoco, Haley Hataway, John Hodge, Kati Imel, Maeve Keck, Olivia Purvis, Kamron Rose, Mac Sogandares and Ryan Vanderhoof.

Sports Roundups

The Herndon-Reston Youth Lacrosse (HRYL) boys' under-13 'A' team defeated its opponent from McLean by a score of 6-2 in the Northern Virginia Youth Lacrosse League (NVYLL) Championship game held at Chantilly High School on June 10. The HRYL team was 6-2 in the regular season and 3-0 in postseason play.

The boys defeated teams from Algonkian (11-0) and Braddock Road (4-3) in the playoffs to make it to the championship game. Its opponent in the finals, McLean, went into the championship game unbeaten.

The game ball was presented to goalie Adam Kucik, who limited opposing teams to only five goals during the three playoff wins. The playoff victory represents the first-ever NVYLL Championship title for an HRYL 'A' level team.

The HRYL under-13 'A' boys team consists of the following team members: Spencer Alston, Dmitry Bradfield, John Cardellicchio, Matt Degutis, Tyler Durette, Ramez Festek, Matthew Hughes, David Kroll, Adam Kucik, Austin Lizama, Luke Markee, Daniel Mazur, Evan McDivitt, Aidan O'Connell, Clifton Painter, Peter Shull and Joseph Wilson. The team was led by Head Coach Doug Kroll and assistants Paul Degutis and Kelly Hughes.

For more info on HRYL, check out their website at www.



The Herndon-Reston Youth Lacrosse 13-under 'A' team captured the championship at the Northern Virginia Youth Lacrosse League tournament, with a finals win over McLean, on June 10 at Chantilly High School.