

# The Arlington Connection

## Home Life Style

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Ari Ulzii is dressed for the opening ceremonies of Naadam 2012, the Mongolian festival, at Barcroft Park on July 8.

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## News

# When Games Turn Deadly

Police warn public about replica firearms.

By BONNIE HOBBS  
THE CONNECTION

It was shortly before midnight when City of Fairfax police rushed to an apartment complex after receiving a report of a man there carrying a gun. He'd already pointed his weapon at several people when officers confronted him, had him drop the gun and arrested him.

This incident happened awhile ago, and the weapon turned out to be a replica of a long-barreled, semiautomatic rifle. But the man had removed the orange tip identifying it as a fake so, at first glance, police had no idea it wasn't real. And had he pointed it at them, the incident could have ended in tragedy.

"In the past year across our region, police officers have responded to many 'person-with-a-gun' calls," said Col. Rick Rappoport, chief of the City of Fairfax Police Department. "Often, officers are confronted with real guns in situations that are truly life-threatening. In a relatively small number of cases – but with increasing frequency – officers are finding that children and young adults with replica weapons are the reason for the call."

So on Friday morning, June 29, his department hosted law-enforcement officers from throughout Northern Virginia at a special press conference to draw attention to the problems posed by realistic-looking, replica weapons. Displayed on a table was a large number of guns and rifles – and casual observers could not tell the real from the replicas.

Alexandria, Arlington County, City of Fairfax, Fairfax County, Falls Church, GMU, Herndon, Leesburg, City of Manassas, Prince William County, Purcellville and Virginia State police attended, as well as Arlington County and Loudoun County sheriffs representatives.

Rappoport said children and young adults frequently use replica firearms in games. And law-enforcement officers are especially concerned now that schools are out for the summer and children are engaging in more outdoor play.

"Today the chiefs and sheriffs of Northern Virginia are speaking out about dangerous games – the risks associated with replica weapons in the hands of young people," said Rappoport. "Replica weapons are manufactured to look and feel like the real weapon and to fire a plastic or synthetic projectile, usually by means of compressed air."



PHOTOS BY BONNIE HOBBS/THE CONNECTION

With a table covered in both real and replica weapons in front of him, Arlington County Police Chief Doug Scott speaks at the press conference.



Which are real and which are replica rifles?

They're not firearms under the law. But, he said, "Neither are they harmless toys; replica weapons are capable of inflicting serious injury and causing serious damage to property. But the greatest risk occurs when others perceive them as real weapons and the person holding them as a real threat. Such situations have occurred throughout our region, some

SEE POLICE WARN PUBLIC, PAGE 4

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# Naadam

## Mongolian community in Arlington celebrates Independence Day with games, food and music.

By MONTIE MARTIN  
THE CONNECTION

**T**he Mongolian community in Arlington celebrated 91 years of independence from Manchurian rule on Sunday, July 8 at Barcroft Park. The celebration, known as Naadam, highlights traditional Mongolian culture through the three games of archery, horse back riding, and wrestling.

"The three manly games are symbols of the Mongolian state," said Iveelt Tsog, a member of the board with the Washington D.C. Area Mongolian Community Organization. "We demonstrate strength and agility to celebrate our Independence Day."

Due to practical limitations, not all of the games are feasible in Arlington. Archery is not something organizers were able to entertain this year, nor was horse racing a possibility. Mongolian wrestling, however, was front and center and boasted 32 participants this year. The rules for Mongolian wrestling are simple: the first person to touch the ground loses. Coming out on top as the winner, however, takes skill, as wrestlers are interlocked with each other from the beginning. "Traditional Mongolian wrestling is intricate. The bigger and more powerful do not always win," said Tsog. "You grapple and force each other to lose balance, you also depend on your opponent's support." Mongolian wrestling matches are not timed, and the full event often takes several hours. High-ranking champions from previous years select their opponents, which places beginners at a disadvantage. In Mongolian wrestling the most skilled players compete amongst each other last, extending the enjoyment of the crowd.

Although it is an honor to participate in the wrestling matches, only the victor is permitted to showcase his manliness by holding an eagle posture, with arms pointed out like wings, while parading the field.

Second place finisher Ugi Khishignyam, who arrived from Mongolia last year, made

SEE NAADAM, PAGE 5



**Bambu Nadler is dressed by Tsolmon Uramchimeg as The White Old Man —a god of fertility, who is represented by the mask of an amiable, white-haired and white-bearded old man with waggish and cunning features. He is considered the master of earth and water.**

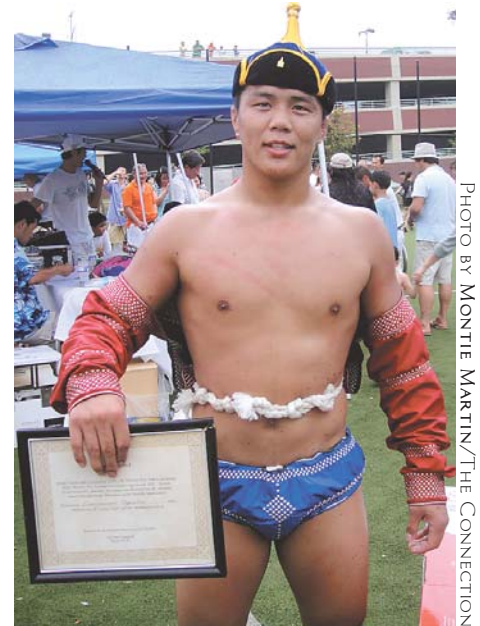


PHOTO BY MONTIE MARTIN/THE CONNECTION

**Undrakhbayar "Ugi" Khishignyam came in a close second place during the wrestling competition at Naadam 2012, held in Barcroft Park, Arlington.**



**Traditional festival cakes decorate tables around the field as the local Mongolian community members arrive.**

PHOTOS BY  
LOUISE KRAFFT  
CONNECTION



**Tsolmon Uramchimeg leads her traditional dancers around the field in parade.**



**Board member of the CD Mongolian Society and festival organizer Iveelt Tsog greets a Mongolian singer Jargalsaikhan at the festival.**



# Police Warn Public about Replica Firearms

FROM PAGE 2

times with tragic results, so we're speaking out to educate children and parents, to alert our communities to this issue and to avert needless tragedies."

Rappoport said modern technology has advanced such that the toy guns of previous generations bear no resemblance to the kind of toy weapons available today. "[They're] identical replicas indistinguishable from real firearms," he said. He doesn't want to condemn these products; he just wants them used responsibly.

And that's critical, he said, because calls involving such weapons are both dangerous and potentially deadly. "In 2011, for the first time in 14 years, more U.S. police officers were killed by firearms than were killed in traffic accidents," said Rappoport. "And on average, about 50,000 people a year are killed or injured in an attack with a firearm."

The presence of weapons in every community – whether in the hands of the police, law-abiding citizens or juveniles – is a reality. However, young people are largely



A display of real and replica guns.

BONNIE HOBBS/THE CONNECTION

unaware that their behavior may be perceived differently than simply children playing games. So they're often shocked when police respond.

Further complicating police matters, said Rappoport, is the fact that "criminals sometimes use replica weapons [and] kids sometimes play with real guns." So the law-enforcement community is making a concerted effort to educate the public about the appropriate response to people carrying weapons.

Arlington County Police Chief Doug Scott said criminals know there are lesser penalties for us-

ing replica weapons. But, he added, "It's important for parents and children to understand how we respond to those people brandishing them."

City of Falls Church Police Chief Mary Gavin noted that, a few years ago in her jurisdiction, "Children were using replica weapons and the citizens were arming themselves against [this threat]."

According to Leesburg Police Chief Joe Price, officers are trained to consider every situation real. When someone fires at them, he said, they only have "a fraction of a second" to determine whether to shoot back."

## Replica-Gun Safety Tips

❖ If a law-enforcement officer approaches while you're carrying a replica weapon, immediately stop and follow his or her commands.

❖ Make sure everyone who can see you with this type of gun knows you're playing a game with a pneumatic gun – Airsoft, BB or pellet.

❖ Obey all laws when carrying or using these weapons; there's a difference between role-playing with these guns and actually firing them.

❖ Obtain permission from the property owner before playing with replica weapons on his or her property.

❖ Never remove, alter or disguise the weapon's orange safety tip.

❖ Always follow safety rules for firearms handling.

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## NEWS

# Naadam Celebrates Independence

FROM PAGE 3

a strong showing, and looks to compete again in the future. "It was my first competition, and I still came in second place," said Khishignyam.

**"Traditional Mongolian wrestling is intricate. The bigger and more powerful do not always win."**

— Iveelt Tsog, board member the Washington D.C. Area Mongolian Community Organization.

the one great reason to come," said Muugi Tseyeljay, a Mongolian who recently completed his U.S. citizenship interview. While the heat soared into the triple digits during the festivities on Sunday, organizers were quick to note the July celebration is a point of pride for the Mongolian community. "It's an annual event, and there's a lot of pride to participate," said Tsog. "It's wonderful to showcase our culture and be a part of Arlington."

"It feels good but I'm going to practice, and I'm going to win next year."

Other Naadam activities included Mongolian dancing, music, and shamanist costumes. Traditional Mongolian fare was also popular with the crowd, as some waited in line for an hour to eat huushuur, a pancake with meat filling. "It's traditional to eat for Naadam, traditional food is



PHOTO BY LOUISE KRAFT/CONNECTION

**Zana Gaakhuyag and Purev Arslanbaatar prepare to join the traditional dance group on stage.**

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## PEOPLE

# A Girl Named Dorothea

**German exchange student finds second home in Arlington.**

BY MICHAEL MCMORROW  
THE CONNECTION

**F**oreign exchange student stories start slow and grind through phrases like “challenge to the world’s young people” and “foster peace and understanding” and “different perspectives on the world.” This story is not one of them.

This story is about a girl named Dorothea von Gablenz who spent a year in Arlington living with a local family and attending Washington-Lee High School.

Dorothea is the middle daughter

of a family in Oldenburg, which lies in the far northwest corner of the Federal Republic of Germany, 40 miles from the Dutch border and a like distance from the North Sea. Her father is a lawyer-businessman and her mother is an audiologist. The three daughters are aged 18, 16 and 14.

“Host parents” for the year are John and Blanca Hotaling of Arlington. They have sons now grown and gone, but no daughter. Dorothea became their daughter. Sheepishly, she said, “It has been wonderful to be an ‘only child.’” With no other teen in the house, opportunities for travel across the

sized mountains, “Something exciting that I will never forget,” she said.

PAX — Program of Academic Exchange — makes clear that visiting students are to be integrated into the family, and not treated as guests. When asked, Dorothea says her homestay duties include “taking out the trash, doing laundry and keeping my room orderly.” Not a duty, but a pleasure, she even cooked a special German dinner for the family. Blanca Hotaling declared it to be “excellent.” Dorothea also is a pianist and thinks “my host parents seem to enjoy it when I play.”

In the absence of a “host brother or sister,” Dorothea said friends at Washington-Lee became especially important. They gave support as she confronted differences between high schools in Germany and in the United States.

German schools have no organized sports. “It was exciting to join a team for track and cross country, and then become a mem-

ber of crew rowing on the Potomac River,” Dorothea said. Extra-curricular activities in Germany usually are limited to orchestra and choir. She also notes a difference in the way teachers approach their roles. “In this country, teachers are more open and friendly; whenever you need help, they will give you all the help you need. In my country, teachers are more formal.”

Host mom Blanca Hotaling said, “I would accept another exchange student. However, with Dorothea we have been blessed. We enjoyed her a great deal. It would be nearly impossible for another student to replace her.” With the school year closing this month, Dorothea is planning ahead for the return home. Family will come first. Soon, however, she will visit

school and classmates not seen since last summer. Perhaps alone, Dorothea will visit a favorite place in Oldenburg: Schlossgarten, the palace gardens and park in the city center. Come fall, she will attend 11th grade and the year will be busy because she must “make up” several courses mandated for graduation. Dorothea’s future plans include attending university, perhaps to study law. In this context she reveals the basic reason for this year in Arlington. “No matter what you study in school or what job you have or where you live in Europe, being competent in English is an absolute requirement,” she said. “I am better in English. But it turns out that I also am taking home many more things than I expected.”



Dorothea with “host parents” John and Blanca Hotaling.

MICHAEL MCMORROW/THE CONNECTION

## Going Abroad

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# Flunking the Future

Despite failing grade on transparency, law enforcement officials resist opening access.

BY MICHAEL LEE POPE  
THE CONNECTION

**B**ack in March, Virginia received a failing grade from the State Integrity Investigation as the result of a systematic lack of transparency. Last week, members of a subcommittee of the Virginia Freedom of Information Advisory Council gathered to see if there was any way to reconcile the concerns of law enforcement officials and advocates of public access.

The debate fell into a familiar pattern, with members of the press supporting more access to criminal investigative documents while prosecutors and police chiefs resisted any attempt to increase transparency. The meeting adjourned with no action, which means that members of the General Assembly will likely be unwilling to support legislation that the advisory council won't endorse.

"The General Assembly has been very reluctant to ever see the access community's side of it," said Ginger Stanley, executive director of the Virginia Press Association. "We deal with this every year, and that's why we hoped that the FOIA Council could help us through this process."

Two years ago, state Sen. John Edwards (D-21) introduced a bill that would have opened documents in closed cases, an effort advocates of public access praised as a good first step toward raising the commonwealth's failing grade for transpar-



Members of a subcommittee of the Virginia Freedom of Information Advisory Council meet in Richmond last week, although they made no progress in improving the commonwealth's failing grade for transparency.

ency. But police and prosecutors resisted that bill, which was referred to the council. Members of a subcommittee formed to consider opening investigative records, but the panel has yet to make any progress. Last week, that panel met again and heard more resistance from the law-enforcement community.

"Investigations never close," said Mike Doucette, president-elect of the Virginia Association of Commonwealth's Attorneys. "We always have an obligation to go forward, and if we learn of information that we may have prosecuted the wrong person, at that point in time we have to reopen and continue that investigation."

**CLOSED CASES** are often the subject of intense interest, and advocates for public access say the public deserves to have access to investigative documents. The Edwards bill was sparked by an effort to gain access to investigative documents involved in the Virginia Tech massacre of 2007. Police resisted releasing those documents until a lawsuit forced them into the sunlight.

Advocates for open government say that's unacceptable, especially if a lawsuit is never filed and the actions of the police remain shielded from public view.

"That raises a red flag, and it really denies citizens the right to see what went on in an investigation, if there was any sort of misconduct that occurred in an investigation, there's no way for people to know that even after a case is closed," said Caitlin Ginley of the State Integrity Investigation. "When you have an environment like that, it raises the potential for there to be illegal behavior, corrupt behavior, unethical behavior." Police officials say the documents should remain unavailable to the public in an effort to protect witnesses and victims.

"We don't want to have a chilling effect on the public cooperating with law enforcement investigations for fear that they will have information from their cooperation with the law-enforcement agency released, which would be contrary to their interest or wishes," said Dana Schrad, executive director of the Virginia Association of Chiefs of Police.

## Bernice King Speaks at Busboys and Poets

Daughter of civil rights icons tells her mother's story.

BY ROSS SYLVESTRI  
THE CONNECTION

**B**ernice King, one of the daughters of Dr. Martin Luther King, Jr. and Coretta Scott King, was at Busboys and Poets in Shirlington to discuss a biography about her mother on May 26. The book, titled "Desert Rose: The Life and Legacy of Coretta Scott King," was written by Coretta Scott King's only sister, Edythe Scott Bagley, who died shortly after she completed the book.

The title "Desert Rose," according to Bernice King, explains how her mother was able to succeed despite the conditions that African-Americans faced in the South.

"The title 'Desert Rose' was derived from my knowledge of the region and culture which Coretta and I were born and reared. We grew up under the harsh and withering restrictions of the Jim Crow South. Coretta was determined, through education, art, faith, and social activism, to do all she could

to create a better life for herself, her family, and people around the world. In so doing, her life was like a rose pushing up from the parched, dry ground and springing forth in a beautiful blossom," wrote Bagley.

Busboys and Poets tries to "uplift racial and cultural differences" and they "feel very much that is what Mrs. [Coretta Scott] King stood for. We felt that there was a synergy between the title and her story and what we try to promote in our restaurant," according to its director of marketing and events, Pamela Pinnock.

Coretta Scott King's desire to make a contribution to help better society was one of the reasons that she fell in love with and later married Dr. Martin Luther King, Jr.

Bernice King said that her mother once told her, "I didn't just marry the man that I loved. I married the mission too." However, that "mission" that they shared was not the civil rights movement, initially, but a desire to help those at the bottom of society.

Coretta Scott King was unsure about how getting married would affect her music career. She believed that since she had obtained an education she should use it.

"She had not planned to marry until her career had been launched and established. Coretta could not envision a minister's wife



Bernice King at booksigning.

pursuing a separate career for herself," said Bernice King, quoting from the book.

Bagley had written that Dr. Martin Luther King, Jr. said that what he was looking for in a wife "was someone to come home to." However, Coretta Scott King was so attracted to Dr. Martin Luther King, Jr. that, her Bagley wrote, that she "was slowly but surely committing herself to the love of a man more than to her love of music."

Though Coretta Scott King did not pursue her music career after she got married, her knowledge of music would become use-

ful during the civil rights movement. She would organize "freedom concerts" to help raise funds for the movement.

Shortly after the assassination of Dr. Martin Luther King, Jr., his wife, established the King Center in Atlanta to create a "living memorial" to him. Bernice King, who is the CEO of the King Center, quoted her mother saying, "Dead monuments don't do anything." Bernice King also said that the center allows people to "be educated and trained in" Dr. Martin Luther King, Jr.'s "philosophy of non-violence."

Jimmie Harrell of Bowie, Md. said that it was nice to hear about Coretta Scott King since people more often hear about Dr. Martin Luther King, Jr. and not much about Coretta herself and the "strength that she exuded."

Also at the event was Doris Crenshaw of Montgomery, Ala. Crenshaw said she was the vice president of the NAACP (National Association for the Advancement of Colored People) youth council in Montgomery and a participant in the Montgomery Bus Boycott at the age of 12. She also knew Coretta Scott King and had worked for her at many points in her life. She said was pleased with the discussion that Bernice King gave and said it was "very heartfelt" to her.

# OPINION

## Every Vote in Virginia Will Count

If you wonder if presidential politics really matters in this area, consider that Northern Virginia and suburban Maryland hold some of the top zip codes for contributions to the two major party candidates.

Donors who live in McLean 22101 gave \$422,770 to Romney this presidential cycle, and \$232,876 to Obama. In McLean 22102, donors gave Romney \$255,444, and Obama \$193,321. In Arlington, 22207, donors gave \$193,543 to Obama and \$178,196 to Romney. In Alexandria 22314, donors gave \$172,425 to Romney and \$142,467 to Obama.

While Maryland consistently votes for Democrats in presidential races, donors who live in Potomac, Md. 20854 gave Romney \$340,885, and Obama \$291,402.

In order to vote in the presidential election on Tuesday, Nov. 6, residents must be registered to vote at their current address by Monday, Oct. 15.

Virtually everyone in Northern Virginia is eligible to vote absentee, and absentee voting

in person begins Sept. 21. Here is the qualification that applies: Any person who, in the regular and orderly course of his business, profession, or occupation, will be at his place of work and commuting to and from his home to his place of work for 11 or more hours of the 13 hours that the polls are open.

Any commute in Northern Virginia could potentially take four hours or more in a crisis situation. This is definitely a case where voting early is an excellent idea. Don't take the risk that the next derecho storm or earthquake will keep you from the polls on Nov. 6.

This area has very high rates of voter registration. Consider that Fairfax County, with a population of just more than 1.1 million people, has 711,817 registered voters. And 24 percent of Fairfax County's population is un-

### Some Top Local Zips, Presidential Donors

#### McLean 22101

❖ Romney \$422,770  
❖ Obama \$232,876

#### Bethesda 20817

❖ Obama \$359,656  
❖ Romney \$249,399

#### Potomac 20854

❖ Romney \$340,885  
❖ Obama \$291,402

#### McLean 22102

❖ Romney \$255,444  
❖ Obama \$193,321

#### Arlington 22207

❖ Obama \$193,543  
❖ Romney \$178,196

#### Alexandria 22314

❖ Romney \$172,425  
❖ Obama \$142,467

#### Great Falls 22066

❖ Romney \$166,457  
❖ Obama \$91,290

#### Arlington 22202

❖ Obama \$79,568  
❖ Romney \$39,740

#### Alexandria 22301

❖ Obama \$52,347  
❖ Romney \$42,095

Source: OpenSecrets.com and VPAP.org

der 18, so not eligible to vote.

Arlington has a population of 216,000 and 157,236 registered voters. Sixteen percent are under 18.

The City of Alexandria has a population of 144,000 with 101,887 registered voters; 17 percent are under 18.

We're lucky in Virginia to have the Virginia Public Access Project, vpap.org. On the VPAP website, maps of Virginia's zip codes showing shades of red and blue give a quick visual sense of how purple the Commonwealth really is. Take a look.

## Compromise on E-ZPass Transponders

While the Virginia Department of Transportation initially proposed that all E-ZPass customers would pay \$1 a month for each transponder they have, on July 9 VDOT announced that if one had a transponder before July 9, 2012, no fee will need to be paid until one has to replace the transponder.

New E-ZPass customers will pay a 50-cent

monthly fee for a standard transponder and \$1 monthly fee for a "Flex" transponder. The Flex transponder allows drivers to switch to a high-occupancy position if they have three or more people in the vehicle so that they can drive in the new Beltway toll lanes for free. Drivers with fewer than three passengers will pay a toll to drive in the express lanes that will vary depending on how much traffic there is.

This is certainly better than charging all E-ZPass users \$1 per month per transponder. We still wonder why the cost of transponders is not recovered in the tolls paid rather than as a separate fee whether or not drivers are regularly driving on toll roads.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

## LETTER TO THE EDITOR

### Beat Heat, Reduce Carbon Pollution

To the Editor:

Climate change is the one of the most profound threats of our time — and Virginians taking a break from cleaning up neighborhoods to enjoy the 4th in D.C. could find brief relief from the heat as temperatures soared and showed no sign of stopping throughout the day.

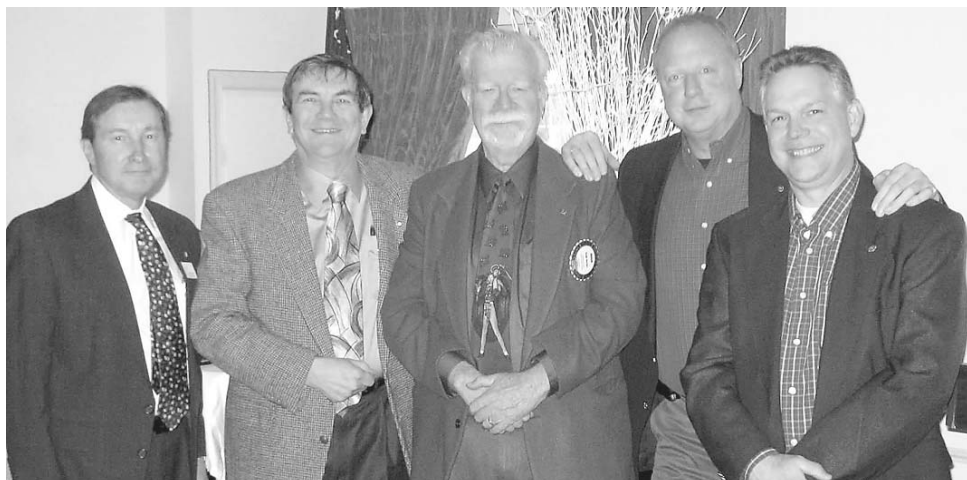
Since Jan. 1, the United States has set more than 40,000 hot temperature records, but fewer than 6,000 cold temperature records, according to the National Oceanic and Atmospheric Administration. And the first day of summer only started two weeks ago.

These dangers are cause for immediate action.

But political posturing, partisan gridlock and the influence of powerful polluters has paralyzed our leaders in D.C.

It is essential for Virginians to support and encourage local, regional, and state governments to limit carbon pollution from power plants and invest in clean energy otherwise we better prepare ourselves for more extreme heat.

**Morgan O'Neil**  
Environment Virginia



**New board for Arlington Rotary Club, from left, includes Steve Holmes, Steve Klemp, Hugh Barton, John Heck and Gene Krieder.**

## Rotary Club Installs New Board

Hugh Barton assumed the leadership of the Arlington Rotary Club on July 1, succeeding outgoing president Joe Lott. Joining Barton as president is Vice President John Heck, Treasurer Steve Klemp, Secretary Gene Kreider, and Sgt-at-arms Steve Holmes.

The Arlington club supports a variety of causes such as AFAC, Salvation Army, INOVA Blood Drive, Culpepper Garden, Arlington Academy of Hope and Northern Vir-

ginia Family Services. The club also provides an annual scholarship of \$8000 to a deserving graduate of an Arlington High School through its Arlington Rotary Education Foundation. Recent international projects have included donations to an orphanage in the Caribbean and support for the global effort to eradicate polio.

The Arlington club meets every Thursday at noon in the function room of La Cote d'Or Café on Lee Highway. Visitors are welcome.

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# Title IX Marks 40 Years

## Local coaches reflect on the law's impact and societal changes.

BY ROSS SYLVESTRI  
THE CONNECTION

Forty years ago on June 23, President Richard Nixon signed into law a series of amendments known as Title IX that banned discrimination on the basis of gender in "any educational program or activity receiving federal financial assistance." However, the law is mainly known for its impact on high school and college sports.

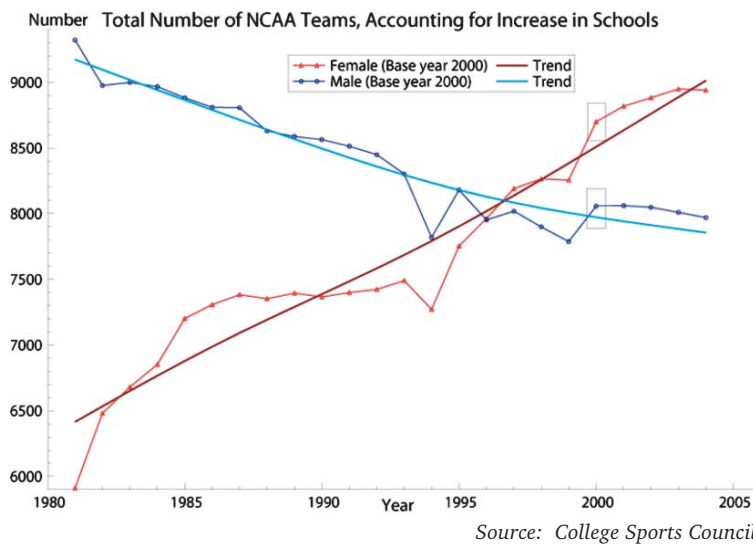
"Title IX is one of the most important statutes ever passed by Congress. It transformed access to educational opportunity for women in the U.S. Many people don't realize that Title IX applies not merely to sports but to access to all educational opportunities generally, when financed in whole or in part by federal dollars," according to W. Burlette Carter, a professor of law at George Washington University Law School.

"Before it, women were blocked by gender stereotypes and Old Boy networks from a whole host of programs at high schools and colleges and universities."

Beth Prange, the head coach for the girl's field hockey team at Washington-Lee High School, said that there have been "a lot of changes since I was growing up" in terms of opportunities for girls in sports.

"When I was in high school, there a lot of stigma attached to playing sports as a woman, so a lot of women didn't do it. In my high school, it was pretty much the same girls on every team. If you played one sport you played them all."

In the years after Title IX, more and more women were playing sports in high school



and college. This included women like Beth Ann Wilson, head coach of the women's volleyball team at Marymount University, who didn't really "recognize the disadvantages that women had in athletics" when she was growing up in the '70s.

"By the time I was in high school and college, it was the early '80s, and I think a lot of the positive effects of Title IX had already taken effect. So I always felt like I had a lot of opportunity, but I think I was at the very front end of that wave of women," said Wilson.

However, critics of the law believe that while women have made much progress in athletics and education as a whole, Title IX has meant many men's college sports were cut due to schools being unable to comply with a three-pronged test set up by the Department of Education's Office of Civil Rights to show that they are compliant with Title IX.

The three tests are: Showing that participation in sports programs for men and

women are "provided in numbers substantially proportionate to their respective enrollments," "showing a history and continuing practice of program expansion in response to the interest and abilities of the 'underrepresented' sex," or "demonstrating that the interests and abilities of members of the 'underrepresented' sex have been fully and effectively accommodated by the school's program."

According to Vicki Alger, Ph.D, a senior fellow

at the Independent Women's Forum, a non-partisan educational and research organization, says that the reason many men's collegiate athletics teams have been cut is because women make up the majority of students at most colleges, and the proportionality test is most commonly used to show compliance with Title IX.

"A lot of schools default [to proportionality] for security purposes," said Alger. "The practical effect of the vague language, however, means institutions attempt to comply

in the clearest way possible to avoid lawsuits for non-compliance. This means schools do cut back on the number of teams or players to meet proportionality guidelines."

However, Neena Chaudry, senior counsel for education and employment at the National Women's Law Center, a legal advocacy group, says that the blame for Title IX is "misplaced."

She points to a fact sheet compiled by the NWLC that states that Title IX doesn't require schools to cut men's sports, saying that "Some schools have chosen to eliminate certain men's sports, like gymnastics and wrestling, and even some women's sports." It also cites a 2001 study from the federal Government Accountability office that found that 72 percent of schools that added teams from 1992 to 2000 did so without discontinuing any teams.

However, Alger points to data that shows from 1981 to 2005, the number of women's teams in the NCAA increased while the number of men's decreased.

Alger believes that the ambiguity of the law could be solved if the proportionality test were replaced with an interest survey given out by schools that would determine how many students at that school would be interested in playing sports.

### "FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington's Office of Senior Adult Programs for July 22-28.

**Arlington senior centers:** Aurora Hills, 735 S. 18th St.; Walter Reed, 2909 S. 16th St.; Culpepper Garden, 4435 N. Pershing Dr.; Langston-Brown, 2121 N. Culpeper St.; Lee, 5722 Lee Hwy.; Arlington Mill at Fairlington, 3308 S. Stafford St.; also Madison Community Center, 3829 N. Stafford St.; TJ Comm. Center, 3501 S. 2nd St.

**Senior trips:** Bay Lighthouse Cruise, Annapolis, Sunday, July 22. \$55 (includes box lunch); Franciscan Monastery, D.C., Tuesday, July 24, \$11; Pirate's Cove restaurant, Galesville, MD, Thursday, July 26, \$48; Radio & Television Museum, Bowie, MD, Friday, July 27, \$41 (includes lunch). Call Arlington County 55+ Travel, 703-228-4748. Registration required.

**Cell phone basics,** Monday, July 23, 11 a.m., Aurora Hills. Free. Call to register, 703-228-5722.

**Painting classes begin,** Monday, July 23, 10 a.m., \$36, 6 two-hour sessions, Lee. Register, 703-228-0555.

**Chess players** wanted for all levels of tournament play, Mondays, 9:30 a.m., Madison. Free. Details, 703-534-6232.

**Northern Virginia Senior Olympics** information weekdays, 703-228-4721 or email NVSO1982@gmail.com.

**Share career experiences,** Tuesday, July 24, 11 a.m., Langston-Brown. Free. Register, 703-228-6300.

**Health care costs** after retirement, Tuesday, July 24, 7 p.m., Langston-Brown. Free. Register, 703-228-6300.

**Indoor walking program,** Tuesdays, 9:30 a.m., Langston-Brown. Free. Details, 703-228-6300.

**The power of a Power of Attorney,** Wednesday, July 25, 1 p.m., Culpepper Garden. Free. Register, 703-228-4403.

**What makes Arlington special,** Thursday, July 26, 1 p.m., Walter Reed. Free. Register, 703-228-0955.

**Using vegetables as decorations,** Thursday, July 26, 10 a.m., Langston-Brown. Free. Register, 703-228-6300.

**Understanding reverse mortgages,** Thursday, July 26, 1:30 p.m., Langston-Brown. Free. Register, 703-228-6300.

**Sweet Bluegrass Social,** Friday, July 27, 1 p.m., Lee. Free. Details, 703-228-0555.

**Cyber Seniors computer classes** for novices, Lee. Five four-hour classes, \$20 each. Call Fridays, 703-228-6425.

**Fast-paced walking group** meets Fridays, 8 a.m., Aurora Hills. Free. Register, 703-228-5722.

**Open Tai Chi practice,** Saturday, July 28, 9:15 a.m., Langston-Brown. Free. Details, 703-228-4403.

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# ENTERTAINMENT

## On the Lookout for Eels

Studying Arlington's Waterways for signs of life.

BY MONTIE MARTIN  
THE CONNECTION

There's something slimy in Arlington's water systems. Hidden beneath the surface, slithering under sediment, and as likely to call sewers as well as streams their home is the *Anguilla rostrata*, or more commonly known as the American eel.

These unappreciated and relatively unknown inhabitants of Arlington's waterways are catadromous creatures, and they are just as happy living in fresh water as the salty sea.

**SUMMER FUN** This summer consider joining the Arlington Stream Monitoring program for the best chance to catch the American eel in its natural and urban environment. Teams of monitors hit the headwaters of Arlington three times a year to collect macro-invertebrates, species that lack backbones, which indicates the overall health of the aquatic ecosystems.

"The teams collect valuable information for our office, it tells us if the waters are getting better or worse," said Jen McDonnell, a naturalist with the Arlington County Department of Environmental Services. "When people ask what type of fish we find, and I mention eels, they say how can we get rid of them? But we want them, they are native species, not invasive, and we as a county are happy to have the eels. They are supposed to be here, this is their home."

American eels have traveled a long way to make Arlington home. Their journey begins in the Sargasso Sea in the Caribbean when the eels hatch, and spend upwards of a year floating and swimming to the eastern seaboard, changing from larvae to transparent "glass eels" along the way. The eels



Ruth Gibbons and Sue Drescher spend an afternoon identifying aquatic life during the spring 2012 stream monitoring event. Volunteers with the stream monitoring program work in teams and their findings help determine the overall health of Arlington's waterways.

change once again when they make it to the Chesapeake Bay, turning into brown 2.4 inch-long "elvers." The genders then part ways, as the males prefer brackish waters, and the females traverse rivers to their maturation points in the freshwater estuaries. In some cases the eels live in Arlington for up to 15 years, and grow up to five feet in length, before they migrate back to their breeding grounds in the Caribbean where they spawn and die.

"The eels have a very complicated breeding system, they're very different from other fish," said Alonso Abugattas, natural resources manager for Arlington County Parks. "They have been

found in pretty much everyone of our tributaries. Eels use underground streams and sewers as migratory paths, the underground life of our cities is amazing."

The eels are not bound by water, as they can slump their bodies ashore and wiggle their way over land to reach the next waterlogged destination. Don't expect to find them so easily, however, as they prefer the nightlife and are skittish by nature due to an abundance of predators.

Eagles and ospreys especially enjoy a slithery snack, but the most deadly predator is man. According to Abugattas, Virginia is a primary supplier of eel for Europeans, many of whom

**"They are supposed to be here, this is their home."**

— Jen McDonnell, Arlington County Department of Environmental Services



The American eels found in Arlington are exclusively female, and can spend up to 15 years maturing in local waterways before their long voyage to the Sargasso Sea in the Caribbean.

### Learn More

Recommended readings about eels include James Prosek's "Eels: An Exploration, from New Zealand to the Sargasso, of the World's Most Mysterious Fish." Other resources include [chesapeakebay.net/](http://chesapeakebay.net/) and information about the health of Arlington's waterways can be found at: [arlingtonva.us/departments/EnvironmentalServices/Sustainability/page82828.aspx](http://arlingtonva.us/departments/EnvironmentalServices/Sustainability/page82828.aspx)

consider the eel to be very edible.

"Here in the USA they are not considered much, they're good for baiting crab pots, but in Europe they are considered a delicacy," said Abugattas. "The ones people eat are the bigger ones, but the biggest are females."

It is particularly difficult to estimate the population of American eels in Arlington, but what is certain is that contaminated water leads to mass die offs. While accidental in nature, when water mains break along the 400 miles of Arlington pipes that carry drinking water the ecological impacts are disastrous.

"There was a kill in Gulf Branch recently, a water main broke and the chlorine killed them. Chlorine is deadly for fish," said Cliff Fairweather, a park naturalist at Long Branch Nature Center. "People are pretty surprised that we have eels in Arlington. Unfortunately they come to people's consciousness when there is a problem in the streams; floating dead eels in a stream tends to catch people's attention."

Such die offs and a lack of proper tracking resources makes stream monitoring all the more important. "There's a real need for volunteer monitors, especially in Northern Virginia. If there's a leak in a pipe, and we find it and fix it, we can anticipate eels can come back," said McDonnell. "There's a lot of pressure on this animal, it would be nice for people to realize they are here too."

### CALENDAR

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Deadline is noon the Thursday before publication. Photos are welcome.

#### WEDNESDAY/JULY 11

**Book Club.** 7p.m. One More Page, 2200 North Westmoreland Street. Author Emily Jeanne Miller, born and raised in Washington, D.C., discusses her debut novel, *Brand New Human Being*. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

#### THURSDAY/JULY 12

**Author Discussion.** 7 p.m. Sara Taber talks about *Born Under an Assumed Name: The Memoir of a Cold War Spy's Daughter* at One More Page, 2200 North Westmoreland Street. As

she moves from country to country, young Sara confronts the generosity, greatness and tragedy that America brings to the world. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

**Virginia Ballet Company performs "Precedence"** at the Ernst Community Cultural Center at 4:30 p.m. The performance combines contemporary dance styles with classical ballet technique. Located on the Northern Virginia Community College Annandale Campus, 8333 Little River Turnpike. All seats reserved, tickets are \$20 plus a \$2.50 processing fee. Call 703-249-8227 or visit [www.virginiaballetcompany.org](http://www.virginiaballetcompany.org).

#### FRIDAY/JULY 13

**Eric Scott.** 8 p.m. Free. Part of Lubber Run Summer Concerts at Lubber Run

Amphitheater, North Columbus Street and 2nd Street North (two blocks north of Route 50). Call 703-228-1850 or [www.arlingtonarts.org](http://www.arlingtonarts.org).

**Book Club.** One More Page Daytime Book Club chats about *The Leftovers* by Tom Perrotta at 11 a.m. 2200 North Westmoreland Street. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

**The Charlie Visconage Show** will be at The Comedy Spot on July 13 at 10 p.m. The show features host Charlie Visconage, co-host Taylor Durant, guest accompanist local jazz and r&b bassist Will Henderson, and the CVS Players. Guests include Frank Warren, founder of PostSecret.com and Michael Clements, Chief Creative Enabler of ArtJamz. The Comedy Spot is at Ballston Common Mall, 4238 Wilson Blvd.

SEE CALENDAR, PAGE 11

### Sizzlin' Summer Cabaret

Virginia's Signature Theatre's series featuring a number of red hot acts from D.C. and Broadway runs through July 28. Tickets for each cabaret is \$25 general admission. Signature is offering an All-Access Pass for \$125 (must be purchased at the box office), 703-820-9771. 4200 Campbell Avenue. Visit [www.signature-theatre.org](http://www.signature-theatre.org).

**Matthew Scott & Kirsten Scott.** Wednesday, July 11 at 8 p.m.

**Will Gartshore: Underappreciated & Overexposed.**

Thursday, July 12 at 8 p.m. and Saturday, July 14 at 9 p.m.

**Signature Sings James Taylor.** Friday, July 13 at 7 p.m.

**Sandy Bainum: Something to Sing About.** Saturday, July 14 at 7 p.m.

**Nataschia Diaz: What I See.** Tuesday, July 17 at 8 p.m. and Wednesday, July 18 at 8 p.m.

**Carolyn Cole: Born to Take the BELTway.** Thursday, July 19 at 7:30 p.m.

**Bob McDonald: Cabaret Sauvignon: A Night of Music and Wine.** Friday, July 20 at 7 p.m.

**Stephen Gregory Smith: Naked.** Friday, July 20 at 9 p.m.



## ENTERTAINMENT



The Potomac Harmony Chorus announces a continuation of its series of open rehearsals from 7:30-9:30 p.m. at The Hermitage Auditorium, 5000 Fairbanks Avenue, Alexandria. Each week in July and early August, women (13 years and up) are invited to join the chorus on the risers to learn how to sing four-part a cappella, barbershop harmony style. Call 703-764-3896 or email [chorus@potomacharmony.org](mailto:chorus@potomacharmony.org) to hold a place. Visit [www.PotomacHarmony.org](http://www.PotomacHarmony.org).

### CALENDAR

FROM PAGE 10

#### SATURDAY/JULY 14

**Andrew Acosta and the New Old Time String Band.** 8 p.m. Free. Part of Lubber Run Summer Concerts at Lubber Run Amphitheater, North Columbus Street and 2nd Street North (two blocks north of Route 50). Call 703-228-1850 or [www.arlingtonarts.org](http://www.arlingtonarts.org).

**2012 Ballston Arts Market.** 10 a.m.-4 p.m. Free. Ballston Arts Market, the only upscale, handmade art market in Arlington offers one-of-a-kind handcrafted jewelry, apparel,

accessories, ceramics, and more. 901 North Taylor Street (across the street from the Ballston metro station).

**Young Rangers Camp.** 9:30-11:30 a.m. Free. Ages 4-6. Kids will learn the importance of National Parks through fun activities. At the Robert E. Lee Memorial. To register, send an email to [Virginia\\_Hughes@nps.gov](mailto:Virginia_Hughes@nps.gov). Visit [www.nps.gov/arho](http://www.nps.gov/arho) or call 703-235-1530.

#### SUNDAY/JULY 15

**Colleen Shanley and Grand Junction.** 6 p.m. Free. Part of Lubber Run Summer Concerts at

Lubber Run Amphitheater, North Columbus Street and 2nd Street North (two blocks north of Route 50). Call 703-228-1850 or [www.arlingtonarts.org](http://www.arlingtonarts.org).

**The 4th Annual Firefly Festival.** 7:30-9:30 p.m. Celebrate summer's natural night lights at Fort C.F. Smith (2411 N. 24th St.). Bring a blanket and dinner to enjoy while waiting for the lights to come out. Cancelled if raining. \$5 fee per person, \$20 max per family, payable at the festival. Call 703-228-6535.

**Remembrance.** 10a.m.- 3p.m. Free.

SEE CALENDAR, PAGE 13



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# ORANGE LINE CONNECTION

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Ballston-MU

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Clarendon

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Rosslyn

## SATURDAY/JULY 14

**Tango.** 7:30 p.m. Tickets \$10 until June 15; \$15 until July 13; \$20/door. This tango evening begins with a screening of the documentary, "The Nine Lives of a Tango Singer Called 'The Cat'" followed at 9 p.m. by a performance by Tango Mercurio Community Orchestra tango singer "La Gata." Tango dancing to music by DJ Mark Sakowski follows. At the Dome Theatre/Ballroom at the Artisphere.

**Robin Bell and DJ Dubpixels: A Live Event.** 8 p.m. Cost is \$10. In conjunction with multimedia artist Robin Bell's summer-long exhibition at Artisphere, Bell will display visual work from "Projection for Televisions" in Artisphere's Dome Theatre.

## FRIDAY/JULY 20

**Sulu DC.** 8 p.m. Cost is \$15. A curated performance showcase of emerging and established Asian American and/or Pacific Islander artists in spoken word, music, dance, theater, film and multidisciplinary arts from the local and national scenes. At the Ballroom at the Artisphere.

## SATURDAY/JULY 21

**You, Me, Them, Everybody Present: This is a Game Show.** Hosted by Brandon Wetherbee; music from Ian Walters. 8 p.m. Cost is \$10. At the Dome Theater at The Artisphere.

## JULY 25 TO AUG. 26

**Heather Day: Onsite Painting Residency.** Heather Day creates paintings that explore the relationships between urban decay and human interaction through the layering of texture, color and various mediums. At the Works in Progress Gallery at the Artisphere.

## SATURDAY/JULY 28

**"Wet Hot American Summer."** 8 p.m. Cost is \$5. At the Dome Theater at the Artisphere.  
**"Annie."** 2:30 p.m. Cost is \$6. Part of the Juicebox Summer Children's Film Series. At the Dome Theatre at Artisphere.

## MONDAY/JULY 30

**Fashion Boot Camp.** Daily 10 a.m. to 4 p.m. Tuition is \$300. Students will engage in creative activities to boost their self esteem and introduce them to fashion related areas such as styling, design, photography, among



## Charli Brissey: Weight

**Inspired by the novel by Jeannette Winterson, Weight aims to create a modern day adaptation of the myth of Atlas holding up the world. At the Bijou Theater at the Artisphere through July 29. Free.**

## Workday Music

*The Rosslyn BID presents their Lunchtime Concert Series. Three days a week, local bands will play a variety of tunes:*  
**Tuesdays at Freedom Park,** enter on N. Kent St. or N. Lynn St., June 5 - July 31, 11:45 a.m. - 1:30 p.m.  
**Wednesdays at CentralSpace,** Wilson Blvd. & N. Moore St.  
 June 6 - Aug. 29, 11:45 a.m. - 1:30 p.m. No concert on July 4.  
**Thursdays at the Farmers Market,** Wilson Blvd. & N. Oak St., June 7 - Oct. 25, 11:45 a.m. - 1:30 p.m.

*These Rosslyn restaurants offer free happy hour concerts on Wednesdays, Thursdays and Fridays. Local musicians perform while listeners enjoy happy hour specials.*  
**Wednesdays at Le Méridien Arlington,** 1121 19th Street N., Origem, a Brazilian Jazz group, June 13-Aug. 8, 5-6:30 p.m.  
**Thursdays at Hyatt Arlington,** 1325 Wilson Blvd., Mary Ann Redmond Duo, Blues, June 7-Aug. 9, 5-6:30 p.m.  
**Fridays at Connexion,** Key Bridge Marriott, 1401 Lee Hwy.: Carol & Bruce, Soulful Vocals and Guitar, June 1-Aug. 3, 5-6:30 p.m.

others. Professionals currently working in the fashion industry and are part of the Fashion Fights Poverty Volunteer Network will teach the classes. Contact Lisa Marie Thalhammer, Artisphere Education Director, at lthalhammer@arlingtonva.us or 703-875-1137.

## AUG. 1 TO SEPT. 2

**Doug Dupin and Maria Stenzel: Short Life of a Small Boat.** Free. An inexpensive boat is made, used, and burned in one year. The four seasonal segments span the boat's one-year life. At the Bijou Theater at the Artisphere.

## SATURDAY/AUG. 4

**Salsa Leadership Awards Dance Party.** 8 p.m. Tickets \$8 before July 13; \$10 before Aug. 3; \$15/door. Start your evening with mambo dance lessons at 8 p.m. followed by a dance party at 9 p.m. to music by DJ Bruno

"El Unico (DC); DJ Steve Greene (Richmond); and DJ Tito Morales (Baltimore). Part of the evening includes recognition of 20 salsaeros from D.C. and Richmond for their leadership in the salsa community. At the Ballroom at the Artisphere.

## FRIDAY/AUG. 10

**Chico Trujillo with Maracuyeah DJ opening set.** 8 p.m. \$15/advance; \$18/door. Acclaimed Chilean band Chico Trujillo plays cumbia with a twist. At the Ballroom at the Artisphere.

## AUG. 24 TO NOV. 4

**Beyond the Parking Lot: The Change and Re-Assessment of Our Modern Landscape.** Free. Exhibiting artists include Amanda Burnham (Baltimore); Maya Ciarrocchi (New York); Julia Christensen (Oberlin, Ohio); Richard Crozier (Charlottesville); Frank Hallam Day (Washington, D.C.); Gregory Euclide (Le Sueur, Minn.); Alex Lukas (Philadelphia); Rachel Sitkin (Baltimore); and Trevor Young (Washington, D.C.). At the Terrace Gallery at the Artisphere.

## MONDAY/AUG. 27

**T-Shirt Nation Camp.** Spend the week exploring everything T-shirt, including various methods of creating unique and fashion-forward tees. Each participant will walk away with four or five personally designed pieces. Contact Lisa Marie Thalhammer, Artisphere Education Director, at lthalhammer@arlingtonva.us or 703-875-1137.



## Robin Bell and DJ Dubpixels: A Live Event

**In conjunction with multimedia artist Robin Bell's summer-long exhibition at Artisphere, Bell will display visual work from "Projection for Televisions" in Artisphere's Dome Theatre July 14 at 8 p.m. Cost is \$10.**

## Ongoing

### THROUGH JULY 13

**Summer Theatre Experience.** 10 a.m. to 4 p.m. daily. Summer Break Creative Camp for Teens. Provide your young actor with a unique and professional performing arts camp experience. Lynn Sharp Spears and her talented staff have designed a camp for teens with an interest in all aspects of theater. In this three week program, students will audition, be cast and rehearse with WSC Avant Bard company members to create a fully staged musical and will receive intensive training in: vocal technique and performance; character development; stage makeup; dance and movement; auditioning; and voice and diction. Contact Lisa Marie Thalhammer, Artisphere Education Director, at lthalhammer@arlingtonva.us or 703-875-1137.

### THROUGH JULY 22

**The Studio Visit: Marco: Polo.** Free. Featuring local artists Reuben Breslar, Rachel England and Samuel Scharf. The three participating artists will take turns responding to the space and each other's work. Curated by Victoria Greising, Artist and TSV Program Manager. At the Works in Progress Gallery at The Artisphere.

### THROUGH JULY 28

**Sculpture Art Making,** ages 5-7 (noon-2 p.m.) or 8-12 (3-5 p.m.). Eight Saturdays, cost is \$280. At the Education Lab at Artisphere. Sculpture Art Making will combine environmental science and various sculptural techniques to create art from found materials. Contact Lisa Marie Thalhammer, Artisphere Education Director, at lthalhammer@arlingtonva.us or 703-875-1137.

### THROUGH JULY 29

**Suzanne: Work from the 2012-13 Vcuarts Sculpture MFA Graduate Class.** Free. Opening reception is Thursday, June 7 from 7 to 10 p.m. Curated by Kendall Buster (sculptor and professor in the VCUArts Sculpture Department) and Amy Hautt (sculptor and chair of the department), Suzanne features eclectic works by the 12 sculptors from Virginia Commonwealth University's Department of Sculpture + Extended Media MFA program who will earn their Masters of Fine Arts in Sculpture in May 2013.

**Charli Brissey: Weight.** Free. Inspired by the novel by Jeannette Winterson, Weight aims to create a modern day adaptation of the myth of Atlas holding up the world. At the Bijou Theater at the Artisphere.

### THROUGH AUG. 18

**Kevin Krapf: Retratos Compartidos/Shared Portraits.** Free. Opening reception is Thursday, June 28 from 5:30 to 7:30 p.m. An interactive performance/display project in which visitors participate by using a specially designed double-sided drawing table in the gallery to make and exhibit portraits. The shared portraits are displayed on the wall to track the growth of the project and the moments of exchange that occur during its run. At the Artisphere.



# CALENDAR

FROM PAGE 11

Crystal City Metro).

Civil War living history and medical display to honor Mount Olivet UMC's use as a field hospital following the First Battle of Bull Run or First Manassas. 1500 N. Glebe Road. Contact Mrs. Monte Campbell at 703-819-5311 or [eslim@earthlink.net](mailto:eslim@earthlink.net).

## MONDAY/JULY 16

**Crystal Screen Gets Romantic:** **Bridget Jones' Diary.** Free. The courtyard along S. Bell Street will be transformed into a free outdoor movie theater. The ROM COM theme makes it the perfect (and affordable) date night in the heart of Crystal City. 1800 South Bell Street (near

## TUESDAY/JULY 17

**Book Club.** The One More Page Mystery/Suspense Book Club discusses A Small Death in the Great Glen by A.D. Scott. 7 p.m. 2200 North Westmoreland Street. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

## WEDNESDAY/JULY 18

**Author Visit.** One More Page, 2200 North Westmoreland Street, welcomes mystery writer Donna Andrews at 7 p.m., to discuss and sign "Some Like It Hawk," her latest installment in the Meg Langslow Mystery Series. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).



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## Visit These Houses of Worship

Join A Club, Make New Friends, or Expand Your Horizons...

**Anglican**  
Restoration Anglican Church...703-527-2720

**Assemblies of God**  
Arlington Assembly of God...703-524-1667  
Calvary Gospel Church...703-525-6636

**Baptist**  
Arlington Baptist Church...703-979-7344  
Bon Air Baptist Church...703-525-8079  
Cherrydale Baptist Church...703-525-8210  
First Baptist of Ballston...703-525-7824  
McLean Baptist Church...703-356-8080  
Memorial Baptist Church...703-538-7000  
Mt. Zion Baptist Church...703-979-7411

**Baptist-Free Will**  
Bloss Memorial Free Will Baptist Church...703-527-7040

**Brethren**  
Church of The Brethren...703-524-4100

**Buddhist**  
The Vajrayogini Buddhist Center...202-331-2122

**Catholic**  
St. Agnes Catholic Church...703-525-1166  
Cathedral of St. Thomas More...703-525-1300  
Holy Transfiguration Melkite Greek Catholic Church...703-734-9566  
Our Lady of Lourdes...703-684-9261  
Our Lady Queen of Peace Catholic...703-979-5580  
St. Ann Catholic Church...703-528-6276  
St. Charles Catholic Church...703-527-5500

**Vatican II Catholic Community**  
NOVA Catholic Community...703-852-7907

**Church of Christ**  
Arlington Church of Christ...703-528-0535

**Church of God - Anderson, Indiana**  
Church of God...703-671-6726

**Christian Science**  
McLean - First Church of Christ, Scientist...703-356-1391  
First Church of Christ, Scientist, Arlington...703-534-0020

**Episcopal**  
St. Andrew Episcopal Church...703-522-1600  
St. George Episcopal Church...703-525-8286  
St. Johns Episcopal Church...703-671-6834  
St. Mary Episcopal Church...703-527-6800  
St. Michael S Episcopal Church...703-241-2474  
St. Paul Episcopal Church...703-820-2625  
St. Peter's Episcopal Church...703-536-6606  
St. Thomas Episcopal Church...703-442-0330  
Trinity Episcopal Church...703-920-7077

**Lutheran (ELCA)**  
Advent Lutheran Church...703-521-7010  
Faith Lutheran Church...703-525-9283  
German Lutheran Church...703-276-8952  
Lutheran Church of The Redeemer...703-356-3346  
Resurrection Lutheran Church...703-532-5991

**Lutheran (Missouri Synod)**  
Our Savior Lutheran Church...703-892-4846

**Nazarene**  
Arlington First Church of the Nazarene...703-525-2516

**Non-Denominational**  
New Life Christian Church - McLean Campus...571-294-8306  
Celebration Center for Spiritual Living...703-560-2030

**Metaphysical**  
Arlington Metaphysical Chapel...703-276-8738

**Presbyterian**  
Arlington Presbyterian Church...703-920-5660  
Church of the Covenant...703-524-4115  
Clarendon Presbyterian Church...703-527-9513  
Little Falls Presbyterian Church...703-538-5230  
Trinity Presbyterian Church...703-536-5600  
Westminster Presbyterian...703-549-4766

**Presbyterian Church in America**  
Christ Church of Arlington...703-527-0420

**Synagogues - Conservative**  
Congregation Etz Hayim...703-979-4466

**Synagogues - Orthodox**  
Fort Myer Minyan...703-863-4520  
Chabad Lubavitch of Alexandria-Arlington...703-370-2774

**Synagogues - Reconstructionist**  
Kol Ami, the Northern Virginia Reconstructionist Community...571-271-8387

**Unitarian Universalist**  
Unitarian Universalist Church of Arlington...703-892-2565

**United Methodist**  
Arlington United Methodist Church...703-979-7527  
Trinity United Methodist Church of McLean...703-356-3312  
Charles Wesley United Methodist...703-356-6336  
Calvary United Methodist...703-892-5185  
Cherrydale United Methodist...703-527-2621  
Chesterbrook United Methodist...703-356-7100  
Clarendon United Methodist...703-527-8574  
Community United Methodist...703-527-1085  
Mt. Olivet United Methodist...703-527-3934  
Walker Chapel United Methodist...703-538-5200

**United Church of Christ**  
Bethel United Church of Christ...703-528-0937  
Rock Spring Congregational United Church of Christ...703-538-4886

### Saint Ann Catholic Church

#### SUNDAY LITURGY SCHEDULE:

Saturday Vigil: 5:30 PM  
Sunday: 8:00, 9:30, 11:00 AM  
1:30 PM Spanish Liturgy  
5312 North 10th Street  
Arlington Virginia 22205  
Parish Office: (703) 528-6276

#### DAILY EUCHARIST:

Weekdays  
Monday-Friday, 6:30 AM & 8:30 AM  
Saturday, 8:30 AM

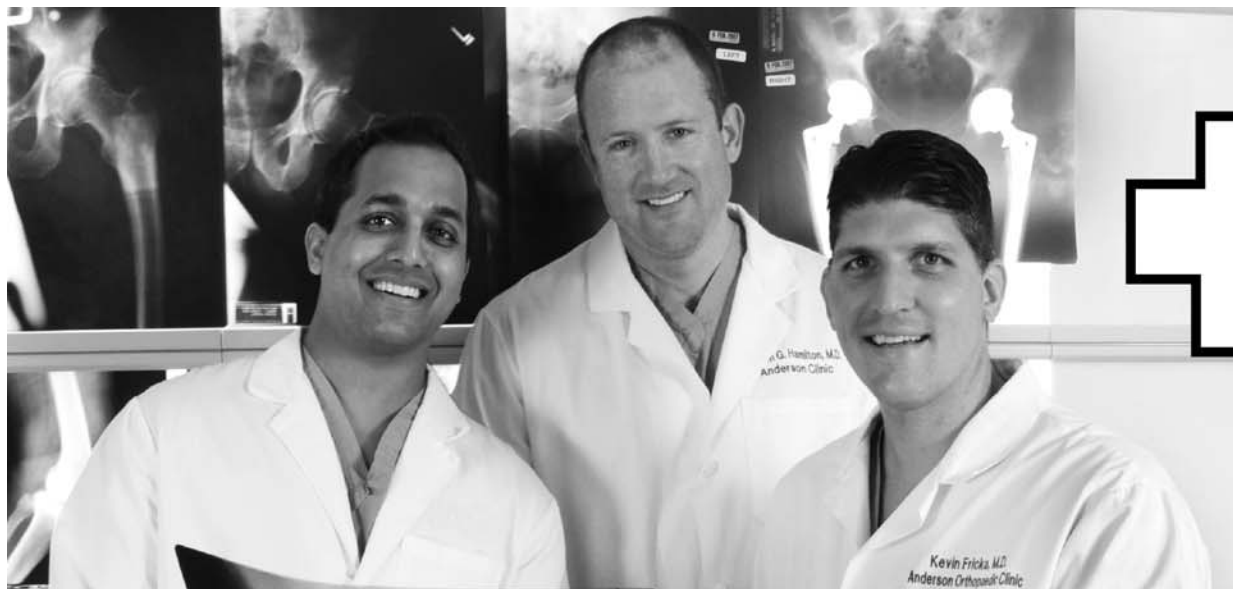
All Are Welcome!

#### PARISH WEBSITE:

[www.rc.net/arlington/stann](http://www.rc.net/arlington/stann)



To highlight your Faith Community, call Karen at 703-778-9422



Ask the Joint Replacement Experts at Inova Mount Vernon Hospital. They Can Help.

FREE Community Lecture on Osteoarthritis and the Latest Advances in Joint Replacement

Wednesday, July 18, 2012 at 6:30 p.m

Ritz-Carlton Pentagon City  
1250 South Hays Street, Arlington, VA

Living with the pain of arthritis can be exhausting. Surgical joint replacement can be a solution. That's when doctors from the Inova Joint Replacement Center (IJRC), a Center of Excellence for joint replacement, can make a difference.

A FREE community lecture to discuss osteoarthritis and the latest advances in hip and knee replacement surgery will be held in your area by one of our experienced joint surgeons. This is an opportunity for you to "Ask the Expert" any questions you may have.

IJRC is the largest joint replacement center in the metro-Washington DC area. Physicians practicing at the Center perform over 2,000 joint replacements annually. Patients from 31 countries and all 50 states have been provided joint replacements at IJRC.

Thanks to new techniques and medical advances, thousands of people are returning to the active lifestyle they deserve. This is your chance to join them.

The seminar is FREE but you must register by calling **1-855-My-Inova (694-6682)** or by visiting our Website at [inova.org/asktheexpert](http://inova.org/asktheexpert)

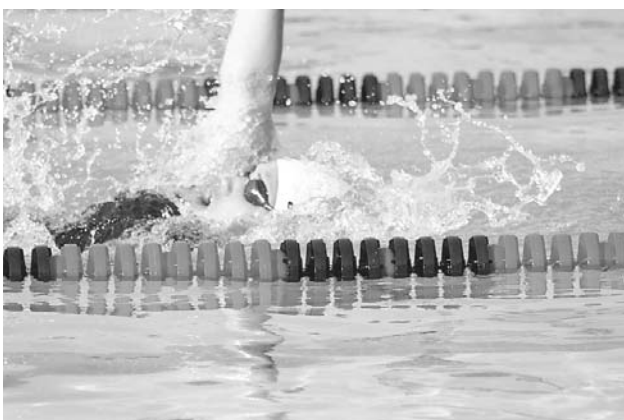


The Inova Joint Replacement Center has earned a Gold Seal of Approval™ by The Joint Commission for outstanding care in hip and knee replacement.





WGCC swimmer Campbell Musslewhite won the boys' 10U back and fly events against Congressional on July 3.



Amanda Didawick and the WGCC swim team defeated Congressional on July 3.



WGCC swimmer Richard Gentry won three events — 12U boys' IM, breast and fly — against Congressional on July 3.

PHOTOS CONTRIBUTED

## WGCC Swim Team Dominates Congressional

**T**he Washington Golf and Country Club Lightning travelled across the river to Congressional Country Club for its third Division A dual meet of the season on July 3. Once again, the Lightning dominated the competition. The Lightning won 37 of the first 47 events — with wins in every age group and 1-2-3 sweeps in multiple events.

Of particular note were the Lightning's younger swimmers — the 8U and 10U girls and boys won every single event in their age groups. Reprieve finally came for Congressional at the hands of Mother Nature — the meet was called with just three events to go due to lightning. The final score was 300-142.

Triple winners were: Jillian Johnson (girls' 10U free, 10U back, 10U fly); Richard Gentry (boys' 12U IM, 12U breast, 12U fly); and Ryan Baker (boys' 14U free, 14U back, 14U fly). Double winners were: Avery Nassetta (girls' 8U free, 8U breast); Angus Ricks (boys' 10U free, 10U breast); Nolan Musslewhite (boys' 10U back, 10U fly); G.G. Richmond (girls' 12U IM, 12U back); Amanda Didawick (girls' 18U IM, 18U fly); and Daniel O'Berry (boys' 18U IM, 18U free). Single winners were: Pamela von Seelen (girls' 8U back); Sophie Yoder (girls' 8U fly); Alex Gerlach (boys' 8U free); Cab Fooshe (boys' 8U Back); Jack Carman (boys' 8U breast); Paddy McCarthy (boys' 8U fly); Amanda DiMeglio (girls' 10U breast); Grayson Offutt (girls' 12U breast); Petie Nassetta (girls' 12U fly); Charlie Moore (boys' 12U free); Carson Wood (boys' 12U back); George Cranwell (boys' 14U breast); and Will McMahon (boys' 18U back).

In addition, the Lightning dominated the relay events, with wins in the girls' junior medley relay (Lindsay Lukehart, Richmond, Johnson, Avery Nassetta); the boys' junior medley relay (Wood, Cranwell, Gerlach, Musslewhite); and the girls' senior medley relay (Didawick, Faith Palmer, Petie Nassetta, Caroline Otteni).

The Lightning returns to Congressional on July 12 for Divisional Relays.

### DIVE VICTORY

The WGCC Lightning started their dive season with a victory over the Bethesda Tigers on June 27 at the Washington Golf and Country Club.

### Overlee Takes Down Tuckahoe

The water was hot, the weather was hotter, and the swimming was sizzling on the third week of NVSL competition. Overlee swam to victory in the inaugural meet of their new pool, 248-172.

Although Tuckahoe came out strong winning the boys' 8 & under freestyle event, the girls' 8 & under freestyle was easily won by Overlee's Sophie Yoder. The 9- & 10-year-old boys' freestyle race was the day's first nail-biter as Overlee's Robert Ridgeway touched out Tuckahoe's Chris Leiss at the finish. Freestyle winners for Overlee included: 11-12-year-old swimmer Jonathan Day, 13-14-year-old Katherine Lundy, and 15-18-year-old swimmer Torey Ortmyer. When freestyle was over, each team had won five events.

The duel in the pool continued into backstroke with Tuckahoe winning the first two races. Robert Ridgeway (9-10) provided the first backstroke win for Overlee. Two events later, 11-12-year-old backstroke swimmers Jonathan Day and Nick Pasternak would go first and second. This was quickly followed by Ryan Baker claiming first with teammate Nick Morales coming in for third in the boys' 13-14 race. The 13-14 girls would do a repeat with Michaela Morrison taking first and Sophie Bennett placing third. Senior boys Nicholas Brooks and Jason Henley added another first and second to move Overlee into a power position.

Breaststroke proved to be the undoing of Tuckahoe with Overlee winning seven of 10 events. Two races were particularly memorable as Ellie Ridgeway out-touched Tuckahoe's Leah Horan in the girls' 11-12 50-meter breaststroke. The next race, boys' 13-14 50-meter breaststroke would prove to be a third nail-biter with Overlee's Brady Almand out-touching Chase Brown from Tuckahoe. The five other breaststroke winners from Overlee were: Lauren Hartel (8U), Paul Kinsella (9-10), John Aldinger (11-12), Suzanne Dolan (13-14) and Rachel Robertson (15-18).

Overlee held a sizeable lead by the butterfly events. Again, Overlee captured another seven of 10 events. The 2012 new

dual meet 8 and under butterfly event provided 8-year-old Sophie Yoder the opportunity to break the team record set by Allison Addy on Sept. 1, 1984. Prior to the 2012 ruling, 8 & unders could only participate in the 25-yard butterfly event at an NVSL All-Star meet. The 28-year-old record was achieved when Overlee held an NVSL All-Stars Meet. In addition, she became the first swimmer to obtain a record in the new competition pool. Overlee's winning butterfly swimmers were: Claire McNamara (9-10), Nick Pasternak and Isabella Lee (11-12), Ryan Baker and Suzanne Dolan (13-14), and Nicholas Brooks (15-18).

As heat intensified, Tuckahoe won the boys' 8U free relay, but the Overlee girls'

8U relay quickly fought back to win. The 9-10 boys' 100 relay teams were equally matched and Overlee's John Sullivan fought to win at the wall for the Flying Fish, out-reaching the Tigers' Owen Thomas. As the water continued to boil, the Overlee boys' 11-12 relay team of Nick Pasternak, John Aldinger, Sam Ellison and Jonathan Day recorded a new pool record of 1:02:81, breaking the 2009 old pool record 1:02:94, set by Timothy Aldinger, Sean Coleman, Ryan Baker and Andrew Loranger. Overlee's other winning relay teams were: 9-10 girls' 100 SC medley, 11-12 100 girls' medley, 13-14 100 girls' medley, both the 15-18 boys' and girls' 200 medley and the boys' mixed age 200 freestyle relay.



PHOTOGRAPH SUBMITTED

From left: (back row) Ray Brooks, Kyle Conley, Bruce Shuttleworth, Chris Brown, Sam Crow, (front row) Daniel Brooks, Bowen Shuttleworth, Sean Conley, Reece Shuttleworth, George Brown and Bennett Crow.

### Local Runners Shine at Hershey Meet

**A**rlington's best runners proved to be Virginia's best, too, as four local runners claimed the top prize at the Hershey Track & Field Virginia State meet held in Charlottesville on June 16.

Winning state championships were Arlington Science Focus School fourth-grader Bowen Shuttleworth in the 100 meters; Taylor's fourth-grader Sean Conley in the 400 meters and

Williamsburg's seventh-graders Bennett Crow and Anna Stefanou in the 800 meters. These runners are hoping to qualify for the Hershey North American finals held in Hershey, Pa., this August.

Also excelling at the state championships were Arlington fourth-graders Reece Shuttleworth, Sean Conley, Daniel Brooks and George Brown. They finished second in the highly competitive 4x100-meter relay race.



# Home Life Style



PHOTOS COURTESY OF CASE DESIGN/REMODELING, INC.



**David Vogt of Case Design Remodeling, Inc. created an open kitchen and dining area in this Falls Church home. Local contractors say developing a list of everything that one might want in a dream home is a good starting point when remodeling.**

**“A client can benefit from doing their homework and being engaged in the selection process early on.”**

**— David Vogt  
of Case Design Remodeling, Inc.**

## Home Remodeling 101

**Experts offer suggestions for a timely and efficient renovation.**

BY MARILYN CAMPBELL  
THE CONNECTION

Case Design/Remodeling, Inc.

**W**hether expanding a home or just remodeling an existing interior space, building projects can be daunting, especially if the goal is to be finished by a certain date.

“If you wanted to get going on a project and your goal was to be done by Thanksgiving, the planning process and permit process is probably as long as the building process, but you don’t want to rush through those aspects of it and then wish you’d done something differently,” said David Vogt of

**LOCAL CONTRACTORS** say there are a few things that homeowners can do before the first nail is hammered to ensure a smooth and an efficient construction process. Creating a list of everything that one might want in a dream home is a good starting point.

“A client can benefit from doing their homework and being engaged in the selection process early on,” said Vogt. “Maybe start by collecting photographs and magazine articles of things you like. That will help paint an overall picture of the feel that you want for the space.”

Bob Gallagher, president of Sun Design

Inc., in Burke, says a good source for ideas is the Houzz Interior Design website [www.houzz.com](http://www.houzz.com) as well as the iPad and iPhone applications. “It is phenomenal. There are many amazing photos on there.”

The next important step in the process say experts is determining a budget. The National Association of the Remodeling Industry advises homeowners to decide how much they are going to spend before calling an architect or contractor. “The truth is not many people enjoy establishing a remodeling budget,” said Dean Herriges, National Association of the Remodeling Industry National President in a statement. “Many homeowners prefer to call a contractor and

expect him or her to create the budget for them, which is not the best way to begin.”

“I’d love for a client to have some numbers of how much they want to spend,” said Jeff Pregman of Two Poor Teachers in Annandale. “I’d rather have a client that has a little bit of knowledge, a budget and a timeline so I can come in and give them everything they need.”

The National Association of the Remodeling Industry recommends that homeowners decide how long they plan to live in their home before deciding how much to spend on remodeling costs. “If you

SEE REMODELING, PAGE 17



# Arlington REAL ESTATE

PHOTOS BY LOUISE KRAFFT/THE CONNECTION

IN MAY 2012, 318 ARLINGTON HOMES SOLD  
BETWEEN \$3,555,000-\$105,000.



**2** 3430 Abingdon Street, Arlington — \$3,375,000



**3** 3412 Vermont Street, Arlington — \$1,915,000



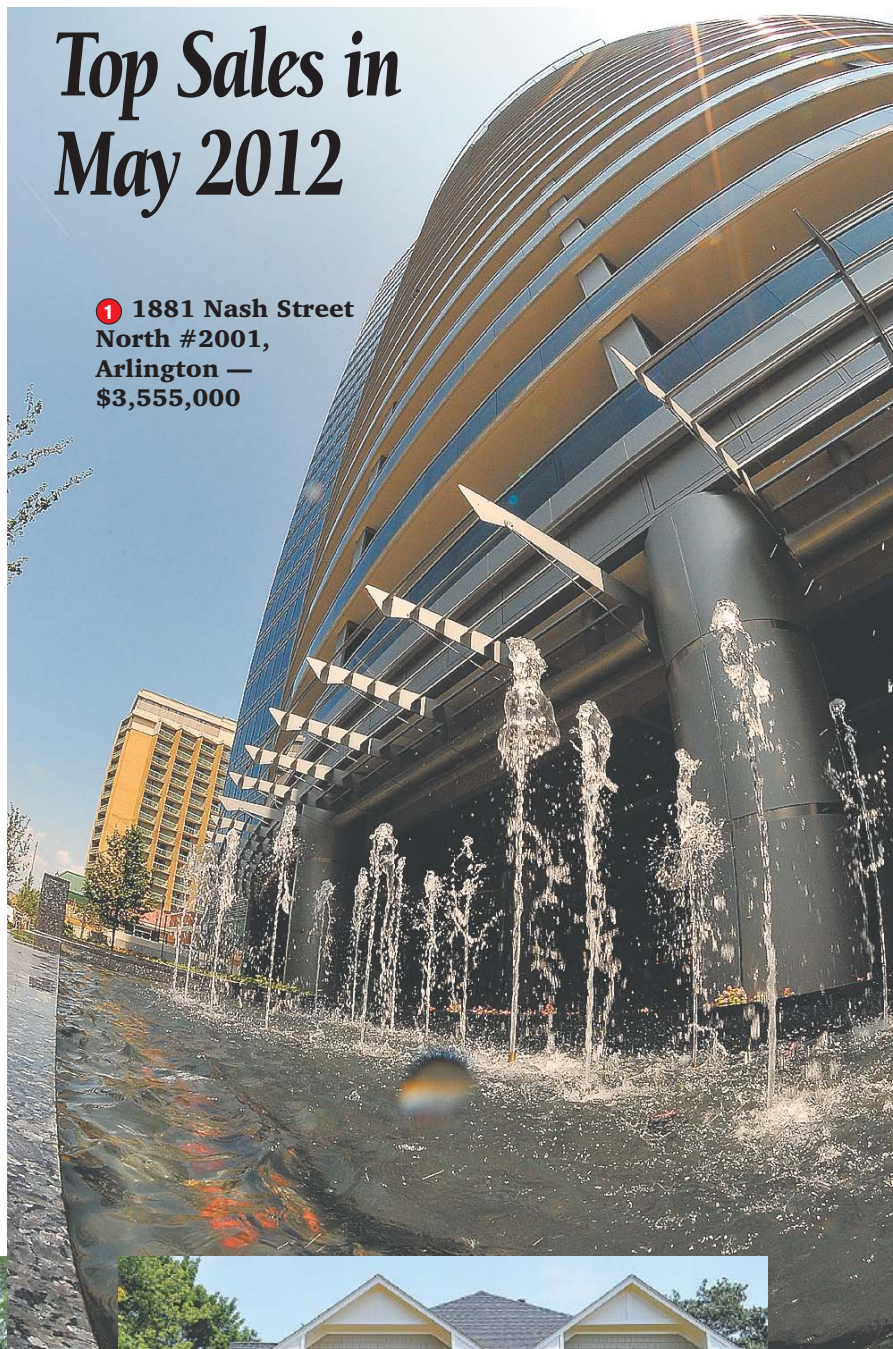
**11** 4839 Little Falls Road, Arlington — \$1,350,000



**13** 4116 Lorcom Lane, Arlington — \$1,325,000



**9** 2527 Jefferson Street North, Arlington — \$1,407,400

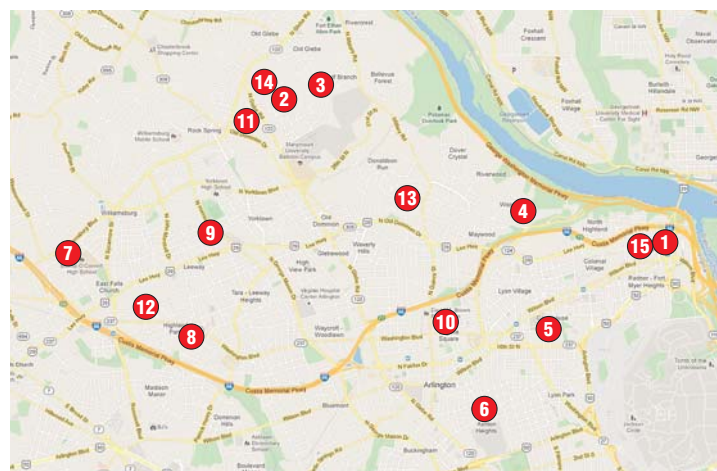


## Top Sales in May 2012

**1** 1881 Nash Street North #2001, Arlington — \$3,555,000

Address .....	BR	FB	HB	..	Postal	City	...	Sold Price	....	Type	....	Lot AC	..	PostalCode	.....	Subdivision	.....	Date Sold	
<b>1</b> 1881 NASH ST N #2001	3	..	4	..	1	...	ARLINGTON	...	\$3,555,000	....	Hi-Rise 9+ Floors	.....	22209	.....	TURNBERRY TOWER	.....	05/31/12		
<b>2</b> 3430 ABINGDON ST	7	..	7	..	4	...	ARLINGTON	...	\$3,375,000	....	Detached	..	0.49	.....	22207	.....	COUNTRY CLUB HILLS	.....	05/22/12
<b>3</b> 3412 VERMONT ST	6	..	6	..	1	...	ARLINGTON	...	\$1,915,000	....	Detached	..	0.26	.....	22207	.....	BROYHILL FOREST/HILLS	.....	05/29/12
<b>4</b> 2612 24TH ST N	5	..	5	..	1	...	ARLINGTON	...	\$1,775,000	....	Detached	..	0.30	.....	22207	.....	WOODMONT	.....	05/07/12
<b>5</b> 2605 11TH ST N	5	..	5	..	1	...	ARLINGTON	...	\$1,615,000	....	Detached	..	0.14	.....	22201	.....	CLARENDON	.....	05/22/12
<b>6</b> 413 LINCOLN ST N	5	..	4	..	1	...	ARLINGTON	...	\$1,490,000	....	Detached	..	0.18	.....	22201	.....	ASHTON HEIGHTS	.....	05/14/12
<b>7</b> 2827 UNDERWOOD ST N	5	..	4	..	1	...	ARLINGTON	...	\$1,485,000	....	Detached	..	0.23	.....	22213	.....	BERKSHIRE OAKWOOD	.....	05/10/12
<b>8</b> 1522 NICHOLAS ST N	6	..	5	..	1	...	ARLINGTON	...	\$1,420,000	....	Detached	..	0.16	.....	22205	...	FOSTORIA,HIGHLAND PARK	.....	05/18/12
<b>9</b> 2527 JEFFERSON ST N	5	..	4	..	1	...	ARLINGTON	...	\$1,407,400	....	Detached	..	0.17	.....	22207	.....	COUNTRY CLUB	.....	05/10/12
<b>10</b> 1226 NELSON ST	5	..	4	..	1	...	ARLINGTON	...	\$1,385,000	....	Detached	..	0.14	.....	22201	.....	DOUGLAS EST	.....	05/31/12
<b>11</b> 4839 LITTLE FALLS RD	5	..	4	..	1	...	ARLINGTON	...	\$1,350,000	....	Detached	..	0.17	.....	22207	.....	COUNTRY CLUB MANORS	.....	05/21/12
<b>12</b> 6251 22ND ST N	4	..	4	..	1	...	ARLINGTON	...	\$1,330,000	....	Detached	..	0.18	.....	22205	.....	OVER LEE KNOLLS	.....	05/02/12
<b>13</b> 4116 LORCOM LN	5	..	4	..	1	...	ARLINGTON	...	\$1,325,000	....	Detached	..	0.24	.....	22207	.....	LEE HEIGHTS	.....	05/18/12
<b>14</b> 4611 36TH ST N	4	..	5	..	1	...	ARLINGTON	...	\$1,320,000	....	Detached	..	0.70	.....	22207	.....	COUNTRY CLUB HILLS	.....	05/14/12
<b>15</b> 1530 KEY BLVD #1324	3	..	3	..	0	...	ARLINGTON	...	\$1,300,000	....	Penthouse	.....	22209	.....	ATRIUM CONDO	.....	05/04/12		

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© Google Map data



## Remodeling

FROM PAGE 15

are going to stay in the home for more than 10 years, you should spend as much as you are able to create the home of your dreams," said Herriges. "However, if you are planning on moving in the near future, you should take care not to over-build for your neighborhood."

**AFTER A BUDGET** is established, experts say homeowners must tackle the task of interviewing and selecting a contractor. Contractors can be found through the National Association of Home Builders and the National Association of the Remodeling Industry. Homeowners should ask prospective contractors for references and proof of insurance. The National Association of the Remodeling Industry also suggests checking with the government Consumer Affairs Office and the Better Business Bureau for complaints on record for the contractor.

Once a decision is made about who will do the construction, it is time to seal the deal. "The contract is a critical step in any remodeling project. This is the one item that holds the job together and ensures that all parties involved agree to the same vision and scope for the project," said Herriges.

The contract should detail what the contractor will and will not do, and should include a list of materials for the project, including size, color, model, brand name and product, said Herriges. Homeowners are advised to make sure financial terms, including final price and payment schedule, are spelled out in the contract.

"The homeowner could and should ask questions about the process for the project's development. They should make sure they understand the sequence of things that are being done so that decisions needed are made when they are needed," said Potomac resident Susan Matus of Case Design/Remodeling, Inc. "Don't design while you are under construction. Spend the time in the beginning so that you are not making changes constantly during construction. A good remodeler will have helped you make the right decisions before the project starts."

Maintaining a good relationship with a contractor is paramount to bringing a project to fruition. "The key to a good homeowner-contractor relationship is open communication," said Herriges. "Start a dialogue over issues you have, no matter how small you think they are. Chances are the problem can be overcome."

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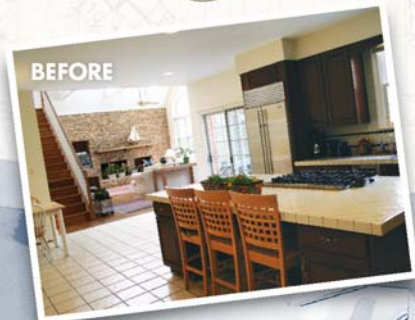
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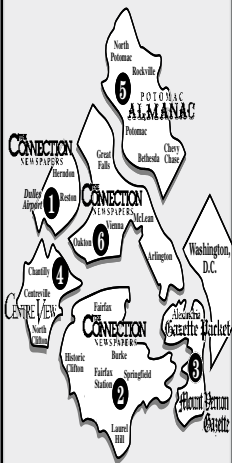
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### TRUSTEE'S SALE OF VALUABLE IMPROVED REAL ESTATE

Improved by the premises known as  
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In execution of a Deed of Trust from David J. Cho,  
also known of record as Jae Yong Cho, and Eun Jung Cho,  
dated July 13, 2007, and recorded July 18, 2007, in Deed Book  
19461 at page 918, and re-recorded September 21, 2007, in  
Deed Book 19577 at page 1053 among the Land Records of  
Fairfax County, Virginia, the undersigned substitute trustee will  
offer for sale at public auction at the front entrance of the Judi-  
cial Center for Fairfax County, at 4110 Chain Bridge Road,  
Fairfax, Virginia, on

**Tuesday, JULY 27, 2012 at 11:00 a.m.**

the following property being the property contained in said  
Deed of Trust, described as follows:

Lot 9, Resubdivision of Parcel 1A, FOS-  
TER SUBDIVISION, as the same appears duly dedicated, plat-  
ted and recorded in Deed Book 11178 at page 1032, among  
the Land Records of Fairfax County, Virginia.

Commonly known as 8894 Windy Ridge Way, McLean, Virgini-  
a 22102.

**TERMS OF SALE:** A deposit of  
\$100,000.00 or ten percent (10%) of the sale price, whichever  
amount is less, in the form of cash or its equivalent will be re-  
quired of the purchaser at the time and place of sale; the bal-  
ance of the purchase money being due and payable within fif-  
teen (15) days after sale, time expressly being of the essence,  
with interest at the rate of 7.125 percent per annum from date  
of sale to date of settlement. Provided, however, that if the  
holder of the secured promissory note is the successful bidder  
at the sale, no cash deposit shall be required, and part of or  
the entire indebtedness, including interest and costs, secured  
by the Deed of Trust, may be set off against the purchase  
price.

Any defaulting purchaser shall forfeit  
the deposit and stand the risk and cost of resale.

Sale shall be made subject to all exist-  
ing easements and restrictive covenants as the same may law-  
fully affect the real estate. Sale is further subject to mechanic's  
and/or materialman's liens of record and not of record. The  
property will be sold subject to all conditions, covenants, re-  
strictions, rights of redemption of federal lienholders or encum-  
brances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is  
unable to convey to the purchaser good title, then purchaser's  
sole and exclusive remedy shall be in the refund of the deposit  
paid at the time of sale.

The subject property and all improve-  
ments thereon will be sold in "as is" condition without warranty  
of any kind. Purchaser shall be responsible for any and all  
building and/or zoning code violations whether of record or not  
of record, as well as for all unpaid and enforceable homeowners'  
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ments, if any. Purchaser also shall be responsible for obtain-  
ing possession of the property at his/her expense. Purchaser  
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damage, vandalism, theft, destruction, or the like, of or to the  
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other costs of conveyance are to be at the expense of purchas-  
er. State and local taxes, public charges, and special or regu-  
lar assess-ments, if any, shall be adjusted to the date of sale  
and thereafter shall be assumed by the purchaser.

The undersigned trustee unconditio-  
nally reserves the right: (i) to waive the deposit requirement; (ii) to  
approve or disapprove the creditworthiness of any bidder  
and/or purchaser; (iii) to withdraw the property from sale at any  
time prior to termination of the bidding; (iv) to extend the time  
for bidding; (v) to reject any or all bids; (vi) to postpone or set  
over the date or time of sale; and (vii) to extend the period of  
time for settlement hereunder.

Additional terms and conditions of sale  
may be announced at the time of sale.

DAVID N. PRENSKY  
Substitute Trustee

FOR INFORMATION CONTACT:  
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## A Victim of My Own Circumstances



By KENNETH B. LOURIE

Outliving one's prognosis leads to all sorts  
of twists and turns and treatment conundrums:  
the longer one lives, the fewer the treatment  
options. Over the course of time and in con-  
sideration of the miscellaneous drugs which  
are infused (or ingested if you're lucky enough  
for oral chemotherapy), success in fending off  
the cancer (tumors remaining stable at a mini-  
mum; shrinkage would be better, but one can  
live with "stable," duh!) breeds a familiarity  
(biochemically) which is contemptible: even-  
tually, the drugs which have been effective  
stop being effective. Either the cancer cells  
become resistant to them, or your body  
becomes weakened and/or damaged by its  
prolonged infusion (too much of a good thing  
becomes a bad/harmful thing) by them. Not  
only is it important – as I've learned, to treat  
the underlying problem (in my case, stage IV  
lung cancer: "NSCLC"), preventing collateral  
damage to the patient is of equal considera-  
tion and significance (the patient needs to live,  
and have the operation be successful; to turn  
an old saying around). Ergo, treatment is an  
ongoing, ever-changing process of elimination  
based on the diagnostic results from lab work  
and scans; a delicate balance of stopping and  
starting drugs before they harm the patient  
more than they harm the cancer. And when  
you've survived for as long as I have, whatever  
protocols may have been relevant at the  
beginning of treatment are much less so now,  
40 months later.

In essence, if one is lucky enough (like me),  
to tolerate all the various treatment options,  
and live beyond your original prognosis  
(because of it?, in spite of it?), it is possible that  
one might run out of treatment options. It's  
sort of like out-kicking your punt coverage (to  
use a football analogy): the punter kicks the  
ball beyond the distance that his punt cover-  
age team is timed/expected to cover and as a  
result, the receiving team gets time and oppor-  
tunity for a successful return. The whole proc-  
ess is based on averages. When you're not  
average, the system can break down. As my  
treatment has continued, it has become  
apparent that I'm not average. The longer I  
live, the fewer documented cases and/or clini-  
cal studies exist to support a protocol for my  
treatment. Common sense begins to play as  
much a role as efficacy. Oddly enough, for  
those who live beyond expectations, the  
choices are not nearly as clear as for the newly  
diagnosed.

Since I've been there and done that:  
received drugs when they were hoped/thought  
to be most effective, I've sort of become a suc-  
cessful victim – of my own longevity. The  
longer the drugs/chemotherapy/targeted treat-  
ment work, the shorter the time that they will  
continue to work and/or your body will toler-  
ate having them work. Given the toxicity of  
the drugs, generally speaking, it's just a matter  
of time. You're sort of damned if you do, and  
probably really damned if you don't (although  
there are many nontraditional pursuits which  
don't involve chemotherapy). However, as a  
long-surviving cancer patient, I am happy for  
any conundrum which presents itself.

The way I figure it, the longer I am alive to  
deal with any of it, the greater the chance at  
overcoming it. My goal is to try and stay in the  
game for as long as possible; as my oncologist  
says: "Have another swing at it." The only  
problem is, this isn't a game; this is life – and  
death, and it doesn't get any more real – and  
serious than that. Forty months post-diagnosis  
and still being treated. I don't see any reason  
to stop now. Unless of course, I run out of  
choices.

*Kenny Lourie is an Advertising Representative for  
The Potomac Almanac & The Connection Newspapers.*



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**\$500 MILITARY REBATE INCENTIVE  
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\*INCLUDES TAX, TAGS, FREIGHT, \$399 PROCESSING FEE, ACQUISITION FEE AND \$0 SECURITY DEPOSIT. 36-MONTH LEASE W/12K MILES PER YEAR. EXAMPLE CAMRY L. <sup>2</sup>BASED ON KELLEY BLUE BOOK FAIR TRADE VALUE MINUS EXCESS MILEAGE AND RECONDITIONING. <sup>3</sup>0% APR FOR A LIMITED TIME ON SELECT NEW TOYOTAS WITH APPROVED TIER1+ CREDIT THROUGH TFS. EXCLUDES \$399 DEALER DOC FEE. <sup>4</sup>WHICHEVER COMES FIRST FROM DATE OF TCUV PURCHASE. <sup>5</sup>FROM DATE OF TCUV PURCHASE. <sup>6</sup>WITH APPROVED CREDIT ON SELECT MODELS THRU TFS. SEE DEALER FOR COMPLETE FINANCING DETAILS. <sup>7</sup>WITH PURCHASE OF A NEW VEHICLE. COVERS NORMAL FACTORY SCHEDULED SERVICE. PLAN IS FOR 2 YEARS OR 25K MILES, WHICHEVER COMES FIRST. THE NEW TOYOTA VEHICLE CANNOT BE PART OF A RENTAL OR COMMERCIAL FLEET, OR A DELIVERY OR TAXI VEHICLE. SEE PARTICIPATING TOYOTA DEALER FOR DETAILS. VALID ONLY IN THE CONTINENTAL UNITED STATES AND ALASKA. <sup>8</sup>TOYOTA FINANCIAL SERVICES COLLEGE GRADUATE PROGRAM IS AVAILABLE ON APPROVED CREDIT THROUGH A PARTICIPATING TOYOTA DEALER AND TOYOTA FINANCIAL SERVICES. NOT ALL APPLICANTS WILL QUALIFY. REBATE OFFERED BY TOYOTA MOTOR SALES, U.S.A., INC. REBATE WILL BE APPLIED ON LEASE CONTRACTS, FIRST TOWARD THE AMOUNTS DUE AT LEASE SIGNING OR DELIVERY, WITH ANY REMAINDER TO THE CAPITALIZED COST REDUCTION OR TOWARD THE DOWN PAYMENT ON FINANCE CONTRACTS. ONE REBATE PER LEASE OR FINANCE TRANSACTION. <sup>9</sup>REBATE OFFERED BY TOYOTA MOTOR SALES, U.S.A., INC. REBATE WILL BE APPLIED ON LEASE CONTRACTS, FIRST TOWARD DUE AT SIGNING OR DELIVERY, WITH ANY REMAINDER TO THE CAPITALIZED COST REDUCTION, OR TOWARD THE DOWN PAYMENT ON FINANCE CONTRACTS. ONE REBATE PER FINANCE OR LEASE TRANSACTION. NOT COMPATIBLE WITH THE TOYOTA COLLEGE GRADUATE REBATE PROGRAM. SEE DEALER FOR COMPLETE DETAILS. <sup>10</sup>BONUS CASH FROM TOYOTA MOTOR SALES USA, INC ON QUALIFIED TFS LEASE CONTRACTS ONLY. MUST BE APPLIED TO THE TRANSACTION. NO CASH PAYMENT WILL BE MADE TO CONSUMER. <sup>11</sup>ELIGIBLE CUSTOMERS MUST BE IN CURRENT ACTIVE DUTY STATUS IN THE U.S. MILITARY. VERIFIABLE PROOF OF MILITARY STATUS OR PROOF OF ACTIVE SERVICE IS REQUIRED AT TIME OF PURCHASE. CANNOT BE COMBINED WITH OTHER REBATES. ALL OFFERS EXPIRE 7/31/12.

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