

Trust Presents Story of Lake Anne

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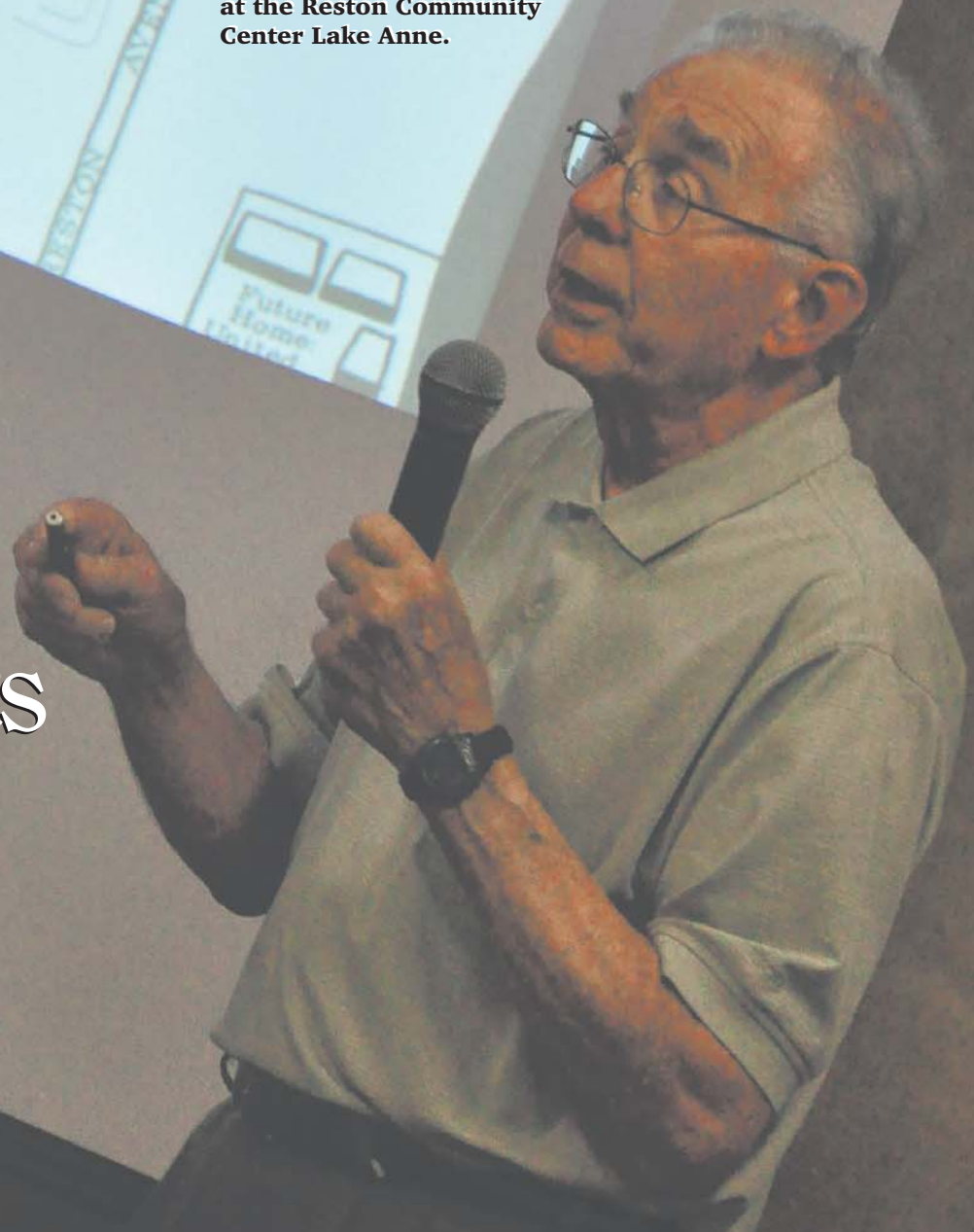
Fran Steinbauer, an engineer and eventual president of the Reston Land Corporation, speaks about the early designs of Reston at the Reston Community Center Lake Anne.

Silver Line Gets 'Green Light'

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Pushed to the Limit

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Trust Presents Story of Lake Anne

Early Reston workers share experiences of town's opening.

BY ALEX McVEIGH
THE CONNECTION

When Robert Simon sold Carnegie Hall in 1960 and bought the land that was to become Reston in March 1961, it was the first of many steps in the founding of the community that bears his initials. Over the next two years, Simon set about the massive task of laying out the guidelines of what he wanted Reston to be, and getting approval from Fairfax County.

Once that approval came in July 1962, Simon had his work cut out for him. He envisioned a lakeside plaza (in a place where there wasn't a lake) based off the plazas he had seen during his travels in Europe.

But his community wasn't to be defined by just architecture.

"Before Lake Anne was a lake, it was a beautiful stream valley with major tree coverage."

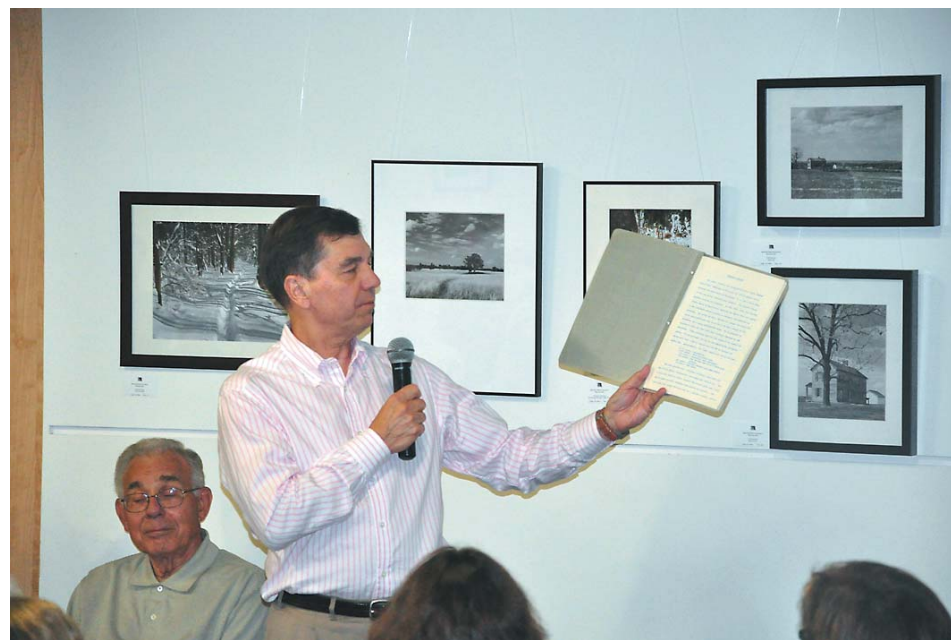
— Glenn Saunders

"The challenge was to convince people they were buying into a community with amenities, not just a place to live," said Loren Bruce of the Reston Historic Trust, who presented the story of the construction and opening of Lake Anne and the surrounding areas. "It was an unbelievably complex task, and they were kind of making it up on the fly. No one had ever done it before on this scale. Selling the concept, raising the money, keeping the project going and building a team. That's what Bob was doing, among many other things."

Glenn Saunders, who was hired in November 1961 to be vice president in charge of planning, engineering and construction, remembers the huge task that was in front of them.

"We had lots to do, as the saying goes, nothing was 'shovel ready,'" he said. "We had to go ahead, but still had lots of engineering to do."

ONE OF THE FIRST THINGS they did when building Lake Anne was hire a forester. Instead of doing his usual job, which was to examine large land parcels and check out the



Chuck Veatch, who worked with Robert Simon during the original construction of Lake Anne and Reston, shows his sales manual that he received upon being hired by Simon in 1964.

trees, Simon and company had a different plan for him.

"We wanted him to go to the areas where there would be construction underway, identify the trees, see which ones should come out and see which ones were good specimens that should stay," Saunders said. "Before Lake Anne was a lake, it was a beautiful stream valley with major tree coverage. As we walked through there we realized that everything within the contour of the lake's water level would have to be removed. There were hundreds and hundreds of beautiful dogwood, myrtle and holly trees and we thought it would be a shame to tear them all out. So we decided to start our own plant nursery, and we had one right behind Brown's Chapel."

The transplanted trees were soon replanted at the nursery, and were eventually re-planted as needed as the project developed. The company also purchased dozens of old whiskey barrels from the Bowman Distillery, cut them in two and turned them upside down to use as planters for a few dogwood trees at a time.

At the dedication of Lake Anne Center, the trees in their whiskey barrel planters were presented to each of the dignitaries in attendance.

Chuck Veatch remembered getting a job in Reston a few months after graduating from college, picking up his sales manual and getting to work quickly selling the 227 residences available. There were 90 in Waterview Cluster, 90 in Hickory Cluster and 47 along Washington Plaza, priced from \$23,000 to \$46,000.

He recalled the press opening on Oct. 12, 1964, the hype that led up to it and an unexpected development during the opening.

"Reston was a huge deal, it was literally known all around the world before it even

opened," Veatch said. "It was covered by all the New York and Washington papers, every magazine done some sort of spread on it. Everyone came out and was really impressed, but it turned out to be the day that [Soviet leader Nikita] Khrushchev was deposed. So all of a sudden all the newspaper people were trying to find phones and there weren't too many places that were open."

THE PRESS OPENING was on a Wednesday, and the public opening was scheduled for that Saturday.

"This was going to be when we were really going to show off. The models were going to be ready. Prior to the press opening, we worked tirelessly for three nights in a row, up to one, two o'clock in the morning getting everything ready," Veatch said. "So we thought we were all set, and Thursday morning after the press opening we turned on the water. And somebody hadn't put reducer valves going into the models, so all the hot water tanks blew and flooded the models."

Veatch said they spent another full two nights and days repairing damage.

"By the time the sun came up Saturday, we were ready, and over those two days we had about 10,000 people come through," he said. "But we didn't sell a single house that weekend, not one. In fact, the story is that the only deposit we took was from a Pekingese in the master bedroom of one of the models."

He said they weren't disheartened by the lack of first weekend sales, they had sold a few prior to the opening, and that the opening was so chaotic that there was no time to sit down and go over figures with people.

"But Reston was on the map, and people for better or for worse knew what we were about, and we were underway as a sales organization," he said.

Robert E. Simon Chairs the 2013 Best Of Reston Awards

Reston Interfaith and the Greater Reston Chamber of Commerce have announced Robert E. Simon as the Chair of the 22nd Annual Best of Reston Awards for Community Service on April 11, 2013. Reston's founder, Bob Simon inspired the principles – "Live, work, play and serve," that celebrate the community's values and this unique charity partnership.

"The Best of Reston awards honor businesses, organizations and individuals that have put forth community service efforts that reflect Bob's original vision for our community. His leadership in our 2013 efforts is an exciting gift to the community," said Mark Ingrao, Chamber President.

The Awards and Gala are produced in a one-of-a kind partnership between Reston Interfaith and the Greater Reston Chamber of Commerce. Community members can submit nominations for the awards between August and November 2012; information on awards categories and event sponsorship will be available on the sponsoring organizations' websites in July.

Winners will be honored at the 22nd Annual Best of Reston Gala on Thursday, April 11, 2013, at the Hyatt Regency Reston. Proceeds from Best of Reston support the work of Reston Interfaith to provide affordable housing and connect individuals and families to jobs and other support.

For more information on Best of Reston sponsorships, contact Cathy Hoskinson, Senior Development Director at 571-323-9566 or email at catherine.hoskinson@restoninterfaith.org.



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Be sure to include your name, address and phone number, and identify all people and pets in photos. Submission deadline is July 20.

Silver Line Gets 'Green Light'

Loudoun County Board by a 5-4 vote 'opts in' on extension of rail into their county.

BY NICHOLAS M. HORROCK
THE CONNECTION

Considering it is a hard fought presidential election year and a time of enormous financial anxiety, the Loudoun County Board of Supervisors took a vote of amazing courage or astounding foolhardiness and backed the extension of the Silver Line Rail into their county.

By a 5 to 4 vote, the nine member county Board of Supervisors agreed to fund a 4.8 percent share of the \$5.6 billion Metrorail lines capital cost or some \$270 million dollars, build two rail stations in the county and pay \$18 million a year toward the potential cost of Metrorail extending its service.

Loudoun's "opting in" increased the likelihood the 23 mile rail line from West Falls Church to Washington Dulles International Airport will become reality 50-years after the airport opened to flights in 1962. The airport has served 500 million passengers since it opened and has become a major economic growth center for Northern Virginia.

It also had practical importance for Fairfax County, according to Loudoun Board President Scot York (R-at large.) If there were no Loudoun stations, he foresaw a flow of commuters to the subway stations in Fairfax County sufficient to cause them to be redesigned since Dulles Airport officials said they could not accommodate commuter parking.

Ralph M. Buona, (R-Ashburn) told his colleagues last Tuesday (July 3) that a vote for the Silver Line was a "vote for the future ...you can vote for your kids, your grand kids and your great grand kids."

THE BACKERS OF SILVER LINE said its construction would position the county for enormous economic growth over the next thirty years estimating the county's gross product as \$80.7 billion by 2020 and \$132.8 billion by 2040. Utilizing a study by George Mason University's Stephen Fuller, the backers claim it will result in creating thousands of jobs within the county and not solely relying on Loudoun residents finding work elsewhere.

The opponents on the Board, like Vice Chairman Marcia Clark (R-Blue Ridge), argued that the expenditure estimates are way below what will unfold for the county and that the gains in economic growth over what would have been produced by an efficient bus system are illusory.

Eugene A. Delgaudio, (R-Sterling) called the project a "boondoggle," a system that was never needed and would not relieve the critical traffic problems of the county. Throughout the debate, Delgaudio included in his remarks severe criticism of President Obama and pressed a conservative view of the project.

Though all members of the Board are Republicans elected to reign in county spending, the Silver Line issue became caught up in a broader national debate on the use of public funds. The Americans for Prosperity paid for thousands of robo-calls against the project. The group has been supported by the Koch brothers, wealthy Kansas oil men committed to defeating President Obama. The Washington Post



The Wiehle Avenue Station in the median of the Dulles International Airport Highway just west of Wiehle Avenue is the most advanced.

PHOTO BY CHUCK SAMUELSON / DULLES RAIL PROJECT

reported that Audrey Jackson, president of the group warned the supporters of the Silver Line how the group will watch how it is paid for.

Two elements contributed to the rail project's victory. On June 29, the board created a tax district to pay for the \$270 million which has only a handful of residential tax payers in it. The burden of the cost will be born by the businesses located in this tax district and the later residents attracted there. In effect those who will profit from the rail line will pay the tax burden. This tax method is the same device used in Alexandria to fund costs of a proposed Metro stop in the Potomac Yard area. It must be confirmed by a public hearing in Loudoun later in the year.

The second element was the shift by Ken Reid (R-Leesburg) from a position of active opposition to the Silver Line to its support. His move is as mysterious as Supreme Court Justice John Roberts's decision to back elements of the Obama health care plan.

Clark (R-Blue Ridge) wrote a letter to her constituents on June 7, setting out her concerns. She said although the line's extension was considered for years, the "prior boards merely endorsed the concept of rail to Loudoun, they did nothing to establish a means for paying for it."

She said the original concept was that the rail line would be paid for by federal dollars and state funds, but now there are no federal dollars and Virginia's one time contribution of \$150 million will only be enough to "buy down the Dulles Toll Road/267 tolls for two years," she said.

Some 54 percent of the funding must come from Dulles Toll Road revenue. The tolls, which will grow astronomically as the costs of the rail grow, are considered a tax on the people of Loudoun. There is a lawsuit in federal court that may threaten the tolls as a funding source for the Metro. The class action suit challenged MWAA's authority to level taxes under Virginia law and may be decided later this year.

Clark writes the Silver Line Metro won't be running until 2017 so the county will have to build the stations before the revenue from station parking begins.

Fuller, the director of the George Mason University's Center for Regional Analysis, prepared a report in March which warned, if Loudoun does not go along with the Silver Line, "the county's economy will grow more slowly, driven by gains in lower value added employment and imported income earned by residents commuting to jobs located out

SEE LOUDOUN, PAGE 13



Greg Ballinger oversees the weekend staff at the Embry Rucker Community Shelter in Reston, which provides emergency aid, hot meals and, during the weekend, a place to stay cool.



PHOTO BY VICTORIA ROSS / THE CONNECTION

Greg Ballinger oversees the weekend staff at the Embry Rucker Community Shelter in Reston, which provides emergency aid, hot meals and, during the weekend, a place to stay cool.

Pushed to the Limit

Food pantries seek help for county's most vulnerable residents.

BY VICTORIA ROSS
THE CONNECTION

At 2 p.m. on Saturday, July 7, it's already 103 degrees in Reston - the 10th straight day temperatures hover near or above 100 degrees after a derecho storm swept through the region on July 29, causing extensive power outages.

Walking slowly in the smothering heat, a young woman, pale and gaunt, enters the Embry Rucker Community Shelter on Bowman Town Center Drive. Staff member Wilber Shaw quickly fills a Styrofoam cup of cold water, and hands it to her, something he has been doing all day, along with answering the phones from those needing help.

"It's a 'code red' day," Shaw said, referring to the National Weather Service's heat index, "so we're open to anyone, not just our regular clients. In here, they can get out of the sun and

stay cool and hydrated."

Although the emergency center also lost power during the storm, they are operating on a "no-turn-away" policy during the heat wave and weather emergency, said Kerrie Wilson, CEO of Reston Interfaith, which operates the Embry Rucker shelter.

"I can't tell you how proud I am of our incredible staff for how they responded and have reached out to ensure things are as best as they can be," Wilson said. "Staff were at the shelter during the storm and since, and other program staff were out checking on townhome and transitional housing clients the day after the storm."

THE UNRELENTING HEAT WAVE, coupled with power outages and spotty air-conditioning, took a toll on everyone, regardless of income.

But it was Fairfax County's

SEE HELPING, PAGE 13

NEWS

Butterfly count volunteers visited Hunter's Woods Garden Plot as well as several other natural areas around Reston for Saturday's annual butterfly count.

PHOTOS COURTESY OF
KATIE SHAW



Annual Butterfly Count Breaks Record

28 species of butterflies recorded.

BY AMIEE FREEMAN
THE CONNECTION

Do you know the difference between a swallowtail and a monarch? How about a painted lady? Would you recognize these types of butterflies? Following Saturday's annual butterfly count, organized by Reston Association, the 16 volunteers who assisted with the count are now able to identify the numerous types of species of butterflies that reside in the Reston area.

With temperatures in the 90s and headed toward over 100 on Saturday morning, two groups of butterfly counters, led by the Nature House's Manager, Katie Shaw, and Reston Association's Environmental Resources Specialist, Claudia Thompson-Deahl, visited numerous natural, and some not so seemingly natural, areas in Reston. The groups visited garden plots, a meadow near the Fox Mill soccer field, Hunter's Woods Elementary's school yard, a small pond in the parking lot of RA headquarters and a garden on the grounds of the National Wildlife Federation's headquarters.

"Reston has more than 1,300 acres of open space. This butterfly count is a great opportunity to share our open space not just with Reston residents but with folks from around the region. This type of activity also builds a sense of conservation. It shows that people really can make a difference. For example, this year we saw many more monarchs than in previous years. I think this is largely due to people and schools planting milkweed, the sole food source for monarch caterpillars," said Shaw.

"If you don't take inventory, you will never know what is there," added Thompson-Deahl, referring to wildlife counts which RA, with assistance from volunteers, conducts throughout the year. This information is useful when areas are developed or re-developed or to make residents aware of the natural bounty that is so near their home.

"This type of activity encourages people to go out into natural areas, and it helps us gauge the health of our area," said Thompson-Deahl.

Teri Paglinca of Fairfax participated in RA's January bird count, after which she said she was able to identify more species of birds. "I am hopeful that



This American Lady butterfly is one of the 28 species of butterflies identified Saturday.

after today, I will know more species of butterflies than monarchs," said Paglinca.

SEVERAL VOLUNTEERS are Master Naturalists and participated with the count to maintain their certification. Helaine Krob, who lives in Reston and is a Master Naturalist, said she tries to do community work as close to home as possible. She participated in a previous blue bird monitoring activity. "It's fun," she said. "And we get to have lunch."

During lunch the group tallied their results. The group counted 380 butterflies of 28 species which ties a previous species record set in 1999 and breaks another record for total number butterflies counted, last set in 2005. It also marks the first time more than 300 butterflies were recorded in a single count.

RA has conducted a butterfly count every year since 1994 and has submitted its results to the North American Butterfly Association for the past three years.

The NABA Butterfly Count program has been held annually since 1975, when only 29 counts were held. In 2011, 452 counts were held in the U.S., Canada, and Mexico. Volunteers from across North America select a count area 15 miles in diameter and conduct a one day census of butterflies observed within that circle.

THE BUTTERFLY COUNT must be held during at least a six-hour count period within a week before or after the Fourth of July. The count program is intended to promote interest in butterflies and provide results useful for scientific monitoring of this beautiful and fascinating group of insects.



PHOTO BY JOHN LOVAAS

Principal Designee Kim Brophy Retzer with proud Mom, Sharon Brophy.

Graduate to Lead Reston's South Lakes High

BY JOHN LOVAAS
RESTON IMPACT
PRODUCER/HOST

**INDEPENDENT
PROGRESSIVE**



Three weeks ago a friend at South

Lakes tipped me there was going to be a ceremony the next morning to announce and introduce the school's new principal. My friend would not tell me who the new principal was. It was a big secret!

It turned out to be a wonderful surprise for me and many others. A crowd of perhaps fifty teachers and staff gathered in a South Lakes cafeteria filled with an air of excitement. Assistant Superintendent for the South Lakes region, Fabio Zuluaga, played the role of the excited emcee to make the introduction. He spent a few minutes describing the exhaustive process of selecting the new principal. Then, he proudly gestured to the double entry doors so that outgoing Principal Bruce Butler and incoming Principal-to-be Kim Brophy Retzer could make their entrance together. The response of the small audience was enthusiastic prolonged clapping and cheering for both of them.

The waiting was over. South Lakes was rewarded by the return of one of their very own. Kim Brophy graduated from South Lakes in 1989. Subsequently, Kim taught at South Lakes, then worked as an Assistant to Bruce Butler before

going to Westfields High also as Assistant Principal. Now, established as a rising talent in the Fairfax County

Public Schools, Kim Brophy Retzer was returning to her school and her community.

Kim is pure Reston. She attended Dogwood Elementary and Langston Hughes Middle School before going on to South Lakes. Not only did she graduate from South Lakes with a superb academic record, but she was also the recipient of the Faculty Award (voted by the faculty for outstanding leadership and citizenship) and was elected President of the Senior Class by classmates.

Kim is the eldest of three children of an amazing Reston family. Her dad, Arthur Brophy, is a retired CIA Officer. Her mother, Sharon Brophy, is an ardent South Lakes Seahawk who has been part of the school administration for 27 years. Kim's younger sister, Kathleen, graduated from South Lakes in 1993, and brother Brian graduated from there, in 1998. Both Kathleen and Brian also were Presidents of their respective senior classes and recipients of the Faculty Award. Indeed a remarkable Reston family!

Welcome back home, Mrs. Retzer. We wish you all the best in your new role as the Principal of South Lakes High School.

COMMENTARY

Uranium Mining in Virginia

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

Virginia has one of the largest deposits of uranium of anyplace in the country in Pittsylvania County in the southern part of the state. The location of Coles Hill Farm where the deposit is centered is in the Roanoke River watershed. There are smaller deposits of uranium in other parts of the state including the Piedmont region.

Because of the risks to public health, Virginia enacted a ban on uranium mining in the state in 1982 that is still in place today. With increased prices for the sale of uranium there has been renewed interest in mining the uranium that is in Virginia. In 2007, Virginia Uranium, Inc. announced plans to seek to lift the ban in Virginia in order that uranium could be mined in the state. A study was undertaken by the National Academy of Sciences to determine the safety of lifting the ban.

There is no precedent for large-scale uranium mining in the eastern part of the United States where population density and a wet climate increase the chance of radiation contaminating streams and groundwater and exposure to humans, as the Southern Environmental Law Center pointed out. They go on to state that in the last century Virginia has been hit by at least 78 category-strength hurricanes, and in 2011 there were 37 tornadoes in the state including one within 20 miles of the proposed mining site. The earthquake in Virginia in August, 2011, of 5.18 whose effects were felt all the way to New York had



its epicenter just 125 miles from the proposed site.

In addition to the National Academy study, the City of Virginia Beach which gets its drinking water from Lake Gaston downstream of the Coles Hill site funded a study finding that a catastrophic failure of a uranium waste containment structure at the site could contaminate the city's drinking water for as

long as two years.

Although legislation to lift the ban has been talked about, the serious concerns about the health risks and the strong community opposition have kept any bills from being debated. Despite the fact that the legislature has not acted, Governor Bob McDonnell appointed a task force to write regulations that would need to be met if the ban was lifted. That group is now at work and has been strongly criticized for the lack of transparency in its work. There is a great likelihood that the regulations that are developed will be used as a justification for lifting the ban. There are well-funded industry lobbyists at work actively looking for ways to get around the ban. Environmental groups are also actively working to keep the ban in place.

The threat to human health outweighs any arguments for lifting the ban. I remain opposed to lifting the ban and will be sensitive to any efforts to circumvent the ban through the regulatory process.

Reston Rotary Awards Annual Scholarship

The Rotary Club of Reston awarded a scholarship to Julie Linovitz in the amount of \$3,000 at a regular meeting of the club at the Hidden Creek Country Club on May 30. The annual scholarship is granted to a senior who has successfully completed classes at South Lakes High School in Career and Technical Education. Julie will be attending the Culinary Institute of America in Hyde Park, N.Y. Her ultimate goal is to become a pastry chef at a major hotel.

In addition, the following seniors were recognized for their achievements at South Lakes High School: Michael Cronk, Kayla Funaki, Maysara Al Jumaily, Yuki Karki, Emily Lopynski, Franck Simo, and Betina Van Meter.



Pictured (left to right) are club President Nancy O'Reilly, Scholarship Recipient Julie Linovitz, and New Generations Chair Joyce Johnson.

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OPINION

Every Vote in Virginia Will Count

Top presidential donor zip codes in this area show Virginia is purple; Romney or Obama to be decided on Election Day.

If you wonder if presidential politics really matters in this area, consider that Northern Virginia and suburban Maryland hold some of the top zip codes for contributions to the two major party candidates.

Donors who live in McLean 22101 gave \$422,770 to Romney this presidential cycle, and \$232,876 to Obama. In McLean 22102, donors gave Romney \$255,444, and Obama \$193,321. In Arlington, 22207, donors gave \$193,543 to Obama and \$178,196 to Romney. In Alexandria 22314, donors gave \$172,425 to Romney and \$142,467 to Obama.

While Maryland consistently votes for Democrats in presidential races, donors who live in Potomac, Md. 20854 gave Romney \$340,885, and Obama \$291,402.

In order to vote in the presidential election on Tuesday, Nov. 6, residents must be registered to vote at their current address by Monday, Oct. 15.

Virtually everyone in Northern Virginia is eligible to vote absentee, and absentee voting

in person begins Sept. 21. Here is the qualification that applies: Any person who, in the regular and orderly course of his business, profession, or occupation, will be at his place of work and commuting to and from his

home to his place of work for 11 or more hours of the 13 hours that the polls are open.

Any commute in Northern Virginia could potentially take four hours or more in a crisis situation. This is definitely a case where voting early is an excellent idea. Don't take the risk that the next derecho storm or earthquake will keep you from the polls on Nov. 6.

This area has very high rates of voter registration. Consider that Fairfax County, with a population of just more than 1.1 million people, has 711,817 registered voters. And 24 percent of Fairfax County's population is un-

Some Top Local Zips, Presidential Donors

McLean 22101 ♦ Romney \$422,770 ♦ Obama \$232,876	McLean 22102 ♦ Romney \$255,444 ♦ Obama \$193,321	Great Falls 22066 ♦ Romney \$166,457 ♦ Obama \$91,290
Bethesda 20817 ♦ Obama \$359,656 ♦ Romney \$249,399	Arlington 22207 ♦ Obama \$193,543 ♦ Romney \$178,196	Arlington 22202 ♦ Obama \$79,568 ♦ Romney \$39,740
Potomac 20854 ♦ Romney \$340,885 ♦ Obama \$291,402	Alexandria 22314 ♦ Romney \$172,425 ♦ Obama \$142,467	Alexandria 22301 ♦ Obama \$52,347 ♦ Romney \$42,095

Source: OpenSecrets.com and VPAP.org

der 18, so not eligible to vote.

Arlington has a population of 216,000 and 157,236 registered voters. Sixteen percent are under 18.

The City of Alexandria has a population of 144,000 with 101,887 registered voters; 17 percent are under 18.

We're lucky in Virginia to have the Virginia Public Access Project, vpap.org. On the VPAP website, maps of Virginia's zip codes showing shades of red and blue give a quick visual sense of how purple the Commonwealth really is. Take a look.

Compromise on E-ZPass Transponders

While the Virginia Department of Transportation initially proposed that all E-ZPass customers would pay \$1 a month for each transponder they have, on July 9 VDOT announced that if one had a transponder before July 9, 2012, no fee will need to be paid until one has to replace the transponder.

New E-ZPass customers will pay a 50-cent

monthly fee for a standard transponder and \$1 monthly fee for a "Flex" transponder. The Flex transponder allows drivers to switch to a high-occupancy position if they have three or more people in the vehicle so that they can drive in the new Beltway toll lanes for free. Drivers with fewer than three passengers will pay a toll to drive in the express lanes that will vary depending on how much traffic there is.

This is certainly better than charging all E-ZPass users \$1 per month per transponder. We still wonder why the cost of transponders is not recovered in the tolls paid rather than as a separate fee whether or not drivers are regularly driving on toll roads.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

LETTERS TO THE EDITOR

Obtaining Solar Panels

To the Editor:

In light of the recent storm and power outages, I began to think more about solar power. If our home had solar panels and battery storage, we may not have been able to operate the air conditioning, but we could have run fans, had lights on, charged phones, and maybe cycled the refrigerator on a few times. I also wondered why Dominion does not incentivize businesses and residences to obtain solar power systems. It would help with energy demand and would take the pressure off of Dominion to restore power after outages. In all of the literature Dominion sends to us, never have I seen offers, incentives, or even ideas about obtaining solar power systems. Food for thought.

John Dukovich
McLean

Questioning a 'War on Women?'

To the Editor:

Recent criticisms of Barbara Comstock's position on so-called "women's issues," and the concomitant accusations of a Republican "war on women" have left me frustrated. Our Constitution does not, and should not, guarantee access to free abortion and contraception. While some may believe that these represent important women's health issues, others put a much higher priority on treating actual illnesses that afflict many women, such as cancer and heart disease. A great deal of research suggests that both abortion and contraception may increase a woman's likelihood of suffering from these prevalent life-threatening health problems. Whatever your position, it is extraordinarily unfair and deceptive to characterize those who prioritize health

care issues differently as conducting a "war on women" or even as being insensitive to women's health issues. As a woman myself, I rather prefer to see any government funds or any mandated funds from employers go to help those who need to fight life threatening illness. Moreover, I cherish the freedoms granted to me by our Constitution and Bill of Rights, which will diminish if the HHS mandate stands.

Believe it or not, there are many

women who feel that no employer should be forced to provide abortion, abortifacient drugs, or artificial contraception. Many women note that there is no evidence that any of these things have improved women's health. On the other hand, much proof exists that they have led to far more problems than they were supposed to solve.

Laura Burke
Great Falls

Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

Letters to the Editor
The Connection
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Call: 703-917-6444.

By e-mail: reston@connectionnewspapers.com

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NEWS

Horse Attacked for Second Time

Lucinda, victim of earlier slashing, assaulted again over weekend.

BY ALEX MCVEIGH
THE CONNECTION



PHOTO CONTRIBUTED

Lucinda, a horse housed adjacent to Frying Pan Farm Park, was assaulted for the second time in the past three months sometime between the evening of Saturday, July 7 and the morning of Sunday, July 8.

Lucinda suffered wounds that police described as "non-life threatening" in the attacks. Previously, she was one of three horses attacked on the evening of April 26.

The suspect in the first attack, a 17-year-old male, is also accused of attacking two goats, a calf and a chicken sometime between the night of May 26 and the morning of May 27. The teen was arrested Saturday, June 23 and is currently in custody at the county's Juvenile Detention Center, and is charged with four felony counts of maiming animals, three misdemeanor counts of cruelty to animals and two counts of unlawful entry.

Lucinda, a horse housed adjacent to Frying Pan Farm Park, was attacked for the second time in three months over the weekend. The first attack was part of the animal slashings that resulted in the arrest of a 17-year-old male. Police are currently investigating the possibility of a connection.

Police said they are investigating the possibility that last weekend's attacks are from someone that knows the 17-year-old in custody.

Anyone with additional information to provide or recalls seeing anything or anyone suspicious is asked to contact Crime Solvers by phone at 1-866-411-TIPS/8477, e-mail at www.fairfaxcrimesolvers.org or text "TIP187" plus the message to CRIMES/274637 or call Fairfax County Police at 703-691-2131.

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Home Life Style



PHOTOS COURTESY OF CASE DESIGN/REMODELING, INC

David Vogt of Case Design Remodeling, Inc. created an open kitchen and dining area in this Falls Church home. Local contractors say developing a list of everything that one might want in a dream home is a good starting point when remodeling.

Home Remodeling 101

PHOTO COURTESY OF SUN DESIGN/HADLEY PHOTOGRAPHY

Experts offer suggestions for a timely and efficient renovation.

BY MARILYN CAMPBELL
THE CONNECTION

Whether expanding a home or just remodeling an existing interior space, building projects can be daunting, especially if the goal is to be finished by a certain date.

"If you wanted to get going on a project and your goal was to be done by Thanksgiving, the planning process and permit process is

probably as long as the building process, but you don't want to rush through those aspects of it and then wish you'd done something differently," said David Vogt of Case Design/Remodeling, Inc.

LOCAL CONTRACTORS say there are a few things that homeowners can do before the first nail is hammered to ensure a smooth and an efficient construction process. Creating a list of everything that one might want in a dream home is a good starting point.

"A client can benefit from doing their homework and being engaged in the selection process early on," said Vogt. "Maybe start by collecting photographs and magazine articles of things you like. That will help paint an overall picture of the feel that you want for the space."

Bob Gallagher, president of Sun Design Inc., in Burke, says a good source for ideas is the Houzz Interior Design website www.houzz.com as well as the iPad and iPhone applications. "It is phenomenal. There are many amazing photos on there."

The next important step in the process say experts is determining a budget. The National Association of the Remodeling Industry advises homeowners to decide how much they are going to spend before calling an architect or contractor. "The truth is not many people enjoy establishing a remodeling budget," said Dean

Herriges, National Association of the Remodeling Industry National President in a statement. "Many homeowners prefer to call a contractor and expect him or her to create the budget for them, which is not the best way to begin."

"I'd love for a client to have some numbers of how much they want to spend," said Jeff Pregman of Two Poor Teachers in Annandale. "I'd rather have a client that has a little bit of knowledge, a budget and a timeline so I can come in and give them everything they need."

The National Association of the Remodeling Industry recommends that homeowners decide how long they plan to live in their home before deciding how much to spend on remodeling costs. "If you are going to stay in the home for more

"A client can benefit from doing their homework and being engaged in the selection process early on."

— David Vogt
of Case Design Remodeling, Inc.

than 10 years, you should spend as much as you are able to create the home of your dreams," said Herriges. "However, if you are planning on moving in the near future, you should take care not to over-build for your neighborhood."

AFTER A BUDGET is established, experts say homeowners must tackle the task of interviewing and



Bob Gallagher, president of Sun Design in Northern Virginia remodeled the kitchen and dining area of this Fairfax Station home. Local contractors say coming up with a budget can help ensure a smooth and efficient construction process.

selecting a contractor. Contractors can be found through the National Association of Home Builders and the National Association of the Remodeling Industry. Homeowners should ask prospective contractors for references and proof of insurance. The National Association of the Remodeling Industry also suggests checking with the government Consumer Affairs Office and the Better Business Bureau for complaints on record for the contractor.

Once a decision is made about who will do the construction, it is time to seal the deal. "The contract is a critical step in any remodeling project. This is the one item that holds the job together and ensures

that all parties involved agree to the same vision and scope for the project," said Herriges. The contract should detail what the contractor will and will not do, and should include a list of materials for the project, including size, color, model, brand name and product, said Herriges. Homeowners are advised to make sure financial terms, including final price and payment schedule, are spelled out in the contract.

"The homeowner could and should ask questions about the process for the project's development. They should make sure they understand the sequence of things that are being done so that decisions needed are made when they are

needed," said Potomac resident Susan Matus of Case Design/Remodeling, Inc. "Don't design while you are under construction. Spend the time in the beginning so that you are not making changes constantly during construction. A good remodeler will have helped you make the right decisions before the project starts."

Maintaining a good relationship with a contractor is paramount to bringing a project to fruition. "The key to a good homeowner-contractor relationship is open communication," said Herriges. "Start a dialogue over issues you have, no matter how small you think they are. Chances are the problem can be overcome."

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OPEN HOUSES
SATURDAY/SUNDAY, JULY 14 & 15

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click on the "This Week in Real Estate" link. Call Specific Agents to Confirm Dates & Times

Ashburn
22018 Ayr Hill Ct. \$814,900... Sun 1-4 Bruce Young... Samson Props. 571-331-6363

Centreville
8243 Battalion St. \$334,900... Sun 1-4 Marguerite Roland RE/MAX. 703-577-4538

Chantilly
42344 Astors Beachwood Ct. \$899,900... Sun 1-4 Chris Pezzana Weichert. 703-447-1662

Clifton
12129 Beaver Creek Rd. \$950,000... Sun 1-4 Diane Lenahan Wolf Run. 703-283-7328
12404 Shari Hunt Grv. \$1,500,000... Sun 1-4 Carol Hermandorfer. Long & Foster. 703-503-1812
13201 Johnny Moore Ln. \$600,000... Sun 1-4 Scott MacDonald. RE/MAX. 703-727-6900
7700 Kincheol Rd. \$1,395,000... Sun 1-4 Carol Hermandorfer. Long & Foster. 703-503-1812

Fairfax
4038 Heatherstone Ct. \$494,900... Sun 1-4 Jonna Quadt. Long & Foster. 703-668-1816

Fairfax Station
8515 Heron Pond Ln. \$765,000... Sun 1-4 Tony Araj. Samson Props. 703-209-3535

Haymarket
15245 Briar Creek Dr. \$575,000... Sun 1-4 Dwight Morris. RE/MAX. 703-298-8421

Herndon
2467 Clover Field Cir. Call Agent. Sun 1-4 Ritto Desai. Samson Props. 703-625-4949

Herndon/Oak Hill
12206 Kyler Ln. \$1,050,000... Sun 1-4 Scott Koval. Samson Props. 703-625-3446

Kingstowne/Alexandria
6233 Cockspar Dr. \$500,000... Sun 1-4 Susan McKenney. RE/MAX. 703-283-6881

McLean
6302 Kellogg Dr. \$835,000... Sun 1-4 Dane Work. RE/MAX. 703-869-4567

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10862 Meadow Pond Ln. \$875,000... Sun 1-4 Casey Samson. Samson Props. 703-508-2535
2701 Pony Farm Ct. Call Agent. Sun 1-4 Casey Samson. Samson Props. 703-508-2535

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10911 Knights Bridge Ct. \$439,900... Sun 1-4 Holly Weatherwax Momentum. 571-643-4902
11775 Stratford House Pl#105. \$434,900 Sun 2-5 Nan Gilley. Keller Williams. 703-402-9576
11775 Stratford House Pl#402. \$499,000 Sun 2-5 Wade Gilley. Keller Williams. 703-402-9576

Springfield
8238 Taunton Pl. \$449,900... Sun 1-4 Carol Hermandorfer. Long & Foster. 703-503-1812
9015 Golden Sunset Ln. \$459,900... Sun 1-4 Etta Gabel. Long & Foster. 703-425-5163

Stone Ridge
24783 Prairie Grass Dr. \$599,900... Sun 1-4 Chris Pezzana Weichert. 703-447-1662

Vienna
2423 Holt St. \$565,000... Sun 1-4 Casey Samson. Samson Props. 703-508-2535
1440 Crowell Rd. \$969,000... Sun 1-4 Sheila Cooper. Weichert. 703-759-6300

To add your Realtor represented Open House to these weekly listings, please call Karen Pechacek-Washburn at 703-778-9422 or E-Mail the info to kwashburn@connectionnewspapers.com All listings due by Monday at 3 P.M.

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RESTON CONNECTION ♦ JULY 11-17, 2012 ♦ 9

Local REAL ESTATE

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

May 2012 Top Sales in Great Falls, McLean, Reston, Herndon, Oakton and Vienna



1 8111 Spring Hill Farm Drive,
McLean — \$3,694,416

4 7105 Capitol View Drive,
McLean — \$2,300,000



2 612 Innsbruck Avenue,
Great Falls — \$3,462,000



9 3104 Windsong Drive, Oakton — \$1,550,000

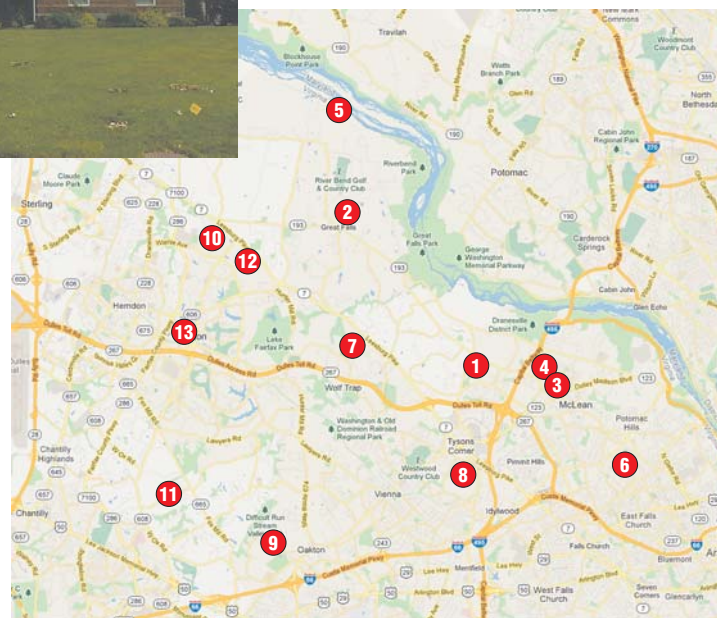


10 11661 Preference Way,
Herndon — \$1,160,000

Address	BR	FB	HB	Postal City ...	Sold Price	Type	Lot AC ..	PostalCode	Subdivision	Date Sold							
1 8111 SPRING HILL FARM DR ..	6	..	7	..	2 MC LEAN	\$3,694,416	Detached	0.98	22102	SPRING HILL FARM	05/01/12
2 612 INNSBRUCK AVE	6	..	6	..	2 GREAT FALLS	\$3,462,000	Detached	5.00	22066	INNSBRUCK	05/15/12
3 6912 ELM ST	5	..	6	..	3 MCLEAN	\$2,600,000	Detached	0.47	22101	INGLESIDE	05/25/12
4 7105 CAPITOL VIEW DR	6	..	5	..	2 MCLEAN	\$2,300,000	Detached	0.35	22101	OLD DOMINION GARDENS	05/17/12
5 9886 RIVER CHASE WAY	6	..	8	..	4 GREAT FALLS	\$2,275,000	Detached	3.69	22066	FALCON RIDGE	05/01/12
6 2004 RHODE ISLAND AVE	5	..	5	..	1 MCLEAN	\$2,180,000	Detached	0.57	22101	FRANKLIN PARK	05/31/12
7 9836 CORSINI CT	5	..	4	..	1 VIENNA	\$2,076,993	Detached	0.47	22182	MAYMONT	05/02/12
8 2029 GEORGE WASHINGTON RD6 ..	6	..	2	VIENNA	\$1,805,000	Detached	0.65	22182	MADRILLON FARMS	05/15/12
9 3104 WINDSONG DR	5	..	5	..	1 OAKTON	\$1,550,000	Detached	0.83	22124	WINDSONG WEST	05/29/12
10 11661 PREFERENCE WAY	4	..	4	..	1 HERNDON	\$1,160,000	Detached	0.83	20170	CARIS GLENNE	05/11/12
11 12116 BENNETT RD	5	..	5	..	2 HERNDON	\$1,075,000	Detached	1.00	20171	NAVY	05/11/12
12 11133 TOMMYE LN	4	..	4	..	1 RESTON	\$980,000	Detached	0.88	20194	PINEY RUN MEADOW	05/24/12
13 11990 MARKET ST #1715	3	..	2	..	1 RESTON	\$950,000	Hi-Rise 9+ Floors	20190	MIDTOWN@RESTON TOWN CTR	05/25/12	

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SPORTS

Otters Dominate at Swim Meet

The Oakton Otters dive team dominated the boards at their second home meet of the season on Tuesday, July 3 evening and had a convincing win over Tuckahoe (41.5 to 26.5). The Otters winning record is now 1-1. The Otters placed in nearly every category and swept the top three places in both Junior Girls (Mackenzie Brennan 1st, Kenna Campfield 2d, Kyla Straker tied 3d) and Intermediate Boys (James Crowley 1st, Gil Osofsky 2d, Grant Newberry 3d). The Otters also took first place in three other categories: Brad Burgeson (Junior Boys), AJ Colbert (Senior Girls), and Daniel Nugent (Senior Boys). Other Otter divers that placed were: Haley Liddell (3d Freshman Girls), Elana Colbert (2d Intermediate Girls), Julia Powell (3d Intermediate Girls), and Everi Osofsky (3d Senior Girls).

The Otters next meet will be on Tuesday, July 10 away at Wakefield.

Oakton vs. Tuckahoe (July 3) Top 3 places for each age

Freshman Girls:

1. Katherine Quatrini (T) 61.30
2. Sarah Raimon (T) 55.30
3. Haley Liddell (O) 50.20



Daniel Nugent, first place finisher for Senior Boys at the July 3 meet.

Freshman Boys:

1. Alex Glassman (T) 81.25
2. Kier Strom (T) 70.95
3. Joey Bymon (T) 65.45

Junior Girls:

1. MacKenzie Brennan (O) 98.85
2. Kenna Campfield (O) 96.90
3. Kyla Straker (O) 87.90 (tied)
4. Sam Peters (T) 87.90 (tied)

Junior Boys:

1. Brad Burgeson (O) 109.65
2. Liam Klopfenstein (O) 92.90
3. Chris Dorr (T) 81.35

Intermediate Girls:

1. Delaney Gallagher (T) 171.25
2. Elana Colbert (O) 139.15
3. Julia Powell (O) 125.40



Elana Colbert, 2nd place finisher for Intermediate Girls at the July 3 meet.

Intermediate Boys:

1. James Crowley (O) 108.65
2. Gil Osofsky (O) 100.05
3. Grant Newberry (O) 97.10

Senior Girls:

1. AJ Colbert (O) 217.20
2. Claire Lewis (T) 190.80
3. Everi Osofsky (O) 157.60

Senior Boys:

1. Daniel Nugent (O) 159.85

As Temperatures Rise, RSTA Swimmers Heat Up

Five more pool records set.

Saturday, July 7 brought some of the hottest weather this area has seen this summer. Searing temperatures coupled with extraordinarily high humidity levels made for an extremely uncomfortable day. Indeed, all three of the Reston Swim Team Association (RSTA) meets were moved up by one-half hour to accommodate for the high temperatures and humidity levels. With heat indexes well over the 100-degree mark, no one could have predicted that this day would bring about more pool records from RSTA swimmers. But if there is one thing that parents and friends of these swimmers have come to expect - it is the unexpected.

As Jim Mizner, RSTA Board member for Lake Newport remarked, "Just when you think that the kids have given their all, they seem to be able to reach a higher level. It's almost like they found another gear. It really is amazing to watch." And as friends and spectators of Lake Newport and

Newbridge witnessed at their meet on Saturday, they really did find that next level. At this meet another pool record was set. Newbridge's Ryan Ha broke a nine-year-old mark in the boys 11 - 12 50 meter butterfly. His time of 32.23 easily surpassed the old record of 33.51 that was set by Matt Hochstrasser back in 2003.

Adding to the excitement was the fact that this meet pitted the last two RSTA undefeated teams against one another. And as is fitting in a contest of this type, the winner was in doubt until the very end. At the final tally, Lake Newport outpaced Newbridge by just 16 points. With just one meet left in the season, this puts Lake Newport in the driving seat to secure the league championship when they host Lake Anne in two weeks for their final contest.

And while the meets between Ridge Heights - Lake Anne and Lake Audubon - North Hills didn't have the title implications of the Lake Newport - Newbridge encounter, pool records continued to fall.

For North Hills, Rachel Swarts continued to break her own records. In the girls 15 - 18 50 meter butterfly, her time of

31.18 set a new mark, bettering her old record of 31.63 which she set four weeks ago. Scores and highlights of Saturday's meets follow.

Lake Audubon Barracudas - 622 North Hills Hurricanes - 498

For Lake Audubon, triple event winners were Vela McBride, Conor McBride, Julia Sofia-Nassau, John Hughes and Winston Evans. Double event winners were Aidan Scanlan, Spencer Harris, Matthew Hughes, Michael McDermott, Sydney Hahn, Emily Fritz, Matthew Fritz, Jacob Cole, Ellen Huber and Suya Haering.

For North Hills, triple event winners were Joseph Sciortino, Grace Tierney and Rachel Swarts. Double event winners were Brenna Emery, Samantha Sciortino, Landan Grange, Miles Yang, Peri Schiavone, Allison Cimino and Caelen Grange.

Ridge Heights Sharks - 583 Lake Anne Stingrays - 482

For Ridge Heights, triple event winners were Hailey Wang and Diego White. Double event winners were Harrison Hughes, Jade Wang, Ryan Vanderhoof, Matthew

Heffernan, Emily Sennett, Jared Decker, Margo Moyer, Mac Sogandares, Kaitlyn Smith, Kati Imel, Chris With and Samantha Lowe.

For Lake Anne, triple event winners were Hannah Lane, Sean Hagerup, Victor Espinoza, Emily Meilus, Tope Oladimeji and Joanne Fu. Double event winners were John Gilbert, Maxwell Mescall, Morgan Stup, Fred Zhang, Devin Conley, Peyton Raphael and Sam Sligar.

Lake Newport Lighting - 568 Newbridge Dolphins - 542

For Lake Newport, triple event winners were Anna Redican, Jeffrey George and Casey Storch. Double event winners were Megan Long, Katie Storch, Morgan Giebel, Lindsey Jacobson, Grant Romero, Amy Edgemon, Nathan Williams, Alexander Liu, Jimmy Keys, Vincent Kahng, Andrew Shedlock and Alan Yu.

For Newbridge, triple event winners were Emily Sun, Elise Baldwin, Celia Compton, Jocelyn Wulf and Stephen Baldwin. Double event winners were Justin Compton, Bradley Torrington, Emma Schaller, Amy Springfield, Ryan Ha, Megan Ha and Ian Meikle.

ENTERTAINMENT

Uke Fest Back at Lake Anne on July 14

The tranquil sounds of tiny strings will return to the Lake Anne waterfront when the 3rd Annual Ukulele Festival takes place on Saturday, July 14 from 11a.m.-5:30 p.m. in the heart of historic Reston. The free music festival will feature performances by several internationally known and local ukulele musicians, music demonstrations, open to the public jam session, beer garden, festival vendors, and other family friendly activities. The event will kickoff during the ever popular Saturday Farmers & Arts/Craft Market. For the past two years, this festival has brought people from all over the region to Lake Anne packing the plaza with festival goers enjoying the alluring sounds.

Returning to headline the festival this year will be popular Baltimore-based ukulele aficionado Victoria Vox, who performed at the festival in 2010. The festival will also feature performers Bruce Hutton (old-time folk), Kathy & Marv Reitz (Swing), Lelehuna (Hawaiian), Pat Quinn & Gina DeSimone (Blues), Aloha Boys (Hawaiian), The Paul Hemmings Uketet (Jazz) and local girls duo The Sweater Set (Contemporary). Visit www.lakeanneplaza.com for more information.

Send announcements to reston@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

WEDNESDAY/JULY 11

Big Head Todd & The Monsters. 7 p.m. Filene Center, 1551 Trap Road, Vienna. With Ben Harper, Los Lobos, JJ Grey & Mofro, The Lumineers, North Mississippi Allstars, The Wood Brothers, James McCurtry, David Lindley, Nathaniel Rateliff, Matthew Curry and more. \$30-\$75. 703-255-1900 or www.wolftrap.org.

Reston Interfaith's Cedar Ridge Community Garden Celebration of Collaboration & Partnership. 6:30 p.m. Cedar Ridge Community Garden off of Becontree Lane, Reston. RSVP fresha.nawabi@restoninterfaith.org or call 571-323-1436.

"The Farm" Cookbook Club at Williams-Sonoma. 6-8 p.m. Reston Town Center Pavilion, 11900 Market Street. Ian Knauer's book makes the best of seasonal produce or treats from the Pennsylvania farm that's been in his family since the eighteenth century. \$75, includes book. 571-203-8815 or williams-sonoma.com.

THURSDAY/JULY 12

Aaron Nigel Smith. 10:30 a.m. Filene Center, 1551 Trap Road, Vienna. High-energy, interactive shows Designed to get kids moving. \$8-\$10 at 1-877-WOLFTRAP or www.wolftrap.org/TITW.

Dragonfly Class: An Introduction. 7 - 8:30 p.m. Walker Nature Center, 11450 Glade Drive, Reston. Learn about the lives of Reston's "flying dragons." Learn how to identify Reston's common dragonflies, and get a basic introduction to their bizarre behavior and complex natural history. Fee: \$5/person. Adults. naturecenter@reston.org

Take a Break Concert Series: Uptown Vocal Jazz Quartet. 7-9 p.m. Lake Anne Plaza. Enjoy live outdoor music brought to you by the Uptown Vocal Jazz Quartet. Free. 703-476-4500.

FRIDAY/JULY 13

Fireflies in July. 7 - 8:30 p.m. Brown's Chapel, 1575 Brown's Chapel Road. Fireflies, or lightning bugs, are incredible insects. Discover what makes them glow and why they blink their lights on and off. Find out what they eat, how they grow and where they live. Learn how to attract them to your yard and take home a glowing treat. RSVP by July 10. Fee: \$5-\$8 per person. All ages. naturecenter@reston.org

SATURDAY/JULY 14

Jukebox Revue: The Originals. 7:30 p.m. Reston Town Center Pavilion, Market St., Reston. The Legendary Orioles, the Jewels and The Memories. Doo-wop and motown. www.restontowncenter.com.

Dragonfly Count. 10 a.m. - 4:30 p.m. Meet at Bright Pond Lane. Park at the end of the cul de sac. Adults. Join the annual Dragonfly Count through Reston's natural areas. Meet local dragonfly experts, learn tips on identification and have fun while helping to obtain important information on our fast-flying friends. RSVP by July 11. Free. naturecenter@reston.org



Margaret's Garden Pastel by Lori Goll. This special exhibit of local artists features works inspired by and celebrating the beauty of this once Fairfax County landmark affectionately known to all as "Margaret's Garden." Exhibit reception will be on Saturday, July 14 from 7 -9 p.m. at Post Gallery ArtSpace Herndon, 750 Center Street, Herndon.

A Tribute to Margaret's Garden

Exhibit Reception. 7 p.m.-9 p.m. Post Gallery ArtSpace Herndon, 750 Center Street, Herndon. The opening reception for this tribute exhibit featuring artists who painted and photographed in Margaret Thomas' iris garden. Free. 703-956-6590.

Third Annual Uke Fest. 11 a.m.-5:30 p.m. Lake Anne Plaza (Waterfront) - 1609 Washington Plaza, Reston. The free music festival will feature performances by several internationally known and local ukulele musicians and other family friendly activities. www.lakeanneplaza.com

Beauty Multi-Taskers. Reston Town Center Pavilion, 11900 Market Street. Free choice of one of three deluxe samples with any skincare purchase and consultation. 703-481-1956 or origins.com.

CINE CLASSICS Movie Series. 11 a.m. Bow Tie Cinemas, 11940 Market Street, Reston. Watch movies like Jaws, Jurassic Park, Back to the future and Raiders of the Lost Ark. Seats \$5; \$4 for Criterion Club. 703-464-0816 or bowtietcinemas.com.

Family Fun Entertainment Series: Blue Sky Puppet Theater. 10:00-10:45 a.m. Reston Town Center Pavilion, 11900 Market Street. "Pig Tales", a puppet show filled with audience participation and humor. 703-476-4500 or RestonCommunityCenter.com.

SUNDAY/JULY 15

Wolf Trap Opera Company: From Bel Canto to Can Belto. 3 p.m. Wolf Trap Center for the Performing Arts, 1551 Trap Road, Vienna. Recital with Steven Blier and singers from the 2012 Wolf Trap Opera Company. Preshow talk one hour before performance. www.wolftrap.org.

July Bird Walk: Upper Glade Stream Valley. 7:30-10:30 a.m. Upper Glade Stream Valley - 11550 Glade Drive, park at Glade Pool. Ages 16 to adult. Beginning and expert birders are all welcome. Free. 703-476-9689 and press 5.

Turtles, Turtles Everywhere. 2-3 p.m. Walker Nature Center, 11450 Glade Drive, Reston. All ages. Bring your walking shoes and go in search of these slow moving reptiles. Reservations required by July 12. RA Members \$4, Non-members \$6. 703-476-9689 and press 5.

CINE CLASSICS Movie Series. 11 a.m. Bow Tie Cinemas, 11940 Market Street, Reston. Watch movies like Jaws, Jurassic Park, Back to the future and Raiders of the Lost Ark. Seats \$5; \$4 for Criterion Club. 703-464-0816 or bowtietcinemas.com.

MONDAY/JULY 16

Wine Tasting. 7 p.m. Il Fornaio restaurant, 11990 Market Street #106, Reston. Five wines from Robin Cellars paired with antipasti. \$25 (plus tax & gratuity). Reserve at

banquets.reston@ilfo.com or 703-437-5544.

Mr. Knick Knack! Children's Performance. 10:30-11:15 a.m. Reston Town Center Pavilion, 11900 Market Street. Unique, heart-centered music for kids. Free.

Tribute to Margaret's Garden. Post Gallery, ArtSpace 750 Center Street, Herndon. Exhibit will feature local artists celebrating the Fairfax County landmark of "Margaret's Garden." Free and open to the public. 703-956-6590.

TUESDAY/JULY 17

Rani Arbo & daisy mayhem. 10:30 a.m. Filene Center, 1551 Trap Road, Vienna. A blend of blues, swing, and country that incorporates everything from a ukulele and banjo to a cardboard box and suitcase. \$8-\$10 at 1-877-WOLFTRAP or www.wolftrap.org/TITW.

Wilco with Lee Ranaldo Band (of Sonic Youth). 7 p.m. Filene Center, 1551 Trap Road, Vienna. \$45 in-house, \$35 lawn. www.wolftrap.com.

WEDNESDAY/JULY 18

DMV2GO. 9 a.m.-4 p.m. Reston Town Center Pavilion, 11900 Market Street. Apply or renew an ID card and driver's license; obtain driving records, vehicle titles, license plates, decals; order disabled plates, and more. dmv.state.va.us.

Celebrating Comic-Con. ArtInsights, 11921 Freedom Drive, Reston. Exhibit of exclusive DC, Marvel, Disney, and Star Wars art featured at the world-famous San Diego convention. 703-478-0778 or artinsights.com.

French Cooking Class at Williams-Sonoma. 6-8 p.m. Reston Town Center Pavilion, 11900 Market Street. The homey food of the French countryside features fresh, local ingredients. \$45. 571-203-8815 or williams-sonoma.com.

Tribute to Margaret's Garden. Post Gallery, ArtSpace 750 Center Street, Herndon. Exhibit will feature local artists celebrating the Fairfax County landmark of "Margaret's Garden." Free and open to the public. 703-956-6590.

THURSDAY/JULY 19

Robbie Schaefer. 10:30 a.m. Filene Center, 1551 Trap Road, Vienna. Guitarist from folk-pop group Eddie From Ohio and host of Sirius XM radio's Kids Place Live. \$8-\$10 at 1-877-WOLFTRAP or www.wolftrap.org/TITW.

FRIDAY/JULY 20

Kirov Academy of Ballet of Washington D.C. 10:30 a.m. Filene Center, 1551 Trap Road, Vienna. The secrets, techniques, and history of one of the art forms. \$8-\$10 at 1-877-WOLFTRAP or www.wolftrap.org/TITW.

Good Ole Days Campfire. 7-8:30 p.m. WNC Campfire Ring - On Soapstone Drive, between Glade Drive and Lawyers Road. All ages. Listen to stories, sing fun songs and cook some yummy treats. Reservations required by July 17. RA Members \$5, Non-members \$8. 703-476-9689 and press 5.

Tribute to Margaret's Garden. Post Gallery, ArtSpace 750 Center Street, Herndon. Exhibit will feature local artists celebrating the Fairfax County landmark of "Margaret's Garden." Free and open to the public. 703-956-6590.

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Loudoun Board Approves Silver Line Extension

FROM PAGE 3

side the county.” He saw a loss of \$11.2 billion in foregone economic activity in 2030 and \$25.6 billion lower gross county product in 2040 “than had Metrorail been extended to the county as planned.”

Throughout there has been major criticism by Republicans of the MWAA’s unwillingness to answer to any level of government. MWAA was forced to abandon an extensive underground welcoming facility at Dulles and late last week agreed to cancel a labor rule that favored organized labor under pressure from the governor and Rep. Frank Wolf, (R-10). Wolf has urged a federal inspector general be appointed to oversee MWAA’s finances.

After MWAA agreed to abandon the labor agreement, Gov. Bob McDonnell strongly backed Loudoun

“opting in” on the Silver Line. Wolf said earlier this month that he firmly supported the Silver Line serving Loudoun County. He called it the most important project since the original Metro system.

FAIRFAX B.O.S CHAIRMAN Sharon Bulova has called upon Fairfax’s federal representatives to work harder to reopen the question of federal funds for Phase 2. Some \$900 million in federal money has been contributed to Phase 1 of Dulles Rail, which runs through Wiehle Avenue in Reston and will be completed in 2013.

She quoted Transportation Secretary Ray LaHood saying that Metro is “America’s system providing millions of riders to the nation’s Capital” and the federal government needs to find money in its 2013 and 2014 budgets to complete the project.

Helping Most Vulnerable

FROM PAGE 3

most vulnerable residents – homeless, the elderly and those already living on the edge – who had an especially difficult time regaining their footing after the crisis.

In the days after the storm hit, many nonprofits and food banks throughout the county reported they were slammed with a spike in demand for food and services.

“Restocking the refrigerator was likely a nuisance for most, and probably not cheap,” said Lisa Whetzel, executive director of Our Daily Bread (ODB) in Fairfax. “But for low income families, such as our clients, it’s a hardship.”

She said one client, a mother with toddler, had just stocked up that Friday with yogurt and other fresh food, and lost it all. And clients who rely on a weekly paycheck for groceries were especially hard hit when their offices, restaurants or stores shut down because of the power outages.

She said another client, a father of four who works as a chef, tripped and broke his leg when the power went out. Because his job requires mobility, he won’t be able to work for several weeks. “Our clients are so vulnerable. We will keep in contact with him to ensure that he and his family stay in their home,” Whetzel said.

Several pantries and shelters, such as Embury Rucker, ODB and Safe Haven, also lost power and hundreds of pounds of food during the storm.

The Lorton Community Action Center, which serves the south county region, lost power for several days, which spoiled 1,200 pounds of meat and juice that was

kept in their freezers.

“Ironically – since summer is always when our demand is the highest and donations are the lowest – while we lost food, it could have been worse,” said Andrea Cochrane Tracey, LCAC’s development director.

The Community Responds

Volunteers, regardless of income, stepped up to help those less fortunate, according to nonprofits.

On Tuesday, July 3, Our Daily Bread made an email plea to the community for grocery store gift cards and other donations. By Friday, the organization had collected more than \$3,500, which will provide \$50 grocery gift cards for 68 families in Fairfax County.

“What amazing generosity,” Whetzel said. “We were genuinely surprised by the level of the community’s support for their less fortunate neighbors. Everyone was affected by this storm and could personally relate to the hardship experienced by our clients. Our clients are extremely grateful and relieved. There is still time to donate and there is still a need.”

Rob Paxton, coordinator of Safe Haven’s food pantry and shelter programs, which operate inside First Christian Church of Falls Church, said volunteers and donors turned out for a “mega yard sale” on Saturday, which helped the nonprofit raise more than \$1,100.

“What was amazing was that many of the people who came were also clients of Safe Haven. It was heart-warming to see the people

we help, putting money back into the program by purchasing items from the sale,” Paxton said.

He said money they raised at the yard sale will provide more than 500 meals to clients.

Paxton said many of the volunteers were county employees, who took time out of their schedules to help with the sale. Eva Papaefthimiou, who works in senior housing, took a vacation day to help set up the sale on Friday and brought two co-workers to help on Saturday.

“We also had a 92-year old woman, Evelynnda Castle, her friend Priscilla Holbert and another woman, Dewita Soeharjono, who worked tirelessly to make the yard sale a success. The spirit of volunteerism is heartwarming,” Paxton said.

“Thankfully, the community has stepped up, as best they can, given that many of them were without power too,” Cochrane Tracey said. “However, the biggest impact has been the generous donation of 5,000 pounds of food, including meat, from the Capital Area Food Bank and Fairfax County.”

Greg Ballinger, who has worked at the Embury Rucker shelter for more than 25 years, said he learned an important lesson about “paying it forward” years ago.

“I remember I was complaining about something, and this old-timer said to me ‘the reason you’re going through this now is to pass on what you’ve learned to the next person.’ It took a while, but it eventually clicked. We all have to get together to make it through this life ... The shelter has always made it because of the caring of the community. On the flip side, we’ve been here for the community too.”

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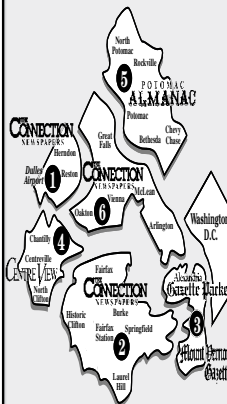
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A Victim of My Own Circumstances



By KENNETH B. LOURIE

Outliving one's prognosis leads to all sorts of twists and turns and treatment conundrums: the longer one lives, the fewer the treatment options. Over the course of time and in consideration of the miscellaneous drugs which are infused (or ingested if you're lucky enough for oral chemotherapy), success in fending off the cancer (tumors remaining stable at a minimum; shrinkage would be better, but one can live with "stable," duh!) breeds a familiarity (biochemically) which is contemptible: eventually, the drugs which have been effective stop being effective. Either the cancer cells become resistant to them, or your body becomes weakened and/or damaged by its prolonged infusion (too much of a good thing becomes a bad/harmful thing) by them. Not only is it important – as I've learned, to treat the underlying problem (in my case, stage IV lung cancer: "NSCLC"), preventing collateral damage to the patient is of equal consideration and significance (the patient needs to live, and have the operation be successful; to turn an old saying around). Ergo, treatment is an ongoing, ever-changing process of elimination based on the diagnostic results from lab work and scans; a delicate balance of stopping and starting drugs before they harm the patient more than they harm the cancer. And when you've survived for as long as I have, whatever protocols may have been relevant at the beginning of treatment are much less so now, 40 months later.

In essence, if one is lucky enough (like me), to tolerate all the various treatment options, and live beyond your original prognosis (because of it?, in spite of it?), it is possible that one might run out of treatment options. It's sort of like out-kicking your punt coverage (to use a football analogy): the punter kicks the ball beyond the distance that his punt coverage team is timed/expected to cover and as a result, the receiving team gets time and opportunity for a successful return. The whole process is based on averages. When you're not average, the system can break down. As my treatment has continued, it has become apparent that I'm not average. The longer I live, the fewer documented cases and/or clinical studies exist to support a protocol for my treatment. Common sense begins to play as much a role as efficacy. Oddly enough, for those who live beyond expectations, the choices are not nearly as clear as for the newly diagnosed.

Since I've been there and done that: received drugs when they were hoped/thought to be most effective, I've sort of become a successful victim – of my own longevity. The longer the drugs/chemotherapy/targeted treatment work, the shorter the time that they will continue to work and/or your body will tolerate having them work. Given the toxicity of the drugs, generally speaking, it's just a matter of time. You're sort of damned if you do, and probably really damned if you don't (although there are many nontraditional pursuits which don't involve chemotherapy). However, as a long-surviving cancer patient, I am happy for any conundrum which presents itself.

The way I figure it, the longer I am alive to deal with any of it, the greater the chance at overcoming it. My goal is to try and stay in the game for as long as possible; as my oncologist says: "Have another swing at it." The only problem is, this isn't a game; this is life – and death, and it doesn't get any more real – and serious than that. Forty months post-diagnosis and still being treated. I don't see any reason to stop now. Unless of course, I run out of choices.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



PHOTOS BY ROBBIE HAMMER/THE CONNECTION



Dena Verrill, producer of the Reston Concert Series, dances with Stu Gibson of Reston during Saturday night's Reston Concerts on the Town at the Reston Town Center Pavilion.

Magali Wittman, and her son Andrew, listen to the music of the Upper East Side Big Band in Reston on Saturday, as part of the Reston Concerts on the Town series. Wittman's husband plays saxophone for the Richmond based band.

Sounds of Summer at Reston Town Center

Every Saturday, as the sun sets, Virginians come together for a different musical act at the Reston Town Center: They set up their lawn chairs and spread Tupperware picnics around the streets and sidewalks surrounding the glass domed pavilion that hosts Summer Concerts Series.

The Saturday shows are commonly playing a medley of jazz, blues, and swing, populated by a cheerful

throng of neighbors who travel from all around the state to enjoy the upbeat mood Reston's town center offers. With a dance floor at the foot of the stage, and plenty of space for seating, heat or chill, rain or shine, the concerts begin at 7:30 p.m. and last until 10, enough time to dine at one of many restaurants before picking up dessert as the show begins.

— GABRIEL LARSEN

VIEWPOINTS

What Do You Like Most About Summer Concerts at Reston Town Center?

— GABRIEL LARSEN



Harvey Schartup, 64, Consultant, Reston, 12 years

"I like the upbeat music, seeing all the people come together. And[we] I can eat afterwards."



Susie Setser, 60, Retired, Centreville, 19 years

"I love Reston Town Center, I come Winter, Fall, Summer. I like all types of music and these concerts play it all."



Nancy Smith, 50, Sales, Centreville, 20 years

"I feel safe here."



Ed Smith, 52, Analyst, Centreville, 20 years

"We travel in to take advantage of the music, excellent restaurants; it's a whole endeavor."



Karlana Glen, 44, Small Business, Herndon, 10 years

"There's good entertainment, an enjoyable environment, and great food. I come every Saturday."



The Richmond based Upper East Side Big Band plays a selection of swing and jazz music for area residents during the weekly concert series, Reston Concerts on the Town at the Reston Town Center Pavilion each Saturday evening until the end of August.



Area residents enjoy the musical offerings of the Upper East Side Big Band from Richmond in Reston on Saturday night as part of the Reston Concerts on the Town at the Reston Town Center Pavilion. The concert series is a series of weekly concerts each Saturday night until the end of August.