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Reenactors from both the North and the South camped out in the small park beyond the entrance to Mount Olivet's Church on North 16th Street in Arlington on Sunday, July 15.



# Exchange in Limbo

## Inaction may cause federal officials to create health-care exchange for Virginia.

BY MICHAEL LEE POPE  
THE CONNECTION

Virginia is suffering from deadline fever, although Republican Gov. Bob McDonnell is calling for a second opinion. The delay could have drastic consequences for the future of the commonwealth's health-

care exchange, the new online state-based insurance marketplaces that are frequently compared to Travelocity.

In a July 10 letter to members of the General Assembly last week, McDonnell said he had no intention of calling for a special session to meet the January 2013 deadline for Virginia to create the au-

thority for a Virginia exchange. The consequence of that decision is likely to be that federal officials will create an exchange for Virginia instead of having state leaders take the lead, which was the preference of the General Assembly and a blue-ribbon panel of health-care experts convened in 2010. Calling the U.S. Supreme

Court decision "disappointing for Virginia and America," McDonnell said his administration would continue to resist health-care reform until after the presidential election.

"It remains my hope that a repeal of the existing law will occur after the next election," the governor wrote, "and that Congress

will enact prudent market-based health reforms, and states will be given the freedom they need to implement healthcare solutions that work best for their citizens."

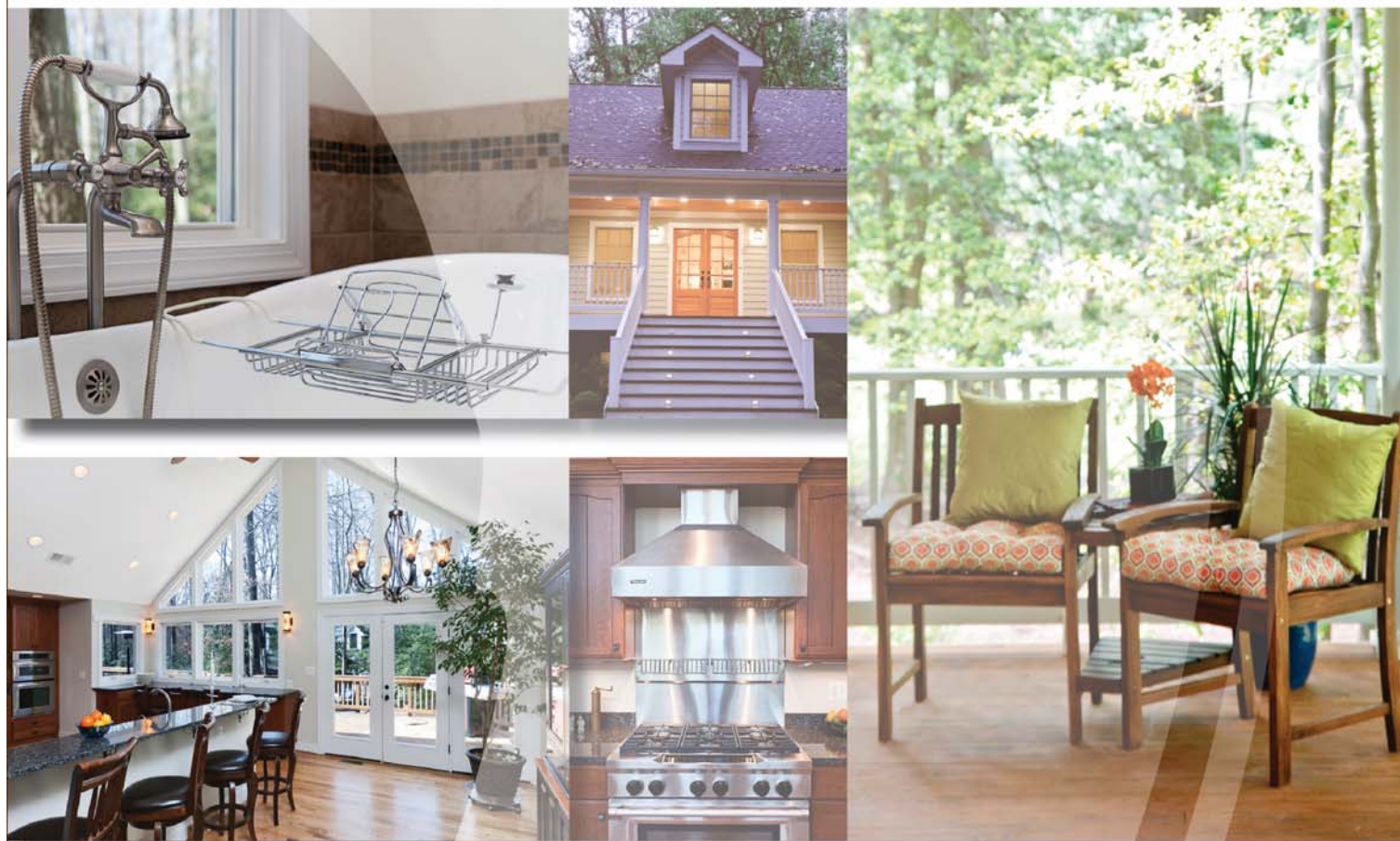
Supporters of exchanges say the system was designed specifically to give states maximum flexibility. In 2011, the General Assembly took action encouraging Virginia officials to create an exchange rather than having Washington bureaucrats do it. And a blue-ribbon panel of experts has encouraged the state to create an authority as part of three separate sets of recommendations, the most recent of which suggested that the Anthem bronze plan become the baseline insurance plan for Virginia citizens.

"I can think of nothing better we can do to help prop up our economy than to make health insurance affordable for all Virginians," said Del. Patrick Hope (D-47), a member of the Virginia Health Reform Initiative.

**FOR NOW**, McDonnell says, there are too many unanswered questions and political uncertainty for the state to take action on the exchange, which is scheduled to launch in January 2014. If former Republican Massachusetts Gov. Mitt Romney defeats President



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**"I can think of nothing better we can do to help prop up our economy than to make health insurance affordable for all Virginians."**

— Del. Patrick Hope (D-47)

Obama this November, McDonnell points out, Virginia would have invested money in a system that will never be implemented anyway. As a result, the governor is taking what his communications team is calling a wait-and-see approach on the exchange.

"Right now, we do not feel there's a significant rush or any kind of requirement that we act immediately in order to move forward in the best manner possible for the taxpayers of Virginia," said Jeff Caldwell, press secretary for the governor.

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Scott Trolan and Kevin Turner carry the wounded soldier, Seth Black, to the church hospital.

PHOTOS BY LOUISE KRAFFT/THE CONNECTION



George Dodge portrays the character of the Sleeping Sentinel at Chain Bridge to a small audience in the anteroom outside the hospital exhibit.



Jamie Shifflett takes relief from the heat on Sunday with a period piece, a hand fan.

## Mount Olivet Relives War between States

Reenactors from both the North and the South camped out in the small park beyond the entrance to Mount Olivet's Church on North 16th Street in Arlington on Sunday, July 15. Members of the Confederate troops of the Army of Northern Virginia set up camp along with Union troops. George Dodge portrayed the Union sentinel, William Scott of Company K, 3rd Vermont Infantry, who inadvertently fell asleep at his post guarding Chain Bridge after being on guard for 48 hours.

Scott was sentenced to death by a court-martial. He has pardoned by President Abraham Lincoln in the 13th hour after being taken to his place of execution at the now intersection of Route 123 and the George Washington Memorial Parkway.

During the war, the church was used as a military hospital. The cemetery holds the graves of soldiers from both sides of the conflict. A new memorial to all those buried in the church cemetery has now been erected.

Local historian Hank Hulme remembers one particular grave.

On the eve of April 25, 1865, Susan Hutchinson Adams (later Susan Hutchinson Adams Vaughan) (1835-1911) summoned the ladies and young girls



Keith Saari of the Confederate unit of the 49th Virginia Infantry spoke about the difficulty in unmasking the signal corps of the civil war.

of Jackson, Miss. to meet the next day at the Greenwood Cemetery to spread flowers on the graves of fallen soldiers. The next day, April 26, as flowers were being placed on the graves, she saw that the graves of Union soldiers did not have flowers on them so she urged her lady friends to garland them anyway. Thus begin the custom of decorating the graves of fallen soldiers, regardless of which side of the battles they fought. The custom later became known as Decoration Day and earned official recognition. In 1882 it was renamed Memorial Day.

On April 26, 1865, in Greenwood Cemetery, in Jackson Miss., among the many Southern and Northern soldiers' graves, Adams, directing her attention to the undecorated graves of the Northern soldiers declared "I will garland them with pink roses for the mothers and sisters sobbed prayers as they marched away."

She died July 22, 1911 at the Masonic and Eastern Star Home in the District of Columbia and was buried next to her sister Sallie Adams in the "Adams" burial plot in the Mount Olivet United Methodist Church cemetery.



Lee Trolan and Rick Shifflett entertain guests with medleys.

## The Smoking Trail

New cigarette trafficking law aids enforcement.

BY MONTIE MARTIN  
THE CONNECTION

Virginia has long been known as a tobacco-friendly state. Tobacco was one of the first major commercial products for New World European settlers, and the state remains one of the largest producers today. Virginia is also home to some of the cheapest cigarettes in the country.

The disparity between Virginia cigarette taxes and neighboring states to the north provides a financial incentive for what the Bureau of Alcohol, Tobacco, Firearms and Explosives calls cigarette diversion, or more commonly known as cigarette trafficking.

Cigarette trafficking is easy money, and there is a lot of it. The ATF estimates black market cigarette sales reach \$5 billion annually, the bulk of which flows through the Northern Virginia region. Traffickers purchase cigarettes in Virginia, where the average cost of a carton is \$45, and sell them in high tax states like New Jersey, New York and Connecticut where cartons can run as high as \$110.

As of July 1, however, the consequence of getting caught in the act of cigarette smuggling has become more expensive. Under a new state law, first-time cigarette traffickers found with 25 or more cartons of cigarettes face a \$5,000 fine, \$10,000 second and subsequent at \$50,000.

The law allows enforcement agencies like the ATF, the Northern Virginia Cigarette Tax Board and local police to take immediate action when they spot purchasers in the act. Previous enforcement protocol maintained that a trafficker had to be caught cross-

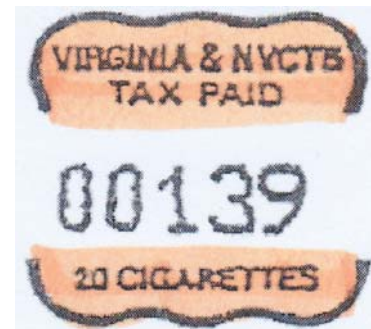


PHOTO COURTESY OF NVCTB

**Cigarettes sold in Northern Virginia, with the exception of Arlington, fall under the jurisdiction of the Northern Virginia Cigarette Tax Board. A tax stamp is affixed to the bottom of every pack of cigarettes, with a roll number that NVCTB enforcement agents can check to determine if proper tax has been paid within a specific locality. In Northern Virginia local taxes can range from a low of 15 cents in Warrenton to a high of 85 cents in Fairfax City.**

ing state lines, a time-consuming process as officers at times tailed traffickers for hours to make an arrest.

"We knew the scope of the problem Virginia was having, but we really had no teeth to act," said Paul Carey, chief enforcement officer with the NVCTB, a tobacco enforcement agency that monitors 17 jurisdictions in Northern Virginia.

The law is aimed squarely at what enforcement officers call the "smurfs" of cigarette trafficking. These individuals work with a ringleader and buy small quantities of cigarettes at a time from different distributors. By purchasing only a few cartons at a time, cigarette sales do not spike which would otherwise alert law enforcement.

Cigarette trafficking is a dangerous activity due to its criminal nature. "What we are looking at

SEE ENFORCEMENT, PAGE 6

## Virginia Local Cigarette Taxes

The Virginia state tax on cigarettes is \$3 per carton, or 30 cents per pack, making Virginia cigarettes some of the cheapest in the country. Jurisdictions in the Virginia also affix a local tax, with rates that can vary widely. The following prices are for local districts as of July 2012.

JURISDICTION	RATE		
Alexandria	.80	Hillsboro	.05
Arlington County	.30	Leesburg	.75
Clifton	.30	Lovettsville	.40
Dumfries	.60	Manassas City	.65
Fairfax City	.85	Manassas Park	.50
Fairfax County	.30	Middleburg	.55
Falls Church	.75	Purcellville	.65
Haymarket	.50	Round Hill	.15
Herndon	.75	Vienna	.75
		Warrenton	.15



# Finding Right Hobbies For Children

**Experts offer suggestions for choosing extracurricular activities for the fall.**

BY MARILYN CAMPBELL  
THE CONNECTION

PHOTO COURTESY OF ST. STEPHEN'S & ST. AGNES SCHOOL



**Instructor Matthew Gehlhoff leads student at St. Stephen's & St. Agnes School in an after-school fencing class. "If a parent notices that a child has a gift for piano or soccer, they should encourage it," said Rich Leichtweis, PhD, senior director of the Inova Kellar Center.**

**W**hile many are still basking in the lazy days of summer, Anna Faust is planning her 5-year-old son's after-school activity schedule for the fall. On his agenda: baseball, soccer, gymnastics and tennis lessons.

"My plan is to expose him to as many activities as possible and hope that he chooses one and excels," said Faust. "Sometimes, though I can't tell if he's going along happily because all of his friends are doing it or because he really likes it."

Child development experts say deciding which and how many extracurricular activities are best for children is a dilemma many parents face. Factors such as expense and time can make the process a delicate balancing act.

If a child wants to join a traveling hockey team, how does a parent know if his or her desire to play matches the necessary investment of pricey equipment? Should a parent coax a reluctant child into taking piano lessons hoping to transform an unwilling tot into a musical prodigy? And how much is too much when it comes to hobbies? Local child development experts say the answers vary on a case-by-case basis.

"The key to balancing one's schedule between school work, extracurricular interests, family and friends is reached not so much by seeing these goods as necessarily in competition, but rather in seeing all of the time that we have been given as a great treasure that we have to use in the best possible way," said Michael Moynihan, Upper School Head of The Heights School in Potomac.

Extracurricular activities are an important part of a child's development, and finding the right fit is worth the effort. "They expose children to a variety of experiences and peers. For older children, they are a venue for healthy social interaction as opposed to participating in undesirable behavior," said Rich Leichtweis, PhD, senior director of the Inova Kellar Center in Fairfax. "If kids are on the computer or watching television from the time they get home from school until dinner and then back on again until they go to bed, they are missing critical social opportunities that extra curricular activities can provide."

Assessing a true attraction to an activity versus a passing fancy can be tricky. "Parents should first ask their children what they might be interested in before signing them up, and they should be careful in monitoring how their children continue to feel about participating in these activities," wrote Chantilly resident Maria Londono, a mental health therapist for Fairfax Community Health Care Network in Reston, Falls Church and Alexandria, in an email.

While older children are able to express an opinion about activities, younger children might need more guidance. "If a child has a strength or interest we can build on that," said Leichtweis. "If parents notice that a child has a gift for piano or soccer, they

should encourage it."

One pitfall, say experts, is following the pack. "Parents get pulled into activities because they think everybody else is doing it. Before you know it, those activities pile up and can be stressful," said McLean resident Michele Garofalo, EdD, assistant chair, Department of Counseling and associate professor of psychology at Marymount University in Arlington.

How does a parent know if a child is overscheduled? "Some kids are OK with a lot of activities," said Leichtweis. "If a child is involved in a lot and they're doing well in school, getting adequate rest and there are no significant disruptions, then it's probably OK. But if there is a change in behavior, their grades slip, they're not getting enough rest and they're in eight different activities, then it is time to make a change."

Experts say there are warning signs that a parent might be pushing a child too hard. "When a child says 'I don't want to go to this activity' or 'I don't like the kids there' or if they are pouting or agitated when it's time to go, those are signals that they need a change," said Garofalo. "If extracurricular activities are fun and kids enjoy them, they can build a child's self-esteem and give them a place to shine, and children need a place to shine."

Parents should also consider the family's overall schedule. "Look at your calendar and think about the benefit versus the cost, time and energy involved in the activity. How much stress will it put on the family?" said Garofalo.

"Parents can set limits and help kids prioritize. We can listen to the kids, but it's our responsibility to set limits. A well-balanced child is a healthy child," said Leichtweis.

Make sure to set aside time for rest. "Children need downtime and a break from organized activity," noted Susan DeLaurentis, director of counseling, St. Stephen's & St. Agnes School in Alexandria. "I think that is important to recognize that if children have been in school all day they've put in a lot."

Finally, experts say encourage activities that children can continue into adulthood like swimming, hiking or running. "With extracurricular activities, what we're doing is setting a foundation for life. It is part of developing well-rounded and balanced community members. We want a child who knows how to work and play," said Leichtweis.

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# Delaying Health-Care Exchange

FROM PAGE 2

More than 30 states are on track to create the authority for the exchange by the January 2013, although Virginia is not one of them. Yet unlike Texas Gov. Rick Perry, Florida Gov. Rick Scott, Wisconsin Gov. Scott Walker and Louisiana Gov. Bobby Jindal, McDonnell has not categorically ruled out the creation of a state-based exchange. Ironically, that means Republicans are willingly ceding power to the federal government, a twist of fate created by a health-care reform effort that has become mired in partisan politics.

"If you prefer having certain decisions at the state level, which often states do prefer, then you'd want to go with the state-based exchange," said Paul Dioguardi, director of intergovernmental and external affairs for the U.S. Health and Human Services. "If you would prefer to cede that authority to the federal government for whatever reason then that's a

decision you've got to make."

**THE HEALTH-CARE** exchanges are one of the cornerstones of the Affordable Care Act, an effort to increase access for people who are currently without health insurance. Under the existing federal law, all exchanges must be fully certified and operational by Jan. 1, 2014. Unless this year's presidential election changes the fate of the Affordable Care Act, that means Virginia will have an exchange whether McDonnell wants one or not.

And even if Romney wins the presidential election, undoing this part of the reform may become the first pitched battle of his new administration. Many see the exchanges as a revolutionary change to the existing marketplace. "It would shift the balance of transparency and power from insurers to consumers," said Nicholas Len, a health economist with George Mason University. "That's why it's both controversial and dangerous."

**"If you prefer having certain decisions at the state level, which often states do prefer, then you'd want to go with the state-based exchange. If you would prefer to cede that authority to the federal government for whatever reason then that's a decision you've got to make."**

— Paul Dioguardi, director of intergovernmental and external affairs, U.S. Health and Human Services

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Matthew is a Licensed Professional Counselor and a National Certified Counselor. As a native of McLean, Virginia, Matthew Ryan provides counseling for adults and adolescents, specializing in results-oriented Cognitive Behavioral Therapy (CBT) and Crisis Intervention.





# Leaving Millions on the Table

Virginia should embrace opportunity for more health care coverage for poor residents.

Chances are that if you are reading this, you have employer-provided health insurance. While you might worry about the young adults in your family or the lower wage workers in your organization, you also know that if you are sick, you can go to the doctor.

Incredibly, 144,873 residents of Fairfax County have no health insurance. That's more than 13 percent of the slightly more than 1 million people who live in the wealthiest county in the nation. Household income in Fairfax County averages more than \$122,000 a year.

Under the health care reform act, many of Virginia's uninsured residents could be covered by an expansion of Medicaid that would be paid for almost entirely by federal funds. But while the reform act itself was upheld by the U.S. Supreme Court, the court also opened a door for states to opt out of the expansion of Medicaid.

From a practical perspective, declining federal money to provide healthcare to uninsured Virginians makes no more sense than declining federal funds for transportation because you don't like the feds telling you to wear your seatbelt.

But Gov. Bob McDonnell says expanding

Medicaid is a terrible idea.

The state's refusal to be included in the program would deny health insurance coverage to a quarter-million Virginians, said U.S. Rep. Gerry Connolly and others in urging McDonnell to accept the expanded coverage.

Medical care for uninsured Virginian adds up to \$1.65 billion a year in uncompensated costs. Medicare expansion would help reduce that by \$860 million per year, according to the Virginia Health Reform Initiative Advisory Council.

Virginia stands to lose more than \$9.2 billion in federal funds over the first five years of the new law if it opts out of the provision that expands Medicaid to individuals and families with incomes up to 133 percent of the poverty level, \$14,856 for an individual; \$30,656 for a family of four, Connolly said.

A revealing look at the possible local role of the health care reform act appears in this week's Mount Vernon Gazette, written by Del. Scott Surovell (D-44).

Surovell represents a district of 80,000 residents with stark differences between wealthy and poor in Fairfax County. The Mount Vernon area district is tied for the highest percentage of Medicaid beneficiaries in Fairfax County. One in seven people in the 44th District re-

ceive health insurance from Medicaid; 74 percent of these are children, 5 percent are pregnant, 6 percent are poor adults, with the rest elderly residents and people with disabilities. Surovell reports the largest number of Medicaid births at any hospital in Virginia occurs at Fairfax INOVA Hospital. The 44th District has a higher percentage of uninsured individuals compared with the rest of Fairfax County.

Surovell argues that his district desperately needs the help that would come with the expansion of Medicaid and other provisions under the new law.

Here is how he explains the mechanism: Health insurance reform would expand coverage by two means. First, if states expand their Medicaid programs to all individuals at 133 percent of Federal Poverty Level, the federal government picks up 100 percent of the cost in 2014-2016, and 90 percent after 2020. Second, states are required to set up healthcare exchanges to make more affordable health insurance available for individuals without employer health insurance benefits, and individuals with incomes between 100-400 percent of the federal poverty level receive a tax credit to help with the cost. Coverage was also expanded by banning coverage denials based on pre-existing conditions and requiring companies to cover college students through age 26.

— MARY KIMM,

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## New Cigarette Trafficking Law Aids Enforcement

FROM PAGE 3

is the violent crime involved with cigarette diversion, criminals will trade narcotics and guns for cigarettes," said Mike Campbell, a spokesman for the ATF. "People are willing to kill others if they become too much of a competitor."

Democrats and Republicans came together over the issue, and the law was passed unanimously in both the Virginia House of Delegates and the State Senate. "The intent was to bring state law in line with federal law," said state Sen. Adam Ebbin, who voted for the legislation. "I don't want to limit prosecution of a crime because we can't use a state charge."

"The law was designed to give state and county law enforcement officers the ability to stop [cigarette traffickers]," said Del. David Albo, R Springfield, who sponsored the measure in the house. "The problem was created once New York raised cigarette taxes so high that running cigarettes was more profitable than running drugs."

According to Keenan Caldwell, Virginia state director of the

American Cancer Society, the purpose of cigarette taxes is to price youth out of the market, and to fund smoking cessation programs. A one-penny rise in the price of cigarettes through state taxes equates to an additional \$5 million to the state coffer. In 2004 the state tax on cigarettes was raised from 2.4 cents to 20 cents per pack, and the subsequent year was raised again by a further 10 cents.

"We have a proactive approach to raising cigarette taxes in Virginia, it really serves as a deterrent for children and kids to stop smoking. We'll raise the price to whatever level we can get them," said Caldwell. "We understand and recognize cigarette smuggling takes place in Virginia, anything that can be done that curtails the use of the product would be good."

The legislation was actively supported by the Richmond-based tobacco company Philip Morris, and parent company Altria. "We were very much involved, we testified at the General Assembly, and talked with members in the senate and house," said David Sutton, a spokesman for Altria. "This type of activity is outside the legitimate



PHOTO COURTESY OF NVCTB

distribution system. Illicit distribution does not check for age, and underage sales are not good for us."

Money matters for cigarette companies, and Altria is especially concerned smokers will use black market cigarettes of low quality. "The consumer has no way to know how the product was handled, it would not be in nearly the same shape if it was stored in a sun-baked car," said Sutton. "If the consumer lights up and is very disappointed with the poor quality he will turn to another brand."

**Northern Virginia Cigarette Tax Board enforcement officers confiscate cartons of Virginia cigarettes destined for high tax states like New Jersey, New York and Connecticut. Cigarette traffickers can make tens of thousands of dollars in a single trip.**

The company pushed lawmakers to consider cigarette smuggling as a felony, rather than the misdemeanor charge that made it into the law.

In addition to an intense lobbying campaign to pass anti-cigarette trafficking legislation, Philip Morris and Altria have engaged law enforcement agencies with high-end informational videos that detail the tactics of cigarette smugglers. The prevalence of counterfeit tax stamps, as well as counterfeit cigarettes, is also a concern for Altria.

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**Meditation and Buddhism Introductory Class.** Every Monday through July 30 at 7-8:30pm. Cost \$12. Creating a Life that Matters. Classes will include all the basics of meditation such as posture, why to meditate, and how to meditate. Classes will examine Buddha's teachings on the 6 perfections, and how to change one's perspective of self and others, to become a better friend to the world. There will also be guided meditations to gain experience of the practice and time for questions and discussion. Class includes teaching, guided meditation, and Q&A. Everyone is welcome. Class taught by lay Buddhist Teacher, **Chris Jamison**. Vajrayogini Buddhist Center, Arlington Branch Location — The Griffin Center 3800 Fairfax Dr., Suite 5, Arlington. 202-986-2257 [www.meditation-dc.org](http://www.meditation-dc.org).

## MONDAY/JULY 30


**Learn basic techniques of water-wise gardening.** Join the Virginia Cooperative Extension Master Gardeners for a free workshop on the basic techniques for maintaining your landscape while reducing reliance on irrigation. 7 - 8 p.m. at the Westover Branch Library, 1644 N. McKinley Road, Arlington. To register, call 703-228-6414 or email [mgarlalex@gmail.com](mailto:mgarlalex@gmail.com). For more information, visit [mgnv.org](http://mgnv.org).

## TUESDAY/JULY 31

**"Pathway to Citizenship" Immigration Workshop.** 6:30 p.m. Free. Hosted by U.S. Rep. Jim Moran, the event will feature a presentation from U.S. Citizenship and Immigration Services (USCIS) and information on citizenship and naturalization requirements. Local non-profit and governmental agencies will be on hand to answer questions and provide assistance. Gunston Middle School, 2700 Lang Street.

## MONDAY/JULY 30

**Lose the Training Wheels Camp.** Five daily sessions at 8:30 am, 10:05 am, 11:40 am, 2:00 pm, 3:35 pm. Arlington County DPR Therapeutic Recreation Office will hold its 3rd annual camp designed to teach children and youth with disabilities how to ride a two-wheeled bicycle independently. With the assistance of adapted bicycles, specialized instructional program and trained staff and volunteers, riders attend 75 minute sessions for five consecutive days. Kenmore Middle School, 200 S. Carlin Springs Road.



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# ENTERTAINMENT

## TACT Presents 'Marathon '33'

**T**he American Century Theater will present June Havoc's Marathon '33, July 27 – Aug. 25, at Gunston Theatre II in Arlington. TACT Artistic Director Jack Marshall is the show's director, and Tom Fuller is the musical director.

A large cast docudrama with music, vaudeville comedy and nearly continuous dance, Marathon '33 recreates the forgotten phenomenon of the Depression-era dance marathons, which were brutal pre-cursors of today's TV reality shows. It was written by Hollywood star June Havoc, "Baby June" of the musical "Gypsy" and the younger sister of Gypsy Rose Lee, and is closely based on real events and people described in her autobiography.

Marathon '33 was first performed as an experimental production in 1963, and has seldom been attempted since because of its size and scope. Set during the autumn of 1933, the large-cast production places the audience in the roles of the sadistic marathon spectators, who paid to see which young couple would be the last still moving after up to 4000 hours of nearly non-stop dancing. Like June Havoc, the desperate contestants literally danced for their lives, in the hope of winning a small cash prize.

American Century Theater is placing the marathon in Arlington, converting Gunston's Theater Two into an authentic marathon arena. Thirty actors and dancers join an onstage six-piece band, which will play dance numbers from the period and accompany songs and comic routines by the contestants who often performed for the crowd in return for thrown coins.

TACT has partnered with community organizations to begin a dialogue about the Great Depression and the socioeconomic times we live in, bringing together drama students from Yorktown High School and older Arlingtonians from the Goodwin House and Culpepper Garden retirement communities. The American Century Theater received a \$2,500 Community Enhancement Grant from the Arlington Community Foundation to help underwrite Marathon '33 and its outreach programs, the largest such grant awarded by ACF to an arts group this year.

Producer Rebecca Christy is producing her first show with longtime collaborator Marshall since her production of The Andersonville Trial earned TACT a Helen Hayes nomination for Outstanding Local Production. Jack Marshall is the founding Artistic Director of The American Century Theater. Among the many TACT productions he has directed are The Cradle Will Rock (Helen Hayes nomination for Best Direction), Lady in the Dark, the original production of Danny and Sylvia, and the acclaimed Moby Dick Rehearsed. Tom Fuller, the Musical Director, has been the musical



**Frank Britton and Jamie Ogden remain standing after hours of dancing in Marathon '33 at The American Century Theater, beginning July 27.**

PHOTO BY JOHANNES MARKUS

### Details

Marathon '33 opens Friday, July 27 and runs through Saturday, Aug. 25, with a pay-what-you-can preview on Thursday, July 26, and a pay-what-you-can performance on Wednesday, Aug. 1.

Show times are Thursday through Saturday evenings at 8 p.m. and Saturday/Sunday matinees at 2:30 p.m. No matinee on Saturday, July 28. Order tickets online at [americancentury.org](http://americancentury.org) or by calling 703-998-4555.

The American Century Theater performs at Theatre II in the Gunston Arts Center, located at 2700 South Lang Street, Arlington.

director for American Century Theater productions such as Lady in the Dark, Danny & Sylvia, If Only In My Dreams, Hollywood Pinafore, Hellzapoppin' and One Night with Fanny Brice.

The cast of Marathon '33 is led by TACT newcomer Jennifer Richter in the role of June Havoc and Helen Hayes-nominated Bruce Alan Rauscher as Patsy. Also featured are Bill Karukas, Craig Miller, Terrence Bennett, Mary Beth Luckenbaugh, Dan Corey,

Deborah Critzer, Carrie Daniel, Ann DeMichel, Frank Britton, Arielle Goodman, Elizabeth Hallacy, Paul Hogan, John Klenk, Steve Lebens, Chanukah Jane Lilburne, Rachel Loose, Noah Mitchel, Jared Murray, Carolyn Myers, Jamie Ogden, Alex Perez, Jane Petkofsky, Aviva Press-

man, Josh Rosenblum, Karin Rosnizeck and Alex Witherow.

Kathryn Fuller is the Assistant Director. Lindsey E. Moore is the Stage Manager. Sherri Chris is the Choreographer. Michael P. deBlois is the Set Designer, Ed Moser is the Sound Designer and Dave Walden is the Lighting Designer. Rip Claassen is the Costume Designer and Eleanor Gomberg is the Props Designer. The musical arrangements are by Loren Platzman.

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Deadline is noon the Thursday before publication. Photos are welcome.

### WEDNESDAY/JULY 18

**Author Visit.** One More Page, 2200 North Westmoreland Street, welcomes mystery writer Donna Andrews at 7 p.m., to discuss and sign *Some Like It Hawk*, her latest installment in the Meg Langslow Mystery Series. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

### CALENDAR

Series. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).



**Encore Stage & Studio presents The Pirates of Penzance, July 19-29 at Thomas Jefferson Community Theater. Visit [www.encorestage.org](http://www.encorestage.org).**

### JULY 19 THROUGH JULY 29

**Encore Stage & Studio's production of "The Pirates of Penzance"** at the Thomas Jefferson Community Theatre. Recommended for ages 6 and up. Tickets for adults are \$15, and tickets for children, students, and seniors are \$10. Tickets can be purchased at [www.encorestage.org](http://www.encorestage.org) and group discounts are available. The Theatre is located at 125 S. Old Glebe Rd.

### FRIDAY/JULY 20

**Cartoon Johnny.** 8 p.m. Free. Part of Lubber Run Summer Concerts at Lubber Run Amphitheater, North

Columbus Street and 2nd Street North (two blocks north of Route 50). Call 703-228-1850 or visit [www.arlingtonarts.org](http://www.arlingtonarts.org).

**Joshua Rich.** 7:30p.m. \$25 per ticket. At the age of 8 Rich taught himself how to play the piano and compose music. He has been creating, performing and sharing his gift of healing inspirational, heartfelt and magical music ever since. Arlington Metaphysical Chapel. 5618 Wilson Blvd. Call 703-276-1020 for reservations.

### SATURDAY/JULY 21

**ProBolivia.** 8 p.m. Free. Part of Lubber Run Summer Concerts at Lubber Run Amphitheater, North Columbus Street and 2nd Street North (two blocks north of Route 50). Call 703-228-1850 or visit [www.arlingtonarts.org](http://www.arlingtonarts.org).

**VolunTrivia Team Trivia Contest.** 1-4 p.m. Teams of up to 6 players will compete for a chance to win the \$200 1st prize as well as over \$300 in other prizes. All funds raised will go to support Volunteer Fairfax. At Rock Bottom Restaurant, located at 4238 Wilson Boulevard. Register at [voluntrivia.eventbrite.com](http://voluntrivia.eventbrite.com).

### SUNDAY/JULY 22

**Archeology Camp.** 9:30-11:30 a.m. Free. Ages 9-12. Kids will learn about the archeology related to Arlington House and how archeology is an important part of discovering our past. At the Robert E. Lee Memorial. To register, email [Virginia\\_Hughes@nps.gov](mailto:Virginia_Hughes@nps.gov). Visit [www.nps.gov/arho](http://www.nps.gov/arho) or call 703-235-1530.

### MONDAY/JULY 23

**Crystal Screen Gets Romantic:** The Proposal. Free. The courtyard along S. Bell Street will be transformed into a free outdoor movie theater. The ROM COM theme makes it the perfect (and affordable) date night in the heart of Crystal City. 1800 South Bell Street (near Crystal City Metro).

### JULY 25 THROUGH AUG. 15

**Brazilian Jazz by Origem.**

SEE CALENDAR, PAGE 9



**Strathmore concludes its 2011-2012 exhibition season with *Inform/Re-form*, in which the artists repurpose materials, and sometimes make their own, to create large-scale installation, site-specific works and mixed-media pieces in the Mansion at Strathmore, on view through Saturday, Aug. 18, 2012. Materials are re-envisioned, appropriated, borrowed and given new life by artists Laurie Brown (Byron, Il.), Jacqui Crocetta (Rockville), Catherine Kleeman (Baltimore, Md.), Virginia Spiegel (York, Pa.) and Veronica Szalus (Arlington). Call 301-581-5100 or visit [www.strathmore.org](http://www.strathmore.org).**



FROM PAGE 8

Wednesdays. This summer, the Arlington County Cultural Affairs Division has selected Brazilian jazz band Origem to share their sophisticated sounds with regional audiences. The band will ably demonstrate what happens when the cool improvisational jazz of the Western Hemisphere is mixed with compelling Brazilian rhythms. Le Méridien Hotel, 1121 N. 19th Street.

## CALENDAR

### WEDNESDAY/JULY 25

**Author Visit.** 7 p.m. Dr. Madeline Levine will discuss *Teach Your Children Well: Parenting for Authentic Success*. Dr. Levine's newest book encourages parents to shift from a hyper-parenting style to one that focuses on protective factors contributing to a healthier and saner family. One More Page, 2200 North Westmoreland Street. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

### FRIDAY/JULY 27

**Shakespeare.** 8 p.m. Free. **The Traveling Players performing William Shakespeare's As You Like It.** Part of Lubber Run Summer Concerts at Lubber Run Amphitheater, North Columbus Street and 2nd Street North (two blocks north of Route 50). Call 703-228-1850 or [www.arlingtonarts.org](http://www.arlingtonarts.org).

**Heroes Remembered.** 9 a.m. 59th Anniversary of the Korean War Armistice. Featuring a wreath laying ceremony at Arlington National Cemetery's Tomb of the Unknown Soldier, the program includes official remarks in the Arlington National Cemetery's Amphitheatre with high

ranking Defense Department officials and other senior government representatives. The event also includes activities for Korean War Veterans and their families. At the Arlington National Cemetery.

**Summer Concert Series.** The United States Air Force Band-Max Impact. 8 p.m. Free. Air Force Memorial. One Air Force Memorial Drive. Call 202-767-5658 or visit [www.usafband.af.mil](http://www.usafband.af.mil).

### SATURDAY/JULY 28

**Robyn's Place.** 8 p.m. Free. Part of Lubber Run Summer Concerts at Lubber Run Amphitheater, North Columbus Street and 2nd Street North (two blocks north of Route 50). Call 703-228-1850 or [www.arlingtonarts.org](http://www.arlingtonarts.org).

### SUNDAY/JULY 29

**Halau O'Aulani.** 6 p.m. 8 p.m. Free. Part of Lubber Run Summer Concerts at Lubber Run Amphitheater, North Columbus Street and 2nd Street North (two blocks north of Route 50). Call 703-228-1850 or [www.arlingtonarts.org](http://www.arlingtonarts.org).

### MONDAY/JULY 30

**Crystal Screen Gets Romantic: You've Got Mail.** Free. The courtyard along S. Bell Street will be transformed into a free outdoor movie theater. The ROM COM theme makes it the perfect (and affordable) date night in the heart of Crystal City. 1800 South Bell Street (near Crystal City Metro).

**Freedy Johnston.** 8 p.m. Performing at the Iota Club & Cafe located at 2832 Wilson Boulevard. \$12 fee per person. Must be 21 or older. Call 703-522-8350.

## ONGOING

### THURSDAYS

**Food Truck Thursdays.** In the surface parking lot at the corner of Crystal Drive and 18th Street. Food Trucks that sign up get free reserved parking and patrons get one location with ample options and old favorites. Food Trucks already signed up include: Doug the Food Dude, Hot People Food, Red Hook Lobster and Willie's Po'Boy.

### THROUGH JULY 28

**Sizzlin' Summer Cabaret.** Virginia's Signature Theatre's series featuring a number of red hot acts from D.C. and Broadway. Tickets for each cabaret is \$25 general admission. Signature is offering an All-Access Pass for \$125 (must be purchased at the box office), 703-820-9771. 4200 Campbell Avenue. Visit [www.signature-theatre.org](http://www.signature-theatre.org).

**Carolyn Cole: Born to Take the BELTway.** Thursday, July 19 at 7:30 p.m.

**Bob McDonald: Cabaret Sauvignon: A Night of Music and Wine.** Friday, July 20 at 7 p.m.

**Stephen Gregory Smith: Naked.** Friday, July 20 at 9 p.m.

**Colleen McHugh: Change of A Dress: Songs of Fashion.** Saturday, July 21 at 7 p.m.

**Florrie Bagel: A Musical Mélange of Florrie's Favorites.** Saturday, July 21 at 9 p.m.

**Nick Blaemire & The Hustle: #thesummerofnerdsoul.** Monday, July 23 at 8 p.m.



**Signature Theatre presents Sizzlin' Summer Cabaret featuring Nick Blaemire & The Hustle: #thesummerofnerdsoul, Monday, July 23 at 8 p.m. Visit [www.signature-theatre.org](http://www.signature-theatre.org).**

**Erin Driscoll: Get Happy! The Songs of Harold Arlen** Wednesday, July 25 at 8 p.m.

**Carolyn Cole: Born to Take the BELTway.** Thursday, July 26 at 8 p.m.

**Geoff Packard.** Friday, July 27 at 7 p.m.

**Carrie Manolakos.** Friday, July 27 at 9 p.m.

**Cory Jamison: Kenton's Cool School: The Music of June Christy, Chris Connor, and Anita O'Day.** Saturday, July 28 at 7 p.m.

**Revenge of the Understudies.** Saturday, July 28 at 9 p.m.

### THROUGH JULY 31

**Summer Memories.** More than 20 artists at the Gallery at Convergence, 1801 N. Quaker Lane, Alexandria. Wednesday-Friday 10 a.m.-6 p.m., Saturday 10-7. Call 202-624-3611 or visit [www.arlingtonartistsalliance.org](http://www.arlingtonartistsalliance.org).

### THROUGH AUG. 4

**So Teach Us to Number Our Days.** Woodcuts, etchings, and sculpture by Margaret Adams Parker. Crossroads Gallery, Goodwin House Baileys Crossroads, 3440 S. Jefferson St.

# Research Participants Needed!

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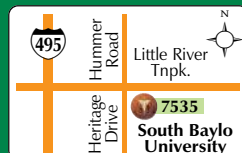
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**Sulu DC is a curated performance showcase of emerging and established Asian American and/or Pacific Islander artists in spoken word, music, dance, theater, film and multidisciplinary arts from the local and national scenes. Friday, July 20 at 8 p.m., the Ballroom at the Artisphere. Cost is \$15.**

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Photos and artwork are welcome. Deadline is Thursday at noon.

## THURSDAY/JULY 19 THROUGH JULY 26

**Adult Thursday evening sessions of Sculpture art making** will occur at the Artisphere from July 19 to July 26 from 6 to 8 p.m. The classes are for ages 18+ Only. Participants will be introduced to the sculptures on exhibition at Artisphere, explore the role of sculptures in public spaces and will get introduced materials such as foam, cardboard, cement and wood through a hands-on process. This class is presented to complement the Virginia Commonwealth University Sculpture Exhibition in Artisphere's Terrace Gallery. \$20 per class.

## FRIDAY/JULY 20

**Sulu DC.** 8 p.m. Cost is \$15. A curated performance showcase of emerging and established Asian American and/or Pacific Islander artists in spoken word, music, dance, theater, film and multidisciplinary arts from the local and national scenes. At the Ballroom at the Artisphere.

## SATURDAY/JULY 21

**You, Me, Them, Everybody Present: This is a Game Show.** Hosted by Brandon Wetherbee; music from Ian Walters. 8 p.m. Cost is \$10. At the Dome Theater at The Artisphere.

## JULY 25 TO AUG. 26

**Heather Day: Onsite Painting Residency.** Heather Day creates paintings that explore the relationships between urban decay and human interaction through the layering of texture, color and various mediums. At the Works in Progress Gallery at the Artisphere.

## SATURDAY/JULY 28

**"Wet Hot American Summer."** 8 p.m. Cost is \$5. At the Dome Theater at the Artisphere.

**"Annie."** 2:30 p.m. Cost is \$6. Part of the Juicebox Summer Children's Film Series. At the Dome Theatre at Artisphere.

## MONDAY/JULY 30

**Fashion Boot Camp.** Daily 10 a.m. to 4 p.m. Tuition is \$300. Students will engage in creative activities to boost their self esteem and introduce them to fashion related areas such as styling, design, photography, among others. Professionals

## Get Moving

At the Ballroom at Artisphere, 1101 Wilson Blvd., Arlington. Call 703-228-1850.

**Salsa Tuesdays.** 7:30 to 8:30 p.m. dance class; 8:30 p.m. to 11 p.m. dancing.

**Dance Wednesdays.** 7:30 to 8:30 p.m. dance classes; 8:30 to 11 p.m. dancing. Tickets are \$15/\$12 at door. On Wednesdays, dance the night away at Artisphere to zydeco, cajun, rock, R&B and swing.

**11:01 Saturday Nights.** Starts at 11:01 p.m. Late-night dance party. Tickets are \$15/\$12 students.

currently working in the fashion industry and are part of the Fashion Fights Poverty Volunteer Network will teach the classes. Contact Lisa Marie Thalhammer, Artisphere Education Director, at [lthalhammer@arlingtonva.us](mailto:lthalhammer@arlingtonva.us) or 703-875-1137.

## AUG. 1 TO SEPT. 2

**Doug Dupin and Maria Stenzel: Short Life of a Small Boat.** Free. An inexpensive boat is made, used, and burned in one year. The four seasonal segments span the boat's one-year life. At the Bijou Theater at the Artisphere.

## SATURDAY/AUG. 4

**Salsa Leadership Awards Dance Party.** 8 p.m. Tickets \$8 before July 13; \$10 before Aug. 3; \$15/door. Start your evening with mambo dance lessons at 8 p.m. followed by a dance party at 9 p.m. to music by DJ Bruno "El Unico (DC); DJ Steve Greene (Richmond); and DJ Tito Morales (Baltimore). Part of the evening includes recognition of 20 salseros from D.C. and Richmond for their leadership in the salsa community. At the Ballroom at the Artisphere.

## FRIDAY/AUG. 10

**Chico Trujillo with Maracuyeah DJ opening set.** 8 p.m. \$15/advance; \$18/door. Acclaimed Chilean band Chico Trujillo plays cumbia with a twist. At the Ballroom at the Artisphere.

## SUNDAY/AUG. 19

**Plushie design** with Artisphere artist-in-residence Beth Baldwin. Create your own colorful, whimsical stuffed animal with Beth Baldwin. Families take art work home with them after each session. Cost of class includes all materials. The session is from 2-4 p.m. and all ages are welcome. \$20 for ages 13-adult and \$10 for ages 2-12.

## AUG. 24 TO NOV. 4

**Beyond the Parking Lot: The Change and Re-Assessment of Our Modern Landscape.** Free. Exhibiting artists include Amanda Burnham (Baltimore); Maya Ciarrocchi (New York); Julia Christensen (Oberlin, Ohio); Richard Crozier (Charlottesville); Frank Hallam Day (Washington, D.C.); Gregory Euclide (Le Sueur, Minn.); Alex Lukas (Philadelphia); Rachel Sitkin (Baltimore); and Trevor Young (Washington, D.C.). At the Terrace Gallery at the Artisphere.



**"Annie." Part of the Juicebox Summer Children's Film Series at the Dome Theatre at Artisphere. Saturday, July 28 at 2:30 p.m. Cost is \$6.**



**Suzanne: Work from the 2012-13 Vcuarts Sculpture MFA Graduate Class. Through July 29. Free.**

## Ongoing

### THROUGH JULY 22

**The Studio Visit: Marco: Polo.** Free. Featuring local artists Reuben Breslar, Rachel England and Samuel Scharf. The three participating artists will take turns responding to the space and each other's work. Curated by Victoria Greising, Artist and TSV Program Manager. At the Works in Progress Gallery at The Artisphere.

### THROUGH JULY 28

**Sculpture Art Making,** ages 5-7 (noon-2 p.m.) or 8-12 (3-5 p.m.). Eight Saturdays, cost is \$280. At the Education Lab at Artisphere. Sculpture Art Making will combine environmental science and various sculptural techniques to create art from found materials. Contact Lisa Marie Thalhammer, Artisphere Education Director, at [lthalhammer@arlingtonva.us](mailto:lthalhammer@arlingtonva.us) or 703-875-1137.

### THROUGH JULY 29

**Suzanne: Work from the 2012-13 Vcuarts Sculpture MFA Graduate Class.** Free. Opening reception is Thursday, June 7 from 7 to 10 p.m. Curated by Kendall Buster and Amy Haft, Suzanne features eclectic works by the 12 sculptors from Virginia Commonwealth University's Department of Sculpture + Extended Media MFA program who will earn their Masters of Fine Arts in Sculpture in May 2013.

**Charli Brissey: Weight.** Free. Inspired by the novel by Jeannette Winterson, Weight aims to create a modern day adaptation of the myth of Atlas holding up the world. At the Bijou Theater at the Artisphere.

### THROUGH AUG. 18

**Kevin Krapf: Retratos Compartidos/Shared Portraits.** Free. Opening reception is Thursday, June 28 from 5:30 to 7:30 p.m. An interactive performance/display project in which visitors participate by using a specially designed double-sided drawing table in the gallery to make and exhibit portraits. The shared portraits are displayed on the wall to track the growth of the project and the moments of exchange that occur during its run. At the Artisphere.

### THROUGH AUG. 26

**Andrew Thomas Huang's** recent award winning work 'Solipsist' will be displayed on the Artisphere's video wall through August 26. The work has been described as "an explosion of image and sound, combining the movement of the human body with cutting edge graphic techniques to create a work that is a celebration of color and movement that is both exuberant and haunting. Free.

### THROUGH NOV. 11

**Beth Baldwin: Artist in Residence.** Artisphere selected local artist Beth Baldwin for a six month artist-in-residency through November 2012. Baldwin will create her one-of-a-kind animals and houses made from recycled materials in full view of the public eye. Patrons are welcome and encouraged to walk through her studio, watch her work, and ask questions during her residency hours: Wednesdays-Fridays from 6pm-10pm and Saturdays from Noon-6pm. Artisphere located at 1101 Wilson Boulevard.



# HOME SALES

In June 2012, 343 Arlington homes sold between \$4,000,000-\$54,000. This week's list represents those homes sold in the \$4,000,000-\$975,000 range. For the complete list, visit [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

Address .....	BR . FB . HB ...	Postal City ....	Sold Price ...	Type .....	Lot AC	Postal Code .....	Subdivision
1881 NASH ST N #2401 .....	3 ... 4 ... 1 .....	ARLINGTON .....	\$4,000,000 .....	Hi-Rise 9+ Floors .....	.....	22209 .....	TURNBERRY TOWER
4417 36TH ST N .....	6 ... 5 ... 3 .....	ARLINGTON .....	\$2,500,000 .....	Detached .....	0.38 .....	22207 .....	COUNTRY CLUB HILLS
1881 NASH ST N #2409 .....	2 ... 3 ... 1 .....	ARLINGTON .....	\$2,300,000 .....	Hi-Rise 9+ Floors .....	.....	22209 .....	TURNBERRY TOWER
4507 35TH ST N .....	6 ... 5 ... 2 .....	ARLINGTON .....	\$1,910,000 .....	Detached .....	0.35 .....	22207 .....	COUNTRY CLUB HILLS
1046 EDGEWOOD ST N .....	4 ... 3 ... 1 .....	ARLINGTON .....	\$1,700,000 .....	Detached .....	0.21 .....	22201 .....	CLARENDON
4328 37TH RD N .....	5 ... 5 ... 1 .....	ARLINGTON .....	\$1,687,500 .....	Detached .....	0.23 .....	22207 .....	ARLINGWOOD
4312 23RD RD N .....	5 ... 5 ... 1 .....	ARLINGTON .....	\$1,675,000 .....	Detached .....	0.33 .....	22207 .....	LEE HEIGHTS
2330 VERMONT ST N .....	6 ... 6 ... 1 .....	ARLINGTON .....	\$1,650,000 .....	Detached .....	0.30 .....	22207 .....	LEE HEIGHTS
1071 DANVILLE ST N .....	6 ... 5 ... 1 .....	ARLINGTON .....	\$1,605,640 .....	Detached .....	0.11 .....	22201 .....	CLARENDON
3107 JOHN MARSHALL DR N .....	5 ... 4 ... 1 .....	ARLINGTON .....	\$1,583,500 .....	Detached .....	0.25 .....	22207 .....	MINOR HILL
5519 22ND ST N .....	5 ... 5 ... 1 .....	ARLINGTON .....	\$1,560,000 .....	Detached .....	0.31 .....	22205 .....	TUCKAHOE VILLAGE
3024 4TH ST N .....	5 ... 5 ... 1 .....	ARLINGTON .....	\$1,500,000 .....	Detached .....	0.18 .....	22201 .....	LYON PARK
1807 STAFFORD ST N .....	6 ... 6 ... 1 .....	ARLINGTON .....	\$1,395,000 .....	Detached .....	0.15 .....	22207 .....	CHERRYDALE
3382 BUCHANAN ST N .....	5 ... 4 ... 1 .....	ARLINGTON .....	\$1,375,000 .....	Detached .....	0.16 .....	22207 .....	COUNTRY CLUB MANORS
1219 VERMONT ST .....	5 ... 5 ... 1 .....	ARLINGTON .....	\$1,350,000 .....	Detached .....	0.13 .....	22201 .....	BALLSTON
2916 HARRISON ST N .....	5 ... 4 ... 1 .....	ARLINGTON .....	\$1,350,000 .....	Detached .....	0.23 .....	22207 .....	COUNTRY CLUB
2149 COURTHOUSE RD .....	5 ... 4 ... 1 .....	ARLINGTON .....	\$1,325,000 .....	Detached .....	0.19 .....	22201 .....	DAWSON TERRACE
1700 CLARENDON BLVD #148 .....	2 ... 2 ... 1 .....	ARLINGTON .....	\$1,284,900 .....	Mid-Rise 5-8 Floors .....	.....	22209 .....	GASLIGHT SQUARE
302 LINCOLN ST N .....	5 ... 3 ... 1 .....	ARLINGTON .....	\$1,270,000 .....	Detached .....	0.16 .....	22201 .....	ASHTON HEIGHTS
5304 22ND ST N .....	5 ... 5 ... 1 .....	ARLINGTON .....	\$1,240,000 .....	Detached .....	0.19 .....	22205 .....	GARDEN COMMONS
4031 38TH PL N .....	4 ... 4 ... 1 .....	ARLINGTON .....	\$1,210,000 .....	Detached .....	0.23 .....	22207 .....	CHAIN BRIDGE FOREST
606 20TH ST S .....	6 ... 5 ... 2 .....	ARLINGTON .....	\$1,200,000 .....	Detached .....	0.15 .....	22202 .....	ADDISON HEIGHTS
6231 22ND ST N .....	4 ... 4 ... 1 .....	ARLINGTON .....	\$1,200,000 .....	Detached .....	0.17 .....	22205 .....	OVER LEE KNOILLS
3544 36TH RD N .....	4 ... 4 ... 1 .....	ARLINGTON .....	\$1,200,000 .....	Detached .....	0.82 .....	22207 .....	RIVER CREST
1401 OAK ST N #909 .....	1 ... 2 ... 1 .....	ARLINGTON .....	\$1,200,000 .....	Hi-Rise 9+ Floors .....	.....	22209 .....	THE WESLIE
2567 MILITARY RD .....	6 ... 5 ... 1 .....	ARLINGTON .....	\$1,199,000 .....	Detached .....	0.25 .....	22207 .....	DOVER BALMORAL RIVERWOOD
6004 4TH ST N .....	5 ... 3 ... 1 .....	ARLINGTON .....	\$1,195,000 .....	Detached .....	0.19 .....	22203 .....	SPY HILL BLVD MANOR
887B KENSINGTON ST N .....	5 ... 4 ... 1 .....	ARLINGTON .....	\$1,179,000 .....	Detached .....	0.17 .....	22205 .....	GAULTS RESERVE
416 NORWOOD ST N .....	4 ... 3 ... 1 .....	ARLINGTON .....	\$1,175,000 .....	Detached .....	0.15 .....	22203 .....	ASHTON HEIGHTS
4284 VACATION LN .....	4 ... 3 ... 1 .....	ARLINGTON .....	\$1,155,000 .....	Detached .....	0.29 .....	22207 .....	LEE HEIGHTS
2388 DANVILLE ST N .....	4 ... 4 ... 1 .....	ARLINGTON .....	\$1,135,000 .....	Detached .....	0.51 .....	22207 .....	DOVER BALMORAL RIVERWOOD
645 HARRISON ST N .....	4 ... 4 ... 1 .....	ARLINGTON .....	\$1,116,500 .....	Detached .....	0.16 .....	22205 .....	BONAIR
3523 UTAH ST N .....	4 ... 2 ... 1 .....	ARLINGTON .....	\$1,085,000 .....	Detached .....	0.23 .....	22207 .....	BROYHILL FOREST/HILLS
2312 QUANTICO ST N .....	4 ... 3 ... 1 .....	ARLINGTON .....	\$1,075,000 .....	Detached .....	0.31 .....	22205 .....	OVER LEE KNOILLS
2244 UPTON ST N .....	5 ... 3 ... 0 .....	ARLINGTON .....	\$1,067,000 .....	Detached .....	0.36 .....	22207 .....	LEE HEIGHTS
5525 FAIRFAX DR .....	4 ... 3 ... 1 .....	ARLINGTON .....	\$1,050,000 .....	Detached .....	0.23 .....	22205 .....	LACEY FOREST
4614 35TH ST N .....	4 ... 3 ... 0 .....	ARLINGTON .....	\$1,050,000 .....	Detached .....	0.36 .....	22207 .....	COUNTRY CLUB HILLS
6231 26TH RD N .....	5 ... 3 ... 1 .....	ARLINGTON .....	\$1,050,000 .....	Detached .....	0.11 .....	22207 .....	BERKSHIRE OAKWOOD
3179 KEY BLVD .....	3 ... 2 ... 0 .....	ARLINGTON .....	\$1,035,000 .....	Detached .....	0.13 .....	22201 .....	LYON VILLAGE
1600 CLARENDON BLVD #W301 .....	2 ... 2 ... 1 .....	ARLINGTON .....	\$1,027,500 .....	Mid-Rise 5-8 Floors .....	.....	22209 .....	WOOSTER AND MERCER LOFTS
3920 8TH ST S .....	5 ... 3 ... 1 .....	ARLINGTON .....	\$1,020,000 .....	Detached .....	0.20 .....	22204 .....	ALCOVA HEIGHTS
1043 STUART ST N .....	4 ... 3 ... 1 .....	ARLINGTON .....	\$1,010,000 .....	Townhouse .....	0.03 .....	22201 .....	BROMPTONS AT BALLSTON
800 ADAMS ST S .....	5 ... 4 ... 1 .....	ARLINGTON .....	\$1,010,000 .....	Detached .....	0.13 .....	22204 .....	PENROSE
4847 30TH ST N .....	5 ... 3 ... 0 .....	ARLINGTON .....	\$995,000 .....	Detached .....	0.35 .....	22207 .....	COUNTRY CLUB HILLS/SHIRLEY WOODS
610 TAYLOR ST .....	5 ... 3 ... 1 .....	ARLINGTON .....	\$985,000 .....	Detached .....	0.26 .....	22204 .....	BARCROFT
3801 EDISON ST N .....	5 ... 4 ... 0 .....	ARLINGTON .....	\$983,000 .....	Detached .....	0.44 .....	22207 .....	WILLIAMSBURG VILLAGE
1554 COLONIAL TER .....	3 ... 2 ... 1 .....	ARLINGTON .....	\$980,000 .....	Townhouse .....	0.03 .....	22209 .....	HIGHGATE
3451 VENICE ST N .....	4 ... 3 ... 1 .....	ARLINGTON .....	\$975,000 .....	Detached .....	0.30 .....	22207 .....	COUNTRY CLUB HILLS

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## REAL ESTATE NOTES

Send announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Photos are welcome.

**Bruce L. Green**, regional vice president of **Weichert Realtors** announced the Arlington office was recognized for outstanding performance in May. The office led the region, which is comprised of offices throughout Fairfax, Loudoun, Fauquier and Delaware counties, for new home dollar volume. Sales Associate **Julio Henriquez** of the Arlington office was individually recognized for his exceptional industry success during the month of May. Henriquez led the region for new home dollar volume.

## BUSINESS NOTES

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Deadline is Thursday at noon. Photos welcomed.

**Virginia Commerce Bank** welcomes **Steve Witt** back to the bank as senior vice president and product development manager. Witt was previously with the bank for five years as an officer on its Treasury Management and Business Development teams, and has been in the banking industry for 10 years.

**Virginia Hospital Center** in Arlington has been accredited as a Level 1 facility by the Bariatric Surgery Center Network Accreditation Program of the American College of Surgeons. Through the accreditation, the Centers for Medicare & Medicaid service recognizes Virginia Hospital Center and allows expanded Medicare coverage of bariatric surgery for beneficiaries of all ages who have been diagnosed with other health problems associated with obesity.

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# OPEN HOUSES IN ARLINGTON JULY 21 & 22

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## 22201

1906 N Adams St.....\$829,000..Sun 1-4...Valerie Wilkinson.....Weichert..703-585-9271  
2201 19th Ct N.....\$1,101,056..Sat 2-4.....Eric Rifland.....AMRG..703-868-8196  
2203 19th Ct N.....\$961,175..Sun 2-4.....Eric Rifland.....AMRG..703-868-8196  
823 N Lincoln.....\$1,099,000..Sun 1-4.....Ron Cathell..Keller Williams..703-975-2500

## 22202

3600 S Glebe Rd #429..\$489,900..Sun 1-4.....Jackie Schillig.....Weichert..703-200-4919

## 22203

716 N Wakefield St.....\$609,900..Sun 1-4.....David Lloyd.....Weichert..703-593-3204

## 22204

1636 S Taylor.....\$519,900..Sun 1-4..Jeffery McGlothlin.....McEneaney..703-798-0137  
5012 11th St S.....\$424,000..Sun 1-4.....Ann Wilson..Keller Williams..703-328-0532  
5425 5th St S.....\$499,000..Sun 1-4.....Ann Wilson..Keller Williams..703-328-0532

## 22207

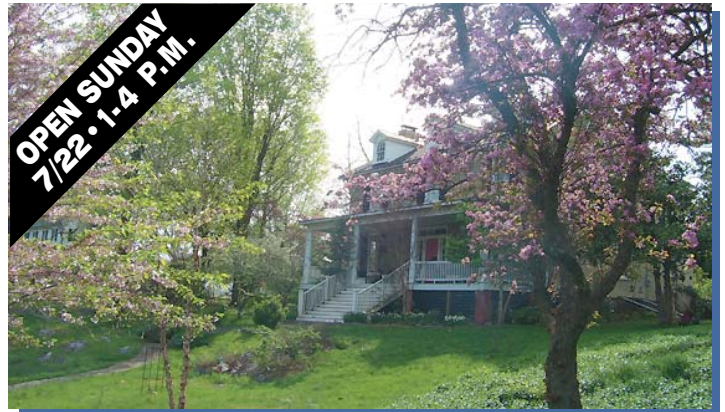
4010 38th Pl N.....\$1,400,000..Sun 1-4.....Scott Pearson.....RE/MAX..703-795-4144  
4618 N 17th St.....\$729,000..Sun 1-4.....Marty Merriam..Long & Foster..703-795-0099  
5411 N 30th St.....\$939,000..Sun 1-4.....Sally Kramer.....RE/MAX..703-522-1940  
6049 N 26th Rd.....\$839,900..Sun 1-4.....Dane Work.....RE/MAX..703-869-4567

For an Open House Listing Form, call Deb Funk at 703-778-9444 or e-mail [debfunk@connectionnewspapers.com](mailto:debfunk@connectionnewspapers.com)

All listings due by Monday at 3 P.M.

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# Pedaling with Pals

## Potomac Pedalers provides group rides for area cyclists.

BY JON ROETMAN  
THE CONNECTION

**N**ancy Avitabile joined the Potomac Pedalers roughly 15 years ago to ride with others who shared her love for cycling. While the friends and knowledge she gained from joining the Pedalers brought personal satisfaction, her physical improvement in the sport helped bring Avitabile national recognition.

Avitabile, a 64-year-old Bethesda resident, has competed in more than 25 triathlons since participating in her first in 1996. She won the 2010 USA Triathlon amateur national championship for her age group. In 2011, her accomplishments involved winning her age group at the Nation's Triathlon and the Miami Half-Ironman Triathlon. This year, Avitabile finished first in her age group at the Eagleman Half-Ironman triathlon in Cambridge, Md., on June 10, earning her a slot in the Hawaii Ironman World Championship in October. On July 8, she won her age group at the New York City Triathlon. She's also a member of Team USA and will represent the country at this year's world championships in New Zealand.

Avitabile credits the Potomac Pedalers for some of her triathlon success.

"I became a better cyclist," she said.

The Potomac Pedalers Touring Club is a cycling club for residents of Maryland, Washington, D.C., and Virginia. Founded in 1966, the club offers group rides for cyclists of all ages and ability levels. It's one of the largest cycling clubs in the nation, with 3,500 members in 2010, according to [raceacrossamerica.org](http://raceacrossamerica.org).



**Arlington resident and Potomac Pedalers member Ed Hazelwood is seen in front of the Brandenburg Gate in Berlin in 2010.**

Cyclists are categorized by "ride class" to assure groups contain members of similar ability levels. A cyclist's ride class is determined by his or her average riding speed and endurance.

The club encourages beginners to start in the "D" class. According to the club's ride class table, a D rider averages 10-12 mph on flat ground and typically travels routes of 10-25 miles. In comparison, a "B" rider averages 16-18 mph on flat ground and travels a route length of 40-60 miles. An

"AA" rider, the highest class, averages 22-24 mph on flat ground and travels routes of 60-100 miles.

Some members look to improve their speed and stamina and move into a different class, while others enjoy the slower, more social rides.

"You get out of it what you want to get out of it," said Bob Bernstein, the 2012 chairman of the Pedalers' executive committee.

Avitabile, who is the committee's treasurer, started below B level when she joined the club in the mid 1990s, but rode with B groups as a way to push herself to improve. She is now a group leader for BB rides.

"The club members were great," she said. "They were really helpful with giving me pointers with how to ride faster and how to ride

better."

Avitabile said triathletes view running, swimming and cycling as part of one event, rather than three individual sports. However, she said cycling is her favorite of the trio.

"I love cycling," Avitabile said. "I love getting out there and going fast. There's just something about cycling — a real sense of freedom."

Bernstein said the Pedalers offer cyclists many benefits.

"One is just the social aspect: being able to share the sport with others who enjoy it," he said. "The learning aspect: if somebody has a bike and they're out there riding alone, they don't necessarily learn some of the hints or some of the things an experienced cyclist knows. By joining the club, you can stay out of trouble [and learn] how to keep from getting hit [by a car]."

Bernstein, a 57-year-old Ellicott City, Md., resident, has been a Pedalers member since

2003, but has been a cyclist in some form since his teens.

"Right now I would say [cycling is] a passion," he said. "It started out as transportation — I didn't have car. It evolved from transportation to sport, to passion and exercise."

Weight loss is one of the ways 62-year-old Arlington resident and Potomac Pedalers member Ed Hazelwood has benefitted from cycling. Hazelwood said he's logged more miles on his bike as the weather has grown warmer, helping him lose 10 pounds since May.

"I think I [ride] mostly because I enjoy it," he said, "but I really, really like the health benefits."

After living in Italy for five years, 53-year-old Springfield resident Chris White has been back with the Pedalers for three years and is a member of the executive committee. Along with trips to the gym and changes to his diet, White said cycling has helped

SEE CYCLING, PAGE 15

### SPORTS BRIEFS

## WGCC Finishes Second At Division-A Relays

On July 12, the WGCC Lightning traveled to Kenwood Country Club in Bethesda for the Country Club Swimming and Diving Association Division-A Relays. The five teams — WGCC, Kenwood, Congressional, Columbia and Army-Navy — from the top division of the CCSDA competed in age-group freestyle and medley relays. Although the Lightning finished in the top two in 18 out of 22 events, they were narrowly defeated by Kenwood Country Club. Final scores for the Division-A Relays were: Kenwood (232); WGCC (216); Congressional (168); Army-Navy (162); and Columbia (126).

Several meet records were broken by WGCC swimmers. The boys' 8U 100-meter medley relay team of Cab Fooshe, Jack Carman, Paddy McCarthy and Alex Gerlach won in a record-breaking time of 1:23.16. The boys' 12U 200 medley relay team of Carson Wood, Richard Gentry, Spencer Lukehart and Zander Zidlicky won their race in a record-breaking time of 2:17.92. The boys' 12U 200 freestyle medley relay team of Wood, Zidlicky, Charlie Moore and David DiMeglio won in a record-setting time



**The WGCC relay team of Alex Gerlach, Paddy McCarthy, Cab Fooshe and Jack Carman won the boys' 8U 100-meter medley relay event in a meet record-setting time.**

of 2:00.81. The girls' 8U 100 freestyle medley team of Sophie Yoder, Pamela Grace von Seelen, Sydney-Cate Thornett and Avery Nassetta broke a meet record by winning their event in a time of 1:11.68. Finally, the girls' 10U 100 medley relay team of Kate Burke, Amanda DiMeglio, Jillian Johnson and Caroline Otteni won their event.

This week, fellow Arlington club Army-Navy makes the short trek to WGCC for the Lightning's final dual meet of the season. Then, the Lightning head into Division-A championships and the CCSDA championships in the next few weeks.

## WGCC Divers Beat Army-Navy

WGCC divers are well on their way to defending their 13th year as CCSDA dive champions as they sealed another victory at home on July 9, defeating Army-Navy Country Club by a score of 63-23. The Lightning girls swept the top three positions in all age groups, with first-place finishes going to Avery Nassetta (8U girls), Nicole Garibaldi (10U girls), Angus Ricks (10U boys), Julia Hays (12U girls), Abby Didawick (14U girls), Gregory Strabo (14U boys) and Mason Nassetta (18U girls). Vincent Tramonte placed second for the 18U boys and Daniel Green placed third diving up an age group as a 12U boy.

Junior champs will be held on July 26, followed by senior champs on July 27 at Manor Country Club.



# "FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington's Office of Senior Adult Programs for July 30-Aug. 4.

**Arlington senior centers:** Aurora Hills, 735 S. 18th St.; Walter Reed, 2909 S. 16th St.; Culpepper Garden, 4435 N. Pershing Dr.; Langston-Brown, 2121 N. Culpepper St.; Lee, 5722 Lee Hwy.; Arlington Mill at Fairlington, 3308 S. Stafford St.; also Madison Community Center, 3829 N. Stafford St.; TJ Comm. Center, 3501 S. 2nd St.

**Senior trips:** Monday, July 30, tour Luray Caverns and historic Luray, Va., \$46; Wednesday, Aug. 1, Philadelphia Art Museum, Penn., \$62; Thursday, Aug. 2, historic church tour, Alex., \$28

(includes lunch). Saturday, Aug. 4, Choptank Riverboat Cruise, Hurluck, Md., \$56. Call Arlington County 55+ Travel, 703-228-4748.

**Overview of aging and disability services,** Monday, July 30, 11 a.m., Culpepper Garden. Register, 703-228-4403. Free.

**Understanding reverse mortgages,** Monday, July 30, 1:30 p.m., Aurora Hills. Free. Register, 703-228-5722.

**Northern Virginia Senior Olympics** information weekdays, 703-228-4721 or email NVSO1982@gmail.com.

**Eat well with less salt,** Tuesday, July 31, 11 a.m., Langston-Brown. Free.

Register, 703-228-6300.

**Free hearing screening,** Tuesday, July 31, 10 a.m. - 12 p.m., Culpepper Garden. Call for appointment, 703-228-4403.

**Indoor walking program,** Tuesdays, 9:30 a.m., Langston-Brown. Free. Details, 703-228-6300.

**Bucket list adventures** for seniors, Wednesday, Aug. 1, 10 a.m., Arlington Office of Senior Adult Programs, 703-228-4745.

**Let's Talk Self Defense,** Thursday, Aug. 2, 1 p.m., Walter Reed. Free. Register, 703-228-0955.

**Lee Woodcarvers,** Lee Senior Center, Thursdays, 1 p.m. Details, 703-228-0555.

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# Circumstances Be Damned

By KENNETH B. LOURIE



If only it were as easy to actually live it as it is to write it. As much as I believe what I write, it's still difficult to ignore certain facts ("the underlying diagnosis," as I often refer to my diagnosis) and the feelings associated with it. Although I'm very good at pretending and ignoring and making light/poking fun at my "circumstances," there is a certain reality to consider. Aside from my never having pitched at Fenway Park for my hometown Boston Red Sox, I'm probably not getting any younger and apparently, not likely to get as old as either of my parents were when they died, ages 86 and 87.

The challenge then, looking forward, is making the best of a bad situation – which is my nature. So on paper, the plan should work, and mostly it does. But occasionally – and more so now (40 months post-diagnosis) than ever, there is some seepage; emotions take hold and all the rational, self-help-type pep talks I give myself fall on deaf ears; I'm listening, but it's hard to hear. As much as I'd like to mind my own business – literally, and steer clear of all this cancer stuff, sometimes I can't. And though I never feel sorry for myself, I do feel a little unmotivated, a bit lethargic and somewhat apathetic. Tasks which once were priorities are now relegated. Maybe not to the dustbin, but low on the totem pole so that I don't even know where the totem pole is, figuratively speaking. But as I'm always myself saying: I have bigger problems, so who cares?

I do, or rather I should, but changing the course of my most recent history, admirable and desirable though it may be, may in turn be creating stresses and unrealistic demands that are counter-productive to who I am and who I want to be. My circumstances/situation/prognosis is bad enough on its own; I don't need to make it any worse.

There's a fine line between accepting your circumstances (you'll note I didn't say fate) and not giving into them. On the one hand, it's knowing your limitations (so as to not make matters worse); on the other, it's doing what makes you happy. Because being diagnosed with stage IV (inoperable/terminal) is all it's cracked up to be. Finding a way, mentally, to navigate through the slings and arrows of this outrageous misfortune (to turn a phrase inside out) is the order of the day. To be a survivor, one has to have a certain ability to not take personally that which is happening to your person. Moreover, the challenge is finding a balance between living for yourself, living for others, living for today and living for tomorrow (very much easier written than actually accomplished).

Cancer is insidious. It affects you physically for sure, but at least for me, emotionally even more. Generally speaking, the treatments are about the physical (tumors) manifestations of the disease. The mental/emotional effects are less obvious and not usually indicated on any of the diagnostic scans oncologists recommend. Interpreting a scan is one thing; reading a patients' mind quite another. No one said this cancer experience was going to be easy; in fact, a close friend, Lynne (a cancer survivor herself) said to me: "This is going to be the toughest thing you've ever done." And of course, she was right. Unfortunately, the experience hasn't made it any easier. Familiar? Yes. Manageable? Mostly. In control? Not so much.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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### 21 Announcements

### 21 Announcements

#### Obituary

**Dailey L. Poland, age 94** of Great Falls, VA, died peacefully on July 14, 2012. Beloved husband of late Charlotte J. Poland. Devoted father of Barbara Edwards (William) of Purcellville, VA, Robert Poland (Angie) of Dunkirk, MD, Karen Hutchison (Steve) of Herndon, VA, Edgar Poland of Great Falls, VA. Also survived by 2 grandchildren, 1 great-grandchild, numerous other family and friends.

Family will receive guests Wed, July 18 5-8 PM at Adams-Green Funeral Home, 721 Elden St., Herndon, VA. A Masonic service will be held at 7:00 PM. Military Honors will be held at 7:30 PM Graveside service will be held Thursday, July 19 at 12:00 noon at Indian Mound Cemetery, Main Street, Romney, WV.

Memorial donations suggested to American Lung Association.

For additional information and online condolences visit  
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### 21 Announcements

### 21 Announcements

#### TRUSTEE'S SALE OF VALUABLE IMPROVED REAL ESTATE

Improved by the premises known as  
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In execution of a Deed of Trust from David J. Cho, also known of record as Jae Yong Cho, and Eun Jung Cho, dated July 13, 2007, and recorded July 18, 2007, in Deed Book 19461 at page 918, and re-recorded September 21, 2007, in Deed Book 19577 at page 1053 among the Land Records of Fairfax County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Fairfax County, at 4110 Chain Bridge Road, Fairfax, Virginia, on

**Tuesday, JULY 27, 2012 at 11:00 a.m.**

the following property being the property contained in said Deed of Trust, described as follows:

Lot 9, Resubdivision of Parcel 1A, FOSTER SUBDIVISION, as the same appears duly dedicated, plotted and recorded in Deed Book 11178 at page 1032, among the Land Records of Fairfax County, Virginia.

Commonly known as 8894 Windy Ridge Way, McLean, Virginia 22102.

**TERMS OF SALE:** A deposit of \$100,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 7.125 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

Sale shall be made subject to all existing easements and restrictive covenants as the same may lawfully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of sale.

The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser also shall be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of title, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.

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## SPORTS

# Cycling

FROM PAGE 12

him lose 20-25 pounds in recent years. "I wasn't all that active for about five years [in Italy]," he said. "... I stopped [drinking] wine and [eating] pasta."

Deb Reynolds, a 45-year-old Alexandria resident and Pedalers member since 2003, said cycling is also a way to gather one's thoughts.

"It's exercise, but it's also a stress reliever," said Reynolds, who is also a member of the club's executive committee. "When you're out there riding — we do wear helmets — but you have a feeling of the wind in your hair. It really does relieve a lot of stress and you're able to think things over. ... On days that I can actually ride to work, I'm able to think things through and I get to work and the day goes better."

Bethesda resident and Pedalers member Carol Linden called cycling a form of "mental therapy."

While the Pedalers have a sense of camaraderie on their bikes, some club members share a bond through following the Tour de France. The Pedalers hosted a Tour de France happy hour in Arlington on July 18. Hazelwood twice attended the Tour, and in 2008 he biked in the French Alps the day before the Tour de France climbed the path.

The Pedalers offer group rides throughout the week and on weekends in parts of Maryland, Washington, D.C., and Virginia. The Pedalers' ride schedule can be found on its Website, [potomacpedalers.org](http://potomacpedalers.org).

**"It really does relieve a lot of stress and you're able to think things over."**

— Deb Reynolds, Alexandria resident and Pedalers member since 2003

A one-year individual membership costs \$30. A one-year family membership is \$37, and the annual student rate is \$25. An individual lifetime membership is available for \$350. The Potomac Pedalers Touring Club is a non-profit corporation.

Bernstein said while not every cyclist has a positive first ride with the Pedalers, he encouraged those who experience difficulties to communicate with club leaders to solve the problem.

"The club is constantly evolving," Bernstein said. "If somebody tries the club and there is some specific thing that happened that they don't like, they should contact me or another ride leader and discuss it. We're trying to make the club as open as possible and give people a positive riding experience."

White said the club offers an opportunity for all cyclists to have a good time.

"If you're new to the area, it's a good way to meet people if you're into cycling because there are so many different levels of cycling," he said. "We cover such a large area, there is something in it for everybody. You don't have to be in one area to take advantage of it."

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