

A.J. Smith, a Herndon native, performs at Cafe Montmartre at Lake Anne Friday, July 13. Smith was recently awarded a scholarship at NYU for his songwriting.

Striving for 'Best Show'

ENTERTAINMENT, PAGE 8

President Comes To the Area

NEWS, PAGE 3

Golf Marathon for a Cause

SPORTS, PAGE 12

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'I Like the Kind of Man He Is'

Residents flock to Centreville High to hear president Obama speak.

BY BONNIE HOBBS
THE CONNECTION

They came, they waited and, more than three hours later, they entered Centreville High's gym. Hundreds and hundreds of people from the local community, as well as from Loudoun and Prince William counties, stood in humid, 96-degree heat Saturday afternoon to see President Barack Obama in person and hear him speak at a grassroots campaign rally.

"We thought, if the president was this close to our house, there was no excuse not to make an effort to be here," said Susan Woodruff of Little Rocky Run. "I have two nephews, 11 and 4, here from Charlotte, N.C., and we're excited for them to have a once-in-a-lifetime chance to see the president."

Concerned about "the extremism and the lack of bipartisanship in our government," she said, "I'm definitely going to vote for him."

SPORTING A T-SHIRT with several pictures of Obama on it, Centreville High freshman Miles Brooks didn't mind the long wait outside. "It's worth it to see the first black president of the United States," he said. "So far, he's done a good job running this country, trying to keep it together."

Agreeing, Virginia Run's Gay Crosby – whose son Jason teaches history at Centreville High – said Obama "doesn't get enough credit" for all the good things he's done. "I've been involved in politics all my life, working on different campaigns," she said. "But this is the most important election in my lifetime – because it's to save the middle class. It keeps going down, along with the salaries."

Thelma Bowles of Fair Oaks is an Obama campaign volunteer, but she was there last Saturday, July 14, as a resident and a supporter. "I am in – and I was in 2008, too," she said. "I like the kind of man he is – honorable and intelligent, and someone who can talk to all kinds of people. He's also a good, family man."

She said Obama's worked hard to get things ac-



President meets an enthusiastic crowd.

PHOTOS BY DEB COBB/THE CONNECTION

complished for the country, but "a broken Congress has blocked him from achieving all the things he promised us. But in a second term – which he will get – I do believe he'll come from a different place and push through the things he wasn't able to before."

Fairfax's Paul Burgess wanted "to see and support the president in any way I can. I took off work early, Thursday, and stood in line for two-and-a-half hours to get tickets." He said the economy and jobs are the most important issues in the upcoming election. And, he added, "Hopefully, with the changes in Congress, this time around he can get something done, other than executive orders."

But if Republican candidate Mitt Romney becomes president, said Burgess, "My greatest fear is that our country will just go to hell in a hand basket. I fear it'll spread the two extremes even more; and more people will drop out from the middle class into the lower class and we'll be headed for another calamity."

Also looking forward to hearing Obama speak was Ed Neugass, 68, of Herndon. "This'll be the first president I've seen in person," he said. "I think he knows who we are – we have each other's back – which is to say we're connected." And like Bowles, he said the big issue is "getting past Republican blocking on the economy and jobs."

Regarding Romney, Neugass said, "He has a great problem with the truth, so I'm fearful people will rely on what he says and we'll suffer as a result. People will lose their jobs and houses and will be pitted against each other. I'm also concerned that the regulators of our banks will not regulate, and the greedy people within them will figure out a way to bring down our banking system again."

Troy Carpenter of Centreville's Centre Ridge community wanted his children, 16 and 12, to see their president and learn what it's like to be involved in the political process. Saying he shares the same views for this country as Obama does, Carpenter said, "This will be a critical election. The president's trying hard to help the ones who've not been able to get help before. The Democrats tend to have more of those values that I strongly support."

He, too, said jobs and the economy are the crucial issues in this election. "It's not just about Obama getting elected," said Carpenter. "It's about people of like mind also getting into office and being able to move his agenda forward."

SEE PRESIDENT, PAGE 10

Thelma Bowles of Fair Oaks is happy to hear the president speak.



PHOTO BY
BONNIE HOBBS/THE
CONNECTION



Rep. Frank Wolf (R-10) speaks at the Feds Feed Families kickoff.



Rep. Gerry Connolly (D-11) addresses U.S. Geological Survey employees.

Feds Feed Families Kicks Off at USGS

Reps. Wolf, Connolly host opening of food bank support program.

BY ALEX MCVEIGH
THE CONNECTION

Last federal employees donated 5.7 million pounds.

Many local food banks go for an extra push around the holiday season, trying to help the area's less fortunate make it through the end of the year with extra food, maybe even a few gifts. But that changes during the summer, with schools out and people on vacation, food banks can find their supplies dwindling, even when the demand does not.

It was with this in mind that Rep. Frank Wolf (R-10) and Rep. Gerry Connolly (D-11) helped kick off the annual Feds Feed Families program at the U.S. Geological Survey's Reston headquarters Monday.

"Summer is a particularly difficult time. In my district, all the schools do food programs, but school isn't around in July, August and they have a hard time in September," Wolf said. "Secondly, with the loss of power that many of us experienced, people had to throw out a lot of food. If you're a family that's struggling, you had to toss food you were counting on. Also, some of the food banks lost their power and lost much of the food they have."

This is the third year of the Feds Feed Families program, which collects nonperishable food items. Since its inception, it has collected more than eight million pounds of food during that time.

"Last year we were trying to raise two million pounds, and we exceeded it by so much, we're not going to even have a goal this year," said David Hayes, Deputy Secretary of the Interior. "This year, our goal is simply to beat our best, not have a specific number of pounds, but to just go for it."

"This program was started because in the summer months there was a drop off in contributions, even though the demand is continuing, even increasing, we didn't feel the importance of continuing to support these food banks was there," said Marcia McNutt, director of the USGS.

Connolly spoke to the need of many in the county, that despite its affluence, there are still people in need.

"Over 30 percent of kids in Fairfax County, the 11th largest school district in America, are on free or reduced lunches," he said. "The need is real. We have real pockets of underprivilege here, real pockets of real needs. Reston Interfaith reports that in the last 12-month period, they have seen the highest demand ever recorded on its food bank. Stocks can run low, but the need does not."

John Barry, director of the Office of Personnel Management, stressed the importance of the program to food banks around the country, particularly in the local area.

"Locally, this program has been a lifeline for food banks in community after community, from Winchester to St. Mary's on the Eastern Shore," he said. "It has made a difference for so many communities, so many families. This year, when families have lost power and lost their food supplies in their fridge and freezer, they are going to rely on a food bank to restock. And we can help."

Food donations boxes are placed around the USGS and many other federal workplaces throughout the summer. More information, including a list of needed items, can be found at www.fedsfeedfamilies.org.

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News

Herndon Town Clerk Viki Wellershaus administers the oath of office to Herndon police officer James Moore, to bestow on him the rank of lieutenant Monday, June 16 at the Herndon Police Station.



PHOTO BY ALEX McVEIGH/THE CONNECTION

Moore Promoted to Lieutenant

Twelve-year veteran will serve as assistant support services commander.

BY ALEX McVEIGH
THE CONNECTION

Herndon police officer James Moore was promoted to lieutenant Monday, July 16. The 12-year veteran of the force will assume duties as assistant support services commander, where he will supervise criminal investigations, public information and crime prevention.

"This is a special day for us because one of our rank and file members is going on to take additional leadership responsibilities," said Capt. Larry Presgrave.

Moore began his career with the Metropolitan Washington Airports Authority Po-

lice in 1986. In 1989 he joined the Arlington County Police Department, where he worked in the street crimes unit and the criminal investigations section as a property crimes and robbery/homicide detective. He served with Arlington County until joining the Herndon Police Department in 2000.

"Twelve years ago, I made a tough decision to leave Arlington County and come to Herndon, but it was the right decision," Moore said. "But I wouldn't be here at all without the support of my wife and kids."

During his tenure with the HPD, Moore has served as a patrol officer, detective,

SEE MOVING ON, PAGE 5

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NEWS

Moving On

FROM PAGE 4

patrol sergeant and criminal investigations supervisor. He was also named Officer of the Year in 2003.

Herndon Police Chief Maggie DeBoard praised Moore's attention to detail, communication skills, dedication to the community, exceptional judgment and his commitment to the safety and well-being of the people around him.

"This decision was all about leadership qualities for me," DeBoard said. "Jim now joins the higher rank, which comes with elevated expectations, but I have great confidence he will meet those expectations."

Moore took his oath of office next to his wife Sue and their three daughters. DeBoard made sure to thank them for the support they provided Moore during his career, and in the years to come.

"Jim has worked long hours, sacrificed time with his family and dealt with the daily stress that comes with the job," she said. "This affects him every day, but also his family, sometimes even more. Without their support, he wouldn't be here."



From right, Herndon Chief of Police Maggie DeBoard promotes police officer James Moore to the rank of lieutenant Monday, July 16.

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Leaving Millions on the Table

Virginia should embrace opportunity for more health care coverage for poor residents.

Chances are that if you are reading this, you have employer-provided health insurance. While you might worry about the young adults in your family or the lower wage workers in your organization, you also know that if you are sick, you can go to the doctor.

Incredibly, 144,873 residents of Fairfax County have no health insurance. That's more than 13 percent of the slightly more than 1 million people who live in the wealthiest county in the nation. Household income in Fairfax County averages more than \$122,000 a year.

Under the health care reform act, many of Virginia's uninsured residents could be covered by an expansion of Medicaid that would be paid for almost entirely by federal funds. But while the reform act itself was upheld by the U.S. Supreme Court, the court also opened a door for states to opt out of the expansion of Medicaid.

From a practical perspective, declining federal money to provide healthcare to uninsured Virginians makes no more sense than declining federal funds for transportation because you don't like the feds telling you to wear your seatbelt.

But Gov. Bob McDonnell says expanding Medicaid is a terrible idea.

The state's refusal to be included in the program would deny health insurance coverage to a quarter-million Virginians, said U.S. Rep. Gerry Connolly and others in urging McDonnell to accept the expanded coverage.

Medical care for uninsured Virginian adds up to \$1.65 billion a year in uncompensated costs. Medicare expansion would help reduce that by \$860 million per year, according to the Virginia Health Reform Initiative Advisory Council.

Virginia stands to lose more than \$9.2 billion in federal funds over the first five years of the new law if it opts out of the provision that expands Medicaid to individuals and families with incomes up to 133 percent of the poverty level, \$14,856 for an individual; \$30,656 for a family of four, Connolly said.

A revealing look at the possible local role of the health care reform act appears in this week's Mount Vernon Gazette, written by Del. Scott Surovell (D-44).

Surovell represents a district of 80,000 residents with stark differences between wealthy and poor in Fairfax County. The Mount Vernon area district is tied for the highest percentage of Medicaid beneficiaries in Fairfax County. One in seven people in the 44th District re-

ceive health insurance from Medicaid; 74 percent of these are children, 5 percent are pregnant, 6 percent are poor adults, with the rest elderly residents and people with disabilities. Surovell reports the largest number of Medicaid births at any hospital in Virginia occurs at Fairfax INOVA Hospital. The 44th District has a higher percentage of uninsured individuals compared with the rest of Fairfax County.

Surovell argues that his district desperately needs the help that would come with the expansion of Medicaid and other provisions under the new law.

Here is how he explains the mechanism: Health insurance reform would expand coverage by two means. First, if states expand their Medicaid programs to all individuals at 133 percent of Federal Poverty Level, the federal government picks up 100 percent of the cost in 2014-2016, and 90 percent after 2020. Second, states are required to set up healthcare exchanges to make more affordable health insurance available for individuals without employer health insurance benefits, and individuals with incomes between 100-400 percent of the federal poverty level receive a tax credit to help with the cost. Coverage was also expanded by banning coverage denials based on pre-existing conditions and requiring companies to cover college students through age 26.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

LETTERS TO THE EDITOR

Making Care Affordable

To the Editor:

Many people have personal reasons for being glad that the Supreme Court has upheld President Obama's Affordable Care Act, and for hoping that his opponents will not be able to repeal it. I have a couple of my own:

First, a Virginia carpenter whom I deeply respect came to me as he was battling colon cancer. He had no health insurance. His biggest fear was not death but the debts he had amassed in fighting the disease. He had reached financial ruin and was about to lose his house. There was no job that was too hard or too menial for him to do. In the strength of his manhood he had done them all. Yet he cried like a baby from the shame he perceived in having to ask me for money. It is uncivilized and inhumane to have more than 30 million Americans who have no insurance, cannot get it, and face financial ruin if they get sick like my carpenter friend. President Obama's Affordable Care Act, when fully implemented, will basically solve this problem.

Second, my brother Dr. Donald

M. Vickery got me to introduce in the Virginia House of Delegates some of the first wellness, preventative care legislation some thirty five years ago. The legislation failed, but Donnie went on to write a series of books advocating wellness and health care. Don has now passed away, but President Obama's Affordable Care Act puts into effect wellness and preventative care as a national health priority. My brother would have been proud.

I believe that when most Americans think about it, they will have their own personal reasons to be in favor of President Obama's Affordable Care Act. These reason will range from banning denial of coverage because of pre-existing conditions, fixing gaps in prescription drug coverage, ending insurance discrimination against women, to allowing young adults to stay on their parents coverage.

Now that there have been positive decisions from the judicial, legislative, and executive branches of government, it is time to recognize the benefits of President Obama's Affordable Care Act, put partisan attacks behind us, and move on.

Raymond E. Vickery, Jr.
Vienna

A 'Key Reason' Overlooked

To the Editor:

I was disappointed in Mr. Horrock's commentary on the Silver Line [Silver Line Gets 'Green Light' The Connection, July 11-17, 2012].

I had hoped it would provide more facts, and less opinion.

I support Mr. Horrock espousing his political views, but I'd prefer not to read them as part of a news item.

Conspicuous by its absence in Mr. Horrock's piece was one key reason for the hold-up of the Silver Line by both Loudoun County as well as the Governor.

That issue was the requirement that contractors for the construction of the Silver Line extension would have to be Union Shops — meaning that companies would have to hire union labor to win their contracts.

Since Virginia's economy has grown quite well without union organizers and the strife which usually attends that process, neither the Governor nor the Loudoun County Board was interested in promoting a union foothold via the Silver Line. Governor

McDonnell ended that problem by firing Dennis Martire — whom his Democratic predecessor [Tim Kaine] had appointed to the WMATA.

Martire was/is the Vice President of the Laborers' International Union of North America and had inserted the "project labor agreement" Union clause into WMATA's requirements against Governor McDonnell's instructions, and in contradiction to Virginia's Right to Work law.

I believe Mr. Martire is still under investigation for his profligate spending [\$38,000] which he charged to WMATA and Virginia; his \$10,586 tab for nine days in Sardinia to attend a one-day conference on airport security caused concern that he was perhaps abusing his expense account.

I, and other readers of the Reston Connection, would appreciate it if your reporters would follow Joe Friday's advice: "Just the facts, ma'am."

If we want a politicized slant on news that affects us, we can turn to the Washington Post.

We expect better from the Reston Connection.

Greg Davis
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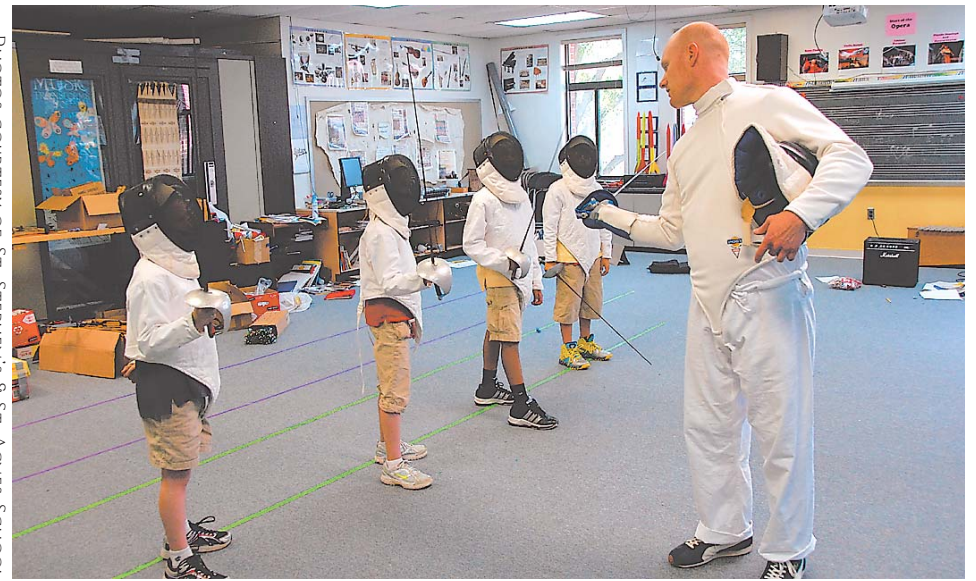
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Students at St. Stephen's & St. Agnes School participate in an after school "Kids in Motion" class. Experts say extracurricular activities offer social interactions, which are important to a child's development.



PHOTOS COURTESY OF ST. STEPHEN'S & ST. AGNES SCHOOL

Instructor Matthew Gehlhoff leads student at St. Stephen's & St. Agnes School in an after school fencing class. "If a parent notices that a child has a gift for piano or soccer, they should encourage it," said Rich Leichtweis, PhD, Senior Director of the Inova Kellar Center

Childhood Hobbies: Finding the Right Fit

Experts offer suggestions for choosing extracurricular activities for the fall.

BY MARILYN CAMPBELL
THE CONNECTION

While many are still basking in the lazy days of summer, Anna Faust is planning her 5-year-old son's after-school activity schedule for the fall. On his agenda: baseball, soccer, gymnastics, and tennis lessons.

"My plan is to expose him to as many activities as possible and hope that he chooses one and excels," said Faust. "Sometimes, though I can't tell if he's going along happily because all of his friends are doing it or because he really likes it."

Child development experts say deciding which and how many extracurricular activities are best for children is a dilemma that many parents face. Factors such as expense and time can make the process a delicate balancing act.

If a child wants to join a traveling hockey team, how does a parent know if his or her desire to play matches the necessary investment of pricey equipment? Should a par-

ent coax a reluctant child into taking piano lessons hoping to transform an unwilling tot into a musical prodigy? And how much is too much when it comes to hobbies? Local child development experts say the answers vary on a case-by-case basis.

"The key to balancing one's schedule between school work, extracurricular interests, family and friends is reached not so much by seeing these goods as necessarily in competition, but rather in seeing all of the time that we have been given as a great treasure that we have to use in the best possible way," said Michael Moynihan, Upper School Head of The Heights School in Potomac.

Extracurricular activities are an important part of a child's development, and finding the right fit is worth the effort. "They expose children to a variety of experiences and peers. For older children, they are a venue for healthy social interaction as opposed to participating in undesirable behavior," said Rich Leichtweis, PhD, Senior Director of the Inova Kellar Center in Fairfax, "If kids are on the computer or watching television

from the time they get home from school until dinner and then back on again until they go to bed, they are missing critical social opportunities that extra curricular activities can provide."

Assessing a true attraction to an activity versus a passing fancy can be tricky. "Parents should first ask their children what they might be interested in before signing them up, and they should be careful in monitoring how their children continue to feel about participating in these activities," wrote Chantilly resident Maria Londono, a mental health therapist for Fairfax Community Health Care Network in Reston, Falls Church and Alexandria, in an email.

While older children are able to express an opinion about activities, younger children might need more guidance. "If a child has a strength or interest we can build on that," said Leichtweis. "If parents notice that a child has a gift for piano or soccer, they should encourage it."

One pitfall, say experts, is following the pack. "Parents get pulled into activities because they think everybody else is doing it. Before you know it, those activities pile up and can be stressful," said McLean resident Michele Garofalo, EdD, Assistant Chair, Department of Counseling and Associate Professor of Psychology at Marymount Univer-

sity in Arlington.

How does a parent know if a child is overscheduled? "Some kids are ok with a lot of activities," said Leichtweis. "If a child is involved in a lot and they're doing well in school, getting adequate rest and there are no significant disruptions, then it's probably ok. But if there is a change in behavior, their grades slip, they're not getting enough rest and they're in eight different activities, then it is time to make a change."

Experts say there are warning signs that a parent might be pushing a child too hard. "When a child says 'I don't want to go to this activity' or 'I don't like the kids there' or if they are pouting or agitated when it's time to go, those are signals that they need a change," said Garofalo. "If extracurricular activities are fun and kids enjoy them, they can build a child's self-esteem and give them a place to shine, and children need a place to shine."

"Parents can set limits and help kids prioritize. We can listen to the kids, but it's our responsibility to set limits. A well-balanced child is a healthy child," said Leichtweis. Make sure to set aside time for rest. "Children need downtime and a break from organized activity," noted Susan DeLaurentis, Director of Counseling, St. Stephen's & St. Agnes School in Alexandria.



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Herndon resident and NYU junior AJ Smith performs at Cafe Montmartre in Reston Friday, July 13. Smith was recently awarded the NYU Steinhardt/Songwriters Hall of Fame Scholar of the Year.



From left, Xander Green, Matt Brown, A.J. Smith and Lloyd Kikoler perform at Cafe Montmartre in Reston Friday, July 13. Smith, a Herndon native, was recently awarded a scholarship at NYU, where he is a junior, for his songwriting.

Songwriter Performs Hometown Show

A.J. Smith performs with band at Lake Anne.

BY ALEX MCVEIGH
THE CONNECTION

A few months ago, AJ Smith, a junior at NYU got an email from a professor asking him to stop by his office. As a student studying Music Composition, the Herndon native thought it might be some news about his songwriting workshop.

"I sort of threw on some clothes and headed to his office, and that's when I got the news," Smith said. "And that's when I found out I had received the 2012 NYU Steinhardt/Songwriters Hall of Fame Scholar of the Year."

Smith, a multi-instrumentalist and singer who won the school's Ultra Violet Live competition last year, has been expanding his musical reach since attending NYU, and returned to Reston to play his first hometown show at Café Montmartre at Lake Anne Friday, July 13.

Smith recently joined forces with four other musicians, keyboardist Xander Green and bassist Lloyd Kikoler, fellow students at NYU and guitarist Matt Brown and drummer Tom Jorgensen, who attend the New School in New York.

Smith writes most of the group's music, and spent the past year expanding his songwriting horizons. After taking a graduate level songwriting class (as a junior, he was the only underclassman), he approached his professor about taking the class again.

While he wasn't allowed to, his professor did allow him to become a Teacher's Assistant, and he will be one of the first students at NYU's songwriting master's program.

"I think I'll be sort of the guinea pig, finding out how to develop the program," said Smith, who hopes to begin graduate school in the Spring of 2013.

"It's been fun watching him grow up from playing around on the piano to getting a scholarship from the Songwriter's Hall of Fame," his sister Sarah Smith said. "He's creating music that's so mature, and speaks to such a large population, because he's able to convey so many emotions successfully."

AFTER LINING UP THE GIG, the group



From right, A.J. Smith, of Herndon and Matt Brown play together onstage at Cafe Montmartre.

had to make their way to Northern Virginia. Green, Brown and Kikoler drove down from New York City, while Jorgensen flew in from Omaha, Neb., where he lives. The group came to stay at Smith's house and spent 12-14 hours a day playing together in preparation for the Lake Anne show.

"We've been on a pretty tight time constraint, working on a whole bunch of songs over the past two days," Brown said. "But we look at this show as a stepping stone, and as music majors, I think we've all got the skill sets to be able to learn a large repertoire. It's good practice."

While Smith writes the lyrics ("They make or break the song," he says) and basic chords for the group, he brings the songs to the rest of the group to work out their parts.

"A.J.'s music leaves a lot of it up to the individual members, he doesn't hand out sheet music for each part, we work much more organically," Green said.

Smith says the group isn't often critical of each other, they're more "self-critical" when it comes to fleshing out the individual parts of a song.

Each member of the group is well schooled in music theory, though they come from different backgrounds. Green has more of a Broadway and musical background, Jorgensen studied jazz and Brown has worked as a freelance guitarist in the city for Broadway and off-Broadway shows, and has a jazz background.

Jorgensen and Brown met when they were teamed up to play a jazz standard, and Brown said he was immediately struck by Jorgensen's skills.

Soon Green needed a drummer for a recital and approached Jorgensen to play. Soon the quintet was jamming in each others' apartments in their spare time, and found a chem-

istry developed both musically and personally.

"I think our friendship has really formed a strong foundation for our music," Jorgensen said.

During the sound check for their gig at Café Montmartre the sound technician commented how they sounded like they had been playing together for years, unaware that it hadn't been nearly that long.

Sarah Smith, who will head to William and Mary in the fall, is a skilled singer as well, and she performed an acoustic song with the group Friday.

"They've been practicing hard for the past few days at my house, and I've really enjoyed having some of the best musicians I've ever heard playing right under my roof," Sarah Smith said. "I haven't even listened to the radio, just them practicing."

All the group members said they were blown away with the hospitality of the Smith house.

"There are a lot of kids that want to go into music, but it's one of the most thankless jobs with such astronomically low odds of success," Brown said. "But their family has been so supportive, his mom is making us food, his sister is hanging out and singing with us, it's been great."

While the group isn't necessarily dreaming of packed stadiums and platinum albums (though they certainly aren't against the notion), they're more focused on being able to make music together for as long as they can.

"Buddy Rich, one of the best drummers to ever have lived, once said that as soon as he felt satisfied with his music, he would lay down his drumsticks forever," Jorgensen said. "And that's how we approach things. If you're rooted in your craft, and always ready to learn and to grow, you're never satisfied. We're always striving to play our best show, because we haven't had it yet."

THE SHOW AT CAFÉ MONTMARTRE showed off the group's versatility, as they played a variety of original songs. Smith's vocal range was also on full display during their cover medley, as he was able to capture the grittier rap vibe of Eminem's "Lose Yourself" just minutes before segueing into pop territory with songs such as Train's "Drops of Jupiter."

More information on Smith can be found at www.ajsmithmusic.com.

ENTERTAINMENT

Send announcements to herndon@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/JULY 19

Robbie Schaefer. 10:30 a.m. Filene Center, 1551 Trap Road, Vienna. Guitarist from folk-pop group Eddie From Ohio and host of Sirius XM radio's Kids Place Live. \$8-\$10 at 1-877-WOLFRAP or www.wolfrap.org/TITW.

Take a Break Concert Series: Sol y Rumba. 7-9 p.m. Lake Anne Plaza, Reston. 703-476-4500

FRIDAY/JULY 20

Kirov Academy of Ballet of Washington D.C. 10:30 a.m. Filene Center, 1551 Trap Road, Vienna. The secrets, techniques, and history of one of the art forms. \$8-\$10 at 1-877-WOLFRAP or www.wolfrap.org/TITW.

Good Ole Days Campfire. 7-8:30 p.m. WNC Campfire Ring - On Soapstone Drive, between Glade Drive and Lawyers Road. All ages. Listen to stories, sing fun songs and cook some yummy treats. RA Members \$5, Non-members \$8. 703-476-9682 and press 5.

SATURDAY/JULY 21

"Grease" 8-11 p.m. Post Gallery ArtSpace Herndon, 750 Center Street, Herndon. Join local dancers and singers along with John Travolta, and Olivia Newton-John as we "Move-Along" with the film. \$5. ArtspaceHerndon.com or 703-956-6590.

Digital Camera Scavenger Hunt. 11 a.m.-12:30 p.m. Walker Nature Center, 11450 Glade Drive, Reston. All ages. Bring your digital camera, and search the trails for a list of interesting things and creative pictures to compose. Reservations required by July 18. RA Members \$4, Non-members \$6. 703-476-9682 and press 5.

CINE CLASSICS Movie Series. 11 a.m. Bow Tie Cinemas, 11940 Market Street, Reston. Watch movies like Jaws, Jurassic Park, Back to the future and Raiders of the Lost Ark. Seats \$5; \$4 for Criterion Club. 703-464-0816 or bowtiecinemas.com.

Family Fun Entertainment Series: Pinot & Augustine Show. 10-10:45 a.m. Reston Town Center Pavilion, 11900 Market Street. A knock-about comedy and classic physical mime antics performed by Mark Jaster and Sabrina Mandell. 703-476-4500 or RestonCommunityCenter.com.

Reston Concerts on the Town Series - C.J. Chenier & the Red Hot Louisiana Band. 7:30-10 p.m. Zydeco, high-energy blues. Free. 703-689-4699.

Chesapeake Chocolates and Lake Anne Florist, Wine & Gourmet Celebrate Five Years. 11 a.m.-2 p.m. 11426 Washington Plaza West, Lake Anne Village Center, Reston. Celebrate summer with chocolate, wine, and flowers on Lake Anne. 703-437-8686

SUNDAY/JULY 22

Wolf Trap Opera Company: Aria Jukebox. 3 p.m. Wolf Trap Center for the Performing Arts, 1551 Trap Road, Vienna. Opera highlights. Preshow talk one hour before performance. www.wolfrap.org.

CINE CLASSICS Movie Series. 11 a.m. Bow Tie Cinemas, 11940 Market Street, Reston. Watch movies like Jaws, Jurassic Park, Back to the future and Raiders of the Lost Ark. Seats \$5; \$4 for Criterion Club. 703-464-0816 or bowtiecinemas.com.

HOME SALES

In June 2012, 109 homes sold between \$1,307,000-\$118,500 in the Herndon and Oak Hill area. This week's list represents those homes sold in the \$1,307,000-\$535,000 range. For the complete list, visit www.ConnectionNewspapers.com

Address	BR .	FB .	HB ...	Postal City	Sold Price ...	Type	Lot AC .	PostalCode	Subdivision
12605 OXON RD	5	6	1	OAK HILL	\$1,307,000	Detached	0.83	20171	ORCHARD GLEN
3100 BRONZEGATE CT	4	4	1	OAK HILL	\$1,265,000	Detached	1.03	20171	JOCELYNE HILL
12832 PARAPET WAY	5	6	1	OAK HILL	\$1,245,000	Detached	0.83	20171	OAKTON CHASE
12721 OX MEADOW DR	5	5	1	OAK HILL	\$1,230,000	Detached	0.69	20171	OX MEADOW
12420 ENGLISH GARDEN CT	5	4	1	OAK HILL	\$990,000	Detached	1.03	20171	COPPER CREEK
13507 MAVERICK LN	5	4	1	HERNDON	\$929,000	Detached	0.58	20171	MUSTANG CROSSING
12801 NETHERLEIGH PL	6	4	1	HERNDON	\$915,000	Detached	0.29	20171	OAK FARMS
12945 CEDAR GLEN LN	5	4	1	OAK HILL	\$810,000	Detached	0.20	20171	OAKMILL
12823 WILLOW GLEN CT	5	3	2	HERNDON	\$799,900	Detached	0.54	20171	FRANKLIN FARM
12831 WILLIAMS MEADOW CT	5	4	1	HERNDON	\$780,000	Detached	0.26	20171	MONROE CHASE
13001 BANKFOOT CT	4	3	1	HERNDON	\$753,000	Detached	0.30	20171	CHANTILLY HIGHLANDS
11588 SOUTHLINGTON LN	4	3	1	HERNDON	\$750,000	Detached	0.57	20170	SHAKER WOODS
3021 LEEFIELD DR	5	3	1	HERNDON	\$725,000	Detached	1.41	20171	FOX MILL ACRES
13009 MONROE MANOR DR	4	2	1	HERNDON	\$715,000	Detached	0.20	20171	MONROE MANOR
12809 WILLOW GLEN CT	4	3	0	HERNDON	\$675,000	Detached	0.54	20171	FRANKLIN FARM
3215 GRASSMERE CT	4	3	1	OAK HILL	\$649,900	Detached	0.27	20171	FRANKLIN FARM
12665 STILL POND LN	4	2	1	OAK HILL	\$649,900	Detached	0.24	20171	FRANKLIN FARM
2604 BARNSIDE CT	5	2	1	OAK HILL	\$641,900	Detached	0.26	20171	SYCAMORE RIDGE
100 LILLIAN CHASE LN	4	3	1	HERNDON	\$640,000	Townhouse	0.05	20170	HERITAGE CHASE II
11676 PELLOW CIRCLE CT	4	2	2	HERNDON	\$635,000	Detached	0.60	20170	SHAKER WOODS
2440 BIRCH COVE RD	4	3	1	HERNDON	\$630,000	Detached	0.10	20171	GREAT OAK
11928 BENNETT RD	4	3	1	OAK HILL	\$625,000	Detached	0.99	20171	FOX MILL ACRES WELLBORNS
13595 COBRA DR	5	4	1	HERNDON	\$624,900	Detached	0.36	20171	CHANTILLY HIGHLANDS
124 PEARL ST	4	2	1	HERNDON	\$620,990	Detached	0.10	20170	DARLINGTON OAKS
3172 KINROSS CIR	4	2	1	OAK HILL	\$620,000	Detached	0.20	20171	CHANTILLY HIGHLANDS
2443 CYPRESS GREEN LN	4	3	1	OAK HILL	\$620,000	Townhouse	0.06	20171	GREAT OAK
1355 GRANT ST	4	4	0	HERNDON	\$615,000	Detached	0.24	20170	DOMINION RIDGE
132 PEARL ST	4	2	1	HERNDON	\$599,990	Detached	0.14	20170	DARLINGTON OAKS
12204 SUGAR CREEK CT	4	2	1	HERNDON	\$599,000	Detached	0.47	20170	SUGAR CREEK
13161 LAZY GLEN LN	5	2	1	HERNDON	\$591,000	Detached	0.24	20171	BRADLEY ACRES
13607 FARMBELL CT	4	2	1	OAK HILL	\$580,000	Detached	0.30	20171	FRANKLIN FARM
1109 LANDERSET DR	4	3	1	HERNDON	\$570,000	Detached	0.25	20170	COLVIN HUNT
2418 CYPRESS GREEN LN	4	3	1	HERNDON	\$570,000	Townhouse	0.06	20171	GREAT OAK
12136 FOLKSTONE DR	5	2	1	HERNDON	\$549,900	Detached	0.51	20171	FOLKSTONE
13173 LADYBANK LN	4	2	1	OAK HILL	\$540,000	Detached	0.21	20171	CHANTILLY HIGHLANDS
2785 MANSWAY DR	4	2	1	OAK HILL	\$539,000	Detached	0.20	20171	BRADLEY ACRES
12507 NORTHERN VALLEY CT	4	3	0	HERNDON	\$535,000	Detached	0.67	20171	SOUTHFIELD

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OPEN HOUSES

SATURDAY/SUNDAY, JULY 21 & 22

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click on the "This Week in Real Estate" link. **Call Specific Agents to Confirm Dates & Times**

Ashburn

22018 Ayr Hill Ct.....\$814,900.....Sun 1-4.....Bruce Young...Samson Props...571-331-6363

Chantilly

42344 Astors Beachwood..\$875,000.....Sun 1-4.....Chris Pezzana.....Weichert..703-447-1662

Fairfax Station

11501 Lilting Ln\$875,000.....Sun 2-4.....Pat Fales.....RE/MAX...703-503-4365
7401 Wayfarer Dr.....\$779,990.....Sun 2-4.....Pat Fales.....RE/MAX...703-503-4365

McLean

6010 Balsam Dr.....\$1,024,000.....Sun 1-4.....Jane Price.....Weichert..703-628-0470
1529 Hardwood Ln.....\$1,050,000.....Sun 1-4.....Jane Price.....Weichert..703-628-0470

Oakton

2110 Twin Mill Ln.....\$799,000.....Sun 1-4..Robin McKibbin Waugh..TTR Sotheby's..202-333-1212

Reston

2419 Silver Fox Ln.....\$645,000..Sat/Sun 1-4.....Marnie Schaar....Long & Foster..703-509-3107

Sterling

21766 Cypress Valley Terr...\$425,000.....Sun 1-4.....Diane Miller...Keller Williams..703-636-7320
44 McPherson Cir.....\$389,900.....Sun 1-4.....Eugene LeBoeuf...LeBoeuf R.E....703-404-0067

Stone Ridge

24783 Prairie Grass\$585,000.....Sun 1-4.....Chris Pezzana.....Weichert..703-447-1662

Vienna

1108 Hillcrest.....\$1,039,000.....Sun 1-4.....Casey Samson...Samson Props..703-508-2535

To add your Realtor represented Open House to these weekly listings, please call Karen Pechacek-Washburn at 703-778-9422 or E-Mail the info to kwashburn@connectionnewspapers.com All listings due by Monday at 3 P.M.

The Closet of Greater Herndon Awards Scholarships

The Closet of Greater Herndon recently awarded \$15,000 in college scholarships to 15 deserving high school graduates in ceremonies at five local high schools. The names of the 2012 scholarship winners are:

- ♦ Herndon High School: Ronald Ramirez, An Thai, and Macarena Villa
- ♦ Mountain View High School: Erick Orellano Reyes, Maria Hernandez, and Ahmad NoorAhmad
- ♦ Oakton High School: Emma Faith Chaplin, Andrew Connor Lohmann and Christian Joseph Reimann
- ♦ Parkview High School: Brittny Alexis Moore, Felix Antonio Romero and Daniel James Villalobos

♦ South Lakes High School: Christopher Sheppard, Frank Simo and Fiona Hegengimana
Since 1974 The Closet has awarded nearly \$400,000 in college scholarships to more than 380 students. In this same 38 year period, The Closet has distributed over \$2.5 million in direct cash grants to local service groups of which the scholarship program is an important part.

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Go to <http://www.theclosetofgreaterherndon.org/> for further information about The Closet.

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11:00 AM Connection, Contemporary Worship Service

other weekly services

5:30 PM Saturdays: Relax & Renew, Casual Worship Service

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President Obama speaks at Centreville High: "We understood that the economy in this country works best when it works for everybody," Obama said.

President Comes to the Area

FROM PAGE 3

ALSO WAITING IN LINE was Shannon Mancini of Clifton's Union Mill community. "I think the president's done a great job, these past four years, with the economy and health care, and I want to see him continue for four more," she said. "All around, I think he's brought unity to this country."

If Romney's elected, said Mancini, "I fear that we'll go deeper into deficit and women won't have the rights they deserve. I think this country will just break apart. I don't think Romney cares about people's needs."

Volunteers frequently passed out cold water to the people standing in line in Saturday's summer heat. And now and then, a campaign worker shouted, "Fire up!" through a bullhorn, while Obama supporters responded, "Ready to go!"

The only discordant note for them came from the vocal Romney backers standing across from the school along Union Mill Road. But even their words and presence couldn't dampen this crowd's enthusiasm. When Romney supporters yelled, "Repeal Obamacare," those in line to see the president shouted back, "Four more years!"



Area residents take pictures with the President.



U.S. Rep. Gerry Connolly (D-11) addresses the crowd at Centreville High School Saturday afternoon.

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Circumstances Be Damned



By KENNETH B. LOURIE

If only it were as easy to actually live it as it is to write it. As much as I believe what I write, it's still difficult to ignore certain facts ("the underlying diagnosis," as I often refer to my diagnosis) and the feelings associated with it. Although I'm very good at pretending and ignoring and making light/poking fun at my "circumstances," there is a certain reality to consider. Aside from my never having pitched at Fenway Park for my hometown Boston Red Sox, I'm probably not getting any younger and apparently, not likely to get as old as either of my parents were when they died, ages 86 and 87.

The challenge then, looking forward, is making the best of a bad situation – which is my nature. So on paper, the plan should work, and mostly it does. But occasionally – and more so now (40 months post-diagnosis) than ever, there is some seepage; emotions take hold and all the rational, self-help-type pep talks I give myself fall on deaf ears; I'm listening, but it's hard to hear. As much as I'd like to mind my own business – literally, and steer clear of all this cancer stuff, sometimes I can't. And though I never feel sorry for myself, I do feel a little unmotivated, a bit lethargic and somewhat apathetic. Tasks which once were priorities are now relegated. Maybe not to the dustbin, but low on the totem pole so that I don't even know where the totem pole is, figuratively speaking. But as I'm always myself saying: I have bigger problems, so who cares?

I do, or rather I should, but changing the course of my most recent history, admirable and desirable though it may be, may in turn be creating stresses and unrealistic demands that are counter-productive to who I am and who I want to be. My circumstances/situation/prognosis is bad enough on its own; I don't need to make it any worse.

There's a fine line between accepting your circumstances (you'll note I didn't say fate) and not giving into them. On the one hand, it's knowing your limitations (so as to not make matters worse); on the other, it's doing what makes you happy. Because being diagnosed with stage IV (inoperable/terminal) is all it's cracked up to be. Finding a way, mentally, to navigate through the slings and arrows of this outrageous misfortune (to turn a phrase inside out) is the order of the day. To be a survivor, one has to have a certain ability to not take personally that which is happening to your person. Moreover, the challenge is finding a balance between living for yourself, living for others, living for today and living for tomorrow (very much easier written than actually accomplished).

Cancer is insidious. It affects you physically for sure, but at least for me, emotionally even more. Generally speaking, the treatments are about the physical (tumors) manifestations of the disease. The mental/emotional effects are less obvious and not usually indicated on any of the diagnostic scans oncologists recommend. Interpreting a scan is one thing; reading a patients' mind quite another. No one said this cancer experience was going to be easy; in fact, a close friend, Lynne (a cancer survivor herself) said to me: "This is going to be the toughest thing you've ever done." And of course, she was right. Unfortunately, the experience hasn't made it any easier. Familiar? Yes. Manageable? Mostly. In control? Not so much.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

Golf Marathon for a Cause

Hidden Creek Golf pro to Play a Marathon Golf Session in support of wounded veterans.

BY AMIEE FREEMAN
THE CONNECTION

Hidden Creek golf pro, Josh Marr, plans to play 15 hours of golf Monday, July 23 for a good cause. Marr will start at Hole 1 on the Hidden Creek course in Reston around 5 a.m. and will play the course all day until dark. In 15 hours, Marr thinks he can play 125 holes of golf.

Marr is seeking pledges per hole played. In addition to collecting pledges per hole, supporters can caddy Marr around the course for \$100 per hour. The money raised will go to Troops First Foundation, a national foundation that helps with the rehabilitation of combat-wounded veterans. Marr hopes to raise \$10,000, all of which will go to Troops First.

Marr said a few years ago he was involved with a golf marathon fundraiser for cancer research. This year when he started thinking of doing another charity event, he thought he would couple his fundraising efforts with that of Hidden Creek. On August 4, Hidden Creek will be hosting another fundraiser also to support Troops First. Marr said he will add the funds he raises to what the Club raises in August. Last year, Hidden Creek was able to raise over \$30,000 for Troops First. Marr hopes that with his fundraising efforts, the Club can reach a goal of \$50,000.



Josh Marr hopes to play 125 holes of golf on Monday, July 23. Marr is participating in this marathon golf event to raise funds for Troops First Foundation, which helps rehabilitate combat-wounded veterans.

“It has been a real pleasure planning this event. Everybody wants to pitch in and support it.”

— Josh Marr

Marr, who has been the golf pro at Hidden Creek since December 2010, was not in the military himself, but comes from a family with strong military ties. His father served in Desert Storm and his grandfather in World War II, Korea and Vietnam. At Hidden Creek, many of the members are military or former military. Marr says that he has received great support from Hidden Creek members.

“It has been a real pleasure planning this event. Everybody wants to pitch in and support it,” said Marr.

“As a retired military member, having flown more than 200 combat missions and personally coming in contact, almost monthly, with many of those wounded in combat at the Walter Reed National Military Medical Center, I am gratified by Josh’s efforts,” said Hidden Creek member and fundraiser supporter, Col. Jerry Volloy. “Fundraising initiatives such as these mean so very much to those heroes that have been wounded in combat and to help them to deal with the future life challenges they face.”

If all goes well on Monday, Marr will play the Hidden Creek course nearly seven times. Marr says he has been

trying to plan his day.

“I can’t wait. I’m going to stock up on power bars and energy drinks and play as much golf as possible,” Marr said.

River Dogs Make All-Star Team

Seven members of the Vienna River Dogs, including Madison graduate Casey Turner and Oakton graduate Bret Williams, were named to the Cal Ripken Collegiate Baseball League all-star game, which took place on July 11 at Shirley Povich Field in Bethesda.

Turner (Lehigh) had a hit for the American League all-stars, which lost, 9-3. Williams (Richmond) started at first base for the American League.

Centreville graduate Connor Bach (VMI) pitched a scoreless inning for the American League and Yorktown graduate Shaun Wood (Evansville) had a hit. Pitcher Joseph Vanderplas (Fairfax



High School, University of Tennessee), and infielders Trent Higginbotham (Tallahassee CC) and Bobby Rice (Tallahassee CC) were also named to the American League team.

“It gives me a lot of confidence to move on in the second half of the season,” Wood said of competing in the all-star game, “and do a lot better.”

Vienna River Dogs outfielder and Madison High School graduate Casey Turner played for the American League all-stars in the Cal Ripken Collegiate Baseball League all-star game on July 11 in Bethesda.



Haley Liddell placed third in Freshman Girls, with a score of 62.25.



Mackenzie Brennan placed second in Junior Girls, with a score of 102.90.

PHOTOS BY JO ANN COLBERT

Oakton Otters Lose To Wakefield Chapel

The Oakton Otters lost to Wakefield Chapel Tuesday evening in this Division 4 dive meet with a score of 22 to 50. This loss brought the Otters’ winning record to 1-2. Two sisters for the Otters took first place in their respective categories: Elana Colbert in Intermediate Girls with a score of 144.20 and AJ Colbert in Senior Girls with a

score of 223.8. Other Otter divers that placed were: Haley Liddell (Freshman Girls, 3rd), Mackenzie Brennan (Junior Girls, 3rd), Brad Burgeson (Junior Boys, 2nd), Liam Klopfenstein (Junior Boys, 3rd), Julia Powell (Junior Girls, 2nd), and Gil Osofsky (Intermediate Boys, 3rd). The Otters next meet is on Tuesday, July 17 at home versus Cardinal Hill Swim Club.

Divers that Placed

Wakefield Chapel (50) vs. Oakton (22)- July 10
Division 4

Freshman Girls:

1. Bridget Cassata (WC) 69.80
2. Emily Rummel (WC) 65.35
3. Haley Liddell (OAK) 62.25

Freshman Boys:

1. Aiden Thomas (WC) 78.40
2. Yonas Amha (WC) 47.15
3. Jake Goodson (WC) 44.10

Junior Girls:

1. Olivia Rummel (WC) 119.25
2. Mackenzie Brennan (OAK) 102.90
3. Carson Goettlicher (WC) 98.65

Junior Boys:

1. Michael Carey (WC) 131.10
2. Brad Burgeson (OAK) 110.95
3. Liam Klopfenstein (OAK) 98.0

Intermediate Girls:

1. Julia Powell (OAK) 144.05
2. Elana Colbert (OAK) 144.20
3. Anne Carey (WC) 141.90

Intermediate Boys:

1. Owen Collins (WC) 150.95
2. Philip Fuentes (WC) 123.20
3. Gil Osofsky (OAK) 122.15

Senior Girls:

1. AJ Colbert (OAK) 223.8
2. Christine Snyder (WC) 178.35
3. Rachael Allshouse (WC) 157.00

Senior Boys:

1. Pat McCann (WC) 253.7
2. Paul Helfgott (WC) 188.45
3. Kyle Goettlicher (WC) 162.35