

Max the Restonian

PET CONNECTION, PAGE 8

Max the Restonian Sheltie poses for his 4th of July picture. "He is 11-years-old and prefers to hang around the house more and walk outdoors less. His lovely fur coat is just too hot for our summer-time weather. Max was adopted from the Animal Welfare League of Arlington in May 2005," writes Donna Richards of Reston.

Alarm at Lake Anne

NEWS, PAGE 4

'Oliver!' at Herndon High

PAGE 10



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PHOTOS BY ALEX McVEIGH/THE CONNECTION

Workers observe as the final concrete span for the guideway for the Metrorail through Tysons Corner is lowered into place Tuesday, July 17.

Final Metro Span Laid in Tysons

Workers complete overhead bridges, move to laying track.

BY ALEX McVEIGH
THE CONNECTION

Workers from Bechtel Construction placed the final aerial span for Metrorail in Tysons Corner Tuesday morning, the last of 258 that will support trains as they make their way from Falls Church to Wiehle Avenue along Phase One of the Silver Line.

"This is a major construction milestone for Phase One of the project, which will connect Tysons Corner and Reston to Metro's existing Orange Line and the entire 106-mile Metrorail system," said Pat Nowakowski, executive director of the project. "We plan to complete construction this time next summer and Metro will open Phase One in late 2013."

The blue and yellow truss, which is a 365-ton, 360-foot long horizontal crane, lowered the span, which is made of concrete cast at Dulles Airport, in about 40 minutes Tuesday morning. The span includes 12 segments, each weighing between 25 and 40 tons.

"The aerial guideway has been one of the most challenging aspects of the project, as we had to carry out this work safely above busy highways and in a congested area," said Larry Melton, Bechtel's executive director for the project. "Innovative construction techniques, the work of a dedicated and experienced crew and patience from the public were critical to the successful completion of the guideway."

The average span is made up of 12 segments and is 120 feet. The total length of the guideways required 2,769 segments to complete.

"With the completion of this guideway, if one were so inclined, they could now walk from Falls Church, through Tysons, all the way to the Wiehle Avenue station," Melton said. "But we do have fences and measures to discourage that of course."



Workers lower the final aerial span for the Metrorail track in Tysons Corner Tuesday, July 17.

Crews will spend the next four to five weeks dismantling the truss and will also begin laying track along the 11.7 miles between Falls Church and Reston.

"This is definitely an important milestone, and we're very close to being right on schedule," said Sam Carnaggio, the project's director from the Metropolitan Washington Airports Authority. "The tunnel through Tysons was completed some time ago, and after completion of the aerial structures, we'll move on to connecting everything to the Orange Line."



PHOTO CONTRIBUTED

From left: David Kim (USNA), Matthew Ziegler (USMA), Ashley Paek (USNA), Molly Shannon (USMA), Chad Palmiotto (USNA Foundation Scholarship), Congressman Frank Wolf, Colin Laskodi (USFA), Taylor Turchan (USNA), Zachary Oravec (USNA), Gavin McDonald (USFA), Troy Dennis (USFA) and Darby Nelson (USNA).

Appointed to Academies U.S. Rep. Wolf announces service academy appointments.

Rep. Frank Wolf (R-10) announced the 10th District's Class of 2016 appointments to the nation's service academies, as well as those selected for Academy prep schools and scholarships to academy-affiliated prep schools.

UNITED STATES MILITARY ACADEMY: Benjamin Davies,** McLean, Laurel Springs, England; Molly Shannon,** McLean, Thomas Jefferson; Matthew Ziegler,** Centreville, Westfield; Tirone Young, Winchester, John Handley; Richard Xue, Centreville, Westfield.

UNITED STATES NAVAL ACADEMY: David Kim,** Great Falls, Langley; Richard Kuzma, Leesburg, Thomas Jefferson; Robert Mason, Oak Hill, Chantilly; Darby Nelson, Centreville, Westfield; Zachary Oravec,** Ashburn, Stone Bridge; Ashley Paek,** Leesburg, Thomas Jefferson; Spencer Shabshab,** McLean, Langley; Megan Snyder, Ashburn, Stone Bridge; Taylor Turchan, Sterling, Dominion.

UNITED STATES NAVAL ACADEMY PREP SCHOOL: Ryan Ochoa, Front Royal, Randolph Macon.

UNITED STATES NAVAL ACADEMY FOUNDATION SCHOLARSHIP: Catherine

Macklin, McLean, Langley and Chad Palmiotto, Sterling, Potomac Falls.

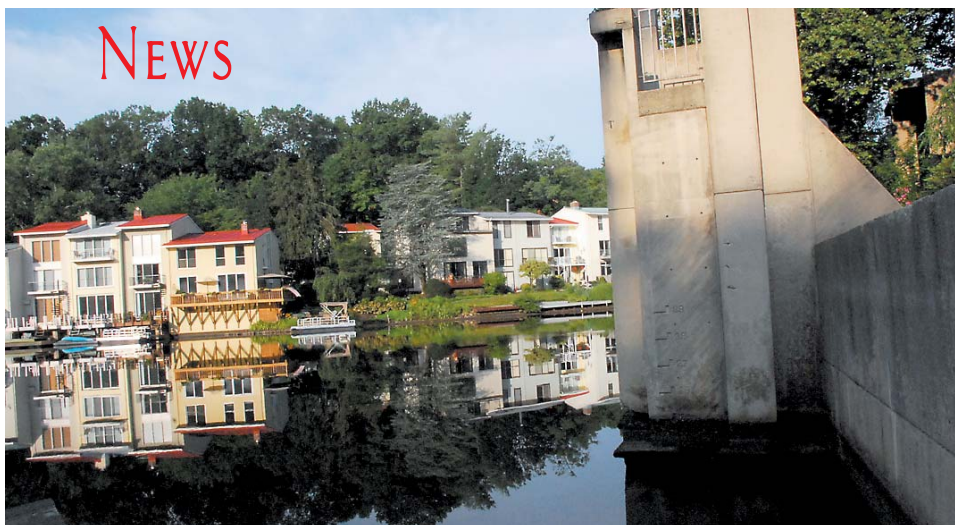
UNITED STATES AIR FORCE ACADEMY: Shannon Daily, Leesburg, Heritage; Troy Dennis,** Centreville, Westfield; John Laskodi,** Haymarket, Battlefield; Gavin McDonald,** Centreville, Westfield; Caleb Myhre,** Sterling, Rift Valley, Kenya.

UNITED STATES AIR FORCE ACADEMY PREP SCHOOL: Tyler Dietrich, Leesburg, Tuscarora.

UNITED STATES MERCHANT MARINE ACADEMY: Quinn Fleming,** Ashburn, Gonzaga; Matthew Hassan, Warrenton, Seton; Hutton Jackson,** Leesburg, Seton.

UNITED STATES COAST GUARD ACADEMY: Joseph Rizzardi, Ashburn, Briar Woods.

***These appointees were nominated by Wolf's 10th District Service Academy Advisory Board, which interviews candidates and recommends nominees. The selection process is strictly a competitive one. Others listed above received their appointments through presidential, Senate or other nomination sources.*



The dark lines on tower in Lake Anne show that on Monday, following the weekend's rains, the water level of Lake Anne is still more than a foot below normal.



PHOTOS BY AMIEE FREEMAN/THE CONNECTION

Muddy beaches have started to appear around the perimeter of Lake Anne due to the shrinking water level. Nearby golf course, Hidden Creek was determined by a judge several years ago to have "unfettered" access to Lake Anne. RA is encouraging Hidden Creek to be a good neighbor and reduce the amount of water they draw off of Lake Anne.

Alarm at Lake Anne

As water level drops, RA encourages Hidden Creek to be a good neighbor.

By AMIEE FREEMAN
THE CONNECTION

Residents around Lake Anne have been watching the lake shrink over the past few weeks. With precipitation levels for the month of July below normal, the hot, dry weather is partly to blame. Evaporation is not the sole cause of diminishing lake levels, however.

"We have been here since 1973," said Vern Wingert, whose home is on Lake Anne. "Nobody remembers the lake being so low."

Wingert said that they now have a 4-foot deep muddy "beach" behind their house where previously there was none. "We joke with our friends that we now have beachfront property." The rains over the weekend reduced the depth of the beach somewhat, but he expects the depth of the beach to continue to grow over the summer.

Nearby Karen Noel, who has lived on Lake Anne since 1984, said that she just closes her eyes to the lake. "It's horrible. It's very distressing."

Last week, before the weekend's rains, the lake was three feet below normal, said Reston Association President and Lake Anne resident Ken Kneeven. "RA has been hearing concerns from around the lake. Patience is being tested," he said.

Based on an agreement between the corporation that developed Reston in the early 1960s and the then-public/now-private club, Hidden Creek has the right to use water from Lake Anne to water its golf course and to keep its greens green. When Lake Anne was deeded to RA and even following Hidden Creek's conversion from a public club to a private one, Hidden Creek's right to Lake Anne's water conveyed.

THE SHRINKING LAKE is exposing muddy beaches around the perimeter of the lake. Sticks and other debris that were once submerged are now visible. In addition to these aesthetic issues, the shrinking of Lake Anne is affecting the RELAC air conditioning system upon which nearly 400 households in the Lake Anne vicinity depend to cool their homes.

RELAC, which is owned by Aqua Virginia, is a unique, possibly one-of-a-kind, air conditioning system. The system pumps chilled water to the homes on its system. Inside the homes, blowers blow air over the chilled water creating cooler air. RELAC chills the water by pumping cold water from Lake Anne into chillers to cool the chilled water. As the lake shrinks and the water temperature of lake increases, this process becomes inefficient. To help solve matters, RELAC/Aqua has put in place temporary pumpers to draw in water from deeper and, there-

fore, cooler parts of the lake.

In addition to the complications caused by the warmer water, RELAC is having to deal with debris in the lake as well. The pumps pull debris into pipes, clogging the system. The system has to then be shut down to clear the pipes of debris.

"The low lake levels are having a gigantic impact on RELAC," said Aqua Virginia Chief Operating Officer Shannon Becker.

Becker said that RELAC is running three chillers full-time to chill the water. In addition, he said RELAC's two employees are working hours and hours of overtime to stay on top of the system. Becker said that in other systems Aqua operates, they do not have such a low ratio of employees to customers. "For RELAC we have two employees for nearly 400 customers. Nowhere else in Aqua do we have such a ratio," said Becker.

"Adjustments have to be made. It is prohibitive to operate in this manner year after year," said Becker of RELAC's current operating system.

Milton Matthews, the chief executive officer of RA, said that RA took Hidden Creek to court four years ago to restrict the club's access to Lake Anne. RA lost that challenge.

"I will never forget the judge's words on that ruling. He said Hidden Creek has 'unfettered' access to Lake Anne," said Matthews.

Water Level Rises With Weekend Rains

The weekend rains added about four inches to the level of Lake Anne, which is the primary water source for the unique cooling system for some 600 homes along the lake. That number is according to Brian Murphy, deputy director of maintenance for Reston Association, which monitors the lake levels. Murphy said the lake had been down by some 16 inches prior to the rain over Friday and Saturday.

MATTHEWS THINKS the current situation between Hidden Creek and Lake Anne is especially difficult when nearly 400 households rely on the lake level and RELAC for air conditioning. Also, he added that the RELAC system itself needs to be re-evaluated to determine if it is still a viable air conditioning solution.

"The most we can do is ask that Hidden Creek be a good neighbor. Obviously Mother Nature is playing a role in all of this. The lake is down three feet from normal level. Hidden Creek draws water off every night as is their right. I respect their business model and I understand their concerns. But when Mother Nature is being cruel, don't exacerbate the problem," said Kneeven.

"I don't think Hidden Creek even makes any effort. It's not that they don't have choices. There could be a creative solution to this problem, I am sure. I wonder if they looked into the possibility of using grey water," said Noel, referring to recycled water. "Assumedly, other golf courses have similar problems. Do they drain nearby lakes? No."

Jon Patrick, general manager of Hidden Creek, did not return messages requesting an interview for this article. According to Kneeven, however, Hidden Creek did agree to a face-to-face meeting with RA regarding the Lake Anne issue.

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PET CONNECTION



PHOTO COURTESY OF TARA COOK

"Quantum loves playing on my head. Ever since he was little, he has always been a climber. As long as he has something to grab onto, he will climb on anyone or anything," Tara Cook of Reston said.

Having Fun with an Iguana

Tara Cook, Reston

"Quantum, my blue iguana, is my current pet. My boyfriend Matt and I bought him from a friend earlier this summer and he was only about a foot long. These kind of iguanas can grow up to six feet long and can live up to 40-50 years. We plan on having him for a long time in our fu-

ture. He's a fun pet and loves to sit up on our heads rather than be on a leash or walk beside us. I have always loved reptiles and wanted an iguana for years. In the future, we will definitely continue to keep reptiles as pets."

— ALLISON CORSER

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OPINION

Separate and Unequal?

If we don't believe that poor students are less innately talented, then the disparities in Northern Virginia are truly unfair.

The numbers are eye-popping. Latino students are 22 percent of Fairfax County Public Schools students, but 2.7 percent of the incoming Thomas Jefferson High School for Science and Technology freshman class, the class of 2016. Of the 480 students, seven are black. That's 1.4 percent, while black students are 10 percent of the county school system.

The class of 2016 includes 480 students: 126 white students (26 percent), 308 Asian students (64 percent), 13 Hispanic students (2.7 percent), seven black students (1.4 percent) and 27 other.

Almost all of the students accepted to TJ come from eight middle schools with advanced gifted-and-talented programs.

The disparities and lack of diversity at Northern Virginia's stellar magnet school, ranked the top high school in the nation, is a symptom of a much more pervasive problem in Fairfax County.

This week, two groups, the Coalition of The Silence led by former school board member Tina Hone, and the Fairfax County Branch of the NAACP filed a formal complaint with the U.S. Department of Education's Office of Civil Rights. The complaint argues that the current policies regarding admission to Thomas Jefferson and policies regarding identification of students for eligibility for gifted services within FCPS "disparately impact Black and Latino students in violation of Title VI of the

Civil Rights Act of 1965, which prohibits discrimination based on race, color and national origin."

For well over a decade, FCPS has made a variety of attempts to address the exclusive nature of admissions to TJ, but with little effect and intense controversy.

The problem runs much deeper than freshman admission to Thomas Jefferson. Of 12,044 elementary and middle school students identified for "level 4" gifted-and-talented programs last year, only 455 were black, 3.8 percent, while 10 percent of FCPS students are black. Just 752 were Hispanic, about 6 percent, although 22 percent of FCPS students are Hispanic.

EDITORIAL

GETTING ACCEPTED to TJ, in general, is not an easy task for anyone, reported Julia O'Donoghue in 2010 in the Connection. The school admitted only 15.3 percent of the 3,119 students who applied to be part of the class of 2014. That means TJ had a lower acceptance rate for its incoming freshman class than either Cornell University or Swarthmore College that year.

Fairfax students also compete with children from around the region for slots at the Northern Virginia magnet school. About 80 percent of TJ's student body comes from Fairfax but residents from Arlington, Loudoun, Prince William and Fauquier counties and the City of Falls Church can also apply. (The City of Alex-

andria does not allow its students to apply to TJ, and should reconsider its choice to opt out.)

While it may be difficult for all children, students who are black, Hispanic or poor have a particularly hard time getting admitted to TJ.

Out of 480 students admitted to the class of 2014, only nine were considered poor enough to qualify for free-or-reduced-priced lunch.

Across all four grades at TJ in 2009-10 school year, approximately 1.78 percent of students were black, 2.84 percent of students were Hispanic and 1.74 percent were poor.

Fully 25 percent of students in Fairfax County are poor enough to qualify for free-or-reduced-priced meals. Do we believe that poor students are less talented than students from wealthier families?

The complaint asserts that FCPS "has evolved into a system that essentially operates a network of separate and unequal schools."

Many if not most poor students lack access to quality enrichment programs and after-school activities, lack access to expensive and highly specific test preparation classes for the admissions test for TJ. And the complaint cites FCPS retreated from outreach programs for poor and minority students.

Addressing these issues from Kindergarten up would have many benefits beyond increasing diversity at one school. This could also decrease the achievement gap, increase the graduation rate for minority and poor students, and reduce disparities in the suspension and expulsion rate.

These are hot issues with many perspectives. We welcome letters and comments suggesting solutions and with different points of view.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

Lake Anne in the Crosshairs Affordable Health Care

BY JOHN LOVAAS
RESTON IMPACT PRODUCER/HOST



This seems like our hottest and driest July in living memory. That is a deadly combination around normally idyllic Lake Anne. Heat and drought bring forth Lake Anne residents' two fearsome corporate monsters—RELAC, son of AQUA Virginia, and Hidden Creek Golf Club, our Lake's corporate leach. Life is good at Lake Anne. Residents of condos and townhomes around the Village Center enjoy the pleasures of fine dining in family-owned restaurants on the Plaza; taking in weekly concerts; and, shopping and socializing on Saturdays at the Reston Farmers Market (No. 1 in NOVA) and the lively crafts market which give the village the air of a grand bazaar.

INDEPENDENT
PROGRESSIVE

It is a place of special charm which attracts visitors from all over to Bob Simon's crown jewel of Reston.

But the people fear the coming of summer when flaws in the grand scheme subject them to a monopoly utility called RELAC (Reston Lake Anne Air Conditioning) when the temp soars. RELAC is a relic of a vision for silent cooling. It uses in part Lake Anne water to chill water then piped into our homes. The system now operated by a corporate giant unwilling to make critical investments in decrepit cooling/distribution machinery ill serves the gentle people. Instead, while promising to invest and maintain, AQUA has

SEE LOVAAS, PAGE 7

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)



A friend of mine of moderate political persuasion said to me recently that while he felt that details of managing the federal Affordable Health Care Act were issues of governance that should continue to be debated and improved, he also felt that passage of the Act was a moral issue that should not be reversed. As a New York Times columnist Paul Krugman stated last month (The Real Winners, June 29, 2012), "So the law that the Supreme Court upheld is an act of human decency that is also fiscally responsible. It's not perfect, by a long shot – it is, after all, originally a Republican plan, devised long ago as a way to forestall the obvious alternatives of extending Medicare to

COMMENTARY

everyone...And there will be a long struggle to make it better, just as there was for Social Security...But it's still a big step toward a better – and by that I mean morally better – society."

Despite the rapidly broadening positive opinion of the morality of the Affordable Care Act, there continues to be acts on the part of legislators to do in its provisions. Less than two weeks ago Republicans in the House of Representatives voted to repeal the Act. That is the 33rd such vote against ensuring that residents of the richest nation on earth would have access to affordable health care, that their pre-existing conditions be covered, and that insurance not be subject to cancellation.

SEE PLUM, PAGE 13

Reston
CONNECTION

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OPINION

Lovaas

FROM PAGE 6

Let its beastly child deteriorate further while it seeks and is given outrageous rate increases (54 percent eighteen months ago, 17 percent last week). Cooling towers promised 4 years ago, and again in January 2012 have not materialized. Besides its inefficiency and high cost (e.g., we pay AQUA \$2,000 a season, excluding electricity in our townhome), the air coming through our ducts is humid and unhealthy. Many people get medical permission to leave the system owing to its mold-generating wet air.

What could be worse? Drought! Because RELAC depends on cool Lake water for the first step of its chilling process, it needs to draw water from some depth. Water near the surface approximates the air temperature and, on hot days, is useless for cooling. Inefficient at best, it gets worse when weather is dry and Hidden Creek Golf Club turns on its pumps and sucks out hundreds of thousands of gallons of water, sharply dropping the Lake's level, to keep its decorative ponds full, its fairways and putting surfaces lush green. No matter the impact on the RELAC relic and the folk who depend on it around the Lake. Soon RELAC pumps are sucking mud and silt more than warm water. The fouled system must be shut down altogether—when the weather is at its hottest.

How can a for-profit (\$10 K to join) club suck out the Lake's water free of charge and without permission? Because some developer gave the then-public club an easement to do so, apparently in perpetuity! Until a couple of days ago, Hidden Creek refused appeals to limit sucking the Lake's lifeblood during times of drought. Now, they've told RA President Kneeven they are willing to talk about it. We should support Kneeven's efforts with them as long as we see results.

We are not ones to storm their barricades perhaps. But surely we could muster a public boycott of Hidden Creek Golf and a new referendum to throw off RELAC's covenant chokehold.

Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Send to:

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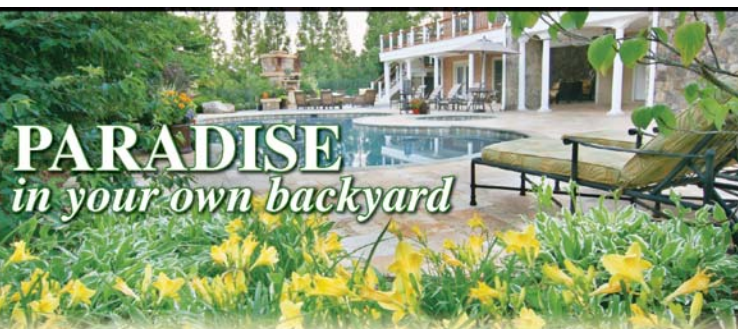
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PET CONNECTION

Best Friends of Reston

BY ANN SCHINDLER
THE CONNECTION

Rob, Julie, and Lindsay, residents of Reston for 10 years, have just come from the Lake Anne Farmers Market and are accompanied by their dog Sunny. Sunny is a golden retriever originally from a breeder in Woodstock, N.Y. “The Catskills [near Woodstock, N.Y.] are actually the “Dog-skills,” said Lindsay. Sunny’s name is not due to the culture of the Woodstock Festival, but the fact that he has a shiny, yellow coat. Sunny “loves the farmers market at Lake Anne, the Reston dog park, the lakes, and Reston’s dog days,” said Julie. The family finds Sunny entertaining because, “Sunny likes to eat sticks,” said

Lindsay. “When we come home and Sunny has been alone, he talks to us,” said Rob [Rob skillfully demonstrates Sunny’s dog speak].

ZURRI AND TIERRA are Dalmatians who “are funny 24/7” said Cynthia, who has been a resident of Reston for 11 years. Standing by the sculpture fountain at Lake Anne, Zurri and Tierra are both wearing bright red collars and are being playful with each other and other dogs. “Zurri and Tierra are rescues from the ‘Dalmatian Rescue of Southwestern Virginia’ where I work,” said Cynthia. Zurri and Tierra “love everything about Reston [and both dogs] are frequent visitors of Lake Anne and the Reston Town Center,” said Cynthia. “These dogs go everywhere: They love the Polar Dip [at Lake

Anne] and the free water at Starbucks,” she added.

GERI GRANT, A FREQUENT VISITOR OF RESTON, walks with her goldendoodle Boris around Lake Audubon. Boris most enjoys Reston’s vibrant nature scene, “he loves the water, the shade of the cool trees, and the great paths,” said Grant. Grant bought Boris in Berryville, Va. Boris “thinks he’s human...and you often have to check his pulse,” said Grant with a laugh.

SANAZ, A RESTON NATIVE, strolls around Reston Town Center with her Yorkshire terrier Spike. As to Spike’s unique qualities, “he speaks Farsi and he has a large closet,” said Sanaz, pulling out her latest purchase from her purse, a small dog t-shirt

with a British phone booth on the front. True to his inner clothes connoisseur, “Spike likes to shop at South Moon Under, at Reston Town Center, and be petted by all the people and kids,” said Sanaz.

NINA RODRIGUEZ is at home, in south Reston, with her cocker spaniel Dakota. Dakota is a newly arrived puppy from South Carolina. “Dakota most enjoys the squirrels and the trails around Reston,” said Rodriguez. Dakota seems to have her own mission when she walks around the Reston trails because “whenever we come back from a walk she always has the biggest stick,” said Rodriguez. Dakota also loves to interact with her fellow Reston residents by exhibiting human traits. “Dakota winks at you,” said Rodriguez.



Reston residents Rob, Julie, and Lindsay with their dog Sunny.



PHOTOS BY ANN SCHINDLER/THE CONNECTION

Boris at Lake Audubon.



Sanaz and Spike at Reston Town Center.



Zurri and Tierra at Lake Anne.

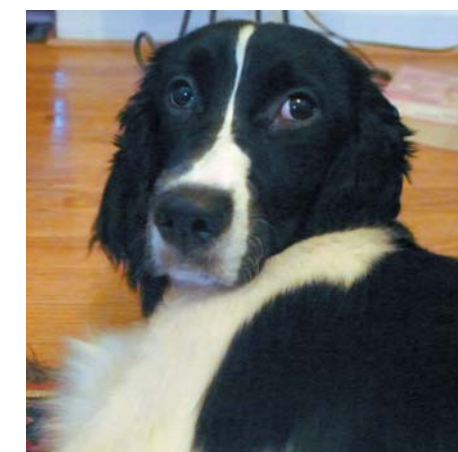


PHOTO BY NINA RODRIGUEZ

Dakota most enjoys the squirrels and the trails around Reston.

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From left, Sarah Overton, Alycia Adams, Ethan Van Slyke, Chris Hrozencik and Megan Overton in a summer performance of "Oliver!" at Herndon High School.



PHOTO BY ALEX McVEIGH/THE CONNECTION

'Oliver!' at Herndon High

Play features students from several local schools.

BY ALEX McVEIGH
THE CONNECTION

The Herndon High School Theatre Boosters will present "Oliver!" starting July 27, a summer show that will feature students from Herndon, South Lakes, Chantilly and Westfield High Schools. The production also received assistance from several local elementary and middle schools, as well as the Reston Community Players, the Alliance Theatre of Chantilly, Westfield Theatre and the Centreville Presbyterian Community Theatre.

Due to it being a summer show, the production time was about four weeks until opening day, rather than two or three months in a normal, school-year production. While the schedule might have been hectic for the actors, who had less time to learn their songs, lines and choreography, tech director Justin Burns said he enjoyed the intense focus.

"I found it a little easier, there was no school and homework to work through, we could leave around 5 p.m. instead of being here until 11," said Burns, who just graduated from Herndon High School and will attend James Madison University in the fall. "We had to get a little inventive with how we saved time, we recycled and modified some set pieces."

THE TITLE CHARACTER is played by Ethan Van Slyke, 10, a student at Hutchinson Farm Elementary School in Chantilly. He previously performed in the school's production of "Beauty and the Beast" and "Macbeth."

"There were a lot of fun things I got to do, like get trapped in a coffin. I don't think many people get to do that in the summer," he said. "I also learned a lot about memorization and stage combat, and I think I made some new friends here."

Alycia Adams, a rising sophomore at Chantilly High, says she thought it might be difficult working at a new school with new personnel.

"It's been way more inviting than I thought, I was a little worried I'd be an outsider, but I got to know everyone pretty quick," said Adams, who plays the Artful Dodger. "Lunchtime has become my favorite part, no one is clique-y, it's been great getting to know everybody."

This was the first time Adams had played a male, which she said was easy, "except for the dancing part, I had to learn how to lead. It was like learning backward."

Others felt their role was a big change for them. "I played Mrs. Potts in 'Beauty and the Beast,' my biggest role, so this is a big change," said



From left, Megan Overton, a rising senior at Herndon High School as Nancy and her sister Sarah, a rising sophomore, plays Bet during a production of "Oliver!" at Herndon High School.

Summer Showtimes

The summer production of "Oliver!" will take place at Herndon High School, starting Friday, July 27. Showtimes will be at 7:30 p.m. July 27 and 28 and Sunday, July 29 at 2 p.m.

Tickets are \$10, and are available at the door at showtimes, or online at www.herndonrama.org.

Megan Overton, a rising senior who plays Nancy. "I worked harder than I ever thought I could, but I think I grew as an actor. I never knew I could do a cockney accent, but after some work it came out pretty well."

FOR SOME STUDENTS, their role was a bit more familiar.

"I seem to play old people a lot," said Chris Hrozencik, a rising senior who plays Fagin. "But I haven't done a lead since my freshman year, and this is the first one in a musical. It's been a lot of memorizing."

Stage manager Cate Graney, who just graduated from Herndon High and will attend Christopher Newport in the fall, says the experience has been valuable for more than theatrical reasons.

"It was very different working with some younger kids, because we had a lot of rehearsals with them, but it was so much fun," she said. "I loved working with them, and I'm studying to be an elementary school teacher, so I got a lot out of it. And it was amazing seeing how talented they were."

Hunter Robinson, a rising junior at South Lakes, plays Mr. Sowerberry, the undertaker. He said his favorite part was getting to work with students outside his normal theater program.

"Everyone comes with new experiences, and there's a wide variety of talents everybody brings," he said. "The best part about the play is that all the characters have their moments within the show, so it's not just a bunch of characters telling a story, they're actually going through something."

Send announcements to reston@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

WEDNESDAY/JULY 25

Busia Bear's Sensational Summer-Films-Lights! Camera! 7 p.m. Reston Library, 11925 Bowman Towne Drive, Reston. All ages. 703-689-2700.

Open Mic Night. 9:30 p.m.-1:30 a.m. Jimmy's Old Town Tavern, 697 Spring St., Herndon. Every Wednesday. Register your band at BluesSlide@aol.com or 703-593-5206. www.jimmystavern.com.

Tex-Mex Cooking Class at Williams-Sonoma. 6-8 p.m. Reston Town Center Pavilion, 11900 Market Street. The menu includes fresh tomato and chile salsa, corn tortillas, tortilla soup, and chicken fajitas with guacamole. \$45. 571-203-8815 or williams-sonoma.com.

THURSDAY/JULY 26

Spin, Pop, Boom. 10:30 a.m. Reston Library, 11925 Bowman Towne Drive, Reston. Ages 6-12. 703-689-2700.

Tribute to Margaret's Garden. Post Gallery, ArtSpace 750 Center Street, Herndon. Exhibit will feature local artists celebrating the Fairfax County landmark of "Margaret's Garden." Free and open to the public. 703-956-6590.

Matthias Kuchta. 10:30 a.m. Filene Center, 1551 Trap Road, Vienna. The Brothers Grimm fairytale, The Wolf and the Seven Little Goats. German puppeteer Matthias Kuchta uses life-size puppets to share the story of seven little goats that let a wicked wolf into their home. \$8-\$10 at 1-877-WOLFTRAP or www.wolftrap.org/TITW.

Buzzing Cicadas. 7-8 p.m. Walker Nature Center, 11450 Glade Drive. All ages. Learn why and how cicadas, crickets and grasshoppers make noise. RA Members \$4, Non-members \$6. 703-476-9689 and press 5.

Civil War Re-enactment. 7-9 p.m. Lake Anne, 1609 Washington Plaza, Reston. The Civil War returns to Fairfax County at the Reston Community Center. www.restonmuseum.org.

FRIDAY/JULY 27

"Oliver!" 7:30 p.m. Herndon High School, 700 Bennett Street, Herndon. Tickets \$10. 703-810-2341. **Tribute to Margaret's Garden.** Post Gallery, ArtSpace 750 Center Street, Herndon. Exhibit will feature local artists celebrating the Fairfax County landmark of "Margaret's Garden." Free and open to the public. 703-956-6590.

Matthias Kuchta. 10:30 a.m. Filene Center, 1551 Trap Road, Vienna. The Brothers Grimm fairytale, The Wolf and the Seven Little Goats. German puppeteer Matthias Kuchta uses life-size puppets to share the story of seven little goats that let a wicked wolf into their home. \$8-\$10 at 1-877-WOLFTRAP or www.wolftrap.org/TITW.

SATURDAY/JULY 28

Family Fun Entertainment Series: Rocknocos. 10-10:45 a.m. Reston Town Center Pavilion, 11900 Market Street. Band that makes fun music for children. 703-476-4500 or RestonCommunityCenter.com.

Global Grooves. 7:30 p.m. Reston Town Center Pavilion, Market St., Reston. Incendio. Spanish guitar, flamenco and Latin fusion. www.restontowncenter.com.

Wiggle Worms. 11 a.m.-12 p.m. Walker Nature Center, 11450 Glade Drive. Ages 3 to 5. Learn about worms. RA Members \$5, Non-members \$8. 703-476-9689 and

press 5.

CINE CLASSICS Movie Series. 11 a.m. Bow Tie Cinemas, 11940 Market Street, Reston. Watch movies like Jaws, Jurassic Park, Back to the future and Raiders of the Lost Ark. Seats \$5; \$4 for Criterion Club. 703-464-0816 or bowtiecinemas.com.

Sardegna Cooking Class. 12 p.m. Il Fornaio restaurant, 11990 Market Street #106, Reston. Three-course lunch with wine and recipes. \$45 (plus tax & gratuity). Reserve at banquets.reston@ilfo.com or 703-437-5544.

Reston Concerts on the Town Series - Incendio. 7:30-10 p.m. Reston Town Center Pavilion, 11900 Market Street. Spanish guitar, flamenco, Latin fusion. Free. 703-689-4699.

"Oliver!" 7:30 p.m. Herndon High School, 700 Bennett Street, Herndon. Tickets \$10. 703-810-2341.

SUNDAY/JULY 29

Tribute to Margaret's Garden. Post Gallery, ArtSpace 750 Center Street, Herndon. Exhibit will feature local artists celebrating the Fairfax County landmark of "Margaret's Garden." Free and open to the public. 703-956-6590.

Wolf Trap Opera Company: Backstage Buzz Artist Panels. 3 p.m. Wolf Trap Center for the Performing Arts, 1551 Trap Road, Vienna. Bringing the opera to life. Preshow talk one hour before performance. www.wolftrap.org.

Eye-amazing Makeover. Reston Town Center Pavilion, 11900 Market Street. Get a 5-minute makeover. 703-481-1956 or origins.com.

CINE CLASSICS Movie Series. 11 a.m. Bow Tie Cinemas, 11940 Market Street, Reston. Watch movies like Jaws, Jurassic Park, Back to the future and Raiders of the Lost Ark. Seats \$5; \$4 for Criterion Club. 703-464-0816 or bowtiecinemas.com.

"Oliver!" 2 p.m. Herndon High School, 700 Bennett Street, Herndon. Tickets \$10. 703-810-2341.

MONDAY/JULY 30

Mr. Knick Knack! Children's Performance. 10:30-11:15 a.m. Reston Town Center Pavilion, 11900 Market Street. Unique, heart-centered music for kids. Free.

Open Summer Readings. 7:30 p.m. Sunset Hills Montessori School, 11180 Ridge Heights Road, Reston. \$10 per session or \$35 for all four sessions prepaid. RSVP and/or purchase tickets at restoncommunityorchestra.org

TUESDAY/JULY 31

Storytime and Rhyme. 7 p.m. Reston Library, 11925 Bowman Towne Drive, Reston. All ages. 703-689-2700.

Tribute to Margaret's Garden. Post Gallery, ArtSpace 750 Center Street, Herndon. Exhibit will feature local artists celebrating the Fairfax County landmark of "Margaret's Garden." Free and open to the public. 703-956-6590.

Okee Dokee Brothers. 10:30 a.m. Filene Center, 1551 Trap Road, Vienna. Bluegrass melodies. \$8-\$10 at 1-877-WOLFTRAP or www.wolftrap.org/TITW.

WEDNESDAY/AUG. 1

Okee Dokee Brothers. 10:30 a.m. Filene Center, 1551 Trap Road, Vienna. Bluegrass melodies. \$8-\$10 at 1-877-WOLFTRAP or www.wolftrap.org/TITW.

PET CONNECTION

Dogs' Day Out at Town Center

BY GABRIEL LARSEN
THE CONNECTION

Frank Chanka embraces Bear, the family pet, a two year old Pomeranian living near Reston Town Center. Bear is a vigorous fellow who plunges into his primal instincts every now and then for such pleasures as chasing birds and squirrels, or patrolling grandma, whom he loves and ardently protects. Sometimes Bear darts off, checking over the shoulder for Frank, to be sure he's getting ample attention while rebelling from domestic authority. One of these times he rushed right into the road, completely ignoring passing cars, in order to catch a bird - but Bear didn't hurt it, he only picked it up to show off his catch, promptly letting it fly away.



PEOPLE & PETS

Frank Chanka with Bear with neighboring Reston Town Center in background.

PHOTOS BY GABRIEL LARSEN/THE CONNECTION



Stephanie Laseada with Maggie and Madison in the midtown park at Reston Town Center.

THE MIDTOWN PARK at Reston Town Center is a dog haven, where locals like Stephanie Laseada take their canines to let loose on the grassy ledges or to cool down in the fountain. Maggie and Madison are Stephanie's 12-year-old West Highland Terriers, sister dogs gracing the golden years of old age. They used to wander off and chase all types of small rodents, and they would independently return by the end of the day, but those days have passed. Now they live the lifestyles of sedentary dogs, racked by blindness and the irresistible bliss of snoozing.



Marsha Lehman with Stella and Rocket by the Savoy apartment complex at Reston Town Center.

STELLA AND ROCKET meet Marsha Lehman's gaze as she walks them in the early afternoon. Stella, the girl, 2, and Rocket is a 3-year-old male, and they are both smart, funny, and affectionate Miniature Red Poodles. Marsha chose hypoallergenic dogs for her family due to her granddaughters allergies, and the choice paid off with two very well behaved pups who don't bite or shed, and have never escaped. Every day, as soon as Stella and Rocket wake up they walk to the kids' beds to curl up and cuddle with the grandchildren through the morning.



From left, Laura and Beverley Howard with Charlie in the midtown park at Reston Town Center.

CHARLIE is an 8-year-old male Miniature Goldendoodle, a well behaved frequenter of Reston Town Center who lives in the midtown apartment skyscraper with Beverley and Laura Howard. They've had Charlie since he was a pup, and have watched his special mind bloom. They say he understands many of the words they use, representing his prodigious pedigree with what they call a "3-year-old vocabulary." But for every dog savant there is a dark, messy pup, as Charlie's guilty pleasure means tracking water all through the house after a storm so he may slip and slide to his heart's content.

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As Weather Cools, Lake Newport Heats Up

Team wins first undisputed RSTA title.

What a difference a week makes. While Northern Virginia has suffered through one of the hottest summers on record, last Saturday, July 21 seemed like a return to April with temperatures in the mid-70s and constant light showers making it a day more acclimated to ducks than to swimmers. But for the fans and swimmers of Lake Newport, it didn't matter. For the first time since its founding as a team in 1988, Lake Newport laid claim to the undisputed Reston Swim Team Association (RSTA) league championship.

They concluded a perfect 6-0 season with their defeat of Lake Anne. "If anyone ever told me that this would be happening back at the beginning of the season, I would have told them no way," Lake Newport RSTA Board member Jim Mizner said. "On a more serious note, this is all about the coaches. They did a spectacular job all season long."

"I'm just so happy for our swimmers," said Patty Redican, one of Lake Newport's team managers and mother of swimmers Anna, Emi, Mara, Sean and Joseph. "We always tell them that anything is possible. You just have to keep working hard and believe. And they did exactly what the coaches asked. I couldn't be prouder of them."

With the conclusion of the season on Saturday, RSTA now gears up for its annual All-Stars meet this on Saturday, July 28. Ironically, the meet takes place at Lake Newport. And while Saturday's spotlight was justifiably on the Lake Newport team, Joann Fu of Lake Anne took home individual honors with another standout performance. Her time of 35.35 seconds in the girls' (11-12) 50-meter backstroke broke her old Lake Anne pool record of 36.07, which she had set on July 30.

Scores and highlights from Saturday's meets follow:

North Hills Hurricanes 585, Glade Gators 514

For North Hills, triple event winners were: Miles Yang, Lindsey Hill, Christina Mazziotta and Rachel Swarts. Double event winners were: Courtner Clark, Arnav Kachroo, Joseph Sciortino, Emily Deker, Julian Pardo, Page Schiavone, Allison Boone, Lindsey Rogers, Devan Fink, Ishan Ganjoo, Katie Cazenias, Ryan Luczak, Francis Kwartin and Catherine Ren.

For Glade, triple event winners were Andrew Huang, Emily Landeryou, Sophia Landeryou and Hunter Ellis. Double event winners were: Joseph Letteri, Kahlil Dover, Andrew Draganov, Andrew DeLillio, Noah DiLisio, Zachary Smith, Natalie McCrea, Nicholas Kapani, Alexander Graves, Aidan O Donovan and Rachel Heatherly.

Lake Audubon Barracudas 614, Hunters Woods Blue Marlins 516

For Lake Audubon, triple event winners were: Julia Sofia Nassau and Suya Haering. Double event winners were: Angelika Giavis Aidan Scanlan, Conor McBride, Max Daum, Alaina Cordts, Griffin Scanlan, Sabrina Groves, Elizabeth Crump, John Hughes and Ellen Huber.

For Hunters Woods, triple event winners were: Joseph Wang, Philip Pan and Katie Vintimilla. Double event winners were: Gwyneth Wagner, Ashley Thai, Logan Nasr, John Evans, Arya Amirshah, Amy Zhao,



PHOTOS CONTRIBUTED

Allison Cimino of North Hills fights through in the girls' (13 - 14) 50-meter breaststroke in a meet against Glade.



Sisters Emily (left) and Sophia Landeryou own every individual swim team record for Glade in the girls 8 and under and 9-10 age groups. Sophia owns the record book in the 8U category while Emily takes the honors in the 9-10 grouping. Emily also owns the freestyle and butterfly records in the girls 11-12 age group.

Eric Tang, Matthew Beach, Christopher Bryon, Jack Ham, Michael Li and Anne DiMaio.

Lake Newport Lightning 614, Lake Anne Stingrays 517

For Lake Newport, triple event winners were: Anna Redican, Meghna Sharma, Casey Storch and Jack Edgmond. Double event winners were: Katie Storch, Fabricio Alvarez, Garrett Linn, Peter George, Dan Ni, Reis Johns, Matthew Williams, Vincent Kahng, Nicole Russell, Brian Boyce, William Kohn and Julie Kercher.

For Lake Anne, triple event winners were: Bryan Marquet, Mary Fouse and Emily Meilus. Double event winners were: Trevor Stup, Kathryn Dealey, Ariann Barkhordari, Devin Conley, Jason Fu, Tope Oladimeji and Joanne Fu.

Newbridge Dolphins 576, Autumnwood Piranhas 476

For Newbridge, triple event winners were: Celia Compton, Ryan Ha, Megan Ha, Jocelyn Wulf, Eric Compton and Stephen Baldwin. Double event winners were: Missy Ford, Grant Tremaine, Melanie Ford, Emma Schaller, Andy Carro, Ian Ha, Lily Schaller, Max Torrington, Spenser Kossler, Gideon Daland, Ian Meikle and Joseph Sgambati.

For Autumnwood, triple event winners were: Stephen Grubbs, Diya Murthy, Delaney Kirr and Abby Freeman. Double event winners were: Claire Romansky, Kayla Rolph, Jake Xeller, Liam Willson and Sophie Henry.



A.J. Colbert dives for the Oakton Otters in a meet against Cardinal Hill.



Brad Burgeson dives for the Oakton Otters in a meet against Cardinal Hill.

PHOTOS BY JO ANN COLBERT

Oakton Otters Fall Short Against Cardinal Hill

The Oakton Otters lost to Cardinal Hill in a Division 4 dive meet on July 17, 44-27. The loss brought the Otters' record to 1-3.

Two sisters for the Otters took first place in their respective categories: Elana Colbert in intermediate girls with a score of 144.00, and AJ Colbert in senior girls with a score of 202.00.

Other Otter divers that placed were: Finn MacStravic (fresh-

man boys, third), Mackenzie Brennan (junior girls, second), Brad Burgeson (junior boys, second), Liam Klopfenstein (junior boys, third), Julia Powell (intermediate girls, second), Gil Osofsky (intermediate boys, second) and Daniel Nugent (senior boys, second).

The Otters' next meet is on Tuesday, July 24 at Villa Aquatic Club. The Otters are hosting the NVSL Divisional Dive Meet on Sunday, July 29.

Cardinal Hill 44, Oakton 27

Freshman Girls:

1. Natalie Lychak (CH) 79.10
2. Carolyn Scott (CH) 69.30
3. Emma Sahlgren (CH) 62.40

Freshman Boys:

1. Andrew Merski (CH) 49.55
2. Colin Crowley (Ch) 42.95
3. Finn MacStravic (O) 20.00

Junior Girls:

1. Elsa Scott (CH) 95.10
2. Mackenzie Brennan (O) 92.90
3. Grace Cusack (CH) 89.35

Junior Boys:

1. Erik Sahgren (CH) 110.50
2. Brad Burgeson (O) 99.15

3. Liam Klopfenstein (O) 81.25

Intermediate Girls:

1. Elana Colbert (O) 144.00
2. Julia Powell (O) 142.90
3. Paige Atherton (CH) 122.95

Intermediate Boys:

1. Bryce Shelton (CH) 196.50
2. Gil Osofsky (O) 105.45
3. Liam Colwell (CH) 104.30

Senior Girls:

1. AJ Colbert (O) 202.00
2. Morgan Stahl (CH) 192.2
3. Sydney Shelton (CH) 186.90

Senior Boys:

1. Zach Stahl (CH) 192.10
2. Daniel Nugent (O) 146.05

HOME SALES

In June 2012, 117 Reston homes sold between \$1,140,000-\$130,450. This week's list represents those homes sold in the \$525,000-\$130,450 range. For the complete list, visit www.ConnectionNewspapers.com

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1424 PARK GARDEN LN	3	3	1	RESTON	\$525,000	Townhouse	0.03	20194	BALDWIN GROVE
11475 WATERHAVEN CT	3	3	1	RESTON	\$517,280	Townhouse	0.04	20190	TOWNES AT WATERFORD
1440 PARK GARDEN LN	3	3	1	RESTON	\$509,250	Townhouse	0.04	20194	BALDWIN GROVE
10818 OLDFIELD DR	4	3	0	RESTON	\$509,000	Detached	0.37	20191	RESTON
1218 WILD HAWTHORN WAY	3	2	2	RESTON	\$500,000	Townhouse	0.04	20194	RESTON
11709 NORTH SHORE DR	4	3	1	RESTON	\$495,000	Townhouse	0.04	20190	RESTON
11727 INDIAN RIDGE RD	3	2	1	RESTON	\$495,000	Townhouse	0.05	20191	RESTON
2411 SILVER FOX LN	5	3	0	RESTON	\$475,000	Detached	0.42	20191	RESTON
1219 HERITAGE COMMONS CT	3	3	1	RESTON	\$472,000	Townhouse	0.04	20194	RESTON
12001 MARKET ST #459	2	2	0	RESTON	\$457,500	Garden 1-4 Floors		20190	MARKET STREET TOWN CENTR
2035 SWANS NECK WAY	3	2	1	RESTON	\$440,000	Townhouse	0.03	20191	RESTON
11500 FAIRWAY DR #405	2	2	1	RESTON	\$432,000	Mid-Rise 5-8 Floors		20190	WATERFORD SQUARE
1623 PARK OVERLOOK DR	3	2	1	RESTON	\$415,000	Townhouse	0.05	20190	RESTON
11166 FOREST EDGE DR	3	3	1	RESTON	\$407,500	Townhouse	0.04	20190	RESTON
1851 STRATFORD PARK PL #306	2	2	0	RESTON	\$402,000	Garden 1-4 Floors		20190	STRATFORD
1516 POPLAR GROVE DR	3	3	1	RESTON	\$395,000	Townhouse	0.03	20194	RESTON
11651 NEWBRIDGE CT	4	3	1	RESTON	\$393,500	Townhouse	0.04	20191	RESTON
11099 SAFFOLD WAY	4	3	1	RESTON	\$390,000	Townhouse	0.04	20190	RESTON
1636 BENTANA WAY	3	2	1	RESTON	\$388,500	Townhouse	0.05	20190	RESTON
1502 TWISTED OAK DR	3	2	2	RESTON	\$386,000	Townhouse	0.05	20194	RESTON
2281 CHESTNUT BURR CT	3	3	1	RESTON	\$377,000	Townhouse	0.03	20191	RESTON
1454 GREENMONT CT	3	2	1	RESTON	\$370,000	Townhouse	0.04	20190	RESTON
11288 HARBOR CT #1288	2	3	0	RESTON	\$370,000	Garden 1-4 Floors		20191	HARBOR POINT
12000 MARKET ST #T82	2	2	0	RESTON	\$364,000	Garden 1-4 Floors		20190	SAVOY AT RESTON TWN CNTR
2262 WHEELWRIGHT CT	3	3	1	RESTON	\$342,000	Townhouse	0.04	20191	RESTON
11553 UNDEROAK CT	3	2	2	RESTON	\$340,000	Townhouse	0.03	20191	RESTON
11841 DUNLOP CT	4	2	1	RESTON	\$339,900	Townhouse	0.05	20191	DEEPWOOD
11867 ABERCORN CT	3	2	1	RESTON	\$338,000	Townhouse	0.03	20191	DEEPWOOD
2045 WINGED FOOT CT	3	1	2	RESTON	\$335,000	Townhouse	0.04	20191	RESTON
1615 SIERRA WOODS DR	3	2	1	RESTON	\$334,000	Townhouse	0.03	20194	RESTON
1305 WINDLEAF DR #164	2	2	0	RESTON	\$331,000	Garden 1-4 Floors		20194	SUTTON RIDGE
11587 EMBERS CT	3	2	0	RESTON	\$330,000	Detached	0.10	20191	RESTON
1618 BARNSTEAD DR	3	1	2	RESTON	\$330,000	Townhouse	0.04	20194	RESTON
1607 BARNSTEAD DR	3	2	1	RESTON	\$329,000	Townhouse	0.03	20194	RESTON
12005 TALIESIN PL #35	2	2	0	RESTON	\$327,000	Garden 1-4 Floors		20190	OAK PARK
2406 ANSDEL CT	3	2	1	RESTON	\$325,000	Townhouse	0.05	20191	DEEPWOOD
11775 STRATFORD HSE PL #412	2	2	0	RESTON	\$320,000	Garden 1-4 Floors		20190	STRATFORD
11566 WOODHOLLOW CT	3	2	2	RESTON	\$320,000	Townhouse	0.06	20191	RESTON
1501 NORTH POINT DR #202	2	2	0	RESTON	\$316,500	Garden 1-4 Floors		20194	NORTH POINT VILLAS
1677 BAYFIELD WAY	3	2	1	RESTON	\$316,000	Townhouse	0.03	20194	RESTON
11848 BRETON CT #18A	3	2	1	RESTON	\$315,500	Townhouse		20191	GLADE AT HUNTERS WOODS
1855 STRATFORD PARK PL #401	2	1	0	RESTON	\$315,000	Garden 1-4 Floors		20190	STRATFORD
11929 REDTREE WAY	2	2	1	RESTON	\$315,000	Townhouse	0.02	20194	RESTON
1346 GARDEN WALL CIR #514	2	2	0	RESTON	\$314,500	Townhouse		20194	BALDWIN GROVE
1618 FIELDTHORN DR	2	1	1	RESTON	\$314,000	Townhouse	0.03	20194	RESTON
12001 MARKET ST #363	1	1	0	RESTON	\$305,500	Garden 1-4 Floors		20190	MARKET ST@TOWN CTR CONDOS
1705 LAKE SHORE CREST DR #26	2	2	0	RESTON	\$300,000	Garden 1-4 Floors0.00		20190	EDGEWATER AT TOWN CNTR
11860 BRETON CT #15A	3	2	1	RESTON	\$295,000	Townhouse		20191	GLADE AT HUNTERS WOODS
11787 BAYFIELD CT	2	2	0	RESTON	\$295,000	Townhouse	0.03	20194	RESTON
11266 SILENTWOOD LN	2	2	1	RESTON	\$291,000	Townhouse	0.02	20191	RESTON
12001 MARKET ST #123	1	1	0	RESTON	\$290,000	Garden 1-4 Floors		20190	MARKET STREET TOWN CENTR
1324 GARDEN WALL CIR #305	2	2	0	RESTON	\$288,250	Garden 1-4 Floors		20194	BALDWIN GROVE
2480 RIDGEHAMPTON CT	2	2	0	RESTON	\$285,000	Townhouse	0.02	20191	HUNTERS SQUARE
11770 SUNRISE VALLEY DR #417	2	2	0	RESTON	\$282,000	Hi-Rise 9+ Floors		20191	MERCER
11800 SUNSET HILLS RD #803	1	1	0	RESTON	\$280,000	Hi-Rise 9+ Floors		20190	CARLTON HOUSE
1424 CHURCH HILL PL #1424	2	1	1	RESTON	\$280,000	Garden 1-4 Floors		20194	HAMPTON POINTE
1631 PURPLE SAGE DR	2	1	2	RESTON	\$275,000	Townhouse	0.02	20194	RESTON
11232 BEAVER TRAIL CT #1	2	2	0	RESTON	\$274,900	Garden 1-4 Floors		20191	DOCKSIDE
12005 TALIESIN PL #13	2	1	1	RESTON	\$260,000	Garden 1-4 Floors		20190	OAK PARK
12122 CAPTIVA CT	3	2	1	RESTON	\$249,000	Townhouse	0.03	20191	RESTON
1516 SUMMERCHASE CT #A	2	2	0	RESTON	\$236,309	Garden 1-4 Floors		20194	SUMMERRIDGE
11012B VILLARIDGE CT #B	2	1	0	RESTON	\$235,000	Garden 1-4 Floors		20191	VILLARIDGE
11760 SUNRISE VALLEY DR #410	1	1	0	RESTON	\$230,000	Hi-Rise 9+ Floors		20191	MERCER
1913 VILLARIDGE DR #1913A	2	1	0	RESTON	\$225,000	Garden 1-4 Floors		20191	VILLARIDGE
2374 ANTIQUA CT	2	2	1	RESTON	\$220,000	Townhouse	0.03	20191	RESTON
11120 BEAVER TRAIL CT #11120	1	1	0	RESTON	\$215,000	Garden 1-4 Floors		20191	NANTUCKET AT RESTON
2049 ROYAL FERN CT #21C	3	2	0	RESTON	\$213,000	Garden 1-4 Floors		20191	SOUTHGATE
1675 PARKCREST CIR #4E/100	1	1	0	RESTON	\$200,000	Garden 1-4 Floors		20190	BENTANA PARK
1527 NORTHGATE SQ #27/1C	3	2	0	RESTON	\$200,000	Garden 1-4 Floors		20190	NORTHGATE
2221 HUNTERS RUN DR #2221	1	1	0	RESTON	\$195,500	Garden 1-4 Floors		20191	HUNTERS CROSSING
1548 NORTHGATE SQ #48/12C	3	2	0	RESTON	\$191,000	Garden 1-4 Floors		20190	NORTHGATE
11820 BRETON CT #11B	2	1	0	RESTON	\$190,000	Garden 1-4 Floors		20191	HUNTERS WOODS VILLAGE
2290 WHITE CORNUS LN	3	1	1	RESTON	\$184,000	Townhouse	0.03	20191	RESTON
11819 BRETON CT #11B	2	1	0	RESTON	\$181,500	Garden 1-4 Floors		20191	HUNTERS WOODS VILLAGE
2241 CASTLE ROCK SQ #12C	3	2	0	RESTON	\$175,000	Garden 1-4 Floors		20191	SHADOWWOOD
1951 SAGEWOOD LN #405	2	2	0	RESTON	\$165,000	Mid-Rise 5-8 Floors		20191	THORVAU PLACE
11602 VANTAGE HILL RD #2A	1	1	0	RESTON	\$150,000	Garden 1-4 Floors		20190	VANTAGE HILL
11627 STONEVIEW SQ #78/2B	2	2	0	RESTON	\$132,000	Garden 1-4 Floors		20191	SHADOWWOOD
1530 NORTHGATE SQ #1A	1	1	0	RESTON	\$130,450	Garden 1-4 Floors		20190	NORTHGATE

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COMMENTARY Plum

FROM PAGE 6

Equally as concerning as those who would repeal the Act are those who would drag their feet on its implementation. Some who oppose the Act want to wait until the November election to see if the President can be defeated and if Congress can be changed in the Senate to repeal the Act. I am urging Governor McDonnell to call a special session of the General Assembly to set up an insurance exchange and to expand Medicaid. The Commonwealth Institute for

Fiscal Analysis found in its study that expansion of Medicaid in Virginia would be a lifesaver for hundreds of thousands of Virginians, a real bargain for the Commonwealth, and a much needed boost to Virginia's economy. According to the Congressional Budget Office, expansion of Medicaid will actually reduce state and local government costs for uncompensated care that is already provided to the uninsured. The Urban Institute estimates that overall state savings in the areas of uncompensated care would be between \$26 and \$52 billion from 2014 to 2020.

Already the Affordable Care Act that is referred to in the political

arena as Obamacare has already helped those Virginians who are among the 17 million children nationally with pre-existing conditions who can no longer be denied coverage by insurance, the 6.8 million young adults up to age 26 who have taken advantage of the law to obtain health insurance through their parents' plan, and the 86 million Americans, including 32 million seniors in Medicare, who have already received free preventative services. Now it is time to finish the job in Virginia. As the New York Times editorial expressed it, "For almost all of us stand to benefit from making America a kinder and more decent society."



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6208 Ormandy Dr.....\$527,900.....Sun 1-4.....Wendy Smith...Coldwell Banker..703-608-1725

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6803 Farrahs Cavalry Rd.....\$530,000.....Sun 1-4.....Rich Triplett....Samson Props..703-217-1348

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7581 Chrisland Cove.....\$499,900.....Sat 12-3..Barbara Blumer...Coldwell Banker..703-405-5993

Oakton

11312 Timberline Dr.....\$1,100,000...Sat/Sun 1-4.....Steve Eaheart.....Keller Williams..703-222-3300
3204 Wheatland Farms Dr...\$1,149,000.....Sun 1-4...Beth Dadisman.....Keller Williams..703-577-1144

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1388 Cameron Dr.....\$1,185,000.....Sun 1-4.....Glynis Canto.....Keller Williams...703-395 2355

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46750 Graham Cove Sq.....\$365,000.....Sun 1-4.....Lynn Thornell.....Weichert..703-777-3977

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1108 Hillcrest Dr SW.....\$1,039,000.....Sun 1-4...Casey Samson.....Samson Props..703-508-2535
2423 Holt St.....\$565,000.....Sun 1-4...Casey Samson.....Samson Props..703-508-2535
10511 William Terry Dr.....\$998,000.....Sun 12-5..Laura Maschler.....Century 21..571-338-3961

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A Life Worth Living, Still



By KENNETH B. LOURIE

It might be my age (as in getting older), or it might be the fact that I have cancer (you think?), but my brain and the related physical and mental tasks it coordinates are not exactly working at peak efficiency. Don't get me wrong, I'm not exactly "Forrest, Forrest Gump," but plans are not easily made and when they are made, not so easily or successfully carried out. Whether it's a drive to an unfamiliar destination, time spent with semi-unsuspecting (about me) acquaintances, or overnighting away from home (and out of my routine: alkaline water, pills, asparagus, baking soda, apple cider vinegar, etc.) as a few examples, what once seemed like ordinary and manageable acts of everyday-type life now present previously unfamiliar hurdles. Talk about making something out of nothing. Everything is something, even if it's nothing. And that's a change – for the worse.

Unfortunately, knowing this – and accepting it, hasn't lessened the burden and inevitability of living with it. I'm always relieved when whatever, wherever, however, we (meaning me) finish what we're doing: get to where we're going/solve the problem we're needing to solve/arrange the schedule we're attempting to arrange, and complete our miscellaneous activities. I can then settle back into what's familiar and relatively uncomplicated. If I've been there and am accustomed to doing it, it gets done, without much ado. However, if I haven't been there – literally and figuratively, getting there – and back, becomes increasingly more difficult. I don't necessarily want to blame this behavior on my age or my underlying problem ("NSCLC"), but at least if I blame it on something that makes sense – to me, I can live with the consequences of this preferred inaction. And the more I understand the reasons for certain "inaction," the less stress I'll feel. And the less stress I feel, the better off I'll be; as a cancer patient, first, and as a reasonably intelligent adult second (no comments from the peanut gallery, please).

I guess what I'm trying to do is what Jerry, Elaine, George and Kramer were competing to do years ago on a particularly memorable "Seinfeld" episode: master my own domain; trying to control the uncontrollable. However, if any set of circumstances is likely uncontrollable, it is the physical, mental, emotional and spiritual effects one experiences after receiving a terminal diagnosis. You're either ready for its demands or you're not. It's not like – at least for me, there was really any preparation or expectation that your life – as you knew it, was over. I suppose there's a handbook somewhere. (Maybe there's even some training or a class – Cancer 101, you can attend.) And though I can certainly appreciate the benefit and power of the written – and read word, a terminal diagnosis with a "13-month to two-year" prognosis requires – in my opinion, a more personal touch, one with a one-to-one/face-to-face-type connection. When the diagnosis is stage IV-serious, it's best to leave nothing to chance and/or misinterpretation. As much as you – as the patient/"diagnosee" think you're hearing and/or reading what's being said or handed to you concerning the facts of your case, the shock of what you're learning will not only cloud your judgment, but rewire your brain, emotionally speaking. It's hardly another day at the office. In fact, it's like no other day you've ever had at your office or any other office. The assimilation – or rather the attempted assimilation of your diagnosis, prognosis, treatment options, schedule of diagnostic scans and doctor appointments, best and worst case scenarios, will forever change the way you process information and plan your future.

What I'm finding out is, the longer I survive, it's the emotions I feel about having cancer more than the facts of having cancer that are causing me the most problems. One I can live with, the other is living with me. And it's not of my own choosing, either.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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