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NEWS

From left, Dave Lewis of Ned Devine's Golfing Society, Jim Estes of the Salute Military Golf Association and Brian Gawne of Fisher House, with funds raised by last year's golf tournament to benefit wounded warriors. This year's tournament will take place Sept. 22 at Herndon Centennial Golf Course.



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THE CONNECTION
NEWSPAPERS

Ned Devine's Hosts Wounded Warrior Golf Tournament

Annual event will feature service members, benefit wounded warrior charities.

BY ALEX McVEIGH
THE CONNECTION

Ned Devine's Golfing Society will host their second annual golf tournament to benefit wounded warriors Sept. 22 at the Herndon Centennial Golf Course. The society, a 501(c)7, is based out of Ned Devine's Irish Pub in Herndon.

"We play every month at a variety of local courses, and for the last 10 years, we've probably donated \$2,000 to \$3,000 each year to the Fisher House," said David Lewis, captain of the society. "Last year, we decided to go big time, and really show them some support."

The Fisher House Foundation maintains a network of housing on military bases, so families of wounded warriors and other service members receiving treatment will have a place to stay near their loved one. There is at least one center at every major military medical center, and according to the foundation, they provide more than four million days of lodging for more than 17,000 families every year.

"Last year we raised about \$20,000, with about

six weeks of planning, and donated about 90 percent of it to Fisher House," Lewis said. "This year, with better planning, we plan to donate more than 90 percent, and we're aiming to raise \$40,000."

Last year, the tournament featured 80 players and 17 wounded warriors. The society provided a luxury coach to transport the service members, as well as hosting a special prize for them at each hole, which will also be the case this year. Lewis said they expect about 30 wounded warriors this year.

"The whole day is about them," Lewis said. "They're the most important people we have, people who sacrificed a lot for this country, and it can mean a lot to just get them out, golfing in the regular world again."

Ned Devine's owner Graham Davies and General Manager Gordon Masterson will host the wounded warriors who will be treated to golf, lunch, drinks and dinner, all of which will be covered by donations and sponsorships. Prizes will be awarded to them for long drive, closest to the pin and more, and prizes will include rounds of golf, golf lessons and gift certificates.

"Every single dollar beyond our costs will go to Fisher House, the Salute Military Golf Association and to Operation Second Chance," Lewis said.

Donations and sponsorships can be donated until Sept. 1 by sending checks payable to Ned Devine's Golfing Society to Deirdre McGaw, 13954 Mansarde Avenue #472, Herndon, VA 20171.

More information can be found by emailing Lewis at davejlewis2001@yahoo.com.



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PHOTOS BY AMIEE FREEMAN/THE CONNECTION

During the Economics Camp market day Maddie Bullock buys a sponge water balloon from Maddie Ward. The sponge balloons were selling for \$25.



Teachers Kathleen Stakem and Jeannette O'Malley talk with students during the market, held on the last day of the week long economics camp.

Practicing Economy at Oak Hill

Summer camp teaches elementary school students challenges of real-life economy.

BY AMIEE FREEMAN
THE CONNECTION

What says summertime like lazy days by the pool, barbecues and the law of supply and demand? Perhaps that last one does not scream summer, but to the 46 students who participated in Oak Hill Elementary's Economics Camp, which concluded its third and final week-long session last Friday, the law of supply and demand plus other economics terms are now clearly defined.

This was the first year this summer camp was offered to Fairfax County Public School students. Sixth grade Oak Hill teachers Kathleen Stakem and Jeannette O'Malley developed the camp based on a similar camp held at James Madison University. Rising 4th graders through rising 7th graders could attend the camp.

"Our hope is that this camp will make kids more aware of what adults do" regarding money, said O'Malley. "We also hope that they will realize that money doesn't just appear."

Stakem agreed with O'Malley. "We hope to make them aware that this is what happens in the real world," she said.

TO LEARN ABOUT ECONOMICS, the students created products from the very beginning: visualization of the products, market surveys to determine desirability and value of the products, purchase of raw materials, rental of "workspace," and, finally, sale of the products. For each day of "work" the students received \$100 in camp money. Each student was also given a job, such as banker, realtor, or shopkeeper. This job earned a salary as well. With this money they purchased the supplies needed to make their products. They could only spend the money they had in hand; credit was not an option.

"They made a lot of money each day, but were very busy. They liked having the money, but did not like being so busy," said Stakem with a laugh.

The students also learned the difference between

revenue and profit. "These were very foreign concepts at first," said Stakem. "In the beginning, they thought revenue and profit were the same."

Half way through the week the students received an electric bill for their rented workspace. "That was another big shock," said Stakem, explaining the students have never before considered that electricity was purchased. In addition, different calamities were drawn out of a hat and inflicted on a hapless business owner: storms, water damage, illness. The students learned the value of insurance, said O'Malley.

Also, they had to pay a 30 percent tax on their business. "They were shocked by that too," said Stakem.

In addition to making a product, the students read "The Lemonade War" by Jacqueline Davies. This novel about two siblings who start separate and competitive lemonade stands was a good launching point for discussion, said O'Malley.

ON THE LAST DAY of the camp, the students held a market where they sold their products. Duct tape was a key material for many of the products for sale. There were duct tape flowers, duct tape jewelry and duct tape bookmarks. Also fake mustaches made of foam paper and elastic bands, origami trinkets and reusable water balloons made of cut-up sponges.

In explaining their choice of products Chang How and James Tredinnick threw around economic terms like financial gurus. How, who made sock puppets, said he originally wanted to make tissue box guitars, but the resources needed to make the guitars were "scarce," said How.

Tredinnick made cup guitars which did not appear to be selling too well due to "low demand," as Tredinnick said.

Scarlett Sullivan sold out of the duct tape roses she had made. Meanwhile across the aisle competitor Nate Eldering was selling a similar product. Sullivan said her roses must be of "better quality."

All the students agreed the camp was fun and a good use of their own scarce resource: summer vacation.



PHOTO CONTRIBUTED

Bach to Rock (B2R), America's music school for students of all ages.

Bach to Rock Moves To Worldgate Centre

Bach to Rock (B2R), America's music school for students of all ages, announced on July 18 it will re-locate its current school in Herndon, located at 465 Herndon Parkway, to a larger facility at Worldgate Centre located 13009 Worldgate Drive later this year. The new location will accommodate not only a school, but B2R's first hands-on franchisee training facility to provide both new and existing franchise owners with cutting-edge training and support.

The new 4,000 square foot training facility will have the very latest in technology, computer and software availability and traditional instrumental instruction.

Franchisees will be trained on the B2R method, management and administration of a school, as well as its proprietary web-based management system and proven advertising and marketing programs, all designed to position them for success. The school also features Beat Refinery, the Mid-Atlantic's premier DJ school dedicated to teaching every aspect of the craft, combining traditional methods with the latest technology for aspiring DJs.

Co-founded by a Juilliard-

trained middle school teacher, B2R transformed music instruction five years ago into a team sport by coupling rigorous individual instruction with "jam sessions" that keep students motivated by playing in a group. The first corporate-owned location in Bethesda, Md. opened in 2007; B2R now has six corporate-owned schools, including two in Maryland and four in Virginia. Earlier this summer, B2R announced an agreement with its first franchisor, Amplified Capital Partners, LLC, to open a chain of Bach to Rock schools in New York and Connecticut. The first location is planned to open in New York in the fall of 2012.

Bach to Rock is currently seeking candidates to open franchise locations in the Mid-Atlantic region, from New York to Florida, and plans to broaden its efforts into additional markets across the country. To learn more about ownership opportunities with Bach to Rock, contact Ralph Rillon, vice president of franchise development, toll-free at 855-B2R-7570 (1-855-227-7570) and franchise@b2rmusic.com, or visit www.b2rmusic.com/franchise.

Helping Women in Sierra Leone

Helping Children Worldwide launched Women's Cancer Screening in Sierra Leone.

Helping Children Worldwide piloted a breast and cervical cancer screening program at Mercy Hospital in Bo, Sierra Leone. Nearly \$45,000 worth of supplies and equipment were donated and/or loaned by Cooper Surgical, Bard Surgical, Mary Washington Hospital, Cross Link International, Global Public Health/Sonosite and Clinical Pathology Laboratories. A team of doctors and nurses, traveled to Sierra Leone for a week long medical mission, included Dr. Mary Beth Cantwell-Anesthesiologist at Fairfax Anesthesiology Associates, Dr. Kirsten Edmiston-Medical Director at Inova Cancer Services, Dr. Cynthia Horner-Family Medical Doctor at Herndon Family Medicine, and Dr. Carol McIntosh-Physician Ob/Gyn at Inova Fairfax Hospital Fairfax.

With the support of several generous donations of medical supplies, Helping Children Worldwide piloted a breast and cervical cancer screening program, previously unavailable to women in the region at Mercy Hospital in Bo, Sierra Leone. Nearly \$45,000 worth of supplies and equipment were donated and/or loaned by Cooper Surgical, Bard Surgical, Mary Washington

Hospital, Cross Link International, Global Public Health/ Sonosite and Clinical Pathology Laboratories.

THE MEDICAL SUPPLIES were transported and used by a team of doctors and nurses which included: Dr. Mary Beth Cantwell-Anesthesiologist at Fairfax Anesthesiology Associates, Dr. Kirsten Edmiston-Medical Director at Inova Cancer Services, Dr. Cynthia Horner-Family Medical Doctor at Herndon Family Medicine, and Dr. Carol McIntosh-Physician Ob/Gyn at Inova Fairfax Hospital Fairfax. The team visited Sierra Leone in May for a week long medical mission, with the goal of saving women's lives.

Cervical cancer is the most common cause of cancer among women in Sierra Leone, followed closely by breast cancer (IARC Globocan 2008). Sierra Leone has a population of 1.53 million women ages 15 years and older who are at risk of developing cervical and breast cancer. Current estimates indicate that every year 670 women are diagnosed with cervical cancer and 466 die from the disease.

Over two days the team of doctors collaborated with local medical professionals



Dr. Shalinee Bhoobun, Dr. Cynthia Horner, Dr. Kirsten Edmiston, Allen Morell, Dr. Mary Beth Cantwell, Dr. Carol McIntosh, Ginny Wagner, Patty Morell, and Dr. Dave Brewster.

and the Ministry of Health in Sierra Leone to perform and teach self-breast exams to 126 women, perform 120 PAP smears, 10 breast surgeries, 14 loop electrocautery excisions of the cervix, and 8 other gynecologic procedures. The clinic ran into the night until the last registered patient was seen and the Sierra Leonean medical personnel were fully trained to be self sufficient in running the program.

The Bo District Medical Officer from the Ministry of Health shared that, if successful, the pilot program brought by this team from Helping Children Worldwide could pave the way for the first ever full-scale collaborative women's cancer initiative in the country.

THE DONATED EQUIPMENT was left behind for future use, all biopsies and pap smears were taken back to Virginia for analysis. Detailed follow up plans were laid out with the Mercy clinical team to ensure that these women would receive comprehensive dignified care.

Mercy Hospital, opened in 2007, is a program of Helping Children Worldwide a 501(c)3 nonprofit based in Herndon. For additional information about Mercy Hospital or Helping Children Worldwide visit www.helpingchildrenworldwide.org or contact Mary Beth Sams, African Programs Director at marybethsams@helpingchildrenworldwide.org or 703-956-6722.

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WELLBEING

Taking Care of One's Teeth

American Dental Association says many Americans don't know basic oral care.

BY MARILYN CAMPBELL
THE CONNECTION

Here's a pop quiz: How often should a person replace their toothbrush? "Once a year," said Terrie Andrews of McLean.

When should a parent schedule a child's first dental appointment? "Just after their 6th birthday," said Julie Mahon, an Alexandria mother of 2-year-old twins.

Both answers are incorrect, but consistent with the findings of a new survey by the American Dental Association, which tested the average person's knowledge of oral health care. On average, Americans did not know the answers to questions ranging from how often to brush to what causes cavities.

THE SURVEY is part of an initiative, launched this summer, aimed at educating the public about maintaining healthy teeth. Dental care experts say prevention, care and treatment information are key to fighting gum disease and keeping teeth healthy. "Good dental health is important, as we are living longer and we need to make the one set of teeth we get last a lifetime," said Dr. Matthew Messina, ADA consumer advisor.

In fact, toothbrushes should be replaced every three months or as soon as the bristles become frayed or worn. The ADA also recommends brushing one's teeth twice per day and says a child's first dental visit should take place no later than six months after the first tooth appears.

More than 80 percent of those surveyed believe sugar causes cavities. They're actually caused by acid that forms when germs in the mouth feed on sugar. The acid attacks and weakens the tooth enamel, allowing a cavity to form.

The survey showed that many believe gums that bleed after brushing is normal, but experts say such bleeding could be a sign of early gum disease. "Periodontal disease is a slowly progressing disease where the early warning signs are subtle. There is seldom any pain until the disease is very advanced. Redness and puffiness in the gums around the teeth are something to watch for. Bleeding of the gums when someone brushes or flosses is not normal and should be evaluated. Eventually, pain and swelling from gum infections will occur, but the damage is advanced by that point," said Messina.

Diet plays a role in healthy teeth, as well. "Don't underestimate the role of nutrition and the role that food choices play in preventing gum disease and maintaining healthy teeth. The presence of too much or too little of any nutrient can have harmful effects, particularly on the mouth and teeth, and may contribute to oral diseases and infection," said Dr. Raymond K. Martin, spokesman for the Academy of General Dentistry. "Your teeth and jaws are made mostly of calcium. Without enough calcium in your diet, you risk of developing gum disease and tooth



Dr. Matthew Messina of the American Medical Association says prevention, care and treatment information are key to fighting gum disease and keeping teeth healthy.

"Good dental health is important, as we are living longer and we need to make the one set of teeth we get last a lifetime."

— Dr. Matthew Messina

decay. Iron deficiency can cause your tongue to become inflamed, and sores can form inside your mouth." Martin added that a lack of vitamin B3 can cause bad breath and canker sores.

SELECTING THE BEST DENTIST FOR A CHILD

Choosing the right dentist for one's child is one of the most important decisions that a parent will make. What should a parent consider when choosing a pediatric dentist? The American Academy of Pediatric Dentistry offers a few suggestions:

- ❖ Does the dentist have special training or interest in treating children?
- ❖ Is the dental office set up for children? For example, does it offer toys, books, games or child-sized furniture?
- ❖ How does the dental office manage emergencies?
- ❖ Is the office conveniently located to your home or child's school?
- ❖ Does the practice accept your dental benefit plan?
- ❖ Is the dentist a member of the American Dental Association and the American Academy of Pediatric Dentistry?

DENTISTRY ON THE EDGE: THE LATEST TECHNOLOGY IN COSMETIC DENTISTRY

While a toothbrush and floss are considered the keys to a beautiful smile, cosmetic dentists have new tools in the quest for perfect teeth. The American Academy of Cosmetic Dentistry (AACD) says a few technological advancements are increasing safety, efficiency and patient comfort during dental procedures. Topping the list:

- ❖ Computer-Aided Dentistry-Computer-Aided Manufacturing: Dental restorations like porcelain crowns can now be made faster and without the mess of traditional, goop-filled rubber molds used to make impressions of one's teeth. The new procedure uses 3-D scans and computer software to create perfect restorations.
- ❖ iPad and Smartphone Applications: Tasks ranging from managing dental records to displaying x-rays are now made easier with a few new iPad and smart phone applications. One such application is the Smile Touch Guide, created by AACD dentist David Traub, DDS. Used for virtually any cosmetic procedure, dentists and patients can work together to decide on the correct shape and length of the teeth. The patient can see what the full set of teeth will look like and make changes.

❖ Digital X-Rays: With digital x-rays, cosmetic dentists can reduce the amount of radiation patients are exposed to with standard x-rays by as much as 90 percent. The dentist places a small camera into the patient's mouth and takes a picture. An image appears on a computer screen almost immediately. Cosmetic dentists say digital x-ray pictures are clearer than those taken with standard machines.

❖ Botox: Cosmetic dentists are now using Botox and dermal filler treatments to treat problems like temporomandibular joint (TMJ) disorders.

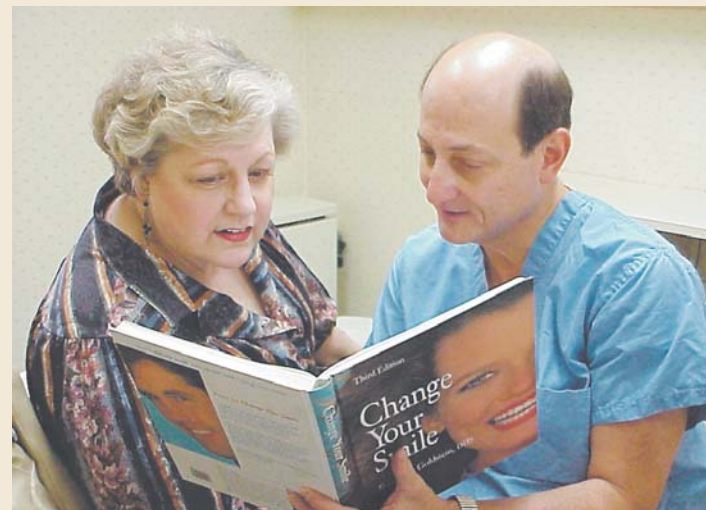


PHOTO COURTESY OF DR. RICHARD MILLER

Halitosis specialist Dr. Richard Miller counsels a patient on oral health care. Experts say mouthwash often provides only a temporary solution for bad breath.

Beating Bad Breath

Dental experts offer solutions for chronic halitosis.

BY MARILYN CAMPBELL
THE CONNECTION

When Amanda Welch's boyfriend asked her to marry him last spring, she accepted his proposal on one condition: that he find a cure for his bad breath.

"I just couldn't live with the smell," said the Arlington resident. "It was horrible. I told him he had to do something."

Foul breath, also known as halitosis, can affect a person socially and professionally. "I have heard many stories about bad breath ruining people's lives: business executives losing their jobs, young people whose dating lives were ruined, and even a few engagements and one marriage that were broken off," said McLean resident and halitosis specialist Richard A. Miller, DDS. He is also the author of "Beating Bad Breath."

Halitosis can be triggered by everything from poor oral hygiene to smoking to diabetes to kidney failure. "Typically, bad breath originates in your gums and tongue. It is caused by waste from bacteria in the mouth, decayed food particles [or] other debris in your mouth, and bad oral hygiene," said Dr. Raymond K. Martin, spokesman for the Academy of General Dentistry. "The decay and debris produce a chemical compound that causes the unpleasant odor. Even stress, dieting, snoring, age and hormonal changes can have an effect on your breath. Dry mouth and

tobacco also contribute to the problem."

Mouthwash, experts said, often only provides a temporary solution. Martin recommended cleaning one's tongue with a toothbrush or tongue scraper, increasing water intake and chomping on sugar-free gums that contain xylitol, a sugar substitute. He also advised those who wear dentures, mouth guards or retainers to clean the devices thoroughly between uses.

Bad breath treatment centers offer hope to those with super-sized malodorous dilemmas. During the initial session, which typically lasts about an hour and a half, patients get a diagnosis of the culprit behind the offensive fumes. "We have a halimeter that monitors the amount of sulfite in the breath that causes odor. This gives an idea of the severity of the problem," said Miller, who runs the Fresh Breath Clinic in Falls Church. "We check for bleeding under the gums and look for everything that can possibly contribute like stones in the back of the throat or anything going down the sinuses."

After the diagnosis, patients get a treatment plan. Services don't come cheap, however. An initial office visit starts at \$350 and increases according to the severity of the problem. Most insurance plans don't cover services for halitosis.

Still those who've cleared the air say finding a solution is worth every penny.

"We're getting married, so it was worth it to us," said Welch.

Readers Respond on TJ Admissions

“Stop making smart 8th graders feel inferior because they are not admitted.”

Readers responded to last week’s editorial, which cited a civil rights complaint about the apparent lack of access to gifted and talented programs and admission to Thomas Jefferson High School for Science and Technology.

The larger impact of the disparities is evident in the demographics of the students who qualify for gifted and talented services at a certain level in elementary school, which affects more than 12,000 students. By comparison, the incoming class at Thomas Jefferson is 480 students.

From the complaint:

“Being ‘identified’ as eligible for Level 4 services is no easy task for Black or Latino students in Fairfax County. Data specifically broken down for elementary and middle school was not readily available. However, overall K-8 data is striking. Among the 12,044 elementary and middle school students identified last year as eligible for Level IV GT services by FCPS last year, substantial racial and ethnic disparities are evident.”

Hispanic students make up 6.2 percent of those identified as gifted but 22 percent of students overall. Black students make up just 3.8 percent of those identified but nearly 10 percent of students overall.

The complaint was filed by Martina Hone, former school board member and founder of the Coalition of the Silence, and Charisse Espy Glassman, education chair of the Fairfax NAACP.

HERE ARE some excerpts from reader comments:

“The [editorial] was incomplete ... as it failed to address the relatively much larger issue of white students admission to Thomas Jefferson, which your article states as 26 percent of the class of 2016, which is versus a Fairfax County school system white student population of about 45 percent.”

LETTERS TO THE EDITOR

Another Look At TJ

To the Editor:

TJ is not working.

Those who are in private school can stay there. Those in public school understand that Fairfax County has incredible local public high schools.

Many of those who get rejected from TJ need to know that they could have done as well or better there as those who are at TJ and apparently (as to some) cannot even do the math at TJ.

I think it ironic that the Caucasians who complained ten years ago that TJ was admitting too many minorities now see a TJ where Asians are now the majority.

My son, an African American, was told by his ninth grade counselor at TJ (in 1998) that he was taking the place of a “qualified” student. He graduated from TJ in 2002, UVA in 2006, and medical school at Columbia in 2010. He works as a resident in the ER of a large hospital in NYC. Under today’s criteria, he would have been rejected (he was a top 50 on the standardized test but had challenging grades at Longfellow).

My daughter would have been admitted per the test (2005), but because she, too, was an under-achiever at Longfellow, did not get in. She is in her fourth year at Columbia.

There are sufficient talented African Americans in the jurisdiction to make up at least 10 percent of

Brad Brewster, Fairfax Station

“[Poor students are] not innately less talented, however they don’t reach their full potential ... This should come as no surprise considering their home environment includes over-worked parents that have ‘no time’ to micromanage a student, and no resources to hire a tutor. The stereotypical Asian ‘Tiger Mom’ is not just a stereotype, in my experience ... The persistent encouragement for success from such a parent is likely behind the large Asian representation at TJ. Having tu-

Demographics

	White	Asian	Hispanic	Black
Fairfax County	62.7	17.6	15.6	9.2
FCPS	44	20	22	10
TJ	26.2	64.2	2.7	1.4
Gifted and Talented	51.3	32.4	6.2	3.8

tored a disadvantaged Hispanic student for the first time last year I noted he had access to cable TV and both the latest Xbox and Playstation gaming systems (all the distractions of a wealthier student) but lacked the encouragement from his mother (a single parent household) to reach academic excellence. This was an unfortunate combination.”

Daniel Bronson, Arlington

“This is a culture contest pure and simple. One culture puts study and commitment to educational goals at the top of life’s responsibilities and diversions. The others, not nearly so much. Change the cultures if you can.”

William Smith, Fairfax

“There are sufficient talented African Americans in the jurisdiction to make up at least 10 percent of TJ, their percentage of the overall population. And this is true for Latinos and

underrepresented Asians (families from Vietnam and the Philippines). But long ago, TJ decided that racial and ethnic diversity could not be pursued ... Many want TJ, not because they are interested in science and math, but because TJ is a safest way to be admitted to UVA. Make every school in Fairfax County as incredible as TJ is. Clearly many, such as those in our area, McLean and Langley, are already there. Provide access to advanced courses at George Mason for those who need special acceleration. And stop making smart 8th graders feel inferior because they are not admitted.”

Eddie Eitches, McLean

DEMOGRAPHICS:

Whites make up 62.7 percent of Fairfax County population, 44 percent of students in Fairfax County Public Schools, 51.3 percent of elementary and middle school students who qualify for specific gifted services in FCPS and 26.2 percent of the incoming class at Thomas Jefferson.

Asians make up about 18 percent of the overall Fairfax County population, 20 percent of students in Fairfax County Public Schools, 34 percent of elementary and middle school students who qualify for higher level gifted services in FCPS and 64 percent of the incoming class at Thomas Jefferson.

Hispanics make up about 16 percent of the overall Fairfax County population, 22 percent of students in Fairfax County Public Schools, 6 percent of elementary and middle school students who qualify for specific gifted services in FCPS and 3.8 percent of the incoming class at Thomas Jefferson.

Blacks make up 9.2 percent of the Fairfax County population overall, 10 percent of the students in Fairfax County Public Schools, 3.8 percent of the students who qualify for specific gifted services in FCPS and 1.4 percent of the incoming class at Thomas Jefferson.

and shut down TJ. Many want TJ, not because they are interested in science and math, but because TJ is a safest way to be admitted to UVA.

Yes, we could have a social science, humanities, and English version of TJ. But that idea was proposed many years ago and was apparently rejected.

Make every school in Fairfax County as incredible as TJ is. Clearly many, such as those in our area, McLean and Langley, are already there. Provide access to advanced courses at George Mason for those who need special acceleration. And stop making smart 8th graders feel inferior because they are not admitted.

Eddie Eitches
McLean

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ENTERTAINMENT

'76 Trombones Lead the Big Parade'... Floris UMC presents 'The Music Man.'

BY BONNIE HOBBS
THE CONNECTION

Professor Harold Hill is coming to town, and River City will never be the same. And Floris United Methodist Church captures all the magic and merriment in its upcoming production of "The Music Man."

Show times are Thursday-Friday, Aug. 9-10, at 7 p.m., and Saturday, Aug. 11, at 2 p.m. Tickets are \$15/person at www.florisumc.org/musicman. Floris is at 13600 Frying Pan Road in Herndon.

There's a cast and crew of 65, with actors ranging from age 7 through adults and coming from communities including Centreville, Herndon, Clifton, Fairfax and Chantilly. The church's music director, Yoon Nam, will direct a 15-piece orchestra.

Proceeds go to Connections for Hope, a community-service partnership providing health care, housing assistance, legal aid and tutoring to low-income, Fairfax County residents.

"Harold Hill's a con man who thinks Iowa's the best place for his latest con – selling band instruments and uniforms to create a boys' band," explained Director Barbara D. Carpenter. "But before he can leave town, he falls in love with Marian, the librarian."

She said the audience will love the show, too. "The music's beautiful and catchy, with hummable tunes people know," said Carpenter. "There are great dances, and 7-1/2 year-old Samuel Elliott, as Winthrop, Marian's little brother, is absolutely endearing. It's a terrific love story."

Centreville's Ward Ferguson is the church's contemporary music director and the show's vocal director and lighting and set designer. He also plays Hill, who he describes as "the slickest of the slick."

THRILLED WITH THE PART, Ferguson said, "I was born to play this role. I've wanted to ever since I saw Robert Preston play it in the movie. Hill sings some great, iconic numbers, like 'Trouble,' '76 Trombones' and 'Marian the Librarian.' He's challenged by Marian and relishes getting into messes as much as getting out of them." Ferguson's favorite song is "Sadder but Wiser Girl" because "the lyrics and imagery it evokes are some of the best in musical theater."

He said the audience will like the child actors, plus the adults who "play their characters' idiosyncrasies to the hilt. It's a quality show and the church's first major music production, and everyone's come together to give their time and talent to create it."

Portraying Marian is Ferguson's real-life, new bride, Katie, who also helped choreograph. "Marian's different from me; she's very prim and proper," said Katie. "But I connect to her because she has a soft heart. She tends to not be forgiving, but has a soft spot for anyone connecting with Winthrop. Family's important to her."

Katie's enjoying her role because "Marian has two different sides, and it's fun showing how she changes." She especially likes the song, "'Til There Was You," noting, "The Beatles' version was our first dance at our wedding." She's having fun acting with her husband because they met while acting together



PHOTO COURTESY OF NATASHA SMITH

Rehearsing a scene are (back row, from left) Connor Pinocci, Andrew Bonieski, Benjamin Potts, Shanelucas Ramsey, Anthony Bonieski and Lucy Dolcich, and (front row, from left) Nikki Pope, Caroline Barnes, Kailee Sibbs, Victoria Ciavarella and Christine Moon.

in Florida. "It's challenging to separate your real life from the character," she said. "But it also helps in a love story."

Franklin Glen's Mike Cash plays Mayor Shinn. "He's a relatively successful and narcissistic businessman," said Cash. "He's frequently taken in, but astute enough to be suspicious of Hill. He's not pleased that Hill takes attention away from him, reducing his importance. I can do cartoon characters or buffoons, and I'd do about anything for a laugh."

Cash likes the same song Katie does because "it's the show's turning point. There's a sense of redemption that Marian will make an honest man of Harold, and he's happy about it." He said the audience will leave whistling "76 Trombones" and he praised the talented cast, especially Ferguson.

Glynn Cosker of Oak Hill portrays Hill's old friend, Marcellus. "They used to be con men together, but Marcellus doesn't do that, anymore," said Cosker. "But now he has to help Hill. He's a nice, down-to-earth guy wanting the best for everybody. I'm enjoying this role; Ward's a good friend of mine so we have good chemistry. Marcellus frantically runs all over town, and that's fun."

Cosker also sings his favorite song, "Shipooopi." It's the fastest song he's ever sung, but he's enjoying it. Cosker says the audience "will love the show's choreography and nostalgia. The musical came out in the 1950s, but it's set in 1912, so people will get to see another time."

OAK HILL'S Marissa Dolcich plays Marian's mother, Mrs. Paroo. "She's feisty and has an Irish accent," said Dolcich. "She's anxious that Marian's 26 and unmarried. She's charmed and impressed by Hill and hopes Marian will come to her senses and marry him. I love her humor and aphorisms, and I'm in this show with my youngest daughter Lucy."

Natasha Smith of Herndon portrays Alma Hix. "She's a town gossip – the one who says what everybody's thinking," said Smith. "She tries to be like the mayor's wife, who runs things. People will come away feeling like they just visited that small town. Everyone will want to take home Sam, who's adorable as Winthrop, and audience members will know people in real life who resemble these characters."

Oak Hill's Susi Underhill plays a single parent and is excited about her first musical production. "The story, music and humor are so engaging," she said. "And people will be impressed by the actors' amazing talent."

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Lake Newport swimmer Anna Redican poses in front of the team banner after the first of her two record-setting performances at the RSTA All Star meet on Saturday, July 28.



Julie Kercher of RSTA league champion Lake Newport cuts through the water in the girls' (11 - 12) 50-meter butterfly at the RSTA All-Stars meet on Saturday.

PHOTOS CONTRIBUTED

Records Fall as RSTA All-Stars Fly

Two league records and 23 individual pool marks set.

At a normal meet on Saturday in June or July, Reston Swim Team Association swimmers have been known to, on average, set four, five or even six pool records. Saturday, July 28 was not a normal Saturday.

Under a partially cloudy sky, in front of hundreds of spectators at Lake Newport pool, the RSTA All-Stars put forth a performance for the ages.

"I remember a few years ago (at the All-Star meet) when there were 17 or 18 records set and we thought, 'isn't that amazing,'" Paula Flint, mother of North Hills All-Stars Natalie and Nicole Flint, said. "Today was unlike anything I have ever seen. It seemed like the announcer was stopping every few minutes to tell us about another pool record being set."

"Unbelievable is the only way to describe it," Heidi Keusenkothen, RSTA board member representing Lake Anne and mother of swimmers Frank and George Keusenkothen, said.

Dave Livaudais, father of North Hills All-Stars Joseph and Ben Livaudais was philosophical.

"I think all of our RSTA swimmers have been inspired by the Olympics," he said.

Whatever it was, it was certainly entertaining for swimmers and spectators alike. In all, 23 pool records and two league records were set. Some of the records that were broken had been set back in the 1980s. Details of all of the record setting performances follow.

North Hills Hurricanes

For North Hills, Rachel Swarts and Miles Yang continued to raise the bar. In the girls'

(15 - 18) 50-meter butterfly, Swarts broke her old mark of 31.18, which she posted on July 7 of this year, with a new record of 30.50. Yang broke his old mark of 22.21 in the boys' (8U) 25-meter backstroke, which he set on July 14, with a new record of 21.41.

Ridge Heights Sharks

For Ridge Heights, their relay team in the girls' (8U) 100-meter freestyle made the mark. Tara Thomas, Haily Wang, Elodie Decker and Julia Thomas posted a time of 1:22.16, easily besting the old mark of 1:25.56 that was set back in 2000 by Catherine Winslow, Katie Sennett, Casey Dawson and Onalee Makem.

Lake Audubon Barracudas

Lake Audubon had three different pool records fall. In the girls' (15 - 18) 50-meter breaststroke, Sabrina Groves broke a mark that was set back in 1989. Her time of 35.62 broke the record of Jessica Paul. In a stroke of irony, Paul had broken the record that had been held by Sabrina's mom, Lisa Groves. In the boys' (13 - 14) 50-meter Freestyle, John Hughes set a new mark with a time of 27.18, breaking the old record of 27.36 that was set by Austin Chute back in 2007. And the girls' (15 - 18) 200-meter medley relay team of Sierra Scoggin, Sabrina Groves, Sasha Avilov and Callie Chute broke their old record of 2:13.01 that was set last year with a new time of 2:12.06.

Glade Gators

Emily Landeryou bettered her record-setting pace in the girls' (11 - 12) 50-meter butterfly with a time of 30.97. Her previous record setting time was 31.31 set in early July. And the girls' (11 - 12) 100-meter medley relay team of Emily Landeryou, Meghan Benedetto, Madeline LaPorte and Kellie McCrea set a new record with a time

of 1:07.97. This time eclipsed the old record of 1:08.96 that was set by Stephanie Satterfield, Cristen Hand, Katie Powell and Katie Cochran in July of 1999.

Autumnwood Piranhas

For Autumnwood, Diya Murthy set a new record in the girls' (9 - 10) 50-meter breaststroke. Her time of 42.40 bested the old record of 43.58 that was set on July 3, 1999 by Jessica Kim.

Lake Anne Stingrays

Lake Anne had six pool records broken. Joanne Fu and Emily Meilus were at the center of this attack on the record books. Fu broke two of her old records. In the girls' (11 - 12) 50-meter freestyle her time of 29.47 broke her old record that was set back in June of this year by almost a second. Fu's time in the girls' (11 - 12) backstroke of 33.48 was almost two seconds faster than her old mark of 35.35 that she set on June 23 of this year. In the girls' (13 - 14) 50-meter freestyle, Meilus continued her record-setting ways with a mark of 28.11, besting her old mark of 28.81. In the girls' (13 - 14) 50-meter butterfly, her time of 32.13 beat the old mark of 32.84 that was set by Julia Fox on Aug. 1, 1995. In the boys' (9 - 10) 50-meter freestyle, Devin Conley set a new record with a time of 35.09, beating the old mark of 35.16 that was set by Matthew Tillman in August of 1992. In the girls' (6 - 18) 200-meter mixed age relay, the team of Ireland DiBacco, Hannah Lane, Joanne Fu, Emily Meilus and Tope Oladimeji came in at a time of 2:08.82, outpacing the old record of 2:12.49 that was set by Claudia Ruder, Kathryn Paiewonsky, Tope Oladimeji, Suzanne Ziaii and Kat Mckinstry on July 26, 2008.

Lake Newport Lightning

For Lake Newport, Anna Redican was in

the middle of all three record-setting performances. On an individual basis, her time of 32.97 in the girls' (9 - 10) 50-meter freestyle broke the old mark of 33.25 that was set by Carolyn Kriso on Aug. 1, 1997. In the girls' (9 - 10) 25-meter butterfly, her time of 15.97 took more than one-half second off of the old mark of 16.49 that was set by Carolyn Kriso on that same day in 1997. In the girls' (6 - 18) 200-meter freestyle relay, the team of Meghna Sharma, Anna Redican, Emi Redican, Sienna Shannon and Katie Storch came in with a time of 2:08.51, erasing the old record of 2:08.84 that was set by some of these same swimmers back on July 30, 2011.

Newbridge Dolphins

Newbridge had five records set, with two of them being league records. Both of these were set by Ryan Ha, who continued his assault on the record books. In the boys' (11 - 12) 50-meter freestyle, Ha broke his old record of 29.19, set back in June, with a new mark of 28.36. In the 50-meter butterfly in the same age group, his time of 31.46 bested his old mark of 32.23, which he set just three weeks ago. In the boys' (15 - 18) 50-meter butterfly, Stephen Baldwin's time of 28.68 broke the old record of 28.74 set by Matt Hochstrasser in July of 2006. In the boys' (13 - 14) 200-meter medley relay, the team of Andy Carro, Eric Compton, Christopher Miner and Leonardo Briceno eclipsed their old mark of 2:15.13, set on June 30 of this year, with a new time of 2:11.51. In the boys' (6 - 18) 200-meter medley relay, the team of Adam Hvitfield-Matthews, Gideon Daland, Ryan Ha, Eric Compton and Stephen Baldwin broke a record that had stood for 30 years. Their time of 2:02.63 beat the old mark of 2:06.83 that was set by Tony Geraci, Michael Dougherty, Stephen Abbott, Curt Nysmith and Kevin Harmon on Aug. 1, 1982.

ENTERTAINMENT

Send announcements to herndon@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/AUG. 2

Carnival Sneak Peek. 10-11 a.m. Frying Pan Farm Park, 2709 West Ox Road, Herndon. Shows and rides. \$15-\$25 for one-day unlimited ride pass. 703-437-9101.

Take a Break Concert Series: DPT. 7-9 p.m. Lake Anne Plaza, 11402 Washington Plaza West, Reston. New Orleans Jazz and Funk. Free. 703-476-4500.

FRIDAY/AUG. 3

Big Truck Night, Outdoor Movie, and Carnival. 5-10 p.m. Frying Pan Farm Park, 2709 West Ox Road, Herndon. Carnival games and rides for kids, and a showing of "Cars 2" at dark. Ride tickets \$1. 703-437-9101.

"Dirty Rotten Scoundrels." 8 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. A musical about two con men plying their "trade" in the French Riviera. \$23. www.eldenstreetplayers.org.
Pushcart Players: Happily Ever After... A Cinderella Tale. 10:30 a.m. Filene Center, 1551 Trap Road, Vienna. Featuring music by composer Larry Hochman. \$8-\$10 at 1-877-WOLFTRAP or www.wolftrap.org/TITW.

Wolf Trap Opera Company: The Rake's Progress. 8 p.m. Wolf Trap Center for the Performing Arts, 1551 Trap Road, Vienna. Preshow talk one hour before performance. www.wolftrap.org.

Carnival Sneak Peek. 10-11 a.m. Frying Pan Farm Park, 2709 West Ox Road, Herndon. Shows and rides. \$15-\$25 for one-day unlimited ride pass. 703-437-9101.

SATURDAY/AUG. 4

4-H Carnival and Farm Show. 9 a.m.-10 p.m. Frying Pan Farm Park, 2709 West Ox Road, Herndon. Animal shows, farm activities, and carnival rides for kids. 703-437-9101. www.4hfairfax.org.

"Dirty Rotten Scoundrels." 8 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. A musical about two con men plying their "trade" in the French Riviera. \$23. www.eldenstreetplayers.org.

Pushcart Players: Happily Ever After... A Cinderella Tale. 10:30 a.m. Filene Center, 1551 Trap Road, Vienna. Featuring music by composer Larry Hochman. \$8-\$10 at 1-877-WOLFTRAP or www.wolftrap.org/TITW.

Big Band Jazz. 7:30 p.m. Reston Town Center Pavilion, Market St., Reston. U.S. Airmen of Note, the U.S. Air Force jazz band, in concert. www.restontowncenter.com.

Family Fun Entertainment Series: Beowulf T. Wonderbunny's Travelling Show of Mystery. 10-10:45 a.m. Reston Town Square Park, Corner of Market Street and Explorer Street. 703-476-4500.

CINE CLASSICS Movie Series "The Maltese Falcon" (1941). 11 a.m. Bow Tie Cinemas, 11940 Market Street, Reston. Seats \$5; \$4 for Criterion Club. 703-464-0816. bowtietcinemas.com

SUNDAY/AUG. 5

Reston Concerts on the Town Series - Airmen of Note. 7:30-10 p.m. Reston Town Center, 11900 Market Street, Reston. U.S. Air Force Jazz Band. www.restontowncenter.com.

"Dirty Rotten Scoundrels." 3 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. A

musical about two con men plying their "trade" in the French Riviera. \$23. www.eldenstreetplayers.org.

Wolf Trap Opera Company: The Rake's Progress. 3 p.m. Wolf Trap Center for the Performing Arts, 1551 Trap Road, Vienna. Preshow talk one hour before performance. www.wolftrap.org.

CINE CLASSICS Movie Series "The Maltese Falcon" (1941). 11 a.m. Bow Tie Cinemas, 11940 Market Street, Reston. Seats \$5; \$4 for Criterion Club. 703-464-0816. bowtietcinemas.com

4-H Carnival and Farm Show. 9 a.m.-7 p.m. Frying Pan Farm Park, 2709 West Ox Road, Herndon. Animal shows, farm activities, and carnival rides for kids. 703-437-9101. www.4hfairfax.org.

"Resilient" Opening Reception. 2-4 p.m. Reston Community Center Lake Anne, The Jo Ann Rose Gallery, 1609-A Washington Plaza, Reston. Opening of Kevin Michael Earley's "Resilient" exhibit depicting journeys of spiritual struggle.

MONDAY/AUG. 6

Mr. Knick Knack! Children's Performance. 10:30-11:15 a.m. Reston Town Center, 11900 Market Street, Reston. www.restontowncenter.com.

Open Summer Readings. 7:30 p.m. Sunset Hills Montessori School, 11180 Ridge Heights Road, Reston. \$10 per session or \$35 for all four sessions prepaid. RSVP and/or purchase tickets at restoncommunityorchestra.org

TUESDAY/AUG. 7

Tribute to Margaret's Garden. Post Gallery, ArtSpace 750 Center Street, Herndon. Exhibit will feature local artists celebrating the Fairfax County landmark of "Margaret's Garden." Free and open to the public. 703-956-6590.

Before the People Came. 10:30 a.m. Filene Center, 1551 Trap Road, Vienna. Based on an African fable, the production features a combination of poetry, dance, and delightfully imaginative costumes accompanied by a blend of jazz, blues, pop, and African rhythms. \$8-\$10 at 1-877-WOLFTRAP or www.wolftrap.org/TITW.

WEDNESDAY/AUG. 8

"This is a Cookbook. For Real Life" Cookbook Club at Williams-Sonoma. 6-8 p.m. Reston Town Center, 11900 Market Street, Reston. \$75, includes book. 571-203-8815. williams-sonoma.com.

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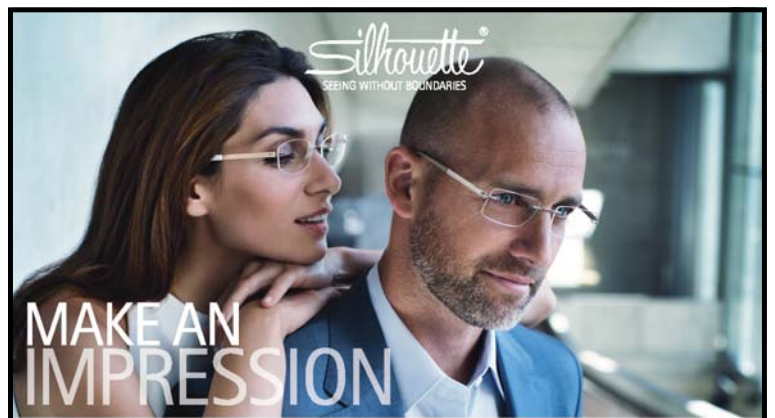
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Carnival area of Herndon Festival.

Herndon Festival Voted #1 Festival for Families

FAMILY Magazine's Best for Families Readers' Choice 2012 survey named the Herndon Festival as the "Best of the Best" in the category of Best Festival or Celebration for Families again this year. Over 16,000 nominations in all categories were submitted this year, making it a record setting year for nominees. This is the second consecutive year the Herndon Festival has been selected as the leading festival in this category.

The Herndon Festival is produced by the Herndon Parks and Recreation Department and just celebrated its 32nd year. This four-

day outdoor event attracts over 80,000 attendees to downtown Herndon each year. It includes three stages of live music, a carnival, two fireworks displays, kids' alley with children's hands-on art, business expo, craft show, 10K/5K races and fitness expo, food vendors, complimentary shuttle bus service and more. FAMILY Magazine tabulates the entries from thousands of regional families and includes votes from across the U.S. Results are online at <http://www.washingtonfamily.com/page/Best-for-Families> and in the June issue of the magazine.



Scholarship Winners

The Fairfax County Alumnae Chapter (FCAC) of Delta Sigma Theta Sorority, Inc. awarded six scholarships in the amount of \$10,000 during its 2012 May Week program. Pictured — from left: Rhea Ingram (Co-Chair FCAC Scholarship Committee); Danielle Lowe (awardee – Hayfield Secondary); Regina Milteer-Rock (President, FCAC); Domonique Collins (awardee – Herndon High); Ashleigh Wilson (awardee – Oakton High); Benita Toler (Co-Chair FCAC Scholarship Committee); and Gabrielle Tate (awardee – Oakton High). Not pictured are: Hanan Awel (awardee – Robert E Lee High) and Sydney MaHan (awardee – Chantilly High).

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Choosing My Words, Respectively



By KENNETH B. LOURIE

It has been brought to my attention by some regular Kenny-column readers – who are friends, too, and whose opinions I value, that my most recent batch of “cancer columns” (as I call them) were not funny; in fact, they were more depressing and negative than anything, and not nearly as uplifting and hopeful as many of my previous columns have been. I didn’t need to reread what I had written/published to understand what they were saying. I know (knew) what I felt and know generally, the tone and undercurrent of what I’ve been discussing these last few weeks: neither fun nor funny. Mortality is like that. My dilemma is, how to not take too seriously or focus too much on a set of circumstances which are very serious and require a great deal of focus to manage. As much as I’d like not to, it seems irresponsible if I don’t. Yet doing so might contribute to a poor quality of life, emotionally speaking, which in turn may exacerbate the underlying problem (stage IV lung cancer) which (A) doesn’t need any exacerbating and (B) doesn’t really benefit from negative thoughts/stress on the “diagnosee,” directly, or on anyone else for that matter.

Let me attempt to clarify (I know. What about all the other columns?). Having “NSCLC” (Non Small Cell Lung Cancer) is depressing, but I am not depressed. Moreover, being diagnosed with an inoperable, terminal disease (at age 54) is pretty negative. Of that I’m positive. What I am also positive about is my willingness to face this disease and its effects honestly and with humor. However, sometimes the circumstances (chemotherapy/treatment, lab and scan results, appointments with my oncologist) just aren’t that funny; like when your tumors grow and the medications available to treat you are dwindling (see column titled “Victim of My Own Circumstances”), and statistically speaking, you’ve outlived most of the patients and protocols with which your oncologist is familiar. It’s/I’m a miracle to be sure, but also cause for concern. There may not be another conventional treatment option – for me, after we’ve exhausted the current oral targeted therapy (a daily pill instead of a daily/weekly infusion) which I began three weeks ago. Then what? So it’s not funny. But it doesn’t mean I’m morbid. I may be a bit somber and introspective, but I’m still relatively pleasant to be around and not nearly so self-absorbed (despite my circumstances) as you might imagine.

Quite frankly, I feel like the honesty with which I’ve shared my cancer experiences may have contributed to my overall, above average/not anticipated pretty good health (all things considered); as has the attempts at humor and lightness with which I’ve tried to touch this third rail of a diagnosis. I’ve tried to take it all in stride. Sometimes, there’s been a bounce in my step; other times the steps have been somewhat staggered (literally and figuratively). And often I’ve made jokes in the face of adversity and tried to find humor where previously very little had existed. Call it a defense mechanism. Call it self-preservation. Just let me be alive to call it something.

The adversity I face now is, I am alive 41 months into a “13-month to two-year prognosis.” As much as I try, it’s difficult to ignore that arithmetic. Yet making light of it – all the time, seems disrespectful somehow. When you’ve outlived your original prognosis, it seems to make sense that if you’re not going to walk quietly, you probably shouldn’t carry a very big stick. There are powers at work here bigger than all of us.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



Members of the band Turtle Recall, which features several South Lakes High School graduates, perform. The band recently completed their first album "Thanks Anyway."



The band Turtle Recall, which consists of several Reston natives, has released their first album "Thanks Anyway."

Turtle Recall Releases Debut Album

Local band consists of several South Lakes graduates.

BY ALEX McVEIGH
THE CONNECTION

It was the start of 2009 when South Lakes High School graduate John-Currie Hester made a resolution to his fellow South Lakes graduate Guido DeHoratiis: to start a band. Soon they recruited a few other South Lakes alumni to join up and they started playing covers at shows around the area.

"I went to school to study music, but soon found that I couldn't really get into things like German opera, so I switched to business," he said. "Once I got a job, I soon felt the pressure to satisfy that creative desire, so we started playing together. At first it just felt good to sing and play, we didn't even think about writing. But we kept playing and growing together, and finally were coaxed into getting some studio time from friends with studio connections."

Soon Hester and DeHoratiis recruited South Lakes classmate Matt Kupferman, a fiddle player and fellow alum, vocalist Erin Girardi, who graduated a year after them at South Lakes, as well as Oakton High School graduate Alex Penney, who plays bass.

"We were all sort of connected to each other while at South Lakes, some were in chorus, or marching band or orchestra together, but we all had a connection," Hester said. "Soon the band, who christened themselves Turtle Recall, were in the studio recording what became their debut album "Thanks Anyway." During the recording process, the band found themselves



Members of the band Turtle Recall in the studio recording their debut album "Thanks Anyway."

evolving past anything they thought they could ever become.

"We knew it would be a big commitment to all of us, and not just in terms of time and money," said Girardi, who shares lead vocal duties with Hester. "As soon as we hit that go button, everyone sort of got into crazy mode, and by the time we came out, we had about 12 songs to choose from, some that weren't even written when we started recording."

AS A BAND primarily used to performing live in front of friends and supporters, they found the studio to be intimate, uncomfortably so. DeHoratiis, who plays guitar and drums on the album, called the vocal booth "the dojo of self-loathing."

But Hester said while the vocal sessions did come with a lot of pressure, it went a little smoother than he thought.

"It was actually a little easier

than I thought, I thought we would be agonizing over every syllable, but we ended up getting it out in about one or two takes, which was probably for the best," Hester said.

"Once we got in there, it was exhausting, but each day felt like only five minutes passed, that's how intense it got," Hester said. "I was crazy focused, people would try to lighten the mood, but I couldn't stop."

Hester and Girardi sing the songs on the album, often alternating from section to section, or singing harmonies together. Since the two of them spent the most time in the vocal booth, it was only natural to turn to each other for guidance.

"We both have a sort of common ground, so I would look to John-Currie when it came time to decide how the take went, or whether we need to go again," Girardi said. "It was a varied process when it comes to deciding who sings what. Some-

times songs are written with one of us in mind for specific parts, other times it's just a matter of a part being too high for his range, so it went to me."

Girardi's creative ideas most often come in the form of voice memos recorded on her iPhone, sometimes a melody or collection of few notes.

"Sometimes it's just the tiniest snippet of music, but they eventually became whole songs," Hester said. "I have to tell her that they just can't stay in her voice memos, they're not doing anyone any good then."

While Hester or Girardi come up with initial parts of most songs ("we're like the engine," he says), Hester calls DeHoratiis the "oil that makes the songs work."

The band's distinct sound comes from fiddler player Matt Kupferman, who plays his instrument as if it were a lead guitar. Many of the fills and all of the solos on the album are fiddle, with a sound reminiscent of the fiddle on Bob Dylan's "Hurricane."

AROUND FALL 2010, Hester started writing songs. Though the songs have a sonic resemblance to pop, rock, bluegrass and other genres, Hester's songwriting doesn't fit any of those styles.

"I mostly write just to serve the melody in as many ways as possible, I'm not too concerned with verses and choruses," he said. "It doesn't have to be four chords repeated."

This is evident on most of the album's tracks, where songs switch tone and feel on a dime, such as "Play Nice," where auto-tuned vocals and 80s-style keyboards quickly dissolve into a dissonant conclusion with heavy

4-H Fair Returns to Frying Pan Park

This August, the Fairfax County 4-H is again collaborating with Fairfax County Park Authority to host the 64th Annual Fairfax County 4-H Fair and Farm Show. It will be held at Frying Pan Park, Aug. 4-5, in Herndon; Saturday, 9 a.m.- 9 p.m. and Sunday 9 a.m.-5 p.m. Carnival rides open from 11 a.m. until 10 p.m. on Saturday and 11 a.m. until 7 p.m. on Sunday. The fair includes horse shows, dog and pet shows, 4-H exhibit booths, livestock and rabbit judging, old-fashioned games, carnival games, demonstrations, a pie-eating contest, goat milking, crafters and a 4-H Fashion Show. Guests can also enjoy fair food and watch the live entertainment. The Frying Pan Park Farm show also collaborates with the 4-H fair to offer hayrides, cow milking, sheep shearing, animal washing and grooming, and blacksmith and farrier demos. This event is family friendly and will be a fun-filled weekend great for any age. Admission into the fair is free; however, parking will cost \$7. On Friday, Aug. 3, parking will be free.

The fair has always been a huge event. If you cannot stand the crowds, don't worry because you can attend during the week for a lesser crowd. On Aug. 2 and 3, come enjoy shows for the kids from 10 until 11 a.m. Both of these days also include fair rides and other amusements. Tickets for these two days cost \$15 per person in advance and \$25 if purchased the day of. This is a great alternative for families with young children, day camps or other playgroups.

In addition, on Friday, Aug. 3, carnival rides and games will be open from 5 p.m. to 10 p.m. The fair will also be showing "Cars II" on a large outdoor movie screen that evening. All families are welcome to bring lawn chairs and blankets to enjoy the film on the big screen. Join in on the fun Aug. 2 until Aug. 5. This is an event you do not want to miss!

www.fairfaxcounty.gov/parks/press/html/pr063-12.htm

— ALLISON CORSER

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