

# Theatre Highlights

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Signature Theatre's lights illuminate the grand stairwell from the ticket booth to the lobby for the open house held Saturday, Aug. 4.

A Stark Choice

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Compensating for Eugenics

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NVSL Season Concludes with  
Individual All-Star Meet

SPORTS, PAGE 13



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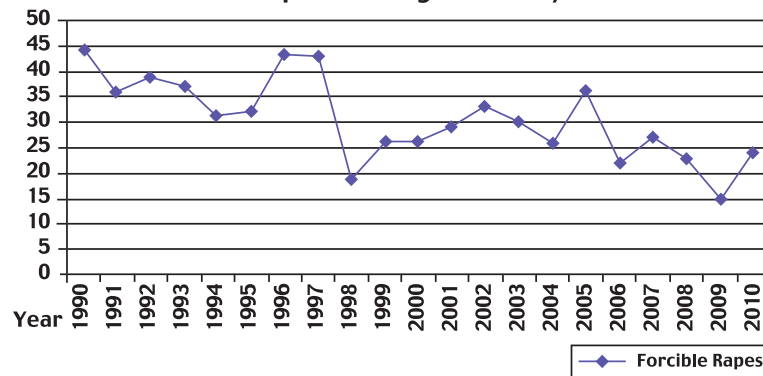
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## News

Forcible Rapes in Arlington County 1990-2010



SOURCE: ARLINGTON COUNTY POLICE DEPARTMENT

## Be Aware

**Forum discusses sexual assault in Arlington County.**

BY ROSS SYLVESTRI  
THE CONNECTION

**A**t a forum on sexual assault on July 19 at the Fairlington Community Center, Theo Stamos, the Commonwealth's Attorney for Arlington County and the City of Falls Church, said that in the 26 years that she has been a prosecutor, she has seen a change in Americans' attitudes towards sexual assault and domestic violence.

One of the successes of "the movement against domestic violence and sexual assault in the awareness of sexual assault is that it's no longer a private matter," said Stamos. "Women know that it's not all right for your husband to beat the crap out of you the night he comes home from work. He can't do it. Not only can he not do it, but if you call the police, go to court, and you testify about it if you're a credible witness ... the guy's going to be prosecuted and he's going to go to the penitentiary or the local jail. It's a complete shift in the mindset of communities across the country where it's no longer tolerated."

The forum was held in response to recent incidents in Arlington, such as a rape on the Four Mile Run trail and an assault at a parking garage in Ballston. The panel included representatives from the Arlington County Police Department, the Commonwealth Attorney's Office, the Arlington Commission on the Status of Women and Project PEACE, a domestic violence prevention program.

The panel said that residents of Arlington should remember to be safe and aware of their surroundings when in public as a precaution against sexual assault, particularly at places like bike paths.

"If you're asking what can the community members do, be vigilant," said Stamos.

Lt. Bruce Benson, commander of the Special Victims Unit at the Arlington County Police Department, told the audience to "be a good witness" if they see suspicious behavior by reporting it. He also warned against trying "to be hero. A witness to a crime or incident or even suspicious behavior is so much more valuable to the police department solving these sex

SEE BE AWARE, PAGE G

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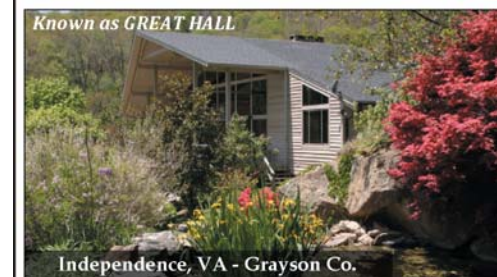
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PHOTOS BY LOUISE KRAFT/THE CONNECTION

**Rob Britton Lyons tunes up his guitar for a set on the plaza. Lyons was one of the original cast members in the Broadway show, "Million Dollar Quartet." Lyons portrayed Carl Perkins.**



**Gannon O'Brien sings "Giants in the Sky."**



**In addition to the refreshments on the plaza, the theatre set up games for children, skee-ball and basketball. Nicole Van Hoey helps her daughter Josephine on the hoops game.**

## Signature Theatre Hosts Open House

The music started at noon on stage in the MAX, a Signature Theatre highlights concert — looking ahead to the new season, "The Best Little Whorehouse in Texas," "Hello Dolly!," and "Company." Throughout the afternoon, Aug. 4, music was in the air as the lobby turned into a cabaret with actors performing from audition books, the plaza was entertained by the Junkyard Saints, Rob Britton Lyons of the original Broadway cast of "Million

Dollar Quartet," Chuck Mead and his Grassy Knoll Boys, The Bitter Dose Combo and, as a grand finale, Broadway on the Plaza. The theatres, the MAX, and the Ark and in the Shen were back-to-back with entertainment and a special master class conducted by artistic director Eric Schaeffer. For more information on upcoming Signature performances and free fall community events visit [www.signature-theatre.org](http://www.signature-theatre.org)



**Tamara Young sings "I Still Believe in Love" onstage at the audition book cabaret.**

## A Stark Choice

**Special election offers clear distinction between candidates.**

By MICHAEL LEE POPE  
THE CONNECTION



**Krupicka**



**McGhee**

The summer of 2012 is turning out to be the hottest political season in recent memory, and not just because of the record-breaking temperatures. In less than four weeks, voters in the 45th District of the House of Delegates will select a replacement for Del. David Englin (D-45), who is stepping down at the end of this month after acknowledging being unfaithful in his marriage. The race features Democrat Rob Krupicka against Republican Tim McGhee.

"This is probably going to be one of the lowest turnout elections in a long time," said Kyle Kondik, analyst with the University of Virginia Center for Politics. "But I think it's pretty safe to say this is a safe seat for Democrats, so Krupicka shouldn't have any problems. But who knows?"

Under normal circumstances, the Democratic candidate would easily prevail in true blue Northern Virginia. But the dynamics

of a special election are different, potentially favoring Republicans if they are able to mobilize their base. Because Democrats tend to show up in large numbers for general elections, Republicans have a better chance at winning in special elections, when turnout is reduced. That's how Republican Mike Lane won a spot on the Arlington County Board and how Republican Joe Murray almost beat Del. Charniele Herring (D-46) when Brian Moran unexpectedly resigned to run for governor.

"This dirty trick will not work," said Karen Gautney, who challenged Krupicka for the Democratic nomination last weekend. "You cannot sneak an election past the voters of the 45th District."

**THE SPECIAL ELECTION** for the House  
SEE SPECIAL ELECTION, PAGE 6

## Compensating for Eugenics

**Del. Patrick Hope asks governor to shine light on dark history of forced sterilization.**

By MICHAEL LEE POPE  
THE CONNECTION

The number of victims is unknown in Virginia's system of forced sterilization, a dark chapter that stretched from the 1920s into the 1970s. Estimates range from 7,500 to 8,000 — an indication that many survivors could still be alive today. That's why Del. Patrick Hope (D-47) wants the governor and General Assembly to put together a task force to track down survivors and determine just compensation.

"Most people equate this with Nazi Germany," said Hope. "But, in fact, it originated right here in the commonwealth of Virginia."

Hope said he was inspired by an effort in North Carolina, where the state government is considering a \$10 million package to compensate victims of forced sterilization. That effort has the support of Democratic Gov. Beth Perdue and the Republican-led House of Representatives, although the Republican-led state Senate has blocked legislation. Hope said he's not sure if \$10 million would be appropriate for Virginia or not, but he added that the commonwealth already pays victims who have been wrongfully convicted receive \$40,000 for each year they spent behind bars.



**Hope**

"These people are dying all the time," said Hope. "And so we need to know more about these individuals that were sterilized."

**THE HISTORY** of eugenics in Virginia dates back to the early 20th century. Although states such as Indiana and Connecticut were the first states to adopt legislation, Virginia's law was based on a model created by the Eugenics Record Office in New York. After the General Assembly adopted the law in 1924, eugenicist Harry Laughlin worked with other states to adopt similar legislation.

"The worry was that Laughlin and other proponents of eugenics thought the individual state laws getting based on their ideas were going to be easily overturned," said Andrew Light, assistant director of George Mason University Center for Philosophy and Public Policy. "They were potentially unconstitutional. And so Virginia was one of the first states to create a law based on the model."

The law applied to interracial couples and those labeled "feeble-minded, insane, idiotic,

SEE COMPENSATING, PAGE 5



## PEOPLE

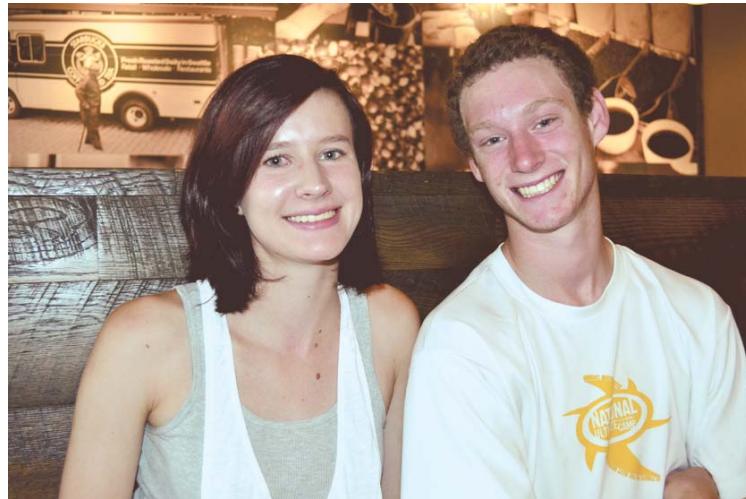
# Have Disc, Will Fly — to Dublin

Two Arlington residents to compete in international Frisbee tournament.

BY ROSS SYLVESTRI  
THE CONNECTION

The same day that the 2012 Summer Olympics comes to an end, Aug. 12, is also the start of another international sports event, the World Flying Disc Federation's World Junior Ultimate Championships in Dublin, Ireland. Ultimate Frisbee teams from all over the world will be competing. Two Arlington residents will be a part of the U.S. team: Jojo Emerson and Jay Boyle.

Emerson and Boyle are graduates of H-B Woodlawn Secondary School and Yorktown High School, respectively. Both played on the joint Frisbee team between the two schools, known as YHB where they developed an interest in trying out for the championships after seeing members of other high school teams make the U.S. team.



Jojo Emerson, left, and Jay Boyle

PHOTO BY  
ROSS SYLVESTRI/  
THE CONNECTION

According to USA Ultimate, the non-profit organization that acts as the governing body for Ultimate Frisbee in the United States, 271 people applied to try out and 156 were invited.

Two separate tryouts were held in the east and west coast — in Georgia and another in Washington state, respectively. 79 people, including Emerson and Boyle, attended the one in Georgia.

The tryouts for the girls and boys teams lasted one weekend and consisted of fitness

testing, drilling, and scrimmaging.

Boyle said that he was "confident" that he could make the team. "I would've been pretty surprised if I hadn't at least made an alternate, but there's always that little voice in the back of my head that's like, 'Of course you didn't make it.'"

"I went in with no expectations, which is really surprising for me" said Emerson, contrary to Boyle. "I went in looking to have a good experience at tryouts without too much of a further goal."

When the two of them found out they had made the team this April, they were both full of excitement.

"It was crazy. After walking into school after I had tweeted that I had made the team and having my entire varsity girls' [Frisbee] squad come attack me it was the greatest feeling in the world," said Emerson.

However, she later realized that having made the team, the real work was about to begin. "Sitting in class after that" she said to herself "This is going to be a lot work."

Boyle was also in a state of euphoria the day he heard the news.

"Honestly, I spent the rest of the day on cloud nine. I told everyone that I saw. I think I cried a little a bit when I first saw the email," said Boyle. He said that he cried more than when he found out that he got accepted into tryouts, having originally been wait-listed. "It was definitely one of the happiest moments of in my life. Having that kind of a goal, having that kind of a drive, and having it come through was amazing."

In the days leading up to the championship, the boys' and girls' teams will both attend training camp in Boston from Aug. 5-11, then to Dublin, where the championship will be from Aug. 12-19.

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## Supporting New Hope Housing

Mr. and Mrs. Chris Harris were among 50 guests who attended a summer wine-tasting at The Curious Grape in Shirlington to benefit New Hope Housing and its work to prevent homelessness in Northern Virginia. The event featured summer wine and food pairings and offered guests an opportunity to learn about the organization's work. New Hope Housing is an award-winning agency providing shelter, transitional and permanent supportive housing, outreach and support services for homeless families and single adults, in Fairfax County, City of Alexandria, Arlington County and City of Falls Church. In 2011, New Hope Housing served over 1,200 individuals including 240 children. For more information, go to [www.newhopehousing.org](http://www.newhopehousing.org)

## Compensating for Eugenics

FROM PAGE 3

imbecile or epileptic." And it didn't take long to create a legal challenge. The first documented case of forced sterilization was Carrie Buck, a Charlottesville teenager who became pregnant after being raped. Her family committed her to the Virginia State Colony for Epileptics and Feeble-minded, where she was sterilized against her will. A legal challenge to that sterilization went to the U.S. Supreme Court, which upheld Virginia's law in a case known as Buck versus Bell in 1927.

"We have seen more than once that the public welfare may call upon the best citizens for their lives," Justice Oliver Wendell Holmes wrote in the majority opinion. "The principle that sustains compulsory vaccination is broad enough to cover cutting the Fallopian tubes."

**THAT DECISION** opened the door to five decades of forced sterilization. Although the theory behind the law was the creation of a better society, that's not how it was used in Virginia.

In practice, the law was used to target a variety of shortcomings, including alcohol, syphilis and criminal behavior. The program ended in 1979, when the General Assembly finally removed the language from the state code.

"The single biggest blow was the revelation coming from World War II with what the Nazis had done with essentially the same idea," said Light. "So whatever rationale was being used by people who saw themselves as progressive reforms was tarred by the Holocaust."

Now, 85 years after the Supreme Court case, Hope says it's time to find out who the surviving victims are and learn their stories.

## WalkArlington

Arlington County's WalkArlington program will lead a shortened, child-friendly version of the "Columbia Pike Town Center West" Walkabout in partnership with the 2012 Arlington County Fair. Dubbed "Pike Hike II Junior," the free guided walking tour will be held at 10 a.m. on Sunday, Aug. 12, the closing day of the Fair. The four-stop guided tour highlights neighborhood attractions for children of all ages, from treats at the Sunday Farmer's Market to family screenings at the Arlington Cinema & Drafthouse, to storytimes at Columbia Pike Branch Library. The Junior Walkabout begins and ends at the Columbia Pike Library.

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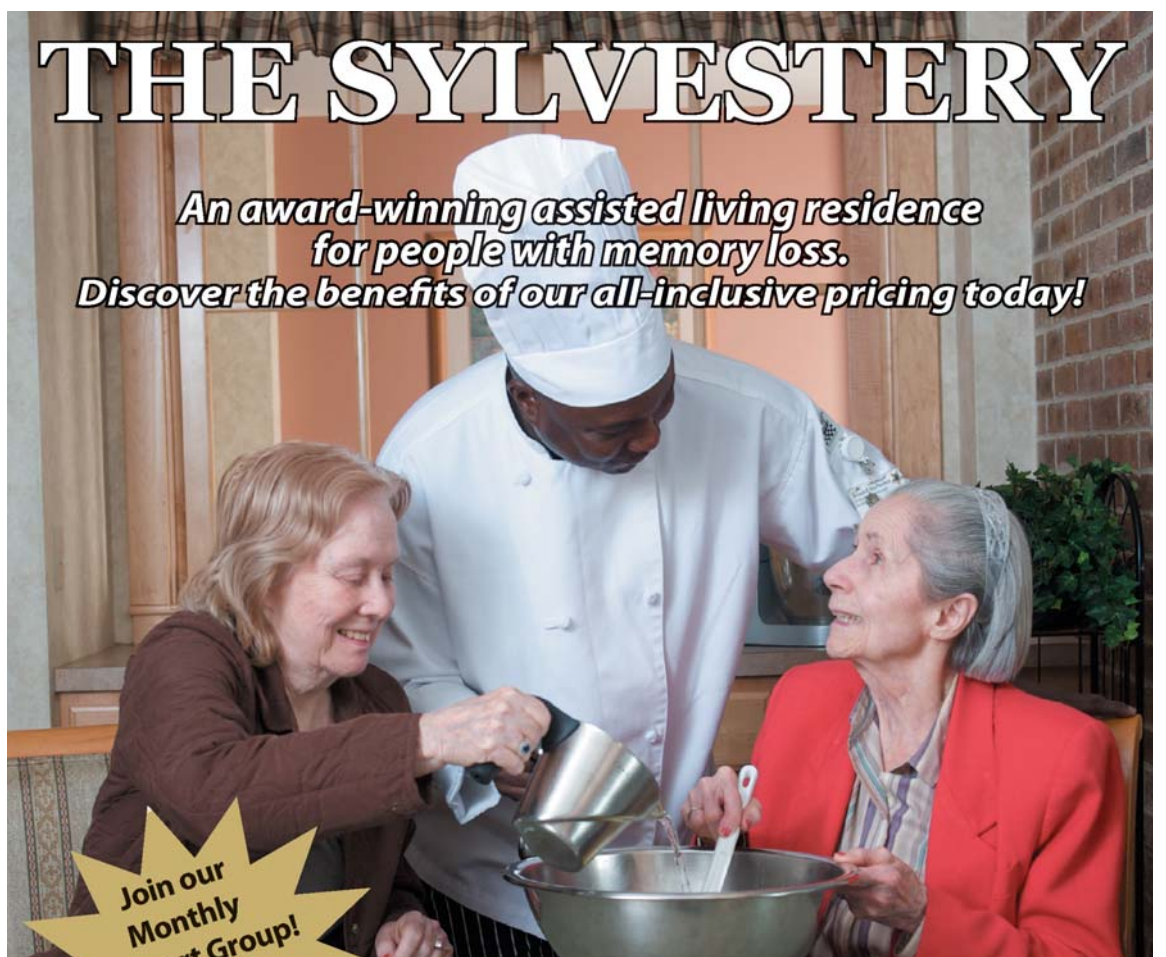
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# Special Election Offers Clear Distinction

FROM PAGE 3

of Delegates has been in the works for months, ever since Englin appeared before the Alexandria Democratic Committee in April and made an emotional speech announcing he would not seek a fifth term. Almost immediately, Democrats began to speculate that Englin would resign. But the embattled member of the House of Delegates did not announce his resignation until after the June primary, denying voters an opportunity to participate in a full-scale election. Instead, Democrats conducted a caucus and Republicans called a canvass.

"It will be an uphill fight for us," said Tom Fulton, chairman of the Alexandria City Republican Committee.

"But we have more of a chance when voters are focused on this race than all the other things that will be competing for attention in November."

In some ways, the special election on Tuesday, Sept. 4 will be a rematch of the last year's state Senate campaign. Krupicka was a candidate in the hotly contested Democratic primary, although he lost to then-Del. Adam Ebbin (D-49).

The night of the primary last summer, Krupicka said it would be his "last big campaign for a very long time." A long time turned out to be about eight months, when Krupicka saw an opening in the House of

Delegates.

"I'm just happy there was no natural disaster today," said Krupicka shortly after last weekend's caucus, referring to the earthquake that happened the day he lost the primary to Ebbin.

**EBBIN SCORED** a landslide victory against McGhee, taking 65 percent of the vote and winning in all but six of 49 precincts.

Now McGhee is back, launching his second campaign in less than a year. But the heat of the last campaign has not yet dissipated, and many Democrats are still angry about comments McGhee made on the campaign trail last year about the relationship between gays and God.

"Some of you are beyond frustrated with God right now," McGhee told the Arlington Gay and Lesbian Alliance in October. "Some of you refuse to believe in him altogether. You've asked the question or perhaps given up asking a long time ago, 'Why? Why would God make me who I am and then tell me that's wrong?'"

When asked about how he would vote on major issues in Richmond, McGhee offers a starkly different set of priorities than Krupicka.

McGhee says he would have voted for repealing the one handgun per month limit, for example. He also opposes expanding

Medicaid in Virginia as part of the Affordable Health Care Act. And he supports forcing women to have ultrasound procedures before an abortion as well as imposing strict construction standards on abortion clinics.

"Despite what you may hear on the other side on this issue, this industry does have a track record of creating some very dangerous and deadly situations for women," said McGhee. "We need to make sure that as long as we continue to allow this procedure that we provide as much care for those involved."

Krupicka would be on the opposite side of many of the major issues facing the General Assembly. He supports the handgun limit and opposes forcing women to undergo ultrasound procedures before receiving an abortion.

Unlike McGhee, he supports expanding Medicaid coverage in Virginia as part of the Affordable Care Act. Krupicka also said he would work to give the Northern Virginia Transportation Commission more revenue authority, reducing the role of the Virginia Department of Transportation.

That could mean that the commission would be able to create new taxes, although Krupicka would not endorse any specific proposal.

"That would have to be part of a package," said Krupicka. "I want to move away from VDOT determining our destiny."

## Be Aware

FROM PAGE 2

crimes than any kind of intervention would. Don't be a victim yourself."

Jo Johnson, project coordinator for Project PEACE, discussed the Sexual Assault Nurse Examiner (SANE) program. Johnson said that the purpose of the program to collect evidence from sexual assault victims in "such a way that is admissible in court." The SANE nurses also testify in court as expert witnesses.

However, she said that there are only 17 SANE programs in Virginia, and only one in the Northern Virginia at INOVA Fairfax Hospital in Falls Church. She cited a recent example of a woman who reported being sexually assaulted in Alexandria. She went to a hospital in Alexandria, then was sent to the Virginia Hospital Center in Arlington, and then she was finally sent to INOVA Fairfax Hospital, where the SANE program is.

"She was seen in three ERs. It took so much time that they lost the ability to check her for body for drugs that she thought had been part of this rape," said Johnson. "We want to reduce that confusion."

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# Home Life Style



PHOTOS BY JUSTIN KRIEL

The remodeling team converted an adjacent back corner bedroom into an adjoining master bath which features a glass-encased walk-in shower and a generously-sized vanity and bench.

## Enlarging a Living Space

The Kourils increased usable space of their circa-1950s ranch, while staying within walls of original structure.

BY JOHN BYRD

Nineteen years may seem like a long time to wait for an interior custom-suited to your lifestyle, but Gail and Doug Kouril are satisfied that everything has come together perfectly, and at just the right time in their lives.

"We moved into this house in 1992," Gail Kouril said, referring to their circa-1955 ranch house quietly situated on a tree-shaded Arlington cul-de-sac. "Our main pre-occupation, though, was raising and educating three sons — who have now finished college and moved on."

Gail Kouril is quick to add that the couple's decision to makeover the entire house wasn't simply "empty nest" syndrome, but finds it timely that they were introduced to a top design/build remodeling firm at exactly that point when moving forward on long forestalled plans made sense economically and personally.

"The house is in a neighborhood that has really appreciated," Gail Kouril said. "So we attended a workshop sponsored by Sun Design Remodeling, and were surprised at how quickly the outlines of a working plan came together."

### More

Sun Design Remodeling frequently sponsors tours of recently remodeled homes as well as workshops on home remodeling topics. Headquartered in Burke, the firm will be opening a McLean office this fall. Call 703-425-5588 or visit [www.SunDesignInc.com](http://www.SunDesignInc.com).

**FOR STARTERS**, the solution called for converting a first floor 2,000-square-foot primary living area into a more spacious, bright and better rationalized interior without ever broaching the envelop of the original structure.

Among key problems with the existing house: the master bathroom was tiny; the kitchen cramped and dated. There was no place to have a meal save the dining room. The rear porch was of minimal use. Traffic patterns were constricted. The interior was too dark. There wasn't even an organized place to store beach chairs and Christmas decorations.

Moreover, the ever-promising lower level — which featured windows at-grade and a rear walk-out — was only half finished, and the accessing stairway

was too steep and out-of-code.

"We were pretty aware of the shortcomings," Doug Kouril said. "We just weren't sure what was feasible within our budget."

So it was a revelation when planners at Sun Design proposed a spatial reconfiguration — which made the home's existing footprint seem vastly enlarged, without adding an inch of new enclosed square footage.

"It's now a kitchen-centric plan," said Roger Lataille, the remodeling firm's design consultant. "We rotated the kitchen into the north corner of the house, switching places with the dining room, then converted part of the seldom-used back porch into a breakfast room with a two-stool dining counter facing into the kitchen."

Results: the kitchen now easily serves the living room, the new dining room and a back patio where the family spends a lot of warm weather time.

Better yet, with several interior walls deleted (including a section of rear elevation bearing wall), the new layout yields a significant increase in natural light.

Convenient serving stations are integrated into well-equipped food preparation zones. As Doug Kouril, the household's preferred chef, explains:

"when you're cooking and entertaining ... this plan that makes it really easy to multi-task."

Aesthetically, the new kitchen presents a warmly textured ambiance. Maple built-ins, floor-to-ceiling glass-facing cabinets and marble surfaces are set off by newly-refinished hardwood flooring. A stovetop backsplash comprised of Santa Cecilia granite and glass-accented ceramic tile makes a particularly fine interior design statement.

"The designer helped us to make informed choices," Gail Kouril said. "They pre-selected finishwork options in our budget range, and their guidance was spot-on."

Converting the original electric range to a five-burner gas cooktop has been a creative windfall for

SEE LIVING SPACE, PAGE 9

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2709-C S. Walter Reed Dr.....\$279,000.....Sun 1-4.....Jamaal Carey.....Weichert..703-599-1921

### 22207

3019 N Stuart St.....\$1,475,000.....Sun 1-4.....Casey Margenau.....Re/Max..703-827-5777  
1704 N. Quincy St.....\$879,900.....Sun 1-4.....Ronnie Molina.....Weichert..202-361-7931

For an Open House Listing Form, call Deb Funk at 703-778-9444 or e-mail [debfunc@connectionnewspapers.com](mailto:debfunc@connectionnewspapers.com)

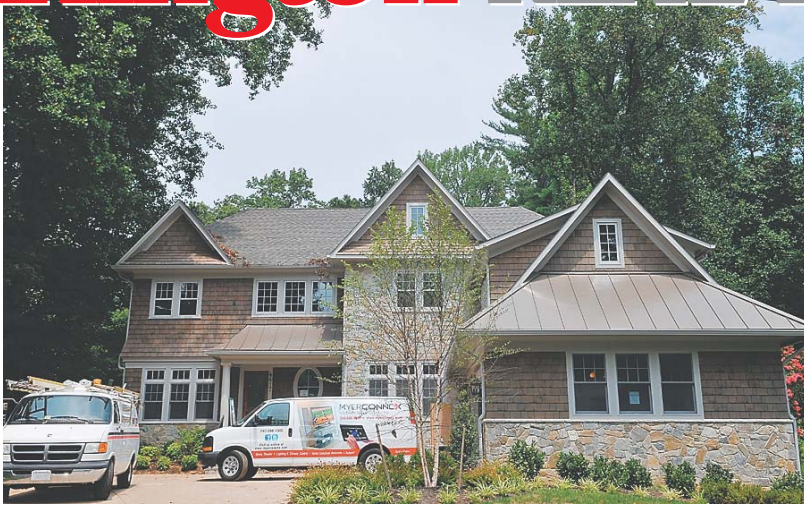
All listings due by Monday at 3 P.M.



# Arlington REAL ESTATE

PHOTOS BY LOUISE KRAFFT/THE CONNECTION

IN JUNE 2012, 343 ARLINGTON HOMES  
SOLD BETWEEN \$4,000,000-\$54,000.



**2** 4417 36th Street North, Arlington — \$2,500,000



**4** 4507 35th Street North, Arlington — \$1,910,000

**6** 4328 37th Road North, Arlington — \$1,687,500



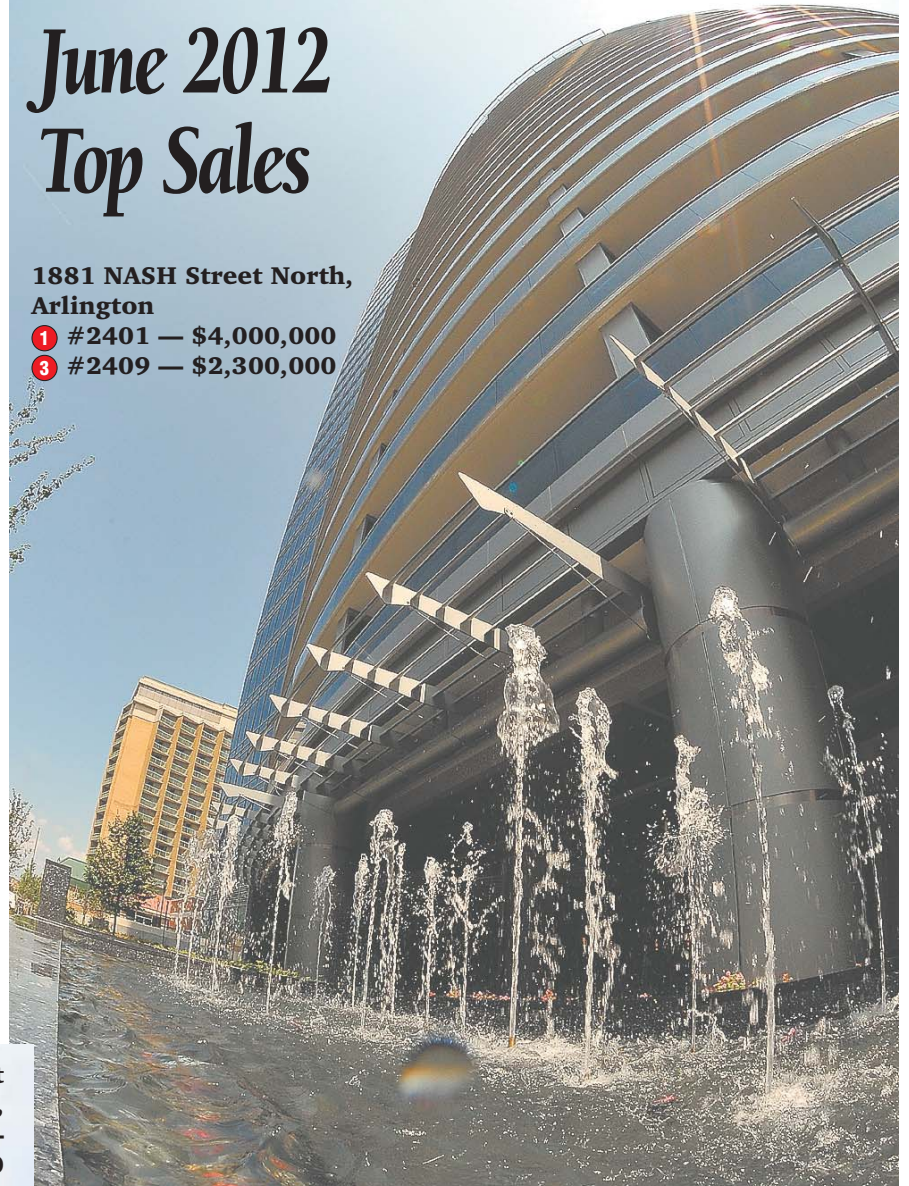
**8** 2330 Vermont Street North, Arlington — \$1,650,000



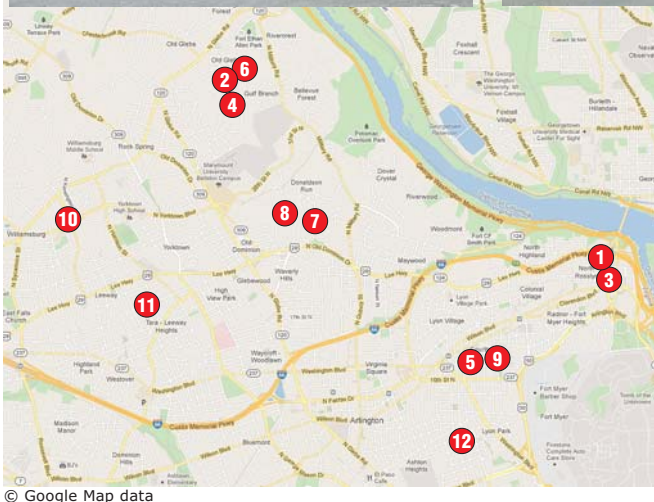
## June 2012 Top Sales

1881 NASH Street North, Arlington

- 1** #2401 — \$4,000,000
- 3** #2409 — \$2,300,000



**7** 4312 23rd Road North, Arlington — \$1,675,000



© Google Map data

Address .....	BR	FB	HB	.....	Postal	City ..	Sold Price	.....	Type	.....	Lot AC	Postal Code	.....	Subdivision	.....	Date Sold
<b>1</b> 1881 NASH ST N #2401 .....	3	..	4	..	1	.....	ARLINGTON	\$4,000,000	.....	Hi-Rise 9+ Floors	.....	22209	.....	TURNBERRY TOWER	.....	06/11/12
<b>2</b> 4417 36TH ST N .....	6	..	5	..	3	.....	ARLINGTON	\$2,500,000	.....	Detached	.....	0.38	.....	COUNTRY CLUB HILLS	.....	06/29/12
<b>3</b> 1881 NASH ST N #2409 .....	2	..	3	..	1	.....	ARLINGTON	\$2,300,000	.....	Hi-Rise 9+ Floors	.....	22209	.....	TURNBERRY TOWER	.....	06/11/12
<b>4</b> 4507 35TH ST N .....	6	..	5	..	2	.....	ARLINGTON	\$1,910,000	.....	Detached	.....	0.35	.....	COUNTRY CLUB HILLS	.....	06/12/12
<b>5</b> 1046 EDGEWOOD ST N .....	4	..	3	..	1	.....	ARLINGTON	\$1,700,000	.....	Detached	.....	0.21	.....	CLARENDON	.....	06/01/12
<b>6</b> 4328 37TH RD N .....	5	..	5	..	1	.....	ARLINGTON	\$1,687,500	.....	Detached	.....	0.23	.....	ARLINGWOOD	.....	06/06/12
<b>7</b> 4312 23RD RD N .....	5	..	5	..	1	.....	ARLINGTON	\$1,675,000	.....	Detached	.....	0.33	.....	LEE HEIGHTS	.....	06/28/12
<b>8</b> 2330 VERMONT ST N .....	6	..	6	..	1	.....	ARLINGTON	\$1,650,000	.....	Detached	.....	0.30	.....	LEE HEIGHTS	.....	06/21/12
<b>9</b> 1071 DANVILLE ST N .....	6	..	5	..	1	.....	ARLINGTON	\$1,605,640	.....	Detached	.....	0.11	.....	CLARENDON	.....	06/29/12
<b>10</b> 3107 JOHN MARSHALL DR N .....	5	..	4	..	1	.....	ARLINGTON	\$1,583,500	.....	Detached	.....	0.25	.....	MINOR HILL	.....	06/15/12
<b>11</b> 5519 22ND ST N .....	5	..	5	..	1	.....	ARLINGTON	\$1,560,000	.....	Detached	.....	0.31	.....	TUCKAHOE VILLAGE	.....	06/06/12
<b>12</b> 3024 4TH ST N .....	5	..	5	..	1	.....	ARLINGTON	\$1,500,000	.....	Detached	.....	0.18	.....	LYON PARK	.....	06/21/12

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# Remodeling and Renovating

Local designers design a home that is compatible with one's lifestyle.

By MARILYN CAMPBELL  
THE CONNECTION

Lifestyle and social considerations are as important as design and aesthetic decisions when remodeling or renovating a home, say some local designers. From bathrooms with a water closet to second floor laundry areas and kitchens that flow freely into the family room, homeowners should determine how the space will be used before beginning a remodeling project.

"I try to figure out how the family lives," said George Hodges-Fulton of BOWA. "If I know who is doing what where and when I can design around it. If something drives you up a wall and you're ready to go see Dr. Phil with your spouse, let's just design around it."

Hodges-Fulton restructured the dated kitchen of a McLean home to add more space for an active family that includes three teenage boys. An addition extending from the rear wall of the kitchen expanded the footprint of the home. The plan included a butler's pantry, family dining area, sitting room and screened porch. The addition of windows allowed natural light to stream into the space.

"The specific reason that the addition was put on was to provide the husband with a place to read the



PHOTO COURTESY OF R.B. HILL

**Designers at RJK Construction transformed this outdated Arlington kitchen into an ultra-modern space.**

Sunday paper and still be engaged with the family," said Hodges-Fulton. "He travels quite a bit, but the idea would be that the family would have a Sunday morning gathering space. The addition definitely changed the dynamic and improved family time."

Guy Semmes of Hopkins and Porter Construction in Potomac, Md. transformed the cramped, dark interior of a Damascus, Md., home into a haven of light and nature. Floor to ceiling windows make up the entire rear wall of the addition, which also unified the kitchen, family room and living room, creating an open, flowing space with a panoramic view of the tree-filled backyard.

"We wanted to take advantage of all the southern light from the backyard and to make the home feel more expansive," said Semmes. "We integrated the outdoors with the interior spaces. It made everything flow so much nicer."



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## Living Space

FROM PAGE 7

Doug Kouril who now has both a convection oven and a traditional baking oven at his fingertips.

**EXPANDING THE MASTER SUITE** was a separate challenge, inspired by Gail Kouril's interest in retaining all four bedrooms while adding a large master bath and two walk-in closets.

"The designer immediately identified the bedroom adjacent to the existing master suite as the appropriate spot for the master bath," Gail Kouril said. "In fact, the arrangement actually creates an extra bedroom window and space for sizeable his and her closets."

The 12' x 11' master bath features a glass-encased walk-in shower; each partner now has a basin of their own; and Gail gains a generously-sized vanity and bench.

Eliminating the former back corner bedroom also deletes an end-of-the-hall foyer, gaining 20 square feet for the re-made hall bath.

So, where's the fourth bedroom?

In the thoroughly mainstreamed lower level — which now includes a beautifully-appointed guest bath and a home office as well as a newly carpeted and upgraded family room complete with working fireplace.

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## ENTERTAINMENT

# County Fair Opens

## Thomas Jefferson Community Center hosts five-day event.

BY ROSS SYLVESTRI  
THE CONNECTION

**I**t's time for the annual Arlington County Fair. Offering a variety of activities for all ages, it includes rides, pig races, competitive exhibits, evening movies such as "The Hunger Games" and plenty of food.

"This year, we have an outdoor stage on Thursday and Friday evenings and all day Saturday," said Tiffany A. Krudavetz, the chairperson of the County Fair's board of directors. "The outdoor stage features lo-

cal bands, Synetic Theater, and a magician. We're really glad to showcase more local talent. We have also expanded our sports programming on the turf field and will have a variety of activities led by Arlington sports leagues." One of those leagues will include D.C. United.

Krudavetz credited the "all-volunteer board of directors" in making the fair possible. "We give literally hundreds of hours of our personal time throughout the year to plan and implement the fair. The Fair Board is also appreciative of the community members who help during the week of the fair."

The County Fair will run from Wednesday, Aug. 8, to Sunday, Aug. 12, at the Thomas Jefferson Community Center at 3501 South 2nd Street. Visit [arlingtoncountyfair.us](http://arlingtoncountyfair.us).



Oscar Garcia walks, runs and plays on the Giant Space Wheel at Arlington's 2011 county fair.



The crowd at Arlington's 2011 county fair reacts to Oscar Garcia's walk on the Giant Space Wheel.

PHOTOS BY LOUISE KRAFT/CONNECTION

## Outdoor Programming Schedule

### Wednesday, Aug. 8

5 p.m.-10 p.m. Pony Rides  
5:30 p.m. Racing Piglets  
6:30-10 p.m. Arlington Athletic and Social League Drop-In Lawn Games and Volleyball  
7 p.m. Racing Piglets  
9 p.m. Racing Piglets

### Thursday, Aug. 9

5-10 p.m. Pony Rides  
5-10 p.m. DC United Promotions & Activities  
5:30 p.m. Racing Piglets  
7 p.m. Racing Piglets  
9 p.m. Racing Piglets

### Friday, Aug. 10

2-4 p.m. YMCA of Arlington Kids' Activities  
2-6 p.m. Kids' Court  
2-11 p.m. Pony Rides  
2-11 p.m. DC United Promotions & Activities

2:30 p.m. Racing Piglets

4 p.m. Racing Piglets  
5:30 p.m. Racing Piglets  
7 p.m. Racing Piglets  
8:30 p.m. Racing Piglets  
8 p.m. Outdoor Movie: The Muppets

### Saturday, Aug. 11

10 a.m.-3 p.m. American Soccer League of Arlington Interleague Games  
10 a.m.-11 p.m. Pony Rides  
10 a.m.-11 p.m. DC United Promotions & Activities (tentative)  
10 a.m.-6 p.m. Kids' Court  
11 a.m.-6 p.m. Animal Rescue Groups  
10:30 a.m. Racing Piglets  
11 a.m. Harlem Wizards  
12 p.m. Racing Piglets  
1:30 p.m. Harlem Wizards  
2 p.m. Racing Piglets

4:30 p.m. Racing Piglets

5 p.m. Harlem Wizards  
6 p.m. Racing Piglets  
8 p.m. Outdoor Movie: The Hunger Games

### Sunday, Aug. 12

11 a.m.-10 p.m. Arlington Youth Lacrosse Club Scrimmages  
11 a.m.-10 p.m. Pony Rides  
11 a.m.-6 p.m. Kids' Court  
11 a.m.-6 p.m. Animal Rescue Groups  
11 a.m. Racing Piglets  
11:30 a.m. Harlem Wizards  
12-5 p.m. Community Preparedness Outreach  
1 p.m. Racing Piglets  
2 p.m. Harlem Wizards  
2:30 p.m. Racing Piglets  
4:30 p.m. Harlem Wizards  
4 p.m. Racing Piglets  
6 p.m. Racing Piglets

## Outdoor Stage Schedule

### Thursday, Aug. 9

6 p.m. Opening Ceremonies  
8 p.m. Jake Knox and The Need

### Friday, Aug. 10

6 p.m. Synetic Theater  
7 p.m. Magician

### Saturday, Aug. 11

2 p.m. Pines

3 p.m. Magician

4 p.m. RCRDS  
5 p.m. Eddy Faulkner  
6 p.m. Just Another Scene  
7 p.m. Magician



The Moyano sisters enjoyed an escape at the 2011 fair in the air bubbles above the water pond.

## CALENDAR

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Deadline is noon the Thursday before publication. Photos are welcome.

### THURSDAY/AUG. 9

**"Harry Potter and the Deathly Hallows: Part 2" at the Central Library.** 8 p.m. Free. As part of Summer Reading 2012, Arlington Public Library presents two free outdoor family film screenings on the field facing the Washington Boulevard side of Central Library. Bring a picnic and blanket and watch a movie under the stars. 1015 N. Quincy St.

### FRIDAY/ AUG. 10

**Summer Concert Series.** 8 p.m. Free. The United Air Force Band- Air Force Strings. At the Air Force Memorial, One Air Force Memorial Drive. Call 202-767-5658 for more information.

### SATURDAY/AUG. 11

**Singles Dinner & Movie Night.** 5 p.m. \$30. Enjoy a fixed price dinner

at Ireland's Four Courts followed by a movie of your choice at AMC Courthouse Plaza 8. Fee includes dinner, soda, tip and movie ticket. RSVP required. Call 301-924-4101 or visit [www.newbeginningsusa.org](http://www.newbeginningsusa.org).

### MONDAY/AUG. 13

**Crystal Screen Gets Romantic: Pretty Woman.** Free. The courtyard along S. Bell Street will be transformed into a free outdoor movie theater. The ROM COM theme makes it the perfect (and affordable) date night in the heart of Crystal City. 1800 South Bell St. (near Crystal City Metro).

### WEDNESDAY/ AUG. 15

**"HOT" Paint-In Demonstration.** 11:30 a.m.- 1:30 p.m. In conjunction with "HOT", an exhibit of visual artworks, the gallery artists will host a Paint-In at the Northern Virginia Art Center. Come and watch the artists demonstrate their creative process. Northern Virginia Art Center, 2100 Crystal Dr.

### FRIDAY/AUG. 17

**Summer Concert Series.** 8 p.m. Free. The United States Air Force Band- Airmen of Note. Air Force Memorial, One Air Force Memorial Drive. Call 202-767-5658 or visit [www.usafband.af.mil](http://www.usafband.af.mil).

### SATURDAY/AUG. 18

**Tour of historic Oakwood Cemetery.** 401 N. Roosevelt Street, Falls Church. 10 am. Contact tour guide Paul Kohlenberger, at 703-980-0885 or [PaulKohl@msn.com](mailto:PaulKohl@msn.com).

### MONDAY/AUG. 20

**Crystal Screen Gets Romantic: Love Actually.** Free. The courtyard along S. Bell Street will be transformed into a free outdoor movie theater. The ROM COM theme makes it the perfect (and affordable) date night in the heart of Crystal City. 1800 South Bell St. (near Crystal City Metro).

SEE CALENDAR, PAGE 11

## ONGOING

### THURSDAYS

**Food Truck Thursdays.** In the surface parking lot at the corner of Crystal Drive and 18th Street. Food Trucks get free reserved parking and patrons get one location with ample options and old favorites, including Doug the Food Dude, Hot People Food, Red Hook Lobster and Willie's Po'Boy.

### FRIDAY MORNINGS

**Line Dancing Class.** 10-11 a.m. Line dancing with Barbara Allen. Covers the basic steps, then combines them to music for a gentle, social, aerobic workout. More experienced line dancers are welcome as they can assist newer dancers. At Aurora Hills Senior Center. Call 703-228-5722.

### THROUGH AUG. 15

**Brazilian Jazz by Origem.** This summer, the Arlington County Cultural Affairs Division has selected Brazilian jazz band Origem to share their sophisticated sounds with regional audiences. The band will ably demonstrate what happens when the cool improvisational jazz of the Western Hemisphere is mixed with compelling Brazilian rhythms. Le Méridien Hotel, 1121 N. 19th Street.

### THROUGH SEPT. 16

**Exhibit.** Arlington Arts Center and The Studio Visit have invited two guest curators, Kristina Bilonick and Julie Chae. Each will bring her individual methodology and point of view to the selection, arrangement and contextualization of the works in the exhibition. Arlington Arts Center, 3550 Wilson Blvd. Call 703-248-6800 or visit [www.findyourartist.org](http://www.findyourartist.org).



# ENTERTAINMENT

FROM PAGE 10

**TUESDAY/AUG. 21**

**Leukemia/Lymphoma.** 7:30 p.m. Make a difference in the fight against blood cancer. Team In Training will hold a free information session at Marymount University's Lee Center to discuss upcoming races, registration and training tips. Visit [www.teamintraining.org/nca/](http://www.teamintraining.org/nca/) or on Facebook [www.facebook.com/TNTNCA](http://www.facebook.com/TNTNCA).

## CALENDAR

**THURSDAY/AUG. 23**

**Scandinavian Noir in Translation.** 7 p.m. An evening with translator K.E. Semmel who has played a key role in bringing immensely popular Scandinavian crime fiction works to English-speaking audiences. Recent translations include Karin Fossum's *The Caller* and Jussi Adler-Olsen's *The Absent One*. One More Page, 2200 North Westmoreland St. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

**FRIDAY/AUG. 24**

**Summer Concert Series.** 8 p.m. Free. The United States Air Force Concert Band and Singing Sergeants. Air Force Memorial, One Air Force Memorial Drive.

**SATURDAY/AUG. 25**

**Central Arlington History Tour.** 9 a.m. \$2. Tour parks and historic sites in Clarendon, Ballston, Glencarlyn and surrounding areas dating from colonial times to early 20th century. Bring lunch and water. Tour starts at the Clarendon Metro station, on the southwest corner of Wilson Boulevard and N. Highland Street.



PHOTOS BY CHRISTOPHER MUELLER

## On Stage

Miss Mona Stangle and her bevy of lovely ladies, from left: Sherri L. Edelen, Amy McWilliams, Nora Palka, Jamie Eacker and Nadia Harika. **"The Best Little Whorehouse in Texas"** will play at Signature's MAX Theatre from Aug. 14 through Oct. 7, 2012. Performances are Tuesday through Sunday evenings, with 2 p.m. matinees on Saturdays and Sundays. Single tickets are available in person at the box office or by calling Ticketmaster at 703-573-SEAT. Ticket prices start at \$40. Student discount tickets are \$30 and must be purchased the week of the performance. Signature also offers a "\$22 for Tuesdays" special for the first two public Tuesday performances, Aug. 14 and 28. Located at 4200 Campbell Ave. Call 571-527-1860 or visit [www.signature-theatre.org](http://www.signature-theatre.org).

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Calvary Gospel Church...703-525-6636  
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Arlington Baptist Church...703-979-7344  
Bon Air Baptist Church...703-525-8079  
Cherrydale Baptist Church...703-525-8210  
First Baptist of Ballston...703-525-7824  
McLean Baptist Church...703-356-8080  
Memorial Baptist Church...703-538-7000  
Mt. Zion Baptist Church...703-979-7411  
**Baptist-Free Will**  
Bloss Memorial Free Will Baptist Church...703-527-7040  
**Brethren**  
Church of The Brethren...703-524-4100  
**Buddhist**  
The Vajrayogini Buddhist Center...202-331-2122  
**Catholic**  
St. Agnes Catholic Church...703-525-1166  
Cathedral of St Thomas More...703-525-1300  
Holy Transfiguration Melkite Greek Catholic Church...703-734-9566  
Our Lady of Lourdes...703-684-9261  
Our Lady Queen of Peace Catholic...703-979-5580  
St Ann Catholic Church...703-528-6276  
St. Charles Catholic Church...703-527-5500

**Vatican II Catholic Community**  
NOVA Catholic Community...703-852-7907  
**Church of Christ**  
Arlington Church of Christ...703-528-0535  
**Church of God – Anderson, Indiana**  
Church of God...703-671-6726  
**Christian Science**  
McLean - First Church of Christ, Scientist...703-356-1391  
First Church of Christ, Scientist, Arlington...703-534-0020  
**Episcopal**  
St. Andrew Episcopal Church...703-522-1600  
St. George Episcopal Church...703-525-8286  
St. Johns Episcopal Church...703-671-6834  
St. Mary Episcopal Church...703-527-6800  
St Michael S Episcopal Church...703-241-2474  
St Paul Episcopal Church...703-820-2625  
St Peter's Episcopal Church...703-536-6606  
St Thomas Episcopal Church...703-442-0330  
Trinity Episcopal Church...703-920-7077  
**Lutheran(ELCA)**  
Advent Lutheran Church...703-521-7010  
Faith Lutheran Church...703-525-9283  
German Lutheran Church...703-276-8952  
Lutheran Church of The Redeemer...703-356-3346  
Resurrection Lutheran Church...703-532-5991  
**Lutheran (Missouri Synod)**  
Our Savior Lutheran Church...703-892-4846

**Nazarene**  
Arlington First Church of the Nazarene...703-525-2516  
**Non-Denominational**  
New Life Christian Church - McLean Campus...571-294-8306  
Celebration Center for Spiritual Living...703-560-2030  
**Metaphysical**  
Arlington Metaphysical Chapel...703-276-8738  
**Presbyterian**  
Arlington Presbyterian Church...703-920-5660  
Church of the Covenant...703-524-4115  
Clarendon Presbyterian Church...703-527-9513  
Little Falls Presbyterian Church...703-538-5230  
Trinity Presbyterian Church...703-536-5600  
Westminster Presbyterian...703-549-4766  
**Presbyterian Church in America**  
Christ Church of Arlington...703-527-0420  
**Synagogues – Conservative**  
Congregation Etz Hayim...703-979-4466  
**Synagogues – Orthodox**  
Fort Myer Minyan...703-863-4520  
Chabad Lubavitch of Alexandria-Arlington...703-370-2774  
**Synagogues – Reconstructionist**  
Kol Ami, the Northern Virginia Reconstructionist Community...571-271-8387  
**Unitarian Universalist**  
Unitarian Universalist Church of Arlington...703-892-2565  
**United Methodist**  
Arlington United Methodist Church...703-979-7527  
Trinity United Methodist Church of McLean...703-356-3312  
Charles Wesley United Methodist...703-356-6336  
Calvary United Methodist...703-892-5185  
Cherrydale United Methodist...703-527-2621  
Chesterbrook United Methodist...703-356-7100  
Clarendon United Methodist...703-527-8574  
Community United Methodist...703-527-1085  
Mt. Olivet United Methodist...703-527-3934  
Walker Chapel United Methodist...703-538-5200  
**United Church of Christ**  
Bethel United Church of Christ...703-528-0937  
Rock Spring Congregational United Church of Christ...703-538-4886

### Saint Ann Catholic Church

**SUNDAY LITURGY SCHEDULE:**  
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Sunday: 8:00, 9:30, 11:00 AM  
1:30 PM Spanish Liturgy  
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Saturday, 8:30 AM

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# ORANGE LINE CONNECTION

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Photos and artwork are welcome. Deadline is Thursday at noon.

## FRIDAY/AUG. 10

**Chico Trujillo with Maracuyeah DJ opening set.** 8 p.m. \$15/advance; \$18/door. Acclaimed Chilean band Chico Trujillo plays cumbia with a twist. At the Ballroom at the Artisphere.

## THROUGH AUG. 18

**Kevin Krapf: Retratos Compartidos/Shared Portraits.** Free. Opening reception is Thursday, June 28, 5:30-7:30 p.m. An interactive performance/display project in which visitors participate by using a specially designed double-sided drawing table in the gallery to make and exhibit portraits. The shared portraits are displayed on the wall to track the growth of the project and the moments of exchange that occur during its run. At the Artisphere.

## SUNDAY/AUG. 19

**Plushie Design.** 2-4 p.m. Create your own colorful, whimsical stuffed animal with Beth Baldwin. Families take art work home with them after each session. Cost of class includes all materials. All ages are welcome. \$20 for ages 13-adult and \$10 for ages 2-12.

## AUG. 24 TO NOV. 4

**Beyond the Parking Lot: The Change and Re-Assessment of Our Modern Landscape.** Free. Exhibiting artists include Amanda Burnham (Baltimore); Maya Ciarrocchi (New York); Julia Christensen (Oberlin, Ohio); Richard Crozier

(Charlottesville); Frank Hallam Day (Washington, D.C.); Gregory Euclide (Le Sueur, Minn.); Alex Lukas (Philadelphia); Rachel Sitkin (Baltimore); and Trevor Young (Washington, D.C.). At the Terrace Gallery at the Artisphere.

## THROUGH AUG. 26

**Andrew Thomas Huang's** recent award winning work 'Solipsist' will be displayed on the Artisphere's video wall through August 26. The work has been described as "an explosion of image and sound, combining the movement of the human body with cutting edge graphic techniques to create a work that is a celebration of color and movement that is both exuberant and haunting. Free.

**Heather Day: Onsite Painting Residency.** Heather Day creates paintings that explore the relationships between urban decay and human interaction through the layering of texture, color and various mediums. At the Works in Progress Gallery at the Artisphere.

## Workday Music

The Rosslyn BID presents their Lunchtime Concert Series. Local bands will play a variety of tunes:

**Wednesdays at CentralSpace,** Wilson Blvd. & N. Moore St. through Aug. 29, 11:45 a.m. - 1:30 p.m.

**Thursdays at the Farmers Market,** Wilson Blvd. & N. Oak St., through Oct. 25, 11:45 a.m.-1:30 p.m.

## MONDAY/AUG. 27

**T-Shirt Nation Camp.** Spend the week exploring everything T-shirt, including various methods of creating unique and fashion-forward tees. Each participant will walk away with four or five personally designed pieces. Contact Lisa Marie Thalhammer, Artisphere Education Director, at [lthalhammer@arlingtonva.us](mailto:lthalhammer@arlingtonva.us) or 703-875-1137.

## THROUGH SEPT. 2

**Doug Dupin and Maria Stenzel: Short Life of a Small Boat.** Free. An inexpensive boat is made, used, and burned in one year. The four seasonal segments span the boat's one-year life. At the Bijou Theater at the Artisphere.

## Farmers Markets...

**Rosslyn Farmers Market.** Thursdays, through Oct. 20. Located across the street from Cupid's Garden Sculpture. Fresh foods and goods from regional vendors including bread and pastries, farm-fresh and organic produce, herbs and spices, exotic teas and specialty coffees, gourmet baked goods, and marinades and sauces. Monday Properties returns as a sponsor.

**Clarendon Farmers Market.** Year-round, has locally produced breads and pastries, organic vegetables, flowers, soap, sorbet and more. Saturdays and Sundays, 8 a.m. to noon at Courthouse Parking Lot, 3195 North Wilson Blvd., Arlington. Also year-round on Wednesdays from 3-7 p.m. at Clarendon Metro Station. Visit [www.Clarendon.org](http://www.Clarendon.org). Call 703-812-8881.

**Arlington Farmers Market at Courthouse.** Adjacent to the Arlington County Courthouse Parking Lot, at the intersection of N. Courthouse Rd. and N. 14th St. in Arlington. This is a 'producer only' market with more than 30 producers. Saturdays from 8 a.m. to noon, year round. No dogs are allowed in the market.

**Ballston Farmers Market.** At Welburn Square Thursdays from 3-7 p.m. until October. Returning this year: Great Harvest Bread Company, Two Belle's Southern Pound Cakes and Gonzales Produce. Newcomers include Pleasant Pops and Milk Crate Bakery. Live music every Thursday.

## ... and More

**The Antiques and Collectibles Market.** At Court House, an open air market going on since December 2002. Free parking at 2100 Clarendon Blvd. Featuring furniture, art, China, silver, jewelry, books, photographs, vintage clothing, linens, lamps, chandeliers, antique tools and other treasures. Saturdays, 9 a.m.-4 p.m. on North 15th Street, next to the Courthouse Parking Lot. Sundays, 8 a.m.-5 p.m. at Courthouse Parking Lot.

## At Dark Star Park



The Dark Star Park is a public art piece in Rosslyn. Every year at 9:32 a.m. on Aug. 1, shadows cast by the poles and spheres of the Dark Star Park public art piece align with the metal shadows on the ground. However, the weather last week on that day was cloudy.



PHOTOS BY ROSS SYLVESTR/THE CONNECTION

Deirdre T. Ehlen, left, public art project manager at Arlington Economic development, Terri Prell, center, and Cecilia Cassidy, right, executive of Rosslyn Renaissance and the Rosslyn Business Improvement District, at the Dark Star Park public art piece in Rosslyn.

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# NVSL Season Concludes with Individual All-Star Meet

## Waynewood's Dona sisters win at home pool.

BY JON ROETMAN  
THE CONNECTION

**E**ight-year-old Hanani Dona jumped up and down in support of her older sister, 17-year-old Reanna, during a medal ceremony at the Northern Virginia Swim League Individual All-Stars meet on Aug. 4. Hanani's involvement in the day's events wasn't limited to cheerleading, however, as the younger sibling received her own recognition.

Reanna won the 15-18 girls' 50-meter butterfly and finished second in the backstroke, and Hanani finished third in the 8U 25-meter butterfly and first in the backstroke at their home pool: Waynewood Recreation Association in Alexandria. Reanna, a 2012 graduate of West Potomac High School and rising freshman at Ohio State University, finished with an NVSL season-best time of 28.55 seconds in the fly. In the backstroke, she was one of two swimmers to break 30 seconds. Her time of 29.66 was bested only by Janet Hu's NVSL record time of 28.21.

A member of the Mosby Woods Raiders (Fairfax) and a rising junior at Oakton High School, Hu broke her own record in the 15-18 50 freestyle with a time of 28.21. Hu set the previous record of 28.52 one week earlier at divisionals, according to the NVSL website.

"It's pretty exciting," Hu said, "to know I'm still improving."

Hu also won the 50 free with a time of 26.5. She set the NVSL record in the event one week prior with a time of 26.27.



**Highlands Swim's Ben Charles of McLean won the 9-10 boys' 25-meter butterfly and 10U 100 IM during the NVSL Individual All-Stars meet on Aug. 4.**

PHOTO BY  
CRAIG STERBUTZEL/  
THE CONNECTION

Laura Schwartz, a member of the Camelot Community Club Knights (Annandale) and rising senior at Falls Church High School, entered the 15-18 girls' 100 IM as the No. 1 seed and didn't disappoint. She finished with an NVSL season-best time of 1:06.5.

"I try not to think about it," Schwartz said of being an event's top seed. "I guess it kind of gets me a little bit excited because I think, 'I have to make sure I get first place since I'm seeded first.'"

While Schwartz fulfilled her duty as a favorite, Ben Lambert's victory in the 15-18 boys' 50 fly was an upset. Lambert, a member of Hayfield Farm Seahawks (Alexandria) and rising sophomore at Hayfield Secondary School, won the event with a time of 26.3 despite being seeded outside of the top three.

"It was all mindset," Lambert said. "My coach from a while ago told me that if you believe you're the best one out there and you swim like it, then you can be and that's what happened today."

Paul O'Hara, a member of the Hollin Meadows Barracudas (Alexandria) and a rising senior at Gonzaga College High School in Washington, D.C., finished first

in two events. After finishing in a first-place tie in the 15-18 boys' 100 IM (1:00.65), O'Hara won outright the 100 freestyle with a time of 23.74.

"I was kind of amped up for the second event," O'Hara said, "because after the tie, it was kind of disappointing."

Zachary Fountain, a 2011 West Springfield High School graduate and rising sophomore at Indiana University of Pennsylvania, tied with O'Hara in the 100 IM and won outright the 100 breaststroke (30.82). Fountain represented the Orange Hunt Sharks (Springfield).

In boys' butterfly action, winners included: Sleepy Hollow's Liam Redman (8U, Falls Church); Highlands Swim's Ben Charles (9-10, McLean); Chesterbrook's Jaya Kambhampaty (11-12, McLean) and McLean's Christopher Murphy (13-14). In girls' butterfly action, winners included: Hunter Mill's Alexandra Dicks (8U, Vienna); Little Rocky Run's Emily Drakopoulos (9-10, Clifton); Greenbriar's Jacqueline Clabeaux (11-12, Fairfax) and Orange Hunt's Robyn Dryer (13-14, Springfield).

In boys' IM competition, winners included: Highlands Swim's Charles (10U);

Dunn Loring's John McClorey (11-12, Vienna) and Lee-Graham's Miller Surette (13-14, Falls Church). In girls' IM action, winners included: Wakefield Chapel's Madelyn Donohoe (10U, Annandale); McLean's Isabella Rongione (11-12) and Commonwealth's Hannah Baker (13-14, Fairfax).

In boys' freestyle action, winners included: Fox Mill Woods' Tomasz Kleczek (8U, Reston); Lee-Graham's William Jackson (9-10, Falls Church); Little Rocky Run's Myles Brown (11-12, Clifton) and Village West's Aidan Pastel (13-14, Springfield). In girls' freestyle competition, winners included: Ravensworth Farm's Emily Suris (8U, Springfield); Little Rocky Run's Drakopoulos (9-10); Greenbriar's Clabeaux (11-12) and Commonwealth's Baker (13-14).

In boys' backstroke competition, winners included: Tuckahoe's James Ewing (8U, McLean); Lee-Graham's William Jackson (9-10, Falls Church); Overlee's Jonathan Day (11-12, Arlington); Overlee's Ryan Baker (13-14, Arlington) and Annandale's Kyle Tyrrell (15-18). In girls' backstroke action, winners included: Sully Station SS's Elise Mozeleski (9-10, Chantilly); Hamlet's Grace Gent (11-12, McLean) and Orange Hunt's Dryer (13-14).

In boys' breaststroke competition, winners included: Donaldson Run's Drew Harker (8U, Arlington); Sully Station SS's Brian Patten (9-10, Chantilly); Chesterbrook's Sam Gollob (11-12, McLean) and South Run's Christopher Stankiewicz (13-14, Springfield). In girls' breaststroke action, winners included: Ravensworth's Suris (8U); Hunt Valley's Carrie Morrison (9-10, Springfield); Mount Vernon Park's Holly Jansen (11-12, Alexandria); Little Hunting Park's Sarah Cahill (13-14, Alexandria) and Crosspointe's Brooke Malone (15-18, Fairfax Station).

## WGCC Wins CCSDA Championship

**O**n July 30 and 31, the 15 teams of the Country Club Swimming and Diving Association (CCSDA) met at Kenwood Country Club in Bethesda for the CCSDA Championships. Each team sent its top swimmers to compete in each event. The preliminaries were held on Monday and the top 16 finishers in each event returned on Tuesday for finals. While the other local swim leagues culminate in individual all-star events, the CCSDA "Champs" meet is ultimately a team event and determines the top team for the entire league. After a 51-year drought, WGCC won Champs in 2009 and 2010. The Lightning lost in a close match to Kenwood in 2011 and came into this season with the goal of reclaiming the title.

WGCC accomplished its goal, putting up a championship-win-

ning total of 1,246.5 points. Kenwood finished with 1,197, followed by Army Navy (857.5); Congressional (730); Columbia (662); Bethesda (596); Edgemoor (566); Chevy Chase (559.5); Montgomery (455); Belle Haven (409); Norbeck (405); Manor (341); Argyle (249); Avenel (168.5); and Lakewood (163).

Once the seedings were released, Kenwood was favored to win by 21 points on paper. Over the two-day meet, many of WGCC's swimmers posted their personal best times — some in record-setting time — and WGCC finished 1-2 in numerous events. In the end, the Lightning's speed and power proved too much for the competition.

After the freestyle and backstroke events, Kenwood held an 11-point lead over WGCC. At this point in the meet — the four med-

ley relays were held. The boys' junior medley relay team (Carson Wood, George Cranwell, Nolan Musslewhite, and Alex Gerlach) won its race. The boys' senior medley relay team of Ryan Baker, Richard Gentry, Daniel O'Berry and Angus Rick won its race in a Pool and CCSDA Champs Meet record time of 57.32. For the first time during the meet, WGCC took the lead — and the Lightning still had their best event ahead of them. The team has dominated the breaststroke events this season — and this meet was no different. Of the 10 breaststroke events, WGCC won five of them. The Lightning held strong during the butterfly events and maintained the lead going into the final two events of the meet — the boys' and girls' graduated free relays (in these events, each team consists of the top freestyler from each of the five



PHOTO CONTRIBUTED

**The WGCC Lightning won the CCSDA championship.**

age groups). About 30 seconds into the final event, thunder rumbled and the pool was cleared. At this point, WGCC's lead was large enough that they had already won the meet. But, the entire team waited about an hour for the storm to pass and to cheer on their swimmers. The boys' graduated 200-meter free relay team (Alex Gerlach, Angus Ricks, Zander Zidlicky, Ryan Baker and Daniel O'Berry) won its race in a Pool, Meet, and CCSDA record time of 1:51.08. One of the many highlights of the meet for WGCC was

the traditional team plunge into the Kenwood pool after the results had been announced.

Avery Nassetta (girls' 8U free, breast) and Angus Ricks (boys' 10U free, breast) were the only WGCC swimmers to win both of their individual events. Single event winners included: Alex Gerlach (boys' 8U breast); Jillian Johnson (girls' 8U Fly); Zander Zidlicky (boys' 12U free); Richard Gentry (boys' 12U breast); Ryan Baker (boys' 14U back), and George Cranwell (boys' 14U breast).



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## 21 Announcements

**PUBLIC NOTICE:**  
PROPOSAL TO MODIFY CORRECTIVE ACTIONS AT AN  
UNDERGROUND STORAGE TANK (UST) SITE. There has  
been a release from an underground storage tank system at  
the Former Pentagon Industrial Complex, 1201 South Fern  
Street, Arlington, Virginia. The Department of Environmental  
Quality (DEQ) has requested preparation of a Corrective Ac-  
tion Plan Addendum to address cleanup of petroleum fuel con-  
tamination at this site. If you have questions regarding the  
cleanup, please contact: John P. Diehl, Environmental Consul-  
tants and Contractors, Inc., 43045 John Mosby Highway,  
Chantilly, VA 20152, (703) 327-2900. The Corrective Action  
Plan Addendum was submitted to the Remediation Division of  
the Northern Regional Office of the DEQ May 17, 2012. If you  
would like to review or discuss the proposed Corrective Action  
Plan with the staff of the DEQ, please feel free to contact Mr.  
Randy Chapman of the DEQ at (703) 583-3816 after the date of  
the Corrective Action Plan Addendum submittal. The DEQ  
Remediation Division will consider written comments regarding  
the proposed Corrective Action Plan Addendum until July 30,  
2012, and may decide to hold a public meeting if there is signif-  
icant public interest. Written comments should be sent to the  
DEQ at the address listed below. The DEQ requests that all  
written comments reference the tracking number for this case:  
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## 21 Announcements

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## Fairfax Water

### FAIRFAX COUNTY WATER AUTHORITY Notice of Public Hearing

Resolution Authorizing Acquisition of Property Necessary  
for Public Purposes by Eminent Domain or Other Means

**September 6, 2012 at 6:30 p.m.**

The Fairfax County Water Authority will hold a public hearing pursuant to Va. Code Ann. § 15.2-1903 on **at 6:30 p.m. on Thursday, September 6, 2012**, to receive public comments on a proposed Resolution authorizing the acquisition of easements necessary for the improvement and expansion of Fairfax Water's water system infrastructure adjacent to sections of the Lee Jackson Memorial Highway (U.S. Route 50) in Fairfax County. The improvement and expansion is required to provide adequate capacity to serve existing and future customers. The necessary easements are to be located across several parcels of land adjacent to U.S. Route 50, more particularly described as Fairfax County Tax Map Parcels 0332-01-0004, 0332-01-0005B2, 0332-01-0005D, 0332-01-0005E, 0341-03-B4, 0341-03-B5, 0341-03-0001, 0343-01-0041A, and 0343-13-0001. Following the public hearing, the Water Authority Board may vote on or after September 6, 2012, to adopt the proposed Resolution.

The proposed Resolution and other related information can be viewed at Fairfax Water's Website at <http://www.fairfaxwater.org>.

**The public hearing will be held in Fairfax Water's offices at 8570 Executive Park Avenue, Fairfax, VA.** Those wishing to speak at this hearing or desiring a copy of the proposed resolution should call Eva Catlin at (703) 289-6017. Interested parties also may submit written comments to [PublicHearingComments@fairfaxwater.org](mailto:PublicHearingComments@fairfaxwater.org) or mail written comments to:

**Fairfax Water**  
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All written comments must be received by close of business on Wednesday, September 5, 2012 to be included in the record of the public hearing.



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## Derive to Survive



By KENNETH B. LOURIE

Now that I can taste food again, or rather have food taste like normal again, my attitude is much improved. Unfortunately, one of the side effects of some heavy-duty chemotherapy drugs is poor appetite, brought on – occasionally – by the fact that everything you eat and drink (a bit of an exaggeration, but not much) tastes lousy. And it's been my experience now (nearly three and a half years and still counting) that if I'm not deriving pleasure from what I'm eating and drinking, I am deriving displeasure. Not only am I being deprived of an everyday and much-needed/expected positive reinforcer, I am experiencing a negative of Epicurean proportions. It's a lose-lose. No wonder I've been miserable.

Originally, in March, 2009 when I began my first-line chemotherapy (six cycles/infusions of a chemotherapy cocktail consisting of three drugs for six hours every three weeks), after a few infusions, eating became a challenge. Then it wasn't that food didn't taste good, it was that its taste – good or bad, held no particular sway for me. I was indifferent to it; I just wasn't interested. I was also extremely fatigued from my treatment (red blood cells – in addition to your cancer-carrying white blood cells – are destroyed during treatment; they provide your energy), so even getting off the couch to walk into the kitchen was exhausting. Food was not the answer. In fact, it was more of a question, as in: What am I going to eat? To which my usual reply was: "I don't care." And so I lost weight. I remember one appointment with my oncologist during this time when he threatened, unless I gained weight, to hospitalize me. I was hardly shriveling up to nothing, I thought, but I guess I was beginning to shrivel. An unhealthy situation for a cancer patient needing strength to endure his treatment.

And so weight has come off and gone back on, and so forth and so on for nearly three and a half years. As the chemotherapy drugs with which I have been infused have changed, so too have my eating tendencies, not uncommon for patients undergoing treatment for cancer. (Perhaps you're aware of one of the presumptive benefits of medical marijuana: appetite stimulator, although it was never suggested or prescribed to me.) First and foremost though, the patient has to be able to tolerate the treatment, and being weak – from hunger, complicates the demands on an already compromised immune system (an effect of your white blood cells being destroyed). And if you've been given a terminal stage IV diagnosis – with a less than encouraging prognosis, as I had, having circumstances arise – self-imposed or otherwise, which prevent your oncologist from treating you as aggressively as is prudent, is hardly an encouraging start – or finish, to your day.

But this most recent food-taste experience was unique: I felt like eating. I had energy to eat. I even had foods in mind to eat. Unfortunately, the food was either tasteless/disappointing, or in many cases, it was downright putrid – not even mediocre. There was no more looking forward. There was only looking backward to tastier meals and inward to my frustration, and in so doing I felt lousy about myself and my prospects and it was reflected in my column's content. Now I feel better because I'm eating better. Once again, food tastes like it's supposed to. I know it's good for me; I just hope it's bad for the cancer.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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