

CAREER FAIR

Sun Design Remodeling Specialists, Inc.



Sun Design is opening their doors to their corporate office in pursuit of top performing salespersons, designers with structural experience, and lead carpenters for their production staff. Sun Design, an architectural design-build firm, has been transforming fine

Northern Virginia homes for 24 years.

When: Saturday, August 25th, 10am - 2pm

The second office, located in McLean, opens in just a few weeks!

SUN DESIGN

design/build I additions I kitchens I baths I basements I outdoor spaces 703.425.5588 SunDesignInc.com info@SunDesignInc.com

News

Cheti Aids Students in Tanzania

BY CORYN JULIEN THE CONNECTION

heti, a new charity based in Arlington, is an educational development program that strives to aid the impoverished people of Tanzania by providing funds to local schools and aiding students in acquiring a higher level of education.

Jessica Shipman, founder of the charity, had known for a long time that she wanted to volunteer in Africa at some point in her life. So in 2010, she had the opportunity to travel to Tanzania for five weeks and work, unpaid, as an English teacher for the students there. The experience would end up inspiring her more than she ever imagined.

"I fell completely in love with the students," said Shipman, "They come from such poor homes, but they're still so eager to learn. Even though they're so young, they know that there's something better for them waiting out there."

Shipman, while working with the students, was also given the opportunity to meet with their families. The children come from very impoverished homes, often living in huts that are too small to support them. And their parents, who grew up in a similar situation, had limited or no access to education. Because of this, they do not always see the value and importance of a good education. That is why Shipman decided that she would create a program that not only funded the schools of Tanzania, but also created community involvement and engagement programs for the parents of the students.



Jessica Shipman with Maspala Juma in Arusha, Tanzania.

"When you're working in a developing country, people are often uneducated and don't see the value in education." Shipman said, "The parents of these kids are often that way, so it's important that we help them get heavily involved with the education of their kids. The more support these students have, the more they'll be inspired

to learn."

So Shipman returned the United States, moved by her time in Tanzania, and started Cheti. Her initial goal was only to sponsor and fund a dozen children, not to become a full-fledged charity. But by word of mouth through friends and co-workers, the program quickly spread. Today, Cheti has impacted more than 1,000 people and is sponsoring 80 students in nursery and primary schools and hopes to eventually expand to secondary schools as well. The organization, through volunteer work, is completing construction of its eighth classroom and has purchased school buses and land to help expand and develop the local schools. It has also raised money to provide HIV tests, food, and even teacher training and business training to help the students obtain a higher level of education.

The work and dedication Shipman and other volunteers and donors put into Cheti was further re

SEE CHETI AIDS, PAGE 7

COUNSELING

Adolescent and Adult Counseling

1487 Chain Bridge Road, Suite 300 McLean, Virginia 22101



703.255.1091 **f**

BACK TO SCH PREPARE FOR SU

Duffy Counseling now provides educational evaluations to determine a student's academic strengths and weaknesses and the intervention program(s) that will best target areas of improvement.

- · Reading, Math & Writing
- · Attention Difficulties
- Intellectual Evaluations (IQ)
- · School Placement
- Learning Disabilities
- · Behavior Problems
- Social Problems
- Learning Strengths and Weaknesses

Now Accepting New Patients CALL 703.255.1091 www.DuffyCounseling.com

Matthew Ryan, MA, LPC, NCC

ADD / ADHD & Anxiety Specialist

Matthew is a Licensed Professional Counselor and a National Certified Counselor. A native of Washington, D.C., Matthew provides counseling for adults and adolescents, specializing in resultsoriented Cognitive Behavioral Therapy (CBT) and Crisis Intervention. He holds a Bachelor of Arts in Psychology from George Washington University and a Master of Arts in Psychology from Argosy University in Washington, D.C.

Duffy Counseling Provides the Following Services:

- · ADD / ADHD
- Family Therapy
- Depression
- Sports Psychology
- Anxiety Issues
- Substance Abuse
- Cognitive Behavior Therapy (CBT)
- Oppositional Defiant Disorder (ODD)
- Academic Achievement Advising
- · Adjustment Disorders
- Crisis Intervention
- Life Coaching

FEEL BETTER ACHIEVE MORE

News



The encore dance included many of the fair's volunteer staff and friends.

Senior Flash Mob at County Fair

he annual Arlington County Fair was just gearing up on Friday, Aug. 10 for the evening crowd as 60 or more senior citizens walked and then began dancing on the new turf playing field.

"I Got a Feeling," by the Black-Eyed Peas was playing on the amp. In a synchronized motion all of the seniors took up positions on the field and danced for the 8-minute tune. Afterwards the leader,

Ms. Virginia Senior America 2012 Kat Fanelli emerged and invited all those watching to join them on the field for an encore.

Fanelli, a dance instructor started six weeks ago holding free dance classes at all of the senior centers in Arlington. "I thought that the seniors would just come out for one class to learn the steps but they kept returning weekly because it was fun," Fanelli said.





Flash mob participants dance off the field.

After having joined the encore performance, Tatiana and her friends talk about their love of dancing to a local TV reporter and camera crew.



Borrowing on the Ballot

Arlington voters to determine fate of \$153 million in projects this November.

By Michael Lee Pope The Connection

t's been more than 20 years since a bond referendum failed in Arlington, an indication of how popular the spending items are with voters in the county. From paving streets and adding traffic calming devices to building aquatics centers and bridge maintenance, Arlington voters will be confronted with about \$153 million in general obligation bonds. If the recent past is political prologue, all four of the general obligation bonds on the ballot will pass.

"They are overwhelmingly successful," said Arlington Registrar Linda Lindbergh.

Since Arlington leaders moved the general obligation bond initiatives to the more popular federal-year cycle in 1984, all of them have been successful. That's 14 consecutive election cycles in which voters have approved the bond initiatives, usually by substantial margins. Many people say that the success of bonds at the polls is an indication that voters are eager to make investments in their community.

"They'll be thinking in the back of their minds, more likely than not, is this something that will make my home more valuable?" said Frank Shafroth, professor at George Mason University. "They'll also be thinking about what it means for the future of their community, and they should be thinking about the economics."

BACK IN 1979, voters were presented with a bond initiative for regional parks. A

flagging economy and wariness of government may have contributed to the failure at the polls. About 16,000 people voted against it while only 9,000 people voted for it. Whatever the reason, county leaders decided to move voting on bond issues to the even-year election cycles, which tend to have higher rates of participation among registered voters, especially in presidential years.

"The powers that be believe they are going to get greater participation," said Lindberg. "There is some dropoff, but it's not really significant, amazingly enough."

One of the quirks of Virginia law is that city voters never consider bond issues, which can be passed by local elected leaders without the consent of voters. The original thinking behind that logic was that county voters tend to live in more rural areas without much infrastructure. City leaders, on the other hand, were given more power to raise and spend money.

"The reason these are on the ballot is because of the unlimited taxability of the locality," said Jason Friess, analyst with the Arlington Department of Management and Finance. "These bonds will be backed by local taxes, and if there's ever a funding crunch, we would have to raise taxes to meet the obligation of the bonds."

EVEN THOUGH THEY receive relatively little publicity compared to the top of the ticket, participation is typically high. About 90 percent of the voters in 2008 engaged in the election for general obligation bonds, and participation rate was even higher 2010. That means that the items are popular with voters, even if they don't get all the buzz that surround the presidential race. Even so, they tend to remain largely hidden from the public debate.

"Part of that is that they are called a 'bond,' and second they are called 'municipal," said Shafroth. "In my experience, if something is called municipal, it's below contempt."

On the Ballot

* \$42.5 million for Phase II at Long Bridge Park: The project includes an aquatics, health and fitness center featuring a competition pool, teaching pool, family leisure pool, therapy pool, wet classrooms and party rooms. This phase of the project also includes an indoor fitness area for cardiovascular equipment and weight training, fitness classes and community space as well as development of the surrounding 10-acre park including surface parking, continuation of the esplanade, public art and a variety of outdoor public spaces.

❖ \$26.4 million to Acquire and Convert the Thomas Building. County officials want to purchase and convert the building, which is located at 2020 14th Street N — across the street from the county courthouse. The plan includes removal of the Court Square West building at 1400 N Uhle Street to provide underground parking access. Two floors of the Thomas Building would be converted to a year-round homeless services center, and the rest of the building would house county office functions displaced from Court Square West.

* \$14 million for Metro: This project would help Metro rehabilitate, modernize and expand rail

and bus infrastructure to better meet mass transportation needs throughout the region. The goal is to replace or rehabilitate the system's oldest infrastructure while making some service enhancements.

* \$13.5 million for Connect Arlington and Intelligent Transportation System: This project will connect 50 separate sites to Connect Arlington, a fiber-optic network that will link county and school buildings. It will also provide maintenance for 280 traffic signals and 25 cameras as well as a handful of variable message signs and traffic sensors.

* \$13.2 million for Road Paving: This project would pay for 72 lane miles, which is an increase from the previous goal of paving 65 lane miles a year. The long-term plan is to pave all streets on a 15-year cycle.

*\$11 million for Neighborhood Conservation: This projects are identified by neighborhood civic associations and approved by county staff. Projects include street improvements, residential traffic management, park enhancements, street lighting, beautification and

SEE ON THE BALLOT, PAGE 7

Local Students Become Scientists in Training

GMU's Arlington campus hosts science summer camp.

BY MARILYN CAMPBELL THE CONNECTION

bout 50 local students spent part of the summer transforming water into oxygen and trying to create a self-sustaining colony on Titan, the largest moon of Saturn at a twoweek summer camp. The program was part of the Virginia Initiative for Science Teaching and Achievement (VISTA) at George Mason University, a program that aims to get kids from high-need schools interested in science, technology, engineering and mathematics (STEM).

George Mason in Arlington hosted students from Hoffman-Boston Elementary School in Arlington; Belmont Elementary in Woodbridge and Mayfield Intermediate School in Manassas. The children conducted experiments ranging from building a model floor plan for a colony on Titan and designing a first aid kit from biodegradable materials, to testing the ability of a solar car and creating recyclable art.

"This was different from the way we study science in school, where we mostly learn



from books," said Nuha Chowdhury of Hoffman-Boston Elementary School. "It might be my second career option to be a scientist, mathematician, or engineer."

Students say they were inspired by handson experiments: "Here at science camp, we did big experiments, like we made water and oxygen.

I never knew we could do that," Ezra Assafe, a rising sixth grader who attended Hoffman-Boston last year. This might alter my second career plan."

Campers created science projects which they presented to their teachers and parents. "The teachers commented that they were amazed at not only how well behaved **Ann Heidig of** Taylor Elementary School in Arlington (right) helps Aliyah Ewell, a rising 6th grader at Mayfield Intermediate School in Manassas City Park, research the composition of space junk.

and engaged the students are when doing hands-on, inquiry science but also how much the students learned and retained over the two weeks," said Mollianne Logerwell, VISTA's director of science education. "Students routinely talk about how much fun they are having while learning. This year, one student commented that it was like having school at an amusement

The students were also joined 27 elementary school teachers from Arlington, Fairfax, Spotsylvania and Prince William counties and Manassas City who participated in a four-week science institute at George Mason. In addition to working with the science camp, the teachers had an opportunity to study with local scientists.

"This is my 27th year teaching, so it's really saying something that I'm so excited

about this" said Ann Heidig, who teaches third and fourth grade at Taylor Elementary School in Arlington. "We've been working on handing over more of the responsibility for the learning to the kids, letting them come up with how they want to solve a problem. I've always incorporated hands-on activities in my teaching, but now I'm working on doing more open-ended activities. Rather than handing kids

"We did big experiments, like we made water and oxygen. I never knew we could do that. This might alter my second career plan."

— Ezra Assafe

cookbook lab experiments, the kids are designing the experiments themselves. The kids are transformed by it. Their self-esteem rises, they get involved and they realize that science is something they can do."

Time for School Advice on how to transition from a laid-back summer to a hectic academic year.

BY MARILYN CAMPBELL The Connection

hen Ellen Feldman's 5year-old son school for last fall, one of the biggest adjustments for the single mother of two was having to adhere to a schedule.

"All of a sudden we went from being able to do things on our own time frame to having to wake up and be at a certain place at a certain time," said Feldman. "Sending my son off to school for the first time was exciting, but also difficult."

From purchasing school supplies and new clothes to reuniting with friends and leaving home for the first time, the start of a new school year can bring about emotions that range from delight to anxiety.

"Back to school, which is a positive experience, has stress built into it," said Linda Gulyn, a professor of psychology at Marymount University in Arlington. "Any change is stressful, even a positive change. But kids will adapt quickly." The transition, said experts, is more manageable when parents develop a plan before the first day of classes.

"The more structure parents can give their kids before school starts, the better," said professional organizer Cecilia Anderson, a former teacher and the owner of Splendidly Organized, Inc. in Vienna. "If kids are given total free rein during the summer, they are



Linda Gulyn, Ph.D., a professor of psychology at Marymount **University says** that any change — including a return to school - can be stressful.

not going to be in the right mindset for school."

Michele Claeys, associate head and middle school principal at the Norwood School in Potomac, Md., believes that final days of summer break can be an ideal time for an academic brush-up: "There are often skills that aren't used throughout the summer, but are important as school starts. Having children of all ages read as much as possible for pleasure throughout the summer, but

also in the days leading up to the start of school, is a good idea because it is a sustained experience where they are focused on something for a long period time." Claeys also recommended giving children an opportunity to discuss their reading with

EXPERTS ALSO SUGGEST establishing a sleep routine with a consistent bedtime. "If parents get started a full week ahead of time trying to get children into the routine of being awake and alert for the morning, it gives them a chance to get their bodies adjusted to the schedule that they will have to maintain for the whole year," said Claeys.

Reintroducing a back-toschool morning ritual can be an anxiety-inducing exercise for some, especially after two months without a rigid agenda. According to professional organizers, a tactical plan can make the daybreak drill more pleasant.

"Do as much a you can the night before. For parents who pack their kids

lunches, it is important to have things ready to go and put in bags," said Anderson. For children who want the freedom of packing

each group.

"The more structure parents can give their kids before school starts, the better."

— Cecilia Anderson

their own lunches, Anderson recommended dividing lunch options into food group and allowing children to select one item from

"You want to give your child a balanced meal," she said. "One day there might be tuna sandwiches, and turkey sandwiches on another day, and whatever snack goes along with it like cut-up vegetables. Have those ready to go and in bins and let children choose one thing from each bin. That way kids will have more ownership

over their lunches and there will be few

SEE ADVICE ON HOW, PAGE 5

'But I Don't Want To Go To School'

Separation Anxiety and Other Resis-

"Separation anxiety is a natural and healthy emotion," said Linda Gulyn, Ph.D., a professor lington. "Developmental theory will say when children have separation anxiety, it is a sign that they are attached to the parent. That is good

sign."
Understanding an older child's resistance to school: "From a psychological point of view, it is important for parents to acknowledge the child's feelings," Gulyn said. "Even if you're looking at your 14-year-old and thinking she's being absolutely unreasonable, you have to say 'I understand how you feel. I get it.' Then the

"For a lot of teens, there is a lot of pressure going into school mode, so that is legitimate anxiety. They might be saying, 'I now have three A.P. (Advanced Placement) classes. I have to play volleyball. I have to work part-time. I have all this stuff going on,' so the pressure is real," said Gulyn.



Advice on How To Transition from Summer to Academic Year

From Page 4

Don't underestimate the importance of breakfast either: "A child won't have all faculties for learning if they haven't eaten well," said Anderson. "Some kids don't have lunch until 1 o'clock, so to go from 6 a.m. until 1 o'clock without food is tough. They need something that has protein. It doesn't have to be home-cooked eggs. It can be turkey sausages or lunchmeat, but a bag of chips and a monster drink is not a good

TO AVOID a last-minute morning search for errant permission slips or stray report cards, Vienna-based professional organizer Susan Unger of ClutterSOS urges parents to create a command center, a central location where all papers that must be signed and retuned to school are kept. She adds that a chart outlining the morning tasks is another useful tool: "If children have a

check list to look at, they can ask themselves, 'Have I brushed my teeth?' or 'Have I combed my hair?' The night before, choose clothes and put the backpack by the door."

Use a family calendar. "Another important thing is having a calendar that lists activities and sporting events and putting it in a place where everybody can see it and everybody knows the schedule," said Unger. "It also helps to color-code the calendar, so have one color for each child."

Before heading out to purchase new supplies or clothes for school, organizers suggest taking inventory. "You can see what you already have and what you need and make a shopping list from that," said Unger.

One of the most important components of creating a good start to a new school year is attitude, education experts agree. "Generally, it is helpful if parents help children see school as a fun, happy place where they can be stimulated and learn," said Claeys.



"Cardinal Bank's service and integrity match my Gold-Medal standards."

As an Olympic Gold Medalist, I dreamed of giving back to my hometown community by opening a stateof-the-art swim school for children and adults. Cardinal Bank believed in my vision. As an athlete and business owner, I look for partners who share the qualities that shaped my life: integrity, discipline and fairness. Cardinal is the partner I chose for my winning team.

> Tom Dolan, CEO Tom Dolan Swim School

COMMERCIAL BANKING

CARDIN

[LR]: F. Kevin Reynolds, Cardinal Bank Regional President; Tom Dolan, CEO, Tom Dolan Swim School; Cheryl S. Beebe, Cardinal SVP & Market Executive.

LENDER Member FDIC www.cardinalbank.com





SUN DESIGN INVITES YOU TO OUR REMODELED HOME TOUR IN **FAIRFAX STATION!**

Saturday, August 18th, 10am-4pm

11302 Robert Carter Road, Fairfax Station, VA 22039



Reinvent Your Home to Enrich the Way You Live.

Come see first hand how redesigning existing space created better function, flow, and light in this remodeled home to include a gourmet, eat-in, kitchen with large center island, breakfast area, and powder room.

Special Thanks to Our Sponsors:



CLOSETS • GARAGES • PANTRIES

703-707-0009



703-599-0648

SUN DESIGN

design/build | additions | kitchens | baths | basements | outdoor spaces 703-425-5588 SunDesignInc.com info@SunDesignInc.com

OPINION

Starting School Prepared

First day of school is Sept. 4; local nonprofits provide school supplies and weekend food.

ith school beginning in a few weeks, area charitable organizations have been collecting contributions of new backpacks, calculators, other school supplies, money and gift cards and winter coats to help the tens of thousands of truly needy Northern Virginia students.

In Fairfax County alone, more than EDITORIAL 40,000 students are poor enough to qualify for subsidized meals, and those students have mostly not had access to those meals over the summer since Fairfax County Public Schools no longer operates summer than supply school.

Working poor families cannot easily outfit one or more children properly for school (think of the cost of a graphing calculator).

"For many families in our area who are working hard but struggling to make ends meet, the prospect of finding the funds to purchase new supplies for their children each year can be stressful," said Lisa Whetzel, Our Daily Bread's executive director. The organization

was still \$3,000 and 200 backpacks short of its goal last week. To help, contact Becca Brummett or Jennifer Rose at 703-273-8829 or holiday@ODBFairfax.org, or visit www.ODBFairfax.org.

One organization, Doorways for Women and Children in Arlington, aptly describes the challenges of some of Arlington's students on its website: "Embarrassed and disappointed that their family can only afford to prioritize necessities as simple as groceries and rent, children living in poverty share a very different schooling experience than many of their peers."

Arlington Doorways for Women and Families collects money, school supplies, winter

coats and more for needy students.
Contact Rachel Dove at
rdove@doorwaysVA.org or 703-5049283 or www.doorwaysva.org/donate/seasonal-ways-to-give/
backtoschool/

FACETS in Fairfax, which provided more than 300 students with backpacks filled with supplies last year, is collecting school supplies until Aug. 17, and welcomes financial contributions: FACETS Back to School Drive, 10640 Page Avenue, Suite 300, Fairfax VA 22030. Drop donations between 9 a.m.-5 p.m., Monday-Friday, at 10640 Page Avenue, Suite 300, Fairfax. FACETS also seeks volunteers to help at special events where students will "shop" for their school supplies.

Reston Interfaith encourages residents to

drop off Back-to-School-Drive items at Reston Interfaith Administrative Offices, 11150 Sunset Hills Road, Suite 210, Reston, VA 20190. Contact Alacia Earley, volunteer and drives manager, 571-323-9568.

Northern Virginia Family Services Back to School Drive provides over 2,000 backpacks to youth in pre-K through college. On-site: Sort and organize school supplies, stuff backpacks and help distribute. Donate money or new school supplies at 13926 Metrotech Drive, Chantilly, VA 20151.

On Thursday, Aug. 30, county firefighters will distribute backpacks and school supplies for children throughout Fairfax County. They will distribute approximately 2,000 backpacks, with supplies to school administrators, teachers, and local shelters for children in need.

United Community Ministries also helps local students. Send donations to United Community Ministries, 7511 Fordson Road, Alexandria, VA 22306. Contact 703-768-7106.

Once school begins, some local nonprofits will start a different kind of backpack program, one that provides "weekend backpacks" for these children who might not have enough to eat. The weekend backpacks contain child-friendly foods that are high in nutritional value. Beginning in September, schools will assist in the distribution of these bags.

— Mary Kimm, mkimm@connectionnewspapers.com

Arlington

www.ConnectionNewspapers.com

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by Local Media Connection LLC

1606 King Street Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

NEWS DEPARTMENT: To discuss ideas and concerns, call: 703-778-9410 arlington@connectionnewspapers.com

Steven Mauren

Editor 703-778-9415 smauren@connectionnewspapers.com

Michael Lee Pope

Reporter 703-615-0960 mpope@connectionnewspapers.com @MichaelLeePope

Jon Roetman

Sports Editor 703-224-3015 jroetman@connectionnewspapers.com @jonroetman

ADVERTISING:

For advertising information **e-mail:**

sales@connectionnewspapers.com

Debbie Funk

Display Advertising/National Sales 703-778-9444 debfunk@connectionnewspapers.com

Andrea Smith

 $\begin{array}{c} {\it Classified~\&~Employment~Advertising} \\ {\it 703-778-9411} \\ {\it asmith@connectionnewspapers.com} \end{array}$

Editor & Publisher

Mary Kimm 703-778-9433 mkimm@connectionnewspapers.com @MaryKimm

Executive Vice President

Jerry Vernon jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren

Managing Editor
Kemal Kurspahic
Photography:
Deb Cobb, Louise Krafft,
Craig Sterbutzel
Art/Design:
Laurence Foong, John Heinly
Production Manager:
Jean Card
Geovani Flores

Special Assistant to the Publisher

Jeanne Theismann 703-778-9436 jtheismann@connectionnewspapers.com

@TheismannMedia

CIRCULATION: 703-778-9426 Circulation Manager:

Linda Pecquex circulation@connectionnewspapers.com

LETTER TO THE EDITOR

County's Vision

To the Editor:

Arlington County has been fortunate that an earlier generation of leaders had a vision for the county that led them to fight for a Metro rail line underneath Wilson Boulevard. As a result, the Rosslyn Ballston corridor is an internationally recognized example of the best in transit-oriented development. We are fortunate that our

current leaders have learned from that transit project and have envisioned the same benefits for the Columbia Pike Corridor. If you review the vision established for the Columbia Pike Transit Initiative you will recognize the genes that it inherited from the fixed-guideway transit development on the RB Corridor. They can be found in Table 1.4-1 in the AA/EA. I support the vision of a livable Columbia Pike Community established to



At the Chaplains' Memorial

The chaplains of the 3rd U.S. Infantry Regiment (The Old Guard) marked the 237th anniversary of the Chaplain Corps with a wreath-laying ceremony July 27, in Arlington National Cemetery. U.S. Army Chief of Chaplains Maj. Gen. Don Rutherford (left), and Sgt. Maj. Stephen Stott, Chaplain Corps regimental sergeant major, salute at the Chaplains' Memorial.

guide the Pike Transit Initiative. I think that we are also fortunate that Arlington County has an

outstanding professional transportation planning and development staff and an open and competitive consultant procurement process. We have working for us on the Pike Transit Initiative an outstanding project management and consultant team. These assets must not be undervalued.

Finally, this professional team has applied to the Pike Vision state of the art methodologies and processes including an extensive public participation program. These technical tools are not perfect. The requirements of the Federal Government have been at times ambiguous and always in transition. Nevertheless, in 23 chapters and numerous charts, tables and other supporting documents the Columbia Pike Transit Initiative has delivered to us a transparent picture of the facts, the assumptions, the evaluation methodologies and the conclusions of the study. They have presented four alternatives for consideration by the county, its citizens and its political leaders.

I know what makes a livable community. In my career with the Federal Transit Administration I have seen livability in the United States and in Europe. I have tasted it in the RB Corridor. I want it for my East Falls Church neighborhood and I want if for those who inhabit the Columbia Pike Corridor. I have participated in the deliberations of the original Columbia Pike Street Scape Task Force, and the Transit Initiative Community Coordination Committee and the Columbia Pike Implementation Team. I am persuaded that the Light Rail alternative is the only alternative that will bring livability to the Pike and achieve the vision established for the Corridor. And I am convinced that that outcome is worth the anticipated cost.

County leaders knew that an Orange Line in the I-66 median would not achieve their vision of a livable Arlington County and they knew that the Wilson Boulevard Alignment would. They did not let cost stand in the way of the right decision.

As a resident of North Arlington I am willing to pay the cost of the rail alternative even thought I will not benefit directly. I know that everybody along the Pike paid for my livable community along the Orange Line. Now it is my turn to pay for theirs along Columbia

Franz Gimmler Arlington

News

Cheti Aids Students in Tanzania

From Page 2

warded when the charity was nominated for a Classy Award for Best New Charity of 2012. The Classy Awards is the nation's largest award ceremony for philanthropy, and Cheti was a top five finalist in the eastern region. Although the charity did not win, the nomination was still a major honor to Shipman, and a testament to how much Cheti has helped the people of Tanzania.

And Shipman only wants the program to grow from here. Her goal is for the model of Cheti's schools to be used throughout the region to create and develop new and existing schools, train and provide teachers, and spread

community awareness and involvement in the education of their children.

She strives to develop the two schools the charity is currently working with to the point where she can leave them and move on to other schools, knowing that a higher quality of education will be provided there for generations to come.

Cheti seeks to empower the young people of Tanzania into becoming the leaders and professionals that the developing region of East Africa so desperately needs.

For the short-term though, Shipman is looking forward to a campaign she is running in partnership with the Annapolis Rotary Club to

ship 20,000 books to Arusha, a city in northern Tanzania. She expects that the books will benefit thousands of students in the area.

"I'm really excited about this new campaign." Shipman said, "But I'm always looking to the future also. What I'm really looking forward to is developing more schools and inspiring the people in the communities to rise up and get their kids schooling and even college educations. I really want to see the first sponsored student graduate from college. That would just be remarkable."

For more information about Cheti and ways to help the cause, visit http://sponsorcheti.org/.

"Flourishing After 55"

"Flourishing After 55" from Arlington's Office of Senior Adult Programs for Aug. 26- Sept. 1.

Arlington senior centers: Aurora Hills, 735 S. 18th St.; Walter Reed, 2909 S. 16th St.; Culpepper Garden, 4435 N. Pershing Dr.; Langston-Brown, 2121 N. Culpeper St.; Lee, 5722 Lee Hwy.; Arlington Mill at Fairlington, 3308 S. Stafford St.; also Madison Community Center, 3829 N. Stafford St.; TJ Comm. Center, 3501 S. 2nd St.

Senior trips: Signature Theatre, "Best Little Whorehouse in Texas," Sunday, Aug. 26, \$65; Atlantic City, N.J., Revel Casino, Tuesday, Aug. 28, \$47; Sotterly Plantation, Clark's Landing lunch, Hollywood, Md., Thursday, Aug. 30, \$50; Evening Parade, Marine Barracks, D.C., Friday, Aug. 31, \$9. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

Alcohol dependency, guide to recovery, Monday, Aug. 27, 2 p.m., Aurora Hills. Free. Register, 703-228-5722.

Cooking for one, Monday, Aug. 27, 11 a.m., Culpepper Garden. Free. Register, 703-228-4403.

Yarn Crafters group makes items for the needy, Mondays, 10:30 a.m., Aurora Hills. Details 703-228-5722.

Northern Virginia Senior Olympics information weekdays, 703-228-4721 or email NVSO1982@gmail.com.

Healthy snacks program, Tuesday, Aug. 28, 11 a.m., Langston-Brown. Free. Register, 703-228-6300.

New self-directed book club, Tuesday, Aug. 28, 7 p.m., Walter Reed. Free. Details, 703-228-0955.

On the Ballot -

From Page 3

landscaping projects.

* \$6.9 million for Park Maintenance Capital: County officials hope to use this money to fund a backlog of maintenance needs in the county's outdoor park and recreation facilities. Projects include replacing the tennis courts at Towers Park, adding synthetic turf at Barcroft Park and replacing the basketball court at Gunston Park.

* \$3.6 million for Facilities

Maintenance: Projects include resealing the parking deck at the Central Library, painting several fire stations, replacing the roof at Carlin Hall and providing maintenance to the Barcroft Sports and Fitness Center

* \$2.5 million for Long Bridge Interchange: This project will accommodate anticipated traffic to Long Bridge Park, including the new aquatics center.

This money would also be used to provide improved access for bikes, pedestrians, buses and vehicles.

* \$1.3 million for Neighbor-

hood Traffic Calming: Measures may include speed tables, traffic circles, curb extensions, roadway narrowing, permanent speed indicators, medians, raised crosswalks, truck restrictions and textured pavement gateways. This project also includes Walk Arlington and Bike Arlington.

*\$1 million for Potential Land Acquisition: The purpose of this project is to have reserves on hand that would allow the county to acquire real property for parks and open space.

* \$300,000 for Bridge Renovation: Projects on the list include North

Carlin Springs Road over George Mason Drive, Shirlington Road Bridge over Four Mile Run and North Meade Street bridge over Arlington Boulevard.

* \$206,000 for North Side Salt Facility: This project would replace the salt storage structure in North Arlington, which county officials say is beyond its useful life.

\$185,000 for Tyrol Hill Park: Project includes a comfort station, drinking fountain, picnic shelter, paved plaza, site furnishings and landscaping.

For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connect ionnewspapers. com/subscribe

Be the first to know – get your paper before it hits the press.

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: goinggreen@ connection newspapers.com





Buying your first home is exciting, especially when you have a trusted local bank and experienced mortgage professionals working with you.

From the right loan options for your needs and your finances, to walking away with that new house key in your hand, an EagleBank loan officer with decades of mortgage loan experience can make your FIRST mortgage loan experience a really great one.

EagleBank – local, trusted, stable, credible.
THE RIGHT PARTNER FOR YOUR FIRST HOME.



CONTACT RESIDENTIAL LENDING AT 571-319-4837

MARYLAND | WASHINGTON, DC | VIRGINIA | WWW.EAGLEBANKCORP.COM





Arlington REAL ESTATE

Photos by Louise Krafft/The Connection

In June 2012, 343 Arlington homes SOLD BETWEEN \$4,000,000-\$54,000.

June 2012 Sales, 1.11 million to \$1.16 million



🚺 2567 Military Road, Arlington — \$1,199,000

2 6004 4th Street North, Arlington — \$1,195,000



6 4284 Vacation Lane, Arlington — \$1,155,000



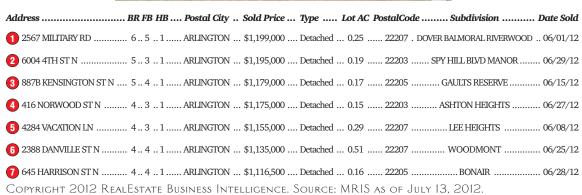
🚺 416 Norwood Street North, Arlington — \$1,175,000



6 2388 Danville Street North, Arlington — \$1,135,000

0 645 Harrison Street North, Arlington — \$1,116,500





HOME SALES

In June 2012, 343 Arlington homes sold between \$4,000,000-\$54,000. This week's list represents those homes sold in the \$610,000-\$381,000 range. For the complete list, visit www.ConnectionNewspapers.com

Address E 4809 21ST ST N					
1600 OAK ST N #815					
1110 FREDERICK ST N 2011 LEXINGTON ST N					
2827 SOMERSET ST N	22 0	ARLINGTON	\$602,000	Detached 0.19	22213
3626 6TH ST S 2609 QUANTICO ST N					
4090 LEE HWY	22 1	ARLINGTON	\$600,000	Townhouse 0.03	22207
1600 OAK ST N #1026 1600 OAK ST N #318					
1050 HIGHLAND ST N #501	22 0	ARLINGTON	\$580,000	Hi-Rise 9+ Floors	22201
820 POLLARD ST N #909					
1712 12TH ST S 2054 VERNON ST N					
5212 7TH ST S					
6119 WILLIAMSBURG BLVD 2542 GRANADA ST N					
1106 16TH ST S					
835 WOODROW ST N 3650 GLEBE RD S #942				Detached 0.11	
117 PARK DR S	32 0	ARLINGTON	\$560,000	Detached 0.15	22204
27 BEDFORD ST N 875 LEXINGTON ST N					
1020 HIGHLAND ST N #401	22 0	ARLINGTON	\$553,000	Hi-Rise 9+ Floors	22201
1708 13TH RD S 1300 CRYSTAL DR #1704S	43 0	ARLINGTON	\$550,400	Detached 0.12	22204
3650 GLEBE RD S #463	22 0	ARLINGTON	\$550,000	Hi-Rise 9+ Floors	22202
5865 14TH ST N					
1020 HIGHLAND ST N #410 39 EDISON ST S	42 0	ARLINGTON	\$545,000	Detached 0.14	22204
3504 8TH ST S	32 0	ARLINGTON	\$540,000	Detached 0.22	22204
2110 EDISON ST N 1109 21ST ST S					
6831 WASHINGTON BLVD #6831B	33 1	ARLINGTON	\$532,500	Townhouse	22213
2513 4TH ST S 1600 OAK ST N #633					
5856 14TH ST N					
5661 8TH RD N					
2512C WALTER REED DR S #3 2420 WALTER REED DR S #1					
3454 WAKEFIELD ST	33 0	ARLINGTON	\$510,000	Townhouse 0.00	22206
2536F ARLINGTON MILL DR S #6 1000 RANDOLPH ST N #604					
4113 11TH PL N	11 0	ARLINGTON	\$500,000	Detached 0.02	22201
3360 2ND ST S #3360 1001 VERMONT ST N #301					
2123 LINCOLN ST #2123	23 1	ARLINGTON	\$498,000	Townhouse	22207
4767 ARLINGTON BLVD 820 POLLARD ST N #904					
3926 12TH ST S	33 1	ARLINGTON	\$495,000	Townhouse 0.13	22203
3151 STAFFORD ST S 2510 2ND ST S	23 0	ARLINGTON	\$495,000	Townhouse	22206
1020 HIGHLAND ST N #915	32 0 11 0	ARLINGTON	\$489,000	Hi-Rise 9+ Floors	22204
312 MADISON ST N 1001 VERMONT ST N #806	33 0	ARLINGTON	\$485.000	Detached 0.15	22203
1127 STUART ST N #3	22 0 23 0	ARLINGTON	\$479,999	Garden 1-4 Floors	22201
1301 COURTHOUSE RD N #1612	22 0	ARLINGTON	\$475,000	Hi-Rise 9+ Floors	22201
2720 ARLINGTON MILL DR S #303 880 POLLARD ST N #504					
820 POLLARD ST N #802	21 0	ARLINGTON	\$470,000	Hi-Rise 9+ Floors	22203
2506A ARLINGTON MILL DR S #1 1001 RANDOLPH ST N #911					
734 GEORGE MASON DR N	32 0	ARLINGTON	\$466,000	Detached 0.15	22203
1865 GEORGE MASON DR S 2428 WALTER REED DR S #C					
1800 WILSON BLVD #427	11 0	ARLINGTON	\$462,000	Garden 1-4 Floors	22209
3650 GLEBE RD S #849 1049 EDISON ST S					
1515 ARLINGTON RIDGE RD S #10	03 . 2 2	0	ARLINGTON	\$450,000 Mid-Rise 5-8 Floor	S
4423 1ST PL S					
1401 RHODES ST N #G-6					
3525 16TH ST S					
1011 ARLINGTON BLVD #1114 6865 WASHINGTON BLVD					
3066 ABINGDON ST S #2024	22 0	ARLINGTON	\$432,000	Attach/Row Hse	22206
803 OAK ST #803 4825 1ST ST S	∠1 1 42 0	AKLINGTON ARLINGTON	\$430,000	Attacn/ Kow Hse 0.10 Detached 0.14	22204 22204
4712 30TH ST S #2161	22 0	ARLINGTON	\$422,000	Townhouse	22206
6943 28TH ST N 1001 VERMONT ST N #1002					
2913B WOODSTOCK ST S #2	32 0	ARLINGTON	\$418,000	Townhouse	22206
4723 29TH ST S 3800 FAIRFAX DR #1710					
1300 ARMY NAVY DR #1008					
3814 9TH RD S #3814 3068 BUCHANAN ST S #3152					
880 POLLARD ST N #922					
1021 GARFIELD ST #139	11 0	ARLINGTON	\$407,500	Hi-Rise 9+ Floors	22201
888 QUINCY ST N #1803 716 GEORGE MASON DR					
1801 OAKLAND ST	21 0	ARLINGTON	\$405,000	Detached 0.13	22204
3819 14TH ST S 2400 CLARENDON BLVD #510					
1800 WILSON BLVD #106	11 0	ARLINGTON	\$399,000	Garden 1-4 Floors	22209
3031 COLUMBUS ST S #A2 4633 36TH ST S #A2					
1600 OAK ST N #528	11 0	ARLINGTON	\$395,000	Hi-Rise 9+ Floors	22209
1200 BARTON ST S #311 2020 MONROE ST					
1276 WAYNE ST N #806	11 0	ARLINGTON	\$390,000	Hi-Rise 9+ Floors	22201
1301 COURTHOUSE RD N #1507 4829 27TH RD S	22 0	ARLINGTON	\$385,000	Hi-Rise 9+ Floors	22201
1800 WILSON BLVD #240	11 0	ARLINGTON	\$385.000	Garden 1-4 Floors	22209
3630 TAYLOR ST S	12 0	ARLINGTON	\$382,000	Townhouse	22206
				######################################	44407

Copyright 2012 RealEstate Business Intelligence. Source: MRIS as of July 13, 2012.



OPEN HOUSES IN ARLINGTON AUGUST 18 & 19

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click on the "This Week in Real Estate" link.

Call Specific Agents to Confirm Dates & Times

22202

1035 23rd St S\$1,250,000 Sun 1	-4Tonya Finlay	Neighborhood703-979-2300
1114 16th Street S\$410,000 Sun 2	-4Hal Logsdon	McEnearney202-272-6273
3600 Glebe Rd #418W\$549,900Sun 1	-4Valerie Wilkinson	Weichert703-527-3300
3600 Glebe Rd #429W \$489,900 Sun 1	-4 Jackie Schillig	Weichert 703-527-3300

22203

201 Manchester St N.....\$699,000 .. Sun 1-4.......Priti Malhotra......Weichert...703-821-8300

22204

 1636 S Taylor
 \$514,500
 Sun 1-4
 Jeffery McGlothlin
 McEnearney
 .703-798-0137

 2710 First Rd
 \$530,000
 Sun 1-4
 Jamaal Adams
 Coldwell Banker
 .703-867-8870

 5051-1027th Rd
 \$367,700
 Sun 1-4
 .Garnet Robins-Baughman
 Keller Williams
 .703-534-0997

*222*05

1515 George Mason Dr...\$950,000 .. Sun 1-4...................S. Lee.........Fairfax..703-766-2710 1521 N Longfellow St....\$637,500 .. Sun 1-3.........Kristin Kelly..............RE/MAX..703-532-4274

22207

For an Open House Listing Form, call Deb Funk at 703-778-9444 or e-mail debfunk@connectionnewspapers.com
All listings due by Monday at 3 P.M.

Entertainment

Jazz Samba Project

Local singer to perform at Kennedy Center Aug. 17.

By Genevie Herrera THE CONNECTION

rlington's own, Lynn Veronneau, has connected musically with many glo-

bally even carved a spot in internet history with her then-band, Les Horribles Cernettes, by being pictured in one of the first photographs posted on the web. Now Veronneau continues to reach many and hopes to continue to make history with her new namesake band, Veronneau.

Veronneau's music is a fusion of Brazil-

ian samba, jazz and folk, with sounds from each genre constantly explored. Following the success of their debut album. Joie de Vivre, their follow up album, Jazz Samba Project, is a homage to Stan Getz's and Charlie Byrd's Jazz Samba album, and is garnering attention from critics and climbing the jazz billboard charts nationally and overseas. Lynn's voice easily intertwines with the melodic acoustic guitar sounds played by husband, Ken Avis, and David Rosenblatt and with percussion provided by

Pete Walby.

As the lead singer Veronneau, Lynn doesn't just sing in English but also in French, Italian, Spanish and Portuguese, which provides a worldly and diverse sound to their music, as well as allows for a sultry touch. While the group explores new material and enhances their genre,



VERONNEAU JAZZ SAMBA PROJECT

they enjoy giving their own twist to classic songs, which are fan favorites. Lynn said that they have "played many songs over the years, old and new, but one of my favorites to perform on stage is Waiting in Vain, which is an oldie, but goodie."

With The Jazz Samba Project, Veronneau provides a contemporary take on that classic album making each new song their own. Veronneau performs at the Kennedy Center at the Millennium Stage, Aug. 17, at 6

Calendar

Lvnn Veronneau

announcements arlington@connectionnewspapers.com. Deadline is noon the Thursday before publication. Photos are welcome.

WEDNESDAY/ AUG. 15

"HOT" Paint-In Demonstration.

11:30 a.m.- 1:30 p.m. In conjunction with "HOT", an exhibit of visual artworks, the gallery artists will host a Paint-In at the Northern Virginia Art Center. Come and watch the artists demonstrate their creative process. Northern Virginia Art Center, 2100 Crystal Dr.

FRIDAY/AUG. 17

Summer Concert Series. 8 p.m. Free. The United States Air Force Band-Airmen of Note. Air Force Memorial, One Air Force Memorial Drive. Call 202-767-5658 or visit www.usafband.af.mil

SATURDAY/AUG. 18

Tour of historic Oakwood

Cemetery. 401 N. Roosevelt Street, Falls Church. 10 am. Contact tour guide Paul Kohlenberger, at 703-980-0885 or PaulKohl@msn.com.

MONDAY/AUG. 20

Crystal Screen Gets Romantic:

Love Actually. Free.The courtyard along S. Bell Street will be transformed into a free outdoor movie theater. The ROM COM theme akes it the perfect (and affordable) date night in the heart of Crystal City. 1800 South Bell St. (near Crystal City Metro).

Fundraiser. 7 p.m. The Washington theater community has joined forces to present the innaugural "Summer Hummer," a bawdy variety show to benefit Taking Care of Our Own, a

new initiative assisting DC-area theater professionals and artists in personal emergency situations. \$25/ \$125 VIP. At Signature Theatre in the MAX. For audiences 18 years and older. Visit www.signaturetheatre.org or call 703-820-9771.

TUESDAY/AUG. 21

Leukemia/Lymphoma. 7:30 p.m. Make a difference in the fight against blood cancer. Team In Training will hold a free information session at Marymount University's Lee Center to discuss upcoming races, registration and training tips. Visit www.teamintraining.org/nca/ or on Facebook www.facebook.com/

"Farishta" author Patricia

McArdle at the Arlington Central Library at 7 p.m. McArdle is a retired Foreign Service officer who has served in Africa, Latin America, the Caribbean, and Europe, and her book's main character shares this in common with her. Arlington Central Library, 1015 North Quincy St.

THURSDAY/AUG. 23

Scandinavian Noir in Translation.

7 p.m. An evening with translator K.E. Semmel who has played a key role in bringing immensely popular Scandinavian crime fiction works to English-speaking audiences. Recent translations include Karin Fossum's The Caller and Jussi Adler-Olsen's The Absent One. One More Page. 2200 North Westmoreland St. V www.onemorepagebooks.com.

FRIDAY/AUG. 24

Summer Concert Series. 8 p.m. Free. The United States Air Force Concert Band and Singing Sergeants. Air Force Memorial, One Air Force Memorial Drive.



Glass, Stone, and Steel: Photos of Manhattan by Steve Rosenbach at **Cherrydale Branch Library** through Oct.1, 2012.

SATURDAY/AUG. 25

Central Arlington History Tour. 9

a.m. \$2. Tour parks and historic sites in Clarendon, Ballston, Glencarlyn and surrounding areas dating from colonial times to early 20th century. Bring lunch and water. Tour starts at the Clarendon Metro station, on the southwest corner of Wilson Boulevard and N. Highland Street.

Fall Vegetable Gardening. 10 a.m. noon. Whether looking for an encore with cool-season vegetables or to protect a garden plot with a cover crop, this workshop covers it. Fairlington Community Center, 3308 S. Stafford St. Call 703-228-6414 or email mgarlalex@gmail.com

SEE CALENDAR, PAGE 11

Signature is Hummin'

The Washington Theatre community has joined forces to present the inaugural Summer Hummer, a bawdy, vaudeville-type variety show to benefit Taking Care of Our Own, a new initiative assisting D.C.-area theatre professionals and artists in personal emergency situations. Hosted by the Signature Theatre, the Summer Hummer features many of Washington's theatre folks strutting their stuff, more or less, in this 90-minute burlesque review.

Directed by Matthew Gardiner and Eric Schaeffer, the revue will feature Evan Casey, Matt Conner, Matthew DeLorenzo,

Natascia Diaz, Sherri L. Edelen, James Gardiner, Helen Hedman, Naomi Jacobson, John Lescault, Channez McQuay, Donna Migliaccio, Tracy Lynn Olivera, Nova Y. Payton, Bobby Smith, Stephen Gregory Smith, Holly Twyford, The Diva Vicki Vox and Rachel Zampelli, leading a cast of more than 25 D.C. actors.

Musical direction for the show is by Jenny Cartney and Gabriel Mangiante,

Details

Monday, Aug. 20 at 7 p.m. The show is for audiences 18 years and older. Tickets are \$25. VIP tickets, including admission to the after-party with the cast, are available for \$125. All proceeds go to the Taking Care of Our Own initiative.

Tickets can be purchased at 703-820-9771 or www.ticketmaster.com. To learn more about Taking Care of Our Own, visit http://theatrewashington.org.

Signature Theatre, 4200 Campbell Avenue off I-395 at the Shirlington exit. Visit http://signature-theatre.org/ map.htm or call 703-820-9771.

with lighting design by Helen Hayes Award-winner Colin K. Bills. Many of the numbers will have minimal clothing, so no costume designer is required. Featured numbers for the evening include, "I Never Do Anything Twice," "Don't Blame Me," "Summer Hummin'," "Silent Sonata Strip" and many more. In addition, there will be a special appearance by Pirate Pussie, last seen on stage in Cats at the Harlequin. Audiences are encouraged to bring extra change and cash, checks or credit cards for audience participation segments in which the show will be really "humming."

Entertainment

From Page 10

MONDAY/AUG. 27

Crystal Screen Gets Romantic: When Harry Met Sally. Free.The courtyard along S. Bell Street will be transformed into a free outdoor movie theater. 1800 South Bell St. (near Crystal City Metro).

TUESDAY/AUG. 28

SEPA

Insect and Plant Invaders in Our Landscape. 7-8:30 p.m. Find out about what to look for and do about "exotic invasives," including using native plants as substitutes.
Fairlington Community Center, 3308

S. Stafford St. Call 703-228-6414 or email mgarlalex@gmail.com.

THURSDAY/AUG. 30

American Soldiers in Civil, Revolutionary and World Wars.

7 p.m. Lecture by GMU professor, Christopher Hamner. Book sale and signing at 6:30 p.m. Arlington Central Library, 1015 N. Quincy St.

FRIDAY/AUG. 31

Celtic Aire, the United States Air Force Band. 8 p.m. At the Air Force Memorial. Free to the public, tickets are not required. At One Air Force Memorial Drive.

Food & Drink

Email announcements to arlington@connectionnewspapers.com. Deadline is noon on Thursday. Photos are welcome.

Capitol City Brewing Company is wrapping up a summer filled with events and festivities with a Summer Farewell Party on the Patio on

Wednesday, Aug. 22 from 4-9 p.m. Since 1992, Capitol City Brewing Company restaurants have served more than 15 million pints and brewed over 200 different styles of beer. Over the past 20 years, the local brewpub has used four million pounds of grain and more than 50 thousand pounds of hops to brew nearly 5,000 batches of beer. Capitol

City Brewing Co. is the Washington region's first brewpub since Prohibition and has served approximately one million free pretzels to its customers — a restaurant perk. Visit www.capcity brew.com.

One of Rosslyn's newer eating establishments, **Roti**, is expanding its weeknight dinner hours to 9 p.m. Plus, they've added an affordable catering menu. Their fresh and healthful food is anchored by Mediterranean classics such as hummus, pitas, couscous and fire-roasted meats. Visit Roti's website.

Delightful Food Court has added gelato and bubble tea smoothies to their

menu. Gelato flavors include coffee, cheesecake, vanilla bean, mango, strawberry and white chocolate. Bubble tea smoothie flavors are cappuccino, mocha, taro, green tea, strawberry, honeydew and coconut, to name a few. Located at 1911 N. Fort Myer Dr., Delightful Food Court is open for breakfast and lunch.

Instead of taking an afternoon coffee break, try a Barq's root beer float, now available at **AllSpice Café**, 1401 Wilson Blvd. Or, stop by for lunch for AllSpice's signature soups and sandwiches, such as a tarragon chicken sandwich, loaded baked potato soup and a reuben on rye.

TWO POOR TEACHERS





Free Estimates 703-969-1179

Select your remodeling products from our Mobile Kitchen and Bathroom Showroom and Design Center!!



www.twopoorteachers.com

Fully Insured & Class A Licensed EST. 1999 Standard & Premium Bath Specials!

Starting at \$4,950

Visit our website for details!







Delight in our HomeLifeStyle sections,

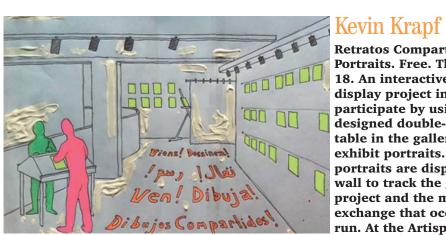
the second week of every month.

Peek at the top real estate sales, glimpse over-the-top remodeling projects, get practical suggestions for your home.

Questions? E-mail sales@connectionnewspapers.com or call 703-778-9431



ORANGE LINE CONNECTION



Retratos Compartidos/Shared Portraits. Free. Through Aug. 18. An interactive performance/ display project in which visitors participate by using a specially designed double-sided drawing table in the gallery to make and exhibit portraits. The shared portraits are displayed on the wall to track the growth of the project and the moments of exchange that occur during its run. At the Artisphere.

Email announcements to arlington@connection newspapers.com. Photos and artwork are welcome. Dead-

line is Thursday at noon.

MONDAY/AUG. 13

Free Movie Night. 8 p.m. Free showing of Ramones Raw on two screens, plus tons of bonus footage. 2832 Wilson Blvd. Visit iotaclubandcafe.com.

WEDNESDAY/AUG. 15

Open Mic w/ Special Guest Hosts Todd and James. 8 p.m. - 12:30 a.m. Todd and James will play at 9:30 p.m. and two new sign-up times: 7:30 p.m. and 10 p.m. Admission free. 2832 Wilson Blvd. Visit iotaclubandcafe.com.

Ecuador Film Showcase 2012. 7-10 p.m. Organized by the Embassy of Ecuador, open to the public and this Wednesday's premiere will feature a complimentary reception beginning at 7 p.m., followed by remarks from the Ambassador of Ecuador to the United States, Nathalie Cely, and more. Visit www.ecuador.org.

THURSDAY/AUG. 16

Turtle Recall. 8:30 p.m. Turtle Recall is a local rock, pop, and folk band based in the Washington, D.C. area, and will play a mix of original music and cover songs.

\$10. 2832 Wilson Blvd. Visit iotaclubandcafe.com

The Fuzz will be performing party/rock music at
Whitlow's Bar & Grill at 2854 Wilson Blvd. 9:30 p.m. Visit whitlows.com/music.html

FRIDAY/AUG. 17

Crystal Bright and the Silver Hands. 9 p.m. Awardwinning musician and multimedia artist, Crystal Bright, and her band from Greensboro, N.C., will perform at Iota Club & Cafe, 2832 Wilson Blvd. \$10. Visit iotaclubandcafe.com

Buster Brown & The Get Down will be performing

party/rock music at Whitlow's Bar & Grill at 2854 Wilson Blvd. Visit whitlows.com/music.html

Rosslyn Outdoor Film Festival. Dusk. Free films

featuring political comedies. Blankets and chairs encouraged. Pre-show game and prizes. Located at Gateway Park on Lee Highway near Key Bridge. Visit www.rosslynva.org.

SATURDAY/AUG. 18

Taylor Carson Band will be

performing Indie/rock music at Whitlow's Bar & Grill at 2854 Wilson Blvd. 10 p.m. Visit whitlows.com/ music.html

Workday Music

The Rosslyn BID presents their Lunchtime Concert Series. Local bands will play a variety of tunes:

Wednesdays at CentralSpace, Wilson Blvd. & N. Moore St. through Aug. 29, 11:45 a.m. - 1:30 p.m. Thursdays at the Farmers Market, Wilson Blvd. & N. Oak St., through Oct. 25, 11:45 a.m.-1:30 p.m.

Go Dancing

At the Ballroom at Artisphere, 1101 Wilson Blvd., Arlington. Call 703-228-1850.

Salsa Tuesdays. 7:30 to 8:30 p.m. dance class; 8:30 p.m. to 11 p.m. dancing. **Dance Wednesdays.** 7:30 to 8:30 p.m. dance

classes; 8:30 to 11 p.m. dancing. Tickets are \$15/ \$12 at door. On Wednesdays, dance the night away at Artisphere to zydeco, cajun, rock, R&B and

11:01 Saturday Nights. Starts at 11:01 p.m. Late-

Cafe. 8 p.m. "The 9" comes back to IOTA for it's monthly residency with another great lineup of musicians including: Amanda Lee, Howard Jennings, Bobbie Allen, Tom O'Connor, Justin Trawick, Kate Moran, Sharif, Ted Hovis and James Stevens. \$10. 2832 Wilson Blvd. Visit

WEDNESDAY/AUG. 22

iotaclubandcafe.com.

Open Mic w/ Guest Hosts Todd and James. 8 p.m. -12:30 a.m. Todd and James will play at 9:30 p.m. and two new sign-up times: 7:30 p.m. and 10 p.m. Admission free. 2832 Wilson Blvd. Visit iotaclubandcafe.com.

THURSDAY/AUG. 23

Jeff From Accounting will be performing party/rock music at Whitlow's Bar & Grill at 2854 Wilson Blvd. 9:30 p.m. Visit whitlows.com/music.html

FRIDAY/AUG. 24

Dyverse City will be performing rock/funk/party music at Whitlow's Bar & Grill at 2854 Wilson Blvd. 10 p.m. Visit whitlows.com/music.html

Rosslyn Outdoor Film Festival. Dusk. Free films featuring political comedies. Blankets and chairs encouraged. Pre-show game and prizes. Located at Gateway Park on Lee Highway near Key Bridge. Visit www.rosslynva.org

SATURDAY/AUG. 25

Justin Jones performing at Iota Club and Cafe. 9 p.m. Washington, D.C.-based singer and songwriter will perform. \$12. 2832 Wilson Blvd. Visit iotaclubandcafe.com.

DJ's Pork & Beans will be performing Top 40/hip hop music at Whitlow's Bar & Grill at 2854 Wilson Blvd. 10 p.m. Visit whitlows.com/music.html

SUNDAY/AUG. 26

You Won't to perform at Iota Club and Cafe. 8:30 p.m. \$10. 2832 Wilson Blvd. Visit iotaclubandcafe.com.

THURSDAY/AUG. 30

50 Man Machine will be performing reggae/ska music at Whitlow's Bar & Grill at 2854 Wilson Blvd. 9:30 p.m. Visit whitlows.com/music.html

FRIDAY/AUG. 31

Flow in the Dark will be performing rock/ hip hop/ party music at Whitlow's Bar & Grill at 2854 Wilson Blvd. 10 p.m. Visit whitlows.com/music.html

AUG. 24 TO NOV. 4

Beyond the Parking Lot: The Change and Re-Assessment of Our Modern Landscape. Free.

Exhibiting artists include Amanda Burnham (Baltimore); Maya Ciarrocchi (New York); Julia Christensen (Oberlin, Ohio); Richard Crozier (Charlottesville); Frank Hallam Day (Washington, D.C.); Gregory Euclide (Le Sueur, Minn.); Alex Lukas (Philadelphia); Rachel Sitkin (Baltimore); and Trevor Young (Washington, D.C.). At

Ongoing

THROUGH AUG. 26

Andrew Thomas Huang's recent award winning work 'Solipsist' will be displayed on the Artisphere's video wall through August 26. The work has been described as "an explosion of image and sound, combining the movement of the human body with cutting edge graphic techniques to create a work that is a celebration of color and movement that is both exuberant and haunting. Free.

Heather Day: Onsite Painting Residency. Heather Day creates paintings that explore the relationships between urban decay and human interaction through the layering of texture, color and various mediums. At the Works in Progress Gallery at the Artisphere.

Robin Bell: Projections for Television. 4-11 p.m. weekdays; Noon - 11 p.m. Saturday; noon - 5 p.m. Sunday. Robin Bell is a multimedia artist based in Washington D.C. Bell combines his commitment to social change through the dissemination of information via video and his artistic vision as a live video artist in this exhibit. Located in the Artisphere, 1101 Wilson Blvd. Visit artisphere.com

WEDNESDAYS THROUGH AUG. 29

Twilight Tattoo. 7 p.m. An hour-long military pageant featuring Soldiers from the 3rd U.S. Infantry Regiment (The Old Guard) and The U.S. Army Band "Pershing's Own." Experience a glimpse into American history through performances by The U.S. Army Blues, vocalists from The U.S. Army Band Downrange, The Old Guard Fife and Drum Corps, and The U.S. Army Drill Team. Free, open to the public. On Whipple Field on Joint Base Myer-Henderson Hall. Visit http://twilight.mdw.army.mil/

THROUGH AUG. 31

Rosslyn Area Toastmasters- First Edition.

Fridays 12-1 p.m. First Edition Toastmasters in Rosslyn invites members to improve public speaking skills. Visitors welcome. 1616 N. Fort Myer Dr. Visit http://www.firsteditiontm.org/

THROUGH SEPT. 2

Doug Dupin and Maria Stenzel: Short Life of **a Small Boat.** Free. An inexpensive boat is made, used, and burned in one year. The four seasonal segments span the boat's one-year life. At the Bijou Theater at the Artisphere.

THROUGH SEPT. 16

Exhibit. Arlington Arts Center and The Studio Visit have invited two guest curators, Kristina Bilonick and Julie Chae. Each will bring her individual methodology and point of view to the selection, arrangement and contextualization of the works in the exhibition. Arlington Arts Center, 3550 Wilson Blvd. Call 703-248-6800 or visit www.findyourartist.org.

OCT. 3-24

Mask Making for Adults. Wednesdays 7-9 p.m. Get ready for Halloween with an introduction to mask making. Learn to cast the face, shape the mask and decorate. At the Education Lab in Artisphere, 1101 Wilson Blvd. Visit artisphere.com.

THROUGH NOV. 4

Beyond the Parking Lot: The Change and Re**assessment of our Modern Landscape.** This exhibit shows contemporary landscapes, by

artists who are observing changes in our nation's parking lots and buildings. Located in the Terrace Gallery of the Artisphere, 1101 Wilson Blvd.

MONDAYS AND FRIDAYS

Storytime at Kinder Haus Toys. Storytime will begin at 10:30 a.m. Children attending events must be accompanied by adults. 1220 N. Fillmore. Visit kinderhaus.com or call 703-527

Virginia Socamu

Clarendon



TUESDAY/AUG. 21

and \$10 for ages 2-12.

SUNDAY/AUG. 19 Plushie Design. 2-4 p.m.

The 9 Songwriters Series to perform at Iota Club and

Create your own colorful, whimsical stuffed animal

them after each session. Cost of class includes all

with Beth Baldwin. Families take art work home with

materials. All ages are welcome. \$20 for ages 13-adult

Sports

Stewart a 'Humble' Star for Yorktown Football Team

Patriots enter 2012 with talent at skill positions, strong defense.

BY JON ROETMAN
THE CONNECTION

orktown running back M.J. Stewart rushed for 1,596 yards and 25 touchdowns in 2011. As a sophomore transfer from Bishop O'Connell, he helped lead the Patriots to their first undefeated regular season and a trip to the Division 5 Northern Region final.

Now entering his junior year, Stewart has received scholarship offers from Virginia, Maryland and Old Dominion, has two seasons left to terrorize opposing National District defenses and appears to have a bright future

One thing he doesn't seem to have is an inflated ego.

"He's a humble kid," said Yorktown head coach Bruce Hanson, who enters his 28th season leading the Patriots.

Ask Stewart about his role on a team that graduated a three-year starter at quarter-back and 4/5 of its offensive line and he quickly deflects attention to senior running back Arturo Brown, a transfer from Brooke Point, and first-year varsity quarterback Will Roebuck. Stewart is the star of a team that figures to once again compete for a region championship, but he still works hard and recognizes he has room to improve.

"MJ's a great player," senior linebacker Tyler Donnelly said. "Obviously, he's got bigtime schools coming for him ... and he realizes that and he's not complacent about it. He's out here working hard, always in the weight room, always at the 7-on-7s, just trying to get better. He's a part of the team and that's the one thing that gets overlooked the most: for such a big-time recruit, he is above all else a teammate."

While Yorktown lacks experience at quarterback and along the offensive line, Stewart is the leader of a group of talented skill-position players that gives the



Yorktown junior M.J. Stewart is a standout running back and defensive back.

Yorktown offense an opportunity to remain explosive one year after the Patriots averaged 38.7 points per contest. Hanson said it will be difficult for Stewart to surpass last season's statistical totals because more players figure to touch the ball, including the 5-foot-8, 167-pound Brown, who gives Yorktown another explosive running back.

"He's a very athletic kid and he's very tough," Hanson said. "... We kind of knew he was good because we saw him on YouTube."

Senior receivers Micah Gregory and Nick Yore, and tight end Bennett Vogelsang provide pass-catching threats. Roebuck, a junior who quarterbacked the Yorktown JV last season, takes over for three-year starter Jordan Smith.

On the offensive line, junior tackle Teddy Schroeder is the only returning starter.

While the offense will battle inexperience at key positions, the Yorktown defense returns seven starters from a group that posted three shutouts in 2011 and held nine opponents to 15 points or fewer. While the graduation of second-team all-region linebacker Austin Browne creates a hole in the Patriots' 3-4 scheme, fellow inside backer

Donnelly has taken over as a leader.

"He's a very smart kid out on the field," defensive coordinator Wayne Hogwood said. "He's tough and aggressive and he's stepped into a leadership role this year that we didn't expect — it just came out of nowhere."

Donnelly had high praise for Hogwood.

"We have the best defensive coach in the state," Donnelly said. "I don't care who says what: Wayne is the best defensive coach in the state of Virginia. Under his tutelage and with our ability, we will again be a force to be reckoned with."

Stewart and Gregory are the team's safeties.

"A lot of times, when you have a team [as] good [as the 2011 team], you have a lot of seniors and ... it's hard to maintain it," Hanson said. "... This is the best team that we've had coming off a good year that we've had in a long time."

Last year, Yorktown went 12-0 before losing to South County in the region championship game.

Each of the Patriots' victories came by at least 14 points, with five of their wins coming by at least 34 points. But after nearly



Yorktown junior Will Roebuck enters his first season as a starting varsity quarterback.

three months of dominating opponents, Yorktown ended up on the wrong end of a blowout against South County, losing 37-13

"Coming up short last year," Stewart said, "was definitely a downer for everybody."

Yorktown has one change to its schedule this season: the Patriots will open with Bowie (Md.) on Aug. 31 rather than Wilson (Washington, D.C.). Yorktown will host Bowie, Herndon (Sept. 14), Stuart (Sept. 28), Edison (Oct. 5), Langley (Oct. 12) and Mount Vernon (Oct. 26). The Patriots will travel to face Wakefield (Sept. 7), Hayfield (Sept. 21), Falls Church (Oct. 19) and Washington-Lee (Nov. 2).

Hanson said the Patriots might have what it takes for another 10-0 regular season, but downplayed the importance of such an accomplishment. He said he hopes the team stays humble — a demeanor exhibited by his star running back.

"Sometimes winning a lot of games is fun and all that, but if you want to win championships, sometimes you have to face some adversity," Hanson said. "We think that we're going to be good, but hopefully we're not cocky."

SCHOOL NOTES

Alina Kramer is the recipient of the 2012 Pamplin Leader Award at Yorktown High School. The Pamplin Leader — a one-year, \$1,000 tuition scholarship to Virginia Tech — is presented annually to a top student from each public high school in Virginia. It was established by Robert B. Pamplin, Dr. (VT, Class of 1933) and Robert B. Pamplin, Jr., to acknowledge students with a record of outstanding academic achievement that is balanced with a commitment to community service and leadership

Kramer also received a \$4,000 scholarship for her academic achievement and leadership from the National Capital Region Chapter of the Virginia Tech Alumni Association.

Kramer will attend Virginia Tech this fall and

will major in mathematics with the goal of teaching math at the high school level.

John Brigagliano and **Gretchen Schneider**, both of Arlington, VA, were named to the Dean's List at Wake Forest University for the Spring 2012 semester.

Lauren Brooks of Arlington, a student at Fairleigh Dickinson University's College at Florham, located in Madison, N.J. has been named to the Honor's List for the Spring 2012 Semester.

June 18, University of Phoenix announced that it has teamed with the YMCA of Metropolitan Washington to award five full-tuition scholarships to recipients in Maryland, Virginia and Washing-

ton, D.C.Each scholarship allows a local YMCA member, parent, volunteer or staff member the opportunity to complete an undergraduate or master's degree program at University of Phoenix. Local recipient of the YMCA of Metropolitan Washington Scholarship Janee McNeill Hawkins, of Arlington, was selected based on her educational goals and plans to positively impact her community.

Arlington resident **Providence Smith** was named to the dean's list for the 2012 spring semester at Messiah College. Smith is a junior majoring in sociology and anthropology.

Amy R. Law of Arlington, has been named to the dean's list for the spring 2012 semester at the

University of Vermont. Law is a senior Nutrition and Food Sciences major in the College of Agriculture & Life Sciences.

The Virginia Society of Certified Public Accountants (VSCPA) Educational Foundation recently selected its college scholarship recipients for the 2012-2013 academic year. This year the foundation awarded \$44,000 in undergraduate, graduate, doctoral and minority scholarships to 25 accounting college students across Virginia.

The Arlington residents who received scholarships are **April Jung**, who received a VSCPA Minority Scholarship of \$1,000 and **Mary Scott** with a VSCPA Graduate Scholarship of \$1,000.

A Pill a Day...

By KENNETH B. LOURIE

Hopefully will keep the cancer at bay. (I'd say "away," but let's be realistic, three and a half years past a NSCLC diagnosis, there is no way, generally speaking, that stage IV lung cancer disappears into the ether; it's classified as stage IV for a reason. However, there are many – and varied - non-traditional and not particularly Western and/or A.M.A./American Cancer Society-approved alternatives to fight this insidious disease, many of which, about 20 or so, I have incorporated into my overall treatment regimen. Moreover, if my continuing survival reflects anything, it is an affirmation of what former N.C. State basketball coach Jim Valvano said in 1993, in one of his last public appearances before succumbing to bone cancer, on ESPN's inaugural ESPYs Award show, as the first recipient of the "Arthur Ashe Courage and Humanitarian Award": "Don't give up, don't ever give up." And so I haven't.)

Besides, where's the future in giving up or giving in? That's not to infer that the last few years haven't been incredibly challenging, because they have. Emotionally for sure, physically not quite as much. Although chemotherapy is all it's cracked up to be; some treatment (drugs) were definitely worse (side effects/quality of life) than others. Fortunately for me, amazingly in fact, through it all, I have been relatively asymptomatic with minimal/manageable side-effects and zero hospitalizations. Nevertheless, cancer's reputation as a killer is well-documented and hardly the kind of diagnosis one can ever take with a grain of salt - maybe better taken with a grain of alcohol.

Every day, every doctor's appointment, every scan, every time you have your blood drawn, every change in how you think and how you feel, relate to the undeniable fact (and believe me, I've tried to deny it; it's a good defense/self-preservation mechanism) that you (meaning me) have cancer, and not just a garden variety, but rather the incurable kind, according to my oncologist: stage IV. Defined as metastasized, inoperable, with a "13-month to two-year prognosis." (Given to me late February, 2009.)

But here I am, still. I have outlived my prognosis (but hopefully not my usefulness) by a significant - to me, length of time: years, depending how you calculate. However, does that significance move me closer than ever to the end of my writing all these lines? I don't want to think that, but whatever cancer does to you physically, it's equally bad – in my experience/opinion on your mind/thought process. Thinking straight, thinking clearly, thinking objectively, thinking unselfishly; all become collateral damage as a result of your cancer diagnosis. Fighting through these difficult-to-control emotions is the bane of my existence, an existence I'm lucky to still have. My next CT Scan is in September, two months after I will have peen taking my daily "targeted therapy" chemotherapy-type pill. Then I'll know how I really feel. Until then, life goes on. And so far, this pill seems not to be making a bad situation any worse; a non-side effect for which I am extremely grateful.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

LMPLOYMENT

ZONE G: • ARLINGTON • GREAT FALLS McLean
 Vienna/Oakton

not working in

other papers?

way to fill

your

employment

openings

Target your best job

candidates where

Reach readers in

addition to those

who are currently

looking for a job.

Proven readership.

CONNECTION

703-917-6464

newspapers.com

Great Papers • Great Readers

Great Results!

to your community

Proven results.

they live.

Try a better

703-917-6400

ZONE 6 AD DEADLINE: Monday Noon

21 Announcements

TELEPHONE WORK AT HOME! VATIONAL CHILDRENS CENTER

301-333-1900

TELEPHONE WORK AT HOME! NATIONAL CHILDRENS CENTER 301-333-1900

Sr. Software Developer

Req BS/MS in comp science, info sys or eng + 6 yrs exp (4 YR exp w/ MS) Job inArlington, VA. Email resumes to Advanced Management Technology, Inc. - kelli.rheinhardt@tetratech.com. EEO Employer.

Licensed CNA's Needed

Home health agency in Northern VA, seeking CNA's licensed in Virginia for work in patient homes. Please apply online at www.icareinc.com No phone calls.

Join Our Team of Professional Pet Sitters and Mid-Day Dog Walkers! REQUIREMENTS:



MUST be 18 Years Old Must have a valid driver's license

Must have a reliable car and cell phone - Excellent written and verbal communications Need access to the Internet

2 times per day - Professional and reliable

APPLY ONLINE TODAY: http://www.beckyspetcare.com/our-company/jobs/

HOW TO SUBMIT ADS TO

INECTION

Newspapers & Online

CLASSIFIED DEADLINES

Zones 1, 5, 6	Mon @ nooi
Zones 2, 3, 4	Tues @ nooi
E-mail ad with	zone choices to:
classified@connec	ctionnewspapers.com
or call Andrea	@ 703-778-9411

EMPLOYMENT

Tues @ 11:00
Tues @ 4:00
Wed @ 11:00
Wed @ 1:00

E-mail ad with zone choices to: classified@connectionnewspapers.com or call Andrea @ 703-778-9411

ZONES

Zone 1: The Reston Connection The Oak Hill/Herndon Connection

Zone 2: The Springfield Connection The Burke Connection The Fairfax Connection

The Fairfax Station/Clifton/ Lorton Connection

Zone 3: The Alexandria Gazette Packet The Mount Vernon Gazette **Zone 4:** Centre View North

Centre View South **Zone 5:** The Potomac Almanac **Zone 6:** The Arlington Connection

The Vienna/Oakton Connection The McLean Connection

The Great Falls Connection

4 RE for Sale

Employers: Free List with Pictures Of Bank Foreclosures and Short Sale Properties. Are your NOVADistressedHomes.info Free recorded message 1-800-393-7105, ID #1042 Elite Realty Group, LLC recruiting ads

26 Antiques

DISTRESS SALES

We pay top \$ for antique furniture and mid-century Danish/modern teak furniture, STERLING, MEN'S WATCHES, jewelry and costume jewelry, paintings/art glass/clocks. Schefer Antiques @ 703-241-0790. Email:theschefers@cox.net

Help for people with Macular Degeneration

21 Announcements

Find out if special glasses can help you see better.

Call for a FREE phone consultation with Dr. Armstrono Optometrist

(866) 321-2030

Dr. David L. Armstrong VirginiaLowVision.com

Offices in: Roanoke, Charlottesville, Harrisonburg, Wytheville

21 Announcements

21 Announcements

21 Announcements

IT'S HARVEST TIME FOR YOUR BUSINESS!

Reap rewards when you advertise through Virginia Press Services' Statewide Display Advertising Network!

Place your business card-size ad in more than 65 newspapers and your message will reach more than 800,000 Virginians. CONTACT THIS NEWSPAPER or Adriane Long,

Virginia Press Services, 804-521-7585 or adrianel@vpa.net.



21 Announcements

21 Announcements

21 Announcements



4BR Home in Christiansburg (5) Townhomes in Blacksburg Great Location - Great Opportunity Sale #2: Wed, Aug.29 at 10AM

3BR, 2BA Home in Radford **Details at TRFAuctions.com**

5 TOWNHOMES

TRF Auctions VAAF501 434.847.7741

21 Announcements 21 Announcements 21 Announcements

ABSOLUTE

328,000 \pm SF MFG. FACILITY ON 141 \pm AC INTERIOR RAIL ACCESS • SHENANDOAH VALLEY



FORECLOSURE • 10,000 ± SF 2-Story Front Office •5,000± SF Interior Plant Office • 3± Miles to Interstate 81

PROPERTY TOUR: 8/23 @ 2PM ON-SITE SALE: 182 Johns Manville Dr., Edinburg, VA 22842

8/30@2PM



McLean
 Vienna/Oakton

ZONE 6: • ARLINGTON • GREAT FALLS HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

703-917-6400

ZONE G AD DEADLINE: Monday Noon

CLEANING

CLEANING

A CLEANING SERVICE

Since 1985/Ins & Bonded Quality Service at a Fair Price

Satisfaction Guaranteed-Angies List 2011-Super Service Award! Comm/Res. MD VA DC

acleaningserviceinc.com

703-892-8648

ELECTRICAL

K&D ELECTRIC COMMERCIAL / RESIDENTIAL SERVICE

Ceiling Fans Phone/CATV

Licensed/Bonded/Insured

Computer Network Cabeling Service Upgrades Hot Tubs, etc.

Office 703-335-0654

Mobile 703-499-0522

GUTTER

Gutters and Downspouts Cleaned Small Repairs • Gutter Guards

PINNACLE SERVICES

lic/ins 703-802-0483 free est. email iamie@lawnsandgutters.com web: lawnsandgutters.com
Friendly Service with a Friendly Price!

IMPROVEMENTS IMPROVEMENTS

The HANDYMAN A DIVISION OF NURSE CONSTRUCTION

BATHROOM REMODELING, DRYWALL, $\,$ Painting, Ceramic tile, Carpentry, **POWER WASHING & MUCH MORE**

You have tried the rest - NOW CALL THE BEST!! Proudly serving Northern VA - 46 We Accept VISA/MC

Licensed Insured

703-441-8811



R&N Carpentry

+BASEMENTS →BATHS →KITCHENS Foreclosure specialist/Power washing

◆Exterior Wood Rot More! Deck & Fence repair, Screen Porches

No jobs too large or small 37 yrs exp. Licensed, Insured **703-987-5096**

R.N. CONTRACTORS, INC.

Remodeling Homes, Flooring,

Siding, Roofing, Additions &

Patios, Custom Deck, Painting

Kitchen & Bath, Windows,

LANDSCAPING

A&S LANDSCAPING Planting • Mulching • Sodding

Patios · Decks · Driveway Sealing Asphalt • Retaining Walls on Control • Drainage Solution 703-863-7465

IMPROVEMENTS

LAWN MOWING •Trimming •Leaf & Snow •Removal •Yard Clearing •Hauling •Tree Work

LANDSCAPING

ANGEL'S

A&S Landscaping

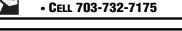
- All Concrete work
- Retaining Walls
 Patios • Decks • Porches (incl. screened) • Erosion & **Grading Solutions**
- French Drains Sump Pumps
- Driveway Asphalt Sealing

703-863-7465 LICENSED Serving All of N. Virginia

LANDSCAPING LANDSCAPING

JUAN'S LANDSCAPING

- COMPLETE TREE SERVICE MASONRY HAULING • BACKHOE • EXCAVATING • POWER WASHING
- HANDYMAN PAINTING TRASH REMOVAL DRYWAL Res./Com. • Free Estimates



.AWN MOW MOWING TRIMMING EDGING, HEDGE TRIMMING, MULCHING, SODDING, GUTTER CLEANING

PINNACLE SERVICES

lic/ins 703-802-0483 free est. email:jamie@lawnsandgutters.com web: lawnsandgutters.com riendly Service with a Friendly Pric

.E.S Services **LANDSCAPE & CONSTRUCTION**

- PatiosWalkways Retaining Walls
- Drainage Problems
- Landscape Makeovers

Call: 703-912-6886 **Free Estimates**



ALBA CONSTRUCTION INC.

CONCRETE WORK

Licensed • Insured Driveways • Patios • Exposed Aggregate Sidewalks • Carports • Pool Decks • Garages Flagstone • Brick• Stonework

703-204-0733

Picture Perfect Home Improvements (703) 590-3187 www.pphionline.com

Remodeling Bathrooms, Kitchens & Basements

We Accept All Major Credit Cards

Licensed, Insured, Bonded • Free Estimates • Class A Lic

Phone: 703-887-3827 Fax: 703-830-3849 E-mail: rncontractorsinc@gmail

- FREE Estimate. Exterior & Interior Repair,
- FAST & Rehable Service
 EASY To Schedule Painting, Carpentry, Wood Rot,
- NO \$\$\$ DOWN! Drywall, All Flooring, Decks

<u>Available</u>

"If it can be done, we can do it" Handyman Services Licensed - Bonded - Insured

Potomac Masonry /03-498-8526

New Installations & Repairs Stone - Flagstone - Brick - Concrete FREE ESTIMATES!!



Lic. & Ins potomac-masonry.com



HAULING

AL'S HAULING Junk & Rubbish Concrete, furn., office, yard, construction debris

Low Rates NOVA 703-360-4364 703-304-4798 cell

7 DAYS A WEEK

ANGEL'S HAULING

Spring General Yard Cleanup, Tree & Trash Removal Cars Removed

703-863-1086 703-582-3709 240-603-6182

MULCH

DR. DIRT

If you need Dirt or Mulch for your Backyard call DR. DIRT at 703-517-2657 REASONABLE PRICE. FAST SERVICE.

MASONRY

PAINTING

PATRIOT PAINTING

www.PatriotPainting.net Wallpaper Removal, Carpentry, Power Washing. Int/Ext Painting

ree Est. • Satisfaction Gua

703-502-7840 Cell 571-283-4883

PAVING

Joseph Sealcoating Specialist **PAVING**

35 Years Free Experience! Estimates! 703-494-5443

TREE SERVICE

ANGEL'S TREE REMOVAL Brush & Yard Debris Trimming & Topping Gutters & Hauling

BRICK AND STONE Custom Masonry 703-768-3900

www.custommasonry.info Patios, Walkways, Stoops, Steps, Driveways Repairs & New Installs · All Work Guranteed

3dr Generation Masonry Company Family Owned & Operated Since the 1950s

MASONRY SPECIALIST,

For All of Your Masonry Needs Custom Design, Installation, Repairs & Restoration

BRICK - FIELDSTONE FLAGSTONE - CONCRETE BE **EP Henry & Belgard Pavers**

Patios, Walkways, Driveways, Retaining & Decorative Walls 703-443-2308

Go to www.masonryspecialist.com for ideas, pictures & coupons All Work Guaranteed - Licensed & Fully Insured Class A License #VA2705087240A

ROOFING

ROOFING

Falcon Roofing



falconroofinginc.com

TREE SERVICE TREE SERVICE

Charles Jenkins TREE SERVICE

Mulching & Edging 10% off with Seniors w/ad

ALSO MULCH DELIVERY Lic. & Ins! 540-829-9917 or 540-422-9721

BULLETIN BOARD

Saturday/Aug. 18

Runner Workshop Series. 3-4 p.m. Entitled "Don't Let Iniuries Finish Your Running Ambitions," these one-hour workshops will focus on running mechanics and preventing and managing common runner injuries. Workshops start at Ballston Crossfit, 1110 N. Glebe Rd. Reserve your spot by sending an email to steve@wilsonbridgehalf.com.

Basic Literacy Tutor Training Workshop. Looking for more than 75 new volunteer Basic Literacy tutors to help area English-speaking adults learn to read and write. Those who wish to volunteer must attend both sessions of the workshop. Each tutor will be trained, matched with a student, and encouraged to meet weekly for an hour and a half to help the student improve his or her reading and writing skills. At James Lee Community Center, 2855 Annandale Road. \$40 required fee for books and materials. For more information, e-mail volunteers@lcnv.org or call 703-237-0866 x111.

Aug. 20, 27

Meditation and Buddhism introductory

classes on Mondays from 7 p.m. to 8:30 p.m. Classes will include the basics of meditation, Buddha's teachings, and more. There will also be guided meditation and Q&A. The class is taught by lay Buddhist Teacher Chris Jamison, and everyone is welcome. Vairavogini Buddhist Center is located at The Griffin Center, 3800 Fairfax Dr., Suite 5, Arlington VA. For more information, call 202-986-2257 or go to www.meditation-dc.org.

Monday/Aug. 20

"Gaining on the Achievement Gap" panel discussion. Arlington Learning in Retirement Institute (ALRI) is sponsoring a panel discussion on "Gaining on the Achievement Gap" from 3-4:30 p.m. at the Arlington Central Library, 1015 Quincy St. The focus will be on school achievement levels by students from minority communities. Dr. Robert G. Smith, former Superintendent of Arlington Schools, will lead the panel discussion. The public is invited. For more information call ALRI at 703-228-2144.

Saturday/Aug. 25

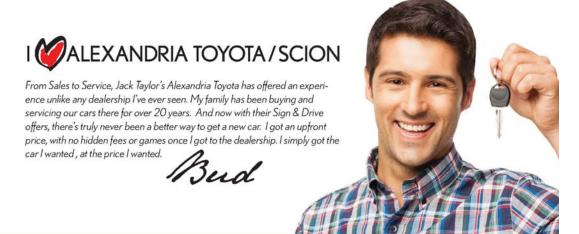
Community Resource Fair. 11 a.m.-3 p.m. Meet potential employers, job placement organizations, and non-profits which can help you with your tax issues, financial literacy matters, business assistance issues, and provide health screenings and education. Arlington Central Library Auditorium, 1015 N. Quincy St.



55 + Travel Bus Arrives

Arlington County has purchased a new 41 passenger coach-style bus for the 55+ Travel Program administered by the Office of Senior Adult Programs, a unit of the Department of Parks and Recreation. The new ADA-equipped bus has a wheelchair lift, aisle trac lighting and DVD/CD with six viewing screens. Its inaugural trip will be Thursday, Aug. 16 with a trip to the Baltimore Museum of Industry and B&O Railroad Museum. For more information about 55+ Travel, call 703-228-4748.







UPGRADE TO A NEW TOYOTA AND LOWER YOUR MONTHLY PAYMENT

ON APR FINANCING + \$1,500 OVER KELLEY BLUE BOOK¹

FAIR VALUE FOR YOUR TRADE

BRAND NEW 2012 TOYOTA COROLLA L

DUE AT SIGNING \$239 PER MONTH¹ 4DR, 4-SPD AUTO.



\$999 DOWN \$209 PER MO.² \$1999 DOWN \$179 PER MO.² \$2999 DOWN \$159 PER MO.²

BRAND NEW 2012 TOYOTA CAMRY LE





\$999 DOWN \$249 PER MO.² \$1999 DOWN \$219 PER MO.² \$2999 DOWN \$199 PER MO.²

BRAND NEW 2012 TOYOTA RAV4 4X4





\$999 DOWN \$259 PER MO.² \$1999 DOWN \$229 PER MO.² \$2999 DOWN \$209 PER MO.²



O% APR FINANCING



PRIUS FAMILY IN-STOCK NOW prius goes plural





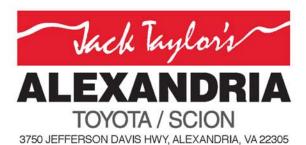
The Best New Cars Make The Best Used Cars

- 7YR/100K MILE ROADSIDE ASSISTANCE PLAN†
- 160 POINT QUALITY ASSURANCE INSPECTION**
- · CARFAX VEHICLE HISTORY REPORT
- · 2.9% APR FINANCING AVAILABLE***
- 12 MO/12K MI COMPREHENSIVE WARRANTY
- 7 YR./100K MI LIMITED POWERTRAIN WARRANTY

\$1,000
REBATE FOR RECENT
COLLEGE GRADS

\$500 MILITARY REBATE INCENTIVE FOR ACTIVE MILITARY PERSONEL⁷

(1) OFFERS INCLUDE VA TAX, FREIGHT, \$399 PROCESSING FEE. ACQUISITION FEE AND \$0 SECURITY DEPOSIT. 36-MONTH LEASE WITH 12K PER YEAR. (2) TOTAL DOWN PAYMENT PLUS TAX, TAGS, FREIGHT AND \$399 PROCESSING FEE. DUE AT SIGNING. (3) 0% APR FOR A LIMITED TIME ON SELECT NEW TOYOTA WITH APPROVED TIER1+ CREDIT THROUGH TFS. EXCLUDES \$399 DEALER DOC FEE. (4) BASED ON KELLEY BLUE BOOK FAIR TRADE VALUE MINUS EXCESS MILEAGE AND RECONDITIONING. (5) COVERS NORMAL FACTORY SCHED-ULED SERVICE FOR 2 YEARS OR 25K MILES, WHICHEVER COMES FIRST. THE NEW VEHICLE CANNOT BE PART OF A RENTAL OR COMMERCIAL. FLEET. SEE PARTICIPATING DEALER FOR COMPLETE PLAN DETAILS. VALID ONLY IN THE CONTINENTAL UNITED STOYATS AND ALASKA. (6) TOYOTA FINANCIAL SERVICE COLLEGE GRADUATE PROGRAM IS AVAILABLE ON APPROVED CREDIT THROUGH A PARTICIPATING TOYOTA DEALER AND TOYOTA FINANCIAL SERVICES. NOT ALL APPLICANTS WILL QUALIFY. REBATE OFFERED BY TOYOTA MOTOR SALES, U.S.A., INC. REBATE WILL BE APPLIED ON LEASE CONTRACTS, FIRST TOWARD THE DOWN PAYMENT ON FINANCE CONTRACTS, ONE REBATE PER FINANCE ON SALES, U.S.A., INC. REBATE WILL BE APPLIED ON LEASE CONTRACTS, FIRST TOWARD DUE AT SINGING OR DELIVERY, WITH ANY REMAINDER TO THE CAPITALIZED COST REDUCTION, OR TOWARD THE DOWN PAYMENT ON FINANCE CONTRACTS. ONE REBATE PER FINANCE OR LEASE TRANSACTION. NOT COMPATIBLE WITH THE TOYOTA COLLEGE GRADUATE REBATE PROGRAM. SEE DEALER FOR COMPLETE DETAILS. (8) ELIGIBLE CUSTOMERS MUST BE IN CURRENT ACTIVE DUTY STATUS IN THE U.S. MILITARY. (9) 0% APR FINANCING DETAILS. ALL OFFERS EXPIRE 88/31/12.



1-866-616-8420 ALEXANDRIATOYOTA.COM