

# Oak Hill ♦ Herndon CONNECTION

Matthew Ehlers and Madelin Ward with their instruments.  
Both are rising seventh-graders at Franklin Middle.

Fighting Crime,  
Discretely

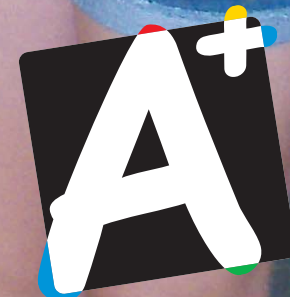
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Artists Pay Tribute  
To Margaret's Garden

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Beautiful Music

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EDUCATION  
LEARNING FUN  
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# TNS Chooses Reston Building As New Headquarters

**M**ichael Shuler and Rob Walters of Avison Young announced that TNS, Inc. has signed a lease for 120,000 square feet at 10740 Parkridge Boulevard in Reston, known as One Dulles Corridor. Avison Young represented the ownership while Rich Rhodes, Tom Birnbach and Dan Klueger of Cresa Partners negotiated the transaction on behalf of TNS. TNS will occupy floors one through four, leaving the top floors available for lease with unparalleled signage on the Dulles Toll Road. Additionally, the unique rooftop terrace will offer panoramic views of Tysons Corner.

This class A, trophy asset is now 56 percent leased and will offer new tenants an onsite fitness facility, deli and shuttle service to Reston Town Center and the future Wiehle Avenue metro station. The building,

completed in 2008, has a commanding presence on the Dulles Toll Road and is immediately accessible via the Hunter Mill interchange.

"We are very excited that TNS has chosen One Dulles Corridor for its new Northern Virginia headquarters," stated Mike Shuler of Avison Young. "TNS will take more than half of the building and is expected to occupy the property in June 2013."

For more information on leasing please contact Avison Young, 703-288-2700.

**The One Dulles Corridor building in Reston, where TNS will occupy floors one through four, leaving the rest open for lease. The building offers an onsite fitness facility, deli and shuttle service to Reston town center.**



COURTESY OF KATE KUHLMAN

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PHOTO BY ALEX MCVEIGH/THE CONNECTION

Guests at Herndon ArtSpace examine the various paintings that pay tribute to the garden of Margaret Thomas, where artists used to paint her vast collection of flowers.

## Tribute to Margaret's Garden

ArtSpace exhibit features art inspired by local gardener.

BY ALEX MCVEIGH  
THE CONNECTION

Almost 50 years ago, Margaret Thomas moved to Herndon, and after the death of her husband in 1974, she began using her five-acre farm to grow irises, selling them by the bunch for 75 cents each. Since then, the gardens surrounding her house became a haven for local artists and floral enthusiasts alike, open until sundown to anyone that wanted to take a look.

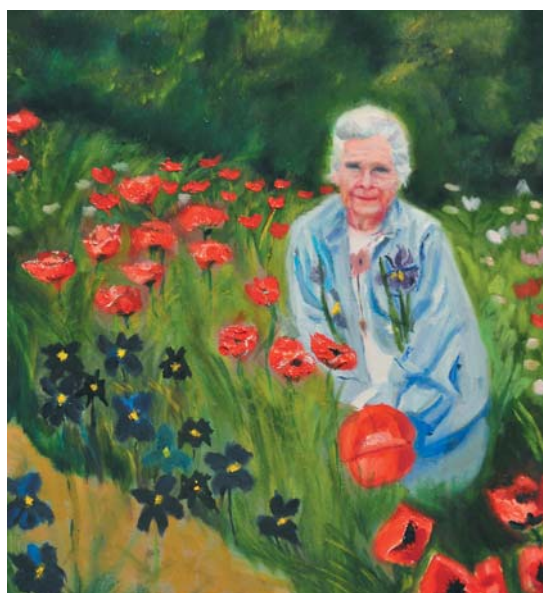
Thomas, who passed away May 25, 2011, is still fondly remembered by local artists, many of whom spent the last month displaying their garden-inspired work at Herndon ArtSpace.

Forty artists working in a variety of media submitted their work, each focusing on their lasting memories of a place that was special to them.

"When I first discovered Margaret's garden many springs ago, I was taken with the amazing colors and varieties of the flowers, especially the irises. My mother loved irises and they grew in our yard in Arlington when I was growing up," said Marianne Cordyack, who made several ceramic plates for the exhibit. "I was also taken with Margaret Thomas, who was so kind and interesting and knew everything about each variety of her flowers. I ordered some beautiful white irises that spring, picked them up ready to plant in the fall. They are still growing and blooming in my yard in Reston, having been divided many times."

The works featured a wide variety of viewpoints on the garden. Many featured brightly-colored irises, poppies and foxgloves. Several pieces also included partial or complete views of the Thomas house and a few even featured Thomas herself, surrounded by the flowers she loved. More than the flowers, the artists recalled how welcoming and accommodating Thomas was to her visitors.

"For us her garden was a yearly event. In the early spring we got in touch and together we went to paint in plain air the beautiful flowers," said Laura Chirillo. "Margaret was always most gracious and hospitable and I must say sometimes tolerant of all of us stepping throughout her garden."



BY MIREILLE MOLETTE

**"Mrs. Thomas Among Her Flowers," on display at Herndon ArtSpace as part of an exhibit paying tribute to Thomas, who had a local garden where she welcomed artists.**

Photographer Sandy Gherardi remembers a garden that "offered the repose in the midst of life's turmoil."

Another photographer, Lori McLaughlin, took her photos in September, many of pink and purple asters on the north side of the garden.

"I love the way the haziness of the summer combines with the purple flowers to create an almost psychedelic reality," she said.

For some artists, the garden reminded them of one of the most famous gardens in all of art history, Claude Monet's Giverny gardens in northern France. Diana Eichler, a painter from Reston, recalled one day as a student in the mid-nineties when she brought her equipment to the garden and got to work.

"Margaret's garden was stunning that day, and we were all a part of it," she said. "When I finally visited Monet's garden at Giverny some years later, I was struck by the similarities. Margaret's garden was her palette, just as Giverny was Monet's."

## Fighting Crime, Discretely

App offers discrete method of sending tips to police.

BY EDISON RUSS  
THE CONNECTION

Herndon native and chief executive officer of CrimePush, Shayan Pahlevani, is considering donating the CrimePush app, which allows users to discretely report crime, to the Herndon Police Department.

The app is free to download, but police departments, colleges and other schools typically pay to have it customized for their purposes. CrimePush also receives funding from state grants and from investors.

Pahlevani, a Capitol Hill resident, got the idea for the app after having his car broken into twice and being robbed at gunpoint. He then began working with his brother Eman Pahlevani and Samier Mansur with the goal of empowering people by creating a user-friendly way of contacting the police.

"So, the three of us—it was our brainchild—came up with the app together and left our day jobs to do this full time and try to do some good," Pahlevani said.

The app lets users report crimes by selecting from categories such as vandalism and sexual harassment and writing a message that will be sent to their police department's email. The app also uses a GPS to send the police the location the message was sent from.

CrimePush also has the ability to record audio and video or take pictures of crimes as a means of providing evidence for the police.

"If there's a video of an altercation happening, they might respond quicker," Pahlevani said.

Emails sent by CrimePush are checked during regular business hours and are not intended to replace 911 in case of emergency.

In addition to reporting crime, the app also has "check in," "distress" and "safety box" features, which were launched July 10 with the CrimePush beta.

The check in feature allows users to select from a list of



PHOTO BY ANUSHAY HOSSAIN

Shayan Pahlevani

messages to send to their emergency contacts, letting them know if the user has arrived somewhere safely.

The distress option allows users to either select a preset message or one of their own to send to their emergency and medical contacts and to their Facebook page.

The safety box contains a map of your GPS location, a list of numbers for organizations such as poison control and the National Domestic Violence Hotline and converts a phone's flash into a beam for use as a flashlight.

Pahlevani said they are also developing a "police dashboard," which will allow the police to run filters and searches on reports as well as record various data on crime, such as time of year and location, that could help to better predict crime patterns.

"All those analytics can really tell a powerful story and ultimately cut back on crime by allowing police to have better resources to fight it," Mansur said.

CrimePush's northern Virginia partnerships include Heritage High School in Loudoun County and the Arlington Police Department.

Heritage has been testing a pilot version of its app, CrimePush Heritage for fall, when the service will be made available to all Loudoun middle schools and high schools.

CrimePush is available for download from iTunes, Google Play and the Android market.

# Time for School

**Advice on how to transition from a laid-back summer to a hectic academic year.**

BY MARILYN CAMPBELL  
THE CONNECTION

**W**hen Ellen Feldman's 5-year-old son started school last fall, one of the biggest adjustments for the single mother of two was having to adhere to a schedule.

"All of a sudden we went from being able to do things on our own time frame to having to wake up and be at a certain place at a certain time," said Feldman. "Sending my son off to school for the first time was exciting, but also difficult."

From purchasing school supplies and new clothes to reuniting with friends and leaving home for the first time, the start of a new school year can bring about emotions that range from delight to anxiety.

"Back to school, which is a positive experience, has stress built into it," said Linda

Gulyn, a professor of psychology at Marymount University in Arlington, Va. "Any change is stressful, even a positive change. But kids will adapt quickly." The transition, said experts, is more manageable when parents develop a plan before the first day of classes.

"The more structure parents can give their kids before school starts, the better," said professional organizer Cecilia Anderson, a former teacher and the owner of Splendidly Organized, Inc. in Vienna. "If kids are given total free reign during the summer, they are not going to be in the right mindset for school."

Michele Claeys, associate head and middle school principal at the Norwood School in Potomac, believes that final days of summer break can be an ideal time for an academic brush-up: "There

are often skills that aren't used throughout the summer, but are important as school starts. Having children of all ages read as much as possible for pleasure throughout the summer, but also in the days leading up to the start of school, is a good idea because it is a sustained experience where they are focused on something for a long period time." Claeys also recommended giving children an opportunity to discuss their reading with friends.

**EXPERTS ALSO SUGGEST** establishing a sleep routine with a consistent bedtime. "If parents get started a full week ahead of time trying to get children into the routine of being awake and alert for the morning, it gives them a chance to get their bodies adjusted to the schedule that they will have to maintain for the whole year," said Claeys.

Reintroducing a back-to-school morning ritual can be an anxiety-inducing exercise

for some, especially after two months without a rigid agenda. According to professional organizers, a tactical plan can make the day-break drill more pleasant.

"Do as much as you can the night before. For parents who pack their kids lunches, it is important to have things ready to go and put in bags," said Anderson. For children who want the freedom of packing their own lunches, Anderson recommended dividing lunch options into food group and

allowing children to select one item from each group.

"You want to give your child a balanced meal," she said. "One day there might be tuna sandwiches, and turkey sandwiches on another day, and whatever snack goes along with it like cut-up vegetables. Have those ready to go and in bins and let children choose one thing from each bin. That way kids will have more ownership over their lunches and there will be few complaints."

Don't underestimate the importance of breakfast either: "A child won't have all faculties for learning if they haven't eaten well," said Anderson. "Some kids don't have lunch until 1 o'clock, so to go from 6 a.m. until 1 o'clock without food is tough. They need something that has protein. It doesn't have to be home-cooked eggs. It can be turkey sausages or lunchmeat, but a bag of chips and a monster drink is not a good breakfast."



PHOTO COURTESY OF SPLENDIDLY ORGANIZED

**Cecilia Anderson, a former teacher and the owner of Splendidly Organized in Vienna, encourages parents to begin creating a structured schedule for their children before the start of school.**



PHOTO COURTESY OF CLUTTERSOS

**Vienna-based professional organizer Susan Unger of ClutterSOS tells parents to create a color-coded calendar that includes each family member's events and activities.**

**TO AVOID** a last-minute morning search for errant permission slips or stray report cards, Vienna-based professional organizer Susan Unger of ClutterSOS urges parents to create a command center, a central location where all papers that must be signed and returned to school are kept. She adds that a chart outlining the morning tasks is another useful tool: "If children have a check list to look at, they can ask themselves, 'Have I brushed my teeth?' or 'Have I combed my hair?' The night before, choose clothes and put the backpack by the door."

Use a family calendar. "Another important thing is having a calendar that lists activities and sporting events and putting it in a place where everybody can see it and everybody knows the schedule," said Unger. "It also helps to color-code the calendar, so have one color for each child."

Before heading out to purchase new supplies or clothes for school, organizers suggest taking inventory. "You can see what you already have and what you need and make a shopping list from that," said Unger.

One of the most important components of creating a good start to a new school year is attitude, education experts agree. "Generally, it is helpful if parents help children see school as a fun, happy place where they can be stimulated and learn," said Claeys.

## "But I Don't Want to Go to School"

### Separation Anxiety and Other Resistances to School.

"Separation anxiety is a natural and healthy emotion," said Linda Gulyn, Ph.D., a professor of psychology at Marymount University in Arlington. "Developmental theory will say when children have separation anxiety, it is a sign that they are attached to the parent. That is a good sign."

Understanding an older child's resistance to school: "From a psychological point of view, it is important for parents to acknowledge the child's feelings," Gulyn said. "Even if you're looking at your 14-year-old and thinking she's being absolutely unreasonable, you have to say 'I understand how you feel. I get it.' Then the teen feels that they are being respected."

"For a lot of teens, there is a lot of pressure going into school mode, so that is legitimate anxiety. They might be saying, 'I now have three A.P. (Advanced Placement) classes. I have to play volleyball. I have to work part-time. I have all this stuff going on,' so the pressure is real," said Gulyn.

**"The more structure parents can give their kids before school starts, the better."**

— Cecilia Anderson

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NEWSPAPERS



PHOTOS BY BONNIE HOBBS/THE CONNECTION

**Franklin Orchestra Director Francesca Fitzgerald conducts the intermediate orchestra.**

## Making Beautiful Music

### Students participate in Franklin's Band and Orchestra Camp.

BY BONNIE HOBBS  
THE CONNECTION

**T**ake 710 students, 35 teachers and musical instruments of every size and shape and you get Franklin Middle School's Band and Orchestra Camp. This year's camp, the 27th annual, ran June 25-July 20; and over those four weeks, attendees received four hours a day of intensive instruction.

Rishabh Misra, a fifth-grader at Greenbriar West Elementary, was there for his second time. After seeing many of his older friends play the violin, he started playing it last summer and came to camp to learn it better.

"I like hearing how the bow can make a sound on the strings," he said. "At camp, the teachers are really nice and there's not as much homework. I'd recommend it to others because it's fun, you get a lunch break and you get to do music theory, too, not just playing."

Madelin Ward, a Franklin seventh-grader, chose the flute because of a relative who played it and discovered she liked it, too. "You get to create your own sound without a reed," she said. "And I can fit it in my backpack."

**AT CAMP FOR THE FIRST TIME**, Madelin said, "I wanted to get better at my instrument. I learned how to transfer easier from a natural note to a flat and I've definitely improved on sight reading. I also had a lot of fun."

Classmate Matthew Ehlers plays tenor saxophone and was at camp for his third time. "I like it so much because the saxophone teacher in my instrumental class, [Stephanie Longaria], is really good and helped me learn my scales," he explained. "I'd definitely recommend the camp to people wanting to improve. It doesn't take up all your day and all the teachers are great."



**Franklin eighth-grader Mark Stewart plays the tuba.**

Stephen Matthie is the orchestra director at Rocky Run Middle and has taught at the camp for five years now. This year, he directed the most advanced orchestra.

"I love the kids and we have a lot of fun," he said. "It's summer camp, so they want to be here and play their instruments. Otherwise, they might not have played at all [until school resumes]. If you don't play for months, you lose it, so this keeps them fresh and they don't have to play catch-up later."

Oak Hill fifth-grader and violinist Brandon Nguyen was a second-year camper and said he learned "a lot of stuff. This used to be my brother's violin so it's pretty special and I put karate ribbons on it when I learn new things. This year, I learned how to do slurs and shifting."

SEE SOUNDS OF SUMMER, PAGE 12

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### PUBLIC HEARINGS

The Metropolitan Washington Airports Authority is hosting three public hearings to inform and solicit comments from the community about proposed toll rate increases along the Dulles Toll Road beginning in 2013 to support the construction of the Dulles Corridor Metrorail Project and Dulles Toll Road improvements.

**These public hearings will be conducted in an open house format, from 5:00 p.m. to 8:00 p.m., as follows:**

**Thursday, September 6, 2012**

Stone Bridge High School - Cafeteria  
43100 Hay Road  
Ashburn, VA 20147

**Wednesday, September 12, 2012**

South Lakes High School - Cafeteria  
11400 South Lakes Drive  
Reston, VA 20191

**Thursday, September 13, 2012**

Spring Hill Elementary School  
8201 Lewinsville Road  
McLean, VA 22102

There will be informational exhibits about the Dulles Corridor Metrorail Project, the cost and financing of the Dulles Corridor Metrorail Project, the Dulles Toll Road and potential improvements that may be made to the Toll Road, the revenue anticipated to be raised as a result of the proposed toll rate increases, and how this additional revenue will be spent. Representatives from the Airports Authority will be present to discuss these items.

The public comment period on the proposed toll rate increases will run from August 17 through September 16, 2012. An "On-Line Open House" will be available on the Airports Authority website at [www.mwaa.com/tollroad](http://www.mwaa.com/tollroad) throughout the comment period. It will contain an explanation of the informational exhibits and a comment form. Comments may also be submitted at the public hearings, or mailed during the comment period to: Dulles Toll Road Proposed Toll Rate Increases, 3900 Jermantown Road, Suite 300, Fairfax, VA 22030.

For special assistance for persons with disabilities or limited English proficiency, citizens may call (703) 934-4639 at least 10 days prior to the hearing they wish to attend.

# Starting School Prepared

**First day of school on Sept. 4; local nonprofits provide school supplies and weekend food.**

**W**ith school beginning in a few weeks, area charitable organizations have been collecting contributions of new backpacks, calculators, other school supplies, money and gift cards and winter coats to help the tens of thousands of truly needy Northern Virginia students.

In Fairfax County alone, more than 40,000 students are poor enough to qualify for subsidized meals, and those students have mostly not had access to those meals over the summer since Fairfax County Public Schools no longer operates summer school.

Working poor families cannot easily outfit one or more children properly for school (think of the cost of a graphing calculator).

“For many families in our area who are working hard but struggling to make ends meet, the prospect of finding the funds to purchase new supplies for their children each year can be stressful,” said Lisa Whetzel, Our Daily Bread’s executive director. The organization was still \$3,000 and 200 backpacks short of its goal last week. To

help, contact Becca Brummett or Jennifer Rose at 703-273-8829 or holiday@ODBFairfax.org, or visit www.ODBFairfax.org.

One organization, Doorways for Women and Children in Arlington, aptly describes the challenges of some of Arlington’s students on its website: “Embarrassed and disappointed that their family can only afford to prioritize necessities as simple as groceries and rent, children living in poverty share a very different schooling experience than many of their peers.”

Arlington Doorways for Women and Families collects money, school supplies, winter coats and more for needy students. Contact Rachel Dove at rdove@doorwaysva.org or 703-504-9283 or www.doorwaysva.org/donate/seasonal-ways-to-give/backtoschool/

FACETS in Fairfax, which provided more than 300 students with backpacks filled with supplies last year, is collecting school supplies until Aug. 17, and welcomes financial contributions: FACETS Back to School Drive, 10640 Page Avenue, Suite 300, Fairfax. Drop donations between 9 a.m.-5 p.m., Monday-Friday, at 10640 Page Avenue, Suite 300, Fairfax. FACETS also seeks volunteers to help at special events where students will “shop” for their school supplies.

Reston Interfaith encourages residents to drop off Back-to-School-Drive items at Reston

Interfaith Administrative Offices, 11150 Sunset Hills Road, Suite 210, Reston. Contact Alacia Earley, volunteer and drives manager, 571-323-9568.

Northern Virginia Family Services Back to School Drive provides over 2,000 backpacks to youth in pre-K through college. On-site: Sort and organize school supplies, stuff backpacks and help distribute. Donate money or new school supplies at 13926 Metrotech Drive, Chantilly.

On Thursday, Aug. 30, county firefighters will distribute backpacks and school supplies for children throughout Fairfax County. They will distribute approximately 2,000 backpacks, with supplies to school administrators, teachers, and local shelters for children in need.

United Community Ministries also helps local students. Send donations to United Community Ministries, 7511 Fordson Road, Alexandria. Contact 703-768-7106.

Once school begins, some local nonprofits will start a different kind of backpack program, one that provides “weekend backpacks” for these children who might not have enough to eat. The weekend backpacks contain child-friendly foods that are high in nutritional value. Beginning in September, schools will assist in the distribution of these bags.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

## LETTERS TO THE EDITOR

## Getting Our Trees Back

To the Editor:

When I returned to Great Falls, after only a week away, I was absolutely shocked to find that our small but charming shopping place was completely changed—in fact I had to do a double take and almost did not recognize the place—it was totally naked. In one fell swoop, all the small flowering trees in the center of the parking lot had disappeared. We now have a very common-or-garden shopping center without the unique character and charm it had. We now have a center similar to all the other suburban shopping centers—flat, boring, sunburnt, naked places. We will not be greeted with dogwoods and redbuds next spring. At least we will not have to “fight” for some of the shade given by those trees next summer. When I asked around as to the reason for this “massacre,” the answer was July 29, 2012.

1. Without those trees, customers will be able to better see the signs of the stores. Is this a fair exchange for the lives of those small trees? (which are not oaks and maples etc., so they will not grow

to majestic heights and threaten to crash).

2. We, the people, have no right to question what has been done, the perpetrators claim they have had the Fairfax County permission. Is this our local democracy in action?

I think I can say that most us Great Falls residents will like to have our trees back – not in the size of new, weak saplings but of the same size and height when the old ones were killed. In some countries, for every tree one cuts down, one has to plant two more. All we are asking is to have replaced those which the perpetrators have killed.

**Pu-Chin Waide**

Great Falls resident since 1976, before the shopping center was constructed.

## TJ on Hot Seat

To the Editor:

TJ (Thomas Jefferson High School) has often been cited as one of the best schools in the country. It has been put on the hot seat for not prioritizing diversification of racial origins among the students it enrolls. Reading current newspaper reports on the Olympics in England has caused me to question this criticism of TJ. Pho-

tos show the three female sprinters representing the USA to be black and photos of the winning eight USA female rowers to be all white. Does this represent mistaken priorities held by our Olympic officials? Should striving for excellence be diluted by a policy of diversification? Should TJ have a quota in the future on accepting Asian students for admission? No easy answer to these valid questions.

**Bob Simon**

Reston Founder

## Questioning a ‘War on Women?’

To the Editor:

Recent criticisms of Barbara Comstock’s position on so-called “women’s issues,” and the concomitant accusations of a Republican “war on women” have left me frustrated. Our Constitution does not, and should not, guarantee access to free abortion and contraception. While some may believe that these represent important women’s health issues, others put a much higher priority on treating actual illnesses that afflict many women, such as cancer and

heart disease. A great deal of research suggests that both abortion and contraception may increase a woman’s likelihood of suffering from these prevalent life-threatening health problems. Whatever your position, it is extraordinarily unfair and deceptive to characterize those who prioritize health care issues differently as conducting a “war on women” or even as being insensitive to women’s health issues. As a woman myself, I rather prefer to see any government funds or any mandated funds from employers go to help those who need to fight life threatening illness. Moreover, I cherish the freedoms granted to me by our Constitution and Bill of Rights, which will diminish if the HHS mandate stands.

Believe it or not, there are many women who feel that no employer should be forced to provide abortion, abortifacient drugs, or artificial contraception. Many women note that there is no evidence that any of these things have improved women’s health. On the other hand, much proof exists that they have led to far more problems than they were supposed to solve.

**Laura Burke**

Great Falls

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# ENTERTAINMENT

Send announcements to [herndon@connectionnewspapers.com](mailto:herndon@connectionnewspapers.com). Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com).

## WEDNESDAY/AUG. 15

**John Prine and Emmylou Harris.** 7:30 p.m., at the Filene Center, 1551 Trap Road, Vienna. \$45 in-house, \$25 lawn. [www.wolftrap.com](http://www.wolftrap.com).

## THURSDAY/AUG. 16

**"Dirty Rotten Scoundrels."** 8 p.m., at the Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. A musical about two con men plying their "trade" in the French Riviera. \$23. [www.eldenstreetplayers.org](http://www.eldenstreetplayers.org).

**"At Home in Herndon."** Post Gallery ArtSpace Herndon, 750 Center Street, Herndon. The Herndon Town Calendar Photography Exhibit features finalists of the Herndon Town Calendar Photography Competition. Free. Exhibit runs through Sept. 9. [www.artspaceherndon.org](http://www.artspaceherndon.org).

## FRIDAY/AUG. 17

**"Dirty Rotten Scoundrels."** 8 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. A musical about two con men plying their "trade" in the French Riviera. \$23. [www.eldenstreetplayers.org](http://www.eldenstreetplayers.org).

## SATURDAY/AUG. 18

**Creature Feature.** 10 a.m.-Noon., at the Frying Pan Farm Park Visitor Center Auditorium, 2709 West Ox Road, Herndon. Meet domestic and exotic animals, enjoy live music, science experiments, Whole Foods Market treats and knowledge from biology, physical sciences and animal hospital doctors.

**Wine Tasting at Il Fornaio.** 4-6 p.m. Reston Town Center, 11900 Market Street, Reston. Five wines paired with antipasti. \$25 (plus tax & gratuity). Reservations at [banquets.reston@ilfo.com](mailto:banquets.reston@ilfo.com).

**"At Home in Herndon."** Post Gallery ArtSpace Herndon, 750 Center Street, Herndon. The Herndon Town Calendar Photography Exhibit features finalists of the Herndon Town Calendar Photography Competition. Free. Exhibit runs through Sept. 9. [www.artspaceherndon.org](http://www.artspaceherndon.org).

**"Dirty Rotten Scoundrels."** 8 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. A musical about two con men plying their "trade" in the French Riviera. \$23. [www.eldenstreetplayers.org](http://www.eldenstreetplayers.org).

**CINE CLASSICS Movie Series "E.T. the Extra-Terrestrial" (1982).** 11 a.m. Bow Tie Cinemas, 11940 Market Street, Reston. Seats \$5; \$4 for Criterion Club. 703-464-0816. [bowtiecinemas.com](http://bowtiecinemas.com)

**DC Fest Featuring Mercyme and Third Day.** 3 p.m. George Mason University Patriot Center, 4500 Patriot Circle, Fairfax. Also with Sanctus Real, Brandon Heath, Building 429, Kerrie Roberts and Lindsey McCaul. Tickets \$20-\$99. [www.ticketmaster.com](http://www.ticketmaster.com), 1-800-745-3000 or [www.patriotcenter.com](http://www.patriotcenter.com).

**Rio comes to Reston.** 7:30 p.m. Reston Town Center Pavilion, Market St., Reston. Belez. Samba, bossa nova and Latin jazz. [www.restontowncenter.com](http://www.restontowncenter.com).

## SUNDAY/AUG. 19

**"Dirty Rotten Scoundrels."** 7 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. A musical about two con men plying their "trade" in the French Riviera. \$23. [www.eldenstreetplayers.org](http://www.eldenstreetplayers.org).

**CINE CLASSICS Movie Series "E.T.**

[www.CONNECTIONNEWSPAPERS.COM](http://www.CONNECTIONNEWSPAPERS.COM)

**Annie Ermlick and Nathan Tatro in the Elden Street Players production of "Dirty Rotten Scoundrels."**



**the Extra-Terrestrial" (1982).** 11 a.m. Bow Tie Cinemas, 11940 Market Street, Reston. Seats \$5; \$4 for Criterion Club. 703-464-0816. [bowtiecinemas.com](http://bowtiecinemas.com)

**"At Home in Herndon."** Post Gallery ArtSpace Herndon, 750 Center Street, Herndon. The Herndon Town Calendar Photography Exhibit features finalists of the Herndon Town Calendar Photography Competition. Free. Exhibit runs through Sept. 9. [www.artspaceherndon.org](http://www.artspaceherndon.org).

## TUESDAY/AUG. 21

**"At Home in Herndon."** Post Gallery ArtSpace Herndon, 750 Center Street, Herndon. The Herndon Town Calendar Photography Exhibit features finalists of the Herndon Town Calendar Photography Competition. Free. Exhibit runs through Sept. 9. [www.artspaceherndon.org](http://www.artspaceherndon.org).

**Train with Matt Kearney and Andy Grammer.** 7 p.m. Filene Center, 1551 Trap Road, Vienna. \$48 in-house, \$35 lawn. [www.wolftrap.com](http://www.wolftrap.com).

## WEDNESDAY/AUG. 22

**Meet Me at the Movies - Senior**

**Movie Day.** 10 a.m. Bow Tie Cinemas, 11940 Market Street, Reston. Watch "One for the Money." Free to 55+. 703-435-6530.

**Open Mic Night.** 9:30 p.m.-1:30 a.m. Jimmy's Old Town Tavern, 697 Spring St., Herndon. Every Wednesday. Register your band at [BluesSlide@aol.com](mailto:BluesSlide@aol.com) or 703-593-5206. [www.jimmystavern.com](http://www.jimmystavern.com).

**Summer Dinner Cooking Class at Williams-Sonoma.** 6-8 p.m. Reston Town Center, 11900 Market Street, Reston. \$45. 571-203-8815. [williams-sonoma.com](http://williams-sonoma.com).

## THURSDAY/AUG. 23

**Local Beer Tasting Dinner at Market Street Bar & Grill.** 7 p.m. \$34 per person. Reservations at 703-925-8250. [marketsstreetbarandgrill.com](http://marketsstreetbarandgrill.com).

**Wine Dinner at Il Fornaio.** 7 p.m. Five-course dinner paired with wines. \$65 (plus tax & gratuity). Reservations at [banquets.reston@ilfo.com](mailto:banquets.reston@ilfo.com) or 703-437-5544. [ilfornaio.com](http://ilfornaio.com)

**"At Home in Herndon."** Post Gallery ArtSpace Herndon, 750 Center Street, Herndon. The Herndon Town Calendar Photography Exhibit features finalists of the Herndon Town Calendar Photography Competition. Free. Exhibit runs through Sept. 9. [www.artspaceherndon.org](http://www.artspaceherndon.org).

**"Dirty Rotten Scoundrels."** 8 p.m.

Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. A musical about two con men plying their "trade" in the French Riviera. \$23. [www.eldenstreetplayers.org](http://www.eldenstreetplayers.org).

## FRIDAY/AUG. 24

**"Dirty Rotten Scoundrels."** 8 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. A musical about two con men plying their "trade" in the French Riviera. \$23. [www.eldenstreetplayers.org](http://www.eldenstreetplayers.org).

**"At Home in Herndon."** Post Gallery ArtSpace Herndon, 750 Center Street, Herndon. The Herndon Town Calendar Photography Exhibit features finalists of the Herndon Town Calendar Photography Competition. Free. Exhibit runs through Sept. 9. [www.artspaceherndon.org](http://www.artspaceherndon.org).

## SATURDAY/AUG. 25

**"Dirty Rotten Scoundrels."** 8 p.m. Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. A musical about two con men plying their "trade" in the French Riviera. \$23. [www.eldenstreetplayers.org](http://www.eldenstreetplayers.org).

**A Swingin' Great Time.** 7:30 p.m. Reston Town Center Pavilion, Market St., Reston. Big Joe & The Dynafloes. New Orleans-style swing and jump blues. [www.restontowncenter.com](http://www.restontowncenter.com).

**Cooking Class at Il Fornaio.** 12 p.m. Three-course lunch with wine and recipes. \$45 (plus tax & gratuity). Reservations at [banquets.reston@ilfo.com](mailto:banquets.reston@ilfo.com) or 703-437-5544. [ilfornaio.com](http://ilfornaio.com)

**Disney and Film Art of John Rowe - Exhibition at ArtInsights.** 2-6 p.m. Reston Town Center, 11900 Market Street, Reston. Meet the artist and see the premier of original exclusive art from Disney film posters, plus Misty of Chincoteague books. 703-478-0778.

**Reston Concert on the Town Series - Big Joe & the Dynafloes.** 7:30-10 p.m. Reston Town Center, 11900 Market Street, Reston. [www.restontowncenter.com](http://www.restontowncenter.com).

**CINE CLASSICS Movie Series "Auntie Mame" (1958).** 11 a.m. Bow Tie Cinemas, 11940 Market Street, Reston. Seats \$5; \$4 for Criterion Club. 703-464-0816. [bowtiecinemas.com](http://bowtiecinemas.com)

## SUNDAY/AUG. 26

**30th Annual Reston Century Bike Tour.** 6 a.m. registration, Pavillion & W&OD Trail. Riders select 30, 63 or 100 mile routes. [restonbikeclub.org](http://restonbikeclub.org).

**CINE CLASSICS Movie Series "Auntie Mame" (1958).** 11 a.m. Bow Tie Cinemas, 11940 Market Street, Reston. Seats \$5; \$4 for Criterion Club. 703-464-0816. [bowtiecinemas.com](http://bowtiecinemas.com)

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PHOTOS BY ALEX MCVEIGH/THE CONNECTION

Runners prepare to enter the South Lakes High School track, the final leg of the Reston Youth Triathlon, Sunday, Aug. 12.

## Triathletes Swim, Bike and Run in Reston

Second annual youth triathlon raises scholarship funds.

BY ALEX MCVEIGH  
THE CONNECTION

**T**wo hundred and fifty children spent their Sunday morning swimming, biking and running around Langston Hughes Middle School and South Lakes High School on Aug. 12 as part of the second annual Reston Children's Triathlon, hosted by the YMCA, Fairfax County, Reston and the Reston Association.

Triathletes, ages 6 to 14, swam, biked and ran various distances depending on their age groups. Six to 8-year-olds swam 50 meters, biked 1.1 miles and ran .7 miles. Nine to 11 year-olds swam 100 meters, biked two miles and ran one mile, while 12 to 14-year-olds swam 150 meters, biked two miles and ran 1.4 miles.

**SWIMMERS STARTED** at the Ridge Heights Pool and biked along Ridge Heights Road and South Lakes Drive before running to the South Lakes track, where the finish line and cheering families awaited them.

"It was definitely very hard to finish, but my goal was not to have to walk the whole time and I didn't have to," said Stephanie Morgan, 11, of Falls Church. "The swimming might have been the hardest, because at the beginning you feel like you can go on forever, but once you try to get on your bike



Lauren Skinner, 10, of Reston, sprints to the finish line of the Reston Sprint Triathlon, Sunday, Aug. 12.

all soaking wet, you realize there's a lot more to go."

Douglas Janssen, 11, of Ashburn, said running was the toughest part for him.

"Biking and swimming are fun, because they're something you can do and be a little more relaxed," he said. "But running is mostly just for exercise and it's a little boring. And it wears me out more than the other two, so I'm glad it was last."

Herman Smith of Reston says the triathlon has led to several big changes for his daughter, Hannah, 10.

"Signing up for the event helped her learn how to ride a bike without training wheels, it always scared her, but once a few friends signed up, she didn't want to feel left out, and that meant dedicating herself to learning to ride," he said. "Between training for this event and watching the last week of track and field events in the

Olympics, I think she'll be really motivated to ride, bike and swim from now on."

With the event in its second year, some children, such as Gina Tutt's daughter Hailey, 9, used their experience to better prepare.

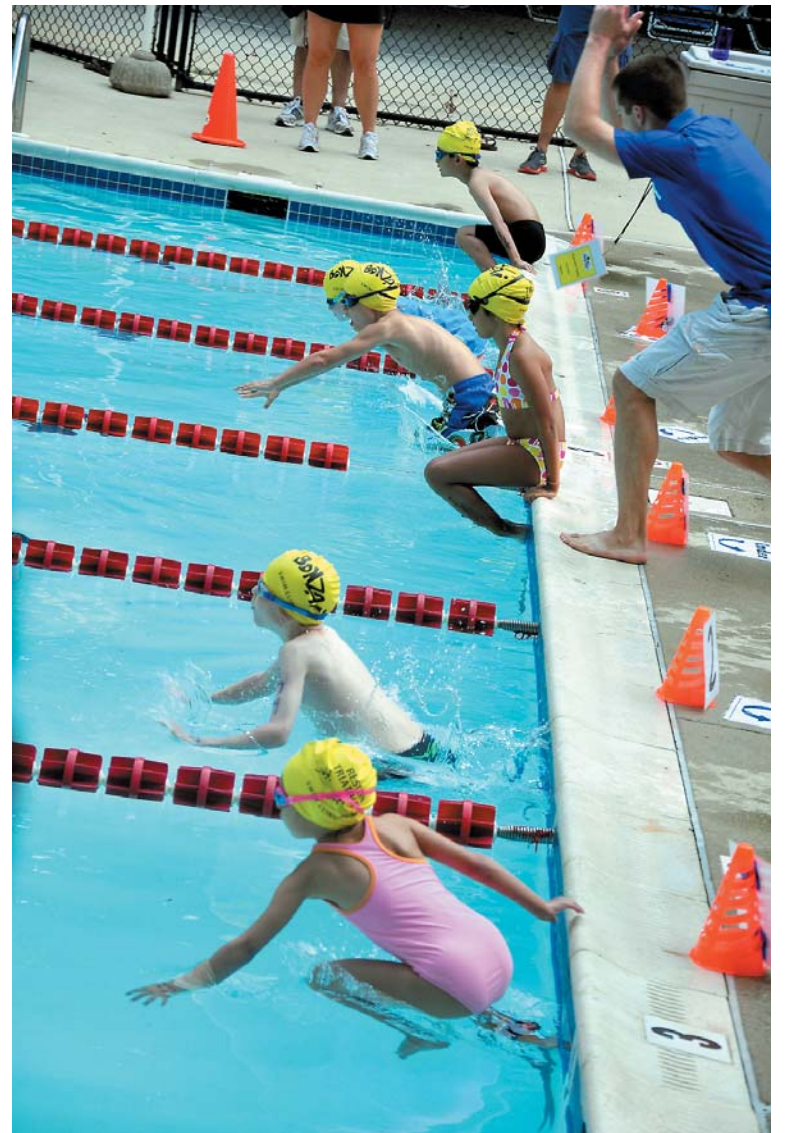
"Last year she was excited to be doing things with kids, and while she attended a few of the training clinics, it was definitely about having fun," she said. "But as she was getting ready for this year's, she was really dedicated. She was going on practice runs, rides and swims, and checking her times and she even practiced the transitions to shave off as many seconds as she could."

**FUNDS RAISED AT THE EVENT** went to youth scholarship programs, and 40 of the participants were able to do so because of scholarships that helped them register and get the equipment needed to participate.

"We didn't want people with an interest to not be able to participate because they didn't have the money to get a bike or pay the entry fee, so we were able to provide new bikes and helmets that they can keep," said Larry Butler, RA's director of Parks and Recreation. "We hope this event helps introduce a healthy lifestyle to the kids."

Butler also said he hopes the event would foster future interests.

"With three different activities, hopefully they can find one that they really liked," he said. "And if they find they like the biking, running or swimming, maybe that's something they can keep doing and eventually graduate to our Sprint Triathlon, or Fall Triathlon, in a few years."



Swimmers prepare to start the first leg of the Reston Kids Triathlon at Ridge Heights Pool, Sunday, Aug. 12.



Triathletes begin the biking portion of the Reston Kids Triathlon, Sunday, Aug. 12.

# 2012 Top Sales in Herndon and Oak Hill

Address .....	BR	FB	HB	....	Postal City .....	Sold Price ...	Type .....	Lot AC .	PostalCode .	Subdivision .....	Date Sold	
12605 OXON RD .....	5	...	6	..	1	OAK HILL .....	\$1,307,000	Detached	0.83	20171	ORCHARD GLEN .....	06/15/12
3100 BRONZEGATE CT .....	4	...	4	..	1	OAK HILL .....	\$1,265,000	Detached	1.03	20171	JOCELYNE HILL .....	06/29/12
11660 PREFERENCE WAY .....	5	...	5	..	2	HERNDON .....	\$1,250,000	Detached	0.86	20170	CARIS GLENNE .....	02/16/12
3401 OAKTON CHASE CT .....	5	...	6	..	1	OAK HILL .....	\$1,245,000	Detached	0.83	20171	OAKTON CHASE .....	03/16/12
12832 PARAPET WAY .....	5	...	6	..	1	OAK HILL .....	\$1,245,000	Detached	0.83	20171	OAKTON CHASE .....	06/29/12
12721 OX MEADOW DR .....	5	...	5	..	1	OAK HILL .....	\$1,230,000	Detached	0.69	20171	OX MEADOW .....	06/26/12
12313 WESTWOOD HILLS DR ...	4	...	4	..	1	OAK HILL .....	\$1,227,511	Detached	1.00	20171	RESERVE AT OAKTON .....	01/06/12
11661 PREFERENCE WAY .....	4	...	4	..	1	HERNDON .....	\$1,160,000	Detached	0.83	20170	CARIS GLENNE .....	05/11/12
11873 SHAKER MEADOWS CT ..	5	...	4	..	2	HERNDON .....	\$1,085,000	Detached	0.84	20170	SHAKER GROVE .....	01/25/12
12116 BENNETT RD .....	5	...	5	..	2	HERNDON .....	\$1,075,000	Detached	1.00	20171	NAVY .....	05/11/12
3400 NATHANIEL OAKS CT .....	5	...	4	..	1	OAK HILL .....	\$1,050,000	Detached	1.12	20171	WEST RIDGE .....	03/16/12
12420 ENGLISH GARDEN CT ...	5	...	4	..	1	OAK HILL .....	\$990,000	Detached	1.03	20171	COPPER CREEK .....	06/08/12
12154 WINDSOR HALL WAY .....	5	...	4	..	1	HERNDON .....	\$975,000	Detached	0.60	20170	GRAND HAMPTONS II .....	04/30/12
13507 MAVERICK LN .....	5	...	4	..	1	HERNDON .....	\$929,000	Detached	0.58	20171	MUSTANG CROSSING .....	06/13/12
12860 PARAPET WAY .....	4	...	4	..	1	HERNDON .....	\$925,000	Detached	0.83	20171	CAMBERLEY EAST .....	01/23/12
12715 AUTUMN CREST DR .....	4	...	4	..	1	HERNDON .....	\$925,000	Detached	0.27	20171	FRANKLINS TRUST .....	04/02/12
12801 NETHERLEIGH PL .....	6	...	4	..	1	HERNDON .....	\$915,000	Detached	0.29	20171	OAK FARMS .....	06/13/12
12796 OWLSLEY WAY .....	4	...	4	..	1	OAK HILL .....	\$914,000	Detached	0.30	20171	OAK FARMS .....	05/30/12
11697 CARSON OVERLOOK CT ..	5	...	4	..	1	HERNDON .....	\$912,000	Detached	0.89	20170	STUART HILLS .....	02/16/12
3189 POND MIST WAY .....	4	...	4	..	1	OAK HILL .....	\$910,000	Detached	0.28	20171	OAKTON RIDGE .....	04/16/12
2893 OAK SHADOW DR .....	5	...	3	..	1	OAK HILL .....	\$899,900	Detached	0.25	20171	OAK FARMS .....	05/15/12
2901 OAK SHADOW DR .....	5	...	4	..	1	OAK HILL .....	\$887,500	Detached	0.25	20171	OAK FARMS .....	05/08/12
13264 MIDDLETON FARM LN .....	4	...	3	..	1	HERNDON .....	\$870,000	Detached	0.35	20171	MIDDLETON FARM .....	04/30/12
2844 CHERRY BRANCH LN .....	5	...	4	..	1	HERNDON .....	\$855,000	Detached	0.30	20171	MIDDLETON FARM .....	03/01/12
2831 MUSTANG DR .....	5	...	4	..	1	HERNDON .....	\$825,000	Detached	0.63	20171	MUSTANG CROSSING .....	03/14/12
12945 CEDAR GLEN LN .....	5	...	4	..	1	OAK HILL .....	\$810,000	Detached	0.20	20171	OAKMILL .....	06/29/12
12823 WILLOW GLEN CT .....	5	...	3	..	2	HERNDON .....	\$799,900	Detached	0.54	20171	FRANKLIN FARM .....	06/18/12
12334 FOLKSTONE DR .....	5	...	3	..	0	HERNDON .....	\$780,000	Detached	0.95	20171	FOLKSTONE .....	03/27/12
12831 WILLIAMS MEADOW CT ..	5	...	4	..	1	HERNDON .....	\$780,000	Detached	0.26	20171	MONROE CHASE .....	06/14/12
12018 HEATHER DOWN DR .....	4	...	3	..	1	HERNDON .....	\$776,950	Detached	0.26	20170	NORTH POINT GLEN .....	05/31/12
865 3RD ST .....	5	...	4	..	1	HERNDON .....	\$770,000	Detached	0.46	20170	VAN VLECKS .....	03/09/12
12916 HARRINGTON CT .....	4	...	3	..	1	OAK HILL .....	\$760,000	Detached	0.23	20171	HAVERHILL WEST .....	05/25/12
1310 SHAKER WOODS RD .....	5	...	3	..	1	HERNDON .....	\$755,000	Detached	0.62	20170	SHAKER WOODS .....	05/16/12
103 ADELE GARDEN WAY .....	4	...	4	..	1	HERNDON .....	\$755,000	Detached	0.30	20170	SPRING GLEN .....	05/31/12
13001 BANKFOOT CT .....	4	...	3	..	1	HERNDON .....	\$753,000	Detached	0.30	20171	CHANTILLY HIGHLANDS .....	06/20/12
3104 PINE OAKS WAY .....	4	...	3	..	1	HERNDON .....	\$750,000	Detached	2.08	20171	PINE OAKS .....	05/21/12
11588 SOUTHLINGTON LN .....	4	...	3	..	1	HERNDON .....	\$750,000	Detached	0.57	20170	SHAKER WOODS .....	06/28/12
12908 BRAFFERTON CT .....	4	...	3	..	1	HERNDON .....	\$749,900	Detached	0.28	20171	MONROE MANOR .....	03/30/12
1211 SHAKER DR .....	4	...	3	..	1	HERNDON .....	\$749,900	Detached	0.57	20170	SHAKER WOODS .....	05/10/12
12007 MEADOWVILLE CT .....	5	...	3	..	1	HERNDON .....	\$745,000	Detached	0.55	20170	SHAKER WOODS .....	04/27/12
631 MADISON ST .....	5	...	5	..	1	HERNDON .....	\$730,000	Detached	0.26	20170	HERNDON .....	03/23/12
12216 LAKE JAMES DR .....	4	...	4	..	0	OAK HILL .....	\$725,000	Detached	0.53	20171	FOX HUNT ESTATES .....	04/27/12
705 BENNETT ST .....	5	...	3	..	1	HERNDON .....	\$725,000	Detached	0.29	20170	ROYAL ELM ESTATES .....	05/31/12
3021 LEEFIELD DR .....	5	...	3	..	1	HERNDON .....	\$725,000	Detached	1.41	20171	FOX MILL ACRES .....	06/21/12
11668 GILMAN LN .....	4	...	3	..	1	HERNDON .....	\$720,000	Detached	0.57	20170	SHAKER WOODS .....	05/10/12
2550 FOX HOUND CT .....	4	...	2	..	1	HERNDON .....	\$715,000	Detached	0.21	20171	MONROE MANOR .....	05/08/12
13009 MONROE MANOR DR ....	4	...	2	..	1	HERNDON .....	\$715,000	Detached	0.20	20171	MONROE MANOR .....	06/08/12
2523 FALLON DR .....	4	...	3	..	1	HERNDON .....	\$710,820	Detached	0.26	20171	MONROE MANOR .....	01/27/12
13009 AZALEA WOODS WAY .....	5	...	4	..	1	HERNDON .....	\$705,000	Detached	0.25	20171	OAKMILL .....	03/16/12
402 MADISON MANOR CT .....	4	...	4	..	1	HERNDON .....	\$700,000	Detached	0.24	20170	MADISON RIDGE WEST .....	05/11/12
12874 WILLIAMS MEADOW CT ..	4	...	2	..	1	HERNDON .....	\$685,000	Detached	0.22	20171	MONROE CHASE .....	05/16/12
13003 MONROE MANOR DR .....	4	...	3	..	1	HERNDON .....	\$683,500	Detached	0.21	20171	MONROE MANOR .....	04/11/12
12198 GOLDENCHAIN CT .....	4	...	4	..	1	HERNDON .....	\$680,000	Detached	0.87	20171	SHADETREE ESTATES .....	04/20/12
2631 IRON FORGE RD .....	4	...	2	..	1	HERNDON .....	\$680,000	Detached	0.35	20171	SYCAMORE RIDGE .....	04/19/12
12526 RIDGEGATE DR .....	6	...	4	..	1	HERNDON .....	\$675,000	Detached	0.26	20170	RIDGEGATE WOODS .....	05/03/12
13524 COPPER BED RD .....	6	...	4	..	0	HERNDON .....	\$675,000	Detached	0.58	20171	COPPER CROSSING .....	05/11/12
12809 WILLOW GLEN CT .....	4	...	3	..	0	HERNDON .....	\$675,000	Detached	0.54	20171	FRANKLIN FARM .....	06/05/12
3027 FRANKLIN CORNER LN ....	4	...	2	..	1	HERNDON .....	\$665,000	Detached	0.24	20171	FRANKLIN CORNER .....	05/22/12
3117 HARRISON HOLLOW LN ...	4	...	2	..	2	OAK HILL .....	\$661,000	Detached	0.34	20171	FRANKLIN FARM .....	05/31/12
12774 FLAT MEADOW LN .....	4	...	3	..	1	HERNDON .....	\$655,000	Detached	0.22	20171	FRANKLIN FARM .....	03/28/12
13110 ANVIL PL .....	5	...	3	..	1	OAK HILL .....	\$650,000	Detached	0.23	20171	SYCAMORE RIDGE .....	01/17/12
13157 RUBY LACE CT .....	4	...	2	..	2	HERNDON .....	\$650,000	Detached	0.39	20171	EMERALD CHASE .....	04/20/12
12534 PHILMONT DR W .....	4	...	2	..	1	HERNDON .....	\$650,000	Detached	0.28	20170	HERNDON CHASE .....	05/31/12
13387 GLEN TAYLOR LN .....	4	...	3	..	1	OAK HILL .....	\$650,000	Detached	0.20	20171	CHANTILLY HIGHLANDS .....	05/30/12
13071 GREG ROY LN .....	4	...	3	..	2	HERNDON .....	\$649,900	Detached	0.10	20171	GREAT OAK .....	02/03/12
3307 WELHOUSE CT .....	4	...	3	..	1	OAK HILL .....	\$649,900	Detached	0.26	20171	FRANKLIN FARM .....	05/18/12
3215 GRASSMERE CT .....	4	...	3	..	1	OAK HILL .....	\$649,900	Detached	0.27	20171	FRANKLIN FARM .....	06/15/12
12665 STILL POND LN .....	4	...	2	..	1	OAK HILL .....	\$649,900	Detached	0.24	20171	FRANKLIN FARM .....	06/27/12
2604 BARNSIDE CT .....	5	...	2	..	1	OAK HILL .....	\$641,900	Detached	0.26	20171	SYCAMORE RIDGE .....	06/22/12
2372 STONE FENCE LN .....	4	...	3	..	1	HERNDON .....	\$640,000	Detached	0.08	20171	GREAT OAK .....	04/02/12
2603 IRON FORGE RD .....	5	...	3	..	1	HERNDON .....	\$640,000	Detached	0.28	20171	SYCAMORE RIDGE .....	05/11/12
100 LILLIAN CHASE LN .....	4	...	3	..	1	HERNDON .....	\$640,000	Townhouse	0.05	20170	HERITAGE CHASE II .....	06/14/12
3205 BRYNWOOD PL .....	4	...	3	..	1	OAK HILL .....	\$639,900	Detached	0.27	20171	FRANKLIN FARM .....	05/18/12
3224 BRYNWOOD PL .....	4	...	3	..	1	HERNDON .....	\$637,000	Detached	0.30	20171	FRANKLIN FARM .....	05/29/12
2509 IRON FORGE RD .....	5	...	4	..	1	HERNDON .....	\$635,000	Detached	0.27	20171	SYCAMORE RIDGE .....	01/31/12
12804 WILLOW GLEN CT .....	4	...	3	..	1	HERNDON .....	\$635,000	Detached	0.47	20171	FRANKLIN FARM .....	01/13/12
2725 ROBALEED WAY .....	5	...	4	..	1	HERNDON .....	\$635,000	Detached	0.26	20171	ROBALEED .....	05/24/12
11676 PELLOW CIRCLE CT .....	4	...	2	..	2	HERNDON .....	\$635,000	Detached	0.60	20170	SHAKER WOODS .....	06/28/12
13215 TOSFIELD CT .....	4	...	3	..	1	HERNDON .....	\$630,000	Detached	0.23	20171	MEADOW HALL .....	04/23/12
1279 SHAKER WOODS RD .....	4	...	3	..	1	HERNDON .....	\$630,000	Detached	1.06	20170	SHAKER WOODS .....	05/31/12
2440 BIRCH COVE RD .....	4	...	3	..	1	HERNDON .....	\$630,000	Detached	0.10	20171	GREAT OAK .....	06/01/12
13147 ROUNDING RUN CIR .....	4	...	3	..	1	HERNDON .....	\$628,000	Detached	0.31	20171	FRANKLIN FARM .....	05/02/12
13163 ROUNDING RUN CIR .....	4	...	3	..	1	HERNDON .....	\$625,000	Detached	0.20	20171	FRANKLIN FARM .....	05/18/12
11928 BENNETT RD .....	4	...	3	..	1	OAK HILL .....	\$625,000	Detached	0.99	20171	FOX MILL ACRES WELLBORNS	06/25/12
13595 COBRA RD .....	5	...	4	..	1	HERNDON .....	\$624,900	Detached	0.36	20171	CHANTILLY HIGHLANDS .....	06/05/12
124 PEARL ST .....	4	...	2	..	1	HERNDON .....	\$620,990	Detached	0.10	20170	DARLINGTON OAKS .....	06/19/12
3172 KINROSS CIR .....	4	...	2	..	1	OAK HILL .....	\$620,000	Detached	0.20	20171	CHANTILLY HIGHLANDS .....	06/26/12
2443 CYPRESS GREEN LN .....	4	...	3	..	1	OAK HILL .....	\$620,000	Townhouse	0.06	20171	GREAT OAK .....	06/28/12
1355 GRANT ST .....	4	...	4	..	0	HERNDON .....	\$615,000	Detached	0.24	20170	DOMINION RIDGE .....	06/20/12
1582 KINGSTREAM CIR .....	4	...	3	..	1	HERNDON .....	\$614,000	Detached	0.26	20170	KINGSTREAM .....	04/24/12
13127 BRADLEY FARM DR .....	5	...	3	..	1	HERNDON .....	\$608,000	Detached	0.21	20171	BRADLEY ACRES .....	04/23/12
12759 FLAT MEADOW LN .....	4	...	3	..	1	OAK HILL .....	\$605,000	Detached	0.28	20171	FRANKLIN FARM .....	03/28/12
171 PEARL ST .....	4	...	2	..	1	HERNDON .....	\$601,490	Detached	0.12	20170	DARLINGTON OAKS .....	03/19/12
1280 MASON MILL CT .....	4	...	2	..	1	HERNDON .....	\$600,000	Detached	0.26	20170	HASTINGS HUNT .....	04/27/12
12623 OXON RD .....	3	...	2	..	1	OAK HILL .....	\$600,000	Detached	1.44	20171	NAVY PCL .....	04/30/12
3311 APPLEGROVE CT .....	5	...	2	..	2	HERNDON .....	\$600,000	Detached	0.20	20171	FRANKLIN FARM .....	05/30/12
132 PEARL ST .....	4	...	2	..	1	HERNDON .....	\$599,990	Detached	0.14	20170	DARLINGTON OAKS .....	06/04/12
12204 SUGAR CREEK CT .....	4	...	2	..	1	HERNDON .....	\$599,000	Detached	0.47	20170	SUGAR CREEK .....	06/06/12
3124 KINROSS CIR .....	4	...	3	..	1	OAK HILL .....	\$595,000	Detached	0.25	20171	CHANTILLY HIGHLANDS .....	04/13/12
2774 MELCHESTER DR .....	4	...	3	..	1	HERNDON .....	\$595,000	Detached	0.26	20171	BRADLEY FARM .....	05/18/12
635 NASH ST .....	4	...	3	..	1	HERNDON .....	\$593,000	Detached	0.28	20170	HISTORIC HERNDON .....	03/05/12
12211 SUGAR CREEK CT .....	4	...	2	..	2	HERNDON .....	\$593,000	Detached	0.50	20170	SUGAR CREEK .....	05/16/12
13113 FARMSTED CT .....	4	...	2	..	1	HERNDON .....	\$591,					

# A Pill a Day...

By KENNETH B. LOURIE



Hopefully will keep the cancer at bay. (I'd say "away," but let's be realistic, three and a half years past a NSCLC diagnosis, there is no way, generally speaking, that stage IV lung cancer disappears into the ether; it's classified as stage IV for a reason. However, there are many – and varied – non-traditional and not particularly Western and/or A.M.A./American Cancer Society-approved alternatives to fight this insidious disease, many of which, about 20 or so, I have incorporated into my overall treatment regimen. Moreover, if my continuing survival reflects anything, it is an affirmation of what former N.C. State basketball coach Jim Valvano said in 1993, in one of his last public appearances before succumbing to bone cancer, on ESPN's inaugural ESPYs Award show, as the first recipient of the "Arthur Ashe Courage and Humanitarian Award": "Don't give up, don't ever give up." And so I haven't.)

Besides, where's the future in giving up or giving in? That's not to infer that the last few years haven't been incredibly challenging, because they have. Emotionally for sure, physically not quite as much. Although chemotherapy is all it's cracked up to be; some treatment (drugs) were definitely worse (side effects/quality of life) than others. Fortunately for me, amazingly in fact, through it all, I have been relatively asymptomatic with minimal/manageable side-effects and zero hospitalizations. Nevertheless, cancer's reputation as a killer is well-documented and hardly the kind of diagnosis one can ever take with a grain of salt – maybe better taken with a grain of alcohol.

Every day, every doctor's appointment, every scan, every time you have your blood drawn, every change in how you think and how you feel, relate to the undeniable fact (and believe me, I've tried to deny it; it's a good defense/self-preservation mechanism) that you (meaning me) have cancer, and not just a garden variety, but rather the incurable kind, according to my oncologist: stage IV. Defined as metastasized, inoperable, with a "13-month to two-year prognosis." (Given to me late February, 2009.)

But here I am, still. I have outlived my prognosis (but hopefully not my usefulness) by a significant – to me, length of time: years, depending how you calculate. However, does that significance move me closer than ever to the end of my writing all these lines? I don't want to think that, but whatever cancer does to you physically, it's equally bad – in my experience/opinion on your mind/thought process. Thinking straight, thinking clearly, thinking objectively, thinking unselfishly; all become collateral damage as a result of your cancer diagnosis. Fighting through these difficult-to-control emotions is the bane of my existence, an existence I'm lucky to still have. My next CT Scan is in September, two months after I will have been taking my daily "targeted therapy" chemotherapy-type pill. Then I'll know how I really feel. Until then, life goes on. And so far, this pill seems not to be making a bad situation any worse; a non-side effect for which I am extremely grateful.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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Students in the advanced orchestra rehearse intently.

## Enjoying Sounds of Summer

FROM PAGE 5

"For elementary-age students, this camp is equivalent to what they'd get in one or two years of school," said Camp Director Lawrence Walker. "They only get 17 days of music in a school year vs. 17 classes during camp, but four hours/day with three different teachers."

He said middle and high school kids obtain an understanding of the chromatic scale—every note their instruments can possibly play, plus a better command of their instruments. Some also come to camp to learn new ones.

Every day, each student had an instrument master class, a sectional class and four full band or orchestra rehearsals. "In the instrument classes, kids only work on technique, tone quality and articulation for their particular instrument," explained Walker. "That's where their skills come from so they can play with feeling and interpretation. It's like a private lesson on a larger scale."

In woodwinds, brass and percussion sectionals, teachers worked only on the music the students would play in their larger band or orchestra at camp. Students fixed details they needed to work on and solved any technical problems they had.

Then they put it all together to perform in either advanced, intermediate, cadet or beginning band or orchestra. They auditioned, the first day of camp, and were placed according to their skill level.

**NEW FRANKLIN BAND DIRECTOR,** Kurt Holscher, replacing Walker who just retired after 28 years there, directed the camp's concert band. "We've got great kids who seem enthusiastic and work really hard," he said. "And this keeps them playing over the summer and makes our job easier in the fall. We won't have to remind them how to play. They get a lot of extra instruction so it's good experience for them."

In his first year at camp, Franklin eighth-grader Mitchell Holloway played percussion in the symphonic band and had a great time. "I heard about it and it sounded interesting," he said. "I learned new songs and

made new friends."

Clarinetist Katie Hoang just graduated from Franklin and will attend Oakton High this fall. She selected the clarinet because "I thought it was challenging, most of my cousins play it and I didn't enjoy playing strings. This camp improves my skill level to be in Oakton's marching band. It's fun playing different types of music at different skill levels at camp."

Franklin Glen's Michele Anderson picked up her son Bennett after class. After graduating from Lees Corner Elementary, he'll attend Rachel Carson Middle this fall. "He wanted to come because he changed instruments from trombone in fifth grade to drum in sixth and wanted to improve before middle school," explained Anderson. "And I believe he has."

"There are some great instructors here who commit their time to helping these students," she continued. "It's a great opportunity and the kids also get to be around new people playing the same instrument they do."

"It's fun," added Bennett. "I learned a bunch of different techniques and would recommend this camp to others because you get more one-on-one instruction."

Pleased, Walker said it was another successful camp. "I started it when we had just 80 kids," he said. "I never knew it would grow to be this kind of opportunity for students." And although he's retired from FCPS, he'll continue as the camp's director.

"I live right here in the community and I'm the founder," he said. "I get to see kids give their best, at different levels—from the polished musician trying to improve and meet their teachers' goal, to the struggling beginner who doesn't accept failure because of this goal and the reinforcement from their teacher and the other kids."

Besides, added Walker, "I enjoy interacting with some of the finest educators in the country—from military bands, public schools and the private sector, plus outstanding college students. And I believe, if you conquer the attitude of any child, you conquer the aptitude. If you and the person teaching you believe you can do something, then you can do it."



Saxophone players perform with the symphonic band.



Franklin eighth-grader Mitchell Holloway plays the drums in the symphonic band.