

Oak Hill ❖ Herndon  
**CONNECTION**

**Insiders  
Edition**  
Newcomers & Community  
Guide 2012-2013

# Herndon's History on Display

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Ann Csonka and Kenny George, volunteers at the Herndon Depot museum, in front of an original mailbox featuring order forms from the early 1900s.

PHOTO BY ALEX McVEIGH/THE CONNECTION

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AUGUST 22-28, 2012

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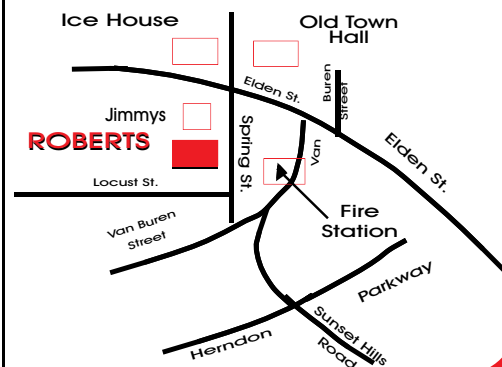
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# NEWCOMERS & COMMUNITY GUIDE 2012~13



A statue of Commander William Herndon, after whom the town is named, built by Herndon High School students in 1980. The statue is on display at the Herndon Depot museum.



Controls and the American flag form the U.S.S. Herndon, which was used at Omaha Beach in World War II, on display at the Herndon Depot museum.

## Herndon's History on Display

### Town's rail history still major part of downtown.

BY ALEX McVEIGH  
THE CONNECTION

Commander William L. Herndon never actually set foot in the town that bears his name. The naval commander died 22 years before the town was founded, going down with his ship, the S.S. Central American, when it sank in Sept. 1957 off the coast of Cape Hatteras, loaded with three tons of gold.

Herndon, Va. was one of two towns named for Commander Herndon, along with Herndon, Pa. Two ships also bore the name U.S.S. Herndon, one of which participated in the invasion at Omaha Beach.

Around the same time as the death of Commander Herndon, the railroad came through what would become the town, marking a stop that was 20.9 miles west of Washington, D.C. and 26.8 miles from Round Hill, a popular recreation destination.

In 1858, the U.S. Post office decided the town would be a good place for a post office, and over the next 20 years, the town survived damage to the railroad from the Civil War and built up several buildings.

On Jan. 14, 1879, the Commonwealth of Virginia approved a charter for 4.5 acres of land, with the railroad station in the center.

**THE STATION**, known as the Herndon Depot, still stands today near the intersection of Lynn Street and Station Street. It is maintained by the Herndon Historical Society.

"The society was founded in the early 80s as the Depot Society, in order to save the depot from being torn down," said Carol Bruce, president of the soci-



A Herndon High School diploma from 1949 and bicycle frame made out of wood by Herndon resident William Kephart, built around 1900, on display at the Herndon Depot museum.

ety. "Since then, our primary focus has been to promote the town's history in any way we can."

The depot still exists as it did during its use as a railroad station, with the signal controls, old ledger books and even a segregated waiting room that was part of the station.

"The upper portion was where most of the heavy-duty stuff went on, the heavy planks were to support the freight that was going on and off," said Kenny George, a volunteer at the museum.

The upper platform now contains hundreds of artifacts from Herndon's history, all the way from arrowheads discovered during the construction of the Herndon Centennial Golf Course.

"Someone found a whole bunch of arrowheads a few years ago, but they decided to give them to the Smithsonian, which was a shame, they have storage warehouses full of that stuff," said Ann Csonka, a volunteer at the Depot. "That was too bad, we're short

SEE HISTORY, PAGE 4



Madeleine Steppel, 9, meets White House Assistant Chef Sam Kass Monday, Aug. 20, after winning an online competition.

## Madeleine Steppel Finds Recipe for Success

### Reston resident dines with president and first lady.

BY ALEX McVEIGH  
THE CONNECTION

One night a few weeks ago, while she was at Camp Louise in Maryland, Madeleine Steppel, 9, of Reston headed to the administration building to wait for a call. Once she got to the building, known around camp as "the White House," the call came in: she had won a trip to the real White House for lunch with first lady Michelle Obama.

Steppel was one of 54 winners in the epicurious.com Healthy Lunchtime Challenge, which earned her a trip to the Kids' State Dinner Monday, Aug. 20. Her recipe was for fish chowder and fruity salad.

"The president made a surprise visit, and it was amazing to see them both together. I got to shake hands with him and get a picture with Mrs. Obama," she said. "She's really tall. We got to see her inauguration gown, which was very tall, and she was even taller in heels. I had to look way up."

Steppel's trip included a stay in

Georgetown for the night, as well as a tour of the White House and attendance at the luncheon.

"[This contest] has inspired kids across this country to learn about healthy eating and to get in the kitchen [to] start cooking," said Michelle Obama during her address. "You are going to inspire some students to get into the kitchen. This is exactly the kind of leadership we need to give our kids the healthy future they deserve."

**JUST AFTER SCHOOL** let out for the summer, Madeleine's mother, Debra Steppel, was looking for a gazpacho recipe for the family to make for her

SEE DINING, PAGE 19



Fish chowder, whole grain bread and fruity salad, the winning entry from Madeleine Steppel, 9, in the Healthy Lunchtime Contest.



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## NEWCOMERS 2012~13

### Herndon History Preserved

FROM PAGE 3

on natural history artifacts here."

There's even an artifact from the ship that Commander Herndon went down with, a piece of anthracite coal. "They couldn't get us any gold I guess," George said.

"It's amazing how they were able to gather so much from so many eras of history into that one section," said Mary Baker of Herndon, who likes to stop by the museum during her Sunday bike trips. "They have artifacts from even before Herndon, but also some interesting stuff from the 50s and 60s, which was when I was growing up."

Closer to the control room, the museum features a mailbox filled with orders from 1912-1917, mostly for milk and other farm products.

Near the entrance there are a few photo albums with historical photos of everything from the buildings that were built around the stations, to photos of the farmland that existed where major developments are.

"I love the photos, they're my favorite thing to pore over when I have some time," said Vanessa Boyd of Centreville, whose parents are Herndon natives. "The funniest thing to me is that the photos of downtown from 100 years ago look sort of the same as the downtown does now, a lot of the same buildings are there. But then you look at

others, and it's a world away from where we are now."

**ANOTHER SECTION** is dedication to Commander Herndon. A statue made by students at Herndon High School in 1980, along with a painting and several articles about Commander Herndon are posted, including his report on the Valley of the Amazon. Also on display are several of the controls from the U.S.S. Herndon, an article about Commander Herndon's daughter, who was married to President Chester A. Arthur before he was elected, and other town memorabilia. Nearby the museum is the old boxcar, which, while an authentic car, was not one that ran on the W and OD Railroad.

"The caboose was brought in by George Moore, who was a huge train enthusiast who almost single-handedly brought it here," Bruce said. "He got it delivered, talked to the Department of Public Works to get the track laid and everything."

The caboose served in the Wheeling and Lake Erie Railroad from Aug. 1949, until it was donated to the Town of Herndon in November 1989. It was renumbered to 504 to pay tribute to the W and OD car number 504.

The Depot museum is open from noon to 3 p.m. on Sunday afternoons, and can also be opened by special appointments for groups. More information on the society can be found at [www.herndonhistoricalsociety.org](http://www.herndonhistoricalsociety.org).



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# 'Born to Be an Educator'

Franklin band director retires after 28 years.

BY BONNIE HOBBS  
THE CONNECTION

**L**awrence Walker was at Franklin Middle when it opened in 1984. But now, after 30 years with FCPS—28 of them at Franklin—the school's band director has retired.

"It was time; I've done everything I wanted to do in my career at Franklin," he said. "But I'll keep my hands in education and in music. I've played trumpet with the Fairfax Wind Symphony and will probably return to that, and I'll still run Franklin's Band and Orchestra Camp in the summer."

Walker also plans to work with student music teachers in college, as well as do some gardening at home and spend quality time with his wife of 31 years, Sheila, and their two daughters.

"I'm looking forward to travel-

ing with him and visiting old friends we haven't seen in a long time," she said. "But most of all, it'll be nice just having him home and enjoying his company on a full-time basis."

Reflecting on his nearly three decades at Franklin, Walker said he'll miss "the kids, competitions and colleagues" and he's especially proud that he was able to take the band all over the country to perform. "We were a demonstration band this year at Case Western Reserve University in Cleveland," he said. "And last year, we received the Grand Champion award at a competition in Boston."

**THE YEAR BEFORE** that, Franklin did the same thing in New York, beating four high schools. And in previous years, the school won band championships in Atlanta, Nashville and Toronto.

"This is the school my children went to and I've had a wonderful career here, working in a school in my own community," said Walker. "I've gotten great satisfaction working with some of the finest students with great attitudes and wonderful musicianship."

The new band director, Kurt Holscher, knows he has some big shoes to fill. "It's exciting, but a little daunting being only the second band director in the history of the school," he said. "But there's a great tradition here and a really good foundation, so there's a lot less groundwork to do."

"My dad's a pastor and he taught me how to give back," said Walker. "My philosophy is that, if you don't make a difference, you've wasted your time. I was born to be an educator and what I've gotten from the kids is the knowledge that I'm needed. I think they've made more of a difference in my life than I've made in theirs."

Furthermore, he said, "I've also learned that, if you do what's right as an educator, you can live with the result. And it's gratifying when you give all you have and see a young person musically give that back to you."

On July 31, Supervisor Michael R. Frey (R-Sully) honored Walker in front of the Fairfax County Board of Supervisors. He gave him a plaque acknowledging his "28 years of outstanding and noteworthy service" as Franklin's band di-



PHOTO BY BONNIE HOBBS/THE CONNECTION

Sheila and Lawrence Walker outside the Fairfax County Government Center.

rector and Music Department chair.

"We all know education is more than just reading, writing and arithmetic," said Frey. "It includes extracurricular activities that make well-rounded individuals and better students. And Lawrence Walker has helped the musicians he's trained to further their passion and love for music."

"All you have to do is look at the tremendous music programs at Chantilly High to see the years of success they had at Franklin," continued Frey. "It's amazing to see the talent and ability they have, and it's a sad note to see Mr.

Walker retire and move on. We thank you for all you've done and wish you all the best in the future."

**THE HONOR** meant a great deal to Walker, and so did his students' last concert at Franklin before the school year ended. "Fifty-seven of my former students now in high school at Oakton and Chantilly came back to perform with the symphonic band," he said. "It was very emotional for the school and me. I thought five or 10 would come back, but Oakton's band director told me, 'Lawrence, they love you. They wanted to come back and play for you.'"



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# OPINION

# About the Connection

## Newcomers and Community Guide 2012-2013

The paper you're reading, the Herndon Connection is one of 15 papers published by the independent, locally owned Local Media Connection LLC, serving the suburbs of Metropolitan Washington, D.C., in Northern Virginia and Potomac, Md.

Our flagship paper, the Alexandria Gazette Packet, is one of the oldest continuously publishing papers in the country, beginning publication in 1784.

This spring, our papers won some very special awards, including the Virginia Press Association Award for Journalistic Integrity and Community Service and the Fairfax County Media Partnership Award, along with dozens of others.

We're proud of our commitment to community service, and delighted when it results in awards. We have staff and contributors here at the Connection with remarkable talent and experience, far greater than one might expect. While the last few years have brought many challenges to the newspaper business everywhere, affecting us as well, we continue to publish 15 distinct papers every week that serve their communities in distinct ways.

As local, weekly newspapers, the Connection's mission is to bring the local news you need, to gather information about the best things in and near your community, to advocate for community good, to provide a forum for dialogue on local concerns and to celebrate and record milestones and events in community and people's lives.

Here in our Newcomers and Community

Guide, we've included an insider's look at the parks, plus details of how to vote in the upcoming elections. Many voters will be surprised when they look at the map on our elections page and discover that their Congressional district has changed.

We invite newcomers and long-time residents alike to let us know how we're doing and let us know what is going on in your part of the community. If you have questions or ideas, send us an e-mail, contact us on Facebook or send us a tweet. You can even call.

We invite you to send letters to the editor or to send an e-mail with feedback about our coverage. You can read and comment on our stories online at [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com).

We want to know if someone in your family or your community published a book, started a business, became an Eagle Scout, raised money for a good cause, accomplished some feat like running a marathon or having art included in an art show. We publish photos and notes of a variety of personal milestones and community events, including births, engagements, weddings, anniversaries, awards and obituaries. We are also interested in events at your church, mosque, synagogue, community center, pool, school, club, etc. Email us a photo and a note about the event. Be sure to include the names of all the people who are in a photo, and say when and where the photo was taken. We also publish notes about news and events from local businesses. Notes about openings, new employees, anniversaries are welcome. It is especially important to us to let people know about events ahead of time in our calendar of events. We

appreciate getting notice at least two weeks ahead of the event, and we encourage photos.

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— MARY KIMM,  
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## Welcome to Fairfax County

BY SHARON BULOVA  
CHAIRMAN, FAIRFAX COUNTY BOARD OF SUPERVISORS

Greetings and welcome to Fairfax County! Fairfax County is an exceptional place to live, work and play. We have a range of fantastic parks, trails and recreational attractions as well as one of the best public school systems in the country. We are also one of the safest jurisdictions of our size in the United States. I'm sure that after experiencing what Fairfax has to offer, you will see why so many families, professionals and top-tier businesses call Fairfax County home.

The Fairfax County Public School system, with a budget this year of \$2.4 billion, is consistently ranked among the top public school systems in America. Twenty-three Fairfax county high schools have been featured in the Washington Post's 2012 list of 1,800 top high schools in the nation, putting these Fairfax County schools in the top nine percent nationwide.

Fairfax County is also home to George Mason University, which is centrally located and an easy commute from all parts of the County. Mason has become one of Virginia's premier universities and was recently added to Kiplinger's list of best value universities

in the country.

We are a business-friendly community. Fairfax County is home to nearly 600,000 jobs, with companies ranging from startups to Fortune 500 companies, ten of which have located their headquarters here. Our range of business start-up resources via the Fairfax County Economic Development Authority makes it easier for firms of any size to thrive. In fact, about 97 percent of the companies in Fairfax County are small businesses with fewer than 100 employees and less than \$1 million in annual revenue. When a corporate leader recently moved his medium sized technology company to Fairfax County, he announced that he did so because he liked the "mood" in Fairfax, explaining that he wanted to be close to others who were as excited as he about their work and engagement in the community.

Accredited and nationally recognized for excellence by the award of the prestigious Gold Medal for Parks and Recreation, Fairfax County's parks are ranked among the best in the nation. We have more than 22,500 acres in 416 parks, with 80 percent of residents utilizing our park services each year. Fairfax County also boasts more than 500 miles of bi-

cycle and walking trails. The bicycle trail system is tied into the county transit system to make it easier to reach destinations without using a car. Fairfax Connector buses are all equipped with bicycle racks and VRE and Metro stations have bicycle racks or lockers – commuting by bicycle has never been easier!

Fairfax County also has a vibrant and growing arts community. The Workhouse Arts Center in Lorton, an historic county attraction and now converted arts space, allows visitors to watch artists perform their craft, and hosts many events ranging from exhibitions to plays.

As Chairman of the Board of Supervisors, I am elected at-large by all registered voters in Fairfax County. Community engagement is my hallmark. Visit my website at <http://www.fairfaxcounty.gov/chairman/> to be kept up-to-date on what is going on in the County. Whenever you have any questions or concerns, please do not hesitate to email me at [chairman@fairfaxcounty.gov](mailto:chairman@fairfaxcounty.gov) or call my office at 703-324-2321.

Thanks for making Fairfax County your home!

**Sharon Bulova, Chairman**  
Fairfax County Board of Supervisors

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## Town of Herndon Labor Day Schedule

Town of Herndon government offices and services will be impacted by the Labor Day holiday, Monday, Sept. 3 as follows:

❖ Refuse Collection—No refuse will be collected on Monday, Sept. 3. Refuse normally collected on Monday will be collected on Tuesday, Sept. 4.

❖ Herndon Community Center—Closed Monday, Sept. 3.

❖ Herndon Centennial Golf Course—Open 6:30 a.m.-Sunset.

❖ Labor Day Event—Herndon Labor Day Festival, Town Green, Noon–6 p.m. Information: [www.herndon-va.gov](http://www.herndon-va.gov) or 703-787-7300.

## At Home In Herndon Calendar Exhibit

ArtSpace Herndon and the Council for the Arts of Herndon announced the August Exhibit: “At Home in Herndon: 2012 Town Calendar Photography Exhibit,” featuring photographs depicting seasonal or community events, people and places in Herndon. This exhibit includes images by amateur and professional photographers selected by Jurors, Wayne Zink and Sarah Burton.

Exhibiting Photographers include:

George Billman, Sandra Blake, Lawrence Cohen, Adam Dorn, Katherine Fri, Sandi Galle, Brian Gilleran, Elizabeth Gilleran, Barbara Glakas, Ann Marie E. Heiser, Mercia Hobson, Wei Mo, Keith Naquin, Catherine Powers, Michele Reyzer, Wray Sinclair, Amelia Steiner and Jasmin Ullah.

Do not miss the announcement of the photographs that will appear in the 2013 “At Home in Herndon” Calendar and Town Services Guide at the closing reception which will be held on

Saturday, Sept. 8, 7–9 p.m.

Patrons are invited to vote for their favorite photograph for the People’s Choice Award. Voting will end at 7:30 p.m. on Saturday, Sept. 8, and the winner will be announced at the closing reception.



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# Herndon Home to Many Popular Restaurants

More than 100 restaurants offer food from more than 30 cultures.

BY ALEX McVEIGH  
THE CONNECTION

**H**erndon's signature restaurant is, according to many lo-cals, Jimmy's Old Town Tavern. Owner Jimmy Cirrito, a native of upstate New York, signed his lease on Veterans Day, 1996, and has been a fixture of the community ever since.

"I like Jimmy's because it really is a tavern out of classic Americana, and that's best demonstrated by the fact that you can walk in almost any time and see Jimmy himself," said Edward Hall of Herndon. "You go to a place like Carrabba's or Bertucci's, and the namesake isn't there, or even real for all we know, but Jimmy's always there with a big goofy smile on his face greeting his customers."

Jimmy's has been voted King of Wings by Northern Virginia Magazine last year and best wings by WTOP this year. Cirrito put in his campaigning work for the King of Wings contest, promising voters that he would dress up like a chicken and dance in downtown Herndon, which he did in March 2011.

"I've got to hand it to him, he said he would do it, and he swallowed his pride, whatever was there already, and went out and did it," said Will Topham of Herndon, who lives down the street from Jimmy's. "That was right when I moved in, and I remember walking downtown and seeing a guy in a bright yellow suit walking out and dancing like crazy."

The more than 100 restaurants in Herndon serve cuisine from almost 30 countries, and the diverse group of restaurants are one of Herndon's distinguishing features.

"I love Indian food, and some of my favorite places are all within the town borders, in fact they're what got me into that cuisine," said Doug Cherfe of Herndon. "I started going to Harvest of India when I first moved here, because their buffet allowed me a chance to try everything. Now we've got Angeethi, which is another wonderful place, which has a buffet as well. Those are the best because you can play around, find what you like, then come back and or-



Jimmy Cirrito, owner of Jimmy's Old Town Tavern, greets customers during a recent fundraiser at the tavern.

PHOTOS BY ALEX McVEIGH/THE CONNECTION



Guests dine in the back room of Angeethi, a popular Indian restaurant in Herndon.

der full portions of the tastiest dishes."

Other restaurants are famous for their ethnic cuisine, though maybe not the kind they advertise.

"It sounds strange, O'Sullivan's being a mostly Irish place, but their chicken curry is to die for," said Julia Carstens of Reston. "I get a lot of odd looks when everyone around me is ordering the bangers and mash or the Guinness burger and I get the curry, but that tune changes when everyone tries it."

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# PARKS

## AN INSIDER'S GUIDE TO PARKS IN FAIRFAX COUNTY

### National Parks

**GF Great Falls National Park**  
9200 Old Dominion Drive, McLean  
[www.nps.gov/grfa](http://www.nps.gov/grfa)  
Great Falls Park is open daily from 7 a.m. until dark. The Visitor Center and bookstore are open from 10 a.m. until 5 p.m. daily, spring through fall seasons. Picnic, hike along the Potomac River. Swimming and wading in the Potomac are prohibited.

**GW The George Washington Memorial Parkway**  
[www.nps.gov/gwmp](http://www.nps.gov/gwmp)  
703-289-2500  
The GW Parkway includes more than 25 sites, ranging from historic homes to wildlife preserves. Join a ranger for a free program or explore sites independently. Some park sites, including Turkey Run Park, Theodore Roosevelt Island, Great Falls Park, etc., close at dark. The Parkway itself remains open 24 hours a day to vehicle traffic.

**WT Wolf Trap National Park for the Performing Arts**  
1551 Trap Road, Vienna  
[www.nps.gov/wotr/](http://www.nps.gov/wotr/)  
The only national park dedicated to presenting the performing arts. From May through September, multiple amphitheaters in the park present musicals, dance, opera, jazz, and popular and country music. Explore the park without the crowds from October - April. The Barns at Wolf Trap offer indoor entertainment through the winter months.

### State Park

**MN Mason Neck State Park**  
7301 High Point Rd. Lorton  
[www.dcr.virginia.gov/state\\_parks/mas.shtml#703-339-2385](http://www.dcr.virginia.gov/state_parks/mas.shtml#703-339-2385) or 703-339-2380 (visitor center)  
[masonneck@dcr.virginia.gov](mailto:masonneck@dcr.virginia.gov)  
The park's visitor center was expanded in 2010 to include a new exhibit room, gift shop and meeting room. There are several exhibits in the center, and with a view of Belmont Bay. Visitor center staff can answer questions and provide information on park trails, facilities and local points of interest. Pond study, bird watching, canoe trips, nature walks and talks, and GPS adventures are just a few of the exciting programs offered by park rangers.

### Regional Parks

**BR Bull Run Marina Regional Park**  
7700 Bull Run Drive, Centreville  
[www.nvrpa.org/park/bull\\_run/](http://www.nvrpa.org/park/bull_run/)  
Main park open all year for picnicking, hiking and family camping. Bull Run Public Shooting Center open all year. Group Camping open daily Jan. 7 through Nov. 11. Mini and disc golf open April through October. Hours vary.

**Atlantis Waterpark** (at Bull Run Marina Regional Park)  
7700 Bull Run Drive, Centreville  
[www.atlantisbullrun.com/](http://www.atlantisbullrun.com/)  
703-631-0552  
Atlantis Waterpark features pools, a giant dumping bucket, waterslides, and fun-filled activities for all ages. Atlantis is open from Memorial Day weekend through Labor Day, and is a member of the Northern Virginia Regional Park Authority Family of Waterparks. Aantis also features picnic pavilions, a deck great for sunning and playing, as well as plenty of shade. Neptune Reef snack bar sells food, beverages and sweets.

**FH Fountainhead Regional Park**  
7315 Ox Road, Fairfax Station  
[www.nvrpa.org/park/fountainhead/](http://www.nvrpa.org/park/fountainhead/)  
703-250-9124  
The observation deck of the Marina Building at Fountainhead commands a spectacular view of the widest point of the Occoquan Reservoir. Summer activities include catfish tournaments, children's fishing tournament, paddleboat tours and more.



PRINCE WILLIAM COUNTY

commands a spectacular view of the widest point of the Occoquan Reservoir. Summer activities include catfish tournaments, children's fishing tournament, paddleboat tours and more.

**HO Hemlock Overlook Regional Park**  
13220 Yates Ford Road, Clifton  
[www.nvrpa.org/park/hemlock\\_overlook/](http://www.nvrpa.org/park/hemlock_overlook/)  
800-877-0954; 571-281-3556;  
Hemlock Overlook Regional Park offers a variety of outdoor and environmental education. Programs at Hemlock Overlook are open to the public and groups by reservation. Only the hiking and horse trails may be used without prior arrangement.

**MBG Meadowlark Botanical Gardens**  
9750 Meadowlark Gardens Court, Vienna  
[www.nvrpa.org/park/meadowlark\\_botanical\\_gardens/](http://www.nvrpa.org/park/meadowlark_botanical_gardens/)  
703-255-3631  
This 95-acre complex of large ornamental display gardens and unique native plant collections round and include walking trails, lakes, more than 20 varieties of cherry trees, irises, peonies, an extensive shade garden, native wildflowers, gazebos, birds, butterflies, seasonal blooms and foliage. The Atrium's indoor tropical garden setting is a popular meeting, reception, wedding and workshop location. Interpretive displays accompany a restored 18th-century cabin. A picnic area beside the Gardens is available to visitors. Meadowlark

presents gardening and horticulture workshops, tours, field trips, concerts and volunteer programs.

**OB Occoquan Regional Park**  
9751 Ox Road, Lorton  
[www.nvrpa.org/park/occoquan/](http://www.nvrpa.org/park/occoquan/)  
703-690-2121  
This park offers 400 acres of recreational space and a touch of the past with its historic brick kilns and the Turning Point Suffragist Memorial. Park lands, trails and associated waters are part of the Fairfax Cross-County Trail. Kayak rentals. One hour Tour Boat Rides on the Occoquan River to Belmont Bay and back. Offered Saturdays noon-5 p.m., Sunday 1-8 p.m., April 2 through Nov. 27. \$10 adults, \$5 children 12 and under, under age 4 are free.

**PB Pohick Bay Regional Park**  
6501 Pohick Bay Drive, Lorton  
[www.nvrpa.org/park/pohick\\_bay/](http://www.nvrpa.org/park/pohick_bay/)  
Pohick Bay is located on the Potomac River 25 miles south of the nation's capital. The boat launch facility is one of only three public access points to the Potomac River in northern Virginia. Pohick Bay offers canoes, kayaks, paddle boats and jon boats for rent on the weekends, as well as family and group camping, hiking, picnic areas and a large play area for children. For those interested in swimming, the park offers one of the largest, outdoor freeform pools on the east coast. Pohick Bay Regional Park, located on Mason Neck Peninsula is an ecologically fragile

land that shelters an abundance of wildlife, including the bald eagle. Nature lovers can expect to see blue birds, osprey, heron, deer, beavers and rare sightings of river otters.

**Pirates Cove Waterpark**  
(at Pohick Bay Regional Park)  
6501 Pohick Bay Drive, Lorton  
[www.piratescovepohick.com](http://www.piratescovepohick.com)  
703-339-6102  
Pirates Cove Waterpark is located at Pohick Bay Regional Park. Visitors can cool off under the 300-gallon dumping bucket, fire the water cannons and splash down the waterslide or search for buried treasure at Buccaneer Beach sand play area. Pirates Cove also features picnic pavilions, a deck for sunning and playing, as well as plenty of shade. Captain's Galley snack bar features food, beverages and sweets. Pirates Cove is open from Memorial Day weekend through Labor Day.

**PB Pohick Bay Golf Course**  
10301 Gunston Road, Lorton  
[www.nvrpa.org/park/pohick\\_bay\\_golf\\_course](http://www.nvrpa.org/park/pohick_bay_golf_course)  
703-339-8585  
This scenic golf course is located on the Mason Neck Peninsula in Lorton. Pohick Bay's practice facility features a driving range with practice putting and chipping greens, and lessons from PGA pros. A full-service pro shop features an array of name-brand golf clubs, equipment and







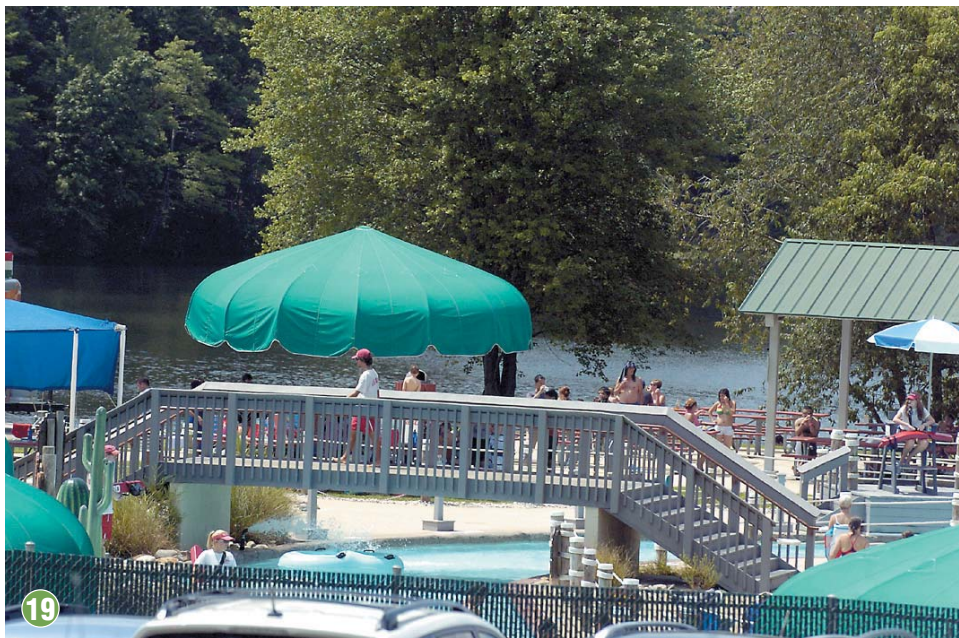
12 **Frying Pan Farm Park, Herndon**

apparel. Other services include club making, custom club fitting, regripping, reshafting and tournament coordinating.

**SR Sandy Run Regional Park**  
10450 Van Thompson Road, Fairfax Station  
www.nvrpa.org/park/sandy\_run/  
703-690-4392  
The park is open to the public for the purpose of education, training, practice, and racing for competitive and recreational sculling and rowing. Only shells and other boats authorized by the Northern Virginia Regional Park Authority may be launched from the docks or shoreline of Sandy Run. Sandy Run offers a facility for team training and competition for Olympic, college, high school and club canoe, kayak and crew athletes.

## Arts Center

**WAC Workhouse Arts Center**  
9601 Ox Road, Lorton  
www.lortonarts.org  
703-584-2900  
The Workhouse Arts Center consists of seven studio buildings, the main galleries and the recently opened Youth Arts Center. Visitors are encouraged to interact with artists. In addition to visual arts, the Workhouse Arts Center is home to performing arts, including theater, film institute, musical and dance performances. The education department supports both the visual and performing arts, offering classes and workshops in a variety of disciplines. Future plans for the Workhouse include an event center, amphitheater, Workhouse Theatre, restaurants, apartments, music barn and garden/horticultural area. Other buildings on site, yet to be renovated, may provide for other activities such as a visitors center, a blacksmith shop, theatre scene shops and rehearsal space.



19 **Lake Fairfax Park**

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## Fairfax County Parks

- 1 Annandale Park**  
7701 Royce Street, Annandale  
nature center  
50.7 acres, district park
- 2 Baron Cameron School Site**  
11300 Baron Cameron Avenue, Reston  
softball (unlit), soccer/football (unlit), biking/  
hiking trails, picnic area, playground  
60 acres, district park
- 3 Braddock Park**  
13451 Braddock Road, Clifton  
Softball field (lit), soccer/football (unlit and lit),  
minigolf, biking trail, equestrian trail, hiking  
trail, open picnic areas  
227.1 acres, special purpose park
- 4 Burke Station Park**  
6031 Kerrwood Street, Burke  
basketball, tennis (lit), hiking trail, playground, tot  
lot  
18.1 acres, community park
- 5 Centre Ridge North**  
Field Encampment Road And St. Germain Drive,  
Centreville  
basketball (lit), tennis (lit), biking/hiking/nature  
trails, playground  
8.9 acres, community park
- 6 Clarks Crossing**  
9850 Clarks Crossing Road, Vienna  
soccer/football (unlit), biking/equestrian/hiking  
trails, open areas  
143.8 acres, district park
- 7 Collingwood Park**  
8200 West Boulevard Drive, Alexandria  
soccer/football, basketball, tennis, playground  
12 acres, community park
- 8 Cub Run RECenter**  
4630 Stonecroft Blvd, Chantilly  
pool, water playground, fitness center, trails,  
playground  
9.3 acres, special purpose park
- 9 Dranesville Tavern**  
11919 Leesburg Pike, Herndon  
historic structure, natural/picnic areas, meeting  
room  
14.6 acres, cultural resource park

SEE PARKS, PAGE 17

**Sources:** National Park Service, Northern Virginia Regional Park Authority, Virginia State Parks and Fairfax County Park Authority. Map courtesy of Fairfax County Park Authority. Designed & compiled by Jean Card and Laurence Foong. Photos by Craig Sterbutzel.



PHOTO CONTRIBUTED

10 **Sharon Bulova in Fairfax Villa Park.**

## ‘My Favorite Parks’

BY SHARON BULOVA  
CHAIRMAN, FAIRFAX COUNTY BOARD OF  
SUPERVISORS

The tree I am standing next to in this photo is one of a number of large American Beech trees that populate the forests in Villa Park where I like to hike and jog. Villa Park is located in the central Fairfax area, with an entrance into the park off of Park Drive near Shirley Gate Road.

This park is unique. It has been left in its natural wooded condition and designated a Heritage Resource park to preserve features such as Native American quarries and work/chipping areas. It also contains remnants of the never-completed Independent line of the Manassas Gap Railroad. While no track was ever laid along this rail line, it played a significant role in the Civil War, serving as a little-known transportation route for both Confederate and Union soldiers. The earthworks served as protection during skirmishes.

A number of years ago a Civil War historian told me that he believed soldiers had carved their initials into trees located in Villa Park. The trees near my running path are covered with initials and symbols carved into the smooth grey bark. On the larger trees, the markings have become pretty much unreadable. I don't know if it's true or not, but I like to think these may be the trees my history buff friend was referring to.

When running along this trail, I imagine passing Native American Indians chipping arrow heads out of hunks of quartz and Civil War camp sites with soldiers drawing water from the Popes Head Creek and passing time by carving their initials or troop insignia in the smooth-barked Beech trees growing nearby. The experience is a perfect marriage of my love for history and nature.

Some other favorite Fairfax parks that

interpret our county's fascinating history and showcase its environmental beauty:

❖ Riverbend Park in Great Falls, includes more than 400 acres of forest, meadow and ponds. Trails include a 2.5-mile portion of the Potomac Heritage Trail linking national and regional parkland. Kayakers and canoeists can enjoy exploring many islands in the Potomac River.

Riverbend's visitor center overlooks the Potomac River and has an outdoor deck that is an ideal place to relax or have a snack after a hike. It has a wonderful interpretative display about the historic Native American presence in the area.

❖ In the South County Hybla Valley area, Huntley Meadows Park contains 1,425 acres of majestic forests, wildflower-speckled meadows and vast wetlands bursting with life. Some of the best wildlife watching in the Washington metropolitan area is enjoyed here. From the wetland boardwalk trail and observation tower, people have excellent views of beavers, frogs, dragonflies and herons. Huntley Meadows is well known as a prime birding spot, with more than 200 species identified in the park.

❖ Lake Accotink Park, located on 7500 Accotink Park Road in Springfield, is one of my favorite parks. Not only is this 493-acre park one of the most scenic in the county, it is also one of the most fun. In addition to boating, hiking, canoeing, and mini-golfing, you can always find a nice quiet spot to enjoy a picnic on the lake. Children love the beautiful antique carousel.

Lake Accotink was originally created to provide drinking water for troops stationed at Camp Humphries (which is now Fort Belvoir) during the early 1900s. The Norfolk Southern Railroad tracks carry D.C.-bound VRE commuter rail passengers over the Lake Accotink Dam. Remains of an older former railroad trestle make up part of the four-mile trail that winds around the lake and park.



# How To Register, Vote and Vote Early

Election Day is Nov. 6, but you can vote as early as Sept. 21.

BY MARY KIMM  
THE CONNECTION

**W**hy does it matter? How important is it for Virginia voters to turn out on or before Nov. 6? As a critical “battleground” state, Virginia will be key in determining who will be the next President of the United States. Who will represent Virginia in the U.S. Senate is also too close to call. Since polling shows that there are very few undecided voters in the Commonwealth, every eligible voter will want to be sure to cast a ballot.

This area has very high rates of voter registration. Consider that Fairfax County, with a population of just more than 1.1 million people, has 711,817 registered voters. And 24 percent of Fairfax County’s population is under 18, so not eligible to vote.

Arlington has a population of about 216,000 and 157,236 registered voters. Sixteen percent are under 18.

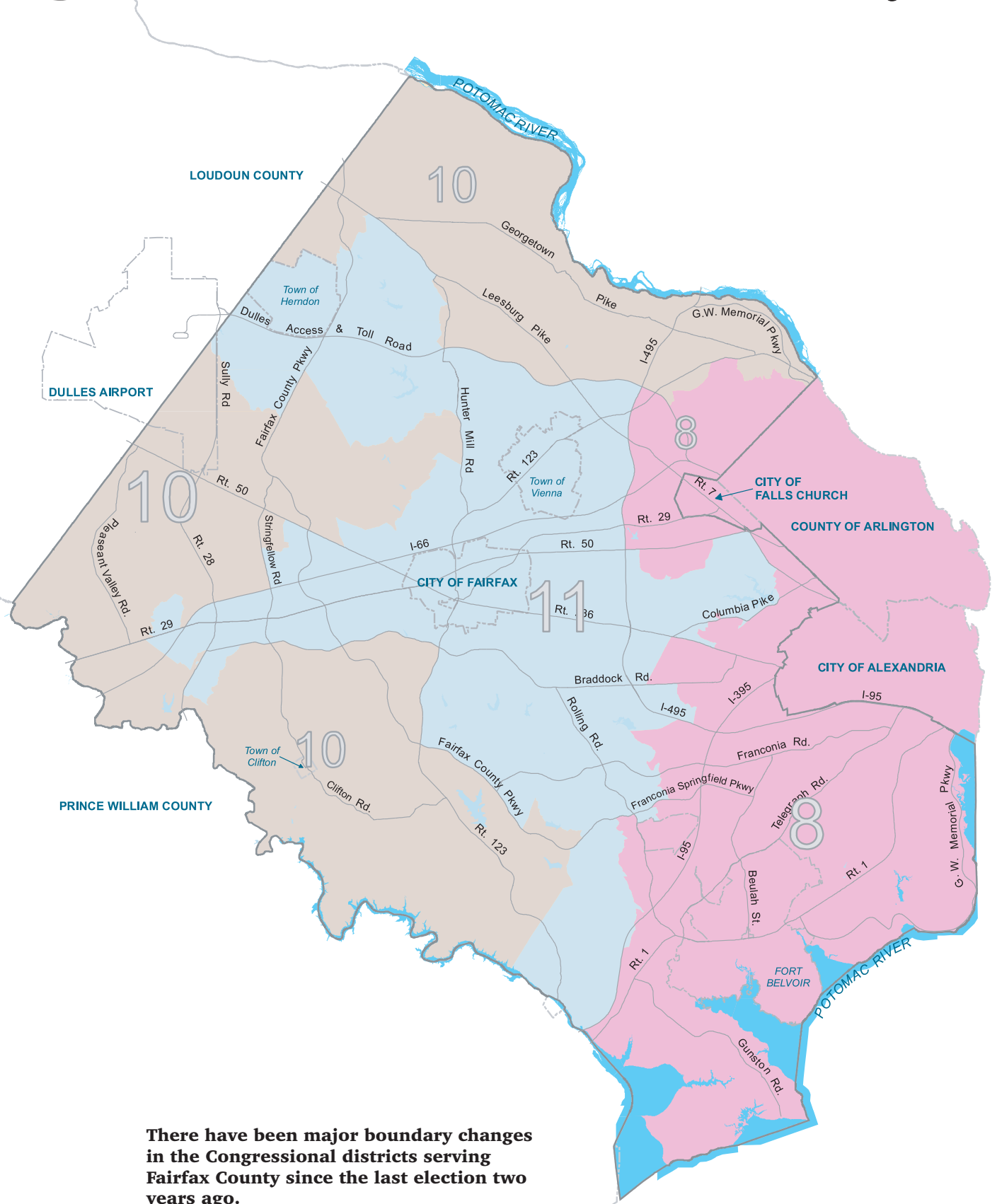
The City of Alexandria has a population of about 144,000 with 101,887 registered voters; 17 percent are under 18.

**REGISTER, CHANGE OF ADDRESS:** In order to vote on Election Day, you must be registered at your current address no later than Oct. 15, 2012. You can check your registration status online by going to [www.sbe.virginia.gov](http://www.sbe.virginia.gov). There you can also download a voter registration form and mail it to the elections office address, listed above.

**Voter ID:** New laws also affect what identification voters must bring with them to the polling place. Acceptable forms of identification include: Virginia voter identification card; valid Virginia driver’s license; military ID; any Federal, Virginia state or local government-issued ID; employer issued photo ID card; concealed handgun permit; valid student ID issued by any institution of higher education located in the Commonwealth of Virginia; current utility bill, bank statement, government check or paycheck indicating the name and address of the voter.

Voters arriving to the polls without ID will be required to vote a provisional ballot and will have until noon on the Friday after the election to deliver a copy of identification to their locality’s electoral board in order for their provisional ballot to be counted.

All Virginia active registered voters will be mailed a new Virginia voter identification card prior to the November 2012 General Election. Call 804-864-8901 or toll free 800-552-9745, TTY toll free: 800-260-3466. According to the State Board of Elections at presstime, some of the voter identification requirements listed are pending



MAP PROVIDED BY FAIRFAX COUNTY GOVERNMENT.

preclearance from the Department of Justice.

## VOTING EARLY, ABSENTEE

Virtually every voter in Virginia is eligible to vote absentee, which includes voting in-person absentee at a variety of locations between Sept. 21 and Nov. 2.

There are many reasons that voters are allowed to vote absentee, but the most

broad of these applies to almost anyone with a job: “Any person who, in the regular and orderly course of his business, profession, or occupation, will be at his place of work and commuting to and from his home to his place of work for 11 or more hours of the 13 that the polls are open (6 a.m. to 7 p.m.).”

See [http://www.sbe.virginia.gov/cms/absentee\\_voting/index.html](http://www.sbe.virginia.gov/cms/absentee_voting/index.html) for a complete

list of acceptable reasons to vote absentee, links to download a request for an absentee ballot and other instructions.

You can download an absentee ballot and mail it to your local voter registration office, or you can vote “absentee in person.”

Absentee Voting in Person, Fairfax County:

SEE ELECTION, PAGE 7

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# INSIDER'S EDITION

\* = incumbent

## U.S. SENATE



**Tim Kaine**  
(D)



**George Allen**  
(R)

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**Jim Moran**  
(D)\*



**Patrick Murray**  
(R)

## 10<sup>TH</sup> CONGRESSIONAL DISTRICT



**Kristin A. Cabral**  
(D)



**Frank Wolf**  
(R)\*

## 11<sup>TH</sup> CONGRESSIONAL DISTRICT



**Gerry Connolly**  
(D)\*



**Chris Perkins**  
(R)

# Election Day Is Nov. 6; Absentee Voting Begins Sept. 21

FROM PAGE 6

❖ Fairfax County Government Center, 12000 Government Center Parkway, Suite 323, Fairfax, VA 22035

Absentee voting hours, Sept. 21-Oct. 16, Monday, Tuesday, Wednesday, and Friday, 8 a.m. - 4:30 p.m. Thursdays: 8 a.m. - 7 p.m.

Oct. 17-Nov. 2, Monday-Friday: 8 a.m. - 8 p.m.

Saturday Hours: Oct. 6, 13, 20, 27, Nov. 3: 9 a.m. - 5 p.m.

Office Closed On: Monday, Oct. 8, 2012 (Columbus Day)

Last Day to Vote In-Person: Saturday, Nov. 3

Absentee Voting in Person, Fairfax County Satellite Locations

Voting in the following seven locations is available Oct. 17 - Nov. 3, Monday - Friday, 2 p.m. to 8 p.m.; Saturdays, 9 a.m. - 5 p.m.:

❖ Franconia Governmental Center, 6121 Franconia Road, Alexandria, VA 22310

❖ Dolley Madison Library, 1244 Oak Ridge Avenue, McLean, VA 22101

❖ North County Human Services Building, 1850 Cameron Glen Drive, Reston, VA

## For More Election Information

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804 864-8901 Toll Free: 800 552-9745 FAX: 804 371-0194

email: info@sbe.virginia.gov  
http://www.sbe.virginia.gov/cms/Voter\_Information/Index.htm

### FAIRFAX COUNTY BOARD OF ELECTIONS

703-222-0776, www.fairfaxcounty.gov/eb/  
12000 Government Center Parkway, Fairfax, Suite 232, Fairfax, 22035; FAX 703-324-2205; email voting@fairfaxcounty.gov

### CITY OF FAIRFAX GENERAL REGISTRAR

703-385-7890, http://www.fairfaxva.gov/Registrar/GeneralRegistrar.asp  
10455 Armstrong Street, Sisson House, Fairfax, 22030; FAX 703-591-8364; email kevin.linehan@fairfaxva.gov

### ALEXANDRIA BOARD OF ELECTIONS

703-746-4050, http://alexandriava.gov/Elections  
132 North Royal Street, Alexandria, 22314; FAX 703-838-6449; email tom.parkins@alexandriava.gov

### ARLINGTON BOARD OF ELECTIONS

703-228-3456, http://www.arlingtonva.us/vote,  
2100 Clarendon Blvd. Suite 320, Arlington, 22201; FAX 703-228-3659; email voters@arlingtonva.us

20190

❖ West Springfield Governmental Center, 6140 Rolling Road, Springfield, VA 22152

❖ Mason Governmental Center, 6507 Columbia Pike, Annandale, VA 22003

❖ Mount Vernon Governmental Center, 2511 Parkers Lane, Alexandria, VA 22306

❖ Sully Governmental Center, 4900 Stonecroft Boulevard, Chantilly, VA 20151

Absentee In-person Voting in the City of Alexandria:

In-person absentee voting starts Friday, Sept. 21 at 8 a.m. and ends Saturday, Nov. 3 at 5 p.m.

Regular hours for in-person absentee voting are Monday - Friday, from 8 a.m. - 5 p.m. at the Office of Voter Registration and Elections, 132 North Royal Street, Suite 100 (the office is closed on Monday, Oct. 8).

Beatley Library will be used as a second absentee voting site beginning Thursday, Oct. 25.

More details, including dates of extended hours at <http://alexandriava.gov/elections/info/default.aspx?id=1720>

Arlington In-person Absentee Voting:

Will be available starting Sept. 21 and ending 5 p.m. on Saturday, Nov. 3 at 2100 Clarendon Blvd., Lobby Level, 8:30 a.m. to 5 p.m. Monday to Friday, (closed Oct. 8) with some extended hours, and Saturdays beginning Sept. 29.

Two satellite locations, Barcroft Sport and Fitness Center, 4200 S. Four Mile Run Drive and Madison Community Center, 3829 N. Stafford St., will have in-person absentee voting from Oct. 6 - Nov. 3. For hours, visit <http://www.arlingtonva.us/departments/voterregistration/voterregistrationabsenteevoting.aspx>

### WHAT'S ON THE BALLOT?

Every voter in Virginia will vote for U.S. senator and their member in the U.S. House of Representatives, in addition to President of the United States and two constitutional questions.

For Senate, Tim Kaine (D), former governor will face George Allen (R), also former governor and former U.S. senator, to replace U.S. Sen. Jim Webb (D) who is retiring from the Senate after a single term. Webb defeated George Allen six years ago. Connection coverage of the U.S. Senate race is available at <http://www.connectionnewspapers.com/news/Election/National/Senate/>

Two constitutional questions will appear

on all Virginia ballots, one about the use of eminent domain and one about the timing of a particular session of the General Assembly to consider overriding vetoes by the governor of legislation that was passed by the assembly. See <http://www.sbe.virginia.gov/webdocs/201211ConstitutionalAmendmentsPoster.pdf>.

In the races for U.S. House of Representatives, it's worth noting that redistricting resulted in significant changes in Northern Virginia in terms of who your U.S. representative will be. If you live in Reston, for example, while last election you were represented by Jim Moran and the 8th district, now you are in the 11th district where the incumbent is Gerry Connolly. See the map for details. Fairfax County is represented by three Congressional Districts, 8, 10 and 11. Connection coverage of congressional races is available at <http://www.connectionnewspapers.com/news/Election/National/Representatives>.

In the 8th District, incumbent Rep. Jim Moran (D), seeking his 12th term since being elected in 1990, will face Patrick Murray (R), and two independent candidates, Janet Murphy and Jason Howell. The 8th district includes all of Alexandria and Arlington, plus parts of Fairfax County including Mount Vernon, Lorton and parts of McLean, Tysons and Falls Church.

In the 10th District, Frank Wolf (R), elected to office in 1982, will face Democrat Kristin A. Cabral and independent J. Kevin Chisholm. The 10th district sprawls from McLean to Winchester, and includes Great Falls, Chantilly, parts of Fairfax Station, the Town of Clifton, part of Burke and Springfield.

In the 11th District, Gerry Connolly (D), former chairman of the Fairfax County Board of Supervisors, elected to Congress in 2008, will face Republican Chris Perkins and Independents Joe Galdo and Peter M. Marchetti. The 10th district now includes the City of Fairfax, the Town of Herndon, Reston, central Fairfax County including parts of Burke, Springfield and Lorton.

**IN FAIRFAX COUNTY**, voters will also decide whether to invest in infrastructure based on four bond questions, answering yes or no to supporting \$75 million for parks, \$55 million for public safety facilities, \$25 million for library facilities and \$30 million for stormwater and sewer improvements. [http://www.fairfaxcounty.gov/elections/nov\\_2012\\_county\\_bond\\_issues.pdf](http://www.fairfaxcounty.gov/elections/nov_2012_county_bond_issues.pdf)

**IN THE CITY OF ALEXANDRIA**, voters will also choose a mayor, members of the city council and school board.

The Alexandria City Council is composed of a Mayor and six Council members who are elected at-large for three-year terms. Incumbent mayor Bill Euille (D) will face Andrew H. Macdonald (I) in the race for mayor.

Voters will choose six City Council members from the list of 12: Frank H. Fannon IV (R)\*, Alicia R. Hughes (R)\*, John R. "Bob" Wood (R), John Taylor Chapman (D), Timothy Lovain (D), Del Pepper \*(D), Allison Silberberg (D), Paul C. Smedberg❖ (D), Justin M. Wilson (D), Glenda B. Davis (I), Robert Krause (L), Jermaine A. Mincey (I). ❖ means incumbent.

The Alexandria City School Board is a nine-member elected body that adopts policy for the daily operation of schools and sees that school laws are properly explained, enforced, and observed. The city is divided into three voting districts, and three Board members are elected from each district. Each member serves a three-year term. Incumbents marked \*.

School Board District A: Stephanie Amann Kapsis, William E. "Bill" Campbell\*, Karen A. Graf, Helen F. Morris\*, Joyce D. Rawlings, Heath E. Wells

School Board District B: Michael A. Brookbank, Chyrell D. Bucksell, Kelly Carmichael Booz, Justin P. Keating, Marc Williams❖

School Board District C: Ronnie M. Campbell\*, Patricia A. "Pat" Hennig, Christopher J. Lewis, Jeff N. Zack.

**IN ARLINGTON**, voters will choose one member of the County Board and one member of the School Board. Both Arlington boards are made up entirely of at-large members, so both races will appear on all Arlington ballots.

Incumbent Libby Garvey (D) will face Matthew A. Wavro (R) and Audrey R. Clement (I) for the seat on the County Board.

For School Board, incumbent Emma N. Violand-Sanchez will face Noah L. Simon.

Arlington voters will also decide yes or no on four bond questions, whether to authorize raising \$32 million public schools, \$28 million for community infrastructure, \$50 million for local parks and recreation, and \$32 million for Metro and transportation. <http://www.arlingtonva.us/departments/voterregistration/forms/Bonds2012ENG.pdf>



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## ENTERTAINMENT

Send announcements to [herndon@connectionnewspapers.com](mailto:herndon@connectionnewspapers.com). Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com).

### WEDNESDAY/AUG. 22

**Summer Dinner Cooking Class at Williams-Sonoma.** 6-8 p.m. Reston Town Center, 11900 Market St., Reston. \$45. 571-203-8815. [williams-sonoma.com](http://williams-sonoma.com).

**Open Mic Night.** 9:30 p.m.-1:30 a.m. Jimmy's Old Town Tavern, 697 Spring St., Herndon. Every Wednesday. Register your band at [BluesSlide@aol.com](mailto:BluesSlide@aol.com) or 703-593-5206. [www.jimmystavern.com](http://www.jimmystavern.com).

### THURSDAY/AUG. 23

**Local Beer Tasting Dinner at Market Street Bar & Grill.** 7 p.m. 1800 Presidents St., Reston. \$34 per person. Reservations at 703-925-8250. [marketstreetbarandgrill.com](http://marketstreetbarandgrill.com).

**Wine Dinner at Il Fornaio.** 7 p.m. Reston Town Center, 11990 Market St., Suite 106, Reston. Reston Five-course dinner paired with wines. \$65 (plus tax & gratuity). Reservations at [banquets.reston@ilfo.com](mailto:banquets.reston@ilfo.com) or 703-437-5544. [ilfornaio.com](http://ilfornaio.com)

**"Dirty Rotten Scoundrels."** 8 p.m. Industrial Strength Theatre, 269 Sunset Park Dr., Herndon. A musical about two con men plying their "trade" in the French Riviera. \$23. [www.eldenstreetplayers.org](http://www.eldenstreetplayers.org).

**"At Home in Herndon."** Post Gallery ArtSpace Herndon, 750 Center St., Herndon. The Herndon Town Calendar Photography Exhibit features finalists of the Herndon Town Calendar Photography Competition. Free. Exhibit runs through Sept. 9. [www.artspaceherndon.org](http://www.artspaceherndon.org).

### FRIDAY/AUG. 24

**"Dirty Rotten Scoundrels."** 8 p.m. Industrial Strength Theatre, 269 Sunset Park Dr., Herndon. A musical about two con men plying their "trade" in the French Riviera. \$23. [www.eldenstreetplayers.org](http://www.eldenstreetplayers.org).

**"At Home in Herndon."** Post Gallery ArtSpace Herndon, 750 Center St., Herndon. The Herndon Town Calendar Photography Exhibit features finalists of the Herndon Town Calendar Photography Competition. Free. Exhibit runs through Sept. 9. [www.artspaceherndon.org](http://www.artspaceherndon.org).

### SATURDAY/AUG. 25

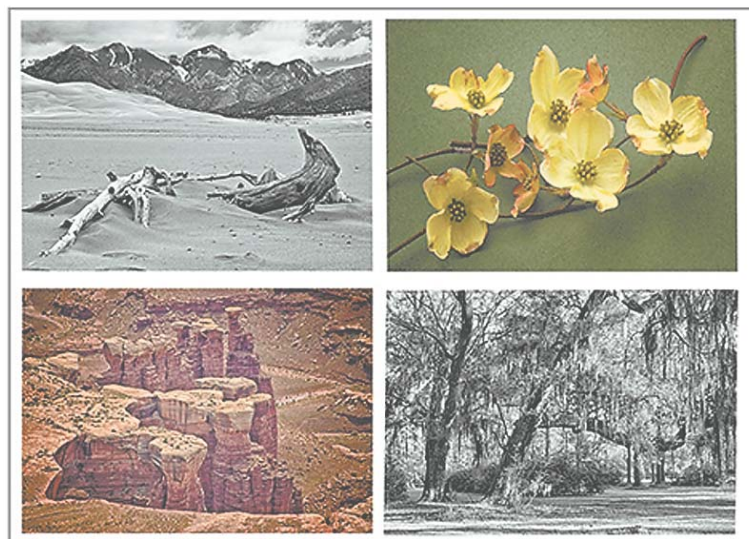
**CINE CLASSICS Movie Series "Auntie Mame" (1958).** 11 a.m. Bow Tie Cinemas, 11940 Market St., Reston. Seats \$5; \$4 for Criterion Club. 703-464-0816. [bowtiecinemas.com](http://bowtiecinemas.com).

**Cooking Class at Il Fornaio.** Noon. Reston Town Center, 11990 Market St., Suite 106, Reston. Three-course lunch with wine and recipes. \$45 (plus tax & gratuity). Reservations at [banquets.reston@ilfo.com](mailto:banquets.reston@ilfo.com) or 703-437-5544. [ilfornaio.com](http://ilfornaio.com)

**Disney and Film Art of John Rowe - Exhibition at ArtInsights.** 2-6 p.m. Reston Town Center, 11900 Market St., Reston. Meet the artist and see the premier of original exclusive art from Disney film posters, plus Misty of Chincoteague books. 703-478-0778.

**A Swingin' Great Time.** 7:30 p.m. Reston Town Center Pavilion, Market St., Reston. Big Joe & The Dynafloes. New Orleans-style swing and jump blues. [www.restontowncenter.com](http://www.restontowncenter.com).

**Reston Concert on the Town Series - Big Joe & the Dynafloes.** 7:30-10 p.m. Reston Town Center, 11900 Market St.,



## Fine Art Nature Photography Exhibit

Tuesday, Sept. 4, 8:30 a.m.-5 p.m., Long Gallery at the United States Geological Survey, 2201 Sunrise Valley Drive, Reston. Building open to public during regular business hours, photo ID required for entry. Displayed through Aug. 28th. 703-255-1426.

Reston. [www.restontowncenter.com](http://www.restontowncenter.com). **"Dirty Rotten Scoundrels."** 8 p.m. Industrial Strength Theatre, 269 Sunset Park Dr., Herndon. A musical about two con men plying their "trade" in the French Riviera. \$23. [www.eldenstreetplayers.org](http://www.eldenstreetplayers.org).

### SUNDAY/AUG. 26

**30th Annual Reston Century Bike Tour.** 6 a.m. registration, Pavillion & W&OD Trail. Riders select 30, 63 or 100 mile routes. [restonbikeclub.org](http://restonbikeclub.org).

**CINE CLASSICS Movie Series "Auntie Mame" (1958).** 11 a.m. Bow Tie Cinemas, 11940 Market St., Reston. Seats \$5; \$4 for Criterion Club. 703-464-0816. [bowtiecinemas.com](http://bowtiecinemas.com)

### WEDNESDAY/AUG. 29

**Grilling Class a la Bobby Flay at Williams-Sonoma.** 6-8 p.m. Reston Town Center, 11900 Market St., Reston. \$45. 571-203-8815. [williams-sonoma.com](http://williams-sonoma.com).

### SATURDAY/SEPT. 1

**Porsche Club Car Show.** 10 a.m.-3 p.m. Reston Town Center, Pavilion & Market Street. Collection of vintage Porsches. [pcapotomac.org](http://pcapotomac.org)

### WEDNESDAY/SEPT. 5

**A History Of Rubble and Rumbings: Earthquakes in the Eastern U.S.** Lecture. 7-8 p.m. USGS Federal Facility, 12201 Sunrise Valley Dr., Reston. Learn about the history of earthquakes and find out how to prepare for the next big one in your area. Free. Photo I.D. required. 703-648-7770. [jcorley@usgs.gov](mailto:jcorley@usgs.gov).

### SATURDAY/SEPT. 8

**Great Grapes! Wine, Arts & Food Festival.** 10 a.m.-6 p.m., NE Surface Lot & Park. Admission includes unlimited sampling of 200+ wines from 20 Virginia wineries, seminars, Gourmet Live cooking demos, continuous live music and souvenir wine glass. 800-830-3976. [uncorkthefun.com](http://uncorkthefun.com).

### SUNDAY/SEPT. 9

**Great Grapes! Wine, Arts & Food Festival.** 10 a.m.-6 p.m., NE Surface Lot & Park. Admission includes unlimited sampling of 200+ wines from 20 Virginia wineries, seminars, Gourmet Live cooking demos,

continuous live music and souvenir wine glass. 800-830-3976. [uncorkthefun.com](http://uncorkthefun.com).

### SATURDAY/SEPT. 15

**Tigerlily Pink Boa 5K.** 8 a.m. Run/walk to benefit young women before and after breast cancer. Register at [tigerlilyfoundation.org](http://tigerlilyfoundation.org).

### SUNDAY/SEPT. 16

**Celebrating Jaguars.** 10 a.m.-3:30 p.m., Pavilion & Market Street, Reston. The Nation's Capital Jaguar Owners Club (NCJOC) presents its 48th Concours d'Elegance judged car show. 571-213-1847. [ncjoc.org](http://ncjoc.org).

### WEDNESDAY/SEPT. 19

**Open Mic Night.** 9:30 p.m.-1:30 a.m. Jimmy's Old Town Tavern, 697 Spring St., Herndon. Every Wednesday. Register your band at [BluesSlide@aol.com](mailto:BluesSlide@aol.com) or 703-593-5206. [www.jimmystavern.com](http://www.jimmystavern.com).

### SATURDAY/SEPT. 22

**Fairfax Symphony Orchestra: Masterworks I.** 8 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. Conductor Christopher Zimmerman and pianist Jeffrey Biegel perform Adams' The Chairman Dances, Zwilich's Shadows for Piano and Orchestra, Bernstein's Three Dance Episodes from "On the Town" and Gershwin's Piano Concerto in F Major. \$25-\$55. 703-563-1990 or [www.fairfaxsymphony.org](http://www.fairfaxsymphony.org).

### WEDNESDAY/SEPT. 26

**Meet Me at the Movies - Senior Movie Day.** 10 a.m. Bow Tie Cinemas, 11940 Market Street, Reston. Watch the "Best Exotic Marigold Hotel." Free to those 55+. 703-435-6530.

### SUNDAY/SEPT. 30

**Walk to End Alzheimer's & Candlelight Rally.** 5 p.m., Pavilion & sidewalks. Registration at 5 p.m., walk at 6 p.m., Candlelight Rally at 7 p.m. Register at [alz.org/walk](http://alz.org/walk).

### WEDNESDAY/OCT. 17

**Open Mic Night.** 9:30 p.m.-1:30 a.m. Jimmy's Old Town Tavern, 697 Spring St., Herndon. Every Wednesday. Register your band at [BluesSlide@aol.com](mailto:BluesSlide@aol.com) or 703-593-5206. [www.jimmystavern.com](http://www.jimmystavern.com).

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The Mount Vernon Gazette

**Zone 4:** Centre View North  
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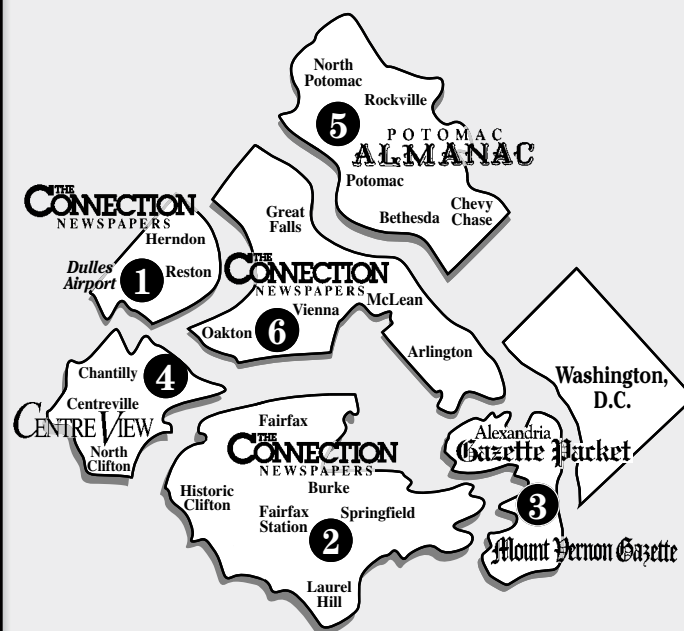
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always the  
easiest to do  
because there is  
no competition.  
-William Van Horne

## Life in the Cancer Lane



By KENNETH B. LOURIE

Not to look a reasonably good result from my anti-cancer oral medication in the mouth, but however good I feel, however asymptomatic I am (other than the dry skin and pimply rash on my face), the results from my next CT Scan in early September will tell me how I should really feel. If the tumors (one in particular) have not grown or moved – or have even shrunk, I will feel Tony-the-Tiger “Great!” If on the contrary, the tumors have grown again, as they had in June – after my two previous chemotherapy infusions, then whatever I think I feel now will be replaced by what I don’t want to think about ever: the presumably inevitable, now-what?

“Now what” as in “what next,” has rarely been a discussion I’ve had with my oncologist, the scenario question as I refer to it. Whenever I would ask the perfectly logical question – to me, about what we might do if so and so happens or if such and such occurs (medically speaking relating to the cancer, that is) my doctor would always defer, and advise patience and caution, not wanting to get too far ahead of where we were but rather wait until we got there – considering that “there” is hardly a straight line. As difficult as it was for me to not always have clear options and strategies outlined for the future, what did become clear to me was that trying to anticipate such outcomes and plan treatment protocols accordingly, was not something my oncologist was comfortable doing, given the variability and unpredictability of how my body (cancer) would respond to whatever we had been doing. In a professional way, sort of, it was kind of a waste of his time to discuss treatment for eventualities which had not yet manifested themselves. The plan/his thinking was – as I soon learned, preempt what we could, treat what we knew, and wait for results to know what, or what not to do, next.

Presuming facts not yet in evidence and/or reactions not yet diagnosed/confirmed was natural for me – as a salesman. For an oncologist however, it would be unethical almost, to tell me things which are not yet true but might be or might not be, depending on... And so I’ve come to accept that (for awhile, I continued to ask except-type scenario/what if questions). Eventually, I grew comfortable with these perimeters and knew that waiting – and hoping – and wondering, was going to be the currency with which I was going to pay my emotional dues. Once having assimilated these dos and don’ts into my understanding and expectations, the planning of my present and future life became less stressful, oddly enough. Once I knew the limitations of our conversations projecting medically (into a very uncertain future), I could work it into my head and better manage the emotional roller coaster which had/become my life. Oh sure, we had general discussions about treatment options, and there was a road map of sorts, but specifically visiting and discussing scenarios A, B and C either in person or electronically was rarely how our time together has been spent.

If I hadn’t learned to sit tight and wait for results – and then discuss those results and future treatment options, I might have driven myself and all those around me crazy. Now I’m waiting again – until September. Having been there and done that now for three and a half years certainly helps. And however familiar it may be and/or has become, it doesn’t exactly help to pass the time or affect the results, unfortunately. Cancer sucks! That much is clear. Now and in the future.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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# AN INSIDER'S GUIDE TO AREA PARKS

Visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com) for more Fairfax County parks.



**Scotts Run, McLean**

FROM PAGE 11

## 10 Fairfax Villa Park

4420 Belden Street, Fairfax  
historic structure, biking/historic/hiking trails, natural areas  
59.7 acres, community park

## 11 Fred Crabtree Park

2801 Fox Mill Road, Herndon  
Little league (lit), soccer/football field (unlit), historical structure, biking/equestrian/hiking/nature trails  
208.5 acres, district park

## 12 Frying Pan Farm Park

2717 West Ox Road, Herndon  
historic structure, biking/equestrian/hiking trails, open areas, playground  
135.3 acres, multiple resource park

## 13 Great Falls Nike Park

1089 Utterback Store Road, Great Falls  
baseball field (lit), soccer/football field (unlit), basketball (unlit), tennis (unlit), playground, biking/hiking trails  
45.5 acres, district park

## 14 Grist Mill Park

4710 Mount Vernon Memorial Hwy, Alexandria  
baseball, soccer/football, basketball, biking/hiking trails, playground  
75.5 acres, district park

## 15 Huntley Meadows Park

3701 Lockheed Boulevard, Alexandria  
nature center, historic structure, biking/hiking/nature trails, observation tower, boardwalk  
1444.8 acres, natural resource park

## 16 Hybla Valley Park

3431 Lockheed Boulevard, Alexandria  
tennis, hiking trails, open areas  
1.2 acres, neighborhood park

## 17 Lake Accotink Park

7500 Accotink Park Road, Springfield  
basketball, volleyball, minigolf, trails, picnic  
448.1 acres, multiple resource park

## 18 Lake Braddock School Site

9200 Burke Lake Road, Burke  
soccer/football (unlit), fitness trails, open areas  
13.1 acres, community park

## 19 Lake Fairfax Park

1400 Lake Fairfax Drive, Reston  
softball (lit), soccer/football (unlit), amphitheater, carousel, campground, tour boat, picnic shelters  
479 acres, multiple resource park

## 20 Lake Mercer Park

9500 Silverbrook Road, Fairfax Station  
historic structure, biking/hiking/historic trails, fishing  
196.5 acres, multiple resource park

## 21 Langley Fork Park

6250 Georgetown Pike, McLean  
baseball (lit), soccer/football (unlit), basketball (unlit), biking/fitness trails  
54 acres, district park

## 22 Laurel Hill Park

8515 Silverbrook Rd., Lorton  
baseball (unlit), softball (unlit), clubhouse, driving range, 18 hole, disc golf, picnic areas, hiking/biking  
1197.5 acres, countywide park

## 23 Lee District Park

6601 Telegraph Road, Franconia  
softball, soccer/football, tennis, basketball, volleyball, trails, treehouse  
138 acres, district park

## 24 Lewinsville Park

1659 Chain Bridge Road, McLean  
baseball, soccer/football (lit), basketball, tennis, biking/fitness trails, picnic, playground, tot lot  
37.7 acres, district park

## 25 Mason District Park

6621 Columbia Pike, Annandale  
softball (lit), soccer/football (unlit/lit), basketball (lit), tennis (lit), shuffleboard, dog park, amphitheater, biking/hiking/fitness  
121.2 acres, district park

## 26 Muddy Hole Farm Park

7941 Kidd Street, Alexandria  
soccer/football, basketball, tennis, hiking trails, picnic areas, playground  
13.6 acres, community park

## 27 Newington Heights Park

8590 Heller Road, Lorton  
soccer/football, basketball, tennis, biking/hiking trail, playground  
69.3 acres, district park

## 28 Nottoway Park

9537 Courthouse Road, Vienna  
baseball (lit), soccer/football (lit), basketball (lit), tennis (lit), trails, picnic  
90.9 acres, district park

## 29 Patriot Park

12111 Braddock Road, Fairfax  
little league (lit), soccer/football (lit)  
130.5 acres, district park

## 30 Pope Head Park

5635 Rivercomb Court, Clifton  
soccer/football, basketball, tennis, biking/fitness/hiking trails, picnic, playground  
75.6 acres, district park

## 31 Poplar Tree Park

4718 Stringfellow Road, Chantilly  
baseball (lit), soccer/football (lit), biking, hiking, picnic, playground  
48.3 acres, district park

## 32 Riverbend Park

8700 Potomac Hill Street, Great Falls  
nature center, historic structure, biking/equestrian/hiking trails, picnic areas, craft room  
411.2 acres, multiple resource park

## 33 Rolling Valley West Park

6512 Sydenstricker Road, Burke  
softball, soccer/football (lit), basketball, tennis, biking, hiking, playground  
20.7 acres, community park

## 34 South Run District

7550 Reservation Drive, Springfield  
baseball, soccer/football, basketball, tennis, recenter, equestrian, playground, swimming  
196 acres, district park

## 35 Spring Hill Park

1239 Spring Hill Road, McLean  
swimming, fitness rooms, racquetball, picnic, playground, soccer/football  
46.1 acres, district park

## 36 Wakefield Park & RECenter

8100 Braddock Road, Annandale  
softball, soccer/football, basketball, tennis, recenter, biking, fitness trail, skate park  
292.6 acres, multiple resource park



**Ellanor C. Lawrence Park, Chantilly**



**Frying Pan Farm Park, Herndon**



**Burke Lake Park, Fairfax Station**



## Getting to Know Area High School Sports



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

**Herndon midfielder Bryant Fernandez (4) is shown during the 2011 Concorde District finals match versus Oakton.**

### Herndon High: Boys' soccer team won a Concorde District title in 2012.

*School: Herndon High School.  
Mascot: Hornets.  
School Colors: Red and black.  
Athletic Director: Jonathan Frohm, 703-810-2275.  
Football Coach: Brian Day (first year).  
The Hornets went 2-8 in 2011, with wins against South Lakes and Washington-Lee.  
Field Hockey Coach: Mary Miller.  
Volleyball Coach: Rebecca Waters.  
Boys' Basketball Coach: Gary Hall.  
Girls' Basketball Coach: Reggie Barnes.  
Wrestling Coach: Mike Gonzales.  
Baseball Coach: Greg Miller.  
Boys' Soccer Coach: Sean Lanigan.  
Rival School: South Lakes.*

❖ **What Happened Last Year:** The boys' basketball team qualified for regionals. The boys' soccer team finished 11-3-3 and won a Concorde District title,

but lost to South Lakes in the opening round of regionals. The boys' lacrosse team started 7-1 but went winless during Concorde District play. The softball team went 12-9 but lost in the opening round of districts.

❖ **Famous Graduates:** Brandon Guyer (2004) was an outfielder/designated hitter for the University of Virginia and a fifth-round selection of the Chicago Cubs in the 2007 MLB Draft. He now plays for the Tampa Bay Rays. Scottie Reynolds (2006) was a McDonald's All-American and three-time Northern Region Player of the Year for the boys' basketball team. He played collegiately at Villanova University.

❖ **Quotable:** "We always emphasize playoffs. The playoffs are a whole new season for us." — Herndon boys' soccer coach Sean Lanigan, whose Hornets won a Concorde District title in 2012.



CONNECTION FILE PHOTO

**South Lakes High: Wrestler Ryan Forrest finished state runner-up in 2012.**

### South Lakes High: Wrestler Forrest finished state runner-up.

*School: South Lakes High School.  
Mascot: Seahawks.  
School Colors: Royal Blue and Kelly Green.  
Athletic Director: Linda Jones, 703-715-4517.  
Football Coach: Marvin Wooten (second year).  
The Seahawks went 1-9 in 2011, with their lone victory coming against Marshall.  
Field Hockey Coach: Jessica Dowd.  
Volleyball Coach: Cheri Hostetler.  
Boys' Basketball Coach: Andrew Duggan.  
Girls' Basketball Coach: Christy Winters Scott.  
Wrestling Coach: Bruce Hall.  
Baseball Coach: Galvin Morris.  
Boys' Soccer Coach: Marty Pfister.  
Rival School: Herndon.*

❖ **What Happened Last Year:** Wrestler Ryan Forrest finished state runner-up at 160 pounds. The girls' basketball team finished district runner-up. The boys' basketball team won 15 games but lost in the opening round of the district tournament. The boys' soccer team reached the region

quarterfinals.

❖ **Famous Graduates:** Grant Hill (1990) has played 17 seasons in the NBA for the Detroit Pistons, Orlando Magic, Phoenix Suns and Los Angeles Clippers. The Pistons selected Hill with the third pick of the 1994 NBA Draft. Hill was the 1995 NBA co-Rookie of the year and is a seven-time All-Star. After being named a McDonald's All-American at South Lakes, Hill played collegiately at Duke University, where he won two national championships. In 1994, he was a first-team All-American and the ACC Player of the Year. Alan Webb (2001) is a professional track athlete who holds the American record in the mile. He's competed in the 2004 Olympic Games. Christy Winters-Scott (1986) played basketball for the University of Maryland and was inducted into the school's athletic hall of fame.

❖ **Quotable:** "I'd never been pinned and I was not going to be pinned in my last [high school] match." — South Lakes wrestler Ryan Forrest, who finished state runner-up despite battling an illness called creatine kinase.

### Oakton High: Girls' basketball, lacrosse teams win state titles.

*School: Oakton High School.  
Mascot: Cougars.  
School Colors: Burgundy and gold.  
Athletic Director: Pat Full, 703-319-2760.  
Football Coach: Jason Rowley (second year).  
The Cougars won their first seven games of 2011, finished the regular season 8-2 and qualified for the postseason, losing to Lake Braddock in the region quarterfinals.  
Field Hockey Coach: Kaitlin Fleischmann.  
Volleyball Coach: Dan Courain.  
Boys' Basketball Coach: Dave Brooks.  
Girls' Basketball Coach: Fred Priester.  
Baseball Coach: Justin Janis.  
Softball Coach: Ray Gordon.  
Rival School: Madison.*

❖ **What Happened Last Year:** The field hockey team finished Concorde District runner-up. The girls' basketball team went 31-0 en route to a state championship. The girls' lacrosse team won a state title. The boys' lacrosse team won a district title and advanced to the region semifinals. The softball team finished district and Northern Region runner-up.

❖ **Famous Graduates:** Eugene Chung (1987 graduate) was an offensive lineman selected by the New England Patriots in the first round of the 1992 NFL Draft. He also played for the Jacksonville Jaguars and Indianapolis Colts during his five-year career. He played collegiately at Virginia Tech. Cody Grimm (2005) is a safety for the Tampa Bay

Buccaneers. He played collegiately at Virginia Tech before the Buccaneers selected him in the seventh round of the 2010 NFL Draft. Jasmine Thomas (2007) is a guard for the WNBA's Washington Mystics. She played collegiately at Duke, where she was one of the program's top 10 scorers of all time. The Seattle Storm selected Thomas in the first round of the 2011 WNBA Draft.

❖ **Quotable:** "It took a lot of hard work, determination, and focus for us to pull this off. In the regular season we were expected to win every game but in the playoffs it takes a lot more focus to win every game." — Caroline Miller after the Oakton girls' basketball team went undefeated during the 2011-12 season.



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

**The Oakton girls' lacrosse team won a state title in 2012.**



# News

## Dining at the White House

FROM PAGE 3

husband on Father's Day, when she came across the contest website.

"I saw the sidebar about the challenge, read the rules and realized Madeleine met the criteria, so I approached her," Debra Steppel said.

Madeleine said she stressed about putting the recipe together. At Great Falls Elementary, her nickname is "soup girl," so she thought she would like to do something with soup, and in the end decided to treat it like her favorite television show, "Chopped."

"In the show they have to put together a bunch of different ingredients together, and that's what I had to do with all the food groups," she said. "The contest was going to have winners from all 50 states, so I got the idea for a Virginia recipe, and that's when I looked in the 'Celebrate Virginia' cookbook and found Sen. Mark Warner's (D) recipe for creamless asparagus soup."

Madeleine read that Virginia's state beverage is milk, which made her think of a chowder, to which she added whitefish, peas and car-

rots. She chose salad because she needed fruits.

The meal is gluten-free, nut-free, kosher and halal. It contains parts of each food group: salad greens, carrots, peas and potatoes for vegetables, cherry tomatoes, strawberries, dried cranberries and orange juice for fruits, protein from the fish, dairy from the milk and grains from the whole grain bread served with the soup.

In order to keep the chowder healthy, Madeleine Steppel had to steer clear of heavy cream, opting instead to make a roux, which is melted fat, such as butter, mixed with flour to serve as a thickening agent.

"It was a big hit, her brother asked for thirds," Debra Steppel said.

After receiving the good news at Camp Louise, Madeleine helped make her recipe for the entire camp. While Madeleine's recipe calls for it to make four to six servings, it had to be adapted for 600 to feed all the campers at Camp Louise.

"People kept coming up to me and saying how good it was, which was a really good feeling," she



**Madeleine Steppel, 9, and her mother Debra in front of the White House. Madeleine won a healthy lunchtime contest online, and dined with the president and first lady Monday, Aug. 20.**

said. "It felt good because I didn't know a lot of them, but the meal was good enough that they had to say something."

**DURING HER TRIP** to the White House, Madeleine Steppel got to examine the White House Garden, meet White House Assistant Chef Sam Kass and examine the garden's fig tree, which held a special interest since the Steppels have one in their backyard.

Be a part of our **Wellbeing** pages, the first week of every month.

Delight in our **HomeLifeStyle** sections, the second week of every month. Peek at the top real estate sales, glimpse over-the-top remodeling projects, get practical suggestions for your home.

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41994 Kudu Ct.....\$694,000.....Sun 1-4.....Rich Triplett..Samson Props..703-217-1348  
3635 Beech Down Dr.....\$524,900.....Sun 1-4.....Cristina Dougherty...Long & Foster..703-969-0471

### Clifton

12406 Shari Hunt Grove..\$1,050,000.....Sun 1-4.....Carol Hermandorfer...Long & Foster..703-503-1812

### Fairfax Station

8303 Pinyon Pine Ct.....\$749,500.....Sun 1-4.....Christine Shevock.....RE/MAX..703-475-3986

### Haymarket

16206 Tiffany Ln.....\$359,900.....Sun 1-4.....Karla Daniels..Samson Props..571-330-0534

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6111 Summer Park Ln.....\$439,900.....Sun 1-4.....Jim Souvagas...Long & Foster..703-919-9191

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1529 Hardwood Ln.....\$1,025,000.....Sun 1-4.....Jane Price.....Weichert..703-628-0470

### Potomac Falls

7664 Woolcott Sq.....\$319,000.....Sun 1-4..Cathy/John McCambridge..Samson Props..703-906-7067

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1401 Greenmont Ct.....\$409,000.....Sun 1-4..Cathy/John McCambridge..Samson Props..703-906-7067

### Sterling

47840 Saulty Dr.....\$799,900.....Sun 1-4.....Janean Buchner.....RE/MAX..703-444-5979  
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20882 Royal Villa Terr.....\$539,000.....Sun 1-4.....Shawna Parde...Long & Foster..703-435-4900  
45842 Oak Branch Ln.....\$539,900.....Sun 12-4.....Bill Wang.....Premier..703-748-0001  
20228 Youngs Cliff Rd.....\$485,000..Sat/Sun 1-4.....David Claypool.....Weichert..703-368-1184  
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24783 Prairie Grass.....\$569,900.....Sun 1-4.....Chris Pezzana.....Weichert..703-447-1662

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❖ **Michael Lee Pope**, FIRST PLACE, Government Writing, *Alexandria Gazette Packet*

❖ **Michael Lee Pope**, FIRST PLACE, Health, Science & Environmental Writing, *Alexandria Gazette Packet*

❖ **Michael Lee Pope**, FIRST PLACE, In-Depth or Investigative Reporting, *Alexandria Gazette Packet*

❖ **Michael Lee Pope**, FIRST PLACE, Public Safety Writing, *Alexandria Gazette Packet*

❖ **Montie Martin**, FIRST PLACE, Business & Financial Writing, *Alexandria Gazette Packet*

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**Montie Martin**



**Deb Cobb**

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❖ **Deb Cobb**, FIRST PLACE, General News Photo, *Fairfax Connection*

❖ **Deb Cobb**, FIRST PLACE, Online Slide Show, *Fairfax Connection*

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❖ **Bonnie Hobbs**, FIRST PLACE, Feature Writing Portfolio, *Centre View North*

❖ **Michael O'Connell, Victoria Ross, Deb Cobb, Robbie Hammer, Bonnie Hobbs,**

**Amber Healy**, FIRST PLACE, Multimedia Feature Report, *Fairfax Connection*

❖ **Alex McVeigh**, FIRST PLACE, In-Depth or Investigative Reporting, *Great Falls Connection*

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❖ **Kenny Lourie**, FIRST PLACE, Sports Column, *Potomac Almanac*

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❖ **Staff**, SECOND PLACE, Lifestyle or Entertainment Pages, *Alexandria Gazette Packet*



**Robbie Hammer**

❖ **Jeanne Theismann**, SECOND PLACE, Headline Writing, *Alexandria Gazette Packet*

❖ **Jeanne Theismann**, SECOND PLACE, Business & Financial Writing, *Alexandria Gazette Packet*

❖ **Jeanne Theismann**, SECOND PLACE, Feature Story Writing, *Mount Vernon Gazette*

❖ **Michael Lee Pope**, SECOND PLACE, Personal Service Writing, *Alexandria Gazette Packet*

❖ **Michael Lee Pope**, SECOND PLACE, Health, Science & Environmental Writing, *Arlington Connection*

❖ **Michael Lee Pope**, SECOND PLACE, Business & Financial Writing, *Mount Vernon Gazette*

❖ **Michael Lee Pope**, SECOND PLACE, Business & Financial Writing, *Mount Vernon Gazette*

❖ **Lashawn Avery-Simon**, SECOND PLACE, General News Photo, *Arlington Connection*

❖ **Mike O'Connell, Victoria Ross, Deb Cobb, Robbie Hammer, Bonnie Hobbs, Amber Healy,**

**SECOND PLACE, Special Sections or Special Editions, Fairfax Connection**

❖ **Julia O'Donoghue**, SECOND PLACE, Education Writing, *Fairfax Connection*

❖ **Marilyn Campbell**, SECOND PLACE, Personal Service Writing, *Great Falls Connection*

❖ **Victoria Ross**, SECOND PLACE, In-Depth or Investigative Reporting, *Fairfax Station/Clifton/Lorton Connection*

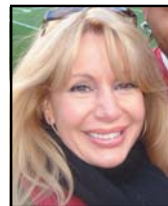
❖ **Jon Roetman**, SECOND PLACE, Sports Writing Portfolio, *Fairfax Station/Clifton/Lorton Connection*



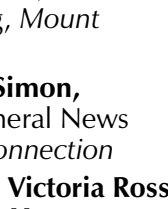
**Kenny Lourie**



**Ken Moore**



**Jeanne Theismann**



**Lashawn Avery-Simon**



**Marilyn Campbell**

## LOCAL MEDIA CONNECTION



**Louise Krafft**

❖ **Louise Krafft**, SECOND PLACE, Picture Story or Essay, *Mount Vernon Gazette*

❖ **Ken Moore, Laurence Foong**, SECOND PLACE, Infographics, *Potomac Almanac*

❖ **Carole Dell**, SECOND PLACE, Local Column, *Potomac Almanac*

❖ **Susan Belford**, SECOND PLACE, Feature Story, Profile, *Potomac Almanac*



**Laurence Foong**



**Susan Belford**

❖ **Louise Krafft**, THIRD PLACE, Pictorial Photo, *Alexandria Gazette Packet*

❖ **Michael Lee Pope**, THIRD PLACE, Breaking News Writing, *Alexandria Gazette Packet*

❖ **Michael Lee Pope**, THIRD PLACE, Business & Financial Writing, *Alexandria Gazette Packet*

❖ **Michael Lee Pope**, THIRD PLACE, In-Depth or Investigative Writing, *Alexandria Gazette Packet*

❖ **Michael Lee Pope**, THIRD PLACE, In-Depth or Investigative Reporting, *Mount Vernon Gazette*

❖ **Mary Kimm**, THIRD PLACE, Editorial Writing, *Alexandria Gazette Packet*

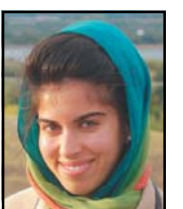
❖ **Mary Kimm**, THIRD PLACE, Editorial Writing, *Burke Connection*

❖ **Victoria Ross**, THIRD PLACE, In-Depth or Investigative Reporting, *Fairfax Connection*

❖ **Kemal Kurspahic, Laurence Foong, Amna Rehmatulla**, THIRD PLACE, Special Sections or Special Editions, *Reston Connection*



**Kemal Kurspahic**



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