



News, Page 3

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How to Register Vote and Vote Early

A Center of

Main Street

Envisioned

NCLea

# Insider's Edition, Page 22



A sign, posted by the McLean Revitalization Corporation, welcoming visitors to downtown McLean.

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New conners Guide 2

Insiders Edition

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2 \* McLean Connection \* August 22-28, 2012

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## Newcomers & Community Guide 2012~13

The intersection of Chain **Bridge Road** and Old Dominion Drive in downtown McLean, where a utility undergrounding project is taking place.

> Рнотоѕ въ ALEX MCVEIGH/ THE CONNECTION



# Main Street Envisioned for McLean What is in store for downtown McLean?

By Alex McVeigh The Connection

hile Tysons Corner is where most of the attention, construction and business headquarters are located, McLean's actual downtown is a much more traditional downtown area. Home to local businesses and nationally acclaimed restaurants, McLean's downtown is also undergoing some improvements of its own.

The McLean Revitalization Corporation, a nonprofit formed in 1998, aims to encourage downtown improvements in the McLean Commercial Revitalization District, a 230-acre parcel centered at the intersection of Old Dominion Drive and Chain Bridge Road.

The county's revitalization efforts include a Main Street Project, which would turn the parking lot parallel to Redmond Street, which serves shops such as Greenberry's and the Old Book Company of McLean, into a mixed-use block with shopping, residential buildings and restaurants.

"The Main Street Project aims to make a pedestrian-friendly, mixed-use area, and we've got some good pieces in place already," said Supervisor John Foust (D-Dranesville). "We've talked about it a lot, but currently it isn't something the landowners are ready to go forward with, but it is a big part of what we envision for the future of McLean and the county is ready, willing and able to move forward."

IN THE PAST FEW YEARS, the McLean Revitalization Corporation has completed two phases of their streetscape project, which includes crosswalks, sidewalks and landscaping along Chain Bridge Road from Westmoreland Street to Cedar Avenue. The project's second phase also included a raised median designed to calm traffic and increase pedestrian safety.

The next phase, currently in a grant proposal stage, calls for brick pavers, updated lighting and landscaping from between Laughlin Avenue and Corner Lane.

In June, the latest downtown revitalization project broke ground, a project that will underground the



From left, Kara Hannibal and M.J. Ulrich, members of McLean High School varsity vollevball, promote their fundraiser in downtown McLean at the corner of Chain Bridge Road and Old Dominion Drive. The area is one of several in downtown McLean that will be revitalized.

utility lines that are over the intersection of Old Dominion Drive and Chain Bridge Road. The electric and communications lines from the Shell station west of the intersection on Old Dominion Drive to the Starbucks near the Southwest corner on Chain Bridge Road up to McLean Cleaners.

See Downtown, Page 4



A student compares positions with her teacher during a ballet class at the McLean Community Center.

## A Center of **Community Life**

McLean Community Center offers something for everybody.

> By Alex McVeigh The Connection

ounded in 1970, the McLean Community Center aims to connect residents of almost every age and interest. It is funded by a tax district that collects 2.2 cents for every \$100 of assessed real estate value in the district.

The Alden Theatre is one of the MCC's signature features. A 386-seat theater, it is home to groups such as the McLean

Community Players and a host of special events. It is named after Robert Alden, a former editor at The Washington Post.

"It's a special place, and the programs they put on are a true testament to the best our culture has to offer, both locally, nationally and internationally,' said James Berkner of McLean, a longtime supporter of the theater. "Last Spring's guest, Aasif Mandvi [of Comedy Central's

See Something, Page 4

**Children play** with the bubbles blown by a clown during one of the McLean Community **Center's** children's events.



www.ConnectionNewspapers.com



Students at a **McLean Community Center** art class work on one of their pieces.

## Newcomers & Community Guide 2012~13

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4 ♦ McLean Connection ♦ August 22-28, 2012

Something for Everyone at MCC

#### From Page 3

'The Daily Show'], was an absolute delight, just smart, incisive observations and humor."

The Alden's box office is currently closed, but tickets for the 2012-13 season will go on sale Oct. 3 for McLean district residents and Oct. 10 for the general public. Among the scheduled performances are Henry Ford's Golden Rod Puppets on Oct. 27 and a selection of rare silent films Nov. 14.

The McLean Community Players will also kick off their latest season Oct. 26 with A.R. Gurney's ing with a family's conflicts at a vacation colony in the closing days of World War II.

For those who aren't theatrically inclined, or just looking for something to do on the Alden's off days, the MCC offers a wide variety of classes and other programs from topics such as cooking, art, senior fitness and technology.

"I've found the community center is a great resource anytime you're trying to pick up a new skill. In my free time, I've found the selection of programs to be wonderful," said Julie Sands of McLean.

"What I Did Last Summer," deal- "I've taken a few cooking classes there, which I think are my favorite, but there's definitely been some good art classes as well."

> Harold Bluth says he enjoys yoga classes at the MCC, which he started doing with his daughter.

> "After I retired, my daughter was on a mission to find something to keep me active, and something we could both benefit from," he said. "It's been a lot of fun, and it certainly has kept me active."

> More information on the MCC can be found at www.mcleancenter.org.

## **Downtown Becoming** Pedestrian-friendly

#### From Page 3

Supervisor John Foust (D-Dranesville) says with the project underway, the county has already received land use applications for the surrounding area.

"We've got two land use applications currently in for residential units, apartment buildings," he said. "We've also got several of the pedestrian crossing and sidewalk improvement projects funded, and the median projects that have already been completed have definitely made the entrance to McLean more attractive."

"To be honest, until I saw the renderings online of the lines are gone, I didn't notice, but now I can't help it," said Cameron Rayon of McLean. "I think in terms of overall feel, the lines underground will make this intersection look a little classier. There are some nice buildings here, with the PNC Bank and the nice looking 7-11. Getting some of the clutter, the lines, out will clean the sites up."

OTHER DOWNTOWN IMPROVEMENTS will be in the pedestrian access, with several projects lined up that will involve installation of crosswalks and other crossings.

The installation of a new storage facility on north Chain Bridge Road (a few blocks from Dolley Madison Boulevard) was another recent step toward revitalization, as the project includes under-grounding the utilities in front of that building, as well as a landscaped pedestrian walkway across Chain Bridge Road and new sidewalks.

Benny Goji, who lives in the large apartment building on Beverly Road, said while he appreciates the what this intersection is supposed to look like when new walkway, he believes walkability in downtown McLean could use much more improvement.

> "The new crosswalk will help when I want to get to the Safeway, but what about walking more to the center of town, to the Giant and the Starbucks?" he said. "I know there's traffic, but we're not Tysons Corner, a few more crosswalks and pedestrian signals would do it."

## Bulletin Board

To have community events listed in the Connection, send to mclean@ connectionnewspapers.com. Deadline is Friday.

### Senior Olympics Deadline

Saturday, Sept.1., register at www.nvso.us for the 2012 Northern Virginia Senior Olympics, to take place throughout Northern Virginia, Sept. 15-26. Participants can compete in over 40 events anywhere from swimming to yoyo tricks. Events will take place on Sept.15-26 at 18 venues throughout Northern Virginia. Registration fee of \$12. For more information, call 703-228-4721 or go to www.nvso.us.

#### THURSDAY/AUG. 23 Greater McLean Chambe

Greater McLean Chamber of Commerce LeadShare Meeting. 7:30 a.m., at Chesterbrook Residences, 2030 Westmoreland St., Falls Church. LeadShare events will be held the 2nd and 4th Thursday of every month. Register at 267-346-1885.

#### FRIDAY/AUG. 24

- English Conversation Group. 10 a.m., at Patrick Henry Library, 101 Maple Ave., East Vienna. 703-938-0405.
- Pokemon League. 3 p.m., at Patrick Henry Library, 101 Maple Ave., East Vienna. Learn and play. Ages 5-12. 703-938-0405.

#### SATURDAY/AUG. 25

CASA Volunteer Information Session. 11 a.m. - 12 p.m. Patrick Henry Library, 101 Maple Avenue East, Vienna. The Fairfax Court Appointed Special Advocates (CASA) is hosting an information session to promote awareness and advocation for neglected or abused children. 703-273-3526 x22 or ekosarin@casafairfax.org.

**balloon art** and there will be a "tomato demonstration" at the Vienna Saturday Farmers Market. The market is located at the caboose parking lot across from 131 Church Street NE, in Vienna. Additional parking is located at Assembly of God Church (corner of Center and Ayr Hill Road NE—just a short walk down the W&OD trail to the market). For updated information visit Facebook\Vienna-Farmers-Market or viennafarmersmarket.com.

#### MONDAY/AUG. 27

English Conversation. 10:30 a.m., Oakton Library, 10304 Lynnhaven Place, Oakton. English practice for non-native speakers. 703-242-4020.

#### TUESDAY/AUG. 28

- **One-on-One English Practice.** 1:30 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Call for an appointment with an ESL volunteer. 703-242-4020.
- **One-on-One Computer Tutoring**. 3 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn the basics of the internet, Word and Excel. Call for an appointment. 703-242-4020.

#### THURSDAY/AUG. 30

**One-on-One Computer Tutoring.** 2 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn the basics of the internet, Word and Excel. Call for an appointment. 703-242-4020.

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Our new early evening menu and beverage offerings are now available in the *Bar Rouge at Jacques' Brasserie* from 5:00 p.m. to 6:30 p.m. Tuesday through Friday, and from 3:00 p.m. to 4:30 p.m. on Sundays. Stop by for a cocktail and choose from a selection of reduced priced appetizers, salads and Tarte Flambées, as well as wines

by the glass and draft beers.





(703) 760-0808

Call For

Directions

## **Committed to our Community**

The Safe Community Coalition (SCC) proudly partners with all public and private schools in the McLean and Langley pyramids and engages the community through:

- Community Outreach Programs
- SCC Youth Advisory Council
- 6th Grade Ethics Days
- Middle School Forums

To learn more about the SCC, to volunteer, or make a tax deductible contribution, visit us at:

## www.safecommunitycoalition.net 703-795-6943

The Safe Community Coalition's vision is a community where youth learn to make responsible, ethical decisions and where they are safe, healthy and free from alcohol and drug use.

**Join US** as we work together for our youth, our families, and our community!



## Safe Community Coalition

Closed Sun.-Mon.

Working together for our youth



## Newcomers & Community Guide 2012~13 School System Committed to Excellence

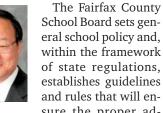
FCPS inspires, enables and empowers students to meet high academic standards, lead ethical lives and demonstrate responsible citizenship.

BY ILRYONG MOON Chairman and Member at Large, Fairfax County School Board

elcome to Fairfax County! One of the pri-

mary reasons you chose to live here may be the excellent reputation of Fairfax County Public Schools (FCPS). As chairman of the Fairfax County School Board, I am pleased to inform you that our reputation as one of the best public school systems in the country is well-deserved.

FCPS is the largest school division in Virginia and the 11th largest in the United States out of more than 15,000 school divisions. The organizational structure of FCPS is focused on meeting the needs of more than 180,000 students while managing 196 schools and centers.



sure the proper administration of the county school program. The division superintendent works closely with the deputy superintendent and the assistant superintendents who oversee the day-today operations of the schools. As a world-class school system, FCPS inspires, enables and empowers students to meet high academic standards, lead ethical lives and demonstrate re-

sponsible citizenship. Despite the economic challenges our school system has

faced over the past four years, our students have continued to succeed at the highest levels. Our commitment to the achievement



Members of the Langley Class of  $\Xi$ 2012 receive their diplomas at DAR Constitution Hall Thursday, June 14. FCPS is the largest school division in Virginia and the 11th largest in the United States out of more than 15,000 school divisions.

of all students is reflected in our students' SAT scores; FCPS' SAT average of 1654 exceeds both the state average of 1516 and the na-

tional average of 1500. For the 2010-11 school year, FCPS' pass rates for the Virginia Standards of Learning assessments were 93 percent in English and 92 percent in mathematics and the achievement gap continued to narrow in reading for Black students and in mathematics for Hispanic students. About 92 percent of FCPS graduates plan to continue on to postsecondary education. In the 2011 ranking of public high schools in the nation by the Washington Post, nearly all FCPS high schools were listed in the top 6 percent. Complete implementation of full-day kindergarten during the 2011-12 school year has been a vital success for the division, ensuring that all of our youngest students will benefit

from the same educational opportunities. The commitment to serve our students is evident, with a majority of resources directed to

the classroom. In FY 2013, 93 percent of our employees will be based in schools and a majority of the operating budget, nearly 86 percent, will be spent on instruction. Hiring and retaining the very best teachers and divisionwide staff is also an essential component of our success.

FCPS valus its diversity and a well-rounded education that goes beyond basics and encompasses the arts, literacy technology and preparation for the world of work. In return, the residents of Fairfax County embrace their schools. Businesses and community members generously volunteer their time and resources to help students. Schools are integrated into the fabric of the community, and residents take pride in the success of FCPS. Additionally, FCPS facilities and athletic fields are available for use by the community, and adult and community education classes are offered throughout the year at locations throughout the county.

Once again, welcome to Fairfax County. Enjoy all that our community has to offer including our world-class school system!

Adolescent and Adult Counseling 1487 Chain Bridge Road, Suite 300 📄 **OUNSELING** McLean, Virginia 22101 703.255.1091

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## Matthew Ryan, MA, LPC, NCC

ADD / ADHD & Anxiety Specialist

and a National Certified Counselor. A native of Washington, D.C., Matthew provides counseling



Matthew is a Licensed Professional Counselor

for adults and adolescents, specializing in resultsoriented Cognitive Behavioral Therapy (CBT) and Crisis Intervention. He holds a Bachelor of Arts in Psychology from George Washington University and a Master of Arts in Psychology from Argosy University in Washington, D.C.

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## News

ropel forward within a Sun Design is opening their doors to their corporate office in pursuit of top performing salespersons, designers with structural experience, and lead carpenters for their production staff. Sun Design, an architectural design-build firm, has been transforming fine Northern Virginia homes for 24 years.

CAREER FAIR

Sun Design Remodeling Specialists, Inc.

When: Saturday, August 25th, 10am - 2pm

The second office, located in McLean, opens in just a few weeks!

### SUN DESIGN

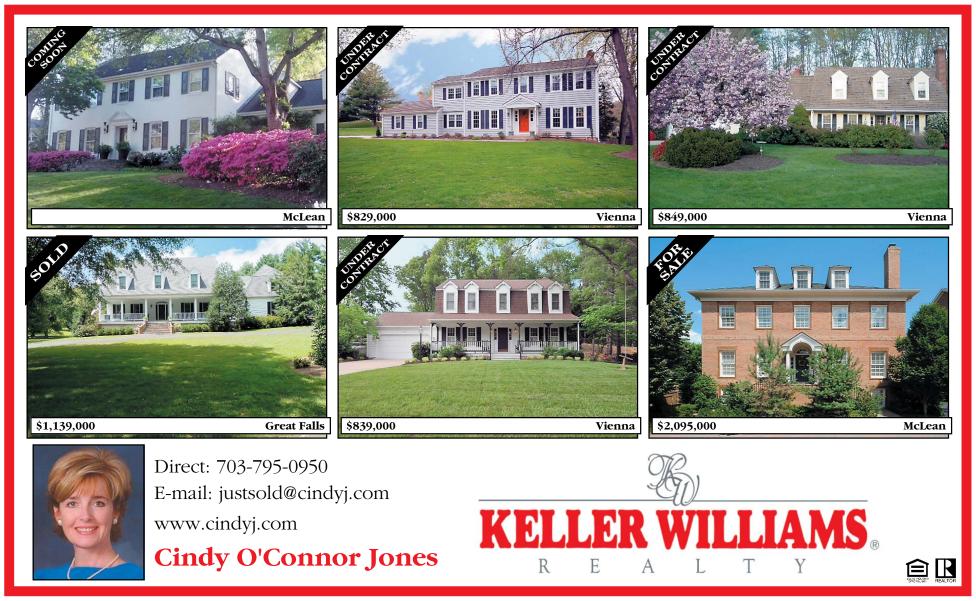
design/build I additions I kitchens I baths I basements I outdoor spaces 703.425.5588 SunDesignInc.com info@SunDesignInc.com



### Local Family Picks Grapes for Share, Inc.

ence Specialist Alison Bauer asks for volunteers to care for the student-planted vegetable gardens. Pamela Fox took her children Christopher (6th grade), Peter (5th), Caroline (2nd) and Elizabeth (Kindergarten) to weed and water. When they entered the courtyard to get the hose, they noticed that the grapevines were heavy with fruit. Since Bauer established the vegetable gardens to help stock Share, Inc.'s kitchen, Fox asked Principal Roger Vanderhye

Each summer, Spring Hill Elementary School's Sci- if her family could pick grapes as well. He agreed and set up ladders. It took two very hot mornings to pick about 25 pounds of grapes, but the family's efforts were rewarded by the gratitude of the Share, Inc. staff. The children watched a volunteer bag up some of the grapes for a person in our community who needed food. Thanks to the Fox family's initiative, not only veggies but fruit will be donated each year, courtesy of Spring Hill Elementary School students and parents.



8 & McLean Connection & August 22-28, 2012

### INSIDERS' PERSPECTIVE

### What is the best thing about living in McLean?

#### Jan Auerbach, President, McLean Rotary Club

"The best thing about living in McLean is all the people living here who are committed to helping others. I am with Rotary, a service organization, and our McLean club has 60 members. The high school equivalent of Rotary is Interact, and the Interact clubs at both McLean and Langley High Schools have email lists of over 100 members. The Stop Hunger Now effort that Bob Hahne organized last November drew 600 volunteers to package food for hungry children overseas. My husband is active with Share, another organization that has dozens of members helping to provide food, clothing, furniture, and emergency financial assistance to needy families. There are many similar organizations here, all with their cadre of volunteers who care about making this a better place for all of us. And last but certainly not least, we have a very responsive Supervisor in John Foust. He and his highly capable staff listen to our concerns and act on them. This is local government at its best."





**Sally Horn**, President, McLean Citizens Association "The best things about living in McLean are: the people and how friendly and welcoming they are, the sense of community, and the wide variety of opportunities for becoming involved in the community."

**Margaret Vanderhye**, formet State Delegate, McLean "The best thing about living in McLean is the welcoming attitude that has become a feature of our community groups and local businesses. We walk into a store and the proprietor often greets us by name, We work side by side with volunteers and business leaders on worthwhile community projects without regard to political affiliations. Our neighbors show up to help one another after storms or to bring a casserole when someone is in crisis. Many of us work in government or politics or both; yet the prevailing attitude among the majority of us is inclusiveness and acceptance. With the current overcharged and overheated political atmosphere demanding so much media attention, we notice and appreciate these differences even more: McLean is a great place to do business and to call home."



#### -School Notes

Send School Notes to mclean@connectionnewspapers.com. Deadline is Friday.

Piano ensemble duet team **Risako Takamura and Mayuko Takamura** won 2nd Place and the team of **Adele Park and Didi Park** won 3rd Place, at the 2012 Northern Virginia Music Teachers Association Piano Ensemble Competition. At the 2012 Piano Concerto Festival, **Mayuko Takamura** and **Taylor Tracy** each took 2<sup>nd</sup> Place, **Adele Park** took 3<sup>rd</sup> Place, and **Amelia Tallarini** won Honorable Mention.

**Dominic Ferrari** of McLean has been named to the spring 2012 dean's list at the University of Portland, Oregon. The junior is majoring in accounting.

Army Reserve Pvt. **Jonathan Rios** has graduated from basic combat training at Fort Jackson, Columbia, S.C. He studied the Army mission, history, tradition and core values, physical fitness, and received instruction and practice in basic combat skills, military weapons, chemical warfare and bayonet training, rifle marksmanship, armed and unarmed combat, map reading, field tactics, military courtesy, military justice system, basic first aid and more. Rios is the son of T. Ivan of Hitt Ave., McLean.

**Anthony Maestri** of McLean was named to the spring 2012 dean's list at New River Community College of Dublin, Va. **Gregory R. Epremian** of McLean has graduated cum laude with bachelor of science in mechanical engineering from Bucknell University of Lewisburg, Pa. He was also named to the spring 2012 dean's list. He is the son of Jeffrey and Annette Epremian.

**Kelsey P. Linebaugh** of McLean has graduated cum laude with a bachelor of arts in psychology from Bucknell University of Lewisburg, Pa. She is the daughter of Craig Linebaugh and Cheryl Person.

**Rafael Enriquez-Hesles** of McLean has been named to the spring 2012 dean's list at Bucknell University of Lewisburg, Pa. He is the son of Rafael Enriquez and Elisa Hesles.



Woman's Club president and 2012 Holiday Homes Tour chairmen pose with Dranesville District Supervisor John W. Foust. (From left: Kay Burnell, Homes Tour chairman, Woman's Club of McLean President Virginia Sandahl, Supervisor Foust and Homes Tour co-chairman Rosemarie Lazo.)

### McLean Woman's Club Holds Annual Kickoff Tea Planning for Holiday Homes Tour underway.

he Woman's Club of McLean held its annual "Christmas in August" Kickoff Tea on Thursday, Aug. 16, to preview its 46th Holiday Homes Tour in early December. This year's tour will feature homes in River Oaks, a secluded neighborhood of large homes in northwest McLean between the Beltway and the Potomac.

At the tea, club members welcomed Dranesville District Supervisor John W. Foust and his wife, Dr. Marilyn Jerome, longtime supporters of the Woman's Club who offered their house for the Holiday Homes Tour in 2009. Other guests at the tea were the owners of three of the four homes on this vear's tour. The tea was held at the McLean house of Susan Cooper Jordano, second vice-president of the Woman's Club, and her husband Tony Jordano.

December's tour will feature four large houses of varying architecture decorated for the holidays and highlighting family life in McLean. In addition, Trinity United Methodist Church, at 1205 Dolley Madison Blvd., will host a Marketplace, offering gifts and holiday items, a lunch and snack concession and a "Chinese auction," which will sell chances on a variety of merchandise and services.

Woman's Club members have been working on preparations since February, when they began soliciting advertisements for the tour brochure. Additional efforts over the summer included selection of the homes, brochure preparation, publicity arrangements and plans for decoration.

All proceeds will be donated to local charities and nonprofit organizations, such as Share, Inc., Alternative House, the McLean Project for the Arts (The Children's Outreach), Claude Moore Colonial Farm, the McLean Volunteer Fire Department, Fisher House and the McLean Symphony, as well as used for scholarships and education.

The tour will take place on Thursday, Dec. 6, from 10 a.m. to 3 p.m. Tickets will be available in early October at local businesses, including Mesmeralda's Gifts of McLean, Karin's Florist of Vienna and Great Dogs of Great Falls, or may be obtained at one of the homes on the tour.

—LAURA SHERIDAN

# OPINION About the Connection

### Newcomers and Community Guide 2012-2013

he paper you're reading, the McLean Connection is one of 15 papers published by the independent, locally owned Local Media Connection LLC, serving the suburbs of Metropolitan Washington, D.C, in Northern Virginia and Potomac, Md.

Our flagship paper, the Alexandria Gazette Packet, is one of the oldest continuously publishing papers in the country, beginning publication in 1784.

This spring, our papers won some very special awards, including the Virginia Press Association Award for Journalistic Integrity and Community Service and the

## Editorials

Fairfax County Media Partnership Award, along with dozens of others.

We're proud of our commitment to community service, and delighted when it results in awards. We have staff and contributors here at the Connection with remarkable talent and experience, far greater than one might expect. While the last few years have brought many challenges to the newspaper business everywhere, affecting us as well, we continue to publish 15 distinct papers every week that serve their communities in distinct ways.

As local, weekly newspapers, the Connection's mission is to bring the local news you need, to gather information about the best things in and near your community, to advocate for community good, to provide a forum for dialogue on local concerns and to celebrate and record milestones and events in community and people's lives.

Here in our Newcomers and Community

Guide, we've included an insider's look at the parks, plus details of how to vote in the upcoming elections. Many voters will be surprised when they look at the map on our elections page and discover that their Congressional district has changed.

We invite newcomers and long-time residents alike to let us know how we're doing and let us know what is going on in your part of the community. If you have questions or ideas, send us an e-mail, contact us on Facebook or send us a tweet. You can even call.

We invite you to send letters to the editor or to send an e-mail with feedback about our coverage. You can read and comment on our stories online at www.ConnectionNewspapers.com.

We want to know if someone in your family or your community published a book, started a business, became an Eagle Scout, raised money for a good cause, accomplished some feat like running a marathon or having art included in an art show. We publish photos and notes of a variety of personal milestones and community events, including births, engagements, weddings, anniversaries, awards and obituaries. We are also interested in events at your church, mosque, synagogue, community center, pool, school, club, etc. Email us a photo and a note about the event. Be sure to include the names of all the people who are in a photo, and say when and where the photo was taken. We also publish notes about news and events from local businesses. Notes about openings, new employees, anniversaries are welcome. It is especially important to us to let people know about events ahead of time in our calendar of events. We

appreciate getting notice at least two weeks ahead of the event, and we encourage photos.

#### **CONTACT:**

Vienna/Oakton Connection, vienna@connectionnewspapers.com McLean Connection,

mclean@connectionnewspapers.com Great Falls Connection,

greatfalls@connectionnewspapers.com **Reston Connection**,

reston@connectionnewspapers.com Oak Hill/Herndon Connection,

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— Mary Kimm,

MKIMM@CONNECTIONNEWSPAPERS.COM, @MARYKIMM

## Welcome to Fairfax County

By Sharon Bulova Chairman, Fairfax County Board of Supervisors

reetings and welcome to Fairfax County! Fairfax County is an exceptional place to live, work and play. We have a range of fantastic parks, trails and recreational attractions as well as one of the best public school systems in the country. We are also one of the safest jurisdictions of our size in the United States. I'm sure that after experiencing what Fairfax has to offer, you will see why so many families, professionals and top-tier businesses call Fairfax County home.

The Fairfax County Public School system, with a budget this year of \$2.4 billion, is consistently ranked among the top public school systems in America. Twenty-three Fairfax county high schools have been featured in the Washington Post's 2012 list of 1,800 top high schools in the nation, putting these Fairfax County schools in the top nine percent nationwide.

Fairfax County is also home to George Mason University, which is centrally located and an easy commute from all parts of the County. Mason has become one of Virginia's premier universities and was recently added to Kiplinger's list of best value universities in the country.

We are a business-friendly community. Fairfax County is home to nearly 600,000 jobs, with companies ranging from startups to Fortune 500 companies, ten of which have located their headquarters here. Our range of business start-up resources via the Fairfax County Economic Development Authority makes it easier for firms of any size to thrive. In fact, about 97 percent of the companies in Fairfax County are small businesses with fewer than 100 employees and less than \$1 million in annual revenue. When a corporate leader recently moved his medium sized technology company to Fairfax County, he announced that he did so because he liked the "mood" in Fairfax, explaining that he wanted to be close to others who were as excited as he about their work and engagement in the

Accredited and nationally recognized for excellence by the award of the prestigious Gold Medal for Parks and Recreation, Fairfax at 703-324-2321. County's parks are ranked among the best in the nation. We have more than 22,500 acres in 416 parks, with 80 percent of residents utilizing our park services each year. Fairfax County also boasts more than 500 miles of bi-

cycle and walking trails. The bicycle trail system is tied into the county transit system to make it easier to reach destinations without using a car. Fairfax Connector buses are all equipped with bicycle racks and VRE and Metro stations have bicycle racks or lockers - commuting by bicycle has never been easier!

Fairfax County also has a vibrant and growing arts community. The Workhouse Arts Center in Lorton, an historic county attraction and now converted arts space, allows visitors to watch artists perform their craft, and hosts many events ranging from exhibitions to plays.

As Chairman of the Board of Supervisors, I am elected at-large by all registered voters in Fairfax County. Community engagement is my hallmark. Visit my website at http:// www.fairfaxcounty.gov/chairman/ to be kept up-to-date on what is going on in the County. Whenever you have any questions or concerns, please do not hesitate to email me at chairman@fairfaxcounty.gov or call my office

Thanks for making Fairfax County your home!

> Sharon Bulova, Chairman Fairfax County Board of Supervisors



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**NEWS DEPARTMENT:** To discuss ideas and concerns, Call: 703-778-9410 e-mail: mclean@connectionnewspapers.com

**Kemal Kurspahic** Editor \* 703-778-9414 kemal@connectionnewspapers.com

Chelsea Bryan Editorial Assistant 703-778-9410 ext.427 cbryan@connectionnewspapers.com

Alex McVeigh Community Reporter \* 703-778-9441 amcveigh@connectionnewspapers.com @AMcVeighConnect

Victoria Ross rosspinning@yahoo.com

**ADVERTISING:** For advertising information e-mail: sales@connectionnewspapers.com

Trisha Hamilton Display Advertising 703-778-9419 trisha@connectionnewspapers.com

Andrea Smith Classified Advertising 703-778-9411 classified@connectionnewspapers.com

**Debbie Funk** National Sales 703-778-9444 debfunk@connectionnewspapers.com

**Editor & Publisher** Mary Kimm 703-778-9433 mkimm@connectionnewspapers.com @MaryKimm

**Executive Vice President** Jerry Vernon jvernon@connectionnewspapers.com

> **Editor in Chief** Steven Mauren **Managing Editor** Kemal Kurspahic **Photography:** Deb Cobb, Louise Krafft, Craig Sterbutzel Art/Design: Laurence Foong, John Heinly **Production Manager:** Jean Card Geovani Flores

Special Assistant to the Publisher Jeanne Theismann 703-778-9436 jtheismann@connectionnewspapers.com

@TheismannMedia

**CIRCULATION: 703-778-9426 Circulation Manager:** Linda Pecquex circulation@connectionnewspapers.com

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community.

### News

## Promoting Art In the Community

n honor of its 50 years of presenting the visual arts program to the McLean community, McLean Project for the Arts (MPA) has been honored by Fairfax County Public Schools, the Virginia State Senate and House and the County of Fairfax.

McLean Project for the Arts has been named as an official Communitv Partner with Fairfax County Public Schools, in recognition of its work providing free art education to FCPS students for 50 years. Through its innovative ArtReach program, MPA has provided free professional visual arts education to 36 schools including 17 at-risk schools over the last 50 years, reaching about 3,000 students a year. This partnership is a natural extension of the partnership MPA established with Fairfax County and the McLean Community Center in 1988 when MPA moved into the second floor of the McLean Community Center and established the MCC as its permanent home. MPA was also nominated for Community Partner of the Year by Fairfax County Public Schools.

In February 2012, Senators Janet Howell and Barbara Favola and Delegates Barbara Comstock, Bob Brink, Jim Scott and Mark Keam introduced commending resolutions in the Virginia Senate and House respectively honoring McLean Project for the Arts' 50 years of service to the community providing exhibitions and educational programs.

At MPA's Painting in the Park event in June, Dranesville Supervisor John Foust presented MPA with a resolution from The Fairfax County Board of Supervisors commending McLean Project for the Arts for its 50 years of fostering an understanding and appreciation of contemporary art.

McLean Project for the Arts established in 1962, presents over 15 professionally curated exhibitions each year and offers more than 180 studio art classes and workshops for adults, children, seniors and special-needs students. Lectures, gallery talks, and special events like Art Appetizers and Cocktails and Coloring, along with trips to area public and private art venues are also offered. Each October MPA presents MPAartfest, a free community arts festival, bringing art, music and community spirit to over 6,000 local residents.

For more information about McLean Project for the Arts, visit www.mpaart.org or call 703-790-1953.

MPA is located at 1234 Ingleside Avenue in the McLean Community Center.



Woman's Club of **McLean member** Bea Sommovigo, Woman's Club of **McLean Presi**dent Virginia Sandahl, State **Delegate Bob** Brink, FCPS Art teacher Michele Goetke, State **Senator Janet** Howell. State **Senator Barbara** Favola and MPA **Executive Direc**tor Nancy Perry.





#### You are invited to join us at Hidden Creek Country Club October 1 at 7:30 A.M.

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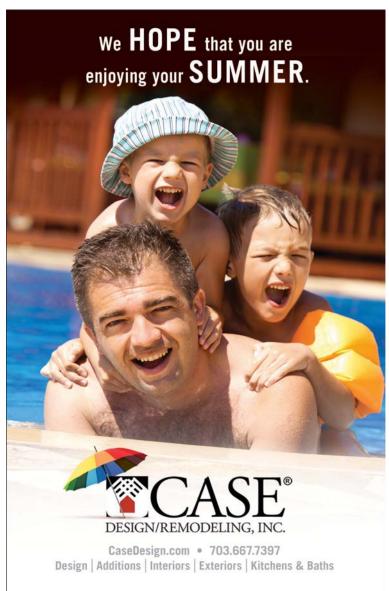
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## News McLean Dancer Wins **Emerging Artist Award**

Albert Gordon wins the 2012 Princess Grace Award.

lbert Gordon, of McLean, is a winner of the Dance Scholarship 2012 Princess Grace Award. Gordon will use his scholarship to continue his dance training at The Washington School of Ballet while completing his senior year of high school at St. Andrew's Episcopal School. Also, he will be invited to the Princess Grace Awards Gala, on Monday, Oct. 22 in New York.

"Albert is a talent whom I noticed five years ago when he was 12years-old," said Kee Juan Han, director of The Washington School of Ballet. "He has really come into himself in the last two years. His diligent work resulted in winning the Grand Prix at the Youth America Grand Prix (YAGP) in Torrington, Conn., winning gold at the Boston International Ballet Competition (BIBC) this June and being asked to join Boston Ballet II. Albert has a very bright future in dance and we are very proud of his achievements and the recognition that was given to him by the prestigious Princess Grace Foundation."

At age 17, Gordon is one of the youngest recipients of the Princess Grace Award.

The Princess Grace Foundation-USA, a public charity, was formed after the death of Princess Grace in 1982. The Foundation presents scholarships, apprenticeships, and fellowships to assist artists at the start of their careers. The Founda-



#### **Albert Gordon**

tion has cultivated a diverse group of nearly 600 artists to date who continue to advance the spectrum of performing arts with innovative, cutting-edge and vibrant theater, dance, choreography, film, playwriting and design. Since the Foundation's inception, more than 750 Awards have been given to recipients, totaling more than \$9.5 million.

Gordon began dancing at The Washington School of Ballet at age 10. Gordon has danced key roles with The Washington Ballet's production of The Nutcracker, including Prince and Stars & Stripes.

For more information about the Princess Grace Awards program, visit www.pgfusa.org or contact Christine Kite, 212-317-1470, ckite@pgfusa.org.



## Faith

Faith Notes are for announcements and events in the faith community. Send to mclean@connectionnewspapers.com. Deadline is Friday.

**Redeemer Lutheran Church**, 1545 Chain Bridge Road, McLean, offers a 9 a.m. traditional service and a 10:30 a.m. contemporary service on Sundays. Also offers two services during the summer – both of which will include children's sermons. 703-356-3346.

**St. Francis Episcopal Church,** 9220 Georgetown Pike in Great Falls, offers three Sunday services and a host of musical, educational, outreach, and fellowship ministries to enrich spiritual growth. 7:45 a.m. Worship Service without music; 9 a.m. Worship Service, Children's Chapel and Children's Choirs; 10 a.m. Sunday School and Adult Forum; and 11 a.m. Worship Service with Adult Choir. 703-759-2082.

**Trinity United Methodist Church**, 1205 Dolley Madison Blvd., McLean, Sunday worship services are at 8:30 and 10:30 a.m. Sunday School for adults is at 9:30 a.m. and for children during the 10:30 a.m. worship service. Youth Group for grades 7-12 meets Sundays at 6 p.m. A 20-minute service of Holy Communion is held each Wednesday at 12 p.m. 703-356-3312 or umtrinity.org.

The Jewish Social Services Agency (JSSA) offers a wide variety of support groups for those with emotional, social, and physical challenges. www.jssa.org/growth-learning.

**HAVEN of Northern Virginia** offers a variety of free bereavement

support groups, meeting on a weekly basis. Contact 703-941-7000 or www.havenofnova.org for schedules and registration information.

McLean Bible Church Fitness Class at Body & Soul Fitness. Balance is key, energy is renewed and strength is gained. 9:45 a.m. Mondays and Fridays. Free childcare for registered students. bodyandsoul@mcleanbible.org.

**Vajrayogini Buddhist Center** offers ongoing classes on meditation and Buddhist philosophy, Mondays at 7 p.m. at Unity of Fairfax, 2854 Hunter Mill Road, Oakton. \$10 per class. 202-331-2122 or www.meditation-dc.org.

**St. Dunstan's Episcopal Church**, 1830 Kirby Road in McLean. The third Sunday service every month at 10:15 a.m. allows children to play active roles in the music and as greeters and ushers. Traditional services are every Sunday at 8:15 and 10:15 a.m.

Vienna Assembly of God has a ministry to children on Wednesdays, 7-8 p.m. at the corner of Center N and Ayr Hill Avenue, N.E. Children's Church on Sundays also available. 703-938-7736 or www.ViennaAG.com.

Vienna Christian Healing Rooms, every Saturday, 1-5 p.m., at 8200 Bell Lane. A team of Christians is available to anyone requesting prayer. Free and open to the public. 703-698-9779 or www.viennachristianhealingrooms.com.



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Help make Fairfax a little ElectricSund SHIREDDDING SATURDAY, AUG. 25 <u>SUNDAY, AUG. 26</u> from 8 a.m. to Noon at from 10 a.m. to 3 p.m. at the Langley High School I-66 Transfer Station (6520 Georgetown Pike, McLean) (4618 West Ox Road, Fairfax) Residents may shred up to 5 boxes of paper documents. Residents may "E-cycle" televisions, computers and No paper from businesses will be accepted - even if peripheral electronics - such as keyboards, scanners, delivered by an employee who is a county resident. printers, speakers, etc. - along with unbroken All paper must be dry. The following prohibited items must fluorescent tubes & light bulbs. be removed: binders of any kind, hanging file folders, clips, disks, CDs, books, magazines, film and photographs. There is no cost to participate. These free events are available to Fairfax County residents only. For complete details, go online to www.fairfaxcounty.gov/recycling, or call 703-324-5052, TTY 711. A Fairfax County, Va., publication. For reasonable ADA accommodations, please call 703-324-5230, TTY 711. McLean Connection & August 22-28, 2012 & 13 www.ConnectionNewspapers.com

## PARKS AN INSIDER'S GUIDE TO PARKS IN FAIRFAX COUNTY

**DULLES AIRPORT** 

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Access

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#### National Parks

#### **Great Falls National Park**

9200 Old Dominion Drive, McLean

www.nps.gov/grfa Great Falls Park is open daily from 7 a.m. until dark. The Visitor Center and bookstore are open from 10 a.m. until 5 p.m. daily, spring through fall seasons. Picnic, hike along the Potomac River. Swimming and wading in the Potomac are prohibited.

#### The George Washington GW **Memorial** Parkway

www.nps.gov/gwmp 703-289-2500

- The GW Parkway includes more than 25 sites, ranging from historic homes to wildlife preserves. Join a ranger for a free program or explore sites independently. Some park sites, including Turkey Run Park, Theodore Roosevelt Island, Great Falls Park, etc., close at dark. The Parkway itself remains open 24 hours a day to vehicle traffic.

#### Wolf Trap National Park for the WT Performing Arts

1551 Trap Road, Vienna www.nps.gov/wotr/

The only national park dedicated to presenting the performing arts. From May through September, multiple amphitheaters in the park present musicals, dance, opera, jazz, and popular and country music. Explore the park without the crowds from October - April. The Barns at Wolf Trap offer indoor entertainment through the winter months.

### State Park

#### Mason Neck **State Park**

7301 High Point Rd. Lorton www.dcr.virginia.gov/state\_parks/mas.shtml# 703-339-2385 or 703-339-2380 (visitor center) masonneck@dcr.virginia.gov.

The park's visitor center was expanded in 2010 to include a new exhibit room, gift shop and meeting room. There are several exhibits in the center, and with a view of Belmont Bay. Visitor center staff can answer questions and provide information on park trails, facilities and local points of interest. Pond study, bird watching, canoe trips, nature walks and talks, and GPS adventures are just a few of the exciting programs offered by park rangers.

### **Regional Parks**

**Bull Run Marina Regional Park** 7700 Bull Run Drive, Centreville www.nvrpa.org/park/bull\_run/ Main park open all year for picnicking, hiking and family camping. Bull Run Public Shooting Center open all year. Group Camping open daily Jan. 7 though Nov. 11. Mini and disc golf open April through October. Hours vary.

Atlantis Waterpark (at Bull Run Marina

Regional Park) 7700 Bull Run Drive, Centreville

www.atlantisbullrun.com/ 703-631-0552

Atlantis Waterpark features pools, a giant dumping bucket, waterslides, and fun-filled activities for all ages. Atlantis is open from Memorial Day weekend through Labor Day, and is a member of the Northern Virginia Regional Park Authority Family of Waterparks. Aantis also features picnic pavilions, a deck great for sunning and playing, as well as

plenty of shade. Neptune Reef snack bar sells food, beverages and sweets.

#### Fountainhead **Regional Park** 7315 Ox Road, Fairfax Station

www.nvrpa.org/park/ fountainhead/ 703-250-9124 The observation deck of the Marina

- Building at Fountainhead
- 14 & McLean Connection & August 22-28, 2012

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**CITY OF ALEXANDRIA** 

#### PRINCE WILLIAM COUNTY

commands a spectacular view of the widest point of the Occoquan Reservoir. Summer activities include catfish tournaments, children's fishing tournament, paddleboat tours and more.

#### Hemlock Overlook Regional Park 13220 Yates Ford Road, Clifton

www.nvrpa.org/park/hemlock\_overlook/

800-877-0954; 571-281-3556; Hemlock Overlook Regional Park offers a variety of outdoor and environmental education. Programs at Hemlock Overlook are open to the public and groups by reservation. Only the hiking and horse trails may be used without prior arrangement.

#### **Meadowlark Botanical Gardens**

9750 Meadowlark Gardens Court, Vienna www.nvrpa.org/park/ meadowlark botanical gardens/

703-255-3631 This 95-acre complex of large ornamental display gardens and unique native plant collections round and include is open year

walking trails, lakes, more than 20 varieties of cherry trees. irises. peonies, an extensive shade garden, native wildflowers, gazebos, birds, butterflies, seasonal blooms and foliage. The

#### Atrium's indoor tropical garden setting is a popular meeting, reception,

Fountainhead Regional Park wedding and workshop location. Interpretive displays accompany a restored 18th-century cabin. A picnic area beside the Gardens is available to visitors. Meadowlark

presents gardening and horticulture workshops, tours, field trips, concerts and volunteer programs.

CITY OF FAIRFAX

10

#### **Occoquan Regional**

Park 9751 Ox Road, Lorton www.nvrpa.org/park/occoquan/ 703-690-2121 This park offers 400 acres of

recreational space and a touch of the past with its historic brick kilns and the Turning Point Suffragist Memorial. Park lands, trails and associated waters are part of the Fairfax Cross-County Trail. Kayak rentals. One hour Tour Boat Rides on the Occoquan River to Belmont Bay and back. Offered Saturdays noon-5 p.m., Sunday 1 - 8 p.m., April 2 through Nov. 27. \$10 adults, \$5 children 12 and under, under age 4 are free.

#### Pohick Bay Regional Park 6501 Pohick Bay Drive, Lorton

www.nvrpa.org/park/pohick\_bay/ Pohick Bay is located on the Potomac River 25 miles south of the nation's capital. The boat launch facility is one of only three public access points to the Potomac River in northern Virginia Pohick Bay offers canoes, kayaks, paddle boats and jon boats for rent on the weekends, as well as family and group camping, hiking, picnic areas and a large play area for children. For those interested in swimming, the park offers one of the largest, outdoor freeform pools on the east coast. Pohick Bay Regional Park, located on Mason Neck Pennisula is an ecologically fragile

1-95

land that shelters an abundance of wildlife, including the bald eagle. Nature lovers can expect to see blue birds, osprey, heron, deer, beavers and rare sightings of river otters.

**Pirates Cove** 

Waterpark (at Pohick Bay Regional

Park) 6501 Pohick Bay Drive, Lorton www.piratescovepohick.com 703-339-6102

Pirates Cove Waterpark is located at Pohick Bay Regional Park. Visitors can cool off under the 300-gallon dumping bucket, fire the water cannons and splash down the waterslide or search for buried treasure at Buccaneer Beach sand play area. Pirates Cove also features picnic pavilions, a deck for sunning and playing, as well as plenty of shade. Captain's Galley snack bar features food, beverages and sweets. Pirates Cove is open from Memorial Day weekend through Labor Day.

#### **Pohick Bay Golf Course** 10301 Gunston Road, Lorton www.nyrpa.org/park/

pohick\_bay\_golf\_course 703-339-8585

This scenic golf course is located on the Mason Neck Peninsula in Lorton. Pohick Bay's practice facility features a driving range with practice putting and chipping greens, and lessons from PGA pros. A full-service pro shop features an array of name-brand golf clubs, equipment and

www.ConnectionNewspapers.com



apparel. Other services include club making, custom club fitting, regripping, reshafting and tournament coordinating.

SR Sandy Run Regional Park 10450 Van Thompson Road, Fairfax Station www.nvrpa.org/park/sandy\_run/ 703-690-4392

The park is open to the public for the purpose of education, training, practice, and racing for competitive and recreational sculling and rowing. Only shells and other boats authorized by the Northern Virginia Regional Park Authority may be launched from the docks or shoreline of Sandy Run. Sandy Run offers a facility for team training and competition for Olympic, college, high school and club canoe, kayak and crew athletes.

#### Arts Center

Workhouse Arts Center 9601 Ox Road, Lorton www.lortonarts.org 703-584-2900

The Workhouse Arts Center consists of seven studio buildings, the main galleries and the recently opened Youth Arts Center. Visitors are encouraged to interact with artists. In addition to visual arts, the Workhouse Arts Center is home to performing arts, including theater, film institute, musical and dance performances. The education department supports both the visual and performing arts, offering classes and workshops in a variety of disciplines. Future plans for the Workhouse include an event center, amphitheater, Workhouse Theatre, restaurants, apartments, music barn and garden/horticultural area. Other buildings on site, yet to be renovated, may provide for other activities such as a visitors center, a blacksmith shop, theatre scene shops and rehearsal space.

#### Fairfax County Parks

#### Annandale Park

7701 Royce Street, Annandale nature center 50.7 acres, district park

#### **2** Baron Cameron School Site

11300 Baron Cameron Avenue, Reston softball (unlit), soccer/football (unlit), biking/ hiking trails, picnic area, playground 60 acres, district park

#### 3 Braddock Park

13451 Braddock Road, Clifton Softball field (lit), soccer/football (unlit and lit), minigolf, biking trail, equestrian trail, hiking trail, open picnic areas 227.1 acres, special purpose park

#### 4 Burke Station Park

6031 Kerrwood Street, Burkebasketball, tennis (lit), hiking trail, playground, tot lot18.1 acres, community park

#### **6** Centre Ridge North

Field Encampment Road And St. Germain Drive, Centreville basketball (lit), tennis (lit), biking/hiking/nature trails, playground 8.9 acres, community park

#### **6** Clarks Crossing

 9850 Clarks Crossing Road, Vienna soccer/football (unlit), biking/equestrian/hiking trails, open areas
143.8 acres, district park

#### Collingwood Park

8200 West Boulevard Drive, Alexandria soccer/football, basketball, tennis, playground 12 acres, community park

#### 8 Cub Run RECenter

4630 Stonecroft Blvd, Chantillypool, water playground, fitness center, trails,playground9.3 acres, special purpose park

#### **9** Dranesville Tavern

11919 Leesburg Pike, Herndon historic structure, natural/picnic areas, meeting room

14.6 acres, cultural resource park

See Parks, Page 19

**Sources:** National Park Service, Northern Virginia Regional Park Authority, Virginia State Parks and Fairfax County Park Authority. Map courtesy of Fairfax County Park Authority. Designed & compiled by Jean Card and Laurence Foong. Photos by Craig Sterbutzel.



Lake Fairfax Park www.ConnectionNewspapers.com



## 'My Favorite Parks'

By Sharon Bulova

Chairman, Fairfax County Board of Supervisors

he tree I am standing next to in this photo is one of a number of large American Beech trees that populate the forests in Villa Park where I like to hike and jog. Villa Park is located in the central Fairfax area, with an entrance into the park off of Park Drive near Shirley Gate Road.

This park is unique. It has been left in its natural wooded condition and designated a Heritage Resource park to preserve features such as Native American quarries and work/chipping areas. It also contains remnants of the never-completed Independent line of the Manassas Gap Railroad. While no track was ever laid along this rail line, it played a significant role in the Civil War, serving as a little-known transportation route for both Confederate and Union soldiers. The earthworks served as protection during skirmishes.

A number of years ago a Civil War historian told me that he believed soldiers had carved their initials into trees located in Villa Park. The trees near my running path are covered with initials and symbols carved into the smooth grey bark. On the larger trees, the markings have become pretty much unreadable. I don't know if it's true or not, but I like to think these may be the trees my history buff friend was referring to.

When running along this trail, I imagine passing Native American Indians chipping arrow heads out of hunks of quartz and Civil War camp sites with soldiers drawing water from the Popes Head Creek and passing time by carving their initials or troop insignia in the smooth-barked Beech trees growing nearby. The experience is a perfect marriage of my love for history and nature. Some other favorite Fairfax parks that interpret our county's fascinating history and showcase its environmental beauty:

Riverbend Park in Great Falls, includes more than 400 acres of forest, meadow and ponds. Trails include a 2.5-mile portion of the Potomac Heritage Trail linking national and regional parkland. Kayakers and canoeists can enjoy exploring many islands in the Potomac River.

Riverbend's visitor center overlooks the Potomac River and has an outdoor deck that is an ideal place to relax or have a snack after a hike. It has a wonderful interpretative display about the historic Native American presence in the area.

✤ In the South County Hybla Valley area, Huntley Meadows Park contains 1,425 acres of majestic forests, wildflower-speckled meadows and vast wetlands bursting with life. Some of the best wildlife watching in the Washington metropolitan area is enjoyed here. From the wetland boardwalk trail and observation tower, people have excellent views of beavers, frogs, dragonflies and herons. Huntley Meadows is well known as a prime birding spot, with more than 200 species identified in the park.

✤ Lake Accotink Park, located on 7500 Accotink Park Road in Springfield, is one of my favorite parks. Not only is this 493-acre park one of the most scenic in the county, it is also one of the most fun. In addition to boating, hiking, canoeing, and mini-golfing, you can always find a nice quiet spot to enjoy a picnic on the lake. Children love the beautiful antique carousel.

Lake Accotink was originally created to provide drinking water for troops stationed at Camp Humphries (which is now Fort Belvoir) during the early 1900s. The Norfolk Southern Railroad tracks carry D.C.bound VRE commuter rail passengers over the Lake Accotink Dam. Remains of an older former railroad trestle make up part of the four-mile trail that winds around the lake and park.

McLean Connection & August 22-28, 2012 & 15

# McLean Community Center The Center of it all

Alden Theatre Professional Series McLean Kids Series Films & Lectures Summer Concerts







**Classes & Trips** McLean Cooks Day Trips Music & Movement



Youth & Teen Activities Harvest Happenings Camp McLean Old Firehouse Teen Center





The McLean Community Center 703-790-0123/TTY: 711 Sign up for E-mail Updates: www.mcleancenter.org

...and so much more!





16 Strain Connection Strain August 22-28, 2012

**Special Events** 

4th of July Fireworks

Holiday Crafts Show

McLean Day

**MORE CRAFTERS** 

## Newcomers & Community Guide 2012~13

## A Year in Fairfax County

A sampling of some of the cherished, annual events of the county.

#### AUGUST

Restaurant Week, Fairfax County Annual Fairfax County 4-H Fair, Herndon

Old Firehouse Teen Center Block Party, McLean, Aug. 25 La Sandia's Chile Relleno Festival,

- McLean, through Aug. 31
- 2nd Annual Workhouse Clay National Ceramics Exhibition, Lorton, through Aug. 26
- Pakistan Festival, Centreville, Aug. 26

#### SEPTEMBER

Clifton Car Show, Sept. 3 Herndon Labor Day Jazz and Wine

- Festival, Sept. 3 St. Mary's 137<sup>th</sup> Labor Day Picnic, Fairfax Station, Sept. 3
- Burke Centre Festival, Sept. 8-9 Great Grapes Wine, Arts and Food Festival, Reston, Sept. 8-9
- Reston Triathlon, Sept. 9 Fall Festival and Taste of Falls Church,

Sept. 15 Dulles Day Plane Pull, Sept. 22 Reston Multicultural Festival, Sept. 22

- Fall for the Book Festival at GMU, Fairfax, Sept. 26-30
- Walk to End Alzheimer's, Reston, Sept. 30

#### OCTOBER

Octoberfest Reston, Oct. 5-7 Fifth Annual Oktoberfest, Vienna, Oct. 6 Farm Day, Falls Church, Oct. 6 Fall Festival in Old Town Historic

- Fairfax, Oct. 13 Ninth Annual Great Falls Art Studio
- Tour, Oct. 20-21 Claude Moore Colonial Farm 1771 Market Fair, McLean, Oct. 20-21

Vienna Halloween Parade, Oct. 20-21 Vienna Halloween Parade, Oct. 24 VolunteerFest, Fairfax County, Oct. 27 Halloween Carnival, Falls Church, Oct. 27

- South Run RECenter 5<sup>th</sup> Annual Arts & Crafts Show, Springfield, Oct. 27-28 Halloween Spooktacular, Great Falls, Oct. 31
- NOVEMBER
- The Washington West Film Festival, Herndon and Reston, Nov. 1-4 The Robinson Marketplace, Fairfax, Nov.
- The Robinson Marketplace, Fairfax, No 10 52<sup>nd</sup> Annual Holiday Bazaar, Vienna,
- Nov. 10 Joyful Noise Holiday Bazaar and
- Bakeshop, Sterling, Nov. 17 Bull Run Festival of Lights, Centreville, begins Nov. 21
- Civil War Thanksgiving, Falls Church, Nov. 24 Christmas at Mount Vernon, begins Nov.
- 25 30<sup>th</sup> Annual Northern Virginia Handcrafters Guild Art and Craft Characteristic New 25-27

### Showcase, Vienna, Nov. 25-27





The large carnival ride is one of the most popular attractions at McLean Day, a festival celebrating community, to be held May 18, 2013.

#### DECEMBER

- Church Street Stroll, Vienna Great Falls Tree Lighting, Dec. 1 City of Fairfax Festival of Lights and
- Carols, Dec. 1 46<sup>th</sup> Holiday Homes Tour, McLean, Dec. 6
- Great Falls Celebration of Lights, Dec. 8 Fairfax Four Miler, Dec. 31
- Fairfax Four Miler, Dec. 31 Watch Night, Falls Church, Dec. 31 Fairfax County's Third Annual Frostival,
- Chantilly, begins last weekend in December
- Bull Run Festival of Lights, Centreville, Cont.

#### JANUARY

- Fairfax County's Third Annual Frostival, Chantilly, through the first weekend of January
- Christmas at Mount Vernon, through Jan. 6 Bull Run Festival of Lights, Centreville,
- through Jan. 6 Sugarloaf Crafts Festival, Chantilly, Jan.
- 25 Second Annual McLean Chocolate Festival, Jan. 27

#### FEBRUARY

Community Tax Assistance Days

#### MARCH

- Annual Chocolate Lover's Festival, Fairfax Fairfax Brewfest
- Herndon Park Egg Hunt Chantilly Egg Hunt
- Northern Virginia Artists League 11th Anniversary, Herndon Herndon Bluegrass Concert Series

#### APRIL

#### Reston Founder's Day Fest, April 13 22nd Annual Best of Reston Gala, April



- Historic Garden Tour, Fairfax County, April 20-27
- ValeArts Spring Fine Art Show, Oakton,
- last weekend in April Fairfax Fine Arts Festival, last weekend in April

#### MAY

- Great Grapes Wine, Art and Food Festival, Reston
- 22<sup>nd</sup> Northern Virginia Fine Arts Festival,
- Reston, May 17-19
- McLean Day, May 18 Civil War Day, Falls Church
- Springfield Days
- Viva! Vienna
- Memorial Day Festival and Parade, Falls Church
- Herndon Festival, begins May 30

#### JUNE

- Herdon Festival, through June 2 Vintage Virginia Wine Festival, Centreville, first weekend in June Great Falls Days, first weekend in June 7-9 Torsto of Paetan, June 14, 16
- Fairfax Salutes America, July 3 Old Town Fairfax 4<sup>th</sup> of July Independence Day Parade, July 3
- Patriotic Picnic, Lorton, July 3 Town of Vienna 4<sup>th</sup> of July Celebration, July 4
- An American Celebration at Mount Vernon, July 4
- Lake Fairfax Fireworks Spectacular, July 4 Herndon Friday Night Live!
- Mount Vernon Nights Concert Series The 3<sup>rd</sup> Annual Workhouse Clay National Ceramics Exhibition begins, Lorton

Events calendar compiled by Chelsea Bryan.



The McLean Community Center 1234 Ingleside Ave., McLean VA 22101 703-790-0123; TTY: 711 www.mcleancenter.org

## MIDDLE EASTERN FOOD FESTIVAL

Labor Day Weekend

Saturday, Sept. 1, 11:00 am - 11:00 pm Sunday, Sept. 2, 12:00 noon - 6:00 pm

Holy Transfiguration Melkite Greek-Catholic Church 8501 Lewinsville Road, McLean, Virginia (near Spring Hill Road)

703-734-9566 • www.holytransfiguration.org

## **Free Admission!**

Middle Eastern Food	Live Music & Folk Dancing
Kabobs	Moon Bounce
Gyros	Pony Rides
Grape Leaves	Vendors
Falafel	Backgammon & Chess
Fattoush	50-50 Raffle
Baklava &	Church Tours
<b>Other Favorites!</b>	Icon Shop



*Special Feature!* Roast Lamb Dinner \$12.00 Sat., Sept. 1, 6-9 pm Sun., Sept. 2, 12-6 pm

McLean Connection 🔹 August 22-28, 2012 🔹 17

Taste of Reston, June 14-16 JULY Fairfax Salutes America, July



#### **Public Hearing on the McLean Community Center's** FY 2014 Budget

Thursday, Sept. 27, 2012 at 7:30 p.m. at the Center.

The current fiscal year (FY 2013) has a tax rate of 2.2 cents per \$100 of real estate assessment, reduced from the previous fiscal year's rate of 2.3 cents.

Residents who wish to speak at the Public Hearing are asked to call 703-790-0123, TTY: 711, to be placed on the speakers' list. Written comments may be delivered to the Center's address (shown below), marked "Attention: Executive Director," or sent by email to ellen.barial@fairfaxcounty.gov.

Copies of the proposed budget will be available during the public hearing.



**The McLean Community Center** 1234 Ingleside Ave., McLean VA 22101 703-790-0123/TTY: 711 www.mcleancenter.org



## Entertainment

to

Send announcements mclean@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encour-

aged. For additional listings, visit www.connectionnewspapers.com

#### THURSDAY/AUG. 23

Frankie Valli & The Four Seasons. 8 p.m., at the Filene Center, 1551 Trap Road, Vienna. \$45 in-house, \$25 lawn. www.wolftrap.com.

#### FRIDAY/AUG. 24

- Friday Afternoon Chess Group. 1 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Players of all ages and all skill levels welcome. 703-757-8560.
- Pokemon League. 3 p.m. Patrick Henry Library 101 Maple Ave. E, Vienna. Learn and play. Age 5-12. 703-938-0405.
- Al Green; Special Guest: Taj Mahal. 8 p.m., at the Filene Center, 1551 Trap Road, Vienna. \$45 inhouse, \$25 lawn. www.wolftrap.com. **The Christopher Linman Jazz**
- Ensemble. 8:30 p.m.-Midnight, at the Wine Bar & Lounge at Entyse, Ritz Carlton, 1700 Tyson's Boulevard, McLean. Enjoy food, wine and jazz. 703-506-4300.
- Movies in the Park. 8:45 p.m., at Glyndon Park, 300 Glyndon St. N.E., Vienna. "Kung Fu Panda 2." Free. In case of inclement weather, call 703-255-7842 two hours before show time

#### SATURDAY/AUG.25

- Master Gardeners Plant Clinic. 10 a.m., Oakton Library, 10304 Lynnhaven Place, Oakton. Experts available to answer your gardening questions. 703-242-4020. W&OD Safety Awareness Bike
- Rodeo. 11 a.m.-2 p.m., the Town Green, 144 Maple Ave. E., Vienna. A safety and educational event on W&OD multi-purpose use, pedestrian awareness and bike-use skills. Preregister at bac@viennava.gov.

#### SUNDAY/AUG. 26

- Blue Steele and Charles Solomon. -5 p.m., at Open Kitchen Bistro, 7115 Leesburg Pike, Falls Church. Local Blues singer-guitarist and harmonica-player/guitarist perform. Gourmet snacks and artisans wines available. Reservations. Tickets at www.brownpapertickets.com. 703-942-8148.
- Straight No Chaser. 8 p.m., at the Filene Center, 1551 Trap Road, Vienna. \$42 in-house, \$25 lawn. www.wolftrap.com.

#### MONDAY/AUG. 27

- Madison H.S. Fall Kick Off. 4-6 p.m. James Madison High School, 2500 James Madison Drive, Vienna. Community event with food, games and information about James Madison High School. 703-319-2300.
- Dead Can Dance. 8 p.m., at Wolf Trap, 1551 Trap Road, Vienna. The Australian world music duo makes its first Vienna appearance bringing guitar and vocals into Renaissance melodies for multicultural flair. \$30-45. www.wolftrap.org.

#### TUESDAY/AUG. 28

Week-long Fishing with Friends Camp. 8:30 a.m.-4:40 p.m. Vienna Center, 120 unity S.E., Vienna. For ages 9-14. Learn beginner and intermediate tricks and tactics for freshwater fishing in nearby ponds and rivers. Virginia Fishing Adventures provides all food, drinks, bait, tackle, rods, reels and lifejackets. \$550-\$600. 703-255-6360 or www.viennava.gov.



#### Teens at last year's OFTC Block Party.

### McLean Teens Got Talent

Saturday, Aug. 25. 4-10 p.m., at the Old Firehouse Teen Center, 1440 Chain Bridge Road, McLean. McLean Teens Got Talent is looking for a few young artists from Fairfax County in 7th-12th

**The Fresh Beat Band.** 3 p.m., at Wolf Trap, 1551 Trap Road, Vienna. The hit from Nick Jr. teaches children

friendship and fun with songs. \$25-

Patrick Henry Library, 101 Maple

pajamas and join us for stories and

Clarke/Duke 4 "Bring It Tour." 8

Duke with Boney James, all jazz

musicians, combine contemporary

jazz, funk, R&B, rock and pop with

Patrick Henry Library, 101 Maple Ave. E, Vienna. Cutting for Stone by

Abraham Verghese. 703-938-0405.

Friday Afternoon Chess Group. 1

of all ages and all skill levels welcome. 703-757-8560.

Pokemon League. 3 p.m. Patrick Henry Library 101 Maple Ave. E, Vienna. Learn and play. Age 5-12.

The King and I. 8 p.m., on the Filene

Road, Vienna. The classic musical features several Northern Virginia-

based children who earned roles

Vienna Farmers Market. 8 a.m.-

viennafarmersmarket.com.

\$20-80. www.wolftrap.org.

or www.colvinrun.org

Social Ballroom Dance. 7 p.m.

Noon. Vienna Caboose, 131 Church

St. N.E., Vienna. Producers only, Saturdays through Oct. 27.

The King and I. 2 p.m. and 8 p.m., on

musical features several Northern

roles through Wolf Trap auditions.

Colvin Run Community Hall, 10201

Colvin Run Road, Great Falls. First

Saturday every month. 703-759-2685

the Filene Center stage at Wolf Trap,

1551 Trap Road, Vienna, The classic

children who

Center stage at Wolf Trap, 1551 Trap

through Wolf Trap auditions. \$20-80.

p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Players

p.m., at Wolf Trap, 1551 Trap Road, Vienna. Stanley Clarke and George

lessons on problem solving,

40. www.wolftrap.org. Good Night, Sleep Tight. 7 p.m.

Ave. E, Vienna. Come in your

songs. 703-938-0405.

WEDNESDAY/AUG. 29

urban jazz. \$25-42.

www.wolftrap.org.

THURSDAY/AUG. 30

FRIDAY/AUG. 31

703-938-0405.

www.wolftrap.org.

SATURDAY/SEPT. 1

grade to participate in the Teens Got Talent show during the OFTC Block Party. Free. Advance registration is required. For more information, call 703-448-8336 or go to www.mcleancenter.org.

#### SUNDAY/SEPT. 2

- Vienna AAUW Open House. 10 a.m. Patrick Henry Library, 101 Maple Avenue E., Vienna. The Vienna Branch of the American Association of University Women will highlight their women's organization and activities. www.aauwofva.org/ branches/vienna.
- Lost Dog & Cat Rescue Adoption Event. 1-4 p.m. PetSmart, 8204 Leesburg Pike, Tysons Corner. Adoption events every Sunday. http:// /lostdogrescue.org/ and click on Adoptions.
- The King and I. 2 p.m. and 8 p.m., on the Filene Center stage at Wolf Trap, 1551 Trap Road, Vienna. The classic musical features several Northern Virginia-based children who earned roles through Wolf Trap auditions. \$20-80. www.wolftrap.org.

#### **TUESDAY/SEPT. 4** Patrick Henry Book Club. 1 p.m.

Dance Every Tuesday. 7:15 p.m. Colvin Run Dance Hall, 10201 Colvin Run Road, Great Falls. Introductory dance lesson 7:15 p.m., dancing 8-10:30 p.m. Swing, Latin, waltz, country and more. \$10 per person, includes lesson and snacks. No partner necessary. colvinrun.org. or Ed Cottrell@macp.org

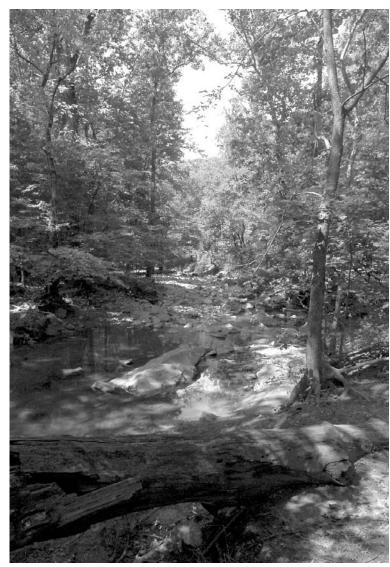
#### THURSDAY/SEPT. 6

Ingram Hill. 8 p.m., at Jammin Java, 227 Maple Ave. E, Vienna. The Memphis-based rock trio put determination and grit into their feel good shows. \$12 in advance. www.jamminjava.com.

#### **SATURDAY/SEPT. 8**

- **Oak Marr Park Ribbon Cutting.** 4 p.m., at Oak Marr Park, 3200 Jermantown Road, Oakton. The completed fields open with their new sod, goal posts and \$400,000 lighting system. 703-324-8662.
- West Coast Swing Dances. 7 p.m. Colvin Run Community Hall, 10201 Colvin Run Road, Great Falls. Second and third Saturday every month. 703-759-2685 or www.colvinrun.org.
- **McLean Fall Community Flea** warket. a.m.-1 p.m. Intersec of Ingleside Avenue and Beverly Roa d,1420 Beverly Road, McLean. Shop for goods and wares with no cover charge behind the Giant. www.mcleancenter.org

## AN INSIDER'S GUIDE TO AREA PARKS



#### Scotts Run, McLean

From Page 15

#### 🕕 Fairfax Villa Park

4420 Belden Street, Fairfax historic structure, biking/historic/hiking trails, natural areas 59.7 acres, community park

Fred Crabtree Park

2801 Fox Mill Road, Herndon Little league (lit), soccer/football field (unlit), historical structure, biking/ equestrian/hiking/nature trails 208.5 acres, district park

#### **12** Frying Pan Farm Park

2717 West Ox Road, Herndon historic structure, biking/equestrian/ hiking trails, open areas, playground 135.3 acres, multiple resource park

#### Great Falls Nike Park

1089 Utterback Store Road, Great Falls baseball field (lit), soccer/football field (unlit), basketball (unlit), tennis (unlit), playground, biking/hiking trails 45.5 acres, district park

#### 4 Grist Mill Park

4710 Mount Vernon Memorial Hwy, Alexandria baseball, soccer/football, basketball, biking/hiking trails, playground 75.5 acres, district park

#### Huntley Meadows Park

3701 Lockheed Boulevard, Alexandria nature center, historic structure, biking/ hiking/nature trails, observation

tower, boardwalk 1444.8 acres, natural resource park www.ConnectionNewspapers.com

**Hybla Valley Park** 3431 Lockheed Boulevard, Alexandria tennis, hiking trails, open areas 1.2 acres, neighborhood park

Lake Accotink Park

7500 Accotink Park Road, Springfield basketball, volleyball, minigolf, trails, picnic 448.1 acres, multiple resource park

🚯 Lake Braddock School Site 9200 Burke Lake Road, Burke soccer/football (unlit), fitness trails, open areas 13.1 acres, community park

#### 19 Lake Fairfax Park

1400 Lake Fairfax Drive, Reston softball (lit), soccer/football (unlit), amphitheater, carousel, campground, tour boat, picnic shelters 479 acres, multiple resource park

#### 20 Lake Mercer Park

9500 Silverbrook Road, Fairfax Station historic structure, biking/hiking/historic trails, fishing 196.5 acres, multiple resource park

#### 2 Langley Fork Park

6250 Georgetown Pike, McLean baseball (lit), soccer/football (unlit), basketball (unlit), biking/fitness trails

54 acres, district park

#### 22 Laurel Hill Park

8515 Silverbrook Rd., Lorton baseball (unlit), softball (unlit), clubhouse, driving range, 18 hole, disc golf, picnic areas, hiking/biking 1197.5 acres, countywide park

#### 23 Lee District Park

6601 Telegraph Road, Franconia softball, soccer/football, tennis, basketball, volleyball, trails, treehouse 138 acres, district park

**24** Lewinsville Park 1659 Chain Bridge Road, McLean baseball, soccer/football (lit), basketball, tennis,

biking/fitness trails, picnic, playground, tot lot

37.7 acres, district park

#### 25 Mason District Park

6621 Columbia Pike, Annandale softball (lit), soccer/football (unlit/lit), basketball (lit), tennis (lit), shuffleboard, dog park, amphitheater, biking/hiking/fitness

121.2 acres, district park

#### **26** Muddy Hole Farm Park 7941 Kidd Street. Alexandria soccer/football, basketball, tennis, hiking trails, picnic areas, playground

13.6 acres, community park

27 Newington Heights Park

8590 Heller Road, Lorton soccer/football, basketball, tennis, biking/hiking trail, playground 69.3 acres, district park

#### Nottoway Park

9537 Courthouse Road, Vienna baseball (lit), soccer/football (lit), basketball (lit), tennis (lit), trails, picnic 90.9 acres, district park

#### 29 Patriot Park

12111 Braddock Road, Fairfax little league (lit), soccer/football (lit) 130.5 acres, district park

#### (I) Pope Head Park 5635 Rivercomb Court, Clifton

soccer/football, basketball, tennis, biking/ fitness/hiking trails, picnic, playground 75.6 acres, district park

#### Poplar Tree Park 4718 Stringfellow Road, Chantilly baseball (lit), soccer/football (lit), biking, hiking, picnic, playground

**Riverbend** Park 8700 Potomac Hill Street, Great Falls

nature center, historic structure, biking/ craftroom

6512 Sydenstricker Road, Burke softball, soccer/football (lit), basketball, tennis, biking, hiking, playground 20.7 acres, community park

#### **South Run District**

7550 Reservation Drive, Springfield baseball, soccer/football, basketball, tennis, recenter, equestrian, playground, swimming 196 acres, district park

#### Spring Hill Park

1239 Spring Hill Road, McLean swimming, fitness rooms, racquetball, picnic, playground, soccer/football 46.1 acres, district park

#### Gi Wakefield Park & RECenter

8100 Braddock Road, Annandale softball, soccer/football, basketball, tennis, recenter, biking, fitness trail, skate park 292.6 acres, multiple resource park

Visit www.connectionnewspapers.com for more Fairfax County parks.

Ellanor C. Lawrence Park, Chantilly

McLean Connection & August 22-28, 2012 & 19



48.3 acres, district park equestrian/hiking trails, picnic areas,

411.2 acres, multiple resource park

Rolling Valley West Park

## **Award-Winning Connection Newspapers**

More Reasons the Connection Newspapers are the Best-Read Community Papers Winners of Awards in the 2011 Virginia Press Association and Maryland-Delaware-D.C. Press Association Editorial Contests To see award-winning entries: www.connectionnewspapers.com/2011Awards

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Gazette Packet

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Packet

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Theismann,

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SECOND PLACE,

Headline Writing,

Alexandria Gazette

Pages, Alexandria

\* Michael Lee Pope, FIRST PLACE, Breaking News Writing, Alexandria Gazette Packet ✤ Michael Lee Pope, FIRST PLACE, Government Writing, Alexandria Gazette Packet

Michael Lee Pope

\* Michael Lee Pope, FIRST PLACE, Health, Science & Environmental Writing, Alexandria Gazette Packet

♦ Michael Lee Pope, FIRST PLACE, In-Depth or Investigative Reporting,

Alexandria Gazette Packet

Michael Lee Pope, FIRST PLACE, Public Safety Writing, Alexandria Gazette Packet

Montie Martin, FIRST PLACE, Business & Financial Writing, Alexandria Gazette Packet

Montie ♦ Montie Martin, FIRST PLACE, Martin

Personal Service Writing, Alexandria Gazette Packet



**Deb Cobb,** FIRST PLACE, Photo Illustration, Burke Connection **♦ Deb Cobb**, FIRST PLACE, General News Photo, Fairfax Connection Deb Cobb, FIRST PLACE, Online Slide Show, Fairfax Connection

Bonnie

Hobbs

**Deb Cobb \***Bonnie Hobbs, FIRST PLACE,

Education Writing, Centre View North

Bonnie Hobbs, FIRST PLACE, Feature Writing Portfolio, Centre View North

\* Michael O'Connell, Victoria Ross, Deb Cobb, Robbie Hammer, Bonnie Hobbs,



Victoria Kenny Lourie, Ross FIRST PLACE, LOCAL Column, Potomac Almanac

**Kenny Lourie**, FIRST PLACE, Sports Column, Potomac Almanac

Alex \*Ken Moore, Mary Kimm, **McVeigh** Robbie Hammer, FIRST PLACE, Continuing News Coverage, Potomac Almanac



Mary Kimm



Hammer

Business & Financial Writing, Alexandria Gazette Packet **\* Jeanne Theismann,** SECOND

PLACE, Feature Story Writing, Mount Vernon Gazette

Michael Lee Pope, SECOND PLACE, Personal Service Writing, Alexandria Gazette Packet

Michael Lee Pope, SECOND PLACE, Health, Science &

Environmental Writing, Arlington Connection Michael Lee Pope, SECOND PLACE, Business



Lashawn

Avery-

Simon

& Financial Writing, Mount Vernon Gazette

SECOND PLACE, General News Photo, Arlington Connection Mike O'Connell, Victoria Ross, Deb Cobb, Robbie Hammer,

Bonnie Hobbs, Amber Healy, SECOND PLACE, Special Sections

or Special Editions, Fairfax Connection

✤ Julia O'Donoghue, SECOND PLACE, Education Writing, Fairfax Connection

Marilyn Campbell, SECOND PLACE, Personal Service Writing, Great Falls Connection

**Victoria Ross,** SECOND PLACE, In-Depth or Investigative Reporting, Fairfax Station/ Clifton/Lorton Connection

Campbell ✤ Jon Roetman, SECOND PLACE, Sports Writing Portfolio, Fairfax Station/Clifton/ Lorton Connection

Alexandria Gazette PLACE, Lifestyle or

Kenny Lourie



Ken Moore









Krafft

Laurence

Foong

Susan

**Belford** 

Louise Krafft, Second Place, Picture Story or Essay, Mount Vernon Gazette Ken Moore, Laurence Foong, SECOND PLACE, Infographics,



Jon Roetman

Potomac Almanac Carole Dell, SECOND PLACE, Local Column, Potomac Almanac Susan Belford, SECOND PLACE, Feature Story, Profile, Potomac

Almanac



**Carole Dell** 

Louise Krafft, THIRD PLACE, Pictorial Photo, Alexandria Gazette Packet

Michael Lee Pope, THIRD PLACE, Breaking News Writing, Alexandria Gazette Packet

Michael Lee Pope, THIRD PLACE, Business & Financial Writing, Alexandria Gazette Packet

**Michael Lee Pope,** THIRD PLACE, In-Depth or Investigative Writing, Alexandria Gazette Packet ♦ Michael Lee Pope, THIRD PLACE, In-Depth or Investigative Reporting, Mount Vernon Gazette ♦ Mary Kimm, THIRD PLACE, Editorial Writing, Alexandria Gazette Packet

♦ Mary Kimm, THIRD PLACE, Editorial Writing, Burke Connection

♦ Victoria Ross, THIRD PLACE, In-Depth or Investigative Reporting, Fairfax Connection



Kemal Kurspahic, Laurence Foong, Amna Rehmatulla, THIRD PLACE, Special Sections or Special Editions, Reston Connection



Amna Rehmatulla



www.connectionnewspapers.com

Winner of the 2011 Virginia Press Association Award for Journalistic Integrity and Community Service **Great People • Great Papers • Great Readers** 



leanne

Marilyn

Theismann

\*Lashawn Avery-Simon,

## News **Raising Wally and Polly**

### A McLean family finds, raises baby squirrels.

By Ann Emmons Petri

t was back in the 1970s in McLean. Coming home from school one afternoon, our two younger children, Lisa, 9, and Steven, 7, found a tiny rolled-up ball of fur lying under the maple tree out in front of our Lemon Road house. It was too big to be a baby mouse and too small to be a baby kitten.

It turned out to be a baby squirrel which must have fallen out of a nest high up in the tree out in front. Bill hauled out his trusty painter's ladder, rested it up against the trunk, climbed up and put the tiny creature back into its nest. He said there was another baby already up there.

We thought no more about it until the next morning when, lo and behold, there was not one, but two tiny furry balls lying on the ground. We realized then that they

were hungry little orphans whose mother had either died or for some reason abandoned them. While we were standing there trying to decide what to do our neighbor Mike Ingrasano, out for his morning walk, stopped by. He volunteered his unused wire cat carrier to house our new charges and that is how we got into the foster parenting business.

We named the babies Wally and Polly and put them in the cage, which we kept open during the day but shut at night, under the same maple tree in case the mother had a change of heart.

In the beginning, we also wore gloves when handling them so that she wouldn't reject them for their human scent.

We all, including Michelle, 15, and Billy, 13, took turns with the frequent feedings. We gave them a mixture of cream of wheat cereal and warm milk using a medicine dropper at first and later a doll's baby bottle. Then, as they grew and thrived, we took to putting their food in saucers at the bottom of their cage.

We moved their cage to the back yard overlooking Rippling

dropper. Run, where they would have more space to roam around without getting run over. However, almost every day when they were hungry or just wanted attention, they both developed the loveable habit of coming back around to the front yard to scratch on the glass on the bottom of our front

table.

=

bay window. The sight of those earnest little creatures standing didn't have a peanut for him he high on their haunches to peer would scold him with a buzzing, in the window was unforgetchirping sound. But, of course, Grandpa made sure he had pea-

Bill's parents came down from upstate New York State for a visit. Both Wally and Polly took to them. In fact, Wally developed a special relationship with Bill's father that he'd never displayed with any of the rest of us. He would wait out in front until Grandpa came out and then, with no warning, leap onto the top of his cap! If Grandpa

1970.

nuts for both him and Molly.

Lisa Petri with Wally and Polly, McLean,

Soon the summer ended and fall began. Wally and Polly appeared less and less frequently until soon we didn't see Wally at all. Polly continued to visit for another month or so but by November she was gone for good too.

Nowadays when squirrels invade our bird feeder in the backyard to try to eat our suet cakes, we are hesitant to shoo them away. We like to think they might be Wally or Polly's descendants.



Steven feeding a squirrel with a medicine



To learn more about Christian Science, visit: ChristianScience.com

christianscienceDC.org

Also, you can visit www.wmal.com Sundays & Mondays to hear how others found spiritual answers to life's challenges on Sentinel Radio

#### "JUNE" THIS IS



June may be the summer surprise you've been hoping for. She's adorable, a real sweetheart, very smart and loving to everyone who crosses her path. She will play for hours with her siblings, but would love to have someone special to call her very own. If a 20 pound, 3 month old bundle of joy is on your summer wish list, come and meet June and have years of best summers forever. Attributes: CUDDLEBUG!

**HUMANE SOCIETY OF FAIRFAX COUNTY** Hours: Monday-Friday 10-4 and Saturday 10-3 • 703-385-PETS Adoptions: By appointment only. • www.hsfc.org

McLean Connection & August 22-28, 2012 & 21

## INSIDER'S EDITION How To Register, Vote and Vote Early

### Election Day is Nov. 6, but you can vote as early as Sept. 21.

**By Mary Kimm** The Connection

hy does it matter? How important is it for Virginia voters to turn out on or before Nov. 6? As a critical "battleground" state, Virginia will be key in determining who will be the next President of the United States. Who will represent Virginia in the U.S. Senate is also too close to call. Since polling shows that there are very few undecided voters in the Commonwealth, every eligible voter will want to be sure to cast a ballot.

This area has very high rates of voter registration. Consider that Fairfax County, with a population of just more than 1.1 million people, has 711,817 registered voters. And 24 percent of Fairfax County's population is under 18, so not eligible to vote.

Arlington has a population of about 216,000 and 157,236 registered voters. Sixteen percent are under 18.

The City of Alexandria has a population of about 144,000 with 101,887 registered voters; 17 percent are under 18.

#### **REGISTER, CHANGE OF ADDRESS**: In

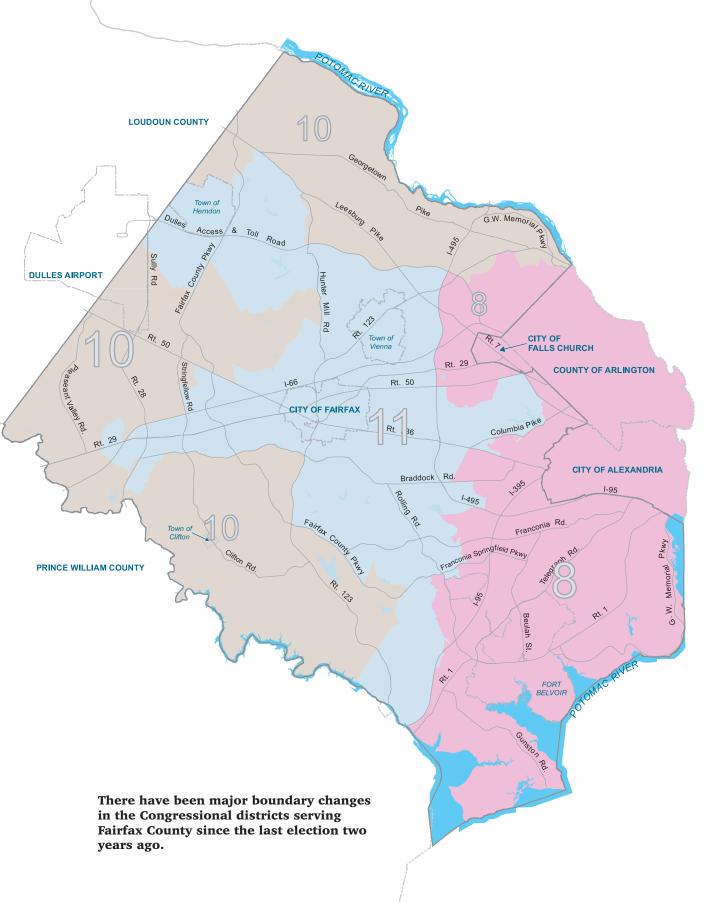
order to vote on Election Day, you must be registered at your current address no later than Oct. 15, 2012. You can check your registration status online by going to www.sbe.virginia.gov. There you can also download a voter registration form and mail it to the elections office address, listed above.

Voter ID: New laws also affect what identification voters must bring with them to the polling place. Acceptable forms of identification include: Virginia voter identification card; valid Virginia driver's license; military ID; any Federal, Virginia state or local government-issued ID; employer issued photo ID card; concealed handgun permit; valid student ID issued by any institution of higher education located in the Commonwealth of Virginia; current utility bill, bank statement, government check or paycheck indicating the name and address of the voter.

Voters arriving to the polls without ID will be required to vote a provisional ballot and will have until noon on the Friday after the election to deliver a copy of identification to their locality's electoral board in order for their provisional ballot to be counted.

All Virginia active registered voters will be mailed a new Virginia voter identification card prior to the November 2012 General Election. Call 804-864-8901 or toll free 800-552-9745, TTY toll free: 800-260-3466. According to the State Board of Elections at presstime, some of the voter identification requirements listed are pending





preclearance from the Department of Justice.

#### **VOTING EARLY, ABSENTEE**

Virtually every voter in Virginia is eligible to vote absentee, which includes voting inperson absentee at a variety of locations between Sept. 21 and Nov. 2.

There are many reasons that voters are allowed to vote absentee, but the most

broad of these applies to almost anyone with a job: "Any person who, in the regular and orderly course of his business, profession, or occupation, will be at his place of work and commuting to and from his home to his place of work for 11 or more hours of the 13 that the polls are open (6 a.m. to 7 p.m.).

See http://www.sbe.virginia.gov/cms/ absentee\_voting/index.html for a complete Map provided by Fairfax County government.

list of acceptable reasons to vote absentee, links to download a request for an absentee ballot and other instructions.

You can download an absentee ballot and mail it to your local voter registration office, or you can vote "absentee in person." Absentee Voting in Person, Fairfax County:

> SEE ELECTION, PAGE 23 www.ConnectionNewspapers.com

## INSIDER'S EDITION

#### **U.S. SENATE**



**Tim Kaine** 



**George Allen** 

Jim Moran

#### **8<sup>TH</sup> CONGRESSIONAL DISTRICT**



**Patrick Murray** 

#### **10<sup>TH</sup> CONGRESSIONAL DISTRICT**



**Frank Wolf** 

\* = incumbent **11<sup>TH</sup> CONGRESSIONAL DISTRICT** 



**Gerry Connolly** 

**Chris Perkins** (R)

#### **(D)**\* (R) **(D)**\* (R) **(D) (D)** (R)\* Election Day Is Nov. 6; Absentee Voting Begins Sept. 21

From Page 22

Fairfax County Government Center, 12000 Government Center Parkway, Suite 323, Fairfax, VA 22035

Absentee voting hours, Sept. 21-Oct. 16, Monday, Tuesday, Wednesday, and Friday, 8 a.m. - 4:30 p.m. Thursdays: 8 a.m. - 7 p.m.

Oct. 17-Nov. 2, Monday-Friday: 8 a.m. -8 p.m.

Saturday Hours: Oct. 6, 13, 20, 27, Nov. 3: 9 a.m. - 5 p.m.

Office Closed On: Monday, Oct. 8, 2012 (Columbus Day)

Last Day to Vote In-Person: Saturday, Nov. 3

Absentee Voting in Person, Fairfax County Satellite Locations

Voting in the following seven locations is available Oct. 17 - Nov. 3, Monday - Friday, 2 p.m. to 8 p.m.; Saturdays, 9 a.m. - 5 p.m.:

Franconia Governmental Center, 6121 Franconia Road, Alexandria, VA 22310

Dolley Madison Library, 1244 Oak Ridge Avenue, McLean, VA 22101

North County Human Services Building, 1850 Cameron Glen Drive, Reston, VA

### For More Election Information

**STATE BOARD OF ELECTIONS** 804 864-8901 Toll Free: 800 552-9745 FAX: 804

371-0194 email: info@sbe.virginia.gov

http://www.sbe.virginia.gov/cms/ Voter Information/Index.htm

#### FAIRFAX COUNTY BOARD OF ELECTIONS

703-222-0776, www.fairfaxcounty.gov/eb/ 12000 Government Center Parkway, Fairfax, Suite 232, Fairfax, 22035; FAX 703-324-2205; email voting@fairfaxcounty.gov

#### **CITY OF FAIRFAX GENERAL REGISTRAR**

703-385-7890, http://www.fairfaxva.gov/

Registrar/GeneralRegistrar.asp 10455 Armstrong Street, Sisson House, Fairfax, 22030; FAX 703-591-8364; email kevin.linehan@fairfaxva.gov

#### **ALEXANDRIA BOARD OF ELECTIONS**

703-746-4050, http://alexandriava.gov/Elections 132 North Royal Street, Alexandria, 22314; FAX '03-838-6449; email tom.parkins@alexandriava.gov

#### **ARLINGTON BOARD OF ELECTIONS**

703-228-3456, http://www.arlingtonva.us/vote, 2100 Clarendon Blvd. Suite 320, Arlington, 22201; FAX 703-228-3659; email voters@arlingtonva.us

www.ConnectionNewspapers.com

#### 20190

West Springfield Governmental Center, 6140 Rolling Road, Springfield, VA 22152 Mason Governmental Center, 6507 Columbia Pike, Annandale, VA 22003

 Mount Vernon Governmental Center, 2511 Parkers Lane, Alexandria, VA 22306 Sully Governmental Center, 4900 Stonecroft Boulevard, Chantilly, VA 20151

Absentee In-person Voting in the City of Alexandria:

In-person absentee voting starts Friday, Sept. 21 at 8 a.m. and ends Saturday, Nov. 3 at 5 p.m.

Regular hours for in-person absentee voting are Monday - Friday, from 8 a.m. - 5 p.m. at the Office of Voter Registration and Elections, 132 North Royal Street, Suite 100 (the office is closed on Monday, Oct. 8).

Beatley Library will be used as a second absentee voting site beginning Thursday, Oct. 25.

More details, including dates of extended hours at http://alexandriava.gov/elections/ info/default.aspx?id=1720

#### Arlington In-person Absentee Voting:

Will be available starting Sept. 21 and ending 5 p.m. on Saturday, Nov. 3 at 2100 Clarendon Blvd., Lobby Level, 8:30 a.m. to 5 p.m. Monday to Friday, (closed Oct. 8) with some extended hours, and Saturdays beginning Sept. 29.

Two satellite locations, Barcroft Sport and Fitness Center, 4200 S. Four Mile Run Drive and Madison Community Center, 3829 N. Stafford St., will have in-person absentee voting from Oct. 6 - Nov. 3. For hours, visit http://www.arlingtonva.us/departments/ voterregistration/ voterregistrationabsenteevoting.aspx

#### WHAT'S ON THE BALLOT?

Every voter in Virginia will vote for U.S senator and their member in the U.S. House of Representatives, in addition to President of the United States and two constitutional questions.

For Senate, Tim Kaine (D), former governor will face George Allen (R), also former governor and former U.S. senator, to replace U.S. Sen. Jim Webb (D) who is retiring from the Senate after a single term. Webb defeated George Allen six years ago. Connection coverage of the U.S. Senate race is http:// available at www.connectionnewspapers.com/news/ Election/National/Senate/

Two constitutional questions will appear

on all Virginia ballots, one about the use of eminent domain and one about the timing of a particular session of the General Assembly to consider overriding vetoes by the governor of legislation that was passed by assembly. the See http:// www.sbe.virginia.gov/webdocs/ 201211ConstitutionalAmendmentsPoster.pdf.

In the races for U.S. House of Representatives, it's worth noting that redistricting resulted in significant changes in Northern Virginia in terms of who your U.S. representative will be. If you live in Reston, for example, while last election you were represented by Jim Moran and the 8th district, now you are in the 11th district where the incumbent is Gerry Connolly. See the map for details. Fairfax County is represented by three Congressional Districts, 8, 10 and 11. Connection coverage of congressional races is available at http:// www.connectionnewspapers.com/news/ Election/National/Representatives.

In the 8th District, incumbent Rep. Jim Moran (D), seeking his 12th term since being elected in 1990, will face Patrick Murray (R), and two independent candidates, Janet Murphy and Jason Howell. The 8th district includes all of Alexandria and Arlington, plus parts of Fairfax County including Mount Vernon, Lorton and parts of McLean, Tysons and Falls Church.

In the 10th District, Frank Wolf (R), elected to office in 1982, will face Democrat Kristin A. Cabral and independent J. Kevin Chisholm. The 10th district sprawls from McLean to Winchester, and includes Great Falls, Chantilly, parts of Fairfax Station, the Town of Clifton, part of Burke and Springfield.

In the 11th District, Gerry Connolly (D), former chairman of the Fairfax County Board of Supervisors, elected to Congress in 2008, will face Republican Chris Perkins and Independents Joe Galdo and Peter M. Marchetti. The 10th district now includes the City of Fairfax, the Town of Herndon, Reston, central Fairfax County including parts of Burke, Springfield and Lorton.

IN FAIRFAX COUNTY, voters will also decide whether to invest in infrastructure based on four bond questions, answering yes or no to supporting \$75 million for parks, \$55 million for public safety facilities, \$25 million for library facilities and \$30 million for stormwater and sewer improvements. http://www.fairfaxcounty.gov/elections/nov\_2012\_county\_bond\_issues.pdf

IN THE CITY OF ALEXANDRIA, voters will also choose a mayor, members of the city council and school board.

The Alexandria City Council is composed of a Mayor and six Council members who are elected at-large for three-year terms. Incumbent mayor Bill Euille (D) will face Andrew H. Macdonald (I) in the race for mayor.

Voters will choose six City Council members from the list of 12: Frank H. Fannon IV (R)\*, Alicia R. Hughes (R)\*, John R. "Bob" Wood (R), John Taylor Chapman (D), Timothy Lovain (D), Del Pepper \*(D), Allison Silberberg (D), Paul C. Smedberg (D), Justin M. Wilson (D), Glenda B. Davis (I), Robert Krause (L), Jermaine A. Mincey (I). 🛠 means incumbent.

The Alexandria City School Board is a nine-member elected body that adopts policy for the daily operation of schools and sees that school laws are properly explained, enforced, and observed. The city is divided into three voting districts, and three Board members are elected from each district. Each member serves a three-year term. Incumbents marked \*.

School Board District A: Stephanie Amann Kapsis, William E. "Bill" Campbell\*, Karen A. Graf, Helen F. Morris\*, Joyce D. Rawlings, Heath E. Wells

School Board District B: Michael A. Brookbank, Chyrell D. Bucksell, Kelly Carmichael Booz, Justin P. Keating, Marc Williams 🍫

School Board District C: Ronnie M. Campbell\*, Patricia A. "Pat" Hennig, Christopher J. Lewis, Jeff N. Zack.

IN ARLINGTON, voters will choose one member of the County Board and one member of the School Board. Both Arlington boards are made up entirely of at-large members, so both races will appear on all Arlington ballots.

Incumbent Libby Garvey (D) will face Matthew A. Wavro (R) and Audrev R. Clement (I) for the seat on the County Board.

For School Board, incumbent Emma N. Violand-Sanchez will face Noah L. Simon.

Arlington voters will also decide yes or no on four bond questions, whether to authorize raising \$32 million public schools, \$28 million for community infrastructure, \$50 million for local parks and recreation, and \$32 million for Metro and transportation. http://www.arlingtonva.us/departments/voterregistration/forms/ Bonds2012ENG.pdf



**Kristin A. Cabral** 

## Newcomers & Community Guide 2012~13 Getting to Know Area High School Sports



Mark Saunders, left, and the McLean boys' soccer team won a Liberty District championship in 2012.

## McLean High: Boys' and girls' soccer teams won district titles in 2012.

School: McLean High School. Mascot: Highlanders. School Colors: Red and silver. Athletic Director: Jim Patrick, 703-714-5700. Football Coach: Dennis Worek (first year).

The Highlanders went 6-4 during the 2011 regular season and qualified for the Division 5 playoffs, where they lost to Yorktown in the quarterfinals. Field Hockey Coach: Summer Vanni. Boys' Basketball Coach: Kevin Roller. Girls' Basketball Coach: Kevin Roller. Baseball Coach: John Thomas. Softball Coach: John Thomas. Softball Coach: Maurice Tawil. Boys' Soccer Coach: Michael Anderson. Girls' Soccer Coach: Rob Bouchard. Rival School: Langley.

**What Happened Last Year:** The field hockey team finished Liberty District runner-up. The boys' basketball team went 23-

4, won a district title and reached the region semifinals. The boys' and girls' soccer teams won district championships. The baseball team reached the region quarterfinals.

**Famous Graduate:** Defensive end Eric Dorsey (1982 graduate) was a first-round choice of the New York Giants in the 1986 NFL Draft. He was a starter on the Giants' 1990-91 team that won Super Bowl XXV. He finished with seven sacks in seven seasons.

**Quotable:** "This is invigorating. I felt as a team we played great, kept it together. This has definitely been a goal for us from the beginning [of the season]. We wanted to win the district and did that." —Defender Brianna Nielsen after the McLean girls' soccer team won a district title in 2012.



Head Coach Earl Brewer (center) led the Langley boys' lacrosse team to its fourth consecutive state championship in 2012.

## Langley High: Girls' tennis team goes undefeated in 2012.

School: Langley High School. Mascot: Saxons.

School Colors: Green and gold.

Athletic Director: Geoff Noto, 703-287-2750. Football Coach: John Howerton (10th year).

The Saxons started 3-1 in 2011, finished the regular season 5-5 and qualified for the Division 5 postseason, losing to Stone Bridge in the quarterfinals. Field Hockey Coach: Jennifer Robb. Volleyball Coach: Susan Shifflett. Boys' Basketball Coach: Travis Hess. Girls' Basketball Coach: Amanda Bates. Baseball Coach: Kevin Healy. Boys' Lacrosse Coach: Earl Brewer.

Girls' Lacrosse Coach: Richard DeSomma. Boys' Soccer Coach: Bo Amato. Girls' Soccer Coach: Ken Savittiere. Rival School: McLean. What Happened Last Year: The vol-

leyball team finished Liberty District runner-up and reached the Northern Region semifinals. The boys' lacrosse team won its fourth consecutive state championship. The girls' tennis team went 20-0 en route to a state championship. The boys' tennis team won a region title and finished state runner-up. The girls' lacrosse team finished district, region and state runner-up. The baseball team advanced to the region semifinals. The boys' soccer team finished district runner-up and reached the region semifinals.

**Famous Graduate:** Bruce Allen (1974 graduate) is the general manager of the Washington Redskins and son of former Redskins coach George Allen.

**Quotable:** "Coach [Earl] Brewer told us [after the win] that we've all made our mark in [Northern] Region and Virginia State lacrosse history." —Langley goalkeeper Andrew Spivey after the Saxons won their fourth consecutive boys' lacrosse state championship.

### Marshall High: Field hockey team tallied 15 wins in 2011.

School: George C. Marshall High School. Mascot: Statesmen. School Colors: Scarlet and Columbia blue. Athletic Director: Joe Swarm, 703-714-5409.

Football Coach: Greg Sullivan (first year). The Statesmen went 2-8 in 2011, beating Falls

Church and Thomas Jefferson. Field Hockey Coach: Christina Carroll

Boys' Basketball Coach: Dan Hale. Girls' Basketball Coach: Chad Scott.

Rival School: Madison.

**What Happened Last Year:** The field hockey team went 15-4 and reached the Northern Region quarterfinals. The girls' basketball team reached the regional tournament. The baseball team qualified for regionals. The girls' lacrosse team went 11-5 and qualified for regionals. The girls is a set to the Pro Bowl and one All-Pro selection. He won one Super Bowl (XXXV) with Baltimore. He finished with 71 career sacks.

Famous Graduate: Pete Schourek (1987 graduate) was a pitcher in the Majors Leagues. He was drafted by the New York Mets in the second round of the 1987 MLB Draft. He played 11 seasons in the Majors and finished second in the Cy Young voting in 1995, when as a member of the Cincinnati Reds he went 18-7 with a 3.22 ERA. He also played for the Toronto Blue Jays, Houston Astros, Boston Red Sox, Pittsburgh Pirates and Boston Red Sox. Defensive lineman Michael McCrary (1988 graduate) played collegiately at Wake Forest and was a seventh-round selection of the Seattle Seahawks in the Seahawks and Baltimore Ravens, earning two trips to the Pro Bowl and one All-Pro selection. He won one Super Bowl (XXXV) with Baltimore. He finished with 71 career sacks.



The Marshall girls' lacrosse team faces Langley.

## News

### Staybridge Suites Presents Gold Key to Miriam Burns

iriam Burns from New York City, the newly appointed music director and conductor of the McLean Orchestra, will stay exclusively at the Staybridge Suites McLean at no cost to her or the McLean Orchestra when she commutes to McLean during the upcoming concert season. Staybridge Suites McLean has offered to underwrite each of Burns' visits. In return, the McLean Orchestra is honoring Staybridge Suites McLean as a Suiteheart Sponsor for the 2012-2013 season. Staybridge Suites General Manager Brian Pence and Director of Sales and Marketing Mark Welker commemorated Burns' first visit by presenting her with a gold key to their facility.

In addition to enjoying time with the executives and guests of Staybridge Suites, Burns spent much of her week visiting and introducing herself to many of the organizations in McLean. Accompanied by an entourage including the McLean Orchestra's Board President Aileen Pisciotta, Esq., Executive Director John Huling and immediate past President Wayne Sharp, PhD., Burns was introduced at a Rotary Club of McLean luncheon, a Rotary Club of Tysons breakfast and an American Legion gathering in her honor. She was also a lunch guest of Vinson Hall, a military retirement community in McLean and Chesterbrook Residences, also of McLean. Burns enjoyed meeting Marcia Twomey of the McLean Chamber of Commerce at M&T Bank where they hosted a business networking event and introduced Burns to an appreciative crowd.

These gatherings gave an opportunity for Maestra Burns and Ms. Pisciotta to talk about their respective visions for the future of the McLean Orchestra



**McLean Orchestra President Aileen** Pisciotta, Esq., Staybridge Suites Director of Sales and Marketing Mark Welker, Staybridge Suites General Manager Brian Pence, Maestra Miriam Burns, McLean **Orchestra Executive Director John Huling** and McLean Orchestra immediate past President Wayne Winston Sharp, Ph.D.

and the McLean Youth Orchestra. Burns will return for a week in September and will open the 41st season of the McLean Orchestra, "A Season of Imagination" on Oct. 20 at Oakcrest School with the Phantoms and Fantasies concert. Information about the McLean Orchestra concert season can be found at www.mclean-orchestra.org



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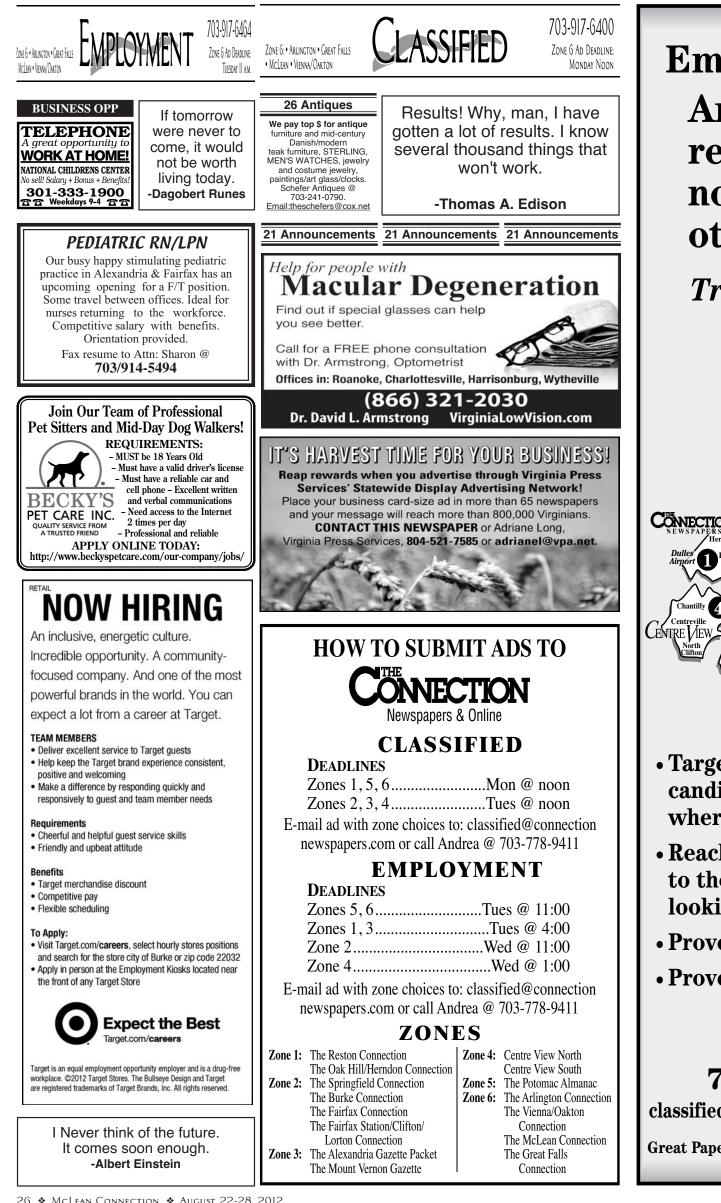
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#### **OPEN HOUSES** SATURDAY/SUNDAY, AUGUST 25 & 26 When you visit one of these Open Houses, tell the Realtor you saw it in this $\, \mathbb{R} \,$ Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click on the "This Week in Real Estate" link. **Call Specific Agents to Confirm Dates & Times** Chantilly 42344 Astors Beachwood...\$850.000.. . Chris Pezzana .... .... Weichert.. 703-447-1662 ..Sun 1-4 Rich Triplett .. Samson Props..703-217-1348 41994 Kudu Ct \$694,000 Sun 1 3635 Beech Down Dr Cristina Dougherty...Long & Foster..703-969-0471 \$524,900 Sun 1-4 Clifton 12406 Shari Hunt Grove .. \$1,050,000 ... ..Sun 1-4.....Carol Hermandorfer...Long & Foster..703-503-1812 **Fairfax Station** 3303 Pinyon Pine Ci \$749,500 RE/MAX..703-475-3986 Haymarket .....Karla Daniels..Samson Props..571-330-0534 16206 Tiffany Ln \$359,900... ...Sun 1-4. **Kingstowne/Alexandria** 6111 Summer Park Ln Jim Souvagis...Long & Foster..703-919-9191 .\$439.900 .Sun 1-4 McLean 1529 Hardwood Ln......\$1,025,000..... ..... Weichert.. 703-628-0470 ...Sun 1-4.. .Jane Price ..... **Potomac Falls** 7664 Woolcott Sa \$319.000 ..Sun 1-4..Cathy/John McCambridge..Samson Props..703-906-7067 Reston \$409.000 .Sun 1-4..Cathy/John McCambridge..Samson Props..703-906-7067 1401 Greenmont Ct. Sterling 47840 Saulty Dr. \$799.900. Sun 1-4 Janean Buchner .RE/MAX..703-444-5979 47358 Westwood PI. .\$649,900.. Vitaly Bednov ..Fairfax..703-533-8660 ..Sun 1-4 20882 Royal Villa Terr. \$539,000. Shawna Parde...Long & Foster..703-435-4900 .Sun 1-4 **Bill Wang** ...Premier..703-748-0001 .Weichert..703-368-1184 45842 Oak Branch Ln. \$539,900 ..Sun 12-4 20228 Youngs Cliff Rd. .\$485,000..Sat/Sun 1-4 David Claypool 21149 Millwood Sq ..Sun 1-4..Cathy/John McCambridge..Samson Props..703-906-7067 \$369.000 Stone Ridge

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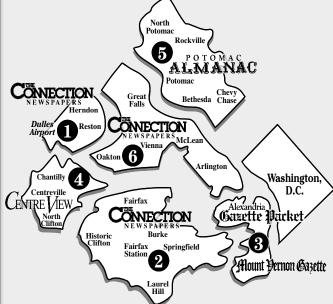
#### To add your FREE Realtor represented Open House to these weekly listings, please contact Trisha at 703-778-9419, or trisha@connectionnewspapers.com All listings are due by Monday at 3 P.M.

#### McLean Connection & August 22-28, 2012 & 25



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Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

McLean Connection & August 22-28, 2012 & 27

## **Cancer Lane**

By KENNETH B. LOURIE

Not to look a reasonably good result from my anti-cancer oral medication in the mouth, but however good I feel, however asymptomatic I am (other than the dry skin and pimply rash on my face), the results from my next CT Scan in early September will tell me how I should really feel. If the tumors (one in particular) have not grown or moved - or have even shrunk, I will feel Tony-the-Tiger "Great!" If on the contrary, the tumors have grown again, as they had in June – after my two previous chemotherapy infusions, then whatever I think I feel now will be replaced by what I don't want to think about ever: the presumably inevitable, now-what?

"Now what" as in "what next," has rarely been a discussion I've had with my oncologist, the scenario question as I refer to it. Whenever I would ask the perfectly logical question - to me, about what we might do if so and so happens or if such and such occurs (medically speaking relating to the cancer, that is) my doctor would always defer, and advise patience and caution, not wanting to get too far ahead of where we were but rather wait until we got there – considering that "there" is hardly a straight line. As difficult as it was for me to not always have clear options and strategies outlined for the future, what did become clear to me was that trying to anticipate such outcomes and plan treatment protocols accordingly, was not something my oncologist was comfortable doing, given the variability and unpredictability of how my body (cancer) would respond to whatever we had been doing. In a professional way, sort of, it was kind of a waste of his time to discuss treatment for eventualities which had not yet manifested themselves. The plan/his thinking was - as I soon learned, preempt what we could, treat what we knew, and wait for

results to know what, or what not to do, next. Presuming facts not yet in evidence and/or reactions not yet diagnosed/confirmed was natural for me - as a salesman. For an oncologist however, it would be unethical almost, to tell me things which are not yet true but might be or might not be, depending on... And so I've come to accept that (for awhile, I continued to ask except-type scenario/what if questions). Eventually, I grew comfortable with these perimeters and knew that waiting and hoping - and wondering, was going to be the currency with which I was going to pay my emotional dues. Once having assimilated these dos and don'ts into my understanding and expectations, the planning of my present and future life became less stressful, oddly enough. Once I knew the limitations of our conversations projecting medically (into a very uncertain future), I could work it into my head and better manage the emotional roller coaster which had/has become my life. Oh sure, we had general discussions about treatment options, and there was a road map of sorts, but specifically visiting and discussing scenarios A, B and C either in person or electronically was rarely how our time together

If I hadn't learned to sit tight and wait for results - and then discuss those results and future treatment options, I might have driven myself and all those around me crazy. Now I'm waiting again – until September. Having been there and done that now for three an half years certainly helps. And however familiar it may be and/or has become, it doesn't exactly help to pass the time or affect the results, unfortunately. Cancer sucks! That much is clear. Now and in the future.

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