

Reston  
**CONNECTION**

# Finding Recreation In Reston

NEWS, PAGE 4

**Insiders  
Edition  
Newcomers & Community  
Guide 2012-2013**

## What Makes Reston Special?

INSIDERS' PERSPECTIVE, PAGE 6

## How to Register, Vote and Vote Early

NEWS, PAGE 16

**Renzo Sanio, 9, plays a game  
of tennis at the Reston  
children's tennis courts.**

PHOTO BY ALEX McVEIGH/THE CONNECTION  
OPINION, PAGE 10 ♦ ENTERTAINMENT, PAGE 15 ♦ SPORTS, PAGE 20 ♦ CLASSIFIEDS, PAGE 22

AUGUST 22-28, 2012

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# NEWCOMERS & COMMUNITY GUIDE 2012~13



PHOTO COURTESY OF RESTON ASSOCIATION

**Teen volunteers after a cleanup at the Southgate Community Center. The Five-Year Strategic Plan for Reston examines ways for the Reston Association to keep facilities maintained and better keep track of what needs cleaning and repair.**

## Strategic Plan Looks to Further Simon's Ideals

BY ALEX McVEIGH  
THE CONNECTION

When Robert Simon used the proceeds from the sale of Carnegie Hall to buy almost 7,000 acres of Virginia farmland in March 1961, he founded a community with a plan. A place where residents could live, work and play in a variety of housing types with a variety of recreational opportunities. For the community's first 50 years, those principals guided the community's development and governance.

Reston's next 50 years will see the addition of Metro, the re-envisioning of its village centers and an increase in population and the infrastructure that will be necessary. With this in mind, the Reston Association has updated its strategic plan this year, which will look ahead to 2016.

"In the plan we focused heavily on the plans Bob Simon laid out," said Ken Knueven, Reston Association board president. "We put in considerable effort to get it done with things that can have a measurable impact by the end of this board year, and will allow us to measure the outcome of the board's goals."

**THE GOALS** primarily consist of ways the RA can incorporate additional dwelling units as they are constructed, as well as increase the way the organization engages its members and key stakeholders.

"The RA is a primary community organization, and our role going forward is to continue to be a major voice and continue our positive relationship with county staff and Supervisor [Cathy] Hudgins [(D-Hunter Mill)]," said Milton Matthews, CEO of the RA. "And as properties continue to be added in Reston, we want to make sure we can add them to the RA, to be able to offer them the services our members receive, and not have them separated from the surrounding communities."

The plan also lays out the specifics by which the

## Reston Association plans for new properties, service needs to 2016.

RA will continue to provide services to members, and how they will continue to monitor amenities, programs and services.

Results from the RA's community-wide survey will be put together during the third quarter of 2012, and within four months staff, with input from the community, will have a list of recommended changes.

According to the report, by the fourth quarter of 2012, the RA will create "evaluations tools for existing and new programs." The third quarter of each subsequent year, up to at least 2016, will see staff and key stakeholders engage in brainstorming sessions in regards to possible new programs.

The plan also calls for increases in RA's use of technology, with a method of scan technology to be used for members to access services and facilities by the end of 2013, the ability for members to check individual property records on the RA website by first quarter 2014 and the ability to expand the community's ability to check the availability and reserve RA facilities.

**MORE IMMEDIATELY**, the RA Board of Directors will be branching out into the community come the fall.

"Our board members will be holding town hall meetings in their individual districts starting in September," Knueven said. "As we start moving toward the future, we want to make sure everybody in this community feels like they're being heard."

The district meetings will kick off Sept. 5 for the Hunters Woods/Dogwood District.

"It's important that the Reston Association remain relevant as Reston heads to its 50<sup>th</sup> anniversary," Matthews said. "And to make sure we stay relevant for the next 50 years, we need to make sure the services we offer are what the community wants."



PHOTOS CONTRIBUTED

**Madeleine Steppel, 9, meets White House Assistant Chef Sam Kass Monday, Aug. 20, after winning an online competition.**

## Madeleine Steppel Finds Recipe for Success

Reston resident dines with president and first lady.

BY ALEX McVEIGH  
THE CONNECTION

One night a few weeks ago, while she was at Camp Louise in Maryland, Madeleine Steppel, 9, of Reston headed to the administration building to wait for a call. Once she got to the building, known around camp as "the White House," the call came in: she had won a trip to the real White House for lunch with first lady Michelle Obama.

Steppel was one of 54 winners in the epicurious.com Healthy Lunchtime Challenge, which earned her a trip to the Kids' State Dinner Monday, Aug. 20. Her recipe was for fish chowder and fruity salad.

"The president made a surprise visit, and it was amazing to see them both together. I got to shake hands with him and get a picture with Mrs. Obama," she said. "She's really tall. We got to see her inauguration gown, which was very tall, and she was even taller in heels. I had to look way up."

Steppel's trip included a stay in

Georgetown for the night, as well as a tour of the White House and attendance at the luncheon.

"[This contest] has inspired kids across this country to learn about healthy eating and to get in the kitchen [to] start cooking," said Michelle Obama during her address. "You are going to inspire some students to get into the kitchen. This is exactly the kind of leadership we need to give our kids the healthy future they deserve."

**JUST AFTER SCHOOL** let out for the summer, Madeleine's mother, Debra Steppel, was looking for a gazpacho recipe for the family to make for her

SEE DINING, PAGE 5

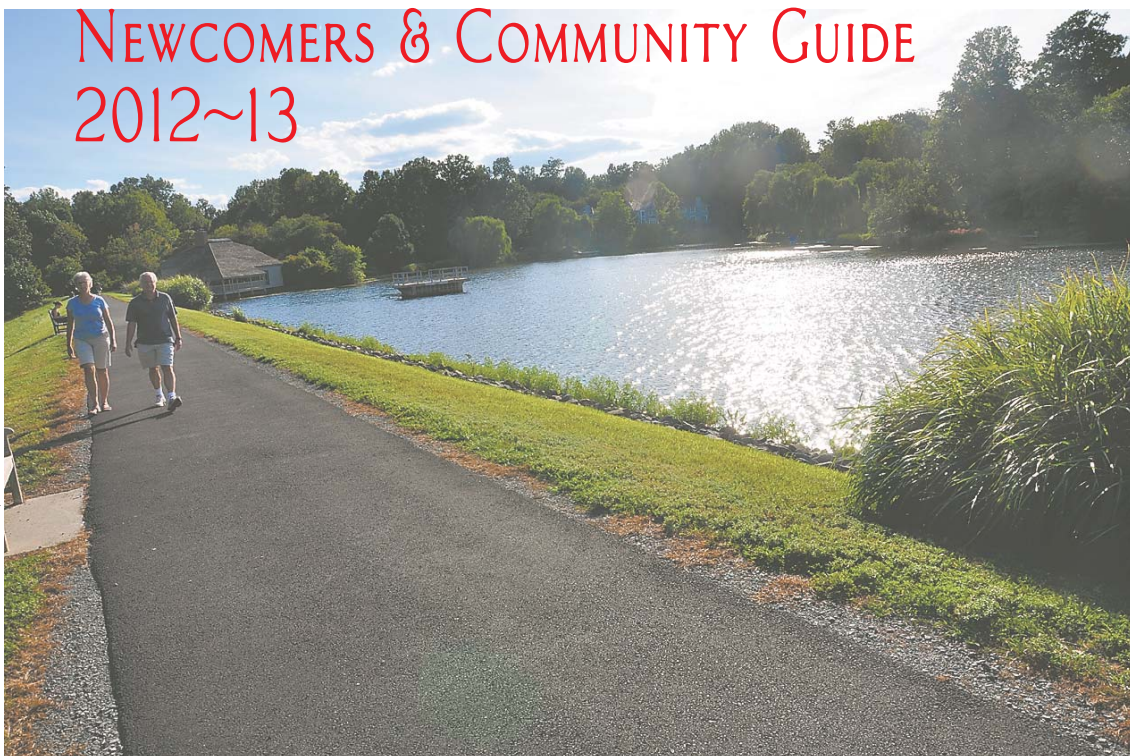


**Fish chowder, whole grain bread and fruity salad, the winning entry from Madeleine Steppel, 9, in the Healthy Lunchtime Contest.**



# NEWCOMERS & COMMUNITY GUIDE 2012~13

PHOTOS BY ALEX MCVEIGH/THE CONNECTION



**Jeanette and Bernard Hopkins of Reston walk along the path at the south side of Lake Newport in Reston.**

## Finding Recreation in Reston

**Trails, tennis, pools offer variety of opportunities.**

BY ALEX MCVEIGH  
THE CONNECTION

**A**s an avid outdoorsman, Larry Butler says he spends his vacations getting as far away from civilization as possible. As the director of Parks and Recreation for the Reston Association, he knows places in Reston offer something similar.

“Along the Glade Stream is one of my favorite places in the area, the closest you can get to relative isolation in this area, when the leaves are all up you can’t see many houses,” he said. “When you think of Reston, there’s a lot of variety when it comes to recreation, places, facilities, events, there’s a lot available for almost any age if you’re an active person or not.”

Reston’s network of pathways features 55 miles of paved and natural surface pathways and 95 bridges. There are five major trails, connecting things like village centers, Reston Town Center and going around lakes. Due to the bridges and overpasses, many paths have a minimal amount of street crossings.

“The route from Lake Anne to Reston Town Center is one of my favorite trips,” said Laura de Cuir, of Reston, who lives on North Shore Drive near Lake Anne. “It’s about a mile and a half and takes me all the way to Town Center, and the best part is not having to cross Reston Parkway, there’s an underpass by the Barnes and Noble. It might not sound like a big deal, but I lived in Tysons Corner for a few years, and walking there, even during broad daylight, was taking your life in your hands.”

**Families boat and fish along Lake Audubon.**



There are 15 RA pools in Reston, and Butler says that each pool has something to offer besides just swimming.

“There’s a variety of things available at our pools, particularly at the ones that have been renovated,” he said. “Glade has the large slide, Uplands has a splash fountain, Hunters Woods has volleyball and basketball courts and Dogwood, when the renovation is finished, will have a spray and play fountain.”

The Dogwood Pool renovation is expected to be completed at the end of the season.

Reston’s more natural water features, even though they don’t allow swimming, allow for plenty of other aquatic activities.

“Reston’s lakes are a beautiful example of seamless integration of water features into a natural, suburban environment,” said Leon Oreja of Reston, who as a native of Minneapolis, Minn., says he knows about taking advantage of lakes. “I personally like Lake Anne, boating on it gives you a great view of the plaza on one end, and some beautiful home scenery on the other end.”

Reston also features 52 tennis courts, including six with smaller dimensions meant for youth at the Lake Anne pool.

“Tennis is my favorite thing to do outside in Reston, because I can do it all year, not just summer like the pools,” said Charles Eagan, 8, of Reston. “My goal is to be comfortable enough to move to the big courts before I turn 10.”

### INSIDERS PERSPECTIVE

## What is the greatest thing about living in Reston?

—ALLISON CORSER

### AJ Duston, 19, Student

“I love to eat and hang out at Reston Town Center, especially in the winter when the ice skating rink is open. Reston has a lot of good biking and walking trails, and I take advantage of that when I want to go on a run. The other thing I love about Reston is how close it is to the metro and Washington D.C. They’re currently building a new metro station in Reston, which makes it even better. Overall, the area as a whole is affluent, clean and there is a good deal of diverse, nice people. I’ve lived here most of my life and I can’t ever say I’ve had something to complain about.”



### Brian Riegel, 28

“The greatest thing about living in Reston is the people. No matter where you go, you’ll always find people to associate with. If you’re near Reston Town Center or Lake Anne, there is always a good crowd to hang with. It’s the people who have given me the great memories I have in Reston.”



### Julia Forkhort, 22

“In Reston, I like how there is always something to do and there is always a way to stay busy. I love how we have outdoor shopping malls like Reston Town Center and Fairfax Corner. Although Reston is a huge area, it sometimes feels like a small community because whenever you’re out and about; you always run into someone you know.”



### Juan Palomino, 23, Server

“Reston has always had so much to offer and is only getting bigger and busier every day. One of the greatest things about living in Reston is that you have access to so many activities in one place. Reston is home to many lakes where you can go boating or fishing with friends. The bar scene in Reston is great too. Some of my favorites are Clyde’s of Reston and Lakeside, which has a great ambience and is right on the water. If you’re looking for something to do with your family, there is also Reston Zoo, good for all ages. You always find something fun to do in Reston and I can tell you the people who live here make it all the better.”





# Dining at the White House

FROM PAGE 3

husband on Father's Day, when she came across the contest website.

"I saw the sidebar about the challenge, read the rules and realized Madeleine met the criteria, so I approached her," Debra Steppel said.

Madeleine said she stressed about putting the recipe together. At Great Falls Elementary, her nickname is "soup girl," so she thought she would like to do something with soup, and in the end decided to treat it like her favorite television show, "Chopped."

"In the show they have to put together a bunch of different ingredients together, and that's what I had to do with all the food groups," she said. "The contest was going to have winners from all 50 states, so I got the idea for a Virginia recipe, and that's when I looked in the 'Celebrate Virginia' cookbook and found Sen. Mark Warner's (D) recipe for creamless asparagus soup."

Madeleine read that Virginia's state beverage is milk, which made her think of a chowder, to which she added whitefish, peas and car-

rots. She chose salad because she needed fruits.

The meal is gluten-free, nut-free, kosher and halal. It contains parts of each food group: salad greens, carrots, peas and potatoes for vegetables, cherry tomatoes, strawberries, dried cranberries and orange juice for fruits, protein from the fish, dairy from the milk and grains from the whole grain bread served with the soup.

In order to keep the chowder healthy, Madeleine Steppel had to steer clear of heavy cream, opting instead to make a roux, which is melted fat, such as butter, mixed with flour to serve as a thickening agent.

"It was a big hit, her brother asked for thirds," Debra Steppel said.

After receiving the good news at Camp Louise, Madeleine helped make her recipe for the entire camp. While Madeleine's recipe calls for it to make four to six servings, it had to be adapted for 600 to feed all the campers at Camp Louise.

"People kept coming up to me and saying how good it was, which was a really good feeling," she



PHOTO CONTRIBUTED

**Madeleine Steppel, 9, and her mother Debra in front of the White House. Madeleine won a healthy lunchtime contest online, and dined with the president and first lady Monday, Aug. 20.**

said. "It felt good because I didn't know a lot of them, but the meal was good enough that they had to say something."

**DURING HER TRIP** to the White House, Madeleine Steppel got to examine the White House Garden, meet White House Assistant Chef Sam Kass and examine the garden's fig tree, which held a special interest since the Steppels have one in their backyard.

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# NEWCOMERS & COMMUNITY GUIDE 2012~13

## What is the best thing about living in Reston?

—ERIN HODGE

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**Food Pantry** is located at 11484 Washington Plaza West, Suite 120, Reston, VA. Donations are accepted:  
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**Debbie Lysak**,  
 Real Estate Manager, resident for 11 years  
 “Everything I would ever need is here—it’s convenient and comfortable. There’s always something to do, and something for everyone, really. I plan on living here a while longer yet.”



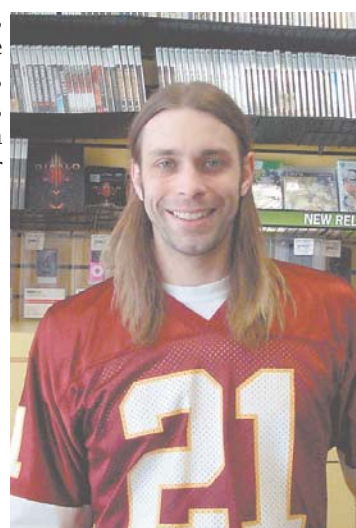
**Daniel Brown**,  
 Middle School History Teacher, 6 years  
 “It’s really well maintained, and the people here are some of the nicest you’ll meet. It’s great for my four-year-old too—plenty of things for us to do with him and we never get bored.”

**Glynis Van der Merwe**, Software Office Manager, 10 months  
 “I love shopping in Reston Town Center, but I also work in McLean—it’s great to be close to both. It’s in the center of everything, so everything is just really convenient. I love it!”



**Connie Sheppard** (and son), Occupation: Law Enforcement, 20 years in Reston  
 “We love the tennis courts, which are kept perfectly, and all of the beautiful lakes. Lake Thoreau, especially. We go out there and just enjoy the ducks and the water; it’s always so serene and beautiful.”

**Jesse Edwards**, Senior Game Advisor, Gamestop, Working in Reston 1 year  
 “It’s always improving, even just since I got here. It’s somewhere people like to live, and even people who don’t live here come to spend time anyway.”



**Richard Cormier**, Occupation: Sales, 14 years in Reston  
 “The amenities here are great. There are tremendous activities for children: pools, parks, and malls. Everything is at your fingertips, unlike a lot of areas around here. The exercise trails are beautiful, and there’s always something to see.”

### FAITH NOTES

*Faith Notes are for announcements and events in the faith community, including special holiday services. Send to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). Deadline is Thursday.*

**The recently formed IHS Press Group** has announced the first Rebuilding Christendom Conference, featuring 10 prominent scholars, writers, and activists who will proclaim the politics of Jesus Christ as they offer a vision of reconstruction amid the ruins of the modern world.

This event will be held Aug. 24 - 26 at the Dulles Marriott in Dulles, Va. The \$200 registration fee covers the full three days of talks plus all meals. A limited number of dis-

counted rooms are available while they last by calling the hotel at 1-800-228-9290 and mentioning the conference.

Those planning to attend are encouraged to register at <http://www.rebuildingchristendom.com>

Seating is limited; on-line registrants save \$50 off the price at the door. For more information, call 757-925-7904 or e-mail [conference@ihspress.com](mailto:conference@ihspress.com).

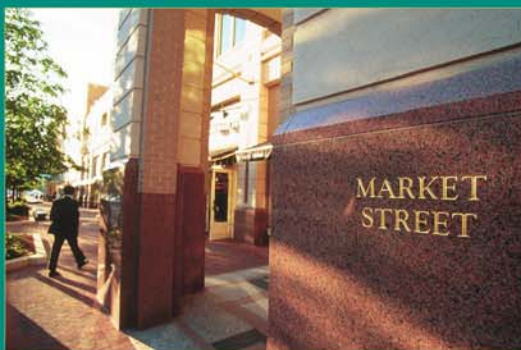
**Vajrayogini Buddhist Center**, Brown’s Chapel, 11450 Baron Cameron Ave., Reston, holds monthly classes for the general public. Gen Kelsang Varahi, an American Buddhist nun, will teach ‘Living Meditation: Meditation for Relaxation,’ teachings and guided meditations that teach students how to relax their body

and mind. \$12. [www.meditation-dc.org](http://www.meditation-dc.org) or 202-986-2257.

**Trinity Presbyterian Church**, 651 Dranesville Road in Herndon, has Sunday Worship Service at 8:30 a.m. and 11 a.m. Nursery and childcare are available during worship services. Youth and Adult Sunday School is held Sundays from 9:40-10:45 a.m. 703-437-5500 or [www.trinityherndon.org](http://www.trinityherndon.org).

**Floris United Methodist Church**, 13600 Frying Pan Road in Herndon, has worship services at 8 a.m., 9:15 a.m., 11 a.m. and 5 p.m. on Sundays, with a Latino service on Saturdays at 7 p.m. 703-793-0026 or [www.florisumc.org](http://www.florisumc.org).





# RESTON TOWN CENTER

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- ArtInsights Animation & Film Art Gallery
- at&t wireless
- Athleta
- Banana Republic
- Bow Tie Cinemas
- Brighton - Fall 2012
- Charles Schwab
- Chico's
- Cigar Town
- Davelle Clothiers for Him & Her
- Eyewear Gallery
- Faber, Coe & Gregg Sundries
- FedEx Office
- Francesca's Collections
- Gap
- Gap Kids/Baby Gap
- Greater Reston Arts Center
- Hyatt Regency Reston
- Jos. A. Bank Clothiers
- Jouvence/Aveda
- L'Occitane
- Le Shoppe for Hair, Nails & Skin Care
- Market Cellars
- Mayflowers
- Midtown Jewelers
- One to One Fitness Center
- Origins
- PNC Bank
- Potomac River Running
- Pottery Barn
- PR at Partners
- Prime Cleaners
- South Moon Under
- Talbots & Talbots Petites
- Victoria's Secret
- Wells Fargo
- White House Black Market
- Williams-Sonoma

### DINING

- American Tap Room
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- Clyde's of Reston
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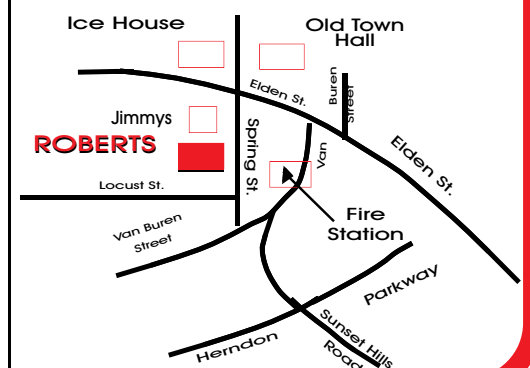
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## COMMENTARY

# Training for Legislators

BY KENNETH R. "KEN" PLUM  
STATE DELEGATE (D-36)



The National Conference of State Legislatures (NCSL) provides the best in-service training for legislators of which I am aware. I recently spent four days at the NCSL annual conference in Chicago. In contrast to some other associations that are concerned with state legislative matters, NCSL takes a balanced approach in considering policy alternatives. NCSL does not make recommendations to the states on legislation but rather serves as a clearinghouse of information about how various states are dealing with legislative issues and the pros and cons of different actions the states might take. The organization is unanimous in its position that states must maintain their autonomy and prerogatives within our federal structure of government. In contrast, the American Legislative Council (ALEC) actually drafts bills taking the most conservative position on issues. NCSL is funded by the states; ALEC is funded by special interests and corporations.

It is always interesting in meeting legislators from other states who share the same responsibilities as I do to learn of the different ways that state legislatures are organized and do business: length of legislative sessions, number of legislators, terms and term limitations, salary, etc. Yet as different as the states may be, they are for the most part grappling with

the same issues: scarce resources with which to balance budgets, crumbling infrastructure that needs investment, more diverse and older populations, responding to federal legislation like the Affordable Care Act and others. All state legislatures are seeing a public push-back to the size of government and to the level of taxation.

I did not come back from NCSL with all the answers for Virginia's next legislative session. I did come back with some important perspectives and insights that help me prepare for the 2013 General Assembly session. Clearly it is to the advantage of Virginians that the Commonwealth establishes an insurance exchange system rather than abdicate that responsibility to the federal government. Likewise, expansion of Medicaid is a bargain for Virginians who would be served by the new health care program. We are going to fall further behind in our economic growth and development if we do not take seriously our investment in K-12 and higher education. Many states are taking a serious look at reforming their corrections programs as we should do as well.

NCSL conferences also offer sessions on working together, reaching compromise and meeting legislative goals. I hope that my skills have been sharpened in these areas as well by participating in these sessions over the years. Learning is life-long for everyone, including state legislators. It's the way we all become better at what we do.

## BULLETIN BOARD

To have community events listed in the Connection, send to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). Deadline is Friday.

### SATURDAY/AUG. 25

**Master Gardeners Plant Clinic.** 10 a.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Experts available to answer your gardening questions. Call for more information at 703-242-4020.

### SUNDAY/AUG. 26

**Cat Adoption.** 1-4 p.m. PetSmart, 11860 Spectrum Center, Reston. Every Sunday. Sponsored by Lost Dog & Cat Rescue Foundation. [www.lostdogrescue.org](http://www.lostdogrescue.org).

### MONDAY/AUG. 27

**Week-long Fishing with Friends Camp.** 8:30 a.m.-4:40 p.m. Vienna Community Center, 120 Cherry St. S.E., Vienna. For ages 9-14. Learn beginner and intermediate tricks and tactics for freshwater fishing in nearby ponds and rivers. Virginia

Fishing Adventures provides all food, drinks, bait, tackle, rods, reels and lifejackets. \$550-\$600. 703-255-6360 or [www.viennava.gov](http://www.viennava.gov).

### TUESDAY/AUG. 28

**INOVA Blood Drive.** Noon-7:30 p.m. Reston Town Center, 11900 Market Street, Reston. Schedule appointments at 1-866-256-6372 or [inova.org/donateblood](http://inova.org/donateblood).

### SUNDAY/SEPT. 23

**Cat Adoption.** 1-4 p.m. PetSmart, 11860 Spectrum Center, Reston. Every Sunday. Sponsored by Lost Dog & Cat Rescue Foundation. [www.lostdogrescue.org](http://www.lostdogrescue.org).

### TUESDAY/SEPT. 25

**INOVA Blood Drive.** Noon-7:30 p.m. Reston Town Center, 11900 Market Street, Reston. Schedule

appointments at 1-866-256-6372 or [inova.org/donateblood](http://inova.org/donateblood).

### SUNDAY/OCT. 28

**Cat Adoption.** 1-4 p.m. PetSmart, 11860 Spectrum Center, Reston. Every Sunday. Sponsored by Lost Dog & Cat Rescue Foundation. [www.lostdogrescue.org](http://www.lostdogrescue.org).

### SUNDAY/NOV. 25

**Cat Adoption.** 1-4 p.m. PetSmart, 11860 Spectrum Center, Reston. Every Sunday. Sponsored by Lost Dog & Cat Rescue Foundation. [www.lostdogrescue.org](http://www.lostdogrescue.org).

### SUNDAY/DEC. 16

**Cat Adoption.** 1-4 p.m. PetSmart, 11860 Spectrum Center, Reston. Every Sunday. Sponsored by Lost Dog & Cat Rescue Foundation. [www.lostdogrescue.org](http://www.lostdogrescue.org).

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# OPINION

# About the Connection

## Newcomers and Community Guide 2012-2013

The paper you're reading, the Reston Connection is one of 15 papers published by the independent, locally owned Local Media Connection LLC, serving the suburbs of Metropolitan Washington, D.C., in Northern Virginia and Potomac, Md.

Our flagship paper, the Alexandria Gazette Packet, is one of the oldest continuously publishing papers in the country, beginning publication in 1784.

This spring, our papers won some very special awards, including the Virginia Press Association Award for Journalistic Integrity and Community Service and the Fairfax County Media Partnership Award, along with dozens of others.

### EDITORIALS

We're proud of our commitment to community service, and delighted when it results in awards. We have staff and contributors here at the Connection with remarkable talent and experience, far greater than one might expect. While the last few years have brought many challenges to the newspaper business everywhere, affecting us as well, we continue to publish 15 distinct papers every week that serve their communities in distinct ways.

As local, weekly newspapers, the Connection's mission is to bring the local news you need, to gather information about the best things in and near your community, to advocate for community good, to provide a forum for dialogue on local concerns and to celebrate and record milestones and events in community and people's lives.

Here in our Newcomers and Community Guide, we've included an insider's look at the

parcs, plus details of how to vote in the upcoming elections. Many voters will be surprised when they look at the map on our elections page and discover that their Congressional district has changed.

We invite newcomers and long-time residents alike to let us know how we're doing and let us know what is going on in your part of the community. If you have questions or ideas, send us an e-mail, contact us on Facebook or send us a tweet. You can even call.

We invite you to send letters to the editor or to send an e-mail with feedback about our coverage. You can read and comment on our stories online at [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com).

We want to know if someone in your family or your community published a book, started a business, became an Eagle Scout, raised money for a good cause, accomplished some feat like running a marathon or having art included in an art show. We publish photos and notes of a variety of personal milestones and community events, including births, engagements, weddings, anniversaries, awards and obituaries. We are also interested in events at your church, mosque, synagogue, community center, pool, school, club, etc. Email us a photo and a note about the event. Be sure to include the names of all the people who are in a photo, and say when and where the photo was taken. We also publish notes about news and events from local businesses. Notes about openings, new employees, anniversaries are welcome. It is especially important to us to let people know about events ahead of time in our calendar of events. We

appreciate getting notice at least two weeks ahead of the event, and we encourage photos.

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[reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com)

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On Facebook: [www.facebook.com/ConnectionNewspapers](http://www.facebook.com/ConnectionNewspapers).

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— MARY KIMM,

[MKIMM@CONNECTIONNEWSPAPERS.COM](mailto:MKIMM@CONNECTIONNEWSPAPERS.COM),

[@MARYKIMM](https://twitter.com/MARYKIMM)

## Welcome to Fairfax County

BY SHARON BULOVA

CHAIRMAN, FAIRFAX COUNTY BOARD OF SUPERVISORS

Greetings and welcome to Fairfax County! Fairfax County is an exceptional place to live, work and play. We have a range of fantastic parks, trails and recreational attractions as well as one of the best public school systems in the country. We are also one of the safest jurisdictions of our size in the United States. I'm sure that after experiencing what Fairfax has to offer, you will see why so many families, professionals and top-tier businesses call Fairfax County home.

The Fairfax County Public School system, with a budget this year of \$2.4 billion, is consistently ranked among the top public school systems in America. Twenty-three Fairfax county high schools have been featured in the Washington Post's 2012 list of 1,800 top high schools in the nation, putting these Fairfax County schools in the top nine percent nationwide.

Fairfax County is also home to George Mason University, which is centrally located and an easy commute from all parts of the County. Mason has become one of Virginia's premier universities and was recently added to Kiplinger's list of best value universities

in the country.

We are a business-friendly community. Fairfax County is home to nearly 600,000 jobs, with companies ranging from startups to Fortune 500 companies, ten of which have located their headquarters here. Our range of business start-up resources via the Fairfax County Economic Development Authority makes it easier for firms of any size to thrive. In fact, about 97 percent of the companies in Fairfax County are small businesses with fewer than 100 employees and less than \$1 million in annual revenue. When a corporate leader recently moved his medium sized technology company to Fairfax County, he announced that he did so because he liked the "mood" in Fairfax, explaining that he wanted to be close to others who were as excited as he about their work and engagement in the community.

Accredited and nationally recognized for excellence by the award of the prestigious Gold Medal for Parks and Recreation, Fairfax County's parks are ranked among the best in the nation. We have more than 22,500 acres in 416 parks, with 80 percent of residents utilizing our park services each year. Fairfax County also boasts more than 500 miles of bi-

cycle and walking trails. The bicycle trail system is tied into the county transit system to make it easier to reach destinations without using a car. Fairfax Connector buses are all equipped with bicycle racks and VRE and Metro stations have bicycle racks or lockers – commuting by bicycle has never been easier!

Fairfax County also has a vibrant and growing arts community. The Workhouse Arts Center in Lorton, an historic county attraction and now converted arts space, allows visitors to watch artists perform their craft, and hosts many events ranging from exhibitions to plays.

As Chairman of the Board of Supervisors, I am elected at-large by all registered voters in Fairfax County. Community engagement is my hallmark. Visit my website at <http://www.fairfaxcounty.gov/chairman/> to be kept up-to-date on what is going on in the County. Whenever you have any questions or concerns, please do not hesitate to email me at [chairman@fairfaxcounty.gov](mailto:chairman@fairfaxcounty.gov) or call my office at 703-324-2321.

Thanks for making Fairfax County your home!

**Sharon Bulova, Chairman**  
Fairfax County Board of Supervisors

Reston  
**CONNECTION**

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## OPINION

# County Fumbles Plan for Rail, Reston Future-Part 1

BY JOHN LOVAAS  
RESTON IMPACT PRODUCER/  
HOST



**N**ext year rail service will finally arrive. It will drive a transformation of our community from suburban to urban, from a population of 60,000 to twice that in twenty years. But neither the infrastructure to support the transformation nor a land-use plan to assure an orderly transition or attractive outcome for residents is in place. Fairfax County and the Virginia Commonwealth are inexplicably unprepared for this transition despite having had many years to plan for it.

Three years ago, County Supervisor Catherine Hudgins appointed the Reston Master Plan Task Force, consisting of community organization reps, non-resident developers and supporters, to draw up in two phases a plan for urban Reston. She stressed the work's urgency, especially its first phase, a plan for development around the three future rail stations. The goal was to have it approved by the board of supervisors within a year, well before rail's arrival. Then, the task force would turn to Phase 2, a revised plan for other areas of Reston, especially around our five original "village centers."

Today, rail construction overseen by the embattled Airports Authority, MWAA, is indeed on schedule, but the task force has ground to a halt. Nor have the combined efforts (or lack thereof) by Fairfax County and the Republican-controlled Commonwealth of Virginia advanced, to my knowledge, plans—much less the commitment of funding for any of the roads, bridges or other essential infrastructure to underpin the coming growth in Reston.

Frustration is growing on the

### INDEPENDENT PROGRESSIVE

Hudgins' Task Force reaching even the eternally optimistic Chairman Nicolson. Members realize the Wiehle Station will open in a year, that it will be the final station until completion of Phase 2 to Dulles Airport in 4-5 years, and it will bring thousands of additional cars daily into Reston which already has many intersections rated as failing by the Fairfax County Department of Transportation.

Task force subcommittees have in fact prepared draft plans for the development of the areas around each planned rail station. Those drafts, done two years ago, still await action by the full task force. Why the delay?

Try this. The station area draft plans call for massive increases in

density, especially nearest the stations per the County's Transit-Oriented Development (TOD) philosophy. The high densities reflect the pressure of developer interests. While the TOD framework makes sense, many argue that imbalances between residential and commercial building on the one hand, and between high levels of total development proposed and existing plans for roads, bridges and other essential infrastructure on the other, does not. (Staff have a new corridor growth study that suggests re-examining the levels. For now only further delay is assured.) Critics believe as I do, that the imbalances will lead to gridlock, a community that no longer functions. Rather than confront developers by taking the obvious action to resolve the imbalances, i.e., reduce commercial and overall building levels, the County is telling developers on the task force that the County will accept new building proposals without a new master plan.

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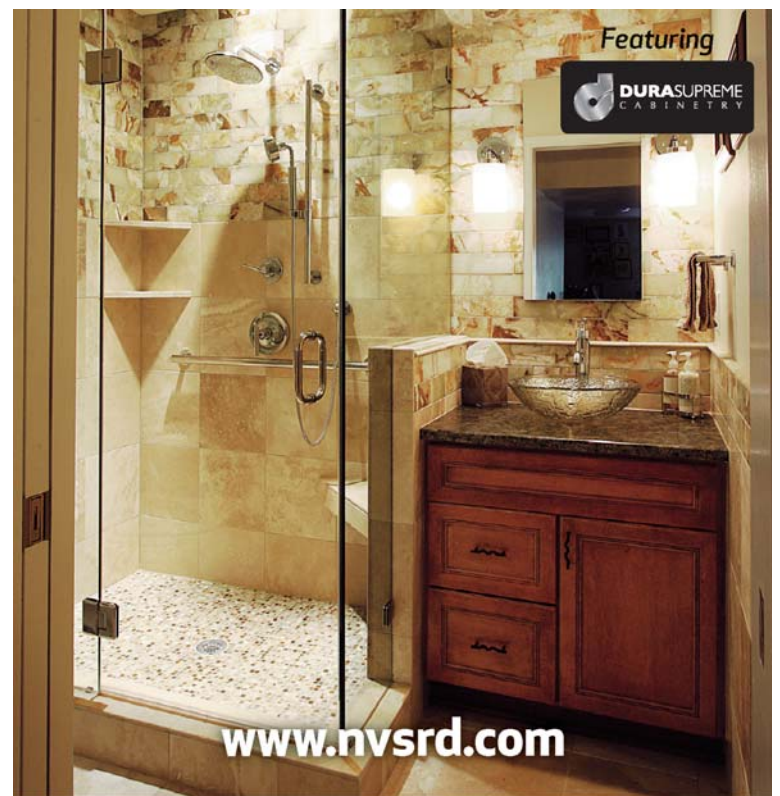
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The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Send to:

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By e-mail:  
[reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com)



# PARKS AN INSIDER'S GUIDE TO PARKS IN FAIRFAX COUNTY

## National Parks

**GF Great Falls National Park**  
9200 Old Dominion Drive, McLean  
www.nps.gov/grfa  
Great Falls Park is open daily from 7 a.m. until dark. The Visitor Center and bookstore are open from 10 a.m. until 5 p.m. daily, spring through fall seasons. Picnic, hike along the Potomac River. Swimming and wading in the Potomac are prohibited.

**GW The George Washington Memorial Parkway**  
www.nps.gov/gwmp  
703-289-2500  
The GW Parkway includes more than 25 sites, ranging from historic homes to wildlife preserves. Join a ranger for a free program or explore sites independently. Some park sites, including Turkey Run Park, Theodore Roosevelt Island, Great Falls Park, etc., close at dark. The Parkway itself remains open 24 hours a day to vehicle traffic.

**WT Wolf Trap National Park for the Performing Arts**  
1551 Trap Road, Vienna  
www.nps.gov/wotr/  
The only national park dedicated to presenting the performing arts. From May through September, multiple amphitheaters in the park present musicals, dance, opera, jazz, and popular and country music. Explore the park without the crowds from October - April. The Barns at Wolf Trap offer indoor entertainment through the winter months.

## State Park

**MN Mason Neck State Park**  
7301 High Point Rd. Lorton  
www.dcr.virginia.gov/state\_parks/mas.shtml#703-339-2385 or 703-339-2380 (visitor center)  
masonneck@dcr.virginia.gov  
The park's visitor center was expanded in 2010 to include a new exhibit room, gift shop and meeting room. There are several exhibits in the center, and with a view of Belmont Bay. Visitor center staff can answer questions and provide information on park trails, facilities and local points of interest. Pond study, bird watching, canoe trips, nature walks and talks, and GPS adventures are just a few of the exciting programs offered by park rangers.

## Regional Parks

**BR Bull Run Marina Regional Park**  
7700 Bull Run Drive, Centreville  
www.nvrpa.org/park/bull\_run/  
Main park open all year for picnicking, hiking and family camping. Bull Run Public Shooting Center open all year. Group Camping open daily Jan. 7 through Nov. 11. Mini and disc golf open April through October. Hours vary.

**Atlantis Waterpark** (at Bull Run Marina Regional Park)  
7700 Bull Run Drive, Centreville  
www.atlantisbullrun.com/  
703-631-0552  
Atlantis Waterpark features pools, a giant dumping bucket, waterslides, and fun-filled activities for all ages. Atlantis is open from Memorial Day weekend through Labor Day, and is a member of the Northern Virginia Regional Park Authority Family of Waterparks. Atlantis also features picnic pavilions, a deck great for sunning and playing, as well as plenty of shade. Neptune Reef snack bar sells food, beverages and sweets.

**FH Fountainhead Regional Park**  
7315 Ox Road, Fairfax Station  
www.nvrpa.org/park/fountainhead/  
703-250-9124  
The observation deck of the Marina Building at Fountainhead



**FH Fountainhead Regional Park**

commands a spectacular view of the widest point of the Occoquan Reservoir. Summer activities include catfish tournaments, children's fishing tournament, paddleboat tours and more.

**HO Hemlock Overlook Regional Park**  
13220 Yates Ford Road, Clifton  
www.nvrpa.org/park/hemlock\_overlook/  
800-877-0954; 571-281-3556;  
Hemlock Overlook Regional Park offers a variety of outdoor and environmental education. Programs at Hemlock Overlook are open to the public and groups by reservation. Only the hiking and horse trails may be used without prior arrangement.

**MBG Meadowlark Botanical Gardens**  
9750 Meadowlark Gardens Court, Vienna  
www.nvrpa.org/park/meadowlark\_botanical\_gardens/  
703-255-3631  
This 95-acre complex of large ornamental display gardens and unique native plant collections round and include walking trails, lakes, more than 20 varieties of cherry trees, irises, peonies, an extensive shade garden, native wildflowers, gazebos, birds, butterflies, seasonal blooms and foliage. The Atrium's indoor tropical garden setting is a popular meeting, reception, wedding and workshop location. Interpretive displays accompany a restored 18th-century cabin. A picnic area beside the Gardens is available to visitors. Meadowlark

presents gardening and horticulture workshops, tours, field trips, concerts and volunteer programs.

**OB Occoquan Regional Park**  
9751 Ox Road, Lorton  
www.nvrpa.org/park/occoquan/  
703-690-2121  
This park offers 400 acres of recreational space and a touch of the past with its historic brick kilns and the Turning Point Suffragist Memorial. Park lands, trails and associated waters are part of the Fairfax Cross-County Trail. Kayak rentals. One hour Tour Boat Rides on the Occoquan River to Belmont Bay and back. Offered Saturdays noon-5 p.m., Sunday 1-8 p.m., April 2 through Nov. 27. \$10 adults, \$5 children 12 and under, under age 4 are free.

**PB Pohick Bay Regional Park**  
6501 Pohick Bay Drive, Lorton  
www.nvrpa.org/park/pohick\_bay/  
Pohick Bay is located on the Potomac River 25 miles south of the nation's capital. The boat launch facility is one of only three public access points to the Potomac River in northern Virginia. Pohick Bay offers canoes, kayaks, paddle boats and jon boats for rent on the weekends, as well as family and group camping, hiking, picnic areas and a large play area for children. For those interested in swimming, the park offers one of the largest, outdoor freeform pools on the east coast. Pohick Bay Regional Park, located on Mason Neck Peninsula is an ecologically fragile

land that shelters an abundance of wildlife, including the bald eagle. Nature lovers can expect to see blue birds, osprey, heron, deer, beavers and rare sightings of river otters.

**Pirates Cove Waterpark** (at Pohick Bay Regional Park)  
6501 Pohick Bay Drive, Lorton  
www.piratescovepohick.com  
703-339-6102  
Pirates Cove Waterpark is located at Pohick Bay Regional Park. Visitors can cool off under the 300-gallon dumping bucket, fire the water cannons and splash down the waterslide or search for buried treasure at Buccaneer Beach sand play area. Pirates Cove also features picnic pavilions, a deck for sunning and playing, as well as plenty of shade. Captain's Galley snack bar features food, beverages and sweets. Pirates Cove is open from Memorial Day weekend through Labor Day.

**PB Pohick Bay Golf Course**  
10301 Gunston Road, Lorton  
www.nvrpa.org/park/pohick\_bay\_golf\_course  
703-339-8585  
This scenic golf course is located on the Mason Neck Peninsula in Lorton. Pohick Bay's practice facility features a driving range with practice putting and chipping greens, and lessons from PGA pros. A full-service pro shop features an array of name-brand golf clubs, equipment and







**12** **Frying Pan Farm Park, Herndon**

apparel. Other services include club making, custom club fitting, regripping, reshafting and tournament coordinating.

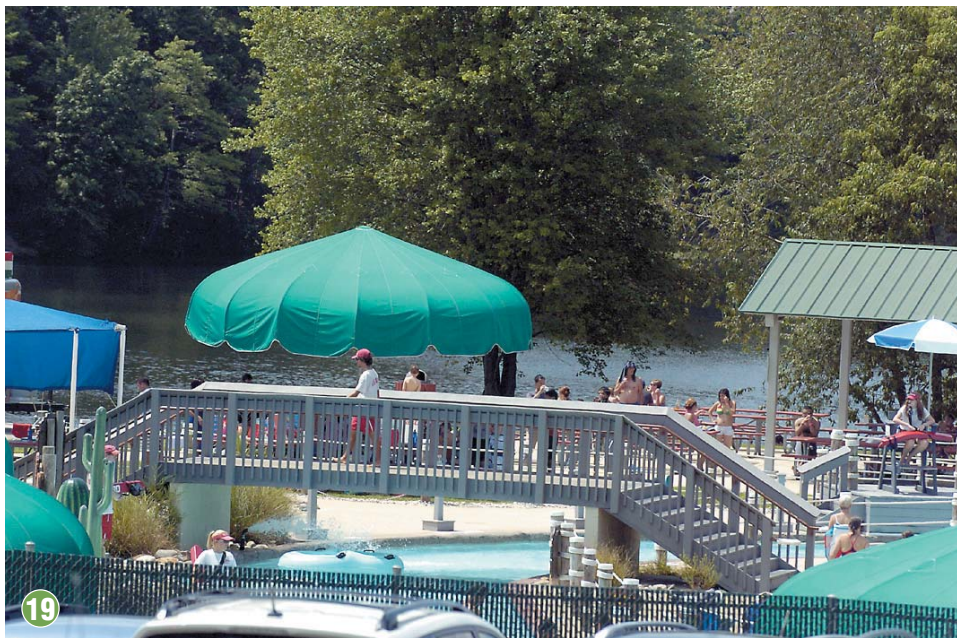
**SR** **Sandy Run Regional Park**  
10450 Van Thompson Road, Fairfax Station  
www.nvrpa.org/park/sandy\_run/  
703-690-4392

The park is open to the public for the purpose of education, training, practice, and racing for competitive and recreational sculling and rowing. Only shells and other boats authorized by the Northern Virginia Regional Park Authority may be launched from the docks or shoreline of Sandy Run. Sandy Run offers a facility for team training and competition for Olympic, college, high school and club canoe, kayak and crew athletes.

## Arts Center

**WAC** **Workhouse Arts Center**  
9601 Ox Road, Lorton  
www.lortonarts.org  
703-584-2900

The Workhouse Arts Center consists of seven studio buildings, the main galleries and the recently opened Youth Arts Center. Visitors are encouraged to interact with artists. In addition to visual arts, the Workhouse Arts Center is home to performing arts, including theater, film institute, musical and dance performances. The education department supports both the visual and performing arts, offering classes and workshops in a variety of disciplines. Future plans for the Workhouse include an event center, amphitheater, Workhouse Theatre, restaurants, apartments, music barn and garden/horticultural area. Other buildings on site, yet to be renovated, may provide for other activities such as a visitors center, a blacksmith shop, theatre scene shops and rehearsal space.



**19** **Lake Fairfax Park**

WWW.CONNECTIONNEWSPAPERS.COM

## Fairfax County Parks

- 1 Annandale Park**  
7701 Royce Street, Annandale  
nature center  
50.7 acres, district park
- 2 Baron Cameron School Site**  
11300 Baron Cameron Avenue, Reston  
softball (unlit), soccer/football (unlit), biking/  
hiking trails, picnic area, playground  
60 acres, district park
- 3 Braddock Park**  
13451 Braddock Road, Clifton  
Softball field (lit), soccer/football (unlit and lit),  
minigolf, biking trail, equestrian trail, hiking  
trail, open picnic areas  
227.1 acres, special purpose park
- 4 Burke Station Park**  
6031 Kerrwood Street, Burke  
basketball, tennis (lit), hiking trail, playground, tot  
lot  
18.1 acres, community park
- 5 Centre Ridge North**  
Field Encampment Road And St. Germain Drive,  
Centreville  
basketball (lit), tennis (lit), biking/hiking/nature  
trails, playground  
8.9 acres, community park
- 6 Clarks Crossing**  
9850 Clarks Crossing Road, Vienna  
soccer/football (unlit), biking/equestrian/hiking  
trails, open areas  
143.8 acres, district park
- 7 Collingwood Park**  
8200 West Boulevard Drive, Alexandria  
soccer/football, basketball, tennis, playground  
12 acres, community park
- 8 Cub Run RECenter**  
4630 Stonecroft Blvd, Chantilly  
pool, water playground, fitness center, trails,  
playground  
9.3 acres, special purpose park
- 9 Dranesville Tavern**  
11919 Leesburg Pike, Herndon  
historic structure, natural/picnic areas, meeting  
room  
14.6 acres, cultural resource park

SEE PARKS. PAGE

**Sources:** National Park Service, Northern Virginia Regional Park Authority, Virginia State Parks and Fairfax County Park Authority. Map courtesy of Fairfax County Park Authority. Designed & compiled by Jean Card and Laurence Foong. Photos by Craig Sterbutzel.



PHOTO CONTRIBUTED

**Sharon Bulova in Fairfax Villa Park.**

## 'My Favorite Parks'

BY SHARON BULOVA  
CHAIRMAN, FAIRFAX COUNTY BOARD OF  
SUPERVISORS

The tree I am standing next to in this photo is one of a number of large American Beech trees that populate the forests in Villa Park where I like to hike and jog. Villa Park is located in the central Fairfax area, with an entrance into the park off of Park Drive near Shirley Gate Road.

This park is unique. It has been left in its natural wooded condition and designated a Heritage Resource park to preserve features such as Native American quarries and work/chipping areas. It also contains remnants of the never-completed Independent line of the Manassas Gap Railroad. While no track was ever laid along this rail line, it played a significant role in the Civil War, serving as a little-known transportation route for both Confederate and Union soldiers. The earthworks served as protection during skirmishes.

A number of years ago a Civil War historian told me that he believed soldiers had carved their initials into trees located in Villa Park. The trees near my running path are covered with initials and symbols carved into the smooth grey bark. On the larger trees, the markings have become pretty much unreadable. I don't know if it's true or not, but I like to think these may be the trees my history buff friend was referring to.

When running along this trail, I imagine passing Native American Indians chipping arrow heads out of hunks of quartz and Civil War camp sites with soldiers drawing water from the Popes Head Creek and passing time by carving their initials or troop insignia in the smooth-barked Beech trees growing nearby. The experience is a perfect marriage of my love for history and nature.

Some other favorite Fairfax parks that

interpret our county's fascinating history and showcase its environmental beauty:

❖ Riverbend Park in Great Falls, includes more than 400 acres of forest, meadow and ponds. Trails include a 2.5-mile portion of the Potomac Heritage Trail linking national and regional parkland. Kayakers and canoeists can enjoy exploring many islands in the Potomac River.

Riverbend's visitor center overlooks the Potomac River and has an outdoor deck that is an ideal place to relax or have a snack after a hike. It has a wonderful interpretative display about the historic Native American presence in the area.

❖ In the South County Hybla Valley area, Huntley Meadows Park contains 1,425 acres of majestic forests, wildflower-speckled meadows and vast wetlands bursting with life. Some of the best wildlife watching in the Washington metropolitan area is enjoyed here. From the wetland boardwalk trail and observation tower, people have excellent views of beavers, frogs, dragonflies and herons. Huntley Meadows is well known as a prime birding spot, with more than 200 species identified in the park.

❖ Lake Accotink Park, located on 7500 Accotink Park Road in Springfield, is one of my favorite parks. Not only is this 493-acre park one of the most scenic in the county, it is also one of the most fun. In addition to boating, hiking, canoeing, and mini-golfing, you can always find a nice quiet spot to enjoy a picnic on the lake. Children love the beautiful antique carousel.

Lake Accotink was originally created to provide drinking water for troops stationed at Camp Humphries (which is now Fort Belvoir) during the early 1900s. The Norfolk Southern Railroad tracks carry D.C.-bound VRE commuter rail passengers over the Lake Accotink Dam. Remains of an older former railroad trestle make up part of the four-mile trail that winds around the lake and park.



## COUNTY CALENDAR

# A Year in Fairfax County

A sampling of some of the cherished, annual events of the county.

### AUGUST

Restaurant Week, Fairfax County  
Annual Fairfax County 4-H Fair, Herndon  
Old Firehouse Teen Center Block Party, McLean, Aug. 25  
La Sandia's Chile Relleno Festival, McLean, through Aug. 31  
2nd Annual Workhouse Clay National Ceramics Exhibition, Lorton, through Aug. 26  
Pakistan Festival, Centreville, Aug. 26

### SEPTEMBER

Clifton Car Show, Sept. 3  
Herndon Labor Day Jazz and Wine Festival, Sept. 3  
St. Mary's 137<sup>th</sup> Labor Day Picnic, Fairfax Station, Sept. 3  
Burke Centre Festival, Sept. 8-9  
Great Grapes Wine, Arts and Food Festival, Reston, Sept. 8-9  
Reston Triathlon, Sept. 9  
Fall Festival and Taste of Falls Church, Sept. 15  
Dulles Day Plane Pull, Sept. 22  
Reston Multicultural Festival, Sept. 22  
Fall for the Book Festival at GMU, Fairfax, Sept. 26-30  
Walk to End Alzheimer's, Reston, Sept. 20

### OCTOBER

Octoberfest Reston, Oct. 5-7  
Fifth Annual Oktoberfest, Vienna, Oct. 6

Farm Day, Falls Church, Oct. 6  
Fall Festival in Old Town Historic Fairfax, Oct. 13  
Ninth Annual Great Falls Art Studio Tour, Oct. 20-21  
Claude Moore Colonial Farm 1771 Market Fair, McLean, Oct. 20-21  
Vienna Halloween Parade, Oct. 24  
VolunteerFest, Fairfax County, Oct. 27  
Halloween Carnival, Falls Church, Oct. 27  
South Run RECenter 5<sup>th</sup> Annual Arts & Crafts Show, Springfield, Oct. 27-28  
Halloween Spooktacular, Great Falls, Oct. 31

### NOVEMBER

The Washington West Film Festival, Herndon and Reston, Nov. 1-4  
The Robinson Marketplace, Fairfax, Nov. 10  
52<sup>nd</sup> Annual Holiday Bazaar, Vienna, Nov. 10  
Joyful Noise Holiday Bazaar and Bakeshop, Sterling, Nov. 17  
Bull Run Festival of Lights, Centreville, begins Nov. 21  
Civil War Thanksgiving, Falls Church, Nov. 24  
Christmas at Mount Vernon, begins Nov. 25  
30<sup>th</sup> Annual Northern Virginia Handcrafters Guild Art & Craft Showcase, Vienna, Nov. 25-27

### DECEMBER

Great Falls Tree Lighting, Dec. 1

Bull Run Festival of Lights, Centreville, Cont.  
Church Street Stroll, Vienna  
City of Fairfax Festival of Lights and Carols, Dec. 1  
46<sup>th</sup> Holiday Homes Tour, McLean, Dec. 6  
Great Falls Celebration of Lights, Dec. 8  
Fairfax County's Third Annual Frostival, Chantilly, begins last weekend in December  
Fairfax Four Miler, Dec. 31  
Watch Night, Falls Church, Dec. 31

### JANUARY

Fairfax County's Third Annual Frostival, Chantilly, through the first weekend of January  
Christmas at Mount Vernon, through Jan. 6  
Bull Run Festival of Lights, Centreville, through Jan. 6  
Sugarloaf Crafts Festival, Chantilly, Jan. 25  
Second Annual McLean Chocolate Festival, Jan. 27

### FEBRUARY

Community Tax Assistance Days

### MARCH

Annual Chocolate Lover's Festival, Fairfax  
Fairfax Brewfest  
Herndon Park Egg Hunt  
Chantilly Egg Hunt  
Northern Virginia Artists League 11th Anniversary, Herndon  
Herndon Bluegrass Concert Series

### APRIL

Historic Garden Tour, Fairfax County, April 20-27



PHOTO BY ALEX McVEIGH/THE CONNECTION

**Bruce Reinfeld welcomes visitors to his photography exhibit at the Northern Virginia Fine Arts Festival at Reston Town Center in May 2012.**

Reston Founder's Day Fest, April 13  
22nd Annual Best of Reston Gala, April 11  
ValeArts Spring Fine Art Show, Oakton, last weekend in April  
Fairfax Fine Arts Festival, last weekend in April

### MAY

Great Grapes Wine, Art and Food Festival, Reston  
22<sup>nd</sup> Northern Virginia Fine Arts Festival, Reston, May 17-19  
McLean Day, May 18  
Civil War Day, Falls Church  
Springfield Days  
Viva Vienna  
Memorial Day Festival and Parade, Falls Church  
Herndon Festival, begins May 30

### JUNE

Herndon Festival, through June 2

Vintage Virginia Wine Festival, Centreville, first weekend in June  
Great Falls Days, first weekend in June  
Celebrate Fairfax! Festival, June 7-9  
Taste of Reston, June 14-16

### JULY

Fairfax Salutes America, July 3  
Old Town Fairfax 4<sup>th</sup> of July Independence Day Parade, July 3  
Patriotic Picnic, Lorton, July 3  
Town of Vienna 4<sup>th</sup> of July Celebration, July 4  
An American Celebration at Mount Vernon, July 4  
Lake Fairfax Fireworks Spectacular, July 4  
Herndon Friday Night Live!  
Mount Vernon Nights Concert Series  
The 3<sup>rd</sup> Annual Workhouse Clay National Ceramics Exhibition begins, Lorton

Events calendar compiled by Chelsea Bryan.

# 1 number

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- The Springfield Connection
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- The Potomac Almanac



# ENTERTAINMENT

Send announcements to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com).

## WEDNESDAY/AUG. 22

**Summer Dinner Cooking Class at Williams-Sonoma.** 6-8 p.m. Reston Town Center, 11900 Market St., Reston. \$45. 571-203-8815. [williams-sonoma.com](http://williams-sonoma.com).

**Open Mic Night.** 9:30 p.m.-1:30 a.m. Jimmy's Old Town Tavern, 697 Spring St., Herndon. Every Wednesday. Register your band at [BluesSlide@aol.com](mailto:BluesSlide@aol.com) or 703-593-5206. [www.jimmystavern.com](http://www.jimmystavern.com).

## THURSDAY/AUG. 23

**Local Beer Tasting Dinner at Market Street Bar & Grill.** 7 p.m. 1800 Presidents St., Reston. \$34 per person. Reservations at 703-925-8250. [marketstreetbarandgrill.com](http://marketstreetbarandgrill.com).

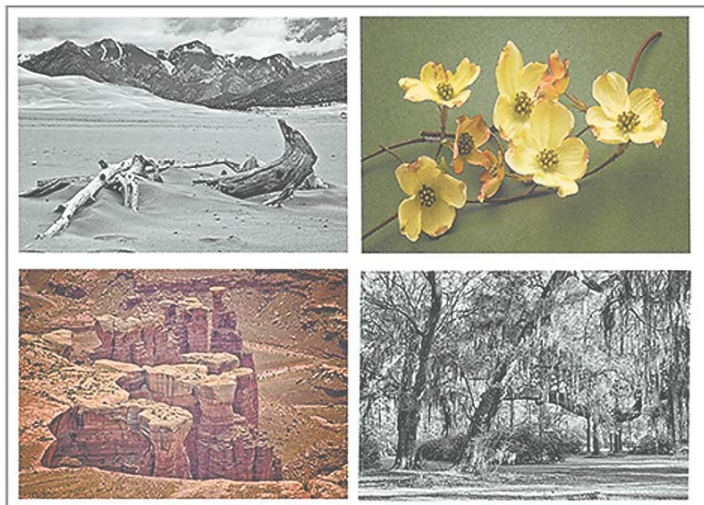
**Wine Dinner at Il Fornaio.** 7 p.m. Reston Town Center, 11990 Market St., Suite 106, Reston. Reston Five-course dinner paired with wines. \$65 (plus tax & gratuity). Reservations at [banquets.reston@ilfo.com](mailto:banquets.reston@ilfo.com) or 703-437-5544. [ilfornaio.com](http://ilfornaio.com).

**"Dirty Rotten Scoundrels."** 8 p.m. Industrial Strength Theatre, 269 Sunset Park Dr., Herndon. A musical about two con men plying their "trade" in the French Riviera. \$23. [www.eldenstreetplayers.org](http://www.eldenstreetplayers.org).

**"At Home in Herndon."** Post Gallery ArtSpace Herndon, 750 Center St., Herndon. The Herndon Town Calendar Photography Exhibit features finalists of the Herndon Town Calendar Photography Competition. Free. Exhibit runs through Sept. 9. [www.artspaceherndon.org](http://www.artspaceherndon.org).

## FRIDAY/AUG. 24

**"Dirty Rotten Scoundrels."** 8 p.m. Industrial Strength Theatre, 269 Sunset Park Dr., Herndon. A musical



## Fine Art Nature Photography Exhibit

Tuesday, Sept. 4, 8:30 a.m.-5 p.m., Long Gallery at the United States Geological Survey, 2201 Sunrise Valley Drive, Reston. Building open to public during regular business hours, photo ID required for entry. Displayed through Aug. 28th. 703-255-1426.

about two con men plying their "trade" in the French Riviera. \$23. [www.eldenstreetplayers.org](http://www.eldenstreetplayers.org).

**"At Home in Herndon."** Post Gallery ArtSpace Herndon, 750 Center St., Herndon. The Herndon Town Calendar Photography Exhibit features finalists of the Herndon Town Calendar Photography Competition. Free. Exhibit runs through Sept. 9. [www.artspaceherndon.org](http://www.artspaceherndon.org).

## SATURDAY/AUG. 25

**CINE CLASSICS Movie Series**

**"Auntie Mame" (1958).** 11 a.m. Bow Tie Cinemas, 11940 Market St., Reston. Seats \$5; \$4 for Criterion Club. 703-464-0816. [bowtiecinemas.com](http://bowtiecinemas.com).

**Cooking Class at Il Fornaio.** Noon. Reston Town Center, 11990 Market St., Suite 106, Reston. Three-course lunch with wine and recipes. \$45 (plus tax & gratuity). Reservations at [banquets.reston@ilfo.com](mailto:banquets.reston@ilfo.com) or 703-437-5544. [ilfornaio.com](http://ilfornaio.com).

**Disney and Film Art of John Rowe - Exhibition at ArtInsights.** 2-6 p.m. Reston Town Center, 11900 Market St., Reston. Meet the artist

and see the premier of original exclusive art from Disney film posters, plus Misty of Chincoteague books. 703-478-0778.

**A Swingin' Great Time.** 7:30 p.m. Reston Town Center Pavilion, Market St., Reston. Big Joe & The Dynafloes. New Orleans-style swing and jump blues. [www.restontowncenter.com](http://www.restontowncenter.com).

**Reston Concert on the Town Series - Big Joe & the Dynafloes.** 7:30-10 p.m. Reston Town Center, 11900 Market St., Reston. [www.restontowncenter.com](http://www.restontowncenter.com).

**"Dirty Rotten Scoundrels."** 8 p.m. Industrial Strength Theatre, 269 Sunset Park Dr., Herndon. A musical about two con men plying their "trade" in the French Riviera. \$23. [www.eldenstreetplayers.org](http://www.eldenstreetplayers.org).

## SUNDAY/AUG. 26

**30th Annual Reston Century Bike Tour.** 6 a.m. registration, Pavilion & W&OD Trail. Riders select 30, 63 or 100 mile routes. [restonbikeclub.org](http://restonbikeclub.org).

**CINE CLASSICS Movie Series "Auntie Mame" (1958).** 11 a.m. Bow Tie Cinemas, 11940 Market St., Reston. Seats \$5; \$4 for Criterion Club. 703-464-0816. [bowtiecinemas.com](http://bowtiecinemas.com)

## WEDNESDAY/AUG. 29

**Grilling Class a la Bobby Flay at Williams-Sonoma.** 6-8 p.m. Reston Town Center, 11900 Market St., Reston. \$45. 571-203-8815. [williams-sonoma.com](http://williams-sonoma.com).

## SATURDAY/SEPT. 1

**Porsche Club Car Show.** 10 a.m.-3 p.m. Reston Town Center, Pavilion &

Market Street. Collection of vintage Porsches. [pcapotomac.org](http://pcapotomac.org)

## WEDNESDAY/SEPT. 5

**A History Of Rubble and Rumbings: Earthquakes in the Eastern U.S.** Lecture. 7-8 p.m. USGS Federal Facility, 12201 Sunrise Valley Dr., Reston. Learn about the history of earthquakes and find out how to prepare for the next big one in your area. Free. Photo I.D. required. 703-648-7770. [jcorley@usgs.gov](mailto:jcorley@usgs.gov).

## SATURDAY/SEPT. 8

**Great Grapes! Wine, Arts & Food Festival.** 10 a.m.-6 p.m., NE Surface Lot & Park. Admission includes unlimited sampling of 200+ wines from 20 Virginia wineries, seminars, Gourmet Live cooking demos, continuous live music and souvenir wine glass. 800-830-3976. [uncorkthefun.com](http://uncorkthefun.com).

## SUNDAY/SEPT. 9

**Great Grapes! Wine, Arts & Food Festival.** 10 a.m.-6 p.m., NE Surface Lot & Park. Admission includes unlimited sampling of 200+ wines from 20 Virginia wineries, seminars, Gourmet Live cooking demos, continuous live music and souvenir wine glass. 800-830-3976. [uncorkthefun.com](http://uncorkthefun.com).

## SATURDAY/SEPT. 15

**Tigerlily Pink Boa 5K.** 8 a.m. Run/walk to benefit young women before and after breast cancer. Register at [tigerlilyfoundation.org](http://tigerlilyfoundation.org).

## YOU ARE INVITED TO ATTEND THE Hunters Woods/Dogwood District Community Meeting

Meet your district director and learn about the issues and amenities in your area.

**Wednesday, September 5, 7-9 p.m.**

Reston Association Conference Center, 12001 Sunrise Valley Drive

Free

Hosted by District Director Cheryl Beamer your representative to the Reston Association Board of Directors.

RSVP: Ha Brock, 703 435-7986 or via e-mail [habrock@reston.org](mailto:habrock@reston.org)



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# How To Register, Vote and Vote Early

Election Day is Nov. 6, but you can vote as early as Sept. 21.

BY MARY KIMM  
THE CONNECTION

**W**hy does it matter? How important is it for Virginia voters to turn out on or before Nov. 6? As a critical “battleground” state, Virginia will be key in determining who will be the next President of the United States. Who will represent Virginia in the U.S. Senate is also too close to call. Since polling shows that there are very few undecided voters in the Commonwealth, every eligible voter will want to be sure to cast a ballot.

This area has very high rates of voter registration. Consider that Fairfax County, with a population of just more than 1.1 million people, has 711,817 registered voters. And 24 percent of Fairfax County’s population is under 18, so not eligible to vote.

Arlington has a population of about 216,000 and 157,236 registered voters. Sixteen percent are under 18.

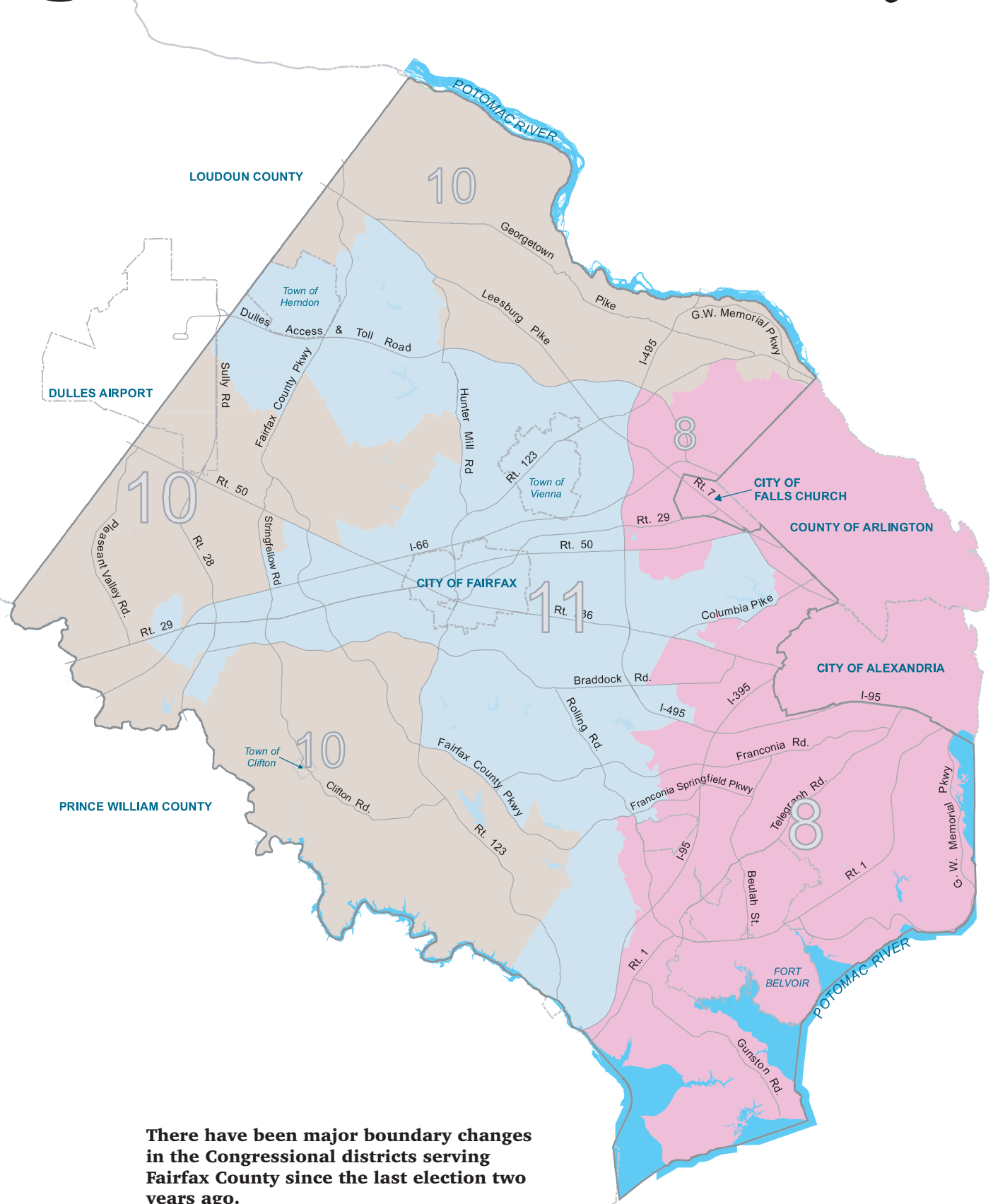
The City of Alexandria has a population of about 144,000 with 101,887 registered voters; 17 percent are under 18.

**REGISTER, CHANGE OF ADDRESS:** In order to vote on Election Day, you must be registered at your current address no later than Oct. 15, 2012. You can check your registration status online by going to [www.sbe.virginia.gov](http://www.sbe.virginia.gov). There you can also download a voter registration form and mail it to the elections office address, listed above.

**Voter ID:** New laws also affect what identification voters must bring with them to the polling place. Acceptable forms of identification include: Virginia voter identification card; valid Virginia driver’s license; military ID; any Federal, Virginia state or local government-issued ID; employer issued photo ID card; concealed handgun permit; valid student ID issued by any institution of higher education located in the Commonwealth of Virginia; current utility bill, bank statement, government check or paycheck indicating the name and address of the voter.

Voters arriving to the polls without ID will be required to vote a provisional ballot and will have until noon on the Friday after the election to deliver a copy of identification to their locality’s electoral board in order for their provisional ballot to be counted.

All Virginia active registered voters will be mailed a new Virginia voter identification card prior to the November 2012 General Election. Call 804-864-8901 or toll free 800-552-9745, TTY toll free: 800-260-3466. According to the State Board of Elections at presstime, some of the voter identification requirements listed are pending



**There have been major boundary changes in the Congressional districts serving Fairfax County since the last election two years ago.**

MAP PROVIDED BY FAIRFAX COUNTY GOVERNMENT.

preclearance from the Department of Justice.

**VOTING EARLY, ABSENTEE**

Virtually every voter in Virginia is eligible to vote absentee, which includes voting in-person absentee at a variety of locations between Sept. 21 and Nov. 2.

There are many reasons that voters are allowed to vote absentee, but the most

broad of these applies to almost anyone with a job: “Any person who, in the regular and orderly course of his business, profession, or occupation, will be at his place of work and commuting to and from his home to his place of work for 11 or more hours of the 13 that the polls are open (6 a.m. to 7 p.m.).”

See [http://www.sbe.virginia.gov/cms/absentee\\_voting/index.html](http://www.sbe.virginia.gov/cms/absentee_voting/index.html) for a complete

list of acceptable reasons to vote absentee, links to download a request for an absentee ballot and other instructions.

You can download an absentee ballot and mail it to your local voter registration office, or you can vote “absentee in person.”

Absentee Voting in Person, Fairfax County:

SEE ELECTION, PAGE 17

[WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)



# INSIDER'S EDITION

\* = incumbent

## U.S. SENATE



**Tim Kaine**  
(D)



**George Allen**  
(R)

## 8<sup>TH</sup> CONGRESSIONAL DISTRICT



**Jim Moran**  
(D)\*



**Patrick Murray**  
(R)

## 10<sup>TH</sup> CONGRESSIONAL DISTRICT



**Kristin A. Cabral**  
(D)



**Frank Wolf**  
(R)\*

## 11<sup>TH</sup> CONGRESSIONAL DISTRICT



**Gerry Connolly**  
(D)\*



**Chris Perkins**  
(R)

# Election Day Is Nov. 6; Absentee Voting Begins Sept. 21

FROM PAGE 16

❖ Fairfax County Government Center, 12000 Government Center Parkway, Suite 323, Fairfax, VA 22035

Absentee voting hours, Sept. 21-Oct. 16, Monday, Tuesday, Wednesday, and Friday, 8 a.m. - 4:30 p.m. Thursdays: 8 a.m. - 7 p.m.

Oct. 17-Nov. 2, Monday-Friday: 8 a.m. - 8 p.m.

Saturday Hours: Oct. 6, 13, 20, 27, Nov. 3: 9 a.m. - 5 p.m.

Office Closed On: Monday, Oct. 8, 2012 (Columbus Day)

Last Day to Vote In-Person: Saturday, Nov. 3

Absentee Voting in Person, Fairfax County Satellite Locations

Voting in the following seven locations is available Oct. 17 - Nov. 3, Monday - Friday, 2 p.m. to 8 p.m.; Saturdays, 9 a.m. - 5 p.m.:

❖ Franconia Governmental Center, 6121 Franconia Road, Alexandria, VA 22310

❖ Dolley Madison Library, 1244 Oak Ridge Avenue, McLean, VA 22101

❖ North County Human Services Building, 1850 Cameron Glen Drive, Reston, VA

## For More Election Information

### STATE BOARD OF ELECTIONS

804 864-8901 Toll Free: 800 552-9745 FAX: 804 371-0194

email: info@sbe.virginia.gov  
http://www.sbe.virginia.gov/cms/Voter\_Information/Index.htm

### FAIRFAX COUNTY BOARD OF ELECTIONS

703-222-0776, www.fairfaxcounty.gov/eb/12000 Government Center Parkway, Fairfax, Suite 232, Fairfax, 22035; FAX 703-324-2205; email voting@fairfaxcounty.gov

### CITY OF FAIRFAX GENERAL REGISTRAR

703-385-7890, http://www.fairfaxva.gov/Registrar/GeneralRegistrar.asp  
10455 Armstrong Street, Sisson House, Fairfax, 22030; FAX 703-591-8364; email kevin.linehan@fairfaxva.gov

### ALEXANDRIA BOARD OF ELECTIONS

703-746-4050, http://alexandriava.gov/Elections  
132 North Royal Street, Alexandria, 22314; FAX 703-838-6449; email tom.parkins@alexandriava.gov

### ARLINGTON BOARD OF ELECTIONS

703-228-3456, http://www.arlingtonva.us/vote,  
2100 Clarendon Blvd. Suite 320, Arlington, 22201; FAX 703-228-3659; email voters@arlingtonva.us

20190

❖ West Springfield Governmental Center, 6140 Rolling Road, Springfield, VA 22152

❖ Mason Governmental Center, 6507 Columbia Pike, Annandale, VA 22003

❖ Mount Vernon Governmental Center, 2511 Parkers Lane, Alexandria, VA 22306

❖ Sully Governmental Center, 4900 Stonecroft Boulevard, Chantilly, VA 20151

Absentee In-person Voting in the City of Alexandria:

In-person absentee voting starts Friday, Sept. 21 at 8 a.m. and ends Saturday, Nov. 3 at 5 p.m.

Regular hours for in-person absentee voting are Monday - Friday, from 8 a.m. - 5 p.m. at the Office of Voter Registration and Elections, 132 North Royal Street, Suite 100 (the office is closed on Monday, Oct. 8).

Beatley Library will be used as a second absentee voting site beginning Thursday, Oct. 25.

More details, including dates of extended hours at <http://alexandriava.gov/elections/info/default.aspx?id=1720>

Arlington In-person Absentee Voting:

Will be available starting Sept. 21 and ending 5 p.m. on Saturday, Nov. 3 at 2100 Clarendon Blvd., Lobby Level, 8:30 a.m. to 5 p.m. Monday to Friday, (closed Oct. 8) with some extended hours, and Saturdays beginning Sept. 29.

Two satellite locations, Barcroft Sport and Fitness Center, 4200 S. Four Mile Run Drive and Madison Community Center, 3829 N. Stafford St., will have in-person absentee voting from Oct. 6 - Nov. 3. For hours, visit <http://www.arlingtonva.us/departments/voterregistration/voterregistrationabsenteevoting.aspx>

### WHAT'S ON THE BALLOT?

Every voter in Virginia will vote for U.S. senator and their member in the U.S. House of Representatives, in addition to President of the United States and two constitutional questions.

For Senate, Tim Kaine (D), former governor will face George Allen (R), also former governor and former U.S. senator, to replace U.S. Sen. Jim Webb (D) who is retiring from the Senate after a single term. Webb defeated George Allen six years ago. Connection coverage of the U.S. Senate race is available at <http://www.connectionnewspapers.com/news/Election/National/Senate/>

Two constitutional questions will appear

on all Virginia ballots, one about the use of eminent domain and one about the timing of a particular session of the General Assembly to consider overriding vetoes by the governor of legislation that was passed by the assembly. See <http://www.sbe.virginia.gov/webdocs/201211ConstitutionalAmendmentsPoster.pdf>.

In the races for U.S. House of Representatives, it's worth noting that redistricting resulted in significant changes in Northern Virginia in terms of who your U.S. representative will be. If you live in Reston, for example, while last election you were represented by Jim Moran and the 8th district, now you are in the 11th district where the incumbent is Gerry Connolly. See the map for details. Fairfax County is represented by three Congressional Districts, 8, 10 and 11. Connection coverage of congressional races is available at <http://www.connectionnewspapers.com/news/Election/National/Representatives>.

In the 8th District, incumbent Rep. Jim Moran (D), seeking his 12th term since being elected in 1990, will face Patrick Murray (R), and two independent candidates, Janet Murphy and Jason Howell. The 8th district includes all of Alexandria and Arlington, plus parts of Fairfax County including Mount Vernon, Lorton and parts of McLean, Tysons and Falls Church.

In the 10th District, Frank Wolf (R), elected to office in 1982, will face Democrat Kristin A. Cabral and independent J. Kevin Chisholm. The 10th district sprawls from McLean to Winchester, and includes Great Falls, Chantilly, parts of Fairfax Station, the Town of Clifton, part of Burke and Springfield.

In the 11th District, Gerry Connolly (D), former chairman of the Fairfax County Board of Supervisors, elected to Congress in 2008, will face Republican Chris Perkins and Independents Joe Galdo and Peter M. Marchetti. The 10th district now includes the City of Fairfax, the Town of Herndon, Reston, central Fairfax County including parts of Burke, Springfield and Lorton.

**IN FAIRFAX COUNTY**, voters will also decide whether to invest in infrastructure based on four bond questions, answering yes or no to supporting \$75 million for parks, \$55 million for public safety facilities, \$25 million for library facilities and \$30 million for stormwater and sewer improvements. [http://www.fairfaxcounty.gov/elections/nov\\_2012\\_county\\_bond\\_issues.pdf](http://www.fairfaxcounty.gov/elections/nov_2012_county_bond_issues.pdf)

**IN THE CITY OF ALEXANDRIA**, voters will also choose a mayor, members of the city council and school board.

The Alexandria City Council is composed of a Mayor and six Council members who are elected at-large for three-year terms. Incumbent mayor Bill Euille (D) will face Andrew H. Macdonald (I) in the race for mayor.

Voters will choose six City Council members from the list of 12: Frank H. Fannon IV (R)\*, Alicia R. Hughes (R)\*, John R. "Bob" Wood (R), John Taylor Chapman (D), Timothy Lovain (D), Del Pepper \*(D), Allison Silberberg (D), Paul C. Smedberg❖ (D), Justin M. Wilson (D), Glenda B. Davis (I), Robert Krause (L), Jermaine A. Mincey (I). ❖ means incumbent.

The Alexandria City School Board is a nine-member elected body that adopts policy for the daily operation of schools and sees that school laws are properly explained, enforced, and observed. The city is divided into three voting districts, and three Board members are elected from each district. Each member serves a three-year term. Incumbents marked \*.

School Board District A: Stephanie Amann Kapsis, William E. "Bill" Campbell\*, Karen A. Graf, Helen F. Morris\*, Joyce D. Rawlings, Heath E. Wells

School Board District B: Michael A. Brookbank, Chyrell D. Bucksell, Kelly Carmichael Booz, Justin P. Keating, Marc Williams❖

School Board District C: Ronnie M. Campbell\*, Patricia A. "Pat" Hennig, Christopher J. Lewis, Jeff N. Zack.

**IN ARLINGTON**, voters will choose one member of the County Board and one member of the School Board. Both Arlington boards are made up entirely of at-large members, so both races will appear on all Arlington ballots.

Incumbent Libby Garvey (D) will face Matthew A. Wavro (R) and Audrey R. Clement (I) for the seat on the County Board.

For School Board, incumbent Emma N. Violand-Sanchez will face Noah L. Simon.

Arlington voters will also decide yes or no on four bond questions, whether to authorize raising \$32 million public schools, \$28 million for community infrastructure, \$50 million for local parks and recreation, and \$32 million for Metro and transportation. <http://www.arlingtonva.us/departments/voterregistration/forms/Bonds2012ENG.pdf>



# AN INSIDER'S GUIDE TO AREA PARKS

Visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com) for more Fairfax County parks.



**Scotts Run, McLean**

FROM PAGE 13

**10 Fairfax Villa Park**

4420 Belden Street, Fairfax  
historic structure, biking/historic/hiking trails, natural areas  
59.7 acres, community park

**11 Fred Crabtree Park**

2801 Fox Mill Road, Herndon  
Little league (lit), soccer/football field (unlit), historical structure, biking/equestrian/hiking/nature trails  
208.5 acres, district park

**12 Frying Pan Farm Park**

2717 West Ox Road, Herndon  
historic structure, biking/equestrian/hiking trails, open areas, playground  
135.3 acres, multiple resource park

**13 Great Falls Nike Park**

1089 Utterback Store Road, Great Falls  
baseball field (lit), soccer/football field (unlit), basketball (unlit), tennis (unlit), playground, biking/hiking trails  
45.5 acres, district park

**14 Grist Mill Park**

4710 Mount Vernon Memorial Hwy, Alexandria  
baseball, soccer/football, basketball, biking/hiking trails, playground  
75.5 acres, district park

**15 Huntley Meadows Park**

3701 Lockheed Boulevard, Alexandria  
nature center, historic structure, biking/hiking/nature trails, observation tower, boardwalk  
1444.8 acres, natural resource park

**16 Hybla Valley Park**

3431 Lockheed Boulevard, Alexandria  
tennis, hiking trails, open areas  
1.2 acres, neighborhood park

**17 Lake Accotink Park**

7500 Accotink Park Road, Springfield  
basketball, volleyball, minigolf, trails, picnic  
448.1 acres, multiple resource park

**18 Lake Braddock School Site**

9200 Burke Lake Road, Burke  
soccer/football (unlit), fitness trails, open areas  
13.1 acres, community park

**19 Lake Fairfax Park**

1400 Lake Fairfax Drive, Reston  
softball (lit), soccer/football (unlit), amphitheater, carousel, campground, tour boat, picnic shelters  
479 acres, multiple resource park

**20 Lake Mercer Park**

9500 Silverbrook Road, Fairfax Station  
historic structure, biking/hiking/historic trails, fishing  
196.5 acres, multiple resource park

**21 Langley Fork Park**

6250 Georgetown Pike, McLean  
baseball (lit), soccer/football (unlit), basketball (unlit), biking/fitness trails  
54 acres, district park

**22 Laurel Hill Park**

8515 Silverbrook Rd., Lorton  
baseball (unlit), softball (unlit), clubhouse, driving range, 18 hole, disc golf, picnic areas, hiking/biking  
1197.5 acres, countywide park

**23 Lee District Park**

6601 Telegraph Road, Franconia  
softball, soccer/football, tennis, basketball, volleyball, trails, treehouse  
138 acres, district park

**24 Lewinsville Park**

1659 Chain Bridge Road, McLean  
baseball, soccer/football (lit), basketball, tennis, biking/fitness trails, picnic, playground, tot lot  
37.7 acres, district park

**25 Mason District Park**

6621 Columbia Pike, Annandale  
softball (lit), soccer/football (unlit/lit), basketball (lit), tennis (lit), shuffleboard, dog park, amphitheater, biking/hiking/fitness  
121.2 acres, district park

**26 Muddy Hole Farm Park**

7941 Kidd Street, Alexandria  
soccer/football, basketball, tennis, hiking trails, picnic areas, playground  
13.6 acres, community park

**27 Newington Heights Park**

8590 Heller Road, Lorton  
soccer/football, basketball, tennis, biking/hiking trail, playground  
69.3 acres, district park

**28 Nottoway Park**

9537 Courthouse Road, Vienna  
baseball (lit), soccer/football (lit), basketball (lit), tennis (lit), trails, picnic  
90.9 acres, district park

**29 Patriot Park**

12111 Braddock Road, Fairfax  
little league (lit), soccer/football (lit)  
130.5 acres, district park

**30 Pope Head Park**

5635 Rivercomb Court, Clifton  
soccer/football, basketball, tennis, biking/fitness/hiking trails, picnic, playground  
75.6 acres, district park

**31 Poplar Tree Park**

4718 Stringfellow Road, Chantilly  
baseball (lit), soccer/football (lit), biking, hiking, picnic, playground  
48.3 acres, district park

**32 Riverbend Park**

8700 Potomac Hill Street, Great Falls  
nature center, historic structure, biking/equestrian/hiking trails, picnic areas, craft room  
411.2 acres, multiple resource park

**33 Rolling Valley West Park**

6512 Sydenstricker Road, Burke  
softball, soccer/football (lit), basketball, tennis, biking, hiking, playground  
20.7 acres, community park

**34 South Run District**

7550 Reservation Drive, Springfield  
baseball, soccer/football, basketball, tennis, recenter, equestrian, playground, swimming  
196 acres, district park

**35 Spring Hill Park**

1239 Spring Hill Road, McLean  
swimming, fitness rooms, racquetball, picnic, playground, soccer/football  
46.1 acres, district park

**36 Wakefield Park & RECenter**

8100 Braddock Road, Annandale  
softball, soccer/football, basketball, tennis, recenter, biking, fitness trail, skate park  
292.6 acres, multiple resource park



**Ellanor C. Lawrence Park, Chantilly**



**Frying Pan Farm Park, Herndon**



**Burke Lake Park, Fairfax Station**



# FAITH

# Wishful Thinking

BY RABBI LEIBEL FAJNLAND  
DIRECTOR OF CHABAD OF  
RESTON-HERNDON

It is that time of year again. The High Holy Days are upon us (Rosh Hashana Sep. 16-18. Yom Kippur Sep. 25-26) and we may as well face the fact that another year has passed us by. Now you might wonder to yourself: What do I have to show for this outgoing year? Is it a "write-off," or did I achieve my stated goals? What will I wish for in the coming year? Is it a repeat of last year's wishes?

It must be exasperating to discover that, in fact, this year's wish list is really no different than last year's, or the year before - or the year before that! Each year the various media outlets poll peoples hopes and dreams in advance of the New Year and invariably it goes something like this: 1. World peace 2. Security 3. Success (both financial and with relationships - we call it "Nachas"). Every year! Should it not change? Surely, if last year's wishes were fulfilled we ought to have new ones for the New Year, and if they were not fulfilled, why ask for the same things again?

Perhaps we are aiming too high. Perhaps the lesson of the past year is to get more realistic and start aiming for something more within reach, something that might actually happen in the next year. Mmm ... "a little less idealism and a little more realism ... doesn't sound very inspiring" you say?

The truth is that I am putting the cart before the horse, for in Hebrew "Rosh" Hashanah does not translate as "new" year, it marks an actual development. Literally translated, Rosh Hashanah means "head" of the year; this is the day that G-d renders judgment of our actions, thereby setting the course of the coming year.

In the Jewish New Year, the analogy is clear: just as the head is the origin and source of movement for the entire body- so too it is with Rosh Hashanah. In it - and through it - is decreed the energy, vitality and blessing of the next twelve months. These are indeed solemn days, moments in time that will affect us long after they are gone; our conduct has far reaching consequences.

And so perhaps we have been asking the wrong questions. Rather than toning down our expectations for the New Year, we should be asking ourselves, "what will I do" to

see these lofty wishes realized? Rather than lowering our wishes, we must elevate our conduct.

The meditation of the past year is phrased thus: has my life and behavior of the last twelve months been consistent with the wishes and hopes that I express over this solemn period? Furthermore what have I done to see these dreams realized?

While it may seem far fetched that our Rosh Hashanah resolutions will impact history, Jewish tradition teaches us, that "Repentance, Prayer, and Tzedaka avert the evil decree" - From the High Holiday Liturgy. Indeed, when considering which actions we should take on to enable us to realize our wishes, our focus should be in these

three areas of life: the earnest regret of repentance, expressing the desire to be truer to oneself, and the best that one can be, self reflection through prayer, and an increased awareness of one's responsibility towards others, which is the ideal of Tzedaka - charity.

By all means, make a wish. But please do what it takes to make it

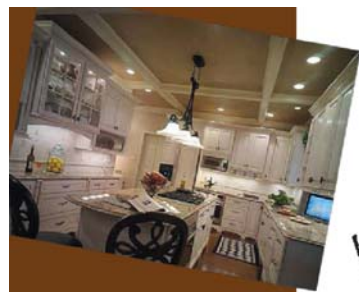
come true.

In the spirit of the New Year my wife Nechamie and I along with our children would like to wish the entire community a Kesiva V'chasima Tova - a happy and healthy sweet New Year.

Rabbi Fajnlend can be reached at [Rabbi@chabadrh.org](mailto:Rabbi@chabadrh.org)

## High Holiday Services @ Chabad

Are you considering services for the first time? Not sure if you want to join for the entire holiday season, or for one service only? Reserve your seat at Chabad today and you and your family can look forward to ushering in the New Year enveloped by the uplifting spirit of joy, learning, meaning, spirituality, singing, and community, that is the hallmark of our services. Visit [www.chabadrh.org](http://www.chabadrh.org). Or call 703-476-1829.



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## OPEN HOUSES

### SATURDAY/SUNDAY, AUGUST 25 & 26

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com) and click on the "This Week in Real Estate" link. Call Specific Agents to Confirm Dates & Times

**Chantilly**  
42344 Astors Beachwood...\$850,000.....Sun 1-4.....Chris Pezzana.....Weichert..703-447-1662  
41994 Kudu Ct.....\$694,000.....Sun 1-4.....Rich Triplett..Samson Props..703-217-1348  
3635 Beech Down Dr.....\$524,900.....Sun 1-4.....Cristina Dougherty...Long & Foster..703-969-0471

**Clifton**  
12406 Shari Hunt Grove..\$1,050,000.....Sun 1-4.....Carol Hermandorfer...Long & Foster..703-503-1812

**Fairfax Station**  
8303 Pinyon Pine Ct.....\$749,500.....Sun 1-4.....Christine Shevock.....RE/MAX..703-475-3986

**Haymarket**  
16206 Tiffany Ln.....\$359,900.....Sun 1-4.....Karla Daniels..Samson Props..571-330-0534

**Kingstowne/Alexandria**  
6111 Summer Park Ln.....\$439,900.....Sun 1-4.....Jim Souvagis...Long & Foster..703-919-9191

**McLean**  
1529 Hardwood Ln.....\$1,025,000.....Sun 1-4.....Jane Price.....Weichert..703-628-0470

**Potomac Falls**  
7664 Woolcott Sq.....\$319,000.....Sun 1-4..Cathy/John McCambridge..Samson Props..703-906-7067

**Reston**  
1401 Greenmont Ct.....\$409,000.....Sun 1-4..Cathy/John McCambridge..Samson Props..703-906-7067

**Sterling**  
47840 Saulty Dr.....\$799,900.....Sun 1-4.....Janean Buchner.....RE/MAX..703-444-5979  
47358 Westwood Pl.....\$649,900.....Sun 1-4.....Vitaly Bednov.....Fairfax..703-533-8660  
20882 Royal Villa Terr.....\$539,000.....Sun 1-4.....Shawna Parde...Long & Foster..703-435-4900  
45842 Oak Branch Ln.....\$539,900.....Sun 12-4.....Bill Wang.....Premier..703-748-0001  
20228 Youngs Cliff Rd.....\$485,000..Sat/Sun 1-4.....David Claypool.....Weichert..703-368-1184  
21149 Millwood Sq.....\$369,000.....Sun 1-4..Cathy/John McCambridge..Samson Props..703-906-7067

**Stone Ridge**  
24783 Prairie Grass.....\$569,900.....Sun 1-4.....Chris Pezzana.....Weichert..703-447-1662

**Vienna**  
608 Thelma Cir SW.....\$975,900.....Sun 1-4.....Bettina Dee.....Premier..703-748-0001  
2465 Flint Hill Rd.....\$549,900.....Sun 11-3.....Mega Saba.....Chase..703-787-0100

To add your Realtor represented Open House to these weekly listings, please call Karen Pechacek-Washburn at 703-778-9422 or E-Mail the info to [kwashburn@connectionnewspapers.com](mailto:kwashburn@connectionnewspapers.com) All listings due by Monday at 3 P.M.



## Getting to Know Area High School Sports



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

**Herndon midfielder Bryant Fernandez (4) is shown during the 2011 Concorde District finals match versus Oakton.**

### Herndon High: Boys' soccer team won a Concorde District title in 2012.

*School: Herndon High School.  
Mascot: Hornets.  
School Colors: Red and black.  
Athletic Director: Jonathan Frohm, 703-810-2275.  
Football Coach: Brian Day (first year).  
The Hornets went 2-8 in 2011, with wins against South Lakes and Washington-Lee.  
Field Hockey Coach: Mary Miller.  
Volleyball Coach: Rebecca Waters.  
Boys' Basketball Coach: Gary Hall.  
Girls' Basketball Coach: Reggie Barnes.  
Wrestling Coach: Mike Gonzales.  
Baseball Coach: Greg Miller.  
Boys' Soccer Coach: Sean Lanigan.  
Rival School: South Lakes.*

❖ **What Happened Last Year:** The boys' basketball team qualified for regionals. The boys' soccer team finished 11-3-3 and won a Concorde District title,

but lost to South Lakes in the opening round of regionals. The boys' lacrosse team started 7-1 but went winless during Concorde District play. The softball team went 12-9 but lost in the opening round of districts.

❖ **Famous Graduates:** Brandon Guyer (2004) was an outfielder/designated hitter for the University of Virginia and a fifth-round selection of the Chicago Cubs in the 2007 MLB Draft. He now plays for the Tampa Bay Rays. Scottie Reynolds (2006) was a McDonald's All-American and three-time Northern Region Player of the Year for the boys' basketball team. He played collegiately at Villanova University.

❖ **Quotable:** "We always emphasize playoffs. The playoffs are a whole new season for us." — Herndon boys' soccer coach Sean Lanigan, whose Hornets won a Concorde District title in 2012.



CONNECTION FILE PHOTO

**South Lakes High: Wrestler Ryan Forrest finished state runner-up in 2012.**

### South Lakes High: Wrestler Forrest finished state runner-up.

*School: South Lakes High School.  
Mascot: Seahawks.  
School Colors: Royal Blue and Kelly Green.  
Athletic Director: Linda Jones, 703-715-4517.  
Football Coach: Marvin Wooten (second year).  
The Seahawks went 1-9 in 2011, with their lone victory coming against Marshall.  
Field Hockey Coach: Jessica Dowd.  
Volleyball Coach: Cheri Hostetler.  
Boys' Basketball Coach: Andrew Duggan.  
Girls' Basketball Coach: Christy Winters Scott.  
Wrestling Coach: Bruce Hall.  
Baseball Coach: Galvin Morris.  
Boys' Soccer Coach: Marty Pfister.  
Rival School: Herndon.*

❖ **What Happened Last Year:** Wrestler Ryan Forrest finished state runner-up at 160 pounds. The girls' basketball team finished district runner-up. The boys' basketball team won 15 games but lost in the opening round of the district tournament. The boys' soccer team reached the region

quarterfinals.  
❖ **Famous Graduates:** Grant Hill (1990) has played 17 seasons in the NBA for the Detroit Pistons, Orlando Magic, Phoenix Suns and Los Angeles Clippers. The Pistons selected Hill with the third pick of the 1994 NBA Draft. Hill was the 1995 NBA co-Rookie of the year and is a seven-time All-Star. After being named a McDonald's All-American at South Lakes, Hill played collegiately at Duke University, where he won two national championships. In 1994, he was a first-team All-American and the ACC Player of the Year. Alan Webb (2001) is a professional track athlete who holds the American record in the mile. He's competed in the 2004 Olympic Games. Christy Winters-Scott (1986) played basketball for the University of Maryland and was inducted into the school's athletic hall of fame.  
❖ **Quotable:** "I'd never been pinned and I was not going to be pinned in my last [high school] match." — South Lakes wrestler Ryan Forrest, who finished state runner-up despite battling an illness called creatine kinase.

### Oakton High: Girls' basketball, lacrosse teams win state titles.

*School: Oakton High School.  
Mascot: Cougars.  
School Colors: Burgundy and gold.  
Athletic Director: Pat Full, 703-319-2760.  
Football Coach: Jason Rowley (second year).  
The Cougars won their first seven games of 2011, finished the regular season 8-2 and qualified for the postseason, losing to Lake Braddock in the region quarterfinals.  
Field Hockey Coach: Kaitlin Fleischmann.  
Volleyball Coach: Dan Courain.  
Boys' Basketball Coach: Dave Brooks.  
Girls' Basketball Coach: Fred Priester.  
Baseball Coach: Justin Janis.  
Softball Coach: Ray Gordon.  
Rival School: Madison.*

❖ **What Happened Last Year:** The field hockey team finished Concorde District runner-up. The girls' basketball team went 31-0 en route to a state championship. The girls' lacrosse team won a state title. The boys' lacrosse team won a district title and advanced to the region semifinals. The softball team finished district and Northern Region runner-up.

❖ **Famous Graduates:** Eugene Chung (1987 graduate) was an offensive lineman selected by the New England Patriots in the first round of the 1992 NFL Draft. He also played for the Jacksonville Jaguars and Indianapolis Colts during his five-year career. He played collegiately at Virginia Tech. Cody Grimm (2005) is a safety for the Tampa Bay

Buccaneers. He played collegiately at Virginia Tech before the Buccaneers selected him in the seventh round of the 2010 NFL Draft. Jasmine Thomas (2007) is a guard for the WNBA's Washington Mystics. She played collegiately at Duke, where she was one of the program's top 10 scorers of all time. The Seattle Storm selected Thomas in the first round of the 2011 WNBA Draft.

❖ **Quotable:** "It took a lot of hard work, determination, and focus for us to pull this off. In the regular season we were expected to win every game but in the playoffs it takes a lot more focus to win every game." — Caroline Miller after the Oakton girls' basketball team went undefeated during the 2011-12 season.



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

**The Oakton girls' lacrosse team won a state title in 2012.**



# Award-Winning Connection Newspapers

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**Michael Lee Pope**

❖ **Michael Lee Pope**, FIRST PLACE, Breaking News Writing, *Alexandria Gazette Packet*

❖ **Michael Lee Pope**, FIRST PLACE, Government Writing, *Alexandria Gazette Packet*

❖ **Michael Lee Pope**, FIRST PLACE, Health, Science & Environmental Writing, *Alexandria Gazette Packet*

❖ **Michael Lee Pope**, FIRST PLACE, In-Depth or Investigative Reporting, *Alexandria Gazette Packet*

❖ **Michael Lee Pope**, FIRST PLACE, Public Safety Writing, *Alexandria Gazette Packet*

❖ **Montie Martin**, FIRST PLACE, Business & Financial Writing, *Alexandria Gazette Packet*

❖ **Montie Martin**, FIRST PLACE, Personal Service Writing,

*Alexandria Gazette Packet*



**Deb Cobb**

❖ **Deb Cobb**, FIRST PLACE, Photo Illustration, *Burke Connection*

❖ **Deb Cobb**, FIRST PLACE, General News Photo, *Fairfax Connection*

❖ **Deb Cobb**, FIRST PLACE, Online Slide Show, *Fairfax Connection*

❖ **Bonnie Hobbs**, FIRST PLACE, Education Writing, *Centre View North*

❖ **Bonnie Hobbs**, FIRST PLACE, Feature Writing Portfolio, *Centre View North*

❖ **Michael O'Connell, Victoria Ross, Deb Cobb, Robbie Hammer, Bonnie Hobbs,**

**Amber Healy**, FIRST PLACE, Multimedia Feature Report, *Fairfax Connection*

❖ **Alex McVeigh**, FIRST PLACE, In-Depth or Investigative Reporting, *Great Falls Connection*

**Victoria Ross**

❖ **Kenny Lourie**, FIRST PLACE, Local Column, *Potomac Almanac*

❖ **Kenny Lourie**, FIRST PLACE, Sports Column, *Potomac Almanac*

❖ **Ken Moore, Mary Kimm, Robbie Hammer**, FIRST PLACE, Continuing News Coverage, *Potomac Almanac*



**Montie Martin**



**Bonnie Hobbs**



**Alex McVeigh**



**Mary Kimm**

❖ **Staff**, SECOND PLACE, General Makeup, *Alexandria Gazette Packet*

❖ **Staff**, SECOND PLACE, Lifestyle or Entertainment Pages, *Alexandria Gazette Packet*



**Robbie Hammer**

❖ **Jeanne Theismann**, SECOND PLACE, Headline Writing, *Alexandria Gazette Packet*

❖ **Jeanne Theismann**, SECOND PLACE,

Business & Financial Writing, *Alexandria Gazette Packet*

❖ **Jeanne Theismann**, SECOND PLACE, Feature Story Writing, *Mount Vernon Gazette*

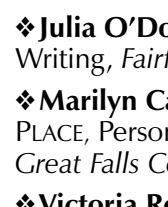
❖ **Michael Lee Pope**, SECOND PLACE, Personal Service Writing, *Alexandria Gazette Packet*

❖ **Michael Lee Pope**, SECOND PLACE, Health, Science & Environmental Writing, *Arlington Connection*

❖ **Michael Lee Pope**, SECOND PLACE, Business & Financial Writing, *Mount Vernon Gazette*

❖ **Lashawn Avery-Simon**, SECOND PLACE, General News Photo, *Arlington Connection*

❖ **Mike O'Connell, Victoria Ross, Deb Cobb, Robbie Hammer, Bonnie Hobbs, Amber Healy**, SECOND PLACE, Special Sections or Special Editions, *Fairfax Connection*



**Lashawn Avery-Simon**

❖ **Julia O'Donoghue**, SECOND PLACE, Education Writing, *Fairfax Connection*

❖ **Marilyn Campbell**, SECOND PLACE, Personal Service Writing, *Great Falls Connection*

❖ **Victoria Ross**, SECOND PLACE, In-Depth or Investigative Reporting, *Fairfax Station/Clifton/Lorton Connection*

❖ **Jon Roetman**, SECOND PLACE, Sports Writing Portfolio, *Fairfax Station/Clifton/Lorton Connection*



**Kenny Lourie**



**Ken Moore**



**Jeanne Theismann**



**Mike O'Connell**



**Marilyn Campbell**

## LOCAL MEDIA CONNECTION



**Louise Krafft**

❖ **Louise Krafft**, SECOND PLACE, Picture Story or Essay, *Mount Vernon Gazette*

❖ **Ken Moore, Laurence Foong**, SECOND PLACE, Infographics, *Potomac Almanac*



**Laurence Foong**

❖ **Carole Dell**, SECOND PLACE, Local Column, *Potomac Almanac*

❖ **Susan Belford**, SECOND PLACE, Feature Story, Profile, *Potomac Almanac*



**Susan Belford**

❖ **Louise Krafft**, THIRD PLACE, Pictorial Photo, *Alexandria Gazette Packet*

❖ **Michael Lee Pope**, THIRD PLACE, Breaking News Writing, *Alexandria Gazette Packet*

❖ **Michael Lee Pope**, THIRD PLACE, Business & Financial Writing, *Alexandria Gazette Packet*

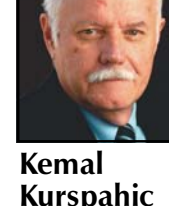
❖ **Michael Lee Pope**, THIRD PLACE, In-Depth or Investigative Writing, *Alexandria Gazette Packet*

❖ **Michael Lee Pope**, THIRD PLACE, In-Depth or Investigative Reporting, *Mount Vernon Gazette*

❖ **Mary Kimm**, THIRD PLACE, Editorial Writing, *Alexandria Gazette Packet*

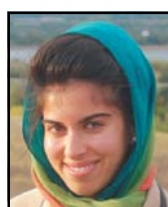
❖ **Mary Kimm**, THIRD PLACE, Editorial Writing, *Burke Connection*

❖ **Victoria Ross**, THIRD PLACE, In-Depth or Investigative Reporting, *Fairfax Connection*



**Kemal Kurspahic**

❖ **Kemal Kurspahic, Laurence Foong, Anna Rehmatulla**, THIRD PLACE, Special Sections or Special Editions, *Reston Connection*



**Anna Rehmatulla**

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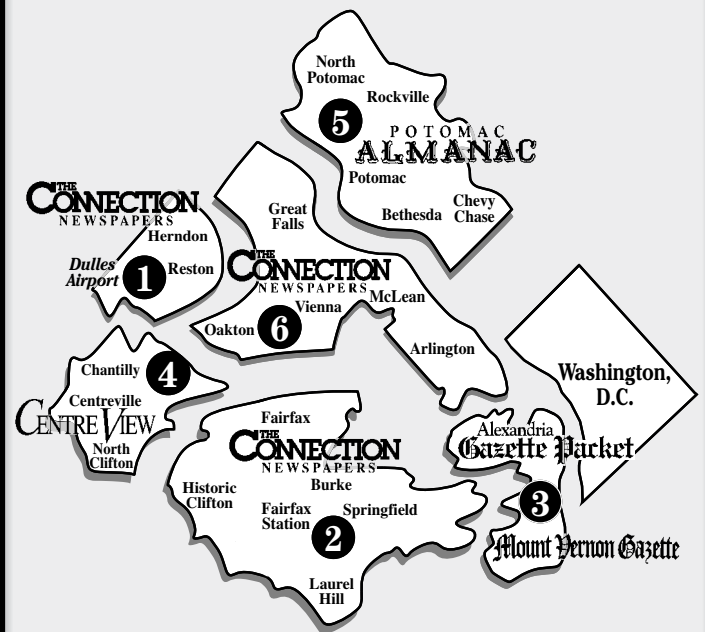
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-William Van Horne

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## Life in the Cancer Lane



By KENNETH B. LOURIE

Not to look a reasonably good result from my anti-cancer oral medication in the mouth, but however good I feel, however asymptomatic I am (other than the dry skin and pimply rash on my face), the results from my next CT Scan in early September will tell me how I should really feel. If the tumors (one in particular) have not grown or moved – or have even shrunk, I will feel Tony-the-Tiger “Great!” If on the contrary, the tumors have grown again, as they had in June – after my two previous chemotherapy infusions, then whatever I think I feel now will be replaced by what I don’t want to think about ever: the presumably inevitable, now-what?

“Now what” as in “what next,” has rarely been a discussion I’ve had with my oncologist, the scenario question as I refer to it. Whenever I would ask the perfectly logical question – to me, about what we might do if so and so happens or if such and such occurs (medically speaking relating to the cancer, that is) my doctor would always defer, and advise patience and caution, not wanting to get too far ahead of where we were but rather wait until we got there – considering that “there” is hardly a straight line. As difficult as it was for me to not always have clear options and strategies outlined for the future, what did become clear to me was that trying to anticipate such outcomes and plan treatment protocols accordingly, was not something my oncologist was comfortable doing, given the variability and unpredictability of how my body (cancer) would respond to whatever we had been doing. In a professional way, sort of, it was kind of a waste of his time to discuss treatment for eventualities which had not yet manifested themselves. The plan/his thinking was – as I soon learned, preempt what we could, treat what we knew, and wait for results to know what, or what not to do, next.

Presuming facts not yet in evidence and/or reactions not yet diagnosed/confirmed was natural for me – as a salesman. For an oncologist however, it would be unethical almost, to tell me things which are not yet true but might be or might not be, depending on... And so I’ve come to accept that (for awhile, I continued to ask except-type scenario/what if questions). Eventually, I grew comfortable with these perimeters and knew that waiting – and hoping – and wondering, was going to be the currency with which I was going to pay my emotional dues. Once having assimilated these dos and don’ts into my understanding and expectations, the planning of my present and future life became less stressful, oddly enough. Once I knew the limitations of our conversations projecting medically (into a very uncertain future), I could work it into my head and better manage the emotional roller coaster which had/has become my life. Oh sure, we had general discussions about treatment options, and there was a road map of sorts, but specifically visiting and discussing scenarios A, B and C either in person or electronically was rarely how our time together has been spent.

If I hadn’t learned to sit tight and wait for results – and then discuss those results and future treatment options, I might have driven myself and all those around me crazy. Now I’m waiting again – until September. Having been there and done that now for three and a half years certainly helps. And however familiar it may be and/or has become, it doesn’t exactly help to pass the time or affect the results, unfortunately. Cancer sucks! That much is clear. Now and in the future.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



## INSIDERS PERSPECTIVE

PHOTOS BY ANN SCHINDLER/THE CONNECTION



**Linden Abston appreciates the sense of community found in Reston.**



**Zach Wallace likes the American Espressos at the South Lakes Starbucks.**



**Linda Holloway enjoys the Reston's Used Book Shop Book Club, every third Monday at 7:30 p.m.**



**April Kitcho-Lucero is the assistant manger of the Pet Valu at the South Lakes Shopping Center.**



**Syed Muzzammil Mehdi is volunteering at the Walker Nature Education Center this summer.**

# What Makes Reston a Great Place to Live

## Reston residents discuss their favorite places, activities.

BY ANN SCHINDLER  
THE CONNECTION

**LINDA HOLLOWAY**, a resident of Reston since 1970, calls herself “a very part-time bookseller and a full-time lover of books,” as she stands in front of the cash register at the Reston Used Book Shop at Lake Anne. It may come as a surprise to longtime residents of Reston, but “many people don’t know where we are,” said Holloway. Even so, “I love the whole Lake Anne area. It’s where it all started...it’s a cool place and I feel like I’ve come home,” said Holloway.

What are your favorite places around Reston?

“I love the whole Lake Anne area. In fact I can see my house from here [through the door of the bookshop]. I love all the restaurants at Lake Anne like, the Jasmine Café, Café Montmartre, and now Kalypso. I like to come here and have breakfast on Saturday mornings at the Lakeside Café and then go to the farmer’s market.

What do you like most about working at the Reston Used Book Shop?

“Well, the shop was originally started by my two dearest friends, Sue Schram and Sue Wensell, and now the shop is owned by a husband and wife.” Holloway turns the corner and goes into the adjoining room of the bookshop pointing to a rocking chair

with a placard on the top that reads “The Sues.”

“This chair is dedicated to the original owners of the book shop and one of the Sues sits in it during our monthly book club.” Talk about a no obligation book club, the Reston Used Book Shop book club is unique because “no one reads the same book and we go around in a circle and each share the book we are reading,” said Holloway. This shop is “a most special and unique place,” she added.

**LINDEN ABSTON**, surrounded by signs promoting the use of local milk and local ingredients, is enjoying a Creama Gelato at Pitango Gelato at Reston Town Center. Abston, a resident of Reston for 12 years, is a rising sophomore at George Mason University.

What do you enjoy about Reston?

“I like that Reston is beautiful and pretty. There is also a sense of community and, along with that, a sense of pride that everyone has about living and being from here,” said Abston.

Do you prefer North Reston or South Reston?

“I guess I like North Reston more because I live here, but most of my friends live in South Reston and I went to school in South Reston,” said Abston.

What is your favorite restaurant in Reston?

“I really like the Counter (Counter Burger),” said Abston.

Like the Counter Burger, there are many chains and franchises in Reston, and many of these are located at the Reston Town

Center. On the other hand, there are a handful of local businesses, which are mainly located at Lake Anne.

Should Reston have more local business?

“I guess so, but if there were more local businesses, I would be scared that they would go out of business because of the many chains in Reston. What I really think Reston is lacking is more things to do at night for college students. I was talking about this very issue with some of my friends and, while Reston Town Center can be fun if you are an adult or in middle school, it gets old after a while,” said Abston.

Now that you are attending George Mason in Fairfax, do you appreciate the fact that you grew up in Reston?

“Yes, I do because I feel like when I meet other people from different places it makes me realize that the atmosphere here isn’t like this anywhere else,” said Abston.

**ZACH WALLACE** is one of the baristas at the Starbucks at the South Lakes shopping center and has lived in Reston for four years, all of which were during high school.

What do you like most about Reston?

“I like that there’s a lot of nature in between places, but it’s still not far away from stuff,” said Wallace.

What’s your favorite drink at Starbucks?

“I enjoy the American Espressos,” said Wallace.

**APRIL KITCHO-LUCERO** is the assistant manager at Pet-Valu, which is located in the South Lakes Shopping Center. Kitcho-Lucero has lived in Reston for two years.

What makes Reston unique?

“There are so many trees and trails that you can walk on and I love that there are so many shopping centers that I can walk to from my house,” said Kitcho-Lucero.

What is the most interesting item you sell?

“Well, we have dog cookies,” said Kitcho-Lucero. “We also sell reptile food and hedgehog food, but the hedgehog food doesn’t sell nearly as much as the reptile food,” said Kitcho-Lucero.

What do Restonians buy most frequently from Pet Valu?

Restonians go for the basics when shopping at Pet Valu, “the thing we sell the most is dog food and cat litter,” said Kitcho-Lucero.

**SYED MUZZAMMIL MEHDI** is a rising senior at South Lakes High School, who is volunteering at the Walker Nature Center this summer, and no, he does not have to feed the snake that resides there.

What is your favorite part of Reston?

“I just really love this place, the nature, the forests, the scenery, but I think it’s mostly the people [who live in Reston] that makes it a good place to live. The Reston Town Center is also really fun,” Mehdi added.

Why do you like working at the Walker Nature Center?

“You get to help people and it’s a good working experience,” said Mehdi.

As a rising senior what do you like most about South Lakes High School?

“The teachers and the students are the best.”

## SCHOOL NOTES

**Melissa Tran** of Reston has been named to the 2012 Who’s Who Among Students in American Universities and Colleges. Tran is majoring in quantitative economics at Providence College, Providence, R.I.

**Cailin Clinton** of Reston has been named a member of the Marching Virginians at Virginia Tech.

**Julia Springfield** of Reston has been named a member of Sigma Alpha Lambda, National Leadership and Honors Organization at the University of Virginia. Springfield is a 2010 graduate of South Lakes High School.

**Marisa L. Shannon** of Reston has been named to the fall 2011 dean’s list at Boston University of Boston, Mass.

The following Reston residents have been named to the fall 2011 dean’s list at Virginia Tech: **Morgan E. Biggs** (animal and poultry sciences), **Christine C. Comer** (university studies), **Sarah L. Francis** (communications), **Scott E. Fundling** (architecture), **Amanda E. Gurley** (public and urban affairs), **Sara Hoyos** (university studies), **Chanel R. Jost** (humanities, science and environment), **Naomi A. McCrea** (human development), **Vanessa J. Oakes** (biological sciences), **Alexander S. Pettingell** (economics, science), **John F. Roller** (mechanical engineering), **Stephanie L. Seto** (biochemistry), **Kristen L. Toth** (biological sciences), **Marshall C. Yacoe** (environmental science), **Anna Yayloyan** (economics), **Ian R. Anderson** (general engineering), **Allie**

**E. Aroesty** (university studies) and **Frederick J. Baerenz** (English).

The following Reston residents have been named to the fall 2011 dean’s list at Virginia Tech: **Zoe P. Belyavsky** (international studies), **Kristina C. Biron** (economics, science), **Margeaux B. Connealy** (biological sciences), **Rohan S. Elwadhi** (general engineering), **Brandon W. Grubic** (human nutrition, food and exercise), **Rowes Hanna** (civil engineering), **Eric J. Heinemann** (university studies), **Alyssa P. Hughes** (marketing management), **Hannah R. Kazem** (biochemistry), **Michael C. O’Beirne** (mathematics), **Jeffrey S. Ozimek** (computer engineering), **Zachary M. Reif** (civil engineering), **Trevor L. Richards** (physics), **Ryan A.**

**Scimeca** (chemical engineering), **Jennifer N. Sibio** (business information technology), **Kelly A. Simoncic** (finance) and **Ashley E. Sprano** (marketing management).

The following Fairfax County Public Schools (FCPS) students have won Achievement Scholarships from the 2012 National Achievement Scholarship program, awarded to Black American high school seniors to be used for undergraduate study at any regionally accredited United States college or university: **Katherine Branche**, Langley High School (medicine), **Stephen Preston, Jr.**, Langley High School (aerospace engineering), **Brandon Allen**, Marshall High School (biology-law), **Nana-Kwabena Adjapong Abrefah**, McLean High School (mathematics),

**Gabrielle Tate**, Oakton High School (mechanical engineering), **Beakal Gezahegn**, South County Secondary School (medicine), **Austin Chustz**, South Lakes High School (medicine), **Ian Crutcher**, South Lakes High School (engineering), **Chantelle Ekanem**, TJHSST (chemical engineering), **Adrienne Ivey**, TJHSST (engineering-computer science), **Stephanie Pitts**, TJHSST (medicine), **Alexandria Sutton**, TJHSST (medicine), **Mickeal Taylor**, TJHSST (electrical engineering) and **Bryan Williams**, TJHSST (computer science).

**Weina Bao** of Reston has won the National Merit Lockheed Martin Academic Scholarship. The Thomas Jefferson H.S. for Science and Technology student plans to study engineering.