

Oak Hill ♦ Herndon
CONNECTION

Classic Cars Come to Herndon

NEWS, PAGE 4

Mona Loona, 11, of
Herndon, examines a 1932
Ford Pickup during Grand-
parents Day in downtown
Herndon Sunday, Sept. 9.

Residents Use USE for Services

NEWS, PAGE 3

HOME & LIFESTYLE
PAGE 8

County Sounds Alarm On Transportation Funding

NEWS, PAGE 3



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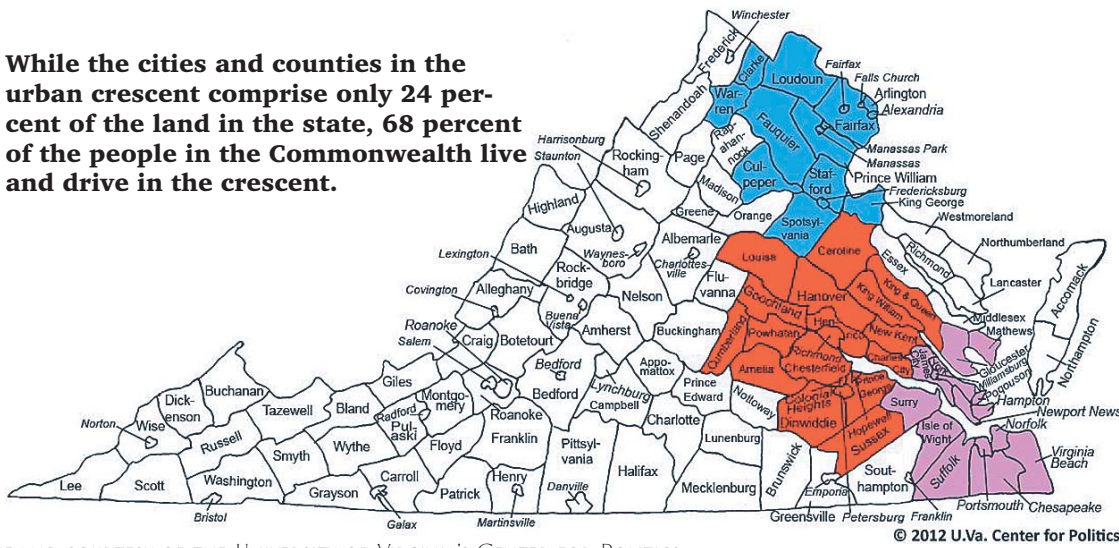
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THE CONNECTION
NEWSPAPERS

While the cities and counties in the urban crescent comprise only 24 percent of the land in the state, 68 percent of the people in the Commonwealth live and drive in the crescent.



THE MAP COURTESY OF THE UNIVERSITY OF VIRGINIA'S CENTER FOR POLITICS.

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Local Leaders to Virginia Governor: Time to Fund Transportation is 'Now'

Officials form historic 'Urban Crescent' coalition to press governor for transportation funding.

BY VICTORIA ROSS
THE CONNECTION

Local government leaders from urban centers across the state joined together last week in an unprecedented effort to pressure Governor Robert McDonnell and the General Assembly to head off the state's looming "transportation crisis."

Fairfax County Board of Supervisors Chairman Sharon Bulova (D-at-large) led 54 mayors and county chairs of Virginia's "Urban Crescent"—the state's 46 most populous regions stretching from Northern Virginia to Richmond and Hampton Roads—in sending a letter to top Commonwealth leaders on Sept. 4, urging them to adequately fund Virginia's "crumbling" transportation system.

Bulova said state leaders were putting Virginia's business-friendly reputation at risk by failing to meet the state's responsibility to fund transportation.

"This is an economic issue, a jobs issue," Bulova said, referring to the recent CNBC rankings of America's "Top States for Business," which lowered the Commonwealth's overall ranking in state competitiveness from one to three, and dropped its ranking for infrastructure and transportation from 10 to 33.

"The cost of inaction will no doubt be higher than the cost of addressing this crisis now," Bulova said.

THE COALITION of Urban Crescent officials is bipartisan, broad and historic, according to county officials. It includes City of Fairfax Mayor Scott Silverthorne; Town of Vienna Mayor Jane Seeman;

Herndon Mayor Lisa Merkel; Alexandria Mayor William D. Euille; Prince William County Chairman Corey Stewart and Loudoun County Chairman Scott York.

"I don't think I've ever seen regional cooperation this broad," said Supervisor Jeff McKay (D-Lee). "This is unprecedented."

McKay said elected leaders in Virginia's economic heartland formed the coalition this summer, specifically because they were tired of Governor McDonnell and state legislators "pitting regions against one another."

"We all have the same interests, and by presenting a united front, it forces the governor to realize that we can't be manipulated," McKay said. "We want the governor and General Assembly on the hook. We want results. This is a problem the state created and the state needs to fix."

"In a nutshell, the letter makes the case that crumbling transportation infrastructure is harmful to businesses and to commuters across Virginia," said Bulova. "Where the Urban Crescent goes, so goes the Commonwealth."

While the cities and counties in the urban crescent comprise only 24 percent of the land in the state, 68 percent of the people in the Commonwealth live and drive in the crescent. They provide nearly 72 percent of Virginia's employment, and generate nearly 80 percent of the state's gross product.

But the state's political clout rests with elected officials in Virginia's rural areas, which encompass a bigger swath of land—nearly 76 percent of the state.

On June 7, 2012, the urban crescent's top elected officials met in Henrico County for the first and only time. They vowed to come together to leverage their considerable economic influence, and pressure state legislators to provide new, long-term funding for the state's aging highways and transit systems.

"The consensus at that meeting was that Virginia's transportation system is significantly underfunded

"We want the governor and General Assembly on the hook. We want results. This is a problem the state created and the state needs to fix."

—Supervisor Jeff McKay (D-Lee)

SEE ALARM, PAGE 7



PHOTOS BY ALEX MCVEIGH/THE CONNECTION

Members of the Reston Useful Services Exchange meet at their annual picnic Saturday, Sept. 8, at a member's home.

Residents Use USE for Services

Useful Services Exchange connects people with services in Reston, Herndon area.

BY ALEX MCVEIGH
THE CONNECTION

In 1975, Henry Ware, an economist, came up with the idea that local residents could trade services, without the exchange of money. The group became known as the Reston Useful Services Exchange, and by the early nineties, it was serving more than 10,000 community members with a variety of skills and services.

"Back then we had an office and kept our records on sets of three by five cards," said Marilyn Silvey, current secretary with USE. "I moved to Reston in 1977, and as a newly-single woman with kids, I found it very helpful when it came to getting things done around the house, even stuff like curtain rods. I worked in the office to earn my hours."

Ware founded the exchange after noticing that there weren't many ways for people to get small services done without hiring a professional, which usually comes at a high hourly cost.

Members can advertise their needs for a service to the group, for example babysitting on a certain night for a certain amount of time. Other members, who are able to babysit, can negotiate what they will "charge" for the services, not on money, but in hours.

USE MEMBERS can accrue and spend their hours to get



Marilyn Silvey, secretary of the Reston Useful Services Exchange, speaks at the group's annual picnic Saturday Sept. 8.

services, and they perform services for others to earn hours.

USE petered out a bit in the late 90s and early 2000s, when many of the longtime members moved away, or stopped participating as they aged. A few years ago, Silvey and two others got back in touch and restarted the group. They now have around 170 members.

"Everyone comes in with different interests and skills, people of all ages, the only thing they have in common is a willingness to help and to ask for help," she said. "Our oldest member is a Chinese scholar in

SEE CONNECTING, PAGE 4

Classic cars line a parking lot in downtown Herndon Sunday, Sept. 9, part of the AARP Dulles Grandparents Day.

PHOTOS BY
ALEX McVEIGH/
THE CONNECTION



Classic Cars Come to Herndon

AARP Dulles hosts first Grandparents Day car show, activity fair.

BY ALEX McVEIGH
THE CONNECTION

Almost every single parking spot in downtown Herndon was filled Sunday afternoon, and almost every car there was made before 1980. The AARP hosted their annual Grandparents Day in downtown Herndon Sept. 9, featuring dozens of classic cars, tours through the train car and live entertainment.

Lynn Street, Station Street and several parking lots downtown were filled with everything from a 1932 Ford truck to a 1963 Corvette Sting Ray and more were on display.

"I came downtown expecting to see maybe a few old Mustangs, but I didn't expect anything as comprehensive as this," said George Albertson of Herndon, who came with his two sons. "The 1963 Corvette was one of my favorites, I remember my uncle had one almost exactly like it when I was growing up. The owner told me it was made March 27, 1963, and boy, it sure looked as pretty as it must have when it came off the factory floor."

The soundtrack for the afternoon was mostly 50s rockabilly, with a few radios on the streets tuned to the Redskins game and quarterback Robert Griffin III's debut, which quickly drew more crowds as the

touchdowns mounted up.

"Football on the radio and the smell of classic cars, leather, vinyl, oil, made it a perfect fall afternoon," said Herm Kyne of Sterling. "I think the downtown area is a great place for an event like this, there's plenty of places to walk to, and the amount of cars they drew in was amazing."

Joel Eaton, 9, brought his grandparents (and parents) out to the event to see the one vehicle in downtown Herndon that was not driven away after the event.

"I see the train car every week when my mom and I bike along the path, and I always ask her if we can go inside," Eaton said. "When she said it would be open today, I knew I had to come and take a look. And after we went in, we went to the Depot museum to see more train stuff, which was also fun."

Eaton was able to walk through the car, see the various equipment and learned what they were for, courtesy of the Herndon Historical Society volunteers posted there.

This was the first Grandparents Day event held by AARP Dulles in Herndon, which also featured old-fashioned games on the lawn outside of ArtSpace. Marbles, jacks and other activities allowed parents and grandparents to teach young children about life before video games.

"I showed my grandson and granddaughter how to play marbles, which, despite themselves, they seemed to enjoy once they got it," said Robert Harriman of Herndon. "I think as soon as they get home they'll get back to their Nintendos, but maybe if the power goes out they'll have something to fall back on."



Classic cars in downtown Herndon, part of the first Grandparents Day, hosted by AARP Dulles Sunday, Sept. 9.

Members of the Reston Useful Services Exchange share stories about how the group has helped them at their annual picnic Saturday, Sept. 8.

PHOTO BY ALEX McVEIGH/THE CONNECTION



Connecting People With Services

FROM PAGE 3

his 90s, our youngest is about 16 years old."

Rides to the airport, child and pet care and home services are among the most popular services rendered through USE. Work that requires materials, such as building materials or gasoline, is provided by the person seeking the service.

"One of the best parts about having an organization like ours is that you don't have to directly trade hours for hours, you can bank them and get credits," said Ellie Fusaro, the group's president. "Besides getting things done, one of our primary purposes is to create friendships, people get to know each other, more than just their immediate neighbors."

The exchange has come a long way from information on index cards, they now maintain an online database. Miles Maestas, who joined the group in January and recently became a board member, is hoping to expand the group's technology even further in the coming months.

"I'm working on a new database and time bank, which will hopefully give members multiple ways to connect with each other," he said. "I probably give out more hours than I use, but it's very nice to know that should anything come up, there's a big list of people I can trust that are ready to help. I see it as a great community builder."

Maestas is also helping the exchange file paperwork to eventually become a 501(c)3 nonprofit.

Member Gene Morris is helping the group get more exposure, using his graphic design experience to create signage that they display at the Reston Community Center and other community locations.

"I do some of the design work, but also some handyman services," said Morris, who joined last summer. "I use most of my credits for

babysitting, which is nice, because there's a large pool to pick from, and they're all people that I know are trustworthy."

He also performs handyman work, and Fusaro has direct experience about how much it helped her.

"I had a loose tile on my kitchen that I wanted fixed, and I figured to get a tile guy out just for that would probably be a lot, it could be a hundred dollars just to get him in his truck to come out," she said. "But Gene came over, fixed the tile, and even found that it was caused by a leak, which he was also able to fix. If he wasn't there, I would have had to call a separate plumber."

Kathy Deligianis earns most of her credits by baking, she has even baked a wedding cake for two USE members.

"We needed a cat sitter for 10 days when we were traveling this summer, and my regular sitter was going to charge something like \$24 a day, so I ended up getting an exchange member to do it, which was great," she said.

Mary Frances says she uses the service to help her with mechanical-related issues around her house. She earns her credits by babysitting, giving rides to the airport and cooking.

"One of the things I do is make meals for people I'm giving rides back from the airport," she said. "Often they're coming from long flights and long trips, and the last thing they want is to cook something, if they even have food in the house. So I make something light, so they have a quick meal when they get home and that's one less thing to worry about."

USE IS AVAILABLE to people who live or work in Reston or Herndon. They set up a weekly booth at the Reston Farmer's Market, where prospective members can sign up. More information can be found at www.restonuse.org.

OBITUARY



Paula Swift

Paula Swift, 76, Dies

A common belief is that Congressional wives do little but stand around looking on devotedly as their husbands give speeches. With few exceptions that is untrue. It was particularly not the case for Paula Swift, wife of eight-term Representative Al Swift (D-Wash.). She died suddenly of a heart attack on Labor Day.

Mrs. Swift was the founding board chair of the House Child Care Center and served there for a decade. Starting with a blank sheet, she led the board in establishing all of the policies of the center, including the touchy issue of whether members' children should take a priority in getting into the center. The policy established was that the children of all employees of the House would be selected on a "first come, first serve" basis—from the speaker through the staff to the custodians. It was sometimes hard to enforce but Mrs. Swift always fought to preserve the principle.

Swift formed a close bond with three other wives whose husbands were elected in 1978 and called themselves The Four Hearts. Each had a major project like the Day Care Center and all helped each other. Swift worked on many projects of The Congressional Club when her friend Doris Matsui was president. Matsui is now, herself, a member of the House from Sacramento. Among other activities Swift worked on the annual First Lady's Luncheon sponsored by the group and helped edit its frequent Congressional Cookbooks.

Another one of the group, Carol Williams, wife of Pat Williams (D-Mont.) was executive director of Peace Links, an organization founded by Betty Bumpers, wife of Sen. Dale Bumpers (D-Ark.) to forge lines of communication between American women and women of the Soviet Union. When

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- > Should we have to witness suffering, dying, or dead deer in our parks or surrounding neighborhoods?
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> Should Fairfax County cater to bow hunting special interest groups OR fairly represent the interests of our 1.3 million residents?

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SEE OBITUARY, PAGE 13

Remembering Those Lost on Sept. 11

Eleven years after terrorist attacks.

On Sept. 11, 2001, 9:37:46 a.m., American Airlines Flight 77 crashed into the Pentagon. The Pentagon's on-site firehouse responded immediately to the crash. Firefighters from nearby Reagan National Airport and Arlington County Fire Department arrived within minutes.

One-hundred-and-eighty-four lives were lost at the Pentagon that day. Nearly 3,000 people died that day in the nearly simultaneous attacks in Arlington, New York and Pennsylvania. Since Sept. 11, 2001, more than 6,400 U.S. military service men and women have died in support of the wars in Iraq and Afghanistan.

The following list of people who lived in Connection Newspapers coverage area and died in the Sept. 11, 2001 terrorist attacks is compiled from multiple sources, including news reports, and is likely not complete. The Pentagon Memorial website offers photos and biographies of most people who died at the Pentagon. <http://pentagonmemorial.org/explore/biographies>.

- ❖ Spc. Craig Amundson, 28, Fort Belvoir, employed by U.S. Army, died in Pentagon
- ❖ Lt. Col. Canfield D. Boone, 54, Clifton, employed by U.S. Army, died in Pentagon
- ❖ Charles Burlingame, 51, Herndon, employed by American Airlines, died on AA Flight 77
- ❖ Rosa Maria Chapa, 64, Springfield, employed by Defense Intelligence Agency, died in Pentagon
- ❖ Eddie A. Dillard, Alexandria, employed by Philip Morris, died on AA Flight 77
- ❖ Capt. Robert Edward Dolan, 43, Alexandria, employed by U.S. Navy, died in Pentagon
- ❖ Charles A. Droz III, 52, Springfield, employed

- by EM Solutions Inc., died on AA Flight 77
- ❖ Gerald P. Fisher, 57, Potomac, Md., employed by Booz Allen Hamilton, died in Pentagon
- ❖ 1st Lt. (Ret.) Richard P. Gabriel Sr., 54, Great Falls, employed by Stratin Consulting, died on AA Flight 77
- ❖ Diane M. Hale-McKinzy, 38, Alexandria, employed by U.S. Army, died in Pentagon
- ❖ Stanley R. Hall, 68, Centreville, employed by Raytheon, died on AA Flight 77
- ❖ Brady K. Howell, 26, Arlington, employed by U.S. Navy, died in Pentagon
- ❖ Lt. Col. Stephen Neil Hyland Jr., 45, Burke, employed by U.S. Army, died in Pentagon
- ❖ Bryan C. Jack, 48, Alexandria, employed by Department of Defense, died on AA Flight 77
- ❖ Steven D. Jacoby, 43, Alexandria, employed by Metrocall, died on AA Flight 77
- ❖ Ann Judge, 49, Great Falls, employed by National Geographic Society, died on AA Flight 77
- ❖ Norma Cruz Khan, 45, Reston, Plumbing-Heating-Cooling Contractors Assn., died on AA Flight 77
- ❖ Terence M. Lynch, 49, Alexandria, employed by Booz Allen Hamilton, died in Pentagon
- ❖ Ada L. Mason-Acker, 50, Springfield, employed by U.S. Army, died in Pentagon
- ❖ Lt. Gen. Timothy J. Maude, 53, Fort Myer, employed by U.S. Army, died in Pentagon
- ❖ Mark McGinly, 26, Vienna, employed by Carr Futures, died in World Trade Center
- ❖ Patricia E. Mickley, 41, Springfield, employed by Department of Defense, died in Pentagon
- ❖ Khang Ngoc Nguyen, 41, Fairfax, employed by Navy contractor, died in Pentagon
- ❖ Barbara K. Olson, 45, Great Falls, attorney, died on AA Flight 77
- ❖ Maj. Clifford L. Patterson Jr., 33, Alexandria, employed by U.S. Army, died in Pentagon
- ❖ Capt. Jack D. Panches, 51, Clifton, retired from U.S. Navy, died in Pentagon
- ❖ Lisa J. Raines, 42, Great Falls, employed by

- Genzyme Corp., died on AA Flight 77
- ❖ Todd H. Reuben, 40, Potomac, Md., attorney, died on AA Flight 77
- ❖ Charles E. Sabin, 54, Burke, employed by Department of Defense, died in Pentagon
- ❖ Marjorie C. Salamone, 53, Springfield, employed by U.S. Army, died in Pentagon
- ❖ Cmdr. Robert Allan Schlegel, 38, Alexandria, employed by U.S. Navy, died in Pentagon
- ❖ Mark E. Schurmeier, 44, McLean, employed by Federal Home Loan Mortgage Corp., died in World Trade Center
- ❖ Janice M. Scott, 46, Springfield, employed by U.S. Army, died in Pentagon
- ❖ Michael L. Selves, 53, Fairfax, employed by U.S. Army, died in Pentagon
- ❖ Diane M. Simmons, Great Falls, died on AA Flight 77
- ❖ George W. Simmons, Great Falls, retired from Xerox, died on AA Flight 77
- ❖ Lt. Col. Gary F. Smith, 55, Alexandria, retired U.S. Army, died in Pentagon
- ❖ Norma Lang Steuerle, 54, Alexandria, died on AA Flight 77
- ❖ Lt. Col. Kip P. Taylor, 38, McLean, employed by U.S. Army, died in Pentagon
- ❖ Leonard E. Taylor, 44, Reston, employed by XonTech Inc., died on AA Flight 77
- ❖ Sandra C. Taylor, 50, Alexandria, employed by U.S. Army, died in Pentagon
- ❖ Sandra D. Teague, 31, Fairfax, employed by Georgetown University Hospital, died on AA Flight 77
- ❖ Karl W. Teepe, 57, Centreville, employed by Defense Information Agency, died in Pentagon
- ❖ Meta L. Waller, 60, Alexandria, employed by U.S. Army, died in Pentagon
- ❖ Ernest M. Willcher, 62, North Potomac, Md., employed by Booz-Allen Hamilton Inc. died in Pentagon
- ❖ Maj. Dwayne Williams, 40, Lorton, employed by U.S. Army, died in Pentagon
- ❖ Vicki C. Yancey, 43, Springfield, employed by Vredenburg Co., died on AA Flight 77.

LETTERS TO THE EDITOR

'Deliberate Falsehoods' - II

To the Editor:

Margaret Vanderhye's response "Deliberate Falsehoods in Health Care Debate," [Connection, Aug. 29-Sept. 4, 2012] to my letter "Questioning the War on Women," [Connection, Aug. 15-21] unfortunately illustrates my point perfectly. My letter argued that it was unfair to characterize those who oppose the HHS mandate as conducting a war on women. Her answer to that point was to conduct a war on me, accusing me of spreading "deliberate falsehoods" and using "scare tactics" that are "inimical to the public interest." She even compares my words to those of Congressman Akin. For the remainder of her letter she attacks a straw man, imagining that because I oppose the HHS man-

date, I must want the government to come between a woman and her doctor. Ms. Vanderhye never addresses my argument, that when government forces employers to violate their consciences by subsidizing contraception and abortion, religious freedom is trampled.

Though she claims my letter is "replete with inaccuracies," she addresses only one alleged "falsehood" and leaves the rest to our imaginations. Ms. Vanderhye attacks as false the statement that research suggests that contraception and abortion may increase a woman's chance of cancer and heart disease. Actually the statement is true, Ms. Vanderhye's vitriolic tirade notwithstanding. For example, the National Cancer Institute, the Mayo Clinic, and universities including Michigan and Harvard all acknowledge studies showing these risks of oral contraceptives. The Breast Cancer Pre-

vention Institute has compiled a fact sheet listing dozens of studies finding that both oral contraceptives and abortion may increase cancer risk. I did not suggest—as she implicitly does—that the science is settled. But while not everyone accepts the findings of these studies, few people have the audacity to suggest that the research does not exist. To attempt to silence the mention of such research with inflammatory rhetoric is both irresponsible and frightening. In any case, an employer who objects to providing contraception and abortion is not attempting to deny healthcare, but rather choices that come with their own risks.

In the rest of her letter Ms. Vanderhye takes on the straw man, her illogical conclusion that, by opposing the HHS mandate, I would like the government to "dictate...a person's own personal health care decisions." Once again

she makes my case for me—by twisting my words beyond recognition in order to demonize me for daring to oppose not freedom, but a mandate. The HHS mandate forces an employer to provide contraception and abortifacient drugs to their employees. These products are currently easily accessible, but before the HHS mandate the government did not force employers to provide them. Ms. Vanderhye denounces me because I suggested that this forced arrangement is wrong, unfair and unconstitutional. When the provision of a product or service impinges on the religious freedom of those forced to provide, the responsible citizen should take note and object. Ms. Vanderhye's heated rhetoric obfuscates the issue at hand and unfortunately serves only to further divide.

Laura Burke
Great Falls

Alarm Over Transportation Funding

FROM PAGE 3

and the situation continues to deteriorate, as evidenced by some startling facts," according to leaders in the Sept. 4 letter.

They painted a bleak picture of the state's transportation crisis, pointing out that:

*Within five years, no state funds will be available for highway construction, and the Commonwealth will be unable to fully match federal funds.

*Approximately 26 percent of roadways statewide are in poor condition, according to the Virginia Department of Transportation (VDOT), which maintains the roads. However, that number jumps to 34 percent for the Urban Crescent, including 39 percent in Northern Virginia, 36 percent in Hampton Roads and 31 percent in Richmond.

*State secondary and urban system construction funds have been eliminated.

*Only 66 percent of Virginia's secondary roads currently meet pavement performance targets. Using VDOT's estimates, the cost of meeting VDOT's goal of 82 percent

of secondary roads in fair or better condition could be \$1.3 billion to \$1.8 billion.

*In the Richmond area, commuters waste 20 hours per year stuck in traffic; in Hampton Roads, commuters waste 34 hours; in Northern Virginia, commuters waste 74 hours per year.

*The morning and evening rush hours in the Urban Crescent last as long as two and a half to seven hours each day.

With nearly 58,000 miles of roads, Virginia currently operates the nation's third-largest state highway network, and the state government is responsible for virtually all Virginia's main and local roadways.

The Virginia Department of Transportation's annual budget for 2012 is nearly \$4.8 billion. However, almost \$1.3 billion of that money is borrowed, according to state officials.

State Sen. Chap Petersen (D-34) said state funds for transportation have disappeared in the past 10 years due to a number of factors.

"The most obvious is the fact that we have

a fixed 17.5 cents per gallon tax on gasoline," Petersen said.

According to state officials, every 1-cent increase in Virginia's gasoline tax would generate about \$50 million for transportation. But state legislators historically have been reluctant to propose new taxes or new funding mechanisms.

THE LAST MAJOR INFUSION to the state's transportation funding stream was in 1987.

That reluctance, Petersen said, is unacceptable.

"Now that cars are far more efficient, less gasoline is purchased at the pump. So less revenue is collected, even though more cars are on the road. It's a vicious cycle that won't be solved until we go to an indexed tax—or simply replace all taxes with tolling," Petersen said.

Though various efforts have been made in recent years to address the Commonwealth's transportation needs, adequate and sustainable solutions have not

been achieved, according to Urban Crescent officials.

"We believe that the time for action is now, and that inaction is a 'traffic tax' on our localities, our residents, our visitors, and our businesses through decreased productivity, diminished quality of life, higher fuel costs, higher maintenance costs, and increased pollution," the leaders wrote.

The letter isn't the final product of the Urban Crescent efforts. Bulova said it is part of a sustained effort and a "call to action" for the General Assembly and the administration to provide the funding Urban Crescent leaders say is needed in the Commonwealth to address the backlog of road and infrastructure maintenance needs, and funding for transit and road construction.

"Transportation is one of the state's fundamental responsibilities," Bulova added. "By shifting the responsibility to local government, it is essentially a tax increase on localities. When the state doesn't invest in transportation improvements, it costs the commuting public lost time and productivity."

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In July 2012, 98 homes sold between \$1,265,000-\$157,500 in the Herndon and Oak Hill area.

Address	BR . FB . HB ...	Postal City ..	Sold Price	Type	Lot AC .	PostalCode	Subdivision
12101 OLD PINE WAY	4 ... 4 ... 1	OAK HILL ...	\$1,265,000	Detached	1.50	20171	SHADETREE ESTATES
13251 MIDDLETON FARM LN	5 ... 4 ... 1	HERNDON ...	\$935,000	Detached	0.22	20171	MIDDLETON FARM
1116 GRAND HAMPTONS DR	4 ... 4 ... 1	HERNDON ...	\$850,000	Detached	0.60	20170	GRAND HAMPTONS II
2870 FRANKLIN OAKS DR	5 ... 5 ... 1	HERNDON ...	\$839,500	Detached	0.43	20171	FRANKLIN WOODS
3022 FRANKLIN CORNER LN	4 ... 4 ... 1	OAK HILL ...	\$817,000	Detached	0.26	20171	FRANKLIN CORNER
12215 LAKE JAMES DR	4 ... 3 ... 1	OAK HILL ...	\$762,000	Detached	0.56	20171	FOX HUNT ESTATES
1110 SUGAR MAPLE LN	4 ... 3 ... 1	HERNDON ...	\$742,500	Detached	0.60	20170	SUGAR CREEK
908 LOCUST ST	4 ... 3 ... 1	HERNDON ...	\$737,000	Detached	0.24	20170	HERNDON
12903 CINNAMON OAKS CT	4 ... 3 ... 1	HERNDON ...	\$660,000	Detached	0.36	20171	CINNAMON OAKS
13108 WHEELER WAY	4 ... 3 ... 1	OAK HILL ...	\$655,000	Detached	0.24	20171	FRANKLIN FARM
13107 BRIARGROVE CT	4 ... 2 ... 1	HERNDON ...	\$650,000	Detached	0.24	20171	FRANKLIN FARM
12205 MEADOWSTREAM CT	4 ... 3 ... 1	HERNDON ...	\$649,000	Detached	0.21	20170	KINGSTREAM
1146 STERLING RD	4 ... 2 ... 1	HERNDON ...	\$646,210	Detached	0.46	20170	MOSBY HEIGHTS
2923 FORT LEE ST	4 ... 3 ... 1	OAK HILL ...	\$636,000	Detached	0.63	20171	FOLKSTONE
3208 BRYNWOOD PL	4 ... 3 ... 1	OAK HILL ...	\$635,000	Detached	0.20	20171	FRANKLIN FARM
12402 WILLOW FALLS DR	4 ... 3 ... 1	HERNDON ...	\$625,000	Detached	0.20	20170	CODIN HUNT
13600 NUBIAN CT	4 ... 3 ... 1	OAK HILL ...	\$620,000	Detached	0.22	20171	CHANTILLY HIGHLANDS
2815 OTSEGO DR	4 ... 2 ... 1	HERNDON ...	\$603,000	Detached	0.38	20171	FOX MILL ESTATES
13102 ROUNDING RUN CIR	4 ... 2 ... 1	OAK HILL ...	\$590,000	Detached	0.21	20171	FRANKLIN FARM
12703 TURBERVILLE CT	4 ... 2 ... 1	HERNDON ...	\$590,000	Detached	0.24	20171	FRANKLIN FARM
3102 NESTLEWOOD DR	5 ... 2 ... 1	OAK HILL ...	\$579,000	Detached	0.39	20171	FRANKLIN FARM
2721 CALKINS RD	5 ... 3 ... 1	HERNDON ...	\$575,000	Detached	0.55	20171	MONEYS CORNER
13211 LAZY GLEN LN	4 ... 3 ... 1	HERNDON ...	\$572,000	Detached	0.20	20171	BRADLEY ACRES
2852 BRADLEY ACRES CT	5 ... 3 ... 1	HERNDON ...	\$570,000	Detached	0.24	20171	BRADLEY ACRES
12902 NEW PARKLAND DR	4 ... 3 ... 1	HERNDON ...	\$569,900	Detached	0.23	20171	MONTEREY
401 MADISON FOREST DR	4 ... 2 ... 1	HERNDON ...	\$569,000	Detached	0.26	20170	MADISON FOREST
13202 LAZY GLEN LN	3 ... 3 ... 1	OAK HILL ...	\$563,000	Detached	0.36	20171	BRADLEY ACRES
2906 PARKLAWN CT	4 ... 2 ... 1	HERNDON ...	\$560,000	Detached	0.22	20171	BRADLEY ACRES
1504 POWELLS TAVERN PL	4 ... 3 ... 1	HERNDON ...	\$555,000	Detached	0.20	20170	HASTINGS HUNT
2681 HORTON HILL RD	4 ... 3 ... 1	HERNDON ...	\$552,500	Detached	0.24	20171	FOX MILL ESTATES
2789 MANSWAY DR	4 ... 2 ... 1	HERNDON ...	\$545,000	Detached	0.20	20171	BRADLEY ACRES
2650 PETERSBOROUGH ST	4 ... 2 ... 1	HERNDON ...	\$528,500	Detached	0.40	20171	FOX MILL ESTS
405 MADISON FOREST DR	4 ... 2 ... 1	HERNDON ...	\$519,000	Detached	0.23	20170	MADISON FOREST
12533 BROWNS FERRY RD	4 ... 3 ... 1	HERNDON ...	\$515,000	Detached	0.25	20170	CRESTBROOK
12037 FORBES GLEN DR	4 ... 3 ... 1	HERNDON ...	\$515,000	Detached	0.32	20170	STUART RIDGE
13610 DAIRY LOU CT	4 ... 3 ... 0	OAK HILL ...	\$515,000	Detached	0.25	20171	FRANKLIN FARM
12960 PINECREST VIEW CT	4 ... 2 ... 1	HERNDON ...	\$507,000	Detached	0.32	20171	FOX MILL ESTATES
12545 BROWNS FERRY RD	4 ... 2 ... 1	HERNDON ...	\$500,000	Detached	0.27	20170	CRESTBROOK
843 SPRING KNOLL DR	4 ... 2 ... 1	HERNDON ...	\$492,500	Detached	0.22	20170	AUTUMN GLEN
12349 FOLKSTONE DR	6 ... 3 ... 1	OAK HILL ...	\$490,000	Detached	0.70	20171	FOLKSTONE
1369 ROCK CHAPEL RD	4 ... 2 ... 1	HERNDON ...	\$486,000	Detached	0.24	20170	JENKINS RIDGE
13397 SIR RAMSAY WAY	3 ... 2 ... 2	HERNDON ...	\$482,500	Townhouse ...	0.04	20171	MCNAIR FARMS LANDBAY
1405 ROCK RIDGE CT	4 ... 3 ... 1	HERNDON ...	\$480,000	Detached	0.20	20170	HASTINGS HUNT
12006 ROSIERS BRANCH DR	4 ... 2 ... 1	HERNDON ...	\$480,000	Detached	0.21	20170	UNION MILL
3030 BURCHLAWN ST	4 ... 2 ... 1	HERNDON ...	\$478,800	Detached	0.22	20171	WEST OX CLUSTER
1493 COAT RIDGE RD	4 ... 3 ... 1	HERNDON ...	\$475,000	Detached	0.22	20170	UNION MILL
2482 ROLLING PLAINS DR	3 ... 3 ... 1	HERNDON ...	\$475,000	Townhouse ...	0.06	20171	MCNAIR FARMS LAND BAY 2
1347 BUTTER CHURN DR	4 ... 2 ... 1	HERNDON ...	\$462,500	Detached	0.30	20170	CRESTBROOK
1501 COAT RIDGE RD	4 ... 2 ... 1	HERNDON ...	\$455,000	Detached	0.20	20170	STUART RIDGE
641 OAK ST	3 ... 2 ... 0	HERNDON ...	\$432,500	Detached	0.23	20170	G A WILLIAMS
1509 COAT RIDGE RD	4 ... 3 ... 0	HERNDON ...	\$430,000	Detached	0.19	20170	STUART RIDGE
13017 PARK CRESCENT CIR	2 ... 2 ... 2	HERNDON ...	\$424,000	Townhouse ...	0.03	20171	WOODLAND PARK
2527 JAMES MONROE CIR	3 ... 2 ... 2	HERNDON ...	\$422,500	Townhouse ...	0.03	20171	MCNAIR FARMS LANDBAY
12321 EXBURY ST	3 ... 2 ... 1	HERNDON ...	\$420,000	Detached	0.22	20170	DRANESVILLE ESTATES
12707 SAYLERS CREEK LN	5 ... 3 ... 0	HERNDON ...	\$410,000	Detached	0.22	20170	HIDDENBROOK
12612 GLENBROOKE WOODS DR	4 ... 3 ... 0	HERNDON ...	\$410,000	Detached	0.36	20171	GLENBROOKE WOODS
2608 SESKEY GLEN CT	4 ... 3 ... 0	HERNDON ...	\$408,600	Detached	0.56	20171	MONEYS CORNER
13704 BARKSDALE DR	4 ... 2 ... 1	HERNDON ...	\$400,000	Townhouse ...	0.03	20171	WELLESLEY
13408 BURROUGH FARM DR	3 ... 2 ... 2	HERNDON ...	\$400,000	Townhouse ...	0.04	20171	MCNAIR FARMS LANDBAY
13501 GEORGE WYTHE CT	4 ... 3 ... 1	HERNDON ...	\$395,000	Townhouse ...	0.06	20171	MCNAIR FARMS WEST
2410 TERRA COTTA CIR	3 ... 3 ... 1	HERNDON ...	\$395,000	Townhouse ...	0.03	20171	COPPERMINE CROSSING LAND
1015 JEFF RYAN DR	4 ... 2 ... 1	HERNDON ...	\$390,000	Detached	0.30	20170	CUTTERMILL
807 MOSBY HOLLOW DR	4 ... 2 ... 1	HERNDON ...	\$385,000	Detached	0.21	20170	MOSBY HEIGHTS
2016 MALEADY DR	4 ... 3 ... 0	HERNDON ...	\$382,000	Detached	0.22	20170	REFLECTION LAKE
2412 SIMPSONS FARM DR	3 ... 3 ... 1	HERNDON ...	\$375,000	Townhouse ...	0.04	20171	MCNAIR FARMS LANDBAY 11
1454 ELEVATION LN	4 ... 3 ... 1	HERNDON ...	\$361,000	Townhouse ...	0.03	20171	FRANKLIN FARM
13593 BECKINGHAM DR	3 ... 2 ... 1	HERNDON ...	\$350,000	Townhouse ...	0.04	20171	WELLESLEY
13514 COATES LN	3 ... 2 ... 1	OAK HILL ...	\$335,000	Detached	0.11	20171	FRANKLIN FARM
1380 ROCK CHAPEL RD	3 ... 1 ... 1	HERNDON ...	\$334,000	Detached	0.23	20170	JENKINS RIDGE
1209 AUTUMN PL	4 ... 2 ... 0	HERNDON ...	\$328,000	Detached	0.35	20170	FOUR SEASONS
2412 CURIE CT #42	3 ... 2 ... 1	HERNDON ...	\$325,000	Townhouse ...	0.03	20171	COPPERMINE CROSSING
2501 EINSTEIN ST #222	3 ... 2 ... 1	HERNDON ...	\$317,000	Townhouse ...	0.03	20171	COPPERMINE CROSSING
1249 WILSHIRE DR	6 ... 3 ... 0	HERNDON ...	\$290,000	Detached	0.21	20170	DULLES PARK
1259 MAGNOLIA LN	3 ... 2 ... 0	HERNDON ...	\$290,000	Detached	0.22	20170	DULLES PARK
1249 STERLING RD	5 ... 3 ... 0	HERNDON ...	\$290,000	Detached	0.26	20170	MOSBY HEIGHTS
12925 CENTRE PARK CIR #203	2 ... 2 ... 0	HERNDON ...	\$283,000	Garden 1-4 Floors	0.05	20171	BRYSON AT WOODLAND PARK
13317 SCHWENGER PL	3 ... 2 ... 1	HERNDON ...	\$280,000	Townhouse ...	0.05	20170	REFLECTION LAKE
13180 MARCEY CREEK RD #13180	2 ... 2 ... 0	HERNDON ...	\$275,000	Garden 1-4 Floors	0.05	20171	FOX MILL STATION
13390 HUNGERFORD PL	3 ... 2 ... 2	HERNDON ...	\$266,000	Townhouse ...	0.05	20170	REFLECTION LAKE
356 LINDEN CT	4 ... 2 ... 0	HERNDON ...	\$262,000	Townhouse ...	0.06	20170	COURTS OF CHANDON
1021 KINGS CT	3 ... 3 ... 1	HERNDON ...	\$261,000	Townhouse ...	0.05	20170	CAVALIER PARK
2494 QUICK ST #101	2 ... 2 ... 1	HERNDON ...	\$250,146	Garden 1-4 Floors	0.03	20171	MANORS AT MCNAIR FARMS
12915 ALTON SQ #418	2 ... 2 ... 0	HERNDON ...	\$247,000	Garden 1-4 Floors	0.03	20170	WORLDGATE
914 BRANCH DR	4 ... 3 ... 0	HERNDON ...	\$241,000	Townhouse ...	0.06	20170	PARK AVENUE SQUARE
2101 HIGHCOURT LN #303	2 ... 2 ... 0	HERNDON ...	\$240,000	Garden 1-4 Floors	0.05	20170	WORLDGATE
316 RENEAU WAY	3 ... 2 ... 1	HERNDON ...	\$240,000	Townhouse ...	0.05	20170	CRESTVIEW
13071 MARCEY CREEK RD #13071	2 ... 2 ... 0	HERNDON ...	\$240,000	Garden 1-4 Floors	0.03	20171	FOX MILL STATION
2107 MAGER DR	3 ... 2 ... 1	HERNDON ...	\$235,000	Townhouse ...	0.03	20170	REFLECTION LAKE
12919 ALTON SQ #115	2 ... 2 ... 0	HERNDON ...	\$230,000	Garden 1-4 Floors	0.03	20170	WORLDGATE
12919 ALTON SQ #419	2 ... 2 ... 0	HERNDON ...	\$230,000	Garden 1-4 Floors	0.03	20170	WORLDGATE
2105 HIGHCOURT LN #402	1 ... 2 ... 0	HERNDON ...	\$215,000	Garden 1-4 Floors	0.03	20170	WORLDGATE
12901 ALTON SQ #302	1 ... 2 ... 0	HERNDON ...	\$208,500	Garden 1-4 Floors	0.03	20170	WORLDGATE
2204 WESTCOURT LN #107	1 ... 1 ... 0	HERNDON ...	\$180,000	Garden 1-4 Floors	0.03	20170	WORLDGATE
2115 FERGUSON PL	2 ... 1 ... 1	HERNDON ...	\$165,000	Townhouse ...	0.03	20170	REFLECTION LAKE TOWN HSES, INC.
549 FLORIDA AVE #104	2 ... 2 ... 0	HERNDON ...	\$163,000	Garden 1-4 Floors	0.03	20170	JEFFERSON MEWS
12929 CENTRE PARK CIR #415	1 ... 1 ... 0	HERNDON ...	\$161,000	Garden 1-4 Floors	0.03	20171	BRYSON AT WOODLAND PARK
12949 CENTRE PARK CIR #308	1 ... 1 ... 0	HERNDON ...	\$160,000	Garden 1-4 Floors	0.03	20171	BRYSON AT WOODLAND PARK
12900 CENTRE PARK CIR #105	1 ... 1 ... 0	HERNDON ...	\$157,500	Garden 1-4 Floors	0.03	20171	BRYSON AT WOODLAND PARK

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Home LifeStyle



PHOTOS BY ANGIE SECKINGER

The wine cellar in this McLean home opens to the adjacent billiard room. Designers say homeowners should create a style for the cellar that is consistent with the rest of the home.

Uncorking the Possibilities

Local builders say wine storage options are almost limitless.

BY MARILYN CAMPBELL
THE CONNECTION

From those who sip an occasional glass of Chianti with friends to enthusiastic oenophiles, the notion of owning a wine cellar is fascinating to many people. In fact, a recent U.S. Luxury-Home Market survey by Wine Trends, a wine-consulting firm, showed that 67 percent of respondents were interested in incorporating wine storage into their homes.

“With wine cellar design, the sky is the limit. In fact, the sky is actually the starting point.”

— Jason Kirkpatrick

Local designers say they are now catering to a new breed of wine collector and are creating cellars equipped with perks ranging from full kitchen and dining spaces to rare art and LED lighting. Jason Kirkpatrick, of Kirkpatrick’s Construction in Centreville, says creative options are virtually boundless.



PHOTOS COURTESY OF NATIONAL ASSOCIATION OF THE REMODELING INDUSTRY

Jason Kirkpatrick of Centreville-based Kirkpatrick’s Construction won a Contractor of the Year Award from the National Association of the Remodeling Industry for a McLean project that included a wine cellar with a tasting area.

“With wine cellar design, the sky is the limit. In fact, the sky is actually the starting point,” he said. “There are so many neat things that you can do with architecture, racking and lighting. You can turn a rela-

tively small space into a gorgeous wine cellar.”

DESIGNERS SAY that when planning a wine cellar, there are a few basic factors to

consider.

The first item that those who want to build a wine cellar should think about is a

SEE OPTIONS. PAGE 10

The home and studio of renowned Reston artist, Connie Slack, will be open for viewing on the Reston Home Tour.



PHOTOS CONTRIBUTED

Reston Homes on Display

Eleventh Annual Reston Home Tour to be held on Saturday, Oct., 13, 10 a.m. to 5 p.m.

Visit five outstanding private homes located in Reston’s renowned neighborhoods and clusters on Saturday, Oct. 13, 2012 from 10 a.m. until 5 p.m. on the 11th annual Reston Home Tour. Presented by Reston Historic Trust, this self-conducted tour offers exclusive viewing of “wow factor” destinations showing inspiring interior design, architecture, unique ideas, art collections, and renovation successes. Reston Home Tour ticket proceeds benefit Reston Museum, which is operated by Reston Historic Trust.

Reston Home Tour tickets include the map of all locations, available for \$30 each, or less. Online at www.restonmuseum.org - \$30 In Person, in September: \$25 until Oct. 5; \$30 October 6-13 at: Reston Museum, Lake Anne Florist, Appalachian Spring, GRACE, The Wine Cabinet at North Point, The Nature House. Group discounts available. Advice for Reston Home Tour Attendees:

❖ Start the tour at any location of choice using the map on the ticket. Receive a full tour program book with more details and resource information. ❖ Wear comfortable shoes. Attendees may be asked to remove their shoes at some of the homes, especially if weather is

wet. Bags will be provided for shoes to be carried until exiting the home.

❖ Reston Home Tour is not recommended for children, and those under the age of 10 cannot be admitted into the tour homes.

Reston Historic Trust (RHT), “Best of Reston 2010”, is a community-based non-profit organization founded in 1996 to sustain the unique history of the award-winning, innovative, planned community of Reston through the operation of Reston Museum and Shop, which opened to the public in 1997. Located at Lake Anne Village Center, Reston Museum is open Tuesday through Sunday from noon until 5 p.m., staffed by volunteer docents. Reston Museum offers walking tours, community exhibits and archives, programs, commemorative bricks, and annual events such as Reston Founder’s Day in April, and the Reston Home Tour in October. Reston Museum’s shop is the only source for Reston-ware such as t-shirts, mugs, and more. Funding support for operation of Reston Museum comes from public membership with Reston Historic Trust, donations, grants, Reston Home Tour proceeds, and shop sales. Call 703-709-7700 or visit www.restonmuseum.org. Reston Museum and Shop, 1639 Washington Plaza, Reston, VA 20190.

A local woodworker was commissioned to create kitchen cabinets, stairways and more at the Beyer home.



Limitless Options for Wine Storage

FROM PAGE 9

system of organization. “You have to not only think about how many bottles you have in your collection, but also how much you think your collection will grow over the next five to 10 years,” said Kirkpatrick, who lives in Clifton. “You don’t

want to make this kind of investment in your home and then a year or two later say, ‘Gosh, we need to make an addition onto our wine cellar.’”

Local interior designer Marika Meyer of Marika Meyer Interiors says homeowners should create a style for the cellar that will be con-

sistent with the rest of the home, something she and the design team did when creating the cellar in a McLean home.

“We ... developed a sophisticated space that was reflective of the home and the collection,” she said. “For example, the flooring is the same slate that is used in the

exterior patio. We wanted to use the cherry cabinet that is featured in the center of the two front columns, so we designed the room around this piece. Each stone column was designed to work around the room based on the proportion established by this piece of furniture. We also wanted the space to

feel open to the billiard room, which is attached. To that end, we widened the door enclosure and added side-lights to make the space open.”

HOW THE SPACE WILL BE used is another important consideration. “Are you planning to use it for strictly for utilitarian storage or would you like for there to be a space for entertaining in it as well?” said Kirkpatrick, who won a Contractor of the Year Award from the National Association of the Remodeling Industry for a McLean project that included a wine cellar with a tasting area. “Which do you drink more of: White or red? Do you prefer large format bottles or standard-sized bottles?”

Designers say the style and features of the rest of the home should be factored into the cellar’s design: “What are the spaces that are adjacent to the wine cellar? You can incorporate them into the design for a better flow,” said Kirkpatrick.

Kirkpatrick says he integrated a wine bar into the design of a south Arlington kitchen during a recent renovation. “We used interesting frosted glass cabinets and really designed the space for wine tasting, there was even a space for tasting cheese or chocolate. The plan was integrated into the design of the kitchen and the whole space flowed.”

When remodeling a kitchen in Alexandria, Kirkpatrick created two spaces for wine. “We used open storage where wine can be stored for easy accessibility and built-in wine storage under the cabinets. But one of the most cost-effective things you can is to buy a glass-front refrigerator that is specifically designed for holding wine with so you can display the wine nicely,” said Kirkpatrick.

In fact, Potomac, Md.-based designer Susan Matus of Case Design/ Remodeling says that there are budget-friendly options for wine storage. “[Kitchen] cabinet-makers are now making cabinets that incorporate wine storage in base cabinets or wall cabinets. There are also wine refrigerators that have two cooling zones that are appropriate for red and white wine, but are not outrageous in terms of price.”

According to National Association of the Remodeling Industry spokesperson Nikki Golden, “Wine cellars are still very popular for people to put into their home during a remodel.”





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OPEN HOUSES

SATURDAY/SUNDAY, SEPTEMBER 15 & 16

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click on the "This Week in Real Estate" link. **Call Specific Agents to Confirm Dates & Times**

Chantilly	
13709 Southernwood Ct. \$449,900 ... Sun 1-4	Cristina Dougherty Long & Foster .. 703-969-0471
Clifton	
6305 Oak Stone Ct. \$899,000 ... Sun 1-4	John Purvis Jr. Keller Williams .. 703-927-6802
Fairfax	
5312 Windsor Hills Dr. \$575,000 ... Sun 1-5	Lena Restivo Weichert .. 703-855-7341
Fairfax Station	
10817 Windermere Ln. \$1,398,000 ... Sun 1-4	Carol Hermandorfer Long & Foster .. 703-503-1812
11125 Henderson Rd. \$839,000 ... Sun 1-4	Carol Hermandorfer Long & Foster .. 703-503-1812
8515 Heron Pond Ln. \$748,000 ... Sun 1-4	Tony Araj Samson Props. .. 703-209-3535
11215 September Ln. \$642,500 ... Sun 2-4	Pat Fales RE/MAX .. 703-503-4365
Lorton	
9628 Eaton Woods Pl. \$339,000 ... Sun 1-4	Dan Mleziva RE/MAX .. 703-380-9915
Manassas	
7078 Token Valley Rd. \$399,000 ... Sun 1-4	Danny Samson Samson Props. .. 703-378-8886
7075 Yates Ford Rd. \$345,000 ... Sun 1-4	Patrick Kessler/Charter Wells .. Keller Williams .. 703-405-6540
Manassas Park	
9316 Michael Ct. \$418,990 ... Sun 1-4	Kevin Fennell Samson Props. .. 703-594-1850
McLean	
919 Swinks Mill Rd. \$1,449,000 ... Sun 1-4	Debbie Mesen Weichert .. 703-201-7723
Potomac Falls	
20425 Swan Creek Ct. \$759,900 ... Sun 1-4	Glynis Canto Keller Williams .. 703-395-2355
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1401 Greenmont Ct. \$409,000 ... Sun 1-4	Cathy & John McCambridge Samson Props. .. 703-906-7067
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45842 Oak Branch Ln. \$539,900 ... Sun 1-4	Bill Wang Premier .. 703-748-0001
46778 Snow Hill Way. \$529,900 ... Sat 1-4	Shila Barish BNI .. 703-913-6100
215 Trail Ct. \$480,000 ... Sun 1-4	Donna Johnson Tunell .. 571-209-8659
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1711 Dove Point Ct. \$1,245,000 ... Sun 1-4	Ellen Moyer RE/MAX .. 703-298-6444

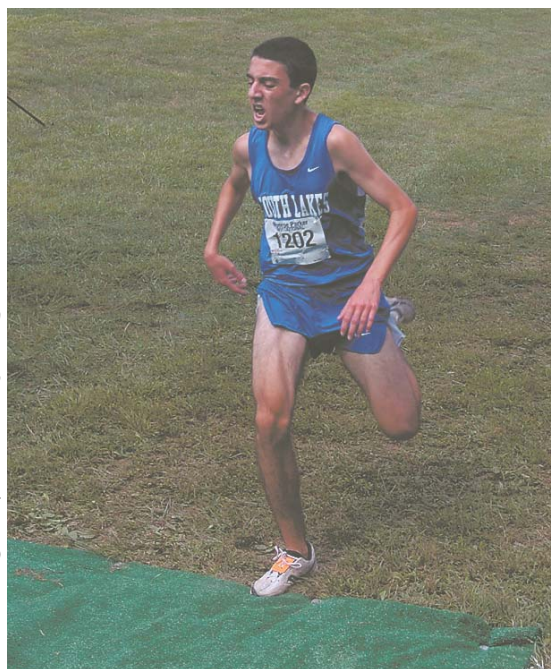
To add your Realtor represented Open House to these weekly listings, please call Karen Pechacek-Washburn at 703-778-9422 or E-Mail the info to kwashburn@connectionnewspapers.com All listings due by Monday at 3 P.M.

SPORTS



PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

Marshall's MacKenzie Haight finished 10th at the Monroe Parker Invitational on Sept. 8.



South Lakes' Ashkan Mohammadi finished ninth at the Monroe Parker Invitational cross country meet on Sept. 8 at Burke Lake Park.

McGorty, Christen Win Monroe Parker Titles

Chantilly boys, Lake Braddock girls win team cross-country titles.

BY JON ROETMAN
THE CONNECTION

Sean McGorty is focused on himself as he enters the 2012 cross country season. But don't confuse the Chantilly senior's mentality for selfishness; he's simply searching for motivation.

McGorty has been one of the top high school harriers in Virginia since his sophomore season, when he finished fourth at the 2010 VHSL state meet. In 2011, he finished state runner-up. Each year, however, McGorty was surpassed by fellow Northern Region runner Ahmed Bile, who won back-to-back state championships as a junior and senior. While McGorty couldn't catch Bile at states, the Annandale harrier pushed McGorty to succeed.

This year, Bile, who is now a freshman at Georgetown, won't be there to motivate McGorty. Instead, McGorty, who was ranked in the milesplit.com preseason national top 10, is looking for drive from within.

On Sept. 8, he put his approach to the test and came out a winner.

McGorty finished first at the Monroe Parker Invitational at Burke Lake Park, posting a time of 14 minutes, 50 seconds. He finished 26 seconds ahead of his nearest competitor and helped Chantilly capture the boys' team title.

"You have to be very mentally strong," McGorty said of running with no competitors around him. "I've been working on that coming into this year because I really want to be able to motivate myself during races and not rely on other people or other events...It will be a little different not having someone right there with you. Mentally, last year I had to focus on staying with [Bile] or pushing the pace, trying to beat him. This year, it's more pushing myself, keep-

ing myself motivated, so it just takes out the aspect of having someone right there next to you."

McGorty praised Northern Region harriers after the race, but none posed a threat on this day. Lake Braddock's Nick Tuck finished second with a time of 15:16, followed by Edison's Louis Colson (15:18), Battlefield's Haben Zemichael (15:54) and Chantilly's Peter Malander (15:55). Madison's Matthew Calem (15:56) finished sixth, followed by Stone Bridge's Brady Guertin (15:56), Chantilly's Faris Sakallah (15:57), South Lakes' Ashkan Mohammadi (15:58), Marshall's MacKenzie Haight (16:05), Battlefield's Aaron Hill (16:05), Bishop O'Connell's J.J. LaPointe (16:05), Yorktown's Ryan Hart (16:07), Lake Braddock's Alex Corbett (16:07) and T.C. Williams' Anteneh Girma (16:08).

Chantilly finished first as a team with a score of 57, followed by Battlefield (122) and Robinson (134).

South Lakes (258) finished seventh, led by Mohammadi's ninth-place individual effort. Madison (462) was 15th, led by Calem. McLean finished 20th, including a team-best 67th-place finish by Daniel Bachman (17:11). Haight's 10th-place effort helped Marshall finish 22nd. Langley was 27th, led by Jack Flatley (114th, 17:51).

In girls' action, Lake Braddock senior Sophie Chase, ranked in the milesplit.com national top 10, pulled out of the race around the halfway point with lower-body discomfort.

Despite Chase's early exit from the race, Lake Braddock captured the girls' team championship, thanks to Hannah Christen capturing the individual title. Christen, ranked in the milesplit.com national top 15, finished with a time of 17:40. She battled West Springfield's Caroline Alcorta, who placed second at 17:46.

Lake Braddock finished with a team score of 83, followed by Battlefield in second with 108 and Madison in third with 120.

South Lakes finished 13th, led by August Durham (31st, 20:20). Marshall was 15th, led by Zoe Scopa (56th, 21:00). Langley ended the race in 21st, paced by Rebecca Powell (95th, 21:51).



PHOTOS BY JOE GAITLEY

Junior running back/defensive back R.J. Lee and the South Lakes football team defeated Herndon, 21-7, on Sept. 7 at Herndon High School.

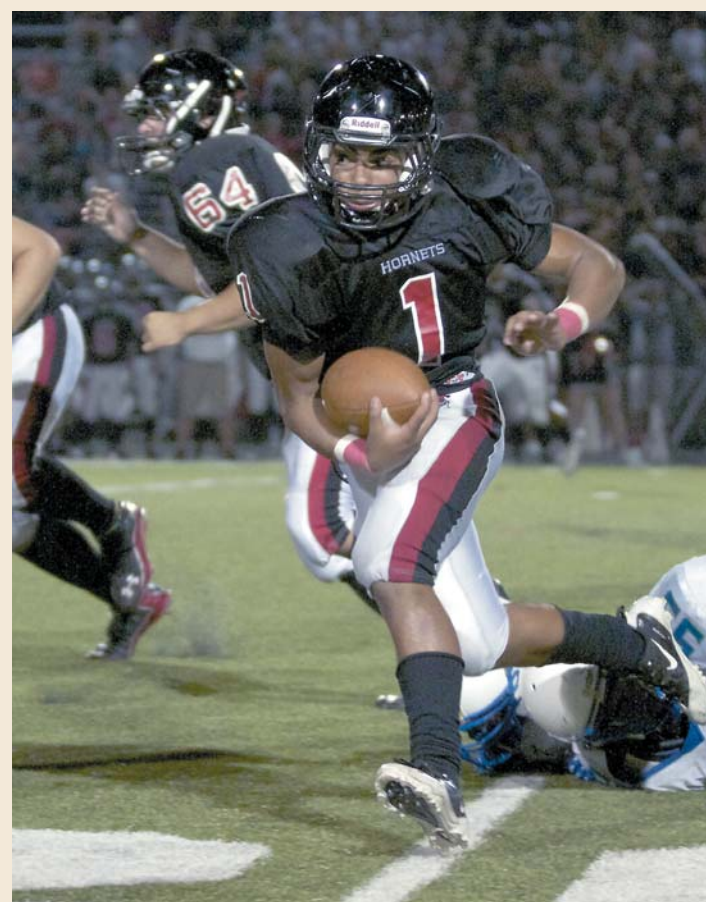
South Lakes Football Beats Rival Herndon

The South Lakes football team defeated rival Herndon, 21-7, on Sept. 7 at Herndon High School. It was the Seahawks' second win against the Hornets in the last three seasons.

For South Lakes, the victory came one week after the Seahawks opened the 2012 season with a lopsided defeat

against Westfield, 51-13, on Aug. 30. South Lakes' home opener is Friday, Sept. 14 against Stone Bridge at 7:30 p.m.

For Herndon, the loss dropped the Hornets to 0-2, including a 42-14 defeat against Langley on Aug. 30. Herndon will travel to face Yorktown at 7:30 p.m. on Friday, Sept. 14.



Herndon running back Denzel Weaver runs against South Lakes on Sept. 7.



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ENTERTAINMENT

Send announcements to herndon@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

FRIDAY/SEPT. 14

JamBrew Indie Music Fest. 6-10 p.m., at the Herndon Town Green, 777 Lynn Street, Herndon. Free outdoor concerts every Friday in September. <http://jambrew.com/>.

SATURDAY/SEPT. 15

Birding at Lake Fairfax Park. 7:30 a.m., Lake Fairfax Drive off of Baron Cameron Avenue, Reston. There is a lot more to this park than just the lake and the Water Mine. Bill Brown has been exploring and has found some excellent birding area. Meet at the visitor's center. www.fairfaxcounty.gov/parks/lakefairfax/.

Tigerlily Pink Boa 5K. 8 a.m., at Reston Town Center, 1818 Discovery Street, Reston. Run/walk to benefit young women before and after breast cancer. Registration and information at tigerlilyfoundation.org.

SUNDAY/SEPT. 16

Celebrating Jaguars. 10 a.m.-3:30 pm, Pavilion & Market Street. The Nation's Capital Jaguar Owners Club (NCJOC) presents its 48th Concours d'Elegance judged car show. michelledawson@yahoo.com or 571-213-1847 or ncjoc.org.

TUESDAY/SEPT. 18

Ari and Mia Friedman. 7:15 p.m., at The folk Club of Reston-Herndon, 151 Elden Street, Herndon. Boston's Americana sister act, Ari & Mia are a soulful and spirited acoustic accompanied duo. \$11 for members; \$12 for non-members. 703-435-2402 or jamesue@aol.com or www.restonherndonfolkclub.com.

WEDNESDAY/SEPT. 19

Open Mic Night. 9:30 p.m.-1:30 a.m. Jimmy's Old Town Tavern, 697 Spring St., Herndon. Every Wednesday. Register your band at BluesSlide@aol.com or 703-593-5206. www.jimmystavern.com.

FRIDAY/SEPT. 21

JamBrew Indie Music Fest. 6-10 p.m., at the Herndon Town Green, 777 Lynn Street, Herndon. Free



Fine Art Nature Photography by Patricia Deege

Sept. 4-28, in the Long Gallery, United States Geological Survey, 2201 Sunrise Valley Drive, Reston. Open to the public during regular business hours, 8:30 a.m.-5 p.m. Monday through Friday. A reception will be held 5-6:30 p.m. on Sept. 14th. A photo ID is required for entry to the building. Parking and entry - FREE. *Information: Patricia Deege 703-255-1426.

outdoor concerts every Friday in September. <http://jambrew.com/>.

SATURDAY/SEPT. 22

Rally for a Cause Tennis

Tournament. 9 a.m., at Lake Newport Tennis Center, 11452 Baron Cameron Ave., Reston. Men's and Women's Doubles and Singles; players donate \$30 and choose which organization their funds go to: Reston Interfaith's Laurel Learning Center, The Wounded EOD Warrior Foundation or HEART "Have Everyone Access Reston Tennis" kids tennis scholarships. Register at www.restontennis.org or rally4acause@restontennis.org.

Fairfax Symphony Orchestra: Masterworks I. 8 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. Conductor Christopher Zimmerman and pianist Jeffrey Biegel perform Adams' *The Chairman Dances*, Zwilich's *Shadows* for Piano and Orchestra, Bernstein's *Three Dance Episodes* from "On the Town" and Gershwin's *Piano Concerto in F Major*. \$25-\$55. 703-563-1990 or www.fairfaxsymphony.org.

SUNDAY/SEPT. 23

Rally for a Cause Tennis

Tournament. 9 a.m., at Lake Newport Tennis Center, 11452 Baron Cameron Ave., Reston. Men's and Women's Doubles and Singles; players donate \$30 and choose which organization their funds go to: Reston Interfaith's Laurel Learning Center, The Wounded EOD Warrior Foundation or HEART "Have Everyone Access Reston Tennis" kids tennis scholarships. Register at www.restontennis.org or rally4acause@restontennis.org.

WEDNESDAY/SEPT. 26

Meet Me at the Movies - Senior

Movie Day. 10 a.m. Bow Tie Cinemas, 11940 Market Street, Reston. Watch the "Best Exotic Marigold Hotel." Free to those 55+. 703-435-6530.

SUNDAY/SEPT. 30

Walk to End Alzheimer's & Candlelight Rally. 5 p.m., Pavilion & sidewalks. Registration at 5 p.m., walk at 6 p.m., Candlelight Rally at 7 p.m. Register at alz.org/walk.

FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to herndon@connectionnewspapers.com. Deadline is Thursday.

FRIDAY/SEPT. 14

Laurel Branch Group Concert. 6:30-9 p.m., at the Washington Plaza Baptist Church on Lake Anne Plaza, 11402, Washington Plaza West, Reston. The musical group serenades in a benefit concert for the choir in the sanctuary with dinner to follow. They will serenade us in a benefit concert for our choir in the sanctuary with a dinner following. 703-471-5225 or www.washingtonplazachurch.com.

SATURDAY/SEPT. 15

Buddha's Guide to a Happy and Healthy Life. 10-11:30 a.m., Unitarian Universalist Church, 1623 Wiehle Ave., Reston. Meet in the library to learn about practical

teachings and guided meditations on how to make our daily activities meaningful. \$12. www.meditation-dc.org.

Rite of Christian Initiation for

Adults (RCIA) Classes. Various times, at St. Veronica Catholic Church on Centerville Road. RCIA is a series of classes for people interested in learning about the Catholic faith and practice, as well as for those interested in entering (or returning to) the Catholic Church. Classes begin Sept. 17. rcia@stveronica.net.

Vajrayogini Buddhist Center,

Brown's Chapel, 11450 Baron Cameron Ave., Reston, holds monthly classes for the general public. Gen Kelsang Varahi, an American Buddhist nun, will teach 'Living Meditation: Meditation for Relaxation,' teachings and guided meditations that teach students how to relax their body and mind. \$12. www.meditation-dc.org or 202-986-2257.

Trinity Presbyterian Church, 651 Dranesville Road in Herndon, has Sunday Worship Service at 8:30 a.m. and 11 a.m. Nursery and childcare are available during worship services. Youth and Adult Sunday School is held Sundays from 9:40-10:45 a.m. 703-437-5500 or www.trinityherndon.org.

Floris United Methodist Church, 13600 Frying Pan Road in Herndon, has worship services at 8 a.m., 9:15 a.m., 11 a.m. and 5 p.m. on Sundays, with a Latino service on Saturdays at 7 p.m. 703-793-0026 or www.florisumc.org.

St. Anne's Episcopal Church, 1700 Wainwright Drive in Reston, holds Sunday services at 7:45 a.m., 9 a.m., 11:15 a.m. and contemporary service at 5 p.m. Nursery, Sunday School and Adult Education available. Morning Prayer on Monday at 9:30, Holy Eucharist Wednesday at 8:15 a.m. 703-437-6530 or www.stannes-reston.org.



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WEEK IN HERNDON

Herndon MOMS Club Goes Green with a Swap

The MOMS Club of Herndon is recycling gently used items instead of throwing them away. Join the MOMS Club of Herndon on Thursday, Sept. 20, from 10-11:30 a.m. at their monthly meeting at Trinity Presbyterian Church, located at 651 Dranesville Road, Herndon. The Club offers support for local stay-at-home mothers through weekly events.

Come and meet other moms (zip codes 20170 and 20171) and bring child-related items to swap. Items can include: Halloween costumes, baby/kid clothing, baby gear, maternity clothes, and more. All moms who bring items will have first dibs on other items to take home. The unwanted items after the swap is over will be donated to a local Herndon non-profit organization.

Moms and children are always welcome

BULLETIN BOARD

To have community events listed in the Connection, send to herndon@connectionnewspapers.com. Deadline is Friday.

WEDNESDAY/SEPT. 12

Public Hearing. 5-8 p.m., at South Lakes High School's cafeteria, 11400 South Lakes Drive, Reston. An open house hearing with informational exhibits about the Dulles Corridor Metrorail Project, the cost and financing of the Dulles Corridor Metrorail Project and potential improvements that may be made to the Dulles Toll Road, and the cost of operating the Toll Road. Representatives from the Airports Authority will be present to discuss these items. www.mwaa.com.

THURSDAY/SEPT. 13

Free Conversational English Classes. 7 p.m., at the Washington Plaza Baptist Church on Lake Anne, Reston. Three skill levels available (Beginner, Intermediate and Advanced). Registration for the classes begins Sept. 12 at 2 p.m. for the Wednesday afternoon 2-3:30 p.m. class; Sept. 13 for the Thursday evening class 7-8:30 p.m.; and Sept. 16 at 2 p.m. for the Sunday afternoon class 2-3:30 p.m. If you miss the first

to attend monthly meetings, which are held every third Thursday of the month at Trinity Presbyterian Church. The MOMS Club of Herndon is a nondenominational group and not affiliated with any religious organization. There is no cost for attending our monthly meetings.

Mentors Needed to Make a Difference

The Reston-Herndon Branch of the American Association of University Women (AAUW) has mentor/tutor openings in its after-school program for girls in third through sixth grade. Consider joining and making a difference, Tuesday afternoons from 3 to 4:30 p.m. at Forest Edge Elementary School.

Fairfax County Schools background check required. Sessions begin Tuesday, Sept. 25. Contact Mary at 703-860-1071.

day of registration, you may register at a following class. www.washingtonplazachurch.com.

MONDAY/SEPT. 17

NARFE Dulles Chapter 1241 Luncheon Meeting. 11:30 a.m., at Amphora Diner, 1151 Elden Street, Herndon. Lunch and discussion with Candidate Kristin Cabral (D) and Congressman Gerald Connolly (D) District 11. \$17. RSVP by Sept. 13 at 703-435-3523.

SUNDAY/SEPT. 23

Cat Adoption. 1-4 p.m. PetSmart, 11860 Spectrum Center, Reston. Every Sunday. Sponsored by Lost Dog & Cat Rescue Foundation. www.lostdogrescue.org.

TUESDAY/SEPT. 25

INOVA Blood Drive. 12-7:30 p.m. Reston Town Center, 11900 Market Street, Reston. Schedule appointments at 1-866-256-6372 or inova.org/donateblood.

Hill, and a 2008 graduate of Oakton High School.

Abigail Marchesseault of Herndon is listed on the fall 2011 honor roll with distinction at Southern Methodist University, Dallas, Tx.

Herndon residents **Sakethnath Are** (Personal Essay/Memoir), **Andrew Huang** (Personal Essay/Memoir), **Anna Jordan** (Poetry and Personal Essay/Memoir), **Emma Kitchen** (Short Story) and **Lucia Liu** (Poetry) have won regional recognition in the 2012 Scholastic Writing Awards.

SCHOOL NOTES

Danielle Neuberger of Herndon has been named to the fall 2011 dean's list at Rochester Institute of Technology's B. Thomas Golisano College of Computer and Information Sciences.

Air Force Airman **Andrew L. Wong** graduated from basic military training at Lackland Air Force Base, San Antonio, Texas, after training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills. Wong earned distinction as an honor graduate. He is the son of Jean Wong of Briargrove Court, Oak

OBITUARY

Paula Swift, 76, Dies

FROM PAGE 5

the USSR disappeared, Peace Links declared victory and closed shop. Mrs. Swift worked on many of the group's projects including its annual fundraising dinner, dance and auction.

Sylvia Sabo, wife of Rep. Martin Sabo (D-Minn.) lead projects in many areas always aided by the other "Hearts."

Mrs. Swift was a retired teacher, a mother of two girls, three grand-daughters and one great-grandson. She was 76 and had just celebrated her 56th wedding anniversary. Memorial services will be held on Saturday, Sept. 22 at 1 p.m. at the Everly-Wheatley Funeral Home, 1500 West Braddock Road, Alexandria, VA 22302. There will also be a memorial service for her in Washington State at a later date.



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Trip Without a Fall

By KENNETH B. LOURIE



Recently, for the first time in nearly two years, I took a trip without having my car. Significant to me in that not "having my car" meant not being able to transport/have all my cancer things. And by "things" I mean all the not-prescribed-by-my-oncologist supplements I have assimilated into my treatment regimen. "Things" that are not particularly well-suited or even allowed on an airplane; impractical, but allowed on most other public conveyances, however. Specifically, I refer to gallon containers of my alkaline water (100 oz. per day), pureed asparagus which I refrigerate and "tablespoon" eight portions of a day, organic apple cider (32 oz. bottle) from which I mix a tablespoon in with my alkaline water twice a day, Green Tea extract – another liquid from which I "drop" 4 mL per day, and baking soda (I don't want to bring white powder onto a plane) which I mix with my alkaline water once a day, typically washing down my 10 raw almonds and pancreatic enzyme pill. All part of a routine I have maintained rather assiduously ever since I was diagnosed with stage IV non-small cell lung cancer back in late February, 2009.

Given the fact that I am alive and still writing three and a half years after receiving a "13-month to two-year prognosis," it is a routine which presumably has contributed something (along with the standard "lines" of chemotherapy with which I have been infused and now on to an oral medication) to my amazing survivability (median life expectancy for my type of cancer is eight months; 10 percent survive beyond 5 years). And so, any time the opportunity or even suggestion has been made for me to travel away from home, where the logistics of getting to and from would have prevented me from being able to have my cancer "things," it has been met with very little enthusiasm – by yours truly. I don't know which I've feared the most: starting chemotherapy in early March 2009 or stopping any of the routine I described in the previous paragraph, a routine I truly believe has contributed positively to my overall health. (And there will be no backsliding, either. Perhaps a few modifications. I do remain open to suggestions.)

Nevertheless, a unique set of circumstances presented themselves in July (an invite, actually) and so I decided to fly with my wife, Dina, to Bozeman, Mt. to spend a weekend with a family – the Knightons (former teachers from her high school, along with their three sons,) and a close friend, Jeff (from Pensacola, Fl. who was traveling with his wife, Sherril), all of whom (save for Sherril) have been major influences in Dina's life, but due to time and distance had rarely been seen over the years. I certainly didn't anticipate dying on the trip simply because I wouldn't be able to drink my normal 100 oz. of alkaline water, with or without all my magic ingredients. However, breaking my routine does give me pause.

And this was the first 'pause' in a long time. And I was anxious, and afraid. But no, I wasn't second-guessing myself. However, I was looking forward to returning home afterward and resuming my drinking (you know what I mean). But given what the reunion (of sorts) meant to Dina, and knowing – from previous first-hand experience, the quality of the individuals involved, we bought the tickets and away we went.

To say that the trip exceeded my expectations would be disparaging to any and all "expectations." I had a great time. My wife, Dina, had a great time. And most importantly, Kenny-with-cancer (one of my handles, unfortunately) had a great time, one I will remember for years to come. The Knightons were beyond gracious and hospitable. Jeff, Dina's friend from high school and his wife were super cool. Montana was magnificent and my routine wasn't so routine. I survived just fine. I suppose now I'll have to live with the consequences of my actions. In fact, I'm counting on it.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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21 Announcements

21 Announcements

21 Announcements

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Join the Virginia Department of Rail and Public Transportation (DRPT) Sept. 18, 24 or 27 at a public meeting to discuss the Super NoVa Transit/TDM Vision Plan Draft Recommendations for bus, rail and TDM programs to connect VA, MD, WVA and D.C. DRPT strives to provide reasonable accommodations and services for persons who require special assistance to participate. Contact the Title VI Compliance Officer at (804) 786-4440 or TDD 711. Public comments on the plan will be accepted until October 18, 2012
www.SuperNoVaTransitVision.com

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SPORTS



Oakton senior quarterback Kyle Downer threw three touchdown passes and ran for one during a 28-21 victory against South County on Sept. 7.



Oakton senior Andy Boone stiff-arms a South County defender during the teams' matchup on Sept. 7 at South County Secondary School.

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

QB Downer Leads Oakton Football Past South County

Senior throws three touchdown passes, runs for one.

BY JON ROETMAN
THE CONNECTION

Oakton quarterback Kyle Downer and the Cougar offense were on the field for all of six plays during the third quarter of their matchup against South County on Sept. 7. Meanwhile, the Stallions scored a touchdown, recovered an onside kick and reached the end zone a second time.

The South County football team had seized momentum, using an effective ground game to move the ball, chew up clock and keep the ball out of Downer's hands.

While his opportunities were limited in the third quarter, Downer made up for lost time in the fourth, using his right arm and his legs to assure Oakton remained undefeated.

Downer threw a 40-yard touchdown pass and scored on a 32-yard run in the final quarter, and the Oakton defense forced a turnover on downs in the red zone with 1:04 remaining as the Cougars defeated the Stallions, 28-21, at South County Secondary School.

"[The Stallions] took control of the tempo in the third quarter," Oakton head coach Jason Rowley said. "I think we only snapped the ball on offense [six] times and they got the onside kick ... But like I told the players, facing that adversity, that's what they're going to face week in and week out in the

Concorde District. This is a great win for our program."

One week after beating Madison, 35-13, Oakton improved to 2-0 with a victory of the nail-biting variety, thanks in large part to the performance of Downer. The Cougar field general completed six of 13 passes for 116 yards and three touchdowns, and carried nine times for 47 yards and a score.

"We'll go as far as Kyle Downer can take us," Rowley said. "He is a great football player. He can do it with his feet, he can do it with his arm, he just does a great job. He is the leader of our team."

Downer found Andy Boone for a 29-yard touchdown late in the first quarter, tying the score at 7-7. Late in the first half, Downer threw a 37-yard touchdown pass to Kelly Brooks-Muse, giving the Cougars a 14-7 advantage.

Oakton trailed early in the fourth quarter when Downer and Brooks-Muse connected for a 40-yard score, leading to a 21-21 tie. On the Cougars' next possession, Downer scampered 32 yards for what proved to be the winning touchdown with 7:22 remaining.

"That's a great team. They've been tested in battle," Downer said about South County, last season's Division 5 state runner-up. "I have so much respect for that team because they play us hard every single year and it just gives us that much more confidence moving forward."

The Oakton defense also came up big down the stretch. With the Cougars leading 28-21, South County drove the ball down to the Oakton 10-yard line with less than two minutes remaining. After stopping Stallions running back LeVaughn Davis for a two-yard gain on first down, the Cougars forced three straight incomplete passes, re-



Oakton senior Kelly Brooks-Muse hauls in a 37-yard touchdown pass from Kyle Downer on Sept. 7.

sulting in a turnover on downs. Junior defensive back Eric South, who snagged an interception earlier in the game, broke up the fourth-down pass near the goal line.

"I didn't have great coverage," South said about the fourth-down play, "but luckily I was able to get a tip on it."

South County dropped to 0-2 with its second straight gut-wrenching defeat. The Stallions lost to Hayfield, 36-35, in their season opener, failing on a two-point conversion attempt in the closing moments. South County rushed for 245 yards against Oakton and Stallions quarterback David Symmes scored three touchdowns on the ground, but it wasn't enough.

"Last year we were [11-4] and we're a lot closer to being a good team at this point this year than we were at this point last year," said South County head coach Gerry

Pannoni, whose Stallions started 0-3 in 2011. "Last year in this game we got beat 21-7 and it wasn't close. This year we left points on the board and we made some little mistakes. We correct the little stuff we're going to be OK—we're going to be good."

"We'll go as far as Kyle Downer can take us."

—Oakton football coach Jason Rowley

Oakton's home opener is Friday, Sept. 14 when the Cougars take on Woodson at 7:30 p.m. Oakton opens Concorde District play on Oct. 5 when the Cougars host Herndon.