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News

Growing Hope in Vienna

Free 7th Annual Walk & Family Fun Day supports childhood cancer partnerships.

By Donna Manz THE CONNECTION

or families looking for free family fun, look no further than the Vienna Town Green on Saturday, Sept. 29. For the seventh consecutive year, the Optimist Club of Greater Vienna hosts its annual Walk & Family Fun Day for Growing Hope, a local nonprofit resource dedicated to supporting children with cancer and their families.

The event, featuring a fundraising walk, refreshments donated by local vendors, moon bounce, balloon artist Marsha Gallagher, a face painter, dunk tank, storytime, and

music, is free of charge, and runs from 10 a.m. to 2 p.m. Donations are welcomed, and proceeds from a raffle and silent auction, with prizes donated by community businesses, go directly to the Optimists' childhood cancer-fighting campaign. Growing Hope receives 75 percent of Vienna childhood cancer fundraising and the Johns Hopkins pediatric oncology research program receives the remaining 25 per-

"One thing that Growing Hope does that we believe is special is to provide very personal, hands-on support, not just to the children who are being treated in the two clinics, but also to their families," said Growing Hope Walk and Family Fun Day chair Sara Byrd Goldberg. "How can you really help a child with cancer and ignore the parents, siblings and maybe, even, grandparents?

"We think the beauty of Growing Hope is that it is a small nonprofit organization, and it can react quickly to needs it sees each day. It doesn't have to wait for a formal quarterly board meeting to make a decision. It has a clear mission statement and a small, well-informed board."

GROWING HOPE was founded in 1998 by a group of Northern Virginia parents, many of whom have lost children to cancer, coping with the effect of the disease on their children and their families. It operates out of the only two pediatric oncology offices in Northern Virginia.

Goldberg described the evolution of the partnership between the Optimist Club of Greater Vienna and Growing Hope. When Optimist International (OI) encouraged all clubs to sponsor a childhood cancer campaign to reinforce OI's mission to be "the leading force to rid the world of childhood cancer, then-club president Barbara McHale called upon member Bob McCormick to form a committee to find a local organization that was doing something special with childhood cancer. McCormick met the "story lady," a volunteer with Growing Hope. It didn't take much time for McCormick and his committee to rec-



The Jones family supports Growing Hope and the Optimists' Walk & Family Fun Day.

ognize they had found the "perfect" partner in Grow-

Since the launch of the local campaign, the Vienna Optimists have raised more than \$236,000.

'Growing Hope looks at the whole family, not just the sick child," said Growing Hope board member Paula Lackey, who lost one of her two children diagnosed with cancer to the disease. "Siblings, relatives, anyone important in that child's life, are part of our family."

Goldberg noted that every dollar the club raises stays in the area. "We know that we're supporting an organization that's just down the street, caring for local children suffering from cancer and their families. Many of us Optimists have met some of these kids, their families and GH workers at our annual Walks. We've seen and heard for ourselves the caring commitment Growing Hope makes and carries out every day. We know we're making a huge difference in the lives of these kids and their families. We're raising money so that Growing Hope can provide onthe-spot love and care to these children and their families that we would do if we could. Growing Hope acts for us."

Vienna Optimists contribute all of the events' proceeds to Growing Hope and to the pediatric oncology research program at Johns Hopkins University and Medical Center.

"In a rash moment, I said that our goal this year is to raise \$50,000," said Goldberg. "I know that we will raise more than we did last year, and I'm counting on our wonderful community to help take us to \$50,000. We can't do this by ourselves. We need community support."

THE OPTIMIST CLUB of Greater Vienna Walk & Family Fun Day for 'Growing Hope' is on Saturday, Sept. 29, from 10 a.m. to 2 p.m. on the Vienna Town Green, Maple Avenue East and Mill St. Local elected officials are expected to visit. To learn more about the Optimists' childhood cancer fight, go to www.optimistclubofgreatervienna.org.



Diane Rice displays the rain barrel her husband made from an old pickle barrel. There's a spigot for

Touring Vienna Homes, Gardens

Vienna Sustainability Garden Tour showcases innovative, conservative ideas.

> By Donna Manz The Connection

he 2nd Annual Vienna Sustainability Home & Garden Tour is a paean to conservation and a resourceful means of creating sustainability. From homemade deer fencing to energy-efficient homes, the 11 homes and single business participating in the Sept. 16 tour showcased vegetable and flower gardens that thrive in Northern Virginia.

The Town of Vienna Department of Parks and Recreation produced a map marked with each participating property, and the public had the opportunity to tour as many as they wanted between noon and 4 p.m. on Sunday. Most of the homes were clustered in the Ayr Hill district of Vienna, but a few can so simply put together deer were scattered around town. fencing using ordinary Home Participating homes were marked by a sign.

Many of the visitors were

looking for deer barriers, deerdeterring plants, and native plants that flourish in Virginia's climate and clay soil.

"I wanted to know what can grow in our area," said Jemma Bishop, who returned to the U.S. after living out of the country for many years. "We have a problem with deer. I was trying to grow vegetables and flowers, but had to give up. During the night, animals would come and eat everything."

Jemma and Donald Bishop made Susan Stillman's house their first stop. Stillman has raised plant beds and deer-resistant plants and herbs growing. She created what she calls "cheap and easy" removable deer fencing to protect her vegetables.

"It didn't occur to me that you

SEE VIENNA GARDENS, Page 16

News

The first apples of the year, from blush to green to red, are announcing fall's return.



Рното ву Donna Manz

Fall Farmers' Market Brings Best of Autumn

Vienna market showcasing pumpkins, root vegetables and hardy flowering plants.

"It's a time when the

astounds, cabbages are

is king, and you'll see

parsnips, carrots and

fall lettuces, sweet

and gourds."

in all their glory, broccoli

beets galore...wonderful

potatoes, and pumpkins

- Market Master Sarah Jane Brady

variety of apples

he peaches are gone from market and tomatoes are nearing the end of their summer run. In their stead, however, are the hues and textures of the fall harvest... pumpkins, new-season apples and cider, root vegetables, broccoli, gourds and winter squash, and hardy cool-weather flowers.

The Vienna Farmers' Market—on Church Street, in the caboose parking lot—is transitioning from summer harvest to fall specialties, all this under

sunny blue skies and crisp air. If you've been waiting for that first seasonal bite of crunchy, juicy locally-grown apples, now is your

"Fall harvest is my favorite season," said Market Master Sarah Jane Brady. "It's a time when the variety of apples astounds, cabbages are in all their glory, broccoli is king, and you'll see parsnips, carrots and beets galore...wonderful fall lettuces, sweet potatoes, and pumpkins and gourds.'

Brady remarked that it is this time of year—fall—that pork is extra-flavorful. "Fall is an inspirational time for the cook who can make creative pies, breads, jams and tarts from root vegetables and

fruits," Brady said.

Pumpkin prices range from \$2 for a tiny one to approximately \$5 for a medium-sized one. Larger ones may be priced by the pound. Chestnuts are now falling off their trees at Kuhn's orchards, and are sold at \$6 a pint. Around the Vienna market, early-season varieties of apples in shades of red, blush and green are showing up and are priced starting at about \$2 a pound. Butternut squash is around \$1 a pound and sweet potatoes are selling in the \$2 a pound

price range.

The Vienna Farmers' Market runs through the last Saturday in October, and is closed during Oktoberfest on June 6. The market, operated by the Optimist Club of Greater Vienna, is open from 8a.m. to noon. For information on the market and updates on weekly focuses, go to www. viennafarmersmarket.com

"We like to run our market as a family, so it's from our family to your family," Brady said.

-Donna Manz

VIEWPOINTS

What do you like the most about the fall farmers' market?

-Donna Manz



Dan Gropper, Vienna

"It is the fall crop, the slight fall chill in the air, the students who have just returned to school and are exploring the vegetables that are available for the first time this season."



Bella Bulhoes, 7th grade, Vienna

"I like all the fresh fruits and veggies...the apples, the pumpkins. They're really pretty. And I like the gourds that are all different shapes. I like to see the really big vegetables; they are fun to see."



Jill Roberts, Vienna

"I like the apples at Khun's, and I like that there is, usually, a fall lettuce crop, like arugula. The weather makes it more pleasant. I come every Saturday, even in the heat of summer. I just like coming. The market helps me transition to fall."



Gertrud Bojo, Vienna

"Everything is beautiful. I like the flowers, the displays are nicely-done. Pumpkins, beans, maybe some baked goods at some time."





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BULLETIN BOARD

To have community events listed in the Connection, send to vienna@connectionnewspapers.com. Deadline is Friday.

THURSDAY/SEPT. 20

Chapter 227, Vietnam Veterans of America Inc. Chapter Meeting. 7:30 p.m., at Neighbor's Restaurant, 262D Cedar Lane, Cedar Lane Shopping Center, Vienna. The chapter invite all veterans, friends and the general public to attend; a WWII Women Army Corps veteran will discuss her military service from a woman's perspective. 703-255-0353 or www.vva227.org.

TUESDAY/SEPT. 25

Business Education Series. 11:30 a.m.-1 p.m., at Tysons Corner Mall in the Microsoft Store, 1961 Chain Bridge Road, Tysons Corner. "How the Experts Use Microsoft Office to Save 30 Minutes a Day," presented by the Reston Chamber. 703-707-9045.

Inova Blood Drive. Noon-7:30 p.m., beside the Pavilion near Williams-Sonoma, Falls Church. Monthly on the 4th Tuesday. 1-866-256-6372 or www.inova.org/donateblood.

ONGOING

Ongoing Coffee/Tea Poetry Group.

Poets and poetry lovers in the McLean, Tyson's Corner, Falls Church and Vienna areas seek to form a group to meet once a month at a local coffee/tea shop to enjoy each other's creations. If interested contact Lily at 703 819-1690.

Women's Center Fall Workshops.

Various times at The Women's Center, 127 Park Street NE, Vienna. For a full list of classes and registration go to thewomenscenter.org or call 703 281 2657, ext. 276.



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WEEK IN VIENNA

Community Meetings on Proposed Garage

The Town of Vienna will host two informational community meetings for a proposed municipal parking structure at 120 Church Street NW on Thursday, Sept. 27, from 2 to 4 p.m. and 6 to 8 p.m. in Town Hall Council Chambers, 127 Center Street S. The meetings are free and open to anyone interested in learning more about this proposed project.

On Aug. 15 and 16, the town held three informational sessions on this topic and, based on comments and feedback, is holding these additional meetings in September to provide the public with updated information. New information to be discussed on Sept. 27 includes a depiction of an onstreet loading/unloading zone in front of the proposed mixed-used development, additional parking spaces on the ground floor of the parking structure, sight line projections from Maple Avenue and a depiction of the most significant portion of the local environment in comparison to the proposed structures.

For more information on this project, visit www.viennava.gov/ index.aspx?NID=959.

Deadline for Nominations for Leadership **Awards**

Leadership Fairfax (LFI) will present its annual Northern Virginia Leadership Awards at the NVLA Luncheon on Thursday, Nov. 8, 2012 at Westwood Country Club in Vienna, from 11:30 a.m.-2 p.m. The NVLA Awards is the premier forum in Northern Virginia to celebrate leaders who make a difference in the community.

We invite you to participate by nominating an individual, nonprofit, or corporation that exemplified community-wide leadership during the 2012 year. Nominations may be made via the Leadership Fairfax website at www.leadershipfairfax.org/nvla and are due by COB Thursday, Sept. 20, 2012. Details about each award are on the website.

Tickets: members, \$60 and nonmembers, \$75.

For questions contact Danielle Wallace at 703-752-7518.

For sponsorships and table sales information contact Jolie Smith. LFI '11 at 703-752-7553.

Week in Vienna

From Page 6

McLean AAUW to Host Open House

The McLean Area Branch of the American Association of University Women (AAUW) invites all members and interested persons to an open house on Sunday, Sept. 23 at 2:30 p.m. at the McLean Community Center (1234 Ingleside Ave., McLean). At the open house, you will be introduced to the Special Interest AAUW Groups: Around Town, Bridge, Current **Events and Great Decisions Discus**sions, International Coffee and Cultural Exchange and Literature Groups. You will also learn about volunteer opportunities at the Pimmit Center, as well as working with middle and high school girls in STEM (Science, Technology, Engineering and Math) programs, and AAUW Lobby Corps.

AAUW's mission is to advance equity for women and girls through advocacy, education, philanthropy and research. Recipients of the McLean Branch AAUW local scholarships attending George Mason University and Trinity College will tell you their stories. Contact Mary Ellen at 703-790-5550.

Business Bank Promotes Doug McAlpine

The Business Bank promoted Doug McAlpine to the position of senior vice president, commercial lending and business development. McAlpine will serve commercial clients in the McLean, Tysons and Vienna markets.

McAlpine joined the Bank in April 2012. He has an extensive banking career with an emphasis in financing residential and commercial construction projects as well as all types of commercial permanent loans.



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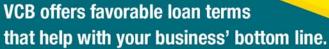
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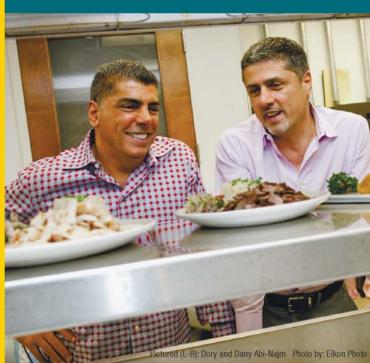


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- Dany Abi-Najm, Co-Owner, Lebanese Taverna



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OPINION

Bill of Rights Makes Democracy Work

Rare opportunity to see George Washington's copy of the Constitution and the Bill of Rights.

n June 22, 2012, the Mount Vernon Ladies' Association emerged from intense bidding at a Christie's auction in New York, securing George Washington's personal copy of the Acts of Congress. The price at the auction was just under \$10 million.

This week, this volume containing George Washington's personal copy of the Constitution, the Bill of Rights, and other legislation passed by the first session of Congress, with his handwritten notes in the margins, went on display at the Mount Vernon Estate, on Constitution Day which was Monday, Sept. 17. The book will be on display at Donald W. Reynolds Museum and Education Center at the Mount Vernon Estate through President's Day in February 2013.

It is certainly worth the trip to see.

The Constitution and the Bill of Rights, the first 10 amendments, are a model of spare writing, packing every word and phrase with meaning, anticipating much and providing a framework for future. Here is the text of the Bill of Rights, courtesy of the Library of Congress. I cannot imagine that 500 words anywhere from any era convey so much power. These 500 words are what make democracy

A BILL OF RIGHTS as provided in the Ten

the United States in force December 15, 1791. **Article I**

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.

Article II

A well regulated Militia, being necessary to the security of a free State, the right of the people to keep and bear Arms, shall not be infringed.

Article III

No Soldier shall, in time of peace be quartered in any house, without the consent of the Owner, nor in EDITORIAL time of war, but in a manner to

be prescribed by law.

Article IV

The right of the people to be secure in their persons, houses, papers, and effects, against unreasonable searches and seizures, shall not be violated, and no Warrants shall issue, but upon probable cause, supported by Oath or affirmation, and particularly describing the place to be searched, and the persons or things to be seized.

Article V

No person shall be held to answer for a capital, or otherwise infamous crime, unless on a presentment or indictment of a Grand Jury, except in cases arising in the land or naval forces, or in the Militia, when in actual service in time of War or public danger; nor shall any person be subject for the same offence to be twice put in jeopardy of life or limb; nor shall be compelled in any Criminal Case to be a wit-

Original Amendments to The Constitution of ness against himself, nor be deprived of life, liberty, or property, without due process of law; nor shall private property be taken for public use, without just compensation.

Article VI

In all criminal prosecutions, the accused shall enjoy the right to a speedy and public trial, by an impartial jury of the State and district wherein the crime shall have been committed, which district shall have been previously ascertained by law, and to be informed of the nature and cause of the accusation; to be confronted with the witnesses against him; to have compulsory process for obtaining Witnesses in his favor, and to have the Assistance of Counsel for his defence.

Article VII

In Suits at common law, where the value in controversy shall exceed twenty dollars, the right of trial by jury shall be preserved, and no fact tried by a jury shall be otherwise re-examined in any Court of the United States, than according to the rules of the common law.

Article VIII

Excessive bail shall not be required, nor excessive fines imposed, nor cruel and unusual punishments inflicted.

Article IX

The enumeration in the Constitution, of certain rights, shall not be construed to deny or disparage others retained by the people.

Article X

The powers not delegated to the United States by the Constitution, nor prohibited by it to the States, are reserved to the States respectively, or to the people.

— Mary Kimm, MKIMM@CONNECTIONNEWSPAPERS.COM

LETTER TO THE EDITOR

Energy Efficiency: It's in our Homes and Wallet

To the Editor:

The word sustainability scares some people, but energy efficiency just makes common sense and is one of the ways that sustainability becomes tangible for people. As we encounter rising energy costs in every aspect of our lives, it just makes sense to make our homes and the systems that run them cheaper and more environmentally responsible. We spend much of our time at home with family and friends, and homes have a huge impact on energy consumption and the health of the planet. The good news is that you can take charge and make a big difference. The (LEAP) in Charlottesville, Va. has helped many families in Central Virginia and Northern Virginia.

LEAP helps people save money over time on their energy bills by assessing the house and replacing

or fixing parts in the house. They use the best products while also not spending a fortune up front. The homeowners create a budget for themselves for the project, and LEAP has financial incentives to encourage homeowners to make the improvements.

Retrofitting your home to make it more affordable and more energy efficient could mean installing new systems into an existing structure by replacing old parts with new modern parts or it could mean anything from new insulation, new triple pane low energy windows, or changing the kind of light bulbs you use. Many will argue that reforming transportation and cutting down on automotive use is the first priority. While it is true that cars cause carbon dioxide pollution and major headaches, people still need to get around. Not many people are Local Energy Alliance Program - willing to truly give up driving. I'm one of them. According to Department of Energy, the energy used in buildings account for 75 percent of electric power consumption in the United States and half of the greenhouse gas emissions. According to

a talk by Edward Mazria, founder of Architecture 2030, energy consumption in the building sector is 50.1 percent of the total energy consumption in the country while 27.6 percent is accounted for in the transportation sector. More energy is being consumed and wasted in homes and businesses, which impacts the family budget and our quality of life. Heat and cool air flows out of your home from old windows, doors, and small openings, and therefore you not only waste energy but you pay more to waste that energy. The average household spends \$534 on heating alone each year, but by retrofitting your home you could keep energy in your home and save a lot of money.

a resident Charlottesville, retrofitted her home in 2009 for \$5,849. To date she has saved over \$9,000 on her energy bills, and one benefit of retrofitting your home is that the savings can continue indefinitely.

The first step in making your home more energy efficient is to start with the low cost projects such as caulking and sealing cracks around doors and windows. Following that would be maintaining your HVAC system and getting rid of dust around vents and coils. Finally, replace windows, appliances, and HVAC equipment if needed with energy efficient models.

A house is a machine for living in said the famous architect Le Corbusier. We are tasked with keeping it in working condition. Turning your house into a place that is unique and good for you, your family, and the Earth we share is what makes a house a sustainable home—financially and environmentally. So, update your appliances like washers and dryers and air conditioners. They use twice the amount of energy as any of your other appliances. Invest in an Energy Star© rated product. It will reduce your bills, use much less energy, and last longer.

Kate Stabler

Vienna

Kate Stabler is a 4th year architecture student at the University of Virginia with a minor in Environmental Sciences.

Vienna & Oakton

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Teaching Kids About Money

Experts offer advice on raising financially savvy children.

BY MARILYN CAMPBELL The Connection

oney comes from Ian, a 7-yearold boy from Arlington, who is missing his front teeth.

"My parents got it from an ATM," said 6-year-old Claire when asked about the origins of the \$10 bill that she was using to buy a scoop of chocolate ice cream.

Financial experts say that as soon as children are aware of the purchasing power of money, parents should start teaching them

how to use it wisely. Children who develop sound financial habits when they are young will become adults who know how to budget, save and use credit judiciously.

"No matter how young a child is, they can always learn good money practices," said Theresia Wansi, an associate professor of finance at Marymount University in Arlington, "What matters in life is not how much money you earn, but how you manage your finances. We hear stories all the time about people who make millions and end up broke."

Potomac, Md., resident Glen Buco, president of West Financial Services, says many financial advisers in his McLean, office

are also parents who are passing help them develop a budget usalong penny-wise know-how to their children. "When their children receive money, the parents



Ilham Nasser, Ph.D., of George Mason University in Fairfax, says parents can teach children delayed gratification by using simple games like 'Simon Says.'



Herndon resident Theresia Wansi, Ph.D., of Marymount University in Arlington, encourages parents to help children keep track of their money by writing down the amount they spend each day.

Photos courtesy of Marymount University



Theresia Wansi, Ph.D., who teaches finance at Marymount University in Arlington, believes that those who develop sound financial habits when they are young will become adults who know how to budget, save and use credit judiciously.

ing a "three bucket system," said one is for spending and one for

Experts like Buco say wise shop-Buco. "One bucket is for saving, ping is a key component of money smarts: "When children want PRIVATE SCHOOLS

Applying to Private Schools: Starting the Process

As the application period gets underway, local independent school officials offer suggestions.

START SURFING. "I would encourage parents to visit a variety of school websites to get a feel for the wide range of fabulous independent school options available. A comprehensive directory of schools with website information [can be found at http:// www.independenteducation.org].' Mimi Mulligan, assistant head and director of admission and enrollment management, Norwood School, Bethesda, Md.

WATCH AND RUMINATE. "Observe your child and think about the learning style that's best for him or her. What are the values of your family? What are your hopes for your child's education?" Diane Dunning, director of admission and financial aid at St. Stephen's & St. Agnes School, Alexandria.

AVOID FOLLOWING THE PACK. "Don't be swayed by popular opinion or reputation. Instead, visit every school you're considering, talk to current or alumni parents and students, and then decide whether that school may fit your child's interests, personality and needs." Tim Simpson, director of admission, Bullis School, Potomac, Md.

ESTABLISH PRIORITIES AND START SLEUTHING. "Create a list of five or 10 things that are important to you and your child. Check the athletic schedules and the theatrical and fine arts performance schedules, which are posted on the websites of [independent schools]. You should come to those events ... because the more time you spend on a campus, particularly at an event that is not run by an admissions office, you're going to get a much better sense of what that [school's] community is like. For example, do you see students there who you could see yourself being friends with? Do you like the way that the adults are interacting with the students in the community?" asked Ann Miller, director of admission, Madeira School,

MAKE A LIST AND CHECK IT. "List out the schools you think you may want to apply to and check on their application processes and deadline dates. Many schools have parts of the application that are extremely time sensitive, such as signing up for admission testing as well as filing for financial assistance." Pat Harden, director of admissions and financial aid, Connelly School of the Holy

DEAL WITH STICKER SHOCK. "Don't eliminate a school from your search because of the cost of tuition without looking into financial aid [or] merit and scholarship awards that may help reduce the cost." Scott Conklin, director of admissions, Episcopal High School of Virginia,

Child, Potomac, Md.

FIND A CLEAR PICTURE. "When considering schools, take a moment to actually visit the campus and ask the tough questions. A school's website may or may not be the full picture. The question for the parent is, how real is the image they are seeing online? A few conversations with parents and teachers go a lot farther in this regard. Ask admissions officers what their schools' mission is, how it is different from that of other schools and how they implement the mission." Rich Moss, director of admissions, The Heights School, Potomac.

GET ORGANIZED. "Finally, once you have decided that you will be applying to a school for your child, get out that calendar again and write down all deadline information – application deadline, financial aid deadlines, supporting documents and testing deadlines." Mimi Mulligan.

Marilyn Campbell

items like clothing or electronics, help them develop a budget with the money they've saved and then shop around," he said. "One of the mothers in my office helped her 9-year-old daughter shop for shoes online by comparing prices, looking for discounts and free shipping."

Ilham Nasser, an associate professor of early childhood education at George Mason University in Fairfax, says impulse control is often a stumbling block to financial stability. "Parents can teach selfregulation by using techniques like

SEE TEACHING, PAGE 11

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Public Hearing on the McLean Community Center's FY 2014 Budget

Thursday, Sept. 27, 2012 at 7:30 p.m. at the Center.

The current fiscal year (FY 2013) has a tax rate of 2.2 cents per \$100 of real estate assessment, reduced from the previous fiscal year's rate of 2.3 cents.

Residents who wish to speak at the Public Hearing are asked to call 703-790-0123, TTY: 711, to be placed on the speakers' list. Written comments may be delivered to the Center's address (shown below), marked "Attention: Executive Director," or sent by email to ellen.barial@fairfaxcounty.gov.

Copies of the proposed budget will be available during the public hearing.



The McLean Community Center
1234 Ingleside Ave., McLean VA 22101
703-790-0123/TTY: 711
www.mcleancenter.org

ENTERTAINMENT

Send announcements to vienna@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com

WEDNESDAY/SEPT. 19

Photography Competition. 7:30-9:30 p.m., in the Lecture Hall of Thoreau Middle School, 2505 Cedar Lane, Vienna. The Vienna Photographic Society will hold a photo competition; the optional theme of this competition is "Blue," meaning that the main image must focus on the color. Members may submit, including people who join that night. 703-801-6106 or www.vps-va.org.

AE3. 8 p.m., at Jammin Java, 227 Maple Ave. E, Vienna. Quality live music at a local venue. \$12. 703-255-1566 or http://jamminjava.com.

FRIDAY/SEPT. 21

4th Annual Keep Tysons Moving Event. 7:30-9 a.m., at Capital One Bank Headquarters, 1680 Capital One Bank, McLean. In the next year, two major transportation projects in the region will wrap up construction and begin operations - providing new travel options to those who work, live and play in Tysons Corner. 517-419-6104 or 495ExpressLanes.com/keeptysons-moving.

SATURDAY/SEPT. 22

Fifth Annual College Fair. 10 a.m.-3 p.m., The Church for All Nations, 8526 Amanda Place, Vienna. Korea Daily will host the fifth annual college fair event sponsored by McDonald's. http://collegefair.koreadaily.com/fair/.

American Legion Post 180 Meet and Greet. Noon-3 p.m., at 330 Center St., N., Vienna. Hot dogs, soft drinks, and a DJ. 703-938-9535.

Model Railroad (HO Scale) Open House and Display. 1-5 p.m. Historic Vienna Depot, 231 Dominion Road NE, Vienna. The layout depicts the Western North Carolina Railroad (now a portion of the Norfolk Southern) during the period of transition from steam to diesel. Free, donations accepted. www.nvmr.org or 703-938-5157.

Fairfax Symphony Orchestra:

Masterworks I. 8 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. \$25-\$55. 703-563-1990 or www.fairfaxsymphony.org.

SUNDAY/SEPT. 23 Ninth Annual Super H 5K Run, Walk and Wheel. 7 a.m.

registration, 8 a.m. race. Tysons Sport & Health, 8250 Greensboro Drive, McLean. Registrants can walk, run or use their wheelchairs or handcycles through the event which benefits MedStar National Rehabilitation Network's adaptive and paralympic sports programs for those with disabilities. \$25. medstarnrh.org

The Oakton Trolley Station
September Showcase. 5 p.m., at
2923 Gray Street, Oakton. The
Northern Virginia Conservation Trust
(NVCT), a Virginia based non-profit
land trust that has been a leader in
land conservation for almost 20
years, hosts. \$50. www.nvct.org.

MONDAY/SEPT. 24

Comedy Showcase. 8 p.m., at Jammin Java, 227 Maple Ave. E., Vienna. Free comedy show in the lobby bar. www.jamminjava.com.



"Lancaster Landscape" by Gabriego, Acrylic. "Landscapes from Abstraction to Realism," featuring Gabriego and 15 other artists at the Vienna Arts Society's Gallery in the Village Green, 513 Maple Ave. W, Vienna, will be on open to the public Tuesdays through Saturdays from 10 a.m.-4 p.m. until Sept. 29. Contact 703-319-3220 or visit www.ViennaArtsSociety.org for more information.

SATURDAY, SEPT. 29

Behind the Superheroes with Marc

Tyler Nobleman. 11 a.m., at Oakton Library, 10304 Lynnhaven Place, Oakton. Nobleman will be reading from Bill the Boy Wonder: The Secret Co-Creator of Batman, an all-ages picture book biography of Bill Finger, the unsung co-creator behind the worldwide legend of Batman as part of the Fall for the Book Festival. www.fallforthebook.org.

ONGOING

"Suite Surrender." 8 p.m., 7 p.m. and 2 p.m., at the 1st Stage in Tysons, 1524 Spring Hill Road, Tysons Corner. Michael McKeever's comedy, playing Fridays at 8 p.m., Saturdays at 2 p.m. and Sundays at 2 p.m. and 7 p.m. through Oct. 14. \$15-25. 703-854-1856 or www.1ststagetysons.org



REFLECTIONS, an Exhibition of Artworks in Many Media

The exhibition is open 10 a.m.-4 p.m., Tuesdays through Saturdays through Sept. 29 at the Vienna Art Center, 115 Pleasant St., NW, Vienna. 703-319-3971 or www.viennaartssociety.org.

"Quiet, Hear the Loon," acrylic, by Pauline Lorfano, won first place.



Teaching Kids About Money

From Page 9

telling their children to count to 10 or take a deep breath or by playing simple games like 'Simon Says' to teach delayed gratification."

Wansi says children should also be taught to keep track of the money that passes through their hands. "Everyone should have a spending diary," she said. "Use a spreadsheet where the child lists what they spend. They might see that they are spending much more than they thought they were."

Setting financial goals and working toward them is another strategy for managing urges to spend money frivolously. "Everyone can set short-term, intermediate and long-term financial goals," said Wansi. "The goals you set have to be realistic and specific in measurable terms. For example, 'I am going to get a part-time job to save for a \$2,000 car in six months."

WHEN IT COMES TO LEARN-

ING to save, experts say to start early. "Even an elementary school student who has \$5 can be taught to save \$2 in a piggy bank," said Wansi. "When they are old enough to open a savings account, they can save money there."

Parents can help their children understand expenses and how simple actions can save money by allowing them to see bills, due dates and the amount of money owed.

"If your children leave lights on all over the house and you yell at them, they're not going to get it. You have to share your bills with your children," said Wansi, who lives in Herndon. "When my kids were away at college, my bill was around \$100 dollars ... and when they came back [for a school break] it was \$500. I took the bills for them to see and they were amazed that a bill could be that expensive. Then everybody starting turning off lights without being asked.'

Nassar suggests parents use a show and tell approach: "Part of raising a child is being a role model and showing an ability to manage expenses," she said. "When you go to the grocery store, take your children and say, 'We have \$100 today and we need to get these things. Let's see which are the most important things. Help them think about priorities."

Understanding credit is critical part of financial management, says Wansi: "In the U.S., it is hard to live without good credit. Teach children the advantages and pitschool, it is important for children to understand the importance of good credit. I've talked to high school students who didn't know that when you use credit cards you have to pay the money back."

Buco says that debit cards might be a good alternative. "I've seen parents use these when their

falls of credit. Beginning at middle kids go off to college," he said. "They would put money in the account and the kids can use the debit card. Several parents in my office who have 12- and 13-yearolds have set up debit cards with zero balances. When the kids find something they want to buy, [they can] move money out of savings into checking."







Here's What's Happening at MCC

Jammin' Juniors

Two of a Kind

Wednesday, Sept. 19, 12:30 p.m. McLean Central Park

Free lunchtime concerts for preschoolers

Insider Knowledge Forum

Dance & Dessert

Wednesday, Sept. 19, 7:30 p.m. Free admission



Harvest Happenings

Saturday, Sept. 22, 11 a.m. -2 p.m. \$5 per person/Free, infants- 36 months

Jammin' Juniors

Vanessa Trien & the Jumping Monkeys

Wednesday, Sept. 26, 12:30 p.m. McLean Central Park Free lunchtime concerts for preschoolers

MCC Governing Board

Public Hearing on FY 2014 Proposed Budget

Wednesday, Sept. 27, 7:30 p.m. Open to the public



the Warriors

Saturday, Oct. 6, 8 a.m.

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We're partnering with Acumen Solutions for their 4th Annual Race for a Cause[™] 8K and 1Mile Fun Run race on Sunday, October 14, 2012 in Arlington, VA.

Alexandria and Fairfax Region Boys and Girls Club will be one of 10 charities benefitting from the race and it's up to the runner or walker to pick which charity their donation will benefit. \$2,000 in combined prizes will be awarded to top race winners.

Please choose the Boys and Girls Club – Alexandria Olympic and Fairfax as your charitable preference!

Location: Arlington, VA

Date: October 14, 2012 • **Time:** 8:00 A.M.

The race will be on a fast out-and-back, flat course that begins and ends on North Quincy Street near the intersection of Wilson Boulevard. Runners of all levels, as well as walkers, are encouraged to participate. For more information and to register, visit: http://communications.acumensolutions.

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OPEN HOUSES SATURDAY/SUNDAY, SEPTEMBER 22 & 23

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click on the "This Week in Real Estate" link. **Call Specific Agents to Confirm Dates & Times**

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To add your FREE Realtor represented Open House to these weekly listings, please contact Don Park at 703-778-9420, or donpark@connectionnewspapers.com All listings are due by Monday at 3 P.M.

SPORTS

Senior Captain Katie Clark and the Marshall field hockey team went 4-0 at the two-day Herndon Invitational on Sept. 14-15.



Рнотоѕ въ CRAIG STERBUTZEL/

Marshall Goes Undefeated, Places Third at Field Hockey Invite

Scoring format leaves Statesmen out of championship game.

> By Jon Roetman The Connection

he Marshall field hockey team won each of its four games during the two-day Herndon Invitational, improving its record to 9-2. But while Marshall experienced success at the event, it was a game the Statesmen didn't get to play that left them frus-

Marshall defeated Yorktown, 2-1, in the tournament's third-place game on Sept. 15 at Herndon High School. Despite going undefeated, the Statesmen were left out of the championship game due to the event's scoring format. Instead, Herndon, which Marshall beat during first-day action, faced Fairfax in the first-place game, which Fairfax won, 4-0.

Teams earned five points for a win in regulation, four points for a win in overtime and three for a win in strokes. Teams received two points for a loss in strokes, one for a loss in overtime and zero for a loss in

Marshall won once in regulation and twice in strokes prior to the final round for a total of 11 points. Herndon won twice in regulation and lost to Marshall in strokes for a total of 12 points.

"We lost to [Marshall] in sudden death penalty strokes," first-year Herndon head coach Mary Miller said. "I don't know how you settle that with points."

The Statesmen were less than pleased with the outcome.

"Yeah, it was definitely frustrating," Marshall senior captain Katie Clark said. "... It's a little bit annoying that we couldn't make it [to the championship game], but we'll play Fairfax later again in [the Liberty District I.

Marshall head coach Christina Carroll said the Statesmen were hoping for a matchup with the Rebels.

"It would be nice to play in the championship game," she said. "We wanted to play Fairfax when we saw the pools in the first



Senior Captain Madeleine Lewsen and the Marshall field hockey team defeated Yorktown in the thirdplace game of the Herndon Invitational on Sept. 15.

place. I'm friends with the coach, we're all friendly and we have a lot of players who are friends with each other from both teams from playing club and it's a nice rivalry matchup. It would be nice to play them before we have to see them in the regular season."

Marshall defeated W-L, 2-1, in strokes and Herndon, 3-2, in strokes during first-day action. Junior forward Allie Johnson scored Marshall's regulation goal against W-L.

Against Herndon, senior captain Madeleine Lewsen, a midfielder, and Clark scored in regulation. After overtime, the teams remained tied after the first round of strokes. The Hornets came up empty in the sudden death round of strokes before Lewsen scored the game-winner.

On Sept. 15, Marshall defeated Battlefield, 5-0, before beating Yorktown in the third-place game. Junior forward Kelly Mills scored a pair of goals against Battlefield and Lewsen, Clark and senior captain Maggie MacDonnell, a defender, each scored one. Against Yorktown, Clark and senior midfielder Katrina McLeod each scored a

"With each game we get better," McLeod said. "We act more as a team, we play more like a team and it will only get better from here.

Clark leads Marshall with 11 goals and four assists this season. Lewsen has nine goals and two assists. Each made the alltournament team.

"Those two," Carroll said, "really work well together."

Sports Roundups

Madison Football Beats Hayfield

The Madison Warhawks defeated the Hayfield Hawks, 24-17, for the Warhawks' second win of the season. Madison's hard-hitting defense held the explosive Hayfield offense in check for most of the night with seven sacks and four fumble recoveries. The special teams blocked a punt in the end zone for the gamewinning touchdown.

Late in the fourth quarter with the score tied at 17 and Hayfield backed up inside its 10-yard line, Ben Sanford blocked Hayfield's punt attempt and Cory Hall recovered the ball in the end zone for the winning score. As the clock wound down, Hayfield mounted one last drive into Madison territory before the Warhawks came up big with three sacks to end the game and seal the win.

Coming into the game, Madison figured to have its hands full with Hayfield's speedy offense, and the Warhawks responded with a ferocious pass rush that pressured the Hawks offense for the entire game. Tom Wagaman, Nick Hoy, Dan Schwab, John Yilmaz, Cory Hall, and Sanford combined for seven sacks. Kyle Mancini, who had two fumble recoveries, and Jake Hall, who caused two fumbles, led Madison's defensive backs in containing the speedy Hawk receivers. Hard-hitting linebacker Jordan Durham caused a fumble and recovered a fumble.

On offense, Ian Cooke ran for 47 yards and a touchdown. Most of Cooke's yards came in the fourth quarter as the Warhawks controlled the clock, keeping the Hawks offense off the field. Dan Powers passed for 179 yards and Tom House had five receptions for 127 yards. Two-way player Schwab caught a 5-yard touchdown pass.

Hayfield tied the score at 17-17 with six minutes left in the game on a wonderful 75-yard catch and run by one of its speedy running backs. But the Warhawks dug deep for the game-winning punt block and one last gutty stand on defense as the clock ran out. Madison's next game, and first district game, will be at home against the McLean Highlanders at 7:30 p.m. on Friday, Sept. 21.

Marshall Names Softball Coach

George C. Marshall High School has hired Missy Whittington as its new head softball coach. Whittington spent the last two seasons as a varsity assistant at Madison, where she played on a state championship team and is a member in the hall of fame. Whittington's sons graduated from Marshall, where they excelled in the classroom and in a number of sports.

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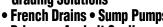


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OBITUARY

Helen Clara Clohan, 87, of Ashby Ponds, Ashburn, Va passed away on Saturday, September 8, 2012 at her home.

Born April 28, 1925 in Weidhofen, Austria, she was the daughter of the late Georg and Maria Grabenschweige Steinbach. In addition to her parents she was also prede

ceased by her brother Friedel Steinbach and her beloved sis ter, Hermine (Mini) Steinbach Kornherr (husband Otto). She and her family moved to the United States and she was educated at Chicago, IL. She and her husband lived briefly in Martinsburg with her late mother-in-law, Pauline (Speck Clohan and after that at Silver Spring, MD and then McLean

She will be dearly missed by her husband, Paul Speck Clohan, Sr.; children, Paul S. Clohan, Jr. (wife, Pat) and Gary Clohan (wife, Chris Olsen); grandchildren, Tracy Katherine Clohan, Christopher Paul Clohan, Daley Clohan, and Mitchell Alexander (Mac) Clohan; great-grandchild, Ashleigh Nichole Brown; two great-grandchildren; nieces and nephews, Walter Kornherr, Guinthilde (Kornherr) Sopjer, and Ulrike

(Kornherr) Baltzer; and grandnieces and nephews, Berr Kornherr, Nina Kornherr, Martin Sojer, Miriam Baltzer, and

Helen was homemaker, an adventurous cook and superb gardener. She loved bridge and snow skiing in the western US and Canada. She enjoyed traveling and made friends everywhere she went, and she loved visiting her family abroad. She was intellectual up to her time of passing and before her recent illness enjoyed attending concerts, plays

Memorial services will be held at 10 a.m. on Friday, Septem-

ber 21, 2012 at Ashley Ponds in Ashburn, Va. Arrangements

and all the various museums in the Washington DC area Interment prayers were said on Wednesday, September 12, 2012 at 11a.m. at Pleasant View Memory Gardens, Martins-

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25 Sales & Auctions

25 Sales & Auctions

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21 Announcements

21 Announcements

TRUSTEE'S SALE OF VALUABLE IMPROVED REAL ESTATE

Improved by the premises known as 8894 Windy Ridge Way, McLean, Virginia

In execution of a Deed of Trust from David J. Cho, also known of record as Jae Yong Cho, and Eun Jung Cho, dated July 13, 2007, and recorded July 18, 2007, in Deed Book 19461 at page 918, and re-recorded September 21, 2007, in Deed Book 19577 at page 1053 among the Land Records of Fairfax County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Fairfax County, at 4110 Chain Bridge Road,

Tuesday, SEPTEMBER 25, 2012 at 1:00 p.m.

the following property being the property contained in said $\mbox{\sc Deed}$ of Trust, described as follows: Lot 9, Resubdivision of Parcel 1A, FOS-

TER SUBDIVISION, as the same appears duly dedicated, platted and recorded in Deed Book 11178 at page 1032, among the Land Records of Fairfax County, Virginia

Commonly known as 8894 Windy Ridge Way, McLean, Virgin-

TERMS OF SALE: A deposit of \$100,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the bal ance of the purchase money being due and payable within fif-teen (15) days after sale, time expressly being of the essence, with interest at the rate of 7.125 percent per annum from date of sale to date of settlement. Provided, however, that if the or sale to date or settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

 $\qquad \qquad \text{Any defaulting purchaser shall forfeit} \\ \text{the deposit and stand the risk and cost of resale.} \\$

Sale shall be made subject to all exist ing easements and restrictive covenants as the same may law fully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, re strictions, rights of redemption of federal lienholders or encum brances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit

The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' associa-tion dues and assess-ments, if any. Purchaser also shall be responsible for obtain-ing possession of the property at his/her expense. Purchaser shall assume the risk of loss and shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of title, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or requ lar assess-ments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.

Sale is subject to post-sale confirmation that the borrower did not file for protection under the U.S. Bankruptcy Code prior to the sale, as well as to post-sale confirmation and audit of the status of the loan with the loan servicer including, but not limited to, determination of whether the borrower entered into any repayment agreement, reinstated or paid off the loan prior to the sale. In any such event, the sale shall be null and void, and the Purchaser's sole remedy, in law or equity, shall be the return of his deposit without interest. Additional terms may be announced at the time of sale. This is a commube used for that purpose.

DAVID N. PRENSKY nication from a debt collector and any information obtained will

FOR INFORMATION CONTACT: David N. Prensky Chasen & Chasen 5225 Wisconsin Avenue, N.W. #500 Washington, D.C. 20015 (202) 244-4000

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The Burke Connection The Fairfax Connection The Fairfax Station/Clifton/

Lorton Connection

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Centre View South Zone 5: The Potomac Almanac Zone 6: The Arlington Connection

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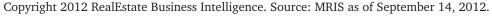
HOME SALES

in the Vienna and Oakton area.

This week's list represents those homes sold in the \$1,750,000-\$373,500 range.

The complete list visit www.ConnectionNewspapers.com

Address							
3001 WESTHURST CT							
11104 PRINCE EDWARD CT	5 5 1 6 5 1	OAKTON	\$1,714,300	Detached	2.49 . 2	22100 22124	DOGWOOD KNOLLS
2901 DORIAN DR	7 7 1	OAKTON	\$1,400,000	Detached	0.83 . 2	22124	MURTHY MANORS
11424 MEADOW LAKE CT							
405 SURREY LANE #6							
401 SURREY LANE LN #8							
224 TAPAWINGO RD SE	5 6 1	VIENNA	\$1,324,900	Detached	0.38 . 2	22180	VIENNA WOODS
11268 DEROSNEC DR							
							TYSONS CREST
403 SURREY LANE #7							
400 SURREY LANE SE	5 4 1	VIENNA	\$1,262,640	Detached	0.25 . 2	22180	SURREY ESTATES
							COVENTRY SPRINGS ESTATES
9107 RIDGE LN 9467 CORAL CREST LN							
912 DESALE ST							
							AIRSTON AT FOX MILI
							LLOYD HILL ESTATES
							WENDOVER OAKS
3204 WHEATLAND FARMS DR 925 GLYNDON ST SE							WHEATLAND FARMS
609 WARE ST SW							
							VIENNA WOODS
							WENDOVER BURCHS ADDITION TO
1725 DREWLAINE DR							
							WAPLES MILL MANOF WYANT PROPERTY
							BLUFFS OF WOLF TRAF
2737 SUTTON RD							
							CEDAR RUN
							CARPERS FARM
10005 CARPERS FARM CT							CARPERS FARM AVON PARI
2739 OAKTON PARK CT							
220 LAWYERS RD NW	4 2 1	VIENNA	\$850,000	Detached	0.34 . 2	22180	WINDOVER HEIGHTS
2701 PONY FARM CT							
							A COUNTRY PLACE EDGEMOORE
9511 ROCKPORT RD							
3207 HISTORY DR							
9921 STEEPLE RUN							
							WOLFTRAP MEADOWS
							SHOUSE VILLAGE RESERVE AT TYSONS CORNER
2794 MARYWOOD OAKS LN							
							ASHLAWN
							MAINS AT FLINT HILL THE
							CINNAMON CREEK
2173 WOLFTRAP COURT	3 3 1	VIENNA	\$665,000	Townhou	se 0.05 . 2	22182	COURTHOUSE WOODS
							VIRGINIA CENTEF
							FAIRWAY MANOR ESTATES OAKTON GLEN
904 SHADY DR SE							
10958 STUART MILL RD							
							WESTWOOD TOWNS
1112 FAIRWAY DR NE							
2106 FREDA DR 2602 OAKLEDGE CT							
1737 BURNING TREE DR							
3002 PHYLLMAR PL							
9919 CORSICA ST							
11404 VALE RD							VALE SPRING WOODS CINNAMON CREEK
8524 ACORN CIR	4 2 1 3 2 1	VIENNA	\$600,000	Detached	0.33 . 2	22102 22180	DI INN LORING WOODS
607 ROBERTS DR							
2513 SWIFT RUN ST	4 3 1	VIENNA	\$585,000	Detached	0.29 . 2	22180	STONEWALL MANOF
9323 TALISMAN DR							
906 WARE ST SW							VIENNA WOODS
904 MYERS CIR SW							
9603 CENTER ST	5 2 1	VIENNA	\$570,000	Detached	0.40 . 2	22181	BARRISTERS PLACE
2542 MARYMOUNT LN							
1923 BYRD RD 2106 ELUNA CT							
2057 PIERIS CT							
2912 FAIRFAX METRO LN							
1740 PROFFIT RD	4 2 0	VIENNA	\$543,000	Detached	1.97 . 2	22182	SPRING LAKE
9945 MURNANE ST							
9808 OLEANDER AVE							EDGELEA WOODS
2730 OAK VALLEY DR							
308 BRANCH CIR SE							
304 PATRICK ST SW	3 2 0	VIENNA	\$494,900	Detached	0.25 . 2	22180	VIENNA WOODS
9624 MASTERWORKS DR							
							CONCORD VILLAGE TREEBROOKE
2931 WATERFORD CT	4 3 1	VIENNA	\$455,000	Townhou	se 0.04 . 2	22181	WATERFORD
							STONEWALL MANOF
							ARROWOOD
2991 CASHEL LN							
9642 SUTTON GREEN CT							
7974 TYSON OAKS CIR	3 2 2	VIENNA	\$415,000	Townhou	se 0.03 . 2	22182	COURTS OF TYSONS
and an armine transfer and the particular and the p	2 2 1						DUNN LORING VILLAGE
	0 0 1						
2956 VALERA CT							
	3 2 2	VIENNA	\$399,000	Townhou	se 0.03 . 2	22180	DUNN LORING VILLAGE
2956 VALERA CT	3 2 2 2 2 1 3 2 0	VIENNA VIENNA VIENNA	\$399,000 \$394,000 \$390,000	Townhou Garden 1- Detached	se 0.03 . 2 -4 Floors 2 0.25 . 2	22180 22180 22180	DUNN LORING VILLAGE WESTBRIAR PLAZA VIENNA WOODS





Maple Avenue Market owner Chris Guerre sells locally-produced meats, foods, produce and dairy that meets his high standards of purity and production. He grows vegetables on his own two-acre farm in Great Falls, as well.

Vienna Gardens Open to Visitors

From Page 3

Depot kind of materials," Donald Bishop said.

IN STILLMAN'S FRONT **YARD**, her little raised-bed garden sits surrounded by asters, native honeysuckle, lavender and rosemary. The decorative plot attracts bees, butterflies and hummingbirds. Deer do not eat herbs so herbs do not need protection.

Across the street from Stillman's house, at the home of Diane and Ed Rice, is a landscape of complex gardening and conservation techniques. Ed Rice takes raised beds a step further from the usual by blending his own soil for maximum nutrition and drainage. The Rice's vegetable garden holds cauliflower, eggplant, coriander, beets, squash, basil and more. Ed Rice constructed the rain barrel that was once a pickle barrel and a greenhouse.

Maple Avenue Market, going on four years old, responded to the demands of the local community by creating a yearround farmers'-type market in the heart of Vienna. Owners Chris and Sara Guerre offer locally-produced produce, meats and dairy products that meet the Guerre's high standards of purity and sustainable farming. Guerre has to know where the ingredients come from before he buys a finished product. The

Guerres themselves produce vegetables they sell at their market and at farmers' markets in Northern Virginia.

THE GUERRES actively support Real Food for Kids, a grassroots organization working to get healthy, nutritional lunches into school cafeterias. They have donated fresh vegetables from their own Great Falls two-acre farm to local schools and groups promoting healthy childhood eating.

"We're living very much in an age of wellness, a pretty good time for farmers," said Guerre. "A lot of people are acting on feeding their families better, protecting the environment.

"But an age of wellness hasn't made it into school cafeterias, yet. That really burns me up that there's such a great positive response to this but we haven't been able to make a lasting and significant change to school lunches."

N.F. Gabbert and her daughter stopped by Maple Avenue Market while on the sustainability tour. The pair was looking at native plants and locally-grown produce. Gabbert said she buys mostly organic, sustainably-grown produce.

"This store is fantastic," Gabbert said, looking over the produce and the shelves. "I support businesses that give back to the community."