

County Gets Election Ready

NEWS, PAGE 3

Bank Design Examined

NEWS, PAGE 5

Tree Removals Postponed

NEWS, PAGE 4

The trees at Georgetown Pike and Walker Road are the subject of a community debate centered around their removal.

Fall Sale & Specials!!!

**Extensive
Selection**

**Excellent
Value**

**Superior
Service**

**Expert
Craftsmen**

CUSTOM STAIR RUNNERS & RODS



CUSTOMIZE YOUR RUG SIZE & COLOR



NEW STYLE WALL-TO-WALL CARPET



mirage HARDWOOD FLOOR SALE!



mirage
Unique Reflection of Quality

**SERVING YOU
SINCE 1998**

**OPEN
SUNDAYS**

703-759-9200

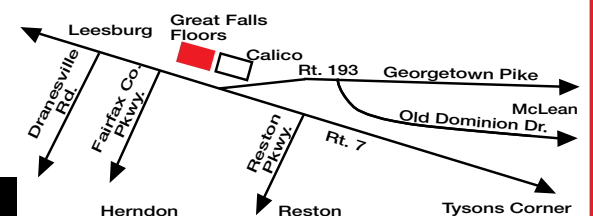
Monday through Saturday 10-6 • Sunday 12-4 • VISA • Master Card • Discover • AMEX

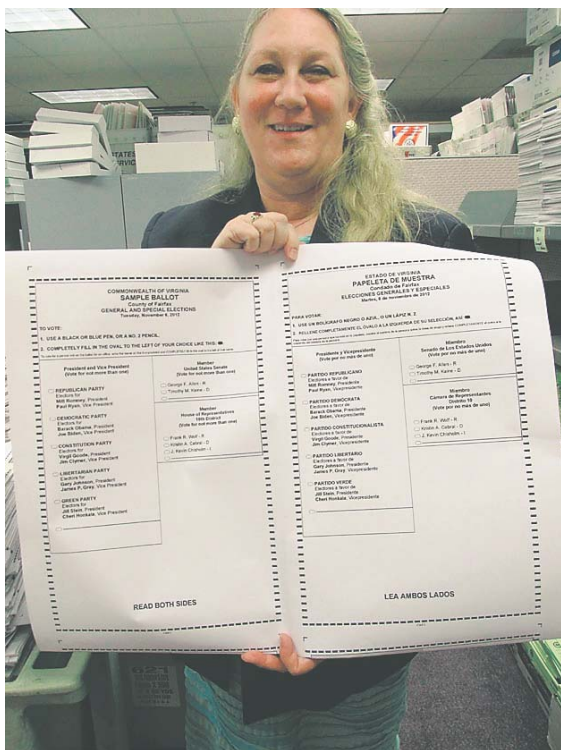
Great Falls Floors

EXCELLENT REPUTATION FOR OUTSTANDING SERVICE & SUPERIOR CRAFTSMANSHIP

GREAT FALLS

Rte. 7 and Georgetown Pike (Route 193)
Seneca Square (Next to Calico Corners)
1025-K Seneca Road





Cameron Quinn, Fairfax County's chief elections official, holds up a sample ballot in the County's office of elections.



In addition to the optical scan voting machines, every polling place will be equipped with WINvote "touch-screen" machines, which have been used in Fairfax County since 2003. These touch screen machines are designed to provide voters with disabilities the ability to cast their votes unassisted. Luke Baranyk, voting machine custodian, demonstrates the touch-screen technology.

Are You 'Election Ready?'

Fairfax County prepares voters for new election measures.

BY VICTORIA ROSS
THE CONNECTION NEWSPAPERS

Frustrated by a bad economy, empty promises and echo-chamber politics, voter apathy is at an all-time high across the nation. According to a recent USA Today poll, about 90 million American voters, nearly 40 percent of those registered, won't go to the polls this year.

The same is not true in Fairfax County, where 79 percent of the County's registered voters cast their ballots in the 2008 elections, compared to a dismal 38 percent nationally. And nearly 90 percent of eligible voters, about 721,000 out of 800,000, have already registered to vote in Fairfax County.

But a slew of changes—from congressional redistricting to new voter ID laws—may leave even the most committed voter stymied at the polls this year.

"The good news in Fairfax County is that almost everyone who is eligible is registered to vote," said Cameron Quinn, Fairfax County's chief election official. "Our problem in Fairfax County is not voter apathy, and it's not getting people to register. What we don't have is every registered voter registered at their correct address."

Quinn said voters, especially those who only vote during presidential elections, get complacent about where they vote or who their candidate is. She calls them "cicada" voters, who go into their cocoon every four or more years, and emerge thinking that nothing has changed.

"These are voters we want to reach now," Quinn said, "The most important thing is to check your voter status before Monday, Oct. 15," Quinn said. "Are you, in fact, registered? Have you moved? Do you know

VOTER CHECKLIST: KNOW BEFORE YOU GO

- ❖ Voters with any questions about voting this Election Day can visit two comprehensive websites for answers: The Virginia State Board of Elections website at www.sbe.virginia.gov and The Fairfax County Office of Elections website at www.fairfaxcounty.gov/voterinfo.
- ❖ Call: If you don't find the information you need at the websites, call the Office of Elections at 703-222-0776.
- ❖ Fairfax now has a free smartphone mobile app to check your registration and other voting information. Download the free app by searching Fairfax County Government at the App Store (coming soon to Android Market) or go to <http://www.fairfaxcounty.gov/news/mobile/>. Once you download the app, look for the Vote icon.
- ❖ By Monday, Oct. 15:
- ❖ Update your registration, or you may not be able to vote if you have moved since you last registered.
- ❖ To check if your registration is correct, go online at www.sbe.virginia.gov/register, or call the Office of Elections at 703-222-0776.
- ❖ If you are not registered, or need to update your registration, complete a Virginia Voter Registration Application, which you can download at <http://www.sbe.virginia.gov>, or call 703-222-0776.
- ❖ By Tuesday, Oct. 30:
- ❖ Virginia does not have "no excuse" absentee voting. If you want to complete a Virginia Absentee Ballot Application, download from www.SBE.Virginia.gov, or call 703-222-0776. to have one sent at The Office of Elections must receive the ballot by 7 p.m. on November 6th
- ❖ Election Day, Tuesday, Nov. 6.
- ❖ Polls will be open from 6 a.m. to 7 p.m.
- ❖ It's Voter ID, not "Photo" ID: When you arrive at your polling place, a voting official will verify that your name is on the registration list. Voters will be asked to present **one** valid form of identification. It can be any of the following:
 - ❖ A Virginia Voter Registration Card
 - ❖ A Social Security Card
 - ❖ A valid Virginia Driver's License
 - ❖ Any official ID Card issued by a Virginia government or Federal government agency
 - ❖ An employee ID Card with photo of the voter issued by an employer
- ❖ If you are unable to provide any of the above, you can sign an "Affirmation of Identity" statement affirming your identity under felony penalty for making a false official statement.

if your precinct changed during redistricting? You must update your voter registration if you have changed your address or name, or you may not be

SEE COUNTY, PAGE 6



PHOTO CONTRIBUTED

U.S. Secretary of Labor Hilda L. Solis, U.S. Rep. Gerry Connolly (D-11), Sharon LeGrande of Northern Virginia Family Services, and John Jumper, chairman and CEO of SAIC, talk to a student enrolled in the Training Futures program during a visit to the facility in Tyson's Corner.

NVCC Consortium Receives Grant

Department of Labor's \$12 million grant will go to training IT workers.

BY ALEX McVEIGH
THE CONNECTION

A consortium led by Northern Virginia Community College received a \$12 million grant from the Department of Labor Thursday, Thursday, Sept. 27. The consortium is a partner of the Northern Virginia Family Services Training Futures program, which trains workers in science, technology, engineering and technology fields, and has graduated more than 1,500 people since its launch in 1996.

The program facilities are located in donated space at the SAIC building in Tysons Corner. SAIC CEO John Jumper said that this program will be essential to the area's technological future.

"It's estimated that there will be 300,000 jobs in IT areas by 2020. In contrast, the Northern Virginia Community College and George Mason University together each year will graduate about 1,200," he said. "What this grant allows us to do is to extend [Training Futures] to Manassas and to focus on IT workers so that this region can have the supply of IT workers it needs going into the future."

Training Futures graduate Taehum Park credited the programs with helping update his skills in a field where it is always necessary to be on the

cutting edge.

"Training Futures has given me real skills in modern IT, they didn't change my hard drive, but basically they gave me a reformat," he said.

Once people complete the program, which can include up to 25 credits at NVCC, there are local companies that have programs looking for them. Multivision, a Fairfax-based IT company, has its own experience with hiring previously unemployed IT workers. They started local development program which put more than 200 unemployed workers in IT jobs. Ashwin Bharath, director of information technology, spoke at the grant announcement and recalled how they started the program.

"At the peak of the recession in 2008, we looked into hiring unemployed IT programmers that had legacy skills, but not the latest skills. But to our great surprise, we found that these programmers never had the skills required in the current industry," he said. "So we started a pilot program, hiring four past IT programmers, unemployed, and trained them for eight full weeks. We found after the training, we employed all four of them."

More information on Northern Virginia Family Services can be found at www.nvffs.org.



PHOTO BY ALEX McVEIGH/THE CONNECTION

The trees located at the corner of Georgetown Pike and Walker Road, scheduled to be removed starting Oct. 1, will be evaluated by a community arborist before a final decision is made.

Tree Removals Postponed

VDOT delays tree removal so community, County, can have arborist examine tree.

BY ALEX McVEIGH
THE CONNECTION

The Virginia Department of Transportation has postponed the removal of two white oak trees at the corner of Georgetown Pike and Walker Road, allowing the community to hire an arborist to examine the two trees.

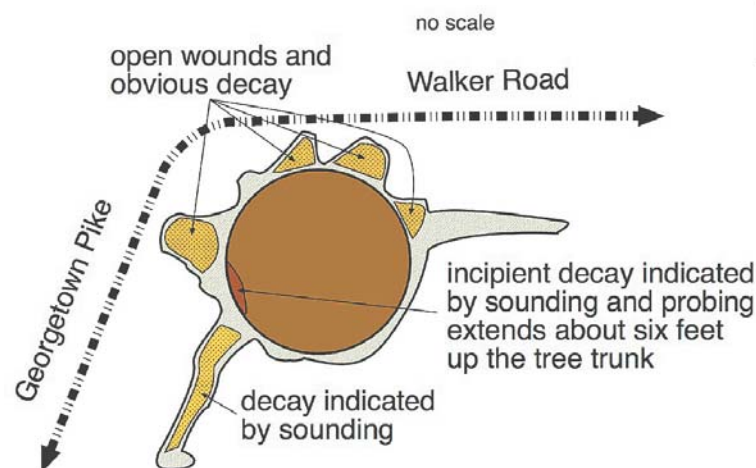
They previously announced Sept. 18 that the two trees would be removed as part of the removal of 59 other dead or dying trees in the area, a decision that came after a resident was killed after a tree fell onto his car just west of the two in question.

The Great Falls Citizen Association Board voted to request a delay in their removal, and VDOT announced Sept. 28 that the community should hire an arborist to assess the health of the two trees. VDOT will also consult with a Fairfax County arborist.

THE TREES were scheduled to be removed over three days, starting Oct. 1, as a result of the report given by an arborist hired by VDOT.

Edward Milhous, a certified arborist with Trees Please of Haymarket, Va. was contracted by VDOT to inspect the trees. His inspection included a walk around, checking points by conducting a visual inspection, "sounding" with rubber mallets and inspecting the tree crowns with binoculars. No invasive procedures were performed.

"The tree in the corner has a slight lean toward the intersection. The problem with that tree is there



The report from arborist Edward Milhous on the tree at the intersection of Walker Road and Georgetown Pike, which Milhous recommends be removed.

is a lot of open and obvious decay around both corners. I suspect that tree has been hit by cars, snowplows and who knows what. They widened the road some years ago, [in 1977], and they certainly did damage to those trees when they widened the road, they couldn't help but do damage," Milhous said.

Milhous's report addressed Tree #1 (located approximately six feet east of Tree #2) and Tree #2 (the one closest to the crossroads). He pointed out that both trees have "significant decay" in the large roots at the trunk, which provide support and anchorage.

His report says that Tree #2 poses a greater risk, being closer to the intersection and with more decay.

"Tree #1 has a fruiting body of the decay fungus 'Inonotus dryadeus' at its base, I was able to probe about 24 inches into its diameter into a cavity nearby," he

said. "Sounding with a rubber mallet indicated that the decay associated with the cavity extends several feet up the tree from the base. Sounding also identified decay in a large exposed root growing on Georgetown Pike."

He concluded that there is a significant risk with Tree #2, and that it should be removed.

"The open wounds and obvious decay involve about half the base of this tree, and this weakened tissue is on the underside of the lean of the tree, meaning it is the compression wood supporting the tree that has been compromised by decay," he said. "Once enough of the area is compromised, the tree will collapse; however, there is no way to know when this might occur."

He estimated maintenance of the tree might cost \$3,000 initially, and \$1,000 to \$2,000 per year while it remains standing.

Milhous said he felt Tree #1

poses a "moderate risk," but would be viable for a few years.

"Since there is no effective treatment for decay, the risk will increase over time. It would also increase some if Tree #2 were taken out," he said. "If it is kept, it should be pruned to reduce the hazard associated with the large dead wood. It should be treated for borers; such treatment may or may not be effective. It should also be inspected on an annual basis and after strong storms."

RESIDENTS at the Sept. 25 meeting were divided on the matter, an informal poll taken among attendees resulted in about half in favor of removal, half against.

Ralph Lazaro, owner of the property the trees live on, says he hopes the trees are removed before anyone else gets hurt.

"Spending money from VDOT or the GFCA to try and extend the life of the second tree is throwing money away, and also dangerous just waiting for the tree to fall," he said. "It has taken the death of one resident to bring this issue to light... what further proof do we need to make the right decision? Is it more important to save a falling tree at a very busy intersection and not regard the safety of our citizens?"

Joan Barnes, a former Transportation committee chair for the GFCA, said she would be concerned about the traffic impact if the trees are removed.

"I will be concerned about safety if the trees are gone. There are studies that show that trees by the sides of our streets slow down traffic, lower accident rates. I believe if both trees are gone, there will be a higher propensity of traffic going southbound on Walker Road will run the yellow light because they think they can see Georgetown Pike."

CONTRIBUTED



**ROBERTS CARPETS
ORIENTAL RUG CO.**

Owned & Operated by the same family for 48 years!

OCTOBER

Karastan
Month
All Carpets
on SALE

Wall-to-Wall Carpet

Shaw Carpet

\$3.00 Sq. Ft.

installed

with 4 lb. 1/2" pad
Expires 10/31/12

Hardwood Flooring

Prefinished
3/4" x 2 1/4"

\$5.99 Sq.Ft.

Materials Only

Oriental Rugs

**ORIENTAL RUG
REPAIR &
RESTORATION**

• Weavers on staff

**ORIENTAL RUG
CLEANING**

• In our cleaning plant

• Wall-to-Wall Carpet
cleaning in your home,
office or high rise

**681 Spring Street,
Herndon**

Around the corner from the Ice House
Across the street from the Fire Station

Hours:

Mon, Tues, Thur & Fri: 9-6

Wed: 9-5

Sat: 9-3

**703-
471-7120**



**Our Installers are
certified, trained
professionals**

Bank Design Examined

Proposed TD Bank would be located at site of Exxon Station.

BY ALEX McVEIGH
THE CONNECTION

Members of the team representing TD Bank made another presentation in Great Falls Tuesday, Sept. 25, providing details about the future of gas stations in Great Falls, as well as an update on the architecture of the proposed building that would be erected on the current site of the Exxon station.

The station ceased pumping gas earlier this month, and auto repair service will continue to run until early next year. The property is owned by Fairfax Petroleum, a wholesale gasoline distributor. Fairfax Petroleum also leases the Shell station across the street, which will eventually be the sole



PHOTO BY ALEX McVEIGH/THE CONNECTION

Sean O'Rourke, an architect with Bergmann Associates, shares his design for a proposed TD Bank in Great Falls at the Grange Tuesday, Sept. 27.

service station and gas station in Great Falls.

"When the Exxon dealer goes over to the Shell, he will be a franchisee, and independent operator, he will control the pricing," said William Crowe, the representative for property owner Joe Mamo. "He will have a purchase agreement for the fuel with us, he will be a ten-

ant on the site, but he will make the decisions on how the business is run, including the price of gas."

MANY RESIDENTS have questioned the decision to close one of two gas stations in Great Falls, but Crowe said the numbers in Great

SEE COMMUNITY, PAGE 15

It's not too late to join in the fun!



VILLAGE GREEN
DAY SCHOOL

Where Learning Feels Like Family

FALL OPEN HOUSE

Sunday, October 14th • 1:00 P.M.–3:00 P.M.

Childcare provided • Please RSVP to 703-759-4049

Preschool – Childcare – School Age After Care –
Montessori – Kindergarten Programs Available
790 Walker Road, Great Falls, Virginia



Faces of the Community

Sozeen Mondlin

- McLean/Great Falls resident for 15 years
- Music lover
- Amadeus Concerts supporter since 2007

"I support Amadeus because they bring professional musicians directly into our community. I find the concerts a delightful way to spend a Sunday afternoon. Plus, I respect Amadeus' commitment to introducing families to quality music by offering free admission to youth."

Experience the passion and joy of music up close

Fine music. Small settings. Artist receptions.

Offering a range of fine music in local settings that encourage guests to linger afterward to meet the musicians.

Amadeus  Concerts

PO Box 543 • Great Falls, VA 22066
703.759.5334 • www.amadeusconcerts.com

SHOP THE COMPETITION FIRST!

703-938-3160



Then come to us for the best selection of quality products, professional installation all at an affordable price. Our references include your neighbors.

FREE ESTIMATES ON INSTALLATIONS

SE HABLA ESPAÑOL

VIENNA FLOORS

ESTABLISHED IN 1984

208 DOMINION ROAD • VIENNA, VA

HARDWOOD — CARPET — WOOD LAMINATES — CERAMIC TILE — SHEET VINYL

WWW.VIENNAFLOORS.COM

Hours: Mon-Fri: 9:00 am - 5:30pm, Sat: 9:00am - 4:30pm

TWO POOR TEACHERS

Kitchen and Bathroom Remodeling

We Bring the Showroom to YOU!!



Free Estimates
703-969-1179

Select your remodeling products from our Mobile Kitchen and Bathroom Showroom and Design Center!!



www.twopoorteachers.com

Fully Insured & Class A Licensed
EST. 1999

**Standard & Premium
Bath Specials!**

**Starting at
\$4,950**

Visit our website
for details!

Special Discount
for Our Great Falls
Neighbors

Karastan
Since 1928

Month
Lowest Prices of the Year!

**Prefinished
Solid Oak
Hardwood Sale!**

\$6.49
Sq. Ft. Installed

"A Tradition of Quality and Excellence — Since 1922"

PARK CARPET

Arlington

4748 Lee Highway

703-524-7275

Dulles

23430 Rock Haven Way #130

703-661-3999

www.parkcarpet.com



News

County Gets Election Ready

FROM PAGE 3

able to vote," Quinn said.

TO CHECK YOUR STATUS, call the Office of Elections at 703-222-0776 (TTY 711) or go to one of the websites listed. "We'd rather people call us with questions now than get frustrated when they go to the polls," Quinn said.

Fairfax County's Office of Election employees have been working overtime the past few months to make sure voters are "election ready" on Tuesday, Nov. 6. In conjunction with the State Board of Elections, the County recently kicked off an intensive voter preparedness campaign to inform and educate voters on changes.

Quinn estimates the election's office currently gets 600 calls every day, and many calls concern the new voter ID measures.

Brian Moran, chairman of the Virginia Democratic Party, said it's important that voters remember that Voter ID does not mean "photo ID."

"There are a number of acceptable forms of Voter ID, and it's important that this issue doesn't discourage voters," Moran said.

In August, the Justice Department signed off on Virginia's new Voter ID law, a bitterly contested measure that some claimed discriminates against minorities. Virginia, one of 16 states with a history of voter discrimination, must receive federal approval under the Voting Rights Act before making any changes to voting law.

The new law, which closed a provision allowing Virginians to vote without identification, also expanded the types of ID accepted at the polls.

Quinn said the State BOE just mailed every voter a new voter card, which was sent to ensure that all voters have at least one acceptable form of identification. She said if voters bring their voter card, they don't need another form of identification.

"Virginia tweaked its voter ID laws this year to allow many new forms of acceptable identification," Quinn said in an online forum.

"Virginia also has mailed a voter information card (or sometimes called voter registration card) for many years. You need some form of identification under Virginia law, and this voter information card is considered an acceptable form of identification," Quinn said.

Other forms of acceptable identification include a driver's license, military ID or current utility bill. For other forms of acceptable ID, visit www.sbe.virginia.gov/votinginperson.html.

In addition to getting voters ready for the general elections, the office has also been preparing to comply with new mandates and changes.

Last year, the state mandated that all voter education material be translated into Spanish. While the County has complied with that mandate, they are still short on election-day volunteers, especially those who are bilingual in Spanish and English.

Norma Rengel — the office's language accessibility coordinator and Patricia Ferguson, the county's outreach coordinator, spent hours last week putting tent cards in cafeterias and lobbies of in the Fairfax County Government Center and other Fairfax County locations to encourage volunteers to call the elections office.

"One challenge for us is to recruit bilingual polling officials, and by law, Spanish is a priority," Rengel said.

Travis Patten, an elections office training coordinator, said about 3,000 polling officials have undergone training since August. "One of the things we're excited about is the electronic poll books," he said, which will allow voters to check in faster, and reduce waiting time.

ON ELECTION DAY, staff will be coming through voter lines with a handheld device called "Ask ED," which contains the entire County voter list to check once again if the voter is in the correct precinct. If there is a discrepancy between what's on the voter's card, and the most current information on the county's election rolls, the staff person will call the registrar's office.

If the voter is trying to vote in the wrong precinct? Best not to argue, or insist on a provisional ballot, Quinn said. According to the Virginia State Constitution, provisional ballots don't count if the voter casts a ballot in the wrong precinct.

"The only way your vote counts is if you are voting in the correct precinct. That's why we don't want people waiting until the last minute. When in doubt, call the elections office. We will pull the most current voter card and match it to our map," Quinn said.

BULLETIN BOARD

To have community events listed in the Connection, send to greatfalls@connectionnewspapers.com. Deadline is Friday.

FRIDAY/OCT. 5

Innovate! 7 a.m.-3:30 p.m., at the Hilton, 7920 Jones Branch Drive, McLean. A one-day conference exploring the economic opportunities of change, and innovative ideas and entrepreneurship area-wide; meet exhibitors, exhibit your company and provoke thoughts into ideas. \$99. <http://www.innovate-nova.com/register>

SUNDAY/OCT. 7

Pet Blessing. 2 p.m., at Trinity United Methodist Church, 1205 Dolley Madison Blvd., McLean. Bring all species of pets, with dogs on leashes and cats/other pets in carriers; photos taken of animals while being blessed. 703-356-3312.

TUESDAY/OCT. 9

NARFE Chapter 1116 Meeting. 1:30 p.m., at the Vienna Community Center, 120 Cherry Street, Vienna. Blue Cross Blue Shield representative and a VFC state legislation chair present. 703-281-5123.

WEDNESDAY/OCT. 10

Staying Safe in the Hospital. Noon, at the Church of the Good Shepherd, 2351 Hunter Mill Road, Vienna. A brown-bag lunch in the fellowship hall where the founder and president of Patient Navigator, LLC, presents. 703-281-3987 or www.GoodShepherdVA.com.

Mums & Fall Flowers Are Here in Gorgeous Colors!



Pansies 97¢
Reg. \$1.89

Bulk Mulch, Fill, Playground Chips and Organic Compost
\$24.99/cu. yd.

50-65% Off Pottery

Washington Area's Biggest Selection

25% off all Spring Blooming Trees, Shrubs and Perennials

Japanese Maples 30% OFF
Over 200 Varieties

FREE ESTIMATES

Landscapes, Patios, Walkways, Walls & Paver Driveways



Cravens Nursery & Pottery

Follow us:   

9023 Arlington Blvd., Fairfax, Virginia
2 miles west of I-495 on Rt. 50.
1 mile from I-66 (Vienna Metro)
703-573-5025
Open 7 days a week
Visit our new Web site:
www.cravensnursery.com

Two Events - One Day with SUN DESIGN!

Saturday, October 13th — 10am-4pm



Free Remodeling and Design Seminars

Saturday October 13th, 2012 **10am-12pm**

Where: 5795B Burke Centre Parkway, Burke, VA 22015 (behind Kohl's)

Seminars:

- 10 Tips for a Stress-Free Remodel
- Reinventing Your Home for Today's Lifestyle

RSVP: info@sundesigninc.com or call Sabrina at 703.425.5588 to reserve your seats.



Remodeled Home Tour - Back by Popular Demand

Saturday, October 13th, 2012 - **12-4pm**

Where: 4724 Holly Avenue, Fairfax, VA 22030
This NATIONAL CotY Award-Winning renovation was transformed from a 1960's, 2-level split foyer, into a traditional, country-style home with added 3rd level and full wrap-around porch.

Special thanks to our sponsors:

tailored living
CLOSETS • GARAGES • PANTRIES
TailoredLiving.com/Reston
Todd Carter | 703-707-0009

DECOR&YOU
LOVE THE SPACE YOU'RE IN
DecorAndYouDC.com
Sandra Hambley
703-599-0648

SUN DESIGN

design/build | additions | kitchens | baths | basements | outdoor spaces
703-425-5588 SunDesignInc.com info@SunDesignInc.com

VISIT MADEIRA



Fall Open House

We welcome you to learn more about our academic programs and school community at a fall Open House.

Sunday, October 14 or
Sunday, November 11

Program begins promptly at 1:00 p.m.

Tour the campus, meet members of the faculty, and learn about all aspects of life at Madeira.

No RSVP required.

For more information, email us at admission@madeira.org or call the Admission Office at 703.556.8273.

MADEIRA

8328 Georgetown Pike • McLean, VA 22102

www.madeira.org

OPINION

Be Prepared: What's on the Ballot?

Early voting (technically voting absentee-in-person) is already underway in Virginia, so you can go out and vote this week.

Every voter in Virginia will vote for a U.S. senator and member in the U.S. House of Representatives, in addition to president of the United States and two constitutional questions.

Two constitutional questions will appear on all Virginia ballots, one about the use of eminent domain and one about the timing of a particular session of the General Assembly to consider overriding vetoes by the governor of legislation that was passed by the assembly. See <http://www.sbe.virginia.gov/webdocs/201211ConstitutionalAmendmentsPoster.pdf>.

In the races for U.S. House of Representatives, it's worth noting that redistricting resulted in significant changes in Northern Virginia in terms of who your U.S. representative will be. If you live in Reston, for example, you were represented by Jim Moran and the 8th district, now you are in the 11th district where the incumbent is Gerry Connolly. Fairfax County is represented by three Congressional Districts, 8, 10 and 11.

In Fairfax County, voters will also decide whether to invest in infrastructure based on

Serve as Election Officer

Election Officers work at the polls on Election Day to ensure elections are run in an honest and well-organized manner. Election officers are paid \$100 - \$200 for the day depending on assignment and locality. Election Day begins by showing up at an assigned polling place before 5 a.m. and remaining on the job until all votes are tallied after the polling places close at 7 p.m.

Requirements to serve as an election officer include: being registered to vote in Virginia; not holding elected office and not being an employee of an elected official; enjoying meeting other people and serving the public; being detail-oriented, able to take direction well and not easily distracted. Election officers must attend training before Election Day. Many officers are assigned to their "home" precinct or a nearby precinct or asked to work in the absentee precinct.

Fairfax County needs 3,000 election officers in its 239 precincts for Election Day. Call 703-324-4735.

Arlington County will need 900 election officers in its 52 precincts on Nov. 6. To apply, visit <https://sites.google.com/site/arlingtoncountypollworkers/apply-now>

The City of Alexandria needs 500 election officers to serve at its 27 precincts. Call 703-746-4050.

four bond questions, answering yes or no to supporting \$75 million for parks, \$55 million for public safety facilities, \$25 million for library facilities and \$30 million for stormwater and sewer improvements. http://www.fairfaxcounty.gov/elections/nov_2012_county_bond_issues.pdf

Last Week to Register to Vote

To vote on Election Day, you must be registered at your current address no later than Oct. 15, 2012. Registered voters should have received a new voter card in the mail by now. You can check your registration status online by visiting the State Board of Elections website at www.sbe.virginia.gov. There you can also download a voter registration form and mail or fax it to your elections office address.

FAIRFAX COUNTY BOARD OF ELECTIONS

703-222-0776
www.fairfaxcounty.gov/eb/
12000 Government Center Parkway, Fairfax, Suite 232, Fairfax, 22035
FAX 703-324-2205
email voting@fairfaxcounty.gov

CITY OF FAIRFAX GENERAL REGISTRAR

703-385-7890
<http://www.fairfaxva.gov/Registrar/GeneralRegistrar.asp>
10455 Armstrong Street, Sisson House, Fairfax, 22030
FAX 703-591-8364
email kevin.linehan@fairfaxva.gov

STATE BOARD OF ELECTIONS

804-864-8901
Toll Free: 800-552-9745
FAX: 804-371-0194
email: info@sbe.virginia.gov
http://www.sbe.virginia.gov/cms/Voter_Information/Index.html

EDITORIAL

Playing by the Rules

BY KENNETH R.
"KEN" PLUM
STATE DELEGATE (D-36)



We teach our children that they have to play by the rules, but sometimes we as adults find ways to bend the rules when it suits our purpose. When governments change their own rules for their convenience, a cynicism sets in as to how serious we were about the rules in the first place. Two examples from Virginia government come to mind.

Under the federal No Child Left Behind (NCLB), public schools are required to demonstrate adequate yearly progress of student achievement in order for schools to be accredited. The rule set by NCLB was not an easy one to meet demonstrating that such a standard was needed. Under the old system of evaluating schools, children were being lost in statistics and were being left behind. Under NCLB, more schools were failing to attain accreditation than the educational or political systems were willing to acknowledge or to justify.

COMMENTARY

A component of the failure of schools to attain adequate yearly progress was the wide differences among ethnic and racial groups. Asians often topped the standards, beating out their white counterparts. Hispanics and blacks lagged behind all other groups in their levels of achievement. Many strategies have been tried and many resources expended to try to close the achievement gap but with limited success.

Virginia and many other states have in recent years resorted to a different tactic to close the achievement gap: change the rules. Virginia was recently granted an exception for which it applied to NCLB allowing it to set different standards for different minority groups. Simply stated under the new standards in Virginia we will expect more from Asian students and less from Hispanic and black students than we do for white students.

The NAACP and other groups have rightly raised objections to the new variable standards. In

education, you get what you expect. Expect less of students, and they will not do well. Within all groups of students there are some individuals who do well. Rather than recognize individual differences, the new system tracks students in a way that I do not believe complies with the Fourteenth Amendment Equal Protection Clause.

One of the explanations for the differences in student achievement relates to the programs and services to which they have been exposed. In recent years as monies have become scarcer, all government programs, including schools, have been reducing programs and services. Too often the

school programs that get cut are those for the students who need them most. How does the Virginia General Assembly reduce funding for schools when the state constitution requires it to fund them?

You guessed it. The Assembly changes the rules. Over the last several years the state Standards of Quality (SOQ) by which schools are funded have been reduced. We "fully" fund the SOQs; we simply do not explain that the SOQs have been reduced.

Our children and our future are cheated when we do not play by the rules. We need to return in Virginia to expecting high attainment for all children and to providing funding to meet that goal.

Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

Letters to the Editor
The Connection
1606 King St.
Alexandria VA 22314
Call: 703-917-6444.

By e-mail: greatfalls@connectionnewspapers.com

Great Falls CONNECTION

www.ConnectionNewspapers.com

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

NEWS DEPARTMENT:
To discuss ideas and concerns,
Call: 703-778-9410
e-mail:
greatfalls@connectionnewspapers.com

Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Chelsea Bryan
Editorial Assistant
703-778-9410 ext.427
cbryan@connectionnewspapers.com

Alex McVeigh
Community Reporter
703-778-9441
[@AMcVeighConnect](mailto:amcveigh@connectionnewspapers.com)

Victoria Ross
County Reporter ♦ 301-502-6027
rosspinning@yahoo.com

ADVERTISING:
For advertising information
e-mail:
sales@connectionnewspapers.com

Salome Howard-Gaibler
Display Advertising
703-778-9421
salome@connectionnewspapers.com

Andrea Smith
Classified Advertising
703-778-9411
classified@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

Editor & Publisher
Mary Kimm
703-778-9433
[@MaryKimm](mailto:mkimm@connectionnewspapers.com)

Executive Vice President
Jerry Vernon
jvernon@connectionnewspapers.com

Editor in Chief

Steven Mauren

Managing Editor

Kemal Kurspahic

Photography:

Deb Cobb, Louise Krafft,

Craig Sterbutzel

Art/Design:

Laurence Foong, John Heinly

Production Manager:

Jean Card

Geovani Flores

Special Assistant to the Publisher

Jeanne Theismann

703-778-9436

jtheismann@connectionnewspapers.com
[@TheismannMedia](https://twitter.com/TheismannMedia)

CIRCULATION: 703-778-9426
Circulation Manager:

Linda Pecquex

circulation@connectionnewspapers.com

NEWS

Harvest Events at the Great Falls Farmers Market

It is harvest time...a time to celebrate the foods that come to maturity in the autumn. What are the new crops bursting forth this autumn? How do you prepare them to highlight their texture, flavor and aroma? These are the challenges of eating in season, summer vegetables in the summer and winter vegetables in the winter—the items depend on the locality where you live. Each season highlights different recipes. The Great Falls Farmers Market celebrates the preparation of local autumn foods: This month, local chefs will work with farmers-market offerings to create some amazing meals. We invite you to watch their cooking and sample their fine results.

Visit www.greatfallsfarmersmarket.org or find us on facebook at www.facebook.com/greatfallscommunityfarmermarket for up to the minute news.

By the way, what are you harvesting this season? What have you made or grown or produced that is ready for you to share? Is there a market for your “crop”—whether fruits and vegetables, or something you made or sewed or carved, or something you wrote, or painted, or baked? Come try out the Great Falls Farmers Market this October. Reserve a seat in the “Great Falls Com-



PHOTO CONTRIBUTED

Maple Avenue Market Farm's fresh seasonal produce looks mighty good.

munity” tent, set up for local residents to sell small quantities of something you have grown or made or produced. Remember, this is a producers market, so you must be the producer of what you are selling. Call Kathleen Murphy 917-673-3149 to reserve a seat or a tent space.

With the flexibility to tackle a to-do list that's two hours or two days, it's easy to understand why fred is the first name in home improvement. Scheduling one of our industry certified craftsmen to come to your home and get the work done is simply a call or email away. For all of your home improvement and maintenance needs – relax, and make the fred team your go-to team.

703-536-3733
schedulefred.com

siding • wood repairs • windows • doors • carpentry

German Marroquin
fred professional
21 years in home improvements

Shop Great Falls

Great Falls Village Centre

www.gfvcca.com

Ackerman & Assoc.....	703-759-4707
Adeler Jewelers.....	703-759-4076
AdGen Telecom.....	703-757-6757
Allstate Insurance/Doug White.....	703-759-7700
Aquarian LLC.....	703-438-8838
Capitol Realty Services.....	703-759-4900
Deli Italiano.....	703-759-6782
Dr. C. Ayers.....	703-757-6445
Dr. M Tamulevich.....	703-757-6445
Executive Suites at Great Falls.....	703-865-2500
Expressions with Intent.....	703-757-4600
Falls Salon, The.....	703-759-4758
First Line Financial, Inc.....	703-757-7393
Fresh Catch Seafood Market.....	703-759-4950
Georgetown Learning Centers.....	703-759-3624
Grandmother's Back Room.....	703-759-2680
H2O Pools.....	703-250-5585
Huckleberry's Frozen Yogurt	
Jinny Beyer Studio.....	703-759-0250
Katie's Coffee House.....	703-759-2759
King Creole Catering.....	703-759-7306
Kloman*McDonald Const.....	703-759-7662
Knowlera Media.....	703-757-5444
Loebig Chiropractic.....	703-757-5817
Maison Du Vin.....	703-759-9880
Nextel.....	443-904-9305
New Paradigm Capital Mgmt.....	703-757-4802
Old Brogue.....	703-759-3309
Peking Delight.....	703-759-5040
Robert Mobley, AIA Architect.....	703-759-1927
School of Theatrical Dance.....	703-759-5652
Teel Construction.....	703-759-4754
Troon, LLC.....	703-675-2823
True Ventures/John Burke	
Village Centre Mgmt Office.....	703-759-2485
Village Retreat/Massage Therapy.....	703-638-4852
Virginia Payne Photography.....	703-487-0005
Wells Fargo.....	703-757-1040
Yoshi Toshi.....	703-759-3338

Join Us on October 31st for The “Halloween Spooktacular” 5-7pm

Sponsored by Celebrate Great Falls
For more information got to www.celebrategreatfalls.org

~ At The Great Falls Village Centre ~ Proud Location of the Following Events:

“Egg Hunt” “Spring Festival” “Junefest” “4th of July Parade”
“Concerts on the Green” “Halloween Spooktacular”
“Festival of Lights” “Cars and Coffee”
“Farmers Market”



The Great Falls Village Centre
776 Walker Road • Great Falls, VA
703-759-2485 • gfvcca@aol.com

WELLBEING

PHOTO BY MARILYN CAMPBELL/THE CONNECTION



Experts say good hand washing habits, especially for children, can help keep illness at bay.



PHOTO CONTRIBUTED

Dr. Jean Glossa, medical director for the Fairfax County Community Health Care Network in Alexandria, Reston and Falls Church, says that people should get a flu vaccine as soon as possible because the antibodies take about two weeks to provide the full measure of protection.

Preparing for Cold and Flu Season

Health care professionals offer advice for staying healthy.

BY MARILYN CAMPBELL
THE CONNECTION

While many of her friends and family members enjoy the cooler temperatures and vibrantly colored leaves that herald the arrival of autumn, Mary O'Brien braces herself. For her, fall and winter mean sniffles, sneezes and frequent trips to the doctor.

"I usually catch about four colds between October and April," said the North Potomac, Md., mother of two preschool children. "Between myself, my husband and our kids, it seems like someone always has a runny nose, fever or cough."

Local health care professionals say that while cold and flu season peaks in January and February, it can begin as early as October and extend through May. While there is no cure for the cold or flu, there are a few strategies that can increase one's chances of staying healthy.

Clean hands are the first line of defense against germs that cause illness. "I advise my patients to practice good hand washing habits, avoid touching their faces when possible, and cover their mouths when they sneeze or cough," said Dr. Jean Glossa, medical director for the Fairfax County Community Health Care Network in Alexandria, Reston and Falls Church and Molina Healthcare.

Rachel Lynch, manager for Prevention and Self Care at Inova Health System in Fairfax adds, "Hand sanitizers are a great option if you're out and about or don't have access to soap, but you should always make sure you clean your hands before and after eating, when you've been around other people who might be sick, or when you've come in contact with animals."

Experts also stress the importance of safeguarding one's immune system: "Getting enough sleep, drinking lots of water and getting exercise are also important in helping your immune system stay healthy and strong," said Lynch.

She went on to advise patients to avoid spreading germs to others: "If you're not feeling well, stay home. If we keep people who are sick at home, we're not

Cold or Flu? Understanding the Difference

"Symptoms of the flu range from mild to severe, but usually begin with a fever and body aches, and often include a cough and/or a sore throat, a headache, a runny nose, fatigue and chills, and potential vomiting, nausea and/or diarrhea. In many cases, the flu will resolve on its own in four to ten days with plenty of rest and liquids. If symptoms are severe, a doctor can prescribe antiviral medication to help lessen the duration and/or symptoms."

— **Dr. Jean Glossa**, medical director for the Fairfax County Community Health Care Network.

spreading it to individuals who aren't sick. A lot of times, people think it's strong to push through and still go to school or work even if you're not feeling well."

WHEN IT COMES to staving off the flu, healthcare professionals say to vaccinate.

"The CDC (Centers for Disease Control and Prevention) reminds us that the single best way to prevent the flu is to get an influenza vaccine each season," said Diane M. White, a registered nurse with a master's of science in nursing and director of the Nurse Practitioner Marymount University Student Health Center in Arlington.

How does one know whether or not they should get a flu shot? "The CDC recommends that anyone over 6 months of age gets vaccinated, especially those at high risk for complications ... like [people with] asthma, diabetes and chronic lung disease, pregnant women, children between 6 and 23 months of age, anyone 65 or older and those who live with or care for those [at] high risk," said Glossa.

Glossa adds that because the antibodies take about two weeks to provide the full measure of protection, the CDC recommends that the public get vaccinated as soon as the new vaccine is offered.

Experts say that some people are afraid to get the vaccine because they believe it may cause the flu, but that notion is inaccurate: "Injected flu vaccines only contain dead virus so it can't infect you," said Glossa. "The nasal vaccine, known as FluMist, is the one type of live virus flu vaccine, but this virus is specially engineered to remove the parts of the virus that make people sick."

Glossa offers one caveat: "People with severe allergies, especially those with an allergy to eggs, or anyone who has had a severe reaction to flu vaccines in the past, should check with their doctors before getting a flu shot."



PHOTO BY MARILYN CAMPBELL

Ophthalmologists are using the month of October, Eye Injury Prevention Month, to promote eye safety and raise awareness about eye injuries.

Protecting One's Eyes

Medical experts offer safety suggestions during Eye Injury Prevention Month.

BY MARILYN CAMPBELL
THE CONNECTION

Nancy Mahon was cleaning the bathroom of her Herndon home last spring when she noticed that something was going wrong.

"My eyes started burning intensely," she said. "They were red and felt like they were on fire." The source of her eye irritation was a chemical that she was using to clean her bathroom. She sought medical care and now uses mild, non-toxic cleaners.

Simple tasks like gardening or cleaning can lead to eye injury, so ophthalmologists are using the month of October, Eye Injury Prevention Month, to promote eye safety and raise awareness about eye injuries.

"Unfortunately, most people don't think about eye protection for home projects until it is too late," Dr. Lynn Polonski, M.D., an ophthalmologist and spokesman for the American Academy of Ophthalmology, said in a statement.

Experts say there are a few simple things that homeowners can do to decrease their risk of eye injury.

"Wear protective eyewear during risky activities, such as anytime you might be exposed to flying particles or dust. Wear goggles when exposed to chemicals," said Dr. Jean Glossa, medical director for the Fairfax County Community Health Care Network. "Take caution with chemicals and cleaners. Carefully read the labels of chemicals in household cleaning supplies and don't mix products."

Glossa added that washing one's hands after using chemicals is another preventative measure.

Children are also susceptible to eye injuries, but parents can take a few precautions to thwart harm.

"Avoid certain children's toys [like] projectile toys such as darts and bows and arrows," said Glossa. "Keep all household cleaning supplies that contain chemicals and sprays out of a child's reach, and cushion the sharp corners and edges of furniture and home fixtures."

The American Academy of Ophthalmology also recommends being careful when using lawn mowers, trimmers and shovels, which can propel dirt and debris into the air.

Ophthalmologists, Optometrists and Opticians:

An **ophthalmologist** is a medical or osteopathic doctor who specializes in eye and vision care. Ophthalmologists differ from optometrists and opticians in their levels of training and in what they can diagnose and treat.

Optometrists are health care professionals who provide primary vision care ranging from sight testing and correction to the diagnosis, treatment, and management of vision changes. An optometrist is not a medical doctor

Opticians are technicians trained to design, verify and fit eyeglass lenses and frames, contact lenses, and other devices to correct eyesight.

SOURCE: THE AMERICAN ACADEMY OF OPHTHALMOLOGY

NEWS

Langley High Student Publishes Memoir

Connor Kianpour of Great Falls writes about real world experiences in the school cafeteria and life in general.

BY JEAN T. JIANOS
THE CONNECTION

In his first book, "Heavy: a recollection," Great Falls author Connor Kianpour has written a lot about the role the school cafeteria played in his experience with weight gain and loss, but those experiences have nothing to do with school nutrition. The U.S. Department of Agriculture (USDA) has made what the USDA is calling, "the first major changes in school meals in 15 years, . . . the new standards align school meals with the latest nutrition science and the real world circumstances of America's schools." Through his writing, Kianpour would like to promote a similar realignment in attitude toward the substance of a person despite what seems to be the real world's preoccupation with image. "I wrote this book . . . to inspire a new kind of behavior in people," Kianpour says in the preface to Heavy. He thinks that, "[i]t would be nice for people to show interest and



PHOTO BY JEAN JIANOS/THE CONNECTION

Great Falls author Connor Kianpour. Some of the stories in his memoir, "Heavy: a recollection," are set in school cafeterias like this one at Great Falls Elementary.

compassion" to those who may be less secure and more self-conscious.

Kianpour writes about real world circumstances

SEE BOOK WRITING, PAGE 18

CHOOSE LANDON. FOR EXCELLENCE.

In Academics, the Arts, Character Education and Athletics.



ADMISSIONS
INFORMATION
SESSIONS

Thursday, October 11
9-10 a.m.

Sunday, October 28
1-2:30 p.m.

LANDON SCHOOL

6101 WILSON LANE BETHESDA, MD 20817 301-320-1067 WWW.LANDON.NET

An independent, non-sectarian, college-preparatory day school for boys in Grades 3-12.

CONNELLY
SCHOOL OF THE
HOLY CHILD

Where
hearts and
minds
connect,
and spirits
soar!

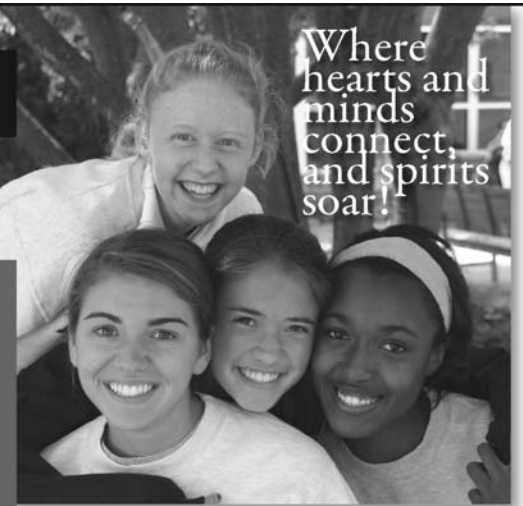
UPPER SCHOOL
OPEN HOUSE

• October 21, 2012
11 a.m. to 1 p.m.

MIDDLE SCHOOL
PREVIEW DAYS

• October 24
• November 6 and 13
• December 4 and 11
8 a.m. to 10:30 a.m.

Call to reserve a spot at
301-365-0955



Visit These Houses of Worship

To Highlight Your Faith Community, call Karen at 703-917-6468

Progressive & Welcoming

ST. ANNE'S
EPISCOPAL
CHURCH • Reston



8:00 a.m. Holy Eucharist, Rite I
10:00 a.m. Holy Eucharist, Rite II
5:00 p.m. Come Just as You Are Contemporary Service

Nursery care provided at 10:00 a.m. service

The Rev. James Papile, Rector
The Rev. Jacqueline Thomson

703-437-6530
www.stannes-reston.org
1700 Wainwright Dr., Reston

Assembly of God
Vienna Assembly of God ... 703-938-7736
Washington Christian Church...703-938-7720
Cristo Es Mi Refugio...703-938-7727

Baha'i
Baha'i Faith for Northern Virginia ... 703-821-3345

Baptist
Global Mission Church ... 703-757-0877
Peace Baptist Church ... 703-560-8462
Bethel Primitive Baptist Church
... 703-757-8134
Cartersville Baptist Church ... 703-255-7075
Fellowship Baptist Church ... 703-385-8516
First Baptist Church ... 703-938-8525
The Light Mission Church ... 703-757-0877
Vienna Baptist Church ... 703-281-4400
New Union Baptist Church... 703-281-2556

Buddhist
Vajrayogini Buddhist Center... 202-331-2122
Church of the Brethren
Oakton Church of the Brethren ... 703-281-4411

Catholic
Our Lady of Good Counsel ... 703-938-2828
St. Athanasius Catholic Church ... 703-759-4555
St. Mark's Catholic Church ... 703-281-9100

Charismatic
Christian Assembly ... 703-698-9777

Church of Christ
Berea Church of Christ ... 703-893-7040

Disciples of Christ
Antioch Christian Church ... 703-938-6753

Episcopal
Church of the Holy Comforter ... 703-938-6521

Church of the Holy Cross ... 703-698-6991
St. Francis Episcopal ... 703-759-2082

Jehovah's Witness
Jehovah's Witnesses ... 703-759-1579

Lutheran
Emmanuel Lutheran Church...703-938-2119
Christ The King Lutheran Church...703-759-6068
St. Athanasius Lutheran Church... 703-455-4003

Methodist
Andrew Chapel United Methodist ... 703-759-3509
Church of the Good Shepherd ... 703-281-3987
The Vine Methodist Church ... 703-573-5336
Epiphany United Methodist ... 703-938-3494
Great Falls United Methodist... 703-759-3705
Oakton United Methodist ... 703-938-1233
Vale United Methodist ... 703-620-2594
Smith Chapel United Methodist ... 571-434-9680
Wesley United Methodist ... 703-938-8700

Non-Denominational
Celebration Center for Spiritual Living
... 703-560-2030
Christian Assembly Church ... 703-698-9777

Presbyterian
Grace Orthodox Presbyterian Church ...
703-560-6336
Korean Central Presbyterian ... 703-698-5577
Vienna Presbyterian ... 703-938-9050

Quaker
Langley Hills Friends...703-442-8394

Seventh-Day Adventist
Northern Virginia Christian Fellowship ...
703-242-9001
Vienna Seventh Day Adventists ...
703-938-8383

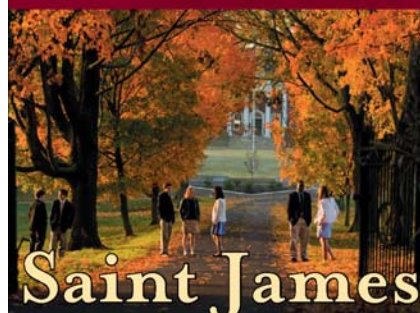
Unitarian Universalist
Congregation of Fairfax ... 703-281-4230

FIRST BAPTIST CHURCH OF VIENNA

450 ORCHARD STREET, NW
VIENNA, VA 22180
703-938-8525
fbcvoffice@verizon.net
www.fbcv.org

SUNDAY WORSHIP, 7:45 AM & 11:00 AM
CHURCH SCHOOL 9:30AM-10:30AM
MIDWEEK SERVICES, WED. 7:00 PM

autumn OPEN HOUSE Saturday, October 27



For more information,
please contact
the Admission Office at
301-733-9330



Saint James School

www.stjames.edu

THIS IS "JUNE"



June may be the summer surprise you've been hoping for. She's adorable, a real sweetheart, very smart and loving to everyone who crosses her path. She will play for hours with her siblings, but would love to have someone special to call her very own. If a 35 pound, almost 6 month old bundle of joy is on your summer wish list, come and meet June and have years of best summers forever. Attributes: CUDDLEBUG!

THE CONNECTION
NEWSPAPERS

HUMANE SOCIETY OF FAIRFAX COUNTY
Hours: Monday-Friday 10-4 and Saturday 10-3 • 703-385-PETS
Adoptions: By appointment only. • www.hsfc.org



Langley running back Philip Mun rushed for 221 yards on Sept. 28, but it was Madison's Ben Sanford, right, who led the Warhawks to victory with three interceptions and two touchdowns.



Langley junior Garrett Collier returned a punt 76 yards in the fourth quarter, giving the Saxons a chance to win or tie against Madison on Sept. 28.

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

Sanford Leads Madison Football Past Langley

Langley's Mun rushes for 221 yards, 2 TDs in defeat.

BY JON ROETMAN
THE CONNECTION

At one end of Langley High School's football field, Madison senior Ben Sanford used the words "unbelievable" and "crazy" describing the Warhawks' victory on Friday night. At the other end, Langley senior Philip Mun's moisture-filled eyes spoke volumes of the Saxons' disappointment.

Sanford snagged three interceptions, scored two touchdowns and the Saxons missed a potential game-tying field goal in the final minute as Madison beat Langley, 24-21, in a battle of one-loss Liberty District foes on Sept. 28.

The Saxons (3-2) had multiple opportunities to take control of the game, but came up empty on four of their seven trips inside the Madison 30-yard line. Langley rushed for 271 yards, including 221 from Mun, and had the ball on the Madison 11-yard line with a chance to win or tie late in the fourth quarter. But Madison (4-1) stayed in the game with big plays on defense and special teams and the Warhawks found a way to secure their fourth consecutive victory.

"It's just unbelievable," Sanford said. "We all put so much effort into this and it's crazy. It was close the whole game, so we had to stick in there."

SANFORD WAS A MAJOR REASON Madison was able to "stick in there."

The 6-foot-1, 190-pound receiver/linebacker put Madison in front, 9-7, when he caught a 16-yard touchdown pass from quarterback Dan Powers with 5:56 remain-

ing in the second quarter.

A 29-yard Mun touchdown run gave Langley the lead on its next possession. Later, the Saxons had a first down on the Madison 23 with less than a minute remaining in the first half. Sanford ended the threat when he intercepted a Langley pass in the end zone.

Madison wasn't out of the woods yet as the Warhawks lost a fumble on the next play, giving Langley the ball on the Madison 32 with 30.8 seconds remaining. Four plays later, Sanford intercepted a pass and returned it 88 yards along the left sideline for a touchdown on the final play of the first half.

Rather than facing a double-digit deficit, Madison held a 16-14 halftime lead.

"It came right to me," Sanford said of the pass he intercepted and returned for a touchdown. "I just thought it was an opportunity and I just took it down. I had some great blocks and I took it all the way to the house."

Sanford's third interception ended a Langley drive that reached Madison territory in the fourth quarter.

Madison's game-winning touchdown, a 3-yard run by Grant Hofmann with 7:29 left in the fourth, was set up by a 51-yard punt return by Jacob Hall. Later, Langley's special teams nearly sparked a Saxon comeback.

Trailing 24-21, Langley junior Garrett Collier returned a punt 76 yards to the Madison 11 with 1:57 remaining. On the next play, Mun raced into the end zone for what would have been his third touchdown of the evening, but the Saxons were flagged for holding, which moved the ball back to the 19-yard line. After a pair of 1-yard runs and an incomplete pass, Langley missed a

potential game-tying 34-yard field goal with less than a minute remaining.

"It's unbelievable, especially since they scored and it got called back on that penalty," Sanford said. "Man, it's crazy. We knew that if we played hard and dug in there, we could get it and just stop them and get this game over with."

"That was just heart and soul right there at the end," Madison head coach Lenny Schultz said of his team's defensive effort.

The Saxons saw it differently.

Langley head coach John Howerton said the game was "poorly run" by officials. He

pointed out the Saxons made their share of mistakes, but he also voiced his displeasure with the way the game was called, especially the holding penalty that wiped out Mun's go-ahead touchdown.

"I hate to say that, but it was one of the worst I've ever been involved in in 28 years, it really was," Howerton said. "... For [Langley players] to battle the whole time like that and come back after making some bad blunders and come back and score to win, you don't take that away from kids."

Mun's teary eyes showed his frustration. "It's so disappointing," he said. "We should have had this win. [There are] so many reasons why—just simple mistakes. For them to take that touchdown away at the end is just so upsetting.... We played much better than [Madison]. They only scored on our mistakes."

OVERSHADOWED BY THE LOSS was Mun's stellar effort on the ground. The 5-foot-9, 170-pound running back excelled in the Saxons' read-option offense, carrying 33

times for 221 yards and two touchdowns. He helped Langley get off to a strong start as the Saxons marched 80 yards in just four plays for a touchdown on the game's opening drive. Mun gained 15 yards on the game's first play. After a 16-yard run by quarterback Nick Casso, Mun had a 37-yard run before he scampered 12 yards into the end zone.

"He's a phenomenally tough kid, the way he works his tail off," Howerton said. "He does exactly what you tell him. He's not the biggest [or] fastest, but he's a strong kid for his size [and] he has very quick feet. He's been as tough as any back I've coached. I've had easily 20 kids run over 1,000 yards in my 28 years, but this kid is as rugged as any of them [or] more so."

Howerton also said 6-foot-2, 320-pound right guard Jack Howerton and 6-foot-3, 220-pound H-back Philip Novacki give Langley an advantage against opponents in the ground game.

Casso carried 10 times for 50 yards and a touchdown. He completed 7 of 15 passes for 103 yards.

Seven Madison ball carriers combined to rush 23 times for 88 yards and a touchdown. Powers completed 7 of 17 passes for 134 yards and a score.

MADISON HAS WON FOUR STRAIGHT, beating Woodson, Hayfield, McLean and Langley since losing its opener to Oakton. The Warhawks, who are 2-0 in the Liberty District, will host Thomas Jefferson at 7:30 p.m. on Friday, Oct. 5.

Langley's two losses are by a combined four points. The Saxons opened the season with wins against Herndon and Thomas Jefferson before suffering a 35-34 loss against Chantilly. Langley responded with a 58-8 win against Marshall before losing to Madison. The Saxons, who are 2-1 in the district, will travel to face Stone Bridge at 7:30 p.m. on Friday.

EMPLOYMENT

ZONE 6: • ARLINGTON • GREAT FALLS
• McLEAN • VIENNA/OAKTON

CLASSIFIED

703-917-6400

ZONE 6 AD DEADLINE:
MONDAY NOON

BUSINESS OPP

TELEPHONE

*A great opportunity to
WORK AT HOME!*

NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

BUSINESS OPP

TELEPHONE

*A great opportunity to
WORK AT HOME!*

NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

CDL DRIVER

Chesterbrook Academy, in Chantilly, VA seeks an exp. CDL Driver. Position is P/T Mon - Fri. Ideal candidate will have a valid VA CDL license & Med. Examiner's card; a HS diploma or equiv. (GED), be 23 yrs or older; 1+ yrs driving experience, preferably transporting children.

Educational Internships

Unusual opportunity to learn many aspects of the newspaper business. Internships available in reporting, photography, research, graphics. Opportunities for students, and for adults considering change of career. Unpaid. E-mail internship@connectionnewspapers.com

THE CONNECTION
NEWSPAPERS

HOW TO SUBMIT ADS TO

THE CONNECTION
Newspapers & Online

CLASSIFIED

DEADLINES

Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to:
classified@connectionnewspapers.com
or call Andrea @ 703-778-9411

EMPLOYMENT

DEADLINES

Zones 5, 6.....Tues @ 11:00
Zones 1, 3.....Tues @ 4:00
Zone 2.....Wed @ 11:00
Zone 4.....Wed @ 1:00

E-mail ad with zone choices to:
classified@connectionnewspapers.com
or call Andrea @ 703-778-9411

ZONES

- Zone 1:** The Reston Connection
The Oak Hill/Herndon Connection
- Zone 2:** The Springfield Connection
The Burke Connection
The Fairfax Connection
The Fairfax Station/Clifton/Lorton Connection
- Zone 3:** The Alexandria Gazette Packet
The Mount Vernon Gazette
- Zone 4:** Centre View North
Centre View South
- Zone 5:** The Potomac Almanac
- Zone 6:** The Arlington Connection
The Vienna/Oakton Connection
The McLean Connection
The Great Falls Connection

21 Announcements

ABC LICENSE
SBD, Inc trading as Earl's of Ballston, 4215 N. Fairfax Dr., Arlington, VA 22203. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Wine and Beer on and off premises license to sell or manufacture alcoholic beverages. John B. Snedden, owner.
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

ABC LICENSE
The Only Cousins, LLC trading as IL Forno, 900 Glebe Rd, Suite 150, Arlington, VA 22203. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Wine and Beer on Premises and Mixed Beverage Restaurant license to sell or manufacture alcoholic beverages. Charles Nejat, member
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

26 Antiques

We pay top \$ for antique furniture and mid-century Danish/modern teak furniture, STERLING, MEN'S WATCHES, jewelry and costume jewelry, paintings/art glass/clocks. Schefer Antiques @ 703-241-0790. Email:theschefer@cox.net

102 Instruction

Looking to start the school year strong? Tutoring is available at Aspire Tutoring Services of Northern Virginia! Dean's List College Graduate with 7 years of Experience. Accounting/Finance Degree. All grade levels, specializing in Math, Spanish, English. Call Hal @ (703)864-6616. Rate is \$50/hr.

110 Elderly Care

Elderly Care
Seeking employment to care for your elderly loved one. Drive, Dr visits etc. Live in out. Flexible exp. 15 yrs + of Refs. Lic. Call Cynthia 540-522-9250

21 Announcements

Ever been lost at Tysons Corner mall? What if it kept changing? NO OUTLET horror novella by Matthew Warner. Thunderstormbooks.com/nooutlet.php

21 Announcements

21 Announcements

21 Announcements

21 Announcements

21 Announcements

OBITUARY

Betty R. Terwilliger

Age 79, of Warrenton, Va. formerly of Vienna, Va., died on Sunday September 23, 2012 at her home. Beloved wife of the late Robert C. Terwilliger, mother of Michael Eric Terwilliger, Sr. and Sandra Lea Morgan, Sister of Kaye Casey, grandmother of Theresa Campbell, Michael Eric Terwilliger, Jr., Crystal Vanwart Justice, Shannon Vanwart-Praylow and Ashley Vanwart. She is also survived by 5 great-grandchildren, a nephew, ohn Casey, III and a niece, Elizabeth Rigsby. A memorial service will be held on Saturday, September 29th at 2:00 PM At Greenwich Presbyterian Church, 15305 Vint Hill Rd., Nokesville, Va. Inurnment at the Columbarium at Arlington National Cemetery at a later date. In lieu of flowers, donations may be made to the American Diabetes Assoc. or The American Heart Assoc. The online guestbook is available at: www.moneyandking.com

21 Announcements

21 Announcements

TRUSTEE'S SALE OF VALUABLE IMPROVED REAL ESTATE

Improved by the premises known as
3800 Powell Lane, #525, Falls Church, Virginia

In execution of a Deed of Trust from Caroline S. Miner, dated June 10, 2005, and recorded June 15, 2005, in Deed Book 17398 at page 1666 among the Land Records of Fairfax County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Fairfax County, at 4110 Chain Bridge Road, Fairfax, Virginia, on
Wednesday, OCTOBER 10, 2012 at 9:30 a.m.

the following property being the property contained in said Deed of Trust, described as follows:

Unit 525, LAKESIDE PLAZA CONDOMINIUM with the sole use of the limited common element storage area and limited common element parking space assigned thereto and the undivided interest appurtenant thereto as set forth in the master deed and declaration recorded in Deed Book 5821 at page 1459, among the Land Records of Fairfax County, Virginia.

Commonly known as 3800 Powell Lane, #525, Falls Church, Virginia 22041.

TERMS OF SALE: A deposit of \$20,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 3.75 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

Sale shall be made subject to all existing easements and restrictive covenants as the same may lawfully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of sale.

The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser shall also be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of title, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.

Sale is subject to post-sale confirmation that the borrower did not file for protection under the U.S. Bankruptcy Code prior to the sale, as well as to post-sale confirmation and audit of the status of the loan with the loan servicer including, but not limited to, determination of whether the borrower entered into any repayment agreement, reinstated or paid off the loan prior to the sale. In any such event, the sale shall be null and void, and the Purchaser's sole remedy, in law or equity, shall be the return of his deposit without interest. Additional terms may be announced at the time of sale. This is a communication from a debt collector and any information obtained will be used for that purpose.

Additional terms and conditions of sale may be announced at the time of sale.
DAVID N. PRENSKY
Substitute Trustee

FOR INFORMATION CONTACT:
David N. Prenskey
Chasen & Chasen
5225 Wisconsin Avenue, N.W. #500
Washington, D.C. 20015
(202) 444-4000

IT'S HARVEST TIME FOR YOUR BUSINESS!

Reap rewards when you advertise through Virginia Press Services' Statewide Display Advertising Network! Place your business card-size ad in more than 65 newspapers and your message will reach more than 800,000 Virginians. **CONTACT THIS NEWSPAPER** or Adriane Long, Virginia Press Services, 804-521-7585 or adriane@vpa.net.

21 Announcements

21 Announcements

21 Announcements

WET BASEMENT??? CRACKED WALLS???

We Fix: Basements, Crawlspace, Cracked/Settling Foundations, Bowing Walls
800-772-0704
FREE ESTIMATES
Serving you since 1972 **Call Now! 10% Limited Time Coupon**
Some Restrictions Apply

21 Announcements

21 Announcements

21 Announcements

AUCTION

ORDERED SOLD
BY TRUSTEE

7,600± SF, 7BR/9BA HISTORIC HOME ON 76± AC



Offered in 5 Tracts Separately & as an Entirety

- TRACT 1: 7,600± SF Newly Renovated Historic Home on 50.17± AC, Includes Pool, Tennis Courts & 2 Detached Garages
- TRACT 2: 3.193± AC
- TRACT 3: 2.453± AC
- TRACT 4: 9.521± AC
- TRACT 5: 9.822± AC

PROP. TOUR: 9/30 & 10/7 @ 3 PM

ON-SITE SALE: 10316 RIDGEWAY DRIVE, KING GEORGE, VA 22485

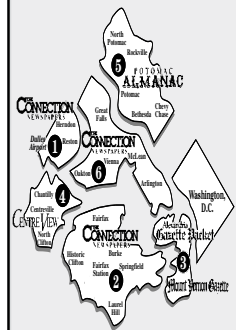
LIVE & ONLINE
BIDDING @

10/12 @ 3 PM

motleys.com
877-668-5397

Employers:
Are your recruiting ads not working in other papers?

Try a better way
to fill your
employment
openings



- Target your best job candidates where they live.
- Reach readers in addition to those who are currently looking for a job.
- Proven readership.
- Proven results.

THE CONNECTION
to your community

703-917-6464

classified@connectionnewspapers.com

Great Papers • Great Readers • Great Results!

ZONE 6: • ARLINGTON • GREAT FALLS
• MCLEAN • VIENNA/OAKTON

HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

703-917-6400

ZONE 6 AD DEADLINE:
MONDAY NOON

CLEANING

A CLEANING SERVICE

Since 1985/Ins & Bonded
Quality Service at a Fair Price
Satisfaction Guaranteed-
Angies List 2011-Super Service Award!
Comm/Res. MD VA DC
acleaningserviceinc.com
703-892-8648

Housecleaning

Great Refs,
Reasonable rates,
Reliable
703-714-9376
703-577-8224



ELECTRICAL

ELECTRICAL

K & D ELECTRIC

COMMERCIAL / RESIDENTIAL SERVICE
Family Owned & Operated

Recessed Lighting
Ceiling Fans
Phone/CATV
Computer Network Cabeling
Service Upgrades
Hot Tubs, etc...
Licensed/Bonded/Insured
Office 703-335-0654
Mobile 703-499-0522

GUTTER

GUTTER

GUTTER CLEANING

Gutters and Downspouts Cleaned
Small Repairs • Gutter Guards

PINNACLE SERVICES

lic/ins 703-802-0483 free est.
email: jamie@lawnsandgutters.com
web: lawnsandgutters.com
Friendly Service with a Friendly Price!



IMPROVEMENTS

IMPROVEMENTS

Picture Perfect Home Improvements

(703) 590-3187 www.pphionline.com

Remodeling Bathrooms, Kitchens & Basements

- FREE Estimates Exterior & Interior Repair,
- FAST & Reliable Service Painting, Carpentry, Wood Rot,
- EASY To Schedule Drywall, All Flooring, Decks
- NO \$\$\$ DOWN!

Handyman Services

"If it can be done, we can do it"

Available

Licensed — Bonded — Insured

The HANDYMAN

A DIVISION OF NURSE CONSTRUCTION

BATHROOM REMODELING, DRYWALL,
PAINTING, CERAMIC TILE, CARPENTRY,
POWER WASHING & MUCH MORE

You have tried the rest - NOW CALL THE BEST!!
Proudly serving Northern VA - 46 yrs. exp.

Licensed We Accept VISA/MC
Insured 703-441-8811



R.N. CONTRACTORS, INC.

Remodeling Homes, Flooring,
Kitchen & Bath, Windows,
Siding, Roofing, Additions &
Patios, Custom Deck, Painting

We Accept All Major Credit Cards

Licensed, Insured, Bonded • Free Estimates • Class A Lic
Phone: 703-887-3827 Fax: 703-830-3849
E-mail: rncontractorsinc@gmail.com



IMPROVEMENTS

IMPROVEMENTS

A&S Landscaping

- All Concrete work
- Retaining Walls • Patios
- Decks • Porches (incl. screened) • Erosion & Grading Solutions
- French Drains • Sump Pumps
- Driveway Asphalt Sealing



703-863-7465

LICENSED

Serving All of N. Virginia



R&N Carpentry

♦BASEMENTS ♦BATHS ♦KITCHENS
Foreclosure specialist/Power washing
♦Exterior Wood Rot More!
Deck & Fence repair, Screen Porches
No jobs too large or small
Free est. 37 yrs exp. Licensed, Insured
703-987-5096

LANDSCAPING

LANDSCAPING



J. REYNOLDS
Landscaping LLC

703.919.4456
Free Estimates

www.ReynoldsLandscapingOnline.com

Licensed / Insured

INSTALLATION SPECIALIST

WET BASEMENT / WET YARD

Paver & Flagstone
Patios / Walkways
Retaining Walls
Stacked Field Stone
Plants / Trees / Shrubs
Water Proofing Foundations
Standing Yard Water
French Drains / Swales
Downspout Extensions
Dry River Beds

•No sub-contractors, or day laborers. •15 Years Designing and Installing
•The Owner is physically on your job site. •On time and Professional.

Improve Your Yard



Decks
Patios
Perennials

Affordable Design

703-470-8587
carrlandscapeva@gmail.com

LAWN MOWING

MOWING TRIMMING EDGING,
HEDGE TRIMMING, MULCHING,
SODDING, GUTTER CLEANING

PINNACLE SERVICES

lic/ins 703-802-0483 free est.
email: jamie@lawnsandgutters.com
web: lawnsandgutters.com
Friendly Service with a Friendly Price!

J.E.S Services

LANDSCAPE & CONSTRUCTION

- Patios • Walkways
- Retaining Walls
- Drainage Problems
- Landscape Makeovers

Call: 703-912-6886
Free Estimates



MASONRY

MASONRY

Potomac Masonry

703-498-8526

New Installations & Repairs
Stone - Flagstone - Brick - Concrete
FREE ESTIMATES!!

Lic. & Ins
potomac-masonry.com

BRICK AND STONE

Custom Masonry
703-768-3900
www.custommasonry.info

Patios, Walkways, Stoops, Steps, Driveways
Repairs & New Installs • All Work Guranteed

ALBA CONSTRUCTION INC.

CONCRETE WORK

Licensed • Insured

Driveways • Patios • Exposed Aggregate
Sidewalks • Carports • Pool Decks • Garages
Flagstone • Brick • Stonework

703-204-0733

3rd Generation Masonry Company
Family Owned & Operated Since the 1950s

MASONRY SPECIALIST, LLC

For All of Your Masonry Needs
Custom Design, Installation, Repairs & Restoration

BRICK - FIELDSTONE
FLAGSTONE - CONCRETE

EP Henry & Belgard Pavers
Patios, Walkways, Driveways, Retaining & Decorative Walls

703-443-2308

Go to www.masonryspecialist.com for ideas, pictures & coupons!
All Work Guaranteed - Licensed & Fully Insured
Class A License #VA2705087240A

PAVING

PAVING

GOLDY BRICK CONSTRUCTION

Walkways, Patios, Driveways,
Flagstone, Concrete
FREE ESTIMATE
LIC. INS AND BONDED
703-250-6231

ROOFING

ROOFING

Falcon Roofing

Roofing & Siding (All Types)
Soffit & Fascia Wrapping
New Gutters • Chimney Crowns
Leaks Repaired
No job too small
703-975-2375
falconroofinginc.com

TREE SERVICE

TREE SERVICE

Charles Jenkins
TREE SERVICE
Seasoned Firewood
Topping, trimming, Stump Grinding

Lic. & Ins!
540-829-9917 or 540-422-9721

HAULING

PAINTING

AL'S HAULING
Junk & Rubbish
Concrete, furn., office,
yard, construction debris
Low Rates NOVA
703-360-4364
703-304-4798 cell
7 DAYS A WEEK

PATRIOT PAINTING

www.PatriotPainting.net
Wallpaper Removal,
Carpentry,
Power Washing.
Int/Ext Painting
Free Est. • Satisfaction Guar.
Lic./Ins. Int./Ext.

703-502-7840
Cell
571-283-4883

PAVING

Joseph Sealcoating
Specialist

PAVING

35 Years
Experience! Free
Estimates!
703-494-5443

Employers:

Are your recruiting ads not
working in other papers?

Try a better way to fill your
employment openings



- Target your best job candidates where they live.
- Reach readers in addition to those who are currently looking for a job.
- Proven readership.
- Proven results.

THE CONNECTION
to your community

703-917-6464

classified@connectionnewspapers.com

Great Papers • Great Readers • Great Results!

News

"Less Fluid, Most Nodules Stable, Minimal Growth."

By KENNETH B. LOURIE



These are the exact words, ergo the quotation marks, e-mailed to me by my oncologist describing/assessing my most recent CT Scan. Words which no doubt will be clarified-and-questioned by yours truly at our next face-to-face appointment (in two weeks approximately). Subject to interpretation, misinterpretation, one's level of denial, that same one's level of acceptance; these are words that for now, I must live with, and considering the operative word "live," I am happy – and amazingly fortunate, to do so.

Given the availability of e-mail, results regarding lab work, diagnostic scans and miscellaneous other tests are now just a mouse click away. No more sitting anxiously in the doctor's office waiting for his arrival, eager to observe his facial expressions, body language, tone and inflection, desperate for a hint, until he shares the latest news about your health; now we know, sort of. Although there is a wide margin for conversational disconnect and misunderstanding when doctors provide such information electronically (and not personally, and with no real-time feedback loop), knowing something quickly (same day service for this most recent result), has its place. Not perfect, by any means. But they are a means to an end – of worrying and wondering when you are going to receive a phone call/hear back from your oncologist.

Nevertheless, it is impossible – for me, not to get existential when you receive these e-mails and wonder, what does it all mean? Of course, you know what you want it to mean. But as much as I'd like to think I can be objective about such communications, given the seriousness of the underlying diagnosis (NSCLC, stage IV), I suppose if I were being totally honest, I would have to say that's probably being unrealistic. Moreover, even though I've been through this emotional ringer for three and a half years now, and much of what occurs is familiar, presuming that wishful thinking, naïveté and plain old hope don't subconsciously take over and lead the patient/survivor down the garden path is probably also a bit unrealistic. Still, what's a terminal patient to do? As Tug McGraw of the "Amazin'" '69 Mets made famous: "You Gotta Believe." So I do.

It's not that I'm totally out of touch with the severity of my diagnosis and the statistical probabilities of living beyond a certain number of years, it's more that I choose to ignore them and try extremely hard not to dwell on them. (Much easier written than actually done.) As my brother Richard encouraged me at the very beginning: "There are exceptions to every rule. You'll be the exception that disproves the rule." And so, he has been proven correct as I have survived beyond my oncologist's original prognosis, grim as it was ("13 months to two years"). It's not to say I didn't believe what the oncologist said to me when I first heard it, (life expectancy/prognosis), but it was sure hard to process it since I was asymptomatic and felt completely fine. Still, I took the news very seriously, as you can imagine. To say the next few days at home were not incredibly difficult would be a lie.

Within a few weeks or so, I had made a variety of changes in my life and tried to assimilate my diagnosis/prognosis into my present so that maybe I'd have a future. For a long time I became a proponent of George Allen's football philosophy: "The future is now!" Given how I feel now, three-plus years later, and considering the results of this most recent scan, the future may simply be what it is: not now, but later. At least, that's the way I see it, subjectively speaking. (Now whether "subjectively speaking" is just a euphemism for "unrealistic" is likely a topic for a "future" column.)

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

Sun Design to Sponsor Great Falls Studios Tour

Great Falls Studios, a community arts organization with more than 100 artist members in Great Falls, announced this week that the home remodeling company Sun Design has agreed to sponsor the art group's Ninth Annual Great Falls Studios Tour, Oct. 20 and 21.

"Sun Design's financial commitment to our organization is in five figures. In fact, this is the biggest grant we've ever received, and it goes a long way toward propelling our already-successful annual tour to the big leagues," said Laura Nichols, president of Great Falls Studios. "It's a wonderful example of an area business teaming with a community group in ways that benefit both."

The Studios Tour is a free driving event, in which visitors from around the region explore the creative process by meeting local artists in home-based art studios and other art venues throughout Great Falls. In its first eight years, it has generated more than 21,500 visits to working art studios in Great Falls, where artists give demonstrations and show how their studios contribute to their creative output.

As part of its partnership arrangement, Sun Design will hold its own concurrent tour—featuring an open house in which visitors can see a home it has remodeled and ask questions directly to Sun Design craftsmen. Rooms in two additional houses owned by artists on the tour have also been renovated by Sun Design. "For anyone who is considering having their home reinvented to fit their lifestyle, this is an excellent opportunity to speak with experts, and potentially clients, who can educate you on the process and experience as a whole," said Beth Walters, Sun Design's director of com-



As part of their cooperative arrangement, the arts group Great Falls Studios and Sun Design, an architectural design-build remodeling firm, have published a guide to the annual studio tour in Great Falls. It comes in two editions, with two separate covers. One (left) promotes the art tour. The other (right) promotes a companion tour featuring a house Sun has remodeled. The twin tours are on Oct. 20 and 21.

"It's a wonderful example of an area business teaming with a community group in ways that benefit both."

—Laura Nichols, president of Great Falls Studios

munications. "We're proud of our work and our clients are proud too."

As part of their joint efforts, Great Falls Studios and Sun Design have published a tour brochure, complete with artist bios and artwork samples of 49 participating artists, plus a map. Twenty-six thousand of these will be distributed in Great Falls and nearby

communities, and to tour visitors. There are two versions—one with a Great Falls Studios cover, the other with a Sun Design cover.

The twin tours will be on Saturday and Sunday, Oct. 20 and 21, from 10 a.m. to 5 p.m. For more information, go to www.GreatFallsStudios.com.

Community Examines TD Bank Options

FROM PAGE 5

Falls do not support two stations.

"The reality is, while there are two service stations, the purchasing is at the rate of one site. A typical site can do between \$1.6 and \$2.2 million. If I combine the sales for both of the sites, they don't even get to \$1.6 million. That's just the way it is," he said. "In general, a lot of the residents in the area have probably found somewhere else more convenient. We're confident that we can handle the volume that's there today with the one Shell station."

Residents who have questioned the decision to get rid of one of Great Falls' gas stations also question the proposal to put a TD Bank on that location, given that there are already six banks in the Great Falls commercial center.

But Lori Murphy of Bean, Kinney and Korman, the land use attorney for TD Bank, says the market research shows a need for another bank.

"The market studies do show that there is a need in this area, that there are enough deposited funds in the area," Murphy said. "A financial institution on its own is a by right use of the property, it does not require any planning and zoning review. If a bank wanted to have just a bank, they would submit an application for a building permit, and go through that review process. But because there is a drive-in component, that necessitates a special exception, and that's why we're going through this lengthy process and refining this site plan."

Murphy said that TD Bank has not filed an application for a special exception yet, because they are hosting a series of meetings in order to solicit citizen input before submitting a final design.

SEAN O'ROURKE, the senior project planner and architect from Bergmann Associates, presented his latest design at the Sept. 25 meeting. He said the proposed building, which would be about 50 by 50 feet, incor-

porates some elements of the community.

He also stressed that the Great Falls building will be a one-of-a-kind design.

"We have a corner element that's two-sided, made out of stone that's very similar to what you see in the fire station. It also has a stone wainscot that runs along the base of the building, the rest of the building is clapboard, non-aluminum siding, a composite siding," he said. "We look at the design, and think it's not an icon, it's not a building that tries to stand out, it tries to fit in your neighborhood. The design will never be built in another community, and it's never been built before by TD Bank."

O'Rourke also said that the bank will most likely be LEED certified at some level. TD Bank has had 32 buildings certified LEED in the last year, and 10 of those have been certified LEED Platinum.

TD Bank is expected to revise their designs after community input, and will present the new designs at a future meeting.



October is National Medicine Abuse Awareness Month

Come learn how this growing problem affects our families, our youth and local community:

Rx Ed: Prescription Medicine Awareness Night

October 17, 2012 • 7:00 P.M.–8:30 P.M.

McLean Community Center
1234 Ingleside Avenue, McLean, VA



Please bring your unused or expired medications to the Community Center for safe disposal from 5:00 P.M.–7:00 P.M.
www.safecommunitycoalition.net

For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnewspapers.com/subscribe

Be the first to know – get your paper before it hits the press.

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: goinggreen@connectionnewspapers.com



MARKOFF'S HAUNTED FOREST
CELEBRATING 20 YEARS

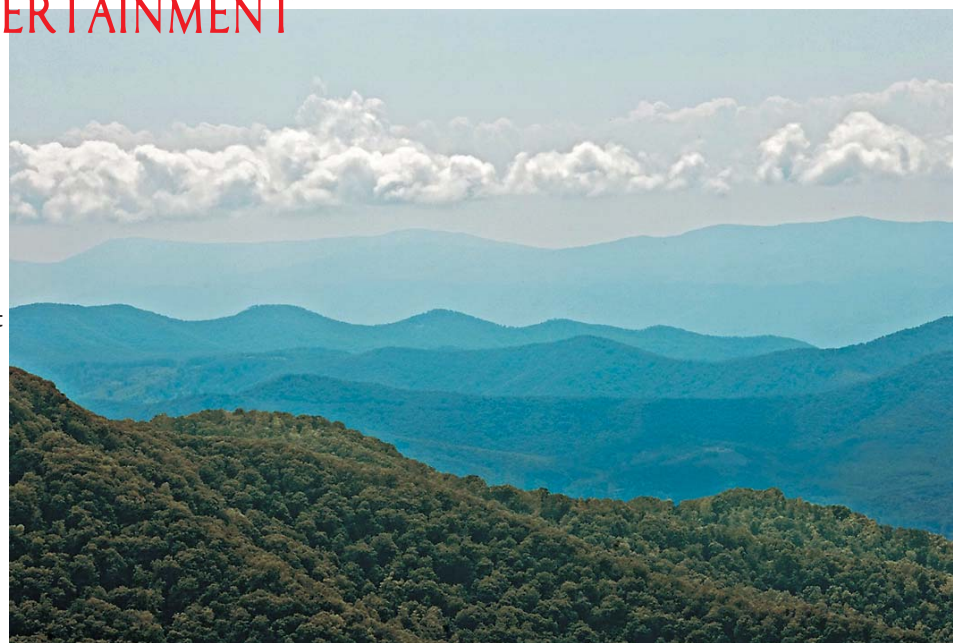
OPENING WEEKEND
OCT 5TH-6TH

PURCHASE ONLINE GROUPS WELCOME

MORE INFORMATION & TICKETS AVAILABLE AT
www.MARKOFFSHAUNTEDFOREST.COM

ENTERTAINMENT

Westerly View From Skyline Drive, Pigment Print, framed under glass (24" x 32")



Fine Art Photographs at the Old Brogue

Oct. 1-31, Richard Suib's dramatic water, mountain landscapes and wildlife photographs of Great Falls National Park and the Blue Ridge mountains are on display at the Old Brogue in Great Falls, 760 Walker Road, 703-759-0067 or www.richardsuibimages.com.

Send announcements to greatfalls@connectionnewspapers.com. Deadline is Friday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com

SATURDAY/OCT. 6

McLean 5K Run with the Warriors. 8 a.m., at McLean Square Shopping Center, 6655 Old Dominion Drive, McLean. Sign up to run or walk with wounded warriors, military personnel and community members in support of those who serve. www.mclean5k.com.

Country Fair. 10 a.m.-4 p.m., at St. Francis Episcopal Church, 9220 Georgetown Pike, Great Falls. The 30-year-old fair features a quilt show and giveaway, musical performances, silent auction, "treasure trove" flea market, book sale, plant sale, food and children's games. 703-759-2082 or www.thecountryfair.org.

Vienna Oktoberfest. 11 a.m.-7 p.m., on the Town Green and Historic Church Street, 513 Maple Ave. W, Vienna. Two stages (one for the children) with live entertainment, a beer garden, food vendors, children's activities and a marketplace; rain or shine. 703-281-1333 or www.viennaoktoberfest.com.

CRCA Oktoberfest Ballroom Dance. 8-11:30 p.m., at the Colvin Run Community Hall, 10201 Colvin Run Road, Great Falls. Polka lessons from 8-9 p.m. and a dance to follow with refreshments, music by The Family Band and polka and waltz music; ballroom casual, singles welcome. \$5, lesson; \$15, dance. 703-759-2685 or www.colvinrun.org.

WEDNESDAY/OCT. 10

Oktoberfest Potluck. 6:30 p.m., at The Great Falls Grange Hall, 9818 Georgetown Pike, Great Falls. Socialize and drop off your dish before dinner, beginning promptly at 7 p.m.; folklore and ghost stories, oom-pah German dance music and gemütlichkeit (friendship and congeniality). \$15, adults; children 12 and under free. Reservations by Oct. 4. 703-759-2378.

THURSDAY/OCT. 11

Get on Board. 7:30 p.m., at the Vienna Art Center, 115 Pleasant Street NW, Vienna. The winner of Leesburg's 2012 Small Business Public Art Award demonstrates her art with paint on claybord and

aquabord with watercolors. 703-391-3971 or www.viennaartsociety.org.

FRIDAY/OCT. 12

Arts Awards Luncheon. Noon-2 p.m., at the Hilton McLean Tysons Corner, 7920 Jones Branch Drive, Tysons Corner. An annual program to recognize outstanding arts organizations, artists and arts philanthropists in the County. 703-642-0862 ext. 4 or <http://artsfairfax.org/arts-award-luncheon>.

LMFAO Comedy Night: Vijai Nathan. 8 p.m., at Diya Restaurant Tysons, 2070 Chain Bridge Road, Vienna. Manan Singh Katohora, PepperTree Productions and Shalabh Entertainment present a night of laughs to cure the most belligerent boredom. \$27. 202-656-3630 or www.desiclub.com/lmfao.

SATURDAY/OCT. 13

Third Annual Louise Archer Sunshine 5K and Fun Run. 8 a.m., at Louise Archer Elementary School, 324 Nutley St NW, Vienna. Run to benefit the Parent Teacher Association and programs to enrich and nurture the school's children; food and post-race drinks, chip timing and t-shirts available. <http://la5k.louisearcherpta.org>.

SUNDAY/OCT. 14

MPAartfest. 10 a.m.-5 p.m., at McLean Central Park, intersection of Old Dominion Drive and Dolley Madison Boulevard, McLean. The park transforms into a a landscape of mini art galleries showcasing the work of Ann Barbieri and 49 other artists; live entertainment, children's ArtWalk and Innovation Station, a Senior Art Space, Open Studio and live entertainment are activities at the fest. www.mpaart.org.

Washington Symphonic Brass: Danza. 4 p.m., at Saint Luke Catholic Church, 7001 Georgetown Pike, McLean. Experience South American music and its Spanish roots; post-concert reception. \$30; students 17 and under, free. www.amadeusconcerts.com.

WEDNESDAY/OCT. 17

Low Vision Support Group: "Remembering Music." 10-11 a.m., at Vinson Hall, 6251 Old Dominion Drive, McLean. 202-234-1010.

SATURDAY/OCT. 20

McLean Orchestra: Phantoms and Fantasies. 8 p.m., at Oakcrest School, 850 Balls Hill Road, McLean. A night of Halloween haunts, with Mussorgsky, Debussy and Hector Berlioz's Symphonie Fantastique; post-concert cake and champagne reception. www.mclean-orchestra.org.

TUESDAY/OCT. 23

Food Day: Feeding Academic Success. 6 p.m., at Marshall High School, 7731 Leesburg Pike, Great Falls Church. Community leaders, teachers, parents and students team up with Real Food for Kids for a panel discussion, keynote speaker and a high school salad bar team challenge—judges will present awards for the freshest, most appealing and nutritious salad bars meeting USDA National School Lunch Program guidelines. RSVP. FoodDay2012@realfoodforkids.org.

SATURDAY/OCT. 27

Fall Bazaar. 10 a.m.-5 p.m., Great Falls United Methodist Church, 10100 Georgetown Pike, Great Falls. Handmade arts and crafts, children's activities and pulled pork barbeque platters. 703-759-3705 or c.wright@longandfoster.com.

SUNDAY/OCT. 28

Halloween Bingo. 2-5 p.m., at the Vienna Volunteer Fire Department, 400 Center Street S, Vienna. Dress up to win the costume contest and play bingo for up to a \$1,000 prize. \$20. 703-938-2678.

SATURDAY/NOV. 17

Lift Me Up! Gala. 7 p.m., at the BMW of Sterling Dealership, 21826 Pacific Blvd., Sterling. Cocktails and silent auction followed by dinner and show to benefit the Lift Me Up! therapeutic riding; black and white cocktail attire. 703-759-6221 or www.LiftMeUp.org.

ONGOING

"Suite Surrender." 8 p.m., 7 p.m. and 2 p.m., at the 1st Stage in Tysons, 1524 Spring Hill Road, Tysons Corner. Michael McKeever's comedy, playing Fridays at 8 p.m., Saturdays at 2 p.m. and Sundays at 2 p.m. and 7 p.m. through Oct. 14. \$15-25. 703-854-1856 or www.1ststagein.com

WWW.CONNECTIONNEWSPAPERS.COM



PHOTO CONTRIBUTED

The McLean Orchestra will introduce its newly appointed Music Director and Conductor Miriam Burns.

McLean Orchestra to Open 'A Season of Imagination'

The McLean Orchestra has announced its 41st season, "A Season of Imagination," introducing newly appointed Music Director and Conductor Miriam Burns of New York City. The McLean Orchestra's gala opening concert, "Phantoms and Fantasies," will be performed on Oct. 20, at the Oakcrest School in McLean at 8 p.m. Executive Director John Huling says, "We are tremendously excited about Maestra Burns taking the reins of the McLean Orchestra and can't wait to get this season started on Oct. 20. Miriam is going to electrify our audiences as she did when she conducted us in 'A Night at the Opera' this past February."



Maestra Miriam Burns will lead the McLean Orchestra in its "Season of Imagination."

The opening subscription concert will include Mussorgsky's Night on Bald Mountain, Debussy's Afternoon of a Faun and Hector Berlioz's most famous work, Symphonie Fantastique. Holiday programs on Dec. 8 and 9, entitled "Holiday Magic," will once again feature the Oakcrest School Girls' Chorus and introduce soprano soloist Melissa Mino. The concerts will offer a variety of traditional and spiritual favorites including an audience sing-along. On our Feb. 2 concert, "Musical Fairy Tales," Grammy-nominated violinist Jenny Oaks Baker, previously of the National Symphony Orchestra, will perform works from her nominated album, "Wish upon a Star: A Tribute to the Music of Walt Disney." On this concert of musical fairy tales, the orchestra will also perform Rossini's Overture to William Tell, Grieg's Peer Gynt and the music from Fantasia 2000, Stravinsky's Firebird Suite, 1919. This concert will be repeated in an abbreviated format on Sunday, Feb. 3, which will combine the McLean Orchestra and McLean Youth Orchestra in their first ever "side-by-side" concert. The March

16 concert, titled "Gypsy," opens with Ligeti's Concert Romanesc before showcasing National Symphony Orchestra Concertmaster Nurit Bar-Josef and NSO cellist James Lee who will perform Brahms' Double Concerto for Violin and Cello. After intermission, the orchestra will perform Beethoven's Symphony 7, a work that Beethoven himself felt was one of his finest. "Route 66 to Paris" will close the subscription season on May 4. This concert will be a mix of enchanting American and French music including Ravel's La Valse and Pavane for a Dead Princess, Samuel Barber's Knoxville Summer of 1915 and Bernstein's Glitter and be Gay featuring NYC Soprano Courtenay Budd. The concert and season conclude with Gershwin's beloved An American in Paris complete with honking taxi cabs. All concerts are followed with a cake and champagne reception for conductor, musicians, soloists and audience alike.

The McLean Youth Orchestra will continue its mission of offering high quality classical musical training and performance opportunities to many of Northern Virginia's most talented youth. The MYO under Music Director Pauline (Tina) Anderson introduces its own new Principal Conductor Dr. Paul Kim who is also a professional violinist. The MYO will perform four concerts this season and will travel to Chiba, Japan in March to perform with its sister orchestra from Chiba. This continues a long tradition of international exchange for the MYO. All McLean Youth Orchestra concerts are free to the public.

For concert and ticket information visit the McLean Orchestra website at www.mclean-orchestra.org or call 703-893-8646.



McLean
Community
Center
The Center of It All



Here's What's Happening at MCC

Morning Movies

"Citizen Kane"

Wednesday, Oct. 3, 10 a.m.

Free, no reservations required
These free movies were personally chosen by the Alden staff from the American Film Institute's "100 Greatest Movies of All Time."

McLean 5K Run with the Warriors

Saturday, Oct. 6, 8 a.m.



McLean Square Shopping Center
Register to run or walk with wounded warriors, military personnel and community members in support of those who have so honorably served. www.mclean5k.com

McLean Project for the Arts

MPAartfest

Sunday, Oct. 14, 10 a.m.-5 p.m.

Free admission
McLean Central Park will be turned into a lively landscape of mini art galleries showcasing and offering for sale the work of a diverse group of 50 juried artists.

Take a Day Away

Fall with Frank Lloyd Wright

Sunday, Oct. 14-Monday, Oct 15

This trip includes tours of Fallingwater and Kentuck Knob, with an overnight stay at five-star Nemaquin Woods Resort.

Haunted Gingerbread House Workshop

Thursday, Oct. 18, 6:30-8 p.m.

\$45/\$35 MCC district residents
This is scary fun for the whole family as everyone works together decorating a pre-assembled gingerbread house.

The McLean Community Center

1234 Ingleside Ave., McLean, VA 22101



703-790-0123, TTY: 711
www.mcleancenter.org



Race for a Cause: Come be a Superhero!

We're partnering with Acumen Solutions for their 4th Annual Race for a Cause™ 8K and 1Mile Fun Run race on Sunday, October 14, 2012 in Arlington, VA.

Alexandria and Fairfax Region Boys and Girls Club will be one of 10 charities benefitting from the race and it's up to the runner or walker to pick which charity their donation will benefit. \$2,000 in combined prizes will be awarded to top race winners.

Please choose the Boys and Girls Club – Alexandria Olympic and Fairfax as your charitable preference!

Location: Arlington, VA

Date: October 14, 2012 • **Time:** 8:00 A.M.

The race will be on a fast out-and-back, flat course that begins and ends on North Quincy Street near the intersection of Wilson Boulevard. Runners of all levels, as well as walkers, are encouraged to participate. For more information and to register, visit: <http://communications.acumensolutions.com/Theraceforacause/index.html>

THE CONNECTION
NEWSPAPERS



HOME SALES

In August 2012, 22 Great Falls homes sold between \$2,110,000-\$350,000.

Address	BR . FB . HB ...	Postal City	Sold Price ...	Type	Lot AC .	PostalCode	Subdivision
1028 TIMBERCREEK TRL	4 ... 6 ... 2	GREAT FALLS	\$2,110,000	Detached	1.80	22066	ESTATES AT LONGWOOD
10115 NEDRA DR	5 ... 4 ... 1	GREAT FALLS	\$1,525,000	Detached	0.98	22066	HICKORY VALE FARM
11537 TRALEE DR	5 ... 4 ... 1	GREAT FALLS	\$1,450,000	Detached	2.01	22066	TRALEE ESTATES
730 PARRISH FARM LN	4 ... 5 ... 1	GREAT FALLS	\$1,380,000	Detached	6.70	22066	PARRISH FARM
816 THOMAS RUN DR	5 ... 5 ... 1	GREAT FALLS	\$1,309,500	Detached	1.73	22066	THOMAS AVENUE
10116 WALKER LAKE DR	4 ... 4 ... 1	GREAT FALLS	\$1,135,000	Detached	2.00	22066	WALKER WOODS LAKE
9226 STERLING MONTAGUE DR	6 ... 4 ... 1	GREAT FALLS	\$1,130,000	Detached	2.00	22066	WASHINGTON GREAT FALLS
632A SPRINGVALE RD	4 ... 4 ... 1	GREAT FALLS	\$1,125,000	Detached	1.95	22066	D H FROST PROP
1103 MOUNTAIN HOPE CT	5 ... 4 ... 1	GREAT FALLS	\$1,115,000	Detached	0.88	22066	CRIPPENS CORNER
855 CONSTELLATION DR	4 ... 4 ... 1	GREAT FALLS	\$1,110,000	Detached	0.52	22066	OLIVER ESTATES
1141 ROBINDALE DR	3 ... 7 ... 1	GREAT FALLS	\$1,010,000	Detached	1.54	22066	MILL RUN ACRES
10005 THOMPSON RIDGE CT	4 ... 4 ... 1	GREAT FALLS	\$970,000	Detached	0.83	22066	HICKORY CREEK ESTATES
1212 TROTTER HORSE LN	5 ... 3 ... 0	GREAT FALLS	\$899,500	Detached	0.54	22066	LOCUST HILL
10304 GALPIN CT	4 ... 3 ... 1	GREAT FALLS	\$850,000	Detached	0.49	22066	HICKORY CREEK
929 WELHAM GREEN RD	4 ... 3 ... 0	GREAT FALLS	\$825,000	Detached	0.92	22066	WINDERMERE
650 SENECA RD	4 ... 3 ... 0	GREAT FALLS	\$785,000	Detached	2.55	22066	SUGARLAND RUN
1100 JONQUIL CIR	3 ... 2 ... 1	GREAT FALLS	\$780,000	Detached	1.56	22066	MILL RUN ACRES
1003 CHALLEDON RD	4 ... 3 ... 1	GREAT FALLS	\$675,000	Detached	0.51	22066	LEXINGTON ESTATES
10802 MONTICELLO DR	5 ... 2 ... 1	GREAT FALLS	\$525,000	Detached	0.28	22066	GREAT FALLS FOREST
30122 MERCHANT CT	4 ... 2 ... 1	GREAT FALLS	\$523,000	Detached	0.23	22066	GREAT FALLS FOREST
10817 MONTICELLO DR	4 ... 2 ... 1	GREAT FALLS	\$520,000	Detached	0.25	22066	GREAT FALLS FOREST
929 UTTERBACK STORE RD	3 ... 1 ... 0	GREAT FALLS	\$350,000	Detached	0.47	22066	SPRINGVALE

Copyright 2012 RealEstate Business Intelligence. Source: MRIS as of September 14, 2012.

Scout Project Combines Technology, Hiking

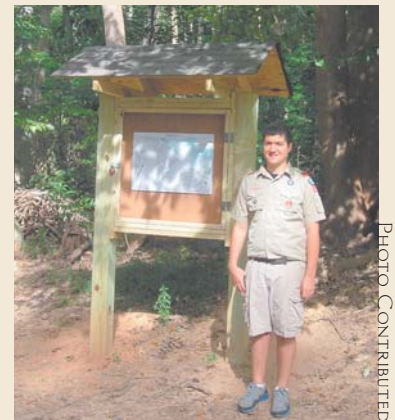
Nick Mariam, a Boy Scout in Troop 128, McLean, and a sophomore at Thomas Jefferson High School for Science and Technology, combined his interests in technology and hiking in his Eagle Scout Project at Seneca Tract in Great Falls.

Seneca Tract is a Northern Virginia Regional Park that is popular for hiking, access to the Potomac River, and horseback riding. The Potomac Heritage Trail runs through the park and connects the area with

Riverbend Park and Algonkian Regional Park.

Nick spent the summer coordinating efforts to GPS map over 7 miles of trails in the park. The derecho storms complicated the mapping of the trails as downed trees obstructed many of the trails in July.

Scouts from troop 128, family and friends helped Nick construct an information kiosk to display the map of the park. Nick dedicated over 200 volunteer hours to the planning and execution of the project.



Nick Mariam

PHOTO CONTRIBUTED

OPEN HOUSES SATURDAY/SUNDAY, OCTOBER 6 & 7

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click on the "This Week in Real Estate" link. **Call Specific Agents to Confirm Dates & Times**

Burke

6100 Eagle Landing Rd.....\$649,900.....Sun 1-4.....Carol Hermendorfer.....Long & Foster..703-503-1812

Chantilly

13722 Springhaven Dr.....\$419,900.....Sun 1-4.....Anne Lefevre.....Weichert..703-402-7595

Clifton

11906 Wolf Run Ln.....\$699,900.....Sun 1-4.....Marsha Wolber.....Long & Foster..703-618-4397

Fairfax

4103 Halsted Street.....\$598,000.....Sun 1-4.....Herb/Adeline Medeiros.....Long & Foster..703-980-9769

Fairfax Station

6100 Housatonic Ct.....\$689,000.....Sun 1-4.....Mary Ruehl.....Coldwell Banker..703-451-2500

Gainesville

13116 Bigleaf Maple Ct.....\$469,000.....Sun 1-4.....Jim GilbertSamson Props..703-969-0410

Springfield

7937 Donegal Ln\$649,900.....Sun 1-4.....David Unterman.....RE/MAX..703-869-1876

8102 West Point Dr.....\$469,000.....Sun 1-4.....Joni Koons.....Weichert..703-209-7277

Sterling

45567 Ruislip Manor Way.....\$425,000.....Sun 1-4.....Mobeen Khan.....Quick Sell..703-829-4459

20613 Glenmere Sq.....\$410,000.....Sun 1-4.....Karla Daniels.....Samson Props..571-330-0534

Vienna

10511 William Terry Dr.....\$998,000.....Sun 12-4.....Laura Maschler.....Century 21..571-338-3961

To add your FREE Realtor represented Open House to these weekly listings, please contact Salome Gaibler at 703-778-9421 or salome@connectionnewspapers.com
All listings are due by Monday at 3 P.M.

Book Writing as 'a Summer Job'

FROM PAGE 11

that today's children experience in the school cafeteria, and life in general, when they do not fit the social norm. In his case, Kianpour was wearing men's adult size pants at age eight.

BY AGE TEN, he was 70 to 90 pounds heavier than the average 10-year-old boy. "All I wanted, at the time," Kianpour writes, "was a friend who tried to understand what I felt. Because, if I had that type of friend, . . . I would have had . . . somebody to tell me that I was still a priority to them."

Kianpour credits his ninth grade English teacher at Langley High School, Vivian Jewell, with teaching him how to add detail to journal entries, transforming them into stories. This past summer, with a goal of losing some more weight, he decided that it would be constructive to think through how being overweight had impacted his life. His recollections began as journal entries, but took on the shape of stories and, by applying what he learned in Jewell's class, he was able to build those stories into a book. Writing and promoting the book became his summer job; and he approached it with the same organization, discipline and willpower as he exhibits in some of his stories—writing and rewriting a different chapter each day. He also wrote and directed a trailer promoting the book. One of the young women he enlisted to appear in the trailer, Caroline Bollinger, a 10th grade class-

mate at Langley High School, said, "I loved working with Connor to help him tell his story and promote his book. I didn't go into the trailer shooting expecting to talk about my own insecurities, but I'm really happy to have done so. I think a lot of people will be able to connect to the trailer and the book."

Kianpour says that when the first printing of his book was delivered on Sept. 12, 2012, it was a good feeling to know that the book was done and ready to go, but that an even better day was when he approached a fellow student and, with confidence and maturity, asked him not to make comments at Kianpour's expense and to be more empathetic. "There is satisfaction in standing up for yourself," says Kianpour, "I personally have not experienced a better feeling."

FROM THE TIME he was in elementary school, Kianpour says, "I was always reading and writing. I am definitely going to pursue writing to some extent. It will always be one of my passions." He is confident that, "everything will work out as it is meant to," and that lessons learned through adversity are valuable. "Heavy: a recollection" is available through Amazon.com in a print edition (\$9.50) and Kindle e-book format (\$5.75). The trailer promoting the book can be viewed at <http://heavybyconnorkianpour.weebly.com/promotions.html>.

MAISON ET JARDIN, LTD.



**OUTDOOR FURNITURE • PLANTERS & FOUNTAINS • HOME
ACCESSORIES & TABLE TOP • ARTIFICIAL FLORALS &
TREES • PICTURE FRAMES • WALL DÉCOR
INTERIOR ACCENT FURNITURE AND MORE!**

**AUTHORIZED DEALER OF
SUMMER CLASSICS OUTDOOR FURNITURE
& HADDONSTONE GARDEN ORNAMENTS**

**9867 GEORGETOWN PIKE, GREAT FALLS, VA 703.759.2825
www.MaisonEtJardinLtd.com**



Jan & Dan

EXCLUSIVE AFFILIATE OF
CHRISTIE'S
INTERNATIONAL REAL ESTATE

www.GreatFallsGreatHomes.com



Great Falls \$6,500,000



Great Falls \$2,199,000



Great Falls \$3,100,000



Great Falls \$2,595,000



Great Falls \$2,850,000



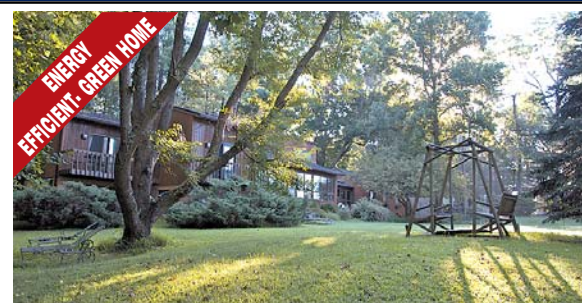
Great Falls \$2,495,000



McLean \$4,950,000



McLean \$745,000



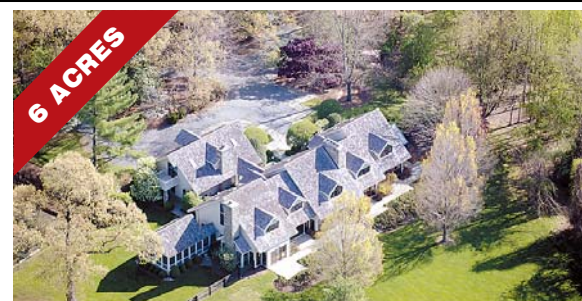
Great Falls \$820,000



Great Falls \$725,000



Great Falls \$1,075,000



Great Falls \$2,950,000



Great Falls \$1,550,000



Great Falls \$1,599,000



Great Falls \$2,150,000



Susan Canis
Realtor



703-759-9190 Office
703-444-1991 Home



Anne Morrow
Realtor

