

# Potomac ALMANAC

# Magic of Potomac Day

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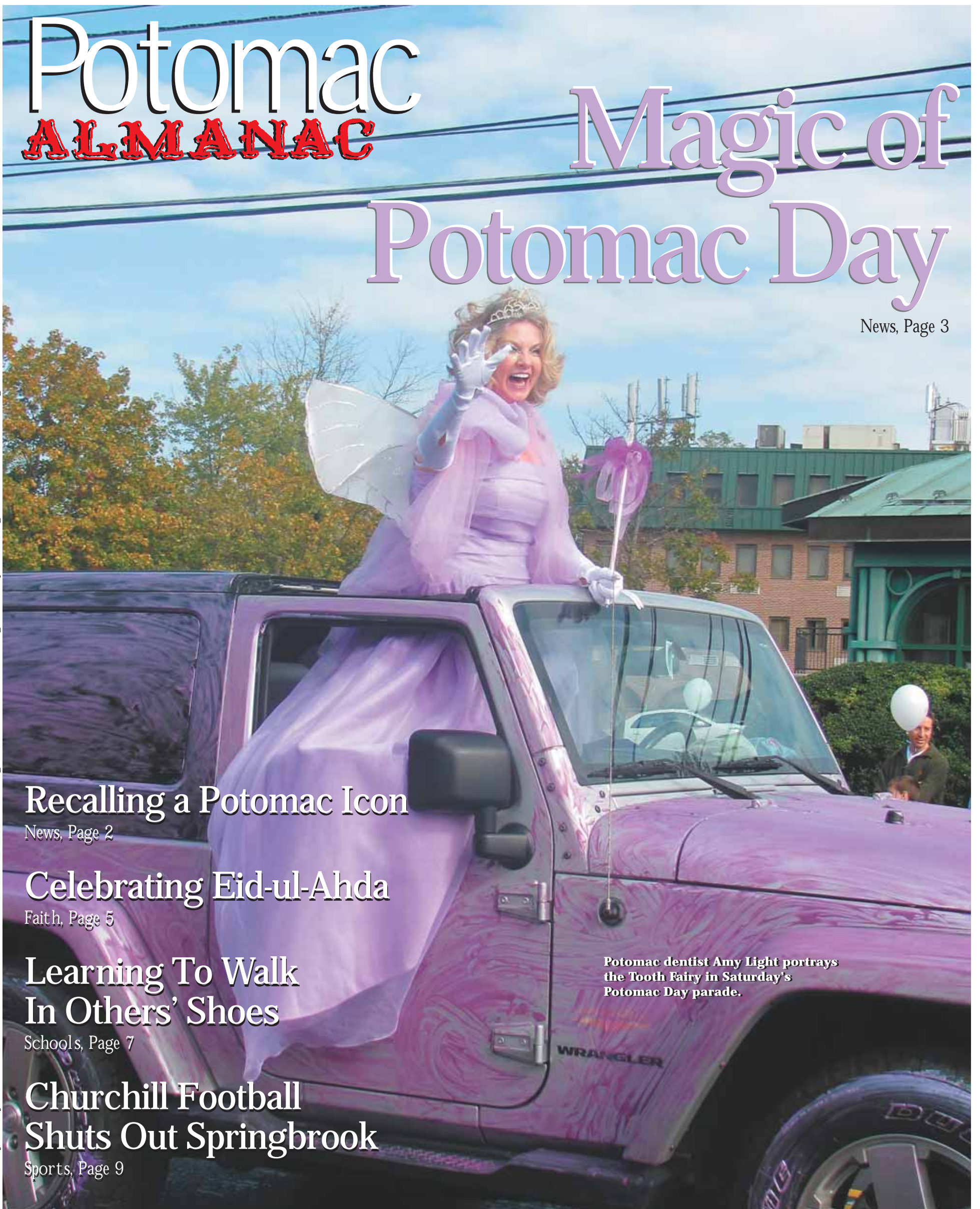
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Potomac dentist Amy Light portrays  
the Tooth Fairy in Saturday's  
Potomac Day parade.





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## News

# Recalling an Icon

**“Mitch” Mitchell of  
Mitch and Bill’s dies.**

By Cissy Finley Grant  
The Almanac

**H**e was a Potomac Village icon from 1949 until well into the 1980s. “Tough, fair, generous and loved to party” was how he was described by those who knew him best — the crew at Mitch and Bill’s Potomac service station.

Clyde Eastham Mitchell, was the “Mitch” of Mitch and Bill’s. He died from heart failure Oct. 18 at Kingshire Manor Assisted Living, Rockville. He was 86.

Born July 2, 1926, in Culpepper, Va., Mitchell was a graduate of Stevensburg (Va.) High School and immediately joined the U.S. Navy. “He lied about his age,” his son “Mike” said. Following three years serving in the Pacific during World War II, he relocated to Bethesda where he was employed by his uncle, the owner of Eastham’s service station. It was here that he met his future business partner, Bill Schumacher, who at the time was still a high school student working part time.

As they say, “The rest is history.”

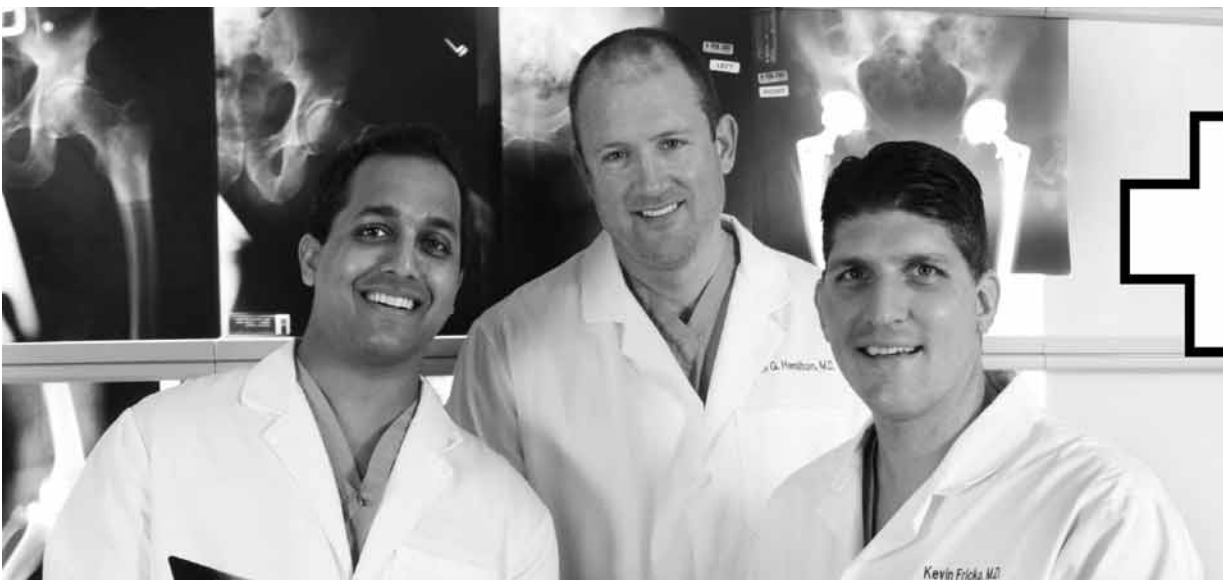
The pair teamed up to open their own station. “We got along fine for 32 years and never had an argument that I remember,” Schumacher recalled. He added, “One time there was a slight disagreement about buying a tow truck.” Apparently they ultimately agreed. Many who were around in those days recall there was a Mitch and Bill’s tow truck and when it went out on call, a dog named “ESSO” was perched on the front seat.

“Dad used to tell me there was nothing between here and the Potomac River when the station first opened in 1949. He said they could hear the waterfall on the river,” recalled “Mike” Mitchell. His dad also told him they could hear a car coming from a mile away. “It was a time when there were more horses in Potomac than there were cars,” he added.

“There was still a hitching post for horses down the hill where the drugstore was. When Dad heard the horse hooves coming he would run for the shovel,” said his son, “Mike,” 61, who started working at the station, “on the pay roll,” at age 13. He related, “the Potomac Almanac did a story on me then.”

Clyde “Mitch” Mitchell became involved

See Recalling, Page 6



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Photos by Mary Kimm/The Almanac

**Elie Cain, Potomac's unofficial mayor, works at the head of the parade to create some order.**



**Park police horses wait to lead the parade down River Road.**

## Ah, Potomac Day

**E**veryone loves Potomac Day — and this year's celebration was no exception. Balmy weather, a parade, a climbing wall, plenty of children's rides, classic cars, a petting zoo — and even the "Tooth Fairy" — all made the day an adventure for old and young alike. Potomac Day offered everything from pumpkin decorating to scarecrow creating. The yearly event also recognizes Potomac citizens, neighbors and organizations that make a difference in the community.

— Susan Belford

More photos, page 4



Photo by Susan Belford/The Almanac

**Vicky, Gurpreet and Saji with Saffy, Saji's service dog.**



**Behnke's truck rolls down the parade route.**

Photos by Susan Belford/The Almanac



**JT Malorgio enjoys helping to raise money for pediatric cancer. A Penn State student, JT said that the group raised \$11 million last year.**



Photos by Ken Moore/The Almanac

**Loretta LaRosa with grandson Dean, 2 1/2, along Falls Road.**



**Paige Keith, 5, secures one of the best seats in the house to watch the parade with her friend Ryan Schoenfeld, 5, and mother, Christine Keith.**



**Multiple generations come to Potomac Day, including Mark Greenblatt, his son Micah, 3, and father Mickey.**

Photos by Ken Moore/The Almanac



**Reese Rosenthal, four months, enjoys her first Potomac Day with her mother, Andrea Rosenthal.**



**Jordan Rosenthal, 5, with sister Paige, 2.**

Photos by Ken Moore/The Almanac



**Elizabeth Kinney, 2 and 1/2, came to the parade with brother David, 4 and 1/2, father Cliff and mother Rebecca.**



# Potomac Day



**Yolanda Prinsloo, Dot Procter and Felisia Federman from the Art Gallery of Potomac: They love seeing everyone in the community and that Potomac Day really brings everyone out.**

Photos by Susan Belford/The Almanac



**Boy Scouts Jackson and Reed Will from Pack 1306 like selling popcorn.**



Photos by Mary Kimm/The Almanac

**U.S. Rep. Chris Van Hollen congratulates the two youth of the year and business person of the year. The people of the year will be honored at a dinner in November at Normandie Farm. Lindsey Thaker, of Holton-Arms School, and Jonathan "JD" Dyer, of Bullis School, are the 2012 Youth of the Year. The chamber's Businessperson of the year is Dr. Gerald L. Boarman, fifth head of Bullis School.**



**Lois Williams, 2012 Citizen of the Year.**



**Adam Greenberg, president of the Potomac Chamber, and Jennifer Matheson, the primary organizers of Potomac Day.**



**Andy Alderdice, former Business Person of the Year and Chamber board member.**



**Paul and Carolyn Kokulis were Citizens of the Year in the 1980s and joined the parade.**

Photos by Mary Kimm/  
The Almanac



Photo by Ken Moore/The Almanac

**Curt and Anna Puhl with their children Ryan, 7, and Madison, 5.**



Photo by Susan Belford/The Almanac

**Opera Singer and Potomac native Chrissellene Petropoulous comes every year to sing the National Anthem. She is with Dimitrios Mantzouranis.**



**Karen Currie storybook character and leader of Friends of the Library Potomac.**



**Jarunee Toktaeng, the owner of Toys Unique, watches the parade.**



## Faith

# Celebrating Eid-ul-Ahda

## Families marks completion of the Hajj.

By Tazeen Ahmad  
The Almanac

**M**any local area children will be missing school this Friday as hundreds of Muslims gather at local mosques, community centers and in their homes to celebrate the Muslim holiday of Eid-ul-Ahda.

"I love wearing the special clothes that I get just for Eid. It's fun to spend the day with my cousins and visit my friends," said Aden Ahmad, a sixth-grader at Cabin John Middle School. For her brothers, Yusuf and Isa, who attend Churchill High School, the favorite part about Eid is the food.

"On this holiday we remember the act of complete submission of Prophet Abraham when he was asked by God to sacrifice his son Ishmael and Ishmael's consent to being sacrificed," said Anser Ahmad, a lawyer by profession and president of the Potomac

chapter of the Ahmadiyya Muslim Community. "Before the actual sacrifice happened God stopped Abraham and provided a lamb, telling Abraham he had passed the test and he should sacrifice the lamb instead, and we follow that same tradition of sacrificing an animal on this holiday."

Eid-ul-Ahda is one of two holidays celebrated by Muslims each year. While the first, Eid-ul-Fitr, marks the end of the month of fasting, this Eid marks the completion of the Hajj — the yearly pilgrimage to Mecca in Saudi Arabia, the rites of which are rooted in the story of Abraham and his willingness to sacrifice his son in obedience to God.

Hundreds of Muslims from the region will participate in prayers, hear sermons, visit family and friends and those who can afford it will sacrifice a lamb and share the meat amount family, friends and the poor, who each get a third share.

"Many people fulfill this requirement by sending money overseas through charitable organizations so the meat can be distributed to

See Muslim Families, Page 12

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All Open Houses are 9 a.m. to 12 p.m., with tours at 9 a.m. & 11 a.m.  
and information sessions at 10 a.m. No reservations required.



## News

# Recalling a Potomac Icon

From Page 2

in many Potomac activities as Potomac grew, and his business grew with it. He was very active in the Potomac Chamber of Commerce. "He served on the board of directors when I was president," Harry Lowe, president of Lowe and Tillson Insurance and Associates, then located at the Village crossroads. "He was a great friend and always willing to help out. I remember, in the early '50s, "Mitch" would open up the station lobby for all the kids to come in and stay warm while waiting for the school bus. He and Bill were part of a great generation," Lowe said.

Leonard Proctor, an employee at the station for 45 years, concurred, "Everybody liked 'Mitch'." People, even though they didn't need gas, often stopped by the station to just talk with him. It was Proctor's famous egg nog punch that for many years brought hordes of Potomac citizens into the station on Christmas eve for a treat.

"Mitch" retired at age 64 following a stroke. Prior to then, one of his prime philanthropic interests was championing Potomac's Little League Baseball team. He was also an avid golfer. "He took it up after his retirement," his son said. "He would drive out, visit at the station and then head for the Falls Road golf course,"

Throughout the years hundreds of Potomac teenagers got their first jobs at Mitch and Bill's. "They worked here during high school. Now, many who are successful doctors, lawyers and businessmen, come back to visit. They stop by to see who is still here," said "Mike" Mitchell. Those who visit will still find Sean Ridge, general manager, and Harry Waters, who started at age 20, now service manager. "Mitch" was very generous. He was demanding. You always had to be busy. He was also very fair," Waters said.

Eugene Roesser, Jr., today a stockbroker, worked at Mitch and Bill's for two years during his high school days. "Back then you serviced the customer. Mitch really knew his business. Roesser's mother, Jean, former Maryland state senator, added, "They represented the spirit of Potomac and were a magnet for people through their personal service."

Each and every employee mentioned "Mitch" Mitchell's work ethic and fairness. "Mike" Mitchell



Photo Contributed

**Clyde Eastham "Mitch" Mitchell (right) and William Schumacher, established "Mitch and Bill's" ESSO, Potomac, in 1949. Located on a corner of Falls and River Roads, it is presently Mitch and Bill's Sunoco.**

added color to the picture when he explained, "Some times it was worse if you goofed up and Dad did not say anything. You had to stew in it all day."

However, "Mitch" would also tell a good story. "Mike" Mitchell recollected, "Dad always considered himself to be a good judge of people. One day there was a young man looking for a job. He was just out of the service, a veteran, and really destitute. Dad talked to him for quite a while and decided he was OK. The man also needed a place to stay, so Dad checked around and found him a room. All the arrangements were made and the future employee needed money for the room rent. He asked for a week's vacation pay in advance. Dad gladly gave him the money. He never saw him again."

"Mitch" told the story on himself. "And I never let him forget it," "Mike" Mitchell added.

Clyde Eastham Mitchell and his late wife, the former Anna Mae Brown, were the parents of four children. In addition to Clyde Michael "Mike" Mitchell and a daughter, Mary Catherine "Kitty" M. Bowling, two children, Andrew Franklin ("Little Mitch") Mitchell and Anna Jo Mitchell, pre-deceased their parents.

There are four grandchildren: Heather M. Moore, Chad M. Mitchell, Ashleigh B. Weaver and Lindsay M. Foucar-Szocki. One great-grandson, Connor M. Mitchell, is the year-old son of Chad Mitchell and his wife Christi. He also leaves a brother, William Mitchell, of Dover, Del.

## Bulletin Board

Email announcements to [almanac@connectionnewspapers.com](mailto:almanac@connectionnewspapers.com).  
Deadline is Thursday at noon.

### SATURDAY/NOV. 3

**Pet Connect Rescue Cat Adoption Event.** 11 a.m. - 2 p.m. White Flint Plaza PetSmart, 5154 Nicholson Ln. Visit [www.petconnectrescue.org](http://www.petconnectrescue.org)

### THURSDAY/NOV. 8

**Free Remodeling Seminar.** 6-8 p.m. Hopkins & Porter, Inc. will be offering "How to Fall in Love with Your Home Again," a free design and remodeling seminar, including a complimentary supper with opportunity to discuss one's own

project with professional staff. Space is limited to 15 participants per session. RSVP by calling 301-840-9121, #17 or emailing [Debbie@hopkinsandporter.com](mailto:Debbie@hopkinsandporter.com). The seminar will take place at the offices of Hopkins & Porter, 12944-C Travilah Rd., #204.

### SUNDAY/NOV. 11

**Har Shalom Open House for the 2013-2014 School Year.** 9:15-11 a.m. Tour the school, meet with the Rabbi and ECEC teachers and parents of children currently enrolled. Learn more about the Har Shalom community and enjoy a puppet show.

### THURSDAY/NOV. 15

### Roller Rink Discussion.

7 p.m. Montgomery County Recreation is seeking public input on a suggestion to modify the existing Potomac Community Center Roller Rink in order to provide a smooth, soft surface play area to provide an accessible sports area to expand adapted sports programming by the Recreation Department and other providers. Open to the public. At the Potomac Community Center, 11315 Falls Rd. Contact Jeff Bourne at 240-777-6800.

### SATURDAY/NOV. 17

**Pet Connect Rescue Adoption Cat Event.** 11 a.m.-2 p.m. BARK! (Congressional Plaza) 1643 Rockville Pike. Visit [www.petconnectrescue.org](http://www.petconnectrescue.org)

[www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)



## Schools

# Learning To Walk in Others' Shoes

## Special Needs Awareness Week teaches empathy.

By Marilyn Campbell  
The Almanac

**G**racie Yoon, a third grade student at Potomac's Wayside Elementary School recently spent part of her academic day walking on crutches and moving herself around a classroom in a wheel chair. Yoon is not a student with special needs, however.

"I went into someone's shoes," said Yoon. "I would feel really frustrated. I'm thankful that I don't have a disability."

Yoon's activities were part of a weeklong Wayside initiative called SNAP (Special Needs Awareness Program), which is aimed at fostering empathy and sensitivity to others in the students. The effort, which is in its second year, included interactive stations and speech simulation activities. Students also had opportunities to test equipment designed to aide those with speech, vision, audio and physical impairments.

"Through the interactive stations, the students learned about the challenges faced by people with mobility, balance, coordination, speech and fine motor disabilities," said Heather Sachs, one of SNAP's co-founders and the mother of a Wayside first grade student with Down syndrome.

The week also included a visit from Potomac native, former U.S. Army officer and decorated Iraq War veteran Luis Montalván. Montalván wrote "Un-



Photo by Georgette Grossman

**Students from Wayside Elementary School in Potomac wear mittens while trying to pick up small objects in a container. The activity is designed to simulate sensory deprivation.**

til Tuesday," a memoir based on his story of healing with the help of his golden retriever Tuesday. During presentations to parents, teachers and students, he shared a message of acceptance and discussed what it is like to live with physical and psychological disabilities.

"The goal is to build awareness and the fact that we have to be mindful of people who are different," said Nancy Averill, Wayside School counselor and SNAP program coordinator.

During the week, students researched, read books and had class discussions on disabilities. "This experience provides my students the opportunity to not only talk the talk, but to walk the walk," said Jennifer Lewington, a third grade teacher at Wayside.

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# Opinion

## Be Part of the Children's Almanac

### Call for student artwork and writing; deadline Dec. 3.

**D**uring the last week of each year, The Almanac devotes its entire issue to the creativity of local students and children. The results are always remarkable. It is a keepsake edition for many families.

The annual Children's Almanac is a tradition of well over a decade, and we begin getting inquiries from teachers and parents about submitting artwork and writing almost as soon as summer is over.

We publish artwork, poetry, essays, creative writing, opinion pieces, short stories, photography, photos of sculpture or gardens or other creative efforts.

We ask that all submissions be digital so they can be sent through email or delivered on CD or flash drive. Writing should be submitted in rich text format (.rtf). Artwork should be photographed or scanned and provided in jpeg format.

Identify each piece of writing or art, including the student's full name, age, grade and town of residence, plus the name of the school, name of teacher and town of school location. Please provide the submissions by Monday, Dec. 3.

Some suggestions:

❖ Drawings or paintings or photographs of your family, friends, pets or some favorite activity. These should be photographed or

scanned and submitted in jpeg format.

❖ Short answers (50 to 100 words) to some of the following questions: If you could give your parents any gift that didn't cost money what would that gift be? What are you most looking forward to in the upcoming year? What is one thing that you would change about school? What do you want to be when you grow up? What is your favorite animal? What is your favorite toy? What makes a good parent? What makes a good friend? What is the best or worst thing that ever happened to you? What is the best gift you've ever given? Ever received?

❖ Your opinion (50 to 100 words) about traffic, sports, restaurants, video games, toys, trends, etc.

❖ Poetry or other creative writing.

### Editorials

## Halloween Parties, SoberRide

Halloween is now as much of an adult party as a children's festival. Along with the Fourth of July, the holiday period including New Year's Eve and a few other dates, Halloween stands out as a holiday connected to an increase in drinking and driving. If you will be out celebrating with alcohol, you can plan ahead. Assign a designated driver. Celebrate at home. Take public transportation. But if these plans fall through, the nonprofit Washington Regional Alcohol Program (WRAP) Halloween SoberRide program provides a safety net.

For six hours from 10 p.m. on Wednesday, Oct. 31 until 4 a.m. on Thursday, Nov. 1, SoberRide serves as a way to keep impaired drivers off the road. During this six-hour period, area residents ages 21 and older celebrat-

ing with alcohol may call the toll-free SoberRide phone number 1-800-200-TAXI and be afforded a no-cost (up to a \$30 fare), safe way home.

Sponsors of this year's Halloween SoberRide offering include: Anheuser-Busch, AT&T, Diageo, Giant, MillerCoors, Red Top Cab of Arlington, Restaurant Association Metropolitan Washington, Volkswagen Group of America and the Washington Area New Automobile Dealers Association.

Since 1993, WRAP's SoberRide program has provided 55,694 free cab rides home to would-be drunk drivers in the Greater Washington area. For more information visit [www.wrap.org](http://www.wrap.org)

— Mary Kimm,  
mkimm@connectionnewspapers.com

Please send all submissions by Dec. 3. The Children's Almanac will publish the week of Dec. 27, 2012.

### Letters to the Editor

## Against Free Speech?

To the Editor:

I am active in the Republican Party, serving as my precinct chair. That, so far as I can determine, is not a punishable offense. And yet, each of the first two Romney/Ryan signs I posted this election season disappeared within 24 hours, a third was defaced and this morning a fourth in my front yard was smeared with excrement, perhaps by one of the many dog walkers who parade up and down our street, plastic baggies in hand.

It would be reasonable to speculate that this attempt to abridge free speech did not come from a fellow Republican. Whoever it did come from might be well-advised to reflect on where such small steps against basic rights and common civility can lead.

Hopefully local Democratic leaders will join me in denouncing this admittedly modest assault on a basic constitutional right and continue to make Obama/Biden signs available to those who wish to peacefully advocate an alternative viewpoint.

Neil Currie  
Potomac

## Where They Stand On Brickyard

To the Editor:

The Brickyard Coalition submitted questionnaires to all six candidates who are vying for seats on the Board of Education in the November 2012 election.

All of the challengers responded to this questionnaire, but neither of the two incumbents responded. The responses may be viewed at [brickyardcoalition.org](http://brickyardcoalition.org).

The BOE election offers voters stark choices due to the candidates' very different views regarding the Brickyard Road property currently owned by the Montgomery County school system. The BOE leased this property to the county in 2011 in a secret process without opportunity for public input, so that the county could in turn sublease it to a privately owned soccer organization. The Coalition is fighting to reverse these leases so that a transparent, robust process with input from all stakeholders can be initiated to determine the best use of this property that is consistent with the board's mandate to hold it in trust for educational purposes. Here is a brief summary of the Brickyard positions of the board candidates:

Keith Williams  
Potomac

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# Sports

## Churchill Football Shuts Out Springbrook

The Churchill football team earned its third shutout of the year on Oct. 19, beating Springbrook 14-0. The Bulldogs, who also shut out Kennedy and Bethesda-Chevy Chase, are allowing 11.3 points per game on their way to a 6-2 record.

### Sports Briefs

Will Sickels led the Churchill defense with 10 tackles. Blake Dove had nine tackles and Giulian Groce had eight. Sam Sloate had two sacks and Vinny Montgillion and an interception.

Offensively, running back Malik Harris led Churchill with 15 carries for 142 yards and a touchdown. Dove carried 13 times for 43 yards and a score.

Churchill will host Wootton at 6:30 p.m. on Friday, Oct. 26 before wrapping up the regular season with a road game against Sherwood on Nov. 2.

## Bullis Football Improves to 7-0

The Bullis football team defeated St. Albans, 29-0, on Oct. 20, improving the Bulldogs' record to 7-0. The Bullis football program

has won 15 games in a row and hasn't lost since dropping a 35-27 contest against Bishop Ireton on Sept. 10, 2011.

Bullis will host Landon at 7 p.m. on Saturday, Oct. 27.

## Whitman's Morton Has Big Game In Defeat

Whitman running back Zac Morton rushed for 163 yards and a touchdown against Damascus on Oct. 18, but it wasn't enough as the Vikings lost to the Hornets, 41-24.

Whitman quarterback Kevin McGowan was 13-of-28 for 108 yards, two touchdowns and two interceptions.

The loss dropped Whitman's record to 3-5. The Vikings will travel to face Walter Johnson at 6:30 p.m. on Friday, Oct. 26 before finishing the regular season on the road against Paint Branch on Nov. 2.

## Wootton Football Suffers Narrow Defeat

The Wootton football team lost to Watkins Mill, 15-14, on Oct. 18, dropping its record to 4-4. The Patriots will travel to face rival Churchill at 6:30 p.m. on Friday, Oct. 26 before hosting Gaithersburg for its regular season finale on Nov. 2.

## Regional Field Hockey Matchups

The Wootton, Churchill and Whitman field hockey teams will take part in MPSSAA regional quarterfinal action on Thursday, Oct. 25.

Wootton, the No. 1 seed in the 4A West Region, will host Clarksburg. Churchill, 4A West's No. 3 seed, will host Quince Orchard. Whitman, the No. 4 seed in the 4A South bracket, will host Paint Branch.

### < sh> Boys' Soccer Seeds

The MPSSAA regional boys' soccer brackets have been released. Wootton is the No. 2 seed in the 4A West Region and receives bye. Churchill is the No. 6 seed and will host Richard Montgomery in the first round. Whitman is the No. 10 seed and will travel to face Bethesda-Chevy Chase.

## Girls' Soccer Brackets

The MPSSAA regional girls' soccer brackets are out. Whitman is the No. 3 seed in the 4A West bracket and receives a bye. Wootton is the No. 7 seed and will host Blair. Churchill is the No. 11 seed and will travel to face Richard Montgomery.

## LET'S TALK Real Estate



by Michael Matese

### Seven Tips to Buying a House

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• **Your Lender and Your Loan**  
Choose your lender wisely: make sure the loan program you apply for is appropriate for your needs and long-term goals. For example, if you know you're going to be in the home for less than five years before you move, why pay closing fees up front? Often, you can save money by raising the interest rate you pay by half a percent. Your monthly payment may be higher, but over time, this choice is more financially sound. A good lender will take the time to find the loan that's best for you.

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Photo by Harvey Levine/The Almanac

**Churchill running back Malik Harris, seen earlier this season, rushed for 142 yards and a touchdown during a victory against Springbrook on Oct. 19.**

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### Rockville (20850, 20852)

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**For an Open House Listing Form, call Deb Funk at 703-778-9444 or e-mail [debfunk@connectionnewspapers.com](mailto:debfunk@connectionnewspapers.com) All listings due by Monday at 3 P.M.**



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# Oh "K," Finally



By KENNETH B. LOURIE

Off the cancer couch and onto the street to participate in my first fundraiser event for lung cancer research. With the assistance and support of LUNGEVITY Foundation, on November 4th, I will be joining hundreds of fellow lung cancer survivors, supporters and volunteers in "Breathe Deep DC," (a local "grassroots" event) for a 5K walk around the monuments in Washington, D.C. This is D.C.'s "only walk to support lung cancer research." "Breathe Deep DC" was founded by Bethesda resident, Jerry Sorkin, himself a three-time cancer survivor, having been most recently diagnosed with stage IV lung cancer in August 2007. In its three years of existence, "Breathe Deep DC" has raised some \$800,000 for lung cancer research. And so, through the initiative of Team Captain, Jennifer Meacham, a long-time friend, Team "Kenny's Column" has been registered and is on track, rain or shine to walk the talk on November 4th. For more information on how to participate, donate, volunteer, learn more or to simply dip your toe in the cancer water, go to [www.lungevity.org](http://www.lungevity.org).

As for yours truly, I am cautiously optimistic that I can complete the distance. 5K is nearly three miles, right? I think I have the energy. I know I have the interest and desire. However, the neuropathy in my feet (a common side effect of chemotherapy) makes walking distances somewhat challenging. I'll wear comfortable sneakers and loose-fitting clothing and certainly won't be in a hurry. Still, the walk will cover a distance that I've rarely ever walked - in my life, and will require being on my feet for a lot longer than I would prefer. Nevertheless, at this juncture, I am committed (or rather should be) and determined. I've been extremely fortunate to have outlived my prognosis by as many months as I have ("13 months to two years," originally; 44 months and counting at present - thank God!), and the timing of this event, relative to my current health and treatment regimen couldn't be better. It's now or it might be never. And it's high time I got in the game, so to speak.

And the timing to which I refer is even a bit better than that. Last month, I meant Carrie Friedman, Nurse Navigator for Inova Fairfax Hospitals' Thoracic Oncology Program, who came upon a few of my cancer columns and after reading them, contacted me about speaking at their third annual "Shine a Light on Lung Cancer" event to be held November 15th at the Dewberry Life with Cancer Family Center located at 8411 Pennell St., Fairfax, VA 22031. Sponsored in part by the Lung Cancer Alliance and Inova Hospital's Life with Cancer Center, the event was created to help raise lung cancer awareness (November being the official Lung Cancer Awareness Month). For further information, go to [www.inova.org/events](http://www.inova.org/events) and click on "Shine a Light on Lung Cancer" or call Ms. Friedman at 703-776-3777.

As it has also happened, last month I was contacted by Audrey Weisiger who, likewise after reading a few of my cancer columns, has asked me to appear on a new weekly Internet radio program she's hosting (December 12th is the air date). Ms. Weisiger, a recently retired elite-level figure skating coach (she coached Michael Weiss of Fairfax for 18 years, she told me) is reaching out to the community in this new endeavor in hopes of sharing first-hand accounts of individuals dealing with and/or overcoming their unique challenges.

In my three-plus years of sharing about my experiences as a stage IV lung cancer patient, I have received countless cards, letters and e-mails from many fellow patients, their family members and friends, thanking and encouraging me as I have continued to chronicle the demands of being diagnosed with a terminal disease. Only once before have I been involved in a cancer-related event of any kind. Yet, in the next month, I will have immersed myself in three of them. I've always been hesitant to do so, fearful of its effect on me. I guess I've matured and have realized that this cancer thing is much bigger than I am. It's time to stand up and be counted, not merely sat down and read.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



# Entertainment

Email community entertainment events to [almanac@connectionnewspapers.com](mailto:almanac@connectionnewspapers.com). Deadline is Thursday at noon. Photos and artwork encouraged.

## THURSDAY/OCT. 25

**Art, Henna, and Wine.** 7-10 p.m. Starts with a printmaking experience with Lisa Murphy, then moves to a demonstration and hands-on workshop on traditional henna patterns. Inspired by a highlights tour of Strathmore's exhibit, Skin, have your hands painted with temporary henna tattoos painted by artist Bhavna Naik. The Mansion at Strathmore, 10701 Rockville Pike. Call 301-581-5200 or visit [www.strathmore.org](http://www.strathmore.org).

## FRIDAY/OCT. 26

**Strathmore Cabaret: Favorites with a Twist from Cole Porter to Harry Connick Jr.** 6:30 p.m. Music Center at Strathmore, 5301 Tuckerman Lane. Lockheed Martin Lobby. Tickets: \$150 per person. Crooners from Cole Porter to Harry Connick, Jr. and everywhere in between, Strathmore Cabaret celebrates the ambiance of cabaret with an evening of music, dining and fun. Reserve by Friday, Oct. 19. Call 301-581-5100 or visit [www.strathmore.org](http://www.strathmore.org).

**Casey Driessen: the Singularity Tour.** 8 p.m. Mansion at Strathmore, 10701 Rockville Pike. Tickets \$15. Fiddler Casey Driessen makes the Washington, D.C. debut of his new Singularity project at Strathmore. This performance is part of Strathmore's series Storied Strings: The Violin in America. Call 301-581-5100 or visit [www.strathmore.org](http://www.strathmore.org).

## SATURDAY/OCT. 27

**Swing Dancing.** 9 p.m.-midnight. Admission is \$15. One-hour lesson from 8 to 9 p.m. With the Tom Cunningham Orchestra. At Glen Echo Park, 7300 MacArthur Blvd. Visit [www.tomcunningham.com/calendar](http://www.tomcunningham.com/calendar).

**Zydeco Dance Party.** 8:30 p.m.-midnight. Dancing by the Bayou presents Zydeco dancing with Sammy Naquin & Big Easy Zydeco at in the Bumper Car Pavilion at Glen Echo Park. Admission is \$15. No partner

children under 2 free. Rain or shine. Visit [www.suburbannurseryschool.org](http://www.suburbannurseryschool.org).

**Symposium: Unified Elements of Tattooing.** 2 p.m. Join Paul Roe of British Ink on H Street for a symposium on the art of the tattoo — from ancient Egypt to the present day — in the music room of the mansion. Free. The Mansion at Strathmore, 10701 Rockville Pike. Call 301-581-5200 or visit [www.strathmore.org](http://www.strathmore.org).

**Night At the Mansion.** 7-10 p.m. Drop teens ages 11-14 by for an evening of fun: workshops in printmaking and temporary henna tattoos, special snacks, and a super scavenger hunt that takes in parts of the Skin exhibition. The Mansion at Strathmore, 10701 Rockville Pike. Call 301-581-5200 or visit [www.strathmore.org](http://www.strathmore.org).

**BSO: Mozart and Brahms.** 8 p.m. Brahms' breathtaking Double Concerto is tailor-made for BSO principals Jonathan Carney and Dariusz Skoraczewski. Hear one of Mozart's great symphonies, No. 35, the "Haffner." The Music Center at Strathmore, 5301 Tuckerman Lane. Call 301-581-5200 or visit [www.strathmore.org](http://www.strathmore.org).

**Celebration Night.** 5:30-10:30 p.m. VisArts will commemorate its 25th anniversary with a celebration recognizing the many artists, instructors, partners and collaborators integral to its success in the past and the promise of its future. Visit [www.visartscenter.org](http://www.visartscenter.org).

**Nuno Scarf Workshop.** 1-4 p.m. Join local fiber artist Bev Thomas for a three hour nuno felt scarf class. Nuno felt is a fabric made by felting together wool and light weight fabrics, such as silk or cotton. \$90. VisArts at Rockville, 155 Gibbs St. Visit [www.visartscenter.org](http://www.visartscenter.org) to register.

## SATURDAY-SUNDAY/OCT. 27-28

**CityDance: Christopher K. Morgan & Artists - Spiraling.** 8 p.m. on Oct. 27; 3 p.m. on Oct. 28. The performances will be followed by a discussion with the artists. Approximately 80 minutes. The Music Center at Strathmore, 5301 Tuckerman Lane. Call 301-581-5200

or visit [www.strathmore.org](http://www.strathmore.org). **"Explorations" Plein Air and Studio Paintings.** noon-6 p.m.

Maryland artist Ray Burns will present his plein air and studio paintings featuring landscapes and townscapes from a variety of locations in Montgomery and Frederick counties. The exhibit will be held at the

Yellow Barn Gallery. Call 301-371-5593, or the National Park Service, Glen Echo, at 301-492-6229. See some of Ray's work at [www.raymondburnsart.com](http://www.raymondburnsart.com).

## SUNDAY/OCT. 28

**Billy Collins & Mary Oliver.** 3 p.m. Music Center at Strathmore, 5301 Tuckerman Lane. Tickets \$45-\$75. Billy Collins and Mary Oliver will share personal favorites and iconic writings from their notebooks. Call 301-581-5100 or visit [www.strathmore.org](http://www.strathmore.org).

**Dali Quartet (family performance).** 3 p.m. Mansion at Strathmore, 10701 Rockville Pike. Tickets \$18. Families will learn various rhythmic patterns, dance steps and the origin of many of these

# Ghoulish Halloween Cooking

## Spooktacular ideas for making halloween treats with children.

By Marilyn Campbell  
The Almanac

Looking to add a bit of sugary fright to Halloween? From swamp juice and mummy pizza to haunted gingerbread houses and spider cupcakes, local culinary experts say ideas for frightful treats abound.

"Halloween is really a kids' holiday. It's fun and there are lots of ways to incorporate the holiday into cooking," said Holly Utt, director of operations for Tiny Chefs cooking school with classes in Potomac, Alexandria, McLean, Oakton, Springfield and Arlington.

Susan Hemphill, manager of Just Cakes in Bethesda, suggests adding a bit of spook to a traditional gingerbread house. "You can use gingerbread houses, but prepare icing and dye it black, orange or purple," she said. "Instead of using candy canes and gumdrops, use things like candy corns and licorice ropes candy in

Halloween colors like black and oranges." Hemphill is offering a haunted house decorating class for chil-

genres and how they relate to and influence Western classical music. Call 301-581-5100 or visit [www.strathmore.org](http://www.strathmore.org).

**Dali Quartet (general performance).** 7:30 p.m. Mansion at Strathmore, 10701 Rockville Pike. Tickets \$32. Call 301-581-5100 or visit [www.strathmore.org](http://www.strathmore.org).

**Haunted House.** 4-6 p.m. The Clara Barton Community Center will hold its sixth annual Haunted House at Cabin John, 7425 MacArthur Blvd. Appropriate for 12 and under. Parents should accompany young ones. No charge for entry. Refreshments will be served, and small gift items will be handed out to children. For adults, a small, separate section will feature frightening things. Call 240-777-4910 or visit [www.friendsofclarabartoncommunitycenter.org](http://www.friendsofclarabartoncommunitycenter.org).

## TUESDAY/OCT. 30

**WPAS: Andras Schiff, piano.** 8 p.m. This performance is made possible through the generous support of Betsy and Robert Feinberg. The Music Center at Strathmore, 5301 Tuckerman Lane. Call 301-581-5200 or visit [www.strathmore.org](http://www.strathmore.org).

## TUESDAYS/OCT 30 THROUGH DEC. 4

**Wheel Away the Day (Grades 6-8).** 4-6 p.m. This class will introduce young learners to the basic concepts of wheel throwing: centering, opening and pulling forms. This class will be limited to no more than five students. Tuition: \$180. Visit [www.visartsatrockville.org](http://www.visartsatrockville.org).

## WEDNESDAY/OCT. 31

**Family Halloween Party.** 4 p.m. A "slightly spooky" storyline for preschoolers and their families. Wear costumes as there will be a costume parade. No registration required.

dren on Saturday, Oct. 27, at Just Cakes.

Christine Wisnewski, an instructor at Culinaria Cooking School in Vienna, believes in moderating sweets on the most candied holiday of the year. "Given that Halloween has become synonymous with sugar-overload, I like to approach homemade Halloween treats with a 'less is more' approach," she said. "I am not a huge fan of cupcakes with heaps of too-sweet, neon-colored icing. I like to go light on the frosting or skip it all together [and instead use] a light glaze of dark chocolate ganache embellished with decorations made from melted white chocolate. White chocolate spider webs atop dark chocolate glazed cupcakes look great."

Utt believes that cooking classes can be educational while still maintaining a spooky spirit. A few of her tiny chefs made a pretzel-based snack called Scare-

crow Mix recently. "We had an interesting discussion about why it is called scarecrow mix," said Utt. "We talked about how scarecrows have different parts that are put together. The pretzels could be the straw and they were trying to match the different parts with what could be the part of a scarecrow."

On Oct. 27, Tiny Chefs is offering a Halloween-themed cooking class for children at the Falls Church Community Center. "We'll make spooky treats galore, like Pizza Mummies, Edible Spiders & Swamp Juice to wash it all down," said Utt.

## TUESDAY-WEDNESDAY/OCT. 30-31

**Haunted Tea Party.** 1 p.m. Enjoy Afternoon Tea in the cozy atmosphere of The Shapiro Music Room at Strathmore. \$28 per person (Stars Price \$25.20). Pre-paid, non-refundable reservations required. Call 301-581-5108. Vegetarian meals are not available. The Mansion at Strathmore, 10701 Rockville Pike. Call 301-581-5200 or visit [www.strathmore.org](http://www.strathmore.org).

## FRIDAY-SATURDAY/NOV. 2-3

**Dance.** Hubbard Street 2 & CityDance Conservatory will present two evenings of dance featuring signature repertory from both groups. At CityDance Studio Theater, 5301 Tuckerman Ln. Call 301-581-5204. Buy tickets at [www.strathmore.org](http://www.strathmore.org). \$25 for adults, \$20 for students.

## FRIDAY-SUNDAY/NOV. 2-4

**St. Mark Orthodox Church Food Festival & Bazaar.** Shop for breads and other baked goods, cupcakes, candies, religious books and gifts, pottery, jewelry, and handmade gifts. Free admission. Open from 11 a.m.-8 p.m. Nov. 2 and 3, and from noon-4 p.m. on Nov. 4. St. Mark Church is located at 7124 River Road. Call 301-229-6300 or visit [stmarkoca.org](http://stmarkoca.org).

## SATURDAY/NOV. 3

**Keb' Mo.'** 8 p.m. Music Center at Strathmore, 5301 Tuckerman Lane. Tickets \$28-\$58. Guitarist/singer/songwriter Keb' Mo' returns to Strathmore. Call 301-581-5100 or visit [www.strathmore.org](http://www.strathmore.org). **Fiber Art Show & Sale.** 9:30 a.m.-4 p.m. Annual sale of wearable art and fiber art supplies by members of the Potomac Fiber Arts Gallery. Free admission. At St. Mark Presbyterian

Church, 10701 Old Georgetown Rd. Visit [www.wearableartfallshow.com](http://www.wearableartfallshow.com). **Annual Children's Concert.** 5 p.m. The Symphonette at Landon School will present its annual Children's Concert in the Mondzac Performing Arts Center at Landon School (6101 Wilson Ln.). Free for students and seniors over 65, \$10 for adults. Visit [www.landon.net/symphonette](http://www.landon.net/symphonette), or call 301-320-1090.

**World on a String.** 9 a.m.-4:30 p.m. This is a cross-cultural day of workshops and concerts exploring how music works. At the Unitarian Universalist Church of Silver Spring, 10309 New Hampshire Ave. Visit [www.freydashands.org/woas/](http://www.freydashands.org/woas/) or email [mail@freydashands.org](mailto:mail@freydashands.org) or call 240-339-3655.

**Darnestown Presbyterian Church Annual Bazaar.** 8:30 a.m. - 4 p.m. Featuring silent auction, crafts, white elephant, women's & children's clothing, antiques, baked goods, Christmas room. At 15120 Turkey Foot Road.

## SATURDAY-SUNDAY/NOV. 3-4

**Art Exhibition.** noon-5 p.m. Lynn Mehta will present her most recent oil paintings produced "on location and from life" at the Yellow Barn Studio & Gallery in Glen Echo Park. There will be a reception for the artist from 5 -7 p.m. on Nov. 3. This event is open to the public. Contact the Yellow Barn Studio & Gallery at 301-371-5592 or the National Park Service at 301-492-6229.

## SUNDAY/NOV. 4

**Symphony of the Potomac.** 3 p.m. \$20 at the door, \$15 online at [symphypotomac.org](http://symphypotomac.org). Ages 18 and under \$5. Cultural Arts Center at Montgomery College/Silver Spring, 7995 Georgia Ave. 301-984-6390.

## Wootton To Produce 'Little Shop of Horrors'

"Little Shop of Horrors" will be presented on Oct. 25, 26 and 27 at 7:30 p.m. at Thomas S. Wootton High School, 2100 Wootton Pkwy, Rockville.

Tickets are available on the Wootton Website On-Line Store to the Center for the Arts <http://www.schooltix.org/wootton>, by downloading an order from from [www.woottonpatrons-arts.org](http://www.woottonpatrons-arts.org), by visiting the Box Office at Wootton High School, or two hours before show times. For information call 301-279-8581. Ticket are \$12 for adults, \$8 for students.

required. Call Michael Hart at 301-762-6730 or Glen Echo Park at 301-634-2222, or visit [www.DancingbytheBayou.com](http://www.DancingbytheBayou.com). The Glen Echo National Park is located at 7300 MacArthur Blvd.

**Art For Paws.** 7-10 p.m. Huckleberry Fine Art Gallery, 12051 Nebel St. Art reception, sale, and raffle to benefit Montgomery County Partners for Animal Well-Being. Refreshments served. Free. Email [mcpawrsvp@gmail.com](mailto:mcpawrsvp@gmail.com) to register.

**Truck Touch.** 10 a.m.-3 p.m. Suburban Nursery School has assembled a ton of trucks for kids (and adults) to explore and touch. Food will be available for purchase. All proceeds benefit Suburban Nursery School. The event will be held at 7210 Hidden Creek Rd. \$5 per person;



## Muslim Families Celebrate Eid-ul-Ahda This Friday

From Page 5

the poor," Ahmad said. "But there are plenty of ways to give right here in our county that many Muslims avail."

Salma Hasan Ali, a freelance writer and co-head of MoverMoms, an non-government organization that promotes service for busy families, plans to celebrate this holiday with friends and family.

"It is a holiday that celebrates faith and sacrifice and intention to God," Ali said. "For us it is a very special holiday as both eids are. We celebrate by sacrificing a lamb and feeding the poor, understanding what it means to have so much and be able to share with others who don't have as much as we do"

This year Ali and other area Muslims are planning to contact a butcher in Baltimore and have meat distributed to Muslmat Al Nisa, the shelter for women who are victims of domestic abuse.

"There are needy people everywhere. This holiday is very much about recognizing our blessings and helping those that need our help particularly through meat distribution. We can do that right here in our own communities, and help feed people of all faiths," Ali said.

Bano Makhdoom is an active member of Montgomery County and is co-founder of Chai Time, a forum for speakers and published authors that was started 12 years ago.



Salma Hasan Ali, Saanya Ali, 16, and Zayd Ali, 10, bake moon and star cookies by the dozen, for neighbors, classmates and friends.

Makhdoom has been able to perform Hajj twice, once in 1978 and again in 2003.

"Hajj is the annual pilgrimage that Muslims have to perform once in their lifetime if they are able and as everyone converges there is a deep sense of unity, of purpose and Eid-ul-Ahda is the celebration that follows," Makhdoom said.

Makhdoom says that recently the Montgomery County Muslim Council has become

very active in soup kitchens and in providing for the needy and very often a lot of people will contribute to them to do the sacrifice and to distribute the food to the needy of the community.

"The beauty of this holiday is that it brings all the commonalities of all religions together," Hanan Elbakry, an active member of the Muslim community and mother of three, said. "Abraham is the father of all

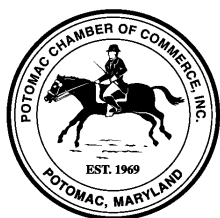


Photos Contributed

Salma Hasan Ali's daughter, Saanya, with her grandparents outside the community center where Eid-ul-Fitr prayers were held in August.

prophets and his story, also found in the Torah and the Bible, holds on and carries through with everyone regardless of where you were in-between."

"For Muslims around the world this holiday is a reminder of unquestionable faith in God and that no matter how desperate things seem just because you can't find a way, you have to turn to God because he will always find a way," Elbakry said.



### The Potomac Chamber of Commerce

Requests the honor of your presence at our Annual Awards Dinner

November 15, 2012

Six O'clock, pm

Normandie Farm Restaurant

#### ANNUAL AWARDS DINNER

Thursday, November 15, 2012

6:00PM – 9:00PM

Please respond by Thursday, November 8, 2012

Mr./Ms. \_\_\_\_\_

Business Name: \_\_\_\_\_

Phone No: \_\_\_\_\_ Email: \_\_\_\_\_

\_\_\_\_\_ Number of Individual attendees - \$55.00 per person.

\_\_\_\_\_ I am unable to attend.

Please choose a dish for each individual:

\_\_\_\_\_ # of Chicken Piccata w/ Capers & Sun dried tomatoes

\_\_\_\_\_ # or Filet of Cod Stuffed w/ Crabmeat

(or) \_\_\_\_\_ Steamed fresh Vegetable Plate Sauce Hollandaise

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