

# People

# Book on Golden Retrievers Offers True Tales

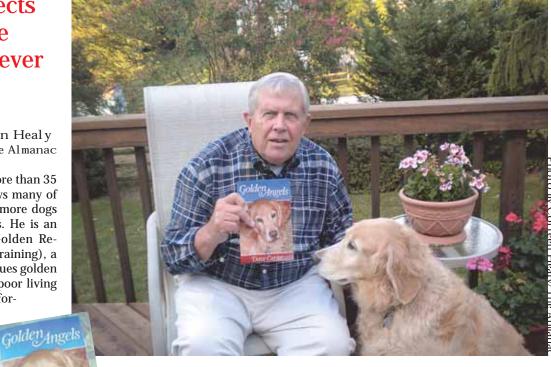
Dave Carter reflects on his experience with golden retriever rescue.

By Colleen Healy
The Almanac

Potomac resident for more than 35 years, Dave Carter knows many of his neighbors and even more dogs—specifically golden retrievers. He is an active member of GRREAT (Golden Retriever Rescue, Education and Training), a non-profit organization that rescues golden retrievers from shelters and or poor living conditions and places them in forever homes.

After a person who is interested in adopting a dog fills out an application, a home visit is arranged with a golden retriever, said Carter, "to see 'do I really want a golden?' and to see if your environment is best for the golden."

Carter and his wife Nancy go



Author Dave Carter with his rescue golden retriever, Boston.

on these home visits with their golden retriever, Boston. "After all the homes I went to, I thought there must be a story in all of this so that is why I decided to write

the book." His book, "Golden Angels," is about his experience with golden retriever rescue. A percentage of all of the book's sales will be donated to GRREAT.

"For me, the golden rescue and home vis-

its have been a positive experience. I have met phenomenal people and had some phenomenal experiences," he said.

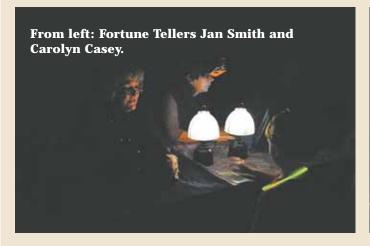
His own golden, Boston, was a rescue dog that was in a foster home in Virginia before coming to the Carter's home. In addition to Boston making home visits to see how people react to him and how Boston reacts to them; he is also a service dog that visits sick children in a hospital as a therapy dog. The children can pet and play with him. Carter said that "some of the children have never seen or pet a dog. Some are blind and the fur is a new experience for them. Some children even clamp onto Boston and try to ride him. Pet therapy is known to help patients' physical and psychological outlook."

While Boston is a service dog and used for home visits for people to become familiar with the golden breed; the Carters' first golden, Rio, was more of a homebody. Rio's job was to stay at home and protect his house and yard. "Golden Angels" tells the story of both dogs. "I had a blast writing the book, Carter said. "I went through all the home visit reports and got a sense of the good, bad and ugly of home visits."

For more information about golden retriever adoption visit www.grreat.org. To order "Golden Angels," visit www.amazon.com or www.barnesandnoble.com.



# News





# A Haunting For All

he Clara Barton Community Center hosted its sixth annual Haunted House on Sunday, Oct. 28. The free event, appropriate for 12 and under, served refreshments and provided small gift items for the children.



From left: Trinity Moshi, Aristotle Moshi, Indira Moshi and Makeda Moshi.

Photos by Deborah Stevens A Haunted House was held at the Clara Barton Center on Oct. 28.



# 'Unsung Hero'

McLean School's Denise Duffy receives grant.

By Susan Belford The Almanac

nce I learned American Sign Language (ASL) I never looked back. I knew I was meant to spend my life and career utilizing American Sign Language. Now I am excited that every day I have the chance to teach it to students — most are as fascinated as I am with learning to sign."

The McLean School's Denise Duffy signed up for an ASL class her senior year in college. The communications major took the class — and "just knew." After graduating, she enrolled in a master's program at Gallaudet University and worked as an educational interpreter. "I studied hard and quickly learned to sign. Since I was at Gallaudet, I was totally immersed in a deaf community and all my friends and my boyfriend were deaf, so it was easy to become proficient. I love the language and the culture."

Duffy has been teaching ASL at the McLean School for three years and previously taught for many years with Fairfax County Public Schools. She is one of 100 winners in the U.S. being recognized as the most innovative educators in our nation. She was recently presented with a check for \$2,000 by Jeff Williams of ING, the corporation which sponsors the "Unsung Hero" program. Since honoring the first "unsung hero" in 1996, ING has awarded nearly \$4 million to 1,700 educators across the U.S. Duffy was selected from more than 1,300 applicants. While teaching full time at

See Grant, Page 11

# Local Pastor Celebrates 61 Years in the Ministry

# Potomac Presbyterian Church honors its Parish Advisor Emeritus.

By Marilyn Campbell
The Almanac

he Rev. O. Thomas Miles remembers a gentle calling to the ministry. It wasn't a bolt a lightning that got his attention, but rather a nurturing relationship with a religious leader he knew as a child.

"I had an excellent pastor of the church where I went," said Miles, who turns 90 in January. "I guess he sort of inspired me in an indirect way. He never pushed me. I looked up to him. His own life and ministry led me to think that was what I wanted to do."

Earlier this month, Potomac Presbyterian Church in Potomac, celebrated Miles' 61 years in the ministry. Miles marked the occasion by giving a sermon titled, "Finding the Elusive Life."

"I have come to understand that faith is the important thing, not in terms of belief, but in terms of one's attitude toward life," said Miles said later. "One lives by faith rather than by certainty or by knowledge." Miles reflected on his life in the ministry, which began after he received a master's degree from Princeton Theological Seminary and doctorate from San Francisco Theological Seminary.

He vividly remembers one of his first challenging tasks as a young pastor, which came after a telephone call informed him that a member of his church — a new father — had been killed in a plane crash.

"I was asked to go and tell his young wife, who had a child she was still nursing, that her husband was dead," said Miles, who has two adult daughters. "Those are the kinds of experiences from which you learn a lot. Everything in the theological seminary is hypothetical, but when you got out and meet people who have these kinds of traumas, you learn what it means to be a pastor and how to deal with people who are hurting."

Miles also underscored his belief in religious modernization: "I am firmly convinced that any religious institution has got to become a part of the 21st century or those institutions are going to be left behind."

Mary Margaret Smith, a long-time mem-

See Church Honors, Page 13

# Opinion

# Take Time, Slow Down and Smell the Leaves

By Carole Funger

take a moment, and renew your connection with the natural world. With its unmistakable earthy aroma, fall offers us a chance to renew and recharge.

by Michael Matese

**Selling Your House** 

in a Slow Market

In today's market, Realtors® and sellers

are paying more attention to the importance of "thinking outside the box". The

real estate market of the 21st century is

challenging and changing at the pace of

speed! Gone are the days of simply pop-

ping a "For Sale" sign in the yard, creat-

ing an MLS listing and placing an adver

tisement in the Sunday papers. Though

that's tradition—and those methods of

home sale are certainly still necessary

make your home distinct in the real

and sellers know that it takes more

home and maximize on the home's

and vital—they're simply not enough to

estate market of today. Savvy Realtors®

much more—to successfully close on a

worth. Today's buyer is looking for more than just a place to hang their hat-

they're looking for a property that reflects their lives, their values and their

lifestyle. It's as much about where your

grill will be during the summer months

and what kind of garden you'll put in

come springtime as it is about having four walls four walls and a roof. Home

staging is a perfect jumping-off point.

Most buyers can't imagine themselves in

a space while it's full of the things that

make your house a home—so step one in

selling, especially in a slow market, is de

cluttering all the spaces and storing all

the home decorations that make it look

counters clear and the spaces clean and

tidy make a world of difference. Next,

house—glossy print magazines, social

media and virtual tours are where most

home buyers start looking. If they fall in

love with a picture of your house, you've

got a better chance of them making an

offer once they see it in person. There's

number of ways to make the most of a

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like "yours". Likewise, keeping the

have a Kodak moment with your

technology—in other words, at warp

pleasure in the details; the delicate here's no better time remains of the tooth-edged brown than autumn to get oak, the bright red and orange outside and smell the maple, and the heart-shaped linleaves. Slow down, den. Afloat on the fragrant air, these simple shapes sail from bared branches and dance behind cars, spinning themselves into a crazy quilt of autumn-hued color. Take a moment to enjoy their crackling beneath your feet. You will be rewarded as the leaves LET'S TALK *Real Estate* send their savory aromas wafting



in the air; aromas of orange and spice and the indescribable burnt odor of their baking in the dying autumn sun.

What is it about rotting leaves that conjures up our deepest memories? How can one whiff of a decaying oak stir our reflection, catapulting us back to the giant leaf piles of our youth?

The secret lies not only in fall's colorful leaves, but in something far less tangible — its smell. Returning each year to our noses without fail, the leaves' earthy aromas open pathways to memory. More inscrutable than simply seeing and hearing, these smells, by their very nature, evoke experience. This deep-seated awareness, untouched by human language, remains dormant in all of us. Autumn's falling leaves can bring it out. Fall gives us the opportunity to reconnect with our innermost selves, to look back and to reflect. In their simple beauty, autumn leaves are a gentle reminder to live life to its fullest. Through the memories they evoke, the smells of autumn remind us of our whole self, our own particular story and our deep connection with the earth. In these ways nature provides us with gentle reminders of life's beauty in the never ceasing cycle of its seasons.

### Letters to the Editor

### **Unsolicited** Advice

To the Editor:

Here's my unsolicited advice for this election — first the local ballot questions, then the local candidates. Apologies if it is unwelcome! I have left you to your own devices on the Presidential race. **Ballot questions:** 

The careful observer will find

Most people skip these, so your vote has real significance.

There are three obscure questions on the county charter (Questions A, B & C), and seven lessobscure questions on the state constitution (Questions 1-7). You will be asked to vote for or against the proposed changes.

MoCo QA: For/yes.

Modify charter for hiring disabled persons.

Modify county charter re: hiring. Authorize County to hire severely disabled — but qualified — can-

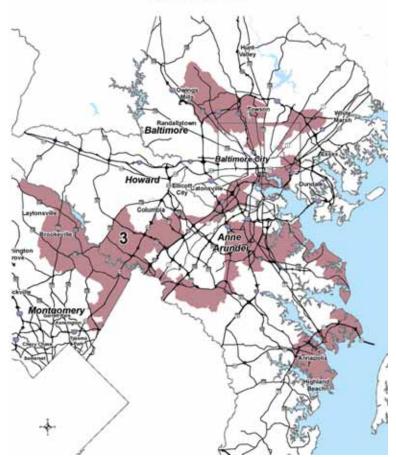
Council approved it 9 to 0; unusual in itself. This measure authorizes the county to move forward - still needs enabling legislation for agencies and departments. It is based on a federal model with the same goal, and partly geared to our wounded warriors.

MoCo QB: For/yes.

Referendum on "Effects Bargain-

Again the Council was unanimous on this. It only affects the MoCo Police — not teachers, or firefighters, bus drivers, etc. Apparently our MoCo chief of police is much more restricted than most other chiefs, by this rule on "effects" that creates pressure not to change anything, without costly and time-consuming arbitration. Actual examples that have been cited in public discussions: Chief of Police wanted to put cameras in police vehicles and was forced into "effects bargaining" regarding what the effect would be. Same for changes to uniform. Or for

Maryland 2011 Congressional District 3 Senate Bill 1 October 20, 2011



District 3: "Finally, have you no shame, sir?"

punching in time. All have "effects" so have to be bargained.

MoCo QC: Only people who live in Damascus can vote on this. The question is whether to allow restaurants in Damascus to sell beer and wine by the glass, in the interest of keeping the restaurants financially viable. Most of you are not eligible to vote on this. No opinion here.

### **State Questions:**

Q1: Relates to PG County.

Q2: Relates to Baltimore County.

Q3: For/yes. Good government

Question 3 would change the law so that a sitting lawmaker at any level of government in the state would automatically lose his/

her seat (and salary), upon pleading guilty to a felony. Duh!

Q4: For/yes. Dream Act.

This allows qualified children of undocumented parents to get instate tuition at a state university.

To qualify a student must show all of the following:

- ❖ at least three years in MD k-
- parents filed tax returns for at least three years (which undocumented workers can do with tax ID #)
  - no criminal record
- if male, registered for selective service, and
- ❖ 60-plus hours of coursework at a local community college.

Twelve other states have similar legislation; our is considered to have more hoops than the others. It would also be extended to any out-of-state veterans.

Q5: Opposed/No. Accept a terribly gerrymandered map.

This question would reject a ridiculously gerrymandered map for congressional districts that looks, as one councilmember says, like a blood-splat (see map of District 3, which is the most egregious, but gives you the idea). Remember the line: "Finally, have you no shame, sir?"

These maps were designed by Dcontrolled state legislators to help the MD congressional delegation get 7Ds and only 1R (currently 6 Ds/2 Rs). If the question is rejected, the results of this election still stand for two years, during which the state legislature would be required to re-do the map. No guarantee of better outcome.

But still — somehow agreeing to it goes against my grain, while saying no supports the growing movement toward creating nonpartisan redistricting commissions for these things. I vote no/against.

**Q6:** Civil Marriage Protection Act. For/yes

Seven other states and D.C. have similar legislation. Affirming same-sex marriage within the state. If passed, no religious institutions are required to perform marriages to which they object: same-sex, mixed-race, mixed-religion, whatever. Gives same-sex couples the same rights regarding inheritance, hospital visitation, custody, etc.

Q7: Against/No. Gambling.

In 2007, slot machines were approved state-wide by 58 percent for five locations. Only 3 of the 5 are open today, 5 years later. If approved, Q7 would add (1) gaming tables and/or (2) PG County as a site for slots and/or gaming tables. Outcome could be bifur-

If PG votes no, they don't get the games even if the rest of the state votes yes and does get them.

See Letters, Page 6

# News

# St. Andrew's Praised for Innovative Educational Approach

# National education writer and researcher highlights Center for Transformative Teaching and Learning.

By Marilyn Campbell The Almanac

national education expert recently recognized a Potomac school for its innovative approach to teaching students.

Author, researcher and education blogger Grant Lichtman visited St. Andrew's Episcopal School's Center for

Transformative Teaching and Learning (CTTL) earlier this month as part of a national tour of schools in search of cutting-edge approaches to education.

Glenn Whitman, dean of studies and CTTL's director,

said CTTL, which is partnered with Johns Hopkins University's neuroeducation program, is the research and development arm of

St. Andrews: "The center's focus is on bringing the most current research on educational neuroscience — which is cognitive science, developmental psychology and education — to each of our teachers.

"Our teachers are thinking about the brain and the mind of each student as they design their classes and develop their lessons for the

"We very deliberately think about the social and emotional aspects of learning. We talk to the students a lot about who they are as learners."

— Glenn Whitman, director of the Center for Transformative Teaching and Learning at St. Andrew's **Episcopal School in Potomac.** 

whole class," he added.

Teachers at St. Andrew's also have on-going dialogues with students about who they are as learners: "We ask students all the time 'How are you going to approach this test or this research paper?" he said. "Some of our best examples come around helping kids develop appropriate study strategies for the various types of assessments we give." Teachers say the approach is making a difference.

"It sounds really obvious, but students aren't learning if I am not

> teaching the way their brains work,' said history teacher Amanda Freeman. "We learn more about how they learn, what's successful and what study strategies they put in place. One of the things I've ... started doing is taking walks with my students. We'll go on a short walk and it's

amazing how they come back refreshed and ready to learn."

Susheela Robinson, head of English at St. Andrew's, added:



Teacher John McMillen leads a math class at St. Andrew's **Episcopal School in Potomac. The school was recognized** recently for its innovative approach to teaching students.

"Wherever I look, I see innovative teaching. ... Just this week ... I witnessed teenage boys wearing suits because they were running a 'town hall' meeting, and they took it very seriously. In another room, students are Skyping grandparents in Lebanon for a health project.

"[I]n 7th grade English, we reexamine the structure and purpose of a well-written paragraph: Many of my students are gifted with expressive language, and they inherently know how sentences need to flow together, but purposeful attention to each part of a paragraph from the topic sentence, to examples for support, to a closing line or clincher, is important to all." According to Whitman, CTTL continues to re-evaluate itself and regularly updates teachers on the most current research and ideas about educational neuroscience.

"Our work targets enhancing the instructional practice of great teachers to make them exceptional teachers using brain research," he said, "but the true beneficiaries of the work are our students."

# Joining Celebrity Chefs **At Metro Cooking Show**

### Using late husband's recipes to raise money for ALS research.

By Marilyn Campbell The Almanac

hen some of the celebrity chefs like Giada De Laurentiis, Jacques Pépin, and other high-profile foodies descend upon the Washington region for the 2012 Metro Cooking Show this weekend, a Potomac-area woman will join them to honor her late husband.

Connie Griffith, president and chief executive officer of Gator Ron's Zesty Sauces & Mixes, will showcase the products created by

"Ron Griffith was a great griller and cook," said Debbie Kaufmann, vice president of Gator Ron's. "He made these great sauces over decades, and was constantly asked by friends and relatives to give



Connie Griffith, pictured with her late husband Ron, is selling sauces to raise money for the Robert **Packard Center for ALS** Research at Johns Hopkins.

them more.'

When Ron was diagnosed with Amyotrophic Lateral Sclerosis (ALS), better known as Lou Gehrig's Disease, he began teaching Connie how to make the sauces so that she could continue providing them for family and friends. "He was very strict about how the recipes were made," said Kauffman. "He would say 'You can't double this ingredient,' or 'You can't stir it this way."

Kauffman said that Connie, who

See Recipes, Page 11

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# Letters

From Page 4

If PG votes yes and the rest of the state does too, the prior five spots get slots plus table games and PG get both too. On one hand it could really help PG County (and they need it). On the other hand it is an industry that preys on those least able to afford it, so free-choice notwithstanding, I am basically opposed.

Now the candidates:

### **Board of Education, County** Council, Congress.

Board of Education: These elected people are in charge of a massive MCPS that spend \$2 billion-plus per year, half the county budget. You should care even if you never had children. Although races are labeled as District x or y, everyone in the county gets to vote in all the Board of Education races, and the races are non-partisan.

### Three BOE races at stake:

District 2: Fred Evans v. Rebecca Smondrowski. No incumbent

At-large: Phil Kaufman v. Morris Panner. Kaufman is incumbent. District 4: Chris Barclay v. Annita

Seclomger. Barclay is incumbent. Disclaimer: I don't track BOE as closely as I used to but attended a recent candidates forum which was instructive. There are others coming if you care to attend and question the candidates. Given how much they spend, you should.

In District 2 I come down on the side of Fred Evans. Both are decent, good people; Fred has decades on Rebecca, much of it spent working in MCPS and in Loudoun County, as principal in local high schools. Rebecca comes at it as a parent and activist, which is good too. Leaning hard to Fred.

At-Large: Incumbent Phil Kaufman is facing challenger Morris Panner. Not clear to me: your call. Phil has not impressed me with his energy or effort although I supported him last time around. Challenger is intriguing but I don't know him really.

District 4: no strong opinion but leaning hard to challenger Annita Seckinger. Incumbent Chris Barclay has people palpably disappointed/unhappy. To my surprise he seemed uninformed about, for example, the financials of elementary-school language immersion programs (nearly a dozen for immersion/dual language in Spanish/French/Chinese) and their follow-on years. Short answer: no, they don't cost Challenger Annita Seckinger is passionate and driven and deserves a chance.

### **County Council:**

Not on the ticket this time around

### **Congress:**

District 6: Many of you have been magically transported to a



### Ancient Resident in Avenel

This turtle was in AVENEL in POTOMAC on Turnberry Drive near the pond. The turtle was about 2 to 3 feet long, the size of a small manhole cover. The turtle was returned to the pond after wandering on the sidewalk.

new Congressional district, courtesy of the decennial redistricting map — political machinations of Annapolis. People who used to be in Congressman Van Hollen's district (District 8) are now in District 6 which has been redrawn to stretch all the way from the Beltway to the Maryland border with West Virginia, yes really.

The new district is contested by 20-year incumbent Roscoe Bartlett (R, 86 years old) and newcomerchallenger John Delaney (D, 55-60-ish). Given my political views I am in Delaney's column. I remain in Van Hollen's district right across the street from people who may not know they are in a new district. (Both signs -Delaney and Van Hollen — are in our driveway, and are available on my front porch for the taking.)

District 8: Van Hollen is going to walk away with it, but he still deserves your vote as one of the finest members of the House of Representatives, even if you're not

Sorry this was so long and thanks for your patience.

Above all, just go vote -and take a few friends.

Diana E. Conway

### Send Message To School Board

To the Editor:

Send a message to the Montgomery County Board of Education: Stop wasting taxpayer's money and work in the public interest, not special interests.

The election is fast approaching and there is an opportunity to strike a blow for good government, educational opportunities for our students, fiscal responsibility and common sense. The issue exposing this lack of responsibility toward education and the disregard of judicious use of taxpayer money revolves around a 20-acre 6 \* Potomac Almanac \* October 31 - November 6, 2012

parcel of land owned by the Board of Education which was set aside for the building of a Montgomery County Middle School. The need for the school did not materialize and in the 32 intervening years the land was leased to an organic farmer. The farmer and nature have given the people of this county an unexpected and precious gift. This land was carefully cultivated into organic soil over the years. As Gov. Martin O'Malley stated in a letter to the Board of Education of Aug. 14, 2012: "I believe we are about to make a big mistake in destroying acres of productive farmland and its soils which could be a priceless asset to the education, health, and wellbeing of generations of Montgomery students."

This has become a unique Montgomery County resource and should be preserved. This is a public resource and should be used for the benefit of Montgomery County Public Schools and all the children and citizens of Montgomery County. Not for any exclusive private use.

The majority of the Board of Education voted to lease this 20acre parcel of public land for use by a private organization for the building of a soccer complex for the exclusive use of a private organization. (The county intends to lease the land to MSI, a private non-profit organization for its exclusive use by MSI and its mem-

In my view doing so:

A majority of the Board of Edu-

- Violated the Open Meetings Act (The Brickyard Coalition Suit)
- **❖** Preferred private interests over the public interest.
  - ❖ Is fiscally irresponsible.

We cannot vote out the BOE. However, one incumbent member, Christopher Barclay, is up for reelection. He is currently vice president and soon to be president of the board. He was and is a strong supporter of leasing the site to the county. And the County Executive Ike Leggett wants to lease the land for private, members only, soccer fields which will result in the destruction of this precious soil. Moreover, Christopher Barclay is adamant in his opposition to an offer of settlement by the Brickyard Coalition and the Brickyard Educational Farm.

The Brickyard Coalition in its simplest form is seeking to redo the process for deciding the use of this land in the open light of day and in accordance with the law. The Board of Education has expended more than \$200,000 in legal fees defending its decision to lease this property, primarily defending themselves against violations of the Open Meetings Act. This \$200,000 has been spent for a lease that will only pay BOE \$1500 a year.

We can't defeat all the members who voted for private soccer fields, yet, but we can send a message and take a step in the right direction by defeating Christopher Barclay and supporting a new slate of candidates for the Board of Edu-

Annita Seckinger is opposing him and she is in support of the settlement. Moreover, she supports using the land for the purpose of education and sustainable farming.

addition Smondrowski is in alignment with Annita Seckinger. She supports the settlement, using the land for the education of all Montgomery County students and sustainable farming.

And to the teachers out there who belong to the Montgomery County Education Association, Annita Seckinger and Rebecca Smondrowski support your positions and aim to keep Maryland schools ranked no. 1 in the nation. The difference is they have integ-

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#### **PUBLISHER**

Mary Kimm 703-778-9433 mkimm@connectionnewspapers.com @MaryKimm

#### **EDITORIAL** PHONE: 703-821-5050 E-MAIL:

### **EDITOR**

Steven Mauren, 703-778-9415 smauren@connectionnewspapers.com

### SPORTS EDITOR

Jon Roetman, 703-224-3015 jroetman@connectionnewspapers.com @jonroetman

#### CONTRIBUTING WRITERS

Cissy Finley Grant, Carole Dell, Kenny Lourie, Ken Moore, Susan Belford, Colleen Healy

### **Contributing** Photographers

Harvey Levine, Deborah Stevens

Art/Design: Laurence Foong, John Heinly
Production Manager Jean Card Geovani Flores

#### **Special Assistant to** the Publisher

Jeanne Theismann 703-778-9436 jtheismann@connectionnewspapers.com @TheismannMedia

### ADVERTISING

For advertising information sales@connectionnewspapers.com

### ACCOUNT EXECUTIVES

Display Advertising: **Kenny Lourie** 703-778-9425 lourie@connectionnewspapers.com

**Andrea Smith** 703-778-9411 Classified Advertising asmith@connectionnewspapers.com

### **Debbie Funk** National Sales & real Estate

703-778-9444 debfunk@connectionnewspapers.com

### **Jerry Vernon**

Executive Vice President jvernon@connectionnewspapers.com

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# Home Sales

In September 2012, 34 Potomac homes sold between \$4,700,000-\$282,000.

Address BR . FB . HB	Postal City Sold	Price Type 1	Lot AC . PostalCode	Subdivision
10108 IRON GATE RD 6 7 2	POTOMAC \$4,70	00,000 Detached	2.15 20854	CAMOTOP
9933 OAKLYN DR 6 7 2				
9712 KENDALE RD 6 7 1				
9910 AVENEL FARM DR 5 4 2	POTOMAC \$1,28	35,000 Detached	0.46 20854	AVENEL
16 SANDALFOOT CT 4 4 2				
8301 HECTIC HILL LN 6 3 1				
32 SANDALFOOT CT 5 4 1				
14 MAIDENS BOWER CT 5 5 1				
11517 LAKE POTOMAC DR 7 5 1				
10328 WINDSOR VIEW DR 5 4 1				
8509 SCARBORO CT 5 4 1				
8818 SLEEPY HOLLOW LN 5 4 1				
11100 HUNT CLUB DR 5 4 1				
12704 STEEPLE CHASE WAY 5 3 2				
9 INFIELD CTS 5 4 1				
7947 TURNCREST DR 4 3 1				
9005 HUNTING HORN LN 4 2 1				
1125 BETTSTRAIL WAY 5 3 1				
1523 WEST KERSEY LN 4 3 1				
10807 GAINSBOROUGH RD 4 2 1				
11100 POTOMAC CREST DR 5 3 0				
10814 WHITERIM DR 3 3 1				
2294 DUNSTER LN 4 2 1				
1135 HALESWORTH DR 4 3 1				
9116 WANDERING TRAIL DR 4 2 1				POTOMAC COMMONS
11808 COLDSTREAM DR 4 2 1				HIGHLAND STONE
12034 DEVILWOOD DR 4 3 0				REGENT PARK
6 WOODSEND PL 4 2 1				
9105 FALLS CHAPEL WAY 3 2 1				
12264 GREENLEAF AVE 4 3 1				
10821 DEBORAH DR 3 2 2				
12861 TRAVILAH RD 3 2 1				
10621 MUIRFIELD DR 3 3 1				
7847 CODDLE HARBOR LN SE #15 2 1 0	ROCKVILLE \$28	32,000 Garden 1-4 Floors	20854	INVERNESS KNOLLS

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### Letters

From Page 6

rity, are fiscally responsible and support government transparency and will work for the public good, not private interests.

If you are for the settlement and stopping this profligate waste of taxpayer money, vote for Annita

Seckinger and Rebecca Smondrowski for the Board of Education. Send a message to the Board of Education. Reckless spending and deals with special interests will not be tolerated.

**Edward Jon Guss** Potomac

### Free Remodeling & Design Seminars!

Sat., Nov. 10<sup>th</sup> — 10am-2pm

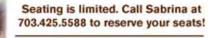
Where: 5795B Burke Centre Pkwy, Burke, VA 22015 (behind Kohl's)

Thinking of remodeling? This event is the perfect opportunity to take advantage of free expert advice with no obligation. Learn about the hot topics you should consider when remodeling.

### Saturday's Seminars:

- Kitchen and Bath Trends
   Paint Colors Made Easy
- 10 Tips for a Stress Free Remodel

Seminars run from 10am-Noon. Lunch to follow. Please arrive at 9:45am for check-in.



Special thanks to our sponsors:

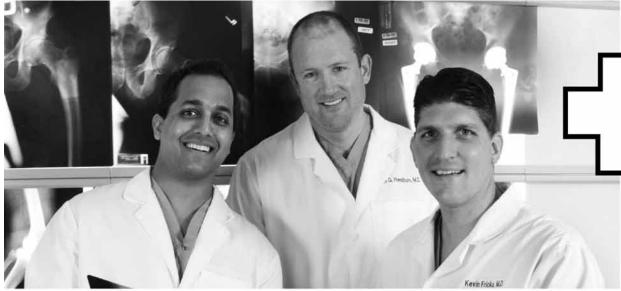


### DECOR&YOU

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at Inova Mount Vernon Hospital. They Can Help.

Ask the Joint Replacement Experts

FREE Community Lecture on Osteoarthritis and the Latest Advances in Joint Replacement

Thursday, November 15, 2012 at 6:30 pm

Bethesda Marriott 5151 Pooks Hill Road Bethesda, MD 20814-5423

This seminar is FREE but you must register by calling **1.855.My.Inova (694.6682)** or by visiting our Website at **inova.org/asktheexpert** 



The Inova Joint Replacement Center has earned a Gold Seal of Approval™ by The Joint Commission for outstanding care in hip and knee replacement.

Living with the pain of arthritis can be exhausting. Surgical joint replacement can be a solution. That's when doctors from the Inova Joint Replacement Center (IJRC), a Center of Excellence for joint replacement, can make a difference.

A FREE community lecture to discuss osteoarthritis and the latest advances in hip and knee replacement surgery will be held in your area by one of our experienced joint surgeons. This is an opportunity for you to "Ask the Expert" any questions you may have.

IJRC is the largest joint replacement center in the metro-Washington DC area. Physicians practicing at the Center perform over 2,000 joint replacements annually. Patients from 31 countries and all 50 states have been provided joint replacements at IJRC.

Thanks to new techniques and medical advances, thousands of people are returning to the active lifestyle they deserve. This is your chance to join them.



# Entertainment

# Food Festival Celebrates Ethnic Foods

Church hosts annual food festival and bazaar Friday-Sunday, Nov. 2-4.

By Tazeen Ahmad The Almanac

t. Mark Orthodox Church will have its annual three-day ethnic food festival and bazaar this weekend, Nov. 2-4.

The bazaar will feature homemade Russian and Eastern European food such as piroghi, piroshki, spanakopita, halupki, beef stroganoff, kielbasa and more.

"Making and serving these ethnic foods not only raises money for our church's operations and educational projects, but keeps the traditions alive for our children," said Tina Burpee, event coordinator.

Burpee, who has been coordinating this event for the past 32 years, says that they see anywhere from 1,500 to 2,000 people come through over the course of the three days.

"Preparations start right after Labor Day and many of our members help in preparing the food in advance," Burpee said. "Our



Piroshki workshop volunteers.

piroghi, potato and cheese dumplings, are a very popular item, year after year we get people asking for the recipe for that and other favorites" Burpee said.

There will also be religious books, jewelry, handmade gifts, homemade candy, baked goods, children's clothing, an egg decorating demonstration, a raffle room and a guided tour of the church at the ba-

zaar.

"What I really like is that it brings our parish together and offers hospitality to our community and gives them an opportunity to see the orthodox church in a setting that is positive, warm and friendly," Matushka Alexandra Safchuk said.

"We offer a variety of ethnic foods that are comforting after a big storm, and we



Spanikopita



**Piroghi** 

are hopeful that we will see a lot of people over the weekend," Safchuk said.

St. Mark Church is located at 7124 River Road, Bethesda. Hours are 11 a.m. to 8 p.m., Friday, Nov. 2 and Saturday, Nov. 3 and noon to 4 p.m., Sunday, Nov. 4.

Call 301-229-6300 or visit www.stmarkoca.org. During Bazaar hours, call 301-229-9720.



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IN GEORGETOWN
By Appointment only

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For information on other categories or to schedule an appointment, please call Reid Dunavant, SVP at 202-342-6100 or email DoyleDC@DoyleNewYork.com

Pair of Platinum, Jade & Diamond Earclips Sold For \$31,250 Chinese Sang de Boeuf Porcelain Vase Guangxu Incised Six-Character Mark and of the Period. Sold For \$17,500

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## The Potomac Chamber of Commerce

Requests the honor of your presence at our Annual Awards Dinner

November 15, 2012

Six O'clock, pm

Normandie Farm Restaurant

### ANNUAL AWARDS DINNER

Thursday, November 15, 2012 6:00PM - 9:00PM Please respond by Thursday, November 8, 2012

Mr./Ms	
Business Name:	
Phone No:	Email:
Number of In	dividual attendees - \$55.00 per person.
I am unable to	o attend.
Please choose a dish	for each individual:
	iccata w/ Capers & Sun dried tomatoes
# of Chicken Pi # or Filet of Co	d Stuffed w/ Crabmeat

Make Checks payable to: The Potomac Chamber of Commerce, Inc. PO Box 59160 Potomac, MD 20859 301-299-2170 Please join us for an evening of celebration to honor:

Citizen of the Year Lois Williams

Business Person of the Year Dr. Gerald L. Boarman

Co-Youth of the Year Lindsey Thaker

Co-Youth of the Year Jonathan C. Dyer

Please RSVP by November 8, 2012 Please choose your entrée







**Cathy Yang** 

**Michelle Webb** 

Jodi Beder

### Musicians Celebrate World on a String

Students and music enthusiasts of all ages will gather on Nov. 3 for World on a String, a day of hands-on workshops, team-taught by 12 musicians from a variety of traditions. An evening public concert, featuring both faculty and students, will share highlights from the day.

Blues virtuoso Phil Wiggins will offer a beginning harmonica workshop. Percussive dancer Nic Gariess will demonstrate how foot rhythms can enrich a tune and create a melody. Singers are welcome in all workshops.

The faculty includes Cathy Yang, a young artist on erhu and guzheng. Spyros Koliavasilis represents the traditions of Greece and Asia Minor with his command of oud, bouzouki, saz, kemane, laouto

and canto. The list continues with Strathmore artist-in-residence Wytold Lebing on both traditional and electric six-string cello; Irish fiddler and researcher Philippe Varlet; guitarist Michelle Webb, who specializes in North African music and jazz; eclectic fiddler and Appalachian ballad singer Daron Douglas; cellist Jodi Beder, who ranges from early music to rock; guitarist Owen Morrison of the contra dance band Elixir; and Latin Rock and Afro-Peruvian violinist Javier Godinez.

World on a String will be at the Unitarian Universalist Church of Silver Spring, 10309 New Hampshire Ave., Silver Spring. Workshops will run from 9 a.m. - 4:30 p.m. The public concert will take place at 7 p.m. Visit www.freydashands.org/woas.

### Cal endar

Email community entertainment events to almanac@ connectionnewspapers.com. Deadline is Thursday at noon. Photos and artwork encouraged.

### TUESDAYS/THROUGH DEC. 4

Wheel Away the Day (Grades 6-8). 4-6 p.m.

VisArts offers wheel classes to young adults. This class will introduce young learners to the basic concepts of wheel throwing: centering, opening and pulling forms. This class will be limited to no more than five students. Tuition: \$180. Visit www.visartsatrockville.org.

### WEDNESDAY/OCT. 31

Family Halloween Party. 4

p.m. A "slightly spooky storytime for preschoolers and their families. Wear costumes as there will be a costume parade. No registration required.

Haunted Tea Party. 1 p.m. Enjoy Afternoon Tea in the

cozy atmosphere of The Shapiro Music Room at Strathmore. \$28 per person (Stars Price \$25.20). Pre-paid, non-refundable reservations required. Call 301-581-5108. Vegetarian meals are not available. The Mansion at Strathmore. 10701 Rockville Pike. Call 301-581-5200 or visit www.strathmore.org

### FRIDAY-SATURDAY/NOV. 2-3

Dance. Hubbard Street 2 & CityDance Conservatory will present two evenings of dance featuring signature repertory from both groups, as well as new works by CityDance Conservatory's 2012-2013 Choreographer-in-Residence Robert Priore and Resident Artist Christopher K. Morgan as well as pieces by Brazilian choreographers Janice Botelho and Alex Neoral. At CityDance Studio Theater, 5301 Tuckerman Ln. Call 301-581-5204. Buy tickets at www.strathmore.org. \$25 for

adults. \$20 for students

### FRIDAY-SUNDAY/NOV. 2-4 St. Mark Orthodox Church

Food Festival & Bazaar. Known for its homemade Russian and Eastern European food specialties, drinks and desserts available. Dine in or carry-out. Shop for breads and other baked goods, cupcakes, candies, religious books and gifts, pottery, jewelry, and handmade gifts. Visit the raffle room or take a guided church tour. Free admission. Discount on hot foods for seniors 65+. 11 a.m.-8 p.m. on Nov. 2-3, and 12-4 p.m. on

**NOV. 2 THROUGH DEC. 21** 

See Calendar, Page 15

Nov. 4. St. Mark Church is located at 7124 River Road Call 301-229-6300 or visit www.stmarkoca.org.

### **Art Exhibition: "An Abstract** Approach." Paintings by



Homemade piroghi, piroshki, halupki, borscht, chicken Kiev, blini, breads & pastries, desserts, candies, and more EAT IN OR CARRY OUT-ADMISSION IS FREE! Also raffles, religious books and gifts, jewelry, pottery,

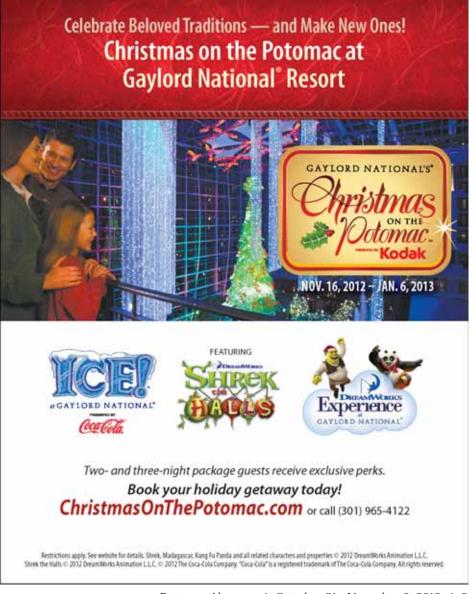
pysanky (egg decorating) demonstrations and sales, and more...

(301) 229-6300

www.stmarkoca.org

Noman lhas a good enough memoryto make a successiul *liar*: -Abraham Lincoln





Photos by Deb Stevens/The Almanac

# Potomac REAL ESTATE

In August 2012, 59 Potomac homes sold between \$2,800,000-\$492,000.

# August 2012 Sales \$1 million ~1.499 million



**2** 14 Riverwood Court, Potomac — \$1,310,000

**5** 10620 Stable Lane, Potomac — \$1,250,000

4 8101 Horseshoe Lane, Potomac — \$1,275,000

10001 Logan Drive,Potomac — \$1,160,000

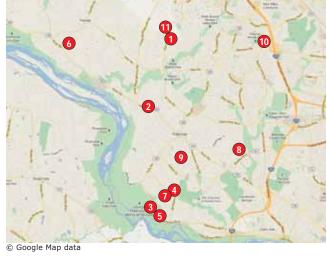




**13309 Beall Creek Court, Potomac** — \$1,200,000



**7** 8113 River Falls Drive, Potomac — \$1,185,000



	Address BR FB HB Postal City Sold Price Type Lot AC PostalCode Subdivision Date Sold
•	12536 GREY FOX LN
	2 14 RIVERWOOD CT
	3 7825 STABLE WAY
į	4 8101 HORSESHOE LN 5 4 1 POTOMAC \$1,275,000 Detached 0.35 20854 RIVER FALLS 08/06/12
À	5 10620 STABLE IN
	6 13309 BEALL CREEK CT 5 3 1 POTOMAC \$1,200,000 Detached 2.72 20854 BEALLMOUNT 08/27/12
	7 8113 RIVER FALLS DR 5 4 1 POTOMAC \$1,185,000 Detached 0.34 20854 RIVER FALLS 08/15/12
	8 8613 CHATEAU DR
4	10001 LOGAN DR
	10 7817 CADBURY AVE E
	12730 GLEN MILL RD
	12 9479 TURNBERRY DR
	Copyright 2012 RealEstate Business Intelligence. Source: MRIS as of September 14, 2012.

# People

# McLean School Teacher Receives Grant

From Page 3

McLean, she also finds time to attend George Mason University as a full-time master's degree student in educational transformation.

Duffy's winning grant proposal is entitled "Hearing to Deaf: Enrichment and Understanding." The funds will provide a laptop and new educational tools for the hearing students at McLean who are enrolled in her ASL classes. The laptop computer will be equipped with the OOLOO software capability which will allow her students to see and communicate (using sign language) with students who attend schools for the hearing-impaired. OOLOO software is much like Skype and gives students the opportunity to view one another when they are both on-line. The project will provide ASL stu-

dents the opportunity to utilize their signing skills with deaf students. It will also allow hearing students and hearing-impaired teens to form bonds of friendship and understanding.

Duffy said, "This project gives students an opportunity to be immersed in communicating primarily through ASL. Many students are frightened to try their newly-learned skills, and this gives them a chance to get immediate feedback, to learn the nuances of communicating — and even the slang or short-cuts that the deaf use. They will also gain an understanding that deaf students are teens, just like themselves — and have the same fears, anxieties and feelings. This project will give ASL students a chance to become more fluent while building respect for the deaf community. The hearing-impaired students will also have a chance to learn from the hearing students - so both students will benefit from the relationship.'

Students at McLean are choosing to study ASL for many reasons. Marc Loud chose ASL because he had previously struggled with Spanish and French. "It seemed like fun. I used to see Ms. Duffy all the time because her classroom was near the band room, and I was in band. I signed up and it's one of my favorite classes. I have taught my brother how to sign, so now we have a 'secret language' that my parents don't



Sarah Morris, Spencer Carmel, teacher Denise Duffy and Mark Loud.

grammar and has found that ASL has helped her learn English better. Spencer Carmel previously took Latin and found it really hard. "ASL is a good fit. I am really enjoying it," she said. "I hope to continue and major in it in college. Maybe one day I will be the ASL teacher at McLean — or at another school. I

Duffy finds that most students with learning difficulties do well in her class. "It's kinesthetic. At McLean, students really give thought to their learning styles and many students recognize that they learn best with a hands-on approach. That defines

Spencer, Marc and Sarah all expressed their feelings about the communication experience with the hearing-impaired students. Marc said, "I feel a little nervous and awkward because I know they will be better at signing than I am — but that's the only way I'll get better.

Spencer added, "I will be nervous, but I know it will be a lot of fun too, and I look forward to having a friend who can sign back to me. Sarah also feels nervous but said, "It will be a good experience. My parents think this class is really great — and very useful. They hope I continue and use it in my ca-

"This year, my goal was to incorporate technology into my classes," said Duffy. "And now ING has made

### Student Sarah Morris had trouble with English that goal truly possible. I am elated."

Recipes Raise Funds for ALS

**Metropolitan Cooking** 

Saturday, Nov. 3, 10 a.m. - 6 p.m.

Washington, D.C.

and Entertaining Show

Walter E. Washington Convention Center,

From Page 5

became Ron's full-time caretaker when he was ill, sauces at the Metro Cooking Show along with other

grew overwhelmed by task of making sauces. "She wanted to give away the recipes so friends and relatives could make their own," said Kauffman, "but on his death bed, Ron asked Connie to promise not to give away the recipes.'

When Ron died in November 2011, Connie made the deci-

sion to establish Gator Ron's Zesty Sauces & Mixes taining." and donate part of the proceeds to ALS research. The company was launched in August and 10 percent of sales go to the Robert Packard Center for ALS where," said Griffith.

Research at Johns Hopkins, where Ron was treated. Griffith and Kauffman are planning to share the

locals from the Washington

"We really try to bring in exhibitors that represent small businesses and specialty foods," said Jill Collins, a spokesperson for the Metro Cooking Show. The exhibitors center around cooking and enter-

"Ron would be very proud, and so excited about sharing his delicious recipes with food lovers every-





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# Sports



Churchill running back Malik Harris, left, runs behind Blake Dove during Friday's game against Wootton.



Churchill quarterback Jonathan Lee prepares to throw against Wootton on Oct. 26.



Wootton running back Jibri Woods carries the ball against Churchill on Oct. 26.

# Churchill Football Beats Wootton, Secures Playoff Spot

Bulldog seniors play final regular season home game.

> By Ben Fox For The Almanac

s the Churchill Bulldogs entered their home stadium on Oct. 26, there was a mix of emotions for the team's older players. For the Bulldogs' 21 seniors, this would be their last regular season home game in a Churchill

The players took the field against their rival, the Wootton Patriots, with hundreds of fans for both teams lining each side of Danver Stadium. According to senior wide receiver Dominique Williams, this was the perfect atmosphere to play his final regular season game.

"It is one of the greatest feelings in my life," Williams said. "To end a career at home like that is awesome. A supportive crowd just keeps us going and they give us more reason to work harder."

In the most recent chapter of the Churchill-Wootton rivalry, Friday's game added another layer to the usual suspects in this backyard affair. At stake this time around was not simply bragging rights over a huge rival, but heavy playoff implications. If the Bulldogs defeated the Patriots, they would clinch a playoff spot and win the Montgomery 4A South Conference.

Leading up to the game was the kind of

trash talk and playful insults that players expect from one of the biggest rivalries in Montgomery County. According to Williams, the talk between teams only made the Bulldogs more motivated to win.

"We approached it like they hit our mommas in the face," Williams said. "There was a lot of trash talk and they were saying how they were going to pass all over us. So beating them the way we did was our trash talk."

"The way we did" that Williams referred to was a 24-14 victory over the Patriots that left no other questions about which school ran the South Conference. Senior quarterback Jonathan Lee and junior running back Malik Harris ran for two and one touchdowns respectively, and the Patriots' offense never managed to catch up despite ample opportunities.

According to Lee, who added more than 100 passing yards to his two touchdowns, the development of both his running and passing games has improved, but still needs to be developed further.

"My running skills have improved in that I can read the triple option better and allow for us to get bigger plays when we run those plays," Lee said. "My passing has improved a bit but not as much because sometimes I still struggle to make the right reads."

Harris, who has led the Bulldogs in rushing for all but three games this season, continued to dominate the running game. The junior had more than 100 rushing yards for the third time this season, and gave the Bulldogs a lead over the Patriots that they wouldn't relinquish with his first quarter

touchdown to make it 14-7.

According to Harris, the team's offensive line had a huge effect on his stat line with their ability to open holes and create spaces for the back.

"[The offensive line] caused me to have such a big impact on the game," Harris said. "Without them blocking I wouldn't have had any impact. Our offensive line's effectiveness caused Wootton's run defense to become ineffective [against me]."

Though his blockers may have helped Harris score, Lee also believes that Harris' growth and maturity as a player have caused him to be an offensive force.

"Malik has matured in a way that when he runs, he tries to find the hole and is looking to score every time he carries the ball," Lee said. "He was a big part of the Wootton game because he kept the ball moving and kept the clock going."

Wootton did have many opportunities to score, and a moment of confusion in the first quarter led to an early Wootton touchdown that seemed to turn the game around. Wootton quarterback Sam Ellis threw a short pass to tight end Miles Green, who then appeared to be tackled by the Churchill defense. Despite an official apparently blowing his whistle, the play continued and Green ran for the 81-yard touchdown.

According to Williams, while the player "was not down on the play," Churchill players were upset because "the referee blew the whistle so all of us stopped, and Miles Green kept running."

Despite this setback, Churchill's defense only allowed one more score during the game on a short run by Wootton wide receiver Joe Kelly.

According to Williams, the team is happy with the win, and is ready to have a deep run in the playoffs.

"[The win] feels great, and it's the first time Churchill has made it to playoffs two consecutive years since the [former head coach] Fred Shepherd days," Williams said. "Our next goal as a team is to win the region and make to the state semifinals."

According to Lee, the game was proof to those that had lost faith in Churchill that the team can still be a dominant force in Montgomery County.

"I feel very excited about this accomplishment because people around the county doubted that we could make the playoffs again since we lost a lot of players from last year," Lee said. "We just went out and proved that we can do anything. Our next goal is Sherwood, [the team's last regular season game], because with that win we'll get another home game in the playoffs, then after that it's to make states."

As the team prepares for Sherwood and the upcoming playoffs, there is a sense of importance for Churchill's seniors, as they know that each game could be their last. According to Lee, no matter when the Bulldogs' season comes to a close, he's happy that he had the chance to play for Churchill.

"Playing for Churchill these past four years has been amazing," Lee said. "There isn't another program that I'd rather play with."

Wootton now has a record of 4-5 and will finish its regular season against Gaithersburg next week.

# People

# **Church Honors Parish Advisor Emeritus**

From Page 3

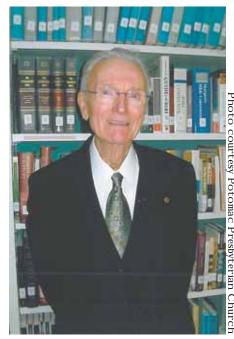
ber of Potomac Presbyterian Church, says she and other parishioners appreciate Miles' generous and wise counsel.

"I am firmly convinced that any religious institution has got to become a part of the 21st century or those institutions are going to be left behind."

— The Rev.O. Thomas Miles

"He has a modern and intelligent understanding [of] the Bible and faith and the difference between religion and faith," she said. "Tom has given years of help to worship through his sermons."

Potomac Presbyterian Church's pastor, the Rev. Sean J. Miller, added, "Tom faithfully served Potomac Presbyterian Church as interim



The Rev. O. Thomas Miles celebrated 61 years in the ministry recently by delivering a sermon entitled "Finding the Elusive Life" at Potomac Presbyterian Church.

pastor and parish associate over nearly three decades. As we prepare to celebrate our 50th anniversary in 2013, the members and friends of Potomac Presbyterian Church give thanks for [Miles'] teaching, preaching and pastoral care."

Miles is the author of a collection of essays on scripture, prayers and poems, called "To Live and Die by Faith in the 21st Century." He has also written a book of prayers called "Dialogues with God" and a book of sermons called 'Crisis at Creed." In addition, he teaches adult religion classes occasionally at Potomac Presbyterian Church and writing courses at Montgomery College in the continuing education program.

"I continue to write and try to get things published which is difficult," he said. "Right now, I am very much interested in writing short stories which I am hoping to get published."

# Is your son looking for a challenge? TRANSPORTATION AVAILABLE Morning Bus Serving N. Va. At Saint Anselm's, lifelong learning starts now. Discover Saint Anselm's Abbey School, where boys are challenged to give their best every day both inside and outside the

**Discover Saint Anselm's Abbey School,** where boys are challenged to give their best every day both inside and outside the classroom. Where a young man can play three sports each year, star in a play and learn Latin, Spanish and Arabic. Where each student is known in a close-knit community of peers, teachers and monks and gets the personal attention he needs to thrive in middle school, high school and beyond. It all starts here.

Fall Open House: Sunday, Nov. 4, 11 a.m. - 3 p.m. visit www.saintanselms.org/admissions for more info



Independent Catholic School in Washington, DC - Gifted Young Men, Grades 6-12 202-269-2379 - admissions@saintanselms.org - www.saintanselms.org

### Bulletin Board

Email announcements to almanac@connectionnewspapers.com. Deadline is Thursday at noon.

### SATURDAY/NOV. 3

Pet Connect Rescue Cat Adoption Event. 11 a.m. - 2 p.m. White Flint Plaza Petsmart, 5154 Nicholson Ln. Visit www.petconnectrescue.org

### THURSDAY/NOV. 8

Free Remodeling Seminar. 6-8 p.m. Hopkins & Porter, Inc. will be offering "How to Fall in Love with Your Home Again," a free design and remodeling seminar, including a complimentary supper with opportunity to discuss one's own project with professional staff. Space is limited to 15 participants per session. RSVP by calling 301-840-9121, #17 or emailing Debbie@hopkinsandporter.com. The seminar will take place at the offices of Hopkins & Porter, 12944-C Travilah Rd., #204.

### SUNDAY/NOV. 11

Har Shalom Open House for the 2013-2014 School Year. 9:15-11 a.m. Tour the school, meet with the Rabbi and ECEC teachers and parents of children currently enrolled. Learn more about the Har Shalom community and enjoy a puppet show.

### THURSDAY/NOV. 15

Roller Pink Discussion. 7 p.m.
Montgomery County Recreation is
seeking public input on a suggestion
to modify the existing Potomac
Community Center Roller Rink in
order to provide a smooth, soft
surface play area to provide an

www.ConnectionNewspapers.com

accessible sports area to expand adapted sports programming by the Recreation Department and other providers. Open to the public. At the Potomac Community Center, 11315 Falls Rd. Contact Jeff Bourne at 240-777-6800.

### SATURDAY/NOV. 17

Pet Connect Rescue Adoption Cat Event. 11 a.m.-2 p.m. BARK! (Congressional Plaza) 1643 Rockville Pike. Visit www.petconnectrescue.org

### SATURDAY/DEC. 15

Pet Connect Rescue Adoption Cat Event. 11 a.m.-2 p.m. BARK! (Congressional Plaza) 1643 Rockville Pike. Visit www.petconnectrescue.org

### **ONGOING**

Zumba at Village Yoga. An easy-tofollow, Latin-inspired, calorieburning dance fitness-party. Classes are Tuesday nights, 7:15 p.m. and Saturdays 11:30 a.m. 10154 River Road. Call 301-299-1948.

Beginner's Yoga Classes at Village Yoga. Village Yoga is adding a new Beginner's Yoga Class, Mondays, 8 p.m. Continues our Thursday, 7:30 p.m. Beginner's Gentle Flow class as well. 10154 River Road. 301-299-1948. Visit

www.villageyogayogi.com.

Members Wanted. The Potomac Area Newcomers Club is a group of more than 200 women who have moved to the Potomac area. The club offers bridge, mah jong, book groups, golf, luncheons and museum trips as a way to help newcomers and current residents form new friendships, expand horizons and take advantage of opportunities in the Washington,

D.C. area. Visit www.potomacnewcomers.com

Time to apply to become a Master Gardener. Montgomery County residents interested in learning environmentally sound gardening practices and sharing the information with others can apply now to join the 2013 Montgomery County, Master Gardeners training program. To be placed on the application list, or for more information, call 301-590-2836. Class size in limited and filled on a first-come, first-served basis.

Registration deadline is Dec. 31,

2012. Training begins Jan. 22, 2013.

### **MONDAYS**

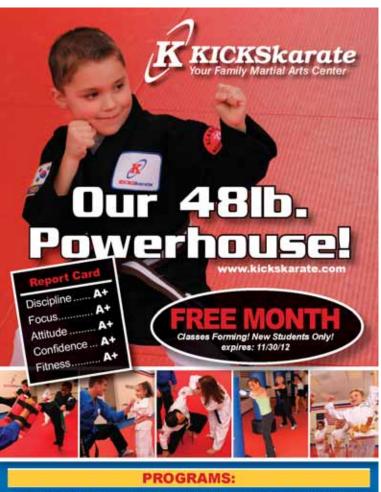
Free Parent-Child Playgroup. Every Monday at 9:30 a.m. at the Har Shalom Early Childhood Education Center. Meet new friends as you and your child play with age appropriate toys. Call 301-299-7087.

### **VOLUNTEERS WANTED**

The Bethesda Urban Partnership is looking for volunteers to help assist with various local festivals including Taste of Bethesda on Oct. 6. E-mail info@bethesda.org.

CANTER-Mid Atlantic to open a racehorse rehabilitation program with donations from Delaware Park and the Delaware Thoroughbred Horsemen's Association earmarked to serve Delaware Park trainers and owners. To find an ex-race horse, volunteer, or make a donation, visit www.canterusa.org/midatlantic.

To become a volunteer **Bike Patrol member** on the C&O Canal, contact Norman Liebow at liebow@comcast.net or 301-714-2218.



y Tigers ages 3&4 Little Ninjas ages 5-

Children's Karate ages 8-12

Teen & Adult Karate ages 13 & up Kickboxing ages 13 & up

### LOCATIONS:

Bethesda - 301.571.6767 Gaithersburg - 301.869,1400 Germantown - 301.916.8000

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**CONTECTION** 

# **Hands** of Time

By KENNETH B. LOURIE

On the one hand, I want to take note every month on the 27th as yet one more notch on my living-with-cancer belt. On the other hand, maybe I don't need a belt to be notching but rather a life to be living. Perhaps it's time, nearly 44 months postdiagnosis – at press time, to stop counting backwards and try more living forwards. It's not as if keeping a running total in my head (as I do), gets me any closer to some sort of finish line where life can begin anew. Hardly. I'm not exactly cancer-free, more like cancer-stalled. Nevertheless, my monthly total does indicate how far I've come, how long I've lived, but it doesn't necessarily translate into how much longer I may live. In fact, it might suggest the exact opposite (only so much time left on the clock, hypothetically speaking), so why bother tracking time? Why not track the future instead? Go somewhere! Do something! Live a lot, not just a

Unfortunately, survivability in the terminal cancer world may simply be the means to your end. If you can't beat it, then you can only join it. Although you hope to outlast it, stay one step ahead and try to keep it from catching you. Perhaps I should consider and embrace - the words of the great Satchel Page: "Don't look back. Something might be gaining on you." Still, for me, totaling up the number of months since I received my official diagnosis/prognosis, gives me confidence that having survived this unexpectedly long (original prognosis was "13 months to two years"; median life expectancy is eight months) somehow means something positive going forward. Not that there's any statistical relationship between the past and the future. As Starfleet Captain, Kathryn Janeway said to her first officer Commander Chacotay on an episode of Star Trek: Voyager: "I swore I'd never let myself get caught in one of these Godforsaken paradoxes. The future is the past, the past is the future. It all gives me a headache." Certainly they weren't discussing cancer, but for me, wondering if counting the months I've lived with cancer might possibly have an effect on the months I have yet to live with/hopefully without cancer is beneficial somehow to surviving, is sort of how I roll. Whereas choosing the alternative approach: not counting and/or considering anything/everything, gives me a headache.

How do I stay ahead of cancer without betraying who I am or compromising my principles? As Curly Howard of The Three Stooges said while harnessed like a horse and pulling a wagon in an episode called 'G.I. Wanna Go Home": "If I'm gonna work like a horse, I'm gonna eat like one, too" (as he began eating an extra-large sandwich). However I do this (live with cancer), I have to do it my way, or at least in a way that doesn't make me miserable. Because being miserable is all it's cracked up to be, and having a bad attitude likely fuels the cancer that unfortunately burns inside me. But I never want to think that I've learned all there is to learn to help my body/my mind fight the cancer. Maybe looking forward to potential accomplishments might extend life more than taking stock of previous achievements? On the one hand, those accomplishments (still living 44 months post diagnosis) might breed a certain confidence that bodes well to be well. On the other, focusing on the past may compromise the future? I hope this column wasn't too confusing.

If it was, welcome to my world. If it wasn't, "You're a better man than I am, Gunga Din," (Carv Grant from the movie of the same

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

# Entertainment

### 'An Abstract Approach'

Gallery Har Shalom announces the opening of "An Abstract Approach." The gallery walls will display three abstract painters — Lesley Clarke, Springfield, Va.; Har Shalom member June Plotkin, Rockville; and Edith Sievers, Bethesda, as well as work created by artists Karin Abromaitis, Takoma Park, and Jessica Beels, Washington, D.C.

Clarke's work is created on custom-made wooden boxes that she inks and then shapes with paint and objects to show the power of color and shape to convey emotions. Born and raised in Scotland, Clarke has been creating and painting most of her life. She works with acrylics, found objects, and related media to prepare abstract works that focus on embedding emotion, often conflict, into her creations.

Plotkin uses acrylics for her paintings because of their environmental friendliness and their versatility, allowing layering and other techniques. Shapes, color and the use of space all excite her as she draws ideas from nature, travel and family life experiences, including studying the masters here and in Europe.

Sievers paints in both acrylics and oil and, inspired by nature's endless beauty, finds her true passion is driven by exploration of the abstract, juxtaposing lines, shapes, color and light. Throughout her career as an early childhood educator, she has challenged young students to express themselves creatively and explore the world around them through art. Having grown up in Tel Aviv, Israel, and lived in Hong Kong, Tunisia, Egypt, Morocco, and Turkey, Sievers finds that her work is influenced by the visual distinctions of these varied terrains.

Abromaitis began throwing pots in 1995 and discovered that making pottery was her "missing piece" after twenty years in a successful career in the performing arts. The quiet inner focus and solitude provide the balance in her life to the high level of outward energy that performance requires. She finds satisfaction in being a maker of objects. After many years of creating ceramic vessels for food and drink, she now explores what else a vessel might contain such as light, dreams, and ideas.

Beels creates sculptures using armatures of steel wire and then covering them with high-shrinkage flax and abaca paper. Much of her work is form-driven, addressing issues of interior and exterior space, with a particular interest in the geometry of microscopic organisms, fossils,



A ceramic windoe bowl by Karin Abromaitis-Ostracon.

and seed pods. Her abstract forms ask the question "Animal, vegetable or mineral?" The pieces are abstracted forms that can be interpreted variously as belonging to any or all of those categories, depending on the observer's point of view.

For further information and directions, call the Har Shalom office at 301-299-7087.

Lesley Clarke's Pebbles Revenge, 20x40, Acrylic





### **Strathmore Hosts Museum Shop Around**

Museum Shop Around is Strathmore's art-inspired holiday treasure hunt, where 18 of Washington's museums set up shop in the historic Mansion Thursday, Nov. 8 through Sunday, Nov. 11.

The Mansion galleries will be bursting with heartfelt holiday gifts, toys, which is a property one of a kind art door.

The Mansion galleries will be bursting with heartfelt holiday gifts, toys, unique jewelry, one-of-a-kind art, décor and more from museums including The John F. Kennedy Center for the Performing Arts, The Phillips Collection, National Geographic, Shakespeare Theatre Company Shop, the Popcorn Gallery at Glen Echo, President Lincoln's Cottage, Hillwood Museum Shop and the Audubon Sanctuary Shop.

Among the finds at Museum Shop Around are commemorative holiday ornaments, as well as decorations made from fused glass and recycled military metals; plush stuffed animals and vintage toys for kids; fun family games and mind-bending brain teasers; literature, such as the cookbook Chef Supreme honoring the husband of Supreme Court Justice Ruth Bader Ginsburg; fused glass and unusual wood serving utensils and tableware; leather goods; and lim-

ited edition totes and accessory pouches. Adornments for holiday hosts includes quirky copper jewelry and baubles that incorporate heirloom broken china, scarves and skirts made from notorious kitsch Christmas sweaters, ruffled and hand-painted silk scarves and felted wool outerwear. To have real impact with their holiday cards, shoppers will also find irreverent and nostalgic letterpress cards, as well as Tiffany-inspired address books and stationary.

Admission is \$9 (Stars Price \$8) paid at the door each day; proceeds benefit arts and education programming at Strathmore. Hours for Museum Shop Around are:

Thursday, Nov. 8: 10 a.m. - 8 p.m. Friday, Nov. 9: 10 a.m. - 8 p.m. Saturday, Nov. 10: 10 a.m. - 6 p.m. Sunday, Nov. 11: 10 a.m. - 5 p.m.

Sunday, Nov. 11: 10 a.m. - 5 p.m.

The Mansion at Strathmore is located at 10701 Rockville Pike, North Bethesda, one half-mile north of the Capital Beltway and immediately adjacent to the Grosvenor-Strathmore station on Metro's Red Line. Call 301-581-5100 or visit www.strathmore.org.

### Calendar

### From Page 9

Lesley Clarke, June Plotkin, and Edith Sievers; ceramics by Karin Abromaitis, and mixed media by Jessica Beels. Opening reception is Sunday, Nov. 4 from 11 a.m. to 1 p.m. Free and open to the public. Call 301-299-7087. At Gallery Har Shalom, located at Congregation Har Shalom, 11510 Falls Rd.

### SATURDAY/NOV. 3

**Keb' Mo.'** 8 p.m. Music Center at Strathmore, 5301 Tuckerman Lane. Tickets \$28-\$58. Guitarist/singer/ songwriter Keb' Mo' returns to Strathmore. Call 301-581-5100 or visit www.strathmore.org.

Fiber Art Show & Sale. 9:30 a.m.-4 p.m. Annual sale of wearable art and fiber art supplies by members of the Potomac Fiber Arts Gallery. Scarves, hats, garments, jewelry, yarn, fabrics, notions and gift items will be sold. Bargain tables include gallery-quality items and artists' overstock of equipment, materials and supplies, books and more. Free admission. At St. Mark Presbyterian Church, 10701 Old Georgetown Rd. Visit www.wearableartfallshow.com.

Annual Children's Concert. 5 p.m.
To open its 22nd season, The
Symphonette at Landon School will
present its annual Children's Concert
in the Mondzac Performing Arts
Center at Landon School (6101
Wilson Ln.). Tickets are free for
students and seniors over 65, and
\$10 for adults. Visit
www.landon.net/symphonette, or
call 301-320-1090.

World on a String. 9 a.m.-4:30 p.m. This is a cross-cultural day of workshops and concerts exploring how music works. There will be a public concert at 7 p.m. World on a String takes place at the Unitarian Universalist Church of Silver Spring, 10309 New Hampshire Ave. Visit www.freydashands.org/woas/ or email mail@freydashands.org or call 240-339-3655.

Darnestown Presbyterian Church Annual Bazaar. 8:30 a.m. - 4 p.m. Featuring silent auction, crafts, white elephant, women's & children's clothing, antiques, baked goods, Christmas room. At 15120 Turkey Foot Road.

International Bazaar. 9 a.m.-3 p.m. The Escuela Argentina de Washington (Argentinian School of Washington) will hold its Annual International Bazaar. The event features Latin American and international artisans that offer jewelry, crafts, clothing, regional products and much more. Traditional food and pastries include empanadas, sandwiches de miga, alfajores, facturas, churros and other tasty treats with coffee or hot chocolate. The public will also have a chance to win a new iPad in a \$5 raffle, an "instant wine cellar" known as La Cava (tickets are \$20 for a chance to win 44 select wines), and bid on a silent auction. Tango Medina led by Oscar Medina, will offer a free tango lesson and show at noon. Free admission, free parking. At The Connelly School of the Holy Child, 9029 Bradley Blvd. Visit www.escuelaargentina.org

### THROUGH NOV. 3

Skin. Strathmore showcases six artists' "body of work," exploring the transformative properties, cultural significance and artistry of body modification through tattoo, henna, bodypainting, hair and makeup. The exhibition features Alex Reinke, with fellow ink authorities Robby Latos

and Paul Roe, as well as body painter Craig Tracy, photographers John Borstel and Glenford Nunez, and henna artist Bhavna Naik. An opening reception with nosh and henna art stations will be held on Thursday, Sept. 20, from 7-9 p.m. at Mansion at Strathmore, 10701 Rockville Pike. 301-581-5100 or www.strathmore.org.

### SATURDAY-SUNDAY/NOV. 3-4

Art Exhibition. noon-5 p.m. Lynn Mehta, an Alexandria-based artist, will present her most recent oil paintings produced "on location and from life" at the Yellow Barn Studio & Gallery in Glen Echo Park. There will be a reception for the artist from 5 –7 p.m. on Nov. 3. This event is open to the public. Contact the Yellow Barn Studio & Gallery at 301-371-5592 or the National Park Service at 301-492-6229.

### SUNDAY/NOV. 4

Symphony of the Potomac. 3 p.m. The concert features music director Joel Lazar, sibelius, Karelia Suite, Rachel Franklin, Dvorak: Symphony No. 9, "From the New World". \$20 at the door, \$15 online at symphonypotomac.org. Ages 18 and under \$5. Cultural Arts Center at Montgomery College/Silver Spring, 7995 Georgia Ave. Call 301-984-6390 or email info@symphonypotomac.org.

### TUESDAY/NOV. 6

Chinese Language Book Club. 6-8 p.m. Potomac Library. 10101 Glenolden Dr. Chinese book discussion in Chinese language. "Essays of Chen Eshan" by Chen Eshan. Ask for the books at the Circulation Desk. No registration required.

### **NOV. 6, 13, 14, 27 & 28 Strathmore Afternoon Tea**. 1 p.m.

The sounds of local musicians fill the room as you enjoy afternoon tea in The Shapiro Music Room at Strathmore. Vegetarian meals not available. \$23 per person (Stars Price \$20.70). Pre-paid, non-refundable reservations required. Call 301-581-5108. The Mansion at Strathmore, 10701 Rockville Pike. Visit www.strathmore.org.

### THURSDAY-SUNDAY/NOV. 8-11

Museum Shop Around. The event is Strathmore's art-inspired holiday treasure hunt, where 18 of Washington's finest museums are setting up shop in the historic Mansion. Admission is \$9 (Stars Price \$8) paid at the door each day; proceeds benefit arts and education programming at Strathmore.

Thursday, Nov. 8, 10 a.m.-8 p.m.

♦ Saturday, Nov. 10, 10 a.m.-6 p.m. ♦ Sunday, Nov. 11, 10 a.m.-6 p.m. Free parking is available in the Mansion lot. Strathmore asks that visitors do not bring strollers to Museum Shop Around. The Mansion at Strathmore is located at 10701 Rockville Pike. Call 301-581-5100 or visit www.strathmore.org.

### FRIDAY/NOV. 9

Celebrate the Crafts of Afghanistan and Support Afghan Literacy and Orphanages. 6 p.m. The evening features Authentic Afghan dinner, keynote speaker Lauryn Oates, reporting on visit with literacy classes, Kabultec founder Nasrine Gross and raffle of unique Afghan handicrafts and more. At Cedar Lane Unitarian Universalist Church located at 9601 Cedar Ln. Tickets are \$50 per person. Reservation deadline is Monday, Nov. 5. Mail checks to "Kabultec" Eleanor DePaola, 7941 Inverness Ridge Rd., Potomac, MD 20854-4010. Call 301-299-6236.

### SATURDAY-SUNDAY/NOV. 10-11

Art Exhibition. noon-5 p.m. Bethesda resident artist and musician, Sanford Markley, will present a collection of his paintings including landscape, figure and still-life at the Yellow Barn Gallery at Glen Echo. A reception for the artist is at 5-7:30 p.m. on Nov. 10 in the gallery. Visit www.yellowbarnstudio.com.

### SUNDAY/NOV. 11

Nathan Pacheco. 4 p.m. Music Center at Strathmore, 5301 Tuckerman Lane. Tickets \$18-\$48. Virginia-born Pacheco, an operatic tenor, will share selections from his debut release Introducing Nathan Pacheco at Strathmore. Call 301-581-5100 or visit www.strathmore.org.

### THROUGH NOV. 12

Free Photography Exhibition.

Featuring photographers Huguette Roe, Michael Horan and Matthew Entwistle. All are Photo Slam award winners. Opening reception on Saturday, Oct. 27 from 4-6 p.m. Gallery talk on Saturday, Nov. 10, from 4:30-5:30 p.m. At Photoworks Gallery is located at 7300 MacArthur Blvd. Gallery hours are Saturdays from 1-4 p.m. and Sundays from 1-8 p.m. Call 301-634-2274 or visit www.glenechophotoworks.org.



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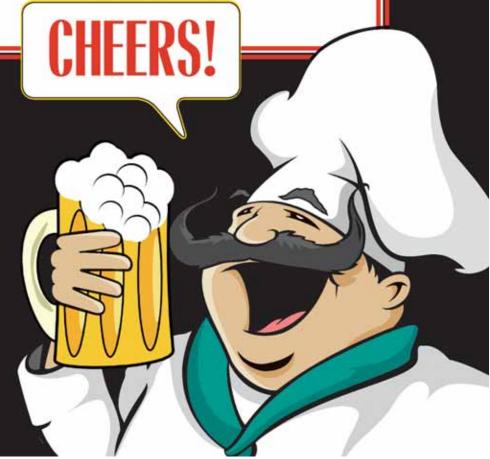
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