

Preparing for The Holidays

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Holiday Craft Sale will be held at The Hendry House on Saturday and Sunday, Dec. 8 and 9 and 15 and 16 and Wednesday, Dec. 13. The Hendry House at Fort C.E. Smith is located at 2411 N. 24th St. in Arlington.

**Holiday Entertainment
& Gift Guide
2012**

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Bon Air Baptist Church...703-525-8079
Cherrydale Baptist Church...703-525-8210
First Baptist of Ballston...703-525-7824
McLean Baptist Church...703-356-8080
Memorial Baptist Church...703-538-7000
Mt. Zion Baptist Church...703-979-7411
Baptist-Free Will
Bloss Memorial Free Will
Baptist Church...703-527-7040
Brethren
Church of The Brethren...703-524-4100
Buddhist
The Vajrayogini Buddhist Center...202-331-2122
Catholic
St. Agnes Catholic Church...703-525-1166
Cathedral of St Thomas More...703-525-1300
Holy Transfiguration Melkite Greek
Catholic Church...703-734-9566
Our Lady of Lourdes...703-684-9261
Our Lady Queen of Peace Catholic
703-979-5580
St Ann Catholic Church...703-528-6276
St. Charles Catholic Church...703-527-5500

Vatican II Catholic Community
NOVA Catholic Community...703-852-7907
Church of Christ
Arlington Church of Christ...703-528-0535
Church of God — Anderson, Indiana
Church of God...703-671-6726
Christian Science
McLean - First Church of Christ,
Scientist...703-356-1391
First Church of Christ,
Scientist, Arlington...703-534-0020
Episcopal
St. Andrew Episcopal Church...703-522-1600
St. George Episcopal Church...703-525-8286
St Johns Episcopal Church...703-671-6834
St Mary Episcopal Church...703-527-6800
St Michael S Episcopal Church...703-241-2474
St Paul Episcopal Church...703-820-2625
St Peter's Episcopal Church...703-536-6606
St Thomas Episcopal Church...703-442-0330
Trinity Episcopal Church...703-920-7077
Lutheran(ELCA)
Advent Lutheran Church...703-521-7010
Faith Lutheran Church...703-525-9283
German Lutheran Church...703-276-8952
Lutheran Church of The Redeemer...703-356-3346
Resurrection Lutheran Church...703-532-5991
Lutheran (Missouri Synod)
Our Savior Lutheran Church...703-892-4846

Nazarene
Arlington First Church of the Nazarene
...703-525-2516
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New Life Christian Church -
McLean Campus...571-294-8306
Celebration Center
for Spiritual Living...703-560-2030
Metaphysical
Arlington Metaphysical Chapel...703-276-8738
Presbyterian
Arlington Presbyterian Church...
703-920-5660
Church of the Covenant...703-524-4115
Clarendon Presbyterian Church
...703-527-9513
Little Falls Presbyterian Church
...703-538-5230
Trinity Presbyterian Church...703-536-5600
Westminster Presbyterian...703-549-4766
Presbyterian Church in America
Christ Church of Arlington...703-527-0420
Synagogues — Conservative
Congregation Etz Hayim...
703-979-4466
Synagogues — Orthodox
Fort Myer Minyan...703-863-4520
Chabad Lubavitch
of Alexandria-Arlington...703-370-2774
Synagogues — Reconstructionist
Kol Ami, the Northern Virginia
Reconstructionist Community ... 571-271-8387
Unitarian Universalist
Unitarian Universalist Church
of Arlington...703-892-2565
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Arlington United Methodist Church
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703-356-6336
Calvary United Methodist...703-892-5185
Cherrydale United Methodist...703-527-2621
Chesterbrook United Methodist
...703-356-7100
Clarendon United Methodist...703-527-8574
Community United Methodist...703-527-1085
Mt. Olivet United Methodist...703-527-3934
Walker Chapel United Methodist
...703-538-5200
United Church of Christ
Bethel United Church of Christ...703-528-0937
Rock Spring Congregational
United Church of Christ...703-538-4886

Saint Ann Catholic Church

SUNDAY LITURGY SCHEDULE:
Saturday Vigil: 5:30 PM
Sunday: 8:00, 9:30, 11:00 AM
1:30 PM Spanish Liturgy
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Arlington Virginia 22205
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DAILY EUCHARIST:
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Saturday, 8:30 AM

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www.rc.net/arlington/stann

To highlight your Faith Community, call Karen at 703-778-9422

Gift Guide

What was your best holiday gift?

— By Meghan Marville



Derick Kraft (Trivia Host at Whitlow's): "I got a compound bow. My Dad thought archery was fun, but my Mom made him return it. I now shoot firearms competitively."



Esau Chavez (with friend Rhiannon Gammill): "When I was 9 I got a remote-controlled monster truck, it was so much fun until I broke it the next day."



Ryan Pool: "When I was about 7 my brother and I woke up at 5 a.m. and unwrapped all of our presents because we were so excited. I got a skateboard and Nerf guns. We played with them for hours until my Mom came down, scolded us, re-wrapped them, and made us reopen them so she could take pictures. Our expressions are all so fake!"



Brian Stascavage: "My cousin got a dog once, my aunt put a bow on its collar and let it wake her up in the morning. It wasn't my gift but still a favorite! We had so much fun playing with it."



Bill Mill: "I got a gift certificate to the Red Fox Inn in Middleburg. We had a great dinner and it was a perfect way to spend a romantic weekend with my special lady."

"Flourishing After 55"

"Flourishing After 55" from Arlington's Office of Senior Adult Programs for Nov. 25- Dec. 1.

Arlington senior centers: Aurora Hills, 735 S. 18th St.; Walter Reed, 2909 S. 16th St.; Culpepper Garden, 4435 N. Pershing Dr.; Langston-Brown, 2121 N. Culpeper St.; Lee, 5722 Lee Hwy.; Arlington Mill at Fairlington, 3308 S. Stafford St.; also Madison Community Center, 3829 N. Stafford St.; TJ Community Center, 3501 S. 2nd St.

Senior trips: Phillips Collection

Sunday Concert, Sunday, Nov. 25, \$37; Mount Vernon Candlelight Tour, Wednesday, Nov. 28, \$31; Christmas in Middleburg Holiday Parade and browsing, \$12. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

Pilates and yoga combo exercise class begins Monday, Nov. 26, 11 a.m., Langston-Brown. \$16/4 sessions. Register, 703-228-6300.

Chess games, Mondays, 9:30 a.m. – 2:30 p.m., Madison Community Center. Free. Details, 703-534-6232.

www.ConnectionNewsletters.com

Holiday Gift Guide



Angela Phelps is the owner of le village Marche where one can find a variety of budget-friendly gifts.



Corey Lorenz (left) and Hilary Adleberg at Bloomers.



Lauren McCarthy recommends the statement necklaces at Periwinkle.

Shoppers Already Hunting for the Right Gifts

Stopping by some shops in Shirlington.

By Tazeen Ahmad
The Connection

It is that time of year again — time to start making holiday shopping lists and time to hit the stores to find the perfect gift for family members and friends.

All the talk of the “fiscal cliff” could be daunting for local merchants as they head into their busiest season, but none of that concern was evident Saturday, Nov. 10, in the shops at Shirlington.

“We have had a good season so far. We have been very lucky at this location,” said Angela Phelps, the owner of le village Marche. Phelps, who was inspired to open the vintage home décor and gift store after a trip to Paris 10 years ago, says that she tries as much as possible to stock items made in America or France but concedes that it is not always possible.

Some popular gift ideas in the \$30-\$40

range according to Phelps are cheese boards with knives, wine stoppers made from vintage doorknobs and made-in-America coaster sets with quotes. Customers can spend anywhere from \$30 to \$100 depending on their budget on home decorations, scented soaps, flirty aprons, candles, calendars to name a few. Phelps says gift cards also make a nice gift.

A few doors down, Periwinkle, a woman’s clothing boutique, also had a steady flow of customers.

“We have really awesome jewelry. Our statement necklaces and bracelets are great for gifts,” said sales associate Lauren McCarthy. Necklaces run from \$58-\$78 and bracelets start from \$24 and go up to \$78.

McCarthy says the store is made for the fashionista and that they carry a little bit of everything. “You can buy a \$50 poncho or a \$450 cocktail dress,” McCarthy said. She also recommends scarves, gloves and leather belts and says that for shoppers looking for gifts under \$20 the Lollia hand creams, cell phone cases and little wallets are good choices.

Corey Lorenz and Hilary Adleberg, the sales associates at Bloomers, a store that



Photos by Tazeen Ahmad/The Connection

Jennifer Wohlander, Arlington, examines one of the educational toys at One, Two Kangaroo Toys on Saturday afternoon, Nov. 10.

focuses on underwear, sleepwear and loungewear, were also optimistic about the holiday season sales. The Shirlington store

opened one year ago and Lorenz says that sales are keeping up with their Alexandria store.

“Our warm cozy P.J. sets, slippers and bra travel bags are popular with our customers,” Adleberg said. She also recommended the Koobi bras that are one size fits all.

Lorenz says that customers can spend from \$20 to \$100 for a good gift. A subscription to the panty of the month club which starts at \$60 for a three-month subscription is a fun option and a gift card always works for any age according to Lorenz.

Every nook and cranny in One, Two Kangaroo Toys is packed with toys of every color, shape and size. It was also packed with customers on Saturday.

“You can always find something unique and classy in here,” shopper Jennifer Wohlander of Arlington said.

Wohlander, who has two children ages 5 and 7, says that she always finds unusual toys that foster creativity and that the quality of the toys is great.

“This is where I go to buy cool gifts. There is stuff here nobody else carries,” shopper

See In the Hunt, Page 5



Bloomers is ready for the cold nights with warm cozy P.J.’s and robes.



Statement necklaces, bracelets, scarves and more at Periwinkle.



Every nook and cranny is packed with fun games for children at One, Two Kangaroo Toys.

News



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Photos by LaShawn Avery-Simons/The Connection

The 3d U.S. Infantry Regiment (The Old Guard) march through Arlington National Cemetery.

Honoring Veterans

Crowds visit Arlington National Cemetery.



Families and friends visit the graves of their loved ones inside Arlington National Cemetery on Veterans Day, Nov. 11.



Members of the 3d U.S. Infantry Regiment (The Old Guard) fire cannons as President Barack Obama enters Arlington National Cemetery on Veterans Day.



A candle was placed at the head stone of Sgt. Ronald L. Simons at the niche wall inside the cemetery.



Betty Reeves places flowers and a flag on the grave of her husband James E. Reeves, SFC US Army Vietnam.



The American flag hangs in the amphitheater as families attended the Veterans Day wreath-laying ceremony and visited the graves of loved ones.

Gift Guide

In the Hunt

From Page 3

Traci McGillicuddy of Bailey's Crossroads, said.

Some popular items according to owner Charlie Majdi include Ravensburger board games and puzzles which run \$20 and Bruder trucks which start at \$20 and go up to \$120.

"We sell educational oriented toys and games. We sell only bestsellers; we have no Lego, no Barbies," Majdi said.

Majdi says 85 percent of what he sells is under \$25. He says he wants his customers to be able to come in the store with a \$100 and be able to walk out with four or five good toys. He tries to stock toys made out of high quality materials.

"All our toys are pre-screened," Majdi said. "My customers don't have to worry about the safety of the toys they buy here. We make sure that all our merchandize meets American and European safety standards, is environmentally sound and we avoid buying from vendors that use child labor," Majdi said.



Photo by Louise Krafft/The Connection

Annual Bazaar

Washington-Lee High School's Holiday Bazaar will be held on Saturday, Dec. 1, from 10 a.m. to 4 p.m.

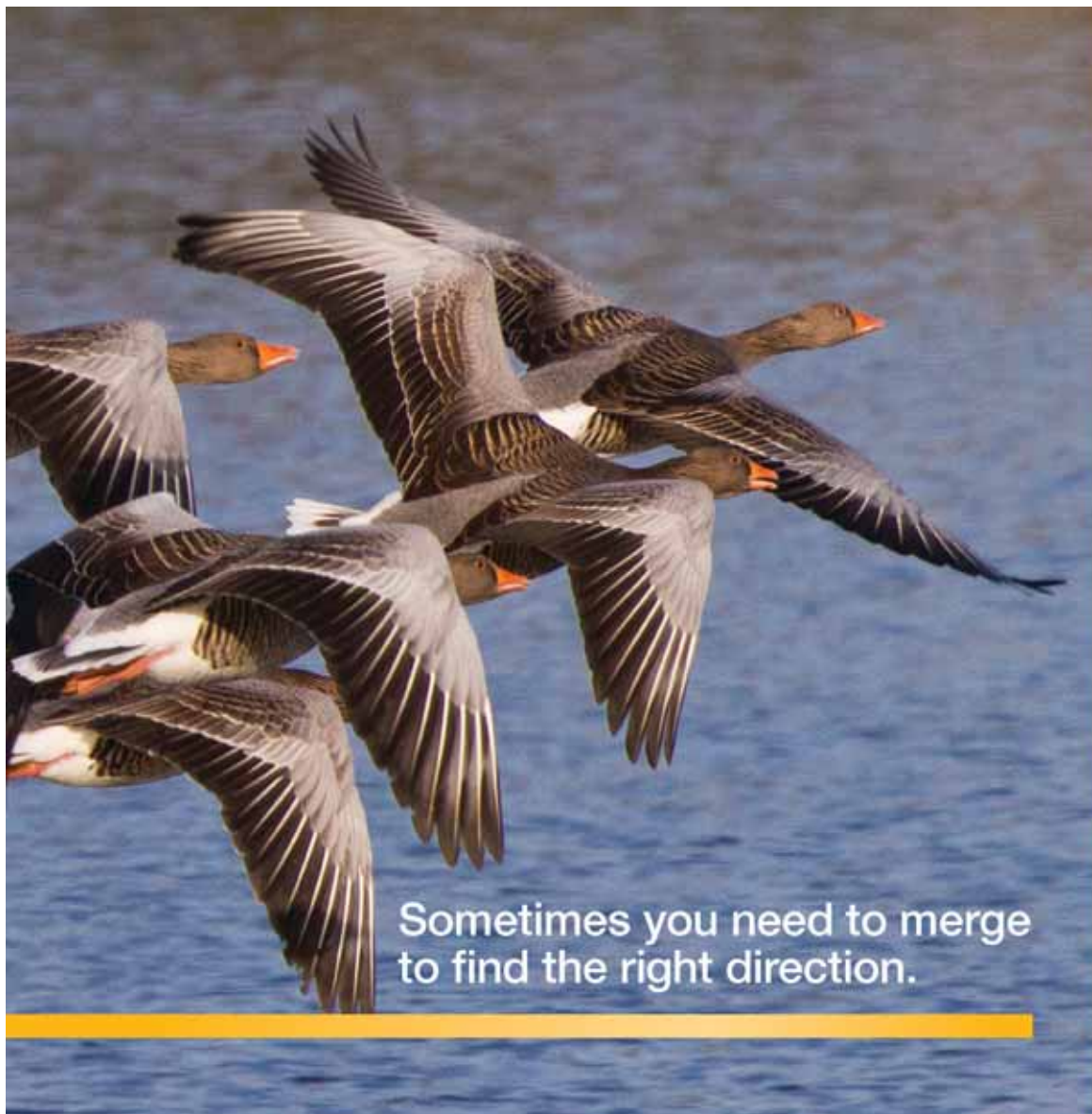
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Holiday Entertainment

The Gift Of Taste

Holiday Gift Guide for the foodies on the list.

By Marilyn Campbell
The Connection

From olive oils and spices to cookware and ice molds, local culinary experts share their favorite foodie-friendly gift ideas.

Specialty salts are popular this year, said culinary instructors Christine Wisniewski, of Vienna, and Andie Nelson, of Arlington. "Fleur de Sel, it literally translates to 'flower of salt.' This stuff is a far cry from your standard table salt," said Nelson. "The salt crystals are large yet delicate, and provide a burst of flavor when used as a topping for homemade breads, or even roasted vegetables."

"There's also Maldon sea salt" said Wisniewski. "There are all kinds of salts with all different kinds of mineral contents. There are salts for cooking with, salts for finishing with. A sampling of gourmet salts is a great idea and they are not that expensive."

Salt, however, isn't the only popular seasoning this season. From vanilla and almond extracts that give a flavor boost to sweet fare like cakes to waffles, to Punjabi-style garam masala and bouquet garni in a jar, which adds authenticity to ethnic foods,



Photo courtesy of Chambre de Sucre

For the foodie who has everything, Arlington-based culinary instructor Andie Nelson recommends handcrafted, gourmet sugars and teas by Chambre de Sucre.

every food enthusiast needs an arsenal of spices when it is time to fire up the stove, oven or grill. "I would recommend a boxed spice set from Penzeys in Arlington," said Wisniewski. "They sell spices, everything from A to Z. It is spice heaven as far as I'm concerned."

SMALL BATCH OLIVE OILS are another of Wisniewski's recommendations. "There are all different kinds of producers producing all different kinds of olive oils," she said. "The range is amazing. They range from spicy to floral to fruity and come in a host of flavors. There are finishing oils that you would use for salads and oils for cooking."

For the foodie who has everything, let them eat sugar. Nelson recommends handcrafted, gourmet sugars and teas from Chambre de Sucre. "My personal favorite is the amber sugar," she said.

In fact, Lisa Kunizaki, owner of Chambre de Sucre, says these sugars are served to the Japanese royal family. "I like to think of

this as the affordable luxury. The person who has it all is not going to have this," she said. "Whenever you have guests stop by at the last minute, you can bring out these sugars and put them in a beautiful bowl. It is a conversation piece."

Nelson also suggests "dried fruits, vegetables and meats of every kind, which can be found at the Vietnamese shop Phu Quy Deli Delight in Falls Church. "It's a real treat to check out," she said.

"We have more than 100 dried items," said owner Kim Nguyen. "There is dried abalone, natural dried mangoes and even dried okra."

JEFF ELMENDORF, MANAGER of The Hour Shop in Old Town Alexandria, recommends cutting boards made from reclaimed vintage wood and Tovolo Sphere Ice Cube molds. Ice cubes made in these molds melt more slowly than traditionally shaped ice. "These molds were made with whiskey drinkers in mind," he said. "Because the ice



Photo courtesy of The Hour Shop

Jeff Elmendorf of The Hour Shop in Old Town Alexandria, recommends Sphere Ice Cube molds. Because the ice is round, it melts slower. "If you're drinking a 25-year-old Scotch, most people don't want water in it," he said.

is round, it melts slower. If you're drinking a 25-year-old Scotch, most people don't want water in it."

Elmendorf also recommends Glencairn whiskey glasses from Scotland for savoring that Scotch. "They are fashioned after a traditional nosing glass, but the opening has been changed so that it can be used as a true whiskey or bourbon glass," he said.

ENJOY COOKING OUTDOORS?

Nelson recommends the Big Green Egg, a ceramic outdoor cooker that is used for grilling, roasting, smoking or baking. "[It] has become a near religion for several of my foodie friends," she explained. "If Santa comes early, you can even cook a Thanksgiving turkey on this thing."

Wisniewski says ceramic-coated, nonstick pans are a must-have for food lovers:

See Gifts, Page 9

Calendar

Email announcements to arlington@connectionnewspapers.com. Deadline is noon the Thursday before publication. Photos are welcome.

ONGOING

Line Dancing Class. Fridays, 10-11 a.m. Line dancing with Barbara Allen. Covers the basic steps, then combines them to music for a gentle aerobic workout. More experienced line dancers are welcome as they can assist newer dancers. At Aurora Hills Senior Center. Call 703-228-5722.

Woodland Reveries: Photos of East Tennessee by Tammie George. At Cherrydale Branch Library, 2190 Military Road through Thursday, Jan. 3, 2013. Call 703-228-6330. Hours: Monday and Thursday: 10 a.m.-9 p.m.; Tuesday and Wednesday: 1-9 p.m.; Friday and Saturday: 10 a.m.-5 p.m. Free.

THROUGH NOV. 17

Letters from the Swallows. Immigration is always a provocative topic. Letters from the Swallows (Cartas de las Golondrinas) dips into the personal stories of people who have uprooted their lives—from the Spanish who went to the Americas to the Latin Americans who make their way to the United States—to explore the dreams and destinies of immigrants. The ongoing festival runs at Gunston Arts Center-Theater

Two, 2700 S. Lang Street. Tickets are \$35; \$30 for students and seniors. Call 703-548-3092 or 202-882-6227 or email info@teatrodelaluna.org or visit www.teatrodelaluna.org. Still to come in the festival, which has shows at 8 p.m. Thursdays, Fridays and Saturdays and 3 p.m. on Saturdays, are: Nov. 15-17 – Argentina: Gazpatxo Producciones presents First Time Mother (Madre Primeriza). Tickets are \$35; \$30 for students and seniors. Call 703-548-3092 or 202-882-6227 or email info@teatrodelaluna.org or visit www.teatrodelaluna.org.

THROUGH JAN. 6, 2013

Musical: Dreamgirls. Part of Signature Theatre's 2012/2013 season, playing for 8 weeks in the MAX Theatre. Tickets start at \$40. Visit www.signature-theatre.org. Signature Theatre is located at 4200 Campbell Ave.

WEDNESDAY/NOV. 14

Community Sing. 7-9 p.m. Singers and non-singers alike can join Community Sing events, led by Ysaye Maria Barnwell of the Grammy Award-winning group Sweet Honey in the Rock. The group will be singing five-part harmonies within minutes. For singers and non-singers of all ages and abilities. Hosted by Levine School of Music's Virginia

Campus at 1125 North Patrick Henry Drive. Tickets are \$5 at the door. Visit www.levineschool.org/communitysing.

THURSDAY/NOV. 15

Free Concert. 7:30 p.m. The U.S. Army Orchestra in Concert Program includes Beethoven's Piano Concerto No. 4 in G Major, a medley of Jerome Kern music featuring SFC Alvy Powell, and Bernstein's Symphony No. 1 "Jeremiah." Free and open to the public. Call 703-696-3399 or visit www.usarmyband.com. At Brucker Hall, 400 McNair Road.

Annual Holiday Floral Design Event. 7-9 p.m. Rock Spring Garden Club's third annual event features guest designer Adrienne Summers, AIFD, who will show how to take ordinary flowers and create simple, elegant holiday designs. This event will include a raffle, door prizes and light refreshments. Doors open at 6:30 p.m., at the National Rural Electric Cooperative Association Building, 4301 Wilson Blvd. with free on site parking, Taylor Street entrance. Tickets are \$25. Pre-register by Nov. 5. Contact Julie Williams at 703-534-6431 or windrush08@gmail.com. Proceeds benefit community outreach.

Sparkling Wine Tasting. 7 p.m. 2200 N. Westmoreland St.

NOV. 15-17

Annual Craft Fair. St. Matthew's United Methodist Church located at 8617 Little River Tpk. will hold a craft fair, featuring juried crafts, arts, a bake sale and more, to benefit local, national and international mission projects. Nov. 15, 4-8 p.m.; Nov. 16, 11 a.m.-6 p.m.; and Nov. 17, 10 a.m.-3 p.m. Call 703-978-3500 or visit www.stmatthewsumc.org.
Spanish Theater. 8 p.m. Argentina: Gazpatxo Producciones presents First Time Mother (Madre Primeriza). At Gunston Arts Center-Theater Two, 2700 S. Lang St. Tickets are regular \$35; students & seniors \$30. Children's show: adults \$15; children under 13, \$10; children under 4 free. Call 703-548-3092 or 202-882-6227, or email info@teatrodelaluna.org. Visit www.teatrodelaluna.org.

FRIDAY/NOV. 16

Screening of "Six Degrees That Could Change the World." 7:30-9 p.m. Produced by National Geographic Video and narrated by Alec Baldwin, this 2008 film examines the effects of the changes in the temperature of the Earth, one degree at a time, as humans confront a warming planet. Not recommended for young children. Doors open at 7:15 p.m. Admission is free, but donations of \$5/seat accepted. At Friends of the Planetarium, 1426 N

Quincy St. Online ticketing will end two hours prior to each show, and any unreserved seats will be made available on a first come, first served basis 15 minutes prior to the doors opening. Visit www.friendsoftheplanetarium.org.

SATURDAY/NOV. 17

2012-2013 Mongolian School Year Concert, BBQ and Fundraiser. 4-6:30 p.m. At The Wilson School, 1601 Wilson Blvd. Suggested donations are \$35 for adults, \$15 for children 10 or under. There will be traditional Mongolian song and dance, Tsam Buddhist-Shamanist mask dance, Mongolian BBQ, fashion show, Mongolian contortionist and tour of the school. Free parking and babysitting for children 5 and under.

Campfire: Deer Yards and Antler Tales. 6-7 p.m. All ages. Children must be accompanied by a registered adult. The whole family is invited to the Long Branch Amphitheater for old-fashioned fun. This engaging program will be filled with entertaining activities, which may include stories, special animal guests, games, songs and of course, treats like s'mores. Call 703-228-6535. \$5 fee per person. Meet at Long Branch Nature Center, 625 S. Carlin Springs Rd. \$5 fee per person due at

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www.ConnectionNewspapers.com

Entertainment

From Page 6

registration. Program #612952-F. **Premiere of "Dynamic Earth."** 7:30 p.m. Dynamic Earth explores the inner workings of Earth's climate system. Doors open at 7:15 p.m. Admission is \$3 for children, members, and seniors; \$5 for adults. A few remarks will be made prior to the screening about the premiere of this full dome show and how supporter donations have made it possible. At Friends of the Planetarium, 1426 N Quincy St. Visit www.friendsoftheplanetarium.org.

SUNDAY/NOV. 18

Free Concert. 3 p.m. The U.S. Army Blues present A Veterans Day Tribute Concert. One of the few remaining full-time big bands in the country present a special concert in honor of veterans, featuring well-known big band tunes from the Swing Era. Free and open to the public. Call 703-696-3399 or visit www.usarmyband.com. At Brucker Hall, 400 McNair Road.

Sunday Science Lecture: Cary Secret, "Trashing the Troposphere." 1:30 p.m. Secret will discuss the industrial sources of air pollution, the impacts on public health, and various national programs for dealing with these problems. Doors open at 1:15 p.m. Admission is \$3 for children, members, and seniors and \$5 for adults. At Friends of the Planetarium, 1426 N Quincy St. Online ticketing will end two hours prior to each show, and any unreserved seats will be made available on a first come, first served basis 15 minutes prior to the doors opening. Visit www.friendsoftheplanetarium.org.

Screening of the "Dynamic Earth."

3 p.m. Dynamic Earth explores the inner workings of Earth's climate system. Doors open at 2:45 p.m. Admission is \$3 for children, members, and seniors and \$5 for adults. At Friends of the Planetarium, 1426 N Quincy St. Visit www.friendsoftheplanetarium.org.

THROUGH NOV. 18

Free Art Exhibition. "A Celebration of Color" will be on display at Cassatt's Kiwi Cafe, 4536 Lee Hwy. The exhibit was juried by noted local pastel painter Daniel Wise.

THURSDAY/NOV. 22

Turkey Trot. 8 a.m. The starting line is 3020 Pershing Dr. Doorways for Women and Families, Arlington Food Assistance Center and Arlington Alexandria Coalition for the Homeless will receive all net proceeds. Visit www.ccapca.org/turkeytrot.htm to register.

FRIDAY & SATURDAY/NOV. 23 & 24

Comedian. 10 p.m. Todd Barry from HBO, Comedy Central will come to the Arlington Drafthouse located at 2903 Columbia Pike. Admissions are \$23. Visit ArlingtonDrafthouse.com.

THROUGH NOV. 24

Art Exhibitions. "Room With a View" will include landscape paintings, but also views inside rooms, as well as abstract pieces. At Arlington Artists Alliance Gallery, at 2100 Crystal Drive. Visit novaartcenter.org.

MONDAY/NOV. 26

Northern Virginia Mineral Club.

7:45 p.m. The Northern Virginia Mineral Club encourages interest in geology, mineralogy, lapidary arts and related sciences. Meetings are held on the fourth Monday of each month at Long Branch Nature Center, 625 Carlin Springs Road. Call 703-228-6535. Visitors welcome.

TUESDAY/NOV. 27

Free Concert. 7:30 p.m. "Pershing's Own" Chamber Music Series. Free and open to the public. Call 703-696-3399 or visit www.usarmyband.com. At Brucker Hall, 400 McNair Road.

Full Moon, Poetic Nights. 7-8 p.m. Adults and teens. Enjoy a short hike by the light of the full moon, as winter stars begin to rise. Share poems inspired by the night as well — from nursery rhymes to sonnets. Call 703-228-3403. Meet at Gulf Branch Nature Center, 3608 Military Road. Free. Program #612942-H.

"Arlington's Got Talent." Leadership Arlington's Young Professionals Program will host the first "Arlington's Got Talent," featuring a talent show of the best and brightest at Clarendon Ballroom. Tickets are \$30. Networking begins at 6:30 p.m. and the talent show at 7:30. Tickets at www.leadershiparlington.org.

WEDNESDAY/NOV. 28

"Books That Shaped America." 7 p.m. Mark Dimunation, chief of the Rare Book and Special Collections Division at the Library of Congress, reflects on 88 titles that changed the way people think. The list even includes "The Joy of Cooking" and "Alcoholics Anonymous." Bring your own list. At Arlington Central Library Auditorium, 1015 N. Quincy St.



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NOTICE TO THE PUBLIC

**NOTICE TO THE PUBLIC OF AN APPLICATION BY
WASHINGTON GAS LIGHT COMPANY FOR
APPROVAL TO RECOVER HEXANE COSTS
CASE NO. PUE-2012-00115**

On October 1, 2012, Washington Gas Light Company ("WGL" or "Company") filed an application with the State Corporation Commission ("Commission") requesting approval to recover \$1,448,054 of costs relating to the non-Btu component of hexane injections for the fiscal year ended September 30, 2011 ("fiscal year 2011") ("Application"). In support of its Application, the Company advises that it began injecting hexane into its system in February 2006 to replace heavy hydrocarbons in liquefied natural gas that enters the Company's distribution system. WGL explains that the heavy hydrocarbons become separated from natural gas during the liquefaction process. The Company's Application also represents that in Case No. PUE-2006-00059, the Commission approved a Stipulation as part of WGL's performance-based rate regulation ("PBR") Plan that, among other things, permits WGL to request approval from the Commission to recover the non-Btu portion of hexane costs if the Company's return on equity is less than 10% in any PBR annual period. Under the terms of the Stipulation accepted in Case No. PUE-2006-00059, the cost recovery of the non-Btu component of hexane will be limited to that amount in excess of \$400,000 required for the Company to achieve an earned return on equity of 10.0% for that PBR period under WGL's PBR Plan. The Company's Application advises that for the fiscal year ended September 30, 2011, the Company earned less than a 10% return on equity. WGL therefore proposes to collect its actual Virginia-jurisdictional non-Btu hexane costs in excess of \$400,000, or \$1,448,054.

WGL's Application notes that the earnings test contained in its Annual Informational Filing ("AIF") for the twelve month period ending September 30, 2011, indicates that the Company earned a return on equity of 8.60%. The Company's Application therefore proposes to recover the Company's actual Virginia-jurisdictional amount of non-Btu hexane costs in excess of \$400,000, expensed during fiscal year 2011.

WGL proposes to collect the proposed amount of non-Btu hexane costs approved by the Commission from its customers receiving service under Rate Schedule Nos. 1-Residential Service, 1A-Residential Delivery Service, 2-Commercial and Industrial Service, 2A-Commercial and Industrial Delivery Service, 3-Group Metered Apartment Service, 3A-Group Metered Apartment Delivery Service, 4-Interruptible Service, 5-Large Commercial and Industrial Service, 5A-Large Commercial and Industrial Delivery Service, 6-Large Group Metered Apartment Service, 6A-Large Group Metered Apartment Delivery Service, 7-Interruptible Delivery Service, 8-Developmental Natural Gas Vehicle Service, and 10-Large Volume Delivery Service through an adjustment to the distribution charge for these Rate Schedules.

WGL proposes to collect its non-Btu hexane costs through an adjustment to the "All Applicable Riders" line on customer bills for these rate schedules. The Company's Application further states that the hexane charge will be computed on a cents per therm basis comprising a current factor as provided for in the Company's General Service Provision No. 33. According to the Company's Application, the current factor, if applicable, will be calculated annually by dividing the non-Btu portion of hexane costs approved by the Commission by total weather normalized throughput for the year. WGL proposes to implement the current factor as an adjustment to the "All Applicable Riders" line on customer bills in the first billing cycle month following Commission approval of its Application to recover the non-Btu portion of the costs of its hexane injections. The Company's Application also includes supporting testimony and exhibits showing the computation of a proposed charge of \$0.0023 per therm, which will allow the Company to collect the proposed \$1,448,054 of non-Btu hexane costs expensed in fiscal year 2011.

The details of WGL's proposals are set out in the Company's Application. Interested persons are encouraged to review the Application and other materials filed with the Application for the details of these proposals. Interested persons should also be advised that after considering the record in this case, the Commission may change the tariff revisions proposed by the Company or take other actions with respect to the recovery of the non-Btu component of hexane costs that differ from the proposals set out in the Company's Application.

The Commission has entered an Order for Notice and Comment that, among other things, docketed the Application as Case No. PUE-2012-00115 and established a procedural schedule for the filing of comments, requests for hearing, and the filing of testimony or a Report by the Commission Staff. Interested persons are encouraged to review the Commission's Order for Notice and Comment for details on how to participate in this proceeding.

Interested persons also may review a copy of the Application, the Commission's Order for Notice and Comment, as well as other documents now or hereinafter filed in this matter, in the Commission's Document Control Center located on the First Floor of the Tyler Building, 1300 East Main Street, Richmond, Virginia 23219, between the hours of 8:15 a.m. and 5 p.m., Monday through Friday, excluding holidays. A copy of the Application also may be obtained at no cost to interested persons by making a written request to the Company's counsel at the following address: Meera Ahamed, Esquire, Washington Gas Light Company, 101 Constitution Avenue, N.W., Washington, D.C. 20080. If acceptable to the requesting party, the Company may provide the Application, with or without attachments, by electronic means. In addition, the Company's Application, the Commission's Order for Notice and Comment, other orders entered in this docket, the Commission's Rules of Practice and Procedure, and other information concerning the Commission and the statutes it administers, may be viewed on the Commission's website at: <http://www.scc.virginia.gov/case>.

Pursuant to the Commission's Order for Notice and Comment, interested persons may file written comments or requests for hearing with the Clerk of the Commission on the proposals set out in the Company's Application on or before January 3, 2013. An original and fifteen (15) copies of all written comments and requests for hearing must be filed with Joel H. Peck, Clerk, State Corporation Commission, c/o Document Control Center, P.O. Box 2118, Richmond, Virginia 23218-2118. Any request for hearing must state with specificity why the issues raised in the request for hearing cannot be adequately addressed in written comments. If no sufficient request for hearing is received, the Commission may consider the Application based on the papers filed without convening a hearing at which oral testimony is received.

Persons filing a request for hearing and expecting to participate as a respondent in any hearing that may be scheduled in this case also shall file, on or before January 3, 2013, an original and fifteen (15) copies of a notice of participation as required by 5 VAC 5-20-80 B of the Commission's Rules of Practice and Procedure, 5 VAC 5-20-10 *et seq.*, with the Clerk of the Commission at the address set forth above. Any notice of participation shall set forth: (i) a statement of the interest of the respondent; (ii) a statement of the specific action sought to the extent then known; and (iii) the factual and legal basis for the action. Interested persons should refer to the Commission's Order for Notice and Comment for more information on how to participate as a respondent.

Interested persons desiring to submit comments electronically may do so on or before January 3, 2013, by following the instructions available at the Commission's website: <http://www.scc.virginia.gov/case>, and referring to Case No. PUE-2012-00115. Interested persons shall refer in their comments, requests for hearing, and notices of participation to Case No. PUE-2012-00115 and shall serve a copy of any such document filed with the Commission upon counsel for the Company at the address set forth above.

WASHINGTON GAS LIGHT COMPANY

Email announcements to arlington@connectionnewspapers.com. Photos and artwork are welcome. Deadline is Thursday at noon.

ONGOING

Storytime at Kinder Haus Toys. Storytime will begin at 10:30 a.m. on Mondays and Fridays. Children attending events must be accompanied by adults. 1220 N. Fillmore. Visit kinderhaus.com or call 703-527-5929.

Yarn Bomb Meet-ups + Stitch Session. Wednesdays through February, 6-9 p.m. Free. Create a yarn bombing temporary public art project in Rosslyn. Meet other knitters at Town Hall, 1901 N. Moore St. All ages and experience levels are welcome. Free. Visit <http://pinklineproject.com>. No meet-ups on Nov. 21 or Dec. 12, 26.

WEDNESDAY/NOV. 14

MarchFourth Marching Band. 9 p.m. \$15. MarchFourth is a mobile big band spectacular, propelled by electric bass, a diverse percussion ensemble and brassy horn section. Visually enhanced by costumed dancing beauties, acrobatic stilt walkers, unicycles, life size marionettes and many more theatrics, MarchFourth invokes dancing in the streets and beyond. At Ballroom of Artisphere, located at 1101 Wilson Blvd. Call 703-875-1100 or visit www.artisphere.com.

THURSDAY/NOV. 15

Live Jazz Thursdays: Bossalingo. Live music 5:30-8 p.m.; concessions specials 4-7:30 p.m. Bossalingo is comprised of musicians thirsty for performing Jazz with Cuban and Brazilian rhythms. Most of the band members have a background in Jazz, but many come from roots as varied as Brazil, Cuba, Nicaragua and Africa. At the ballroom of Artisphere, located at 1101 Wilson Blvd. Call 703-875-1100 or visit www.artisphere.com.

"Rooms With A View" Lecture.

6-8 p.m. Free. Hear POLITICO's chief White House correspondent Mike Allen analyze the 2012 Election at The Boeing Conference Center, 1200 Wilson Blvd. Space is limited, to reserve a seat, email RSVP@rosslynva.org.



FRIDAY-SUNDAY/NOV. 16-18

Military Novelist In Arlington. Sarah Bates, author of Twenty-One Steps of Courage, a military action novel featuring The Old Guard and its Sentinel Platoon will be signing copies of the book at the Holiday Inn Rosslyn, 1900 N. Fort Myer Drive. on Nov. 16 and 17 from 4-6 p.m. and in the Arlington National Cemetery Bookstore on Nov. 18 from 2 to 3:30 p.m.

NOV. 16 THROUGH DEC. 9

Six Characters In Search Of An Author. Set during a rehearsal for Luigi Pirandello's The Rules of the Game, the play finds actors and a director interrupted by orphan characters, seeking to have their story told. Previews are available from Nov. 11 through Nov. 14 at 7:30 p.m. The play will be open on Nov. 15 at 7:30 p.m. and run through Dec. 9 (times vary). Tickets are \$10-\$50. At Black Box Theater of Artisphere, located at 1101 Wilson Blvd. Call 703-875-1100 or visit www.artisphere.com.

FRIDAY/NOV. 16

Man 1, Bank 0 — One-Man Show

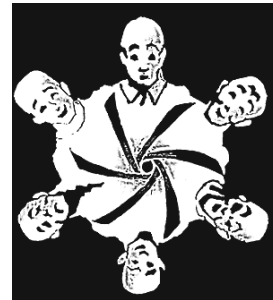
Avant Bard Introduces 'Six Characters'

For the Love of Art, WSC Avant Bard, the resident theatre company at Artisphere, presents Nobel Prize-winning playwright Luigi Pirandello's "Six Characters in Search of an Author." Opening WSC Avant Bard's 23rd Season, Tom Prewitt directs this classic existential piece, which explores the crossroads of identity and reality.

Pull back the curtain to explore the competing worlds of "Six Characters in Search of an Author." Set during a rehearsal for Pirandello's The Rules of the Game, the play opens on a director and his actors interrupted by the intrusion of six characters, orphaned by their author, and insisting upon having their story immortalized on the stage. Out of the ensuing struggle between reality and theatrical convention arises Shakespeare's age-old question, "Is all the world a stage?"

Prewitt and his cast have rolled up their sleeves to get to the bottom of this dualistic piece. "Six Characters" raises issues of personality and identity: Is who we are today the same person as who we were yesterday, or who we will be? This "meta-physical ghost story" wants to challenge you to ponder these questions: Are our identities even our own?

Brian Hemmingsen and Nanna Ingvarsson, founding ensemble members of Washington Shakespeare Company, play the "Father" and "Mother," alongside their real-life son, Sebastian Ingvarsson-Hemmingsen, who plays the "Boy." WSC Avant Bard has often been



praised for being a family of artists, but this is one of the first times they've had a real family on stage.

WSC Avant Bard Acting Company Member Sara Barker plays the "Step-daughter." Jon Jon Johnson doubles as the production's Assistant Stage Manager and the character of the "Stage Manager," and will once again be serenading the audience with his violin virtuosity.

"Six Characters in Search of an Author" not only provides audiences with food for thought regarding the permanence of fictional characters versus the fleetingness of human life, it delivers a wallop of dramatic intrigue via a family whose dysfunction easily rivals that of the most sordid of reality TV families.

"Six Characters in Search of an Author" runs through Sunday, Dec. 9. In the Black Box Theatre at Artisphere, 1101 Wilson Blvd. Tickets are \$10 - \$35.

Previews: Through Wednesday, Nov. 14

Opening/Press Night: Thursday, Nov. 15

Regular Run Begins: Friday, Nov. 16

Contact the Artisphere box office at 1-888-841-2787 or email wsc.tix@gmail.com. Information is also available at wscavantbard.org.

Performed by Patrick Combs. 8 p.m. Patrick Combs tells the amazing-but-true story of how he deposited a \$95,093.35 junk mail check marked 'non-negotiable'-hoping to spread a little banking cheer to tellers—and how it erupted into a staggering and funny David vs. Goliath-like adventure that continues in his internationally touring, award-winning, off-Broadway one-man show about the incident: Man 1, Bank 0. \$25. At Dome Theater of Artisphere, located at 1101 Wilson Blvd. Call 703-875-1100 or visit www.artisphere.com.

performs a live soundtrack to the 1928 classic Buster Keaton film Steamboat Bill, Jr. At Dome Theater of Artisphere, located at 1101 Wilson Blvd. Call 703-875-1100 or visit www.artisphere.com.

THROUGH JAN. 5, 2013

Roberto Bocci's Streams + Spaces. Free. At Mezz Gallery. Roberto Bocci's Streams + Spaces in Between is a portrait of the distance between two geographical locations. A 100-foot experimental panorama maps the distance between Arlington and Washington, D.C. and relocates urban environments within the art gallery. Opening reception is Thursday, Nov. 1, from 5:30-7:30 p.m. The artist talk with Don Russell, Juror at 6 p.m. Artisphere is located at 1101 Wilson Blvd. Call 703-875-1100 or visit



'Bold Expressions'
by Rebecca Kirtland McNeely will be on view at Piola, 1550 Wilson Blvd., from Nov. 9, 2012 - Jan. 11, 2013. McNeely paints in oil and water-based media, creating award-winning abstracts, mixed media works and expressionistic paintings.

SATURDAY/NOV. 17

Bowen McCauley Dance: "Afoot in Vienna." 8 p.m. Viennese composer/visual artist Wolfgang Seierl will join artistic director Lucy Bowen McCauley, performing electric guitar. At Artisphere, 1101 Wilson Blvd. \$50 premium ticket with performance and post-show party, \$25 general, \$20 students/seniors. Visit tickets.artisphere.com or call 888-841-2787 to buy tickets.

THURSDAY/NOV. 29

Big Easy Express. 8 p.m. Directed by Emmett Malloy, featuring Mumford & Sons, Big Easy Express documents a cinematic musical journey. Britain's acclaimed Mumford & Sons, indie folk heroes Edward Sharpe & The Magnetic Zeros and Tennessee's Old Crow Medicine Show climbed aboard a beautiful vintage train in California, setting out for New Orleans. \$10. At Dome Theater of Artisphere, located at 1101 Wilson Blvd. Call 703-875-1100 or visit www.artisphere.com.

FRIDAY/NOV. 30

Boister: Live Soundtrack To Buster Keaton's Silent Film Steamboat Bill, Jr. 8 p.m. \$15. Creating an unequalled musical and film experience, the Baltimore-based ensemble Boister

www.artisphere.com.

SATURDAY/DEC. 1

Raul Midón. 8 p.m. \$22. Raul Midón's music unleashes a dazzling percussive guitar style complimented by his silky, soulful tenor that has drawn comparisons to Donny Hathaway and Stevie Wonder. At Dome Theater in Artisphere located at 1101 Wilson Blvd. Call 703-875-1100 or visit www.artisphere.com.

THURSDAY/DEC. 6

Light Up Rosslyn. 5:15-6:45 p.m. Join for the Rosslyn Business Improvement District's annual Rosslyn skyline lighting ceremony across from Artisphere in front of 1101 Wilson Blvd. Call 703-875-1100 or visit www.artisphere.com.

Artisphere Dome Projection. 5:15-11 p.m. See Chris Coleman and Laleh Mehran's projection on the exterior of Artisphere's Dome. Artisphere is located at 1101 Wilson Blvd. Call 703-875-1100 or visit www.artisphere.com.

DEC. 6 THROUGH 23

Project 2012.002r. Free. Local arts transform Artisphere's Education Lab into a site specific new media installation titled Project 2012.002r, which explores emotional disconnectedness and the act of the search, addressing the experience of distance between people in society, both literal and social. Project 2012.002r will be accompanied by a short explanatory film and slideshow. At Education Lab + Bijou Theater in Artisphere located at 1101 Wilson Blvd. Call 703-875-1100 or visit www.artisphere.com.

FRIDAY/DEC. 7

Victoria Vox + Christylez Bacon. 8 p.m. \$12. At Dome Theater in Artisphere located at 1101 Wilson Blvd. Call 703-875-1100 or visit www.artisphere.com.

www.ConnectionNewspapers.com

Entertainment

Gifts for Foodies

From Page 6

"They don't have the harmful chemicals that other non-stick pans might have. Just go with a reputable manufacturer. I would not want people to buy the ones they see advertised on TV."

For those looking for cookbook recommendations, Wisniewski recommends two vegetarian tomes. "My current favorite cookbooks are by Yotam Ottolenghi," she said. She suggests the just-released "Jerusalem: A Cookbook" or "Plenty: Vibrant Recipes from London's Ottolenghi."

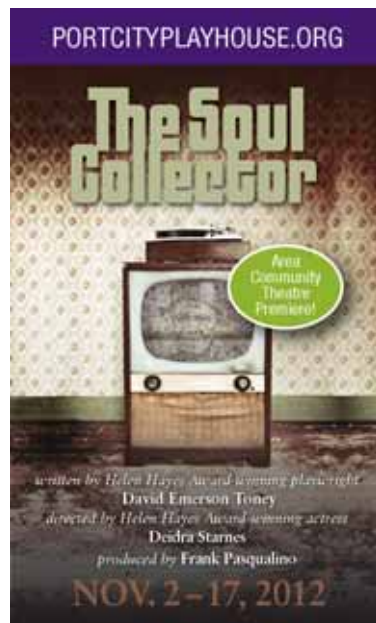
GIFT CERTIFICATES for cooking classes will also be a hit among foodies, say local culinary experts. "An in-home private cooking lesson for the kids might be a great gift for everyone when your tweens begin cooking dinner once a week," said Nelson.

"Instruction is one of the things that is really popular among people who are foodies," added Wisniewski. "Participation classes,



Phu Quy Deli Delight, in Falls Church, has more than 100 dried foods — ranging from abalone to mangos — that Arlington culinary instructor Andie Nelson says would make great gifts.

which are for people who want to get their hands dirty, cover all different ethnic foods and techniques. Demonstration classes are for people who would like to sit and watch a beautiful dinner roll out to them, like wine and food pairing classes where people get to come, interact with others and watch the chefs cook."



The Mongolian School of the National Capital Area
2012-2013 School Year Concert, BBQ, and Fundraiser

November 17, 2012 from 4-6:30pm
 The Wilson School, **1601 Wilson Blvd, Arlington, VA 22209**
Suggested Donation: \$35 for adults, \$15 for children aged 10 or under

- Tradition Mongolian Song and Dance
- Tsam Buddhist-Shamanist Mask Dance
- Traditional Musical Instrument Performances, including Horse-Head Fiddle/Moriin Khuur
- Genuine Mongolian BBQ/Horkhog (not hot pot!)
- Mongolian Art • Fashion Show
- Mongolian Contortionist • School Tours

BBQ @ 4 Concert @ 5

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Arlington REAL ESTATE

Photos by Louise Krafft /The Connection

In September 2012, 204 Arlington homes sold between \$5,000,000-\$82,000.

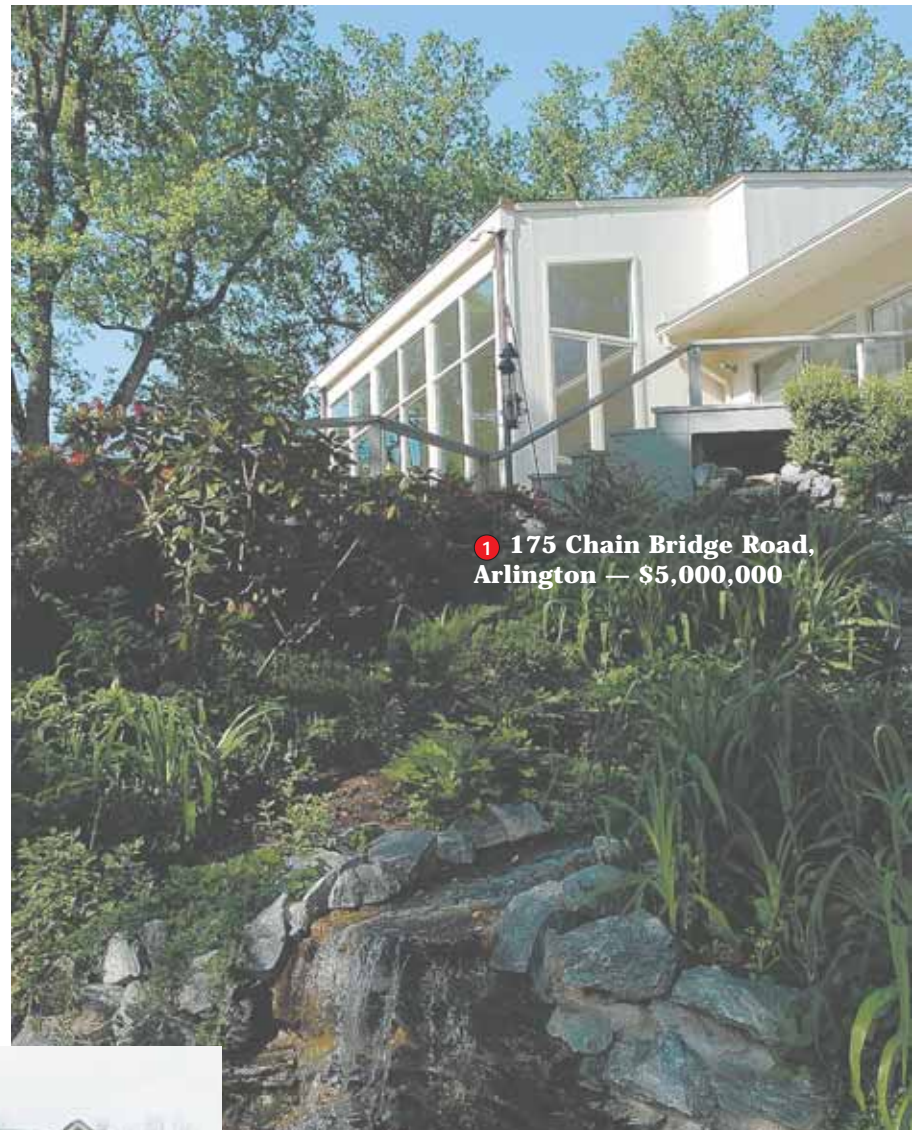
September 2012 Top Sales



2 1046 Edgewood Street, Arlington — \$1,899,000



3 6507 36th Street North, Arlington — \$1,726,000



1 175 Chain Bridge Road, Arlington — \$5,000,000



1881 Nash Street, Arlington

4 #402 — \$1,575,000

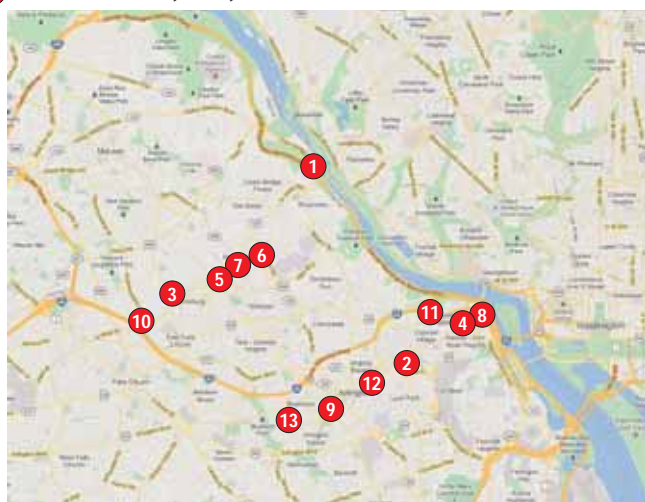
8 #1603 — \$1,400,000



10 3008 Westmoreland Street, Arlington — \$1,240,000



7 5030 33rd Street North, Arlington — \$1,400,000



© Google Map data

Address	BR	FB	HB	...	Postal	City	Sold Price	Type	Lot AC	..	PostalCode	Subdivision	Date Sold
1 175 CHAIN BRIDGE RD	4	..	3	.	1	MC LEAN	\$5,000,000	Detached	2.30	22101	ARLINGWOOD	09/21/12
2 1046 EDGEWOOD ST	4	..	3	.	1	ARLINGTON	\$1,899,000	Detached	0.21	22201	CLARENDON	09/10/12
3 6507 36TH ST N	5	..	5	.	2	ARLINGTON	\$1,726,000	Detached	0.24	22213	BERKSHIRE OAKWOOD	09/07/12
4 1881 NASH ST #402	2	..	2	.	0	ARLINGTON	\$1,575,000	Hi-Rise 9+ Floors	22209	TURNBERRY TOWER	09/28/12
5 5319 32ND ST N	5	..	4	.	1	ARLINGTON	\$1,560,000	Detached	0.23	22207	CRESCENT HILLS	09/14/12
6 4868 OLD DOMINION DR	6	..	4	.	2	ARLINGTON	\$1,430,000	Detached	0.53	22207	SHIRLEY WOODS	09/14/12
7 5030 33RD ST N	4	..	4	.	1	ARLINGTON	\$1,400,000	Detached	0.24	22207	WILLIAMSBURG VILLAGE	...	09/04/12
8 1881 NASH ST N #1603	2	..	2	.	1	ARLINGTON	\$1,400,000	Hi-Rise 9+ Floors	22209	TURNBERRY TOWER	09/07/12
9 487 N. WAKEFIELD ST	5	..	4	.	1	ARLINGTON	\$1,255,000	Detached	0.17	22203	...	THE ENCLAVE OF BALLSTON	..	09/07/12
10 3008 WESTMORELAND ST	5	..	4	.	1	ARLINGTON	\$1,240,000	Detached	0.23	22213	BERKSHIRE OAKWOOD	09/28/12
11 2101 21ST RD N	3	..	4	.	1	ARLINGTON	\$1,225,000	Townhouse	..	0.06	22201	HILLCREST	09/28/12
12 823 LINCOLN ST N	4	..	2	.	1	ARLINGTON	\$1,035,000	Detached	0.23	22201	CLARENDON	09/07/12
13 627 JEFFERSON ST	5	..	3	.	2	ARLINGTON	\$1,031,320	Detached	0.28	22205	BONAIR	09/13/12

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Thanksgiving Centerpiece Ideas: Flowers Not Required

Floral design pros share secrets to creating swoon-worthy centerpieces.

By Marilyn Campbell
The Connection

While the turkey is often the star of a Thanksgiving dinner table, a nonedible focal point can play a leading role in creating an elegant dinner table aesthetic. From lush floral arrangements to designs without blooms, three local floral design pros offer ideas for spectacular centerpieces that can be replicated easily at home.

"We usually suggest low containers for the Thanksgiving dinner table," said Jenny Park, a floral designer with Reston Floral Design in Reston. "I use things that represent harvesting like pumpkins or artificial fruit like grapes and apples."

Floral designer Alison de Wit, of Distinctive Floral Designs in Great Falls, suggests going horizontal: "Create a runner of sorts at the midpoint of a long table with blooms and autumn harvest elements. These can be placed in a lush carpeted type form to create a meandering avenue of décor or grouped along the length of the table. The effect is one of abundance and is particularly aesthetically pleasing when paired with groupings of candles of different heights [such as] pillar candles, votive candles or floating candles."

Old Town Alexandria-based designer Rebecca A. Henry often includes elements of nature. "Incorporate leaves — either dried or fresh," said Henry. Henry owns Petal's Edge Floral Design with her business partner, Arlington resident Gerry Rogers. "Fresh leaves don't hold up very well, so preserved leaves are actually a better choice with gourds and mini-pumpkins. They add a touch of nonfloral, and Thanksgiving arrangements tend to veer toward nonfloral."

DESIGNERS SAY GLASS, basket or pumpkin containers are ideal for Thanks-

giving. "If you want to do something contemporary, but still stay within that feeling of fall, use a glass container but fill it with something like cranberries or coffee beans to give



"If you want to do something contemporary, but still stay within that feeling of fall ... fill a square, glass vase with cranberries and top it with an arrangement," said Alexandria-based designer Rebecca A. Henry.

it the color of fall," said Henry. "Fill a square glass vase with cranberries and top it with an arrangement that has a lot of oranges and yellows and reds and rust colors and some dried elements. You can fill a vase with just about anything."

De Wit adds that berries are always a welcome addition to fall arrangements, suggesting pepper berries, snowberries and hypericum berries, along with pods such as

scabiosa and poppy. "Greens can diverge from the traditional to a mélange of hues from soft mint to deep leaf green. Lambs ear, seeded eucalyptus, variegated ruscus, pittisporum and papyrus all provide a lovely aesthetic within a composition. Likewise, feathers are a beautiful component of mixed medium pieces."

Make use of the woody elements that are in abundance now. "Popular things to in-



Berries and flowers in deep colors like orange, yellow and red are popular for Thanksgiving centerpieces.

corporate into fall centerpieces are dried pods like lotus pods or cattails, dried wheat, dried pomegranates, dried fruits or anything that reminds you of harvest time," said Henry. "Most of these dried items can be picked up at a craft store."

Use sentimental or personal pieces to create an elegant presentation. "Rather than having a singular arrangement ... create a tableaux with floral or organic pieces to form a pleasing central theme," said de Wit. "This would include a grouping of smaller vases — and these can be special pieces from personal collections or all glass, ceramic or antique pieces. This offers an interesting variant on a single arrangement."

Marika Meyer, of Meyer Interiors, in Washington, said, "Look for flowers that are in the autumn palette but might be out of season. I recently saw a beautiful arrangement of French tulips in oranges and reds, but used on a tablescape with gourds, it was a fresh take on a flower arrangement."

Inexpensive flowers are in vogue. "This is a great time of year to use less expensive flowers that are not always highly prized like mums," said Henry. "At this time of year that is what is in the garden, so those make a lot of sense in Thanksgiving arrangement."

Consider mixing warm and cool tones, as well. "Color for autumn arrangements were traditionally the rich saturated orange, yellow and reds," said de Wit. "These colors retain their popularity but are often augmented with deep purples and blues to offer a counterpoint to the warm tones. Perennially popular blooms are hydrangea, roses, sunflowers and dahlia."

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All listings due by Monday at 3 P.M.

Home LifeStyle

Getting Organized Thanksgiving survival advice.

By Marilyn Campbell
The Connection

Jill Mahon is hosting her family for Thanksgiving next week, which is, of course, the kick-off of the holiday season. But for Mahon, the holidays herald an organizational nightmare.

"The thought of getting my house cleaned and in order for eight additional people made me feel like crawling into bed with a bag of M&Ms," Mahon, an Arlington resident, said in jest. "I got up to start planning dinner and five [minutes] later I crawled back into bed with my M&Ms."

The holidays don't have to be so logistically challenging, however. Area organization experts say, "let the planning begin" and offer suggestions for Thanksgiving and beyond.

"When it comes to the holidays, I always suggest that you start early and plan ahead," said Susan Unger, of ClutterSOS in Vienna.

Sally Reinholdt, of Closets 911, in Alexandria, says to begin by getting out a pencil and paper. "Make a list of all the things that need to be done and a date when the list needs to be completed. Write one or two things that can be accomplished each day on your calendar. Breaking down the to-do list will make it a lot less overwhelming."

Special touches, say experts, can help make out-of-town guests feel welcome. "Put together a welcome basket with extra toothbrushes and toiletries just in case your guests forgot any of their personal items," said Reinholdt. "If you know what their interests are or if they want to sightsee, spend a few minutes on the computer and print out some relevant information."

Experts say planning ahead for meals is important, particularly when one has visitors. "If you are going to have house guests, plan the other meals," said Unger. "Maybe you could make things ahead of time and put them in the freezer like a lasagna or chili. Buy a bagged salad, so it's less work. Always keep it simple."

"Try and find out what [your guests] like to eat so you can have it available," Reinholdt added. "This way, they can help themselves to snacks and other foods."

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Sports



Photo by Louise Krafft/The Connection

Running back MJ Stewart and the Yorktown football team defeated Thomas Jefferson, 37-7, on Nov. 9 during the quarterfinal round of the Division 5 football playoffs at Greenbrier Stadium.

Yorktown Football Advances to D5 Semifinals

The Yorktown football team kept its undefeated season alive with a 37-7 victory against Thomas Jefferson in the quarterfinal round of the Division 5 Northern Region playoffs on Nov. 9 at Greenbrier Stadium.

The No. 2 Patriots improved to 11-0 and will host No. 6 South County in the region semifinals at 7:30 p.m. on Friday, Nov. 16. The two teams met in last year's region championship game, with South County winning, 37-13.

Against No. 7 Thomas Jefferson, Yorktown scored at least 35 points for the ninth time this season. According to stats

from the Washington Post's Web site, running back MJ Stewart carried 21 times for 120 yards and two touchdowns. Quarterback Will Roebuck completed 8 of 16 passes for 180 yards and three touchdowns. Receiver Nick Yore had three receptions for 102 yards and two touchdowns.

Yorktown will now face a South County team that has won five straight after starting the season 1-5. The Stallions defeated No. 3 Madison, 19-14, in the quarterfinals. South County averaged 52 points during its final four regular season contests and scored a season-high 60 against T.C. Williams during its first win of the year on Sept. 22.

W-L's Demsie, Angell Compete at XC States

Washington-Lee's Haileye Demsie and Sarah Angell competed at the VHSL state cross country meet on Nov. 10 at Great Meadow.

In the boys' race, Demsie placed 25th with a time of 16:08. Chantilly's Sean McGorty won the state title with a course-record time of 14:47.

Chantilly won the team championship with a score of 57, followed by Midlothian (72) and Battlefield (128).

In the girls' race, Angell finished 45th with a time of 19:32. Lake Braddock's Sophie Chase won her second consecutive individual title with a time of 17:24. Lake Braddock won the team title with a score of 47. Oakton and Midlothian both finished with 101, but Oakton took second due to a sixth-runner tiebreaker.



Photo by Craig Sterbutzel/The Connection

Washington-Lee's Haileye Demsie finished 25th at the VHSL state meet on Nov. 10 at Great Meadow.

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Fairfax Water

NOTICE OF WATER RATE Public Hearing

At 6:30 p.m. on Thursday, December 13, 2012, Fairfax Water will conduct a public hearing on its proposed Schedule of Rates, Fees and Charges. The hearing will be held in Fairfax Water's offices at 8570 Executive Park Avenue, Fairfax, VA.

The proposed changes, to be effective April 1, 2013, include the following:

1. An increase in the Availability Charge from \$3,700 to \$3,850†.
2. An increase in the Local Facilities Charge from \$9,000 to \$9,500.
3. An increase in the Service Connection Charge from \$1,000 to \$1,050†.
4. An increase in the Account Charge from \$33 to \$35.
5. An increase in the Quarterly Billing Service Charge from \$8.35 to \$9.20†.
6. An increase in the base Commodity Charge from \$2.16 to \$2.29 per 1,000 gallons of water.
7. An increase in the Peak Use Charge from \$3.20 to \$3.45 per 1,000 gallons of water.
8. An increase in the Turn Off / Turn On Charge from \$46 to \$50.
9. An increase in the Fees for Use of Fairfax Water Fire Hydrants to include the increase in the Commodity Charge and Peak Use Charge.
10. An increase in the Installation of Sewer Use Meter Charge from \$41 to \$44.
11. An increase in the Returned Payment Charge from \$16 to \$17.

A copy of the proposed changes can be viewed on our Web site at <http://www.fairfaxwater.org/rates/index.htm>. Those wishing to speak at this hearing or desiring a copy of the proposed changes should call Ms. Eva Catlin at 703-289-6017. Interested parties also may submit written comments to PublicHearingComments@fairfaxwater.org or mail written comments to:

Fairfax Water
Public Hearing Comments
8570 Executive Park Avenue
Fairfax, VA 22031

All written comments must be received by close of business on Wednesday, December 12, 2012 to be included in the record of the public hearing.

*Charges reflect fees associated with a standard 5/8" residential meter. Changes in charges for larger residential and commercial meters are reflected in the Proposed Schedule of Rates, Fees, and Charges.

Fairfax Water

NOTICE OF PUBLIC HEARING ON PROPOSED 2013 BUDGET

Fairfax County Water Authority (Fairfax Water) is proposing a \$143.4 million budget for calendar year 2013†.

On Thursday, December 13, 2012, Fairfax Water will conduct a public hearing on its proposed 2013 Budget in its offices at 8570 Executive Park Avenue, Fairfax. The public hearing will begin at 6:30 p.m.

A copy of the proposed budget can be viewed on our Web site at <http://www.fairfaxwater.org/>. Those wishing to speak at this hearing or desiring a copy of the proposed budget should call Ms. Eva Catlin at 703-289-6017.

Revenues are expected to be \$143.4 million in 2013. Water sales are expected to provide \$124.6 million. Approximately \$18.8 million is expected from connection charges, investment income and other sources.

The major areas of operation and maintenance expense are:

Category	-- \$1,000s --	
	2012	2013
Personal Services & Employee Benefits	\$46,473	\$48,367
Power and Utilities	11,345	11,686
Chemicals	6,694	7,968
Fuel	916	960
Postage	547	460
Insurance	1,300	1,107
Supplies and Materials	3,976	4,233
Contractual Services	8,749	8,657
Professional Services	1,656	1,902
Other	2,005	2,285
Sub-Total	83,661	87,625
Transfer to Improvement Fund	(9,559)	(9,613)
Total	74,102	78,012

Net revenues are expected to be appropriated as follows:

Debt Payment	\$39,374,000
Improvement Fund	\$11,000,000
General Fund	\$14,068,000

† Fairfax Water's Board will continue to monitor economic factors and review revenues and expenditures at mid-year to determine if additional action is needed.

ABC LICENSE

BKN9, LLC, trading as Zaika, 2800 Clarendon Blvd, suite 900, Arlington, VA 22201. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Wine and Beer and Mixed Beverage license to sell or manufacture alcoholic beverages. Bhupinder K. Nanda President
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

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MWB DEVELOPMENT 1, LLC trading as World of Beer, 901 N. Gleve Road, #105, Arlington, Virginia 22203-1853. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Beer On & Off Premises & Keg License to sell or manufacture alcoholic beverages. Evan Matz, Managing Member.
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A.O. "K," Emotionally



By KENNETH B. LOURIE

Well, I did, along with 2,000 or so other like-minded individuals, walk the Walk on November 4th: Five Ks, although not exactly the route mapped out by the literature provided by the LUNGEVITY Foundation. (If truth be told, our group, "Team Kenny's Column" veered off course prematurely by a "K" or so to attend to some prearranged business, unfortunately). Nevertheless, we started the Walk behind the Washington Monument, then alongside the Reflecting Pool up toward the Lincoln Memorial, stopped at the steps for a "photo op," then returned on the other side of the Reflecting Pool back down to 7th Street, then across the Mall – with the U.S. Capitol in our sights, finally turning back along the sidewalk bordering the Mall and returning to the Start/Finish.

Twenty-two registrants from our "team" paid their money and made their presence felt. Spirits were high even though the temperature was low, in the 40s. Still, the sun was mostly shining, the breeze was light, and the turnout was record-setting, as was the money raised: over \$261,000 as of November 10, 2012 (the site, www.LUNGEVITY.org will remain active/open through December 31st for donations), and the greater good was most definitely served.

As a "survivor," I was given a green tee-shirt with "Survivor" printed on the front; the other participants received blue tee-shirts without being so identified. In addition, we all received LIVESTRONG-type wrist bracelets with "www.lungevity.org" and "Cure Lung Cancer" printed on them. I wore my bracelet proudly that day, (as everyone did) and even kept it on my wrist when I went to bed that night. However, I had trouble sleeping and attributed it to the bracelet reminding my brain that I have cancer. Feeling a physical reminder like that touched me – subconsciously. And though I may wear my emotions on my sleeve, as you regular readers know, having such a constant reminder of my cancer diagnosis dangling on my wrist didn't seem to help me fall asleep. I know I have cancer. I don't need to be convinced. Nor do I need to be reminded all the time. Forgetting helps too.

And if I did forget about having cancer, it would qualify as a mental health moment. Being diagnosed with cancer is bad enough, especially the kind (non-small cell lung cancer, or NSCLC) that I have, which is, at present, incurable/terminal ("Treatable," my oncologist said, "but not curable;" words I never imagined hearing at age 54 and a half). Forgetting about my diagnosis, as often as possible and living life – as normally as possible, has been a part of my process diagnosis-to-date. Though sometimes it seems irresponsible to do so, and almost inappropriate even, concentrating and focusing on it/the disease/my compromised life expectancy shall we say, 24-7 seems counter-productive. It's sort of a bastardized version of: "If you can't beat 'em, join 'em." Somehow, I have to live my life like I have a life, not like I have a cancer. I'm not giving up, and I'm not giving in. I'm just making the best of bad situation. And as bad as it is, I don't need to make it any worse. If it sounds counter-intuitive, it probably is. But that's life in the cancer lane. One conundrum after another.

Participating in Breathe Deep DC/ LUNGEVITY Foundation's 5K made that life better. And "better" is all I can ask for. Thanks to all who organized, volunteered, participated and donated their time, energy and money. See you all next year.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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If you're suffering from nerve problems in the arms and legs,
you must read about a clinical study that showed...

How 85% Of Patients Eliminated Numbness, Tingling, or Sharp Pains

Numbness, tingling, and pain is an extremely annoying problem.

It may come and go...interrupts your sleep... and even makes your arm or legs feel weak at times. Maybe you've even been to other doctors and they claim all the tests indicate you should feel fine.

More Pills Are Not The Solution

A common treatment for many nerve problems is the 'take some pills and wait and see' method.

While this may be necessary for temporary relief of severe symptoms, using them long term is no way to live. Some of the more common drugs given include pain pills, antiseizure medications, and anti-depressants -- all of which have serious side effects.

If You Read Nothing Else, Read This:

More than 20 million Americans suffer from peripheral neuropathy, a problem caused by damage to the nerves that supply your arms

This painful condition interferes with your body's ability to transmit messages to your muscles, skin, joints, or internal organs. If ignored or mistreated, neuropathy can lead to irreversible health.

Why not get help by those trained to correct the major cause of peripheral neuropathy. Read the full facts on this page.

The Likely Cause Of Your Problem

My name is Dr. Joe McKenna, owner of Balance Family Chiropractic Center. Our practice has been helping people with neuropathy and nerve problems for more than 5 years.

Often neuropathy is caused by a degenerating spine pressing on the nerve roots. This can happen in any of the vertebral joints from the neck all the way down to the tail bone.

The good news is that chiropractic treatments have proven effective in helping to remove the pressure on the nerves.

By using gentle techniques, I'm able to release the pressure that has built up on the nerve. This allows the nerve to heal and the symptoms to go away.

For example, numerous studies have proven chiropractic's effectiveness in helping nerve conditions.

Patients showed an **85.5% resolution of the nerve symptoms after only 9 chiropractic treatments.** - Journal of Chiropractic Medicine 2008

"Significant increase in grip strength and normalization of motor and sensory latencies were noted. Orthopedic tests were negative. Symptoms dissipated." - JMPT 1994

What these studies mean is that you could soon be enjoying life...without those aggravating nerve problems.

Could This Be Your Solution?

It's time for you to find out if chiropractic will be your neuropathy solution.

\$25 will get you all the services I normally charge new patients \$250 for!

What does this offer include? Everything. Take a look at what you will receive:

- An in-depth consultation about your health and well-being where I will listen...really listen...to the details of your case.
- A complete neuromuscular examination.
- A thorough analysis of your exam and findings so we can start mapping out your plan to being pain free.
- I'll answer your most probing questions about nerve problems and how chiropractic can help.

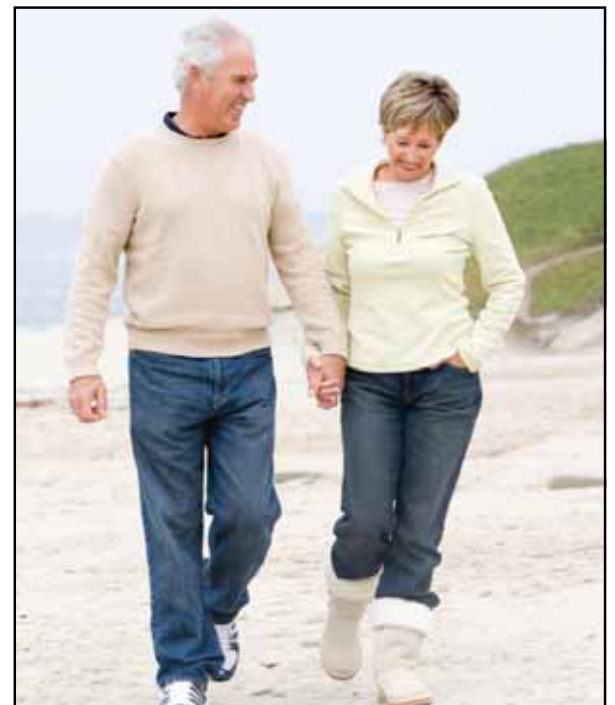
You can get everything I've listed here for only \$25. The normal price for this type of evaluation is \$250, so you're saving a considerable amount by taking me up on this offer. Call 571-402-2225

We can get you scheduled for your consultation and exam as soon as there's an opening..

Our office is located at 4141 N. Henderson Rd. Ste. 14 in Arlington.

When you call, tell the receptionist you'd like to come in for the Nerve Evaluation so she can get you on the schedule and make sure you receive proper credit for this special offer.

Sincerely,
Dr. Joe McKenna, D.C.



Don't let numbness, tingling and pain hold you back from enjoying life.

Here's What Our Patients Say...

This was my first visit to a chiropractor; I am now pain free and have taken back the walker I had to rent. I have full mobility and the improvement to my neuropathy in my hand and feet has been amazing.

P.S. Remember to reserve an appointment for this significant discount. Why suffer for years in misery?

That's no way to live, not when there could be an easy solution to your problem.

P.P.S. Nothing's worse than feeling great mentally, but physically feeling held back from life because your arms or legs hurt -- and the pain just won't go away!

Take me up on my offer and call today 571-402-2225

CALL TODAY TO SCHEDULE YOUR \$25.00 NERVE EVALUATION

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