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# News

From left: Sally Turner, of Vienna; Maureen Bunyan; Odelia Codrington; and Carol **Loftur-Thun** attend a benefit gala in McLean for The Women's Center.



# Victims, Advocates Educate Public About Mental Health Resources

McLean gala event raises more than \$300,000 to provide counseling services at The Women's Center in Vienna.

BY MARILYN CAMPBELL The Connection

aige Meade has vivid memories of one day 20 years ago when she was sexually assaulted at the age of 19. She lived with that secret for 17 years. Three years ago, however, she says that she began receiving mental health counseling and embarked on a journey of healing.

"I found a safe place where I could talk about what happened, and I never thought that was possible. . . . It's important to have someplace to go, it's important to have a safe place and safe people," said Meade.

She received treatment at the Women's Center, in Vienna, and shared her story publicly for the first time during a fundraiser for the non-profit organization held earlier this month in McLean. Nearly 300 people attended the gala fundraiser, which garnered more than \$318,000 for the Women's Center.

Carol Loftur-Thun, CEO and executive director of The Women's Center, says that as a result of speeches by Meade and Amanda Tenerio, another victim of sexual violence, the group exceeded its fundraising goal by \$22,000, and was able to educate the public about the power of mental health counseling and the dearth of such services in Northern Virginia, particularly those with financial limitations.

'It can be difficult to get into any therapist no matter your income," said Loftur-Thun. "It can be especially difficult for people who are looking for help with a short-term crisis or an ongoing mental health issue, grief, a job loss, or a challenge with their children and the means to pay for high-quality mental health services."



From left: Jeff Bridges and Sally Turner, of Vienna, and Ed and Michelle Meehan, of Fairfax, attend a benefit gala for The Women's Center.

THE WOMEN'S CENTER provides mental health treatment to more than 2,500 people each year. "We serve a diversity of clients," said Loftur-Thun. "We have a sliding scale and some clients who pay is as little as \$20 which is much, much less than you would pay if you went to a private therapist. We even have clients at all income levels, some who pay the full fee and some who don't. We serve also children, adolescents and men. We even have clients who are in their 80s and 90s."

Janet Kimberling, Ph.D., vice president of clinical services and center programs at The Women's Center says that she and her team of therapists work to overcome misconceptions about the impact that mental health counseling can have on one's life.

"There is still a stigma," she said. "There are some people who have misconceptions about what therapy is, but we have therapists with a variety of specialized backgrounds who see people with issues ranging from a fear of flying to deep, serious depressions."



Members of the McLean Orchestra Brass Quintet.

# Honoring Veterans

McLean Orchestra performs military salute at Vinson Hall.

his past Veterans Day, Holiday Magic at Nov. 11, the McLean Orchestra once again honored America's veterans with their third annual "Salute to Our Military" concert at Vinson Hall Retirement Community. The McLean Orchestra Brass Quintet performed a fun and inspirational concert of patriotic favorites, including the music of American composers Henry Fillmore, Hoagy Carmichael, Scott Joplin, Buddy Holly, George M. Cohen and of course, John Philip Sousa, "The March King." The musical program concluded with A Salute to the Armed Forces during which all branches of the service were recognized while the residents of Vinson Hall stood to be honored for their service in their respective branches.

For the second year in a row, Del. Barbara Comstock (R-34) opened the ceremonies with a tribute to all those who have served our country and those who continue to be in harm's way today to keep us safe and free. After her speech, the audience, musicians and honored guests were led in The Pledge

# Oakcrest School

The McLean Orchestra will perform its next concert, Holiday Magic, on Dec. 8 and 9 at the Oakcrest School on Balls Hill Road in McLean. Visit the website at www.mclean-orchestra.org for ticket and concert information.

of Allegiance by Commander William Glenn Yarborough, Jr. of American Legion Post 270. During a post-concert Cake and Champagne reception for the residents, board members and musicians, Supervisor John Foust (D- Dranesville) gave a toast to all of the retired service men and women and their families who reside at Vinson Hall. The reception allowed the audience to meet the members of the McLean Orchestra Brass Quintet who are all current or retired members of the United States Air Force, Navy, Army or Marine Bands in Washington,

The generous contributions of Colonel Allan and Mrs. Lilian Jorgenson and McLean Orchestra Past President Wayne and Mrs. Linda Sharp made the concert possible.



McLean Orchestra Past President Wayne Sharp, Del. Barbara Comstock (R-34), Commander William Glenn Yarborough, Jr. of American Legion Post 270 and Supervisor John Foust (D- Dranesville) with the McLean Orchestra Brass Quintet.

# Winter Fest Parade

# McLean's Only **Community Parade**

Sunday, December 2nd 3:15 PM Old Chain Bridge Road

Bring a gift card for Share of McLean to help your neighbors in need.



# www.mcleanwinterfest.org

6th Grade Ethics Days • Middle School Forum • Youth Advisory Council •

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For more information, visit: www.safecommunitycoalition.net



Administrat



Faith Community Leaders Breakfast • Prom Notes • Bullying Prevention •

# Author Examines Life by the Letter

Joe Reynolds publishes collection of letters on variety of topics.

> BY ALEX McVeigh THE CONNECTION

n an era of e-mails, text messages and tweets, the art of writing a letter hasn't been lost on McLean resident Joe Reynolds. It's something he was raised on, his father and grandfather wrote him letters while he was at college, a tradition that he continued while his three children were away

"Our kids are about four years apart, so I had a good 12 years of writing them letters at least once a week or every other week," he said. "This eventually evolved from what I did over the week, which got dull, to my reaction on certain things. My kids found it amusing, and they said they would read them aloud to their

After all three graduated, Reynolds found it wasn't a habit he wanted to drop, so he found himself expanding on standard thank-you notes and other correspondence. After the responses to his letters grew, he decided to ask if people wanted to subscribe to his letters, all typed on his computer but sent on paper through the

"I had about 40 people respond to the initial Local resident Joe Reynolds has released note, and it eventually grew to more than 100 people, some of which I didn't even know, they were just friends of friends, that sort of thing,'

Reynolds said. "I like the idea of a letter, because I think it's an art that's being lost. Unlike an e-mail, a letter is something you sit down and compose, it feels more permanent, because it's on paper, it comes to your house. And people like getting letters. So much of mail is bills, ads or junk, it's fun to get a letter from someone you know."

**AFTER HIS RETIREMENT**, he began to toy with the idea of putting together a collection of his letters, aiming to compile 20 of his favorites. He ended up with 22 letters, which form his first book "Measured Out in Teaspoons."

On the surface, the letters cover topics such as a bathroom renovation or a camping trip, but they

"I like the idea of a

letter, because I

think it's an art

that's being lost."

— Joe Reynolds

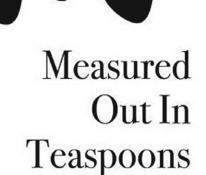
contain deep musings on concepts such as marriage, aging, the existence of God and friendship.

Reynolds, despite describing himself as an "overly serious fellow for most of my life," has infused the letters with his dry, humorous takes.

"Over the years, I've come to believe more and more that life is comedy. If you can laugh, that's a

good thing, if you can laugh at yourself, it's a better said. "When they open the letters on their 21st birththing and if you can share that joke with someone day, it will be a sort of outline of parts of their lives else, it's better yet," he said. "These letters are all about sharing the joke, and writing them has helped me appreciate the comedy in my own life."

Each letter is about 2,000 to 3,000 words, and most start with a normal life event before detouring into deeper territory. A trip to the grocery store turns into a reflection on capitalism, an observation on his lack



A Selection of Martingale Letters

JOSEPH REYNOLDS

"Measured Out in Teaspoons," a collection of letters featuring his take on many life events.

of fashion sense into how suits foster a sense of ano-

"The letters usually start with an idea, and that idea gets tossed around my head while I'm driving or trying to sleep and eventually it gets written down," Reynolds said. "I sit down and write it, then polish it, each letter is revised about 10 times before it goes out. I'm always checking to make sure I've used the right word, or that I've captured an image the way I wanted to."

**REYNOLDS HASN'T LIMITED** his letter writing to his book either. He writes a yearly letter to his grandchildren on their birthdays, letters that they can open when they turn 21.

> "My grandfather wrote a genealogy of our family, and there was an entry about someone who died falling in a well. But there was nothing else. I found myself asking about what happened. Was he drunk? Was it an accident? There was no information. These letters are meant to be information along with the color and flavor of our culture and community," Reynolds

that they may have little or no memory at all. And it's entirely possible that in 21 years they'll be reading about a mention of movies or computers and say 'What's a movie? What's a computer?"

"Measured Out in Tablespoons" is available on Amazon.com, and information can be found at www.facebook.com/MeasuredOutInTeaspoons.

www.ConnectionNewspapers.com

# WEEK IN MCLEAN

### ReinDog Parade Slated for Dec. 1

Area dog owners need to start thinking about their dogs stepping out for the holidays: Their first opportunity for this holiday season will be at the 16th Annual Greater McLean Chamber of Commerce ReinDog Parade, Saturday, Dec. 1, 2012 at 8 a.m. at the Langley Shopping Center.

The Chamber invites residents to join this event either as a sponsor, vendor or with their own entry. Registration is at 8 a.m. A Plus Pets will be collecting the entry fee of two cans of dog food. The food will be donated to a local dog rescue by A Plus Pets.

Dogs will parade in holiday or creative attire for contest prizes. The program includes music, vendors, photos with Santa and the local fire engine—always a favorite with children. Guest judges will select the winners in various categories.

Additionally, Dog World Rescue will be present and will host an adoption event. They will bring a number of their rescues, available for adoption, and will meet with potential new doggie parents.

### AAUW to Hold Gala Holiday Luncheon

American Association of University Women (AAUW) Mclean Area Branch Gala Holiday Luncheon is Sunday, Dec. 16, at River Bend Country Club, 375 Walker Road, Great Falls. You need to make your reservation as soon as possible by sending your \$30 check (which includes tax and gratuity) payable to the AAUW-McLean Branch to Aroona Borpujari at 1225 Meyer Court, McLean, VA 22101. Social is at noon and the three course luncheon will be served at 1 p.m. Entertainment is by the Madeira School's "Sweet Ti A Cappella Ensemble." You can participate in a Pirate Gift Exchange (\$20 limit) and bring a gift card for the SHARE Food Bank. All members of the public are welcome to attend. Since the final number has to be confirmed with River Bend Country Club well before Dec. 16, checks should be sent in now with a call to Aroona Borpujari at 703-556-9693 to let her know the payment is on the way.

SEE WEEK, PAGE 9

Dulles Town Center 703-421-3359 (Upper level, near Macy's and Lord & Taylor)

We welcome outside prescriptions! Call 1-800-EYES-789 or visit STERLINGOPTICAL.COM for a no-obligation appointment. With purchase of complete pair (frame and lenses). Frames from select group. Exam not included. "Eye exam by independent doctor of Optometry, located next door. Contact lens fitting and evaluation additional. Must present coupon. Some restrictions apply, se store for details. Limited time offer







# ENTERTAINMENT

Send announcements vienna@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com

#### WEDNESDAY/NOV. 28

Dialogue & Friendship Dinner:

Education for Peace. 6:30 p.m., Tysons Corner Marriott, 8028 Leesburg Pike, Tysons Corner. The American Turkish Friendship Association and the Rumi Forum Fairfax bring officials, leaders and representatives from faith communities, businesses, media and academia together for dinner and speakers on education for peace. 703-267-5751 or rsvp@atfa.us.

#### THURSDAY/NOV. 29

**Tysons Regional Annual Holiday** 

Mixer. 5:30-7:30 p.m., at the Bank of Georgetown, 1850 Towers Crescent Plaza, Suite 100, Vienna New member of the Tysons Regional Chamber of Commerce, Bank of Georgetown, kicks off the holiday season at their new location in Tysons Corner; food from Dutch Mill Catering, networking and holiday cheer included. \$15, members; \$20, non-members.

Opening Receptions. 7-9 p.m., McLean Project for the Arts, 1234 Ingleside Ave., McLean. In the Edges and Grids exhibit in the Emerson Gallery is five artists' work which incorporates elements of edges and grids; in the Atrium Gallery is Ellyn Weiss's Primordial Soup Kitchen, full of paintings which evoke early forms of life with tar; the Ramp Gallery exhibit shows Ron Paras photographic works entitled Silent

Symphony: A Photographic Composition in Four Movements. 703-790-1953 or www.mpaart.org.

#### FRIDAY/NOV. 30

30th Annual McLean Holiday

Crafts Show. 11 a.m.-7 p.m., at McLean Community Center, 1234 Ingleside Avenue, McLean. The show features fiber arts, wood, ceramics and pottery, jewelry, glass, holiday decor, items for children, gourmet foods, paper art, photography, soft sculpture, paintings and drawings. \$2, adults; \$1, ages 13 and under. http://www.pimmithills.org/pimmit-

**Altar Boyz.** 8 p.m., at 1st Stage, 1524 Spring Hill Road, Tysons Corner. A cheeky, pop-rock musical comedy about a boy band of singing dancing heartthrobs from Ohio on the last night of their national tour. \$30; \$15, students. 703-854-1856 or www.1ststagetysons.org.

**Eileen Ivers & Immigrant Soul.** 8 p.m., at The Barns at Wolf Trap, 1635 Trap Road, Vienna. Irish fiddle prodigy Eileen Ivers joins bandmates playing world music and traditional and contemporary music. www.wolftrap.org.

#### SATURDAY/DEC. 1

The Chamber's 16th Annual

ReindDog Pageant. 8-9:30 a.m., at Langley Shopping Center, on Chain Bridge Road between Old Dominion Drive and Dolley Madison. At the pet event of the season, dogs parade in holiday or creative attire for contest prizes while music. vendors, photo opps and Santa surround. A dog adoption event

SEE ENTERTAINMENT, PAGE 12



**Damien Leverett as Jean** Valjean and Camilla Alfonzo Mezaas as Cosette in McLean High School's production of Les Miserables.

### McLean High **Present Les** Misérables

The play lead, Damian Leverett, won the 2012 National Capitol Area Cappie for Best Actor and the 2012 McLean HS Idol competition; see the classic on the struggle against adversity in France during the early 1800s Thursday, Dec. 6 through Saturday, Dec. 8 (see calendar for specific times). \$10 in advance; \$8 at the door. www.brownpapertickets.com.



Hydra by Ellyn Weiss, tar on panel.

### Three New Exhibits Open at McLean Project for the Arts

Edges and Grids, Primordial Soup Kitchen and Silent Symphony: A Photographic Composition in Four Movements compose the three new exhibits opening at MPA on Thursday, Nov. 29. An opening reception from 7-9 p.m. serves as the opening night at the McLean Project for the Arts, 1234 Ingleside Ave., McLean. In the Edges and Grids exhibit in the Emerson Gallery is five artists' work which incorporates elements of edges and grids; in the Atrium Gallery is Ellyn Weiss's Primordial Soup Kitchen, full of paintings which evoke early forms of life with tar; the Ramp Gallery exhibit shows Ron Paras' photographic works entitled Silent Symphony: A Photographic Composition in Four Movements. 703-790-1953 or www.mpaart.org.

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# News

# McLean to Celebrate WinterFest on Dec. 2

n Sunday, Dec. 2, McLean residents will welcome in the holidays as more than 50 entries proceed down Old Chain Bridge Road for the 5th annual WinterFest parade. This year's Grand Marshal is Virginia Foley, who has contributed outstanding volunteer service to the community. The stage will be set in the center curb cut of Langley Shopping Center, with Peggy Fox from WUSA Channel 9 again calling the parade. Parade entries will begin at Fleetwood Road and proceed down Old Chain Bridge Road to Elm Street. Old Chain Bridge Road will be closed to traffic from 2:45 to 6:15 p.m. on the day of the parade.

Pre-parade entertainment begins at 3:15 p.m. and will be provided by Bob Rosenbaum, the Springhill Elementary School chorus, singer Chelsea Lee, the Franklin Sherman chorus and the Langley High School dance team. New to the parade this year will be food vendors along the route including Naked Pizza, Doug the Food Dude, Mama's Donut Bites and French fries from Bistro Vivant. Cardinal Bank will be giving away popcorn and bottled water; Giant Foods and



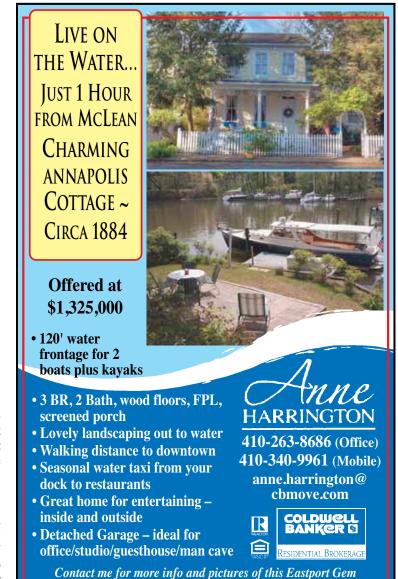
Parade entries will begin at Fleetwood Road and proceed down Old Chain Bridge Road to Elm Street.

warm apple cider and hot coffee in the refreshment tent. Girl Scout Troop 2325 will be selling holiday tree ornaments across the street from the parade stage.

Also new this year in the parking lot of Langley Shopping Center will be an information tent about the 495 Express Lanes. The Express Lanes team will be available to provide information and answer questions about the 495 Express Lanes.

McLean Pharmacy will donate Parade attendees will be able to pick up an E-ZPass or E-ZPass Flex from the 495 Express Lanes tent that they will register and activate once they're back home.

The parade steps off at 4 p.m. on Sunday, Dec. 2. Follow updates of McLean WinterFest on Facebook: http:// www.facebook.com/#!/ mclean.winterfestand and go to www.mcleanwinterfest.org for more parade information.

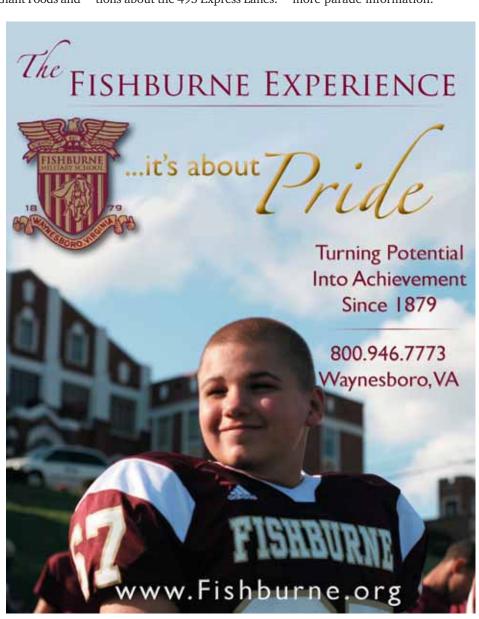


Be a part of our Wellbeing pages the first week of every month.

Delight in our HomeLifeStyle sections, the second week of every month. Peek at the top real estate sales, glimpse over-thetop remodeling projects, get prac tical suggestions for your home.

Celebrate students, camps, schools, enrichment programs, colleges and more in our A-plus: Education, Learning, Fun pages, the third week of every month.

Questions? E-mail sales@connection newspapers.com or call 703-778-9431





# OPINION

# Learning in a Global Community

### Students in Fairfax County speak 160 languages.

his week our ongoing series about immigration in Fairfax County takes a look at county schools, and some of the joys and challenges of having a diverse student body that speaks as many as 160 different languages at home.

Find the series compiled online at http://www.connectionnewspapers.com/news/Immigration/.

For the director of language acquisition in Fairfax County Public Schools, the 44 percent of students who speak a foreign language at home present an opportunity to create language immersion classes where half a kindergarten is learning Spanish or Korean while the other half is learning English.

For principals of some elementary schools where more than half of their students are not proficient in English, the need to have students meet benchmarks in a variety of subjects is a relentless process. In addition to limited English, immigrant students come from varied backgrounds, some with good basics in their

his week our ongoing series about own languages and some with limited previous education in any language. The parents of takes a look at county schools, and these students are similarly varied.

Meanwhile, representation of Latino and African American students in Fairfax County's top instructional centers for gifted students lags dramatically.

EDITORIAL

FCPS is conducting two critical sets of public meetings this week and next. The call for public input is not specifically about

growing diversity in the schools, but related challenges make both the possible expansion of centers for the county's most talented students and the selection of a new superintendent of schools that much more important.

A fast moving proposal to expand the number of centers to provide "advanced academic" services is the topic of meetings this week. The meetings will run from 7 to 9 p.m. Tuesday, Nov. 27, in the Westfield High School cafeteria; Wednesday, Nov. 28, in the Lee High School cafeteria; and Thursday, Nov. 29, in the Kilmer

Middle School cafeteria.

Fairfax County Public Schools Superintendent Jack Dale will be retiring in June of 2013. The School Board has hired a search firm, Hazard, Young, Attea and Associates, which will be gathering community input. Many of the challenges facing the new superintendent will revolve around growing diversity, and a track record of open communication and achievement in this will be key to success.

# SUPERINTENDENT SEARCH COMMUNITY MEETINGS

Room 1600.

- Dec. 3 7 p.m., cafeteria, South County HS, 8501 Silverbrook Road, Lorton, VA 22079.
- Dec. 4 7 p.m., cafeteria, Langley HS, 6520
   Georgetown Pike, McLean, VA 22101
- Georgetown Pike, McLean, VA 22101. ♦ Dec. 5 - 7 p.m., cafeteria, Robinson SS, 5035
- Sideburn Road, Fairfax, VA 22032. Dec. 6 - 10 a.m. Gatehouse Administration Center, 8115 Gatehouse Road, Falls Church, VA 22042
- Dec. 6 7 p.m., cafeteria, Annandale HS, 4700 Medford Drive, Annandale, VA 22003.
- Dec. 6 7 p.m., cafeteria, Groveton Elementary School, 6900 Harrison Lane, Alexandria, VA 22306.
- ♦ Dec. 7 1 p.m., Gatehouse Administration Center, 8115 Gatehouse Road, Falls Church, VA 22042 Boom 1600

Focus on Immigration

# Immigrants and Today's Faith Response

By John Horejsi, Coordinator Social Action Linking Together (SALT)

he presence of increasing numbers of immigrants is a challenge to the Fairfax County faith community commitments. The challenge is to be a faith community with open arms.

Historically the churches in the United States have been immigrant churches. Who among us cannot trace one's ancestors back to a country outside the U.S.? The church's care and concern for countless European immigrants is well known. Today, we the faith community are called to welcome immigrants with similar hospitality.

The situation of immigrants is often desperate. Entering a culturally strange and different land, and struggling financially is as scary today as it ever was in the past. Perhaps it is even more so because of the quickened pace of American life.

Those who are fortunate to connect with helpers are settled within a few years. Others remain in transition the rest of their lives as families struggle with complex adjustments. All face major problems in housing, employment, health care, legal assistance, and a difficult new language.

Immigrants frequently face the additional obstacle of cruel prejudice and racism. Non-immigrants often want to exclude them from the benefits of a free country, yet are eager to use cheap and reliable labor of immigrants.

The immigrants and other refugees keep coming, not necessarily because they want to,

Write

Us



but as one, fleeing from war and persecution, put it, because of "the persistent advantage of life over death."

Presently, many Hispanics from Central America are located in Northern Virginia. About 65 percent are Salvadoran, 15 percent Honduran, and 10 percent each are Guatemalan and Nicaraguan. The faith community in Northern Virginia has not been unaware of the presence and plight of these immigrant refugees.

Nationally, for more than 65 years, Catholic Charities agencies have responded to the needs of people who come to this country in search of a better life. Thousands of refugees have

been settled. Over 90 percent of Catholic resettlement services are provided through Catholic Charities, which is one of the keys to the future of migration ministry in the U.S.

In Northern Virginia, one of the responses of the faith community has been through Hogar Immigrant Services, a program of Catholic Charities. Hogar assists immigrants in participating more fully in their everyday lives. Information referrals, legal information services, and educational opportunities are just some of the aids. The aim is to help the Northern Virginia immigrant population become knowledgeable, participating individuals in society.

Yet much remains to be done, especially in and by the faith community. What are the elements of this challenge?

- \* Recognizing the contributions of the immigrants to the community;
- Providing a greater voice to the immigrant community in decision-making within the community;
- Supporting programs designed to improve the quality of life for newcomers;
- Serving as advocates to create a favorable public opinion out of which good things can happen; and
- ❖ Seeking to raise consciousness for solidarity with the poor and the stranger.

Our response must be to acknowledge by word and action that the spirituality of the faith community and the spirituality of the immigrant communities are interdependent. Through love, kindness, service and advocacy for each other both stand to gain.

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

Letters to the Editor, The Connection 1606 King St., Alexandria VA 22314 Call: 703-917-6444. \* mclean@connectionnewspapers.com



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NEWS DEPARTMENT: To discuss ideas and concerns, Call: 703-778-9410 e-mail:

mclean@connectionnewspapers.com

**Kemal Kurspahic** 

Editor • 703-778-9414 kemal@connectionnewspapers.com

Chelsea Bryan

Editorial Assistant 703-778-9410 ext.427 cbryan@connectionnewspapers.com

Alex McVeigh

Community Reporter • 703-778-9441 amcveigh@connectionnewspapers.com @AMcVeighConnect

Victoria Ross

County Reporter • 301-502-6027 rosspinning@yahoo.com

ADVERTISING:

For advertising information **e-mail:** 

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Editor & Publisher

Mary Kimm 703-778-9433 mkimm@connectionnewspapers.com @MaryKimm

**Executive Vice President**Jerry Vernon

jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Photography:
Deb Cobb, Louise Krafft,
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Art/Design:
Laurence Foong, John Heinly
Production Manager:

Special Assistant to the Publisher

Jean Card Geovani Flores

Jeanne Theismann 703-778-9436 jtheismann@connectionnewspapers.com @TheismannMedia

CIRCULATION: 703-778-9426 Circulation Manager: Linda Pecquex

circulation@connectionnewspapers.com

# WEEK IN MCLEAN

From Page 5

### Stroke and Osteoporosis Screenings Coming to McLean

Residents living in and around the McLean community can be screened to reduce their risk of having a stroke or bone fracture. Trinity United Methodist Church

SEPA

will host a Life Line Screening on Dec. 4. The site is located at 1205 Dolley Madison Boulevard in McLean.

Packages start at \$149. All five screenings take 60-90 minutes to complete. For more information regarding the screenings or to schedule an appointment, call 1-877-237-1287 or visit our website at www.lifelinescreening.com. Pre-registration is required.



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George C. Marshall High School has a student population representing more than 90 nations. Рното в Donna Manz

"Marshall has an international student body from all walks of life, from the four corners of the world ... We are the face of what Fairfax County is in 2012."

— George C. Marshall High **School Principal Jay** 

# Marshall High Is the Face of Fairfax County

# 90-plus countries represented by student population.

ternational community, a Tysons emphasis on foreign language flu-Corner United Nations, so to ency. speak. Many of the students come for the prestigious I.B. (In-Vienna. From Italian to Swahili, there is a myriad of languages

world," said principal Jay and the Netherlands. Pearson. "Our kids cross so accustomed to moving between groups of students from everywhere, so, there aren't 'cliques.'

Fairfax County is in 2012."

# pressuring than schools outside

the U.S. In other countries, it is

By Donna Manz academics-only that define your The Connection future, a selected group of students said in the recent discussion with he schools that feed into Pearson and an interviewer. In the George C. Marshall U.S., the students said, you have High School are the acae extracurricular programs that endemic home to children from all hance the total person. What the over the world. It's not surpris- U.S. does not have, however, that ing, then, that Marshall is an ininternational schools stress, is an

English is a compulsory curriculum in many school systems the ternational Baccalaureate), but world over. Some students, such as most are in the Marshall district, Kasthury Paramiswaran, a which embraces students from Marshall senior from Malaysia, Tysons to the far-reaches of speak multiple languages, fluent in each. Kasthury's family moved around the world as part of her native to Marshall's students, father's job, and Kasthury mastered who represent more than 90 four languages in her journeys. She said she still works very hard in her "Marshall has an international I.B. subjects, getting "A"s in every student body from all walks of one of her classes. She is applying life, from the four corners of the to colleges in the United Kingdom

Jia Loh, a Malaysian native who many boundaries. We don't re- has been in the U.S. for two years, fer to it as 'diversity," Pearson said the transition to schools here said. "For our students, this is was "hard," even though the acathe norm. These kids are very demic environment is less intense than in Malaysia.

"I had to adjust to different cultures. It was hard to find friends "We are the face of what who share my culture."

Dalila Ferrara's family moved around Italy; her father is in the **FIVE INVITED STUDENTS** military there. In the early 1990s, gathered in a roundtable discushe was assigned to a U.S. base in sion at Marshall recently. What Texas and his experience there was they agreed on is that American not a good one. "He warned me not schools are less-intense aca- to tell people I'm Italian," Dalila demically, less-academically said. "He told me not to be proud

See Curriculum, Page 13

VIEWPOINTS

### What was your biggest concern or fear when moving to U.S. schools?

Kasthury Paramiswaran. Malaysia

"I had a close group of friends there and I didn't know anybody

here," on leaving Malaysia when she had made friends in her native high school. "I still work very hard in my [I.B.] classes."

Dalila Ferrara, junior, Italy

"Actually, I was really happy to move here. My only fear was that I wouldn't be accepted. That

didn't happen. My biggest dream is to get an MBA from Harvard."

Millan Mbise, senior, Tanzania

"The cultural aspect. For example, in Tanzania there is little interaction

with teachers. The teachers are strict, classes are very intense. It's more diverse, well-rounded not like that here. I played varsity musicians, not just musisoccer last year and that helped me a lot with the transition to

"I figured out what I wanted to do with my life when I moved here. I want to be a pharmacist."

—Donna Manz



wouldn't

Vietnamese, Arabic, Urdu and Chinese/Mandarin being the most find it hard

to join cliques. Most of my friends are international The county's kindergarten twostudents. I'm still working way immersion program is one on that part of the transimethod used by schools to take tion. My dream is to find a advantage of increasing diversity. The program consists of half Enhigh-paying job I like, glish speakers and half who speak accounting or law." the immersion language.

**Amber** Holder, senior, **Panama** biggest fear was that I

have the same friends

career. My dream is to

throughout my academic

establish a music education

system that would produce

cians who are skilled in just

and students are language models for each other, and they spend half the day working at each language," Predaris said. "Our criteria for adding these programs is having a large enough population of the one of the models we hope to ex-

s Fairfax County has ex-

perienced massive

growth in its interna-

tional population, its ef-

fects have spread to its educational

the Fairfax County Public Schools

students come from homes that

speak a language other than En-

glish, which includes 160 different

In 2006, the county came up

with the goal to eventually have all

graduates be able to communicate

in two languages. The county cur-

rently offers 11 different lan-

"We highly value the diversity of

our population, because it's advan-

tageous for our students to grow

up here, as global citizens," said

Teddi Predaris, director of the

county's Office of Language Ac-

quisition. "We believe it's a huge

Approximately 28 percent of the

county's current population are for-

eign born, with Spanish, Korean,

homes of elementary school stu-

asset for our students in their fu-

ture endeavors."

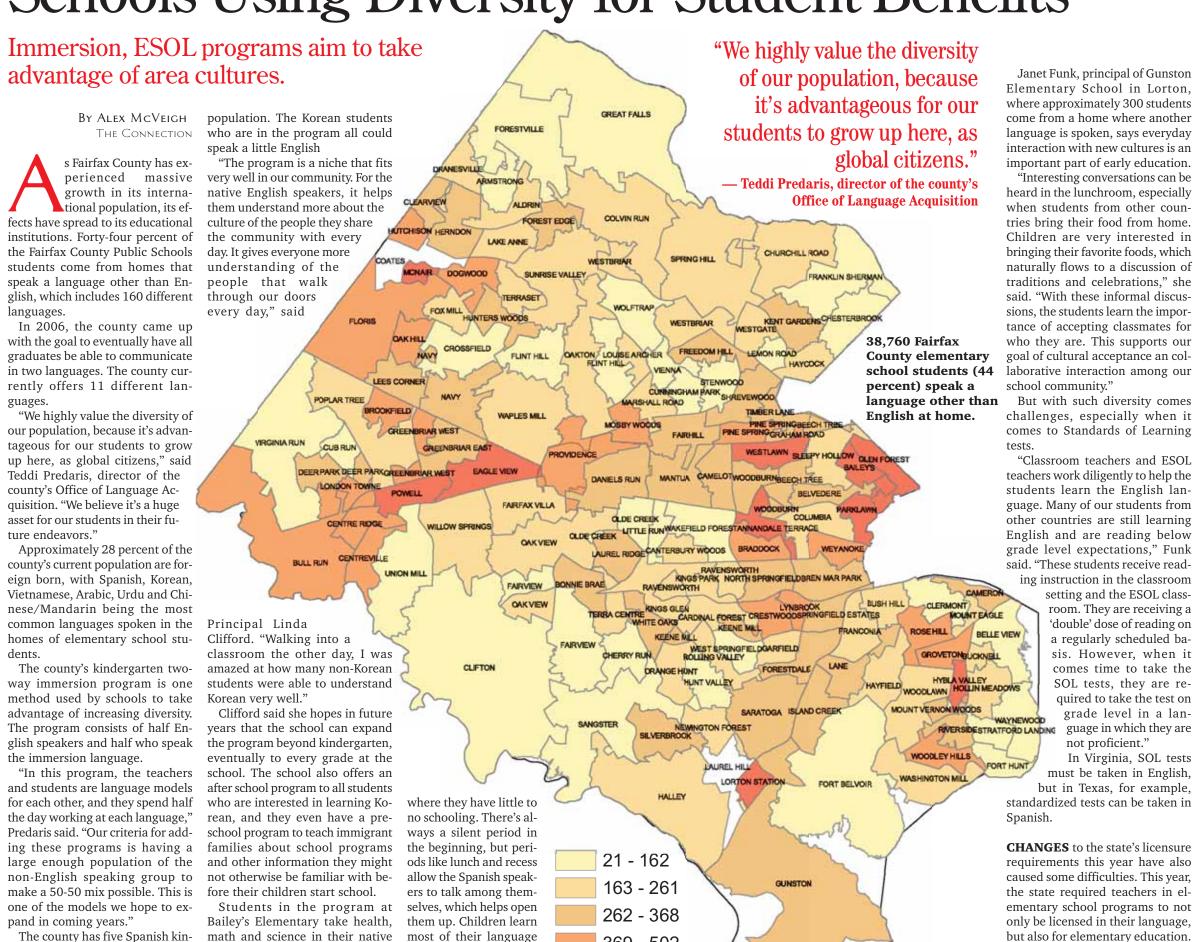
pand in coming years." The county has five Spanish kindergarten two-way immersion pro- language. As a magnet school, stugrams, at Bailey's, Braddock, Lake dents from across the county can ing native speakers of Anne, London Towne and Rose Hill apply, which the school uses mainly both languages helps Elementary Schools. New this year to fill its English-speaking requireboth groups immensely. is a Korean two-way immersion ment. school at Colin Powell Elementary "The native Spanish speakers" gets to be the language role School in Centreville.

**THE PROGRAM AT COLIN** where they come from," said As- It really boosts their confidence." **POWELL** was designed to take adsistant Principal Rachel Charlton. vantage of the area's large Korean

"Some come from very rural areas **COUNTY SCHOOLS** also feature and middle schools. www.ConnectionNewspapers.com

# Focus on Immigration

# Schools Using Diversity for Student Benefits



interaction with new cultures is an important part of early education.

Janet Funk, principal of Gunston

"Interesting conversations can be heard in the lunchroom, especially when students from other countries bring their food from home. Children are very interested in bringing their favorite foods, which naturally flows to a discussion of traditions and celebrations," she said. "With these informal discussions, the students learn the importance of accepting classmates for who they are. This supports our goal of cultural acceptance an collaborative interaction among our school community."

But with such diversity comes challenges, especially when it comes to Standards of Learning

"Classroom teachers and ESOL teachers work diligently to help the students learn the English language. Many of our students from other countries are still learning English and are reading below grade level expectations," Funk said. "These students receive read-

ing instruction in the classroom setting and the ESOL classroom. They are receiving a 'double' dose of reading on a regularly scheduled basis. However, when it comes time to take the SOL tests, they are required to take the test on

grade level in a language in which they are not proficient."

In Virginia, SOL tests must be taken in English, but in Texas, for example, standardized tests can be taken in

**CHANGES** to the state's licensure requirements this year have also caused some difficulties. This year, the state required teachers in elementary school programs to not only be licensed in their language, but also for elementary education.

"We've struggled this year due to the new requirement," Charlton said. "We've had to use some long-Another area of growth has been term subs until as recently as two the county's English for Speakers or three weeks ago before we had of Other Languages program, enough full time teachers that met which started 35 years ago with qualifications. Now I think the uni-300 students. Since then it has seen versities are aware of the change, a steady increase, with 15,000 in so it might be better in future years, fiscal year 2001 and 31,000 this but it can definitely make it difficult to find people."

10 McLean Connection November 28 - December 4, 2012

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ELEMENTARY SCHOOL

Students who speak a language other than English at home

immersion programs in Japanese,

German and French at elementary

year.

from each other, so hav-

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of English skills, depending on other students learning from them.

Each group of native speakers





# Here's What's Happening at MCC

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Saturday, Dec. 8, 7:15 a.m.-6 p.m. \$138 per person \$133 MCC district residents



Theatreworks USA's production of "Skippyjon Jones"

Saturday, Dec. 8, 2 p.m. \$15/\$10 MCC district residents



### **Ball in the House**

Saturday, Dec. 15, 8 p.m. \$20/\$15 MCC district residents

Morning Movies

### "Some Like it Hot"

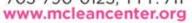
Wednesday, Dec. 19, 10 a.m. Free admission

Old Firehouse Teen Center

# Winter Break Trips

Wed-Fri, Dec. 26-28

The McLean Community Center 1234 Ingleside Ave., McLean, VA 22101 703-790-0123, TTY: 711



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www.mcleancenter.org/special-events

Take \$1 off adult admission

# ENTERTAINMENT

From Page 6

occurs simultaneously. 703-356-5424 or

www.members.mcleanchamber.org. 30th Annual McLean Holiday Crafts Show. 10 a.m.-6 p.m., at McLean Community Center, 1234 Ingleside Avenue, McLean. Fiber arts, wood, ceramics and pottery, jewelry, glass, holiday decor, items for children, gourmet foods, paper art, photography, soft sculpture,

paintings and drawings. \$2, adults; \$1, ages 13 and under. http://www.pimmithills.org/pimmit-hillsevents.

**Gingerbread House Decorating** 

Class. 10 a.m., 1 p.m., at the Ritz-Carlton Tysons Corner, 1700 Tysons Blvd., McLean. Children ages 3-12 can explore the life-size gingerbread house at the hotel, then make their own sugary homes in a decorating class taught by the pastry chefs; includes all ingredients as well as a souvenir. \$70 per child. www.ritzcarlton.com/tysons.

The Nutcracker Tea.  $10^{\circ}$  a.m., 1 p.m., at the the Ritz-Carlton Tysons Corner, 1700 Tysons Blvd., McLean. Enjoy the Nutcracker Ballet with afternoon tea and treats while members of the Creative Dance Center put a contemporary twist on the beloved classic. \$75 (includes nutcracker doll for all children). www.ritzcarlton.com/tysons.

**Altar Boyz.** 2 p.m., 8 p.m., at 1st Stage, 1524 Spring Hill Road, Tysons Corner. A cheeky, pop-rock musical comedy about a boy band of singing dancing heartthrobs from Ohio on the last night of their national tour. \$30; \$15, students. 703-854-1856 or

www.1ststagetysons.org. The 44th Annual Wolf Trap Holiday Sing-Along. 4-5:30 p.m., at the Filene Center, 1645 Trap Road, Vienna. Bring your brightest candle, your shiniest bell, a Toys for Tots gift and a grand holiday spirit; the president's own United States
Marine Band and 400 voices from top area groups lead the audience in traditional holiday songs.

www.wolftrap.org Christmas with FCS: Carols **Through the Ages.** 5 p.m., at Vienna Presbyterian Church, 124 Park Street NE, Vienna. Share Christmas with the Fairfax Choral Society; 300-plus voices belt out popular and unusual carols from Christmases past. \$25, adults; \$15, students (in advance, adults are \$30 at the door). 703-642-3277 or www.fairfaxchoralsociety.org. **Great Falls Celebration of Lights.** 

6-8 p.m., at the Great Falls Village Centre Hill, off State Route 681/ Walker Road, Great Falls. The 22nd annual tree lighting ceremony has not only a host of lights, but also a petting zoo, pony rides, Santa Claus with his old-fashioned sleigh bell, a live nativity, music from the Langley Madrigal Singers, hot cider and an open house featuring shops with treats, cookies, hot chocolate and

coupons.

Big Sam's Funky Nation. 7:30 p.m., at Wolf Trap, 1635 Trap Road, Vienna. A general admission dance with "Big Sam" Williams and his troupe of urban jazz musicians. \$22. www.wolftrap.org.

Ballroom Dance at Colvin Run

Community Hall. 9-11:30 p.m., Colvin Run Community Hall, 10201 Colvin Run Road, Great Falls, DJ Bill Powers and TJ play ballroom dance music from the 1930s to today; includes light refreshments. \$4 www.colvinrun.org.

### SUNDAY/DEC. 2

**Gingerbread House Decorating** Class. 10 a.m., 1 p.m., at the Ritz-

Carlton Tysons Corner, 1700 Tysons Blvd., McLean. Children ages 3-12

SEE ENTERTAINMENT. PAGE 14

# We Are the World, at Garfield

Teachers discuss challenges of teaching English as a Second Language.

BY MICHELLE KAIN The Connection

arfield Elementary School in Springfield, like all of Fairfax County, has a population that reflects a wide range of backgrounds. With 33 languages spoken, the school's ESOL (English for Speakers of Other Languages) program has had to expand. The school has a first grade class of 60 students, 58 of whom are ESOL students ranging from levels one through

Jane Cofie-Raczko, who has been a teacher for the past 13 years, teaches one of three first grade classes in which all 20 of the students have at Garfield," said Rozi Khakpour, an ESOL teacher English as a second language.

The majority of these students are from Hispanic or Middle Eastern backgrounds and common languages include Spanish, Arabic, Urdu, Farsi, Korean, Chinese and Vietnamese. The challenges involved with teaching these students depend on their proficiency with the English language.

"For students who speak almost no English, it can be difficult to communicate to the students that you want them to succeed and that you are there to help them. It can also be difficult to get the students to ask for help, mostly due to their lack of confidence in their speaking ability. For students with a better knowledge of the social language, it can be tough to give them a similarly strong academic language. Add the already difficult material to learning English for the first time and it can be very challenging," said Cofie-Raczko.

"The success of the students with the curriculum and their preparedness for middle and high school depends on the schooling they received in their home country as well as when they enrolled



Jane Cofie-Raczko gives her first grade class the details regarding their upcoming test.

at Garfield Elementary.

Students who have attended Garfield from the start get the opportunity to develop oral language at an early age through programs such as Lunch and Bunch in which kindergartners with English as a second language meet twice a week to have lunch and practice this important skill.

The program, along with others, have proven to be successful as "students who have been at Garfield since kindergarten often exceed in high school and earn positions on the honor roll," Khakpour said.

"Another thing that has proven to be helpful," said Kirsten Howard, another first grade teacher, "is Garfield's social curriculum." This social curriculum, which concentrates on teaching students cooperation, assertion, responsibility, empathy, and self-control, has given students a greater awareness outside themselves and has helped them in middle in high school as demonstrated by their willingness to take on leadership posi-



Mariana Del Cid-Quintanilla, Spanish, **Parents from El Salvador** 



Yusuf Quanina. Arabic, Morocco



Anmul Jan, Pashtu, Born



Tracy Huynh, Vietnamese, Vietnam



Michael Opuni, Akah, Parents from Ghana (Michael born in US)



Mohammed (Jafar) Abdulridna, Arabic, Iraq

# Focus on Immigration

# 'Hidden Curriculum'

From Page 10

of being Italian." Dalila carried that warning with her when she entered Marshall. The dire warning turned out to have no basis at her new school. "When I tell people here I'm Italian, they say, 'oh, I love Italy' and then, I'm so relieved. Yes, I am proud to say I'm Italian here."

In Italy, it was always school and studying through late evening, Dalila said. She had no social life there.

"When I came here, it was such a relief," she said. "I was so happy I finally had time for myself."

Millan Mbise, from Tanzania, was pleasantly surprised by the degree of interaction between students and teachers. Teachers are less approachable than in the U.S. Millan, whose native language is Swahili, grew up speaking English,

up their native language.

"Studies show that bilingual students do better academically."

Bloom said the school helps newly-immigrated students to transition by embracing the families as they enter the school. Relationship-building is how he refers to the partnership. "When you establish that relationship with new families from other countries, you get rid of a lot of hurdles. When you do that, the families feel valued and a part of the Freedom Hill family. We have students learning from one another simply from their exposure to each other."

The children of Freedom Hill Elementary School are so accustomed to establishing relationships within the classroom, they don't recognize barriers, Bloom said. "It's a representation of the world."

Bloom refers to the school's di-

### "There's so much value in having a school where children from all over the world can come together."

- Scott Bloom, Freedom Hill principal

as well. English is compulsory in the schools, and, Millan calls it the "unofficial" language of Tanzania.

Millan is bused from Marshall daily to Falls Church High School for a class in "pharmacy technology." He learned what he wanted to do with his life while living here and attending an American school. He wants to be a pharmacist some

FREEDOM HILL ELEMEN-TARY SCHOOL feeds into the Marshall pyramid. Like Marshall, Freedom Hill is the world in microcosm. There are more than 42 languages spoken in the students' homes and the children of Freedom Hill represent more than 53 countries. Some Freedom Hill students are from diplomatic families, already bilingual or multilingual with English exposure. Others are new to English. The school, through its many ESOL levels, works with these students to help them adapt to English.

"Within the realm of school, the kids are held accountable to communicate in the English language," teract with their peers, they pick up English.

"I like to think we also recognize the importance of kids having that dual-language skill," Bloom said. "We want them to learn English, but, we don't want them to give fit in in many places."

versity as a "hidden curriculum."

"There's so much value in having a school where children from all over the world can come together," Bloom said. "You set the stage for the children to share their history, backgrounds, culture, and experiences. "There's so much power in bringing all these different cultures together that I think it's justified to call it a hidden curriculum.

"The kids don't even know they're learning from this diver-

Marshall's roundtable students eager to discuss their new lives all said that school life is more pressured in their native countries with little opportunities within the school system to learn nonacademic things. Schools do not promote extracurricular activities as they do here.

"Students are pushed by their parents to excel academically in Malaysia," Kasthury said. "Many of these kids commit suicide. They're told, 'if you're not the best, you'll never succeed."

Amber Holder has found a mulsaid first-year Freedom Hill prin- titude of extracurricular activities cipal Scott Bloom. As the kids in- to engage in. In Panama, there was only a single option. Here, she said, she's involved with the marching band, the literary magazine and other programs. "In Panama, you have to find one place to fit in. But, here, you can



# ENTERTAINMENT

From Page 12

can explore the life-size gingerbread house at the hotel, then make their own sugary homes in a decorating class taught by the pastry chefs; includes all ingredients as well as a souvenir. \$70 per child.

www.ritzcarlton.com/tysons.

30th Annual McLean Holiday

**Crafts Show.** 11 a.m.-4 p.m., at McLean Community Center, 1234 Ingleside Avenue, McLean. The show features fiber arts, wood, ceramics and pottery, jewelry, glass, holiday decor, items for children, gourmet foods, paper art, photography, soft sculpture, paintings and drawings. \$2, adults; \$1, ages 13 and under. http://www.pimmithills.org/pimmithills-events.

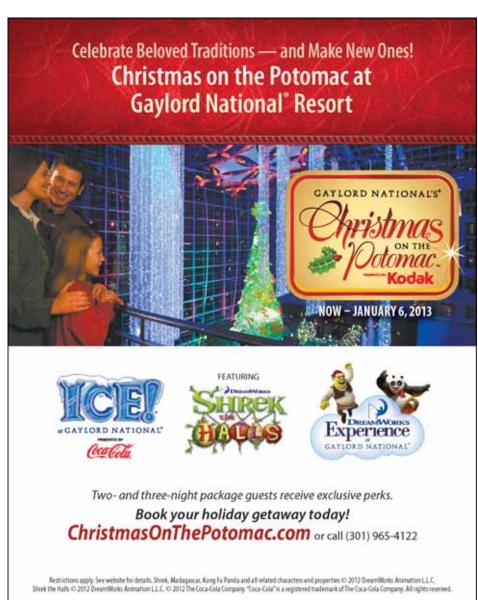
The Princess Tea. 11 a.m., 2 p.m., at the the Ritz-Carlton Tysons Corner, 1700 Tysons Blvd., McLean. Disney princesses, treats and a special teatime make it a magical day; holiday gift bag and photo with princesses included. \$75. www.ritzcarlton.com/tysons.

Santa at the Freeman Store. 1-3 p.m., 131 Church St., N.E., Vienna. Assisted by his elves, Santa sits upstairs in his traditional chair beside the Christmas tree, happy to talk to children and smile with them for a photo. The Ayr Hill Garden Club provides fresh greens and decorative arrangements. 703-938-5187 or www.historicviennainc.org.

Altar Boyz. 2 p.m., 7 p.m., at 1st Stage, 1524 Spring Hill Road, Tysons Corner. A cheeky, pop-rock musical comedy about a boy band of singing dancing heartthrobs from Ohio on the last night of their national tour. \$30; \$15, students. 703-854-1856 or

See Entertainment, Page 15





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### Entertainment

From Page 12

www.1ststagetysons.org.

Messiah Sing-A-Long. 4 p.m., at Saint
Luke Catholic Church, 7001
Georgetown Pike, McLean. The
sopranos, mezzo-sopranos, tenors and
baritones of Music in McLean invite
you to sing along in Handel's reflection
on nativity, passion, resurrection and
ascension at their 20th anniversary
celebration concert. \$15; students 18-

and-under, free. 703-356-0670. **McLean WinterFest Holiday** 

Parade. 4 p.m., from Fleetwood Road to Chain Bridge Road to Brawner Street. Free water, popcorn, coffee and warm cider with food vendors selling treats and dinner, a parade along a longer route than last year's and the traditional tree lighting immediately following the parade. www.mcleanwinterfest.org.

parade. www.mcleanwinterfest.org. Christmas Concert. 5 p.m., at Christ the King Lutheran Church, 10550 Georgetown Pike, Great Falls. A choir, soloists, handbell players and instrumentalists join together for familiar carols and choral works by Rutter, Darke, Handel, Holst and others. http://www.gflutheran.org.

Fall Concerts of Traditional Celtic Music. 5 p.m. and 7 p.m. The Old Brogue Irish Pub, 760-C Walker Road, Great Falls. Jody Marshall & Friends' Annual Holiday Concert features Carey Creed, Jim Queen and Paul Nahay playing traditional Celtic instruments. Tickets for all 5 concerts, \$65; \$15 each for individual concerts. All ages. Reservations must be made in advance at the Old Brogue. 703-759-3309.

#### WEDNESDAY/DEC. 5

**Photography Lecture by Bob** 

Meyers. 7:30-9:30 p.m., at Thoreau Middle School, 2505 Cedar Lane, Vienna. Bob Meyers, photographer for Green Peace, will speak at the Dec. 5 meeting of the Vienna Photographic Society on his journey from photojournalism to documentary photography. 703-451-7298 or www.vps-va.org.

### THURSDAY/DEC. 6

46th Annual Holiday Homes Tour.

10 a.m.-3 p.m., various locations in northwest McLean between the Beltway and the Potomac River. Four large houses on Rivercrest and Live Oak Drives each reflect a distinct architectural style; their natural beauty is played up with festive seasonal decor. \$25 in advance; \$30 day of (tickets available at the MarketPlace, Karin's Florist of Vienna, Mesmeralda's Gifts of McLean and Great Dogs of Great Falls). www.mcleanwc.org.

Woman's Club MarketPlace. 10 a.m.-3 p.m., at Trinity United Methodist Church, 1205 Dolley Madison Blvd., McLean. Lunch, dessert concession, a silent auction of merchandise and services, vendors and Homes Tour tickets for sale; all proceeds benefit local charities and nonprofits or go to scholarships and education. 703-356-9646 or 703-556-0197.

Les Miserables, the School

School, 1633 Davidson Road, McLean. The play lead, Damian Leverett, won the 2012 National Capitol Area Cappie for Best Actor and the 2012 McLean HS Idol competition; see the classic on the struggle against adversity in France during the early 1800s. \$10 in advance; \$8 at the door. www.brownpapertickets.com.

Schooner Fare. 8 p.m., at Wolf Trap, 1635 Trap Road, Vienna. The folk music band based out of Portland, Maine, plays country-style songs and maritime themed-folk. \$25. www.wolftrap.org.



# **HOLIDAY SALE**

Show love to friends and family with a unique gift they will cherish for years to come.

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# SPORTS

# Oakton Football Wins Northern Region Championship

Cougars beat Westfield for first region title since 2008.

By Jon Roetman
The Connection

fter a 6-0 start, the Oakton football team's 2012 season nearly derailed during a fourgame losing streak. Doubt started to creep in after a 49-28 defeat against Centreville in the regular season finale on Nov. 2. The Cougars finished fifth in the six-team Concorde District and went a month without tasting victory. Oakton managed to qualify for the playoffs, but how long would the Cougars last?

"To be honest, we did lose the faith," Oakton senior Andy Boone said. "I think we lost the faith when we lost to Centreville, because that was such a heartwrenching loss. . . . They just ran all over us [and] we couldn't do anything in the second half on offense. It felt like some of the guys were down and we just didn't know what to do. Some of the kids were getting ready to go back to basketball season."

Oakton would enter regionals as a low seed, meaning the Cougars would face a tough opponent in the quarterfinals.

"First, we thought we were going to play Westfield and all the kids on the team were bummed," Boone said. "We thought we were going to be out of the playoffs."

Instead, No. 7 Oakton was matched against No. 2 Lake Braddock, the team which knocked the Cougars out of the 2011 playoffs. With a chance for revenge as motivation, Oakton won, 20-13, on Nov. 9—the Cougars' first win in 35 days. The following week, Oakton edged No. 3 Centreville, 14-13, in the semifinals on Nov. 16.

On Nov. 24, Oakton traveled to face top-seed Westfield with the region title on the line. While the Cougars might have been intimidated by the undefeated Bulldogs at the start of the postseason, a confident Oakton team took the field on Saturday and brought home a banner.

**OAKTON DEFEATED WESTFIELD**, 23-16, in the Division 6 Northern Region football final at Westfield High School, continuing a considerable turnaround for the Cougars. Oakton rebounded from a four-game losing streak to beat the top three seeds en route to the Cougars' first region championship since 2008.

"Just looking back on our season," quarterback Kyle Downer said Saturday, "it's amazing how we got here."

Downer had another big game for Oakton, carrying 18 times for 119 yards and a touchdown, and completing four of 10 passes for 53 yards and two scores. He also intercepted a pass on defense. Downer's three-yard touchdown run with 37 seconds remaining in the second quarter gave the Cougars a lead they would not relinquish.

Oakton led 13-7 at halftime and, after a scoreless third quarter, took a two-possession lead on Brian Burns' 31-yard field goal with 9:08 remaining in the fourth. Burns missed an extra-point attempt earlier in the game, but head coach Jason Rowley didn't lose faith in his kicker, saying the missed PAT was a result of the wind.

"I've got all the confidence in the world in Brian," Rowley said. "He did a great job today."

Burns' field goal gave Oakton a 16-7 lead. Westfield fumbled on its next offensive play and Oakton's



Oakton quarterback Kyle Downer threw two touchdown passes and ran for a score against Westfield in the Division 6 Northern Region football final on Nov. 24.

Daniel Mansfield scooped up the ball and returned it to the Bulldogs 10-yard line. Four plays later, Downer connected with Boone for a four-yard touchdown on fourth-and-goal, helping give the Cougars a 23-7 advantage with 6:31 remaining. Westfield would score a touchdown and add a late field goal, but it wasn't enough.

Boone finished with four receptions for 53 yards and two touchdowns. He also had 22 rushing yards on three carries.

"It feels like a relief," Boone said of winning the region title. "I've been in probably nine championships in my life and I've never won one before, so just to win a championship feels amazing — just that weight lifted off your shoulder."

Westfield defeated Oakton during the regular season, 28-14, on Oct. 19. The Cougars totaled 401 yards of offense, but had trouble finishing drives. Oakton ran 19 plays after reaching the Westfield 30-yard line, but managed just one touchdown. The Cougars' other score came on a 35-yard run.

**ON SATURDAY**, Oakton scored four of the five times it had the ball inside the Westfield 30, including three touchdowns.

"It was all about finishing drives," Rowley said. "It felt like in the first time we played them that we could get the ball to the 30 and then we'd get stifled and couldn't put the ball in the end zone. Since that game, we've really talked about finishing drives on offense."

After a scoreless first quarter, Oakton took the lead when Downer hit Boone with a 21-yard touchdown pass with 7:30 remaining in the second. Trailing 7-0, it didn't take Westfield long to respond. Devon Burns returned the ensuing kickoff to the Oakton 30-yard line and running back Dalaun Richardson carried the ball into the end zone on Westfield's next play from scrimmage.

Oakton countered with an 11-play, 80-yard drive, capped by Downer's 3-yard touchdown run. Westfield wouldn't score again until quarterback Chris Mullins crossed the goal line on a 1-yard sneak with 1:31 remaining in the fourth quarter.

Richardson rushed for 117 yards and a touchdown for Westfield.

With the victory, Oakton advanced to the state playoffs. The Cougars will host L.C. Bird at 4 p.m. on Saturday, Dec. 1 in the semifinals. L.C. Bird, the Central Region champion, is undefeated.

#### -Sports Brief:



Marshall's Mackenzie Haight, seen at the VHSL state meet, competed at the Foot Locker Cross Country Championships South Regional on Nov. 24.

### Marshall's Haight Competes in Regional Championships

Marshall junior Mackenzie Haight, who earned all-state this year, competed at the Foot Locker Cross Country Championships South Regional on Nov. 24 in Charlotte, N.C. He finished 49th with a time of 15:46 in the seeded boys' race. The top 10 finishers qualified for nationals on Dec. 8 in San Diego.

Haight finished 10th at the VHSL state meet with a time of 15:52 on Nov. 17 at Great Meadow.

Chantilly senior Sean McGorty won the Foot Locker regional meet with course-record time of 14:28.

In the girls' race, three Northern Virginia harriers qualified for nationals. Lake Braddock senior Sophie Chase won the event with a time of 17:05. West Springfield junior Caroline Alcorta placed eight with a time of 17:19 and Oakton sophomore Allie Klimkiewicz was ninth with a time of 17:29.

Athletes from Alabama, Arkansas, Florida, Georgia, Kentucky, Louisiana, Mississippi, North Carolina, Oklahoma, South Carolina, Tennessee, Texas, Virginia and West Virginia competed in the meet.

### Herndon Field Hockey Players Honored

Herndon sophomore forward Sofia Palacios earned first-team All-Northern Region honors for the 2012 season. Senior defender/midfielder Sarah Betti and sophomore midfielder Taylor Stone were named second team all-region.

Betti, Palacios and Stone also received first-team All-Concorde District honors for the 2012 season.

Junior midfielder Rachel Delmontagne, senior defender Annie Kelley and junior goalkeeper Sarah Suter and junior midfielder Katherine Wilson were named to the second team.

### Herndon Boys' Basketball Home Opener

The Herndon boys' basketball team will face West Potomac in its home opener at 7:30 p.m. on Friday, Nov. 30.

# Langley Boys' Basketball Season Opener

The Langley boys' basketball team will face Centreville for its season opener at 5:30 p.m. on Thursday, Nov. 29 at South Lakes High School. The following night, Langley will face Oakton at 5:30 p.m. at South Lakes. The Saxons' home opener is Dec. 14 against South Lakes.

### South Lakes Boys' Basketball to Open Season

The South Lakes boys' basketball team will open the 2012-13 season with a home game against Oakton at 7:30 p.m. on Thursday, Nov. 29. The following night, the Seahawks will host Centreville at 7 p.m.



Alex Stone, a sophomore, plays Enjolras, a passionate believer in democracy and equality—a group of revolutionaries stand behind him in McLean High School's production of Les Miserables.

# McLean High Presents Les Misérables

### School performs a musical with 100-member cast.

he award-winning choral and drama departments of McLean High School are taking on an ambitious production, Les Misérables: School Edition. The musical based on Victor Hugo's novel will feature nearly 100 cast members singing such classic songs as "I Dreamed a Dream" and "On My Own."

"This production is a poignant testimony of the strength of the human spirit and the power of redemption and truth," says the show's director and McLean Choral leader Linda Martin. Drama teacher and technical director Amy Poe adds, "This version is bare-bones to keep the focus on the suffering and re-birth of the characters. Along with the extraordinary talents of our student singers, the show promises to be like no other version audiences have seen before."

The McLean production combines the considerable talents of the school's nationally ranked Madrigals Choir and Armonia singers along with many honored players in the McLean Theater Department.

"This will probably be the most memorable performance in my high school years," says Damian Leverett who plays the lead character Jean Valjean. "It's a huge project and lots of hard work but I think this cast is up to the challenge."

Les Misérables will feature a full orchestra and runs Thursday through Saturday, Dec. 6-8 at 7 p.m. at McLean High School (1633 Davidson Road, McLean). There is also a matinee performance on Saturday, Dec. 8 at 2:30 p.m.

Tickets are \$10 for adults, \$8 for students and can be purchased online at brownpapertickets.com or at the door beginning one hour before the start of the show. Doors open 20 minutes before show time and seating is first come, first serve.



Senior Madelyn Paquette as Fantine.



Senior Max Johnson plays alongside sophomore Rachel Lawhead as the Thénardiers, the thieving, selfish couple whose children live on the street with little regard from their greedy parents.

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Every year between Christmas and New Year's, The McLean Connection turns its pages over to the contributions of local students. We are seeking artwork, photography, poetry, opinions, short stories and reflections. We welcome contributions from public schools, private schools and students who are home schooled.

E-mail to: ChildrensNorth@connection newspapers.com, or mail (.jpg and text files on disc only) by Dec. 5, to 1606 King St., Alexandria, VA 22314. Please be sure to include the student's name, age, grade, school and town of residence along with each submission. For information, call 703-778-9410.



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When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click on the "This Week in Real Estate" link.

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Pay Now, Bye Later

By KENNETH B. LOURIE

Contrary to last week's column, if I do

pay for it now (things I can't afford), then

I'll be so in debt later that I may end up

saying "bye" anyway – from the stress of

a smile on my face, so to speak, would I

be truly better off now anticipating that

I want to be a modern day version of

als of mobsters, who said about his

Hollywood money: "I must have gone

through \$10 million during my career.

horses and part for women. The rest I

My problem is that I don't want to

spend my money foolishly, just in case I

continue to outlive my original prognosis. There's plenty of things I can afford to do

without, but money unfortunately is not one of them. The real question, to me, is: do I want to take responsibility for my

own actions (lifestyle choices, purchases,

live within my means, or do I want to

spend selfishly, live my life and let the

chips – or rather bills, fall where they may? After all, eventually (if you know

to collect. And given the fact that as a

years may be behind me, don't I have enough problems at present whereby I shouldn't worry too much about what

happens later (somebody else's problem

surely there would be a sense of satisfac-

tion/sense of accomplishment, but would

paying for any of it (or all of it) now com-

promise my future? Need I be overly con-

presently steering is listing and taking on

Stress hardly provides aid and comfort when imposed on a cancer patient and

more so than on an able-bodied, non-ter-

minal man or woman. Finding that bal-

ance between what I need today to get

tomorrow to get me through today, is the

axis on which that bane of my existence

turns. Do I indulge myself? Do I deprive myself? Do I live like there are plenty of

tomorrows? Or do I live like tomorrows

brass ring (on the Merry-go-round of life,

metaphorically speaking) or do I saddle a

real horse and ride off into the sunset? Is

Unfortunately, there's nothing that I

can do today to guarantee me a tomorrow. I have cancer. However, living reck-

lessly, irresponsibly, selfishly may in an

I keep coming back to an emotional

myself or my future and paying now

I'm the reincarnation of George Raft

he was doing; I'm not really sure I do.

assures that I won't. I do plenty of pretending but I'm not going to pretend that

awkward way get me through today easier

than if I towed the typical Kenny-type line

(I'm funny, but I'm not fun). Nevertheless,

instinct I have: I don't want to give up on

(besides, he was also an excellent dancer,

which I'm not). He may have known what

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

time on my side or is it running down

are in short supply? Do I reach for the

me to tomorrow, versus what I need

cerned about later when the ship I'm

water?

my leg?

by then)? Then again, if I do pay now,

what I mean?), payment may be difficult

stage IV lung cancer patient, I am considered "terminal," which means my best

miscellaneous financial commitments) and

spent foolishly."

later was not going to be my problem? Do

George Raft, the American actor from the

1930s and 40s best known for his portray-

Part of the loot went for gambling, part for

it. And if that were to happen; dying with

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### 21 Announcements 21 Announcements

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Deed Book 19577 at page 1053 among the Land Records of Fairfax County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Fairfax County, at 4110 Chain Bridge Road Epidox Virginia on

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VA 22209. The above establishment is applying to the ia 22102.

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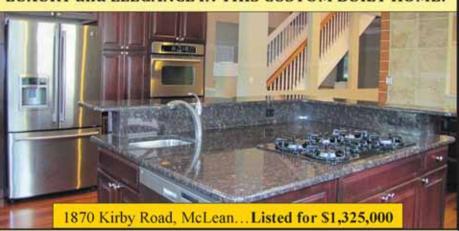
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