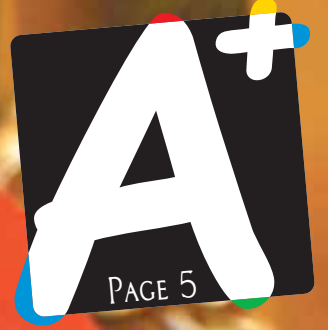


The  
Arlington  
Connection



# Holiday Happenings

ENTERTAINMENT, PAGE 10

Alakeh Koroma reads a story with  
Santa Claus inside Ballston Mall  
on Dec. 15.

No Competition  
Required

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Across  
America

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PHOTO BY LASHAWN AVERY-SIMON/THE CONNECTION

DECEMBER 19-25, 2012

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**Ricardo Baugh looks for a headstone to place his wreath.**



**Seaman Kristyn Bleth hands a volunteer a wreath during the annual Wreaths Across America.**



## Wreaths Across America

**Volunteers pick up wreaths to lay on veterans' graves at Arlington National Cemetery as they participate in Wreaths Across America on Dec. 15.**

**Volunteers from Target gather for a photograph during the Wreaths Across America.**

PHOTOS BY  
LASHAWN AVERY-SIMON  
THE CONNECTION



**Troop 647 Boy Scouts and Pack 126 Webelos participate in Wreaths Across America. Along with several thousand volunteers, the Scouts helped place 100,000 wreaths.**

PHOTO CONTRIBUTED

## Competition Not Required

**Arlington County Board approves public-private transportation project guidelines.**

BY MICHAEL LEE POPE  
THE CONNECTION

Over the objections of several citizens and one of its own members, the Arlington County Board approved new guidelines for public-private partnerships to build transportation projects last week. The discussion was contentious at times, with new member Libby Garvey clashing repeatedly with other board members. Garvey agreed with several speakers who criticized the guidelines as lacking protections — especially for not requiring more than one bid be considered. The debate is particularly important now because the county is on the verge of potentially approving a public-private partnership to construct a streetcar line on Columbia Pike.

“There are no protections written into these guidelines,” said Garvey. “They ensure nothing. They leave everything open.”

Under the guidelines approved last week, the county government could receive an unsolicited bid for the streetcar project. Then, after a 45-day period, the county government could approve a contract even though no other bid has been submitted. Garvey asked other members to require a second bid be part of the process, but other members of the board did not feel that was appropriate. Garvey responded that she felt the guidelines were particularly problematic given the push to move forward with a streetcar system she campaigned against.

“The streetcar has not received public review,” said Garvey.

“The streetcar has had a significant amount of public review,” responded County Board Chairman Mary Hynes.

“I don’t think our public feels that way,” Garvey responded.

**THE GUIDELINES** approved last week were opposed by several speakers during the public hearing as rushed and ill-conceived. One speaker noted that they had not been considered by his civic association. Another speaker pointed out that they had not been vetted by the Fiscal Affairs Advisory Commission, the Transportation Commission or the Transit-Advisory Commission.

“What’s the rush to adopt these guidelines?” asked Peter Rousselot, former chairman of the Arlington Democratic Commit-

SEE COMPETITION, PAGE 7





PHOTOS BY LASHAWN AVERY-SIMON/THE CONNECTION

## Nutcracker Tea

The 6th annual Nutcracker Tea presented by BalletNova was held at the Westin Arlington Gateway Hotel on Dec. 16.



Fairies Angelina Lucchettis and Felissa Keegan share goodies with Alexa Wagner.



Soldiers Lauren Mooneyham, Cate Zobrist and Katie Dodds greet guests.

## CRIME REPORTS

The Arlington Police Department reported the following incidents:

**BANK ROBBERY**, 3600 block of S. Glebe Road. At 4:02 p.m. on Dec. 11, an unknown subject entered a Bank of America branch and demanded money from the teller. After receiving a sum of money, the subject fled the scene on foot. The suspect is described as a black male, approximately 5'11" tall and 165 lbs. He was wearing a black jacket, a knit hat and scarf. He also wore mirrored sunglasses, black gloves, dark pants and tennis shoes.

**MALICIOUS WOUNDING**, 4200 block of N. Wilson Boulevard. At 1:35 a.m. on Dec. 5, a fight involving several subjects broke out. Six suspects were arrested for a variety of different charges. A few of the victims/subjects were taken to Virginia Hospital Center for treatment of injuries ranging from swelling to lacerations. A 22-year-old Springfield man was arrested on charges of obstruction of justice, resisting arrest, malicious wounding, and assault and battery. A 33-year-old Sterling man and a 30-year-old Arlington man were arrested and charged with assault by mob. A 28-year-old Alexandria man was arrested on charges of malicious wounding and assault by mob. A 23-year-old Alexandria man and a 23-year-old Arlington man were arrested and charged with assaulting a police officer and disorderly conduct. All suspects are currently being held without bond.

**MALICIOUS WOUNDING**, 2800 block of N. Glebe Road. At 3:45 a.m. on Dec. 9, a subject involved in a physical altercation hit a victim in the head with a bottle, causing a laceration. The victim was transported to the hospital, where he received stitches. A 19-year-old Arlington man was arrested and charged with malicious wounding and destruction of property. He was held without bail.

**BURGLARY**, 1500 block of N. Clarendon Boulevard. Between 6 p.m. on Dec. 9 and 5:45 a.m. on Dec. 10, an unknown subject(s) entered two offices that are currently under construction and stole tanks of freon and rolls of copper wire. There is no suspect(s) description.

**BURGLARY**, 4400 block of N. Fairfax Drive. Between 3 p.m. on Dec. 8 and 8:45 a.m. on Dec. 10, an unknown subject(s) entered a locked office and stole a laptop. There is no suspect(s) description.

**BURGLARY**, 4400 block of N. Fairfax Drive. Between Dec. 7 and Dec. 11 at 1:45 p.m., an unknown subject(s) broke into an office building and stole a projector. There is no suspect(s) description.

### STOLEN VEHICLES

❖ Dec. 8: VA WVU3925, 2000 Mazda 626, silver, 4200 block of S. Four Mile Run Drive.

❖ Dec. 9: VA 2472, 2008 Honda Pilot, black, 3400 block of S. Stafford Street.

## "FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington's Office of Senior Adult Programs for Dec. 26-29.

**Arlington senior centers:** Aurora Hills, 735 S. 18th St.; Walter Reed, 2909 S. 16th St.; Culpepper Garden, 4435 N. Pershing Dr.; Langston-Brown, 2121 N. Culpepper St.; Lee, 5722 Lee Hwy.; Arlington Mill at Fairlington, 3308 S. Stafford St.; also Madison Community Center, 3829 N. Stafford St.; TJ Comm. Center, 3501 S. 2nd St.

**Arlington senior centers will be closed** Monday, Dec. 31 and Tuesday, Jan. 1

**Senior trip:** Wednesday, Jan. 2, The Kennedy Center for a performance of "Million Dollar Quartet," \$86. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

**Open Tai Chi practice,** Wednesday, Jan. 2, 2 p.m., Aurora Hills and Langston-Brown. Free. Details, 703-228-5722 (AH), 703-228-0955 (L-B).

**Strength training classes,** Wednesdays, Fridays, 9 a.m., TJ. \$60/15 sessions or \$4 per drop in. Details,

703-228-4745.

**Women's basketball program,** Wednesdays, 7 p.m. – 9 p.m., Langston-Brown. Details, 703-228-4771.

**Advanced line dancing,** Wednesdays, 12 p.m., Lee. Free. Register, 703-228-0555.

**Learn to play chess or canasta,** Wednesdays, 10 a.m., Walter Reed. Free. Register, 703-228-0955.

**Seniors-only weight room hours,** Wednesdays and Fridays, 11 a.m. – 2 p.m., Langston-Brown. \$60/15 sessions. Details, 703-228-4745.

**Meet president of Northern Virginia Opera Guild,** learn about volunteer opportunities, Thursday, Jan. 3, 1 p.m., Walter Reed. Register, 703-228-0955.

**Arlington Poets group,** Friday, Jan. 4, 3 p.m., Langston-Brown. Free. Register, 703-228-6300.

**Fast-paced walking group,** Fridays, 9 a.m., Aurora Hills. Free. Register, 703-228-5722.

**Cyber Seniors computer classes for novices,** Fridays, Lee. Call for fees and details, 703-228-6425.



## OAR's Wrapping Party

The OAR annual Christmas angel wrapping party was held at St. Andrews Episcopal Church in Arlington on Dec. 13. Volunteers wrap and help deliver presents to children with a parent in prison this Christmas. J.P. Dens helps volunteers package gifts.



Debora Craggs decorates a bear during the wrapping party inside St. Andrews Episcopal Church in Arlington.



Zoe Davis and her mother Courtney Hill pick out toys to wrap during the OAR annual Christmas party on Dec. 13.

PHOTOS BY LASHAWN AVERY-SIMON  
THE CONNECTION

WWW.CONNECTIONNEWSPAPERS.COM



# Teaching Healthy Culinary Traditions

**Nutrition experts say moderation, not deprivation, is key.**

BY MARILYN CAMPBELL  
THE CONNECTION

**T**he holidays start with a saucepan of mushrooms — usually portabella, crimini or oyster — sautéing in olive oil. Next, sliced onions sizzle in a bath of bubbling butter and wine until they're caramelized.

This is how Bonita Lillie starts her yuletide feast. Under the guidance of her deft hands, such rank and file produce become mushroom soup. Fresh minced pork and cheddar cheese become a re-creation of her mother's sausage rolls. She doesn't measure ingredients, count calories or add flavor-depleting substitutes. Only real food makes the cut in her Alexandria kitchen.

"I go with my gut and what feels right. I don't use recipes," said Lillie, a registered dietician and nutrition instructor at Marymount University in Arlington. "If you're cooking a family dish that you look forward to every holiday and you substitute a fat-free version of something, it won't taste right and you won't satisfy your memory of that dish."

During a time of year when it is not uncommon to wash down Bûche de Noël with eggnog or to pile one's plate with slices of crown roast beef drizzled with merlot cream sauce, Lillie and other local nutritionists, food enthusiasts and health gurus say don't engage in self-deprivations. They emphasize that moderation, minor modifications and keeping it real are the keys to maintaining family traditions in ways that are healthy.

"Fat, per se, is not evil," said Nichole Ferrigno, culinary director for Tiny Chefs in Great Falls, Alexandria, McLean, Oakton, Springfield, Arlington and Potomac. "It really becomes about the type of fat one is consuming. When we think of ... eggnog, peppermint cake and gingerbread, I would tell folks to have just a little bit of the real thing. I do not ever, ever recommend substituting real foods with processed look-a-likes."

**READ LABELS** and examine the contents, say experts, or better yet, buy foods that don't require labels. "[I]t is definitely better to eat real food," said Joel Martin, Ph.D., a professor of kinesiology at George Mason University in Fairfax. "Our bodies have been used to eating real food for thousands of years and only recently have artificial ingredients been introduced into our diets. In the long run, regularly eating these substitutes may cause numerous undesirable effects."

Ferrigno, a former restaurant chef, suggests swapping imitation for moderation. "Even when it comes to holiday indulgences, one can partake and still do so within the parameters of a healthy diet," she said. "The key ... is to stick with whole, unprocessed foods. By consuming the real thing, your body is satiated with just a small amount. When we consume arti-



PHOTO BY MARILYN CAMPBELL/THE CONNECTION

**When faced with an array of yuletide treats, dietician Jennifer Kay Nelson advises against "mindlessly grabbing cookies [and] candy ... here-there-everywhere."**

cial ingredients, it takes much, much longer and many, many more calories to reach the same level of satiety."

Replacing one natural ingredient with another is a flavor-preserving option. "You could substitute ... an alternative sweetener like honey or agave nectar" for sugar, said Lenora Lawson, a chef instructor at The Art Institute of Washington's International Culinary Schools in Arlington.

In fact, minor ingredient tweaks can pack powerful taste bud punches. "When you're baking a cake, sometimes you can replace oil with applesauce in some cakes, and often it tastes better," said Lillie. She cautions, however, that "when you take out the fat in any dish, you have to replace it with herbs or other seasonings so that you don't lose the taste."

**"When we think of ... eggnog, peppermint cake and gingerbread, I would tell folks to have just a little bit of the real thing. I do not ever, ever recommend substituting real foods with processed look-a-likes."**

— Nichole Ferrigno,  
a local culinary instructor

**ESCHEWING LARGE** cookie cutters for their bite-

sized counterparts and baking pies with graham cracker crusts instead of traditional fat-laden shells are tactics that Vienna-based culinary instructor Christine Wisniewski employs during the holiday season. "There are lots of ways to go about healthy-ing up the holidays," she said. "If the filling is the star of the dessert, fill and bake individual ramekins for a crust-free dessert and significant calorie and fat savings."

Most importantly, when faced with a dizzying array of yuletide treats on a tray or table, think before making a choice. "Be mindful, be appreciative and aware of what you are eating," said Jennifer Kay Nelson, director of clinical dietetics and an associate professor of nutrition at the Mayo Clinic College of Medicine. "Mindlessly grabbing cookies, candy, nuts here-there-everywhere often end up in unexpected pounds."



The cover is black and red on white and 11 1/4"W x 10 3/8"H. Open, the calendar is 11 1/4"W x 20 7/8"H. All illustrations are in black and white and may be viewed on the website.

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		1 New Year's Day	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21 M.L. King Day	22	23	24	25	26
27	28	29	30	31		



# OPINION

## Reminder: Shop Locally, Give Locally

### Supporting the community.

With less than a week before Christmas, many people have not completed their shopping, and so we remind you of the importance of spending a significant portion of your shopping budget locally. At this point in the season, the high cost of expedited shipping might also serve as an incentive to shop in locally owned stores.

One way to be sure holiday shopping comes with some holiday spirit is to do a portion of your shopping in some of the area's locally owned stores. There is special holiday ambience available by shopping in the heart of a town that is decked out for the season.

Small retail shops are part of defining any community. Their livelihood depends on the livability and quality of the neighborhoods around them. A small business owner pays attention to every detail in his or her business in a way that no chain can. Frequently, it is the small retail person who is active in fundraising for local charities, for fire and rescue service,

for local schools and in organizing holiday events.

Local retail stores, mom-and-pop stores, continue to face tough challenges. Competition from big box stores and online sellers makes the holiday shopping season all the more important to locally-owned retailers.

With less than two weeks to go before the end of the charitable giving year, we also remind you of the critical local needs that are filled by a variety of local nonprofit organizations. With suggestions from readers, we have updated our lists. We welcome suggestions as we continuously update our local lists of community organizations. You can find a complete list on our website, [www.connectionnewspapers.com](http://www.connectionnewspapers.com)

### Last News Issue of 2012

This is the last regular edition of the Connection for 2012, and it includes the last of our 2012 series on immigration. Next week, delivered shortly after Christmas, is the Children's Connection, devoted to the artwork and writing of area students.

— Mary Kimm,

[mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com)

### Where To Give Locally

In no particular order:

**Arlingtonians Meeting Emergency Needs** (AMEN) provides one-time, same-day emergency financial assistance to Arlington residents facing a financial crisis, and also has programs to help prevent homelessness. 703-558-0035 [www.emergencynneeds.org](http://www.emergencynneeds.org)

**Doorways for Women and Families** provides services to help women out of domestic violence and homelessness toward safe and stable lives, Arlington [www.doorwaysva.org](http://www.doorwaysva.org) 703-504-9400

**The Arlington Food Assistance Center** provides supplemental food assistance to Arlington County residents, on average serving 3,500 adults and 1,500 children a week. 2708 South Nelson Street, Arlington, VA 22206 <http://www.afac.org/> 703-845-8486

**Habitat for Humanity of Northern Virginia**, Arlington, 703-521-9890

**Arlington Free Clinic** provides medical care for low-income, uninsured adults in Arlington. [www.arlingtonfreeclinic.org](http://www.arlingtonfreeclinic.org) 2921 11th St. South • Arlington, VA 22204 703-979-1425

**Arlington-Alexandria Coalition for the Homeless**, 703-525-7177, [www.aachhomeless.org](http://www.aachhomeless.org)

**A-SPAN** provides services for Arlington's street homeless, with a mission to secure permanent housing for one of Arlington's most vulnerable populations. P.O. Box 100731 Arlington, VA 22210 703-820-4357 <http://www.a-span.org/>

**Literacy Council of Northern Virginia**, 703-237-0866, [www.lcnv.org](http://www.lcnv.org), Teaches adults the basic skills of reading, writing, speaking and understanding English. Offers one-to-one tutoring programs for adult learners as well as beginning-level ESOL and Family Learning adult programs.

### BULLETIN BOARD

E-mail announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Deadline is noon the Thursday before publication. Photos are welcome.

#### DEADLINE DEC. 21

**Proposals for Gardening Mini-Grants.** The Healthy Community Action Team of Arlington County has mini-grants available to create community gardening and nutrition programs at apartment complexes, housing shelters, transitional housing sites, places of worship, and condominiums. This initiative is a continuation of a project started in 2011. The goals of the program are to provide fresh produce to Arlington residents, counteract and prevent obesity, promote health and nutrition, and to encourage physical activity. Eligibility is limited to Arlington houses of worship and affiliated organizations, 501(c)3 nonprofit organizations involved in providing services to low income populations in Arlington, or condominium organizations. Cooperative Extension's Grant Program to create and sustain community gardens is providing up to \$1,000 for the purchase of seeds, tools, soil amendments, soil tests, storage sheds, and food and supplies for nutrition classes. Grant recipients will also receive gardening education and assistance in starting the garden from Master Gardener volunteers and nutrition classes from Master Food Volunteers. The term for using grant funds will be Feb. 1, 2012-Oct. 31, 2013. A maximum of four grants will be awarded. Deadline is 5 p.m.

#### MONDAY/DEC. 31

**Make Your Yard Sustainable.** Building on the highly successful June 2012 Sustainability Symposium held at the Fairlington Community Center, Virginia Cooperative Extension Master Gardeners will hold

a series of six workshops on the topic of Making Your Yard Sustainable, during which participants will create a sustainability plan for their own yard with coaching from local experts. The workshops will be held on six successive Saturday mornings, starting on Jan. 19, 2013. Class size is limited to 20 households. A fee of \$75 per household (two participants) covers soil test and all workshop materials. Register by Dec. 31. Call 703-228-6414 9 a.m.-noon, Monday-Friday or email [mgarlalex@gmail.com](mailto:mgarlalex@gmail.com). Visit [www.mgnv.org](http://www.mgnv.org).

#### SATURDAY/JAN. 5

**Spaghetti Dinner.** BSA Troop 167 is hosting a family spaghetti dinner from 5-10 p.m. at Mt. Olivet United Methodist Church, 1500 N. Glebe Road, to support Philmont Crew who will be traveling to New Mexico on a scouting adventure. \$10/adult; \$7/child. Visit [www.mtolivet-umc.org](http://www.mtolivet-umc.org).

#### MONDAY/JAN. 7

**Education Event.** 7-9 p.m. at Arlington Unitarian Cooperative Preschool, 4444 Arlington Blvd. Learn about the role of play in the lives of children. Free. Visit [www.aucpva.org](http://www.aucpva.org) or call 703-892-3878.

#### WEDNESDAYS/JAN. 16, 23, 30, FEB. 6, 13

**Money Talk: A Financial Course for Women.** The course includes five classes: Financial Basics; Insurance Basics; Investing Basics; Investing for Retirement; and Planning for Future Life Events. All classes will be held 6:30-8:30 p.m. in the 2nd Floor Meeting Room at Arlington Central Library (1015 N Quincy Street). Cost: \$25 (for the accompanying textbook). To register, call 703-228-6417. This is a program of Virginia Cooperative Extension and Arlington Public Libraries.



PHOTO BY LASHAWN AVERY-SIMON/THE CONNECTION

Noelia Machado and her daughter Rubi smile for Santa inside Ballston Common Mall on Dec. 15

The  
Arlington  
Connection

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## NEWS

### Ugly Sweater Winners

Jan Louis Arlilagos won a pair of reindeer antlers and a red Rudolf nose for wearing Arlington's ugliest sweater. Matthew Venne is second place runner up for wearing a red and green snowflake sweater on Friday, Dec. 7, as part of the Arlington Heights Chamber of Commerce's Young Professionals Ugly Sweater Restaurant/Bar Hop.



## No Competition Required

FROM PAGE 3

tee. "Regrettably, the process that you have followed so far concerning these guidelines is not consistent with the Arlington way."

Several of the speakers agreed with Garvey that more than one bidder should be required. They argued that allowing the county to move forward even without receiving a competitive bid could create a problem, especially if a larger company is ready to move faster than a smaller company.

"Competition is not required," said William Vincent, a transportation professional who lives in Arlington. "In fact, under the existing guidelines you could have a no-bid contract issued worth hundreds of millions if not billions of dollars."

**SUPPORTERS** of the guidelines said they shouldn't be too prescriptive because transportation projects can range from paving a road and filling a pothole to constructing a multi-million streetcar system. As a result, advocates of the guidelines said, requiring a second bid might not be reasonable. They also argued that requiring an outside review may not be necessary in all cases, which is why they say the guidelines should not require it.

"It depends on the project," said County Manager Barbara Donellan. "If I get a proposal for paving, I have experts on staff that can look at that."

Garvey argued that the guidelines should have a cost threshold so that smaller projects such as paving would have different rules than larger projects such as the streetcar system. A majority of County Board members disagreed, expressing confidence that the county government would not

move forward with a project unless adequate safeguards were in place. One opponent of the streetcar system encouraged the County Board to move forward because he felt they would derail the project.

"What you approve will be a mistake. However, I support you doing it because the unintended consequences will actually be adverse for a project that I've been opposing for a number of years," said Robert Adkins, a frequent critic of the County Board. "You are about to make a mistake. Please continue your track record and do so."

**SEVERAL SPEAKERS** called on County Board member Chris Zimmerman to recuse himself from voting on the guidelines because he has a consulting contract with AECOM Canada East. Because AECOM is likely to submit an unsolicited bid for the streetcar system, they said that Zimmerman should not participate in the process.

"Mr. Zimmerman may well have the appearance of a conflict of interest because his client will undoubtedly seek a contract in the future from the county," said Audrey Clement, co-chairwoman of the Ecoaction Committee at the Green Party of the United States. "And the guidance adopted by the county tonight will be the vehicle by which it secures the county's business."

Zimmerman read a statement denying he had any conflict of interest, adding that his consulting work is in Canada and has no relationship to the bid that may be submitted in Arlington. "Part-time legislators do outside work," said Zimmerman at the end of a four-hour debate. "I have no basis for recusing, as attractive as that might have been here tonight."

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# Arlington REAL ESTATE

PHOTOS BY LOUISE KRAFFT/THE CONNECTION

IN OCTOBER 2012, 222 ARLINGTON HOMES  
SOLD BETWEEN \$1,700,000-\$65,000.

## October 2012 Sales \$900,000~\$1,195,000



**2** 2503 18th Street North, Arlington — \$1,190,000



**7** 1700 Clarendon Boulevard #115, Arlington — \$949,900

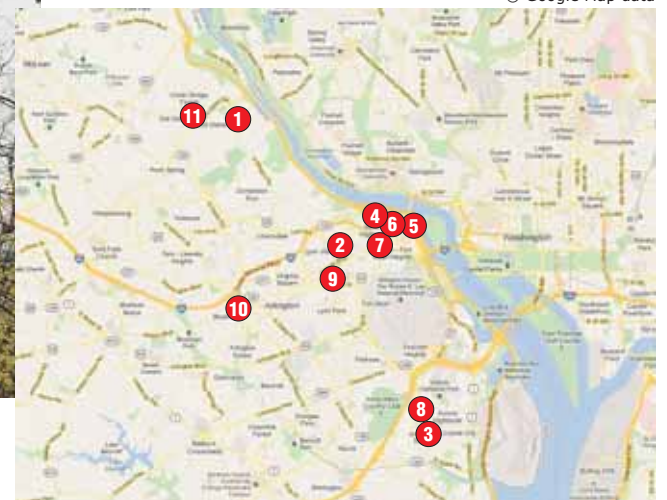
© Google Map data



**6** 1520 Colonial Court North, Arlington — \$950,000



**3** 1035 23rd Street South, Arlington — \$1,150,000



**8** 1039 22nd Street South, Arlington — \$940,000

Address .....	BR	FB	HB	...	Postal	City	....	Sold Price	....	Type	.....	Lot AC	..	PostalCode	.....	Subdivision	.....	Date Sold
<b>1</b> 3708 OAKLAND ST N .....	4	..	3	.	0	ARLINGTON	....	\$1,195,000	....	Detached	....	0.31	.....	22207	.....	RIVER CREST	.....	10/03/12
<b>2</b> 2503 18TH ST N .....	4	..	3	.	1	ARLINGTON	....	\$1,190,000	....	Detached	....	0.13	.....	22201	...	LYON VILLAGE/CLARENDON	..	10/30/12
<b>3</b> 1035 23RD ST S .....	5	..	4	.	1	ARLINGTON	....	\$1,150,000	....	Detached	....	0.14	.....	22202	.....	ADDISON HEIGHTS	.....	10/04/12
<b>4</b> 1526 COLONIAL CT N .....	3	..	2	.	2	ARLINGTON	....	\$1,100,000	....	Townhouse	..	0.04	.....	22209	.....	HIGHGATE	.....	10/15/12
<b>5</b> 1881 NASH ST N #1104 .....	1	..	2	.	0	ARLINGTON	....	\$986,000	....	Hi-Rise 9+ Floors	.....	.....	.....	22209	.....	TURNBERRY TOWER	.....	10/02/12
<b>6</b> 1520 COLONIAL CT N .....	3	..	2	.	1	ARLINGTON	....	\$950,000	....	Townhouse	..	0.03	.....	22209	.....	HIGHGATE	.....	10/26/12
<b>7</b> 1700 CLARENDON BLVD #115 2 ..	2	..	2	.	0	ARLINGTON	....	\$949,900	....	Mid-Rise 5-8 Floors	.....	.....	.....	22209	.....	GASLIGHT SQUARE	.....	10/03/12
<b>8</b> 1039 22ND ST S .....	4	..	3	.	1	ARLINGTON	....	\$940,000	....	Detached	....	0.14	.....	22202	.....	ADDISON HEIGHTS	.....	10/31/12
<b>9</b> 2853 11TH ST N .....	3	..	3	.	1	ARLINGTON	....	\$925,000	....	Townhouse	..	0.02	.....	22201	.....	CLARENDON PARK	.....	10/02/12
<b>10</b> 809 BUCHANAN ST .....	7	..	5	.	1	ARLINGTON	....	\$925,000	....	Detached	....	0.23	.....	22203	..	AVON PARK JORDAN MANOR	..	10/02/12
<b>11</b> 3942 UPLAND ST N .....	5	..	3	.	0	ARLINGTON	....	\$915,000	....	Detached	....	0.24	.....	22207	.....	GOLF CLUB MANOR	.....	10/29/12

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HOME SALES

In November 2012, 239 Arlington homes sold between \$1,710,000-\$60,000. This week's list represents those homes sold in the \$1,700,000-\$765,000 range. For the complete list, visit [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

Address .....	BR	FB	HB .....	Postal City .....	Sold Price .....	Type .....	Lot AC. ....	PostalCode .....	Subdivision .....
3651 HARRISON ST N .....	6	5	1	ARLINGTON	\$1,710,000	Detached	0.60	22207	WILLIAMSBURG VILLAGE
1401 OAK ST N #608 .....	3	2	1	ARLINGTON	\$1,700,000	Mid-Rise 5-8 Floors		22209	THE WESLIE
3834 STAFFORD ST N .....	5	5	1	ARLINGTON	\$1,675,000	Detached	0.25	22207	ARLINGWOOD
2332 KENMORE ST N .....	7	7	1	ARLINGTON	\$1,631,203	Detached	0.34	22201	MAYWOOD
3829 24TH ST N .....	5	4	1	ARLINGTON	\$1,537,710	Detached	0.21	22207	DOVER BALMORAL RIVERWOOD
4304 37TH RD N .....	5	4	1	ARLINGTON	\$1,500,000	Detached	0.23	22207	ARLINGWOOD
4661 DITTMAR RD .....	3	3	1	ARLINGTON	\$1,459,500	Detached	0.32	22207	COUNTRY CLUB HILLS
499 N. WAKEFIELD ST #1 .....	5	5	1	ARLINGTON	\$1,450,000	Detached	0.16	22203	THE ENCLAVE OF BALLSTON
4534 25TH N RD N .....	5	4	1	ARLINGTON	\$1,421,000	Detached	0.13	22207	BROYHILL FOREST/HILLS
494 WAKEFIELD STREET N N .....	5	4	1	ARLINGTON	\$1,260,000	Detached	0.00	22203	BALLSTON
1615 QUEEN ST N #M602 .....	2	2	0	ARLINGTON	\$1,117,500	Mid-Rise 5-8 Floors		22209	WOOSTER AND MERCER LOFTS
1548 COLONIAL TER N .....	3	2	2	ARLINGTON	\$1,104,000	Townhouse	0.04	22209	HIGHGATE
1316 DANVILLE ST N .....	3	3	2	ARLINGTON	\$1,069,900	Townhouse	0.03	22201	CLARENDON CENTER
2815 QUEBEC ST .....	5	3	0	ARLINGTON	\$1,031,000	Detached	0.47	22207	DOVER BALMORAL RIVERWOOD
501 GARFIELD ST N .....	5	4	0	ARLINGTON	\$1,000,000	Detached	0.11	22201	CLARENDON
6046 23RD ST N .....	4	3	0	ARLINGTON	\$1,000,000	Detached	0.56	22205	OVER LEE KNOLLS
2205 19TH CT N .....	4	3	1	ARLINGTON	\$954,840	Townhouse	0.03	22201	LYON VILLAGE
2203 19TH CT N .....	4	3	1	ARLINGTON	\$938,360	Townhouse	0.03	22201	LYON VILLAGE
2143 POLLARD ST .....	4	3	1	ARLINGTON	\$910,000	Detached	0.11	22207	MAYWOOD
3441 GLEBE RD .....	4	2	2	ARLINGTON	\$899,000	Detached	0.17	22207	COUNTRY CLUB HILLS
2807 N QUEBEC ST .....	4	3	0	ARLINGTON	\$899,000	Detached	0.49	22207	DOVER BALMORAL RIVERWOOD
4941 26TH ST N .....	3	2	1	ARLINGTON	\$889,000	Detached	0.24	22207	SHIRLEY WOODS
2722 YUCAIAN ST N .....	5	4	2	ARLINGTON	\$870,000	Detached	0.06	22213	BERKSHIRE OAKWOOD
5204 20TH ST N .....	4	3	1	ARLINGTON	\$865,000	Detached	0.16	22205	GARDEN COMMONS
329 OXFORD ST N .....	4	2	1	ARLINGTON	\$855,000	Detached	0.14	22203	ASHTON HEIGHTS
1200 NASH ST #1119 .....	2	2	0	ARLINGTON	\$855,000	Hi-Rise 9+ Floors		22209	PROSPECT HOUSE
5551 15TH ST N .....	4	2	2	ARLINGTON	\$851,175	Detached	0.14	22205	LARCHMONT
1732 VEITCH ST N .....	6	2	0	ARLINGTON	\$850,000	Detached	0.15	22201	LYON VILLAGE
4945 26TH ST N .....	3	2	1	ARLINGTON	\$844,000	Detached	0.24	22207	SHIRLEY WOODS
1130 20TH ST S .....	4	3	1	ARLINGTON	\$840,000	Detached	0.13	22202	TOP OF ARL RIDGE ROAD
3817 ROBERTS LN .....	4	3	0	ARLINGTON	\$840,000	Detached	0.25	22207	BELLEVUE FOREST
1548 JEFFERSON ST .....	4	2	1	ARLINGTON	\$835,000	Detached	0.31	22205	LARCHMONT
2906 26TH ST N .....	5	3	1	ARLINGTON	\$835,000	Detached	0.23	22207	DOVER BALMORAL RIVERWOOD
3506 25TH ST N .....	4	3	0	ARLINGTON	\$835,000	Detached	0.21	22207	DOVER BALMORAL RIVERWOOD
412 LARRIMORE ST S .....	5	3	1	ARLINGTON	\$830,000	Detached	0.20	22204	GLEN CARLIN
2702 LEE HIGHWAY #4B .....	2	2	1	ARLINGTON	\$829,900	Garden 1-4 Floors		22201	LYON POINTE
3033 OAKLAND ST N .....	4	3	1	ARLINGTON	\$825,000	Detached	0.24	22207	BELLEVUE FOREST
42 FENWICK ST N .....	3	2	0	ARLINGTON	\$820,000	Detached	0.17	22201	LYON PARK
5301 1ST PLN .....	4	3	0	ARLINGTON	\$815,000	Detached	0.22	22203	ARLINGTON FOREST
1881 NASH ST #1605 .....	1	1	1	ARLINGTON	\$805,000	Hi-Rise 9+ Floors		22209	TURNBERRY TOWER
2724 FORT SCOTT DR .....	3	2	1	ARLINGTON	\$800,000	Detached	0.21	22202	AURORA HILLS
2515 FERN ST S .....	3	2	1	ARLINGTON	\$800,000	Detached	0.23	22202	AURORA HILLS
5316 YORKTOWN BLVD .....	3	3	0	ARLINGTON	\$800,000	Detached	0.26	22207	CRESCENT HILLS
3863 30TH ST N .....	3	2	0	ARLINGTON	\$787,500	Detached	0.24	22207	BELLEVUE FOREST
3585 POWHATAN ST N .....	4	2	1	ARLINGTON	\$782,000	Detached	0.28	22213	MINOR HILL
1300 CRYSTAL DR #1705 .....	3	2	1	ARLINGTON	\$775,000	Hi-Rise 9+ Floors		22202	CRYSTAL GATEWAY
2333 VAN BUREN CT .....	3	3	1	ARLINGTON	\$772,600	Townhouse	0.05	22205	FENWICK COURT
2304 COLUMBUS ST .....	4	2	1	ARLINGTON	\$765,000	Detached	0.14	22207	COUNTRY CLUB

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Seasonal Offerings

The St. Rita Council #15244 Knights of Columbus opened its Christmas tree lot outside 800 23rd St.S, Arlington on Saturday, Dec. 1.



Santa Claus greets Arlington families as they enter the Christmas tree lot.

PHOTOS BY LASHAWN AVERY-SIMON/ THE CONNECTION

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# HOLIDAY ENTERTAINMENT

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Deadline is noon the Thursday before publication. Photos are welcome.

## ONGOING

**Food Truck Thursdays.** In the surface parking lot at the corner of Crystal Drive and 18th Street.

**Line Dancing Class.** Fridays, 10-11 a.m. Line dancing with Barbara Allen. Covers the basic steps, then combines them to music for a gentle aerobic workout. More experienced line dancers are welcome as they can assist newer dancers. At Aurora Hills Senior Center. Call 703-228-5722.

### Family Skate Opening Night.

Saturdays, 6:30-8:30 p.m., through March 30, 2013. Thomas Jefferson Center, 3501 2nd St. Fees: \$2 entry, \$3 skate rental, \$2 re-entry for students attending both family and teen skate. Cash only. Save time in line by bringing skates. Visit [www.arlingtonva.us](http://www.arlingtonva.us).

**Flying Squirrel Lore & More.** For families and children. Children must be accompanied by an adult. Flying squirrels are found throughout the wooded neighborhoods of Arlington, but are seldom seen. Learn about these nocturnal acrobats. After an indoor presentation, go outside to see them glide in for an evening meal. Call 703-228-6535 to register. Meet at Long Branch Nature Center, 625 S. Carlin Springs Road.  
 ♦ Saturday, Jan. 5, 5:30-6:30 p.m. Program #622953-E  
 ♦ Saturday, Jan. 12, 5:30-6:30 p.m. Program #622953-F  
 ♦ Sunday, Jan. 13, 5:30-6:30 p.m. Program #622953-G  
 ♦ Sunday, Jan. 20, 5:30-6:30 p.m. Program #622953-H  
 ♦ Saturday, Jan. 26, 5:30-6:30 p.m. Program #622953-I

## WEDNESDAY/DEC. 19

**Graduate Gemologists.** 4-5 p.m. For children age 8-12. Register children only. Kids who have completed 12 months of the Gemstone Club at Gulf Branch Nature Center can add to their knowledge of gems and increase their collections at this monthly program. Zircon is a popular alternate birthstone for December. It has almost as much fiery brilliance as diamonds, and like the diamond is also found in a range of colors. Call 703-228-3403 to register. Meet at Gulf Branch Nature Center, 3608 Military Road. \$10 fee due upon registration. Program #622823-G.

**Holiday Show.** 8 p.m. at Ballston Common Mall, 4328 Wilson Blvd. Free. Songs by Potomac Harmony Chorus.

**Music.** 10:45 a.m. - noon at Ronald Reagan Washington National Airport, Terminal B near Cibo Bistro and Wine Bar. Free performance by Carl Sandburg Middle School Symphonic Orchestra and Choralettes.

## THURSDAY/DEC. 20

**Holiday PhoneGram.** \$5/song delivered by Potomac Harmony Chorus from 7-9 p.m. Call 703-764-3896 by Tuesday, Dec. 18 to order one of five songs including “Rudolph, the Red-Nosed Reindeer.”

## FRIDAY-SATURDAY/DEC. 21-22

**Brian Posehn Live.** Best known for his trademark deadpan delivery and behind-the-mic evocations of the stoner mentality, comedian, character actor, and television mainstay Brian Posehn will come to Arlington Cinema & Drafthouse. The hours are 10 p.m. on Friday, Dec. 21, 7:30 p.m. on Saturday, Dec. 22. Tickets are \$23. Visit <http://www.arlingtondrafthouse.com>. At



PHOTO BY CHRISTOPHER MUELLER

**Deena Jones (Shayla Simmons) takes the lead, supported by Effie White (Nova Y. Payton, back left) and Lorrell Robinson (Crystal Joy, back right). The musical “Dreamgirls” plays at Virginia’s Signature Theatre through January 13, 2013. [www.signature-theatre.org](http://www.signature-theatre.org).**

## Spend New Year’s Eve with Your ‘Dreamgirls’

Ring in the New Year with the girls of your dreams. Following a special Monday night performance of “Dreamgirls,” stay afterwards and enjoy heavy hors d’oeuvres, champagne toast at midnight and a DJ until the early morning. If you’ve already seen Dreamgirls, you can still make Signature your New Year’s Eve destination and join Artistic Director Eric Schaeffer and the Dreamgirls for the celebration. Tickets to the Monday night performance of Dreamgirls start at \$40. Subscribers can exchange into the Dec. 31 performance for free. Visit [www.signaturetheater.com](http://www.signaturetheater.com) or call the Box Office at 703 820 9771 for tickets. Tickets to the post-show party only are \$75 per person for subscribers and \$100 per person for non-subscribers. Tickets to the party can only be purchased by calling the Box Office at 703-820-9771.

## And a Few More New Year’s Eve Celebrations

**New Year’s Eve Stroll and Campfire.** 6-7:30 p.m. For families and children. Children must register with an accompanying adult. Explore the park as the last night of the year settles in. Then ring out the old and bring in the new by tossing your resolutions into a “wishing campfire.” Bundle up and bring a flashlight. Call 703-228-3403 to register. Meet at Gulf Branch Nature Center, 3608 Military Road. \$5 fee due upon registration. Program #622853-H.

**New Year’s Eve Celebration.** \$15 covers DJ, entertainment and party favors. Food and drink are separate. 7:30 p.m. doors open at Cinema & Drafthouse, 2903 Columbia Pike. Must be 21 or older. Visit [ArlingtonDrafthouse.com](http://ArlingtonDrafthouse.com) for tickets.

**New Year’s Eve Party.** 8 p.m. at Clarendon Ballroom, 3185

Wilson Blvd. Features Liquid A with DJ Squirrel in the lower lounge. Tickets are \$75 and include entertainment, dinner buffet, party favors, a few drink tickets, toast and balloon drop. Purchase online at [www.clarendonballroom.com](http://www.clarendonballroom.com) or 1-888-695-0888.

### Celebrate New Year’s Eve with The Legwarmers.

Doors open at 7 p.m. and the festivities start at 9:30 p.m. at the State Theatre, 220 N. Washington St., Falls Church. Enjoy dancing to 80s music. Standing room only. \$50. Visit [www.thestatetheatre.com](http://www.thestatetheatre.com) for tickets.

**NYE 2012 Party.** Enjoy two DJs and two separate bars for this celebration from 9 p.m.-2 a.m. at Rock Bottom Brewery, 4238 Wilson Blvd. \$10/advance; \$20/day of and includes. Event sells out. 703-516-7688.

Arlington Cinema & Drafthouse located at 2903 Columbia Pike.

## FRIDAY & SUNDAY/DEC. 21 & DEC. 23

**Film.** 7 p.m. Join for the Drafthouse Holiday Social and a special screening of It’s A Wonderful Life — A Christmas Classic. Fifty percent of gate proceeds go to St. Jude Children’s Research Hospital. Tickets are \$10. Visit <http://www.arlingtondrafthouse.com>. At Arlington Cinema & Drafthouse located at 2903 Columbia Pike.

## SATURDAY/DEC. 22

**See, Hear, Sketch: Deer in the Winter Woods.** 10-11:30 a.m. For children age 5-9. Register children only. What are the wintertime habits of Arlington’s white-tailed deer? Learn about coat colors, falling antlers, deer tracks and other changes and signs, and sketch deer portraits. Art supplies will be provided. Feel free to bring

sketchbook and pencil. Call 703-228-3403 to register. Meet at Gulf Branch Nature Center, 3608 Military Road. \$5 fee due upon registration. Program #622823-R.

**Comedy Performance.** Colin Kane will perform at the Cinema & Drafthouse, 2903 Columbia Pike at 10 p.m. \$20. Visit [arlingtondrafthouse.com](http://arlingtondrafthouse.com) for tickets.

## SUNDAY/DEC. 23

**Film and Comedy.** 10 p.m. Raspberry Brothers take on the 1990’s Christmas classic Home Alone, listed in the Guinness Book of Records as the highest grossing live-action comedy ever. Tickets are \$15. At Arlington Cinema & Drafthouse located at 2903 Columbia Pike. Visit <http://www.arlingtondrafthouse.com>.  
**“The Holy Land Today.”** 10 a.m. Arlington resident George Meek, back from four weeks in Israel/Palestine, reports on the reality of the occupation and what can be done

about it. Free. At Trinity Presbyterian Church, 5533 N. 16th St.

## THROUGH DEC. 23

**Holiday Shows.** Holiday Guys and Holiday Follies are limited-run holiday shows, part of Signature Theatre’s 2012/2013 season. Holiday Guys plays in the ARK Theatre. Tickets start at \$41. Visit [www.signature-theatre.org](http://www.signature-theatre.org) Signature Theatre is located at 4200 Campbell Ave.

## THURSDAY/DEC. 27

**Feathers and Fur.** 2-3 p.m. For families and children age 5 and up. Spending winter outdoors is easier with a warm coat. Discover how feathers and fur keep animals warm and dry in the coldest, snowiest weather. Examine some real fur and feathers and then search for birds and mammals around the nature center. \$5 fee due upon registration. Program #622953-Q.

## THURSDAY-SATURDAY/DEC. 27-29

**Ballet.** Virginia Ballet Company and School will present the 63rd season of the classic Nutcracker ballet. The performances are at 2 p.m. and 7 p.m. each day at the Northern Virginia Community College, Annandale Campus in the Ernst Community Cultural Center Theater. Ticket prices for reserved seating are \$30 for adults and \$20 for children, students and seniors, plus a \$3 fee per ticket. Tickets may be purchased online at [www.virginiaballetcompany.org](http://www.virginiaballetcompany.org). Call 703-249-8227.

## SATURDAY/DEC. 29

**See, Hear, Sketch: Owls in the Winter Night.** 10-11:30 a.m. For children age 5-9. Register children only. Arlington’s three owl species are active hunters in the winter months. Learn about their cold-weather habits and make detailed drawings of some of their unique features - feathers, eyes, and feet. Art supplies will be provided. Feel free to bring your own sketchbook and pencil. Call 703-228-3403 to register. Meet at Gulf Branch Nature Center, 3608 Military Road. \$5 fee due upon registration. Program #622823-S.

## THROUGH DEC. 31

**Art Exhibition.** An exhibition called Illuminations is offered at Northern Virginia ART Center. Artists bring creations in the form of glass, sculpture, painting, drawing, jewelry and ceramics. At 2100 Crystal Drive. Call 571-483-0652 or visit [www.novaartcenter.org](http://www.novaartcenter.org).

**Exhibition.** Metrosapes: NOVA/DC is an exhibit that involves artists looking closely at the everyday landscape around us. Artists are invited to paint familiar scenes, and those that depict everyday life as we know it in the Metro area. At 2100 Crystal Drive. Call 571-483-0652 or visit [www.novaartcenter.org](http://www.novaartcenter.org).

## THROUGH JAN. 1

**Light Show.** Enjoy a light display and help homeless animals. Tom & Jo’s Light Display is located at 5612 24th St. North. The show runs Sunday through Thursday from 6-10 p.m., Friday and Saturday from 6-11 p.m. The show is run by one computer and six Light-O-Rama controllers and consists of almost 10,000 lights. Tom and Jo will be collecting donations for the Animal Welfare League of Arlington at the light show. Cash and various pet donations will be accepted. Dry and canned food, pet beds, toys, etc, can be placed in the bin provided, while cash and check donations can be placed in the secure donation box on the left side of the yard.

## WEDNESDAY/JAN. 2

**Adult Bird Walk.** 9-11 a.m. For adults. Free. Join members of the Northern Virginia Bird Club for an informal walk through Long Branch and Glencarlyn Parks in search of resident and migratory birds. Experienced and beginning birders welcome. Bring binoculars and field guides. Call 703-228-6535 to register. Meet at the parking lot at Long Branch Nature Center, 625 S. Carlin Springs Road. Program #622943-E.

**Gemstone Club.** 4-5 p.m. For children age 7-11. Register children only. Budding geologists and gem lovers are invited to join for a year’s worth of fun and collecting at the Gemstone Club. Attend the Garnet session to learn about birthstones and the alternate stones. There will be



# HOLIDAY ENTERTAINMENT

polished gems and uncut crystals to examine. Find out about the geology, mining, legends, and literature for each gem. All participants will take home a beautiful gemstone in a protective display box. Collect a year's worth of gems, as well as an attractive color photo card to go with each month's birthstone. Call 703-228-3403 to register. Meet at Gulf Branch Nature Center, 3608 Military Road. \$10 fee due upon registration. Program #622823-C.

## FRIDAY/JAN. 4

**Stand-Up Comedy.** David Alan Grier, from "In Living Color," "DAG," and "Life with Bonnie," will perform at Arlington Cinema & Drafthouse, 2903 Columbia Pike, at 7:30 p.m. and again at 9:50 p.m. \$25. Visit [arlingtondrafthouse.com](http://arlingtondrafthouse.com) for tickets.

## SATURDAY, JAN. 5

**Gemstone Club.** 10:30-11:30 a.m. For children age 7-11. Register children only. Budding geologists and gem lovers are invited to join for a year's worth of fun and collecting at the Gemstone Club. Attend the Garnet session to learn about birthstones and the alternate stones. There will be polished gems and uncut crystals to examine. Find out about the geology, mining, legends, and literature for each gem. All

## Woodland Reveries

**Woodland Reveries: Photos of East Tennes-**  
**see by Tammie**

**George, runs through Jan. 3, 2013 at Cherrydale Branch Library, 2190 Military Rd. Call 703-228-6330. Monday and Thursday: 10 a.m.-9 p.m.; Tuesday and Wednesday: 1-9 p.m.; Friday and Saturday: 10 a.m.-5 p.m. Free.**

participants will take home a beautiful gemstone in a protective display box. Collect a year's worth of gems, as well as an attractive color photo card to go with each month's birthstone. Call 703-228-3403 to register. Meet at Gulf Branch Nature Center, 3608 Military Road. \$10 fee due upon registration. Program #622823-D.

**Stand-Up Comedy.** David Alan Grier, from "In Living Color," "DAG," and "Life with Bonnie," will perform at Arlington Cinema & Drafthouse, 2903 Columbia Pike, at 7:30 p.m. and again at 9:50 p.m. \$25. Visit [arlingtondrafthouse.com](http://arlingtondrafthouse.com) for tickets.

## SUNDAY/JAN. 6

**History Talk.** 5 p.m. at

Arlington Central Library, 1015 N. Quincy St. Mary Doering, a costume expert at George Mason University, will speak on women's clothing during the Civil War era. Her presentation will include a display of examples of authentic clothing from the time period. Free. 703-228-6334.

## THROUGH JAN. 6

**Theater: "A Trip to the Moon."** From D.C. theater artist Natsu Onoda Power, this original piece is based on the 1902 silent film by Georges Méliès. 8 p.m. Wednesday through Saturday, 2 p.m. on Sunday. \$35-55. At Crystal City Theater located at 1800 S. Bell St. Crystal City. Call 800-494-8497 or visit [www.synetictheater.org](http://www.synetictheater.org).



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Church of The Brethren...703-524-4100  
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## ONGOING

**Yarn Bomb Meet-ups + Stitch Session.** Wednesdays through February, 6-9 p.m. Free. Create a yarn bombing temporary public art project in Rosslyn. Meet other knitters at Town Hall, 1901 N. Moore St. All ages and experience levels are welcome. Free. Visit <http://pinklineproject.com>. No meet-up on Dec. 26.

**Holiday Music at Rosslyn Metro.** Enjoy the sounds of the season during your commute as musicians perform holiday favorites at Rosslyn Metro every Monday, Wednesday and Friday in December from 4:30-6:30 p.m. Coordinated by Mitchell's Entertainment and sponsored by the Rosslyn BID.

**W3fi: A Digital Experience Revealing The Connections Between Our Online + Offline Selves.** Free. At Terrace Gallery. Artists Chris Coleman and Laleh Mehran transform the Terrace Gallery into an immersive digital installation, using multiple projections mapped specifically for the space. W3FI animates the walls with ideas and real-time information gathered from Artisphere visitors and the region at large. Artisphere is located at 1101 Wilson Blvd. Call 703-875-1100 or visit [www.artisphere.com](http://www.artisphere.com). Through Jan. 20.

## Art On The Art Bus: Hand Drawn

**Bazaar.** Free. Elizabeth Graeber creates work for Art On The Art Bus at Works in Progress Gallery in Artisphere located at 1101 Wilson Blvd. Call 703-875-1100 or visit [www.artisphere.com](http://www.artisphere.com). Onsite residency hours are Wednesday and Friday from 5:30-10 p.m. through Feb. 3.

## WEDNESDAY/DEC. 19

**Holiday Show.** 8 p.m. at Ballston Common Mall, 4328 Wilson Blvd. Free. Songs by Potomac Harmony Chorus.

## THURSDAY/DEC. 20

**The Dark Side Of The Earth: A Special Solstice Sonic.** Polish those dancing shoes and get ready for some traditional American dancing with loud, high energy music perfect for brightening up the dark winter night. Dance lessons start at 7:30 p.m.; Live music and dance are from 8-11 p.m. \$8. In the Ballroom in Artisphere, 1101 Wilson Blvd. Call 703-875-1100 or visit [www.artisphere.com](http://www.artisphere.com).

## FRIDAY/DEC. 21

**Scrooged.** 8 p.m. \$8. A modern twist on Charles Dickens' classic holiday tale A Christmas Carol, Bill Murray stars as a cynically selfish TV executive, Frank Cross, who gets haunted by three spirits bearing lessons on Christmas Eve. Artisphere is located at 1101 Wilson Blvd. Call 703-875-1100 or visit [www.artisphere.com](http://www.artisphere.com).

## SATURDAY/DEC. 22

**It's A Wonderful Life.** 8 p.m. \$8. George Bailey spends his entire life giving up his big dreams for the good of his town, Bedford Falls. On Christmas Eve, he is broken over the plotting of the evil millionaire, Mr. Potter.



## 'It's A Wonderful Life'

George Bailey spends his entire life giving up his big dreams for the good of his town, Bedford Falls. On Christmas Eve, he is broken over the plotting of the evil millionaire, Mr. Potter. Discouraged and wishing he had never been born, his guardian angel falls to Earth and shows him how his town, family and friends would turn out if he had never been born. Jimmy Stewart stars in this holiday classic, listed by the American Film Institute as the most inspiring film of all time. Saturday, Dec. 22 at 8 p.m. \$8. Artisphere is located at 1101 Wilson Blvd. Call 703-875-1100 or visit [www.artisphere.com](http://www.artisphere.com).

## Go Dancing

At the Ballroom at Artisphere, 1101 Wilson Blvd., Arlington. Call 703-228-1850.

**Salsa Tuesdays.** 7:30-8:30 p.m. dance class; 8:30-11 p.m. dancing.

**Dance Wednesdays.** 7:30-8:30 p.m. dance classes; 8:30-11 p.m. dancing. Tickets are \$15/\$12 at door. On Wednesdays, dance at Artisphere to zydeco, cajun, rock, R&B and swing.

**11:01 Saturday Nights.** Starts at 11:01 p.m. Late-night dance party. Tickets are \$15/\$12 students.

Discouraged and wishing he had never been born, his guardian angel falls to Earth and shows him how his town, family and friends would turn out if he had never been born. Jimmy Stewart stars in this holiday classic, listed by the American Film Institute as the most inspiring film of all time. Artisphere is located at 1101 Wilson Blvd. Call 703-875-1100 or visit [www.artisphere.com](http://www.artisphere.com).

## THROUGH DEC. 23

**Project 2012.002r.** Free. Local arts transform Artisphere's Education Lab into a site specific new media installation entitled Project 2012.002r, which explores emotional disconnectedness and the act of the search, addressing the experience of distance between people in society, both literal and social. Project 2012.002r will be accompanied by a short explanatory film and slideshow that shows the artists' process in the Bijou Theater directly across from the installation. At Education Lab + Bijou Theater in Artisphere located at 1101 Wilson Blvd. Call 703-875-1100 or visit [www.artisphere.com](http://www.artisphere.com).

## SATURDAY/DEC. 29 & JAN. 12, 26

**Elizabeth Graeber Hand Drawn Bazaar.** 5:30-10 p.m. Graeber has created a flea market of her original work in the WIP Gallery. During her residency, she will be making placards to display on Art on the Art Bus while creating and selling new work in her Hand Drawn Bazaar. The space will be transformed into a flea and farmer's market theme with silk screened cards, postcards, stickers and ephemera. Items are available to purchase at the Terrace



## Scrooged

Friday, Dec. 21 at 8 p.m. \$8. A modern twist on Charles Dickens' classic holiday tale "A Christmas Carol," Bill Murray stars as a cynically selfish TV executive, Frank Cross, who gets haunted by three spirits bearing lessons on Christmas Eve. \$8. Artisphere is located at 1101 Wilson Blvd. Call 703-875-1100 or visit [www.artisphere.com](http://www.artisphere.com).

Gallery desk. Artisphere located at 1101 Wilson Blvd. Call 703-875-1100 or visit [www.artisphere.com](http://www.artisphere.com).

McNeely paints in oil and water-based media, creating award-winning abstracts, mixed media works and expressionistic paintings.

## THROUGH JAN. 5, 2013

### Roberto Bocci's Streams + Spaces.

Free. At Mezz Gallery. Roberto Bocci's Streams + Spaces in Between is a portrait of the distance between two geographical locations. A 100-foot experimental panorama maps the distance between Arlington and Washington, D.C. and relocates urban environments within the art gallery. Opening reception is Thursday, Nov. 1, from 5:30-7:30 p.m. The artist talk with Don Russell, Juror at 6 p.m. Artisphere is located at 1101 Wilson Blvd. Call 703-875-1100 or visit [www.artisphere.com](http://www.artisphere.com).

## THROUGH JAN. 11

**Art Exhibition.** "Bold Expressions" by Rebecca Kirtland McNeely will be on view at Piola, 1550 Wilson Blvd.

## Farmers Markets

**Clarendon Farmers Market.** Year-round, has locally produced breads and pastries, organic vegetables, flowers, soap, sorbet and more. Saturdays and Sundays, 8 a.m.-12 p.m. at Courthouse Parking Lot, 3195 North Wilson Blvd., Arlington. Also year-round on Wednesdays from 3-7 p.m. at Clarendon Metro Station. Visit [www.Clarendon.org](http://www.Clarendon.org). Call 703-812-8881.

**Arlington Farmers Market at Courthouse.** Adjacent to the Arlington County Courthouse Parking Lot, at the intersection of N. Courthouse Road and N. 14th St. in Arlington. This is a 'producer only' market with more than 30 producers. Saturdays from 8 a.m. to noon, year round. No dogs are allowed in the market.



# Wakefield Improves, Still Falls Short Against TC

**Teams honor historically black schools with throwback jerseys.**

BY JON ROETMAN  
THE CONNECTION

**F**or the second straight season, the Wakefield boys' basketball program put forth an improved performance during its annual "throwback" game against T.C. Williams.

Unfortunately for the Warriors, improvement has yet to translate to a victory.

Dressed as the Hoffman-Boston Trojans as a way of honoring the historically black Arlington school, Wakefield pulled to within three points on multiple occasions during the fourth quarter. The Warriors couldn't complete their comeback, however, and fell, 56-48, to T.C. Williams, which was dressed as the Parker-Gray Bulldogs, on Dec. 15 at T.C. Williams High School.

The two teams started the event during the 2010-11 season. T.C. Williams honored Parker-Gray, a historically black school in Alexandria, by building a 33-point lead and cruising to a 63-40 victory.

Wakefield head coach Tony Bentley said the Warriors played "scared" of a Titans team, led by head coach Julian King, which eventually won the Northern Region title.



**Wakefield's Khory Moore scored a team-high 22 points during a 56-48 loss to T.C. Williams on Dec. 15.**

Last season, TC won, 69-58.

On Saturday, Wakefield had the ball with a chance to tie in the fourth quarter, but came up short.

"I thought we played well in the second half," Bentley said. "We came out and executed a few things. ... We just couldn't get a bucket. We had good looks at tying it up [and] good looks at cutting it to one."



**Wakefield's Ermias Nega scored 14 points against T.C. Williams on Dec. 15.**

Senior guard Khory Moore carried Wakefield for the first three quarters and finished with a team-high 22 points. Moore had been forcing shots in recent games, Bentley said, but the coach was pleased with Moore's willingness to attack the basket against the Titans.

Senior guard Ermias Nega entered the game averaging 21.4 points per contest,

according to stats from the Washington Post's Web site. Nega managed just seven points through the first three quarters, but closed the game with seven in the fourth quarter to finish with 14.

Nega did not play high school basketball during his sophomore and junior seasons due to off-the-court issues. Saturday's game was likely a learning experience for the Wakefield standout as Bentley said the crowd was the largest Nega had experienced as an athlete.

Marqua Walton scored five points for Wakefield, Jalen Carver finished with four and Dominique Tham added three.

Javon Wilson led TC with a career-high 22 points.

TC made six 3-pointers in the first half and led, 30-25, at halftime. The Titans increased their lead to nine, but Wakefield went on a 7-0 run to cut the margin to two at 36-34 with 1:42 remaining in the third quarter.

The Titans would build their advantage back to eight and led by at least three for the remainder of the contest.

Bentley told the Warriors to look at the game as a "glorified scrimmage." He said "TC is a powerhouse" and facing the Titans is a good way for the Warriors to gauge their talents.

"I like our chances further," Bentley said, "as we continue to play together."

Wakefield, which fell to 4-2, will travel to play The Heights School in Potomac, Md., at 7 p.m. on Tuesday, Dec. 18.

## Wakefield Girls Nearly Overcome Double-Digit Deficit

**T**he Wakefield girls' basketball team trailed T.C. Williams by 10 points at halftime of their Dec. 15 "throwback" game at T.C. Williams High School. The Warriors chipped away and twice pulled within two in the second half, but Wakefield fell short, 31-27.

A free throw by Wakefield's Kaitlyn Lyon pulled the Warriors within two at 29-27 with less than a minute remaining in the fourth quarter. Moments later, an official whistled Wakefield for a technical foul for touching the ball while it was in the hands of a T.C. Williams inbounder. Rejoice Spivey made a pair of free throws for the Titans and TC held on for the victory.

Michelle Noel led Wakefield with 10 points.

Spivey and Baylee Simpson each had 11 points for TC.

Wakefield (3-3) will host



**Wakefield's Michelle Noel (20) scored a team-high 10 points during a 31-27 loss to T.C. Williams on Dec. 15.**

Forestville at 7 p.m. on Wednesday, Dec. 19.

— JON ROETMAN

## After Weekend Meets, Yorktown Swim And Dive Teams Remain Undefeated

**T**he Yorktown swim and dive teams had two meets this past weekend. On Friday, Dec. 14, the teams faced Mount Vernon at the Yorktown pool. The girls won with a score of 231-77 and the boys won with a score of 229-68. On Saturday, Dec. 15, the teams returned to Yorktown to swim against Hayfield, where the girls won with a score of 233-82 and the boys won with a score of 189-126.

The boys won their meet against Mount Vernon with first-place finishes in every event. Max Fish was a double winner with first-place finishes in the 100 fly and 100 breast events. Individual wins came from Andrew Loranger (200 free), George Cranwell (200 IM), Hunter Simmons (diving), David Emson (50 free), Jason Henley (100 free), Shahan Jayasinghe (500 free) and Jacob Larsen (100 back). The boys also won the three relay events: 200 medley relay (Jayasinghe, Fish, Emson and Brady Almand); 200 free relay (Tim Aldinger, Emson, Fish and Almand); and 400 free relay (Aldinger, Henley, Henry Love and Larsen).

The girls won their meet against Mount Vernon with 11 out of 12 first-place finishes. Individual wins came from Elizabeth Romano (200 free), Abigail Young (200 IM), Mason Nassetta (diving), Kirby Nassetta (50 free), Ellie Belilos (100 fly), Kaitlin Luncher (100 free), Grace Greenwood (500 free) and

Michaela Morrison (100 back). The girls also won the three relay events: 200 medley relay (Young, Dolan, Belilos and Kirby Nassetta); 200 free relay (Amanda Didawick, Suzanne Dolan, Belilos and Young); and the 400 free relay (Young, Mason Nassetta, Didawick and Belilos).

In the Hayfield meet, the boys relied on many second- and third-place finishes to win with first-place finishes in only five of the 12 events. Individual winners were Fish (200 free), Simmons (diving), Cranwell (500 free) and Henley (100 back). The boys also won the 400 free relay (Aldinger, Almand, Emson and Fish).

In the Hayfield meet, the girls placed first in 11 of 12 events. Double winners were Young (200 IM and 100 back) and Dolan (50 free and 100 free). First-place finishes also came from Greenwood (200 free), Kirby Nassetta (100 fly), Katherine Lundy (500 free) and Morrison (100 breast).

The girls also won their relay events: 200 medley (Young, Rachel Robertson, Didawick and Belilos); 200 free relay (Lundy, Mason Nassetta, Kirby Nassetta and Sydney Stocks); and 400 free relay (Young, Belilos, Didawick and Dolan).

The Yorktown Patriots return to the pool on Friday, Jan. 4, with a meet against Stuart at the Yorktown pool. The meets begin with diving at 6:30 p.m.



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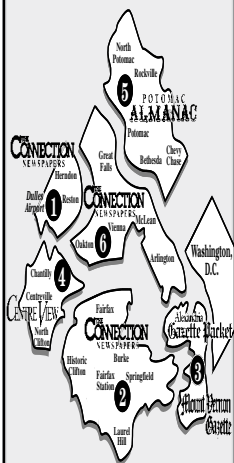
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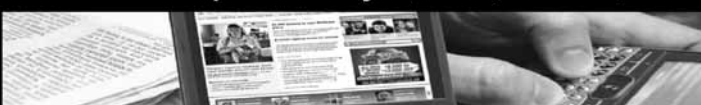
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## Touching For Sure, But Not Always



By KENNETH B. LOURIE

Usually, but not always, when I show for my scheduled post-chemotherapy/post-scan appointment with my oncologist, I am physically examined (touching, feeling). Recently, due to some enhanced computer and facility upgrades, I was shown the actual scans, digitized. However, on more than one occasion over the last 18 months or so, after we discussed the results of my most recent CT Scan – and lab work, no physical exam was performed. Apparently, as I later learned, the good results from my scan sort of trumps any need to feel for physical manifestations. Meaning, that if the scan shows no tumor growth or movement, it stands to reason – medically speaking, that corollary-type symptoms/indications/abnormalities would not occur/be present. To simplify even more, there's no need for a "pre-operative grope," to quote Dr. Hawkeye Pierce from an episode of M\*A\*S\*H, if the diagnostic test shows there's nothing to "grobe."

On balance then, the doctor's not examining me is good news, generally, presumably; at least that's how he explained it to me. It's a professional version of "Why bother?" There's nothing to see so he doesn't have to take a look. I can live with that. Still, I remember the first appointment I had with my oncologist when he didn't examine me (he always asks questions though); before I sort of realized that I hadn't been examined, I was already in my car driving home. I said aloud to my wife, Dina: "He didn't even examine me!" I felt cheated somehow, as if I didn't get my co-pay's worth. I called my nurse the next day to complain and express my curiosity/anxiety about why it was that my oncologist had not touched/ tested me for any physical reactions/signs as he had on all previous appointments.

My doctor did not call back if I recall, but I believe my nurse did, with some tepid reassurance. However, on my next appointment with my oncologist, we discussed the reason why I hadn't been examined during the previous appointment. He said there is a debate within the medical profession about this very subject. If the scans are encouraging and show no appreciable tumor growth and/or movement, the patient's body will likely not exhibit any signs to the contrary. Ergo, physically examining the patient is sort of redundant. However, my concern that something wasn't done to me (physically examined by my doctor) is not uncommon, my doctor said, and causes patients to have a not-unexpected reaction: skepticism. The perception by us patients is that the doctors are not in fact doing everything they're supposed to be doing, "Hippocratically" speaking. The doctors might know better, and know the facts, but when dealing with us patients, there are feelings to consider. And if the patient's feelings are not considered during this fairly intimate doctor-patient relationship, then the facts, clear as they may be, may fall on deaf ears. This is the quandary – as it was explained to me; examine a patient who you know (from their most recent diagnostic scan) is not experiencing any negative reactions (to their disease) or, don't examine the patient and cause a negative emotional reaction by not physically examining them. And as any of us terminal patients will attest, there's a fine line to be straddled between positive and negative thoughts and interpretations and how they affect the patient. Maybe, reassuring the patient might be more important than following protocol?

As much as I want to be a patient patient, the longer I survive, the more impatient and paranoid I'm becoming. I want to enjoy the good news, really I do, but sometimes I can't. Damn cancer.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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