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THE COUN AGE

January 10–16, 2013

RGIN Pounds of Food Parents Plead for

Fairfax Station * Clifton * Lorton

1742

Delay in

Training

Center

Page 8

Local state delegates and state senators gathered at the Fairfax County Government Building on Saturday for an annual public hearing of the elected state officials in order to hear from their Northern Virginia constituents.

Comedic Wit and

Wisdom Fills the

Boy Scouts

Collect 3,200

Workhouse

News, Page 5

Entertainment, Page 11



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The County Line



Northern Virginia residents had an opportunity to speak in front of their local elected officials of the Virginia General Assembly on Saturday during an annual Public Hearing of the Fairfax Delegation: 77 residents took the opportunity to speak about things that concern them, their families and communities.

Parents Plead for Delay in Training Center Closing

Timeframe for closure puts disabled adults at risk, advocates say.

> By Victoria Ross The Connection

hen it was Kenneth Gans' turn to speak to the panel of Virginia state legislators, the 78-year-old father of a severely-disabled son kept his remarks brief.

"This is absolute madness, a bloody disaster," Gans said, shaking his head. "You're going to fix a problem by destroying a perfectly good place," Gans told lawmakers, referring to the closing of the Northern Virginia Training Center, where his son Jeffrey, 53, has lived for more than 40 years.

He was among nearly 25 parents, caregivers and stakeholders to plead with legislators to reconsider the timeline for closing the center, a state-run facility on Braddock Road that houses nearly 200 residents. The center is scheduled to close in 2015.

"We consider NVTC a miracle, a blessing," Gans said. "My son Jeffrey is 53, but he will remain an infant the rest of his life. My greatest fear is that he will not survive for long in a group home," Gans said.

The annual public hearing, held Saturday at the Fairfax County Government Center, gives any constituent the opportunity-in three minutes or less-to lobby Fairfax County's delegation to the General Assembly.

During Saturday's public hearing, 77 residents addressed the panel for nearly four hours on an array of topics. Fairfax County Board of Supervisors Chairman Sharon Bulova, who opened the public hearing, stressed the county's need for additional funding for education and transportation.



Kymberly DeLoatche and her son Charlie wait for their turn to testify in front of the Fairfax Delegation to the Virginia General Assembly on Saturday during an annual public hearing of the area's state elected officials. DeLoatche urged lawmakers to reform the Medicaid waiver program.

"As you know, K-12 and transportation continue to be key funding issues for Fairfax County," she said, reiterating that Governor Robert McDonnell's proposed \$48 million in transportation funding is "nowhere near enough to solve the commonwealth's transportation problems.'

"In Fairfax County alone, we have identified \$300 million in transportation needs annually for the next 10 years," she said.

John Horesji, coordinator for Social Action Linking Together (SALT), asked lawmakers to support a number of social policy reforms to help the state's most vulnerable residents. He said SALT's priorities include the expansion of Medicaid and banning the practice, through legislation, of shackling pregnant women in Virginia prisons.



Del. Vivian Watts (D-35) and state Sen. David Marsden (D-37) read over information provided by speakers at a public hearing on Saturday morning.

Helen Kelly, a representative for the League of Women Voters of the Fairfax Area, pressed lawmakers to consider no-excuse absentee voting and online voter registration.

"Our vote is our voice. Let's make sure Virginia's voices are heard," Kelly said.

But a recurrent topic for nearly half the speakers concerned the closing of the NVTC. They want legislators to slow down the timeline for shuttering the center, and to increase funding for Medicaid disability waivers. The waivers help families pay for medical services and equipment for those with intellectual or developmental disabilities.

The closing of NVTC is not a surprise.

LAST JANUARY, the Commonwealth of Virginia and the U.S. Department of Justice reached a settlement to close all but one of the state's training centers for the developmentally and intellectually disabled. At the time, Supervisor John Cook (R-Braddock) and Chairman Bulova released a statement saying the county supports "community-based care," but that it was "critical in this regard that sufficient funding is provided in order to make the transition successful."

The question now, according to parents and stakeholders, is whether the state has sufficient funding to provide that quality community-based care.

"The waivers provide funding for services, but the state does not fund the waivers at a high enough rate to meet costs in the Northern Virginia market..." said Cook, whose district includes the NVTC facility. "We believe that state needs to increase the level of funding for the waivers."

Rikki Epstein, executive director of the ARC of Northern Virginia, echoed Cook's sentiments. She told legislators that while Virginia's settlement agreement with the DOJ "provided us with a historic opportunity to reform the entire disability support structure in Virginia," funding for disability waivers also needed reform.

Epstein urged the delegation to vote for waiver rate reforms that reflect "real and regional costs of providing services, so families can hire attendants who are able to stay on the job and to allow providers to support individuals with the most complex needs." She said more than 10,000 Virginians will be stuck on waiting lists for the next decade unless the state provides "more waivers than the DOJ settlement requires."

Kymberly DeLoatche, a Falls Church resident, told lawmakers about her family's struggles with Medicaid waivers while standing with her 9-year-old son Charlie, who has Down syndrome. She said the current Medicaid waiver program does not provide consistent, adequate care for her son. She told legislators that in the seven years her family has qualified for Medicaid waivers, Charlie has received just three weeks of the 24-hour daily care he needs.

"It sounds crazy, and it is. My job and my sanity depend on your actions," she told legislators.

Vienna resident Jack Bruggeman told legislators his family is "reluctantly facing a new reality" regarding moving his sister Cathy, an NVTC resident for 30 years, to a new community home.

He gave legislators copies of a December letter from Mark Sites, chair of the Fairfax-Falls Church Community Services Board (CSB), which provides services for 88 individuals living at NVTC, that raises questions about the state's timeline for closing the NVTC.

"I am holding in my hand two letters," he told the delegation. "One I received just last Friday from Heidi Dix, (the state's assistant commissioner of developmental services.) In her three-page letter, Ms. Dix outlines an elaborate placement process for the transi See Closure, Page 5

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Miranda See and Davis Ford

Miranda See and Davis Ford Wed

Miranda Nicole See and Davis Earle Ford exchanged vows and held their reception with dinner on Friday, Dec. 21 at The Tower Club in Vienna. Samantha Atwell, the bride's sister, served as the maid of honor and Luke Griffin, the groom's cousin, served as the best man. The bride is the granddaughter of Deloris See of Centreville. The groom is the son of Carol and David Ford of Fairfax Station.

Miranda is currently stationed at Fort Leonard Wood, Mo. Davis is finishing his undergraduate degree and will join his bride at her next duty station. The couple will reside wherever the Army sends them.



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From Page 2

South County to Host Mr. Stallion Event

South County High School Class of 2015 Student Government Association will be hosting the Fifth Annual Mr. Stallion, a male beauty pageant, on Thursday, Jan. 17 from 7:30-9:30 p.m. Twelve young men, including 2011 winner Mark Gavino and 2012 winner Brent Bainwol will be competing in this year's event. The evening will consist of spirit wear, talent, formal wear and question and answer portions. There will also be a brief intermission where concessions will be sold.

Tickets can be purchased at the doors of the Dale S. Rumberger Auditorium located at 8501 Silverbrook Road in Lorton for \$5.

Participants: Christian Alvardo, Brent Bainwol, Desniq Campbell, Mason Edwards, Mark Gavino, Christian Glover, Angel Hernandez, Warner Hunter, Maurice Hymes, Karim Ismail, Khave Konteh and Jeremy Thomas.

Centeredbeing Studio Opening

Suzie Carmack, a researcher in health communication and kinesiology (movement science) who has been training yoga and Pilates trainers worldwide since 2003, recently opened the centeredbeing studio in the Shoppes of Lorton Valley. The studio held a free community open house on Jan. 1, 2013 to honor the New Year's Holiday. The day featured free yoga and Pilates demonstrations as well as a wellness workshop that integrates movement and essential oils.

A Lorton resident since 2001, Carmack decided to bring her research-based style of Pilates and Yoga—centeredbeing—back to her family's backyard.

Centeredbeing started as a movement and mindfulness curriculum in 2008, and has grown to reach over 16,000 people in 91 countries through a "move at your desk" Youtube campaign that was recently featured by the Washington Post.

Centeredbeing Studio is located at 8971 Ox Road, Suite 170, Lorton. The studio is located next to the Exquisite Jewelers and the Quiznos Subs in the Lorton Center Shopping Center.

News

Closure Timeline Questioned

"You're going to fix a

perfectly good place.

a bloody disaster."

problem by destroying a

This is absolute madness,

Kenneth Gans, a McLean resident

resident for more than 40 years.

whose son, Jeffrey, has been an NVTC

From Page 3

tion of current residents of NVTC to community placements. This will be done starting July 1 of this year and continue into 2015..."

"I also have another letter," Bruggeman continued "addressed to Governor McDonnell in which [CSB Chair Mark Sites] says there is not enough funding or enough time to develop ad

or enough time to develop adequate capacity and services for the transitioned resident of NVTC. So which of these two letters do I trust?"

He has a point, said Del. David Bulova (D-37).

"There is a lot of concern and discomfort among legislators about plans to close NVTC, especially on a very tight deadline," Bulova said after Saturday's session. "While I strongly support increasing community-

based services, we also do everyone a great disservice if we close NVTC without the proper support and oversight to make sure that the level of care is equal, if not greater, than what is received at NVTC."

Bulova said that he has been working on a resolution with Sen. Barbara Favola (D-31) and Del. Eileen Filler-Corn (D-41) that would provide more General Assembly oversight for the transition process, including establishing some benchmarks for what would make families comfortable with moving forward. "If those benchmarks aren't being met, and adequate funding hasn't been dedicated, we really have an obligation to also re-examine the timeline for closure...No artificial deadline is important enough to put any NVTC resident at risk. The purpose behind the DOJ settlement was for Virginia to make

much needed investments in our community-based services, not to take away choices."

ANOTHER CRITICAL IS-SUE, according to Cook, is that the community group homes for NVTC residents

simply do not exist. "The state has not developed a plan for creating them," Cook said. "It takes \$1 to \$1.5 million to convert a regular house to a group

home that is fully accessible and has all the necessary equipment to serve this population."

"Our system ought to be designed to provide a continuum of care that is appropriate to each individual. That definitely means change," Bulova said. "I believe that there is room for common ground—and that is what I am aiming for during the General Assembly session."

The General Assembly's 2013 session begins Wednesday in Richmond.





OPINION More Fodder for Comedy?

2013 session of the Virginia General Assembly will tackle serious issues.

he 2013 30-day session of the Virginia General Assembly begins on Wednesday, Jan. 9. We can only hope that the various legislative proposals do not provide as much fodder for comedy as last session. The Virginia House of Delegates and the Senate of Virginia will offer live streaming video of the 2013 Legislative Sessions, and it is well worth tuning in once or twice.

The General Assembly typically considers between 2,000 and 3,000 bills during a session. It's like drinking from a firehose. There will be proposals about revenue and lack thereof, transportation and education funding, bills proposing to allow concealed weapons in schools, bills to allow civil penalties against gun owners who fail to secure their guns, bills that would limit access to insurance coverage for contraception, bills to further limit abortion, bills about undocumented immigrants, and other bills beyond imagination.

Every resident of Virginia is represented by one delegate and one state senator. You can find out who your representatives are, and look up what they actively propose and how they vote on the General Assembly website at http:// /virginiageneralassembly.gov

Here is a sample of bills local legislators have prefiled as chief patron.

- Del. Dave Albo (R-42), Seventh and eighth grade end-of-course mathematics Standards of Learning assessments; calculator use prohibited. Prohibits students in the seventh and eighth grades from using any calculator on any mathematics Standards of Learning assessment. The bill also provides that no eighth grade student who fails to receive a passing grade on the end-of-course mathematics assessment shall be placed in an Algebra I course, or a more advanced mathematics
- course, in the ninth grade. Del. David Bulova, Landlord and tenant laws; Virginia Residential Property Disclosure Act; disclosure of methamphetamine laboratory; remedy for nondisclosure. Requires a landlord of a residential dwelling unit who has actual knowledge that the dwelling unit was previously used as a clandestine methamphetamine laboratory and has not been

cleaned up in accordance with the guidelines established by the Department of Health to provide to a prospective tenant a written disclosure that so states. The bill provides when the disclosure shall be made by the landlord and the remedy for the tenant for nondisclosure. The bill also requires an owner of residential property when selling the property to

make the same disclosure. The bill has a delayed

- effective date of July 1, 2014. Sen. George Barker (D-39): Possession of open container of alcohol in a motor vehicle; penalty. Provides that no person shall possess an alcoholic beverage in the passenger area of a motor vehicle upon a public highway of the Commonwealth in other than the manufacturer's unopened, original container. The bill punishes violators with a civil penalty of \$25. (Barker also proposes license plates for Washington Nationals fans.)
- Sen. David Marsden (D-37): Use of firearm in commission of crime; civil liability. Provides that a person may be held civilly liable for injury to the person or property of another or for wrongful death resulting from the use of a firearm in the commission of a crime if it can be shown by clear and convincing evidence that the firearm came into the possession of the person who committed the crime because of the failure of the civil defendant to adequately secure the firearm from theft or unauthorized possession.
- Sen. Chap Petersen (D-34): Fuels taxes; indexing of tax rates. Increases or decreases each year the rates of Virginia's fuels taxes using a fuel efficiency index. The bill defines the fuel efficiency index as the quotient that is obtained when using as the numerator the total annual vehicle miles traveled in the Commonwealth for the relevant year and using as the denominator the total gallons of motor fuel consumed for highway use in the Commonwealth for the relevant year, as published by the Federal Highway Administration of the U.S. Department of Transportation.

— Mary Kimm, MKIMM@CONNECTIONNEWSPAPERS.COM

Letters to the Editor

Taking Exception On Women's Health

To the Editor,

I read with great interest the January 3-9, 2013 edition of the Connection, because of the interviews with our various local leaders, with regards to their predictions for the "hot topics in 2013."

As a woman, I would like to let Representative Gerald Connolly know that he should fear not, because I do believe that the Virginia General Assembly has done a fine job in protecting me and all of the other women in our state.

As a woman, I am more than capable of speaking for myself with regards to my health and thankfully do not need my representative to speak on my behalf.

Anyone who truly cared about women's health would stop saying that women's access to health care has been restricted. That is simply not true. Neither is it true to refer to an ultrasound exam as "invasive."

Of course Mr. Connolly has never been pregnant, but I venture to guess has he ever witnessed an ultrasound, because if he had, he would know that it is not invasive in the least. I offer as a point of education the definition of the word "invasive," in regards to

matters of health, as given by the Merriam-Webster Dictionary: "tending to spread; especially: tending to invade healthy tissue" or "involving entry into the living body (as by incision or by insertion of an instrument)."

What is invasive is what goes on in these "health clinics." Women are not there for their annual pap smears and breast exams. This is another lie being told. No, the invasive procedure being done is the killing of babies within their mother's womb. It is the ripping and shredding of their little bodies. This is the most invasive procedure in the world.

It takes an innocent human life. One can hardly compare an ultrasound to an abortion. What goes on in these clinics has very little to do with health and well being, for neither the woman nor her unborn child.

As far as "restricting health clinics," one would hardly say that requiring clinics to widen their doorways so that a gurney could easily pass through is restricting. If these clinics actually cared about women's health, they would not hesitate to comply with bringing themselves in line with other healthcare facilities in the state. Many of us are aware of the reality that these clinics are all about making money and that is the bottom line. The most ludicrous and offen-

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religious liberty, who I find to be the biggest threat towards the true betterment of women in Virginia. Transportation Needs Must Be a Priority To the Editor:

> The upcoming 2013 General Assembly Session once again has the opportunity to effectively address and begin the process of alleviating the transportation problems that plague Northern Virginia and other urban areas of the commonwealth. Having lived in Fairfax County since 1980, however, I have seen the yearly sessions of the General Assembly go by with a lot of talk but with few accomplishments. The highway infrastructure continues to crumble and the traffic is becoming increasingly congested. Funding for transportation remains inadequate and it always has a low

sive part of Mr. Connolly's opin-

ion is that he believes that these

were "anti-women laws" and that

my rights as a Virginian woman

were degraded, and not protected.

No, Mr. Connolly, it is men like you

who invoke "women's health," and

assault my intelligence and my

P Jones

Fairfax

priority. I wonder if the 2013 Session can be any different than previous sessions but I really doubt it. Desirable as a new four-lane highway from Petersburg to Suffolk may be (which is questionable), could the \$1.4 billion cost be better used to replace and expand the infrastructure in Northern Virginia or in the Hampton Roads area? Does a streetcar running in the traffic lanes really solve congestion on Columbia Pike or will it just create greater chaos? We need sensible, practical solutions and not just more pie-in-thesky projects that do nothing to solve the commonwealth's transportation problems.

> **Anne Damon** Fairfax

Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

Letters to the Editor The Connection 1606 King St. Alexandria VA 22314 Call: 703-917-6444. By e-mail: south@connectionnewspapers.com



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An independent, locally owned weekly newspaper delivered to homes and businesses

Published by Local Media Connection LLC

1606 King Street Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

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News



Boy Scouts from Clifton Troop 1104 take a break and pose for a picture during their annual food drive event

Boy Scouts Collect 3,200 Pounds of Food

Boy Scouts of America Troup 1104 did volunteer work at their annual food drive event on Saturday, Nov. 10. Troop 1104, along with Cub Scout Pack 1861, collected over 3,200 pounds of food for families in need at the event.



Join us for an Open House and learn more Sunday, January 13, 2013, 1 p.m. RSVP to admission@browneacademy.org

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Republican Women of Clifton Launches 2013 Speaker Program

The Republican Women of Clifton (RWC) will launch its 2013 speaker program with former Congressman Artur Davis talking about the recent election. The meeting will be on Wednesday, Jan. 23, at the Fairview Elementary School, 5815 Ox Road, Fairfax Station. which is a new location for RWC events in 2013. Members and guests are invited to the social hour that will begin at 7 p.m. when refreshments will be served. President Alice Butler-Short will open the business meeting at 7:30, after which Davis will give his talk and answer questions.

"Congressman Davis has a unique insight into where we Republicans find ourselves at the moment, a similar place that Democrats found themselves in 2004 when they felt exactly as we do today," said Butler-Short. "He has some very interesting advice, and we look forward to a lively discussion with Q&A."



Former Congressman Artur Davis will talk about the recent election.

Artur Davis served four terms in the United States House of Representatives from 2003 to 2010, as a nationally respected member of the conservative wing of the Democratic Party. Since December 2010, he and his wife have resided in the Commonwealth of Virginia. In May of 2012, Davis announced that he was joining the Republican Party and was a star at the GOP Convention in August. He is a frequent writer and commentator on national issues.

For more information, visit www.cliftongop.com.



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Home LifeStyle

The 2013 Home and Remodeling Show will feature more than 400 contractors, architects. suppliers and others in the remodeling industry, and will showcase the latest products, services and trends in the industry.



Photos courtesy JILL COLLINS PUBLIC RELAT

Home and Remodeling Show Comes to D.C. Area

Nationally Syndicated Columnist Heloise and local contractors will educate homeowners.

hether you're planning to renovate an entire house, update an antiquated your home, there will be inspiration and ideas aplenty at the 2013 Home and Remodeling Show.

The expo, scheduled for Jan. 18-20 at the Dulles Expo Center in Chantilly, will feature more than 400 remodeling industry experts as well as the trendiest home design products and services.

Some of the biggest names in the home business will attend the show, including Heloise, queen of household hints; nationally syndicated columnist Josh Flagg, the LA real estate mogul and star of Bravo's Million Dollar Listing; and Spike-TV's Mike Baird, who stars in Flip Men. In addition, show-goers will have opportunities to meet with local remodeling experts in one-on-one information sessions.

"Anyone who is thinking about or getting ready to do work on the inside or outside of their home can come to this show and not only talk to experts, but also hear from a pretty interesting slate of headliners," said Jill Collins, of Oak Hill, show spokeswoman.

Details

Chantilly

DULLES EXPO CENTER

4320 Chantilly Shopping Center,

Friday, Jan. 18, 10 a.m.-9 p.m.

Sunday, Jan. 20, 10 a.m.-6 p.m. Adults \$10/\$7 (online)

Children 6-12 years, \$3

Children 5 & under, free

Saturday, Jan. 19, 10 a.m.-9 p.m.

www.homeandremodelingshow.com.

Homeowners will find

many design ideas at

the 2013 Home and

Remodeling Show.

BY MARILYN CAMPBELL "There is a big educational component. You can get THE CONNECTION advice and consulting from the top to the bottom of your house and everywhere in between."

For example, Robert J. Kalmin of RJK Construction, Inc. in Fairfax, who sits on the Board of Direcbathroom, create a more functional tors for the D.C. Metro Chapter of the National Askitchen or simply add more color to sociation of the Remodeling Industry (NARI), will provide an information guide and checklist for those considering home remodeling projects.

> "I am going to be as informative as possible and relay information about making sure consumers have the proper people involved in their project from the design, planning and budget phase," he said.

> Bob Gallagher, president of Sun Design in Burke, will have advice not only on general home design, but also on kitchen trends and design ideas for those who are remodeling a house to accommodate multiple generations.

> "We will have pictures of our projects," said Gallagher. "We are pushing more on the kitchen trends and multi-generational design for people who have people are aging have folks in their home."

> Guy Semmes of Hopkins & Porter Construction Inc. in Potomac, Md., says the show offers homeowners an opportunity to learn the latest trends in home design. "It is a great thing for someone who is planning a remodel. They will learn a lot."



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Unforgettable Spaces

Local designers share their favorite home designs from 2012.

The Connection

ocal interior designers improvement spend their days mixing colors, accessories and furnishings to create chic and stylish rooms. As the new year begins, some local tastemakers look back on some of their most memorable accomplishments

Nadia Subaran of Aidan Design names a light-filled Alexandria kitchen as one of her top accomplishments for 2012. "This ... kitchen was designed for an active family with small children and pets, so it was important to provide spaces where the entire family could gather, such as the breakfast nook and multi-level island," said Subaran.

Storage options abound in the new space, which includes an adjoining butler's pantry. "The ample windows and doors let in plenty of natural sunlight, also important for this busy family," said Subaran.

Evelyn Nicely of Nicely Done Kitchens in Springfield, fell in love with a Fairfax Station, kitchen she

BY MARILYN CAMPBELL completed near the end of 2012. "I'm particularly proud of this one, because the remodel made a huge in the [homeowners'] daily lives," said Nicely. "[It] was not only outdated, but it wasn't functional and it didn't have enough storage."

> The new kitchen now includes a spacious refrigerator, double ovens and a cook-top with six burners. "Updated lighting highlights the custom cabinetry, while interior lighting in the glass cabinets and under cabinet lighting create the overall ambient effect," said Nicely.

Potomac, Md., designer Sharon Kleinman's 2012 masterpiece was the weekend home of a busy fama farmhouse that needed to be completely redone design-wise," said Kleinman. "The client does a lot of entertaining with friends and family, so we gutted the kitchen to make plenty of room for multiple cooks.

light, airy space with granite throughout the home, echoing

and sand. "The prior cabinets were dark wood, but for the new design, we chose cabinets with a creamy finish," continued Kleinman. "We ily that sits on an expansive horse decided to forgo a kitchen table farm in Mount Airy, Md. "This was and instead designed a large island that became the central hub." The curvaceous light fixtures

that dangle above the island are made of iron and thick glass. "They are fun and have a sense of whimsy," said Kleinman. There is also whimsy in the

The remodeled kitchen is now a

counter tops in hues of cream, gray the outdoor scenery.

Home Design and Décor Trends for 2013 Designers predict what we will see in the year ahead.

donating discarded building

materials is growing in popu-

larity: "Instead of demolishing

an existing house and truck-

ing it to a landfill, we have

been dismantling the home and donating the building

parts to charities. Everything

from kitchen cabinets,

counters and sinks, to siding

and windows can be donated."

Potomac-area designer

Nadia Subaran of Aidan Design believes that creative stor-

age spaces will be big in 2013.

"With limited storage space,

displaying utensils is a creative

and functional alternative to

By Marilyn Campbell The Connection

/ hat are the design trends that will define the way we live in 2013? Local tastemakers and design experts break down the trends that will be popular this year.

Potomac, Md., area architect David Benton of Rill Architects says that while architecture is a longterm investment, rather than a passing trend, there are some design and construction techniques that will be in demand in the coming months.

"Sustainable or green design is still growing in popularity as drawer storage," she said. people become more educated on quality windows and LED lights, to close at hand." name a few."

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Courtney Thomas of The Picket Fence in Burke says blue and white can add classic style to almost any room.

"The hanging knife rack in the homeowners in creating rooms multi-functional spaces." the topic," said Benton. "In the butler's pantry is another clever that serve dual purposes. "The tra- The demand for contemporary of décor, like decorative bowls and coming year, we expect clients to storage technique, as well as a ditional living room is becoming design will be on this rise. In the urns in a blue and white color ue to investigate areas of great way to create a visual ele- smaller or has been replaced by the past, traditional architecture has scheme will be popular added energy efficiency. For ex- ment along a wall. Another trend study or library," he said. "Clients been the go-to design of choice in Thomas also says soy candles ample, spray-in insulation, geo- we're seeing is open shelving so want to use every part of their [the Washington-region]," said will continue to be popular. "They thermal heating and cooling, high items are easily accessible and home to get more bang for the Benton. "Now clients are more com- burn clean and last a long time. buck. Rooms that were only used fortable with contemporary design, Floral scents are popular in spring Benton also predicts an in- occasionally or were for show, like not only with the interior layout, but and citrus scents are always big for Benton adds that the concept of creased interest among the living or dining rooms, are now also the exterior. Large expanses of kitchens."



Designers at Nicely Done Kitchens of Springfield used lighting to emphasize "the custom cabinetry, while interior lighting in the glass cabinets and under cabinet lighting create the overall ambient effect," said Evelyn Nicely.

subtle horse theme that runs

The flooring on the home's main top project was the bathroom she level is made from wide-plank, dis- created for the 2012 DC Design tressed wood, and the living room House. "I love the bathroom ... was transformed into a space that because it blends casual comfort serves as both a family room and with casual elegance, while incoran office. "Over the sofa there is a porating many of the design picture of a horse and rider. We used that painting — the bright red riding jacket and the camel colors — as the inspiration for the room," said Kleinman. "The sofa is in a nickel fixtures," said Mann, a herringbone fabric, which we accented with chocolate pillows. We added red leopard print for a little bit of whimsy."

project designer for Case Design/ Remodeling, Inc. "Custom elements such as the window seat and striped walls add elements of

Arlington designer Allie Mann's uniqueness and style."



glass and open interiors will continue to grow in popularity for 2013."

trends I continue to see this year:

subway shower tiles, porcelain

flooring and bright marble

counters paired with polished

When it comes to color, vibrant hues will replace muted tones: "Grey is the new black, and jewel tones like emerald green and fuchsia, mixed in with grays and whites, will be very hot this spring and fall," said Chantilly-based designer Sallie Kjos. "People are going for a much cleaner look, a little more contemporary mixed with traditional."

In the home accents department, Courtney Thomas, of The Picket Fence in Burke says blue and white will be popular this year. "It is a pretty classic

combination," she said. "Any sort

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www.ConnectionNewspapers.com

CALENDAR

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

SATURDAY/JAN. 12 **Hope 4 Kids International:**

- **Buyinza, Uganda**. 5:30 p.m., at New Hope Church, 8905 Ox Road, Lorton. President and Founder Tom Eggum of the organization providing care to children suffering from extreme poverty and disease in Buyinza, Uganda and around the world speaks about Hope 4 Kids on its 40th anniversary. info@hope4kidsinternational.org or
- www.hope4kidsinternational.org. **2nd Saturday Art Walk**. 6-9 p.m. Workhouse Art Center, 9601 Ox Road, Lorton. Meet each building's featured artist, a reception in W-16 from 6-7 p.m. and more.
- www.WorkhouseArts.org. "Drink This!" The Workhouse **International Ceramic Cup** Show. 6 p.m., at the Workhouse Arts Center, Building 8, 9601 Ox Road, Lorton. An exhibition of 70 works offers a delightful taste of the many ways contemporary artists interpret the cup. 703-584-2982 or www.workhouseceramics.org.
- **Chinese Brush Painting.** 6-9 p.m., at the Workhouse in Studio 5 Gallery, 9601 Ox Road, Lorton. Hsi-Mei from Taipei, Taiwan educates the public about the history and unique supplies of Chinese brush painting, explaining the difference between Chinese and Western watercolors at the opening reception; the exhibit is up from Wednesday, Jan. 9 through Sunday, Feb. 3. www.hsimeichinesewatercolor.com.
- The Jokeslingers Comedy Tour. 8 p.m. and 10 p.m., at The Workhouse Theater, 9601 Ox Road, Lorton. The Jokeslingers Comedy Tour features 3 nationally touring headliners on one show. \$20. www.555tix.com

SUNDAY/JAN. 13

- Hope 4 Kids International: Buyinza, Uganda. 9 a.m., 11 a.m., at New Hope Church, 8905 Ox Road, Lorton. President and Founder Tom Eggum of the organization providing care to children suffering from extreme poverty and disease in Buyinza, Uganda and around the world speaks about Hope 4 Kids on its 40th anniversary. info@hope4kidsinternational.org or
- www.hope4kidsinternational.org. Fifth Annual Mr. Stallion. 7:30-9:30 p.m., at South County High School, Dale S. Rumberger Auditorium, 8501 Silverbrook Road, Lorton. A male beauty pageant featuring 12 young men in spirit and formal wear, demonstrating talent and answering questions during portions of the night. \$5. www.fcps.edu/ southcountyhs/.

SATURDAY/JAN. 19

- Concerts from Kirkwood. 3 p.m., at Kirkwood Presbyterian Church, 8336 Carrleight Parkway, Springfield. Award winning pianist Ina Mirtcheva will present "From Opera to Piano"; donations accepted. 703-451-5320 or concerts@kirkwoodpres.com.
- Fairfax Symphony Orchestra: Masterworks IV. 8 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. Conductor Christopher Zimmerman and flautist Christina Jennings perform Mozart's Overture to The Magic Flute, Leshnoff's Flute Concerto, Ives' The Unanswered Ouestion and Brahms' Symphony No. 1 in C minor, Op. 68. \$25-\$55. 703-563-1990 or

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Dancers from the en Route! touring dance project.

Diverse Professional Dance Companies 'en Route!'

en Route! is a touring dance project bringing professional dance artists together to share their work with new dance audiences presented by Next Reflex Dance Collective in collaboration with Furia Flamenca Dance Company, Janaki Rangarajan, Terra Dance Project and Starr Foster Dance Project. A 7:30 p.m. performance on Saturday, Jan. 26 will be at the Workhouse in Building W-3, 9601 Ox Road, Lorton. \$25 general; \$20 for seniors/military; \$10 for youth/students. 703-584-2900 or http://Reservations.workhousearts.org.

www.fairfaxsymphony.org.

SATURDAY/MARCH 9

2nd Saturday Art Walk. 6-9 p.m. Workhouse Art Center, 9601 Ox Road, Lorton. Meet each building's featured artist, a reception in W-16 from 6-7 p.m. and more. www.WorkhouseArts.org

SATURDAY/MARCH 16

Fairfax Symphony Orchestra: Masterworks V. 8 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. Conductor Christopher Zimmerman performs J. Strauss' Emperor Waltz and Tick Tack, Pizzicato, Trisch-Tratsch Polkas and Overture to Die Fledermaus; R. Strauss' Suite from Der Rosenkavalier, Till Eulenspiegel's Merry Pranks and Salomé's Dance. \$25-\$55. 703-563-1990 or www.fairfaxsymphony.org.

SATURDAY/MAY 11

Fairfax Symphony Orchestra: Masterworks VI. 8 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. Conductor Christopher Zimmerman, tenor Brennen Guillory and soprano Joni Henson perform Wagner's "Prelude and Liebestod," Tristan und Isolde and Prelude to Act 3, Lohengrin; Verdi's Overture to La Forza del Destino, Overture to I vespri siciliani, Love Duet Finale Act I Otello, "Dio ti giocondi, O Sposo" Otello, "Dio mi potevi, scagliar" Otello, Willow Song Otello and "Libiamo," La Traviata. \$25-\$55. 703-563-1990 or www.fairfaxsymphony.org.

ONGOING:

Workhouse Farmers Market. 3-6 p.m., at the Workhouse, 9601 Ox Road, Lorton. A producer-only market with locally grown fruits and vegetables, locally raised meats and poultry, and other local foods. www.smartmarkets.org





Rahmein Mostafvi

Cecil Ray

Comedic Wit and Wisdom Fills the Workhouse

By David Siegel The Connection

nce it was a place with the clanging noise of jail bar cells closing, but now laughter regularly wafts through the Workhouse. The source is the liveliness and vigor of stand-up comics of distinct genres and attitudes filling the seats as comedy nights are now a fixture at the Workhouse.

"The Comedy Nights at the Workhouse have been a roaring success and we look forward to them continuing in the new year!" said John Mason, Workhouse CEO.

The Workhouse schedules different comic shows. Some might appeal to audiences that like their comedy adult and sometimes raw, and those who are seeking out Christian comedy appropriate for all ages.

There is Rahmein Mostafavi, bringing his personal insights on life from a mixed ethnic perspective. He has been in the performing arts for the past 15 years and is a former longtime cast member of the long-running murder mystery "Shear Madness" at the Kennedy Center in Washington, D.C. He has even shared the stage with comics such as Tim Meadows.

"Comedy is truthful. I rarely go into the abstract," said Mostafavi. His work involves family, politics, even dashes of ethic observations. He wants audiences "to just laugh. We are telling jokes, laugh."

Mostafvi's Cool Cow Comedy will bring cutting edge, strong, no-holds-barred comedy to the Workhouse on Jan. 18 when he hosts an evening with the likes

Where and When

Comedy Nights at the Workhouse, 9601 Ox Road Lorton, Virginia. For general information call 703-584-2900 or visit workhousearts.org.

♦ Next Cool Cow show, Saturday, Jan. 18, 2013 at 8 p.m. Tickets: \$15. Tickets are sold through www.coolcowcomedy.com only. Note: Due to material, all patrons must be 18 years old to attend the performance.

Next Cecil Ray show, Saturday, Feb. 16, 2013 at 7 p.m. Tickets: \$15. Tickets for the Cecil Ray show are sold through the Workhouse site: www.workhousearts.org.

of Dan St. Germain who has been seen on Late Night with Jimmy Fallon and a newcomer, Gabe Zucker.

A completely different comedy approach will come from Raymond Cecil Chase II known professionally as Cecil Ray. His goal is "to create a venue where Christian comedians can showcase their craft and talents" according to Ray and his producer and wife Tracy.

"The comedy routine is a Christian comedy act, which is suitable for all ages and enjoyable for the entire family. The evening will include a live band as the audience watches a live show in action with Cecil Ray as the host and star with featured local comedian who are invited to his club to perform."

"The act is based on real life and real situations. For the other performers the acts could be a mixture of real life, jokes and stories," noted Ray. "I want the audience to feel like their funny bone has been hit hard and they enjoyed the laughs.

So grab your funny bone and head out to the Workhouse for laughter.

FAIRFAX STATION/CLIFTON/LORTON CONNECTION & JANUARY 10-16, 2013 & 11

FRIDAY/JAN. 25 **Public Opening Reception:**

Collectors Showcase 2013. 6-8 p.m., at the Workhouse in the McGuireWoods Gallery, 9601 Ox Road, Lorton. The fifth annual showcase features work from each artist member of the Workhouse from Saturday, Jan. 26 to Saturday, Feb. 23; see what links artists together and witness the awarding of Best in Show by juror Joann Moser. senior curator of the Smithsonian American Art Museum. www.WorkhouseArts.org.

SATURDAY/JAN. 26

en Route! 7:30 p.m., at the Workhouse in Building W-3, 9601 Ox Road, Lorton. Next Reflex Dance Collective in collaboration with Furia Flamenca Dance Company, Janaki Rangarajan, Terra Dance Project and Starr Foster Dance Project present a touring dance project bringing professional dance artists together to share their work with new dance audiences. \$25 general; \$20 for seniors/military; \$10 for youth/students. 703-584 2900 or http:// Reservations.workhousearts.org.

TUESDAY/FEB. 5

SATURDAY/FEB. 9

2nd Saturday Art Walk. 6-9 p.m.

from 6-7 p.m. and more.

www.WorkhouseArts.org.

Workhouse Art Center, 9601 Ox

Road, Lorton. Meet each building's

featured artist, a reception in W-16

Wakefield Chorale. 7:30-9:30 p.m., at the North Springfield Elementary School, 7602 Herring Court, Springfield. Join the local group of men and women who love to sing; no audition required, meet in school cafeteria. 703-255-3489 or susanp@repole.com.

Sports

Youthful Spartans Avoid **Three-Game Losing Streak**

West Springfield improves to 11-2 after losing standouts Robinson, Battle.

By Jon Roetman The Connection

he West Springfield girls' basketball team had officially blown an 18-point lead when West Potomac guard Tayla Dawson's bucket tied the score at 27-all late in the third quarter of Tuesday's contest at West Springfield High School.

In previous seasons, point guard April Robinson or forward Logan Battle would take control and lead the Spartans to victory. This year, however, both Spartan standouts have taken their abilities to the collegiate level-Robinson to Duquesne, Battle to Georgetown—leaving a young West Springfield team to learn under fire.

On this night, head coach Bill Gibson was without standout forward Amy Berglund, who missed the game due to illness. According to stats from the Washington Post's website, Berglund is averaging 17.6 points per contest, 10 points more than the team's second-leading scorer, Jasmine Taylor. Sixfoot-2 post Lindsey Mares, who started as a junior last season, played sparingly as she returns from a major knee injury suffered last spring during a lacrosse game. The remaining Spartans, including four freshmen, needed to find a way to regain control in

streak in at least nine years. As it turned out, the Spartans would shoot their way to victory from the free-throw line.

order to avoid the program's first three-game losing

WEST SPRINGFIELD scored the final 11 points of the game, all from the foul line, and beat West Potomac, 44-32, on Jan. 8. The teams combined for 51 turnovers—29 by West Springfield—and neither team made field goal in the final six minutes of the game, but West Springfield secured the victory in part by going 26-for-51 at the free-throw line. West Potomac finished 10-of-19 at the line.

After winning its first 10 games, West Springfield lost to South Lakes, 42-34, in the championship game of the IAABO Holiday Classic on Dec. 28. On Jan. 4, the Spartans traveled to Alexandria and lost to T.C. Williams, 56-42, giving West Springfield its first Patriot District defeat since 2009. On Tuesday, the Spartans improved to 11-2, including 4-1 in the district, and avoided a three-game losing streak by beating West Potomac.

"We blew that game against TC," Gibson said. "We gave that to them. That happens. [With] young teams, things like that are going to happen. Tonight, we did a much better job maintaining composure."

The Spartans sure didn't make it easy on themselves.

West Springfield held West Potomac scoreless in the opening quarter and led 18-0 early in the second. But the Wolverines slowly chipped away the lead, trailed by six at halftime and tied the score on 12 Station/Clifton/Lorton Connection Statuary 10-16, 2013



guard position formerly held by standout April Robinson.

Dawson's third-quarter basket. West Potomac trailed 33-32 after a free throw by Maddy Zdebski with 4:37 remaining in the fourth quarter, but the Wolverines would not score another point.

Mares, who scored six points and grabbed two rebounds off the bench, said the last three games have been a learning experience for the youthful Spartans.

"What I think these games have taught us-because they definitely have helped us-is to show that just because we have the West Springfield jersey, doesn't mean we're going to win," she said. "It stinks that we have to lose for our team to realize that, but I know that with

whatever we do, we just have to remember that we're fighting for this and it's not just going to come to us."

Mares tore the anterior cruciate ligament and medial collateral ligament in her left knee during a lacrosse game on April 30. She recently started to see playing time on the basketball court and Gibson said it is likely Mares will eventually rejoin the starting lineup. In the meantime, Mares, who credits her religious faith for eliminating her fear of re-injuring the knee, said it's difficult to watch from the bench during her limited role.

"Every time I see the girls play out there, I want to be out there helping them and contribute to the game," she said. "It's really hard, if we're down or something, it's hard for me to just sit there and try to be encouraging to them because I want to be out there fighting and playing with them."

AGAINST WEST POTOMAC, freshman point guard Shelby Haynes led West Springfield with nine points. Haynes has taken over for Robinson, who is second on the Duquesne women's basketball team in scoring as a freshman and was recently named Atlantic 10 Conference Rookie of the Week.

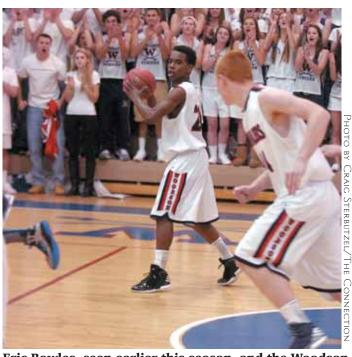
"We're asking a lot out of her," Gibson said. "I told her it's going to be a lot of pressure and I'm going to get on your butt a lot. It's something that she wants to do it and she's got the head to do it, so it's a learning experience for her and she's trying to get better as she goes along."

Freshman forward Taylor scored seven points and grabbed seven rebounds for the Spartans. Junior guard Taylor Samuels scored six points, freshman guard Haley Blankinship scored two points and grabbed five rebounds, and freshman post Maura D'Anna scored three points and grabbed 12 rebounds. "We've got a good group of freshmen," Gibson said.

West Springfield will host Woodson at 7:30 p.m. on Friday, Jan. 11.

"The team is so young and we have so much to learn," Mares said. "... I know we have the skill and the talent, we just need to mentally mature and get our heads together and keep composure when we're in tough games."

Sports Briefs



Eric Bowles, seen earlier this season, and the Woodson boys' basketball team improved to 11-2 with a victory against Lee on Jan. 8.

Woodson Boys' Basketball Improves to 11-2

The Woodson boys' basketball team defeated Lee, 66-45, on Tuesday, improving its record to 11-2, including 5-0 in the Patriot District.

According to stats from the Washington Post's website, Peter Murray led Woodson with 15 points. Tommy Stepka finished with 11 points and Stephen Muldoon added nine.

Woodson has won eight straight since losing to Langley on Dec. 7. The Cavaliers beat Herndon, 64-61, on Dec. 29 to win the Ronald Curry Holiday Classic in Hampton. On Jan. 4, Woodson beat West Potomac, 56-47, to secure sole possession of first place in the district.

As of Tuesday night, Woodson was ranked No. 16 in the Washington Post top 20. The Cavaliers were the only ranked team from the Northern Region.

Woodson will host West Springfield at 7:30 p.m. on Friday, Jan. 11.

Lake Braddock Wins Third Straight

The Lake Braddock boys' basketball team extended its winning streak to three with a 64-58 victory against Annandale

on Jan. 8.

According to stats from the Washington Post's website, Reagan Jones led Lake Braddock with 26 points. Will Gregoritis scored 15 points and Dylan Pergerson finished with 10.

Lake Braddock defeated South County, 68-58, on Jan. 4 and Annandale, 58-45, on Dec. 28 after losing to Hayfield on Dec. 27.

Lake Braddock improved to 8-4 overall and 4-1 in the Patriot District. The Bruins will travel to face T.C. Williams at 7:45 p.m. on Friday, Jan. 11.

Robinson Boys' Basketball Wins a Pair of Concorde Contests

The Robinson boys' basketball team opened the 2013 portion of its schedule with a pair of Concorde District victories.

The Rams defeated Centreville, 80-48, on Jan. 4 and Westfield, 67-62, on Jan. 7. The Rams improved to 11-3 overall and 2-0 in the district.

Robinson finished runner-up in the Pohanka Chantilly Basketball Classic holiday tournament, losing to Mountain View in the championship game on Dec. 29.

The Rams will travel to face Oakton at 7:30 p.m. on Thursday, Jan. 10.

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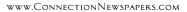
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