

Students Get Blast From The Past

NEWS, PAGE 3

Bill Barker, a Thomas Jefferson re-enactor from Colonial Williamsburg, greets students at Hunters Woods Elementary School Wednesday, Jan. 9, as part of a tour of Reston elementary schools.

Life-affirming Comedy

NEWS, PAGE 8

Best of
Reston Named

NEWS, PAGE 3

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Winners of this year's Best of Reston Awards, presented by Reston Interfaith and the Greater Reston Chamber of Commerce, are announced Thursday, Jan. 10.



PHOTOS BY
ALEX McVEIGH/
THE CONNECTION

Best of Reston Named

Individuals, organizations, businesses recognized at annual awards announcement.

BY ALEX McVEIGH
THE CONNECTION

The Greater Reston Chamber of Commerce and Reston Interfaith named their 2013 Best of Reston award winners Thursday, Jan. 10. The annual awards recognize individuals, organizations and companies that represent the community's founding ideals.

"This year's gala will highlight a dynamic and collaborative business and community partnership. We are a community of socially conscious businesses and entrepreneurs, young leaders and tireless volunteers who care very much about the fabric of the community," said Mark Ingrao, president and CEO of the chamber. "Not only does Best of Reston recognize exceptional community service, we also raise critical funds for critical Reston Interfaith programs that build our community and improve the lives of more than 16,000 individuals in need."

Supervisor Cathy Hudgins (D-Hunter Mill) called Best of Reston one of the signature events in the community.

"Each year I'm amazed that we continue to identify people who understand, care and give back," she said. "Reston Interfaith and the Greater Reston Chamber of Commerce continues to acknowledge it to the people they recognize."

THIS YEAR'S AWARDS featured a new addition, the Vade Bolton-Ann Rodriguez Young Leaders Entrusting Our Community's Future Award. Named after Bolton, a past chair of Reston Interfaith and active community volunteer who passed away in 2011 and Rodriguez, former president and CEO of the Arts Council of Fairfax County who passed away in 2009, the award will be given to a young community leader.

"Ann and Vade had a passion and a gift for inspiring young people, they knew that they are the future of our organizations," said Kerrie Wilson, CEO of Reston Interfaith. "They inspired all of us with their joy and enthusiasm, and their work touched hundreds of thousands of lives."

This year's winner is Amanda Andere, a member of the Reston Association Board of Directors, CEO of



Reston founder Robert Simon honors this year's Best of Reston winners Thursday, Jan. 10 at Reston Town Center. Simon has been named the honorary Best of Reston chair this year.

FACETS and participant in many other nonprofits focused locally, nationally and internationally. She is also a deacon at her church, an adjunct professor at George Mason University and chair of Nonprofit NOVA, which coordinates with more than 100 local organizations.

"[Amanda's] engagement is broad and deep, with a service-above-self mentality. Her involvement rep

SEE HONORING, PAGE 4



Bill Barker, who plays Thomas Jefferson at Colonial Williamsburg, answers questions from students at Hunters Woods Elementary School Wednesday, Jan. 9, one of six stops he made over two days at local schools.

PHOTO BY ALEX McVEIGH/THE CONNECTION

Students Get Blast From the Past

Reston Rotary tours elementaries with Thomas Jefferson re-enactor.

BY ALEX McVEIGH
THE CONNECTION

Students across Reston elementary schools got a blast from the past Tuesday, Jan. 8 and Wednesday, Jan. 9, courtesy of the Reston Rotary Club. Bill Barker, an actor who has played Thomas Jefferson at Colonial Williamsburg since 1993, toured Forest Edge, Terraset, Dogwood, Fox Mill, Hunters Woods and Lake Anne Elementary Schools to tell the students about his life and beliefs.

"We started this several years ago with an intent and passion to build better citizens," said CarolAnn Babcock of the Reston Rotary Club, who helps coordinate the visits. "The fourth and fifth graders we visited today will be in the voting booth in another 10 years."

The third president talked to student about topics such as proper English manners and his travels across the world before answering student questions. Previously the group visited five schools in the area, but added Fox Mill this year.

"Speaking to the students, one thing that struck me was the instant recognition of the value of science and education. I spoke about the symptoms Thomas Jefferson's wife had after giving birth to her children, and they were able to figure out that she had diabetes, which no one knew about in Jefferson's age," Barker said. "And when I asked them why we know about

it now, they replied with two answers consistently: science and education. The fact that they're aware of that is a very good thing, because as Thomas Jefferson once said, 'if a nation expects to be ignorant and free, it expects what never was and never will be.'"

This is only one of the out-

"Speaking to the students, one thing that struck me was the instant recognition of the value of science and education."

**—Bill Barker,
a Thomas Jefferson re-enactor**

reach efforts made by the Reston Rotary Club when it comes to local elementary schools. For the past few years they have donated money for each school to take "electronic field trips," which are a series of online streaming presentations where students can learn about Colonial Virginia and interact with the presenters live.

"Efforts like this are why we hold fundraisers and come together as a club," said Bill Ament, Reston Rotary's treasurer. "We're always focused on ways to support education and reach out to school, and to provide support for their efforts."

NEWS

Giving Back

Employees from Reston-based firm Content Analyst, LLC prepared 60 meals for the Embry Rucker Community Shelter in Reston as a way to give back to the community. Content Analyst makes advanced analytics software to help companies address the growing challenges of unstructured "Big Data."



PHOTO BY
STEVEN TOOLE

Honoring Best of Reston

FROM PAGE 3

resents philanthropic, civic, academic and social initiatives," she said. "We're not just celebrating the sheer volume of her efforts, but the impact she is having today and will in the future."

Doug Bushee and Ed Robichaud were the two individual community members recognized. Bushee founded the CORE Foundation in 2007, which assists in nonprofit fundraising.

Since their founding, CORE has helped the Reston Sprint Triathlon raise more than \$130,000 for Reston Interfaith, and the Reston Youth Triathlon raise more than \$15,000 for the Childhood Brain Tumor Foundation.

"His volunteering in the Reston Community spans over three decades," Ingrao said. "His philosophy and collaboration inspires individuals to recognize and utilize their own gifts for the collective good."

Robichaud teaches classes at the Reston Community Center and is a volunteer docent at the Reston Museum, where he also serves as a member of the board of directors.

He is also a founding member of the W&OD Regional Park Trail Patrol, a tutor at Laurel Learning Center and a violinist in the Reston Community Orchestra.

"[Ed's] record of volunteerism can be summed up in two words: diverse and unassuming," Wilson said. "His mantra is 'how can I help?' He's the first person to step up, he never says no, never asks for thanks."

The YMCA Fairfax County-Reston and Friends of the Reston Regional Library were the honored orga-

nizations this year. The YMCA was highlighted because of its childcare, wellness programs and summer camps made available to at-risk youth, as well as their after school enrichment program held daily at Dogwood Elementary School.

The Friends of the Reston Regional Library were founded in 1972. In recent years, with budgetary restrictions, they have stepped up their efforts to support the library, raising almost \$100,000 per year for the library.

THE SMALL BUSINESS LEADER this year is Mayflowers at Reston Town Center, a floral studio. Owner May Bernhardt donated floral designs to many nonprofits such as the National Institute of Health for their Children's Gala, the Initiative for Public Art-Reston and the Best of Reston gala.

John Marshall Bank was awarded the Corporate Business Leader Award. In 2012, employees of the bank donated more than 140,000 hours of volunteer time.

They also held their annual golf tournament, which raised \$30,000 last year, and donates \$1,000 to a nonprofit for every branch opened. They also hosted a motorcycle ride to raise money for wounded warriors, provided holiday gifts through the Prison Fellowship and were honored in 2012 by the Boy Scouts of America for their assistance.

The Best of Reston gala will take place Thursday, April 11 at the Hyatt Regency Reston, from 6 to 10 p.m. Reston Founder Robert Simon will serve as this year's honorary chair. The gala will be the day after his 99th birthday.

History of Reston Program Continues

The Reston Historic Trust and the Reston Museum are exploring the early history of Reston. The Reston Museum is producing another free program on Jan. 24, 2013, from 7-9 p.m., to be presented at the Jo Ann Rose Gallery at Reston Community Center Lake Anne, titled "Building Community in Reston: Civic Organizations and Culture." For more information, call the Reston Museum at 703-709-7700, email restonmuseum@gmail.com, or visit www.restonmuseum.org.

Presenters: A panel of local residents from the 1960's including Lynn Lilienthal, Mike Horwatt, Tom Kamstra, Peter McCandless, and Susan Norwich, along with Loren Bruce. Loren has a masters degree in urban & environmental planning from the University of Virginia, was an urban planner with Fairfax County, and is currently in charge of special projects at the museum.

Celebration to Focus On Community Service

Julian Bond to deliver keynote address at Dr. Martin Luther King, Jr. Birthday Celebration.

The Reston Community Center presents the 28th Annual Reston Dr. Martin Luther King, Jr. Birthday Celebration on Jan. 19 and 20, 2013. The celebration kicks off with a day of community service, in which RCC invites the general public to honor Dr. King's legacy by participating in volunteer projects. As Dr. King once said, "Everybody can be great... because anybody can serve." RCC is proud to partner with several community organizations including Southgate Community Center, Reston Association, Reston Interfaith and The Closet. Projects will be held indoors and outdoors (weather-permitting) throughout Reston and are open to adults and children. After a morning of service, volunteers will be treated to lunch. The day concludes with a free concert by the Reston Community Orchestra, with special guest Beverly Cosham. The musical tribute will feature compositions by Reston resident Brian Scarbrough. The concert begins at 4 p.m. at RCC Hunters Woods.

On Sunday, Jan. 20, RCC proudly welcomes former NAACP Chairman and a Founder of the Student Nonviolent Coordination Committee Julian Bond as the keynote speaker. Beginning with his pivotal role in the Civil Rights Movement, Bond has been at the forefront of social change since 1960. He continues to deliver a powerful message of greater equality, freedom and justice with a renewed sense of

relevance to the Civil Rights Movement in our present times. The keynote address begins at 1 p.m. at RCC Hunters Woods and will include a community lunch. During the keynote address, school-age children are invited to participate in lunch and a series of activities inspired by Dr. King and the Civil Rights Movement. Space is limited. Advance registration is required to attend the keynote address and community lunch; children must also be registered in the youth activities.

The celebration continues with the Commemorative March at Lake Anne Plaza. Walkers are invited to assemble at 3:15 p.m. at Lake Anne Plaza, before continuing on to the Northern Virginia Hebrew Congregation. Several Reston faith communities will present the "Voices of Inspiration" program there at 4 p.m. A shuttle bus will run between Lake Anne Plaza and Northern Virginia Hebrew Congregation from 2:30 p.m. until after the Voices of Inspiration program concludes.

In addition, the artwork of Reston school-age children is currently on display at RCC Hunters Woods as part of the exhibit "Are We Keeping the Promise?" The artwork is inspired by Dr. King and the Civil Rights Movement and will be on display through Jan. 31.

A schedule of events (including registration information) can be found at www.restoncommunitycenter.com/mlk-schedule.shtml.

Schedule of Events

SATURDAY, JAN. 19

Community Service Projects and Volunteer Lunch, 9 a.m.-1 p.m.—Southgate Community Center (12125 Pinecrest Road, Reston). Reston Community Orchestra Musical Tribute 4 p.m.—RCC Hunters Woods (2310 Colts Neck Road, Reston).

SUNDAY, JAN. 20

Keynote Address From Julian Bond and Community Lunch, 1-2:30 p.m. at RCC Hunters Woods (2310 Colts Neck Road, Reston). Registration required (#704717-3A). Participants: Presentation of Colors—South Lakes

High School JROTC Singing of the National Anthem—Led by South Lakes High School Chorus Members Welcoming Remarks: William G. Bouie, vice-chair, Reston Community Center Board of Governors; Supervisor Catherine M. Hudgins (D-Hunter Mill); Sharon Bulova, chair, Fairfax County Board of Supervisors; U.S. Rep. Gerry Connolly (D-11); Introduction of Keynote Speaker: Beverly Cosham, chair, Reston Community Center Board of Governors; Keynote Address: Julian Bond, former chairman of the board, NAACP. Lift Every Voice and Sing—Led by SLHS Chorus Especially for Youth.

COMMENTARY

Smoke and Mirrors

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

One of my mentors in my earliest years in the General Assembly was Delegate Dorothy McDiarmid who served off and on from 1960 to 1989. First elected on a platform of keeping the public schools open during racial desegregation, the gentlelady from Fairfax Mrs. McDiarmid went on to successfully add kindergarten to the public school system of the state and to chair the powerful House Appropriations Committee. Her supporters gave her the campaign slogan, "The Lady Has Clout." Delegate McDiarmid taught me to look carefully at political proposals for many lacked substance and were simply "smoke and mirrors."

I thought of Delegate McDiarmid as I reviewed Governor McDonnell's transportation funding proposals last week. I was delighted at the governor's clear statement that more revenue is needed to support our highway construction and maintenance needs. He even proposed \$300 million more in much-needed state support of Phase Two of the Silver Line. Unfortunately, his proposed funding solutions seemed to me and many others to be smoke and mirrors.

Estimates of the needed funding for transportation in the commonwealth range from one to one-and-a-half billion dollars. The governor's proposal is projected to increase to just over \$800 million in 2018, but the projection is open to question. It assumes that the U.S. Congress will pass the Marketplace Equity Act to provide a sales tax on Internet sales. The bill has been in the



COMMENTARY

works for about a decade, and its prospect for passage in the current climate in the Congress is not an assumption that I think is safe to rest Virginia's highway building program on.

At a time when taxation is at its height of unpopularity the governor proposes to shift taxation from the users of the road by eliminating the gas tax and shifting it to all Virginia consumers through the sales tax. The gas tax could be equated to a user fee that comes from Virginia drivers and those passing through the state, but the regressive sales tax will be paid regardless of how much you use the roads. The theory of the change is that with the better gas mileage that cars now get gas tax revenue will continue to decline. Virginia's current gas tax rate—one of the lowest in the country—has not been changed since 1986.

Another questionable element in the proposal is that additional general funds would be transferred to transportation use. Already the demands on the general fund exceed the availability of monies. Reductions continue to be made in education, mental health and other important programs because of scarce general funds.

The legislature needs to act this year to provide funding for transportation, and I am prepared to vote for additional revenue. When I strain to see through the smoke and distorted images that surround the governor's proposals, I think his plan comes up short of being the best we can and must do.

Off to Do the People's Work in Richmond

BY JOHN LOVAAS
RESTON IMPACT PRODUCER/
HOST

Our long-time state legislators—Delegate Ken Plum and State Senator Janet Howell—always begin the Reston new year with their (not really a) town hall get-together for constituents. They invite us to come and talk about the upcoming Virginia General Assembly session in Richmond when all 100 delegates and 40 senators convene for 45 or 60 days to consider thousands of new laws promoting the general welfare and a bright future for all Virginians.

This year 50 or 60 Restonians showed up, mostly moderate to liberal folks, to listen and to plead for common-sense legislation to solve problems. This year, people appealed for action to slow the spread of weapons of war and the killing they bring.



INDEPENDENT PROGRESSIVE

They had good suggestions, such as banning assault weapons and closing the infamous gun show background check loophole. One person suggested that anyone purchasing a gun be held liable if it is used in a crime. Others argued for increased funding for the education of our youth. And one group of residents again appealed for support to continue the operation of Virginia's shrinking training centers for severely intellectually handicapped people. These folks are a classic example of people with a just cause engaged in a David and Goliath struggle with a government which serves the wealthy and the powerful. But watch out for these folks, they are determined and

SEE LOVAAS, PAGE 7



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OPINION

Transportation Money

Virginia, and especially Northern Virginia, is woefully short on funds for transportation. One reason is that its gas tax, a logical way to fund transportation infrastructure, is one of the lowest in the nation, and has remained flat since the '80s, since it is not indexed for inflation. So the buying power of the gas tax has been dwindling.

It seems obvious that one way to fix this is to allow it to rise with inflation, or change it to a percentage of the price of a gallon of fuel. Tying road funding to gas consumption is a logical connection, and the increase encourages conservation and more fuel-efficient vehicles.

Instead, Gov. Bob McDonnell has proposed eliminating the gas tax, replacing the funding with an increase in the sales tax plus a plan to shift money from other state spending, like education, human services and public safety,

to transportation.

With considerable agreement that Virginia needs about \$1 billion a year to pay roads and transit, this proposal would raise about one-third of that.

Part of the governor's plan also calls for a \$100 annual fee on vehicles that use alternative fuels.

Raising the sales tax to pay for roads is particularly unfair to the many residents of Northern Virginia who have chosen to live in Arlington, Alexandria and other areas that are walkable and provide easy access to public transit.

Penalizing drivers of hybrid and electric vehicles by charging them more than six times what other vehicles pay is not in the best interests of anyone who breathes the air in Virginia, and is a stark slap at innovation.

The entire proposal makes about as much

Eliminating the gas tax makes no sense.

sense as forcing a select few Northern Virginia residents, the drivers on the Dulles Toll Road, to almost single-handedly pay for rail to Dulles. Dulles airport is one of the key economic drivers for the Commonwealth of Virginia. Building rail to serve the airport is an economic investment that will have broad benefits in revenue for the state. A disproportionately small amount of that revenue will make it back to Northern Virginia. So it is welcome that the governor's proposal calls for diverting some of the "new" transportation money to Dulles rail.

The current proposal would make Virginia the only state without a gas tax. It seems unwise for a state with such dramatic transportation deficits to abandon the one source of funding that makes sense. More money is needed; that requires addition, not subtraction.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

A 10-Year Mission: End Homelessness

BY MICHAEL O'REILLY

Our Fairfax-Falls Church community is one of the most affluent in the country. Our schools are second to none. We are the home for many Fortune 500 businesses. Even with the challenging economy, our unemployment rate is among the lowest in the country.

Despite these strengths, our community also includes people who are homeless and are staying at emergency shelters, living in their cars or camping in the woods. Our community includes families with no place to sleep at night and children with no place to go after school. It saddens me to report that there were over 3,000 homeless individuals in our community this past year. It is unacceptable to have homeless men, women and children in our community.

Homelessness impacts every person in our community and each has a role in ending it. Through the good work of many non-profit and religious organizations, for many years we have directed our collective efforts to managing the homeless issues. However, little was done to find longer term solutions to prevent and end homelessness. That has now changed.

The leadership of Congressman Gerry Connolly helped to galvanize all of the energy and effort in the entire community. The Fairfax County Board of Supervisors with leadership from Chairman Bulova and Supervisor Catherine Hudgins and all of our key stakeholders from the non-profit, government, faith and business community came together to develop an impressive 10 Year Plan to Prevent and End Homelessness. The plan recognizes the right of all people to have a safe, affordable place in which to live. The plan envisions our entire community working together as partners to eliminate homelessness. We have some very steep goals and lots of hard work ahead to reach our goal of ending homelessness in Fairfax County by the end of 2018.

We have made huge strides in the develop-

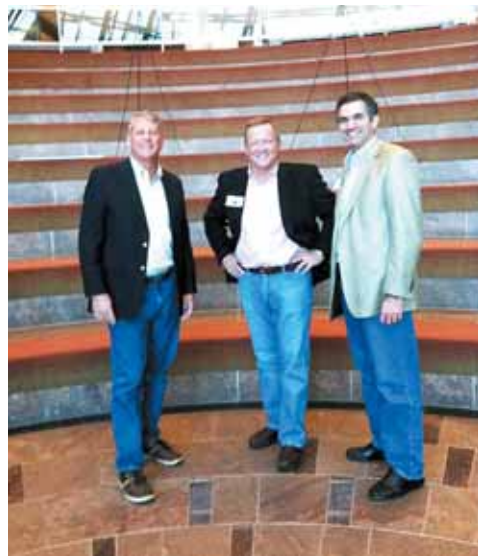


PHOTO BY VICTORIA ROSS/THE CONNECTION

From left — Michael O'Reilly, Jim Corcoran and Dean Klein during Jeans Day 2012.

ment of the governance structure called The Partnership to Prevent and End Homelessness. The Office to Prevent and End Homelessness was established within Fairfax County. We have constituted a Governing Board made up of business leaders, elected officials, builders, clergy, law enforcement and others. We have created a new Consumer Advisory Council to ensure that currently homeless and formerly homeless have an active voice in the implementation of our plan.

We have much more work to do. We have recently moved our collective efforts to the plan's goal of creating 2,650 new housing units. We have supported and will continue to support efforts to amend the county's housing code to permit more individual housing options. We hosted a day long outreach program for our faith based communities which shows promise at increasing the housing stock.

Through our collective prevention and rapid rehousing strategies, community case management and the provision of other critical services, we prevented last year over 1,400 indi-

Editor's Note:

This month, The Connection begins featuring a monthly column written by community leaders involved in Fairfax County's nonprofit organizations. Every year, thousands of Fairfax County residents volunteer with nonprofits in a variety of ways, whether it's driving a senior citizen to a medical appointment or serving meals to the homeless in one of the county's hypothermia shelters. According to Volunteer Fairfax—a nonprofit that matches volunteers with service projects—individuals volunteered 205,688 hours of service to the community. We launch this series with a column by Michael O'Reilly, Chairman of the Governing Board of the Fairfax-Falls Church Partnership to Prevent and End Homelessness.

viduals from becoming homeless by providing community case management and other services. In addition, we have launched a Housing Locator Network to strengthen relationships with landlords and to help to move the homeless in our community more rapidly into permanent housing. Through the work of our partnership we have seen an impressive increase in homeless families and individuals placed in permanent housing from 482 in 2010 to 853 in 2012. Many adults and children have been positively impacted. This can only be attributed to the commitment that many in our community have made to end homelessness.

Our approach to preventing and ending homelessness is predicated on us doing so in partnership with a broad coalition of nonprofits, faith communities, businesses and government. Working together allows us to do amazing things.

I thank you for your interest and commitment and look forward to our continued work together with all of our partners in the coming years as we strive to prevent and end homelessness in our community. If you would like to become involved in this important work please go to www.fairfaxcounty.gov/homeless or call 703-324-9492 for more information.

Michael O'Reilly is Chairman of the Governing Board of Fairfax Falls Church Partnership to Prevent and End Homelessness.

Reston CONNECTION

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FAITH

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com. Deadline is Thursday.

Vajrayogini Buddhist Center, Brown's Chapel, 11450 Baron Cameron Ave., Reston, holds monthly classes for the general public. Gen Kelsang Varahi, an American Buddhist nun, will teach 'Living Meditation: Meditation for Relaxation,' teachings and guided meditations that teach students how to relax their body and mind. \$12. www.meditation-dc.org or 202-986-2257.

Trinity Presbyterian Church, 651 Dranesville Road in Herndon, has Sunday Worship Service at 8:30 a.m. and 11 a.m. Nursery and childcare are available during worship services. Youth and Adult Sunday School is held Sundays from 9:40-10:45 a.m. 703-437-5500 or www.trinityherndon.org.

St. Anne's Episcopal Church, 1700 Wainwright Drive in Reston, holds Sunday services at 7:45 a.m., 9 a.m., 11:15 a.m. and contemporary service at 5 p.m. Nursery, Sunday School and Adult Education available. Morning Prayer on Monday at 9:30, Holy Eucha-

rist Wednesday at 8:15 a.m. 703-437-6530 or www.stannes-reston.org.

Adult Sunday school will be held 9:30 a.m. Sundays at the Washington Plaza Baptist Church at Lake Anne Village Center. The group is studying the Gospel of Mark. Services follow at 11 a.m.

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. Contact 703-941-7000 or www.havenofnova.org for schedules and registration information.

COMMENTARY

Lovaas

FROM PAGE 5

organized.

Sen. Howell and Del. Plum sympathize but can offer little promise of success in a legislature pretty much controlled by the new breed Republicans and backed by a right wing governor and a real frothing-at-the-mouth attorney general running to be governor. Howell and Plum shrug their shoulders a lot, offering few suggestions for advancing positive laws until the legislature's composition changes, i.e., until more Democrats are elected. What they don't say is how little Democrats are doing to bring about change. Incumbents of both parties work first and foremost to retain their own seats. In the last election cycle, Democrats ran only 52 candidates for 100 House of Delegates seats and 27 for the 40 Senate seats. That is, the party ran candidates for just one

of every four House seats not filled by a Democrat and for only seven of 20 Republican-held Senate seats. Until they get serious, Howell and Plum will have only bad news for constituents.

Meanwhile, the General Assembly will continue to waste time and taxpayer money on 3,000 or so bills, most of which are not even read by many of the peoples' representatives. Worse, the assembly will pass hundreds of them to promote the general welfare by, for example: setting a limit on how youths may wear their pants; assuring that every Virginian can buy unlimited numbers of handguns or other firearms for export to New York; assuring that Virginians can carry loaded guns into bars to facilitate fellowship and dispute resolution; and, guaranteeing that pregnant women are subjected to ultra probes. Be assured that before the 2013 General Assembly session ends, Virginia will again be a national laughing stock for some law(s) the gang in Richmond is pondering.

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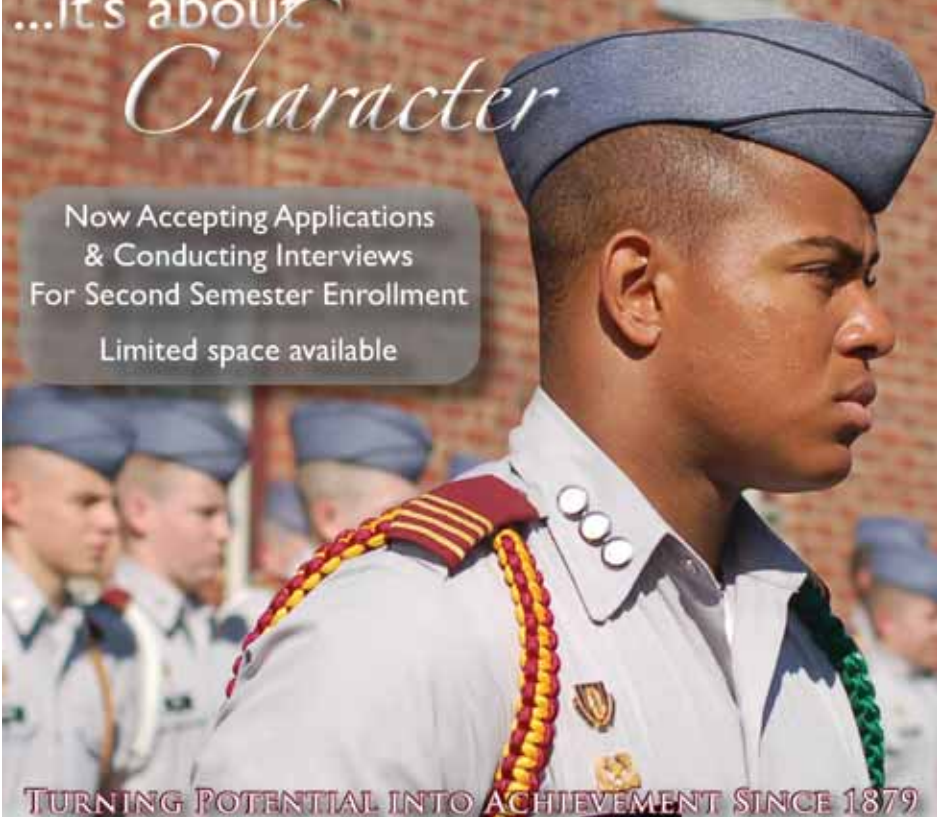
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Life-affirming Comedy

Reston Community Players presents “The Savannah Disputation.”

By DAVID SIEGEL
THE CONNECTION

The Reston Community Players will soon bring the D.C. area community theater premiere of “The Savannah Disputation” to audiences. The play was written by emerging award winning playwright Evan Smith.

“The Savannah Disputation” is “a funny play about serious topics,” said director and veteran actor, Bernie Cohen (Falls Church). “I loved it when I read it and wanted to direct it.” He described the play as one Neil Simon might have written in his later works; when thought-provoking issues were well- surrounded by humor permitting an audience to deeply mull over what was before them.

The storyline is about grappling with life’s many challenges. Four characters provide rapid-fire opinions on profound matters, with humor generously sprinkled throughout. They often challenge one another’s religious orthodoxies. Over time, what were once strongly held, unshakeable beliefs seemingly begin to shake apart for some, as others plow forward aggressively.

There is the spinster, the older Margaret (Gayle Grimes), brought up in the Catholic faith who court-teously admits an energetic, younger Evangelical missionary Melissa (Lori Brooks) into her home. Added to the brewing mix is her more prickly sister Mary (Barbara Wilson), who is displeased with the views espoused by Brooks. And finally enters the usually mild-mannered local parish priest, Father Murphy (Mark Yeager) who finds himself in the midst of much verbal sparring over their beliefs.

For Barbara Wilson, “all the characters are so well written, that they come alive as very real people. They are not offensive in their beliefs. They are just looking for answers.”

Veteran actor Gayle Grimes described her character as one looking for the tranquility of deeply



PHOTO BY DAVID SIEGEL/THE CONNECTION

Lori Brooks (standing) and Barbara Wilson in rehearsal for “The Savannah Disputation.”

Where and When

Reston Community Players present “The Savannah Disputation” at CenterStage Theater, Reston Community Center, 2310 Colts Neck Road, Hunters Woods Shopping Center, Reston. Performances: Jan. 18-Feb. 2, 2013. Friday and Saturday evenings at 8 p.m., Sunday matinee, Jan. 27, 2:30 p.m. Tickets: \$17-\$20. Call 703-476-4500 or visit www.restonplayers.org.

held faith. She is “not complex, just wants simple, understandable answers to her many questions about life and faith.” Grimes added that her character “just gets so off-kilter when told her beliefs are wrong.” She just wants things resolved.

Lori Brooks is new to the Reston Community Players, but not to local community theater stages. She noted that the “characters have wickedly different views of faith. They are recognizable real people. They are not bad people at all, they just get completely wrapped up in their own perspectives of things.”

For the Reston Community Players “The Savannah Disputation” is a hilarious evening with the rhythm of a sitcom as the characters journey along to “discover the perils of using religion to bend others to your will.”

ENTERTAINMENT

Send announcements to reston@connectionnewspapers.com. Deadline is Thursday for the following week’s paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/JAN. 17

Family Focused Volunteerism. 10 a.m.-noon, at ArtSpace Herndon, 750 Center St., Herndon. Join for a discussion, make Valentines for wounded U.S. Veterans returning to Northern Virginia, enter for door prizes, enjoy refreshments meet other mothers and learn how to keep your little ones safe and sound (children welcome).

Herndon_moms_info@yahoo.com.
Freer Gallery Trip. 10 a.m.-4:30 p.m., Departing from RCC Lake Anne, 1609 Washington Plaza, Suite A, Reston (departing from RCC Hungers Woods at 10:30 a.m.) See an exhibition on the four main categories of Buddhism’s enlightened being: the Buddha, bodhisattvas, luohan and eccentric Chan (Zen) monks and lineage masters; 14 of the 27 works date to the Song, Yuan and early Ming dynasties. Ages 55-plus (food available from restaurants on the mall). \$15 for Reston residents; \$30 for non-Restonians.

SATURDAY/JAN. 19

Salute to Dr. Martin Luther King Jr. 4 p.m., at the Reston Community Center Hunters Woods, 2310 Colts Neck Road, Reston. An annual musical concert in honor of Dr. King featuring the works of Reston composer Brian Scarbrough with performances by the Mykle Lyons Trio and Beverly Cosham.

Fairfax Symphony Orchestra: Masterworks IV. 8 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. Conductor Christopher Zimmerman and flautist Christina Jennings perform Mozart’s Overture to The Magic Flute, Leshnoff’s Flute Concerto, Ives’ The Unanswered Question and Brahms’ Symphony No. 1 in C minor, Op. 68. \$25-\$55. 703-563-1990 or www.fairfaxsymphony.org.

SUNDAY/JAN. 20

Bluegrass Music: The Lisa Kay Band. 7 p.m., at Frying Pan Farm Park, 2739 West Ox Road, Herndon. The bluegrass series on the first and third Sundays of the month continues. \$12. www.fairfaxcounty.gov/parks/fryingpanpark/pdf/bluegrass-barn-flyer.pdf.

SATURDAY/JAN. 26

USE Winter Potluck & Business Meeting. 5 p.m., at the Unitarian

Universalist Church, 1625 Wiehle Ave., Reston. Current and prospective members of the Useful Services Exchange (USE) barter organization gather for dinner. 703-860-5141 or MediaVIP@aol.com.

Weekend Bluegrass Concert Series: Sunrise. 7:30 p.m., at Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. A gospel bluegrass quartet from Fredericksburg brings harmonies a cappella and masterful instruments to match. \$12; children 12-and-under, free. 703-435-8377 or kd4fue2@verizon.net.

FRIDAY/FEB. 1

Artists Reception: Scenic Highway/ Hopeful Calm & Beginnings. 7-9 p.m., at the Post Gallery, ArtSpace Herndon, 750 Center St., Herndon. Local photographers Catherine Powers and Michael Kane present a mixed exhibit of Powers’ photography from up and down US 17 from Virginia to Florida recording the vanishing culture, and Kane’s images of the natural world on a journey of discovery. 703-956-6590 or www.artspaceherndon.org.

Dry Branch Fire Squad. 8 p.m., at Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. A bluegrass band known almost as much for their humor as their music plays traditional and old-time appalachian style bluegrass. \$15; children 12 and younger, free. 703-435-8377 or www.drybranchfiresquad.com.

WEDNESDAY/FEB. 6

Public Art in the Windows at ArtSpace Herndon, 750 Center Street. “Public Art in the Windows” is a community effort to promote outdoor public art in the Town of Herndon; artists and photographers are invited to submit original works of art in any medium. 703-956-6590 or www.artspaceherndon.org.

SATURDAY/ FEB. 9

Black History Month Event. 1-2 p.m., at ArtSpace Herndon, 750



Roanoke River Lighthouse in Edenton, N.C., an image from Catherine Powers’ photography project capturing the culture and beauty of the East Coast off-interstate, along Highway U.S. 17 from Virginia to Florida.

Scenic Highways and Hopeful Calm & Beginnings

Catherine Powers and Michael Austin Kane committed themselves to projects respectively exploring “the character of the people, the culture and the beauty of the land along” Highway U.S. 17, says Powers, and the “lifelong journey of discovery for the moments that elicit feelings of calm and provide aspirations for new opportunity in the world around us,” says Kane. They will exhibit together at ArtSpace Herndon, 750 Center St., Herndon and host an artists’ reception from 7-9 p.m. at the Post Gallery on Friday, Feb. 1. www.ArtSpaceHerndon.com.

Center Street, Herndon. Student-Athletes from Herndon HS will present readings on the document, its history and importance. www.ArtSpaceHerndon.com.

SUNDAY/FEB. 10

Dating Abuse Stops Here. 9-10 a.m., at Dulles Town Center Mall, 21100 Dulles Town Circle, Dulles. The third annual DASH at Dulles 5K Walk in memory of Siobhan Russell in protest

of dating abuse is open to the public. \$15. www.datingabusestopshere.com.

WEDNESDAY/FEB. 13

Open Mic Night. 9:30 p.m.-1:30 a.m. Jimmy’s Old Town Tavern, 697 Spring St., Herndon. Every Wednesday. Register your band at BluesSlide@aol.com or 703-593-5206. www.jimmystavern.com.

SATURDAY/FEB. 16

Mill Run. 7:30 p.m., at Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. A traditional bluegrass band featuring vocal harmonies, original songs and complex instrumentals. \$12; children 12 and younger, free. 703-435-8377 or www.millrunbluegrass.intuitwebsites.com.

WEDNESDAY/MARCH 13

Open Mic Night. 9:30 p.m.-1:30 a.m. Jimmy’s Old Town Tavern, 697 Spring St., Herndon. Every Wednesday. Register your band at BluesSlide@aol.com or 703-593-5206. www.jimmystavern.com.

SATURDAY/MARCH 16

Fairfax Symphony Orchestra: Masterworks V. 8 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. Conductor Christopher Zimmerman performs J. Strauss’ Emperor Waltz and Tick Tack, Pizzicato, Trisch-Tratsch Polkas and Overture to Die Fledermaus; R. Strauss’ Suite from Der Rosenkavalier, Till Eulenspiegel’s Merry Pranks and Salome’s Dance. \$25-\$55. 703-563-1990 or www.fairfaxsymphony.org.

SATURDAY/MAY 11

Fairfax Symphony Orchestra: Masterworks VI. 8 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. Conductor Christopher Zimmerman, tenor Brennen Guillory and soprano Joni Henson perform Wagner’s “Prelude and Liebestod,” Tristan und Isolde and Prelude to Act 3, Lohengrin; Verdi’s Overture to La Forza del Destino, Overture to I vespri siciliani, Love Duet Finale Act 1 Otello, “Dio ti potevi, scagliar” Otello, Willow Song Otello and “Libiamo,” La Traviata. \$25-\$55. 703-563-1990 or www.fairfaxsymphony.org.

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- Complete a Candidate Statement and a Petition of Candidacy.
- If you run for a district seat, you must live in that district.

Forms must be filed by 5 p.m., Feb. 1, 2013. Candidacy Forms and other election information can be found online at www.reston.org.

The election is open to property owners and renters within Reston Association.

Details or questions: e-mail electionscommittee@reston.org or call 703-435-6512.



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The Importance of Recess

Pediatric researchers say unstructured play can help a child's cognitive, physical, emotional and social development.

BY MARILYN CAMPBELL
THE CONNECTION

Can climbing on monkey bars help a child's cognitive development? Can a game of tag boost preschooler's social skills? The nation's top pediatricians say "yes" and some local educators agree.

A policy statement released earlier this month by the American Academy of Pediatrics said recess, when provided in a safe environment and under supervision, provides children with cognitive, physical, emotional and social benefits. Additionally, the AAP recommended that unstructured play be used in conjunction with physical education in schools.

"Recess and unstructured play provide children with opportunities to explore, problem-solve and learn in ways that enhance their socio-emotional, physical and cognitive development," said Julie K. Kidd, associate professor and early childhood education academic program coordinator at George Mason University in Fairfax. "The physical and mental break from academic activities enables children to return to their studies more focused and ready to learn."

SOME LOCAL SCHOOLS agree that recess is an important part of a student's day. "In addition to physical education classes, our students enjoy unstructured recess every day," said Dick Ewing, head of school at the Norwood School in Potomac, Md. "Of course, there are the health benefits of the physical activity, and teachers will tell you that children are more focused in the classroom after recess, but there are also several social-emotional benefits. Children learn important life skills during recess. They learn how to effectively communicate, collaborate, cooperate and problem solve during various playground games. Creativity also comes into play as children make up their own games."

Lizabeth Borra, school counselor at Potomac Elementary School in Potomac, added: "This unstructured time gives children the opportunity to develop lifelong skills such as conflict resolution, communication, creativity, and negotiation."

Joan Holden, head of school for St. Stephen's & St. Agnes School in Alexandria, developed play areas known as "Tinkering Spaces" on campus, "dedicated spots where students work together with educational games, building tools and puzzles, where there are no assessments or evaluations, just a relaxing, fun atmosphere that brings out teamwork, creativity, invention and problem-solving," said Holden.

American Academy of Pediatrics researchers and local educators concluded that recess and free play activities are a critical part of development and social interaction that students may not get inside a classroom. "Time outside in an unstructured environment among peers provides an important avenue



Students at Norwood School in Potomac, Md., enjoy outdoor recess.

for the development of their creative, social and moral development," said Colin Gleason, head of the Lower School at The Heights School in Potomac.

Gleason says unstructured play provides a much-needed outlet for some children. "At this age, children, and especially boys, overflow with physical energy," he said. "They are wired ... to explore and learn about the world around them in an active way, using all of their senses. Also, by organizing play with their peers in this environment, they learn the natural laws of social interaction. They learn that it pays off to be kind towards others, to work together to make a game run smoothly [and] to make rules that are fair."

American Academy of Pediatrics researchers also recommended that recess not be withheld from children as punishment. Shannon Melideo, chair of the education department and an associate professor at the School of Education and Human Services at Marymount University in Arlington, agrees: "Too often the children who are denied recess as a punishment are the children who need recess most."

Some local educators say that recess gives children an opportunity to learn how to manage their free time. "Current research in brain development highlights the connections between physical activity, attention and memory," said Dresden Koons, head of Lower School at St. Andrew's Episcopal School in Potomac. "We ... [believe] that what happens outside the classroom benefits what goes on inside it, and vice versa."

THE AAP STATEMENT stresses that recess should complement, not replace physical education classes, even for schools with limited outdoor space, and Reston based National Association for Sport and Physical Education spokeswoman Paula Keyes Kun agreed. She said, "All children need a minimum of 60 minutes of physical activity every day. Regular daily recess should be a part of every school day. It provides children with discretionary time to be active, helps them develop healthy bodies and enjoy movement."

She added that NAPSE is calling on schools across the country to find creative ways of increasing their students' physical activity levels before, during and after school.

PHOTO COURTESY OF GEORGE MASON UNIVERSITY



George Mason University Professor Laurie Meamber uses movies to teach students about consumer behavior.

Off to the Movies

Mason professor has unconventional method of teaching complex concepts.

BY MARILYN CAMPBELL
THE CONNECTION

An Arlington resident and George Mason University professor has an unconventional way of helping her students master complex concepts and evaluating their proficiency: She requires them to watch movies.

Laurie Meamber, an associate professor of marketing in Mason's School of Management in Fairfax, teaches a consumer behavior course in which students study the actions and motivations of buyers. Meamber teaches them how to analyze why and how consumers make certain decisions. The class studies characters in popular films to see the concepts they learn throughout the semester.

"A primary goal of a consumer behavior course is for students to better understand consumer behavior in order to become more effective marketing managers," said Meamber. "An additional goal ... is to enhance their knowledge of consumer behavior so that they as consumers can consume wisely."

Meamber says that through watching and analyzing movies, her classes examine the entire range of internal, external and situational influences on consumer behavior. She divides her class into three groups and each group focuses on one factor that affects consumer behavior: external influences, internal influences and decision-making.

"Students [write] a brief plot summary, providing descriptions of the major characters as consumers and analyzing concepts that they had learned in the course that appear in the film," she said. "They do this in a comprehensive fashion, after having learned all of the ideas

taught in consumer behavior. This allows them to reflect upon, apply and synthesize the entire range of knowledge they have acquired in the course."

Mason spokeswoman Catherine Probst said, "Along the way, the students construct consumer profiles of the characters and examine reasons why and how they make decisions throughout the film. Specifically, students are looking for influences on consumer behavior based on attitudes, motivation, income level and occupation."

Mason student, and Reston resident, Ben Coffinberger took Meamber's consumer behavior class during the fall semester. His group chose "The Devil Wears Prada."

"We presented it by dressing up as the four main characters and acting out small scenes from the movie that provided examples of important marketing concepts we learned throughout the semester," said Coffinberger. "I was forced to identify and apply the marketing concepts I learned in the consumer behavior course to the scenes in the movie. Before taking this class, I didn't think to really recognize consumer-marketing behaviors in movies, television and everyday life. Now I view things in a totally different light."

Meamber says the increasing popularity of social media makes the movie approach a successful learning tool. "As time moves forward, this type of assignment fits in with the interests and learning styles of this generation of undergraduate students," she said. "This type of assignment allows students to analyze and reflect upon movies as a medium that portrays many examples of consumers and of consumer behavior."

BULLETIN BOARD

To have community events listed in the Connection, send to herndon@connectionnewspapers.com. Deadline is Friday.

SATURDAY/JAN. 19

AAUW Presentation: The Women of Walmart. 10 a.m., at the Reston Community Center at Lake Anne, 1609 Washington Plaza, Suite A, Reston. Ben Gold, instructor for the Osher Lifelong Learning Institute, presents a program on "The Walmart Supreme Court Case," discussing workers and their ability to right the wrongs against them and stand together against corporate misconduct. 703-620-4521 or 703-709-8599.

eBook Library Workshop. 2 p.m. and 2:45 p.m., at Herndon Fortnightly Library, 768 Center St., Herndon. Workshops and one-on-one clinics showing members how to access free eBooks at county libraries. 703-437-8855.

SUNDAY/JAN. 27

Cat Adoption. 1-4 p.m. PetSmart, 11860 Spectrum Center, Reston. Every Sunday. Sponsored by Lost Dog & Cat Rescue Foundation. www.lostdogrescue.org.

THURSDAY/JAN. 31

Calls for Art. ArtSpace Herndon is accepting submissions for two displays through Jan. 31: the first of original images of works which depict the time frame from 1830-1880 as part of the "Beyond the Blue and Grey" The Virginia Home Front exhibition and the second for the

Public Art in the Windows community effort to promote outdoor public art in Herndon. www.artspa

ONGOING

The Object Management Group (OMG) announces their quarterly technical meeting for members and interested non-members. The week of Mar. 18, at The Hyatt Regency, Reston. Register online or walk-in registration. www.omg.org/news/meetings/tc/dc-13/info.htm.

The Herndon Senior Center at 873 Grace St., Herndon, needs a volunteer musician to play soothing music for participants; piano available. 703-324-5406, TTY 703-449-1186, VolunteerSolutions@fairfaxcounty.gov or www.fairfaxcounty.gov/dfs/olderadultservices.

Long-Term Care Volunteer Ombudsman Program Needs Volunteers. Ombudsmen advocate for the rights of residents of nursing and assisted living facilities—they also help residents resolve conflict and improve their quality of life. 703-324-5861 TTY 711 or Lisa.Callahan@fairfaxcounty.gov.

Shepherds Center McLean-Arlington-Falls Church Area Needs Volunteers. Varying times, 1205 Dolley Madison Boulevard, McLean. Volunteers who can provide transport to and from medical appointments, act as a companion while shopping at grocery store and pharmacy, make friendly calls to homebound individuals, be handy helpers for minor home repairs and help with yard work and chores are needed. 703-506-2199.

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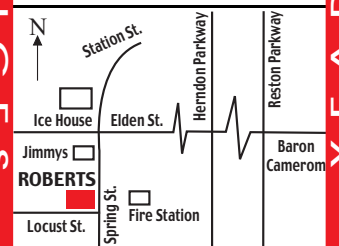
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SPORTS

Ferguson, Johnson Lead Herndon Boys' Basketball

Hornets coach Hall says win against Chantilly brings credibility.

BY JON ROETMAN
THE CONNECTION

With a five-point lead against Chantilly midway through the fourth quarter, Herndon's Will Ferguson saw an opportunity to make a play.

The 6-foot-2 guard drove down the lane and elevated with visions of dunking the basketball. But Ferguson's journey to the rim was cut short as the senior collided with a player mid-flight and crashed to the floor.

Ferguson momentarily lay on the Chantilly gymnasium floor before rising to his feet and heading to the Herndon bench, ending his 25-point performance.

"I was scared," Herndon's Dorian Johnson said of seeing Ferguson hit the floor. "I was just hoping he was all right."

While Johnson was concerned for his teammate, the junior guard and the Hornets didn't lose focus on the task at hand.

Johnson scored nine of his 25 points after Ferguson's tumble, leading the Herndon boys' basketball team to a 75-65 victory on Jan. 10. Ferguson and Johnson took turns burning the Chargers at the offensive end. Johnson, a 6-foot-4 left-hander, struck first, scoring 13 of the Hornets' 15 first-quarter points.

"They weren't really guarding me," Johnson said. "If I have room, I'm going to attack. Nobody else was hitting shots, so I had to pick up the slack for the rest of the team."

Ferguson erupted for 16 third-quarter points after struggling to make shots during a five-point opening half. Herndon trailed 32-31 at halftime, but Ferguson helped the Hornets to a 12-point third-quarter lead by knocking down perimeter shots and attacking the basket.

"I just kept shooting," he said. "I couldn't get anything going in the first quarter. I had to keep shooting and they started falling."

With Ferguson sidelined, Johnson went back to work. A 3-pointer by Chantilly's DeAndre Harris cut Herndon's lead to two with 4:22 remaining in the fourth quarter, but Johnson answered with a putback, sparking an 11-0 run that helped the Hornets secure the victory.



Herndon senior Dorian Johnson scored 25 points against Chantilly on Jan. 10, including 13 of the Hornets' 15 in the first quarter.

"We know we're the two main scorers," Johnson said. "If one of us isn't producing, we have to pick up each other's slack. If both of us are scoring at the same time, that's even better."

According to stats from the Washington Post's website, Ferguson is averaging a team-high 21.7 points per contest. Johnson is averaging 18.2.

"We came into the game with the idea that we had to do a pretty good job on Johnson and Ferguson," Chantilly head coach Jim Smith said. "They combined for 50 points. You allow those two guys to score 50 and then we missed 18 shots in the paint and we [make] nine of 20 from the free-throw line, it's hard to win when you do that."

Herndon head coach Gary Hall said Ferguson doesn't want to be viewed as a ball hog and needs to be reminded on occasion that the team needs him to be an offensive

focal point. Hall delivers a message to Ferguson that is similar to what the coach told former Herndon All-American Scottie Reynolds: "The most unselfish thing you can do for Herndon High School right now is be selfish."

"For everything that Will is, I think he's very misunderstood," Hall said. "What I told Will at half-time [is], 'If we lose a basketball game with you getting into the lane taking great shots, I'll do that every time because I believe in you and I have complete confidence in you.' Sometimes he needs to know that it's OK."

Hall gives similar encouragement to Johnson.

"We need him to assert himself more," Hall said. "I always try telling him, 'Impose your will on people.' Sometimes he just allows himself to be guarded. I'm like, 'There's not a kid on the court that can guard you.'"

The duo's performance on

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION



Herndon boys' basketball coach Gary Hall speaks to the Hornets during a Jan. 10 game at Chantilly.

"[Will Ferguson and I] know we're the two main scorers. If one of us isn't producing, we have to pick up each other's slack. If both of us are scoring at the same time, that's even better."

—Herndon junior Dorian Johnson

Thursday, which included eight rebounds for Johnson and six for Ferguson, helped Herndon beat a Chantilly team that entered the contest with a 12-1 record, including 2-0 in the Concorde District. The Hornets improved to 10-4 overall and 2-1 in the district.

"We know that we are a talented team," Hall said. "What this does is validate, because we needed to beat a quality team."

Hall coached at Herndon for 18 years before resigning in 2007 so he could watch his daughters play basketball at Briar Woods High School in Ashburn. With his daughters away at college, Hall, a teacher at Herndon High School, took the head coaching job at Middleburg Academy and was there for one year before returning to the Herndon basketball program last season as an assistant coach. Head coach Chris Whelan

resigned after the 2011-12 campaign, leaving the door open for Hall, a 1979 graduate of Herndon High School, to return to his former position.

"Anytime as a coach, you look for something that's going to give you some credibility," Hall said after beating Chantilly. "Although I've coached, and [Herndon players] know that, they don't care about what happened 15 years ago. We needed a signature win to give our program some credibility. Tonight is it."

Herndon junior Delontae Wingfield scored 11 points and grabbed eight rebounds against Chantilly. Sophomore guard Trevon Wright finished with six points and senior post Sean Mathews grabbed nine rebounds.

Herndon will travel to face Westfield at 7:30 p.m. on Thursday, Jan. 18.

Oakton Girls' Basketball to Face 14-1 Centreville

The Oakton girls' basketball team defeated Robinson 61-39 on Jan. 10, improving its record to 13-2 overall and 3-0 in the Concorde District. The victory was the Oakton's third straight and the Cougars' 10th in their last 11 games.

Oakton will host Centreville at 7:30 p.m. on Friday, Jan. 18. Centreville is 14-1 overall and tied

with the Cougars atop the Concorde District standings with a 3-0 record.

Oakton Boys' Basketball Beats Robinson

The Oakton boys' basketball team improved its Concorde District record to 2-1 with a 69-56 victory against Robinson on Jan. 10.

The Cougars will travel to face Centreville at 7:30 p.m. on Friday, Jan. 18.

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11106 BURYWOOD LN	4	...	3	...	1	RESTON	\$746,000	...	Detached	0.57	20194	ASCOT
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12077 CHANCERY STATION CIR	3	...	3	...	0	RESTON	\$616,100	...	Townhouse	...	0.04	20190	RESTON
1369 HERITAGE OAK WAY	3	...	2	...	2	RESTON	\$597,000	...	Townhouse	...	0.06	20194	RESTON
11604 SOURWOOD LN	3	...	2	...	2	RESTON	\$575,000	...	Detached	0.46	20191	RESTON
1611 GREENBRIAR CT	3	...	2	...	1	RESTON	\$570,000	...	Detached	0.12	20190	RESTON
11421 SUMMER HOUSE CT	3	...	2	...	2	RESTON	\$566,500	...	Townhouse	...	0.07	20194	RESTON
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11605 BRANDON HILL WAY	2	...	2	...	1	RESTON	\$539,900	...	Detached	0.13	20194	RESTON
11451 HOLLOW TIMBER CT	4	...	3	...	1	RESTON	\$535,000	...	Townhouse	...	0.10	20194	RESTON
11804 TREE FERN CT	4	...	2	...	1	RESTON	\$526,000	...	Detached	0.35	20191	FOX MILL WOODS
1830 FOUNTAIN DR #705	2	...	2	...	0	RESTON	\$510,000	...	Hi-Rise 9+ Floors	20190	PARAMOUNT	
1577 BRASS LANTERN WAY	3	...	3	...	1	RESTON	\$510,000	...	Townhouse	...	0.06	20194	RESTON
12025 NEW DOMINION PKWY #124 ...	2	...	2	...	0	RESTON	\$505,000	...	Garden 1-4 Floors	20190	MIDTOWN NORTH	
12326 COLERAINE CT	4	...	2	...	1	RESTON	\$497,500	...	Detached	0.46	20191	STRATTON WOODS
1226 WILD HAWTHORN WAY	3	...	2	...	2	RESTON	\$493,000	...	Townhouse	...	0.04	20194	RESTON
11111 WATERMANS DR	3	...	2	...	1	RESTON	\$490,000	...	Townhouse	...	0.04	20191	RESTON
1207 WILD HAWTHORN WAY	3	...	2	...	2	RESTON	\$490,000	...	Townhouse	...	0.03	20194	RESTON
11556 LINKS DR	3	...	3	...	1	RESTON	\$457,000	...	Townhouse	...	0.06	20190	RESTON
2342 BEDFORDSHIRE CIR	4	...	2	...	1	RESTON	\$453,000	...	Detached	0.46	20191	STRATTON WOODS
11775 STRATFORD HOUSE PL #210 ...	2	...	2	...	0	RESTON	\$450,000	...	Garden 1-4 Floors	20190	STRATFORD	
1855 STRATFORD PARK PL #113	2	...	2	...	0	RESTON	\$435,000	...	Garden 1-4 Floors	20190	STRATFORD	
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12000 MARKET ST #247	2	...	2	...	0	RESTON	\$421,000	...	Garden 1-4 Floors	20190	SAVOY AT RESTON TWN CNTR	
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1603 PARK OVERLOOK DR	3	...	2	...	2	RESTON	\$420,000	...	Townhouse	...	0.05	20190	RESTON
11570 WOODHOLLOW CT	3	...	3	...	1	RESTON	\$409,800	...	Townhouse	...	0.04	20191	RESTON
1610 OAK SPRING WAY	4	...	3	...	2	RESTON	\$400,000	...	Townhouse	...	0.05	20190	RESTON
12000 MARKET ST #318	2	...	2	...	0	RESTON	\$396,500	...	Other	20190	SAVOY AT RESTON TWN CNTR	
12190 ABINGTON HALL PL #203	2	...	2	...	0	RESTON	\$385,700	...	Garden 1-4 Floors	20190	MADISON PARK AT WEST MAR	
12001 MARKET ST #463	2	...	1	...	1	RESTON	\$385,000	...	Garden 1-4 Floors	20190	MARKET ST TOWN CENTR	
11276 HARBOR CT #1276	2	...	2	...	1	RESTON	\$385,000	...	Garden 1-4 Floors	20191	HARBOR POINT	
12025 NEW DOMINION PKWY #205 ...	1	...	1	...	0	RESTON	\$384,900	...	Hi-Rise 9+ Floors	20190	MIDTOWN NORTH	
12190 ABINGTON HALL PL #202	2	...	2	...	0	RESTON	\$375,000	...	Garden 1-4 Floors	20190	MADISON PARK AT WEST MAR	
1894 WINTERPORT CLUSTER	3	...	2	...	1	RESTON	\$375,000	...	Townhouse	...	0.04	20191	RESTON
1449 CHURCH HILL PL #1449	2	...	3	...	0	RESTON	\$375,000	...	Townhouse	...	20194	HAMPTON POINTE	
11144 GLADE DR	2	...	1	...	1	RESTON	\$374,000	...	Townhouse	...	0.03	20191	RESTON
1601 VALENCIA WAY	4	...	3	...	1	RESTON	\$370,000	...	Townhouse	...	0.05	20190	RESTON
11713 STILLBROOK CT	3	...	3	...	1	RESTON	\$370,000	...	Townhouse	...	0.04	20191	RESTON
1656 BARNSTEAD DR	3	...	2	...	1	RESTON	\$366,000	...	Townhouse	...	0.04	20194	RESTON
2341 MILLENNIUM LN	3	...	2	...	2	RESTON	\$365,000	...	Townhouse	...	0.04	20191	GENERATION TOWNHOUSES
2360 GENERATION DR	3	...	2	...	2	RESTON	\$360,000	...	Townhouse	...	0.07	20191	GENERATION
2061 WHISPERWOOD GLEN LN	3	...	2	...	1	RESTON	\$339,900	...	Townhouse	...	0.02	20191	RESTON
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1727 IVY OAK SQ #11	4	...	2	...	1	RESTON	\$330,000	...	Townhouse	...	20190	IVY OAK	
11264 SILENTWOOD LN	3	...	2	...	1	RESTON	\$327,500	...	Townhouse	...	0.02	20191	RESTON
11870 BRETON CT #13B	2	...	2	...	1	RESTON	\$325,000	...	Townhouse	...	20191	...	GLADE AT HUNTERS WOODS	
1662 VALENCIA WAY	3	...	3	...	1	RESTON	\$324,000	...	Townhouse	...	0.03	20190	RESTON
11979 BARREL COOPER CT	4	...	2	...	2	RESTON	\$320,000	...	Townhouse	...	0.04	20191	RESTON
11828 BRETON CT #23A	2	...	2	...	1	RESTON	\$315,000	...	Townhouse	...	20191	...	GLADE AT HUNTERS WOODS	
11211 SILENTWOOD LN	3	...	2	...	1	RESTON	\$310,000	...	Townhouse	...	0.02	20191	WHISPERWOOD
1672 VALENCIA WAY	3	...	3	...	1	RESTON	\$300,000	...	Townhouse	...	0.05	20190	RESTON
11760 SUNRISE VALLEY DR #403 ...	2	...	2	...	0	RESTON	\$300,000	...	Hi-Rise 9+ Floors	20191	MERCER	
11080 SAFFOLD WAY	3	...	2	...	1	RESTON	\$299,000	...	Townhouse	...	0.04	20190	RESTON
12001 MARKET ST #T31	1	...	1	...	0	RESTON	\$290,000	...	Garden 1-4 Floors	20190	MARKET ST TOWN CENTR	
1521 CHURCH HILL PL #1521	2	...	1	...	1	RESTON	\$289,000	...	Garden 1-4 Floors	20194	HAMPTON POINTE	
2334 ANTIQUA CT	3	...	3	...	1	RESTON	\$283,000	...	Townhouse	...	0.03	20191	RESTON
1531 CHURCH HILL PL #1531	2	...	2	...	0	RESTON	\$277,000	...	Other	20194	HAMPTON POINTE	
1705 LAKE SHORE CREST DR #15 ...	2	...	2	...	0	RESTON	\$273,500	...	Garden 1-4 Floors	20190	...	EDGEWATER AT TOWN CNTR	
1664 WHISPERHILL DR	2	...	2	...	1	RESTON	\$270,000	...	Townhouse	...	0.02	20194	RESTON
12114 PURPLE SAGE CT	2	...	1	...	0	RESTON	\$260,000	...	Townhouse	...	0.02	20194	RESTON
2204 HUNTERS RUN DR #2204	2	...	2	...	0	RESTON	\$250,000	...	Garden 1-4 Floors	20191	HUNTERS CROSSING	
11743 LEDURA CT #T4	3	...	2	...	0	RESTON	\$250,000	...	Garden 1-4 Floors	20191	SPRINGWOOD	
1781 JONATHAN WAY #1781-E	2	...	2	...	0	RESTON	\$240,000	...	Garden 1-4 Floors	20190	PARCRESTON	
11200 CHESTNUT GROVE SQ #1	3	...	2	...	0	RESTON	\$235,000	...	Garden 1-4 Floors	20190	CHESTNUT GROVE	
2061 ROYAL FERN CT #21C	3	...	2	...	0	RESTON	\$235,000	...	Garden 1-4 Floors	20191	SOUTHGATE	
11200 CHESTNUT GROVE SQ-	3	...	2	...	0	RESTON	\$230,020	...	Garden 1-4 Floors	20190	CHESTNUT GROVE	
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11603 VANTAGE HILL RD #11B	2	...	1	...	1	RESTON	\$165,000	...	Garden 1-4 Floors	20190	VANTAGE HILL	
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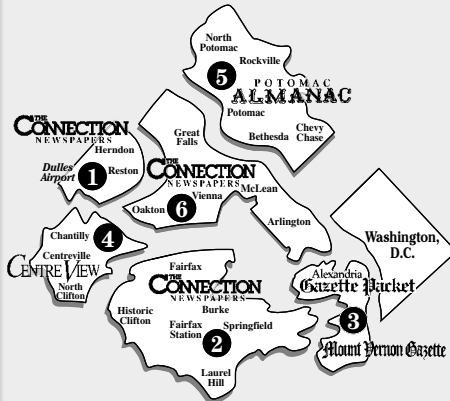
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The New Year, Same as the Old Year?



By KENNETH B. LOURIE

As I scan (no pun intended) my living-with-cancer horizon, my focus isn't long term, nor is it short term. It's somewhere between intermediate and immediate. I haven't received any discouraging news, thank God!; I've just taken stock – as the new year approaches, and have to decide how I want to invest in my future, cancer-care wise. Are there changes I need to make to my diet? Is it beneficial to commit to – and buy – organic whenever possible? Can I even afford to increase my food expense that much or am I being penny-wise and extremely pound-foolish (narrow minded) by assuming that what's kept me alive so long (relative to my original prognosis) is likely to continue to do so in the future – just because? And ultimately – and most importantly, do I need to recommit to the many non-traditional methods I've employed to fortify my immune system and continue to fend off the ravages of cancer? And if I do so, will the stress of assimilating/modifying/indoctrinating "Royal Jelly," as but one example, into a new routine, create yet another alternate universe for me to inhabit, the stress of which might upset the entire apple cart? Moreover, is making – or even considering to make, any New Year's resolutions likely to make me more resolute in my adherence to keeping Kenny-with-cancer alive and reasonably well? Or should I not give a hoot and try to find joy (meaning minimal stress; stress is the enemy in this fight) wherever I can and throw caution to the wind and let the cancer chips fall where they may? I want to live but I'm not sure I want to die trying.

I want to live my future by staying as true to my convictions as possible without neglecting alternative approaches, make that changes; changes which could possibly enhance/improve a diagnosis-to-date, above-average quality of life that I've been EXTREMELY FORTUNATE to live. As Stella (Linda Hunt) said to Paden (Kevin Kline) in the classic Western "Silverado:" "The world is what you make of it friend, if it doesn't fit, you make alterations." So my continuing dilemma is: do I in fact make alterations or do I get back on the horse I rode in on – so to speak?

I want to be open to change, really I do, especially if it's a change that might save my life. However, if that change creates new stresses in my life – the effect of which is particularly difficult for terminal patients, is the change worth it? Is a maybe – with all its uncertainty and unknowns, worth the risk when the definite changes I've already made have gotten me so much further than one – or many, had initially anticipated? I agree that change is good, healthy even; but in my circumstance, I wonder: Is it better? And I need better. And given the fact that there are very few guarantees offered to stage IV non-small cell lung cancer patients, I see no tangible benefit to making any resolutions to change because (A) I don't need the additional pressure (pressure being the first cousin to stress) of having to do anything I don't feel comfortable and committed to doing and (B) Having survived almost four full years from the date of my original diagnosis/prognosis doing what I've done, all I should feel is: that anything is possible. I'm living proof.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



2013

Are We Keeping the Promise?

Reston

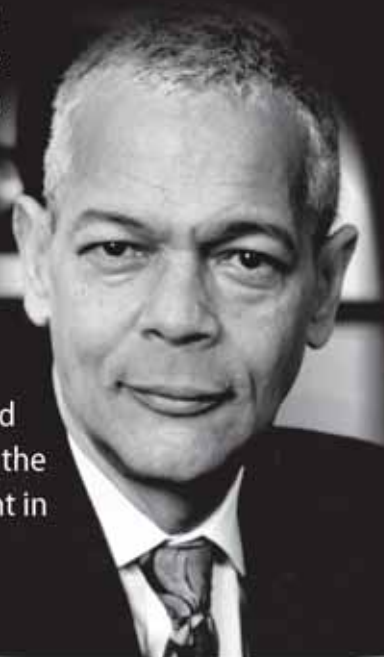
Dr. Martin Luther King, Jr. Birthday Celebration

Space is Limited. Registration required for keynote address.

SUNDAY, JANUARY 20

KEYNOTE SPEAKER JULIAN BOND

Beginning with his pivotal role in the Civil Rights Movement, Julian Bond - an expert on diversity in the law - has always been on the cutting edge of social change and leadership. Legendary as the first black US vice presidential nominee and former Chairman of the NAACP, Bond continues to deliver a powerful message of greater equality, freedom, and justice with a renewed sense of relevance to the Civil Rights Movement in our present times.



JANUARY 4 - 31

Art by Reston Schools

RCC Hunters Woods

Come celebrate the creativity of Reston students with an art exhibit centered on the history of Dr. King and the Civil Rights Movement.

SATURDAY, JANUARY 19

Community Service Projects & Volunteer Lunch

9:00 a.m. - 1:00 p.m.

Southgate Community Center • 12125 Pinecrest Road

Contact Ha Brock Reston Association's Community Outreach Specialist at 703-435-7986 or habrock@reston.org to volunteer. Please check out our website for a complete list of projects. Afterwards, volunteers will gather to share lunch.

Reston Community Orchestra

4:00 p.m. • RCC Hunters Woods

A 90-minute musical tribute to Dr. King.

SUNDAY, JANUARY 20

Keynote Address - Julian Bond & Community Lunch

1:00 p.m. - 2:30 p.m. • RCC Hunters Woods

Registration Required • #704717-3A

Enjoy a keynote address, family style lunch and more.

Especially for Youth

12:30 p.m. - 2:30 p.m. • RCC Hunters Woods

Registration Required • #704717-3B

School age children in 1st - 6th grade will rotate through a series of activities based on the history of MLK and the civil rights movement. Lunch is provided.

Commemorative March

3:15 p.m. • Lake Anne Plaza

Participants will march to the Northern Virginia Hebrew Congregation. A shuttle bus will run between the two sites from 3:00 p.m. until after the Voices of Inspiration program concludes.

Voices of Inspiration

4:00 p.m.

Northern Virginia Hebrew Congregation • 1441 Wiehle Avenue

Sponsored by the Martin Luther King Jr. Christian Church and includes many faith communities.

All events are FREE; due to space limitations registration for some events is required. Attendance at the events requiring registration will be limited to registered participants.

Please check out our website www.restoncommunitycenter.com or contact Kevin Danaher, Community Events Director, at 703-476-4500 for more information.



Like us on Facebook
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Reston Community Center

2310 Colts Neck Road, Reston VA 20191



To request reasonable ADA accommodations, call 703-476-4500 • 800-828-1120 (TTY).

