

FEBRUARY 14-20, 2013

25 CENTS NEWSSTAND PRICE

Mountain View graduate Amal Bistami, of Centreville's Woodgate Village community, poses with (from left) mom Habiba Khatibi, sister Jihane Bistami and friends Abdul Mohammed and Isidore Gyabin.

PHOTOS BY
BONNIE HOBBS/
CENTRE VIEW



Giving Students Fresh Start in Life

Mountain View holds its winter graduation.

BY BONNIE HOBBS
CENTRE VIEW

At each Mountain View High School graduation, student speakers share their personal stories of perseverance and determination to overcome the obstacles before them. And that's just what they did during their Feb. 5 commencement ceremony held at Oakton High.

Referring to the way he used to be, Christopher Schaefer began by saying, "That guy was addicted to prescription pills, planned to drop out of high school and thought he'd either live on somebody's couch or on the street."

He said depression followed him and, although he had a problem, he didn't want to acknowledge it. "As my usage increased, my friends were walking away," said Schaefer. "But my brother got me to realize what I was doing."

Eventually, he confessed his drug use to his mother, and both she and his brother helped and supported him. "But I knew I had to rely on my determination to kick my addiction," said Schaefer. "I had to learn to fight for it. Then my grandfather passed away on Dec. 31, 2010, and I felt guilt that he saw me throwing my life away."

Schaefer knew he had to get an education to change his situation, so he enrolled in Mountain View, and it was exactly what he needed. "Starting Mountain View was a fresh start," he said. "I was encouraged and given responsibility. And slowly, I turned into the guy you see today — ready to accept his high-school diploma, working and going to NOVA in the fall." He then

SEE FRESH START, PAGE 4



India Torain is visibly moved when she hears her name called to receive her high school diploma at the Feb. 5 Mountain View High School Winter Commencement.



Mounatin View High School graduating Senior Khalid Alyemni performs at his Feb. 5 commencement.

A Study in Courage And Compassion

Centreville woman battles cancer; receives community's help.

BY BONNIE HOBBS
CENTRE VIEW

Just 38, Centreville's Debbie Bendorf is a wife, a mother of three young boys and a person fighting the battle of her life against a rare form of cancer. She loves her family, is loyal to her friends and doesn't complain or ask for anything special for herself — which is why the community is trying to help her and her family.

Husband Pete Bendorf is an assistant principal and assistant football coach at Westfield High and helps coach an SYA basketball team of second-graders. Sons Jake, Zach and Nick are in fifth grade, second grade and kindergarten, respectively, at Cub Run Elementary. And last Saturday, Feb. 9, SYA families came together and held a basketball fundraiser



Debbie Bendorf

for them.

SYA mom Fran Furr explained the details in a blog she posted publicizing the fundraiser. She and

SEE A STUDY, PAGE 8

Giving from the Heart

SYA raising money for family of Westfield coach/administrator.

BY BONNIE HOBBS
CENTRE VIEW

On the surface, it was a basketball tournament like any other. Boys in colorful uniforms competed against each other in a school gym, while moms sold concessions outside in the hallway.

But the whole event, Saturday, Feb. 9, at Westfield High had a much more special and serious purpose. It was a fundraiser for an SYA family — dad Pete Bendorf who coaches, sons Zach and Jake who play baseball and basketball, and mom Debbie who cheers them on.

SEE SYA, PAGE 8

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SCHOOLS

Pathways to a Successful Future

Chantilly Academy offering CyberSecurity and Engineering Technology programs.

BY BONNIE HOBBS
CENTRE VIEW

In the coming weeks, freshmen, sophomores and juniors across Fairfax County will be planning their class schedules for fall. And before they do, Joan Ozdogan, career experience specialist at Chantilly Academy – a Governor's STEM Academy wants them to know about two new programs they might want to take.

One is Information Technology - CyberSecurity, and the other is Engineering Technology - Advanced Manufacturing. And both will prepare graduates for high-paying jobs in high-demand careers.

Each year, the academy attracts students from a variety of high schools throughout the county. So on Wednesday, Feb. 27, from 6-8 p.m., it'll hold an open house so people may find out more about all the classes it offers.

But Ozdogan's especially excited about what's happening that night from 6:30-7:30 p.m. in the school lecture hall. That's when the two new programs will be showcased for current freshmen, sophomores and juniors and their parents.

Also attending will be the college and industry partners involved in these new programs. They'll represent NVCC, Old Dominion University, Norfolk State University, Northrop Grumman, Orbital Sciences Corp., Micron Technology, Lockheed Martin, SRC Inc., The SI Organization and the Virginia Manufacturers Assn.

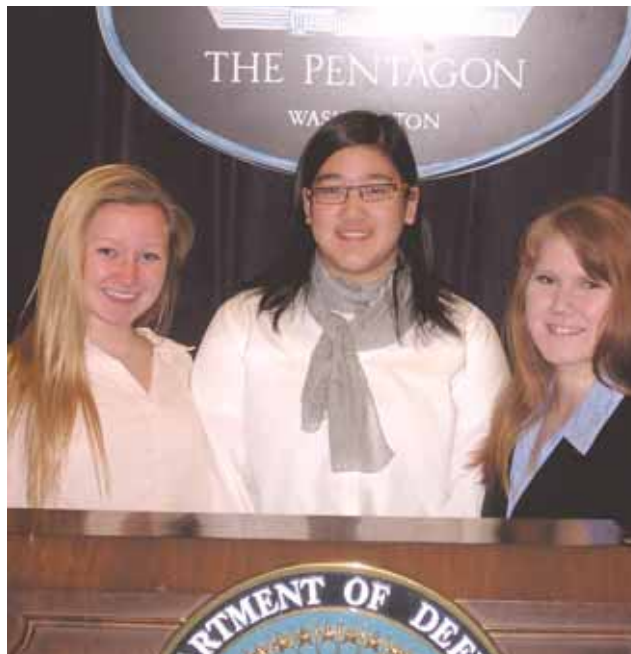
CYBERSECURITY

"Both government and industry are looking to hire experts in cybersecurity," said Ozdogan. "It is literally the 'it' technology in information technology. It's network-security specialists who are defending computer networks from unauthorized, illegal access or – worse, yet – from someone trying to get in and shut them down."

At risk are transportation systems, bank and medical records, water-distribution systems, the nation's electrical grid, air-traffic-control systems, etc. So, said Ozdogan, "The need could not be more apparent."

In CyberSecurity, students can take three paths to prepare them for careers at various levels of this field. They may obtain either a certificate in Network Security, an AAS (Associate of Applied Science) degree in Information Systems Technology – Network Security, or a BS in Information Technology – Information Security.

"We've developed a dual-enrollment program here with NOVA's Manassas campus so students can take high-school courses for high-school and college credit, at the same time," said Ozdogan. "So by the time they finish our two-year program, they could earn 37 college credits."



Chantilly Academy students in the Air Force Association's CyberPatriot program participated in a federal IT Job Shadow Day at the Pentagon, last Thursday, Feb. 7. Learning that the Pentagon's chief information officer is a woman, future cyber-defenders (from left) Westfield High students Jackie Lasky and Tanya Sutan-Tanon, plus Fairfax High's Jessica Miers, are encouraged in their plans for successful careers in cybersecurity.

It's also much cheaper to take the classes in this course at the academy than in col-

lege. "This year, the cost per credit hour at NOVA is \$150, and that doesn't include parking, fees and books," said Ozdogan. "Here, it costs just \$21.79/credit hour because our academy teachers – who've been approved as adjunct NOVA professors – are teaching it."

These students will also have completed nearly three semesters of college work while in high school. That's because the classes in this program include pre-calculus with trigonometry, plus English 12, so they'll fulfill their core requirements for both high-school and college graduation.

They'll get a slew of technical certifications, too, with FCPS paying for them to take their certification exams. These same exams, taken in college and beyond, would cost hundreds of dollars. The academy plans to enroll 200 students in this program initially and grow it from there.

"If parents ask me what career their child can go into that will take them 30 years into the future, the one that comes to mind first is cybersecurity," said Ozdogan. "A student earning his or her associates degree in Network Security – and having earned a couple

cybersecurity certifications, plus a security

SEE PATHWAYS, PAGE 7

Let's Hear it for the Girls

Six Centreville High female athletes will play NCAA sports.

BY BONNIE HOBBS
CENTRE VIEW

Move over, boys. Six Centreville High student-athletes last week signed National Letters of Intent to play sports in NCAA Division I colleges – and all of them are girls.

They're lacrosse player Carly Sane, who'll attend Monmouth University in New Jersey, plus soccer players Haley Yow, Duquesne University in Pittsburgh; Clara Logsdon, College of William & Mary; Alex Myers, University of South Florida; Tori Collar, Liberty University, and Lindsay Egbers, University of Richmond.

They signed their letters last Wednesday, Feb. 6, accepting athletic scholarships to their chosen colleges. And the following morning, Centreville Director of Student Activities Jimmy Sanabria held a ceremony for them before their coaches, families, friends and classmates in the school library.

"As the DSA here for 10 years, I think this is the first time we've just had girls signing

all at once," he said. "And it's really appropriate because most of the championships Centreville High's won have been won by girls' teams. Scholarships are very difficult to get. Colleges look for the very best person, all-around and academically, so we're proud to have all six of them."

Then, while wearing the T-shirts and sweatshirts of the colleges they'll be attending this fall, the girls listened while Sanabria told the audience a little bit about them.

CARLY SANE

"Carly started playing lacrosse in middle school and became a leader in the program," said Sanabria. "At Centreville, she was named JV team captain as a freshman. On the varsity as a sophomore, she was second on the team in scoring."

"Last year, we had the best lacrosse season in school history, and Carly made 44 goals and was first team, All Concorde District. She also plays for the Capital Lacrosse Club, an elite team, and still has this season to go at Centreville. She's fun to be



From left are Centreville High star athletes Carly Sane, Tori Collar, Lindsay Egbers, Alex Myers, Clara Logsdon and Haley Yow.

around and has a positive attitude and the innate ability to make those around her better."

HALEY YOW

"Haley started playing travel soccer in second grade and was on the 1994, elite Olympic Development Program team for four years," said Sanabria. "She's competed in three, national championships with her club team and has been spectacular at

Centreville. She was on the varsity team as a freshman and made All Region and All District honors.

"Her coaches say she's seemingly unassuming, but quick and tough to handle on the field. Girls soccer at Centreville is one of the best in the state, and Haley's been a scholar-athlete three times and is a member of the National Honor Society, Spanish Honor Society and Student Government."

SEE SIX FEMALE, PAGE 7

ROUNDUPS

Chantilly Man Is Arrested

City of Fairfax police have arrested and charged a Chantilly man with shoplifting. He is Moises Argueta Barahona, 20, of Novar Drive. The alleged incident occurred last Wednesday, Feb. 6, at the Best Buy store at 9652 Main St. in Fairfax.

According to police, employees reported that afternoon that a man had been observed picking up an item of merchandise there and trying to leave the store without paying, at which point he was detained.

Police say investigation revealed that he'd also allegedly stolen a laptop computer from that Best Buy on Jan. 10. Following his arrest, Barahona was taken to the Fairfax County Adult Detention Center and charged with two counts of felony larceny. His bond was set at \$500.

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, Feb. 14, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

However, because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

Food Donations for WFCM

The Western Fairfax Christian Ministries' (WFCM) thrift store will reopen this Saturday, Feb. 16, at 13939 Metrotech Drive, near the Lotte Market, in Chantilly's Sully Place Shopping Center. Store hours will remain the same -Monday-Friday, 9 a.m.-6 p.m., and Saturday, 9 a.m.-5 p.m. But starting Tuesday, Feb. 19, donation hours for clothing, household goods and furniture will be Tuesday-Saturday, 10 a.m.-4 p.m.

In addition, WFCM's food pantry urgently needs donations of spaghetti sauce, canned fruit, rice (2-lb. bags), canned pasta, peanut butter, canned tuna and meat, hot and cold cereal, fruit juice, and pancake mix and syrup. Bring all items to WFCM's new food-pantry location at 13888 Metrotech Drive, near Papa John's Pizza and Kumon Learning Center, also in Sully Place.

Citizens Fire and Rescue Academy

Area residents wanting to learn more about the Fairfax County Fire and Rescue Department may now have the chance. They may participate in a nine-week program showing them what firefighters and paramedics do every day.

Applications to the first-ever Citizens Fire and Rescue Academy will be accepted until Feb. 18 or until the class of 25 is filled. The free program is open to those at least 18 years old. The academy will begin March 28, meeting for nine consecutive weeks, from 6-9 p.m., at various locations.

Each session will cover different aspects of the organization, providing an in-depth overview of it and its uniformed and civilian workforce. Program topics include fire suppression, emergency medical services, training, recruitment and special operations. Apply at www.fairfaxcounty.gov/fr/cfa.

WFCCA Land-Use Committee

Child care and a cell tower are on tap for the next meeting of the West Fairfax County Citizens Association (WFCCA) Land-Use Committee. It's slated for Tuesday, Feb. 19, at 7 p.m., in the Sully District Governmental Center, 4900 Stonecroft Blvd., in Chantilly. Agenda items are as follows:

- ❖ A proposed change to the county's home childcare policy. In January, the Board of Supervisors authorized public hearings for a zoning ordinance amendment which, if approved, would allow

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NEWS



PHOTOS BY BONNIE HOBBS/CENTRE VIEW

Performing as the Von Trapp children are (from left) Grace Shields, Marc Manaloto, Dimitri Gann, Aubrey Cervarich, Maya Tischler and Carys Meyer, holding Dorothy Cervarich.

'A Few of My Favorite Things'

'The Sound of Music'
presented by Centreville
Presbyterian Church.

BY BONNIE HOBBS
CENTRE VIEW

The hills may not be alive with "The Sound of Music," but Centreville Presbyterian Church will be when its community theater presents this classic Rodgers and Hammerstein musical.

Show times are Thursday-Saturday, Feb. 21, 22 and 23, at 7:30 p.m., and Sunday, Feb. 24, at 2 p.m. Tickets are \$12 at www.centrevillepres.com, at the church office at 15450 Lee Hwy. in Centreville or at the door.

The cast and crew of 70 have been rehearsing since September, and Director Zoe Dillard is proud of them all. "We have great actors, very talented, with wonderful voices," she said. "And the music is absolutely stunning and beautiful, as is the integrity of the story."

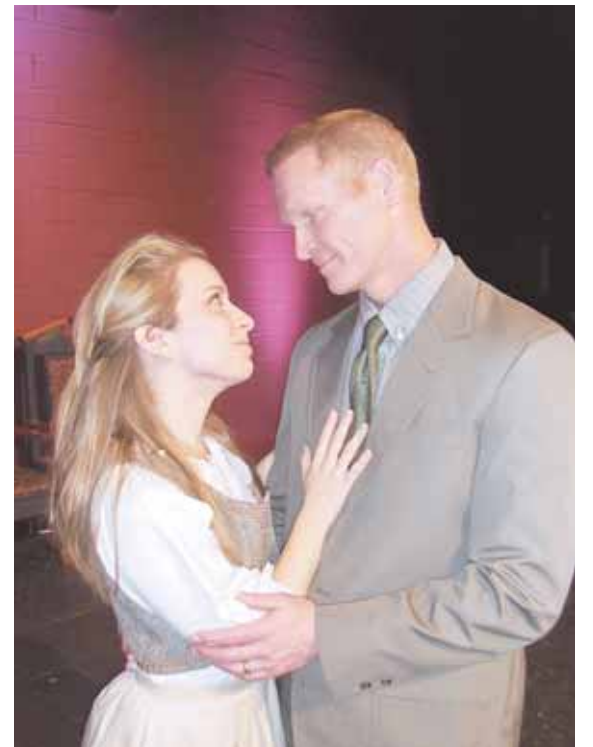
Noting that Rachel Harrington portrays Mother Abbess, Dillard said, "I feel it's a role she was born to play. The first time she sang, 'Climb Every Mountain,' I got goosebumps. And it's been lovely watching the cast grow through rehearsals. I think everyone who comes to this show will enjoy it and will walk out humming the songs."

Heidi Ermlick is the choreographer; Don Halterman, producer; and Nancy Smith, music director. Smith's also conducting the 18-person pit orchestra.

Becky Hawryluk is head costumer, and Ken Nuss and Steve Moss designed the set.

The cast includes both adults and students from a variety of schools, including Westfield High and Deer Park Elementary. Dorothy Cervarich, 9, a Deer Park fourth-grader, plays Gretl, the youngest Von Trapp child.

The story's set in 1938 Austria, prior to the Ger-



Erin Cooper and Brian Johnson portray Maria and Capt. Von Trapp in "The Sound of Music" at Centreville Presbyterian Church.

man invasion. It's based on the true story of a widower with seven children and their governess who intends to become a nun, but falls in love with him. Scenes take place in the Austrian Alps, the Von Trapp home and the abbey.

Chantilly High 2006 grad Erin Cooper of Poplar Tree Estates plays Maria. "She's a wholesome, God-fearing woman and postulate," said Cooper. "But she also has the capacity to love a man, so she has to learn she can live in the real world and that her life isn't in the abbey, where she just doesn't fit in. She

SEE 'FAVORITE THINGS,' PAGE 13



PHOTO BY BONNIE HOBBS/CENTRE VIEW

Mountain View grad Lisa Akumah (second from left), of Centreville's Asher View community, celebrates with friends (from left) Jetzabel Carrera, Ashley Lawrence and Tori Christian.



PHOTO BY DEB COBB/CENTRE VIEW

Kaleb Chernet shakes Mountain View High School Vice Principal Gary Morris' hand as his name is called to cross the stage to receive his high school diploma.

Giving Students a Fresh Start in Life

FROM PAGE 1

thanked his brother, saying, "If it wasn't for you, I wouldn't be here today."

Also sharing her story was Claudia Ortiz. In September 2010, she was a 15-year-old junior at Centreville High. But two months later, she was pregnant. "I couldn't believe it; I was shocked," she said. "I thought my mom would be mad at me. And she was disappointed, but she supported me."

At first, Ortiz was able to hide her pregnancy from her classmates. But, she said, "When I was six months pregnant, I wore my maternity shirt and someone said hateful things to me and I burst into tears."

In May 2011, she was eight months along and hadn't spoken to the baby's father in seven months because he hadn't treated her well. Then, after her son Matthew was born, the father wanted to see him. "But I said no because I was afraid of how he'd treat him," she said.

Nonetheless, Ortiz reunited with him, but soon found herself isolated from her other friends because of that decision. "On Facebook, I went from 500 friends to 6," she said. She and the father eventually broke up.

"Six months ago, I was at the store and we argued over diapers, and he slapped me and punched me in the face," she said. "This was a wake-up call to me. I called the police and got a protective order, and this stopped me from listening to his excuses."

Today, said Ortiz, she makes her own decisions and takes responsibility for her life. "I want to set a good example for Matthew, and part of it is getting a good education," she said. "I've been working with good teachers here, and Mountain View's flexibility allowed me to work and attend school at the same time. I want to thank Moun-



PHOTO BY DEB COBB/CENTRE VIEW

Mountain View High School graduating Senior Claudia Alarcon Ortiz speaks during her Feb. 5 commencement.

tain View for helping me reach this day, my mother for helping take care of my son and Matthew for inspiring me."



PHOTOS BY BONNIE HOBBS/CENTRE VIEW

Mountain View graduate Amy Saenammatt of Centreville's London Towne community, poses with friend Claire Yuan.

Then school counselor Mike Todd presented the Personal Achievement Award to Jeremy Gillom. "This award is given to those students who've succeeded both personally and academically, despite many obstacles," said Todd. "Jeremy is a shining example of perseverance and patience. He's attended all four years of high school at Mountain View and has a full-time job. And through it all, he maintained a positive attitude and showed everyone what it means to strive,

work hard and achieve his goal of graduating."

Next, school social worker Cynthia Crisafulli presented Ortiz with the Citizenship Award. "This award goes to a person who built a positive school community through her citizenship and work with others," said Crisafulli. "Despite her challenges, she's helped and encouraged others to learn, and we're grateful for all she's done to enrich our Mountain View community."



New Mountain View grad Kaleb Chernet of Oak Hill gathers with his family, (from left) dad Getu Beneberou, sister Mihret Chernet, mom Zinash Kidane and brother Sofoniyas Chernet. Kaleb received scholarships from the Dulles Regional Chamber of Commerce and Apple Federal Credit Union. He's already attending NOVA and is studying electrical engineering.

'Go Live the Life You Dreamed'

Principal Jagels addresses graduating seniors.

BY BONNIE HOBBS
CENTRE VIEW

Addressing Mountain View High's winter graduates last Tuesday, Feb. 5, Principal Dave Jagels asked them to take a moment and think back to kindergarten.

"I believe most of us were the same way, excited to start school," he said. "If you were lucky, you usually started the school year with something new — a backpack, clothes, shoes. You couldn't sleep, the night before; you didn't know what to expect."

Then, as they walked into their school for the first time, said Jagels, "Most of us were scared and unsure, but we all had dreams and aspirations. Success or lack of success wasn't even a thought. School, for the most part, was fun."

Most importantly, he said, "We had a belief in ourselves. No one could tell us what we could become. We truly believed that, given the right circumstances and life situations, we could all accomplish our dreams and achieve what we wanted. There wasn't anything or anyone that could stop us from becoming what we wanted to become."

And for some people, said Jagels, that's

just how their life story plays out. Everything falls into place for them. But many others aren't so lucky.

"Their path takes a different turn," he said. "It could include losing a parent or moving to a new country and learning a new language by yourself at age 14. Or it could include surviving civil war in your home country, living out of your car for six months or getting placed at a new school because of a mistake you made."

Still other young people find themselves working full time until after midnight, said Jagels, or having a child before even having a driver's license. "For some students, life becomes complicated, difficult, unsure," he said. "The dreams of kindergarten become a distant memory, and graduation, impossible."

But seated before him, said Jagels, he saw 50 students who didn't let life get in the way of their accomplishing what they'd planned, years ago. He then quoted from Los Angeles Watts Times reporter Michael Josephson's Dec. 1, 2005 article about the life and legacy of Rosa Parks — who overcame her own obstacles.

"How will the value of your days be measured?" wrote Josephson. "What will mat-



PHOTO BY DEB COBB

Mountain View High School senior Christopher Schaefer was one of the speakers at his Feb. 5 commencement.

ter is not what you bought, but what you built; not what you got, but what you gave. What will matter is not your success, but your significance; not what you learned, but what you taught. What will matter is every act of integrity, compassion, courage or sacrifice that enriched, empowered or encouraged others to emulate your example."

"What will matter is not your competence, but your character; not how many people you knew, but how many will feel a lasting loss when you are gone," continued Josephson. "What will matter is not your memories, but the memories of those who loved you. What will matter is how long you will

be remembered by whom and for what. Living a life that matters doesn't happen by accident. It's not a matter of circumstance, but of choice. Choose to live a life that matters."

Then, referring to Mountain View's graduating seniors, Jagels told them that, at one point, they'd all made the choice — no matter their circumstances — to pull themselves up, brush themselves off and complete high school. And he encouraged them to continue having that can-do attitude.

"Regardless of what life throws at you, use your experiences and the guidance and support that Mountain View gave you and find success," he said. "Hopefully, we've shown you that, through family, love and respect — [the school's motto] — you can accomplish what you want to."

"Remember those who helped you get to where you are today," continued Jagels. "Looking around this room, I see dedicated Mountain View educators, and I thank you for your persistence and belief in the students here today. You never gave up and, most of all, you treated these students like family."

Lastly, to the almost-grads, he said, "We are extremely proud of you. Go live the life you dreamed of living and never let anything get in the way of that dream."

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OPINION

On Transportation

Compromise, in the works, should include indexing the gas tax to inflation.

Virginia needs more options, not fewer, in developing revenue to pay for roads and transportation. Compromise on a plan to increase transportation revenue should not include making Virginia the only state in the nation without a gas tax. The current, ridiculously low gas tax should be indexed to inflation. The last thing the Commonwealth needs is to do away with an existing, major source of money for roads.

Sen. Dick Saslaw proposed raising the tax, now 17.5 cents a gallon, by five cents each of the next two years and then indexing it to inflation. At the least, the tax should be indexed to rise with inflation from its current level.

Possible proposals to cut the tax in half along with increases in the sales tax miss the point, but are still far preferable to eliminating it.

The gas tax is a user fee. It raises money for roads from people and businesses who are using the roads, including drivers pass through Virginia from out of state.

We agree with Del. Scott Surovell, who says: "Funding roads exclusively with sales taxes disproportionately burdens the elderly who drive less than others and people who do not own cars."

Medicaid Expansion Progresses

The Fairfax County Chamber of Commerce said it well when it issued a statement in favor of the Commonwealth embracing \$10 billion in Federal money to expand the number of people eligible for health insurance under Medicaid:

EDITORIALS

"Northern Virginia businesses and taxpayers are already paying for health reform through new taxes levied by the Affordable Care Act. If we do not take advantage of Medicaid reform [and expansion], roughly \$10 billion in Virginia taxpayer dollars will go to the federal government to fund coverage extension in other states. If the General Assembly approves the reform and extension plan,

nearly all those taxpayer dollars will remain in-state where they can be put to good use for the benefit of the Commonwealth, its businesses and its citizens."

Call for Photos for Pet Centre View

The Pet Centre View, a twice-yearly special edition, will publish at the end of February, and photos and stories of your pets with you and your family should be submitted by Feb. 21.

Our favorite pictures include both pets and humans. Please identify everyone in the photo, give a brief description what is happening in the photo and of your pet, and include address and phone number (we will not publish your address or phone number, just your town name). We also welcome short stories about how you got your pet, a noteworthy talent or anecdote about your pet, and drawings, paintings or other artwork of your pet by children or adults. Email to centreview@connectionnewspapers.com

To see our last pet edition, visit <http://connectionarchives.com/PDF/2012/072512/Centreview%20South.pdf>.

Sex Trafficking Here in Northern Virginia

BY TIMOTHY D. HUGO
DELEGATE (R-40)

A couple of years ago, I became aware that sex trafficking of children was not solely an international issue, but one that was happening in our own backyard. Unfortunately, the truth is that it is one of the fastest growing criminal industries in the world, in the United States and, yes, here in Virginia. In 2011, I began working with Shared Hope International. This organization strives to prevent sex slavery, restore victims of sex trafficking, bring justice to vulnerable women and children, and strengthen Virginia's laws.

Since that time, the fight against human trafficking has become a top priority of mine. I am committed to fight against those who would do harm to our young people by enacting harsher penalties to those convicted of these horrendous crimes and by increasing public awareness.

According to the Polaris Project, a leading organization in the global fight against human trafficking, over 100,000 children alone are victims of the sex trade in the United States each year. It ranks Virginia 7th in the nation in the percentage of calls received reporting human trafficking. This is not a Top Ten category that any state seeks. Northern Virginia itself is



COMMENTARY

seeing increasing numbers of reported cases of sexual trafficking occurring in massage parlors, online escort services, and gang-related activities among other avenues. Just last year, members of a Fairfax-based gang were arrested for soliciting Fairfax County high school girls for sex trafficking.

Virginia lawmakers have responded and enacted several pieces of legislation including my HB 1898, which raised the penalty for abducting any individual for the purposes of prostitution or abducting a minor for child pornography. In addition, the General Assembly currently has before it my HB 1606, which would stiffen the penalty for soliciting a minor for prostitution. I will continue to look for ways to make Virginia one of the least desirable states for those who seek to harm our young people.

I am not alone in combating this evil. I will continue to work closely with Governor McDonnell, Attorney General Cuccinelli, my colleagues in the General Assembly, Shared Hope International, the Polaris Project, the Richmond Justice Initiative, law enforcement agencies and others to increase awareness of this issue and to institute harsher punishments for those who seek to harm young people for

financial gain.

Corporations are also participating in efforts to battle human trafficking. Just last year, AT&T granted the Richmond Justice Initiative \$25,000 to develop educational programs to help prevent human trafficking in the Richmond area.

I believe there is no worse crime than one committed against a child. I am dedicated to ensuring child sex traffickers remain behind bars longer for such horrific behavior, so that no child falls prey to those who seek them harm.

One child taken from his/her home, one young person falling prey to this evil, is one too many.

If you would like additional information on this issue, please contact me at 703.815.1201 or delthugo@house.virginia.gov

The writer is a majority caucus chairman at the Virginia House of Delegates.

Write

The Centre View welcomes views on any public issue.

The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

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Call: 703-917-6444.

By e-mail:
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A Connection Newspaper

SCHOOLS

Pathways to Success

FROM PAGE 2

clearance – can start a job at \$80,000/year. Students going on to complete a four-year degree in this field can earn \$100,000/year, plus a signing bonus.”

ENGINEERING TECHNOLOGY

“This program builds on our more than 12 years of history teaching engineering,” said Ozdogan. “We’ve got good kids with great hands, creative minds and great problem-solving skills. They think outside the box, but may not choose to pursue a BS in engineering.” This program provides them a way to get that degree in Engineering Technology.

“Engineers design an object and the engineering technician operates, maintains and troubleshoots it, is involved in its quality control and is a valuable partner in determining how to improve it and innovate its next generation,” said Ozdogan. “And the greatest need in Virginia today is for skilled workers, especially engineering technicians working in advanced manufacturing.”

Virginia’s number-one product today is memory chips, and they’re produced in an advanced-manufacturing environment. Micron Technology in Manassas – one of the academy’s partners – is the top memory-chip producer in the U.S. and employs both engineers and engineering technicians, who they call manufacturing technicians.

“It’s a modern, clean-lab environment and is all automated,” said Ozdogan. “Another major employer of engineering technicians in Virginia is the pharmaceutical industry – the second-largest manufacturing industry in the state. Advanced manufacturing isn’t the old-fashioned, blue-collar assembly line; it’s a world of white-collar, professional, skilled workers.”

And, she added, “Because the baby boomers in today’s skilled workforce will retire in the next five

to 10 years, there’ll be upwards of 100,000 job openings for skilled workers in advanced manufacturing.”

The academy’s program in this field will also offer three paths to success. Students may become manufacturing technicians to then obtain on-the-job training, or they may obtain either an AAS or BS in Engineering Technology. In the high-school-to-work scenario, for example, Micron Technology will hire an academy grad who’s completed pre-calculus with trigonometry and has one year of college English – which comes via dual enrollment in English 12 for both high school and college credit. That person must also have an industry certification – which he or she will get during the program – and demonstrate workplace-readiness skills.

Or the student could obtain an AAS degree in engineering technology, good for 17 college credits, if they complete the required academy classes in the program and go on to NOVA. For a BS in this field, academy grads could then take their accumulated credits from high school and NOVA and obtain their degree at Old Dominion or Norfolk State.

“Beginning engineering technicians start at \$50,000-\$65,000/year, and those with BS degrees would begin at even higher salaries,” said Ozdogan. “And their salaries would increase as they acquire more certifications and skills.”

“We believe preparation for a great career can begin in high school,” she continued. “And both these programs – CyberSecurity and Engineering Technology – represent high-demand, high-value and high-impact futures relevant to where the top jobs are in today’s workforce.”

So, said Ozdogan, “We want students and parents to join us for our open house and learn more about these exciting programs directly from our higher-education and industry partners.” For more information, contact her at 703-222-7464 or jeozdogan@fcps.edu.

Six Female Athletes To Play Division 1

FROM PAGE 2

TORI COLLAR

“Tori began playing soccer in first grade and started playing travel soccer in fourth grade,” said Sanabria. “She also plays basketball and is currently part of a team probably having its best season in school history. She’s been a goalkeeper on the varsity since her sophomore year and made All-District honors last year.

“It’s not easy being a goalkeeper — and she’s been injured — but it’s hard to keep her off the field. Her coaches say she makes the big saves at the big moments and, for a goalie, that’s everything. She’s been a scholar-athlete her twice and is a member of the National Honor Society.”

LINDSAY EGBERS

“Lindsay started playing soccer at age 4, and her first travel team was the SYA Power where she met her best friends, Haley, Alex and Clara,” said Sanabria. “She’s been on her club team, the VSA Heat, since she was 12, and she played on the National Championship-winning team in 2012. She’s also one of the nicest kids we’ve had here.

“Lindsay’s also played field hockey and run track. She’s aggressive when she plays, and she plays hard for her teammates. She’s competitive and consistent, always giving her best. She’s made the varsity as a freshman, made All-District honors the past two years and was a scholar-athlete three times.”

CLARA LOGSDON

“Clara’s been playing soccer since second grade and played in Costa Rica with her regional team as a freshman,” said Sanabria. “She’s played on the same team with Haley and Alex since fifth grade and played on All-Stars with Tori in third grade. She’s super-smart in the classroom and on the field, and that’s huge for a coach. She understands what needs to be done and does it.

“Clara’s played on the varsity since her freshman year and has been captain since her sophomore year. She was a scholar-athlete three times, made All-Region one year and All-District three years. And she’s in the National Honor Society, Math Honor Society and Spanish Honor Society.”

ALEX MYERS

“Alex started playing soccer at 3,” said Sanabria. “She’s played with the Olympic Development Program regional team four years and played on the U-14 national team — and you’ve got to beat out a lot of girls to do that. She also plays on a club team with Clara and Haley.

“On the varsity team since she was a freshman, she’s been its captain since her sophomore year. She was named First Team All Met by the Washington Post, made All-State, All-Region and All-District three times and was District Player of the Year as a sophomore. Her coaches say she combines toughness with style and flair, and her teachers call her a phenomenal kid who works hard.”

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SYA Raising Money for Family of Westfield Coach/Administrator

FROM PAGE 1

Donations were the price of admission, and proceeds from refreshment sales and a 50-50 raffle went to the family, as well. And when it was all over, \$8,500 was raised — all of it going directly to the Bendorf family. “It’s a pretty amazing group of people, that’s for sure,” said Pete Bendorf on Monday. “It’s a difficult time for all of us. But being that our kids are involved in SYA sports and Debbie and I were both school teachers, we crossed paths with a lot of people and have lots of friends, so everyone wanted to help out. It’s a bit overwhelming, but we’re grateful for that.”

The tournament was originally going to be held in Richmond but, when it got cancelled, it was moved to Westfield, where the SYA eighth-grade boys’ Turnpike Teams hosted nine other teams in an event running from 3-10 p.m. Initially, it was also intended as a fundraiser for other charities.

“But when we got an e-mail Tuesday from our basketball commissioner saying Debbie’s body couldn’t take chemo treatments anymore and she was in hospice, we decided to help out one of our own and do this tournament to help the Bendorfs,” said SYA dad Tom King of Centreville’s Sully Station community.

“They’re a great family and we’ve all enjoyed being around them,” he continued. “We feel so bad about this situation and just

wanted to do whatever we could.”

NEARLY 60 SYA basketball players competed Saturday, and their commissioner, Charlie Velasco, was pleased that the fundraiser came together so quickly. “Once I sent out the e-mail to the teams, they flew with it and got the word out,” he said. “We put this together in four days,” said another SYA basketball commissioner, Kara Stamper. “The outpouring of love and care for the Bendorfs was phenomenal. It’s a small way of showing our support for this wonderful family, and it just warms my heart to know this is the spirit of SYA.”

Both Pete and his brother Mark — who coached Robinson’s varsity football team for 14 years — have been teachers, coaches and people involved in youth sports for years. Debbie taught first grade at Wolf Trap Elementary, and Pete’s coached more than 30 years.

He taught math at Lake Braddock from 1985-88, and math and P.E. at Centreville High from 1988-92. He was Oakton High’s head football coach for the next 11 years, was director of Student Activities at Madison High for three years and was head football coach at South County High before coming to Westfield two years ago.

So, said Stamper, “The Bendorfs are well-known and loved throughout Northern Virginia. And my son and Jake have been friends for a long time. Debbie’s strength,

wit and courage are inspirational. She loves her family, and everything she does is geared to that. She’s a remarkable woman.”

AT SATURDAY’S FUNDRAISER, Astrid and Gary Lohman of Centre Ridge were among nearly 50 SYA volunteers helping out. They were at the front table, manning the donations jar. Others sold food and beverages and ran a 50-50 raffle.

“Ciro’s [New York Pizza] donated five, huge trays of ziti, and Glory Days gave us sandwiches at cost,” said Astrid. “We’re also selling water, cookies, chips, etc., with all proceeds going to the Bendorfs.”

“Pete’s coached and given back to kids, so we wanted to give back to his family,” added Gary. He said people contributed whatever amount they desired, and one woman gave them a check for \$500.

King’s son, Trent, 14, an SYA basketball player and eighth-grader at Liberty Middle School, made a generous donation of his own. He donated his \$72 savings and got a girl he knows to contribute \$20, as well, for \$92 total.

“The Bendorfs’ son, Jake, plays on the fifth-grade, house basketball team I coach,” said Trent. “I knew what his mom had and felt really bad for the family. So I wanted to give them all my money to help them out. It’s such a sad thing; I pray for them every night.”

Westfield math teacher Kristi Gordon came Saturday with her family. “I work with Pete, and my husband Tim coached with his brother at Robinson,” she said. “And Tim and Pete were both FCPS activity directors.”

Most importantly, said Gordon, “We wanted to come support the Bendorfs. When a family goes through this, they need all the



Playing in Saturday’s basketball tournament were SYA Wildcats (from left) Nathan Lee, Trent King, Carter Egbers and Robert Okoro. At far right is their friend Young Lee, and they’re all Liberty Middle eighth-graders.

support they can get. I keep up with Debbie’s CaringBridge site and she’s always positive, and Pete’s a great guy. Their kids are my kids’ ages, so I can’t imagine what they’re going through. They’re a tremendous family and this is just terrible.”

SYA mom Angie Ritz of Sully Station coordinated the volunteers selling concessions. She lives near the Bendorfs and knows them through the youth-sports organization. “They’re just an amazing family,” she said. “They’ve always gone to all the games and been involved with the schools.”

Melissa Lottchea, an SYA baseball and basketball volunteer, has known the

Bendorfs about six years and called them “community- and family-oriented. Debbie always puts her family first. When other moms asked her to join them for dinner and a movie or a ‘girls’ night out,’ she’d say, ‘No, I want to make dinner for my family and tuck my kids in.’”

Even when Debbie was first diagnosed and undergoing heavy doses of chemo, she came to her children’s games. “And whenever you asked her how she was doing, she’d say, ‘I’m doing great; today’s a good day,’” said Lottchea. “She was never negative and always had a huge, radiant smile.”

However, she’s also realistic. “In her last blog, she



Astrid and Gary Lohman, with daughter Alexa, 4, man the donation table.

wrote, ‘It is what it is; life can’t be changed,’ said Lottchea. “Now, we just want to support her and her family because they always support everybody else.”

Anyone else who’d like to contribute to the Bendorfs may do so through PayPal via <http://asimpleplea.blogspot.com/2013/02/a-simple-plea.html>.

A Study in Courage and Compassion

FROM PAGE 1

Debbie met as new SYA baseball moms in 2006, watching their sons at practices and games.

“We were just regular moms, wanting the best for our sons [and] dreaming of many more years of friendship between our boys and between ourselves,” wrote Furr. “What I didn’t know at the time was that it wasn’t going to be our sons who were the superstars, she was.”

After Zach was born, Debbie chose to leave teaching and stay home and raise her boys while Pete taught school and coached football. While pregnant with her third child, her right shoulder began bothering her. In August 2007, two weeks after Nick was born, she was

diagnosed with osteosarcoma (bone cancer). But she didn’t let that stop her.

“With each new hurdle placed in front of her, she always kept a smile on her face and a fight in her heart,” wrote Furr. “She continuously came to any sporting event with a great story about her boys and an infectious smile that lit up the gym, field or playground. [And] she’s an amazing friend who can brighten your day, no matter your mood or situation.”

BUT AS TIME progressed, so did her disease, and the chemotherapy and its side effects became more and more debilitating to Debbie’s body. Now, five-and-a-half years later, she’s made a heart-wrench-

ing decision. On Jan. 31, with the support of her husband and family, she decided to stop chemotherapy and begin home-hospice care.

“And this is where life is very unfair,” wrote Furr. “It’s unfair that she’s only 38 years old and struggling with what most people take for granted — walking upstairs, making a meal for her family or simply taking a breath on her own.”

Still, said Pete, his wife is “pretty amazing. Most of us going through what she has would be very angry and upset. But she’s worried about how we are, and that’s helped her get through. She’s had multiple, major surgeries, and the chemo and radiation did a lot of collateral damage. But even in the

toughest of times, she battles through.”

He said it’s also been emotionally tough for her — “finding out you’ve got cancer while you have three, young children, going through all these debilitating treatments and then hearing the doctors say they’ve done all they can for you.” But Debbie’s handled it all with such grace that it’s enabled her family to deal with it, too, said Pete, “because she never complains and sets such a good example for us.”

“She’s a great role model for our kids and a great mom and wife,” he continued. “We’re bitterly disappointed and frustrated, but she’s stable right now and happy to be home with us. As hideous as cancer is, we’re grateful for our family

and friends and thankful for what we have.”

And with an attitude like that, those who know the Bendorfs want to do all they can to help them.

“Debbie and Pete are good people, [but] cancer is evil and so are its financial effects on a family,” said Furr. “They are an amazing family of five, supported by a public-school educator, living in Northern Virginia, going through a [tough] time, and we can only imagine their financial pressures.”

So she and the SYA are hoping as many people as possible will open up their hearts and wallets and donate whatever they can “to assist their family with all the things we can’t think of that they might need. We believe every dol-

lar will help them support each other and provide a little breathing room as they go through this difficult time.”

Donations may be made via PayPal at <http://asimpleplea.blogspot.com/2013/02/a-simple-plea.html>.

The Bendorfs, themselves, would never ask anyone for help, but they greatly appreciate the fundraising efforts. “In the end, it’s not about what you did; it’s about what you give, and Debbie lives by that creed,” said Pete. “Every little bit helps, but what really helps are everyone’s thoughts and prayers and the fact that our community’s willing to come together to help other people. Debbie’s a special person and we’re just praying every day.”

‘Take Every Day As a Blessing’

Debbie Bendorf may be fighting a tough foe that doesn’t play fair, but that’s not going to stop her from living her life as best she can or spending every minute possible with her family.

“Every day I get out of bed and put my feet on the floor is a good day,” she said on Monday. “I’m still kickin’. I have too much stubbornness in me to go anywhere, yet.”

Bendorf also counts her blessings and is grateful to everyone who contributed to Saturday’s fundraiser for her family. “We think very highly of our family and friends,” she said. “Words can’t express the way we feel inside about the community that we live in. It’s a pretty amazing place — truly a family community where everybody’s got everybody’s back.”

SYA presented the money to her husband Monday evening at their son Jake’s basketball practice. “This event came out of no-

where for us, and we want to say thank you to everyone,” said Bendorf.

“It was a surprise, and it showed us that people can be so kind,” she continued. “It’s an incredible feeling knowing that your kids will be left in a world that’s so full of caring and loving people. There’s nothing more a mom could want.”

Bendorf deeply loves her husband and three sons and doesn’t want to leave them. But, she said, “You’ve got to take what you get and make the best of it. You don’t realize how precious is the gift of time. Every moment matters now, more than ever before.”

Remaining positive, Bendorf said, “I gain my strength from my husband and children, and I’ve made it this far because of them. I’m taking it one day at a time, and I think that’s how everybody should live their life — take every day as a blessing.”

— BONNIE HOBBS



All concession proceeds were donated to the Bendorf family.

Local REAL ESTATE

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

December 2012 Top Sales

1 3722 Highland Place, Fairfax — \$1,925,000



3 3435 Fawn Wood Lane, Fairfax — \$1,175,000

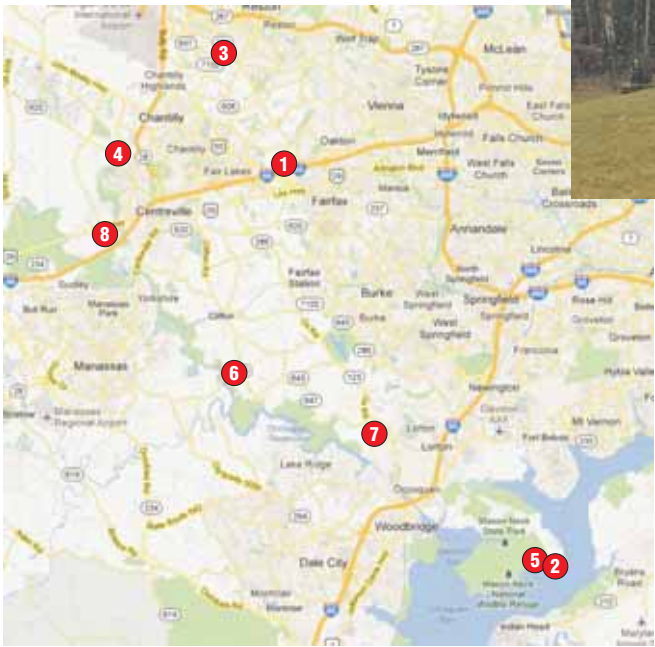
8 6728 Cedar Spring Road, Centreville — \$870,000



4 15039 Braddock Road, Centreville — \$960,000



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2 5933 RIVER DR	3	..	3	..	3	LORTON	\$1,700,000	...	Detached	...	0.65	22079	..	HALLOWING POINT RIVER	12/21/12
3 3435 FAWN WOOD LN	4	..	4	..	1	FAIRFAX	\$1,175,000	...	Detached	...	0.83	22033	OAK HILL ESTATES	12/28/12
4 15039 BRADDOCK RD	9	..	6	..	0	CENTREVILLE	\$960,000	...	Detached	...	7.22	20120	CUB RUN	12/03/12
5 6103 CHAPMAN RD	4	..	3	..	1	LORTON	\$899,000	...	Detached	...	0.66	22079	..	HALLOWING POINT RIVER	12/20/12
6 12500 OLD YATES FORD RD	5	..	5	..	3	CLIFTON	\$886,000	...	Detached	...	1.00	20124	BULL RUN	12/07/12
7 9043 JOHN SUTHERLAND LN ...	4	..	4	..	1	LORTON	\$879,780	...	Detached	...	0.83	22079	..	OCCOQUAN OVERLOOK	..	12/14/12
8 6728 CEDAR SPRING RD	5	..	4	..	2	CENTREVILLE	\$870,000	...	Detached	...	5.01	20121	..	THE WOODS AT BULL RUN	12/21/12

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Home Remodeling Projects Rebound

Updating kitchens and bathrooms are homeowners' priorities.

BY MARILYN CAMPBELL
CENTRE VIEW

Home remodeling projects continue to rebound, and kitchens and bathrooms are at the top of the project list, according to a new report for the National Association of the Remodeling Industry.

"I was personally surprised the number of really high-end projects, like those over \$150,000," said Nikki Golden, NARI spokeswoman.

When the owners of a Fairfax Station home decided to turn their outdated master bathroom into a modern spa retreat, they added a black granite vanity, matching shower bench and custom glass shower doors. "This master bathroom has been completely transformed into an oasis," said Fairfax-based contractor Robert Kalmin of RJK Construction. "Immediately as you walk in, you are greeted by a large double vanity. The cabinetry door style is Centennial from Bertch Bath. Two mirrors with matching trim are hung above each sink and add continuity."

Kalmin, who is also a board member of the Washington-region's National Association of the Remodeling Industry chapter, said that a creative use of lighting helped set a relaxing, spa-like tone. "Three sconce lights add direct lighting and flare to this bathroom," he said. "The Key West soaking tub ... would make anyone jealous. A unique feature in this bathroom is the extra cabinet that is adjacent to the bathtub. It adds extra storage space and creates more countertop space for decorative items like candles."

WHEN IT COMES TO kitchens, NARI says homeowners are expressing a desire to expand. For example, when the owners of a Reston home decided to remodel their kitchen, they removed a wall that separated the kitchen from the living area and cre-



PHOTO COURTESY OF RJK CONSTRUCTION

The owners of this Fairfax Station master bathroom decided to turn their outdated space into a modern, spa retreat.

ated a open, free-flowing space that allowed for casual entertaining.

"Removing a partition wall allowed us to bring out a peninsula into the living area, expanding the kitchen and providing the opportunity for additional cabinetry, countertop space and a bar top," said Suzanne Kalmin of RJK Construction. "The [cabinetry] creates a contrast in the kitchen. The door style is a full overlay, called Pembroke and the finish is 'Raven' on cherry wood."

The homeowners wanted a durable counter surface so they chose quartz. In addition, "a section of butcher block next to the cook-top serves as a convenient prep space for cutting vegetables or bread," Suzanne Kalmin added. "This kitchen is packed with professional grade appliances, [including] a Viking professional cooktop and oven-microwave combination." The homeowners chose stainless steel appliances to strike an earthy but luxurious tone, she continued. "[They] are complemented by the stainless steel backsplash ... behind the range and between the countertop and bar of the peninsula. A staggered glass natural stone combination tile is featured in the backsplash. The front of the bar is covered with a staggered natural stacked stone."

To complete the project, the wood flooring the adjacent living room was refinished to match the flooring in the remodeled kitchen to create a seamless finish.

How Does Your Garden Grow?

Capital Home and Garden Show set for Feb. 22-24 at Dulles Expo Center.

BY MARILYN CAMPBELL
CENTRE VIEW

Since Punxsutawney Phil didn't see his shadow on Groundhog Day earlier this month, spring might be around the corner. But whether one believes in folklore or not, the winter chill will soon give way to warm weather blooms.

If the thought of getting a spring garden ready is enough to make you crawl back into your own hole, the Capital Home and Garden Show might offer inspiration. Justin Cave, of HGTV's "Ground Breakers" and Tim Carter, who gives residential construction advice in his nationally syndicated column, "Ask the Builder," are scheduled to headline the show. Set for Feb. 22-24, at Chantilly's Dulles Expo Center, the event will offer homeowners more than 500 vendors pedaling the latest in home and garden services and products.

Capital Home And Garden Show

Dulles Expo Center, Chantilly

Friday, Feb. 22: 10 a.m. - 9 p.m.

Saturday, Feb. 23: 9 a.m. - 9 p.m.

Sunday, Feb. 24: 10 a.m. - 6 p.m.

Tickets (single tickets valid for one day of show):

On-site adult admission \$10; Online adult admission \$7

Children 6-12 years-old admission \$3

Children 5 years and under free

For more information visit www.capitalhomeandgardenshow.com.

Cameron Ashburn who lives in Arlington is planning to attend. "I've never had luck creating a nice yard because I have a brown thumb instead of a green one," he said. "I'll probably end up hiring a landscaper, but it'll be good to see what's out there."

Peter Hogarth of Merrifield Garden Center in Fair Oaks, Merrifield and Gainesville, has attended the show in the past. "Some vendors set up displays that are designed to look like an outside landscape setting," he said.

Those attending the show will have an opportunity to see presentations, attend seminars and get expert advice on everything from building an outdoor kitchen to creating water gardens.

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7262 Linden Tree Ln.....\$449,950..Sun 1-4.....Kathleen Quintarelli.....Weichert..703-862-8808
8469 Canyon Oak Dr.....\$334,900..Sun 1-4.....Melissa Vahdati.....Exit..571-437-9770
8665 Maple Glen Ct.....\$325,000..Sun 1-4.....Monique Craft.....Weichert..703-451-7253

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All listings due by Tuesday at 3 P.M.

Westfield's Donahue Reaches 200 Victories

Senior captures
third Northern
Region title.

BY JON ROETMAN
CENTRE VIEW

Westfield senior Beau Donahue is nearing the end of a decorated high school wrestling career that includes two state championships — with a chance for a third coming this weekend.

While winning multiple state titles is a sign of greatness, what Donahue accomplished on Saturday might be an even better indicator of his sustained excellence.

Donahue earned his 200th career victory on Feb. 9 by pinning Chantilly's Walter Carlson in the 145-pound final of the Northern Region wrestling meet at Hayfield Secondary School, giving Donahue three region championships, as well.

"I never thought 200 would be some-

where I'd be looking at until the beginning of this season," Donahue said. "That was my goal coming into this season was get 200 wins, as well as follow up with another state title and that's what I plan to do."

Donahue was one of four Westfield grapplers to win individual region titles on Saturday, but the Bulldogs finished runner-up to Robinson in the team standings. Donahue pinned each of his four opponents during the two-day tournament. His pin in the final came with nine seconds remaining in the match.

"My goal coming into the regionals [was] four pins and I wasn't going to leave without it," he said. "We're in this as a team, too, and I just really wanted to help my team because it's a close race and you never know what's going to happen at the end there."

Westfield's Derek Arnold (138), Frank Aiello (170) and Tyler Morson (182) also won region titles in their respective weight classes.

Robinson won the team title with a score of 232. Westfield finished second with a total of 224, followed by Mount Vernon (155.5), Lake Braddock (146) and

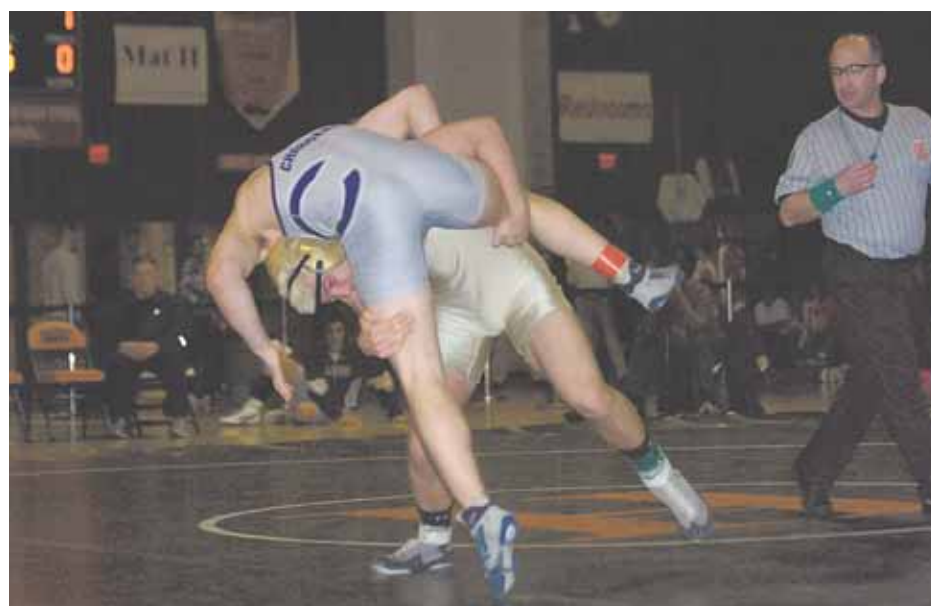


PHOTO BY CRAIG STERBUTZEL/CENTRE VIEW

Westfield senior Beau Donahue won his third Northern Region championship and reached the 200-victory mark for his career on Feb. 9 at Hayfield Secondary School.

Centreville (86). Chantilly finished 16th with a score of 38.

The VHSL state wrestling championships

will be held Friday and Saturday, Feb. 15 and 16 at Oscar Smith High School in Chesapeake.

Cougars Beat Westfield in Regular-Season Finale

Oakton Boys'
Basketball secures
Concorde's
No. 2 seed.

BY JON ROETMAN
CENTRE VIEW

Oakton's Thomas Tribble and Westfield's C.J. Hill spent a portion of the third quarter talking

trash to one another as the Concorde District foes battled with hopes of securing a Northern Region tournament berth.

Emotion spilled into the fourth quarter as Oakton's Will Smith and Westfield's Chris Mullins were involved in a tussle that resulted in each being assessed a technical foul.

The Oakton Cougars and Westfield Bulldogs entered Friday night's game in a three-way tie for second place, and the two teams played with passion as they attempted to improve their position in the district standings. But when the final buzzer rang, it was

fired-up Oakton head coach Dave Brooks hugging guard Robert Bacon and Cougar fans rushing the court in celebration.

The Oakton boys' basketball team defeated Westfield 61-57 during both teams' regular season finale on Feb. 8 at Oakton High School. With the victory, the Cougars secured the No. 2 seed in the Concorde District tournament, which came with a berth in the regional tournament.

With the loss, Westfield received the No. 4 seed and played No. 5 Chantilly in the opening round of the Concorde District tournament on Tuesday, after the Centre

View's deadline.

"It was just a lot of hostility," Hill said about playing against Oakton. "We're known rivals, so it was a big game for us. Everybody was talking trash, but the main focus was to win the game and we just couldn't come through."

Tre'Von Walton scored 18 points for Westfield and Christian Gray added 10.

No. 2 Oakton will play the winner of No. 3 Robinson and No. 6 Centreville in the district tournament semifinals at 7:15 p.m. on Thursday, Feb. 14 at Robinson Secondary School.

Centreville's Hoernke Qualifies For State Gymnastics Meet

Centreville's Ciara Hoernke finished in a second-place tie in the all-around competition at the Northern Region gymnastics meet on Feb. 6, earning her a trip to states.

Hoernke and Hayfield's Molly Overstreet each finished with a total of 38.05. Woodson's Simone Freidman won the all-around with a score of 38.35 and Marshall's Morgan Stahl placed fourth (37.575).

The top eight finishers in each event, the top four all-around competitors and the top two teams advanced to states.

Hoernke finished first on bars with a score of 9.9, which was the highest score posted in any event during the meet. She finished second on vault (9.65), ninth on floor (9.275) and 10th on beam (9.225).

Chantilly's Emily Fawcett qualified for states on floor (tied for fifth, 9.45) and

beam (eighth, 9.4). Chantilly's Kelsey O'Connor qualified on bars (third, 9.625), vault (tied for third, 9.6) and floor (seventh, 9.425).

Westfield's Katie Freix qualified for states on floor (tied for fifth, 9.45) and beam (seventh, 9.475).

Washington-Lee repeated as team champion with a score of 147.15. McLean repeated as runner-up with a score of 143. Chantilly finished third with a score of 142.45, followed by Woodson (141.45), Stone Bridge (136.275), Yorktown (132.175), Oakton (131.75) and Lake Braddock (119).

The VHSL state meet will be held this weekend at Centreville High School. Team competition will begin at 3:30 p.m. on Friday, Feb. 15, and individual competition will start at 12:20 p.m. on Saturday, Feb. 16.



CONTRIBUTED PHOTO

Qualified for VHSL State Meet

The following Centreville swimmers and diver qualified to compete at the VHSL state meet Feb. 15-16 at George Mason University: (alphabetical) Rachel Anderson (200 medley relay, 200 IM, 100 fly, 200 free relay), Paul Baumgartner (diving), Kylie Cuomo (200 medley relay, 200 free relay), Kyle Marshall (100 back), Abby McCranie (200 medley relay, 200 free relay), Logan Ross (200 medley relay), and Brooke Worley (200 free relay).

NEWS

'A Few of My Favorite Things'

FROM PAGE 3

also falls in love with all those kids, and everyone else can see that she and the captain are in love."

Cooper says she relates to Maria because they both have a passion for children and music. Her favorite song is "Do-Re-Mi" because she has "so much fun singing it with the children. It's where I interact most with them, and they're all so cute and fun to work with."

She said the audience will enjoy the play's "amazing orchestra and beautiful voices. There are so many duets, trios and group numbers, and they all sound wonderful. And because everyone stays in character so well, the audience will become absorbed in the show and will feel like they're really there."

Portraying Capt. Von Trapp is Springfield's Brian Johnson, an active-duty Air Force colonel in real life. He describes his character as a retired Navy captain and a strong person who's known great love. "But he's also known great loss and he's passionate about that," said Johnson. "So it's about his rediscovering love again and the love he has for his children."

Calling this role one of the favorites he's done, he said, "It's a challenge because Von Trapp has great depth and emotion, but it's shown in subtle ways. So I have to show how he changes in a more-subdued way." Johnson especially likes the song, "The Sound of Music Reprise" when the captain first hears his children singing and it opens up his heart again.

He said the audience will love this musical because "it's a well-known, uplifting, family show with a great story of a family overcoming great obstacles and persevering."

Westfield High 2008 grad Rachel Harrington plays the head of the abbey. "She's very regal, responsible and worshipful, and she's even a little motherly toward Maria," said Harrington. "She's got a soft spot in her heart for her."

She, too, loves her role because it's challenging. "It's outside my age range and Mother Abbess sings

a powerful song. She has to deal with a lot of feelings between her and the other nuns and Maria, and it's a challenge to switch from one emotion to the next."

Not surprisingly, Harrington's favorite song is "Climb Every Mountain" because "it's simple, but has a great message to not give up, but to follow your dream, no matter what mountain you have to climb." She said people will love this show's family dynamic. "The cast as a whole is a family, and the audience will see this on stage," said Harrington. "There's lots of quality acting, and I think our obvious hard work will show through."

Laura Fraase Walsh, a 2006 Westfield grad, teaches music at Centreville Elementary and plays Elsa Schraeder, the captain's love interest before Maria comes along. "Their spouses have died and they're both wealthy and good friends," said Walsh. "Elsa's sophisticated and confident — a corporation president who doesn't understand children and isn't at all maternal."

She likes her part because "Elsa's kind of snotty, has an attitude and wants to command attention. She's used to getting her way and expects the captain to just fall in line with that." Walsh said people will love the Von Trapp children who've "worked really hard to act and sound like real brothers and sisters. And it's familiar music in a classic show."

Portraying Max is Dan Adams of Chantilly's Fair Oaks Farms community. "He's the most fun character in the whole play," said Adams. "He's an unabashedly egocentric charmer. He's a government official and organizes the festival where the Von Trapps will perform. There's just one serious moment for Max; the rest of the time, he's flip and playful with everyone."

Enjoying himself, Adams said, "It's a good group of people, and Zoe gives you lots of rein and tells you when you've bumped into the walls." As for the show, he said, "It's 'The Sound of Music' — how can you not love it?"

ROUNDUPS

FROM PAGE 3

state-licensed, home childcare providers to care for up to 12 children with special- permit approval by the Board of Zoning Appeals. The amendment could also reduce the current special-permit application filing fee of \$1,100 to as low as \$435.

❖ Milestone Communications has filed for permission to build a 115-foot cell-phone tower at Stone Middle School to accommodate multiple carriers.

School Boundary Meetings Set

Chantilly High, Fairfax High, Falls Church High, Oakton High, Robinson Secondary, Woodson High, Franklin Middle, Frost Middle, Jackson Middle, Lanier Middle and Rocky Run Middle are all schools involved in the boundary study students to relieve overcrowding at Fairfax High and Lanier Middle School.

The public is invited to participate in community dialogues regarding possible scenarios for the movement of students from one school to another. All meetings will be from 7-9 p.m. and are as follows:

❖ Wednesday, Feb. 20 - **Lanier Middle School**, cafeteria, 3801 Jermentown Road, Fairfax (snow date - Feb. 27).

❖ Tuesday, Feb. 26 - **Woodson High School**,

cafeteria, 9525 Main St., Fairfax (snow date - March 6).

For more information, to sign up for the meetings and to submit questions and comments, go to <http://www.fcps.edu/fts/planning/fairfaxlanier/index.shtml>.

Electric Sunday

Residents may recycle old TVs, computers, peripheral electronic devices — such as keyboards, speakers, printers and scanners, as well as household hazardous wastes — including fluorescent light bulbs and tubes, for free, during Fairfax County's "Electric Sunday" events.

The next one is slated for Sunday, Feb. 24, from 10 a.m.-3 p.m., at the I-66 Transfer Station, 4618 West Ox Road, Fairfax. For more information, call 703-324-5052.

Meals on Wheels

Fairfax County needs Meals on Wheels drivers in Chantilly and group Meals on Wheels coordinators in both Chantilly and Fairfax. Contact Volunteer Solutions at 703-324-5406, TTY 711, VolunteerSolutions@fairfaxcounty.gov or visit www.fairfaxcounty.gov/dfs/olderadultservices/volunteer-solutions.htm.

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Warranty Warranted?



By KENNETH B. LOURIE

For life, absolutely! As to what happens to my mattress in 10 years or my television in five years – as but a few examples, pales in comparison to what I worry (you'll note I didn't say anticipate) will have happened to me in five or 10 years. Nevertheless, I'd definitely pay extra for that warranty. However, there are no warranties for life, extended or otherwise – and no guarantees either, as I discovered in late February, 2009, when I was diagnosed with stage IV lung cancer (or as those of us in the know "acronym it": NSCLC). "Death and taxes," as the old joke says, are the only guarantees. The rest are "hope-to-bees" and "wanna-bees."

A cancer diagnosis (and terminal prognosis – for yours truly, anyway) has a way of sharpening your focus and narrowing your perspective. Initially, after meeting with my oncologist, and for a while thereafter, quite frankly, the three most important people in my life were me, myself and I. For many months post-diagnosis, the three of us didn't care or consider – too much, about what might happen down the road, a road never before traveled. Life's discussions – and decisions – were all about the here and now, not the there and later. What might have been was replaced with what it is and what are you going to do about it.

However, as life – and I, have continued, so too has my understanding and appreciation of my amazing good fortune. To have survived for as long as I have is a blessing and somewhat perplexing to my oncologist. And in that continuing survival and evolution, opportunities have regularly presented themselves that have forced me to consider my past, present and future ("what there is of it"). As much as I don't want to – and quite frankly, prefer not to, have every day-type decisions impacted by my cancer diagnosis, they are. If I didn't/don't consider the context of every decision I make, I would be short-changing myself and forfeiting the future for the present. And even though I had my guarantee pulled in 2009, I'm still trying to live as if any thing's possible.

Certainly there are exceptions to every rule, statistical anomalies in every manner of study and research. Life is not a straight line. Sure death is inevitable, but there shouldn't be any hurry to get there. It will happen soon enough (too soon for some), whether you like it or not. Now whether I outlive my mattress or my television or my car is unknown, but as a cancer patient, I sort of think about whether I will or not. This thought process is a problem – for me. It may be a problem of my own making but as far as problems go, it's a Hall-of-Famer. And by that I mean, it dominates.

Garden variety-type decisions become landscape design-type problems. Previously inconsequential, mundane-type presumptive choices become minefields of negative possibilities/regrets. The short version being: do I really need to do that/buy that/warranty that, if I'm not going to be the true beneficiary – meaning/accepting that some of these rather ordinary decisions might not be about me. And for a terminal cancer patient who has often heard "It's all about you, Kenny," on more than one occasion – from more than one person, assimilating an unanticipated future into an apparently productive present where others matter as much if not more than you do, is almost counter-intuitive. Nevertheless, life certainly appears to be worth living; I'm just not sure how much of it I should pay for in advance.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

ENTERTAINMENT

Email announcements to centreview@connectionnewspapers.com. Photos welcome.

WEDNESDAY/FEB. 13

Toddlin' Twos. 10:30 a.m. or 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 2 can enjoy stories and activities. Free. Registration required. 703-502-3883.

AARP Tax Assistance. 1-5 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Preference given to older adults. Free. 703-830-2223.

Bouncin' Babies. 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

Small Wonders. 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

E-book Help. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can get any questions about their eBook reader answered. Free. Registration required. 703-502-3883.

Chantilly Book Discussion Group. 7:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can call and ask for title. Free. 703-502-3883.

Tax Assistance. 6 p.m. at Chantilly

Regional Library, 4000 Stringfellow Road. Adults can get help from IRS-certified volunteers. Free.

THURSDAY/FEB. 14

Civil War Lecture. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults and school age children can call for lecture title. Free. 703-830-2223.

English Conversation Group. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can practice with other students. Registration required. 703-502-3883.

FRIDAY/FEB. 15

Comedy Showcase. Doors open at 7:30 p.m., show starts at 8 p.m. at Sully's Restaurant and Lounge, 14513 Lee Jackson Memorial Highway, Chantilly. Mike James headlines with Graham Hall, Becca Steinhoff and Kat Timpf. Allison Wruk is host. \$5/cover includes DJ after. 703-818-9292.

SATURDAY/FEB. 16

Tax Assistance. 10 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can get help from IRS-certified volunteers. Free.

SUNDAY/FEB. 17

Train Display. 1-4 p.m. at the Fairfax Station Railroad Museum. There will be a display by the Northern Virginia NTRACK members. \$3/adult; \$1/child. Visit www.fairfax-station.org

Citrus Sale

The Wildcat Band is sponsoring a Winter Citrus Sale, now through Friday, 2/15/13! We are offering Ruby Red grapefruits in full and half cases, and Temple oranges in half cases. The fruit is fresh, juicy and sweet. A full case contains 18-40 grapefruit or 36-80 oranges.

Full Case Ruby Red Grapefruit — Full Case, \$32; Half Case, \$22
Temple Oranges — Half Case, \$22

Mixed Oranges/Grapefruit — Half Case, \$26

Place your order with a band student in person, call 703-815-1844 or email cvhsbandcitrus@gmail.com. Orders are due by Friday, Feb. 15, 2013. Pickup is Friday, Feb. 22, 2013, 2-7 p.m. in the CVHS Band Room.

or 703-425-9225.

TUESDAY/FEB. 19

Flower Talk. 2-4 p.m. at Merrifield Garden Center Fair Oaks. Arlington Rose Foundation hosts Tara Krause of the Organic Perfumery. She will discuss "Roses and the Lost Art of Natural Perfumery." Free. Valentine rose bouquets as door prizes. 703-371-9351.

English Conversation Group. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can practice with other students. Registration required. 703-502-3883.

Small Wonders. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

Bouncin' Babies. 11:30 a.m. at

Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

Storytime. 130 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 3-5 can enjoy stories and activities. Free. Registration required. 703-502-3883.

AARP Tax Assistance. 4-8 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Preference given to older adults. Free. 703-830-2223.

Tuesday Tales. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. All ages can enjoy music, movement and fun. Free. Registration required. 703-502-3883.

WEDNESDAY/FEB. 20

Toddlin' Twos. 10:30 a.m. and 11:30 a.m. at Chantilly Regional Library,

4000 Stringfellow Road. Children age 2 can enjoy stories and activities. Free. Registration required. 703-502-3883.

Time for Tots. 11 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children age 2-3 can enjoy stories and fun. Free. Registration required. 703-830-2223.

AARP Tax Assistance. 1-5 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Preference given to older adults. Free. 703-830-2223.

Bravo for Spanish. 1:45 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 3-5 can enjoy stories and activities in Spanish and English. Free. Registration required. 703-502-3883.

Bouncin' Babies. 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

Small Wonders. 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

Girls Book World. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Girls in grades 5 and 6 can participate. Call for title. Free. Registration required. 703-502-3883.

THURSDAY/FEB. 21

Storytime. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 3-5 can enjoy stories and activities. Free. Registration required. 703-502-3883.

Tax Assistance. 6 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can get help from IRS-certified volunteers. Free.

Guys Read. 7:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Boys in grades 5 and 6 can participate. Call for title. Free. Registration required. 703-502-3883.

FRIDAY/FEB. 22

Comedy Showcase. Doors open at 7:30 p.m., show starts at 8 p.m. at Sully's Restaurant and Lounge, 14513 Lee Jackson Memorial Highway, Chantilly. Jim Pate headlines, with Jamel Johnson and David Blechman. Jon Yeager is the host. \$5/cover includes DJ after. 703-818-9292.

Capital Home and Garden Show. 10 a.m.-9 p.m. at Dulles Expo Center. Browse more than 500 exhibits showcasing the latest home and garden services and products, information sessions, seminars and more. \$7/adult online; \$10/adult at the door; \$3/child. Visit www.homeandremodelingshow.com or 215-274-1948.

SATURDAY/FEB. 23

Family Day. 10 a.m.-3 p.m. at Udvar-Hazy Center, 14390 Air & Space Museum Parkway, Chantilly. Learn about African American pioneers in aviation. Visit airandspace.si.edu/udvarhazy or 703-572-4118.

Peaceful Paws. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children on the autism spectrum or with other developmental challenges meet and read to a trained therapy dog, Dakota, a gentle giant Bernese Mountain dog. Reading is not required. Free. Registration required, 703-502-3883.

English Conversation Group. 3:30 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults can talk with others learning English. Free. 703-830-2223.

Winter Carnival. 10 a.m.-4 p.m. at Centreville High School, 6001 Union Mill Road, Clifton. All proceeds will be donated to The Eliminate Project, a non profit organization that protects mothers and babies from the harmful effects of maternal and neonatal tetanus. Games, music, face painting, food and a silent auction.

Communities of Worship

To highlight your faith community, call Karen at 703-917-6468

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11:00 AM CONTEMPORARY SERVICE

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