

Oak Hill ♦ Herndon CONNECTION

Seven-year-old twins Reese (holding Pa'ani) and Tea Geary flank 4-year-old brother Baden, while trying to keep Eve the Plott Hound in the picture. Eve was much more interested in the treats being held by grandmother Wendy, and whatever the photographer was doing.

Alliance Pushes for
Gun Control Policies

NEWS, PAGE 3

Civil War Raid
Comes to
Downtown

NEWS, PAGE 3

Herndon Pets
Bring Laughs
And Love

PETS CONNECTION, PAGE 6



Specialists in Natural Pet Foods and Supplies

Super selection
of high-quality,
all-natural pet foods
at affordable prices

WHOLE PET®
C E N T R A L
*where healthy food
comes naturally*

BB&T Center • 304 Elden Street (at Herndon Pkwy) • Herndon, VA 20170 • 571.521.0399

Open M–F 10AM–8 PM • SAT 10AM–6 PM • SUN 11AM–6 PM

OTHER LOCATIONS IN VIRGINIA & MARYLAND

Ashburn Farm Market Center • 43330 Junction Plaza, Suite 176 • Ashburn, VA 20147 • 703.724.4319

1306 E. Gude Drive • Rockville, MD 20850 • 301.217.0432

Online shopping at www.wholepetcentral.com





PHOTOS BY ALEX McVEIGH/THE CONNECTION

Supporters of new gun control regulations march in front of the National Rifle Association Headquarters in Fairfax Friday, Feb. 22.

Alliance Pushes for New Policies

Reston-Herndon Alliance to End Gun Violence holds vigil at NRA headquarters.

BY ALEX McVEIGH
THE CONNECTION

Members of the Reston-Herndon Alliance to End Gun Violence gathered at the National Rifle Association headquarters in Fairfax Friday, Feb. 22, to advocate for stricter gun laws. This was the group's second such protest, where more than 30 members carried signs citing statistics about gun-related deaths.

"We're here to remember the victims and recognize that every day there are new victims of gun violence," said Joanna Simon of the alliance.

The group marched around in a loop for more than an hour, each member carrying signs that mentioned massacres such as the ones at Columbine High School, Virginia Tech, the movie theater in Aurora, Colo., and Sandy Hook Elementary School in Newtown, Conn.

They specifically want to pass four policies: closing the gun show loophole, limiting the size of magazines, getting rid of illegal, military-style weapons and getting more support for the mentally ill.

"Military-style weapons and high-capacity magazines need to be out of the hands of the public," said Ellen Bussey, a clinical psychologist from Reston. "If you want to hunt, you can have a rifle, and if you want to protect your home you can have a handgun, but that doesn't mean anybody needs to fire 30, 40, 50 rounds before reloading."

Bussey said she is also a strong advocate for better mental health care to prevent such acts of mass violence, saying there has to be better ways to reach out to those suffering from mental illnesses.

Many of the protesters said they personally didn't have a problem with "reasonable" gun ownership, and had no interest in making guns illegal.

"This isn't guns versus no guns, and events like this help us bring nuance to the discussion, to show that this isn't a black and white issue, we're not against the second amendment, or anything as drastic as that," said Marilyn Adams of McLean, the daughter of a former FBI agent who grew up around law enforcement. "I completely understand the need for guns, but I think this organization [the NRA] is



Members of the Reston-Herndon Alliance to End Gun Violence hold a vigil outside of the National Rifle Association Headquarters in Fairfax Friday, Feb. 22.

completely out of touch with what their membership and this country want, which is to prevent these terrible shootings."

The group was restricted to the sidewalk along Waples Mill Road during their vigil, since it is county-owned property. They were not allowed on NRA property, and when Adams sat briefly on a light post on the property, she was asked to return to the sidewalk.

During their vigil, several cars in traffic honked their approval and waved to the group. Gloria Pan of Moms Rising, a national advocacy nonprofit, said: "This is democracy in action. We live in an age where a lot of talk happens on things like the Internet, but a number of people coming out together shows that there are a lot of voices in favor of reasonable, common-sense policies."

The group plans to gather on the 14th of every month at 9:30 a.m., the day of the month and time of the shooting at Sandy Hook Elementary School in Newtown, Conn. In March they plan to print out all signatures from a petition from Moms Rising, of which they currently have about 150,000, and drop the pages off at the headquarters.



PHOTO CONTRIBUTED

A Confederate re-enactor fires at Union soldiers during the 2001 re-enactment of Capt. John Mosby's raid on Herndon. The town will host another re-enactment of the event Saturday, March 17, at 11 a.m. and 2 p.m.

Civil War Raid Comes Downtown

March 17 marks 150 years since Mosby's raid of Herndon.

BY ALEX McVEIGH
THE CONNECTION

On St. Patrick's day 150 years ago, Union soldiers from the First Vermont Cavalry were at the Town of Herndon depot and sawmill. They were expecting a group of reinforcements, but instead Confederate Capt. John Mosby and his unit arrived on a raid, sparking a brief skirmish.

On Sunday, March 17, the Herndon Historical Society and the Herndon Chamber of Commerce will present a re-enactment of that raid, featuring 50 cavalry members in Herndon's downtown.

"The highlight of any cavalry raid is always when the cavalry makes their charge and just blasts away," said Chuck Mauro, a local historian and re-enactor coordinator.

The skirmish has been re-enacted several times in Herndon before, in 1991, 2001 and 2003, but this year's will have the most participants, members of the Black Horse Cavalry, a local group.

This year's event will also feature two re-enactments, one at 11 p.m. and one at 2 p.m. The re-enactors themselves will be around telling their stories and speaking to audience members from 10 a.m. to 3 p.m.

"We tried to make this year's

Civil War Exhibit Open

Herndon ArtSpace's "Beyond the Blue and Grey: The Virginia Home Front" exhibit will be open until Sunday, April 7. It focuses on the aspects of Virginia that reflect life as a Virginian from 1830 to 1880, including the build-up and aftermath of the Civil War.

An opening reception for the exhibit will be held Saturday, March 2, from 7 to 9 p.m., which will feature a performance by the Towne Square Singers of Civil War-era songs.

events as in-depth as they've ever been," Mauro said. "We'll have an announcer narrating the battle from the second floor of the Green Lizard Cycling building, and we've got handouts with the remarks on them that we'll be passing out so people can really follow along and know what they're seeing."

The raid will take place on Lynn Street near the Herndon Depot. Mauro said the best views will be the grassy area between Elden Street and Depot Street.

Nearby Herndon ArtSpace will be open, presenting their current exhibit, "Beyond the Blue and Grey: The Virginia Homefront" and selling books and videos about the Civil War.

More information about the raid and the re-enactment can be found at www.herndonhistoricalsociety.org.

OPINION

All's Well That Ends Well

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

Not only did the 2013 session of the General Assembly end on time last Saturday, but it also ended on a high note. Having sat through a couple of decades of failed efforts to pass meaningful legislation addressing our transportation needs, I was not optimistic that we would be successful this year. The governor's proposal to fix a billion dollar problem with a revenue-neutral solution did not give me much hope. I was both amazed and delighted when the House passed a transportation funding bill by a vote of 60 to 40 that provides new revenue to meet road and transit needs. In addition to providing new money, the bill also addresses other problems by switching the gas tax from a per gallon amount to a percentage to help it keep up with future needs. The bill also provides for additional monies to be raised in Northern Virginia and spent in our region. While the bill will not



totally resolve our transportation congestion, it does provide money for mass transit and \$300 million towards the cost of the Silver Line that will help to keep the tolls down.

There are aspects of the omnibus transportation compromise that I do not like. The charging of

a \$100 per year fee for hybrid vehicles—because their fuel efficiency reduces the gas tax collected on them—is in conflict with policies we should be adopting to encourage the use of such cars. The planned reliance on the tax on internet sales that has yet to be passed by the U.S. Congress is open to question although there is a mechanism for making up for lost funds if the tax is not enacted.

Equaling the transportation bill in importance was a compromise approved in the closing

hours of the session that opens the way for the expansion of the Medicaid program in Virginia to provide insurance for about 400,000 individuals. Governor McDonnell had opposed passage of the Affordable Care Act and had refused to go along with accepting an expanded Medicaid program until reforms were put into place. The compromise bill establishes a joint committee of legislators who will approve Virginia's entry into the program as soon as certain reforms are made. It is expected that the state could enter the program as soon as the summer. Thanks to the many persons who called and wrote to the conferees and the governor; your voice did make a difference.

As is the case with most legislation, the final results are compromises. What was reassuring about this session that I had not seen in recent years was a willingness on the part of the majority to compromise with those of us in the minority. That made for an outcome that was better for everyone. I will be writing about other outcomes of the session in future columns and will be holding public meetings to report back to you.

Move in The Right Direction

"This is a great step toward addressing the transportation challenges we face in Fairfax County and the Northern Virginia region.

The Transportation Bill passed yesterday fulfills the call made by mayors and chairs of the Urban Crescent (the Northern Virginia and Hampton Roads areas) for new, sustainable funding to address our critically under-funded transportation needs.

I applaud the efforts of Sen. Richard Saslaw, Sen. Janet Howell, Del. David Albo, Del. Vivian Watts and others for reaching agreement on a funding strategy that moves us in the right direction. I am especially pleased with the commitment of \$300 million for the Silver Line, which will help to keep tolls in the Dulles Toll Road affordable for Northern Virginia motorists.

I appreciate Gov. McDonnell's leadership in making transportation funding the focus of this General Assembly Session. The successful result required compromise on both sides of the political aisle. The stars were aligned this session to make something happen but political courage and leadership were required on many fronts to pull it off."

—FAIRFAX COUNTY BOARD OF
SUPERVISORS CHAIRMAN SHARON
BULOVA

Creating Safer Environment, Preventing Another Tragedy

BY TIMOTHY D. HUGO
STATE DELEGATE (R-40)

After the Virginia Tech shooting in 2007, I became committed to addressing mental health issues so that many of our young people could receive the help they need in the hopes of preventing another tragedy. Working with my colleagues in 2008, the Virginia General Assembly enacted comprehensive mental health legislation including several pieces of legislation that I co-sponsored. Last year, the governor signed my legislation, HB 1075, which requires community service boards to provide hospitals with informational materials on substance and alcohol abuse services to minors.

During this year's General Assembly session, I introduced HB 1609, which strives to improve the coordination between public four-year higher education institutions, mental health facilities, and local hospitals. I introduced this legislation at the request of Centreville residents, Angel Fund President Lu Ann McNabb and Board Member Greg Richter. Angel Fund (www.angelfundva.org) was established in honor of one of the Virginia Tech victims, Westfield High School graduate Reema Samaha. The fund seeks to create an atmo-



sphere of acceptance where schools and communities have a caring, supportive, and inclusive environment to help young people.

HB 1609 ensures that all four-year public colleges and universities have mechanisms in place in order to expand services available to students seeking treatment. Specifically, it allows universities and community services boards to work together so that there is no-

tification when a student is involuntarily committed, or when a student is discharged from a facility and he consents to such notification.

During the bill's hearings, Virginia's universities unanimously testified in support for HB 1609. As this article goes to print, my legislation, along with Senator Chap Petersen's identical legislation, is before the governor for his signature.

I believe that ensuring the mental health of our children is of the utmost importance. This year's legislation is important as it will strengthen the connection between higher education institutions and mental health facilities. It will also create a safer and more supportive environment for students and may help to prevent future tragedies.

If you would like additional information on this issue, please contact me at 703-815-1201 or delthugo@house.virginia.gov.

Write Us

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

Letters to the Editor, The Connection
1606 King St., Alexandria VA 22314
Call: 703-917-6444.

By e-mail: herndon@connectionnewspapers.com

Oak Hill & Herndon CONNECTION

www.ConnectionNewspapers.com

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

NEWS DEPARTMENT:
To discuss ideas and concerns,
Call: 703-778-9410
e-mail:
herndon@connectionnewspapers.com

Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Chelsea Bryan
Editorial Assistant
703-778-9410 ext.427
cbryan@connectionnewspapers.com

Alex McVeigh
Community Reporter ♦ 703-778-9441
amcveigh@connectionnewspapers.com
[@AMcVeighConnect](https://twitter.com/AMcVeighConnect)

Victoria Ross
County Reporter ♦ 301-502-6027
rosspinning@yahoo.com

ADVERTISING:
For advertising information
e-mail:
sales@connectionnewspapers.com

Janis Swanson
Display Advertising
703-778-9423

Andrea Smith
Classified Advertising, 703-778-9411
classified@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

Editor & Publisher
Mary Kimm
703-778-9433
mkimm@connectionnewspapers.com
[@MaryKimm](https://twitter.com/MaryKimm)

Executive Vice President
Jerry Vernon
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Photography:
Deb Cobb, Louise Krafft,
Craig Sterbutzel
Art/Design:
Laurence Foong, John Heinly
Production Manager:
Jean Card
Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
703-778-9436
jtheismann@connectionnewspapers.com
[@TheismannMedia](https://twitter.com/TheismannMedia)

CIRCULATION: 703-778-9426
Circulation Manager:
Linda Pecquex
circulation@connectionnewspapers.com

PEOPLE AND PETS



PHOTO COURTESY OF MARIA PEREZ-BARTON

Maria Perez-Barton and Rachael Barton of Herndon take their pets, two Pembroke Welsh corgis named Toby and Forrest, for a recreational walk every chance they get, including at places like Great Falls Park.



PHOTO COURTESY OF GAIL WEBER

Spike of Herndon, a rescued German shepherd-basset hound-corgi mix, enjoys a day at the beach with mom Gail Weber and family.

ENTERTAINMENT

Send announcements to reston@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

WEDNESDAY/FEB. 27

Paint Your Own Pottery. 5:45-6:15 p.m., at the Herndon Community Center, 814 Ferndale Ave., Herndon. Children ages 5-10 can make a food-safe, finished item, to be returned one week later; paints, material, supplies and instructions provided. \$10. www.herndon-va.gov.

THURSDAY/FEB. 28

Wine Dinner. 6:30 p.m., at Il Fornaio, 11990 Market St., Suite 106, Reston. Five courses prepared with wine. \$65. 703-437-5544 or banquets.reston@ilfo.com.

2013 Xing Wen Art Studio

Exhibition. 7-9 p.m., at Reston Community Center Hunters Woods, 2310 Colts Neck Road, Reston. This exhibition displays Xing Wen's paintings of the Yi and Tibetan ethnic groups in China. www.restoncommunitycenter.com/arts_exhibits.html.

SATURDAY/MARCH 2

A Night at the Movies: Songs from the Silver Screen. 4-7:30 p.m., at Reston Community Center, Hunters Woods, 2310 Colts Neck Road, Reston. The Reston Chorale's 2013 Pops Concert will showcase songs from great film soundtracks—from Breakfast at Tiffany's to Amistad. \$25 for adults, \$20 for seniors/youth. 703-476-1111 or www.restonchorale.org.

SUNDAY/MARCH 3

Serendipitous Seven: A Fine Art Exhibition from Seven Reston Artists. 9 a.m.-8 p.m., at the Jo Ann Rose Gallery, 1609-A Washington Plaza, Reston. Serendipitous Seven synthesizes the work of seven Reston artists. www.restoncommunitycenter.com/arts_exhibits.html.

Party with a Purpose. 6-8 p.m. at Grevey's Restaurant, 8130 Arlington Blvd., Falls Church. Learn about Lost Dog & Cat Rescue Foundation volunteer opportunities for 10 weekly

adoption events, fostering, transport or taking care of cats and kittens in adoption centers; door prizes and refreshments. lisamarierescue@hotmail.com or lostdogbarb@gmail.com.

WEDNESDAY/MARCH 6

Pirate Party. 11 a.m.- Noon., at the Reston Association, 12001 Sunrise Valley Drive, Reston. The Pirate Adventure will transform your child into a pirate, complete with dress-up, games, crafts, and fun activities. Reston Association Members: \$4; Non-members: \$6. 703-435-6577 or Ashleigh@reston.org.

SATURDAY/MARCH 9

Contra Dance. 7:15-8 p.m., 8-10:45 p.m. Reston Community Center, 2310 Colts Neck Road, Reston. Contra dances and squares to the music of the June Apple Band; partner not necessary. 703-476-4500.

WEDNESDAY/MARCH 13

Jigsaw Puzzle Event. 10 a.m-3 p.m., at the Reston Association, 12001 Sunrise Valley Drive, Reston. Join as an individual or as a couple to do a Reston themed puzzle; coffee and lunch provided. Reston Association: \$9; Non-members: \$13. 55 years or older. 703-435-6577 or Ashleigh@reston.org.

SATURDAY/MARCH 16

Doyle Lawson & Quicksilver. 3 p.m., 7 p.m., at Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. The many-award-winning bluegrass institutions plays with on-the-rise band. \$20; children under 12, free. 423-878-6160 or www.doylelawson.com.

St. Patrick's Celebration. 7 p.m., at the ArtSpace Herndon, 750 Center St., Herndon. Come enjoy an evening of music and merriment featuring The Treble Clefs. \$10. 703-956-6590 or www.artspaceherndon.org.

SUNDAY/MARCH 17

Mosby's Herndon Station Raid Reenactment 2013. 10 a.m.-3 p.m., at Downtown Herndon at Lynn and Station Streets at WSLOD Depot, 717 Lynn Street, Herndon. Come

experience the reenactment of the Herndon Station Raid. WWW.HerndonHistoricalSociety.org.

Birthday Boys. 4 p.m., at Reston Community Center, Hunters Woods, 2310 Colts Neck Road, Reston. The Reston Community Orchestra presents their third concert of the season, playing Verdi, Gould, Wagner, Britten, Fry and Williams with maestro Dingwall Fleary and guest Conductor Jim Vallini, conductor of the Manassas Symphony. www.restoncommunityorchestra.org.

WEDNESDAY/MARCH 20

Trip to Hollywood Casino at Charles Town Races. 3:30-11:30 p.m., at Hunters Woods Shopping Center, Thoreau Place, Lake Anne Plaza, Reston. Enjoy an evening at the race track for thoroughbred horse racing and play blackjack and poker. Reston Association: \$32; non-members: \$38. 703-435-6577 or Ashleigh@reston.org.

THURSDAY/MARCH 21

Newcomer's Night. 7-9 p.m., at the Reston Association, 12001 Sunrise Valley Drive, Reston. Come learn more about Reston Association (RA); refreshments and door prizes. 703-435-6577 or Ashleigh@reston.org.

WEDNESDAY/MARCH 27

American Contemporary Music Ensemble: Brutal + Sublime. 8 p.m., at Reston Community Center, CenterStage, 2310 Colts Neck Road, Reston. The ensemble plays selection of Nico Muhly, Timothy Andrew, Mick Barr, Jefferson Friedman, John Cage and Louis Andriessen. \$15 for residents; \$30 for non-Restonians. 703-476-4500 or www.restoncommunitycenter.com.

THURSDAY/APRIL 4

National Symphony Orchestra Rehearsal. 8 a.m.-2 p.m. at Hunters Woods Shopping Center, Thoreau Place, Lake Anne Plaza, Reston. Attend an open rehearsal of the National Symphony Orchestra at the Kennedy Center Concert Hall. \$27; non-members: \$30. 703-435-6577 or Ashleigh@reston.org.

Pansies are Here!
On Sale 97¢
Reg. price \$1.89

10% Off
All Hardscaping!
Limited Time Only.

50-65% Off Pottery
Washington Area's Biggest Selection

30% OFF Japanese Maples
Over 200 Varieties

FREE Fill! Bulk Mulch, Playground Chips & Organic Compost
\$24.99/cu. yd.

Cravens Nursery & Pottery

9023 Arlington Blvd., Fairfax, Virginia
2 miles west of I-495 on Rt. 50.
1 mile from I-66 (Vienna Metro)
703-573-5025
Open 7 days a week
Visit our new Web site: www.cravensnursery.com

THIS IS "CARTER"



Carter looks like a miniature yellow Labrador. He's gorgeous and loves to play. He's 3 years old, only 30 pounds and has a cute personality. He loves attention from anyone willing to give him a minute or two. He's looking for a forever home and would be a great family companion. Make your appointment to come and meet Carter and see if we can make this the best present you ever gave yourself. Beautiful Boy!

THE CONNECTION
NEWSPAPERS

HUMANE SOCIETY OF FAIRFAX COUNTY

Hours: Monday-Friday 10-4 and Saturday 10-3 • 703-385-PETS
Adoptions: By appointment only. • www.hsfc.org

Pediatric & General Dentistry

Children enjoy our entertainment center when they have their check-up.



Bi-Monthly Drawing for No-Cavity-Club Winner

LASER procedure available for children!
Some fillings done without novocaine!

- Bleaching
- Nitrous Oxide
- Wi-Fi Available
- Special Needs Patients
- Cosmetic Restorations
- IV Sedation Available

Heidi Herbst, DDS
Howard Mitnick, DDS
Nooshin Monajemy, DDS

Sterling, VA

703-444-3710

www.sterlingvasmiles.com

Gentle Touch Dental Care For Over 20 Years!



Seymour is waiting to assist you at Weber's PetSupermarket in the Fox Mill Shopping Plaza. The store has been Seymour's home since he was a wee kitten of only 6 weeks old. His extended family includes Britt Ahearn and Jared Morotti, the couple who run the store, as well as their two dogs Mabel and Niko—and any other friendly person who walks through the door.



Mom and the Litter-mates. That's how Herndon Mayor Lisa Merkel describes her children, Lila, 5, and Zachary, 8, and the family cat, Punkin'. Since his arrival as a kitten over 4 years ago, Punkin' just figured they were all one family and has joined in most games and activities when not busy visiting a few neighbors.



Maggie the cat looks like she's trying to plan the great escape away from human family Midge and Harlon Reese. But once the pictures were taken, this indoor-only girl only went as far as the rug in front of the Reeses' feet. A great spot from which to express her feelings about the whole flash-in-my-eyes thing.



Jennifer Boysko shares a moment with maybe 12-year-old Sam, her daughter Sophie Claire's sixth birthday request back in 2004. Sam, like many family cats, likes to set the family rules ... in particular bed times.



Herndon City Council member Sheila Olem "convinces" Whiskers that she really wants to be in the photo. Whiskers and Olem share their home and affection with Cesar, another finicky feline who demands only "fresh" from his food to his water.

ing member of the Friends of Runnymede Park board still active today, and Harlon was just elected president of the Herndon Foundation for the Cultural Arts. When asked to comment on her parents' community status, Maggie declined, stalked to the middle of the room, planted herself on the carpet, and proceeded to glare at the fearless Connection reporter.

HERNDON TOWN COUNCIL MEMBER Sheila Olem has been well trained by her two feline

Herndon
Animal Medical Center

WE MAKE HOUSECALLS

1.703.435.8777

www.HerndonAMC.com
720 Jackson Street • Herndon Virginia 20170

BY ANDREA WORKER
THE CONNECTION

ur, feathers, fins, paws, claws. Beady eyes or scaly hides. Once word got out that the Connection Newspapers was putting together its special Pet Issue, there was no shortage of pet parents in Herndon lining up to testify how Fido or Fifi, or in one case, Pa'ani, bring joy and companionship to their lives. It would take a publication the size of the old Yellow Pages to chronicle all of the much-loved beasties, so we will have to make do with introducing just a few. Cats seemed to rule the day in our sampling (don't they always?), but a couple of dogs managed to wag their way in.

Since in some ways Seymour the Salesman is a communal cat, his story seems like a good place to start. Come through the doors at 2599 John Milton Drive in the Fox Mill Shopping Center and chances are you will be greeted by either

Britt Ahearn or Jared Moretti, partners in life and in managing this location of Weber's PetSupermarket. The humans may be the ones directing you to a special brand of pet food or getting you started in the Dirty Dog do-it-yourself dog wash station, but be prepared to have your purchases—and perhaps even your person—inspected by Seymour. Named after a character in a series of J.D. Salinger short stories, he has been at Weber's almost since the store opened in late 2011, brought in as a stray kitten by a customer who promised to put up signs and help locate his old home or a new one. A few weeks slipped by. Seymour was growing—and becoming a fixture at the store, quite comfortable in his giant playground with lots of things and people to entertain him. The storeowners agreed. Seymour became a member of the team.

If he's not lounging on a ledge in the sunshine, or "helping" at the cash register, Seymour can often be

found in the pet-bedding aisle. He has tested most of the products and would be delighted to assist in choosing the most comfy. While Seymour is the only four-footed permanent resident of the establishment, he cheerfully shares his digs with commuters Mabel, the jumping Boston terrier, and Niko, the Pekinese who accompany Britt and Jared to work.

EVEN THOUGH they are generally lovingly cared for—often by tireless volunteers—with the overwhelming numbers being housed in public and private facilities people sometimes refer to their adoption of a shelter animal as having released their new pet from a prison sentence. In mixed breed (maybe a bit hound, a bit pointer?) Bart's case, he really did come from prison—the Lunenburg Correctional Center to be exact. Bart is a graduate of The Pen Pals program that does double-duty, seeking to save hard-to-adopt dogs from shelters—or worse—while providing

inmates with new life skills, building confidence and supporting positive interaction between the correctional center staff and the inmate population.

"He's the best trained dog I've ever had," says his owner, Nancy Myers, who after losing three dogs in the last year to different incurable diseases, went on the hunt for new companions who really needed a second chance. She and her partner Ben Pate found Bart online and fell in love. They made the a three-and-a-half hour trip to Lunenburg in Victoria, Va., and actually got to meet with Bart's inmate trainer. "It was a special experience," said Myers. Bart needed additional veterinary care, including surgery to correct a knee problem, but he is now "doing great and loving his stable lifestyle." Myers added another rescue dog, the aptly named shelter mix Banjo—"because he's pretty high-strung" Myers laughs—just as soon as Bart was rehabilitated, settled and ready for a feisty friend.

It was pretty difficult to get Banjo to sit still for his photo op. He was convinced that a show-and-tell of his entire toy inventory would be a better use of all our time.

FIRST CAT OF HERNDON Punkin' doesn't always act with the dignity of the political animal he could claim to be as a member of the mayor of Herndon's household. The orange tabby "thinks he's one of the kids," said Mayor Lisa Merkel. "He treats them like litter-mates. Where they go, he goes. When he was kitty, he wanted to play in the Fisher-Price farmyard set with the kids. He wasn't willing to give up the game, even as he grew. Trying to wriggle into the 'barn' after he'd added a few pounds was a bit more like Godzilla coming to town. Sheep and cows flying everywhere!" Punkin' sometimes forgets to give his human mom the respect that a mayor deserves. "I do everything for that cat, but if my husband Dave walks in, he's the one that Punkin' will flip

for." No one ever said earning a cat's vote was easy. Punkin' came into the Merkels' lives on Aug. 8, 2008, four year's before Merkel's election, and has no plans to quit his office, regardless of any term limits.

JUST ACROSS THE STREET from the Merkel household, another orange tabby (hmmmm...) resides with long-time Herndon residents and community activists Midge and Harlon Reece. The Reeces took Miss Maggie in as a neighborhood stray, intending to keep her for just a few days while finding her a new home. They even put her photo in the paper and had a little article written about her. And they even got some responses, but "she pulled the car salesman approach on us," laughs Harlon. "You know. Just take the car home for a few days. Try it out. Ten years later, here's Maggie. We just told the folks who called that Maggie already found her new home." Midge is the only original found-

housemates, but especially by Cesar, the male half of the fluffy duo. He prefers his water fresh, poured into a martini glass, if you please. (Maybe it's time to check the cable bill to see if Cesar has been watching the 007 Movie Marathon?) Cesar also likes to "make friends" with any visitor with an allergy to cat hair, or who even gives the appearance of being in the dog vs. cat column. His partner, Whiskers, is more of the

SEE 'BEST FRIENDS,' PAGE 9

Throw a great birthday party for your little one!

We put the ART in Party!

• FUN • AFFORDABLE • EASY • SPACIOUS

FUN FOR ALL AGES!

call **703.817.1051** or visit www.claycafechattilly.com
13894 Metrotech Dr. • Chantilly (Just to the left of PetSmart)

Exceptional Pet? Exceptional Portrait!

Schedule your portrait session today!

DEBCBB.com Visit us on the web: debcobb.com

Robert Beatson II
Attorney/Accountant,
Former IRS Attorney
Admitted to DC, MD, VA & NY Bars

All Types of Federal, State, Local & Foreign Taxes

- Individual • Business
- Trusts • Estates • Wills
- Amended & Late Returns
- Back Taxes • IRS Audits
- Civil Litigation
- Business Law • Contracts

703-798-3590 or 301-340-2951
www.beatsonlaw.com

Find a Friend... Be a Friend!

There are many ways to help Friends of Homeless Animals:

- Donate** money or supplies for the shelter.
- Adopt** one of our lovable cats or dogs.
- Volunteer** your time or services.

FRIENDS OF HOMELESS ANIMALS
www.foha.org

Hadeed
In-Home & Office Cleaning Services

DOGGONE GREAT DEALS!

<p>MAID SERVICE!</p> <p>15% OFF*</p> <p>*With a Six-Time Service Package</p> <p>FREE ESTIMATES!!</p> <p>*Offer Expires 03/15/13</p>	<p>10% OFF*</p> <p>In-Plant Rug Cleaning</p> <p>*Offer Expires 03/15/13</p>	<p>Any 3 Areas (400 sq ft) \$99</p> <p>4 to 7 Areas (800 sq ft) \$169</p> <p>8-10 Areas (1000 sq ft) \$269</p> <p>Wait to Wait Steam Cleaning</p> <p>*Offer Expires 03/15/13</p>	<p>5% OFF*</p> <p>In-Plant Rug Repair & Restoration</p> <p>*Offer Expires 03/15/13</p>	<p>Each Bathroom Floor \$80</p> <p>Tile & Grout Cleaning</p> <p>*Offer Expires 03/15/13</p>
--	---	---	--	---

\$85 OFF* Whole House Air Duct Cleaning
Dryer Vent Cleaning Only \$95
*Offer Expires 03/15/13

20% OFF* Your Next Moth Proofing Service
Protect Your Rug Against It's Natural Predator
*Offer Expires 03/15/13

25% OFF* Hardwood Floor Cleaning & Polishing
*Maintenance Cost Only
*Offer Expires 03/15/13

Free Pickup and Delivery with Cleaning Service!
Includes: Moving Furniture, Rolling & Relaying Your Rugs!

All Hadeed Employees Go Through a Rigorous Background Check by **USHI**

UNITED STATES HOMELAND INVESTIGATIONS, INC.
HAVE PEACE OF MIND KNOWING THAT ALL OF OUR EMPLOYEES ARE PROFESSIONAL & COURTEOUS WITH SAFE BACKGROUND, DRUG FREE & AUTHORIZED TO WORK IN THE U.S.
www.ushi.com

*Coupons not available w/any other offers

A trusted resource since 1955 for cleaning, repair, & restoration of the region's finest carpets & rugs. If you stand on it, Joe Hadeed stands behind it.

Serving the entire DC Metro Area!! DC, MD, VA
703-836-1111 | 301-637-7163 JoeHadeed.com

SPORTS

Oakton Girls' Basketball Loses in Region Semifinals

Standout Manner forced to watch with fractured thumb.

BY JON ROETMAN
THE CONNECTION

The Oakton girls' basketball team trailed by nine points midway through the fourth quarter of its regional semifinal matchup with South Lakes on Feb. 21. Meanwhile, Oakton senior Elizabeth Manner, a first-team all-region selection, sat on the bench with her fractured left thumb in a cast, unable to help while the Cougars' season was slipping away.

South Lakes had opened the final quarter on a 9-0 run. Oakton responded by showing the resiliency of a defending state champion.

Karlie Cronin scored the Cougars' first bucket of the quarter with 3:52 remaining. Then,



Oakton girls' basketball coach Fred Priester talks to the Cougars during a game against Centreville on Jan. 18.

Lindsey Abed converted a three-point play, cutting South Lakes' lead to four with 2:49 on the clock.

Oakton would have a chance to tie with less than 20 seconds remaining, but the Cougars' quest for a second consecutive state title would fall short of reaching the state tournament.

Oakton lost to South Lakes 48-46 in the semifinals of the Northern Region tournament at Robinson Secondary School.

Down by three, Abed made a two-point bucket with about five seconds remaining, cutting the Seahawks lead to one. South Lakes added a free throw with 3.2 seconds on the clock and the Cougars' ensuing half-court heave was off the mark.

Oakton led 28-24 midway through the third quarter despite the absence of 6-foot-1 center Manner, who fractured her left thumb against McLean in the

opening round of regionals on Feb. 18, but the Cougars couldn't hold on.

"We expect everybody to do their job and sometimes their job changes," Oakton head coach Fred Priester said. "It changed the last couple games because Elizabeth wasn't there. Everybody did what they had to do. It was a game where we played pretty well and they just played two free throws better."

"It's been a great year for us and it really shows the heart of this team."

—Oakton senior Angela Sickels

ner said about watching from the bench as the Cougars lost to the Seahawks. "I'm extremely proud of them."

Abed, a sophomore who was named to the all-tournament team, finished with 17 points against South Lakes. Freshman Alex Marquis scored 11 points, senior Angela Sickels and sophomore Cronin each had eight and senior Helen Roberts added

two.

Oakton finished the season with a 22-5 record.

"It's been a great year for us and it really shows the heart of this team," Sickels said about Oakton competing without Manner. "... [I'll remember the] girls on the team, how much they helped me grow as a person and as a leader, and what I learned about teamwork and determination. I'm going to take that with me the rest of my life."

Oakton, which finished runner-up to Centreville in the Concorde District, ending a streak of eight consecutive district titles, defeated McLean 42-33 in its regional opener. The victory was costly, however, as the Cougars lost Manner to injury. Without their standout center, the Cougars defeated T.C. Williams 46-36 in the quarterfinals on Feb. 19, but fell short against South Lakes.

"As every athlete knows, it's obviously hard [and] it sucks," Man-



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

Stahl Places Third at State Gymnastics Meet

As a freshman in 2012, Marshall's Morgan Stahl competed at the VHSL state gymnastics meet, but failed to place in the top eight in an event.

As a sophomore, Stahl earned a trip back to the state meet. This time, she walked away with some hardware.

Stahl placed third in the all-around competition at the state gymnastics meet, earning all-state honors with a total of 38.325 on Feb. 16 at Centreville High School. Stahl placed second on floor (9.725), fourth on beam (9.675) and finished in a tie for fifth on vault (9.725).

Stahl also finished 15th on bars (9.2).

"It feels really good," Stahl said. "Last year I was here as a freshman and I didn't place on anything, so it was nice to come back and improve so much."

Marshall's Morgan Stahl placed fourth on beam at the VHSL state gymnastics meet on Feb. 16 at Centreville High School. Stahl placed third in the all-around competition.

SAVE THE DATE FOR:
The World's Fanciest Rummage Sale
BENEFITING

 **BOYS & GIRLS CLUBS
OF GREATER WASHINGTON
FAIRFAX COUNTY REGION**

Sunday, April 7th, 12-4pm
The Ritz-Carlton, Tysons Corner
Donations are needed!!!
Make your spring cleaning count this year.
Please Donate new (or like-new) items for Sale Now

Have a really big item to donate?
Contact Helen Kruger (703-748-4068) to make pick-up arrangements
Join us at this incredible event and get unbelievable items at ridiculous prices!!!
You cannot afford to miss this event!!!

Small items and clothing drop-offs may be made to the front of the Ritz-Carlton Hotel, Tysons Corner with the Bell Staff. Please indicate that the items are for the Boys and Girls Clubs Rummage Sale. Donation receipts will be available at drop-off.

On-site moving company available for hire for large item purchases.
For more information, visit our event site.
<http://www.fairfaxbgcgw.org/index.php/rummage-sale>
Admission: \$5 per Person
Members of the Military FREE with Military ID

PET CONNECTION



Meet 'Best Friends' of Herndon

FROM PAGE 7

shy Southern belle type, although in keeping with some of the literary stereotypes, she does gravitate toward men, like Olem's sons Matt and Mike. Cesar and Whiskers were parents at one point in the distant past, "but we took care of that," declared Olem. Now it's strictly a platonic relationship.

EVERYONE KNOWS that cats like more than that proverbial nap. They generally sleep between 13 and 16 hours a day—plenty of rest for both the wicked and the weary. Apparently, no one bothered to tell Sam that the non-feline members of his family don't need the same amount of snoozing as he does. "Sam announces bedtime pretty much every evening—when he's ready," says his human mom Jennifer Boysko. "And he doesn't take no as the answer very well. He will continue to 'call' family members, and if necessary, he will do a bit of herding to get us all up those stairs." Currently, Sam has claimed the guest room as his boudoir, but prefers if all the family is settled for the night before he retires for another 4000 winks. Sam joined the Boysko family in 2004 as the only gift that daughter Sophie Claire wanted for her sixth birthday. Now, at approximately 12 or 13 years of age, he still takes his guard duties seriously. Boysko is running for a state delegate position. Hopefully Sam will allow her to skip curfew a few times while she campaigns.

AND WHO COULD TURN DOWN a heart-felt, hand-written list by 7-year-old twins Tea and Reese Geary outlining the qualities of their two dogs in hopes of seeing them shared with the reading public? The sisters gave equal time to 13-year-old toy poodle Pa'ani (which they tell us means "playful" in Hawaiian) and almost 3-year-old Eve, a plott hound the Gearys have shared digs with for about 7 months and who towers over the petite Pa'ani, nicknamed Pupcake by the Geary children. Don't worry. According to The List, Pupcake is still the boss. Although described by the girls as a dog who "shivers a lot," Pupcake still lays down the law, often booting Eve out of her crate, and even occasionally deciding that that bone was always meant for her, not Eve.

Pupcake is also a "Mommy's Girl," preferring to stick close to owner Amanda Geary, but despite



PHOTO BY ANDREA WORKER/THE CONNECTION

Nancy Myers is surrounded by her two rescue friends, Bart on the left and Banjo to the right. Bart was trained by an inmate from the Lunenburg Correctional Center through their Pen Pals program, where Nancy traveled to collect him. Photogenic Banjo was so cute in his online picture that Nancy was willing to travel to St. Mary's County to add him to the family.

a personality that Geary describes as "doesn't like men, other dogs, or kids," young Reese has made

Pupcake her special project, continuing to lavish her with love and attention—and sometimes an outfit or two—even when Pupcake doesn't always return the affection. "She's never given up," says Geary. "Even when Reece was really small, she would pick her up, risking a nip, and carry her around the house. She even took Pupcake on baby stroller rides, which she seemed to think was acceptable, as was her due."

Eve was a rescue from the Lost Dog organization, originally taken in by Geary's mom. Eve's profile described her as too energetic for most households with other pets or children, and although she proved to be a bit too much for Geary's mom Wendy, ("too many geese and other temptations near my house") apparently Eve has paid little attention to her own press. She adores the twins and their 4-year-old brother Baden, and has no trouble with accepting the reign of Pa'ani/Pupcake as Queen of the Geary Domain.

COMMUNITIES OF WORSHIP

Progressive & Welcoming

**ST. ANNE'S
EPISCOPAL
CHURCH • Reston**



7:45 a.m. Holy Eucharist, Rite I
9:00 a.m. Holy Eucharist, Rite II
Sunday school: preschool - grade 2
Music: grades 3 - 7
10:25 a.m. Sunday School Grades 3 to 12
Music 4 years to 2nd grade
11:15 a.m. Holy Eucharist, Rite II
5:00 p.m. Come Just as You Are Contemporary Service

Nursery care provided at 9:00 a.m. service

The Rev. James Papile, Rector
The Rev. Jacqueline Thomson
The Rev. Laura Cochran
703-437-6530
www.stannes-reston.org
1700 Wainwright Dr., Reston



**To Highlight your
Faith Community,
Call Karen at 703-917-6468**

Retiring after 35 years serving the
Alexandria & Washington Metro Area
with honesty and integrity.

**EVERYTHING
MUST GO!**

**WE WON'T BE
UNDERSOLD!**

**GOING
OUT OF
BUSINESS
SALE!**
53-67% Off

**MULTI-MILLION DOLLAR INVENTORY
OF EXCLUSIVE HANDMADE RUGS
SOLD AT A FRACTION OF TRUE VALUE!**



Old Town Masterpieces

903 King St. • Alexandria, VA

703-836-9028

M-Sat 10-8 • Sun 11-6

TAKE AN EXTRA - READER APPRECIATION
15% OFF
Alexandria Gazette
Mt. Vernon Gazette
Connection Newspapers

OPEN HOUSES SATURDAY/SUNDAY, MARCH 2 & 3

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click on the "This Week in Real Estate" link. **Call Specific Agents to Confirm Dates & Times**

Burke

5936 Burke Cove Rd #102..\$249,950....Sun 1-4..Kathleen Quintarelli.....Weichert..703-862-8808

Centreville

6487 Trillium House Ln.....\$964,900..Sun 10-4.....Jean Marotta.....Birch Haven..703-402-9471

Clifton

8215 Cub Den Ct.....\$699,999....Sun 1-3.....Lisa Clayborne...Long & Foster..703-502-8145

Fairfax Station

7102 Laketree Ct.....\$914,950....Sun 1-4..Kathleen Quintarelli.....Weichert..703-862-8808

8610 Running Fox Ct.....\$899,999....Sun 1-4.....Billy Thompson..Samson Props..703-409-0340

McLean

7386 Hallcrest Dr.....\$649,900....Sun 1-4.....Morgan Knull.....RE/MAX..202-431-9867

Potomac Falls

21123 Brookside Ln.....\$649,000....Sun 1-4.....Glynis Canto..Keller Williams..703-395-2355

Sterling

47331 Vista Ct.....\$625,000....Sun 1-4.....Leslie Thurman...Long & Foster..703-904-3700

20509 Morningside Terr....\$349,900....Sun 1-4.....Marlene Baugh...Long & Foster..703-433-7552

Vienna

2840 Edgelea Rd.....\$725,000....Sun 1-4.....Donny Samson..Samson Props..703-864-4894

**To add your Realtor represented
Open House to these weekly listings, please call
Karen Pechacek-Washburn at 703-778-9422 or E-Mail
the info to kwashburn@connectionnewspapers.com
All listings due by Monday at 3 P.M.**

EMPLOYMENT

ZONE 1: • RESTON
• HERNDON • LOUDOUN

CLASSIFIED

703-917-6400

ZONE 1 AD DEADLINE:
MONDAY NOON

BUSINESS OPP

TELEPHONE
A great opportunity to
WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

BUSINESS OPP

TELEPHONE
A great opportunity to
WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

Seasonal Garden Center Merchandiser

Bell Nursery, a nationally recognized grower/vendor is looking for hardworking people to work at a garden center near you. Must be flexible for weekend work. For job descriptions and locations go to www.bellnursery.com/jobs.

Oracle Applications Database Administrator

(Multiple openings) Mercury Technology Group, Inc., Reston, VA: Advanced Oracle EBusiness Suite Software & Database Administration. BS in Comp. Sci., Comp. Eng., or related & 5 yrs. exp. or Masters plus 3 yrs exp. required, Email resume to: Wednesday.Zambrano@mercurytechnology.com. REF. JOB TITLE.

Eng 4, Product App Services

Reston, VA. Engineer, adm, & support upgrades to SIP-based IP messaging sys. Reqs: BS (or foreign equiv.) in CS, IS or rel tech field + 5 yrs exp in Linux/Unix sys admin., of which 2 yrs exp must incl working w/ SIP-based voicemail platform; deployment & support of OpenWave messaging sw; & automation scripting Perl, Python, Shell & C. Apply to: Denise Mapes, HR, Comcast Cable Communications, LLC, 1500 Market St, 11th Fl East, Philadelphia, PA 19102; or denise_mapes@cable.comcast.com. Refer to Job ID#0938

Advertising Sales

*Work part-time in and near
your home office*

Enjoy commissions and flexible hours

Great opportunity for outside sales person to work primarily in and near your home. Use relationship selling to create and expand community print and internet advertising campaigns to local businesses for Connection Newspapers, Northern Virginia's best-read community newspapers and websites.

Keep productivity high and commuting low while working close to home. After a short training period, travel to our Old Town Alexandria headquarters and production facility required only once or twice a week during off-peak traffic hours. Call 703-778-9431 for details.

THE CONNECTION
NEWSPAPERS

26 Antiques

We pay top \$ for antique furniture and mid-century Danish/modern teak furniture, STERLING, MEN'S WATCHES, jewelry and costume jewelry, paintings/art glass/clocks. Schefer Antiques @ 703-241-0790. Email: theschefer@cox.net

29 Misc. for Sale

Hiddenbrook Pool Membership for sale for \$750. Please call 703-406-7718.

THE CONNECTION CLASSIFIED

Classified or Home • Lawn • Garden:
703-917-6400

Employment: 703-917-6464

E-mail: classified@connectionnewspapers.com

21 Announcements

21 Announcements

21 Announcements

"Plain & Simple" DIVORCE Start with just \$85
No-terms, cooperative divorce must have been separated one year.
Easy payments as low as \$100 per month. Total cost: \$585

AMERICA LAW GROUP, INC.

Call your local office: **14 Virginia offices** Call: 804-245-7848 or
434-430-0734, 276-298-6819, 571-208-7159, 540-424-0691, 757-362-8732

SOCIAL SECURITY DISABILITY VETERAN DISABILITY

Denied disability or awarded a lower percentage than you deserve?

No payment to us until we win your appeal.

© America Law Group Inc. 2800 N. Parham Rd. Richmond 23294 Htrice, Rhurwitz

HOW TO SUBMIT ADS TO

THE CONNECTION Newspapers & Online CLASSIFIED

DEADLINES

Zones 1, 5, 6.....Mon @ noon

Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to:

classified@connectionnewspapers.com

or call Andrea @ 703-778-9411

EMPLOYMENT

DEADLINES

Zones 5, 6.....Tues @ 11:00

Zones 1, 3.....Tues @ 4:00

Zone 2.....Wed @ 11:00

Zone 4.....Wed @ 1:00

E-mail ad with zone choices to:

classified@connectionnewspapers.com

or call Andrea @ 703-778-9411

ZONES

Zone 1: The Reston Connection
The Oak Hill/Herndon Connection

Zone 2: The Springfield Connection
The Burke Connection
The Fairfax Connection
The Fairfax Station/Clifton/
Lorton Connection

Zone 3: The Alexandria Gazette Packet
The Mount Vernon Gazette

Zone 4: Centre View North
Centre View South

Zone 5: The Potomac Almanac

Zone 6: The Arlington Connection
The Vienna/Oakton Connection
The McLean Connection
The Great Falls Connection

21 Announcements

21 Announcements

21 Announcements

AIRLINE CAREERS BEGIN HERE



Become an Aviation Maintenance Tech.
FAA approved training.
Financial aid if qualified – Housing available.
Job placement assistance. SCHEV certified.
CALL Aviation Institute of Maintenance
888-245-9553

21 Announcements

21 Announcements

21 Announcements

HOMEOWNERS WANTED! ALL 2012 STOCK MUST GO!

\$ \$ SAVE THOUSANDS \$ \$



Be a demo homesite for our maintenance-free Kayak Pool. Save thousands with this unique opportunity. Call now for a free backyard survey!

Lifetime Warranty • Large Selection
Maintenance-Free Self-Cleaning Pool
Financing Available... Easy on Any Budget

877-606-7858

New and Used Pools
America's Choice For Quality Swimming Pools

Visit Us at www.newandusedpools.net

If You Can Find Another Pool Built As Well As a Kayak, We Will Give You the Kayak Pool FREE!

21 Announcements

21 Announcements

21 Announcements

THIS AD FOR SALE!

Reach across Virginia with this ad!
No other media offers the audience of loyal, local, repeat readers you'll reach through community newspapers!

71% of American adults have used a newspaper, a newspaper website and/or a newspaper mobile source in the past 30 days. (Scarborough Research 2012)

Virginia Press Services will run this business card-size display ad across Virginia for one low discounted price. For more details, call Adriane at 804-521-7585.

Virginia
PRESS
Services

21 Announcements

21 Announcements

21 Announcements

MEDICAL CAREERS BEGIN HERE

Train ONLINE for Allied Health and Medical Management.
Job placement assistance. Computer available.
Financial Aid if qualified. SCHEV authorized.

Call **888-354-9917**
www.CenturaOnline.com

Centura
COLLEGE

21 Announcements

21 Announcements

21 Announcements

A new option for people with

Macular Degeneration

Find out if the new implantable miniature telescope can help you see better.

Call for a FREE phone consultation with Dr. Armstrong, Optometrist

Offices in: Roanoke, Charlottesville, Harrisonburg, Wytheville

(866) 321-2030

Dr. David L. Armstrong VirginiaLowVision.com



ZONE I: • RESTON
• HERNDON • LOUDOUN

HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

703-917-6400

ZONE I AD DEADLINE:
MONDAY NOON

CLEANING

A CLEANING SERVICE

Since 1985/Ins & Bonded
Quality Service at a Fair Price
Satisfaction Guaranteed-
Angies List 2011-Super Service Award!
Comm/Res. MD VA DC
acleaningserviceinc.com
703-892-8648

ELECTRICAL

ELECTRICAL

K&D ELECTRIC

COMMERCIAL / RESIDENTIAL SERVICE
Family Owned & Operated

Recessed Lighting
Ceiling Fans
Phone/CATV
Computer Network Cabeling
Service Upgrades
Hot Tubs, etc...
Licensed/Bonded/Insured
Office 703-335-0654
Mobile 703-499-0522

GUTTER

GUTTER

GUTTER CLEANING

Gutters and Downspouts Cleaned
Small Repairs • Gutter Guards

PINNACLE SERVICES

lic/ins 703-802-0483 free est.
email jamie@lawnsandgutters.com
web: lawnsandgutters.com
Friendly Service with a Friendly Price!

IMPROVEMENTS

IMPROVEMENTS



R&N Carpentry

♦BASEMENTS ♦BATHS ♦KITCHENS
Foreclosure specialist/Power washing
♦Exterior Wood Rot More!
Deck & Fence repair, Screen Porches
No jobs too large or small
Free est. 37 yrs exp. Licensed, Insured
703-987-5096

R.N. CONTRACTORS, INC.

Remodeling Homes, Flooring,
Kitchen & Bath, Windows,
Siding, Roofing, Additions &
Patios, Custom Deck, Painting
We Accept All Major Credit Cards
Licensed, Insured, Bonded • Free Estimates • Class A Lic
Phone: 703-887-3827 Fax: 703-830-3849
E-mail: rncontractorsinc@gmail

The HANDYMAN

A DIVISION OF NURSE CONSTRUCTION

BATHROOM REMODELING, DRYWALL,
PAINTING, CERAMIC TILE, CARPENTRY,
POWER WASHING & MUCH MORE

You have tried the rest - NOW CALL THE BEST!!
Proudly serving Northern VA - 46 yrs. exp.
Licensed Insured
We Accept VISA/MC
703-441-8811

Picture Perfect Home Improvements

Remodeling Bathrooms, Kitchens & Basements

• FREE Estimates
• FAST & Reliable Service
• EASY To Schedule
• NO \$\$\$ DOWN!
Exterior & Interior Repair,
Painting, Carpentry, Wood Rot,
Drywall, All Flooring, Decks

Handyman Services Available
"If it can be done, we can do it"
Licensed — Bonded — Insured

IMPROVEMENTS

IMPROVEMENTS

A&S Landscaping

• All Concrete work
• Retaining Walls • Patios
• Decks • Porches (incl.
screened) • Erosion &
Grading Solutions
• French Drains • Sump Pumps
• Driveway Asphalt Sealing



703-863-7465

LICENSED

Serving All of N. Virginia

LANDSCAPING

LANDSCAPING



J. REYNOLDS
Landscaping LLC

703.919.4456
Free Estimates

www.ReynoldsLandscapingOnline.com

Licensed / Insured

INSTALLATION SPECIALIST

WET BASEMENT / WET YARD

Paver & Flagstone
Patios / Walkways
Retaining Walls
Stacked Field Stone
Plants / Trees / Shrubs
Water Proofing Foundations
Standing Yard Water
French Drains / Swales
Downspout Extensions
Dry River Beds

•No sub-contractors, or day laborers. •15 Years Designing and Installing
•The Owner is physically on your job site. •On time and Professional.

PINNACLE SERVICES, INC.

LAWN SERVICE

MOWING, TRIMMING, EDGING, MULCHING & TRIM HEDGES

Friendly Service for a Friendly Price

703-802-0483

J.E.S Services

LANDSCAPE & CONSTRUCTION

Drainage Problems

•Patios • Walkways
•Retaining Walls
•Landscape Makeovers



Call: 703-912-6886
Free Estimates

MASONRY

MASONRY

Potomac Masonry

703-498-8526

New Installations & Repairs
Stone - Flagstone - Brick - Concrete
FREE ESTIMATES!!

Lic. & Ins
potomac-masonry.com

3rd Generation Masonry Company

Family Owned & Operated Since the 1950s

MASONRY SPECIALIST, LLC

For All of Your Masonry Needs
Custom Design, Installation, Repairs & Restoration

BRICK - FIELDSTONE
FLAGSTONE - CONCRETE

EP Henry & Belgard Pavers
Patios, Walkways, Driveways, Retaining & Decorative Walls

703-443-2308

Go to www.masonryspecialist.com for ideas, pictures & coupons!
All Work Guaranteed - Licensed & Fully Insured
Class A License #VA2705087240A

HAULING

AL'S HAULING

Junk & Rubbish
Concrete, furn., office,
yard, construction debris
Low Rates NOVA
703-360-4364
703-304-4798 cell

7 DAYS A WEEK

ANGEL'S HAULING

Junk Trash Removal,
Yard/Construction
Debris, Garage/Base-
ment Clean Out,
Furniture & Appl.

703-863-1086
703-582-3709
240-603-6182

LANDSCAPING

A&S LANDSCAPING

Planting • Mulching • Sodding
Patios • Decks • Driveway Sealing,
Asphalt • Retaining Walls
Erosion Control • Drainage Solutions
703-863-7465

ROOFING

LANDSCAPING

ANGEL'S LAWN SERVICE

Junk Removal,
Tree Work, Roofing
703-863-1086
703-582-3709
240-603-6182

PAINTING

PATRIOT PAINTING

www.PatriotPainting.net

Wallpaper Removal,
Carpentry,
Power Washing.
Int/Ext Painting

Free Est. • Satisfaction Guar.
Lic./Ins. Int./Ext.

703-502-7840
Cell
571-283-4883

TREE SERVICE

ANGEL'S TREE REMOVAL

Brush & Yard Debris
Trimming & Topping
Gutters & Hauling
Angeltreeslandscaping-hauling.com
703-863-1086
703-582-3709
240-603-6182

ROOFING

Falcon Roofing

Roofing & Siding (All Types)

Soffit & Fascia Wrapping
New Gutters • Chimney Crowns
Leaks Repaired
No job too small

703-975-2375

falconroofinginc.com

Employers:
Are your recruiting ads not
working in other papers?

Try a better way to fill your
employment openings



- Target your best job candidates where they live.
- Reach readers in addition to those who are currently looking for a job.
- Proven readership.
- Proven results.

THE CONNECTION
to your community

703-917-6464

classified@connectionnewspapers.com

Great Papers • Great Readers • Great Results!

To Buy Or Not To Buy



By KENNETH B. LOURIE

That is my question. And though I can't quite quote Shakespeare the way I can quote The Three Stooges: "Moe, Larry, the cheese. Moe, Larry, the cheese," "tis nobler" to ask it nonetheless. Still, if Hamlet had been diagnosed with a terminal form of cancer, as I have, perhaps he wouldn't have been contemplating suicide but rather allocating his monthly budget – as I do every day, with nearly every purchase. That's my dream, "perchance" or otherwise.

Given that I'm not heir to a fortune, but rather fortunate to still be here, what dollars I earn – and in turn spend, are dollars whose expenditure has to make sense (at least add up, anyway). As a result, I'm always thinking "what if," as in "what if" I'm spending money now on relative incidentals, money that I might need later for more important health and welfare-type costs? And I'm not discussing comfort foods, either. I'm discussing in-home care and/or miscellaneous other cancer-related expenses that can't exactly be paid out of petty cash. Expenses that generally don't take care of themselves any more than cancer takes care of itself. Moreover, though little I know about health and fitness and subsequent complications, I do know my medical ABCs: Anything But Cancer.

However, cancer has become the name of my game and living with it the greatest challenge of my life. Do I ignore it? Do I give in to it? Do I adjust to it? As much as I want to "live long and prosper," and live as normally with my diagnosis as I would live without it, that compromised life expectancy/mortality thing tends to rear its ugly, uncontrollable head. The subconscious control it exerts over me is not so much scary as it is uncomfortable – and somewhat uncharacteristic of who I am and how I want to be. Unfortunately, I can't change the way I think now/how I'm influenced any more than this life-long member of Red Sox Nation can become a New York Yankee fan. It's almost as if your personality profile/tendencies are genetically transformed because of the mutations in your cells brought about by the cancer being triggered somehow. You know what you're doing. You think you know why you're doing it. But you still can't stop yourself from doing it. This preoccupation seems to manifest itself most when I am spending money. I always ask myself if I really need that item now. And if I do need it now, how long might I actually need it for. And how long I might need it for determines the level of financial commitment I'm willing to make. After all, are we talking days, weeks, months or years?

A few decisions that have consumed me of late, involving value versus actual need: Eight pack of soap. Yes, I need to be clean, but at what cost and for how long? A 150-count "Mega" pack of tall kitchen bags. We use a bag a week, approximately. This purchase counts for three years. Who benefits from that?

Pills/supplements I buy. Do I supply myself with one-month, two-month, three-month, or longer? Yes, the unit cost goes down but my true cost may go up because my time might be up.

My AARP membership. One-, three- or five-year renewal. Again, the more years I prepay, the less the cost. But at what cost? Who's the beneficiary? Me or my beneficiary?

What to do? Live like having cancer matters or live like it doesn't? Either way, "I'm a victim of soicumstance."

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

Register Now for Spring Programs **Count on Us!**

We Have Something for Every Age
and Every Interest—
And, Don't Miss our Summer Camp
brochure, now available!



Herndon

PARKS & RECREATION

www.herndon-va.gov • 703-787-7300



show more of less



Settle the score with stubborn lumps and bumps like muffin tops.
Show off the body you've always dreamed of.

We are proud to announce that we now offer CoolSculpting®, the revolutionary new body contouring treatment that freezes fat. Patients are seeing undeniable and lasting results in as little as one treatment. There are no needles, no special diet, no supplements and no surgery. It's FDA-cleared, safe and proven effective.

Only your body should get more buzz.



The results are undeniable.



Reston Facial Plastics

Suzanne Kim Doud Galli, MD PhD FACS

Call us today at 703-787-0199 to schedule your consultation.

CoolSculpting® and the CoolSculpting® logo are registered trademarks of ZELTIQ Aesthetics, Inc. The "snowflake" mark is a trademark of ZELTIQ Aesthetics, Inc. Copyright © 2012, ZELTIQ Aesthetics, Inc. Results vary. Consult your physician. IC0554-B



Under Same Ownership & Management for 48 Years

Ongoing Services Fully Available

- Oriental Rug Cleaning & Restoration in Our On-Premises Plant
- Wall-to-Wall Carpet Cleaning On Customer Premises
- Sale and Installation of Wall-to-Wall & Hardwood Flooring

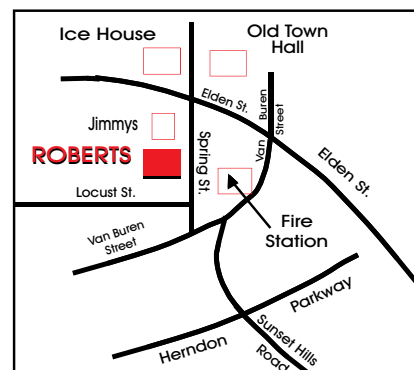


Store Will Close March 16th

Moving Sale Ends in Two Weeks

**Prices Slashed on Total
In-Stock Inventory**

- | | |
|--|------------|
| • Oriental Rugs | Reduced by |
| Hand - Knotted | 60% |
| Machine - Made | 75% |
| • Hardwood Flooring | 75% |
| • Laminate Flooring,
Ceramic & Tile | 75% |



681 Spring Street, Herndon

Hours: Mon - Tues - Thur - Fri - 9-6
Wed: 9-5, Sat: 10-3

703-471-7120
www.RobertsCarpet.com

