

## Citizen of The Year

NEWS, PAGE 3

Congressman Gerry Connolly (D-11) presents Cate Fulkerson a congressional commendation after she was named the Reston Citizens Association's Citizen of the Year Thursday, March 7.

### Bicyclists Pedal Onward, Despite Legislative Losses

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### Author Tells Tales of Rail

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## American Contemporary Music Ensemble

Known among both classical and rock music crowds for their dedication to cutting-edge contemporary music, ACME, led by artistic director and cellist Clarice Jensen, performs masterworks from the 20th and 21st centuries. Performance rescheduled from October due to Superstorm Sandy.

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- Time Out New York



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Reston Citizens Association President Colin Mills presents Cate Fulkerson with the RCA's Citizen of the Year award Thursday, March 7, at the Reston Community Center.

# RCA Names Citizen of Year

**Cate Fulkerson of RA, Leadership Fairfax, recognized.**

BY ALEX McVEIGH  
THE CONNECTION

**T**he Reston Citizens Association named their Citizen of the Year Thursday, March 7, at the Reston Community Center. Cate Fulkerson, Reston Association's director of administration and member services, is this year's recipient.

"Anyone who has ever called the RA with a problem can probably attest to the benefits she has provided. She's also helped develop a generation of community and nonprofit leaders through Leadership Fairfax," said Colin Mills, president of the RCA. "One thing that unites all Restonians, regardless of background or how long you've lived here, or your political persuasion or stance on various community issues, is that everybody loves Cate. She's so deserving of all the praise that's heaped on her. She's professional, efficient, smart friendly, compassionate, responsive to people's needs and she's very dedicated. In short, she's exactly the person you need to find when you need something done."

Fulkerson has served as past board president for Leadership Fairfax, and helps with the annual South Lakes Ethics Day and the local Character Counts program. She is also actively involved with planning the

community's annual Martin Luther King Jr. celebrations and has served on the Greater Reston Chamber of Commerce's public policy committee.

"Cate has been invaluable to me during my time at RA," said RA CEO Milton Matthews. "What immediately comes to mind is our new headquarters space. When we finally found a possible space for relocation, I sat down and told her I wanted her to take the lead ... and she got it done on budget and on time."

Fulkerson was nominated for the award by Jerry Volloy, former RA CEO and current president of the Alliance of Reston Clusters and Homeowners.

"Cate has built an environment where the attitude and responsiveness of RA's administrative employees results in members completing their transaction with the association with a positive sense that they are the reason for the association's existence, rather than feeling that the employees were doing them a favor by serving them," he said. "Cate understands who she serves and protects in this community. In her position at RA, she demands her people show you the same respect, the same responsibility, caring and citizenship that characterizes her."

Per the RCA's nominating procedure, Volloy submitted a nomination form that outlines the extent of Fulkerson's contributions to the community.

Ken Knueven, president of the RA board, called the nomination just "an excerpt of what Cate has accomplished."

Fulkerson, who has been with RA since 1991, said she was "humbled and honored" to receive the award.

**Cate Fulkerson accepts the Reston Citizens Association's Citizen of the Year award Thursday, March 7, at the Reston Community Center.**

PHOTOS BY  
ALEX McVEIGH  
THE CONNECTION

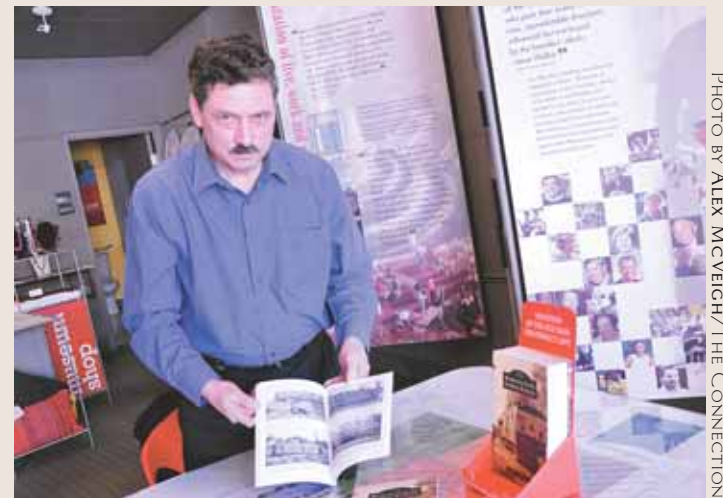


PHOTO BY ALEX McVEIGH/THE CONNECTION

Author David Guillaudeu has released a book detailing the history of the W & OD Railroad, which runs through Reston.

## Author Tells Tales of Rail

David Guillaudeu's new book focuses on W & OD Railroad.

BY ALEX McVEIGH  
THE CONNECTION

**F**or a majority of the 1900s the Washington and Old Dominion Railroad provided transportation from the city of Washington, D.C., out to Loudoun County. Though it carried people, mail and other supplies along its route, the railroad faced difficulties throughout its history, eventually closing in August 1968.

For author David Guillaudeu, the story of the W & OD railroad raised a lot of questions about the day to day operation of the railroad, questions he spent years answering for his new book "Washington and Old Dominion Railroad," which chronicles the rail's history.

"I wanted to focus on the history of the rail from past employees that were around the railroad, not just from financial and other documents like some other books," Guillaudeu said. "I concentrated on what it was like to work there and I was able to talk to people who had worked for the rail as early as 1926. I was looking for more of an in-depth look than just the workings of a railroad company."

The railroad was run by eight different companies over its history, bearing 10 different names. Its history runs back to before the Civil War, to the takeover by the U.S. military during the war, to its heyday in the early 1900s to the decline in ridership and mail transport due to the advent of the automobile and paved roads.

"Folks I talked to out in Loudoun remembered the rail very fondly, they were so appreciative of it because it was their lifeline to the city," Guillaudeu said. "If they wanted a piano, it would come from the rail, so did the feed for their animals, the building materials for their houses and their mail until 1951."

Guillaudeu conducted interviews as early as 1968, but he said he "wasn't taking notes all the way back then, but I wish I had been."

He said he was struck by how destitute the railroad often was, with operators struggling to even keep the rails up to standard.

"It was very poor, and so often they had to make due with what they could get, which included rail that they would turn over to the other side once the top side wore out," Guillaudeu said. "A lot of their equipment was used, second hand, whatever they could scrounge up."

The book also features more than 200 photos from the National Archives, Library of Congress, Fairfax County Libraries, as well as personal photos taken by nearby residents when the rail was still in operation.

Guillaudeu, a rail enthusiast, had been talking to people for years, but it wasn't until he heard from Arcadia Publishing in November 2011 that he started to put it all together.

The book is for sale at the Reston Museum at Lake Anne, as well as at the Freeman House and Meadowlark Gardens in Vienna and online at the Fairfax County Park Authority website.

# NEWS

PHOTO BY STEPHEN BARNA  
DULLES CORRIDOR METRORAIL PROJECT

The photo shows significant progress as seen from the median of the Dulles International Airport Access Highway/Dulles Toll Road looking west towards the Wiehle-Reston East Station.




## Metrorail Makes Progress

Construction of the five stations in Phase 1 of the Dulles Corridor Metrorail stations is now focusing on interior finishes, installation of elevators and systems. The Wiehle-Reston East Station, the temporary end of the Phase 1 alignment, is now 82 percent done and is the most complete of all the stations.

With completion of Phase 1 expected to take place in late summer, crews will soon be doing significant work in Tysons Corner, especially along Route 7 where crews will be completing storm water drainage systems and creating the future roadway align-

ment. When that's done, permanent sidewalks, new traffic signals, lighting and landscaping will be put into place. Project officials expect to complete construction in late summer. Then the project will be turned over by the Metropolitan Washington Airports Authority to the Washington Metropolitan Area Transit Authority (WMATA) to become part of the existing Metro system. Currently, testing is taking place all along the corridor, especially in the Falls Church area. Extensive testing will continue until as WMATA prepares to open the line. WMATA will set the opening date.



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# EPA Will Not Appeal Court Decision on Accotink Watershed

EPA regulations could have cost county \$300 million.

BY VICTORIA ROSS  
THE CONNECTION NEWSPAPERS

The Environmental Protection Agency (EPA) effectively ended a two-year legal battle with Fairfax County when the agency announced last week it will not appeal a federal court decision favoring Fairfax County's handling of the Accotink Creek watershed.

The agency's decision follows a Jan. 3 ruling by U.S. District Judge Liam O'Grady, who struck down an EPA mandate imposing restrictions on the flow of water into Accotink Creek, which could have cost Fairfax County taxpayers as much as \$300 million for storm water abatement.

In a nine-page opinion, O'Grady wrote that storm water runoff could not be considered a "pollutant" under the Clean Water Act, "so the EPA is not authorized to regulate it."

Monday, March 4, was the last day the EPA could appeal the ruling.

"The [decision] is strong validation of Fairfax County's sound and successful strategy for addressing our clean water goals," said Fairfax County Board of Supervisors Chairman Sharon Bulova (D-at-large) in a statement released last Tuesday. "Fairfax County remains committed to improving the health of the Accotink Creek as well as other tributaries of the Potomac and Chesapeake in the county."

The county filed a federal lawsuit in July of 2012 after months of negotiations and talks with EPA officials failed to yield an acceptable compromise, according to county officials. Faced with a regulatory deadline, the lawsuit was the county's only recourse.



PHOTO COURTESY OF THE DEPARTMENT OF PUBLIC WORKS AND ENVIRONMENTAL SERVICES  
The county has been at odds with the EPA over management of the 52-square-mile Accotink Creek watershed for years.

**FILED JOINTLY** with the state of Virginia on behalf of the Virginia Department of Transportation, the lawsuit claimed the EPA's regulations vastly exceeded its legal authority and would create a "massive expansion" of the EPA's regulatory power if left unchallenged.

The board's decision during the 2012 presidential election to join forces with Virginia's conservative attorney general, the state's Republican gubernatorial nominee, was "politically difficult," and showed "just how egregious the EPA's actions are here," said Braddock Supervisor John Cook, one of three Republicans on the Democrat-controlled board.

Bulova (D-at-large) said the board believed putting aside partisan politics and joining the state in the legal action was nec-

essary to strengthen the lawsuit against the EPA.

In a statement last week, Cuccinelli said the EPA mandate would have done "more harm than good."

"Its effectiveness was unproven and it would have diverted hundreds of millions of dollars Fairfax County was already targeting for more effective methods of sediment control," Cuccinelli said.

The county has been at odds with the EPA over management of the 52-square-mile Accotink Creek watershed for years. In 2011, the EPA decision to define the flow of water as a "pollutant"—rather than sediment, the pollutant actually at issue in Accotink Creek—was the tipping point for Fairfax County.

"The EPA literally is treating water itself—

the very substance the Clean Water Act was created to protect—as a pollutant," Fairfax County asserted in its complaint.

To comply with the EPA-mandated thresholds for water flow meant Fairfax County and VDOT would have to find ways to further reduce storm water runoff, in some cases by as much as 50 percent. VDOT officials said they would have been forced to acquire significant amounts of private property to build numerous new storm water management structures.

Meeting those standards was unrealistic, Bulova said. "I am pleased to be able to put this legal battle behind us so we can focus on addressing improvements to our watersheds and water quality."

She said the Fairfax County has already invested significant resources in developing 30 Watershed Management Plans covering all of the drainage areas in Fairfax County. Each plan includes an assessment of the existing conditions within the particular watershed and 10-year and 25-year project plans for improving and protecting the water quality in each watershed.

**FAIRFAX COUNTY'S RECORD** includes more than \$300 million in wastewater system improvements and dedicated annual funding for storm water system improvements since 2006. In 2009 the county instituted a dedicated tax for storm water and has since increased it to a current rate of \$.02 per \$100 assessed value, or \$100 per year for the median home. The countywide tax funds the \$40 million budgeted storm water program in fiscal year 2013.

"Investing in the health of Accotink Creek and other tributaries in Fairfax County not only improves local streams and rivers, it provides downstream benefits to the Potomac River and, ultimately, the Chesapeake Bay," Bulova said.

"The EPA was way out of control on this," Cook said. "We have the best storm water program around, and the EPA's actions simply went too far."

## BULLETIN BOARD

To have community events listed in the Connection, send to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). Deadline is Friday.

### SATURDAY/MARCH 16

#### Rock 'n' Roll Half Marathon.

Donate to the Josh Anderson Foundation for preventing teenage suicide by giving to their largest fundraising event and/or running in the marathon. [www.active.com/donate/joshafoundation2013](http://www.active.com/donate/joshafoundation2013).

#### Loving Kindness: The Union of Daily and Spiritual Life.

10-11:30 a.m., at the Unitarian Universalist Church, 1625 Wiehle Ave., Reston. Class includes teaching on how to develop the mind of loving-kindness in our daily life. \$12. 202-986-2257 or [www.meditation-dc.org](http://www.meditation-dc.org).

### MONDAY/MARCH 18

#### The Reston Planning and Zoning Committee Meeting.

7:30 p.m., at North County Government Center in the Community Room, 12000 Bowman Towne Drive, Reston. An updated presentation of the special study, in particular the transportation study, and a discussion of the most effective public outreach methods for the committee and how best to implement those methods. 703-579-7525 or 703-638-7555.

### THURSDAY/MARCH 21

#### The Mom's Club of Herndon Meeting.

10-11:30 a.m., at Trinity Presbyterian Church, 651 Dranesville Road, Herndon. Amanda Geary and Jen Blevins will advise on how to organize children's belongings. [Herndon\\_moms\\_info@yahoo.com](mailto:Herndon_moms_info@yahoo.com).

### TUESDAY/MARCH 26

**INOVA Blood Drive.** Noon-7:30 p.m., at the Pavilion, 1818 Discovery St.,

Reston. Donate blood to INOVA Fairfax Hospital. 1-866-256-6372 or [inova.org/donateblood](http://inova.org/donateblood).

### WEDNESDAY/APRIL 3

#### Fiscal Year 2014 Budget Presentation.

7 p.m., at Herndon Town Council Chambers, 765 Lynn St., Herndon. Dranesville Supervisor John Foust holds a town hall meeting to give residents an opportunity to learn about and discuss the proposed FY 2014 budget. [www.fairfaxcounty.gov/dmb](http://www.fairfaxcounty.gov/dmb).

### ONGOING

**Positive Energy Submissions.** 8:30 a.m.-5 p.m., at League of Reston Artists Parkridge 5 Building, 10780 Parkridge Blvd., Reston. The LRA calls for painters and photographers to enter works that interpret "Positive Energy" by April 10; the show opens April 15 and remains through July 12, open Monday through Friday.

[www.leagueofrestonartists.org](http://www.leagueofrestonartists.org).

#### Arabic-speaking Older Adult Social Visits.

Fairfax County needs volunteers who speak Arabic to provide social visits to an elderly person in Reston for four hours per month. 703-324-5406, TTY 703-449-1186, [VolunteerSolutions@fairfaxcounty.gov](mailto:VolunteerSolutions@fairfaxcounty.gov) or [www.fairfaxcounty.gov/dfs/olderadultservices](http://www.fairfaxcounty.gov/dfs/olderadultservices).

#### The Object Management Group (OMG) announces their quarterly technical meeting for members and interested non-members.

The week of Mar. 18, at The Hyatt Regency, Reston. Register online or walk-in registration. [www.omg.org/news/meetings/tc/dc-13/info.htm](http://www.omg.org/news/meetings/tc/dc-13/info.htm).

#### The Herndon Senior Center at 873

ceherndon.org. Grace St., Herndon, needs a volunteer musician to play soothing music for participants; piano available. 703-324-5406, TTY 703-449-1186, [VolunteerSolutions@fairfaxcounty.gov](mailto:VolunteerSolutions@fairfaxcounty.gov) or

[www.fairfaxcounty.gov/dfs/olderadultservices](http://www.fairfaxcounty.gov/dfs/olderadultservices).

#### Long-Term Care Volunteer Ombudsman Program Needs Volunteers.

Ombudsmen advocate for the rights of residents of nursing and assisted living facilities—they also help residents resolve conflict and improve their quality of life. 703-324-5861 TTY 711 or [Lisa.Callahan@fairfaxcounty.gov](mailto:Lisa.Callahan@fairfaxcounty.gov).

#### Shepherds Center McLean-Arlington-Falls Church Area Needs Volunteers.

Varying times, 1205 Dolley Madison Boulevard, McLean. Volunteers who can provide transport to and from medical appointments, act as a companion while shopping at grocery store and pharmacy, make friendly calls to homebound individuals, be handy helpers for minor home repairs and help with yard work and chores are needed. 703-506-2199.

# OPINION

## Hybrid Hijinks Discouraging innovation in high-tech Virginia.

Consider this as a possible scenario (although perhaps we should have saved this for April 1): Fewer people are smoking, and many of those who do are smoking less. Virginia's cigarette tax, the lowest of any state at 30 cents a pack, is a declining revenue source. Higher cigarette taxes are proven to reduce smoking. Under current logic in the commonwealth, there would be two courses of action to raise revenue: a) cut the cigarette tax, and b) charge non-smokers a fee to make up the difference and to compensate for the fact that they don't pay cigarette taxes.

This is basically the convoluted approach that leads to the \$100 annual hybrid fee as part of Virginia's proposed transportation plan, to help make up for the reduced tax on gas.

The annual \$100 surcharge for owners of hybrids vehicles should be stripped out of the transportation bill. Something that could add \$1,000 to the price of owning a car over a normal period of time discourages innovation and punishes people who are trying to reduce pol-

lution and dependence on oil.

It also seems likely that the greatest concentration of ownership of hybrid vehicles would be in Northern Virginia, so it's one more way to extract more money from our region.

To replace these funds, plus a little, why not charge an additional \$100 annual registration fee for any vehicle with a purchase price of \$40,000 or more? Or charge the additional \$100 for any personal vehicle with a miles-per-gallon rating of less than 25 miles per gallon highway, especially since the more gas your car burns in Virginia, the more of a break you are receiving on the gas tax reduction. Or charge a sliding fee based on the number of miles driven and the weight of the vehicle (hint: the fee would go up with the miles and weight).

Or raise, rather than reduce, the gas tax and index it to inflation.

### Sober on Saint Patrick's Day?

Saint Patrick's Day has always been a holi-

day associated with alcoholic beverages.

You, and/or the young adults in your household, will naturally have a plan to celebrate without drinking and driving. Plan to have a designated driver. Plan to take public transportation home. Plan to party at home or at a friend's house where you can spend the night.

If all of those plans fall through, however, and you end up without a ride home when you've been drinking on Saint Patrick's Day, the Washington Regional Alcohol Program has a safety net for you, SoberRide — Saint Patty's edition.

WRAP's 2013 Saint Patrick's Day SoberRide program will be offered on Sunday, March 17, from 4 p.m. to 4 a.m. on Monday, March 18. To receive a free cab ride home (up to a \$30.00 fare), call 800-200-8294. You must be 21 or older to use the SoberRide service. Last Saint Patrick's Day, more than 600 potentially impaired drivers made use of this service. SoberRide has provided more than 57,000 free rides home to people who otherwise might have driven drunk.

See [www.soberride.com](http://www.soberride.com).

### EDITORIALS

### LETTERS TO THE EDITOR

## A Call to Reduce Gun Violence

To the Editor:

Following the tragedy at Sandy Hook Elementary School, a group of Northern Virginia residents, Concerned Citizens Against Gun Violence (CCAGV), has been taking action to reduce gun violence in our nation. In February, CCAGV launched a grassroots effort to gather signatures to show our representatives in Congress that their constituents want action on reasonable measures to reduce gun violence. The group also rated McLean area state senators and delegates on their gun safety voting record and hosted a forum with statewide and local public safety groups to educate the pub-

lic on measures to reduce gun violence.

A recent poll conducted by Mayors Against Illegal Guns found that 88 percent of voters in the 10th Congressional District support background checks and CCAGV's results are consistent: 90 percent of the people we canvassed have signed the petition to our federal elected representatives urging them to support universal background checks for all gun purchases, limit magazine clip size to 10 rounds, and ban military-style weapon sales. More than 1300 of Frank Wolf's (VA-10th) constituents have so far signed this petition. (The houses we visit are not selected for voting history or party affiliation; our volunteers walk neighborhoods every weekend and knock on every door.)

These results should not surprise anyone. Poll after poll shows that a majority of Americans want common-sense gun reform that reduces the number of illegal guns on our streets and keeps guns out of the hands of those who are a danger to themselves and others. People understand that, rather than a means of protection, a gun often is an instrument of escalation, accident, and suicide. Most people we talk to have not realized that some 40 percent of gun sales are made without any background check, enabling militarized assault weapons such as the AR-15 rifle used at Sandy Hook to be purchased by virtually anyone. In the Virginia Tech massacre, Virginians witnessed the horrible consequences of weak gun laws that allow a person legally prohibited

from purchasing a gun easily to obtain one.

Concerned Citizens Against Gun Violence is working with other community organizations including religious organizations, the Virginia Center for Public Safety, Million Mom's March, March on Washington for Gun Control, Coalition to Stop Gun Violence and Moms Rising. Every week, we send an email to individuals in the community with information and actions they can take to support local and national initiatives to end gun violence. Anyone who would like to receive these updates or support the activities of the CCAGV is invited to email [ccagv01@aol.com](mailto:ccagv01@aol.com).

**Margot de Ferranti**  
McLean

## My Year in The USA

BY NADINE KASSNER

Why are we doing this? Why are we going away from our families for one year and move into a family's house we don't know? We are exchange students and we wanted to learn more about another country, about the culture, the language and the people. With the Academic Year in America we found an organization that gave us the chance to study abroad and that found nice people/families who were willing to host us and who welcomed us as normal family members. We meet our Local Coordinator

Louise Hackman every month.

She always plans interesting and funny things we can do together. Our last meeting was on Saturday, Dec. 15. We spent some time together at the Arlington Cemetery National Wreath Across America Ceremony and learned a lot about it. We also laid down wreaths on the graves. It was an impressive experience how the cemetery looked like after the ceremony. All these new experiences are the reason why this year is/will be one of my best years in my life.

*Nadine Kassner is a German exchange student attending Herndon High School 2012-2013.*



Exchange students participate in Wreaths Across America Ceremony 2012.

## Reston CONNECTION

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## OPINION

# Reston Loses Community Builder

Patrick Kane: March 5, 1936 to March 5, 2013.

BY JOHN LOVAAS  
RESTON IMPACT PRODUCER/HOST



INDEPENDENT  
PROGRESSIVE

On Saturday, March 9, St. Thomas a Becket Catholic Church on Wiehle Avenue was filled to overflowing to pay a final tribute to Patrick Kane. Patrick died on March 5, his 77th birthday and just five days before the 50th anniversary of his marriage to his beloved wife Susan. He fought long, hard battles with devastating strokes and finally cancer before leaving us.

The people at the service represented a broad cross-section of the Reston community. Patrick had touched a lot of people over the years and you could see it in the faces of those of his generation and younger generations as well. He had influenced Reston in the early days as an architect and planner. Robert Simon, Cal and Nancy Larson, the Stowers, the Pronskes, and Michael Horwatt were among those present who knew him from Reston's very early days. The political leadership of the last 25 years—Delegate Plum, Senator Howell and Supervisor Hudgins—were all there, too.

Then there were the hundreds of others who knew him through contact on some community organization or project—like the new Southgate Community Center trying to find its way—or had met Patrick and struck up a conversation which turned into a continuing dialogue. Attendees were diverse, as were

his relationships. They ranged from people of the same generation as the politicians to businessmen and women from the very early days of the Chamber of Commerce, whose first president was none other than Patrick Kane, to the current CEO and members of today's regional chamber. Then there were those of the now-generation of Reston, young people still in high school in Reston and Herndon. They included youth whom Patrick mentored or who had served him as interns helping to organize his records and documents for local archives that will enter the official history of Reston.

Among those present was Ms. Liz Knapp, longtime telephone voice of South Lakes High School (the one greeting callers with "This is South Lakes High School, home of the Seahawks and darned proud of it!"), who recounted to me her contacts with Patrick. He called her frequently and asked for the latest news on achievements of South Lakes graduates around the world. In fact, he had called just a couple of weeks before he died. On that occasion, as was frequently the case, she had some notable achievements to report. Many South Lakes graduates have indeed gone on to leadership positions or even starring roles in government, business, the arts and professional sports. Through Ms. Knapp he kept track. In fact, Patrick Kane kept track of what happened and what we achieved in Reston to an extent the rest of us can only imagine. He cared very much.

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## No Place Like Home

BY KENNETH R. "KEN" PLUM  
STATE DELEGATE (D-36)

A couple of weeks ago dozens of volunteers fanned out across Fairfax County and Falls Church City to interview those who are living under bridges and in the woods because they are homeless. As difficult as the task was to find the homeless, 462 individuals were surveyed. The purpose of the activity, which is part of the "100,000 Homes" national campaign (www.100khomes.org), was to identify the most vulnerable persons through a process called Registry Week. As a result of this effort we now know who the homeless are, and we know more about them in terms of their health and needs. Such information will allow the agencies and organizations doing work on behalf of the homeless to prioritize those most in need of housing and other services.

I attended a community debriefing last week and heard team members talk about their very moving experiences in meeting the homeless where they sleep and getting to know more about them. Nearly a fourth of the homeless interviewed were between the ages of 18 and 34 years old. A little over a fourth were 55 years or older. Forty-two percent were working full or part-time. As the 100,000 Homes campaign points out, medical research has highlighted several health and social conditions that make people more likely to die on the street. Of those interviewed in Fairfax, 105, or 23 percent, have permanent physical disabilities that limit their mobility. Eighty individuals, or 17 percent, have had serious brain injury or head trauma. Of those surveyed, 165, or 36 percent, are mentally ill. Using the survey indicators,



that means there are 107 individuals or nearly a quarter of those interviewed who are at risk of mortality because they are homeless.

Lack of affordable housing is the main cause of homelessness. The majority of people without homes in our community are children and working families who face both low incomes and expensive housing. It is impossible to pay for an apartment when earning minimum wage—even if you work 24 hours per day, 7 days a week. Monthly rent for a typical one-bedroom apartment is \$1,134. A family must earn \$22.25 an hour to afford a one-bedroom apartment. Eighty-two percent of homeless families earn less than \$14.24 an hour. Tied to the inability to afford housing is the statistic that close to 45 percent of persons in families are homeless due to incidents of domestic violence.

This registry is the first of its kind for Fairfax County, putting a real face on homelessness. The government agencies and community partners like FACETS and Reston Interfaith are now at work to house the most vulnerable. The goal is to move 150 of the most vulnerable homeless into homes within three years. It is important for the community at large to become engaged in helping to meet the goal. Continue your support and increase it if you can of Reston Interfaith, FACETS and other community organizations working with the homeless or donate at www.fairfaxcounty.gov/homeless/100khomes/.





PHOTOS BY OLUFEMI AKINSITAN/THE CONNECTION

Georgia Norwood, 4, of Common Ground Child Care Center in Reston and her mom Morgan Norwood.

## Young Artists Exhibit at GRACE

### The Greater Reston Arts Center celebrates Youth Art Month.

BY OLUFEMI AKINSITAN  
THE CONNECTION

Little Jackson Baker, Morgan Milman and seven other children from North Springfield Elementary School might be first-graders, but they have reproduced

the work of Wassily Kandinsky. Their school was one of the 16 elementary schools in the area that exhibited their works at the GRACE Art Center in Reston on Saturday, March 2, to mark Youth Art Month.

Answering a question on what he loves  
SEE YOUTH ART. PAGE 12

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# Music to Love American Contemporary Music Ensemble at Reston's CenterStage.

By DAVID SIEGEL  
THE CONNECTION

## Where and When

American Contemporary Music Ensemble at the CenterStage, Reston Community Center Hunters Woods, 2310 Colts Neck Road, Reston. Performance: March 27, 8 p.m. Tickets: \$15-\$30. Call 703-476-4500 or visit [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com).

The advance guard in contemporary string and percussion music is arriving courtesy of Reston's CenterStage Professional Touring Artist Series. It is certain to be an evening that will provide handsome renditions of masterworks ranging from exhilarating to Zen-like, serene to dissonant, from the new and perhaps rarely heard, to classics and Grammy-nominated composers of the 20th and 21st centuries.

The vibrant New York City-based American Contemporary Music Ensemble (ACME) will be presenting a live concert called "Brutal and Sublime." According to ACME artistic director and cellist Clarice Jensen, their performances span compositions of "incessant rhythm and repetition, or gorgeous tonal structure and expanse."

"We don't subscribe to one type or style of music, our tastes and passions are exceedingly eclectic, and our programs reflect this," added Jensen.

As for Jensen's own musical

background, she grew up with Bach, Brahms, the Beach Boys and the Beatles floating about in her head and has a Masters degree from Juilliard.

"ACME is at the cutting edge of our musical advancement. What we want from music is ever-evolving and changing ... new music and the composer/musicians of ACME pull us forward into the future by exposing us to musical landscapes that we have yet to imagine," said Paul Douglas Michniewicz, Reston Community Center, director of Arts and Events.

"ACME was formed in order to perform contemporary music (for strings and non-strings alike) at a high caliber level, making efforts to reach audiences unfamiliar with this repertoire," said Jensen. Later came unexpected collaborations with bands and recording artists



PHOTO BY RYUHEI SHINDO

From left: Caleb Burhans, violin; Ben Russell, violin; Clarice Jensen, cello; Nadia Sirota, viola; Chris Thompson, percussion.

with rock sensibilities. "We found ourselves playing for a lot of really dedicated listeners."

Providing an inspired takes on a wide-ranging musical repertoire, ACME will bring a five member ensemble of two violins, viola, cello and percussion to Reston to perform the likes of John Cage and Louis Andriessen, and newer works by younger American composers Timothy Andrew, Mick Barr and Jefferson Friedman and Nico Muhly.

ACME has performed in venues

such as Carnegie Hall and the Guggenheim Museum. Want to hear some ACME? There is one very ambitious hour-long National Public Radio (NPR) music clip of the group playing Steve Reich string quartet pieces.

There is no easy pigeonhole description of ACME and its musical styling. Forget sound bite branding. "We've worked very hard on a terrific program of contemporary music that we know you will love, so please come out to hear us!" added Jensen.

## ENTERTAINMENT

Send announcements to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com).

### WEDNESDAY/MARCH 13

**Vicky Eicher Photo Exhibit: Penguins March & Outhouses Race.** 7 a.m.-6:30 p.m., at the US Geological Survey Building in the Art Hall, 12201 Sunrise Valley Drive, Reston. Seventy photos taken during trips to the cold northern and southern regions of Earth, including photos of five penguin species, three seals, a variety of birds courting or in-flight and an outhouse race down a hill; the exhibit is up through Friday morning, March 29. Photo ID needed to enter. [www.usgs.gov/newsroom/article.asp?ID=2008](http://www.usgs.gov/newsroom/article.asp?ID=2008).

**Jigsaw Puzzle Event.** 10 a.m.-3 p.m., at the Reston Association, 12001 Sunrise Valley Drive, Reston. Join us as an individual or as a couple to do a Reston themed puzzle to see how much you can finish in the time allotted; coffee and lunch provided. Reston Association: \$9; Non-members: \$13. 55 years or older. 703-435-6577 or [Ashleigh@reston.org](mailto:Ashleigh@reston.org).

### FRIDAY/MARCH 15

**Emerging Visions Opening Reception at Greater Reston Arts Center.** 5-7 p.m., at Reston Town Center, 11900 Market Street, Reston. Fairfax County high school students exhibit their work in a professional gallery setting; through March 30. 703-471-9242, [restonarts.org](http://restonarts.org) or [www.restontowncenter.com/events](http://www.restontowncenter.com/events).

### SATURDAY/MARCH 16

**Lucky Leprechaun 5K at Potomac River Running.** 8:30 a.m., at Potomac River Running, 11911 Democracy Drive, Reston. Sport your best St. Patrick's Day bling for this 3.1 mile run, and celebrate at the Clyde's St. Patrick's Day post-race party. 703-689-0999 or [praces.com](http://praces.com).

**Clyde's of Reston Third Annual St. Patrick's Day Party in the Pavilion.** 10 a.m.-11 p.m., at Clyde's, 11905 Market St., Reston. Great Clyde's food, Guinness beer, Irish folk dancing, fun children's activities including a moon bounce and face painting; enjoy live entertainment all day long. 703-787-6601 or [www.clydes.com](http://www.clydes.com).

**Doyle Lawson & Quicksilver.** 3 p.m., 7 p.m., at Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. The many-award-winning bluegrass institutions plays with on-the-rise band. \$20; children under 12, free. 423-878-6160 or [www.doylelawson.com](http://www.doylelawson.com).

**Tuscan Wine Tasting at Il Fornaio.** 4 p.m., at Il Fornaio, 11990 Market St., Suite 106, Reston. Five three-ounce pours paired with appetizers, \$25. 703-437-5544.

**St. Patrick's Celebration.** 7 p.m., at the ArtSpace Herndon, 750 Center St., Herndon. Come enjoy an evening of music and merriment featuring The Treble Clefs. \$10. 703-956-6590 or [www.artspaceherndon.org](http://www.artspaceherndon.org).

**The Treble Clefs at ArtSpace Herndon.** 7 p.m., at The Post Gallery at ArtSpace Herndon, 750 Center St., Herndon. The Treble Clefs will provide a variety of choral music; refreshments and a cash bar will be provided. \$10. 703-956-6590.

### SUNDAY/MARCH 17

**Mosby's Herndon Station Raid Reenactment 2013.** 10 a.m.-3 p.m., at Downtown Herndon at Lynn and Station Streets at WSL0D Depot, 717 Lynn Street, Herndon. Come



PHOTO CONTRIBUTED

Doyle Lawson and Quicksilver

## Weekend Bluegrass Concert Series

Doyle Lawson, the multi award-winning bluegrass wonder, plays with the ICM "Band of the Year" Quicksilver at 3 and 7 p.m. on Saturday, March 16, at Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. Advanced tickets are required as there is very limited seating for walk-ins. \$20; children 12 and under are free. 423-878-6160 or [www.doylelawson.com](http://www.doylelawson.com).

experience the reenactment of the Herndon Station Raid. [WWW.HerndonHistoricalSociety.org](http://WWW.HerndonHistoricalSociety.org).

**Persian New Year—Nowruz Celebration and Festivity.** 11 a.m.-5 p.m., at Pavilion and Market Street, 11900 Market St., Reston. Enjoy music, dance, group performances, and costume characters, along with a Persian Bazaar offering exotic food, goods, arts and more for Nowruz, the Persian New Year. [www.nowruzfestival.org](http://www.nowruzfestival.org).

**Birthday Boys.** 4 p.m., at Reston Community Center, Hunters Woods, 2310 Colts Neck Road, Reston. The Reston Community Orchestra presents their third concert of the season, playing Verdi, Gould, Wagner, Britten, Fry and Williams with maestro Dingwall Fleary and guest Conductor Jim Vallini, conductor of the Manassas Symphony. [www.restoncommunityorchestra.org](http://www.restoncommunityorchestra.org).

### MONDAY/MARCH 18

**Super Studio Workshop at Greater Reston Arts Center.** 3:30-5 p.m., at the Greater Reston Arts Center, 12001 Market St., Suite 103, Reston. Hands-on children's art workshops cultivate each child's creativity through artworks created with a variety of materials. 703-471-9242, 703-476-4500 or [restonarts.org](http://restonarts.org).

**"Big Data in the Cloud: Preparing for the Future" Conference.** Hyatt Regency, 1800 Presidents St., Reston. The conference will provide a forum on preparing for the future of big data in the cloud. CSCC members: \$195; non-members: \$225. [www.cloud-council.org/031813/index.htm](http://www.cloud-council.org/031813/index.htm).

### TUESDAY/MARCH 19

**An Evening With Eric Taylor.** 7:15 p.m., at the Folk Club of Reston/Herndon at Amphora's Diner Deluxe, 1151 Elden St., Herndon. Texan songwriter Eric Taylor plays on tour supporting his album Live At The Red Shack, named to the Top 10 Albums of the Year by Texas Music and Best of 2012 by Third Coast Music magazine. 703-435-2402 or [www.restonherndonfolkclub.com](http://www.restonherndonfolkclub.com).

### WEDNESDAY/MARCH 20

**Complimentary Cake Tasting at Edibles Incredible Desserts.** 11:30 a.m.-1 p.m., at Edibles Incredible Desserts, 11917 Freedom Drive, Reston. Try up to three flavors of award-winning cake with homemade fillings and toppings. 703-

709-8200 or [ediblesincredible.com](http://ediblesincredible.com).

**Trip to Hollywood Casino at Charles Town Races.** 3:30-11:30 p.m., at Hunters Woods Shopping Center, 2201 Springwood Drive, Reston. Join Reston Association for an evening at the race track and a nice dinner overlooking the horses; participants will receive \$15 worth of free slot play. Reston Association members: \$32; non-members: \$38. Ages 55 years and older. [Ashleigh@reston.org](mailto:Ashleigh@reston.org) or 703-435-6577.

**Symphony in Cinema Series at Bow Tie Cinemas.** 7 p.m., at Bow Tie Cinemas, 11940 Market St., Reston. Igor Stravinsky's "The Rite of Spring" is presented by The Philadelphia Orchestra, conducted by Nézet-Séguin Yannick. 703-464-0816 or [bowtietcinemas.com](http://bowtietcinemas.com).

### THURSDAY/MARCH 21

**David Lang and Tordis Fahringer.** 2:15-3:30 p.m., at Center Stage, Reston Community Center Hunters Woods, 2310 Colts Neck Road, Reston. Artistic Director Davi Lang and accompanist Tordis Fahringer for the Reston Choral play duets from the classic repertoire; the first in a series of eight free Thursday afternoon "Meet the Artists" concerts. 703-503-3384 or [www.olli.gmu.edu](http://www.olli.gmu.edu).

**11th Annual Reston Republican Dinner.** 6:30 p.m., at Hidden Creek Country Club, 1711 Clubhouse Road, Reston. The club's annual Lincoln-Reagan Day Dinner features former rising Democrat Party star and Congressman Artur Davis on his journey from being an Obama ally to a Republican. \$72.50 prior to March 10; \$80 from March 11 to 20; \$100 at the door. 703-476-8982, [lizschwarzman@yahoo.com](mailto:lizschwarzman@yahoo.com) or [www.restonGOP.org](http://www.restonGOP.org).

**Appetite for Art—Contemporary Art Dialogues at Greater Reston Arts Center.** 7-8:30 p.m., at the Greater Reston Arts Center, 12001 Market St., Suite 103, Reston. Artists, curators, or educators will guide you through an in-depth viewing of the current exhibition and discuss related trends and influences in contemporary culture. 703-471-9242, 703-476-4500 or [www.restonarts.org](http://www.restonarts.org).

**Newcomer's Night.** 7-9 p.m., at the Reston Association, 12001 Sunrise Valley Drive, Reston. Come learn more about Reston Association (RA) and its many services, amenities and programs as well as other local organizations in the community; refreshments and door prizes. 703-435-6577 or [Ashleigh@reston.org](mailto:Ashleigh@reston.org).

# Revelations and Redemptions Await

## "The Seafarer" next for Elden Street Players.

By DAVID SIEGEL  
THE CONNECTION

What can happen when some old Irish buddies get together to play cards with plenty of whiskey around to whet their story-telling appetites? And, what if there are plenty of unexpected turns into the supernatural as a mysterious stranger appears with his own peculiar agenda that alters the goings-on.

That is the crux behind the Elden Street Players production of Irish playwright Conor McPherson's dark comedy, "The Seafarer." The play was nominated for a 2008 Tony Award for Best Play. McPherson has written several well-received absorbing plays produced by ESP including "Shining City" and "The Weir."

"The Seafarer" is directed by ESP Artistic Director Angie Anderson. In an interview,



PHOTO BY DAVID SIEGEL/THE CONNECTION

From left, Todd Huse (as Mr. Lockhard) and Ian Brown (as Nicky) in rehearsal for the Elden Street Players production of "The Seafarer."

Anderson spoke of her "great fondness for McPherson's naturalistic and lyrical language." She was especially taken by "the multi-layered characters. They are truly appealing people who express intimate personal feelings that the audience will become emotionally invested and root for them."

The play is set on a Christmas Eve in a coastal suburb near Dublin. The action centers on "Sharky," a heavy drinker trying to stay sober for the holidays. He has returned to live with his blind, heavy-drinking, aging brother Ri-

chard in a basement apartment. During the evening the brothers are joined by two old friends along with an unexpected guest, the mysterious Mr. Lockhart, a refined man, or at least one who appears so.

With wit even in its darker moments, the play culminates with what appears to be a harmless poker game, but there is much more at stake than money and pride.

A company of veteran actors fill the ESP cast for "The Seafarer." At a recent rehearsal they sat around

## Where and When

Elden Street Players present "The Seafarer" at Industrial Strength Theater, 269 Sunset Park Drive, Herndon. Performances March 15-April 6: Fridays and Saturdays at 8 p.m.; Sunday matinee, March 24, at 3 p.m.; Sunday evening, March 31, at 7 p.m.; and Thursday evening, April 4, at 8 p.m. Tickets: \$20. Call 703-481-5930 or visit [www.eldenstreetplayers.org](http://www.eldenstreetplayers.org).

a card table going over their lines, Irish brogues filling the air. As Sharky, Bill Fleming wants the audience to join his character's "journey from the depths and back up again into the joy of living life."

Scott Bailey as Richard calls the play one of "hope and the small pleasures in life; whether are joined by two old friends along with an unexpected guest, the mysterious Mr. Lockhart, a refined man, or at least one who appears so.

In inviting audiences to the production, Mark Adams (Ivan) called "the play full of hope and redemption. It will bring a laugh, a scare and ultimately a smile."

## NEWCOMERS' NIGHT

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# Youth Art Month Celebrated

FROM PAGE 9

most about his work, Jackson Baker responded, "I get to make stuff, I like painting." In her response, Morgan Milman, said "It is very creative, I like to draw more than paint." Their enthusiasm was shared by seven of their school-mates—Angel Perez, Sandra Lazo, Charlotte Moore, Robert Orellana, Elsie Hackworth, Jeffrey Pewett and Emma Acker—who came together to reproduce the work of Wassily Kandinsky.

The exhibition is part of the GRACE Art program, the signature education program of Greater Reston Arts Center. The program involves volunteer parents, who provide a one-hour classroom presentation consisting of 20 minutes of interactive art history discussion about an artist or subject using visuals and materials provided by the center. This is followed by an engaging 30-minute hands-on art project designed to reinforce what the children have learned.

In the case of Al Fatih Academy, which is participating in the exhibition for the first time, it has become part of the school's curriculum. "We use it as a resource and mix it with the curriculum," said Nadia El-Khatib, teacher and coordinator of the school's project. One of her students' artists, Asiya Moiz, kindergarten, expressed her feelings about her work, "I have fun painting trees, because I like trees."

Asiya, who with her friends reproduced the work of Claude Monet, has the support of her parents. Her mother, Sadaf Iqbal spoke about the artistic tendencies in her family: "I have a little bit of artistic abilities on my side of the family and I am hoping to encourage her." Corroborating his wife's stand, Ibrahim Moiz, Asiya's dad, said, "we are just trying to explore her artistic abilities."

The "Blue person" was the work of 4-year-old Georgia Norwood of Common Ground Child Care Center in Reston. Talking about her reproduction of the work of Keith Haring, she retorted, "This is blue person, mine was dancing. It was great, I like it." Her mother Morgan, who is also an art teacher at the school, explained, "The kids practice gestures, I choose a pose and they paint it."

Pearl Obermann, a fourth-grader at Oakton Elementary School, commented on her work: "I really like working on the project, it's an easy way to express yourself, and sometimes an artist can inspire you. It also makes you feel happy." Grace Obermann, her mother, who is a volunteer parent, said of the project: "GRACE relies



**Ibrahim Moiz, father of kindergartner Asiya Moiz, a student at Al Fatih Academy, and her mom Sadaf Iqbal with Asiya's work at the exhibition.**



**Jeanne Loveland, education director at Grace Center, addressing guests at the event.**

on us [parents] to make presentation. It's a nice way to introduce kids to art history."

Supporting this position, Jeanne Loveland, the education director of GRACE Art, narrated stories of how participants in the program helped their parents through museums and art houses on visit to such places around the world with knowledge gained from the program. In her words, "This program is amazing, I am amazed by the stories I hear."

Participating schools include—

Academy of Christian Education, Flint Hill Elementary, Forestville Elementary, Fox Mill Elementary and Gabriel Home. Inc. Others are Green Hedges School, Lake Anne Elementary, McNair Elementary School, Age Child Care (SACC), Navy Elementary, Waples Mill Elementary, Westbriar Elementary and Our Lady of Good Counsel Catholic School.

The exhibition continues through Saturday, March 9. See <http://www.restonarts.org> for more details.

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Small items and clothing drop-offs may be made to the front of the Ritz-Carlton Hotel, Tysons Corner with the Bell Staff. Please indicate that the items are for the Boys and Girls Clubs Rummage Sale. Donation receipts will be available at drop-off.

On-site moving company available for hire for large item purchases.  
For more information, visit our event site.  
<http://www.fairfaxbgcgw.org/index.php/rummage-sale>  
Admission: \$5 per Person  
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COX Business LOCAL MEDIA CONNECTION THE RITZ-CARLTON TYSONS CORNER

# Music to Love American Contemporary Music Ensemble at Reston's CenterStage.

By DAVID SIEGEL  
THE CONNECTION

## Where and When

American Contemporary Music Ensemble at the CenterStage, Reston Community Center Hunters Woods, 2310 Colts Neck Road, Reston. Performance: March 27, 8 p.m. Tickets: \$15-\$30. Call 703-476-4500 or visit [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com).

The advance guard in contemporary string and percussion music is arriving courtesy of Reston's CenterStage Professional Touring Artist Series. It is certain to be an evening that will provide handsome renditions of masterworks ranging from exhilarating to Zen-like, serene to dissonant, from the new and perhaps rarely heard, to classics and Grammy-nominated composers of the 20th and 21st centuries.

The vibrant New York City-based American Contemporary Music Ensemble (ACME) will be presenting a live concert called "Brutal and Sublime." According to ACME artistic director and cellist Clarice Jensen, their performances span compositions of "incessant rhythm and repetition, or gorgeous tonal structure and expanse."

"We don't subscribe to one type or style of music, our tastes and passions are exceedingly eclectic, and our programs reflect this," added Jensen.

As for Jensen's own musical

background, she grew up with Bach, Brahms, the Beach Boys and the Beatles floating about in her head and has a Masters degree from Juilliard.

"ACME is at the cutting edge of our musical advancement. What we want from music is ever-evolving and changing ... new music and the composer/musicians of ACME pull us forward into the future by exposing us to musical landscapes that we have yet to imagine," said Paul Douglas Michniewicz, Reston Community Center, director of Arts and Events.

"ACME was formed in order to perform contemporary music (for strings and non-strings alike) at a high caliber level, making efforts to reach audiences unfamiliar with this repertoire," said Jensen. Later came unexpected collaborations with bands and recording artists



PHOTO BY RYUHEI SHINDO

From left: Caleb Burhans, violin; Ben Russell, violin; Clarice Jensen, cello; Nadia Sirota, viola; Chris Thompson, percussion.

with rock sensibilities. "We found ourselves playing for a lot of really dedicated listeners."

Providing an inspired takes on a wide-ranging musical repertoire, ACME will bring a five member ensemble of two violins, viola, cello and percussion to Reston to perform the likes of John Cage and Louis Andriessen, and newer works by younger American composers Timothy Andrew, Mick Barr and Jefferson Friedman and Nico Muhly.

ACME has performed in venues

such as Carnegie Hall and the Guggenheim Museum. Want to hear some ACME? There is one very ambitious hour-long National Public Radio (NPR) music clip of the group playing Steve Reich string quartet pieces.

There is no easy pigeonhole description of ACME and its musical styling. Forget sound bite branding. "We've worked very hard on a terrific program of contemporary music that we know you will love, so please come out to hear us!" added Jensen.

## ENTERTAINMENT

Send announcements to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com).

### WEDNESDAY/MARCH 13

**Vicky Eicher Photo Exhibit: Penguins March & Outhouses Race.** 7 a.m.-6:30 p.m., at the US Geological Survey Building in the Art Hall, 12201 Sunrise Valley Drive, Reston. Seventy photos taken during trips to the cold northern and southern regions of Earth, including photos of five penguin species, three seals, a variety of birds courting or in-flight and an outhouse race down a hill; the exhibit is up through Friday morning, March 29. Photo ID needed to enter. [www.usgs.gov/newsroom/article.asp?ID=2008](http://www.usgs.gov/newsroom/article.asp?ID=2008).

**Jigsaw Puzzle Event.** 10 a.m.-3 p.m., at the Reston Association, 12001 Sunrise Valley Drive, Reston. Join us as an individual or as a couple to do a Reston themed puzzle to see how much you can finish in the time allotted; coffee and lunch provided. Reston Association: \$9; Non-members: \$13. 55 years or older. 703-435-6577 or [Ashleigh@reston.org](mailto:Ashleigh@reston.org).

### FRIDAY/MARCH 15

**Emerging Visions Opening Reception at Greater Reston Arts Center.** 5-7 p.m., at Reston Town Center, 11900 Market Street, Reston. Fairfax County high school students exhibit their work in a professional gallery setting; through March 30. 703-471-9242, [restonarts.org](http://restonarts.org) or [www.restontowncenter.com/events](http://www.restontowncenter.com/events).

### SATURDAY/MARCH 16

**Lucky Leprechaun 5K at Potomac River Running.** 8:30 a.m., at Potomac River Running, 11911 Democracy Drive, Reston. Sport your best St. Patrick's Day bling for this 3.1 mile run, and celebrate at the Clyde's St. Patrick's Day post-race party. 703-689-0999 or [praces.com](http://praces.com).

**Clyde's of Reston Third Annual St. Patrick's Day Party in the Pavilion.** 10 a.m.-11 p.m., at Clyde's, 11905 Market St., Reston. Great Clyde's food, Guinness beer, Irish folk dancing, fun children's activities including a moon bounce and face painting; enjoy live entertainment all day long. 703-787-6601 or [www.clydes.com](http://www.clydes.com).

**Doyle Lawson & Quicksilver.** 3 p.m., 7 p.m., at Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. The many-award-winning bluegrass institutions plays with on-the-rise band. \$20; children under 12, free. 423-878-6160 or [www.doylelawson.com](http://www.doylelawson.com).

**Tuscan Wine Tasting at Il Fornaio.** 4 p.m., at Il Fornaio, 11990 Market St., Suite 106, Reston. Five three-ounce pours paired with appetizers, \$25. 703-437-5544.

**St. Patrick's Celebration.** 7 p.m., at the ArtSpace Herndon, 750 Center St., Herndon. Come enjoy an evening of music and merriment featuring The Treble Clefs. \$10. 703-956-6590 or [www.artspaceherndon.org](http://www.artspaceherndon.org).

**The Treble Clefs at ArtSpace Herndon.** 7 p.m., at The Post Gallery at ArtSpace Herndon, 750 Center St., Herndon. The Treble Clefs will provide a variety of choral music; refreshments and a cash bar will be provided. \$10. 703-956-6590.

### SUNDAY/MARCH 17

**Mosby's Herndon Station Raid Reenactment 2013.** 10 a.m.-3 p.m., at Downtown Herndon at Lynn and Station Streets at WSL0D Depot, 717 Lynn Street, Herndon. Come



PHOTO CONTRIBUTED

Doyle Lawson and Quicksilver

## Weekend Bluegrass Concert Series

Doyle Lawson, the multi award-winning bluegrass wonder, plays with the ICM "Band of the Year" Quicksilver at 3 and 7 p.m. on Saturday, March 16, at Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. Advanced tickets are required as there is very limited seating for walk-ins. \$20; children 12 and under are free. 423-878-6160 or [www.doylelawson.com](http://www.doylelawson.com).

experience the reenactment of the Herndon Station Raid. [WWW.HerndonHistoricalSociety.org](http://WWW.HerndonHistoricalSociety.org).

**Persian New Year—Nowruz Celebration and Festivity.** 11 a.m.-5 p.m., at Pavilion and Market Street, 11900 Market St., Reston. Enjoy music, dance, group performances, and costume characters, along with a Persian Bazaar offering exotic food, goods, arts and more for Nowruz, the Persian New Year. [www.nowruzfestival.org](http://www.nowruzfestival.org).

**Birthday Boys.** 4 p.m., at Reston Community Center, Hunters Woods, 2310 Colts Neck Road, Reston. The Reston Community Orchestra presents their third concert of the season, playing Verdi, Gould, Wagner, Britten, Fry and Williams with maestro Dingwall Fleary and guest Conductor Jim Vallini, conductor of the Manassas Symphony. [www.restoncommunityorchestra.org](http://www.restoncommunityorchestra.org).

### MONDAY/MARCH 18

**Super Studio Workshop at Greater Reston Arts Center.** 3:30-5 p.m., at the Greater Reston Arts Center, 12001 Market St., Suite 103, Reston. Hands-on children's art workshops cultivate each child's creativity through artworks created with a variety of materials. 703-471-9242, 703-476-4500 or [restonarts.org](http://restonarts.org).

**"Big Data in the Cloud: Preparing for the Future" Conference.** Hyatt Regency, 1800 Presidents St., Reston. The conference will provide a forum on preparing for the future of big data in the cloud. CSCC members: \$195; non-members: \$225. [www.cloud-council.org/031813/index.htm](http://www.cloud-council.org/031813/index.htm).

### TUESDAY/MARCH 19

**An Evening With Eric Taylor.** 7:15 p.m., at the Folk Club of Reston/Herndon at Amphora's Diner Deluxe, 1151 Elden St., Herndon. Texan songwriter Eric Taylor plays on tour supporting his album Live At The Red Shack, named to the Top 10 Albums of the Year by Texas Music and Best of 2012 by Third Coast Music magazine. 703-435-2402 or [www.restonherndonfolkclub.com](http://www.restonherndonfolkclub.com).

### WEDNESDAY/MARCH 20

**Complimentary Cake Tasting at Edibles Incredible Desserts.** 11:30 a.m.-1 p.m., at Edibles Incredible Desserts, 11917 Freedom Drive, Reston. Try up to three flavors of award-winning cake with homemade fillings and toppings. 703-

709-8200 or [ediblesincredible.com](http://ediblesincredible.com).

**Trip to Hollywood Casino at Charles Town Races.** 3:30-11:30 p.m., at Hunters Woods Shopping Center, 2201 Springwood Drive, Reston. Join Reston Association for an evening at the race track and a nice dinner overlooking the horses; participants will receive \$15 worth of free slot play. Reston Association members: \$32; non-members: \$38. Ages 55 years and older. [Ashleigh@reston.org](mailto:Ashleigh@reston.org) or 703-435-6577.

**Symphony in Cinema Series at Bow Tie Cinemas.** 7 p.m., at Bow Tie Cinemas, 11940 Market St., Reston. Igor Stravinsky's "The Rite of Spring" is presented by The Philadelphia Orchestra, conducted by Nézet-Séguin Yannick. 703-464-0816 or [bowtietcinemas.com](http://bowtietcinemas.com).

### THURSDAY/MARCH 21

**David Lang and Tordis Fahringer.** 2:15-3:30 p.m., at Center Stage, Reston Community Center Hunters Woods, 2310 Colts Neck Road, Reston. Artistic Director Davi Lang and accompanist Tordis Fahringer for the Reston Choral play duets from the classic repertoire; the first in a series of eight free Thursday afternoon "Meet the Artists" concerts. 703-503-3384 or [www.olli.gmu.edu](http://www.olli.gmu.edu).

**11th Annual Reston Republican Dinner.** 6:30 p.m., at Hidden Creek Country Club, 1711 Clubhouse Road, Reston. The club's annual Lincoln-Reagan Day Dinner features former rising Democrat Party star and Congressman Artur Davis on his journey from being an Obama ally to a Republican. \$72.50 prior to March 10; \$80 from March 11 to 20; \$100 at the door. 703-476-8982, [lizschwarzman@yahoo.com](mailto:lizschwarzman@yahoo.com) or [www.restonGOP.org](http://www.restonGOP.org).

**Appetite for Art—Contemporary Art Dialogues at Greater Reston Arts Center.** 7-8:30 p.m., at the Greater Reston Arts Center, 12001 Market St., Suite 103, Reston. Artists, curators, or educators will guide you through an in-depth viewing of the current exhibition and discuss related trends and influences in contemporary culture. 703-471-9242, 703-476-4500 or [www.restonarts.org](http://www.restonarts.org).

**Newcomer's Night.** 7-9 p.m., at the Reston Association, 12001 Sunrise Valley Drive, Reston. Come learn more about Reston Association (RA) and its many services, amenities and programs as well as other local organizations in the community; refreshments and door prizes. 703-435-6577 or [Ashleigh@reston.org](mailto:Ashleigh@reston.org).

# Revelations and Redemptions Await

## "The Seafarer" next for Elden Street Players.

By DAVID SIEGEL  
THE CONNECTION

What can happen when some old Irish buddies get together to play cards with plenty of whiskey around to whet their story-telling appetites? And, what if there are plenty of unexpected turns into the supernatural as a mysterious stranger appears with his own peculiar agenda that alters the goings-on.

That is the crux behind the Elden Street Players production of Irish playwright Conor McPherson's dark comedy, "The Seafarer." The play was nominated for a 2008 Tony Award for Best Play. McPherson has written several well-received absorbing plays produced by ESP including "Shining City" and "The Weir."

"The Seafarer" is directed by ESP Artistic Director Angie Anderson. In an interview,



PHOTO BY DAVID SIEGEL/THE CONNECTION

From left, Todd Huse (as Mr. Lockhart) and Ian Brown (as Nicky) in rehearsal for the Elden Street Players production of "The Seafarer."

Anderson spoke of her "great fondness for McPherson's naturalistic and lyrical language." She was especially taken by "the multi-layered characters. They are truly appealing people who express intimate personal feelings that the audience will become emotionally invested and root for them."

The play is set on a Christmas Eve in a coastal suburb near Dublin. The action centers on "Sharky," a heavy drinker trying to stay sober for the holidays. He has returned to live with his blind, heavy-drinking, aging brother Ri-

chard in a basement apartment. During the evening the brothers are joined by two old friends along with an unexpected guest, the mysterious Mr. Lockhart, a refined man, or at least one who appears so.

With wit even in its darker moments, the play culminates with what appears to be a harmless poker game, but there is much more at stake than money and pride.

A company of veteran actors fill the ESP cast for "The Seafarer." At a recent rehearsal they sat around

## Where and When

Elden Street Players present "The Seafarer" at Industrial Strength Theater, 269 Sunset Park Drive, Herndon. Performances March 15-April 6: Fridays and Saturdays at 8 p.m.; Sunday matinee, March 24, at 3 p.m.; Sunday evening, March 31, at 7 p.m.; and Thursday evening, April 4, at 8 p.m. Tickets: \$20. Call 703-481-5930 or visit [www.eldenstreetplayers.org](http://www.eldenstreetplayers.org).

a card table going over their lines, Irish brogues filling the air. As Sharky, Bill Fleming wants the audience to join his character's "journey from the depths and back up again into the joy of living life."

Scott Bailey as Richard calls the play one of "hope and the small pleasures in life; whether are joined by two old friends along with an unexpected guest, the mysterious Mr. Lockhart, a refined man, or at least one who appears so.

In inviting audiences to the production, Mark Adams (Ivan) called "the play full of hope and redemption. It will bring a laugh, a scare and ultimately a smile."

## NEWCOMERS' NIGHT

THURSDAY, MARCH 21, 2013 • 7 – 9 p.m. • FREE  
Reston Association, 12001 Sunrise Valley Drive  
RSVP to [Ashleigh@reston.org](mailto:Ashleigh@reston.org) or call 703-435-6577.

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Come learn more about Reston Association (RA) and the many services, amenities and programs it provides for you. Learn about other local organizations in the community. Meet RA Board members and staff. Find out how you can get involved in Reston. Light refreshments will be available and door prizes will be awarded.



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# Aldrin Elementary Reads With America

**A**ldrin Elementary students and staff celebrated Dr. Seuss' birthday on Read Across America Day, Friday, March 1. Students created and displayed their favorite Dr. Seuss book in a banner-size format and were encouraged to wear their pajamas to get comfortable to read while they enjoyed stories from special guest speakers.



**Aldrin Elementary celebrates Read Across America Day, Friday, March 1.**



**The Cat in the Hat reads to Aldrin Elementary students on Read Across American Day, Friday, March 1.**

PHOTOS COURTESY OF VALERIE ABER



PHOTO CONTRIBUTED

**At Reston Town Center on Feb. 28, Gate Fulkerson (left), president of Reston Character Counts! Coalition, was presented with a donation check in the amount of \$2,966 by Marissa Marwell (right), manager of the Reston Town Center ice skating pavilion.**

## Reston Character Counts! Coalition Receives Donation From Reston Town Center Ice Skating Pavilion

**R**eston Town Center's ice skating pavilion presented a check for \$2,966 to Reston Character Counts! Coalition. As an annual tradition, the coalition has received 50 percent of the opening weekend proceeds from the

Reston Town Center ice skating pavilion for many years. This contribution helps fund the coalition's development programs, including the annual Essay and Poster Contest, and sponsorship of Ethics Day at South Lakes High School.

# St. Patrick's Day Bash!

Sunday, March 17th

Feeling Irish this year?

*You will be if you celebrate St. Patrick's Day with us!*

Doors open at 9 A.M. with an authentic Irish breakfast, and the festivities continue until 2 A.M. with:

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# St. Patrick's Day Open House

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The Great Falls Connection

## 21 Announcements

## 21 Announcements

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### The Inaugural Runners Marathon of Reston (RMR)

will take place on Sunday, March 24. Nearly 700 competitors will run in either the 26.2-mile full marathon or the 13.1-mile half marathon. The event starts at 7:30 AM at South Lakes High School. Nearly 700 competitors will be on the roads and trails throughout south Reston until mid-day.

## 21 Announcements

## 26 Antiques

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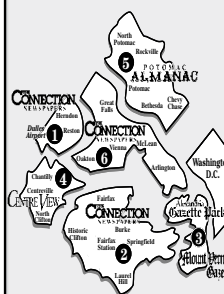
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## Writing What Four



By KENNETH B. LOURIE

As far as anniversaries go – and I hope this one “goes” a lot further; acknowledging, dare I say, celebrating, my four-year survival anniversary from “terminal” stage IV (inoperable, metastasized) non-small cell lung cancer, a diagnosis I initially received on February 27, 2009, along with a “13-month to two-year prognosis” from my oncologist, is certainly column-worthy.

Not that I haven’t mined these emotional depths before; end of years one, two and three if truth be told, but I’m sure I can be given a pass, given the subject matter. And what matters more than a characterized-as-terminal cancer patient outliving his prognosis – by years? Not too much, from my perspective. Quite frankly, this is content of a column I can get used to writing – repeatedly, if need be, and I’m hoping the need be. Oh, I don’t suppose I’ll be recycling material from previous anniversary columns, even though the sentiment would be familiar: amazing good fortune, gratitude, anxiety concerning an unpredictable future, etc. Nevertheless, I’ll risk expressing some feelings here that might be somewhat reminiscent of columns and anniversaries gone by.

Being diagnosed with lung cancer two and a half months after my widowed mother succumbed to her old age – thereby making my brother Richard and I orphans, as it were (my father had died two years earlier, almost to the day of my mother’s passing) seemed a bit unfair, especially considering how much my brother and I had sacrificed as we cared and concerned ourselves with the last years of our parents’ less-than-ideal lives. But “fair” has never really entered into my equation. That’s not how I look at things. I look at things the way I’ve heard – on sports talk radio, anyway, how football players describe their attitude toward a starting player being injured: “Next man up.” There are no excuses. It’s not exactly poker, but you play the cards you’ve been dealt. And so, in my four years of living with cancer since February, 2009, I have not pursued justice, nor have I declared my independence, but I have tried to live my life with good humor, and liberty and happiness – when I could manage it.

Not always have I achieved these goals or maintained the balance necessary to counter the emotional weight and physical toll receiving a terminal diagnosis – and the treatment protocol, can impose. I’ve had my moments, to be sure, but overall, I’m proud of how I’ve changed – for the better, and persevered. Though cancer has proven over the years to be an equal-opportunity-disease, my diagnosis has never caused me to feel doomed (a little gloomy, maybe). Moreover, I’ve always felt hopeful and as such have tried to be proactive, open and compliant in order to give myself every possible advantage in this life yet to be lived.

Woe is not me. Why is of no concern. How it could have happened – is of no particular interest. Reviewing my past transgressions never mattered to my oncologist. His only concern was the future and treating me forward. For the most part, I have embraced that/his philosophy; except this time of the year: my still-living-with-cancer anniversary when I revisit the past – hopefully as a prelude for the future. That’s my intent, anyway.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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# FAITH

## Passover—Exodus From Slavery or Holiday of Bondage?

RABBI LEIBEL FAJNLAND  
CHABAD OF RESTON-HERNDON

**W**e will soon celebrate Passover—a holiday the Torah calls “the Festival of Freedom.”

There are those who look on with amusement at the copious amount of work that goes into riding one's house of Chametz (leaven), shopping for food, preparing the Matzos, cooking for two Seders, etc., and ask “This is freedom? It is the ultimate servitude!”

Their question invites us to take another look at the meaning of freedom. What does freedom mean?

Freedom is generally defined as the lack of restraints. Here one must emphasize, however, that the lack of any restraints has a different name: chaos. A jungle has few restrictions, yet no one would dare compare or wish to visualize the civilized world as a jungle.

Our world can be separated, for the sake of this discussion, into four general categories: inanimate, plant, animal and human. The inanimate generally do not have too many needs. Let us there-



**Rabbi Leibel Fajnland**

fore narrow it down and focus on the final three. They each have defining characteristics that make them what they are, and consequently, they each have unique needs.

What defines the plant? What is the unique property differentiating it from the inanimate? The property of growth. What are the needs of a plant? Good soil, water and sunlight.

How about an animal? Give it the same conditions, give him food and drink but chain him to one place with nowhere to move. You

### Chabad Community Passover Seder

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will have the most miserable animal on the planet. Mobility, actively expressing the life within it, characterizes the animal. For an animal to be happy, it has to be able to roam free. Anything less is restrictive. For the plant, this “restriction” is fine, because it does not restrict what the plant is.

Let's keep going. Give a human being food, drink and the ability to roam the globe, but deny him speech and intellectual stimulus. Deny him conversation, deny him knowledge. Again, the formula that worked for one, fails miserably for the other.

The underlying point here is that there are two types of limitations, limitations that confine us and limitations that define us. Slavery

is a result of imposed restraint on what defines us. Our own inner personal restraints like fear, anger, depression and selfishness. Or the externally imposed problems and tribulations of life, marital strife, dysfunctional families, financial instability, etc.

Be true to ourselves and our G-d and these “limitations” do not appear as limitations, rather as the

context within which we are defined, human beings created in the image of the divine.

The Hebrew word for Egypt is Mitzrayim. The root of the word “Mitzrayim” is “meitzar,” which means boundary. When we talk about “Yetzias Mitzrayim,” “Exodus from Egypt,” we also mean leaving the “boundaries” and limitations, self imposed or otherwise, that confine and stifle who we really are.

This is the relevance of Passover to us today. Passover teaches, inspires, empowers and challenges us to leave “Egypt,” to leave the slavery of our own making, each and every day. It asks us to subdue the “Pharaoh” within, the impulse to live a life of an others choosing, one which does not conform with who we truly are.

### FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). Deadline is Thursday.

**Loving Kindness:** The Union of

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# Langley Boys' Lax Looking for Fifth Straight State Title

Defense figures to be Saxons' strength in 2013.

BY JON ROETMAN  
THE CONNECTION

**E**arl Brewer, who enters his 19th season as head coach of the Langley boys' lacrosse program, has led the Saxons to four consecutive state championships.

Brewer, whose Saxons have also captured two region crowns and nine district titles under his guidance, prefers a positive approach to coaching and likes to keep in perspective that real pressure is faced by parents paying a mortgage rather than students playing a game. That being said, Brewer knows anything short of a fifth straight state title would result in some unhappy campers.

"I think the expectations are going to be if we don't win a state championship, people are going to be disappointed—the fan base, the student body, the players themselves," Brewer said. "We have some seniors on this team that have been on three straight state championship teams. For them, to leave the legacy not to win it I think would be sad for them."

Senior captains Brad Dotson, Robby Byrne



The Langley boys' lacrosse team will open its season Friday at home against Dominion.

and Luke Salzer were part of the last three Langley state championship teams. Byrne said past success creates motivation.

"I don't think it puts more pressure (on the team), it just makes us want to continue that legacy," he said. "It gets the young kids going, gives them something to work toward."

Byrne, at 6-foot-3, and Dotson, who

stands 6-foot-6, are part of a physical Saxon defense which figures to be the strength of the team. Dotson was selected first-team All-Liberty District and first-team All-Northern Region last season and will play lacrosse at Bucknell University. Senior Tyler Kovacs (6-3) and junior Hunter Yates (6-0) will also be contributors as defensemen. Senior Clay Kennedy is the Saxons' goalkeeper.

"My defense is very big," Brewer said. "... They look like a college team when you see them on the field. And they're talented too—they're not just big lummocks. They can run, they can dodge and shoot, themselves. They play great one-on-one [and] they're all smart."

Salzer, a midfielder, had 25 goals and 46 assists last season. He will play collegiately at the University of Delaware.

"He's got the whole package," Brewer said. "We call him an old-school middle because he can play middle, he can play defense and offense, he runs the field [and] he's a tough guy, too."

Seniors Brian Ochoa and Jack Reilly will also contribute as midfielders.

Junior attackman J.T. Meyer returns for his third season on the varsity and is one of the Saxons' top offensive threats. However, Meyer suffered a knee injury prior to the season and could miss some time. Junior Billy Orme, seniors Nick Guglielmo and Patrick Kearney, and sophomore Weston Simonides will also look to contribute.

Langley opens the season with a home game at 6 p.m. on Friday, March 15, against Dominion—the Saxons' first test in their quest for a fifth consecutive state championship.

"We're out here having fun and all," Dotson said, "but at the end of the day, we're here to get business done."

## Oakton Baseball to Open Against National District Opponents

**T**he Oakton baseball team scrimmaged defending state champion Lake Braddock on March 9 for the Cougars' final preseason tune-up.

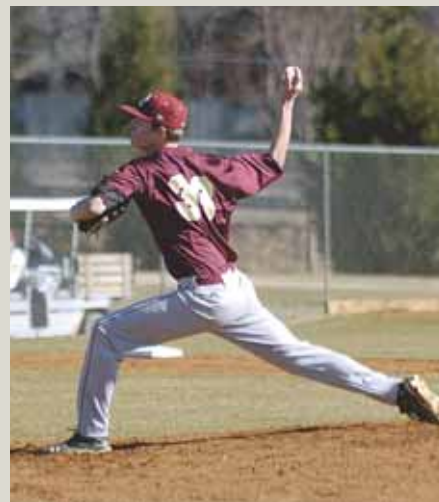
Afterward, Oakton head coach Justin Janis said the team needs to make some changes. The Cougars will have a chance to show they've improved when they travel to face Yorktown for the regular season opener at 6 p.m. on Wednesday, March 13. Oakton will face another National District opponent two days later when the Cougars host Washington Lee at 6 p.m. on March 15.

"I thought today was a good learning experience for us," Janis said after the Saturday scrimmage. "Any time you go up against a good opponent like [Lake] Braddock, I think that gives you a good chance to kind of see what you're made of."

Senior right-hander Matt Gregor will be Oakton's No. 1 starter on the mound.

"The biggest thing is he just throws strikes," Janis said. "He's a competitive kid, he's very composed out there, he's a good leader—just by his body language he makes his teammates confident."

Janis is also looking for significant contributions from senior middle infielders



Oakton senior Matt Gregor enters the season as the Cougars' No. 1 pitcher.

Joey Bartosic and Mitchell Carroll, and senior right-fielder Brian Burns, who was a first-team All-Northern Region selection last season.

"We're looking for (Burns) to step up again as a leader," Janis said, "and hopefully have the same kind of production that he had last year."

—JON ROETMAN

## SPORTS ROUNDUPS

### South Lakes, Herndon to Battle in Baseball Opener

The South Lakes and Herndon baseball teams will open their respective 2013 seasons at 6:30 p.m. on Friday, March 15, when they face off at Herndon High School.

Herndon won its first eight games of the 2012 season, but finished 9-9, including a loss in the opening round of the Concorde District tournament.

### Herndon, South Lakes Roundup

The South Lakes softball team opened the season with a 10-3 victory against Park View on March 11. The Seahawks will host Robinson at 6:30 p.m. on Wednesday, March 13.

The Herndon softball team will travel to face Washington-Lee at 6:30 p.m. on Friday, March 15. The Hornets were scheduled to open the season at home against Wakefield on Tuesday, after The Connection's deadline.

The South Lakes and Herndon boys' soccer teams will face off on March 20 at South Lakes High School in a rematch

of last season's Northern Region tournament matchup, which South Lakes won 3-2 in the opening round.

First, South Lakes will open the season at home against T.C. Williams at 7 p.m. on Thursday, March 14, and will travel to face Lee on March 18. Herndon will host Thomas Jefferson at 7 p.m. on Monday, March 18.

The Herndon girls' lacrosse team will open its season at home against Broad Run at 7:30 p.m. on Friday, March 15. South Lakes hosted Falls Church on Tuesday, after The Connection's deadline. The Seahawks will travel to face Dominion at 7:15 p.m. on Thursday, March 14.

The Herndon boys' lacrosse team hosted Annandale on Tuesday, after The Connection's deadline. The Hornets will host defending Patriot District champion Woodson at 7:30 p.m. on Wednesday, March 13. South Lakes faced Falls Church on Tuesday, after The Connection's deadline. The Seahawks will host Yorktown at 7:15 p.m. on Tuesday, March 19.

The Herndon girls' soccer team will travel to face Thomas Jefferson at 7 p.m. on Monday, March 18. The Hornets opened their season on March 12 at Mount Vernon. South Lakes will travel to take on T.C. Williams at 4:30 p.m. on Thursday, March 14.

## THE COUNTY LINE

# Bicyclists Pedal Onward, Despite Legislative Losses

## FABB promotes extended hours on W&OD Trail.

BY VICTORIA ROSS  
THE CONNECTION

As the weather gets warmer and the days get longer, Northern Virginia bicyclists are back on the roads and trails, despite the Virginia General Assembly's antipathy for bike safety bills this session.

"Between us, BikeVirginia, RideRichmond, WABA, RABA, TBA, and other groups across the commonwealth, we put a lot of energy into getting cycling-friendly legislation through during the 2013 General Assembly session," said Michael Gilbert, co-founder of RideRichmond on the VBF website. "Unfortunately, none of it came to fruition."

State Senator Chap Petersen (D-34), who introduced several unsuccessful bike safety bills this session, said he was baffled by the defeat of his "dooring" bill, which would have required motorists to open their doors safely when there is oncoming traffic. The maximum civil penalty for recklessly swinging car doors open was \$100. The bill generated the most attention—and optimism from bike advocates—when it sailed through the Virginia Senate and a House transportation subcommittee.

But the House Transportation Committee swung the door shut on "dooring" when it voted 7-7 on the question of reporting it to the full House, since a tie vote equals a loss in the General Assembly. On his blog—OxRoadSouth—Petersen said his bill was "logical, fair and simple."

"It simply stated that a driver, who is opening a car door near moving traffic, must be accountable for any accidents caused by that open door," Petersen said.

"Why is this relevant? Am I restricting personal freedom? Common sense? No, it's about safety. As bike lanes become more prevalent in our urban areas, 'dooring' has become a major threat to cyclists. ... Since drivers are in the best position to avoid 'dooring' accidents, that is only fair," Petersen said, adding that more than 20 states, including Maryland and D.C., already have this law.

But area bicyclists refused to be sidelined by these legislative defeats. Fairfax Advocates for Better Bicycling put out its newsletter this weekend, sharing the following in-



PHOTO COURTESY OF FABB

**A group of local cyclists take advantage of the good weather during a ride to Tysons Corner. To find "bike-friendly" paths in Fairfax County, go to [www.fairfaxcounty.gov/fcdot/bike/bikemap](http://www.fairfaxcounty.gov/fcdot/bike/bikemap).**

### More Information

Want more information on how to bike locally? Check out these websites:

For a copy of Fairfax County's bicycle maps and trails:

[www.fairfaxcounty.gov/fcdot/bike/bikemap.htm](http://www.fairfaxcounty.gov/fcdot/bike/bikemap.htm)

[www.fairfaxcounty.gov/trails/maps.htm](http://www.fairfaxcounty.gov/trails/maps.htm)

[www.fabb-bikes.org/resources.html](http://www.fabb-bikes.org/resources.html)

❖To help plan your bicycle trip online:

[www.ridethecity.com/dc](http://www.ridethecity.com/dc)

[www.wmata.com/ridertools/triplanner](http://www.wmata.com/ridertools/triplanner)

❖To get involved in bicycle advocacy:

[www.fabb-bikes.org](http://www.fabb-bikes.org)

[www.waba.org](http://www.waba.org)

(FABB is affiliated with the Washington Area Bicyclist Association, an advocacy group for the D.C. metro area.)

formation:

## W&OD Trail Extended Hours

The W&OD Trail is now open from 5 a.m. to 9 p.m. between Shirlington and Herndon. The Northern Virginia Regional Park Authority recently installed signs along the trail showing the new hours and requirements for use after dark.

"This is good news for bike commuters and other people who need to use the trail at night," said Bruce Wright, chairman of FABB. "Most commuters currently ride on the trail after dark because they have few safe alternative routes. ... These new hours are experimental and could be expanded (or restricted) in the future. If you have comments, send feedback to NVRPA."

According to the Extended Hours of Use Requirements, cyclists are required to "wear reflective clothing that can be easily seen from the front and rear" and to have a front and rear light. Trail users on foot are also required to have front and rear reflective clothing and they "must carry a light or wear a flashing light."

Wright said FABB will be out on the trail over the next several weeks offering free lights to trail users. See the FABB blog for more details.

## Bicycle Master Plan

The county Bicycle Master Plan was completed in July 2012. "We're hoping the plan goes before the Planning Commission and Board of Supervisors this spring," Wright said.

## Parkway Trail Now Open

Due to construction of the Fairfax County Parkway overpass at Fair Lakes Parkway, the adjacent paved trail was dug up and closed for many months. Finally a replacement trail is taking shape. While parts of the new trail are not paved yet, the trail is now open between Route 50 and Fair Lakes Parkway. FABB tried to get the county and VDOT to provide a signed detour for trail users through a nearby neighborhood while the trail was closed, but despite numerous attempts, they were not successful. "The Parkway Trail is a major commuter and recreational trail that never should have been closed without a suitable detour," Wright said.

## 2013 Bike to Work Day

Registration is now open for



PHOTO BY VICTORIA ROSS/THE CONNECTION

**Fairfax Advocates for Better Bicycling Chairman Bruce Wright and long-time cyclist Kerie Hitt get ready to bike to their home in Reston after receiving an award from the Fairfax County Board of Supervisors last year.**

Bike to Work Day on Friday, May 17. Several events will be held in Fairfax County: Burke VRE Station, Fairfax Corner, Herndon, the new Merrifield-Mosaic District, Merrifield-W&OD Trail, Collingwood Park (new), Reston, and Springfield Metro at Walker Lane, Tysons Corner Center, and Vienna.

"We plan to have FABB reps at each of these events to provide route information, answer questions, and to ask people to sign up for our e-newsletter," Wright said.

## Upcoming Events

Many communities hold health and environmental fairs such as Earth Day, Arbor Day, and so forth during the spring, and we encourage everyone to ride your bikes and promote bicycling when you attend these events.

❖Wednesday, March 20—FABB Monthly Meeting

❖Tuesday-Thursday, April 9-11—Fairfax County Budget Hearings

❖Wednesday, April 17—FABB Monthly Meeting

❖Thursday, April 18—Vienna Green Expo

❖Tuesday, April 23—USGS and Freddie Mac Earth Day events

❖Saturday, April 27—Paul's Ride for Life, Clean Fairfax Earth Day event, and Be Fit McLean

❖Wednesday, May 15—FABB

Monthly Meeting

❖Sunday, May 5—Vienna Bike Safety Awareness Day

❖Friday, May 17—Bike to Work Day

❖Saturday, June 1—Tour de Fat

"Since 2006, Fairfax County has become more bike friendly with the adoption of the county-wide bicycle initiative, but cyclists still need better-connected bike routes, secure bicycle parking and education programs to help them travel comfortably and safely," Wright said, adding that passage of the Bicycle Master Plan is the group's primary goal.

"It contains a roadmap for making Fairfax a bicycle-friendly community. Implementing the plan will take a commitment from our community leaders to building a safe, connected bicycle network that will benefit all local residents."

"FABB is clearly focused on improving our quality of life and health by providing better opportunities for biking," said Supervisor Catherine Hudgins (D-Hunter Mill). "(The group) has already completed a key goal of informing the community and providing directions on how to improve biking opportunities with its wonderful guide."

Hudgins, who has backed many cycling initiatives, said she thinks cycling generally helps create more livable, healthy and sustainable communities by "connecting us as people."

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**Sean Rizzo**

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# Spring 2013 HomeLifeStyle



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# HomeLifeStyle

## The Region's Best Home Designs

Local contractors get top honors for remodeling projects.

BY MARILYN CAMPBELL  
THE CONNECTION

From designing a kitchen with a concave glass tile backsplash to creating a backyard with a fireplace and pool, some local home remodelers were honored recently with the National Association of the Remodeling Industry's (NARI) 2013 Regional Contractor of the Year awards for design acumen. Winning projects ran the gamut from historic preservation projects to environmentally conscious conceptions.



PHOTO COURTESY OF NARI

**A MCLEAN KITCHEN** by BOWA took top honors in the "Residential Kitchen Over \$120,000" category. The homeowners were looking to create a free-flowing, light-filled space.

"Their kitchen was not as open as they would have liked," said Josh Baker, founder and co-chairman of BOWA. "They wanted to make it more integrated and useful for the family."

To accommodate a larger kitchen, the design team, which included BOWA's George Hodges-Fulton, built an addition and added a sitting room, screened porch and additional windows to allow an abundance of natural light to stream into the space. The new kitchen also included a butler's pantry and a family dining area.

What is the key to turning one's home into an award-winning, showcase house? Baker, who founded BOWA with his college friend Larry Weinberg, says an open dialogue is essential to a successful remodeling project. "The key is finding a person or company that you communicate very, very well with and whose process is in line with how you like to do business," he said. "This is a customer service business. It is not just a construction business. The entire process is important, not just the end result."

**FAIRFAX-BASED FIRM** RJK Construction, Inc. received top honors in the category of "Residential Addition \$100,000 to \$250,000" for a home in the Mantua area of Fairfax County. Company president Robert Kalmin says the homeowners' goal was to blend their interior and exterior spaces. "They wanted to make their exterior landscaping a visual point because they entertain a lot," he said. "The windows act as murals to the exterior landscaping bringing the outdoors in and the indoors out."

The owners requested an open floor plan that allowed guests to move freely between the kitchen and the backyard. "They were very specific about how they wanted people to meander from the outside to the inside,"

**This McLean kitchen by BOWA took top honors in the "Residential Kitchen Over \$120,000" category. The homeowners wanted to create a free-flowing, light-filled space.**

Kalmin said. "We had to relocate the powder room so that people are able to use the restroom without having to go anywhere else."

An abundance of windows allows natural light to flow throughout the home. "The kitchen has red oak flooring and other colors and finishes that compliment the natural scenery outside," said Kalmin.

**HARRY BRASWELL** of Harry Braswell, Inc. in Alexandria, was named Contractor of the Year in the "Entire House \$500,001 to \$1,000,000" category for the renovation of a home that had not been updated since the 1950s. "The house was outdated, too small for the family's needs," he said.

The renovation included a kitchen outfitted with cabinet-front appliances and porcelain sinks including an apron farm sink and an island sink in a pale aqua. "That color is carried throughout the house," said project manager Gretchen Brown.

A concave glass tile backsplash surrounds the durable, brown-toned quartzite counter. "Quartzite doesn't stain easily," said Brown. "It is strong like granite, but is more expensive."

The Braswell team also got a nod for energy efficiency for this project, which was named "NARI Green Project." Brown noted that the team installed energy efficiency lighting and energy star appliances.

"The homeowners had specific criteria about wanting to meet [Leadership in Energy and Environmental Design] certification because they are dedicated to protecting the environment," said Braswell.

**CABIN JOHN, MD., BASED** firm Anthony Wilder Design/Build, Inc. received kudos in the "Residential Exterior, \$100,000 and Over" category for a backyard space that includes a pool and fireplace. "The home-

owner wanted four separate living spaces in the backyard," said company spokeswoman Danielle Frye. "He wanted a dining room, a living room with a heat source, a place to sunbathe near his pool and a place to play cricket on his lawn."

Frye said the Wilder team, which included architect George R. Bott and lead designer Anthony Wilder, developed a backyard plan that replaced overgrown grass with flagstone and a badly worn fence with foliage to create a sense of privacy. "There is a sundeck and spaces for a sofa and dining table, but the fireplace is the focal point," said Frye. "We used really tall bamboo to shield the view from the hotel across the street."

**A BETHESDA HOME ADDITION** garnered a top prize in the "Residential Addition Over \$250,000" category for A.R.T Design Build Inc. with team member Grossmueller's Design Consultants, Inc.

"The client wanted to expand their one story house to have a separate area for [bedrooms] and create a more functional first floor with more communal spaces, the kitchen, family room [and] dining room," said Cindy G. McClure of Grossmueller's Design Consultants, Inc.

The design team added a new second floor to the home, which accommodates a laundry room, a master suite, two additional bedrooms and a bathroom. A stair tower and cathedral foyer create an open floor plan and connect the first and second levels.

"Elements of the old house, like the wide chimney on the front and the contemporary 1960 style were played upon and accentuated," said McClure. "The result is a functional home that meets the needs of today's family, remained within budget and was completed on time."

## 80th Historic Garden Week, April 20-27

Historic Garden Week 2013 will feature approximately 200 private homes and gardens open on 32 separate tours throughout the state of Virginia over eight consecutive days. It is the largest ongoing volunteer effort in Virginia and represents the coordinated efforts of 3,400 club members. One hundred percent of tour proceeds are used to enhance Virginia's landscape. Visit [www.vagardenweek.org](http://www.vagardenweek.org).

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Old Town Alexandria  
Sponsored by the Hunting Creek Garden Club and the Garden Club of Alexandria, 10 a.m. to 4 p.m.  
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Tickets are \$40 and available at the Ramsey House Visitors Center at the corner of King Street and North Fairfax Street on the day of the tour. For advance tickets contact Mrs. Donald Rocen Virginia.rocen@comcast.net 703-684-3876. For more information, please contact Tour Chairmen Mason Bavin at mbavin@mcenearney.com, Twig Murray attwig@twigweb.com or Catherine Bolton at 4boltons@comcast.net

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Advance tickets are \$20 through April 9. Contact Marty Whipple at mwhip155@aol.com. For more information about the tour, contact Bonnie Rekemeyer at chezdarbon@aol.com.

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**This home in the Vienna/Oakton area is featured on Virginia's Historic Garden Week.**

# HomeLifeStyle

## Demand for Incremental Improvements

Over time, some owners makeover the entire house — one phase at a time.

By JOHN BYRD

If you compare the current home remodeling market to 2007, it's clear that homeowners are less likely to execute a top-to-bottom makeover in a single stroke than they were five years ago.

Home resales are rising again, but the belief that every dollar spent on a Northern Virginia home will be quickly recovered has been suspended — if only temporarily — as homeowners reassess.

For most local homeowners, a house is an asset of enormous personal appeal: an expression of identity and aspiration, periodically adapted to life's changes.

While the scale of the average project may be smaller, it's evident that many homeowners middle age or older have come to see the home as a long-term — even lifelong — work in progress, one that they take up passionately, and at regular intervals.

Veteran remodeler David Foster calls these homeowners "incremental" improvers, and has come to see them as the primary focus of a home improvement enterprise he started 30 years ago.

As president of Foster Remodeling Solutions in Lorton, Foster regularly coaches his team on the importance of understanding what these homeowners need, what they are expecting and how to articulate their best options with clarity.

"Our core belief is that there are many homeowners who will make a notable home improvement every two-to-five years, so we place a high priority on earning that person's trust," Foster said. "In this sense, there is nothing more important than outperforming expectation."

WHILE THERE MAY BE many reasons why a homeowner will remodel in stages, Foster said that the typical incremental improver has a pay-as-you-go orientation — often driven by evolving family requirements.

Vienna resident Kelly Grems, for instance, has executed four remodeling projects with Foster starting with a kitchen addition in 2003.

"We bought the house in 1995 when I was pregnant," Grems said. "My husband [Ed] and I had been living in a much smaller house in Maryland, but envisioned a traditional home that would offer our growing family lots of useful activity areas."

A kitchen with a sizable break-

fast room was the first item on the "wish list," an assignment complicated by the fact that home's rear elevation backs into a woodland set-aside and a precipitous drop.

"The ground level decking was already in place," Grems said. "But David showed us a plan for an elevated breakfast room extension built on pilings that wouldn't require a ground level foundation. Turns out, this solution created a welcome canopy for the ground level patio. And it was also a more sensible, economical choice for us at the time."

Grems said her first step was handing Foster a file of articles on kitchen interiors she had clipped

from Southern Living; the Foster Remodeling design staff then took over, helping the couple visualize design ideas with the aid of a CAD computer program.

"The selection and pricing process was transparent, and really anticipated what we needed," Grems said. "When you're as busy as we are, you appreciate this quality of support."

Apart from budget considerations, Grems said taking a pause between projects allowed the couple to pay more attention to how the family is actually using the house, and to develop ideas that work for everyone.

The recently completed family

room upgrade didn't become an immediate action plan, for instance, because the family design process was fomenting slowly — again starting with magazine articles and other sources. "We're particular; we let the look come to us piece by piece," she said.

The half-brick floor-to-ceiling backwall was replaced by perfectly symmetrical built-ins, crown molding and an elevated hearth with a marble surround and Edwardian-style mantle.

"It's an entirely different mood from the sun room," Grems said, "and perfectly satisfies another dimension of our lifestyle."

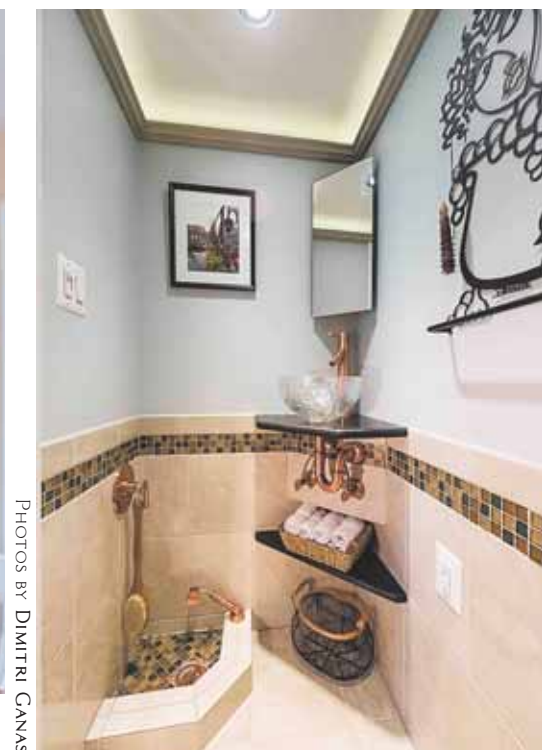
ON A SIMILAR NOTE, south Alexandria resident Sandy Nusbaum attributes her periodic home upgrade inclinations to a gradual but decisive recognition that the four bedroom colonial she has occupied for 28 years with husband Mike is the last single family residence the couple will ever own.

"We raised three children here, and when the last of them moved away, we looked at other houses in the area and even a retirement village in North Carolina," Nusbaum said. "That's when I renewed my appreciation for the many advantages of this house. I recognized that everything we wanted was already here; we just needed a few pointed improvements to take us into the foreseeable future."

Initially that meant introducing an open, "kitchen-centric" plan in the back half of the house, and creating an outdoor component — in the form of a 16-by-16-foot back



The plans for a kitchen remodel were complicated by the fact that the home's rear elevation backs into a woodland set-aside and a notably precipitous drop.



The Pipers' new powder room includes a Mediterranean-style foot bath ringed in glass and mosaic tiling.

screen porch — that allows for easy warm-weather circulation.

Replacing a wall between kitchen and dining room with a three-stool dining counter proved an effective starting point to delineating a more interactive entertainment space.

A few years on the Nusbaums began planning a follow-on phase: an extension of the rear family room, an open-air grilling deck and a layout that permits children, grandchildren and many guests to circulate freely through a now wide-ranging entertainment suite.

Then, just last year, the largely unused lower level was converted into a multi-purpose suite that serves as both an exercise room and guest accommodation.

The long-term remodeler also may venture into non-essential, even quite personal, "tweaks" to the existing property from time to time. After comprehensive upgrades to their kitchen and master bath, for instance, Alexandrians

Steve and Diane Piper decided that their eclectically re-designed powder room should include a Mediterranean-style foot bath ringed in glass and mosaic tiling.

The artfully-executed first floor facility — planned with an assist from Foster designer Sarah Wolf — includes a vessel basin with exposed copper piping, marble floors and a coffered ceiling with concealed lights.

The Pipers — who often travel internationally — say the foot bath is a pleasant convenience in the summer when they are often wearing sandals. "I wouldn't say a footbath adds anything to re-sale value," Diane Piper said, "But we do plan to be in this house for at least another ten years."

After re-doing the front elevation — and before remodeling the

kitchen — the Baldinos of Springfield had Foster design a screen porch with a floor-to-ceiling stone hearth. The porch is closed on three sides and features a 15-foot cathedral ceiling with an overhead rotating fan. The project included an extensive flagstone patio, a privacy fence, a retaining wall and landscaping.



The existing half-brick floor-to-ceiling backwall was replaced by perfectly symmetrical built-ins, crown molding and an elevated hearth with a marble surround and Edwardian-style mantle.



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3 8305 Fox Haven Drive, McLean — \$3,125,000



5 9720 Arnon Chapel Road, Great Falls — \$1,800,000



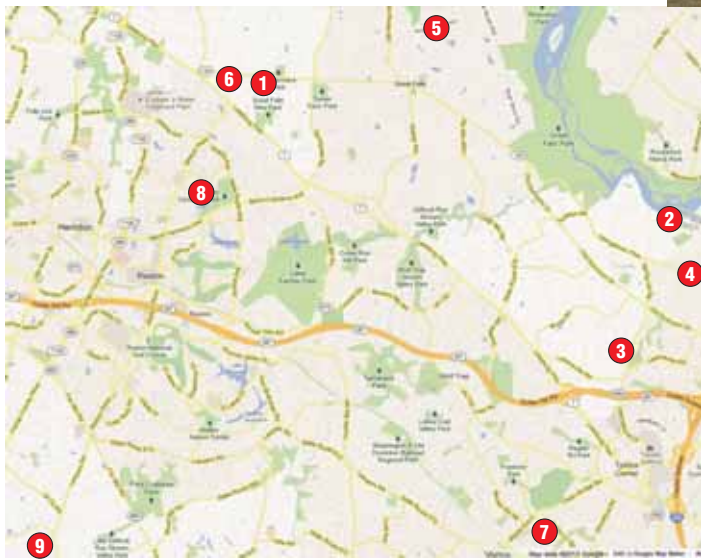
9 12705 Autumn Crest Drive, Oak Hill — \$965,000



7 400 Berry Street SE, Vienna — \$1,402,735



8 11580 Greenwich Point Road, Reston — \$1,000,000



Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot AC	Postal Code	Subdivision	Date Sold
1 1036 AZIZA CT	5	5	3	GREAT FALLS	..	\$5,115,693	Detached	0.84	22066	PUTNAM FARM ESTATES	01/04/13
2 710 BULLS NECK RD	6	6	1	MCLEAN	.....	\$5,000,000	Detached	5.00	22102	BULLS NECK HUNDRED	01/16/13
3 8305 FOX HAVEN DR	5	6	2	MCLEAN	.....	\$3,125,000	Detached	0.83	22102	FOXHALL OF MCLEAN	01/04/13
4 845 CANAL DR	5	5	2	MCLEAN	.....	\$1,900,000	Detached	1.18	22102	OLD GEORGETOWN ESTATES	01/25/13
5 9720 ARNON CHAPEL RD	6	6	3	GREAT FALLS	..	\$1,800,000	Detached	2.46	22066	HARMON FARM	01/15/13
6 11301 LANDY LN	5	5	1	GREAT FALLS	..	\$1,734,604	Detached	1.47	22066	CHANEL ESTATES	01/04/13
7 400 BERRY ST SE	5	4	1	VIENNA	.....	\$1,402,735	Detached	0.51	22180	MURMURING PINES	01/29/13
8 11580 GREENWICH POINT RD	4	2	1	RESTON	.....	\$1,000,000	Detached	0.31	20194	RESTON	01/02/13
9 12705 AUTUMN CREST DR	5	4	1	OAK HILL	.....	\$965,000	Detached	0.30	20171	FRANKLINS TRUST	01/04/13

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# Decorating for Easter

Easy ideas to welcome spring into your ahome.

BY MARILYN CAMPBELL  
THE CONNECTION

From floral arrangements that burst with pastel blooms to candles that fill one's home with scents reminiscent of warm weather, local style experts offer suggestions for accents that welcome spring.

Turn simple twigs and greenery into a harbinger of Easter. "Welcome guests into your home with a spring wreath on the front door decorated with greenery, flowers or eggs," said Ann O'Shields of The Nest Egg in Fairfax. "Scents of spring are a sure way to alleviate the end of winter."

Laura Smith of The Dandelion Patch in Vienna, Reston and Georgetown recommends filling air with crisp, fresh aromas. "There are candles with really nice spring scents, like jasmine or gardenia and lemongrass. Citrus scents are also very big in spring and summer."

Smith suggests setting one's table with serveware imprinted with spring produce like lettuces that herald the new season. "You can use cutting boards with artichoke prints or platters with asparagus prints. They are entertaining and fun accessories," Smith said.

Festive baskets filled with paper grass, wooden eggs, bunnies and flowers make ideal home accents. "Using seasonal blooms are a great way to welcome spring," said O'Shields.

A floral arrangement displayed in baskets covered with spring flower petals make a chic centerpiece for one's dining table. "When it comes to floral arrangements, people are often driven by what their home décor is," said Potomac, Md., based floral designer Evelyn Kinville. "The most popular flowers for Easter are hydrangeas in white or soft green, daffodils, tulips in yellow, hyacinths in pink or blue, Esperance roses, which are large pink and cream two-toned in color, and White or pink hybrid lilies."

O'Shields said, "Pick one flower style and repeat it in various places throughout the room for the most impact."



PHOTO BY MARILYN CAMPBELL/THE CONNECTION

**Local design experts suggest using serveware imprinted with produce like lettuces that herald the new season.**

## Recycle, Reuse, Remodel

BY JOSHUA BAKER  
BOWA

Remodeling often affords an opportunity to re-purposing existing materials by donating to those less fortunate. Ask your remodeler if there is a plan or policy for saving materials for re-use rather than sending it to a land fill. Every project is different. And some materials are more easily removed and saved than others. Here are a couple of organizations that accepted used materials.

### A WIDER CIRCLE

This organization provides basic-need items to families transitioning out of shelters and those living without life's necessities. A Wider Circle furnishes the homes of more than 1,000 children and adults each month. If you wish to donate furniture and other home essentials that are in good condition (no rips or stains), you can drop off items at their Center for Community Service in Silver Spring, Md. You can also schedule a pickup in most areas throughout greater Washington, D.C. Refer to their website for a full list of accepted items and their "wish list" of the most needed items at [www.awidercircle.org](http://www.awidercircle.org).

### HABITAT FOR HUMANITY - RESTORE

ReStore is a resale business that sells new and used building materials and home items to the general



public. All donations are tax deductible and donated by individuals, local retailers, building contractors and suppliers. Donated items are then sold at 50-90 percent off the retail price, with all proceeds benefiting Habitat for Humanity, an organization that provides safe and affordable housing to low-income families. ReStore accepts appliances, furniture, cabinets, roofing and flooring materials, exercise equipment, countertops, electronics, lighting and plumbing fixtures, among many others. All materials and items must be in good and working condition. Items may be dropped off at ReStore locations during their business hours or for larger donations you may schedule a pickup. For more, visit Northern Virginia stores in Alexandria and Chantilly - [www.restorenova.org](http://www.restorenova.org)

### GOODWILL

Founded in 1902, Goodwill accepts gently used clothing, furniture, housewares, working electronics, and other household items. These items are then sold at their retail locations, with the proceeds used to fund employment, job training, and placement services for the disadvantaged and those with disabilities. To view their full list of goods accepted, and for the list of donation centers and stores, visit [www.dgoodwill.org](http://www.dgoodwill.org). You may also schedule a pick up online for larger items or multiple items you don't have the resources to transport.

### SALVATION ARMY

Although the Salvation Army is involved in many community programs, proceeds from items donated to their stores will benefit their Adult Rehabilitation Centers, which help those who have lost the ability to cope with their problems and are unable to provide for themselves. Each rehabilitation center offers residential housing and work, along with individual and group therapy. This enables many to be reunited with their families and resume a normal life. Items commonly donated include appliances, clothing, furniture, and household goods. For more information on their donation program, please visit [www.satruck.org](http://www.satruck.org).

### BOWA HOME CLEANUP DAYS

As a thank you to the neighbors in the communities in which we work, from time to time BOWA hosts Home Cleanup Days. Home Cleanup Day is a great opportunity to donate and recycle gently used household items, toys and clothing, and dispose of any debris or other unwanted clutter. A BOWA employee will help folks unload their items and a Goodwill representative will be on hand to accept donations and provide receipts.

To find a BOWA Home Cleanup Day in your area, please visit our <http://info.bowa.com/communityblog/>.

Josh Baker is founder of BOWA, learn more at [www.bowa.com](http://www.bowa.com).

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