

Centreville ♦ Clifton ♦ Little Rocky Run

CENTRE VIEW

SOUTHERN EDITION

Inside
Home Life Style

MARCH 14-20, 2013

25 CENTS NEWSSTAND PRICE



PHOTOS CONTRIBUTED

Centreville's Vanessa Spiller hiking through the Grand Canyon last summer.

Racing To Help Others

Rev3 Run Rogue 5K is March 23 at Fairfax Corner.

BY BONNIE HOBBS
CENTRE VIEW

After beating breast cancer, Centreville's Vanessa Spiller is ready to take on the world. She runs and challenges herself in endurance events and, on March 23 at Fairfax Corner, she'll be racing in the second annual Rev3 Run Rogue 5K.

In April 2011, Spiller was diagnosed with stage II breast cancer. A tumor in her breast had metastasized and, after doctors removed it, she underwent six months of chemo, followed by radiation. She finished treatment that November.

"It was a rough ride for two years, but I'm feeling really good," she said. "I have no more treatment, just medication, follow-ups and scans every six months for the next couple years."

Spiller and her husband Michael, of the Confederate Ridge community, are the parents of son Cole, 13, a Rocky Run seventh-grader, and daughter Courtney, 11, a fifth-grader at Bull Run Elementary. And Spiller leads a free running club at Bull Run to prepare children to run in the Run Rogue.

They also learn about nutrition and the importance of raising money for a worthy cause. "We meet every Wednesday and have about 75 kids in first through sixth grades," she said. "It's really fun."

Since the Rev3 Run Rogue was created in honor

SEE SPILLER RUNS, PAGE 4



Michael and Vanessa Spiller in Central Park, in November, after running their own New York City Marathon.

'Record, Remember ... And Report'

CID officer advises citizens about homeland security.

BY BONNIE HOBBS
CENTRE VIEW

Fairfax County's Police Department has been around for more than 70 years, but its Criminal Intelligence Division (CID) wasn't created until after the 9/11 tragedy.

"Five detectives and one supervisor were in a lunchroom in the Massey Building when we first discussed it," said CID Det. Doug Comfort. "There was a phone on the wall and we had to leave the room between noon and 1 p.m. so others could eat lunch."

Comfort's in his 39th year in law enforcement; he retired as a detective sergeant after 24 years with the Vienna Police Department and has been with the county police for 15 years. And he was addressing a recent meeting of the Sully District Police Station's Citizens Advisory Committee.

"We hadn't worked in international terrorism before 9/11," he said. "But we worked on the 9/11 bombings with the Pentagon and New York because nine of the bombers lived here in Fairfax County — and that concerned us."

Then, some 18 months ago, Comfort and an Arlington police captain wrote a course on tactical community policing for homeland security. "In the community, if you lose control, fear rises," said Comfort. "So we have to teach you what we want you to see, how to collect information and who to



BONNIE HOBBS/CENTRE VIEW

CID Det. Doug Comfort talks about homeland security with the Sully District Station's Citizens Advisory Committee.

give it to."

Nowadays, he said, "Cell phones can be people's notepads; you can leave messages in them about things you see that may not be right." He also stressed that police target behavior, not a particular person.

"We need four things in every terrorist case — names, vehicles or license-tag information, locations and phone numbers," said Comfort. "Make a note of people acting suspicious or things that make you uncomfortable — something that doesn't seem to fit."

He encouraged residents to be wary, for example, of people asking how things are done or asking for too much specific information, above the normal level of curiosity. He said they should be concerned about people who challenge others or ask them to do something they wouldn't normally do.

"Be suspicious of people asking

SEE HOMELAND, PAGE 11

U.S. POSTAGE
PAID
MARTINSBURG, WV
PERMIT #86

From left: Giovanni Faltaos, A.J. Morrison, Angelina Tikoyan and Anh Thi Tran discuss the benefits of recycling.



Showing a model of their flying car are (from left) Adam Fritsche, Carson Kaiser, Gaby Betancourth, Brianna Reeves and Tre Ridgway-Davis.

Finding Solutions for Real-World Problems

Centreville Elementary students suggest ways to save Virginia's ecosystem.

BY BONNIE HOBBS
CENTRE VIEW

Today's youth are part of Virginia's rising population, so it seems fitting that they investigate how this increased growth impacts the state's ecosystem. That was the task given to 47 students of Centreville elementary fourth-grade teachers Mary Ann Settlemyre and Kate Charlton.

Last summer, both teachers took the month-long VISTA (Virginia Initiative for Science Teaching and Achievement) program at GMU. It trains teachers in new science strategies and ideas to use in their classrooms to bring real science to their students.

Settlemyre and Charlton then challenged their students to find solutions for the adverse impacts of Virginia's population growth. They divided into groups, chose a problem to pursue and, later, in front of



their classmates, parents and two program mentors, they presented what they'd learned and their solutions.

INSANE

The INSANE group represented Interesting Nitrates and Students Amazed by Nutrient Education. Max OngaNana and Julie Guillen did a PowerPoint presentation telling what nitrates and watersheds are. They said nitrates act as fertilizer for plants in water.

FIRE group members (from left) Stephen DeVera, Aaron Alexander, Angela Liu, Nina Tum, Nicholas Bergersen and Eric Hendricksen with a model of their solar-powered pump.

Evelyn Armstrong told what foods leave the smallest carbon footprint. She also said people should grow and eat more of these foods, use organic fertilizers and reduce erosion.

Peter No took a water sample from the Potomac River and measured its amount of nitrites, and he and Andy Kim showed a poster about watersheds. "Any pollutants in the runoff from impervious surfaces reduce the water quality downstream," said Peter. They also discussed nitrite sources coming

from people in the foods they eat and the way they fertilize their land.

CLEAN

The CLEAN group stood for Clean Land Exactly As New. They said the world would be cleaner if people picked up trash and recycled and bicycled, carpooled or walked, instead of driving cars. They also said people should use reusable bags and bottles and keep the lakes, ponds and natural habitats clean.

The students talked, as well, about what products are made from recycled items and where recycled things go. And they said it's important to be good stewards of the land because "the more people that come, it could lead to more pollution and global warming."

ACRE

The ACRE group represented Awesome Car and Road Education. Jonathan King and Tre Ridgway-Davis made a photo story about the history of cars. "The exhaust pipe is the real problem," said Tre. "Years from now, there'll be no ozone layer, if things keep going this way."

So eight students designed a six-person, flying car called the ACRE 6.8. Showing

SEE ECOSYSTEM, PAGE 5

Throw a great birthday party for your little one!

We put the ART in Party!

• FUN • AFFORDABLE • EASY • SPACIOUS

FUN FOR ALL AGES!

Clay Cafe Studios



call **703.817.1051** or visit www.claycafechantilly.com
13894 Metrotech Dr. • Chantilly (Just to the left of PetSmart)

For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnewspapers.com/subscribe

Be the first to know – get your paper before it hits the press.

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: goinggreen@connectionnewspapers.com



CENTRE VIEW

ROUNDUPS

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, March 14, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

The first 35 vehicles arriving on each date will be inspected. Caregivers will receive information on proper use of carseats. Call 703-814-7000, ext. 5140, to confirm dates and times.

Route 50, Stonecroft Delays

Drivers beware: Beginning this Friday, March 15, at 8 p.m. and continuing all day Saturday, March 16, signal work will be happening at the intersection of Route 50 and Stonecroft Boulevard in Chantilly. The permanent signal poles and signal heads will be removed, and new temporary signal poles will be installed with new, overhead, span wire and temporary signal heads. Delays are expected Saturday, so motorists are advised to use alternate routes.

Lane closures will occur on both the eastbound and westbound Route 50 until completion. In addition, police will stop traffic periodically so the signal subcontractor may remove the permanent poles and install the new temporary poles and span wire. Once the work's finished, the new intersection will be fully operational and its traffic configuration will remain the same.

Arts and Crafts Fair

An Arts and Crafts Fair will be held this Saturday, March 16, from 9 a.m.-2 p.m., at The nZone, 14550 Lee Road in Chantilly. An array of vendors will offer handmade items including jewelry, quilts, home decorations and gifts for children. There'll also be concessions, plus children's games and activities. Visit <http://artsncraftsfair.weebly.com>. Cost of admission is a can of food or other non-perishable item. New Life Christian Church's Women's Ministry is sponsoring the event to support Passion4Community, which helps families in need in the local area.

Pleasant Valley, Braddock Road Meeting

One of the most traffic-crammed intersections in the area is where Pleasant Valley and Braddock roads meet, outside Cox Farms in Centreville. So on Monday, March 18, at 7 p.m., Supervisor Michael R. Frey (R-Sully) is hosting a public meeting to discuss conceptual improvements to this intersection. The meeting will be held in the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly.

Last year, the Commonwealth Transportation Board allocated \$600,000 toward improvements to the intersection, and VDOT and its consultant have been working on conceptual design improvements. At the upcoming meeting, VDOT will present its findings and Frey will gather community input on the improvements proposed. After the presentation, there'll also be a question-and-answer period. For more information, call Frey's staff member, Mike Coyle, at 703-814-7100.

Ruby Tuesday's WFCM Fundraiser

To help raise money for its programs that help local families in need, Western Fairfax Christian Ministries (WFCM) is participating in Ruby Tuesday's GiveBack community program. From Friday-Sunday, March 29-31, customers presenting a flyer to their server will have 20 percent of their purchase cost donated to WFCM. (The flyers may be printed from www.wfcmbva.org).

The effort is called "Take a Bite out of Hunger," and is being held at the Ruby Tuesday at 13915 Metrotech Drive in Chantilly. For directions to the restaurant or to view the menu, go to

SEE ROUNDUPS, PAGE 7

NEWS



The Eagles and their parents: From left are Kevin, Matt, Ryan, Sean and Patti Whalen.

BONNIE HOBBS/
CENTRE VIEW

Three Times the Celebration

Whalen brothers receive Eagle badges together.

BY BONNIE HOBBS
CENTRE VIEW

When Boy Scouts make the rank of Eagle, families usually have just one child at a time being honored. But in the case of the Whalen family of Centreville's Walney Glen community, good things come in threes.

And Sunday afternoon, March 3, the three older Whalen boys received their Eagle Scout pins and badges in a joint ceremony at the Sully District Governmental Center. The youngest brother, Connor, is also a Boy Scout, but is just in his first year.

"I'm so proud of them for making it to the ultimate level of Eagle, and also for everything they've done for the community, the troop and themselves," said their dad, Kevin Whalen. "They'll carry this honor with them always."

In Scouting, the Eagle represents strength of character and a person respected by his peers and leaders. It's also the highest and most-coveted honor, signifying the completion of many years of dedicated effort by the Scout, as well as his parents and leaders.

The aim of Scouting is to mold responsible youth with leadership abilities, plus a strong sense of citizenship and community. Only 5 percent of all Scouts make it to the rank of Eagle, so it's quite an achievement.

The three Whalen boys who accomplished it are Sean, 20, a JMU junior studying justice and criminology; Matt, 18, a Centreville High senior on the varsity baseball team; and Ryan, 15, a Centreville sophomore on the JV baseball team. They're part of Troop 146, which meets at St. Timothy Catholic School in Chantilly.

Their Scoutmaster is Kevin Gaughan and their dad is an assistant Scoutmaster with their troop. And the boys' family, friends and fellow Scouts attended their Eagle Court of Honor.

The trio presented mother's pins and pendants to

their mom, Patti Whalen, and maternal grandmother, Mary Ginty. Then their aunt Stacey Ginty helped give the boys their Eagle badges. After that, their dad and uncles Jimmy and Kevin Ginty presented them with their Eagle neckerchiefs. Sean also gave a pin to his dad.

"This is incredible and outstanding," said Kevin Whalen. "Thanks for letting me experience Eagle Scouts through you," he told his sons. "Our troop has had some great times, and you were a big part of that. To have three brothers making Eagle at the same time is unbelievable. Congratulations for being the 5-percenters. Your mother and I are so proud of you, and we love you very much."

Then each boy took the podium. "It's an honor to get this award, even though I [made this rank] three years ago," said Sean. Gesturing toward his brothers, he explained, "I was waiting for these guys to finish. My Scout friends helped push me along; we all supported each other and so did the Scout leaders."

Agreeing, Matt said, "Our Scoutmasters worked hard and endless hours helping us. We couldn't have done it without all you guys."

Lastly, Ryan added, "I want to thank my mom and dad. They were a core reason we did so well in Scouting and were able to attain Eagle."

Each brother then presented a pin to the person who'd mentored them the most in Scouting. Sean gave one to Scoutmaster Bob Fick, Matt

gave one to Scoutmaster Jon Bitto and Ryan did likewise to Gaughan.

"Along the way, all three boys developed some key attributes — perseverance, which is important for all of us; balance, which is critical in life; and confidence in their abilities," said Gaughan. And, he told them, "You had these things in you all along. Your challenge now is to take these gifts and move them forward."

Addressing the audience, he said, "These boys are shining examples of what Scouts stand for, and part of it is due to the efforts of their parents. I'm proud of everything you've accomplished; congratulations."

For Sean's Eagle project, he and other Scouts built



The cake at the reception after the Eagle ceremony.

SEE CELEBRATION, PAGE 7

Centreville's Vanessa Spiller Runs To Help Others

FROM PAGE 1

of Spiller and her friend BethAnn Telford of Fair Lakes, the two will split the proceeds equally between their two cancer charities. Telford, also a competitive athlete, is still waging her own war against brain cancer, but will participate in the March 23 event, too.

Telford's money will go to Accelerated Brain Cancer Cure, and Spiller's will go to Life with Cancer, INOVA

Health System's nonprofit program for cancer patients and their families.

"My main motivation is to raise money for an organization that provides free services — yoga, art and cooking classes, support for family members, etc. — to people going through cancer treatment," said Spiller. "They get the services I got when I was going through it. And the cool thing about BethAnn and I teaming up is that my charity does these things and hers deals with research and finding a cure."

Spiller also gives healthy-cooking demonstrations, Tuesday afternoons, for Life with Cancer. They're geared to people who've had cancer, are going through it now or are helping someone else deal with it. Said Spiller: "I love what I do and it just feels right."

She also did the Boston Marathon last April, as did Telford. Spiller also ran her own marathon in Central Park after Hurricane Sandy forced the cancellation of the New York Marathon in November. But her biggest challenge came last June.

"A few months earlier, my husband told me about an organization called Project Athena, which sends women who've been through adversity on some sort of adventure," said Spiller. "So I applied for a scholarship to hike the Grand Canyon, rim to rim to rim. They only award one scholarship per adventure, and I got that one."

She also successfully completed the hike. "My training from March to June was pretty rigorous," she said. "And the hike was about 45 miles over two days. I told them at the end, it was



Vanessa Spiller wears her April 2012 Boston Marathon finisher's medal.

tougher than chemo — the hardest thing I'd ever done physically, but the most rewarding. Twenty-two people started and just seven finished."

"But I did it, and it was life-changing," continued Spiller. "I realized what I was made of, out there. It humbled me and also made me feel how strong I am. I understood what it meant to feel alive and be suffering, vs. the suffering I went through with chemo. It made me believe in myself again because it was me getting through that canyon with every ounce of my body. So 2012 was the coolest year of my life."

She also enjoyed being part of a team during the hike and making lifelong friends along the way. And Spiller now works for Athena as a coach, training others for this hike. In addition, she's a personal trainer and a nutritionist with her own business, Get Healthy with Vanessa.com, working with individuals and corporations.

Now, she said, "I'm preparing for Run Rogue to raise money and spread the word about this terrible illness. I'm running a couple days a week and lifting weights." She's also running in honor of Sunnee Kidd, a Navy wife and mother who's a thyroid-cancer survivor she met on the hike and who works for Project Athena.

"Even if people don't want to run the race, they can still donate online," said Spiller. The Web sites are: Life with Cancer www.http://lifewithcancer.org/ and the National Brain Tumor Society <http://www.braintumor.org/>. She's also the race's volunteer coordinator, so anyone wanting to help may e-mail her at vkspiller@gmail.com.

Basically, she said, "I want to raise awareness that these are really serious diseases and we've got to find a cure." Besides that, said Spiller, running or walking in this race are good ways to get people moving, which is also important. "Kids who are 10 now are expected to live five years less than their parents," she said. "And this is the first generation in history with that prediction because of poor nutrition and inactivity."



Hiking the Grand Canyon are (from left) Pam Fenwick, Jack London, Vanessa Spiller and Colton Smith.

Rev3 Run Rogue 5K and 1K Races

❖ The Rev3 Run Rogue 5K and 1K are slated for Saturday, March 23, at the Fairfax Corner Shopping Center. Participants may walk or run a USATF-certified 5K course at 8:30 a.m., or participate in a 1K kids' fun run at 8 a.m.

❖ Both courses start and end in front of Coastal Flats restaurant. Strollers are allowed in the 1K, but no dogs in either race. Cash prizes are awarded to the top three male and female finishers, and the first-place winners will also receive coupons for a free pair of Brooks shoes.

❖ Age-group awards will also be given, plus over-40 cash prizes. Registration is \$30, 5K; and \$15, 1K, ages 8 and under. There'll be music, too, as well as Starbucks pastries and coffee. All finishers will receive a Ben & Jerry's ice-cream

cone, and every child in the 1K will get a medal. Participants and survivors receive commemorative T-shirts on which they may write the name of the person for whom they're running.

❖ Rogue Racers and Rev3 Adventures are putting on this fund-raiser. Rogue Racers is a Fairfax-based, running/triathlon club. Rev3 Adventures puts on adventure races in events including mountain biking, running and canoeing.

❖ All proceeds will be split evenly between Life with Cancer [www.http://lifewithcancer.org/](http://lifewithcancer.org/) and Team BT for Accelerated Brain Cancer Cure <http://www.abc2.org/>. For more information or to sign up, go to <http://www.runrogue5k.com>.

— BONNIE HOBBS



PHOTOS BY BONNIE HOBBS/CENTRE VIEW

From left: Kinsey Van Horn, Maggie Heiman and Anjali Mehta explain their project.



Holding a replica of their group's special house are (from left) Sumit Thapa and Ashwin Nathan.

Saving Virginia's Ecosystem

FROM PAGE 2

their model, Adam Fritsche said it's lightweight and aerodynamic. "It also has a bird barrier — a bad smell birds won't like — to keep them away and not hurt them," he said. "If we had flying cars, we could stop using fossil fuels, we wouldn't need roads and the animals could have their homes back."

To reduce carbon in the ecosystem, explained Adam, "It flies on solar power and always has a full tank of energy because it stores its solar power for use, even at night, or in cloudy or rainy weather."

"So our solution is to make a new kind of car," said Carson Kaiser. "And the more people you have, the higher you'd be allowed to fly, so it also encourages people to carpool."

FIRE

Standing for Fuel Incorporated Realistic Experts, the FIRE group noted the different kinds of energy people use today. The students also made a model of a solar-powered pump to use water from a lake, river, stream or watershed — plus wind and the sun for energy — to create hydroelectric power, wind energy and solar power.

"There could also be underground water sources it could use," said Aaron Alexander. "As more people come to Virginia, we use more energy, so this is a way to make more without putting more carbon into the atmosphere."

RUDE

The RUDE group stood for Reducing the Use of



From left: Nishad Manohar, Sam Wilson, Eddie Simmons, Jazz Padgett, Monet Ota and Camilla McKinstry discuss their environmentally friendly houses.

Destructive Excess. The members proposed only using electronics a certain amount of time each day; recycling; no longer cutting down trees, thereby saving birds and plants; using bikes instead of cars for short distances; and using only eco-friendly vehicles.

Since artificial lights produce carbon, they proposed limiting the amount of time they could be used each day, and using the sun, instead. They also said carbon-producing Styrofoam lunch trays should be made of something else.

SEE ECOSYSTEM, PAGE 9

'They See Science as a Joy'

New way of teaching yields many benefits.

BY BONNIE HOBBS
CENTRE VIEW

Two representatives of the VISTA program, Arthur Polton and Andre Radloff, watched and listened to Centreville Elementary fourth-graders' presentations on the best ways to preserve Virginia's ecosystem. And they were impressed with the children's creativity.

"You had lots of great ideas," said Polton, former principal of Clifton Elementary. "Thank you for sharing them with us and doing such great thinking. I know you did a lot of hard work."

This is the second year of the five-year, \$34 million program (\$28 million in federal funding and \$6 million in private money). Polton visits classrooms to see instructors are teaching science and critiques them.

"We also gather data about the teaching practices and student SOL scores," said Radloff. "Then we see what effect this program development and support has on the teaching of science and on student achievement. This really challenges teachers to think about science differently and teach it in a new way."

SEE 'JOY,' PAGE 9

See our ad on the back page of this week's HomeLifeStyle Section

BOWA
Transforming Houses into Homes

703.734.9050
www.bowa.com

DESIGN & CONSTRUCTION • RENOVATIONS & ADDITIONS
CONDOMINIUM REMODELING • PURCHASE CONSULTATIONS

Yeppi Pet Grooming

14200F Centreville Square • Centreville
703-815-1166
Mon.-Sat. 8 A.M.-5 P.M.
Shampoo & Conditioning • Bath & Brush
De-Matting • Custom Style & Cut • Nail Clipping

TEETH CLEANING
\$5-\$7.00
With coupon, new customers. Limit on per customer. Not Valid with any other offer. Expires 4/3/13

\$5 OFF
Any Pet Custom Style & Cut Package. New Clients Only. With coupon, new customers. Limit on per customer. Not Valid with any other offer. Expires 4/3/13

Located in Centreville Square Shopping Center

We Use Only All-Natural Products • Professional Full-Service Grooming • Teeth Cleaning

Celebrate Spring at Merrifield GARDEN CENTER

Fresh plants are arriving — stop by and see what's new!

Colorful Pansies & Early Annuals
Hellebores • Forsythia
Cool Season Vegetables
Fruit Trees • Roses

Plus Grass Seed, Fertilizers and Expert Advice for a beautiful lawn!

Kick off the season at our **Spring Gardening Celebration**
MARCH 23 & 24
9 am - 5 pm at all three locations
Appetizers • Seminars • Gardening Experts
Drawings For Great Prizes • And More

GARDENING SEMINARS — SAT., MARCH 16 AT 10 AM
Merrifield - Shade Gardens
Fair Oaks - Build the Lawn of Your Dreams
Gainesville - Spring Flowering Trees
Stop by our stores or visit our website for the full schedule

Hours: Mon. - Sat. 8 am - Dark, Sun. 9 am - 6 pm
merrifieldgardencenter.com

MERRIFIELD 703-560-6222 FAIR OAKS 703-968-9600 GAINESVILLE 703-368-1919

OPINION

Hybrid Hijinks

Discouraging innovation in high-tech Virginia.

Consider this as a possible scenario (although perhaps we should have saved this for April 1): Fewer people are smoking, and many of those who do are smoking less. Virginia's cigarette tax, the lowest of any state at 30 cents a pack, is a declining revenue source. Higher cigarette taxes are proven to reduce smoking. Under current logic in the commonwealth, there would be two courses of action to raise revenue: a) cut the cigarette tax, and b) charge non-smokers a fee to make up the difference and to compensate for the fact that they don't pay cigarette taxes.

This is basically the convoluted approach that leads to the \$100 annual hybrid fee as part of Virginia's proposed transportation plan, to help make up for the reduced tax on gas.

The annual \$100 surcharge for owners of hybrids vehicles should be stripped out of the transportation bill. Something that could add \$1,000 to the price of owning a car over a normal period of time discourages innovation and punishes people who are trying to reduce pol-

lution and dependence on oil.

It also seems likely that the greatest concentration of ownership of hybrid vehicles would be in Northern Virginia, so it's one more way to extract more money from our region.

To replace these funds, plus a little, why not charge an additional \$100 annual registration fee for any vehicle with a purchase price of \$40,000 or more? Or charge the additional \$100 for any personal vehicle with a miles-per-gallon rating of less than 25 miles per gallon highway, especially since the more gas your car burns in Virginia, the more of a break you are receiving on the gas tax reduction. Or charge a sliding fee based on the number of miles driven and the weight of the vehicle (hint: the fee would go up with the miles and weight).

Or raise, rather than reduce, the gas tax and index it to inflation.

Sober on Saint Patrick's Day?

Saint Patrick's Day has always been a holi-

day associated with alcoholic beverages.

You, and/or the young adults in your household, will naturally have a plan to celebrate without drinking and driving. Plan to have a designated driver. Plan to take public transportation home. Plan to party at home or at a friend's house where you can spend the night.

If all of those plans fall through, however, and you end up without a ride home when you've been drinking on Saint Patrick's Day, the Washington Regional Alcohol Program has a safety net for you, SoberRide — Saint Patty's edition.

WRAP's 2013 Saint Patrick's Day SoberRide program will be offered on Sunday, March 17, from 4 p.m. to 4 a.m. on Monday, March 18. To receive a free cab ride home (up to a \$30.00 fare), call 800-200-8294. You must be 21 or older to use the SoberRide service. Last Saint Patrick's Day, more than 600 potentially impaired drivers made use of this service. SoberRide has provided more than 57,000 free rides home to people who otherwise might have driven drunk.

See www.soberride.com.

GUEST EDITORIAL

March Madness on Homelessness

While some say programs for the poor will be exempted from sequestration, that is not how things are playing out.

BY KERRIE WILSON
CEO/RESTON INTERFAITH

This year, March is not reserved for sports madness alone. With Congress unable to come to agreement on the federal budget, the "unthinkable" has happened with sequestration and the start of \$85 billion across-the-board cuts on domestic and defense programs. Without a new game plan, the reductions in federal housing programs at the U.S. Department of Housing and Urban Development will fall entirely on highly vulnerable individuals and families, putting them at risk of becoming or remaining homeless and leaving nothing for other basic needs.

With average rent in Fairfax County for a 2BR apartment at \$1,550/month, one would have to earn \$62,000 a year to afford housing and other basic needs (www.nlihc.org). Nearly one-quarter of Fairfax County households earn less than that, and 8.4 percent or 33,000 households in Fairfax County earn less than \$25,000 per year, surviving on

near poverty level wages.

Housing assistance is arguably the most important home court advantage for Reston Interfaith and the Fairfax County Partnership organizations working to prevent and end homelessness. For homeless, disabled, elderly and low-income working families living in our high cost of living area, subsidies are the stabilizing force, and stable housing the number one predictor of future self-sufficiency, no matter what other challenges an individual or family is facing.

While some say programs for the poor — like housing assistance for the most vulnerable — will be exempted from sequestration, or that the effect will not be immediate, that is not how things are playing out. When the freeze play was called on Capitol Hill, it had the effect of benching our neighbors. Fairfax County, like other jurisdictions dealing with the uncertainty and fickle nature of the current situation, has put a hold on the release of new vouchers that we were counting on to help our neighbors.

Jeri is 70-years old, frail and lost her home after a long illness. Her



PHOTO BY VICTORIA ROSS

Kerrie Wilson (center), CEO of Reston Interfaith, talks with volunteers about their experiences finding and documenting the lives of homeless individuals during Registry Week in Fairfax County Feb. 25.

Social Security payments are insufficient to meet her living expenses without help. She is sleeping on a cot in our overflow program and is effectively unsheltered after March 31 because the landlord is waiting on the release of the project-based voucher that will help pay her rent.

A single mom, Kara has three children under the age of seven and has struggled with homelessness for years after leaving the abusive relationship with her children's father. She never finished high school but is smart and determined. She tries to think beyond her current situation and talks of going back to school and training to become a bookkeeper. She cries at night because a shel-

ter is no place to raise her children. She had been approved for a voucher and we found a landlord willing to overlook her poor credit and past evictions. He will have to move on to another renter.

Investments in affordable housing provide stability and opportunity for working families and a safety net for extremely low-income households and our neighbors with special needs. At a time when businesses, governments, communities and families are craving certainty and predictability to help adjust to a "new normal," why aren't we calling a timeout to adjust the call for homeless and vulnerable neighbors like Jeri, and Kara and her children, who are ready to go home? It's madness.

CENTREVIEW

SOUTHERN EDITION

www.ConnectionNewspapers.com

Newspaper of
Centreville
Little Rocky Run
A Connection Newspaper

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

NEWS DEPARTMENT:
To discuss ideas and concerns,
Call: 703-778-9410
e-mail:
centreview@connectionnewspapers.com

Steven Mauren
Editor, 703-778-9415
smauren@connectionnewspapers.com

Bonnie Hobbs
Community Reporter, 703-778-9438
bhobbs@connectionnewspapers.com

ADVERTISING:
For advertising information
e-mail:
sales@connectionnewspapers.com

Karen Washburn
Display Advertising, 703-778-9422
kwashburn@connectionnewspapers.com

Janis Swanson
Display Advertising, 703-778-9423
jswanson@connectionnewspapers.com

Andrea Smith
Classified Advertising, 703-778-9411
asmith@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

Editor & Publisher
Mary Kimm
703-778-9433
[@MaryKimm](mailto:mkimm@connectionnewspapers.com)

Executive Vice President
Jerry Vernon
jverson@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Photography:
Deb Cobb, Louise Krafft,
Craig Sterbutzel
Art/Design:
Laurence Foong, John Heinly
Production Manager:
Jean Card
Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
703-778-9436
jtheismann@connectionnewspapers.com
[@TheismannMedia](http://TheismannMedia)

CIRCULATION: 703-778-9426
Circulation Manager:
Linda Pecquex
circulation@connectionnewspapers.com

A Connection Newspaper

News



The whole family: Kevin and Patti Whalen flank their sons (from left) Matt, Ryan, Connor and Sean.

BONNIE HOBBS/
CENTRE VIEW

Three Times the Celebration

FROM PAGE 3

Civil War-style fences around a property granted to the Manassas National Battlefield Park. After the ceremony, he said, "It was great to share this with my brothers."

Ryan was happy "that I finally accomplished what I've been working for, the past five years, and it helped me become a leader." He did his project at the Mount Gilead house in the Centreville Historic District. "We saved and preserved two holly trees by removing invasive plants," he said. "We also took out overgrown bushes and mulched."

As for Matt, he was "relieved" to get his Eagle award. "It was pretty awesome," he said. "It took a

long time, but I'm glad I was able to stick with it and get this accomplishment." For his project, he improved The Covered Way Civil War trail behind his house in Walney Glen.

"We distributed 11 tons of bluestone dust to finish the other half of the trail that another Eagle Scout, Sam Stout, had started," said Matt. "It was right after last June's storm, so we also had to remove debris and clean up the trail to make it walkable for the community."

Mom Patti Whalen said how thrilled she was to be at her sons' Eagle ceremony. "It was really nice to see Kevin share in their experience with them," she said. "They also had great leaders. They enjoyed it and had wonderful experiences as Scouts."

ROUNDUPS

FROM PAGE 3

www.rubytuesday.com. To make reservations, call 703-818-3713.

"Financial support is vital to Western Fairfax Christian Ministries to help our neighbors in need achieve financial stability," said WFCM's Community Outreach Manager Jennie Bush. "We cannot administer our programs without community support, and we appreciate our community participating in this program."

Westfield Actors Win Awards

Westfield High's Virginia Theater Assn. team performed the play, "The Hothouse," on Friday, March 8, at the South East Theatre Conference in Louisville, Ky. Senior Madeleine Bloxam won the festival's Best Supporting Actress award, and brothers Julian and Brandon Sanchez won the All Star Acting award.

Fashion Show At Waterford

The 33rd annual fundraising fashion show/luncheon/silent auction for the Fairfax Salvation Army Women's Auxiliary is slated for Friday, April 12, at the Waterford in Fair Oaks (across from Fair Oaks Mall). The social hour and silent auction begin at 10:30 a.m., followed at 11:30 a.m. by a performance from guest entertainer Carlos Alberto Ibay.

Lunch catered by the Waterford will be served at noon, and the fashion show featuring clothing from Bloomingdale's of Tysons Corner will be presented at 12:50 p.m. Tickets are \$40 (\$10 is tax-deductible); reservations must be made by March 27.

The event helps support all the Salvation Army's charitable programs. Contact event coordinator Angela Ganey at angelaganey@verizon.net or 703-250-5809.

X-BOTS Are Award Finalists

Rocky Run Middle School's X-BOTS team didn't win the FIRST Tech Challenge (FTC) State Championships, March 2, in Richmond, but its members made a great showing. The team was a finalist in two categories — the Connect Award (for outstanding community outreach) and the Compass Award (for outstanding guidance from its coach, Nagesh Chintada).

"We missed out on a top-10 finish narrowly, due to some technical issues," said Chintada. "Nevertheless it's a great honor to be picked for these award nominations as a rookie team from among 48 teams."

The team built a robot which placed rings onto pegs on three levels of a 3D tic-tac-toe, while another team tried to prevent it from doing so. Rocky Run's team was comprised of eighth-graders Nikhil Chintada, Satish Venkatesan, Rishabh Venketesh, Ahan Shah and Sarah Maxseiner; seventh-graders Sidharth Rampally and Nandin Padheriya; Greenbriar West Elementary fifth-grader Anoushka Chintada and Thomas Jefferson High freshman Rishab Negi.

LOUIS C. FILIPPONE, D.D.S., P.C.
ORTHODONTIST




WE OFFER TWO CONVENIENT LOCATIONS
Both of our beautiful, modern offices use the latest technology in orthodontic treatment for children and adults.
Flexible interest free payment plans are available
Most insurance plans are accepted
Convenient Saturday and evening hours
**BOARD CERTIFIED DIPLOMATE
Of THE AMERICAN BOARD
OF ORTHODONTICS**
Call for your FREE Initial Consultation

Centreville **Gainesville**
6138 Redwood Square 7521 Virginia Oaks Dr.,
Center, Suite 103 Suite 120
703-815-0127 703-754-4880
www.nvaortho.com

DIPLOMATE
AMERICAN BOARD
OF ORTHODONTICS

**Complete Dental Care
for the Entire Family**

BRUCE R. HUTCHISON, D.D.S.
MICHAEL H. GORMAN, D.D.S.
WHITNEY S. JARRELL, D.D.S.



FAMILY DENTISTRY
14245-P Centreville Sq.
Centreville, VA 20121
703-830-9110
www.smilesforcentreville.com

Advanced Dentistry With A Sensitive Touch
FAMILY & COSMETIC DENTISTRY

**Now you can relax with Sedation Dentistry
and wake up with a beautiful smile.**

**Comprehensive Dentistry For All Ages
Including ...**

- Extensive Cosmetic Options
- Laser Dentistry
- Invisalign®
- Orthodontics
- Implants

***Financing Available**



**Call our office today to change your smile
"AND PUT YOUR FEARS TO REST."**
703-818-1500

Charles and Katherine Fischer, D.D.S., P.C.
5895 Trinity Parkway, Suite 200
Centreville, VA 20120
www.fischerdental.net

Chantilly Boys' Soccer Falls to TC in Season Opener

Titans senior Terrell Williamson scores game's lone goal.

BY JON ROETMAN
CENTRE VIEW

Terrell Williamson lifted his jersey over his face and bent over in disappointment. The T.C. Williams forward had missed wide left with a shot during the 56th minute of a scoreless tie against Chantilly in both teams' season opener on Tuesday night.

"I felt like I let my team down on the first one," Williamson said.

It wouldn't take long for Williamson to get a shot at redemption.

The senior in the 61st minute scored what proved to be the only goal of the contest as the T.C. Williams boys' soccer team came away with a 1-0 victory at Chantilly High School.

"It felt great," Williamson said. "... I just had to keep my head up and [keep] going and just got the second one."

TC's scoring opportunities increased in the second half. After Chantilly failed to capitalize on some early chances, the Titans found the net with the game-winner.

"We just talked about trying to take better advantage in the attacking third," TC head coach Martin Nickley said. "We thought that we could have a little bit more intensity up in the attacking third than we had in the first half. ... As a senior, [Williamson is] going to be one of our leaders and one of the players that we all look for not just for scoring, but really for his



Chantilly senior Mitchell Lagos enters his third season as the Chargers' goalkeeper.

work ethic and the amount of effort he puts in."

TC enters the season with a mix of returning athletes from last year's Patriot District championship team and newcomers from a JV squad that finished the 2012 campaign with an 11-1-1 record. Nickley said goalkeeper Edgar Martinez played well against Chantilly. The sophomore made a key save with less than six minutes remaining in the second half to preserve the shut-out.

Senior defenders Neil DeWakar and Marcus Ninman, and sophomore midfielder Eryk Williamson also received praise from Nickley for their efforts against the Chargers.

TC defeated eventual region runner-up Lake Braddock in last year's Patriot District championship game. The Titans beat Stuart in a penalty-kick shootout during the opening round of the Northern Region tourna-

ment before losing to Langley in the quarterfinals.

Nickley said he expects TC to have a target on its back.

"The Patriot District is very competitive and we remember from year to year who won the last one," Nickley said. "We always know who won it the year before and pay special attention, so I think that definitely teams are going to be ready."

Chantilly had chances to score early in Tuesday's contest, including a shot that bounced off the crossbar, but the Chargers came up empty.

"I think we had the better of it toward the beginning and we didn't get one," Chantilly head coach Brian Goche said. "... And then the momentum swung."

While Chantilly failed to score, goalkeeper Mitchell Lagos helped keep the Chargers in the game. The senior is in his third season as Chantilly netminder.



Chantilly sophomore Ryan Kraus led the JV in goals last season as a freshman.

"He's been very strong for us in previous seasons," Goche said. "Records the past two seasons in the regular season have not been strong, so he doesn't always get the accolades that he should get. I think he had 12, 13 saves tonight. ... He's a big boy. We're going to need him throughout the season to continue playing like that."

Goche said he also expects senior attacking midfielder Chris Treme, junior defender Lucas Brennan and sophomore forward Ryan Kraus, who led the JV in goals last season as a freshman, to be key contributors this year.

Chantilly went 3-9-1 during last year's regular season, including an eight-game losing streak, before beating Centreville and Robinson in the Concorde District tournament. The Chargers finished district runner-up, losing to Herndon in the championship game, before falling to Langley in the opening round of regionals.

Centreville Ice Hockey Club Closes Out Season with Win

Wildcats looking for players for spring league.

The Centreville Wildcats Ice Hockey Club (CIHC) wrapped up their 2012-2013 hockey season on a high note, defeating the Herndon Hornets, 7-3, on Feb. 8 at SkateQuest of Reston.

An enthusiastic crowd of fans and supporters helped the team celebrate Senior Night; honored students including Centreville students Ian McCormack, Nathan Marks and Matt Miller. Both Marks (2) and Miller (1) scored goals in the game, and all three players were on the ice for the final minutes of the third period, during which the team scored twice.

This season, the Wildcats combined their roster with the Fairfax Rebels to compete in the Northern Virginia Scholastic Hockey League (NVSHL) as a provisional team. The team played at the varsity level in the Adams Division, which included teams from Langley, Madison, and McLean High

Schools, among others.

While the team struggled overall, ending the season with a 2-8 record, there were several contests that could have gone either way, including an 8-7 loss to Osbourn Park to start the season back in November. The team's other victory came against Bishop Ireton on Jan. 7, an impressive 8-4 tally. The team included several pairs of brothers playing together, including Miller's younger brother, Christopher; McCormack's younger brother, Corey; and Gus and Gary Canals. The team was led by first-year Head Coach Alex Heidt, whose son Kyle was a major contributor on offense as a freshman.

While the Wildcats did not qualify for the NVSHL playoffs, they were represented in the League's All-Star Game on Feb. 20, at the Ashburn Ice House, by Wildcat Senior Nathan Marks. Marks played forward for the combined Norris-Adams team, which



The CIHC seniors — a mix of students from Centreville and Fairfax high schools — were honored during a pregame ceremony in early February. From left: Nathan Marks (CVHS), Matt Miller (CVHS), faculty advisor Cathy Ruffing, Jake Angeline (FHS), Nicky Grose (FHS) and Ian McCormack (CVHS).

PHOTO COURTESY
OF CENTREVILLE
ICE HOCKEY CLUB

lost in overtime, 7-6, to a combined team from the Smythe-Patrick Divisions. Marks scored with two minutes left in regulation to tie the game and force overtime. He also had an assist and was selected as his team's Most Valuable Player.

The Wildcats plan to play at the Junior Varsity level in a Spring High School league

at the Ashburn Ice House. This league will include several practices and a series of 10 games through early June. The team is actively recruiting players for the Spring League, as well as next season; rising freshmen who are interested are invited to contact the team at cihcteammanager@hotmail.com.

They See Science as a Joy'

FROM PAGE 5

Added Polton: "We want to generate enthusiasm about science and train teachers to teach it even better."

Fourth-grade teachers Mary Ann Settlemyre and Kate Charlton were also pleased with their students' performance, and not just because they understood and presented the subject matter so well. It was also because of who they were.

"There were general-education kids, advanced, learning disabled and ESOL students, so it was a true mix of society," said Settlemyre. "Children who we were told would never learn anything came up with ideas. They're just 9, but the level of complexity of what they know is amazing."

Charlton said the variety of students blended well together in their groups. "They learned a lot from their research and collaboration with each other," she said. "Kids who traditionally don't do well in school love science. They consider it playing and like experimental design to manipulate materials. They also enjoy looking for results, and that's phenomenal."

She said every student in their two classes was involved. "I'm very proud of them," said Charlton. "It's a great experience for them and validates what Mary Ann and I have felt for the past several years — that all kids can do hands-on science experiments."

Agreeing, Settlemyre said, "The students' labels don't matter; it's just good learning and it's for everyone. Our students are from 15-20 different cultures and speak some 16 different languages besides

English. To me, this is what education is about, and our principal, Dwayne Young, supports us 100 percent."

She also noted that, while the children were working on their projects, parents and experts in various parts of their research talked to them and shared their knowledge. "And parents sent in whatever supplies we needed; we're blessed. So it was truly a community experience."

Since this endeavor was so successful, Settlemyre said the whole, fourth-grade team would do another problem-based, science unit on electricity and magnetism. And, she added, "We'll teach the other teachers this style of learning."

She said she's now looking for ways to employ it in as many areas as possible. After all, said Settlemyre, "We were able to integrate math, English, social studies and science, and we covered more science curriculum than ever before in a shorter span of time. And we did it with authentic research, not worksheets. The kids tested water samples and estimated populations in areas. They're real scientists and they know it."

"They identified plants that belong in Virginia and found a chrysalis — which they'd studied in second grade," added Charlton. They also looked for animals in the ecosystem while studying human, plant and animal adaptations and how they affect the ecosystem.

So for these students, said Settlemyre, learning has truly come alive for them. Basically, she said, "They see science as a joy."

Ecosystem

FROM PAGE 5

SUN

Representing Structure United Nation, SUN members said people should build houses taller, skinnier and closer together than now to take up less space. They also said homes should be built from things other than trees.

For energy, they'd use Energy Star-rated generators, solar panels and a small, hydroelectric power plant. That way, there'd be extra room for the ecosystem, plants and animals.

STOP

The STOP group stood for Spreading The Overgrowing Population. Since more than 8 million people live in Virginia, these students proposed a totally new method of transportation. It had people using solar-powered jetpacks in the air to travel to and from their houses, schools, restaurants, stores, airports, etc.

They'd create a gravitational plate in the bottom of buildings so that the jetpacks wouldn't jettison their wearers into outer space. Farms and factories would stay on the ground, and schools would have force fields around them to keep students and teachers in them.



SAVE THE DATE FOR:

The World's Fanciest Rummage Sale

BENEFITING



Sunday, April 7th, 12-4pm

The Ritz-Carlton, Tysons Corner

Donations are needed!!!

Make your spring cleaning count this year.

Please Donate new (or like-new) items for Sale Now

Have a really big item to donate?

Contact Helen Kruger (703-748-4068) to make pick-up arrangements

Join us at this incredible event and get unbelievable items at ridiculous prices!!!

You cannot afford to miss this event!!!

Small items and clothing drop-offs may be made to the front of the Ritz-Carlton Hotel, Tysons Corner with the Bell Staff. Please indicate that the items are for the Boys and Girls Clubs Rummage Sale. Donation receipts will be available at drop-off.

On-site moving company available for hire for large item purchases.

For more information, visit our event site.

<http://www.fairfaxbgcgw.org/index.php/rummage-sale>

Admission: \$5 per Person

Members of the Military FREE with Military ID



THIS IS "GHIRADELLI"



Just like her name, Ghiradelli is a sweet girl. The minute she sees you, she starts to purr. She is loving and affectionate and very social. She will make a wonderful companion and friend.



HUMANE SOCIETY OF FAIRFAX COUNTY

Hours: Monday-Friday 10-4 and Saturday 10-3 • 703-385-PETS
Adoptions: By appointment only. • www.hsfc.org

OPEN HOUSES SATURDAY/SUNDAY, MARCH 16 & 17

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click on the "This Week in Real Estate" link. **Call Specific Agents to Confirm Dates & Times**

Burke

7023 Veering Ln.....\$559,950.....Sun 1-4.....Kathleen Quintarelli.....Weichert..703-862-8808
6203 Gemini Ct.....\$379,950.....Sun 1-4.....Kathleen Quintarelli.....Weichert..703-862-8808
5410 Lighthouse Ln.....Mid \$300s.....Sun 1-4.....Bev Tull.....RE/MAX..703-963-0163

Centreville

6487 Trillium House Ln.....\$964,900.....Sun 10-4.....Jean Marotta.....Birch Haven ..703-402-9471

Chantilly

42344 Astors Beachwood..\$830,000.....Sun 1-4.....Vera Buonafede.....Weichert..703-501-5015

Clifton

12646 Water St.....\$1,125,000.....Sun 1-4.....Carol Hermandorfer..Long & Foster..703-503-1812
13912 Rock Brook Ct.....\$589,900.....Sun 1-4.....Lisa Clayborne..Long & Foster..703-502-8145

Fair Lakes

4435 Fair Stone Dr #202....\$189,500.....Sun 1-4.....Mike McDonald..Samson Props..703-400-2598

Fairfax Station

11107 Hampton Rd.....\$1,295,000.....Sat 10-1.....Dana LaFever.....Weichert..703-609-3479
8401 Cardinal Rose Ct.....\$1,099,000.....Sun 1-4.....Ceari Buehler.....Active..703-864-1268
8117 Glenhurst Dr.....\$795,000.....Sun 2-4.....Pat Fales.....RE/MAX..703-503-4365
10005 Rough Run Ct.....\$774,950.....Sun 1-4.....Kathleen Quintarelli.....Weichert..703-862-8808
9606 Burnt Oak Dr.....\$595,900.....Sun 1-4.....Bob Lovett.....RE/MAX..703-690-0037

Kingstowne/Alexandria

6407 Caleb Ct.....\$719,950.....Sun 1-4..Tom & Cindy & Assoc..Long & Foster..703-822-0207
6016 Clames Dr.....\$699,900.....Sun 1-4.....Michael Malferrari.....Classic..703-637-1400
6104 Mulberry Ct.....\$569,500.....Sun 1-4.....Brian Mahoney.....EXIT..703-766-4600
5719 Evergreen Knoll Ct.....\$379,950.....Sun 1-4..Tom & Cindy & Assoc..Long & Foster..703-822-0207

Lorton

8496 Silverview Ct.....\$759,900.....Sun 1-4.....Kathy Peters..Long & Foster..703-915-2165
6793 Tiddle Way.....\$699,950.....Sun 1-4..Tom & Cindy & Assoc..Long & Foster..703-822-0207
8815 Hampton Station Ct.....\$699,900.....Sun 1-4.....Sheri Allen.....Weichert..703-897-4777
8303 Fitt Ct.....\$679,950.....Sun 1-4..Tom & Cindy & Assoc..Long & Foster..703-822-0207
9032 Harrover Pl.....\$678,950.....Sun 1-4.....Barb White Adkins.....RE/MAX..703-642-3380
8521 Barrow Furnace Ln.....\$649,900.....Sun 1-4.....Tim Belanger..Long & Foster..703-475-5242
8353 Middle Ridding Dr.....\$600,000.....Sun 1-4.....Gary Eales..Long & Foster..703-609-4331
8940-A Milford Haven Ct.....\$324,950.....Sun 1-4..Tom & Cindy & Assoc..Long & Foster..703-822-0207

Manassas

7996 Knightshayes Dr.....\$550,000.....Sun 1-4.....Karen Paris..Keller Williams..571-220-7503

Springfield

6582 Forsythia St.....\$615,000.....Sun 1-4.....Dallison Veach.....RE/MAX..703-477-7920
7396 Loughboro Ln.....\$599,950.....Sun 1-4..Tom & Cindy & Assoc..Long & Foster..703-822-0207
7415 Jervis St.....\$524,900.....Sun 1-4.....Christine Shevock.....RE/MAX..703-475-3986

Vienna

218 Locust St. SE #145.....\$250,000.....Sun 1-4.....Charlie Rose..Long & Foster..703-919-9361

To add your Realtor-represented Open House to these weekly listings, please call Karen Washburn at 703-778-9422 or E-mail the info to: kwashburn@connectionnewspapers.com
All listings due by Tuesday at 3 P.M.

EMPLOYMENT

ZONE 4:
• CENTREVILLE

HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

703-917-6400

ZONE 4 Ad DEADLINE:
MONDAY NOON

Full Time

Receptionist Needed

An Engineering Consulting Company located in Chantilly, VA is looking for a full-time Receptionist. As a receptionist your duties will include answering phones, greeting clients, and assisting the office staff as needed with administrative duties. The hours are Monday through Friday from 9:00 am to 5:00 pm. The requirements for the receptionist position include wonderful telephone etiquette, attention to detail, and a high level of interpersonal skills. Interested candidates should fax your resume to 703-818-9392 or email ebutchko@quinn-consulting.com.

31yr OLD SALES COMPANY LOOKING FOR CLOSERS!!!

- Looking for the best of the best phone salespeople in or near the 20190 zip code.
- Must have 2yrs or more of successful outbound B2B phone sales experience.
- We supply the phone, computer and desk, all you need to bring is your A-game!
- Paid training and weekly performance based bonuses immediately!
- If fast paced inside sales is an environment you thrive in, you need to apply now!
- Serious applicants only, please call Greg

800.824.8311

Freelance Reporter

To cover news plus events features in Mount Vernon. Rewarding, flexible work, pay is nominal. Email letter, resume plus clips to mkimm@connectionnewspapers.com

THE CONNECTION
NEWSPAPERS

BUSINESS OPP

TELEPHONE
A great opportunity to
WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnewspapers.com/subscribe

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: goinggreen@connectionnewspapers.com

THE CONNECTION
NEWSPAPERS

CLEANING

A CLEANING SERVICE

Since 1985/Ins & Bonded
Quality Service at a Fair Price
Satisfaction Guaranteed-
Angies List 2011-Super Service Award!
Comm/Res. MD VA DC
acleaningserviceinc.com
703-892-8648

ELECTRICAL

ELECTRICAL

K & D ELECTRIC
COMMERCIAL / RESIDENTIAL SERVICE
Family Owned & Operated

Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabeling Service Upgrades Hot Tubs, etc....
Office 703-335-0654
Mobile 703-499-0522
Licensed/Bonded/Insured

GUTTER

GUTTER

GUTTER CLEANING
Gutters and Downspouts Cleaned
Small Repairs • Gutter Guards
PINNACLE SERVICES
lic/ins 703-802-0483 free est.
email jamie@lawnsandgutters.com
web: lawnsandgutters.com
Friendly Service with a Friendly Price!

IMPROVEMENTS

IMPROVEMENTS



R&N Carpentry

♦BASEMENTS ♦BATHS ♦KITCHENS
Foreclosure specialist/Power washing
♦Exterior Wood Rot More!
Deck & Fence repair, Screen Porches
No jobs too large or small
Free est. 37 yrs exp. Licensed, Insured
703-987-5096

The HANDYMAN

A DIVISION OF NURSE CONSTRUCTION

BATHROOM REMODELING, DRYWALL, PAINTING, CERAMIC TILE, CARPENTRY, POWER WASHING & MUCH MORE

You have tried the rest - NOW CALL THE BEST!!
Proudly serving Northern VA - 46 yrs. exp.
We Accept VISA/MC
703-441-8811
Licensed Insured

A&S Landscaping

- All Concrete work
- Retaining Walls • Patios
- Decks • Porches (incl. screened) • Erosion & Grading Solutions
- French Drains • Sump Pumps
- Driveway Asphalt Sealing

703-863-7465

LICENSED

Serving All of N. Virginia

IMPROVEMENTS

IMPROVEMENTS

R.N. CONTRACTORS, INC.

Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting
We Accept All Major Credit Cards
Licensed, Insured, Bonded • Free Estimates • Class A Lic
Phone: 703-887-3827 Fax: 703-830-3849
E-mail: rncontractorsinc@gmail.com

Picture Perfect Home Improvements

(703) 590-3187 www.pyphionline.com
Remodeling Bathrooms, Kitchens & Basements
• FREE Estimates Exterior & Interior Repair,
• FAST & Reliable Service Painting, Carpentry, Wood Rot,
• EASY To Schedule Drywall, All Flooring, Decks
• NO \$\$\$ DOWN!
Handyman Services "If it can be done, we can do it"
Available Licensed — Bonded — Insured

LAWN SERVICE

LAWN SERVICE

PINNACLE SERVICES, INC.

LAWN SERVICE
MOWING, TRIMMING, EDGING, MULCHING & TRIM HEDGES
Friendly Service for a Friendly Price
703-802-0483

J. REYNOLDS
Landscaping LLC
www.ReynoldsLandscapingOnline.com

703.919.4456
Free Estimates
Licensed / Insured

INSTALLATION SPECIALIST

WET BASEMENT / WET YARD

Paver & Flagstone Patios / Walkways Retaining Walls Stacked Field Stone Plants / Trees / Shrubs
Water Proofing Foundations Standing Yard Water French Drains / Swales Downspout Extensions Dry River Beds
•No sub-contractors, or day labors. •15 Years Designing and Installing
•The Owner is physically on your job site. •On time and Professional.

MASONRY

MASONRY

Potomac Masonry

703-498-8526
New Installations & Repairs
Stone - Flagstone - Brick - Concrete
FREE ESTIMATES!!
Lic. & Ins
potomac-masonry.com

ROOFING

ROOFING

Falcon Roofing

Roofing & Siding (All Types)
Soffit & Fascia Wrapping New Gutters • Chimney Crowns Leaks Repaired
No job too small
703-975-2375
falconroofinginc.com

TREE SERVICE

TREE SERVICE

Quality Tree Service & Landscaping

Reasonable prices. Licensed & insured
Spring Cleanup
Tree removal, topping, & pruning, shrubbery trimming, mulching, leaf removal, sodding, hauling, gutter cleaning, retaining walls, drainage problems, etc.
20 yrs. of experience - Free estimates
703-868-5358

HAULING

AL'S HAULING
Junk & Rubbish
Concrete, furn., office, yard, construction debris
Low Rates NOVA
703-360-4364
703-304-4798 cell

7 DAYS A WEEK

ANGEL'S HAULING

Junk Trash Removal, Yard/Construction Debris, Garage/Basement Clean Out, Furniture & Appl.
703-863-1086
703-582-3709
240-603-6182

LANDSCAPING

A&S LANDSCAPING

Planting • Mulching • Sodding
Patios • Decks • Driveway Sealing, Asphalt • Retaining Walls
Erosion Control • Drainage Solutions
703-863-7465

ANGEL'S LAWN SERVICE

Junk Removal, Tree Work, Roofing
703-863-1086
703-582-3709
240-603-6182

PAINTING

PATRIOT PAINTING

www.PatriotPainting.net
Wallpaper Removal, Carpentry, Power Washing, Int/Ext Painting
Free Est. • Satisfaction Guar. Lic./Ins. Int./Ext.
703-502-7840
Cell 571-283-4883

TREE SERVICE

ANGEL'S TREE REMOVAL

Brush & Yard Debris
Trimming & Topping
Gutters & Hauling
Angeltreeslandscaping-hauling.com
703-863-1086
703-582-3709
240-603-6182

An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.
-Werner Heisenberg

HOW TO SUBMIT ADS TO

THE CONNECTION

Newspapers & Online

CLASSIFIED

DEADLINES

Zones 1, 5, 6.....Mon @ noon

Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to: classified@connectionnewspapers.com or call Andrea @ 703-778-9411

EMPLOYMENT

DEADLINES

Zones 5, 6.....Tues @ 11:00

Zones 1, 3.....Tues @ 4:00

Zone 2.....Wed @ 11:00

Zone 4.....Wed @ 1:00

E-mail ad with zone choices to: classified@connectionnewspapers.com or call Andrea @ 703-778-9411

ZONES

Zone 1: The Reston Connection
The Oak Hill/Herndon Connection
Zone 2: The Springfield Connection
The Burke Connection
The Fairfax Connection
The Fairfax Station/Clifton/Lorton Connection
Zone 3: The Alexandria Gazette Packet
The Mount Vernon Gazette

Zone 4: Centre View North
Centre View South
Zone 5: The Potomac Almanac
The Arlington Connection
The Vienna/Oakton Connection
The McLean Connection
The Great Falls Connection
Zone 6:

ZONE 4:
• CENTREVILLE

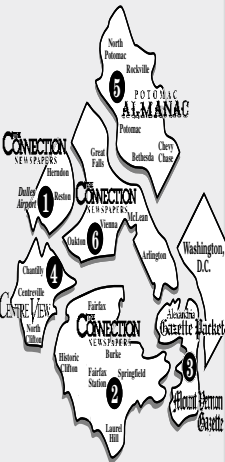
CLASSIFIED

703-917-6400

ZONE 4 AD DEADLINE:
MONDAY NOON

Employers:
**Are your
recruiting ads
not working in
other papers?**

**Try a better
way to fill
your
employment
openings**



• Target your best job
candidates where
they live.

• Reach readers in
addition to those
who are currently
looking for a job.

• Proven readership.
• Proven results.

THE CONNECTION
to your community

703-917-6464

classified@connection
newspapers.com

Great Papers • Great Readers
Great Results!

26 Antiques

We pay top \$ for antique
furniture and mid-century
Danish/modern
teak furniture, STERLING,
MEN'S WATCHES, jewelry
and costume jewelry,
paintings/art glass/clocks.
Schefer Antiques @
703-241-0790.
Email:theschefer@cox.net

28 Yard Sales

VA Run, Oakengate Wy, 8-12
Furn, bikes, books, clothes,
yard tools, household items

The biggest
things are
always the
easiest to do
because there is
no competition.
-William Van Horne

21 Announcements

Help for people with

Macular Degeneration

Find out if special glasses
can help you see better.

Call for a FREE
phone consultation
with Dr. Armstrong,
Optometrist

Offices in: Roanoke, Charlottesville, Harrisonburg, Wytheville

(866) 321-2030

Dr. David L. Armstrong
VirginiaLowVision.com



21 Announcements

21 Announcements

21 Announcements

BRANCH OUT

Reach new customers
when you advertise through
Virginia Press Services'
STATEWIDE DISPLAY AD NETWORK!

Place your business card-size ad in more than 65 statewide newspapers
and your message will reach more than 500,000 Virginians.
CONTACT THIS NEWSPAPER or Adriane Long, Virginia Press Services,
804-521-7585 or adriane@vpa.net.

"Plain & Simple" DIVORCE Start with just \$85

No-terms, cooperative divorce must have been separated one year.
Easy payments as low as \$100 per month. Total cost: \$585

AMERICA LAW GROUP, INC.

Call your local office: **14 Virginia offices** Call: 804-245-7848 or
434-430-0734, 276-298-6819, 571-208-7159, 540-424-0691, 757-362-8732

SOCIAL SECURITY DISABILITY VETERAN DISABILITY

Denied disability or awarded a lower percentage than you deserve?

No payment to us until we win your appeal.

© America Law Group Inc. 2800 N. Parham Rd. Richmond 23294 Hrice, Rhurwitz

MEDICAL CAREERS BEGIN HERE

Train ONLINE for Allied Health and Medical Management.
Job placement assistance. Financial Aid if qualified.
SCHEV authorized.

Call 888-354-9917
www.CenturaOnline.com

Centura
COLLEGE

AIRLINE CAREERS BEGIN HERE

Become an Aviation Maintenance Tech.
FAA approved training.
Financial aid if qualified – Housing available.
Job placement assistance. SCHEV certified.
CALL Aviation Institute of Maintenance
888-245-9553



Writing What Four

By KENNETH B. LOURIE



As far as anniversaries go – and I hope this one “goes” a lot further; acknowledging, dare I say, celebrating, my four-year survival anniversary from “terminal” stage IV (inoperable, metastasized) non-small cell lung cancer, a diagnosis I initially received on February 27, 2009, along with a “13-month to two-year prognosis” from my oncologist, is certainly column-worthy.

Not that I haven’t mined these emotional depths before; end of years one, two and three if truth be told, but I’m sure I can be given a pass, given the subject matter. And what matters more than a characterized-as-terminal cancer patient outliving his prognosis – by years? Not too much, from my perspective. Quite frankly, this is content of a column I can get used to writing – repeatedly, if need be, and I’m hoping the need be. Oh, I don’t suppose I’ll be recycling material from previous anniversary columns, even though the sentiment would be familiar: amazing good fortune, gratitude, anxiety concerning an unpredictable future, etc. Nevertheless, I’ll risk expressing some feelings here that might be somewhat reminiscent of columns and anniversaries gone by.

Being diagnosed with lung cancer two and a half months after my widowed mother succumbed to her old age – thereby making my brother Richard and I orphans, as it were (my father had died two years earlier, almost to the day of my mother’s passing) seemed a bit unfair, especially considering how much my brother and I had sacrificed as we cared and concerned ourselves with the last years of our parents’ less-than-ideal lives. But “fair” has never really entered into my equation. That’s not how I look at things. I look at things the way I’ve heard – on sports talk radio, anyway, how football players describe their attitude toward a starting player being injured: “Next man up.” There are no excuses. It’s not exactly poker, but you play the cards you’ve been dealt. And so, in my four years of living with cancer since February, 2009, I have not pursued justice, nor have I declared my independence, but I have tried to live my life with good humor, and liberty and happiness – when I could manage it.

Not always have I achieved these goals or maintained the balance necessary to counter the emotional weight and physical toll receiving a terminal diagnosis – and the treatment protocol, can impose. I’ve had my moments, to be sure, but overall, I’m proud of how I’ve changed – for the better, and persevered. Though cancer has proven over the years to be an equal-opportunity-disease, my diagnosis has never caused me to feel doomed (a little gloomy, maybe). Moreover, I’ve always felt hopeful and as such have tried to be proactive, open and compliant in order to give myself every possible advantage in this life yet to be lived.

Woe is not me. Why is of no concern. How it could have happened – is of no particular interest. Reviewing my past transgressions never mattered to my oncologist. His only concern was the future and treating me forward. For the most part, I have embraced that/his philosophy; except this time of the year: my still-living-with-cancer anniversary when I revisit the past – hopefully as a prelude for the future. That’s my intent, anyway.

Kenny Lourie is an Advertising Representative for
The Potomac Almanac & The Connection Newspapers.

News

Homeland Security

FROM PAGE 1

for your personal data,” said Comfort. “Or people wanting to photograph certain things, such as access points to buildings, a company’s personnel or people doing their jobs.”

In the CID, he said, “We watch people and do surveillance. Do they switch cars or meet with another person? We notice people using binoculars, taking notes and measuring distances. And we’re suspicious of people meeting in a restaurant, but only having water, talking and then leaving by different entrances than they came in, originally.”

People buying unusual items or large amounts of them are also cause for concern. “For example, if I had 18,000 pounds of fertilizer delivered to a house, that would be suspicious,” said Comfort. “I’d have to have an awful big lawn — and mow it four times a day.”

Since people can die by biological, nuclear, incendiary, chemical and explosive means, he said, “We want to know about people with weapons, ammunition and powders, as well as people misrepresenting themselves.” And, he added, authorities are always concerned about potential sabotage or vandalism to critical infrastructure, such as a water-treatment plant.

“So if you see a hole in a fence by something important, we want to know about it,” said Comfort. “We’d rather you’d call us — even if your tip doesn’t pan out — because it may be the piece of a larger puzzle we’re working on.”

However, he stressed, “If you do see something, don’t put yourself in danger. Take a deep breath and don’t get excited. That way, you’ll be able to remember more information.”

Overall, Comfort urged residents to “record, remember and report.” They may contact police at the non-emergency number of 703-691-2131; or if they have a bona-fide emergency, they may call 911.

“If you think it’s suspicious, we think it’s suspicious,” he said. “And it’s something you have to train yourself to do — not just to see things, but to really study things. And when gathering information about a person, don’t look for someone’s height and weight as much as identifying characteristics. What would separate him from everybody else?”

“We do this for you, and we ask you to help us do it,” continued Comfort. “This is for your quality of life.”

BULLETIN BOARD

Email announcements to centreviewconnectionnewspapers.com. Deadline is noon Thursda..

SATURDAY/MARCH 16

Carnival. 11 a.m.-3 p.m. at Poplar Tree Elementary School, 13440 Melville Lane. Enjoy beach and boardwalk themed games, cake walks, raffle and more. Tickets available at the door. Proceeds benefit the school’s programs.

Volunteer Information Session. 11 a.m.-noon at John Marshall Library. Learn about helping a child who enters the Fairfax County Domestic & Juvenile Relations Court system. Visit www.fairfaxcasa.org or 703-273-3526.

ENTERTAINMENT

Email announcements to centreview@connectionnewspapers.com. Photos welcome.

ONGOING

Easter Bunny Returns. Through March 30, children can take pictures with the Easter Bunny at Fair Oaks Mall during mall hours. Pet photos will be available Saturday, March 23 from 8-9:30 a.m. and on Sunday, March 24 from 6-7:30 p.m. \$10 will be donated to the Fairfax County Animal Shelter with every photo package A ordered.

The **Airbus IMAX Theater at National Air and Space Museum Udvar-Hazy Center**, 14390 Air & Space Museum Parkway, is showing movies including "Hubble," "Fighter Pilot," "Space Junk," and "Jack the Giant Slayer" from March 29 through May 23. "Jack the Giant Slayer" last show is April 10. Visit <http://airandspace.si.edu/udvarhazy/> or call 703-572-4118 for the schedule.

REGISTER NOW

Young Actors' Workshop. June 24-28 from 9 a.m.-noon at Westfield High School. Students in grades 3-6 can discover the artist inside themselves through games, acting exercises and more. \$125. Visit www.westfieldtheatreboosters.com for an enrollment form or call 703-488-6439. Register early as space is limited and camp sells out.

THURSDAY/MARCH 14

Tax Assistance. 6 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can get help from IRS-certified volunteers. Free.

Civil War Lecture. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults and school age children can call for lecture title. Free. 703-830-2223.

English Conversation Group. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can practice with other students. Registration required. 703-502-3883.

FRIDAY/MARCH 15

Comedy Showcase. Doors open at 7:30 p.m., show starts at 8 p.m. at Sully's Restaurant and Lounge, 14513 Lee Jackson Memorial Highway, Chantilly. Jared Stern headlines with Haywood Turnipseed Jr. and Drey Tobin Dailey. Matt Mero hosts. \$5/cover includes DJ after. 703-818-9292.

ESL Conversation Group. 1 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults can practice with others learning English. Free. 703-830-2223.

FRIDAY-SUNDAY/MARCH 15-17

Chantilly Super Pet Expo. Browse more than 200 exhibits, see new products and more. Hours are Friday from 4-9 p.m., Saturday from 10 a.m.-7 p.m. and Sunday from 10

a.m.-5 p.m. at the Dulles Expo Center. \$20/adult weekend pass; \$10/child weekend pass; \$13/adult one-day pass; \$8/child one-day pass. Visit www.superpetexpo.com.

SATURDAY/MARCH 16

Tax Assistance. 10 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can get help from IRS-certified volunteers. Free.

Bravo for Spanish. 10:30 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children ages 3-6 can enjoy music, movement, stories and more. Free. Registration required. 703-830-2223.

Magic and Mayhem. 2:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Teens in grades 6-8 can enjoy a sci-fi/fantasy book discussion. Call for title. Free. 703-502-3883.

Competition Concert. 5 p.m. at Mondzac Performing Arts Center at Landon School, 6101 Wilson Lane. The Symphonette at Landon School presents the finals of its annual Young Strings Competition. \$18/adult; \$15/senior; students free. Visit www.landon.net/symphonette or 301-320-1090.

Craft Show. 9 a.m.-2 p.m. at The nZone, 14550 Lee Road, Chantilly. There will be 70 vendors, activities for the children. Admission is a non-perishable food item to help people in our area. Visit <http://artsncraftsfair.weebly.com/> for more.

SUNDAY/MARCH 17

Look for First Signs of Spring. 7 p.m. at Cabell's Mill, 5235 Walney Road. Wear your favorite green gear and look for signs of Spring, warm up by a fire and roast marshmallows. \$5/person. Register at www.fairfaxcounty.gov/parks or 703-631-0013.

Sacred Music. 7 p.m. at the Church of Jesus Christ of Latter Day Saints, 14150 Upperridge Dr. Music from a string trio, piano and more. Free.

MONDAY/MARCH 18

Bouncin' Babies. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

Time for Tots. 11 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children age 2-3 can enjoy stories and fun. Free. Registration required. 703-830-2223.

Small Wonders. 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

ESL Book Club. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Ask for title. 703-830-2223.

TUESDAY/MARCH 19

English Conversation Group. 10:30 a.m. at Chantilly Regional Library,

4000 Stringfellow Road. Adults can practice with other students. Registration required. 703-502-3883.

Wheeee! 11 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children ages 3-5 with adult can enjoy stories and activities. Free. Registration required. 703-830-2223.

AARP Tax Assistance. 4-8 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Preference given to older adults. Free. 703-830-2223.

Tuesday Tales. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. All ages can enjoy music, movement and fun. Free. Registration required. 703-502-3883.

Talk. 7 p.m. at Sully Historic Site, 3650 Historic Sully Way. Ann Buermann Wass will discuss "Had On and Took With Her: African American Dress, 1790-1840." \$5 donation will be accepted. RSVP by March 15. 703-437-1794.

WEDNESDAY/MARCH 20

Toddlin' Twos. 10:30 a.m. and 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children can enjoy stories and activities. Free. Registration required. 703-502-3883.

AARP Tax Assistance. 1-5 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Preference given to older adults. Free. 703-830-2223.

Bravo for Spanish. 1:45 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 3-5 can enjoy stories and activities in Spanish and English. Free. Registration required. 703-502-3883.

Bouncin' Babies. 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

Small Wonders. 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

Girls Book World. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Girls in grades 5 and 6 can participate. Call for title. Free. Registration required. 703-502-3883.

THURSDAY/MARCH 21

Tax Assistance. 6 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can get help from IRS-certified volunteers. Free. Also Saturday, March 23.

Guys Read. 7:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Boys in grades 5 and 6 can participate. Call for title. Free. Registration required. 703-502-3883.

FRIDAY/MARCH 22

Easter Musical Drama. 8 p.m. at Jubilee Christian Center, 4650 Shirley Gate Road, Fairfax. See "Christ Alone." Free. Visit www.jccag.org or 703-383-1170.

SATURDAY/MARCH 23

Peaceful Paws. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children on the autism spectrum or with other developmental challenges meet and read to a trained therapy dog. Free. Registration required. 703-502-3883.

Easter Musical Drama. 6 p.m. at Jubilee Christian Center, 4650 Shirley Gate Road, Fairfax. See "Christ Alone." Free. Visit www.jccag.org or 703-383-1170.

Fairfax Jubilaires Annual Show. 2 p.m. and 7 p.m. at Vienna Presbyterian Church, 124 Park St., N.E., Vienna. \$20. Visit www.fairfaxjubilaires.org for tickets.

Easter Bonnet Parade and Contest. 10-11:30 a.m. at Fair Oaks Mall. Girls and boys age 12 and under can wear an original, humorous or international-theme home-made Easter bonnet. Judges will award a grand prize in three categories. Must register at event. Free.

Communities of Worship

To highlight your faith community, call Karen at 703-917-6468

CENTREVILLE

THE CHURCH OF THE ASCENSION



Traditional
Anglican Service
1928 Book of
Common Prayer

Holy Communion 10 A.M. Sundays
(with Church School and Nursery)

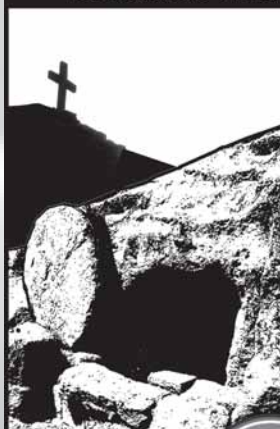
Evening Prayer and Bible Study 7 P.M. Wednesdays

13941 Braddock Road, (north off Rte. 29) Centreville, VA
703-830-3176 • www.thechurchoftheascension.org



Holy Week

Centreville Presbyterian Church



**March 24
Palm Sunday**
8:45 and 11am

**March 29
Good Friday**
7:30pm

**March 31
Easter**
6:45, 8:45 and 11am

15450 Lee Highway
Centreville, VA 20120
centrevillepres.com
703.830.0098



**Centreville
PRESBYTERIAN CHURCH**



"The Choice"

A Dramatic Musical for Easter

Saturday & Sunday, March 23 & 24, 6:00 pm
Free tickets required, please call the church office

Easter Services - Sunday, March 31

6:00 am Sonrise Service
9:15 am Celebration Service
11:00 am Contemporary Service

CENTREVILLE BAPTIST CHURCH

15100 Lee Highway, Centreville, VA 20120
www.bcbva.org 703-830-3333

ANGLICAN

Church of the Epiphany...703-481-8601
Christ the Redeemer...703-502-1732
ASSEMBLY OF GOD
Centreville Assembly of God...703-830-1841

BAHA'I

Baha'i Faith...1-800-22-UNITE

BAPTIST

Centreville Baptist Church...703-830-3333
Chantilly Baptist Church...703-378-6880
Clifton Baptist Church...703-263-1161
Second Baptist Church...703-830-1850
Mount Olive Baptist Church...703-830-8769
Ox Hill Baptist Church...703-378-5555

BIBLE

Chantilly Bible Church...703-263-1188
Community Bible Church...703-222-7737

CATHOLIC

St. Andrew The Apostle Catholic Church...703-817-1770
St. Clare of Assisi Catholic Church...703-266-1310
St. Paul Chung Catholic Church...703-968-3010
St. Timothy Catholic Church...703-378-7461
St. Veronica Catholic Church...703-773-2000

EPISCOPAL

Church of the Epiphany...703-715-6070
St. John's Episcopal Church...703-803-7500

JEWISH

Congregation Yad Shalom...703-802-8901
Temple Beth Torah...703-263-2252

LUTHERAN

King of Kings Lutheran Church...703-378-7272
Lord of Life Lutheran Church...703-323-9500
St. Andrew Lutheran Church...703-830-2768

METHODIST

Centreville United Methodist...703-830-2684
Pender United Methodist Church...703-278-8023
Pleasant Valley United Methodist...703-327-4461

NON-DENOMINATIONAL

Centreville Community Church...703-580-5226
Christian Life Center...703-754-9600
Clear River Community Church...703-881-7443
Covenant Christian Center...703-631-5340
Fair Oaks Church...703-631-1112
New Life...703-222-8836
Tree of Life Bible Church...703-830-4563

PENTECOSTAL

Capital Worship Center...703-530-8100
Church of the Blessed Trinity...703-803-3007

ORTHODOX

Holy Trinity Orthodox Church...703-818-8372
St. Raphael Orthodox Church...703-303-3047

PRESBYTERIAN

Centreville Presbyterian Church...703-830-0098
Chantilly Presbyterian Church...703-449-1354
Clifton Presbyterian Church...703-830-3175
Young Saeng Korean Presbyterian Church...703-818-9200

UNITED CHURCH OF CHRIST

Wellspring United Church of Christ...703-257-4111

Spring 2013 HomeLifeStyle

PHOTO COURTESY OF THE HILLSIDE GARDEN CLUB

CENTRE VIEW SOUTH ♦ LOCAL MEDIA CONNECTION LLC

ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM



**LISA
CLAYBORNE**
703-502-8145
703-675-5461

E-mail:
Claybornelisa@aol.com



Clifton 13912 Rock Brook Court

**OPEN SUN.
1-4**



Enjoy this stunning 4 brm 2.5 bath brick-front model home. Open & bright, backs to bike trails. Stunning. New stainless steel kitchen appls, granite with ceramic tile flooring. A wall of two-tiered windows in the bright 2-story family room w/gas marble fireplace. Hardwood flooring, new carpet, fresh paint throughout. Crown molding and chair rail. First floor office. Upper 2-story overlook to family room, new bathrooms with seamless shower door & pewter fixtures.

For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnewspapers.com/subscribe

Be the first to know – get your paper before it hits the press.

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail:
goinggreen
@connection
newspapers.com



CENTRE VIEW

Home

Recycle, Reuse, Remodel

BY JOSHUA
BAKER
BOWA



Remodeling often affords an opportunity to re-purpose existing materials by donating to those less fortunate. Ask your remodeler if there is a plan or policy for saving materials for re-use rather than sending it to a land fill. Every project is different. And some materials are more easily removed and saved than others. Here are a couple of organizations that accepted used materials.

A WIDER CIRCLE

This organization provides basic-need items to families transitioning out of shelters and those living without life's necessities. If you wish to donate furniture and other home essentials that are in good condition (no rips or stains), you can drop off items at their Center for Community Service in Silver Spring, Md. You can also schedule a pickup in most areas throughout greater Washington, D.C. Visit www.awidercircle.org.

HABITAT FOR HUMANITY RESTORE

ReStore is a resale business that sells new and used building materials and home items to the general public. All donations are tax deductible and donated by individuals, local retailers, building contractors and suppliers. Donated items are then sold at 50-90 percent off the retail price, with all proceeds benefiting Habitat for Humanity, an organization that provides safe and affordable housing to low-income families. ReStore accepts appliances, furniture, cabinets, roofing and flooring materials, exercise equipment, countertops, electronics, lighting and plumbing fixtures, etc. For more, visit Northern Virginia stores in Alexandria and Chantilly - www.restorenova.org

GOODWILL

Founded in 1902, Goodwill accepts gently used clothing, furniture, housewares, working electronics, and other household items. These items are then sold at their retail locations, with the proceeds used to fund employment, job training, and placement services for the disadvantaged and those with disabilities. To view their full list of goods accepted, and for the list of donation centers and stores, visit www.dcgoodwill.org.

BOWA HOME CLEANUP DAYS

As a thank you to the neighbors in the communities in which we work, from time to time BOWA hosts Home Cleanup Days. Home Cleanup Day is a great opportunity to donate and recycle gently used household items, toys and clothing, and dispose of any debris or other unwanted clutter. A BOWA employee will help folks unload their items and a Goodwill representative will be on hand to accept donations and provide receipts.

To find a BOWA Home Cleanup Day in your area, please visit our <http://info.bowa.com/communityblog/>.

Josh Baker is founder of BOWA, learn more at www.bowa.com.

At Craftmark Homes *Life is Good!* Prestige • Design • Excellence



CRAFTMARK HOMES THE MOST PRESTIGIOUS HOMEBUILDER IN VIRGINIA'S COVETED LOUDOUN & PRINCE WILLIAM COUNTIES.



**THE MEADOWS AT MORRIS FARM
IN GAINESVILLE**
Only 2 homesites remain!
Single family homes from the \$500's.*
Call for appointment.
Gainesville, VA 20155
(703) 724-3850



**BELMONT GLEN VILLAGE
IN ASHBURN**
Single family homes in recreational community from the \$600's.*
42393 Guildhall Drive,
Ashburn, VA 20148
(703) 724-3850



**STONE FOX ESTATES
IN LEESBURG**
3+ acre single family estates near Dulles Toll Rd. from the \$700's.*
20376 Stone Fox Court,
Leesburg VA, 20175
(301) 771-9350



Open Daily 11am - 6pm. Brokers Welcome.**

Now offering Craftmark luxury & prestige...

Built On Your Lot in MD & VA. Call (301) 776-0236.

CraftmarkHomes.com | CraftmarkHomesReviews.com

*Prices subject to change without notice. **Must register on site and comply with all policy terms. MBER #451.



A Better Brand Homes

PHOTO COURTESY OF NARI



This McLean kitchen by BOWA took top honors in the “Residential Kitchen Over \$120,000” category. The homeowners wanted to create a free-flowing, light-filled space.

The Region’s Best Home Designs

Local contractors get top honors for remodeling projects.

BY MARILYN CAMPBELL
CENTRE VIEW

From designing a kitchen with a concave glass tile backsplash to creating a backyard with a fire place and pool, some local home remodelers were honored recently with the National Association of the Remodeling Industry’s (NARI) 2013 Regional Contractor of the Year awards for design acumen. Winning projects ran the gamut from historic preservation projects to environmentally conscious conceptions.

A MCLEAN KITCHEN by BOWA took top honors in the “Residential Kitchen Over \$120,000” category. The homeowners were looking to create a free-flowing, light-filled space.

“Their kitchen was not as open as they would have liked,” said Josh Baker, founder and co-chairman of BOWA. “They wanted to make it more integrated and useful for the family.”

To accommodate a larger kitchen, the design team, which included BOWA’s George Hodges-Fulton, built an addition and added a sitting room, screened porch

and additional windows to allow an abundance of natural light to stream into the space. The new kitchen also included a butler’s pantry and a family dining area.

What is the key to turning one’s home into an award-winning, showcase house? Baker, who founded BOWA with his college friend Larry Weinberg, says an open dialogue is essential to a successful remodeling project. “The key is finding a person or company that you communicate very, very well with and whose process is in line with how you like to do business,” he said. “This is a customer service business. It is not just a construction business. The entire process is important, not just the end result.”

FAIRFAX-BASED FIRM RJK Construction, Inc. received top honors in the category of “Residential Addition \$100,000 to \$250,000” for a home in the Mantua area of Fairfax County. Company president Robert Kalmin says the homeowners’ goal was to blend their interior and exterior spaces. “They wanted to make their exterior landscaping a visual point because they entertain a lot,” he said. “The windows act as murals to the exterior landscaping bring the outdoors in and the indoors out.”

The owners requested an open floor plan that allowed guests to move freely between the kitchen and the backyard. “They were very specific about how they wanted people to meander from the outside to the inside,” Kalmin said. “We had to relocate the powder room so that people are able to use the

restroom without having to go anywhere else.”

An abundance of windows allows natural light to flow throughout the home. “The kitchen has red oak flooring and other colors and finishes that compliment the natural scenery outside,” said Kalmin.

HARRY BRASWELL of Harry Braswell, Inc. in Alexandria, was named Contractor of the Year in the “Entire House \$500,001 to \$1,000,000” category for the renovation of a home that had not been updated since the 1950s. “The house was outdated, too small for the family’s needs,” he said.

The renovation included a kitchen outfitted with cabinet-front appliances and porcelain sinks including an apron farm sink and an island sink in a pale aqua. “That color is carried throughout the house,” said project manager Gretchen Brown.

A concave glass tile backsplash surrounds the durable, brown-toned quartzite counter. “Quartzite doesn’t stain easily,” said Brown. “It is strong like granite, but is more expensive.”

The Braswell team also got a nod for energy efficiency for this project, which was named “NARI Green Project.” Brown noted that the team installed energy efficiency lighting and energy star appliances.

“The homeowners had specific criteria about wanting to meet [Leadership in Energy and Environmental Design] certifica-

SEE REGION’S BEST, PAGE 6

80th Historic Garden Week, April 20-27

Historic Garden Week 2013 will feature approximately 200 private homes and gardens open on 32 separate tours throughout the state of Virginia over eight consecutive days. It is the largest ongoing volunteer effort in Virginia and represents the coordinated efforts of 3,400 club members. One hundred percent of tour proceeds are used to enhance Virginia’s landscape. Visit www.vagardenweek.org.

SATURDAY APRIL 20, 2013

Old Town Alexandria
Sponsored by the Hunting Creek Garden Club and the Garden Club of Alexandria, 10 a.m. to 4 p.m.

All eight private properties on the historic Old Town Alexandria tour are within an easy walk of each other, allowing visitors to enjoy strolling the quaint streets lined with charming townhouses and intimate walled gardens.

Tickets are \$40 and available at the Ramsey House Visitors Center at the corner of King Street and North Fairfax Street on the day of the tour. For advance tickets contact Mrs. Donald Rocen Virginia.rocen@comcast.net 703-684-3876. For more information, please contact Tour Chairmen Mason Bavin at mbavin@mcenearney.com, Twig Murray attwig@twigweb.com or Catherine Bolton at 4boltons@comcast.net

TUESDAY APRIL 23, 2013

Fairfax: Oakton/Vienna
Sponsored by The Garden Club of Fairfax 10 a.m. to 4 p.m.

The Fairfax County communities of Oakton and Vienna have emerged from small rural towns into thriving family-oriented neighborhoods with homes and gardens reflecting a wide range of architectural and personal style. Ticket price includes admission to the Cosby Home, the Unger Home and Garden, the Buster Home and Garden, the Kampa Home and Garden, the Rosenthal Home and Garden and Meadowlark Botanical Gardens.

Advance tickets are \$20 through April 9. Contact Marty Whipple at mwhip155@aol.com. For more information about the tour, contact Bonnie Rekemeyer at chezdarbon@aol.com.

FOR FULL SCHEDULE THROUGH APRIL 27. VISIT www.vagardenweek.org.



PHOTO COURTESY OF THE GARDEN CLUB OF FAIRFAX

This home in the Vienna/Oakton area is featured on Virginia’s Historic Garden Week.

HomeLifeStyle

Demand for Incremental Improvements

Over time, some owners makeover the entire house — one phase at a time.

BY JOHN BYRD

If you compare the current home remodeling market to 2007, it's clear that homeowners are less likely to execute a top-to-bottom makeover in a single stroke than they were five years ago.

For most local homeowners, a house is an asset of enormous personal appeal: an expression of identity and aspiration, periodically adapted to life's changes.

While the scale of the average project may be smaller, it's evident that many homeowners middle age or older have come to see the home as a long-term — even lifelong — work in progress, one that they take up passionately, and at regular intervals.

Veteran remodeler David Foster calls these homeowners "incremental" improvers, and has come to see them as the primary focus of a home improvement enterprise he started 30 years ago.

As president of Foster Remodeling Solutions in Lorton, Foster regularly coaches his team on the importance of understanding what these homeowners need, what they are expecting and how to articulate their best options with clarity.

"Our core belief is that there are many homeowners who will make a notable home improvement every two-to-five years, so we place a high priority on earning that person's trust," Foster said. "In this sense, there is nothing more important than outperforming expectation."

WHILE THERE MAY BE many reasons why a homeowner will remodel in stages, Foster said that the typical incremental improver has a pay-as-you-go orientation — often driven by evolving family requirements.

Vienna resident Kelly Grems, for instance, has executed four remodeling projects with Foster starting with a kitchen addition in 2003.

"We bought the house in 1995 when I was pregnant," Grems said. "My husband [Ed] and I had been living in a much smaller house in Maryland, but envisioned a traditional home that would offer our growing family lots of useful activity areas."

A kitchen with a sizable breakfast room was the first item on the "wish list," an assignment complicated by the fact that home's rear



The existing half-brick floor-to-ceiling backwall was replaced by perfectly symmetrical built-ins, crown molding and an elevated hearth with a marble surround and Edwardian-style mantle.



elevation backs into a woodland set-aside and a precipitous drop.

"The ground level decking was already in place," Grems said. "But David showed us a plan for an elevated breakfast room extension built on pilings that wouldn't require a ground level foundation. Turns out, this solution created a

welcome canopy for the ground level patio. And it was also a more sensible, economical choice for us at the time."

Grems said her first step was handing Foster a file of articles on kitchen interiors she had clipped from Southern Living; the Foster Remodeling design staff then took



The plans for a kitchen remodel were complicated by the fact that the home's rear elevation backs into a woodland set-aside and a notably precipitous drop.

over, helping the couple visualize design ideas with the aid of a CAD computer program.

"The selection and pricing process was transparent, and really anticipated what we needed," Grems said. "When you're as busy as we are, you appreciate this quality of support."

Apart from budget considerations, Grems said taking a pause between projects allowed the couple to pay more attention to how the family is actually using the house, and to develop ideas that work for everyone.

The recently completed family room upgrade didn't become an immediate action plan, for instance, because the family design process was fomenting slowly —

again starting with magazine articles and other sources. "We're particular; we let the look come to us piece by piece," she said.

The half-brick floor-to-ceiling backwall was replaced by perfectly symmetrical built-ins, crown molding and an elevated hearth with a marble surround and Edwardian-style mantle.

"It's an entirely different mood from the sun room," Grems said, "and perfectly satisfies another dimension of our lifestyle."

ON A SIMILAR NOTE, south Alexandria resident Sandy Nusbaum attributes her periodic home upgrade inclinations to a gradual but decisive recognition that the four bedroom colonial she has occupied for 28 years with husband Mike is the last single family residence the couple will ever own.

"We raised three children here, and when the last of them moved away, we looked at other houses in the area and even a retirement village in North Carolina," Nusbaum said. "That's when I re-



The Pipers' new powder room includes a Mediterranean-style foot bath ringed in glass and mosaic tiling.

newed my appreciation for the many advantages of this house. I recognized that everything we wanted was already here; we just needed a few pointed improvements to take us into the foreseeable future."

Initially that meant introducing an open, "kitchen-centric" plan in the back half of the house, and creating an outdoor component — in the form of a 16-by-16-foot back screen porch — that allows for easy warm-weather circulation.

A few years on the Nusbaums began planning an extension of the

rear family room, an open-air grilling deck and a layout that permits children, grandchildren and many guests to circulate through a now wide-ranging entertainment suite.

Then, just last year, the largely unused lower level was converted into a multi-purpose suite that serves as both an exercise room and guest accommodation.

After comprehensive upgrades to their kitchen and master bath, for instance, Steve and Diane Piper decided that their eclectically redesigned powder room should include a Mediterranean-style foot bath ringed in glass and mosaic tiling. The artfully-executed powder room, planned with Foster designer Sarah Wolf, includes a vessel basin with exposed copper piping, marble floors and a coffered ceiling with concealed lights.

The Pipers — who often travel internationally — say the foot bath is a pleasant convenience in the summer when they are wearing sandals. "I wouldn't say a footbath adds anything to re-sale value," Diane Piper said, "But we do plan to be in this house for at least another ten years."

Dreams Can Come True!

Build your dream home on almost 7 acres in Clifton.



Enjoy the views and the privacy.

Use our builder or yours.

Owner will consider some financing.

Call Cynthia for details.



Cynthia Lehman
The Lehman Team
RE/MAX Gateway
Cell: 703-587-7307
Fax: 703-652-7071
4090-B Lafayette Ctr. Dr.
Chantilly, VA 20151



Build your Dream Castle on a one-of-a-kind, beautiful 4.9 acre lot right in Clifton. Call Meg for details.



703-795-3340
703-968-7000

E-mail: Meg.LawlessCrosssett@LongandFoster.com
Web site: www.NoVaCastlesForYou.com

Clayborne Restorations, Inc.

Local Contractor

Class A General Contractor HIC, BLD, CIC
www.claybornerestorations.com

703-502-8145

- Additions
- Kitchens
- Bathrooms
- Painting
- Electrical
- Plumbing
- Custom wood working
- Roofing and siding

"We are all your building needs"



Difference by Design

Falls Church Showroom 800 West Broad Street
Falls Church, VA 22046
Manassas Showroom 8982 Hornbaker Road
Manassas, VA 20109

703.378.2600
www.nvsrd.com

kitchens | baths | additions

The Region's Best Home Designs

FROM PAGE 3

tion because they are dedicated to protecting the environment," said Braswell.

CABIN JOHN, MD., BASED firm Anthony Wilder Design/Build, Inc. received kudos in the

"Residential Exterior, \$100,000 and Over" category for a backyard space that includes a pool and fireplace. "The homeowner wanted four separate living spaces in the backyard," said company spokeswoman Danielle Frye. "He wanted a dining room, a living room with a heat source, a place to sunbathe

near his pool and a place to play cricket on his lawn."

Frye said the Wilder team, which included architect George R. Bott and lead designer Anthony Wilder, developed a backyard plan that replaced overgrown grass with flagstone and a badly worn fence with foliage to create a sense of privacy. "There is a sundeck and spaces for a sofa and dining table, but the fireplace is the focal point," said Frye. "We used really tall bamboo to shield the view from the hotel across the street."

A BETHESDA HOME ADDITION garnered a top prize in the "Residential Addition Over \$250,000" category for A.R.T Design Build Inc. with team member Grossmueller's Design Consultants, Inc.

"The client wanted to expand their one story house to have a separate area for [bedrooms] and create a more functional first floor with more communal spaces, the kitchen, family room [and] dining room," said Cindy G. McClure of Grossmueller's Design Consultants, Inc.

The design team added a new second floor to the home, which accommodates a laundry room, a master suite, two additional bedrooms and a bathroom. A stair tower and cathedral foyer create an open floor plan and connect the first and second levels.

"Elements of the old house, like the wide chimney on the front and the contemporary 1960 style were played upon and accentuated," said McClure. "The result is a functional home that meets the needs of today's family, remained within budget and was completed on time."



PHOTO COURTESY OF NARI

Harry Brawell of Harry Braswell, Inc. in Alexandria, was named Contractor of the Year in the "Entire House \$500,001 to \$1,000,000" category for renovating a home that had not been updated since the 1950s.

Retiring after 35 years serving the Alexandria & Washington Metro Area with honesty and integrity.

EVERYTHING MUST GO! WE WON'T BE UNDERSOLD!

Extra 5% Discount for Mon.-Fri. Shoppers

GOING OUT OF BUSINESS SALE! 53-67% Off

MULTI-MILLION DOLLAR INVENTORY OF EXCLUSIVE HANDMADE RUGS SOLD AT A FRACTION OF TRUE VALUE!

Old Town Masterpieces
903 King St. • Alexandria, VA
703-836-9028
M-Sat 10-8 • Sun 11-6

TAKE AN EXTRA - READER APPRECIATION 15% OFF
Alexandria Gazette
Mt. Vernon Gazette
Connection Newspapers

*Your Home...
Your Neighborhood...
Your Newspaper*

CENTRE VIEW

www.connectionnewspapers.com

All Natural Ingredients.

Van Metre Homes.
Good for you.

HANDCRAFTED HOMES
Van Metre
SINCE 1955

Luxury Living on One Level in Three Locations

THE VILLAGES AT BROADLANDS - Ashburn, VA
55+ Active Adult Living with 2 BR + Den or 3 BR + Den
Luxury Elevator Condominiums from the low \$300's. **703-764-5482**

RASPBERRY FALLS - Leesburg, VA
Luxury Estates on Large Homesites from the \$600's in a Golf Course Community. **703-764-5470**

THE ESTATES AT BULL RUN GOLF CLUB - Haymarket, VA
Luxury Estates with 3+ - 4+ Acre Homesites from the Mid \$700's in a Golf Course Community. **703-764-5443**

www.VanMetreHomes.com

*Prices subject to change without notice. See Sales Manager for details. 3/13

NAHB **GREEN CERTIFIED** **NHO** **GREEN CERTIFIED** **GREEN CERTIFIED**

Follow us on
twitter

Mary Kimm, Publisher
@MaryKimm

Connection News Desk
@FollowFairfax

Michael Lee Pope, Reporter
@MichaelLeePope

Alex McVeigh, Reporter
@AMcVeighConnect

Victoria Ross, Reporter
@ConnectVictoria

Jeanne Theismann, Reporter
@TheismannMedia

Jon Roetman, Reporter
@jonroetman

Home LifeStyle

All in the Family

BY JOHN BYRD
FOR CENTRE VIEW

With solid planning and skillful remodeling, seniors convert personal residence into a multi-generational household.

More

Sun Design Remodeling frequently sponsors workshops on specific remodeling topics as well as tours of recently remodeled homes. Headquartered in Burke, the firm recently opened a second office in McLean. Call 703-425-5588 or visit www.SunDesignInc.com.

transitional zones suitable for easy everyday interaction.

TO ACCOMMODATE the elder Warrens, Durosko and team designed a 650-square-foot wing adjacent to a newly formed rear courtyard. The perfectly-integrated one-level addition features two large bedrooms, a master bath and large reach-in closets. A former family room now serves as the couple's sitting room.

By extension, Meg and the grandchildren inherit sleeping quarters in the existing bedroom wing — a configuration of rooms that affords everyone with the sufficient convenience and living space. Both families share the newly upgraded kitchen.

The makeover also allowed the Warrens to introduce a number of Universal Design features. Hallway widths in the new wing have been expanded to 44 inches; doors are 34 inches wide — compliant with American Disabilities Act requirements. The rear entrance has, likewise, been designed to accommodate a ramp, should a wheelchair be required in the future.

"We're just thinking ahead," Mary Warren said.

More recently, Mindy Mitchell — Sun Design's certified Aging-In-Place Specialist — followed Universal Design principals in renovating the original circa 1960s kitchen. Revisions included removing unneeded walls, widening doors and hallways and introducing roll-out cabinets with drawer pulls. There's also task lighting, easily maneuvered faucets and a multi-level island suitable for standing or sitting.

"The new kitchen feels significantly expanded, yet it's very efficiently designed — a great solution for a family like ours," said Mary Warren. "The changes have made life easier for everyone."



The multi-generational solution introduced by Sun Design Remodeling includes a one level seniors wing supplemented by a sitting area that exits through French doors to the newly formed courtyard. Hallways and doors in the new section are wheelchair friendly.

PHOTOS BY BRYAN BURRIS PHOTOGRAPHY



Initially, the Warrens were not sure if the existing three-bedroom split level could be converted to a larger home accommodating their new plans.

Challenging times demand creative thinking — so you don't have to look far to find homeowners executing remodeling projects with far-reaching objectives.

Take, for instance, the case of Mary and Harry Warren of Mount Vernon, both in their mid-70s.

Scrolling back a few years, the Warrens where weighing various retirement options when they learned that their daughter and three grandchildren would be moving back to Virginia from the midwest and might be amenable to participating in a three-generation household.

"There was really a lot for us to consider," said Mary Warren. "Harry and I thought that if we expanded the house to incorporate the extended family, we could eventually pass it on to the next generation. We could also make some changes that would help us to move around as we get older."

On the other hand: the more the Warrens scrutinized the existing property, the more they wondered if their vision was even feasible.

FOR STARTERS, at 1,500 square feet, the three-bedroom split-level the couple had occupied since 1994 was neatly centered on a small lot in a neighborhood with strictly observed set-back requirements.

To provide all three generations with the necessary space and privacy, the Warrens figured they would have to increase usable living space by 40 percent or more.

A carefully planned addition along the property's western side offered promising possibilities. But even if you could find the needed lot space, the floorplan configuration that would satisfy everyone's privacy requirements remained elusive.

It was at this juncture that the Warrens turned to Craig Durosko, founder and principal of Sun Design Remodeling.

"The program was certainly tricky," Durosko said. "The Warrens wanted a functionally independent suite that would include a luxury bath, lots of custom built-

ins and interior design improvements. Our thought was: if we could satisfy this requirement from the ground up, Meg and the grandchildren could take over half of the existing house as their own wing."

"We particularly liked the consideration to everyone's privacy needs," Mary Warren


said. "Their plan allows for independence where you want it."

Thus, stripped to its essentials, Durosko's solution called for converting the three-bedroom split-level into a five bedroom two-level structure that provides the Warrens with private quarters, yet also incorporates

I don't sell homes ... I *SOLD* homes! Ask for my list of 100%

LONG & FOSTER
REALTORS

DEB GORHAM
The Gorham Group
Virginia • District of Columbia
Mobile 703.581.9005
Facsimile 703.968.9291
Deb@DebGorham.com
www.DebGorham.com



March Only
Hardscaping Sale
10% Off
All Hardscaping Jobs

30% OFF
Japanese Maples
Over 200 Varieties

Cravens Nursery & Pottery
9023 Arlington Blvd.,
Fairfax, Virginia
2 miles west of I-495 on Rt. 50.
1 mile from I-66 (Vienna Metro)
703-573-5025
Open 7 days a week
Visit our new Web site: www.cravensnursery.com

Your Guide through Every Step



DESIGN & CONSTRUCTION ▪ RENOVATIONS & ADDITIONS ▪ PURCHASE CONSULTATIONS

From early planning to the first good book, let BOWA be your *guide* through every step of the remodeling experience. BOWA transforms houses into homes™ through the design and construction of luxury renovations and additions. As your single point of accountability from the earliest stages of planning, we execute and manage the entire design and construction process and your overall experience. So, when you have a project of any size in mind, call BOWA first.



*Celebrating 25 years of
helping families improve
their lives at home*

 **BOWA**
Transforming Houses into Homes

Metro Area: 703-734-9050
Middleburg: 540-687-6771

www.bowa.com