

Langley Alumni Game Set

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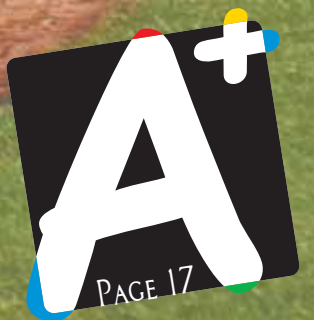
Langley High School alumni and players take off their caps during the National Anthem during the team's alumni night Friday, May 3.

Optimist Club Awards Helping Hands

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Students, Teachers Honored

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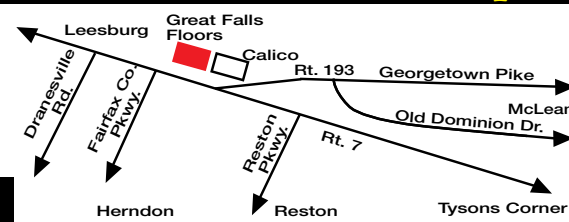
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From left, Del. Barbara Comstock (R-34), Supervisor John Foust (D-Dranesville) and McLean High School senior Ayesha Faisal, who was awarded the Greater McLean Chamber of Commerce's education award Thursday, May 9.



From left, Del. Barbara Comstock (R-34), Supervisor John Foust (D-Dranesville) and Norma Jamsheed of Langley High School. Jamsheed was named the Greater McLean Chamber of Commerce's Langley employee of the year Thursday, May 9.



From left, Del. Barbara Comstock (R-34), Supervisor John Foust (D-Dranesville) and Langley High School junior Jackie Ryan. Ryan was named Langley student of the year by the Greater McLean Chamber of Commerce Thursday, May 9.



From right, McLean High School counselor Christina Spaulding, Supervisor John Foust (D-Dranesville) and Del. Barbara Comstock (R-34). Spaulding was awarded the Greater McLean Chamber of Commerce's education award Thursday, May 9.

McLean Chamber Honors Educators

Langley and McLean High School teachers, students, employees awarded.

BY ALEX MCVEIGH
THE CONNECTION

The Greater McLean Chamber of Commerce honored staff, students and faculty from McLean and Langley High Schools with their annual education awards.

"This is one of the most exciting events throughout the course of the year. We all believe very much in the difference our students and educators make in the community," said John Brough of Chain Bridge Bank, chair of the chamber. "It's our privilege to recognize them today."

Christina Spaulding, Ayesha Faisal and Claire Silva were named the McLean High School employee, student and teacher of the year, respectively.

Spaulding is in her third year at McLean, and has been an active supporter in student wellness programs such as Stress Less, Laugh More and the Acknowledge, Care, Tell program.

Faisal serves as district president for Fairfax County's DECA organization, which she refers to as her sport, as well as secretary and chief of staff for the State Leadership Conference. A senior, she will attend Penn State in the fall.

Silva, who has taught for 14 years, teaches ninth grade biology and 11th and 12th grade oceanography. She has been chair of the science department since 2007, started the school's annual Remotely Operated Vehicle challenge and coaches teachers at the county's Great Beginnings: Enriching the Experience program.

"I love [my job] because I enjoy the journey we travel each year with students and

colleagues to cultivate learning," she said. "Each year I grow as a teacher and as a leader from the uniqueness of our communal symphony."

From Langley High School, Norma Jamsheed, Jackie Ryan and Jennifer Bonafide were named the employee, student and teacher of the year, respectively.

Jamsheed began working at Langley as a parent volunteer, eventually becoming the school's registrar and later principal's secretary, a position she has held through seven principals. She also coordinates substitute teachers at the school.

Ryan, a junior, recently ran for a position of student representative on the county's school board, and serves on Langley's student government association. In that position, she managed the Class of 2013's bake sale, planned the homecoming halftime entertainment and is a member of the New Student Club. She also volunteers at Jill's House, a facility for children with disabilities.

Bonafide is an English teacher in her seventh year at Langley. She sponsors and mentors several clubs at the school, and has served in leadership roles at national education conferences.



The Greater McLean Chamber of Commerce presented an employee, teacher and student from Langley and McLean High School with their annual education award Thursday, May 9.



McLean High School science teacher Claire Silva is awarded the Greater McLean Chamber of Commerce's teacher of the year award Thursday, May 9.



From right, Langley High School English teacher Jennifer Bonafide, Supervisor John Foust (D-Dranesville) and Del. Barbara Comstock (R-34). Bonafide was named Langley teacher of the year Thursday, May 9 by the Greater McLean Chamber of Commerce.

Colvin Run Mill Hosts Open House

Participation in grant competition inspires outreach effort.

By RYAN DUNN
THE CONNECTION

Colvin Run Mill held an open house inviting guests to come see the historic mill in operation Sunday, May 5. Millers grinded grain, and local blacksmith Pat McGuire fired up the forge for a demonstration. A moonshine still was put on display and several arts and crafts tables were set up.

Colvin Run Mill's sister site Herndon Frying Pan Farm Park brought some farm animals by to visit. These livestock were brought in by Frying Pan Park staff Nicole Falceto and members of the local 4-H club.

A factor in this outreach was to gain votes for the competition being held by Partners in Preservation for grant money. Partners in Preservation is a program in which American Express, in partnership with the National Trust for Historic Preservation, awards preservation grants to historic places across the country.

From April 24 through May 10, 2013, the public was asked to help choose which historic places they feel most deserve preservation funding. "On May 10, the site with the most points is granted full funding, for us that would be \$100,000," said Colvin Run Mill Park Manager Michael H. Henry.

COLVIN RUN MILL is the sole surviving operational 19th century water-powered mill in the D.C. area. In 1968, when Fairfax County started the restoration, they initially thought it would take two years and cost about a quarter of a million dollars. Four years and one million dollars later they cut the opening ribbon in spite of the fact that the top two floors had not been fully restored.

"Since 1972 we have been waiting for the opportunity to restore the top two floors so we can show the whole Evans automated milling system. The Evans system is a unique system, an example of early American ingenuity that spread back to Europe. Restoring [the top two floors] would be an opportunity to share early American technology and ingenuity.

"As soon as the contest is over, in about a week, the committee will get together and they will base the rewards based on our success and hopefully they will scale it according to the size of the site. Being as we are such a small site it would be nice to finish in the top five against the healthy competition."

Colvin Run Mill has been making good progress throughout the competition and has been in fifth



Colvin Run Mill Manager Michael Henry poses by the moonshine still.

place, sometimes fourth. "It is nice to know that efforts are being rewarded," said Henry. "I think a lot of it is exposure and the team we have assembled. It is very humbling to work with such wonderful people the park provides. They are doing everything in their power to make sure we succeed."

Karen Hogan is a Colvin Run park volunteer who has been involved in the outreach for the competition. "Mike called me and asked if we could put a few banners outside of the mill ... He told me what the whole competition was about, and I said, 'what you need is a communication plan.' We got a great team of people and what you see today is the fruit of those labors. We have been meeting weekly since the end of March, and we have lots of creative people on the team. It's worked out very well."

Matthew Kaiser, an employee of the Fairfax County Park Authority has, also been on the outreach team. "We had identified topics to share on Facebook and Twitter and we also used Google+," said Kaiser. "We thought ahead of what we wanted to use for content. I just spoke with one woman and she said she visited because she saw what we had on Facebook."

"Regardless of how we do in the contest we can do nothing but win," said Hogan.

TO LEARN MORE about Colvin Run Mill visit their webpage at <http://www.fairfaxcounty.gov/parks/colvinrunmill/>.



Local blacksmith Pat McGuire at the Colvin Run Mill forge.

Senior Center's Event Highlights Colvin Run Mill

The metro area's only surviving operational 19th century water-powered mill—Colvin Run Mill—highlights the Great Falls Senior Center (GFSC) June event. The Friends of Colvin Run Mill and Colvin Run Mill (CRM) are partnering with the Senior Center as co-hosts.

Mike Henry, CRM site manager, will provide historical context to the manufacture of flour in early America. Guests will hear CRM's history and its reconstruction and preservation. They also will be invited on a guided tour of the mill.

The manufacture of flour has been fundamental to sustaining life and culture since the hunter-gatherer period of human civilization. Native Americans in the Great Falls region prepared meal from corn for their daily diet. When Europeans arrived in the 17th century, they brought grist milling technology with them and grew wheat and corn. The first mills were small and primitive. Ruins left by these pioneers can be found in the community:

Symond's Mill on Hickory Run and the Old Mill on Nichols Run.

The Colvin Run Mill opened for milling in 1811. Commercial milling ended at the site in the mid-1930s and then the mill was abandoned. Citizen interest inspired the Fairfax County Park Authority to acquire the property in the mid-1960s. The mill re-opened to visitors as a museum in 1972.

The June 4 event takes place at the Mill on Colvin Run Road, 11 a.m. to 1:30 p.m. Lunch will be served; a modest contribution is appreciated. Lunch will include freshly baked cornbread made from the mill's cornmeal.

The June event sponsor is Loza Dental of Great Falls, a family dental practice at 737 Walker Road.

Reservations are a must: e-mail Joyce Trickett at joygoodshepherd@verizon.net or call 703-887-5772. Guests who require transportation to attend should call Gene or Maddie McCabe at 703-438-0810.



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Second Annual Langley Alumni Game Set

Langley varsity baseball team to face off against alumni June 2 in second annual game.

BY ALEX McVEIGH
THE CONNECTION

On Sunday, June 2 past and present members of the Langley High School baseball team will face off in the second annual Langley Varsity versus Alumni Baseball game. Last year the alumni won the inaugural game by a single run.

"We had a lot of fun last year, it was good seeing a lot of the recent grads back on the diamond," said Kevin Healy, Langley's varsity baseball coach. "We have a pretty active alumni program, which includes two of them on our current coaching staff, and we like to keep them active, to keep a community feel among those who have played baseball here."

The game, conceived last year by Celebrate Great Falls, pits alumni from any year against the current varsity team. Last year's alumni team featured Vic Price, Langley Class of 1969, who spent five years playing baseball in the



PHOTO BY ALEX McVEIGH/THE CONNECTION

Celebrate Great Falls will host the second annual Varsity versus Alumni baseball game Sunday, June 2.

majors, as well as many recent graduates.

"It was fun coming back to play with the people you grew up with, it brought back memories of some good experiences," said Chaz Ayoub, who graduated in 2007 and attended James Madison University.

Ayoub's classmate Tommy Tysse,

who attended Williams College, said the game was a good opportunity to get back on the field.

"It had been a while since I was out there, it felt good to be playing again," he said. "I'm not sure if I'll be able to play this year, but I'm definitely considering it."

Last year's alumni team won 10-9 in a close game, and will have

"We had a lot of fun last year, it was good seeing a lot of the recent grads back on the diamond."

—Kevin Healy, Langley's varsity baseball coach

some new members, courtesy of last year's graduating class.

"It should be fun to play against Langley Varsity for once, I'm looking forward to getting a new perspective," said David Paul, a recent graduate who now attends Vanderbilt University. "We didn't like losing last year, so I know the team will be fired up."

The Langley program has also appealed to many families that were involved, even ones whose children are far away at college. Mark Brown's son Alex graduated from Langley in 2009, and though Alex is at the University of Texas, Mark Brown still goes to games

when he can.

"I love the program, and I think my son got a lot out of his time here," said Brown, who also played high school and college baseball. "The bonds people form in this program are ones they seem to want to continue, which speaks highly about the community built by these coaches and parents."

Healy said the team and school is making a concerted effort to reach out to more alumni. They hosted an alumni night at their Friday, May 3 game against James Madison High School, welcoming back former players and families from across the years.

"We've been making a more concerted effort to get people out over the last few years, to build up more of a network," Healy said. "I'd like to see some of the old coaches come back as well."

This year's alumni-varsity game will be at Nike Field from 2 to 5 p.m., and the first of the annual summer concert series, Concerts on the Green, will kick off at the Great Falls Village Centre at 6 p.m.

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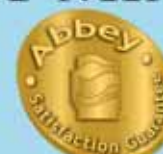
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NEWS

Fairfax County Attracts Innovative Technology Firms

More than 1,400 jobs added to local economy in first quarter.

Continuing consumer demand for innovative technology such as web filtering, data security and cloud computing has helped Fairfax County post gains to the local economy, countering the sequester effect stalling business growth in other sectors.

According to the Fairfax County Economic Development Authority (FCEDA), 27 businesses added more than 1,400 jobs in Fairfax County during the first quarter of 2013. Most of these businesses are in the information technology and professional services sectors, and seven are foreign-based firms using a Fairfax County location to expand in North America.

One of the most prominent announcements came from Tysons Corner-based FrontPoint Security Solutions, a nationwide provider of interactive wireless home security systems that is adding 179 jobs to the county economy.

"We can certainly attribute a portion of FrontPoint Security's success to our Fairfax County location," said Chris Villar, CEO and co-founder of FrontPoint Security.

"From a recruiting perspective, qualified job can-

didates love the central location of the Fairfax County area. Not only is the close proximity to Washington D.C. and surrounding suburbs appealing, but access to top-tier universities and the high concentration of technology companies also make attracting top talent easier," Villar said.

"In today's environment, any business growth is remarkable. Fairfax County is fortunate to see growth from within as well as from other locations, including other countries," said Gerald L. Gordon, president and CEO of the FCEDA, which provides development and growth strategies to local businesses.

Other businesses that are creating jobs in Fairfax County:

- ❖ Salient Federal Solutions in Fairfax, which provides information technology and engineering services to government and commercial customers, adding 530 jobs;

- ❖ Strategic Operational Solutions in Tysons Corner, an information technology and management consulting firm adding 70 jobs; and

- ❖ Commtouch of Tysons Corner, an Israel-based firm supplying email security, Web filtering and antivirus capabilities, adding 10 jobs.

In addition to its headquarters in Tysons Corner, Fairfax County's largest business district, the FCEDA maintains marketing offices in seven important global business centers: Bangalore, Boston, London, Los Angeles, Munich, Seoul and Tel Aviv.

—VICTORIA ROSS

VDOT Virginia Department of Transportation

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Great Falls Library Meeting Room
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Review project information at www.virginiadot.org, at the information meeting, or during business hours at VDOT's Northern Virginia District Office at 4975 Alliance Drive in Fairfax. Please call ahead at 703-259-1940, 800-367-7623 or TTY/TDD 711 to ensure appropriate personnel are available to answer your questions.

Give your written comments at the meeting, or submit them by June 3, 2013 to Mr. Nicholas J. Roper, Virginia Department of Transportation, 4975 Alliance Drive, Fairfax, VA 22030, or email meeting_comments@VDOT.virginia.gov. Please reference "Towlston Road Bridge Replacement" in the subject line.

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SCHOOL NOTES

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Connor A. Houston of Great Falls, a 2010 graduate of Langley High School, will be spending the summer in Israel after earning an internship with the Jerusalem Center for Public Affairs, a national security think tank led by former Israeli Ambassador to the United Nations, Dore Gold. Houston is a junior at Liberty University in Lynchburg, majoring in strategic intelligence studies at LU's Helm's School of Government.



Dhruv Bansal, of Great Falls, is a National Merit Scholar aspiring to a career in biochemical engineering. Bansal has received a \$2,500 National Merit Scholarship.

Mujtaba Mumtaz Wani, of Great Falls, is a National Merit Scholar aspiring to a career in law. Wani has received a \$2,500 National Merit Scholarship.

Sierra Rose Webb of Great Falls, daughter of Chris and Maryjean Webb, received recognition from the United States Coast Guard Academy for "superior academic achievement and leadership potential." Webb, a student at Langley High School, will be sworn in as a member of the Coast Guard Academy Class of 2017 on July 1 and will attend the academy in the fall.

Caroline Craver, a sophomore economics major and Division I soccer player at Lafayette College, was named to the Patriot League Academic Honor Roll for 2012. A resident of Great Falls, Craver graduated from the Langley High School. To be eligible for the Patriot League Academic Honor Roll, a student athlete must earn a 3.20 GPA in the fall semester and participate in one of the Patriot League's seven fall championship sports.

Sally Storch, of Great Falls, a junior international relations major at William Smith College and a member of

the swimming and diving team, has made the Upper New York State Collegiate Swimming Association All-Academic Team. To earn a spot on the UNYSCSA All-Academic Team, student-athletes must be at least a sophomore, have an average grade point average of 3.3 over the previous two semesters, and be a participant in the UNYSCSA Championship meet.

Amber Bennett of Great Falls graduated from Langley in 2012 with Academic Honors. She has been placed on the Dean's list of the School of Arts and Sciences "with Distinction" for the fall 2012 semester at Catholic University. Amber is pursuing a degree in Medieval and Byzantine studies with a minor in chemistry.

Jason Warren of Great Falls, son of John and Karen Warren, is a freshman in mechanical engineering and has been named to the dean's list for the fall 2012 semester at Virginia Commonwealth University.

Achievement Scholar awardees are the Finalist candidates judged to have the strongest record of accomplishments and greatest potential for academic success in college. The 2013 National Achievement Scholarship Winners of the area are **Taylor N. Brown** of McLean High School and **Margaret C. Secor** of James Madison High School.

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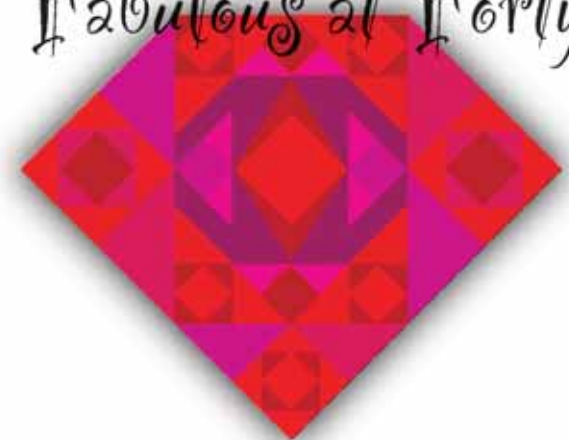
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OPINION

Vote in Spite of Election Fatigue

Primary Voting, Absentee Voting, Republican Convention.

Absentee voting, including “in-person” absentee voting, is already underway for the June 11, 2013 primary, a statewide Democratic party primary for lieutenant governor and attorney general, plus one delegate race in Northern Virginia.

Voters in the Democratic primary will choose between Ralph S. Northam and Aneesh Chopra for lieutenant governor; and between Mark R. Herring and Justin E. Fairfax for attorney general.

Because voters do not register by party in Virginia, any voter can vote in the Democratic primary, but cannot vote in a Democratic and Republican primary on the same day.

The Republican party will nominate their candidates for statewide office in a convention to be held on May 17-18, 2013 in Richmond. Delegates to the convention were elected by locality in March and April.

Each locality is entitled to one Republican convention delegate vote per 250 Republican

votes for governor and president at their last election, so that Fairfax County is entitled to 1,392 delegate votes; Arlington County is entitled to 215 delegate votes; Alexandria City is entitled to 133 delegate votes; the City of Fairfax is entitled to 32 delegate votes; Falls Church City is entitled to 14 delegate votes. Localities choose up to five times the number of delegates as votes, plus an equal number of alternates.

In Fairfax County, there is also Democratic primary for District 86, between Jennifer Boysko <http://www.jenniferboysko.com/> and Herb Kemp <http://www.herbkempfordelegate.com/>, with the winner facing incumbent Tom Rust (R). Democratic voters in the 86th House of Delegates District will find this on their ballots along with lieutenant governor and attorney general. (Precincts: Floris, Fox Mill, Stuart, Herndon #1, Herndon #2, Clearview, Herndon #3, Hutchison, Sugarland, Coates, Kinross West, Lees Corner #1, Carson)

The polls will be open from 6 a.m. to 7 p.m. on June 11, 2013.

Absentee voting allows qualified voters to participate in upcoming elections even though they may not be able to go to the polls on Election Day. Absentee voting in person began on April 26, 2013.

Most people in Northern Virginia qualify to vote absentee under this provision, although there are many others:

“Any person who, in the regular and orderly course of his business, profession, or occupation, will be at his place of work and commuting to and from his home to his place of work for eleven or more hours of the thirteen that the polls are open (6 a.m. to 7 p.m.).”

In Fairfax County, in-person absentee voting is ongoing through June 8 at the Fairfax County Government Center, 12000 Government Center Parkway, Suite 323, Fairfax, VA 22035

Hours: Monday, Tuesday, Wednesday, and Friday: 8 a.m.-4:30 p.m.; Thursday: 8 a.m.-7 p.m.; Saturdays (June 1st and June 8th): 9 a.m.-5 p.m. Closed Monday, May 27, 2013 for Memorial Day.

Here are some good sources for information on upcoming elections:

Virginia State Board of Elections, <http://www.sbe.virginia.gov/>,

Virginia Public Access Project, <http://www.vpap.org/candidates?display=state>,

Fairfax County Board of Elections, <http://www.fairfaxcounty.gov/elections/ecalendar.htm>.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

Campaigning in Support of Homeless Solutions

BY SYLISA LAMBERT-
WOODARD
PRESIDENT AND CEO
PATHWAY HOMES, INC.

As Pathway Homes joined our nonprofit colleagues, local officials and Fairfax County partners in the 100,000 Homes Campaign to raise awareness and support for the homeless in our area, I felt renewed hope that we will eradicate homelessness in our community.

Since the 100,000 Homes Registry Week in February, the outpouring of support and interest from citizens and friends has been nothing less than inspiring. I witnessed the amazing surge of community support and show of corporate responsibility that is characterized by the Fairfax community. In preparation to meet the needs of those identified through this community-wide event, local non-profits partnered and purchased new housing stock in anticipation of using subsidized housing vouchers to assist those most vulnerable in our community to get housing and stay housed.

While energized by public awareness raised around the



PHOTO CONTRIBUTED

needs of homeless individuals and families encountered during Registry Week, there is much left to do. The good news is that this campaign successfully educated many caring neighbors and raised the awareness of many to the plight of the homeless. Pledges of support and creative partnerships are emerging to house the 1,350 individuals who are homeless in Fairfax County on any given day.

In the midst of such progress towards ending homelessness, few could have predicted what has evolved into a quiet storm involving deep cuts from sequestration that impact the homeless; and impending Medicaid cuts to supportive services for those with mental illness and substance use that help these individuals remain in housing.

In our daily efforts we never take for granted how critical the collective voice is to galvanize needed change. It was just weeks ago that Congress decided to ease the burden of federal spending cuts on

travelers inconvenienced and angry over airport delays. How impactful it would be to use our collective voice to show that this quiet storm of sequestration and Medicaid cuts will result in conditions that eclipse those caused by travel delays. These cuts will lead to increased homelessness, reduced and limited support services to the most vulnerable, and loss of new vouchers that were intended to support individuals in the homes recently acquired by non-profits and private landlords in their efforts to provide affordable and sustainable housing in our community.

While there is no doubt that our 10-year-plan to end homelessness will find a detour ahead, I maintain hope that it will not be a dead end that takes a severe toll on the resilience of our local community partners. Sequestration is having a disproportionate impact on the most vulnerable in our community, and the “collective voice” creates change. While the Fairfax local housing authority and elected officials are actively identifying short term solutions to temporarily mitigate additional reductions, we are left with the uncertainty of the extent of the impact of additional cuts on the individuals we serve and our community as a whole.

With continued community advocacy directed towards local, state, and federal elected officials, I believe our voice can be as influential and successful as our “frequent flyers” in averting a most devastating impact to our community.

At Pathway Homes we remain committed to advocacy and education and are committed with other non-profits, to developing innovative partnerships that will create needed housing and support to those most vulnerable in our community. We remain inspired by those we serve.

At the same time, it will take a great deal of innovation, collaboration, and faith to continue to help the most vulnerable in our communities. Pathways’ forecast for our community remains bright and hopeful with a strong belief that eradicating homelessness in our community is possible. As a community, we must remember that collective advocacy can change the course of time and result in positive outcomes for the individuals we serve.

Pathway Homes Inc. provides non-time-limited housing and recovery-based supportive services to adults with serious mental illness and co-occurring disabilities in Northern Virginia.

Great Falls CONNECTION

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OPINION

Social Media Sharing ... With Caution

Editor's note: The following letter was first published Tuesday, April 16, as an opinion piece for the "Daily Gamecock," a student newspaper at the University of South Carolina in Columbia.

To the Editor:

Everybody knows where the verbs "like," "share," "friend" and "favorite" belong today: Facebook and Twitter. With a click of a button, pictures that appeal to you are immediately shared to your followers. A couple shares later, that tweet or post becomes viral. And if it's something false or defamatory, you're now responsible for spreading an awful rumor.

Monday evening, April 15, after hearing the horrible news of the Boston blasts, I noticed a tweet from the handle @HopeforBoston, which showed a picture of a young girl running on what looked like a residential road surrounded by grass. The tweet read, "R.I.P to the 8 year-old girl who died in Boston's explosions, while running for the Sandy Hook kids. #prayforboston."

I glanced again at the photo of the young girl and thought she looked familiar. I looked closely at the bib on her shirt and noticed the words "Joe Cassella 5k," which is an annual event held in my small hometown of Great Falls, Va. I thought this was suspicious, so I called my parents and friends who still live in the area to see if they knew anything about this. Before I knew it, this photo was all over Facebook, Tumblr and Instagram and had been retweeted more than 80,000 times. Little did users on social media know, the little girl was safely asleep in her home, not knowing her face had circulated the Internet hundreds of thousands of times in just a few hours.

The photo, which was originally taken by a staff writer on my local high school's student newspaper, had mysteriously gone viral due to one false tweet by a suspicious source. In a few short hours the photo, along with @HopeforBoston, reached national news and was then suspended from Twitter. It's scary to think a picture from a small town's high school newspaper's website could receive national attention like this, and this incident illustrates the power of social media that many people choose to deny. It also brings into light another important point: We cannot believe everything we see on the Internet.

Unfortunately, the proliferation of this photo was just the start of conspiracies on the web about the Boston blasts. A photo of a man who lost his leg and was being wheeled away Monday afternoon after the bombing was compared to a photo of a man who lost his legs in Afghanistan two years ago. While this photo also went viral on Facebook in minutes, it makes me wonder how many other fake photos are floating around the Internet.

With more than a billion users on Facebook, Twitter and other social media platforms, it is inevitable that social media is an interactive and commonly used method of communication among people. That said, individuals must think before they tweet and remain extremely cautious about what they share on their social media pages.

Paula Novacki
Great Falls

Paula is a student at the University of South Carolina.

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Send announcements to greatfalls@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com

THURSDAY/MAY 16

Charity Lunch Series "Care to Lunch." 11:30 a.m.-1 p.m., at Marriott Tysons Corner, 8028 Leesburg Pike, Vienna. The May luncheon is dedicated to children; a speech on vision and mission of the organization accompanies an upscale lunch and networking hour. \$25. www.caretolunch.org.

FRIDAY/MAY 17

Leadership Fairfax Speaker Series: Brian Winterhalter. 8-10 a.m., at LFI Offices, Suite 350, 8230 Old Courthouse Road, Vienna. An update on the happenings in Tysons from the perspective of a commercial real estate attorney, with a focus on zoning and land use changes. \$30; \$25 for members. 703-752-7518 or danielle@leadershipfairfax.org.

SATURDAY/MAY 18

The Fresh Market's Cupcakes for a Cause. 10 a.m.-3 p.m., at Fresh Market, 150 Branch Road S.E., Vienna. Purchase and decorate a delicious cupcake from The Fresh Market to support No Kid Hungry. \$3. **Mister G at Jammin' Java.** 10:30 a.m., at the Jammin' Java, 227 Maple Ave. E., Vienna. Award-winning children's musician Mister G will be returning to perform. jamminjava.com.

Vienna Arts Society's annual

Benefit Raffle and Silent Auction. 4:30-6:30 p.m., at Vienna Art Center, 115 Pleasant St., N.W., Vienna. Arts Society is donating a portion of the proceeds to the Committee for Helping Others; wine and light refreshments provided. 703-319-3971 or www.ViennaArtsSociety.org.

Art in 14 Directions. 5:30-8:30 p.m., at The Frame Factory, 212 Dominion Road N.E., Vienna. An opening reception featuring the work of 14 studio artists with 60 works in multidisciplinary art ranging from realism and expressionism all the way to encaustics. www.theframefactory1.com.

SUNDAY/MAY 19

Gaby and Brent Thompson Speech. 9:30 a.m., Antioch Christian Church, 1860 Beulah Road, Vienna. The speakers will cover "Communication in Relationships." <http://www.antiochdoc.org/>.

Vienna American Legion Breakfast Buffet. 8 a.m.-noon, at 330 Center St. N., Vienna. Includes omelets, scrambled eggs, blueberry pancakes, and bacon. \$8, adults; \$3 for children. 703-938-1379.

18th Century Spring Market Fair. 11 a.m.-4:30 p.m., at The Claude Moore Colonial Farm, 6310 Georgetown Pike, McLean. Celebrate spring at a local museum and working farm's first Market Fair of the season, featuring goods and wares, produce, gifts, colonial characters, animals, dancing and singing, and demonstrations of colonial-era work. \$6; \$3 for children 3-12 years old and seniors. 703-903-9330 or www.1771.org/directions.htm.

Violin Recital: Jehshua



"Solitude," collage, "15 X 20," by Madeline Chen is part of the Insight and Inspiration exhibit at the Vienna Arts Society Gallery, open Tuesday through Saturdays until June 1.

Karunakaran. 3 p.m., at the Alden Theatre, 1234 Ingleside Ave., McLean. The 18-year-old violinist and graduate of the Juilliard School pre-college division, and a senior at Harvard, plays Bach's Partita No. 2, a movement of the Sibelius concerto, a sonata by Ysaye and works by Kreisler, Paganini and Brahms; the concert is sponsored by the Music Friends of the Fairfax Library. 703-620-9535.

Synchrony. 4 p.m., at Saint Luke Catholic Church, 7001 Georgetown Pike, McLean. Edvinas Minkstimas, an

emerging European young pianist, joins the Amadeus Orchestra in a performance of Beethoven's Piano Concerto No. 2 in B-flat major; the orchestra also performs Serenade No. 1 by Brahms. \$30; free for students 17 and under. <http://www.amadeusconcerts.com>.

Opera for the People. 4:30 p.m., at Our Lady of Good Counsel in DeSales Hall, 8601 Wolf Trap Road, Vienna. The Vienna Choral Society and The Reston Chorale present an accessible concert of Verdi and Copland. \$25; \$20 for seniors/students; free for

youth, 15 and under accompanied by an adult. www.viennachoralsociety.org.

TUESDAY/MAY 21

Great Falls Coffee Social. 9:30 a.m., at Riverbend Park Visitor's Center, 8700 Potomac Hills St., Great Falls. Celebrate Great Falls will present Friends of Riverbend Park with a \$2,000 donation to help fund their summer internship program at the co-hosted community-building event open to all Great Falls residents and businesses. www.celebrategreatfalls.org.

THURSDAY/MAY 23

The Vienna American Legion Auxiliary Memorial. 10 a.m., at Flint Hill Cemetery. The Vienna American Legion Auxiliary will place flags on the graves of veterans. 703-938-1379.

Interfaith Forum on Social and Economic Justice. 6:30-8:30 p.m., United Christian Parish of Reston, 11508 North Shore Drive, Reston. A panel of representatives of the Buddhist, Christian, Jewish, Muslim and Sikh faith communities will discuss how they address justice issues; refreshments included. www.restoninterfaith.org.

FRIDAY/MAY 24

A Prairie Home Companion With Garrison Keillor. 8 p.m., at Wolf Trap, 1551 Trap Road, Vienna. Special guests Aoife O'Donovan and Howard Levy join the ensemble cast through comedy sketches and musical interludes with the Grammy-winning storyteller and humorist Keillor. \$25-\$60. www.wolftrap.org.

SATURDAY/MAY 25

A Prairie Home Companion With Garrison Keillor. 5:45 p.m., at Wolf Trap, 1551 Trap Road, Vienna. Special guests Aoife O'Donovan and Howard Levy join the ensemble cast through comedy sketches and musical interludes with the Grammy-winning storyteller and humorist Keillor. \$25-\$60. www.wolftrap.org.

Cathy Ponton King: Blues and Sweet Ballads. 7 p.m., at the Town Green, 144 Maple Ave. E., Vienna. Cathy Ponton King and his team will perform some blues and ballads at VIVA! VIENNA! 703-255-4742 or info@vivavienna.org.

SUNDAY/MAY 26

Memorial Day Concert. 5 p.m., at St. Luke Catholic Church, 7001 Georgetown Pike, McLean. The National Men's Chorus puts on their annual concert, featuring trumpet, piano, organ and harp; a reception follows the concert. 703-780-7945 or knightspassage@aol.com.

MONDAY/MAY 27

Memorial Day Ceremony. 11 a.m., at the Great Falls Freedom Memorial, 9830 Georgetown Pike, Great Falls. A commemorative event featuring a Marine Corps Color Guard, patriotic songs, remarks from retired Marine Corps Lieutenant Gen. Norman H. Smith, and a reading of the names and bell-ringing for each of the 25 residents who fell in service; a wreath-laying by local dignitaries and raising of the flags by Boy Scout Troop 55 follows. 703-248-0390.

THURSDAY/MAY 30

Langley High School Chorus' "Get On Your Feet." 7:30 p.m., Langley High School, 6520 Georgetown Pike, McLean. The choir will be performing songs from all the decades: from the 50's (Shake, Rattle and Roll) to current pop hits of Kelly Clarkson, Colbie Caillat and Plain White T's. \$10. 703-287-2700.

FRIDAY/MAY 31

Postage Stamp Show. 10 a.m.-6 p.m., at the Hilton McLean Tysons Corner, 7920 Jones Branch Dr, McLean. Eighty dealers buying, selling, and appraising stamps and envelopes; 45 exhibits, 10 postal administrations, and a youth table. www.napex.org.

Langley High School Chorus' "Get On Your Feet." 7:30 p.m., Langley High School, 6520 Georgetown Pike, McLean. The choir will be performing songs from all the decades: from the 50's (Shake, Rattle and Roll) to current pop hits of Kelly Clarkson, Colbie Caillat and Plain White T's. \$10. 703-287-2700.

The Mikado. 8 p.m., at Wolf Trap, 1551 Trap Road, Vienna. New York Gilbert & Sullivan Players and Artistic Director Albert Bergeret present a timeless comedy about love and political entanglements set in Japan. \$12-\$50. www.wolftrap.org.

SATURDAY/JUNE 1

Flea Market. 8 a.m.-1 p.m., at Oakton Church of the Brethren, 10025 Courthouse Road, Vienna. A flea market with food and a bake sale; vendor space available. 703-281-4411 or www.oaktonbrethren.org.

Postage Stamp Show. 10 a.m.-6 p.m., at the Hilton McLean Tysons Corner, 7920 Jones Branch Drive, McLean. Eighty dealers buying, selling, and

appraising stamps and envelopes; 45 exhibits, 10 postal administrations, and a youth table. www.napex.org.

SUNDAY/JUNE 2

Postage Stamp Show. 10 a.m.-4 p.m., at the Hilton McLean Tysons Corner, 7920 Jones Branch Drive, McLean. Eighty dealers buying, selling, and appraising stamps and envelopes; 45 exhibits, 10 postal administrations, and a youth table. www.napex.org.

TUESDAY/JUNE 4

Earth, Wine & Fire. 8 p.m., at the Filene Center at Wolf Trap National Park, 1551 Trap Road, Vienna. Soul-pop and six-time Grammy-winning band brings their well-reviewed show featuring new songs from their 2012 Now, Then & Forever album, along with hits. www.wolftrap.org.

THURSDAY/JUNE 13

Code 20: Proceed to Improv. 7-9 p.m., at the Old Firehouse Teen Center, 1440 Chain Bridge Road, McLean. Studio Rep, the only professional teen repertory company in the McLean area, hosts an ongoing event where high school students and adults can watch comedy, join in improv games, perform at an open mic and enjoy entertainment from some of Washington's best improv groups. 703-744-9353 or <http://bit.ly/14Tgz52>.



PHOTO COURTESY OF McLEAN COMMUNITY CENTER

The international food court at McLean Day includes Greek favorites from Nader's Bistro & Grill.

McLean Day 2013, Saturday, May 18: "Celebrating Our Hometown"

The McLean Community Center's (MCC) annual community festival McLean Day 2013: "Celebrating Our Hometown" draws a large crowd of residents and local businesses and organizations together once a year to celebrate their "hometown." Although the festival has grown over the years, the essence of what makes it great is the hometown feel that emanates throughout the park. Neighborhood children take rides together, old friends catch up with one another and the entertainers on stage are the relatives, friends and co-workers of the people in the audience. McLean Day 2013 will be held on Saturday, May 18, from 11 a.m. to 5 p.m. at Lewinsville Park, 1659 Chain Bridge Road. Admission is free.

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McLean Community Center
Governing Board Election
Saturday, May 18, from 10:30 a.m.-5 p.m.
Lewinsville Park, 1659 Chain Bridge Road

Your Vote is Your Voice!

All qualified residents of Small District 1A
Dranesville are encouraged to vote for members
of the 2013-2014 MCC Governing Board.

- You need not be registered to vote in the general election
- Proof of residence, such as a driver's license, is required

Absentee Ballot

Vote now by absentee ballot and avoid the crowds!
View the candidate statements on the Center's Web site.
Call the Center or send an E-mail message to "elections@mcleancenter.org" to request a ballot package be sent to your home. Or, stop by the Center at 1234 Ingleside Avenue and pick one up. Completed ballots must be received by 5 p.m. on **Wednesday, May 15** to be counted.

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McLean Day

MAY 18, 2013

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Voting for the MCC Governing Board:
10:30 a.m.-5 p.m.

Events and Activities

- Arts and Crafts Sales
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- Carnival Rides and Midway Games
- Live Entertainment by Local Performers
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NEWS



PHOTO BY ALEX McVEIGH/THE CONNECTION

From left,
Great Falls
sixth graders
Katarina
Christie,
Sabrina
Vazquez,
Alejandro
Garcia
Donoso and
Daniela Arbid
are honored
by the Great
Falls Optimist
Club Wednesday,
May 8.

Optimist Club Awards Helping Hands

Great Falls sixth graders honored.

BY ALEX McVEIGH
THE CONNECTION

The Great Falls Optimist Club recognized four sixth graders Wednesday, May 8 with their Helping Hands

award, the first time the club has given out the awards to sixth graders whose efforts in school and in their communities have brought them to the attention of their teachers.

"The Vienna Optimist Club has handed out their awards for years to students from their 11 elementary schools, so we thought it was time we did something to recog-

nize the students at our schools," said T.R. Cook, president of the Great Falls Optimist Club. "And we found many students here that were deserving."

Daniela Arbid of Armstrong Elementary School, Alejandro Garcia Donoso of Great Falls Elementary School, Katarina Christie of Forestville Elementary School and Sabrina Vazquez of Colvin Run Elementary School were this year's awardees.

ARBID is an active member of the school's student body and is seen by the student body as a leader, said sixth grade teacher Josh Villarreal.

"She is well organized, and always prepared for class with quality work," he said. "She has high expectations and maintained a positive demeanor and excellent communications skills with her peers and teachers."

Jenny Anderson, a counselor at Great Falls Elementary School, praised Donoso for serving as an example of the school's Character Education Program.

"His respectful, honest and caring disposition comes naturally and is one that all his teachers agree makes him deserving of this award," she said. "He is a Great Falls peer mediator, and he was selected for this position based on his ability to engage with many different people in a helping capacity ... during his fifth grade year, he befriended a student who was new to the country and did not speak very much English. Alejandro still continues this friendship today and has been a source of support and guidance for his friend."

CHRISTIE has been praised by her teachers and administration

SEE HONORED, PAGE 15

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WEEK IN GREAT FALLS

Memorial Day Ceremony At Freedom Memorial

On Monday, May 27, at 11 a.m., the Great Falls Freedom Memorial Committee will hold its annual Memorial Day Ceremony at the site of the Freedom Memorial (behind the Great Falls Library at 9830 Georgetown Pike). The event will include patriotic songs, remarks by retired Marine Corps

Lieutenant General Norman H. Smith, and a reading of the names and bell-ringing for each of the 25 residents of Great Falls who have fallen in service to our nation. The proceedings will conclude with a wreath laying by local dignitaries and raising of the flags by Boy Scout Troop 55.

This ceremony is open to all and ample parking is available in the library parking lot. In case of rain, the ceremony will move into the library's meeting room.

Sixth Graders Honored

FROM PAGE 14

for looking out for other students. As a member of the safety patrol, she is on alert for teasing and bullying of other students.

"Even when nobody's looking, she's doing things we can all appreciate," said Matt Harris, principal at Forestville.

VAZQUEZ has been a constant fixture in Colvin Run Elementary's outreach efforts. In the aftermath of Hurricane Sandy, she approached administration about putting together a school supply drive for affected students in the New York-New Jersey area, collecting more than \$1,300 worth of supplies.

"Whatever she does to help people is done because she sees a need to help, never because of a need for recognition. She has an innate ability to see when

help is needed, be it for teacher or student, and just goes ahead and does it," said Marlene Guroff, a counselor at Colvin Run. "She is the first one to volunteer and offer her services and always conducts herself with a polite manner and air of humbleness."

Each student was given a trophy and the Optimist Club made a \$200 donation to each of the schools.

"We're making a donation to these schools, which will hopefully go to something that will help the students, but we really feel we're making an investment in the future with these kids," Cook said. "We feel very strongly that all four of

these students will have an impact on the people around them as they grow older. They've already proven themselves as people who help other people, and we hope that continues."

"They've already proven themselves as people who help other people, and we hope that continues."

— T.R. Cook, president of the Great Falls Optimist Club



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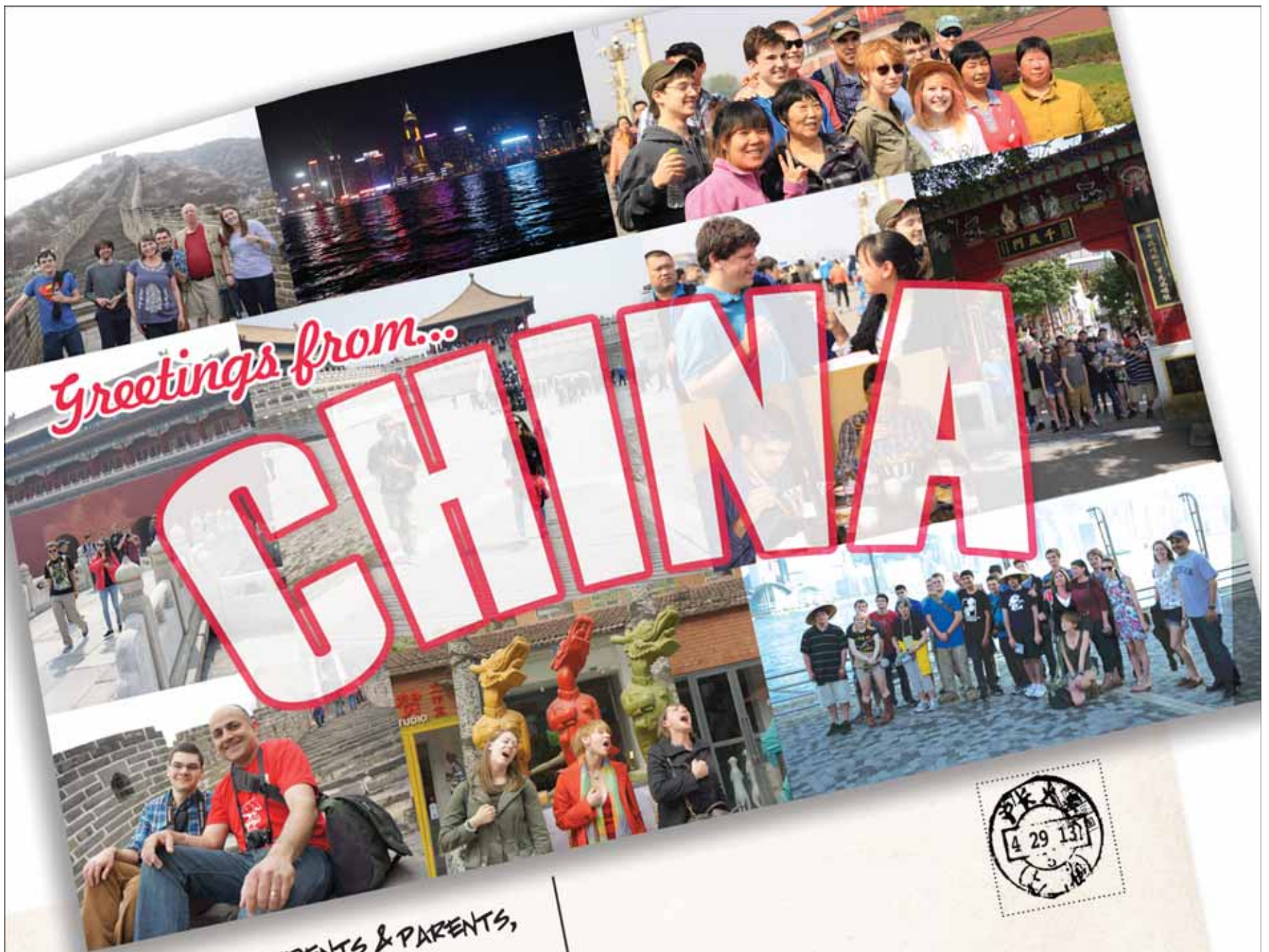


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Teaching Healing Through Altruism

Marymount students learn counseling technique by helping U.S. troops.

BY MARILYN CAMPBELL
THE CONNECTION

A group of counseling students got to experience a therapeutic technique while also helping service men and women serving in Afghanistan.

Graduate students in the pastoral counseling program at Marymount University in Arlington assembled care packages for U.S. troops as part of a community service requirement. One of the project's goals was to teach the future therapists how altruism can have long-term mental health benefits.

"The research has shown that if a person goes outside of themselves to help others it can be a therapeutic experience, especially for those who have depression or other mental health challenges," said Lisa Jackson-Cherry, Ph.D., chair of the Department of Counseling and founder of the Pastoral Counseling program. "We want students to experience what a client would experience."

Students are required to perform 30 hours of community service as part of their program. The class of 11 students formulated, planned and implemented the task. "I think everyone thought of the assignment as not just a project we had to complete, but a chance to actually, in some small way, let men and women in the military know that people here at home do appreciate their



Marymount University professor Lisa Jackson-Cherry, Ph.D., discusses an altruism project with her pastoral counseling class.

service and sacrifice," said Annandale resident Nina Angeles.

The students collected an array of items like games, magazines, books and DVDs. They gathered nearly enough items to fill their classroom and exceeded their professor's expectations. "I was expecting five or six boxes, but it became more than

what the entire university could have put together," said Jackson-Cherry. "We had almost a roomful of supplies. The students solicited from their churches and from family members across the country."

Pastoral counseling students learn to incorporate spirituality into their work with clients. They wrote personal letters to the

troops and included information on stress relief practices like meditation and breathing exercises. "We could not help but feel for the brave men and women who ... face stressful and sometimes traumatic situations away from home," said doctoral student Maya Georgieva of Alexandria. "... It was essential that we send notes of encouragement and support."

Jackson-Cherry said the most powerful learning experience came when she delivered the boxes to a VFW Post in Maryland: the feeling that comes from seeing the impact benevolence has on others. "The place was packed for lunch, and I was planning to slip in the back door and drop off the boxes," she said. "There were veterans there from World War II and Vietnam ... they became teary-eyed as they were telling me stories of how the acts of strangers had impacted them when they were serving overseas. It was quite touching. I wish the students could have been there to see how their acts of kindness touched so many more people than they would have thought of."

The students did get an opportunity to experience gratitude first-hand, however, when the military unit that received their supplies wrote a thank you note to the class. "The unit was overwhelmed by the generosity and the kindness of strangers, especially because they were away from their families," said Jackson-Cherry.

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Langley HS Senior Paul Li presented his senior recital of piano solos and original compositions.



PHOTOS BY BECKY CORCORAN

Musicians who performed Paul Li's compositions, from left: Alexandra Fraley, Sara Ibrahim, Alan Chiang, Alexander Quion, Paul Li, Patrick Quion, Gene Kim, Constance Chiu, Hoonie Kim and Harrison Nam.

Langley High Senior Presents 'A Musical Journey'

In his senior recital, Langley High School student Paul Li performed piano solos and presented many of the compositions that he wrote during the school year. He conducted the concert, entitled "A Musical Journey," at the Langley High School Auditorium on Friday, May 10.

Beginning with Richard Starer's Prelude and Toccata, his piano solos also included

the first movement of Beethoven's Sonata Opus 10 No. 3, Bach's Prelude XXI, and Chopin's Grande Valse Brillante Opus 34 No 1.

Senior violinist Gene Kim joined Li onstage for a performance of Amore, which Li composed for the upcoming wedding of his cousin, who was in the audience. Under the baton of Li, nine members of the

Langley High School Chamber Orchestra performed two of his compositions for string ensemble. As foreshadowed by the title, A Reminiscence contained sentimental themes, made more meaningful by the many fellow seniors in the performing group. The concert concluded with Li's composition, Spring Fair, which painted pictures of outdoor fun and a carousel waltz.

Students conducted by Paul Li were violinists Alan Chiang, Gene Kim, Alexandra Fraley and Hoonie Kim; violists Alexander Quion and Sara Ibrahim; and cellists Constance Chiu, Harrison Nam and Patrick Quion.

Li thanked his piano teachers who were in the audience, Nancy O'Neil Breth and Jo

Lombard, his former piano teacher who started him on composition before age nine. Li expressed gratitude towards his composition instructor, Dr. Francis McKay.

After the concert, a member of the audience, Diane Hara, commented, "the wonderful thing about Paul Li's compositions is that you can visualize his music." It is no wonder that Li will pursue a double major in film composition and accounting at William and Mary. He performed his senior recital a day after taking his Advanced Placement exams in Latin and English Literature.

Paul Li's work for chamber orchestra, Orpheus: Reise in die Unterwelt was, performed earlier in the school year during a Langley High School Orchestra concert.

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PHOTOS BY WINIFRED NICHOLS

Spring Cleanup at Little Pimmit Run

Two McLean youths, Arthur Nichols and Salah Mohammed, invited Chesterbrook Woods Citizen's Association (CWCA) residents to join them in the Little Pimmit Run Cleanup Project on Sunday, April 28. They bagged quite a bit of trash. Pictured, from left: Maggie Nichols, Arthur Nichols, Dan Nichols, George Nichols, Kevin Juneau and Josh Leong.

A Fluid Situation

By KENNETH B. LOURIE



I don't mean to be the least bit paranoid, but I suppose that's because, as a stage IV non-small cell lung cancer "diagnosee," I'm already the most bit paranoid. A terminal diagnosis of incurable cancer has a way of doing that to you (at least to me it has). Not to blame cancer totally for my behavior, but can you think of a more deserving and appropriate cause of this effect than the "leading cancer killer in both men and women in the United States." In fact, according to the American Lung Association, "Lung cancer causes more deaths than the next three most common cancers combined (colon, breast and prostate)."

So call me crazy (at least you can still call me – and I will answer, because I am STILL ALIVE). However, as a four-years-plus cancer survivor, if I've learned anything during my treatment, it is that symptoms manifest themselves – at their discretion, and presumably their appearance means something (as opposed to nothing which would of course be my preference). Ergo, an increase in the fluid in my lungs is nothing to sneeze at; that's because I've been too busy coughing (just kidding). But what does the existence of this fluid mean? Hopefully nothing, but it could mean something; something problematic.

An outpatient procedure: a needle aspiration of my lungs, will provide the answer. Although learning that answer comes with risks: aside from analyzing the fluid for active cancer cells, there's a possibility of a collapsed lung followed by a week-long stay in the hospital due to the penetration of the lung. And it could be all for nothing. It could simply be, as it is in 40 percent of the cases, a side effect of the targeted treatment tarceva pill I have taken every day without interruption going on nine months now. Unfortunately, we're dealing with 100 percent of it, and the other 60 percent could contain cancer cells, which opens up a whole host of "unpleasantries," none of which have as yet been discussed. Aspirate and learn my fate or sit tight and be willing to wait. It's not exactly Shakespeare, but that is my question. Made easier – to me, in that I don't have any compelling/indicating-type symptoms: no shortness of breath, no persistent cough, no weightiness in my chest, to confirm this potential life-changer. Is the cancer spreading, or is the tarceva doing what tarceva does: harmlessly side-effecting while saving my life my life, but leaving behind this "fluidy" residue? Do I even want to know or can I continue to keep on living believing that it's nothing because it's not something? (For this cancer patient, ambiguity is a way of life.)

This is another one of those mental moments, one of the many emotional cross-roads that cancer/terminal patients face. It's not exactly "The Price Is Right" where what's behind Door #2: "A New Car!" – or a tube of toothpaste (as but one of many examples) could make your public humiliation worthwhile – or not. For cancer/terminal patients however, these decisions could make your life worth living again, or it could make it worse. Where's that studio audience when you need them?

If I delay the procedure, will what I don't know now hurt me more than what I do know later? I don't know. Right now, I feel fine. Can't I just keep on pretending? I don't want to look for trouble. Besides, trouble has already found me. I don't need or want any more. Until I'm told otherwise, that is.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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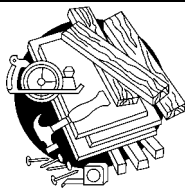
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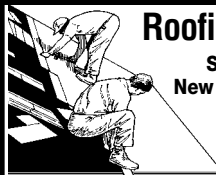
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News

School Board Requests Bond Referendum on November Ballot

The Fairfax County School Board has approved a resolution to request that the Fairfax County Board of Supervisors place a school bond referendum for \$250,000,000 on the ballot for the November 2013 general election.

The referendum will provide construction funds for two new elementary schools (one in the Bailey's Crossroads area and one in the Route 1 area), one elementary school addition, nine elementary school renovations, one middle school renovation, and one high school renovation; site acquisition funds for one new high school in the southwest part of the county; and infrastructure management funds.

Funds from the 2013 bond referendum are identified in the FY 2014-18 capital improvement program,

which estimates enrollment increases of more than 15,000 students by the 2017-18 school year.

Staff members from the FCPS Department of Facilities and Transportation Services have been working with Fairfax County staff members to reconcile unused authority from multiple bond referendums over an extended period of time, an exercise that is performed periodically for all local government entities that use bond funds. It will reflect cumulative project savings over time, allowing the school district to request less bonding authority for projects currently identified for funding. The reconciliation does not alter the current annual cash flow allowance of \$155 million from the county. The cost of the FY 2014-18 CIP over five years is \$871.2 million.

BULLETIN BOARD

To have community events listed in the Connection, send to greatfalls@connectionnewspapers.com. Deadline is Friday.

FRIDAY/MAY 17

Bike to Work Day. Pit stops at various locations throughout Northern Virginia; go to www.biketoworkmetrodc.org for details.

Silver Line Playbook. 8-10 a.m., at 8230 Old Courthouse Road, Suite 350, Vienna. As part of

Leadership Fairfax's 2013 Speaker Series, Brian Winterhalter, an associate in the Real Estate Practice Group at Cooley LLP, speaks on the Dulles Corridor Metrorail Project (the Silver Line), focusing on land use and zoning matters.

Nextstop Theatre Company Open Call Auditions. 4-8 p.m., at 269 Sunset Business Drive, Herndon. Performers of all ethnic and racial backgrounds (both non-Equity and Equity) ages 16 and up are invited to audition for dramatic, comic and musical roles for the inaugural

season; individuals will have up to three minutes to perform a monologue and/or song that best showcases their talent (bring a photo and resume). Apply by emailing name, contact number, preferred date and two hour audition timeframe. casting@eldenstreetplayers.org.

Great Strides Walk for Cystic Fibrosis. 7:30 p.m., at Brown's Chapel Park, 1575 Browns Chapel Road, Reston. Walk to benefit those with Cystic Fibrosis. www.reston.org.

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MONTREAL & QUEBEC CITY by Motorcoach • July 14-20
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Walk with Us!

5-K Walk to benefit children in foster care

When: Saturday, May 18, 2013, 8:30 a.m. – 1 p.m.
(Registration from 8 to 8:30 a.m.)

Where: Lake Accotink Park (rear entrance)
5660 Heming Avenue, Springfield, VA.

Cost: \$30 registration fee • Picnic lunch provided

Steps to Walk – or Support the 5-K Walk

1. Log on to: www.fairfaxyouth.org/events.xml to register
 2. Create your own team or join our Fairfax Families4Kids team.
- For more information, visit the Web site at www.fairfaxcounty.gov/ncs/fairfaxfamilies4kids.htm or contact Beverly J. Howard, Fairfax Families4Kids Coordinator, 703-324-7518, TTY 711. Beverly.Howard@fairfaxcounty.gov



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OPEN HOUSES SATURDAY/SUNDAY, MAY 18 & 19

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click on the "This Week in Real Estate" link. Call Specific Agents to Confirm Dates & Times

Centreville

13617 Northbourne Dr.....\$649,900..Sun 1-4.....Julie Young..Samson Props..703-380-2200
14764 Green Park Way.....\$289,900...Sat 1-4.....Cathy Lanni...Long & Foster..703-615-4237

Chantilly

42344 Astors Beachwood....\$790,000..Sun 1-4.....Chris Pezzana.....Weichert..703-447-1662

Fairfax

6119 Queens Brigade Ct.....\$622,500..Sun 2-4.....Carrie Shokraei.....RE/MAX..703-297-2109
3737 Mazewood Ln.....\$374,900..Sun 1-4.....Debi Anderson..Samson Props..703-585-6164
13233 Custom House Ct.....\$355,000..Sun 1-4.....Bryan Henry..Samson Props..703-786-2376

Fairfax Station

7612 Rustle Ridge Ct.....\$839,950..Sun 1-4..Kathleen Quintarelli.....Weichert..703-862-8808

Herndon

1236 Gilman Ct.....\$799,900..Sun 1-4.....Marnie Schaar...Long & Foster..703-509-3107
662 Old Hunt Way.....\$749,900..Sun 1-4.....Cathy Lanni...Long & Foster..703-615-4237
603 Adams St.....\$529,000..Sun 1-4.....Alison Sherman..Keller Williams..703-636-7306

Reston

11270 Stones Throw Dr....\$1,339,900..Sun 1-4.....Marcy Thomas...Long & Foster..703-927-2190

Springfield

6505 Lignum St.....\$575,000..Sun 1-4.....Dallison Veach.....RE/MAX..703-477-7920

Vienna

10503 Dunn Meadow Rd..\$1,199,980..Sun 1-4.....Sonnet Lee.....Fairfax..703-862-8996
10212 Browns Mill Rd.....\$850,000..Sun 1-3.....James Nellis.....RE/MAX..703-503-4375
9900 Woodrow St.....\$635,000..Sun 1-4.....Jared Blatt..Samson Props..703-899-8799

To add your FREE Realtor represented Open House to these weekly listings, please contact Salome Gaibler at 703-778-9421 or salome@connectionnewspapers.com
All listings are due by Monday at 3 P.M.



Women's First 4, State champions 2013.



Women's Second 4, State champions 2013.

PHOTOS BY JAN ROSSBERG

Langley Crew Wins State Championships

Langley High School crew had a spectacular showing at the Virginia Scholastic Rowing Association championship regatta on Saturday, May 11. Every Langley women's boat finished first in state, one men's boat finished first, and one men's boat finished second in state. Women were coached by Ashley Leake; men were coached by Mike Lehmann.

❖ Women's First Four—First place:

Adele Wheeler, Katie Robinson, Ashley Doll, Tyler Seckar and Stephanie Dubois.

❖ Women's Second Four—First place:

Meagan Kirby, Olivia White, Jennifer Rossberg, Jennifer Verheul and Katherine Carris.

❖ Women's Lightweight Four—First place:



Women's Lightweight 4, State champions 2013.

Sabrina Lamont, Meagan Fountain, Brittany Smith, Sierra Webb and Nirosha Beekhuysen

❖ Men's Junior Four—First place: Ben Espey, Alex Keiss, Ryan Shaw, Tillman Findley and



Men's Jr. 4, State champions 2013.

Collin Hanley.

❖ Men's First Four—Second place:

Ryan Cheng, Owen Shenk, John Waugh, Charlie Bavisotto and Liam Fitzmorris.

SPORTS ROUNDUPS

Langley Girls' Tennis Unbeaten for Second Straight Season

Langley girls' tennis players Sydney Goodson, Jenny Liu, Vivian Louthan, McKenzie Malpede and Avani Hegde all secured first-team singles on the Liberty District Girls' Tennis Team. In doubles, Malpede/Liu and Louthan/Hedge secured first-team honors.

After winning the state championships in 2012 for the first time in 20 years, the



The Langley girls' tennis team won the 2013 Liberty District title.

Langley girls' tennis team enters the regional tournament as a top seed.

The Langley girls' tennis team is coached

by Josh Henry and Jan Dabroski.

Langley Boys', Girls' Lacrosse Finish District Runners-up

The Langley boys' and girls' lacrosse teams each finished district runner-up to Madison.

The boys' team lost 10-2 on May 10. The girls' team suffered a 17-9 defeat stretched over two nights (May 10-11) due to lightning.

Each Langley team competed in the first round of the Northern Region tournament

on Tuesday, after The Connection's deadline.

Langley Girls' Lacrosse Secures Regional Berth

The Langley girls' lacrosse team defeated South Lakes 1-0 on Monday in the Liberty District tournament quarterfinals, securing a berth in the Northern Region tournament.

The Saxons will travel to face Stone Bridge in the district semifinals at 5 p.m. on Wednesday, May 15.

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