Chantilly **\*** Fair Oaks **\*** Fair Lakes **\*** Oak Hill ENTRE V EDITION



MAY 16-22, 2013

# **25 CENTS Newsstand Price**



Students have a good time chatting on the dance floor between songs at last week's Day Prom.

**Centreville High Best Buddies** 

Michael Wallace at the Day Prom.

Juwaan Espinal (left) and

# Kicking up Their Heels

Students enjoy Day Prom at The Waterford.

> By Bonnie Hobbs Centre View

t last week's Day Prom at The Waterford in Fair Oaks, it didn't matter if some of the students attending couldn't walk or talk. For a few hours, they were just like all the other students in their high schools — they were at their school prom.

The girls wore pretty dresses and shoes and the boys wore suits, ties, vests and sport coats. They snacked on pizza and fruit at tables with their friends and kicked up their heels on the dance floor to all the latest songs.

"It's an amazing thing to do," said Westfield High's Julie Bentley. She helps students with disabilities move from high school to the next chapter in their lives. "This prom is more easily accessible for them and there are

students here both with and without disabilities.'

She said music and dancing are two of the "most motivating and exciting" activities for students with special needs. "And when they come here, we get to

see a side of them we don't get to see as often in class," said Bentley. "We get to see their passion and they also get to meet new people and see friends they already know at other high schools." The special-ed students at the prom had "lowincidence disabilities" that don't preclude them

from participating in the community. Still, said Bentley, they often choose not to go to the regular prom that happens at night and involves driving. So these students came to The Waterford last Thursday, May 9, from 9:30 a.m.-1 p.m., with their Best Buddies from several FCPS schools, including Centreville and Westfield high schools. The atmosphere was fun and joyful, and the Best Buddies were as happy to be at the prom as their partners

Centreville junior Mike Wallace was there with his Best Buddy, sophomore Juwaan Espinal. And Espinal's wheelchair didn't hinder him, one bit. "I

moved him around on the dance floor," said Wallace. "I picked up his back wheels so he could slide back and forth."

Wallace was on the Wildcat varsity football team this season, and Espinal is, too, as an honorary member. "That's when we first met; it was really cool," said Wallace. "And when I joined Best Buddies this year, they partnered me up with

See Day Prom, Page 4

# Police Officers, **Robots and K-9s**

## CAC learns about the bomb squad's work.

By Bonnie Hobbs Centre View

ach month, members of the Sully District also does Station's Citizens Advisory Committee learn about a different facet of the work done by the station's police officers. In April, the topic was the bomb squad.

MPO Tom Eggers and MPO Bryan Cooke came to the CAC meeting with their K-9s, Moose and Spicey, respectively. And Cooke explained what the bomb squad does.

"We render safe IEDs and suspicious packages," he said. "We're also involved with the SWAT team, hostage negotiations and robot entry and search. We'll search houses or vehicles and put a robot in harm's way. We have several dif-

ferent robots for different types of searches and can even deploy weapons via the robots." Сооке said the bomb squad

"explosive



**MPO Bryan** Cooke

breaching" - using explosives to gain entry to, for example, a barricaded building. "We can also create a diversion for the SWAT team to be able to enter," he said.

Added Eggers: "We make doors and windows where before there were none."

And since bomb-squad members are also trained, hazardous-materials technicians, they also do HAZMAT monitoring. "We can send robots with equipment into a HAZMAT area to sniff it out and return to us with information," said Cooke.

See Bomb Squad, Page 4



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## News



**R&B soul singer Hadar** Binyamin will perform.



Headlining the festival's entertainment will be the international music group, The Shuk.

## Music, Food and Entertainment Israel Street Festival this Sunday at Fairfax Corner.

By Bonnie Hobbs Centre View

he Fairfax Corner shopping center is the place to be this Sunday, May 19, from noon-5 p.m., when the Jewish Community Center of Northern Virginia holds its 2013 Israel Street Festival. Music, food, children's activities and a martialarts demonstration are among the highlights.

Since 2007, the Israel Street Festival has drawn more than 3,000 participants to create together an exciting program celebrating Israel's culture and history. Headlining this year's entertainment will be The Shuk, led by Yoni Avital. It's one of the leading, international music groups from Israel, having performed in more than 30 countries worldwide.

The Shuk connects people of all backgrounds to Israeli and Jewish culture via its diverse repertoire of traditional, contemporary, folk, sacred, Israeli, Jewish, Middle-Eastern and world music. Also performing will be Israeli-born R&B soul singer and songwriter, Hadar Binyamin, who draws her inspiration from singing greats Stevie Wonder, Etta James, and Alicia Keys.

features a demonstration of Krav Maga, the official self-defense system of the Israel Defense Forces

Shop the Shuk (Israeli-style marketplace). There'll also be a petting zoo, arts-and-crafts activities for children, Israeli dancing, local choirs and a teen band.

In addition, people will share stories of their favorite locations in Israel, and there'll be a display of Israeli T-shirts and the stories behind them. Kosher food will be sold by Max's Kosher Café. Both festival admission and parking are free.

"The Israel Street Festival offers the Jewish Community Center of Northern Virginia a tremendous opportunity to collaborate with area synagogues, agencies and organizations in bringing the flavors, sounds and culture of Israel to our region," said Laurie Albert, JCCNV community-engagement director. "It's important that we bring Israel's rich history, global contributions and significance front and center to build connections between Israel and our community."

A nonprofit social-service organization, the JCCNV offers programs, activities and services emphasizing Jewish culture, identity and values.

For more information about the festival, visit www.jccnv.org or call 703-323-0880.

Besides the entertainers, this year's festival also

#### School Notes

Email announcements to centreview@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome

Edison Russ, of Chantilly, graduated from Emory & Henry College.

Carolina Sosa, a sophomore at Westfield High School, was among 50 girls from 23 states and Puerto Rico to participate in the ANNpower Vital Voices Leadership program. The ANNpower Vital Voices Initiative is a partnership between ANN INC, parent company of Ann Taylor and LOFT, and Vital Voices.

The program empowers young women with leadership skills to affect global progress, invest in their communities and begin their journeys as the next generation of leaders.

The following local students recently were initiated into The Honor Society of Phi Kappa Phi: Scott Stangeby of Oak Hill, Yana Hubiarnatarava of Fairfax and Lindsay Blassic of Oak Hill.

Christopher Robinson of Chantilly was named to the dean's list at Syracuse University. He is part of the Falk College of Sport and Human Dynamics.

Jaclyn Lasky of Chantilly High School was honored by the Virginia/ Washington, D.C. affiliate of the National Center for Women in IT, for her efforts to learn computer science.

Adair Findley, of Centreville, graduated with a bachelor of arts degree from Flagler College.

Emily Morris, of Oak Hill, graduated cum laude with a bachelor of arts degree from Flagler College.

Nathaniel Schrader will be attending Stevenson University this fall after graduating from Westfield High School

Nathaniel plans to major in film, video and theatre.

Olivia D. Venus, of Fairfax, will receive a master of business administration degree with a major in executive management from Ashland University at the Spring Commencement ceremony on May

Kevin Murphy, of Fairfax, recently graduated from Champlain College. Murphy received a bachelor of science degree in computer forensics & digital investigation with a possible specialization and/or minor

Elizabeth Hellman graduated from Pennsylvania State University at University Park, Pa. with a bachelor of arts degree in public relations and minors in business and political science. She attended Chantilly High School and graduated in 2009

Emily J. Rosenthal, of Oak Hill, received the Search for Excellence award at Millersville University's Honors and Awards Convocation.

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#### Roundups

## Pathway to U.S. Citizenship

Information about becoming a U.S. citizen will be presented this Thursday, May 16, from 7-9 p.m., at the Centreville Regional Library.

Korean-language speakers will be there and all are welcome. Learn about the citizenship process from U.S. Citizenship and Immigration Services staff.

Sign up by e-mailing washington.communityrelations@dhs.gov. Topics will include the naturalization process and test, plus the rights and responsibilities of U.S. Citizenship. Childcare provided for children 4-12.

### Fundraiser for Mountain View

On Friday, May 17, the Barnes & Nobles in Fair Lakes will host a Book Fair to raise funds for the Mountain View High School Scholarship Foundation. From 5-9 p.m., families may enjoy face painting, storytelling, bookmark-making, musical performances and an art display.

A percentage of purchases made that day in the store or online from Saturday, May 18-Wednesday, May 22, will also benefit the foundation. Go to **bn.com/bookfairs** and enter Bookfair ID 11061660 at checkout. Barnes & Noble is at 12193 Fair Lakes Promenade Drive in Fairfax.

### Check Health at Rec Center

The Fairfax County Fire and Rescue Department is celebrating Emergency Medical Services (EMS) Week on Saturday, May 18, at the Cub Run Rec Center, 4630 Stonecroft Blvd. in Chantilly. Partnering with the Park Authority, EMS providers will be there from 10 a.m.-2 p.m. with apparatus displays plus educational materials on cardiac problems and strokes. They'll also do bloodpressure screenings and talk with residents.

### **Recycle During Electric Sunday**

Residents may recycle old TVs, computers, peripheral electronic devices – such as keyboards, speakers, printers and scanners, as well as household hazardous wastes – including fluorescent light bulbs and tubes, for free, during Fairfax County's "Electric Sunday" events. The next one is slated for Sunday, May 19, from 10 a.m.-3 p.m., at the I-66 Transfer Station, 4618 West Ox Road in Fairfax. For more information, call 703-324-5052.

## WFCCA Meeting May 21

The West Fairfax County Citizens Association (WFCCA) Land-Use Committee will meet Tuesday, May 21, at 7 p.m., in the Sully District Governmental Center, 4900 Stonecroft Blvd., in Chantilly. The panel will hear details of a proposal to permit construction of an overpass across Air and Space Museum Parkway to connect the secure campuses of Dulles Discovery North and South.

### Stringfellow Park-and-Ride

A public meeting is planned for Wednesday, May 22, at 7 p.m., in the cafeteria of Rocky Run Middle School, 4400 Stringfellow Road in Chantilly. The Fairfax County Department of Public Works and Environmental Services will present the conceptual floor plan, elevations and site plan for the proposed expansion of the Stringfellow Road park-and-ride lot. Also proposed is a transitcenter kiosk.

## Sully District Council Meeting

The Sully District Council of Citizens Associations and its Land-Use Committee will meet Wednesday, May 22, at 7 p.m., in the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly. Call Jeff Parnes, evenings, at 703-904-0131.

The panel will receive a Richmond report from some of the state senators and delegates representing the Sully District there. And they'll learn about a proposed amendment that would allow the childcare center at Inova Fair Oaks Hospital to also be used SEE ROUNDUP. PAGE 11

www.ConnectionNewspapers.com

# News

# Telford Receives Spirit Award

## Fair Lakes resident honored at Race for Hope.

By Bonnie Hobbs Centre View

he annual Race for Hope in Washington, D.C., raises money for brain-tumor research and, for 10 years now, the Rabbi Joseph P. Weinberg Triumph of Spirit Award has been given at that event to a deserving recipient.

This year, the award was presented May 5 at the race's starting line to Fair Lakes resident BethAnn Telford. Although battling brain cancer, herself, she created her own fundraising organization, Team BT, which has raised hundreds of thousands of dollars for the National Brain Tumor Society and Accelerate Brain Cancer Cure.

Telford was diagnosed with an inoperable brain tumor in 2005, but she didn't let that stop her from becoming a marathon runner, tri-athlete and Ironman competitor. She still races to raise awareness and funds for brain-cancer research. Her participation in the 2012 Race for Hope-DC raised \$105,000.

Weinberg was the senior rabbi at the Washington Hebrew Congregation, but died of a brain tumor in 1999. He often said, "In life, we cannot always control certain events that we are faced with. But how we face such circumstances, how we choose to live our lives — that is in our control; that is the triumph of the spirit."

At the beginning of the May 5 event, Weinberg's wife, Marcia, and their grandchildren presented the award to Telford, saying, "Your actions, BethAnn, the way you are living your life despite a very rocky road, make you a hero in the eyes of so many admirers."

"Overcoming obstacles that many cannot even imagine makes you the perfect "Triumph of the Spirit" recipient," she continued. "Thank you for allowing

n's Best Music Mix

BethAnn Telford (right) with her mother, Susanne, at the Race for Hope.

us to honor you, BethAnn. Although in reality, we are the ones who are honored by knowing you."

Accepting the award, Telford held it up high and waved it at the crowd. "This isn't about BethAnn Telford," she said. "This is for you — for those that are out there fighting. We appreciate everything you do throughout the year to raise money. And I share this award with each and every one of you."

# Board OKs Boundary Changes

Split-feeder assignments eliminated at two schools.

he Fairfax County School Board voted last Thursday night, May 9, to approve adjustments to school attendance areas in an effort to alleviate overcrowding at Fairfax High and Lanier Middle School.

The boundary changes will be phased in, beginning in the 2014-15 school year, with an option for families to move their rising seventh-grade students and rising freshmen to their newly assigned schools in fall 2013, with transportation provided. Rising eighth-grade students, juniors and seniors would be allowed to remain at their current schools in fall 2014.

"We tried to accommodate as many of the concerns aired by parents and citizens who participated in the community-engagement process, as possible," said School Board Chairman Ilryong Moon. "The School Board was faced with the challenge of reducing enrollment at two facilities maintained by the City of Fairfax, and we made every effort to avoid split feeders whenever possible in order to accomplish this task." The approved boundary changes move students in the Greenbriar West Elementary attendance area east of Stringfellow Road from Lanier Middle and Fairfax High to Rocky Run Middle and Chantilly High, eliminating the current splitfeeder assignment for Greenbriar West. The board also approved an amendment reassigning the Penderbrook and Fairfax Farms areas of the Waples Mill Elementary attendance area from Lanier Middle to Franklin Middle starting with school year 2013-14.

These students will also shift from Fairfax High to Oakton High in 2014-15, thereby eliminating a split-feeder assignment for Waples Mill Elementary.

Approximately 540 students from Fairfax High and 245 students from Lanier Middle will be reassigned by the school year 2017-18 to relieve overcrowding at these schools. Students living in the City of Fairfax aren't impacted by the boundary changes.

## News

# Bomb Squad at Work

From Page 1

The squad also deals with the disposal of ammunition, explosives and ordnance. "We get rid of old bullets, weapons and, sometimes, an old grenade found in an attic," said Cooke. "We get a lot of military ordnance; we even had to get rid of a live, Civil War cannonball."

In addition, the squad helps the Criminal Investigations Bureau and Fire Marshal's Office with investigations, upon request. It's often called upon to assist in cases involving explosives such as bottle bombs. "We don't do the investigations," said Cooke. "We just provide the expertise."

Sometimes, the officers are confronted with homemade explosives made in a laboratory in a resident's home. In one instance, the bomb squad encountered nearly 3,000 pounds of fireworks in a Centreville home. (See sidebar).

Furthermore, said Cooke, "We get loaned to other jurisdictions because we're part of the National Capital Region Bomb Squad. We're one of the only full-time bomb squads in Virginia. We do K-9 sweeps and searches, and we've done operations in Washington, D.C., for the State of the Union. And for training others, we go all over the country; we teach citizens, government entities and other agencies and departments."

The county's police department has command responsibility in all bomb threats and incidents where there is no explosion. "If an explosion occurs, command shifts to the fire department," said Cooke. "The fire marshal investigates the post-blast scene."

The bomb squad currently has four, explosive-detection K-9s or "bomb dogs." Training them takes about 16 weeks. "They're trained to recognize over 19,000 different explosive odors," said Cooke. "They're food-driven and get food as a re-



Mikah Schultz, 4, (front) and another boy pet K-9 Moose.

ward for work. They're fed twice a day, and my dog's trained to only eat his food from my hand."

He said it takes six weeks to "imprint" a dog about explosives. "They learn the scents," said Cooke. "Once a dog finds the problem, we're already there to take care of it. It takes 10 weeks for us to learn to read the dogs, and they're recertified every year to make sure we can always find what we want to find."

"Bomb dogs are a search tool — only used to search areas for an unknown or unspecified threat," he continued. "The ATF [Bureau of Alcohol, Tobacco and Firearms] gave us the dogs, but we work for them for five years at, for example, Super Bowls and political conventions. And we never jeopardize the dog's safety, such as by putting him near a suspicious package. We have robots for that."

## Responding to Explosive Situation

By Bonnie Hobbs Centre View

he Centreville homeowner had been making homemade fire works for several years. But when a July 15, 2007 explosion blew a hole in his roof — and the resulting fire caused \$200,000 damage to his house – his hobby came to the attention of Fairfax County fire officials.

When the smoke cleared, they seized some 3,000 pounds of explosives from his home and charged him with the manufacture, possession and use of explosive materials or devices. In court eight months later, he received a fine and a suspended jail sentence and was ordered to perform community service and pay nearly \$95,000 restitution to the fire department.

The explosion and fire occurred on a quiet, Sunday afternoon. The middleaged man was working in his garage grinding metal on a grinding wheel when a spark flew up and touched off a nearby box of explosive products.

"He was making a mortar stand — with the mortars behind him," said MPO Bryan Cooke of the county police department's bomb squad. "The spark ignited them and burned the garage up to the second story."

"His son, 8, who was upstairs, jumped out of a window," continued Cooke. "Meanwhile, the dad tried to put out the fire with a hose. Then he started hiding fireworks in a neighbor's garage and on his property."

Responding firefighters initially attacked the flames from inside the house. But once they learned of the explosives in the home, they had to mount an exterior attack with water streams from the ladder truck and hand-held lines off the

s other trucks.

Because they had to battle the blaze that way, it took some three hours to bring it under control and specialty units were called in to assist. Besides Stations 17 from Centreville and 40 from Fairfax, fire and rescue personnel also came from the Chantilly, Fair Oaks and Fairview stations.

Altogether, almost 90 people responded from nine, different engine companies, bringing with them two fire trucks, three EMS (emergency medical services) units, the HAZMAT response team and representatives from the Fire Marshal's Office.

**AND WHEN EXPLOSIVE MATERI-ALS** were discovered, the Bureau of Alcohol, Tobacco and Firearms — plus the county Police Department's Explosive Ordnance Team — also joined in.

In addition, the possibility of further explosions forced several nearby houses to be evacuated. The families were kept away the next day, too, while county and federal bomb experts removed more explosives from the home.

Cooke said the man was a chemical engineer in a fireworks club and it was his year to put on a show. He'd collected all the chemicals and fireworks for it over four years. But, said the officer, "We seized it all and no one got hurt, so it was a good outcome."

Interestingly enough, added Cooke, "The next day, he was supposed to start a job as an FBI contractor. I don't know whether he ever did, but he had to pay for all the damage to his house, himself. In court, his charge was dropped from a felony to a misdemeanor, but he paid for the cleanup operations and had to come to HAZMAT meetings and teach us how to make fireworks."

# Students Enjoy Day Prom at The Waterford

#### From Page 1

Juwaan, so I was happy about it."

Since then, the two teens have had lunch together, every other day, and Wallace visits Espinal during third period when he has free library time. And when they're not in school, said Wallace, "We hang out. We also text a lot, go bowling, get ice cream and go to the mall. It's a blast. It's nice to lend a helping hand, and I know that every little bit I do makes his day better. I'm glad he likes me."

As for the prom, Wallace said, "I think lots of parents wouldn't be comfortable sending their kids [with special needs] to the regular prom. So this is a good way to give them high-school prom experience."

Centreville juniors Stephen Kettell and Elin Woolf were also there together. As Best Buddies, they also enjoy bowling and going to movies. "We went to the special-ed, Valentine's Day Dance, too," said Woolf. "And last Friday [May 3], was his birthday



Stephen Kettell (left) and Elin Woolf enjoy the Day Prom together. Both attend Centreville High.

#### so we went to Guapo's."

Both were having fun at the prom. "Stephen doesn't like dancing, but he's staying out there on the dance floor with everyone and having a good time," said Woolf. "He has a lot of friends in Best Buddies and they danced with him, too. This is something I hope they'll remember forever."

Enjoying pizza with their friends at a big,

round table were Best Buddies Sneha Athrea and Sarah Hudson, also Centreville juniors. Hudson said they go bowling "a lot," play basketball together and recently saw the movie, "Here Comes the Boom." Like the others, she, too, is happy being a Best Buddy.

"It's like a different take on friendship," said Hudson. "You learn about other people better and also learn patience and understanding. A lot of the special-needs kids wouldn't feel comfortable going to the general-ed prom. So this is a time for them to just come and have fun, without a lot of pressure."

Some 75 students — both general ed and special ed — are in Centreville High's Best Buddies program. Special-ed teacher and Best Buddies advisor Vicki Hudson said there are always more general-ed students signing up for Best Buddies than she has special-ed students with whom to partner them.

"It's a fun, interesting program and the

kids are excited about participating," she said. "And it's popular in the school because the kids talk to their friends about how much fun it is."

Hudson called the Day Prom an opportunity for the students with special needs "to go to the prom like any other kids. The only difference is that this is during the day and it's free. It's all done through donations."

For example, Life Touch donated its services by taking professional photographs of the promgoers, and Target contributed cakes and developed the photos. Money from the Centreville and Lake Braddock Seconday PTAs purchased the pizzas, and other schools involved in Best Buddies contributed refreshments, the deejay, decorations, etc. And The Waterford hosted the event at a reduced rate.

"All you have to do is look at the kids to know this is worthwhile," said Hudson. "They're out there having a ball. The theme every year is, 'A Day to Remember,' and for these kids, it really is."

4 ♦ Centre View North ♦ May 16-22, 2013

## News

# A Race, Picnic, Music and Fun

## Clifton Caboose Twilight 5K is May 18.

#### By Bonnie Hobbs Centre View

R unners don't have to get up early to compete in the Town of Clifton's annual 5K race. They can sleep in, enjoy their afternoon and then head to town for the 15<sup>th</sup> annual Clifton Caboose Twilight Run.

It's Saturday, May 18, with the 1-mile fun run/walk starting at 6 p.m., and the 5K, at 6:30 p.m. It'll happen rain or shine; and in this

event, not only the winners receive prizes, but the last-place, or caboose, finisher also gets an award.

The course begins near the triangle intersection of Clifton and Newman Roads and Main Street and is popular with participants because of its scenic, country atmosphere. The route goes straight out Newman Road and back again; it's somewhat hilly and fairly challenging.

Last year's event attracted 581participants — 107 in the 1-mile and 474 in the 5K — and race Chairman Gary Anderson expects at least that amount this



Runners take off from the starting line of a previous Clifton Caboose 5K Twilight Run.

> time. And that includes students, ages 8-10, in the running programs of Fairview and Willow Springs elementary schools, who'll be in the 5K.

> Registration is at www.signmeup.com/89591. Entry fees are \$21 for the 5K and \$15 for the 1-mile; but they increase to \$24 and \$18, respectively, after May 15. Race-day registration is from 4-5:30 p.m. at the barn at 7139 Main St.

> Packet pick-up (cash/check only) is Friday, May 17, from 5-7 p.m., at the barn, or on race day, just prior to the event.



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# **OPINION** Vote in Spite of Election Fatigue

## Primary voting, absentee voting, Republican convention.

bsentee voting, including "in-person" absentee voting, is already underway for the June 11 primary, a statewide Democratic party primary for lieutenant governor and attorney general, plus one delegate race in Northern Virginia.

Voters in the Democratic primary will choose between Ralph S. Northam and Aneesh Chopra for lieutenant governor; and between Mark R. Herring and Justin even E. Fairfax for attorney general.

Because voters do not register by party in Virginia, any voter can vote in the Democratic primary, but cannot vote in a Democratic and Republican primary on the same day.

The Republican party will nominate their candidates for statewide office in a convention to be held on May 17-18 in Richmond. Delegates to the convention were elected by locality in March and April.

# PUT Riders Return Home

he annual Police Unity Tour bike ride was May 10-12, from Richmond to Charlottesville, Warrenton and Centreville and on to the National Law Enforcement Officers Memorial in Washington, D.C. It raised money and awareness for the Memorial fund and National Law Enforcement Museum honoring federal, state and local law enforcement officers who've died in the line of duty.

Prior to returning home Sunday, PUT rider Kevin Whalen of Centreville explained why the participants were willing to go through the grueling training, fundraising and 230-mile ride that included Mother's Day.

"We are missing our Mother's Day for a special reason and purpose," he said. "We trained and biked on our own, personal time and away from our mothers and families. It's tough for us, but we're doing this for the mothers who lost their sons and daughters and husbands in the line of duty."

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Each locality is entitled to one Republican convention delegate vote per 250 Republican votes for governor and president at their last election, so that Fairfax County is entitled to 1,392 delegate votes; Arlington County is entitled to 215 delegate votes; Alexandria City is entitled to 133 delegate votes; the City of Fairfax is entitled to 32 Delegate Votes; Falls Church City is entitled to 14 delegate votes. Localities choose up to five times the number of delegates as votes, plus an equal number of alternates.

The polls will be open from 6 a.m. to 7 p.m. on June 11.

Absentee voting allows qualified voters to participate in upcoming elections even though they may not be able to go to the

polls on Election Day. Absentee voting in person began on April 26.

Most people in Northern Virginia qualify to vote absentee under this provision, although there are many others:

"Any person who, in the regular and orderly course of his business, profession, or occupation, will be at his place of work and commuting to and from his home to his place of work for 11 or more hours of the 13 that the polls are open (6 a.m. to 7 p.m.)."

In Fairfax County, in-person absentee voting is ongoing through June 8 at the Fairfax County Government Center, 12000 Government Center Parkway, Suite 323, Fairfax, VA 22035

Hours: Monday, Tuesday, Wednesday, and Friday: 8 a.m.-4:30 p.m.; Thursday: 8 a.m.-7 p.m.; Saturdays (June 1 and June 8): 9 a.m.-5 p.m. Closed Monday, May 27, for Memorial Day.

You can also vote absentee by mail. The deadline to request a mailed ballot is June 4, by 5 p.m.

Absentee ballots must be returned by 7 p.m. on Election Day June 11.

Here are some good sources for information on upcoming elections:

Virginia State Board of Elections, http:// www.sbe.virginia.gov/,

Virginia Public Access Project, http:// www.vpap.org/candidates?display=state,

Fairfax County Board of Elections, http://www.fairfaxcounty.gov/elections/ecalendar.htm.

#### — Mary Кімм,

MKIMM@CONNECTIONNEWSPAPERS.COM



Centreville's Kevin Whalen (in red helmet) helps lead Fairfax County's Police Unity Tour contingent up Route 29, Sunday morning, toward the end of their 230-mile ride.

"It's special," continued Whalen. "We do not take it for granted that we have not died in the line of duty. Think again of the families of our fallen officers. Thank your local officers for their service."

— Bonnie Hobbs



Fairfax County's Police Unity Tour bicyclists pedal up Route 29 on Sunday morning, en route to lunch and the ride's completion in Washington, D.C.



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A Connection Newspaper



## Schools



From left are Bob Kessler, Chantilly High scholarship winner Mallory Shipe and Doug Wright.



From left are Bob Kessler, Westfield High scholarship winner Khanh Vo and Westfield Principal Tim Thomas.

# STEM Scholarships Presented

ystems Furniture Gallery sponsored the education awards given during the Saturday, May 4, Chantilly Day celebration. Owner Bob Kessler presented three, \$1,000 STEM scholarships (science, technology, engineering and math) to local, graduating seniors.

From left are Bob Kessler, Chantilly Academy Administrator Doug Wright, academy scholarship winner Enya Kent and Joan Ozdogan, the academy's career experience specialist.





Chantilly Governor's STEM Academy students received the Gold President's Volunteer Service Award,

## Students To Receive Presidential Recognition

Twenty-six high school students in their senior year enrolled in Chantilly Academy's Cosmetology program have been awarded the Gold Volunteer Service Award by the President of the United States. The cosmetology students collectively accumulated 1,026 volunteer service hours over a 12-month period of time. The students volunteered their time with three organizations: Head Start program for economically disadvantaged preschool children, SkillsUSA and Capital Caring Hospice.

The President's Council on Service and Civic Participation was established in 2003 to recognize

the contributions volunteers make in the communities and encourage more people to serve. The council created the President's Volunteer Service Award program as a way to thank and honor Americans who, by their demonstrated commitment and example, inspire others to engage in volunteer service. The program continues as an initiative of the Corporation for National and Community Service.

The cosmetology students will receive a gold official lapel pin, personalized certificate of achievement, and a congratulatory letter from the president.



## **Pioneer Children's Center**





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Contact us at info@nvsrd.com

## Entertainment

Email announcements to centreview@ connectionnewspapers.com. Photos welcome.

#### **THURSDAY/MAY 16**

- Clifton Charity Homes Tour. 9:30 a.m.-3:30 p.m. in historic Clifton. \$25/advance; \$30/day of tour; \$10/ single home admission. Visit www.cliftoncwc.org for ticket information. Proceeds benefit the Charitable Trust
- **Marketplace and Silent Auction** Fundraiser. The Clifton Community Woman's Club will host a fundraiser at Paradise Spring Winery in conjunction with the homes tour. Wine Down and silent auction from 3-6 p.m. at the winery. Free. Visit www.cliftoncwc.org.
- **Guys Read.** 7:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Boys in grades 5 and 6 can participate. Call for title. Free. Registration required. 703-502-3883.

#### FRIDAY/MAY 17

- Storytime. 1:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 3-5 can enjoy stories and more. Free. Registration required. 703-502-3883.
- Show Choir Spring Concert. 7 p.m. at Grace Covenant Church, 4600 Brookfield Corporate Drive. \$5/ person. Chantilly High School's choirs will perform.
- Book Fair. 5-9 p.m. at Barnes & Noble Fair Lakes, 12193 Fair Lakes Promenade Drive, Fairfax. Families can enjoy face painting, stories, art display and more. Proceeds benefit Mountain View High School Scholarship Foundation.

SATURDAY/MAY 18 Touch a Truck Day. 1-4 p.m. at

- Chantilly Library. Children can climb, explore and learn about different public service vehicles. Bring a blanket and a picnic lunch while
- enjoying music from Mr. Skip and the Chantilly High School Jazz Band. Free. Spring Carnival. 11 a.m.-5 p.m. at St. Andrew the Apostle, 6720 Union Mill Road. Enjoy a magic show, clown on-
- site, reptiles, face painting, silent auction, games and more. Bravo for Spanish. 10:30 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children ages 3-6 can enjoy music, movement, stories and more. Free. Registration required. 703-830-2223.
- Master Gardeners. 10:30 a.m. at Chantilly Library, 4000 Stringfellow Road. Adults can get tips, information and advice on their home gardens. Free. 703-502-3883.
- 5K for Foster Care Kids. 8:30 a.m., at Lake Accotink Park, 5660 Heming Ave., Springfield. Bring a team of friends or join a Fairfax Families4Kids team and enjoy the spring weather and company of youth. The race proceeds benefit foster care: those who do not want to run can sponsor a child at www.fairfaxyouth.org/ attend.xml?event=1010. Visit www.fairfaxyouth.org/events.xml.

#### SUNDAY/MAY 19

Auditions. 6 p.m. at the Metropolitan Fine Arts Center, 9015 Silverbrook Road, Fairfax Station. Teens age 14-19 can audition for "Fame - the Musical." Visit metro-theatre.org for details.

Israel Street Festival. Noon-5 p.m. at

Fairfax Corner, 4100 Monument Drive. The Shuk headlines the festival. Enjoy exhibits, demonstrations, a Israel-style marketplace and more. Food for purchase. Free. Visit www.jccnv.org or 703-323-0880.

- Bird Watching Club. 3-4 p.m. at E.C. Lawrence Park, 5040 Walney Road, Chantilly. Children ages 5-11 can search for birds that inhabit the park \$5/person. Dress for weather. Registration required, 703-631-0013.
- **Tree Search.** 5 p.m. at E.C. Lawrence Park, 5040 Walney Road. Adults can find the biggest, oldest and rarest trees in the forest. \$6/Fairfax County resident; \$8/out-of-county visitors. Registration required, 703-222-4664.

#### **MONDAY/MAY 20**

- Auditions. 7 p.m. at Lorton Arts Center, W-3 Theatre, 9601 Ox Road, Lorton. Teens age 14-19 can audition for "Fame - the Musical." Visit metrotheatre.org for details.
- Storytime. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 3-5 can enjoy stories and more. Free. Registration required. 703-502-3883.
- Time for Tots. 11 a.m. at Centreville Library, 14200 St. Germain Drive. Children ages2-3 can enjoy stories and activities. Free. 703-830-2223
- Sully Book Club. 1 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults can discuss "The Book Thief' by Marcus Zusak. Free. 703-830-2223
- Book Buddies. 2:30 p.m. or 3:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. First and second graders can enjoy a book discussion. Call for title. Free. Registration required. 703-502-3883.
- Writers of Chantilly. 6:45 p.m. at



Runners at last year's Fairfax Families4kids 5K to benefit foster care children. This year the 5K will be at Lake Accotink Park, 5660 Heming Ave., Springfield, from 8:30 a.m.-1 p.m. on Saturday, May 18.

- Chantilly Regional Library, 4000 Stringfellow Road. Adults can share their work and receive feedback. Free. 703-502-3883.
- ESL Book Club. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Ask for title. 703-830-2223.

#### **TUESDAY/MAY 21**

- Small Wonders. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.
- Bouncin' Babies. 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.
- Storytime. 1:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 3-5 can enjoy stories and more. Free. Registration required. 703-502-3883

- Regional Library, 4000 Stringfellow Road. All ages can enjoy music, movement and fun. Free. Registration required. 703-502-3883.
- a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 2 can enjoy stories and activities. Free. Registration required. 703-502-3883.
- Bouncin' Babies. 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.
- Small Wonders. 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

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See Calendar, Page 16



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8 & Centre View North & May 16-22, 2013

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www.ConnectionNewspapers.com

Tuesday Tales. 7 p.m. at Chantilly WEDNESDAY/MAY 22 Toddlin' Twos. 10:30 a.m. and 11:30

# Schools Students Share Perspective on Author's Visits

### "Keep on reading."

By Christine Wang, Yurie Hong and Katie Boller Rocky Run Middle School

ednesday, April 17: The students of Rocky Run Middle School were given the op portunity to meet a wellknown author, Priscilla Cummings. She has written several picture books, as well as many young adult novels, including "Red Kayak."

Cummings gave an informational presentation on her journey to become a writer and the sources of her inspirations. Later, students had the opportunity to interact with her in a personal and direct way.

One question she answered was how she became a published author. Smiling, Cummings began to explain how she grew up in a dairy farm and how that became one of her sources of inspiration. Although she always enjoyed writing as a child, she never thought that she would become a successful writer. However, after she volunteered in her school newspapers and newsletters, she was offered a job as a journalist for a local paper.

For 10 years, she worked as a journalist, writing all kinds of articles, from kidnapping cases to political debates. But the respected author found her real passion when she published her first book, "Chadwick the Crab."

After great but unexpected success, she quit her job and devoted all her time to writing picture books and novels.

To Cummings, reading is essential to writ-



Rocky Run Middle School students listen to author Priscilla Cummings.

ing. When asked whether or not she draws inspiration from other books she read, she answered with a firm "Absolutely." She reads the books she especially enjoys twice once to read the book, and the second time to look into the book more closely. For her, reading other books is an escape from her current work and a great source of inspiration. Whenever Cummings is experiencing writer's block, she takes a break for a few days to read. Despite the hundreds of books she has read, her favorite has always been "Charlotte's Web." This is one of only two books she has kept since her childhood. Finally, Cummings concluded by elaborating on the writing process of a book. For her, "Inspiration comes from every day life." For example, "Red Kayak" was a product of a tragedy she read in the papers, some figments of her imagination, as well as traits taken from the people and things around her. She also emphasized the difficulty and enjoyment that comes with her research. Trying to form a realistic and factual image in a book requires extensive research, which has taken her into a hospital's burn unit, a Juvenile Delinquent Center and several Courthouses.



Priscilla Cummings visits Rocky Run Middle School.

Although it seems dull to many, the revision process is one of Cumming's favorite parts of being an author. The writing process is long but rewarding, taking her an average of two years to finish a book.

Being able to meet with Priscilla Cummings, an esteemed author of both picture books and novels, was a true privilege for the students of Rocky Run. She showed the interested students the wonders of reading and writing, as well as specific responsibilities and task that come with being an author.

Having the chance to talk with Cummings was a great honor, as she shared many tips and advices for the future. As Priscilla Cummings wrote on the books she was asked to autograph, "Keep on Reading."

# Lessons for Writers

By Nicole Palmer and Charlie Flynn Rocky Run Middle School

School were in for a treat earlier this month. After reading the book "Red Kayak," they were visited by the award-winning author, Priscilla Cummings.

Growing up on a Massachusetts dairy farm, Cummings had a lot of inspiration to write. She tells students to find ideas for stories from everyday life, "just by looking around you." After graduating the University of New Hampshire and moving to Annapolis, Maryland, Cummings decided to write stories about the magnificent Chesapeake Bay. Her children's stories became popular as soon as they hit the shelves. Her most well-known kids' books are the "Chadwick the Crab" series, but she has written many other books, such as "Toulouse: The Story of a Canada Goose," and "Beddy Bye in the Bay." "I've had a lot of amazing experiences

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while researching for my books," answered Cummings when asked about the research she's done. She finds it very helpful to do hands-on research and find personal connections before writing a story. She visited a juvenile detention center, learned how to drive a tractor-trailer, and walked a path from Maryland to Virginia just to research for her book "The Journey Back." She has also gone to burn units in hospitals, a school for the blind, and learned how to hunt geese. These experiences make her writing more authentic and make her stand out as an author.

One of the main reason Cummings visited Rocky Run was to talk about her book "Red Kayak." The book is about a boy and his two friends who witness a deadly accident. The boys feel responsible for it because they could have prevented it from happening. The boys end up in court to find that they might have to face jail-time. This has undoubtedly become Cummings' most popular book, as well as its companion book, "The Journey Back." Cummings plans



Rocky Run Middle School students with Priscilla Cummings after interviewing her.

to publish a second companion book. She couldn't tell us much, but we do know that the main character will be a girl.

As two students interested in journalism, we decided to ask her for advice for upcoming journalists and authors. She told us to always keep our eyes open, because a good author can find inspiration in anything. She also explained that the five senses can help you explore your surroundings, but most importantly, always be reading. "There's a little bit of the author in every book," Cummings said, "and that little bit is important."



## **OPEN HOUSES** SATURDAY/SUNDAY, MAY 18 & 19

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click on the "This Week in Real Estate" link. **Call Specific Agents to Confirm Dates & Times** 

#### Centreville

	LEIIILLEVIILE							
	13617 Northbourne Dr\$649,900Si	un 1-4	Julie Young	.Samson Props703-380-2200				
	13965 Water Pond Ct\$359,900Si	un 1-4	Dan Mleziva					
	14764 Green Park Way\$289,900S	at 1-4	Cathy Lanni	Long & Foster 703-615-4237				
	Chantilly							
	42344 Astors Beachwood \$790,000 \$			Weichert703-447-1662				
	Clifton							
	7500 Weymouth Hill Rd \$1,165,000Su	n <b>12-3</b>	Sharon Mills	RE/MAX703-296-1676				
	7242 Archlaw Dr\$1,075,000Si	un 2-4	Pat Fales	RE/MAX703-503-4365				
	12395 Henderson Rd\$900,000Si	un 2-4	Monica Sims	RE/MAX703-642-3380				
	6922 Clifton RdSi	un 2-5	Nancy Basham	Long & Foster 703-772-2066				
	Fairfax							
	6119 Queens Brigade Ct\$622,500Si	un 2-4	Carrie Shokraei	RE/MAX703-297-2109				
	3737 Mazewood Ln\$374,900Si	un 1-4	Debi Anderson	Samson Props703-585-6164				
	13233 Custom House Ct\$355,000Si	un 1-4	Bryan Henry	Samson Props. 703-786-2376				
	Fai	rfax \$	Station					
	7904 Oakshire Ln\$1,795,000Si	un 2-4	Pat Fales	RE/MAX 703-503-4365				
	5735 Daingerfield Way\$1,495,000Si	un 1-4	Jeffrey McGlothlin	McEnearney703-286-1289				
	6207 Halley Commons Ct\$1,199,000S	at 1-4	Helen Grozbean	Keller Williams571-233-4287				
	10109 Homar Pond Dr\$925,000Si							
	11501 Lilting Ln\$849,000Si	un 2-4	Pat Fales	RE/MAX703-503-4365				
	7612 Rustle Ridge Ct\$839,950Si	un 1-4 Ka	athleen Quintarelli	Weichert703-862-8808				
	10611 Daysailor Dr\$839,750Si							
	6328 Barsky Ct\$795,000Si	un 1-4	Nina Bonan	Top Pro301-762-4989				
1	Гистор			-				

#### Franconia/Kingstowne

5577 La Vista Dr	\$888,888	Sun 1-4	Michael Lee.	.TTR Sothebys Int'l703-319-3344
5706 Glenwood Ct	\$824,900	Sun 1-4	Kathryn Graves.	Weichert703-760-8880
5638 Tower Hill Cir	\$817,500	Sun 1-4To	m & Cindy & Assoc.	Long & Foster 703-822-0207
5990 Manorview Way	\$724,900	Sun 1-4	Cindy Clemmer.	McEnearney 703-286-1180
5550 Dunsmore Rd	\$579,950	Sun 1-4To	m & Cindy & Assoc.	Long & Foster 703-822-0207
8011 Old Parsonage Ct	\$539,950	Sun 1-4To	m & Cindy & Assoc.	Long & Foster 703-822-0207
5961 Norham Dr	\$529,950	Sun 1-4To	m & Cindy & Assoc.	Long & Foster 703-822-0207
6153 Summer Park Ln	\$519,950	Sun 1-4To	m & Cindy & Assoc.	Long & Foster 703-822-0207
6546 Parish Glebe I n	\$495.000	Sun 1-4	Susan Maher.	Long & Foster. 703-408-5158

#### Lorton

8755 Bitterroot Ct	\$839,900.	Sun 1-4	Jinny Kim.	Fairfax703-766-2710
8978 Birch Bay Cir	\$765,000.	Sun 1-4	Pattie Mancini.	Avery-Hess703-451-9797
6616 Winstead Manor Ct	\$759,950.	Sun 1-4	Tom & Cindy & Assoc.	Long & Foster 703-822-0207
8949 Cross Chase	\$719,500.	Sun 1-4	Mahala Hart.	Weichert703-691-0555
9032 Harrover Pl	\$659,900.	Sun 1-4	Barb White Adkins.	RE/MAX703-609-8950
8970 Fascination Ct #210	\$347,905.	.Sat 11:30-3:3	30Shawn Evans .	Long & Foster703-790-1990
8960 Fascination Ct #316	\$339,990.	Sun 12-3	Shawn Evans .	Long & Foster 703-790-1990
8970 Fascination Ct #111	\$283,115.	Sat 11-3	Shawn Evans	Long & Foster703-790-1990

#### Springfield

6-2424
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1-5555
9-7629

To add your Realtor-represented Open House to these weekly listings, please call Karen Washburn at 703-778-9422 or E-mail the info to: kwashburn@connectionnewspapers.com All listings due by Tuesday at 3 P.M.

10 & Centre View North & May 16-22, 2013

# Education Learning Fun



**Marymount University** counseling students Maya Georgieva, of Alexandria, and Sandi **Boyles, of Centreville,** pack a box for female soldiers.

Photo courtesy of MARYMOUNT UNIVERSITY

# **Teaching Healing** Through Altruism

Marymount students learn counseling technique by helping U.S. troops.

> By Marilyn Campbell CENTRE VIEW

> > that if a person goes

help others it can be

outside of themselves to

therapeutic experience,

especially for those who

have depression or other

mental health challenges."

- Lisa Jackson-Cherry, Ph.D.,

**Marymount University** 



Graduate students in the Pastoral Counseling program at Marymount University in Arlington assembled care packages for U.S. troops as part of a

community service requirement. One of the project's goals was to teach the future therapists how altruism can have long-term mental health benefits.

"The research has shown that if a person goes outside of themselves to help others it can be a therapeutic experience, especially for those who have depression or other mental health challenges," said Lisa Jackson-Cherry, Ph.D., chair of the Department of Counseling and founder of the Pastoral Counseling program. "We want students to experience what a client would experience."

Students are required to perform 30 hours of com- could have been there to see how their acts of kind-11 students formulated, planned and implemented have thought of." the task. "I think everyone thought of the assignment as not just a project we had to complete, but a chance to actually, in some small way, let men and women in the military know that people here at home do appreciate their service and sacrifice," said Annandale resident Nina Angeles.

The students collected an array of items like games,

magazines, books and DVDs. They gathered nearly enough items to fill their classroom and exceeded their professor's expectations. "I was expecting five or six boxes, but it became more than what the entire university could have put together," said Jackson-Cherry. "We had almost a roomful of supplies. The students solicited from their churches and from family members across the country."

Pastoral counseling students learn to incorporate spirituality into their work with clients. They wrote personal letters to the troops and included information on stress relief practices like meditation and breathing exercises. "We could not help but feel for the brave men and women who ... face stressful and sometimes traumatic situations away from home," said doctoral student Maya Georgieva of Alexandria. "... It was essential that we send notes of encouragement and support."

"The research has shown

Jackson-Cherry said the most powerful learning experience came when she delivered the boxes to a VFW Post in Maryland: the feeling that comes from seeing the impact benevolence has on others. "The place was packed for lunch, and I was planning to slip in the back door and drop off the boxes," she said. "There were veterans there from World War II and Vietnam ... they became teary-eyed as they were telling me stories of how the acts of strangers had impacted them when they were serving overseas. It was quite touching. I wish the students

munity service as part of their program. The class of ness touched so many more people than they would

The students did get an opportunity to experience gratitude first-hand, however, when the military unit that received their supplies wrote a thank you note to the class. "The unit was overwhelmed by the generosity and the kindness of strangers, especially because they were away from their families," said Jackson-Cherry.

## News

# **Animal Shelter Seeks Foster Parents**

athleen Cornell, Foster Care coordinator, wants to expand the Fairfax County Animal Shelter's foster program. So a foster information session is slated for Tuesday, May 21, at 7 p.m., at the shelter, 4500 West Ox Road in Fairfax.

"Historically, [it's] focused on finding foster homes for kittens and puppies until they're old enough to be adopted," said Cornell. "We now want to find more homes where adult dogs and cats, as well as rabbits and other small animals, can benefit from a home environment."

The shelter's also recruiting potential foster parents for adult dogs with special medical needs, puppies and orphaned kittens, plus dogs and cats need-

#### Roundups

From Page 3 by members of the community.

## Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, May 23, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary.

But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

However, because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

## Food Donations For WFCM

Western Fairfax Christian Ministries' food pantry urgently needs donations of spaghetti sauce, canned fruit, rice (2-lb. bags), canned pasta, peanut butter, canned tuna and meat, hot and cold cereal, fruit juice, and pancake mix and syrup. Bring all items to WFCM'S new food-pantry location at 13888 Metrotech Drive, near Papa John's Pizza and Kumon Learning Center, in Chantilly's Sully Place Shopping Center.

## Meals on Wheels Volunteers

Fairfax County needs Meals on Wheels drivers in Chantilly and group Meals on Wheels coordinators or go to www.fairfaxfoundation.org.

#### **BUSINESS NOTES**

NJVC, an information technology solutions provider headquartered in Northern Virginia, announces management-level promotions: John Herweh, SPHR, senior vice president, human resources, and Adriel Cardona, director, security.

As SVP, Herweh is responsible for irecting and further developing company training, employee relations, talent acquisition and management, compensation and benefits, and security. He serves as a member of the NJVC leadership team, and reports directly to NJVC President Jody Tedesco.

Herweh joined NJVC in 2011 as VP, human resources. Prior to NJVC, he led associate relations at Perdue Farms' 1,300-person Milford, Del., processing plant.

At Perdue Farms, Herweh spearheaded employee relations, including conflict resolution, turnover reduction labor law issues and special tactic projects, such as philanthropy. Earlier, he was manager, employee integration, with The Hershey Company.

As director, security, Cardona oversees all NJVC security-related issues for both the company and its customers. He develops and administers security brief-

ing extra attention and socialization before being adopted.

"The Shelter provides all the medical care, food and supplies for foster animals," added Kristen Auerbach, Community Outreach program manager. "As a foster parent, you provide a safe and nurturing place for an animal that needs extra TLC. Our foster parents save lives by the selfless act of opening their hearts and homes.'

To attend the information session, RSVP to Kathleen.cornell@fairfaxcounty.gov. Those unable to attend, but still interested in fostering, may fill out an application at http://www.fairfaxcounty.gov/police/animal/foster.htm.

in both Chantilly and Fairfax. Contact Volunteer So-711, lutions at 703-324-5406, TTY VolunteerSolutions@fairfaxcounty.gov or visit www.fairfaxcounty.gov/dfs/olderadultservices/volunteer-solutions.htm.

## Give Caregivers a Break

Fairfax County needs Respite Care volunteers throughout the county to give family caregivers of a frail older adult a well-deserved break. Volunteers visit and oversee the safety of the older adult for a few hours each month. Volunteers are matched with families in or near their own neighborhoods. Support and training is provided. Contact Kristin Martin 703-324-7577, at TTY 711, or Kristin.Martin@fairfaxcounty.gov.

## Women's Self Defense Program

The Fairfax County Law Enforcement Foundation is partnering with the Fairfax County Police Department to offer the Women's Self Defense Training program. It's based on the SAFE program formerly provided by the Police Department, but now being taught by C&J Security Corp.

The program is a two-day class that will meet on consecutive Tuesday and Thursday evenings from 6:15-9:30 p.m. It's currently offered free and all class materials are included. Program funding is provided through the Fairfax County Law Enforcement Foundation.

The course is offered to females, age 13 and older. A female guardian must accompany girls 13-18. No men other than the instructors are permitted to be present during a class. For more information, call 703-246-7806, e-mail WSD@fairfaxfoundation.org



Cardona v curity officer. Prior to NJVC, he was security manager and technical security policy chief with Gannon Technologies Group, security management specialist with Rockwell Collins and senior security manager with Automation Precision Technologies.





## **Please Welcome** Brigid B. Mooney, D.D.S. to our Practice!

Dr. Mooney is married and resides in Arlington with her husband, Brandon and their two dogs. She graduated from University of Texas Health Science Center Dental School in San Antonio, TX.

She is a member of the AGD, ADA, VDA, and No. VA Dental Society. She enjoys hiking and cooking.



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# Sports



Westfield junior Molly O'Sullivan scored seven goals against Oakton in the Concorde District girls' lacrosse championship game on May 10.

Meghan Heick and the Westfield girls' lacrosse team won the 2013 Concorde District championship.



# O'Sullivan's 7 Goals Lead Westfield Girls' Lax to Concorde Title

## Bulldogs beat defending champion Oakton in overtime.

By Jon Roetman Centre View

he Westfield girls' lacrosse team trailed late in the Concorde District championship game when a referee issued a yellow card for a dangerous shot to Bulldog junior and district Offensive Player of the Molly O'Sullivan.

Down a player and on the wrong end of an 11-10 score against Oakton with 3:25 remaining, Westfield managed to tie the score on a goal by Meghan Heick before its top offensive threat returned.

"I was pretty upset," O'Sullivan said. "I don't usually get yellow cards a lot and I don't usually take crazy shots like that. ... I just had to go back in; I had a-minute-30 to redeem myself and you've just got to do all you can."

Neither team scored in the final 85 seconds of regulation and the game went to overtime.

From that point, it's fair to say O'Sullivan redeemed herself.

O'Sullivan scored a pair of goals in the first overtime period and Westfield held on for a 14-13 victory against Oakton on May 10 at Chantilly High School. O'Sullivan tied a career high with seven goals as the Bulldogs beat the defending state champions.

"She's very deceptive and hard to stop,"

Westfield head coach Katie Ruch said. "When she has her eye on the goal, it's really hard to stop her. She has quick movement and her shot accuracy is incredible."

Katie Manning finished with three goals for Westfield. Heick scored two, including the game-tying goal late in regulation.

"Meghan and Molly are excellent players on their team," Oakton head coach Jean Counts said. "They cannot be stopped in a very easy manner."

Katelyn Rennyson and Katie Matz each scored one goal for Westfield.

Tori Anderson and Danielle Palmucci each scored four goals for Oakton. Lydia Montanino and Katie Scoggins each scored two goals and Kelsey McWilliams had one.

Oakton led 11-9 when Anderson scored with 8:58 remaining in the second half. Westfield scored the game's next five goals,

building a 14-11 advantage in overtime. McWilliams scored for Oakton with 19 seconds remaining in the first overtime period, snapping a scoreless streak of more than 11 minutes for the Cougars.

CRAIG

**Sterbutzel** 

Oakton had won the previous two district championships.

Westfield defeated Annandale 16-9 on Tuesday in the opening round of the Northern Region tournament, improving the Bulldogs' record to 16-1. The Bulldogs will host Stone Bridge, the Liberty District's No. 3 seed, in the quarterfinals at 7 p.m. on Thursday, May 16.

Westfield's O'Sullivan (attack), Heick (midfield), Manning (midfield) and Rachael Ulsh (defense) were named to the all-district first team. Grace Horgan (attack), Jenna Welch (midfield) and Colby Kidwell (defense) were named to the second team.

# Chantilly Boys' Lax Captures Concorde Championship

## Chargers senior Unterkofler scores game-high four goals.

By Jon Roetman Centre View

hantilly senior Conrad Unterkofler woke up at 7 a.m. on May 11, ate breakfast, sat on the couch and thought about what needed to be done.

The previous night, the Chantilly boys' lacrosse team trailed Robinson 2-1 in the Concorde District championship game when play was suspended due to lightning with 14 seconds remaining in the second quarter. After a delay, the contest was postponed until 9 a.m. the next day.

"It's a little bit of a drag," Unterkofler said about finishing the championship game at 9 a.m., "but last night we were kind of out of it. I think it just gave us another chance to get prepared."

Facing a deficit, Chantilly coaches spoke with their team captain and first-team all-



Chantilly sophomore Javin Re, right, defends Robinson's Chris White on May 10 during the Concorde District boys' lacrosse championship game.

district midfielder Saturday morning. "... [W]e took [Unterkofler] aside, asked him what he thought about what we did last night [and] he had the right thoughts," Chantilly head coach Kevin Broderick said. "He said our guys were a little nervous, we didn't run our offense. We asked him to step up and carry us. He wouldn't be selfish, but [we asked him] to really look for those opportunities and he did everything we asked him to."

Unterkofler scored four goals, including the game-winner in double overtime, and the Chargers defeated Robinson 6-5 to capture the Concorde District title on Saturday at Chantilly High School. Unterkofler scored the Chargers' first three goals and found the net with 18 seconds remaining in the second overtime period.

"Conrad's the man," Broderick said.

It was Chantilly's fourth district title in the last six seasons and first since 2011.

"I'm very happy for the kids," Broderick said. "They worked hard. It was a great game."

Robinson led 4-3 entering the fourth quarter. Chantilly's Jonathan Popham tied the score with 10:53 remaining and Curtis Christian's goal with 6:47 left gave the Chargers a 5-4 lead. Robinson's Charlie Morrisette scored with 5:17 left in regulation and the game went to overtime tied at 5-all.

Morrisette and Connor Lloyd each scored two goals for Robinson. Junior goalkeeper Nick Kondracki helped keep the Rams in the game with 23 saves.

"He had a great game," Robinson head coach Matt Curran said. "Nick wasn't a firstteam all-district goalie, but he certainly looked like a first-team all-district goalie last night and this morning."

On May 14, Chantilly defeated Annandale 15-5 in the opening round of the Northern Region tournament, improving the Chargers' record to 16-1. Chantilly's lone loss came on March 28, an 8-5 defeat against Langley, which beat Chantilly in three of the last four AAA state championship games.

The Chargers will host Yorktown, the National District's No. 2 seed, at 7 p.m. on Thursday, May 16 in the regional quarterfinals.

Chantilly attackman Mike Marson was named Concorde District Offensive Player of the Year, and defenseman Jake Dansey was named Defensive Player of the Year. Marson, Bill Leslie (attack), Unterkofler (midfield), Dansey (defense), Kevin Doherty (defense), Jason Park (LSM/SSM), Kevin Covino (LSM/SSM), Brendan Wallace (LSM/SSM) and Patrick Meehan (goalie) each earned first-team all-district honors for Chantilly.

## Schools

# Chantilly Seniors Visit Greenbriar West On 'College Day'

reenbriar West Elementary School staff and students celebrated "College Day" on April 26. This pyramid-wide event was created to encourage all students to set their sights on being career and college ready.

Teachers wore their college t-shirts and engaged students in conversations about college stories and the career path that led them to become educators.

Special guests, college –bound seniors from Chantilly High School, shared their advice about planning for college on the school's morning TV show. Most of the seniors who visited were former Greenbriar West students. They visited the sixth grade classes to share their experiences about applying and choosing their college.

GBW students asked questions, thought about their hopes and dreams for the future, and began thinking about where they might go to college someday.



Matt Calvert and Enya Kent, both former Greenbriar West students, visit Mr. Wiseman's 6th grade class.

PHOTOS CONTRIBUTED



Joon Cho, former Greenbriar West student, is interviewed by sixth grader Sneha Gyawali on WGBW.



Chantilly seniors greet Greenbriar West students in the lobby on College Day.

### On Their Way To World Finals

Scopellite and Enya Kent.

Foreground: Derek Farmer shakes hands with senior Shawn Nguyen. Next to Shawn are Josh Lutz, Julianne

The Rocky Run Middle School Odyssey Of The Mind team won the State Finals and is going to the World Finals at Michigan State University. This is an all-girls technical team. The competition takes place May 22 to 26. Team members, from left, are Rachael Lee, Ana Morris, Pooja Tivedi (Chantilly High School), Rachana Krishnan, Roshni Yaradi, Sneha Suresh, Roushini Manjunath and Priya Krishnan (coach).





### Pajamas For Charity

As part of Child Abuse Awareness Month, Lees Corner Elementary School had its second annual Pajamas for Charity. The students brought in a suggested donation of \$1 in exchange for wearing their pajamas; the \$782.88 raised will go to Marley's Mission, an organization who helps children who have been abused or traumatized through equine therapy.



14 & Centre View North & May 16-22, 2013



# A Fluid Situation



By KENNETH B. LOURIE

I don't mean to be the least bit paranoid, but I suppose that's because, as a stage IV non-small cell lung cancer "diagnosee," I'm already the most bit paranoid. A terminal diagnosis of incurable cancer has a way of doing that to you (at least to me it has). Not to blame cancer totally for my behavior, but can you think of a more deserving and appropriate cause of this effect than the "leading cancer killer in both men and women in the United States." In fact, according to the American Lung Association, "Lung cancer causes more deaths than the next three most common cancers combined (colon, breast and prostate)."

So call me crazy (at least you can still call me – and I will answer, because I am STILL ALIVE). However, as a four-years-plus cancer survivor, if I've learned anything during my treatment, it is that symptoms manifest themselves - at their discretion, and presumably their appearance means something (as opposed to nothing which would of course be my preference). Ergo, an increase in the fluid in my lungs is nothing to sneeze at; that's because I've been too busy coughing (just kidding). But what does the existence of this fluid mean? Hopefully nothing, but it could mean something; something problematic.

An outpatient procedure: a needle aspiration of my lungs, will provide the answer. Although learning that answer comes with risks: aside from analyzing the fluid for active cancer cells, there's a possibility of a collapsed lung followed by a week-long stay in the hospital due to the penetration of the lung. And it could be all for nothing. It could simply be, as it is in 40 percent of the cases, a side effect of the targeted treatment tarceva pill I have taken every day without interruption going on nine months now. Unfortunately, we're dealing with 100 percent of it, and the other 60 percent could contain cancer cells, which opens up a whole host of "unpleasantries," none of which have as yet been discussed. Aspirate and learn my fate or sit tight and be willing to wait. It's not exactly Shakespeare, but that is my question. Made easier - to me, in that I don't have any compelling/indicating-type symptoms: no shortness of breath, no persistent cough, no weightiness in my chest, to confirm this potential life-changer. Is the cancer spreading, or is the tarceva doing what tarceva does: harmlessly side-effecting while saving my life my life, but leaving behind this "fluidy" residue? Do I even want to know or can I continue to keep on living believing that it's nothing because it's not something? (For this cancer patient, ambiguity is a way of

This is another one of those mental moments, one of the many emotional crossroads that cancer/terminal patients face. It's not exactly "The Price Is Right" where what's behind Door #2: "A New Car!" – or a tube of toothpaste (as but one of many examples) could make your public humiliation worthwhile – or not. For cancer/terminal patients however, these decisions could make your life worth living again, or it could make it worse. Where's that studio audience when you need them?

If I delay the procedure, will what I don't know now hurt me more than what I do know later? I don't know. Right now. I fee fine. Can't I just keep on pretending? I don't want to look for trouble. Besides, trouble has already found me. I don't need or want any more. Until I'm told otherwise, that is,

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

# Bulletin Board

Email announcements to centreview@ connectionnewspapers.com. Deadline is Thursday at noon. Photos welcome.

#### **THURSDAY/MAY 16**

Perils of College Drinking Culture Forum. 7 p.m. at Westfield High School. Features a screening and panel discussion on "Haze," designed for parents and college-bound teens. Free. Parents are encouraged to attend with their teens.

#### FRIDAY/MAY 17

Registration Open House. 9:30-11:30 a.m. at Clifton Children's Academy, 14315 Compton Road. Register for Fall 2013 and summer camp. Visit www.childrens academy.com or 703-968-8455 to schedule an appointment.

12193 Fair Lakes Promenade Drive, Fairfax. Proceeds benefit scholarships for Mountain View High School graduates. Visit www.mountainview hsfoundation.org or 703-227-2388.

#### FRIDAY-SUNDAY/MAY 17-19 Revival Services. 6-9 p.m. each

evening at Brookfield Elementary School, 4200 Lees Corner Road. Bishop Gabriel Dagunduro from Nigeria, West Africa and Bishop Timothy W. Cummings are the guest speakers. Free.

#### SATURDAY/MAY 18

- EMS Week Event. 10 a.m.-2 pm. at Cub Run Rec Center, 4630 Stonecroft Blvd., Chantilly. Browse displays, get one-on-one interactions, take a blood pressure screening, and more. Free. 703-817-9407.
- Flea Market. 8 a.m.-1 p.m. at Oakton Baptist Church, 14001 Sullyfield Circle, Chantilly.

#### **MONDAY/MAY 20**

- Kindergarten Orientation. 2:30-3:45 p.m. at Greenbriar West Elementary School. 703-633-6700.
- Kindergarten Orientation. 2-3 p.m. at Union Mill Elementary. Visit www.fcps.edu/parents/index.shtml

or the school office to pick up registration forms; call the school for an appointment to drop off the filled out forms. 703-322-8500 for appointments or questions.

- Kindergarten Orientation. 1:45-4 p.m. at Bull Run Elementary School. Bring your child. If unable to attend, call Tina Vanison, registrar, 703-227 1400 to set-up an appointment.
- Centreville Toastmasters. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Overcome your fear of public speaking in a proven program that has helped thousands over the last 89 years. All welcome.

#### WEDNESDAY/MAY 22

**Republican Women of Clifton** 

CENTREVILLE o highlight your faith community, call Karen at 703-917-6468 THE CHURCH OF THE ASCENSION Traditional CENTREVILLE **BAPTIST CHURCH** Anglican Service 1928 Book of Common Prayer SUNDAY WORSHIP SERVICES 9:15 AM CELEBRATION SERVICE Holy Communion 10 A.M. Sundays 11:00 AM CONTEMPORARY SERVICE (with Church School and Nursery) **COMMUNITY GROUPS** Evening Prayer and Bible Study 7 P.M. Wednesdays Sundays at 8:00, 9:15 & 11:00 am 13941 Braddock Road, (north off Rte. 29) Centreville, VA 703-830-3176 • www.thechurchoftheascension.org Nursery through Elementary, Youth, College Age, Singles, Men, Women, Choir, Awana, GoGo (Older adults), Bible Study Fellowship, MOPS (Mothers of Preschoolers), English Language Sunday Services at Classes and Spanish Speaking Ministry Centreville 15100 Lee Highway, Centreville, VA 20120 **Presbyterian Church** 703-830-3333 www.cbcva.org The Greek Orthodox Parish of Loudoun County Loving Loving Serving invites you to celebrate Christ People the World the Divine Liturgy Sunday Worship with us with us 8:45 & 11:00am Sundays at 9:30 a.m., with Sunday School with fellowship at 10:00am to follow. www.centrevillepres.com www.greekorthodoxloudoun.org 15450 Lee Highway, 21580 Atlantic Blvd., Unit 160, Building D Centreville, VA 20120 Centreville Dulles, VA (Route 28 and Nokes Blvd) 703-830-0098 PRESBYTERIAN CHURC Lord of Life Lutheran Church... PENTECOSTAL Capital Worship Center...703-530-8100 703-323-9500 St. Andrew Lutheran Church... Church of the Blessed Trinity... ANGLICAN CATHOLIC 703-830-2768 703-803-3007 Church of the Epiphany ... 703-481-8601 St. Andrew The Apostle Catholic Church... ORTHODOX METHODIST 703-817-1770 Christ the Redeemer...703-502-1732 Holy Trinity Orthodox Church... Centreville United Methodist... ASSEMBLY OF GOD St. Clare of Assisi Catholic Church... 703-818-8372 703-830-2684 703-266-1310 The Greek Orthodox Parish Centreville Assembly of God ... 703-830-1841 Pender United Methodist Church... St. Paul Chung Catholic Church... of Loudoun County...703-421-7515 BAHA'I 703-278-8023 703-968-3010 St. Raphael Orthodox Church... Pleasant Valley United Methodist... Baha'i Faith...1-800-22-UNITE St. Timothy Catholic Church...703-378-7461 703-303-3047 703-327-4461 BAPTIST St. Veronica Catholic Church...703-773-2000 PRESBYTERIAN NON-DENOMINATIONAL Centreville Baptist Church...703-830-3333 Centreville Presbyterian Church... EPISCOPAL Centreville Community Church... Chantilly Baptist Church...703-378-6880 703-830-0098 Church of the Epiphany...703-715-6070 703-580-5226 Clifton Baptist Church...703-263-1161 Chantilly Presbyterian Church.. St. John's Episcopal Church...703-803-7500 Christian Life Center...703-754-9600 703-449-1354 Second Baptist Church...703-830-1850 JEWISH Clear River Community Church... Clifton Presbyterian Church...703-830-3175 Mount Olive Baptist Church...703-830-8769 Congregation Yad Shalom...703-802-8901 703-881-7443 Young Saeng Korean Presbyterian Church... Ox Hill Baptist Church...703-378-5555 Temple Beth Torah...703-263-2252 Covenant Christian Center...703-631-5340 703-818-9200 BIBLE LUTHERAN Fair Oaks Church...703-631-1112 UNITED CHURCH OF CHRIST Chantilly Bible Church...703-263-1188 King of Kings Lutheran Church... New Life ... 703-222-8836 Wellspring United Church of Christ.. Community Bible Church...703-222-7737 703-378-7272 Tree of Life Bible Church...703-830-4563 703-257-4111

**Meeting.** 7 p.m. at Fairview Elementary School, 5815 Ox Road, Fairfax Station. Features Tom McDevitt, chairman of "The Washington Times," who will speak about current media trends, and Steven Yeh, who will talk about U.S. policies. Visit www.cliftongop.com.

#### MONDAY/MAY 27-SATURDAY/JUNE 1 **Operation Medicine Cabinet**

Cleanout. Disposal is free (pills or liquids only, no pressurized canisters or needles), convenient, confidential and safe. The Sully District Station is located at 4900 Stonecroft Blvd., Chantilly. Visit www.unifiedpreventioncoalition.org

or call 703-938-8723, TTY 711.

#### CALENDAR From Page 8

SATURDAY/MAY 25

- Master Gardeners. 10:30 a.m. at Chantilly Library, 4000 Stringfellow Road. Adults can get tips, information and more about home
- gardens. Free. 703-502-3883 Peaceful Paws. 10:30 a.m. at
- Chantilly Regional Library, 4000 Stringfellow Road. Children on the autism spectrum or with other developmental challenges meet and read to a trained therapy dog: Dakota, a gentle giant Bernese Mountain dog. Reading is not required, but can read from a library book or already owned one. Free. Registration required, 703-502-3883.
- Magic and Mayhem. 2:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Girls and boys in grades 6-8 can participate in this scifi/fantasy book group. Call for title. Free. Registration required. 703-502-3883.

Hidden Pond: Terrific Turtles. 2:30 p.m. at Chantilly Library, 4000 Stringfellow Road. Children in grades K-6 can learn about turtles and meet some. Free. Registration required, 703-502-3883

#### SUNDAY/MAY 26

Music. 6 p.m. at Udvar-Hazy Center, 14390 Air & Space Museum Parkway, Chantilly. The U.S. Navy Band's Commodores will perform. Free.

#### **TUESDAY/MAY 28**

Small Wonders. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883. Bouncin' Babies. 11:30 a.m. at

Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

Storytime. 1:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 3-5 can enjoy stories and more. Free. Registration required. 703-502-3883.

#### WEDNESDAY/MAY 29

Toddlin' Twos. 10:30 a.m. and 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 2 can enjoy stories and activities. Free. Registration required. 703-502-3883

- Bouncin' Babies. 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.
- Small Wonders. 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

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16 & Centre View North & May 16-22, 2013

# Bookfair. 5-9 p.m. at Barnes & Noble,