



PHOTOS BY BONNIE HOBBS/CENTRE VIEW

**Students have a good time chatting on the dance floor between songs at last week's Day Prom.**

## Kicking up Their Heels

### Students enjoy Day Prom at The Waterford.

BY BONNIE HOBBS  
 CENTRE VIEW

**A**t last week's Day Prom at The Waterford in Fair Oaks, it didn't matter if some of the students attending couldn't walk or talk. For a few hours, they were just like all the other students in their high schools — they were at their school prom.

The girls wore pretty dresses and shoes and the boys wore suits, ties, vests and sport coats. They snacked on pizza and fruit at tables with their friends and kicked up their heels on the dance floor to all the latest songs.

"It's an amazing thing to do," said Westfield High's Julie Bentley. She helps students with disabilities move from high school to the next chapter in their lives. "This prom is more easily accessible for them and there are students here both with and without disabilities."

She said music and dancing are two of the "most motivating and exciting" activities for students with special needs. "And when they come here, we get to

see a side of them we don't get to see as often in class," said Bentley. "We get to see their passion and they also get to meet new people and see friends they already know at other high schools."

The special-ed students at the prom had "low-incidence disabilities" that don't preclude them from participating in the community. Still, said Bentley, they often choose not to go to the regular prom that happens at night and involves driving.

So these students came to The Waterford last Thursday, May 9, from 9:30 a.m.-1 p.m., with their Best Buddies from several FCPS schools, including Centreville and Westfield high schools. The atmosphere was fun and joyful, and the Best Buddies were as happy to be at the prom as their partners.

Centreville junior Mike Wallace was there with his Best Buddy, sophomore Juwaan Espinal. And Espinal's wheelchair didn't hinder him, one bit. "I moved him around on the dance floor," said Wallace. "I picked up his back wheels so he could slide back and forth."

Wallace was on the Wildcat varsity football team this season, and Espinal is, too, as an honorary member. "That's when we first met; it was really cool," said Wallace. "And when I joined Best Buddies this year, they partnered me up with



**Centreville High Best Buddies Juwaan Espinal (left) and Michael Wallace at the Day Prom.**

SEE DAY PROM. PAGE 4

## Police Officers, Robots and K-9s

### CAC learns about the bomb squad's work.

BY BONNIE HOBBS  
 CENTRE VIEW

**E**ach month, members of the Sully District Station's Citizens Advisory Committee learn about a different facet of the work done by the station's police officers. In April, the topic was the bomb squad.

MPO Tom Eggers and MPO Bryan Cooke came to the CAC meeting with their K-9s, Moose and Spicy, respectively. And Cooke explained what the bomb squad does.

"We render safe IEDs and suspicious packages," he said. "We're also involved with the SWAT team, hostage negotiations and robot entry and search. We'll search houses or vehicles and put a robot in harm's way. We have several dif-

ferent robots for different types of searches and can even deploy weapons via the robots."

Cooke said the bomb squad also does "explosive breaching" — using explosives to gain entry to, for example, a barricaded building. "We can also create a diversion for the SWAT team to be able to enter," he said.

Added Eggers: "We make doors and windows where before there were none."

And since bomb-squad members are also trained, hazardous-materials technicians, they also do HAZMAT monitoring. "We can send robots with equipment into a HAZMAT area to sniff it out and return to us with information," said Cooke.

SEE BOMB SQUAD. PAGE 4



**MPO Bryan Cooke**



PHOTOS BY BONNIE HOBBS/CENTRE VIEW

**Children make friends with K-9 Spicy during the meeting.**

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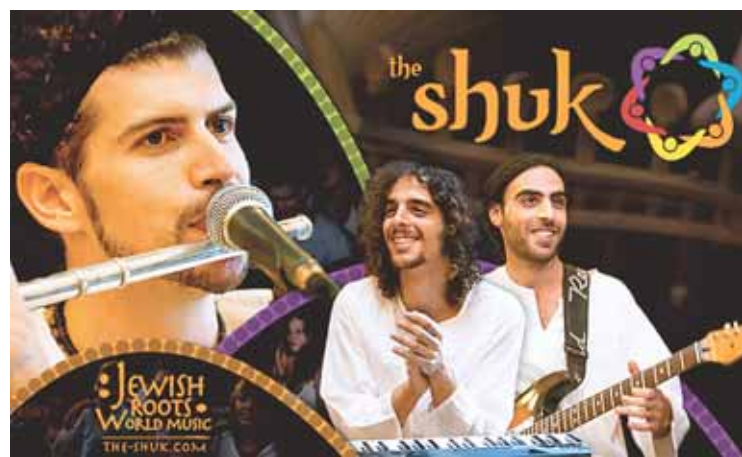
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**NEWS**



R&B soul singer Hadar Binyamin will perform.



Headlining the festival's entertainment will be the international music group, The Shuk.

PHOTOS CONTRIBUTED

**Music, Food and Entertainment  
Israel Street Festival this Sunday at Fairfax Corner.**

BY BONNIE HOBBS  
CENTRE VIEW

The Fairfax Corner shopping center is the place to be this Sunday, May 19, from noon-5 p.m., when the Jewish Community Center of Northern Virginia holds its 2013 Israel Street Festival. Music, food, children's activities and a martial-arts demonstration are among the

highlights.

Since 2007, the Israel Street Festival has drawn more than 3,000 participants to create together an exciting program celebrating Israel's culture and history. Headlining this year's entertainment will be The Shuk, led by Yoni Avital. It's one of the leading, international music groups from Israel, having performed in more than 30 countries worldwide.

The Shuk connects people of all backgrounds to Israeli and Jewish culture via its diverse repertoire of traditional, contemporary, folk, sacred, Israeli, Jewish, Middle-Eastern and world music. Also performing will be Israeli-born R&B soul singer and songwriter, Hadar Binyamin, who draws her inspiration from singing greats Stevie Wonder, Etta James, and Alicia Keys.

Besides the entertainers, this year's festival also features a demonstration of Krav Maga, the official self-defense system of the Israel Defense Forces

Shop the *Shuk* (Israeli-style marketplace). There'll also be a petting zoo, arts-and-crafts activities for children, Israeli dancing, local choirs and a teen band.

In addition, people will share stories of their favorite locations in Israel, and there'll be a display of Israeli T-shirts and the stories behind them. Kosher food will be sold by Max's Kosher Café. Both festival admission and parking are free.

"The Israel Street Festival offers the Jewish Community Center of Northern Virginia a tremendous opportunity to collaborate with area synagogues, agencies and organizations in bringing the flavors, sounds and culture of Israel to our region," said Laurie Albert, JCCNV community-engagement director. "It's important that we bring Israel's rich history, global contributions and significance front and center to build connections between Israel and our community."

A nonprofit social-service organization, the JCCNV offers programs, activities and services emphasizing Jewish culture, identity and values.

For more information about the festival, visit [www.jccnv.org](http://www.jccnv.org) or call 703-323-0880.

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## ROUNDUPS

### Pathway to U.S. Citizenship

Information about becoming a U.S. citizen will be presented this Thursday, May 16, from 7-9 p.m., at the Centreville Regional Library.

Korean-language speakers will be there and all are welcome. Learn about the citizenship process from U.S. Citizenship and Immigration Services staff.

Sign up by e-mailing [washington.communityrelations@dhs.gov](mailto:washington.communityrelations@dhs.gov). Topics will include the naturalization process and test, plus the rights and responsibilities of U.S. Citizenship. Childcare provided for children 4-12.

### Fundraiser for Mountain View

On Friday, May 17, the Barnes & Nobles in Fair Lakes will host a Book Fair to raise funds for the Mountain View High School Scholarship Foundation. From 5-9 p.m., families may enjoy face painting, storytelling, bookmark-making, musical performances and an art display.

A percentage of purchases made that day in the store or online from Saturday, May 18-Wednesday, May 22, will also benefit the foundation. Go to [bn.com/bookfairs](http://bn.com/bookfairs) and enter Bookfair ID 11061660 at checkout. Barnes & Noble is at 12193 Fair Lakes Promenade Drive in Fairfax.

### Check Health at Rec Center

The Fairfax County Fire and Rescue Department is celebrating Emergency Medical Services (EMS) Week on Saturday, May 18, at the Cub Run Rec Center, 4630 Stonecroft Blvd. in Chantilly. Partnering with the Park Authority, EMS providers will be there from 10 a.m.-2 p.m. with apparatus displays plus educational materials on cardiac problems and strokes. They'll also do blood-pressure screenings and talk with residents.

### Recycle During Electric Sunday

Residents may recycle old TVs, computers, peripheral electronic devices – such as keyboards, speakers, printers and scanners, as well as household hazardous wastes – including fluorescent light bulbs and tubes, for free, during Fairfax County's "Electric Sunday" events. The next one is slated for Sunday, May 19, from 10 a.m.-3 p.m., at the I-66 Transfer Station, 4618 West Ox Road in Fairfax. For more information, call 703-324-5052.

### WFCCA Meeting May 21

The West Fairfax County Citizens Association (WFCCA) Land-Use Committee will meet Tuesday, May 21, at 7 p.m., in the Sully District Governmental Center, 4900 Stonecroft Blvd., in Chantilly. The panel will hear details of a proposal to permit construction of an overpass across Air and Space Museum Parkway to connect the secure campuses of Dulles Discovery North and South.

### Stringfellow Park-and-Ride

A public meeting is planned for Wednesday, May 22, at 7 p.m., in the cafeteria of Rocky Run Middle School, 4400 Stringfellow Road in Chantilly. The Fairfax County Department of Public Works and Environmental Services will present the conceptual floor plan, elevations and site plan for the proposed expansion of the Stringfellow Road park-and-ride lot. Also proposed is a transit-center kiosk.

### Sully District Council Meeting

The Sully District Council of Citizens Associations and its Land-Use Committee will meet Wednesday, May 22, at 7 p.m., in the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly. Call Jeff Parnes, evenings, at 703-904-0131.

The panel will receive a Richmond report from some of the state senators and delegates representing the Sully District there. And they'll learn about a proposed amendment that would allow the childcare center at Inova Fair Oaks Hospital to also be used

SEE ROUNDUP, PAGE 11

## NEWS

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# Telford Receives Spirit Award

## Fair Lakes resident honored at Race for Hope.

BY BONNIE HOBBS  
CENTRE VIEW

The annual Race for Hope in Washington, D.C., raises money for brain-tumor research and, for 10 years now, the Rabbi Joseph P. Weinberg Triumph of Spirit Award has been given at that event to a deserving recipient.

This year, the award was presented May 5 at the race's starting line to Fair Lakes resident BethAnn Telford. Although battling brain cancer, herself, she created her own fundraising organization, Team BT, which has raised hundreds of thousands of dollars for the National Brain Tumor Society and Accelerate Brain Cancer Cure.

Telford was diagnosed with an inoperable brain tumor in 2005, but she didn't let that stop her from becoming a marathon runner, tri-athlete and Ironman competitor. She still races to raise awareness and funds for brain-cancer research. Her participation in the 2012 Race for Hope-DC raised \$105,000.

Weinberg was the senior rabbi at the Washington Hebrew Congregation, but died of a brain tumor in 1999. He often said, "In life, we cannot always control certain events that we are faced with. But how we face such circumstances, how we choose to live our lives — that is in our control; that is the triumph of the spirit."

At the beginning of the May 5 event, Weinberg's wife, Marcia, and their grandchildren presented the award to Telford, saying, "Your actions, BethAnn, the way you are living your life despite a very rocky road, make you a hero in the eyes of so many admirers."

"Overcoming obstacles that many cannot even imagine makes you the perfect 'Triumph of the Spirit' recipient," she continued. "Thank you for allowing



BethAnn Telford (right) with her mother, Susanne, at the Race for Hope.

us to honor you, BethAnn. Although in reality, we are the ones who are honored by knowing you."

Accepting the award, Telford held it up high and waved it at the crowd. "This isn't about BethAnn Telford," she said. "This is for you — for those that are out there fighting. We appreciate everything you do throughout the year to raise money. And I share this award with each and every one of you."

## Board OKs Boundary Changes

### Split-feeder assignments eliminated at two schools.

The Fairfax County School Board voted last Thursday night, May 9, to approve adjustments to school attendance areas in an effort to alleviate overcrowding at Fairfax High and Lanier Middle School.

The boundary changes will be phased in, beginning in the 2014-15 school year, with an option for families to move their rising seventh-grade students and rising freshmen to their newly assigned schools in fall 2013, with transportation provided. Rising eighth-grade students, juniors and seniors would be allowed to remain at their current schools in fall 2014.

"We tried to accommodate as many of the concerns aired by parents and citizens who participated in the community-engagement process, as possible," said School Board Chairman Ilryong Moon. "The School Board was faced with the chal-

lenge of reducing enrollment at two facilities maintained by the City of Fairfax, and we made every effort to avoid split feeders whenever possible in order to accomplish this task." The approved boundary changes move students in the Greenbriar West Elementary attendance area east of Stringfellow Road from Lanier Middle and Fairfax High to Rocky Run Middle and Chantilly High, eliminating the current split-feeder assignment for Greenbriar West. The board also approved an amendment reassigning the Penderbrook and Fairfax Farms areas of the Waples Mill Elementary attendance area from Lanier Middle to Franklin Middle starting with school year 2013-14.

These students will also shift from Fairfax High to Oakton High in 2014-15, thereby eliminating a split-feeder assignment for Waples Mill Elementary.

Approximately 540 students from Fairfax High and 245 students from Lanier Middle will be reassigned by the school year 2017-18 to relieve overcrowding at these schools. Students living in the City of Fairfax aren't impacted by the boundary changes.

# Bomb Squad at Work

FROM PAGE 1

The squad also deals with the disposal of ammunition, explosives and ordnance. “We get rid of old bullets, weapons and, sometimes, an old grenade found in an attic,” said Cooke. “We get a lot of military ordnance; we even had to get rid of a live, Civil War cannonball.”

In addition, the squad helps the Criminal Investigations Bureau and Fire Marshal’s Office with investigations, upon request. It’s often called upon to assist in cases involving explosives such as bottle bombs. “We don’t do the investigations,” said Cooke. “We just provide the expertise.”

Sometimes, the officers are confronted with homemade explosives made in a laboratory in a resident’s home. In one instance, the bomb squad encountered nearly 3,000 pounds of fireworks in a Centreville home. (See sidebar).

Furthermore, said Cooke, “We get loaned to other jurisdictions because we’re part of the National Capital Region Bomb Squad. We’re one of the only full-time bomb squads in Virginia. We do K-9 sweeps and searches, and we’ve done operations in Washington, D.C., for the State of the Union. And for training others, we go all over the country; we teach citizens, government entities and other agencies and departments.”

The county’s police department has command responsibility in all bomb threats and incidents where there is no explosion. “If an explosion occurs, command shifts to the fire department,” said Cooke. “The fire marshal investigates the post-blast scene.”

The bomb squad currently has four, explosive-detection K-9s or “bomb dogs.” Training them takes about 16 weeks. “They’re trained to recognize over 19,000 different explosive odors,” said Cooke. “They’re food-driven and get food as a re-



PHOTO BY BONNIE HOBBS/CENTRE VIEW

**Mikah Schultz, 4, (front) and another boy pet K-9 Moose.**

ward for work. They’re fed twice a day, and my dog’s trained to only eat his food from my hand.”

He said it takes six weeks to “imprint” a dog about explosives. “They learn the scents,” said Cooke. “Once a dog finds the problem, we’re already there to take care of it. It takes 10 weeks for us to learn to read the dogs, and they’re recertified every year to make sure we can always find what we want to find.”

“Bomb dogs are a search tool — only used to search areas for an unknown or unspecified threat,” he continued. “The ATF [Bureau of Alcohol, Tobacco and Firearms] gave us the dogs, but we work for them for five years at, for example, Super Bowls and political conventions. And we never jeopardize the dog’s safety, such as by putting him near a suspicious package. We have robots for that.”

## Responding to Explosive Situation

BY BONNIE HOBBS  
CENTRE VIEW

The Centreville homeowner had been making homemade fireworks for several years. But when a July 15, 2007 explosion blew a hole in his roof — and the resulting fire caused \$200,000 damage to his house — his hobby came to the attention of Fairfax County fire officials.

When the smoke cleared, they seized some 3,000 pounds of explosives from his home and charged him with the manufacture, possession and use of explosive materials or devices. In court eight months later, he received a fine and a suspended jail sentence and was ordered to perform community service — and pay nearly \$95,000 restitution to the fire department.

The explosion and fire occurred on a quiet, Sunday afternoon. The middle-aged man was working in his garage grinding metal on a grinding wheel when a spark flew up and touched off a nearby box of explosive products.

“He was making a mortar stand — with the mortars behind him,” said MPO Bryan Cooke of the county police department’s bomb squad. “The spark ignited them and burned the garage up to the second story.”

“His son, 8, who was upstairs, jumped out of a window,” continued Cooke. “Meanwhile, the dad tried to put out the fire with a hose. Then he started hiding fireworks in a neighbor’s garage and on his property.”

Responding firefighters initially attacked the flames from inside the house. But once they learned of the explosives in the home, they had to mount an exterior attack with water streams from the ladder truck and hand-held lines off the

other trucks.

Because they had to battle the blaze that way, it took some three hours to bring it under control and specialty units were called in to assist. Besides Stations 17 from Centreville and 40 from Fairfax, fire and rescue personnel also came from the Chantilly, Fair Oaks and Fairview stations.

Altogether, almost 90 people responded from nine, different engine companies, bringing with them two fire trucks, three EMS (emergency medical services) units, the HAZMAT response team and representatives from the Fire Marshal’s Office.

**AND WHEN EXPLOSIVE MATERIALS** were discovered, the Bureau of Alcohol, Tobacco and Firearms — plus the county Police Department’s Explosive Ordnance Team — also joined in.

In addition, the possibility of further explosions forced several nearby houses to be evacuated. The families were kept away the next day, too, while county and federal bomb experts removed more explosives from the home.

Cooke said the man was a chemical engineer in a fireworks club and it was his year to put on a show. He’d collected all the chemicals and fireworks for it over four years. But, said the officer, “We seized it all and no one got hurt, so it was a good outcome.”

Interestingly enough, added Cooke, “The next day, he was supposed to start a job as an FBI contractor. I don’t know whether he ever did, but he had to pay for all the damage to his house, himself. In court, his charge was dropped from a felony to a misdemeanor, but he paid for the cleanup operations and had to come to HAZMAT meetings and teach us how to make fireworks.”

# Students Enjoy Day Prom at The Waterford

FROM PAGE 1

Juwaan, so I was happy about it.”

Since then, the two teens have had lunch together, every other day, and Wallace visits his Espinal during third period when he has free library time. And when they’re not in school, said Wallace, “We hang out. We also text a lot, go bowling, get ice cream and go to the mall. It’s a blast. It’s nice to lend a helping hand, and I know that every little bit I do makes his day better. I’m glad he likes me.”

As for the prom, Wallace said, “I think lots of parents wouldn’t be comfortable sending their kids [with special needs] to the regular prom. So this is a good way to give them high-school prom experience.”

Centreville juniors Stephen Kettell and Elin Woolf were also there together. As Best Buddies, they also enjoy bowling and going to movies. “We went to the special-ed, Valentine’s Day Dance, too,” said Woolf. “And last Friday [May 3], was his birthday



BONNIE HOBBS/CENTRE VIEW

**Stephen Kettell (left) and Elin Woolf enjoy the Day Prom together. Both attend Centreville High.**

so we went to Guapo’s.”

Both were having fun at the prom. “Stephen doesn’t like dancing, but he’s staying out there on the dance floor with everyone and having a good time,” said Woolf. “He has a lot of friends in Best Buddies and they danced with him, too. This is something I hope they’ll remember forever.”

Enjoying pizza with their friends at a big,

round table were Best Buddies Sneha Athrea and Sarah Hudson, also Centreville juniors. Hudson said they go bowling “a lot,” play basketball together and recently saw the movie, “Here Comes the Boom.” Like the others, she, too, is happy being a Best Buddy.

“It’s like a different take on friendship,” said Hudson. “You learn about other people better and also learn patience and understanding. A lot of the special-needs kids wouldn’t feel comfortable going to the general-ed prom. So this is a time for them to just come and have fun, without a lot of pressure.”

Some 75 students — both general ed and special ed — are in Centreville High’s Best Buddies program. Special-ed teacher and Best Buddies advisor Vicki Hudson said there are always more general-ed students signing up for Best Buddies than she has special-ed students with whom to partner them.

“It’s a fun, interesting program and the

kids are excited about participating,” she said. “And it’s popular in the school because the kids talk to their friends about how much fun it is.”

Hudson called the Day Prom an opportunity for the students with special needs “to go to the prom like any other kids. The only difference is that this is during the day and it’s free. It’s all done through donations.”

For example, Life Touch donated its services by taking professional photographs of the promgoers, and Target contributed cakes and developed the photos. Money from the Centreville and Lake Braddock Secondary PTAs purchased the pizzas, and other schools involved in Best Buddies contributed refreshments, the deejay, decorations, etc. And The Waterford hosted the event at a reduced rate.

“All you have to do is look at the kids to know this is worthwhile,” said Hudson. “They’re out there having a ball. The theme every year is, ‘A Day to Remember,’ and for these kids, it really is.”

# Walker Sentenced to 48 Years

He killed Centreville woman in January 2012.

BY BONNIE HOBBS  
CENTRE VIEW

Right from the start, Benjamin Luke Walker admitted he'd done wrong. He took the life of a 22-year-old Centreville woman and, for that, he was sentenced to nearly a half-century behind bars.



Walker

The tragedy occurred in the early morning hours of Jan. 15, 2012. The victim, Ryah Leslie, was murdered inside her townhouse in Centreville's Woodgate Manor community. Walker was one of her roommates.

Later that same day, around 1 p.m., he walked inside the Fairfax County Adult Detention Center's pre-release center and confessed to killing her. On April 25, 2012, in General District Court, witnesses testified about the crime.

County Deputy Sheriff David Webb was working in the pre-release center when Walker entered. He pointed him out in court and said Walker had approached him and asked to speak with a police officer.

"I told him I was a deputy and could help him,"

said Webb. "He said he'd like to report a murder. I asked him if he knew who the murderer was, and his response was, 'I did the killing.'" Webb also noted that Walker, then 22, didn't have any visible injuries.

Under cross examination from defense attorney Crystal Meleen, Webb said he could smell alcohol on Walker's breath from about a foot away. "I asked him if he'd been drinking, and he said, 'The night before,'" said Webb. He said he then took Walker into custody and handcuffed him. Police later charged Walker with murder.

Leslie lived in the townhouse with three other roommates – her boyfriend, Travis Jordan, Walker and a man named Tristan Kennedy. Her bedroom was in the basement, and the others lived upstairs. In court, Jordan said he and Leslie dated.

He testified that, on Jan. 15, 2012, shortly after 3 a.m., Leslie "came into my room and into my bed, and it woke me up. She was drunk, and I asked her to go downstairs to her bedroom and she did. I only saw her for a minute or two." He said he then went back to sleep.

That was the last time he saw Leslie alive. That afternoon, between 1:20 p.m. and 1:30 p.m., said Jordan, "I got a phone call and a text message that led me to believe I should go check on her wellbeing. I opened her bedroom door and saw her sitting on the ground against the mattress."

He said Leslie had a big cut on her neck. "I placed

SEE WALKER SENTENCED, PAGE 7

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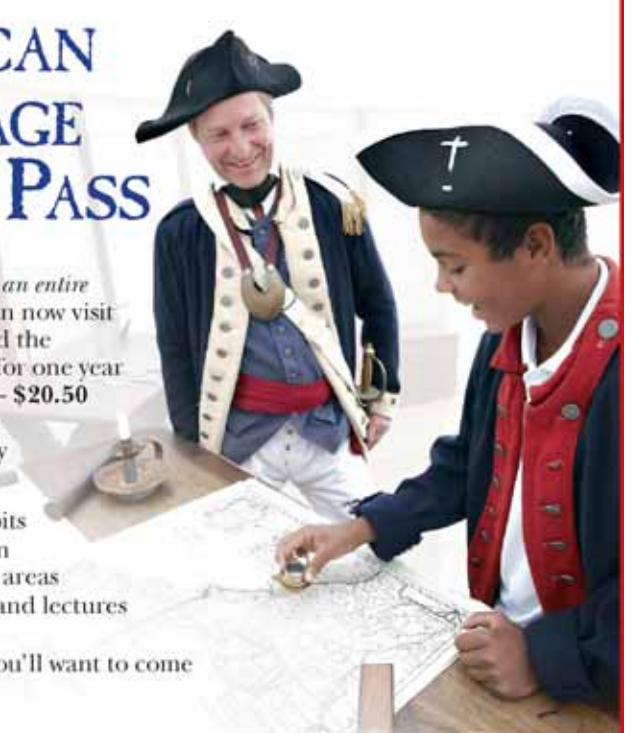
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# Vote in Spite of Election Fatigue

Primary voting, absentee voting, Republican convention.

**A**bsentee voting, including “in-person” absentee voting, is already underway for the June 11 primary, a statewide Democratic party primary for lieutenant governor and attorney general, plus one delegate race in Northern Virginia.

Voters in the Democratic primary will choose between Ralph S. Northam and Aneesh Chopra for lieutenant governor; and between Mark R. Herring and Justin E. Fairfax for attorney general.

Because voters do not register by party in Virginia, any voter can vote in the Democratic primary, but cannot vote in a Democratic and Republican primary on the same day.

The Republican party will nominate their candidates for statewide office in a convention to be held on May 17-18 in Richmond. Delegates to the convention were elected by locality in March and April.

Each locality is entitled to one Republican convention delegate vote per 250 Republican votes for governor and president at their last election, so that Fairfax County is entitled to 1,392 delegate votes; Arlington County is entitled to 215 delegate votes; Alexandria City is entitled to 133 delegate votes; the City of Fairfax is entitled to 32 Delegate Votes; Falls Church City is entitled to 14 delegate votes. Localities choose up to five times the number of delegates as votes, plus an equal number of alternates.

EDITORIAL

The polls will be open from 6 a.m. to 7 p.m. on June 11.

Absentee voting allows qualified voters to participate in upcoming elections even though they may not be able to go to the polls on Election Day. Absentee voting in person began on April 26.

Most people in Northern Virginia qualify to vote absentee under this provision, although there are many others:

“Any person who, in the regular and orderly course of his business, profession, or occupation, will be at his place of work and commuting to and from his home to his place of work for 11 or more hours of the 13 that the polls

are open (6 a.m. to 7 p.m.)”

In Fairfax County, in-person absentee voting is ongoing through June 8 at the Fairfax County Government Center, 12000 Government Center Parkway, Suite 323, Fairfax, VA 22035

Hours: Monday, Tuesday, Wednesday, and Friday: 8 a.m.-4:30 p.m.; Thursday: 8 a.m.-7 p.m.; Saturdays (June 1 and June 8): 9 a.m.-5 p.m. Closed Monday, May 27, for Memorial Day.

You can also vote absentee by mail. The deadline to request a mailed ballot is June 4, by 5 p.m.

Absentee ballots must be returned by 7 p.m. on Election Day June 11.

Here are some good sources for information on upcoming elections:

Virginia State Board of Elections, <http://www.sbe.virginia.gov/>,

Virginia Public Access Project, <http://www.vpap.org/candidates?display=state>,

Fairfax County Board of Elections, <http://www.fairfaxcounty.gov/elections/ecalendar.htm>.

— MARY KIMM,

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## PUT Riders Return Home

**T**he annual Police Unity Tour bike ride was May 10-12, from Richmond to Charlottesville, Warrenton and Centreville and on to the National Law Enforcement Officers Memorial in Washington, D.C. It raised money and awareness for the Memorial fund and National Law Enforcement Museum honoring federal, state and local law enforcement officers who've died in the line of duty.

Prior to returning home Sunday, PUT rider Kevin Whalen of Centreville explained why the participants were willing to go through the grueling training, fundraising and 230-mile ride that included Mother's Day.

“We are missing our Mother's Day for a special reason and purpose,” he said. “We trained and biked on our own, personal time and away from our mothers and families. It's tough for us, but we're doing this for the mothers who lost their sons and daughters and husbands in the line of duty.”



PHOTOS BY BONNIE HOBBS/CENTRE VIEW

**Centreville's Kevin Whalen (in red helmet) helps lead Fairfax County's Police Unity Tour contingent up Route 29, Sunday morning, toward the end of their 230-mile ride.**

“It's special,” continued Whalen. “We do not take it for granted that we have not died in the line of duty. Think again of the families of our fallen officers. Thank your local officers for their service.”

— BONNIE HOBBS



**Fairfax County's Police Unity Tour bicyclists pedal up Route 29 on Sunday morning, en route to lunch and the ride's completion in Washington, D.C.**

**NEWS DEPARTMENT:**  
To discuss ideas and concerns,  
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A Connection Newspaper



# NEWS

## Walker Sentenced to 48 Years

FROM PAGE 5

my right hand on her right leg and realized she wasn't wearing any panties," said Jordan. "Her right hand was covered with blood. The reality of what happened hadn't hit me, yet, until I looked into her eyes and saw she was no longer with us."

Upset, he threw his cell phone and went into Kennedy's room

upstairs and told him, and Kennedy called the police. Jordan said Walker wasn't in the house and he hadn't seen him since the day before.

Police searched the townhouse that afternoon at 4:28 p.m. Among the items they seized were knives from the dishwasher, the basement and Walker's bedroom, plus a box cutter from his bedroom.

After Walker's preliminary hearing, his case was sent to the grand jury, which later indicted him on a charge of first-degree murder. He pleaded guilty Feb. 4 before Circuit Court Judge David Schell, who then set Walker's sentencing for April 5. And when Walker returned to court that afternoon, Schell sentenced him to 48 years in prison.

### SCHOOL NOTES

Email announcements to [centreview@connectionnewspapers.com](mailto:centreview@connectionnewspapers.com). Photos are welcome.

Flagler College senior **Adair Findley**, of Centreville, was recently inducted into the Phi Omicron chapter of Lambda Pi Eta, the official national communication honor society for undergraduates.

The following local students recently were initiated into The Honor Society of Phi Kappa Phi: **Austin Fallon**, **Bryan Li** and **Jason Dolinger**.

**Ryan Christopher Branch** has been selected for a leadership position at The Citadel, The Military College of South Carolina. Branch has been promoted to Delta Company first sergeant. A resident of Centreville, Branch is studying physical education.

**Danielle Martin**, of Centreville, recently received the Poly-Med Outstanding Senior Award in bioengineering at Clemson University. Martin also was awarded a graduate fellowship from Tau Beta Pi, the national engineering honor society, and will receive a cash stipend of \$10,000 to pursue graduate work in bioengineering. Martin will graduate summa cum laude with a 4.0 GPA in May with a degree in bioengineering and a minor in business administration. She is enrolled in the University of Pittsburgh's dual-degree program to obtain a master of science in bioengineering and an MBA. She is a 2009 graduate of Centreville High School.

The Manassas Campus of Northern Virginia Community College recently honored the winners of the 24<sup>th</sup> Annual Writing Contest with a ceremony featuring Laura Scott, poet and author of "Death Wishing." In the short fiction category, first place went to **Gabrielle McCormack**, of Centreville, for "Show Me Your Smile Please" and **Morgan Skaggs**, of Oakton, took second place for "Sang Noir." This year's awards were sponsored by the Society for Fine Arts.

**Aun Kei Hong** of Centreville graduated from Rochester Institute of Technology with a bachelor of science degree and a master of science degree in computer engineering from RIT's Kate Gleason College of Engineering in the winter 2012-13 quarter.

**Adair Findley**, of Centreville, graduated with a bachelor of arts degree from Flagler College.

**Emily Morris**, of Oak Hill, graduated cum laude with a bachelor of arts degree from Flagler College.

**Torrian Pace**, a senior at Youngstown State University, has been named to Who's Who Among Students at American Universities and Colleges.

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# ENTERTAINMENT

Email announcements to [centreview@connectionnewspapers.com](mailto:centreview@connectionnewspapers.com). Photos welcome.

## THURSDAY/MAY 16

**Clifton Charity Homes Tour.** 9:30 a.m.-3:30 p.m. in historic Clifton. \$25/advance; \$30/day of tour; \$10/single home admission. Visit [www.cliftoncwc.org](http://www.cliftoncwc.org) for ticket information. Proceeds benefit the Charitable Trust.

**Marketplace and Silent Auction Fundraiser.** The Clifton Community Woman's Club will host a fundraiser at Paradise Spring Winery in conjunction with the homes tour. Wine Down and silent auction from 3-6 p.m. at the winery. Free. Visit [www.cliftoncwc.org](http://www.cliftoncwc.org).

**Guys Read.** 7:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Boys in grades 5 and 6 can participate. Call for title. Free. Registration required. 703-502-3883.

## FRIDAY/MAY 17

**Storytime.** 1:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 3-5 can enjoy stories and more. Free. Registration required. 703-502-3883.

**Show Choir Spring Concert.** 7 p.m. at Grace Covenant Church, 4600 Brookfield Corporate Drive. \$5/person. Chantilly High School's choirs will perform.

**Book Fair.** 5-9 p.m. at Barnes & Noble Fair Lakes, 12193 Fair Lakes Promenade Drive, Fairfax. Families can enjoy face painting, stories, art display and more. Proceeds benefit Mountain View High School Scholarship Foundation.

## SATURDAY/MAY 18

**Touch a Truck Day.** 1-4 p.m. at Chantilly Library. Children can climb, explore and learn about different public service vehicles. Bring a blanket and a picnic lunch while enjoying music from Mr. Skip and the Chantilly High School Jazz Band. Free.

**Spring Carnival.** 11 a.m.-5 p.m. at St. Andrew the Apostle, 6720 Union Mill Road. Enjoy a magic show, clown on-site, reptiles, face painting, silent auction, games and more.

**Bravo for Spanish.** 10:30 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children ages 3-6 can enjoy music, movement, stories and more. Free. Registration required. 703-830-2223.

**Master Gardeners.** 10:30 a.m. at Chantilly Library, 4000 Stringfellow Road. Adults can get tips, information and advice on their home gardens. Free. 703-502-3883.

**5K for Foster Care Kids.** 8:30 a.m., at Lake Accotink Park, 5660 Heming Ave., Springfield. Bring a team of friends or join a Fairfax Families4Kids team and enjoy the spring weather and company of youth. The race proceeds benefit foster care; those who do not want to run can sponsor a child at [www.fairfaxyouth.org/attend.xml?event=1010](http://www.fairfaxyouth.org/attend.xml?event=1010). Visit [www.fairfaxyouth.org/events.xml](http://www.fairfaxyouth.org/events.xml).

## SUNDAY/MAY 19

**Auditions.** 6 p.m. at the Metropolitan Fine Arts Center, 9015 Silverbrook Road, Fairfax Station. Teens age 14-19 can audition for "Fame - the Musical." Visit [metro-theatre.org](http://metro-theatre.org) for details.

**Israel Street Festival.** Noon-5 p.m. at

Fairfax Corner, 4100 Monument Drive. The Shuk headlines the festival. Enjoy exhibits, demonstrations, an Israel-style marketplace and more. Food for purchase. Free. Visit [www.jccnv.org](http://www.jccnv.org) or 703-323-0880.

**Bird Watching Club.** 3-4 p.m. at E.C. Lawrence Park, 5040 Walney Road, Chantilly. Children ages 5-11 can search for birds that inhabit the park. \$5/person. Dress for weather. Registration required, 703-631-0013.

**Tree Search.** 5 p.m. at E.C. Lawrence Park, 5040 Walney Road. Adults can find the biggest, oldest and rarest trees in the forest. \$6/Fairfax County resident; \$8/out-of-county visitors. Registration required, 703-222-4664.

## MONDAY/MAY 20

**Auditions.** 7 p.m. at Lorton Arts Center, W-3 Theatre, 9601 Ox Road, Lorton. Teens age 14-19 can audition for "Fame - the Musical." Visit [metro-theatre.org](http://metro-theatre.org) for details.

**Storytime.** 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 3-5 can enjoy stories and more. Free. Registration required. 703-502-3883.

**Time for Tots.** 11 a.m. at Centreville Library, 14200 St. Germain Drive. Children ages 2-3 can enjoy stories and activities. Free. 703-830-2223.

**Sully Book Club.** 1 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults can discuss "The Book Thief" by Marcus Zusak. Free. 703-830-2223.

**Book Buddies.** 2:30 p.m. or 3:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. First and second graders can enjoy a book discussion. Call for title. Free. Registration required. 703-502-3883.

**Writers of Chantilly.** 6:45 p.m. at



PHOTO COURTESY OF JOAN BRADY

**Runners at last year's Fairfax Families4kids 5K to benefit foster care children. This year the 5K will be at Lake Accotink Park, 5660 Heming Ave., Springfield, from 8:30 a.m.-1 p.m. on Saturday, May 18.**

Chantilly Regional Library, 4000 Stringfellow Road. Adults can share their work and receive feedback. Free. 703-502-3883.

**ESL Book Club.** 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Ask for title. 703-830-2223.

## TUESDAY/MAY 21

**Small Wonders.** 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

**Bouncin' Babies.** 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

**Storytime.** 1:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 3-5 can enjoy stories and more. Free. Registration required. 703-502-3883.

**Tuesday Tales.** 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. All ages can enjoy music, movement and fun. Free. Registration required. 703-502-3883.

## WEDNESDAY/MAY 22

**Toddlin' Twos.** 10:30 a.m. and 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 2 can enjoy stories and activities. Free. Registration required. 703-502-3883.

**Bouncin' Babies.** 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

**Small Wonders.** 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

SEE CALENDAR, PAGE 9

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Email announcements to [centreview@connectionnewspapers.com](mailto:centreview@connectionnewspapers.com). Deadline is Thursday at noon. Photos welcome.

## THURSDAY/MAY 16

**Perils of College Drinking Culture Forum.** 7 p.m. at Westfield High School. Features a screening and panel discussion on "Haze," designed for parents and college-bound teens. Free. Parents are encouraged to attend with their teens.

## FRIDAY/MAY 17

**Registration Open House.** 9:30-11:30 a.m. at Clifton Children's Academy, 14315 Compton Road. Register for Fall 2013 and summer

camp. Visit [www.childrensacademy.com](http://www.childrensacademy.com) or 703-968-8455 to schedule an appointment.

**Bookfair.** 5-9 p.m. at Barnes & Noble, 12193 Fair Lakes Promenade Drive, Fairfax. Proceeds benefit scholarships for Mountain View High School graduates. Visit [www.mountainviewhsfoundation.org](http://www.mountainviewhsfoundation.org) or 703-227-2388.

## FRIDAY-SUNDAY/MAY 17-19

**Revival Services.** 6-9 p.m. each evening at Brookfield Elementary School, 4200 Lees Corner Road. Bishop Gabriel Dagunduro from Nigeria, West Africa and Bishop Timothy W. Cummings are the guest speakers. Free.

## SATURDAY/MAY 18

**EMS Week Event.** 10 a.m.-2 p.m. at Cub Run Rec Center, 4630 Stonecroft Blvd., Chantilly. Browse displays, get one-on-one interactions, take a blood pressure screening, and more. Free. 703-817-9407.

**Flea Market.** 8 a.m.-1 p.m. at Oakton Baptist Church, 14001 Sullyfield Circle, Chantilly.

## MONDAY/MAY 20

**Kindergarten Orientation.** 2:30-3:45 p.m. at Greenbriar West Elementary School. 703-633-6700.

**Kindergarten Orientation.** 2-3 p.m. at Union Mill Elementary. Visit [www.fcps.edu/parents/index.shtml](http://www.fcps.edu/parents/index.shtml)

or the school office to pick up registration forms; call the school for an appointment to drop off the filled out forms. 703-322-8500 for appointments or questions.

**Kindergarten Orientation.** 1:45-4 p.m. at Bull Run Elementary School. Bring your child. If unable to attend, call Tina Vanison, registrar, 703-227-1400 to set-up an appointment.

**Centreville Toastmasters.** 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Overcome your fear of public speaking in a proven program that has helped thousands over the last 89 years. All welcome.

## WEDNESDAY/MAY 22

**Republican Women of Clifton**

**Meeting.** 7 p.m. at Fairview Elementary School, 5815 Ox Road, Fairfax Station. Features Tom McDevitt, chairman of "The Washington Times," who will speak about current media trends, and Steven Yeh, who will talk about U.S. policies. Visit [www.cliftongop.com](http://www.cliftongop.com).

## MONDAY/MAY 27-SATURDAY/JUNE 1

**Operation Medicine Cabinet Cleanout.** Disposal is free (pills or liquids only, no pressurized canisters or needles), convenient, confidential and safe. The Sully District Station is located at 4900 Stonecroft Blvd., Chantilly. Visit [www.unifiedpreventioncoalition.org](http://www.unifiedpreventioncoalition.org) or call 703-938-8723, TTY 711.

## CALENDAR

FROM PAGE 8

## SATURDAY/MAY 25

**Master Gardeners.** 10:30 a.m. at Chantilly Library, 4000 Stringfellow Road. Adults can get tips, information and more about home gardens. Free. 703-502-3883.

**Peaceful Paws.** 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children on the autism spectrum or with other developmental challenges meet and read to a trained therapy dog: Dakota, a gentle giant Bernese Mountain dog. Reading is not required, but can read from a library book or already owned one. Free. Registration required, 703-502-3883.

**Magic and Mayhem.** 2:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Girls and boys in grades 6-8 can participate in this sci-fi/fantasy book group. Call for title. Free. Registration required. 703-502-3883.

**Hidden Pond: Terrific Turtles.** 2:30 p.m. at Chantilly Library, 4000 Stringfellow Road. Children in grades K-6 can learn about turtles and meet some. Free. Registration required, 703-502-3883.

## SUNDAY/MAY 26

**Music.** 6 p.m. at Udvar-Hazy Center, 14390 Air & Space Museum Parkway, Chantilly. The U.S. Navy Band's Commodores will perform. Free.

## TUESDAY/MAY 28

**Small Wonders.** 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

**Bouncin' Babies.** 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

**Storytime.** 1:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 3-5 can enjoy stories and more. Free. Registration required. 703-502-3883.

## WEDNESDAY/MAY 29

**Toddlin' Twos.** 10:30 a.m. and 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 2 can enjoy stories and activities. Free. Registration required. 703-502-3883.

**Bouncin' Babies.** 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

**Small Wonders.** 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

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Christian Life Center...703-754-9600  
Clear River Community Church...  
703-881-7443  
Covenant Christian Center...703-631-5340  
Fair Oaks Church...703-631-1112  
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Capital Worship Center...703-530-8100  
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**Marymount University counseling students Maya Georgieva, of Alexandria, and Sandi Boyles, of Centreville, pack a box for female soldiers.**

PHOTO COURTESY OF MARYMOUNT UNIVERSITY

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# Teaching Healing Through Altruism

**Marymount students learn counseling technique by helping U.S. troops.**

BY MARILYN CAMPBELL  
CENTRE VIEW

**A** group of counseling students got to experience a therapeutic technique while also helping service men and women serving in Afghanistan.

Graduate students in the Pastoral Counseling program at Marymount University in Arlington assembled care packages for U.S. troops as part of a community service requirement. One of the project's goals was to teach the future therapists how altruism can have long-term mental health benefits.

"The research has shown that if a person goes outside of themselves to help others it can be a therapeutic experience, especially for those who have depression or other mental health challenges," said Lisa Jackson-Cherry, Ph.D., chair of the Department of Counseling and founder of the Pastoral Counseling program. "We want students to experience what a client would experience."

Students are required to perform 30 hours of community service as part of their program. The class of 11 students formulated, planned and implemented the task. "I think everyone thought of the assignment as not just a project we had to complete, but a chance to actually, in some small way, let men and women in the military know that people here at home do appreciate their service and sacrifice," said Annandale resident Nina Angeles.

The students collected an array of items like games,

magazines, books and DVDs. They gathered nearly enough items to fill their classroom and exceeded their professor's expectations. "I was expecting five or six boxes, but it became more than what the entire university could have put together," said Jackson-Cherry. "We had almost a roomful of supplies. The students solicited from their churches and from family members across the country."

Pastoral counseling students learn to incorporate spirituality into their work with clients. They wrote personal letters to the troops and included information on stress relief practices like meditation and breathing exercises. "We could not help but feel for the brave men and women who ... face stressful and sometimes traumatic situations away from home," said doctoral student Maya Georgieva of Alexandria. "... It was essential that we send notes of encouragement and support."

**"The research has shown that if a person goes outside of themselves to help others it can be therapeutic experience, especially for those who have depression or other mental health challenges."**

— **Lisa Jackson-Cherry, Ph.D., Marymount University**

Jackson-Cherry said the most powerful learning experience came when she delivered the boxes to a VFW Post in Maryland: the feeling that comes from seeing the impact benevolence has on others. "The place was packed for lunch, and I was planning to slip in the back door and drop off the boxes," she said. "There were veterans there from World War II and Vietnam ... they became teary-eyed as they were telling me stories of how the acts of strangers had impacted them when they were serving overseas. It was quite touching. I wish the students

could have been there to see how their acts of kindness touched so many more people than they would have thought of."

The students did get an opportunity to experience gratitude first-hand, however, when the military unit that received their supplies wrote a thank you note to the class. "The unit was overwhelmed by the generosity and the kindness of strangers, especially because they were away from their families," said Jackson-Cherry.

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## Animal Shelter Seeks Foster Parents

**K**athleen Cornell, Foster Care coordinator, wants to expand the Fairfax County Animal Shelter's foster program. So a foster information session is slated for Tuesday, May 21, at 7 p.m., at the shelter, 4500 West Ox Road in Fairfax.

"Historically, [it's] focused on finding foster homes for kittens and puppies until they're old enough to be adopted," said Cornell. "We now want to find more homes where adult dogs and cats, as well as rabbits and other small animals, can benefit from a home environment."

The shelter's also recruiting potential foster parents for adult dogs with special medical needs, puppies and orphaned kittens, plus dogs and cats need-

ing extra attention and socialization before being adopted.

"The Shelter provides all the medical care, food and supplies for foster animals," added Kristen Auerbach, Community Outreach program manager. "As a foster parent, you provide a safe and nurturing place for an animal that needs extra TLC. Our foster parents save lives by the selfless act of opening their hearts and homes."

To attend the information session, RSVP to Kathleen.cornell@fairfaxcounty.gov. Those unable to attend, but still interested in fostering, may fill out an application at <http://www.fairfaxcounty.gov/police/animal/foster.htm>.

### ROUNDUPS

FROM PAGE 3  
by members of the community.

## Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, May 23, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary.

But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

However, because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

## Food Donations For WFCM

Western Fairfax Christian Ministries' food pantry urgently needs donations of spaghetti sauce, canned fruit, rice (2-lb. bags), canned pasta, peanut butter, canned tuna and meat, hot and cold cereal, fruit juice, and pancake mix and syrup. Bring all items to WFCM'S new food-pantry location at 13888 Metrotech Drive, near Papa John's Pizza and Kumon Learning Center, in Chantilly's Sully Place Shopping Center.

## Meals on Wheels Volunteers

Fairfax County needs Meals on Wheels drivers in Chantilly and group Meals on Wheels coordinators in both Chantilly and Fairfax. Contact Volunteer So-

lutions at 703-324-5406, TTY 711, VolunteerSolutions@fairfaxcounty.gov or visit [www.fairfaxcounty.gov/dfs/olderadultservices/volunteer-solutions.htm](http://www.fairfaxcounty.gov/dfs/olderadultservices/volunteer-solutions.htm).

## Give Caregivers a Break

Fairfax County needs Respite Care volunteers throughout the county to give family caregivers of a frail older adult a well-deserved break. Volunteers visit and oversee the safety of the older adult for a few hours each month. Volunteers are matched with families in or near their own neighborhoods. Support and training is provided. Contact Kristin Martin at 703-324-7577, TTY 711, or Kristin.Martin@fairfaxcounty.gov.

## Women's Self Defense Program

The Fairfax County Law Enforcement Foundation is partnering with the Fairfax County Police Department to offer the Women's Self Defense Training program. It's based on the SAFE program formerly provided by the Police Department, but now being taught by C&J Security Corp.

The program is a two-day class that will meet on consecutive Tuesday and Thursday evenings from 6:15-9:30 p.m. It's currently offered free and all class materials are included. Program funding is provided through the Fairfax County Law Enforcement Foundation.

The course is offered to females, age 13 and older. A female guardian must accompany girls 13-18. No men other than the instructors are permitted to be present during a class. For more information, call 703-246-7806, e-mail WSD@fairfaxfoundation.org or go to [www.fairfaxfoundation.org](http://www.fairfaxfoundation.org).

### BUSINESS NOTES

NJVC, an information technology solutions provider headquartered in Northern Virginia, announces management-level promotions: **John Herweh**, SPHR, senior vice president, human resources, and **Adriel Cardona**, director, security.

As SVP, Herweh is responsible for directing and further developing company training, employee relations, talent acquisition and management, compensation and benefits, and security. He serves as a member of the NJVC leadership team, and reports directly to NJVC President Jody Tedesco.

Herweh joined NJVC in 2011 as VP, human resources. Prior to NJVC, he led associate relations at Perdue Farms' 1,300-person Milford, Del., processing plant.

At Perdue Farms, Herweh spearheaded employee relations, including conflict resolution, turnover reduction tactics, labor law issues and special projects, such as philanthropy. Earlier, he was manager, employee integration, with The Hershey Company.

As director, security, Cardona oversees all NJVC security-related issues for both the company and its customers. He develops and administers security brief-

ings for senior staff member and government officials, investigates all security-related incidents, assesses and implements methods to reduce security incidents, develops and evaluates security policies, and oversees all security staff. Cardona reports directly to Herweh.

Earlier, Cardona was NJVC chief security officer. Prior to NJVC, he was security manager and technical security policy chief with Gannon Technologies Group, security management specialist with Rockwell Collins and senior security manager with Automation Precision Technologies.



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## Please Welcome Brigid B. Mooney, D.D.S. to our Practice!

Dr. Mooney is married and resides in Arlington with her husband, Brandon and their two dogs. She graduated from University of Texas Health Science Center Dental School in San Antonio, TX.

She is a member of the AGD, ADA, VDA, and No. VA Dental Society. She enjoys hiking and cooking.



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# SPORTS



**Westfield junior Molly O'Sullivan scored seven goals against Oakton in the Concorde District girls' lacrosse championship game on May 10.**



**Meghan Heck and the Westfield girls' lacrosse team won the 2013 Concorde District championship.**

PHOTOS BY CRAIG STERBUTZEL/CENTRE VIEW

## O'Sullivan's 7 Goals Lead Westfield Girls' Lax to Concorde Title

**Bulldogs beat defending champion Oakton in overtime.**

BY JON ROETMAN  
CENTRE VIEW

**T**he Westfield girls' lacrosse team trailed late in the Concorde District championship game when a referee issued a yellow card for a dangerous shot to Bulldog junior and district Offensive Player of the Molly O'Sullivan.

Down a player and on the wrong end of an 11-10 score against Oakton with 3:25 remaining, Westfield managed to tie the

score on a goal by Meghan Heck before its top offensive threat returned.

"I was pretty upset," O'Sullivan said. "I don't usually get yellow cards a lot and I don't usually take crazy shots like that. ... I just had to go back in; I had a-minute-30 to redeem myself and you've just got to do all you can."

Neither team scored in the final 85 seconds of regulation and the game went to overtime.

From that point, it's fair to say O'Sullivan redeemed herself.

O'Sullivan scored a pair of goals in the first overtime period and Westfield held on for a 14-13 victory against Oakton on May 10 at Chantilly High School. O'Sullivan tied a career high with seven goals as the Bulldogs beat the defending state champions.

"She's very deceptive and hard to stop,"

Westfield head coach Katie Ruch said. "When she has her eye on the goal, it's really hard to stop her. She has quick movement and her shot accuracy is incredible."

Katie Manning finished with three goals for Westfield. Heck scored two, including the game-tying goal late in regulation.

"Meghan and Molly are excellent players on their team," Oakton head coach Jean Counts said. "They cannot be stopped in a very easy manner."

Katelyn Rennyson and Katie Matz each scored one goal for Westfield.

Tori Anderson and Danielle Palmucci each scored four goals for Oakton. Lydia Montanino and Katie Scoggins each scored two goals and Kelsey McWilliams had one.

Oakton led 11-9 when Anderson scored with 8:58 remaining in the second half. Westfield scored the game's next five goals,

building a 14-11 advantage in overtime. McWilliams scored for Oakton with 19 seconds remaining in the first overtime period, snapping a scoreless streak of more than 11 minutes for the Cougars.

Oakton had won the previous two district championships.

Westfield defeated Annandale 16-9 on Tuesday in the opening round of the Northern Region tournament, improving the Bulldogs' record to 16-1. The Bulldogs will host Stone Bridge, the Liberty District's No. 3 seed, in the quarterfinals at 7 p.m. on Thursday, May 16.

Westfield's O'Sullivan (attack), Heck (midfield), Manning (midfield) and Rachael Ulsh (defense) were named to the all-district first team. Grace Horgan (attack), Jenna Welch (midfield) and Colby Kidwell (defense) were named to the second team.

## Chantilly Boys' Lax Captures Concorde Championship

**Chargers senior Unterkofler scores game-high four goals.**

BY JON ROETMAN  
CENTRE VIEW

**C**hantilly senior Conrad Unterkofler woke up at 7 a.m. on May 11, ate breakfast, sat on the couch and thought about what needed to be done.

The previous night, the Chantilly boys' lacrosse team trailed Robinson 2-1 in the Concorde District championship game when play was suspended due to lightning with 14 seconds remaining in the second quarter. After a delay, the contest was postponed until 9 a.m. the next day.

"It's a little bit of a drag," Unterkofler said about finishing the championship game at 9 a.m., "but last night we were kind of out of it. I think it just gave us another chance to get prepared."

Facing a deficit, Chantilly coaches spoke with their team captain and first-team all-



PHOTO BY CRAIG STERBUTZEL/CENTRE VIEW

**Chantilly sophomore Javin Re, right, defends Robinson's Chris White on May 10 during the Concorde District boys' lacrosse championship game.**

district midfielder Saturday morning.

"... [W]e took [Unterkofler] aside, asked him what he thought about what we did last night [and] he had the right thoughts," Chantilly head coach Kevin Broderick said. "He said our guys were a little nervous, we didn't run our offense. We asked him to step up and carry us. He wouldn't be selfish, but

[we asked him] to really look for those opportunities and he did everything we asked him to."

Unterkofler scored four goals, including the game-winner in double overtime, and the Chargers defeated Robinson 6-5 to capture the Concorde District title on Saturday at Chantilly High School. Unterkofler scored the Chargers' first three goals and found the net with 18 seconds remaining in the second overtime period.

"Conrad's the man," Broderick said.

It was Chantilly's fourth district title in the last six seasons and first since 2011.

"I'm very happy for the kids," Broderick said. "They worked hard. It was a great game."

Robinson led 4-3 entering the fourth quarter. Chantilly's Jonathan Popham tied the score with 10:53 remaining and Curtis Christian's goal with 6:47 left gave the Chargers a 5-4 lead. Robinson's Charlie Morrisette scored with 5:17 left in regulation and the game went to overtime tied at 5-all.

Morrisette and Connor Lloyd each scored two goals for Robinson. Junior goalkeeper Nick Kondracki helped keep the Rams in

the game with 23 saves.

"He had a great game," Robinson head coach Matt Curran said. "Nick wasn't a first-team all-district goalie, but he certainly looked like a first-team all-district goalie last night and this morning."

On May 14, Chantilly defeated Annandale 15-5 in the opening round of the Northern Region tournament, improving the Chargers' record to 16-1. Chantilly's lone loss came on March 28, an 8-5 defeat against Langley, which beat Chantilly in three of the last four AAA state championship games.

The Chargers will host Yorktown, the National District's No. 2 seed, at 7 p.m. on Thursday, May 16 in the regional quarterfinals.

Chantilly attackman Mike Marson was named Concorde District Offensive Player of the Year, and defenseman Jake Dansey was named Defensive Player of the Year. Marson, Bill Leslie (attack), Unterkofler (midfield), Dansey (defense), Kevin Doherty (defense), Jason Park (LSM/SSM), Kevin Covino (LSM/SSM), Brendan Wallace (LSM/SSM) and Patrick Meehan (goalie) each earned first-team all-district honors for Chantilly.



PHOTO CONTRIBUTED

## 26 Acts of Kindness

In honor of Sandy Hook Elementary, the Wildcat Nation pledged to do a kind act every day through May 26, and the Centreville High School SGA handed out free T's to document their kindness.

### HOME SALES

In March 2013, 73 Centreville homes sold between \$1,070,000-\$100,000. This week's list represents those homes sold in the \$1,070,000-\$270,000 range. For the complete list, visit [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

Address	BR	FB	HB	Postal City	Sold Price	Type	Lot AC	Postal Code
5135 PLEASANT FOREST DR	5	4	1	CENTREVILLE	\$1,070,000	Detached	1.27	20120
5205 ROSALIE RIDGE DR	4	5	0	CENTREVILLE	\$980,000	Detached	1.36	20120
15497 EAGLE TAVERN LN	5	3	1	CENTREVILLE	\$679,500	Detached	0.30	20120
15315 JORDANS JOURNEY DR	5	3	1	CENTREVILLE	\$625,000	Detached	0.34	20120
15462 WATERS CREEK DR	6	3	1	CENTREVILLE	\$600,000	Detached	0.32	20120
5234 BELLE PLAINS DR	4	3	1	CENTREVILLE	\$580,000	Detached	0.22	20120
6714 WHITE POST RD	5	3	1	CENTREVILLE	\$575,000	Detached	0.57	20121
5717 PAMELA DR	5	4	1	CENTREVILLE	\$555,000	Detached	0.25	20120
14570 RIVERWIND TER	4	3	1	CENTREVILLE	\$485,000	Townhouse	0.06	20120
14572 RIVERWIND TER	4	3	1	CENTREVILLE	\$485,000	Townhouse	0.00	20120
5702 LOCUST BRANCH CT	4	3	1	CENTREVILLE	\$480,000	Detached	0.25	20120
14576 RIVERWIND TER	4	3	1	CENTREVILLE	\$465,000	Townhouse	0.00	20120
14578 RIVERWIND TER	4	3	1	CENTREVILLE	\$459,500	Townhouse	0.00	20120
6543 WHEAT MILL WAY	4	3	1	CENTREVILLE	\$457,000	Detached	0.20	20121
6181 DERRING ST	3	3	1	CENTREVILLE	\$450,000	Townhouse	0.04	20120
13990 SAWTEETH WAY	3	2	1	CENTREVILLE	\$439,900	Townhouse	0.07	20121
5517 SHIPLEY CT	4	3	1	CENTREVILLE	\$438,325	Detached	0.20	20120
5812 STONE CREEK DR	3	3	1	CENTREVILLE	\$437,000	Detached	0.13	20120
5429 CLUBSIDE LN	3	2	1	CENTREVILLE	\$435,000	Detached	0.26	20120
14532 OAK CLUSTER DR	4	2	1	CENTREVILLE	\$429,900	Detached	0.25	20120
5100 VILLAGE FOUNTAIN PL	3	2	2	CENTREVILLE	\$420,000	Townhouse		20120
14255B WOVEN WILLOW LN #94	3	2	1	CENTREVILLE	\$390,000	Townhouse		20121
13954 SAWTEETH WAY	3	2	1	CENTREVILLE	\$385,000	Townhouse	0.04	20121
14054 DARKWOOD CIR	4	3	1	CENTREVILLE	\$380,000	Townhouse	0.04	20121
14118 RED RIVER DR	3	3	1	CENTREVILLE	\$374,000	Townhouse	0.04	20121
14721 GROBIE POND LN	3	2	1	CENTREVILLE	\$369,900	Townhouse	0.03	20120
14324 MONTVERD CT	3	2	2	CENTREVILLE	\$360,000	Townhouse	0.04	20121
14332 STONEWATER CT	3	2	1	CENTREVILLE	\$357,000	Townhouse	0.04	20121
13912 WOODS RUN CT	3	2	2	CENTREVILLE	\$355,000	Townhouse	0.03	20121
14720 STREAM POND DR	3	2	2	CENTREVILLE	\$347,500	Townhouse	0.03	20120
14031 RED RIVER DR	3	3	1	CENTREVILLE	\$347,000	Townhouse	0.07	20121
13849 WAKLEY CT	4	3	1	CENTREVILLE	\$345,100	Townhouse	0.07	20121
13837 WAKLEY CT	3	3	1	CENTREVILLE	\$345,000	Townhouse	0.07	20121
5637 SHERBORNE KNLS	4	3	1	CENTREVILLE	\$338,000	Townhouse	0.03	20120
6069 CLAY SPUR CT	3	3	1	CENTREVILLE	\$336,000	Townhouse	0.03	20121
14808 EDMAN CIR	4	3	1	CENTREVILLE	\$335,000	Townhouse	0.03	20121
5425 MIDDLEBOURNE LN	3	3	1	CENTREVILLE	\$333,000	Townhouse	0.05	20120
14569 CREEK BRANCH CT	3	3	1	CENTREVILLE	\$325,000	Townhouse	0.04	20120
14525 BATTERY RIDGE CT	3	2	1	CENTREVILLE	\$320,000	Townhouse	0.05	20120
14636 CROATAN DR	3	2	1	CENTREVILLE	\$318,500	Townhouse	0.03	20120
14544 WOODGATE MANOR PL	3	3	1	CENTREVILLE	\$315,000	Townhouse	0.06	20120
5672 CABELLS MILL CT	3	3	1	CENTREVILLE	\$310,000	Townhouse	0.05	20120
5624 OAKHAM PL	4	3	1	CENTREVILLE	\$310,000	Townhouse	0.05	20120
6115 STONEPATH CIR	3	3	0	CENTREVILLE	\$306,000	Townhouse	0.06	20120
14432 FOUR CHIMNEY DR	3	3	1	CENTREVILLE	\$300,000	Townhouse	0.03	20120
13941 BIG YANKEE LN	2	2	2	CENTREVILLE	\$300,000	Townhouse	0.03	20121
6825 STONE MAPLE TER	3	2	1	CENTREVILLE	\$298,800	Townhouse	0.03	20121
13681 WATER SPRINGS CT	3	2	1	CENTREVILLE	\$296,000	Townhouse	0.03	20121
5432 MIDDLEBOURNE LN	4	3	1	CENTREVILLE	\$292,500	Townhouse	0.03	20120
5445 MIDDLEBOURNE LN	4	3	1	CENTREVILLE	\$285,000	Townhouse	0.04	20120
6923 HOVINGHAM CT	3	2	2	CENTREVILLE	\$281,500	Townhouse	0.03	20121
6300 PADDINGTON LN	3	2	1	CENTREVILLE	\$277,000	Townhouse	0.11	20120
14455 FALLSCLIFF LN #56	3	2	1	CENTREVILLE	\$275,000	Townhouse		20120
14433 GRINGSBY CT	3	2	1	CENTREVILLE	\$274,900	Townhouse	0.02	20120
6106C HOSKINS HOLLOW CIR	3	2	1	CENTREVILLE	\$270,000	Townhouse	0.04	20121

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# OPEN HOUSES

## SATURDAY/SUNDAY, MAY 18 & 19

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com) and click on the "This Week in Real Estate" link.  
Call Specific Agents to Confirm Dates & Times

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7500 Weymouth Hill Rd....\$1,165,000.....Sun 12-3.....Sharon Mills.....RE/MAX..703-296-1676  
7242 Archlaw Dr.....\$1,075,000.....Sun 2-4.....Pat Fales.....RE/MAX..703-503-4365  
12395 Henderson Rd.....\$900,000.....Sun 2-4.....Monica Sims.....RE/MAX..703-642-3380  
6922 Clifton Rd.....\$689,000.....Sun 2-5.....Nancy Basham.....Long & Foster..703-772-2066

### Fairfax

6119 Queens Brigade Ct.....\$622,500.....Sun 2-4.....Carrie Shokraei.....RE/MAX..703-297-2109  
3737 Mazewood Ln.....\$374,900.....Sun 1-4.....Debi Anderson.....Samson Props..703-585-6164  
13233 Custom House Ct.....\$355,000.....Sun 1-4.....Bryan Henry.....Samson Props..703-786-2376

### Fairfax Station

7904 Oakshire Ln.....\$1,795,000.....Sun 2-4.....Pat Fales.....RE/MAX..703-503-4365  
5735 Daingerfield Way....\$1,495,000.....Sun 1-4.....Jeffrey McGlothlin.....McEneaney..703-286-1289  
6207 Halley Commons Ct..\$1,199,000.....Sat 1-4.....Helen Grozbean.....Keller Williams..571-233-4287  
10109 Homar Pond Dr.....\$925,000.....Sun 1-4.....Helen Grozbean.....Keller Williams..571-233-4287  
11501 Litting Ln.....\$849,000.....Sun 2-4.....Pat Fales.....RE/MAX..703-503-4365  
7612 Rustle Ridge Ct.....\$839,950.....Sun 1-4.....Kathleen Quintarelli.....Weichert..703-862-8808  
10611 Daysailor Dr.....\$839,750.....Sun 1-4.....Patrick Saltz.....Saltz..703-569-1100  
6328 Barsky Ct.....\$795,000.....Sun 1-4.....Nina Bonan.....Top Pro..301-762-4989

### Franconia/Kingstowne

5577 La Vista Dr.....\$888,888.....Sun 1-4.....Michael Lee..TTR Sothebys Int'l..703-319-3344  
5706 Glenwood Ct.....\$824,900.....Sun 1-4.....Kathryn Graves.....Weichert..703-760-8880  
5638 Tower Hill Cir.....\$817,500.....Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..703-822-0207  
5990 Manorview Way.....\$724,900.....Sun 1-4.....Cindy Clemmer.....McEneaney..703-286-1180  
5550 Dunsmore Rd.....\$579,950.....Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..703-822-0207  
8011 Old Parsonage Ct.....\$539,950.....Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..703-822-0207  
5961 Norham Dr.....\$529,950.....Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..703-822-0207  
6153 Summer Park Ln.....\$519,950.....Sun 1-4.....Tom & Cindy & Assoc.....RE/MAX..703-822-0207  
6546 Parish Glebe Ln.....\$495,000.....Sun 1-4.....Susan Maher.....Long & Foster..703-408-5158

### Lorton

8755 Bitterroot Ct.....\$839,900.....Sun 1-4.....Jinny Kim.....Fairfax..703-766-2710  
8978 Birch Bay Cir.....\$765,000.....Sun 1-4.....Pattie Mancini.....Avery-Hess..703-451-9797  
6616 Winstead Manor Ct.....\$759,950.....Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..703-822-0207  
8949 Cross Chase.....\$719,500.....Sun 1-4.....Mahala Hart.....Weichert..703-691-0555  
9032 Harrover Pl.....\$659,900.....Sun 1-4.....Barb White Adkins.....RE/MAX..703-609-8950  
8970 Fascination Ct #210..\$347,905..Sat 11:30-3:30.....Shawn Evans.....Long & Foster..703-790-1990  
8960 Fascination Ct #316..\$339,990.....Sun 12-3.....Shawn Evans.....Long & Foster..703-790-1990  
8970 Fascination Ct #111..\$283,115.....Sat 11-3.....Shawn Evans.....Long & Foster..703-790-1990

### Springfield

8585 Beatrice Ct.....\$819,000.....Sun 1-5.....Ali Hasan.....United American..703-866-2424  
6505 Lignum St.....\$575,000.....Sun 1-4.....Dallison Veach.....RE/MAX..703-477-7920  
7507 Oriole Ave.....\$504,900.....Sun 1-4.....Beckie Owen.....Long & Foster..703-328-4129  
6401 Racetec Ct.....\$455,900.....Sun 1-4.....Carla Moore.....EXIT..703-495-6200  
7635 Chancellor Way.....\$445,000.....Sun 1-4.....Sherry Elphick-Schoske.....RE/MAX..703-971-5555  
6808 Bellamy Ave.....\$429,500.....Sun 1-4.....Sherry Rahnama.....RE/MAX..703-449-7629

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## A Fluid Situation



By KENNETH B. LOURIE

I don't mean to be the least bit paranoid, but I suppose that's because, as a stage IV non-small cell lung cancer "diagnosee," I'm already the most bit paranoid. A terminal diagnosis of incurable cancer has a way of doing that to you (at least to me it has). Not to blame cancer totally for my behavior, but can you think of a more deserving and appropriate cause of this effect than the "leading cancer killer in both men and women in the United States." In fact, according to the American Lung Association, "Lung cancer causes more deaths than the next three most common cancers combined (colon, breast and prostate)."

So call me crazy (at least you can still call me – and I will answer, because I am STILL ALIVE). However, as a four-years-plus cancer survivor, if I've learned anything during my treatment, it is that symptoms manifest themselves – at their discretion, and presumably their appearance means something (as opposed to nothing which would of course be my preference). Ergo, an increase in the fluid in my lungs is nothing to sneeze at; that's because I've been too busy coughing (just kidding). But what does the existence of this fluid mean? Hopefully nothing, but it could mean something; something problematic.

An outpatient procedure: a needle aspiration of my lungs, will provide the answer. Although learning that answer comes with risks: aside from analyzing the fluid for active cancer cells, there's a possibility of a collapsed lung followed by a week-long stay in the hospital due to the penetration of the lung. And it could be all for nothing. It could simply be, as it is in 40 percent of the cases, a side effect of the targeted treatment tarceva pill I have taken every day without interruption going on nine months now.

Unfortunately, we're dealing with 100 percent of it, and the other 60 percent could contain cancer cells, which opens up a whole host of "unpleasantness," none of which have as yet been discussed. Aspirate and learn my fate or sit tight and be willing to wait. It's not exactly Shakespeare, but that is my question. Made easier – to me, in that I don't have any compelling/indicating-type symptoms: no shortness of breath, no persistent cough, no weightiness in my chest, to confirm this potential life-changer. Is the cancer spreading, or is the tarceva doing what tarceva does: harmlessly side-effecting while saving my life my life, but leaving behind this "fluidy" residue? Do I even want to know or can I continue to keep on living believing that it's nothing because it's not something? (For this cancer patient, ambiguity is a way of life.)

This is another one of those mental moments, one of the many emotional crossroads that cancer/terminal patients face. It's not exactly "The Price Is Right" where what's behind Door #2: "A New Car!" – or a tube of toothpaste (as but one of many examples) could make your public humiliation worthwhile – or not. For cancer/terminal patients however, these decisions could make your life worth living again, or it could make it worse. Where's that studio audience when you need them?

If I delay the procedure, will what I don't know now hurt me more than what I do know later? I don't know. Right now, I feel fine. Can't I just keep on pretending? I don't want to look for trouble. Besides, trouble has already found me. I don't need or want any more. Until I'm told otherwise, that is.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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7500 Weymouth Hill Road, Clifton, Virginia

**Open House  
Sunday, May 19  
from 12 to 3**



Large Balmoral three-sided brick home with four bedrooms, four and one half baths on well-sited, level lot. This exceptional home with approximately 6,700 finished sq ft has too many features to list! There are Brazilian Cherry floors on the main and upper levels, travertine flooring in the kitchen, and a slate floor in the lower level. The home includes a two-story family room with masonry fireplace, separate main level study, sunroom, and additional morning room with gas

fireplace (4 fireplaces total!). Several built-ins & extensive moldings on all levels as well as beautiful wood interior plantation shutters make this home a showcase. Spend time relaxing on the gorgeous "Georgetown-style" brick courtyard patio with masonry fireplace, built-in planters, sitting ledges and privacy wall. Do not overlook the sprinkler system and three-car side-loading garage. This home is "move-in-ready." Your clients will LOVE this home and community.

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