

Springfield CONNECTION

Franconia ❖ Kingstowne ❖ Newington



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PHOTO BY OLIVIA OVERMAN/THE CONNECTION

Irving Middle
Presents...
“Empty House?”
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Celebrating
‘Everyday’
Heroes

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Exploring Nursing

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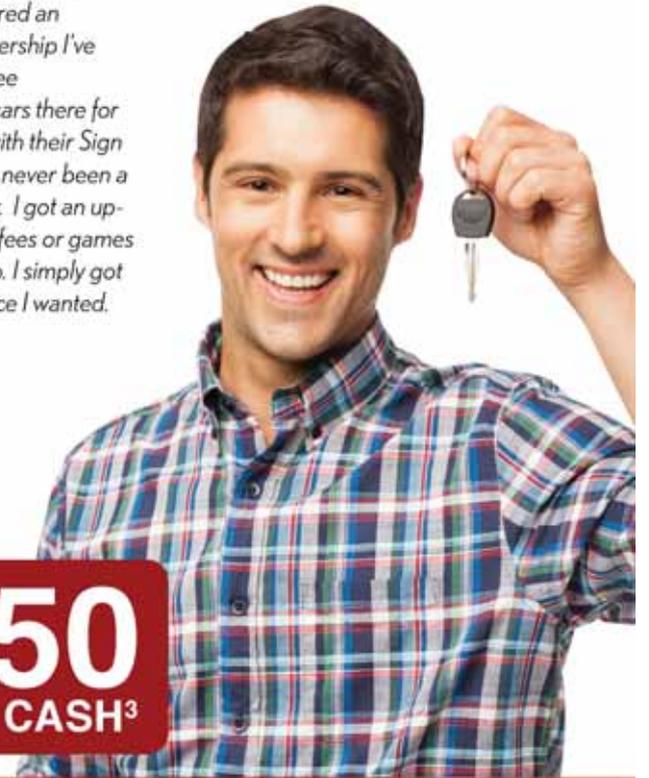
Nadia Brandon and Laura Bartek, both working adult students in the first year of the Licensed Practical Nurse (LPN) course program at The Fairfax County School of Practical Nursing in Springfield.



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ALEXANDRIA TOYOTA / SCION

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NEWS

From left, scholarship recipients Ana Gloribel Pereira Mejia, Nicolas Polo Sánchez, Juan Guevara and Melanie Aguilar Rojas have worked hard to achieve “firsts” for their families in America.



PHOTOS BY LAUREN YOUNG/THE CONNECTION

Area Students Receive Hispanic Leadership Alliance Scholarships

Recipients are first in their families to attend college.

BY LAUREN YOUNG
THE CONNECTION

Every year, The Hispanic Leadership Alliance (HLA), a non-profit organization based in Northern Virginia, gives out scholarships to Latino high school students for post-secondary education. The alliance identifies itself as “a group of area residents committed to helping its students achieve their highest academic potential.” This year, on Monday, May 13, at the eighth annual awards banquet, eight students received scholarships. The banquet was hosted at El Tío Tex-Mex Grill in Falls Church. Families, friends, teachers, counselors, administrators, school board members and the leadership team for HLA were in attendance to show their support for the recipients. The students have plans to further their education, and have thought about possible courses of study for college.

ONE STUDENT, Melanie Aguilar-Rojas from Oakton High School, will be attending William and Mary College in Williamsburg this fall. She plans to study international relations with a future goal of working for the state department. Rojas, like the rest of the award recipients, will represent the first generation of her family to attend college. When asked about this she said, “I’m very excited, and my family is counting on me.”

Nicolas Polo Sánchez of West Springfield High School, another recipient of the HLA scholarship, also plans on studying international relations. He will attend Northern Virginia Community College, with intentions of transferring to James Madison University in Harrisonburg. The first of his family to attend college, he stresses, “If you try hard and have the right people pushing you, you can do amazing things.” Sánchez mentioned how people like the Spanish parent liaison of West Springfield High School helped him. He has been an officer for the Spanish Honors Society, and a member of the Hispanic Heritage Club for four years. These students are all well rounded and have kept busy with obligations outside of academics.

Ana Gloribel Pereira Mejia of Lake Braddock Secondary School says she worked 30 hours a week at a local restaurant throughout high school, in addition to her course work. At age 12 she came to America and had to learn English. This was a challenge she faced, but with the help of teachers like Patricia Rice, her high school English teacher, she has been able to catch up to other students and achieve so much in her four years at Lake Braddock.

Juan Guevara of Herndon High School also had to learn English, and remembers at a young age how



Nicolas Polo Sánchez, West Springfield High School



Ana Gloribel Pereira Mejia, Lake Braddock Secondary School



Juan Guevara, Herndon High School



Melanie Aguilar-Rojas, Oakton High School

he learned by listening to other students in places like the playground. He will attend Longwood University and pursue a double major in art and education. He expressed appreciation for the support and inspiration he received from his teachers in high school. Guevara, just like the other recipients, has had to overcome challenges in his life, but these have not stopped him from being the first of his family to attend college.

THE RECIPIENTS have advice for Latino students who wish to attend college and possibly represent the first generation of their family. Nicolas Polo Sánchez tells children, “Keep working hard, and don’t let people tell you what you can and can’t do.” Ana Gloribel Pereira stressed that “If you keep your grades up and volunteer, these will open up opportunities for you.” Juan Guevara added his short and sweet advice by urging youth to “work hard and not slack.” These students have worked hard to achieve “firsts” for their families in America. Melanie Aguilar says, “I’m really thankful there are organizations like the HLA that support Latino high school students.”



PHOTOS BY DEB COBB/THE CONNECTION

Four sheep found wandering in Virginia Run on April 13 are waiting at the Fairfax County Animal Shelter for their owners to step forward.

Lost Sheep, Looking For Bo Peep?

Fairfax County teachers are used to shepherding their students through many challenges during the school year, so perhaps it wasn’t too much of a stretch for Lees Corner fourth grade teacher Katie Talbot to come to the aid of some lost sheep in her Virginia Run neighborhood on April 13.

Having a regular Saturday morning, Talbot didn’t expect to get a knock on the door from a friend who said, “Um, you have sheep in your front yard.”

Talbot ran outside, “and I baa’d at them.”

The sheep “moseyed” around her cul-de-sac, and with the assistance of her mother, she herded them against a neighbor’s fence. At that point she called the Fairfax County non-emergency police line and awaited the arrival of police officers to herd the sheep into the neighbor’s fenced yard and await the arrival of animal control officers.

— DEB COBB



Four sheep found wandering in Virginia Run on April 13 are waiting at the Fairfax County Animal Shelter for their owners to step forward. Shelter employee LeAnn Gross offers some feed to the sheep.

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From left, Wanda Rixon, director of operations of Molina Healthcare of Virginia; Community Champion award recipients Hank Chao, Ann Louise Lainge Bailey and John Horejsi; and Dr. Jean Glossa, medical director of Molina Healthcare of Virginia.



John Horejsi, with wife Mariann and volunteer Robert Stewart, attended the Molina Healthcare Community Champions celebration at the Stacy C. Sherwood Community Center in Fairfax on Thursday, May 9.



Hank Chao of Vienna, recognized as an “everyday hero” for his work with the Hai Hua Community Center, addresses the audience.

Celebrating ‘Everyday’ Heroes

Molina Healthcare honors local residents for making a difference in the community.

BY VICTORIA ROSS
THE CONNECTION

In the 1980s, Vienna resident John Horejsi and a “ragtag” group of social justice pioneers learned that Virginia was charging sales tax on food stamps. They discovered the sales tax boosted the state’s coffers by \$9.5 million every year, money that they believed belonged to poor families for food or other necessary items.

He and his “gang of eight”—which Horejsi had formed into a non-partisan group called Social Action Linking Together (SALT)—lobbied Virginia lawmakers to stop the practice. While most agreed the tax was horrible policy, the talks ultimately failed. Undeterred, SALT took a leap of faith and reached out to one of the most powerful and influential members of the U.S. Senate, Senator Edward M. Kennedy.

Kennedy helped SALT push legislation to stop the tax. Through that effort, Virginia and 18 other states removed the sales tax on the federal food stamps program. SALT, which influences public social policy and legislation on behalf of low-income Virginia families, especially in the areas of homelessness and hunger, now has more than 1,200 members and is a recognized force in social justice reform.

Hank Chao came to Vienna from Taiwan in 1984 when he was 25 years old. He arrived without a college degree and did not speak much English, but he believed that Asian Americans needed to “help build the bridge to the mainstream society.” In 2003 Hank joined one of the largest Chinese organizations, Hai Hua Community Center

(HHCC), and eventually became its president. Chao started the annual Chinese Lunar New Year celebration, a popular multicultural affair, with Chinese, Indian, Indonesian, Japanese, Korean, Malaysian and Filipino groups presenting cultural performance, demonstrations, and arts and crafts activities.

He said that the Lunar New Year event “not only educates area residents about cultures in Asia, but also plays an important role in reconnecting those removed from the geographic area to the culture of their ancestors.”

Anne Louise Lainge Bailey of Alexandria believed it was important to improve mental health services for children and families. So she became the volunteer coordinator of The Nexus Committee, which focuses on improving the mental health of children through prevention, intervention, education and research, and as its name implies, brings together stakeholders to share information and ideas which can translate into effective action to advance government and private assistance to needy individuals and families.”

ALL THREE have something important in common. They are unheralded heroes—everyday people who saw a chance to make a difference and did.

For their volunteer efforts, they were recognized as “Community Champions” by Molina Healthcare on Thursday, May 9, at the Stacy C. Sherwood Community Center.

“It is our pleasure and honor to recognize John, Anne Louise and Hank, individuals who go above and beyond the call of duty to help others in our communities,” said Dr. Jean Glossa, medical director

of Molina Healthcare and Community Health Care Network. “Whether it’s advocating for social justice on behalf of those in need, coming up with ways to improve the mental health of our youth or providing culturally-sensitive resources and education to the Asian community, these Community Champion winners are inspiring and commendable for all that they do.”

Established to honor the memory of Molina Healthcare’s founder, Dr. C. David Molina, the Community Champions program spotlights the good deeds of everyday heroes in the communities served by Molina.

“The third annual awards dinner brings together a group of three individuals whose leadership, volunteerism and advocacy embodied Dr. Molina’s spirit of service, family and community,” Glossa said.

Each winner, who was nominated by a community-based organization, received a \$1,000 grant to give to a deserving non-profit organization as part of his/her award.

“This kind of award is not why we do the work that we do in the community,” Chao said, “but it’s nice to be recognized and I hope it will encourage and inspire others to join us in doing giving back to the community.”

Horejsi said he wanted to thank Molina Healthcare for “recognizing our community service and activism.

“To us it’s just democracy, but when Molina recognizes us it recharges our batteries and reminds us to keep going,” Horejsi said.

“Mental health is such an important issue for young people and at Nexus our mission is to build to-



Dr. Debra Deven and Dr. Jean Glossa, medical director of Molina Healthcare of Virginia.



Dr. Gloria Addo Ayensu, director of the Fairfax County Health Department, and Dr. Marwa El-Menshawi attended the celebration.

“Whether it’s advocating for social justice on behalf of those in need, coming up with ways to improve the mental health of our youth or providing culturally-sensitive resources and education to the Asian community, these Community Champion winners are inspiring and commendable for all that they do.”

—Dr. Jean Glossa, medical director of Molina Healthcare of Virginia

gether better ways to improve the mental health and wellbeing of the young,” Lainge Bailey said.

FAIRFAX COUNTY CONTRACTS with Molina Healthcare to operate three Community Health Care network (CHCN) health centers, which serve residents of Fairfax County who are low income and uninsured. The Fairfax County Health Department

operates the centers located in Falls Church, Alexandria and Reston.

Dr. Gloria Addo Ayensu, director of the Fairfax County Health Department, said the Community Champions inspire others to make a difference.

“These are people who make a difference in our community and they deserve recognition,” she said.

OPINION

Vote in Spite of Election Fatigue

Primary Voting, Absentee Voting, Republican Convention.

Absentee voting, including “in-person” absentee voting, is already underway for the June 11, 2013 primary, a statewide Democratic party primary for lieutenant governor and attorney general, plus one delegate race in Northern Virginia.

Voters in the Democratic primary will choose between Ralph S. Northam and Aneesh Chopra for lieutenant governor; and between Mark R. Herring and Justin E. Fairfax for attorney general.

Because voters do not register by party in Virginia, any voter can vote in the Democratic primary, but cannot vote in a Democratic and Republican primary on the same day.

The Republican party will nominate their candidates for statewide office in a convention to be held on May 17-18, 2013 in Richmond. Delegates to the convention were elected by locality in March and April.

Each locality is entitled to one Republican convention delegate vote per 250 Republican

votes for governor and president at their last election, so that Fairfax County is entitled to 1,392 delegate votes; Arlington County is entitled to 215 delegate votes; Alexandria City is entitled to 133 delegate votes; the City of Fairfax is entitled to 32 delegate votes; Falls Church City is entitled to 14 delegate votes. Localities choose up to five times the number of delegates as votes, plus an equal number of alternates.

In Fairfax County, there is also Democratic primary for District 86, between Jennifer Boysko <http://www.jenniferboysko.com/> and Herb Kemp <http://www.herbkempfordelegate.com/>, with the winner facing incumbent Tom Rust (R). Democratic voters in the 86th House of Delegates District will find this on their ballots along with lieutenant governor and attorney general. (Precincts: Floris, Fox Mill, Stuart, Herndon #1, Herndon #2, Clearview, Herndon #3, Hutchison, Sugarland, Coates, Kinross West, Lees Corner #1, Carson)

The polls will be open from 6 a.m. to 7 p.m. on June 11, 2013.

Absentee voting allows qualified voters to participate in upcoming elections even though they may not be able to go to the polls on Election Day. Absentee voting in person began on April 26, 2013.

Most people in Northern Virginia qualify to vote absentee under this provision, although there are many others:

“Any person who, in the regular and orderly course of his business, profession, or occupation, will be at his place of work and commuting to and from his home to his place of work for eleven or more hours of the thirteen that the polls are open (6 a.m. to 7 p.m.)”

In Fairfax County, in-person absentee voting is ongoing through June 8 at the Fairfax County Government Center, 12000 Government Center Parkway, Suite 323, Fairfax, VA 22035

Hours: Monday, Tuesday, Wednesday, and Friday: 8 a.m.-4:30 p.m.; Thursday: 8 a.m.-7 p.m.; Saturdays (June 1st and June 8th): 9 a.m.-5 p.m. Closed Monday, May 27, 2013 for Memorial Day.

Here are some good sources for information on upcoming elections:

Virginia State Board of Elections, <http://www.sbe.virginia.gov/>,

Virginia Public Access Project, <http://www.vpap.org/candidates?display=state>,

Fairfax County Board of Elections, <http://www.fairfaxcounty.gov/elections/ecalendar.htm>.

— MARY KIMM.

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Campaigning in Support of Homeless Solutions

BY SYLISA LAMBERT-
WOODARD
PRESIDENT AND CEO
PATHWAY HOMES, INC.

As Pathway Homes joined our nonprofit colleagues, local officials and Fairfax County partners in the 100,000 Homes Campaign to raise awareness and support for the homeless in our area, I felt renewed hope that we will eradicate homelessness in our community.

Since the 100,000 Homes Registry Week in February, the outpouring of support and interest from citizens and friends has been nothing less than inspiring. I witnessed the amazing surge of community support and show of corporate responsibility that is characterized by the Fairfax community. In preparation to meet the needs of those identified through this community-wide event, local non-profits partnered and purchased new housing stock in anticipation of using subsidized housing vouchers to assist those most vulnerable in our community to get housing and stay housed.

While energized by public awareness raised around the



PHOTO CONTRIBUTED

needs of homeless individuals and families encountered during Registry Week, there is much left to do. The good news is that this campaign successfully educated many caring neighbors and raised the awareness of many to the plight of the homeless. Pledges of support and creative partnerships are emerging to house the 1,350 individuals who are homeless in Fairfax County on any given day.

In the midst of such progress towards ending homelessness, few could have predicted what has evolved into a quiet storm involving deep cuts from sequestration that impact the homeless; and impending Medicaid cuts to supportive services for those with mental illness and substance use that help these individuals remain in housing.

In our daily efforts we never take for granted how critical the collective voice is to galvanize needed change. It was just weeks ago that Congress decided to ease the burden of federal spending cuts on

travelers inconvenienced and angry over airport delays. How impactful it would be to use our collective voice to show that this quiet storm of sequestration and Medicaid cuts will result in conditions that eclipse those caused by travel delays. These cuts will lead to increased homelessness, reduced and limited support services to the most vulnerable, and loss of new vouchers that were intended to support individuals in the homes recently acquired by non-profits and private landlords in their efforts to provide affordable and sustainable housing in our community.

While there is no doubt that our 10-year-plan to end homelessness will find a detour ahead, I maintain hope that it will not be a dead end that takes a severe toll on the resilience of our local community partners. Sequestration is having a disproportionate impact on the most vulnerable in our community, and the “collective voice” creates change. While the Fairfax local housing authority and elected officials are actively identifying short term solutions to temporarily mitigate additional reductions, we are left with the uncertainty of the extent of the impact of additional cuts on the individuals we serve and our community as a whole.

With continued community advocacy directed towards local, state, and federal elected officials, I believe our voice can be as influential and successful as our “frequent flyers” in averting a most devastating impact to our community.

At Pathway Homes we remain committed to advocacy and education and are committed with other non-profits, to developing innovative partnerships that will create needed housing and support to those most vulnerable in our community. We remain inspired by those we serve.

At the same time, it will take a great deal of innovation, collaboration, and faith to continue to help the most vulnerable in our communities. Pathways’ forecast for our community remains bright and hopeful with a strong belief that eradicating homelessness in our community is possible. As a community, we must remember that collective advocacy can change the course of time and result in positive outcomes for the individuals we serve.

Pathway Homes Inc. provides non-time-limited housing and recovery-based supportive services to adults with serious mental illness and co-occurring disabilities in Northern Virginia.

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AREA ROUNDUPS

Six Month Investigation Nets Several Suspects

As a result of numerous ongoing investigations, after following up on helpful tips from the public and tracking down a myriad of leads, police have arrested six individuals, to date, in connection with a series of thefts from vehicles parked at parks and recreation centers.

Police noted a substantial increase in cases where credit cards were stolen from purses and wallets from vehicles where owners would likely be away for predictable time periods. Typically, the victims were either running, walking or exercising. Parking lots at South Run, Audrey Moore Rec-Centers and Burke Lake were targeted in particular.

Station detectives worked closely with the agency's Financial Crimes Unit to track down locations where stolen credit cards were being used to fraudulently purchase items (stores such as Best Buy, the Apple Store, even gas stations). Suspects were charged with numerous offenses, such as larceny, fraud, credit card theft and drug charges.

Following the series of arrests in recent weeks, the criminal activity has reduced; however police urge exercisers to continue

vigilance with their valuables. The investigations are still ongoing and there are likely other thieves looking for opportunities to steal.

With the warmer weather of spring and summer and park usage on the rise, police warn car owners to securely stow items out of sight or leave them at home if they are not needed.

Cycle Fest Ride on Sunday, May 19

The community is invited to join the Jewish Community Center of Northern Virginia (JCCNV) for its fourth annual Cycle Fest ride on Sunday, May 19. The ride benefits Wounded Warriors Project and Hazon, who creates healthier and more sustainable communities in the world and beyond. There are three ride distances from which to choose: 65 miles, 50 miles and 30 miles. All rides begin at the JCCNV, 8900 Little River Turnpike in Fairfax, at 8 a.m. with registration beginning at 7:30 a.m. Fees include a Cycle Fest T-shirt, rest stop with tasty treats, SAG vehicle support, mechanical support and light food. For registration information, visit www.active.com or e-mail Paula at PaulaC@jccnv.org. Riders should be experienced; suggested minimum age is 12. Call 703-537-3049 or visit www.jccnv.org for details.

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Dr. Kathleen Phillips

that Dr. Kathleen Phillips will be joining our staff as a full time associate starting June 1st 2013. Dr. Phillips grew up in Buffalo, New York and is still a huge Sabres and Bills fan. She attained a Bachelor of Science in Microbiology from the University of Rochester and graduated from Cornell University College of Veterinary Medicine in 2001. She has been working at a small animal practice in the Springfield area for the past 12 years. She shares her life with two beautiful kitties, one impertinent pug, her husband Matt and their young son Ethan. When she is not busy treating her patients, she is likely enjoying a ballgame at Nationals Park or exploring the Virginia countryside with her family.

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Orphan Annie in the SEES Players' premiere production "Annie, Jr." The theatre group of Springfield Estates Elementary School put on the production April 24-26.

'Annie, Jr.' at Springfield Estates SEES Players Premiere "Annie, Jr."

BY ANNALIESE GRUNDER
SIXTH GRADER AT SPRINGFIELD
ESTATES

Editor's note: Annaliese Grunder, a sixth grader at Springfield Estates Elementary School, wrote about the very first performance of the school's theatre program, SEES Players.

Springfield Estates is not just your typical elementary school. It is not only occupied by neighborhood children but by youth from all over the Springfield and Alexandria area who have enrolled in the AAP program. Year after year students from all different backgrounds flock to SEES

for another school year together. But in 54 years of schooling, Springfield Estates has never had a showcase of talent such as "Annie, Jr."

This September, SEES staff members welcomed two new music teachers: Mrs. Janette Moman and Mrs. Terri Lee. Both ladies recognized the talented young actors, dancers and singers in the school and were inspired to start SEES Players, a group of fifth and sixth grade thespians.

"We looked around at all of you, aspiring actors, and we saw Annie," Moman told an enthusiastic young cast on the first day of
SEE ANNIE, JR. PAGE 17



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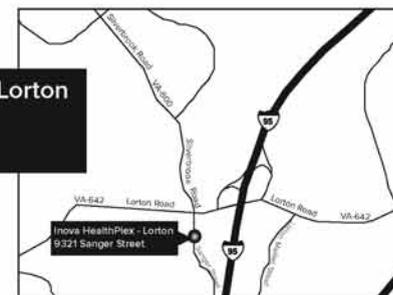
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Officer Earns 'Distinguished' Honor

Rudy Coffield is the FCPS 2013 Distinguished School Resource Officer.

BY TIM PETERSON
THE CONNECTION

In full policeman's regalia—bus driver hat and all—Master Police Officer (MPO) Rudy Coffield is an imposing figure. The meticulously assembled uniform commands respect: His gleaming badge, crackling radio and holstered firearm immediately convey an unwavering attention to detail, rule, law and purpose.

A wrestler and football player in high school, his stout frame and large, strong hands do the talking well before his rich bass enters the equation. Power is a constant in his presence. Yet the energy in the room with him is one of comfort and security rather than threat of force.

The transparent yet tough effect is intended. It opens the door for relationships to develop between students at Key Middle School and their award-winning school resource officer (SRO).

"They know what they see is what they get with me," said Coffield, a Woodbridge resident, husband, father and grandfather. "I'm never wishy washy. They know when they talk to me, who they're getting—the person who's going to listen to them."



PHOTO BY TIM PETERSON/THE CONNECTION

Key Middle School SRO Rudy Coffield was named FCPS Distinguished School Resource Officer for 2013.

AFTER 17 YEARS OF SERVICE as an SRO, with SEE OFFICER, PAGE 13

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CALENDAR

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

FRIDAY/MAY 17

The Enchantment of Beauty and the Beast. 7 p.m., at Edison High School, 5801 Franconia Road, Alexandria. The Rose Hill Players will perform the play "The Enchantment of Beauty and the Beast." \$5 for adults. \$3 for children.

Sixth Generation Concert. 8 p.m. at Rizer Pavilion at 9601 Ox Road, Lorton. The Sixth Generation is a dynamic rock and roll band at the forefront of musical style from the late 1960s playing remakes of hits from the 1960s as well as original songs that Baby Boomers can readily identify with. \$10-\$15.

SATURDAY/MAY 18

5K for Foster Care Kids. 8:30 a.m., at Lake Accotink Park, 5660 Heming Ave., Springfield. Bring a team of friends or join a Fairfax Families4Kids team and enjoy the spring weather and company of youth. The race proceeds benefit foster care; those who do not want to run can sponsor a child (https://www.fairfaxyouth.org/attend.xml?event=1010). www.fairfaxyouth.org/events.xml

Annual Mum Plant Sale. 9 a.m.-3 p.m., at Green Springs Gardens Park, 4603 Green Spring Road, Alexandria. The Old Dominion Chrysanthemum Society offers up rooted, potted cuttings with a complete range of colors and classes (exhibition, garden variety, for cutting, etc.) available at a range of prices. 703-560-8776.

Ocoquan River Fest. 10 a.m.-5 p.m., Ocoquan Regional Park, Lorton. Join for an interactive presentations and recreational activities that illustrate the importance of the Ocoquan watershed. 703-690-2121 or www.owva.org.

Docent Guild Signature Tea and Tour of Pohick Church. 3 p.m., at Pohick Church, 9301 Richmond Highway, Lorton. Docent-led tours of the historic colonial church followed by a full English tea and a colonial living history program. Reservations by May 10. \$40 per adult; \$25 per child 12 and under. 703-372-1296 or

michey@michey.com.

Summertime Fun on a Budget. 10-11:30 a.m., at Kirkwood Presbyterian Church, 8335 Carleigh Pkwy., Springfield. Moms on the Run hosts author, teacher and avid field trip planner Annie Nardone to present ideas on how to make the summer memorable; childcare provided. Reservations. MomsOnTheRun4@gmail.com.

The Enchantment of Beauty and the Beast. 7 p.m., at Edison High School, 5801 Franconia Road, Alexandria. The Rose Hill Players will perform the play "The Enchantment of Beauty and the Beast." \$5 for adults. \$3 for children.

Date Night: Ballroom Social Dance. Mini-lesson from 7:30-8 p.m. and open dance from 8-10:30 p.m. at the McGuireWoods Gallery, 9601 Ox Road, Lorton. Each month the mini-lesson will feature a new style of dance ranging from the ChaCha to the Tango. \$5 per person for mini-lesson and; \$10 for open dance.



Runners at last year's Fairfax Families4kids 5K to benefit foster care children. This year the 5K will be at Lake Accotink Park, 5660 Heming Ave., Springfield, from 8:30 a.m.-1 p.m. on Saturday, May 18.

www.workhousearts.org.

Date Night: Chef's Table. 8-10 p.m. at the Vulcan Gallery, 9601 Ox Road, Lorton. Bring someone special and learn some basic cooking techniques; menu items will be prepared by participants working together at each of the cooking islands and participants will be served a tasting portion of all the entrées. Reservations. \$80 per couple (covers food and non-alcoholic drink for one couple). www.workhousearts.org.

SUNDAY/MAY 19

N Gauge Model Trains. 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Provided by the Northern Virginia NTRAK group. \$3 for adults; \$1 for children. www.fairfax-station.org or 703-425-9225.

TUESDAY/MAY 21

Vampires Everywhere! with Wednesday 13. 6 p.m., at Empire, 6355 Rolling Road, Springfield. L.A. shock rockers Vampires Everywhere! play on the "Too Fast For Blood! Tour" this spring, where they will serve a direct support for Wednesday 13. \$16. http://www.ampedandalive.com/eventdetails.aspx?eventid=1028

SATURDAY/MAY 25

Cool Cow Comedy. 8 p.m. at the W-3 Theatre, 9601 Ox Road, Lorton. Cool Cow features comedians from all over the country with credits that include Comedy Central, Late Night with Conan O'Brien, Late Night with

Jimmy Fallon, SiriusXM, Caroline's on Broadway, Warner Theater, DC Improv, MTV, HBO and more. www.CoolCowComedy.com.

THURSDAY/MAY 30

Friends of Richard Byrd Library Book Sale. 3-9 p.m., at Richard Byrd Library, 7250 Commerce St., Springfield. Find media offerings of all kinds, many in pristine condition, to use as a gift or to start a summer reading stack; credit cards accepted. rbfriends@gmail.com.

FRIDAY/MAY 31

Friends of Richard Byrd Library Book Sale. 10 a.m.-5:30 p.m., at Richard Byrd Library, 7250 Commerce St., Springfield. Find media offerings of all kinds, many in pristine condition, to use as a gift or to start a summer reading stack; credit cards accepted. rbfriends@gmail.com.

SATURDAY/JUNE 1

Friends of Richard Byrd Library Book Sale. 10 a.m.-4:30 p.m., at Richard Byrd Library, 7250 Commerce St., Springfield. Find media offerings of all kinds, many in pristine condition, to use as a gift or to start a summer reading stack; credit cards accepted. rbfriends@gmail.com.

SUNDAY/JUNE 2

Friends of Richard Byrd Library Bag Book Sale. Noon-3 p.m., at Richard Byrd Library, 7250 Commerce St., Springfield. Find media offerings of all kinds, many in pristine condition, and fill a bag chalk full to take away for \$5; credit cards accepted. rbfriends@gmail.com.

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BULLETIN BOARD

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SATURDAY/MAY 18

EMS One Mission. 10 a.m.-2 p.m., at South Run Recreation Center, 7550 Reservation Drive, Springfield. The Fairfax County Fire and Rescue Department hosts activities, displays, blood pressure screenings and time to talk with EMS providers. 703-866-0566.

TUESDAY/MAY 21

Colonial Republican Women Meeting. 6:30-9 p.m., at Virginia Hills Administration Center (Old Virginia Hills School), 6520 Diana

Lane, Alexandria. Refreshments will be served before Supervisor Pat Herrity speaks on "How to Be an Effective Leader When You're in the Minority." 703-624-3252 or colonialrepublicanwomen@gmail.com.

FRIDAY/MAY 31

Fairfax Adult Softball (FAS) Applications Due. FAS accepts applications for adult softball teams through May 31: men's, women's, coed, corporate coed, and Reston leagues are available. 703-815-9007, www.fairfaxadultsoftball.com or office@fairfaxadultsoftball.com.

SATURDAY/JUNE 1

Pet Fest and Paws on Parade. 10 a.m.-4 p.m., at the South Run Park, Reservation Drive, Springfield. Part of the Springfield Days celebration, this

pet event has exhibits on pet care, nutrition, training rescue groups, and the annual Paws on Parade. www.springfielddays.com.

SUNDAY/JUNE 16

Father's Day Celebration. 8:30 a.m., 11 a.m. at Franconia United Methodist Church, 6037 Franconia Road, Alexandria. Come, pray and celebrate Father's Day; church is handicapped accessible, and assisted listening devices are provided if needed. 703-971-5151 or admin@franconiaumc.org.

MONDAY/JULY 15

Everywhere Fun Fair Vacation Bible Study. 9 a.m.-noon, at the Franconia United Methodist Church, 6037 Franconia Road, Alexandria. Children ages 3-12 will make friends with

neighbors and discover that God's love can be found everywhere; interactive Bible storytelling, global games, international music and cool crafts. Register between May 12-July 8 at www.franconiaumc.org. 709-971-5151 or frankiet@cox.net.

TUESDAY/JULY 16

Everywhere Fun Fair Vacation Bible Study. 9 a.m.-noon, at the Franconia United Methodist Church, 6037 Franconia Road, Alexandria. Children ages 3-12 will make friends with



PHOTOS BY OLIVIA OVERMAN/THE CONNECTION

Jacqueline Portnoy with her first year students at The Plum Center for Lifelong Learning in Springfield.

Exploring Nursing

Springfield school provides everything a person needs to start a medical field career.

BY OLIVIA OVERMAN
THE CONNECTION

Offering a two-year Virginia State Board of Nursing accredited Licensed Practical Nurse (LPN) course, The Fairfax County School of Practical Nursing provides everything a person needs to begin a career in the medical field.

From high school students to adults, students complete a two-year program that includes nursing fundamentals, anatomy and nutrition in the first year, and a Level 2 course of study that sees students getting practical experience in local hospitals and medical facilities.

Nadia Brandon and Laura Bartek, both working adult students in the first year of study, could not speak more highly of the program. Bartek said, "It's affordable. It's probably one of the most affordable programs on the East Coast and the teaching is excellent. Our teacher has worked at Georgetown, and the student teacher ratio is phenomenal. Next year I think they have 10 or 12 students and three instructors. It's a lot of individual attention."

COSTING JUST OVER \$4,000 for two years in 2013, the program is competitively priced compared to local nursing schools.

While the first year accommodates working adults, the second year is a full-time program with two days a week in class and three days in clinicals.

"We go out to Reston Hospital, Inova Mount Vernon Hospital, Goodwin House in Baileys Crossroads, Dominion Hospital and Capital Area Pediatrics," said Tai Phan, a second year student from Falls Church.

Describing the type of work the students are allowed to do, James Merideth of Vienna said, "at Reston it is hospital work such as charting and assessments, most of the patients there can take care of themselves, but at Goodwin House, where it's a geriatric facility, we have to do a lot of their care for them."

In existence for over 50 years and part of the Fairfax County Public School system, the program was moved to the Plum Center for Lifelong Learning in Springfield last September. "We thought it was a better match ... because we have a mixed program with adults and high school students we thought it might be a good area to be in because we can pull from the



Ann-Marie Glynn (middle), director, Fairfax County School of Practical Nursing, with instructors Catherine Corp (left) and Kathy Vadala.

adults program here," said Ann-Marie Glynn, director, Fairfax County School of Practical Nursing.

"Many of our students use this as a stepping stone to become a registered nurse. They get credits if they go to Northern Virginia Community College, George Mason or any four-year nursing program. Most of those programs will give them 12-15 credits towards their registered nursing degree (RN). Plus they save money," said Glynn.

AND THE MAJORITY of the students in the program plan on continuing to become an RN. "[My mom] was actually a nurse back in our country (El Salvador) and growing up I always wanted to help people and be in the hospital or in this type of setting where I feel like I'm at home," said Lourdes Sandoval of Reston.

"Classes are from 7:30 a.m. to 2 p.m. Monday to Friday and clinicals are sometimes in the morning, sometimes in the afternoon. It depends what they have available for us," said Jacqueline Portnoy, a registered nurse and instructor at the school.

"All the instructors for the program are registered nurses and most are master prepared," said Glynn.

"With the need for nurses growing at a rate that outpaces any other profession, becoming an LPN provides adults of any age an opportunity to enter the nursing profession," said Portnoy, "so I'm hoping we can entice more community adults into the program."



PHOTOS COURTESY OF IRVING MIDDLE SCHOOL

Ryann Crennan, Sophia Cronin and Ahmed Salmi, having fun taking part in the "Empty House?"

Irving Presents... "Empty House?"

Middle school students bring the arts to life in a play all of their own.

BY OLIVIA OVERMAN
THE CONNECTION

Irving Middle School advanced theater arts students are set to present "Empty House?" in two performances on Friday, May 17 and Saturday, May 18 at 7 p.m.

"Empty House?" is a student-written, student-designed, student-constructed and student-performed play, said Timothy King, theatre arts teacher at Irving. "It is the culminating project of the eighth grade advanced theatre arts appreciation class here at Irving Middle School," he said.

The play sees contestants compete for a five million dollar prize on a reality show where all they have to do is to stay in the house and successfully complete the challenges. But things start going very wrong and people start disappearing. Soon, the remaining contestants realize the real prize would be making it out alive.

Written entirely by the students in King's theatre class, the play lasts for approximately one hour and is free to the public.

"As a class, we brainstormed ideas for the show, then narrowed it down to the top three, then took a vote. This was the winner. The class wrote the entire script in small groups; each group took a scene (or two) until we had the full script," said King.

A production, written entirely by students, is an annual tradition at Irving for the past nine years. And so with 33 students in this year's class and one additional student, not in the advanced class, working sound the play is set to provide an entertaining evening for all who attend.

Located on Old Keene Mill Road in Springfield, Irving Middle School has "a full schedule of theatre classes (four theatre arts and one advanced theatre arts) and produces two other full-length shows: a non-musical in the fall and a musical in late winter, as well as two editions of Scenes Night (showcase performances from the Theatre Arts classes), and the advanced class production. Our final presentation is Scenes Night on June 5," said King.



Sarah Huemmer and Caleigh Davis take to the stage for the "Empty House?"

NEWS

Key Middle Officer Honored

FROM PAGE 9

stints at J.E.B. Stuart High School, Robert E Lee High School and Key (the last five), the 56-year-old North Carolina native has been named the 2013 Fairfax County Public Schools Distinguished School Resource Officer.

"The nominees this year are outstanding officers," said Coffield, on winning the award. "I know them all. They're committed just as much as I am, love it just as much as I do. I was really... humbled by it."

The SRO job description includes looking after the safety and security of all staff and students at the school. As a member of the school's Safety and Security Commit-

tee, Coffield has hatched ideas for effectively organizing students in the hallways before school, as well as making the Kiss and Ride traffic lane a more safe and efficient channel. But he doesn't stop there.

"I also think my role is to try to make a difference," he said.

The MPO does so by engaging students in impromptu conversations in the hallways and cafeterias, giving presentations in health and civics classes, and running a mentoring program for Key with the Hayfield Secondary School girls' basketball team—of which Coffield is the head coach.

"In this day and age, many of these kids don't have fathers," said Coffield, "or have families where mom and dad, if they are home, are busy working hard, trying to make ends meet. It's an opportunity for me to get involved in their lives, hopefully keep them heading to the right, instead of venturing off to the left."

Catching students before they start venturing is one reason Coffield decided to move down from working at the high school level. Here, he sits them down for eye-opening talks about their futures.

"I don't tell kids what they want to hear," Coffield said. "I tell them the truth. Kids want to hear, when they know they're messing up: 'You're going to be fine.' No, you're messing up. If you don't change the direction of where you're going, this is where you're going to be."

"What do you want to do with your life? How are you going to

feed yourself five years from now?" he continued. "You oughta see the wheels start to turn. The light comes on, they go 'Wow, I haven't thought about that.' Nobody in their life has sat them down and said, 'Hey, look...' A lot of them don't have a plan, haven't thought that far."

Coffield on the other hand, has had a plan since he was 8 years old. A deputy in his hometown of Williamston, N.C. inspired him to become a police officer, though the path would include a 20-year career in military intelligence for the Army. After graduating from high school, Coffield enlisted in 1977 and sent money home to help provide for his 10 brothers and sisters.

Coffield celebrated his retirement from the Army by attending police academy in Northern Virginia, and subsequently achieved his career goal as a cop, working the streets in Annandale. But coaching and children were always part of the dream as well; he's shared his lifelong love of basketball with little league and middle school teams since joining the Army.

"I just have a natural rapport with them," said Coffield. "I do a lot of listening. To be able to know when a kid needs to be heard, it's just a natural gift."

AS COFFIELD EMPLOYS HIS GIFTS on and off the court, and holds the students accountable, he gets powerful returns.

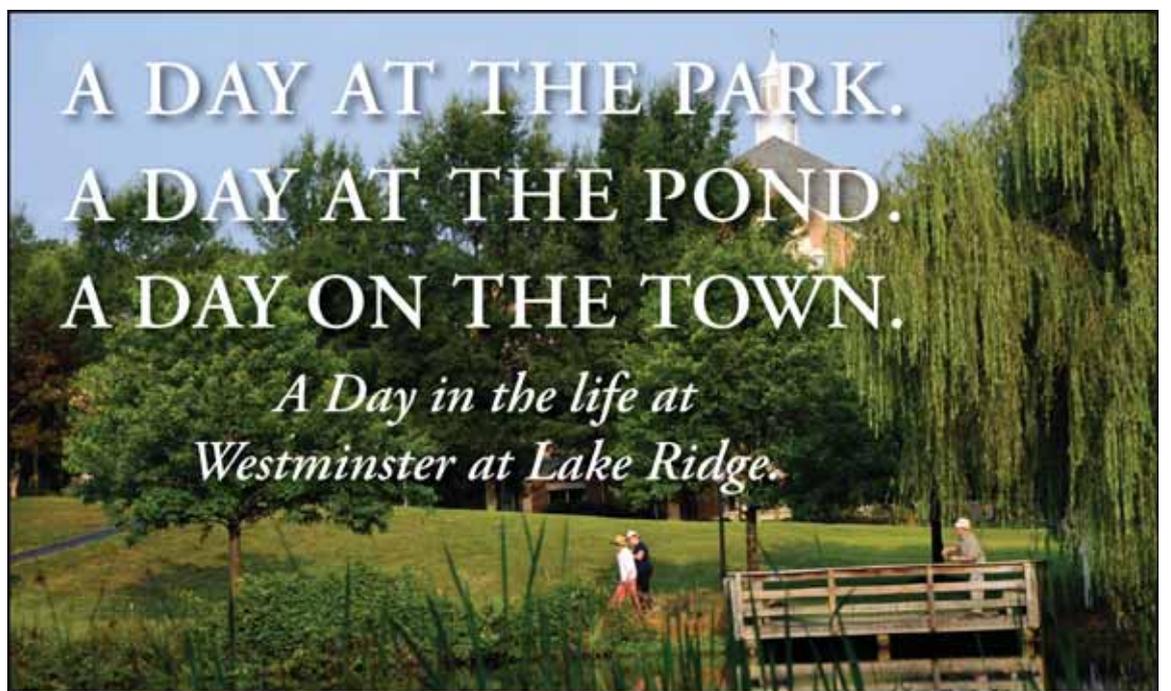
"When those success stories come back," said Coffield, "I look at that kid, and I say 'Wow, I didn't think that kid was going to make it.' But now he's a captain in the Air Force, or this kid's a lawyer, or has his own construction company."

"They come to me, they want me to be the first one to know about them," he continued. "I pat 'em on the back, give them a hug. You did the right thing. Good. Now, help somebody else. Pay it forward. Grab some little kid that's losing his way or trying to find his way, give it to him a little bit."

For Coffield, a winning game plan comes down to "if you can have that one come back to you and say: You made a difference in my life."

"I don't tell kids what they want to hear. I tell them the truth."

— **Key Middle School SRO Rudy Coffield**



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Teaching Healing Through Altruism

Marymount students learn counseling technique by helping U.S. troops.

BY MARILYN CAMPBELL
THE CONNECTION

A group of counseling students got to experience a therapeutic technique while also helping service men and women serving in Afghanistan.

Graduate students in the pastoral counseling program at Marymount University in Arlington assembled care packages for U.S. troops as part of a community service requirement. One of the project's goals was to teach the future therapists how altruism can have long-term mental health benefits.

"The research has shown that if a person goes outside of themselves to help others it can be a therapeutic experience, especially for those who have depression or other mental health challenges," said Lisa Jackson-Cherry, Ph.D., chair of the Department of Counseling and founder of the Pastoral Counseling program. "We want students to experience what a client would experience."

Students are required to perform 30 hours of community service as part of their program. The class of 11 students formulated, planned and implemented the task. "I think everyone thought of the assignment as not just a project we had to complete, but a chance to actually, in some small way, let men and women in the military know that people here at home do appreciate their



Marymount University professor Lisa Jackson-Cherry, Ph.D., discusses an altruism project with her pastoral counseling class.

service and sacrifice," said Annandale resident Nina Angeles.

The students collected an array of items like games, magazines, books and DVDs. They gathered nearly enough items to fill their classroom and exceeded their professor's expectations. "I was expecting five or six boxes, but it became more than

what the entire university could have put together," said Jackson-Cherry. "We had almost a roomful of supplies. The students solicited from their churches and from family members across the country."

Pastoral counseling students learn to incorporate spirituality into their work with clients. They wrote personal letters to the

troops and included information on stress relief practices like meditation and breathing exercises. "We could not help but feel for the brave men and women who ... face stressful and sometimes traumatic situations away from home," said doctoral student Maya Georgieva of Alexandria. "... It was essential that we send notes of encouragement and support."

Jackson-Cherry said the most powerful learning experience came when she delivered the boxes to a VFW Post in Maryland: the feeling that comes from seeing the impact benevolence has on others. "The place was packed for lunch, and I was planning to slip in the back door and drop off the boxes," she said. "There were veterans there from World War II and Vietnam ... they became teary-eyed as they were telling me stories of how the acts of strangers had impacted them when they were serving overseas. It was quite touching. I wish the students could have been there to see how their acts of kindness touched so many more people than they would have thought of."

The students did get an opportunity to experience gratitude first-hand, however, when the military unit that received their supplies wrote a thank you note to the class. "The unit was overwhelmed by the generosity and the kindness of strangers, especially because they were away from their families," said Jackson-Cherry.

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that Dr. Kathleen Phillips will be joining our staff as a full time associate starting June 1st 2013. Dr. Phillips grew up in Buffalo, New York and is still a huge Sabres and Bills fan. She attained a Bachelor of Science in Microbiology from the University of Rochester and graduated from Cornell University College of Veterinary Medicine in 2001. She has been working at a small animal practice in the Springfield area for the past 12 years. She shares her life with two beautiful kitties, one impertinent pug, her husband Matt and their young son Ethan. When she is not busy treating her patients, she is likely enjoying a ballgame at Nationals Park or exploring the Virginia countryside with her family.

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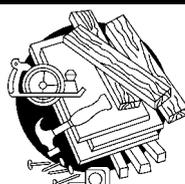
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Sandy the dog (Maddie Lorenger) had no lines, but emoted during the song "Tomorrow," in Springfield Estates' production of "Annie, Jr."

'Annie, Jr.'

FROM PAGE 8

rehearsals. The PTA agreed to sponsor SEES players with a mini-grant for the licensing of the show. Then came the hard part—casting. But for Moman and Lee casting went quite smoothly, and the show was performed April 24-26.

Although everyone's performances were wonderful, it seemed that fifth grader Eimear O'Dowd was simply made for the role of Annie. She belted out each heartfelt song beautifully, letting the cheering audiences know that she was born to be a star. All of the orphans in the cast portrayed to the audience just how much they hated their lives in an orphanage, stamping their feet and belting their notes in the heavily choreographed number, "Hard Knock Life."

Sophia Sohn played to perfection the show's antagonist, Miss Hannigan, the menacing, hateful and frustrated head of the orphanage for girls in 1930's New York. The crowd of kindergartners practically shrieked when she first roared her lines on stage during the school performance.

Sam Dodson, a no-nonsense fifth grader was appropriately cast as billionaire Oliver Warbucks, who invites Orphan Annie to spend Christmas with him at his mansion. Onstage, Dodson transformed into a changed man who loves a child more than his money. His businessman moments were first-rate and decisive.

The lovely Grace Farrell, personal secretary to Warbucks, is one of the hardest and most loved roles in the play. "Yes, sir," may sound like an easy line to deliver, but adding personality to such short lines can be quite a challenge. Maria Pattison breathed life into her character magnificently, arms neatly clasped in front of her, always in perfect character. Her

lovely soprano voice evened out the gruff demeanor of Warbucks, creating such polar opposite characters who both feel revitalized when they meet Annie.

Miss Hannigan's younger brother, the swindler Rooster, was uproariously played by Quin Hoagland. Rooster's murderous side was balanced out with a sly, wisecrack façade and loud, conspicuous costuming. Annaliese Grunder portrayed Rooster's cheap girlfriend, Lily, from Jersey City, complete with a comical Jersey accent, and bleach-blond wig.

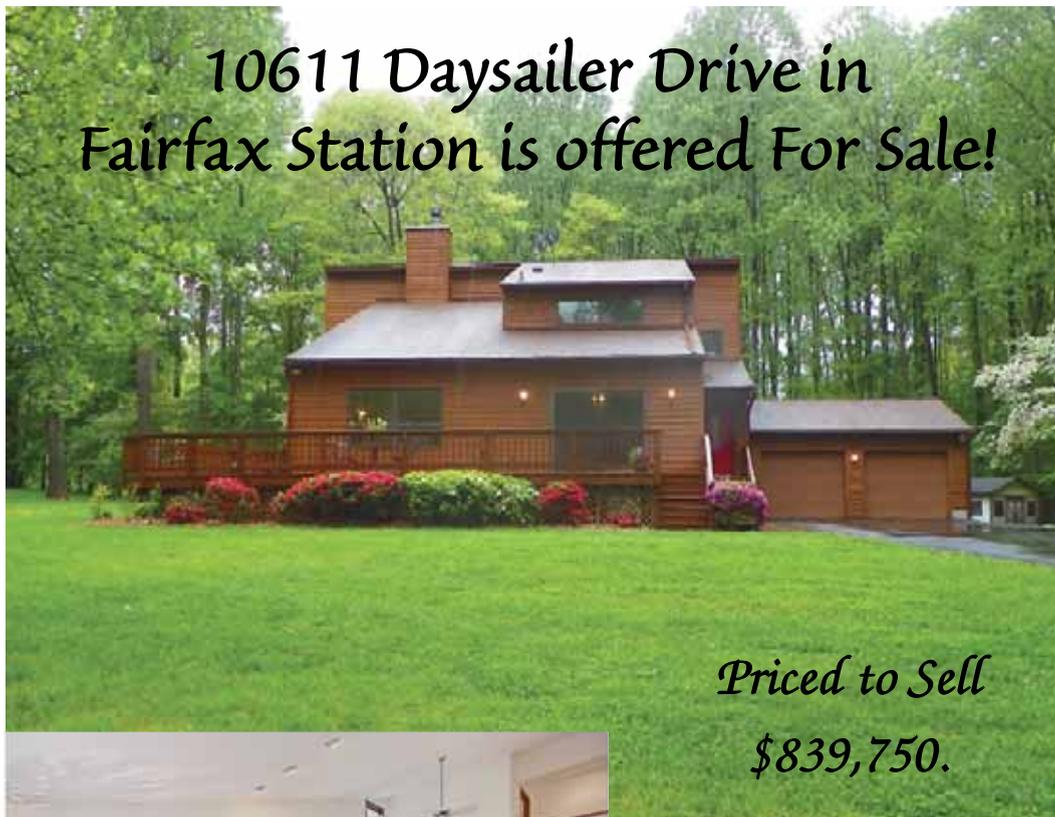
One of the most memorable and lovable characters in the show, Sandy the dog, had no lines at all, but was adorably acted by Maddie Lorenger. She was able to pull at the heartstrings of audience members bonding with Annie during her iconic song, "Tomorrow."

A show wouldn't run well without excellent students assistant directing. Jillian Brooks and Maggie Landis, performed the various duties of organizing the show, keeping notes, and had the difficult job of gaining the attention of 11- and 12-year-olds to keep them focused on their tasks.

Because SEES had never had such a large production, the crewmembers behind the scenes were faced with the challenge of adapting to new equipment quickly. All of the SEES Players had a magical time working on the show. "I really wasn't expecting to get the role of Annie. I feel so lucky. I think the show went wonderfully and was a lot of fun," O'Dowd said after the show.

Now at SEES, teachers continue to comment on how impressed they were with the whole cast and the overall performance. Once thing is for sure—although Annie, Jr. was the first show of this magnitude at SEES, it certainly won't be the last!

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SPORTS

Senior captain Michael Buckley and the Robinson boys' lacrosse team finished Concorde District runners-up to Chantilly.



PHOTOS BY CRAIG STERBUTZEL/ THE CONNECTION

Robinson Boys' Lax Finishes Concorde Runner-up

Rams bounce back with regional win over Lake Braddock.

BY JON ROETMAN
THE CONNECTION

After coming up one goal short against Chantilly for the second time in 16 days, Robinson head coach Matt Curran urged his players to push forward and move on to a bigger stage.

The Robinson boys' lacrosse team lost 6-5 in double overtime against the Chantilly Chargers in the Concorde District championship game on May 10-11 at Chantilly High School. The game started on May 10, but was suspended due to lightning with 14 seconds remaining in the second quarter and finished the following day.

Charlie Morrisette's goal with 5:17 remaining in regulation pulled the Rams even with the Chargers at 5-all, but Chantilly's Conrad Unterkofler scored the game-winner in the second overtime period.

"Don't let it fester," Curran said. "Just get over it because we have a game on Tuesday for the region. This is the district—this is a six-team field. Now we're going in to play the big one in a 16-team field, so just focus on that."

Three days later, on May 14, Robinson responded how Curran had hoped, beating Lake Braddock 8-1 in the opening round of the Northern Region tournament.

"I have no trouble motivating these guys," Curran said after the district championship game. "And we can use this game as [motivation]. Everybody's saying Chantilly



Robinson midfielder Taylor Jones is seen during a 6-5, double-overtime loss to Chantilly in the Concorde District championship game on May 10. The contest was suspended in the second quarter due to lightning and completed the following day.

is the best team in the area. We've played to them one-goal games twice, and one of them was a double-OT game. We can use that as, all right, if they're the best team in the area, then we've got to be up there with the tops, as well."

With the top seed in the district tournament on the line, Robinson closed the regular season with a 12-11 loss to Chantilly on April 26. During the May 10 rematch, the Rams held a 2-1 lead when play was suspended due to lightning with 14 seconds remaining in the second quarter. Play resumed at 9 a.m. the following day and Chantilly took a 5-4 lead on a goal by Curtis Christian with 6:47 remaining in the fourth quarter. Morrisette tied the score with 5:17 left in regulation, but the Rams failed to score another goal.

Morrisette and fellow senior captain Connor Lloyd each scored two goals for Robinson, and junior midfielder Matt Smith had one.

Unterkofler led Chantilly with four goals.

Robinson goalkeeper Nick Kondracki had a big game, helping keep the Rams alive with 23 saves.

"He had a great game," Curran said. "Nick wasn't a first-team all-district goalie, but he certainly looked like a first-team all-district goalie last night and this morning."

Robinson first-team all-Concorde District attackman Chapman Jasien suffered a knee injury during the contest and did not return.

Robinson will host McLean, the Liberty District's No. 4 seed, in the regional quarterfinals at 7 p.m. on Thursday, May 16.

Robinson's Jasien, midfielders Sam Shaw and Michael Buckley, defenseman Jack Rowlett and long-stick midfielder Brandon Natsuhara were named to the all-district first team. Kondracki, Morrisette, defenseman Jude Buckholz and short-stick midfielder Taylor Jones were second-team selections.



PHOTO BY LOUISE KRAFFT/THE CONNECTION

Dean Jester, left, and the Edison boys' lacrosse team beat Yorktown May 10-11 to win their second consecutive National District championship.

Edison Boys' Lax Wins National District

The Edison boys' lacrosse team won the National District championship with a 9-4 victory over Yorktown on May 10-11.

The game started on May 10 but was suspended due to lightning. Play resumed the following day.

It was the Eagles' second straight district title.

Edison ended its season with a 10-7 loss to McLean in the opening round of the Northern Region tournament on May 14. The Eagles finished with a 16-2 record, including 13 straight victories to start the season.

Robinson Tennis Advances in Regionals

For the second straight year, Robinson tennis opened the Northern Regional tournament with Woodson. On May 13, the Rams made short work of the Cavaliers, winning five of six singles matches to clinch the win.

Austin Mathews at No. 4 captured a 6-1, 6-4 win over Daniel Falcone. Falcone was a steady baseline, but Mathews was more patient with his game to overcome his opponent.

Next was No. 5 Sam Wagner with a 6-2, 6-2 win over the small but talented freshman, Saad Peshiman. Combined with the windy conditions, Wagner's depth was too much.

Dylan Martin, subbing for Aaron Christian, played a very tough match at No. 1, as he kept it close, losing 6-4, 6-3. Charlie Ferrell at No. 6 took his match in straight sets, 6-2, 6-4. At No. 2, Brian Bui won 6-3, 7-5, but struggled to close it out at the end.

That left it up to captain Jacob Schreiman to wrap up the match. Playing another very steady player, Alex Gelder, Schreiman struggled to be consistent but, after being broken and down 5-4 in the second set, he stepped it up a notch and ran off the last three to win, 6-3, 7-5.

Lee Baseball Beats West Springfield

The Lee baseball team defeated West Springfield 5-4 in eight innings during the opening round of the Patriot District tournament on Monday, May 13. The Lancers faced T.C. Williams in the quarterfinals on Wednesday, after the Connection's deadline.

Lee's Jack Milewski drove in the go-ahead run with a triple in the eighth inning.

Lake Braddock Girls' Edged in Regionals

The Lake Braddock girls' lacrosse team lost 13-12 to Centerville in the opening round of the Northern Region tournament on Tuesday, ending the Bruins' season.

Lake Braddock finished Patriot District runner-up to Woodson for the second consecutive season. The Bruins finished the year with a 9-9 record.

HOME SALES

In March 2013, 132 Springfield homes sold between \$815,000-\$124,450. This week's list represents those homes sold in the \$430,000-\$255,000 range. For the complete list, visit www.ConnectionNewspapers.com

Address	BR	FB	HB	Postal City	Sold Price	Type	Lot AC	Postal Code	Subdivision
5213 KIPLING ST	3	1	1	SPRINGFIELD	\$430,000	Detached	0.30	22151	NORTH SPRINGFIELD
6374 ENGLISH IVY WAY	3	2	2	SPRINGFIELD	\$430,000	Townhouse	0.04	22152	KENWOOD HILLS
7364 STREAM BLUFF WAY	3	2	2	SPRINGFIELD	\$430,000	Townhouse	0.05	22153	POHICK OVERLOOK
5422 BROADMOOR ST	4	2	0	ALEXANDRIA	\$430,000	Detached	0.22	22315	HAYFIELD FARM
7724 EFFINGHAM SQ	4	3	1	ALEXANDRIA	\$429,900	Townhouse	0.06	22315	ISLAND CREEK
6590 MORNING MEADOW DR	3	2	2	ALEXANDRIA	\$427,500	Townhouse	0.06	22315	LANDSDOWNE
6514 CASTINE LN	3	3	1	SPRINGFIELD	\$425,000	Townhouse	0.05	22150	WESTHAVEN
6515 CASTINE LN	3	2	2	SPRINGFIELD	\$425,000	Townhouse	0.06	22150	WESTHAVEN
5968 NORHAM DR W	3	2	2	ALEXANDRIA	\$423,000	Townhouse	0.04	22315	KINGSTOWNE
7209 GENTIAN CT	4	3	1	SPRINGFIELD	\$420,000	Townhouse	0.04	22152	HUNTER VILLAGE
7102 PLEASANT POINT CT	3	2	1	ALEXANDRIA	\$412,000	Townhouse	0.05	22315	LAKE D EVEREUX
7632 DUNSTON ST	3	2	0	SPRINGFIELD	\$410,000	Detached	0.28	22151	NORTH SPRINGFIELD
7226 OLDE LANTERN WAY	3	2	1	SPRINGFIELD	\$406,330	Townhouse	0.04	22152	OLDE OAK RIDGE
7004 RIDGEWAY DR	3	1	1	SPRINGFIELD	\$405,000	Detached	0.50	22150	FRANCONIA HEIGHTS
6114 JOUST LN	3	3	1	ALEXANDRIA	\$405,000	Townhouse	0.04	22315	KINGSTOWNE
7241 WORSLEY WAY	3	3	1	ALEXANDRIA	\$403,700	Townhouse	0.04	22315	KINGSTOWNE
7880 ROLLING WOODS CT #204	2	2	0	SPRINGFIELD	\$400,000	Garden 1-4 Floors	0.22	22152	HIDDENBROOKE
6067 JOUST LN	4	3	1	ALEXANDRIA	\$400,000	Townhouse	0.04	22315	KINGSTOWNE
7128 LAYTON DR	3	2	0	SPRINGFIELD	\$397,000	Detached	0.20	22150	LOISDALE ESTATES
6001 PIECO CT	3	3	1	ALEXANDRIA	\$395,000	Townhouse	0.08	22315	MANCHESTER LAKES
7205 LAYTON DR	5	2	1	SPRINGFIELD	\$390,000	Detached	0.24	22150	LOISDALE ESTATES
6408 JAPONICA ST	3	2	0	SPRINGFIELD	\$390,000	Detached	0.41	22150	SPRINGFIELD FOREST
5614 RATHBONE PL	4	2	0	SPRINGFIELD	\$385,000	Detached	0.31	22151	RAVENSWORTH
7405 FOXLEIGH WAY	3	2	1	ALEXANDRIA	\$377,500	Townhouse	0.04	22315	AMBERLEIGH
6401 RACETEC PL	3	3	1	SPRINGFIELD	\$375,000	Townhouse	0.05	22150	JAPONICA
7339 STREAM WAY	3	2	2	SPRINGFIELD	\$375,000	Townhouse	0.06	22152	ROLLING FOREST
9121 GALBRETH CT	3	2	2	SPRINGFIELD	\$375,000	Townhouse	0.03	22153	GLENWOOD MANOR
7301 LAYTON DR	4	1	1	SPRINGFIELD	\$374,000	Detached	0.27	22150	LOISDALE ESTATES
8361 JOVIN CIR	3	3	0	SPRINGFIELD	\$370,000	Townhouse	0.05	22153	THE FOREST AT SOUTHRUN
5387 HARBOR COURT DR	3	2	2	ALEXANDRIA	\$368,900	Townhouse	0.03	22315	D EVEREUX WEST
5903 SIR CAMBRIDGE WAY	3	2	1	ALEXANDRIA	\$364,900	Townhouse	0.02	22315	KINGSTOWNE
5809 HEMING AVE	3	1	1	SPRINGFIELD	\$364,500	Detached	0.19	22151	NORTH SPRINGFIELD PARK
6647 SUMMER GRAPE CT	3	2	2	SPRINGFIELD	\$363,000	Townhouse	0.04	22152	GREENTREE VILLAGE
6417 BIRCHLEIGH CIR	3	2	1	ALEXANDRIA	\$359,900	Townhouse	0.04	22315	AMBERLEIGH
5809 NORHAM DR	3	2	1	ALEXANDRIA	\$358,000	Townhouse	0.02	22315	KINGSTOWNE
6623 BRIARLEIGH WAY	3	2	1	ALEXANDRIA	\$358,000	Townhouse	0.03	22315	AMBERLEIGH
9000 GLITINAN CT	3	3	1	SPRINGFIELD	\$357,000	Townhouse	0.06	22153	GLENWOOD MANOR
6009 LIVERPOOL LN	3	2	1	ALEXANDRIA	\$352,000	Townhouse	0.02	22315	KINGSTOWNE
7504 NANCEMOND ST	4	2	0	SPRINGFIELD	\$350,155	Detached	0.26	22150	SPRINGFIELD
5606 KIRKHAM CT	3	2	2	SPRINGFIELD	\$350,000	Townhouse	0.04	22151	DANBURY FOREST
6121 LIVERPOOL LN	3	2	1	ALEXANDRIA	\$350,000	Townhouse	0.02	22315	KINGSTOWNE
6563 GRANGE LN #404	2	2	0	ALEXANDRIA	\$350,000	Garden 1-4 Floors	0.22	22315	CHANCERY OF KINGSTOWNE
6825 HEATHERWAY CT	3	2	2	ALEXANDRIA	\$347,500	Townhouse	0.03	22315	D EVEREUX WEST
7108 NEUMAN ST	3	2	0	SPRINGFIELD	\$345,500	Detached	0.50	22150	SHIRLEY SPRINGS
6221 FRONTIER DR	3	2	0	SPRINGFIELD	\$345,000	Detached	0.22	22150	SPRINGFIELD ESTATES
6053 HOLLOW KNOLL CT	3	3	1	SPRINGFIELD	\$345,000	Townhouse	0.03	22152	THE TIMBERS
6813 LUSKIN ST	3	2	0	SPRINGFIELD	\$344,999	Detached	0.29	22150	LOISDALE ESTATES
5901 GLOUCESTER AVE	4	2	0	SPRINGFIELD	\$340,000	Detached	0.22	22150	SPRINGFIELD
5312 QUEENSBERRY AVE	3	1	0	SPRINGFIELD	\$340,000	Detached	0.26	22151	RAVENSWORTH
8828 SURVEYORS PL	3	3	1	SPRINGFIELD	\$340,000	Townhouse	0.03	22152	HILLSIDE COMMONS
5376 HARBOR COURT DR	3	2	2	ALEXANDRIA	\$340,000	Townhouse	0.05	22315	D EVEREUX WEST
6860 HEATHERWAY CT	3	1	2	ALEXANDRIA	\$340,000	Townhouse	0.03	22315	D EVEREUX WEST
7914 PEBBLE BROOK CT	3	2	1	SPRINGFIELD	\$335,000	Townhouse	0.04	22153	WOODSTREAM
7605 GRESHAM ST	3	1	1	SPRINGFIELD	\$334,500	Detached	0.28	22151	NORTH SPRINGFIELD
8299 RAINDROP WAY	3	1	1	SPRINGFIELD	\$330,000	Detached	0.13	22153	NEWINGTON FOREST
6639 BRIARLEIGH WAY	2	2	1	ALEXANDRIA	\$327,000	Townhouse	0.05	22315	AMBERLEIGH
8665 MAPLE GLEN CT	3	2	1	SPRINGFIELD	\$325,000	Townhouse	0.06	22153	NEWINGTON FOREST
7701 HAYNES POINT WAY #1902	2	2	1	ALEXANDRIA	\$320,000	Townhouse	0.22	22315	CONDO AT ISLAND CREEK
8083 TOPPER CT	2	2	1	ALEXANDRIA	\$320,000	Townhouse	0.05	22315	LANDSDOWNE
6889 BRIAN MICHAEL CT	3	3	1	SPRINGFIELD	\$310,219	Townhouse	0.04	22153	TOWNES OF ORANGE HUNT TH
8672 HICKORY RIDGE CT	3	2	1	SPRINGFIELD	\$310,000	Townhouse	0.06	22153	NEWINGTON FOREST
7757 EUCLID WAY	3	2	1	SPRINGFIELD	\$310,000	Townhouse	0.06	22153	NEWINGTON STATION
6611 NETTIES LN #24K	3	2	0	ALEXANDRIA	\$306,000	Garden 1-4 Floors	0.22	22315	CARRDINAL PLACE
5719 ASH DR	4	2	0	SPRINGFIELD	\$300,000	Detached	0.19	22150	SPRINGFIELD PARK
7418 BEULAH ST	2	1	0	ALEXANDRIA	\$300,000	Detached	0.44	22315	MILLER O N
6610 NETTIES LN #27J	3	2	0	ALEXANDRIA	\$295,000	Garden 1-4 Floors	0.22	22315	ISLAND CREEK/KINGSTOWNE
7514 HOGARTH ST	3	1	0	SPRINGFIELD	\$292,250	Detached	0.24	22151	NORTH SPRINGFIELD
7267 EVANSTON RD	3	2	2	SPRINGFIELD	\$289,900	Townhouse	0.06	22150	SPRINGFIELD VILLAGE
7512 ASHBY LN #A	2	2	0	ALEXANDRIA	\$285,000	Garden 1-4 Floors	0.22	22315	STRATFORD PLACE AT KINGS
6834B BRINDLE HEATH WAY #B	2	2	0	ALEXANDRIA	\$281,000	Garden 1-4 Floors	0.22	22315	KINGSTOWNE
6135 WILLOWICK LN	3	3	1	SPRINGFIELD	\$278,000	Townhouse	0.04	22152	THE TIMBERS
6602D THACKWELL WAY #D	2	2	0	ALEXANDRIA	\$275,000	Garden 1-4 Floors	0.22	22315	CARRDINAL PLACE
6824D BRINDLE HEATH WAY #246	2	2	0	ALEXANDRIA	\$275,000	Garden 1-4 Floors	0.22	22315	ETON SQUARE
6600B THACKWELL WAY #B	2	2	0	ALEXANDRIA	\$267,000	Garden 1-4 Floors	0.22	22315	CARRDINAL PLACE
8457 SUGAR CREEK LN	2	1	1	SPRINGFIELD	\$265,000	Townhouse	0.02	22153	NEWINGTON FOREST
6539 OLD CARRIAGE LN	2	1	1	ALEXANDRIA	\$265,000	Townhouse	0.05	22315	LANDSDOWNE
8354 DARLINGTON ST #491	3	3	0	SPRINGFIELD	\$255,000	Townhouse	0.22	22152	CARDINAL FOREST
6103 WIGMORE LN #H	2	2	0	ALEXANDRIA	\$255,000	Garden 1-4 Floors	0.22	22315	STRATFORD PLACE AT KINGS

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OPEN HOUSES

SATURDAY/SUNDAY, MAY 18 & 19

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click on the "This Week in Real Estate" link. Call Specific Agents to Confirm Dates & Times

Centreville

13617 Northbourne Dr.....\$649,900.....Sun 1-4.....Julie Young.....Samson Props..703-380-2200
13965 Water Pond Ct.....\$359,900.....Sun 1-4.....Dan Mleziva.....RE/MAX..703-380-9915
14764 Green Park Way.....\$289,900.....Sat 1-4.....Cathy Lanni.....Long & Foster..703-615-4237

Chantilly

42344 Astors Beachwood.....\$790,000.....Sun 1-4.....Chris Pezzana.....Weichert..703-447-1662

Clifton

7500 Weymouth Hill Rd.....\$1,165,000.....Sun 12-3.....Sharon Mills.....RE/MAX..703-296-1676
7242 Archlaw Dr.....\$1,075,000.....Sun 2-4.....Pat Fales.....RE/MAX..703-503-4365
12395 Henderson Rd.....\$900,000.....Sun 2-4.....Monica Sims.....RE/MAX..703-642-3380
6922 Clifton Rd.....\$689,000.....Sun 2-5.....Nancy Basham.....Long & Foster..703-772-2066

Fairfax

6119 Queens Brigade Ct.....\$622,500.....Sun 2-4.....Carrie Shokraei.....RE/MAX..703-297-2109
3737 Mazewood Ln.....\$374,900.....Sun 1-4.....Debi Anderson.....Samson Props..703-585-6164
13233 Custom House Ct.....\$355,000.....Sun 1-4.....Bryan Henry.....Samson Props..703-786-2376

Fairfax Station

7904 Oakshire Ln.....\$1,795,000.....Sun 2-4.....Pat Fales.....RE/MAX..703-503-4365
5735 Daingerfield Way.....\$1,495,000.....Sun 1-4.....Jeffrey McGlothlin.....McEneaney..703-286-1289
6207 Halley Commons Ct..\$1,199,000.....Sat 1-4.....Helen Grozbean.....Keller Williams..571-233-4287
10109 Homar Pond Dr.....\$925,000.....Sun 1-4.....Helen Grozbean.....Keller Williams..571-233-4287
11501 Liltling Ln.....\$849,000.....Sun 2-4.....Pat Fales.....RE/MAX..703-503-4365
7612 Rustle Ridge Ct.....\$839,950.....Sun 1-4.....Kathleen Quintarelli.....Weichert..703-862-8808
10611 Daysailor Dr.....\$839,750.....Sun 1-4.....Patrick Saltz.....Saltz..703-569-1100
6328 Barsky Ct.....\$795,000.....Sun 1-4.....Nina Bonan.....Top Pro..301-762-4989

Franconia/Kingstowne

5577 La Vista Dr.....\$888,888.....Sun 1-4.....Michael Lee..TTR Sothebys Int'l..703-319-3344
5706 Glenwood Ct.....\$824,900.....Sun 1-4.....Kathryn Graves.....Weichert..703-760-8880
5638 Tower Hill Cir.....\$817,500.....Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..703-822-0207
5990 Manorview Way.....\$724,900.....Sun 1-4.....Cindy Clemmer.....McEneaney..703-286-1180
5550 Dunsmore Rd.....\$579,950.....Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..703-822-0207
8011 Old Parsonage Ct.....\$539,950.....Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..703-822-0207
5961 Norham Dr.....\$529,950.....Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..703-822-0207
6153 Summer Park Ln.....\$519,950.....Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..703-822-0207
6546 Parish Glebe Ln.....\$495,000.....Sun 1-4.....Susan Maher.....Long & Foster..703-408-5158

Lorton

8755 Bitterroot Ct.....\$839,900.....Sun 1-4.....Jinny Kim.....Fairfax..703-766-2710
8978 Birch Bay Cir.....\$765,000.....Sun 1-4.....Pattie Mancini.....Avery-Hess..703-451-9797
6616 Winstead Manor Ct.....\$759,950.....Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..703-822-0207
8949 Cross Chase.....\$719,500.....Sun 1-4.....Mahala Hart.....Weichert..703-691-0555
9032 Harrover Pl.....\$659,900.....Sun 1-4.....Barb White Adkins.....RE/MAX..703-609-8950
8970 Fascination Ct #210.....\$347,905.....Sat 11:30-3:30.....Shawn Evans.....Long & Foster..703-790-1990
8960 Fascination Ct #316.....\$339,990.....Sun 12-3.....Shawn Evans.....Long & Foster..703-790-1990
8970 Fascination Ct #111.....\$283,115.....Sat 11-3.....Shawn Evans.....Long & Foster..703-790-1990

Springfield

8585 Beatrice Ct.....\$819,000.....Sun 1-5.....Ali Hasan.....United American..703-866-2424
6505 Lignum St.....\$575,000.....Sun 1-4.....Dallison Veach.....RE/MAX..703-477-7920
7507 Oriole Ave.....\$504,900.....Sun 1-4.....Beckie Owen.....Long & Foster..703-328-4129
6401 Racetec Ct.....\$455,900.....Sun 1-4.....Carla Moore.....EXIT..703-495-6200
7635 Chancellor Way.....\$445,000.....Sun 1-4.....Sherry Elphick-Schoske.....RE/MAX..703-971-5555
6808 Bellamy Ave.....\$429,500.....Sun 1-4.....Sherry Rahnama.....RE/MAX..703-449-7629

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Sheila Adams 703-503-1895



Fairfax Station **\$722,900**
Beautiful contemporary 3 bedrooms, 3 baths, with a gorgeous pool on 2 private acres with a park-like setting, located in the heart of Fairfax Station. Home has been updated throughout. Gourmet kitchen, hardwood floors & new carpeting.
Pep Bauman 703-314-7055



Reston **\$225,000**
Large 1BR, 1BA condo near shopping, commuter routes, and lakes of Reston. Stainless steel appliances, fresh paint, and hardwood floors. Private balcony
Courtney Jordan 703-786-5330



Lake Anna **\$710,000**
Quiet northend cove! 100 ft. of deep water with boat house. Lots of wild life, walk to common area beach. 4 bedrooms, 4.5 baths, lofts, screened porch, sitting areas, decks up & down with glass railing, front porch, 3 car garage, and a barn/workshop with 1/2 bath, all with high end materials.
Toni McQuair 703-795-2697



Alexandria **\$384,500**
This 9 year old home has 4 bedrooms, 3.5 baths, 3 finished levels and 2 car garage. Hardwood floors on main level. Amazing deck just off kitchen and so much more.
Richard Esposito 703-503-4035



Haymarket-Regency **\$494,900**
Living is easy in 55+ Regency at Dominion Valley. Almost 4000 fin SF in 4BR/4BA patio home with MBR on main. Snow removal, lawn & exterior care incl. in fees plus pool & fitness. Golf optional. Call Mary to view & see TV video at 55+ web site www.marylroche.com.
Mary LaRoche 703-919-0747



Fairfax **\$569,000**
The spotlight shines on this fabulous 5 bedroom, 2.5 bath Middleridge split level, sited on a "to-die-for" corner lot on a street that seldom sells! "House Beautiful" kitchen w/ granite counters, hardwood floors, & finished lower level with Buck-Stove and 5th bedroom. All updated baths, custom patio w/ awning, screened-in porch, replaced windows & huge 2-car carport come too! A true show stopper!
Catie Morales 703-278-9313



Lake Anna **\$969,000**
Water Front Home! Custom built colonial home built on premium deep water lot (2.3 acres). This is truly one of a kind and a must see. Enjoy your own launching ramp, beach, and 40x40 enclosed boat house. Lots of storage with a three car attached garage and a 30x36 metal building. Great view of the lake. Lawn and flower bed irrigation.
Buddy Poland 540-894-7821



Arlington **\$1,495,000**
Elegance galore! Built in 2006, over 6500 sq. ft. finished living space w/over 5 BRs, 5.5 BAs, 2 story living room, balcony on 2nd floor & array of custom upgrades throughout. Gourmet kit w/stainless steel appliances &

Breakfast room overlooking the fenced back yard. Finished basement. Nice sized deck stepping to paved patio. Yards from Arlington bus transportation, public metro bus, East Falls Church Metrorail, Route 7, I-66 and I-395. Enjoy the Bike trail and side walk for extra outdoor activities. Visit KinderSaund.com & www.extraordinaryproperties.com for more information.
Kinder Saund 703-503-1840



Gainesville **\$525,000**
Heritage Hunt 55+ (age 50+ ok). Beautiful 3 levels on exceptional lot—3 sides golf course! 3 BRs, 3BAs, Gourmet Kitchen with island, cktp & wall ovens, Living, Dining, Sunroom, Loft, unfinished Lower Level with rough-in, fresh paint in/out, screened porch, 2 car garage. VIEWS!
Amanda Scott 703-772-9190



Fairfax **\$698,000**
Fox Hunt beauty with 4 bedrooms, 2.5 baths. Gorgeous updated kitchen & baths. Open floor plan, lower level rec room & spacious deck perfect for entertaining!
Carol Hermandorfer 703-216-4949



Clifton **\$939,000**
Stately Colonial on gorgeous 5 acre lot. Elegant, grand main level with open floor plan. Upper level with 4 bedrooms and 3 full baths. Master sitting room could be 5th bedroom. Walk out lower level with full bath, guest suite, large game room and plenty of storage.
Carol Hermandorfer 703-216-4949



Clifton **\$419,900**
Heated tile floors in remodeled kitchen! You'll always want to be barefoot in THIS beautiful kitchen! High ceilings on main floor, and custom details throughout. Split level deck overlooks woods. MBR suite features soaking tub, double sinks, and sep. shower. 3 BR, 3.5BA, 3 fin. Levels, and a garage.
Mary Wharton 703-795-0587



Sterling **\$564,900**
Immaculate, light-filled "Potomac" model. Four spacious bedrooms, master suite with jetted soaking tub, gleaming hardwood floors on entire main level, and three finished levels. Spacious family room off gourmet kitchen. Large deck overlooking lush, professionally landscaped yard.
Bob Clark 703-470-5044



Clifton **\$1,375,000**
Pristine elegance in Balmoral Greens! 6BR, 5.5BA, 3 fin lvls, Chef's Kit w/island & honed granite counters, GE Monogr SS appls, Liv, 2 story Fam, Din, Butler pantry, Sunrm, Library, Main lvl MBR & marble MBA. W/Out LL has Home Theatre, 2nd Kit, Rec rm, add master suite. Scr porch, ceil fans, tray ceilings, rec lights, plant/shutters, 3 zone heat/cool, 3 car side/lid Garage, 2 Acres. Robinson HS.
Amanda Scott 703-772-9190



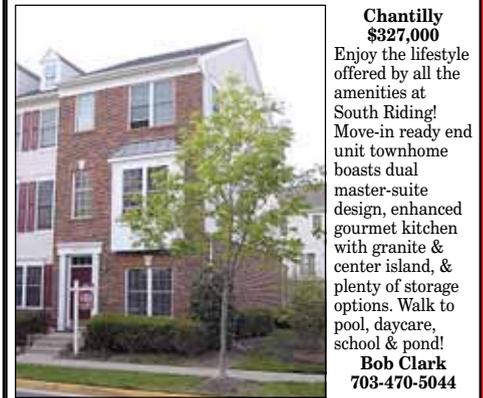
Chantilly **\$210,000**
Sensational 3 level TH, updated kitchen, baths, carpet, new roof, cozy lower level with fireplace opens up to private, fenced patio, garden, great laundry, storage room. You will fall in love with this exceptionally well cared for TH.
Mary FitzHenry 703-503-1825



Springfield **\$385,000**
Many updates in this large, 4 level 3 bedroom 3.5 Bath End Unit Townhouse in popular neighborhood. Updates include newer windows, new paint, roof, appliances, and more. Master Bedroom Has 4th level loft. Please call for more information.
David Levent 703-338-1388



Fairfax Station **\$699,900**
Beautiful updated 3 levels, 4BR, 3.5BA, Kitchen with SS appliances, Living, Dining, Family, fireplace, Screened Porch, MBR w/vaulted ceiling, skylights, walkout LL, Rec room, storage, 2 car Garage.
Amanda Scott 703-772-9190



Chantilly **\$327,000**
Enjoy the lifestyle offered by all the amenities at South Riding! Move-in ready end unit townhome boasts dual master-suite design, enhanced gourmet kitchen with granite & center island, & plenty of storage options. Walk to pool, daycare, school & pond!
Bob Clark 703-470-5044

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