

Herndon Pays Tribute to the Fallen

NEWS, PAGE 3

From left, Dr. Duane C. Young, a retired Army major and Dave Kirby, a Herndon Town Council member and commander of the local American Legion, lay a wreath at the Tomb of the Confederate Unknowns at Chestnut Grove Cemetery Monday, May 27.

SUMMER FUN

PAGE 8

Hanley Shelter Hosts Open House

NEWS, PAGE 3

Award-Winning Connection Newspapers

More Reasons the Connection Newspapers are the Best-Read Community Papers
**Winners of Awards in the 2012 Virginia Press Association
 and Maryland-Delaware-D.C. Press Association Editorial Contests**

Best in Show, Non-daily Artwork

The top prize when the first place winners of all the design categories for all Virginia Press Association-member, non-daily papers are judged against each other.



Jean Card

❖ **Jean Card, Laurence Foong, Craig Sterbutzel, Fairfax**
 Connection: Informational Graphics
 • Parks in Fairfax County



Laurence Foong



Craig Sterbutzel

Win, Place, Show for Alexandria Gazette Packet
 Alexandria Gazette Packet reporters took all three top spots for In-depth or Investigative Reporting in their division.

First Place

❖ **Nicholas Horrock, Alexandria Gazette Packet**: In-depth or investigative reporting



Nicholas Horrock



Montie Martin

❖ **Montie Martin, Alexandria Gazette Packet**: In-depth or investigative reporting • Guns From the South

Third Place

❖ **Michael Lee Pope, Alexandria Gazette Packet**: In-depth or investigative reporting • Looking Behind the Numbers



Michael Lee Pope

First Place Winners

❖ **Jean Card, Laurence Foong, Craig Sterbutzel, Fairfax**
 Connection: Informational Graphics • Parks in Fairfax County

❖ **Nikki Cheshire, Great Falls**



Nikki Cheshire

Connection: Breaking News Photo • Rescue at Great Falls

❖ **Deb Cobb, Mount Vernon Gazette**: Online Slideshow • Daily Patrols Take to the Water

❖ **Deb Cobb, Reston**

Connection: General news photo • Freezin' for a Reason

❖ **Laurence Foong, Michael Lee Pope, Alexandria Gazette Packet**: Informational Graphics



Deb Cobb

❖ **Bonnie Hobbs, Centre View North: Public Safety Writing**



Bonnie Hobbs

❖ **Kenneth Lourie, Arlington**



Kenneth Lourie

Connection: Column Writing
 ❖ **Alex McVeigh, Oak Hill/Herndon**
 Connection: Education Writing
 • The Human Element of Learning



Alex McVeigh

❖ **Michael Lee Pope, Arlington** Connection: Multimedia News Report • Secret Police

❖ **Michael Lee Pope, Alexandria Gazette Packet**: Business and Financial Writing

❖ **Michael Lee Pope, Mount Vernon Gazette**: Breaking



Victoria Ross

News Writing
 ❖ **Victoria Ross, Springfield**
 Connection: In-depth or Investigative Reporting
 • Immigration

Second Place Winners

❖ **Jean Card, Mount Vernon Gazette**: Page Design

❖ **Bonnie Hobbs, Fairfax**
 Connection: Public Safety Writing



Louise Krafft

❖ **Louise Krafft, Mount Vernon Gazette**: Picture Story or Essay • Mount Vernon Graduation 2012

❖ **Louise Krafft, Jeanne Theismann, Alexandria Gazette Packet**: Combination

Picture and Story • Memorial Day

❖ **Craig Sterbutzel, Burke**
 Connection: Sports News Photo

• Santiago Valdez

❖ **Jeanne Theismann, Alexandria Gazette Packet**: Headline Writing

❖ **Jeanne Theismann, Alexandria Gazette Packet**: Column Writing



Jeanne Theismann

❖ **Steven Mauren, Geovani Flores, Stuart Moll, Laurence Foong, Jean Card, Mount Vernon Gazette**: Special Sections or Special Editions

• Insider's Guide



Steven Mauren



Geovani Flores

LOCAL MEDIA CONNECTION



Kemal Kurspahic

❖ **Kemal Kurspahic, Amna Rehmatulla, Chelsea Bryan, Laurence Foong, Stuart Moll, Geovani Flores, Great Falls**
 Connection: General Makeup



Stuart Moll



Amna Rehmatulla

Third Place Winners

❖ **Laurence Foong, Alexandria Gazette Packet**: Page Design

❖ **Laurence Foong, The Fairfax**

Connection: Informational Graphics

❖ **Mary Kimm, Fairfax**
 Connection: Editorial Writing

❖ **Louise Krafft, Arlington**

Connection: Sports Feature Photo

❖ **Louise Krafft, Alexandria**

Gazette Packet: Picture Story or Essay • Celebrating the Irish

❖ **Michael Lee Pope, Alexandria**

Gazette Packet: Multimedia News

Report • Schools in Crisis

❖ **Michael Lee Pope, Mount Vernon Gazette**: Feature Series or Continuing Story • Horses and Graves Versus Road Widening

❖ **Michael Lee Pope, Mount Vernon Gazette**: Health, Science and Environmental

Writing

❖ **Jon Roetman, Arlington**

Connection: Sports Writing

❖ **Steven Mauren, Jean Card, Geovani Flores, Laurence Foong, Stuart Moll, Alexandria Gazette Packet**: General Makeup

❖ **Steven Mauren, Geovani Flores, Stuart Moll, Laurence Foong, Jean Card, Mount Vernon**

Gazette: Special Sections or Special Editions

• Children's Edition

MDDC

The Potomac Almanac, a Connection Newspaper located in Potomac, MD, competes in the Maryland-Delaware-DC Press Association, and won at least six press association awards, which will be formally announced on May 17 at the MDDC Press awards luncheon. **Susan Belford, John Byrd, Laurence Foong, Ken Moore (2) and Staff** were named as winners.

❖ **Jon Roetman**



Jon Roetman

**Winner of the 2012 Virginia Press Association Award
 for Journalistic Integrity and Community Service**
Great People • Great Papers • Great Readers

THE CONNECTION
 to your community

www.connectionnewspapers.com

NEWS



PHOTO BY ALEX McVEIGH/THE CONNECTION

Town council member and American Legion Commander Dave Kirby speaks at the annual Herndon Memorial Day ceremony Monday, May 27.

Town Pays Tribute to the Fallen

Annual Memorial Day ceremony held at Chestnut Grove Cemetery.

BY ALEX McVEIGH
THE CONNECTION

Herndon residents gathered at Chestnut Grove Cemetery Monday, May 27 to commemorate Memorial Day. The annual ceremony featured members of the American Legion, Herndon High School Naval JROTC and guest speaker Dr. Duane C. Young, a retired Army major.

"As the unofficial beginning of summer, let us never forget what Memorial Day means. It is not about beaches, picnics and auto races, it's a day to remember," said Dave Kirby, town council member and commander of American Legion Post 184. "To remember once a year is not enough. The widows, widowers, fathers, mothers, brothers, sisters and children remember every day. The empty seat at the dinner table, the smaller gathering at Thanksgiving and the voice of a loved one heard only as a distant memory in one's mind are constant reminders that they are gone."

Kirby read from a letter composed by Marine Sgt. William Stacey. Stacey was killed in an IED explosion in Afghanistan in January 2012. Stacey, 23, was on his fourth deployment to the area.

"The sacrifice made by Sgt. Stacey, and countless other American heroes, has indeed changed the world," Kirby said. "There is a simplistic and naïve belief that war doesn't solve anything. I suppose that's true, unless you count the winning of American independence, the preservation of the Union, the elimination of slavery and the toppling of fascist and terrorist regimes."

Young, a native of Connecticut, was commissioned in 1974. He served for 20 years as a tank platoon leader, executive officer and commander, in Germany and in the United States. He was also an intelligence officer, and was a senior intelligence staff officer at Fort Irwin, Calif.

"This day marks the 145th anniversary of the first official observation of Memorial Day," he said. "Gen. John A. Logan issued General Order number 11 on May 5, 1868, reading in part, 'the 30th day of May,



Dr. Duane C. Young, a retired Army major, speaks at the Herndon Memorial Day ceremony Monday, May 27 at Chestnut Grove Cemetery.

1868 is designated for the purpose of strewing with flowers and otherwise decorating the graves of comrades who died in defense of their country...' The original order codified a practice very widespread in the years immediately following the Civil War, a practice very widespread in both the North and the South."

Young recalled his experiences on Memorial Day in 1976. While stationed in Germany, he and a fellow officer pooled their money together for a trip to visit the grave of Gen. George S. Patton in Luxembourg.

Members of the Herndon Naval Junior ROTC helped prepare the annual Avenue of Flags in the cemetery. The major road was lined with 57 American flags, casket flags on loan from families of deceased veterans.

"Placing the flags along the road was a wonderful touch, the second you turn into the cemetery, you're greeted with a striking vision," said Barry Monroe of Herndon. "It's hard not to be affected by the thought of each one of those families who decided to lend a memento that reminds them of their loved ones for a ceremony like today's."



PHOTO BY ALEX McVEIGH/THE CONNECTION

Members of the Shelter House board and staff at the Katherine K. Hanley Family Shelter in Fairfax host an open house Tuesday, May 14.

Hanley Shelter Hosts Open House

Shelter houses more than 20 families at a time.

BY ALEX McVEIGH
THE CONNECTION

Shelter House, a Herndon-based nonprofit that operates two homeless shelters in Fairfax County, as well as a domestic abuse shelter, hosted an open house at their Katherine K. Hanley Family Shelter in Fairfax Tuesday, May 14.

"The Hanley shelter houses

"Living at the shelter can be tough on teens especially," Ergas said. "The younger children don't know as much about what's going on, they just have fun doing activities, but the teens are fully aware of their situation, so we try to make it a pleasant experience for them."

This year the shelter received a grant from Home Depot to plant a vegetable garden in the back, and volunteers from

"The younger children don't know as much about what's going on, they just have fun doing activities, but the teens are fully aware of their situation, so we try to make it a pleasant experience for them."

— Ergas, director of the shelter

20 to 24 families, consisting of 60 to 80 people, at any given time," said Jamie Ergas, director of the shelter. "We have four 'pods' as we call them, each of which has six rooms and three bathrooms."

Since July 1, 2012, the shelter has seen 105 families, with 63 percent of families leaving moving into permanent housing and 14 percent moving to temporary housing. The average length of stay per family has been 62 days.

The shelter offers tutoring four days a week, and has a computer lab that residents use for job and housing searches. There is also a teen lounge that features video games and other activities.

Keller Williams helped plant the garden. The produce from the garden will be used in the shelter's dining room.

"It's great to be here and actually hear personal stories and see the people who are being helped," said Mark Dolfis, Shelter House board member. "Being on the board means a lot of planning and meetings, but this makes it personal, and shows us why we're here."

In addition to the Hanley Shelter, Shelter House operated the Patrick Henry Shelter in Falls Church, and the Artemis House for victims of domestic violence.

More information on Shelter House can be found at www.shelterhouse.org.

Kevin Cao, a senior at Thomas Jefferson High School, receives the Tony Griffin Partnership Leader award at the 2013 Celebrate Partnerships Award Ceremony on May 21 at the Mason Inn and Conference Center. Former County Executive Tony Griffin and Sharon Bulova, chairman of the Fairfax County Board of Supervisors, applaud Cao's initiative in co-founding GIVE, Growth and Inspiration through Volunteering and Education, a tutoring program.



PHOTOS CONTRIBUTED

Celebrating Partnerships

Fairfax County, FCPS honor 12 public-private partners during awards ceremony.

In the summer of 2012 when most high school seniors are working on their college essays or lounging by the pool, Kevin Cao, a senior at Thomas Jefferson High School for Science and Technology, decided to do something different.

He envisioned a service project, contacted Fairfax County Public Library staff to gauge interest and put the wheels in motion to create a program where older students offer tutoring to younger students in communities where there is a significant need.

He co-founded Growth and Inspiration through Volunteering and Education (GIVE), which encourages and supports "participation in community organizations and other activities that address community needs and opportunities." Through GIVE, he began tutoring, seeking volunteer tutors, reserving rooms at five library branches and publicizing the new service in English and Spanish.

Between October 2012 and February 2013 his partnership with the library served more than 300 students through 1,450 tutoring sessions. If the library or Kevin were to charge even \$15 per session, the value would equal more than \$21,000.

Cao was recognized for his giving with the Tony Griffin Partnership Leader Award at this year's Celebrate Partnerships Awards Ceremony on May 21. The event is hosted by Fairfax County and Fairfax County Public Schools.

"Even at his young age, Kevin Cao exemplifies what we all seek in a community leader, someone with vision, compassion and the wherewithal to take an idea and make it happen for the benefit of people, not just our family or our friends or even ourselves, but to create partnerships that benefit the community as a whole," said Tony Griffin, former Fairfax County Executive.

Cao was one of 12 individuals and groups honored at the event, held at the Mason Inn and Conference Center.

More than 55 businesses and community groups were nominated for these annual awards, which focus on individuals and groups who partner with Fairfax County and FCPS to give back to the community in which they work and live.

The event was attended by more than 380 people who heard from Fairfax County Chairman Sharon Bulova, Fairfax County School Board Chair Ilryong Moon, Deputy Division Superintendent Richard



Frost Middle School's Advanced Women's Ensemble sang the National Anthem at the 2013 Celebrate Partnerships Award Ceremony on May 21 at the Mason Inn and Conference Center.

Winners

❖ OP3 Award Winners

Small Business Resource Champion: Comstock Partners
Blue Ribbon Partnership: Partnership for a Healthier Fairfax
Community Resource Connector: A Way Forward
Media/Communications Partnership: Univision
Large Business Resource Champion: Target
Tony Griffin Partnership Leader: Kevin Cao, Thomas Jefferson High School

❖ Fairfax County Public Schools Award Winners

Blue Ribbon Mentoring: Providence Elementary School

❖ Blue Ribbon Outstanding Event: Exxon Mobil Corporation, Micron Technology, Northrop Grumman Information Systems, Noblis, SRC Inc.

❖ Blue Ribbon Workforce Development: DoD CIO & IT/TM

❖ Community Partner of the Year: Fairfax Symphony Orchestra

❖ Business Partner of the Year: Time Warner Cable

❖ Bruce Oliver Leadership Award (Business): Judy Hubka, Exxon Mobil Corporation

❖ Bruce Oliver Leadership Award (Community): Evan Glazer, FCPS Thomas Jefferson High School for Science and Technology

Moniuszko and Fairfax County Director Rob Staltzer.

"Hundreds of our local business and individuals are giving their time, talent and resources as partners in the community. When businesses, the County, FCPS and the local nonprofits team up everybody is a winner," said Patricia Stevens, Executive Director, Fairfax County Office of Public Private Partnerships.

"Together with Fairfax County, we are continually amazed at the generosity and talent our partners provide on a daily basis. These partnerships positively impact our community's youth, which I predict will create a better tomorrow," said Jay Garant, Coordinator, Business and Community Partnerships, Fairfax County Public Schools.

—VICTORIA ROSS

What Is Your Favorite Way or Place to Have Fun in Summer in Herndon?



Stephen Mouring, software engineer, Herndon

"We just moved here so I'm sure this will change, but so far it's been biking around the W&OD Trail because you can access a lot of both Herndon and Reston."



Melissa Jonas, Herndon Town Council, Herndon

"I enjoy going to get coffee at the Green Lizard and I love Friday Night Live."



Danny Bentley, student, Herndon

"I've always liked going to see the Herndon Braves baseball team play at Herndon High School. It reminds me of my little league days back when I was a star player."



Alex Hansen, student, Great Falls

"Well recently I've been training for a marathon with my aunt on the W&OD trail which has been fun. My goal is to eventually run the entire trail. I also like walking around and eating lunch in Old Town Herndon."



Ellen (no last name given), senior citizen, Herndon

"I live at a retirement home so I really enjoy walking around and looking at the buildings in Herndon. I like the small town community feel to it, and everyone is always very friendly and helpful."



David Camarda, student, Reston

"The Herndon Festival is always a highlight for me. I've been going there since I was a little kid and I'll definitely be there this year. The rides are my favorite part."

—MATTHEW AUKE

PEOPLE

Natasha Parnian And Andrew Farms Engaged

Natasha Parnian, of Reston, and Andrew Farms, of Chantilly, are engaged and plan to wed Saturday, June 15. Parnian is the daughter of Cheryl Parnian and Pete and Dorothy Parnian and a graduate of South Lakes High School. She is in pursuit of a Master's degree in history and geology and is the managing artistic director of Dark Horse Theatre Company in Northern Virginia. Farms is the son of Alan and Sharon Farms and Peter and Darcy Justen and was raised in Loudoun County. He graduated from Westfield High School in Chantilly, attended Radford University and has done extensive training and work in the telecommunications field. He is currently employed as a telecommunications technician in Northern Virginia. The two plan to wed at Southview Community Church in Herndon and to reside in Reston.



PHOTO CONTRIBUTED

Natasha Parnian, of Reston, and Andrew Farms, of Chantilly, are engaged and plan to wed June 15 and reside in Reston.

Simplify Your Life!

A Sensible and Affordable Approach to Child Care



- **Flexible...** in home child care, up to 45 hours per week
- **Choose...** an au pair from France, Germany, China, Spain, Brazil and many other countries
- **Educated, English Speaking...** au pairs, 18-26 years of age
- **Culturally Rewarding...** experience for the entire family
- **\$344 Weekly Cost...** per family, not per child

eurAuPair
Intercultural Child Care Programs

**The perfect child
care solution
for today's busy
families!**

Call us today
800-333-3804 ext.2



www.euraupair.com

BUY ONE DAY. GET AN ENTIRE YEAR.

AMERICAN HERITAGE ANNUAL PASS

How can one day of fun last an entire year? Virginia residents can now visit Jamestown Settlement and the Yorktown Victory Center for one year for the price of one day — **\$20.50 for adults and \$10.25 for ages 6-12** — available only online.

- Interactive gallery exhibits
 - Hands-on experiences in re-created living-history areas
 - Special events, exhibits and lectures
 - Free parking
- The history is so close — you'll want to come again and again.

**JAMESTOWN & YORKTOWN
SETTLEMENT & VICTORY CENTER**

www.historyisfun.org/american-heritage-annual-pass.htm
Proof of residency required.

The FISHBURNE EXPERIENCE

...it's about
Character

Now Accepting Applications
& Conducting Interviews
For Summer and Fall Enrollment

Limited space available

Meet with us in FAIRFAX on
Saturday June 1st
Fairfax Marriott at Fair Oaks
(across from Fair Oaks Mall)
from 10 am – 2 pm.

TURNING POTENTIAL INTO ACHIEVEMENT SINCE 1879



**FISHBURNE
MILITARY SCHOOL
LEADERSHIP for LIFE**

800.946.7773
fishburne.org

OPINION

Don't Be Among the Missing

Last time Virginia elected a governor, 1.7 million voters failed to vote after voting the previous year.

In 2008, 74.5 percent of Virginia's registered voters turned out to vote in the presidential election. In 2009, the last time Virginians elected a governor, lieutenant governor, attorney general and members of the House of Delegates, just 40.4 percent of registered voters came out to vote.

That is to say that 1.7 million voters went missing in the commonwealth.

Last November, more than 70 percent of Virginia's registered voters turned out. Will this November see 40 percent or less? Choices at the statewide level could hardly be more stark, and low turnout will make the outcome unpredictable.

It's a mistake for people offended by the inflammatory and derogatory rhetoric by the Republican nominee for lieutenant governor, E.W. Jackson, to think that he is unelectable in Virginia or that his negatives will make Ken Cuccinelli, Republican nominee for governor, unelectable.

It all depends on who turns out to vote. As an example, in November 2007, incumbent state Sen. Ken Cuccinelli (R-37) won re-election by less than one-half of a percentage point, with an edge of just 92 votes out of 37,185 ballots cast, beating Democrat Janet Oleszek. Approximately 32 percent of registered voters in the 37th District cast ballots at the polls in that election. Imagine what might be different today if that race had gone differently. Cuccinelli was first elected to the Virginia Senate in 2002 in a special election.

bent state Sen. Ken Cuccinelli (R-37) won re-election by less than one-half of a percentage point, with an edge of just 92 votes out of 37,185 ballots cast, beating Democrat Janet Oleszek. Approximately 32 percent of registered voters in the 37th District cast ballots at the polls in that election. Imagine what might be different today if that race had gone differently. Cuccinelli was first elected to the Virginia Senate in 2002 in a special election.

Primary June 11

Primary Election Day is Tuesday, June 11, with absentee voting currently underway.

Voters in the Democratic primary will choose between Ralph S. Northam and Aneesh Chopra for lieutenant governor; and between Mark R. Herring and Justin E. Fairfax for attorney general.

In Fairfax County, there is also Democratic primary for District 86, between Jennifer Boysko and Herb Kemp, with the winner facing incumbent Tom Rust (R).

The polls will be open from 6 a.m. to 7 p.m.

on June 11.

Good sources for information on upcoming elections:

Virginia State Board of Elections, www.sbe.virginia.gov/,

Virginia Public Access Project, www.vpap.org/candidates?display=state,

Fairfax County Board of Elections, www.fairfaxcounty.gov/elections/ecalendar.htm,

City of Fairfax Board of Elections, www.fairfaxva.gov/Registrar/GeneralRegistrar.asp.

Father's Day Photos

Father's Day is June 16, and as in years past, The Connection will publish a gallery of photos of fathers, grandfathers, great grandfathers and sons and daughters. Send your photos, including names of everyone in the photo, ages of children, town of residence and a brief description of what is happening to editors@connectionnewspapers.com.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

COMMENTARY

Reform the Reforms

Reform would re-direct education expectations to ensure that every child becomes a successful learner.

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

Anyone with a sibling or with two or more children knows how different children are. Within the same family there are differences in interests, aptitude, personality and temperament. These differences are among the things that make young children unique and special. That is until they get into the public education stream. Standards set by local, state and now federal officials create a mold each child is expected to fit into. Not unlike a raw material fed into one end of the school factory, the children are expected to come out the other end as a defined product. Teachers

are the assembly-line workers with strict product specifications their students are expected to meet with the teacher's rate of pay increasingly dependent upon the students' performance. Quality control is the high-stakes, standardized testing that has increasingly been encroaching on instructional time. Too often lost in the process are the special qualities of children that allow them to sing and dance with great success; to use their hands and minds to create, repair and assemble; or to ponder, write and imagine. These skills simply do not fit onto a fill-in-the-bubbles answer sheet.

Schools virtually close down instruction this time of year for the annual standardized tests. Anxiety

risers for children who can no doubt sense it from their parents and the school staff. The race is on to prove the impossible of having everyone be above average. No space is left for the individual child for under the current system every child as an individual is left behind.

I am not alone in my beliefs. Diane Ravitch, a former assistant secretary of education who helped put together the No Child Left Behind program has written a book titled, *The Death and Life of the Great American School System: How Testing and Choice Are Undermining Education*. Richard Rothstein's new book, *Grading Education: Getting Accountability Right* argues that the current focus on basic skills is narrowing the curriculum allowing schools to get higher test scores without supplying better education. Linda Darling-Hammond in her book *The Flat World and Education: How America's Commitment to Equity Will Determine Our Future* reviews what the top-performing school systems around the world do to get results. She concludes it



is building a strong, experienced staff with an emphasis on a rich, well-balanced curriculum in the arts and sciences. Finland, the highest performing nation, does not rely on testing.

Increasingly testing has been a relatively cheap and quick way for politicians to say they are working for better schools, but the system they have built is faulty and does not encourage future learning or creativity. Reforming many of the past reforms would not lower our expectations; it would re-direct them to ensuring that every child was a successful learner who would be able to succeed in a changing world.

Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

Letters to the Editor, The Connection
1606 King St. ♦ Alexandria VA 22314
Call: 703-917-6444. ♦ herndon@connectionnewspapers.com

Oak Hill & Herndon CONNECTION

www.ConnectionNewspapers.com

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

NEWS DEPARTMENT:
To discuss ideas and concerns,
Call: 703-778-9410
e-mail:
herndon@connectionnewspapers.com

Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Chelsea Bryan
Editorial Assistant
703-778-9410 ext.427
cbryan@connectionnewspapers.com

Alex McVeigh
Community Reporter ♦ 703-778-9441
amcveigh@connectionnewspapers.com
@AMcVeighConnect

Victoria Ross
County Reporter ♦ 301-502-6027
rosspinning@yahoo.com

ADVERTISING:
For advertising information
e-mail:
sales@connectionnewspapers.com

Janis Swanson
Display Advertising
703-778-9423

Andrea Smith
Classified Advertising, 703-778-9411
classified@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

Editor & Publisher
Mary Kimm
703-778-9433
mkimm@connectionnewspapers.com
@MaryKimm

Executive Vice President
Jerry Vernon
jvernon@connectionnewspapers.com

Editor in Chief

Steven Mauren

Managing Editor

Kemal Kurspahic

Photography:

Deb Cobb, Louise Krafft,

Craig Sterbutzel

Art/Design:

Laurence Foong, John Heinly

Production Manager:

Jean Card

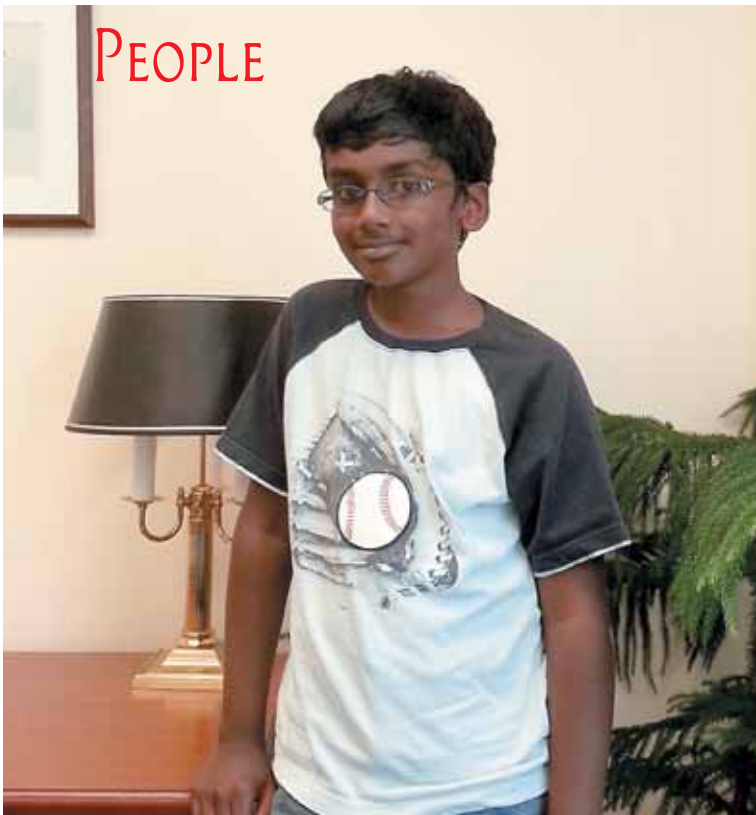
Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
703-778-9436
jtheismann@connectionnewspapers.com
@TheismannMedia

CIRCULATION: 703-778-9426
Circulation Manager:
Linda Pecquex
circulation@connectionnewspapers.com



PEOPLE



Neeyanth Kopparapu was selected for demonstrating excellence in the field of math.

Local Student to Receive Statewide Award

A Floris fifth grader honored for excellence in math.

BY MATTHEW AUKER
THE CONNECTION

A Floris Elementary School fifth grader has been selected as the Virginia recipient of the Nicholas Green Distinguished Student Award by the National Association of Gifted Children. Neeyanth Kopparapu was selected for demonstrating excellence in the field of math and will receive the award at a ceremony in October.

To be considered, students were asked to write a couple of paragraphs about their passion and submit their work in December. For Neeyanth it was easy, he had always excelled in math, and even participates in competitions outside of school.

He finally heard in March that he would be honored with the award, and later received a letter of congratulations from the superintendent of Fairfax County Public Schools, Dr. Jack Dale.

Avery Ginn, Neeyanth's fifth-grade teacher, speaks very highly of her star student. "He's very passionate about math and science, very inquisitive. And he's always willing to offer new information," she says. She also added that Neeyanth does a lot of independent research outside of school.

The Nicholas Green Distinguished Student Award was established in memory of Nicholas Green of California, who was killed in a drive-by shooting while visiting Italy in 1994.

OPEN HOUSE LISTINGS

Will Return Next Week



To add your Realtor represented Open House to these weekly listings, please call 703-778-9410

Merrifield GARDEN CENTER

Gorgeous COLOR

We've got a fabulous selection!

Annuals • Perennials
Hanging Baskets
Flowering Shrubs & Trees

Container GARDENS

Choose from our custom designs or create your own

See our "how-to" video at merrifieldgardencenter.com

This Week's Special

ASTILBE

All sizes and varieties in stock in bud and bloom

25% OFF

While they last

Reg. \$12.99 - \$24.99
Good 5/29-6/5/13

Edible DELIGHTS

Grow your own fresh herbs, vegetables, fruits & berries

Wide array of plants, containers and accessories

Don't miss the ARLINGTON ROSE FOUNDATION ROSE SHOW at our Fair Oaks Location - Sat., June 1, 1-6 pm & Sun. June 2, 11 am - 4 pm

MERRIFIELD 703-560-6222	FAIR OAKS 703-968-9600	GAINESVILLE 703-368-1919
----------------------------	---------------------------	-----------------------------

Hours: Monday - Saturday 8 am - 8 pm, Sunday 9 am - 6 pm

merrifieldgardencenter.com

Air Treatment Company

Cooling & Heating

Come home to comfort

Air Conditioners • Heat Pumps • Furnaces
Boilers • Water Heaters • Humidifiers
Generators • Maintenance Agreements

We Finance Too!

703-938-0550

Carrier turn to the experts

www.air-treatment.com

Find us on Facebook | Follow us on Twitter | Angie's list | BBB

<h3>\$50 Off</h3> <p>Any Service*</p>	<h3>\$59</h3> <p>Seasonal Maintenance Inspection*</p> <p>(Regular \$119. Per system.)</p>
<h3>\$500 Off</h3> <p>of a Complete System Installation*</p>	<h3>\$100 Off</h3> <p>of a Water Heater Installation*</p>

*Not to be combined with any other offer. New customer only. Expires 12/31/13

ROBERTS CARPETS ORIENTAL RUG CO.

Owned & Operated by the same family for 48 years!

National Karastan MONTH

Since 1928

Up to \$1000 Cash Back

Hardwood Flooring

Prefinished
3/4" x 2 1/4"
\$4.99 Sq.Ft.
Materials Only

Oriental Rugs

20% OFF
ORIENTAL RUG REPAIR & RESTORATION
• Weavers on staff
ORIENTAL RUG CLEANING
• In our cleaning plant
• Wall-to-Wall Carpet cleaning in your home, office or high rise

681 Spring Street, Herndon
Around the corner from the Ice House
Across the street from the Fire Station

Hours:
Mon, Tues, Thur & Fri: 9-6
Wed: 9-5
Sat: 9-3

703-471-7120

Our Installers are certified, trained professionals



PHOTO BY ALEX McVEIGH/THE CONNECTION

The annual Herndon Festival will take place from Thursday, May 30 to Sunday, June 2.

Summer Fun in Herndon

Herndon Festival, new concert series highlight summer events.

BY ALEX McVEIGH
THE CONNECTION

Whether it's downtown or the surrounding areas, there's plenty of summer fun to be had in Herndon. Though it takes place a few weeks before the official start of summer, this weekend's Herndon festival marks the start of the season for many.

"Between live music on the town green, the carnival rides and the fireworks, it's hard to get more summery than the Herndon Festival," said Ivan Tyler of Herndon. "Try explaining that to my kids though, they still have a few weeks of school left."

The four-day festival is one of the largest in the area, and will have activities for visitors of all ages. The municipal parking lot will be transformed into a carnival midway with rides and other activities, while the area along the W and OD Trail will feature games and prizes.

The town green behind the municipal center, as well as two other stages at the festival, will feature a variety of acts rang-

ing from local hip-hop artist Bo Jankans to the tropical sounds of Pan Fried Steel.

"I've always liked the diversity of music at the festival, and the fact that there's always someone playing somewhere is one of the best parts of the event," said Stephanie Morgan of Sterling. "Even the kinds of music I wouldn't necessarily buy on CD translates very well to the whole live atmosphere, it's easy to just stop by one of the stages for a few minutes and have some fun."

The festival will take place Thursday, May 30 from 6 to 10 p.m., Friday, May 31 from 5 to 11 p.m., Saturday, June 1 from 10 a.m. to 11 p.m. and Sunday, June 2 from 11 a.m. to 6 p.m. There will be fireworks at 9:30 p.m. on Thursday and Saturday.

More information can be found at www.herndonfestival.net.

The season will also see the beginning of

a new concert series at nearby Arrowhead Park. Each show will feature a pop music act, followed by an ensemble from a branch of the Armed Forces.

"As soon as I came to this park, I thought it would be a cool venue for a concert," said Pat Dupree, whose daughter plays soccer at Arrowbrook. "It's new and modern looking and has a nice vibe to it. I can't wait to see what the turnout is going to be."

Pat McGee, a native of Annandale and front man for the national touring act the Pat McGee Band, will perform in the inaugural concert. McGee will perform a solo acoustic set, to be followed by the U.S. Army Field Band "The Volunteers," who will tell the Army story through rock, pop, country and patriotic music.

The monthly concerts are a joint effort between the Fairfax County Park Authority, Arrowbrook Management Corporation, Arrowbrook Centre, LLC and the Ruth and Hal Lauenders Charitable Trust. The 23-acre park opened in 2010.



Wandering live acts, including clowns and a monkey trainer, will be around the Herndon Festival this year, which starts Thursday, May 30.

Concerts at Arrowbrook

Arrowbrook Park will host three concerts this summer, each featuring a pop music group as well as an ensemble from a branch of the armed forces. All concerts will be at the park, 2351 Field Point Road, Herndon, from 6 p.m. to 9 p.m.

❖ Saturday, June 22—Pat McGee, an acoustic act, and the U.S. Army Field Band "The Volunteers," who will play rock, pop, country and patriotic music.

❖ Saturday, July 20—Leonard, Coleman and Blunt, three former lead singers of The Temptations, The Platters and The Drifters and The U.S. Air Force "Singing Sergeants," the official chorale of the Air Force.

❖ Saturday, Aug. 17—Gallagher, Stang and Lewis, classic folk rock featuring three-part harmony vocals and the U.S. Navy "Sea Chanters," who will perform sea chanteys, patriotic fare, opera, Broadway and contemporary music.



Carnival rides and games will be a part of this year's Herndon Festival.

News

Art Matters as Elden Street Players Present 'Red'

BY DAVID SIEGEL
THE CONNECTION

With a deft touch, the 2010 Tony Award-winning Best Play "Red" by John Logan will give audiences of the Elden Street Players an inside look at of one of America's great post World War II abstract expressionist painters and creative talents, Mark Rothko.

Rothko is well-known in the D.C. area for his rectangles of painted colors that are hung in the Phillips Collection and in the National Gallery of Art.

Playwright Logan has both screen and theater credits. For the movies he wrote screenplays for "Sweeney Todd," "The Aviator," "Gladiator" and "Hugo." For theater he wrote "Never the Sinner" about the infamous Leopold and Loeb case and "Hauptmann" about the Lindbergh baby kidnapping.

"Red" puts the audience in the center of Rothko's life and studio at the zenith of his career. He is struggling with a series of grand-scale paintings he has been commissioned to paint for an elite New York City restaurant. His new assistant arrives and begins to challenge Rothko's artistic vision and integrity. This sets the play off into pitched verbal and philosophical battles that sweep the audience along.

The Elden Street Players production is directed by veteran Gloria DuGan. This is her ninth show for Elden Street following such taunt classics as the recent "Flowers for Algernon." DuGan described Logan's play as "beautifully written and pure genius that the audience will absorb." She noted that Rothko's painting are "far from just blocks of color."

As Mark Rothko, DuGan cast area Community Theater Award recipient actor and director Michael Kharfen. Kharfen is also a veteran with the Players, having appeared recently in David Mamet's "Glengarry Glen Ross."

In an interview, Kharfen suggested that "Red" gets deep into an artist's "thinking and doing. Abstract painting is not just splashing paint on a canvas, it is much more. And our perceptions affect how we see Rothko's art when it is before us."

Logan's play puts the audience in the heart of "the struggles, the joy, the tragedies behind a work of art, along with depicting Rothko's humanity," according to Kharfen. "It really is a classic American



PHOTO BY MATTHEW RANDALL/COURTESY OF THE ELDEN STREET PLAYERS

Brandon Herlig (as Ken) and Michael Kharfen (as Mark Rothko) in Elden Street Players' production of "Red."

story, someone has talent, and finds a way to draw attention to his talents."

Brandon Herlig is cast as the assistant, Ken. Herlig is a George Mason University theater student working toward his degree. Asked about his character, he described him as "young, passionate, and eager," just like him.

Herndon Optimists Honor Elementary Teachers

Herndon Elementary School teachers Jaime Graham and Susie Doak are this year's winners of the Herndon Optimist Award from Herndon Elementary.

Doak works as a lead mentor for new teachers and those transitioning to Herndon. She is a supportive team member and consistently keeps in touch with former students to support them as they go forward. She attends many Herndon events and is a positive member of the community.

Graham works in many capacities both as a teacher and a parent at Herndon. She is the sponsor for Girls on the Run, supports GEMS, and had served as the teacher representative on the PTA executive board this year. Next year she will serve as the VP of volunteers for the PTA, making her the second behind the PTA president.

Both teachers embody what the Optimists stand for "providing hope and positive vision" for youth.

They will be honored at the club's annual Friend of Youth Banquet on Monday, June 20.



PHOTO CONTRIBUTED

Asst. Principal Melissa Tochtermann, Jaime Graham, Susie Doak, Principal Ann Gwynn and Asst. Principal Ray Correllus at the Herndon Optimist Awards.

www.ConnectionNewspapers.com

www.ConnectionNewspapers.com



Help us save kids' lives.



Children's Miracle Network Hospitals appreciate your support in helping local kids get the care they need. Donate when you see our Miracle Balloon and help kids at Children's National Medical Center.

cmnhospitals.org

Walmart



COSTCO
WHOLESALE



Thank you to our generous corporate partners!

Creative Dance Center

www.CDCdance.com

Auditions

CDC*CT Nationally Ranked Competition Team
Wednesday, June 5th - Chantilly
Ginny@CDCdance.com

CDC Stars
USASF World's Ranked Competition Team
Thursday, June 6th - South Riding
CDCStars@CDCdance.com

Performing Troupe
June 7th - Ashburn
Geraldyn@CDCdance.com

Register
NOW for
Summer
Camps!

Fall
Schedules
in July

Ashburn 703-724-4900 44710 Cape Ct., Ste 126	Old Ashburn 703-729-1033 20604 Gordon Park Sq #110	Chantilly 703-378-1800 14155-E Sullyfield Circle	South Riding 703-542-2008 43130 Amberwood Plaza, #110
--	--	--	---



SUNDAY, JUNE 9, 2013
10 am - 3 pm
Reston Town Center Pavilion

Yoga & Wellness classes all day!
Kids Yoga Tent!

Lots of give aways!

Meet Northern Virginia's finest Yoga studios
and Wellness Centers!

Please visit www.BelovedYoga.com
to view the schedule for the day.

Proceeds donated to Reston Interfaith.



JOIN US
FOR THIS
FREE
EVENT!

For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnewspapers.com/subscribe

Be the first to know – get your paper before it hits the press.

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail:
goinggreen@connectionnewspapers.com

THE
CONNECTION
NEWSPAPERS



ENTERTAINMENT

Send announcements to herndon@connectionnewspapers.com. The deadline is the Friday prior to the following week's paper. Photos/artwork encouraged. For additional listings, visit <http://www.connectionnewspapers.com/news/2013/apr/11/fairfax-county-calendar/>.

THURSDAY/MAY 30

NVHC Speaker Series. 8 p.m., at Northern Virginia Hebrew Congregation, 1441 Wiehle Ave., Reston. Leonard Saxe, Klutznick Professor of Contemporary Jewish Studies and director of the Cohen Center for Jewish Modern Studies and the Steinhardt Social Research Institute at Brandeis University, speaks on "The Future of Liberal Judaism in America: What We Can Learn from the Birthright Israel Generation." www.nhccreston.org.

Herndon Festival Golf

Tournament. 8:45 a.m.-4:30 p.m. Herndon Centennial Golf Course, 909 Ferndale Ave., Herndon. Participants are eligible to win raffle prizes, including restaurant gift cards, overnight stays at premier hotels and golf outings; refreshments included. Discounted member individual: \$150; discounted member foursome: \$600; prospective member individual: \$175; prospective member foursome: \$700. http://business.dullesregionalchamber.org/Events/details/golf-tournament-10112?utm_source=April+29+This+Week&utm_campaign=This+week&utm_medium=email.

Reception and Artist Talk. 6-9 p.m., at the Greater Reston Arts Center, 12001 Market Street, Suite 103, Reston. Featured in the Summer Solo Exhibitions are Julia Bloom and William Alburger. 703-471-9242 or www.restonarts.org.

Opening Reception and Gallery

Talk. 6-9 p.m., Greater Reston Arts Center, 12001 Market Street, Suite 103, Reston. Artist Julia Bloom will lead a tour of her exhibition and a hands-on workshop for children and parents. 703-471-9242 or www.restonarts.org.

THURSDAY/MAY 30

Herndon Festival 2013. 6-10 p.m., in Downtown Herndon, 777 Lynn St., Herndon. The 33rd annual celebration features a festival with carnival rides and games, live entertainment, fireworks on Thursday and Saturday, an arts and crafts show, children's hands-on art activities and entertainment, 10K and 5K races at the Herndon Community Center, a model railway exhibit and international foods; get the whole schedule on the website. <http://www.herndonfestival.net/>.

FRIDAY/MAY 31

Hunger Banquet. 6:30 p.m., at South Lakes High School in the cafeteria, 11400 S. Lakes Dr., Reston. Girls Learn International presents the meal in which guests are assigned to a high, low or middle income table and eat a meal of corresponding quality and size; the dinner illustrates the distribution of food and hunger in the world and personalizes the reality and commonness of world hunger. \$10; children under 5 eat free. slhsgirlslearn@gmail.com.

Herndon High School's "The Tempest." 7:30 p.m., Herndon High School, 700 Bennett St., Herndon. Herndon High School's Advanced Theatre Class will present Shakespeare's "The Tempest." \$10. www.HerndonDrama.org.

Noel Coward's "Blithe Spirit." 8 p.m., at 1st Stage, 1524 Spring Hill Road, Tysons Corner. In the midst of research for a novel, writer Charles Condomine and his second wife, Ruth, host a séance with a local medium. The Condomines think it all bogus—until Elvira, Charles' first wife, drops in from the afterlife. \$25; \$15 for students. 703-854-1856 or www.1ststage.com.

Herndon Festival 2013. 5-11 p.m., in Downtown Herndon, 777 Lynn St., Herndon. The 33rd annual celebration features a festival with carnival rides and games, live entertainment, fireworks on



"Bella Mae" by Louann Wright, one of Catherine Hillis' watercolor students, whose work will be featured in a class exhibition in the Sapphire Gallery at ArtSpace Herndon. The opening reception is Saturday, June 15, 3-5 p.m. The exhibit is concurrent with Jill Poyerd and Catherine Hillis' exhibition of oils and watercolors, "It's a Matter of Color," up June 4-July 7.

Thursday and Saturday, an arts and crafts show, children's hands-on art activities and entertainment, 10K and 5K races at the Herndon Community Center, a model railway exhibit and international foods. <http://www.herndonfestival.net/>.

SATURDAY/JUNE 1

Noel Coward's "Blithe Spirit." 2 p.m., 8 p.m., at 1st Stage, 1524 Spring Hill Road, Tysons Corner. In the midst of research for a novel, writer Charles Condomine and his second wife, Ruth, host a séance with a local medium. The Condomines think it all bogus—until Elvira, Charles' first wife, drops in from the afterlife. \$25; \$15 for students. 703-854-1856 or www.1ststage.com.

Jimmy Gaudreau and Moondi

Klein. 7:30 p.m., at the Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. These two musicians will play bluegrass music they have been performing individually with many of the top bands of the genre such as The Country Gentleman and Chesapeake; the church is a barrier and smoke free facility. Refreshments provided. \$15. Free for children under 12. 703-435-8377 or kd4fue2@verizon.net.

Herndon Festival 2013. 10 a.m.-11 p.m., in Downtown Herndon, 777 Lynn St., Herndon. The 33rd annual celebration features a festival with carnival rides and games, live entertainment, fireworks on Thursday and Saturday, an arts and crafts show, children's hands-on art activities and entertainment, 10K and 5K races at the Herndon Community Center, a model railway exhibit and international foods. <http://www.herndonfestival.net/>.

Super Studio, Hands-On Class for Children.

10 a.m.-noon at the Greater Reston Arts Center, 12001 Market St., Suite 103, Reston. 703-471-9242 or www.restonarts.org.

SUNDAY/JUNE 2

Noel Coward's "Blithe Spirit." 2 p.m., 7 p.m., at 1st Stage, 1524 Spring Hill Road, Tysons Corner. In the midst of research for a novel, a writer and his second wife host a séance, which they think bogus until Charles' first wife, drops in from the afterlife. \$25; \$15 for students. \$25; \$15 for students. 703-854-1856 or www.1ststage.com.

Herndon Festival 2013. 11 a.m.-6 p.m., in Downtown Herndon, 777 Lynn St., Herndon. The 33rd annual celebration features a festival with carnival rides and games, live entertainment, an arts and crafts

show, children's hands-on art activities and entertainment, 10K and 5K races at the Herndon Community Center, a model railway exhibit and international foods. <http://www.herndonfestival.net/>.

Billy Coulter. 7:30-8:30 p.m., at Frying Pan Farm Park, 2709 West Ox Road, Herndon. Washington D.C. singer/songwriter Billy Coulter's distinctive style straddles the line between roots rock and power pop. www.billycoulter.com.

American Diabetes Association

National Capital Tour de Cure. 6 a.m.-5 p.m., at Pavilion & W&OD Trail. A 20, 33, 50, 75, or 100 mile cycling event and 1-12 mile family fun ride with music, food and entertainment to follow. diabetes.org/nationalcapitaltourdecure.

MONDAY/JUNE 3

TGIF: Free Friday. 3:30-5 p.m., Greater Reston Arts Center, 12001 Market Street, Suite 103, Reston. A free, Friday art exhibition. 703-471-9242 or www.restonarts.org.

Super Studio. 3:30-5 p.m., at 12001 Market St., Suite 103, Reston. These hands-on art workshops taught by a professional artist are influenced by exhibitions at the Greater Reston Arts Center. For ages 7-10. \$15. 703-471-9242.

TUESDAY/JUNE 4

Floral Design Class. 7 p.m., at Mayflowers, 11959 Market St., Reston. Design an arrangement with color and texture. Bring an objet d'art to incorporate into the arrangement. \$100. 703-709-1200 or mayflowersreston.com.

WEDNESDAY/JUNE 5

Great Guitars at the Ice House Cafe. 7:30-9:30 p.m., at Ice House Cafe, 760 Elden St., Herndon. Virtuoso guitarist Jimmy Robinson from New Orleans, joined with touring partner from Antwerp, Belgium, Floatstone, as they begin their 2013 summer concert. \$10. www.artspaceherndon.com/events-2.

FRIDAY/JUNE 7

Noel Coward's "Blithe Spirit." 8 p.m., at 1st Stage, 1524 Spring Hill Road, Tysons Corner. In the midst of research for a novel, a writer and his second wife host a séance, which they think bogus until Charles' first wife Elvira drops in from the afterlife. \$25; \$15 for students. 703-854-1856 or www.1ststage.com.

Environmental Network Founder Recognized

Carlin Anderson named finalist for Cox Conserves Heroes.

BY ALEX McVEIGH
THE CONNECTION

When Herndon resident Carlin Anderson was looking for opportunities to volunteer, she wanted her efforts to go to helping the environment on a local and global level. She wasn't satisfied with the existing opportunities, so she took the next step, founding the Herndon Environmental Network.

"I was worried about the impact that human beings are having on the planet, and I felt a strong need to do my part to preserve it for my kids," Anderson said. "From the beginning, the entire community, including the town, has been very supportive and we've made some great strides.

The Herndon Environmental Network held its first event in April 2012, spending an afternoon cleaning the stream across from the Fortnightly Library. Since then, they have forayed into everything from composting to combating



Carlin Anderson, far right, founder of the Herndon Environmental Network, has been named a finalist for the Cox Conserves Heroes, which comes with a prize of \$10,000 for the network.

food waste.

A year and a half after its founding, the network has grown from five members to more than 100 members. Since its founding, the group has done about one event per month.

Now Anderson has been nominated as a finalist for the Cox Conserves Heroes, and has an opportunity to make a big difference in the local community.

Cox nominated three finalists from Virginia, one from Hampton

Roads, Roanoke and Northern Virginia. If Anderson is named a winner, the Herndon Environmental Network will receive \$10,000 to use for local conservation projects.

"I've got a lot of ideas about what we could do with the money, and of course we're open to hearing suggestions from the members and the community," Anderson said. "I'm interested in getting some community garden plots in Herndon, and we're also looking at ways to start recycling at the public parks around Herndon. We definitely want to do something significant, and hopefully that's a decision everyone can make together."

Barbara Welsh, vice president of the network, says she admires Anderson's ability to get things done, which is helpful when it comes to tackling projects.

"I like the chance to make a difference locally. I think when you get involved in the bigger organizations, you can wonder where your efforts and money are going," she said. "But with a smaller or-

ganization like ours, we can make a difference and see the results firsthand. I like that feeling."

Anderson says she also plans to get the network involved in development for the Silver Line.

"We're very interested in working on issues such as green buildings, rooftop gardening and other environmentally-friendly ideas that come with new development," she said. "We're also very much interested in helping make people aware of ways to get to the new Metro station without using their cars, such as the new proposed bus system, which means less driving."

The network is also working on a television program for Herndon Community Television.

Voting for the Cox Conserves Heroes is open until June 17. More information, and the online ballot, can be found at www.coxconservesheroes.com.

More information on the Herndon Environmental Network is at www.herndonenvironment.com, and on Facebook under "Herndon Environmental Network."

COMMUNITIES OF WORSHIP

Progressive & Welcoming

**ST. ANNE'S
EPISCOPAL
CHURCH • Reston**



7:45 a.m. Holy Eucharist, Rite I
9:00 a.m. Holy Eucharist, Rite II
Sunday school: preschool - grade 2
Music: grades 3 - 7
10:25 a.m. Sunday School Grades 3 to 12
Music 4 years to 2nd grade
11:15 a.m. Holy Eucharist, Rite II
5:00 p.m. Come Just as You Are Contemporary Service

Nursery care provided at 9:00 a.m. service

The Rev. James Papile, Rector
The Rev. Jacqueline Thomson
The Rev. Laura Cochran
703-437-6530
www.stannes-reston.org
1700 Wainwright Dr., Reston

**The Greek Orthodox Parish
of Loudoun County**



invites you to celebrate
the Divine Liturgy
with us
Sundays at 9:30 a.m.,
with fellowship
to follow.

www.greekorthodoxloudoun.org
21580 Atlantic Blvd., Unit 160, Building D
Dulles, VA (Route 28 and Nokes Blvd)



**To Highlight your
Faith Community,
Call Karen at 703-917-6468**



**NVS
REMODELING & DESIGN**
www.nvsrd.com

*Remodeling Reveal
in South Riding*

Saturday, June 15th, 10am - 12pm
42485 Flemming Drive, South Riding, VA 20152
(near Chantilly)

Come see how NVS Remodeling & Design turned this couple's dreams into reality with a large basement renovation, spa-like bath, professional fitness room, custom wet bar, and more! Meet NVS's expert team of designers while enjoying light refreshments.

Free Estimates!
Patios, Walls, Walkways,
Paver Driveways, Landscaping
and So Much More!

Japanese Maples
30% OFF
Over 200 Varieties

50-65% Off Pottery
Washington Area's
Biggest Selection

Bulk Mulch, Playground Chips and Compost
\$29.99/cu. yd.

25% Off Early Blooming Shrubs & Perennials

Cravens Nursery & Pottery
9023 Arlington Blvd.,
Fairfax, Virginia
2 miles west of I-495 on Rt. 50.
1 mile from I-66 (Vienna Metro)
703-573-5025
Open 7 days a week
Visit our new Web site: www.cravensnursery.com

SHOP at AUCTION

SATURDAY, JUNE 1ST 4 PM

Antiqued cream painted entertainment center • Mirror-back curio cabinet w/interior lights • Pair plaid upholstered roll-arm wingback chairs • Solid maple desk, vintage • Antique-white bedside tables • Farm table, solid wood top, white painted legs, 6 chairs w/curved openwork backs • Fabulous floral sofa w/matching armchair & ottoman • Domain Company sofa w/matching armchair • Beige damask sofa, tufted back • Overstuffed plaid sofa • Round dining table, solid wood w/two leaves • Dining chairs, wood w/wrought iron backs, fabric seats • Hepplewhite mirror 29"x46" • Uttermost silver framed mirrors • Shabby chic rose dress form w/antiqued white metal base • Antique white painted floor lamp • Glassware & more!

Auctions on Main Auction Co.
701 W. Main St. Purcellville, VA
See www.auctionsonmain.com for details, listings & photos
540-441-7635 | Auctioneers Mark Albright & Ed Omdoff - VA Lic. #2907003884 & #457

Unified Prevention Coalition of Fairfax County and Fairfax County partners present

Operation Medicine Cabinet CLEANOUT

Monday, May 27 through Saturday, June 1, 2013

- ✓ Drop off unused or expired medications at a Fairfax County Police district station (pills or liquids only, no pressurized canisters or needles).
- ✓ Disposal is FREE, convenient, confidential and safe.
- ✓ Safe handling of unused or expired medications:
 - Prevents accidental poisoning
 - Prevents drug abuse
 - Protects the environment

www.unifiedpreventioncoalition.org
703-938-8723, TTY 711

Drop-Off Sites		
Franconia District 6121 Franconia Road Alexandria, VA 22310	Sully District 4900 Stonecroft Blvd. Chantilly, VA 20151	Mount Vernon District 2511 Parkers Lane Alexandria, VA 22306
Mason District 6507 Columbia Pike Annandale, VA 22003	West Springfield District 6140 Rolling Road Springfield, VA 22152	Reston District 12000 Bowman Towne Dr. Reston, VA 20190

Operation Medicine Cabinet Cleanout is sponsored by the Unified Prevention Coalition of Fairfax County in partnership with local businesses and in collaboration with Community Anti-Drug Coalitions of America (CADCA) and the following Fairfax County government departments: Police, Health, Public and Private Partnerships, Neighborhood and Community Services, Public Works and Environmental Services, and the Fairfax-Falls Church Community Services Board.

This public service advertisement donated by the Connection newspapers.

Herndon High Presents "The Tempest"

The Herndon High School Theatre Department will perform Shakespeare's "The Tempest" in the Herndon High auditorium. The performances will take place on Friday, May 31 and Saturday, June 1. Both show times are at 7:30 p.m.

Town of Herndon Promotes Its Culinary Community

The Town of Herndon launched a new consumer website—www.DineONHerndon.com—designed to promote its culinary community, from coffee and ice cream shops, bakeries and ethnic eateries, to family-owned casual establishments, fine dining restaurants, and everything in between.

Maintaining the town's new brand identity, which celebrates Herndon as a "Next Generation Small Town," DineONHerndon.com provides consumers with a user-friendly site through which to explore all of the town's 120 eateries. Users can easily browse through the multitude of options, whether on a computer or a mobile device.

Searchable by an array of parameters, DineONHerndon.com underscores the variety, diversity and authenticity of the town's eateries, highlighting such key elements as:

- ❖ There are 120 of them
- ❖ The majority are independently owned and operated (80 percent)
- ❖ The town offers 25 different ethnic cuisines within its 4.25 square miles, just waiting to be discovered.

Diners may search by restaurant name, restaurant category, type of cuisine, location, delivery, price range and more. They will also find restaurant details and other useful links.

The site's URL and tagline are derived from the town's brand logo, designed so that the "on" in Herndon could be integrated into assorted formats and usages, including designation as a tagline suited for a variety of specific businesses.

In addition to DineONHerndon.com, the town is promoting its restaurants through special events such as chef demos at the weekly Herndon Farmers Market and "Snack Break" restaurant offerings at office buildings throughout Herndon.

Visit the town online at www.herndon-va.gov.

Pediatric & General Top-Rated Dentistry

Schedule Appointments
Now for Summer Vacation!

Bi-Monthly Drawing for No-Cavity-Club Winner

LASER procedure available for children!
Some fillings done without novocaine!

- Bleaching
- Nitrous Oxide
- Wi-Fi Available

- Special Needs Patients
- Cosmetic Restorations
- IV Sedation Available

Heidi Herbst, DDS
Howard Mitnick, DDS
Nooshin Monajemy, DDS
Sterling, VA
703-444-3710
www.sterlingvasmiles.com

Gentle Touch Dental Care For Over 20 Years!

Find a Friend... Be a Friend!

There are many ways to help Friends of Homeless Animals

Wick

Lucy Mae

Cherry

Raleigh

Kahlua

Adopt
one of our lovable cats or dogs.

Donate
money or supplies for the Shelter.

Volunteer
your time or services.

FRIENDS OF HOMELESS ANIMALS
www.foha.org

SPORTS

Herndon sophomore Melanie Martire prepares to throw against Langley on Monday in the Northern Region quarterfinals.



Herndon Softball Falls In Region Quarterfinals

The Herndon softball team ended its season with an 8-0 loss to Langley on Monday, May 27, in the Northern Region quarterfinals at Falls Church High School.

The Hornets entered the Concorde District tournament as the No. 1 seed, earning an automatic regional berth. Herndon beat West Potomac in the opening round on May 24 before losing to Langley. The Hornets finished the season with a 16-6 record.

South Lakes Boys' Soccer Falls in Quarterfinals

The South Lakes boys' soccer team ended its season with a 1-1 (3-2) loss to Woodson in the Northern Region quarterfinals on May 23.

The Seahawks had won 16 consecutive games before losing in a penalty-kick shootout to the Cavaliers. South Lakes finished the season with a 16-2 record and a Liberty District championship.

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION



Carly Shue and the Herndon softball team reached the Northern Region quarterfinals this season.

Warhawks Slay Saxons, Capture Regional Title

Madison beats Langley 19-10 for first girls' lax regional title since 2011.

BY ANDREW MINDER
THE CONNECTION

It felt more like fall; cold and crisp enough to be football weather, yet the calendar displayed May 24. Fans sat idle in the stands waiting to watch the 2013 Northern Region girls' lacrosse championship during what normally would be a warmer evening on Memorial Day weekend, the unofficial beginning of summer.

In the third meeting of the season between the Langley Saxons and Madison Warhawks, coach Amanda Counts and the Warhawks captured their second regional title in school history with a 19-10 thumping of the Saxons.

The Warhawks were in control right from the start, even after they lost the first three draw controls to the Saxon senior and first-team all-region selection Grace Goettman. Sigourney Heerink, the Warhawks' sophomore goalie, had seven saves on the night, including one on the first shot of the game by the Saxons.

The ensuing offensive transition led to junior Katie Kerrigan's goal just a mere 68 seconds into the game. The tone that was set in the opening minutes was as commanding as the brisk, blustery wind that swirled throughout the stadium.

The offensive juggernaut that was Madison continued its barrage against a normally stingy Saxon defense and tallied 12 goals alone in the first half.

Langley kept it close early and tied the game at three with fewer than 14 minutes to play in the first half. Coach Richard DeSomma's offense, however, was inconsistent in a tournament where they had already averaged 16 goals per game; Madison in comparison had averaged 20. Just as the sun sometimes peeked through the ominous clouds, the Saxon of-

fense showed a few signs of life at various points during the game.

Coach Counts recognized how Langley capitalized on her team's miscues, fouls and turnovers stating that even though her team "played well, they played hard. There were maybe some high-pressured mistakes that we made that aren't typical but they recovered well and worked well together to back each other up so that the mistakes didn't compound into anything catastrophic."

The Saxons raced out to a 4-1 run in the first five minutes of the second half, which cut the margin to five, but the Warhawks minimized the damage. Goettman won three consecutive draw controls, including 13 out of 31 in the game, and then fed the ball to her teammates, including senior Hayley Soutter who had six goals of her own.

After the Saxons narrowed the score to 13-8 in the second half, Kerrigan took over the rest of the game. The Ohio State commit seemed to flip a switch after Madison's lackluster performance to start the second half. She had three assists in the first half, however, assumed the role of the aggressor more in the second half scoring four of the team's five goals from the five minute and 13 second time span.

Kerrigan said that she and the team "probably just came out a little — I don't want to say lazy — but we just knew that we had to step up after those three [Langley] goals and get the momentum going again in order to stay ahead."

Counts praised Kerrigan, calling her "a very solid offensive player, a solid player in general" and credited Langley for doing "a great job of putting pressure on her in their first game so I'm sure it was a personal goal of Kerrigan's to break free from that pressure."

The firepower of the Warhawks was just too much, however, for the Saxons.

Coach Counts and Madison look to capture their second state championship in school history. It would be their first since 2011, which was also the year of their last regional championship before the May 24 win.

EMPLOYMENT

ZONE I: • RESTON
• HERNDON • LOUDOUN

CLASSIFIED

703-917-6400

ZONE I AD DEADLINE:
MONDAY NOON

BUSINESS OPP

TELEPHONE
A great opportunity to
WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

BUSINESS OPP

TELEPHONE
A great opportunity to
WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

TELEPHONE WORK

Securing appointments by telephone,
PT daytime hours, outbound sales experience
a must. \$15/hr +comm. Work at home.
awards2@juno.com

CNA's

Become a Joy in a Senior's Life
Immediate Positions Available

- Weekly Pay •Vacation Pay
- Merit Increases •Over time Pay
- Need Own Car

Call for interview

Old Dominion Home Care

10366-C Democracy Lane, Fairfax, VA 22030

703-273-0424

Advertising Sales

**Work part-time in and near
your home office**

Enjoy commissions and flexible hours

Great opportunity for outside sales
person to work primarily in and near your
home. Use relationship selling to create and
expand community print and internet
advertising campaigns to local businesses for
Connection Newspapers, Northern
Virginia's best-read community newspapers
and websites.

Keep productivity high and commuting
low while working close to home. After a
short training period, travel to our Old Town
Alexandria headquarters and production
facility required only once or twice a week
during off-peak traffic hours. Call 703-778-
9431 for details.



Educational Internships

Unusual opportunity to learn
many aspects of the newspa-
per business. Internships
available in reporting, pho-
tography, research, graphics.
Opportunities for students,
and for adults considering
change of career. Unpaid.
E-mail internship@connec-
tionnewspapers.com



26 Antiques

We pay top \$ for antique
furniture and mid-century
Danish/modern
teak furniture, STERLING,
MEN'S WATCHES, jewelry
and costume jewelry,
paintings/art glass/clocks.
Schefer Antiques @
703-241-0790.
Email:theschefer@cox.net

THE CONNECTION CLASSIFIED

Classified or Home • Lawn • Garden:
703-917-6400

Employment: 703-917-6464

E-mail: classified@connectionnewspapers.com

21 Announcements

21 Announcements

21 Announcements

Outer Banks, NC Vacation Homes!



Over 500 Vacation Homes,
from Duck to Kill Devil Hills to
Corolla, Outer Banks, Oceanfront
to Soundfront, Private Pools,
Hot Tubs, Pets and More...

Book Online at www.brindleybeach.com

1-877-642-3224

"SERVICE FIRST... FUN ALWAYS!"

HOW TO SUBMIT ADS TO

THE CONNECTION

Newspapers & Online

CLASSIFIED

DEADLINES

Zones 1, 5, 6.....Mon @ noon

Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to:

classified@connectionnewspapers.com

or call Andrea @ 703-778-9411

EMPLOYMENT

DEADLINES

Zones 5, 6.....Tues @ 11:00

Zones 1, 3.....Tues @ 4:00

Zone 2.....Wed @ 11:00

Zone 4.....Wed @ 1:00

E-mail ad with zone choices to:

classified@connectionnewspapers.com

or call Andrea @ 703-778-9411

ZONES

Zone 1: The Reston Connection
The Oak Hill/Herndon Connection

Zone 2: The Springfield Connection
The Burke Connection
The Fairfax Connection
The Fairfax Station/Clifton/
Lorton Connection

Zone 3: The Alexandria Gazette Packet
The Mount Vernon Gazette

Zone 4: Centre View North
Centre View South

Zone 5: The Potomac Almanac

Zone 6: The Arlington Connection
The Vienna/Oakton Connection
The McLean Connection
The Great Falls Connection

21 Announcements

21 Announcements

21 Announcements

WET BASEMENT??? CRACKED WALLS???

We Fix: Basements, Crawlspace,
Cracked/Settling Foundations, Bowing Walls

800-772-0704



FREE ESTIMATES

Serving you since 1972 Call Now! 10% Limited Time Coupon
Some Restrictions Apply

21 Announcements

21 Announcements

21 Announcements

Hatteras Island Vacations



Nearly 600 Vacation Homes
on Cape Hatteras National
Seashore. Oceanfront to
Soundfront. Private Pools, Hot
Tubs, Pets and more!

Book Online at HatterasRealty.com

877-935-0573

21 Announcements

21 Announcements

21 Announcements

Vacation Rentals Available?

You'll have plenty of renters when you
advertise through Virginia Press Services'
Statewide Display Advertising Network!

Place your business card-size ad
in more than 65 newspapers and your message
will reach more than 800,000 Virginians.

CONTACT THIS NEWSPAPER

or Adriane Long, Virginia Press Services,
804-521-7585 or adrianel@vpa.net.

21 Announcements

21 Announcements

21 Announcements

AIRLINE CAREERS BEGIN HERE



Become an Aviation Maintenance Tech.
FAA approved training.
Financial aid if qualified – Housing available.
Job placement assistance. SCHEV certified.
CALL Aviation Institute of Maintenance
888-245-9553

21 Announcements

21 Announcements

21 Announcements

MEDICAL CAREERS BEGIN HERE

Train ONLINE for Allied Health and Medical Management.
Job placement assistance. Computer and
Financial Aid if qualified. SCHEV authorized.

Call **888-354-9917**
www.CenturaOnline.com

Centura
COLLEGE

ZONE I: • RESTON
• HERNDON • LOUDOUN

HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

703-917-6400

ZONE I Ad DEADLINE:
MONDAY NOON

CLEANING

CLEANING

A CLEANING SERVICE

Since 1985/Ins & Bonded
Quality Service at a Fair Price
Satisfaction Guaranteed-
Angies List 2011-Super Service Award!
Comm/Res. MD VA DC
acleaningserviceinc.com
703-892-8648

ELECTRICAL

ELECTRICAL

K & D ELECTRIC

COMMERCIAL / RESIDENTIAL SERVICE
Family Owned & Operated

Recessed Lighting
Ceiling Fans
Phone/CATV
Computer Network Cabeling
Service Upgrades
Hot Tubs, etc....
Licensed/Bonded/Insured
Office 703-335-0654
Mobile 703-499-0522

GUTTER

GUTTER

GUTTER CLEANING

Gutters and Downspouts Cleaned
Small Repairs • Gutter Guards

PINNACLE SERVICES

lic/ins 703-802-0483 free est.
email jamie@lawnsandgutters.com
web: lawnsandgutters.com
Friendly Service with a Friendly Price!

IMPROVEMENTS

IMPROVEMENTS



R&N Carpentry

◆BASEMENTS ◆BATHS ◆KITCHENS
Foreclosure specialist/Power washing
◆Exterior Wood Rot More!
Deck & Fence repair, Screen Porches
No jobs too large or small
Free est. 37 yrs exp. Licensed, Insured
703-987-5096

Picture Perfect Home Improvements

(703) 590-3187 www.pphionline.com

Remodeling Bathrooms, Kitchens & Basements

- FREE Estimates Exterior & Interior Repair,
- FAST & Reliable Service Painting, Carpentry, Wood Rot,
- EASY To Schedule Drywall, All Flooring, Decks
- NO \$\$\$ DOWN!

Handyman Services
Available

"If it can be done, we can do it"
Licensed — Bonded — Insured

A&S Landscaping

- All Concrete work
- Retaining Walls • Patios
- Decks • Porches (incl. screened) • Erosion & Grading Solutions
- French Drains • Sump Pumps
- Driveway Asphalt Sealing



703-863-7465

LICENSED

Serving All of N. Virginia

IMPROVEMENTS

IMPROVEMENTS

R.N. CONTRACTORS, INC.

Remodeling Homes, Flooring,
Kitchen & Bath, Windows,
Siding, Roofing, Additions &
Patios, Custom Deck, Painting
We Accept All Major Credit Cards
Licensed, Insured, Bonded • Free Estimates • Class A Lic
Phone: 703-887-3827 Fax: 703-830-3849
E-mail: rncontractorsinc@gmail.com
www.rncontractors.com



The HANDYMAN

A DIVISION OF NURSE CONSTRUCTION

BATHROOM REMODELING, DRYWALL,
PAINTING, CERAMIC TILE, CARPENTRY,
POWER WASHING & MUCH MORE

You have tried the rest - NOW CALL THE BEST!!
Proudly serving Northern VA - 46 yrs. exp.
We Accept VISA/MC
Licensed Insured
703-441-8811



LANDSCAPING

LANDSCAPING

ANTONIO LAWN & LANDSCAPING

Spring Cleanup • Lawn Mowing • Edging
Mulching • Planting • Patios
Expert Trimming & Removal • New Beds Made
Outline/Extend Existing Beds
Repairs • New Installations • & Much More
CALL NOW FOR FREE ESTIMATE
571-201-5561



J. REYNOLDS
Landscaping LLC

703.919.4456
Free Estimates
Licensed / Insured

www.ReynoldsLandscapingOnline.com

INSTALLATION SPECIALIST

WET BASEMENT / WET YARD

Paver & Flagstone
Patios / Walkways
Retaining Walls
Stacked Field Stone
Plants / Trees / Shrubs
Water Proofing Foundations
Standing Yard Water
French Drains / Swales
Downspout Extensions
Dry River Beds
•No sub-contractors, or day labors. •15 Years Designing and Installing
•The Owner is physically on your job site. •On time and Professional.

PINNACLE SERVICES, INC.

LAWN SERVICE

MOWING, TRIMMING, EDGING, MULCHING & TRIM HEDGES

Friendly Service for a Friendly Price

703-802-0483

MASONRY

MASONRY

3rd Generation Masonry Company
Family Owned & Operated Since the 1950s
MASONRY SPECIALIST, LLC

For All of Your Masonry Needs
Custom Design, Installation, Repairs & Restoration

BRICK - FIELDSTONE
FLAGSTONE - CONCRETE

EP Henry & Belgard Pavers
Patios, Walkways, Driveways, Retaining & Decorative Walls

703-443-2308

Go to www.masonryspecialist.com for ideas, pictures & coupons!
All Work Guaranteed - Licensed & Fully Insured
Class A License #VA2705087240A

The biggest things are always
the easiest to do because there
is no competition.
-William Van Horne

HAULING

AL'S HAULING

Junk & Rubbish
Concrete, furn., office,
yard, construction debris
Low Rates NOVA
703-360-4364
703-304-4798 cell

7 DAYS A WEEK

ANGEL'S HAULING

Junk Trash Removal,
Yard/Construction
Debris, Garage/Base-
ment Clean Out,
Furniture & Appl.
703-863-1086
703-582-3709
240-603-6182

LANDSCAPING

A&S LANDSCAPING

Planting • Mulching • Sodding
Patios • Decks • Driveway Sealing,
Asphalt • Retaining Walls
Erosion Control • Drainage Solutions
703-863-7465

ANGEL'S LAWN SERVICE

Junk Removal,
Tree Work, Roofing
703-863-1086
703-582-3709
240-603-6182

I am easily
satisfied with
the very best.
-Winston Churchill

PAVING

PAVING

GOLDY BRICK
CONSTRUCTION
Walkways, Patios, Driveways,
Flagstone, Concrete
FREE ESTIMATE
LIC. INS AND BONDED
703-250-6231

ROOFING

ROOFING

Falcon Roofing

Roofing & Siding (All Types)
Soffit & Fascia Wrapping
New Gutters • Chimney Crowns
Leaks Repaired
No job too small
703-975-2375
falconroofinginc.com

TREE SERVICE

TREE SERVICE

Quality Tree Service & Landscaping

Reasonable prices. Licensed & insured
Spring Cleanup
Tree removal, topping, & pruning,
shrubby trimming, mulching, leaf removal,
sodding, hauling, gutter cleaning, retaining
walls, drainage problems, etc.
20 yrs. of experience - Free estimates
703-868-5358

Airing on the Side of Caution



By KENNETH B. LOURIE

As a non-small cell lung cancer survivor, stage IV, 52 months post -diagnosis, I am no longer living within the margins, I am living outside of them. Therefore, since trouble has already found me, I am officially not looking for trouble anymore. To that end ("end," instead), to that point, I am an exceptionally compliant patient. I take my pills as directed. Complete my regular and recurring lab work as instructed. Am on time to my diagnostic scans. Arrive early for my medical appointments. Have proper identification in hand – when asked, and other than stubbornly and stupidly neglecting to mail a fecal sample in the self-addressed, postage paid envelope provided for such tasks, have been an extremely cooperative and accommodating patient. My reward? Living is the best reward; and for a characterized-as-terminal, late-stage lung cancer patient, living is so much better than dying – so far as we know anyway. (And since there are no guarantees about what happens when we die, I'd just as soon wait my turn and put off finding out with certainty for as long as possible.)

In addition to my exemplary patient behavior/attendance, I have also made numerous changes to my diet – and to a lesser degree, lifestyle, to likewise give myself every opportunity to "Arrive Alive," (and not just in Maryland) and see how this life actually is lived. I'd just as soon get my year's worth, and by my calculation, 58 years (how old I am at this writing), just doesn't cut it when you consider the average life expectancy for a male age 58 is 79 years, give or take (I'd rather give), according to various "actuarially-driven" sites available online. I don't think I'm asking too much. I'm not asking for a pony or long life; just a typical life. Unfortunately "typical" might be more statistical than realistic – at least for someone with an incurable disease, which was how my oncologist originally described my lung cancer diagnosis.

Respecting the facts and the statistics AND the "terminalness" of my diagnosis; presuming that bad things don't/won't happen to good people didn't seem a prudent course of inaction and hardly a convincing rationalization that meant somehow I would survive. Cancer is an equal-opportunity and indiscriminate destroyer of lives. Thinking (hoping, really) that luck would somehow keep me alive in this fight seemed naive at best and delusional at worst. Proactive and persistent participation in my own care and ongoing survival seemed the only logical approach.

Death happens by itself. Life is about doing everything you reasonably can to prevent that inevitability. The journey is certainly one fraught with danger. Emotional and physical challenges are the norm and surviving them requires a type of vim and vigor not in great supply. Cancer will not go down – or be held in abeyance, without a serious fight. For me, it's not about winning, and it's definitely not about whining, it's simply about getting my share; and dying at age 58 is not what I consider "getting my share."

If I want to live longer and prosper, I have to treat cancer respectfully, but as nothing more than an inconvenience. And even though I may have received a bit of a bad break (considering my family history; no cancer, normal life expectancy), woe is not me. My life is in my hands and I'm responsible for it. I may not have the margin for error that I once did, but it doesn't mean there isn't room to maneuver.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

Family and Cosmetic Dentistry

Maryam Avin, D.D.S. • Hamid A. Avin, D.D.S., P.C.

www.yoursterlingdentist.com

VOTED
"TOP DENTISTS"
– Virginia Living

*Gentle Caring Personable
Dental Care*



**Everyone
Smiles
in the Same
Language**

- Preventative Dentistry
- Cosmetic Bonding/Veneers
- Crowns and Bridges
- Dentures • Extractions
- Root Canal Therapy
- Periodontal Therapy
- Children's Dental Care
- Emergency Care
- Nitrous Oxide Sedation



**New Patient
Cleaning Special**

\$65⁰⁰ Reg. \$225–285

**Includes: Exam, Bitewing
X-Rays & Routine Cleaning**

Good for every member of the family.
Not valid on third party payments.
Not valid with any other offers.
For a limited time.

47100 Community Plaza, Suite 165, Sugarland Crossing, Sterling, VA
Between Shoppers Food Warehouse and Party City

703-444-5222