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PHOTO BY LASHAWN AVERY-SIMON/THE CONNECTION

Performance artist J.J. McCracken releases sand through a vial at Dark Star Park during last weekend's SuperNova arts project.

Performance Art

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Clearing the Air

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Finding One's Calling

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Designing a Colorful World

HOMELIFESTYLE, PAGE 9

★ **Welcome Summer Party**

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PEOPLE



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Heath Sharp (left) and Drew Hickey received the Frederick Rowe Award for Outstanding Undergraduate Research Paper from the Virginia Psychological Association.

Local UMW Student Honored

William "Heath" Sharp of Arlington, a senior at the University of Mary Washington, was recognized for his outstanding undergraduate research at the Virginia Psychological Association's spring conference April 25 in Richmond.

He and 2013 graduate Drew Hickey of Stafford received the Frederick Rowe Award for Outstanding Undergraduate Research Paper, the highest award given for undergraduate research by the association. The honor is determined by a panel of judges who examined nearly 50 presentations by undergraduate researchers from Virginia colleges and univer-

sities, including Virginia Tech, James Madison University and Old Dominion University. Their research, titled "Does Gender Classification of Faces Benefit from Right Hemisphere Presentation?" looks at the role gender plays when recognizing a face.

Sharp is the son of Trueman Sharp and Kimbra Kenney of Arlington and is a 2009 graduate of Yorktown High School.

Sharp is pursuing a double major in psychology and Spanish. He has been treasurer of UMW's club basketball team and plans to pursue graduate school after he graduates.

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2013 Contest Winners Announced

Thank you to all the students, teachers and partners who participated this year! Hundreds of area students in grades 6-8 competed to develop solutions to watershed issues. Classroom teams presented their proposals at the School Environmental Action Showcase on

April 24 at George Mason University in Fairfax. This program empowers students to imagine, develop and create solutions in their local watersheds, as they develop research, problemsolving, budgeting, community-involvement and presentation skills.

Nearly \$12,000 was awarded in cash prizes and school awards. Agrium is also providing \$10,000 to help implement student ideas.

Turning ideas into realistic solutions is the key to improving our local watersheds.



"What can you do to improve your local watershed?"



Lanier Middle School students won top honors for their project to prevent erosion on the school grounds.

Alexandria/Arlington/Fairfax Finalists, Grades 6-8

Final Place	Award	Proposal Name	School
1	\$1,000	Loosening Erosion's Grip	Lanier Middle School
2	\$900	Frankenfish	H-B Woodlawn Secondary Program
3	\$800	Rain Gardens	Centreville Elementary School
4	\$700	Bean There Grown That	George Washington Middle School 2
5	\$600	Scare-Beasts Scare Geese	Kenmore Middle School
6	\$500	Rain Check	George Washington Middle School 2
7	\$450	Hit the Lights	George Washington Middle School 2
8	\$400	More White Oaks for a Greener Community	Kenmore Middle School
9	\$350	Rooftop Garden	Kenmore Middle School
10	\$300	Lincolnia Community Garden	Lincolnia Community Center

CaringForOurWatersheds.com

Clearing the Air

Arlington celebrates reducing greenhouse gas emissions.

BY MICHAEL LEE POPE
THE CONNECTION

Residents in Arlington County can breathe easier now that the government has accomplished one of its major goals for the decade, reducing greenhouse gas emissions from the county government. County leaders recently announced that the goal of reducing emissions from government operations by 10 percent has been accomplished ahead of schedule. Late last month, Arlington officials announced the county had achieved a reduction of 11.7 percent in its emissions, even as its services and facilities increased.

“This is an important milestone in Arlington’s efforts to build a more sustainable future for all our residents and businesses,” said County Board Chairman Walter Tejada. “The county has made great strides in improving the energy efficiency of our buildings and of our fleet and

services, and we will continue to look for ways to reduce emissions and reduce spending on energy.”

Back in 2007, County Board members set a goal of reducing the level of greenhouse emissions, which cause a greenhouse effect and contribute to global warming. The goal was to reduce emissions by 10 percent over the course of a decade. Now, six years later, the county is reporting a decrease in net emission from government activities of 11.7 percent between 2000 and 2012. County officials say the decrease came at a time when Arlington added two new fire stations, two new libraries and a community center. In the last decade, the government’s total building space increased 17 percent to almost 2.4 million square feet.

“Arlington faced a significant challenge in achieving our goal,” said County Manager Barbara Donnellan in a memo to County Board members. “The county’s multifaceted approach to reducing greenhouse gas emissions offers valuable lessons for achieving future reductions as County services and operations continue to grow.”

If Arlington had not implemented the emissions-reduction measures, Donnellan said, the county’s carbon footprint would have grown by 25 percent to more than 73,000 met

“Additional headwinds of new large county facilities and continued expansion of the transit system will present new challenges to future carbon reductions.”

— County Manager
Barbara Donnellan

SEE CLEARING, PAGE 7



Performance Art

J.J. McCracken gives a 24-hour performance piece — “the still point” — at the Dark Star Park. Each hour McCracken fills and releases sand through a vial. She walks into park through a tunnel filled with ticking clocks. Then she moves her two assistants Sinda McCracken and Elle Brande standing in a bucket of concrete one foot. This procedure continues for 24 hours. She began her performance 5 p.m. Friday and ended on 5 p.m. Saturday. The performance is part of Rosslyn’s Supernova arts project June 7-9.

PHOTOS BY LASHAWN AVERY-SIMON/THE CONNECTION



Assistants Sinda McCracken and Elle Brande stand in a bucket of concrete for the 24-hour performance by J.J. McCracken.

Finding One’s Calling

Local nursing student finds career path during service project in Kenya.

BY SENITRA T. MCCOMBS
THE CONNECTION

College is a time of figuring out what you want to do with the rest of your life.

Nursing student Kiley Scott found her passion in public health after providing health care to individuals living in the slums of Korogocho and Baba Dogo in Nairobi, Kenya through Chamberlain College of Nursing Arlington campus’ International Nursing Service Project.

The International Nursing Service Project is a two-to three-week service project that can be done in place of the school’s required multiculturalism and community health courses.

This year’s trip ran from April 27 until May 12.

“It was a definite change in culture. When we arrived in Nairobi at 8 a.m., it was crazy traffic. There



Kiley Scott with children in Kenya.

were lots of people walking to work and other places. It actually reminded me a lot of D.C.,” she said.

According to Scott, this trip to Kenya showed her

SEE TRIP, PAGE 6

NEWS



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PHOTO BY LASHAWN AVERY-SIMON/THE CONNECTION

Air Force Cycling Classic

Cyclists in the men's pro race speed through the 2013 Air Force Cycling Classic in Crystal City on June 9.

BULLETIN BOARD

Email announcements to arlington@connectionnewspapers.com. Deadline is noon the Thursday before publication. Photos are welcome.

THURSDAY/JUNE 13

Arlington Rotary Meeting. noon-1:30 p.m. The speaker this week will be Rev John Smoot, Executive Director of Habitat for Humanity of Northern VA. His topic will be "Is Affordable Homeownership an Oxymoron in Northern Virginia?" At La Cote D'Or Restaurant. Visit www.habitatnova.org.

FRIDAY/JUNE 14

Small Business Open House. 10:30 a.m.-12:30 p.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Speak with small business experts and get advice on starting a business. Free. Registration required, 703-228-5999.

SATURDAY/JUNE 15

Nominations Due. Nominate the prettiest gardens in Arlington for the

Landscape Recognition Awards. These awards recognize the extraordinary efforts of commercial, professional and non-profit properties for installing and maintaining attractive landscaping that enhance Arlington's streetscapes. Visit www.arlingtonva.us and search "landscape recognition."

MONDAY/JUNE 17

Sister City Meeting. 6:30 - 8 p.m. The meeting will be held at NRECA, 4301 Wilson Blvd. The meeting will include time to socialize and have a light supper as well as a business program to review the past year and elect new officers for 2013/2014. ASCA will provide light refreshments, wine and non-alcoholic beverages. Attendees are asked to please bring a dessert from their favorite Arlington sister city. RSVP for the annual meeting at <http://www.arlingtoncity.com/events/21/asca-annual-meeting/>.

THURSDAY/JUNE 20

Summer Solstice Celebration and

Cleanup. 6:30-8:30 p.m. at Bluemont Park. Join Arlingtonians for a Clean Environment (ACE) in celebrating the start of summer and long daylight hours. Several service project options, including cleanups and invasive plant removal. Refreshments will be available. Register at www.arlingtonenvironment.org/events.

SATURDAY/JUNE 22

Workshop. 9 a.m.-noon at Fairlington Community Center, 3308 S. Stafford St. Arlington residents over 50 can learn about what to do after retirement. Free. To register, 703-228-4759.

Grant Application Deadline. The Tree Canopy Fund gives grants to community groups to plant and maintain trees on private property. Individuals may also apply for grants for maintenance to be performed on specific trees that have been designated by Arlington County through their Champion Tree Program and Tree and Shrub Ordinance. Visit <http://arlingtonenvironment.ipage.com/community-action/tree>.



In Their Own Race

Arlington residents Audrey Ogea, Sid Ogea, Nadya Cecil, Nicholas Cecil and Natalie Cecil show off their medals after they participate in a children's race during the Air Force Cycling Classic events.

PHOTO BY LASHAWN AVERY-SIMON/THE CONNECTION

CRIME

The following incidents were reported by the Arlington Police Department.

MALICIOUS WOUNDING, Bike Trail in the 5600 block of Four Mile Run. At 11:05 a.m. on June 1, a female victim was stabbed in the neck area three times after screaming for help when an unknown suspect attempted to get her off the bike trail. The suspect fled the scene on foot and the victim was transported to Fairfax Hospital with non-life threatening injuries. The suspect is described as a white Hispanic male in his 20s, approximately 4'8" tall and 130 lbs. He was wearing a yellow Polo shirt and dark pants.

ATTEMPTED MALICIOUS WOUNDING, 2900 block of S. Quincy Street. At 8:36 p.m. on May 30, a subject threatened to harm a coworker with two knives. The subject fled the scene on foot and was taken into custody outside his residence. A 21-year-old Arlington man was arrested and charged with attempted malicious wounding. He was held on a secured bond.

ROBBERY, 1000 block of N. Cleveland Street. At 2:45 a.m. on June 1, a female victim walking home alone was confronted by a unknown suspect and robbed of her iPhone. The suspect is described as an Asian male in his early 20s and approximately 5'4" tall. He was wearing a light colored t-shirt and blue jeans at the time of the incident.

PROSTITUTION, 1400 block of S. Crystal Drive. At 12:12 a.m. on June 3, a man was arrested and charged with prostitution. It was learned he had an outstanding warrant issued by Immigrations and Customs Enforcement as well. A 23-year-old man of Miami, Fla., was arrested and charged with prostitution. He is being held without bond.

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NEWS

Trip Leads to Career Path

FROM PAGE 3

the great need for public health and medical access in the country. When they held the clinics in Korogocho and Baba Dogo, she was somewhat surprised by the lines of 100 or more people waiting for medical care.

The students also conducted home visits for some of the residents who were unable to make it to the clinics.

During the home visits, the students met a man who needed \$500 to get an operation on his leg. Scott and her classmates pooled their resources and raised the money so that the man could have the operation.

"In the U.S., we would just go have the operation, but in Kenya the people just didn't have the resources to get the care they needed," she said.

In addition to the clinics and home visits, the students also went to visit a leper colony.

Providing the residents of Nairobi with health care also helped Scott confirm that public health was the right career path for her.

"As a student nurse, you are always thinking about whether you want to work in the ER or go into another field. This trip helped me to see that public health is my passion because there were so many

people who needed help in Kenya," she said.

Although Scott has traveled outside of the U.S. during her time in the military in Iraq, she said that going to Kenya was different because it helped her to be grateful for the simple things.

"When you take a step back, you realize that it's not that bad because there are other people in the world. I would see these kids in Kenya and they didn't

know what other things could be offered to them. But they were happy," she said.

Not only did she learn a lot about medicine while visiting Kenya, she also was able to enjoy some great food. In particular, she loved the Chai tea.

"Personally, I loved all the food. The fruit, pineapples and watermelon, was really fresh," she said.

When she isn't busy studying, Scott enjoys hiking, running and reading books not related to nursing. One of her favorite authors is James Patterson.

After she graduates in December, she plans to go back with the International Nursing Service Project and provide medical care to low income citizens of Kenya.

"If people ever have a chance to go volunteer in a third world country — it doesn't have to be medical — it is a very fulfilling thing to do," she said.

"This trip helped me to see that public health is my passion because there were so many people who needed help in Kenya."

— Kiley Scott

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NEWS

Clearing the Air

FROM PAGE 3

ric tons by 2012 instead of declining nearly 12 percent. In county buildings, she added, annual energy and water costs would have been about \$850,000 higher in 2012.

THE EFFORT to reduce greenhouse gas emissions began as the brainchild of former County Board member Paul Ferguson, who introduced the Arlington Initiative to Reduce Emissions as his initiative during his chairmanship in 2007. At the center of the initiative was a goal to reduce greenhouse gas emissions through improved energy efficiency and the use of cleaner, alternative fuels. When he launched the initiative at the traditional New Years Day board meeting, Ferguson said he was inspired by Al Gore's documentary "An Inconvenient Truth."

"Our climate is changing, and that change is causing harm," said Ferguson. "The question is, what can each of us do to slow the trend and eventually reverse it?"

The predominant greenhouse gas is carbon dioxide, a by-product of burning fossil fuels such as coal, oil and natural gas. Back in 2000, emissions from county government operations were 58,335 metric tons CO₂e. In 2012, total net emissions were 51,545 metric tons CO₂e. County officials say that nearly all greenhouse gas emissions from government activities are the result of energy consumption, either as the product of combustion of fuels directly in buildings or indirectly from electricity use that is created by fuel combustion at distant electric power generation plants.

"Additional headwinds of new large county facilities and continued expansion of the transit system will present new challenges to future carbon reductions," concluded Donnellan. "Staff will pursue cost-effective energy efficiency and clean energy strategies to meet these challenges, and seek collaboration with Arlington Public Schools for broader beneficial impact in these areas."

"FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington's Office of Senior Adult Programs for June 23-28.

Arlington senior centers: Aurora Hills, 735 S. 18th St.; Walter Reed, 2909 S. 16th St.; Culpepper Garden, 4435 N. Pershing Dr.; Langston-Brown, 2121 N. Culpepper St.; Lee, 5722 Lee Hwy.; Arlington Mill at Fairlington, 3308 S. Stafford St.; also Madison Community Center, 3829 N. Stafford St.; TJ Comm. Center, 3501 S. 2nd St.

Senior trips: Sunday, June 23, Dover Downs Casino, Del., \$11; Tuesday, June 25, Ocean City, Md., \$11; Wednesday, June 26, Nationals vs Diamondbacks, evening, \$56; Friday, June 28, Winterthur, Del., tour DuPont estate, \$40. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

Louvre Museum, Paris, France, DVD series begins, Monday, June 24, 1 p.m., Culpepper Garden. Free. Register early, 703-228-4403.

Medicare updates, Monday, June

24, 1:30 p.m., Aurora Hills. Free. Register, 703-228-5722.

Line dancing for beginners, Mondays, 11 a.m., TJ. Newcomers welcome. Register, 703-228-4403.

Exclusive weight room hours, Monday-Wednesday-Friday, 11 a.m. - 2 p.m., Langston-Brown; \$60/15 sessions or \$4 drop-in. Details, 703-228-4745.

Moroccan travelogue, Tuesday, June 25, 10:30 a.m., Walter Reed. Free. Register, 703-228-0955.

Table tennis, Tuesdays and Thursdays, 10 a.m. - 12 p.m., Walter Reed. Free. Register, 703-228-0955.

Pickleball, Tuesday-Thursday-Friday, 11 a.m. - 3 p.m., Walter Reed. Details, 703-228-0955.

West African travels, Wednesday, June 26, 1:30 p.m., Aurora Hills. Free. Register, 703-228-5722.

AARP's two-day driver safety class starts Wednesday, June 26, 9 a.m., Madison Community Center. Cost \$14 (\$12 AARP members). Register, 703-228-4878.

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PHOTOS BY LOUISE KRAFFT/THE CONNECTION

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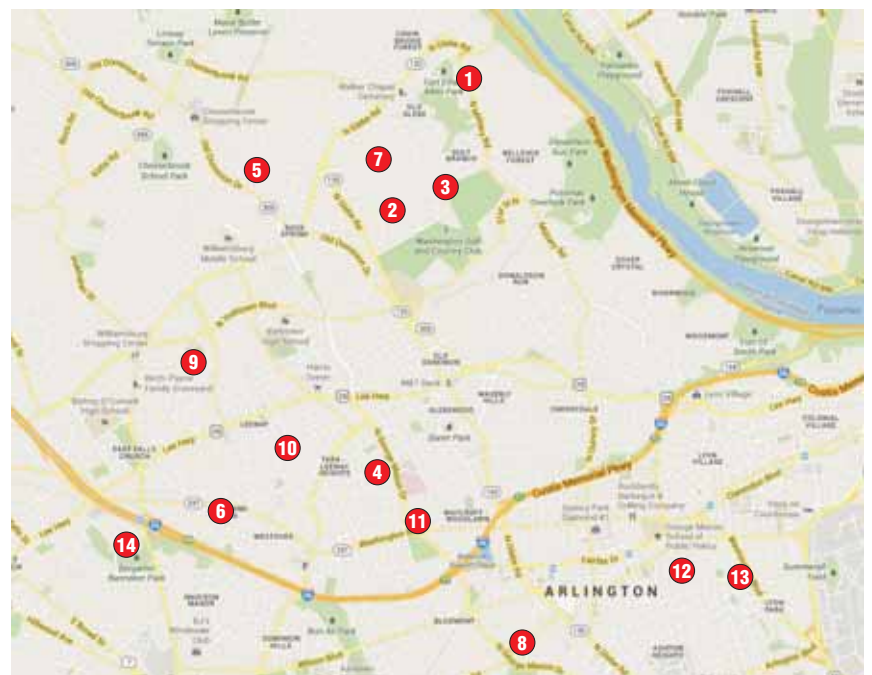


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9 6046 29th Street North — \$1,400,000

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1 3812 MILITARY RD	5	4	2	ARLINGTON	ARLINGTON	\$2,850,000	Detached	0.64	ARLINGWOOD	04/05/13
2 4607 33RD ST N	5	5	2	ARLINGTON	ARLINGTON	\$2,445,183	Detached	0.30	COUNTRY CLUB HILLS	04/18/13
3 4404 33RD RD N	5	4	1	ARLINGTON	ARLINGTON	\$1,605,000	Detached	0.32	COUNTRY CLUB HILLS	04/05/13
4 1716 GREENBRIER ST N	5	4	1	ARLINGTON	ARLINGTON	\$1,600,000	Detached	0.21	TARA/LARCHMONT	04/02/13
5 3916 DUMBARTON ST N	4	4	0	ARLINGTON	ARLINGTON	\$1,561,000	Detached	0.93	COUNTRY ACRES	04/26/13
6 6130 18TH RD N	6	5	1	ARLINGTON	ARLINGTON	\$1,525,000	Detached	0.23	OVER LEE	04/12/13
7 4505 37TH ST N	6	5	0	ARLINGTON	ARLINGTON	\$1,525,000	Detached	0.23	COUNTRY CLUB HILLS	04/29/13
8 491 N. WAKEFIELD ST	5	4	1	ARLINGTON	ARLINGTON	\$1,488,883	Detached	0.17	THE ENCLAVE OF BALLSTON	04/10/13
9 6046 29TH ST N	5	4	1	ARLINGTON	ARLINGTON	\$1,400,000	Detached	0.21	MARSHALL PARK	04/04/13
10 5705 22ND ST N	5	4	1	ARLINGTON	ARLINGTON	\$1,350,000	Detached	0.13	TUCKAHOE VILLAGE	04/26/13
11 5145 14TH ST N	5	5	1	ARLINGTON	ARLINGTON	\$1,350,000	Detached	0.16	LARCHMONT	04/25/13
12 712 IVY ST N	4	3	1	ARLINGTON	ARLINGTON	\$1,325,000	Detached	0.21	CLARENDON	04/11/13
13 708 EDGEWOOD ST N	5	3	1	ARLINGTON	ARLINGTON	\$1,325,000	Detached	0.12	CLARENDON	04/30/13
14 1815 UNDERWOOD ST	5	4	1	ARLINGTON	ARLINGTON	\$1,315,000	Detached	0.17	N/A	04/22/13



© Google Map data

Designing a Colorful World

Local interior design experts offer suggestions for choosing paint colors for one's home.

BY MARILYN CAMPBELL
THE CONNECTION

Choosing paint for one's home can be a daunting task. Colors often look different on paint chips and fan decks than they do on interior walls. What are some of the secrets to making the right choices? Local interior designers offer suggestions.

Jean P. Freeman, professor of interior design at Marymount University, says considering a room's lighting is a good starting point. "What is the lighting in the room, sunlight from the exterior [and] overhead lighting?" she asked. "The amount of light would assist in determining how dark or light the walls could be. To brighten the room obviously lighter colors are preferred; but to add excitement bright colors with enough light would be a great choice."

Before painting an entire room, look at the paint samples in a variety of lighting conditions, advises Hope Hassell, specialty designer at Sun Design in Burke. "Natural light has a tendency to wash out colors that otherwise look good in artificial light," she said. "Always look at the paint sample throughout the day so you can see what it looks like in morning sun versus afternoon sun versus at night when there is no natural light in the space."

Artificial light also impacts the way paint looks in a room. "Fluorescent light can make a cream or beige paint take on a yellow hue," said Hassell. "Other colors that are in the space are also a huge factor when selecting a paint. Colors can often enhance and affect the paint around them. Make sure to apply small areas of paint near the different colors in the room, whether it is the trim around the door or the wood stain of the floor or cabinetry."

Marika Meyer of Marika Meyer Interiors in Bethesda encourages homeowners to consider the mood that they'd like to create in a room when selecting paint. "It's important to figure out the overall feel of the space, such as warm or cool," she said. "What kind of energy do you want to get out of a space? For example, family rooms often have a lot of energy and therefore, people tend to use brighter colors. In the living room, consider a softer palette for a retreat-type setting. Deciding on a room's energy and tone are good starting points."

Susan Hergenrather, assistant professor of interior design at Marymount University agrees that paint colors help create a room's mood. "Think about the different mood of a red room versus a blue room," she said. "Most people have a palette that they are instinctively drawn to, for example violet and yellow green. Look at the colors you already have in your home and build your palettes around the things that you love whether it is your favorite sofa or your mother's antique carpet."

Hergenrather also suggests simplicity. "Always use a color scheme. For example, complimentary colors work well for almost everyone," she said. "Pick up a color wheel and use it. Too many colors make an interior too complex. Keep it simple. Also remember there are many colors in a space, not just the paint colors. Don't forget to consider the color of the floor as one of the colors in the room."

Test before buying is another suggestion that



PHOTO COURTESY OF SUN DESIGN

Local designers say brightly colored accent walls, such as the orange used in this basement created by Sun Design, is a current trend in interior paint colors.

Hergenrather offers. "Always site test colors. Manufacturers have sample pots for this purpose," she said. "Put the colors on your walls in several different places and live with them for a few days before making the final decision."

WHAT ARE THE CURRENT TRENDS in paint colors? "For interiors, I'm using a lot of grays," said Meyer. "Previously, for more than a decade, beiges were popular, but now gray tones are in. Taupes are also popular right now in terms of paint colors."

Hassel said, "We are experiencing that people are starting to be more adventurous with bright colors that make a statement. Whether it is painting one wall a peacock green for an accent in a living room or painting the front door a flame orange, bright, saturated colors are being used on the inside and outside of homes."

Freeman said that intensity in color is popular now. "Bright colors with flare or pastels that seem to represent ice cream colors are all part of the current trends," she said. "Neither should be dull, but both should be more intense. Pick up the colors of your favorite piece of upholstery and see the types being played, one against the other. Opposites do attract in colors and everyday life."

For those with historic homes who want to recreate the hues of a forgone era, designers say that many manufacturers now have palettes that replicate historic colors. "I particularly like Farrow and Ball but they are expensive," said Hergenrather. "However, with paint, as with anything, you get what you pay for. If red is a favorite of yours use a high quality paint such as Benjamin Moore Aura ... great stuff that really covers."

Meyer also suggests paint created with historic homes in mind. "I'd look at Benjamin Moore's Historical Color options such as Manchester Tan," she said. "It's a great neutral. For historic blue-green tones, try Woodlawn Blue, Yarmouth Blue or Hollingsworth Green."

Freeman said, "An interesting phenomena is that the historic colors in homes was much brighter and more pure than was originally understood. Colors from historic homes faded due to the type of medium used; linseed oil and other liquids did not hold the color particles and the deep rich colors didn't last. Today we are able to create those rich, but not necessarily bright color waves."

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When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click on the "This Week in Real Estate" link. **Call Specific Agents to Confirm Dates & Times**

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1018 17th St S.....\$1,095,000....Sun 1-3..Georgia McLaughlin...Long & Foster..703-628-4663

22203
408 Lombardy St.....\$1,099,000....Sun 1-4.....Mark Middendorf...Long & Foster..703-928-3915
4501 Arlington Blvd #405..\$329,000....Sun 1-4.....Grant Doe Jr....Long & Foster..703-284-9443

22204
2608 12th St N.....\$2,195,000....Sun 1-4.....Ashton Vessall.....Weichert..703-760-8880
2600 16th St. S. #723.....\$279,000..Sun 12-2.....Malin Luca.....McEneaney..202-281-9715

22205
5219 22nd St N.....\$1,198,000....Sat 1-4.....Florann Audia...Long & Foster..703-790-1990
2424 N Tuckahoe St.....\$729,000....Sun 1-4.....Ron Cathell..Keller Williams..703-975-2500

22207
3627 N. Nelson St.....\$1,500,000....Sun 1-4.....Steve Klintberg.....McEneaney..703-517-1881

**For an Open House Listing Form,
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debfunk@connectionnewspapers.com
All listings due by Monday at 3 P.M.**

ENTERTAINMENT

Email announcements to arlington@connectionnewspapers.com. Deadline is noon Thursday. Photos are welcome.

ONGOING

Art Exhibit. Through Saturday, June 29, see "Coastal Colors," a solo exhibit by Keith Wilkie at Gallery Underground, in the Crystal City Shops, 2100 Crystal Drive. Wilkie's painting captures coastal scenes, landscapes and waterway subjects. Free. Gallery hours are Monday through Friday 10 a.m.-6 p.m.; Saturdays from 10 a.m.-2 p.m. Visit www.galleryunderground.org or 571-483-0652.

'Biography.' Through Saturday, June 29, see "Biography" by S.N. Behrman, which revolves around a single career woman's acceptance of a hefty fee to write her tell-all memoirs and the problems her threatened candor creates. Presented by The American Century Theater, at Theatre II, Gunston Arts Center, 2700 S. Lang St. Performances are Thursday through Saturday at 8 p.m. with Saturday and Sunday matinees at 2:30 p.m. Buy tickets at americancentury.org or 703-998-4555.

Art Exhibit. Through Monday, July 1, see "Life on a Lake: Photos from Kashmir" by Robbie Hammer at Cherrydale Branch Library, 2190 Military Road. Hours: Monday, Thursday from 10 a.m.-9 p.m.; Tuesday, Wednesday from 1-9 p.m.; Friday, Saturday from 10 a.m.-5 p.m. Free. 703-228-6330.

Art Exhibit. Through Thursday, July 4, the High Country Basket Guild is being featured at the Craft Gallery of Artisans United. This show of handcrafted baskets made of natural materials by trained fiber artists includes work by Arlington resident Barbara Weber. The Craft Gallery is located in the Annandale Community Park, 4022-C Hummer Road, Annandale. Call 703-941-0202 or go online www.artisansunited.org for more information.

Campfire Programs. Saturdays this summer (except Aug. 24), 7-8 p.m. at Long Branch and Gulf Branch Nature Centers. Campfire programs include stories, songs, games, special live animal guests and more. This summer topics will range from Rascally Raccoons to High-flying Hawks to Buzzing Bees. \$5 fee per participant, registration not required for children age 2 and under. Visit www.arlingtonva.us/Departments/ParksRecreation/ParksRecreationMain.aspx.

Enjoy a Monday morning **yoga class** through September held in Crystal City's Water Park located across from 1750 Crystal Drive. Led by instructors from Mind Your Body Oasis.

The Crystal City **FRESHFARM Market** is open on Tuesdays from 3-7 p.m. with the same selection of foods and goods from local producers, in front of 251 S. 18th St..

Take a free **outdoor Zumba class** in the courtyard at 2121 Crystal Drive, led by instructors from the local Sport & Health Clubs, every Wednesday through the end of September. Participants can take a free shower afterwards at the nearby Sport & Health.

Theater Performance. See "Company" at Signature Theatre, 4200 Campbell St., through June 30 in the MAX Theatre. Tickets are now on sale and start at \$40. Visit www.signature-theatre.org.

WEDNESDAY/JUNE 12

Finny, Flippy, Funny Fish. 1:30 p.m. or 3:30 p.m. at Long Branch Nature

Center, 625 S. Carlin Springs Road. Children ages 3-5 can participate in a group. 703-228-6535 to register.

Paws to Read. 5:30-6:30 p.m. at Shirlington Library, 4200 Campbell Ave. Children in grades K-5 can read to therapy dogs. Free. Register for a slot by calling 703-228-6545.

Photography Exhibition. Reception June 12 from 6-8 p.m. Exhibit runs through the end of the year. Photographs by Stephen R. Brown of more than 90 images of the WWII Memorial and the men and women it memorializes. The public is invited to the exhibition's opening at the Women's Memorial. Photographer Brown will be on hand for this first-look at the exhibition and to sign copies of his book "WWII Memorial: Jewel of the Mall." Refreshments will be served. Guests are asked to RSVP with name and number of guests to jane@srbphoto.com.

Poetry Reading/Author Event. 7 p.m. at Central Library, 1015 N. Quincy St. "Words Meant to be Spoken" by Courtney Birst. Free. Call (703)-228-5990

Author Event. 7 p.m. at One More Page, 2200 N. Westmoreland St. Elliott Smith will discuss "Beltway Boys: Stephen Strasburg, Bryce Harper and the Rise of the Nationals." Free. Visit www.onemorepagebooks.com or 703-300-9746.

THURSDAY/JUNE 13

Finny, Flippy, Funny Fish. 10:30 a.m. or 3:30 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Ages 3-5 can participate in a group. 703-228-6535 to register.

Author Event. 7 p.m. at One More Page, 2200 N. Westmoreland St. Local writer and collector Rachel Scheer will talk about the autobiographical comics genre, and guests can participate in a drawing and writing activity. Free. Visit www.onemorepagebooks.com or 703-300-9746.

Music Performance. 7-9 p.m. behind Champps Americana Restaurant at Pentagon Row. Hear music by 90s cover band Hyjinx. Free. Visit www.pentagonrow.com for more.

FRIDAY/JUNE 14

Daytime Book Club. 11 a.m. at One More Page, 2200 N. Westmoreland St. Discuss "Age of Miracles" by Karen Walker Thompson. Free. Visit www.onemorepagebooks.com or 703-300-9746.

Music Performance. Hear music by Mary Ann Redmond at 8 p.m. at Lubber Run Amphitheater, located at N. Columbus and N. 2nd Street. Free. Visit www.arlingtonarts.org or call 703-228-1850.

Survival Skills: Cordage. 4-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Children age 8-12 will learn how to wrangle rope and other natural stand ins. \$10 due at registration. 703-228-6535. Program #642923-E.

Celebrate Flag Day 7 p.m. The Athenaeum, 201 Prince St. Storyteller Ellouise Schoettler's latest one-woman show, "Arlington National Cemetery, My Forever Home," reveals an unusual view of the grounds, where honoring service and family stories blend. \$10 admission, call 703-548-0035.

FRIDAY-SATURDAY/JUNE 14-15

Stand Up Comedy. Neal Brennan, Co-Creator of Chappelle's Show and one of the writers of Half-Baked, will be at the Arlington Drafthouse located at 2903 Columbia Pike. Visit www.arlingtondrafthouse.com or call 703-486-2345.

Keynote Speaker. 7:30 p.m. Hyatt



PHOTO BY LARRY MCCLEMONS

Prince Alexander (Topher Wagner) arrives to save Princess Briar Rose (Maggie Keane).

Encore Stage & Studio Presents Sleeping Beauty

Sleeping Beauty, an amusing and playful presentation of the well-known fairytale, runs June 7-16 at Thomas Jefferson Community Theatre, at 125 S. Old Glebe Road Arlington.

When Princess Briar Rose is born, the King and Queen throw a celebration to welcome their new daughter. The whole kingdom is invited, save for one truly wicked witch. In revenge, Evilina sends the young Princess an unforgettable birthday gift—a sleeping spell which can only be broken by true love's kiss. Special pre-performance music will be provided by

Prelude Youth Orchestra on June 8 and 9 at the 3 p.m. performances. Recommended for ages 4 and up. Performance Dates and Showtimes: Fridays, June 7 and 14 at 7:30 p.m. Saturdays, June 8 and 15 at 11 a.m. and 3 p.m. Sundays, June 9 and 16 at 11 a.m. and 3 p.m.

Tickets are on sale now and may be purchased at www.encorestage.org or call the box office 703-548-1154. Tickets for adults are \$12; children, students and seniors are \$10. Group discounts are available.

Regency Crystal City at Reagan National Airport, 2799 Jefferson Davis Highway. Researcher and "POW Hunter" Amy Waters Yarsinske raises questions about US military's commitment to finding POWs and MIAs in an event held by the National Alliance of Families Forum for America's Missing Servicemen and Women. June 15, 8 a.m.-noon, panel discussion on America's commitment to missing servicemen and women. Visit www.nationalalliance.org.

Discuss a biography of your choosing. Free. 703-228-5710.

Music Performance. Hear music by Halau O'Aulani and the Aloha Boys at 8 p.m. at Lubber Run Amphitheater, located at N. Columbus and N. 2nd St. Free. Visit www.arlingtonarts.org or call 703-228-1850.

N. Columbus and N. 2nd Street. Free. Visit www.arlingtonarts.org or call 703-228-1850.

Poetry Workshop. 7 p.m. at Shirlington Library, 4200 Campbell Ave. Members write and read original poetry and exchange constructive criticism. Free. 703-228-6545.

SUNDAY/JUNE 16

Father's Day Auto Festival. See innovative electric vehicles, classic muscle cars and more. 2-6 p.m. at Courtyard at 2121 Crystal Drive, 220 S. 20th St. and the parking lot behind Freddie's Beach Bar, 555 S. 23rd St. Free. 703-412-9430.

Remove Invasives. 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Families with children ages 9 and older, adults and teens can help clear the plants from the park. Free. 703-228-6535.

Book Dating for Singles. 6 p.m. at Shirlington Library, 4200 Campbell Ave. Bring a couple of books to share — favorites, disappointments or ones to be read. Free. RSVP to 703-228-6545.

MONDAY/JUNE 17

Author Event. 7 p.m. at One More Page, 2200 N. Westmoreland St. Mindy Mitchell and Edward Land discuss and sign their book "Lube of Life: A Tribute to Sex, Love and the Pursuit of Happiness in the Boomer Age." Free. Visit www.onemorepagebooks.com or 703-300-9746.

Music Performance. Hear music by The Metropolitan Chorus at 8 p.m. at Lubber Run Amphitheater, located at

CALENDAR

Free. Visit www.onemorepagebooks.com or 703-300-9746.

Music Performance. Hear music by The Potomac Harmony Chorus at 8 p.m. at Lubber Run Amphitheater, located at N. Columbus and N. 2nd St. Free. Visit www.arlingtonarts.org or call 703-228-1850.

Nanny Club. 10 a.m.-noon at Columbia Pike Library, 816 S. Walter Reed Drive. For children up to age 5. Free. 703-228-5710.

Prose Out Loud. 11 a.m.-noon at Shirlington Library, 4200 Campbell Ave. Hear "The Gambler, the Nun and the Radio" read by library staff. Free. 703-228-6545.

Expert Gardening Talk. 7-8:30 p.m. at Central Library, 1015 N. Quincy St. Learn about plant diseases. Free. 703-228-5946.

Book Club. 7:30-8:30 p.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Discuss "In the Time of Butterflies" by Julia Alvarez. Free. 703-228-5710.

Kiwanis Club Blueberry Sale. June 19 is the deadline to order 10-pound boxes of fresh blueberries as a part of a Kiwanis Club fundraiser. Cost of each box is \$31 and will be delivered at the end of June. Proceeds support the club's outreach activities in the community. Those who wish to support the effort can also request their shipment be sent to the Arlington Food Assistance Center, which will distribute them to families in need. For more information, or to order, call 703-646-1572. To order online visit www.tinyurl.com/blueberriesinarlington.

THURSDAY/JUNE 20
Author Event. 7 p.m. at One More Page, 2200 N. Westmoreland St. Maryanne O'Hara will discuss

SEE CALENDAR, PAGE 12

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ONGOING

'Unplugged' Concert Series.

Thursdays, June through August from 6-8 p.m. at Market Common Clarendon, 2700 Clarendon Blvd. Enjoy free performances of live acoustic music. Visit www.marketcommonclarendon.net or 703-785-5634.

Mr. Knick Knack. Fridays, June through October, 10:30 a.m. Market Common Clarendon, 2700 Clarendon Blvd., presents 45-minute performances for children. Visit www.marketcommonclarendon.net or 703-785-5634.

Storytime at Kinder Haus Toys. 10:30 a.m. on Mondays and Fridays through Friday, Nov. 1. Children must be accompanied by an Adult. 1220 N. Fillmore St. Visit Kinderhaus.com or call 703-527-5929.

Group Bike Rides. Tuesday nights through September at 7 p.m., meet at Freshbikes Arlington Store, 3924 Wilson Blvd. All abilities welcome. Free. After the ride purchase food from various food trucks each week. Visit www.freshbikescycling.com for more.

Restaurants and Rhythms. The BID's free happy-hour live music series inside Rosslyn restaurants. Origem will bring Brazilian jazz to Le Méridien. Dave Chappel and friends will perform blues rock at the Hyatt Arlington and Mary Ann Redmond will sing jazz standards at the Key Bridge Marriott. Visit www.rosslynva.org for a detailed schedule.

Comedy. Every Saturday at 3 p.m. at Comedy Spot, located in Ballston Common Mall, 4238 Wilson Blvd., children can enjoy ComedySportz for Kidz. \$10. Visit www.comedyindc.com or 703-294-LAFF.

Comedy. Every Friday at 8 p.m. and Saturday at 7:30 p.m. is ComedySportz ("clean") and at 10 p.m. on Friday and Saturday is the Blue Show ("unclean"), both at Comedy Spot, located in Ballston Common Mall, 4238 Wilson Blvd. \$15 each. Visit www.comedyindc.com or 703-294-LAFF.

Art Exhibit. See "An Artistic Discovery" exhibition through June 23 at Works in Progress Gallery at Artisphere, 1101 Wilson Blvd. As part of the national Congressional

art program, this exhibition recognizes the creative talents of Northern Virginia's young artists. Included are 64 works of art from 15 high schools across Northern Virginia's 8th District. Yorktown High School student K.T. Fiduk was awarded top honors for her art work, "View Out The Window," which will be displayed for an entire year at the U.S. Capitol. Visit www.artisphere.com or call 703-875-1100.

THURSDAY/JUNE 13

Music. 6-8 p.m. at Market Common Clarendon, 2700 Clarendon Blvd. Hear music by Hand Painted Swinger. Free. Lawn chairs welcome. Visit www.marketcommonclarendon.net or 703-785-5634.

FRIDAY/JUNE 14

Film Festival. "Can't Buy Me Love" (Disney, PG-13) 1987 - 94 minutes. Films begin at Dusk in Gateway Park, rain or shine. Gateway Park is located at the foot of Key Bridge at 1300 Lee Highway, two blocks from the Rosslyn Metro. Visit www.rosslynva.org.



'Can't Buy Me Love'

Outdoor Film Festival runs through Aug. 30, at Gateway Park, 1300 Lee Highway, Fridays at dusk. This year's theme, Summer School, features movies about high school. Come early to picnic in the park and play pre-show games. Free.

Farmers Markets...

Clarendon Farmers Market. Year-round, has locally produced breads and pastries, organic vegetables, flowers, soap, sorbet and more. Saturdays and Sundays, 8 a.m.-12 p.m. at Courthouse Parking Lot, 3195 North Wilson Blvd., Arlington. Also year-round on Wednesdays from 3-7 p.m. at Clarendon Metro Station. Visit www.Clarendon.org. Call 703-812-8881.

Arlington Farmers Market at Courthouse. Adjacent to the Arlington County Courthouse Parking Lot, at the intersection of N. Courthouse Road and N. 14th Street. This is a 'producer only' market with more than 30 producers. Saturdays from 8 a.m. to noon, through December. Each Saturday through September, Virginia Cooperative Extension Master Gardeners will answer any gardening question. Visit www.arlingtonfarmersmarket.com for a list of vendors.

Rosslyn Farmers Market and Lunchtime Concerts. The Farmers Market is every Thursday 11 a.m. to 2 p.m. at 1401 Wilson Blvd. (across from the Cupid's Garden sculpture) starting May 23. Lunchtime concerts will take place during the market from 11:45 a.m. to 1:30 p.m. For a list of market vendors, visit www.rosslynva.org/play/markets.

festival schedule, ticket pricing and venue information, is at www.buddhafest.org or email buddhafestdc@gmail.com.

FRIDAY-SUNDAY/JUNE 14-16

"Best Of" Retrospective. The Arlington Planetarium, 1426 N. Quincy St., is showing some of their most popular shows and star talks over the weekend including "Magic Tree House: Space Mission" on Friday and Sunday; and a showing of the first film ever purchased by the Planetarium "Stars: The Powerhouse of the Universe." \$3/child up to age 2, Friends members and seniors; \$5/teens and adults. Visit <http://friendsoftheplanetarium.org/> or 703-228-6070 for a full listing of shows and times.

THURSDAY/JUNE 20

Music. 6-8 p.m. at Market Common Clarendon, 2700 Clarendon Blvd. Hear music by Josh Burgess. Free. Lawn chairs welcome. Visit www.marketcommonclarendon.net or 703-785-5634.

THURSDAY-SUNDAY/JUNE 20-23

BuddhaFest. Featuring films, spiritual talks, meditation and live music, BuddhaFest returns to Artisphere in Rosslyn. Robert Thurman joins New York Times best-selling author Sharon Salzberg on Saturday, June 22 for a keynote talk, "Buddhism: A Joyous Science of Kindness and Wisdom." New at this year's festival is Tibet Fest, a family friendly event on Saturday, June 22, featuring the food, dance, music and spirit of Tibet. Children are admitted free, and kids' activities include making birthday cards to send to the Dalai Lama and a Tibetan Market. Tibet Fest is inspired by Tibetan Buddhist culture and the global concern for its survival inside Tibet. A complete

FRIDAY/JUNE 21

Film Festival. "Easy A" (PG-13) 2010 - 92 minutes. Films begin at Dusk in Gateway Park, rain or shine. Gateway Park is located at the foot of Key Bridge at 1300 Lee Highway, two blocks from the Rosslyn Metro. Visit www.rosslynva.org.

SATURDAY-SUNDAY/JUNE 22-23

Arlington Festival of the Arts. More than 100 artists will converge on Highland Street in Clarendon for a two-day juried outdoor gallery style art exhibit. A wide variety of original artwork will be on display and for sale with prices set to suit all budgets. Food festival hosted by the Clarendon Alliance. Art giveaway where the prize is original artwork by a participating artist. Saturday and Sunday, 10 a.m.-5 p.m. Free. Visit ArtFestival.com or 561-746-6615.

SATURDAY/JUNE 22

Improv Classes. Learn improv at Comedy Spot, located in Ballston Common Mall, at 4238 Wilson Blvd. Visit comedyindc.com or call 703-294-LAFF.

MONDAY/JUNE 24

Improv Classes. Learn improv at Comedy Spot, located in Ballston Common Mall, at 4238 Wilson Blvd. Visit comedyindc.com or call 703-294-LAFF.

Ibis Chamber Music. 7:30 p.m. at The IOTA Club & Cafe at 2832 Wilson Boulevard. Enjoy music for strings, flute and harp along with music by Mozart, Beaser, Francaix, Hoover and Gershwin. Cover charge \$12, at the door. Call 803-522-8340.

CALENDAR

FROM PAGE II

"Cascade." Free. Visit www.onemorepagebooks.com or 703-300-9746.

Music Performance. 7-9 p.m. behind Champps Americana Restaurant at Pentagon Row. Hear music by 70s tribute band Uncle Jack Band. Free. Visit www.pentagonrow.com.

GMU Arlington Hosts DMV2GO. 9 a.m.-4 p.m. Arlington Campus, in front of Founders Hall. George Mason University brings the DMV to their Arlington campus. Apply for or renew driver's licenses, obtain vehicle titles, plates and decals or update address. Visit <http://hr.gmu.edu/worklife/docs/Summer2013.pdf>

Paws to Read. 5:30-6:30 p.m. at Aurora Hills Library, 735 S. 18th St.

Children in grades K-5 can read to therapy dogs. Free. Register for a slot by calling 703-228-575.

FRIDAY/JUNE 21

Wine Tasting. 7 p.m. at One More Page, 2200 N. Westmoreland St. Enjoy free wine tasting. Visit www.onemorepagebooks.com or 703-300-9746.

Music Performance. Hear music by the Army Blues at 8 p.m. at Lubber Run Amphitheater, located at N. Columbus and N. 2nd Street. Free. Visit www.arlingtonarts.org or call 703-228-1850.

Summer Concert Series. 8 p.m. at The Air Force Memorial by The United States Air Force Band-Max. Free. 202-767-5658 or visit www.usafband.af.mil.

SATURDAY/JUNE 22

Author Event. 6 p.m. at One More Page, 2200 N. Westmoreland St. Jessica Spotswood will discuss the next book in her Cahill Witch Chronicles series "Star Cursed." Free. Visit www.onemorepagebooks.com or 703-300-9746.

Music Performance. Hear music by King Teddy at 8 p.m. at Lubber Run Amphitheater, located at N. Columbus and N. 2nd Street. Free. Visit www.arlingtonarts.org or call 703-228-1850.

Beautiful Birds Campfire. 7-8 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. All ages can learn about birds with activities including stories, games and treats. \$5/person due at registration, 703-228-3403. Program #642953-E.

SUNDAY/JUNE 23

Author Event. 4 p.m. at One More Page, 2200 N. Westmoreland St. Andrew Jampoler will discuss and sign copies of his book "Congo: The Miserable Expeditions and Dreadful Death of Lt. Emory Taunt, USN." Free. Visit www.onemorepagebooks.com or 703-300-9746.

Music Performance. Hear music by The Constituents at 6 p.m. at Lubber Run Amphitheater, located at N. Columbus and N. 2nd Street. Free. Visit www.arlingtonarts.org or call 703-228-1850.

Bug-of-the-Month Club: Bees & Wasps. 10-11 a.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Children ages 7 and up can learn about and then search for bees and wasps. \$5 due at registration.

703-228-6535. Program #642923-A.

MONDAY/JUNE 24

Laughter Yoga. 6:30-7:30 p.m. at Central Library, 1015 N. Quincy St. All ages and abilities. Learn about this technique. Free. E-mail arlingtonlaughteryoga@yahoo.com.

Author Event. 7 p.m. at One More Page, 2200 N. Westmoreland St. Human rights lawyer and author Marianne Elliott will share from her memoir "Zen Under Fire: How I Found Peace in the Midst of War." Free. Visit www.onemorepagebooks.com or 703-300-9746.

Paws to Read. 5:30-6:30 p.m. at Central Library, 1015 N. Quincy St. Children in grades K-5 can read to therapy dogs for 15 minutes. Register for a slot by calling 703-228-5946.

ME & MY DAD

Photos submitted for Father's Day.



Four generations of Barnhart men: Philip W. Barnhart of Arlington, William D. Barnhart of Denver, Colo., Philip W. Barnhart, Jr. of Manassas and 6-month-old Henry Barnhart of Denver, Colo.



Captain Nick Salameh, of the Arlington County Fire Department, with his not quite 4-year-old son, Shepherd, in the Falls Church Memorial Day Parade. Shepherd could barely contain himself as he sat on the side of the road waiting for daddy to come down the parade sirens screaming ... then ... all of a sudden, the door swings open and he hears "Come on Shepherd!" The little guy went running to the engine. Salameh also has a 28-year-old son, Christopher, not pictured.

LETTER

Proposal Would Violate Virginia Square Sector Plan

The board of directors of the Unit Owners Association of the Monroe Condominium at Virginia Square Metro issued the following statement on Tuesday, June 11:

The Monroe Board urges Arlington County officials to reject the

Site Plan application for Latitude Apartments, a high-density apartment complex proposed for 3601-3625 Fairfax Drive. The application is in opposition to longstanding County Board policy on Land Use and would violate the Virginia Square Sector Plan. The

Sector Plan calls for an office building on the site.

The Virginia Square Sector Plan was an important guide for home buyers who invested in the Monroe and surrounding properties. It provided assurance that the county intended to preserve the peaceful, livable community that exists today. Approval of the Latitude Site Plan application would violate the trust between the

county and residents by ignoring long-standing land-use policy without meaningful community input.

The Latitude Apartments proposal is ill-conceived. It will have a disastrous effect on the Virginia Square community. It will upset the desired residential/commercial balance, over-burden on-street parking, and overwhelm the small Virginia Square Metro station.

SPORTS BRIEFS

Yorktown Girls' Soccer Falls in State Quarterfinals

The Yorktown girls' soccer team's 2013 season ended with 1-1 (1-0) penalty-kick shootout loss to Battlefield in the AAA state quarterfinals on June 4.

After losing their second game of the season to Centreville, the Patriots won 19 consecutive games, including their third consecutive National District title, to reach the Northern Region championship match. However, Yorktown ended its season with back-to-back losses, falling to Chantilly 2-1 in the region fi-

nal on May 31 before losing to Battlefield.

Junior forward Meghan Flynn was selected to the All-Met first team by the Washington Post. Head coach Vicky Brunt was named All-Met Coach of the Year.

Yorktown Crew Athletes Invited To U.S. Junior National Team Camps

Six members of Yorktown crew have accepted invitations from USRowing to attend Junior National Team rowing camps this summer. Each of the camps is an invitational-only camp with rowers selected from across the United States.

Rising senior Timothy Wamsted will attend the USRowing Jr. men's sculling development camp in Pittsburgh, Pa. The goal of the camp is to prepare athletes for the U.S. national team and concludes with racing at the Independence Day Regatta in Philadelphia, Pa.

Rising junior Helena Yoest will attend the USRowing Jr. women's national team sculling selection camp in New Milford, Conn. That camp is used to select members of the U.S. Jr. national team to race at the World Junior Championships in Lithuania later this summer.

Rising juniors Kalina Newman and Lauren Richards, and rising sophomore Margaret Saunders have each accepted invitations to attend the USRowing Jr. women's national team development camp in New London, Conn. That camp is designed to provide a foun-

ation for athletes identified as potential future members of the U.S. national team.

Susanna Kelley, a rising junior, will be attending the Jr. B sculling camp on the Occoquan River in Fairfax Station. The camp teaches sculling technique and is used to identify future hopefuls for development and selection camps.

Arlington Divers Win Medals In Pan American Championships

Three divers from Arlington competed in the 2013 Masters Diving Pan American Championships on June 7 in Largo, Fla. Bobby Meeks, 60-64, won two gold medals in men's one-meter and three-meter diving; Kim Alderman, 70-74, won three silver medals in men's one-meter, three-meter and platform diving and a gold medal in men's 50+ synchronized three meter, and Carol Mackela, 60-64, won two silver medals in women's one-meter and three-meter.

The competition is divided into age and gender groups and had divers from the U.S., Canada, Mexico and Brazil. All three Arlington divers are also past medalists in the Northern Virginia Senior Olympics. They will be competing in NVSO on Saturday, Sept. 7 at 3 p.m. at the Yorktown High School pool. For more information about the diving competition, call 703-379-2164. NVSO information is available at www.nvso.us or by calling 703-228-4721.



Meghan Flynn, seen during the Northern Region championship match on May 31, and the Yorktown girls' soccer team reached the state quarterfinals this season.

Full Circle



By KENNETH B. LOURIE

I hope it's not a wrap though. I'd like to continue rolling along just like I rolled into college in late August, 1972, matriculating to the University of Maryland in College Park, Maryland. Oddly/coincidentally enough, there have been and continue to be some recent occurrences in my life that hearken back to yesteryear, the olden days of the early 1970s, when I freshmen-oriented myself to a major university for the first time.

Most significant of these coincidences – for lack of a better word – I am taking tests again. And though they are not identical to the many multiple-guess exams I took that first year in college with 500 or so of my closest fellow freshmen, sitting through those entry-level/100-numbered, core-type classes – until we “majored,” being graded on a curve with scores posted on a computer printout on a wall adjacent to one of the two entrances/exits to one of the main lecture halls on campus; the anticipation of that grade and the contemplation of my future then is eerily familiar now as I prepare for my next CT Scan and the follow-up e-mail from my oncologist. Though I am no longer graded on a curve, I will be living on the edge nonetheless, awaiting those results. And yes, my future, you might say, depends on it.

Having taken a dozen or so of these scans since my cancer diagnosis, I have become accustomed to the waiting. Having previously experienced various symptoms before these scans with equal parts confidence and anxiety, with subsequent results sometimes being better, sometimes being worse than expected, my self-assessments now are identical to the assessments of those standardized-type multiple choice exams I #2-penciled my way through in college. More often than not, if I felt I scored well on the test, I didn't; and if I thought I did poorly, amazingly (sometimes), I did surprisingly well. After awhile, it became clear that I didn't know what I was talking about and should merely await the results, just like now.

With respect to my CT Scans – and occasional MRIs, being relatively asymptomatic at the beginning of this process and mostly so throughout my four-plus years of being treated for non-small cell stage IV lung cancer, whatever symptoms I felt didn't seem to necessarily relate to the underlying problem. Once the pain/the weight in my chest was the tumors themselves (bad); another the time, the same pain (at least to me it was the same), was scar tissue growing over tumors that had shrunk (good). I wasn't so much betwixt and between as I was clueless. Unlike during college, however, it is not my future that I am considering, it is my present.

So yes. I've learned. When asked about an upcoming scan (or one just completed), I am hardly forthcoming. I am honest. I will know what I feel when my oncologist tells me. It's a multiple guess any other way, sort of like those early taste-taking years in college. What has gone around has indeed come around, 40 years later.

And on a much lighter note, relating my present cancer life to my past college life is the opening in my neighborhood of one of my favorite college-era fast food restaurants appearing locally – not five minutes from my house – after a who-knows-why, decades-long absence: Roy Rogers Restaurant. And just as I would drown my test-score predicting sorrows back then at the former Route 1 location across from what was once Lums Restaurant, so too do I now drive-thru to their window and order my usual large roast beef sandwich. I realize it's not a cure for cancer, nor is it an attempt to relive the past; it's simply an opportunity to gain some peace of mind when I need it most. I just hope that what is new again represents a beginning, not an end.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200

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ABC LICENSE
Cafe Sazon, Inc trading as Cafe Sazon, 4704 Columbia Pike, Arlington, VA 22204. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer/Mixed Beverage Restaurant on Premises license to sell or manufacture alcoholic beverages. Claudia Jacqueline Camacho, President
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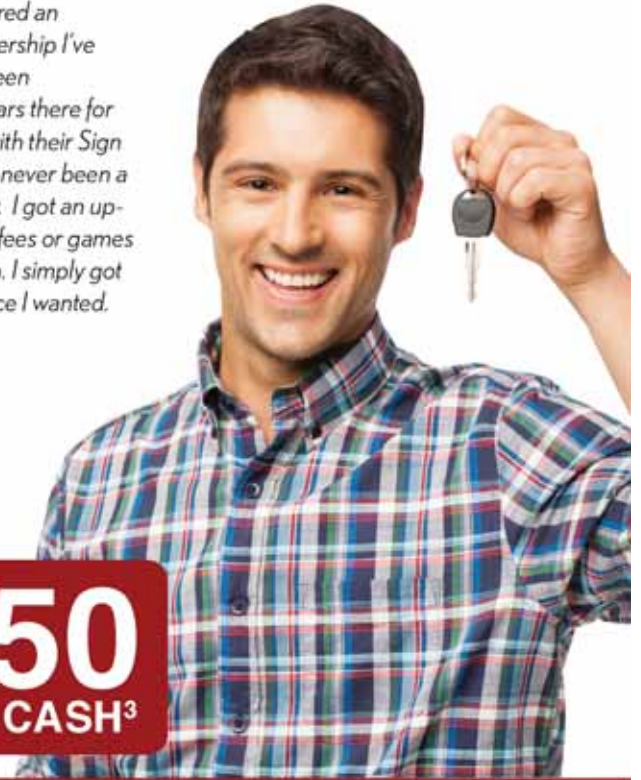
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CUSTOMER CASH³

\$1,500 OVER BLACK BOOK
 UP TO TRADE IN VALUE⁴

0% APR FINANCING
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OVER 600 VEHICLES AVAILABLE

BRAND NEW 2013 TOYOTA COROLLA LE
 4 DR. SEDAN, 4-SPD. AUTO

LEASE FOR
\$169 PER MO.¹

36 MOS. \$1,999 DUE AT SIGNING.

OR 0% APR FINANCING FOR UP TO 60 MO.²

JUST ANNOUNCED: \$500 CUSTOMER CASH³

27 CITY
 34 HWY⁷



WELCOME TO THE FAMILY
 BRINGING THE SPORT BACK TO THE CAR

BRAND NEW 2013
SCION iQ
\$139 PER MO.
 FOR 36 MONTHS¹
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 4 DR. SEDAN, 6-SPD. AUTO

LEASE FOR
\$199 PER MO.¹

24 MOS. \$2,499 DUE AT SIGNING

OR 0% APR FINANCING FOR UP TO 60 MO.²

JUST ANNOUNCED: \$750 CUSTOMER CASH³

25 CITY
 35 HWY⁷



0% APR FINANCING AVAILABLE²



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UP TO
95 MPG⁷



BRAND NEW 2013 TOYOTA RAV4
 2WD 4 CYLINDER AUTO.

LEASE FOR
\$209 PER MO.¹

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JUST ANNOUNCED: \$500 LEASE LOYALTY CASH³

24 CITY
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TOYOTA

Let's Go Places

(1) DUE AT SIGNING INCLUDES DOWN PAYMENT (COROLLA: \$1,999, CAMRY: \$2,499, RAV4: \$2,999), FIRST MONTH'S PAYMENT, \$499 PROCESSING FEE AND NO SECURITY DEPOSIT. NOT ALL CUSTOMERS WILL QUALIFY. TAX, REGISTRATION AND INSURANCES ARE EXTRA. CUSTOMER IS RESPONSIBLE FOR EXCESSIVE WEAR AND EXCESS MILEAGE CHARGES OF \$0.15 PER MILE IN EXCESS OF AGREEMENT'S MILES (COROLLA/RAV4: 36,000 MILES; CAMRY: 24,000 MILES). OFFER AVAILABLE ON APPROVED CREDIT TO QUALIFIED CUSTOMERS FROM TOYOTA FINANCIAL SERVICES. (2) 0% APR FINANCING AVAILABLE FOR UP TO 60 MONTHS ON SELECT MODELS. OFFERS FOR WELL-QUALIFIED BUYERS WITH APPROVED TIER1+ CREDIT THROUGH TFS. 60 MONTHLY PAYMENTS OF \$16.67 PER \$1,000 BORROWED. (3) PURCHASERS CAN RECEIVE UP TO \$2,750 CASH BACK FROM TOYOTA OR CAN APPLY CASH BACK TO DOWN PAYMENT. AMOUNT VARIES PER MODEL. (4) BASED ON BLACK BOOK TRADE VALUE MINUS EXCESS MILEAGE AND RECONDITIONING. (5) COVERS NORMAL FACTORY SCHEDULED SERVICE FOR 2 YEARS OR 25K MILES, WHICHEVER COMES FIRST. THE NEW VEHICLE CANNOT BE PART OF A RENTAL OR COMMERCIAL FLEET. SEE PARTICIPATING DEALER FOR COMPLETE PLAN DETAILS. VALID ONLY IN THE CONTINENTAL UNITED STATES AND ALASKA. (6) COLLEGE GRAD AND MILITARY REBATE AVAILABLE ON APPROVED CREDIT THRU TFS. ELIGIBLE CUSTOMERS MUST BE IN ACTIVE DUTY STATUS IN U.S. MILITARY TO RECEIVE REBATE. (7) 2012 OR 2013 EPA-ESTIMATED MILEAGE. ACTUAL MILEAGE MAY VARY. (†) WHICHEVER COMES FIRST FROM DATE OF TCUV PURCHASE. (8) VALID ON ANY NEW 2013 RAV4. CUSTOMER MUST TRADE IN A TOYOTA VEHICLE TO QUALIFY. (††) FROM DATE OF TCUV PURCHASE. (†††) 1.9% APR FINANCING ON ALL CPO VEHICLES FOR UP TO 60 MONTHS WITH APPROVED CREDIT ON SELECT MODELS THROUGH TFS. 60 MONTHLY PAYMENTS OF \$17.05 PER \$1,000 BORROWED. ALL OFFERS EXPIRE 06/30/13.