

ENTERTAINMENT, PAGE 8 ❖ ORANGE LINE CONNECTION, PAGE 9 ❖ CLASSIFIED, PAGE 14 ❖ SPORTS 12

# Paws To Read

NEWS, PAGE 3

## \$23 Million Game Changer

NEWS, PAGE 3

## Apiarists Seek To Expand

NEWS, PAGE 2

## Finding Their Poetic Voices

PEOPLE, PAGE 6

**Lauren Moore, 7, of Donaldson Run in Arlington reads "Dogs and Puppies" to Cameo at Cherrydale Library through the Paws to Read program. Lauren is a third-grader at Taylor Elementary in Arlington.**

PHOTO BY STEVE HIBBARD/THE CONNECTION

JULY 3-9, 2013

ONLINE AT [WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)

# Apiarists Seek To Expand

Number of drones on the increase.

BY MICHAEL MCMORROW  
THE CONNECTION

The honeybee has been around for 100 million years, a fact proved by the nearly perfect Burmese specimen found encased in amber. Many ancient peoples used honey as the only sweetener until cane sugar, maple syrup and such were discovered. Egyptians created organized beekeeping, although China has voiced some claims in that regard. Once entering the realm of culture, bees have inspired paintings, sculpture, music and weaving. Candles from their wax have been used in religious ceremonies. Societies over the millennia have recognized medicinal uses of honey. Today's commercial uses extend to furniture polish to adhesives to lip balm. Robin Hood enjoyed his mead, a beer made from honey not much in favor these days. Yet, most people have no knowledge of honeybees. At best, they are viewed as bothersome insects; at worst, they are feared.

It is not uncommon that beekeepers are

## What Do You Know About Bees?

1. How many bees in an ordinary colony (hive)?

- a) 1000
- b) 10,000
- c) 60,000 or more

2. Each colony has one queen.

What happens if more than one is born?

- a) All but one is killed
- b) All but one is driven out
- c) The first one takes half the colony and relocates

3. The oldest bee ever found (preserved in a drop of amber) lived how many years ago?

- a) 1,000,000
- b) 25,000,000
- c) 100,000,000

4. Stingers release venom for a brief time. What to do on being stung?

- a) gently back out stinger with a fingernail or credit card
- b) apply ice for swelling
- c) both a and b

5. 90% of bees are workers. Which gender?

- a) male
- b) female

6. Which stinging insect is vegetarian?

- a) hornet
- b) bee
- c) wasp

7. At least how much honey a colony (hive) needs for winter?

- a) 10 pounds
- b) 60 pounds
- c) 100 pounds

8. Honey has flavors depending on the blossoms visited. What do beekeepers do with "bad tasting" honey?

- a) throw it out
- b) leave it for bees to eat

9. Normal gathering range of a bee?

- a) 500 yards
- b) one-half mile
- c) 2 miles (or more)

10. For millennia, honey has been used treating wounds?

- a) true
- b) false

Answers; 1.c; 2.a; 3.c; 4.c; 5.b; 6.b; 7.b; 8.b; 9.c; 10.a.

Grading correct answers: 9-10 = A; 7-8 = "bee"; 5-6 = C.



Paul Diehl, in full attire, tends a backyard colony.



Patrick Sheehan observes his workers finishing a "beeline" home.

viewed as bothersome, too. Announcing the construction of a hive sometimes causes concern in one's neighbors, according to Master Beekeeper Paul Diehl of Arlington. The usual reaction, he says, is "Oh, no, not bees. They sting everyone." Following the thought, Diehl said, "Bothering any animal, including humans, likely will lead to being bothered back." Left alone, the honeybee goes about its business and people have nothing to fear. They only sting defensively when the hive is threatened. Since most stings come from aggressive insects like wasps and hornets, Diehl suggests that honeybees suffer a big public relations problem.

NORTHERN VIRGINIA is blessed with rural swaths of commercial agriculture and densely populated urban areas with attractive gardens in yards and public areas, including very special plants like the world renowned cherry blossoms. For all of them,



Arlington County Superintendent of Schools Patrick Murphy with a friend.

pollination is essential; without it, food stocks fail and landscape displays disappear. While true that many instruments pollinate — other insects, birds, bats and even the wind — bees by the billions are "the master pollinator."

A decade ago, a calamity called the Colony Collapse Disorder appeared. Huge numbers of bees died all at once. Agricultural scientists continue researching, but no answer has been found. Many causes are suspected: parasites, diseases, genetics, poor nutrition and toxic pesticides and herbicides. The latter toxins are mentioned most often in the popular press. Diehl thinks that overuse of chemicals in urban gardens and lawns, not commercial farming, is more likely to be part of the cause because farmers have recognized the need to be careful with chemicals. Viewed short-term or long-term, he insists that a major solution to the problem of disappearing bees is simple: "more people creating more colonies, and the sooner the better."

KEEPING BEES attracts many different kinds of people for a variety of reasons.

At home in Michigan about age 12, Diehl first became aware of beekeeping through a Sears Roebuck catalog. Apart from a few interruptions, such as college and U. S. Navy service, he has been raising bees for more than 50 years. Diehl smiles while confessing that he never got around to earning a "Beekeeping" merit badge, but then brags that his son did. "Lots of work" is the way Diehl describes beekeeping; he also notes that keepers are as social as the bees they keep, so attending a meeting with others itself is a pleasure.

Diehl is a "backyard apiarist." In addition, many of his hives are placed across Arlington and in nearby jurisdictions. He also has a cluster of colonies in the Norfolk area. With permission of an owner, hives often are placed near commercial operations to avoid unwanted attention from homeowners frightened by the presence of

## Don't Be Afraid; Learn About Bees

Arlington Adult Education offers a class called "Help the Honeybees!" on Tuesday, Aug. 13, at the Arlington Career Center, in Walter Reed Drive near Columbia Pike. Hours are 7 to 10 p.m. and registration is \$5.

Beekeepers Association of Northern Virginia has a booth at the 2013 Arlington County Fair to be held in Thomas Jefferson Community Center, 3501 2nd Street, South, Aug. 7 - 11.

Bee products are judged at the Fair and many are offered for sale.

All the answers to all the possible questions about bees are found through that association's webpage: [www.beekeepersnova.org](http://www.beekeepersnova.org)

the insects.

Visiting schools and other groups to speak about bees is Diehl's way of educating the public. He also teaches adult education courses. When the observation colony at Potomac Overlook Regional Park collapsed, Diehl re-built it. He mentors newcomers in need of "a little help here and there," and is an active member of Beekeepers Association of Northern Virginia.

PATRICK MURPHY, a W. T. Woodson graduate, served as deputy superintendent of Fairfax County Public Schools for over a decade. Two years ago, he became Arlington's superintendent. His beekeeping activity came about while living in rural West Virginia 30 years ago. A busy schedule did not allow the daily care necessary for either farm animals or house pets. An acquaintance suggested bees since they require little care and are beneficial in the scheme of nature. Murphy was convinced and has been a keeper ever since. Several

SEE APIARISTS, PAGE 7



PHOTOS BY STEVE HIBBARD/THE CONNECTION

**Harrison Rau, 10, of Arlington reads "McDuff Moves In" to Skylos. Harrison is a fifth-grader at Taylor Elementary in Arlington.**

## Paws To Read Children practice their reading.

Children had the opportunity to practice their reading for an hour at Cherrydale Library in Arlington on Saturday through Paws to Read, a program offered at Arlington libraries where PAL dogs (People, Animals, Love) visit the libraries and youngsters read to them.

"It gives the chance for children to have nonjudgmental reading time to help them gain more confidence with reading aloud. It's very popular at the libraries and the kids really enjoy it," said Cynthia Power, a kindergarten teacher at Ashlawn Elementary who coordinates the program with PAL. "I've seen some huge progress in their reading," she added.

The dogs are family pets who have been approved by PAL to be therapy dogs. To learn more, visit [www.peopleanimalslove.org](http://www.peopleanimalslove.org).

—STEVE HIBBARD



**Siobhan O'Casey, 7, of Maywood in Arlington reads "Little Chimp and the Buffalo" to Lexy at Cherrydale Library through the Paws to Read program. Siobhan is a second-grader at Taylor Elementary in Arlington.**



**Kiera Sandoval-Dunford, 6, of Falls Church reads "Ballet Stars" to Beckett. Kiera is a first-grader at Corpus Christie Elementary School.**



**Charlie Rimon, 7, of Arlington reads "Sammy the Seal" to Cameo. Charlie is a second-grader at Jamestown Elementary in Arlington.**

# The \$23 Million Game Changer

Alexandria tax break sealed the deal to lure National Science Foundation from Arlington.

BY MICHAEL LEE POPE  
THE CONNECTION

Standing outside the National Science Foundation in the heart of Ballston, it's easy to see why Arlington and Alexandria have been fighting over the federal agency. Thousands and thousands of high-income workers stream out into the neighborhood for lunch, boosting the local economy and attracting national prestige. On one recent sunny afternoon, the talk on the sidewalk was about how the foundation will be leaving Arlington and headed to Alexandria.

"I'm personally disappointed," said Dale Bell, deputy director of the Division of Institution and Award Support. "I live in Maryland, so it's going to add at least another 30 minutes on my trip, which is unfortunate."

Although Bell is disappointed, officials at Alexandria City Hall are overjoyed at landing the government agency. They were able to seal the deal by offering a lower tax rate, projected to provide a \$23 million tax break to the property owner over the 15-year lease. City leaders say the foundation's move will bring \$50 million in new tax revenue to the city, even after the incentive. But here on the sidewalk outside Ballston, many people are skeptical.

"I'm torn about that whole tax credit thing because it's just pitting jurisdictions against each other, and they are losing money ostensibly to make it up later and that's not always the case," said Jordan Engel, who was on his way to lunch. "Of course there's a little bit of Peter to pay Paul because they are losing money here, and you can't prove that people wouldn't move if there weren't that kind of incentive game going on."

**LOCAL GOVERNMENTS** have a long history of offering tax incentives to private companies for years in an effort to attract major corporations or factories to set up shop and boost local economies. But recent years have seen a new trend in the Metropolitan Washington area — jurisdictions have started offering tax breaks and a host of economic incentives for government agencies. Leaders at Alexandria say they are not the first to offer such incentives, and they certainly won't be the last.

"Increasingly we are seeing people realize that their office buildings and their development plans aren't going to automatically happen if they just sit and wait for growth of the federal government to arrive," said Deputy City Manager Mark Jinks. "If we are going to grow, the new normal is looking at how we do economic development differently."

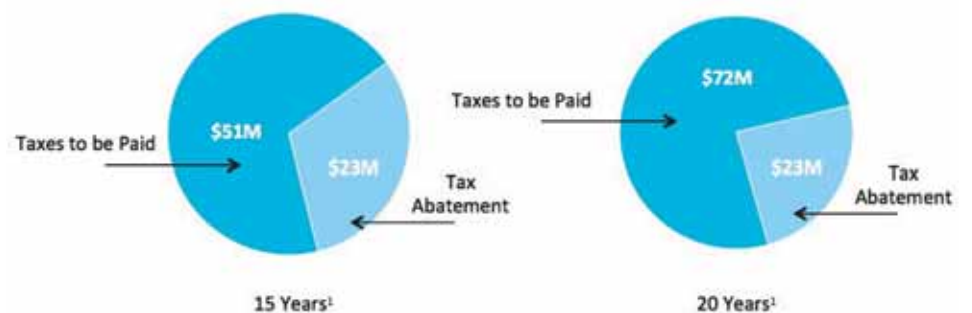
Rockville, Md., offered \$40 million in tax abatement to the Department of Health and Human Services to win out in a competition against Prince George's County. Then there was the \$10 million in state funds put up to make sure the Defense Advance Research Project Administration, known as DARPA, stayed in Arlington. And municipal governments across the region are offering all kinds of incentives to land the new headquarters for the Federal Bureau of Investigation. Arlington officials say they can't say what kind of incentives — if any — the county offered to the National Science Foundation because it was part of the negotiation.

"Arlington still truly believes that keeping NSF in Ballston is the best choice for the agency," said Cara O'Donnell, public

**"Arlington still truly believes that keeping NSF in Ballston is the best choice for the agency."**

— Cara O'Donnell, public relations manager at Arlington Economic Development

SEE TAX BREAK, PAGE 5



ALEXANDRIA CITY GOVERNMENT

ARLINGTON CONNECTION ♦ JULY 3-9, 2013 ♦ 3

# PEOPLE



Artist Robert William greets visitors as they view his exhibit of landscape photography.

## Festival Of Arts

Visitors walk down N. Highland Street as they enjoy the annual Arlington Festival of Arts on June 22.

PHOTOS BY  
LASHAWN AVERY-SIMON  
THE CONNECTION



Visitors walk through a display of hand-crafted wood sculptures by artist Todd Andrew.



Jessie Berkley and her sister Laura Berkley smile as they carry a picture from the Calvin Walton 3d sculptures exhibit.



PHOTOS BY LASHAWN AVERY-SIMON/THE CONNECTION

### Tibetan Culture

Tenzin Yewong fixes her hat as guests arrive to the festival of Tibet in the Artisphere on June 22.



Tsering Lhamortiz smiles as guests enter the festival.



Karma Gyaltzen sang and played traditional Tibetan musical instruments.

### PEOPLE NOTES

To have engagements, weddings, obituaries, or other significant personal events listed in *The Arlington Connection*, e-mail [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Deadline is noon the Thursday before publication. Photos are welcome.

The Junior League of Northern Virginia named its board of directors for the 2013-2014 year. Arlington residents on the board include: **Katie Smith** is treasurer; **Rebecca Goodhart** is membership council director; and **Amanda Richardson** is nominating committee chair.

The league's community projects for 2013-2014 include the debut of its American Girl Doll Fashion Show sched-

uled for the spring, a Governor's Ball celebrating women's suffrage, 13th Annual The Enchanted Forest, empowerment projects with children living in local area homeless shelters, Back-to-School Health Fairs for uninsured children, Kids in the Kitchen anti-obesity program, a grants program supporting local community projects and the continuation of its strategic partnership with The Children's Science Center.

**David Scalzitti**, PT, PhD, OCS, has been named a recipient of the Distinguished Alumni Achievement Award from the University of Illinois at Chicago College of Applied Health Sciences.

### MILITARY NOTES

Army Spec. **James T. Simo** has graduated from basic combat training at Fort Jackson, Columbia, S.C. He is a 2005 graduate of Falls Church High School. He earned a bachelor's degree in 2012 from New York Institute of Technology.

Navy Ensign **Amber N. Haling** re-

cently graduated from the United States Naval Academy in Annapolis, Md., and was commissioned to her current rank.

Air Force Airman **Timothy R. Weber** graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas. Weber earned distinction as an honor graduate.

[WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)

# NEWS

## Tax Break Lures NSF from County

FROM PAGE 3

relations manager at Arlington Economic Development, in an emailed response to questions. "Not only is a stay-in-place option the highest value and lowest cost option, but NSF's status as the hub of Ballston's science and technology cluster is vital to the mission of that agency, as well as the missions of neighboring agencies, private businesses, and the universities who chose the area specifically because of collaboration efforts with NSF."

**ARLINGTON LEADERS** are hoping to derail the move and persuade federal authorities to "continue negotiations."

After the General Services Administration announced the move, Arlington County Manager Barbara Donnellan sent a letter to Dan Tangherlini, acting administrator of the General Services Administration, arguing that Arlington is a "scientific center of excellence." Perhaps more to the point, however, she made the case staying on Wilson Boulevard would be the best deal for taxpayers. "The owner of these properties has submitted a very competitive bid, below the prospectus rate, and as much as \$10 per square foot below market rents, to keep NSF in place for the new 15-year lease term," wrote Donnellan.

The General Services Administration announced the new lease agreement on June 7, adding that the agreement will save the federal government \$65 million over the 15-year term of the lease and an-

other \$35 million in relocation costs provided by the developer, a unit of Hoffman Development. Under the new lease agreement, the National Science Foundation will occupy 660,848 square feet of space at the Hoffman Town Center complex in 2017 at a rental rate that is more than 30 percent below the market rate. Leaders in Alexandria say as far as they are concerned, negotiations have ended.

"We've heard from a neighboring jurisdiction a bit of sour grapes in the claim that what the city is doing is extraordinary and unprecedented," said Councilman Tim Lovain. "But that's not the case."

**ALEXANDRIA LEADERS** call the incentive package city officials offered to the National Science Foundation "the new normal," an indication that jurisdictions across the Washington metropolitan region will be negating in an increasingly bare-knuckled competition for landing federal agencies. In the case of the foundation, for example, the major consideration was whether or not the location was within a half mile of a Metro station. That would mean that a site on Wiehle Avenue in Reston, which is a half mile of the new Silver Line, would have been able to offer a competitive bid. So Alexandria leaders crafted a tax abatement package that was a deal too good to pass up.

"This is not a lump sum, so it's not like the National Science Foundation will get this money all at once," said Mayor Bill Euille. "It's over the period of the lease, and the city will benefit from this."

## FREE REMODELING & DESIGN SEMINARS!



Sat., July 13th — 10am-2pm

Where: 5795 B Burke Centre Parkway, Burke, VA 22015

Thinking of remodeling? This event is the perfect opportunity to take advantage of free expert advice with no obligation. Learn about the hot topics you should consider when remodeling.

### Saturday's Seminars:

- From Concept to Completion
- Universal Design – Planning Ahead
- Reinventing Your Home for Today's Lifestyle

Seminars run from 10am-Noon.  
Lunch to follow.  
Please arrive at 9:45am for check-in.


Seating is limited. Call Sabrina at 703.425.5588 to reserve your seats!

Special Thanks to Our Sponsors:



## SUN DESIGN

design/build | additions | kitchens | baths | basements | outdoor spaces  
703-425-5588 SunDesignInc.com info@SunDesignInc.com




Add  
two feet  
to your  
house.

### Become a Foster Parent and change a life (possibly yours)

Next 3-part training session meets July 13, 20 and 27

Contact Ginny Sainder, LCSW for more information or to register, at 571.748-2557 or [gnsaider@nvfs.org](mailto:gnsaider@nvfs.org)



**Northern Virginia Family Service**

[www.nvfs.org/fostercare](http://www.nvfs.org/fostercare)

## TWO POOR TEACHERS

### Kitchen and Bathroom Remodeling

We Bring the Showroom to YOU!!




Free Estimates  
703-969-1179

Select your remodeling products from our Mobile Kitchen and Bathroom Showroom and Design Center!!



Standard & Premium Bath Packages!

Visit our website for details!

www.twopoorteachers.com

Fully Insured & Class A Licensed  
EST. 1999

## WHAT WOULD YOU RATHER BE DOING THIS SUMMER?



SPENDING TIME ON A LADDER IS A DREAM COME TRUE FOR US.

CALL US TODAY FOR A FREE ESTIMATE:

703-684-7702



www.techpainting.com

703-684-7702

# Finding Their Poetic Voices

Foundation publishes youths' writings.

BY ASHLEY CLAIRE SIMPSON  
THE CONNECTION

**A**rlington is home to 24 new published authors as of mid-June. DreamDog Foundation, an Alexandria based non-profit organization, worked with two groups of 12 second- to sixth-graders with the Wesley Housing Authority. DreamDog, which sets out to spread experiential learning to all students, published two books of poetry with the program "Book of My Own."

On June 7 and 13, the students celebrated their semester of writing, each group with its own author reading and book signing event at two Wesley Housing Authority's centers. The centers, designed to hold educational programs for adults and students alike, functioned as the stages for the children's presentations. One group of students presented their work at Wesley's Lincolnia Center, and one at Wesley's Whitefield Commons.

"'Book of My Own' is one of our experiential literacy programs for students created and run by the DreamDog Foundation," said Executive Director Lorraine Friedman. "It allows students to see the fun, exciting, dynamic side of creative writing. One of the things that DreamDog Foundation does is brings learning to life for all types of learners. So, students who might not otherwise love writing ... can't wait for this program because we make it fun and interactive."

By teaming with Wesley Housing Authority, DreamDog Foundation marked the first time it spread its mission of experiential learning and student empowerment to a housing authority.

Friedman said this is only the beginning of "Book of My Own" endeavors for groups of low-income students. The 501(c)(3) non-profit organization for the most part works with children in Alexandria, so Rainey said the Arlington experience was an exciting one. Spreading this type of learning outside of its origin is



Newly published poets gather at Wesley Housing Authority's Whitefield Commons.

## The youths titled their two books "Boss Kids" and "Ball Park: Our Home Run."

a major accomplishment for the foundation.

The program offers 12 sessions with students in one semester. Each session focused on a different style of poetry. Students would learn about a particular type of writing, and then write their own poems in the same style.

It concludes with a compilation of student poetry, which DreamDog Foundation publishes, which they present to groups of very proud students.

Lincolnia Center Director Lydia Monroe agreed that the event was a resounding success.

The children in both groups were excited to read their poetry aloud for an audience of Wesley Housing Authority residents.

"It was a joy to watch poet laureates in the making; watching the children grow within their poet souls warmed my heart and encour-

aged this word lover about the future of spoken word," Monroe said.

The children themselves titled the two books "Boss Kids" and "Ball Park: Our Home Run."

Spreading the empowering message to more students to take charge of their own learning has been DreamDog's mission since its birth 10 years ago. DreamDog employees celebrated their decade anniversary this year.

Rainey said that with its mission, the "Book of My Own" program is able to build the self-confidence of all students, even children who feel that school is not their strong suit.

"One of the fabulous things about this program is not only the discovery and appreciation for the incredible poets and writers we studied but also the discovery of the poet within us all, awaiting our own discovery," Rainey said.



PHOTOS CONTRIBUTED

## BULLETIN BOARD

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Deadline is noon the Thursday before publication. Photos are welcome.

### THURSDAY/JUNE 27

**Meeting.** 6:30 p.m. at La Cote d'Or, 6876 Lee Highway. The Arlington Rotary Club Installation Dinner. Visit [www.arlingtonrotaryclub.org](http://www.arlingtonrotaryclub.org).

### FRIDAY/JUNE 28

**Small Business Open House.** 10:30 a.m.-12:30 p.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Speak with small business experts and get advice on starting a business. Free. Registration required, 703-228-5999.

### FRIDAY/SUNDAY/JUNE 28-30

**Vacation Bible School.** Holy Trinity Lutheran Church 3022 Woodlawn Ave., Falls Church. The theme is Growing in the Son. This free event is open to everyone. The schedule is: Friday, June 28, 5:30-8 p.m. (dinner

included); Saturday, June 29, 2-5 p.m.; Sunday, June 30 after the 10 a.m. service — Sundae Sunday. Call 703-532-6612 or visit [www.htluther.org](http://www.htluther.org).

### THURSDAY/JULY 11

**Meeting.** 12:15 p.m. at La Cote d'Or, 6876 Lee Highway. The Arlington Rotary Club welcomes Steve Klemp to discuss "An IQ of 86." Visit [www.arlingtonrotaryclub.org](http://www.arlingtonrotaryclub.org).

### MONDAY-FRIDAY/JULY 15-19

**Vacation Bible School.** 5:30-8 p.m. St. John's Episcopal Church, 415 S. Lexington St. In cooperation with St. Paul's Bailey's Crossroads. The program's theme is Superheroes and Superheroines of the Bible. There will be stories, games, activities and songs. Cost is \$20 for the week, including dinner, and \$5 for each additional sibling. Call 202-347-8766.

### WEDNESDAY/JULY 17

**Deadline.** Leadership Arlington is seeking up-and-coming young leaders to apply online for the Leadership Arlington Young Professionals Program Fall class of 2013. The Leadership Arlington Young Professionals Program is an initiative of Leadership Arlington that provides participants the opportunity to develop new skills and acquire the resources and knowledge necessary to engage in the community. Participants will be encouraged to discover ways that they may give back to the community. Visit [www.leadershiparlington.org](http://www.leadershiparlington.org) for applications.

### THURSDAY/JULY 18

**Meeting.** 12:15 p.m. at La Cote d'Or, 6876 Lee Highway. The Arlington Rotary Club welcomes David DeCamp to discuss the Columbia Pike Streetcar. Visit [www.arlingtonrotaryclub.org](http://www.arlingtonrotaryclub.org).

### THURSDAY/JULY 25

**Meeting.** 12:15 p.m. at La Cote d'Or, 6876 Lee Highway. The Arlington Rotary Club welcomes speakers

Mitch Opalski and Carolyn Richar. Visit [www.arlingtonrotaryclub.org](http://www.arlingtonrotaryclub.org).

### THURSDAY/AUG. 1

**Meeting.** 12:15 p.m. at La Cote d'Or, 6876 Lee Highway. The Arlington Rotary Club welcomes Assistant District Governor Joe Luquire. Visit [www.arlingtonrotaryclub.org](http://www.arlingtonrotaryclub.org).

### THURSDAY/AUG. 8

**Meeting.** 12:15 p.m. at La Cote d'Or, 6876 Lee Highway. The Arlington Rotary Club welcomes naval historian Tom Hone. Visit [www.arlingtonrotaryclub.org](http://www.arlingtonrotaryclub.org).

### SATURDAY/AUG. 10

**ESOL Tutor Training Workshop.** James Lee Community Center, 2855 Annandale Road, Falls Church. Three consecutive Saturdays, Aug. 10, 17 and 24. Cost is \$50 for books, materials and ongoing resources. E-mail [volunteers@lcnv.org](mailto:volunteers@lcnv.org) or call 703-237-0866 x111.

The  
**Arlington**  
Connection

[www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by  
**Local Media Connection LLC**

1606 King Street  
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to [connectionnewspapers.com/subscribe](http://connectionnewspapers.com/subscribe)

**NEWS DEPARTMENT:**  
To discuss ideas and concerns, call: 703-778-9410  
[arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com)

**Steven Mauren**  
Editor  
703-778-9415  
[smauren@connectionnewspapers.com](mailto:smauren@connectionnewspapers.com)

**Michael Lee Pope**  
Reporter  
703-615-0960  
[mpope@connectionnewspapers.com](mailto:mpope@connectionnewspapers.com)  
@MichaelLeePope

**Jon Roetman**  
Sports Editor  
703-224-3015  
[jroetman@connectionnewspapers.com](mailto:jroetman@connectionnewspapers.com)  
@jonroetman

**ADVERTISING:**  
For advertising information  
e-mail:  
[sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com)

**Debbie Funk**  
Display Advertising/National Sales  
703-778-9444  
[debfunk@connectionnewspapers.com](mailto:debfunk@connectionnewspapers.com)

**Andrea Smith**  
Classified & Employment Advertising  
703-778-9411  
[asmith@connectionnewspapers.com](mailto:asmith@connectionnewspapers.com)

**Editor & Publisher**  
Mary Kimm  
703-778-9433  
[mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com)  
@MaryKimm

**Executive Vice President**  
Jerry Vernon  
[jvernon@connectionnewspapers.com](mailto:jvernon@connectionnewspapers.com)

### Editor in Chief

Steven Mauren

### Managing Editor

Kemal Kurspahic

### Photography:

Deb Cobb, Louise Krafft, Craig Sterbutzel

### Art/Design:

Laurence Foong, John Heinly

### Production Manager:

Jean Card  
Geovani Flores

### Special Assistant to the Publisher

Jeanne Theismann  
703-778-9436  
[jtheismann@connectionnewspapers.com](mailto:jtheismann@connectionnewspapers.com)  
@TheismannMedia

**CIRCULATION: 703-778-9426**

### Circulation Manager:

Linda Pecquex  
[circulation@connectionnewspapers.com](mailto:circulation@connectionnewspapers.com)



# Apiarists Seek To Expand

FROM PAGE 2

of a dozen colonies are sited at his Fairfax home, but most are positioned close to the Fairfax-Loudoun line.

Asked about personal reasons for remaining involved with bees, Murphy says there is a “special enjoyment that comes from working with nature.” As a year-round activity, beekeeping presents constant challenges. There must be constant awareness of many factors, like weather, rainfall, changing seasons and other such, to be successful.



**Brenda Kiessling of Vienna bee watches in the field.**

MICHAEL MCMORROW/THE CONNECTION

asked if she means the existence of a plan leads one to conclude there must be a “planner,” her response is “You could say that.”

**PATRICK SHEEHAN** of Arlington is a “newbie,” that is, a beekeeper with fewer than three years experience. A member of the staff in a Washington embassy, he became familiar with beekeeping back home as a relative maintained hives. The idea of raising a colony simply rested in the back of his mind as “something to do, someday.”

Several times Sheehan failed to be called from the wait-list of a beekeeping course; that is, until last year. In quick time he had a

starter kit and this year he set up two colonies, which have grown to a total of approximately 20,000 insects.

Asked if the local association and its members support a newcomer, Sheehan said, “I have all the help I need and Paul Diehl is my mentor. Nobody could ask for more.”

Bees are under attack. Without them, floral displays in suburbs like Northern Virginia and food crops across farm country are in danger. Aesthetics and economics combine to demand attention, the kind of attention provided by the example of neighbors like Diehl, Kiessling, Murphy and Sheehan.

**UPON RETIRING** from her practice in McLean/Falls Church, Brenda Kiessling of Vienna earned certification as a Master Beekeeper. While “practical” describes Diehl, her lifetime of training and experience as a health professional brings to mind the term “scientific.” One of Kiessling’s current pursuits involves bee genetics. Her goal is “to help develop a more perfect queen,” one with greater resistance to diseases and microbes and more productive.

Raised on a farm where hives were common, Kiessling always has been aware of beekeeping. Time permitting, she found the technical aspects to be interesting intellectually. She also found a “spiritual aspect” to the study of bees.

The intricacy of their lives reveals “a plan.” When

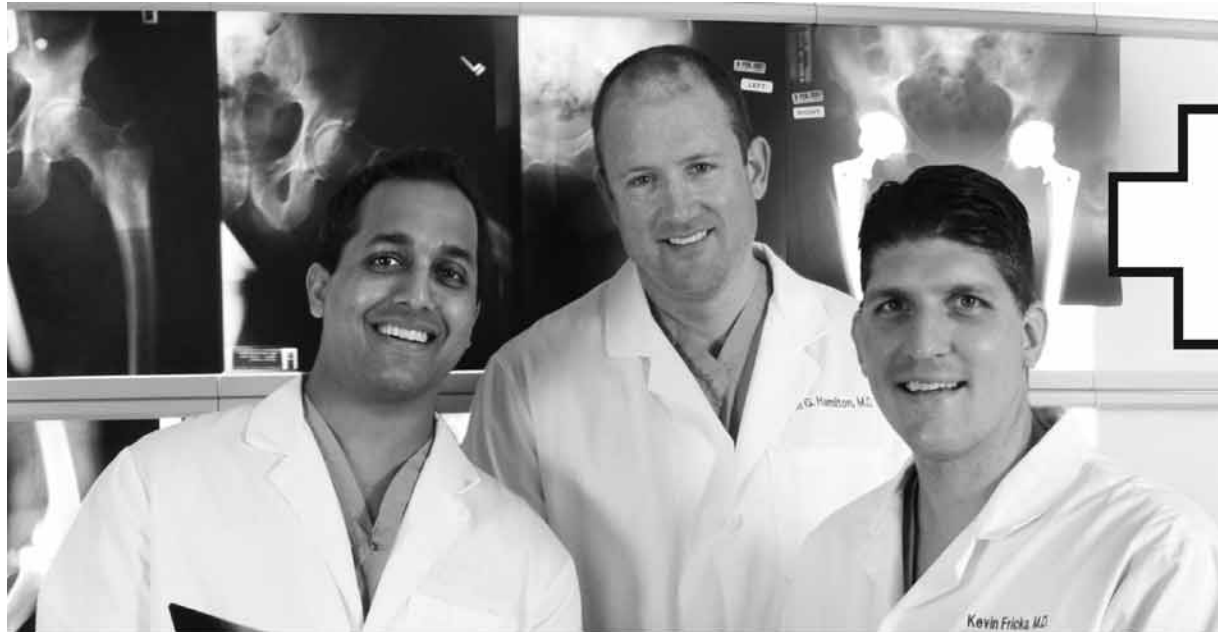


**Falls Church Showroom**  
800 West Broad Street, #101  
Falls Church, Virginia 22046  
**571.765.4450**

**Manassas Showroom**  
8982 Hornbaker Road  
Manassas, Virginia 20109  
**703.378.2600**



KITCHENS | BATHS | ADDITIONS  
**Contact us at info@nvsrd.com**



**Ask the Joint Replacement Experts at Inova Mount Vernon Hospital. They Can Help.**

**FREE Community Lecture on Osteoarthritis and the Latest Advances in Joint Replacement**

**Tuesday, July 16, 2013 at 6:30 pm**

**Ritz Carlton Pentagon City  
1250 South Hayes Street  
Arlington, VA 22202**

This seminar is FREE and we ask that you register by visiting our Website at [inova.org/asktheexpert](http://inova.org/asktheexpert) or calling **1.855.My.Inova (694.6682)**.

Living with the pain of arthritis can be exhausting. Surgical joint replacement can be a solution. That’s when doctors from the Inova Joint Replacement Center (IJRC), a Center of Excellence for joint replacement, can make a difference.

A FREE community lecture to discuss osteoarthritis and the latest advances in hip and knee replacement surgery will be held in your area by one of our experienced joint surgeons. This is an opportunity for you to “Ask the Expert” any questions you may have.

IJRC is the largest joint replacement center in the metro-Washington DC area. Physicians practicing at the Center perform over 2,200 joint replacements annually. Patients from 31 countries and all 50 states have been provided joint replacements at IJRC.

Thanks to new techniques and medical advances, thousands of people are returning to the active lifestyle they deserve. This is your chance to join them.



The Inova Joint Replacement Center has earned a Gold Seal of Approval™ by The Joint Commission for outstanding care in hip and knee replacement.

# ENTERTAINMENT

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Deadline is noon Thursday. Photos are welcome.

## ONGOING

**Food Truck Thursdays.** In the surface parking lot at the corner of Crystal Drive and 18th Street.

**Line Dancing Class.** Fridays, 10-11 a.m. Line dancing with Barbara Allen. Covers the basic steps, then combines them to music for a gentle aerobic workout. More experienced line dancers are welcome as they can assist newer dancers. At Aurora Hills Senior Center. Call 703-228-5722.

**Art Exhibit.** Through Thursday, July 4, the High Country Basket Guild is being featured at the Craft Gallery of Artisans United. This show of handcrafted baskets made of natural materials by trained fiber artists includes work by Arlington resident Barbara Weber. The Craft Gallery is located in the Annandale Community Park, 4022-C Hummer Road, Annandale. Call 703-941-0202 or go online [www.artisansunited.org](http://www.artisansunited.org) for more information.

**Campfire Programs.** Saturdays this summer (except Aug. 24), 7-8 p.m. at Long Branch and Gulf Branch Nature Centers. Campfire programs include stories, songs, games, special live animal guests and more. Topics will range from Rascally Raccoons to High-flying Hawks to Buzzing Bees. \$5 fee per participant, registration not required for children age 2 and under. Visit [www.arlingtonva.us/Departments/ParksRecreation/ParksRecreationMain.aspx](http://www.arlingtonva.us/Departments/ParksRecreation/ParksRecreationMain.aspx).

Enjoy a Monday morning **yoga class** through September held in Crystal City's Water Park located across from 1750 Crystal Drive. Led by instructors from Mind Your Body Oasis.

The Crystal City **FRESHFARM Market** is open on Tuesdays from 3-7 p.m. with the same selection of foods and goods from local producers, in front of 251 S. 18th St..

Take a free outdoor **Zumba class** in the courtyard at 2121 Crystal Drive, led by instructors from the local Sport & Health Clubs, every Wednesday through the end of September. Participants can take a free shower afterwards at the nearby Sport & Health.

**Photography Exhibit.** Through Monday, Sept. 30, see "Hallowed Ground: Photos of the Gettysburg Battlefield 150 Years After, by Ron Cogswell," at Cherrydale Branch Library, 2190 Military Road. Free. Call 703-228-6330.

**Art Exhibit.** Exhibit focusing on art and urban agriculture Arlington Arts Center at 3550 Wilson Blvd., through Oct. 13. Call 703-248-6800.

**Adult summer class registration** at the Arlington Arts Center at 3550 Wilson Blvd. is now open for students ages 18 and up. Classes run July 9-Aug. 29 and are offered during the evening from 7-9:30 p.m. Tuesdays, Wednesdays or Thursdays. To view course offerings and register, visit [www.register.asapconnected.com/default.aspx](http://www.register.asapconnected.com/default.aspx).

**Senior Olympics Registration.** Online registration for the 2013 Northern Virginia Senior Olympics opens July 1. Participants can register online at [www.nvso.us](http://www.nvso.us) or by regular mail. The events take place Sept. 7-19 at 17 different venues throughout Northern Virginia. Registration forms are available at senior centers, community centers and senior residences or by calling 703-228-4721. Deadline to register is Aug. 23 (mail), Aug. 30 (online). The fee is \$12.

## JUNE 24-AUG. 23

**Classes for Children.** Arlington Arts

Center, Monday-Friday, 10 a.m.-12:30 p.m. and 1:30-4 p.m. Supervised lunch breaks for students in consecutive classes, complimentary aftercare until 5 p.m. for students in 1:30-4 p.m. classes. Call 703-248-6800 or visit [www.arlingtonartscenter.org](http://www.arlingtonartscenter.org).

## TUESDAY/JULY 2

**Book Club: Read Between the Lines.** 1-2 p.m. at Shirlington Library, 4200 Campbell Ave. Discuss "The Help" by Kathryn Stockett. Free. 703-228-6545.

**Film.** 2-4 p.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Watch "The Searchers." Free. 703-228-5710.

**Paws to Read.** 5:30-6:30 p.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Children in grades K-5 can read to therapy dogs for 15 minutes. Each dog is part of PAL. Register for a slot by calling 703-228-5710.

## WEDNESDAY/JULY 3

**Nanny Club.** 10 a.m.-noon at Columbia Pike Library, 816 S. Walter Reed Drive. For children up to age 5. Free. 703-228-5710.

**Book Club: Read Between the Lines.** 4-5 p.m. at Shirlington Library, 4200 Campbell Ave. Children in grades K-1 can discuss a book. Free. 703-228-6545.

## WEDNESDAY-SATURDAY/JULY 3-6

**Magician Shows.** The annual Society of American Magicians Conference to bring 1000 magicians and their families from around the world to Arlington for contests, workshops and meetings. Four of the convention shows will be open to the general public. Marriott Hotel Crystal Gateway at 1700 Jefferson Davis Highway. All show tickets are \$25. Visit <http://magicsam.com/annual-convention>.

## THURSDAY/JULY 4

**Festivities at Long Bridge Park.** 3 p.m. at Long Bridge Park, 475 Long Bridge Drive. The event will begin with a food truck rally, arts and crafts market, free fitness activities for all ages, live music, and more. Interested in being an event partner or vendor? Email [lbarragan@arlingtonva.us](mailto:lbarragan@arlingtonva.us) or call 703-228-3329.

## FRIDAY/JULY 5

**Wine tastings.** 7 p.m. at One More Page bookstore, 2200 N Westmoreland St #101. Call 703-300-9746 or visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

## JULY 5-27

**Free Exhibit.** Mystery: Solo Show by Nihal Kececi at Crystal City Shops at 2100 Crystal Drive. Visit [www.galleryunderground.org](http://www.galleryunderground.org) or call 571-483-0652. Opening Reception is Friday, July 5 from 5-8 p.m.

## SATURDAY/JULY 6

**Summer Concert.** 7-9 p.m. Potomac Overlook Regional Park, 2845 N. Marcey Road. Barbara Martin and Tara Lindhardt perform. Free. Contact Potomac Overlook Regional park at 703-528-5406 or [www.nvrpa.org/potomacoverlook](http://www.nvrpa.org/potomacoverlook).

## SUNDAY/JULY 7

**Concert.** The Bob Gibson Big Band performing at the Lubber Run Amphitheater, North Columbus Street and 2nd Street North. 6 p.m. Free.



ARTWORK BY CORIN WILSON

## From Elle Woods' Pink to Harvard Crimson

Encore Stage & Studio presents "Legally Blonde The Musical." Elle Woods never takes "no" for an answer. So when her boyfriend dumps her for someone "serious," Elle upgrades her signature pink for Harvard crimson. Elle proves that being true to yourself never goes out of style. Fridays, July 19 and 26 at 8 p.m.; Thursday, July 25 at 8 p.m.; Saturdays, July 20 and 27 at 2 p.m. and 8 p.m.; Sundays, July 21 and 28 at 2 p.m. Recommended for ages 10 and up. Thomas Jefferson Community Theater, 125 S. Old Glebe Road. \$15 for adults; \$10 for children, students and seniors. Visit [www.encorestage.org](http://www.encorestage.org) or call 703-548-1154.

## Soccer Game/ Ice Cream Social.

Join in some summer fun. There will be face painting for the kids, soccer and frisbee matches and ice cream sundaes at Roberts Park at 2:00p.m.! Meet some au pairs and host families and learn more about hosting an au pair in your home to care for your children. Roberts Park is located at Lynn Pl. & Randolph St., Falls Church. Contact Nancy at [nmmrb@mail@verizon.net](mailto:nmmrb@mail@verizon.net) or call 703-608-1150. Have questions but can't attend? E-mail as well.

## MONDAY/JULY 8

**Drop-in Story Time.** 10:30-11 a.m. or 11:15-11:45 a.m. at Shirlington Library, 4200 Campbell Ave. Preschool-age children can drop in for stories. Free. 703-228-6545.

**Story Time.** 10:30 a.m. at Glencarlyn Library, 300 S. Kensington St. For children up to age 2. Free. 703-228-6548.

**Prose Out Loud.** 1-2 p.m. at Shirlington Library, 4200 Campbell Ave. Hear favorites read by library staff. Free. 703-228-6545.

**Magical Stories Show.** 1:30-2:30 p.m. at Glencarlyn Library, 300 S. Kensington St. Children in grades K-5 can enjoy a show with Dean Alan. Free, but tickets are required. 703-228-6548.

**Cupcake Wars.** 3:30-4:30 p.m. at Westover Library, 1644 N. McKinley Road, suite 3. Teens in grades 6-12 can decorate cupcakes with a competitive twist. Free. 703-228-6330.

**Magical Stories Show.** 4:30-5:30 p.m. at Cherrydale Library, 2190 N. Military Road. Children in grades K-5 can enjoy a show with Dean Alan. Free, but tickets are required. 703-228-6330.

**Paws to Read.** 5:30-6:30 p.m. at Central Library, 1015 N. Quincy St. Children in grades K-5 can read to therapy dogs for 15 minutes. Each dog is part of PAL. Register for a slot by calling 703-228-5946.

**Book Club.** 7-8:30 p.m. at Cherrydale Library, 2190 N. Military Road. Discuss "The Greater Journey: Americans in Paris" by David McCullough. Free. 703-228-6330.

## TUESDAY/JULY 9

**Film.** 2-4 p.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Watch "Ride the High Country" (1962). Free. 703-228-5710.

**Magical Stories Show.** 3-4 p.m. at Shirlington Library, 4200 Campbell Ave. Children in grades K-5 can enjoy a show with Dean Alan. Free, but tickets are required. 703-228-6545.

**Button Gluttons.** 3:30-4:30 p.m. at Central Library, 1015 N. Quincy St. Teens in grades 6-12 can make buttons for themselves and friends. Free. 703-228-5946.

**Paws to Read.** 5:30-6:30 p.m. at Westover Library, 1644 N. McKinley Road, suite 3. Children in grades K-5 can read to therapy dogs. Free. Register for a slot by calling 703-228-5260.

**Magical Stories Show.** 7-8 p.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Children in grades K-5 can enjoy a show with Dean Alan. Free, but tickets are required. 703-228-5710.

## JULY 9-27

**Musical.** "Spin" at Signature Theatre, 4200 Campbell Avenue. \$30. Visit [www.signature-theatre.org](http://www.signature-theatre.org).

## JULY 9-AUG. 29

**Classes for Adults.** Tuesdays, Wednesdays or Thursdays, 7-9:30 p.m. Arlington Arts Center is located at 3550 Wilson Blvd. Visit [www.arlingtonartscenter.org](http://www.arlingtonartscenter.org) or call 703-248-6800.

## WEDNESDAY/JULY 10

**Nanny Club.** 10 a.m.-noon at Columbia Pike Library, 816 S. Walter Reed Drive. For children up to age 5. Free. 703-228-5710.

**Story Time.** 10:30 a.m. at Central Library, 1015 N. Quincy St. For children that are preschool-age. Free. 703-228-5946.

**Story Time.** 10:30-11:30 a.m. at Westover Library, 1644 N. McKinley Road, suite 3. For children that are preschool-age. Free. 703-228-5260.

**Not Your Mama's Jeans Workshop.** 3-5 p.m. at Columbia

Pike Library, 816 S. Walter Reed Drive. Teens in grades 6-12 can bring a pair of jeans, jean jacket or t-shirt and personalize them. Free. 703-228-5710.

**Stories from Gulf Branch Nature Center.** 4:30-5:30 p.m. at Westover Library, 1644 N. McKinley Road, suite 3. Children in grades K-5 can hear stories and meet critters that live in the dirt. Free, but tickets required and are available starting the day before the performance. 703-228-5260.

**Paws to Read.** 5:30-6:30 p.m. at Shirlington Library, 4200 Campbell Ave. Children in grades K-5 can read to therapy dogs. Free. Register for a slot by calling 703-228-6545.

**Story Time.** 6:30 p.m. at Glencarlyn Library, 300 S. Kensington St. For children in preschool. Free. 703-228-6548.

**Expert Gardening Talk.** 7-8:30 p.m. at Central Library, 1015 N. Quincy St. Learn about pollination, pollinators and perennials. Free. 703-228-5946.

**Your Time Capsule.** 7-8 p.m. at Central Library, 1015 N. Quincy St. Children in grades K-5 can decorate and fill-up a time capsule to plant in a garden or save at home. Free. Tickets are required and are available the day before the event. 703-228-5946.

## THURSDAY/JULY 11

**Book Discussion.** 7 p.m. at One More Page Books, 2200 N. Westmoreland St #101. Joshua Kendall discusses "America's Obsessives: The Compulsive Energy That Built a Nation." Call 703-300-9746 or visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

**Drop-in Story Time.** 10:30 a.m. at Aurora Hills Library, 735 S. 18th St. For children that are preschool-age. Free. 703-228-5715.

**Story Time.** 10:30-11 a.m. at Cherrydale Library, 2190 N. Military Road. For children that are preschool-age. Free. 703-228-6330.

**Story Time.** 11:30 a.m. at Westover Library, 1644 N. McKinley Road, suite 3. For children up to age 2. Free. 703-228-5260.

**Your Time Capsule.** 4-5 p.m. at Aurora Hills Library, 735 S. 18th St.

[WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)



Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Photos and artwork are welcome. Deadline is Thursday at noon.

## ONGOING

**Performance.** Through Wednesday, July 24, the Rosslyn BID provides live music on Monday and Wednesday evenings at the Rosslyn Metro Station. Enjoy a variety of performances during your evening commute from 5-7 p.m.

**Week-long Summer Classes.** Through Friday, Aug. 23, children can take art classes from 10 a.m.-12:30 p.m. or 1:30-4 p.m. at Arlington Arts Center, 3550 Wilson Blvd. Visit [www.arlingtonartscenter.org](http://www.arlingtonartscenter.org) for a list of classes and to register. Call 703-248-6800.

**'Unplugged' Concert Series.** Thursdays, June through August from 6-8 p.m. at Market Common Clarendon, 2700 Clarendon Blvd. Enjoy free performances of live acoustic music. Visit [www.marketcommonclarendon.net](http://www.marketcommonclarendon.net) or 703-785-5634.

**Art Exhibition.** Through Sunday, Oct. 13, see Green Acres at Arlington Arts Center, 3550 Wilson Blvd. Call 703-248-6800 or visit [www.arlingtonartscenter.org](http://www.arlingtonartscenter.org).

**Mixed Media Exhibit.** Through Sunday, Oct. 13, at Arlington Arts Center, 3550 Wilson Blvd. Opening

[www.arlingtonartscenter.org](http://www.arlingtonartscenter.org).

**Mr. Knick Knack.** Fridays, June through October, 10:30 a.m. Market Common Clarendon, 2700 Clarendon Blvd., presents 45-minute performances for children. Visit [www.marketcommonclarendon.net](http://www.marketcommonclarendon.net) or 703-785-5634.

**Storytime at Kinder Haus Toys.** 10:30 a.m. on Mondays and Fridays through Friday, Nov. 1. Children must be accompanied by an Adult. 1220 N. Fillmore St. Visit [Kinderhaus.com](http://Kinderhaus.com) or call 703-527-5929.

**Group Bike Rides.** Tuesday nights through September at 7 p.m. Meet at Freshbikes Arlington Store, 3924 Wilson Blvd. All abilities welcome. Free. After the ride purchase food from various food trucks each week. Visit [www.freshbikescycling.com](http://www.freshbikescycling.com) for more.

**Restaurants and Rhythms.** The BID's free happy-hour live music series inside Rosslyn restaurants. Origem will bring Brazilian jazz to Le Méridien, Dave Chappel and friends will perform blues rock at the Hyatt Arlington and Mary Ann Redmond will sing jazz standards at the Key Bridge Marriott. Visit [www.rosslynva.org](http://www.rosslynva.org) for a detailed schedule.

**Comedy.** Every Saturday at 3 p.m. at Comedy Spot, located in Ballston Common Mall, 4238 Wilson Blvd., children can enjoy ComedySportz for Kidz. \$10. Visit [www.comedyindc.com](http://www.comedyindc.com) or 703-294-LAFF.

**Comedy.** Every Friday at 8 p.m. and Saturday at 7:30 p.m. is ComedySportz ("clean") and at 10 p.m. on Friday and Saturday is the Blue Show ("unclean"), both at Comedy Spot, located in Ballston Common Mall, 4238 Wilson Blvd. \$15 each. Visit [www.comedyindc.com](http://www.comedyindc.com) or 703-294-LAFF.

## THURSDAY/JULY 4

**Music.** 6-8 p.m. at Market Common Clarendon, 2700 Clarendon Blvd. Hear music by David Andrew Smith. Free. Lawn chairs welcome. Visit [www.marketcommonclarendon.net](http://www.marketcommonclarendon.net) or 703-785-5634.

**Independence Day Celebration.** Traditional concert of patriotic music on the grounds of the nearby Netherlands Carillon from 2:00 p.m. to 4:00 p.m.

Fireworks on the grounds of the U.S. Marine Corps War Memorial (Iwo Jima) in Rosslyn in the evening.

## FRIDAY/JULY 5

**Film Festival.** "Bring It On" (PG-13) 2000

## Farmers Markets...

**Clarendon Farmers Market.** Year-round, has locally produced breads and pastries, organic vegetables, flowers, soap, sorbet and more. Saturdays and Sundays, 8 a.m.-12 p.m. at Courthouse Parking Lot, 3195 North Wilson Blvd., Arlington. Also year-round on Wednesdays from 3-7 p.m. at Clarendon Metro Station. Visit [www.Clarendon.org](http://www.Clarendon.org). Call 703-812-8881.

**Arlington Farmers Market at Courthouse.** Adjacent to the Arlington County Courthouse Parking Lot, at the intersection of N. Courthouse Road and N. 14th Street. This is a 'producer only' market with more than 30 producers. Saturdays from 8 a.m. - noon, through December. Each Saturday through September, Virginia Cooperative Extension Master Gardeners will answer any gardening question. Visit [www.arlingtonfarmersmarket.com](http://www.arlingtonfarmersmarket.com) for a list of vendors.

**Rosslyn Farmers Market and Lunchtime Concerts.** The Farmers Market is every Thursday 11 a.m. - 2 p.m. at 1401 Wilson Blvd. (across from the Cupid's Garden sculpture) starting May 23. Lunchtime concerts will take place during the market from 11:45 a.m. - 1:30 p.m. For a list of market vendors, visit [www.rosslynva.org/play/markets](http://www.rosslynva.org/play/markets).

- 98 minutes. Films begin at Dusk in Gateway Park, rain or shine. Gateway Park is located at the foot of Key Bridge at 1300 Lee Highway, two blocks from the Rosslyn Metro. Visit [www.rosslynva.org](http://www.rosslynva.org).

nominated Locos Por Juana band from Miami, Florida will preform at 8 p.m. Their sound blends many musical traditions into a unique take on Afro-Caribbean music. Order tickets at <http://tickets.artisphere.com/>

## FRIDAY/JULY 12

**Film Festival.** "Pretty in Pink" (PG-13) 1986 - 96 minutes. Films begin at Dusk in Gateway Park, rain or shine. Gateway Park is located at the foot of Key Bridge at 1300 Lee Highway, two blocks from the Rosslyn Metro. Visit [www.rosslynva.org](http://www.rosslynva.org).

## SATURDAY/JULY 13

**Performance.** SLV is the solo project of singer-songwriter Sandra Lilia Velásquez, founder of the Latin band Pistolera. Performing songs from her solo debut EP, *Dig Deeper*, Velásquez will perform at 8:00 p.m. at the Doma Theatre. Order tickets at <http://tickets.artisphere.com>

## JULY 15 - AUG. 16

**Week-long Summer Classes.** Teens can take art classes from 1-4 p.m. or 1:30-4 p.m. at Arlington Arts Center, 3550 Wilson Blvd. Visit [www.arlingtonartscenter.org](http://www.arlingtonartscenter.org) for a list of classes and to register. 703-248-6800.

## FRIDAY/JULY 19

**Film Festival.** "She's All That" (PG-13) 1999 - 95 minutes. Films begin at Dusk in Gateway Park, rain or shine. Gateway Park is located at the foot of Key Bridge at 1300 Lee Highway, two blocks from the Rosslyn Metro. Visit [www.rosslynva.org](http://www.rosslynva.org).

**Performance.** Two-time Grammy

## SUNDAY/JULY 21

**Concert.** At the IOTA Club & Cafe, 2832 Wilson Blvd., Lenka will perform. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) or call 703-522-8340.

## MONDAY/JULY 22

**Performance.** Shannon Whitworth performs at IOTA Club & Cafe, 2832 Wilson Blvd., at 8:30 p.m. \$12. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) or call 703-522-8340.

## FRIDAY/JULY 26

**Film Festival.** "Fame" (R) 1980 - 134 minutes. Films begin at Dusk in Gateway Park, rain or shine. Gateway Park is located at the foot of Key Bridge at 1300 Lee Highway, two blocks from the Rosslyn Metro. Visit [www.rosslynva.org](http://www.rosslynva.org).

## FRIDAY/AUG. 2

**Film Festival.** "Can't Hardly Wait" (PG-13) 1998 - 100 minutes. Films begin at Dusk in Gateway Park, rain or shine. Gateway Park is located at the foot of Key Bridge at 1300 Lee Highway, two blocks from the Rosslyn Metro. Visit [www.rosslynva.org](http://www.rosslynva.org).

## TUESDAY/AUG. 6

**Arlington BBQ Tuesday Night Rides.** 7 p.m. at Freshbikes Cycling, 3924 Wilson Blvd. Free. All abilities welcome. Free food and drink after the ride. Visit [www.freshbikescycling.com](http://www.freshbikescycling.com) for more.

East Falls Church

Ballston-MU

Virginia Sq-GMU

Clarendon

Court House

Rosslyn



## 'Bring It On'

Outdoor Film Festival runs through Aug. 30 at Gateway Park, 1300 Lee Highway, at dusk.

This year's theme, Summer School, features movies about high school. Come early to picnic in the park and play pre-show games. Free.

reception is Saturday, July 13, 6-9 p.m. Visit [www.arlingtonartscenter.org](http://www.arlingtonartscenter.org).

**Special Art Exhibition.** Through Sunday, Oct. 13, see Dupont Market. Arlington Arts Center, 3550 Wilson Blvd. Call 703-248-6800 or visit

Children in grades K-5 can decorate and fill-up a time capsule to plant in a garden or save at home. Free. Tickets are required and are available the day before the event. 703-228-5715.

**Knitting Group.** 6:30 p.m. at Glencarlyn Library, 300 S. Kensington St. Drop-in for knitting support and instruction. Free. 703-228-6548.

## FRIDAY/JULY 12

**Story Time.** 10:30 a.m. or 11:15 a.m. at Central Library, 1015 N. Quincy St. Children age 2-5. Free. 703-228-5946.

**Story Time.** 10:30 a.m. or 11:15 a.m. at Central Library, 1015 N. Quincy St. Children up to age 2. Free. 703-228-5946.

**Story Time.** 10:30 a.m. at Westover Library, 1644 N. McKinley Road, suite 3. For children up to age 2. Free. 703-228-5260.

## SATURDAY/JULY 13

**Book Signing.** 6:30 p.m. at One More Page Books, 2200 N Westmoreland St #101. Tom Young signs "The Warriors" and celebrates the paperback release "The Renegades." Call 703-300-9746 or visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

**Story Time.** 10:30 a.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Children that are preschool age can enjoy stories. Free. 703-228-5710.

**Paws to Read.** 3-4 p.m. at Cherrydale Library, 2190 N. Military Road. Children in grades K-5 can read to therapy dogs. Free. Register for a slot by calling 703-228-6330.

## SUNDAY/JULY 14

**Author Discussion.** 6 p.m. at Arlington Central Library, 1015 N. Quincy St. Don Hakenson will speak

about Colonel John Mosby and Mosby related sites in Fairfax County. He will have copies of his book for autograph and sale. Call 703-228-6334.

**Film.** 6-9 p.m. at Shirlington Library, 4200 Campbell Ave. Watch "Les Misérables" (2012). Free. 703-228-6545.

**History Talk.** 6-8 p.m. at Central Library, 1015 N. Quincy St. Author Don Hakenson will discuss "The Gray Ghost." Free. 703-228-5946.

**Potomac Fiber Arts Guild Reception.** 1-3 p.m. at The Craft Gallery of Artisans United, located in the Annandale Community Park, 4022-C Hummer Road. Artists will be on hand to talk about their craft and creations. All items for sale. No charge for reception. Call 703/941-0202.

## MONDAY/JULY 15

**Drop-in Story Time.** 10:30-11 a.m. or 11:15 a.m.-12:15 p.m. at Shirlington Library, 4200 Campbell Ave. For children preschool-age. Free. 703-228-6545.

**Story Time.** 10:30 a.m. at Glencarlyn Library, 300 S. Kensington St. For children up to age 2. Free. 703-228-6548.

**Button Gluttons.** 3:30-4:30 p.m. at Westover Library, 1644 N. McKinley Road, suite 3. Teens in grades 6-12 can make buttons for themselves and friends. Free. 703-228-5260.

**Cupcake Wars.** 7-8 p.m. at Cherrydale Library, 2190 N. Military Road. Teens in grades 6-12 can decorate cupcakes with a competitive twist. Free. 703-228-6330.

**Poetry Workshop.** 7 p.m. at Shirlington Library, 4200 Campbell Ave. Free. 703-228-6545.

## TUESDAY/JULY 16

**Film.** 2-4 p.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Watch "3:10 to Yuma" (2008). Free. 703-228-5710.

**Bollywood Workout.** 5-6 p.m. at Central Library, 1015 N. Quincy St. Children in grades K-5 can learn the moves from Bollywood film tradition. Free. 703-228-5946.

**Paws to Read.** 5:30-6:30 p.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Children in grades K-5 can read to therapy dogs for 15 minutes. Each dog is part of PAL. Register for a slot at 703-228-5710.

**Cooking Demonstration.** 6-7:30 p.m. at Westover Library, 1644 N. McKinley Road, suite 3. Adults can learn how to cook what has been grown in a garden. Free. Register for a slot by calling 703-228-5260.

# SCHOOLS

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Deadline is Thursday at noon. Photos are welcome.

**Christopher Crowe**, a Yorktown High School graduate, is a member of Stevenson University's 2013 Men's Lacrosse Team. The Stevenson men's lacrosse team advanced to its first national championship game after the No. 4 Mustangs defeated Salisbury University at Mustang Stadium 12-6.

**Anabel Montano-Vargas** was inducted into the Mary Baldwin College chapter of Sigma Beta Delta, chartered in 2009 to encourage and recognize scholarship and achievement among students of business, management, administration, and marketing communication.

**Logan Frederick** received a bachelor of arts degree magna cum laude from Skidmore College.

**Daniel Napier** made the dean's list for the Spring 2013 semester at Gardner-Webb University.

**Victor Gomez** of Wakefield High School is winner of the 2013 Arlington Rotary Education Foundation scholarship, traditionally awarded to students on a combination of need, community involvement, and merit in the amount of \$8,000 spread over four years. He is graduating with a 4.35 GPA and will attend Yale University.

Of the 500 Arlington Public Schools students who took the National Latin Exam this past year, 45 earned Summa Cum Laude and received a gold medal for their scores, 41 received a silver medal (Maxima Cum Laude), 50 earned a bronze medal (Magna Cum Laude) and 51 earned Cum Laude. Three students earned a perfect score: **Russell Edwards**, Swanson Middle School (Latin I), **Momoka Keicho**, Swanson (Latin II) and **Robert Wharton**, Thomas Jefferson High School for Science and Technology (Latin V). Wharton has had three perfect scores in five years. The National Latin Exam is given at six levels of Latin and covers grammar, reading comprehension, Roman culture, history, geography, mythology and etymology.

Gold Summa Cum Laude:  
H-B Woodlawn: **Jamie Staeben**, Latin I; **Casey Wilson**, Latin II; and **Amanda Hayes**, Latin IV.

Swanson: **Russell Edwards**, **Julia Windham**, **Jacob Stowell**, **Kara Probasco**, **Ben Grimmelbein** and **Livia Polise**, Latin I; **Momoka**



PHOTOS BY LASHAWN AVERY-SIMON/THE CONNECTION

## Supporting Yorktown Crew

**The Yorktown High School crew car wash raises money for crew expenses and a new boat every year. The car washes are held at 2517 N. Glebe Road.**

**Keicho, Daniel O'Connor, James Gusmer, Charlotte Maskelony, Arai Long, Jade Riopelle, Kelsey Wengert, Margaret Hirschberg, Madeline Albro, Julian Hayes, Cassia Block, Vincent McGean and Sophia Kingsley**, Latin II.

Williamsburg: **Laura Crawford, Reilly Tickle** and **Sophia Warnement**, Latin II.

Washington Lee: **Madeleine Dougherty** and **Yvonne Thomason**, Latin I; **Winston Stemler**, Latin II; **Andrew Fleckenstein, Apollo Yong, Zephren Collinson, Lydia Cawley, Matthew Dabu, Enkhgerel Baasandorj, Lilyanna Patton, Timothy Fry and James Berlin**, Latin III; **Ian White**, Latin IV; **Caitlin Fitzsimmons**, Latin V.

Yorktown: **Isabelle Wal** and **Kristopher Heaton**, Latin I; **Jacqui**



**Amy Butler and Diana Lehane stand on Old Dominion Road as they hold up signs to support the Yorktown High School crew car wash.**

**Anders**, Latin II; **Griffin Romanek**, Latin IV; **Joseph Orttung** and **Nicholas Rudman**, Latin V.

TJHSST: **Marcus Alder** and **Nolan Kataoka**, Latin III-IV Prose; **Caroline Culberson** and **Jack Morris**, Latin II; **Sienna Lotenberg** and **David Soukup**, Latin III-IV Poetry; **Robert Wharton**, Latin V.

Silver Maxima Cum Laude:  
Gunston: **Tom Byron**, Latin I.  
H-B Woodlawn: **Tori Auerhan**, Latin I; **Aiden Walker** and **Siena Grevatt**, Latin II; **Whit Jacobs**, Latin V.

Jefferson: **Aidan Endo**, Latin I.  
Swanson: **Susan Czach** - Latin I; **Joseph Myers, Lauren Snyder, Owen Alfaro and Leonie Alder**, Latin I; **Kilian Morgan, Bryce Rusk and Nolen Wine**, Latin II.

Williamsburg: **Nick Bowers, Jaya Kambhampaty, Elizabeth Noe and James Yun**, Latin I; **Julian Gruver**, Latin II.

Washington-Lee: **Lucas Mendes**, Latin I; **Benjamin Cannon, Daphne Martin** and **Peter Falamour**, Latin III; **Jeffrey Kruger, Claire Spaulding, Samuel Grimmelbein and Luke Grimmelbein**, Latin IV.

Yorktown: **Andrew Acs**, Latin I; **Katie Maleckar, Brendan Reicherter** and **Anders Juengst**, Latin II; **Celeste Fuentes, Dylan Bailey, Will Donahoe and Alison Gaylord**, Latin III; **Sebe Skladony, Hawkins Clay, Warren McQueary, Sean Mullins, Adam Howard** and

**Joanna Easby**, Latin IV.  
TJHSST: **Merete Lund** and **Peter Foley**, Latin III-IV Poetry; **Sam Veroneau**, Latin III-IV Prose; **Claire Murphy**, Latin III.

Bronze Magna Cum Laude  
Gunston: **Ryan Foster Baird**, Latin I; **Isaac Gamboa** and **Katariina Alanko**, Latin II.

H-B Woodlawn: **Juliana Walker, Dunham Janney, Andrew Heare and Caroline Kassir**, Latin I; **Harley Kalett, Emma Chan and Matteo Dristas**, Latin II; **Margaret Gorman**, Latin IV; **Will Hubbert**, Latin V.

Jefferson: **Malcom Douglass** and **Max Baker-Rosenberg**, Latin I.  
Kenmore: **Matthew Coppolino** and **Sophia Constantine**, Latin II.

Swanson: **Kathryn Moss**, Latin I.  
Williamsburg: **Patrick Cantwell, Will Hicks, Amanda Oh, Michael Pari, Nick Pasternak, Peter Schmidt and Duncan Small**, Latin I; **Isabel Adams, Rachel Geisel and Megan Grieco**, Latin II.

Washington-Lee: **Annie Hatcher**, Latin I; **Sarah Wheeler**, Latin II; **Ruby Grace, Bridgette Cooke, John Doll and Kaelan Brown**, Latin III; **James Mellin** and **Kyle Chipman**, Latin IV; **James Hughes**, Latin V.

Yorktown: **Samuel Holmes, Kate Mullins, Kinzi Harvis, Josh Amery and Samuel Wall**, Latin I; **Olivia Ferrante** and **Joanna Shroeder**, Latin II; **Michael Botis, Jake Th-**

**ompson, Greta Dahlquist** and **Lauren Rutzen**, Latin III; **Marisa Kataoka, Amanda Gaylord** and **James Patton**, Latin V.

Cum Laude:  
Gunston: **Kirk Graham**, Latin I; **Armand Mabry**, Latin II.

H-B Woodlawn: **Eleanor Doyon, Anna Toth, Ned Sieverts, Hannah Soler and Sofia Dimick**, Latin I; **Sophia Anderson**, Latin II; **Jimmy Stinneford**, Latin IV; **Daniel McGlynn**, Latin V.

Jefferson: **Dylan Klapper, Benjamin Hermes, Jonathan Hernandez** and **Annabel Campbell**, Latin I.

Kenmore: **Essi Wonderman**, Latin I.  
Swanson: **Hunter Davies**, Latin I; **Claire Walker and Isabella Laino**, Latin II.

Williamsburg: **Spencer Atkin, Jacob Creskoff, Nico Galdiz, Frank Lackey, Garrett Lusk, Maggie Ryan** and **Cameron Williams**, Latin I; **Will Ayers**, Latin II.

Washington-Lee: **Victoria Castro and Clare Smith**, Latin I; **Maya Sterett, Craig White, Benjamin Jenkins and Mark Varner**, Latin II; **Gavin Obrist**, Latin IV; **Annika MacEwen**, Latin V.

Yorktown: **Maison Newenhouse, Maddie Harple** and **Keegan McCurry**, Latin I; **Lance Johnson, Jessica Taylor** and **Joseph Sible**, Latin II; **Kiana Gryloo, Caroline Bereuter, Sean Muth, Kelly Emson, John Trainum, Mary Gay and Madison Ihrig**, Latin III; **Michael Hanafin** and **Ben Chandadipar**, Latin IV; **Randy Lam and Stephen Klem**, Latin V.

Classical Association of Virginia Exam: **Robert Wharton** 1st place, Advanced Poetry; **Nolan Kataoka** 2nd place, Advanced Prose; Honorable Mentions to **Marcus Alder, Sienna Lotenberg** and **David Soukup**.

Classical Association of the Midwest and South 2013 Translation Contest: **Robert Wharton**, Top Cash Prize Winner.

The Arlington County Council of PTAs and the Arlington School Administrators has announced this year's recipients of the the Arlington County Scholarship fund for Teachers, Inc.: **Morgan S. Burns**, Washington-Lee High School; **Catherine Englund**, HB Woodlawn Secondary Program; **Rachel Fahrenkrug**, Yorktown High School; **Megan Farbman**, Yorktown High School; **Elizabeth Grossmann**, Washington-Lee High School; **Cecilia Ruth Matos**, Wakefield High School; **Malia Rivera** and **Alex Patrick Rockelli**, Yorktown High School; **Malin Serfis**, HB Woodlawn Secondary Program; **Che Espenosa Sheehan**, Wakefield High School; **Eleanor D. Splan**, Washington-Lee High School; **Osmar Alexander Trejo**, Arlington Mill Continuation Program. Recipients of the Arlington School Administration Scholarships, awarded \$1,000 each, are: **Cecelia Matos**, Wakefield High School; **Samantha Spytek**, Wakefield High School; **Catarina Esteves**, Yorktown High School; **Remington Greene**, Yorktown High School; **Carlos Ramos-Quevedo**, H-B Woodlawn Secondary Program; **Jose Berrios**, Arlington Mill High School. The ASA Memorial Scholarship, in memory of Doris Matthews, an assistant principal at Stratford Junior High School and Washington-Lee High School, was awarded to **Carol Jane Burka**, Washington-Lee. The ASA Memorial Scholarship in memory of Leonard Adler who was a long-time administrator and Principal of Henry Elementary was awarded to **Kevin Salvador**, Washington-Lee.

## "FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington's Office of Senior Adult Programs for July 14-20.

**Arlington senior centers:** Aurora Hills, 735 S. 18th St.; Walter Reed, 2909 S. 16th St.; Culpepper Garden, 4435 N. Pershing Dr.; Langston-Brown, 2121 N. Culpepper St.; Lee, 5722 Lee Hwy.; Arlington Mill at Fairlington, 3308 S. Stafford St.; also Madison Community Center, 3829 N. Stafford St.; TJ Comm. Center, 3501 S. 2nd St.

**Senior trips:** Sunday, July 14, Hollywood Casino, Charles Town, W.Va., \$12; Tuesday, July 16, Museum of the Confederacy, Richmond, \$50; Thursday, July 18, Fredericksburg Paddlewheeler and lunch, \$41; Friday, July 19, Bureau of Engraving, D.C., \$8; Saturday, July 20, American Century Theater, "I Do, I Do," \$32. Call Arlington County 55+ Travel, 703-228-4748.

Registration required.

**Recycling in Arlington**, Monday, July 15, 1 p.m., Culpepper Garden. Free. Register, 703-228-4403.

**Senior Boot Camps** begin Monday, July 15 and Thursday, July 18, 8:30 a.m., Walter Reed. \$31.50/8 sessions. Register, 703-228-0955.

**Gentle and traditional hatha yoga classes** begin week of July 15 at senior centers, \$32/8 sessions. Details, 703-228-4721.

**55+ Pilates classes** begin Monday, July 15 at Culpepper G, \$36/8 sessions, Culpepper Garden and Madison. Register, 703-228-4403 (CG), 703-228-0555 (Mad.).

**Retirement living in a hotel**, Tuesday, July 16, 1 p.m., Lee. Free. Register, 703-228-0555.

**Prevent vision loss**, Tuesday, July 16, 10:15 a.m., Walter Reed. Free. Register, 703-228-0955.

# Love after 50: Baby Boomers Need Romance Too

Couple chronicles their online dating experience in new book.

BY MARILYN CAMPBELL  
THE CONNECTION

**O**n a recent Wednesday evening, Mindy Mitchell and her partner, Edward Land, found themselves not only sharing some of the intimate details of their courtship, but also offering advice to other baby boomers who were looking for love. Mitchell, a bespectacled design consultant with cropped, chestnut hair, and Land, a tall, rugged longshoreman with a graying beard and matching receding hairline, were at One More Page Books in Arlington, to read from their newly released book on online dating for boomers.

"There were women who'd had intriguing experiences," said Mitchell. "They asked questions like how to know when someone

puts something in [an online profile] that isn't true or not true anymore. One woman said she found a guy who said he was active, but when she met him, he was using a walker."

Sixty-one-year-old Mitchell of Reston and 63-year-old Land of Hampton recently published "Lube of Life: A Tribute to Sex, Love and the Pursuit of Happiness in the Boomer Age," a tome that chronicles their online

dating adventure. They hope their story will inspire other single baby boomers who are searching for mates. "Dating in your 60s is a lot different than dating in the 1960s, to be sure," said Mitchell, who works as a design consultant at Sun Design Remodeling Specialists, Inc. in Burke. "Our message is one of hope and the courage to try one more time. Life is just too short."

Land, whose wife died prematurely of heart failure after 22 years of marriage, decided to try online dating because he was lonely: "I had been on my own for a year and a half and I missed the company of a sweetheart. I've always enjoyed the company of ladies."

Mitchell, who has been divorced twice, noticed Land's online profile, and though she found him attractive, the two became only friends at first. "Mindy and I were just buddies because she lived too far away," said Land.

"We became friends to help each other and give each other dating advice," Mitchell

SEE COUPLE, PAGE 13



PHOTO COURTESY OF MELISSA WINN PHOTOGRAPHY

**Mindy Mitchell of Reston and Edward Land of Hampton share expertise from their new book, "Lube of Life: A Tribute to Sex, Love and the Pursuit of Happiness in the Boomer Age," during a reading at One More Page Books in Arlington.**

**Say yes to contacts today,**  
and help your teen's confidence grow.

**93% of teens agree they feel more confident**  
about how they see themselves when wearing  
1-DAY ACUVUE MOIST Brand Contact Lenses.

**Ask your doctor today**

**1-DAY ACUVUE MOIST**

**NORTHERN VIRGINIA DOCTORS OF OPTOMETRY**

**FREE Daily Disposable Contact Lenses!!!**

Bring this ad in to get a  
30 day supply of 1-DAY ACUVUE MOIST Brand Contact Lenses or 1-DAY ACUVUE MOIST Brand Contact Lenses for ASTIGMATISM for **FREE** with an annual supply purchase of any ACUVUE product.\*

\*Courtesy of Northern Virginia Doctors of Optometry.

Please call one of our four convenient locations to schedule an eye exam.

<b>Alexandria</b> 703.660.9494	<b>Arlington</b> 703.413.1400
<b>Falls Church</b> 703.573.1200	<b>Reston</b> 703.467.9080

**Important information for contact lens wearers:** ACUVUE Brand Contact Lenses are available by prescription only for vision correction. An eye care professional will determine whether contact lenses are right for you. Although rare, serious eye problems can develop while wearing contact lenses. To help avoid these problems, follow the wear and replacement schedule and the lens care instructions provided by your eye doctor. Do not wear contact lenses if you have an eye infection, or experience eye discomfort, excessive tearing, vision changes, redness or other eye problems. If one of these conditions occurs, contact your eye doctor immediately. For more information on proper wear, care and safety, talk to your eye care professional and ask for a Patient Instruction Guide, call 1-800-843-2020 or visit [acuvue.com](http://acuvue.com).  
ACUVUE, 1-DAY ACUVUE MOIST and LACREON are trademarks of Johnson & Johnson Vision Care, Inc.  
©Johnson & Johnson Vision Care, Inc. 2013

# WGCC Swim Team Coasts to Decisive Wins

**T**he Washington Golf and Country Club Lightning hosted Congressional and Army-Navy in two separate Division-A dual-meets this week and dominated the competition in both matchups.

On Tuesday night, the Lightning swam against Congressional, winning 326-126. One of the highlights of the meet was WGCC's annual tradition of honoring its graduating senior swimmers. This year, the Lightning gave a rousing send-off to four of its long-time swimmers: Amanda Didawick (will be swimming at Division I University of North Carolina-Wilmington in the fall), Laine Hamilton (James Madison University), Mason Nassetta (University of Virginia) and Daniel O'Berry (Bowdoin College).

Triple winners against Congressional were: Richard Gentry (boys' 12&U IM, back and 14&U breast); Kiera Johnson (girls' 8&U free, back and fly); and Conner McCarthy (boys' 8&U free, breast and fly). Double winners for WGCC were: Jillian Johnson (girls' 12&U IM and fly); Amanda Didawick (girls' 18&U IM and back); Chris Outlaw (boys' 18&U IM and free); Thomas Outlaw (boys' 12&U free and fly); Carson Wood (boys' 14&U free and back); Pamela Grace von Seelen (girls' 10&U back and breast); and Jack Carman (boys' 10&U breast and fly). Single winners were: Avery Nassetta (girls' 10&U Free); Peter Moore (boys' 10&U back); Cate Barrett (girls' 12&U back); Daniel O'Berry (boys' 18&U back); Rowan Clancy (girls' 8&U breast); Angus Ricks (boys' 12&U breast); Faith Palmer (girls' 14&U breast); Mike Poppalardo (boys' 18&U breast); Helen Otteni (girls' 10&U fly); Zander Zidlicky (boys' 14&U fly); and Ryan Baker (boys' 18&U fly).

The Lightning's strength and depth were particularly evident in the relay events — WGCC won every single one. Winning relay teams for WGCC were: girls' junior medley (Barrett, von Seelen, Olivia Tripodi, and K. Johnson); boys' junior medley (Zidlicky, Carman, T. Outlaw, and McCarthy); girls' senior medley (Didawick, Palmer, J. Johnson, and A. Nassetta); boys' senior medley (Baker, Gentry, Wood, and Moore); girls' 200-meter mixed-age freestyle (K. Johnson, A. Nassetta, Lindsay Lukehart, Tripodi, and Didawick); and the boys' 200-meter mixed-age freestyle (Sean Curran, Moore, Gentry, Wood, and Baker).

On Thursday night, the Battle of Glebe Road was fought in the pool as WGCC took on its cross-town rivals Army-Navy. Again, the Lightning dominated and WGCC won by a score of 310-142.

Triple winners for WGCC were: Cate Barrett (girls' 12&U IM, free and back); Richard Gentry (boys' 12&U IM, back and boys' 14&U breast); Conner McCarthy (boys' 8&U free, breast and fly); Jack Carman (boys' 10&U free, breast and fly); and Zander Zidlicky (boys' 14&U free, back and fly). Double winners for WGCC were: Chris Outlaw (boys' 18&U IM and free);



WGCC swim team shows they're superheroes at team spirit — and at swimming.



WGCC's graduating seniors: Mason Nassetta, Daniel O'Berry, Amanda Didawick and Laine Hamilton.

Kiera Johnson (girls' 8&U back and fly); and Ryan Baker (boys' 18&U back and fly). Single winners were: Rowan Clancy (girls' 8&U free); Avery Nassetta (girls' 10&U free); Carson Wood (boys' 14&U free); Sean Curran (boys' 8&U back); Lily Darcey (girls' 8&U breast); Petie Nassetta (girls' 12&U breast); Meredyth von Seelen (girls' 14&U breast); Mike Poppalardo (boys' 18&U breast); Jillian Johnson (girls' 12&U fly); Thomas Outlaw (boys' 12&U fly); and Kirby Nassetta (girls' 18&U fly).

Once again, the Lightning proved dominant in the relays. Winning relay teams were: girls' junior medley (Barrett, Pamela Grace von Seelen, Olivia Tripodi, and K. Johnson); boys' junior medley (Zidlicky, Carman, T. Outlaw, and McCarthy); girls' senior medley (Didawick, Faith Palmer, J. Johnson, and A. Nassetta); boys' senior medley (Baker, Gentry, Wood, and Peter Moore); and the boys' 200-meter mixed-age freestyle (McCarthy, Carman, T. Outlaw, Zidlicky, and C. Outlaw).

WGCC has a bye this week. Next week, they have their last dual-meet against Division-A rival Columbia, and they also head back to Kenwood for Divisional Relays.



Jack Burke swims the 8&U breaststroke for WGCC.



WGCC swimmer Sasha Fedorchak congratulates a competitor on a job well done.



WGCC 8&U boys celebrate two Lightning wins this week.

## AKC Comes Up Short Against Chase Club

The Arlington Knights of Columbus Holy Mackerels were defeated 240.5-202.5 by the Chase Club Sharks in a June 29 Colonial Swimming League Blue Division meet in Arlington. A tight meet through the individual events, the Sharks ultimately pulled away during the team relays.

Mac Marsh continued his strong season for the Holy Mackerels by winning all three of his individual events. He also lowered three team records he established the prior week, in the boys age 8-under 25-meter breaststroke (22.60 seconds), the 8-under 25-meter butterfly (18.11) and the 8-under 100-meter individual medley (1:42.35).

Double individual event winners for the Mackerels were: Caitlin Anderson, Caitlin Sughrue and Maggie Sughrue. Swimmers earning single wins were: Kathleen Butler, Samuel Hughes, Lucy Khlopin, Lucas Moreno and Zach Rosenthal.

The boys' age 8-under 100-meter medley team of Tres Muckleroy, Sully Atkin, Marsh and C.J. Agulles swam to a team-record

time of 1:35.11. Meanwhile, a new mark was set in the boys' 15-18 200-meter medley relay (2:05.59) for the second week in a row, this time by Nicolas Reeves, Matias Moreno, Dylan Finnegan and Shahan Jayasinghe. Reeves also lowered his team record in the boys' 15-18 50 meter backstroke (31.34). AKC next swims July 6 against Armfield Farm in Chantilly.

## Overlee Beats McLean in Week 2

The Overlee Flying Fish improved to 2-0 with a win in Week 2 of NVSL swimming.

Overlee defeated McLean 224.5-195.5. While no records were made, 12 Overlee swimmers brought home first-place finishes. Double winners for Overlee were: Lindsay Bowers, Jonathan Day, Suzanne Dolan, Audrey Hartel, Michaela Morrison, Ellie Ridgeway and Tate Rusby-Wood. Single winners were: Brady Almand, Lauren Hartel, Paul Kinsella, Maggie Shipley and Ryan York.

Overlee has its first home swim meet next week with Vienna Aquatic Club in Week 3.

# Couple Chronicles Online Dating Experience in New Book

FROM PAGE 11

added. "We ended up having all of these long conversations and connected energetically. Then one day, I blurted out, 'Why don't we meet?'"

The book chronicles the evolution of their relationship from chums to lovers through a series of emails, text messages and dialogues. They share some of their innermost apprehensions with readers, their insecurities, thoughts and feelings, such as their first face-to-face meeting.

"I decided that I'd really like to have sex one more time before I die," said Mitchell. "We set up this time to meet for sex. If sex is like riding a bicycle, I wanted Edward to be my training wheels." She does offer a caveat, however: "That is not like me and I don't want to put it out there as a recommendation. You have to be careful. I had a background check [done] on him before we met."

When publisher Roseann S. Lentin of Turn

the Page Publishing first heard Mitchell and Land's story, she knew it was a book in the making. "Now that baby boomers have a life expectancy that is now in the 90s, they are ready to have more of a revolutionary spirit," said Lentin. "The book was to be an inspiration for people to get back on the horse and get out there again."

Mitchell and Land say it is important to share details of their relationship in order to debunk some of the myths around online dating in one's golden years. "I think many

baby boomers are uncomfortable with it," said Mitchell. "We talked to so many people of our age. There were so many angry people who said, 'Why do I have to go online to do this?' For a woman, it is more about facing your own fears. Men often want younger women."

Ioana Boie, Ph.D., an assistant professor of counseling at Marymount University in

Arlington says romantic relationships are important as people age. She also believes in removing some of the trepidation that often surrounds such discussions. "I think romantic relationships are a human need. We are relational beings," she said. "I don't think that people reach 70 and say, 'I don't want to be involved with anyone.' I believe romantic relationships mold who we are, offer support and help us be well."

John Martin of the online dating service Senior Match.com believes that an increasing number of those older than 50 are open to online dating as a way of finding a romantic partner. "I myself have met some terrific women online," he said in a statement. "In fact, it is now my preferred way to meet women by far. Plus, I personally know many people who have found their husbands, wives, boyfriends or girlfriends through an online dating service. This is one

of the reasons I believe that the older population is feeling better about using the Internet to find someone."

Mitchell and Land underscore the importance of safety and honesty when using online dating websites: "There are people who are predatory and pick up on people's insecurities. Do a background check, especially as a woman," Mitchell said.

Land recommends a straightforward approach: "Be honest with yourself and the online community," he said. "It is pointless to tell people things that are not true. Have faith in yourself. Decide what is important to you, things you won't accept [and] what's negotiable."

Land and Mitchell are on a whirlwind tour promoting their book and sharing their wisdom. "The bottom line is not lose hope, and don't give up," said Land. "If you don't buy a ticket you can't win."

**"Dating in your 60s is a lot different than dating in the 1960s, to be sure. Our message is one of hope and the courage to try one more time. Life is just too short."**

**— Mindy Mitchell, coauthor of "Lube of Life: A Tribute to Sex, Love and the Pursuit of Happiness in the Boomer Age"**

## Grant To Fund Recess Program for Schools

Arlington Public Schools has received an \$18,000 grant to fund Active Recess Programs in coordination with Arlington County and Marymount University. The two-year grant was funded by the Virginia Foundation for Healthy Youth to increase children's activity levels during the school day and combat childhood obesity.

Hoffman-Boston Elementary School is the first site for the full Active Recess program. In addition to Hoffman-Boston, APS has prioritized a list of schools to receive recess cart equipment and pavement markings for next year: Drew, Abingdon, Carlin Springs, Randolph, and Barcroft elementary schools. A pilot program was recently completed at Carlin Springs and Key elementary schools to test the Active Recess program.

## Visit These Houses of Worship

Join A Club, Make New Friends, or Expand Your Horizons...

<p><b>Anglican</b> Restoration Anglican Church...703-527-2720</p> <p><b>Assemblies of God</b> Arlington Assembly of God...703-524-1667 Calvary Gospel Church...703-525-6636</p> <p><b>Baptist</b> Arlington Baptist Church...703-979-7344 Bon Air Baptist Church...703-525-8079 Cherrydale Baptist Church...703-525-8210 First Baptist of Ballston...703-525-7824 McLean Baptist Church...703-356-8080 Memorial Baptist Church...703-538-7000 Mt. Zion Baptist Church...703-979-7411 Westover Baptist Church...703-237-8292</p> <p><b>Baptist - Free Will</b> Bloss Memorial Free Will Baptist Church...703-527-7040</p> <p><b>Brethren</b> Church of The Brethren...703-524-4100</p> <p><b>Buddhist</b> The Vrajayogini Buddhist Center...202-331-2122</p> <p><b>Catholic</b> St. Luke Catholic Church...703-356-1255 St. Agnes Catholic Church...703-525-1166 Cathedral of St Thomas More...703-525-1300 Holy Transfiguration Melkite Greek Catholic Church...703-734-9566 Our Lady of Lourdes...703-684-9261 Our Lady Queen of Peace Catholic...703-979-5580 St Ann Catholic Church...703-528-6276</p>	<p>St. Charles Catholic Church...703-527-5500</p> <p><b>Vatican II Catholic Community</b> NOVA Catholic Community...703-852-7907</p> <p><b>Church of Christ</b> Arlington Church of Christ...703-528-0535 <b>Church of God - Anderson, Indiana</b> Church of God...703-671-6726</p> <p><b>Christian Science</b> McLean - First Church of Christ, Scientist...703-356-1391 First Church of Christ, Scientist, Arlington...703-534-0020</p> <p><b>Episcopal</b> St. Andrew Episcopal Church...703-522-1600 St. George Episcopal Church...703-525-8286 St. Johns Episcopal Church...703-671-6834 St. Mary Episcopal Church...703-527-6800 St Michael S Episcopal Church...703-241-2474 St Paul Episcopal Church...703-820-2625 St Peter's Episcopal Church...703-536-6606 St Thomas Episcopal Church...703-442-0330 Trinity Episcopal Church...703-920-7077</p> <p><b>Lutheran (ELCA)</b> Advent Lutheran Church...703-521-7010 Faith Lutheran Church...703-525-9283 German Lutheran Church...703-276-8952 Lutheran Church of The Redeemer...703-356-3346 Resurrection Lutheran Church...703-532-5991</p> <p><b>Lutheran (Missouri Synod)</b> Our Savior Lutheran Church...703-892-4846</p>	<p><b>Nazarene</b> Arlington First Church of the Nazarene...703-525-2516</p> <p><b>Non-Denominational</b> New Life Christian Church - McLean Campus...571-294-8306</p> <p><b>Metaphysical</b> Arlington Metaphysical Chapel...703-276-8738</p> <p><b>Orthodox</b> St. Luke Serbian Orthodox Church...703-893-1759</p> <p><b>Presbyterian</b> Arlington Presbyterian Church...703-920-5660 Church of the Covenant...703-524-4115 Clarendon Presbyterian Church...703-527-9513</p> <p>Little Falls Presbyterian Church...703-538-5230 Trinity Presbyterian Church...703-536-5600 Westminster Presbyterian...703-549-4766</p> <p><b>Presbyterian Church in America</b> Christ Church of Arlington...703-527-0420</p> <p><b>Synagogues - Conservative</b> Congregation Etz Hayim...703-979-4466</p> <p><b>Synagogues - Orthodox</b> Fort Myer Minyan...703-863-4520 Chabad Lubavitch of Alexandria-Arlington...703-370-2774</p> <p><b>Synagogues - Reconstructionist</b> Kol Ami, the Northern Virginia Reconstructionist Community...571-271-8387</p> <p><b>Unitarian Universalist</b> Unitarian Universalist Church of Arlington...703-892-2565</p> <p><b>United Methodist</b> Arlington United Methodist Church...703-979-7527 Trinity United Methodist Church of McLean...703-356-3312 Charles Wesley United Methodist...703-356-6336 Calvary United Methodist...703-892-5185 Cherrydale United Methodist...703-527-2621 Chesterbrook United Methodist...703-356-7100 Clarendon United Methodist...703-527-8574 Community United Methodist...703-527-1085 Mt. Olivet United Methodist...703-527-3934 Walker Chapel United Methodist...703-538-5200</p> <p><b>United Church of Christ</b> Bethel United Church of Christ...703-528-0937 Rock Spring Congregational United Church of Christ...703-538-4886</p>
---	--	--

**Saint Ann Catholic Church**

<p><b>SUNDAY LITURGY SCHEDULE:</b> Saturday Vigil: 5:30 PM Sunday: 8:00, 9:30, 11:00 AM 1:30 PM Spanish Liturgy 5312 North 10th Street Arlington Virginia 22205 Parish Office: (703) 528-6276</p>	<p><b>DAILY EUCHARIST:</b> Weekdays Monday-Friday, 6:30 AM &amp; 8:30 AM Saturday, 8:30 AM</p>
---	--

**All Are Welcome!**

**PARISH WEBSITE:**  
[www.rc.net/arlington/stann](http://www.rc.net/arlington/stann)

To highlight your Faith Community, call Karen at 703-778-9422

**Free Estimates!**  
Patios, Walls, Walkways,  
Paver Driveways, Landscaping  
and So Much More!

<p><b>Blooming Tropicals</b> <b>25% Off</b> includes Mandevilla Jasmine Gardenia</p>	<p><b>Refresh Your Garden</b> Fresh New 6"-8" Annuals Just Arrived! 4" Annuals - 1/2 Price</p>
<p><b>Japanese Maples</b> <b>30% OFF</b> Over 200 Varieties</p>	<p><b>25% Off</b> Early Blooming Shrubs &amp; Perennials</p>
<p><b>Citrus, Fruit Trees, Blueberries &amp; Herbs</b></p>	<p><b>25% Off</b> <b>All Hostas</b> over 150 varieties</p>
<p><b>50-65% Off Pottery</b> Washington Area's Biggest Selection</p>	<p><b>Bulk Mulch, Playground Chips &amp; Compost</b> <b>\$29.99/cu. yd.</b></p>

**Cravens Nursery & Pottery**

**9023 Arlington Blvd., Fairfax, Virginia**  
2 miles west of I-495 on Rt. 50,  
1 mile from I-66 (Vienna Metro)

**703-573-5025**  
Open 7 days a week  
Visit our new Web site:  
[www.cravensnursery.com](http://www.cravensnursery.com)

Follow us:

**CARPENTRY**

**BRAD AND SONS CONTRACTING**  
Highly skilled carpentry/handyman services specializing in drywall, interior/exterior remodeling, cabinets, deck resurfacing & much more. Call Brad for free estimate 703-929-6796 or visit: [bradandsonscontracting.com](http://bradandsonscontracting.com)

**CARPENTRY**

**R&N Carpentry**  
◆BASEMENTS ◆BATHS ◆KITCHENS  
Foreclosure specialist/Power washing  
◆Exterior Wood Rot More!  
Deck & Fence repair, Screen Porches  
No jobs too large or small  
Free est. 37 yrs exp. Licensed, Insured  
**703-987-5096**

**HAULING**

**AL'S HAULING**  
Junk & Rubbish  
Concrete, furn., office, yard, construction debris  
Low Rates NOVA  
**703-360-4364**  
**703-304-4798** cell  
7 DAYS A WEEK

**LANDSCAPING**

**ANGEL'S LAWN SERVICE**  
Junk Removal,  
Tree Work, Roofing  
**703-863-1086**  
**703-582-3709**  
**240-603-6182**

**26 Antiques**

We pay top \$ for antique furniture and mid-century Danish/modern teak furniture, STERLING, MEN'S WATCHES, jewelry and costume jewelry, paintings/art glass/clocks. Schefer Antiques @ 703-241-0790. Email: [theschefer@cox.net](mailto:theschefer@cox.net)

**116 Childcare Avail.**

Lovely and experienced nanny looking for a job in the McLean, Great Falls, Vienna or Oakton area, excellent references available upon request, clean criminal record, CPR certified, English and Spanish fluent. Ready to start at anytime, sooner the better. Call Jackie Davila 703-496-6806.

**CLEANING**

**A CLEANING SERVICE**  
Since 1985/Ins & Bonded  
Quality Service at a Fair Price  
Satisfaction Guaranteed-  
Angies List 2011-Super Service Award!  
Comm/Res. MD VA DC  
[acleaningserviceinc.com](http://acleaningserviceinc.com)  
**703-892-8648**

**IMPROVEMENTS**

**R.N. CONTRACTORS, INC.**  
Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting  
We Accept All Major Credit Cards  
Licensed, Insured, Bonded • Free Estimates • Class A Lic  
Phone: 703-887-3827 Fax: 703-830-3849  
E-mail: [rncontractorsinc@gmail.com](mailto:rncontractorsinc@gmail.com)  
[www.rncontractors.com](http://www.rncontractors.com)

**LANDSCAPING**

**J. REYNOLDS** 703.919.4456  
Landscaping LLC Free Estimates  
Licensed / Insured  
[www.ReynoldsLandscapingOnline.com](http://www.ReynoldsLandscapingOnline.com)

**INSTALLATION SPECIALIST** Paver & Flagstone Patios / Walkways Retaining Walls Stacked Field Stone Plants / Trees / Shrubs

**WET BASEMENT / WET YARD** Water Proofing Foundations Standing Yard Water French Drains / Swales Downspout Extensions Dry River Beds

\*No sub-contractors, or day laborers. \*15 Years Designing and Installing \*The Owner is physically on your job site. \*On time and Professional.

**101 Computers**

**101 Computers**

**HDI COMPUTER SOLUTIONS**  
JENNIFER SMITH ♦ Serving the Area Since 1995

- Speed up Slow Computers
- Troubleshooting
- Virus Removal
- Computer Setup

(571) 265-2038 ♦ [jsmithhdi@aol.com](mailto:jsmithhdi@aol.com)

**ELECTRICAL**

**K&D ELECTRIC**  
COMMERCIAL / RESIDENTIAL SERVICE  
Family Owned & Operated

Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabeling Service Upgrades Hot Tubs, etc...

Licensed/Bonded/Insured  
Office 703-335-0654  
Mobile 703-499-0522

**The HANDYMAN**  
A DIVISION OF NURSE CONSTRUCTION

BATHROOM REMODELING, DRYWALL, PAINTING, CERAMIC TILE, CARPENTRY, POWER WASHING & MUCH MORE

You have tried the rest - NOW CALL THE BEST!!  
Proudly serving Northern VA - 46 yrs. exp.  
Licensed Insured We Accept VISA/MC  
**703-441-8811**

**MASONRY**

**ALBA CONSTRUCTION INC.**  
CONCRETE WORK  
Licensed • Insured  
Driveways • Patios • Exposed Aggregate  
Sidewalks • Carports • Pool Decks • Garages  
Flagstone • Brick • Stonework  
**703-204-0733**

**HOME & GARDEN**  
CONNECTIONNEWSPAPERS.COM CONTRACTORS.com

**GUTTER**

**GUTTER CLEANING**  
Gutters and Downspouts Cleaned  
Small Repairs • Gutter Guards

**PINNACLE SERVICES**  
lic/ins 703-802-0483 free est.  
email [jamie@lawnsandgutters.com](mailto:jamie@lawnsandgutters.com)  
web: [lawnsandgutters.com](http://lawnsandgutters.com)  
Friendly Service with a Friendly Price!

**A&S Landscaping**

- All Concrete work
- Retaining Walls • Patios
- Decks • Porches (incl. screened) • Erosion & Grading Solutions
- French Drains • Sump Pumps
- Driveway Asphalt Sealing

**703-863-7465**  
LICENSED  
Serving All of N. Virginia

**MASONRY**

3rd Generation Masonry Company  
Family Owned & Operated Since the 1950s

**MASONRY SPECIALIST, LLC**  
For All of Your Masonry Needs  
Custom Design, Installation, Repairs & Restoration

**BRICK - FIELDSTONE**  
**FLAGSTONE - CONCRETE**  
EP Henry & Belgard Pavers  
Patios, Walkways, Driveways, Retaining & Decorative Walls  
**703-443-2308**

Go to [www.masonryspecialist.com](http://www.masonryspecialist.com) for ideas, pictures & coupons!  
All Work Guaranteed - Licensed & Fully Insured  
Class A License #VA2705087240A

**HAULING**

**ANGEL'S HAULING**  
Junk Trash Removal, Yard/Construction Debris, Garage/Basement Clean Out, Furniture & Appl.  
**703-863-1086**  
**703-582-3709**  
**240-603-6182**

**PAVING**

**Joseph Sealcoating Specialist**  
**PAVING**  
35 Years Experience! Free Estimates!  
**703-494-5443**

**HANDYMAN**

**Hand and Hand Handyman**

General Remodeling  
Residential & Commercial  
Specializing in:  
Kitchen/Bathroom/Basement Remodeling  
Plumbing • Electrical • Custom Carpentry  
Doors Windows • Hardwood Floors  
Crown Molding • House Cleaning  
Interior/Exterior Painting • Brick/Stone Work  
Ceramic Tile • Decks, Fences, Patios  
HOA Maintenance, Granite Counter Tops  
Realtors Work and Much More

Licensed and Insured Serving Northern Virginia  
**703-296-6409**

**LAWN SERVICE**

**PINNACLE SERVICES, INC.**  
LAWN SERVICE  
MOWING, TRIMMING, EDGING,  
MULCHING & TRIM HEDGES  
Friendly Service for a Friendly Price  
**703-802-0483**

**PAINTING**

**ALWAYS PERFECT PAINTING AND PLASTERING**  
Carpentry, refinishing hardwood floors  
Color specialist  
Help with Decorating ideas  
Interior & Exterior  
We care about doing a great job  
Kathleen Hunter 703-618-1967

**LANDSCAPING**

**A&S LANDSCAPING**  
Planting • Mulching • Sodding  
Patios • Decks • Driveway Sealing, Asphalt • Retaining Walls  
Erosion Control • Drainage Solutions  
**703-863-7465**

**TREE SERVICE**

**ANGEL'S TREE REMOVAL**  
Brush & Yard Debris  
Trimming & Topping  
Gutters & Hauling  
[Angeltreeslandscaping-hauling.com](http://Angeltreeslandscaping-hauling.com)  
**703-863-1086**  
**703-582-3709**  
**240-603-6182**

**IMPROVEMENTS**

**Picture Perfect Home Improvements**  
(703) 590-3187 [www.pyphionline.com](http://www.pyphionline.com)

Remodeling Bathrooms, Kitchens & Basements

- FREE Estimates
- FAST & Reliable Service
- EASY To Schedule
- NO \$\$\$ DOWN!

Exterior & Interior Repair, Painting, Carpentry, Wood Rot, Drywall, All Flooring, Decks  
Handyman Services Available  
"If it can be done, we can do it!"  
Licensed — Bonded — Insured

**LAWN SERVICE**

**ANTONIO LAWN & LANDSCAPING**  
Spring Cleanup • Lawn Mowing • Edging  
Mulching • Planting • Patios  
Expert Trimming & Removal • New Beds Made  
Outline/Extend Existing Beds  
Repairs • New Installations • & Much More  
**CALL NOW FOR FREE ESTIMATE**  
**571-201-5561**

**PAINTING**

**STRONG PACE CONTRACTORS**  
21 Yrs Exp. Class A License  
Painting, Remodeling Specialists  
**703-328-6067**  
**703-750-0749**

**ROOFING**

**ROOFING**

**Falcon Roofing**  
Roofing & Siding (All Types)  
Soffit & Fascia Wrapping  
New Gutters • Chimney Crowns  
Leaks Repaired  
No job too small  
**703-975-2375**  
[falconroofinginc.com](http://falconroofinginc.com)

# CLASSIFIED

703-917-6400

ZONE 6 AD DEADLINE:  
MONDAY NOON

# EMPLOYMENT

21 Announcements 21 Announcements 21 Announcements

## AMERICALAWGROUP.COM with 13 Virginia Offices BANKRUPTCY\* or DEBT ADJUSTMENT\*

For help call 804 Debt Law (332-8529) Debt Relief Agency

Plain & Simple **DIVORCE\*** Easy Payments

Separation Agreements. **804-245-7848** Agreed custody & support.

Social Security **DISABILITY\*** Veteran Disability

\*Call for fees & restrictions. America Law Group Inc.

7825 Midlothian Pike, Richmond 23235 Jfellows

## WET BASEMENT??? CRACKED WALLS???

We Fix: Basements, Crawlspace,  
Cracked/Settling Foundations, Bowing Walls

**800-772-0704**



**FREE ESTIMATES**

Serving you since 1972 Call Now! 10% Limited Time Coupon  
Some Restrictions Apply

## Hatteras Island Vacations



Nearly 600 Vacation Homes  
on Cape Hatteras National  
Seashore. Oceanfront to  
Soundfront. Private Pools, Hot  
Tubs, Pets and more!

Book Online at [HatterasRealty.com](http://HatterasRealty.com)

**877-935-0573**

**THIS AD  
FOR SALE!**

Reach across Virginia  
with this ad!  
No other media offers  
the audience of loyal,  
local, repeat readers  
you'll reach through  
community newspapers!

71% of American adults have used a newspaper, a newspaper  
website and/or a newspaper mobile source in the past 30 days.  
(Scarborough Research 2012)

Virginia Press Services will run this business card-size  
display ad across Virginia for one low discounted price.  
For more details, call Adriane at 804-521-7585.



## Wanted Old Guitars!

\$\$\$ **\$100-\$50,000 Cash Paid!** \$\$\$

Collector/Musician wants 1930s-1970s  
Fender, Gibson, Martin, etc.

**Will be in area this week!**

Call Now Free!

**Kevin 1-800-717-6343**

## Hatteras Island Vacations



Nearly 600 Vacation Homes  
on Cape Hatteras National  
Seashore. Oceanfront to  
Soundfront. Private Pools, Hot  
Tubs, Pets and more!

Book Online at [HatterasRealty.com](http://HatterasRealty.com)

**877-935-0573**

### BUSINESS OPP

#### TELEPHONE A great opportunity to WORK AT HOME!

NATIONAL CHILDRENS CENTER  
No sell! Salary + Bonus + Benefits!  
**301-333-1900**  
Weekdays 9-4

### BUSINESS OPP

#### TELEPHONE A great opportunity to WORK AT HOME!

NATIONAL CHILDRENS CENTER  
No sell! Salary + Bonus + Benefits!  
**301-333-1900**  
Weekdays 9-4

#### ASSISTANT

Assistant for invoicing, financial  
functions: \$23.00 per hour  
Hours: 15 to 20 per week,  
mostly in latter part of week.  
Looking for long term employee.  
McLean office.  
Accounting experience not required.  
Send resume to [ocummings@flexrn.com](mailto:ocummings@flexrn.com)

#### PT DRIVER

The Madeira School in McLean is in  
search of a part-time driver on  
Wednesdays for the 2013-14 school year  
to transport students to and from their  
internships. Need to be available from  
7:30 - 10:00 a.m. & 3:00 - 6:00 p.m.  
Must have valid driver's license, clean  
driving record, drive 14 passenger bus &  
familiar with DC Metro area. Please  
email or send letter of interest/resume  
to The Madeira School, [hr@madeira.org](mailto:hr@madeira.org)  
or call 703-556-8260 for  
additional details.

#### WE ARE COMFORT KEEPER®

EXPERIENCE THE JOYS AND REWARDS

*Of Being A Comfort Keeper®*

HERE IS A JOB THAT IS FULFILLING IN MORE WAYS  
THAN ONE! We are looking for Companions and CNA's to  
help our clients remain independent in their homes. Weekends,  
Short Shifts and Driving Live ins. To learn about becoming a  
Comfort Keeper visit us at [www.BeAComfortKeeper.com](http://www.BeAComfortKeeper.com)



**703-591-7117 X128**

Over 600 independently owned & operated offices worldwide



**ace temporaries, inc.**  
construction and industrial labor

Ace Temporaries, Inc. is aggressively hiring  
for all positions! We have positions on all shifts  
available for:

Construction Labor

Industrial/Warehouse Labor

Landscaping

Road Crew Labor

Earn anywhere from \$8.25/hour to over  
\$10.00/hour! Working drivers with their  
own cars make \$8.25/hour or more!

We are conveniently located at:

2310 S. Walter Reed Drive  
Arlington, VA 22206  
(703) 246-1403

**-- Daily Work for Daily Pay --**

### Employers:

Are your  
recruiting ads  
not working in  
other papers?

Try a better  
way to fill  
your  
employment  
openings



• Target your best job  
candidates where  
they live.

• Reach readers in  
addition to those  
who are currently  
looking for a job.

• Proven readership.

• Proven results.



**703-917-6464**

[classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com)

Great Papers • Great Readers  
Great Results!

## Been There, Doing That



By KENNETH B. LOURIE

I.V. chemotherapy, that's what; and I'm not infusing it for the fun of it, either. I'm infusing it for the potential tumor-shrinking effect of it. It's not my first choice, to be infused, but after four-plus years of miscellaneous treatments, it is one of the few remaining choices I have left. I've had a good run of success though, diagnosis to date; especially considering that it's been 11 months since my last infusion. Since then, it's been a pill a day, 150 MG of Tarceva, which has indeed kept the doctor away. No fuss. No muss. Now, there's likely to be fuss and muss. It's nothing I haven't experienced and dealt with before - being infused - so I know the drill. The outcome, of course, I don't know.

Not that I'm looking forward to the treatment: three weeks on, one week off, etc., but looking backward serves no particular purpose and certainly offers no guarantee of future success. Tolerating the previous infusions as well as I have bodes well, as does my overall good health. However, if I've learned anything in my cancer journey, it is that oncologists, generally speaking, are not in the predicting business. Projecting maybe, but not so much that it anticipates a scenario worth planning for. The process is not exactly wait and see, it's more like treat and see - via the next scan; the anxiety concerning which has been well-chronicled in this space over the past month or so.

And sure enough, the results from this most recent scan were a bit discouraging. For the first time in nearly a year, growth, "slow growth" was apparent (and as my father used to say: "Any way you slice it, it's still ham.") In the cancer business, when the tumors grow after not having grown previously, it generally means the treatment/medication is no longer effective; it's like a tipping point. Therefore, change is necessary. My change is to restart I.V. chemotherapy, and restart with a drug with which my body has not previously been infused and with which the cancer cells are not familiar. Another cancer fact I've learned: once the cancer cells become acquainted, shall we say, with their chemical adversaries, they fail to respond as hoped. Moreover, once the cells have been exposed/treated by a particular drug/cocktail of drugs, the treatment becomes progressively less harmful to the tumor and in turn more likely to cause collateral damage to the patient, making future treatment options challenging. Outliving one's prognosis is wonderful. However, it is akin to - if I may use a football analogy - outkicking your punt coverage: protocols for patients who significantly outlive their prognosis are, unfortunately, few and far between, given the available patient population.

In addition, I'm limited by the irreparable chemotherapy-caused collateral damage I've already experienced. Still, I'm hopeful (25 percent so, as I've been advised by my oncologist). But I remain positive about this new negative. Diagnosis to date, I've responded better than expected to every previous similarly-necessary treatment change I've faced; and other than the reality of the situation, I have no reason to believe otherwise infusing forward.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



Going On  
**NOW**  
At Alexandria  
**Toyota**

**\$1,500** OVER BLACK BOOK  
UP TO TRADE IN VALUE<sup>4</sup>

**0% APR FINANCING**  
ON SELECT NEW MODELS FOR UP TO 60 MONTHS<sup>2</sup>

**OVER 600 VEHICLES AVAILABLE**

**\$2,750** CUSTOMER CASH<sup>3</sup>  
UP TO

1 of only 4 dealerships in  
the country to win Toyota's  
President's Award  
27 years straight!



**ALEXANDRIA TOYOTA/SCION**

BRAND NEW 2013 TOYOTA COROLLA LE

4 DR. SEDAN, 4-SPD. AUTO  
LEASE FOR

**\$169 PER MO.**<sup>1</sup>

36 MOS. \$1,999 DUE AT SIGNING.

27 CITY  
34 HWY<sup>7</sup>



OR 0% APR FINANCING FOR UP TO 60 MO.<sup>2</sup>

JUST ANNOUNCED: \$500 CUSTOMER CASH<sup>3</sup>

BRAND NEW 2013 TOYOTA CAMRY LE

4 DR. SEDAN, 6-SPD. AUTO  
LEASE FOR

**\$199 PER MO.**<sup>1</sup>

24 MOS. \$2,499 DUE AT SIGNING

25 CITY  
35 HWY<sup>7</sup>



OR 0% APR FINANCING FOR UP TO 60 MO.<sup>2</sup>

OR GET \$1,000 CASH BACK<sup>3</sup>

BRAND NEW 2013 TOYOTA RAV4 LE

2WD 4 CYLINDER AUTO.  
LEASE FOR

**\$209 PER MO.**<sup>1</sup>

36 MOS. \$2,999 DUE AT SIGNING.

24 CITY  
31 HWY<sup>7</sup>



PLUS \$500 CASH BACK<sup>3</sup> + \$500 LEASE LOYALTY CASH<sup>8</sup>



**WELCOME TO THE FAMILY**  
BRINGING THE SPORT BACK TO THE CAR

BRAND NEW 2013  
**SCION iQ**  
**\$139 PER MO.**

FOR 36 MONTHS<sup>1</sup>  
\$1,999 due at signing



**0% APR FINANCING  
AVAILABLE<sup>2</sup>**



PRIUS FAMILY IN-STOCK NOW

prius goes plural

UP TO  
95 MPG<sup>7</sup>



**ToyotaCare**

Complimentary maintenance plan  
with roadside assistance.  
• Covers 2 years or 25k miles. Oil and Filter - Tire  
Rotation - Multi-Point Inspection<sup>9</sup>



The Best New Cars Make The Best Used Cars

- 7YR/100K MILE ROADSIDE ASSISTANCE PLAN<sup>†</sup>
- 160 POINT QUALITY ASSURANCE INSPECTION<sup>††</sup>
- CARFAX VEHICLE HISTORY REPORT
- 1.9% APR FINANCING AVAILABLE<sup>†††</sup>
- 12 MO./12K MI COMPREHENSIVE WARRANTY
- 7 YR./100K MI LIMITED POWERTRAIN WARRANTY

**\$500**  
REBATE FOR RECENT  
COLLEGE GRADS<sup>6</sup>

**\$1,000**  
MILITARY REBATE  
INCENTIVE FOR  
ACTIVE MILITARY  
PERSONEL<sup>6</sup>

Jack Taylor's  
**ALEXANDRIA**  
TOYOTA / SCION

**ALEXANDRIA TOYOTA/SCION**  
3750 JEFFERSON DAVIS HWY. | ALEXANDRIA, VA 22305  
1-866-616-8420 | ALEXANDRIATOYOTA.COM  
JUST MINUTES FROM REAGAN NATIONAL AIRPORT!



**Let's  
Go  
Places**

(1) DUE AT SIGNING INCLUDES DOWN PAYMENT (COROLLA: \$1,999; CAMRY: \$2,499; RAV4: \$2,999). FIRST MONTH'S PAYMENT, \$499 PROCESSING FEE AND NO SECURITY DEPOSIT. NOT ALL CUSTOMERS WILL QUALIFY. TAX, REGISTRATION AND INSURANCES ARE EXTRA. CUSTOMER IS RESPONSIBLE FOR EXCESSIVE WEAR AND EXCESS MILEAGE CHARGES OF \$0.15 PER MILE IN EXCESS OF AGREEMENT'S MILES (COROLLA/RAV4: 36,000 MILES; CAMRY: 24,000 MILES). OFFER AVAILABLE ON APPROVED CREDIT TO QUALIFIED CUSTOMERS FROM TOYOTA FINANCIAL SERVICES. (2) 0% APR FINANCING AVAILABLE FOR UP TO 60 MONTHS ON SELECT MODELS. OFFERS FOR WELL-QUALIFIED BUYERS WITH APPROVED TIER1+ CREDIT THROUGH TFS. (3) PURCHASERS CAN RECEIVE UP TO \$2,750 CASH BACK FROM TOYOTA OR CAN APPLY CASH BACK TO DOWN PAYMENT. AMOUNT VARIES PER MODEL. (4) BASED ON BLACK BOOK TRADE VALUE MINUS EXCESS MILEAGE AND RECONDITIONING. (5) COVERS NORMAL FACTORY SCHEDULED SERVICE FOR 2 YEARS OR 25K MILES, WHICHEVER COMES FIRST. THE NEW VEHICLE CANNOT BE PART OF A RENTAL OR COMMERCIAL FLEET. SEE PARTICIPATING DEALER FOR COMPLETE PLAN DETAILS. VALID ONLY IN THE CONTINENTAL UNITED STATES AND ALASKA. (6) COLLEGE GRAD AND MILITARY REBATE AVAILABLE ON APPROVED CREDIT THRU TFS. ELIGIBLE CUSTOMERS MUST BE IN ACTIVE DUTY STATUS IN U.S. MILITARY TO RECEIVE REBATE. (7) 2012 OR 2013 EPA-ESTIMATED MILEAGE. ACTUAL MILEAGE MAY VARY. (†) WHICHEVER COMES FIRST FROM DATE OF TCUV PURCHASE. (††) VALID ON ANY NEW 2013 RAV4. CUSTOMER MUST TRADE IN A TOYOTA VEHICLE TO QUALIFY. (†††) FROM DATE OF TCUV PURCHASE. (††††) 1.9% APR FINANCING ON ALL CPO VEHICLES FOR UP TO 60 MONTHS WITH APPROVED CREDIT ON SELECT MODELS THROUGH TFS. (60) MONTHLY PAYMENTS OF \$17.05 PER \$1,000 BORROWED. ALL OFFERS EXPIRE 7/8/13.