



New Leader at Robinson's Helm

Matt Eline is the new principal of Robinson Secondary School.

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Let the Sparks Fly

Schools

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Lauren Shifrin of Fairfax, graduate of Hayfield Secondary School, now a senior at Old Dominion University who is majoring in human services with a minor in social welfare, was selected for an internship at Youth Villages, a private non profit



Lauren Shifrin

organization dedicated to helping children and families live successfully.

Five Fairfax students have been named to the Dean's List at Boston University for their achievements in the Spring semester: Thomas S. Cohen, Jake W. Cox, Rachel A. Guy, Megan R. Seymour and Merupadevi Williams.

Ishika Khemani, daughter of Geeta and Raju Khemani of Burke, from Kings Glen Elementary School, was awarded the DAR award on June 17.

On May 11, Peter Gibbons of Fairfax graduated from the College of Charleston.

McLaine Christie Prior of Fairfax was named to the Dean's List at Hood College, Frederick, Maryland for her achievements in the spring semester.

Jason Lee of Fairfax High School, Jessica Nguyen of Robinson High School and Luis Paz-Perez of Lake Braddock High School have accepted honors scholarships awarded by Northern Virginia Community College.

Peter Fuyuumelkeda of Fairfax, in the Hankamer School of Business at Baylor University was named to the Dean's Academic Honor List for his achievements in the spring semester.

Rebecca Bajkowski, daughter of Sara and Sonny Bajkowski of Fairfax was inducted into the Phi Betta Kappa honor society and graduated magna cum laude in May from Allegheny College where she majored in biology with a minor in Spanish.

Fairfax Library Foundation has elected to aid these individuals financially in their educational pursuits: Aliya Ahmed Parvez is the Edwin S. Clay, III, Master of Library Science Scholarship winner, receiving award of \$3,500 and will complete her course work at the University of North Texas; Mary Kathryn Kent and Bridget

Rvan are the MLS Scholarship award winners, receiving \$3,000 each. They will continue their degrees at the Catholic University of America; Mathey Albert Beer, Thien Mai, Katherine C. Pietras, Ingrid Thais Quiroz, **Claudia Rojas and Laura Ungare** are the winners of the Fairfax Library Foundation Undergraduate Scholarship, receiving \$1,000 each.

Paula Bobs, graduate of Robinson Secondary School is the recipient of the Dr. Scott H. Leaf award and she will be attending the University of Virginia. Dr. Leaf awards a \$500 scholarship each year to a graduating senior who has been a patient of his practice in Burke.

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News

Del. David Bulova (D-37) addresses his fellow delegates in the lower house of the Virginia **General As**sembly during a session in February.



When a Bill Becomes a Law

On July 1, sales taxes go up for Fairfax County residents.

> By Victoria Ross The Connection

hat happens in Richmond usually stays in Richmond during the General Assembly's annual legislative session.

Until the first of July, when what happened in Richmond becomes the law.

Based on low voter turnout for state representatives, most of Fairfax County's one million plus residents pay little attention to what their state legislators do or don't do in Richmond each year.

"Bills get passed in the blink of an eye, and what gets passed really does affect your day-to-day life," said Delegate David Bulova (D-37.)

He pointed out that nearly 850 bills were passed into law during the 2012 session, including bitterly-debated legislation requiring a woman to have an ultrasound before an abortion, and the repeal of the "one handgun a month" law, which eliminated Virginia's 19year ban on the purchase of more than one handgun a month.

Bulova had several legislative wins this session, including a bill that would make texting and driving a primary offense.

clear that you risk a reckless driving offense if you text and drive," Bulova said.

Transportation funding dominated much of the discussion this year, and caused the most heartburn for many legislators. On the

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last day of the 2013 session, state legislators struck a bipartisan 11th hour deal for a comprehensive transportation funding plan, the first long-term plan in 27 years.

Most local legislators praised the bill, which is projected to raise more than \$3.5 billion for roads and rails over five years and nearly \$900 million annually after 2018. Northern Virginia gets hundreds of millions from the state, including \$300 million committed to complete Metro's Silver Line extension to Dulles International Airport.

"We needed to at least make it clear that you risk a reckless driving offense if you text and drive."

-Del. David Bulova (D-37)

State Sen. Chap Petersen (D-34) was one of a handful of Democrats who voted against the deal, arguing that the new taxes are "discriminatory against Northern Virginia. ... The bottom line is we did need new revenue for transporta-"We needed to at least make it tion. We just went about it the wrong way.

"If we had not seized the moment, I couldn't see another path forward in the foreseeable future to get a meaningful transportation package through a split General Assembly and then the governor,"

said Bulova during a legislative wrap-up session for constituents in the Braddock district in April. "While this wasn't a perfect package, it also wasn't a something or nothing deal either."

Del. Vivian Watts (D-39), considered a "transportation wonk" by her peers-she served as Virginia's Secretary of Transportation—has argued that not having the transportation deal would have been "catastrophic."

"The \$300 million that is raised here will stay here for local and regional priorities," Watts said.

Following is a list of legislation affecting Fairfax County residents that became law on Monday, July 1. For more information on a particular bill, visit the Legislative Information System at http:// leg1.state.va.us/lis.htm.

Transportation Taxes and Fees (HB 2313)

Statewide Provisions:

✤ Replaces 17.5 cents per gallon tax on gasoline and diesel with a 3.5 percent tax on gas and 6 percent tax on diesel.

Increases the automobile sales tax from 3 percent to 4.15 percent. Increases the state sales tax

from 5 percent to 5.3 percent.

✤ Increases the state General Fund transfer to transportation from 0.5 percent to 0.675 percent. ✤ Increases the fee for alternative fuel vehicles to \$64.

Regional Provisions:

✤ Increases sales tax in Northern Virginia by 0.7 percent, for a total of 6 percent.

Imposes 2 percent transient



State Sen. Chap Petersen (D-34), (sitting, far right), discusses a bill in the Senate chamber of the Virginia State Capitol in Richmond in February, near the end of the session.

occupancy tax.

Imposes a congestion relief fee [grantors tax] of \$0.15/\$100 valuation.

✤ Repeals the local option to enact a 1 percent income tax by referendum.

Traffic Safety

Texting and Driving (HB) 1907/SB 1222). Driving while texting is now a traffic infraction punishable, for a first offense, by a fine of \$125 and, for a second or subsequent offense, by a fine of \$250.

Driving under 18 (SB 1165). The holder of a provisional driver's license under age 18 is not authorized to operate a motor vehicle with more than one passenger who is less than 21 years old unless the driver is accompanied by a parent or person acting in loco parentis who is occupying a seat beside the driver.

School Safety

School Emergency Response (HB 2345). This bill requires the Virginia Center for School Safety, in conjunction with the Department of State Police, the Department of Behavioral Health and Developmental Services, and the Department of Education, to develop a model critical incident response training program for public school personnel and those providing services to schools.

School Safety Audits (HB 2346). This bill requires each school, in its annual school safety audit, to complete a school inspec-

tion walk-through using a standardized checklist provided by the Virginia Center for School Safety, which will incorporate crime prevention through environmental design principles. Each completed walk-through checklist will be available to the chief law enforcement officer of the locality upon request.

♦ Firearms Safety (SB 1378). Anyone convicted of the "strawman" purchase of a firearm, with the intent to resell or transport a firearm outside of Virginia, is now guilty of a Class 4 felony and will be sentenced to a mandatory minimum term of imprisonment to one year.

Other Bills

♦ HB 1990 allows localities to impose a \$250 annual license tax for drivers who do not display license plates issued by the commonwealth, and who are not already exempt from displaying license plates.

♦ HB 2175 authorizes the governor to request federal funds to construct a new veterans care center in Northern Virginia, and requires the state treasurer to issue a short-term treasury loan in an amount up to \$28.5 million for the state share of construction costs, once the U.S. Department of Veterans Affairs has determined that federal funds will be allocated for the new center.

♦ HB 2341 provides that a person who is qualified to register to vote may apply to register to vote by electronic means authorized by the State Board of Elections.

News

New Leader at Robinson's Helm

Matt Eline is named school's principal; will retain Meier as football coach.

By Bonnie Hobbs The Connection

here's a new person at the helm of Robinson Secondary School—one well equipped for the job. He's Matt Eline, who was an assistant principal at Fairfax High for four years and principal of Rocky Run Middle School the past three years.

He found out June 21 that the school board approved his appointment, and it was announced last Monday, June 24, at both schools. His first official day at Robinson will be July 8.

"I've loved being principal at Rocky Run it's been very fulfilling—and I'll miss the relationships I've built with the parents, students and teachers," said Eline. "But I'm really excited for a new challenge, and I can't think of a better place to be than Robinson Secondary."

Raised in the Berkshires, in western Massachusetts, Eline initially wanted to be a doctor. He did a pre-internship at a hospital, but discovered he didn't like blood. However, he enjoyed working with people, so his father—who taught chemistry—suggested he take an education class at the University of Massachusetts. Part of it was observing teachers in school, and he was hooked.

"There's a certain adrenaline rush when you develop a lesson and see children learn it and the light bulb go on," said Eline. "There's such satisfaction working with kids and seeing that. It's incredibly rewarding, and that's what appealed to me."

HE BEGAN by teaching middle school science in Massachusetts and then spent two years in the Peace Corps, teaching five sub-



Matt Eline's first day as Robinson's new principal will be July 8.

jects at Mogol High School in Papua, New Guinea. Being there, he said, made him appreciate American culture and values even more and gave him a better understanding of different cultures. Said Eline: "You realize diversity's a good thing."

He then taught science at Thomas Jefferson Middle School in Arlington and biology at Hylton High in Woodbridge. Next, he designed and implemented the first virtual high school for Prince William County Public Schools and, as its principal, he nurtured the growth of 14 online teachers.

But Eline missed interacting with students so, from 2003-2006, he served as assistant principal at Brentsville District High School. Then came the positions at Fairfax and Rocky Run.

Among other things at Fairfax, he was responsible for the academic achievement, administration and discipline for all 11thgraders; as a result, he reduced the number of expulsions and suspensions there for three consecutive years. And under his leadership at Rocky Run, several teams of math and science students won state and national

Add

two feet

to your

house.

championships, and the school, itself, received the Governor's Award for Educational Excellence, all three years.

Eline's wife Belinda teaches music at a Prince William County elementary school. He's also a dad to four boys, stepsons in college, plus twins, almost 7. The move to Robinson was a family decision, and Eline says they all support it.

"I'm going to one of the best secondary schools in the state," he said. "It has a great staff, supportive community and motivated students. And one of the things that attracted me was to have a bigger impact on students all the way from seventh through 12th grades."

A middle-school principal just has two years with the students. "By the time you get to know them, they're leaving," said Eline. "So this gives me a longer time to establish relationships. I'm especially interested in that transition from eighth to ninth grade. It's difficult for some students, and I believe I have the experience and interest to help kids with it."

"It takes a lot to run a school nowadays, and making it a high-flying school is even more challenging."

-Matt Eline

"If they're going to become disillusioned, negative or disengaged from high school, it's in ninth grade," he explained. "So we've got to make really sure they feel like they belong and we can hook them in and engage them in education. With Robinson Secondary, it's built in, and I think it helps that I've worked in both high schools and middle schools."

Eline's also ready to work with more students and staff and a larger community. Rocky Run has 1,024 students, but Robinson has 2,700 in secondary school and 1,200 in middle school, for nearly 4,000 total.

Furthermore, he's looking forward to be-

ing at a school with sports teams. "Sports bring out students' passions when they feel deeply about participating," he said. "And for a lot of students, that's what keeps them interested in being in school. They also learn a great deal from being on a team."

Speaking of sports, Eline has news about Robinson's head varsity football coach. The job, open since November, will go to Danny Meier—whose former teams won three state championships and who became Robinson's interim coach after recently retiring as its principal.

"Absolutely," said Eline, adding, "He's got to win, though. Danny's a legend and he makes a difference for kids. He's only a positive, and I'm looking forward to picking his brain about the school, since he was the principal for 10 years. I think he was an incredible leader, and I'll try to keep some of the fun and motivating traditions he started. Coming to a new school, it's important to be a great listener, learn the traditions and take time to get to know people."

> **BESIDES LEARNING** about Robinson's culture and community, he also believes it's important to be diligent about bullying. But, he said, "I need to find out what's already in place there to address it." He also plans to make sure his goals and visions are reflected in the administration team which, in turn, will relay them to the teachers.

Eline received several e-mails from Robinson staff, congratulating him on his selection as principal. And last Friday, June 28, he was introduced to teachers, parents and students there and received a warm welcome.

He said being a principal is the hardest job he's ever had, but also the best. "It's demanding; everybody wants your time and attention," said Eline. "It takes a lot to run a school nowadays, and making it a highflying school is even more challenging. But I love meeting the students, being part of their lives as they grow up and being a positive influence on them."



4 SURKE CONNECTION SULV 4-10, 2013

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Northern Virginia Family Service

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People

Lt. Col. Mark Sites Sworn in as County Sheriff

Lieutenant Colonel Mark Sites has been sworn in as Fairfax County Sheriff on Monday, July 1. The Honorable Chief Judge Dennis Smith administered the oath.

In early June, Sheriff Stan Barry, who has held the office since 2000, tendered his resignation to the Board of Supervisors. His current term ends in December 2015. Under Virginia law, the chief judge of the circuit court must fill the vacant position with the highest ranking deputy sheriff and call for a special election to fill the remainder of the term. Fairfax County has scheduled the special election to coincide with the general election on Nov. 5.

Sites is a 17-year veteran of the sheriff's office and has served in a variety of line and supervisory positions, including chief of confinement, assistant commander of the emergency response team, commander of court services and chief deputy sheriff of administration. He has served the community as a member of the Fairfax Community Criminal Justice

Area Roundups

Countywide Transit Network Study

The Fairfax County Department of Transportation is conducting the Countywide Transit Network Study to determine the type of transit systems needed to accommodate forecasted growth throughout the county over the next several decades. The study has developed a proposed concept plan for where Metrorail should be extended, where light-rail systems are appropriate, and where dedicated lanes that allow buses to move faster could go. The study will also recommend how the system can be phased in and funded over time.

The public is invited to participate in the study's third public meeting and workshop to discuss the proposed High Quality Transit Network (HQTN) concept. It's slated for Wednesday, July 10, in rooms 4 and 5 of the Fairfax County Government Center. There'll be an open-house format from 6-9 p.m., with a 20-minute presentation at 7 p.m.

The public meeting will present preliminary recommendations for the HQTN corridors and describe the network's benefits for the county and its residents. For more information, see www.fairfaxcounty.gov/fcdot/ 2050transitstudy and join the conversation online via the IdeaScale discussion board at

www.fairfaxcountydot.ideascale.com/. The next steps in the study will be to respond to the commentary received on the proposed concept, consider and incorporate potential revisions and develop final study recommendations this fall.





Lt. Col. Mark Sites

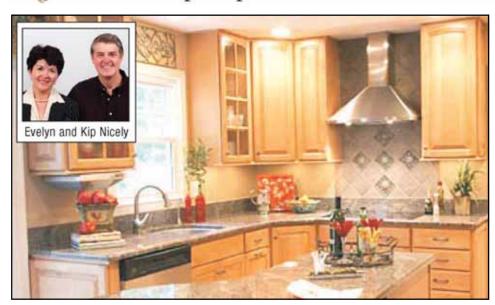
Board and chair of the Fairfax-Falls Church Community Services Board.

He received his bachelor's degree in administration of justice from George Mason University in 1995 and his master's degree in public administration from GMU in 1998. He is a 2012 graduate of the Federal Bureau of Investigation's National Academy in Quantico, Va.

Sites was born and raised in Fairfax where he currently resides with his wife and children.



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OPINION HOT-Lanes and No Metro for I-66?

Did you miss the public discussion and input? So did we.

ne day when I was stuck in traffic on I-66, I was briefly entertained by the license plate of the vehicle in front of me. "66 SUCKS," it read.

No question, commuting on I-66 is a bear. But last week, Gov. Bob McDonnell issued a request for the private sector to make improvements on the 25 miles between Route 15 and the Beltway.

A press release Thursday, June 27, announced that the "Commonwealth is looking for the best and brightest

ideas, suggestions and recommendations from the private sector to transform I-66 from a highly congested corridor to a multi-modal transportation facility that moves traffic and people more efficiently."

So far so good. But the devil is in the details, which call to:

Widen I-66 by building additional general purpose lanes that would not be tolled

♦ Convert the existing high occupancy vehicle lane into either a one or two lane (in each direction) facility that would be free to carpoolers, buses and emergency vehicles. The HOV lanes would operate similar to the I-495 Express Lanes, which were completed late 2012 or the I-95 Express Lanes, which are under construction.

◆ Locate Bus Rapid Transit in the median of I-66 extending west from Vienna to Haymarket.

Wait, Bus Rapid Transit is the only transit option in the request. Metrorail, VRE, light rail, all eliminated from consideration with the push of a "send" button.

The Northern Virginia Transportation Authority expressed "grave concern regarding the lack of transit concepts moving forward for additional consideration." The NVTA said in a letter to McDonnell: "Although Bus Rapid Transit (BRT) is on the list of seven concepts being recommended for Tier 2, the absence of Metrorail extensions, VRE extensions and light rail transit is surprising. … We are concerned by the exclusion of these transit options for additional study, as this could preclude development of these options in the future and is in conflict with existing and planned transit facilities for the I-66 Corridor."

This specific invitation to the private sector would stop consideration of any transit except bus rapid transit. While bus

RIAL rapid transit should certainly be considered, this route could be a logical extension of the Metro Orange Line past Vienna, and VRE is also operating in the area. This is not the place to stop the consideration of transit options.

Also of concern is the fact that the 495 Express Lanes have not operated long enough to be fairly evaluated. Use of the lanes has been significantly below projections, and revenue has fallen short as well.

Nationwide, most HOT-Lanes projects are significantly underperforming projections. Turning over tolls for 75-80 years to a private partner is questionable, and the public needs to understand that the commonwealth invested heavily in the 495-Express Lanes as well.

The 495 Express Lanes were "funded with an extraordinary package of private equity, state funds and federal credit assistance, under a public-private partnership agreement signed on Dec. 20, 2007," according to Public Works Financing newsletter. "Key to making the numbers work were the large contribution from VDOT and the flexible federal credit assistance."

The agreement includes no limit on the amount of tolls, "protecting" the private investor from "excessive" HOV use (use of the lanes is free if there are three or more people in the vehicle), and revenue sharing with the commonwealth only after the project has met the optimistic expected return on investment of 13 percent.

There have been significant benefits to the 495 Express Lanes project including replacement of aging bridges and interchanges and additional capacity in the regular lanes. But we have no idea what those benefits will cost in the long run.

McDonnell should heed the request of the Northern Virginia Transportation Authority and pull back from the current request. Other transit options must be on the table, although bus rapid transit could still emerge as the best option. And an impartial analysis of how high occupancy toll lanes are working so far, and what Virginia's obligations are if they do not meet expectation, is a must before going forward on I-66.

At presstime, early this week because of the Independence Day holiday, McDonnell released a draft 2013 Virginia PPTA Pipeline, calling for public comment between now and Aug. 1. Ten "candidate projects" include; I-66 Corridor Improvements; Air Rights Development (VDOT); I-64 HOV to HOT Conversion; I-495 Express Lanes Extension; Cell Tower/Fiber Optic Opportunities. Ten conceptual projects include: Advertising/Sponsorship Opportunities (VDOT); Parking Facilities Enhancements (VDOT); Rest Area Enhancements. See www.vappta.org.

Mana

— Mary Kimm, mkimm@connectionnewspapers.com

Job Training Key to Combating Homelessness

By Mary Agee President and CEO /Northern Virginia Family Service

uring their last round of budget hearings, the Fairfax County Board of Supervisors heard from Marlena, a domestic violence survivor who had to decide between the "security" of her home or the personal safety of her family.

Upon moving her two sons into emergency housing, Marlena received the wraparound counseling and care services offered to shelter residents. After successive cycles of having, losing and searching for jobs, Marlena heard about Northern Virginia Family Service's (NVFS) Training Futures job development program and decided to register.

Over the course of six months, Marlena learned office skills, etiquette and ethics; how to prepare a resume and interviewing skills; and completed an internship giving her real-world experience. She was initially hired by a nonprofit as a receptionist, and has since earned a promotion doing client services.

She even continued her education at Northern Virginia Community College and earned a certificate in Business Information Technology. But most importantly, with steady income, she was able to secure an apartment in Northern Virginia for her and her two boys. NVFS is committed to ending

homelessness.

Service's (NVFS) Training Futures job development program and decided to register. Nothing is more critical to the fabric of a family than the safety and stability of a place to call 6 BURKE CONNECTION JULY 4-10, 2013

home. Our consortium of nonprofit partners and commitment from local government, such as Fairfax County's 10 Year Plan to End Homelessness, have invested resources to make sure our neighbors in need can help themselves. These services are generally a combination of emergency and temporary housing, mental health counseling, access of health care, food, etc. But without the ability to provide for one's family, all of the services listed above become Band-Aids to the greater need of economic self-sufficiency.

The United Way of the National Capital Area recently released "Community Snapshot: A Report on the Economic and Social Well-Being of the National Capital Area," prepared by the George Mason University Center for Regional Analysis. This report forecasts that more than 60 percent of high-demand jobs in our area will require a high school degree, GED, vocational education training or on-the-job training. That's where a program like Training Futures really makes a difference in our community. For Marlena and 1,500 of her fellow graduates, this job training program has empowered individuals and families to take control of their lives and become contributing members of our community.

Although Training Futures is not a housing program, it remains an important piece of the puzzle when considering how to end homelessness. For more information on how you can become involved, please visit www.nvfs.org/ trainingfutures.



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NEWS DEPARTMENT: To discuss ideas and concerns, Call: 703-778-9410 e-mail:

burke@connectionnewspapers.com

Kemal Kurspahic Editor ***** 703-778-9414 kemal@connectionnewspapers.com

Chelsea Bryan Editorial Assistant 703-778-9410 ext.427 cbryan@connectionnewspapers.com

> Victoria Ross Community Reporter 301-502-6027 rosspinning@yahoo.com

Jon Roetman Sports Editor 703-778-9410 jroetman@connectionnewspapers.com @jonroetman

ADVERTISING: For advertising information e-mail: sales@connectionnewspapers.com

Steve Hogan Display Advertising, 703-778-9418 shogan@connectionnewspapers.com

Andrea Smith Classified Advertising, 703-778-9411 classified@connectionnewspapers.com

Debbie Funk National Sales 703-778-9444 debfunk@connectionnewspapers.com

Editor & Publisher Mary Kimm 703-778-9433 mkimm@connectionnewspapers.com @MaryKimm

Executive Vice President Jerry Vernon jvernon@connectionnewspapers.com

> Editor in Chief Steven Mauren Managing Editor Kemal Kurspahic Photography: Deb Cobb, Louise Krafft, Craig Sterbutzel Art/Design:

Laurence Foong, John Heinly **Production Manager:** Jean Card Geovani Flores **Special Assistant to the Publisher**

Jeanne Theismann 703-778-9436 jtheismann@connectionnewspapers.com

@TheismannMedia

CIRCULATION: 703-778-9427 Circulation Manager: Ann Oliver circulation@connectionnewspapers.com





Young dancers from Tiny Dancers Fairfax studio bring the stage alive in their performance of "Sleeping Beauty."

Tiny Dancers Holds Recital

Young dancers from Tiny Dancers twirled, tapped and chasséd their way across the stage in their performance of "Sleeping Beauty" Sunday, June 16th at Woodson High School in Fairfax. The classic story was given a distinctly modern twist with custom choreography and hit musical numbers including "It's in His Kiss," "Spinning Wheel," "Signing in the Rain" and "Come Fly With Me." Audience members delighted in watching the young dancers transform the stage into a magical place of castles and spells, hopping bunnies and dancing chipmunks. Tiny Dancers, located on Main Street in Fairfax, offers a specialized program of ballet, tap and hiphop for children ages 2-12. In addition, the company has a summer program of fairy-tale themed summer camps and ballet, tap and Wiggletoes classes. Named "Best Dance Studio" by readers of Washington Family, "Best of NoVa" by Northern Virginia Magazine and among the "Best of Virginia 2012" by Virginia Living, the company is celebrating its 12th year in the Northern Virginia area. For more information, visit www.tinydancers.com or call Tiny Dancers at 703-385-5580.

FAITH NOTES Send notes to the Connection at

south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

The Guhyasamaja Buddhist Center, 10875 Main St., Fairfax City provides free classes to both newcomers and advanced practitioners of Tibetan Buddhism. The Center emphasizes working with the mind and learning how to understand the workings of the mind, overcoming innner causes of suffering, while cultivating causes of happiness. Under the direction of Lama Zopa Rinpoche, the center is a place of study, contemplation and meditation. Visit http:// www.guhyasamaja.org for more information.

Fairfax United Methodist Church has announced the selection of **Dr. Jonathan P. Giblin** as the new director of music ministries. Giblin comes to Fairfax after completing his undergraduate and graduate work at the University of Cincinnati. Fairfax United Methodist Church looks forward to welcoming him and invites the community to participate on June 9 in a service at 10300 Stratford Ave., Fairfax. Call 703-591-3120 for more information.

Fairfax Baptist Temple, at the corner of Fairfax County Parkway and Burke Lake Roads, holds a Bible Study Fellowship at 9 a.m. Sundays followed by a 10 a.m. worship service. Nursery care and Children's Church also provided. 6401 Missionary Lane, Fairfax Station, 703-323-8100 or www.fbtministries.org.

Lord of Life Lutheran offers services at two locations, in Fairfax at 5114 Twinbrook Road and in Clifton at 13421 Twin Lakes Drive. Services in Fairfax are held on Saturdays at 5:30 p.m. and Sundays at 8:15, 9:45 and 11:15 a.m. Services in Clifton are held on Sundays at 8:15 and 10:30 a.m. 703-323-9500 or www.Lordoflifeva.org.

First Baptist Church of Springfield offers Sunday school at 9:15 a.m., followed by a

10:30 a.m. worship service at 7300 Gary St., Springfield. 703-451-1500 or www.fbcspringfield.org.

Clifton Presbyterian Church, 12748 Richards Lane, Clifton, offers Sunday worship services at 8:30 a.m. and 11 a.m. Nursery care is provided. Christian education for all ages is at 9:45 a.m. 703-830-3175.

St. Andrew the Apostle Catholic Church, 6720 Union Mill Road, Clifton, conducts Sunday masses at 7:30 a.m., 8:45 a.m., 10:30 a.m. and 12:30 p.m. It also offers a Saturday vigil at 5:30 p.m. and a Thursday Latin mass at 7 p.m. 703-817-1770 or www.standrew.org.

Prince of Peace Lutheran Church, 8304 Old Keene Mill Road, Springfield, offers casual worship services on Saturday evenings at 5:30 p.m. featuring contemporary music. More traditional services take place on Sunday mornings at 8:15 and 11 a.m. Sunday School is from 9:45-10:45 a.m. for children and adults. The church also offers discussion groups for adults. 703-451-5855 or www.poplc.org.

Kirkwood Presbyterian Church, 8336 Carrleigh Parkway in Springfield, supports a Mothers of Preschoolers (MOPS) program on the first and third Wednesday of each month. Meetings are 9:30-11:30 a.m. at the church. All mothers and children are welcome. The program provides mothers an opportunity to get to know other mothers through discussions and craft activities. Register. 703-451-5320.

JCCNV Mother's Circle program, for women who are not Jewish but are raising Jewish children. Free education in Jewish rituals, practices and values, while respecting the participant's choice to retain her own religious identity. Jewish Community Center of Northern Virginia, 8900 Little River Turnpike in Fairfax. Contact Laurie Albert, 703-537-3064 or LaurieA@jccnv.org.

Free Remodeling & Design Seminars!



Sat., July 13th — 10am-2pm Where: 5795 B Burke Centre Parkway, Burke, VA 22015 Thinking of remodeling? This event is the perfect opportunity to take advantage of free expert advice with no obligation. Learn about the hot topics you should

> From Concept to Completion Universal Design – Planning

Reinventing Your Home for

Seminars run from 10am-Noon. Lunch to follow. Please arrive at 9:45am for check-in.

Seating is limited. Call Sabrina at 703.425.5588 to reserve your seats!

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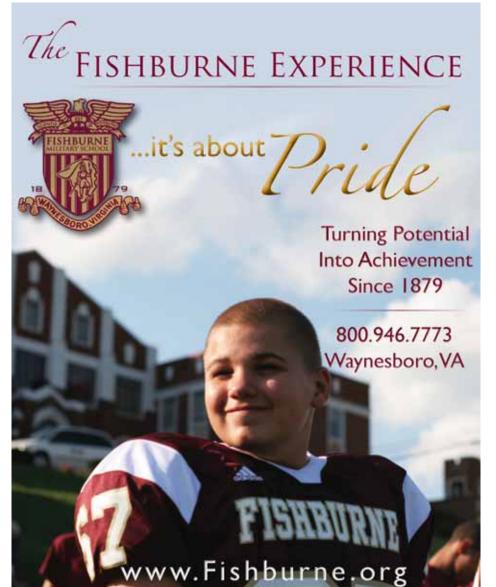




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WELLBEING Love After 50: Baby Boomers Need Romance Too

experience in new book.

n a recent Wednesday evening. Mindy Mitchell and her partner, Edward Land, found themselves not only sharing some of the intimate details of their courtship, but also offering advice to other baby boomers who were looking for love. Mitchell, a bespectacled design consultant with cropped, chestnut hair, and Land, a tall, rugged longshoreman with a graying beard and matching receding hairline, were at One More Page Books in Arlington, to read from their newly released book on online dating for boomers.

"There were women who'd had intriguing experiences," said Mitchell. "They asked questions like how to know when someone puts something in [an online profile] that isn't true or not true any-

BY MARILYN CAMPBELL more. One woman said she found THE CONNECTION a guy who said he was active, but when she met him, he was using a walker.

> Sixty-one-year-old Mitchell of Reston and 63-year-old Land of Hampton recently published "Lube of Life: A Tribute to Sex, Love and the Pursuit of Happiness in the Boomer Age," a tome that chronicles their online dating adventure.^oThey hope their story will inspire other single baby boomers who are searching for mates. "Dating in your 60s is a lot different than dating in the 1960s, to be sure," said Mitchell, who works as a design consultant at Sun Design Remodeling Specialists, Inc. in Burke.º"Our message is one of hope and the courage to try one more time.^oLife is just too short."

Land, whose wife died premaof marriage, decided to try online dating because he was lonely: "I had been on my own for a year and

joyed the company of ladies."

Mitchell, who has been divorced twice, noticed Land's online profile, and though she found him attractive, the two became only have sex one more time before I friends at first. "Mindy and I were die," said Mitchell. "We set up this just buddies because she lived too far away." said Land.

"We became friends to help each other and give each other dating offer a caveat, however: "That is advice," Mitchell added. "We ended up having all of these long conversations and connected energetically. Then one day, I blurted out, 'Why don't we meet?""

The book chronicles the evolu-

Couple chronicles their online dating a half and I missed the company dialogues.^oThey share some of the making. "Now that baby their innermost apprehensions boomers have a life expectancy. of a sweetheart. I've always en- their innermost apprehensions boomers have a life expectancy with readers, their insecurities, that is now in the 90s, they are ready to have more of a revolutionthoughts and feelings, such as their ary spirit," said Lentin. "The book first face-to-face meeting. "I decided that I'd really like to was to be an inspiration for people to get back on the horse and get out there again.'

time to meet for sex. If sex is like riding a bicycle, I wanted Edward to be my training wheels." She does not like me and I don't want to put it out there as a recommendation. You have to be careful.ºI had a background check [done] on him before we met."

When publisher Roseann S. tion of their relationship from Lentin of Turn the Page Publishing chums to lovers through a series first heard Mitchell and Land's of emails, text messages and story, she knew it was a book in

"Dating in your 60s is a lot different than dating in the 1960s, to be sure. Our message is one of hope and the courage to turely of heart failure after 22 years try one more time. Life is just too short." - Mindy Mitchell, coauthor of "Lube of Life: A Tribute to Sex, Love and the Pursuit of Happiness in the Boomer Age"

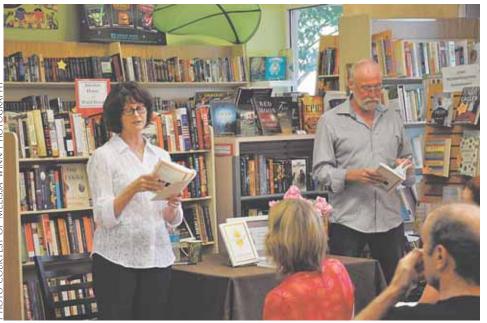


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www.ConnectionNewspapers.com

Mitchell and Land say it is important to share details of their relationship in order to debunk some of the myths around online dating in one's golden years. "I think many baby boomers are uncomfortable with it," said Mitchell.^o"We talked to so many people of our age. There were so many angry people who said, 'Why do I have to go online to do this?' For a woman, it is more about facing your own fears. Men often want younger women."

Ioana Boie, Ph.D., an assistant professor of counseling at Marymount University in Arlington says romantic relationships are important as people age. She also believes in removing some of the trepidation that often surrounds such discussions. "I think romantic relationships are a human need. We are relational beings," she said.



"I don't think that people reach 70 and say, 'I don't want to be involved offer support and help us be well."

service Senior Match.com believes that an increasing number of those far. Plus, I personally know many woman," Mitchell said.

people who have found their husbands, wives, boyfriends or girlwith anyone.' I believe romantic friends through an online dating relationships mold who we are, service. This is one of the reasons I believe that the older population is people things that are not John Martin of the online dating feeling better about using the true.^oHave faith in yourself. Decide Internet to find someone."

Mitchell and Land underscore older than 50 are open to online the importance of safety and hondating as a way of finding a roman- esty when using online dating tic partner. "I myself have met some websites:^o"There are people who terrific women online," he said in are predatory and pick up on a statement. "In fact, it is now my people's insecurities. Do a backpreferred way to meet women by ground check, especially as a don't give up," said Land. "If you

Mindy Mitchell of Reston and **Edward Land** of Hampton share expertise from their new book, "Lube of Life: A Tribute to Sex, Love and the Pursuit of Happiness in the Boomer Age," during a reading at One **More Page Books in** Arlington.

Land recommends a straightforward approach: "Be honest with yourself and the online community," he said. "It is pointless to tell what is important to you, things you won't accept [and] what's negotiable '

Land and Mitchell are on a whirlwind tour promoting their book and sharing their wisdom. "The bottom line is not lose hope, and don't buy a ticket you can't win."



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Looking for a New Place of Worship? Visit Antioch Baptist Church!



All Are Welcome!

Sunday Worship 8, 9:30 & 11:30 a.m. Sunday School for Children & Adults 9:30 a.m. Married Couples Sunday School 11:30 a.m.

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Antioch Baptist Church

6531 Little Ox Road Fairfax Station, VA 22039 703-425-0710 • www.antioch-church.org

Calendar

To have community events listed, send to south@connectionnewspapers.com or call 703-778-9416 with questions. The deadline for submissions is the Friday prior to publication; we recommend submitting your event two weeks ahead of time. To see more entertainment events, go to: http:// www.connectionnewspapers.com/news/ 2013/may/22/fairfax-county-calendar/.

MONDAY-SATURDAY/JULY 1-6

- Robinson Drama Curtain Call Camp. 9 a.m.-noon and 1-4 p.m., at Robinson Secondary School, 5035 Sideburn Road, Fairfax. The children's activities are centered; lunch program offered; signup in June. www.RobinsonDrama.org.
- Fun in the Theatre. 9 a.m.-4 p.m., Robinson Secondary School, 5035 Sideburn Road, Fairfax. Campers collaborate on both scripted and devised performances. www.RobinsonDrama.org.

THURSDAY/JULY 4

Fairfax Independence Day Parade. 10 a.m.-noon., at Fairfax Historic District, 10455 Armstrong St., Fairfax. Celebrate Independence Day in downtown Fairfax with a parade and fireworks later during the evening. http://www.fairfaxva.gov/ specialevents/idc/dayparade.asp.

FRIDAY/JULY 5

Folsom Prisoners. 7:30-8:30 p.m., at Royal Lake Park, 5344 Gainsborough Drive, Fairfax. Folsom Prisoners is a full time classic country and honkytonk band. www.folsomprisoners.com.



"Quidam," the Cirque du Soleil production, will be at the Patriot Center in seven performances from July 17-21.

FRIDAY/JULY 12

September 2012.

SATURDAY/JULY 13

Town Mountain. 7:30-8:30 p.m., at

Drive, Fairfax. Featuring original

bluegrass and roots country, Asheville, N.C.'s Bluegrass Band

www.townmountain.net.

Obon Festival. 5:30-9 p.m., at 6500 Lakehaven Lane, Fairfax Station. Learn about Japanese and Buddhist

Royal Lake Park, 5344 Gainsborough

Town Mountain released their fourth album, "Leave the Bottle," in

THURSDAY/JULY 11

The United States Air Force Concert Band w/ Singing Sergeants. 5-6:30 p.m., at Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Remaining true to the Air Force's pioneering spirit, the Concert Band has established an international reputation as a champion of new works for band, with dozens of world premieres to its credit. www.usafband.af.mil.

culture through traditional dances, Worship **OMMUNITIES OF** art, and food. http://www.ekoji.org/ obon-festival-and-memorial-servicejuly-14-15-2012/. **MONDAY-FRIDAY/JULY 15-19** Messiah United Methodist Church Audition Boot Camp/Intro to **CBURKE** 5690 Oak Leather Drive www.messiahumc.org Musical Theatre. 9 a.m.-3 p.m. PRESBYTERIAN Burke, VA 22015 musical, 3-5 p.m. audition camp, Check out our: CHURCH Robinson Secondary School, 5035 703-764-0456 Weekly youth mission projects Sideburn Road, Fairfax. Campers are equipped to prepare more confident and successful auditions; or, in the Children's summer camp programs Summer Services ~~ You are invited! Monthly community outreach longer program, youth can learn the Sundays ~ 10:00 am | Saturdays ~ 5:30 pm basical of musical theatre. Sunday Services at 8:15, 9:30, and 11 am 6215 Rolling Road, Springfield www.RobinsonDrama.org 9:00 am Sunday School CoffeeHouse with guest musicians (near West Springfield High School) Sunday School 9:30 and 11 am 703-569-9862 WEDNESDAY-SUNDAY/JULY 17-21 Childcare available during worship www.BurkePresChurch.org Cirque du Soleil's "Quidam." 7:30 p.m. Wednesday-Saturday; 1 and 5 **Episcopal** Calvary Christian Church p.m. Sunday; 3:30 p.m. Saturday, at Jubilee 9800 Old Keene Mill Rd. the Patriot Center, 4400 University Church of the Good 703-455-7041 Christian Center Drive, Fairfax. Young Zoé is bored; 703-455-7041 Shepherd 703-323-5400 Knollwood her parents, distant and apathetic, Celebrating the Sounds of Freedom Community Church St. Andrew's ignore her. Her life has lost all Sunday School meaning. Seeking and searching, she Realtime Worship - Sunday 8:45 & 11 AM 703-425-2068 **Episcopal Church** slides into an imaginary world where 9:15 AM Sunday School 10:10 AM **Presbyterian** 703 - 455 - 2500she meets characters who encourage Sunday Evening - Realtime Service Worship Service Burke Presbyterian Church her. \$32-\$115. 1-800-745-3000, & Youth 6 PM Lutheran CALVARY Family Night - Wednesday 7:15 PM www.cirquedusoleil.com/quidam or 703-764-0456 10:30 AM **Abiding Presence** CHRISTIAN CHURCH Call for Sunday Evening Worship Home Group Schedule www.ticketmaster.com Sansaug Korean visit our website: www.jccag.org Lutheran Church Presbyterian www.calvaryfamily.com 4650 Shirley Gate Road, Fairfax Bill Frasnelli, PASTOR 703-383-1170 "Experience the Difference" **THURSDAY/JULY 18** 703-455-7500 "Continuing the ministry of Christ on earth" 703-425-3377 King Soul. 5-6:30 p.m., Fairfax County **Methodist** Unitarian Universalist Government Center, 12000 **Burke United** Government Center Parkway, Fairfax. Accotink Unitarian **Baptist** Methodist Church King Soul brings you real Southern Universalist 703-503-4579 Preservation of Zion Fellowship Soul, featuring original songs, gritty 703-250-6100 703-409-1015 vocals, a slamming horn section and St. Stephen's United driving rhythms. Catholic www.kingsoulband.com. Methodist Church Church of the Nativity 703-978-8724 FRIDAY/JULY 19 703-455-2400 Bachata-VIP. 7:30-8:30 p.m., at Roval Non-Denominational **Christian Reformed** Lake Park, 5344 Gainsborough Drive, Burke Community Church Grace Christian Reformed Fairfax. Bachata is a popular form of 703-425-0205 latin dance and a romantic style of Church 703-323-8033 music that can trace its origins to the rural areas of the Dominican To Advertise Your Community of Worship, Call 703-778-9418 Republic. www.bachata-vip.com.

10 Surke Connection SJuly 4-10, 2013



A patriotic display of fireworks at the Lorton Workhouse Arts Center.

Let the Sparks Fly

By Victoria Ross The Connection

o. It's July 4, 2013. Independence Day. A federal holiday celebrating our freedom from Great Britain. The National Day of the United States.

And you have nothing planned.

Your children have dreams of fireworks in their head, your neighbors' homes are festooned with patriotic flair, and your friends already have their coolers packed and lawn chairs ready for their memorable 4th of July celebration.

It's not too late for you to have a fun-filled 4th of July too. We've compiled a list of the best local events, close to your home and mostly free!

City of Fairfax

Day-long Independence Day events include a parade, fireworks, history, firefighters and more.

For additional information on Independence Day activities, call 703-385-7858 or visit the city's web site at www.fairfaxva.gov.

Rich with Revolutionary and Civil War history, the City of Fairfax has always made the Founding Fathers proud with a day of family-friendly, old-fashioned events capped by an explosion of fireworks that draws more than 15,000 people to Fairfax High School's stadium each year.

Many families have made the celebration an annual tradition for generations.

"We come back to the event every year to dance, eat snowballs and get water-soaked," said Jennifer Loeb. Loeb and her sister, Kerry Petrauskas, grew up in the City of Fairfax and travel from Bristow every year to celebrate the city's Independence Day events with their family.

"Our parents still live here, and we all get together for this event. What could be more American and fun than this," Loeb said.

City of Fairfax Mayor Scott Silverthorne said the City of Fairfax goes the extra mile to make the fireworks finale a spectacular event. "It gets better every year," Silverthorne said. Following is a detailed list of events for the City of Fairfax Independence Day celebration:

Independence Day Parade—10 a.m. at 4100 Chain Bridge Road, rain or shine.

Featuring marching bands, inflatable balloons, dancers, horses and clowns, the 47th annual Independence Day parade is colorful and entertaining. The parade loops around downtown Fairfax, along Chain Bridge Road, Main Street, University Drive and Armstrong Street. This year, eight high school marching bands from as far west as Nebraska and Minnesota join with the city's own Fairfax High School Marching Rebels. This year's grand marshal is the Honorable Quin S. Elson, a longtime community activist and Fairfax Police Youth Club (FPYC) volunteer. Elson is being recognized for his dedication and commitment to the community.

"You Will Get Wet!" Old Fashioned Fireman's Day—12:30 p.m. to 5 p.m. at Fire Station 3, 4081 University Drive.

After the parade, watch area fire companies compete in this one-of-a-kind eventa favorite among locals—which includes the Battle of the Barrel and Lay-a-Line competition. During Lay-a-Line, a timed competition that simulates an emergency response to fire, fire engines race down University Drive, firefighters jump out of their trucks, lay hose lines and try to knock down targets with their water hoses-all in under 30 seconds. Battle of the Barrel is a reverse tug of war, in which an empty beer keg is suspended 12 feet in the air. Members utilize a 2 1/2-foot hose line to push the barrel to the opponent's side. Spectators are "warned" that they will get wet, and—on a typical sweltering July 4th-the warning is a crowd-pleaser. Also at the event are plenty of food, beverages and games.

♦ Evening Show and Fireworks—7 p.m. at Fairfax High School, 3501 Rebel Run.

As the sun sets, enjoy music and dancing before the fireworks. The show features the City of Fairfax Band, and the popular cover band, GrooveLine, which plays favorites from the 1950s to today's current hits. A spectacular fireworks display will follow with a finale performance by GrooveLine



Photo by Victoria Ross/The Connection

A City of Fairfax firefighter sprints to lay down a fire hose during the timed "Lay-a-Line" competition during the City of Fairfax's annual Old-Fashioned Fireman's Day event on July 4, 2012.

It's not too late to enjoy local 4th of July festivals, parades and fireworks.

until 10:30 pm. The rain date for the fireworks only is July 5. Items that may puncture the synthetic turf, smoking, alcohol and animals (except service animals) are not permitted on the football field.

Historic Open Houses—Several historic properties will be open to the public on July 4, including the Fairfax Museum and Visitors Center from 9 a.m. to 4 p.m., 10209 Main Street and the Ratcliffe-Allison House, 11:30 a.m. to 1 p.m., 10386 Main Street. Parking and Shuttle Information:

Shuttle bus service for the parade runs from 8:30 to 10:30 a.m. from George Mason University, Woodson High School and Fairfax United Methodist Church. Shuttles will return spectators to these locations after the parade.

♦ For the evening show and fireworks, public parking is available at Fairfax High School. Use shuttle buses available from 6 p.m. to 9:15 p.m. at Woodson High School, 9525 Main Street, to Fairfax High School. Shuttles will return spectators to Woodson High School after the fireworks until 11 p.m. On July 5th, rain date for fireworks only, shuttles are available from 7 p.m. to 9:15 p.m. at Woodson High School. Shuttles will return spectators to Woodson High School after the fireworks until 10:30 p.m. Handicapped parking is available at Fairfax High School. Event sponsors include Fair City Mall and 97.1 WASH-FM.

Lorton

Red, White and Blue Light Up the Sky with fireworks at the Workhouse Arts Center Saturday, July 6 at 7 p.m., 9601 Ox Road.

✤ For more information on performances, exhibitions, events and camps, visit www.workhousearts.org.

The Workhouse Arts Center will celebrate Independence Day with live music, a patriotic exhibition and a fireworks show on Saturday, July 6. Beginning at 7 p.m., enjoy a free Mount Vernon Nights concert, featuring the funky bluegrass style of Frank Solivan and Dirty Kitchen. Afterwards, swing with the City of Fairfax Band Swing Ensemble in the Rizer Pavilion at 8 p.m. Throughout the evening, stop by the latest exhibition, 360 Degrees of Post-Traumatic Stress, and see works created by soldiers transitioning to civilian life. Bring kids, pals, blankets and lawn chairs to an evening that captures the patriotic spirit of this country.

"We're looking forward to an exciting evening of music and fun for the whole family on July 6, and we are grateful to our wonderful sponsors for providing a fireworks display again this year," said Joseph Wallen, director of performing arts at the Workhouse Arts Center. Fireworks at the Workhouse is sponsored by EnviroSolutions, Inc., 95 Express Lanes, Silver Diner restaurant and Sentara Healthcare.

Fairfax County Parks

Lake Fairfax Fireworks Spectacular—Lake Fairfax, 1400 Lake Fairfax Drive at 9:15 p.m. Park opens at 7 a.m.; The Water Mine opens at 10 a.m.

For more information, go to www.fairfaxcounty.gov/parks/lakefairfax/ or call 703- 471-5415.

Lake Fairfax Park features an 18-acre lake and the family-friendly Water Mine, an outdoor swimming pool with water slides and a lazy river. The 476-acre park also features seasonal fishing, campgrounds, picnic areas, trails, party areas, a carousel and playground. On July 4, park grounds open at 7 a.m., and admission is free, so bring your family for a full day of fun. The Water Mine water park will be open from 10 a.m. to 8 p.m., but usually hits capacity very early, so plan accordingly. There will be vendors near the park's main office offering a variety of foods and dessert treats. The carousel and marina will be open from 11 a.m. to 6 p.m. There is also a puppet show from 6 p.m. to 8 p.m. near the carousel. Parking attendants will be directing traffic throughout the park. The fireworks show will begin at approximately 9:15 p.m. The fire works are shot off over the lake so the view can be seen from almost any location in the park. The campgrounds are available for anyone wishing to stay overnight. Reservations are highly recommended and will be accepted as long as space is available.

Sports

Woodson Grad Smiga Headed To Radford Despite Injuries

eghan Smiga's injury troubles at W.T. Woodson High School began her freshman year, when she tore the ACL in her right knee during basketball season. As a junior, she suffered a concussion during lacrosse season. As a senior, a car accident forced her to miss part of field hockey season. After she returned, Smiga tore the ACL in her right knee, forcing her to miss the rest of the field hockey campaign, along with indoor track and lacrosse seasons.

Despite two significant knee injuries, Smiga hasn't walked away from the playing field. In fact, the 2013 Woodson graduate is taking her game to the next level.

Smiga will play field hockey at Radford University in the fall. While she was robbed of most of her senior season due to injury, Smiga garnered first-team all-district, first-team all-region and second-team all-state honors during her time as a Cavalier.

Smiga participated in a Q and A with the Connection via email.

What made Radford the right fit for you?

Smiga: The location, school size, campus. The physical therapy program was a huge attraction, and the team and coach were very welcoming and friendly. I can't wait to spend my next four years there.

What position did you play in high school? What position will you play in college?

Smiga: I switched off and on with my high school and club teams between midfield and forward, wherever my coach wanted to play me. Even though I was recruited as a forward, the college level is a whole new game and I could end up anywhere on the field depending on where my coach thinks I would be most beneficial.

Any word on playing time as a freshman?

Smiga: There's never a guarantee, but when Aug. 15 rolls around and we start practicing, I will try my hardest to earn playing time.

What is your favorite memory of playing field hockey at Woodson?

Smiga: My favorite memory playing field hockey at Woodson would have to be my sophomore year. The year before, we graduated a lot of talented field hockey players that went off to play in college, so there were high expecagainst really talented girls, learning more skills, having a faster-pace game and just being around new people. — Meghan Smiga

I'm looking forward to playing with and

tations. The season overall was just really intense and everyone took it very seriously and cared a lot, which made me love the sport even more.

What are you most looking forward to about the transition from high school to college?

Smiga: I'm looking forward to playing with and against really talented girls, learning more skills, having a faster-pace game and just being around new people.

At what age did you start playing field hockey? Did you imagine you'd one day play it in college?

Smiga: I started playing my freshman year. At first, I was set on playing soccer in college but that changed after my knee injury and playing club indoor hockey. I played for Rampage and it was really intense and people loved the sport and being around that attitude rubbed off on me. Also, Westfield coach Starr Karl, who is the best coach I've ever had and is highly respected, made me love the sport more and made me a better player in many ways. She definitely had a huge impact on me playing field hockey.

— Jon Roetman



Meghan Smiga (left), a 2013 graduate of W.T. Woodson High School, will play field hockey at Radford University.

Potomac/North Sends Off Talented Players

The Potomac/North U16 and U19 teams, full of Fairfax County players, both took home the Gold Medal Saturday and Sunday, June 22-23 the VA Commonwealth Games (The Virginia Olympics) for Field Hockey at the University of Virginia. Potomac/North competed against teams from around the state to take home the Gold and title of State Champions.

Coach Virginia White led both teams to victory. Star players on the team and recent graduates of county schools will go on to play at the college level in the fall. Sam Zelenack, a recent graduate of Fairfax High School, will go to play at Towson College in Maryland; Katie Clark of Marshall High School will play for and attend University of Massachusetts; and Sarah Betti of Herndon High School will play for Haverford College in Pennsylvania.

For more information about the Subway Commonwealth Games of Virginia Field Hockey, go to http:// www.commonwealthgames.org/ 2013_Subway_Games/2013_Sports_Listing/ Field Hockey.htm.



The Potomac/North U19 team.



The Potomac/North U16 team.

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