

SCHOOLS, PAGE 2

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# Schools

# Exchange Program Highlights Similarities

# Exchanging perspectives with Kenyan school.

ourth grade teachers Nancy
Talbot and Megan Mullally
from The Woods Academy
in Bethesda, visited sister school
Hotcourses Primary at Nyumbani
Village in Kenya in June. Their visit
was the first step in developing a
cultural exchange program designed to help their students acquire an understanding of their
Kenyan counterparts.

Talbot recalled her initial encounter at Hotcourses: "The assistant director waved a worn green shirt at the crowd: 'Is anybody missing a uniform top?' she called to the primary school students at their afternoon assembly. Megan and I looked at each other and laughed. Despite the fact we were thousands of miles away from The Woods, we recognized that children are children whether they live in Maryland or Kenya. Losing

See Exchange, Page 4



Teachers Nancy Talbot and Megan Mullally from The Woods Academy visit Hotcourses Primary at Nyumbani Village in Kenya.

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# News



Smoke and science brings the story "Dragons & Dreams" to life.

# When Things Fizz and Pop

he interactive science storytellers, Sciencetellers, presented a show at the Potomac Library on Wednesday, Aug. 7. The Sciencetellers teach science to the children in their audience by telling a lively, interac-

At each of the shows, members of the audience can volunteer and help the performers present their story-telling experiments and tricks. The show told the story, "Dragons & Dreams!" and used science experiments that produced, fire, ice, smoke and water to enhance the plot.

Scienceteller Alexis Tzap was excited "to use science experiments to tell an awesome story to the kids."

For more information on the wonders of Sciencetelling, visit http://www.sciencetellers.com/.



**Alexis Tzap of Sciencetellers combines** science experiments and storytelling to tell the tale of "Dragons & Dreams."



Children watch a science experiment at the **Potomac Library** presentation of Sciencetellers, an interactive science show for youngsters.

Рнотоѕ ву COLLEEN HEALY The Almanac



Alexis Tzap and volunteer Charlotte make fire appear for the story "Dragons & Dreams."



Alexis Tzap of Sciencetellers and her volunteer Alex experiment with dry ice.



Alexis Tzap from Sciencetellers and Nancy Savas, the Potomac Library manager, welcome children to the science program.



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# LET'S TALK Real Estate



by Michael Matese

# Home Accents That Shine

You've prepared your home for sale; the floors the walls and furniture are spotless. Neutral colors abound. So where's the pizzazz? Use your accessories to dazzle potential home buyers and enhance the look of luxury for your home. Neutral furniture, such as beige or off white sofas and chairs will "pop" with artfully arranged silk throw pillows or a jewel tone cashmere throw.

Jacuzzi and spa touches, like bright white fluffy towels just waiting to be touched or a glass jar filled with colorful, aromatic bath salts let buyers get a feel for the spa-like bathroom, complete with a candlelit atmosphere to soothe their senses!

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# Schools



# Art Show

Tiffany Albina with children Nicholas, Ava and Maddie admire Open Classroom sculptures during Geneva Day School's 33rd Annual Art Show held May 17.



Graham
Haglund with
his Greek
vase sculpture, part of
the Kindergarten Art
History
program.



TJ Tedesco and son, Theo, with his watercolor art.



Payam Fard's daughter, Hasti, shows him All Day Class art. Geneva Art Teacher, Barbara Korb, coordinated the art show with the teaching staff. For more information about the Geneva Day School or its art program, call the school at 301-340-7704.



Geneva Teaching Assistant Virginie deVelp smiles as student Mary Hill explains art projects to her mother, Ann Hill.

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# Exchange Program Highlights Similarities

From Page 2

shirts occurs in elementary school on a regular basis." Talbot added that this kind of awareness is what makes the sister school program so rewarding.

Talbot and Mullally spent the remainder of their trip visiting with teachers and students at Hotcourses Primary School planning the types of exchange projects that will be completed for the Cross-Cultural Education Program which is sponsored by Kenya Educational Service Trips (KEST).

Two projects have been finalized for the third, fourth, and fifth grade students at The Woods Academy and Hotcourses Primary.

The Woods will begin the program this Septem-

ber. The students and teachers will create a video of music and poetry performances, write postcards about the northeastern United States, and interview grandparents. These projects will be hand delivered to Hotcourses in January by a member of KEST. The Hotcourses students will send their matching projects back to The Woods via KEST in February.

As a part of their visit, Talbot and Mullally presented the staff of Hotcourses Primary with several gifts. The Woods Academy staff contributed money to purchase two digital cameras that will allow teachers at Hotcourses to complete projects that require documentation. In addition, The Woods community donated pencils, markers, paper, and pens to the school.

# CRIME







Suspect 3

Suspects Sought in Country Club Burglary

etectives from the Montgomery County Police 2nd District are investigating a burglary that occurred during the early morning hours of Aug. 1 at the Bethesda Country Club at 7601 Bradley Boulevard. On Aug. 12, detectives released surveillance video of the three suspects and are asking for the public's help in identifying them.

Preliminary investigation of the Bethesda Country Club burglary indicates that at approximately 3:15 a.m. on Aug. 1, the three suspects forced entry into the club pro shop. After stealing items in the pro shop, the suspects continued to force entry into other build-

ings on the property. The suspects stole food, beverages, athletic equipment, and merchandise. The three males also broke into a garage and removed a golf cart. They drove the golf cart through a wooden gate, causing damage to the golf cart and the gate. The cart was left abandoned on the golf course.

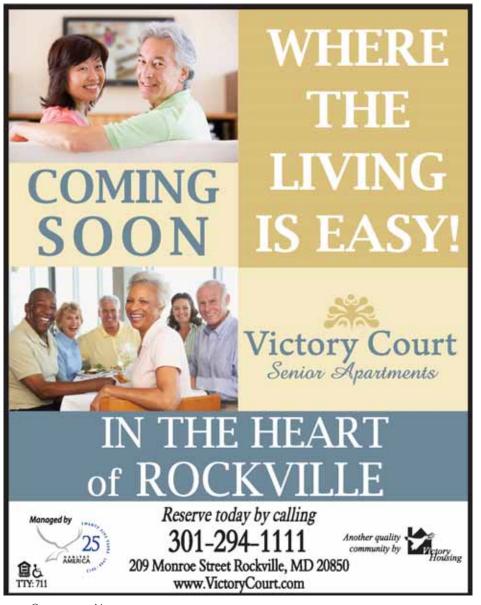
The suspects are described as white males who appear to teenagers and/or young adults.

Anyone with information about the burglary and/ or the suspects involved is asked to call the 2nd District Investigative Section at 301-657-0112.

SEE SUSPECTS, PAGE 9









Photos by **Deb Stevens**/The Almanac

Potomac REAL ESTAT Iune 2013

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In June 2013, 91 Potomac Homes sold between \$3,150,000-\$380,000.

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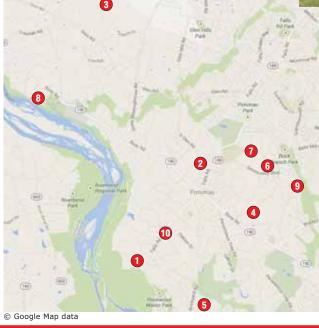


2 Stapleford Hall Court — \$1,780,000



**4** 9450 Newbridge Drive — \$2,200,000

**10410 Willowbrook Drive — \$1,895,000** 



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# HomeLifeStyle

# Ready for Back To School?

Local designers offer tips for creating functional and stylish homework spaces.

> BY MARILYN CAMPBELL THE ALMANAC

ummer will soon come to an end, and children everywhere will be heading back to school and coming home with homework. To keep students engaged and excited, some local designers offer suggestions for creating a space so fun and inviting that your children will want to hang out there - even if that means doing home-

When embarking on the task of creating a homework space, choosing a location is one of the first considerations.

Bill Millholland, executive vice president of Case Design/Remodeling, Inc. in Bethesda, said, "There are two schools of thought: One is to have the 'homework space' in a public area, ... so that a parent can be involved in the activity. The other school places more emphasis on teaching personal responsibility."

According to Jean P. Freeman, associate professor of Interior Design at Marymount University in Arlington, Va., homework space should be "away from television, but near an adult for any questions that need to be answered. It should be quiet for concentration, but having a window where the child can look up and out at the world is soothing.'

Potomac resident Susan Matus, a senior project designer with Case Design/Remodeling, adds that the location of the homework area is dependent upon a child's age. "Elementary school kids seem to do quite well getting things done in a location that is close to parents," she said. "Middle schoolers are more independent and seem to prefer more private locations with less distractions and less input from parents. A family office that can be closed off or even a bedroom work-space [work well]. High schoolers just need a comfortable space to get it done."

Designers say the kitchen is one such popular public area for completing homework assignments.

"Often connected to the kitchen is a family area," said Kai Tong, AIA, director of Potomac-based Hopkins & Porter Inc.'s architecture department. "Parents want to have a line of sight to their kids, especially if they are going to be on the Internet. What adds to the kids' experience is having a lot of counter space or layout space."

Evelyn Nicely, president of Nicely Done Kitchens in Springfield, Va., said, "A design option is the designated computer or desk area, typically found on the perimeter of the kitchen, so school work is kept out of the way. But the most popular homework space we design is at the island. This casual seating appeals to children and gives them a stylish, yet functional, open space to do their work without isolating

Arlington, Va., resident Christie Doebel, lead designer at Sun Design Inc., which has offices in both Burke and McLean, Va., says she gets frequent requests for a space that allows for multitasking. "Very often we are looking to create the kind of environment where a parent can make dinner while still rehearsing words for the spelling bee."



One of the most popular homework spaces, say designers is a kitchen island like the one designed by Wentworth, Inc. for a Potomac home.

**ONCE A SPACE IS CHOSEN**, it's time to select the fixtures that will fill the space. Good indoor lighting with a window for sunlight is essential, said designers. Freeman said the most obvious components of a homework space are electrical outlets, a Wi-Fi connection and a comfortable, adjustable chair.

Designers suggest investing in a chair that fits your child's needs. "Don't use dad's old chair ... or pull a chair from the dining room table," said Deborah Wiener, owner of Designing Solutions in Silver Spring. "If the back of the chair hits the back of their head, it is too tall. If their feet are dangling, the chair is too big. One of the many reasons kids tire when doing homework is that they don't get back support. ... It's a mistake to skimp on a chair."

"The chair should support the student's back and posture, and adjust to the growing needs of the student," added Freeman. "There should be an adequate work surface to accommodate books, computer, writing pad and task lighting, [as well as] storage."

Lisa Magee, project designer at Case Design/Remodeling, Inc., adds, "A place with upright seating - no swivel chairs or recliners — is best for learning. Good lighting ... helps children stay focused on their work and also keeps them alert."

Centreville, Va., resident Liz Lee, a senior designer at Sun Design Inc., encourages parents to ensure that the homework area has "functional types of storage, [such as] file cabinets, baskets for crayons [and] scissors, so all of the supplies they need are right there."

Bruce Wentworth, president of Wentworth, Inc. in Chevy Chase, said, "A simple counter top with bookcases is very practical. A large work surface for laptops, printers and scanners is desirable, and grommets help hide the cords below the work surface." Wentworth also suggests adding custom-built drawers and filing cabinets to homework spaces.

Arlington, Va., resident Allie Mann, project manager, Case Design/Remodeling, Inc., said "A fun or personalized calendar to teach time management," she said. "Along those lines, have a clock nearby."

Marika Meyer of Marika Meyer Interiors in Bethesda, said, "One thing I always love to incorporate is a custom tack board. We choose a fun fabric that the children help pick out and then have [it] sized to fit specific workspace."

WHEN DESIGNING A SPACE that is both functional and stylish, Moira Gannon Denson, an assistant professor of interior design at Marymount University, suggests using the elements and principles of design — color, shape, pattern and scale — to set the tone. This will allow the space to evolve as the child grows, she says: "Save the TV characters and cartoons for the stickers [for] their notebooks. ... Too much 'trending' can mean replacing in a year."

When creating a space that is appealing to both children and their parents, Doebel does suggest teamwork, however. "It's fun when a kid gets involved in the design process," she said. "They are drawn to contrast and comfort [like] bold, bright colors [and] soft, warm surfaces. They are always honest about what they see and how they feel."

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# **OPINION**

# Reacting to Countywide Transit Corridors

By Roger Berliner Member, County Council

n Friday [July 26], the Planning Board sent to our council its 130-page recommendations regarding the proposed bus rapid transit (BRT) system. It is recommending a network of 81 miles along 10 specific corridors — (1) Georgia Avenue North; (2) Georgia Avenue South; (3) MD 355 North; MD 355 South; (5) New Hampshire Avenue; (6) North Bethesda Transitway; (7) Randolph Road; (8) University Boulevard; (9) US 29; and (10) Veirs Mill Road.

Our Council will hold a public hearing on these recommendations on the evening of

COMMENTARY

Sept. 24. The public hearing had originally been scheduled for Sept. 10, but I felt that such an early date did not give our community enough time to absorb this important document and its recommendations, and the Council President agreed. So we were able to push it back two weeks. After that, the committee I chair, the Transportation, Infrastructure, Energy & Environment Committee, will hold a series of work sessions in October. The goal is to get this before the full Council before the end of the year.

While I am sure many of you will read the entire document, I am going to try my best to summarize here what the Planning Board is proposing. Hopefully, I will do it justice and provide a service to you.

But first — context. This "functional plan" does not in and of itself do anything. What it does do is give the County the legal basis for using, and where appropriate, acquiring rights of way for the purpose of accommodating BRT. As such, it is a predicate to being able to do anything in this realm. Much more work and detailed analysis will be done on this system as we move forward, work that the public will be fully engaged in, before our County commits to a specific plan along a specific road.

With that in mind, here is my cut at a summary of the Planning Board's recommendations:

- This is a "functional" plan. A functional plan gives the legal basis for acquiring the rights of way to accommodate the desired service. The focus of the plan is to identify the corridors needed for a BRT network and the rights of way in those corridors needed for the level of service deemed appropriate.
- The predicate to the plan is that between now and 2040, our typical planning horizon, traffic is going to get much worse. And it already is the worst in the nation.
- \* Making more efficient use of our existing rights-of-way is our best option in response to increased traffic congestion.
- \* Concurrently, we need to redefine our transportation metrics from how many cars get through a particular intersection to "person-throughput: providing as many people as possible with reliable travel options along our major transportation corridors; where feasible, providing a travel advantage to those who use transit; and reducing the

Corridor 1: Georgia Avenue North
Corridor 2: Georgia Avenue South
Corridor 3: MD 355 North
Corridor 3: MD 355 North
Corridor 5: New Hampshire Avenue
Corridor 6: North Bethesda Transitway
Corridor 7: Randolph Road
Corridor 9: US 29
Corridor 10: Velrs Mill Road
Corridor 10: Velrs Mill Road
Corridor CCT: Corridor Cities Transitway

growth of traffic congestion into the future."

- ❖ Frequent, reliable transit service requires a network of dedicated lanes. Dedicated lanes can be achieved by either expanding the right of way or by repurposing existing lanes.
- ❖ The Plan identifies three different types of BRT transit corridors: (1) Activity Center Corridors that connect multiple dense mixed-use areas; (2) Express Corridors that connect commuters at park and ride lots to employment centers; and (3) Commuter Corridors that connect moderate density residential areas to employment centers.
- ❖ The Planning Board recommends giving first priority to the corridors with the highest ridership potential, which the Board believes to be the southern segments of the US 29 and New Hampshire Ave corridors plus MD 355.
- The final rights-of-way will be determined during facility planning and design for individual corridors. Costs will be determined then as well and there will be opportunity for community input.
- ❖ There are other communities that have successfully implemented BRT systems, including Eugene, Oregon and Cleveland, Ohio. In Cleveland, ridership increased 50 percent on what had been the most heavily used regular bus route.
- ❖ Why BRT? It can be implemented faster, cheaper, and more flexibly than light rail. It can be implemented in phases, matching both demand and availability of capital. And it provides "a fast, convenient, reliable alternative to the single-occupant vehicle and increasingly congested roads." BRT also helps the County achieve its greenhouse gas emission goals it could eliminate as much as 44,000 metric tons a year.
- \* BRT will serve as a feeder to Metro and MARC stations, while local bus service will feed into BRT.
- ❖ One-half of the forecasted BRT patrons are expected to be new transit riders.
- ❖ The corridor treatments recommended

- "are tailored to reflect the specific conditions for each corridor segment and include the following decisions: (1) are dedicated lanes warranted; (2) should the dedicated lanes be at the curb or in the median; (3) can existing travel lanes be repurposed as dedicated bus lanes; (4) what segments of the recommended transit network can be implemented without adversely affecting current planned land use or general traffic operations."
- ❖ Dedicated lanes are warranted where there are forecasts for 1,000 passengers (combined BRT and local bus ridership) during the peak hour moving in the peak direction.
- ❖ Using the median for dedicated lanes provides the highest level of BRT accommodation. By definition, they are exclusive lanes. They are warranted in the eyes of the Planning Board where ridership is forecast to be very high, between 1,500 and 1,700 peak passengers.
- Dedicated curb lanes are more appropriate for lower levels of ridership.
- ❖ The Planning Board is not recommending adding much right of way because of the obvious constraints (homes, businesses, etc.). "Lane-repurposing designating an existing travel lane for bus use only provides the most efficient use of available transportation facilities."
- ❖ The Planning Board is recommending the following standard to determine where lanes should be repurposed: "lane repurposing is recommended where the number of forecast transit riders exceeds the general purpose land capacity and/or where general traffic demand would not exceed capacity."
- The Planning Board recognizes that lane repurposing may have an impact on traffic. Accordingly, "where lane repurposing is recommended, a thorough traffic analysis should be performed as part of facility planning to identify what transportation improvements could be implemented to mitigate the impacts of lane repurposing ...."

- ❖ "The transportation modeling performed for this Plan forecasts an overall improvement in traffic speeds with the introduction of BRT over the no-build condition (doing nothing)."
- ❖ For each of the 10 corridors identified at the top of this summary, there are a wide variety of "treatments" (designs) recommended. In some instances, where ridership is expected to be very high, two dedicated lanes in the median are recommended. That is what the Planning Board recommends for portions of the 355 corridor, where the Planning Board forecasts the highest peak and all-day ridership numbers. At the other extreme, where either the ridership numbers are not high enough to justify dedicated lanes or where rights of way are simply not available, BRT would run in mixed use traffic.
- ❖ While as chairman of our Transportation Committee I will be focused on each and every corridor, I am also a district councilmember and therefore pay an extra dollop of attention to what is proposed for the community I represent. Here is what the Planning Board proposes for our (District 1) community:
- ♦ Obviously, the big deal for our community is 355, where ridership is expected to be the highest and where the proposed treatment two lanes in the median to Bradley is the most supportive of BRT. From Hoya Street to Grosvenor Lane, that would mean six lanes for traffic plus two bus lanes. From Grosvenor Lane to Bradley, that would mean four lanes for cars and two lanes for BRT.
- ❖ From Bradley to Western Ave., the Planning Board is recommending using dedicated curb lanes for BRT, which would mean two lanes each way for general purpose traffic and a dedicated bus lane on the curb. That treatment is proposed all the way to Bradley Blvd. Curb lane treatment permits cars from the adjoining neighborhoods to pull into that lane to enter Wisconsin Ave.
- ❖ The other transit corridor in District 1 that is proposed for BRT treatment was master planned in 1992 and named the North Bethesda Transitway. The Planning Board is recommending that this corridor should now start at the White Flint Metrorail Station and end at Westlake Terrace near Montgomery Mall, running down Old Georgetown to Rockspring Drive using a reversible one-lane median transitway, and then from Rockspring to Fernwood Road and Westlake using a two-lane running transitway.

I have no doubt that these proposals — within District 1 and beyond — will generate considerable discussion. What is proposed by the Planning Board, and what was recommended by the County Executive's Rapid Transit Task Force, represents a very significant shift in how we use our limited road capacity. Whenever there is limited capacity, the choice of how to use that capacity can create conflicts. That is true here for sure where traffic congestion is — and has been for far too long — a serious impediment to the quality of life we desire. How we resolve those conflicts will define our community for years to come.

# News



# **Pets for Adoption**

Jesse (cat), male, 3 months old, neutered, DSH Tabby mix kitten — Jesse might be the runt of his litter but he is tops when it comes for affection for people. This well-socialized little guy adores affection from his foster and meows with vigor if he isn't #1 in line for attention. Jesse would be great for an owner who likes a cat companion that would follow you like a dog and loves to cuddle.



Edward (dog), male, 2 years old, 60 lbs., neutered, Rottie mix — Edward looks like he has serious things on his mind but this nice boy is actually an easy-going, good companion. He walks well, likes play with other dogs and is a good citizen. Edward isn't at his best at adoption shows but a call to PAW to arrange a private meeting would show any adopter he's a real gem.

To learn more about Partnership for Animal Welfare, the pets shown, volunteer, or make a tax-deductible donation, contact PAW at www.paw-rescue.org, call 301-572-4729, or write P.A.W., P.O. Box 1074, Greenbelt, MD 20768.

# Suspects Sought in Country Club Burglary

From Page 5

Those who wish to remain anonymous may call Crime Solvers of Montgomery County toll-free at 1-866-411-TIPS (8477)

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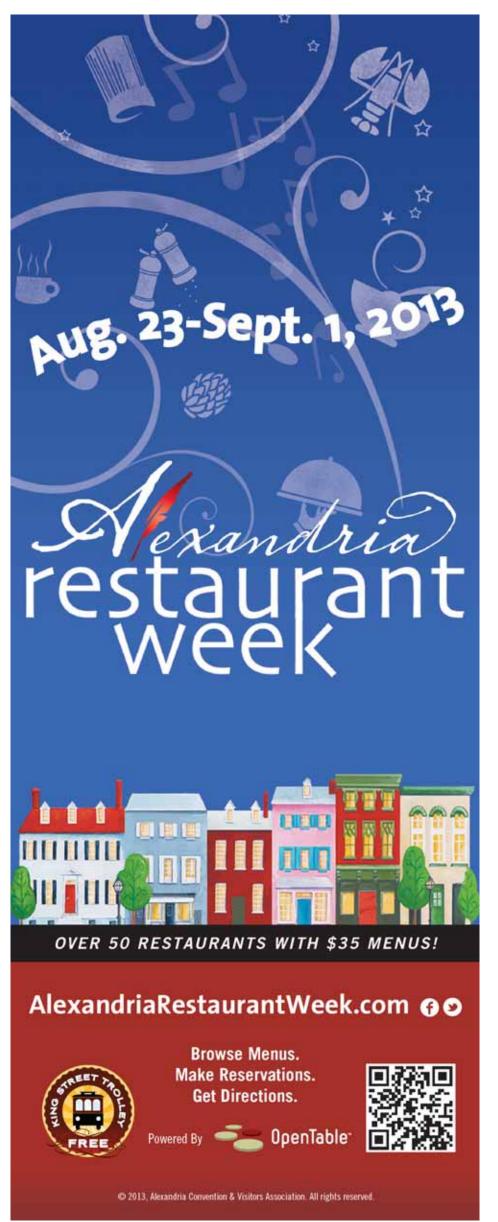
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# N.P.O.

By KENNETH B. LOURIE

"Nothing per orem." Which means no food after midnight — with a Latin derivation. And why would I have a clue about "no food after midnight" in Latin or in plain old English? I wouldn't normally, but normally I wouldn't have been admitted to a hospital awaiting surgery to help relieve the terrible difficulty I've had lately speaking/breathing a complete sentence and still having air after the final word had been spoken, catching my breath after walking only a few steps (exerting myself physically as well and/or walking up stairs or at any pace other than snail's has been a further challenge) and finally, and most disturbingly, not being able to perform some of my activities of daily living without some degree of stress, anyway.

Nevertheless, Friday, Aug. 2 was scheduled to be a chemotherapy day so off my wife, Dina and I went, as usual. Having been infused multiple times over the past four and a half years, I attributed the breathing difficulties that I was experiencing as merely semi-expected side effects (necessary evils) of my lung cancer treatment. However, after I explained — and exhibited, some of these same difficulties to my regular oncology nurse, Ron, he decided to walk me around the unit attached to an oxygen-monitoring machine in order to measure my oxidation rate. It was not good. My number was way too low — and cause for concern.

Ron then returned me to the infusion center where he spent the next 30 minutes attempting to coordinate my next step. It was not to continue chemotherapy, that's for sure. It was to have me evaluated by my H.M.O.'s Clinical Decision Unit, a unit I learned, where serioustype assessments and decisions are made. After being assigned to a room, the process began. I soon had an EKG and a Chest X-Ray. The X-Ray indicated that my left lung was almost entirely filled with fluid; no wonder I couldn't breathe. It was confirmed then: health-wise, I was in a

Given these results, before too long, a multiperson, multi-hour effort was put forth to get me admitted directly into a room at Holy Cross Hospital with the expectation that my condition warranted surgery that evening to alleviate my discomfort. After having initially arrived at 10:30 a.m. for my infusion (an appointment which typically lasts about two hours and then I'm free to go home), I was quite anxious as the early afternoon passed without any resolution and the late afternoon fast approached. Finally, at approximately 6 p.m., an ambulance arrived and I was transported to the hospital arriving in my room by gurney at 6:45. Since there was a presumption/expectation that surgery would indeed occur that night — to possibly include anesthesia/a narcotic, I was advised not to eat - in English. However, hours later it became obvious that I would not be operated on that evening, and thus was allowed to eat - at 9:30, but subsequently received my first official "NPO" for Saturday, beginning of course at midnight that Friday, the first day of my

I remember seeing the initials NPO printed on the easel on the wall directly in front of my bed, along with the understanding that I wasn't to eat — or drink, anything after 12 o'clock, but I couldn't reconcile the letters (NPO) with the words: "no food or drink after midnight" advisory/direct order. They didn't sync up. It wasn't until Saturday afternoon that I received the medical jargon/Latin connection.

So here I sit/lay in my hospital bed, hungry for a second consecutive day. After the surgery and post-op. recovery, presumably I'll be able to eat. I just hope I'll be able to breathe as well.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

# Entertainment

Email community entertainment events to almanac@connectionnewspapers.com. Deadline is Thursday at noon. Photos and artwork encouraged.

#### **ONGOING**

# Mommy & Me (& Daddy, Too).

Third Tuesday each month. 10 a.m. at Rockville Town Square. Meet for a morning out with active learning and creative play with lunch specials, story time, arts and crafts, sing-alongs, prizes and more. Visit rockvilletownsquare.com/events/mommy-and-me. On the Square: Aug. 20, Sept. 17 and Oct. 15.

Art Exhibition. The Art Glass Center

Art Exhibition. The Art Glass Center Gallery's ongoing exhibitions feature the work of resident artists Diane Cabe, Christine Hekimian, Sue Hill, Michele Rubin, Sherry Selevan, Bev and Zayde Sleph and Janet Wittenberg. Sculpture, vessels, functional art, and jewelry are also for sale. Classes are taught yearround for beginner, intermediate and advanced students. Fridays 10 a.m.-2 p.m., Saturdays 10 a.m.-4 p.m., and Sundays noon-4 p.m. At Glen Echo Park, 7300 MacArthur Blvd. Call 301-634-2273 or visit

www.artglasscenteratglenecho.org. **Glassworks.** Saturdays, 11 a.m.-4 p.m. Glassworks is the D.C. area's first glass school. Classes are taught yearround for both new and advanced students. At Glen Echo Park, 7300 MacArthur Blvd. Call 301-634-2280 or visit

www.innervisionglassworks.com. **Photoworks.** Photoworks is a resource for both student and professional photographers to develop their talents through classes, workshops, and exhibitions. Open Saturdays 1-4 p.m., Sundays 1-8 p.m., and during all scheduled classes and workshops. At Glen Echo Park, 7300 MacArthur Blvd. Call 301-634-2274 or visit www.glenechophotoworks.org.

# FRIDAY/AUG. 16

Balboa DJ Dance. 8:30-11:30 p.m. at Ballroom Annex at Glen Echo Park, 7300 MacArthur Blvd. \$10. Visit www.americanswing.org or glenechopark.org for more.

# SATURDAY/AUG. 17

**Life with Small Dogs Workshop.** 1:30 p.m. at St. Luke's Episcopal

Church, 6030 Grosvenor Lane, Bethesda. Jill Siegel of Bichon Frise Rescue will discuss these small dog issues such as housetraining, nutrition, health, safety, grooming, and even behavior problems. Leave pets at home. Visit http:// yourdogsfriend.org/free-workshops/ or call 301-983-5913.

Swing Dance. 8 p.m.-midnight in the Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd. Live music from Craig Gildner Big Band with special guest Adrian Cunningham. \$18. Visit glenechopark.org for more.

#### THROUGH SATURDAY/AUG. 17

Montgomery County Agricultural Fair. Visit www.mcagfair.com for times, location and more.

#### SUNDAY/AUG. 18

Waltz Dance Workshop. 2:45 and 3:30 p.m. at the Spanish Ballroom, 7300 MacArthur Boulevard, Glen Echo, Md. Band: Quartetto con Brio will be playing the music. Entrance fee is \$10, no partner required. Visit www.waltztimedances.org or call 301-634-2222.

DJ Swing Dance. 8-10 p.m. at McGinty's Public House, 911 Ellsworth Drive, Silver Spring. Free. Music by DJ Dabe Murphy.

Argentine Tango. 6:30-11 p.m. at Ballroom Annex, 7300 MacArthur Blvd. DJ Rene Davila will mix the music. \$15/person; \$10/dance only. Visit www.glenechopark.org for

Contra and Square Dance. 7-10:30 p.m. at Bumper Car Pavilion, 7300 MacArthur Blvd. \$13/nonmember; \$10/member; \$5/17 and under. Visit www.fsgw.org for more.

# THURSDAY/AUG. 22

Ice Cream Social. 6:30-8 p.m. Park Potomac development, off Seven Locks, between Montrose Road and Wootton Parkway. To benefit Interfaith Works. \$10/person and donation of new backpack or school supplies to help needy Montgomery County students.

Concert. 7:30-8:30 p.m. at Bumper Car Pavilion at Glen Echo, 7300 MacArthur Blvd. Hear music by Washington Revels Gallery Voices. Free. 301-634-2222.

**Blues Dance.** 8:15 p.m. lessons start,

# – Food & Drink —

**Rockville's Wednesday Farmers Market**. 11-2 p.m. in Rockville Town Center. Visit www.rockvillemd.gov/events/farmers.htm.

**Potomac Village Farmers Market.** Thursdays, 2-6:30 p.m. at Potomac United Methodist Church, at Falls Road and Democracy Boulevard. Through November. Visit www.potomacvillagefarmersmarket.net.

Kensington Farmers Market. Saturdays, 8 a.m.-noon. at Kensington train station parking lot on Howard Avenue. Call 301-949-2424.

Pike Central Farmers Market. Saturdays. 9 a.m.-2 p.m., 11806

**Pike Central Farmers Market**. Saturdays, 9 a.m.-2 p.m., 11806 Rockville Pike, Rockville. Call 301-775-6402.

**Rockville's Saturday Farmers Market**. 9 a.m.-1 p.m. in Rockville Town Center. Visit www.rockvillemd.gov/events/farmers.htm.

dancing from 9-11:30 p.m. in the Ballroom Annex, 7300 MacArthur Blvd., Glen Echo. \$8. Capital Blues presents the dances. Visit www.capitalblues.org for more.

#### FRIDAY/AUG. 23

Contra Dance. 7:30 p.m. lessons start; 8:30 -11:30 p.m. dancing at Spanish Ballroom at Glen Echo, 7300 MacArthur Blvd., Glen Echo. In Wildness provides music. \$10/adult; \$5/17 and under. Visit www.fridaynightdance.org for more.

#### SATURDAY/AUG. 24

Basie's Birthday Bash. Swing
Lessons at 8 p.m. followed by hotsock dancing from 9 p.m.- midnight.
Performance by the Tom
Cunningham Orchestra. At the
Spanish Ballroom Glen Echo Park,
7300 MacArthur Boulevard, Glen
Echo. \$15 for adults over 12, \$8 for
children over 4. Contact
tom@tomcunningham.com or
info@glenechopark.org.

Beyond Riverdance Concert. 8 p.m. at St. Michael the Archangel Catholic Church, 805 Wayne Ave. Composer and arranger Peter Brice and choreographer Kate Bole headline the show and will be joined by tenor banjoist Bob Smith and pianist Donna Long. Concert costs \$16 for non-members and \$13 for FSGW members. Visit www.newcenturyirisharts.com.

# SATURDAY-SUNDAY/AUG. 24-25

**Art Exhibit.** Noon-5 p.m. at the Glen Echo Yellow Barn Gallery, 7300 MacArthur Blvd. Artist Alex Tolstoy presents "Landscapes Plus," a collection of impressionistic watercolors featuring primarily landscapes. Reception scheduled for Aug. 24 from 5-6:30 p.m. in the gallery. Call 301-371-5593 or visit yellowbarnstudio.com.

#### FRIDAY-MONDAY/AUG. 30-SEPT. 2

Art Show. Browse the work of more than 250 artists at the Spanish Ballroom, 7300 MacArthur Blvd., Glen Echo. Hours are 7-9 p.m., Friday, Aug. 30; noon-6 p.m., Saturday-Monday, Aug. 31-Sept. 2. There will also be a free Irish music and dance showcase Saturday and Monday from 1-6 p.m. in the Bumper Car Pavilion at Glen Echo. Visit www.glenechopark.org or 301-634-2222 for more.

#### SATURDAY-MONDAY/AUG. 31-SEPT. 2

# Yellow Barn Drawing Exhibition.

Noon-5 p.m. at Yellow Barn Studio at Glen Echo Park, 7300 MacArthur Blvd. See paintings and drawings by the resident artists. Free. Visit www.yellowbarnstudio.com or 301-371-5593.

# SUNDAY/SEPT. 1

Waltz Dance Workshop. Workshop at 2:45 p.m. and dance at 3:30 in the Bumper Car Pavilion at Glen Echo Park, 7300 MacArthur Boulevard. Join us for a Waltz dance featuring the ensemble Waltz du jour playing a lively mix of folk waltzes with a few other couple dances. Admission is \$10, no partner required. Visit www.waltztimedances.org or call 301-634-2222.

**Contra and Square Dance.** 7-10:30 p.m. at Bumper Car Pavilion, 7300

MacArthur Blvd. \$13/nonmember; \$10/member; \$5/17 and under. Visit www.fsgw.org for more.

Blues Dance. 8 p.m. lessons start, dancing from 9 p.m.-midnight in the Ballroom Annex, 7300 MacArthur Blvd., Glen Echo. Admission TBD. Capital Blues presents the dances. Visit www.capitalblues.org for more.

#### MONDAY/SEPT. 5

Blues Dance. 8:15 p.m. lessons start, dancing from 9-11:30 p.m. in the Ballroom Annex, 7300 MacArthur Blvd., Glen Echo. \$8. Capital Blues presents the dances. Visit www.capitalblues.org for more.

#### FRIDAY/SEPT. 6

Contra Dance. 7:30 p.m. lessons start; 8:30 -11:30 p.m. dancing at Bumper Car Pavilion at Glen Echo, 7300 MacArthur Blvd., Glen Echo. KGB provides music. \$10/adult; \$5/ 17 and under. Visit www.fridaynightdance.org for more.

#### SUNDAY/SEPT. 8

VisArts Open House. noon-5 p.m. at VisArts at Rockville, 155 Gibbs Street. Visitors will have a chance to learn more about everything offered to the artist community. Live activities for the whole family will take place including wheel throwing and face-painting. Visit www.visartsatrockville.org.

## THURSDAY/SEPT. 12

Friends of the Library

Presentation. 12:30 p.m. at Potomac Library community room, 10101 Glenolden Drive. Great Decisions is a program in which local groups gather to discuss topics associated with foreign policy. This meeting the topic will be Iran. Brown bag lunches encouraged. Visit www.folmc.org.

# SUNDAY/SEPT. 15

Run for Recovering Heroes 5K & 10K benefit. 3:30 p.m. Register at www.safetyandhealthfoundation.org/heroes. Race takes place at the Carderock Recreation Area, Clara Barton Parkway, Carderock. \$40. Packet pick-up opens at 2:30 p.m day of the race.

# Bulletin Board

Email announcements to almanac@ connectionnewspapers.com.

# FRIDAY/AUG. 16

#### **Christ Episcopal School Open House**. 9 a.m. at 22 West Jefferson

Street. Tour the campus, meet members of the community and learn more about what makes CES a unique learning environment for all students. Registration required. Visit www.cesrockville.org or call 301-424-6550.

# TUESDAY/AUG. 20

Meeting. The Potomac Community Village's next meeting is at the Potomac Community Center, 11315 Falls Road at 7:30 p.m. A progress report on PCV's activites and an opportunity to help plan and implement the next steps are the focus of the evening. Visit Potomaccommunityvillage.com, email info@potomaccommunity village.com or call 240-221-1370.

# WEDNESDAY/AUG. 21

Drop-In Discussion. 6:30-8 p.m. at

www.ConnectionNewspapers.com

Montgomery Hospice 1355 Piccard Drive, Rockville. For anyone mourning the death of a loved one. Free and open to any Montgomery County resident. Registration required, 301-921-4400.

# FRIDAY/AUG. 23

Deadline. The Montgomery County Police Department is currently accepting applications for future sessions of the Citizen Academy. The program is free, but participants must be 18 or older and either live or work in Montgomery County. Participants who are selected for the program are required to attend 14 of the 18 classes to be eligible for graduation. Some of the topics covered include: investigating major crimes, drug identification, prostitution, and the procedures of the Emergency Response Team. It is held at the Public Safety Training Academy, 9710 Great Seneca Highway in Rockville on Tuesday evenings from 7-9:30 p.m. for 18 consecutive weeks. Applications must be received by Aug. 23. Once the fall session is full, all other applications will be held for potential enrollment in future Citizen Academy classes, Visit www.mymcpnews.com/resources/howto/join-citizen-academy/.

# TUESDAY/SEPT. 3

**Drop-In Discussion.** 1:30-3 p.m. at Montgomery Hospice 1355 Piccard Drive, Rockville, MD. For anyone mourning the death of a loved one. Free and open to any Montgomery County resident. Registration required, 301-921-4400.

# MONDAY/SEPT. 5

# **Public Forums on Health Care**

**Reform.** 7 p.m. at Bethesda-Chevy Chase Regional Services Center, 4805 Edgemore Lane. The forum will address the impact of the Affordable Care Act on residents ages 19-64 and insurance coverage and assistance available through Maryland's new health exchange. A question and answer session will follow the forum. Registration not required. Visit www.marylandhbe.com.

# WEDNESDAY/SEPT. 11

# **Journaling and Grief**

**Workshop.** A two-session workshop that will focus on the use of journaling techniques as a

way of addressing grief issues. No previous experience with journaling necessary. Participants need to plan on attending the second session on Sept. 18. Led by Montgomery Hospice professional counselors. 6:30-8 p.m. Montgomery Hospice, 1355 Piccard Drive, Rockville. Free. Registration required, 301-921-4400.

# WEDNESDAY/SEPT. 18

**Drop-In Discussion.** 6:30-8 p.m. at Montgomery Hospice 1355 Piccard Drive, Rockville. For anyone mourning the death of a loved one. Free and open to any Montgomery County resident. Registration required, 301-921-4400.

# TUESDAY/SEPT. 24

# Afternoon Grief Support Group.

For anyone grieving the death of a loved one, a six-week group led by Montgomery Hospice professional counselors. 1-2:30 p.m. Tuesdays at Ingleside at King Farm, 701 King Farm Blvd., Rockville. Registration required, 301-921-4400.

**Parent Loss Support Group.** For adults who have experienced the

death of one or both parents, a sixweek group led by Montgomery Hospice professional counselors. 6:30-8 p.m. on Tuesdays at Mount Calvary Baptist Church, 608 N. Horner Lane, Rockville. Registration required, 301-921-4400.

# WEDNESDAY/OCT. 2

#### Child, Adolescent and Teenager Grief Support Group. For children

(4 years old) through teens who have experienced the death of a parent or sibling. Parent/guardian group meets at the same time. A six-week group led by Montgomery Hospice professional counselors. 6-7:30 p.m. Wednesdays at Montgomery Hospice, 1355 Piccard Drive, Rockville. Registration required, 301-921-4400.

# ONGOING

Connect-A-Ride offers low-priced transportation to medical appointments, pharmacies, grocery stores and more for low-income, disabled residents 50 and over. Contact the Jewish Council for the Aging at 301-738-3252.



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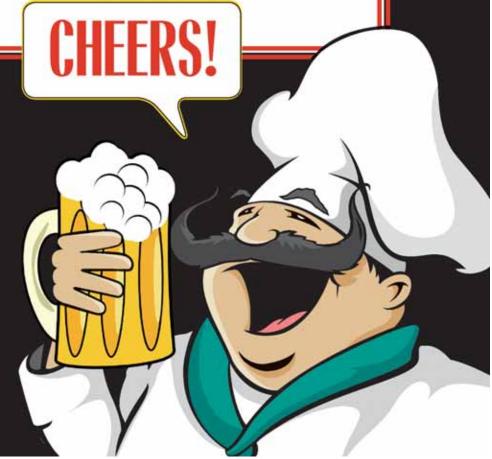
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