

NEWCOMERS & COMMUNITY GUIDE

The Arlington Connection

Insiders
Edition
2013-2014

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Visitors gather around the Iwo Jima Memorial on Tuesday evening, Aug. 6, to watch the U.S. Marine Corps Sunset Parade.

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PHOTO BY LASHAWN AVERY-SIMON/THE CONNECTION

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Top Five Places To Visit in Arlington

Some suggestions
on where to take
out-of-state visitors.

BY JENNIFER BENITZ
THE CONNECTION

Vast in size and largely accessible by Metrorail, Arlington County provides activities and sights for all ages to enjoy, often times making it difficult to narrow down a list of must-see spots. Some attractions are more well-known than others, but a few of them make Arlington unique. Whether new to the area, or simply enjoying a visit, five treasures of Arlington County can be easily found — starting with one of Greater Washington D.C.'s best-known attractions: Arlington National Cemetery.

Arlington National Cemetery is hardly a “hidden gem,” but it is worth a visit for newcomers and tourists of all ages. The landmark is rich in history, views of the district and things to do. Sweeping over many acres, the cemetery is the final resting place for thousands of servicemen and historical individuals, including President John F. Kennedy Jr. and other family members. While it is widely known as a military cemetery, primarily for those who died as a casualty of war or as a veteran, many of the figures buried there also had significant roles or ties in a range of fields.

Also on the grounds is the Arlington House — the former home of Robert E. Lee and his wife. The house served as their residence after the original owner died, and the estate was used to bury the deceased during the Civil War. Now, the house is a museum that pays tribute to the time frame of Lee's residence.

Other must-see attractions while in the cemetery are the changing of the guards, the Tomb of the Unknown Soldier and the Memorial Amphitheater. Although one must



View from Arlington National Cemetery.



Pentagon Memorial dedicated to the 184 individuals who perished at the Pentagon on September 11, 2001.

be prepared to do a lot of walking, Arlington National Cemetery provides plenty of things to see.

LOCATED NEXT to Arlington Cemetery is Arlington Ridge Park. The Marine Corps War Memorial, also known as the Iwo Jima Memorial, stands in this Rosslyn park, located just off of Arlington Boulevard. It serves as a hidden gem in the sense that it is not in the same vicinity as the majority of Washington's monuments. Rather, it stands in the park, where wide, open space for recreational activities and views of the Washington monument and Capitol Building can be seen. Unveiled in 1954, the monument honors all those in the U.S. Marine Corps who have died in defense of their country since 1775 and is modeled

SEE TOP FIVE, PAGE 20



View from the Mount Vernon Trail.



Tomb of the Unknown Soldier at Arlington National Cemetery.



Pauline Koerner Franko



Mary Edmondson



Oliver Purdy

Washington-Lee High School: 75 Years Ago

**The school's grads:
1938 and now.**

BY MICHAEL MCMORROW
THE CONNECTION

The area is in full “back-to-school” mode. Three local residents were invited to “think back to school” because they graduated from Washington-Lee High School, Arlington’s only high school (for whites, that is), 75 years ago in 1938.

Pauline Koerner Franko of Arlington then lived at 1416 Lee Highway. Mary Edmondson, now of McLean (Franklin Park), resided at 1927 Glebe Road. Oliver Purdy, Jr. currently lives in Fairfax (Franconia) but set off from 2020 N. Uhle Street in Arlington each school day. All walked to school, although Purdy admits to riding a bicycle often.

The scenes they passed through daily were the same. There were individual and small clusters of one-family houses. Business corridors had developed along the main thoroughfares of Wilson Boulevard and Fairfax Drive. Two- and three-storied apartments were appearing, but slowly. West of the school building, some open spaces held working farms. Railroad and

trolley tracks were everywhere, and all seemed to begin or end at Rosslyn.

The graduating seniors numbered about 150. Twenty students, or so, were in each subject class. Washington-Lee’s school day spanned 9 a.m. to 3 p.m. The school had a cafeteria but many, like Purdy, carried a lunch; for some the reason was food-choice, for others it was a matter of money. The Great Depression was in full bloom and impacted the lives of students and their families in many ways. For example, not all ordered class rings, a situation that was awkward for many. Also, the prom was not attended by a large number of graduating seniors. Purdy was one. He recalls breaking a date due to “youthful pride”; he did not own “good enough clothes” and he had no access to a car for the evening.

Once sufficient academic “credits” were earned, a student graduated in either February or June. Franko recalled that many, including her, left school as soon as possible to find a job. This was another effect of the Great Depression. Edmondson, on the other hand, could have graduated in February but stayed until June.

She chose to continue the study of Latin, a subject that has held her interest for more than seven decades.

One subject of their day that “now seems lost” is civics. Everyone was required to know how the levels of government were

structured and the duties of each.

ALL THREE AGREED that such appears not to be the case anymore. Purdy pointed to Jay Leno’s “Man in the Street” interviews which, while funny, reveal that too many adults have no awareness of the way government works and what it takes to be a good citizen. Edmondson recalls civics as one of her “most meaningful” classes.

Franko, Edmondson and Purdy agree the only “celebrity” classmate was Forrest Tucker, who arrived for junior year and later became a star of screen, stage and television. All noted that the young ladies of Washington-Lee were very much aware of tall, good-looking, athletic Tucker. He was known to the entire student body due to roles in the school’s drama program and for his prowess on the football field. Tucker learned enough football at Washington-Lee to join a semi-pro team in the year he attended George Washington University. Edmondson recalled “talk” about the football coach bending rules and recruiting Tucker, but he kept playing and nothing came of it.

Purdy’s immediate memory of Tucker



Forrest Tucker

was: “A real talker, he could talk himself out of anything.” This explains his yearbook entry as the “Class Bluffer.”

Edmondson, of course, was “aware” of Tucker in 1938. However, it was years later that she found herself impressed at the way he carried his acting roles. “He was terrific. Clearly, the grown man really had substance,” she said. She also recalled Tucker visiting Arlington when attending the 1949 Washing-

ton premiere of “Sands of Iwo Jima,” starring John Wayne. He made time to be with school friends, although the main reason for crossing the river was to join his mother, sister and other family members who lived in Fairfax County.

A 1961 newspaper report underscored Tucker’s attentiveness to old friends from Washington-Lee.

While playing lead in “The Music Man” at the National Theater, his sister organized a group of 250 family and old friends, including many Washington-Lee classmates and spouses, to attend the show. It was Tucker’s first stage appearance in his “hometown.” Afterward, his followers removed to Arlington Towers in Rosslyn and there entertained Tucker.

VIEWPOINTS

What Do You Like Best About Living in Arlington?

BY MARILYN CAMPBELL
THE CONNECTION

What do residents enjoy most about living in Arlington? From views of D.C. to shopping to local eateries, respondents had trouble picking just one thing.”

AMY MILLER

“Grab some picnic goodies from Trader Joe’s or Whole Foods in Clarendon and then head over to the Iwo Jima Memorial or the Netherlands Carillon — our personal favorite — to enjoy a vast green space plus views of D.C. that can’t be beat.”



SHANA LAWLOR

“As a resident of Arlington, I love the fact that we have so many shops, restaurants and service providers that are unique to Arlington. Walk down the street or step outside your door, and you’re not going to see the typical strip mall or shopping plaza. Instead, you’ll see thriving businesses that are part of an amazing community.”



CHRISTINE WILSON

“As a mom of two young boys in Arlington, we are always looking for fun things to do outside: picnics next to the Carillon, exploring at Long Branch Nature center, taking long walks along the Bluemont and Custis trails and swimming at Upton Hills. When friends come into town, we love to take them to the Westover Beer Garden. It is fun for the adults — great beer and food — and the kids are contained and always happy to play. For an evening out with my girlfriends, we enjoy trying out all of the roof deck bars at Eventide, Clarendon Ballroom, Whitlow’s and Arlington Rooftop Bar & Grill.”



ANDIE NELSON

“In our pre-children days, we used to spend nearly every Saturday morning at Brooklyn Bagel in Courthouse. It is a mom-and-pop bagel shop that is out of this world. On the weekends, they have a line that goes way out the door, but in addition to having worth-the-wait food, these guys should teach a business school class in operations and efficiency. Perhaps we are biased because this is walking distance from our house, but we think Potomac Overlook Park is so cool. First of all, they have great walking, running and hiking trails, and you’d be hard-pressed to feel like you are as close to a major city as you actually are. This is where we go to get away, relax and explore.”



NEWCOMERS & COMMUNITY GUIDE

55 Years or Older?

Register for county's senior adult programs.

Arlington County's Office of Senior Adult Programs, a unit of the Department of Parks and Recreation, coordinates activities and programs at the county's six senior centers and several community centers. It also administers a 55+ Travel Program. Arlington residents 55 years of age and older can register for a 55+ Pass with OSAP which gives them access to programs at all of the centers plus free access to exercise facilities from 6:25 a.m. to 2:30 p.m. at Thomas Jefferson Community Center and Barcroft Sports and Fitness Center. They will also receive a bi-monthly, 36 page magazine ("55+ Guide") and be eligible to participate in the travel program. The cost is \$20 annually.

OSAP programs focus on fitness, sports, wellness, recreation, arts, education and community engagement. The travel program offers 15 to 20 trips per month to places of interest in the Metropolitan area as well as out of state. Many Center programs are free and those re-

quiring a professional instructor, charge a small fee. OSAP supports special events for the 55+ community such as health fairs, retirement seminars, transition workshops and senior Olympics. It also partners with other age-related groups and services such as Encore Learning, AARP, the Area Agency on Aging and more.

Senior programming in Arlington began in 1954

by the Recreation Department when the first "senior citizens" group was formed with 42 residents interested in activities for seniors. Participation has grown to nearly 5,000 and over 155 different programs take place each week at the Centers. "We strive to provide Arlington seniors with programs and resources to stimulate their minds and talents, keep their brains and bodies active and healthy, make social connections and expand their horizons through learning and travel," according to Cheryl Johnson, manager, OSAP.

To register for a 55+ Pass, call 703-228-4744, visit a senior center or online at www.arlingtonva.us, search 55+ Pass. For a complimentary copy of the "55+ Guide," call 703-228-4721 or email, jmassa@arlingtonva.us.

Senior Centers

❖ **ARLINGTON MILL**
4975 Columbia Pike
703-228-7791
Open Tuesday through Friday, 9 a.m. – 12:30 p.m.
Email: evalencia@arlingtonva.us

❖ **AURORA HILLS SENIOR CENTER**
735 S. 18th St. (near Pentagon City)
703-228-5722
Open Monday, Wednesday, Friday, 10 a.m. – 3 p.m.
Email: jsparks@arlingtonva.us

❖ **CULPEPPER GARDEN SENIOR CENTER**
4435 N. Pershing Dr. (off N. Geo. Mason Dr.)
703-228-4403
Open Monday through Friday, 9 a.m. – 3 p.m.
Email: cbluford@arlingtonva.us

SEE SENIOR, PAGE 23

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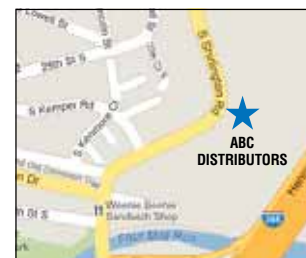
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Meet the Arlington County Board

Since 1930, the county has been governed by a five-member County Board rather than a County Board of Supervisors. Board members are elected at-large for staggered four year terms, and the chairmanship rotates annually.



Hynes



Garvey



Fisette



Zimmerman



Tejada

CHAIRMAN WALTER TEJADA

First elected to the Arlington County Board in a 2003 special election, Tejada served as chairman in 2008. Born in El Salvador, Tejada moved to the United States at the age of 13. He studied Government and Communication at George Mason University and has worked as an investigator, a business consultant and as an aide to U.S. Rep. Jim Moran (D-8). Before his election to the County Board, he served on the Fiscal Affairs Advisory Commission, the Affordable Housing Task Force, the Sports Commission, the Neighborhood Day Organizing Committee and the Bicentennial Celebration Task Force. He is the founding chairman of the Virginia Coalition of Latino Organization, and the founding president of the American Salvadoran Association of Virginia and of the Latino Democrats of Virginia.

VICE CHAIRMAN JAY FISETTE

First elected to the Arlington County Board in 1997, Fisette has been a resident of Arlington since 1983. He served as chairman in 2001, 2005 and 2010. A former GAO auditor, Fisette is a member of the Ashton Heights Civic Association, Unitarian-Universalist Church of Arlington, Arlington Com-

mittee of 100, Arlington Gay and Lesbian Alliance, Washington Area Bicyclist Association, Equality Virginia, and Leadership Greater Washington. Fisette served as a staff consultant to the Senate Labor and Human Resources Committee from 1988 to 1989 and as the director of the Whitman-Walker Clinic of Northern Virginia from 1990 to 1998. He has a master's degree in Public and International Affairs from the University of Pittsburgh and received a bachelor's degree from Bucknell University. Fisette and his partner, Bob Rosen, have been residents of the Ashton Heights neighborhood since 1987.

MARY HYNES

First elected to the Arlington County Board in 2007, Hynes was a member of the Arlington School Board for 12 years, serving as chairwoman on three occasions. She graduated from the College of St. Benedict in St. Joseph, Minnesota, which honored her in 2007 as a distinguished alumna. Hynes is chairwoman of Council of Government's Region Forward Coalition, a public-private consortium created to pursue COG's vision for the region's future. She is also a member of the Washington Metro-

politan Area Transit Authority Board, the Northern Virginia Transportation Commission's Executive and Legislative committees. As chairwoman in 2012, Hynes has created an initiative she calls PLACE, Participation, Leadership and Civic Engagement — to build on community's valued tradition of civic engagement known as "the Arlington Way." Hynes and her husband Patrick have resided in Arlington for nearly 35 years and are the parents of five Arlington Public School graduates.

LIBBY GARVEY

First elected to the Arlington County Board in March 2012, Garvey was a member of the Arlington School board for 15 years, serving as chairwoman five times. She earned a bachelor's degree from Mount Holyoke College in Massachusetts and has lived in Arlington since 1977. Garvey's professional career began as a teacher in the Central African Republic with the Peace Corps. She later served in parent-teacher associations of Abingdon and Dew elementary schools and the H-B Woodlawn program. She has been vice president of the County Council of PTAs, vice president of the Fairlington Civic Association and vice

chairwoman of the Advisory Council on Instruction. Democratic Gov. Mark Warner appointed Garvey to serve on the P-16 Education Council, an appointment that was later continued by Democratic Gov. Tim Kaine. In memory of her late husband, she established the Kennan Garvey Memorial Fund for Phoenix Bikes and has served on their board. She has two daughters, both of whom are graduates of Arlington County Public Schools, and four grandchildren.

CHRIS ZIMMERMAN

First elected to the Arlington County Board in 1996, Zimmerman has been a resident of the county since 1979. He served as chairman in 1998, 2002 and 2006 and 2011. Zimmerman has a master's degree in economics from the University of Maryland and a bachelor's degree in political science and economics from The American University.

A former civic association president and planning commissioner, Zimmerman was chief economist and committee director for Federal Budget and Taxation at the National Conference of State Legislatures. He has been a member of the Northern Virginia Transportation Authority, the Transportation Planning Board for the National Capital Region, the Northern Virginia Transportation Commission and the Virginia Railway Express Operations Board. Zimmerman and his wife, Mary Beth, live in the Douglas Park neighborhood of south Arlington where they have raised three children, all graduates of Arlington Public Schools.

Meet the Arlington School Board

The Arlington School Board has five members who serve overlapping four-year terms.

CHAIRWOMAN ABBY RAPHAEL

First elected to the Arlington School Board in 2007, Raphael has lived in Arlington since 1989. A former assistant commonwealth's attorney for Arlington County, Raphael earned her juris doctor from the University of Virginia School of Law and her bachelor's degree from Duke University. She has been an officer of the Bellevue Forest Citizens' Association and the Arlington County Bar Association. On the School Board, she has served as the liaison to the Partnership for Children, Youth and Families, the Student Advisory Board and the Washington Area



Sanchez



Lander



Raphael



Baird



Simon

Boards of Education. She and her husband, Stuart, have two daughters who attend Williamsburg Middle School and Washington-Lee High School.

VICE CHAIRMAN JAMES LANDER

First elected to the Arlington School Board in 2009, Lander is a product of the Philadelphia Public Schools and the father of an Arlington County Public Schools stu-

dent. He earned his bachelor's degree in marine engineering from the Massachusetts Maritime Academy and his masters of engineering from the University of Virginia. Lander is a veteran of the first Gulf War, serving in Saudi Arabia, and he continues to serve as an officer in the Naval Reserves, having been recalled after 9/11 in support of Operation Enduring Freedom. Lander, his wife, and their daughter live in the Oakcrest

neighborhood of Arlington.

SALLY BAIRD

First elected to the Arlington School Board in 2006, Baird has lived in Arlington since 1988. A native of Ohio, she earned an undergraduate degree in political science from Kenyon College. Her professional management and business experience in-

cludes more than 25 years in the publishing industry. Before her election to the board, Baird was active in her neighborhood civic association as well serving on the board of the Arlington Gay and Lesbian Alliance. As a parent, she served as co-chair of the APS Early Childhood Advisory Committee and in PTA leadership roles with her children's elementary school. As a member

SEE SCHOOL BOARD, PAGE 10

NEWCOMERS AND COMMUNITY GUIDE

Community Canine Areas

Benjamin Banneker Park

1701 North Van Buren Street
Lights on until 8 p.m.

Fort Bernard

at the corner of South Pollard Street and South Walter Reed Drive
Lights on until 9 p.m.

Fort Ethan Allen Park

3829 North Stafford Street
Lights on until 7 p.m.

Glencarlyn Park

301 South Harrison Street

James Hunter Park

(Closed for renovations)
1299 N. Herndon Street

Shirlington Park

2601 South Arlington Mill Drive

Towers Park

801 South Scott Street
Lights on until 10 p.m.

Utah Park

3191 South Utah Street

— Arlington Department of Parks and Recreation



Places To Exercise Fido

County maintains eight canine areas.

BY CAMILLE THOMPSON-CLOWNEY
THE CONNECTION

Looking for a place to let your dogs off-leash so they can run and play? The Arlington County Department of Parks and Recreation maintains eight Community Canine Areas (CCAs) in Arlington County. James Hunter Park is currently closed for renovations to become more sustainable and is set to reopen soon, so there are now seven CCAs that are well worth a visit. Here is a guide to some of the local favorites.

Shirlington Park, near the Village at Shirlington, is perfect for dogs that love to swim and probably the most popular Arlington CCA. Named the best dog park of 2009 by Washington Express, it's obvious why this park is the top choice for locals. The 29-acre park runs along the stream at 4-Mile Run with water access for dogs who want to take a dip. For those nervous about letting their dogs in the stream, the Arlington Department of Environmental Services monitors E. coli levels at 15 sites around Arlington each month. The trails have benches if you want to stop and admire the scenery, but since this dog park is nearly always packed, make sure your dog is comfortable with lots of excitement. On a beautiful weekend it's full of dogs big and small.

Just a couple miles from Shirlington Park is another, slightly smaller CCA, **Fort Bernard**. The dog exercise area is across the street from the main park, making it the perfect place for parents to go exercise their dogs while the children play baseball and basketball. This park is great because there are plenty of Frisbees and balls available to play with. There are a few shady trees with picnic tables as well as water fountains for the two-legged and the furry-legged. There's a community bulletin board in the center of the fenced area, roughly one acre, with lots of information on upcoming pet-friendly events.

Dina Hart, a volunteer with Lab Rescue of the Labrador Retriever Club of the Potomac takes her two rescue labs to Fort Bernard while her children play football. "One thing to be cautious of is bringing dogs to the dog park that have not been spayed or neutered. The only times I've seen issues arise between dogs is when one hasn't been fixed. Otherwise dog parks are a fantastic way to socialize and exercise your dogs," said Hart.

A few miles away is **Utah Park**, nestled within the Fairlington neighborhood near I-395. This CCA is small, at around three quarters of an acre, but still has plenty of room to run. The highlight of this park is a pavilion with picnic tables in the middle of the fenced area where owners can relax in the shade and still keep an eye on their dogs. If you're looking for a small park with a community feel, this is the spot for you.

For history buffs, **Benjamin Banneker Park** boasts one of the boundary markers of the original District of Columbia. You can see the stone on Van Buren Street then walk around the paved path to the nearly two-acre fenced CCA. This park is much more than just a dog park; there are charcoal grills, picnic tables, paved walking/biking paths and athletic fields. The CCA area is made of crushed rock and has plenty of shade and picnic tables. This is another park that's frequently packed with dogs of all shapes and sizes. One basset hound/boxer mix visits twice a week and "loves to meet new dogs," said her owner, an Arlington resident who lives just a few minutes away.

For dogs that prefer to be unleashed without a fence, Glencarlyn Park is the spot for them. Right by the Long Branch Nature Center, the 97-acre park offers it all- picnic areas, nature trails, an amphitheater and fishing.

This is another good spot for dogs to take a dip after roaming the trails.

Arlington offers a host of options for canine entertainment at area CCAs. Keep up with events and changes on the Department of Parks and Recreation website: <http://www.arlingtonva.us/departments/ParksRecreation/ParksRecreationMain.aspx>

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OPINION

About the Connection

Newcomers and Community Guide 2013-2014

As your local, weekly newspaper, the Arlington Connection's mission is to bring the local news you need, to gather information about the best things in and near your community, to advocate for community good, to provide a forum for dialogue on local concerns, and to celebrate and record milestones and events in community and people's lives.

Here in our Newcomers and Community Guide, we've included a look at local events and activities, information on local government, nonprofits and business organizations, plus tips and tidbits from the community.

We invite newcomers and long-time residents alike to let us know how we're doing and let us know what is going on in your part of the community. If you have questions or ideas, send us an e-mail or call us, contact us on Facebook or send us a tweet. We invite you to send letters to the editor or to send an e-mail with feedback about our coverage.

We want to know if someone in your family or your community published a book, started a business, became an Eagle Scout, raised

EDITORIAL

money for a good cause, accomplished some feat like running a marathon, supporting a cause or having art included in an art show. We publish photos and notes about personal milestones and community events, including births, engagements, weddings, anniversaries, awards and obituaries. We are also interested in events at your church, mosque, synagogue, community center, pool, school, club, etc. Email us a note about the event, being sure to include when and where the photo was taken and the names of all the people who are in a photo. We also publish notes about news and events from local businesses. Notes about

openings, new employees, anniversaries are welcome. It is especially important to us to let people know about events ahead of time in our calendar of events. We appreciate getting notice at least two weeks ahead of the event, and we encourage photos.

The paper you're reading, the Arlington Connection is one of 15 papers published by the independent, locally owned Local Media Connection LLC, serving the suburbs of Metropolitan Washington in Northern Virginia and Potomac, Md.

Our flagship paper, the Alexandria Gazette Packet, is one of the oldest continuously publishing papers in the country, beginning publication in 1784.

The Connection Newspapers have won hundreds of press awards in just the past few years,

including the Virginia Press Association Award for Journalistic Integrity and Community Service, and awards in news, art, business, special projects, sports, entertainment, design, photography, and much more.

We have staff and contributors here at the Connection with remarkable talent and experience, far greater than one might expect. While the last few years have brought many challenges to the newspaper business everywhere, affecting us as well, we continue to publish 15 distinct papers every week that serve their communities in distinct ways.

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I Become a Tutor and Learn a Few Things

BY KAREN KIMBALL

I had forgotten the geometric-shaped colors and mostly Lilliputian furniture which adorn elementary school classrooms when I entered Ashlawn Elementary as a volunteer reading tutor. My visit was prompted by concern about chronic student deficits in reading and mathematics. If students fall farther and farther behind, how could they succeed? What would the impact be in later years where jobs become more highly skilled and technical?

My student, Kevin (not his real name), was in second grade. It was almost the end of the school year and he was only reading at the beginning of the second grade level.

One nationwide study by Johns Hopkins University estimates roughly a third of students entering ninth grade need extra help in reading; a quarter do in mathematics. Reading with comprehension is an integral component of learning in all subject areas. As a result, as students progress through each grade level, unaddressed deficiencies escalate with each passing year.

No actual data has been published showing the percentage of students who are promoted from one grade to the next without the necessary foundation skills. However, the Virginia Department of Education Literacy Plan for 2011 reports that approximately 14 percent of both first and second grade students needed extra help in reading during the 2009 – 2010 school year. In the third grade, 24 percent needed extra help. A 2010 Annie E. Casey

Foundation study concluded that 67 percent of all fourth grade students in 2009 were reading below grade level.

Virginia Deputy Education Secretary Jaraid Siddiqi has described third grade reading as a good gatekeeper for academic success. This view is supported by a 2012 Annie E. Casey study: children who aren't reading proficiently in third grade are four times more likely to drop out of high school. Every student who does not complete high school costs our society \$260,000 in lost earnings, taxes and productivity.

While little consensus has emerged about the benefits and disadvantages of holding children back a year, a number of research studies have shown that holding students back in grade has a negative impact on adjustment and ultimately in all areas of achievement. Such students were much more likely to become behavioral problems, drop out of school, have low self-esteem, and have poor peer relationships. As adults, they were more likely to be unemployed, living on public assistance or in prison than those who were not held back. While students may need support in a number of different areas, systematic assessment, continual progress monitoring and evaluation, and instructional strategies introduced as early as possible have the best chance of success. Volunteer tutors are vital to that effort.

Arlington County has a well-run, Reading Buddies program at several elementary schools. Buddies meet with a first or second

grade student for 45 minutes twice each week. The program is staffed by a reading coordinator and supported through an annual grant.

Tutors follow a reading plan prepared by the coordinator for each meeting. A separate reading room is set up just for students and their tutors.

Kevin's principal interests were dinosaurs, super-heroes, and science. He also liked to read and tell jokes. We found books to support those interests. I never realized there were so many different kinds of dinosaurs! Our trip around the solar system via The Magic School Bus was a particular hit. I also used a strategy game we discovered called The Chocolate Fix which requires logical deduction to arrive at correct solutions. This work, in conjunction with asking him questions about the reading material, encouraged him to think about what he was reading, not just about getting the words right.

Kevin is not unique. A number of opportunities exist to tutor at all grade levels in the Washington, D.C., metropolitan area. In addition to public school programs, non-profits like Reading Partners in the District and Building Better Futures at the Campagna Center in Alexandria also welcome volunteers. You can do a Google search as well: "volunteer tutor [insert the geographic location of your choice]".

On our last day together before the end of school, Kevin selected a really advanced book. I said, Kevin, that's a long one; are you up for that? He gave me a broad, cocky smile, inserted the book into his backpack, and headed off to class.

COMMENTARY

The
Arlington
Connection

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NEWCOMERS & COMMUNITY GUIDE

PHOTO CONTRIBUTED



Trinity Presbyterian Church features a contemporary worship band and eight voice and bell choirs.

Church Offers Diverse Expression

Trinity Presbyterian Church welcomes all in the community who are looking to grow spiritually, develop long-lasting friendships, and get to know and follow Christ. The church is a community of welcome and diversity. Recognizing that there is one faith but different styles of expression, Trinity offers three worship services.

❖ Contemporary Worship 9 a.m. Sundays — Casual style combined with depth of worship, a joyous celebration featuring a contemporary worship band.

❖ Traditional Worship 11:15 a.m. Sundays — Fam-

ily friendly, includes a children's message and features the music of eight voice and bell choirs.

❖ Contemplative Worship 5 p.m. Saturdays - A quiet place to encounter God and reflect on God's word. Communion served weekly.

COMMUNITY TIP

Music is important at Trinity so it offers many opportunities to participate for musicians of all ages. In addition there are educational formats for all ages and Trinity has

a focus for Mission in the world and in the immediate community. See www.trinityarlington.org. Trinity Presbyterian Church is located at 5533 North 16th Street, Arlington. Call 703-536-5600.

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EXTRAS

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703-256-4711

4955 Sunset Lane Annandale, VA
www.kenwoodschool.com

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www.lostdogandcatrescue.org



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OPEN HOUSE DATES

Oct. 26, 1:00-4:00 pm & Dec. 14, 1:00-3:30 pm

4101 Connecticut Ave. NW, Washington, DC
202-362-8882
admissions@burkeschool.org
www.burkeschool.org

MADEIRA



ADMISSION OPEN HOUSE

Allow us to introduce you to Madeira's academic programs and school community at one of our fall open house events. Meet teachers, take a campus tour, and experience the magic of Madeira.

Sunday, October 13 or
Sunday, November 10 • 1pm

The Madeira School is located at 8328 Georgetown Pike in McLean, Virginia.

For more information call 703-556-8273 or begin your journey online at www.madeira.org.

BULLETIN BOARD

Email announcements to arlington@connectionnewspapers.com. Deadline is noon the Thursday before publication. Photos are welcome.

TUESDAY-SATURDAY/AUG. 27-31

Wait-List Application. The Arlington Partnership for Affordable Housing (APAH) announced the opening of the Arlington Mill Residences leasing office and the process for submitting a wait-list application. Wait-list applications received between Aug. 27 and Aug. 31 will be entered into a lottery in order to determine wait-list priority. Applications received on or after Sept. 1 will be considered on a first come, first served basis. The wait-list application is available

at apah.org, under News and Updates. Applicants can print out the form and submit it in person to the leasing office or via e-mail to arlingtonmillapts@paradigmcos.com. Applications received prior to Aug. 27 will not be accepted; applications received after Aug. 31 will not be eligible for the initial lottery. The temporary leasing office is located at 1001 S. Frederick St. Apt. 1031. The office hours are Tuesday-Saturday, 10 a.m.-6 p.m. The leasing office phone number is 703-566-6213. Visit www.arlingtonmillapts.com.

SUNDAY/SEPT. 1

Application Due. The Rotary Club of

Arlington is accepting Global Grant Scholar applications for the 2014-2015 academic year. If selected, the applicant will compete for one of two, one-year international post-graduate scholarships provided by the Northern Virginia Rotary District. Individuals seeking endorsement from the Arlington Rotary Club should have some affinity for Arlington. Applications can be mailed to the club address (Arlington Rotary Club, PO Box 100038, Arlington, VA 22210) or scanned and e-mailed to the club coordinator Chris Mallin (cmallin@gmail.com). The application and additional information on this program is available at: www.rotary7610.org/scholarships.htm.

TUESDAY/SEPT. 3

Civic Federation Candidate Night Forum. 7:30 p.m. at Hazel Auditorium, Virginia Hospital Center, 1701 N. George Mason Drive. Interact with candidates seeking public office in November. Free.

THURSDAY/SEPT. 5

Meeting. 12:15 p.m. at La Cote d'Or, 6876 Lee Highway. The Arlington Rotary Club welcomes Stephen Brundage for an update on Africa. Visit www.arlingtonrotaryclub.org.

SATURDAY/SEPT. 7

Information Session. 10 a.m.-noon

at the Arlington Foster Care/Adoption Program, 2100 Clarendon Blvd. Information on adoption, children's needs, foster family support and certification process. Call 703-228-1559 or e-mail openheartsopenhomes@arlingtonva.us.

Fall Course Preview. 9 a.m.-noon at GMU-Arlington, Founders Hall, 3351 N. Fairfax Drive. Instructors at Encore Learning will talk about their upcoming courses. Open to members and those age 50 and older. Visit www.EncoreLearning.net.

MONDAY/SEPT. 9

Meeting. 1 p.m. at Woman's Club of Arlington, 700 S. Buchanan St. Liz Crenshaw, consumer advisor for NBC4 News will talk. Free. Refreshments will be served. 703-553-5800.

TUESDAY/SEPT. 10

Black Belt for High Performing Leaders Workshop. 9 a.m. at Marymount University's Ballston Campus, 1000 North Glebe Road. Visit www.leadershiparlington.org.

School Board

FROM PAGE 6

of the board, Baird serves as liaison to the Facilities Advisory Council. She lives in Arna Valley with her two sons, who are students at Drew Model School.

EMMA VIOLAND-SÁNCHEZ

First elected to the Arlington School Board in 2008, Violand-Sánchez has lived in Arlington since 1978. She is a former supervisor school administration official, serving as supervisor of the office for English for Speakers of Other Languages and High Intensity Language Training until her retirement in 2007. She received her bachelor's and master's degrees from Radford University, and she has a doctorate in education from the George Washington University. She is currently an adjunct faculty at Georgetown University. Violand-Sánchez has two children, James and Julia, who are also educators and graduated from the Arlington Public Schools.°

NOAH SIMON

First elected to the Arlington School Board in 2012, Simon has lived in Arlington since 2003. A native of Rochester, N.Y., he has a bachelor's degree in political science from Gettysburg College. He has experience in public policy, budget management and strategic partnerships as a Capitol Hill staff member and at the headquarters of the American Red Cross. He is a former member of the Budget Advisory Council and currently the vice chairman of the Arlington Travel Soccer Committee. Simon is the vice president of business development for Crossmatch Technologies. He and his wife Kedron have a son and a daughter, both of whom attend Arlington Science Focus School.

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NEWCOMERS AND COMMUNITY GUIDE



The Crystal City Farmers Market, now located at 251 S. 18th and Bell streets, offers fresh produce from regional farmers every Tuesday from 3-7 p.m. until Nov. 26. Amy Averill and Denise Colby pick up fresh tomatoes and sunflowers at the Kuhn Orchards farmstand on Aug. 6.



At the Crystal City Farmers Market

Sandy Lombardi places fresh tomatoes at the Kuhn Orchards farmstand.

Christina Martin watches live bees form honey combs in a glass display at the Coulter Farms stand.

PHOTOS BY
LASHAWN AVERY-SIMON
THE CONNECTION



Visitors can sample fresh crab meat, crab cakes and specialty crab dips from the Shells Yes! crab cake company farmstand. Owner John Paine and worker Rebecca Ward greet customers.



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Arlington Arts Center: A Local Treasure

Center offers a myriad of services that makes visual arts accessible to Arlington.

BY MARILYN CAMPBELL
THE CONNECTION

The first thing one might notice when entering the Arlington Arts Center is its simplicity: stark white walls, clean open spaces and free-flowing design. The second is the wide-ranging scope of exhibits that run the gamut from vegetable gardens and mixed media to photographs of animal droppings and leaded stained glass created by Louis Comfort Tiffany.

"People who are not familiar with art may not understand what we do," said Si Jae Byun, an Arlington Arts Center artist in residence.

What they do, said executive director Stefanie Fedor, is offer a range of services that make visual arts accessible to the Arlington community and the surrounding area.

"We are absolutely a community arts center," said Fedor. "We offer visual arts classes for ages 4 to forever. We have the highest caliber teachers. They are professional artists who have MFAs. We allow the community with all levels of art backgrounds the opportunity to work with professional artists."

THE ARLINGTON ARTS CENTER, a nonprofit visual arts complex housed in the historic Maury School, offers a resident artist program to which local professional artists can apply. Resident artists are given 24-hour-a-day access to a studio space with large windows that stream sunlight from

dawn to dusk.

"We help local artists develop by giving them time and space to make their art," said Fedor. "We have the Wyatt Gallery and it's dedicated to showing the work of resident artists."

The work on display now is by Pam Rogers, a full-time resident artist, and also by visiting artists Radio Sebastian, a husband and wife team. "They've collaborated with Pam to create Agri-Interior, an exhibit that is still growing and evolving," said Fedor.

"Right now, our exhibits include a community garden called the Straw Bale Farm by Susan Leibovitz Steinman and the Gourd Place Spirit House by Doug Retzler," she said.

These exhibits were commissioned by the Art Center in partnership with the Arlington Public Art program.

"The one thing that people don't realize is that we are free and open to the public, and we have free programs," said Fedor. "When we have an exhibit opening, we have a reception with wine and cheese, all free and open to the public."

Some say the Arlington Arts Center is one of Arlington's hidden treasures. "At lot of people don't know we're here," said Lee Gainer, another resident artist. "Some people who come in are surprised to find that there is so much here."

The Arlington Arts Center is located at 3550 Wilson Blvd. For more information visit www.arlingtonartscenter.org or call 703-248-6800.



"The Gourd Place Spirit House" by Doug Retzler is an exhibit on display at the Arlington Arts Center.



Arlington Arts Center resident artist Si Jae Byun works on a project.



Lee Gainer, a resident artist at Arlington Arts Center works on a painting in her studio space.

CALENDAR

Email announcements to arlington@connectionnewspapers.com. Deadline is noon Thursday. Photos are welcome.

ONGOING

Food Truck Thursdays. In the surface parking lot at the corner of Crystal Drive and 18th Street.

Line Dancing Class. Fridays, 10-11 a.m. Line dancing with Barbara Allen. Covers the basic steps, then combines them to music for a gentle aerobic workout. More experienced line dancers are welcome as they can assist newer dancers. At Aurora Hills Senior Center. Call 703-228-5722.

Paisano's Pizza is going to "Share the Pie" with the Boys and Girls Clubs of greater Washington. For all customers who mention "BGC" when placing an order, Paisano's will donate 10 percent of their purchase price to help support that organization. The fundraiser goes until Sept. 15. In Arlington, Paisano's is at 3650 South Glebe Road, No. 185. Visit www.pizzapaisanos.com.

Enjoy a Monday morning **yoga class** through September held in Crystal City's Water Park located across from 1750 Crystal Drive. Led by instructors from Mind Your Body

Oasis.

The Crystal City **FRESHFARM Market** is open on Tuesdays from 3-7 p.m. with the same selection of foods and goods from local producers, in front of 251 S. 18th St.

Take a **free outdoor Zumba** class in the courtyard at 2121 Crystal Drive, led by instructors from the local Sport & Health Clubs, every Wednesday through the end of September. Participants can take a free shower afterwards at the nearby Sport & Health.

Photography Exhibit. Through Monday, Sept. 30, see "Hallowed Ground: Photos of the Gettysburg Battlefield 150 Years After, by Ron Cogswell," at Cherrydale Branch Library, 2190 Military Road. Free. Call 703-228-6330.

Senior Olympics Registration. Participants can register online at www.nvso.us or by regular mail. The events take place Sept. 7-19 at 17 different venues throughout Northern Virginia. Registration forms are available at senior centers, community centers and senior residences or by calling 703-228-4721. Deadline to register is Aug. 23 (mail), Aug. 30 (online). The fee is \$12.

Register Now. 2013 Master Gardener Training Class still has a few spaces available for the program which runs from Sept. 10-Nov. 21 on Tuesday and Thursdays, 9 a.m.-noon. Classes held at the Fairlington Community Center, 3308 S. Stafford St., as well as two Saturday field trips to gardens operated by master gardeners. Fee is \$225 for Arlington and Alexandria residents and \$275 for outside residents. Call 703-228-6414 or email mgarlalex@gmail.com

Register Now. Encore Creativity's 55+ Encore Chorale welcomes older adults to register for its fall season. The program offers an opportunity to improve your voice in a welcoming community. No auditions will be held. Singers will rehearse classical and holiday songs in preparation for December performances. Call 301-261-5747 or visit encorecreativity.org.

THROUGH SEPT. 22

Theatre Performance. At the Signature Theatre, 4200 Campbell Ave. Signature Theatre presents "Miss Saigon." Performances Tuesday through Sunday evenings, with matinees on Saturday and Sunday.

Tuesday and Wednesday shows are 7:30 p.m.; Thursday through Saturday performances are 8 p.m.; and Sunday performances are 7 p.m. Matinees performances are 2 p.m. \$40. Call 703-573-SEAT or visit signature-theatre.org.

WEDNESDAY/AUG. 21

Nanny Club. 10 a.m.-noon at Columbia Pike Library, Columbia Pike Library, 816 S. Walter Reed Drive. For children up to age 5. Free. 703-228-5710.

THURSDAY/AUG. 29-SUNDAY/SEPT. 1

Tabletop Wargaming Convention. Fourth Annual NOVA Open hosts gaming tournaments, hobby and art seminars, raffles. Event tickets, weekend badges and day passes can be purchased onsite or at www.novaopen.com.

FRIDAY/AUG. 30

Wine in the Water Park. 6-10 p.m., Fridays in Sept. at Crystal City Water Park, 1750 Crystal Drive. Experts from the Washington Wine Academy assist attendees in selecting wine.

Free admission and snacks; \$5 for wine and beer. Call 703-412-9430 or visit www.crystallcity.org.

Music. 8 p.m. at Air Force Memorial, One Air Force Memorial Drive. The United States Air Force Band - Airmen of Note will perform. Free. Visit www.usafband.af.mil or 202-767-5658.

SATURDAY/AUG. 31

Summer Concert. 7 p.m. at Potomac Overlook Regional Park, 2848 N. Marcey Road. musical performance by local band Michael Mulvaney. Free but donations are requested. Picnic suppers are welcome. Call 703-528-5406.

TUESDAY/SEPT. 3

Book Club: Read Between the Lines. 1-2 p.m. at Shirlington Library, 4200 Campbell Ave. Discuss "Law in America" by Lawrence Meir Friedman. Free. 703-228-6545.
Film. 2-3:45 p.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Watch "To Have and Have Not" (1944). Free. 703-228-5710.

SEE CALENDAR, PAGE 14

WWW.CONNECTIONNEWSPAPERS.COM

A GUIDE TO THE ARTS

A selection of upcoming theatre, music and art shows in and around Arlington. Know of a venue or organization we missed? Email cbryan@connectionnews papers.com

Arlington Arts Center

3550 Wilson Blvd., Arlington. The AAC is a private, nonprofit contemporary visual arts center that supports the work of regional artists and features exhibitions, education and studio spaces. 703-248-6800 or www.arlingtonartscenter.org.

SATURDAY/SEPT. 7

Urban Gardening in Containers: Green Acres in a Small Space. 10:30 a.m.-noon. AAC will host a lecture on the Green Acres gardening methods that can be applied to urban homes. Free.

THURSDAY/SEPT. 12

Night of Ikebana. 6:30-7:30 p.m. AAC hosts a Radio Sebastian and Reiko Blackwell demonstration of the Japanese tradition of Ikenobo style Ikebana and live flower sculptures. Free, wine will be served.

SUNDAYS-SATURDAYS/OCT. 30-DEC. 22

Fall Solos. Times and prices TBD. Various artists such as Kristina Bilonick, Amy Chan and Matthew Fishel showcase their work. Opening reception, Saturday, Nov. 2.

Arlington Cinema & Drafthouse

2903 Columbia Pike, Arlington. The comfortable dinner-theater setting features live entertainment, movies, beer and food. 703-486-2345 and arlingtondrafthouse.com

FRIDAY/AUG. 30

ThreeGuysOn Presents "The Final Draft." 10 p.m., the Green Room. Several comics deliver their best material to visitors. Free.

SATURDAY/AUG. 31

Open Mic Stand-Up Comedy. 10:30 p.m., the Green Room. Local comics-on-the-rise test new material in a modern entertainment lounge setting. Free.

FRIDAY-SATURDAY/SEPT. 20-21

Brad Wollack from "Chelsea Lately." 7:30 and 10 p.m. The co-executive producer and writer for E! Entertainment's late-night talk show brings his comedy act to the Drafthouse. \$20.

FRIDAY-SATURDAY/SEPT. 27-28

Joe Matarese from "Letterman," "Chelsea Lately," and Comedy Central. 10 p.m. The television comedian and personality performs his autobiographical act about his dysfunctional Italian family, his own neuroses and his marriage to a psychologist. \$20.

Artisphere

Artisphere, 1101 Wilson Blvd., Arlington. Arlington's arts center features four performance venues, three visual art galleries, a large ballroom and free Wi-Fi. 703-875-1100 or www.artisphere.com.

SUNDAYS-SATURDAYS/SEPT. 12-OCT. 20

Andy Warhol: Silver Clouds. 7-10 p.m. Terrace Gallery. Andy Warhol's classic installation makes its Washington, D.C.-area premiere. Free opening, Thursday, Sept. 12.

SUNDAYS-SATURDAYS/SEPT. 12-OCT. 20

Alexa Meade and Sheila Vand, "Milk: What Will You Make of Me?" Time TBD. Bijou Theatre. This behind-the-scenes short film explores the artistic innovations of Meade and Vand. Free.

SATURDAY/SEPT. 14

Tal National and Janka Nabay & the Bubu Gang. 8 p.m. Ballroom. Musicians based in West Africa perform a cultural mix of music alongside D.J. Underdog. \$15 in advance, \$18 day-of.

SATURDAY/SEPT. 28

Sidi Touré. 8 p.m. Dome Theater. The Bamako-based songwriter and guitarists blends Songhai folk with modern western folk and blues. \$15.

FRIDAY/OCT. 4

Robert Fronseca. 8 p.m. Ballroom. The world-renowned pianist fuses his Cuban heritage with Latin jazz, urban music, and African rhythms, and showcases his recent album, "Yo." General admission: \$19 in advance, \$23 day-of; lounge level: \$32.

The Comedy Spot

Ballston Common Mall, 4238 Wilson Blvd., Arlington. The Comedy Spot presents live comedy shows on a weekly basis and produces customizable comedy events for corporate audiences to the Arlington area. 703-294-5233 and comedyindc.com.

THURSDAYS/ONGOING

Open Mic Standup. 7:30 p.m. Comedy veterans, amateurs and teens are welcome to perform and watch. Free, recommended for ages 13 and older. Performers must email arlingtoncomedy@gmail.com to sign up.

FRIDAYS/ONGOING

Comedy Sportz: The Next Generation. 8 p.m. The next generation of comedic entertainers performs based on audience suggestions. \$10.

SATURDAYS/ONGOING

Comedy Sportz for Kidz. 3 p.m. ComedySportz hosts children's versions of short-form improv games that allow children in the audience to participate. \$10.

FRIDAYS AND SATURDAYS/ONGOING

The Blue Show. 10 p.m. ComedySportz hosts an uncensored comedy show. \$15, recommended for mature audiences.

Gallery Art Underground

2100 Crystal Drive, Arlington. Gallery Art Underground promotes the work of regional artists through exhibitions, workshops and special events. Galleries open 10 a.m.-6 p.m. Mondays through Fridays, 10 a.m.-2 p.m. on Saturdays. 571-483-0652 and novaartcenter.org.

MONDAYS-SATURDAYS/SEPT. 2-28

Be Square. Special Exhibition Space. Square paintings by Arlington Artists Alliance members are displayed. Reception is on Friday, Sept. 6 at 5-8 p.m.

MONDAYS-SATURDAYS/OCT. 1-31

Grass Etchings and Paintings. Special Exhibition Spaces. Mary Ott showcases her visual artistry.

SATURDAY-SUNDAY/OCT. 26-27

Arlington Artists Alliance Studio Tour. 10 a.m.-5 p.m. Meet local artists, tour their studios, view their work, and learn about their creative processes.

Gateway Park

1300 Lee Highway, Arlington. This scenic, alcohol-free venue hosts music and film festivals for the Arlington community. www.arlingtonva.us/departments/

SEE A YEAR OF THE ARTS, PAGE 15

ALEXANDRIA KING STREET

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11th Annual

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Follow us:   

ENTERTAINMENT

FROM PAGE 12

Paws to Read. 3-4 p.m. or 5:30-6:30 p.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Children in grades K-5 can read to therapy dogs for 15 minutes. Each dog is part of PAL. Register for a slot by calling 703-228-5710.

Fiction Book Club. 7 p.m. at One More Page, 2200 N. Westmoreland St. Discuss "Love & Lament" by John Milliken. Free. Visit www.onemorepagebooks.com or 703-300-9746.

WEDNESDAY/SEPT. 4

Nanny Club. 10 a.m.-noon at Columbia Pike Library, Columbia Pike Library, 816 S. Walter Reed Drive. For children up to age 5. Free. 703-228-5710.

Author Discussion. 7 p.m. at One More Page, 2200 N. Westmoreland St. Maggie Sefton will share from "Poisoned Politics," the second book in her D.C.-set mystery series. Free. Visit www.onemorepagebooks.com or 703-300-9746.

THURSDAY/SEPT. 5

Author Discussion. 7 p.m. at One More Page, 2200 N. Westmoreland St. David O. Stewart will sign "The Lincoln Deception." Free. Visit www.onemorepagebooks.com or 703-300-9746.

FRIDAY/SEPT. 6

Opening Reception. 5-8 p.m. at Gallery Underground, 2100 Crystal Drive. Enjoy music, food and conversations with the artists of "Be Square." Free. Visit www.galleryunderground.org for more.

Wine Tasting. 7 p.m. at One More Page, 2200 N. Westmoreland St. Free. Visit www.onemorepagebooks.com or 703-300-9746.

SATURDAY/SEPT. 7

23rd Annual Rosslyn Jazz Festival. 1-7 p.m. at Gateway Park, 1300 Lee Highway. Sponsored by the Rosslyn BID, and co-presented by Arlington Cultural Affairs, the festival includes musical entertainment from a variety of performers. Free. Visit www.rosslynva.org/play/calendar/jazz-festival.

Author Discussion. 7 p.m. at One More Page, 2200 N. Westmoreland St. John Milliken Thompson will discuss and sign copies of "Love and Lament." Free. Visit www.onemorepagebooks.com or 703-300-9746.

WEDNESDAY-SATURDAY/SEPT 4-21

Autumn Cabaret Festival. 8 p.m. at the ARK Theatre at Signature Theatre, 4200 Campbell Ave. The festival features local and visiting actors, singers and musicians including Broadway performer Heidi Blickenstaff, Signature star Nova Y. Payton and artist Levi Stephens. \$25/performance or an all-access pass for \$100. For the full schedule or tickets, visit signature-theatre.org, or purchase tickets in person at the Box Office or at 703-820-9771.

SEPT. 7-19

Northern Virginia Senior Olympics. The 31st annual event consists of 50 competitions at 17 venues throughout Northern Virginia. Participants may register for multiple events for a flat fee of \$12 with additional facility fees for some events. All participants must be 50 years of age by Dec. 31 and live in a sponsoring jurisdiction. Previous

Signature Offers Cabaret Festival

Signature Theatre presents an Autumn Cabaret Festival, a three-week musical line-up featuring an array of local and visiting actors, singers, and musicians. The festival will run from Sept. 4-21 in the ARK Theatre. Individual tickets to cabarets in the series are \$25 each. Tickets can be purchased at signature-theatre.org, at the Box Office, or by calling 703-820-9771. All-access passes are available for \$100, and can be purchased through the Box Office by phone or in person.

2013 AUTUMN CABARET SCHEDULE

Chelsea Packard — Wednesday, Sept. 4 at 8 p.m.
Nova Y. Payton — Thursday, Sept. 5 at 8 p.m.
Nick Blaemire and The Hustle — Friday, Sept. 6 at 8 p.m.
Nova Y. Payton — Saturday, Sept. 7 at 8 p.m.
Signature's Funny Ladies — Wednesday, Sept. 11 at 8 p.m.
Levi Stephens — Thursday, Sept. 12 at 8 p.m.
Heidi Blickenstaff — Friday, Sept. 13 at 8 p.m.
Heidi Blickenstaff — Saturday, Sept. 14 at 8 p.m.
Out Of This World — The Lyrics and Music of Johnny Mercer — Wednesday, Sept. 18 at 8 p.m. & Thursday, Sept. 19 at 8 p.m.
Gia Mora — Friday, Sept. 20 at 8 p.m.
Nadine Zahr — Saturday, Sept. 21 at 8 p.m.

competitors will receive a registration form in the mail late June. Forms are also available at senior centers, community centers, senior residences or by calling 703-228-4721. Applications must be postmarked by Aug. 23. Online registration opens July 1 and ends Aug. 30. Visit www.nvso.com.

SUNDAY/SEPT. 8

Film. 6-8 p.m. at Shirlington Library, 4200 Campbell Ave. Watch "The Birdcage." Free. 703-228-6545.

MONDAY/SEPT. 9

Prose Out Loud. 1-2 p.m. at Shirlington Library, 4200 Campbell Ave. Hear some favorite poems read by library staff. Free. 703-228-6545.

Paws to Read. 5:30-6:30 p.m. at Central Library, 1015 N. Quincy St. Children in grades K-5 can read to therapy dogs for 15 minutes. Each dog is part of PAL. Register for a slot by calling 703-228-5946.

Nonfiction Book Club. 7 p.m. at One More Page, 2200 N. Westmoreland St. Discuss "The Violinist's Thumb: And Other Lost Tales of Love, War, and Genius, as Written by Our Genetic Code" by Sam Kean. Free. Visit www.onemorepagebooks.com or 703-300-9746.

Book Club. 7:30-9 p.m. at Cherrydale Library, 2190 N. Military Road. Discuss "Hotel on the Corner of Bitter and Sweet" by Jamie Ford. Free. 703-228-6330.

TUESDAY/SEPT. 10

Film. 2-3:45 p.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Watch "The Big Sleep" (1946). Free. 703-228-5710.

Paws to Read. 5:30-6:30 p.m. at Westover Library, 1644 N. McKinley Road, suite 3. Children in grades K-5 can read to therapy dogs. Free. Register for a slot by calling 703-228-5260.

Stories and Recipes. 7 p.m. at One More Page, 2200 N. Westmoreland St. Cocktail Connoisseur Philip Green will share stories and recipes from "To Have and Have Another: A Hemingway Cocktail Companion." Free. Visit www.onemorepagebooks.com or 703-300-9746.

WEDNESDAY/SEPT. 11

Nanny Club. 10 a.m.-noon at Columbia Pike Library, Columbia Pike Library, 816 S. Walter Reed Drive. For children up to age 5. Free. 703-228-5710.

Paws to Read. 5:30-6:30 p.m. at Shirlington Library, 4200 Campbell Ave. Children in grades K-5 can read

to therapy dogs. Free. Register for a slot by calling 703-228-6545.

Pay-What-You-Can Performance. Gunston Theatre Two, 2700 S. Lang St., presents "Come Blow Your Horn." Visit americancentury.org or 703-998-4555 for tickets.

Author Discussion. 7 p.m. at One More Page, 2200 N. Westmoreland St. Tim Gay will share from "Assignment to Hell: The War Against Nazi Germany," a tribute to five World War II's correspondents and the men and women who fought against fascism. Free. Visit www.onemorepagebooks.com or 703-300-9746.

THURSDAY/SEPT. 12

Knitting Group. 6:30 p.m. at Glencarlyn Library, 300 S. Kensington St. Drop-in for knitting support and instruction. Free. 703-228-6548.

Visual Presentation. 7 p.m. at Central Library, 1015 N. Quincy St. The Arlington Historical Society will host a presentation about the Dawson-Bailey House, now the core of the Dawson Terrace Community Center. A question and answer session will follow. Free. 703-228-5990.

THURSDAYSATURDAY/SEPT 12-OCT 12

Theater Performances. Gunston Theatre Two, 2700 S. Lang St., presents "Come Blow Your Horn" with performances on Thursday-Saturday evenings at 8 p.m. and matinees on Saturdays and Sundays at 2:30 p.m. Visit americancentury.org or 703-998-4555 for tickets.

FRIDAY/SEPT. 13

Daytime Book Club. 11 a.m. at One More Page, 2200 N. Westmoreland St. Discuss "The Art of Fielding" by Chad Harbach. Free. Visit www.onemorepagebooks.com or 703-300-9746.

Music Performance. 8 p.m. at Air Force Memorial, One Air Force Memorial Drive. The United States Air Force concert band and soloists from the Singing Sergeants will perform. Free. Visit www.usafband.af.mil or 202-767-5658.

SATURDAY/SEPT. 14

Music and Book Event. 10:30 a.m. at Central Library, 1015 N. Quincy St. Danny Ellis will discuss his book and entertain guests with his songs and guitar. Free. Visit www.onemorepagebooks.com or 703-300-9746.

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Rosslyn

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ONGOING

Boot Camp Runs. Through Saturday, Sept. 21 at Gateway Park, 1300 Lee Highway. Monday and Wednesday, 6 p.m., and Saturday, 8 a.m. Registration is open for Rosslyn boot camp runs with instructor Victor Carcamo. \$25 for eight weeks of three sessions per week. Visit www.rosslynva.org/play/calendar/bootcamp.

Art Exhibition. Through Sunday, Oct. 13, see Green Acres at Arlington Arts Center, 3550 Wilson Blvd. Call 703-248-6800 or visit www.arlingtonartscenter.org.

Mixed Media Exhibit. Through Sunday, Oct. 13, at Arlington Arts Center, 3550 Wilson Blvd. Opening reception is Saturday, July 13, 6-9 p.m. Visit www.arlingtonartscenter.org.

Special Art Exhibition. Through Sunday, Oct. 13, see Dupont Market. Arlington Arts Center, 3550 Wilson Blvd. Call 703-248-6800 or visit www.arlingtonartscenter.org.

Mr. Knick Knack. Fridays, June through October, 10:30 a.m. Market Common Clarendon, 2700 Clarendon Blvd., presents 45-minute performances for children. Visit www.marketcommonclarendon.net or 703-785-5634.

Storytime at Kinder Haus Toys. 10:30 a.m. on Mondays and Fridays through Friday, Nov. 1. Children must be accompanied by an Adult. 1220 N. Fillmore St. Visit www.kinderhaus.com or call 703-527-5929.

Group Bike Rides. Tuesday nights through September at 7 p.m., meet at Freshbikes Arlington Store, 3924 Wilson Blvd. All abilities welcome. Free. After the ride purchase food from various food trucks each week. Visit www.freshbikescycling.com for more.

Restaurants and Rhythms. The BID's free happy-hour live music series inside Rosslyn restaurants. Origem brings Brazilian jazz to Le Méridien. Dave Chappel and friends performs blues rock at the Hyatt Arlington and Mary Ann Redmond sings jazz standards at the Key Bridge Marriott. Visit www.rosslynva.org.

Thursday Lunchtime Concerts. 11:45 a.m.-1:30 p.m. Through October at All Spice Cafe and Catering. Visit rosslynva.org.

Poetry Series. 6-8 p.m. second Sunday of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit www.iotaclubandcafe.com or call 703-522-8340.

Open Mic Nite. 8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m. Bring instruments, fans and friends. Featured musicians will perform from 9:30-10 p.m. Visit www.iotaclubandcafe.com or call 703-522-8340.

Visual Arts Exhibit. On display at Artisphere, 1101 Wilson Blvd. Carolina Mayorga: Infestation, a semi-permanent installation mixing multimedia, performance art and on-site installation. Free. Visit artisphere.com or call 703-875-1100.

Visual Arts Exhibit. On Display at Artisphere, 1101 Wilson Blvd. Linda Hesh: Art Every Day/Live For Art. Interactive project that invites public discussion on the meaning of art in everyday life. Free. Visit artisphere.com or call 703-875-1100.

Art Exhibit. Exhibit focusing on art and urban agriculture Arlington Arts Center at 3550 Wilson Blvd., through Oct.13. Call 703-248-6800.

Studio Visit. 10:30 a.m. at Arlington Arts Center, 3550 Wilson Blvd. Join Pam Rogers for a visit to her studio and a hands-on art workshop. Call 703-248-6800 or visit www.arlingtonartscenter.org.

Karaoke. 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit www.galaxyhut.com or call 703-525-8646.

Pub Quiz. 8 p.m. every Sunday at Whitlow's on Wilson, 2854 Wilson Blvd. Prizes for 1st place. Free. Visit www.whitlows.com or call 703-276-9693.

Spider Kelly's Running Club. Staff, friends and community welcome to join Spider Kelly's running club and train for their inaugural race, the annual Clarendon Day 5K, held on the last Thursday of September. Call 703-312-8888 or visit <http://spiderkellys.com>.



'Grease'

Outdoor Film Festival runs through Aug. 30 at Gateway Park, 1300 Lee Highway, at dusk.

This year's theme, Summer School, features movies about high school. Come early to picnic in the park and play pre-show games. Free.

welcome. Free food and drink after the ride. Visit www.freshbikescycling.com for more.

FRIDAY/SEPT. 6

Opening Reception. 5-7:30 p.m. see "Nature Extracted: Paintings, Prints and Constructions" by Patterson Clark and Pam Rogers at Marymount's Barry Gallery, 2807 N. Glebe Road. Free. Visit www.marymount.edu for more.

SATURDAY/SEPT. 7

Jazz Festival. 1-7 p.m. in Gateway Park. 1300 Lee Highway. Headliner Pancho Sanchez will take the stage at 5:30 p.m. Free. Visit www.rosslynva.org for more.

Urban Gardening in Containers.

10:30 a.m.-noon at Arlington Arts Center, 3550 Wilson Blvd. Learn how to plant and maintain a productive container garden. Free. Visit www.arlingtonartscenter.org or call 703-248-6800.

Gallery Talk. 5 p.m. at the American University Museum at the Katzen Arts Center, 4400 Massachusetts Ave., N.W., Washington D.C. Arlington Arts Center executive director Stefanie Fedor and Jack Rasmussen will give a gallery talk on "Green Acres: Artists Farming Fields, Greenhouses, and Abandoned Lots." Free. Visit www.arlingtonartscenter.org or call 703-248-6800.

Art Exhibit. See "Nature Extracted: Paintings, Prints and Constructions" by Patterson Clark and Pam Rogers from Sept. 6 through Oct. 17 at Marymount's Barry Gallery, 2807 N. Glebe Road. Hours are Monday-Thursday, 10 a.m.-8 p.m. and Friday-Saturday, 10 a.m.-6 p.m. Free. Visit www.marymount.edu for more.

Art Exhibit. See new artist in residence Emily Francisco through Jan. 12 at Artisphere, 1101 Wilson Blvd. Francisco has hours every Friday from 6-10 p.m. and Saturdays from noon-6 p.m. Her exhibit is called "May I Have the Piano Delivered to You?" Free. Visit www.artisphere.com or call 703-875-1100.

FRIDAY/AUG. 30

Film Festival. "Grease" (PG-13) 1978 - 110 minutes. Films begin at Dusk in Gateway Park, rain or shine. Gateway Park is located at the foot of Key Bridge at 1300 Lee Highway, two blocks from the Rosslyn Metro. Visit www.rosslynva.org.

Concert. 9 p.m. at IOTA Club & Cafe, 2832 Wilson Blvd. Bimini Road performs with opening act Dub City Renegades. \$10.

TUESDAY/SEPT. 3

Arlington BBQ Tuesday Night Rides. 6:30 p.m. at Freshbikes Cycling, 3924 Wilson Blvd. Free. All abilities

A YEAR OF THE ARTS

FROM PAGE 13

parksrecreation/scripts/parks/GatewayPark.

SATURDAY/SEPT. 7

23rd Annual Rosslyn Jazz Festival. 1-7 p.m. Rosslyn BID and Arlington Cultural Affairs present a diverse musical lineup featuring Grammy and Downbeat magazine poll winners. Free, food will be sold.

IOTA Club & Cafe

2832 Wilson Blvd., Arlington. IOTA Club & Cafe features live musical acts for guests aged 21 and older. For information on shows, call 703-522-8340; for information on food, call 703-522-2354. <http://www.iotaclubandcafe.com/>.

FRIDAY/AUG. 30

Bimini Road with Machete. 9 p.m. The Hampton Roads-based band performs in support of the release of their sophomore album. \$10.

SATURDAY/AUG. 31

Merrifield Records Showcase. 9 p.m. Merrifield Records features bands such as Cobra Collective and Nikki and the Weeps. \$12.

FRIDAY/SEPT. 6

M.H. and His Orchestra, These Future Saints, and Classified Frequency. Acclaimed artists present indie pop, pop and more. 9 p.m. \$10.

SUNDAY/SEPT. 8

Iota Poetry Series: 19th Anniversary Celebration. 6-8 p.m. Readers from the past season perform poetry pieces. Free.

MONDAY/SEPT. 9

Malcolm Holcombe. 8 p.m. The North Carolina-based musician presents country- and folk-style music. \$12.

Kinder Haus Toys

1220 N Fillmore St., Arlington. Kinder Haus Toys has children's toys, clothing and entertainment. www.kinderhaus.com.

MONDAYS AND FRIDAYS/ONGOING

Storytime. 10:30 a.m. Kinder Haus's Ms. Laura reads classic children's stories every week. Free, all children must be accompanied by an adult.

One More Page Books

One More Page Books, 2200 N.

Westmoreland St., #101, Arlington. One More Page Books is an independent bookstore that offers books, gourmet foods, author talks, book discussions, wine and chocolate tastings, and more to the Arlington and Falls Church areas. 703-300-9746 or onemorepagebooks.com.

Signature Theatre

Signature Theatre, 4200 Campbell Ave., Arlington. Signature Theatre in Arlington presents new musicals and recently published works. 703-820-9771 or signaturetheatre.org.

Synetic Theater

1800 S. Bell St., Arlington. Synetic Theater fuses drama, movement, acrobatics, dance and music as America's premier physical theater company. 800-494-8497 and www.synetictheater.org.

WEDNESDAYS-SUNDAYS/SEPT. 26-NOV. 3

The Picture of Dorian Gray. 8 p.m. Wednesdays-Saturdays, 2 p.m. Sundays.

Director Paata Tsikurishvili presents a visual adaptation of Oscar Wilde's 1890 story. Prices TBD.

TACT

The American Century Theatre, 2700 S. Lang St., Arlington. The American Century Theatre features great plays and playwrights of the 20th century. www.americancentury.org, 703-998-4555.

Whitlow's on Wilson Bar and Grill

2854 Wilson Blvd., Arlington. Whitlow's is a historical venue for live music and food. 703-276-9692 and www.whitlows.com.

THURSDAY/AUG. 30

Footwerk. 9:30 p.m.-midnight. The Washington, D.C.-based band brings its hip-hop/neo-soul music to the Whitlow stage.

FRIDAY/AUG. 31

Mayday Mayday. 9:30 p.m.-midnight. The female-fronted pop/rock band covers the most popular songs from the 80s, 90s and today.

NEWCOMERS AND COMMUNITY GUIDE



Greg Drake, Nate Long, Heather Haynes Long and Jess Kewrel pose with their pups Sabo and Bufford at the 2012 Pups and Pilsners. The friends met for the first time at the event and instantly bonded over brews and canine companions.



D.C. resident Joe Lucas and friend Winston take in the scene at the inaugural Pups and Pilsners event in Crystal City held in 2012.

Pups and Pilsners Beer Festival To Return



Stephanie and Elliud Arbblo soak in the sounds of live music with their terrier friends Lilly and Hermione at the 2012 Pups and Pilsners.

Event to be held in Crystal City.

BY MONTIE MARTIN
THE CONNECTION

Crystal City is set to open the taps and let the dogs out with the second installment of Pups and Pilsners, an all dog friendly beer event slated to run Sunday, Sept. 22.

The event is open to all canine companions and craft beer connoisseurs. Festivities include live music, adoption opportunities from Homeward Trails, as well as swath of dog-themed brews on tap. Sneaky Pete IPA, Laughing Dog IPA, Flying Dog Lager, and local favorite Port City are among many of the craft brews ready for sampling. "This is a great way to showcase the area, people have burrowed dogs to come here," said Angela Fox, president and CEO of the Crystal City BID. "It's a wonderful way to spend a day." Leashes are mandatory for attendees accompanied by dogs, and the event is set to run rain or shine. The 2012 inaugural event drew crowds in the hundreds from across Northern Virginia and Washington,

Details

The Pups and Pilsners beer festival is set to run Sunday Sept. 22 from 2-6 p.m. at 1405 Crystal Drive. Tickets are \$20 online, and \$25 cash only day of the event. For more information visit: crystalcity.org.

Sip and Salsa

For those with a flare for wine, mark the calendar for the Sip and Salsa wine event to be held Sunday Sept. 15 from 2-6 p.m. at 220 20th St in Crystal City. The event features full-bodied Spanish, Portuguese, and Argentine vintages, wine tasting classes, as well as live Latin Jazz and dancing from Columbia Pike's Salsa Room. Tickets start at \$10 for general admission, and \$20 for full wine tasting. For more information visit: crystalcity.org.

D.C., and exposed many to the varied offerings of Arlington.

Arlington resident Kerry Fray noted the warm welcome he and his Greyhound friend Pete received at the 2012 event, as well as the turn around of Crystal City from solely a business hub to a dynamic neighborhood. "The BID has gone so far to improve a sense of community in Crystal City, it's not just a zone of nebulous commercial interests," said Fray. "Pete loves living in the city, he loves people, and people mean treats and beer."



Bowser Beer, a non-alcoholic brew without hops, is the first choice beer for Fido and readily available at Pups and Pilsners. This unique dog brew comes in two flavors, Beefy Brown Ale and Cock-A-Doodle Brew, and is best served over a plate of dog chow.

GET INVOLVED

Arlingtonians Meeting Emergency Needs

AMEN provides one-time, same-day emergency financial assistance to Arlington residents facing a financial crisis, and also has programs to help prevent homelessness. 703-558-0035 or www.emergencynneeds.org.

Doorways for Women and Families

Provides services to help women out of domestic violence and homelessness toward safe and stable lives. 703-504-9400 or

www.doorwaysva.org.

Arlington Food Assistance Center

Provides supplemental food assistance to Arlington County residents, on average serving 3,500 adults and 1,500 children a week. The center is at 2708 South Nelson Street, Arlington. 703-845-8486 or <http://www.afac.org/>.

Habitat for Humanity of Northern Virginia

Helps families obtain affordable housing and connects them with groups of volunteers who con-

tribute time and/or talent to help build homes; volunteers and monetary donations are needed. 703-521-9890.

Arlington Free Clinic

Provides medical care for low-income, uninsured adults in Arlington, 2921 11th St. South Arlington. www.arlingtonfreeclinic.org, 703-979-1425.

Arlington-Alexandria Coalition for the Homeless

The Arlington-Alexandria Coalition for the

Homeless, Inc. offers shelter to homeless people and works in coordination with public agencies, businesses and community groups to give homeless people the support, shelter, counseling and employment training they need to regain self-sufficiency. 703-525-7177 or www.aachhomeless.org.

A-SPAN

Provides services for Arlington's street homeless. Their mission is to secure permanent housing for one of Arlington's most vulnerable populations. 703-820-4357 or <http://www.a-span.org/>.

NEWCOMERS GUIDE

OAR Creates Second Chances

Ex-offenders contribute \$1 million in community services.

What happens when a community member in Arlington or Falls Church is assigned community service instead of being sent to jail? The judge tells the defendant to go to OAR.

Over the past year, 1,733 ex-offenders who are clients of Offender Aid and Restoration of Arlington County completed 75,000 hours of community service because they were court-mandated to provide the service, they wanted to work off their court fees, or they wanted to demonstrate to the judge their willingness to give back to the community.

During OAR's fiscal year ending June 30, OAR community service clients performed a record \$1,081,351 worth of services — an increase of 14 percent over the previous year.

OAR also provides ex-offenders with coaching and practical information about finding employment, managing money, and developing important career and life skills. This assistance has helped thousands of ex-offenders to have a second chance in the workplace and in their families.

OAR works with the courts in Arlington County and the City of Falls Church to assist clients in the completion of court-mandated community service. The success rate for clients finishing service hours was 90.3 percent.

Heather Pritchett, OAR's director of community service and special projects, said, "Community service is a cost-saving way to hold people accountable while benefiting the community. These clients work at various non-profits, faith-based organizations and government agencies in our community. They also help staff many of the community events throughout the year."

Pritchett cited one client who within hours of his initial meeting at OAR contacted the American Legion and a local Goodwill. He fulfilled his commitment of 100 hours within two months and received excellent performance evaluations from both sites. "His attitude and work ethic offer every indication that he is on the path to restoration," she said.

In July, OAR Executive Director Gail Arnall testified before the Arlington County Board that over the

past eight years, OAR's number of community service clients has nearly doubled.

"Why is this good news? Because community service is a restorative justice model. Judges are giving defendants the opportunity to give back to the community instead of being locked up. These individuals perform a service to our community, and they typically do not have to bear the brand of an 'ex-offender' the rest of their lives," Arnall said.

Other examples of organizations with whom OAR clients work include the Arlington Street People's Assistance Network (A-SPAN), which serves the homeless. OAR clients clean, serve meals, staff the registration desk, sort donations, and assist with operation of A-SPAN's Emergency Winter Shelter.

OAR clients also help serve free meals to presently homeless individuals and families at Arlington Assembly of God. Blanca Alaf, assistant to Pastor Lynn Carter, said, "OAR volunteers perform greatly needed kitchen and cleaning duties for our feeding ministry. They're all doing a wonderful job."

The organization served more than 2,500 clients during its 2012-2013 fiscal year. Fewer than 8 percent of OAR clients return to prison — a far lower recidivism rate than the Virginia-wide rate of 27.3 percent. For \$500 per client per year, OAR provides career training, life-skills coaching, and support for finding housing and employment. Taxpayers in Virginia pay \$25,000 annually to keep each inmate in prison.

Additional collaborations in the community include:

- ❖ The Arlington-Falls Church Interfaith Reentry Collaborative recently formed to join efforts of OAR with faith congregations to help ex-offenders' transition to employment and housing.
- ❖ The Alexandria Reentry Interfaith Working Group has been re-organized with Arnall, OAR's executive director, serving as chair.
- ❖ In June, the Arlington Bar Foundation presented OAR with a grant to support of OAR's work in the community.
- ❖ OAR partnered in July with Men's Wearhouse in the annual National Suit Drive, which donated used clothing to at-risk men transitioning into the workforce.

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Calvary Gospel Church...703-525-6636
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Bon Air Baptist Church...703-525-8079
Cherrydale Baptist Church...703-525-8210
First Baptist of Ballston...703-525-7824
McLean Baptist Church...703-356-8080
Memorial Baptist Church...703-538-7000
Mt. Zion Baptist Church...703-979-7411
Westover Baptist Church...703-237-8292
Baptist - Free Will
Bloss Memorial Free Will Baptist Church...703-527-7040
Brethren
Church of The Brethren...703-524-4100
Buddhist
The Vajrayogini Buddhist Center...202-331-2122
Catholic
St. Luke Catholic Church...703-356-1255
St. Agnes Catholic Church...703-525-1166
Cathedral of St. Thomas More...703-525-1300
Holy Transfiguration Melkite Greek Catholic Church...703-734-9566
Our Lady of Lourdes...703-684-9261
Our Lady Queen of Peace Catholic...703-979-5580

St. Ann Catholic Church...703-528-6276
St. Charles Catholic Church...703-527-5500
Vatican II Catholic Community
NOVA Catholic Community...703-852-7907
Church of Christ
Arlington Church of Christ...703-528-0535
Church of God - Anderson, Indiana
Church of God...703-671-6726
Christian Science
McLean - First Church of Christ, Scientist...703-356-1391
First Church of Christ, Scientist, Arlington...703-534-0020
Episcopal
St. Andrew Episcopal Church...703-522-1600
St. George Episcopal Church...703-525-8286
St. Johns Episcopal Church...703-671-6834
St. Johns Episcopal Church-McLean...703-356-4902
St. Mary Episcopal Church...703-527-6800
St. Michael S Episcopal Church...703-241-2474
St. Paul Episcopal Church...703-820-2625
St. Peter's Episcopal Church...703-536-6606
St. Thomas Episcopal Church...703-442-0330
Trinity Episcopal Church...703-920-7077
Lutheran (ELCA)
Advent Lutheran Church...703-521-7010
Faith Lutheran Church...703-525-9283
German Lutheran Church...703-276-8952
Lutheran Church of The Redeemer...703-356-3346

Resurrection Lutheran Church...703-532-5991
Lutheran (Missouri Synod)
Our Savior Lutheran Church...703-892-4846
Nazarene
Arlington First Church of the Nazarene...703-525-2516
Non-Denominational
New Life Christian Church - McLean Campus...571-294-8306
Metaphysical
Arlington Metaphysical Chapel...703-276-8738
Orthodox
St. Luke Serbian Orthodox Church...703-893-1759
Presbyterian
Arlington Presbyterian Church...703-920-5660
Church of the Covenant...703-524-4115
Clarendon Presbyterian Church...703-527-9513
Little Falls Presbyterian Church...703-538-5230
Trinity Presbyterian Church...703-536-5600
Westminster Presbyterian...703-549-4766
Presbyterian Church in America
Christ Church of Arlington...703-527-0420
Synagogues - Conservative
Congregation Etz Hayim...703-979-4466
Synagogues - Orthodox
Fort Myer Minyan...571-236-1189
Chabad Lubavitch of Alexandria-Arlington...703-370-2774
Synagogues - Reconstructionist
Kol Ami, the Northern Virginia Reconstructionist Community...571-271-8387
Unitarian Universalist
Unitarian Universalist Church of Arlington...703-892-2565
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Trinity United Methodist Church of McLean...703-356-3312
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Calvary United Methodist...703-892-5185
Cherrydale United Methodist...703-527-2621
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Community United Methodist...703-527-1085
Mt. Olivet United Methodist...703-527-3934
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United Church of Christ
Bethel United Church of Christ...703-528-0937
Rock Spring Congregational United Church of Christ...703-538-4886

Saint Ann Catholic Church

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1 2923 Glebe Road North
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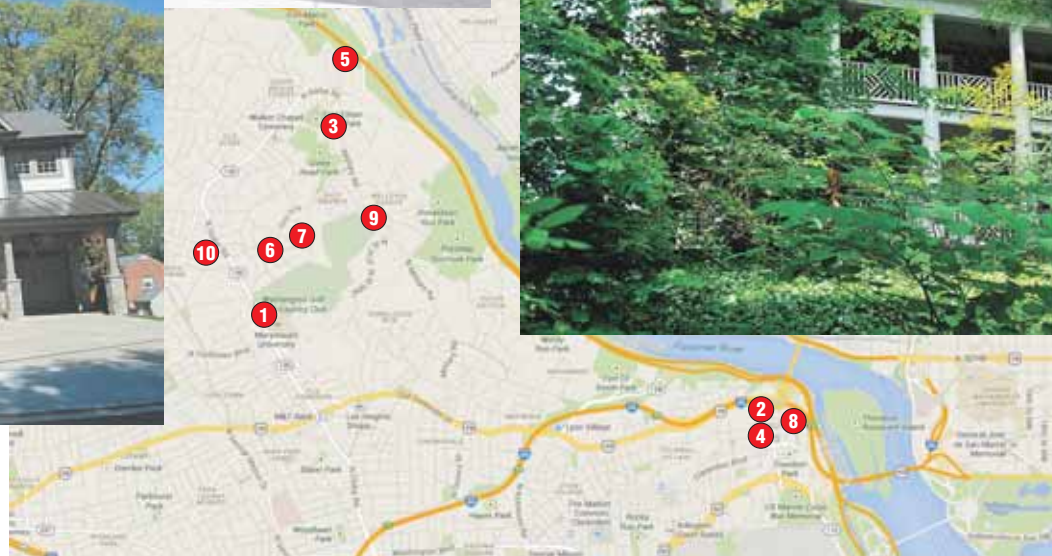


1881 Street North
2 #2101 — \$3,600,000
4 #2202 — \$2,642,000

5 4109
Randolph Court
— \$2,523,750



10 4806 Little Falls Road —
\$2,000,000



© Google Map data



3 3812
Military Road
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Address	BR	FB	HB	Postal City	Sold Price	Type	Lot AC	Postal Code	Subdivision	Date Sold
1 2923 GLEBE RD N	4	4	2	ARLINGTON	\$4,500,000	Townhouse	0.09	22207	CATHEDRAL VIEW TOWNHOMES	06/26/13
2 1881 NASH ST #2101	3	4	1	ARLINGTON	\$3,600,000	Hi-Rise 9+ Floors		22209	TURNBERRY TOWER	02/26/13
3 3812 MILITARY RD	5	4	2	ARLINGTON	\$2,850,000	Detached	0.64	22207	ARLINGWOOD	04/05/13
4 1881 NASH ST N #2202	3	3	1	ARLINGTON	\$2,642,000	Hi-Rise 9+ Floors		22209	TURNBERRY TOWER	03/31/13
5 4109 RANDOLPH CT	6	6	1	ARLINGTON	\$2,523,750	Detached	0.43	22207	THE WOODS	06/04/13
6 4607 33RD ST N	5	5	2	ARLINGTON	\$2,445,183	Detached	0.30	22207	COUNTRY CLUB HILLS	04/18/13
7 4507 33RD ST N	6	6	3	ARLINGTON	\$2,350,000	Detached	0.33	22207	COUNTRY CLUB HILLS	02/28/13
8 1111 19TH ST N #2904	3	3	1	ARLINGTON	\$2,070,000	Hi-Rise 9+ Floors		22209	WATERVIEW	06/24/13
9 3148 QUINCY ST N	5	7	2	ARLINGTON	\$2,010,000	Detached	0.22	22207	BELLEVUE FOREST	05/10/13
10 4806 LITTLE FALLS RD	6	5	1	ARLINGTON	\$2,000,000	Detached	0.29	22207	COUNTRY CLUB MANORS	03/28/13

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6 4607 33rd Street North — \$2,445,183

NEWCOMERS AND COMMUNITY GUIDE



PHOTOS BY LASHAWN AVERY-SIMON

Mickey and Reese enjoy a walk.



Shoppers stop to view cakes made by Sarah Zuidem from Barkley Square.



Reese Dupont smiles as she plays with puppies from the Homeward Trails animal rescue.

'Wags n' Whiskers' Attracts Animal Lovers

Rescue groups use event to encourage adoptions.

BY CAMILLE THOMPSON-CLOWNEY
THE CONNECTION

Pets all over Arlington slept soundly the night of Saturday, Aug. 24, following the annual Wags n' Whiskers event held at The Village at Shirlington. It included more than 50 exhibitors like pet services, retailers and rescue groups providing onsite adoptions.

Upon entering the event, visitors were greeted with live music from the Dan Haas Trio and The Morrison Brothers Band. Those that got there early received a recyclable swag bag with coupons and treats that were likely devoured on the ride home. The bags also came in handy for the assortment of goodies exhibitors were passing out. Free treats included tennis balls, samples of dog and cat food and lollipops for humans. The Arlington County Department of Environmental Services was also giving away convenient containers for pet waste disposal while educating attendees on safe disposal of pet waste to protect the county's ground water.

Furry four-legged, three-legged and two-legged with wheels dogs walked the streets of the shopping center with their two-legged best friends sniffing out delicious treats



PHOTOS BY CAMILLE THOMPSON-CLOWNEY

The annual Wags n' Whiskers event was held at The Village at Shirlington on Saturday, Aug. 24.

from vendors like The Furry Foodie and Le Petit Treat. There was a plethora of pet food to try and a pet pool for dogs to cool off in. One dachshund took a particular liking to the pool and rolled all around in the water like a mini Shamu, splashing onlookers who laughed as other dogs ran away from what they probably thought was the dreaded bath.

One rescue group providing onsite adoptions was Operation Paws for Homes, a nonprofit that pulls dogs from high kill shelters and places them with families in Vir-

ginia, Washington D.C., Maryland, southern Pennsylvania and neighboring states. Within the last few years, the organization has found "forever" homes for more than 2,900 dogs.

"This is the second time we've attended Wags n' Whiskers and it's a wonderful event. Last year we placed 17 dogs and only a couple hours into today's event we've already placed 10," said Jen Dodge, director of Operation Paws for Homes. By the end of the

day, the organization placed 16 dogs and three more will likely go to their forever home this week. For more info on this rescue group visit <https://ophrescue.org/>.

Another rescue group exhibitor was the local Pets for Vets chapter. Pets for Vets is a national organization matching shelter animals with America's veterans and their families.

The Washington D.C. chapter opened in 2011 and covers Maryland, Virginia and D.C. The group interviews each veteran and their family and finds a shelter dog that will be a perfect fit. The dog goes through training and fostering with volunteers before being placed in the home permanently. "It's our first time here and it's a terrific event. We've met lots of people," said Kim Phillips, director of the D.C. area chapter. For more info on Pets for Vets visit www.pets-for-vets.com.

Comments from visitors and vendors alike were positive about the event. "I'm new to the area so this is the first time I've attended Wags n' Whiskers. It's a fantastic event and has something for everyone. I've seen dogs of all shapes and sizes — everything from a Great Dane to a Chiweenie. I look forward to attending again next year," said Keith Schumpert, a Fairfax resident who attended the event with his wife and their miniature dachshund, Maggie.



PHOTOS BY LASHAWN AVERY-SIMON

Ester Zelaya and her daughter Kamila play with a puppy who needs adopting.



Abby Benjamin laughs as she greets puppies at the Homeward Trails animal rescue.



Wags n' Whiskers allows shoppers and their pets to explore more than 50 onsite exhibitors, pet services and pet adoption organizations. Attendees also enjoyed live music, demonstrations and activities for children. Volunteers from K-9 Lifesavers dog rescue stand on Campbell Avenue with friendly pets looking for a home.

NEWCOMERS

Top Five Places To Visit in Arlington

FROM PAGE 3

after the famous photograph of U.S. marines and a U.S. Navy corpsman raising the American flag during the Battle of Iwo Jima. Consequently, it is one of the only monuments to have a requirement of flying the American flag 24 hours a day.

Also located in the same park is a lesser-known gem of Arlington — the Netherlands Carillon. Made up of 50 bells, the tower was a gift from the Netherlands in 1954 as a thank you for the aid provided during and after World War II. Often times the site for concerts and recitals during the summer, the Netherlands Carillon stands tall on a hill overlooking Washington D.C., with Arlington cemetery bordering the edge of the park nearby — creating a picture-perfect view to sit under a tree and read a book or lay out a picnic for some family fun.

FOR THOSE feeling a little more active, the Mount Vernon trail provides plenty to see for outdoor enthusiasts. Stretching roughly 18 miles, the trail starts in Rosslyn and wraps around to parallel the George Washington Monument by Theodore Roosevelt Island. Ride, walk or jog along this course that goes past Reagan National Airport, Gravelly Point Park, and Alexandria. The trail ends up at the Mount Vernon Estate.

One of the stops along the Mount Vernon Trail — Gravelly Point Park — is another hidden pleasure of Arlington. This low-key park is located beside the Reagan National Airport and has sweeping views of Washington's monuments across the Potomac River. With the trail lining one side and the George Washington Parkway lin-



First bench at Pentagon Memorial, dedicated to the youngest individual killed on September 11, 2001.



The Netherlands Carillon in Arlington Ridge Park



PHOTOS BY JENNIFER BENITZ/THE CONNECTION

The Mount Vernon Trail between Rosslyn and Reagan National Airport, parallel to the George Washington Parkway.

ing the other, the park is accessible by foot, car or metro. It serves as the ideal location for some relaxation. Locals can be found to playing sporting games, picnicking and watching the planes take off from the airport.

LAST, BUT not least, the Pentagon Memorial is another must-see spot in Arlington. Filled with symbolism, beauty and a sense of peace for many, this memorial is a quiet spot among Arlington's landmarks — dedicated in remembrance of the 184 lives lost there on Sept. 11, 2001. Each bench is dedicated to each individual who perished that day, starting with the youngest.

Public parking is not available at the Pentagon; visitors have easy access via public transportation available at the Pentagon Metro station or parking at the nearby Pentagon City Mall.



The Memorial Amphitheater at Arlington National Cemetery.



Arlington National Cemetery.



The U.S. Marine Corps Memorial, also known as the Iwo Jima Memorial.

SPORTS

ARLINGTON CONNECTION SPORTS EDITOR JON ROETMAN
703-224-3015 OR JROETMAN@CONNECTIONNEWSPAPERS.COM

Getting To Know Washington-Lee Sports

The gymnastics team repeated as region champion and finished second in the state.

School: Washington-Lee High School.
Mascot: Generals.
School Colors: Blue and Gray.
Athletic Director: Carol Callaway, 703-228-6207.

Football Coach: Josh Shapiro (seventh season).

The Generals started 4-2 in 2012 but finished the season with a 5-5 record, falling short of the playoffs.

Cross Country Coach: Matt Przydzial.
Field Hockey Coach: Beth Prange.
Boys' Basketball: Bobby Dobson.
Girls' Basketball: Angie Kelly.
Baseball: Doug Grove.
Rival School: Yorktown.

What Happened Last Season: The girls' cross country team won its third consecutive district title. The volleyball team finished district runner-up. The gymnastics team repeated as region champion and finished state runner-up. The baseball team won the district championship.

Historic Achievement: The girls' gymnastics team's 2011-12 Northern Region championship was believed to be the first region championship for any W-L athletic team since 1977.

Famous Graduates: Former Miami Dolphins and Washington Redskins safety Jake Scott graduated from W-L in 1963. Scott won two Super Bowls with the Dolphins (VII and VIII), intercepting a pair of passes in Super Bowl VII en route to game MVP



PHOTO BY LOUISE KRAFT/THE CONNECTION

The Washington-Lee gymnastics team finished state runner-up during the 2012-13 season.

honors. He totaled 49 interceptions during his nine-year career. Running back Reggie Harrison (1969 graduate) won a pair of Super Bowls (IX and X) with the Pittsburgh Steelers. He also played for the St. Louis Cardinals and Green Bay Packers during his six-year career. Actor Warren Beatty (1955) and actress Sandra Bullock (1982) also attended W-L.

Quotable: "We had a dynasty for the last four years." — W-L gymnastics coach Joe D'Emidio, whose Generals won four consecutive district titles and a pair of region championships from 2010-13.

Getting To Know Wakefield Sports

The boys' basketball team reached the state semifinals.

School: Wakefield High School.
Mascot: Warriors.
School Colors: Kelly green and black.
Athletic Director: Noel Deskins, 703-228-6733.

Football coach: Wayne Hogwood, (first year) The Warriors finished 0-10 in 2012. The Wakefield program posted a 3-37 record in the last four seasons. Former Yorktown defensive coordinator Hogwood takes over as head coach.

Boys' Basketball: Tony Bentley
Girls' Basketball: Marcia Richardson
Baseball: George Baker

What happened last season: The boys' basketball team posted a 25-6 record, won the National District championship, finished Northern Region runner-up and advanced to the AAA state semifinals.

Historic Achievements: The Wakefield boys' basketball program has eight region championships to its credit since 1951 and a state championship in 1961, led by head coach Maynard Haithcock and co-captain Henry "Ric" Duques. The Warriors posted a single-season record 28 wins under coach Tony Bentley during the 2004-05 campaign.

Famous Graduates: Donna Floyd Fales (1958 graduate) was ranked in the United States Tennis Association top 10 from 1960-63 and 1965-66 and was the U.S. clay court singles champion in 1962. She was inducted into the Virginia All Sports Hall of Fame in 1997. Former Denver Broncos strength and conditioning coach Rich Tuten (1972) participated in football, wrestling and track for the Warriors. He was with the Broncos for 17 seasons, from 1995-2011. Michelle Duhart (1996 graduate) played on the 1998-99 Purdue women's basketball national championship team, averaging 3.7 points,



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

Ermias Nega and the Wakefield boys' basketball team reached the 2012-13 state semifinals

5.7 rebounds and more than 30 minutes per game for the Boilermakers. The six-foot Duhart is Wakefield's all-time leading scorer with more than 1,000 points, and her No. 33 jersey is retired.

Quotable: "You put it all in perspective, these are the Wakefield kids. These are the kids that South Arlington has and me being there for 11 years, I take pride in watching [Khory Moore and Ermias Nega] go through what they went through — because, after all, they're kids — but they've learned so much through this process: learn how to be brothers, learn how to be family, learn how to depend on other people." — Wakefield boys' basketball coach Tony Bentley after the Warriors' season-ending loss in the state semifinals.

Getting To Know Yorktown Sports

Football team reached its second consecutive region championship game.

School: Yorktown High School.
Mascot: Patriots.
School Colors: Columbia blue and white.
Athletic Director: Mike Krulfeld, 703-228-5388.

Football Coach: Bruce Hanson (29th year). The Patriots went undefeated during the 2012 regular season, finished region runner-up and posted a 12-1 record for the second consecutive year.

Volleyball Coach: Stefanie Carpenter.
Boys' Basketball Coach: Rich Avila.
Girls' Basketball Coach: Devaughn Drayton.
Baseball Coach: Mike Ruck.
Girls' Soccer Coach: Vicky Brunt.
Girls' Lacrosse Coach: Crystal Fraser.
Rival School: Washington-Lee.

What Happened Last Season: The volleyball team repeated as district champions. The field hockey team finished district runner-up. The girls' soccer team won its third consecutive district championship and finished region runner-up. The girls' lacrosse team won its eighth consecutive district title and reached the region quarterfinals. The boys' lacrosse team finished district runner-up and reached the region quarterfinals. The baseball team finished district runner-up.



CRAIG STERBUTZEL/THE CONNECTION

MJ Stewart, right, and the Yorktown football team finished region runner-up each of the last two seasons.

Famous Graduates: Swimmer Tom Dolan (1993 graduate) won two Olympic gold medals despite dealing with exercise-induced asthma. He won gold in the 400-meter individual medley at the 1996 Summer Olympics in Atlanta and at the 2000 Summer Olympics in Sydney. Google Executive Chairman Eric E. Schmidt (1972) and television journalist Katie Couric (1975) attended Yorktown.

Quotable: "It feels fantastic. It's senior year, this is the third year in a row we've won and it's just so nice to go out with a bang, especially against our rival, W-L." — Former Yorktown girls' soccer player Elizabeth Oden after the Patriots won their third consecutive district title.

Getting To Know Bishop O'Connell Sports

Softball team won WCAC and state championships.

School: Bishop Denis J. O'Connell High School.
Mascot: Knights.
School Colors: Blue and silver.
Athletic Director: Joe Wootten, 703-237-1455.

Football Coach: Del Smith (second year). The Knights started 4-0 in 2012 but finished the season with a 5-5 record.

Girls' Soccer Coach: Alberto Starace.
Boys' Basketball Coach: Joe Wootten.
Girls' Basketball Coach: Aggie McCormick-Dix.

Baseball Coach: Kyle Padgett.
Softball Coach: Tommy Orndorff.
Rival Schools: Paul VI, Bishop Ireton.

What Happened Last Year: The girls' cross country team won the WCAC title. The girls' soccer team finished WCAC runner-up. The boys' basketball team won the WCAC tournament championship. The softball team won its 10th consecutive WCAC title and captured its 18th VISAA state championship in 20 years of competing in the tournament. Pitcher Tori Finucane and catcher Jillian Ferraro were first-team All-Americans for the second year in a row.

Famous Athletic Graduates: Eric Metcalf (1985 graduate) played football at the University of Texas and was a first-round draft choice of the Cleveland Browns in 1989. Metcalf played running back and receiver but was most known for his efforts on special teams. He has the second-most punt return touchdowns in NFL history, totaling 10



BY LOUISE KRAFT

The Bishop O'Connell softball team won its 10th consecutive WCAC title.

during his 14-year career. He was a three-time Pro Bowler and was selected first-team all-pro twice. He also played for the Atlanta Falcons, San Diego Chargers, Arizona Cardinals, Carolina Panthers, Washington Redskins and Green Bay Packers. Metcalf was also a track standout at O'Connell, setting school records in the long jump, triple jump, 100, 200 and 400. Former Indianapolis Colts wide receiver and punt returner Terrance Wilkins graduated from O'Connell in 1994. Marcus Ginyard (2005) was the Gatorade Player of the Year and Mr. Basketball in the state of Virginia before playing at North Carolina. Swimmer Kate Ziegler (2006) competed for the U.S. in the 2008 and 2012 Olympic Games. Point guard Kendall Marshall (2010) was a McDonald's All-American and played two seasons at the University of North Carolina before the Phoenix Suns selected him in the first round of the 2012 NBA Draft.

Quotable: "We just won our 10th title in a row for WCAC and I'm not happy. It's like I'm still making [the players] reach for the stars. But if they're there, there are goals there that we can achieve, why don't we want to do that? We won 17 out of 19 state titles, what's wrong with winning 18 out of 20?" — O'Connell softball coach Tommy Orndorff

From Weak to Week

By KENNETH B. LOURIE



Eight days and seven nights. Not exactly the vacation I was planning. Nevertheless, admitted to the hospital on Friday, August 2nd. Discharged on Friday, August 9th: that was my hospital "staycation." Though I definitely improved as the post-surgical week went on, the process itself – specifically, nearly four days in S.I.C.U. (Surgical Intensive Care) with round-the-clock monitoring, nursing and doctoring – was hardly restful. In fact, if you read the following prose, you'll presumably develop an understanding of the cons.

Sleep in the S.I.C.U. is not next to impossible, it is impossible. Though the room is private (there are no other patients sharing your space), the overall environment is public; as the nurse told me, they need to be able to see their patients at all times, just in case something bad (you'll note I didn't say unexpected) happens. In addition, the various overhead lighting remaining lit is hardly conducive to sleep, but it's very conducive to staff responsibilities, which ultimately is the point, I suppose.

Let me attempt to describe for you the difficulties and demands – and discomfort – I experienced during my post-op. treatment, designed no doubt to stabilize my vitals and return me to good health, whatever the cost or inconvenience. For certain it was all about me and all about getting me better – and presumably getting me healthy enough to be transferred to a non-intensive care floor and eventually being discharged from the hospital.

On my right arm, I had an I.V. inserted (connected to an I.V. pump) through which I received clear liquids and miscellaneous other medicines as their respective delivery systems mandated. On my right index finger a plastic clip was taped in place – also connected to a monitor, which measured my oxygen levels. Stuck on my chest were eight electrodes connected by wire to a heart-monitoring device – the size of a cell phone approximately – stuck in my hospital gown's lone chest pocket; the device itself was likewise connected, by wire, to a monitor adjacent to my hospital bed. Each calf, since I was bed-bound, was wrapped in Velcro, individually connected by wire to a pump hanging off the front of my bed. Every 30 seconds or so – alternating between each calf – the pump "pressured" air into the wraps, and wires inside inflated to stimulate the respective calves, the point of which is to prevent blood clots/pulmonary thrombosis. Not last, and certainly not least, between my legs, I was connected to a catheter (a "foley" as it was called), a necessary evil if ever there was one, itself connected by tube to a repository hanging off the side of my bed.

On my left arm, I was 24/7 connected and wrapped by a blood pressure cuff. Every hour on the hour (I checked) I was "pressured" with my readings automatically transmitted to the nurse's station (one time I unwrapped the cuff and the nurse immediately came by to chastise me for doing so). On my face (in my nose, actually), with cords wrapped around my ears to secure its position, I wore a "nasal cannula," a plastic tube placed into my nostrils, which provided "high-flow" oxygen constantly. This cannula was likewise connected by tube/hose to a pump adjacent to my bed, about three feet away, like all of these connections. Lastly, and probably mostly, a post-surgical chest tube, 28 centimeters long, had been inserted under my left arm penetrating to my left lung to drain any residual fluid/"infiltrate" from it. This tube was part of a longer tube, maybe four feet in length or so, which deposited fluid draining from that lung into a collection box placed on the floor which enabled the staff to assess its contents. To say this tube and or its placement was painful, awkward and impossible to ignore, especially when attempting to sleep, is to do injustice to the words "painful," "awkward" and "impossible."

In summary, I was connected by wire/tube/hose to nine devices/monitors. Yet I persevered. The process wasn't pretty or planned, but I got out alive and was much improved from when I was admitted. Sleep-deprived for sure, but no longer oxygen-deprived. Obviously, I'm glad to be home, still mindful of the challenges ahead, however.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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21 Announcements

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"Flourishing After 55" from Arlington's Office of Senior Adult Programs for Sept. 2-7.

Arlington senior centers: Aurora Hills, 735 S. 18th St.; Walter Reed, 2909 S. 16th St.; Culpepper Garden, 4435 N. Pershing Dr.; Langston-Brown, 2121 N. Culpeper St.; Lee, 5722 Lee Hwy.; Arlington Mill at Fairlington, 3308 S. Stafford St.; also Madison Community Center, 3829 N. Stafford St.; TJ Comm. Center, 3501 S. 2nd St.

Senior trips: Tuesday, Sept. 10, Richmond Civil War History Tour, \$32; Thursday, Sept. 12, Dover Downs Casino, Del., \$112; Friday, Sept. 13, Water Pollution Control Pant, Arl., \$10. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

Cooking healthy plant proteins, Monday, Sept. 9, 11 a.m., Langston-Brown. Free. Register, 703-228-6300.

Amateur musicians invited to join Lee Jammers at Lee Senior Center to play '20s, '30s, '40s music. Details, 703-228-0555.

Art awareness series begins Monday, Sept. 9, 1 p.m., Aurora Hills. Cost \$6. Register, 703-228-5722.

Local author talks about healthy lifestyle for seniors, Tuesday, Sept. 10, 10 a.m., Walter Reed. Free. Register, 703-228-0955.

How to organize financial records, Tuesday, Sept. 10, 7 p.m., Walter Reed. Free. Register, 703-228-0955.

History roundtable, Tuesday, Sept. 10, 11:15 a.m., Lee. Discuss 1700s. Free. Register, 703-228-0555.

Pickleball played Tuesday-Thursday-Friday, 11 a.m. -3 p.m., Walter Reed. Details, 703-228-0955.

Low-tech gadgets demonstration for people with low or no vision, Wednesday, Sept. 11, 10 a.m., Walter Reed. Free. Register, 703-228-0955.

How food affects arthritis, Wednesday, Sept. 11, 11 a.m., Culpepper Garden. Free. Register, 703-228-4403.

Guitar players needed for new group at Walter Reed. Call Wednesday, Sept. 11 for details, 703-228-0955.

Tai Chi demonstration, Thursday, Sept. 12, 2 p.m., Walter Reed. Free. Register, 703-228-0955.

How to maximize social security benefits, Thursday, Sept. 12, 4 p.m., Langston-Brown. Free. Register, 703-228-6300.

Volleyball, Thursdays, 1:30 p.m., Langston-Brown. Free. Register, 703-228-6300.

New Arabic conversation group begins Friday, Sept. 13, 9 a.m., Walter Reed. Free. Register, 703-228-0955.

Antiques and appraisal workshop, Friday, Sept. 13, 1 p.m., Aurora Hills. Free appraisal for one item. Register, 703-228-5722.

Intermediate drawing and painting classes begin Friday, Sept 13, 1 p.m., Langston-Brown. \$56/8 two hour sessions. Register, 703-228-6300.

Computer instruction, Fridays, 10 a.m. - 1 p.m., Lee. Free. Register, 703-228-0555.

Fast-paced walking group, Fridays, 9 a.m., Aurora Hills. Free. Register, 703-228-5722.

Senior Centers

FROM PAGE 5

❖ **LANGSTON-BROWN SENIOR CENTER**
2121 N. Culpeper St. (off Lee Hwy.)
703-228-6300
Open Monday through Friday, 9 a.m. - 3 p.m.
Email: epoole@arlingtonva.us

❖ **LEE SENIOR CENTER**
5722 Lee Hwy. (at N. Lexington St.),
703-228-0555
Open Monday through Friday, 10 a.m. - 3 p.m.
Email: acarr@arlingtonva.us

❖ **WALTER REED SENIOR CENTER**
2909 S. 16th St. (between Col.Pike & Glebe, off S. Walter Reed Dr.)
703-228-0955
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