Newcomers & Community Guide Lean FCHON MC

Insiders Edition 2013.2000 13.2000 14 Metro and More to McLean

NEWS, PAGE 3

A Silver Line test train approaches the McLean Station on the tracks above Tysons Corner.

CLASSIFIEDS, PAGE 30

*

PAGE 24

SPORTS,

Silver Line Brings New Opportunities

Every Year Is **Election Year in Virginia**

News, Page 8

August 28 - September 3, 2013

NEWS PAGE 4

Real Estate 211120

Contact me for an appointment!





Old Town Alexandria



Ira



Licensed in VA, DC and MD

703.861.5548

Dillaro Realtor®

Old Town Alexandria

\$1,025,000



McLean







Brought the Buyer

McLean

\$1,549,000







Franklin Park Falls Church

L'Ambiance





Tracy@TracyDillard.com

www.TracyDillard.com

♦ McLean Connection ♦ August 28 - September 3, 2013 2

McLean Connection Editor Kemal Kurspahic 703-778-9414 or mclean@connectionnewspapers.com

Newcomers

The Spring Hill Metro station is one of the Silver Line **Phase One stations** that is expected to open in 2014.



Рнотоѕ в ALEX MCVEIGH The Connectio

Metro and More Coming to McLean

Tysons redevelopment to highlight coming months.

> By Alex McVeigh The Connection

ver the next few months changes will abound in the McLean area, not least of which will be the arrival of trains on the Silver Line. While the trains themselves will carry people to and from McLean to other areas of the region, the areas surrounding the stations are undergoing many changes themselves.

"We're currently in the midst of turning Tysons from an urban office park into a true urban center," said Michael Caplin, executive director of Tysons Partnership, a group that promotes the development of Tysons Corner. "There are approximately 45 million square feet of structures there currently, and over the next 35 to 40 years we're going to see another 45 million square feet of building, mostly vertical.

The changes destined for Tysons will begin by making it a distinct entity of its own.

"We're currently awaiting permit review for all new

signage around Tysons, to let people know that's where they are," Caplin said. "We've released a new logo, which incorporates the shape of Tysons in the 'O' in the logo, as well as colors that pay tribute to the area's past, when it was known as Peach Grove and when it was a dairy farm, which was as recently as the 1950s."

The logo will even adorn the water tower in Tysons, but depending on the weather when it is approved, it could be later.

THERE ARE CURRENTLY PLANS to install about 200 new streetlights along Route 7, along

www.ConnectionNewspapers.com

things the Tysons Partnership has been working on include: an initiative from local landowners to "adopt" the roads in front of their location to provide landscaping, five outdoor festivals scheduled in 2014 and a farmer's market.

Next year also will see the opening of the new Tysons Corner station plaza as well as three new circulator bus routes. The Fairfax County Park Authority is also in the process of developing a parks master plan for Tysons, which is expected to be released this fall.

"We've had great discussions and attendance from all the stakeholders, and I'm feeling a great sense of commitment to all parties involved who are very excited about what's possible," Caplin said.

In other areas of McLean, two parks are currently undergoing the master planning process from the Fairfax County Park Authority. The process on McLean Central Park began last December, and the draft plan was presented in mid-June.

Major changes in the plan include: the addition of an amphitheater at the southern section of the park and a new circular parking area planned northwest of the adjacent Dolley Madison Library.

The McLean Citizens Association has released a resolution in response to the draft plan. In it, they express measured support for the amphitheater, pro-



with a line of trees, to give a The Greensboro Metrorail station is one of four Silver Line "grand avenue" feel. Other stations in Tysons Corner.



Sharon Bulova

CONTRIBUTED

Welcome to Fairfax County!

By Sharon Bulova Chairman, Fairfax County Board of Supervisors

ello and welcome to Fairfax County! Congratulations on finding the best place in the country to live, work, play and grow older comfortably. Fairfax County is home to a fantastic public school system, top tier businesses and some of the best parks and open spaces in the DC Metro region.

The Fairfax County Public School system is consistently ranked among the best in America. We have a new superintendent, Dr. Karen Garza, and I look forward to working with her to make our world class school system even better.

Fairfax County is also home to wonderful institutes of higher learning. Northern Virginia Community College, with campuses in Annandale and all over Northern Virginia, boasts **Guaranteed Access Agreements** offering an affordable path to all Virginia's highly-rated public universities. NOVA also partners with the region's high schools to offer dual enrollment opportunities, giving students a head start on their college education. George Mason University in 2012 was named the top by all registered voters in Fairfax "Up-and-Coming University" by County. If you have any questions U.S. News and World Report. or concerns, please email me at Mason was just this summer chairman@fairfaxcounty.gov or recognized as a top 100 univer- call my office at 703-324-2321. sity for research by Forbes Thanks for making Fairfax magazine.

Fairfax County is home to almost 50 corporate or U.S. headquarters of major firms, and 10 Fortune 500 company headquarters. Hilton, Volkswagen, Bechtel and Northrop Grumman have all moved their corporate or U.S. headquarters to Fairfax County since 2007.

But it's not all big business here. About 97 percent of the companies in Fairfax County are small businesses with fewer than 100 employees and less than \$1 million in annual revenue. Our business community is also diverse, boasting the largest number of foreignowned firms in the region. Through the first six months of this year, our Economic Development Authority worked with 87 companies that will add more than 2,800 jobs to the county economy.

Fairfax County is home to more than 48,000 acres of parks and open space, and over 500 miles of hiking and biking trails. In 2010, our Park Authority won the coveted Gold Medal for Parks and Recreation from the National Recreation and Park Association and the American Academy for Park and Recreation Administration.

As chairman of the Board of Supervisors, I am elected at-large County your home!

Newcomers Silver Line Brings New Opportunities

Metrorail line aims to connect Washington, D.C. with Dulles Airport by 2018.

By Alex McVeigh The Connection

hen the first trains of Metro's Silver Line start carrying passengers, around February 2014, it will mark a new era for Northern Virginia, particularly the northern part of Fairfax County. By 2018, riders from Ashburn, Sterling, Herndon, Reston and McLean will have access to Dulles Airport and Washington, D.C. via the Silver Line.

In June 1996, the Virginia Department of Rail and Public Transportation conducted a study that concluded that a rail located in the median of the Dulles International Airport Access Highway would provide the best opportunity to move people along the corridor and decrease traffic congestion.

The Dulles Transit Partners, a group of companies that would eventually serve as the design and build contractors for Phase One, was formed in October 2000.

In June 2004, the Department of Rail and Public Transportation signed the first comprehensive agreement with Dulles Transit Partners and construction broke ground in March 2009.

The Silver Line is being rolled out in two phases, the first of which is expected to be completed around February of next year.

THE 11.6-MILE PHASE ONE begins as an offshoot from the East Falls Church Orange Line Station and continues to Wiehle Avenue in Reston, with four Tysons Corner stations in between.

Construction on Phase One is 96 percent complete. Originally slated for a late 2013 opening, a delay was announced last month by MWAA.

"We are still anticipating a November construction completion date for Phase One. This is in line with the two-month delay previously announced," said Marcia McAllister, communications manager for Dulles Metrorail. "We are continuing to work with our Phase One contractor, Dulles Transit Partners, and with WMATA to complete this project as quickly as possible. However, we will not sacrifice safety and quality. All of us share the goal of providing the safest, highest quality project."

Once construction is complete, MWAA will hand the project over to the Washington Metropolitan Area Transit Authority, who will perform additional testing and give a more concrete opening date.

The opening for passenger service is now estimated for February 2014.

As of May 31, total expenditures on Phase One has been \$2.454 billion, and the Metropolitan Washington Airports Authority

4 ♦ McLean Connection ♦ August 28 - September 3, 2013



Tracks weave through Tysons Corner along Route 123. Cranes are working a major business catalyst for the region. on the office, residential and hotel buildings under construction at Tysons **Corner Center.**



Nighttime testing along the Silver Line: Eastbound train leaving the Wiehle-Restom East Metrorail Station.

completion, a number that includes a contingency reserve.

Phase Two will take the Silver Line all the way to Ashburn, with stops at Reston Parkway, Herndon, Innovation Center in Sterling, Dulles International Airport and it will conclude with two stations in Ashburn, one at Route 606 (Old Ox Road) and one at Route 772 (Ashburn Road).

MWAA received five bids for Phase Two construction in April and awarded the contract to Capital Rail Constructors, a joint venture between Clark Construction Group and Kiewit Infrastructure South, who bid \$1.177 billion.

Pat Nowakowski, executive director of the Dulles Corridor Metrorail project, said he was "very encouraged" by the bid from Capital Rail Constructors.

"The winning proposal is well below our original estimates of \$1.4 billion to \$1.6 billion for this portion of the project, which hopefully will allow us to pass on additional

estimates a total cost of \$2.905 billion at savings to users of the Dulles Toll Road," he said.

> On July 9, MWAA issued an official Notice to Proceed to Capital Rail Constructors, which officially initiates the contract for the construction of the six stations, 11.4 miles of track, guide ways an other components.

MWAA President and CEO Jack Potter called the Notice to Proceed an important milestone.

"This means crews will soon be in the field surveying, performing site preparations and making geological assessments when they finalize permits and other design work," he said. "Actual construction using heavy equipment and cranes will likely being in spring of 2014."

The project also includes construction of a new rail yard on Dulles Airport property, as well as improvements to the existing yard at the West Falls Church station.

According to MWAA, the notice sets a construction completion period of 60 months, meaning July 2018 is the target completion date.

Both phases of the project were originally budgeted for a total cost of \$5.25 billion, current estimates put the cost at around \$5.6 billion.

According to the funding agreement, Fairfax County will contribute 16.1 percent of costs, Loudoun County will contribute 4.8 percent and MWAA will contribute 4.1 percent. Those amounts are fixed by percent of the total costs.

The remaining costs, save for additional funding from state and federal sources, will be paid for by users of the Dulles Toll Road.

WITH SUCH AN INVESTMENT of time

and money, Fairfax County is hoping to reap economic rewards from the Silver Line for years to come. Gerald Gordon, president and CEO of the Fairfax Economic Development Authority, says the Silver Line will be

"Companies want to be able to get from Washington, D.C. to Dulles Airport the easiest way possible, which is what the Silver Line allows. For example, Intelsat [which announced last December that they would move their headquarters to Tysons Corner in 2014] said they came specifically to take advantage of Metro opportunities," he said. "The companies we're attracting aren't manufacturers, they don't require access to things like raw materials, they need access to ideas, concepts and creativity, and those are the kinds of things that can have a snowball effect on a workforce."

Gordon said that the county currently has about a 17 percent vacancy rate when it comes to office space. Plenty of new office space is under construction in Tysons Corner, with further development to come along the Dulles Toll Road as Phase Two progresses.

"With that kind of rate, you usually wouldn't see a lot of speculative building, but we've got it, especially in Tysons," he said. "There is going to be a challenge to fill existing spaces, but that's where we'll see a ripple effect from the big companies moving into the new space, an effect that will hopefully lead to small businesses marketing federally acquired skills that want to build around, and moving into contracting and subcontracting."

With such an emphasis on technology in the county, particularly in Tysons and the Dulles Corridor, Gordon says he has high hopes for the future of the region's tech business.

"Our new buildings are in high demand from many businesses. We're going to see a lot of world-class technology, cyber IT and biomedical companies coming, they're the future of the economy in this area," Gordon said. "There's a real opportunity for this county and region to become a leader in things like personalized medicine and life sciences. Those kinds of businesses, which rely on a technological approach to medicine, are in the market for an IT workforce, which is an area that this county dominates."

You're not like everyone else so why shop like everyone else?



Get savings every day at more than 70 of Fair Oaks' 200 stores with your Fair Oaks Privilege Card Free Privilege Card registration at The Customer Service Center in Grand Court

ALDO, Apple, Art of Shaving, Banana Republic, BCBGMAXAZRIA, Brighton Collectibles, Build-A-Bear Workshop Clarks, Coach, Francesca's Collection, J.Crew, H&M, Michael Kors, Liljenquist & Beckstead, MAC Naartjie Kids, Pandora, Pottery Barn Kids, Sephora, Sports Zone Elite, Williams-Sonoma Verizon Experience, XXI Forever, Zoe Salon & Spa, Zumiez The Cheesecake Factory, Champps, Elevation Burger, Luciano, Todai, Texas de Brazil Steakhouse

LORD & TAYLOR

MACY'S

S JCPENNEY

SEARS

FAIR OAKS MALL

I-66 and Route 50 ● 18 Miles from Washington, DC ● 8,000 Free Parking Spaces Monday - Saturday 10 am to 9:30 pm, Sunday 11 am to 6 pm ShopFairOaksMall.com ● facebook.com/fairoaksmall

Newcomers New Superintendent Relishes Opportunity

A fan of Baylor grad RG3 ... not Cowboys.

Karen K. Garza, Ph.D. Superintendent, Fairfax County Public Schools

am honored and humbled to be the new superintendent of Fairfax County Public Schools (FCPS). I arrived here from Lubbock, Texas, where I served for the past four years as the superintendent of the Lubbock Independent School District. The opportunity to lead a world-class school system like FCPS was one that I simply could not pass up. I am so appreciative of the very warm welcome my husband, Louis, and I have received since our arrival in June.

You should know that the question I have heard most in my first few weeks on the job is: "Are you a Dallas Cowboys fan?" I can state, unequivocally, the answer to that question is "No." In fact, we are big fans of Baylor grad RG3. Our family includes four grown children and five wonderful grandchildren. One child of ours is now in his third year as an elementary school teacher and, as a former teacher myself, it has been an exciting experience to watch as he grows into the job and learns the joys and, yes, the challenges of teaching. Where I am today is due, in large part, to the many excellent and caring teachers I had along the way. I have already met



Karen K. Garza

many FCPS teachers, principals and administrators and I have been so impressed with their commitment to our students. Together, we will make a great team.

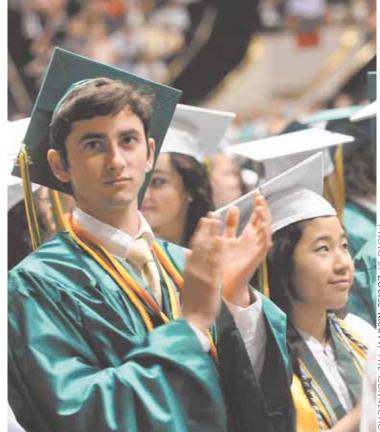
One of my first goals is to work with the school board in developing a long-range strategic plan that will incorporate input from FCPS stakeholders including parents, students, educators and community members. The strategic plan will serve as a roadmap to improve academic achievement for all of our students.

I also believe it is important that we develop a graduate profile that clearly shows what our students need to know and be able to do when they leave FCPS for college and career opportunities. We will

build upon the success of the past and, at the same time, confront our realities-achievement gaps, disparities in graduation rates among student groups and the increasing expectations for our schools while experiencing diminishing resources.

Here in Fairfax, not only do we have the talent and the expertise to solve the problems facing us in FCPS, but we are uniquely positioned to solve the most pressing issues facing public schools across the country. We want to lead the national discussion to develop new systems to measure teaching and learning. Standardized testing, while well intentioned, has gone too far and often results in narrowing the instructional focus of schools. We can develop new ways to measure how well our students are learning and how well our teachers are teaching without taking the joy out of either learning or teaching.

I plan to visit schools regularly because the best way for me to understand the needs and expectations of our school division is to talk with and listen to all of our stakeholders. The start of a new school year serves as a reminder that we have wonderful opportunities to make a difference in the lives of our students and that we are extremely fortunate to live in a community that values public education.



The Langley High School Class of 2013 celebrates graduation. New superintendent of Fairfax County Public Schools Karen K. Garza calls FCPS "a worldclass school system."

I invite you to share your ideas you all a most enjoyable and sucon ways to make the Fairfax County school system the very best it can be. I believe it is critical that we at FCPS hear from you. Please take a minute and visit www.fcps.edu and click on "Advice for Superintendent Garza." I wish

cessful school year and I look forward to meeting many of you in the days ahead.

Karen K. Garza is the new superintendent of Fairfax County Public Schools.

Langley High Band to Hold Tag Day Fundraiser

members from Langley High School will participate in "Tag Day" throughout neighborhoods in McLean and Great Falls. Each year, the Langley High School Band raises money door-to-door through fundraising, "tagging" neighbors for their monetary support. In return, band members are personally inviting donors to come and enjoy one or all of Langley HS Bands free concerts held in the school auditorium in the winter and spring. The concerts are scheduled for early December and late February.

also provides music and half- help them achieve their time entertainment at all Langley HS Football home games www.langleybands.org to do-(www.langleysports.org). Home games this year are Sept.

On Saturday, Sept. 7, band 6, 12 and 27, and Oct. 11 and 25, and this year's entertainment features music from "Les Mis.'

> The monies raised during Tag Day help Langley Band to replace and restore concert instruments and provide specialized training.

Last year, Langley HS welcomed its new band director, Doug Martin. The band program has grown significantly with Martin and this year, Langley will have one of its largest bands in years. Tag Day is the band's biggest fundraiser, and the band is counting on the sup-The Langley Marching Band port from the community to fundraising goals. Please go to nate, and see the calendar of upcoming events.



The Langley High band plans to canvas area neighborhoods via door-to-door fundraising to support the band. Expect a friendly "Tag Day" visit Saturday, Sept. 7.

Newcomers Citizens to Assess Proposed Changes

From Page 3

vided that another section of the plan, an extension of Elm Street into the park for a drop off point, instead be located parallel to Ingleside Avenue.

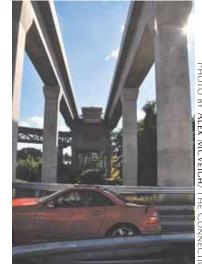
Salona, a 51-acre historic property, is also undergoing a planning process that includes the park authority, as well as a task force made up of local residents, environmental groups and other community stakeholders.

Fairfax County purchased 41 acres of the property in 2005 for \$16.5 million, and has since commenced a master planning process to find ways to use 10 acres closest to Dolley Madison Boulevard. The remaining land is protected by a conservation easement.

According to 527 comment cards received by the task force, 63 percent of respondents said

they wanted to see new athletic fields, 21 percent said they were in favor of other uses, but did not rule out athletic field use, 11 percent said they wanted other uses and did not want fields and four percent said they wished to leave the site as is.

At their most recent meeting, the task force said that they hope to finish their recommendation by the end of the year.



The McLean Metrorail station is the easternmost Silver Line station, and is expected to serve residents of McLean and Great Falls.

ANOTHER LOOMING ISSUE of

concern to McLean residents is a proposal from the county Department of Planning and Zoning to establish long-term permanent housing that would serve households with an income of no more than 60 percent of the area median income.

According to the proposed amendment, the studios would be no more than 500 square feet, and would be located on a parcel of land that fronts and has direct access to a collector street or major thoroughfare.

Supervisor John Foust (D-Dranesville) has solicited opinions on the proposal from local citizens associations.

"There are some strong advocates for the proposal in the community, as well as many residents who have expressed concerns with

how the county will maintain neighborhood integrity while meeting the demand for housing," said Sally Horn, president of the McLean Citizens Association. "We expect this to be a big issue in the fall, one that's very important to the community."

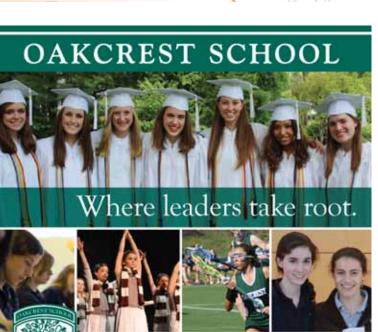
There will be a public hearing on the proposal in September, and the Board of Supervisors is expected to make a decision by the end of the year.





Bita Motesharrei, MD, FACOG Obstetries, Gynecology & Infertility Preconceptional Counseling Adolescent Gynecology **Premenstrual Disorders** High Risk Obstetrics Menopause Sexual Disorders **Routine Prenatal Care High Risk Pregnancy** Clinical professor of OBGYN at George Washington University Diplomate of American &Virginia Commonwealth Universit Board of Obstetrics and Gynecology Fellow of the American College of Obstetricians Wamen's Global and Gynecologists Health (703) 356-7700

1515 Chain Bridge Rd. McLean, W www.womensglobalhealth.com



Northern Virginia

INTELLECT CHARACTER LEADERSHIP FAITH

FALL OPEN HOUSE Sunday, October 20, 2013

2:00 - 4:00 PM

MIDDLE SCHOOL MUSICAL - "HONK! JR" Friday, November 8, 2013 – 7:30 PM Saturday, November 9, 2013 – 11 AM and 7:30 PM

An independent school for girls grades 6-12 guided by the teachings of the Catholic Church

Now enrolling for 2014-2015 • Oakcrest.org

McLean Connection & August 28 - September 3, 2013 & 7

Newcomers

Every Year Is Election Year in Virginia

86

67

40

36

CITY OF FAIRFAX

Town of Herndon

DULLES AIRPOR

Northern Virginia has most two-party races on ballot.

By Victoria Ross The Connection

hile the Virginia governor's race is the one getting the most attention, both nationally and in the state, Virginia's House of Delegates race is shaping up to be the most competitive in a decade.

According to an official candidate list released last month by the Virginia State Board of Elections, 57 House seats will be contested this November-marking only the second time in the last decade where at least half of the 100 House seats will have more than one name on the ballot.

2013 is the second election cycle since the House Republican leadership redrew district boundaries following the 2010 Census. In 2011, voters in nearly two-thirds of the 100 House districts had no choice on the ballot.

Of the 57 contested races, 44 include races with at least one Republican and one Democrat, and most of the two-party races on the ballot will take place in Northern Virginia (see chart.)

Throughout the state, 43 of the 100 House districts are uncontested, meaning there is only a single candidate on the ballot. Delegates Ken Plum (D-36) and Charniele Herring (D-43) are the only uncontested candidates in Fairfax County.

Each member of the Virginia House of



In addition to the optical scan voting machines, every polling place will be equipped with WINvote "touch-screen" machines, which have been used in Fairfax County since 2003. Luke Baranyk, voting machine custodian, demonstrates the touch-screen technology.

Commonwealth of Virginia **Delegate** Districts in Fairfax County

G.W. Me

48

CITY OF

CITY OF ALEXA

43

34

35

42

53

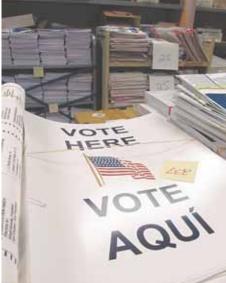
38

39

Delegates serves two-year terms, represents approximately 80,000 citizens and receives an annual salary of \$17.640.

The Virginia Senate consists of 40 members. Each member is elected for a term of four years and receives an annual salary of \$18,000

The Virginia General Assembly meets annually, beginning on the second Wednesday in January, for 60 days in even-numbered years and for 30 days in odd-numbered years, with an option to extend annual sessions for a maximum of 30 days.



All voter information material must now be translated into Spanish to comply with new state mandates, and signs in Spanish and English hang in all of Fairfax County's polling precincts.

On/the Ballot 2013 GOVERNOR

* Terry R. McAuliffe (D) www.terrymcauliffe.com * Ken T. Cuccinelli (R) www.cuccinelli.com * Robert C. Sarvis (L) www.robertsarvis.com

www.jacksonforlg.com

ATTORNEY GENERAL

www.herringforag.com

House of Delegates 2013

challenges Republican incumbent Barbara

- District 35—Republican Leiann Leppin challenges Democratic incumbent Mark Keam
- District 37—Republican Patrice Winter challenges Democratic incumbent David Bulova
- District 39—Republican Joe Bury challenges Democratic incumbent Vivian Watts

- District 40—Democrat Jerrold Foltz challenges Republican incumbent Tim Hugo.
- District 41—Republican Fredy Burgos and Independent Christopher DeCarolo challenge Democratic incumbent Eileen Filler-Corn
- District 42—Democrat Ed Deitsch challenges
- Republican incumbent Dave Albo District 53—Democrat Marcus Simon faces Brad
- Tidwell (R) and Anothy Tellez (L) to replace retiring Del. Jim Scott (D)
- Distict 67—Democrat Hung Nguyen challenges Republican incumbent Jim Lemunyon
- District 86—Democrat Jennifer Boysko challenges Republican incumbent Tom Rust

LOCAL RACES WITH ONLY

- **THIRD-PARTY CHALLENGERS:** District 38—Jim Leslie challenges Democratic incumbent Kaye Kory
- District 43—Glenda Gail Parker challenges Democratic incumbent Mark Sickles
- District 44—Joe Glean challenges Democratic
- incumbent Scott Surovell District 45—Jeff Engle challenges Democratic incumbent Rob Krupicka
- District 47—Laura Delhomme challenges
- Democratic incumbent Patrick Hope District 48—Lindsey Bolton challenges
- Democratic incumbent Bob Brink
- District 49—Terry Modglin challenges Democratic incumbent Alfonso Lopez Local Uncontested Races:
- District 36—Democratic incumbent Ken Plum
- District 46—Democratic incumbent Charniele Herring

Fairfax County Sheriff's **Special Election**

Stacey Ann Kincaid (D) www.Staceykincaid.com Bryan A. "B.A." Wolfe (R) (no site listed on SBE) Christopher F. DeCarlo (I) www.honestlyandethics.com Robert A. Rivera (I) (no site listed on SBE)

School Bond Referendum

On Election Day, Tuesday, Nov. 5, Fairfax County voters will be asked to vote YES or NO on the \$250 million school bond question in the general election. The schools plan to use the money to: Suild two new elementary schools, one in the Richmond Highway area and one in the Bailey's

♦ Help renovate 22 schools including 17 elementary schools, two middle schools (Thoreau and Rocky Run) and three high schools (Langley, Herndon and Oakton)

- Buy land for the South West County High School
- Enhance the capacity of Westbriar Elementary and South Lakes High School

* Replace or improve infrastructure, such as roofs, major mechanical systems and parking lots. See http://www.fcps.edu/news/bond13.shtml for more details.

Key Political Sources and Websites for Fairfax

County Voters

 For a detailed list of candidate information, including websites, go to www.voterinfo.sbe.virginia.gov/PublicSite/Public/ FT2/PublicElections.aspx.

lections page pro he Virginia State Board vides a detailed list of candidates, website information available for each candidate and sample ballots. Scroll down the "Locality" bar to Fairfax County to filter the election search, or go to "Elections" and scroll down to "November General 2013."

SEE ELECTION GUIDE. PAGE 23

www.ConnectionNewspapers.com

LIEUTENANT GOVERNOR Ralph S. Northam (D) www.northamforlg.com E.W. Jackson (R)

Mark R. Herring (R)

Mark D. Obenshain (R) www.markobenshain.com

Elections LOCAL RACES WITH **MAJOR PARTY CHALLENGERS:**

District 34—Democrat Kathleen Murphy Comstock.

Newcomers Chamber Gives Voice to Businesses

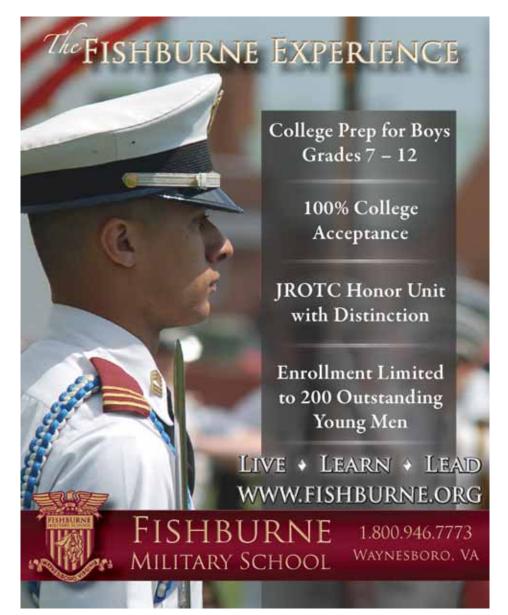
he Fairfax County Chamber of Commerce (Fairfax Chamber), the Voice of Business in Northern Virginia, represents 650 member companies with nearly 500,000 employees throughout the region. Since 1925, the chamber has been working to build a strong business community by providing unparalleled access to business development and thought leadership opportunities; professional development and mentoring; business advocacy and strategic community partnerships.

From small, entrepreneurial startups to some of the country's largest corporations businesses have leveraged the chamber to raise their profiles, grow revenue and develop new business relationships. The chamber facilitates industry-focused councils, thought leadership groups, community partnerships and many other opportunities for its member companies to expand their networks and raise their profiles in the highly competitive Northern Virginia market.

Visit www.FairfaxChamber.org for more information about the organization, members and events.



Jim Corcoran, president & CEO, Fairfax County Chamber of Commerce





Piece by piece, litter adds up, and makes the places we go to every day unsafe and unhealthy.

> Clean Land Safe Water Healthy Lives

Take control. Take care of your trash.

www.trashfreepotomac.org



McLean Connection & August 28 - September 3, 2013 & 9

www.ConnectionNewspapers.com

THE COUNTY LINE What in the World Does a Supervisor Do, and Why Should We Care? Local Government 101: Where the rubber meets the road.

By Victoria Ross The Connection

e see them at just about every community event. They manage a budget larger than the budgets of four states, and rule over a county with a diverse, well-educated population of more than a million people.

The 10 members of the Fairfax County Supervisors have an intense, time-consuming, insanely detailed job, one that comes with enormous power and even more responsibilities.

They impact our lives in large and small ways, allocating money and resources in ways that can propel our community forward—or cost us our first-rate status in education, livability and culture.

Yet most of us, media included, are so focused on politics at the state and national level that we overlook the decision-makers in our own backyard.

As an electorate, we put the rest of the nation to shame when we turn out in record numbers to vote in top-of-the-ticket races. But when it's time to cast a ballot for county supervisors? We collectively shrug our shoulders, providing, at best, a 35 percent show of hands.

What do they even do at the county level that's important enough for us to care about in the first place?

A fair question.

So we asked them to tell us, in 250 words or less. Below are their unedited responses.

What is a supervisor? How do you impact the lives of county residents and why should we care?

CHAIRMAN OF THE BOARD OF SUPERVISORS SHARON BULOVA (D-AT-LARGE)

"Local government is where the rubber meets the road. Each year, when the Board of Supervisors approves the budget, we invest in our community's priorities. We boast a well-educated, informed and engaged community. It is critical to have Fairfax County residents at the table when we make important decisions that affect their daily life. This year we will make significant investments in transportation, thanks to new revenue approved by the General Assembly. We need our civic leaders to let us know what transportation improvements you would like to see in and around your community. We will also make critical investments in health and human services. We need to continue making progress toward our goal of ending homelessness as we know it in Fairfax County. Our economy is slowly recovering from the recession and development will begin to pick up. We will concentrate that development in areas that can support it in order to keep growing while protecting our older, stable neighborhoods. Growing our business community is key to our success and will help keep residential



From left to right: Catherine M. Hudgins (D-Hunter Mill District); Michael R. Frey (R-Sully District); John C. Cook (R-Braddock District); Gerald W. Hyland (D-Mount Vernon District); Sharon Bulova (D-chairman, at-large); Penelope A. Gross (D-Mason District, vice chairman); John W. Foust (D-Dranesville District); Jeffrey C. McKay (D-Lee District); Pat Herrity (R-Springfield District); Linda Q. Smyth (D-Providence District). Board members are elected for four-year terms. There is no legal limit to the number of terms a member can serve. Each board member, including the chairman, receives annual compensation of \$75,000 per year. For more information on the BOS, go to http://www.fairfaxcounty.gov/government/board/about-the-board-of-supervisors.htm.

Contact Information Sharon Bulova, Chairman,

ELECTED AT-LARGE

Government Center 12000 Government Center Parkway, Suite 530 Phone: 703-324-2321, TTY 711 Fax: 703-324-3955 www.fairfaxcounty.gov/chairman E-mail: chairman@fairfaxcounty.gov

JOHN C. COOK, BRADDOCK DISTRICT Kings Park Library

9002 Burke Lake Road, Burke, VA 22015-1608 Phone: 703-425-9300, TTY 711 Fax: 703-503-9583 www.fairfaxcounty.gov/braddock E-mail: braddock@fairfaxcounty.gov

JOHN W. FOUST, DRANESVILLE DISTRICT

McLean Governmental Center 6649-A Old Dominion Drive, McLean, VA 22101 Phone: 703-356-0551, TTY 711 Fax: 703-821-4275 Herndon Office 730 Elden St., Herndon, VA 20170-4637 Phone: 703-471-5076, TTY 711 Fax: 703-437-3210 www.fairfaxcounty.gov/dranesville E-mail: dranesville@fairfaxcounty.gov

CATHERINE M. HUDGINS,

HUNTER MILL DISTRICT North County Governmental Center 12000 Bowman Towne Drive, Reston, VA 20190-

3307 Phone: 703-478-0283, TTY 711 Fax: 703-471-6847 www.fairfaxcounty.gov/huntermill E-mail: hntrmill@fairfaxcounty.gov

JEFFREY C. MCKAY, LEE DISTRICT

Franconia Governmental Center 6121 Franconia Road, Alexandria, VA 22310-2508 Phone: 703-971-6262, TTY 711 Fax: 703-971-3032 www.fairfaxcounty.gov/lee E-mail: leedist@fairfaxcounty.gov

PENELOPE A. GROSS, VICE CHAIRMAN, MASON DISTRICT

Mason District Governmental Center 6507 Columbia Pike, Annandale, VA 22003-2029 Phone: 703-256-7717, TTY 711 Fax: 703-354-8419 www.fairfaxcounty.gov/mason E-mail: mason@fairfaxcounty.gov

GERALD W. HYLAND, MOUNT VERNON DISTRICT

Mount Vernon Governmental Center 2511 Parkers Lane, Alexandria, VA 22306-2799 Phone: 703-780-7518, TTY 711 Fax: 703-780-1491 www.fairfaxcounty.gov/mountvernon E-mail: mtvernon@fairfaxcounty.gov

LINDA Q. SMYTH, PROVIDENCE DISTRICT

8739 Lee Highway, Fairfax, VA 22031-2198 Phone: 703-560-6946, TTY 711 Fax: 703-207-3541 www.fairfaxcounty.gov/providence E-mail: provdist@fairfaxcounty.gov

PAT HERRITY, SPRINGFIELD DISTRICT

West Springfield Governmental Center 6140 Rolling Road, Springfield, VA 22152-1579 Phone: 703-451-8873, TTY 711 Fax: 703-451-3047 Fairfax County Government Center 12000 Government Center Parkway, Suite 233 Fairfax, VA 22035-0001 Phone: 703-324-2500, TTY 711 Fax: 703-324-3149 www.fairfaxcounty.gov/springfield E-mail: springfield@fairfaxcounty.gov

MICHAEL R. FREY, SULLY DISTRICT

Sully District Governmental Center 4900 Stonecroft Blvd., Chantilly, VA 20151-3808 Phone: 703-814-7100, TTY 703-814-7109 Fax: 703-814-7110 www.fairfaxcounty.gov/sully E-mail: sully@fairfaxcounty.gov taxes low. We've added 2,800 jobs so far this year, and we will make sure our policies allow our local business to expand and keep Fairfax County attractive to firms looking to relocate. As a resident of Fairfax County, you have a strong voice in how your government operates. I encourage you to get involved and help shape the community you live in and keep Fairfax County the best place to live, work, play and grow older comfortably."

SUPERVISOR JEFF MCKAY (D-LEE)

"As Lee District Supervisor, constituent service is the most important thing I do. The supervisor's office is the first and sometimes the last resort. We hear from people who want a pothole filled and from those with human service needs. We hear from people asking if they need a permit to build a garage—and from those asking if their neighbor's construction has a permit. We help to resolve stormwater management problems, drainage issues, parking disputes, and many other issues—from animal control to zoning.

Land use is an important part of the Lee District supervisor's job and requires balancing the needs of property owners, neighbors, the larger community and the laws of the Commonwealth of Virginia.

On a broader scale, I work with our state and federal government to get the best outcomes for our region and our district, for example Rail to Dulles and BRAC [Base Realignment and Closure Commission, which places, realigns and consolidates military installations in the DoD].

Local government is a balancing act walking on a thin tightrope. Virginia is a Dillon Rule state, unlike Maryland, a Home Rule state. In Virginia, counties can only enact laws and ordinances with enabling legislation from the General Assembly. Every year, the Fairfax County Board of Supervisors Legislative Committee (that I chair) prepares its legislative package with details of legislation that it supports or opposes. That package is presented to the General Assembly.

Public service is a 24/7 job. The rewards are in helping to shape the future of our district and our region and to making Lee District and Fairfax County a great place to live, work and raise a family.

SUPERVISOR JOHN FOUST (D-DRANESVILLE)

"As the Dranesville District supervisor, I represent the approximately 120,000 residents of the district on the board. I work with the chairman and the other eight supervisors on county policies, programs and projects for transportation, the environment, land use, health care, human services, housing, economic development and many other services that directly impact all county residents and businesses. We also formulate and approve the annual county budget (including the amount transferred to the school system), establish local tax rates, approve or reject land use proposals, and make appointments to

> See Board, Page 14 www.ConnectionNewspapers.com

10 & McLean Connection & August 28 - September 3, 2013

annaxcounty.gov

CHAMBERS

Find a comprehensive online listing of county business resources at http:// www.fairfaxcountyeda.org/businessresources. Below are the chambers and business coalitions serving McLean and the surrounding areas, in no particular order.

FAIRFAX COUNTY

CHAMBER OF COMMERCE The Vienna-based chamber serves businesses in Northern Virginia. http://www.fairfaxchamber.org/.

MID-ATLANTIC

VENTURE ASSOCIATION Located in McLean, the association serves businesses by providing information and a wide range of programs. http://www.mava.org/.

GREATER MCLEAN

CHAMBER OF COMMERCE The chamber covers all of McLean and the majority of Tysons Corner. www.mcleanchamber.org.

TYSONS REGIONAL

CHAMBER OF COMMERCE The chamber offers business-related programs and services to members in

the region. http://www.vtrcc.org/. ASIAN AMERICAN

CHAMBER OF COMMERCE Located in Tysons, it offers programs to Asian and Pacific business communities in the region. http:// www.asian-americanchamber.org/.

US LEBANESE

CHAMBER OF COMMERCE A privately held business association founded in 2010 offering networking and resources to Lebanese Americans. 703-761-4949.

AFGHAN AMERICAN

CHAMBER OF COMMERCE AACC provides resources to members through business advice, conferences, seminars, networking events, publications and other avenues to stimulate U.S.-Afghanistan business and investment: also, sector-based Working Groups seek to reduce impediments to business and market progress for members. AACC also serves as a link between the private sector and government to encourage economic policies that result in increased business and investment between the U.S. and Afghanistan. 703-442-5005 or http://www.aacc.org/.

THE VIRGINIA HISPANIC CHAMBER OF COMMERCE

Based out of Vienna, the chamber offers business education and information to the Hispanic community. https:// www.vahcc.com/.

PAKISTAN AMERICAN

BUSINESS ASSOCIATION INC. PABA is a non-profit, bilateral trade association that promotes business opportunities between Pakistan and the United States of America, and nurtures leadership skills within the Pakistani American business community. 703-627-1500 or http:// www.pabausa.org/.

NORTHERN VIRGINIA

BLACK CHAMBER OF COMMERCE. The Alexandria-based organization provides resources to black-owned businesses in Alexandria, Arlington, Fairfax, Loudoun, and Prince William counties. http://www.novabcc.org/.

ASIAN AMERICAN CHAMBER OF COMMERCE

Located in Tysons, it offers programs to Asian and Pacific business communities in the region. http:// www.asian-americanchamber.org/.

2

MADEIRA



ADMISSION OPEN HOUSE

Allow us to introduce you to Madeira's academic programs and school community at one of our fall open house events. Meet teachers, take a campus tour, and experience the magic of Madeira.

Sunday, October 13 or Sunday, November 10 • 1pm

The Madeira School is located at 8328 Georgetown Pike in McLean, Virginia.

For more information call 703-556-8273 or begin your journey online at www.madeira.org.

Imagine having peace of mind.

Affordable quality care. Meaningful activities. New friendships. Peace of mind.



5 locations in Fairfax County

Mon. - Fri., 7:00 a.m. - 5:30 p.m.

Schedule a visit today.

703-750-3316 ттули

fairfaxcounty.gov/hd/ADHC

A program of the Fairfax County Health Department.

Call Now to Get 2 Weeks FREE!

Peace of mind.







Upper School OPEN HOUSE October 27, 11:00 a.m. - 1:00 p.m. Middle School PREVIEW DAYS October 22, November 5 & 19, December 10 + 8:00 a.m. - 10:30 a.m. CONNELLY HOLY CHILD Educating young women grades 6 through 12 WWW.holychild.org

Featuring

DURASUPRE

OPINION About the Connection Newcomers and Community Guide 2013-2014

s your local, weekly newspaper, the McLean Connection's mission is to bring the local news you need, to gather information about the best things in and near your community, to advocate for community good, to provide a forum for dialogue on local concerns, and to celebrate and record milestones and events in community and people's lives.

Here in our Newcomers and Commu-

nity Guide, we've included an expanded and updated insider's look at the parks, plus details of how to vote in the upcoming elections, information on local government, nonprofits and business organizations, plus tips and tidbits from the community.

We invite newcomers and long-time residents alike to let us know how we're doing and let us know what is going on in your part of the community. If you have questions or ideas, send us an e-mail or call us, contact us on Facebook or send us a tweet. We invite you to send letters to the editor or to send an e-mail with feedback about our coverage.

We want to know if someone in your family or your community published a book, started a business, became an Eagle Scout, raised money for a good cause, accomplished some feat like running a marathon, supporting a cause or having art included in an art show. We publish photos and notes about personal milestones and community events, including births, engagements, weddings, anniversaries, awards and obituaries. We are also interested in events at your church, mosque, synagogue, community center, pool, school, club, etc. Email us a note about the event, being sure to include when and where the photo was taken

fantastic hiking trails and great views of the

Potomac. Riverbend Park and Great Falls

National Park in Great Falls have visitor

centers, great trails, spectacular river

Places that I would take a newcomer

✤ Farmers Markets in Herndon, Great Falls

and McLean: Delicious fruit, vegetables, fresh

baked pastries, eggs/meats, plants and flow-

Letters to the Editor

views and scenic picnic areas.

to the Dranesville District:

To the Editor:

Supervisor John W. Foust (D-Dranesville)

recommends places to see in the area.

photo. We also publish notes about news and events from local businesses. Notes about openings, new employees, anniversaries are welcome. It is especially important to us to let people know about events ahead of time in our calendar of events. We appreciate getting notice at least two weeks ahead of the

event, and we encourage photos. EDITORIAL

The paper you're reading, the McLean Connection is one of 15 papers published by the independent, locally owned Local Media Connection LLC, serving the suburbs of Metropolitan Washington in Northern Virginia and Potomac, Md.

Our flagship paper, the Alexandria Gazette Packet, is one of the oldest continuously publishing papers in the country, beginning publication in 1784.

The Connection Newspapers have won hundreds of press awards in just the past few years, including the Virginia Press Association Award for Journalistic Integrity and Community Service, and awards in news, art, business, special projects, sports, entertainment, design, photography, and much more.

We have staff and contributors here at the Connection with remarkable talent and experience, far greater than one might expect. While the last few years have brought many challenges to the newspaper business everywhere, affecting us as well, we continue to publish 15 distinct papers every week that serve their communities in distinct ways.

LETTERS TO THE EDITOR: Email to

editors@connectionnewspapers.com or

and the names of all the people who are in a submit online at http:// www.connectionnewspapers.com/contact/ letter/

CONTACT:

McLean Connection, mclean@connectionnewspapers.com For advertising information, email

sales@connectionnewspapers.com or call 703-778-9431.

On Facebook: www.facebook.com/ ConnectionNewspapers

FOLLOW US ON TWITTER:

General: @followfairfax McLean Connection @mcleanconnect

Read It Before It Even Hits the Press

Be the first to read your hometown news, and go green. Sign up to get the Connection delivered to your email box every week. The electronic version of the paper will arrive in your email box before the paper even hits the press, literally.

Sign up at

www.ConnectionNewspapers.com/subscribe, or email your name, your snail-mail address, email address and the paper or papers you would like to receive to

GoingGreen@connectionnewspapers.com. (We will not share your personal information.)

> — Mary Kimm, MKIMM@CONNECTIONNEWSPAPERS.COM, @MARYKIMM

Places to Visit in Dranesville District dio demonstration, and performances by

> local musicians. Great Falls Freedom Memorial: Dedicated in 2004, the memorial plaza on the library grounds honors local military personnel, firefighters, police offic-

ers, the six Great Falls residents who died in the Sept. 11, 2001 terrorist attacks, and others who have given the ultimate

sacrifice to defend our liberty and freedom. The service on 9/11 is extremely moving.

done for 33 years, the Town of Herndon holds its 4-day festival. The event attracts over 80,000 people from the greater Washington, D.C. metropolitan area and includes live entertainment, international foods, carnival rides, arts & crafts shows and 5K and 10K runs.

> pull us back into the 18th century. Barbara Comstock is not the person we need representing us right now, or in the future.

> > Haida McGovern Great Falls



www.ConnectionNewspapers.com

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by Local Media Connection LLC

1606 King Street Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

NEWS DEPARTMENT: To discuss ideas and concerns, Call: 703-778-9410 e-mail:

mclean@connectionnewspapers.com

Kemal Kurspahic Editor ***** 703-778-9414 kemal@connectionnewspapers.com

Chelsea Bryan Editorial Assistant 703-778-9410 ext.427 cbryan@connectionnewspapers.com

Alex McVeigh Community Reporter ***** 703-778-9441 amcveigh@connectionnewspapers.com @AMcVeighConnect

Victoria Ross County Reporter ***** 301-502-6027 rosspinning@yahoo.com

ADVERTISING: For advertising information **e-mail:** sales@connectionnewspapers.com

Trisha Hamilton Display Advertising 703-778-9419 trisha@connectionnewspapers.com

Andrea Smith Classified Advertising 703-778-9411 classified@connectionnewspapers.com

Debbie Funk National Sales 703-778-9444 debfunk@connectionnewspapers.com

Editor & Publisher Mary Kimm 703-778-9433 mkimm@connectionnewspapers.com @MaryKimm

Executive Vice President Jerry Vernon jvernon@connectionnewspapers.com

Editor in Chief

Steven Mauren **Managing Editor** Kemal Kurspahic Photography: Deb Cobb, Louise Krafft, Craig Sterbutzel

Art/Design: Laurence Foong, John Heinly Production Manager: Jean Card

Geovani Flores

Special Assistant to the Publisher Jeanne Theismann 703-778-9436 jtheismann@connectionnewspapers.com

@TheismannMedia

CIRCULATION: 703-778-9426 **Circulation Manager:** Linda Pecquex

circulation@connectionnewspapers.com Virginia



www.ConnectionNewspapers.com



ewcomers to Dranesville should visit ers, free gardening advice and always a our beautiful Potomac riverfront neighbor or three to meet. The Park Auparks. Scotts Run in McLean offers thority operates the markets in Herndon

and McLean from May to October/November. The Great Falls Community Farmers Market operates year-round and is vol-INSIDER'S unteer-run.

TIPS MPAartfest: Every October, MPA converts McLean Central Park into a free, one-day festival of the arts. Vendor tents display the works of numerous juried artists, which are complemented by the exhibitions of childrens' and seniors' artwork, an Open Stu-

should stop voting for socially re-

In addition, Virginia has been in the news lately for passing laws that were rejected in other Southern states as being too backward. If we are to be the forefront of

Pulled Back to 18th Century nation for new businesses, she

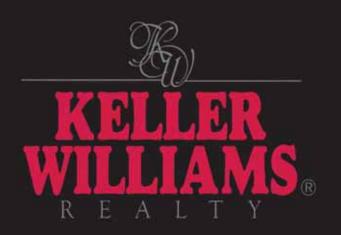
I read with interest Del. Barbara Comstock's piece ["Investing in pressive and discriminatory legis-21st Century Industries and Jobs," lation. Tax breaks and open land are not the only factors that com-Connection, August 21-27, 2013]. If Ms. Comstock really wants to panies consider when deciding to make a move. Top executives also make Virginia a welcoming desti-

12 Scheme Connection & August 28 - September 3, 2013

Ms. Comstock has failed to support.

✤ Herndon Festival: Every spring, as it has

consider traffic problems and edu- cutting edge technology, we need cation, both issues whose solutions legislators who are not trying to









OR

The Bob Nelson Team VA/DC/MD www.Great FallsTeam.com ~ 703-999-5812 ~ 703-636-7300

774A Walker Road, Great Falls, VA 22066



FX8137055 - \$1,350,000 - Great Falls 10722 Fawn Dr, cedar and stone contemporary on over 5 private acres. 4BR, 4.5BA with multiple decks, lots of windows bring the outdoors inside!



FX8046385 - \$1,350,000 - Great Falls 700 Parrish Farm, 5BR, 4BA, 3 quiet wooded acres, granite and cherry kitchen huge walk-out rec room, sumptuous MBA



11100 Tommye Lane - \$1,200,000 Reston Minutes to Tysons or Reston, 5BR, 5.5BA each bedroom has its own bath and master has a suite of rooms. Home theatre with projector, library with built-in bookcases.



FX8065912 - \$1,735,000 - Great Falls 980 Arnon Chapel Rd 5BR, 5.5BA, separate guest house, butler's pantry, media room, 5 fireplaces, panoramic breakfast room!



\$1,800,000 - McLean - 7009 Green Oak 5 Bedrooms, 5 Full Baths, 2 Half Baths with over 7,000 sq. ft. of living space. 10 mins. from DC.



5699,999 - 2952 Mills Ave NE - Washington, DC Appx 3,000 sq ft, 4BR, 3.5BA, in-law suite in walkout basement 2-car detached garage, 9-ft ceilings, everything new! Walk to Langdon Park, just off Rhode Island Ave. Reduce your commute time!







8728 FOXHALL TER 4BR, 4.5BA, finished basement, 4,200 sq ft renovated baths and kitchen



FX8046045 - \$850,000 0611 Allenwood Lane, 5BR, 3.5BA, Frank Lloyd Wright style with over 5 wooded acres and large pond!



\$369,900 - Jefferson, MD 4320 Teen Barnes, 38R, 38A, 2 acre with mountain views finished walk out basement. 2-car detached garage, very picturesque. Call 703-961-8663

Join us for dinner on September 9 at our next Military Appreciation Monday (MAM) event at The Old Brogue in Great Falls. We will be hosting Injured Ma

The Old Brogue is located at the corner of Georgetown Pike and Walker Road in Great Falls. Call (703) 759-3309 to reserve your table at either the 5:30 or the 7:30 seating. Bob and his co-sponsers will each make a 10% matching donation of your dinner tab!

Visit www.kwmcleangolf2013.com to learn about this year's charity golf tournament on October 28th at Trump National

Bob Nelson Realtor, Keller Williams Realty A Lifetime of Service to Community & Country Office: 703-636-7300

Cell: 703-999-5812 Bob@Great FallsTeam.com www.GreatFallsTeam.com

McLean Connection & August 28 - September 3, 2013 & 13

THE COUNTY LINE Board of Supervisors: What Do They Do?

From Page 10

various authorities and commissions that serve county residents and businesses.

One of the most important responsibilities of a district supervisor and his or her staff is constituent services. My staff and I assist Dranesville residents on issues that involve the county government, utilities and state government (especially VDOT). We regularly work with constituents on issues involving building and zoning code enforcement, traffic calming, storm water, human services, utility complaints, storm recovery and road and sidewalk maintenance.

Why is it important to vote in a county supervisor election? No level of government has more impact on our daily lives and the type of community we live in and will leave for our children. Residents should participate in the election process to ensure that they have a supervisor who shares their values, who will be effective on their behalf, and who actively solicits their input on major issues that affect their community."

SUPERVISOR MICHAEL FREY (R-SULLY)

"The Board of Supervisors doesn't do war and peace, but it's hard to argue that the Board of Supervisors is not responsible for most of the issues that people deal with every day. Whether the piece of property

next door is developed for houses or a shopping center or parkland falls under the direct authority of the board. School funding, police and fire protection are the direct responsibility of the board. The county provides a host of programs and serviceslibraries, parks and recreation, transportation and planning, and a wide range of human services. These are areas of life that we all deal with every day and that affect the quality of life. In many instances it is this range of services that attracted people to choose to live here in the first place. It is critical that people watch the board, get involved in their local governmental processes and help shape our community. At a minimum, people should vote! If you don't vote you can't complain!"

SUPERVISOR JOHN COOK (R-BRADDOCK)

"More than any other elected official at any level of government, a county supervisor has the greatest effect on your everyday lives.

First, I believe strong neighborhoods are the foundation of our strong county. I work with civic and homeowners' associations, community pools, recreational leagues, scout troops and other organizations to help them provide a foundation for our neighborhoods. The county's '50+' plan is looking for communities to volunteer to be 'villages' where our seniors help each other so they can stay in their homes in their later vears. Second, the county government provides among the best police and fire and rescue departments in the country, and we are building a more robust emergency response network that connects citizens with county agencies. We have a world-class public school system, which receives priority in the county budget. Our human service system combines government programs with faith-based and non-profit programs to help people with disabilities and people in need of a 'pick up' to get themselves on track. Third, we are rebuilding our infrastructure, from stormwater management systems that protect the environment, to parks and trails for recreation, to a water and sewer system that is clean and efficient.

As your supervisor, I am here to help make your neighborhood the best place it can be.

SUPERVISOR PAT HERRITY (R-SPRINGFIELD)

"I have always agreed with Thomas Jefferson's notion that government closest to the people is best, and you cannot get much closer to the people than being a supervisor. Supervisors' jobs are multi-faceted; we're the ones you call when you have a problem with your taxes, neighborhood blight, roads, or if you have trouble with county or state agencies. Supervisors hire the police chief and fund the police, fire department and health department. We're the ones who approve new commercial construction like in Tysons, or new Metro-rail and bus routes. In fact, I would go as far to say that about 80 percent of an individual's contact with government at any level is at our level. One of the most important jobs of the supervisor is constituent service. We work hard to address and resolve issues and problems for our residents, be they simple or complex. I also believe communication with constituents on issues that are important to them is a critical job of the supervisor-I hold town hall meetings, attend numerous events and community/HOA meetings and publish a newsletter-sign up at http://www.fairfaxcounty.gov/springfield/ herrity-report-newsletter.htm. I look forward to serving you.

LINDA SMYTH (D-PROVIDENCE)

"The Board of Supervisors collectively provides local government in Fairfax County. What does that mean? Supervisors set the local tax rates and approve the county budget, which provides funding for schools, parks, libraries, public safety and other public facilities and services. In other words, what we do touches our residents' everyday lives. And when residents have questions or problems, we are the ones they call for answers and solutions."



Exceptional Smiles, Exceptional Service

Dr. Garai and staff are pleased to announce the opening of our second location in Great Falls. This state of the art Orthodontic Office will provide you and your family the same level of exceptional care you have received for the past 17 years at our Vienna location. We look forward to seeing you this year at either our Vienna or Great Falls office.

> Vienna 427 Maple Ave, West Vienna, VA 22180 <u>Great Falls</u> 9912D Georgetown Pike Great Falls, VA 22066



Please call our office today to schedule your Complimentary Consultation

703.281.4868 BracesVIP@gmail.com www.BracesVIP.com

MCLEAN Non-PROFITS

Children's Trust Fund (CTFund)

CTFund is a completely youth-run organization dedicated to helping malnourished and impoverished children in developing countries achieve a healthy and happy start to life. CTFund staff is composed solely of teenagers who are passionate about changing the lives of children around the world who are not as fortunate as they are. http://www.ctfund.org/

McLean Community Foundation

The MCF provides grants to schools, other nonprofits and organizations like the volunteer fire department. MCF is currently seeking donations. http://

www.mcleancommunityfoundation.org.

McLean Rotary Club

MRC sponsors several youth initiatives and Stop Hunger Now events. Members will get involved in their communities and share their time and experience with young people. www.mcleanrotary.org.

Junior League of Northern Virginia

JLNV ois an organization of women committed to promoting volunteerism, developing the potential of women, and improving communities through the effective action and leadership of trained volunteers. JLNV's ^opurpose is exclusively educational and charitable. 703-442-4163 or http://www.jlnv.org.

SHARE of McLean

SoM seeks donations of grocery gift cards and more. Checks and gift cards can be sent to: Holiday Celebration, Share, Inc. PO Box 210, McLean, VA 22101. 703-284-2179. www.SHAREofMcLean.org.

Northern Virginia Family Service

NVFS addresses the needs of many communities in our region by providing services like foster care and multicultural human services. See extensive volunteer opportunities on their website. °703-385-3267 or http:// /www.nvfs.org/.

Alternative House

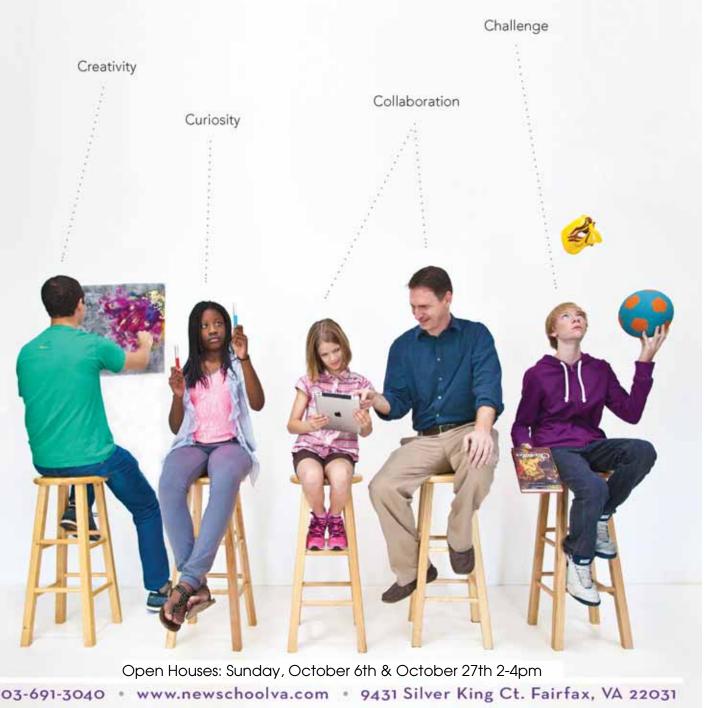
Alternative House is a housing service with programs like Assisting Young Mothers and, in cooperation with Fairfax County Public Schools, the Homeless Youth Initiative, which provides safe transitional housing to homeless students. Volunteer opportu-nities include drivers, event hosts, food drive organizers and tutors. $^{\rm o}703\text{-}242\text{-}6474$ or http:// familypassfairfax.org/.

Traveling Players Ensemble

Traveling Players Ensemble is a notfor-profit professional theatre company in the Washington, D.C. area, dedicated to bringing great theatre into the great outdoors through a thriving summer camp and year-round acting classes and workshops. Volunteer opportunities include working in the office, assisting with costume and set construction and helping with special events. 703-987-1712 or http:// www.travelingplayers.org/about/ mission/.

www.ConnectionNewspapers.com

THE NEW SCHOOL A UNIQUE LIBERAL ARTS EDUCATION FOR GRADES 4-12



703-691-3040 · www.newschoolva.com · 9431 Silver King Ct. Fairfax, VA 22031

For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnews papers.com/subscribe



NEWSPAPERS

Be the first to know – get your paper before it hits the press.

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: goinggreen@connectionnewspapers.com

ENTERTAINMENT





Gabriel Chaves, 3, sits on his father J.J.'s shoulders while waiting in line to see Santa Claus while attending the 2012 Celebration of Lights and Christmas tree Lighting ceremony in Great Falls.



PHOTO BY DONNA MANZ

Mayor M. Jane Seeman and Santa Claus light the holiday tree to kick off the 2011 Church Street Holiday Stroll and Vienna's holiday season.

Santa Claus hands out candy to children during the 5th Annual WinterFest Parade in McLean on Dec. 2, 2012.

A Year in Fairfax County

SEPTEMBER 2013

- King Street Art Festival, Sept. 7-8, 2013 Burke Centre Festival, Sept. 7-8, 2013 Annual Workhouse Clay National Ceramics Exhibition, through Sept. 8, 2013 Reston Triathlon, Sept. 8, 2013
- CCÉ Irish Folk Festival in Fairfax, Sept. 21, 2013 Clarendon Day, Sept. 28, 2013 Dulles Day Plane Pull, Sept. 14, 2013 Reston Multicultural Festival, Sept. 28, 2013
- Fall for the Book Festival at GMU, Sept. 22-27, 2013 Walk to End Alzheimer's, Sept. 29, 2013

OCTOBER

- Oktoberfest Reston, Oct. 11-13, 2013 Art on the Avenue Alexandria, Oct. 5, 2013 McLean Project for the Arts ArtFest, Oct. 6, 2013
- Fall Festival in Old Town Historic Fairfax, Oct. 12, 2013 Potomac Country House Tour, Second Saturday-Second Sunday in Oct., 2013
- Potomac Day, Third Saturday in October, 2013 Claude Moore Colonial Farm 1771 Market Fair, Oct. 19-20, 2013
- Great Falls Artists Studio Tour, Oct. 19-20, 2013 Vienna Halloween Parade, Oct. 24, 2013 Volunteer Fest, Fourth Saturday in Oct., 2013
- The Washington West Film Festival, Oct. 23-27, 2013

NOVEMBER

- Election Day, Nov. 5, 2013 The Robinson Marketplace, Nov. 9, 2013
- Joyful Noise Holiday Bazaar and Bakeshop, Third Saturday in Nov., 2013
- Bull Run Festival of Lights and Winter Wonderland Holiday Village, Third Tuesday in Nov., 2013-
- First Saturday in Jan., 2014 Alexandria Tree Lighting, Fourth Saturday in Nov., 2013
- 16 * McLean Connection * August 28 September 3, 2013

Church Street Holiday Stroll, Fourth Wednesday in Nov., 2013 Christmas at Mount Vernon, Nov. 29, 2013

Scottish Walk, Nov. 29-30, 2013

DECEMBER

- City of Fairfax Festival of Lights and Carols, Dec. 7, 2013
- Great Falls Celebration of Lights, Dec. 7, 2013 Holiday Boat Parade of Lights, First Saturday in Dec., 2013

JANUARY

- Bull Run Festival of Lights and Winter Wonderland Holiday Village, through the first Saturday in
- January, 2014 Live Music at Paradise Springs Winery, Jan. 10, 2014- Jan. 3, 2015

FEBRUARY

Community Tax Assistance Day

MARCH

- Clarendon Mardi Gras Parade, March 4, 2014
- "City Works" by The Art Monkeys, Second Saturday-Last Sunday in March, 2014
- Chantilly Egg Hunt, Second Sunday in March-First Monday in April, 2014
- Fairfax Brewfest, March 15, 2014 Herndon Bluegrass Concert Series, Third
- Wednesday in March, 2014
- 2013 National Cherry Blossom Festival, March 20-April 13, 2014
- Northern Virginia Artists League 12th Anniversary, Fourth Wednesday in March, 2014
- 2013 National Cherry Blossom Festival Central, Last Sunday in March, 2014

APRIL

A sampling of some of the cherished, annual events of the county.

- Concert on the Green, Sundays in June-August, 2014
- Clifton Wine Festival, Fourth Saturday in June, 2014

JULY

- Great Falls Fourth of July Celebration, July 4, 2014 City of Fairfax Independence Day Celebration, July 4,2014
- Obon Festival, Second Saturday in July, 2014 U.S.A. and Alexandria Birthday Celebration, Second Saturday in July, 2014
- Annual Workhouse Clay National Ceramics Exhibition, Last Wednesday in July through Second Sunday in Sept., 2014

AUGUST

- County 4-H Fair and Frying Pan Farm Park Show at Frying Pan Farm Park, First Saturday-First
- Arlington County Fair, Aug. 6-10, 2014
- Pakistan Independence Day Festival U.S.A., Third Sunday in Aug., 2014

SEPTEMBER 2014

- King Street Art Festival, First Saturday-Second Sunday in Sept., 2014 Burke Centre Festival, First Saturday-Second
- Sunday in Sept., 2014 Reston Triathlon, Second Sunday in Sept., 2014
- Dulles Day Plan Pull, Second Saturday in Sept., 2014 Fall for the Book Festival at GMU, Fourth Sunday-
- Fourth Friday in Sept., 2014 Clarendon Day Run, Last Saturday in Sept., 2014 Reston Multicultural Festival, Fourth Saturday in
- Sept., 2014 Walk to End Alzheimer's, Last Sunday in Sept.,
 - 2014

www.ConnectionNewspapers.com

Dinosaur Egg Hunt, April 19, 2014 Easter Puppet Show and Egg Hunt, April 19, 2014 Herndon Easter Egg Hunt, April 19, 2014 Ticonderoga Spring Easter Festival, April 19-20, 2014

MAY

May, 2014

Sunday in April, 2014

Historic Garden Tour, through May 3, 2014 Herndon Festival, May 29-June 1, 2014 Relay for Life, May 17-18, 2014

Reston Founder's Day Fest, April 5, 2014

23rd Annual Best of Reston Gala, April 10, 2014

Destination Fairfax: Annual Spotlight on the Arts

Great Grapes Wine, Art and Food Festival, Fourth Saturday-Fourth Sunday in April, 2014

Fairfax Fine Arts Festival, Fourth Saturday-Fourth

Historic Garden Tour, April 26-May 3, 2014

Bull Run Swamp Stomp, April 19, 2014

Festival, Third Saturday in April-First Monday in

JUNE

- Alexandria Armenian Festival, First Saturday in June 2014
- Springfield Days: Party in the Park, First Saturday in June, 2014 Springfield Days: Cardboard Boat Regatta, First
- Sunday in June, 2014 Taste of Reston, Second Friday-Third Sunday in
- June, 2014 Crystal Screen: Blockbusters, First Monday in June
- Last Monday in August, 2014 Vintage Crystal: Wine in the Water Park, Fridays in
- June, 2014 Lee District Nights Concert Series, First Wednesday in June-Last Wednesday in August, 2014
- Celebrate Fairfax!, June 6-8, 2014 Mount Vernon Nights Concert Series at Grist Mill
- Park, First Friday in June-Last Saturday in August, 2014

Sunday in Aug., 2014 National Night Out, Aug. 5, 2014

McLean Community Center The Center of it All

The Alden Theatre Professional Series McLean Kids Series Films & Lectures Summer Concerts







Classes & Trips Day Trips Culinary Arts, Dance, Fitness, Music, Safety, and much more.



Special Events McLean Day Jewelry Showcase

Holiday Crafts Show





...and so much more!



Youth & Teen Activities Harvest Happenings Camp McLean Old Firehouse Teen Center





The McLean Community Center 703-790-0123/TTY: 711 Sign up for E-mail Updates: www.mcleancenter.org





McLean Connection 🔹 August 28 - September 3, 2013 🔹 17

MIDDLE EASTERN FOOD FESTIVAL

Labor Day Weekend

Saturday, Aug. 31, 11:00 am–11:00 pm Sunday, Sept. 1, 12:00 noon–6:00 pm

Holy Transfiguration Melkite Greek-Catholic Church 8501 Lewinsville Road, McLean, Virginia (near Spring Hill Road)

703-734-9566 • www.holytransfiguration.org

Free Admission!

Middle Eastern Food	Live Music & Folk Dancing
Kabobs	Moon Bounce
Gyros	Kids' Games
Grape Leaves	Vendors
Falafel	Backgammon & Chess
Fattoush	50-50 Raffle
Baklava &	Church Tours
Other Favorites!	Icon Shop
10	



on Shop *Special Feature!* Roast Lamb Dinner Sat., Aug. 31, 6-9 pm Sun., Sept. 1, All Day

THE FIRST, BIGGEST AND BEST SALE OF THE SEASONI

Saturday, Sept. 7, 9 a.m-1 p.m.

Free Admission 1420 Beverly Road, (intersection of Ingleside Ave and Beverly Road, behind Giant) Rather sell than shop? Rent a space for \$45. Open to individuals selling household items and commercial flea market dealers.

Deadline to apply is Thursday, Sept. 5. This is a very popular community sale! Spaces go quickly, so please register early!



18 Structure August 28 - September 3, 2013

Your True Heritage: A Family Tree Rooted in God

Discover Spiritual Solutions at the Christian Science Reading Room 6825 Tennyson Drive McLean, VA 22101 Mon-Sat 10 am-2 pm • 703-356-1391

All are warmly welcomed

To learn more about Christian Science, visit: CSMcLean.org • ChristianScience.com • christianscienceDC.org



Turn unwanted valuables into CA\$H!

Powerful eBay selling for households and businesses Single Items • Full Liquidations • Buy-outs

Drop off or call for a pick-up...we'll do the rest!

ezauctioning.com 1320 Prince St., Alexandria, VA 22314 • 703.778.6440

40th Anniversary Sale! We're Celebrating 40 Years as a Family-Owned business in Fairfax!



Calendar

Send announcements to mclean@connectionnewspapers.com. Deadline is Friday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com

WEDNESDAY/AUG. 28

- The Post + Jason Brown With Guest Amy Andrews. 6:30 p.m., at Jammin Java, 227 Maple Ave. E., Vienna. New artists on the Washington, D.C. Metropolitan music scene, soulful folk-rock band The Post headlines with indie gospel singer/songwriter Jason Brown and his band; Ethan Schaefer and Mariah Maxwell open for special guest Amy Andrews. \$10. https:// jamminjava.com/events/august28.
- Carly Rae Jepsen and Hot Chelle Rae. 7 p.m., at Filene Center, 1551 Trap Road, Vienna. Carly Rae Jepsen makes her Wolf Trap debut this summer, bringing her dance-pop tunes such as "Call Me Maybe" and "Good Time," along with Nashvillebased foursome Hot Chelle Rae. \$30-\$42. 1-877-965-3872 or http:// www.wolftrap.org.

THURSDAY/AUG. 29

- Lyle Lovett and His Large Band. 8 p.m., at Filene Center, 1551 Trap Road, Vienna. Texan singer/ songwriter Lyle Lovett and his band fuse country music with hints of blues, gospel, and swing. \$24-\$42. 1-877-965-3872 or http:// www.wolftrap.org.
- The United States Army Field Band Jazz Ambassadors. 7:30-8:30 p.m., at Nottoway Park, 9537 Courthouse Road, Vienna. The Jazz Ambassadors—America's Big Band is the official touring big band of the United States Army. www.armyfieldband.com.

FRIDAY/AUG. 30

Lowland Hum. 7 p.m., at Jammin Java, 227 Maple Ave. E., Vienna. Husband and wife folk-duo from North Carolina incorporate sight, sound, smell and touch into their show using visual elements that frame the performance area, handbound lyric books and essential oil burners. \$10. https:// jamminjava.com/events/lowlandhum.

SUNDAY/SEPT. 1

STS9 & Umphrey's McGee. 7 p.m., at Filene Center, 1551 Trap Road, Vienna. Improv-rock instrumental band STS9 and progressive jam band Umphrey's McGee deliver a performance at Wolf Trap that combines electronica, funk, dub, and breakbeat. \$35-\$40. 1-877-965-3872 or http://www.wolftrap.org.

SATURDAY/SEPT. 7

AAUW Open House. 10:30 a.m.-noon, Oakton Public Library, 10304 Lynnhaven Place, Oakton. The Vienna branch of the American Association of University Women (AAUW) will host an open house for prospective members; light refreshments provided. 703-321-7499.

TUESDAY/SEPT. 10 Great Falls Writing Group

Meeting. 1-2:30 p.m., at the Great Falls Public Library in the large conference room, 9830 Georgetown Pike, Great Falls. The first meeting of the Great Falls Writing Group (GFWG) joins for discussion on the daily practice of writing. Local writers and authors within the community are invited to take part in the twice-a-month meetings. 703-757-8560.

Newcomers

INSIDERS' TIPS

What Do You Like Most About Living in McLean?

Lien Chiu, stay-at-home mother, McLean

"I would say McLean is a really top quality residential area. The school system here is famous in Fairfax County. I've also enjoyed all the people I've met so far. Over 13 years, I have known many good neighbors, parents, teachers and other people involved in all kinds of organizations. Even during the daily grocery shopping experience, I just feel that things are so convenient and pleasant every time. The feeling I have about the culture of the community here is that everyone is looking for the best to contribute back to the community, especially the

Angela Proxmire, stayat-home mother, McLean

"Since I have kids, I would say the schools here are very good. We go to Churchill Elementary School, Cooper Middle School, and we're on our way to Langley High School, and we have been very happy with the schools. Also for restaurants in McLean, we really like Joe's Burger. The other thing that we really like about McLean is the McLean Little League-we played a lot of baseball there. It's a great facility but also a great experience for the kids to play baseball. They have met a lot of people

Bill Stratton, retired, McLean

"There are a lot of convenient things located nearby, especially a lot of different kinds of restaurants that have a lot of diversity. For example, there's an Indian restaurant, a Turkish restaurant, McLean Family Restaurant, Tachibana and Pulcinella. Things are really close by. I like to eat so there are a lot of restaurants and we always go eat. You can walk there if you want-it's like a little village. Although my daughter didn't go to school here, other people want to send their children to Langley and McLean High Schools. It's very common. In addition, if you are

Lala Johnson, retired clinical social worker, and Jim Johnson, retired aerospace experimental psychologist in the Navy, McLean

"The very best thing about living in McLean is the schools. I think the elementary schools, such as Springhill Elementary School, the middle schools, and Langley and McLean High Schools are among the best in the country. Schools are [the] number one reason why people choose McLean. There are also excellent restaurants. I think we have

good restaurants, like Clyde's and McLean Family

the students try to find ways to help the community through different kinds of organizations, like Martha's Table, Jump Rope for Heart, Relay For Life, holiday greetings and support items to troops on duties outside of the USA. When you grow up here, I believe that the kids will have that kind of heart to try to extend help whenever they see people needing an extra hand. Also, safety wise, I believe that this is a good place. The crime rate is extremely low. People are always looking out for each experience I had with Churchill Elementary School, other and helping each other."



who didn't necessarily go to their school and then now they see them in the grocery store, so it's nice to meet other people. Another thing that we love is the nearby swimming pool, the Lan-gley Club. We spend our entire summers there and it's very close to here. I also like the general location-we're very close to Reston, Tysons, and it's easy to get into DC and access the airport. The location is very central. I really like the community and the families that live here. They're very nice; I've met a lot of nice people and my kids have made a lot of good friends."

-Sandy Cho

Cooper Middle School and Lan-

gley High School so far. There

are always parents who want to make the schools better and also

really interested in outdoors, you can go to Great Falls, and there are also a lot of parks around here. I think for a lot of newcomers, there are a lot of good career opportunities for young professionals. Since they are putting in a Metro, it'll be a lot easier and convenient to commute. It'll be much better connected for people. McLean is a very good place to live in. The transportation, variety of restaurants, schools, and my neighbors are all very good. There are a lot of neighbors from all around the country and even the world. It's a very diverse community."

Restaurant, which is the oldest restaurant in the area and is like an institution. The village of McLean has at least six very good restaurants, along with Tysons, which is filled with top-notch restaurants. And people are accessible to Fairfax, Falls Church and Great Falls. The atmosphere of the community is friendly, especially dog friendly, and that means a lot because more and more people are adopting dogs, and we have a lot of friendly animals. There are good neighbors. People are warm and welcoming. We even have an annual picnic where

we celebrate our friendship and welcome the new people in the community.

More Insiders' Tips. Page 20



Today's Language Star. **Tomorrow's AP Spanish Student.**

Now enrolling for the Academic Year. Enroll today and receive 50% OFF your first month's tuition.

The earlier children start learning languages the better. It's easier to learn between birth and 10 years of age and we start at 12 months. Our full immersion method taught by native speakers uses music, games, and activities to make it fun too. It's playtime that enriches for a lifetime, enhancing world readiness and academic skills. And there's no telling where in the world it might lead.

Parents & Tots programs from 12 months to 3 years of age; Kids Only programs 3-5, 5-8, and 8-10 years of age 7 DC area locations

VOTED Best Foreign Language Instruction by Washington Family Magazine readers **3 years runnin**

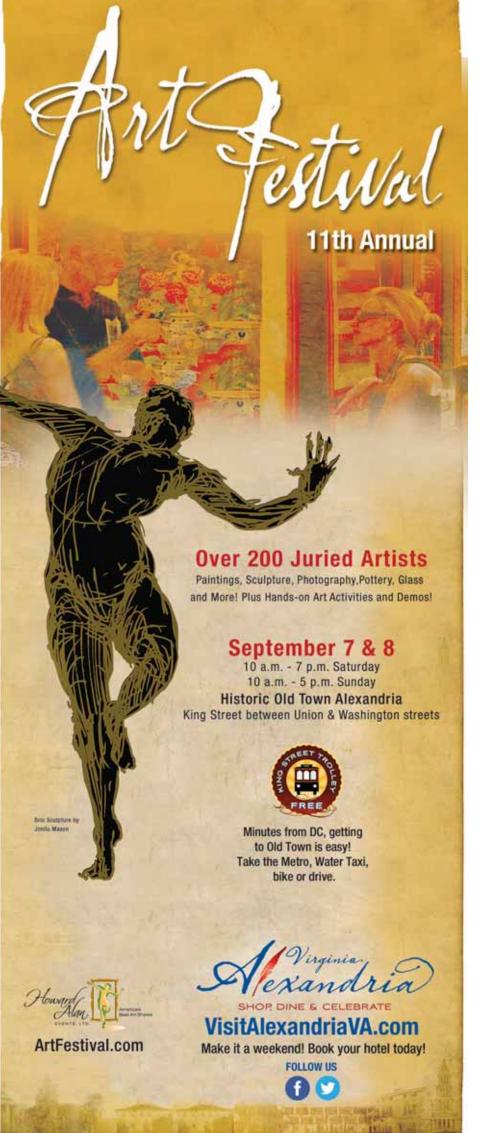


*New families only. Offer expires September 30, 2013.

Call 866-55-STARS or visit LanguageStars.com/dcprint to enroll today!

McLean Connection & August 28 - September 3, 2013 & 19

ALEXANDRIA KING STREET



20 Scheme Connection Schugust 28 - September 3, 2013

Newcomers

What Are Your Favorite Places in McLean?

-Sydney Lo

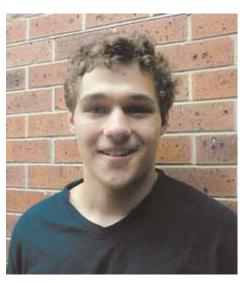
Dinners to Remember

After four dynamic years yielding him two Cappie awards and an EP of original songs, McLean's Damian Leverett, 18, cites the food of Chop n Chicken at 1375 Beverly Road, McLean, as the main fuel to his fire. The recent McLean High School graduate says, "It was my favorite meal to have before performances. ... They catered a few of our all-night rehearsal dinners and fed us in between matinee and evening shows." The aspiring actor recommends the "Create Your Own" option which allows customers to add any three toppings to the restaurant's namesake dish, but he adds that because "every dish has their delicious chopped chicken ... it's hard to go wrong." As Leverett prepares to study acting at the Guthrie Theater BFA Program at the University of

MCC As Cultural Hotspot

As the founder and interior designer of Kim Johnson Designs, McLean's Kim Johnson understands a quality venue when she encounters one. The McLean Community Center, located at 1234 Ingleside Ave., McLean, is Johnson's favorite cultural hotspot, offering "all kinds of events: chocolate festival, community yard sales, and different theater experiences." The community center houses the cozy and locally renowned Alden Theater, a fresh source of amusement, which Johnson also frequents and recommends highly. As a longtime McLean resident and a mother of five, Johnson appreciates the center's interactive style, which allows locals to "rent out the McLean Community Center for birthday parties or other events."

More Insiders' Tips, Page 25



Minnesota, he reflects on the familyowned business as "definitely the restaurant I'll miss most when I move away for college."

Photos by Sydney Lo/The Connection



Johnson lauds the center as "a wonderful place to use for a whole community" that makes weekends and special occasions memorable and complete.

Insiders' Tips

Jerry Schrager, government economist, McLean

"It's very family-oriented here. Both my kids went to McLean High School. The schools are among the best in Fairfax County. There are also a lot of activities for kids to participate in. There are recreational activities and parks near by, like in Great Falls. I've coached sports, baseball, in Falls Church and it was a good outside-of-work activity. It helps the young fellows. I came from New York City but I like it much better



Living in McLean?

What Do You Like Most About

down here. Overall, the people are relatively friendly. There's an Indian restaurant right near here, as well as, Wok-N-Roll, a Chinese restaurant, where we get take-out all the time. We also utilize the McLean Community Center. They have shows and exhibits there. However, as a word of advice, it's expensive here. It's hard for a young couple or a young person to buy or even rent here. It's tough but it's really worth it.'

–Sandy Cho

Newcomers

Compiled by Chelsea Bryan and interns Parker Kobayashi, Swetha Ramesh, Sydney Lo, Julie Iannone and Kristen Shaw

A Year of The Arts

Amadeus Concerts

Saint Luke Catholic Church, 7001 Georgetown Pike, McLean. Amadeus Concerts features performances by professional musicians, educational outreach and provides mentoring for young musicians. 703-759-5334, http:// /amadeusconcerts.com/ or administrator@amadeusconcerts.com.

SUNDAY/SEPT. 29

Amadeus Orchestra & Celloist Steven Honigberg. 4-6 p.m. The night features "Overture to A Midsummer Night's Dream," variations on a Rococo Theme," "Symphony No. 2" and A. Scott Wood as conductor. \$30; under 17 free.

Fairfax Symphony Orchestra

Fairfax Symphony Orchestra, 3905 Railroad Ave., Fairfax. The Fairfax Symphony Orchestra aims to present orchestral music to the audiences of Northern Virginia. 703-563-1990 or www.fairfaxsymphony.org/.

SATURDAY/SEPT. 21

Ricardo Morales, Clarinet. 8 p.m. The principal clarinetist of the Philadelphia orchestra performs Beethoven's "Symphony No. 7" and Copland's "Music for the Theatre" and "Clarinet Concerto." Price to be determined.

SATURDAY/OCT. 26

Tony Arnold, Soprano. 8 p.m. The award-winning soprano presents Haydn's "Symphony No. 60, 'Il Distratto," Stravinsky's "Pulcinella Suite," and the world premiere of Theofanidis's "Ordo Virtutem." Price to be determined.

McLean Project for The Arts

McLean Community Center, 1234 Ingleside Ave., McLean. McLean Central Park, 1468 Dolley Madison Blvd., McLean. As a partner with the Virginia Museum of Fine Arts and Fairfax County Public Schools, McLean Project for the Arts is a non-profit promoter of art education and regional artists, both

SEPA

emerging and established. 703-790 1953 or www.mpaart.org.

THURSDAY/SEPT. 12

Opening Reception: Three Art Exhibitions. 7-9 p.m. at the McLean Community Center. The McLean Project for the Arts presents an opening reception for Susanne K. Arnold's "Buried Voices," Alex Tolstoy's "Mostly Landscapes," and Carol Lukitsch's "Connecting the Parts: Paintings."

SUNDAY/OCT. 6

Sixth annual MPAartfest. 10 a.m-5 p.m. McLean Central Park. Created for the community by McLean Project for the Arts, MPAartfest draws thousands of art-lovers of all ages to enjoy (and purchase) original art, listen to live music, create their own masterpiece at MPA's Innovation Station and picnic on delicious selections from local restaurants.

SATURDAY/OCT. 19

Family Art Workshop. 10-11:30 a.m. McLean Community Center. Families are invited to learn about art during a day filled with a large variety of activities. \$10 per family. Register at www.mcleancenter.org

The McLean Art Society

The Springhill Center, 1239 Spring Hill Road, McLean; McLean Community Center, 1234 Ingleside Ave., McLean. The McLean Art Society shares the work of artists in various media. http:// www.mcleanartsociety.org/.

THURSDAY/DEC. 5

Ramp Show Reception. 7-9 p.m. McLean Community Center. View the work of artist Vicky Wilken. See art and get info at http:// www.mcleanartsociety.org/gallery/ vickywilken.htm, 703-893-0485.

McLean **Community Center**

McLean Community Center, 1234 Ingleside Ave., McLean. The McLean Community Center connects the community through events for the whole

www.mcleanplayers.org/ or 703-790-FRIDAYS-SATURDAYS/SEPT 20-OCT 5 "Time Stands Still." Directed by

in and around McLean.

family. http://www.mcleancenter.org/

Market. 9 a.m.-1 p.m., 1420 Beverly

Jammin' Juniors. 12:30 p.m., McLean

Central Park Gazebo, 1468 Dolley

"The Little Engine That Could

Center district residents.

SATURDAY/OCT. 19

Earn Her Whistle." Artspower

presents a musical adaptation of the

book "The Little Engine that Could"

by Watty Piper. Recommended for ages 4 and older. \$15 general

admission, \$10 McLean Community

McLean Pet Fest 2013. Noon-3 p.m.,

McLean Central Park, 1468 Dolley

zoo and enjoy music and a

Madison Blvd. Take part in a petting

performance by the Amazing Leroy;

refreshments available for purchase.

Sunday Soiree Series Dances. 3-5

Ghouls-themed music of The Wayne

Tympanick Trio as you try out your favorite dance moves: refreshments

p.m. Come hear the Ghosts and

Madison Blvd., McLean, Lunchtime

concerts for ages 2-5. Free admission.

or 703-790-0123.

SATURDAY/SEPT. 7

Road. Free admission.

WEDNESDAY/SEPT. 11

SATURDAY/SEPT. 28

McLean Fall Community Flea

Jessie Roberts, produced by Patti Green-Roth and Denise Perrino. \$16 adults, \$14 seniors or students, \$12

1st Stage Theatre

groups of 10 or more.

1st Stage Theatre, 1524 Spring Hill Road, McLean. 1st Stage Theatre in McLean brings professional theatre to the Northern Virginia area. www.1ststagespringhill.org or 703-854-1856.

A selection of upcoming theatre, music and art shows

FRIDAY-SUNDAY/SEPT. 13-OCT. 13

The Pitmen Painters. Friday: 8 p.m.; Saturday: 2 p.m. and 8 p.m.; Sunday: 2 p.m. and 7 p.m. Enjoy this stage production about the real-life story of a close-knit group of northern English miners who discover their artistic potential by Lee Hall directed by Stevie Zimmerman. \$27.

James Lee **Community Center** Theater

Providence Players, 855 Annandale Road, Falls Church. Providence Players brings fun, affordable theatre to everyone in the McLean community. 703-425-6782 or http:// www.providenceplayers.org/.

THURSDAY-SATURDAY/ OCT. 4-19

Little Shop of Horrors. 7:30 p.m. A musical spoof of 1950s horror films, "Little Shop of Horrors" follows the

misadventures of Seymour, a downand-out floral assistant who longs to get the girl of his dreams and escape life on skid row.

FRIDAY-SATURDAY/NOV. 1-3

"You Can't Take it With You." 7:30 p.m. The Providence Players present their adaptation of the 1936 comedy written by George S. Kaufman and Moss Hart. \$18 for adults, \$15 for students and seniors.

The Alden Theatre

The Alden Theatre, 1234 Ingleside Ave., McLean. The Alden Theatre in McLean is a cozy venue showing events in dance, film and comedy. http:// www.aldentheatre.org/.

Stay tuned online for upcoming performances.

McLean Orchestra

The McLean Orchestra is a critically acclaimed local institution that has provided live, professional-level orchestra concerts for 40 years. 703-893-8646 or mclean-orchestra.org/.

Stay tuned online for upcoming performances



Developing character, faith and life-long learners in the Salesian tradition

Our Lady of Good Counsel School Vienna, VA

8601 Wolftrap Rd. 703.938.3600



Full Day Grades K-8

Nationally recognized for academic excellence



We have been providing a quality Catholic education for over 50 years...

Call to arrange a tour of our campus

and find out why **OLGC School is** the right choice for your children.

www.olgcschool.org

McLean Connection & August 28 - September 3, 2013 & 21

www.ConnectionNewspapers.com

TWO POOR TEACHERS Kitchen and Bathroom Remodeling

We Bring the Showroom to YOU!!



Free Estimates www.twopoorteachers.com 703-969-1179 Fully Insured & Class A Licensed EST. 1999

Select your remodeling products from our Mobile Kitchen and Bathroom Showroom and Design Center!!



Community Players The Alden Theatre, 1234 Ingleside Ave., McLean. The McLean Community Players provide local entertainment through their exciting productions. 0123

included. \$5. McLean

SUNDAY/OCT. 27

Newcomers Join McLean Citizens Association

MCA welcomes newcomers, invites residents to join and have a voice on issues affecting the community.

By Sally Horn President, McLean Citizens Association

elcome. Whether you are new to the McLean area or a long-time resident, we invite you to consider joining the McLean Citizens Association (MCA)-your "go-to" unofficial town council and voice on local, regional and state issues that affect our quality of life. Our membership area extends from the Mclean-Arlington border to Vienna on the Route 7 side of the Dulles Toll Road and Great Falls east of Difficult Run. It includes portions of the Falls Church 22043 and 22046, the Vienna 22182 and the Great Falls 22066 zip codes, as well as the entirety of the McLean-Tysons 22101 and 22102 zip codes.

Right now, decisions are being



county-wide zoning rule changes, transportation projects and the education of our children that will affect all of us for decades to come. This is your opportunity to learn more about these important issues and to get involved with an influential local civic organization that has had, and will continue to have, considerable impact on our quality of life.

As the unofficial town council for the 31,000-plus residents of the greater McLean area, the MCA provides a forum where you can ask about and seek resolution of community problems and countywide issues. Members of the Board of Supervisors, state legis-

lators and other public officials look to the MCA for input on and solutions to public issues ranging from education, parks and recreation to zoning, roads and taxes. Your membership and participation in MCA is more critical than ever now because of the challenging economic, demographic, environmental, land-use development and other pressures that are impacting our community.

SINCE OUR FOUNDING IN

1914 as the School and Civic League of McLean, the MCA has been dedicated to promoting and enhancing the quality of life in the McLean area. We provided the leadership, seed money and, in one instance, land to establish three of the most beloved and widely-used institutions in modern-day McLean-the Dolley Madison Library, the McLean Community Center and the McLean Community Foundation that supports charitable activities in McLean.

More recently, the MCA helped bring full-day kindergarten to McLean public schools; encouraged the Board of Supervisors to

limit the residential share of Tysons transportation infrastructure costs (saving county residents approximately \$40 million); lobbied (successfully) for parking at the new Metro stop in McLean; influenced key land-use and transportation decisions including on developer land-use applications, sound walls along major roads, widening Route 7, and improving Route 123; and enhanced access to parks, recreation, and a clean environment. We also played a major role in the award-winning, environmentally-friendly renovation of the Dolley Madison Library and have ensured McLean a place at the table when Fairfax County considers budget, education, environmental, land-use, parks, transportation and other important issues.

In September, the MCA will launch a 15-month-long centennial celebration of its founding in 1914, with a dynamic, multi-faceted program focused on finding solutions to current issues relating to schools, parks and recreation, transportation, zoning, public and pedestrian safety, county tax and budget challenges and other issues that matter to McLean residents. We invite all of you to join us in this effort.

MCA is governed by a 40-member elected board of directors, which usually meets the first Wednesday of every month at the McLean Community Center (MCC). It has six standing committees and several ad hoc committees or liaisons, in which all MCA members-board and non-board alike-may participate, that focus on specific issues, such as education, budget and taxation, planning and zoning, transportation and the environment, parks and recreation. Board and committee meetings are open to the public. In addition, the MCA sends out periodic newsletters addressing local issues affecting our community. At least three general membership meetings are scheduled annually on topics of interest to the community.

THIS YEAR, as part of our centennial celebration, we already have scheduled four meetings at the McLean Community Center and plan to schedule even more as the program year progresses. Scheduled so far are:

* A Sept. 26 panel, co-sponsored with Dranesville Supervisor John Foust, that addresses "What every resident should know about disaster and emergency response capabilities in McLean;"

An Oct. 22 MCA-McLean Chamber of Commerce Candidates Night forum at which the public can hear and question candidates who wish to represent the greater McLean area in the Virginia House of Delegates:

* A Nov. 13 panel discussion of experts that will provide critical information regarding recent changes in the laws and requirements affecting area Home Owner Associations; and

* On Jan. 22, 2014, "A conversation with the new superintendent of county schools, Dr. Karen Garza.'

Please consider joining the MCA and helping us continue the important mission of protecting and enhancing the quality of life in the greater McLean area. More information and membership applications can be found on MCA's website: www.mcleancitizens.org or by emailing me at shorn@verizon.net.

Faith Notes

Faith Notes are for announcements and events in the faith community. Send to vienna@connectionnewspapers.com. Deadline is Friday.

St. Francis Episcopal Church, 9220 Georgetown Pike in Great Falls, offers musical, educational, outreach and fellowship ministries in addition to worship services, including a 7:45 a.m. worship service without music; 9 a.m. worship service, children's chapel and children's choirs: 10 a.m. Sunday school and adult forum; and 11 a.m. worship service with adult choir. 703-759-2082.

The summer worship service sched ule July 14-Sept. 1 at **Redeemer** Lutheran Church, 1545 Chain Bridge Road, McLean is a 9 a.m. contemporary service and a 10:30 a.m. traditional worship service.

Unitarian Universalist Con-

gregation of Fairfax, 2709 Hunter Mill Road, Oakton, offers the Religious Exploration (RE) program for all children, from pre-K toddlers through high school seniors, emphasizing exploration of all religious traditions while developing a personal spiritual path. The RE program offers classes on Saturday afternoons and Sunday mornings. 703-281-4230.

Trinity United Methodist Church, 1205 Dolley Madison Blvd., McLean, Sunday worship services are at 8:30 and 10:30 a.m. Sunday School for adults is at 9:30 a.m. and for children during the 10:30 worship service. Youth Group for grades 7-12 meets Sundays at 6 p.m. A 20-minute service of Holy Communion is held each Wednesday at noon. 703-356-3312 or umtrinity.org.

<text> www.rc.net/arlington/stann Walker Chapel United Methodist ...703-538-5200 United Church of Christ 0 0-0-0 Bethel United Church of Christ ... 703-528-0937 0-0-0-0-0-0-0-0-0-0 Rock Spring Congregational United Church of Christ...703-538-4886 0 To highlight your Faith Community, call Karen at 703-778-9422

22 S McLean Connection S August 28 - September 3, 2013

Newcomers

Election Guide

From Page 8

✤ For more information on the state legislature, go to virginiageneralassembly.gov.

Voters with any questions about voting this Election Day can visit two comprehensive websites for answers: The Virginia State Board of Elections website at www.sbe.virginia.gov and The Fairfax County Office of Elections website at www.fairfaxcounty.gov/ voterinfo.

✤ If you don't find the information you need at the websites, call the Office of Elections 703-222-0776.

✤ Fairfax now has a free smartphone mobile app to check your registration and other voting information. Download the free app by searching Fairfax County Government

at the App Store (coming soon to Android Market) or go to http:// www.fairfaxcounty.gov/news/mobile/. Once you download the app, look for the "VOTE" icon.

Following are links to other sites election officials suggest voters check out before Election Day:

✤ Map Information: this site shows the 2011 adopted districts, precincts, boundary changes and polling place changes in Fairfax County. (Scroll down to find the maps.) http:// www.fairfaxcounty.gov/eb/ 1precinctchanges_adopted7262011.pdf.

Voting Precincts: this site gives information on an individual's voting precincts on Fairfax County's website "My Neighborhood" pages at http:// www.fairfaxcounty.gov/gisapps/ myneighborhood/.

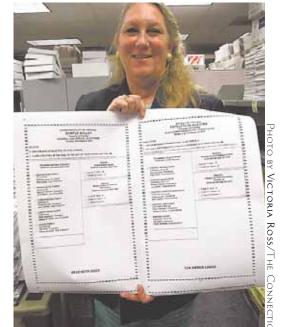
Voter Information, Directions to Polling Places: this State Board of Elections website has information useful now and for future elections. https:// www.voterinfo.sbe.virginia.gov/ P u b l i c S i t e / P u b l i c / F T 2 / PublicLookup.aspx?Link=Registration .

How to Register

Eligible voters in Fairfax County must be 18 years of age, current U.S. citizens and live within the county. Applications to register to vote by mail can be found at the Department of Motor Vehicles, public libraries, military recruitment offices, public assistance agency offices, government centers, Board of Supervisors offices, the citizen information desk at the Fairfax County Government Center lobby or at the Judicial Center information desk.

* To check if your registration is correct, go online at www.sbe.virginia.gov/ register, or call the Office of Elections at 703-222-0776.

If you are not registered, or need to update your registration, complete a Virginia Voter Registration Application, which you can download at http:// www.sbe.virginia.gov, or call 703-222-0776.



Cameron Quinn, Fairfax County's chief elections official, holds up a sample ballot in the county's office of elections.

Absentee Voting

Virginia does not have "no excuse" absentee voting. If you want to complete a Virginia Absentee Ballot Application, download from www.SBE.Virginia.gov, or call 703-222-0776. The application must be mailed or faxed to the Fairfax County General Registrar's Office. The office is located at 12000 Government Center Parkway, Suite 323, Fairfax. The registrar's fax number is 703-324-3725. Virginia does offer in-person absentee voting. See www.fairfaxcounty.gov/eb for details.

Election Day, Tuesday, Nov. 5.

Polls will be open from 6 a.m. to 7

p.m. $\boldsymbol{\diamondsuit}$ Voter Identification: When you arrive at your polling place, a voting official will verify that your name is on the registration list. Voters will be asked to present one valid form of identification. It can be any of the following:

- Virginia voter registration card Valid Virginia driver's license
- ♦ Military ID
- * Any Federal, Virginia state or local government-issued ID
- Employer issued photo ID card

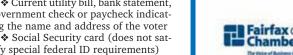
 Concealed handgun permit * Valid student ID issued by any institution of higher education located in the Commonwealth of Virginia

 Current utility bill, bank statement, government check or paycheck indicating the name and address of the voter

isfy special federal ID requirements)

able ID to the polls will be offered a provisional ballot.

Important: Virgi requirements will change in July, 2014. A law requiring photo identification at the polls was signed into law in May of 2013. This new photo identification requirement will not to take effect until July 1, 2014. The current law allows for the acceptance of all identification documents listed above.



A voter who does not bring an accept-

odations, call 703-324-9492 TTV711, A Fairfax County, VA Publication To request this infor nation in an alternative format or to request reasonable acco For more information contact glyndo hall@fairfaxcounty.gov or check our website at www.fairfaxcounty.gov/hameless.

Popular Throughout the Mid-Atlantic. Now Coming to Great Falls.



Ġ.

Vibrant Community Great gathering places to connect and engage; transportation services offering you freedom to get out and about.

Vibrant People Everyone shares a spirit of vibrant living; programs to keep your mind, body and spirit at their best.



Vibrant Lifestyle High-energy fun to quiet relaxation and a social life as full as you want it to be.

BRIGHT VIEW

GREAT FALLS

ASSISTED LIVING

10200 Colvin Run Rd. . Great Falls, VA 22066

BrightviewGreatFalls.com

Vibrant Company Proven track record and outstanding residents and associates.

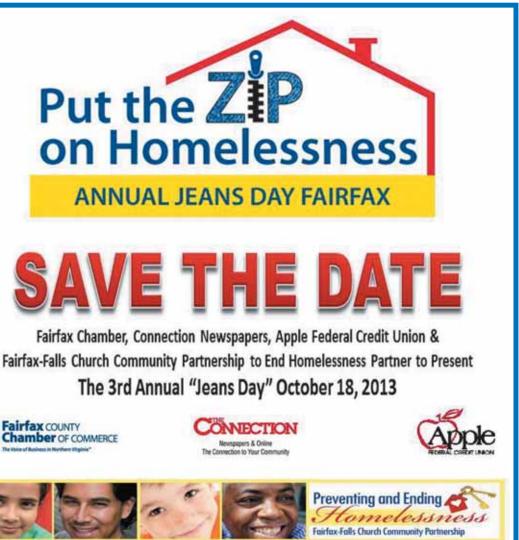


企

Welcome Center Now Open Located at 1146-E Walker Rd. in Leigh Corners Office Suites

Please call for more information.

703-759-2513



Sports Area High Schools Sports Rivalry: McLean, Langley, Marshall

McLean High: Girls' and boys' basketball teams finished district runner-up.

School: McLean High School **Mascot: Highlanders School Colors: Red and silver** Athletic director: Jim Patrick, 703-714-5700

* Football coach: Dennis Worek (second year)

The Highlanders dropped their final four games of the 2012 season and finished 4-6. McLean defeated Washington-Lee, Falls Church, Marshall and South Lakes.

- Field hockey coach: Summer Vanni
- ✤ Baseball coach: John Dowling
- ✤ Softball coach: Maurice Tawil
- Girls' soccer coach: Rob Bouchard
- ✤ Rival school: Langley

What Happened Last Year: The field hockey team reached the region quarterfinals. The boys' and girls' basketball teams finished district runner-up. The softball team went 20-6, finished district runner-up and reached the region semifinals. The girls' soccer team finished district runner-up and reached the region quarterfinals.

Famous graduate: Defensive end Eric Dorsey (1982 graduate) was a first-round choice of the New York Giants in the 1986 NFL Draft. He was a starter on the Giants' 1990-91 team that won Super Bowl XXV.



Maire Shine and the McLean girls' soccer team finished Liberty District runner-up in 2013.

He finished with seven sacks in seven seasons.

Quotable: "We couldn't be more proud of the way they had a short-term memory and they came out the next game ready to play. Their destiny is in their hands for how they can finish in the district. [Madison is] a very well coached team ... and to be coming out here and to do that performance against them tonight, I can't be more proud of such a young team." -McLean girls' soccer coach Rob Bouchard follow-

ing the Highlanders' 1-0 victory over Madison, which came two days after a 5-1 loss to Stone Bridge.



Riley Cummins and the Marshall baseball team overcame a 0-7 start to reach the region semifinals in 2013.

^оното ву Louise Krafft/ HE CONNECTION

Marshall High: Baseball Team Reached the Region Semifinals

School: George C. **Marshall High School Mascot: Statesmen School colors: Scarlet** and Columbia blue **Athletic director: Joe** Swarm, 703-714-5409 * Football coach: Greg Sullivan (second year)

The Statesmen went 0-10 in 2012.

✤ Field hockey coach: Christina Carroll

Boys' basketball coach: Dan

♦ Girls' basketball coach:

✤ Rival school: Madison.

What Happened Last Year: The field hockey team went 14-6 and finished district runnerup. The boys' basketball team won the district championship. The baseball team started 0-7 but bounced back to reach the region semifinals.

Famous graduate: Pete Schourek (1987 graduate) was a pitcher in the Majors Leagues. He was drafted by the New York Mets in the second round of the 1987 MLB Draft. He played 11

seasons in the Majors and finished second in the Cy Young voting in 1995, when as a member of the Cincinnati Reds he went 18-7 with a 3.22 ERA. He also played for the Toronto Blue Jays, Houston Astros, Boston Red Sox, Pittsburgh Pirates and Boston Red Sox. Defensive lineman Michael McCrary (1988 graduate) played collegiately at Wake Forest and was a seventhround selection of the Seattle Seahawks in the 1993 NFL Draft. He played 10 seasons with the Seahawks and Baltimore Ravens, earning two trips to the Pro Bowl and one All-Pro selection. He won one Super Bowl (XXXV) with Baltimore. He finished with 71 career sacks.

Quotable: " ... me and Mitch [Blackstone] are both going to come out next year, we're going to lead by example and mark my words, we're coming back strong. We're going to make another run. Believe it."

-Marshall pitcher Riley Cummins after the Statesmen reached the region semifinals despite a 0-7 start to the season.

Langley High: Girls' Tennis Team Goes Undefeated in 2012 Photo by Craig Sterbutzel/The Connection

School: Langley High School Mascot: Saxons School Colors: Green and gold Athletic director: Geoff Noto, 703-287-2750

* Football coach: John Howerton

The Saxons closed the 2012 regular season on a three-game winning streak and made the playoffs with a 6-4 record. Langley defeated Hayfield in the quarterfinals before falling to Stone Bridge in the semifinals.

- Field hockey coach: Jennifer Robb
- ✤ Volleyball coach: Susan Shifflett
- Boys' basketball coach: Scott Newman
- Girls' basketball coach: Amanda Bates
- ✤ Baseball coach: Kevin Healy
- ✤ Bovs' lacrosse coach: Earl Brewer
- Girls' lacrosse coach: Richard DeSomma
- ✤ Rival school: McLean

What Happened Last Year: The volleyball team won the district title, finished region runner-up and advanced to the state semifinals. The baseball team finished district runner-up and lost to South County in 13 innings in the region quarterfinals. The boys' lacrosse team finished district runner-up and lost to Chantilly in the region semifinals, snapping the Saxons' streak of four consecutive state titles. The girls' lacrosse team finished district, region and state runner-up to Madison. The softball team reached the region semifinals, including a win over previously

24 & McLean Connection & August 28 - September 3, 2013

The Langley volleyball team reached the state tournament in 2012.

unbeaten Hayfield in the opening round. The boys' soccer team finished district runner-up. Famous graduate: Bruce Allen (1974 graduate) is

the general manager of the Washington Redskins and son of former Redskins coach George Allen. Quotable: "I feel like [the loss to South Lakes] was

such a beneficial thing for us. Even though it was a loss on our record in a district game, we fought after that. ... We came into the season knowing that we were going to be pretty good and I feel that loss really put us in our place. We need to work. Talent doesn't get you anywhere unless you put it out there."

–Former Langley volleyball player Jenna Dean. The Saxons lost their district opener but responded by winning the 2012 district title.

Hale Chad Scott

✤ Baseball coach: Aaron Tarr

Newcomers

Beatrice **Gralton talks** about a painting at an exhibition opening at MPA.



CONTRIBUTE

McLean Project for the Arts Inspires Creativity With Classes, Festival

The critically acclaimed, non-profit contemporary visual art center McLean Project for the Arts is now offering art classes for all ages, taught by professional instructors, in addition to offering professionallycurated contemporary art exhibits in three art galleries at the McLean Community Center.

McLean Project for the Arts is also planning their annual, upcoming art festival, MPAartfest, a fall arts festival with art, music and food, on Oct. 6, 10 a.m.-5 p.m. in McLean Central Park.

MPA puts on the ArtReach program for area schools, featuring docent-led gallery tours for elementary school students, including tours and handson art activities that demonstrate art principles and incorporate many of the concepts included in the SOLs. MPA provides free bus transportation to its galleries for Fairfax County's designated Title 1 schools to reach students who may not otherwise have the opportunity for field trips due to a lack of resources.

In addition to exhibition and art education pro- Arts and the National Endowment for the Arts.

MPAartfest Returns Oct. 6

The 6th annual MPAartfest arrives on Sunday, Oct. 6, from 10 a.m.-5 p.m. in McLean Central Park, at the intersection of Dolley Madison Blvd. (Rt 123) and Old Dominion Drive. Forty-seven juried artists will exhibit and sell their art, transforming the park into a landscape of mini-galleries. Created for the community by McLean Project for the Arts, MPAartfest draws thousands of art-lovers of all ages to enjoy (and purchase) original art, listen to live music, create their own masterpiece at MPA's Innovation Station and picnic on delicious selections from local restaurants. Parking is free and easy with shuttle buses running all day.

Event partner sponsors are the McLean Community Center and the Fairfax County Park Authority. The Innovation Station art tent is sponsored by TTR Sotheby's International Realty.

Visit McLean Project for the Arts in residence at the McLean Community Center at 1234 Ingleside Avenue in McLean. For more information about MPA and MPAartfest, visit www.mpaart.org or call 703-790-1953.

grams, MPA also offers art talks, artist workshops, family art workshops and day trips to area galleries and museums.

MPA expands its reach as a partner with the Virginia Museum of Fine Art and Fairfax County Public Schools. MPA is funded by individual and corporate donations and receives grants from the Arts Council of Fairfax County, The Virginia Commission for the



The Quinn **Family shows** off their art purchases at last year's **MPAartfest.**

INSIDERS' TIPS What Are Your Favorite Places in McLean?

-Sydney Lo

Gelato at Starnut Gourmet

Between studying, choreographing musicals and teaching physical acting to McLean High School's theatre department at just 16 years old, Marielle Burt savors each rare opportunity to relax at Starnut Gourmet and its surrounding galleria, located at 1445 Laughlin Ave., McLean. The high school junior enjoys a "hazelnut [gelato], little chocolates, and lunch food" in a lively ambiance where "it's nice, especially in the summertime, to sit outside." For families new to the area, this leisurely hotspot does not just foster teens like Burt. "You see a lot of different people there of all ages. A lot of times, there are kids out, playing and

Having a Nicer **Dinner in Town**

McLean's Paul Dean, a chemistry teacher at Lake Braddock Secondary School, eagerly unwinds at The Greek Taverna, located at 6828 Old Dominion Drive, McLean. Dean describes it as "an authentic Greek restaurant ... filled with local McLean residents," making for a comfortable venue where he enjoys the slow-cooked lamb. As a father of two, he applauds the restaurant because "you can bring kids and family members here, yet still have a nice meal in a nice setting." According to Dean, The Greek Taverna "is a

Quite a Relief

As McLean's Nicole Azmoudeh, 18, prepares to embark on a four-year study at George Mason University, she relishes her pre-college days at Harris Teeter, located at 8200 Crestwood Heights Drive, McLean. "It never fails to keep me and my friends occupied, even if we aren't terribly hungry." While Azmoudeh happily frequents the grocery chain with her friends, she states that "you're not as likely to run into people you know there, [which] can be quite a relief sometimes." Ultimately, however, Azmoudeh maintains that Harris Teeter's most outstanding features are its products. The health-conscious grocery store, which



running around the fountain." Burt says Starnut's quality treats always make the grade. "I'm a huge gelato fan, so I think it's worth it."



little pricey," but it serves as a delectable indulgence for "residents who want to have a nicer dinner in town."



also features a pharmacy, offers Azmoudeh "the freedom to make my own salads, and besides, no one can say no to free samples."

McLean Connection & August 28 - September 3, 2013 & 25

PARKS AN INSIDER'S GUIDE TO MAJOR PARKS IN FAIRFAX COUNTY ILL RUN MARII National Parks LOUDOUN COUNTY GF Great Falls National Park 9200 Old Dominion Drive, McLean www.nps.gov/grfa Great Falls Park is open daily from 7 a.m. until dark. The Visitor Center and bookstore are open from 10 a.m. until 5 p.m. daily, spring through fall Town of seasons. Picnic, hike along the Potomac River. Herndon Swimming and wading in the Potomac are prohibited. Acces GW George Washington Memorial Parkway www.nps.gov/gwmp 703-289-2500 **DULLES AIRPORT** The GW Parkway includes more than 25 sites, ranging from historic homes to wildlife preserves. Join a ranger for a free program or explore sites independently. Some park sites, including Turkey Run Park, Theodore Roosevelt CITY OF Island, Great Falls Park, etc., close at dark. The FALLS CHURCH Parkway itself remains open 24 hours a day to vehicle traffic. 29 COUNTY OF ARLINGTON Rt. 50 Wolf Trap National Park for the Performing Arts CITY OF FAIRFAX 1551 Trap Road, Vienna www.nps.gov/wotr/ Rt. 23F The only national park dedicated to presenting the performing arts. From May through September, multiple amphitheaters in **CITY OF ALEXANDRIA** the park present musicals, dance, opera, jazz, and popular and country music. 1-95 Explore the park without the crowds from

State Park

months.

MN Mason Neck State Park

7301 High Point Rd. Lorton

www.dcr.virginia.gov/state_parks/mas.shtml# 703-339-2385 or 703-339-2380 (visitor center) masonneck@dcr.virginia.gov.

October - April. The Barns at Wolf Trap offer indoor entertainment through the winter

The park's visitor center was expanded in 2010 to include a new exhibit room, gift shop and meeting room. There are several exhibits in the center, and with a view of Belmont Bay. Visitor center staff can answer questions and provide information on park trails, facilities and local points of interest. Pond study, bird watching, canoe trips, nature walks and talks, and GPS adventures are just a few of the exciting programs offered by park rangers.

Regional Parks

BR Bull Run Marina Regional Park

700 Bull Run Drive, Centreville www.nvrpa.org/park/bull_run/ Main park open all year for picnicking, hiking and family camping. Bull Run Public Shooting Center open all year. Group Camping open daily Jan. 7 though Nov. 11. Mini and disc golf open April through October. Hours vary.

BR Atlantis Waterpark

(at Bull Run Marina Regional Park) 7700 Bull Run Drive, Centreville www.atlantisbullrun.com/ 703-631-0552 Atlantis Waterpark features pools, a giant dumping bucket, waterslides, and fun-filled activities for all ages. Atlantis is open from Memorial Day weekend through Labor Day, and is a member of the Northern Virginia Regional Park Authority Family of Waterparks. Aantis also features picnic pavilions, a deck great for sunning and playing, as well as plenty of shade. Neptune Reef snack bar sells food, beverages and sweets.

File of shade. Neptune Reef snack bar sells food, beverages and sweets. 26 MCLEAN CONNECTION August 28 - September 3, 2013

FH Fountainhead Regional Park

PRINCE WILLIAM COUNTY

7315 Ox Road, Fairfax Station www.nvrpa.org/park/fountainhead/ 703-250-9124 The observation deck of the Marina Building at Fountainhead commands a spectacular view of the widest point of the Occourse Reservoir, Summer activities inclu-

Occoquan Reservoir. Summer activities include catfish tournaments, children's fishing tournament, paddleboat tours and more.

H0 Hemlock Overlook Regional Park

13220 Yates Ford Road, Clifton www.nvrpa.org/park/hemlock_overlook/ 800-877-0954; 571-281-3556; Hemlock Overlook Regional Park offers a variety of outdoor and environmental education. Programs at Hemlock Overlook are open to the public and groups by reservation. Only the hiking and horse trails may be used without prior arrangement.

BG Meadowlark Botanical Gardens

9750 Meadowlark Gardens Court, Vienne www.nvrpa.org/park/ meadowlark_botanical_gardens/ 703-255-3631 This 95-acre complex of large ornamental display gardens and unique native plant collections is open year round and include walking trails, lakes, more than 20 varieties of cherry trees, irises, peonies, an extensive shade garden, native wildflowers, gazebos, birds, butterflies, seasonal blooms and foliage. The Atrium's indoor tropical garden setting is a popular meeting, reception, wedding and workshop location. Interpretive displays accompany a restored 18th-century cabin. A picnic area beside the Gardens is available to visitors. Meadowlark presents gardening and horticulture workshops, tours, field trips, concerts and volunteer programs.

Sources: National Park Service, Northern Virginia Regional Park Authority, Virginia State Parks and Fairfax County Park Authority. Map courtesy of Fairfax County Park Authority. Designed & compiled by Jean Card and Laurence Foong. Photos by Craig Sterbutzel.

OR Occoquan

Regional Park 9751 Ox Road, Lorton www.nvrpa.org/park/ occoquan/ 703-690-2121

703-690-2121 This park offers 400 acres of recreational space and a touch of the past with its historic brick kilns and the Turning Point Suffragist Memorial. Park lands, trails and associated waters are part of the Fairfax Cross-County Trail. Kayak rentals. One hour Tour Boat Rides on the Occoquan River to Belmont Bay and back. Offered Saturdays noon-5 p.m., Sunday 1- 8 p.m., April 2 through Nov. 27. \$10 adults, \$5 children 12 and under, under age 4 are free.

PB Pohick Bay Regional Park

ŝ

FORT BELVOIR

6501 Pohick Bay Drive, Lorton www.nvrpa.org/park/pohick_bay/

Pohick Bay is located on the Potomac River 25 miles south of the nation's capital. The boat launch facility is one of only three public access points to the Potomac River in northern Virginia. Pohick Bay offers cances, kayaks, paddle boats and jon boats for rent on the weekends, as well as family and group camping, hiking, picnic areas and a large play area for children. For those interested in swimming, the park offers one of the largest, outdoor freeform pools on the east coast. Pohick Bay Regional Park, located on

Mason Neck Pennisula is an ecologically fragile land that shelters an abundance of wildlife, including the bald eagle. Nature lovers can expect to see blue birds, osprey, heron, deer, beavers and rare sightings of river otters.

PB Pirates Cove Waterpark

(at Pohick Bay Regional Park) 6501 Pohick Bay Drive, Lorton www.piratescovepohick.com 703-339-6102

Pirates Cove Waterpark is located at Pohick Bay Regional Park. Visitors can cool off under the 300-gallon dumping bucket, fire the water cannons and splash down the waterslide or search for buried treasure at Buccaneer Beach sand play area. Pirates Cove also features picnic pavilions, a deck for sunning and playing, as well as plenty of shade. Captain's Galley snack bar features food, beverages and sweets. Pirates Cove is open from Memorial Day weekend through Labor Day.

PB Pohick Bay Golf Course

10301 Gunston Road, Lorton www.nvrpa.org/park/pohick_bay_golf_course 703-339-8585

This scenic golf course is located on the Mason Neck Peninsula in Lorton. Pohick Bay's practice facility features a driving range with practice putting and chipping greens, and lessons from PGA pros. A full-service pro shop features an array of name-brand golf clubs, equipment and apparel. Other services include club making, custom club fitting, regripping, reshafting and tournament coordinating.

SR Sandy Run Regional Park

10450 Van Thompson Road, Fairfax Station www.nvrpa.org/park/sandy_run/

703-690-4392 The park is open to the public for the purpose of education, training, practice, and racing for competitive and recreational sculling and rowing. Only shells and other boats authorized by the Northern Virginia Regional Park Authority may be launched from the docks or shoreline of Sandy Run. Sandy Run offers a facility for team training and competition for Olympic, college, high school and club canoe, kayak and crew athletes.

Arts Center

LAC Workhouse Arts Center

9601 Ox Road, Lorton www.lortonarts.org 703-584-2900

The Workhouse Arts Center consists of seven studio buildings, the main galleries and the recently opened Youth Arts Center. Visitors are encouraged to interact with artists. In addition to visual arts, the Workhouse Arts Center is home to performing arts, including theater, film institute, musical and dance performances. The education department supports both the visual and performing arts, offering classes and workshops in a variety of disciplines. Future plans for the Workhouse include an event center, amphitheater, Workhouse Theatre, restaurants, apartments, music barn and garden/horticultural area. Other buildings on site, yet to be renovated, may provide for other activities such as a visitors center, a blacksmith shop, theatre scene shops and rehearsal space. The Claude Moore Colonial Farm at Turkey Run, McLean

Major Fairfax County Parks

BLP Burke Lake Park & Golf Course

7315 Ox Road, Fairfax Station volleyball, driving range, 18 hole, par 3, minigolf, trails, playground, campgrounds, fishing 883.4 acres, multiple resource park

CJP Clemyjontri Park

6317 Georgetown Pike, McLean fitness, picnic areas and playgrounds 18.6 acres, special purpose park

ELP Ellanor C. Lawrence Park

5040 Walney Road, Chantilly baseballl, soccer/football (unlit), basketball (unlit), community center, nature center, amphitheater, trails

650 acres, multiple resource park

FPF Frying Pan Farm Park

2717 West Ox Road, Herndon historic structure, biking/equestrian/hiking trails, open areas, playground 135.3 acres, multiple resource park

GSG Green Spring Gardens

4603 Green Spring Road, Alexandria
Community Center, historic structure, biking/ hiking trails, open areas, gardens
30.9 acres, special purpose park

HPP Hidden Pond Park

8511 Greeley Boulevard, Springfield tennis (lit), nature center, amphitheater, hiking/ nature trails, playground, fishing 25.6 acres, community park

HMP Huntley Meadows

Park 3701 Lockheed Boulevard, Alexandria nature center, historic structure, biking/hiking/nature trails, observation tower, boardwalk 1444.8 acres, natural resource park



W&OD Trail, Herndon

7500 Accotink Park Road, Springfield

448.1 acres, multiple resource park

1400 Lake Fairfax Drive, Reston

479 acres, multiple resource park

6601 Telegraph Road, Franconia

softball, soccer/football, tennis, basketball,

volleyball, trails, treehouse, sprayground,

softball (lit), soccer/football (unlit/lit), basketball

(lit), tennis (lit), shuffleboard, dog park,

amphitheater, biking/hiking/fitness

basketball, volleyball, minigolf, trails, picnic

softball (lit), soccer/football (unlit), amphitheater, carousel, campground, tour boat, picnic shelters

LAP Lake Accotink Park

LFP Lake Fairfax Park

FRA Lee District Park

accessible playground 138 acres, district park

121.2 acres, district park

MDP Mason District Park

6621 Columbia Pike, Annandale

NWP Nottoway Park

9537 Courthouse Road, Vienna baseball (lit), soccer/football (lit),basketball (lit), tennis (lit), trails, picnic 90.9 acres, district park

RBP Riverbend Park

8700 Potomac Hill Street, Great Falls nature center, historic structure, biking/equestrian/ hiking trails, picnic areas, craftroom 411.2 acres, multiple resource park

SRN Scotts Run Nature Preserve

7400 Georgetown Pike, McLean historic structure, historic/hiking/nature trails, fishing 384.3 acres, natural resource park

SRD South Run District

7550 Reservation Drive, Springfield baseball, soccer/football, basketball, tennis, recenter, equestrian, playground, swimming 196 acres, district park

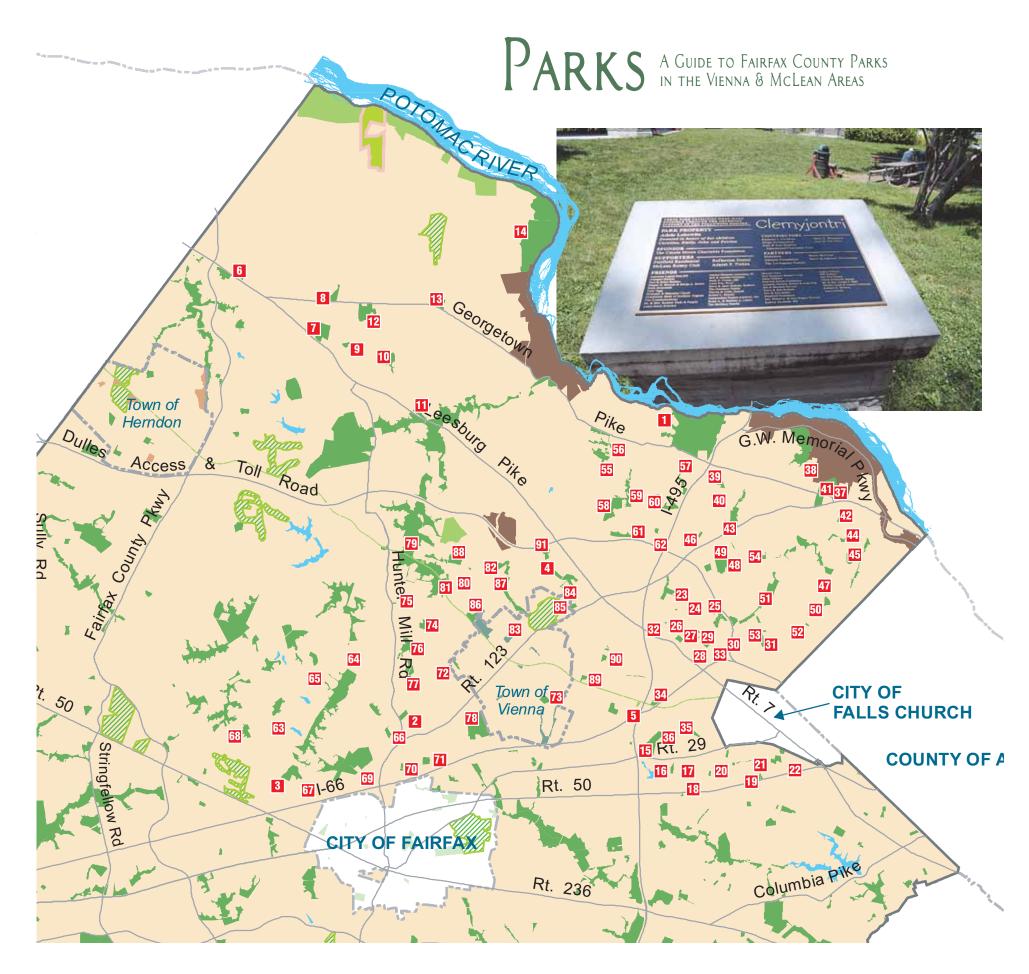
WFP Wakefield Park & RECenter

8100 Braddock Road, Annandale softball, soccer/football, basketball, tennis, recenter, biking, fitness trail, skate park 292.6 acres, multiple resource park

www.ConnectionNewspapers.com

Frying Pan Farm Park,

McLean Connection & August 28 - September 3, 2013 & 27



Map Number Park Name Address, City Property Class

1 Tollbrook Ridge 720 Boyle Lane, McLean Neighborhood Park

2 Oakton Community 2841 Hunter Mill Road, Oakton Community Park

3 Waples Mill Meadow 11329 Waples Mill Road, Oakton Multiple Resource Park

4 Heritage Resource Westwood Ct, Vienna

5 Dunn Loring 2540 Gallows Road, Vienna Community Park

28 & McLean Connection & August 28 - September 3, 2013

6 Holly Knolls 1010 Redberry Court, Great Falls Neighborhood Park

7 Great Falls Nike 1089 Utterback Store Road, Great Falls District Park

8 Windermere 11000 Georgetown Pike, Great Falls Community Park

9 Lockmeade 1104 Riva Ridge Drive, Great Falls Community Park

10 Lexington Estates
10401 Shesue Street, Great Falls
Neighborhood Park
11 Colvin Run Mill Site

10017 Colvin Run Road, Great Falls

Cultural Resource Park

12 The Turner Farm 925 Springvale Road, Great Falls Community Park

13 Great Falls Grange 9818 Georgetown Pike, Great Falls Community Park

14 Riverbend 8700 Potomac Hill Street, Great Falls Multiple Resource Park

15 Jefferson District 7900 Lee Highway, Falls Church Multiple Resource Park

16 Pine Spring 7600 Willow Lane, Falls Church Neighborhood Park

Nottoway Park, Vienna

The Providence District is home to a number of family friendly parks and recreational facilities to serve the varied interests of residents and visitors. One of these is the popular 80-acre Nottoway Park located in the Vienna area. The park offers walking and running trails, including a wooded nature path, picnic tables, diamond and rectangle athletic fields, and basketball, tennis and volleyball courts. The restored historic Hunter House mansion can be rented for special occasions and community garden



plots are available. Special events at the park include the summer Nottoway Nights Concert series, a community flea market, Deutche Marque Concours car show, and the popular Easter egg hunt, among others.

– Ken Quincy
 Providence District Representative
 to the Park Authority Board



2013 Griffith Road, Falls Church

30 Mt Royal 7141 Idylwood Road, Falls Church Neighborhood Park

31 Haycock Longfellow

6650 Kirby Court, Falls Church

7744 Leesburg Pike, Falls Church

7210 Idylwood Road, Falls Church

7715 Virginia Lane, Falls Church Community Park

2700 Hollywood Road, Falls Church

36 Lee Landing 2780 Hollywood Rd., Falls Church

6250 Georgetown Pike, McLean

6504 Bright Mountain Road, McLean

ntermediate Schoo

Neighborhood Park

Community Park

Neighborhood Park

33 Lemon Road

Neighborhood Park

35 Hollywood Road

Neighborhood Park

Neighborhood Park

37 Langley Fork

38 Langley Oaks

Natural Resource Park

977 Balls Hill Road, McLean

7098 Thrasher Place, McLean

District Park

Site

Community Park

Community Park

40 Churchill Road

34 Idvlwood

32 Lisle

17 Tyler 7216 Rice Street, Falls Church Neighborhood Park

18 Devonshire 2826 Edgehill Ave, Falls Church Neighborhood Park

19 Jefferson Village 2932 East Tripps Run Rd., Falls Church Community Park

 20 John Mastenbrook-Greenway Downs
 2858 Woodlawn Avenue, Falls Church Neighborhood Park

21 James Lee School Site 2855 Annandale Road, Falls Church Community Park

22 Azalea 2905 Cleave Drive, Falls Church Neighborhood Park

23 Westgate 7508 Magarity Road, Falls Church Community Park

24 Pimmit View 1905 Storm Drive, Falls Church Neighborhood Park

25 Olney 1840 Olney Road, Falls Church Community Park

26 Fisher 7620 Fisher Drive, Falls Church Neighborhood Park

27 Tysons Pimmit 2026 Burfoot Street, Falls Church Neighborhood Park

28 Pimmit Hills 2061 Arch Drive, Falls Church Neighborhood Park

www.ConnectionNewspapers.com

41 Clemyjontri 6317 Georgetown Pike, McLean Special Purpose Park

42 Dolley Madison Estates 6139 Long Meadow Road, McLean Neighborhood Park

43 McLean Central 1468 Dolley Madison Blvd., McLean Community Park

44 Potomac Hills 6125 Kinyon Place, McLean Community Park

45 Marie Butler Leven Preserve 1501 Kirby Road, McLean Special Purpose Park

46 McLean Knolls 1400 Balls Hill Road, McLean Neighborhood Park

47 Linway Terrace 6246 Linway Terrace, McLean Community Park

48 McLean High 1609 Davidson Rd, McLean Community Park

49 Lewinsville 1659 Chain Bridge Road, McLean District Park

50 Chesterbrook School Site 1753 Kirby Road, McLean Community Park

51 Kent Gardens 6621 Byrnes Drive, McLean Community Park

52 Franklin Woods 1938 Birch Road, McLean Neighborhood Park

53 Kirby 2020 Kirby Road, McLean Neighborhood Park

54 Bryn Mawr 6700 Tennyson Drive, McLean Neighborhood Park

55 Old Dominion School Site 8211 Hunting Hill Lane, McLean Community Park

56 Greenway Heights 8203 Riding Ridge Place, McLean Community Park

57 Scotts Run Nature Preserve 7400 Georgetown Pike, McLean Natural Resource Park

58 Spring Hill 1239 Spring Hill Road, McLean District Park

59 McLean Hunt 8003 Old Falls Road, McLean Neighborhood Park

60 Timberly 1173 Swinks Mill Road, McLean Community Park

61 McLean Hamlet 8119 Dunsinane Court, McLean Community Park

62 Falstaff 7717 Falstaff Road, McLean Neighborhood Park

 63 Foxvale 3104 Hunt Road, Oakton Community Park

64 Gabrielson Gardens 2514 Leeds Drive, Oakton Special Purpose Park



65 Clarke's Landing 11100 Vale Road, Oakton Community Park

66 Oakborough Square 2890 Oakborough Square, Oakton Neighborhood Park

67 Tattersall 3405 Miller Heights Road, Oakton Community Park

68 Wayland Street 11813a Wayland Steet, Oakton Community Park

69 Oak Marr 3200 Jermantown Road, Oakton Multiple Resource Park

70 Borge Street 3030 Borge Street, Oakton Neighborhood Park

71 Blake Lane School Site 10033 Blake Lane, Oakton Community Park

72 Peterson Lane 575 Malcolm Road NW, Vienna Neighborhood Park

73 Cunningham 1001 Park Street, SE, Vienna Community Park

74 Lawyers Road School Site 10049 Lawyers Road, Vienna Neighborhood Park

75 Fox Hunters 10319 Lawyers Road, Vienna Neighborhood Park

76 Kemper 10206 Garrett Street, Vienna Community Park

77 Ashlawn 10230 Dunfries Road, Vienna Community Park

78 Nottoway 9537 Courthouse Road, Vienna District Park **79 Tamarack** 1850 Horseback Trail, Vienna Community Park

80 Symphony Hills 9675 Clarks Crossing Road, Vienna Neighborhood Park

81 Clarks Crossing 9850 Clarks Crossing Road, Vienna District Park

82 Wolf Trails 9328 Old Courthouse Road, Vienna Community Park

83 Foxstone
1910 Creek Crossing Road, Vienna Community Park
84 Raglan Road
8590 Raglan Road, Vienna Community Park

85 Freedom Hill 8531 Old Courthouse Road, Vienna Cultural Resource Park

86 Eudora 2027 Labrador Lane, Vienna Community Park

87 Waverly 1801 Abbotsford Drive, Vienna Community Park

88 Lahey Lost Valley 9750 Brookmeadow Drive, Vienna Cultural Resource Park

89 Tysons Woods 8425 Overlook Street, Vienna Neighborhood Park

90 Briarcliff 2158 Silentree Road, Vienna Neighborhood Park

91 Ashgrove 8881 Ashgrove House Lane, Vienna Cultural Resource Park

Photos by **Craig Sterbutzel** Featuring Clemyjontri Park



McLean Connection & August 28 - September 3, 2013 & 29

From Weak to Week

By KENNETH B. LOURIE

Eight days and seven nights. Not exactly the vacation I was planning. Nevertheless, admitted to the hospital on Friday, August 2nd. Discharged on Friday, August 9th: that was my hospital "staycation." Though I definitely improved as the post-surgical week went on, the process itself – specifically, nearly four days in S.I.C.U. (Surgical Intensive Care) with round-the-clock monitoring, nursing and doctoring – was hardly restful. In fact, if you read the following prose, you'll pre-

sumably develop an understanding of the cons. Sleep in the S.I.C.U. is not next to impossible, it is impossible. Though the room is private (there are no other patients sharing your space), the overall environment is public; as the nurse told me, they need to be able to see their patients at all times, just in case something bad (you'll note I didn't say unexpected) happens. In addition, the various overhead lighting remaining lit is hardly conducive to sleep, but it's very conducive to staff responsibilities, which ultimately is the point, I suppose.

Let me attempt to describe for you the difficulties and demands – and discomfort – I experienced during my post-op. treatment, designed no doubt to stabilize my vitals and return me to good health, whatever the cost or inconvenience. For certain it was all about me and all about getting me better – and presumably getting me healthy enough to be transferred to a nonintensive care floor and eventually being discharged from the hospital.

Ŏn my right arm, I had an I.V. inserted (connected to an I.V. pump) through which I received clear liquids and miscellaneous other medicines as their respective delivery systems mandated. On my right index finger a plastic clip was taped in place – also connected to a monitor, which measured my oxygen levels. Stuck on my chest were eight electrodes connected by wire to a heart-monitoring device - the size of a cell phone approximately - stuck in my hospital gown's lone chest pocket; the device itself was likewise connected, by wire, to a monitor adja-cent to my hospital bed. Each calf, since I was bed-bound, was wrapped in Velcro, individually connected by wire to a pump hanging off the front of my bed. Every 30 seconds or so - alternating between each calf - the pump "pressured" air into the wraps, and wires inside inflated to stimulate the respective calves, the point of which is to prevent blood clots/pulmonary thrombosis. Not last, and certainly not least, between my legs, I was connected to a catheter (a "foley" as it was called), a necessary evil if ever there was one, itself connected by tube to a repository hanging off the side of my bed.

On my left arm, I was 24/7 connected and wrapped by a blood pressure cup. Every hour on the hour (I checked) I was "pressured" with my readings automatically transmitted to the nurse's station (one time I unwrapped the cuff and the nurse immediately came by to chastise me for doing so). On my face (in my nose, actually), with cords wrapped around my ears to secure its position, I wore a "nasal cannula," a plastic tube placed into my nostrils, which provided "highflow" oxygen constantly. This cannula was likewise connected by tube/hose to a pump adjacent to my bed, about three feet away, like all of these connections. Lastly, and probably mostly, a post-surgical chest tube, 28 centimeters long, had been inserted under my left arm penetrating to my left lung to drain any residual fluid/"infiltrate" from it. This tube was part of a longer tube, maybe four feet in length or so, which deposited fluid draining from that lung into a collection box placed on the floor which enabled the staff to assess its contents. To say this tube and or its placement was painful, awkward and impossible to ignore, especially when attempting to sleep, is to do injustice to the words "painful," "awkward" and "impossible."

In summary, I was connected by wire/tube/ hose to nine devices/monitors. Yet I persevered. The process wasn't pretty or planned, but I got out alive and was much improved from when I was admitted. Sleep-deprived for sure, but no longer oxygen-deprived. Obviously, I'm glad to be home, still mindful of the challenges ahead, however.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers





McLean High

BY DAVID SIEGEL The Connection

lexander of McLean re-

Alexander Stone

ture Idol competition searches for talented, undiscovered singers in the DC metropolitan area. It is held in conjunction with the Signature Theatre Open House. For his first competition entry, Stone presented "In These Skies," from the musical "Ace." Judges selected Stone to participate in the competition's final round where he presented "Prayer" from "The Scarlet Pimpernel." The competition judges were Signature Theatre Artistic Director Eric Schaeffer, Broadway's Tony Award nominee Carolee Carmello and WETA's Robert Aubry Davis. Sarah Ann Sillers of Potomac, Md. was the runner-up. "I was excited to be selected to participate in this competition and have a chance to perform. ... It was a special treat to hear encouragement and advice from the panel," said Stone. At the "Broadway on the Plaza" Grand Finale of the day-long Signature Open House, he performed "In These Skies." In his full summer of theater training, Stone attended the University of Michigan's in-residence, audition-based MPulse Performing Arts Vocal Arts Institute in July. "I was humbled to meet and hear that vocal quality of fellow students attending Mpulse ... it has helped my musical the-

Upon completing MPulse, Stone, along with fellow McLean High School students senior Nancy Pruett and junior Rachel Lawhead attended The Open Jar Institute in New York City. They were selected from nearly 1,200 teens from around the country who auditioned for the honor. The three McLean students each were selected to fill one of only 60 available spots for the intensive training. The Open Jar Institute seeks out students who have uncommon abilities and potential, as well as determination and passion. At Open Jar, one-on-one training was received from Broadway's finest performing artists and master classes conducted by the legendary composer and Tony Award recipient John Kander and Tony Award winning director and choreographer Susan Stromen. For his future, Stone added "I am excited about the possibility of pursuing theater as a career. I certainly know that the way is not easy. We will see how opportunities present themselves. As they arrive, I will work to be as prepared as possible."



