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# Newcomers & Community Guide On the Horizon PAGE 5 Where To Take Out-of-Town Visitors Every Year Is Election Year Page 4 Guide to Parks PAGES 12-14 The silo at the corner of Machen Road and Centrewood Drive in Centreville is now covered in ivy, but 50 years ago it was once a working silo situated on farmland.

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## Newcomers & Community Guide 2013-14

## Where to Take Out-of-Town Visitors?

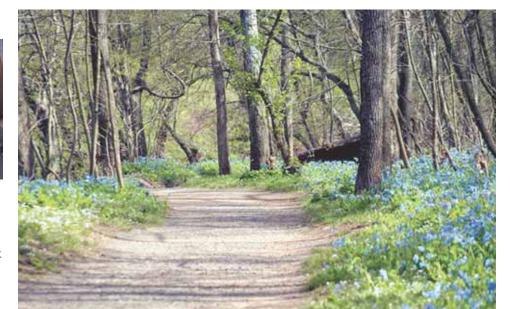
Supervisor Michael R. Frey (R-Sully) listed his 10 favorite places to go in and near the Sully District:

- Sully Plantation
   Udvar-Hazy
- Center
- 3. Centreville Historic District
- 4. Ox Hill Battlefield
- 5. Bull Run Winery
- 6. Cub Run stream valley trail
- 7. Bluebell Trail at Bull Run Regional Park

**Frey** 

- 8. Manassas National Battlefield Park
- 9. Coyote Grille restaurant
- 10. Pleasant Valley Golf Course.

— Michael Frey



The bluebell trail in Centreville's Bull Run Regional Park attracts visitors from all over.

Springfield District Supervisor Pat Herrity chose "The Town of Clifton for its hometown charm; it's one of the suburban neighborhoods that makes Fairfax County great. Start with a wine tour at Paradise Springs Winery, grab a burger at the Main Street Pub and finish



Herrity

with ice cream at Peterson's Ice Cream De-

- PAT HERRITY



Children participate in a pie-eating contest (actually, whipped cream) during the Town of Clifton's annual Fourth of July celebration

Centreville resident John Litzenberger, the Sully District Planning Commissioner, said, "When I have friends and family come for a visit, I usually already know what they might be interested in. For history buffs of the Colonial era, of course I take them to the Sully Plantation. I try to take Braddock Road by Cox Farms and mention how George Washington helped survey the original layout of this road.

"As for the Civil War interests, the first stop is always the Manassas National Battlefield Park. After that, I'll drive by the old Civil War trenches on Stone Road and Union Mill Road. They all like that, and they get to see some of the neighborhoods, too.



John Litzenberger

"For the nature lovers who visit, a trip to Walney Park and its Nature Center is always a big hit, especially for the youngsters. On a return trip, we will head for Frying Pan Park.

"Lastly, the Smithsonian Air and Space Museum Annex (the Udvar-Hazy Center) is quite popular. The Centreville area is also a great place for restaurants, shopping and movies. No one has ever told me they're bored when they come and visit — there is just too much to do."

— John Litzenberger



Har

Centreville's Jim Hart, on both Fairfax County's Planning Commission and Board of Zoning Appeals, replied, "The destination depends on the visitors and the weather. Ordinarily, I would try to accommodate my guests' interests. We have many good choices; but for day trips in Fairfax County, my top three suggestions would be the Air and Space Museum Annex, Tysons Corner Center and Mount Vernon. Called the Udvar-Hazy Center, the Air and Space Museum Annex is the closest to Centreville and has many interesting exhibits and programs.

"For visitors who want to go shopping, Tysons

Corner Center is one of the finest malls in the country and, combined with the Tysons Galleria nearby, there is something for everybody, including a variety of restaurants.

"Mount Vernon is another impressive historic attraction which changes with the seasons – and you can try peanut soup in the restaurant. All of these places seem to attract visitors from around the world."

—-Jim Hart



Area residents enjoy the annual Centreville Day celebration in Centreville's Historic District, off Route 29 and Braddock Road.

## Newcomers & Community Guide 2013-14

## Every Year Is Election Year in Virginia

Northern Virginia has most two-party races on ballot.

By Victoria Ross

Centre View

hile the Virginia governor's race is the one getting the most attention, both nationally and in the state, Virginia's House of Delegates race is shaping up to be the most competitive in a de-

According to an official candidate list released last month by the Virginia State Board of Elections, 57 House seats will be contested this November — marking only the second time in the last decade where at least half of the 100 House seats will have more than one name on the ballot.

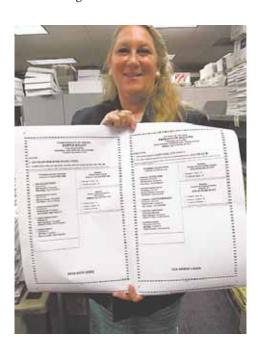
2013 is the second election cycle since the House Republican leadership redrew district boundaries following the 2010 Census. In 2011, voters in nearly two-thirds of the 100 House districts had no choice on

Of the 57 contested races, 44 include races with at least one Republican and one Democrat, and most of the two-party races on the ballot will take place in Northern Virginia (see chart.)

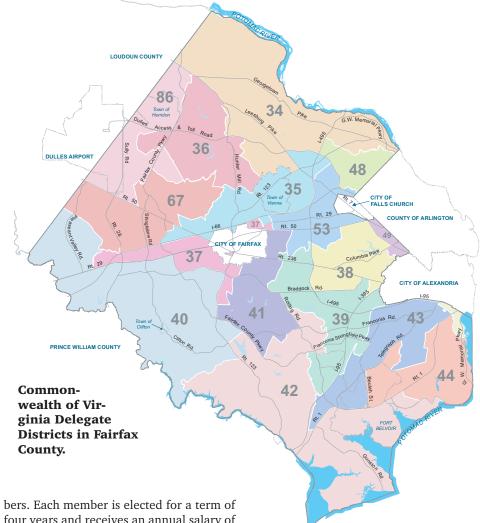
Throughout the state, 43 of the 100 House districts are uncontested, meaning there is only a single candidate on the ballot. Delegates Ken Plum (D-36) and Charniele Herring (D-43) are the only uncontested candidates in Fairfax County.

\* Each member of the Virginia House of Delegates serves two-year terms, represents approximately 80,000 citizens and receives an annual salary of \$17,640.

❖ The Virginia Senate consists of 40 mem-



Cameron Quinn, Fairfax County's chief elections official, holds up a sample ballot in the county's office of elections.



four years and receives an annual salary of

The Virginia General Assembly meets annually, beginning on the second Wednesday in January, for 60 days in even-numbered years and for 30 days in odd-numbered years, with an option to extend annual sessions for a maximum of 30 days.

### On the Ballot 2013

#### GOVERNOR

\* Terry R. McAuliffe (D) www.terrymcauliffe.com ♦Ken T. Čuccinelli (R) www.cuccinelli.com \* Robert C. Sarvis (L) www.robertsarvis.com

#### LIEUTENANT GOVERNOR

\* Ralph S. Northam (D) www.northamforlg.com ❖ E.W. Jackson (R) www.jacksonforlg.com

#### ATTORNEY GENERAL

❖ Mark R. Herring (R) www.herringforag.com ❖ Mark D. Öbenshain (R) www.markobenshain.com

### House of Delegates 2013 Elections

Local Races With Major Party Challengers: ❖District 34—Democrat Kathleen Murphy challenges Republican incumbent Barbara Comstock. District 35—Republican Leiann Leppin chal-

lenges Democratic incumbent Mark Keam ❖District 37—Republican Patrice Winter challenges Democratic incumbent David Bulova

♦District 39—Republican Joe Bury challenges

Democratic incumbent Vivian Watts

❖District 40—Democrat Jerrold Foltz challenges Republican incumbent Tim Hugo.

District 41—Republican Fredy Burgos and Independent Christopher DeCarolo challenge Democratic incumbent Eileen Filler-Corn

❖District 42—Democrat Ed Deitsch challenges Republican incumbent Dave Albo

❖District 53—Democrat Marcus Simon faces Brad Tidwell (R) and Anothy Tellez (L) to replace retiring Del. Jim Scott (D)

♦Distict 67—Democrat Hung Nguyen challenges Republican incumbent Jim Lemunyon ♦District 86—Democrat Jennifer Boysko chal-

lenges Republican incumbent Tom Rust Local Races With Only Third-Party Challengers: ❖District 38—Jim Leslie challenges Democratic

incumbent Kaye Kory ♦District 43—Glenda Gail Parker challenges

Democratic incumbent Mark Sickles ❖District 44—Joe Glean challenges Democratic

incumbent Scott Surovell ❖District 45—Jeff Engle challenges Democratic

incumbent Rob Krupicka ♦District 47—Laura Delhomme challenges Democratic incumbent Patrick Hope

♦District 48—Lindsey Bolton challenges Democratic incumbent Bob Brink

❖District 49—Terry Modglin challenges Democratic incumbent Alfonso Lopez

Local Uncontested Races:

♦District 36—Democratic incumbent Ken Plum ♦District 46—Democratic incumbent Charniele

## Fairfax County Sheriff's **Special Election**

Stacey Ann Kincaid (D) www.Staceykincaid.com Bryan A. "B.A." Wolfe (R) (no site listed on SBE)

Christopher F. DeCarlo (I) www.honestlyandethics.com Robert A. Rivera (I) (no site listed on SBE)

### School Bond Referendum

On Election Day, Tuesday, Nov. 5, Fairfax County voters will be asked to vote YES or NO on the \$250 million school bond question in the general election. The schools plan to use the money to:

· Build two new elementary schools, one in the Richmond Highway area and one in the Bailey's

• Help renovate 22 schools including 17 elementary schools, two middle schools (Thoreau and Rocky Run) and three high schools (Langley, Herndon and Oakton)

· Buy land for the South West County High

• Enhance the capacity of Westbriar Elementary and South Lakes High School

• Replace or improve infrastructure, such as roofs, major mechanical systems and parking lots. See http://www.fcps.edu/news/bond13.shtml

## **Key Political Sources and** Websites for Fairfax County Voters

❖For a detailed list of candidate information, including websites, go to www.voterinfo.sbe.virginia.gov/PublicSite/Public/ FT2/PublicElections.aspx.

The Virginia State Board of Elections page provides a detailed list of candidates, website information available for each candidate and sample ballots. Scroll down the "Locality" bar to Fairfax County to filter the election search, or go to "Elections" and scroll down to "November General 2013."

For more information on the state legislature. go to virginiageneralassembly.gov.

❖Voters with any questions about voting this Election Day can visit two comprehensive websites for answers: The Virginia State Board of Elections website at www.sbe.virginia.gov and The Fairfax County Office of Elections www.fairfaxcounty.gov/voterinfo.

❖If you don't find the information you need at the websites, call the Office of Elections at 703-

❖Fairfax now has a free smartphone mobile app to check your registration and other voting information. Download the free app by searching Fairfax County Government at the App Store (coming soon to Android Market) or go to http:// www.fairfaxcounty.gov/news/mobile/. Once you download the app, look for the "VOTE" icon.

Following are links to other sites election officials suggest voters check out before Election Day:

♦ Map Information: this site shows the 2011 adopted districts, precincts, boundary changes and polling place changes in Fairfax County. (Scroll to find the maps.) www.fairfaxcounty.gov/eb/  $1 precinct changes\_adopted 7262011.pdf.$ 

❖Voting Precincts: this site gives information on an individual's voting precincts on Fairfax County's website "My Neighborhood" pages at http:// www.fairfaxcounty.gov/gisapps/ myneighborhood/.

❖Voter Information, Directions to Polling Places: this State Board of Elections website has information useful now and for future elections. https:// www.voterinfo.sbe.virginia.gov/PublicSite/Public/ FT2/PublicLookup.aspx?Link=Registration.

## How to Register

Eligible voters in Fairfax County must be 18 years of age, current U.S. citizens and live within the county. Applications to register to vote by mail can be found at the Department of Motor Vehicles, public libraries, military recruitment offices, public assistance agency offices, government centers,

SEE ELECTION GUIDE, PAGE 22



VDOT's choice to improve the Braddock/Pleasant Valley roads intersection is a roundabout with the center shifted southwest.

## What's on the Horizon?

## Residents to see education and transportation changes. an option for families to move their rising

By Bonnie Hobbs Centre View

n the horizon for local residents are some school-bound ary changes; a pair of new, middle-school principals; several fun-filled, family events to attend and a slew of transportation projects.

#### **Boundary Changes Affecting** Students in Chantilly

In May, the Fairfax County School Board approved boundary changes in hopes of alleviating overcrowding at Fairfax High and Lanier Middle School. And some of them will affect students in this area who attended those schools. The changes move students in the Greenbriar West Elementary attendance area east of Stringfellow Road from Lanier Middle and Fairfax High to Rocky Run Middle and Chantilly High,

eliminating the current split-feeder assignment for Greenbriar West.

The boundary changes will be phased in, beginning in the 2014-15 school year, with seventh-graders and rising freshmen to their newly assigned schools in fall 2013, with transportation provided. Rising eighthgrade students, juniors and seniors would be allowed to remain at their current schools in fall 2014.

In addition, students living in the Penderbrook and Fairfax Farms areas of the Waples Mill Elementary attendance area were reassigned from Lanier Middle to Franklin Middle, starting with this school year, 2013-14. These students will also shift from Fairfax High to Oakton High in 2014-15, thereby eliminating a split-feeder assignment for Waples Mill Elementary.

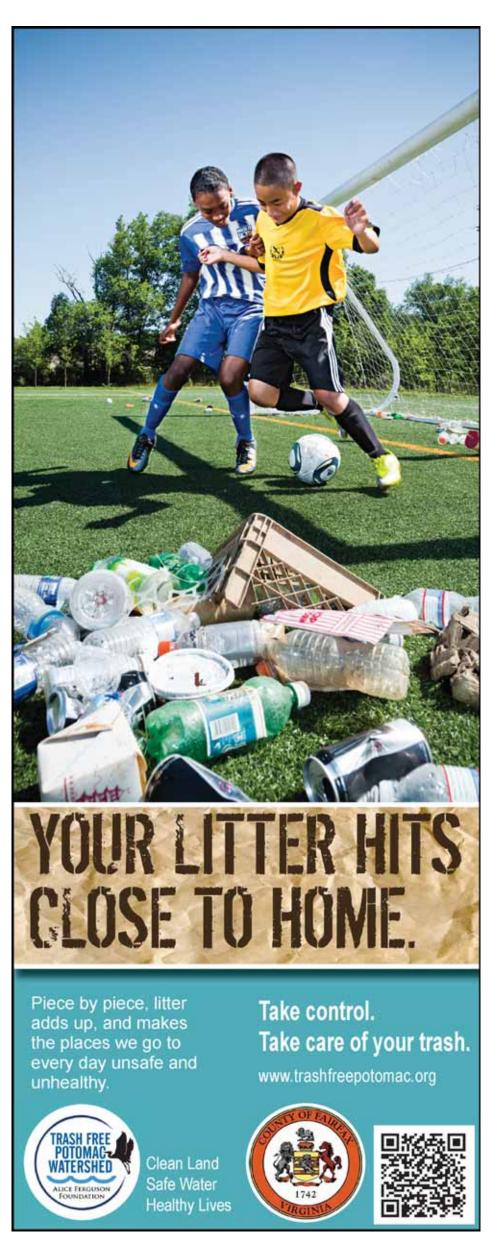
#### **Needed: Two New Principals**

Both Rocky Run and Stone middle schools are in need of new principals. Rocky Run's principal, Matt Eline, left to become principal of Robinson Secondary School. And Stone's principal, Scott Phillips, left to be-

SEE EDUCATION, PAGE 17



Site plan of the park-and-ride expansion. The new parking spaces are in yellow.



## Newcomers & Community Guide

## Candidates Face Off in November's Delegate Races

### Del. Tim Hugo (R-40th)

He's served in this post since 2003 and is currently the Majority Caucus chairman. He's vice chairman of the Finance Committee, as well, in addition to serving on the Commerce and Labor, Transportation, and Privileges and Elections Committees. He believes in seeking common-sense solutions to the challenges Hugo facing citizens.



Since human trafficking is a growing problem, Hugo has worked to fight against those who would do harm to young people by enacting harsher penalties for those convicted of such crimes and by increasing public awareness of this issue

Regarding higher education, he's fought to require Virginia colleges and universities to admit more Virginia residents. Pressure from him and from other state legislators has been brought to bear on these colleges and universities; as a result, they've agreed to increase the total number of slots available for in-state students over the next five

Hugo has also worked to inform and protect citizens against Lyme disease — and the possibility of false-negative diagnoses — by enacting legislation to require that patients be told of those risks.

Said Hugo: "As a resident of Fairfax County for over 25 years, the part of my job that I enjoy the most as a Delegate for the 40<sup>th</sup> Virginia District is helping the community and serving the needs of my constituents.

### Jerry Foltz, 40th District Challenger

United Church of Christ in Centreville, has served as a pastor in both Virginia and Maryland and is the longtime chaplain for the firefighters of Station 17 in Centreville. He also helped his wife Alice begin the Centreville Immigration Forum and later organize the Centreville Labor Resource Center to help



immigrants assimilate and find jobs here.

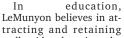
Foltz wants stable transportation funding that doesn't take away money from education, and he's in favor of an expansion and upgrade of Metro, especially along the Dulles Corridor. And he supports bicycle use, as well as protection for bicyclists

"I will work across the aisle and in partnership with the other urban areas to continue finding solutions to improve all aspects of transportation," he said. "I support the expansion and upgrade of Metro, especially Rail to Dulles Airport, and I will seek more representation for our region on the Virginia Transportation Board.'

A Democrat, Foltz believes in adequate support and funding for public-safety personnel, plus dedicated funding for education. He's also for affordable health-care options. Strongly against bigotry, hate and racism, Foltz is in favor of immigration reform. He also believes women should have the right to make decisions about their own health care and reproductive options and to be fully covered by adequate and accessible health insurance.

## Del. Jim LeMunyon (R-67<sup>th</sup>)

His top priority is re-ducing traffic congestion and improving regional mobility. However, he believes phase two of the Silver Line should be delayed until a significant additional funding source other than further toll hikes — is found to help pay for it.





well-paid and motivated teachers. During the 2013 General Assembly Session, he introduced and saw passed a bill improving reading and math remediation in schools. He also favors giving local school boards more flexibility to start school as early as two weeks prior to Labor Day and end it two weeks earlier in June.

He also had a bill passed improving the disclosure of government financial transactions on the Internet to create more transparency and accountability in spending people's tax dollars. Another one of his bills passed requires greater clarity in the disclosure of local school board regulations on the Internet.

LeMunyon supported legislation to help make Virginia a more veterans-friendly state, voting for legislation to improve access to higher education, health care and real-estate property tax exemptions for disabled veterans and their surviving spouses. Regarding business, the Virginia Chamber of Commerce gave him an "A" rating for his pro-business and pro-jobs voting record in the 2012 legislative

## Hung Nguyen, 67th District Challenger

Hung Nguyen and his family immigrated to the U.S. from Viet Nam as political refugees. He currently owns and operates HN Consulting, an information-technology consulting business that helps small businesses connect to become more competitive. He's active in his Viet-



Nguyen

namese American community, church and many service and advocacy organizations. He believes in giving back to his community and in serving others. Nguyen has on the board of several nonprofits and was CEO of the National Congress of Vietnamese Americans.

He's also a member of the Order of St. Lazarus, a philanthropy-based organization that builds centers to provide medical services and educate young children in impoverished areas.

Nguyen favors public/private partnerships for small-business owners, and he believes in supporting businesses that have real, growth opportunity to create jobs. He's also interested in consumer protection, as well as leadership programs for Asian-American youth.

Educationally, he favors investments in STEM (science, technology, engineering and math) programs to increase the number of students enrolled in them and prepared for college and careers in these fields. Regarding transportation, he's a proponent of shorter construction timelines for road projects

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#### The Treasure Hound

14508-D Lee Rd, Chantilly, VA (Corner of Rt. 50 and Lee Rd. One light West of Rt. 28)





Interviews conducted at the Centreville Regional Library in Centreville.

- STEVE HIBBARD

What local spots do you usually take out-of-town guests or family members when they come to visit the area?



Dylan Kwak, 15, of Centreville "We take them to the Golden Coral Restaurant."



John Kwak, 16, of Centreville. "We take them to Virginia Beach. I love the beach."



Sahil Patel, 12, of Prince William County
"We just walk around see the memorials — the Lincoln Memorial."



"I like to go into Manassas for the flea markets. I really like the whole idea of Dupont Circle. You can walk around the city, the art galleries, the Spy Museum, the Air and Space Museum. This is the

nation's capital — it's aweinspiring and reverential."



Ashley Ziadi, 18, of Centreville "I do like Georgetown the shopping and it's really nice to walk around."



Rohan Patel, 10, of Prince William County "I like going to the Washington Monument."



Abigail Munt, 12, of Centreville "I like the sculpture garden at the Hirshorn Museum."



Maddy Munt, 10, of Centreville "I like to take them to Arlington National Cemetery, Reston Zoo, the Watermine in Reston and Kings Dominion."



Randi Scott of Centreville
"I take them to Fairfax
Corner for shopping,
Kingstown for shopping,
Bull Run Park and Burke
Lake Park.







## **OPINION**

## About the Centre View

## Newcomers and Community Guide 2013-2014

s your local, weekly newspaper, the Centre View's mission is to bring the local news you need, to gather in formation about the best things in and near your community, to advocate for community good, to provide a forum for dialogue on local concerns, and to celebrate and record milestones and events in community and people's lives.

Here in our Newcomers and Community Guide, we've included an expanded and updated insider's look at the parks, plus details of how to vote in the upcoming EDITORIAL elections, information on local government, nonprofits and business organizations, plus tips and tidbits from the commu-

We invite newcomers and long-time residents alike to let us know how we're doing and let us know what is going on in your part of the community. If you have questions or ideas, send us an e-mail or call us, contact us on Facebook or send us a tweet. We invite you to send letters to the editor or to send an e-mail with feedback about our coverage.

We want to know if someone in your family or your community published a book, started a business, became an Eagle Scout, raised money for a good cause, accomplished some feat like running a marathon, supporting a cause or having art included in an art show. We publish photos and notes about personal milestones and community events, including

births, engagements, weddings, anniversaries, awards and obituaries. We are also interested in events at your church, mosque, synagogue, community center, pool, school, club, etc. Email us a note about the event, being sure to include when and where the photo was taken and the names of all the people who are in a photo. We also publish notes about news and events from local businesses. Notes about openings, new employees, anniversaries are welcome. It is especially important to us to let people know about events ahead of time in our calendar of events. We appreciate getting notice at least two weeks ahead of the event, and we encourage photos.

The paper you're reading, the Centre View is one of 15 papers published by the independent, locally owned Local Media Connection

> LLC, serving the suburbs of Metropolitan Washington in Northern Virginia and Potomac, Md.

Our flagship paper, the Alexandria Gazette Packet, is one of the oldest continuously publishing papers in the country, beginning publication in 1784.

The Connection Newspapers have won hundreds of press awards in just the past few years, including the Virginia Press Association Award for Journalistic Integrity and Community Service, and awards in news, art, business, special projects, sports, entertainment, design, photography, and much more.

We have staff and contributors here at the Connection with remarkable talent and experience, far greater than one might expect. While the last few years have brought many challenges to the newspaper business everywhere, affecting us as well, we continue to publish 15 distinct papers every week that serve their communities in distinct ways.

LETTERS TO THE EDITOR: Email to editors@connectionnewspapers.com or submit http:// www.connectionnewspapers.com/contact/let-

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- Mary Kimm, MKIMM@CONNECTIONNEWSPAPERS.COM, @MARYKIMM

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A Connection Newspaper





## Welcome to Fairfax County

By Sharon Bulova

Chairman, Fairfax County Board of Supervisors

ello and welcome to Fairfax County! Congratulations on finding the best place in the country to live, work, play and grow older comfortably. Fairfax County is home to a fantastic public school system, top tier businesses and some of the best parks and open spaces in the DC Metro region.

The Fairfax County Public School system is consistently ranked among the best in America. We have a new superintendent, Dr. Karen Garza, and I look forward to working with her to make our world class school system even

Fairfax County is also home to wonderful institutes of higher learning. Northern Virginia Community College, with campuses in Annandale and all over Northern Virginia. boasts Guaranteed Access Agreements offering an affordable path to all Virginia's highlyrated public universities. NOVA also partners with the region's high schools to offer dual enrollment opportunities, giving students a head start on their college education. George



Sharon **Bulova** 

Mason University in 2012 was named the top "Upand-Coming University" by U.S. News and World Report. Mason was just this summer recognized as a top 100 university for research by Forbes magazine.

Fairfax County is home to almost 50 corporate or U.S. headquarters of major firms, and 10 Fortune 500

company headquarters. Hilton, Volkswagen, Bechtel and Northrop Grumman have all moved their corporate or U.S. headquarters to Fairfax County since 2007.

But it's not all big business here. About 97 percent of the companies in Fairfax County are small businesses with fewer than 100 employees and less than \$1 million in annual revenue.

Our business community is also diverse, boasting the largest number of foreign-owned firms in the region. Through the first six months of this year, our Economic Development Authority worked with 87 companies that will add more than 2,800 jobs to the county economy.

Fairfax County is home to more than 48,000 acres of parks and open space, and over 500 miles of hiking and biking trails. In 2010, our Park Authority won the coveted Gold Medal for Parks and Recreation from the National Recreation and Park Association and the American Academy for Park and Recreation Administration. As chairman of the Board of Supervisors, I am elected at-large by all registered voters in Fairfax County. If you have any questions or concerns, please email me at chairman@fairfaxcounty.gov or call my office at 703-324-2321. Thanks for making Fairfax

## Best Educated, Most Diverse

By Gerald Gordon

f you are a new resident of Fairfax County, or an employee working for a company new to the county, welcome!

You are in one of the most dynamic communities in the nation. Fairfax County has one of the best-educated and most diverse populations anywhere. We work at companies and SEE BEST EDUCATED, PAGE 9

## New Superintendent Relishes Opportunity

Here in Fairfax, not

only do we have the

the problems facing

us in FCPS, but we

positioned to solve

the most pressing

issues facing public

—Karen K. Garza, Ph.D.,

superintendent, Fairfax

**County Public Schools** 

schools across the

talent and the

are uniquely

country.

expertise to solve

## A fan of Baylor grad RG3 ... not Cowboys.

BY KAREN K. GARZA, Ph.D. Superintendent, Fairfax County Public Schools

am honored and humbled to be the new superintendent of Fairfax County Public Schools (FCPS). I arrived here from Lubbock, Texas, where I served for the past four years as the superintendent of the Lubbock Independent School District. The opportunity to lead a world-class school system like FCPS was one that I simply could not pass up. I am so appreciative of the very warm welcome my husband, Louis, and I have received since our arrival in June.

You should know that the question I have heard most in my first few weeks on the job is: "Are you a

answer to that question is "No." In fact, we are big fans of Baylor grad RG3. Our family includes four grown children and five wonderful grandchildren. One child of ours is now in his third year as an elementary school teacher and, as a former teacher myself, it has been an exciting experience to watch as he grows into the job and learns the joys and, yes, the challenges of teaching. Where I am today is due, in large part, to the many excellent and caring teachers I had along the way. I have already met many FCPS teachers, principals and administrators and I have been so impressed with their commitment to our students. Together, we will make a great team.

One of my first goals is to work with the school board in developing a long-range strategic plan that will incorporate input from FCPS stakeholders including parents, students, educators and community members. The strategic plan

will serve as a roadmap to improve academic achievement for all of our students.

I also believe it is important that we develop a graduate profile that clearly shows what our students need to know and be able to do when they leave FCPS for college and career opportunities. We will build upon the success of the past and, at the same time, confront our realities—achievement gaps, dis-



Karen K. Garza

schools while experiencing diminishing resources. Here Fairfax, not only do we have the talent and the expertise to solve the prob-

parities

graduation

rates among student groups and the increas-

ing expecta-

tions for our

lems facing us

in FCPS, but we

are uniquely positioned to solve the most pressing Dallas Cowboys fan?" I can state, unequivocally, the issues facing public schools across the country. We

want to lead the national discussion to develop new systems to measure teaching and learning. Standardized testing, while well intentioned, has gone too far and often results in narrowing the instructional focus of schools. We can develop new ways to measure how well our students are learning and how well our teachers are teaching without taking the joy out of either learning or teaching.

I plan to visit schools regularly because the best way for me to understand the needs and expectations of our school division is to talk with and listen to all of our stakeholders. The start of a new school year serves as a reminder that we have wonderful opportunities to make a difference in the lives of our students and that we are extremely fortunate to live in a community that values public education.

I invite you to share your ideas on ways to make the Fairfax County school system the very

best it can be. I believe it is critical that we at FCPS hear from you. Please take a minute and visit www.fcps.edu and click on "Advice for Superintendent Garza." I wish you all a most enjoyable and successful school year and I look forward to meeting many of you in the days ahead.

Karen K. Garza is the new superintendent of Fairfax County

## Best Educated, Most Diverse

organizations that provide critical goods and services to the community, nation and the world. And, we have a cosmopolitan quality of life that features great schools, parks, the arts and libraries as well as quick access to everything that Washington, D.C., has to

You are part of a community that is the economic engine of the Washington metropolitan area and the Commonwealth of Virginia. We work hard to attract and retain the kind of diversified business base that provides high-quality jobs and brings in the best and brightest.

The Fairfax County Board of Supervisors strongly www.ConnectionNewspapers.com



supports this business growth because a strong economic base provides the means to offer highquality public services for those who live and work here while minimizing the cost of those services for residents. That consistent support means that Fairfax County will continue to be a great place to work and to live for de-

cades to come. Welcome!

Gerald L. Gordon, Ph.D. is president and CEO of the Fairfax County Economic Development Authority.



Brenda Taddeo, DVM 5095 Westfields Blvd., Centreville, VA 20120 SULLY STATION SHOPPING CENTRE

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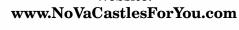


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## Roundups

## Shelter Needs Baby Items

The Katherine K. Hanley Family Shelter is asking the local community for donations of laundry detergent powder, baby wipes and umbrella strollers. It currently has 23 families residing there and most of them have babies and toddlers. To donate any of these items, call 571-522-6800

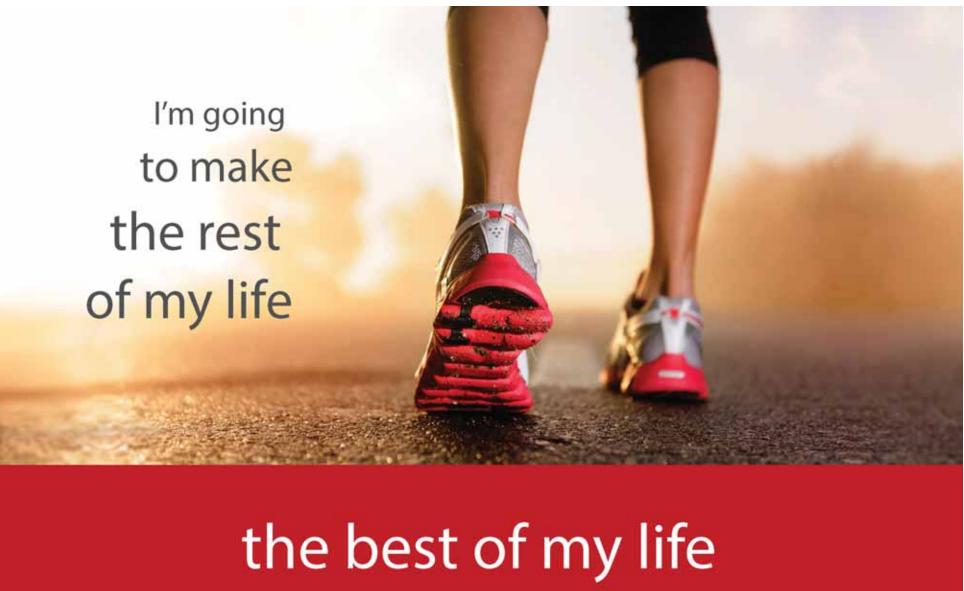
## Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, Aug. 29, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

However, because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times

### Eat Pizza, Help Children

Paisano's Pizza is going to "Share the Pie" with the Boys and Girls Clubs of greater Washington. For all SEE ROUNDUPS. PAGE 16



screening

#### Virginia's Largest Health System is now in Northern Virginia

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## Newcomers & Community Guide

# 2013 Clifton Car Show Is Labor Day

## Some 400 cars expected; show benefits two charities.

By Steve Hibbard
Centre View

he 14th Annual Labor Day Car Show and The Richard King Annual Fireman's Chili Challenge will be held rain or shine on Labor Day, Monday, Sept 2 in the Town of Clifton.

Some 400 cars — street-rods, trucks, motorcycles, muscle and classic cars, and dragsters — will line the closed-off streets of Clifton from 8 a.m. to 3 p.m. Registration is \$15/car, and admission is free for spectators.

"Come out for a fun-filled day of beautiful, old cars and good food," said event organizer and former Mayor Jim Chesley, past president of both the Clifton Lions Club and Custom Cruisers of Northern Virginia — cohosts of the show. "We're trying to raise as much money as we can for our two charities."

One hundred percent of any donations will be given to Life With Cancer at Fairfax Hospital and the Northern Virginia Therapeutic Riding Program. Last year alone,

\$15,000 was donated to charities from the event. In all 14 years, \$209,000 in proceeds has been donated.

Chesley said during summer months there's usually two to three car shows nearby every weekend, "but it's gotten so good that nobody else has another car show on that day," he said.

The Chili Challenge will be held across from Trummer's on Main Restaurant in the town park near the red barn. It features eight local firefighters battling it out for the best chili recipes. Music will be provided from 11 a.m. to 6 p.m., featuring Lost Highway Band, with Mike Malchoine, The Gypsy Sons, Wes Thacker's Blue Grass Band, Damn Skippy and Jammboxx. Chili judging will start at 1:15 p.m. at the barn. Winners will receive a trophy and \$1,000 for his/her station for MDA.

More than 20 trophies will be awarded in the car show for "Best of Show," "Ladies Choice," "Lions Pick," "Best Foreign Car," "Best Motorcycle," and "Best Back Seat," as well as the "Timmy Hall Annual Bike Trophy."

At 7 a.m., cars will be able to claim the best spots along Main Street on a first-come, first-served basis. Car owners will represent the Northern Virginia Mustang Club, the Northern Virginia Corvette Club and the Northern Virginia Cobra Club – from as far away as Virginia, Pennsylvania, Maryland, West Virginia, D.C., New Jersey and North Carolina.

At the car show, a deejay will play '50s and '60s music, and the Clifton Lion's Club will provide hot dogs, hamburgers and BBQ. The Clifton Presbyterian Church is selling meatball subs. And of course, Peterson's Ice Cream Depot will be open for business. Streets will be blocked from 7 a.m. to 4 p.m.

To register a vehicle, go to www.customcruisersnova.com, click on "events" and download an entry form. Participants may also register at the show. Send donations to the Clifton Lions Club, Attn: Jim Chesley, P.O. Box 225, Clifton, VA 20124-0225. Call Chesley at 703-830-2129 or email JCChesley@aol.com. For more information on the charities, see www.lifewithcancer.org and www.NVTRP.org.



Attendees peruse the vehicles parked along Clifton's Main Street during last year's show.



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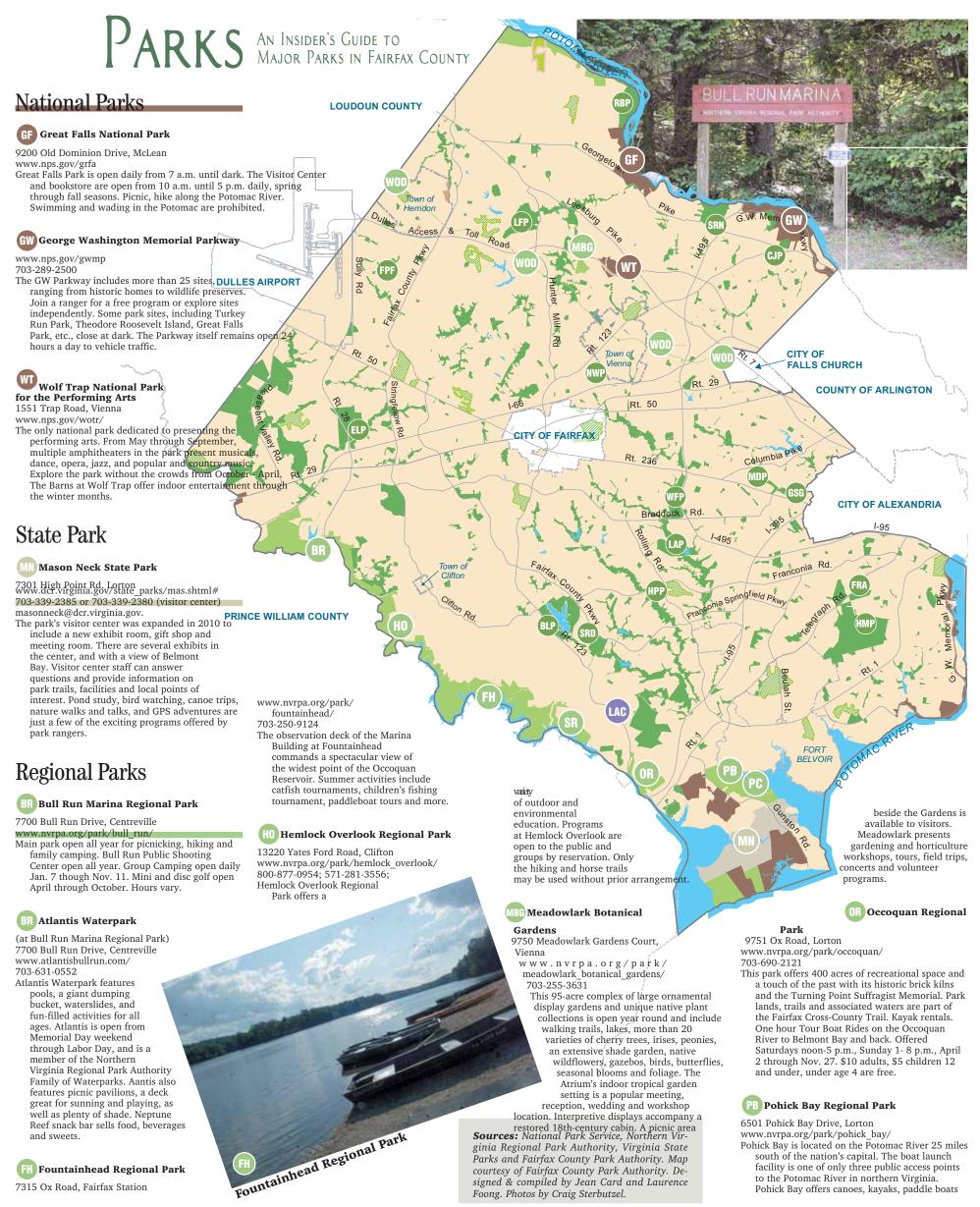
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and jon boats for rent on the weekends, as well as family and group camping, hiking, picnic areas and a large play area for children. For those interested in swimming, the park offers one of the largest, outdoor freeform pools on the east coast. Pohick Bay Regional Park, located on Mason Neck Pennisula is an ecologically fragile land that shelters an abundance of wildlife, including the bald eagle. Nature lovers can expect to see blue birds, osprey, heron, deer, beavers and rare sightings of river otters.

#### PB Pirates Cove Waterpark

(at Pohick Bay Regional Park) 6501 Pohick Bay Drive, Lorton www.piratescovepohick.com 703-339-6102

Pirates Cove Waterpark is located at Pohick Bay Regional Park. Visitors can cool off under the 300-gallon dumping bucket, fire the water cannons and splash down the waterslide or search for buried treasure at Buccaneer Beach sand play area. Pirates Cove also features picnic pavilions, a deck for sunning and playing, as well as plenty of shade. Captain's Galley snack bar features food, beverages and sweets. Pirates Cove is open from Memorial Day weekend through Labor Day.

#### PB Pohick Bay Golf Course

10301 Gunston Road, Lorton www.nvrpa.org/park/pohick\_bay\_golf\_course 703-339-8585

This scenic golf course is located on the Mason Neck Peninsula in Lorton. Pohick Bay's practice facility features a driving range with practice putting and chipping greens, and lessons from PGA pros. A full-service pro shop features an array of name-brand golf clubs, equipment and apparel. Other services include club making, custom club fitting, regripping, reshafting and tournament coordinating.

#### SR Sandy Run Regional Park

10450 Van Thompson Road, Fairfax Station www.nvrpa.org/park/sandy\_run/ 703-690-4392

The park is open to the public for the purpose of education, training, practice, and racing for competitive and recreational sculling and rowing. Only shells and other boats authorized by the Northern Virginia Regional Park Authority may be launched from the docks or shoreline of Sandy Run. Sandy Run offers a

facility for team training and competition fo Olympic, college, high school and club canoe, kayak and crew athletes.

### Arts Center

LAC Workhouse Arts Center

9601 Ox Road, Lorton www.lortonarts.org 703-584-2900

The Workhouse Arts Center consists of seven studio buildings, the main galleries and the recently opened Youth Arts Center. Visitors are encouraged to interact with artists. In addition to visual arts, the Workhouse Arts Center is home to performing arts, including theater, film institute, musical and dance performances. The education department supports both the visual and performing arts, offering classes and workshops in a variety of disciplines. Future





The Claude Moore Colonial Farm at Turkey Run, McLean

center, amphitheater, Workhouse Theatre, restaurants, apartments, music barn and garden/horticultural area. Other buildings on site, yet to be renovated, may provide for other activities such as a visitors center, a blacksmith shop, theatre scene shops and rehearsal space.

## **Major Fairfax County Parks**

#### **BLP** Burke Lake Park & Golf Course

7315 Ox Road, Fairfax Station volleyball, driving range, 18 hole, par 3, minigolf, trails, playground, campgrounds, fishing 883.4 acres, multiple resource park

#### CJP Clemyjontri Park

6317 Georgetown Pike, McLean fitness, picnic areas and playgrounds 18.6 acres, special purpose park

#### **EIP** Ellanor C. Lawrence Park

5040 Walney Road, Chantilly baseballl, soccer/football (unlit), basketball (unlit), community center, nature center, amphitheater,

650 acres, multiple resource park

#### **FPF** Frying Pan Farm Park

2717 West Ox Road, Herndon historic structure, biking/equestrian/hiking trails, open areas, playground 135.3 acres, multiple resource park

4603 Green Spring Road, Alexandria Community Center, historic structure, biking/hiking trails, open areas, gardens

30.9 acres, special purpose park

#### HPP Hidden Pond Park

8511 Greeley Boulevard, Springfield tennis (lit), nature center, amphitheater, hiking/nature s, playground, fishing 25.6 acres, community park

HMP Huntley Meadows Park

3701 Lockheed Boulevard,



#### **W&OD Trail, Herndon**

nature center, historic structure, biking/hiking/ nature trails, observation tower, boardwalk 1444.8 acres, natural resource park

#### LAP Lake Accotink Park

7500 Accotink Park Road, Springfield basketball, volleyball, minigolf, trails, picnic 448.1 acres, multiple resource park

#### Lake Fairfax Park

1400 Lake Fairfax Drive, Reston softball (lit), soccer/football (unlit), amphitheater, carousel, campground, tour boat, picnic shelters 479 acres, multiple resource park

#### FRA Lee District Park

6601 Telegraph Road, Franconia softball, soccer/football, tennis, basketball, volleyball, trails, treehouse, sprayground, accessible playground 138 acres, district park

#### Mason District Park

6621 Columbia Pike, Annandale softball (lit), soccer/football (unlit/lit), basketball (lit), tennis (lit), shuffleboard, dog park, amphitheater, biking/hiking/fitness 121.2 acres, district park

NWP Nottoway Park

9537 Courthouse Road, Vienna baseball (lit), soccer/football (lit), basketball (lit), tennis (lit), trails, picnic 90.9 acres, district park

#### **RBP** Riverbend Park

8700 Potomac Hill Street, Great Falls nature center, historic structure, biking/equestrian/ hiking trails, picnic areas, craftroom 411.2 acres, multiple resource park

#### **SRN** Scotts Run Nature Preserve

7400 Georgetown Pike, McLean historic structure, historic/hiking/nature trails, fishing 384.3 acres, natural resource park

#### SRD South Run District

7550 Reservation Drive, Springfield baseball, soccer/football, basketball, tennis, recenter, equestrian, playground, swimming 196 acres, district park

#### WFP Wakefield Park & RECenter

8100 Braddock Road, Annandale softball, soccer/football, basketball, tennis, recenter, biking, fitness trail, skate park 292.6 acres, multiple resource park

# PARKS A Guide to Fairfax County Parks in the Centreville, Chantilly & Clifton areas

#### **Map Number Park Name**

Address, City Property Class

#### **Historic Centreville**

5714 Mt Gilead Rd, Centreville Cultural Resource Park

#### 3 Elklick Preserve

Centreville

Multiple Resource Park

14400 Old Mill Road, Centreville

#### **Richard W Jones**

Pleasant Valley Road, Chantilly

**6 Cub Run RECenter** 4630 Stonecroft Blvd, Chantilly Special Purpose Park

#### **Coppermine Crossing SS**

2744 Cooper Creek Road, Herndon

#### **Lincoln Lewis Vannoy**

Braddock & Willow Springs School Road, Centreville

2351 Field Point Road, Herndon Community Park

#### **11** Dulles Corner

2446 Dulles View Drive, Herndon

Community Park

#### 13 Fair Woods

Neighborhood Park

#### 14 Flatlick

4501 Brookfield Corp Dr, Centreville Multi-Use

#### **15** Pleasant Hill

#### **16** Chalet Woods

14912 Cranoke Street, Centreville Community Park

#### 17 Arrowhead

5200 Arrowhead Park Drive, Centreville

#### 18 Lane's Mill

14901 Lee Highway, Centreville Cultural Resource Park

5885 Old Entreville Road, Centreville Neighborhood Park

#### 20 Centre Ridge North

Germain Drive, Centreville Community Park

#### 21 Braddock

13451 Braddock Road, Clifton Special Purpose Park

6100 Clifton Rd, Clifton Special Purpose Park

12300 Chapel Road, Clifton Community Park

## 1 Stone Crossing Sully Lake Drive, Centreville Neighborhood Park

Access From Pleasant Valley Road,

#### **Centre Ridge**

Multiple Resource Park

**Westfield SS** 4700 Stonecroft Blvd, Chantilly

School Site

10 Arrowbrooke

Community Park

#### 12 Franklin Farm

13590 Franklin Farm Road, Herndon

12601 Alder Woods Drive, Fairfax

6305 Hidden Canyon Road, Centreville Community Park

Neighborhood Park

19 Old Centreville Road

Field Encampment Road And St.

#### **22** Twin Lakes Golf Course

23 Chapel Road

14 CENTRE VIEW SOUTH AUGUST 29 - SEPTEMBER 4, 2013

13420 Hollinger Avenue,

12300 Meadow Field Dri Neighborhood Park

**37** Greenbriar Commons

4300 Middle Ridge Dr, Fairfax

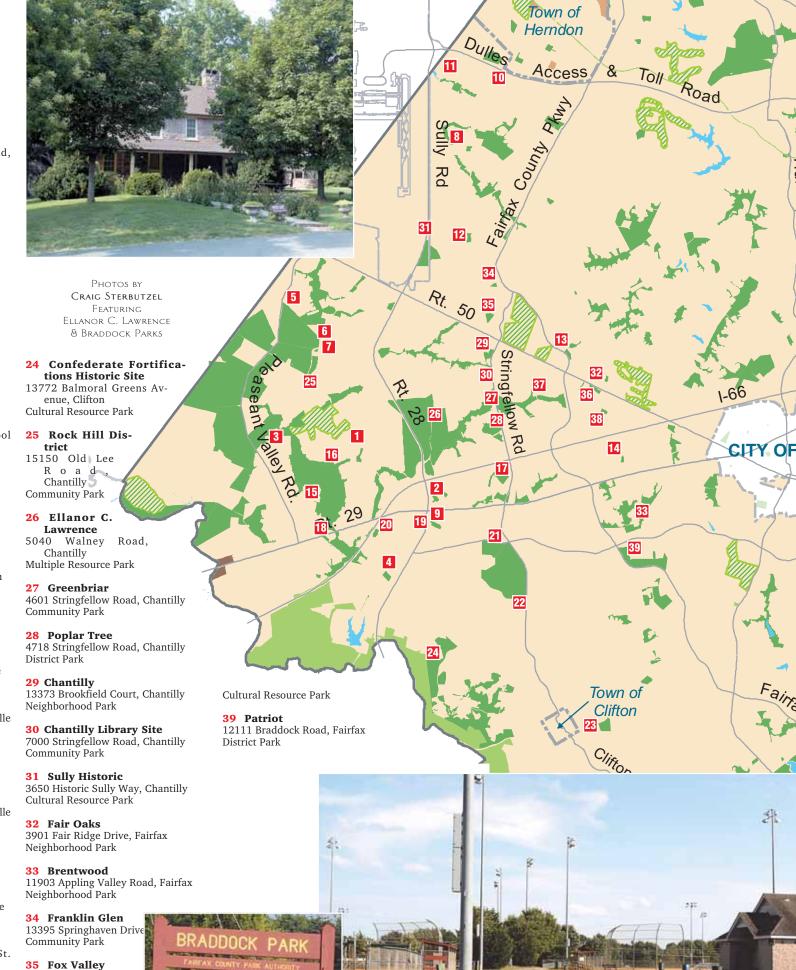
**38** Ox Hill Battlefield

4134 West Ox Road, Fairfax

Community Park

36 Fair Ridge

Neighborhood Park



www.ConnectionNewspapers.com

## ENTERTAINMENT

Email announcements to centreview@ connectionnewspapers.com.

#### **ONGOING**

Super Science Saturdays. 10 a.m.-3 p.m. the second Saturday of each month at the Steven F. Udvar-Hazv Center, 14390 Air & Space Museum Parkway. Visit http:// airandspace.si.edu/udvarhazy.

Paisano's Pizza is going to "Share the Pie" with the Boys and Girls Clubs of greater Washington. For all customers who mention "BGC" when placing an order, Paisano's will donate 10 percent of their purchase price to help support that organization. The fundraiser goes until Sept. 15. Locally, Paisano's has locations at 12715 Shoppes Lane in Fair Lakes and 10330 Main St. in Fairfax. www.pizzapaisanos.com.

#### FRIDAY/AUG. 30

Rose Parade Preview, 7:30 p.m. at Westfield High School. Spectators will get the first official glimpse of the Marching Bulldogs' "Exotic Impressions" — which the band will take on the road when it heads to Pasadena, Calif., for the 2014 Rose Parade. For more on the Rose Parade, the Marching Bulldogs' upcoming performances, and ways to support the band's fundraising campaign, visit WestfieldBand.org

#### FRIDAY/AUG. 30-MONDAY/SEPT. 2

Circus. Cole Brothers' "Circus of the Stars" will make its only appearance in the area. Call 386-736-0071 or visit gotothecircus.com

#### SATURDAY/AUG. 31

Underwater Exploration. 10 a.m. at Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. Families can search the water's edge for tadpoles, dragonfly nymphs, water scorpions and more at Walney Pond. \$5/FC resident; \$7/out-of-county residents. Register at www.fairfaxcounty.gov/ parks/ecl/calendar.htm or 703-631-

**Master Gardeners.** 10:30 a.m. at Chantilly Library, 4000 Stringfellow Road. Adults can get tips, information and advice on their  $home\ gardens.\ Free.\ 703\text{-}502\text{-}3883.$ 

Bouncin' Babies. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

Small Wonders. 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

#### TUESDAY/SEPT. 3

Small Wonders. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

Time for Tots. 11 a.m. at Centreville Library, 14200 St. Germain Drive. Children ages 2-3 can enjoy stories and activities. Free. 703-830-2223.

Bouncin' Babies. 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

Storytime. 1:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 3-5 can enjoy stories and more. Free. Registration required. 703-502-3883.

#### WEDNESDAY/SEPT. 4

Toddlin' Twos. 10:30 a.m. and 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 2 can enjoy stories and activities Free. Registration required. 703-502-

Bouncin' Babies. 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

**Small Wonders.** 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

**Mystery Book Group.** 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults call for title. Free. Registration required. 703-502-3883

#### THURSDAY/SEPT. 5

Small Wonders. 11 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-830Teen Book Club. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. For teens in grades 7-9. Call for title. Free. 703-502-3883.

#### FRIDAY/SEPT. 6

Yoga Storytime. 4 p.m. at Chantilly Library, 4000 Stringfellow Road. Ages 6-9 can enjoy story time that incorporates basic voga moves. Free. Registration required, 703-502-3883.

#### SATURDAY/SEPT. 7

Free Yoga with Melissa Baker. 8:30 a.m. at Chantilly Library, 4000 Stringfellow Road. For teens (age 16 and older) and adults, bring a yoga mat. Designed for beginners to experienced yoga students. Free. 703-502-3883.

Master Gardeners. 10:30 a.m. at Chantilly Library, 4000 Stringfellow Road. Adults can get tips, information and advice on their home gardens. Free. 703-502-3883.

CHS One Book Group Discussion. 10:30 a.m. at Chantilly Library, 4000 Stringfellow Road. Call for title. Free. 703-502-3883.

Paws for Reading. 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 5-12 can meet and read to a trained therapy dog. They can read from a library book or already owned one. Free. Registration required, 703-502-3883.

#### SUNDAY/SEPT. 8

Author Reading and Outreach. 2-

4:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Members of the Writers of Chantilly will read selections from their most recent book. Students who took place in a writing contest will also be recognized. Light refreshments served, all welcome. Visit www.writersofchantilly.blogspot.com

#### MONDAY/SEPT. 9

Bouncin' Babies. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

Small Wonders. 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road, Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

#### ARTS

A selection of arts organization and venues in Centreville, Clifton, Chantilly and Oak Hill. If you know of something missing, email cbryan@connectionnewspapers.com.

#### The Alliance Theatre

Chantilly High School, 4201 Stringfellow Road, Chantilly. The Alliance Theatre is passionate about producing excellent family based community theatre. Call 703-220-8101, email us@thealliancetheatre.org or visit http:// www.thealliancetheatre.org.

#### **Art Guild of Clifton**

The Art Guild of Clifton promotes and exhibits local artists in and around the Clifton area. Call 703-830-1480 or visit www.artguildofclifton.org/.

#### The Ballroom Studio

Ballroom, 14245-G Centreville Square, Centreville. Michele Kearney founded the dance studio to provide a friendly, relaxed atmosphere where singles and couples can learn social dancing and improve existing skills, 703-266-8040. hotballroom@gmail.com or dance@theballroomstudio.com.

#### Centreville Dance Academy

14215-J Centreville Square, Centreville. An open-minded dance school for youth and adults with high quality dance and fitness classes open to the community. 703-815-3125 or http:/ /www.centrevilledancetheatre.com/.

#### Fairfax Symphony Orchestra

Fairfax Symphony Orchestra, 3905 Railroad Ave., Fairfax. The Fairfax Symphony Orchestra aims to present orchestral music to the audiences of Northern Virginia. 703-563-1990 or www.fairfaxsymphony.org/

#### Harmony Road Music & Art

Centreville School Location, 6101 Redwood Square Centre #119, Centreville. Offers private, group and college prep music lessons in addition to an art/book club and participation in service group Magic Hand Orchestra. http:// www.harmonyroadva.com/index.html

#### **Institute of Performing Arts for Youth and Creative Dance Center**

IPAY of Chantilly, C/O Creative Dance Center, 14155 East Sullyfield Circle, Chantilly. A dance school and community performance group that seeks to provide family-oriented fun and entertainment for the community. 703-378-1800 or http:/ /www.ipayouth.org/nutcracker.html.

#### J Art Studio

J Art Studio, 14641 Lee Highway, Suite 1, Centreville. Provides art instruction to students of all ages and specializes in portfolio preparation for high school juniors and seniors. Students can engage in painting, drawing, illustration, crafts, graphic design, industrial design and fashion design. Visit www.jartstudio.com.

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## The Center for Ballet Arts, Inc.



Announces

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## The Church of the Ascension

13941 Braddock Road, Centreville, VA 20120 Father Michael Weaver, Rector (703) 830-3176

Holy Communion - Sunday 10:00 am http://www.ascension-acc.org

The Church of the Ascension is a parish of the Diocese of the Mid-Atlantic States of the Anglican Catholic Church. Our mission is to bring the Word of God and the seven sacraments: Baptism, Holy Communion, Confirmation, Penance, Unction, Marriage and Holy Orders to our neigh-

borhood and to offer the Gospel of the forgiveness of sins through Jesus Christ. We are a Bible-believing local church that worships the

Lord in the beauty of holiness using the King James (Authorized) Version of the Bible (with Apocrypha), the 1928 Book of Common Prayer, and the 1940 Hymnal. Our building, built in 1854, is also known as the Old Stone Church. It is a beautiful and historic place of worship that has served many throughout its eventful existence. If you would like more information, please visit http://www.ascension-acc.org



# AVETHED

Fairfax Chamber, Connection Newspapers, Apple Federal Credit Union & Fairfax-Falls Church Community Partnership to End Homelessness Partner to Present The 3rd Annual "Jeans Day" October 18, 2013









nodations, call 703-324-9492, TTY711. A Fairfax County, VA Publication For more information contact glynda hall@fairfaxcounty.gov or check our website at www.fairfaxcounty.gov/homeless

## Roundups

customers who mention "BGC" when placing an order, Paisano's will donate 10 percent of their purchase price to help support that organization. The fundraiser goes until Sept. 15.

Locally, Paisano's has locations at 4078 Airline Parkway in Chantilly and 12715 Shoppes Lane in Fair Lakes. Also participating is Paisano's Bella Pizza at 5740 Pickwick Road in Centreville. For phone numbers, go to www.pizzapaisanos.com.

### Food Donations for WFCM

Western Fairfax Christian Ministries' food pantry urgently needs donations of oil, canned fruit, rice (2-lb. bags), canned meat, canned white beans (garbanzo, northern, cannellini, navy), fruit juice, Hamburger Helper, dry pasta, sugar, dry beans, and canned vegetables. (Also needed are shampoo, feminine napkins and dish soap.

Bring all items to WFCM'S new food-pantry location, weekdays, 9 a.m.-1:30 p.m., at 13888 Metrotech Drive, near Papa John's Pizza and Kumon Learning Center, in Chantilly's Sully Place Shopping Center.

Thrift-store needs include bathing suits and shorts for all ages, Bibles in English and Spanish, plus large black yard bags. The store is at 13939 Metrotech Drive. In addition, Thrift Store volunteers are needed for two- to four-hour shifts Fridays, between 9 a.m. and 6 p.m., and Saturdays, between 9 a.m. and 5 p.m.

### How to Hire CLRC Workers

The Centreville Labor Resource Center (CLRC) serves businesses and homeowners needing help with just about any home remodeling or maintenance project. And local residents who'd like to hire a worker from the CLRC may do so easily. Either call 703-543-6272 or go to www.centrevilleLRC.org and click on the "How to Hire" link. Tell what kind of work is required, how many workers are needed and when.

The CLRC will match the needs to its registered workers' skills and set up the job. The price for work will be negotiated. After the job is completed, employers are encouraged to provide the CLRC with feedback to ensure that the work was done well and to their satisfaction and to make sure the workers are fairly paid.

### Meals on Wheels Volunteers

Fairfax County needs Meals on Wheels drivers in Chantilly and group Meals on Wheels coordinators in both Chantilly and Fairfax. Contact Volunteer Solutions at 703-324-5406, TTY VolunteerSolutions@fairfaxcounty.gov or visit www.fairfaxcounty.gov/ dfs/olderadultservices/volunteer-solutions.htm.

## Give Caregivers a Break

Fairfax County needs Respite Care volunteers throughout the county to give family caregivers of a frail older adult a well-deserved break. Volunteers visit and oversee the safety of the older adult for a few hours each month. Volunteers are matched with families in or near their own neighborhoods. Support and training is provided. Contact Kristin Martin at 703-324-7577, TTY 711, or Kristin.Martin@fairfaxcounty.gov.

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## Education and Transportation Changes Occurring

From Page 5

come principal of a middle school in Ashburn where he lives and which his son will attend. As of press time, neither position had been permanently filled.

#### **Save These Dates**

Area residents may attend a variety of upcoming, family-friendly events:

Monday, Sept. 2, Custom Cruisers of Northern Virginia 14th Annual Car Show, in the Town of Clifton. Event features classic, new and hot rod cars, motorcycles, food and music; proceeds go to charity.

Sunday, Sept. 15, Clifton KidFest, in the Town of Clifton. Children's games and vendors, plus food and fun.

Sunday, Oct. 13, Clifton Day, in the Town of Clifton. Crafts vendors, food, music and fun throughout the town.

Saturday, Oct. 19, Centreville Day, in the Centreville Historic District. Food, crafts, vendors, music.

#### **Transportation Projects**

\* Braddock/Pleasant Valley roads intersection: VDOT believes a round-about should be built at the intersection of Braddock and Pleasant Valley roads in Centreville. But many local residents are opposed to it. They say the steady stream of basically unimpeded Loudoun drivers



Artist's rendition of a widened, Walney Road Bridge, with inset photo of current bridge.

flooding Braddock and Pleasant Valley roads will prevent them from leaving their neighborhoods.

They're also worried about safety and the environment. Just east of Braddock Road is the notorious S-curve, so improving that intersection could cause dangerous backups there, instead. In addition, three land quadrants surrounding the intersection contain sensitive parkland. Current estimated project cost is \$4 million, with \$2.5 million

funded

❖ Stringfellow Road: The part of Stringfellow between Fair Lakes Boulevard and Route 29 was four-laned in the 1990s by Fairfax County's Department of Transportation. But the section from Fair Lakes Boulevard to Route 50 will also go from two to four lanes, providing a quicker, wider conduit between Route 50 in Chantilly and Route 29 in Clifton/Centreville.

Stringfellow Road currently carries some

23,000 vehicles a day, and that number's projected to increase to 33,000/day by 2034. So the goal is to reduce traffic congestion there, especially during evening and morning peaks.

Planned are four travel lanes — two, 12 feet wide, and two, 14 feet wide; a 10-foot multipurpose trail, a 6-foot sidewalk and a raised, 16-foot, grass median. And bicyclists will not only share the trail with pedestrians, but also pedal side-by-side with cars, trucks and buses on each outer, 14-foot lane.

Utility relocation has already been done; construction on this \$63 million project is currently underway. But motorists beware: There'll be work going on day and night, some lane closures and slow-moving traffic. VDOT expects "substantial completion" of the project by June 4, 2015, with the whole shebang expected to be finished by July 17, 2015.

\* Stringfellow Park-and-Ride: Fairfax County plans to expand the park-and-ride lot at Stringfellow Road and Fair Lakes Boulevard in Chantilly. The idea is to add more parking spaces, three new bus bays and a small, transit-center building.

Nearby residents say it'll make their Stringfellow Road traffic problems even worse and impact their ability to exit their neighborhoods. Worse yet, they say, it'll happen concurrently with the already-dis-

SEE CHANGES, PAGE 19





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## Newcomers & Community Guide

## **Contact Local Representatives**

Centre View covers both the Sully and Springfield districts of Fairfax County.

#### **COUNTY BOARD** OF SUPERVISORS:

(local government representatives) Supervisor Michael R. Frey (R-Sully), Sully@fairfaxcounty.gov.

Supervisor Pat Herrity (R-Springfield), Springfield@fairfaxcounty.gov.

**COUNTY PLANNING** COMMISSION REPRESENTATIVES:

John Litzenberger, Sully District,

john.litzenberger@fairfaxcounty.gov. Pete Murphy, Springfield District, is

at peter.murphy@fairfaxcounty.gov. Jim Hart, at large, james.hart@ fairfaxcounty.gov.

#### LOCAL SCHOOL BOARD **REPRESENTATIVES:**

**Kathy Smith**, Sully District, Kathy.smith@fcps.edu.

Elizabeth Schultz, Springfield District, Elizabeth.schultz@fcps.edu.

Ted Velkoff, at large, ted.velkoff@

## **Key Organizations**

#### **Sully District CAC**

The Citizens Advisory Committee of the Sully District Police Station meets the second Wednesday of the month, at 7:30 p.m., in the Sully District Governmental Center, 4900 Stonecroft Blvd., in Chantilly. Contact Leslie Jenuleson at dljenuleson@verizon.net.

#### Fair Oaks CAC

The Citizens Advisory Council of zens Association (WFCCA) Land-

CENTREVILLE

the Fair Oaks District Police Station meets the last Tuesday of each month, at 7 p.m., in the roll-call room of the police station. It's at 12300 Lee Jackson Memorial Highway in Chantilly. Contact PFC Richard Twombly at Richard. Twombly@fairfaxcounty.gov.

#### **WFCCA Meetings**

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703-830-3333 www.cbcva.org

The West Fairfax County Citi-

Use Committee meets the third Tuesday of the month, at 7 p.m., in the Sully District Governmental Center, 4900 Stonecroft Blvd., in Chantilly. Contact Jim Katcham at jimkcv@gmail.com.

#### **Sully District Council**

The Sully District Council of Citizens Associations and its Land-Use Committee meet the fourth Wednesday of the month, at 7 p.m., in the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly. Call Jeff Parnes, evenings, at 703-904-0131.

### Clifton Town Council Information

The Clifton Town Council meets the first Tuesday of each month at 7:30 p.m. in the Clifton Town Meeting Hall, 12641 Chapel Road in Clifton.

#### MAYOR

William R Hollaway

whollaway@gibsondunn.com Town Council Members:

#### VICE-MAYOR

Dwayne Nitz,

dwaynenitz@gmail.com Deborah Dillard,

cliftontownhall@gmail.com

John Powell, jjp463@gmail.com Chuck Rusnak

chuckles3293@hotmail.com

Wayne Nickum,

clifnick@yahoo.com

#### TOWN TREASURER **Marilyn Barton**

(P.O. Box 309, Clifton, VA 20124)

pawsnfins@cox.net

Town Clerk - **Kathleen Barton** (P.O. Box 309, Clifton, VA) klb22216@hotmail.com

PLANNING COMMISSION

#### Kathy Kalinowski

khk@baberkal.com

Royce Jarrendt lexllc6@aol.com TOWN COMMUNITY HALL

MANAGER

**Deborah Dillard** cliftonrsvp@vacoxmail.com

TOWN PARK RESERVATIONIST **Donna Netschert** 703-830-2727

villagetimesaver@aol.com

## Democratic Women Of Clifton Change Names

The Democratic Women of Clifton is now called the Democratic Women of Clifton and Northern Virginia (DWCNV). It'll hold its next meeting Sunday, Sept. 15, from 3-5 p.m. Guest speaker is Eleanor Clift, a contributor to Newsweek and The Daily Beast, an author and a member of "The McLaughlin Group," a weekly public-affairs pro-

The group's October meeting will fous on the statewide election in November. All Democratic women in Northern Virginia are invited to become

Meetings are held Sundays, from 3-5 p.m., in the Clifton Town Meeting Hall, 12641 Chapel Road in Clifton. Email cliftonwomendems@aol.com or visit www.democraticwomenofclifton.org.

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St. Andrew The Apostle Catholic Church...

St. Clare of Assisi Catholic Church... 703-266-1310

703-968-3010

St. Veronica Catholic Church...703-773-2000

St. John's Episcopal Church...703-803-7500 Covenant Christian Center...703-631-5340

St. Paul Chung Catholic Church...

Church of the Epiphany...703-715-6070

Congregation Yad Shalom...703-802-8901 Temple Beth Torah...703-263-2252 **LUTHERAN** 

**JEWISH** 

King of Kings Lutheran Church... 703-378-7272 Lord of Life Lutheran Church...

703-323-9500 St. Andrew Lutheran Church... 703-830-2768

#### METHODIST

Centreville United Methodist... 703-830-2684

Pender United Methodist Church... 703-278-8023

Pleasant Valley United Methodist... 703-327-4461

### NON-DENOMINATIONAL

Centreville Community Church... 703-580-5226

Clear River Community Church... 703-881-7443

Christian Life Center...703-754-9600



Fair Oaks Church...703-631-1112 New Life...703-222-8836 Tree of Life Bible Church...703-830-4563

#### **PENTECOSTAL**

Capital Worship Center...703-530-8100 Church of the Blessed Trinity... 703-803-3007

#### **ORTHODOX**

Holy Trinity Orthodox Church... 703-818-8372 The Greek Orthodox Parish of Loudoun County...703-421-7515 St. Raphael Orthodox Church... 703-303-3047

#### **PRESBYTERIAN**

Centreville Presbyterian Church... 703-830-0098 Chantilly Presbyterian Church... 703-449-1354

Clifton Presbyterian Church...703-830-3175 Young Saeng Korean Presbyterian Church... 703-818-9200

#### UNITED CHURCH OF CHRIST

Wellspring United Church of Christ. 703-257-4111

#### **ANGLICAN**

Church of the Epiphany...703-481-8601

## Centreville Assembly of God...703-830-1841

Mount Olive Baptist Church...703-830-8769

#### **BIBLE**

Chantilly Bible Church...703-263-1188 Community Bible Church...703-222-7737

703-817-1770

St. Timothy Catholic Church...703-378-7461 **EPISCOPAL** 

## Changes on the Horizon

From Page 17

ruptive Stringfellow Road widening project Adjacent to I-66, the existing lot has 378 parking spaces. But a 2007 bond referendum funded an additional 300 spaces, plus a bus-transfer facility with a climate-controlled waiting room, benches, restrooms, drinking fountain and bike racks. The \$4 million approved for the parking expansion and \$1.5 million for the bus-transfer building have new been combined into one project.

\* Route 50 Widening West of Chantilly: Route 50 is being widened from four to six lanes between Poland Road in Loudoun County and Route 28 in Chantilly. The 3.7-mile project costs \$100 million.

Increased development and congestion in Loudoun County creates backups during much of the day on the existing four-lane segment, especially during morning and evening rush hours.

When completed next year, this section of Route 50 will have three lanes in each direction, improved turn lanes and traffic signals, curb and gutter on the outside lanes, crosswalks and pedestrian signals, widened and upgraded bridges, and pathways on both sides of the road. The road will also be more level and provide wider buffers between travel lanes and roadside hazards.

❖ VDOT will soon lengthen the dual left-

turn lanes going from Route 28 south to eastbound I-66. This project is anticipated to be finished by the end of this year or the beginning of 2014. Estimated cost is \$2 million.

- ❖ The existing Route 29 bridge over Little Rocky Run needs to be replaced, so a new bridge with a six-lane capacity will be built. Some design work is needed and right-ofway has to be acquired. Work is hoped to be underway by the end of the year or February or March. It'll take 15 months to build and should be done by summer 2015.
- ♦ The box culvert on Lee Road will be extended, and Lee Road will be widened from two lanes to four over Schneider Branch. Construction should begin in March 2014 and end a year later. Estimated cost is \$4.2 million.
- ❖ The existing Walney Road Bridge over Flatlick Branch will be replaced with a new, four-lane bridge with bike lanes. Cost estimate is \$7 million.
- ❖ In addition, Walney Road will be widened from two to four lanes from 250 feet south of Mariah Court to Willard Road. Cost estimate is \$8.5 million.

There's federal funding for the bridge replacement, but Walney Road is a separate project with separate funding. And by the end of 2015, local residents should have a new bridge and a four-lane Walney from Route 50 to Route 28.

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## Sports

## Getting To Know Westfield Sports

## Football team finished region runner-up.

**School**: Westfield High School. **Mascot**: Bulldogs. **School Colors**: Black, gold and white.

**Athletic Director**: Terri Towle, 703-488-6400. **Football Coach**: Kyle Simmons (third year). For the second straight season, the Bulldogs won their first 12 games, only to lose in the region final to a district opponent it had beaten during the regular season. In 2011, it was Centreville that knocked off Westfield. Last year, it was Oakton.

Field Hockey Coach: Starr Karl.
Volleyball Coach: Jim Bour.
Boys' Basketball Coach: Doug Ewell.
Girls' Basketball Coach: Maggie Endler.
Wrestling Coach: Chuck Hoskins.
Baseball Coach: Chuck Welch.
Rival Schools: Centreville, Chantilly.

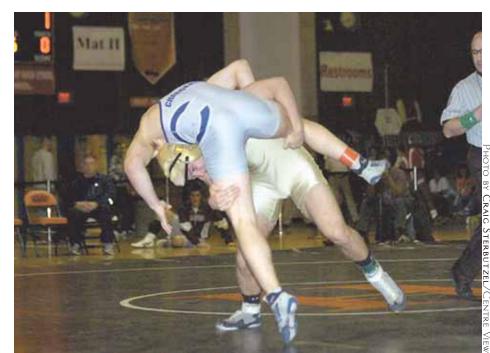
What Happened Last Year: The field hockey team won district and region championships, and finished with a 20-3 record. The wrestling team finished state runner-up. Wrestler Beau Donahue surpassed 200 career victories and won his third state championship. The girls' lacrosse team won a district title, reached the region semifinals and posted a 17-2 record. The girls' soccer team fin-

ished district runner-up, reached the region quarterfinals and finished with a 14-2-1 record.

**Famous Graduates**: Eddie Royal (2004 graduate) is a receiver for the San Diego Chargers. He played collegiately at Virginia Tech and was a second-round choice of the Denver Broncos in the 2008 NFL Draft. Sean Glennon (2004) played quarterback for Virginia Tech.

Brent Bowden (2005) was a first-team all-ACC punter for Virginia Tech. Brandon Snyder (2005) was selected with the 13th pick in the first round of the 2005 MLB Draft by the Baltimore Orioles and reached the Major Leagues in 2010. He is now with the Boston Red Sox. Evan Royster (2006) is a running back for the Washington Redskins. He played collegiately at Penn State and was selected by the Redskins in the sixth round of the 2011 NFL Draft. Mike Glennon (2008) is a quarterback for the Tampa Bay Buccaneers. He was selected in the third round of the 2013 NFL Draft. He played collegiately at North Carolina State.

**Quotable**: "I never thought 200 would be somewhere I'd be looking at until the beginning of this season. That was my goal coming into this season was get 200 wins, as well as follow up with another state title and that's what I plan to do." — Former Westfield wrestler Beau Donahue after winning the 2013 region title. He surpassed 200 career victories and won his third state title as a senior.



Beau Donahue, a 2013 Westfield graduate, surpassed 200 career wrestling victories and won three state championships with the Bulldogs.



Javin Re, right, and the Chantilly boys' lacrosse team beat Robinson to  $\begin{tabular}{l} \end{tabular}$  win the 2013 Concorde District championship.

## Getting To Know Chantilly Sports

## Boys' cross country and lacrosse won state championships.

**School**: Chantilly High School. **Mascot**: Chargers.

**School Colors**: Purple and white. **Athletic Director**: Corey Bowerman, 703-222-8160

**Football Coach**: Michael Lalli (ninth year). The Chargers finished 8-4 and reached the region semifinals. Chantilly lost twice to Westfield, including a season-ending playoff defeat, by a combined 10 points.

Cross Country Coach: Matt Gilchrist.
Volleyball Coach: Charles Ezigbo.
Boys' Basketball Coach: Jim Smith.
Girls' Basketball Coach: Kurt Sporkmann.
Baseball Coach: Kevin Ford.
Boys' Lacrosse Coach: Kevin Broderick.
Girls' Soccer Coach: Melissa Bibbee.
Rival School: Centreville.

**What Happened Last Year**: The boys' cross country team won district, region and state cham-

pionships. Sean McGorty won individual district, region and state titles and set the course record at the state meet. The boys' basketball team started 12-1 but finished with an 18-8 record, ending its season in the region quarterfinals. The girls' soccer team won district and region titles, finishing with a 14-3-3 record. The baseball team finished district runner-up. The softball team finished district runner-up.

**Famous Graduates**: Scott Secules (1984 graduate) played quarterback at the University of Virginia and was a sixth-round pick of the Dallas Cowboys in the 1988 NFL Draft. Mike Kohn (1990) won a bronze medal in the bobsled at the 2002 Winter Olympics. Bhawoh Jue (1997) played defensive back for Penn State University and was selected in the third round of the 2001 NFL Draft by the Green Bay Packers. Joe Koshansky (2000) was a sixth-round selection of the Colorado Rockies in the 2004 MLB Draft

**Quotable**: "I knew the course record was 15:02, so coming into it that was the goal. To break it by that much, it's amazing..... Having records [to chase] is just like having someone running right next to you." — Former Chantilly harrier Sean McGorty, whose first-place time of 14:47 at the state meet broke the course record by 15 seconds.

## Getting To Know Centreville Sports

## Girls' basketball team won first district title since 1993.

**School**: Centreville High School.

Mascot: Wildcats.
School Colors: Columbia blue, black and sil-

Athletic Director: Jim Sanabria, 703-761-

Football Coach: Chris Haddock (fourth year).
The Wildcats finished with an 8-4 record. After beating West Potomac in the regional quarterfinals,

Centreville suffered a season-ending 14-13 loss to

Oakton in the semifinals.

Field Hockey Coach: Demby Banbury.

Boys' Basketball Coach: Drew Murphy.

Girls' Basketball Coach: Thomas Watson.

Baseball Coach: Morgan Spencer.

Girls' Lacrosse Coach: Brian Newell.

What Happened Last Year: The girls' basketball team won its first district title since 1993, reached the region semifinals and finished with a 24-3 record. The baseball team finished atop the district standings in the regular season, but lost in the district tournament semifinals and the region quarterfinals. The girls' lacrosse team posted an 11-4 record, reaching the district semifinals and the region quarterfinals. The girls' soccer team started 6-0 but finished 8-3-3, including a season-ending loss in the district quarterfinals.

Rival Schools: Chantilly, Westfield.

Famous Graduates: Will Montgomery (2001 graduate) is the starting center for the Washington Redskins. He played collegiately at Virginia Tech and was a seventh-round selection of the Carolina Panthers in the 2006 NFL Draft. He also played for the New York Jets. Marcus Hamilton (2002) played three seasons in the NFL. The cornerback was a seventh-round choice of the Tampa Bay Buccaneers in the 2008 NFL Draft. He also played for the Chicago Bears. Hamilton played his college ball at the University of Virginia. Colin Miller (2006) is a center for the Oakland Raiders. He played collegiately at Central Michigan and was signed as an undrafted free agent by the Pittsburgh Steelers in 2011.



Jenna Green and the Centreville girls' basketball team won the 2013 Concorde District championship.

**Quotable:** "We equaled the best that Centreville's ever done. How can you be upset about that?" — Centreville girls' basketball coach Tom Watson after the Wildcats' season-ending loss to Edison in the region semifinals. Centreville finished 24-3 and won the district championship.

## LETTERS

## Help Raise Awareness for Childhood Cancer

To the Editor:

The following open letter is addressed to the com-

My name is Dustin Sanchez. I have coached with SYA for five years now and my son is a healthy 10 year old. Not everyone is as fortunate in this regard. I would like to bring something to the forefront that could potentially raise awareness for some of our children.

The reason for this letter is because I would like to propose a new tradition within SYA Football (to start with) which is similar to another tradition we already have in place and could directly impact our major focus, the kids.

I am sure that many of you are aware that October is Breast Cancer Awareness Month and that the color worn during that month to show your support is pink. This is a very noble cause and one which I support having had two family members diagnosed with breast cancer and having beat it. I am very happy to see our players, college athletes, and pro athletes show their support for this great cause by "Rocking the Pink."

That said how many of you know that September is Childhood Cancer Awareness Month and that the color designated to signify this is gold?

To be honest with you, I didn't know this either until five years ago when I moved here and started my new job. A co-worker of mine, Mickey Johnson, had a 5-year-old son, Cody, who had been battling neuroblastoma, a form of childhood cancer since the age of 2. Over time I developed a strong friendship with Mickey and was educated on the trials and tribulations that he and his family went through in their fight against "the beast" ravaging their son's body. Unfortunately, despite his amazing bravery and strength, on March 6, 2009 Cody lost his battle with "the beast."

Since that time Mickey and his wife Diane formed Cody's Crew (www.Codys-Crew.org),a grass roots 501 (c) 3 foundation in order to honor their son. The mission of Cody's Crew is to increase public awareness of childhood cancer and to raise funds to support the search for a cure for neuroblastoma and other forms of pediatric cancer. I jumped at the opportunity when Mickey asked if I would be interested in becoming a part of Cody's Crew. Too many families go through the same pain and suffering that the Johnsons endured and I would like to do my part, to bring childhood cancer to the forefront of research. We must find a cure to these diseases stealing away our children.

I have listed below some interesting and disturbing facts about pediatric cancer. Many of these facts are not known except in the small circles of families and friends dealing with children who have cancer. It is my hope that these facts reach you, that you internalize them, and that you take forth this information with you and help to educate others and make them aware that each day, dozens of children and their families will learn that they have started a lifelong fight against childhood cancer, a battle that sadly, many will lose.

- ❖ Each school day, 46 children are diagnosed with
- ❖ Most drugs for childhood cancer treatments are over 20 years old and has been FDA approved in the
- ❖ Each year, over 14,000 children are diagnosed with cancer in just the U.S.
- ❖ Approximately 1,400 children with cancer die each year. That's four children a day.... four a day!
  - ❖ Childhood cancer is the #1 killer of children by

disease, more than asthma, diabetes, cystic fibrosis, congenital anomalies, and pediatric AIDS combined.

- ❖ 80 percent of children have cancer that has spread to more than one location at the time of di-
- Only 3 percent of National Cancer Institute's \$4.8 billion cancer research budget went to cover all 12 types of childhood cancer.
- One out of every 330 children under the age of 20 will develop cancer.
- Over half of pediatric cancer families will file for personal bankruptcy because of the costs of fighting the diseases.
- ❖ As a result of their treatment, 15 percent of children with cancer are diagnosed with anxiety, 10 percent are diagnosed with depression, and 10-20 percent are diagnosed with Post Traumatic Stress Dis-
- Childhood cancers are more aggressive (they spread more quickly) and behave differently (biologically they are different) than cancers in adults
- \* Childhood cancer survival rates have not improved over the last two decades. In other words, we're not getting any better at saving children's lives.
- ❖ The funding for pediatric cancer clinical trials has gone down every year since 2003, and is currently \$26.4 million.
- ❖ Childhood cancer is not a single disease, but rather many different types that fall into 12 major categories: Leukemias (3), Brain/central nervous system (1), Lymphomas (2), Sarcomas (2), Liver Cancer (1), Kidney Cancer (1), Retinoblastoma and
- Childhood cancer occurs regularly, randomly and spares no ethnic group, socio-economic class, or geographic region.
- \* The cause of most childhood cancers are unknown and at present, cannot be prevented, whereas most adult cancers result from lifestyle factors such as smoking, diet, occupation, and other exposure to cancer-causing agents.
- ❖ In almost all cases, childhood cancers arise from non-inherited mutations (or changes) in the genes of growing cells. As these errors occur randomly and unpredictably, there is currently no effective way to predict or prevent them.
- The American Cancer Society's Annual Report shows \$1 billion in total public support and it's extramural/intramural funding in priority areas shows only \$4 million is directed to childhood cancers. Less than half a penny of each of these dollars is directed to the #1 killer of kids under the age of 20.

In an effort to shine the spotlight on childhood cancer I would like to propose that SYA Football "Rocks the Gold" this September. I would like to have our kids wear gold socks and/or shoe laces etc. As vouth football coaches we are all out there every night for the kids. Let's help promote childhood cancer awareness and fight "the beast" that is taking away our children.

I apologize for the lengthy letter but this is something close to my heart. Cody Johnson would be my son's age playing in the weight division I coach. Cody should be out at skills camp this week and prepping for practice next week but he doesn't have that opportunity. So many children are out there fighting for their lives ... let's get in their corner and have their backs and do what we can to find a cure.

Please let me know your interest in this program and I will get the wheels in motion as far as finding the socks etc.

**Dustin Sanchez** 

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## Election Guide

Board of Supervisors offices, the citizen information desk at the Fairfax County Government Center lobby or at the Judicial Center information desk.

❖To check if your registration is correct, go online at www.sbe.virginia.gov/register, or call the Office of Elections at 703-222-0776.

❖If you are not registered, or need to update your registration, complete a Virginia Voter Registration Application, which you can download at http://www.sbe.virginia.gov, or call 703-222-

### Absentee Voting

Virginia does not have "no excuse" absentee voting. If you want to complete a Virginia Absentee Ballot Application, download from www.SBE.Virginia.gov, or call 703-222-0776. The application must be mailed or faxed to the Fairfax County General Registrar's Office. The office is located at 12000 Government Center Parkway, Suite 323, Fairfax. The registrar's fax number is 703-324-

Virginia does offer in-person absentee voting. See www.fairfaxcounty.gov/eb for details.

## Election Day, Tuesday, Nov. 5.

♦Polls will be open from 6 a.m. to 7 p.m.

♦Voter Identification: When you arrive at your polling place, a voting official will verify that your name is on the registration list. Voters will be asked to present one valid form of identification. It can be any of the following:

- Virginia voter registration card
- Valid Virginia driver's license
- Military ID
- Any Federal, Virginia state or local government-issued ID
  - Employer issued photo ID card
  - Concealed handgun permit
- Valid student ID issued by any institution of higher education located in the Commonwealth of
- · Current utility bill, bank statement, government check or paycheck indicating the name and address of the voter



In addition to the optical scan voting machines, every polling place will be equipped with WINvote "touch-screen" machines, which have been used in Fairfax County since 2003. Luke Baranyk, voting machine custodian, demonstrates the touchscreen technology.

· Social Security card (does not satisfy special federal ID requirements)

A voter who does not bring an acceptable ID to the polls will be offered a provisional ballot.

Important: Virginia's existing voter ID requirements will change in July 2014. A law requiring photo identification at the polls was signed into law in May of 2013. This new photo identification requirement will not to take effect until July 1, 2014. The current law allows for the acceptance of all identification documents listed above

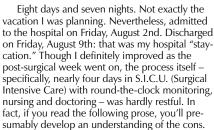


### Snapshot

The pond at Lakeside Apartments at the corner of Machen Road and Centrewood Drive in Centreville.

## From Weak to Week





Sleep in the S.I.C.U. is not next to impossible, it is impossible. Though the room is private (there are no other patients sharing your space), the overall environment is public; as the nurse told me, they need to be able to see their patients at all times, just in case something bad (you'll note I didn't say unexpected) happens. In addition, the various overhead lighting remaining lit is hardly conducive to sleep, but it's very conducive to staff responsibilities, which ultimately is the point, I suppose.

Let me attempt to describe for you the difficulties and demands - and discomfort - I experienced during my post-op. treatment, designed no doubt to stabilize my vitals and return me to good health, whatever the cost or inconvenience. For certain it was all about me and all about getting me better - and presumably getting me healthy enough to be transferred to a nonintensive care floor and eventually being discharged from the hospital.

On my right arm, I had an I.V. inserted (connected to an I.V. pump) through which I received clear liquids and miscellaneous other medicines as their respective delivery systems mandated. On my right index finger a plastic clip was taped in place – also connected to a monitor, which measured my oxygen levels. Stuck on my chest were eight electrodes connected by wire to a heart-monitoring device - the size of a cell phone approximately - stuck in my hospital own's lone chest pocket; the device itself was likewise connected, by wire, to a monitor adjacent to my hospital bed. Each calf, since I was bed-bound, was wrapped in Velcro, individually connected by wire to a pump hanging off the front of my bed. Every 30 seconds or so - alternating between each calf - the pump "pressured" air into the wraps, and wires inside inflated to stimulate the respective calves, the point of which is to prevent blood clots/pulmonary thrombosis. Not last, and certainly not least, between my legs, I was connected to a catheter (a "foley" as it was called), a necessary evil if ever there was one, itself connected by tube to a repository hanging off the side of my bed.

On my left arm, I was 24/7 connected and wrapped by a blood pressure cup. Every hour on the hour (I checked) I was "pressured" with my readings automatically transmitted to the nurse's station (one time I unwrapped the cuff and the nurse immediately came by to chastise me for doing so). On my face (in my nose, actually), with cords wrapped around my ears to secure its position, I wore a "nasal cannula," a plastic tube placed into my nostrils, which provided "highflow" oxygen constantly. This cannula was likewise connected by tube/hose to a pump adjacent to my bed, about three feet away, like all of these connections. Lastly, and probably mostly, a post-surgical chest tube, 28 centimeters long, had been inserted under my left arm penetrating to my left lung to drain any residual fluid/"infiltrate" from it. This tube was part of a longer tube, maybe four feet in length or so, which deposited fluid draining from that lung into a collection box placed on the floor which enabled the staff to assess its contents. To say this tube and or its placement was painful, awkward and impossible to ignore, especially when attempting to sleep, is to do injustice to the words "painful," "awkward" and "impossible."

In summary, I was connected by wire/tube/ hose to nine devices/monitors. Yet I persevered. s wasn't pretty or planne out alive and was much improved from when I was admitted. Sleep-deprived for sure, but no longer oxygen-deprived. Obviously, I'm glad to be home, still mindful of the challenges ahead,

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

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